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THE MONTROSE MIRROR

Fresh News for Busy People-Weekly on Mondays!

Issue No. 160 March 7 2016

BABY LIVES MATTER!

Dolphin House Fights to Open Minds, End Abuse



To help support a local non-profit that is making a difference for the most vulnerable children and families, support Dolphin House. To contribute funds, click here.

By Caitlin Switzer

MONTROSE-Common wisdom proclaims that the young people who tend to flee Montrose after graduating high school often return when they have families of their own. But is Montrose truly a child-friendly community? Data from the [U.S. Census shows](#) that senior citizens greatly outnumber small children in Montrose; of 40,873 County residents listed in 2014, 5.6 percent were under age five, while 21.3 percent were over age 65. The most recent Census data on the City of Montrose (2010) shows that of 19,045 residents, seven percent were under age five while 19.5 percent were over age 65.

Data released by the Colorado Children's Campaign in 2015 also reveals that the rate of child abuse and neglect here is almost double that of the State of Colorado; out of 1,000 children, 14.7 in Montrose will suffer abuse or neglect, while statewide, the number is 8.1 percent.

One local who knows firsthand how rough things can be for the little ones here is Rhonda Follman, executive director of Dolphin House Child Advocacy Center at 735 South First Street in Montrose.

Continued on page 8

LOCAL COUPLE "REUNITED" AS U.S. CITIZENS!

By Caitlin Switzer

MONTROSE-Howard and Liz Davidson are once again citizens of the same country—and this time, it is the United States. The Davidsons, who bought a vacation home in Montrose in 1989, made their main home for many years in Hong Kong. "We came to Montrose four times a year, for more than 20 years," recalls Howard. "We came to ski, to spend Easter, and to begin the summer. It was a 24-hour journey to get here from Hong Kong—eight days a year of travel, or a half a year of our lives. So in 2008 we left Hong Kong, and in 2009, as green card holders, we got our United States citizenship packets."

The process, even for the well-educated, English speaking couple, was daunting. "To do it all legally and above board, it costs about \$10,000 in legal fees," Howard said, "to help fill out forms that are unbelievable complicated. To do it correctly you definitely need a lawyer."

Liz received her notice six months ago, and was among 49 people sworn in

Continued on page 7



Local Farmers agent Howard Davidson, center, was sworn in as a U.S. Citizen Jan. 20. Wife Liz, at right was sworn in as a U.S. citizen last summer. Courtesy photo.

in this issue

Gail Marvel's Club Connection!

City Candidate Forum!

MCF Awards 10K Match grant to Hopewest

Local stories, Local photos!

Regional events Calendar!

MCF COMMITS 10K MATCH GRANT TO HOPEWEST KIDS!



Recent Hopewest activities for kids include Healing with Horses, at right, and Boomerang groups, above. Courtesy photos.

By Caitlin Switzer

MONTROSE-In years past, the Montrose Community Foundation has issued small grants to local non-profits through an annual Fall grant cycle. This year, the foundation's board has chosen instead to benefit one local non-profit with a more substantial donation. "Instead of our usual fall grants, we are awarding \$10,000 to Hopewest as a match grant," Community Foundation Executive Director Sara Plumhoff said. "Specifically the funds [are for their kids program](#); in honor of the year of the healthy child."

Hopewest is thrilled and honored with the award, Montrose Community Relations Director Nancy Hoganson said. "They have proposed a matching grant, with match funds to be raised at our Gala and our golf tournament," she said. "We will present the generosity of the Montrose Community Foundation to our [Hopewest Kids Program](#) at those two events; and let people know that the funds raised will go toward this match."

The [Hopewest Gala](#) takes place on March

19, and the annual Golf Tournament will be on June 25 this year.

Hopewest makes a very real difference in the lives of the children served, Hoganson said. "The percentage of people in our prison system who lost a loved one at a young age is just huge," she said. "People have so much anger, and they don't know what to do. Losing someone you love as a child changes the course of your life." Kids who have been through the Hopewest Kids Program often emerge wanting to help others through the process, she said. "They become a healing force, with empathy and compassion for other people who are struggling."

In April, Hopewest begins its first Montrose County "Forget Me Not" group, Hoganson said. "We have done it in Grand Junction for years," she said. "I am so excited to be able to offer it here. It's for families who have lost a parent or a child." The eight-week program includes dinner, and will be held in Olathe so as to accommodate Delta families as well. "Parents are

in one room, young kids in another room, and older kids in another," Hoganson said. "They focus on one area, in age-appropriate ways—it is extremely effective." Montrose Community Foundation Funds remain available for and accessible to other organizations, Sara Plumhoff noted, in the form of the emergency needs and community enhancement funds. "We still have funding, it just looks a little different," Plumhoff said. "I encourage non-profits and charities to talk to me about the projects they have that could be financed. There are also other funds within the Foundation; you are welcome to tell me what you are doing and what you need funding for. And next year, we may do our regular grant cycle again—it depends on what the board wants to do." The Montrose Community Foundation is in the process of updating its web site, she said, and applicants will soon be able to apply online for funding online using a simplified form.

ONLINE NEWS ASSOCIATION

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THE MONTROSE MIRROR
 MONTROSE

MOUNTAIN PEAKS FAMILY PRACTICE TO OPEN IN APRIL



Photo by Gail Marvel

MONTROSE-Acutely aware of the shortage of family physicians in Montrose, Dr. Terry Wade's [Mountain Peaks Urgent Care](#) has announced plans to expand. Owners are now opening the Mountain Peaks Family Practice. According to Susan Wade, "People are always coming in telling us that they can't find a family doctor." The Mountain Peaks Family Practice, located at 836 South Townsend, anticipates they will be open and accepting patients by April 4, 2016.

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REGIONAL NEWS BRIEFS

KRIS "TANTO" PARONTO TO BE KEYNOTE SPEAKER FOR THE LINCOLN ~ REAGAN DINNER, AUG. 13, 2016

Special to the Mirror

MONTROSE-Former Ranger, 2nd Battalion, 75th Regiment Security and Military Consultant and Hero of Benghazi attack. Kris Paronto - "Tanto" as he is affectionately known in security contracting circles - is a former Army Ranger from 2nd Battalion 75th Ranger Regiment and private security contractor who has deployed throughout South America, Central America, the Middle East and North Africa. He also worked with the US Government's Global Response Staff conducting low profile security in high threat environments throughout the world.

Mr. Paronto was part the CIA annex security team that responded to the terrorist attack on the US Special Mission in Benghazi, Libya, September 11th, 2012, helping to save over 20 lives while fighting off terrorists from the CIA Annex for over 13 hours. Tickets \$75.00 - Include Dinner catered by Camp Robber Table Sponsorship \$250. For information call Terri at 970 -901-6761.

RE-1J ECC ACCEPTING APPLICATIONS MARCH 21-25 FOR 2016-2017 SCHOOL YEAR

Special to the Mirror

MONTROSE,- The Montrose County RE-1J Early Childhood Centers will be accepting applications for the 2016-2017 school year beginning March 21st- March 25th , 2016 at the MCSD RE-1J Early Childhood Center, 900 Colorado Avenue, Unit #4, Montrose (north of the Bus Barn). Applications will be by appointment only! Please call 249-5858 Monday-Friday, 8 am-4 pm to schedule your appointment. Transportation services are not

available at this time. All children must be 3 or 4 years of age on or before September 15, 2016. Bring all required documents to your appointment. We will not process any applications that do not have the following documents: Birth Certificate, a physician signed hospital record or a Baptismal record; Child's Up-to-Date Immunization Records; A copy of your child last physical; Medicaid card/CHP+ or Private insurance card; Court documentation proving foster care or kinship placement; Proof of

Income for the last 12 months: 2015 Income Tax Return or an employer's statement for the Head Start child's parent(s)/ legal guardian(s) -AND- ALL supporting W2's; Documentation proving TANF, Child Support, Alimony, Military Compensation, Disability or SSI if applicable; 1 month of pay stubs for the last 30 days of employment; Employment Verification Form (provided by ECC); Please contact ECC if parents/guardians are NOT receiving ANY type of income.

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GET TO KNOW MARGE, YOUR AT-LARGE CITY COUNCIL CANDIDATE

CITY TO MARKET VISITOR CENTER AS DESTINATION!



The City is now positioning its Downtown Visitor Center as a worldwide destination, and Montrose will now have a brand channel on the state tourism web site, flanked by such resorts as Aspen and Vail.

Mirror Staff Report

MONTROSE- Following a presentation by Parks Superintendent John Malloy on the Niagara Community Garden, Montrose City Council approved an Intergovernmental Agreement (IGA) between the City of Montrose and the Montrose County Sheriff's Office (MCSO) for continued dispatch services at the [Montrose City Council meeting of March 1](#).

Malloy honored several of the garden volunteers, and said that events and programs are scheduled there in the future.

"The garden is really coming into its own," he said, adding that applications for 2016 garden spots are available at City Hall, and that the Niagara Community Garden now has a program in which beginners are paired with a master gardener. The Niagara Community Garden will be open April 16-Nov. 19.

After Assistant City Attorney Andrew Boyko presented the Dispatch IGA to Council, City Councilor Bob Nicholson spoke briefly before agreeing to the agreement with the MCSO. "I understand the

contract and I understand the need for it," Nicholson said. "I don't consider it fair but I consider it necessary; while I intend to vote for it, I don't really like it."

Council approved the award of a bid for the Black Canyon Golf Course Back-Nine Irrigation Pump Station to Grand Junction Pipe & Supply for the total purchase price of \$94,500; and heard a budget review and Sales Use & Excise Tax reports from Staffer Shani Wittenberg.

Assistant City Manager and Office of Business & Tourism Director Rob Joseph promised to provide a comprehensive report to Council in coming weeks. "When you compare the numbers, a 20 percent increase in sales tax is above what the County and the State of Colorado are seeing," he said, informing Council that the City is now positioning its Downtown Visitor Center as a destination, welcoming 72 percent more guests in 2015 than it did in 2014. Montrose will now have a brand channel on the state tourism web site, flanked by such resorts as Aspen and Vail. "We are positioning Montrose as a world class destination and place to relocate to," Joseph said.

In other business, Council approved the appointment of alternate planning commissioner Gary Seitz to a permanent position on the City of Montrose Planning Commission; as well as a \$334,000 2016 Justice Assistance Grant application on behalf of the Montrose Police Department. This funding would be used to purchase School Safe Equipment, providing first responders and trained school staff with better communication in an emergency situation.





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LOCAL COUPLE "REUNITED" AS U.S. CITIZENS! From pg 1

as a U.S. citizen in the City of Denver. "There were 49 different nationalities represented," Howard said. "Most applicants in Colorado--90 percent--go to Denver to be sworn in; they see about 200 people there every week."

Among the requirements of citizenship are the ability to answer 100 possible questions regarding United States history and the character to withstand intense personal scrutiny. "It is a very convoluted process," observed Howard, "involving very detailed background checking."

Those individuals who endure the long, arduous process to become citizens of the

United States tend to be exemplary, he observed. "During Liz's ceremony the judge asked people to say a few things," Howard said. "Every one of them was gainfully employed, or a small business owner—these are people that we want to welcome here. Most of these people are among the best and brightest from the country they have left."

The ceremony was very moving, he noted. And on Jan. 20, Howard was himself sworn in as a United States citizen in a smaller ceremony held in Grand Junction. Several of his fellow citizens were Europeans who have come to the area to work in

the ski industry, others work in automobile repair, Howard said. "They fell in love with the area, and they have good jobs or own small companies."

Now that he and his wife are once again citizens of the same country (they are originally from the United Kingdom) they have gained an even greater appreciation for their adopted homeland.

"People don't realize how important this is," Howard said. "We have three passports, but we swear allegiance to the United States flag. This is our primary allegiance."

"That's how we see it."

CITY COUNCIL TO HOLD WORK SESSION ON ZONING CODE REVISIONS

Mirror Staff Report

MONTROSE-The City of Montrose continues to pursue a massive revision to the City's zoning code, with a special work session scheduled for March 8 at 5:30 p.m. Among other changes, the revisions will eliminate word "churches," to be replaced with "houses of worship." To learn more, click here: <http://www.cityofmontrose.org/ArchiveCenter/ViewFile/Item/2392>.

LEAGUE OF WOMEN VOTERS VOTE 411 VOTER GUIDE NOW AVAILABLE

Special to the Mirror

MONTROSE-The Montrose County League of Women Voters is participating with the LWVUS and LWVCO to bring a web based voter guide to the voters of Montrose County. On this site voters can compare the answers of all the Montrose City Council candidates to questions posed by the Montrose League of Women Voters. All the voter needs is to enter their address and then follow the prompts to have access to the candidates and their responses. The candidates have entered their responses using their own password protected portal into the web site. The site will be available on March 5. Go to www.VOTE411.org enter your address and see what the candidates have said.

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BABY LIVES MATTER! From page 1

Street in Montrose. Dolphin House serves the Seventh Judicial District as a child-friendly facility where child victims have a safe, non-threatening place to tell what happened to them during necessary investigations of child abuse.

Dolphin House staff offer crisis intervention and ongoing supportive services that help child victims and non-offending family members begin to heal.

The problem does not begin and end with those who hurt children however, Follman points out; there are also adults who could help, but who turn a blind eye and refuse to see that a problem exists here.

“A whole sub-set of our population does not even believe that this stuff goes on in our community,” Follman said.

“They are not even receptive to hearing about it; this work is so difficult because

people who really need the education are not even on the radar.”

For those who believe all crime and corruption are caused by “newcomers,” Follman disagrees. “It goes back to the idea that it takes a community to keep our children safe,” she said. “If you witness something, or think that something is just not right, report, report, report.”

Child abuse is everybody’s business, she said. “We have an obligation to keep our children safe.”

“We hear things like, ‘oh those peoples’ kids are being abused,’” but whose kids are we talking about?” Follman asked.

“We all live here. And we have a lot of young parents who struggle on multiple levels. They struggle financially, and socially. This is not an easy place for young parents to live and be successful. They

struggle on a daily basis to care of their needs and care for their children, and they often struggle just to find where they fit in the community.”

These circumstances factor into the high rate of child abuse here, she said.

To help support a local non-profit that is making a difference for the most vulnerable children and families, support Dolphin House financially or with in-kind donations.

The advocacy center does not receive any governmental funding and welcomes all donations. [To contribute funds, click here.](#) “We welcome any type of donation,”

Follman said.

“We always need new and gently used children’s clothing, new toys, and stuff like that.

“Our families have a lot of needs.”

CANDIDATE MEET AND GREET EVENTS SCHEDULED THIS WEEK!

Special to the Mirror

MONTROSE-At large City Council Candidate Marge Morgenstern will host two meet and greet events for voters this week, to come and ask questions and get to know the candidate. The first will take place at Lark & Sparrow Venue (511 East Main St.) on March 9, from 6 to 8 p.m. The second will be held at the Montrose Elks Club (801 South Hillcrest) on March 11 from 6 to 8 p.m. Hope to see you there!

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HIGH-VOLUME CANDIDATE FORUM HIGHLIGHTS DIFFERENCES BETWEEN COUNCIL HOPEFULS

Connor Tells Morgenstern to Speak Up, Bowman Allowed to Shout into Microphone



Former City Public Works Staffer Chris Young asked how candidates will improve morale in the restructured department.

By Caitlin Switzer

MONTROSE—On April 5, 2016, the City of Montrose will conduct a mail ballot election to fill three open seats. Four Montrose City Council candidates answered questions and shared information with the public at the League of Women Voters Forum moderated by League President Karen Connor at City Council Chambers March 3. Unopposed candidates Judy Ann Files (District IV) and Roy E. Anderson (District 111) took time to participate, though the only contested race is for the at-large seat formerly occupied by Files. Running for the at large City Council seat are Marge Morgenstern and Dave Bowman.

Two-minute opening statements allowed candidates to briefly summarize their backgrounds and reasons for running. Files spoke of her four previous years on Council, family and ties to the area where she has spent her life.

Bowman, a retired Re-1J special education teacher who spoke in thundering tones throughout the forum, began with a memorized quote on the art of statesmanship, repeatedly lavished praise on current City management, expressed a need to “work together,” spoke of his record, “I started Main in Motion,” and boasted of putting on free concerts in Montrose for years.

“That’s the way I move,” Bowman said, “and I hope to continue to keep Montrose moving.”

Retired 22-year Montrose High School teacher Morgenstern allowed that she has never run for public office in the past, but has concerns over the current state of the City.

“I have no agenda but a lot of questions,” Morgenstern said. “I hope to ask them over time if elected, because the citizens of this town deserve answers.”

Anderson, a Vietnam-era Air Force veteran who relocated to Montrose from Fort

Collins, said that he fell in love with the area and hopes to give something back to society after a long career in the computer industry. “I have a strong desire to contribute to the economic growth and prosperity of Montrose.”

Candidates fielded questions on a variety of topics, ranging from their first priorities if elected; approach to economic development and attitude toward offering incentives to businesses hoping to relocate here; thoughts on broadband and on Montrose becoming a gigabyte city (all four were supportive); thoughts on reducing the City’s carbon footprint; approach to improving the current “mental climate” in Montrose; and approach to improving morale in the City’s recently-restructured Public Works Department.

A number of citizens stepped forward to ask their own questions. Among them was Montrose County Clerk & Recorder Tressa Guynes, who questioned candidates on their willingness to eliminate or shorten the learning curve so as to make educated decisions. “There seems to be some misunderstanding as to what Home Rule means,” Guynes commented. Citizen Regina Sowell asked whether candidates perceived a City Council member who seeks funding for his own public concert series to be a conflict of interest (only Morgenstern said that she would find it to be a conflict, if the promoter were using a City owned-facility free of charge).

Finally, Moderator Karen Connor asked candidates how they would establish better cooperation with the Montrose County Board of Commissioners (BOCC).

For Anderson, continuing the good things being done at the City would be a priority. “I look forward to helping our Downtown get growth and development and new business,” he said.

Morgenstern said that the City streets are “a mess” and that some are still not paved and have no curbs. Still, “There is a horrendous amount of money being spent,” she said, and questioned the need for a second dispatch center. “Why do we need two?” she asked. Bowman said that his first priority is to “totally understand the budget,” and that he would focus on burying the hatchet with other entities. Files spoke of several road projects that are of importance to the community, and of the need for teamwork and improved communication. All four spoke of their ideas for saving energy, their support for improved broadband, and thoughts on establishing better communication and morale with both staffers, citizens and County officials. Morgenstern was the only candidate who

questioned the fairness of spending City dollars to attract out of area business when some deserving local companies might “be on the ragged edge.” Anderson suggested avoiding the recruitment of ugly, polluting industries, but expressed his support for the City’s recently-approved incentives agreement with the Mayfly Outdoors Company.

Both Anderson and Morgenstern expressed strong interest in and support for the City’s park system and recycling efforts.

Anderson said that he has been reviewing the Uncompahgre River Master Plan; “Terrific things can be done,” he said. Morgenstern observed that the mental climate in Montrose is pretty positive already. “I see people everywhere on their bikes and in the parks, having a great time,” she said. “We have 26 parks; for the most part they are in good condition. But the one on the hill that was given to us by President Wilson (Buckhorn Lakes) is really wonderful if you have never been up there.”

Bowman noted that he has been putting on concerts for ten years. “Music events bring people together,” he said. He insisted that his own events do not need city funding, though he acknowledged that City Manager Bell paid for the porta-potties at the Montrose Summer Music Series last year.

He said that his non-profit spent \$1,300 to host a summer music series at the City-owned Black Canyon Golf Course last year, and suggested that the City and County combine tourism budgets for maximum impact (editor’s note: Montrose County does not presently have a dedicated tourism budget).

All candidates agreed on the need to work more closely and cooperatively with Montrose County officials. Files pointed out that City and County staffers generally get along just fine, and that elected officials should follow suit.

Anderson proposed establishing a dialog with the BOCC, and proposing areas where cooperation would have “a clear and demonstrable financial benefit for both parties.” Morgenstern suggested listening to each other, and being willing to compromise. Bowman once again recited the memorized quote on the art of statesmanship, and suggested a retreat be scheduled as soon as he is elected, with “the City the County, MEDC, elected officials and appropriate hired guns,” and a trained mediator to defuse conflict.

Candidates were given the opportunity to make brief closing statements as well.

REGIONAL NEWS BRIEFS

DMEA ANNOUNCES PHASE I OF FIBER-TO-THE-PREMISES PROJECT!

Special to the Mirror

REGIONAL-Delta-Montrose Electric Association (DMEA) will kick off its much anticipated fiber-to-the-premise business this month.

The first three areas set to receive quality high-speed internet services through DMEA are South Montrose, Paonia, and Orchard City.

By mid May, DMEA plans to offer members in these areas an opportunity to start signing up for service.

“Today, quality of life and economic development are tied to the availability of high-speed internet. Communities within our service territory are underserved, and we recognize the positive role DMEA can play in meeting our members’ needs. I give credit to my fellow board members for their fastidious dedication to our members and the thorough work of the management team. Both were needed to make this project possible,” said DMEA Board President Bill Patterson.

Phase I will include offering service to approximately 7,500 homes and businesses. The selected locations explore the many scenarios DMEA will encounter throughout the construction process, including urban and rural areas, both Delta

and Montrose counties, and both underground and overhead installations.

In response to member requests and after diligent research, DMEA’s Board of Directors unanimously voted to establish a wholly owned subsidiary internet service provider in order to bring reliable broadband internet service to the citizens and businesses in Montrose and Delta counties.

“Bringing broadband to our service territory is part of DMEA’s long range plan to bolster the foundations of our communities. It’s a vital piece in developing and delivering quality educational, medical, safety, and governmental services. Broadband has also become a proven economic driver that attracts and retains businesses and families. Our members deserve access to such a necessity,” stressed DMEA South Region board representative Tony Prendergast.

Homeowners and business owners within the Phase I regions will receive information about how to sign up in advance, along with the various packages and pricings available.

Further information about these items is not available at this time.

“As we move forward with this project, we ask that our members have patience

with us. It may seem like we are moving slowly, but establishing our fiber network will require both careful planning and substantial construction work in the field. We also need the support of our members who already have part of our fiber network on their property. We’re asking that they allow us to use the fiber for internet in addition to DMEA’s normal business purposes; It’s a true cooperative effort,” said DMEA District #3 Board representative Olen Lund.

“Phase one of our fiber-to-the-premise or “last mile” provider business is in addition to our middle mile fiber partnership with Region 10, which will be happening simultaneously, and will hopefully increase the overall ability of service within the region,” added Patterson.

DMEA is a rural electric distribution cooperative, located in Montrose, Colorado. DMEA was originally founded in 1938, as Delta-Montrose Rural Power Lines Association. The cooperative is governed by a board of directors, from nine districts covering three counties.

DMEA serves approximately 32,000 residential, commercial and industrial meters, on over 3,000 miles of cooperative owned distribution line.

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WRITER GAIL MARVEL'S CLUB CONNECTION

KIWANIS INTERNATIONAL OF MONTROSE



Kiwanis Club Banner. Photo by Gail Marvel.



Deputy Fire Chief Allen Weese presents the Kiwanis program during the Feb. 25th lunch meeting. Photo by Gail Marvel.

By Gail Marvel

MONTROSE-Kiwanis International, a co-educational service club, was founded in 1915 in Detroit, Michigan. No two clubs look alike, but they reflect the needs of their communities. Their mission statement is, "Dedicated to improving the world, one child and one community at a time."

The local Kiwanis Club is more than 40 years old and meets twice a month. Their current membership numbers 20 and is open to both men and women. The local organization includes both retirees, as well as those who are in the work force. Dues are \$300 a year which entitles members to a national newsletter, along with meals for members and their guests.

Meetings begin with the Pledge of Allegiance, followed by introduction of guests. Contributions to the "Happy Buck" container entitles members to talk briefly about something they are interested in, or make announcements. Member Rex Swanson took the opportunity to promote using blue masking tape on vehicles signifying support of law enforcement in the form of the "thin blue line."

Each meeting has a program and for this meeting Club President Denise Swanson introduced Deputy Chief Allen Weese, from the Montrose Fire Protection District. Mr. Weese began with an overview of the

Montrose Fire and EMS, "We are not the city or the county, we are a special district with an elected board of directors and we are financed through a mill levy and property tax...most of our revenue is through property tax." The fire district has three stations and covers 186 square miles; the EMS covers 1,100 square miles.

Of the 3,400 calls received by the fire district in 2015, 73 percent were medical calls. "We currently have 35 career folks, two volunteers and reserve folks. We have 11 fulltime fire fighters every day in all three stations and we average nine calls a day."

Prevention is a large component of the Montrose Fire and EMS. "We go through commercial buildings and review plans for sprinklers, exits, and alarms. We look for safety hazards and try to prevent fires before they happen. We want our fire fighters to familiarize themselves with commercial buildings."

Laughter rippled through the audience when someone said, "I always heard the best time to burn ditches is in high wind." The chief acknowledged that most incidents with out-of-control ditch burning occur on smaller properties of two – three acres, rather than on larger farms and

ranches. "Sometimes we go back to the same folks each year."

It's important for residents to get permits and schedule their burn in order to avoid unnecessary calls to the fire department. While most county residents understand the need for a county and state permit, many city residents are unaware that they too need both a city and a state permit. Weese said, "There is no cost for the state permit, but city residents must have it in order to burn ditches."

In community outreach Kiwanis members volunteer as bell ringers for the Salvation Army during the holiday season and contribute funds to the food bank. They send students to leadership camps, offer scholarships, and support the high school Key Club. Students of the week honored during the Feb. 25th meeting were Seth Glass and Lily McMichael who attend Peak Virtual Academy.

*Contact Information:
Kiwanis International
Meets 2nd and 4th Thursday, noon lunch
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TWO CLASSES AVAILABLE:

Thursday, March 3, 2016: 12:45 pm-1:30 pm - Montrose Senior Center (Montrose Pavilion), 1800 Pavilion Drive, Montrose

Tuesday, March 15, 2016: 4:00 pm- 5:00 pm - Region 10 Building, 300 N Cascade Ave, Sneffels Conference Room



Contact Erin Berge at 970-275-1220 or eberge@voa.org for more information

REGIONAL NEWS BRIEFS

COLORADO PARKS AND WILDLIFE OFFERS FREE TURKEY HUNTING WORKSHOP MARCH 24

Special to the Mirror

MONTROSE – If you want to learn to hunt turkeys, why not learn from the experts?

Colorado Parks and Wildlife is offering a free “Turkey Hunting 101” class, 6-8 p.m., March 24 at the CPW office in Montrose, 2300 S. Townsend Ave.

CPW staffers, who are also long-time turkey hunters, will teach the basics of turkey hunting. But the class isn’t only for novices; experienced hunters will also find

the class informative.

“The class will give you the knowledge and confidence to hunt wild turkeys in Colorado,” said CPW Wildlife Officer Garrett Watson.

The key concepts that will be taught include: bird identification; laws and regulations for turkey hunting; equipment needed; how to scout for turkeys; hunting tactics; how to call in turkeys; and field dressing turkeys. Turkey hunting is excellent in the Montrose area. Stalking turkeys is also

a good way for novices to be introduced to the sport of hunting. The spring season—when most people hunt turkeys— is long, from April 9 to May 22, and the weather is warm and the days are long.

The class is limited to 25 people. To sign up, go to the Montrose office, or call 970-252-6000.

For more information about turkey hunting in Colorado, go to: <http://cpw.state.co.us/thingstodo/Pages/turkey.aspx>.

BOSOM BUDDIES NOW ACCEPTING SCHOLARSHIP APPLICATIONS!

Special to the Mirror

MONTROSE-The Breast Cancer Support Group of Southwestern Colorado, aka Bosom Buddies, is now accepting scholarship applications for assistance with post-high school educational expenses to the children of a parent or guardian who has ever been diagnosed with breast cancer. Bosom Buddies is also accepting applications from breast cancer survivors, regardless of age, for financial assistance with a variety of educational endeavors.

Bosom Buddies offers three scholarship opportunities to residents of Montrose, Ouray and San Miguel counties. Scholarship funding is available to students enrolling in an institution of higher learning who are applying to Bosom Buddies for educational assistance for the first time.

Applicants must have a parent or guardian who has, at some time, been diagnosed with breast cancer. Funding is available

for full-time and part-time students enrolling in a vocational, community college, university, or accredited on-line program. Only applications postmarked or emailed by April 15, 2016 will be considered for this year.

Continuing educational funding is also available to previous recipients of a Bosom Buddies scholarship. Students must apply annually but can re-apply for up to a total of four years. Only applications postmarked or emailed by April 15, 2016 will be considered for this year.

In addition, educational funding is available to survivors of breast cancer regardless of age. Applicants must be enrolled in an institute of education including a high school diploma program, GED program, vocational, community college, university, or accredited on-line program.

Applications must be submitted a minimum of 60 days prior to the beginning of the course start date.

Application forms can be downloaded at the Bosom Buddies website www.bosombuddieswc.org or through your local high school guidance offices. Applications may also be obtained at the Bosom Buddies office at 645 South 5th Street in Montrose.

The Bosom Buddies website is currently being updated to be mobile device compatible. Scholarship applications are available for download through a tablet or phone but may be difficult to see. Because of this, the support group recommends an applicant download the application from a desktop or laptop computer.

Applications may be returned to the Bosom Buddies office, emailed to gkcd2@yahoo.com (please note Bosom Buddies Scholarship Application in the subject line) or by mail to Bosom Buddies Breast Cancer Support Group of Southwestern Colorado, P.O. Box 1263, Montrose, CO 81402-1263.

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Photo by Mark Johnson (www.boxcanyonblog.com)

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REGIONAL NEWS BRIEFS

COLORADO PARKS & WILDLIFE TO MEET IN DENVER MARCH 9-10

Special to the Mirror

DENVER - The Colorado Parks and Wildlife Commission meets at CPW's Hunter Education Building, 6060 Broadway, Denver, March 9 to 10. The meeting is slated for a 10 a.m. start Wednesday, and is scheduled to adjourn at noon, Thursday. Commissioners will receive briefings on a variety of issues, including: updates from CPW Director Bob Broscheid, regional managers and the assistant director of financial services, the Departments of Agriculture and Natural Resources, and Great Outdoors Colorado. Informational updates to the Commission include wildlife chapters W-2, W-9 and W-11. Action items pending include changes to parks chapters

P-1, P-2, P-3, P-4, P-5 and P-7 as well as wildlife chapters W-0, W-2, W-3, W-5, W-9, and W-16. Other action items include 2016 non-motorized trail grants and Habitat Protection Program priorities. Also slated are discussions regarding climate, principles and ethics of fair chase, Gold Medal water designations and 2015 real estate accomplishments.

A complete agenda can be found at: http://cpw.state.co.us/Documents/Commission/2016/March/Final_Agenda.pdf.

The Commission meets regularly and travels to communities around the state to facilitate public participation in its processes. The next commission meeting is

scheduled for May in Grand Junction. Other meetings slated for 2016 will be held in June (Pueblo), July (Meeker), August (Montrose), September (Creede), November (Lamar) and if necessary, December, (Fort Collins).

Anyone can listen to commission meetings through the Colorado Parks and Wildlife website. This opportunity keeps constituents informed about the development of regulations and how the commission works with Parks and Wildlife staff to manage the parks, wildlife and outdoor recreation programs administered by the agency.

Find out more at <http://cpw.state.co.us/aboutus/Pages/Commission.aspx>.

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REGIONAL NEWS BRIEFS

MONTROSE NJROTC ROBOTICS TEAM... OVERALL CHAMPIONS OF THE REGIONAL SEAPERCH CHALLENGE!



Special to the Mirror
MONTROSE- The Montrose NJROTC Robotics Team were the overall Champions of the Regional SeaPerch Challenge hosted by the Challenger Center of Colorado Springs on Feb. 27th at Coronado High School. They accomplished this by finishing first in the Obstacle Course Competition and first in the Engineering Design Competition. As a result, they have been invited to the National SeaPerch Challenge at LSU in Baton Rouge, LA. **CONGRATULATIONS!** Pictured in front are Anthony 'Shark Bait' Rizzo (Columbine MS); Cadet Dominique Ridgel (Montrose HS); Cadet Kylee Harris (Olathe HS); Cadet Aaron McClenathan, Team Leader (Montrose HS); and in back CDR Scott Rizzo, Coach (Montrose HS).

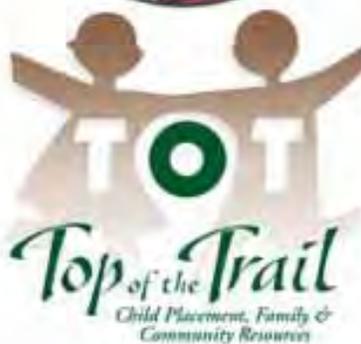
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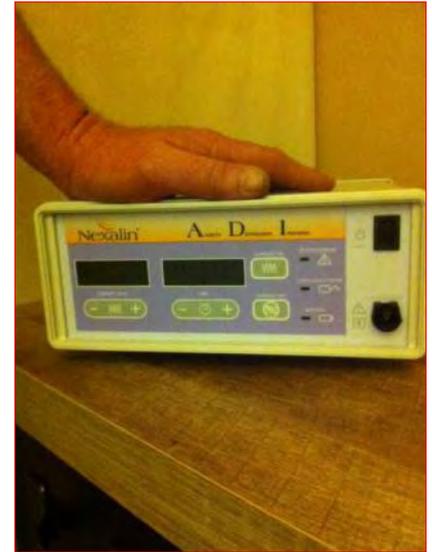
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- The typical monthly stipend is \$799 per month per child, but can be higher depending upon the specific needs of the child and training of the foster parents.

NEW BUSINESS SPOTLIGHT...XCELERATE VITALITY!



Above, non-invasive, medication-free Nexalini Therapy is available at the Xcelerate Vitality Center.

Above, (from left) Dayna Greathouse, Clay Greathouse, Lance Gubler, Darrell Weingard, and Noalani Terry at the grand opening of Xcelerate Vitality at 1544 Oxbow Drive, Suite 160 in Montrose. Xcelerate Vitality Center is located beneath the clock in the Tower Building. The phone number is 970-596-1920.

At right, business owner Clay Greathouse with a photon genius instrument at the Xcelerate Vitality Center. Photos by Brad Switzer.



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REGIONAL NEWS BRIEFS

BLACK CANYON CLASSICS FRIDAY NIGHT CRUISE ROLLS OUT MARCH 11!



Mirror Staff Report
MONTROSE-On Friday, March 11th, the Black Canyon Classic Car Club begins their traditional “Friday Night Cruises.” Club President Shane Brown said, “Every Friday night we meet at a different restaurant in town and fill their parking lot from 6-9 pm with classic cars. Some members eat meals and others just visit in the parking lot with customers.” The March 11th gathering will be held at Wendy’s. Courtesy photo.

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REGIONAL NEWS BRIEFS

COLORADO AERONAUTICAL BOARD APPROVES \$2.7M IN AIRPORT FUNDING

Special to the Mirror

WATKINS— The Colorado Aeronautical Board (CAB) has approved this year’s airport grant funding for Colorado airports. The unanimous decision authorized the distribution of \$2.7 million in state aviation fuel tax revenues through grants to 27 Colorado public use airports under the Aviation Discretionary Grant Program administered by Colorado Department of Transportation’s Division of Aeronautics. The grants ranged in size from \$8,333 to \$250,000. They represent State of Colorado participation in a wide variety of projects, totaling \$71.7 million, to improve safety and infrastructure at airports all across the state. Airport projects must include local and/or federal fund participation in order to receive Colorado discretionary aviation grants.

“I am pleased to approve these grants and to see that we are continuing statewide efforts to upgrade our airports,” said CAB Chairman Ray Beck. “The economic multipliers provided by our airports through

the moving of people, goods, and services are tremendous. CDOT’s vision is to help develop and maintain an efficient transportation system, and this grant program certainly helps put that vision into practice. This is an excellent partnership.” A 2013 Economic Impact Study of Colorado Airports showed that the airports support 265,700 jobs statewide and create a total economic output of \$37.6 billion annually.

“Despite available funding for airports due to declining oil prices, Colorado was still able to come through to help fund several outstanding and critical projects that continue to make the Colorado Airport System one of the best in the country,” said Aeronautics Division Director David Ulane. “We are always looking for ways to be a strong partner with our public use airports across Colorado, and this grant program is one of several ways we are able to do exactly that.”

Colorado legislation was created 1991 to develop and maintain the Colorado Aviation System through taxes collected on

aviation fuel sold within the state. There are no general funds used to meet the needs within the Colorado Aviation System, the needs are funded solely through the taxes collected by those actually using the aviation system.

Grant application received from Colorado public use airports are evaluated by CDOT Division of Aeronautics staff and approved by the Colorado Aeronautical Board. The Governor then reviews the grant applications and issues the final go-ahead.

A listing of Colorado airports receiving grants this year is printed below. [Click here](#) for a comprehensive listing of discretionary aviation grant awards and individual airport funding and project details.

The Colorado Airport System consists of 74 public use airports that support over 265,000 jobs, provide \$12.6 billion in annual payroll, and \$36.7 billion in total annual economic output for the State of Colorado. More information can be found at Colorado-Aeronautics.org.

2016 Colorado Discretionary Aviation Grant Award Recipients:		
Centennial Airport (APA)	Fremont County Airport (1V6)	Rocky Mountain Metropolitan Airport (BJC)
Central Colorado Regional Airport (AEJ)	Grand Junction Regional Airport (GJT)	San Luis Valley Regional Airport (ALS)
Colorado Plains Regional Airport (AKO)	Greeley-Weld County Airport (GXY)	Sterling Municipal Airport (STK)
Colorado Springs Municipal Airport (COS)	Gunnison-Crested Butte Regional Airport (GUC)	Stevens Field (PSO)
Craig-Moffat County Airport (CAG)	Holyoke Municipal Airport (HEQ)	Telluride Regional Airport (TEX)
Durango-La Plata County Airport (DRO)	Meeker Airport – Coulter Field (EEO)	Wray Municipal Airport (2V5)
Eagle County Regional Airport (EGE)	Montrose Regional Airport (MTJ)	Vance Brand Municipal Airport (LMO)
Erie Municipal Airport (EIK)	Perry Stokes Airport (TAD)	Yampa Valley Regional Airport (HDN)
Fort Morgan Municipal Airport (FMM)	Rangely Airport (4V0)	Yuma Municipal Airport (2V6)



WHAT DOES IT TAKE TO EMBRACE THE TRUTH?

THE OURAY COUNTY PLAYERS PRESENT

THE OTHER PLACE

BY SHARR WHITE

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REGIONAL NEWS BRIEFS

SAN MIGUEL SHERIFF S&R RESCUES BACKCOUNTRY SKIER

Special to the Mirror

TELLURIDE – San Miguel County Sheriff’s Office Search and Rescue personnel rescued an injured backcountry skier Saturday March 5, from the Bear Creek area in Telluride. The 23-year-old Telluride man told Sheriff’s Deputies that he began his descent down the San Joaquin chute in upper Bear Creek around 11 am that morning with a friend. He reported that he skied about one-third of the way down to a narrow spot, hit some rocks and lost his balance, and tumbled the remaining two-thirds down the chute.

A hiker in the area saw the incident, which occurred at approximately 1pm, and called Telluride Ski Patrol who then communicated with San Miguel County Sher-

iff’s Office. A Search and Rescue (SAR) team was immediately activated.

Two SAR members skied to the injured man, assessed and packaged him, while a third SAR member was picked up by a Helitrax helicopter and transported to the scene. The patient was transported via Helitrax helicopter to the Telluride Airport where a Telluride EMS ambulance and crew were standing by.

Sheriff Deputy Mike Kimball, Jr. said the SAR mission was very efficient. “Operationally, things could not have gone much better. Weather wasn’t a factor and we had good access to the skier.” The man was wearing a helmet and had an avalanche beacon. Sheriff Bill Masters said this man is lucky the rescue mission was

uncomplicated. “We were able to get to him, and he didn’t have to spend the night out there cold and injured. The next guy might not be so lucky,” Sheriff Masters said. “Do not ski into Bear Creek if you are not prepared for self-rescue, period.”

Telluride EMS treated and transported the man to the Telluride Medical Center just after 3 pm for further assessment and treatment. He did not appear to have life-threatening injuries.

The San Miguel Sheriff’s Office, located in Telluride, Colorado and established in 1883, serves 7,800 residents and countless visitors across the 1,288 square miles of San Miguel County. Sheriff Bill Masters has been serving as the county’s elected Sheriff since 1980.

SAN JUAN HEALTH CARE FOUNDATION AND MONTROSE MEDICAL ALLIANCE ACCEPTING SCHOLARSHIP APPLICATIONS FOR HEALTH SCIENCES TRAINING

Special to the Mirror

MONTROSE-The San Juan Healthcare Foundation and the Montrose Medical Alliance are accepting applications for scholarship awards for training in the health sciences field.

Applicants of any age wishing to pursue training in a health related field are eligible to apply. Preference will be given to applicants from the Montrose area who intend to return to this area to utilize their talents.

This scholarship is open to any high school graduate, nurse, medical student, therapist, hospital employee, or anyone anticipating health sciences training and who has been accepted into a program/college. Applications may be obtained by contacting Lark Jacobsen by phone at 970-209-4555, or by email at larkjacobsen@gmail.com.

Applications can be mailed to the San Juan Healthcare Foundation at 800 South Third Street, Montrose, CO 81401 or emailed to larkjacobsen@gmail.com. If you have any questions, please contact Lark Jacobsen at 970-209-4555.

Applications will be taken through April 15, 2016 and the recipient(s) will be announced after May 5th. The selection of the winner(s) will be made by the San Juan Healthcare Foundation Board.

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MIRROR IMAGES...THERAPEUTIC RECREATION!

Senior CommUnity Care, a program of Volunteers of America, hosted a Therapeutic Recreation Month recognition event Monday, Feb 29 at the Homestead Assisted Living Center. Seniors from the Volunteers of America independent housing apartments enjoyed painting pottery from Amazing Glaze and listening to music. Therapeutic recreation is a systematic process that uses recreation and other activity-based interventions to address the assessed needs of individuals with illnesses and/or disabling conditions, as a means to psychological and physical health, recovery and well-being. Senior CommUnity Care offers therapeutic recreation to participants in its three day centers and through community outings under the supervision of a Certified Therapeutic Recreation Specialist (CTRS).




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REGIONAL NEWS BRIEFS

COMMUNITY HEART AND HANDS FOUNDATION CLOSES ITS DOORS, HABITAT TAKES ON HANDYMAN PROGRAM

Special to the Mirror

MONTROSE—Ten months ago RSVP, an established 15-year old local non-profit, announced its reorganization into Community Heart and Hands (CHH). The board members, Executive Director and volunteers were all enthusiastic about its new direction. The Medicare Counseling had been seamlessly transferred to Region 10 Area Agency on Aging and CHH was newly focused on their Handyman Program and middle school Innovation After School Program. All was going well.

At the Jan. 2016 board meeting, the discussions were less enthusiastic. The reality of the community support for the middle school Innovation After School program hit home. Grant funding from the Anschutz Foundation had been received to support the program, however, there was almost no matching community support. A small grant was also received from Altrusa International. Consequently, the Innovation After School program was canceled starting with the third quarter of the current school year.

Given their only remaining program was the Handyman Program, their Executive Director recommended to the CHH board that it was time to once again make a change. Bony said “Montrose does not need another non-profit operating one small program, it is better to gain efficiencies by consolidating activities into a larger organization. The cost of volunteer insurance and other overhead expenses could easily be absorbed into another non-profit.” The Board asked their Executive Director to find a home with another non-profit for this very valuable community program. The CHH Handyman Program provides volunteer handyman services to low-income households (max. 225% of poverty) needing simple home repairs that

affect their health and safety. Recipients only pay for materials and a small shop fee that goes towards incidentals and program overhead. The program was run by Tim Garvey and Tom Baird, who primarily volunteered their time installing wheel chair ramps, railings and grab bars.

Susan Bony held meetings with several local non-profits to discuss the Handyman Program and all yielded positive results.

They all knew of the need for and benefits of the Handyman Program and were eager to help. However, the best fit seemed to be with Habitat for Humanity of the San Juans. Colleen Burke, their Executive Director felt that it was “a perfect extension of their current Handyman program, which provides low-interest loans for home improvements.” Colleen approached her board with the proposal and it was unanimously approved. Both organizations are now working together to make a smooth transition for both the current clients and volunteers. Individuals interested in volunteering or needing Handyman assistance should contact Habitat for Humanity of the San Juans at (970) 252-9303.

CHH agreed in April 2015 to sponsor the Montrose Main in Motion program for one year. During this time the new organizers learned about running a company, fund-

raising, and organizing a summer event series.

This program is being transferred to these organizers to continue it on their own. For information on the upcoming Montrose in Motion 2016 activities visit their website at www.montroseinmotion.com

Community Heart and Hands will be closing its doors when the transfer of the Handyman program is completed. You may wonder what happened to the remaining assets of CHH as it is being shut down. Well, they are being donated to various non-profit organizations throughout our community including Community Options, CASA of the 7th Judicial District, Salvation Army, Habitat for Humanity of the San Juans, Bright Beginnings Child Care & PreSchool, Welcome Home Montrose, etc. Thus, the book has closed for RSVP doing business as Community Heart & Hands.



A ramp built by Tom Baird of the handyman program, which will now be under the umbrella of Habitat for Humanity. Courtesy photo.

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REGIONAL NEWS BRIEFS

ALPINE BANK NOMINATED FOR INTERNATIONAL GREEN INDUSTRY HALL OF FAME! *Financial institution recognized as green industry leader*

Special to the Mirror

GLENWOOD SPRINGS – Alpine Bank is among this year’s nominees for the International Green Industry Hall of Fame (IGIHOF). The 2015 Hall of Fame inductees will be recognized at the sixth annual IGIHOF Conference and Induction Ceremony on March 9 in Clovis, Calif.

Each year, IGIHOF seeks nominations from the public for individuals or businesses that are working toward an environmentally sustainable future. The 2015 nominees feature 30 pioneers, leaders and innovators in sustainability including, in addition to Alpine Bank,, Al Gore, Earth Island Institute, Fetzer Vineyards, and the UC Santa Barbara Environmental Affairs Board.

“It is humbling and very exciting for an employee-owned regional community bank from western Colorado to be nominated for possible inclusion in the International Green Industry Hall of Fame,” said David Miller, senior vice president and leader of the Alpine Bank Green Team. “Alpine Bank’s Green Team, birthed in 2003, has always tried to ‘think globally, while acting locally,’ but we never dreamed that our local efforts to save money by reducing our environmental footprint and protecting our outdoor lifestyle might be recognized by an international group.”

This year, 14 nominees will be inducted into the International Green Industry Hall of Fame.

REP. NAVARRO WELCOMES LAS ANIMAS STUDENTS TO THE STATE CAPITOL

Special to the Mirror

DENVER-It was a day full of energy and excitement as six students from Las Animas, Colorado explored the Capitol build-

ing in Denver, Colorado. Representative Navarro reserved seating on the house floor for these young students so that they could see the action close up, and watch as



State Representative Clarice Navarro began her service in 2013, and is serving in her second term. The Representative is a native of Southeastern Colorado, proudly serving Fremont, Otero and Pueblo Counties. Courtesy photo.

bills were read, discussed and voted on. The students were fascinated by the processes and procedures of the legislature and were full of questions about how the voting process works in Colorado. They certainly represented Las Animas well, and were eager to learn about and explore the building. Upon Adjournment, the students were able to tour Representative Navarro’s Office and other areas of the Capitol Building, including the golden dome.

They finished off the day enjoying lunch with a question and answer session with Representative Navarro in one of the House Committee Rooms. Representative Navarro stated, “It was wonderful to have students from my hometown at the Capitol and provide them with the opportunity to get a glimpse of how the law-making process works.”

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MIRROR IMAGES...SUPER TUESDAY!



Montrose Republicans expected at least 800 to show up to caucus at Montrose High School March 1. Photos by Gail Marvel.

Democrats welcomed a major turnout to caucus at Centennial Middle School March 1. Clockwise from top right, crowds filled the room almost immediately; Montrose Democratic Party Chair Jayne Bilberry helps voters with a precinct map; volunteer Leslie Hallenborg; volunteer Sara Combs helps voters check in.



RIDGWAY'S *The Sherbino* HISTORIC THEATER
Est. 1915 CELEBRATING 100 Years!

SHERB NERDS

Trivia Night at The Sherb

SHERB NERDS:
JOIN US,
FRIDAY
April 22

"Sherb Nerds" is back for another season to test your brain power. "Sherb Nerds" happens monthly, and features several rounds of trivia questions with varying topics such as history, film/TV, science, music, and geography.

Teams may have up to 6 people, with a variety of prizes up for grabs throughout the night. A prize will be awarded to the first place team of the night. And a GRAND PRIZE will be awarded to the team with the most wins throughout the winter "Sherb Nerds" season!

Doors at 6:30
Trivia Starts at 7:00
\$5 Admission / \$3 Students
CASH BAR



Alzheimer's Disease

FREE PROGRAMS

March 21 ~ 1:00-2:00 pm

The Basics: Memory Loss, Dementia and Alzheimer's

Alzheimer's disease is not a normal part of aging. If you or someone you know is affected by Alzheimer's disease or dementia, it's time to learn the facts. This program provides information on detection, possible causes and risk factors, stages of the disease, and treatment.

March 28 ~ 1:00- 2:00 pm

Understanding and Responding to Dementia-Related Behavior

Provides participants with a four-step model to address behavioral aspects of dementia. The program details the model and then applies it to some of the most common behaviors associated with the disease.

Refreshments Provided

alz.org® | alzheimer's association®

Presented by: Teresa Black, Alzheimer's Association Western Slope Director

Hosted At:

The Homestead of Montrose

1819 Pavilion Drive, Montrose

Please RSVP to (970) 256-1274



PEDIATRIC ASSOCIATES EVACUATED BRIEFLY MARCH 2

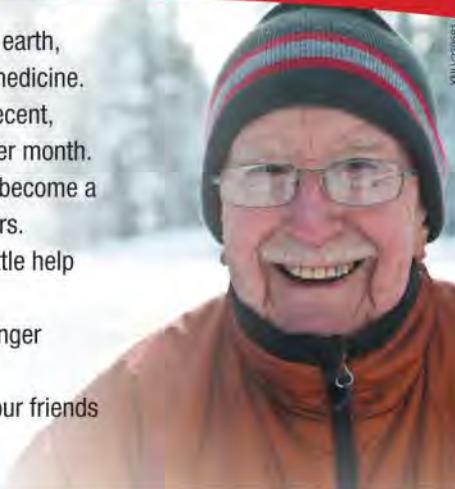


Mirror Staff Report

MONTROSE-Montrose Pediatric Associates was evacuated for a short time on Wednesday, March 2, 2016. According to Deputy Fire Chief Allen Weese an alarm of smoke in the building came into the Montrose Fire & EMS at 10:49 a.m. Weese said, "This was a case of smoke, but no fire. A motor on the furnace in the crawl space overheated and smoke filtered into the building." All three fire stations responded, however the situation was quickly assessed and stations two and three returned to their base. The incident was cleared at 11:24 and employees and patients were allowed back in the facility.

Many Older Adults Need Our Help... *in the most fundamental ways.*

- **FOOD:** In the most affluent country on earth, seniors have to choose between food and medicine.
- **SHELTER:** Imagine having to find a decent, secure place to live on an income of \$800 per month.
- **SAFETY:** For older adults, home can often become a dangerous place without proper repairs.
- **SUPPORT:** Sometimes we all need a little help from our friends.
- **CARE:** When living at home is no longer an option, we can help.
- **CONNECTIONS:** When you outlive all of your friends and family, who do you turn to?



We provide a connected network of services that make a significant difference in our part of the world.

Join us in supporting our vision to enrich and uplift the lives of our local older adults.



www.voahealthservices.org
www.Facebook.com/VOAWesternSlope
1-844-VOA-4YOU

Ridgway Announces Summer Farm Market Dates for 2016

Special to the Mirror

RIDGWAY-Every summer the picturesque town of Ridgway becomes the location for a vibrant community farmers market. Now in its 16th year, the 2016 market season looks to be one of the best.

Every Friday from May 27th to Oct. 14th visitors to our quaint mountain community and locals will join 20 regional vendors who sell fruits and vegetables, sustainable meats, fresh eggs, organically grown food, local wine, arts & crafts, fresh cut flowers and handmade soaps & lotions in beautiful Hartwell Park in downtown Ridgway Colorado!

Please plan on joining us every Friday Starting May 27th & enjoy live music, healthy prepared foods, & support regional small business.

Thanks for reading! Reach us at
970-275-0646 or
editor@montrosemirror.com.



THE Lark & Sparrow
HISTORIC VENUE
A Music & Event Venue
PRESENTS

FRIDAY
MARCH 11

RESERVATIONS ENCOURAGED
DOORS OPEN 6:30PM
CONCERT 7:30PM



AUSTIN PIAZZOLLA QUINTET
NUEVO TANGO

APQ Photo: Ryan Obermeyer

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REGIONAL NEWS BRIEFS

NORWOOD MAN FOUND DEAD WITH SELF-INFLICTED GUNSHOT WOUND

Special to the Mirror

NORWOOD – A Norwood man was found dead in his home with an apparent self-inflicted gunshot wound Sunday night. The man’s wife told San Miguel County Sheriff’s Deputies she heard a single gunshot at approximately 9:40pm from another room in their home and found her husband fatally shot in their bed.

Donnie R. Jones, 65 of Norwood is believed to have shot himself; an investigation is pending, however at this time, no foul play is suspected.

It is the second death involving an apparent self-inflicted gunshot wound in San Miguel County in less than one week. Friday, a man was found dead with an apparent self-inflicted gunshot wound off Tomboy Road near Telluride.

“We extend our deepest sympathy to the grieving families,” Sheriff Bill Masters said. He encourages anyone thinking about ending his or her life to seek immediate help. “No matter how much you hurt, please reach out and talk to someone.”

The Center for Mental Health in Montrose operates a 24 hour crisis line (970-252-6220) for mental health emergencies.

The San Miguel Sheriff’s Office, located in Telluride, Colorado and established in 1883, serves 7,800 residents and countless visitors across the 1,288 square miles of San Miguel County. Sheriff Bill Masters has been serving as the county’s elected Sheriff since 1980.

MARCH DEATH NOTICES

MR. DOMINIQUE MARC PEREZ, 26, passed away in Montrose Sunday, February 28, 2016. Funeral arrangements are being handled under the director of Sunset Mesa Funeral Directors, (970) 240-9870.

MRS. SHIRLEY ANN HOLGATE, 79, passed away at her home in Cedaredge Wednesday, March 2, 2016. Funeral arrangements are being handled under the direction of Sunset Mesa Funeral Directors, (970) 240-9870.

MR. MICHAEL TIMOTHY MCCULLOUGH, 64, passed away at his home in Ridgway Thursday, March 3, 2016. Funeral arrangements are being handled under the direction of Sunset Mesa Funeral Directors, (970) 240-9870.

**THE MIRROR Welcomes Community
Death Notices and Obituaries free of
charge.**

**Please send to
editor@montrosemirror.com.
To reach us call 970-275-0646.**

REGIONAL NEWS BRIEFS

HABITAT FOR HUMANITY OF THE SAN JUANS CELEBRATES COMPLETION OF 50TH HOME AND 25 YEARS WITH A FREE COMMUNITY EVENT

Special to the Mirror

MONTROSE-Habitat for Humanity of the San Juans is pleased to announce the completion of its 50th home and 25th anniversary. There will be a celebration event presented by Academy Mortgage in Montrose at the Habitat Barn, located behind the ReStore at 1601 N Townsend Ave. on Wednesday, March 9th from 7-8 pm. The event is free and open to the public, and will include the introduction of the 50th home buyer family – the Ketcham family of four who have been living in an RV park – as well as a ceremony with sparklers and wishing lanterns and hot chocolate.

“We couldn’t have planned it if we had tried to coordinate the completion of our 50th home during our 25th year as an affiliate! It is a monumental moment for our community, our staff team, volunteers,

donors, and, of course, our 50th home buyer, the Ketchams. The forecast is calling for snow, but we’ll have the event no matter the weather. In the case of inclement weather, we’ll move the event inside the barn,” explains Development Director, Heather Zeilman. “This sweet family of four has put in 500 hours of sweat equity, they have remained a strong Habitat partner by letting us tell their story, and they’ve made it through the entire mortgage application process – the same process anyone else would need to go through in order to qualify for a home loan. For those who have been through the home buying process, we know it’s no cakewalk. We are so very proud of them and can’t wait to dedicate their home in a couple of weeks and move them in!”

Zeilman continues, “This event is also the perfect time to introduce our newest busi-

ness partner, Academy Mortgage, to the community. Branch Manager, Jake Mott, called me last December asking if they could gift our five recently selected families with Christmas dinner. He also wanted to know what else they could do. I told him we wanted to throw a big celebration event, and they immediately got behind it to make it happen. They have also since signed up for two Build Days scheduled for June with our construction crew. Our business partnerships continue to grow, and we couldn’t be more pleased to see Academy come on board.”

From Colleen Burke, Executive Director, “The current Board of Directors and staff all feel so privileged to be a part of this great organization at such an important time in its history. It is truly a blessing to be able to make such an impact on so many lives.”

HONORABLE MENTION

To the Montrose Daily Press...for consistent flattery in the form of lifting our feature ideas...but the real Club Connection series can be read only in the Montrose Mirror...written by lifelong local Gail Marvel!

To Laura, manager of the Family Dollar Store at Main and Hillcrest, for turning a struggling store into a great neighborhood market stocked with essential grocery items, serving East Montrose (EMO)...

To everyone who takes time to volunteer for a political campaign in a busy election year...

To the memory of a local man who lived to create works of sculpture that depict the Western Colorado people and places so dear to his heart, Ridgway sculptor Michael McCullough. Michael’s thoughtful and beautiful works will live on, from Telluride’s Hoot Brown memorial sculpture, to Ouray’s hard rock miner bronze, to the little Red Fox sculptures in Ridgway and here in Montrose, and many others, this artist lived to honor our Western Slope world with his talent. Rest in peace Michael, and love to his muse and fellow Ridgway-Telluride artist, Lucy Boody.

...and to U.S. citizens Howard and Liz Davidson...congratulations!!!

Hold the Date! Upcoming Business and Cultural Events

ONGOING-

LARK AND SPARROW VENUE-Fridays beginning in February-Every Friday from 4:30 to 7 pm : Sparrow's Social Hour, Live @ 5 . . . Music by Local Artists in Sparrow's Library. 7:30 pm : Lark's Skylight Jazz Club. Live Jazz Weekly : The House Blend Combo & Guest Artists. Every Third Friday : Cabaret "Open" Stage.

SATURDAY NIGHT LIVE @ THE GALLERY • MUSIC BY YOUTH, Second Saturdays from 7 to 9 p.m. at Healthy Rhythm Community Art Gallery in Sampler Square.

MONTROSE WINTER FARMERS MARKET 10 am - 1pm *Location: Behind Straw Hat Farm Kitchen Store 514 S. 1st Street* (Every other week through April 23) **Feb. 27; March 12, 26; April 9, 23.**

THE ALPINE PHOTOGRAPHY CLUB meets every second Tuesday at St. Mary Catholic Church in the St Paul Room, 1855 St Mary's Drive, Montrose. The Public is welcome to attend. For more information, email alpinephotoclub@aol.com.

FREE FAMILY LAW CLINIC-LAST WEDNESDAY OF EVERY MONTH, Montrose County Courthouse (Leslie German self-help center) at 1200 North Grand, Noon to 1:30 p.m. Sponsored by Uncompahgre Volunteer Legal Aid and the 7th Judicial District Bar Association. Call 970-249-7202 for information.

FREE JAM SESSION AND SING ALONG, Mondays from 4 to 6 p.m. at the Montrose Pavilion Senior Center.

MONTROSE HISTORICAL MUSEUM-“Montrose County Historical Society Presents” is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

MONTROSE STAMP (PHILATELIC) CLUB meets on the fourth Wednesday of each month at 420 Alta Lakes Dr. from 7-8pm. For Beginners to Pros! Please contact Brenda Moureaux at 970-765-6948 for more information.

MONTHLY-

March 9-Heidi's Brooklyn Deli Forum, 1521 Oxbow Drive, 8 to 9 a.m. Coffee is \$1. Montrose Memorial is the second-largest employer in Montrose County with more than 600 employees and 100 physicians who represent 23 medical specialties. Our Wednesday, March 9th Forum will feature Steve Hannah, CEO of Montrose Memorial Hospital. Steve will give an update on Montrose Memorial's growth trends, financial indicators, new physicians and more. He will also discuss the hospital's joint ventures as well as the threats and opportunities on the horizon.

March 9-Candidate Meet & Greet, At-large City Council Candidate Marge Morgenstern at the Lark & Sparrow, 511 East Main Street from 6 to 8 p.m.

March 10-12 Second Chance Humane Society 9th Annual Wine and Whiskers Weekend! On Thursday March 10th 6:30--8:30 PM: Opening Night Fashion Cabaret; on Saturday March 12 at 5:30 pm midnight: Gala Event includes catered fare, silent & live auctions, the Fashion Cabaret - & dance party. Tickets are \$15 in advance for Thursday night (\$20 at the door) and \$40 in advance(\$45/door) for Saturday night. Both events will occur at the Ouray County 4H Event Center in Ridgway. Call [970.626.2273](tel:970.626.2273) or www.adoptmountainpets.org for details or to volunteer. Tickets available online or at Second Chance Thrift Shops in Ridgway and Telluride.

March 10-Back to 4H Night, Friendship Hall. 4 to 8 p.m. RSVP by March 8 to 970-249-3935.

March 10-Friendship Force of western Colorado, a non-profit Travel/Cultural Adventure club, has a new location for our regular meetings. Please join us for the meeting on Thursday, March 10 at 6:15 pm at the American Red Cross Building located at 506 Gunnison in the conference room.

March 11-Candidate Meet & Greet, At-large City Council Candidate Marge Morgenstern at the Montrose Elks Lodge, 801 South Hillcrest, 6 to 8 p.m.

March 11-7:30 p.m. - "Rabbit Hole", a slice-of-life drama, explores something all of us have experienced--the loss of a loved one and how we cope with that. Ticket information for the Magic Circle Theatre play can be found online at magiccircleplayers.com or by phone at (970) 249-7838, or in person at the Magic Circle Theatre box office, 420 S. 12th St., Montrose, beginning March 8 from 2 to 5 pm, Tuesdays, Wednesdays, and Thursdays.

March 12-7:30 p.m. - "Rabbit Hole", a slice-of-life drama, explores something all of us have experienced--the loss of a loved one and how we cope with that. Ticket information for the Magic Circle Theatre play can be found online at magiccircleplayers.com or by phone at (970) 249-7838, or in person at the Magic Circle Theatre box office, 420 S. 12th St., Montrose, beginning March 8 from 2 to 5 pm, Tuesdays, Wednesdays, and Thursdays.

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March 13-Cashore Marionettes - Sunday, March 13, 2 p.m., Wright Opera House, 472 Main Street, Ouray. Tickets \$15 adults, \$5 students, available online at www.ocpag.org or at the door. Following the performance, at 3:45 p.m., Joseph Cashore will offer a free lecture and demonstration explaining how he made the marionettes and how they are operated.

March 16- Chipeta Archaeology Society presents Preservation Archaeologist Paul Reed to discuss The Greater Chaco Landscape, at 7pm at United Methodist Church - Baldrige Hall South 1st and Park Avenue. Free to the Public.

March 18-7:30 p.m. - "Rabbit Hole", a slice-of-life drama, explores something all of us have experienced--the loss of a loved one and how we cope with that. Ticket information for the Magic Circle Theatre play can be found online at magiccircleplayers.com or by phone at (970) 249-7838, or in person at the Magic Circle Theatre box office, 420 S. 12th St., Montrose, beginning March 8 from 2 to 5 pm, Tuesdays, Wednesdays, and Thursdays.

March 19-7:30 p.m. - "Rabbit Hole", a slice-of-life drama, explores something all of us have experienced--the loss of a loved one and how we cope with that. Ticket information for the Magic Circle Theatre play can be found online at magiccircleplayers.com or by phone at (970) 249-7838, or in person at the Magic Circle Theatre box office, 420 S. 12th St., Montrose, beginning March 8 from 2 to 5 pm, Tuesdays, Wednesdays, and Thursdays.

March 20-2 p.m. - "Rabbit Hole", a slice-of-life drama, explores something all of us have experienced--the loss of a loved one and how we cope with that. Ticket information for the Magic Circle Theatre play can be found online at magiccircleplayers.com or by phone at (970) 249-7838, or in person at the Magic Circle Theatre box office, 420 S. 12th St., Montrose, beginning March 8 from 2 to 5 pm, Tuesdays, Wednesdays, and Thursdays.

March 24-Colorado Parks and Wildlife is offering a free "Turkey Hunting 101" class, 6-8 p.m., March 24 at the CPW office in Montrose, 2300 S. Townsend Ave. The class is limited to 25 people. To sign up, go to the Montrose office, or call 970-252-6000. For more information about turkey hunting in Colorado, go to:<http://cpw.state.co.us/thingstodo/Pages/turkey.aspx>.

March 25-7:30 p.m. - "Rabbit Hole", a slice-of-life drama, explores something all of us have experienced--the loss of a loved one and how we cope with that. Ticket information for the Magic Circle Theatre play can be found online at magiccircleplayers.com or by phone at (970) 249-7838, or in person at the Magic Circle Theatre box office, 420 S. 12th St., Montrose, beginning March 8 from 2 to 5 pm, Tuesdays, Wednesdays, and Thursdays.

March 26-The City of Montrose and the National Park Service will host a premiere of the upcoming PBS series "Heart of the World: Colorado's National Parks," on Saturday, March 26, 2016, at the Montrose Pavilion, 1800 Pavilion Drive. Part 3 of the series, entitled "Life", will be screened starting at 6 p.m. Doors open at 5 p.m. Admission is FREE. Attendees will hear remarks from City of Montrose Assistant City Manager and Office of Business and Tourism Director Rob Joseph, and Park Superintendent Bruce Noble before the showing. Filmmaker Chris Wheeler will also be on hand to talk more about the making of the film. The screening of this series is part of a year-long celebration of the Centennial of the National Park Service. More information about upcoming events can be found at www.nps.gov/blca and www.findyourpark.com.

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Retired Re-1J teacher Nancy Kelso (in costume) stepped back into the classroom last week to read “The Cat in the Hat” to kids at Northside Elementary School on March 2, in honor of Dr. Seuss’ birthday.

Home Health of Western Colorado
Montrose, CO

The Homestead at Montrose
Montrose, CO

Senior CommUnity Care (PACE)
Montrose, CO • Eckert, CO

Valley Manor Care Center
Montrose, CO

Senior CommUnity Meals
Eckert, CO

Horizons Health Care and Retirement Community
Eckert, CO



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