

Like us on Facebook

Visit us online at  
[montrosemirror.com](http://montrosemirror.com)

Please Support  
our Advertisers:



[www.montrosecounty.net](http://www.montrosecounty.net)



[www.voahhealthservices.org](http://www.voahhealthservices.org)



**Alpine Bank**

[www.alpinebank.com](http://www.alpinebank.com)



[www.montrosehospital.com](http://www.montrosehospital.com)



[www.smpa.com](http://www.smpa.com)



Howard Davidson Agency

<http://www.farmersagent.com/hdavidson>



[www.dmea.com](http://www.dmea.com)



[www.scottspainting.com](http://www.scottspainting.com)



[www.montrosecchamber.com](http://www.montrosecchamber.com)



Top of the Trail Child Placement Svcs



Proud partner of the Alpenglow Arts Alliance  
Please go to [www.alpenglowarts.org](http://www.alpenglowarts.org) for more information.

[www.alpenglowarts.org](http://www.alpenglowarts.org)



# THE MONTROSE MIRROR

Fresh News for Busy People-Weekly on Mondays!

Issue No. 153, Jan. 18 2016

## MONTROSE COUNTY SHERIFF'S POSSE HOLDS ANNUAL FUND DRIVE, SEEKS NEW MEMBERS

By Caitlin Switzer

REGIONAL-It's a tough job, with intense training and plenty of expertise required—and it doesn't come with a pay check. And yet, year after year dedicated volunteers show up to serve on the Montrose County Sheriff's Posse (MCSP). The Posse provides search and rescue support and much more to the Montrose County Sheriff's Office; according to the [Posse web site](#), MCSP members also perform Wildfire Suppression, provide mutual aid to other county emergency service providers and work as security for certain county events.

Posse members "give freely of their own time while being on call for an emergency 24 hours a day, seven days a week." In 2014, members logged close to 2,500 hours of service, though in some years the number has been more than 3,000 hours. They maintain the MCSP fleet of vehicles, and they bring along their own vehicles and equipment for good measure.

Paul Gottlieb is by no means the most senior member of the Montrose County Sheriff's Posse. That honor probably goes to Jerry Sieverson or Charles

*Continued on page 6*



*Members of the Montrose County Sheriff's Posse fighting a wildfire off Herman Rd in Olathe last April. The Posse provides Search & Rescue and other services. Courtesy photo.*

## 'CHANGING THE GAME' AUTHOR TO PRESENT ON YOUTH SPORTS, CIVILITY AT MONTROSE PAVILION FEB. 12

By Caitlin Switzer

REGIONAL-On Feb. 12, nationally-known author and speaker John O'Sullivan comes to Montrose, to present "Changing the Game in Western Colorado." The day-long event, which focuses on changing the culture of youth sports with presentations and break-out sessions, is open to everyone. The workshop will be from 9 a.m. to 5 p.m. at the Montrose Pavilion.

Though participation in youth sports is beneficial to physical health and fitness and offers valuable opportunities to grow, learn and take part in team activities, an astonishing 70 percent of kids drop out of organized athletics by age 13, according to O'Sullivan's web site, [Changing the Game](#).

Among the five tenets of Sullivan's approach to changing the game are simple words of advice such as "Be Present," "Catch them doing something right," "Make it safe to fail," "Connect with them about something not related to sports," and most important of all, "Give them ownership of the outcome."

*Continued on page 6*



*Author John O'Sullivan will bring his message of civility and putting young athletes first to the Montrose Pavilion on Tuesday, Feb. 12.*

in this  
issue

Gail Marvel's  
Club Connection!

Tanya Ishikawa talks  
H2O with Marc Catlin!

Regional News  
Briefs!

City should prioritize  
Accessibility in 2016!

Local Stories,  
Local photos!

## REGIONAL NEWS BRIEFS

### THE CENTER FOR MENTAL HEALTH BRINGS ADDITIONAL LIFE-SAVING RESOURCES TO THE WESTERN SLOPE THROUGH IMPLEMENTATION OF CRISIS TEXT SERVICES

*Special to the Mirror*

**REGIONAL-**The Center for Mental Health is excited to announce its partnership with Crisis Text Line™, a nation-wide, 24-hour, free texting service available to anyone ages 13-24. When a teen or young adult is dealing with depression, thoughts of suicide, eating disorders, self-harm, bullying, family issues, sexual orientation, friend issues, isolation, relationship problems, stress, substance abuse, physical abuse, sexual abuse, or anything else, they can text anonymously, and connect with a trained professional. It's hard to ask for

help- we're making it easier. Here's how it works:

Text 741-741 from anywhere in the USA, anytime, about any type of crisis.

A live, trained Crisis Counselor receives the text and responds quickly.

3. The volunteer Crisis Counselor will help participants move from a hot moment to a cool moment. The Center is committed to the future of our area youth, and as such, is placing posters, stickers, and wristbands with the Crisis Text Line information in the middle and high schools in Montrose, Delta, Gunnison, Ouray, San Miguel and Hinsdale

counties. The Center also provides local middle and high schools with suicide prevention resources including Signs of Suicide (SOS) training. SOS teaches teens how to recognize suicidal tendencies in others and how to react in those situations. This offering is in response to the 22 suicides in our catchment area last year; six of whom were young adults. Suicide is 100 percent preventable. Texting while in crisis will help us achieve zero suicides. We are very appreciative for the opportunity to partner with Crisis Text Line to provide this life-saving service.

## THE MIRROR HAS A MARKETING DIRECTOR!

THIS YEAR WE ARE VERY PLEASED TO HAVE  
MONTROSE AD PRO VIRGINIA CARLILE JOIN OUR TEAM!

Welcome Ginny!!

...To find out our 2016 rates and products  
you can reach her at [ginicarlile1321@gmail.com](mailto:ginicarlile1321@gmail.com) or 970-901-9936.

## HONORABLE MENTION

*In memory of Dr. Martin Luther King, a great American...*

*To Richard Abrahamson of Richard's Towing & Repair, for keeping our old vehicles on the road even in winter...*

*And to Columbine Copy Center of Montrose, for keeping print copies of the Mirror in the lobby.  
Thank you!!!*



No reprints without permission.

Publisher: Caitlin Switzer, Blast Circulation: 8, 059 Social Media 2, 747+

Featured Freelance Writers: Liesl Greathouse, Gail Marvel,

Rob Brethouwer, Tanya Ishikawa

Post Office Box 3244,

Montrose, CO 81402

970-275-0646

[www.montrosemirror.com](http://www.montrosemirror.com)

[editor@montrosemirror.com](mailto:editor@montrosemirror.com)

**THE MONTROSE MIRROR**  
MONTROSE

## FLU SEASON SETS IN NATIONWIDE...MONTROSE GETS A LATE START



By Caitlin Switzer

COLORADO-According to [Colorado Department of Public Health & Environment](#), flu activity is on the rise nation-

wide, with further increases in activity expected in the coming weeks. Flu activity most [often peaks in February](#) and can last into May. So far, more than 145.4 million doses of flu vaccine have been distributed in the United States, according to the Centers for Disease Control (CDC), though you still have time to get a flu shot if you haven't. It takes two weeks after a flu shot for protection to set in, notes CDC.

Here in Montrose, local trends reflect what is happening throughout Colorado.

—So far we have seen a late flu season statewide,” Montrose Health & Human Services Director Kristin Pulatie said.

—There have been no spikes yet, and not a lot of reports of serious flu activity for this season—though we still have lots of time left to go. We still have flu vaccine, and you still have time to get your shot.”

Simple prevention strategies go a long way toward preventing serious illness, she said. —In addition to getting your flu shot, washing your hands, using tissues and throwing them away, and covering your

mouth and nose with the crook of your elbow, keeping kids home when they are sick and staying home yourself when you are sick are really important.

—Some offices have staff whose health is compromised, and mixed age households with seniors and young children can be more susceptible to flu,” Pulatie said.

—Their immune systems are not as strong, and the flu can have a more serious impact.”

Flu shots are especially important for those who travel to other areas, and for multi-generational households, she said.

—A vaccines are important,” Pulatie said.

—For example if you have grandparents caring for infants and young children, their immunity may have worn off. If you have a big age gap like this, be sure to get immunized or have a booster shot. Let care providers know that this is what you expect in your household.”

For information on health resources and statewide trends, visit [CDPHE](#); for local news and health information visit [Montrose County Health & Human Services](#).

# How do you know if you have the RIGHT amount of insurance?

Did you know...80% of  
people have either too much  
or too little insurance  
coverage for their needs.

## LET'S TALK!

GET A QUOTE

- Home • Auto • Life
- Business • Workers Comp.

**FARMERS**  
INSURANCE

HOWARD DAVIDSON AGENCY



**Howard Davidson**  
Insurance Agent

*Come See Us!*

**1551 Ogden Road  
Montrose, CO 81401**

*Give Us A Call!*

**970-249-6823**

[www.farmersagent.com/hdavidson](http://www.farmersagent.com/hdavidson)

## CUSTOMER SERVICE RECOGNITION

### SALLY BEAUTY SUPPLY AT RIVER LANDING!



*Mirror Staff Report*  
**MONTROSE**-Pat at Sally Beauty Supply at River Landing Shopping Center always has time to offer assistance, advice and product knowledge. Sally Beauty Supply is so much fun, even boys like to shop here! Thank you Pat!!

The Mirror welcomes  
 Customer Service  
 Recognition ideas from our  
 readers...share your great  
 experiences with us at  
[editor@montrosemirror.com](mailto:editor@montrosemirror.com)!

FROM NAPA VALLEY TO NEW YORK CITY  
**WE STAND OUT FROM THE REST WITH**  
**QUALITY & PRECISION**  
**AWARD-WINNING CUSTOMER SERVICE**  
 VOTED BEST OF THE VALLEY 13 YEARS RUNNING  
**SCOTT'S PRINTING & DESIGN**  
 IS A SMALL PROFESSIONAL  
**PRINTING & DESIGN**  
 FIRM BASED IN MONTROSE, COLORADO  
 WITH THE TALENT & TECHNOLOGY  
 TO HELP YOU PUT IT IN PRINT.

**scott's**  
 printing & design solutions

Like us on Facebook

**SINCE 1978**

[tel] 970.249.2611 :: [fax] 970.249.7068

Look for the time and temperature sign at 315 South 12<sup>th</sup> Street – or visit us online at [www.scottsprinting.com](http://www.scottsprinting.com)

# SHE'S ALWAYS DREAMED OF BEING AN INVENTOR.



## DMEA SCHOLARSHIPS

Each year, DMEA offers \$18,000 in college scholarships to local graduating seniors and continuing education students. Let us help make their dreams a reality. Download the application online at [www.dmea.com](http://www.dmea.com).

## CONTACT

Phil Sanchez, (970) 240-1207  
[phil.sanchez@dmea.com](mailto:phil.sanchez@dmea.com)  
[www.dmea.com/content/scholarships](http://www.dmea.com/content/scholarships)

**APPLY BY JANUARY 29, 2016.**

DMEA is an equal opportunity provider and employer.

## ***MONTROSE COUNTY SHERIFF'S POSSE From page 1***



*Sheriff's Posse members conducted a Search & Rescue mission for a lost hunter on Monitor Mesa last November. Courtesy photo.*

McMurdy, with 42 years of service apiece. Still, with 30 years of service behind him, Gottlieb has been around long enough to know the importance of the service they provide. "We save money for the taxpayers," Gottlieb said. "If we don't go out, the

Sheriff has to send paid people. We have members from all walks of life, and they give as much time as they can. We keep up on our training to provide the best service."

There are two divisions of the Sheriff's

Posse, the East End members and the Nucla area members, he said. There are 20 to 21 volunteers in the East End, and 15 in the Nucla area. "We work separately, and we work together," Gottlieb said.

So now it's our turn. With an annual budget of just \$25,000 a year, the Montrose County Sheriff's Posse provides essential community services whose value is immeasurable. The community can help fund local Search and Rescue operations by donating to the 2016 annual fundraiser for the Montrose County Sheriff's Posse. Please send donations to Post Office 717, Montrose Colorado 81402.

"We only hold one fundraiser a year," Gottlieb said. "We don't make any calls, and we don't knock on doors—we just send a letter. We need the support of the community, and we have it—people here support us so greatly."

In addition to financial support, the Sheriff's Posse can use more young members. "My days of going down into canyons and out onto mountains are through!" Gottlieb said. "I would rather see a younger person do it—we are always looking for new members."



## ***'CHANGING THE GAME' AUTHOR TO PRESENT From page 1***

Because youth sports is about the kids who play the game, not about the parents, fans and community members who stand on the sidelines, keeping the focus on what is best for the young athletes is the essence of John O'Sullivan's approach. Erica Weeks, who coordinates communications, social media and youth sports for the City of Montrose, has a personal interest as a mother in creating a safe, supportive and loving environment for kids who play organized sports.

"I believe strongly that we as adults need to treat each other with respect and empathy," Weeks said. "We need to be super positive, and teach life lessons. So we are reaching out to all youth sports elements and inviting them to take part. This is not just about Montrose, but about the whole Western Slope region." According to O'Sullivan, part of the problem is that youth sports have become a multi-billion dollar industry, with many corporations,

hotels, small businesses and even communities dependent upon revenues. "The entities competing for players and their dollars have driven up the price, and the stakes, of youth sports," notes the [Changing the Game web site](#).

"Adults are usurping the experience and making it their own," Weeks said. "John's keynote will focus on the youth aspect, but also on what parents can do to build better relationships—because it starts with us."

Sullivan will speak twice on Feb. 12, emphasizing the importance of mutual respect, she said. Weeks hopes that the event is a spark that will help ignite systemic change. "We are working with Montrose High School, so that if local families and kids are trained up and come up through our rec district programs, they will know the expectations," she said. "They will know that it is not about winning and losing, or about making mom and dad look good."

O'Sullivan's presentation is geared to parents and coaches as well as kids, she noted.

"Our overall intentions shape our community," Weeks said.

"We can improve the look and feel of our community through basic reminders of civility both on and off the field."

To learn more, call Erica Weeks at the City of Montrose, 970-240-1400, or [visit Montrose Youth Baseball on Facebook](#).



*Author John O'Sullivan. Courtesy photo.*

## REGIONAL NEWS BRIEFS



*Special to the Mirror*

MONTROSE—Delta Montrose Electric Association (DMEA) is inviting members to its newest member outreach program, the Morning Buzz. In an effort to be accessible to their members and provide a convenient way for members to ask questions, the co-op will hold morning coffee meetings at local coffee shops throughout their service territory. In February, DMEA will host events in Montrose. The public is invited to join them for The Morning Buzz on the following dates:

### YOU'RE INVITED TO THE MORNING BUZZ WITH DMEA! *Co-op hosts coffee meetings before work for busy members*

Monday, February 1, 2016 at the Coffee Trader, 845 E. Main, Montrose  
Tuesday, February 2, 2016 at the Looney Bean, 3480 Wolverine Dr., Montrose  
Each event will take place 6:45am – 8:00am. DMEA will provide complimentary coffee, specialty drinks, and pastries.

—Cooperatives, like DMEA, are established to serve their members, and it's important to listen to those members. But, we know life is busy and it's hard to block out time in the evening to attend events when you have to chauffeur kids to activities, get dinner on the table, and make sure that homework is done. That's why we're meeting our members where they already are. We hope people can take a few

minutes to ask us questions or tell us how we can better serve them while they pick up their regular morning coffee before work. Of course, longer conversations are welcome as well," said Jasen Bronec, DMEA CEO. The Morning Buzz events are free to attend. DMEA's CEO, Jasen Bronec, and other co-op representatives will be available to answer questions and listen to suggestions. There will be no formal topic or presentation. Members are encouraged to ask questions on the topics of their choosing. For more information and a schedule of future Morning Buzz events visit [www.dmea.com](http://www.dmea.com) or contact Becky at (970) 240-1263 or [becky.mashburn@dmea.com](mailto:becky.mashburn@dmea.com).

# 2016 Health Fair Early Blood Draws

**Montrose Pavilion**  
**February 3, 4, 5, & 6**  
6:30-9:30 a.m.

### **Additional Locations for Early Blood Draws**

**January 30th**

4H Event Center in Ridgway 7:00 - 10:00 a.m.

**February 1st**

American Legion Hall in Olathe 6:30 - 9:30 a.m.

**Appointments may be made online for all three locations at**  
**[www.MontroseHospital.com](http://www.MontroseHospital.com)**  
**January 17-27**

**Phone appointments will be taken January 18-19 from**  
**8:00 a.m. to 4:00 p.m. at 1-888-592-6255**

**12 hour fast required. Drink lots of water!**  
**We will NOT bill your insurance. Checks and cash only.**

### **Blood Tests Offered**

- Chemistry & Lipid Profile ~ \$40  
(includes iron binding and TSH)
- Hemoglobin A1C ~ \$35  
(additional screening for diabetes)
- PSA for Prostate Health ~ \$30
  - CBC ~ \$20  
(complete blood count)
- Vitamin D Screening ~ \$40
- Vitamin B-12 ~ \$40
- Male Testosterone ~ \$45

**Health Fair 2016 is**  
**Saturday, February 27**

*The lines are long, so MMH offers early blood draws to make it more convenient for you.*



Co-Sponsors



# CITY TO APPROVE MAYFLY INCENTIVES, GRANT AGREEMENTS

## Mirror Staff Report

MONTROSE- Items up for discussion at the [City Council work session](#) Monday, Jan. 18 include the 2016 Annual Plan of Annexation and Three-Mile Plan presented by City Senior Planner Garry Baker; an Intergovernmental Agreement (IGA) for Continued Dispatch Services presented by Assistant City Attorney Andrew Boyko; and a discussion of proposed changes to the Montrose Police Department's Pension Plan (including the addition of an employee match and changes to the vesting schedule for new hires).

City Council will also hear from Public Works Director John Harris, regarding a sole source waiver for an Ultra Tech Systems UV Module and public works department property to be auctioned in 2016.

## REGULAR MEETING

An incentive Agreement with Mayfly Outdoors is on the agenda for the [regular City Council meeting](#) at 6 p.m. on Jan. 19. The incentives package includes a combi-

nation of grants, accommodations and abatements, including a \$50,000 cash grant for marketing; \$5,000 in broadband reimbursements for cable upgrades at Mayfly Outdoors' existing facility; and up to \$270,000 in disbursements for the addition of second-shift full time permanent (FTP) staffers, at \$5,000 per FTP. The Incentive Agreement is included in the [Council meeting packet](#).

Montrose City Council will also consider approving a Community Development Block Grant (CDBG) Public Facilities Grant Agreement with the Colorado Department of Local Affairs (DOLA) and the City of Montrose; a CDBG agreement between the City of Montrose and Sharing Ministries, Inc.; and a Promissory Note to Sharing Ministries, Inc., in the amount of \$600,000.00.

Resolution 2016-01 is up for approval, allowing the City to file an application requesting up to \$600,000 in Community Development Block Grant (CDBG) funds

through the Colorado Department of Local Affairs to relocate, expand, and remodel the Community Dental Clinic to create "PIC Place" in Montrose. The City will provide \$10,170 in fiber optic connections, building permit and plan check fees estimated at \$9663.97, and grant administration to the project.

Also on the meeting agenda are approval of an intergovernmental agreement between the City of Montrose and Montrose County for continued dispatch services; consideration of Resolution 2016-02 amending Section 1-9-1 of the City of Montrose Regulations Manual with regard to the Montrose Police Department Money Purchase Plan; and consideration of Resolution 2016-03 amending Section 1-10-1 of the City of Montrose Regulations Manual with regard to The City of Montrose Pension Plan and the City of Montrose City Manager Pension Plan.

Following staff reports Council will adjourn.

## Many Older Adults Need Our Help... *in the most fundamental ways.*

- **FOOD:** In the most affluent country on earth, seniors have to choose between food and medicine.
- **SHELTER:** Imagine having to find a decent, secure place to live on an income of \$800 per month.
- **SAFETY:** For older adults, home can often become a dangerous place without proper repairs.
- **SUPPORT:** Sometimes we all need a little help from our friends.
- **CARE:** When living at home is no longer an option, we can help.
- **CONNECTIONS:** When you outlive all of your friends and family, who do you turn to?

**We provide a connected network of services that make a significant difference in our part of the world.**

**Join us in supporting our vision to enrich and uplift the lives of our local older adults.**



www.voahealthservices.org  
www.Facebook.com/VOAWesternSlope  
1-844-VOA-4YOU

## BLUE MOON JAZZ CLUB POPS UP IN RIDGWAY JAN. 29

### Special to the Mirror

RIDGWAY-Come one, come all to The Blue Moon Jazz Club! There's a 'pop-up' club coming to Ridgway for one night only, on Friday, January 29th, the Blue Moon Jazz Club is the venue for Weehawken's annual fundraiser and donor appreciation event. Weehawken Creative Arts is transforming the Sherbino Theater into a swanky jazz club where guests can come dressed to the nines and go out to be seen. The paparazzi will eagerly be waiting to snap a shot of the glamour and style at the door, and regional jazz band, "Take Five" will be the entertainment for the evening creating the perfect atmosphere for dancing, mingling, and more dancing. Appetizers and desserts throughout the evening, a cash bar with signature drink specials, dancing to a jazz band ensemble, striking a pose for the paparazzi. Doors open at 7:30 pm on Friday, Jan. 29th at the Sherbino Theater, 604 Clinton Street, Ridgway, CO 81432. Just \$25 in advance or \$30 at the door will grant entry to an evening of jazz, style, and fun. Visit [www.weehawkenarts.org](http://www.weehawkenarts.org) or at [www.facebook.com/weehawkenarts](http://www.facebook.com/weehawkenarts) or by calling 970.318.0150.

# WRITER GAIL MARVEL'S CLUB CONNECTION

## MONTROSE VETERANS OF FOREIGN WARS (VFW)



Left to right unloading aircraft: Jim Bollinger, Jim Baker, George Divens, Erik Havron. Courtesy photo VFW Post 784.



The VFW and the Colorado Aviation Business Association teamed up to provide food boxes to local veterans and their families during the 2015 Christmas holidays. Left to right: Whit Bailey (Cmmdr 784), Jack McKlurg (owner/pilot), Harold Hiler (aircrew), Loren Hofer (aircrew), Kenn Kline (Black Canyon Jet Center/member 784), Jim Bollinger (Sr. Vice 784), Jim Baker (QM 3571), Erik Havron (Black Canyon Jet Center), George Divens (784). Photo Courtesy of the VFW Post 784

By Gail Marvel

MONTROSE-The Veterans of Foreign Wars (VFW) is a service organization that can trace its roots back to 1899. The mission of the VFW:

- To foster camaraderie among United States veterans of overseas conflicts.
- To serve our veterans, the military and our communities.
- To advocate on behalf of all veterans.

The Montrose VFW Post 784 was established in 1939 and their motto is, "Veterans helping veterans."

The requirement for membership in the VFW is that military personnel must have served in a war zone overseas. Currently the local post has 146 members, including two women. Six of the members are WWII veterans and the oldest member is 95 years old. Commander Whit Bailey said, "It's hard to get Vietnam veterans and younger service men and women to join. They think it's still a part of the military and they don't want anything to do with it. We're losing a lot of vets, but we're not getting many to join."

The VFW meets at Friendship Hall (county fairgrounds) on the fourth Tuesday of the month. The members begin with a potluck dinner at 6 pm, followed by a business meeting at 7 pm. The meetings last 35-45 minutes and Commander Bailey said, "We compete with the Disabled

American Veterans (DAV) to see which one of us can have the shortest meetings. We want to get the older guys home [in a timely manner]."

Meetings begin with prayer and the pledge of allegiance and close with prayer and a salute to the flag. Bailey said, "All of our service organizations [VFW, DAV, and American Legion] go through a similar ritual. The VFW is fortunate because one of our members is a real Army Chaplain."

The cost of membership in the VFW is based on a sliding scale and depends on the age of the veteran. Bailey said, "We have different payment methods — everything from a one-time lifetime membership, to paying dues by the month."

The two major fundraising activities for the VFW are selling Poppy flowers at least twice a year and manning the hamburger stand during the Montrose County Fair.

In community outreach the VFW participates in parades, helps drive the DAV vans and visits nursing homes at least once a month. "It's important to check up on the veterans." Between Christmas and New Year's the VFW distributed 30 boxes of food to local veterans. Commander Bailey

said, "A few veterans wondered where we got their name from and refused the boxes. I suppose it's a pride issue. They wanted us to give the food box to someone else who they thought needed it more."

Two years ago the post was instrumental in showcasing Montrose when they hosted the VFW State convention. Bailey said, "We had 350 people attend the convention which helped the local economy."

In discussing the organization's strengths and weaknesses Bailey said, "Our members are our strength...but falling membership is our weakness. Without members we're losing our voice [lobbying] in Washington DC. We support veterans and we need to have our voice heard in Washington."

Contact Information:

Veterans of Foreign Wars  
PO Box 1211

Montrose, CO 81402

Commander Whit Bailey 970-964-0147  
Meets at Friendship Hall, 1001 N. 2<sup>nd</sup>  
The fourth Tuesday, 6 pm pot luck,  
business meeting 7 pm



Colorado Boy Brewery, Ridgway, CO

## Power does some pretty amazing things, in some pretty amazing places.

Like transforming grains, hops, yeast, and water into the prize-winning beers at Colorado Boy Brewery. But its most important job is right at home: your morning coffee, hot showers, movie nights, and . . . your life. New technologies, Energy Star appliances, conservation measures, and renewable energy options make it easier, cheaper, and environmentally-friendly to power your life. Plus, San Miguel Power will give you money back for using these energy-saving products in your home or business.

**Power responsibly. Visit [www.smpa.com](http://www.smpa.com) today.**



San Miguel Energy Cooperative  
The Power of Nature, Responsibly

(970) 626-5549 | (970) 864-7311 | [www.smpa.com](http://www.smpa.com) | [www.facebook.com/SanMiguelPower](https://www.facebook.com/SanMiguelPower)

This institution is an equal opportunity provider and employer.

## REGIONAL NEWS BRIEFS

### SEVENTH JUDICIAL DISTRICT OFFERING FREE FAMILY LAW DAY

*Special to the Mirror*

MONTROSE – Colorado's Seventh Judicial District (Delta, Gunnison, Hinsdale, Montrose, Ouray and San Miguel counties) and Seventh Judicial District Access to Justice Committee will hold their second Family Law Day at the Montrose County Combined Courts (1200 N. Grand Ave.) on Feb. 5, 2016, for people representing themselves in family law court proceedings

The event will offer services including legal advice, mediation and parenting education free of charge to self-represented parties involved in domestic relations cases. Participants who wish to attend parenting classes, obtain legal advice, or seek mediation service must register before Jan. 29, 2016, by calling Ashley Burgemeister at 970-642-8330. A parenting class will be provided from 11 a.m. to 1 p.m. From 10:30 a.m. to 5:30 p.m., participants may

obtain services including legal advice from attorneys, mediation to help with parenting plans and separation agreements, and assistance completing and reviewing court forms. A Spanish interpreter will be available. Community agencies including pro bono organizations and Child Support Services will have representatives at the event to provide information about out-of-court services related to domestic-relations cases.

# Ready to Grow Your Business In 2016?

## Let us Help!



**Find out what's New!**

**970-874-8616**

**[director@deltacolorado.org](mailto:director@deltacolorado.org)**

**[www.deltacolorado.org](http://www.deltacolorado.org)**

**We are here for you!**

**GROW ♦ PROSPER ♦ GIVE!**

## REGIONAL NEWS BRIEFS

### MONTROSE CHAMBER ACCEPTING 2016 AWARD NOMINATIONS

*Special to the Mirror*

MONTROSE-The Montrose Chamber of Commerce is accepting nominations for the 2016 Business of the Year, Chamber Business of the Year, and Community Service Member of the Year Awards. Nominations will be accepted through Wednesday, January 20<sup>th</sup>, 2016. Nomination forms can be picked up at the Montrose Chamber of Commerce office (1519 E. Main Street), or can be reviewed and submitted online at [www.montrosechamber.com](http://www.montrosechamber.com)

Last year, the Chamber partnered with the City of Montrose, Region 10 and Montrose Economic Development Corporation (MEDC) to bring the Business of the Year Award to Montrose. The Montrose Chamber of Commerce also presented their Chamber Business of the Year Award.

New this year, in partnership with the City of Montrose, Region 10, MEDC and Montrose Community Foundation is the Community Service Member of the Year Award. All three awards will be presented at the Montrose Chamber of Commerce Annual Gala on Saturday, January 30<sup>th</sup>. All nominees will be recognized during the awards ceremony before the recipients are announced.

“The chamber feels strongly about recognizing success, innovation, accomplishments, and the community involvement of our businesses. Presenting these awards is one way we can achieve that”, states John Pope, 2016 Chairman of the Board of Directors.

The 110<sup>th</sup> Annual Chamber of Commerce Gala will be held at the Montrose Pavilion

on Saturday, January 30<sup>th</sup>, 2016. Open to the public, tickets are \$60 a person. Cocktail Hour begins at 6PM, dinner will be served at 7PM, with the awards ceremony during dessert.

In 2015, Chow Down Pet Supplies was awarded the Business of the Year Award and Devor & Plumhoff, LLC received the Chamber Business of the Year.

Please contact the Montrose Chamber of Commerce at 970-249-5000 for more information.

*The Montrose Chamber of Commerce mission serves to enhance the economic growth of Montrose by focusing on advocacy, education, promotion and business development of the business community and those areas of the community affecting business.*

### PAONIA FILM FEST SEEKS SHORT FILM SUBMISSIONS FROM LOCAL DIRECTORS

*Special to the Mirror*

PAONIA-The Paonia Film Festival is looking for short films made by Colorado Filmmakers. Deadline for submission is Feb. 5th. Visit [paradiseofpaonia.com](http://paradiseofpaonia.com) for details and to submit your film. Paonia Film Festival runs April 28-30, 2016... be a part of the fun & creativity!

## WANTED: Loving, Caring Foster Parents

I want you!  
I need YOU!



Top of the Trail is seeking loving, permanent homes where a child can grow up in a healthy, supportive family environment.

Contact us today at:  
**970-249-4131**



- Foster parents may be a working parent or relative, married or single, home-owner or renter, have children, or never have been a parent.

- A foster parent must be 21 years or older, and be able to provide a safe, loving home.

- Foster parents receive formal training and support from professional staff and other foster parents.

- The typical monthly stipend is \$799 per month per child, but can be higher depending upon the specific needs of the child and training of the foster parents.

## REGIONAL NEWS BRIEFS

### JOIN JORDAN CARLS QUARTET FOR AN INTIMATE JAZZ CABARET IN OURAY JAN. 22!



*Jordan Carls Quartet.  
Courtesy photo.*

*Special to the Mirror*  
OURAY-Join the Jordan Carls Quartet for an intimate Jazz Cabaret at the Wright Opera House at 7:30 p.m. on Friday, Jan. 22. Featuring Lane Anderson on trumpet, Gregory Davidson on vocals, Jordan Carls on keyboard and Richard Hansen on bass, this fabulous Montrose-based jazz quartet plays originals and modern takes on great standards of the past, with arrangements designed to highlight

Davidson's amazing voice. The Jordan Carls Quartet, also known as House Blend, is the faculty band of **Precedence Music Academy**. Each member has toured and performed with Grammy winning artists like Paquito D'Rivera, Duke Daniels, the Carl Rosa Opera Company, Phil Collins, Bobby McFerrin, and many others.

Oddly enough, all four quartet members grew up in the Montrose area, left for the bright lights of the big cities, and came home again. Davidson worked in New York City for 30 years, singing, performing and teaching at the Metropolitan Opera Company. Anderson also worked in New York for 30 years as a professional musician. As a scholar he completed his post-grad work at Juilliard, and has performed and toured with jazz greats and opera companies alike. Hansen is a relative newcom-

er to the music world, dedicating his considerable talent and energy – previously given to the business world – to performance over the last ten years.

Jordan Carls became a professional musician when he was only 13 years old, foregoing high school to attend college in the pursuit of music's mysteries. He has performed and toured with many Grammy Award-winning artists, produced several albums, and is currently pursuing a Ph.D. in music education. Together the band plays more than 100 concerts annually. Despite their hectic performance and recording lives, they have all been teachers at heart, and are very happy to share their experience and hard-earned knowledge with their great students. Tickets are \$15 per person, seating at tables of 4 and 8 and can be ordered online at [www.ocpag.org](http://www.ocpag.org).

### JANUARY'S SHERB TALK FEATURES "LONG RIDE NORTH," WITH MIKE SIMPSON

*Special to the Mirror*

RIDGWAY-On Thursday, Jan. 28th, Mike Simpson is sharing stories, lessons and stunning photographs from his motorcycle adventure north. In the summer of 2014 Mike Simpson, his wife, and one other couple, rode their motorcycles to Alaska and back. Four people on three motorcycles. It was an adventure during which they got to know themselves well and experienced many 'once in a lifetime' moments. The ride had been in planning for more than a year and the title of the ride was inspired by a ride that Ewan McGregor and Charley Boorman had made around the world from London riding east to New York City in 2004 called "The Long Way Round".

Come join Mike and his wife Kathy, Kathy's brother Tim, and Tim's wife Donna on their ride of a lifetime through an evening of pictures, tales and life's lessons learned from the Long Ride North, Thursday evening July 28th, 2016 at the Sherbino Theater in Ridgway, Colorado. Doors open at 7 with a \$10 suggested donation at the door. The program begins at 7:30 pm. Don't be late or they'll leave without you!



# WINTER CLEARANCE SALE GOING ON NOW!



  
**salomon**

  
**patagonia**

  
**sherpani**

  
**lucy**

  
**KÜHL**

  
**baggallini**

  
**EX-OFFICIO**

  
**Obōz  
FOOTWEAR**



300 EAST MAIN ST, MONTROSE  
970.249.1622  
[HypoxiaMontrose.com](http://HypoxiaMontrose.com)

## REGIONAL NEWS BRIEFS

### COLORADO STATE UNIVERSITY (CSU) EXTENSION ROLLS OUT FOOD SAFETY COURSES FOR THE NEW YEAR!

*Special to the Mirror*

REGIONAL-Are you interested in learning about the Colorado Cottage Foods Act? Do you work in the food industry but have yet to pass an accredited Food Safety Course? Would you be interested in the opportunity to become a Master Food Safety Advisor through a comprehensive training in food safety and food preservation? If you answered yes to any of these topics, then be sure to save the dates for CSU Extension's upcoming trainings on these topics.

Join us as Ann Duncan, CSU Family and Consumer Science Agent, offers several different food safety related courses and trainings throughout the Tri River Area. Mrs. Duncan's background includes extensive experience in customer service and hospitality, as well as being a Registered Dietitian Nutritionist.

Mrs. Duncan will be teaching an assortment of classes starting in February, which will include but are not limited to:

**ServSafe training:** "ServSafe is a nationally recognized course developed by the National Restaurant Association as a comprehensive treatment of the subject of food safety." This certified food safety training

program is ideal for food service managers as well as employees who are new to the food service industry. Courses are full day (8-5) and will be held February 16<sup>th</sup> in Grand Junction, April 13<sup>th</sup> in Montrose, and June 14<sup>th</sup> in Delta. Course cost is \$120.00 per attendee and preregistration is required. Participants are urged to review the course book before attending class.

**Master Food Safety Advisor (MFSA)**

**program:** The MFSA program is ideal for people who have an interest in canning or preserving food and are looking to give back to their communities. The MFSA program includes 4 classes of training on food safety and prevention of foodborne illness, methods of canning, pickling, freezing and dehydrating. In order to give back to the community, certified MFSA's will volunteer for a minimum of 20 hours of service each year by sharing their knowledge and expertise through CSU Extension programs and events. Possible areas of volunteering include farmers markets, canning classes, answering called in questions, writing for local papers, etc. Participants must attend all 4 trainings, which will be in Delta from 9-5 on February 27<sup>th</sup>, March 5<sup>th</sup>, March 12<sup>th</sup>, and March

19<sup>th</sup>. Preregistration is due by February 19<sup>th</sup> and the class cost will be \$125 per attendee. This price includes a CSU MFSA manual and all produce and canning materials for the classes.

**Cottage Food Producer course:** The Colorado Cottage Foods Act allows individuals to legally prepare and sell certain foods from their home kitchen. This training teaches participants on how to comply with the Act so that they can confidently prepare and market jams, dried herbs, honey, baked goods, and much more. Upcoming class dates for 2016 include March 16<sup>th</sup> in Grand Junction, May 18<sup>th</sup> in Montrose, and July 13<sup>th</sup> in Delta. Classes will be held from 8am-12pm and the fee for the class is \$25.00. Preregistration is required.

Please contact the Mesa County Extension office at 970-244-1834 to register for any of the above courses and feel free to contact Ann Duncan at 970-249-3935 with any specific questions about the classes and programs offered.

Colorado State University Extension programs are available to all without discrimination. To find out more about Extension learning opportunities in your area, please visit: <http://www.extension.colostate.edu/>



# HEALTHY HABITS

## for mental fitness

 set goals
 just relax
 exercise
 schedule "me-time"
 choose a positive attitude

 know your strengths
 ask for help
 de-stress your diet
 press pause once in a while
 reward yourself



### THE CENTER

FOR MENTAL HEALTH

*Providing Help, Hope & Healing*

**970.252.3200**  
FOR MORE INFORMATION

**970.252.6220**  
EMERGENCY SERVICES

## REGIONAL NEWS BRIEFS

### CONFERENCE TO FOCUS ON FUTURE OF FARMING: TWO PRE-CONFERENCE OPTIONS JAN. 22



*Two pre-conference options are offered Jan. 22 by the Western Colorado Food & Farm Forum. The full conference is Jan. 23. Courtesy photo Valley Food Partnership.*

#### *Special to the Mirror*

REGIONAL—Many, including organizers of the Montrose based Western Colorado Food and Farm Forum, have been asking where will the next generation of farmer come from? How will they access land? How will they utilize the tools of the 21st Century? How will the knowledge and skills gained over a lifetime of experience be transmitted to farmers, often new to agriculture?

Over the past 20 years the US has experienced a dramatic reduction in the number of young people pursuing agriculture as a career. With the largest segment now over age 65, the numbers become alarming when combined with data showing a 20% decrease in farmers under 25. Numerous barriers exist including access to land, training, and financial assistance.

According to USDA Secretary Vilsack, —We have an aging farming population. If left unchecked, this could threaten our ability to produce the food we need — and also result in the loss of tens of thousands of acres of working lands that we rely on to clean our air and water.” - Opening Comments to the Drake Forum on America’s New Farmers.

These challenges prompted adoption of *Farming the Future: Tools, Tips, Talent* as the theme of the 4th annual Western Colorado Food and Farm Forum. Over 20 beginning farmers and FFA students have been sponsored into the conference by Montrose County. Sessions emphasize hands on, practical tools for producers with an emphasis on innovative techniques and inclusion of young farmers as presenters. Organizer Carol Parker says, —This year’s conference seeks to provide a diverse set of attendees with tangible skills through inter-generational sharing, combining innovative and tested practices. We want attendees to walk away with actionable knowledge to advance their operations.”

Two pre-conference options are offered the afternoon of January 22. New this year is a field trip to a local farm utilizing innovative cover cropping and minimum till practices. The farm tour follows a behind

the scenes look at minimum till equipment and use of GPS with master mechanics at US Tractor. Concurrently, the half-day workshop *Sustaining or Regenerating Our Agricultural Lands?* focuses on combining the principles of permaculture, bio-dynamics and holistic land management.

At the full conference on January 23, new and experienced farmers and ranchers will present sessions on practical skills such as the latest in drip irrigation, minimum till, cover cropping, biotic farming and electric fencing. Land acquisition issues will be addressed in sessions provided by Land Link and the Black Canyon Land Trust. Sessions such as, *Marketing Your Values, Planning for Profit, and Getting Paid to Keep Your Land in Agricultural Production, Marketing to Millennials, and Community Organizing for Farmer Success* address marketing, financial planning, and land access issues.



#### Volunteers Make A Real Difference

Are you interested in making a real difference in people’s lives while building your network of friends, strengthening your leadership skills, and implementing new ideas?

Share your gifts and talents and become part of real change for an older adult.

We work with your schedule, so the time you spend is effective and enjoyable.



## 1-800-VOA-4YOU

VISIT US AT [WWW.VOAHEALTHSERVICES.ORG](http://WWW.VOAHEALTHSERVICES.ORG)

[WWW.FACEBOOK.COM/VOAWESTERNSLOPE](http://WWW.FACEBOOK.COM/VOAWESTERNSLOPE)



# Bank on your own time with AlpineMobile®



Make deposits quickly and  
easily with **AlpineMobile®**.



**Alpine Bank**

alpinebank.com

Member  
FDIC



\*Limit of 20 deposits per month. Relationships less than one year can make deposits up to \$1,000 per day, \$2,000 per month. Relationships greater than one year can make deposits up to \$5,000 per day, \$10,000 per month. Alpine Bank does not charge you a fee for using AlpineMobile; however, your wireless carrier's standard web-access and text-message rates may still apply.

# MONTROSE COUNTY STUDIES WEST END WATER STORAGE PROJECT: AN INTERVIEW WITH MARC CATLIN



**Marc Catlin.**  
*Courtesy photo.*

*By Tanya Ishikawa*  
MONTROSE—Determining whether it's practical to build a new reservoir is a long, drawn-out process, explained Marc Catlin as he talked about Montrose County's \$966,000 water storage feasibility study in the

county's west end. Sitting in Catlin's windowless office in downtown Montrose, the high desert mesas where the future reservoir is being contemplated seemed almost as far away as the study's conclusion.

Catlin's primary responsibility as the county's water right development coordinator is overseeing a six-year due-diligence period, begun in 2012 and expected to conclude in 2018, to determine water availability and sustainability as well as a good location and construction costs of a reservoir and dam. Deere & Ault Consultants of Longmont, Colo. and Boise, Idaho were awarded a \$300,000 contract by the county in 2015 to conduct engineering studies. Even if results are positive, another six years of environmental impact studies (EIS) will be required before construction could start.

“It's just gotten harder and harder to build a reservoir, for lots of reasons. It's not just one sector's fault. If you get the idea to build a reservoir and store water, you better be in it for the long haul,” he said, adding that the west end project won't be complete until way after he has retired.

For example, he brought up the Glade Reservoir project outside of Fort Collins, where it took 18 years for the EIS to be completed, even after a good location was selected and water rights were secured. That project proposes to build a \$500 million reservoir to store up to 177,000 acre-feet. Montrose is considering construction of a reservoir to store between 8,000 to 11,000 acre-feet of water from the San Miguel River, for use by the communities around Nucla and Naturita. Ridgway Reservoir, which holds 84,000 acre-feet of water, is eight to ten times larger.

Three locations being studied for Mont-

rose's reservoir are on Bureau of Land Management (BLM) acreage along the Maverick, Big Bucktail and Tuttle draws, and a third alternative is enlarging Nucla Town Reservoir. The proposed uses for the reservoir are consumptive municipal and industrial water and non-consumptive uses such as fishing and recreation, according to the county's successful application for a \$300,000 grant from the Colorado Water Conservation Board that is partially funding the studies.

“It's exciting because we are one of the few storage projects to be funded. There's a lot of talk about reservoirs but not a lot of action,” commented Catlin, who represents the county on the board of the Colorado River Conservation District and served as the manager of the Uncompahgre Valley Water User's Association (UVWUA) from 2002 to 2011.

“With the new Colorado Water Plan, all of the drainages are saying more storage is the answer for the state of Colorado. I agree with the conclusion that we are going to have to store more water. Colorado has been in a transition. We've been very responsive to the environment with fish ladders and pass flows, and we preserved a lot of in-stream flows. We've done a good job, and can now figure out how to do storage, too,” he said.

“I don't think that you will see on-channel reservoirs anymore. These that we are talking about are on a side canyon or on a small creek running into the river, not right on the main stem of the river. Those

type of dams block fish from heading back to their spawning grounds. You won't see them in the near future. You'll see some of the off-channel reservoirs,” he added.

Still, sediment buildup seems to be a problem that reservoir operators have not adequately solved, and can cause ongoing mechanical issues as well as potential water quality issues downstream if released in large amounts. But, Catlin said while sediment can put a limit on the effective life of some reservoirs, it is not seen as a reason for stopping reservoir construction, and is not expected to be a problem in the proposed west end reservoir.

He pointed to statistics, estimating the state population will double by 2040, as to why water storage needs to be considered for future supply. Whether the west end develops more uranium mines, increases tourism or just grows due to the trend of people moving closer to popular areas like Telluride and Cortez, “there are going to be more people needing water,” explained Catlin, who was born and raised on a row crop farm in Montrose and still farms today.

**Editor's note:** Marc Catlin will make a presentation at the Food and Farm Forum on Saturday, January 23, about the long-term ramifications of the newly adopted policies in the Colorado Water Plan and how it will affect water usage. He can also be heard talking about water issues on the western slope on his weekly talk-radio program on AM 580 KUBC called “Water Diversions.”

## MONTROSE COUNTY'S WATER STORAGE PROJECT: BY THE NUMBERS

- Montrose County acquired conditional water rights on the San Miguel River equal to 3,200 acre-feet.
- Since 1 acre-foot of water equals 325,851 gallons, the county's rights equal about 1.043 billion gallons.
- The average single-family home uses 80 gallons of water per person each day in the winter and 120 gallons in the summer.<sup>1</sup>
- As of 2010, according to U.S. Census data, Nucla has 734 residents and Naturita has 635.
- The estimated residential water use for the combined populations of Nucla and Naturita is 109,520 gallons a day in the winter and 164,280 gallons a day in the summer (about 50 million gallons a year).
- In Colorado, water is used 86 percent by the agricultural sector, 7 percent by the municipal/residential sector, 3 percent by recreation/fisheries, and 2 percent by the industry/business, as well as 1 percent for augmentation and 1 percent by recharge.<sup>1</sup>

*Continued next page*

## COUNTY STUDIES WEST END WATER STORAGE From page 1

- Reservoirs (water storage areas) are measured in acre-feet while rivers (and flowing water) is measured by cubic feet per second (cfs)
- Since 1 cfs of water delivers 2 acre-feet in 24 hours, 1 acre-foot is delivered by .5 cfs of water in 24 hours. Montrose County's 3,200 acre-feet is equal to 1,600 cfs (in 24 hours), but the county would not take all that water out in one 24-hour period (part of the current study is to determine how much water would be available for storage over what period of time).
- The San Miguel River (at Brooks Bridge near Nucla) has had peak daily flows ranging from 508 cfs in 2001 to 3290 cfs in 1998, as reported by the U.S. Geological Survey Colorado Water Data maintainer website.
- The peak flows for the San Miguel River for the last five years reported were: 2400 cfs in 2014, 740 cfs in 2013, 778 cfs in 2012, 1740 cfs in 2011, 2770 cfs in 2014.

Source: Colorado Watershed Assembly

## REGIONAL NEWS BRIEFS

### ARCH COAL, INC. ANNOUNCES IT HAS REACHED AGREEMENT WITH LENDERS

*Special to the Mirror*

ST. LOUIS, MO-- Arch Coal, Inc. ("Arch" or the "company") (NYSE: [ACI](#)) announced Jan. 11 that it has reached an agreement with a majority of the lenders under its \$1.9 billion first lien financing facility to significantly restructure the company's debt load.

Arch has entered into a restructuring support agreement with the members of an ad hoc group of lenders that hold more than 50 percent of the company's first lien debt. Under the terms of the agreement, the lenders have agreed to support a restructuring transaction that will eliminate more than \$4.5 billion in debt from Arch's balance sheet and position the company for long-term success.

In order to facilitate this financial restructuring, Arch and substantially all of its wholly-owned domestic subsidiaries have today filed voluntary petitions for reorganization under Chapter 11 of the Bankruptcy Code in the United States Bankruptcy Court for the Eastern District of Missouri. The company and the ad hoc group have agreed to the principal terms of a Chapter 11 plan of reorganization, which will be subject to approval by the Bankruptcy Court.

Arch expects its mining operations and customer shipments to continue uninterrupted throughout the reorganization process. "Today's announcement represents another significant step in our ongoing efforts to position the company for long-term success," said John W. Eaves, Arch's chairman and CEO. "After carefully evaluating our options, we determined that implementing these agreements through a court-supervised process represents the best way to solidify our financial position

and strengthen our balance sheet. We are confident that this comprehensive financial restructuring will further enhance Arch's position as a large-scale, low-cost operator."

"Since the market downturn, we have taken many steps to enhance the efficiency of our operations and to strengthen our asset base," Eaves continued. "As a result, all of our operating segments were cash flow positive during the first three quarters of 2015. We will continue to provide our customers with exceptional service as we move through this process, while maintaining and further reinforcing our position as an industry leader in safety, environmental stewardship and productivity." The company believes it has sufficient liquidity to continue its normal mining activities and to meet its obligations in the ordinary course. Arch had more than \$600 million in cash and short-term investments as of January 11, 2016, and expects to receive \$275 million in debtor-in-possession (DIP) financing from members of the ad hoc group of lenders on terms and conditions set forth in the DIP term sheet and DIP credit agreement filed with the Bankruptcy Court and contemplated by the restructuring support agreement among the company and the lenders. In addition, Arch expects that its securitization financing providers will continue the company's \$200 million trade accounts receivable securitization facility, subject to customary conditions, which supports Arch's letters of credit program. Upon approval by the Bankruptcy Court and satisfaction of customary conditions, these financings, as well as the company's existing liquidity and cash generated from ongoing operations, will be used to support the business

during the restructuring process.

Arch Coal has filed various motions with the Bankruptcy Court in support of its reorganization. The company intends to continue to pay employee wages and provide healthcare and other benefits without interruption in the ordinary course of business and to pay suppliers and vendors in full under normal terms for goods and services provided on or after the Chapter 11 filing date. The company expects to receive Bankruptcy Court approval for these requests.

Additional information is available on Arch's website at [www.archcoal.com/restructuring](http://www.archcoal.com/restructuring) or by calling Arch's Restructuring Hotline, toll-free in the U.S., at 1-844-242-7478. (For calls originating outside the U.S., please dial 1-929-477-8086). In addition, court filings and other documents related to the reorganization proceedings are available on a separate website administered by Arch's claims and noticing agent, Prime Clerk, at <https://cases.primeclerk.com/archcoal>.

Davis Polk & Wardwell LLP is serving as legal advisor to Arch Coal, and PJT Partners is serving as financial advisor.

U.S.-based Arch Coal, Inc. is one of the world's top coal producers for the global steel and power generation industries, serving customers on five continents. Its network of mining complexes is the most diversified in the United States, spanning every major coal basin in the nation. The company controls more than 5 billion tons of high-quality metallurgical and thermal coal reserves, with access to all major railroads, inland waterways and a growing number of seaborne trade channels. For more information, visit [www.archcoal.com](http://www.archcoal.com).



# Skylight Jazz Series

**SATURDAY,  
FEBRUARY 27**

**THE  
Lark &  
Sparrow  
LLC**  
*A Music & Event Venue*

**SIGNATURE SIPS,  
SAVORS, & SWEETS  
AVAILABLE**

RESERVATIONS  
ENCOURAGED

DOORS OPEN  
6:30PM

CONCERT  
7:30PM

PRESENTS

## KIPORI WOODS

**PLEASE MAKE  
RESERVATIONS  
EARLY:**  
[WWW.THELARKNSPARROW.COM](http://WWW.THELARKNSPARROW.COM)

**TICKET PRICES ON  
EVENTBRITE PAGES:**  
[WWW.EVENTBRITE.COM/O/  
THE-LARK AMP-SPARROW-  
LLC-7889996050](http://WWW.EVENTBRITE.COM/O/THE-LARK-AMP-SPARROW-LLC-7889996050)

**(970) 615-7277**  
511 E. MAIN ST.  
MONTROSE, CO 81401

[WWW.THELARKNSPARROW.COM](http://WWW.THELARKNSPARROW.COM)

[WWW.FACEBOOK.COM/THELARKANDSPARROW](http://WWW.FACEBOOK.COM/THELARKANDSPARROW)

Like us on  
facebook

## OPINION/EDITORIAL—COMMENTARY

# A “NO BARRIERS” CITY SHOULD PRIORITIZE ACCESS (...or why the chicken didn't cross the road)

By Caitlin Switzer  
Mirror Staff Editorial

MONTROSE—As an able-bodied individual, I am accustomed to going where I please in my East Montrose (EMO) neighborhood.

So when my stove was not working last week, it seemed like the perfect opportunity to have lunch at a newly re-opened restaurant within walking distance, just across Main Street. I put on boots, coat and scarf and headed out.

However, after standing on the South side of the street for some time and watching the cars zip by across multiple lanes of traffic with no safe area to cross, I eventually changed my mind and headed for a sandwich shop on my own side of Main. (Even that journey was an adventure, as it required traversing a stretch of icy, bumpy

sidewalk).

In any case, it was broad daylight and I am still capable of sprinting across a street when I need to. But it had occurred to me while I was waiting to cross that I was standing in nearly the same spot where a close neighbor was hit by a car trying to cross Main less than a year ago.

He eventually died of his injuries, taking his bright smile and friendly greetings with him.

So while I enjoyed my sandwich, I took time to ponder some things I take for granted—like safe access to places I choose to go in the community I call home.

Imagine the daily challenge of trying to cross that portion of East Main with a disability, or to travel across town in a mobility scooter on sidewalks that are uneven or even still covered with ice.

Imagine trying to get to a Main Street business without access to handicapped parking, or a traffic signal to make it safe to slowly cross the street.

The City of Montrose was named an All America City several years ago for its efforts to support returning veterans.

However, it is no secret that many of our warriors are coming home with challenges—including mobility challenges. To be a true No Barriers community, I believe we should consider such elements as cross walks that allow human beings to reach the other side of even the busiest street safely, handicapped parking spaces in the areas where people like to shop, and enforcing regulations that ensure our Downtown sidewalks are level and cleared of ice after a snow event—even on the shady side of the street.

# The Mirror:

For coverage that never leaves  
our readers out in cold ...



[www.montrosemirror.com](http://www.montrosemirror.com)



## LEGISLATIVE UPDATE BY SENATOR ELLEN ROBERTS

### TAKING THE LONG VIEW: WORKING TO PASS COLORADO'S BUDGET LEGISLATION AND SCHOOL FINANCE ACT

We're past the ceremonial days of the 2016 legislature and the only tasks we must complete in a session, based on the state's constitution, are to pass the budget and the school finance act.

Although a short list, these two pieces of legislation require months of noodling, number crunching and negotiations. This year will be no exception. The budget touches all essential- and many nonessential- governmental services, and will be the biggest challenge we face over the next 120 days.

In their opening speeches, Governor Hickenlooper and the House Speaker, both Democrats, already assigned blame to the Republicans for budget battles brewing on the horizon, saying there's only one path to reconciling the mess and that's with their workaround on the Taxpayers' Bill of Rights, (TABOR). Their speeches highlighted the word "compromise," but in a way that suggested perhaps neither has read the book, "Getting to Yes." There's an art to compromise, including listening and incorporating the input of others, something sorely missing here.

It's important to note that the top 2016 challenge in all U.S. state legislatures is balancing their budgets. Unlike Colorado, more than a dozen states failed to meet

their 2015 deadlines to balance their budget. So, while the spending limitations of TABOR and other constitutional requirements are hard to reconcile, it's not TABOR causing the big squeeze, but, as experienced across the country, the very long lists of state spending that are exceeding available revenue.

We can't print money at the state level, but, unfortunately, we've become much like Washington, DC, finding short-term fixes to deal with the huge number of unfunded mandates that have been passed on to the states. Most pressing right now are the mandates under the Affordable Care Act, but there are numerous unfunded mandates from the federal government, stripping away the states' ability to be more fiscally responsible.

Some will characterize Colorado's budget debate as solely partisan-driven, but that's an overused and, frankly, lazy analysis. It's true there are deep differences between the parties about the appropriate role of state government in providing services to its citizens, but this particular budget situation is more like the bill collector knocking at the door after a long, expensive stretch of binge shopping.

I reject the governor's budget "fix" not because he's a Democrat and I'm not, but

because my legislative duty includes necessarily upholding constitutional requirements. Colorado's constitution is central under the rule of law. We need to seek voters' approval to change the constitution rather than enforcing our own form of executive order on the people. I've spoken up for years against the shifting of state funds to backfill the budget desires in other areas because I knew the piper would get paid, eventually. It's time to address our failure to apply truth-in spending principles.

Arriving at a balanced budget won't happen by proposing to spread the pain among the most active special interest groups so they will cajole, email and yell at legislators, a tactic already being tried by the administration. Instead, as we did last year, we can produce a bipartisan, balanced budget and on-time. We just need to stay open to alternative paths, with an eye on the long view, to determine what Colorado's government can constitutionally afford to do in our great state.

*Senator Ellen S. Roberts, Senate President Pro Tempore*

*State Capitol, 200 E. Colfax Avenue  
Denver, CO 80203*

*Phone: (303)866-4884*

*Email: [ellen.roberts.senate@state.co.us](mailto:ellen.roberts.senate@state.co.us)*

*Website: [www.ellenroberts.com](http://www.ellenroberts.com)*

# SHERB TALKS

CONVERSATIONS WITH EXTRAORDINARY PEOPLE

*The Sherbino*  
RIDGEWAY'S HISTORIC THEATER  
Est. 1915  
CELEBRATING 100 Years!

**THURSDAY**  
7:30pm  
Doors & cash bar @ 7

## MIKE SIMPSON

### THE LONG RIDE NORTH

\$10 Suggested Donation  
First-Come, First-Seated

# 1/28

THURS

# JANUARY DEATH NOTICES

**Mr. Edgar R. Hotchkiss**, 86, passed away at Valley Manor Care Center on Tuesday, January 12, 2016. Funeral Arrangements are pending with Sunset Mesa Funeral Directors, (970) 240-9870.

**Mrs. Dorothy Shriver**, 69, passed away suddenly in her Olathe residence Tuesday, January 12, 2016. Funeral arrangements are pending with Sunset Mesa Funeral Directors, (970) 240-9870.

**Neil F. Kalkwarf**, age 66, passed away at his home in Montrose, Colorado on January 14, 2016. Survivors include his wife, Anna of the family home. Arrangements are pending with Sunset Mesa Funeral Directors (970) 240-9870.

**Mrs. Sylvia P. Allen**, 79, passed away at Valley Manor Care Center on Friday, January 15, 2016. Funeral arrangements are pending with Sunset Mesa Funeral Directors, (970) 240-9870.

**Francis Cornelius Callahan**, age 75, passed away on January 15, 2016 in Montrose, Colorado. Francis is survived by his loving family including his wife, Michele Callahan of the family home; and son, Ryan F. Callahan of Montrose, Colorado. Arrangements are being handled under the direction of Sunset Mesa Funeral Directors (970) 240-9870.



*TO OUR READERS: The Mirror is committed to running regional Death Notices and Obituaries free of charge. We know that these are essential news items for our local community and for loved ones who live elsewhere. Please send to [Editor@montrosemirror.com](mailto:Editor@montrosemirror.com).*

**Home Health of Western Colorado**  
Montrose, CO

**The Homestead at Montrose**  
Montrose, CO

**Senior CommUnity Care (PACE)**  
Montrose, CO • Eckert, CO

**Valley Manor Care Center**  
Montrose, CO

**Senior CommUnity Meals**  
Eckert, CO

**Horizons Health Care and Retirement Community**  
Eckert, CO



**Thinking About Your Health Care Options?**  
Let us help you find the right solutions;  
call today: 1-844-VOA-4YOU



[www.voahealthservices.org](http://www.voahealthservices.org)  
[www.facebook.com/VOAWesternSlope](https://www.facebook.com/VOAWesternSlope)

## REGIONAL NEWS BRIEFS

### COLORADO WEST CHRISTIAN SCHOOL KNIGHTS FACE UP TO GRAND JUNCTION LANDMARK BAPTIST CHURCH



*Special to the Mirror*

**MONTROSE**-In a David vs. Goliath basketball match-up Colorado West Christian School Knights (black jerseys) played the Grand Junction Landmark Baptist Church on Jan. 14, 2016. Age restrictions for the junior varsity teams is fourth grade through ninth grade, with a maximum age of 14. The smaller in stature Knights, who played a spirited game and made a respectable showing, were defeated by a score of 19-30.

**D'Medici**  
FOOTWEAR & CLOTHING

*Quality, comfort  
and fit... that is what  
D'Medici is.*

**WINTER** up to **70% OFF**  
**CLEARANCE**

**316** EAST MAIN STREET IN MONTROSE  
(970) 249-3668 (FOOT) [DMEDICIFOOTWEAR.COM](http://DMEDICIFOOTWEAR.COM)

 Like us on Facebook

**{ VISIT OUR STORE IN  
HISTORIC DOWNTOWN  
MONTROSE! }**

**DON'T MISS OUT ON GREAT QUALITY  
BRANDS AT FABULOUS PRICES!**

ENL040803

# **MONTROSE COUNTY SHERIFF'S POSSE, INC.**

P.O. Box 717

Montrose, CO 81402



## **2016 ANNUAL FUND DRIVE**

Dear Montrose County Resident,

The Montrose County Sheriff's Posse is made up of volunteers who donate their time and equipment to help make Montrose County a better place to live. Our members spend many hours maintaining a fleet of rescue vehicles, ATVs and equipment at our rescue facility to be ready on a moment's notice. In addition, many members use their own vehicles, ATVs and equipment on callouts.

These dedicated and highly trained men and women are on call 24 hours a day, seven days a week for any emergencies. Our members train in many specialties such as first aid & CPR, wildland firefighting, ropes & water rescue, ATVs, tracking, GPS, radio operation and survival skills. Aside from rescue work, the Posse also performs various community services, such as security and traffic control. Perhaps you have seen us at the Montrose County Fair, the Ranch Rodeo or one of the busy intersections during a parade or event. We also assist the Sheriff's Office and Police Department with crime scene security and other duties. This saves the taxpayers of the county thousands of dollars each year.

Many of you live in Montrose County because of the vast availability of outdoor activities right outside your door. Whether it is hunting, fishing, hiking, cycling, photography, ATV riding or 4-wheeling, there is something for everyone. Enjoying the great outdoors is a year round activity - but what if the unthinkable happens? What if you fall while out hiking and are injured? Maybe you are out hunting and lose your way. Maybe you have an ATV accident on one of our many trails. Rapidly changing weather conditions can complicate the matter. Maybe a wildfire is threatening your home or property. Unfortunately these things happen, but fortunately the Posse is there to help.

Training and keeping up with new technology is an ongoing task for the Posse and it requires a large time commitment. This past year we sent 14 members to a 4-day National Search & Rescue Conference and training event. We were able to train and interact with other Search & Rescue teams from around the country. We also updated some of our radio equipment this year. We applied for and received a grant for the new radios but were still required to pay almost \$10,000 for our portion of the cost.

Every year we make a single appeal to you, our neighbors, for donations to support us in providing these services. With your help, the Posse can continue its mission of providing search & rescue, wildland firefighting and community services to the residents and visitors of Montrose County.

Thank you in advance for your donation, large or small. As a 501(c)(3) charitable non-profit corporation, all donations are deductible for income tax purposes. Please mail your gift today in the envelope provided.

Sincerely,

Montrose County Sheriff's Posse

## REGIONAL NEWS BRIEFS

### CITY HONORS STAFFERS FOR OUTSTANDING SERVICE



*Mark Armstrong (far left) was honored as the 2015 Employee of the Year, and Rob Joseph (right) received the Manager's Excellence in Service Award. Courtesy photos.*

#### *Special to the Mirror*

**MONTROSE**— City Facilities Manager Mark Armstrong and Assistant City Manager Rob Joseph have been recognized for their outstanding service to the City of Montrose. At a recent awards ceremony, Mark Armstrong was honored as the 2015 Employee of the Year, and Rob Joseph received the Manager's Excellence in Service Award.

Mark has worked in his current position since March 2013 and leads numerous large capital improvement projects including facility remodels, property cleanups and the Police Department building roof repair and subsequent flood damage mitigation. Mark's contributions to the organization have resulted in extensive cost savings, both external and internal efficiency

improvements as well as improved safety. His remarkably positive attitude, willingness to put in the required hours to complete a project (typically expanding well beyond a usual 40-hour work week), and dedication to the highest quality of work all contributed to his nomination and the well-deserved award.

The Employee of the Year award is an employee-based process. Nominations are submitted by employees at the end of each year with a committee recommendation to the city manager for review. Fellow City employee Utility Division Superintendent David Bries was also nominated for his outstanding contributions to the Public Works department, the City of Montrose and residents.

The Manager's Excellence in Service

Award recognizes directors and managers who extend themselves well beyond their normal job duties in an effort to make a better place in which to live, work and raise a family.

Rob has worked for the City since January 2012 and was promoted to assistant city manager in February 2013. Along with his duties as the assistant city manager, Rob also directs the Office of Business and Tourism and is responsible for organizational development. Rob is a Certified Destination Management Executive and has become a nationwide expert in tourism promotion in a relatively short time. This prestigious designation belongs to only three hundred individuals in the United States. Rob was awarded the Manager's Award based on his drive and determination, which has created a culture of excellence and outstanding service delivery within the City organization and throughout the Montrose community. According to City Manager Bell, "Rob's ability to analyze every endeavor with an eye on quality and his unwavering focus on equity has helped to make our team more professional and our work more meaningful."

Prior recipients of the Manager's Award include Finance Director, Shani Wittenberg (2012), Public Works Director, John Harris (2013), and Director of Innovation & Citizen Engagement, Virgil Turner.

## WHEN YOU WANT TO HIRE THE BEST.



**PROFESSIONALLY TRAINED  
LICENSED AND INSURED**



**CALL US. 970-240-1872**

## Hold the Date! Upcoming Business and Cultural Events

### ONGOING-

**LARK AND SPARROW VENUE**-Fridays beginning in February-Every Friday from 4:30 to 7 pm : Sparrow's Social Hour, Live @ 5 ... Music by Local Artists in Sparrow's Library. 7:30 pm : Lark's Skylight Jazz Club. Live Jazz Weekly : The House Blend Combo & Guest Artists. Every Third Friday : Cabaret "Open" Stage.

**MONTROSE WINTER FARMERS MARKET** 10 am - 1pm **Beginning Saturday Jan. 2, 2015**

*Location: Behind Straw Hat Farm Kitchen Store*

*514 S. 1st Street (Every other week through April 23) **January 2, 16, 31; February 13, 27; March 12, 26; April 9, 23.***

**THE ALPINE PHOTOGRAPHY CLUB** meets every second Tuesday at St Mary's Catholic Church in the St Paul Room, 1855 St Mary's Drive, Montrose. The Public is welcome to attend. For more information, email [alpinephotoclub@aol.com](mailto:alpinephotoclub@aol.com).

**FREE FAMILY LAW CLINIC**-LAST WEDNESDAY OF EVERY MONTH, Montrose County Courthouse (Leslie German self-help center) at 1200 North Grand, Noon to 1:30 p.m. Sponsored by Uncompahgre Volunteer Legal Aid and the 7th Judicial District Bar Association. Call 970-249-7202 for information.

**FREE JAM SESSION AND SING ALONG**, Mondays from 4 to 6 p.m. at the Montrose Pavilion Senior Center.

**MONTROSE HISTORICAL MUSEUM**-"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

**MONTROSE STAMP (PHILATELIC) CLUB** meets on the fourth Wednesday of each month at 420 Alta Lakes Dr. from 7-8pm. For Beginners to Pros! Please contact Brenda Moureaux at 970-765-6948 for more information.

### MONTHLY-

**Jan. 13**-Western Slope Nonprofit Council presents a workshop on "Great Human Resources" in Montrose from 1-4 p.m. on Wednesday, Jan. 13, at the Montrose Public Library, 320 S. Second St. The guest presenter of "Great Human Resources" is Michaelle Smith. The fee is \$30 in advance and \$35 at the door. The link for online registration is <http://ccrcaamerica.org/rural-philanthropy-days/regional-websites/western-slope/capacity-building-opportunities/>. If you can't make the Montrose workshop, it will also be offered in Gunnison (Jan. 14, 9 a.m.-noon) and in Grand Junction (Jan. 15, 9 a.m.-noon). For more information, contact Maryo Ewell, [maryo@cfqv.org](mailto:maryo@cfqv.org), 970-641-3570.

**Jan. 21-22**-The 2016 Voices of Rural Colorado Denver Legislative Trip hosted by CLUB 20, Action 22, and Progressive 15 will be held on Thursday and Friday, Jan. 21st -22nd, at the Old Supreme Court Chambers at the Colorado State Capitol at 200 E Colfax, Denver. For an updated agenda of meetings, click here. To register for Club 20's Rural Legislative Trip click here.

**Jan. 22-23**-The Western Colorado 4th Annual Food & Farm Forum will be held all day on Jan. 22nd and 23rd. Register NOW to get the early bird special. This year's conference theme is *Farming the Future: Tools, Tips, Talent*. The conference has a wide array of breakout sessions which convey vital, regionally specific agricultural information in areas including maximizing crop and livestock production, innovative agricultural marketing and management strategies, and specialty crops. Tickets: \$30 Early Bird Pre-conference, \$45 Early Bird Forum, \$70 Early Bird Both. For info visit [foodfarmforum.org](http://foodfarmforum.org), or email [vista@livewellmontroseolathe.org](mailto:vista@livewellmontroseolathe.org). Reach us by phone at: 970.249.0705.

**Jan. 22**-7:30 p.m. - "The Last Lifeboat", a drama of the untold tale of the man who built the Titanic, J. Bruce Ismay, at Magic Circle Theatre. Ticket information: 970-249-7838 or visit the Magic Circle Theatre box office at 420 S. 12th St., Montrose, Tuesday through Thursday, 2:00 to 5:00 p.m. Visit the website at [www.magiccircleplayers.com](http://www.magiccircleplayers.com) for information or online tickets.

**Jan 22-Western Colorado Food and Farm Forum Pre-Conference Workshops:** *Minimum Till Equipment and Management Options* features equipment and GPS systems at US Tractor followed by local farm tour. *Sustaining or Regenerating Our Agricultural Lands?*, examines the principles and practices of permaculture, bio-dynamics, and holistic management. Offered concurrently 1-4:30 p.m. Details and registration at [www.foodfarmforum.org](http://www.foodfarmforum.org) or 249-0705.

**Jan 22--Jazz Cabaret** at the Wright Opera House in Ouray at 7:30 p.m.— Jordan Carls Quartet (House Blend) — presented by Ouray County Performing Arts Guild — info and tickets at [www.ocpag.org](http://www.ocpag.org).

**Jan. 23**-7:30 p.m. - "The Last Lifeboat", a drama of the untold tale of the man who built the Titanic, J. Bruce Ismay, at Magic Circle Theatre. Ticket information: 970-249-7838 or visit the Magic Circle Theatre box office at 420 S. 12th St., Montrose, Tuesday through Thursday, 2:00 to 5:00 p.m. Visit the website at [www.magiccircleplayers.com](http://www.magiccircleplayers.com) for information or online tickets.

**Jan. 24**-2 p.m. - "The Last Lifeboat", a drama of the untold tale of the man who built the Titanic, J. Bruce Ismay, at Magic Circle Theatre. Ticket information: 970-249-7838 or visit the Magic Circle Theatre box office at 420 S. 12th St., Montrose, Tuesday through Thursday, 2:00 to 5:00 p.m. Visit the website at [www.magiccircleplayers.com](http://www.magiccircleplayers.com) for information or online tickets

**Jan. 26-27**-The Secret Life of Drawing, workshop with Artist Meredith Nemirov. 10 to 2p.m. in Ridgway. [www.weehawkenarts.org](http://www.weehawkenarts.org).

**Jan. 28 - 30** Friends of the Library Book Sale Thursday (Jan. 28) 8 a.m. - 7 p.m. FOL members only 8 a.m. to 11 a.m. (you may join at the sale); open to the public at 11 a.m. Friday (Jan. 29) 9 a.m. to 6 p.m. Saturday (Jan. 30) 10 a.m. to 4 p.m. Bag sale 2 - 4 p.m.--fill a reusable bag with books for \$4. Information, 596-3909.

**Jan. 28** -Alcohol Inks Class. Vibrant colors, for people of all skill levels. Taught by Sandy Anderson, winner of Ridgway Paint-In-The-Park competition. A two session class, also on Feb. 4. 1-4:45 pm; \$75. Call 249-4969.

**Jan. 29**-7:30 p.m. - "The Last Lifeboat", a drama of the untold tale of the man who built the Titanic, J. Bruce Ismay, at Magic Circle Theatre. Ticket information: 970-249-7838 or visit the Magic Circle Theatre box office at 420 S. 12th St., Montrose, Tuesday through Thursday, 2:00 to 5:00 p.m. Visit the website at [www.magiccircleplayers.com](http://www.magiccircleplayers.com) for information or online tickets.

**Jan. 30**-Montrose Chamber of Commerce Black & White Gala; an Evening of Elegance. Annual awards presentation.

**Jan. 30--9:30 a.m. to 2:30 p.m.** Winter Mining District Tour hosted by Uncompahgre Watershed Partnership & Ouray County Historical Society. Snowshoe or cross country ski at Red Mountain Pass with historian guide. Information: [www.uncompahgrewatershed.org/event/2016wintertour/](http://www.uncompahgrewatershed.org/event/2016wintertour/) Contact: Judi at [UWPcoordinator@gmail.com](mailto:UWPcoordinator@gmail.com) or 970-325-3010.

**Jan. 30**-7:30 p.m. - "The Last Lifeboat", a drama of the untold tale of the man who built the Titanic, J. Bruce Ismay, at Magic Circle Theatre. Ticket information: 970-249-7838 or visit the Magic Circle Theatre box office at 420 S. 12th St., Montrose, Tuesday through Thursday, 2:00 to 5:00 p.m. Visit the website at [www.magiccircleplayers.com](http://www.magiccircleplayers.com) for information or online tickets.

 **The Homestead**   
**Fundraising**  
**AT MI MEXICO MEXICAN**  
**RESTAURANT**

**Come and enjoy delicious meal.  
Every 1st Wednesday of the month.**

*Over 200 entrees to choose from!*

After dining, attach the flyer to the bill and deposit it in the box labeled "The Homestead". The 20 % of your total bill will be donated to The Homestead at Montrose Assisted Living.

**SUPPORTING  
IS NOW  
DELICIOUSLY  
REWARDING.**



**1706 E Main St (Hwy 50)  
Montrose, CO. 81401  
(970) 252-1000  
(970) 252-1111 Fax**

\*Coupon must be present.

Contact the Montrose Mirror:

Post Office Box 3244

Montrose, CO 81402

970-275-0646

[Editor@montrosemirror.com](mailto:Editor@montrosemirror.com)

[www.montrosemirror.com](http://www.montrosemirror.com)



*A fresh look at some local landmarks...sky reflects in the window of the old church building at 647 East Main; the old Montrose Dry Cleaners sign in the alley between Main and North First.*

# MEREDITH NEMIROV

## THE SECRET LIFE OF DRAWING



## ARTIST'S SKETCHBOOKS: CLASSIC/CONTEMPORARY

A R T S   W O R K S H O P  
**JANUARY 26 & 27, 2016**

10 AM - 2 PM EACH DAY IN RIDGWAY, COLORADO

INFORMATION: [WWW.WEEHAWKENARTS.ORG](http://WWW.WEEHAWKENARTS.ORG) OR 970-318-0150