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# THE MONTROSE MIRROR

Your Source for Local Business News and Information

Issue No. 78 Feb. 18 2014

## The "Here Comes the Sunshine!" Issue

### DON'T GET BURNED! FIREFIGHTERS SHARE SAFETY STRATEGIES

By Caitlin Switzer

REGIONAL—When a local family tried to heat a pet cage in an upstairs area earlier this winter, the fire that resulted almost destroyed their entire home. Though the quick response of Montrose firefighters ensured that no human lives were lost, the experience was devastating for all involved—especially the pets whose cages were being warmed.

"I don't know if they survived," Montrose Fire Chief Dale Erickson said, who emphasizes the importance of fire safety measures throughout the year.

"Fire prevention is fairly seasonal," Erickson said. "In spring we have open burning, and the start of wildfire season. Near the Fourth of July we worry about fireworks, and around the holidays we see fires started by candles, paper and other things. This time of year, we see heating fires."

A heating fire was the cause when a longtime local family in Delta lost everything last month. A wood stove caught fire while the occupants were at work, a tragedy that left them homeless.

Your first line of defense,

*Continued on page 2*



Montrose Firefighter Mark Bray, a 23-year veteran, is taking on the role of Fire Prevention Specialist.

## OURAY IS OPEN FOR BUSINESS...COME AND PLAY!



Montrose resident Madeline Glatfelder took time to check out the scarves at the Ouray Arts and Crafts Fair Feb. 15. Photo by Cara Fandel Photography.

By Caitlin Switzer

OURAY—The timing is perfect, Ouray Chamber and Resort Association Marketing Manager Heidi Pankow wants you to know.

"We've got some great specials going on," Pankow said. "Ouray is open! Don't stay away!"

With Red Mountain open for traffic once again, it's time to bring the whole family for a stay-cation and take advantage of smokin' off-season deals and great skiing and snowshoeing in the Iron-ton area. And on March 1 is the last [free Kids Climbing College](#) put on by San Juan Mountain Guides at Ouray Ice Park, for ages eight to 17.

"Ouray is the perfect place to learn," Pankow said, "and to get that cool bucket list picture with ice axes and crampons. The hot springs pool is always lovely, and our restaurants and our shops are open.

"You can get here easily!" she said. "Come for a weekend, or a day!"

After a massive rock slide closed Highway 550 between Ouray and Silverton in January, it took crews until Feb. 10 to reopen the highway to 24 hour traffic.

*Continued on page 2*

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## OURAY OPEN FOR BUSINESS...COME AND PLAY! ...from page 1

"That had a big impact on us," Pankow said.

For some Ouray businesses, communication with customers helped avert lost revenue. "We were pro-active about it," said Nikki Komar of Box Canyon Lodge and Hot Springs. "There were a few cancellations, but not many. We emailed pending arrivals to let them know, and it really hasn't been that bad."

"We're definitely happy it has re-opened," Manager-on-Duty "Casey" of the Ouray Hot Springs Pool said. "We're glad to have the traffic from the South."

City of Ouray Resource Director Rick Noll said that a perfect day for him consists of skiing on Red Mountain Pass and then soaking in the hot springs pool.

"I am very excited that the pass is open," Noll said. "In fact, as soon as I am off the phone I am going up to Ironton to go skiing. I hear they have the groomer out, and the trails are all set."

"I am just really, really jazzed."



*Attendance was picking up when Cara Fandel snapped this shot of visitors checking out the artwork at the Ouray Arts & Crafts Fair at the Community Center Saturday. However, Ouray businesses hope that surrounding communities will show support as the community recovers from the month-long closure of Red Mountain Pass. Photo by Cara Fandel Photography.*

## DON'T GET BURNED...FIREFIGHTERS SHARE SAFETY STRATEGIES...from page 1

at any season, includes working smoke and Carbon Monoxide detectors, Erickson noted.

Joining Erickson in the work of promoting public awareness of fire safety is long-time Montrose firefighter Mark Bray, a 23-year veteran of the department. Bray is now stepping into the role of outreach as Fire Prevention Specialist.

"At the beginning of the winter season, have your chimney or flu inspected," Bray said. "Creosote can build up, and help propagate fires. Over time, fire can damage the metal or linings of pipes, and get into the attic or walls."

"We recommend having your chimney cleaned every month," Erickson said, adding that proper maintenance can keep you and your family safe. "The key is maintenance before and during the season." Even gas log fireplaces can cause fires if neglected, Bray said.

"Be sure to have them cleaned, and make sure the material doesn't degrade," he said. "If you have a forced air heating system, have it serviced before the season starts, in case your heat exchanger has cracked."

The Montrose Fire Protection District saw 178 fire calls in 2012, and averages one or two each month.

"When we look at the statistics for 2012, eight or ten of those fires were caused by heating," Bray said. "Electric and space heaters can be dangerous—we had one last week that destroyed an RV."

While all heaters are safe if used according to manufacturers' instructions, take care to keep draperies and other sources of combustion away from heat sources, Erickson said.

"Educate yourself, and heat properly," he said. "People don't realize how destructive fire is. In the case of a flood, wet things can be dried...but fire destroys everything you have."

Erickson, who has been with the Montrose Fire Protection District for 35 years, can recall when the Department had six full-time staffers and the rest volunteers. Today, the Department has six volunteers, 35 full-time firefighters, and ten reserve firefighters. The Department also now encompasses Emergency Services.

One thing that has not changed is the

fierce dedication of those who give their time and energy to firefighting.

"This country was founded on volunteer fire departments," Erickson said, "so many of them are truly top-notch. In today's economy it can be hard to get people to volunteer, which is why we transitioned to a full-time Fire Department with a full-service ambulance as well. The educational requirements are rigorous, and our volunteers have to be pretty doggone dedicated."

Educating the public is also an essential part of the job.

"Check your smoke detectors, and make sure your CO Monitor has not expired," he said.

"Replace the batteries twice a year, and replace the detector every ten years."

As Mark Bray prepares to step into his new role as Fire Prevention Specialist, he acknowledged the challenges that come with the job, and the rewards.

"I have a lot to learn," he said. "I am going to set up inspection schedules, and plan reviews."

"It's rewarding to help people," he said.

**THE MONTROSE MIRROR**  
MONTROSE

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# ARTS AND CULTURE

## BLUE SKY MUSIC PRESENTS EILEN JEWELL



*Eilen Jewell. Photo by Erick Jacobs.*

*By Liesl Greathouse*

MONTROSE—Blue Sky Music Presents will be bringing Eilen Jewell and her band back to Montrose on Friday, March 21 at Turn of the Century Saloon, along with local up and comer, Emma Cooper.

Eilen Jewell covers a broad spectrum of music including blues, jazz, folk, and good old rock and roll in her mostly original songs. This is her fourth trip to Turn of the Century Saloon in Montrose and she has also played in the Paonia summer series. Opening this show will be the very talented local singer songwriter, Emma Cooper, a local high school student who performs like a seasoned veteran.

The concert is especially significant for fans of Eilen Jewell as this will be her last tour for a while due to pregnancy.

This concert is just one of the over a 100 shows that Blue Sky Music Presents has

put on. The variety of music offered includes blues, jazz, vocals; basically great Americana music. “We are able to bring first class, live music to a small town,” owner Dave Bowman said. “We attract international attention, with attendees from Norway, Australia, and Canada coming to see our shows. We are getting on the map for people who like live Americana/Acoustic music.”

As the owner of Blue Sky Music Presents, Bowman has a desire to bring great live music to Montrose. He first started with Blue Sky Mu-

sic, a cd store on Main Street. However, when the iPod hit the scene, there was no longer any way of keeping the store open. “We had to transform, so we switched to putting on shows at various venues, including restaurants and the Pavilion,” Bowman said. “Now we just do concerts at the Turn of the Century Saloon. Due to its size it makes for very intimate concerts. People can see big name acts up close and talk with them afterwards.”

With the amount of people who go to festivals or the Pepsi Center in Denver for live music, Bowman believes that it is a big part of life. “I let people tell me what they want to hear and what they can afford,” he explained. “That is why we try to make tickets as cheap as possible. \$15 per ticket to see Eilen Jewell is a great price.”

Blue Sky Music Presents works to promote the community by attracting music

fans from outside the area, leading to overnight guests. They also host concerts made up entirely of local bands and host concerts to raise money for local organizations. “We give back to the community while bringing first class music here,” Bowman said.

Bowman is looking forward to seeing Eilen and the band again and to enjoying a wonderful night of music. Besides seeing the interaction with the audience, Bowman has also likes meeting and talking with the performers that come. “After we set up, Pine Cone Catering will bring a hot meal for the band, sound guys, and my wife and I,” Bowman explained. “We’ll sit down and have a meal together. It is really amazing to listen to their stories.”

Other concerts that are coming up for music lovers hosted by Blue Sky Music Presents include the Young Ancients on April 11 and the ever popular Dave Stamey on July 18.

For Bowman, music will continue to be his passion. “I have had a lot of fun for 10-12 years doing this,” he said. “We have had great support from the community and I look forward to having more shows in the future.”

The Eilen Jewell concert will be March 21. Tickets are \$15, available at Riddled Raven, 8 S. Grand St, Shear Beaute, 34 N. Selig, and Montrose Music, 7 S. Townsend. Tickets are also online at: <http://www.brownpapertickets.com/event/555665> For more information on Eilen Jewell visit [www.eilenjewell.com](http://www.eilenjewell.com)

*The League of Women Voters of Montrose County, serving Montrose and Delta counties, will host a City Ballot Issues Forum on Thursday, March 6, from 7-8:30 pm in the new City Council offices (Old Elks Building).*

*Pros and cons of the three issues will be presented, and a question and answer period will follow.*

# ...ever thought about serving on the DMEA Board of Directors?

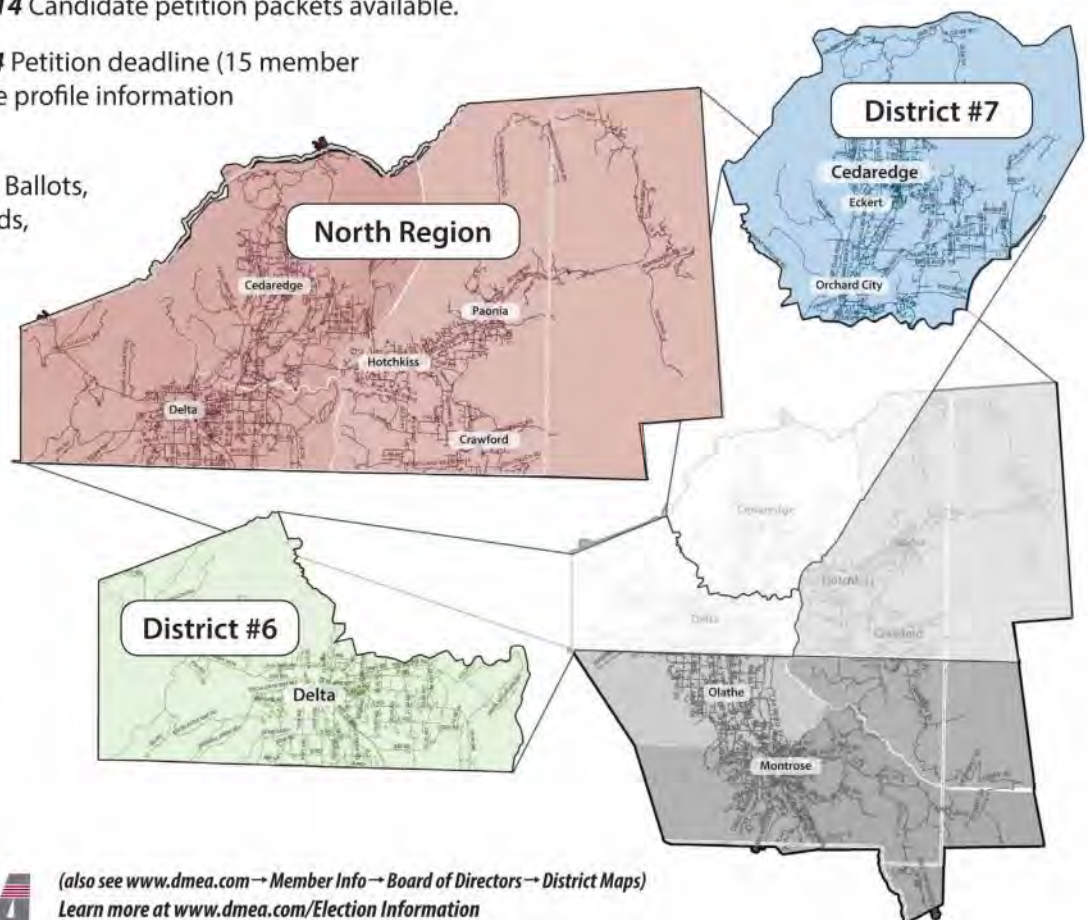
**Delta-Montrose Electric Association** is an electric cooperative. It belongs to you and your fellow member-owners, but its success depends on just and prudent guidance from its Board of Directors.

Each year there is an election to determine the representative from three of the nine board districts. In 2014, seats are up for election are: **District #7** including Cedaredge, Eckert, and Orchard City, **District #6**, including much of Delta and the surrounding area and the **North Region** including all service territory North of the Delta-Montrose county line. Most members residing in these districts (excepting DMEA employees and their families and a few other exceptions) are eligible to become candidates to run for election this year. There are no filing fees. 15 member signatures supporting candidacy must be received no later than April 28<sup>th</sup> to qualify a candidate for the ballot.



## 2014 board candidate key dates:

- **Monday, March 31, 2014** Candidate petition packets available.
- **Monday, April 28, 2014** Petition deadline (15 member signatures) & candidate profile information deadline.
- **Monday, May 19, 2014** Ballots, candidates' backgrounds, and other materials mailed to DMEA members.
- **Thursday, June 11, 2014** Deadline voted ballots to be received by mail.
- **Friday, June 12, 2014** DMEA annual meeting. An announcement of the election results comes at the end of the annual meeting.



(also see [www.dmea.com](http://www.dmea.com) → Member Info → Board of Directors → District Maps)  
 Learn more at [www.dmea.com/Election Information](http://www.dmea.com/Election Information)  
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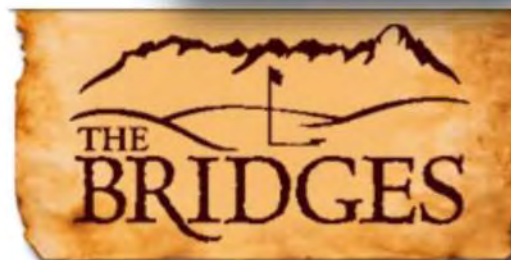


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## SALLY JOHNSON-DIGGING IN THE DIRT...DIGGING THROUGH HISTORY!



*Sally Johnson has made it her mission to promote Montrose's hidden gems...including the Montrose Botanical Gardens, pictured above. Photo by Clay Greathouse.*

*By Liesl Greathouse*

MONTROSE--Sally Johnson is a busy woman. In addition to working as the coordinator at the Montrose County Historical Museum, she is also a Weed Warrior and a former board member for the Montrose Botanical Society. While history and gardening may seem very distinctive from one another, Johnson works to combine those two passions into one interesting life.

At the Museum, Johnson oversees everything from collections to volunteers to the daily operations. She loves finding new artifacts and learning about them. "No work gets done if I start digging in stuff," she said. "It's great to hold something from 1882 or to read newspapers from long ago and see what tidbits they wrote back then."

Johnson considers the Museum important to the community for its historical use. "Everybody needs to know the roots of Montrose," Johnson said. "They need to know our history for the future, including where our water came from, how the town was built and the pioneers' struggles."

As part of the Botanical Society, Johnson works as a Weed Warrior, a volunteer that works to keep the gardens in shape by weeding, dead-heading, planting and doing other tasks as needed. She also helps with fundraisers. "I love always learning something," she said. "I love the people I work with in Weed Warriors and seeing the results of a plan come together."

Johnson believes that the Gardens pro-

vide a benefit to the community by being an educational garden. "People who are new to the area can come and see what plants grow well here, whether in shade, in sun or with moderate water," Johnson explained. "Plus people can stroll through and the view is absolutely beautiful."

Even though the Museum and Gardens may seem to occupy opposite ends of the spectrum, there are actually ways of tying the two together. "In the new Valley Garden extension at the Botanical Gardens we are including a Gunnison Tunnel-type of water feature," Johnson said. "That ties the Gardens with local history and how without the Tunnel we could not grow what we can today."

Johnson has been active in helping to plan special events for both places, as well as looking at future ideas.

Special events at the Museum this year will include the Annual Pioneer Social, this year honoring the DeJulio family and their history in Montrose.

At the end of April will be the annual yard sale and in September, people can look forward to Glow-In-The-Dark Disc Golf. "It was exciting last year and it helped younger kids know that the Museum is here and learn about it," Johnson explained.

Johnson will also continue leading her Alley Walks, Ghost Walks and Cemetery Walks to help give people a different view of Montrose.

There is also the idea of offering the Mu-

seum as a venue for receptions, family reunions or other events. "Last year we hosted a group of retired teachers after hours," Johnson said. "We had a special presentation and tour for them. This is a unique venue for people. It's different and has fun things to do."

This year, the Botanical Gardens will not have their annual plant sale, however there is discussion about having lighting in the Gardens for a Christmas event. The Gardens will continue to work on being an excellent and unique venue for weddings, photographers and receptions. Johnson's interests in gardening and history come quite naturally. Her mother and grandfather both had green thumbs, so when Johnson moved to Montrose in 1994, just as the Botanical Gardens had started, she jumped right in. Johnson also grew up in museums. Her parents had one and Johnson grew up helping in everything and fostering a natural curiosity for history.

Johnson wants to correct the misconceptions that people have about the Museum and the Gardens. "The Gardens are called 'the hidden treasure of Montrose' because people don't know that it's here, so I want to get the word out," she said. "The Museum is called 'the hidden gem of Montrose' because people forget that we have it. People think we just have the same displays from years ago, but we are always changing, with something different every time."

Price is also sometimes an issue, so Johnson wants people to know that the last Saturday of the month is free admission to the Museum with donations, and that there is no entry fee at all for the Gardens.

Johnson challenges people to explore and find the uniqueness of Montrose. "People should get out and find the hidden treasures and gems of our community," She said.

"Look outside your regular routine for something new and you may be surprised."

The Montrose County Historical Museum is located at 21 N. Rio Grande Ave and is open May to October, Monday - Friday 9 a.m.-5 p.m. and Saturdays 10 a.m.-2 p.m. Other times by appointment for research. For more information, call 249-2085.

The Montrose Botanic Gardens is located just south of Montrose Pavilion and is open from dawn until dusk.

For more information, email [montrosebotanical@yahoo.com](mailto:montrosebotanical@yahoo.com)



## WHERE THE BUCK STOPS...WHAT THE NEW VISITOR CENTER COST



*The City of Montrose Office of Business and Tourism spent more than \$100,000 on remodeling the newly renovated Elks Civic Building as a Visitor Center, above. Highway Signage still directs travelers to the Montrose Chamber of Commerce at 1519 Main St., however, and business owners have expressed concern that the City is not doing enough to create successful events that draw actual travelers to Montrose.*

By Caitlin Switzer

MONTROSE--The newly-created City of Montrose Office of Business and Tourism claimed greater accountability as the reason for seizing the Retail Enhancement (\$230,000) and Tourism Promotion funds (\$400,000) from the Montrose ACT (which was created by combining the Montrose Area Merchants Association, Chamber of Commerce, and VCB through a City initiative in 2010) early in 2013.

For this issue, the Montrose Mirror reviewed more than 300 pages of expenditures obtained through Public Information Request to see how the City has spent those funds. Here, we look at how much the OBT spent to create its new Downtown Visitor Center. The new VC is located in the heart of town at the Elks Civic Building (107 South Cascade), which was honored with a Governor's Award for Downtown Excellence after an extensive City restoration effort in 2008.

Though City officials initially appeared to favor a yurt visitor center strategically placed in Demoret Park at Main and Townsend, the OBT instead embarked on a renovation of the the Elks Civic Building, a 3,280 square-foot project that kicked off with \$15,349.89 in design and product work by Montrose interior designer Michelle Young. Custom woodworking for the project cost \$1,452, masonry \$967, paint supplies and painting \$4,167.

Technology purchases and upgrades for the new Visitor Center amount to just under \$60,000, in addition to the \$30,000 data analytics software package (not yet

implemented) that the OBT purchased through Visit Telluride last year.

Hardware, electrical upgrades and labor ran around \$14,500, while signage in various forms and such aesthetic elements as the brass door mount and glass door for the Black Canyon Room cost just under \$10,000. Books for the Visitor Center were ordered through Arcadia Publishing at a cost of 813.33, while office supplies totaled roughly \$1216.44.

Finally, though Photographer Vince Farnsworth's wrap of the Black Canyon is perhaps the single most stunning element in the Visitor Center, it is also among the most affordable purchases at just \$500.

According to City Tourism and Retail Enhancement Coordinator Jennifer Loshaw, a total of 272 tourists visited the Center between Aug. and Dec. of 2013.

For those whose living depends on bringing visitors to town, the lack of activity or successful events over the past year makes the new Visitor Center less practical than it might be if there were more reasons for visitors to come to town.

"It has just been a huge spending spree," Western Motel owner Jolanta Ogrodny said. "They have the money, but there is no accountability. How about spending some of that money to build a water slide for kids near the new kayak park? We need something to do here—I am hanging on by the skin of my teeth."

Jody Holland of Affordable Inns, who owns hotels both in Montrose and Grand Junction, believes that successful events, rather than lavish spending, will fill beds

and make cash registers ring. She is currently floating the idea of a 2015 Montrose Food Truck Convention, to bring vendors and excitement to town.

"We need to remember that no events are self-sustaining," Holland said. "It takes money to make money. If we don't spend our money to bring people here, they won't come here."

"Where is our heritage days, our garlic cookout, our fiesta? Where is our party? Events that draw 30 or 40 people to a meeting are not enough—we want thousands."

"We have a huge opportunity to embrace successful events like Nightvision and Sweet Corn," she continued.

"How blessed we have been not to have to deal with the parking and traffic... Olathe has done all the work, and we have reaped the business."

"Every town has a story, and every town has river or a mountain," Holland said.

"We have to step back, think about what makes Montrose unique, and create something. Even Baggs, Wyoming has an annual pig chase—kids get muddy chasing pigs, and whoever gets a pig wins it. It's a blast!"

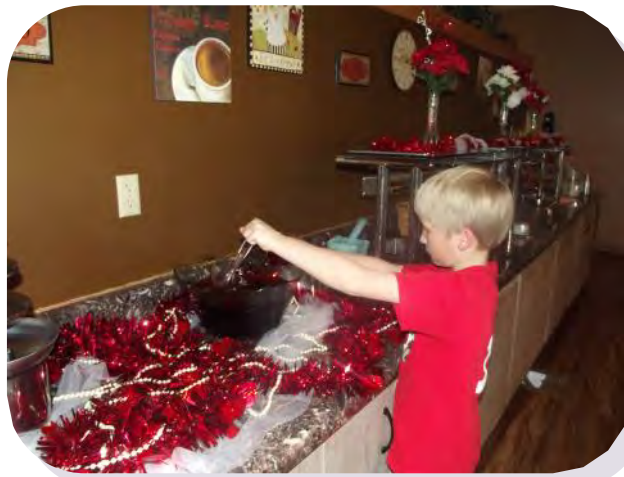
"Until we are willing to dare to be different, we won't bring people here...and people are what I need."

Commented Scott Beyer of Scott's Printing, who was serving as president of the Montrose Act when the City seized the retail enhancement and tourism promotion funds, "Are they more transparent, more accountable than we were?" Beyer asked. "The answer is no."

## MIRROR IMAGES...HOMESTEAD VALENTINE'S TEA!



*Residents, friends and family members gathered at Volunteers of America Homestead of Montrose to share the love and celebrate the Annual Valentine's Day Tea Party on Friday, Feb. 14.*



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## REGIONAL NEWS BRIEFS

### BLACK CANYON JET CENTER BRINGS VALENTINES CHEER

#### *Special to the Mirror*

MONTROSE--Black Canyon Jet Center lends a hand to busy pilots not only to stay safe during the holiday season with general aviation needs, but also help to bring the love home in celebration of Valentine Day.

On Friday, February 14th, the employees of BCJC were passing out red roses from Dahlia floral along with chocolates from Russell Stover to pilots and passengers passing through the general aviation lobby in celebration of St. Valentine's Day.

"We've got your back," said Sharon D'Angelo, customer service supervisor at BCJC. "If our guests did not have time to pick up something special for their loved ones, we are here to help."

Not only is Black Canyon Jet Center spreading the love, they are also helping to promote local Montrose companies and demonstrating the ongoing theme of supporting Destination Montrose.

"Supporting our local business is a key function of running Black Canyon Jet Center," said Katy Brink, Director of Marketing. "We try to promote local and buy local as much as possible. Montrose has so



*Wanda Lassiter presents Ben Auten from Dallas Texas with a box of Russell Stover chocolates and a Dahlia floral red rose. Courtesy photo.*

much to offer and we want our guests to remember Montrose during their travels."

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## REGIONAL NEWS BRIEFS

### CITY REMINDER ON HOLIDAY TRASH COLLECTION SERVICE

#### *Special to the Mirror*

MONTROSE--The City of Montrose reminds customers that scheduled residential trash collections falling on a city-observed holiday will be rescheduled to occur on another day of the same week.

Note that recycling collections that occur on a city-observed holiday will be delayed until the customer's next scheduled collection day.

For Presidents' Day holiday on Monday, February 17, 2014, collections for addresses south of San Juan Avenue/Highway 50 will occur on Tuesday, February 18<sup>th</sup>. Collections for addresses north of San Juan Avenue/Highway 50 will occur on Wednesday, February 19<sup>th</sup>.

Alternative trash collection days apply only to customers whose normal collection

day falls on the holidays shown. All non-holiday collection days will not be affected.

This year's city-observed holidays are: New Year's Day, Presidents' Day, Memorial Day, Independence Day, Labor Day, Columbus Day, Thanksgiving, and Christmas.

To view the "Holiday Schedule and Routes Map" document for information about holiday collection schedules and for additional information about the city's sanitation and recycling services, please visit [www.CityofMontrose.org/trash](http://www.CityofMontrose.org/trash). Customers with questions about holiday collection schedules can also call (970) 240-1480.

The Sanitation Division of the City of Montrose Public Works Department pro-

vides commercial and residential trash collection services to customers throughout the city. Specialized services such as the spring cleanup and fall leaf pick-up are also provided by the city.

The city's Single-Stream Curbside Recycling Program began on January 2, 2013. This service is provided, without additional cost, to all of the city's residential sanitation customers.

The "Residential Sanitation Services Guide" provides information about the city's sanitation services and is available online at [www.CityofMontrose.org](http://www.CityofMontrose.org).

Follow the City of Montrose on Facebook and Twitter @MontroseGov. City Hall is located at 433 South First Street in downtown Montrose and can be reached at 970-240-1400.

### REP. CORAM NAMED LEGISLATOR OF THE YEAR BY COLORADO YOUTH CORPS ASSOCIATION

#### *Special to the Mirror*

DENVER – Representative Don Coram (R-Montrose) has been awarded the Legislator of the Year award by the Colorado Youth Corps Association.

Representative Coram co-sponsored Senate Bill 269 during the 2013 legislative session, which created the Wildfire Risk Reduction Grant Program.

As a result of that legislation, youth conservation corps will be able to engage more young people on fire mitigation pro-

jects for the protection of residents, visitors, and our water and recreation resources.

"Representative Coram's support of conservation corps has helped us gain credibility with land managers, especially related to hazard fuel mitigation," said Jennifer Freeman, Executive Director of the Colorado Youth Corps Association.

"As a result of SB 269, 65 young adults will gain job training and work experience from the first round of funding alone.

These young people will collectively earn \$80,000 in AmeriCorps education awards for college or trade school, giving many a chance for higher education that was previously out of reach."

"I am humbled to receive this award from the Colorado Youth Corps Association," Representative Coram added.

"Getting young people involved in their communities and encouraging strong work ethic will help these kids find success in their future careers."

### CSU EXTENSION SEEDLING TREE PROGRAM – PLANT SOME POLLINATORS!

#### *Special to the Mirror*

MONTROSE--NEW this year – ALL Landowners are able to buy Seedling Trees from CSU Extension. The seedlings are sold in cooperation with the Colorado State Forest Service. We are currently tak-

ing orders for the seedling trees; the deadline for ordering is April 11th and the trees will be ready for local pick-up the first week of May.

Bare root trees, small potted and regular potted trees are offered in lots of 25 or 30

at a nominal cost.

Over 40 different species are available – both deciduous and conifers.

Contact Ginny Price at CSU Extension at 970-249-3935 or email Ginny at [gprice@montrosecounty.net](mailto:gprice@montrosecounty.net).

### MONTROSE WOMAN'S CLUB HAS TABLES AVAILABLE FOR ANNUAL FLEA MARKET

#### *Special to the Mirror*

MONTROSE—The Montrose Woman's Club will be sponsoring the annual Flea Market at Friendship Hall on Saturday, April 5, from 8 am to 4 pm. Lots of new and used items. Breakfast & lunch will be available. No admission charge. Proceeds go to local charitable organizations. To rent a table call 970-964-4721.

## REGIONAL NEWS BRIEFS

### Scholarships Available to Attend Maslow Academy

#### *Special to the Mirror*

MONTROSE— Nearly \$10,000 in scholarship funding is available for qualified students to attend Maslow Academy of Applied Learning this fall, through The Montrose Community Foundation. Maslow Academy of Applied Learning is an independent elementary school (K-5<sup>th</sup> grade levels) that focuses on educating the whole child by providing individualized learning. These scholarships are generously funded by private donors in the community and are intended to provide access for students of limited means.

"It's important that our schools represent our entire community, therefore this scholarship program and other financial programs offered, help ensure Maslow Academy is a diverse learning environment," said Chrissy Simmons, Executive Director, Maslow Academy of Applied Learning and Bright Beginnings Preschool, LLC.

The Maslow Academy of Applied Learning scholarship application is available via the Montrose Community Foundation website at [www.montrosecf.com](http://www.montrosecf.com), or an application can be obtained at Montrose Community Foundation, Timberline Bank,

1561 Oxbow Drive, Montrose, CO 81401. Application deadline is March 21.

To be eligible for the scholarship program: All families are required to demonstrate financial need as measured by standards similar to the National School Lunch Program.

Students must be qualified to enroll in Maslow Academy's kindergarten-5<sup>th</sup> grade classes, which can be ascertained with current assessments, teacher recommendation or via an intake interview and assessment.

Families with multiple children who qualify may receive more than one scholarship per family.

Families currently receiving CCAP funds are not eligible to apply for this scholarship program.

The Montrose Community Foundation will independently evaluate all applications received, and will notify scholarship recipients the week of April 8, 2014. Selected students will receive 25% or 50% of their tuition in scholarship funding, depending on income level and family size. The scholarship will be applied to the Fall 2014 school year, and is not transferable. Financial aid will also be made available through Maslow Academy of Applied Learning's Tuition Subsidy Program.

**The Maslow Academy of Applied Learning** is an educational partnership of master teachers, involved families and reflective learners who challenge one another to grow through experiential and applied learning so that each may reach the peak of their potential. If you are interested in more information, visit <http://maslowacademy.com> or call 970-249-6483.

## Mental Health First Aid

*People Helping People*



Mental Health First Aid can help you learn the skills to identify, understand & respond to signs of mental illnesses and substance abuse disorders.



*Sponsored by The Center for Mental Health*

For more information on times and locations of training opportunities, contact Robin

at (970) 252-3228

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the past 50 years.*



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**970-275-5791**

## REGIONAL NEWS BRIEFS

### SMPA BOARD OF DIRECTORS PROPOSES BYLAW CHANGES

*Special to the Mirror*

RIDGWAY--The Board of Directors of San Miguel Power Association Inc., will be hearing public comment on proposed bylaw changes during the member comment portion of their regular meeting to be held at 9:30 a.m. on February 17, 2014 at the Ridgway office, 720 N. Railroad St., Ridgway, Colorado and at their regular meeting to be held at 9:30 a.m on March 25, 2014, at the Nucla office, 170 W. 10<sup>th</sup> Ave., Nucla, Colorado.

The Board will be conducting a final vote

on the proposed changes at their regular meeting to be held at 9:30 a.m. on March 25, 2014, at the Nucla office, 170 W. 10<sup>th</sup> Ave., Nucla, Colorado.

The proposed Bylaw amendments clarify (i) how to become a member, (ii) the differences between a member and a patron, (iii) how SMPA will handle members with multiple accounts, (iv) how notices are posted at SMPA's offices and the website, (v) qualifications for directors and director candidates, (vi) director attendance at meetings, (vii) the duties of certain officers

of SMPA, and (viii) what happens with unclaimed capital credits. Members may request a copy of the redlined changes from the Ridgway office, [970-626-5549](tel:970-626-5549), or the Nucla office, [970-864-7311](tel:970-864-7311) and the redlined changes are posted on SMPA's website ([www.smpa.com](http://www.smpa.com)). Members wishing to submit their comments in writing may mail their comments to: Attn: Board of Directors, SMPA, P.O. Box 1150, Ridgway, CO 81432. Members wishing to email their comments may submit their comments to: [toni@smpa.com](mailto:toni@smpa.com).

### THIRD ANNUAL MONTROSE SCRABBLE TOURNAMENT SET FOR FEB. 23

*Special to the Mirror*

MONTROSE--The Third Annual Montrose Scrabble Tournament occurs from 1 pm to 4 pm on Sunday, Feb.23 at 2 Rascals Brewing Company at 147 N 1<sup>st</sup> Street to benefit the Montrose Academic Booster Club (A+BC).

Contestants will play three one-hour

games against randomly-selected opponents. The person with the highest game score will receive a handmade wooden Scrabble board from Dick Lillard and \$100. Prizes also will be given for second highest game score and top word scores.

Registration is \$20 and includes free 2 Rascals root beer and snacks. Contestants

must pre-register Saturday, February 22<sup>nd</sup> by calling Amy McBride at [970/433-8779](tel:970-433-8779).

A+BC formed 30 years ago and is a non-profit organization committed to financing innovative educational projects and recognizing academic excellence at all grade levels in the RE-1J School District.

*Cara Fandel*

INSPIRATION THROUGH IMAGING



SPECIAL EVENTS & PORTRAITS      [WWW.CARAFANDEL.COM](http://WWW.CARAFANDEL.COM)      970-234-3212

# *Is Your Home Safe?*

## **Radon in the Home**



**Six free public health presentations at Montrose HHS at 1845 South Townsend Avenue (use the main south door)**

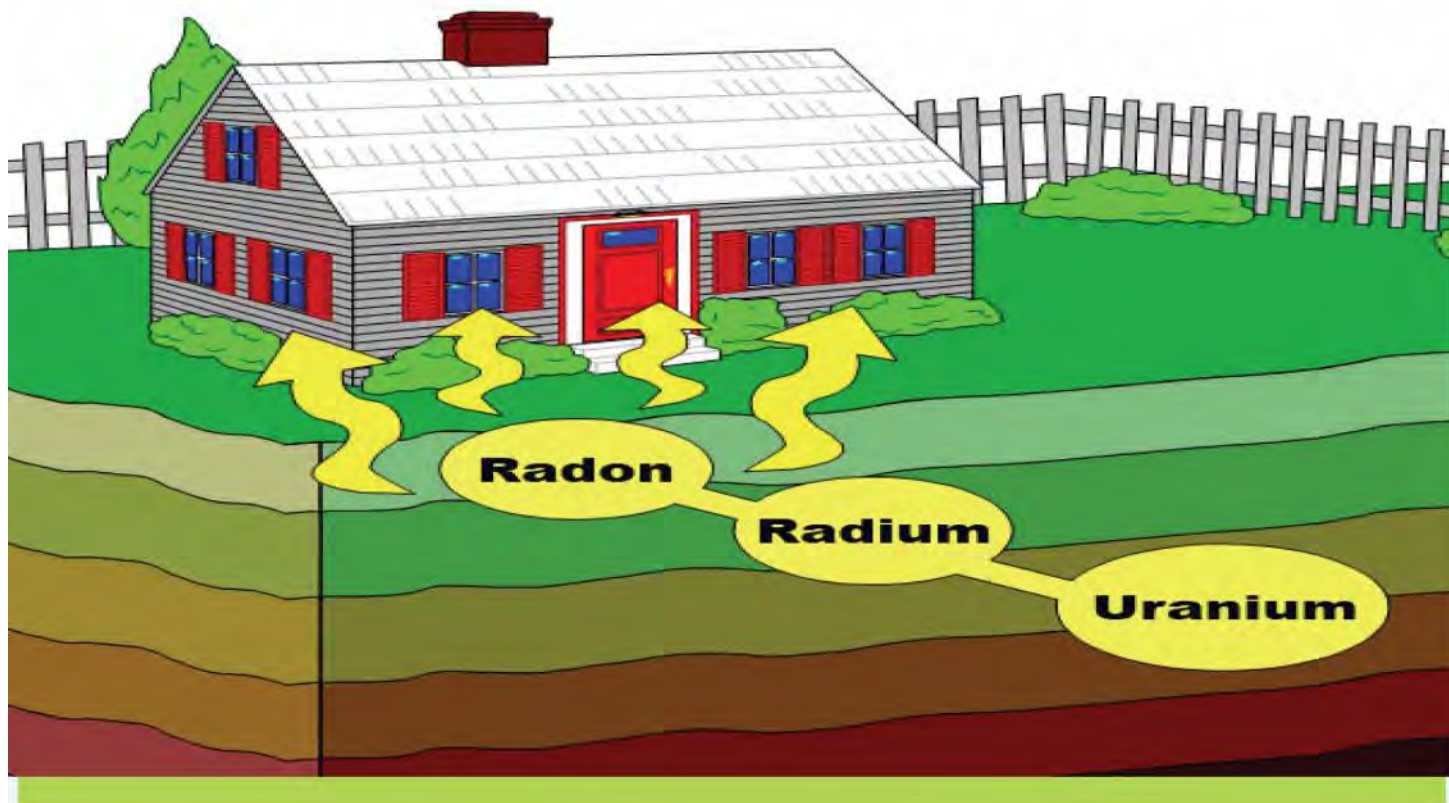
**Thursday, February 13, 2:00—3:00pm AND 5:15—6:15 pm**

**Tuesday, February 18, 2:00—3:00pm AND 5:15—6:15 pm**

**Thursday, February 20, 2:00—3:00pm AND 5:15—6:15 pm**

**A free short term radon test kit will be available for homeowners.**

**Call 970-252-5067 for more information.**



## MIRROR IMAGES...EAGLE SCOUTS GATHER



*Top left and above, A Gathering of Eagles brought Eagle Scouts young and old to the Volunteers of America Homestead on Saturday, Feb. 8. The gathering, organized by Rex Swanson, and Leland Johnson was intended to recruit local Eagle Scouts and to spark a discussion of scouting in the region and a long-term plan to bring summer camp back to Western Colorado Council after a 15-year absence.*



*Below left, organizer and Eagle Scout Rex Swanson, below, Eagle Scout and retired Re-1J Educator extraordinaire Roland Nakamoto was among those who attended the event.*

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# MIRROR IMAGES-FIRST FRIDAY STROLL DOWNTOWN!



*Babs Schmerler tastes samples from Great Harvest Bread Company co-owner Kelly Hartman's table at Canyon Gallery.*



*Artist Fran LeBlanc (center) shows her acrylic work to musicians Bill Wilson and Karen Mercer, who were the performers Friday evening at A&Y gallery.*



*Glee Westcott, owner of Tiffany Etc., makes change for shopper Carol Pyle.*



*Above, Around the Corner Art Gallery drew a strong turnout as always.*

*Left, Sisters and Montrose High School students Marina (left) and Jackie Brown sell a \$5 raffle ticket to Bonnie Martindale for the quilt on display at Tiffany Etc.*



*First Friday Stroll Photos by  
Cara Fandel Photography  
Inspiration Through Imaging*

# CAREGIVER & HEALTH CARE INFORMATION ADULT EDUCATION SERIES

Sponsored by Senior CommUnity Care PACE  
(Program of All Inclusive Care for the Elderly)

## FREE PROGRAMS – Attend One or All:

- |             |                                       |
|-------------|---------------------------------------|
| 1:30-2:00pm | Therapeutic Recreation – What and Why |
| 2:00-2:30pm | Wound Care – Signs Of and Prevention  |
| 2:30-2:45pm | Nutrition and Wound Healing           |
| 2:45-3:15pm | Symptom Management                    |
| 3:15-3:30pm | Allergies (Seasonal)                  |
| 3:30-3:45pm | Home Care Services                    |
| 3:45-4:15pm | Low Vision                            |
| 4:15-4:30pm | Insurance and Benefits Coordination   |



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# MONTROSE COUNTY NEWS AND INFORMATION

## Montrose County Environmental Health to Offer Radon Classes

### *Special to the Mirror*

MONTROSE-- Montrose County Health and Human Services is set to host several radon classes to increase public awareness of this health risk and provide free radon test kits to homeowners. Approximately 50 percent of the homes in Colorado have radon levels in excess of the Environmental Protection Agency's (EPA) recommended action level of 4 picoCuries per liter (pCi/L).

"Long term exposure to elevated radon levels can pose a serious health risk and affects many homes in Colorado," said Environmental Health Manager **Jim Austin**. "We are excited to bring these classes to the

public and make them aware of the potential problem and provide free short-term test kits." Also, as part of the grant, radon education courses will be offered in Delta, Ouray, San Miguel, Gunnison and Hinsdale counties.

Radon is estimated to cause 21,000 lung cancer deaths per year according to the Surgeon General. It is a naturally occurring radioactive gas; it has no color, odor or taste. Radon enters a housing structure by moving from uranium-bearing granite deposits in the soil to the atmosphere because there is a lower concentration of radon in the atmosphere than in the soil. The most common routes include: spaces between basement walls and slab, cracks in foundations

and walls, openings around sump pumps and drains, construction joints and plumbing penetrations, crawl spaces and well-water with high radon concentrations.

Please call the environmental health department with additional questions at [970-252-5067](tel:970-252-5067). Upcoming classes include:

**Feb. 18 and Feb. 20**—2-3 p.m. and again from 5:15 p.m. – 6:15 p.m. Classes will be held at the Montrose County Health and Human Services Board Room at 1845 South Townsend Avenue.

Please call the environmental health department with additional questions at [970-252-5067](tel:970-252-5067).

## Montrose County Building Permits Up in 2013

### *Special to the Mirror*

MONTROSE.--Montrose County Planning and Development Department recently released a detailed comparison of building permits following a successful year in 2013.

The report indicates an increase across the board in the number of permits issued, total valuation, single family residence permits and single family residence valuation, signifying positive growth for the county.

"These numbers are exciting," said Planning and Development Director Steve White. "What's most notable is not only the increase in permits, but 2.9 million

dollars of increased valuation for properties which means more money is being spent in our community."

"Not only is the permit growth something to celebrate, but I'd also like to recognize the planning and development staff Steve White, Lynda Glover and Maurice Cutler, for operating at a reduced staff level and still delivering quality customer service and positive results to our constituents," said Montrose County Manager Rick Eckert.

The total permits issued in 2013 were 179, compared to 162 permits in 2012 to represent a 10 percent increase.

Montrose Board of County Commission-

ers voted to waive impact fees for the 2011, 2012 and 2013 as a result of the poor economy and have continued that practice for 2014 to encourage growth.

Also noteworthy is the development of single family residence permits that demonstrated a 31 percent growth in 2013. The number of permits issued in 2012 was 29, whereas 38 new houses were built in Montrose County in 2013.

The single family residence valuation experienced tremendous growth with approximately a 1.6 million dollar increase to represent 43 percent growth from 2012.

To view the official document, please visit Montrose County's [website](http://www.montrosecolorado.gov).

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## REGIONAL NEWS BRIEFS

### ALPINE BANK PURCHASES NEW TRUCK FOR SHARING MINISTRIES



*Alpine Bank has helped non-profit Sharing Ministries purchase a new food truck. Each month, the food bank serves more than 5,300 people. Courtesy image.*

#### *Special to the Mirror*

MONTROSE – Alpine Bank is pleased to announce the purchase of a refrigerated delivery truck for Sharing Ministries. Sharing Ministries has been in operation since 1996 serving as the food bank for the Montrose Community and surrounding region. Each month, they serve over 5,300 people.

Josh Freed, Board President for Sharing Ministries, reached out to Alpine Bank to assist with their need of a refrigerated

truck to expand the types of food donations that could be accepted.

"Alpine Bank's ability to see a need and do everything possible to meet that need is a testament to the generosity of their members. This new food truck will be seen picking up and delivering food throughout Montrose and our surrounding communities. We can't thank Alpine Bank and our community enough for helping Sharing Ministries continue to reach those in need throughout our region."

Mike Catanese and Angel Eilts-Catanese, owners of Montrose Signs, teamed up with the project and provided the custom vehicle wrap. With strong support for Sharing Ministries' mission, the partnership for the project was an easy decision for Montrose Signs.

Tom Vogenthaler, Volunteer and Board Member for Sharing Ministries, has been involved with the organization for several years helping make pickups at various locations around the region. Every day the truck travels to area City Markets, Safeways, Walmarts and Target to receive food donations. Tom volunteers his time and drives the truck, "It is just simply a good thing to do three days a week." You'll see Tom driving the truck throughout Montrose, Delta, Ouray, Ridgway and Telluride.

Tyler Dahl, Vice President at Alpine Bank was instrumental in making the donation to Sharing Ministries. "We saw an opportunity to help a tremendous amount of people in our communities. By partnering with Sharing Ministries and Montrose Signs, we were able to make the most of our shared values: Compassion, Integrity and Community."

Alpine Bank is a \$2.4 billion dollar, employee-owned organization chartered in 1973 with headquarters in Glenwood Springs, Colorado. With 36 western and southwestern Colorado banking offices, Alpine Bank employs over 500 local people and serves more than 130,000 customers with retail, business, trust, asset management, mortgage and electronic banking services.

### CITY SEEKS NOMINATIONS FOR FIFTH ANNUAL COMMUNITY DEVELOPMENT ACHIEVEMENT AWARDS

#### *Special to the Mirror*

MONTROSE--The Community Development Achievement (CDA) Awards Program, sponsored by the City of Montrose Community Development Department, was established in 2009 to recognize and encourage exceptional development in our community.

The award is designed to encourage best practices and reward those who display exemplary creativity and dedication to improving our community.

The Community Development Department is accepting nominations for projects

completed in 2013 until Thursday, March 6. The city's Planning Commission will review nominations in March and determine the 2013 winners. Formal awards will be presented at a City Council meeting in April.

For the past four years, winning projects have fallen into four categories: commercial, residential, sustainability, and landscaping, and the 2012 Awards included an additional category to honor the work of non-profit organizations.

To nominate an exceptional project within our community completed in 2013,

please submit the nomination form with a brief description, contact information, and a picture(s) of the project under construction. Forms are available online at [www.cityofmontrose.comdev](http://www.cityofmontrose.comdev) and may be submitted via email

([jspinelli@ci.montrose.co.us](mailto:jspinelli@ci.montrose.co.us)) or delivered (City Hall at 433 South First Street, Attn: Jennifer Spinelli, Assistant City Planner). Information and photos of last year's winners are also available on the department's website.

For more information, please call Jennifer at [970-240-1481](tel:970-240-1481).

# MONTROSE

CHAMBER OF COMMERCE

## MIRROR IMAGES....BUSINESS 2 BUSINESS EXPO!



Top left, Virgil Turner of the City of Montrose talks with Expo attendee Deborah Conrow and her daughter Ashley;

Above right, Diane Bentrup has her posture screened by Mary Wilcox of Montrose;

At left, Mobility manager Sarah Curtis of All Points Transit talks with Anna and Rene Dominguez and their two sons David and Joseph.

Business2Business Expo Photos  
by Cara Fandel Photography  
Inspiration Through Imaging!



Above, attendees check out the Expo booths. At right, Colorado Smiles employee Karla Clader shares information with Pat Craze.



Altrusa International of Montrose Presents

# 26th Annual Spring Luncheon

Saturday, March 22, 2014 • Montrose Pavilion



Proudly Sponsored by

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Special Sponsor

J. DAVID REED, P.C.



*All* **American** *Springtime*

- Shopping Boutique – 9:00 AM – 3:00 PM
- Luncheon Seating – 12:15 PM
- Fashion Show, Live Auction & Door Prizes

Tickets are \$35 per person.

Ticket Sales Contact: **Bonnie Eakin (970) 216-0051**.

*Credit card and checks will be accepted.*

Altrusa International of Montrose Foundation is a non-profit 501(c)3 foundation and your support continues to make a difference in our community.



## ***Food Safety Classes***

***Offered by Montrose County Environmental Health***

This 3-hour class is for food service workers  
& covers the basic concepts  
For safe food handling.

### **2014 Montrose Classes**

January 14<sup>th</sup>, 2014  
February 11<sup>th</sup>, 2014  
March 11<sup>th</sup>, 2014  
April 8<sup>th</sup>, 2014  
May 13<sup>th</sup>, 2014  
June 10<sup>th</sup>, 2014  
NO July class  
August 12<sup>th</sup>, 2014  
September 9<sup>th</sup>, 2014  
October 21<sup>st</sup>, 2014  
November 18<sup>th</sup>, 2014  
NO December class

**Pre-registration is required by calling 252.5000.**

**Classes are held at a *new location*,  
at Friendship Hall at the Montrose County Fairgrounds  
at 1001 North 2<sup>nd</sup> Street  
from 2:00 to 5:00 p.m.**

**The cost to attend is \$10 and a photo id is required.  
Successful participants will receive a food handler's card.**

*For additional information  
Or, to schedule a class at your location,  
Call Environmental Health at 970-252-5000.*

# WELCOME HOME MONTROSE WEEKLY NEWS BRIEF



## NEWS AND EVENTS

**Let Freedom Ring 2014 kicks off this week**, as we begin painting new wind chimes to be shared with veterans, and making use of the 10,000 shell cases that have been donated to the WRC for this exciting project! If you would like to join us as a volunteer, please call or come down on Tuesday, Feb. 18.

**Our job board and resume file** continue to grow, and we are very excited at the response from local employers seeking to hire veterans. We continue to need volunteers to implement the ESGR (Employer Support of the Guard and Reserve) program.

We also welcome military memorabilia from those who have some they would like to share, as we begin our **new Honor Wall and Memorial here at the WRC**. We have all enjoyed the very first donation, a boot camp photo that some of our local vets brought in to share.

**Marine Rob Jones** is biking across America, and passes through Montrose this weekend. "He was very excited to have the bicyclists ride with him and escort him through Montrose," Warrior Resource Center Executive Director Emily Smith said. Check out Rob's route online at <http://www.robjonesjourney.com/>!

We are most grateful for the **anonymous donation of a projector and screen for the WRC!**

Finally, congrats to **wounded warrior and Welcome Home Montrose inspiration/Marine Jared Bolhuis**, for stepping on stage to play a Marine in Magic Circle Theatre's production of "A Few Good Men!"

## UPCOMING

**Our Military Spouses Luncheon will be Feb. 28**

•**Terri Cox of Homes for All Veterans will be here Thursday, Feb. 20, to work with local veterans, from 8 a.m. until Noon.**

•**Plans are ongoing for the visit of the U.S.S. Montrose Association in June.**

**The "We've got your Six" pledge drive continues! The Warrior Resource Center is funded completely with private donations, and does not belong to any branch of the government. Your support is essential as we move forward in our mission to support America's wounded warriors. It is so easy to make a difference, and it can be done simply with a credit card or through automatic payments set up through your financial institution!**

*With the suicide, divorce and unemployment rates so high in our military population, Montrose means to set the standard for other cities to follow in how to serve those who stepped up to serve all of us. By strengthening our services, identifying and filling our gaps, creating programs and removing the barriers in our infrastructure, we are preparing a place for our wounded warriors to visit and hopefully,*



*to stay. Please contact us to learn how you can contribute! Our corporate office is located in Timberline Bank (1561 Oxbow Dr.), and can be reached at 970-765-2210. Welcome Home Montrose is a 501(c)(3) non-profit organization and runs entirely on donations of all kinds at the Resource Center and on the website, [www.WelcomeHomeMontrose.org](http://www.WelcomeHomeMontrose.org).*

*News release: Caitlin Switzer PR*

## Crime Free Housing Program Increases Quality of Life

*Special to the Mirror*

MONTROSE--The Montrose Police Department (PD) founded the Crime Free Housing (CFH) program in 2007 to work directly with the community to help reduce police calls for service as well as lower crime rates, gang presence, and drugs on and around multi-housing properties.

By educating property managers, owners, maintenance workers, and tenants through this program, the PD can point to a 2% reduction of calls to participating properties in the past year alone.

The CFH program, headed by Officer Mark Trimble and Sergeant Larry Witte, has helped improve quality of life in the city by providing structure to help com-

plexes become safer and cleaner. "This program works to lower crime to improve the quality of life throughout the city," explained PD Commander Gene Lillard. Owners and property managers are tasked with any number of action items, like improving lighting, removing graffiti, and replacing broken windows, all which helps stop the downward spiral of crime on and around these properties. "This program gives owners and property managers 'teeth' to ensure tenant compliance to ensure program success, which is to eliminate crime in the neighborhood."

The Crime Free Housing program consists of a three-phase certification process: 1) an eight-hour property management

training class for property managers, landlords, maintenance workers, and tenants; 2) a Crime Prevention through Environmental Design (CPTED) survey conducted by the PD; and 3) a "safety social" to promote safety awareness, which is hosted by the property manager and the PD and invites the community living within the specific property to attend.

The PD encourages participation in this program to help improve the quality of life for all citizens of Montrose.

For program information, call (970) 252-5200. For information about the PD, visit [www.CityofMontrose.org/police](http://www.CityofMontrose.org/police). Follow the PD on Facebook.com/montrosepolicedepartment.

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Region 10 Marketing &  
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## THIS FACEBOOK CLASS WILL:

- Show you how to manage a Facebook page for your business
  - Give you guidelines for creating strong content
- Show you how to use Facebook ads and promote your posts

*Wednesday, February 19 • Noon–1pm*

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*Only  
\$20!*

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WORKING LUNCH**

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Region 10 Enterprise Center • 300 North Cascade • Montrose • Please RSVP by calling Claudette at Region 10

Region 10 also offers classes on Starting Your Own Business,  
QuickBooks, Creating a Business Plan, and more.  
To learn more about Region 10's programs and services,  
call Vince Fandel at 970-249-2436 ext. 206.

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## MONTROSE CHAMBER OF COMMERCE RIBBON CUTTING



*The Montrose Chamber of Commerce Redcoats joined the City of Montrose in celebration of the Montrose Pavilion's new electronic marquee. Courtesy image.*

### Silke Printz Steps Out After Her Successful Hip Replacement from MMH

Astute and particular, and after looking into surgeons and hospitals, Silke chose to have her hip replacement surgery at Montrose Memorial Hospital.

*"The procedure went beautifully. I knew from the beginning that I wanted the surgery done close to home at Montrose Memorial. The Joint Replacement Center has an excellent pre-surgery class that thoroughly explained everything I needed to know and it was very important to me that MMH has a significantly lower infection rate than other western slope hospitals. Also, Mountain View Therapy provides focused, specialized care to get patients back to the highest level of performance in the shortest time possible."*

Call Montrose Memorial Hospital today to learn more about the area's most innovative Joint Replacement Program at 970-252-2995.



## REGIONAL NEWS BRIEFS

### CASA RAY OF HOPE BENEFIT TO FEATURE FUN AND GAMES

#### *Special to the Mirror*

MONTROSE--CASA of the 7<sup>th</sup> Judicial District (Court Appointed Special Advocates - a.k.a. CASA) will host their "Ray of Hope Annual Benefit" on Saturday, April 12<sup>th</sup> at the Montrose Pavilion. There have been some changes since the detailed planning for this event has begun. The public is invited to participate in a small carnival of games from 5:00pm – 6:15pm just prior to the dinner. The games will include non-motorized mini bike races, flying socket monkey target shoot, ping pong ball toss, etc. Prizes for these games have been collected from throughout the CASA 7<sup>th</sup> Judicial District area of Delta, Gunnison, Hinsdale, Montrose, Ouray and San Miguel Counties.

CASA holds its annual fund raising benefit during National Child Abuse Awareness month to reinforce the importance of their services. This year's Ray of Hope benefit will focus on "Remembering the Child." The evening's activities will help take us back to when we were children and at the same time remind us that the many children that CASA serves never get to be child-like. Fund-raising highlights during the dinner will include the "Dessert Dash" and a live auction for great items collected from throughout the 7<sup>th</sup> Judicial District

including overnight get-a-ways and gasoline cards. The Dessert Dash will feature whimsical specialty desserts created by restaurants, bakeries and pastry chefs throughout the 7<sup>th</sup> Judicial District. Each table selects its own "dasher" to choose a dessert. The table with the highest bid has the first chance to choose a dessert with the second highest bid being called seconds later, and so on.

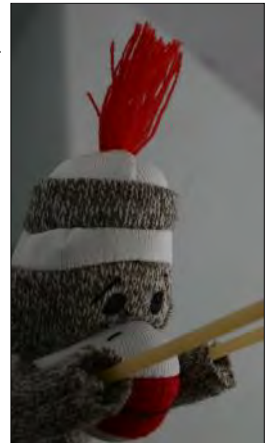
CASA is seeking sponsors for this event. Sponsorship packages are available at levels to meet a *variety of budgets*. Tickets are \$60 per person or \$550 for a reserved "Table of 10 Friends." The event has limited seating and has sold out in all prior years as attendees come from throughout the 7<sup>th</sup> Judicial District. To sponsor, attend, volunteer or donate to this event, call CASA at (970)249-0337.

CASA serves abused and neglected kids from throughout the 7<sup>th</sup> Judicial District who have been removed from their homes and find themselves in the courts and child welfare system through no fault of their own. Karen Tuttle, CASA Executive Director, reminds us that "it is vital that our communities come together and take care of our own, most vulnerable population – our children. We must also support and celebrate the success of our own CASA

program."

CASA is affiliated with the National CASA Association and CASA in Colorado. CASA's mission is to "help break the cycle of child abuse and neglect, and to advocate for safe, permanent, nurturing home for children, utilizing highly trained and dedicated volunteers." CASA

volunteers undergo extensive training prior to working with any children. CASA volunteers are given direction from the presiding judge to act as a child's advocate. They provide formalized observations and written recommendations to the court to assist in the complex decision-making process directly affecting the child. Sadly, the need for CASA volunteers is growing each year. For more information about CASA, becoming a CASA volunteer, or to support the CASA program call (970)249-0337.



*Flying sock monkey.  
Courtesy image.*

### MEDICARE 101 AND MORE!

#### *Special to the Mirror*

MONTROSE — A free "Medicare 101 And More" program is scheduled on Saturday, Feb. 22, from 2-3:30 p.m., at the Montrose Memorial Hospital's basement meeting room, 800 S. Third St., Montrose. No advance reservations are required. This program, titled "Are You New To Medicare?" will be hosted by Mabel and Judy, who will help those attending understand more about Medicare and the available benefits. This program is presented by the Retired Senior Volunteer Program-Colorado West, Inc. (RSVP), Aero-Care, the Colorado Health Foundation, and the State Health Insurance Assistance Program (SHIP). For more information, contact RSVP Colorado West at 970-249-9639.



## REGIONAL NEWS BRIEFS

## WINNERS OF PARTNERS SUPERBOWL TOURNAMENT

*Special to the Mirror*

**DELTA**—Pictured above are the winners of the Partners SuperBowl Scotch Doubles Youth Tournament. The Partners SuperBowl, held at Valley Lanes in February 1st, is a fundraiser to support Partners of Delta, Montrose & Ouray and their one-to-one mentoring programs in our community. If you're interested in supporting Partners, or becoming a mentor call us at 249-1116 or 874-4661 today!

At left, "Lefty & Righties" -Teresa Calhoun, Angie Gates, Cina Griswold and Craig Calhoun are the winners of the Partners SuperBowl Adult Bowling Tournament. They were awarded \$500 for their first place finish in the 13<sup>th</sup> annual tournament. The Partners SuperBowl, held at Valley Lanes in February 1st, is a fundraiser to support Partners of Delta, Montrose & Ouray and their one-to-one mentoring programs in our community. If you're interested in supporting Partners, or becoming a mentor call us at 249-1116 or 874-4661 today!

## REGIONAL NEWS BRIEFS

# MHS FEBRUARY DIVISION AWARDS



### Special to the Mirror

**MONTROSE** – Ten students from Montrose High School were awarded the Division Award for February. The Division Award recognizes students for their outstanding citizenship, efforts and academic achievement by each department. It is great that our students have academic success, or excel in sports, but students who just do good things for the right reasons are recognized with this award. Their leadership and commitment to improve themselves, their school and the environment for fellow students is exemplary and inspiring for other students and staff. Pictured: Front row L-R: Jade Small, Allison Fields, Jalayne Russell, Diego Diaz; Back row L-R: Alfonso Detrell, Leticia Bollinger, Melina Bishop, Bryce Gatt, John Gilpin, Jeoveni Jimenez.

## After Knee Replacment Surgery, Karen Fox is Standing Strong

With her kid's families in Texas to visit and a demanding job that she loves, Karen has absolutely no time or patience for any physical infirmity that might slow her down.

Karen knows she made all the right decisions in choosing Montrose Memorial Hospital for her knee surgeries. Her best advice? Don't suffer needlessly and put things off when there is help and excellent care readily available so close to home.

Call Montrose Memorial Hospital today to learn more about the area's most innovative Joint Replacement Program at 970-252-2995.

**MONTROSE**  
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800 South Third Street, Montrose, CO 81401  
970-249-2211  
MontroseHospital.com



## Let's Make 2014 Better By Feeding Local Seniors Together.



The Senior CommUnity Meals program saw significant changes this past year. We still need your continued support to help our Western Slope seniors receive nutritious meals in the coming year. Six million seniors in America faced the threat of hunger, lacked food or feared starvation in 2007. \* Donate now at [www.voa.org/meals](http://www.voa.org/meals). Your \$100 donation will provide a month's worth of meals or a \$25 donation a week's worth of meals. Let's work together to make the new year a combined effort to support our area seniors with community dining site and home delivered meals.

\* According to the Meals on Wheels Association



11417 Hwy 65, Eckert, CO 81418

Call: 970-835-8028

Toll Free: 866-416-6942

[www.voa.org/meals](http://www.voa.org/meals)

*Give a Little Piece of Your Heart!*



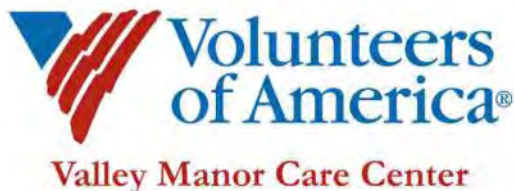
We invite you to join us for our  
**ANNUAL GIVING EVENT**

to raise funds for:

~ Spa Tubs ~ In & Out To Lunch Bunch ~  
~ Dream Come True Projects ~

**Saturday, February 22, 2014**  
**6pm – 9 pm at The Montrose Pavilion**

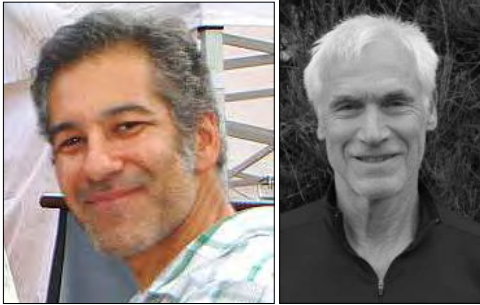
Catered Dinner ~ Wine Toss ~ Silent Auction ~ Live Music



Contact Linda Carpenter to RSVP  
or for more information, 970-249-9634

## REGIONAL NEWS BRIEFS

### DURANGO POETS TO PERFORM AT TALKING GOURDS



*Talking Gourds Poetry Club welcomes two poets from Durango – Haz M. Saïd and Mark Turpin. Courtesy images.*

#### *Special to the Mirror*

TELLURIDE--The Telluride Institute's Talking Gourds Poetry Club welcomes two poets from Durango – Haz M. Saïd and Mark Turpin. They'll be our featured readers for March's First Tuesday at Arroyo's at 6 p.m.

**Haz M. Saïd** moved to Durango from San Francisco. He grew up in Toronto and was born in Cairo. Saïd's poems have ap-

peared in *Bombay Gin* and *Cutthroat*. His first chapbook, *Town and country*, appeared in 2004, and, while out of print, is available on Kindle. He is also the creator of video poems that appear on the website, Cowbird. He will be showing some of video poems at the Wilkinson Library before the reading (times TBA)

A carpenter by trade, **Mark Turpin** graduated from Boston University with a Master's degree at age 47. His work has appeared in *The Paris Review*, *The Threepenny Review*, *Ploughshares* and *Slate*. In 1997 he won the Whiting Writers' Award, and his first book, *Hammers* (Sarabande Books, 2003) won Ploughshares John C. Zacharis Award. The *New York Times* reviewed *Hammer*, and said, "Turpin's language is refreshingly plain, and his deadeye accuracy gets to the heart of our conflicted relationship with work." And the poet Robert Pinsky: "Mark Turpin's marvelous poems about people at work make a contribution to American literature: they have a tender, grave moral

awareness like Thomas Hardy's, with a lyrical wit and invention grounded in observation like Elizabeth Bishop's. I love reading and re-reading these poems. They refresh and enlarge my idea of poetry."

After announcements and performances, we'll have a short break and then pass the gourd to give those club members and attendees a chance to read poems from the monthly theme -- pieces of their own or the work of a favorite other. . And in honor of the Ides of March, the theme for the open gourd circle will be Taxes .

Talking Gourds Poetry Club is a joint venture of the Telluride Institute, Wilkinson Library, Between the Covers Bookstore, Telluride Arts and San Miguel County poets.

Members meet monthly, on first Tuesday evenings, at Arroyo Fine Art Gallery & Wine Bar at 220 E. Colorado Ave. (next door to Telluride Hardware and the Masonic Hall), beginning at 6 p.m. in Telluride, Colorado. Call 970-729-0220 for more info.

### OBT TO HOST SPECIAL EVENT SUMMIT

#### *Special to the Mirror*

MONTROSE--The Office of Business and Tourism (OBT) at the City of Montrose invites and encourages all special event organizers to attend an informational meeting on Tuesday, March 11, 2014, at the Montrose Pavilion. Two sessions are offered to accommodate busy schedules: morning from 9–11 a.m. and afternoon from 1–3 p.m.

Each session will include a review of the 2014 Special Events Strategy, a roll out of

the new policy and processes for applying for special event funding, a networking session to encourage cross-promotion among organizers, and strategies to help boost tourism and event attendance.

The strategy is available online at [www.CityofMontrose.org/events](http://www.CityofMontrose.org/events). The new policy and application process will be available online on Monday, March 10.

For information about the visitor center, tourism, and fun things to do in Montrose, visit [www.VisitMontrose.com](http://www.VisitMontrose.com) and on Face-

book and Twitter (VisitMontrose). The visitor center is located at 107 South Cascade Avenue in downtown Montrose and can be reached at [\(970\) 497-8558](tel:9704978558). Winter hours are Monday-Saturday, 10 a.m. – 4 p.m. For information about the City of Montrose, visit [www.cityofmontrose.org](http://www.cityofmontrose.org). Follow the City of Montrose on Facebook and Twitter (MontroseGov). City Hall is located at 433 South First Street in downtown Montrose and can be reached at [\(970\) 240-1400](tel:9702401400).

### MONTROSE COUNTY HISTORICAL SOCIETY PRESENTS THIRD ANNUAL PIONEER SOCIAL

#### *Special to the Mirror*

MONTROSE--The Montrose County Historical Society would like to invite you to the 3rd Annual Pioneer Social honoring the DeJulio Family. The event will be held on February 22, 2014 at 2:00 p.m., at the United Methodist Church (19 Park Ave.). This is a fundraising event for the Montrose County Historical Museum with donations accepted at the door. Please invite your friends and family to the social for a unique presentation on the DeJulio family history. For more information please call Sally at 249-2085 or email at [info@montrosethistory.org](mailto:info@montrosethistory.org).

**DO YOU HAVE A GREAT BLOG? CALL US TODAY ABOUT OUR NEW MIRROR BLOG DIRECTORY...AND LET US PROMOTE AND LINK DIRECTLY TO YOUR SITE! 970-275-5791 OR 970-275-2658.**



# LEGISLATIVE UPDATE

## BY SENATOR ELLEN ROBERTS

### WATER IS EVERYBODY'S BUSINESS

In addition to the usual floor and committee schedule, I spent much of last week in meetings discussing two of the water policy bills that I'm sponsoring this session. The bill involving irrigated lawn limits for future subdivisions when water used is transferred from agricultural production continues to stir conversations and emotions. Despite the bill passing out of the Senate Ag committee the week before and many constituents indicating to me that they view this as a commonsense measure, it's doubtful that I have the needed votes from the full Senate to pass the bill to the House.

As predicted, some of the largest municipalities along the Front Range have been the most ferocious opponents of the bill. The municipalities' objections focus mostly on local control and that they are already doing water conservation. While I'm typically a staunch supporter of local control, in the matter of water supply, the reaction to this bill demonstrates to me that, generally speaking, the municipalities aren't looking out for the state as a whole, but instead for their own customer base.

The view of these municipalities is understandable as that fits their mission statement. However, given the statewide

drought, the anticipated dramatic growth of the state's population in upcoming decades and our obligations to deliver water to downstream states, we are in a pickle already, let alone if the drought continues unabated. As a state, instead of storing water when it's available, we've focused on the easier way to transfer water from agriculture and neglecting to take more serious steps on water conservation that fit our semi-arid climate.

If you have an interest in seeing the population growth projections that the Colorado state demographer has recently presented, go online and take a look. You can find the presentation, titled "Colorado Economic & Demographic Overview" at the website for the Colorado Department of Local Affairs and the information is organized in many ways, including by water basin. The information is startling, even if we all know that Colorado's a great place to live. Where the water supply will come from to maintain all of the new population is the question looming in our near future.

As to my water conservation and lawns bill, given the present opposition, I'll likely amend the bill to ask the legislative water committee to review what's being done statewide on water conservation re-

lated to outdoor irrigation, since it's the largest consumptive use of residential water. We need a best practices standard to measure the efforts being taken, against what is possible. This'll be useful in future discussions and possible legislative efforts.

My other water bill that took a lot of negotiating time is the one that insists that the Colorado legislature and the general public have a significant role in the development of the Colorado state water plan. The governor's executive order last May neglected to include the legislature in any visible way and we seek to fix that omission.

The local basin roundtables have an important role to play in the development of a water plan. But, if legislation is needed, members of the General Assembly will have to carry that legislation. Involving the broader public and their legislators, sooner, rather than later, only makes sense, at least to the dedicated bipartisan team sponsoring the bill with me.

Legislative Contact Information:  
200 E. Colfax Avenue, Denver CO 80203  
Denver Capitol office phone:  
[\(303\)866-4884](tel:(303)866-4884)  
[www.ellenroberts.com](http://www.ellenroberts.com)

## Print media still has its uses...

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## REGIONAL NEWS BRIEFS

### MONTROSE ALTRUSA HELPS LIBRARY BUY BOOKS FOR KIDS

#### Literacy Donation to Montrose Regional Library

##### *Special to the Mirror*

MONTROSE--The literacy committee of Altrusa International of Montrose, Inc. is pleased to announce a donation of \$1444 to supplement the fund used to purchase books for distribution in the summer reading program. The staff of the children's department, teen department and bookmobile extend their heartfelt thanks to Altrusa for this donation in support of this worthy endeavor.

The staff of the Montrose Regional Library is busy preparing for the 2014 summer reading program which encourages children from birth through age eighteen to read and participate in literacy activities when school is not in session. Each child who registers for the program receives a book and those who finish get a second book to add to their personal library. The program reaches approximately 2000 young people in the Montrose and Olathe communities.



*Pictured from left to right are: Lizz Martensen, Montrose Regional Library Children's Librarian; Jana Ackerman, Altrusa Literacy Committee Chair, Janet L. Oslund, Montrose Regional Library Head of Children's Service.*

## HONORABLE MENTION

To everyone who still believes that public officials are working for the people whose taxes fund their salaries...and not vice-versa...

To Educator Erin Fields, Passage Charter School Teacher of the Year!

To Walgreens of Montrose, for helping seniors with their weekly 20 percent Wednesday discount, and for supporting low income seniors with the Easter Egg Gift Tree that allows patrons to buy items for those who cannot...

To Montrose Altrusa, for promoting literacy, and to the Delta-Montrose League of Women Voters, for promoting transparency and accountability.



# NOW AVAILABLE! K-9 OXX TOY

\$15 per stuffed animal dog

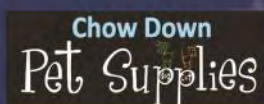
All proceeds go to the  
Montrose County Sheriff's Office K-9 Unit  
Donations Also Accepted



Help Support Our  
Local Hero Dog!



THANK YOU TO DEPUTY K-9 OXX'S SPONSORS





## DELTA CHAMBER RIBBON CUTTING—PAMPERED CHEF!



*Special to the Mirror*

**DELTA**--At the February Women in Business networking group, the Delta Area Chamber of Commerce welcomed as a new member Barbra Breitnauer, a Pampered Chef consultant. Barb's home-based business provides the best in kitchenware and cooking products. Find her on the Chamber's website, [www.DeltaColorado.org](http://www.DeltaColorado.org), to learn more, or come find her at the Home, Garden & Recreation Show March 28-29. Welcome to the Chamber, Barb!

# SPRING FEVER?

**DELTA COUNTY'S ONLY HOME, GARDEN & RECREATION SHOW!**

**BILL HEDDLES REC CENTER**

**March 28—9 A.M. TO 5 P.M.**

**March 29—9 A.M. to 3 P.M.**



**70+ vendors, giveaways and demonstrations! Vendor applications available at [www.DeltaColorado.org](http://www.DeltaColorado.org) or by calling 970-874-8616.**



## DELTA CHAMBER RIBBON CUTTING—BRICKWALL EATERY!



### Special to the Mirror

*DELTA—Ambassadors with the Delta Area Chamber of Commerce welcomed Jennifer Davis as the new owner of Brickwall Eatery, 305 Main St., on Feb. 11. Pictured are Ambassadors Christina Busch with Richards Consulting and Accounting, LLC; Nancy Wood with Re/Max Mountain West; DACC board president Josh Applegate with Farmers Insurance Applegate Agency; Jennifer Davis; her staff Marcia Overholt, Amanda Hahn and Jessica Anderson; and Ambassadors Lynn Shirk with HopeWest & Hospice and Kylynn Wilson with Crossroads Assisted & Independent Living. Also pictured is Jennifer's grandfather Mike Kramer; her parents, Mike and Michelle Davis; and her daughters, Emily and Elizabeth. Welcome to the Chamber, Jennifer!*



**Valerie Meyers**

Realtor,  
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**Valerie Meyers'**

Weekly Monday

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*Click here to catch Valerie's weekly Monday Real Estate Market Report video...from the road!*

## On the Western Slope. Across the Nation.

We succeed when we help change the lives of older adults and families in our communities.



Volunteers of America is a national, nonprofit, faith-based organization who since 1896, has been dedicated to helping those in need live healthy, safe and productive lives. On the Western Slope of Colorado, we offer independent senior and family housing; senior care services, including site-based and home delivery meals programs; a PACE program, including senior day centers, in-home, and clinic care; home health care management; and assisted living, long-term, memory, transitional and respite care.

**For more information, visit [www.voahealthservices.org](http://www.voahealthservices.org)**



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**THIS IS WHY WE DO WHAT WE DO.™**

- Valley Manor Care Center • The Homestead at Montrose
- Horizons Health Care & Retirement Community • Senior CommUnity Meals
- Senior CommUnity Care PACE • Home Health of Western Colorado

# SHOP MONTROSE THIS SPRING!



## 2014 SHOPPING GUIDE



### AROUND THE CORNER ART GALLERY



*Around the Corner Art Gallery is a year-round destination for art lovers.*

#### *Special to the Mirror*

MONTROSE-- Show the love this Valentine's Day with the gift of fine art! It's

February, and Around the Corner Art Gallery, 447 East Main Street in Montrose, welcomes five new artists to the Gallery, and a host of new opportunities to indulge in the arts. Catch our juried show, "Feathers and Fur," featuring more than 20 artists displaying their work depicting feathers and fur, or come in to enjoy pastels by Paul Gray, jewelry by Kristie Mac Gregor, Anette Akselsen and Dianne Erickson, and crystalline pottery by Amy Marlowe.

From fine oil paintings and watercolors to inspired photography, to works in bronze and beautiful ceramics and even one-of-a-kind jewelry, there is something here for all price ranges, and all tastes.

Those whose works are represented include revered Western Colorado talents, and rising stars.

The Browns opened the Gallery six years ago, after the building in which it is locat-

ed was tastefully remodeled by local entrepreneur Ralph Walchle, who still owns the space. Over the years, Around the Corner Art Gallery has become a community gathering place, with exciting shows and events that draw the community Downtown to appreciate the best that the local arts community has to offer. Visit the [web site](#) to browse the catalog of artists, and to find out about upcoming shows and receptions. Challenge yourself to appreciate something new, or cherish old favorites—it's up to you...this is your local gallery!

Perhaps you will be inspired to take a class, and discover the artist within. Check out the latest courses [here](#). Around the Corner Gallery can be reached at 970-249-4243. Hours are from 10:30 a.m. to 5:30 p.m. Monday through Saturday, until 8 on Thursdays, and from 11 to 4 on Sundays throughout the season.

### TIFFANY, ETC.

#### *Special to the Mirror*

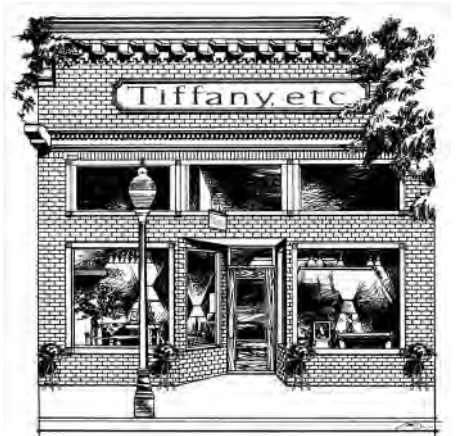
MONTROSE--Go ahead—find a little something for yourself when you stop by Tiffany Etc. in the New Year! Like the perfect bedroom set, or that gorgeous yet comfortable couch you have had your heart set on for months!

Tiffany Store Manager Lorna Santonastaso and Owner Glee Westcott shop throughout the year for the beautiful, useful, and high-quality items that make this Montrose boutique a regional shopping destination. Over the past 30 years, Tiffany owner Glee Westcott has established a reputation for superb customer service and an array of merchandise that evokes a holiday experience year-round. From special treats like the sought-after Poppa's Corn for the holiday season (Tiffany Etc. has been the main retail outlet for this locally-made product for 26 years), to home décor and accessories, candles of all shapes and

sizes, jewelry, unique apparel, artwork and even furniture, the store is a treasure chest packed with colorful, high-quality merchandise that captures the essence of Western Colorado. "We have gift items for everyone, and we sell custom-design furniture, with fabric chosen by our clients or with interior design help from Lorna or me," Westcott said. "We have many different styles, from contemporary to lodge and Western-style to traditional. We also have accent pieces to complement any style."

Other fun, seasonal items include elk and deer "poop" candies, and a fabulous variety of stocking stuffers for all ages. Our email catalogue keeps our customer up to date on new merchandise and store events. It always pays to stop by Tiffany Etc. on Mix-n-Match Sundays for Glee's weekly special event.

Tiffany Etc. is located at 439 East Main



*Tiffany Etc.. Has been a year-round shopping destination for more than 30 years.*

Street in Montrose, and is open seven days a week. They can be reached at 970-249-7877.



## MIRROR LIFESTYLES...LINKS TO LOCAL BLOGS WE LOVE!

A WOMAN'S LIFESTYLE BLOG  
WWW.AMARMIELIFE.COM

Krista Montalvo is a Southern Peach living the mountain dream with her three little girls and husband. She is a lover of all things, ranging from a great local find to cooking and gardening to thoughts in her heart to fashion for you and your home. Bluebirds are her thing and she is solar powered by the Colorado sunshine. [www.amarmielife.com](http://www.amarmielife.com)!

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Yurts, Tipis, and Tents: Handmade in a World of  
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<http://www.coloradoyurt.com/blog/>.

Rita Clagett Writes from the North Fork Valley  
[www.dukkaqueen.com](http://www.dukkaqueen.com)

## Delta County Living

Your Online Guide for Activities,  
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[deltacountyliving@gmail.com](mailto:deltacountyliving@gmail.com)



# ARTS AND CULTURE

## Chipeta Archaeological Society February presents "Flume Fever

### *Special to the Mirror*

MONTROSE--Chipeta Archaeological Society February presents "Flume Fever" – The Hanging Flume, featuring speaker Jerald Reid on Wednesday, Feb. 19<sup>th</sup> from 7 pm – 8 pm at the Montrose United Methodist Church

At S. 1<sup>st</sup>. and Park Avenue. The lecture is free and open to the Public.

"Picture a manmade water channel 10 miles long, able to carry up to 80 million gallons of water a day. Then consider what it would take to affix the lion's share of that wood and iron structure to the side of serpentine, vertical canyon walls, 100 feet off the ground, weaving through the desert in a remote part of southwestern Colorado -- a landscape as rugged as it is beautiful. Finally, imagine constructing that flume without motorized vehicles, power tools or modern climbing gear.

The Chipeta Chapter of the Colorado Archaeological Society will present a lecture that is free and open to the public by Jerald Reid, the poster boy of the "Hanging Flume". The lecture will be pre-

sented on Wednesday, February 19<sup>th</sup> from 7pm – 8pm , at South 1<sup>st</sup>. and Park Avenue, at the Montrose United Methodist

Church in Montrose, CO.

For additional information contact :

[chipetaarchaeology@gmail.com](mailto:chipetaarchaeology@gmail.com).



## Colorado Creative Industries' Career Advancement grant applications now being accepted

### *Special to the Mirror*

DENVER - Colorado Creative Industries (CCI) is now accepting online applications for the 2014-2015 Career Advancement program grants. These grants support Colorado creative entrepreneurs and artists to help stimulate their commercial creative business, helping to increase revenue and new audiences.

"Colorado ranks 5th in the nation among all states for concentration of artists, and the creative industries contribute over 185,000 jobs in Colorado," said Margaret Hunt, director of CCI. "Career Advancement grants support creative workers and give them the competitive edge they need to take their career or business to the next level."

Grant awards range from \$500-\$2,500 and

require a 1:1 cash match. Funds are paid on a reimbursement basis. There are two deadlines for grant applications:

\* March 15, 2014 for activity between May 1, 2014 - April 30, 2015

\* Nov. 15, 2014 for activity between Jan. 1, 2015 - Dec. 30, 2015

To distribute support broadly throughout the creative industries, each grant cycle will focus on one or more specific industries. Although projects in all creative industry areas are eligible to apply, additional points will be awarded to applicants in the strategic priority areas identified. The following industries are the 2014-2015 strategic priorities: Music, Literary and Publishing, and Design Arts.

Grant requests are reviewed through a competitive process by CCI staff. Appli-

cants must demonstrate artistic merit, career impact and sound budget.

Vis-

it [www.coloradocreativeindustries.org](http://www.coloradocreativeindustries.org) for more information.

### **About Colorado Creative Industries:**

Colorado's Creative Industries Division, Colorado's state arts agency, is a division of the Office of Economic Development and International Trade. Established to capitalize on the immense potential for our creative sector to enhance economic growth in Colorado, the mission of Colorado Creative Industries is to promote, support and expand the creative industries to drive Colorado's economy, grow jobs and enhance our quality of life. For more information, please visit

[www.coloradocreativeindustries.org](http://www.coloradocreativeindustries.org).

# ARTS AND CULTURE

## DANCE AROUND NOW OFFERS ZUMBINI CLASSES

### *Special to the Mirror*

MONTROSE--Montrose parents looking for a unique way to boost a child's enrichment program should look no further than their own favorite activities. The most popular classes to enroll children in this winter are mini versions of the latest crazes to hit the adult market.

Zumba Fitness®- the global, multimedia brand that fuses fitness, entertainment and culture into a dance-party lifestyle – has recently launched the new Zumbini™ program, its first-ever program for newborns. The Zumbini™ program is designed to let little ones ages 0-3 and their caregivers wiggle, sing, and learn together for the ultimate bonding experience during those critical early stages of development. Zumbini™ incorporates lively music to engage little ones and encourage them to express themselves through movement and play while nurturing a child's natural curiosity and interests. You will only find Zumbini™ at Dance Around. Certified

Zumba®, Zumba Step™, and Zumbini™ instructor, Sara Mitchell (pictured here with her children), smiles wide as she discusses the classes, "I have a 4 year old daughter and a four-month old son, and never have I had so much fun playing with them than during Zumbini."

With the craze of programs such as Hip Hop Abs®, Hip Hop is more popular than ever. Hippy Hoppers for young dancers ages three-six years is an opportunity for them to learn coordination and independence, build motor development, and find musical rhythm patterns in a creative and energetic environment using dynamic music.

"Hippy hoppers is a fun and inviting alternative to the traditional ballet and gymnastics training for children wanting and needing to move, shake and dance," explains Kate Florian, Dance Around studio director, class instructor and creator.

For more information on how to get involved or enroll in these class or any of



*Certified Zumba®, Zumba Step™, and Zumbini™ instructor Sara Mitchell, with her kids. Courtesy photo.*

Dance Around's programs, contact the studio at (970) 216-4895, info@dancearoundco.com or

## SURROUND YOURSELF WITH BEAUTY AT THE KAFM ART AND OTHER TREASURES LIVE AUCTION

### *Special to the Mirror*

GRAND JUNCTION- On Friday, February 21st KAFM will hold its Third Annual Art and Other Treasures Live Auction. This year, the event will be held at the Clarion Inn Ballroom on Horizon Drive.

Over 100 items will be featured including paintings, photographs, sculpture and pottery, as well as entertainment and travel packages, antiques, rugs and jewelry. This major fundraiser for KAFM Community Radio also benefits the artists who participate as a portion of the sale goes directly to them.

"This year we have a great selection of art from some incredible local and regional artists as well as phenomenal pieces from private collections," said KAFM Executive Director, Tedi Gillespie. "We are delighted to be in a new location at the Clarion Ballroom, with live Jazz by John Schultz and Alycia Vince and wine provided by

Grande River Vineyards. We're also privileged to have renowned collector and auctioneer, Mike Hurshman, whose knowledge and connections in the art world enable us to offer work from internationally known artists as well as local favorites at unbelievable prices — well below gallery values. Mike brings a wonderful sense of humor to the live auction that makes for an unforgettable fast-paced and really fun-filled evening."

If you've never attended a live auction, this event might surprise you. It's fun and easy and not at all intimidating. "It's great fun to see how people interact with the auctioneer and with each other, and of course there's always a little friendly competition!" said Gillespie. "Even if you're not an art collector, there is something for everybody, trips, spa and music packages, clothing and jewelry. It's a great night to come out in support of Community Radio,

especially this year as KAFM celebrates 15 years of connecting our community through music, culture, arts and local affairs programming."

Works include pieces by such internationally known artists as: Steve Datz, Dan Young, Dan Sprick, Ramon Kelley, Ned Jacob, Mark Rohrig, Matt Smith, Fritz Scholder, John Encinas, Chris Zhang, Jack LeStrade, Dave McGary, Sandy Scott, and Shirley Thompson-Smith. Third Annual Art & Other Treasures Live Auction; Preview Evening: Thursday, February 20, 5 -7pm ; Live Art Auction: Friday, February 21, 7 - 9:30pm (Preview & Reception: 5:30-7:30pm; Clarion Inn Ballroom, Horizon Drive, Grand Junction, CO; \$15 single/\$25 per couple, KAFM members: 2/\$20: Includes wine ticket, music, hors d'oeuvres, and cash bar. For tickets and info: 241-8801 EXT 223, or [WWW.KAFMRADIO.ORG](http://WWW.KAFMRADIO.ORG).

# THREE GRACES WOMEN'S EVENT

**Mission:** Creating a welcoming place where women of all walks of life find their unique, sacred & divine self through enrichment programs. Uniting women on their path of wisdom, love, understanding, oneness, peace & reflection.

## ***THE ART OF BALANCE*** ***MARCH 15, 2014 1:30 PM - 4:00 PM***

***"HEALING HULA HOOPS" WITH SARAH BREWER***

***"LEARNING TO COPE WITH STRESS BY BALANCING YOUR ENERGY" WITH ADRIANNE WAGNER***

***\$40 PER PERSON REG. BY MAR. 12***  
***AT CANYON CREEK B&B***

***UPCOMING EVENTS - 4/12/14 MOTIVATION***

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# RIDGWAY...BY THE LIGHT OF THE MOON

By Caitlin Switzer

RIDGWAY—It only takes place during the full moon, an event that transforms a dusty little mountain town into a sparkling showcase for the arts.

Ridgway's popular Moonwalk series grew out of the town's creative district team, which has worked to brainstorm events that promote Ridgway's organic artistic culture and myriad venues.

Each Moonwalk takes place in a different setting, and is focused around a theme, Ridgway Community Development Coordinator Diedre Silbert said.

"We have been holding the moonwalks since July," Silbert said, "and they have been going very well—especially when you consider that there are only around 900 people in town."

"We had one that was a very big event in October, and drew more than 200 folks."

The October Moonwalk, "A Starry Night and Lantern Parade," brought adults and children out to participate in a variety of planned activities, from pumpkin carving and lantern making to a mosaic tile project, Silbert said.

"We used Van Gogh's Starry Night painting as our theme," Silbert said. "We had all kinds of activities for kids and adults. One little girl told me, 'This was the most fun day ever!'"

Each moonwalk celebrates a different part of town as well.

"The last one was in River Park," Silbert said. "It is a great way to learn about a place, and the businesses and art that are being created in that place."

"This month we had a gallery tour, and we will be doing more with gallery walks in coming months, especially June, July and August. On March 16 we will be at the Community Room in town hall, and we will have work by a number of local artists on display."



*Kids create art at a past Ridgway Moonwalk Event. Courtesy photo from Ridgway Moonwalk Facebook page by Joan Chismire.*

Because artists are entrepreneurs, the Moonwalks are a way to promote economic development and have fun at the same time.

"We have started a list of all of the creative here," Silbert said, "and we are realizing how much is going on—and how much more could be going on. These are business-oriented events, and a way to get all kinds of creativity out there."

"We are so excited, and hopeful that more will come from this," she said. "The program is evolving all the time."

Ridgway artist Kellie Day said that the Moonwalk events reflect Ridgway itself as

much as the local arts scene.

"Moonwalk isn't just about promoting the arts, although that's the foundation we artists appreciate," Day said. "It's also about breathing fresh, cosmopolitan energy into our little town. Folks here are hungry for culture; we're a worldly crowd."

"Moonwalk gives residents a chance to get out of our houses, stroll around town at night, and find inspiration in the galleries, in the artists, and in seeing everyone out on the street," she said.

"We all get to feel like Ridgway has it 'going on' for a couple of hours...and the energy is always festive!"

## Care Connections Networking Group

*Special to the Mirror*

REGIONAL--Region 10 Community Living Services is starting a new support group network for Montrose and the surrounding areas. This is an all-inclusive group for caregivers and care recipients with any disability or illness. The group is being developed in coordination with the Alzheimer's Association, Mental Health and Hilltop. We will be looking for agencies to provide a small education piece and help facilitate. Call Amy Rowan at 970-249-2436 ext. 207 for more information and to register.

**Dates:** February 20<sup>th</sup>, 4-5pm, Hilltop, 540 S. 1st

March 5<sup>th</sup>, 1-2pm, Region 10, 300 N. Cascade Ave (Sneffles Room)

March 20<sup>th</sup>, 4-5pm, Hilltop 540 S. 1st

## *Hold the Date! Upcoming Business and Cultural Events*

### ONGOING-

**First Friday Strolls Montrose Downtown**—Monthly from 5:30 p.m.-8p.m. Artist Demonstrations, Free Wine Tastings, and in store promotional events!

**Feb. 18**—Forum at Heidi's Brooklyn Deli, 8-9 a.m., Coffee is \$1. Presenter will be Webb Dairy.

**Feb. 18**--Montrose County Radon Class—2-3 p.m. and again from 5:15 p.m. – 6:15 p.m. Classes will be held at the Montrose County Health and Human Services Board Room at 1845 South Townsend Avenue. Please call the environmental health department with additional questions at [970-252-5067](tel:970-252-5067).

**Feb. 18**-Womens' Club of Ouray County Monthly Meeting—Ouray Community Center, 1 to 3 p.m. Guest speaker is Melanie Kline of the Welcome Home Alliance for Veterans. The public is welcome to attend.

**Feb. 18**-- Region 10 Lunch-n-Learn – “Be the Umbrella” We will discuss volunteer programs designed to help support our elders and those with disabilities, you will learn more about how you can help others. Noon-1 pm. 300 N. Cascade in the Sneffles room. Register online at [www.region10.net](http://www.region10.net) or call 970-249-2436 ext. 201.

**Feb. 19**--Chipeta Archaeological Society presents “Flume Fever” – The Hanging Flume, featuring speaker Jerald Reid on Wednesday, from 7 pm – 8 pm at the Montrose United Methodist Church at S. 1<sup>st</sup>. and Park Avenue. The lecture is free and open to the Public.

**Feb. 19**-Meeting to discuss the feasibility of taking over the operations of Fort Uncompaghe as an Interpretive Center for the North Branch of the Old Spanish Trail, 1-3 pm at Bill Heddles Rec. Center, Delta. For information or questions please contact Chris Miller with IAWC at [970-874-6695](tel:970-874-6695).

**Feb. 20**--Montrose County Radon Class—2-3 p.m. and again from 5:15 p.m. – 6:15 p.m. Classes will be held at the Montrose County Health and Human Services Board Room at 1845 South Townsend Avenue. Please call the environmental health department with additional questions at [970-252-5067](tel:970-252-5067).

**Feb. 20**—Region 10 Community Living Services support group network for Montrose and the surrounding areas, 4-5pm, Hilltop, 540 S. 1. This is an all-inclusive group for caregivers and care recipients with any disability or illness. Call Amy Rowan at 970-249-2436 ext. 207 for more information and to register.

**Feb. 21**—MEDC Annual Lunch, Holiday Inn Express, Noon. Call 970-249-9438 for reservations and information.

**Feb. 21**--KAFM will hold its Third Annual Art and Other Treasures Live Auction. This year, the event will be held at the Clarion Inn Ballroom on Horizon Drive. For tickets and info: 241-8801 EXT 223, or [WWW.KAFMRADIO.ORG](http://WWW.KAFMRADIO.ORG).

**Feb. 22**--Mark your calendars for the Montrose County Historical Society Third Annual “Pioneer Social”, featuring “the DeJulio family”, at the United Methodist Church, 19 South Park, Montrose. On Feb. 22, 2014, The Social program will begin at 2 pm. Donations will be taken at the door, and everyone is invited. Period attire is encouraged. For more information please call Sally at 970-249-2085.

**Feb. 22**-Montrose Arts Council presents a salon with pianist Kirill Gliadkovsky, 3 p.m. at a private location. Featuring American and Spanish composers. Enjoy Hors d'oeuvres, wine and sparkling cider. Tickets are \$40, seating is limited. Call 970-240-1602 for tickets and information.

**Feb. 22**--A free "Medicare 101 And More" program will be held from 2-3:30 p.m., at the Montrose Memorial Hospital's basement meeting room, 800 S. Third St., Montrose. No advance reservations are required. This program, titled "Are You New To Medicare?" will be hosted by Mabel and Judy, who will help those attending understand more about Medicare and the available benefits. This program is presented by the Retired Senior Volunteer Program-Colorado West, Inc. (RSVP), AeroCare, the Colorado Health Foundation, and the State Health Insurance Assistance Program (SHIP). For more information, contact RSVP Colorado West at 970-249-9639.

**Feb. 27**--The Sherbino Theater Invites the public to enjoy their new lecture series. This week our guest is Steve House. Each lecture will take place at 7 pm and admission is by donation.

**Feb. 28**—28 Days of Generosity “Eat out for Charity” event. Montrose Bridges, 4-8 p.m.

**March 1**-Montrose Memorial Hospital 2014 Health Fair. from 6:30 a.m. to Noon at the Montrose Pavilion. Early Blood Draws, held in conjunction with the Health Fair, will be Feb.5-8 from 6:30 to 9:30 a.m. in the Montrose Pavilion Main Ballroom.

**March 1**-Delta Chamber Banquet, Heddles Rec Center, 530 Gunnison River Drive, Delta. 6-9 p.m. \$20. Call for tickets 874-8616.

**March 1**—Montrose Winter Farmers Market, inside behind Straw Hat Farm Market Store at 514 South First St., 10 a.m. to 1 p.m.

**March 5**-Region 10 Community Living Services group network for Montrose and the surrounding areas, 1-2pm, Region 10, 300 N. Cascade Ave (Sneffles Room). This is an all-inclusive group for caregivers and care recipients with any disability or illness. Call Amy Rowan at 970-249-2436 ext. 207 for more information and to register.

**March 5**--Volunteers of America Caregiver and Health Care Information Adult Education Series, Horizons Care Center in Eckert (11485 Hwy 65), 1:30 – 4:30 p.m. Free to the public. RSVP to 970-417-1194.

**March 6**--The League of Women Voters of Montrose County, serving Montrose and Delta counties, is hosting a City Ballot Issues Forum on Thursday, March 6, from 7-8:30 pm in the new City Council offices (Old Elks Building). Pros and cons of the three issues will be presented, and a question and answer period will follow.

**March 6**--The Coalition for a Drug Free Montrose County is hosting a Safe Kids America presentation on heroin, prescription drugs and the teen brain on Thursday, March 6, at the old City Council offices on Centennial Plaza from 7-8:30 pm. Doors open at 6:30, and there will be a question and answer period. Mesa County Deputy Sheriff Chad Williams is slated as the guest speaker.

**March 12**-- Montrose Botanic Gardens - Open to Public, educational session and Botanical Society meeting at 7 pm. City Centennial Room off Centennial Plaza, Montrose. Kathy See, Plant Ecologist, works for the Uncompaghe Restoration Project growing and producing native plant species--grasses and woody plants. The URP is a multi agency partnership working on healing areas that have been damaged by fire, disease, overgrazing, etc. These principals can be applied to improve your home landscape too! A short update of upcoming Garden events will follow. For information, contact Sara at 970-249-1115 or [www.montrosegardens.org](http://www.montrosegardens.org).

**March 15**—Montrose Winter Farmers Market, inside behind Straw Hat Farm Market Store at 514 South First St., 10 a.m. to 1 p.m.

**March 18**--Region 10 Lunch-n-Learn –“Where did I put that?” We will discuss Alzheimer’s programs, support groups/networks and Care strategies for Dementia and Alzheimer’s, this program is designed to help support our elders and those with disabilities, you will learn more about how you can help others. Tuesday, March 18th 12-1 pm. 300 N. Cascade in the Sneffles room. Register online at [www.region10.net](http://www.region10.net) or call 970-249-2436 ext. 201.

**March 20**-Region 10 Community Living Services support group network for Montrose and the surrounding areas, 4-5pm, Hilltop, 540 S. 1. This is an all-inclusive group for caregivers and care recipients with any disability or illness. Call Amy Rowan at 970-249-2436 ext. 207 for more information and to register.

**March 21**-Blue Sky Music Presents Eilen Jewell and Emma Cooper at Turn of the Century.Saloon. Call 970-275-4183 for information.

**March 28-29**-Delta Home, Garden & Recreation Show, Bill Heddles Rec Center, 530 Gunnison River Drive. Friday hours 9 a.m. to 5 p.m., Saturday from 9 a.m. to 3 p.m. 70+ vendors, giveaways and demonstrations. Vendor applications available at [www.DeltaColorado.org](http://www.DeltaColorado.org) or by calling 970-874-8616.

## Together, We Can Make A Real Difference.

Are you interested in making a difference in the lives of others while building your network of friends, strengthening your leadership skills and implementing new ideas?

Share your gifts and talents and become part of meaningful change for an older adult.

Volunteering is based on your schedule, so the time you spend is effective and enjoyable.

Contact one of our care centers or programs below to begin your journey.



Horizons Health Care & Retirement	(970) 835-3113
Valley Manor Care Center	(970) 249-9634
The Homestead at Montrose	(970) 252-9359
Home Health of Western Colorado	(970) 240-0139
Senior Community Care PACE Montrose	(970) 252-0522
Senior Community Care PACE Eckert	(970) 835-8500
Senior Community Care Meals	(970) 835-8028



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*Above left—Karen Little enjoys viewing the jewelry display at Nina Suzanne's during First Friday Stroll Feb. 7.*

*Above right, Rob Burkey and Lauren Bell of Networks Unlimited show off their "Geek" pride at the Montrose Chamber Business2Business Expo at the Montrose Pavilion on Feb. 15.*

*Left—Bob and Pat Brown's Around the Corner Art Gallery was packed for February's First Friday Stroll Feb. 7.*



Photos by Cara Fandel Photography  
Inspiration Through Imaging!



# BUILDING COMMUNITY

## One Program at a Time!



Look for the  
MRD Spring  
Activity Guide  
March 3!



For a full list of programs or  
to REGISTER visit  
[montroserec.com](http://montroserec.com)

