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THE MONTROSE MIRROR

Fresh News for Busy People-Weekly on Mondays

Issue No. 113 April 13 2015

SALE OF COMMUNITY OPTIONS' DOWNTOWN FACILITY ENABLES CMU EXPANSION



Colorado Mesa University's recent acquisition of the Community Options facility at South Third and Cascade increases the campus "footprint" in Montrose.

By Caitlin Switzer

MONTROSE-It started with an idea—an expanded urban campus in the heart of Montrose. To bring that idea to fruition took a cooperative community effort, and about nine months. When Community Options began to explore the possibility of selling the non-profit's downtown facility (located at South Third Street and Cascade Avenue) to Colorado Mesa University (CMU), the project involved not only the potential buyer, but the City of Montrose and Montrose County as well, said Montrose Realtor David Kienholz of The C.O.R.E. Team at Keller Williams.

—Community Options has had a facility Downtown for 25 years,” Kienholz said. —They are one of the largest employers in the county, and they have several facilities, as well as programs and group homes for people with developmental disabilities. So when I was approached by Community Options Director Tom Turner in July of last year that was the start of it.”

Kienholz approached Colorado Mesa University's Derek Wagner about purchasing the Community

Continued pg. 15

DON MACE TO RETIRE FROM RE-1J, COMMUNITY INVITED TO CELEBRATION AT MHS

By Caitlin Switzer

MONTROSE-You might say he had her number from the start. When Maggie Ogilvie met Don Mace in 1994, she was a new teacher in the Olathe Schools, and Mace was the payroll coordinator for Montrose County School District Re-1J.

—He actually remembered my employee number,” Ogilvie said, —and those numbers had around 20 digits! Don really found his calling in life. He always took time with every new employee, and he always cared.”

Today, Ogilvie and Mace are married—and Mace is about to retire from Re-1J after almost 30 years on the job. His ability to bring the human touch to a process that is increasingly driven by technology has earned him not only the loyalty of district staffers, but an honor rarely given even to superintendents; there will be a party in honor of Mace in the Montrose High School Cafeteria on April 22, from 4 to 6 p.m. —Don has worked under six different superintendents,” said Ogilvie, who now teaches at the Delta Opportunity School.

Continued on Page 13



Above, Don Mace (far right, with former Superintendent Mark MacHale (center) and Interim Re-1J Superintendent Kirk Henwood, was honored with an Re-1J Above and Beyond Award in Sept., after being nominated by 28 staffers from Centennial Middle School. Courtesy photo.

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(Local) Church!*

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Training Class! (18)*

OPINION/EDITORIAL-LETTERS

HELP SUPPORT SENIOR SAFE PARTY 2015!

Dear Editor:

Once again we are reaching the biggest time of year for our high school seniors! With prom and graduation just around the corner, we are looking forward to the Senior SAFE Party for our 2015 Graduates. As exciting as this time is, it is also one of the most deadly times of year for teenagers. Tragically, the period between Memorial Day and Labor Day has been labeled "The 100 Deadliest Days" for teen drivers according to M.A.D.D. statistics. To avoid any of these tragedies here in our community, the parents of the graduating class have been hosting the Senior Safe party since 1985. Since the creation of this party 30 years ago, there have been no accidents or lives lost on graduation night. We want to continue this amazing tradition, but we need the help of our community to do so. It will cost approximately \$30,000 to host the party for the 300 graduates this year. With less than two months left to go, we are still short of our goal and need your help. Any donation is extremely appreciated and we would be very grateful if you can donate a prize, cash or even time for set-up or cleanup.

According to M.A.D.D. car crashes are the leading cause of death for teens, and about a quarter of those crashes involve an under-age drinking driver. Let us only have reason to celebrate with the young adults in our community and give them the best chance possible to start off on a SAFE note! If you can donate cash or prizes please contact: 2015seniorclassparty@gmail.com to arrange a pick-up. With your help, our seniors will have a fun night of celebration and stay out of the hands of danger.

Jacqueline Huff
Montrose

PROPOSED GRAVEL PIT WILL DIMINISH COUNTY'S APPEAL AS A RETIREMENT HAVEN

Dear Editor:

A recent article about Montrose being a 'top spot' for retirement resonated with me in a special way. Two years ago, after a great deal of research and consideration of potential areas for our retirement, we determined that Montrose was the best of all the possibilities. It presented a great change from the hectic pace of the Front Range in Colorado, and we were particularly drawn to the outstanding quality of life offered by the view corridors, clean air, and peaceful, rural settings.

Thus, we would have wholeheartedly concurred with the newspaper article's conclusion, prior to learning about the proposed Uncompahgre gravel pit, which is to be built and operated in the scenic south corridor along Highway 550.

Retirees benefit communities by investing in properties, frequently upscale properties, thereby paying property taxes that support community infrastructure and schools, without adding to the school population. In addition, retirees also have a variety of specific medical needs that require and support a strong medical infrastructure, which brings highly skilled, higher-income jobs to Montrose.

As is the case with most property owners, the investment in our home is our largest single financial asset. The proposed gravel pit, if approved, will have a significant negative effect on the value of our recently purchased and remodeled home, as well as on our quality of life; neighboring landowners and residential subdivision homeowners will experience similar consequences.

If the county approves this 'special interest' industrial mining operation to the detriment of the surrounding rural community, Montrose's reputation will be tarnished. Prospective residents will learn that this is NOT a resident-friendly county...or a 'top retirement area'. In my opinion, such action would be sad, short-sighted, and would negatively impact both the appeal and economy of the entire Montrose area.

Charles Tesitor
Montrose



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REGIONAL NEWS BRIEFS

DCED TO HOST OPEN HOUSE IN ORCHARD CITY APRIL 22

Special to the Mirror

DELTA-Delta County residents and business are invited to an Economic Development Open House to *share your opinion on ideas for growing jobs in our community, from 5:30 to 7 p.m. on April 22 at the Orchard City Town Hall. New concepts for job creation will be presented for community comments. Food will be provided by Davetos,*

Delta County Economic Development, Inc. (DCED) is currently working with Region 10 and consultants from Better City to create an economic recovery and diversification plan for Delta County. Better City finds creative solutions to identify and grow targeted industry clusters to diversify the economic base, align and develop

workforce skills, re-prioritize public investments, identify and secure financing sources for strategic catalytic projects, forge partnerships and develop strategic amenities to improve quality of life and retain human capital.

—We encourage residents and businesses throughout Delta County to join the conversation on how we build a resilient economy. Diverse community involvement and participation is critical as it provides valuable insight to Better City and the process, which ultimately creates a stronger economic recovery and prosperity plan for our County,” stated Trish Thibodo, DCED Director.

RSVP not required, but preferred. RSVP to: Trish Thibodo at

trish@deltacountyed.org or call 874-4992.

Directions to Orchard City Town Hall: 9661 2100 Road, Austin
Go North on Hwy 65, just past the Cory Store. Turn right on Austin Road (there is a sign stating —Town Hall” pointing the way). Follow Austin Road until you come to a —Y” in the road. Turn left, and go approximately 100 ft. Turn left, and you should be in the parking lot.

About Delta County Economic Development, Inc. (DCED): DCED is a membership-based 501(c)3 not-for-profit organization. Our members include private and public partnerships.

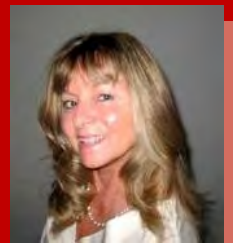
Working together we will develop a strong economy for Delta County and the region.

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WHERE COLOR, SELECTION LEAVE YOU BREATHLESS...HYPOXIA!



Above, Kate Adams at Hypoxia, a destination for your active, athletic and fashionable lifestyle. Hypoxia is located at 300 East Main in Montrose.



Even water bottles come in an array of colors and styles at Hypoxia, open 10 a.m. to 6 p.m. Monday through Saturday, and on Sundays in Summer.

By Caitlin Switzer

MONTROSE—Yes, Hypoxia (300 East Main St.) has a wealth of merchandise designed to appeal to anyone with an active lifestyle and a sense of fashion. If the boutique's marketing efforts were limited to just one word, however, that word might be Baggallini.

—“absolutely love them,” Hypoxia's Kate Adams said of the popular line of handbags and travel cases. —“They even come with RF ID theft blockers now, to keep identity thieves from scanning your cards or license. All straps are reinforced, so they can't be slashed. There are lots of pockets!

—“They look incredibly professional, but you can wear them casually.”

In addition to the lure of Baggallini, however, Hypoxia carries two sought-after clothing lines, Lucy and Kühl.

—“lucy is made by women, for women,” Adams said. —“They make yoga pants that look like dress slacks—so versatile you can go to the gym and then out to dinner and still look professional. There are lots of fun colors, so you can mix and match with anything—these are wonderful clothes that will last without breaking your bank account.”

Kühl active wear for men and women is also very popular, with some pieces made of 100 percent organic cotton, Adams said, and some designed to dry within minutes of a workout.

—“There are clothes for travel that can hang in the shower for a few minutes to steam wrinkles out,” she said. —“There are pants for men with articulation in the knee, so they move with you, and traveling shirts

that are made with silver ion to be anti-microphobial. You can wash them in a hotel sink with hand soap, and they're clean. There are also shirts with sun cells, and beer belly shirts that have a very slimming cut.”

Aventura Organics are also represented here, but Hypoxia is not just about attractive clothing and beautiful, well-made bag. The boutique carries plenty of sunglasses, Colorado made gear—and water bottles in every style, including unbreakable.

—“I have never been so excited about a water bottle in my life!” Adams said.

—“These are made from recycled glass, and you can drop them on the concrete and

they won't shatter.”

In the end, Hypoxia is about high-quality merchandise designed for lasting beauty and comfort.

—“When you buy something well-made from us, you are investing,” Adams said. —“Nobody wants to buy something again and again. And if you shop online, you may not always happy be with the size or color. Besides, when I buy something new, I want to take it home and wear it right away.”

Hypoxia is located at the corner of Main and Townsend at 300 East Main Street. Hours are from 10 a.m. to 6 p.m. Monday through Saturday, and on Sundays in summer.



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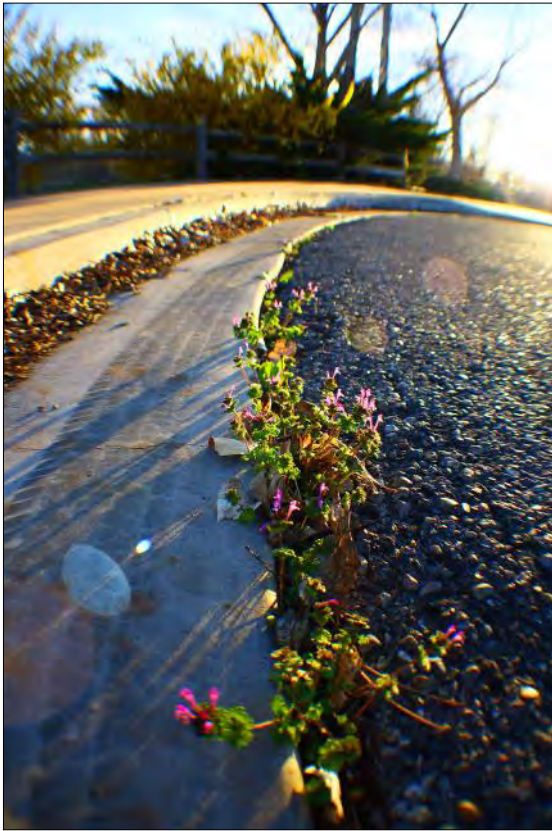
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*Spring Photos by
Sarah Berndt.*



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REGIONAL NEWS BRIEFS

MONTROSE COUNTY HONORS LINDA NEHRING AS A DISTINGUISHED CITIZEN



Special to the Mirror

MONTROSE-Linda Nehring has left a lasting impression on the children of Montrose County not only as a professional educator for more than 30 years, but also as a supporter of Health and Human Services. Nehring has fostered approximately 30 children since 1983. The Montrose Board of County Commissioners honored Nehring with a Distinguished Citizen Award for her dedicated service to the children of Montrose County as an exemplary foster and adoptive parent.

—Linda is not only a shining asset to our community, but a truly wonderful individual,” said Commissioner Ron Henderson. —I have known her and her family through church and have witnessed the ups and downs of raising several children over the years, and no one could have handled it as seamlessly as Linda.”

Nehring, and her husband Barry, have fostered over 30 children for varying lengths of time since 1983. During this time, the Nehring family (to include their three biological children) felt called by God to adopt six children that had been with the family for several years. To read the entire proclamation, please visit: <http://montrosecounty.granicus.com/MetaViewer.php?>

APPLICATIONS ACCEPTED FOR HEALTH SCIENCES SCHOLARSHIP AWARDS

Special to the Mirror

MONTROSE-The San Juan Healthcare Foundation and the Montrose Medical Alliance are accepting applications for scholarship awards for training in the health sciences field. Applicants of any age wishing to pursue training in a health related field are eligible to apply. Preference will be given to applicants from the Montrose area who intend to return to this area to utilize their talents. This scholar-

ship is open to any high school graduate, nurse, medical student, therapist, hospital employee, or anyone anticipating health sciences training and who has been accepted into a program/college. Applications may be obtained in Administration at Montrose Memorial Hospital, 800 South Third Street, Montrose, CO 81401, or contact Lark Jacobsen at 970-209-4555 or email at larkjacobsen@gmail.com.

Applications can be dropped off or

mailed to the San Juan Healthcare Foundation at 800 South Third Street, Montrose, CO 81401.

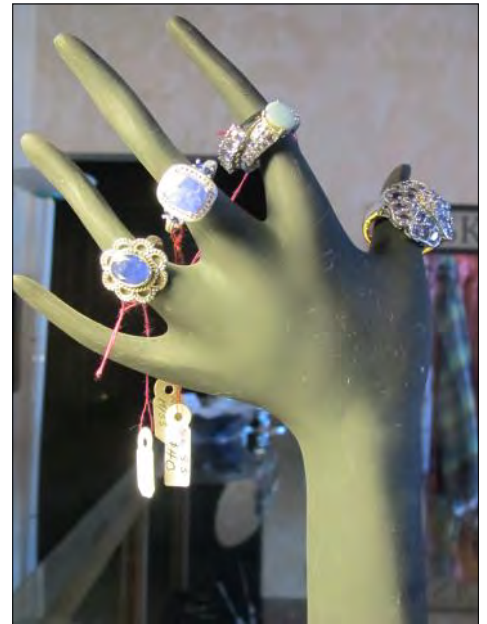
If you have any questions, please call Lark Jacobsen at 970-209-4555. Applications will be taken through May 15, and the recipient(s) will be announced on June 5.

The selection of the winner(s) will be made by the San Juan Healthcare Foundation Board.

GREEN CUPBOARD OPENS AT COWBOY CORNER!



From costume jewelry to colored gemstones and bright scarves, 100 percent of proceeds from merchandise sales at The Green Cupboard benefit Sharing Ministries.



By Caite Switzer

MONTROSE-Compassion is beautiful. Now, you can share the love and wear it too, with beautiful jewelry, scarves and handbags from The Green Cupboard (238

East Main), open from Noon to 5 p.m. Thursday through Saturday in the Cowboy Corner building. The boutique, which opened several weeks ago, is a fundraising resource for [Sharing Ministries Food Bank](#). One hundred percent of proceeds will benefit the food bank, which is expanding its operations.

—Come and visit us, enjoy shopping for fun jewelry, scarves and handbags, and

still give back to your community,” Sharing Ministries Executive Director Oneda Doyal said.

So far, Sharing Ministries volunteers Seleena and Cathy have been running the store, though trusted volunteers with retail backgrounds will be needed to help in the future.

All merchandise is brand new; scarves are \$15, women’s watches are \$20, and prices for jewelry begin at \$10, Doyal said.

—We buy at auction and get good prices, so we pass them on,” said Cathy, who has been studying gems and working to become certified as a gemologist.

—Colored stones are gaining in popularity and are likely to increase in value over time. Most of our stones are natural, and we carry meteorite jewelry that sells as fast as we can get it in.”

From Peridot to Helenite (crystals made from the ash of Mt. St. Helens) to bumblebee jasper, the selections are myriad—and beautiful. —While we have a lot of costume jewelry, we also have unusual stones,” Cathy said. —We will even have tanzanite in a few weeks. We buy smart, so our prices are reasonable.”

The store itself is named for the antique cupboard in the front window, and was created to benefit a ministry that supports human beings—Sharing Ministries.

—Sharing Ministries exemplifies and helps our community as a whole,” Cathy said.

Stop by 238 East Main during shop hours and see for yourself—The whole space is just perfect,” Doyal said.

The Green Cupboard can be reached through Sharing Ministries, at 970-240-8385.

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REGIONAL NEWS BRIEFS

MHS DIVISION AWARDS FOR APRIL



Special to the Mirror

MONTROSE-Left to Right Michelle Medina-Guzman, Alejandra Jaramillo, Tessa Leverett, John Hemenway, Mackenzie Lyons, Cole Casaday and Natalia Scott. Not pictured are Maria Parra and Kennedy Wilson. Courtesy photo.

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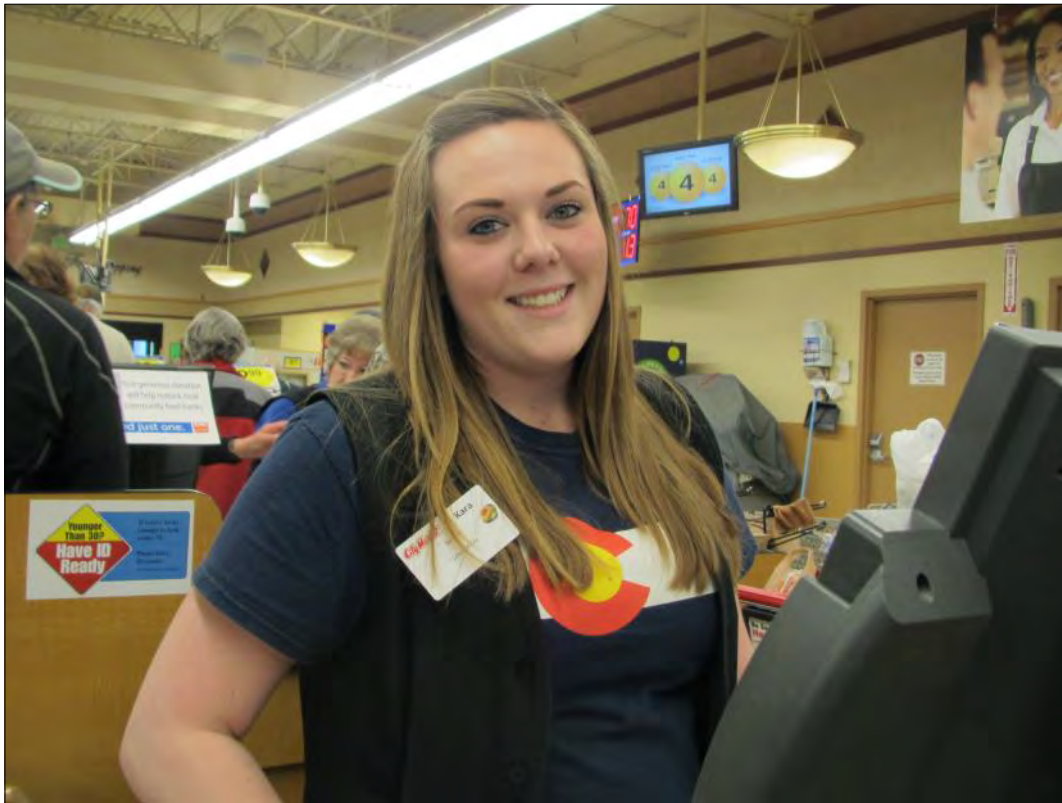
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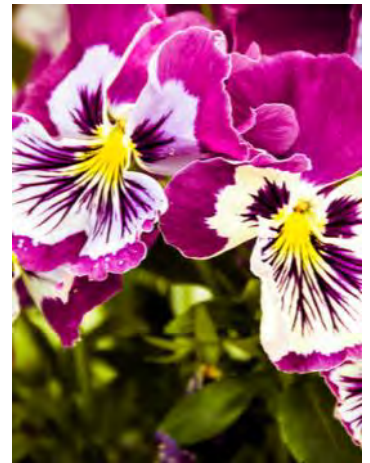


CUSTOMER SERVICE RECOGNITION...GROCERY WORKERS!



Mirror Staff Report

MONTROSE-Kara has worked at the South Montrose City Market for four years. The store was very, very busy when we took her picture--but she never missed a beat or stopped smiling. Does she like her job? "Oh yes!" she said. "Being busy means job security." Thank you Kara!



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REGIONAL NEWS BRIEFS

ALPINE BANK OPENS NEW DENVER LOCATION IN CHERRY CREEK NORTH

Special to the Mirror

DENVER – Alpine Bank opened its newest branch in Denver's Cherry Creek North neighborhood in the new Coors Foundation Building at 215 St. Paul Street. A grand opening celebration will be held on Saturday, April 11. After a successful entrance into the Denver market last year with the opening of the Union Station branch, Alpine Bank has expanded to a new location in Denver's Cherry Creek North neighborhood. The new branch will be led by Senior Vice President and Branch Manager Karrie Fletcher. Bringing 18 years of banking experience with Alpine Bank, Fletcher relocated to Denver from the Western Slope and she looks forward to sharing Alpine Bank's culture and values with her new community. "We are so thrilled to open our second Alpine Bank location on the Front Range in Cherry Creek," said Fletcher. "This is a wonderful, vibrant and fun community and we are very proud to become a part of it." The 3,717 square foot Alpine Bank space will be a full-service retail location offering the latest in banking technology. With a blend of traditional and contemporary style elements, the décor reveals an ambience of mountain elegance. In line with Alpine Bank's commitment to the environment, the building was awarded LEED certification at the Silver level by the U.S. Green Building Council and all of the finishes with green options were completed with eco-friendly products. Customers and the community are invited to come and celebrate the grand opening of the new location Saturday, April 11 from 9 a.m. to 4 p.m. There will be a vintage police car show courtesy of the Denver Police Department, a wild animal display presented by the Denver Zoo, a ribbon cutting ceremony, free lunch catered by the Cherry Cricket, Rockies tickets and prize giveaways, music, ice cream and fun for all ages. In accordance with founder Bob Young's philanthropic philosophy, Alpine Bank will make a \$3,000 donation to the Denver Zoo, including the \$500 cash ribbon for the ceremony and a \$2,500 corporate donation, to celebrate its arrival in the Cherry Creek neighborhood.



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MONTROSE FARM MARKET BRINGS FRESH FOOD, IDEAS TO COMMUNITY



The Montrose Farmers Market, a local tradition since 1978, goes back outdoors May 23. Photo by Liesl Greathouse.

By Liesl Greathouse

MONTROSE-The Montrose Farmers Market provides locals with farm fresh ingredients and a great chance to have fun with the whole family every Saturday morning this Summer.

The Montrose Farmers Market was founded in 1978 and is one of the oldest Farmers Markets in Western Colorado. It brings together the best produce and crafts the Western Slope has to offer in one convenient location.

Lois Harvie, the market manager, believes that the market has an old fashioned flavor. "It is really friendly," she said. "We have a lot of regular supporters, family and friends that bring a homey feel to it. People enjoy seeing their neighbors and enjoying our fun events."

Some of the many items available include freshly-baked pies, cookies, breads, honey, jams, goats milk soap, garlic, lavender, green house produce, fresh farm eggs, locally produced meats, cheese and hand crafted jewelry.

New this year will be vendors offering wine, more vendors offering pesticide-free produce, and activities offered to help people learn how to use their fresh produce through various cooking demonstrations at the Market.

Music is booked almost every week, to keep people entertained and keep the energy high all day long.

Harvie's main goal for the Market in 2015 is to rebuild interest in the Market for a whole new generation of supporters. "We want to show people why it is important to support the local farming community," she explained. "We want them to see beautiful food and show them how to use local produce. We expect to have the best year ever, with more fun, experiences and products."

The Summer Outdoor Market runs May-October, 8:30 a.m.-1 p.m. every Saturday at South 1st & Uncompahgre, at the Farmer's Market Plaza. The official opening day of the Summer Market is May 23, which is also Celebrate National Wine Day. Before then, people are invited to join the Market at the Grand Opening of the Sports Water Park, May 16 at Riverbottom Park.

Various weeks throughout the season will offer special activities and celebrations to enjoy. In addition, on the Second Saturday event in Downtown Montrose, the Market will offer special discounts.

June 6 is National Salad week, while June 20 is the Summer Solstice Weekend, where people can celebrate Father's Day at the Market and celebrate Pollination Week by visiting the Queen Bee and participating in bee-related activities.

People can celebrate Independence Day on July 4 at the Farmers' Market with food, entertainment and family activities 9 a.m.-1 p.m., while July 18 celebrates Cherry Season with a Cherry Pie Bake Off Contest.

Aug. 1 will be the Montrose Water Park Summer Festival at River Bottom Park and August 8 will be the Farmers Market Week Celebration of Sweet Corn.

Aug. 15 includes a Salsa Contest and Green Chiles at the Market, both celebrating the spices of the West, and then Aug. 22 features Celebrate National Peach Month with a Peach Pie/Cobbler Contest.

Sept. 12 will celebrate the Potato with

various events at the Market, and September 26 will be the Harvest Fundraiser Burrito Breakfast.

Oct. 3 has OKTOBERFEST at Centennial Plaza for people to enjoy as they shop at the Market.

Oct. 10 will be the annual Harvest Festival offering fun for everyone. There will be games and activities for kids and families, pumpkin carving, face painting, live music and entertainment, food vendors, tastings, demonstrations, a petting zoo and more.

The final outdoor Market of 2015 will be Oct. 31, celebrating Halloween with Winter Squash Decorating

The Montrose Farmers Market works to provide outreach to assist in making healthy foods available to everyone in the community. For anyone that uses a SNAP card, the Market accepts SNAP benefits, so anyone can purchase fresh fruits, vegetables, baked goods and more.

The Market looks forward to welcoming new visitors. "While we have great regular visitors, we would also like to see younger individuals and families learn to understand the importance of fresh, local, healthy food and visit the Market as well," Harvie said. "We are working to change our whole image and become more contemporary."

Harvie loves being out in the sunshine with a lot of people at the Market. "I enjoy getting to know the people growing food locally," she said.

"I get to know all the people who work hard to bring fresh food to us. It is the best part for me."

The Market is always looking for active volunteers to help with everything from event planning to setting up and breaking down. The Market is a member of the Time Bank of the Rockies, so hours can be earned and used there.

Harvie encourages people to get out and enjoy the Market. "Come out and visit us," she said. "It is a lot of fun and we want to see the Market grow."

For more information, call 970-209-8463



7,342 readers (and counting) can't be wrong!
The Mirror:
 bringing you fresh, local content every Monday

DON MACE TO RETIRE FROM RE-1J From pg 1

. —When he started, there were around half as many employees as there are today.”

—Every school is going to bring finger food from their assigned country,” Ogilvie said. —This is highly unusual; there is an employee recognition ceremony at the end of the school year, so for Don to have his own party is pretty unique.”

Pomona Elementary School Academics Coach and a 2015 Montrose Education Foundation Teacher of the Year Jody Hovde is among those who are organizing the celebration for Mace on April 22.

—Don is one of those amazing people,” Hovde said.

—If you started with the school district, he was the first person you saw; he helped you get started. If you got a raise, he sent you a sticky note saying ‘congratulations.’ And when you leave the district, he is the last person you see.

—Don is a kind person who never gossips, but just does his job,” Hovde said. —His wisdom and knowledge are beyond compare.”

For Olathe Elementary School Principal

Joe Brummitt, also helping to organize the retirement party, the opportunity to say thank you to a longtime co-worker is a gift.

—Don has been the model of customer service,” Brummitt said. —No matter who you were, he made you feel that talking to you and helping you was the most important thing he could be doing at that moment.

—When you work in the schools, you hope to touch a lot of people in positive ways,” he said. —Don worked in the district for 30 years, and he has been amazing. Every employee who ever walked through the doors interacted with Don.

—He knew your name, and the names of everyone in your family—he really brought the personal touch. It goes to show that you can fill positions, but you cannot replace people.

—Don is a person who cannot be replaced.”

Re-1J Chief Financial Officer Karin Slater noted that Mace’s last official day with the district will be June 9. He will be working to train his replacement until then.

—Don is extremely dedicated, timely, accurate and very professional,” Slater said. —He is always friendly, helpful and giving. Don always makes time for employees and assists them in any way possible. Don also supports the district by attending outside activities, and events.

—Don was nominated for the Above and Beyond Award in September 2014,” she said.

—Twenty-eight staff members from Centennial Middle School nominated him for this award. As stated on the nomination form, what was apparent is that no one had a negative word to say about Don and it wasn’t unusual for those asked to feel strongly about the value to us all of this good, honest, and decent man. Don is the quiet, behind the scenes guy that staff trust and has been able to trust for years.”

—We will all miss Don and wish him the best of luck in his retirement,” Slater said.

The public is welcome to attend Mace’s retirement celebration, and those who know him are also collecting funds for travel upon his retirement.



*The future is in
your hands...and
in your heart.*

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REGIONAL NEWS BRIEFS

WESTERN COLORADO LATINO CHAMBER OF COMMERCE AND LATIN ANGLO ALLIANCE FOUNDATION PRESENT CINCO CINCO 5K FUNDRAISER

Special to the Mirror

GRAND JUNCTION—The first annual —Gico Cinco 5K” sponsored by two great non-profits, the Western Colorado Latino Chamber of Commerce (WCLCC) and the Latin Anglo Alliance Foundation is scheduled for **Saturday, May 2, 2015**. The race will start and finish at Eagle Rim Park and will be run along the scenic Colorado Riverfront Trail in the historic Las Colonias area. This area was home to many Latinos who settled in the Grand Valley years ago and connects with the historic Riverside neighborhood. This 5K offers an opportunity for families to exercise together before heading downtown for the Cinco de Mayo festivities sponsored by Latin Anglo Alliance. Runners and walkers are welcome; strollers and children under 5 on Strider bikes are also welcome! Packet pick-up is at the Eagle Rim Park West Shelter, located at 2736 Cheyenne Drive, Grand Junction, CO 81503, from 7:30-

8:30 am, and the race starts promptly at 9:00 a.m. Turnaround point is near the Botanical Gardens. Adults \$20; 17 & under \$8. To register or for more information, visit www.wclatinochamber.org, or email nicoleruiz@hapgj.org, or call 970 250 5387.

Prizes will be given to overall male and female runners. Runners and walkers can head to nearby downtown afterwards to find delicious, authentic Mexican treats and enjoy folk dancers, music and other performances.

Free race day t-shirt will be guaranteed for the first 75 all runners/walkers to register. All proceeds will directly fund the educational opportunities provided through the LAA scholarship fund. Thank you to our generous sponsors who are making this event possible, including: Latin Anglo Alliance Foundation, Western Colorado Latino Chamber of Commerce, Attune Creative Colorado Mesa University's De-

partment of Diversity, Advocacy, and Health, Timberline Bank, La Voz del Pueblo, Hispanic Affairs Project/ Welcoming Colorado, Bernal Farms, Juan/ Red Rock Radio/Kiss FM, Latino Valley News, and EnterateLatino.

About WCLCC & LAA

The 5K race and walkathon is a fundraiser benefiting **education of the Latino community** through two great non-profit organizations: the Western Colorado Latino Chamber of Commerce (WCLCC) and the Latin Anglo Alliance (LAA). In just 2 years, the Latino Chamber has become an important resource for business owners, employers, community organizations and job-seekers, providing networking opportunities, business training, and a platform for promoting business.

The Latino Anglo Alliance Foundation provides scholarships to Hispanic students who have shown a commitment to their community.

RE-1J EARLY CHILDHOOD CENTERS PRESCHOOL REGISTRATION

Special to the Mirror

MONTROSE—The Montrose County RE-1J Early Childhood Centers will have another registration for the 2015-2016 school year on April 27th, 2015 at the Family Service Center, 900 Colorado Avenue, Unit #4, Montrose (north of the Bus Barn). Registration will be by **APPOINTMENT ONLY!** Please call 249-5858 Monday-Friday, 8:00am-4:00 pm to schedule your appointment. **DO NOT bring your children.** Transportation services are not available. **All children must be 3 or 4 years of age on or before September 15, 2014.**

Please bring: Birth Certificate or a physician signed hospital record; Child's Up-to-Date Immunization Records; 2014 Income Tax Return or an employer's statement for the Head Start child's parent(s)/ legal guardian(s). Documentation proving TANF, Child Support, Alimony, Military Compensation, Disability or SSI if applicable; Medicaid card/CHP+ or Private insurance card.

If you do not have all of the above documents you will not be able to register at this time.

RIDGWAY RIVER FEST WELCOMES 2015 SPONSORS

Special to the Mirror

RIDGWAY—On Saturday, June 27th, citizens of Ouray County and the surrounding region will gather to celebrate the river and community at the 8th Annual Ridgway River Festival at Rollans Park in downtown Ridgway.

This zero-waste event is free to the public and features river races, a whitewater rodeo, kids' educational and recreational activities, live music, local food and drink, and ceremonies to honor both the winning participants and the cultural relationship between the Ute and the Uncompahgre River.

Ridgway River Festival is now seeking sponsors and silent auction donations. This is a tremendous opportunity to partner with Uncompahgre Watershed Partnership and Ridgway River Festival to produce 2015's event while promoting business and services to a broad segment of the region. Contributions are tax-deductible.

Tiered sponsorship offers the opportunity to support RiverFest and the UWP at any level. Wholesale items or services can be traded toward any Sponsor Level; items of

value donated to the Silent Auction are also an essential part of successful fundraising efforts. All proceeds directly support Ouray County's Uncompahgre Watershed Partnership, specifically local watershed restoration, conservation and education initiatives.

This year the \$2,000 Presenting Sponsor for RiverFest is Alpine Bank, and one of the \$1,000 River Race Sponsors is Town of Ridgway with an all-time favorite -- the Ducky Race.

Additional sponsorship levels are as follows: \$1,000 Class IV: River Race Sponsor-Choose one: *Hard Shells, SUPs, Inflatables Race, Whitewater Rodeo*; \$500 Class III: Music; \$250 Class II: Sustainability Sponsor; \$100 Class I: Friend of the River.

Please visit the Sponsors | 2015 tab at ridgwayriverfest.org to submit sponsorship via PayPal and/or download a paper packet. All contributions will help to bring another year of watershed awareness and river fun to the community. The deadline for packet submission is May 1st, 2015. For more information, please contact coordinator Miriam Dozier at 270-493-2305

FACILITY SALE ENABLES CMU EXPANSION From page 1

Options building, which rests on eight city lots. With more than 12,000 square feet in the main structure, high ceilings and a 1,600 square foot maintenance building to go with, the University was willing to consider the acquisition, Kienholz said.

Community Options was able to find a new location—the former Vista Charter School Building at North Park and the San Juan Bypass.

And though the Community Options building appraised at \$940,000, the organization was willing to part with it for \$822,500, “in the spirit of cooperation,” according to Kienholz. In return, Community Options is able to remain in place for six months while their new location is updated.

—“This was a win-win for everyone,” Kienholz said. “Everybody will benefit from an expanded educational facility here; this is a good story of how people can work together, be forward thinking and further our community.”

The spirit of community cooperation that

closed the deal has also reflected CMU’s recent experience in Montrose, University president Tim Foster said.

—“Our experience there recently has been very partnership-oriented,” Foster said. —“Our willingness to go down this road is a direct result of our relationships with entities in Montrose—we

have worked hand in glove with the City, with the County, and the school district.

—“We are now analyzing the space and how best to fully utilize it in partnership with the school district,” he said.



Community Options’ former Downtown location will become part of the Colorado Mesa University Montrose Campus.

—“This definitely expands our footprint in Montrose; the Downtown Development Authority sees us as an anchor tenant, and we see this as a way to offer better educational opportunities as efficiently as we can as a public entity.”



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REGIONAL NEWS BRIEFS

SENIOR COMMUNITY MEALS AWARDED \$900 "SHARE THE LOVE" GRANT

Special to the Mirror

REGIONAL—Senior CommUnity Meals is proud to announce it has received a \$900 grant from Meals on Wheels America (MOWA) for its participation in Subaru of America's seventh annual —Share the Love" event. During the event held from November 20, 2014 through January 2, 2015, Subaru of America, Inc. donated \$250 for every new Subaru vehicle purchased or leased to the customer's choice of participating charities, including Meals on Wheels America, of which Senior CommUnity Meals is a member.

—Receiving this grant means our program can continue to promote the dietary and friendly safety checks of older adults in our communities who are isolated in their homes," Al Shonk, program director said. —We will use these funds to both promote the program to homebound seniors and to recruit volunteer drivers. Our home delivered meals program depends heavily on volunteers. The more seniors we serve, the more volunteers will be needed."

Senior CommUnity Meals placed advertising in print, broadcast and social media educating the public on the need for nutritious meals and friendly outside contact for homebound seniors on the Western Slope.

—We greatly appreciate Subaru's ongoing commitment to Meals on Wheels through its annual 'Share the Love' event," said Ellie Hollander, Meals on Wheels America

President and CEO. —Subaru of America and its local retailers across the country have truly become an extension of the Meals on Wheels family. Even long after this event concludes, Subaru helps us to deliver that warm meal, friendly smile and vital safety check that are so vital to millions of America's seniors."

—We look forward to continuing our relationship with the MOWA program and their annual Subaru —Share the Love" event. Programs like these are essential to the long term operations of our services," Shonk said.

"Subaru, our retailers, and our owners feel good about giving to organizations like Meals on Wheels, and that's why we do the Subaru —Share the Love" event," said Brian Cavallucci, Subaru of America's National Advertising Manager.

—Subaru is honored to have donated more than \$8.4 million to Meals on Wheels over the past seven years, making a positive impact in local communities and the lives of our elderly loved ones." The 2014 —Share the Love" funds will continue to benefit local Meals on Wheels America Member organizations throughout the year through additional grant opportunities, Annual Conference scholarships and by sponsoring the organization's March for Meals annual awareness campaign.

About Senior CommUnity Meals
Senior CommUnity Meals prepares lunch-

es at seven community meal sites across Montrose, Delta and San Miguel Counties and delivers to qualified homebound seniors in the same areas. Approximately 51,175 meals were prepared for both groups last year.

Senior CommUnity Meals is principally funded by the Region 10 Area Agency on Aging. For more information on Senior CommUnity Meals, a program of Volunteers of America, visit

www.seniorcommunitymeals.org

About Meals on Wheels Association (formerly Meals on Wheels Association of America)

Meals on Wheels America is the oldest and largest national organization supporting the more than 5,000 community-based programs across the country that are dedicated to addressing senior isolation and hunger. This network exists in virtually every community in America and, along with more than two million volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America's seniors to live nourished lives with independence and dignity. By providing funding, leadership, education and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time. For more information, or to find a Meals on Wheels provider near you, visit

www.mealsonwheelsamerica.org.



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CSU STUDENTS SADDLE UP FOR HORSE TRAINING CLASS



After each training session, students untack, groom, and clean their horses to prepare for the sale. Some horses are even vacuumed to eliminate excess dirt! Photo by Marissa Isgreen.

By Marissa Isgreen
Northern Bureau Correspondent

FORT COLLINS—The smell of dirt, leather and sweat waft through the air. A horse coughs and blows its nose; a student clicks to move her filly along. Banners of sponsors and consigners line the ceiling. Dust clouds the air in Colorado State University's main indoor arena.

The horses are young, and their trainers are all students enrolled in CSU's horse training and sale preparation class. The program provides 24 equine science students the chance to apply the theory they learn in class by training and preparing a young horse for sale in the spring.

The fully hands-on class matches young horses, aged two - three years old, with students for two semesters of training. At the end of the two semesters, the horses are sold in the Department's annual Legends of Ranching Performance Horse Sale.

"I really wanted the hands-on learning," said Tanner Isaacs, a senior equine science and animal science double major. "I heard this was one of those classes you have to take while you're still in school."

Students are selected through a try-out process in the spring. John Snyder, the instructor of the program, looks for students who are aware of how their body is

affecting the horse's movement and how safe they are around horses. Once the students are selected, the Department begins seeking out horses from consigners.

"I've had friends at other schools that have training programs like this, but it's nothing like our program," Isaacs said.

"The consign-

ers are sending us quality horses. They believe in the program."

This year, 20 consigners from around the country have contributed 33 young horses to the program. They are shipped to CSU's Equine Center in September. When the horses arrive, they may or may not have been handled. By the end of fall semester, each horse will be halter-broke, meaning they can be caught, lead and handled without being troubled. The horses will also have begun work under saddle, and every student will have at least been on the horse, but won't necessarily be riding.

"The difference between riding and sitting on the horse is whether or not you are a passenger or a driver," Snyder said.

Every student works with every horse in the first half of the fall semester. This allows horses to be handled by a variety of different trainers and provides greater learning opportunities for the students, Snyder said. Just before fall break, students are assigned to the horse they will prepare for the sale.

Over winter break, the horses are turned out into a large pasture to mature and just be horse. When school resumes, they are brought into the barn, and students begin riding and fitting the horses for the sale.

"I'm scared, excited and nervous [for the

sale], but I think I'm most excited to see where [my horse] will end up," said Julie Williams, a junior equine science major.

Because these horses are bound for a sale, they aren't trained for a specific discipline.

"Our job in putting the foundation on these horses isn't so much to train specific maneuvers, it's to train them so that they are prepared for wherever they end up," Snyder explained. "To me, whether you're riding an event horse or a cow horse, you're still riding a horse and you are a student of mechanics."

Students are responsible for training, feeding and caring for the horse, as well as barn maintenance, so the class applies much of the theory students are taught in class. They must be conscious of barn safety, vet concerns, nutrition, horse behavior and handling techniques.

"I think there are benefits to hands-on learning. It allows students to practice the theory we teach in class," Snyder said.

"And because of the sale specifically, [students] are exposed to leaders and employers in the industry."

By the end of the semester every student is riding their horse at walk, trot and canter as well as practicing basic movements like circles and backing up. It is important that each horse is prepared for the sale, but Snyder's ultimate goal is the student's education.

"My goal, whether they decide to be a trainer or not, is that they have a better understanding of horse mechanics and become a better horseman or woman in the end," Snyder said.

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SENIOR COMMUNITY MEALS WORKING TO BRING MORE LOCAL OPTIONS BACK: SUBARU GRANT FUNDS WILL HELP

Mirror staff report

MONTROSE- Volunteers of America's local Senior Community Meals program will receive \$900 in grant funds from Meals on Wheels America (MOWA) for taking part in Subaru of America's seventh annual "Share the Love" event. Senior Community Meals prepares lunches at seven community meal sites across Montrose, Delta and San Miguel Counties and delivers to qualified homebound seniors in the same areas. Approximately 51,175 meals were prepared for both groups last year, according to a news release issued by Volunteers of America last week. Senior Community Meals is principally funded by the Region 10 Area Agency on Aging through the [Older Americans Act](#), originally enacted in 1965 to support a range of home and community-based services, such as meals-on-wheels and other nutrition programs, in-home services, transportation, legal services, elder abuse prevention and caregivers support.

"We are very honored to have been chosen," VOA's Regional Operations Director Craig Ammerman said. "This program is underfunded every year, so Subaru is giving us resources we really need—this grant translates into food, with a direct dollar-for-dollar impact. We are very grateful." Though Volunteers of America is not currently providing meals on wheels through the Montrose Senior Center—the Golden Circle Seniors have been running their own program for the past year after funding cuts were made to VOA's Meals on Wheels program in October of 2013—Senior Community Meals currently delivers 4,500 meals on wheels in Delta, Montrose and San Miguel counties each month. "A couple of years ago, our program was in jeopardy, and we made cutbacks," Ammerman said. "Since then we have tried very hard to bring more options back. We are providing hot meals on wheels again in Delta County, and we would like to do so here—though there are services in Mont-



Senior Community Meals currently delivers 4,500 meals on wheels in Delta, Montrose and San Miguel counties each month. Courtesy photo.

rose itself, the rest of the county does not have access."

To determine if you or someone you know is eligible for Meals on Wheels, call: (970) 835-8028 or Toll free: (866) 416-6942.

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REGIONAL NEWS BRIEFS

CITY COUNCIL SELECTS NEW MAYOR AND MAYOR PRO-TEM



Mayor Romero. Courtesy photo.

Special to the Mirror

MONTROSE – David Romero was appointed as mayor by the Montrose City Council at their regular meeting on April 7. Mr. Romero, whose resume includes past service on several local boards and committees, has served on the City Council since 2013. Prior to his appointment as mayor, he functioned as mayor pro-tem, a position now held by Rex Swanson, who was elected to the City Council in 2014. The mayor and mayor pro-tem are selected by the City Council each April. The mayor presides at meetings of the Council. The mayor pro-tem performs all mayoral duties in the mayor's absence.

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7 pm, DMEA Headquarters,
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SENIORS WILD FOR SOM FOOTWEAR! SOM KICKS OFF FABRIC CHOICE CAMPAIGN FOR LOCALS



Above, Nina Suzanne's boutique held an SOM Footwear trunk show last weekend. Above right, a shopper browses the selection of SOM fabric choices. Photos by Liesl Greathouse.

By Caitlin Switzer
MONTROSE—When Olivier Marchal set out to create the perfect shoe, the idea was to alleviate pain for runners like himself, and to regain a natural sense of motion. Today, he and his wife Nathalie Bouchard own SOM (Sense of Motion) Footwear of Montrose, where they produce a minimalist shoe that's built to endure.

The SOM shoe encourages a natural gait and limits the impact of movement on the body, according to the [SOM web site](#). However, it turns out the appeal has not been limited to young athletes and outdoors types; older adults and those with physical challenges have been trying—and buying—SOM shoes in greater and greater numbers. “Yes,” Bouchard said, “People of a certain age like a roomy toebox—it offers a lot of comfort. There are foot issues that come with age, and people can find pleasant comfort with our shoes.”

All ages have expressed appreciation for SOM shoes, she added, but families with growing children are not as likely to spend

between \$99 and \$138 for a pair of shoes—while seniors often will.

Nina Crozier of Nina Suzanne's (336 East Main Street) has been selling SOM shoes in her boutique, and has noticed the brand's appeal to older adults and those who have back pain.

“People do buy them to exercise in,” Crozier said, “but seniors love these shoes too—If you have bunions and a narrow heel, this shoe will work for you. One man came in who had a broken back, and he was tippy. He said the shoes made him feel more stable, and I could see that he seemed to be steadier when he tried them on.”

Because SOM Footwear has been designed for comfort, some wearers have chosen to personalize their pair with fabric of their choosing rather than the water-resistant fabric that the shoes are normally made with. SOM will host appearances at local craft stores in coming months, to assist locals in choosing their own fabric for shoes. Nina Suzanne's hosted a trunk

Nathalie Bouchard of Montrose's SOM Footwear shows some of the different patterns and bright colors that local shoppers can choose to personalize their SOM shoes. Photo by Liesl Greathouse.

shoe with some of the fabric choices last weekend.

“Fammy Kulpa (SOM Marketing Director) has bikes on her fabric,” Bouchard said. “She puts two different color laces in, one green and one pink—very fashionable and very young. Mine have wallpaper fabric in black and white—they might not last a big trail run, but people are looking at my shoes now!” Visit [SOM on Facebook](#) to keep up with promotions and upcoming appearances. The company can also be reached at 970-765-2616.

Style to boot.
Coverage to last.
The Mirror

WEST CENTRAL WOMEN OF INFLUENCE...

SERGEANT KALYNN CARLTON



Sergeant Kalynn Carlton. Courtesy image.

Interview by Gail Marvel

MONTROSE-In March of 2015 Kalynn Carlton began her 19th year as a member of the Colorado Army National Guard (COARNG). Although she lives in Montrose, Sergeant Carlton belongs to the 101st Army Band located at Buckley Air Force Base in Aurora, Colorado. "You can't stay in the Guard past 60 years of age, but I plan to stay until they kick me out." Kalynn plays the French horn and in the last few years she has added acoustic guitar and background singing to her repertoire.

Kalynn first recognized her leadership skills when she joined band in middle school. "It was the first time that group

success became more important to me than my own desires." A supportive band director put her in leadership roles. "I was honored that he trusted me to care for other people." Active in church youth activities, her sponsors recognized her dependability and tapped her for leadership positions.

As a senior at Adams State College, Kalynn looked for opportunities to play her instrument outside of college. Two of her professors, who themselves were serving in the Guard, recommended the National Guard.

Service in the COARNG requires weekend drills once a month throughout the year, and two weeks active duty training in the summer. It is not unusual for the 101st Army Band to have more frequent meetings. "We are called up for ceremonies, events and engagements. The civilian world often makes requests for a military band."

There are 40 people in Kalynn's unit. "We are very stable compared to other types of units and there is not a lot of turnover, or upward motion for promotions. We are a military family, an Army family." Kalynn feels respected amidst her fellow guardsmen, however, women in the military live with gender at the forefront of their minds. "We are all aware of the disparity and we must work harder and be more organized. It keeps us from being as feminine and emotional because we want to be seen mentally and physically as capa-

ble as our male counterparts." Kalynn had experienced shades of age discrimination when she taught high school for three years. "I've always looked younger than my age and at 24 I could pass for one of my students." The lack of respect and negativity about her age came from male fellow teachers.

Kalynn joked that she has never been at the top of her career because there is always someone else who outranks her. However, her supervisors recognize her as someone capable of transmitting information and communicating with people. "Naturally I'm pretty introverted, but I understand group dynamics and interpersonal relationships well enough to be extroverted when I need to be."

As to her style of leadership Kalynn likes to empower others. "I want people to get to the end of a successful project or mission and feel they have accomplished it by themselves, rather than me doing it for them."

In giving advice to other leaders Kalynn said, "I think you always need to mentor someone to take your place. People get stuck on current projects, missions and situations and they don't plan ahead; we need to be preparing the next line of leaders. We think we need to hold a position to be a leader, but being a leader is an action, not a position. Always be prepared. People will not feel valued if you are wasting their time."



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REGIONAL NEWS BRIEFS

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Special to the Mirror

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Free weatherization is available to members who own or rent their home and who meet set income parameters.

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- * Installation of LED's

You may qualify! Call today to find out if you can take advantage of our free weatherization services.

The first step is calling our local partner, Housing Resources of Western Colorado, at 970-417-3436, to see if you qualify.

For those who do not qualify, please remember that DMEA also offers a very robust energy efficiency program including: free audits, energy efficiency advice, and rebates for energy efficient appliances, heat pumps, LED's, air conditioners and much more. For more information please call us at 1-877-687-3632 and ask to speak to our Energy Service Department.

DMEA is excited to offer these valuable services to our members and we hope that you will take advantage of them. Call today to see if you qualify.

2015 STUPID BAND SPRING EARTH DANCE

April 25, Doors open at 7:30 p.m.

Turn of the Century Saloon

Admission is \$10 and two non-perishable food items for a local food bank!

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ARTS AND CULTURE!

GABRIELLE LOUISE AND BAND TO PERFORM BIRTHDAY CONCERT AT BLUE SAGE CENTER



Gabrielle Louise appears at the Blue Sage Center for the Arts May 16. Courtesy photo.

Special to the Mirror

PAONIA- Appearing at Blue Sage Center for the Arts on Sat, May 16th at 7 pm is luscious vocalist and songwriter, Gabrielle Louise. Join her for a birthday bash concert with a full band!

Of her original music and performance David McGee, New York City music critic and previous editor for Rolling Stone, has said: "She executes a captivating balance of heartache and resolve." Since graduating Berklee College of Music in 2007, Gabrielle has toured extensively throughout the United States and released several records, the most recent of which is called "The Bird in my Chest" and is accompanied by a book of original short stories and poems. For this special concert, Gabrielle

will be celebrating her 30th birthday and accompanied by a trio of very special musicians.

Multi-instrumentalist David Kaye of Redding, CT will join playing the banjo, dobro, and electric guitar, Justin Thompson of Albuquerque, NM performs with Gabrielle on bass, mandolin, and harmony vocals, and percussionist Jonathan Sadler (Gabrielle's brother) will offer a unique percussion sound-scape with the cajon, marimba and tabla.

The Blue Sage Center for the Arts is located 226 Grand Ave in Paonia, CO. Advance tickets are available in person at The Blue Sage www.bluesage.org, Backcountry Coffee, or online at www.gabriellelouise.com.

COLORADO STATE FOREST SERVICE OFFERS FIRE ECOLOGY INSTITUTES FOR EDUCATORS

Special to the Mirror

GOLDEN- Colorado educators have until May 6 to apply for admittance to one of two 2015 Fire Ecology Institutes for Educators, offered for the 14th year by the Colorado State Forest Service. All Colorado educators for grades three through 12 are invited to apply to attend one of the workshops, respectively scheduled for June 7-12 in Durango, Colo., and July 6-11 in Florissant, Colo.

At the weeklong workshops, Colorado teachers visit forests burned in recent wildfires, learn about wildland fire as it relates to forest health and receive materials about forest and fire ecology, fuels mitigation, and fire suppression. Instructors include natural resource professionals, researchers and master educators.

Recently burned, local sites provide the setting for explorations and lessons from foresters, firefighters, biologists, ecologists and other scientists. Attendees take home a collection of resources including Project Learning Tree activity guides, fire science experiments, materials and information from multiple organizations and agencies.

The workshop fee is \$300, which includes lodging, meals, materials, instruction and field trips for the entire week. Continuing education credits are available.

For more information, contact Shawna Crocker at 303-278-8822 or visit www.coloradopl.org to register online.


Montrose High School Jazz Bands Presents

THE GREAT GATSBY GALA

A Roarin' Good Time For a Swell Cause!

12th Annual Swing Dance

\$15 ADMISSION ★ SATURDAY, APRIL 25TH
Dinner: 5:30PM—7:30PM | Dancing: 7PM—9:30PM
Friendship Hall

Dinner by 	FREE SWING DANCE Instruction	SILENT AUCTION	Costumes Admired but not required!
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To purchase tickets or for questions call 970-252-6499

Experiencing the (local) Church

WRITER GAIL MARVEL VISITS CANYON VIEW BAPTIST CHURCH



By Gail Marvel

MONTROSE—My visit to Canyon View Baptist Church took place on Jan. 11, 2015. There was no bulletin, but I was warmly welcomed into the cozy and tastefully decorated auditorium. One dark beige wall accented the character of aged wooden pews and a knee-high altar railing stood guard on either side of the oak podium. The smaller scale platform made the baby grand piano seem grand indeed.

Although the church has a sound system, no amplification was needed for worship leader Dave, whose booming voice filled the auditorium. Hymns, with accompaniment on the piano and flute, included, —“Hallelujah,” —“Joy Unspeakable,” and —“Nothing But the Blood of Jesus.” For special music Miss Mary accompanied herself as she played, —“No one Ever Cared For Me Like Jesus.”

While there were 20 present for this service, Pastor Michael Childers preached as though we were 200 strong. Forceful and focused, the pastor made application through the biblical text, rather than using anecdotes and illustrations. The sermon was liberally seasoned with amens and the

members responded in kind with, —“Amen!” —“That’s right!” and —“Yes!” Between the boisterous song service and passionate sermon there wasn’t a sleepy eye in the room.

A skilled story teller, Pastor Childers brought the story of Gideon (Judges 6-8) to light using reverse chronological order. Beginning with, —“Gideon and his three hundred men, exhausted yet keeping up the pursuit, came to the Jordan and crossed it” (Judges 8:4 NIV). The message then went to previous chapters (six and seven) to explain the men’s exhaustion. Using a process of elimination God reduced Gideon’s army from 22,000 men to 300, —“In order that Israel may not boast against me [God] that her own strength has saved her...” (Judges 7:2b NIV). Making application Pastor Childers said, —“God doesn’t want *you* to do it — He wants to do it for you!”

Prior to Gideon’s battle with the Midianites, God not only told Gideon he would be victorious, but through a dream given to the enemy, had prepared the Midianites for defeat. Pastor Childers said, —“Love my Bible because it tells me what is going to

happen. My victory is already won! Gideon wouldn’t have had victory if he hadn’t followed God. There is a way to have victory, but it’s not the Baptist way, or the Presbyterian way — it’s God’s way.”

Taking the message into the New Testament, the pastor reminded the audience that Jesus came to seek the lost and we need to follow in his footsteps, —“We were born Americans; we weren’t born Christians ... we have to be born again.” God’s Word is where believers learn how to live. Without mincing words he said, —“People who do not love their brother or sister in Christ do not know God. God wants to be real in our lives. Don’t say you are a Christian if you don’t act like a Christian!”

At the conclusion of the sermon an altar call was given for those who wanted to make a decision, or bring prayers and petitions before the Lord. The pastor highlighted the significance of an altar, —“The altar is where God met with his people.”

Contact Info:

Canyon View Baptist Church
32 N. Cedar Ave.
Montrose, CO 81401
970-249-0705

Speaking to the disciples of John the Baptist, Jesus said, “Go back and report to John what you hear and see ...” (Matt 11:4 NIV).

To our readers: Though Montrose writer Gail Marvel does belong to a local church, she is interested in the other houses of worship here in town as well. With this column, Gail will share her experiences as she visits local churches and congregations to learn more about them. Gail wrote a church newsletter for years, and has published her work in a number of Christian publications including The Lookout, Christian Standard, Discipleship Journal and The Christian Communicator.

ALZHEIMER'S EDUCATION SERIES

Living with Alzheimer's for Middle Stage Caregivers: April 9, 4:00-5:00pm

In the middle stage of Alzheimer's disease, those who were care partners now become hands-on caregivers. Join us for this class and hear caregivers and professionals discuss helpful strategies to provide safe, effective and comfortable care in the middle stage of Alzheimer's.

4:00 – 5:00 pm Colorado Mesa University, Classroom 106, 234 S. Cascade Ave. Montrose

RSVP to Erin at 970-275-1220 or eberge@voa.org

Living with Alzheimer's for Late Stage Caregivers: April 23, 4:00-5:00pm

In the late stage of Alzheimer's disease, caregiving typically involves new ways of connecting and interacting with the person with the disease. Join us for this class to hear from caregivers and professionals about resources, monitoring care and providing meaningful connection for individuals with late-stage Alzheimer's and their families.

4:00 – 5:00 pm Colorado Mesa University, Classroom 106, 234 S. Cascade Ave. Montrose

RSVP to Erin at 970-275-1220 or eberge@voa.org

Legal and Financial Planning for Alzheimer's Disease: May 14 & 21, 4:00-5:00pm

In this class, you will have a chance to learn about important legal and financial issues to consider, how to put plans in place, and how to access legal and financial resources near you. Topics include: Making legal plans that fit your need - Legal documents you'll need and what they mean for you - How to find legal and financial assistance - Practical strategies for making a long-term plan of care - Tax deductions and credits - Government programs that can help pay for care

4:00 – 5:00 pm Colorado Mesa University, Classroom 106, 234 S. Cascade Ave. Montrose

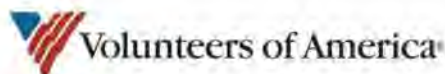
RSVP to Erin at 970-275-1220 or eberge@voa.org

Understanding & Responding to Dementia Related Behaviors: June 11 & 18, 4:00-5:00pm

Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

4:00 – 5:00 pm Colorado Mesa University, Classroom 106, 234 S. Cascade Ave. Montrose

RSVP to Erin at 970-275-1220 or eberge@voa.org



ARTS AND CULTURE!

7TH ANNUAL RE 1J STUDENT ART SHOW OPENS AT REGION 10



Special to the Mirror

MONTROSE-The Seventh Annual Montrose County School District Art Show opens Monday, April 13 and runs through Friday, April 24. The show can be viewed from 8 a.m. to 5 p.m., Monday through Friday at the Enterprise Center, in the Region 10 Building, located at 300 N. Cascade Avenue in Montrose. Each year, the work of art students in grades kindergarten through grade 12 is featured, representing drawing, painting, printmaking, ceramics, photography and mixed media. Everyone is invited to view the wonderful work made by our district's art students.

Mirror file photo.



HONORABLE MENTION

To Jody and John Holland and family...love and prayers.

To Partners of Montrose, Delta and Ouray counties for the annual radio auction 7 a.m. to 7 p.m. April 21...www.coloradoradio.com!

To the Civil War Sesquicentennial Event in Delta May 8-9, for bringing history to life at Confluence Park and other locations...

To the Eighth Annual Ridgway Riverfest, now seeking sponsors for 2015...call Miriam Dozier at 270-493-2305 to help support this fun, no-waste event...

To Volunteers of America, for presenting the Alzheimer's Education Series at Colorado Mesa University...see page 9 of this issue for the complete schedule of courses...

...and to Don Mace, Re-1J payroll coordinator, for nearly 30 years of helping school district staff get organized as they begin and leave their employment with the district. Mace will be honored with a retirement party in the Montrose High School cafeteria on April 22, from 4 to 6 p.m.

REGIONAL NEWS BRIEFS

NEW SCHOLARSHIPS AVAILABLE FOR MHS, OHS SENIORS

Special to the Mirror

MONTROSE—Applications for two new scholarships are now available to local students. The Shaun Peter Cassidy Memorial Scholarship is available to Montrose High School graduating seniors who plan to pursue education and training in the field of auto mechanics. The Patrick J. Noonan Memorial Scholarship is offering two awards for graduating seniors in the Montrose-Olathe area. One is designated for a female student whose father in the vocational/trade industry; the second is for a male who plans to pursue training in the vocational trade industry. More information and applications are available in the guidance offices at each of the local high schools.

NUVISTA FEDERAL CREDIT UNION LIGHTS THE WAY FOR FINANCIAL LITERACY MONTH 2015

Special to the Mirror

MONTROSE – NuVista Federal Credit Union has announced that it will join with its national and state [Jump\\$tart Coalition](#) partners in April to “Light the Way for Financial Literacy,” the theme for this year’s Financial Literacy Month.

National Financial Literacy Month, sometimes referred to as National Financial Capability Month, is a month-long campaign to raise public awareness about the importance of financial literacy and the need for financial education; encouraging collaboration and acknowledging the many

and diverse contributions that organizations like NuVista have made in support of this effort. NuVista employs a full time Financial Literacy Coordinator, Autumn Lettau who sees students in Montrose, Gunnison, Ouray, and San Miguel Counties. Lettau has shared Financial Literacy with close to 4,000 students since being hired in July of 2014. Financial Literacy is a community service offered by NuVista free of charge to classrooms in the area. Lettau believes in the important of financial education and its ability to shape financially responsible citizens.

Lettau states, “The goal of the financial literacy effort is to provide young people with the knowledge and skills they need to make good financial decisions on their own. We believe our programs will help “light their way” to a brighter financial future.”

“Jump\$tart coalition partners and state affiliates work collaboratively to achieve shared financial literacy goals and the efforts of organizations like NuVista are critical to the progress we’ve made together,” said Laura Levine, president and CEO of the national Jump\$tart Coalition.

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COLORADO RETIREMENT SERVICES ANNOUNCES LIBRARY LECTURE SERIES



Marilynn Huseby.
Courtesy image.

By Caitlin Switzer
MONTROSE—Are you or somebody you love over age 65? The experts at Colorado Retirement Services have spent their careers researching and understanding the ins and outs of Medicare and Medicaid, and will be presenting valuable information in a free presentation series from 11:30

a.m. to 1 p.m. at the Montrose Library beginning April 16.

Presentations include “Turning 65 or Already Covered by Medicare (April 16), which will cover Medicare’s 2015 coverage and cost changes; hospitalization and informed questions to ask; comparing and reading the fine print with Medigap, HMO and Advantage Plans; and four easy steps to navigate Medicare.gov.

On April 23, Paul Janzen of Intermountain Funding will present “Home Equity Conversion Mortgage Loans,” covering the

ways in which recently revised FHA guaranteed HECM’s protect spouses; ways unlocking your equity can improve quality of life for you and your family; and downsizing with HECM loans with no mortgage payments.

And on April 30, “Know the Programs that can help protect your family through long recoveries, illnesses or Long Term Care (LTC),” will explore topics such as the State Spousal Protection Act; New Colorado Partnership Programs; LTC Programs that cover home care, assisted living and Nursing Homes to ensure your independence.

Lectures will be held in the Library community room. The purpose is to shed light on an increasingly complex system, organizer Marilyn Huseby said.

“As we age, the systems of information are becoming so much more complicated,” Huseby said, “that they are out of reach for many older Americans. We all need easy-to-understand, informative presentations on the changes to Medicare and Medicaid, and we need to know how to find help with prescription drug coverage.

“Most people don’t realize that having an RX plan is mandatory; those who don’t have one will be penalized when they do

need that coverage,” she said. “Approved RX plans change radically from year to year; you need to know a simple, four-step plan that will help you find the best plan to benefit each individual who is seeking coverage.”

Medicare’s diagnostic systems of admitting and discharging patients changes as well, she noted.

“Patient’s Rights are printed in a flyer at hospitals,” Huseby said. “But the average person does not know the questions to ask; if you ask the right questions, you will get the right answers.”

Colorado Retirement Services was created in 1987 to raise awareness of the issues that face Colorado residents as they reach age 65 and over, she said, and the need for clarity and easy-to-understand information has only grown in the years since then.

“The Medicare Handbook is 272 pages long now,” Huseby said.

“When I got one for my mom in 1985, it was 55 pages. Most people struggle with the governmental overload of information, and plans change radically from year to year.”

To learn more, contact Huseby at Colorado Retirement Services, 970-252-1040, or Toll Free at 888-707-1040.

CLEANUP DAY PLANNED AT VALLEY LAWN FUNERAL HOME & CEMETERY

By Megan Hess

MONTROSE—The bronze marker at Valley Lawn Cemetery reads —“Irene Marie Hess, Our Grammy, October 1, 1927 – September 10, 1999”. To most, her memorial is another grave marker in a Montrose County cemetery. To me, that is my four-year-old daughter, Peyton Marie Hess’s paternal great grandmother. I never knew her as I married her grandson 15 years ago and more than a year after her death, but I respected the loving, adoring family she raised. Her legacy was love and that was taught richly to the next generations of her children, grandchildren and great-grandchildren.

With the recent demise and abandonment of Valley Lawn Funeral Home and Cemetery, the matriarch of the Hess family has an unattended grave. The grass will not be

watered, the lawn not mowed, her headstone left to weather.

When I visited her grave this week, I had to scrap away layers of last year’s grass clippings, weathered leaves from the fall and a muddled grave marker from no care. That day, I made a choice....Either, I can spend the next month worrying about what the cemetery will look like on Memorial Day and what will happen to her sacred burial place or I can be proactive and make a difference. I choose the latter.

MAKE A DIFFERENCE. On May 2, 2015 from 8 A.M. to 1 P.M. at Valley Lawn Cemetery, south of Montrose, our family funeral home, Sunset Mesa Funeral Directors is organizing “Our Community Cares, Cemetery Clean Up.” With the help from the Montrose community, we will be

mowing, trimming and cleaning headstones in preparation for Memorial Day 2015.

Help is needed....please bring your mower, trimmer, gloves and positive attitude and let’s make sure that all graves are prepared from the holiday.

Refreshments will be served. Together we can MAKE A DIFFERENCE. In addition to community members mowing, trimming and cleaning headstones, other donations are needed such as sunscreen, gloves, insect repellent and bottled water.

Financial donations can be made for supplies at Sunset Mesa Funeral Directors at 155 Merchant Drive, Montrose, Colorado or call (970) 240-9870 to have your items picked up or make a credit card donation. For more information, please call Megan Hess at (970) 275-5288 or (970) 240-9870.

THE MONTROSE MIRROR...FRESH NEWS FOR BUSY PEOPLE! WEEKLY ON MONDAYS!
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WATCH OUR FACEBOOK AND TWITTER FEEDS FOR REGULAR UPDATES.



LEGISLATIVE UPDATE BY SENATOR ELLEN ROBERTS

SPONSORING BIPARTISAN BILL TO REFORM PROCESS FOR CHANGING STATE CONSTITUTION WITH BALLOT INITIATIVES

With less than a month to go before the end of the legislative session, the piles of bills and the amount of committee work still to be done are daunting. We'll get through it all even if it means long days as the state Constitution requires us to finish within 120 days each year.

I'm spending a lot of time on the health insurance exchange committee and, as chair of the committee, am responsible for setting the meeting agendas and determining the direction of the legislative committee for the remainder of the year.

At our next biweekly meeting, we'll be taking input from 3 core groups of stakeholders affected by the exchange's operations: consumers, insurance brokers and insurance companies.

Our final meeting during the session will be focused on learning what other states with state-run exchanges, rather than the federal model, have experienced in their start-ups.

I'm sponsoring a bill that changes the name of this committee to include the word "oversight" to be clear to all that the legislature must remain engaged in the successes and failures of the exchange. While initially referred to as an implementation review committee, I believe we owe Coloradans more than just seeing the ex-

change open its electronic doors. The exchange has been the recipient of vast amounts of taxpayer dollars and it is most definitely a publicly created entity.

Because of those public-nature characteristics, transparency and accountability are imperative as well as competency. There is much room for improvement in these areas regarding the exchange and its operations.

The next open enrollment period is Nov. 1st and many improvements need to be made before that deadline which will test the exchange's functionality and viability.

In addition to chairing the health insurance exchange committee, I'm moving my own bills through the legislative process. Several of my bills made it through another step in the process last week, including the veteran fire corps bill, another bill modifying the conservation easement tax credit program to be more user-friendly and less costly and a bill regarding the reporting and analysis of data on officer-involved shootings.

I'm also sponsoring a bipartisan bill to reform the way we change our state's constitution by ballot initiatives.

This bill sets up a two-year process for proposed constitutional changes.

In the first year, proponents would submit

their proposal and the necessary signatures to put it on the ballot. That year, voters would consider whether the proposal merited being on the ballot the following year.

If a majority of voters support the concept enough to vote on it a second time, then public meetings are to be held in each congressional district to comprehensively review the measure.

If approved by a majority of the voters in the second year, the state's constitution is changed to include the new amendment.

I'm expecting that we'll have robust and possibly heated discussions on the bill this session.

That's not a reason to shy away from carrying such a measure, though, as Colorado's constitution has been amended many times, sometimes with conflicting and fiscally unsustainable mandates.

Our initiative process, originally intended to provide citizen empowerment, has been co-opted by how easy it is to access.

Coloradans should take back this right meant for them, not for out-of-state, special interests seeking constitutional amendments for their own gain.

2015 Legislative Session Contact:

200 E. Colfax Avenue, Denver, CO 80203

Capitol phone: (303) 866-4884

ellen.roberts.senate@state.co.us.

THE CENTER FOR MENTAL HEALTH, CITY OF MONTROSE HOST SUICIDE AWARENESS FORUM

Special to the Mirror

MONTROSE – Renowned speaker and founder of the National Police Suicide Foundation, Robert Douglas, spoke to a group of 75 people at the Montrose Pavilion on the evening of April 7th about the effects of suicide on the community. Douglas spoke to key members of the community including teachers, school ad-

ministrators, local business owners, concerned citizens, parents, families, and grandparents.

Douglas urged those present that, *"The only way to effectively address the issue of suicide in our communities is to bring it into the light; to openly discuss it."*

Following Douglas' presentation, participants broke off into small groups led by

Center for Mental Health therapists to ask questions and speak openly about their concerns. The Center for Mental Health offers no cost crisis services 24-hours a day, seven days a week to everyone. Please call 970-252-6220 if you need help. The State of Colorado also offers Colorado Crisis Services at 1-844-493-TALK (8255). Calls to either number are free.

COBBLE CREEK TO HOST FIFTH ANNUAL COMPASSION BASH

Special to the Mirror

MONTROSE-On May 1st - The Fifth Annual Cobble Creek Compassion Bash – Interactive fashion show for guys and gals, complimentary hors d'oeuvres with cash bar, dancing, raffles and grand prizes. All to benefit Dr. Mary Vader's Helping Hand Fund, a component of the Montrose Community Foundation. Cobble Creek Clubhouse, 6 pm. Tickets: \$20, available at She She Boutique and D'Medici Footwear and Nina Suzanne's Main St., Montrose, Cobble Creek Pro Shop. For more info call 970-964-4947 or email info@cobblecreek.com.

SANDRA TYLER-GOVERNMENT BEAT

MONTROSE COUNTY BOCC MEETING AND WORK SESSION



Sandra Tyler.
Government Beat.

BOARD OF COUNTY COMMISSIONERS MEETING 4/6/15

By Sandra Tyler

Government Beat Reporter

MONTROSE- BOARD OF COUNTY COMMISSIONERS

MEETING 4/6/15 @ 6 PM

PUBLIC COMMENT PERIOD-

Katie Yergensen reminded those present that the

MOTOR VEHICLES DIVI-

SION OFFICE WILL BE CLOSED FOR RENOVATION THURSDAY 4/16, FRIDAY 4/17, MONDAY 4/20, TUESDAY 4/21/15.

COUNTY MANAGER, Ken Norris removed items 3 & 8 to be heard another time and moved D.7. to Consent items.

C. CONSENT AGENDA: **All Consent items unanimously approved.** Request for approval of General Fund and Special Fund Expenditures: 01/02/15, 01/12/15, 02/13/15, 02/20/15, 02/27/15, 03/13/15 and 03/20/15.

Approval of Minutes: 03/02/15, 03/06/15 Special, 03/16/15 and 04/01/15

MONTROSE REGIONAL AIRPORT, possible authorization for the Chairman's signature on the Landing Fee and Airport Use Agreement for Republic Airline, Inc., effective 04/06/2015 for the term 06/01/2015 through 05/31/2016, as reviewed by Counsel; this represents budgeted revenue in the amount of \$177,606.75.

HEALTH AND HUMAN SERVICES-authorization for the Chairman's signature on a letter to the Colorado Department of Public Health and Environment terminating Contract #14 FLA 61810 Tobacco Cessation at the Montrose County Correctional Facilities, as reviewed by Counsel.

HEALTH AND HUMAN SERVICES-authorization for the approval to the Child Protective Services Unit — Year 3 Application to participate in the IV-E Waiver, effective 04/06/2015, as reviewed by Counsel; represented revenue in the amount of \$177,272.60 in 2014.

FACILITIES/FAIRGROUNDS-authorization for the Chairman's signature on the Stock Contractor Agreement with Berentis Rodeo Company to provide rodeo stock for the 2015 Montrose County Fair and Rodeo, as reviewed by Counsel, effective 03/24/2015; -represents a budgeted expense in the amount of \$6,850.00 to the Fair Board.

FACILITIES/FAIRGROUNDS-authorization for the Chairman's signature on an entertainment agreement with Top Hogs to provide family entertainment for the Fair that includes three — thirty minute shows per day, effective 07/27/2015 through 07/31/2015, as reviewed by Counsel.

GOVERNMENT AFFAIRS, Jon Waschbusch, consideration and possible acceptance of a Temporary Easement from William D. Taylor and Marla K. Taylor. This easement shall terminate on 12/31/2018 unless previously terminated. The easement would grant access through Taylor's private property to adjoining BLM administered lands. Access is necessary to perform geotechnical investigation and feasibility work related to a potential reservoir site

at Maverick Draw and has been reviewed by Counsel.

Any improvements or work related to the easement are budgeted as part of the water rights project in the adopted 2015 Montrose County Budget.

Moved from GENERAL BUSINESS & ADMINISTRATIVE ITEMS TO CONSENT AGENDA.

ORGANIZATIONAL DEVELOPMENT/HUMAN RESOURCES- authorization for the Chairman's signature on the CDBG #13-505 Montrose Hospice Clinical Services Amendment, changing the direct supervision of the grant from Erica Weeks to Greg Jennings, as reviewed by Counsel, effective 04/06/2015; no budgetary impact.

GENERAL BUSINESS & ADMINISTRATIVE ITEMS:

MONTROSE REGIONAL LIBRARY, Linda Gann, adoption of a Proclamation proclaiming April 12 — 18, 2015 National Library Week. Motion made, seconded, unanimously approved. Library Staff present for a photo.

MEDIA RELATIONS, Katie Yergensen, adoption of a Proclamation recognizing Linda Nehring, a community member and a teacher, as a Distinguished Citizen of Montrose County. Mr. & Ms. Nehring was recognized for their adoption of 6 of 18 foster children they have taken care of along with 3 of their own children and being there for 30 other children over the years, some of whom have stayed with them for over 4.5 years. Mr. Ron Henderson commented that, "They are God's people and thanks from him for knowing you through membership in my church." Mr. Glen Davis stated that, "They are indeed special people." Motion made, seconded, unanimously approved. Mr. and Ms. Nehring present for a photo.

MEDIA RELATIONS, Katie Yergensen, adoption of a Proclamation proclaiming April, 2015 as National Child Abuse Prevention Month. Nationwide, 678, 832 children have been reported as abused. In 2014 in Montrose County, there were reports of 706 children and 206 were further investigated. Motion, seconded, unanimously approved. Mr. Ron Henderson commented, "It is unfortunate that there are abused children." Mr. Glen Davis commented, "We spend a lot of money frivolously and not on our most precious assets, our children." Motion made, seconded, unanimously approved.

HEALTH AND HUMAN SERVICES, Kristin Pulatie, adoption of a Proclamation proclaiming April 6 — 12, 2015 as National Public Health Week. Employees to be recognized are as nominated by their coworkers for their outstanding commitment to their positions and their clients were: Veronica Martinez-Erie, Theresa Frick-Crawford, Carmen Mora, Teri Watkins and Herlinda Avila. Motion, seconded, unanimously approved. Mr. Glen Davis commented, "I like to see employees honored." Motion made, seconded, unanimously approved.

EMERGENCY MANAGER, Don Angell, authorization for the Chairman's signature on the Emergency Fire Fund Agreement allowing Montrose County to apply and file for Emergency Fire Fund money when and if a wild land fire threatens homes and property in Montrose County, as reviewed by Counsel, effective 04/06/2015; represents a

budgeted expense in the amount of \$12,100.00 with actual cost at \$11,145.00. Mr. Don Angell stated that this is an annual repeated agreement and this years was less than the expected budgeted amount. Motion made, seconded, unanimously approved.

EMERGENCY MANAGER, Don Angell, authorization for the Chairman's signature on the Agreement for Cooperative Wildfire Protection tying the counties in the State of Colorado with the State for the purpose of fighting wild land fires; as reviewed by Counsel; this represents no budgetary impact. This is a revision to a previous document created over 20 years ago. Mr Don Angell commented, "The previous document was a contentious one." Motion made, seconded, unanimously approved.

ORGANIZATIONAL DEVELOPMENT/HUMAN RESOURCES, Corrinne Shearer, consideration and possible authorization for the Chairman's signature on the CDBG #13-505 Montrose Hospice Clinical Services Amendment, changing the direct supervision of the grant from Erica Weeks to Greg Jennings, as reviewed by Counsel, effective 04/06/2015; this represents no budgetary impact. Moved to Consent agenda.

PUBLIC WORKS, Ken Winckler, authorization for the Board's signature on the Olathe Town Project Program Agreement and funding to purchase and install hot mix asphalt to overlay Main St (aka 4th St), as reviewed by Counsel, effective 04/06/2015 through 12/31/2015; this represents an annual expense in the amount of \$33,333.00. Mr. Ken Winckler commented, "This was a result of an earlier decision this year to equally divide \$100,000 between Olathe, Nucla, and Naturita in support of an identified project for their towns.

Mayor Ron Smith in attendance with Patty Gabriel, Olathe Administrator. Mr. Ron Smith thanked the County Commissioners and stated that, "The funds will be added to contributions currently being accepted from residents." Olathe applied for grant monies for curb and gutter work, street-scapes, and lights on Main Street." Ms. Patty Gabriel stated, "This will be spent before the end of the year."

Motion made, seconded, approved by a 2-1 vote. Mr Ron Henderson voted no with the comment, "This is dangerous ground to be treading on and sets a precedent for future annual requests from Montrose County communities."

PUBLIC WORKS, Ken Winckler, authorization for the Board's signature on the Nucla Town Project Program Agreement and funding to purchase and install water valves, related fittings, valve boxes and other incidental items for its water valve replacement project, as reviewed by Counsel, effective 04/06/2015 through 12/31/2015; this represents an annual expense in the amount of \$33,333.00. Nucla identified that three water main breaks occurred. It was determined that it was because of 14 valves not being used periodically to avoid breakdowns and with the replacements that will cost over \$45,000, the valves will be periodically used in the future to hopefully prevent

Continued next page

SANDRA TYLER-GOVERNMENT BEAT

MONTROSE COUNTY BOCC MEETING AND WORK SESSION *continued*



April 12-18 is proclaimed National Library Week. County Commissioners are pictured with Library staff and Linda Gann, center front. Courtesy photo.

similar breakdowns.”

Motion made, seconded, approved by a 2-1 vote. Mr. Ron Henderson voted no with the same comment as in #8. Personal comment: I am expecting that when Naturita submits their project, the vote will be the same and for the same reason.

PUBLIC WORKS, Dean Cooper, Public Works solicited a publicly advertised invitation to bid for Bulk Portland Cement to be used on the Rehabilitation of Hillside Road between Ida and Jasmine Roads. Two bids were received; GCC of America, Inc submitted the lowest price bid. On this basis and in accordance with the Montrose County Procurement Policy, Public Works Staff recommends the Board consider award of the bid to GCC of America, Inc in the amount of \$159.49 per ton and possible authorization of the Chairman's signature on the Purchase Agreement, effective 03/16/2015. All information submitted in this regard has been reviewed by Counsel. Mr. Dean Cooper commented that 40 tons are left over from projects from 2014 and this project is expected to be a 400 ton usage or less.

Public Comment

Mr. Roger Brown commented that the difference in the bids was a \$1.57 difference/ton but that a fuel surcharge would be applied if the cost of diesel is below a certain price per gallon. He requested that the Commissioners add a statement, “not to exceed” the amount of 400 tons times \$159.49 per ton.

Mr. Dean Cooper stated that the project will be done in 45 days and is coming from Fruita while the other bidder will be coming from Rifle and that the fuel surcharge from Fruita will be nominal if any.

that there is no need for due process as all Board members are voluntary, are accepted by the County Commissioners and can be removed by the County Commissioners.

Public Comment

Mr. Roger Brown commented that due process is important to retain because if someone is fired from a board with accusations, they are allowed to speak in public about it and to present their side. Without due process in place, they have no rights.

Without consideration of public comment, motion made, seconded, unanimously approved.

OFFICE OF COUNTY ATTORNEY, Teresa Williams, FIRST READING. TO BE FOLLOWED BY PUBLICATION AND A SECOND READING. Approval of the amendment of Ordinance No. 2015-1 by authorizing the use of off-highway and all-terrain vehicles on portions of 2900 Road and CC Road in the west end of Montrose County. This is a Pilot Program. The request to add 2 portions of roads came as a request from Nucla to assist in vehicles having access for fueling at the single gas station in Nucla. Motion made, seconded, unanimously approved on first reading.

OFFICE OF COUNTY ATTORNEY, Teresa Williams, consideration and possible authorization for the Chairman's signature on a RESOLUTION 14-2015 establishing the rate of charge for emergency telephone service pursuant to CRS 29-11-103(3)(a). Ms. Williams stated that this annual resolution is required by state statute and the current rate of change is the suggestion of \$1.25/phone line. Realizing that many families have multiple lines, such as 5, this collects \$3.50 per month or \$40/year. From the approximate 10,000 households in Montrose County that

Mr. Roger Brown requested the Commissioners still add a statement, “not to exceed.” Instead, Motion made, seconded, unanimously approved.

OFFICE OF COUNTY ATTORNEY, Teresa Williams, authorization for the Chairman's signature on a RESOLUTION rescinding RESOLUTION No. 78-2009 which established due process for members of County appointed committees, boards and commissions. Ms. Williams stated

could equal \$400,000 which could be used to get the Dispatch Center back up to where it should be.

Public Comment

Mr. Roger Brown commented that the current way to fund the 911-\$0.70/line in through METSA, and METSA is currently sitting on \$300,000 (which is designated for equipment per Ms. Kathy Ellis, City Council member, and former Mayor). Mr. Brown referred to the article in the Montrose Daily Press on the Sunday 4/5/15 front page about the authority these funds go to, METSA, in which the A stands for Authority, a scary word per Mr. Brown. METSA (Montrose Emergency Telephone Service Authority) does not share information with the public or even the County Commissioners whom Mr. Brown informed me that the Commissioners requested information from METSA via CORA (Colorado Open Records Act). Mr. Brown stated that, “THIS IS TAXATION WITHOUT REPRESENTATION.”

With the comment on AUTHORITY, I went to the internet: Authority means that one has the control or the credit to command a situation. Authority is the right to influence the behavior of others based on acknowledged duty to obey. Authority is the power to enforce law and take command, and to expect obedience from those without authority. Authority can exist with or without power. Now I know why he said what he said.

Motion made, seconded, unanimously approved.

ADMINISTRATION, Kathy Kacso, consideration and possible appointment of Bruce Ray to the Weed Commission.

Public Comment

Mr. Roger Brown commented that Mr. Bruce Ray is “already on two boards, and is a third really too much?” Mr. Ron Henderson commented, “Mr. Ray is a professor emeritus from an Oklahoma University.”

Motion made, seconded, unanimously approved.

Actually, Mr. Bruce Ray is on 4 boards now: Montrose County Board of Adjustments until 1/31/18, Montrose County Airport Advisory Board until 12/31/17, Olathe Cemetery Board until 12/31/17, Montrose County Weed Commission until 4/6/17.

15. ADMINISTRATION, Kathy Kacso, appointment of Jim Knight to the Historical Landmark Society. No Public Comment.

Motion made, seconded, unanimously approved.

OTHER BUSINESS

Amended Ward View Minor to Lift a Plat Note (AM-15-0004). Location: 2501 5500 Road Zoning by Applicant: Jeffrey Burch, Owners: Jeffrey Burch and Kimberli Guthrie-Burch. Mr. Dean Cooper stated that the property under a different owner was divided into two sections and now the current owners want to create three lots with a division of the other lot than theirs into two lots. Motion made, seconded, unanimously approved. Meeting adjourned.



Department of Health & Human Services
Environmental Health
1845 South Townsend Avenue
Montrose, Colorado 81401
970 252 5000



Food Safety Classes

Offered by Montrose County Health and Human Services

Our 2 ½ hour class provides basic food safety knowledge in order to prevent food borne illness. You and your staff will learn how to keep your food and customers safe.

2015 Schedule

Tuesday, January 13th

Tuesday, February 10th

Tuesday, March 10th

Tuesday, April 14th

Tuesday, May 12th

Tuesday, June 9th

NO July class

Tuesday, August 11th

Tuesday, September 8th

Tuesday, October 13th

Tuesday, November 10th

NO December class

Steps to Follow

1. Preregister by calling 252-5043 or 252-5067.
2. Bring \$10 payment per person to the class, either check or cash.

Class Location and Time

In Friendship Hall kitchen - Montrose County Fairgrounds
2:00 p.m. until 4:30 p.m.

Those completing the class will receive a wallet size class participation certificate.



TACKLING OVERSIGHT OF COLORADO'S HEALTH INSURANCE EXCHANGE



By Trudy Lieberman

Rural Health News Service

COLORADO—Shortly before Easter the House of Representatives passed legislation that's supposed to fix once and for all the formula the government uses to pay doctors who treat

Medicare patients. The Senate is expected to agree. The so-called doc fix legislation has been a political hot potato since the late 1990s when Congress tried to slow down healthcare costs by cutting doctor payments. The docs complained when Medicare tried to cut their payments, and 17 times Congress stopped the cuts.

This time was different, though. Democrats and Republicans came together to fix the formula, gave doctors a small raise, and began to change the basic Medicare benefit that has helped millions of seniors and disabled people for 50 years. Changing Medicare from an insurance plan that pays virtually all a person's medical costs (assuming they have Medigap coverage) has been a long-standing goal of many Republicans and Democrats, too.

The end game is to convert Medicare into what's known as a premium support or a voucher plan. Under this arrangement the government would give seniors a sum of money to buy whatever coverage they wanted in the open market. The plan would be similar to the subsidies that 8 million or so Americans receive for Obamacare policies. Whether such vouchers will keep pace with medical inflation over the years is unclear. The same applies to Obamacare subsidies. The current legislation doesn't go that far yet, but senior advocates see it as a foot in the door. Here's what it will do: **More means testing of Medicare premiums.**

The premise of Medicare was that it was social insurance. Everyone paid the same premium and everyone had the right to receive the same basic benefits. But in 2006 Congress changed the law so that individuals with incomes over \$85,000 and \$170,000 for couples paid more. The House bill changes the rules again so that some people already paying higher premiums will pay more, a measure that could further erode universal political support for the program. The president's budget proposal would have required higher premiums for even more seniors.

Stacy Sanders, the federal policy director for the Medicare Rights Center, an advocacy group, told me, "This is problematic because eventually middle class people would pay more. If the president's proposal were implemented today, beneficiaries with incomes around \$45,000 in today's dollars would pay higher premiums."

Require more skin-in-the game. That means some seniors will have to pay more out-of-pocket. No one who becomes eligible for Medicare in 2020 or thereafter will be able to buy coverage for Medicare's Part B deductible, which applies to physician and outpatient services.

Those who work with seniors worry that's a first step to totally redesigning the benefit to require more and more skin in the game.

Future changes could mean much higher deductibles (it's currently \$147) and requiring beneficiaries to pay high out-of-pocket maximums before their Medigap insurance kicks in. A few years ago some proposals called for maximums in the \$5,000 to \$7,000 range. Those pushing for higher cost sharing for seniors cite an old study from the RAND Corp. that found

when patients have to pay from their own pockets, they don't go to the doctor as often. The theory and the hope is that if Medicare and private supplement plans pay less and individuals have to pay more, healthcare costs will decrease. But RAND also found patients couldn't discriminate among necessary and unnecessary care. "You may see savings at the front end, but you'll pick up the costs at the backend in emergency room use and more hospitalizations," says Bonnie Burns, a policy specialist with California Health Advocates.

What's at issue here are future tax increases that may be necessary to fund Medicare, and powerful stakeholders like employers don't want to pay them. In his blog post Douglas Holtz-Eakin, president of the American Action Forum, a center right policy institute, said the House bill fixes the doctor payment formula and introduces structural changes in Medicare, adding the two changes balance each other over the next 20 years "without raising taxes."

Cuts to seniors and lower government payments to hospitals fund part of the doc fix. The rest of the tab is added to the deficit. Apparently it was a price many members of Congress who've railed for years against deficit spending were willing to pay to get what one senator called a "down payment" on entitlement reform.

We'd like to hear your experiences with Medicare and how you use your benefits. Write to Trudy at trudy.lieberman@gmail.com. Editor's note: The Rural Health News Service is funded by a grant from The Commonwealth Fund and is distributed through the Nebraska Press Assn. Foundation, Colorado Press Assn., South Dakota Newspaper Assn., Hoosier (IN) State Press Assn., Illinois Press Assn., Wyoming Press Assn. and California Newspaper Publishers Assn.



Valerie Meyers

Realtor,
GRI

Valerie Meyers'

Weekly Monday

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MARKET REPORT

from the Road

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Click here to catch Valerie's weekly Monday Real Estate Market Report video...from the road!

SANDRA TYLER-GOVERNMENT BEAT

CITY OF MONTROSE WORK SESSION AND COUNCIL APRIL 6-7

By Sandra Tyler

Government Beat Reporter

MONTROSE-INTRODUCTION OF NEW CITY EMPLOYEES: City Manager Bill Bell introduced Mr. Phillip Bussey, mechanic for Public Works. Phillip has been a mechanic in the military and also the Guard. He lived in Denver a long time, moved to Grand Junction for a year, and then moved here for the job he was accepted for. His wife is from Montrose and her father has an electricity business. They have one daughter. Ms. Jeannie Phillips was recently hired in a part-time position as Customer Service Representative for Public Works. She has been retired for 10 years from a position with Montrose County Road and Bridge. After retiring she did bookkeeping work but decided to apply for the job when she saw it listed. So far, she finds all the staff helpful, nice, and commented that the orientation was very thorough. Both were present for a photo.

DISCUSSION ITEMS

Parking Ordinance for Recreational Vehicles and Trailers parked in Public Right of Way

City Attorney Stephen Alcorn was asked to research the current ordinance after a discussion of issues brought during a previous work session. He discussed what he proposed as potential changes to the current Ordinance.

The issues are that some owners park their vehicles for months on public Right of Way as a form of storage vs. in their driveways or the side of their homes which can lead to complaints to the Montrose Police Department as either an eyesore or they are parked in the way of traffic that could lead to access problems. One vehicle was parked outside of the downtown City Market for months. Some violators have said they would rather pay the fine as it is cheaper than a storage facility.

Alcorn and Council members discussed some of the other proposed changes such as adding a section that allows the vehicle to be parked for actively loading or unloading the vehicle; limiting the time to be parked to 48 hours; adding a section for immediate removal if it creates a traffic hazard or impedes traffic flow; and increasing the penalty fines for the first offense in a calendar year to more than current, specifying a larger penalty fine for the second offense in a calendar year, and a substantial increase for the penalty fine for the rest of subsequent offenses in a calendar year.

State of Colorado Agreement for the Use of the Elks Civic Building as a Temporary Location for the Ute Indian Museum—Assistant City Rob Joseph and Mr. Virgil Turner discussed the use of the ground floor Cascade Room of the Office of Business and Tourism as the Ute Museum Gift Shop and one of the first floor rooms as an office for the Director of the Ute Museum for one year from Sept. 2015-Sept. 2016 while the current Ute Museum is being renovated and expanded. The OBT also has placed an interactive satellite system at the current location of the Ute Museum and is contemplating another at the Black Canyon of the Gunnison National Park and at the Museum of the Mountain West. With the Ute Museum Gift Shop at the OBT, the OBT will be accessible on Sunday and is already accessible on Saturday.

Resolution of Support for LiveWell Healthy Eating Active

Living Cities & Towns Campaign—To access the Resolution of Support, go to <http://www.cityofmontrose.org/ArchiveCenter/ViewFile/Item/2160> and scroll to pages 20-22. Remember that I am a retired Registered Dietitian/Nutritionist and my heart is in Healthy Eating Active Living (<http://livewellcolorado.org>)

Communities in Colorado can join the LiveWell Healthy Eating Active Living Campaign in one of three categories: active, fit, elite. The City of Montrose will be in the Active category with Human Resources Director Terri Wilcox doing Workplace Wellness. Mayor David Romero commented that he supports the latter on a personal level.

GENERAL DISCUSSION ITEMS

Councilor Judy Ann Files recently returned from a Main Street program held in Atlanta. She stated that it is time for the City Council to be more involved in the DDA and the Main Street Program. Files commented that The Paths to Parks in relation to the Rec District's new complex is important and that the property in front of the latter could be looked at again. Someone could buy the house on the property and move it to a different location, leaving the parcel less expensive for consideration of acquisition.

WRITTEN REPORTS

To view the following: go to <http://www.cityofmontrose.org/ArchiveCenter/ViewFile/Item/2160> and scroll to the pages in parentheses behind each report: All Points Transit 02/24/2015 Annual Meeting Report and Board Meeting Report (23-29); Black Canyon Golf Course Advisory Committee Meeting Notes dated 03/17/2015, (30-35); Municipal Court 2014 Annual Report (36-41); Project 7 Board Meeting Report dated 03/26/2015 (42-43); TRAC Meeting Materials - <http://www.cityofmontrose.org/574/Tourism-Retail-AdvisoryCommittee>

FUTURE TOPICS Zoning Code Update—April 20; Pour House Wine & Spirits Liquor License Transfer—April 21; State of the City Report—April 21; Quarterly Police Department Report—May 4; Quarterly Budget Review—May 19.

CITY COUNCIL 4/7/15 REGULAR MEETING

The Pledge of Allegiance was led by the Young Professionals Group (formerly 21-40). A brief presentation of the group was made. They are attending meetings around town to encourage persons to join. For further information, call the Chamber of Commerce at 249-5000.

SELECTION OF MAYOR AND MAYOR PRO TEM

Mayor Pro Tem David Romero presided over the selection of 2015-2016 Mayor and Mayor Pro Tem. Ballots were handed out, tabulated, shown to City Manager Bell, and read. Motion made, seconded, and passed 4-0, 1 absent to accept David Romero, Mayor Pro Tem as Mayor. Mr. Romero announced that the theme for his term will be inclusion because "Together we can accomplish great things." Motion made, seconded, and passed 4-0, 1 absent to accept Mr. Rex Swanson as Mayor Pro Tem.

BRIEF RECESS to make the necessary updates to the seating arrangement and electronic voting system in the City Council Chambers.

ARBOR DAY PROCLAMATION read by Mayor David Romero. For information go to <http://www.cityofmontrose.org/ArchiveCenter/ViewFile/Item/2159> and scroll to page 5.

EARTH WEEK PROCLAMATION—for information go to <http://www.cityofmontrose.org/ArchiveCenter/ViewFile/Item/2159> and scroll to page 6.

CALL FOR PUBLIC COMMENT—none

CONSENT AGENDA—for information on A or B or C, go to <http://www.cityofmontrose.org/ArchiveCenter/ViewFile/Item/2159> and scroll to pages 7-12 or A, pages 13-18 for B, pages 19-24 for C.

City Council consideration of a Stipulation and Agreement between the City of Montrose, Colorado, City Council acting as the Local Licensing Authority and J&LL Services LLC, d.b.a. Beer Barn II for settlement for a compliance check violation on Dec. 18, 2014.

City Council consideration of a Stipulation and Agreement between the City of Montrose, Colorado, City Council acting as the Local Licensing Authority and Blair Sales Company, Inc., d.b.a. Blairs Truck Stop for settlement for a compliance check violation on Dec. 18, 2014.

City Council consideration of a Stipulation and Agreement between the City of Montrose, Colorado, City Council acting as the Local Licensing Authority and Trieu LLC, d.b.a. Drive-In Liquors for settlement for a compliance check violation on Dec. 18, 2014.

Motion made, seconded, and passed 4-0, 1 absent.

APPROVAL OF MINUTES—for a copy of the March 17, 2015, regular City Council meeting minutes go to <http://www.cityofmontrose.org/ArchiveCenter/ViewFile/Item/2159> and scroll to pages 25-29.

Motion made, seconded, and passed 4-0, 1 absent. Ms. Files was not at the 3/17/15 meeting but was able to vote as she viewed the video.

ORDINANCE 2355 — FIRST READING

To read the ordinance, go to <http://www.cityofmontrose.org/ArchiveCenter/ViewFile/Item/2159> and scroll to pages 30-31.

City Council consideration of Ordinance 2355 on first reading, an ordinance of the City of Montrose, Colorado, adding a new Section 2, to Title IX, Chapter 10 of the Official Code of the City of Montrose, establishing a permit for commercial rafting at the Montrose Water Sports Park. Mr. Stephen Alcorn premised the hearing with comments that the rules and regulations are still being determined and that he has been working with the suggestions from various outfitters.

Hearing for public comment:

Mr. Hank Hotze, an outfitter in both the Grand Canyon and the Black Canyon of the Gunnison, spoke first. When he heard that the Gunnison was to be dammed 30 years ago, back in 1985, he became involved. The river was not dammed. However, the first year of river running, there were two permits issued, then five the next year, then eight, then up to 20. Hotze cautioned the City of Montrose to consider watching the park usage for a year before implementing the rules and regulations as the Uncompahgre is small and narrow. He encouraged implementing a carrying capacity study for six months to determine the number of outfitters to be allowed on the river, to consider the habitat, and to consider the environment.

Mr. Bill Glasscock of Jagged Edge in Ridgway spoke as well. He has been a kayaker and guide for 30 years. He commended the City with what they have done in the

SANDRA TYLER-GOVERNMENT BEAT

CITY OF MONTROSE WORK SESSION AND COUNCIL APRIL 6-7 Continued

in the water park. "You have done a fantastic job!" Areas he suggested to address were the number of bathrooms, as the current are already maxed out; there are no changing areas; parking needs expansion. He suggested using a USGS river gauge with web cam on site that could provide an online visual view for tourists and residents to access before traveling to the area.

Tim Patterson of Ridgway's Rigs Adventure Company is an outfitter in the Gunnison Gorge and other locales. He talked about limits of liability and needing more description for outfitters. Patterson asked about access to the Uncompahgre outside of the park for running.

Attorney Alcorn spoke again: "there is just a six mile stretch of river to run; the city owns property in the park but not the river so getting in and out will need some future definition; we are very open to working with the industry regarding the rules and regulations; we are aware of the limited bathroom facilities and the cleanliness of them; new bathroom facilities will cost several hundreds of thousands of dollars, thus we are bringing in Porte-Potties to start; we are trying to stay on top of the needs, especially the changing areas; we are aware that the horseshoe pits might have to be moved; we are negotiating for property for more parking; we might provide transportation from outlying parking areas; we are working with OBT re a web cam; we are planning to make the outfitter fees of benefit to the outfitters as we are aware that a limit of 2 rigs holding a small amount of passengers is not cost-effective to the outfitters; we are aware that the park is not built for large commercialization and that there are concerns about fishermen casting while there are kayakers and rafters while there are day floaters; we intend to contain overuse; and finally, Mr. Scott Murphy is developing a program for the internet."

Motion made, seconded, and passed 4-0, 1 absent to adopt Ordinance 2355 on first reading.

A. Ordinance 2350 on second reading, an ordinance of the City of Montrose, Colorado, pertaining to the amendment of consumption in parks. To review, go to <http://www.cityofmontrose.org/documentcenter/view/30674>.

(A) Alcohol Consumption Permits for beer and wine may be obtained from the City, subject to fees, terms and conditions as administered by the City for the following designated locations within City parks:

(1) Within the pavilion picnic structure located at Rotary Park and a 20-foot perimeter thereof, during times when school is not in session.

(2) Within the pavilion picnic structure located at Riverbottom Park and a 20-foot perimeter thereof and in other areas as may be determined by the City.

(3) Within La Raza Park, Cerise Park and Ute Park Softball Fields, at a specified location to be determined by the City. All other possession or consumption of alcohol in City parks is prohibited pursuant to the provisions of 5-12-3 (A), (B) and (C).

Accept public comment-none

Motion made, seconded, and passed 4-0, 1 absent to adopt Ordinance 2350 on second reading.

CITY EQUIPMENT PURCHASES City Council consideration of the purchase of one (1) street sweeper and one (1) crack sealer for the Street Division. For information, go to

<http://www.cityofmontrose.org/ArchiveCenter/ViewFile/Item/2159> and scroll to pages 32-44.

CITY COUNCIL MEMBER KATHY ELLIS REQUESTED THESE BE HEARD SEPARATELY as she had questions on the crack sealer.

Street Sweeper

Public Works Director John Harris provided all the information previously requested such as costs of warranties, and answers to those questions asked at work session, at the first reading and this meeting as follows: optional equipment offered in the lower bidder's bid that was included in the higher bidder's bid will add \$5,900 or a total of \$179,365 with the bid still lower than the \$181,165 second bid. Harris checked with Delta, Olathe, and Ridgway and none are interested in buying our current street sweeper. An extended warranty of 5 years added \$8,515 and will come out of the fleet budget as we have been receiving bids lower than proposed budget numbers for a number of pieces of equipment. The \$18,000 trade-in is calculated in the \$179,365 bid.

Accept public comment-none. Motion made, seconded, and passed 4-0, 1 absent to approve the purchase of one (1) Elgin Pelican street sweeper from Faris Machinery at a total purchase price of \$179,365. Crafco crack sealer, Denver Industrial Sales & Service Co. at a total purchase price of \$45,513.22. Budgeted proposal was at \$42,000. Harris provided all the information previously requested such as costs of warranties, either one year or extended, and answers to those questions asked at work session, at the first reading and this meeting. He reviewed the problems the Public Works Department has had with the current crack sealer and the poor customer service from the manufacturer, and that the request is for the actual crack sealer the department rented when the current crack sealer went kaput. The original bid was for \$42,947 (close to the budgeted amount) with a one year limited warranty.

Per requests and questions from the first reading, he called the manufacturer and they were not interested in providing an extended warranty. So, he called the distributor who agreed to provide a "fill in the blanks" 1-yr. warranty for \$2,576 (taking the bid to \$45,513.22) or an extended warranty for \$3,864 (taking the bid to \$46,801.33). The 1-yr. warranty comes with a loaner if the repair cannot be done in one day at \$185/day during year one. The crack sealer would have to be trucked to Denver for the repair. If the repair is minimal, they would send the part(s) for Montrose Public Works to install. The distributor is supportive of making repairs easy because of the distance. Harris answered the question of expected years of service for this sealer to be six to eight years. Mayor David Romero questioned the extra cost of \$4801.33 over budget of \$42,000. Mr. Harris stated that the money is available due to savings from staff turnover not being replaced.

Motion made, seconded, and passed 4-0, 1 absent to approve the purchase of one (1) Crafco crack sealer from Denver Industrial Sales & Service Co. with the extended warranty at a total purchase price of \$46,801.33.

SOUTH TOWNSEND SIDEWALK PROJECT CONTRACT (15 minutes) City Council consideration of approval of a con-

tract with Ridgway Valley Enterprises for the South Townsend Sidewalk Project in the amount of \$494,419.

Accept public comment-none.

The Project includes \$66,883.00 for contingencies. 80% of these funds (≈\$400k) will be reimbursed through a federal grant administered by the Colorado Department of Transportation. For information, go to <http://www.cityofmontrose.org/ArchiveCenter/ViewFile/Item/2159> and scroll to pages 45-47.

Motion made, seconded, and passed 4-0, 1 absent to approve the contract with Ridgway Valley Enterprises for the South Townsend Sidewalk Project in the amount of \$494,419. This project had taken a long time to come to fruition and many, many hours of staff time.

LIFT STATION ELIMINATION DESIGN PROJECT

City Council consideration of approval of a contract with JVA Consulting Engineers for the Lift Station Elimination Design Project in the amount of \$87,670. For information, go to <http://www.cityofmontrose.org/ArchiveCenter/ViewFile/Item/2159> and scroll to pages 48-50.

Accept public comment-none. The wide spread between the bids was discussed per questions from Councilor Swanson. Harris stated that the City has recent positive experience working with JVA Consulting Engineers and they are considered qualified to perform the work. Motion made, seconded, and passed 4-0, 1 absent to approve the contract with JVA Consulting Engineers for the Lift Station Elimination Design Project in the amount of \$87,670. STAFF REPORTS A. Public Information Officer Report from City Manager Bill Bell, who read an e-mail from Past Mayor Bob Nicholson about congratulating Mr. David Romero and Mr. Rex Swanson on their election as Mayor and Mayor Pro Tem respectfully. Rand McNally National Parks March Madness online social media voting ended with the Black Canyon Park in second place. Smoky Mountain Park was first. Excellent for Montrose tourism. Requests for Montrose Youth Competitive Sports are open. The increase of \$10 is for adult umpire training.

The Annual Spring Cleanup Event is April 18th on San Juan by-pass and signs will be posted. This event is free through monies saved via the recycling program in Montrose per Public Works Director Mr. John Harris. Calls have been received from persons wanting to participate but not having a way to transport their items. A way to pick these items up is in the works. Residents are invited to bring cleanup items to the drop-off site located on the San Juan Bypass (Highway 50), directly across the street from the Sunshine Peak Apartments. The collection site will be open on the following days: • Friday, April 24 from 7 a.m. to 6 p.m. • Saturday, April 25 from 7 a.m. to 7 p.m. There is also a free day for most items at the landfill on 4/18/15. Flyers are out and about regarding what the costs will be for certain items. Black Canyon National Park Free Weekend, April 18 and 19, 2015, Contact - (970) 249-1914 x429. Councilor Judy Ann Files commended Mr. Bill Bell for his recent article in the April 2015 issue of the magazine, Colorado Municipalities from the CML (Colorado Municipalities League).

Mayor Romero thanked Councilor Bob Nicholson for his leadership as Mayor this past year.

MEETING ADJOURNED.

Hold the Date! Upcoming Business and Cultural Events

ONGOING-

FREE FAMILY LAW CLINIC-LAST WEDNESDAY OF EVERY MONTH, Montrose County Courthouse (Leslie German self-help center) at 1200 North Grand, Noon to 1:30 p.m. Sponsored by Uncompahgre Volunteer Legal Aid and the 7th Judicial District Bar Association. Call 970-249-7202 for information.

FREE LEGAL ADVICE NIGHT-SECOND THURSDAY OF EVERY MONTH, 7 to 8:30 p.m. at the Region 10 Enterprise Center, 300 North Cascade. Sponsored by Uncompahgre Volunteer Legal Aid and the 7th Judicial District Bar Association. Call 970-249-7202 for information.

MAGIC CIRCLE THEATRE-Pride and Prejudice opens March 6. Performances will be March 7, 13, 14, 20, 21 at 7:30 pm, as well as March 8, 15, 22 at 2 pm.

MONTROSE INDOOR FARMERS MARKET— Every other Saturday through April 25. 10 am -1pm, Centennial Hall and Behind Straw Hat Farms Store, S. 1st and Uncompahgre.

FIRST FRIDAY STROLLS MONTROSE DOWNTOWN —Monthly from 5:30 p.m.-8p.m. **Artist Demonstrations, Free Wine Tastings, and in-store promotional events!**

THIRD SUNDAY DULCIMER CLUB WITH HARPS & HAMMERS, 2 to 4 p.m. Please call Robin for information and directions to our new location as our club has grown! 970-275-8996. Guitars and Autoharps welcome too—the more the merrier!

MONTROSE HISTORICAL MUSEUM-“Montrose County Historical Society Presents” is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

MONTROSE STAMP (PHILATELIC) CLUB meets on the fourth Wednesday of each month at 420 Alta Lakes Dr. from 7-8pm. For Beginners to Pros! Please contact Brenda Moureaux at 970-765-6948 for more information.

CAREGIVER SUPPORT & NETWORKING GROUP — Sponsored by Region 10; This unique Caregiver Support and Networking Groups is designed for Montrose and the surrounding areas. The meetings are structured to be an all-inclusive support/networking groups for those who care for someone with Dementia or any disability/illness in any living environment. Groups meet the 1st Wednesday and 3rd Thursday of every month from 1:30 - 2:30 at Region 10 300 N. Cascade. Call Amy Rowan 249-2436 ext. 203 for more information.

AARP DRIVER SAFETY COURSE-Save on insurance, keep up on newer traffic laws, and learn defensive driving techniques. For details and schedule for Montrose and Delta, contact John 970-856-6924 or 970-424-1778.

TAIZE-STYLE SERVICES OF MUSIC, PRAYER AND MEDITATION on Scripture are offered on the first Thursday of the month, except June, July and August, at 7 p.m. in the Sanctuary. All are welcome. Montrose United Methodist Church.

MONTHLY-

April 13-DMEA Member Forum-re: FERC filing. Deer Creek Village Golf Course, 500 SE Jay Ave., 7 p.m.

April 14--Montrose County Food Safety Class, Friendship Hall Kitchen 2 to 4:30 p.m. Montrose County Fairgrounds. RSVP to 970.252.5067 or 970.252.5043.

April 14-DMEA Member Forum-re: FERC filing. Paonia Public Library, 7 p.m. 2 Third St.

April 14-The next Ignite Montrose is at 7 pm on Tuesday, April 14th at 2 Rascals Brewing Company. Ten presenters will have 5 minutes and 20 PowerPoint slides to talk about something for which they have a passion. Topics have ranged from The Great Grand Canyon Burro Roundup to The History of Underwear. For more information, call Amy McBride at 964-2547.

April 15-Officer Phil Rosty of the Montrose Police Dept. will present on Fraud, Heidi's Brooklyn Deli, 8 a.m.

April 15-CSU Tri River Area Extension presents Food Safety Training for Cottage Food Producers, 9 a.m. to Noon, Montrose County Fairgrounds, with Jeanne Rice, CSU Extension Educator, presenting. Preregistration is required - \$25 fee. Please pre-register by calling the Mesa County Extension office at: 970-244-1834.

April 15-DMEA Member Forum-re: FERC filing. DMEA Headquarters, 7 p.m. 11925 6300 Rd.

April 15-Second Annual Region 10 Caregivers Summit and Retreat, 9 a.m. to 3 p.m. at Montrose United Methodist Church. \$10.

April 16-Colorado Retirement Services presentation, Turning 65 or Already Covered by Medicare. 11:30 to 1:30 p.m. Montrose Library Community Room.

April 16-22-Motor Vehicle Offices at the Montrose County Courthouse will be closed, and will re-open April 22.

April 17-18-Delta Home and Garden Show, Heddles Rec Center, 531 North Palmer St. Call 874-8616 for information.

April 18-19-No fee day at Black Canyon of the Gunnison National Parks.

April 18-Annual City of Montrose Spring Cleanup. Call 970-1480 for more information.

April 18-Montrose County and Waste Management-Free Day at East End Landfill, 6799 Landfill Road, Montrose County 8 a.m. to 4 p.m.

April 18-Centennial Middle School Braves 5K Run. Bravesrun.com.

April 18-Moto Mayhem at the Montrose County Fairgrounds, gates open at 8 a.m., races start at 1 p.m.

April 21-Noon to 1 p.m., **Medicaid Waivers and Veteran Benefits** - Sponsored by Region 10 and Montrose County Adult and Veterans Services, presenters; Stephanie Holsinger Adults Services Director and Sheldon Smith Veterans Services Officer. Cost: Free Location: Region 10, 300 N. Cascade Ave. Registration required: Register online at www.region10.net or call 249-2436.

April 22-Delta County residents and business are invited to an Economic Development Open House to share your opinion on ideas for growing jobs in our community, from 5:30 to 7 p.m. on April 22 at the Orchard City Town Hall. New concepts for job creation will be presented for community comments. Food will be provided by Davetos.

April 23-In the late stage of Alzheimer's disease, caregiving typically involves new ways of connecting and interacting with the person with the disease. Join us for this class to hear from caregivers and professionals about resources, monitoring care and providing meaningful connection for individuals with late-stage Alzheimer's and their families. 4 - 5 pm Colorado Mesa University Classroom 106, 234 S. Cascade Ave. RSVP to Erin at 970-275-1220 or eberge@voa.org <<mailto:eberge@voa.org>>.

April 23-Re-1J Schools present Resources for the Deaf and Hard of Hearing. Central Office Building Board Room, 930 Colorado Avenue. 6:30 to 7:30 p.m.

April 23--Freedom Financial Services, a division of Mortgage Solutions of Colorado, LLC, will announce a name change to Mortgage Solutions Financial with a ribbon cutting ceremony at their office at 4 p.m. The Grand Junction office, located at 2412 Patterson Rd., Suite 1, invites customers and visitors to come by their lobby for refreshments following the 4 p.m. ribbon cutting ceremony.

April 23-Montrose County Planning Commission public hearing on proposed gravel pit, 6 p.m. Montrose County Fairgrounds-Pioneer Room.

April 23-Colorado Retirement Services presentation, Home Equity Conversion Mortgage Loans. 11:30 to 1:30 p.m. Montrose Library Community Room.

April 24-Family Movie Night, Montrose County Fairgrounds-free dinner at 6 p.m. Movie "Epic" at 7 p.m.

April 24-25-Weehawken Creative Arts presents dance theater production of "The Golden Ticket" at the Montrose Pavilion Performances are at 7 p.m. Friday and 1 p.m. on Saturday. Tickets will go on sale to the public on March 23rd and will be available at Mouse's Chocolates in Ouray; at Cimarron Coffee and Books in Ridgway; and at Tiffany Etc and the Montrose Pavilion in Montrose. Reserved section seats (seats in rows 1-6) will also be available by phone only at 970-318-0150.

April 24-Community Groundbreaking Ceremony for new Montrose Recreation Center, 5:30 to 7 p.m. CRC site behind Walmart at Woodgate and Ogden roads. 5K run/walk, beginning at 5:30 pm, will symbolize the progress made by the community regarding our recreation infrastructure. Free food, free family activities, a bonfire and the official groundbreaking ceremony.

REGIONAL NEWS BRIEFS

FIVE UNEXPECTED TAKES ON CLASSIC GRAND JUNCTION ADVENTURES



***Rimrock Adventures** offers a “Wild Horse Sanctuary Ride” in the Little Book Cliff’s Wild Horse Preserve which encompasses more than 30,000 acres of rugged canyons and plateaus, and is home to between 90 and 150 wild mustangs. Courtesy photo.*

Special to the Mirror

GRAND JUNCTION - Located in [Colorado’s Wine Country](#), just a few hours west of Denver, Grand Junction sits amid one of the most beautiful outdoor playgrounds in the country. In a landscape dramatically different from anywhere else in Colorado, surrounded by rivers, canyons, mesas and mountains to explore, there’s no shortage of activities to enjoy, including rafting the Colorado River, hiking Colorado National Monument, mountain biking, and so much more. Below are five ideas for those looking to get off the beaten path, and experience a one-of-a-kind Grand Junction, Colorado adventure.

Take a Wild Ride: Forget your standard trail ride. [Rimrock Adventures](#) offers a “Wild Horse Sanctuary Ride” in the Little Book Cliff’s Wild Horse Preserve which encompasses more than 30,000 acres of rugged canyons and plateaus, and is home to between 90 and 150 wild mustangs. It is one of only three ranges in the United States set aside specifically to protect wild and free roaming horses.

Soak in the Colorado National Monument from 500 Feet in the Air: Rock

climbing in Grand Junction makes for a great experience for novice or expert climbers. The red sandstone cliffs and towers that rise from the canyon floors in [Colorado National Monument](#) rival world-famous climbs. Independence Monument is a 500-foot tower rising from the canyon floor. It is rated as one of the best beginner desert tower climbs anywhere. Each July 4, Independence Day, climbers scale the tower and raise an American flag. Expert climbers should take on the Sentinel Spire and choose the five-pitch Medicine Man route.

Run Ruby Canyon: A 25-mile canyon along the mighty Colorado River, accessible only by water or by rail, Ruby Canyon provides dramatic canyon vistas that characterize the area, and is home to many desert creatures and unique wildlife. This tranquil stretch of river is perfect for rafting and inflatable kayaking. The Bureau of Land Management recently changed camping regulations in the area allowing rafting outfitters the opportunity to provide multi-day trips along this classic route. [Adventure Bound USA River Expeditions](#) offers a two-day guided rafting or

kayaking adventure that includes interpretive guide services, meals, camping equipment and more.

Ride the Singletrack of Palisade Rim: A true gem for mountain bike enthusiasts, Palisade Rim near Grand Junction is often compared to Moab’s Porcupine Rim, but offers more singletrack and far fewer crowds. The trail is located in the Little Book Cliffs and offers some outstanding views of the Grand Junction area from a vantage point more than 1,000 feet above the valley floor. Plans are currently underway to expand the trail so that bikers can ride directly to and from Palisade.

Explore the Towering Unaweep Canyon. Hike, scramble, climb, wade, swim and rappel through the narrows and slots of Unaweep Canyon near Grand Junction on a red rock canyoneering experience with [Colorado Alpine & Desert Adventures](#). Guests will marvel at the sculpted, pocketed, glowing walls and discover pools of water and surprising hidden communities of life as they gaze up at a thin ribbon of sky between towering canyon walls. Trips are matched to adventurer’s time frame, technical ability and preferences. **About Grand Junction**

(www.visitgrandjunction.com). Grand Junction is Colorado’s Wine Country featuring 22 wineries with year-round tasting rooms, and boasts more than 275 days of sunshine annually which helps produce much of the state’s peach and fruit crop. It is the largest city in Western Colorado, located near the Colorado River between Salt Lake City and Denver on Interstate 70. At an altitude of 4,586 feet, warm summers and moderate spring, fall and winter seasons allow for year-round golf, hiking and world-renown biking.

Among Grand Junction’s spectacular red cliffs and winding canyons are the 11,000-foot Grand Mesa, the world’s largest flat-topped mountain, the 7,500-foot Book Cliffs including the Wild Horse Area, and the 7,000-foot Colorado National Monument. Other attractions include three national scenic byways, rafting, hunting, fishing, extensive public art displays, museums, and a vibrant downtown. Grand Junction lies in the heart of the Colorado-Utah Dinosaur Diamond and the Grand Circle.

Contact the Montrose Mirror:

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RANDOM ACTS OF KINDNESS...

Photos by Sarah Berndt.

MONTROSE-Dedicated volunteers took part in a build day for a new community garden at Anciano Towers on April 11, funded through Grace Community Church's Random Acts of Kindness Program in partnership with LiveWell Montrose Olathe.



VOLUNTEERS

among us

National Volunteer Week, April 12-18, 2015,

is about encouraging people to seek out
imaginative ways to engage in their communities.
It's about taking action and inspiring those around
us to be at the center of social change.



We encourage you to get involved during National Volunteer Week!



alpinebank.com

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Celebrate
Service
National Volunteer Week
April 12-18, 2015
POINTS
OF LIGHT
CELEBRATING
25 YEARS
OF SERVICE