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A Monday News Blast Serving West Central Colorado

Issue No. 101 Jan. 19 2015

IS MAIN IN MOTION A NO-SHOW FOR 2015? DUNCAN STEPS BACK, BUT WOULD ASSIST NEW BOARD WITH TRANSITION



Main in Motion, pictured above, has drawn crowds to Downtown on summer Thursday evenings since 2002, but may not take place in 2015. Mirror file photo.

By Caitlin Switzer

MONTROSE-Montrose's signature summer event will not happen this year without more hands to help, organizers say.

The popular Thursday evening Main in Motion street fairs, which began under the auspices of the former Historic Montrose Downtown (HMD) in 2002, have officially been cancelled for 2015, Adam Duncan said. Duncan, who served as chair of the Main in Motion board in 2014 and who owns A+Y Gallery with wife Yesenia, said that the popular Downtown event, a longtime draw for locals and visitors, cannot survive without more volunteers.

"As of right now, Main in Motion is cancelled for the year," Duncan said. "There is a lack of help and volunteers--we have three people on our board actively working on the logistics, and nobody seems interested in getting involved."

Duncan said that he and Yesenia have stepped away, but are willing to assist a new board through the transition if there is interest. 2014 was the first year Main in Motion had hired a paid director. However, from 2003-2010 the event was supported administratively by the Montrose Area Merchants Association (MAMA). Continued on page 12

SPECIAL USE APPLICATION FOR GRAVEL PIT HAS NEIGHBORS **CONCERNED OVER QUALITY OF LIFE ISSUES**

By Caitlin Switzer

MONTROSE-For 31 years, Gene and Carolyn Kleithermes dreamed of retiring to Montrose, a community with a special place in their hearts.

"We visited Montrose every year," Carolyn Kleithermes recalled. "This was our dream."

Ten years after moving into their home in a rural neighborhood south of town, however, the couple worries what will become of that dream. An application for a special use permit to operate a gravel pit on a nearby property was filed with Montrose County earlier this month, and the Kleithermes, like other residents in the numerous nearby subdivisions, fear that their quality of life will be substantially dimin-

Though the same applicants were denied a special use permit for a large gravel pit with asphalt and concrete plants in October of 2013, a gravel pit is an allowed use within Montrose County's agricultural zone if the applicant applies for and receives a special use permit.

Continued on Page 7



Looking west from T Road. Neighbors in the vicinity worry that a proposed gravel pit will negatively impact their quality of life.

Gail interviews Colleen Burke! Colorado Boy!

Lies visits

Performance Muffler and Auto!

Sandra Tyler DDA report!

The backstory on those 1987 Alley Murals!

PERFORMANCE MUFFLER AND AUTO...BUILT AROUND BETTER SERVICE!



Philip Bishop of Performance Auto and Muffler.

Special to the Mirror

MONTROSE--Philip Bishop was working for a large corporation years ago, but found himself unhappy with the level of customer service.

"I knew I could do better," said Bishop, a 1990 Montrose High School graduate.

So he purchased Performance Muffler and Auto at 2352 East Main Street in 2005, and set about proving it. Today

Bishop has a crew of four including himself, offering everything but alignments.

"My crew really cares," he said. "Here, you are not just a number--you are a person."

Performance Muffler & Auto Shop will even change your oil free, he said.

"You can pick up oil cheaper than I can," he said.

"Bring us oil and your filter, and we will change it free--we use the oil to heat our shop.

"We stand behind eve-

rything we do," he added.

Among Bishop's loyal customers is David Leis, Vice President of Sales and Marketing for Western Skyways, the nation's largest aircraft engine shop.

"I have been coming here for ten years," Leis said. "I don't go anywhere else for car repairs--Phillip is very good at everything he does. And if you have an emergency, he will squeeze you in."

"We are busy," Bishop acknowledged. "We have a lot of return customers, and tourists come in too--we also rent U-Haul trucks and trailers, and we offer a free inspection if you're actually looking to buy a vehicle--we'll look it over before you purchase and run a free computer diagnostic."

Bishop said that in the end, it is about making sure that customers drive good, safe vehicles.

"We are not here to get rich," he said. "I like to treat people how I like to be treated. We stand behind our work with a 24 month, 24,000 mile warranty. We do a lot of really big jobs--we fix trailers too." Services include mufflers, brakes, shocks, welding, exhaust systems, oil changes, performance and off road accessories, air conditioning, tune-ups, 4X4 custom fabrication, wheels and tires, Free computer diagnostics on all autos, and more.

Even on Monday morning the shop is busy with a steady flow of customers, and the phone seems to ring constantly.

Bishop picks up the line, listens for a moment, and says, "I'll get it done here." Reach Performance Muffler & Auto at 970-249-6006.

For U Haul Trucks and Trailers call 970-240-1906.

KEEPING UP APPEARANCES AT KYRLEE'S SMALL TOWN FASHIONS!

By Caitlin Switzer

MONTROSE-Montrose's Main Street renaissance continues, characterized by a thriving community of independent shops and businesses. Among the newer apparel options is Kyrlee's Small Town Fashions, a clothing shop for juniors and anyone who likes to wear a little sparkle in their step.

The boutique opened in Nov. of 2013, and so far, business has been great, says Manager Stacey White.

"All of our purses are one of a kind," White said, "and we try to keep everything rotating quickly--shoes, dresses, bags--because we bring in new things regularly."

The shop offers "dress up" and "dress down" options, she added, and has an excellent selection of jewelry and belts too. They try to buy items made in the United States whenever possible, and the space is

welcoming and bright. Using local contractors is a priority when it comes to updating and maintaining the space as well, White said.

"Everyone we work with, from signage to plumbing and window washing, is local," she said.

Expect to find plenty of selections here, whether you shop for petite or women's sizes.

"We have lots of sizes," White said, "from small clear up to the 20's--and our larger sizes are stylish!"

Kyrlee's recently took part in the HopeWest Fashion Show, White said, because they believe in helping others whenever possible. And though she tries not to buy too many things herself, White said that running Kyrlee's--which is owned by her mother--has been a joy when it comes



Kyrlee's stocks all sizes, and updates merchandise regularly.

to finding things for her own daughter.

"As a mom, I absolutely love having the store," she said. "My daughter really likes it! It has been a very fun family business.

"We would like to keep it for a while!" Kyrlee's Small Town Fashions is located at 204 East Main Street in Montrose. The phone number is 970-249-1707.

MONTROSEM I R R O R

The Montrose Mirror is your source for community news and information.

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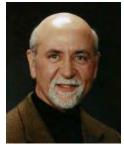
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MMH WELCOMES DIRECTOR OF PROVIDER SERVICES



Frank Dieter. Courtesy photo.

Special to the Mirror MONTROSE - Montrose Memorial Hospital is pleased to welcome Frank Dieter as the new Director of Provider Services. Frank and his wife Mary are moving to Montrose from Fishersville,

Virginia where he was the Practice Administrator for the Augusta Medical Group.

"Frank's extensive background in practice management and working with physicians and other medical providers along with his desire to relocate to the Mountain West make him an excellent fit for this position," said Steve Hannah, CEO.

The new Director of Provider Services Position was established to provide solid leadership and operational oversight to the hospital's employed physician practices which include; pulmonology, interventional cardiology and medical oncology.

In addition, this new position will function as a liaison with the independent physician practices to strengthen their long term viability, and to confirm that the hospital is fully integrated with the broader medical community. Frank is an avid hiker, enjoys photography, and composing, recording and performing original music.

Karen Maxner - Realtor



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MANUFACTURERS, PRODUCERS INVITED TO EXPORT TRAINING

By Caitlin Switzer

REGIONAL-So you've got a great product, and you're ready to share it with the whole world. Where do you start? Mark your calendar and plan to attend the Rocky Mountain World Trade Center Institute (RMWTCO) export training at Region 10 (300 North Cascade) on January 29 from 8 a.m. to 5 p.m.

The program targets rural communities, specifically in Colorado, Region 10's Jay Stooksberry said.

"This helps manufacturers and producers learn the ins and outs of international markets," Stooksberry said, noting that the event usually draws a crowd.

"It's a big draw because of our increasing manufacturing sector," he said.

"There is increasing momentum, and the Rocky Mountain World Trade Center Institute has some really valuable information for folks looking to go outside the U.S.

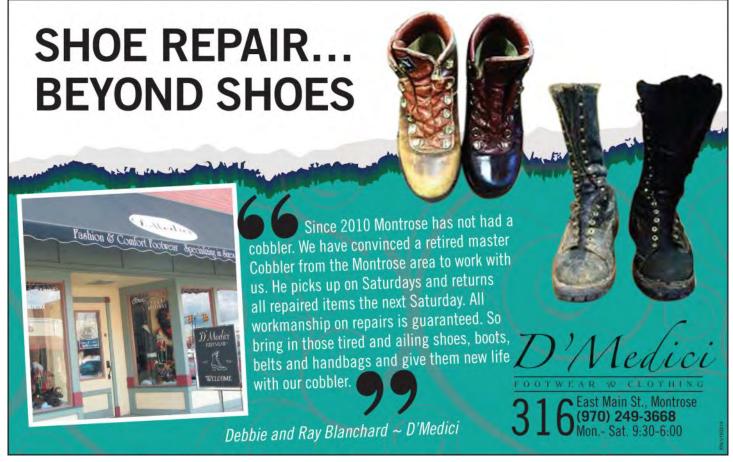
"It's a complex system to tap into, and it can seem overwhelming. But the World Trade Center works closely with the Office of Economic Development and International Trade (OEDIT) and they have done research and have information avail-



TEI Rock Drills of Montrose, above, sells products around the world. You too can learn the ins and outs of global marketing at RMWTCO's Export Training at Region 10 Jan.29.

able on things like special markets and lead buying," Stooksberry said. The full-day training covers why, how, and where to export, along with detailed information about export strategy, market entry, logistics, and payment, according to Region 10's web site, which also notes that training will be led by acclaimed international

business experts Roy Becker and Anthony Russo, working professionals in international business who will share their own experiences along with practical information. The day will kick off with a free roundtable breakfast resource fair from 8 a.m. to 10 a.m. The training itself is \$99; register online or call 303.592.5760.



REGIONAL NEWS BRIEFS

GRANTS FOR NEW SHARING MINISTRIES FACILITY, CENTER FOR MENTAL HEALTH EXPANSION ON CITY COUNCIL AGENDA JAN. 20

By Caitlin Switzer

MONTROSE-The City of Montrose will consider Resolution 2015-03 when it meets on the evening of Jan. 20, a resolution authorizing the filing of an application for \$600,000 in Community Development Block Grant Funds from Colorado's Department of Local Affairs (DOLA) toward construction of a new Sharing Ministries Food Bank facility at 49 North First Street. If approved, the City will provide in-kind contributions of \$105, 375 toward the project, as well as building permit and plan check fees in the amount of \$9,857.

Council will also consider Resolution 2015-04, authorizing the filing of an application for \$600,000 in Community Development Block Grant Funds from DOLA to expand Midwestern Colorado Mental Health Center's outpatient clinic, remodel its reception and waiting room areas and add parking spaces to its headquarters at 605 East Miami Street.

Also on the council agenda are transfer

of the Hotel and Restaurant Liquor License with optional premises from the City of Montrose dba as Black Canyon Golf Course to Horsefly Brewing Company dba Brews and Bogeys Club for consumption on premises, and approval of Cobble Creek Subdivision Phase 2 Filing No. 6 Final Plat.

The Consent agenda for Jan. 20 includes approval of the minutes from the Jan. 6 Council meeting; consideration of a solesource waiver for the purchase of two replacement Ultra Tech Systems, Inc. Ultraviolet Disinfections Modules for use at the Municipal Wastewater Treatment Plant (cost \$72,565); consideration of a list of City-owned property for disposal at auction; and consideration of a Memorandum of Understanding between the Colorado Department of Local Affairs, the City of Montrose and the Montrose Downtown Development Authority (DDA) for participation in DOLA's Main Street Program between Jan. 1 and Dec. 31, 2015. Council



Sharing Ministries Food Bank.

will hear a report from the City's Youth Council as well. Click here to read the City's Jan. 19 work session agenda, which includes a list of subjects that council will be considering in coming months and a complete packet of supporting information including minutes from the most recent meeting of the Downtown Development Authority (DDA).



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1987 MONTROSE MURAL PAINTING MEMORIES STILL "WET-TO-THE-TOUCH"

By Slade Hubley, 2015

DOWNTOWN MONTROSE-It was the spring of 1987--sounds like the opening line to a Top 20 hit song-and I had just moved to Montrose from Aspen eight months earlier to start a new job. My girlfriend, Debi Jacque, had moved here with me and she was just finishing a year of teaching art in the elementary schools; she was also wondering what she would do to keep herself occupied during the summer months ahead.

I told her I had an idea, and I suggested that she undertake to paint a mural on the wall of the building on the southwest corner of Main Street and Townsend Avenue. That wall had been exposed due to a fire which destroyed the building that used to sit right on the corner, and I thought it would be a great spot for a mural. Debi was an artist, dancer and teacher, and I knew she had some experience painting an indoor mural at the school she had taught at in Iowa. She liked the idea!

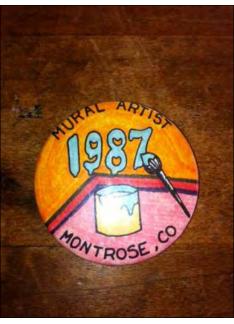
The first thing I did was call Dixie Aufderheide; she was the director of the Downtown Merchants' Association at that time. I pitched her the idea and she liked it; she even agreed to pay Debi \$500. However, Dixie and the merchants wanted the mural to be painted on the back of the buildings along the alley behind the post office; Debi said "No Problem," and it was game on!

Walt Burke of Park Avenue True Value donated the paint and the brushes; some scaffolding was donated (I don't really know by whom). Then Debi put the word out requesting students to volunteer with what turned out to be a fairly massive project. Also, Debi did some research, and decided that a significant portion of the

"murals" should be in the nature of architectural embellishment, ie: painting railings, windows, shutters, awnings and balconies on the buildings where none of these features really existed.

The response from the community was slow at first, and then startling. A trickle of kids came at first, and then it became a moderate flow of kids and then a handful of adults. The summer of 1987 was a hot one, and it was especially hot in that alley with the sun reflecting off those southfacing walls. Many of the store owners/ employees would bring out ice-cold drinks and snacks for the mural artists. The artists would usually break at around Noon and return at 4 or 5 p.m. in order to avoid painting in the hottest part of the day... siesta time! Many parents dropped their kids there for hours because they knew it was safe, creative and it gave the parents a much-needed break. Debi (and me, sometimes) would pick kids up and/or take them home, and that became part of the mural painting experience too.

When it came time for the Fourth of July Parade, Dixie (Norm?) Aufderheide decorated her old International pickup truck and many of the mural artists piled in and became one of the parade "floats." Some folks took ownership of a particular portion of the murals, e.g. Debbie Ferris did the Stockmen's, Debi Jacque did the Main Street Photography mural (and more), Lynn Wamsley took the Mountain Valley Bookstore, Missy Rogers did West Music and I worked on the "park scene" near the West end of the alley. Lenore Grenci (of Galiso, Inc.) would bring her junior partner (Partners Mentoring) to the murals and paint with her; a very sweet and endearing sight. Some of the kids who painted...



"I still have mine!" A pin awarded by Mural Project Coordinator Debi Jacque in 1987. Courtesy photo.

Jennifer Dooley, Julie Ybarra, Colleen Burke, Grant Cashen, some of the Topliss children...and too many more for my memory.

At the end of the summer, Debi had pins made for everyone that said, "Mural Artist 1987;" I still have mine...somewhere.

The following year, 1988, murals were painted in the alley on the north side of Main Street under the supervision of Cheri Isgreen...but that's another story. Many of the 1987 murals have now been erased with a coat of new paint. But the memories of that summer of joyful community painting almost 28 years ago are still wet-to-the -touch.

TIME BANK OF THE ROCKIES ORIENTATION

Special to the Mirror

MONTROSE-If you want to join the local time bank or just want to learn more about what time banking is, come join us on the third Tuesday each month for a TimeBank Presentation/Orientation and Potluck.

How the Time Bank Works: One hour you spend providing support to another member earns you a time credit to be used to receive a service from another Time Bank member, not necessarily the same

person you provided assistance. Although some skills are generally perceived as having a higher value than others, Time Banks recognize that everyone is equal no matter what job they perform. The goal is build healthier communities based on mutual respect for everyone's efforts, talents and skills. Check

out <u>www.timebankoftherockies.com</u>. Join us Tuesday, Jan. 20th, Feb. 17th, Mar. 17th or Apr. 21st, at Region 10, 300 N Cas-

cade Ave. Enter from the main door on Cascade Ave. Presentation/Orientation - 3:30 - 5:30 pm - If you can, bring your laptop if you are planning on joining. Following the Presentation and Orientation stay and join us in a potluck and meet other time bankers. Potluck 5:30 pm, Please bring your table service. For more information and to register, call Cynthia at 970-209-6886 or Amy at 970-249-2636, or register online at www.region10.net.



SPECIAL USE APPLICATION FOR GRAVEL PIT from pg. 1

Montrose County Planning and Development Director Steve White acknowledged that a special use application has been received, but emphasized that the application is a still in draft form, and has just been sent out for review by utilities and applicable agencies such as the County engineer, Colorado Department of Transportation (CDOT), Uncompahgre Valley Water Users Association (UVWUA) and the Bureau of Land Management (BLM).

"The process will be similar to last time," White said. "They can't just blow through-they have to work with staff and the commissioners. The information may change; once the review is complete it goes to the state, and then they're ready to go to the public."

Staff will then review the contents of the application and make it available to the public within 45 to 60 days, White said, noting that there will be plenty of time for people to review and respond to the application, and to comment 20 to 30 days before the application is sent to the county planning commission.

"The first person they have to satisfy is me, and if I approve, it will go before the planning commission," White said. "There are very restrictive conditions, which is why we go through the process."

Carolyn Kleithermes worries that if ap-

proved, the gravel pit will cost residents of her neighborhood access to Hwy 550.

"We hear they may leave out the concrete and asphalt plants this time," Kleithermes said. "But this is along 550, and people live on each side of the mesa--the pit will be right on top. They want to close the road to our subdivision!"

After 10 years, Kleithermes noted that she and her husband are newcomers compared to many in the subdivisions adjacent to the proposed gravel pit.

"We aren't living in the cattle baron age, where we fight over barbed wire fences," she said. "And just about all of us have been here longer than the Juttens have owned that parcel of land, which they bought for this purpose. Once these things are approved, nobody regulates them and there is no reclamation. EPA standards are 'self-monitored.' Trucks will be going up and down the mesa all day, and across the valley floor--which is critical mule deer territory. We have the new Mormon Church right here, and the beautifully restored Uncompahgre School.

"They are going to use ag water for industrial purposes," she continued, "and they will be parking all of their big trucks right cross the street, and putting in a sales office.

"They are putting an industrial park on



Above, an existing United Companies Gravel operation near Hwy 550. A special use permit for another gravel pit south of town is now under consideration, and neighbors have expressed concern. Information will be released to the public in 45-60 days.

the scenic byway," Kleithermes said. However, the application is still in the early stages, White cautioned, and there is time for neighbors to register their concerns.

"We will work with and respond to the neighbors," White said. "I know there are concerns about dust and noise pollution. As we move forward, more information will be made available, and we want to make sure to keep the process clean and right, with no misinformation."



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Tuesday, May 12th
Tuesday, June 9th
NO July class
Tuesday, August 11th
Tuesday, September 8th
Tuesday, October 13th
Tuesday, November 10th
NO December class

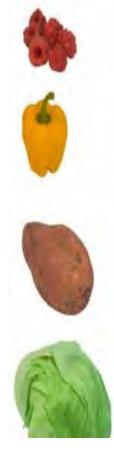
Steps to Follow

- Preregister by calling 252-5043 or 252-5067.
- 2. Bring \$10 payment per person to the class, either check or cash.

Class Location and Time

In Friendship Hall kitchen - Montrose County Fairgrounds 2:00 p.m. until 4:30 p.m.

Those completing the class will receive a wallet size class participation certificate.





REGIONAL NEWS BRIEFS

CANYON CREEK LAFF INN AT THE BRIDGES FEB 7TH!





Special to the Mirror MONTROSE-Canyon Creek's Laff Inn is excited to be at The Bridges on Feb 7th. The show starts at 7 p.m., ages 21+, admission is \$15. The restaurant opens downstairs at 5 p.m. or you can join us for the show, appetizers, and drinks upstairs. Featured comedians are Jimmy Della Valle and Chad Shapiro.



HABITAT TO DEDICATE 45TH HOME JAN. 20

Special to the Mirror
MONTROSE--Habitat for Humanity of the
San Juans will hold its 45th home dedication on Tuesday, Jan. 20 at 119 Bluegrass
Court at 9 am. The home dedication is
free and open to the public. For the last
year, the Ryser/Kasamis family of five has
donated 500 hours in sweat equity toward
the purchase of their home. Although
Habitat homes are subsidized based on
household income, homeowners must pay

a monthly, interest-free, 30-year mortgage.

Executive Director, Colleen Burke said that homeowners must meet minimum and maximum requirements in order to qualify and eventually close on their home. In addition to the sweat equity hours that each family must contribute prior to closing on their home, there are income requirements as well. Families in Montrose County must have a household income between 30 -60 percent of the County's median household income. Crowd funding for each Habitat family's home under construction takes

place live at the H4HSJ website www.buildinglives.org. There are two other families whose homes are being completed and donors can go directly to the site, read the family's stories and give there. Habitat for Humanity of the San Juans opens the home application process each year in December – January. The last open enrollment closed on Jan. 7, 2015. For more information about the home application process, go to

www.buildinglives.org/apply.



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MONTROSE COUNTY NEWS AND INFORMATION

AMERICAN LEGION DONATES TO SHERIFF'S POSSE

Special to the Mirror

MONTROSE.--The local American Legion recognized a need in the community and dedicated \$1,000 of their bingo proceeds to the Montrose County Sheriff's Posse

This donation officially marked the start of the posse's annual fundraising campaign.

"Giving back to our community is a priority of the American Legion Post 73," said Commander Randy Leonard.

"We are proud to be able to help support the Montrose County Sheriff's Posse and the wonderful work they do as volunteers for our local community."

Posse member and Olathe business owner Paul Gottlieb expressed his support for the American Legion as he said, "The American Legion is comprised of influential community leaders and citizens whose support solidifies the importance of the

posse. The Montrose County Sheriff's Posse is grateful to the local American Legion for starting off our funding drive with a generous donation."

Letters asking for funding support were sent out this week as part of the posse's annual fundraising campaign.

The attached photo features (L

to R) posse member Mark Rackay, American Legion Commander Randy Leonard, posse President Dave Hibl, and posse

MONTROSE COUNTY SHENI

JAMES DOUGLAS MCQUEEN

RESCUE FACILITY

member Paul Gottlieb. For more information on the Montrose County Sheriff's Posse, please visit: http://www.mcspi.org/.

BUILDING PERMITS CONTINUE TO CLIMB FOLLOWING LULL IN 2011

Special to the Mirror

MONTROSE- Montrose County Planning and Development Department rang in the New Year with a five-year high on the total number of building permits issued in 2014. This high marks an upward trend since the downward turn in the local economy in 2010.

"We are seeing continued progress in permits," said Planning and Development Director Steve White. "There has been a large increase in the number of single family home permits, which is not only a positive indicator of economic growth but also means that several local contractors have work in Montrose County." In 2014, the

number of single family residence permits totaled 47—a growth of nine homes over 2013. Additionally, the Planning and Development Department already received two single family home permits for the month of January thus far.

"This is a good thing for Montrose County," said Commissioner Glen Davis. "One of my chief concerns as commissioner, as well as the number one priority of the citizen-driven strategic plan, is rebuilding our local economy and creating local jobs. The upswing in building permits is a positive sign for the construction industry."

In 2014, a total of 220 building permits were issued compared to the five-year low

in 2011 of only 158 permits. More importantly, along with the increase in permits, the valuations of these additions or new constructions totaled \$13,320,633.74—nearly \$2.3 million over 2013 statistics.

The Montrose Board of County Commissioners (BOCC) is also directly involved in this increase. For the past four years, the BOCC voted to waive impact fees in order to encourage residents to make improvements and start new construction. In December, the BOCC agreed to continue that trend for 2015. Please navigate here to view that 2013 versus 2014 comparison and here for the five-year trend.

2015 NUCLA RESOLUTION 5K RUN/WALK FEB. 8

Special to the Mirror

NUCLA-Montrose West Recreation is proud to sponsor the fifth annual Nucla Resolution5K Run/Walk. The event will, once again, benefit the West End's animal rescue shelter, Hoof & Paw! Totally volunteer driven, Hoof & Paw has been fostering lost and homeless animals while providing adoption, immunization, spay and neutering services at no or low cost. Race participants are encouraged to bring their leashed dogs along for this fun annual

event

This year's race is Sunday, Feb. 8th, beginning from the Nucla Fire House at 2 p.m.

The 5K (3.1 miles) course will loop around Nucla streets with moderate elevation gain. The competitive race will offer first, second and third place ribbons in the men's and women's running and walking categories. This year there will be a prize for the first leashed canine to cross the finish line. The \$25 registration fee pro-

vides participants with a race bib, postrace refreshments and a commemorative soft ball cap and water bottle! Participants are encouraged to pre-register although registration is available on race

Doggy snacks will also be offered. The race will be held rain, snow or shine. Please remember to dress accordingly.

To register or volunteer, call Paul at 970 428-2276 or e-mail us at <u>nuclaresolution-race@gmail.com</u>.



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IS MAIN IN MOTION A NO-SHOW FOR 2015? From pg 1







Above, scenes from Main in Motion over the years. The popular Thursday evening summertime event may not take place this year without more help, organizers say. Mirror file photos.

Former MAMA Director Juli Messenger, who served on the Main in Motion board for nearly a decade, said that she is saddened to learn that it will not continue.

"I believe in Main in Motion," Messenger said. "We put blood, sweat and tears into it --starting in December and finishing at the end of October every year. "We could see early on that we were burning out our volunteers, so MAMA stepped in to help."

It was MAMA that established Main in Motion as a Montrose Community Foundation component fund in 2003.

"I am saddened to learn that this beloved community event will not continue in 2015," Messenger said.

Downtown business owner Kendra Gallegos Morrow of Canyon Creek Bed & Breakfast, who served on the Main in Motion board for many years, said that she is not surprised.

"I was passionate about Main in Motion," she said. "It was an event that so many local people strove to put on--but it takes a really great planning team. We had amazing volunteers and business owners, and we fought so hard to get six blocks closed. It was a great event for families, kids and tourists, and we had amazing volunteers--but you have to have that team who wants it as bad as you do.

"We were fortunate to have business owners working with us who were not focused on their own growth, but on growing the event," Morrow said.

"I personally wrote thank you letters to our sponsors three times a year, and in 2011 we did a yearbook that was just AWESOME--I still have copies here at the Bed and Breakfast for anyone interested.

"It was a great event, and I am just proud to have been a part of it."

Professional musician Yvonne Meek, who volunteered as vendor coordinator, secretary and vice chair for Main in Motion over the years, said that she believes the street fair should continue. Now that she owns the Masonic Building Downtown and intends to open a venue there this spring, Meek also serves on the board of the Downtown Development Authority (DDA). "I don't want to sound nostalgic," Meek said, "but I would like to see it returned to its original intent. I want to see the vibrancy in our Downtown during the summer months that you see in Grand Junction--which I think started their Thursday Farmers Market events after Main in Motion was well established.

"All summer long Grand Junction has tons of vendors, crowds of people, music on every corner, and the farmers market on Thursday evenings," she said. "When I that the worked with Main in Motion, we had more than 100 vendors on any given week. I was hoping that when we were able to close the plate."

street (after the City of Montrose and the Colorado Department of Transportation conducted the San Juan Bypass swap in 2010), the event would evolve the way Grand Junction's has--but it never got a chance."

Meek said that she still intends to host a local musicians' night at her venue, the Lark and Sparrow Nightclub in the Montrose Masonic Building, throughout the summer, though she had hoped to do so in conjunction with Main in Motion.

"I was hoping the community would realize how important it is," she said. "There is so much history here; I am disappointed in what it became, and that they are giving up."

However, Greg Fishering, a former MA-MA board president who currently serves on the Tourism Retail Advisory Committee (TRAC) said, "It's not going to go away. Main in Motion is too big a dealthe City Council even changed its meeting nights from Thursday to support this event! I know that some Main Street merchants do not like Main in Motion, but it is an event for the whole community, and everybody looks forward to it.

"The problem with great events here is that the people doing them get burned out," he said. "Hopefully this will be a wakeup call, and folks will step up the plate."

SIXTH ANNUAL MONTROSE & OLATHE SCHOOL DISTRICT SPELLING BEE



Special to the Mirror
MONTROSE-The 6th Annual Montrose & Olathe School District Spelling Bee will be held at Centennial Middle School-Auxiliary Gym (1100 S. 5th Street) on Wednesday, February 4, 2015. Seven schools (Centennial Middle, Olathe Middle, Columbine Middle, Pomona Elementary, Oak Grove Elementary, Johnson Elementary, and Olathe Elementary) in the

District will send their top three spelling finalists to represent their school.

Pictured are the three finalists from Johnson Elementary School that will be competing in the District competition on 4th of February. Parents, students and community members are invited to the February 4th event. (Pictured L to R: : 1st Place – Cullen O'Neil, 2nd Place – Emmalee Machart, 3rd Place – Luke Mott).

CITY BEAT--THE MONTROSE DOWNTOWN DEVELOPMENT AUTHORITY (DDA)!



The DDA office is located just off Centennial Plaza Downtown. Photo by Sandra Tyler.

By Sandra Tyler City Beat Reporter MONTROSE-Want to know more about the Montrose Downtown Development Authority? Here's what I found out: **The Vision:** Montrose Downtown is an attractive, vibrant place where people converge, businesses thrive and values rise. **The Mission:** Create and implement a long-range plan to establish Downtown Montrose as a strong business, social, and cultural center for the success of downtown business and property owners through a combination of business development, physical improvements, events and promotion, and serve as a unified voice for downtown.

The Goals:

Economic restructuring--Support the growth and development of downtown businesses and assist local entrepreneurs. Promotions--Establish downtown as the social and cultural center of the Uncompander Valley.

Design--Create great community spaces, facilities and infrastructure and maintain a safe, inviting atmosphere for downtown visitors.

Organization--Build an effective, responsive, and sustainable organization that will coordinate efforts and advocate for the needs of downtown stakeholders for the

betterment of downtown.

Formed: April, 2012 after the April 6, 2010 vote to create the Montrose DDA with a 60+ percent approval. Current director: Lance Michaels, since Nov. 2014

Past Directors: Wade Nichols late Nov., 2013-July, 2013, returned to North Carolina and now Consultant at Downtown & Tourism Development in Greensboro/Winston-Salem; Scott Shine, July-August, 2013, now Planner III at City of Durango Community Development.

Parameters: The DDA is a legal entity that may purchase and redevelop property, enact capital improvements, and administrate other programs for economic development within the Plan of Development that has been approved by the governing body of the municipality.

This Plan of Development includes suggestions on the design and development of public facilities including but not limited to "streets, parks, plazas, parking facilities, playgrounds, pedestrian malls, rights-of-way, structures, waterways, bridges, lakes, ponds, canals, utility lines or pipes and buildings." Subsequent documents, in conformance with the guidance of this Plan of Development, may develop more specific design and construction plans for these facilities.

State statutes also explain that a DDA, through its Plan of Development, may provide for the use of property and sales tax increment financing (TIF).

Before bonds payable from the tax increment revenues may be issued, the question of issuing the bonds and pledging the tax increment revenues must be approved by the electors of the authority.

Board (appointed by the City Council): *Current Members* (7): Judy Ann Files, Interim Chair, City Council Liaison between two governing bodies Adam Duncan, Vice Chair, Business Owner/Lessee, Kirk Hartman, Treasurer, Sharon Fipps, Transportation Executive Director, Business/Property Owners: Chris Adams, Ray Blanchard, and Yvonne Meek.

The DDA board adopts and promotes the rules governing its procedure, including the election of officers. Board members also oversee the business operations of the DDA, participate in creating and implementing long-range plans designed to carry out the purposes of the authority,

and promote economic growth within the DDA boundaries.

Studies and planning documents: A lot of effort went into understanding downtown and identifying opportunities for moving forward. Studies and planning documents were completed and these documents led to the formation of the Montrose DDA. Some of these studies are available on the website: www.montrosedowntown.com. For more history on the background of the DDA visit the community web portal., DDA organizational structure: The Montrose Downtown Plan of Development envisions the establishment of three Action Committees to guide DDA investment and monitor progress in the Plan's four key focus areas of Economic Restructuring, Promotions, Design, and Organization. One DDA Board member will serve on each Committee along with three to five members of the community. The fourth key focus area, Organization, will primarily be the responsibility of the DDA Board of Directors. Representatives from community groups that are also working in downtown and/or in local economic development will form an Advisory Committee to offer suggestions and ensure regular communication. The DDA is very excited to welcome interested downtown stakeholders to help shape future downtown activities and investment.

Boundaries

Generally the DDA boundary includes the properties within a half-block north or south of Main Street from the Uncompahgre River on the west to San Juan Avenue on the East.

Near the center, the boundary includes properties further north and south of Main Street that have been zoned commercially and have traditionally been a part of the central business district.

Contact info: Meets the first and 3rd Mondays at 4:30 pm in the Centennial Meeting Room at 433 S. 1st St. Mailing address is P. O. Box 1165, Montrose, CO., 81402-1165. E-mail contact is Info@montrosedowntown.com. Check their website for the Montrose Downtown Development Authority Bylaws and the Colorado Revised Statutes 31-25-8: Downtown Development Authorities. Information obtained from DDA website, City of Montrose website, and Montrose Downtown website.

Sandra is a retired registered dietitian who lived in Flagstaff, AZ. and worked at Northern Arizona Medical Center for 25 years, serving first as the Director of Food Services and then the Director of Clinical Nutrition Services. Now living in Montrose, she has volunteered for several organizations, such as Coalition for a Drug Free Montrose County, VOA, Welcome Home Montrose, Warrior Resource, and Altrusa.

TRANSATLANTIC SECURITY IN THE 21ST CENTURY: NOT YOUR FATHER'S NATO



Bruce Bach. Courtesy image.

Special to the Mirror GRAND JUNCTION
-In the wake of the terrorist attack on Charlie Hebdo in Paris, NATO Secretary General Jens Stoltenberg said that NATO is "in full solidarity with our Ally France. All NATO Allies stand together in the fight against terrorism. Terrorism

in all its forms and manifestations can never be tolerated or justified."

Stoltenberg would likely agree that much in the world has changed since the inception of NATO in 1949, following World War II, and since the end of the Cold War 25 years ago.

RAND Corporation analyst Bruce Bach, a retired U.S. Army colonel, will examine the last quarter-century of the alliance in a presentation entitled, "Transatlantic Security in the 21st Century: Not your Father's NATO."

His speech will be at 7 p.m. Tuesday,

Special to the Mirror Feb. 3, at the Carolyn D. Love Recital GRAND JUNCTION Hall, Moss Performing Arts Center, Colorado Mesa University. The event is free and open to the public.

"In taking the 'peace dividend' in the 90's, NATO allies drastically reduced defense spending.

This contributed to their weakened state today where the Alliance has gotten a wake-up call as to potential dangers as demonstrated by Russia's unchallenged annexation of Crimea," Bach said.

"For several years, many of NATO's newest allies who were former members of the Warsaw Pact, warned the 'old school' allies that Russia was not to be trusted and needed to be dealt with from a position of strength," Bach added.

"The 'I told you so' aspect of their advice is now finally vindicated with the daily press reporting from Ukraine and other aggressive Russian behavior."

Along with a short history of the last 25 years of NATO, Bach plans to cover the latest challenges to both European and U.S. security by looking at Afghanistan, Ukraine and an increasingly aggressive Russia. Bach is Office of the Secretary of

Defense coordinator for defense institution building efforts in Georgia. He served for 27 years in the United States Army, retiring as a colonel. Also, Bach served for over 12 years as a member of the NATO International Staff, Defense Policy and Planning Division, Force Planning Directorate. He was responsible for analysis and evaluation of defense and security capabilities, and the assessment of force plans of 14 NATO countries.

He holds a B.A. in History from The Citadel, Charleston, South Carolina and a M.A. in International Relations from Florida State University. He is a graduate of the Armed Forces Staff College, the French Army Staff College, and the NATO Defense College. He is fluent in French.

Bach also lectured at the National Defense University, Washington D.C., the NATO Defense College, Rome, Italy, civilian universities in the United States and the College of Europe in Bruges, Belgium. Bach's presentation is cosponsored by The Department of Social and Behavioral Sciences at Colorado Mesa University at Colorado Mesa University and the World Affairs Council of Western Colorado.



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REGIONAL NEWS BRIEFS

HOMESTEAD HOLDS A WINTER WONDERLAND PARTY!







Special to the Mirror
MONTROSE-On Friday, Jan 8, Volunteers of America's Homestead at Montrose held a winter wonderland party. They had fun, ate cupcakes, won prizes and enjoyed a performance by the Montrose High School Bel-canto Choir. Courtesy photos.

CHIPETA CHAPTER OF COLORADO ARCHAEOLOGY SOCIETY PRESENTS "PLUNDER OF THE ANCIENTS" AUTHOR LUCINDA SCHROEDER

Special to the Mirror

MONTROSE-The Chipeta Chapter of Colorado Archaeology Society presents Author Lucinda Schroeder speaking about Plundered Cultural Resources and her detective career in bringing outlaws to justice on Jan. 21 at 7 p.m. at the Montrose United Methodist Church, Park Ave and South 1st, Montrose. The presentation is open to the public.

With badge and gun in hand, Schroeder was not initially welcomed into the maledominated cadre of law enforcement officers that had filled the agency since its inception in 1940. However, she persevered and went on to prove herself as an able wildlife criminal investigator as well as a

fine sharpshooter.

Schroeder received numerous awards for her case work and was recognized as one the U.S. Fish and Wildlife Service's "Top Ten Employees" in 1993. After a long and productive career, she retired in 2004. As part of her work she stopped eagle poachers who used traps, bullets and poisons to kill these birds for their feathers. She arrested people who smuggled ivory, rhino horns, parrots, and rare reptiles from countries all around the world. Big game poachers became her trophies in federal court. Her cases stopped the illegal use of endangered species body parts in Chinese medicinals in New York and San Francisco. Her writing career began in 2004 with

her first book, A Hunt for Justice-The True Story of a Woman Wildlife Undercover Agent. In her second book, Plunder of the Ancients, -A True Story of Betray-

al, Redemption and an Undercover Quest to Recover Native American Sacred Artifacts, Lucinda goes undercover again to infiltrate a criminal enterprise out to exploit Native American cultural patrimony for money. Lucinda travels a dangerous road to get to the perpetrators and almost lost. According to the Smithsonian's National Museum of the American Indian, this is a story that must be told!



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WEST CENTRAL WOMEN OF INFLUENCE...COLLEEN BURKE



Colleen Burke. Courtesy photo.

Interview by Gail Marvel
MONTROSE-Executive Director of Habitat for Humanity of the San Juans, Colleen
Burke was recently appointed by the State
organization of Habitat to the Legislative
Committee for Affordable Housing. A
Rotarian since college, Colleen also serves
as treasurer for the Montrose Economic
Development Corporation (MEDC).

A 1989 graduate of Montrose High School, Colleen returned to Montrose in 2012 after a 20 year absence. Although many people in town know Colleen, they don't know her as an adult. "It was time to come back and I feel like I'm home. I love my job. Habitat is a perfect fit for me."

The youngest of eight children, Colleen went from enjoying junior high to hating high school. "I felt stupid in high school and hated every minute of it. I had no self-confidence and I attended school for my parents [sake] more than for myself." In retrospect she said, "I wasn't stupid, I was just in the wrong environment. I was confined and restricted. I didn't fit anywhere." Interestingly, when she started college she was immediately on the dean's list.

Colleen credits her leadership skills to her parents. "They gave us an incredible work ethic with no sense of entitlement. They didn't necessarily tell me I was a leader." She laughed, "But we all have this genetic family thread running through us — we like to be in charge!"

A position in the wine industry gave Colleen her first opportunity to spread her wings and flourish as an individual. "I was given the latitude to create a program and it was my opportunity to fly. I had the freedom to explore what is possible — and that's scary for some supervisors." Colleen's career path includes technical writing for IBM, economic development (specializing in outdoor product companies) for then Utah's Governor Huntsman, and Park City, Utah Chamber of Commerce member services.

Colleen discovered that rather than focusing on the day to day muck, it's important to focus on the metrics of where you are, and where you are going. "I learned the metrics is essential to your career and your self-confidence. It's a good measure for

reaching your goals."

A collector of aphorisms, Colleen has a rolodex full of what she calls Walt-isms, named after her dad, Walt. One of her frequently used Walt-ism is, "Everyone has a plan until they get punched in the face (quote from Joe Louis).

"It really is about how you react to situations that sets you apart."

As for her style of leadership, Colleen is one who empowers others. "I want to give them the latitude that I was given. To give them tools, guidance, and support and then see what happens." However, there are strings attached to Colleen's latitude. "People need to be responsible for their own consequences, whether success or failure. Failure is how you learn and I like to create a culture where it is safe to fail. I encourage people to take risks."

Gender equality is a big issue for Colleen and when she was hired as the first female ski lift operator at Purgatory in Durango she woke up in a man's world. She laughed, "I had a chip on my shoulder and had to prove that I could do anything a man could do."

Colleen's advice to women leaders: "First, figure out which side of integrity you are on. If you can keep a secret and be trusted with information that can't be shared, that's huge. Second, seek out a trusted mentor. Women need to talk things out and verbalize their thoughts. Find women that are exceptional and experienced and they will be honored to be a mentor."

Valerie Meyers' Weekly Monday



REAL ESTATE MARKET REPORT

from the Road

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MONTROSE CHAMBER OF COMMERCE

Experiencing the (local) Church

WRITER GAIL MARVEL VISITS CELEBRATION CHURCH



By Gail Marvel

MONTROSE--My visit to Celebration Church took place on Oct. 5, 2014. The greeter gave me a bulletin and I spoke with one acquaintance before taking my seat. However, it was Chris Lopez who stepped into hostess mode and said, "I don't think I know you." We exchanged pleasantries, and then again at the end of the service Chris went out of her way to find me and ask, "Is there anyone you'd like me to introduce you to?"

The bulletin gave general information on order of service — worship in song, prayer, children's worship and sermon; however no names or identifications were given for those presiding over the various aspects of the service (announcements, Scripture reading, special music, etc.). This day there were 100 worshippers in attendance.

A piano and drums accompanied the seven member praise team and the song selections were a combination of praise songs and hymns. The voice of the congregation could be heard over music, which gave a sense of unity in praise. A male soloist sang the country classic, "One More Valley," and there was an additional level of depth to the selection as the lyrics appeared on video screens.

Announcements included an upcoming Colorado Mission Offering and the im-

portance of contributing because, "Colorado is one of the largest unchurched states in the nation." A benefactor of such offerings, Celebration Church itself is a mission-planted congregation. The presenter ask for a show of hands of how many people were looking forward to "Singpiration," and then a laugh rippled through the audience when he said, "Well, we're not having it." A scheduling conflict cancelled plans for the first ever event of food, fellowship, special music and singing favorite songs. Prior to the sermon the children were dismissed and given the option of going to Children's Church, or going to Valley Manor to sing for the nursing home residents.

The full text of Luke 21:20-33 was the basis for Pastor Chip Martin's sermon, "The Day the World Will Faint with Fear." The crux of the message dealt with the signs of the end times — war, disasters, persecution of Christians, worldwide Gospel proclamation, the appearing of the anti-Christ, and tribulation. Using an expository style of preaching, the pastor went through the text point by point adding supporting passages of Scripture from Revelation and Thessalonians.

The message also included what Pastor Martin referred to as "secondary particular points," those areas which cause disagreement and division within the body of Christ. Different denominational issues and points that are, "...not worth breaking fellowship over." The pastor feels that rather than focusing on disagreements, believers should focus on the areas where different denominations have agreement about the Lord's return — the sudden and visible return of Christ; eagerly looking forward to His return; no one knows when He will return; and the final outcome of His return. The pastor ask the congregation to sing with him a cappella the chorus to, "What a Day That Will Be." The urgency of the message concluded with the question, "Are you prepared for that day?"

I was a little lost during closing prayer when Pastor Martin ask us to bow and then proceeded with a smorgasbord of prayer items including thanksgiving, elements of the sermon, salvation, calling for decisions [for accepting Christ], instructions on who to talk to about decisions and motivation. I had to laugh at myself because twice I opened my eyes just to look around to see if I'd missed the "amen." I didn't know if the rest of the worshippers still had heads bowed, or if they'd moved on without me. Contact Information:

Celebration Church Penn Center Mall 2305 S. Townsend Montrose, CO 81401 970-964-4275

Speaking to the disciples of John the Baptist, Jesus said, "Go back and report to John what you hear and see ..." (Matt 11:4 NIV).

To our readers: Though Montrose writer Gail Marvel does belong to a local church, she is interested in the other houses of worship here in town as well. With this column, Gail will share her experiences as she visits local churches and congregations to learn more about them. Gail wrote a church newsletter for years, and has published her work in a number of Christian publica-



On Tuesday, November 18, 2014, over 70 citizens of Delta and Montrose counties and members of our co-op filled the DMEA Board meeting room to express the urgent need for affordable and reliable high-speed internet service to our homes and businesses, and to ask DMEA to take immediate action.

Delta County Economic Development, Inc. (DCED) Board President, **Brad Harding**, a fifth-generation member of a coal-mining family, opened the presentation by stating that the populations of both Delta and Montrose counties are declining as working-age families leave the area. Brad, who is also President of First Colorado National Bank, told DMEA that high-speed internet will help reverse these trends, helping our populations and schools to grow by attracting younger people who will bring jobs and children to this area.

Among those who spoke was long-time Delta County **Sheriff Fred McKee**, who said that modern law enforcement needs modern communications to address public safety issues.

Jason Cleckler, Delta County Memorial Hospital Administrator, said that doctors and health care professionals are handicapped by the current extremely slow internet speeds, and that health care professionals could see as much as twice as many patients if they had access to high-speed broadband service.

Modene Gaulke of the Montrose Association of Realtors, stated that realtors lose sales every day when potential buyers hear about the area's poor internet service. New businesses especially shy away from Delta and Montrose counties because they lack this basic utility.

Anthony Cooper of Delta County School District said ""Our family homes, schools and small business are struggling to receive proper internet speed. Families and businesses who want to move here... will not.... due to the lack of high speed internet. In a 21st century education system and economy, internet access is not a luxury. It is essential to building a new local economy."

City of Montrose Mayor, **Bob Nicholson**, said that both counties suffer because they are not on a major highway. But, he continued, "we don't have to be anywhere other than on the best highway for information. It's silly not to just step forward and get that done," he told DMEA.

City of Delta Mayor **Ed Sisson** told DMEA: "Delta is behind you all the way. We'll work as a partner to try to figure out how to get high speed internet service to the area."

Paonia Mayor, **Neal Schwieterman**, wrapped up the meeting by stating that he had never before seen such a united outpouring of support for an issue.

The meeting was organized by Delta County Economic Development, Inc., a non-profit organization dedicated to improving not only Delta County, but all of West-Central Colorado.

Remember WE are DMEA – it is OUR co-op. Last century, co-ops were formed to provide electricity – a vital utility for rural communities, just as affordable and reliable high-speed broadband internet is now vital if our counties are to thrive.



WHAT YOU CAN DO TO SUPPORT



- Contact the staff and board of DMEA (POB 809, Montrose, CO 81401 or www.dmea.com).
- Write letters to the editor of your newspaper; post your views on Facebook and other social media; talk to your friends about our future.
- Make a tax-deductible contribution to Delta County Economic Development, Inc. to support the BROADBAND NOW! Initiative (DCED, PO Box 627, Delta, CO 81416).

COMING SOON TO DMEA READ SERVICE CENTER: HUMANS

Special to the Mirror

REGIONAL-Throughout Montrose and Delta Counties, Delta-Montrose Electric Association (DMEA) has several service locations where members can pay their bills, and receive help but, for the last five years, the only location where members could talk, face-to-face, with a representative, was the DMEA headquarters in Montrose. That's about to change. Under the strategic direction of the DMEA board to offer more personal service to our members, DMEA will, for two days a week, staff the Read Service Center outside of Delta with Member Service Representatives.

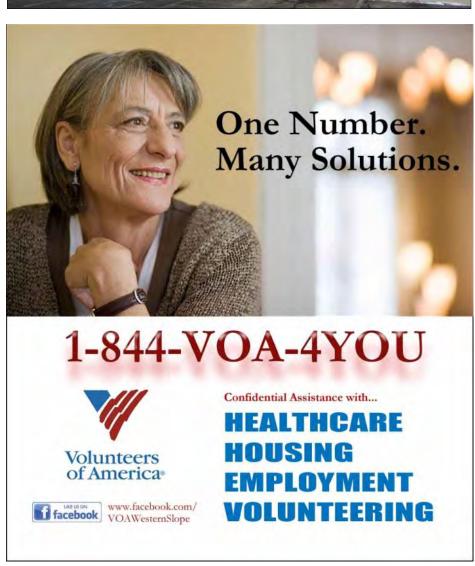
"Back in 2010, the Read Service Center was converted to a fully-automated facility," said Member Services Supervisor, Greg Hobbs. At that time, a pay kiosk was placed in the lobby and a self-serve station was added to allow members to pay their bills, start and stop service or perform any other action they needed to do concerning their electric service. "There was even a video interface where members could reach one of our representatives in Montrose and ask any questions they had," said Hobbs. "It worked, but there was no way it could substitute for a live human in terms of personal service."

The move to staff the Read Service Center will present challenges. The Member Services Department will attempt to rotate its current representatives to the Read location without hiring anyone new. This initiative follows a recent resolution to answer more of DMEA's 700+ phone calls personally-relying less on the computerized answering system. "I think this is going to be a positive change for us," says Member Service Representative, Karen A. "The CSRs [Customer Service Representatives] down there will still be answering phones, but they'll also be getting back to that community in person."

The current plan is to open the Read Center service desk on Mondays and Wednesdays from 9 am to 4 pm. This schedule will allow the service representatives adequate time for travel while putting them in place during the Service Center's highest traffic periods.

"It's going to be a challenge," says Hobbs. "but it will also be good to re-connect with folks in the Delta area. Hopefully, they'll be glad to see us, and we can get back to our 'home town co-op' roots a bit."





6000 ROAD CLOSED BETWEEN BANNER AND AMBER ROADS STARTING JAN. 20

Special to the Mirror

MONTROSE-Montrose County Road and Bridge Department will close 6000 Road between Banner Road and Amber Road starting January 20th, 2015, for culvert replacement. Motorists are asked to use alternate routes. For more information, please call the Montrose County Road and Bridge Department at 970-249-5424.

MMH OFFERS 2015 WELLNESS CALENDARS

Special to the Mirror

MONTROSE-Montrose Memorial Hospital has published a **2015 Wellness Calendar** for our community. The bright, informative calendar has monthly wellness tips and information on services available at Montrose Memorial Hospital. Beginning Monday, January 12, the free calendars will be available at the front Information Desk at MMH Monday-Friday from 8 a.m. – 4 p.m. until they are gone.

MMH HEALTH FAIR SCHEDULED FOR SATURDAY, FEB. 28

Special to the Mirror

MONTROSE--Montrose Memorial Hospital's annual Health Fair will be Saturday, Feb. 28 from 6:30 a.m. to Noon at the Montrose Pavilion. Early Blood Draws, held in conjunction with the Health Fair, will be February 4-7 from 6:30 to 9:30 a.m. at the Montrose Pavilion. Early Blood Draws will also be available on February 2 at the American Legion Hall in Olathe, from 6:30 to 9:30 a.m. and on Jan. 31 in Ridgway, at the 4-H Events Center from 7-10 a.m.

Appointments for ALL three locations must be made for the Early Blood Draws. Appointments can be made at www.MontroseHospital.com January 18-28th or by calling 1-888-592-6255 Jan. 19 and 20 between 8 a.m. and 4 pm. Appointments are not necessary on the day of the Health Fair.

The following blood tests will be offered at the Early Blood Draws and the Health Fair. The total chemistry profile evaluates kidney function, electrolytes, triglycerides, HDL and LDL cholesterol levels and over 15 components in the blood. The profile also includes iron, iron binding and TSH (Thyroid Screening). The cost of this test is \$40. The PSA blood test for prostate cancer, offered for men 40 and older, is \$30 and the CBC (complete blood count) blood test, is \$20 and the Hemoglobin A1c, which is an additional screening for diabetes, will cost \$35.00.

We also have the Vitamin D screening for \$40, the Vitamin B-12 screening for \$40 and the Male Testosterone screening for \$45.

HONORABLE MENTION

...To Montrose County manager Ken Norris, for reminding us that the County's strategic plan is "citizen-driven," resulting from focus groups and statistics, and is always open to revision. "It's a grassroots deal," Norris told the Mirror at the County swearing in ceremony on Jan. 13. "We are totally open to ideas, and suggestions on how we can make things better—in fact we really encourage them," Norris said. "We are here to do what our 41,000 citizens want us to do."

...To informed citizens who remember to vote, hold public officials accountable, and expect transparency. Asking questions is the essence of Democracy; leaders who refuse to answer them are engaging in tyranny.

...In memory of Dr. Martin Luther King, Jr. Happy Birthday!

FROM IRRIGATION TO SMALL HYDROPOWER ...\$1.8M HELPS FARMERS TRANSITION

Special to the Mirror

TELLURIDE – The Colorado Department of Agriculture (CDA) has been awarded a \$1.8M grant by the U.S. Department of Agriculture (USDA) which will support development of agricultural hydropower projects in Colorado, helping agricultural producers turn irrigation systems into small hydropower plants.

Developing these new hydro projects won't require building any new dams or water diversions. Rather, agricultural producers will be able to capture existing available water pressure which is currently being wasted and use it to generate energy, saving money that would otherwise be spent paying for electricity to power irrigation systems.

"Water is vital to Colorado's agricultural community; by making small hydropower accessible to our producers, we are helping them become more self-sufficient and protect their bottom line while creating more efficiency in their water usage," said Eric Lane, CDA's Conservation Services Division Director.

The new first-of-its-kind agricultural hydropower program will facilitate the conversion of flood irrigation systems to pressurized irrigation systems with integrated hydropower. The project seeks to convert flood irrigation systems to center pivot systems with integrated hydropower and retrofit existing pressurized irrigation systems to add a hydropower component.

The new CDA hydro program received \$1.8 Million in RCPP funding as part of the first round of funding for USDA's new Regional Conservation Partnership Program (RCPP), with USDA investing more than \$370 million dollars to implement 100 high-impact conservation projects across all 50 states.

Energy costs can represent a significant operational cost for agricultural producers. According to a 2013 analysis commissioned by the Colorado Energy Office, farmers in Colorado have indicated that energy expenses are generally about 7 percent of total operating expenses. In the farming sector, irrigation and its associated electricity costs are one of the largest areas of energy consumption.

Colorado farmers report spending an average of about \$33,000 per year on electricity. Electricity needed to power irrigation pumps typically makes up more than 50% of total farm electricity expenses.

The new CDA hydropower program follows up on an agricultural hydropower assessment completed by the Colorado Department of Agriculture in 2014. The assessment concluded that Colorado has potential for installation of approximately 30 megawatts of new small hydropower utilizing pressurized irrigation pipelines. Staff from the USDA Natural Resource Conservation Service (NRCS) will optimize and incorporate new hydropower assessment tools into a new standard practice in Colorado for development of hydropower using pressurized irrigation. The new CDA Colorado agricultural hydropower program builds upon Colorado's history of leadership in hydropower policy innovation, including the following: Colorado was the first state to sign a Memorandum of Understanding with the Federal Energy Regulatory Commission to expedite small hydro approval. Colorado was the first state to prepare a Small Hydropower Handbook. Colorado modified an existing water infrastructure loan program at the Colorado Water Conservation Board (CWCB) to

for small hydro construction.

In May of 2014, Governor Hickenlooper signed into law HB14-1030, bipartisan legislation developed by Colorado Reps. Diane Mitsch-Bush (D-Steamboat Springs) and Don Coram (R-Montrose) to cut state government red tape for small hydro development.

Colorado's new small hydro program has also been made possible by federal hydro streamlining legislation which was approved in Washington, DC in August of 2013 thanks to Colorado legislators: the Hydropower Regulatory Efficiency Act introduced by Rep. Diana DeGette (D-Denver) and the Bureau of Reclamation Small Conduit Hydropower Development and Rural Jobs Act introduced by Rep. Scott Tipton (R-Cortez) were unanimously approved and signed into law by President Obama in August of 2013. Prior to the 2013 federal hydro reform legislation, federal permitting costs for small agricultural hydropower projects could exceed hydro turbine equipment costs – rendering many projects economically infeasible.

Colorado currently has hundreds of hydro-related jobs, a number that has the potential to grow. The National Hydropower Association has estimated 5.3 jobs created per megawatt of new hydro construction. COSHA estimates approximately 100 MW of potential new hydro development in Colorado, which would mean approximately 500 new jobs created in Colorado, including jobs for developers, engineers and financiers as well as concrete workers, plumbers, carpenters, welders and electricians.

"Colorado's innovation in hydro policy is serving as a model for other states nationwide," concluded COSHA President Kurt Johnson.



make low-interest loan financing available



Caring for people with dementia through Validation communication

What is VALIDATION?

Validation is a way of caring for and communicating with older adults who are often diagnosed as having Alzheimer's-type dementia.

Validation is the foundation of the comprehensive dementia services provided by Volunteers of America. As an Authorized Validation Organization, we offer focused tools and resources that empower caregivers at home as well as those in senior communities. Our passion is to positively impact the quality of life for those with dementia.

Visit www.voavalidation.org for more information on Validation and www.voahealthservices.org for a list of providers in Western Colorado.



REGIONAL NEWS BRIEFS

CDOT LAUNCHES "I-70 MOUNTAIN TRAVEL RADIO

Special to the Mirror

STATEWIDE – Colorado's weather can change in an instant, and so too can the conditions on Colorado's roadways.

CDOT is taking new steps to help skiers navigate I-70 weekend traffic by launching an online radio broadcast this Saturday, just in time for the year's first holiday weekend. Providing the most up-to-date and real-time road and traffic conditions on I-70 between Denver and Vail, "I-70 Mountain Travel Radio" will air every Saturday and Sunday morning and afternoon throughout ski season.

Starting Saturday, Jan. 17, the new **I-70 Mountain Travel Radio** will broadcast every Saturday and Sunday from 6 a.m. to 9 a.m. and 2:30 p.m. to 6 p.m. throughout the winter, coinciding with peak travel

times along I-70. Listeners can tune in to the live broadcasts through either <u>Co-Trip.org</u> or the <u>CDOT Mobile</u> app simply by clicking the "Listen Now" play button. CDOT believes that by providing the best and most accurate information, motorists can better prepare for mountain travel.

Content will include live updates on the rapidly changing I-70 road, weather and traffic conditions, as well as information about winter driving, carpooling, snow plow safety, and tire safety and discounts. In addition, I-70 Mountain Travel Radio will provide information on upcoming events at ski resorts and mountain towns, along with Peak Time Deals – discounts for motorists who choose to stay out of I-70 traffic during the busiest travel times and instead enjoy deals on recreation,

lodging and dining throughout the Mountain Corridor. The I-70 Mountain Travel Radio broadcast complements CDOT's existing resources for traffic and road condition information throughout the state. Motorists can call 511 anywhere in Colorado for periodically updated road conditions, visit CoTrip.org and CDOT Mobile for the best and most accurate road and travel information, or sign up for GovDelivery alerts that offer important travel information. Also, GoI70.com – hosted by the I-70 Coalition – provides weekly I-70 travel forecasts based on historical data and how weather, construction or events may impact the mountain commute. Finally, CDOT provides travel information and frequent updates through their Facebook and Twitter accounts.



ROCKY MOUNTAIN HEALTH PLANS FOUNDATION OFFERS NEW GRANT

Special to the Mirror

GRAND JUNCTION – Rocky Mountain Health Plans Foundation is pleased to announce its continued commitment to healthy communities by providing funding to those in Montrose County through a new grant. The initiative is designed to facilitate the improvement of the health and well-being of a community by funding solutions for identified problems or needs. Funds of up to \$5,000 may be granted for project requests, which can be submitted by both non-profit organizations and individuals. A total amount of \$15,000 will be allocated to those that meet the application requirements.

"We are proud to have the opportunity to fund these projects in communities where there is a gap in health and wellness," said Lisa Fenton Free, Executive Director of Rocky Mountain Health Plans Foundation. "We hope this new grant application process will provide a mechanism for non-profit organizations and individuals looking to better their community through innovative health-centered projects." Grant applications must demonstrate a problem or need in a Montrose County community and provide a solution in which the funds will be applied. Goals of the project, including a designed measurement of success, and the categories of expenditure must be outlined.

Those interested in applying may contact Ms. Fenton Free

at <u>Lisa.FentonFree@rmhp.org</u>. The application deadline is January 30, 2015. **About Rocky Mountain Health Plans**

Foundation

Rocky Mountain Health Plans Foundation (Foundation) was formed by Rocky Mountain Health Plans (RMHP) in 1997 to help provide quality health care to people across the state, including those outside RMHP's Membership. The Foundation's mission is to be a catalyst for innovative health care approaches.

When a health care need or gap is identified, the Foundation brings together collaborative partners to create a new solution. The Foundation currently partners with and supplies funding to a number of charitable causes, including We Can! Mesa County and Baby & Me, Tobacco Free. To learn more about Rocky Mountain Health Plans Foundation, please visit mhp.org.

GET YOUR CHICKS WITH PICKS FIX WITH TWO LIVE AUCTIONS, ADVENTURE SLIDESHOWS! ANNUAL BENEFIT FOR TRI – COUNTY WOMEN'S RESOURCE CENTER

Special to the Mirror

OURAY-Chicks with Picks presents two public auction/slideshow fundraisers for the Tri County Women's Resource Center and The Ouray Ice Park. Live auctions begin at 7 p.m. at the Ouray Community Center, slideshows to follow at 8:30 p.m. \$5 donation at the door. Chicks has been kicking axe for 16 years and has \$197,000 raised to date!

• Monday Jan. 26th
7 PM Ouray Community Center
\$5 donation at the door
Live auctions starts at 7 followed by
slideshow at 8:30 PM with Beth Goralski—In February 2014, Beth Goralski,
Kitty Calhoun, Jay Smith and John Catto
set out to explore fiords choked with untapped ice climbing potential. The mission?

Establish new lines in Northern Iceland. After many mishaps and false starts, they finally came across the small fishing village of Bildudalur in the Western Fjords of Iceland surrounded by Skrimslasetur's teeth.

Here, they established seven new lines, projected several more and identified multiple ice flows awaiting a return visit. Beth first started rock climbing in the mid 1990's and discovered ice climbing as an undergraduate at Colorado State University in the early 2000's. In 2012, after a hiatus from ice climbing to pursue educational and career goals, Beth moved to



Slide shows will feature extreme skier Kim Havell, above, and climber Beth Goraski, right. Courtesy photos.

Ouray. Since then, she has developed and honed her ice/mixed climbing skills, competing in the Ouray Ice Festival and Bozeman UIAA World Cup.

Her love of nature, crisp icy air, and funky movements on ice tools gives her outlets for fitness goals, community and new-found freedoms of expression.

• Saturday Jan. 31st
7 PM Ouray Community Center
\$5 donation at the door
Live auctions starts at 7 followed by
slideshow at 8:30 PM with
Extreme Skier Kim Havell, The Magic of
Mountain Partnerships--Every successful
adventure comes back to the team with
whom you journey. Starring a mountain
career in Telluride, Kim traces the path
and evolution of a passion for backcountry



skiing / ski mountaineering, exploration, and adventure that led from the San Juan's to the Tetons, to the Himalaya to the Karakorum, to the Arctic to the Antarctic, and elsewhere in between. Through the cycles of expedition experiences, knowledge and wisdom are gained through both positive and negative circumstances, and without great partners along the way, none of these journeys would have been possible.



The Mirror

Making sure readers don't bury their heads in the sand.

MONTROSE CHAMBER OF COMMERCE RIBBON CUTTING—MOUNTAIN VIEW THERAPY



Special to the Mirror
MONTROSE-The Montrose Chamber of Commerce Redcoats helped Mountain View Therapy celebrate their new location with a ribbon cutting. They are now located at 1401 Hawk Parkway, Suite 101.



REGIONAL NEWS BRIEFS

TRAFFIC CONTROL PLAN FOR EAST OAK GROVE ROADWAY WIDENING PROJECT

Special to the Mirror

MONTROSE-Beginning Monday January 19, 2015, contractors working for the City of Montrose on the East Oak Grove Roadway Widening Project will begin excavating trenches across the existing roadway. As a result of this excavation work, it will be necessary to completely close off Imogene Avenue, Arbor Way, and Bear Lake

Drive at East Oak Grove Road. East Oak Grove road will also be completely closed off just west of Pavilion Drive. These closures will be in the same locations as the existing closures; however, they will be modified to include barricades and no traffic will be allowed through in either direction.

Residents living on East Oak Grove may

still access their property via the closure near Walgreens, which will be setup to allow local and emergency traffic through. Residents of the Vista San Juan subdivision will be able to access their homes via Sneffels Street and Abrams Avenue. Fellows Drive also will remain open to provide access to Bear Lake Drive during this closure.

WINTER BASEBALL EXPOSITION TO BE HELD AT PAVILION JAN. 26

Special to the Mirror

MONTROSE –The Montrose Youth Competitive Baseball League, a program through the Office of the City Manager, is pleased to announce the Winter Baseball Exposition, slated for Jan. 26 from 4:30-8:30 pm at the Montrose Pavilion Events Center. This is a family friendly event featuring Athletic Director of Colorado Mesa University Tom Spicer, Head Colorado Mesa University Baseball Coach Christopher Hanks, and Montrose native—now Arizona Diamondbacks player—Nate Robertson as the keynote speaker.

All sports enthusiasts are invited to attend in support of the community's youth baseball players and all young athletes alike, as at Montrose. All proceeds will benefit

guest speakers will discuss what is required to raise a young athlete who exhibits integrity, strong morals, teamwork, and sportsmanship, in addition to excellent athleticism. Speakers will also discuss the role of parents, guardians, and the community in supporting young athletes to develop both academically and athletically.

The Winter Baseball Exposition is a fundraiser that will directly benefit the league.

Donations are suggested, but not required, and everyone is encouraged to attend. Refreshments will be available through donations by Pepsi Co. and the Volunteers of America's The Homestead at Montrose. All proceeds will benefit

the league's umpire fund and help fund two scoreboards at the Sunset Mesa Sports Complex. The addition of the two scoreboards ensures that all four fields are outfitted with scoreboards for both local and visiting teams.

Doors open at 4:30 for families to meet and greet Robertson, enjoy refreshments, and have autographs signed before the event begins. Diamondback hats and baseballs have been donated to the league by 1440 Image Apparel in Delta, CO, and will be available for sale at the event.

Attendees are encouraged to wear a favorite team jersey and show their spirit as the event will kick off the 2015 baseball season with a BANG!



Attention Delta area residents:

In February, the Delta-Montrose Electric Association (DMEA) Read Service Center will have live Member Service Representatives available to help you Mondays and Wednesdays from 9 am to 4 pm.



We look forward to seeing you face-to-face.





REGIONAL NEWS BRIEFS

SEE THE LIGHT: DMEA HELPS TOWNS INSTALL STREET LIGHT UPGRADES



Drive at night, in downtown Crawford or along the San Juan bypass in Montrose and you'll see the LED street light pilot installations in operation. Courtesy photo.

Special to the Mirror

REGIONAL-It's difficult to come up with any aspect of street lighting that isn't improved when old High-pressure Sodium (HPS) or Mercury-Vapor lights are replaced with LEDs.

LEDs: 1) are more reliable, 2) require far less maintenance-reducing roadside risks during repairs 3) last substantially longer, 4) provide higher quality light and 5) use about half the energy of their predecessors.

These are just a few of the reasons DMEA Energy Services has been facilitating the replacement of old street lights with LEDs.

The initiative has come to life in two pilot projects:

1) San Juan Bypass, Montrose: 14 LED street lights now shine across from Sunshine Peak Apartments just after the bend in the road. HPS lights still line the bypass both south and northwest of this stretch, so the difference should be noticeable.

2) Town of Crawford: The Town of Crawford recently purchased 34 LED street lights. DMEA will replace the town's antiquated mercury vapor streetlights with these new LEDs.

With each of these new lights using less than 1/2 of the energy that the old ones used, the town will see a payback of approximately 22 months.

It's rare to find true "win-win" situations, but these LED projects seem to fit that description perfectly. DMEA expects to save substantially on maintenance costs with the new LED lights, and our communities can save on energy costs.

Members are invited to add their perspectives and comments by e-mailing ledfeeback@dmea.com Feel free to spread the word!

2015 Health Fair Early Blood Draws

Montrose Pavilion February 4, 5, 6, & 7

6:30-9:30 a.m.

Additional Locations for Early Blood Draws

January 31st 4H Event Center in Ridgway 7:00 - 10:00 a.m.

February 2nd American Legion Hall in Olathe 6:30 - 9:30 a.m.

Appointments may be made online for all three locations at www.MontroseHospital.com

January 18-28

Phone appointments will be taken January 19-20 from 8:00 a.m. to 4:00 p.m. at 1-888-592-6255

12 hour fast required. Drink lots of water!
We will NOT bill your insurance. Checks and cash only.

Blood Tests Offered

- Chemistry & Lipid Profile ~ \$40 (includes iron binding and TSH)
 - Hemoglobin A1C ~ \$35 (additional screening for diabetes)
- PSA for Prostate Health ~ \$30
 CBC ~ \$20
 (complete blood count)
- · Vitamin D Screening ~ \$40
 - Vitamin B-12 ~ \$40
- · Male Testosterone ~ \$45

Health Fair 2015 is Saturday, February 28

The lines are long, so MMH offers early blood draws to make it more convenient for you.



Co-Sponsors



Gordon Composites





CATCHING UP WITH THE TEAM AT COLORADO BOY!



By Liesl Greathouse

MONTROSE-Colorado Boy Pizzeria in Montrose has become a mainstay on Main Street since they opened in 2013, evolving ever since. I talked with Heather Crane, the general manager, and Amy Wood, the assistant general manager, about the big and small changes coming to the pizzeria.

One small change has had a big impact to the atmosphere of the restaurant. "We used to do orders at the counter then take a seat, but now we offer full service at the table," Amy said. "It has improved business quite a bit."

"It slowed down the pace, creating an intimate atmosphere," Heather added.

A big change coming to the pizzeria in February will be the addition of a brewery, accommodating the beer loving customers who frequent the restaurant. "Before our customers had to fill their growlers with our beer in Ridgway," Heather explained. "Now they can pick up our beer right here."

Previously Colorado Boy did not have the license to fill up growlers for customers, but now that they do, customers will be able to pick up pizza and beer with ease. "We used to get requests almost daily from locals and visitors passing through who wanted to fill up their growlers, but we could not do it," Heather said. "Now we have a brewery on site for them."

The pizzeria will continue to offer the staples found in Ridgway, including their IPA and award-winning Irish Red, but will now be able to change it up for other craft brews. While the addition of the brewery will be a big change, Colorado Boy is hoping to continue to keep the intimate feel that it has had so far. "We are not changing the feel that much, but we are adding a room to store five storage tanks, with slid-



Colorado Boy Pizzeria has become a mainstay on Main street. Photos by Clay Greathouse.

ing glass doors to people can fill up their growlers easily," Heather said. "The front facing walls will also be modeled after the original building windows."

"We wanted to make it so people could see and look in it, instead of just a blank wall," Amy added. "We want to make it feel fun and light."

The team believes that the addition of the brewery will be a huge benefit to customers. "It will be a good change," Amy said. "A lot of people enjoy our beer, but have to go up to Ridgway to get it. It will be awesome for our business, with four or five new beers on tap, offering people a lot more choices."

Heading into the warmer months, customers can look forward to a slightly changed menu as certain salads and other foods come back to the table. "We run specials from time to time," Heather said. "Right now we are working with City Farm, getting our Basil and Romaine from them. In the Summer we work with the Farmer's Market and a couple local farmers, offering specials depending on what is in season. Changing produce creates an ever changing feel."

Of course, the requests from people keep things changing as well. "People have a lot of fun, interesting requests," Heather said. "They keep us on our toes."

"Just recently we had someone ask for salmon on their pizza," Amy added.

One thing that has not changed much since Colorado Boy opened are the prices. "We get it all the time, 'I can't believe that is all you charge for pizza," Amy said.

One thing that no one expected when Colorado Boy was first opened was how much of a fixture it has become in Montrose. "It has become a gathering place for friends and families," Heather explained.
"Our locals count on us. I have noticed that customers look to us to host their parties for visiting friends or for their whole family."

"People also come here for a quick and fresh lunch," Amy added. "People know that if they have a one hour lunch, they can still get a good meal quick and cheap."

Of course, the hope is to bring in more foot traffic with the addition of the brewery, which will benefit the other businesses in the area. "We attract a lot of foot traffic that trickles down to our neighbors, and vice versa," Heather said. "It creates a reciprocal feel with our neighbors."

So far, the team has enjoyed their jobs for various reasons. "At my old job, I used to just sit in front of a computer alone all day," Amy explained. "Now I get to talk to people and have fun with customers. It is a really cool feeling being able to make them smile."

"I was pretty new to Montrose when I started, so Colorado Boy has been good for me to get to know the locals and what kind of community we live in," Heather said. "Plus, I love the food and freedom to be creative with it."

As to the future, and any changes that may be ahead, Heather and Amy are optimistic. "I am looking forward to the brewery," Amy said. "While I'm not a huge beer drinker, I want to learn more about it to help educate people."

"I'm excited about the future and evolution of Colorado Boy," Heather said. "It has been a fun experience and it keeps getting better." Colorado Boy is open Tuesday-Sunday, 11:30 a.m.-9 p.m. at 320 E. Main Street in Montrose. For more information, call 970-240-2790.

MIRROR IMAGES...MONTROSE WATER SPORTS PARK!





Construction on the Montrose Water Sports Park nears completion...photographer Clay Greathouse captured these images of the community project in progress.



Hold the Date! Upcoming Business and Cultural Events

ONGOING

FREE FAMILY LAW CLINIC-LAST WEDNESDAY OF EVERY MONTH, Montrose County Courthouse (Leslie German self-help center) at 1200 North Grand, Noon to 1:30 p.m. Sponsored by Uncompangre Volunteer Legal Aid and the 7th Judicial District Bar Association. Call 970-249-7202 for information.

FREE LEGAL ADVICE NIGHT-SECOND THURSDAY OF EVERY MONTH, 7 to 8:30 p.m. at the Region 10 Enterprise Center, 300 North Cascade. Sponsored by Uncompangre Volunteer Legal Aid and the 7th Judicial District Bar Association. Call 970-249-7202 for information.

MAGIC CIRCLE THEATRE-performances of Talley's Folly will be Jan. 16-17, 23—24. Sunday matinee Jan. 18. Ticket sales Magic Circle Box Office at 420 South 12th St. Call 970-249-7838 for information. Box office hours 2-5 p.m. Tuesday, Wednesday, Thursday.

MONTROSE INDOOR FARMERS MARKET— Every other Saturday through April 25. 10 am -1 pm, Centennial Hall and Behind Straw Hat Farms Store, S. 1st and Uncompandere. FIRST FRIDAY STROLLS MONTROSE DOWNTOWN —Monthly from 5:30 p.m.-8 p.m. Artist Demonstrations, Free Wine Tastings, and in-store promotional events!

THIRD SUNDAY DULCIMER CLUB WITH HARPS & HAMMERS, 2 to 4 p.m. Please call Robin for information and directions to our new location as our club has grown! 970-275-8996. Guitars and Autoharps welcome too—the more the merrier!

MONTROSE HISTORICAL MUSEUM-The last Saturday of each month will be "Montrose Day" at the Montrose County Historical Museum, 21 N. Rio Grande Street. If you live in the Montrose area, then you will receive a free pass to the Museum. So bring down the family to learn about our unique town and area history. For more information please call 249-2085.

MONTROSE STAMP (PHILATELIC) CLUB meets on the fourth Wednesday of each month at 420 Alta Lakes Dr. from 7-8pm. For Beginners to Pros! Please contact Brenda Moureaux at 970-765-6948 for more information.

CAREGIVER SUPPORT & NETWORKING GROUP — Sponsored by Region 10; This unique Caregiver Support and Networking Groups is designed for Montrose and the surrounding areas. The meetings are structured to be an all-inclusive support/networking groups for those who care for someone with Dementia or any disability/illness in any living environment. Groups meet the 1st Wednesday and 3rd Thursday of every month from 1:30 - 2:30 at Region 10 300 N. Cascade. Call Amy Rowan 249-2436 ext. 203 for more information.

AARP DRIVER SAFETY COURSE-Save on insurance, keep up on newer traffic laws, and learn defensive driving techniques. For details and schedule for Montro se and Delta, contact John 970-856-6924 or 970-424-1778.

TAIZE-STYLE SERVICES OF MUSIC, PRAYER AND MEDITATION on Scripture are offered on the first Thursday of the month, except June, July and August, at 7 p.m. in the Sanctuary. All are welcome. Montrose United Methodist Church.

MONTHLY-

Jan. 10-March 13-Cheri Isgreen and Sabrina Soong present "Legacy," an art show at the Ridgway Library. Sabrena will show her mixed media abstract compositions, including pieces from her "Meditation" series. Along with the "Dream Horse" series, Cheri will show some landscapes in watercolor and pastel, and newer equine watercolors.

Jan. 20-Accounting Basics in Quickbooks. 10 a.m. to Noon. Quickbooks Online, 1 to 3:30 p.m. Presented by Region 10 and Delta Chamber at Delta Chamber of Commerce, 301 Main St. Delta. RSVP 874-8616 or www.region10.net. \$15 for Chamber members, \$25 for non-members.

Jan. 20-Long Term Care Legal Planning: Noon — 1 pm - Sponsored by Region 10 and Uncompander Volunteer Legal Aid, presentation by Elder Law Attorney Lincoln Anderson. Signin begins at 11:45 and we will promptly start at noon. Location: Region 10, 300 N. Cascade in the Sneffels room. Registration required: Register online at www.region10.net/event/lunch-n-learn-what-to-do-when-someone-dies/.

Jan. 21-Accounting Basics in Quickbooks. 10 a.m. to Noon. Quickbooks Online, 1 to 3:30 p.m. Presented by Region 10 and the Montrose Chamber of Commerce at Region 10 Small Business Resource Center, 300 North Cascade Ave. Suite 1. RSVP to 249-2436 or www.region10.net. \$15 for Chamber members, \$25 for non-members.

Jan. 21-The Chipeta Chapter of Colorado Archaeology Society Presents: Lucinda Schroeder speaking about Plundered Cultural Resources and her detective career in bring the outlaws to justice. Montrose United Methodist Church, 7 p.m.

Jan. 26-Winter Baseball Exposition, 4:30 to 8:30 p.m. Montrose Pavilion. Proceeds benefit Montrose Youth Baseball League.

Jan. 26-Chicks with Picks presents a public auction/slideshow fundraiser for the Tri County Women's Resource Center and The Ouray Ice Park. Live auction begins at 7 p.m. at the Ouray Community Center, slideshow featuring climber Beth Goralski to follow at 8:30 p.m. \$5 donation at the door.

Jan. 27-Transportation Gaps and Opportunities, with Region 10 and All Points Transit. 11 a.m. to Noon, Region 10 Enterprise Center Sneffels Room (300 North Cascade.) Register by calling 970-249-2436.

Jan. 28-How to Beat the IRS-Legally! !O Most Expensive Tax Mistakes That Cost Business Owners Thousands. Taught by Michael W. Johnson, CPA. Region 10 Small Business Resource Center, 300 North Cascade, Suite 1, Noon to 1:30 p.m. \$15 for Chamber members, \$25 for non-members. RSVP 249-2436.

Jan. 29-Rocky Mt. World Trade Center Export Training at Region 10, 300 North Cascade. 8 a.m. to 5 p.m.

Jan. 31-Montrose Memorial Hospital Early Blood Draws at Ridgway's 4H Events Center, 7 to 10 a.m. Schedule phone appointments from 8 a.m. to 4 p.m. Jan. 19-20 by calling 1-888-592-6255 or schedule online Jan. 18-28 at www.montrosehospital.org.

Jan. 31-Western Slope Woolgrowers Banquet, Montrose Elks Lodge, 6 p.m. Music by the Anders Brothers. Call 970-249-0686 for 970-249-1417 or tickets and information.

Jan. 31-Chicks with Picks presents public auction/slideshow fundraiser for the Tri County Women's Resource Center and The Ouray Ice Park. Live auction begins at 7 p.m. at the Ouray Community Center, slideshow featuring extreme skier Kim Havell to follow at 8:30 p.m. \$5 donation at the door.

Jan. 31-14th Annual Partners Superbowl at Valley Lanes in Delta. Call 970-874-4661 for more information.

Feb. 2-Montrose Memorial Hospital Early Blood Draws at American Legion Hall in Olathe, 6:30 to 9:30 a.m.

Feb. 3-RAND Corporation analyst Bruce Bach, a retired U.S. Army colonel, will examine the last quarter-century of the alliance in a presentation entitled, "Transatlantic Security in the 21st Century: Not your Father's NATO." His speech will be at 7 p.m. Tuesday, Feb. 3, at the Carolyn D. Love Recital Hall, Moss Performing Arts Center, Colorado Mesa University. The event is free and open to the public.

Feb. 3-Ridgway Moontalk-Panel Discussion with creatives, Sherbino Theater 5 to 8 p.m.

Feb. 4,5,6 and 7-Montrose Memorial Hospital Early Blood Draws, 6:30 to 9:30 a.m., Montrose Pavilion.

Feb. 7-Fifth Annual Winter Rim Romp, Black Canyon National Park. 10 a.m. to Noon. <u>www.simr.club</u>.

Feb. 7-Canyon Creek Laff Inn at Bridges of Montrose, 7 p.m. Featuring comedians Jimmy Della Valle and Chad Shapiro.

Feb. 7-Delta County Memorial Hospital Foundation Island and Fantasy Cruise Casino & Gala, 6 to 11 p.m. Dinner catered by Camp Robber, music by David Starr Band. Tickets \$85, \$95 after Jan. 15. Purchase tickets at www.dcmhfoundation.org.

Feb. 7-8-Grand Mesa Dogsled Challenge. 970-249-5052 for information.

Feb. 8-2015 Nucla Resolution 5K Run/Walk, Nucla Firehouse, 2 p.m.

Feb. 12-Region 10 Community Living Services presents "Say What," with Karen Mercer of Southwest Hearing. 12:30 to 1:30 p.m. at Westminster Hall in Delta (145 East Fourth St.

Feb. 13, 14, 15-Bookcliff Barbershop Harmony Chorus Annual Singing Valentine's program-\$45 gets the recipient a Red Rose, a small box of Enstrom's Candy, a Valentine's card with the brief wording of your choice AND 2 love songs delivered by a BBHC Quartet dressed in Tuxedos. Delivery available from Palisade to Mack from 8 AM to 8 PM. The simplest way to order is call 970-257-SONG [7664].



HOW TO BEAT THE IRS, LEGALLY!

10 MOST EXPENSIVE TAX MISTAKES THAT COST BUSINESS OWNERS THOUSANDS

TAUGHT BY MICHAEL W. JOHNSON, CPA

If you're like most business owners, you waste thousands of dollars every year in taxes that you don't need to pay. Attend our entertaining, fast-paced class to learn how to take advantage of these strategies and more:

- The single most expensive tax mistake of all
- How to slash your audit risk (fly under the IRS radar!)
- The self-employment tax strategy that saved Sen. John Edwards \$562,000
- Retirement savings strategies for every business
- How to make the most of meals, entertainment, and gifts
- Write off your family medical bills as a business expense!

JANUARY 28 · NOON-1:30PM

CHAMBER MEMBERS \$15 . NON-MEMBERS \$25

SEATING IS LIMITED! RSVP TODAY!

300 N. Cascade Ave., Ste. 1 • Montrose RSVP to (970) 249-2436 • www.Region10.net

Each class participant will receive a copy of the instructor's new book!

Michael W Johnson is managing member of Michael W Johnson & Associates, LLC, based in Montrose, Colorado. Michael is a CPA with 23 years' experience helping businesses as a CPA and Consultant. He also is an experienced Valuator, handling many litigation assignments in real estate and business matters. Michael helps businesses reduce their taxes, improve their profits, and better manage their cash flows.

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MONTROSEM I R R O R

Contact the Montrose Mirror: Post Office Box 3244 Montrose, CO 81402 970-275-5791

Email Us: Editor@montrosemirror.com

www.montrosemirror.com



At right, newly-elected Montrose County Commissioner Glen Davis signs paperwork after being sworn into office Jan. 13.

> Below, John W. Nelson of Crimestoppers, left, with Montrose County Sheriff Rick Dunlap who is donating the remainder of his campaign funds to the local Crimestoppers program.



Above, Northside and Cottonwood Elementary School Music educator Tracy Reinhard, left, recently accepted a \$3,500 check from Howard Davidson (right) of Farmers Insurance for her successful "Thank a Million Teachers" grant proposal. The grant itself was \$2,500, with a local match of \$500 each from Farmers Insurance offices in Montrose and Grand Junction. Tracy will use the funds to purchase materials and create a resource library that will assist all elementary music teachers in Montrose County School District Re-1J to incorporate spelling and math into music classes. Davidson has confirmed that Farmers Insurance has announced plans to donate \$1 million to similar programs in 2015.

