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# **CLERK & RECORDER REFLECTS ON FIRST YEAR** *Reorganization Nets Cost Savings of 32K for 2015*

#### By Gail Marvel

MONTROSE-A little over a year ago Tressa Guynes was appointed by the Montrose Board of County Commissioners (BOCC) to the vacated seat of Montrose County Clerk and Recorder. Ms. Guynes, a Republican, has secured her place on the 2016 General Election ballot and as of this date no other candidates have filed with the Colorado Secretary of State to run for the office.

Ms. Guynes said, "I don't like the reputation that goes with being an elected official. Anyone can run for an office and shaking hands can open doors, but you have to have the skills to run the office. I'm not a politician, I feel more like a manager, or CEO."

After retiring with over 30 years of service with the State of Mississippi, Guynes moved to Montrose in 2012. She has an extensive background in governmental management, regulation and budget. Guynes now feels established in her position as Montrose Clerk and Recorder and she has no aspirations of climbing a career ladder, "The job totally fits my personality and management style. I don't see myself being employed in another position."

Continued on page 5



On March 8, Guynes recognized her department members and the County's vital statistics team for achieving recognition for excellence by the state of Colorado for the third year in a row. Mirror file photo.

# HILLTOP STRIKES BACK AT DOMESTIC ABUSE!



Hilltop is located in the heart of town, at 540 South First Street, and offers a host of resources for local people who find themselves threatened by domestic abuse.

#### By Caitlin Switzer

MONTROSE-When you don't feel safe even in your own home, it can seem as if there is no place to turn. But if you live in Montrose Delta or Ouray counties, Hilltop (located in Montrose at 540 South First Street) is here for you.

Hilltop runs a crisis phone line that is picked up at all hours of the day and night; provides safe housing for people who find themselves fleeing an environment of danger; and offers support groups and resources as well as case management services and general advocacy. They'll even outfit you with new clothes and personal items if you have been forced to leave yours behind.

The 24-hour crisis line number is 1-844-990-5500, said Hilltop Community Resources Adult Services Coordinator Aimee Quadri-Chavez.

Services are not just for women either, though the percentage of women served is higher, she said. "That doesn't mean abuse is not happening to men," Quadri-Chavez said. "It *Continued on page 6* 

	in this issue	<i>Gail Marvel's</i> <i>Club Connection!</i>	BOCC, Brown at odds over BearKat!	Letters to the Editor! Regional news briefs!	Local stories, Local photos!	Regional events Calendar!
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#### **BOCC APPROVES MCSO PURCHASE OF BEARKAT, BROWN SUGGESTS DEMILITARIZATION**



Roger Brown, at podium, weighs in on purchase of the Lenco Bearkat at the BOCC meeting March 21. Also standing are MSCO Officer Matthew Taramarcz and Undersheriff Adam Murdie.

#### Mirror Staff Report

MONTROSE-Differences of opinion marked the discussion of a requested Sheriff's Office acquisition at the Montrose Board of County Commissioner's meeting March 21. Among the General Business and Administrative items up for approval was the Montrose County Sheriff's Office (MCSO) purchase of a Lenco Bearkat for \$286,000, a vehicle intended to provide greater security to law enforcement officers in the field.

"This is an armored vehicle for conducting high risk business, when we are out on calls that warrant a high-risk matter," MCSO Officer Matthew Taramarcaz informed the BOCC. "If we are faced with gunpowder or explosive devices, this would allow us to evacuate citizens from dangerous situations. We can change tactics, and use less lethal options in certain situations."

The Sheriff's Department has borrowed the region's lone Lenco Bearkat from the Mesa County Sheriff's Office in three previous situations, he noted in response to a question from Commissioner Glen Davis.

Citizen Roger Brown questioned the need for the expense, which would be paid for with monies from the County's Fleet Division. "Is this a budgeted item?" Brown asked. "I notice there is one bid. Is Lenco perhaps the only provider? I don't think that's the case."

Davis cited the deaths of three Colorado police officers in recent months, and turmoil across the United States. Only one such piece of equipment is available locally, he said, and if the Mesa County Sheriff's Office was using or sharing it elsewhere, it would not be available to lend. "I think it prudent to protect our officers rather than putting them in harm's way," Davis said, noting that Lenco is the only company that does not build Bearkats in advance, but to order.

"Why is this whole scheme not in the budget?" asked Brown. "Why isn't it being paid for with the Public Safety Sales tax?"

County Fleet Manager Dave Laursen said that the Bearkat would be accounted for in the 2017 budget and represents a wise use of Fleet program dollars. Commissioner David White stated that the purchase has been under consideration for some time. Though the City of Montrose has an MRAP vehicle, it is not as well suited to the needs of the Sheriff, White said. "It is not armored and doesn't have the features this one has," White said, calling the Bearkat a "potentially lifesaving device for interagency use."

Commissioner Glen Davis said that the purchase would be funded through money saved and from proceeds of a Fleet Division auction. "We are fortunate to have the fund balance without going to the Sales Tax fund," Davis said.

Brown questioned the life cycle of the vehicle (20 years according to MCSO Undersheriff Adam Murdie) and costs of sustaining the Bearkat. Davis informed him that the costs would compare to upkeep on a five-ton tractor. Brown said that nothing is warranted for more than five years any longer. "I shudder to think of how much the taxpayers will put in over 20 years," he said. "I suggest you to go to the Montrose Fire Protection District and ask about the costs of their vehicles," White said. "This is a public safety item, and costs come with it. Nobody quibbles over the cost of a fire truck."

"I do," Brown said. "You quibble about a lot of stuff, Roger," White said.

County Manager Ken Norris said that maintenance for the Bearkat would be comparable to any vehicle of similar weight, but that it would not be driven as often. Brown said that the Bearkat would be needed less frequently than emergency service vehicles, and that police departments across the nation are taking steps to demilitarize.

"This is a step in the opposite direction of demilitarizing our police force," Brown said.

"In the broad scheme of things, public safety is not cheap," White said.

"God forbid we ever need this," Davis said. "Do I like spending this much? Nobody does. But we serve a large area.

"I am appalled at the lack of respect for law enforcement," he said, and mentioned that he keeps a firearm close at hand at home though he hopes never to need it. "...I am tired of watching police officers die, and I am tired of people not being punished for acts of violence. I for one have no problem with this (purchase). If the need comes up, and you don't have it, it's like needing that firearm that you don't have."

Commissioner Ron Henderson said that Brown's comments were well taken, but that the Bearkat is constructed to allow officers to enter and withdraw safely from a dangerous crime scene.

Citizen and Montrose County Coroner's Office Assistant Pat Blackwelder spoke on behalf of the purchase. "You need to protect these guys all the time," she said. "People have no idea what goes in this community. You have to protect these guys on a daily basis."

"We have been involved in a shooting or two over the last few years," Montrose County Undersheriff Adam Murdie said.

"The lack of respect for humanity across this nation dictates that I care for the guys in our office no matter what." Commissioners voted unanimously to approve purchase of the Lenco Bearkat for \$286,000.



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# **OPINION/EDITORIAL-LETTERS**

# WE LAID A POLICE OFFICER TO REST TODAY: MARCH 22, 2016

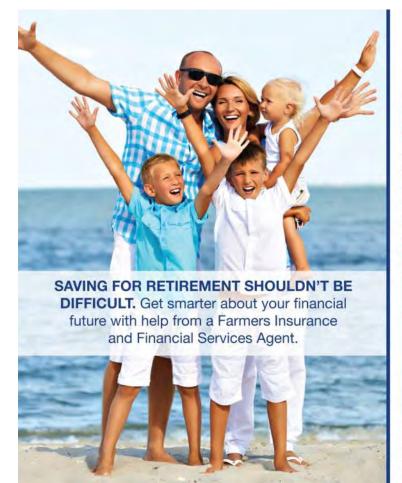
#### Dear Editor:

The wind was cold and blustery but over 700 community members and 100 officers from many different agencies came out to honor the passing of a City of Ouray, Colorado, police officer. No, he did not die at the hands of a sniper, like my friend Leonard in Phoenix years ago, nor was he fatally shot by a suspect as was the deputy in Grand Junction recently. He died needlessly in a vehicle - motorcycle accident through no fault of his own. How he died was incidental but how he lived was monumental. The world is a lesser place without that officer. Like his fellow law enforcement officers and emergency service providers in attendance, his life made a difference in our world. Dedicated to keeping our communities safe and doing so in a

professional and compassionate manner, his history as related at the memorial service, demonstrated those remarkable qualities that are the distinctive characteristics of today's law enforcement officers and emergency services providers. The desire to serve their fellow man, to protect, even at the risk of their own lives, and a commitment to do the best job they can are qualities not frequently found elsewhere in today's society. To the captivating sound of Amazing Grace being played by seven fellow bagpipers, this beloved public servant departed the church for the journey to his final resting place. It is respect for law enforcement officers that motivates the Board and volunteers of Montrose Regional Crime Stoppers, Inc. It is the desire to assist those dedicated protectors of our

neighbors and communities that motivates the Crime Stoppers volunteers to dedicate their time and energies to assisting frequently under-funded and under-staffed law enforcement agencies here in the six counties of the 7th Judicial District of Colorado and across the nation. Each month, the Montrose-based program pays out its donated funds to those Tipsters who have anonymously called our 970-249-8500 hotline to report a crime or criminal when the call has resulted in an arrest. We salute our dedicated law enforcement officers and emergency services providers everywhere. They are indeed the Thin Blue Line that protects us all. John W. Nelson

President, Montrose Regional Crime Stoppers, Inc.





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# PETITIONS FOR CANDIDACY FOR DMEA BOARD OF DIRECTORS AVAILABLE MONDAY, MARCH 28

#### Special to the Mirror

REGIONAL-On Monday, March 28, 2016, self-nomination petitions for the 2016 Delta-Montrose Electric Association (DMEA) Board of Directors election will be available to the public.

Each year, DMEA members are responsible for voting for three representatives to serve on the co-op's board of directors. This year, the board seats for District 3, District 4, and the South Region are up for election. Currently, the following members hold these seats:

District 3: Olen Lund, Secretary/Treasurer District 4: Jim Elder

South Region: Tony Prendergast, Vice President

Members residing within the above districts are eligible to run for DMEA's Board of Directors. Eligible candidates must be members of DMEA and a resident in the district in which they are seeking election. To become a candidate, members much complete the self-nomination packet. The packets can be picked up at DMEA's offices in Montrose and Read beginning Monday, March 28. To confirm in which district you reside, call 1-877-687-3632.

Completed petition packets, including 15 member signatures supporting your candidacy, must be returned to DMEA no later than 4:00 pm, Monday, May 2, 2016. Petitions must be returned during normal business hours and can be dropped off at the following DMEA locations: Montrose Headquarters Read Service Center

11925 6300 Road, Montrose 21191 H75 Road, Delta

Mon. – Fri. Mon. & Wed.

8 am - 5 pm 9 am - 4 pm

Nomination petitions received after the May 2 deadline will not be considered. DMEA will announce the official candidates for the 2016 election after the deadline when all candidates have been verified.

Ballots will be mailed to active DMEA members on May 20, 2016. Mail-in votes must be returned by June 14, 2016. Members can also vote in person for their director representatives at the Annual Meeting on Thursday, June 16 at Montrose County Friendship Hall.

Registration and voting will open at 4:30 pm. An expo display and entertainment will take place from 5:00 - 6:30 pm. Crawford local, and American Idol contestant, Jeneve Rose Mitchell, will perform during dinner and sing the National Anthem. A free grilled dinner will be served from 5:30 - 6:30 pm. The election will conclude at the start of the business meeting at 6:30 pm, which will open with a tribute to law

enforcement by the Montrose Police Department.

DMEA members in attendance will receive a free collectible cast iron skillet and have the opportunity to win a variety of door prizes. The results of the 2016 DMEA Board of Directors election will be announced at the conclusion of the business meeting. More information about DMEA's annual election can be found online at www.dmea.com or by emailing public.relations@dmea.com.

#### **DMEA District Descriptions:**

**District #3:** The North Fork Valley, including Crawford, Hotchkiss, Paonia, Somerset, and the surrounding rural areas. **District #4:** The rural areas north, east, and southeast of Montrose.

**South Region:** The southern half of DMEA's service territory from approximately halfway between Olathe and Delta to the southern territory boundary.

DMEA is a rural electric distribution cooperative, located in Montrose, Colorado. DMEA was originally founded in 1938, as Delta-Montrose Rural Power Lines Association. A board of directors from nine districts covering three counties governs the cooperative. DMEA serves approximately 32,000 residential, commercial and industrial meters, on over 3,000 miles of cooperative owned distribution line.



# CLERK & RECORDER REFLECTS ON FIRST YEAR From pg1



Montrose County Clerk & Recorder Tressa Guynes. Courtesy photo.

However, Guynes said that at first, stepping into the role of Clerk and Recorder has had its moments of awkwardness, stress and strain. "Many of the 18 employees were tenured and had an average of 15-25 years of service in the office.

We didn't know each other and they had a wait

and see attitude. I don't demand respect; I have to earn it and I'm not one to put my stamp on something and call it mine just for the sake of change. When you lead you must also keep looking over your shoulder to see if people are following."

There are five departments under the purview of the Clerk and Recorder — Vehicle Registration, Elections, Recording, Clerk to the Board and Liquor Licenses for the county. Guynes ascertained a loose chain of command and the line between supervisors and employees was blurred by friendships.

She said, "The supervisors needed to be empowered to supervise and the office was fertile ground for training and leadership." Over a period of months, under the guidance of various instructors, Guynes and the supervisory staff met weekly for training. "We had to break some old habits. We're not efficient if we're not willing to grow."

To Guynes' credit there were no cuts in staff, but there was significant reorganization. "We renovated the Vehicle Registration Office which increased staff efficiency and productivity by streamlining the inventory and process with printers. A supervisor was moved from the customer front line allowing her to focus on supervisory duties and details. It's important to have staff in positions that emphasize their strengths and diminish their weaknesses."

In evaluating the Clerk's office Guynes said, "The office can be visually functional, but still have underlying problems where issues fly undetected under the radar." With a hands-on approach, Guynes

Thanks for reading the Montrose Mirror! Fresh news for busy people! 970-275-0646 editor@montrosemirror.com. wants all of the employees to be successful, "When employees succeed, the office succeeds." Collectively the reorganization in all five departments resulted in salary savings of \$32,316 for 2015.

Guynes has a very strong work ethic and is a self-described team leader, "I want to know and understand what I'm talking about. I dig a lot and do research to learn how this office works." When the staff brings problems to her attention Guynes focuses on finding solutions. Such was the case with replacing the 10-year-old recording software system. She said, "We are now implementing a new system which enables us to assist customers more efficiently and with more reliability. It will give our customers a more modern means

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Located in Downtown Montrose 336 E. Main St. 970-252-7337 to search records."

Also implemented is a new automated bookkeeping system that incorporates the entire Clerk's Office. Guynes said, "The switch to the new system has cut our balancing to less than half of the time required by the previous system."

The new system impressed the Colorado Department of Revenue and they have asked permission to share the system with other Colorado counties.

Guynes pours herself into whatever she does.

Since becoming Clerk and Recorder she has had to relinquish and restructure outdoor activities, volunteerism and coaching assistance for the MHS Jr. Varsity Girl's Tennis Team.



Advertisement

# HILLTOP STRIKES BACK AT DOMESTIC ABUSE! From pg 1

happens more than you think."

It's not just about emergency refuge either. "The majority of the people we serve are not residing in safe houses," she said. "We connect folks to resources and other things. We help people through the court system; we can help them secure a protection order and get support with other needs, including custody issues."

In 2015, Hilltop took 1,522 calls on the crisis line, sheltered 54 adults and children in safe houses, and assisted 142 other individuals through case management services. "We are not seeing an increase, and we are not seeing a decline," Quadri-Chavez said. "Our numbers are fairly steady. But not everyone with this issue walks through our doors."

Outreach and building awareness of domestic violence are part of the mission for Hilltop as well. "Yesterday we spoke to Delta Altrusa, and we spoke with the housekeeping staff at a local hotel," she said. "In return, they will collect unused shampoos and personal items to be given to the people in our safe houses. A lot of people in safe houses have nothing; just the clothes on their back. So we supply personal items and food."

Donations are always welcome at Hilltop.

All non-clothing donations may be delivered to the office. But new or gently used clothing should be taken to Classy Closet (1012 East Main Street).

"We have an agreement with them," Quadri-Chavez said. "In return, we can send our clients there to get what they need."

All of Hilltops services are free of charge and confidential. In addition to serving three counties, Hilltop has the only safe house within the Seventh Judicial District, "so we work with the other domestic violence agencies in San Miguel, Hinsdale and Gunnison counties," Quadri-Chavez said.

The Colorado Bureau of Investigation statistics for 2014 note that the 16,000 domestic violence incidents reported in the state for that year included 1,954 cases of aggravated assault, 429 forcible sex offenses; 25 homicides; 910 cases of intimidation; 1,018 kidnappings; 82 robberies; 12, 282 simple assaults.

Wealth and status are no barriers to abuse, said Quadri-Chavez. "Domestic violence and sexual assault are community issues," she said. "These crimes are thought to be socioeconomic, but this is not a class issue. And it's important that people have a place to go when there is violence in their home—we want them to know who to call."

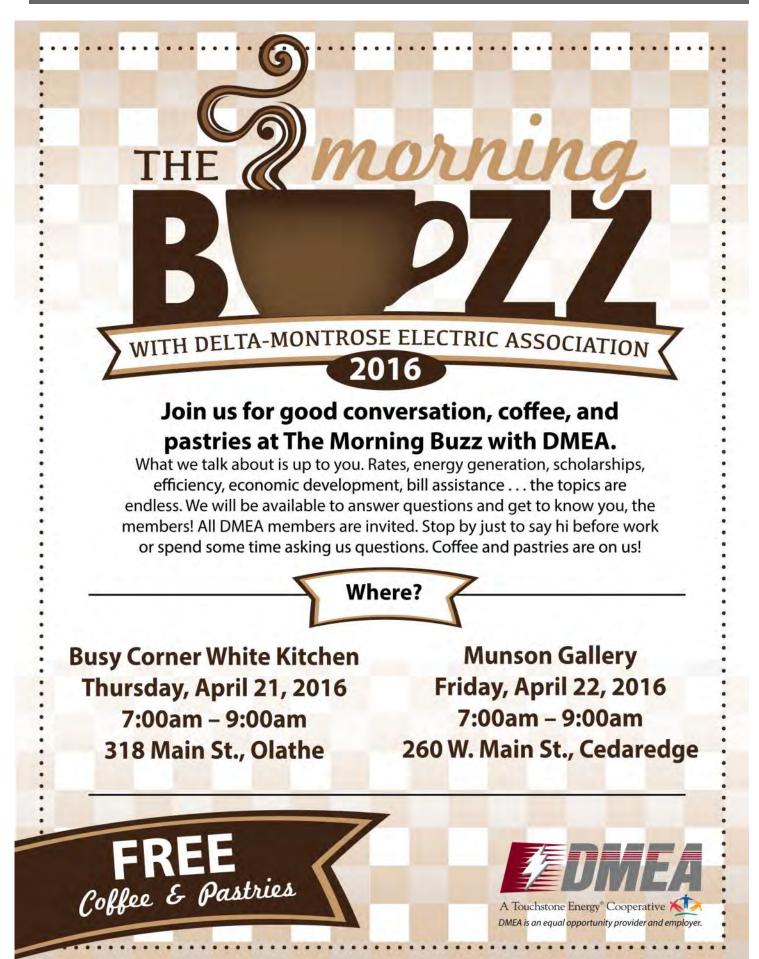
In addition to the crisis line, 1-800-844-990-5500, Hilltop can be found online at <u>http://www.htop.org/</u>.

According to the <u>National Coalition</u> <u>Against Domestic Violence</u> Web Site, domestic violence is defined as "the willful intimidation, physical assault, battery, sexual assault, and/or other abusive behavior as part of a systematic pattern of power and control perpetrated by one intimate partner against another. It includes physical violence, sexual violence, threats, and emotional abuse. The frequency and severity of domestic violence can vary dramatically."

Colorado Revised Statute 12-36-135(a) defines domestic violence as "an act of violence upon a person with whom the actor is or has been involved in an intimate relationship. Domestic violence also includes any other crime against a person or any municipal ordinance violation against a person when used as a method of coercion, control, punishment, intimidation, or revenge directed against a person with whom the actor is or has been involved in an intimate relationship."



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# **The Sugar Effect**



# Wednesday April 6th 6:00 – 7:30 pm

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## NUVISTA FEDERAL CREDIT UNION TO FOCUS ON YOUTH, FINANCIAL FITNESS IN APRIL

#### Special to the Mirror

MONTROSE-This April it's all about youth at NuVista Federal Credit Union. On April 1st NuVista will be launching a month long Financial Fitness Challenge for kids in 1st through 12th grade. The Fitness Challenge will involve making personal financial goals, completing financial literacy activities, and participating in "earning opportunities" that NuVista will be hosting throughout the month. Financial Literacy Coordinator Heather Darbe wanted to model NuVista's Financial Fitness Challenge after the ubiquitous reading programs that libraries put on annually across the nation. "We figured, if libraries can get kids excited about reading by giving them challenges and goals to reach, why can't we do the same with financial literacy?" said Darbe. The challenge will consist of various activities that include

financial literacy, savings challenges, making a personal financial goal, and participants will have the opportunity to take part in three different "Earning Events" that NuVista will be hosting throughout the month. Youth participants will accrue points by doing the different activities, will get small prizes as they reach different check points, as well as be entered into a drawing for the grand prize of two Kindle Fires that NuVista will be giving away at the end of the month. The more activities a participant completes or participates in, the more times they will be entered into the drawing for the grand prize. When each participant reaches the end of the challenge, they will get a turn in NuVista's money booth, a community hit that the Credit Union likes to bring out on special occasions throughout the year. NuVista will launch the Financial Fitness Challenge adults, seniors, and people in all.

at their Gunnison branch, located at 243 Main St, March 31st from 3-5pm, and at their Montrose branch, found at 2711 Commercial Way, April 1st from 3-5pm. Any youth in 1st-12th grade who signs up at either launch event will get to enter NuVista's money booth, getting the chance to start their Fitness Challenge off with some cash. If a child can't make it to a launch event, they can still sign up to participate until Friday, April 15th.

NuVista chose April to be focused on youth in order to coincide with National Credit Union Youth Month, and their theme "Credit Union Strong." However, the Credit Union doesn't just promote financial literacy one month out of the year; they are actively involved in the community year round, bringing financial literacy classes to schools and offering them to

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#### The Montrose Mirror | March 28, 2016

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# WRITER GAIL MARVEL'S CLUB CONNECTION

# **BLACK CANYON CLASSICS: AUTO ENTHUSIASTS GIVING BACK!**



2015 Black Canyon Classics Car show held at Columbine Middle School. Courtesy photos.

#### By Gail Marvel

According to Shane Brown, president of the Black Canyon Classics, the organization's name is a bit of a misnomer. "Classics is not really accurate, we're really an auto enthusiast club. We have motorcycles, old and new cars, compact trucks and tractors. If it has wheels and an engine, we enjoy it."

The Black Canyon Classics started in 1995 and this year will be their 21<sup>st</sup> car show. Including families, the club's membership is about 100. Dues are \$10 a year, which includes the *Car Boys and Engines* newsletter published six times a year. Brown said, "We have informational articles and members can buy and sell autos and car parts."

The oldest vehicle in the club is a 1916 Model T and the newest vehicles are 2007 and 2008 Mustangs. Member Chuck Llewellyn owns a 2003 SSR (Super Sport Roadster), an anomaly in the automotive world. The Chevy pickup convertible was made for only three years and has body style characteristics of Chevy trucks that were produced between 1948-1955. Member Glenn Martinson owns a 1957 fourdoor Chevy Bel Air, but that hasn't stopped him from wanting his dream car, "Someday I'll have a 1957 Chevy convertible!"

The club's age demographic is late teens to 90-year-olds. "Membership goes up and down as people move in and away, but we have a core of individuals who stay involved." Club meetings are held on the first Tuesday of the month and take place in restaurants, car dealerships, and city parks.

During the summer members gather every Friday night from 6-9 p.m. at a local eatery. "There are 17-18 restaurants and we try to fill their parking lots. Some of us eat meals and others just visit in the parking lot with each other and with customers. We try to help out businesses who want to do a show."

Every Halloween the club sponsors "Trunk or Treat" in the parking lot of Kentucky Fried Chicken. "We've been doing it for 15 years. Last year we had over 1,000 kids, so we don't need to advertise." The club also participates in parades.

Each year the club has a big car show with the proceeds going to various charities and they've donated more than \$50,000 to local non-profits. "We change charities every year and this year it will go to Partners." The club also offers scholar-



Club president Shane Brown's 1964 Dodge Polara on display at the "1960's Night at the Drive-In."

ships to one high school student and one charity. "We helped raise close to \$100,000 for the San Juan Cancer Center when it was being built."

The 2016 car show, which is scheduled for June 3-4, is expected to have more than 150 entries and draw an attendance of about 500. Admission is free. This year's event schedule:

• Friday June 3 from 5-9 p.m. cars will be on display on South 1<sup>st</sup> Street by City Hall. •Saturday June 4 the event moves to Columbine Middle School athletic field with cars being positioned at 6 a.m. and on display until 3 p.m.

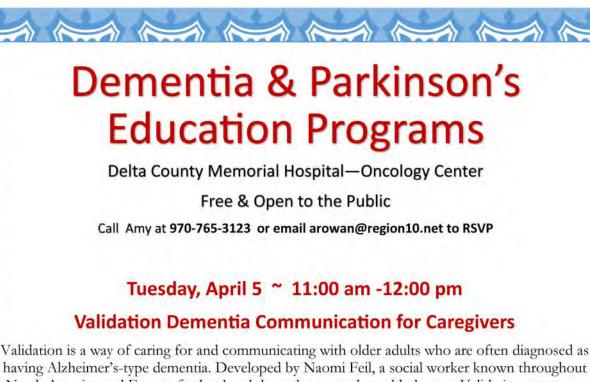
• On Saturday evening at 6 p.m. the entourage will assemble at the Star Drive-In Theater for a movie and a taste of yesteryear.

The club is looking for major sponsors for the car show, as well as needing 73 trophy sponsorships. Trophy sponsorships, which can be purchased by individuals or businesses, range from \$30 to \$25 and are awarded to first and second place winners in various categories. Anyone wishing to help sponsor the event or a trophy can contact sponsorship coordinator Krandall at 970-462-2966, or

giveforfree46@yahoo.com. Contact Information:

Black Canyon Classics Meets 7 p.m. the 1<sup>st</sup> Tuesday of the month Various locations 970-275-3182





having Alzheimer's-type dementia. Developed by Naomi Feil, a social worker known throughout North America and Europe for her breakthrough approach to elderly care, Validation promotes empathy on the part of the caregiver, communication to reduce stress and increase happiness, and dignity during the final stages of life. Real life examples will be given as well as information on the stages of Validation classification of dementia symptoms. Presented by Brandi Garcia, memory support director, Valley Manor Care Center.

### Tuesday, May 3 ~ 11:00 am - 12:00 pm

### Parkinson's Disease Physical and Voice Therapy Techniques

The LSVT BIG & LOUD therapy program is a standardized exercise approach developed from 20 years of research and has shown documented improvements in balance, trunk rotation, faster walking with bigger steps, as well as speech volume and clarity. The program trains patients to make bigger movements and teaches the amount of effort required to produce normal movements and voice in real world, everyday activities. Learn more about this therapy and how it can help you or a loved one. Presented by Suzie Stramel, Physical Therapist and Christi Masimer, Speech-Language Pathologist, Horizons Healthcare & Retirement Community





# **COLORADO NEWS BRIEFS**

## \$20 MILLION GIFT ENSURES WINNING TRADITION OF "SONNY LUBICK FIELD" CONTINUES AT CSU'S NEW ON-CAMPUS STADIUM



An anonymous donor has committed \$20 million over the next 30 years to transfer the name "Sonny Lubick Field" from Hughes Stadium to CSU's new multi-purpose oncampus stadium. Photo by Cara Neth.

#### Special to the Mirror

FORT COLLINS - Colorado State University announced Friday that the name "Sonny Lubick Field" will continue at the university's new on-campus stadium when it opens for the 2017 season, thanks to the university's second \$20 million gift announced this month. "We are thrilled to continue to honor the legacy of one of the true greats in Colorado State history," said Colorado State President and CSU System Chancellor Tony Frank. "Coach Sonny Lubick showed CSU how to win and be competitive at the highest levels – and in doing so, he helped set a trajectory that continues to this day. Sonny means so much to our community; it's wonderful to honor him in this way."

A donor wishing to remain anonymous has committed \$20 million over the next 30 years to transfer the name "Sonny Lubick Field" from Hughes Stadium to CSU's new multi-purpose on-campus stadium. The announcement was made March 25 at a special community celebration for the kickoff of spring football at CSU. Colorado State Athletics Director Joe Parker lauded the naming of the field. "This generous gift is a testament to Sonny's deep roots in Fort Collins. He brought humanity, heart and excellence to Rams Athletics and has continued to serve our university and community as an educator, ambassador and tireless champion. We are thrilled to recognize that legacy at the new stadium."

Lubick, who led the Rams to six conference titles and nine bowl games and is one of the winningest coaches in school history, said, "Carol Jo and I are humbled by this honor. CSU has been a special place for us for more than 30 years. I want to thank President Frank, Joe Parker and the entire Colorado State and Fort Collins communities for what is a very special legacy for our family. To me, this isn't just a tribute to one person, but to the entire football program - the players, coaches, staff and fans who help make CSU great. We're thrilled that our connection to the university and the program will continue in this way."

The \$20 million donation to the stadium will bolster the ongoing fundraising efforts tied to the on-campus stadium project, said Vice President for University Advancement Brett Anderson. "This gift agreement exceeds the amount we originally anticipated for both the stadium and field naming rights. The generous and selfless decision to make a gift and honor Coach Lubick provides a huge assist to our funding model. We still have the ability to seek a stadium naming rights partner which will further strengthen the project."

Parker also announced that construction of the \$220 million stadium is on time and on budget, emphasizing that the price for construction is guaranteed. He also said sales of premium seats at the stadium have reached 96 percent of the goal to meet the stadium finance plan, with 69.7 percent of all premium seats sold more than 18 months prior to the stadium's inaugural game against Abilene Christian.

This announcement marks the second \$20 million gift announced in March, both among the largest gifts in university history, and both from anonymous donors.

On March 2, the university announced a \$20 million gift to help establish the Institute for Biologic Translational Therapies in the College of Veterinary Medicine and Biomedical Science.

Colorado State announced the start of the \$1 billion "State Your Purpose: The Campaign for Colorado State University" in February.



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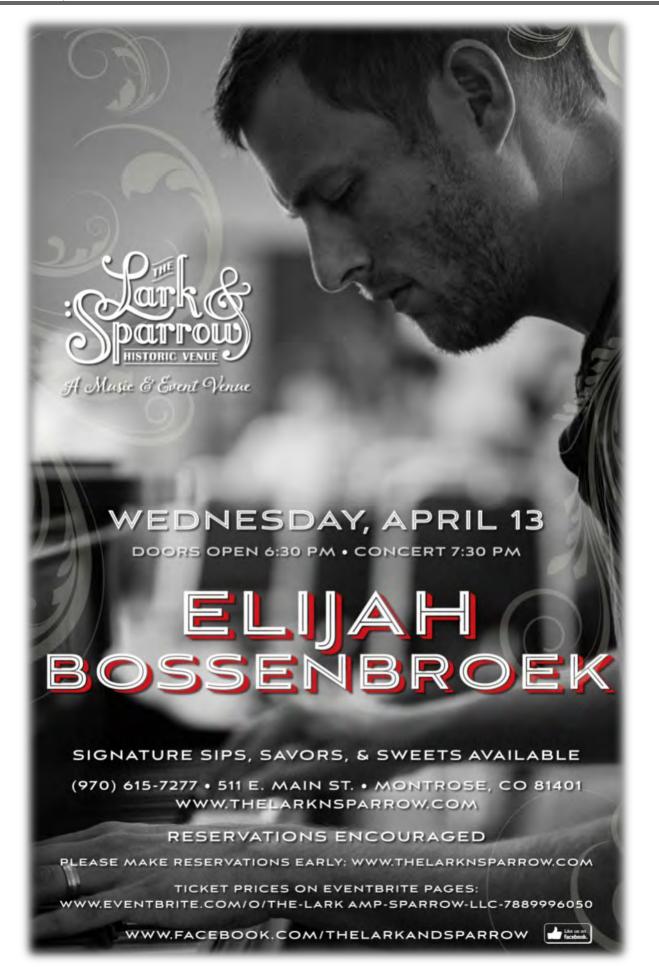
**Dolores River** 

# FIRST ANNUAL SPRING CLEANING @ MAGIC CIRCLE THEATRE!

#### Special to the Mirror

MONTROSE-It's SpringCleaning Day on Saturday, April 9, 2016 @ 9am. Come to work, but stay for lunch! Something for everyone: painting, cleaning, building a storage closet, reinforcing 'soft spots' in flooring, min waxing furniture, cleaning upholstery, disposing of old paint – we guarantee you won't be bored!





#### FIVE-DAY CLOSURE OF WESTBOUND N. SAN JUAN AVE. NEAR US 50 IN MONTROSE PLANNED Traffic to be detoured near intersection - Delays expected

#### Special to the Mirror

MONTROSE COUNTY - Starting Monday, March 28, at 8 a.m. through Friday, April 1, at 5 p.m., a closure of the westbound lanes of North San Juan Avenue (N. San Juan Ave.) near US Highway 50 (US 50) in Montrose, will be in place. Westbound motorist on N. San Juan Ave. will follow a signed detour onto North Park Avenue, to North 9th Street, to US50 and back to N. San Juan Ave. The eastbound lanes of N. San Juan Ave. will remain open. Additional single lane closures are also planned on US 50, which is also known as North Townsend Avenue. The two lanes of the highway will be reduced to one lane in each direction near the intersection of N. San Juan Ave.; however, one lane of US 50 will remain open in each direction. Motorist are asked to reduce their travel speeds to 45 MPH through the construction zone. The closures allow construction crews to safely remove and relocate approximately 400 linear feet of new 30" storm water pipe as part of the US 50 turn lane project. Due to the planned

extension of the acceleration lane onto US 50, the piping will be upgraded and relocated. The new piping is larger than the existing piping and will hold a greater capacity of water, helping to keep the highway safe during rain storms.

"This approach to the lane closure is more efficient and lessens the impact to the traveling public," says CDOT Resident Engineer, Sean Yeates. "This provides the contractor more room and the ability complete the work in several days instead of over several weeks."

**TRAFFIC IMPACTS**: Traffic delays near the intersection are expected. Motorist are advised to plan for extra time, especially during commute hours. The closure of the westbound lanes of N. San Juan Ave. will be in place through the evening of Friday, April 1 and will be reopened for the weekend. The single lane closures on US 50 are expected to continue through May 2016.

#### About the Project

This access improvement project will improve traffic flow from San Juan Avenue

onto US 50 by giving motorists a dedicated lane to increase their speed before merging with traffic. In addition to the construction of an acceleration lane, the project includes installation of a loop detection system to manage the traffic signals, improvements to the storm water management system and replacement of a traffic signal pole.

The project started in September 2015. It was on a four month winter construction break and is resuming construction activities this week. It is scheduled for completion in late May 2016. Mountain Valley Contracting of Grand Junction is the contractor for this \$ 1 million Colorado Department of Transportation project.

For more information please contact the public information team via email at <u>us50montrose@PublicInfoTeam.com</u> or by phone at 970-765-0765. Live road conditions are available at <u>www.cotrip.org</u> or by calling 511 from anywhere in the state. Updates are also available via Twitter @coloradodot and on Facebook at www.facebook.com/coloradodot.



### OAK GROVE ELEMENTARY: EDUCATING LOCAL STUDENTS FOR 130 YEARS!

#### By Liesl Greathouse

MONTROSE-Few schools in our area have been around as long as Oak Grove Elementary School, which celebrates its 130<sup>th</sup> anniversary this year. We decided to see what else is new with the school during this big year of celebrations.

The school will be focusing on 'A Tradition of Excellence for 130 years (1886-2016)' and the schedule of events for that celebration (which began in December) will continue on May 12 with a 'Spring Fling...Community Celebration/Pie Social', which will feature desserts, current students exhibiting an art show and community members connected to Oak Grove's history dressed in different period clothing acting as hosts.

July 3 will be a 'Family Picnic', July 4 will have the OGES float in the community parade, and July 15 they will be part of Fair Days.

Welcoming a new school year on Sept. 17 will be 'Back, Back, Back to school event', which will be a big reunion of sorts, where anyone is invited to come back to celebrate, whether they were Oak Grove students, parents or teachers.

"In our community there are people all over town who will say 'oh my grandma/ mom/I went there or worked there," said Oak Grove Principal, Dana Burwell. "We are a unique little country school, even though we are not so little now with 400 students."

Focusing more on academic changes, the school will begin to implement programs to bring themselves more in line with the district-wide focus on STEM. "We will be working on foundational stuff for STEM for next year," Burwell explained. "We are not one of the pilot schools, and while the pilot schools get different kinds support and the first round of professional development, we are looking hard at math and science in general so we can do a better job. One thing that we will be bringing in is Problem Based Learning [programs] that will help with foundational problem solving. It will help students solve challenges, work together and apply it all to real life."

This Summer will also bring a STEMsupportive program that Burwell has been wanting to bring to Oak Grove for a while now. "In June we will have Camp Inven-

he Mirro

Coverage with vision for the future.



Principal Dana Burwell enjoys lunch with students in a recent photo from Oak Grove's Twitter feed. Courtesy image.

tion, a week long camp about learning the basics of engineering and inventing," she said.

"It comes from a non-profit organization and is a fee-based camp. My own children went to it, so I got to see what it did for my kids from a parent's perspective. I always wanted to bring it here and it finally worked out to do so."

Additional changes to the school include one building's roof that was replaced, as well as the PTC helping to support the school with other projects. "The PTC has been raising money to continue to make improvements to our playground, as well as raising money for a big projector for the gym, so we can host events like family movie nights easier," Burwell explained.

With all the elements of being a principal of a school, working with kids is the highlight for Burwell. "My favorite part is my time with the kids," she said. "I love building relationships with the kids. I want them to feel valued and a true member of a community. I want them to learn how to be learners and to work hard to be successful."

With whatever the future may hold for Oak Grove Elementary School, Burwell's focus is to continue helping each child grow and learn every day.

"We will continue working to meet each kid's needs and continuing the quality we provide [them]" she said. "We are a community of learners and it's our goal to approach each day asking 'what's something new to learn and improve on?""

For more information, call 249-6867.



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ected by local writers Klerstin Bridger and Beth Paul



# The Mirror now weekly

Making sure readers don't bury their heads in the sand.



# LEGISLATIVE UPDATE BY SENATOR ELLEN ROBERTS

# **BALANCING STATE BUDGET PRIORITIES, REMEMBERING ISGAR**

We've gotten to that time in the session when the Joint Budget Committee moves from budget discussions to drafting its bill proposing the state's next annual budget.

This year, the budget bill starts in the House and then will head to the Senate for more debate and attempts to rewrite the bill by the rest of the legislators not on the budget committee. The mid-March economic forecast from the state's economist did not bring a lot of surprises, so we'll move forward needing to use a tight, disciplined approach when balancing the state's funding priorities. That sounds simple enough, but, of course, in politics, nothing is simple.

There'll be a number of ballot proposals this fall, proposing new approaches to dealing with Colorado's fiscal challenges. Currently, it seems unlikely that the legislature will be passing out a referred measure to add to the already sizeable list of initiatives.

While the budget bill debate and passage will take much of the legislature's time over the next couple of weeks, there are bills that have been passed and now are getting signed into law by the governor. A few of my bills have already made it across the finish line.

One of those bills, with bipartisan sponsorship, has to do with increasing the transparency and accountability from the health insurance exchange, known as Connect for Health Colorado. The insurance exchange has been the source of considerable consternation among many of my constituents. While the number of complaints about the insurance exchange's operations has decreased, and that is commendable, those of my constituents caught in the bureaucratic tangles are right to demand better. A part of my job is to try to help straighten out those tangles when you find yourself in that position with the state's exchange, so please contact my office for assistance, if you need it.

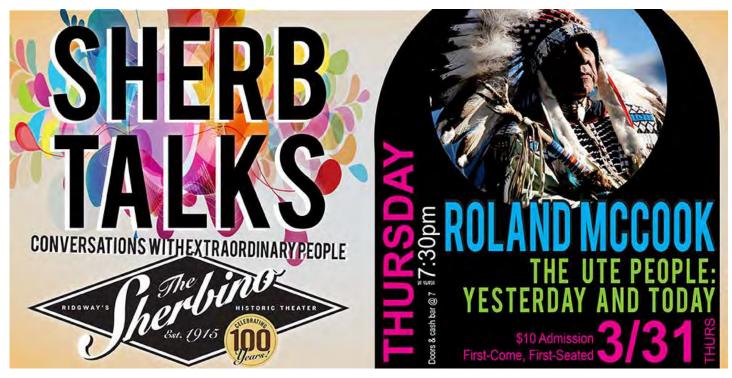
Another of my signed bills is one I've carried with Rep. J. Paul Brown, (R-Ignacio), at the request of La Plata County that makes it clear that the county can issue medical marijuana testing facility licenses. We're also carrying another bill together, at La Plata County's request, which, if passed, will allow counties to enter into agreements with their local government counterparts across state boundaries to create an airport authority. By itself, the bill doesn't create an airport authority, but it would allow financial contribution arrangements across states' borders to support a locally formed, Colorado airport authority.

I often work with Rep. Brown, as well as with Rep. Coram (R-Montrose), when carrying legislation affecting our constituents. Because of the large number of bills I'm involved with, I'm also working with legislators from around the state, but it's always helpful to be able to work with those already familiar with the same region and challenges faced by our mutual constituents.

This type of collaborative relationship is what I experienced with Sen. Jim Isgar, (D -Hesperus), when I was in the House and he was in the Senate. It's with sadness that I offer my condolences to his family and friends on his recent passing; Jim was a strong and personable advocate for southwestern Colorado at the legislature, especially in the areas of agriculture and water resources. While he retired a while ago, he and his sense of humor are still missed by many at the Capitol.

Senator Ellen Š. Roberts, Senate President Pro Tempore State Capitol, 200 E. Colfax Avenue Denver, CO 80203 Phone: <u>(303)866-4884</u>

*Email: <u>ellen.roberts.senate@state.co.us</u> Website: <u>www.ellenroberts.com</u>* 



# **CANCER CENTER CARE QUILTS SHOW COMPASSION**

#### Special to the Mirror

MONTROSE--Personal touches are part of what makes the San Juan Cancer Center special to their patients. That was highlighted with the recent quilt donation from the Friendship Quilting Guild to the cancer center—a gift given to each patient who graduates from treatment.

"We are grateful for the cancer patients who choose SJCC for their care & for the local quilters who help our patients know they're cared for," said Steve Hannah, MHA, CEO of Montrose Memorial Hospital. To the person graduating from cancer treatment, the quilts can be a marker that they have survived one of the biggest challenges of their life. "They appreciate it so much—that someone cares about them," said Roxie Lane, RN for Radiation Oncology services at the center.

"It's a blessing for us too," said Robbie Turgeon, President of Friendship Quilting Guild. The quilts are produced by area quilting guilds in a multi-step, timeintensive process that takes approximately 1-2 weeks. "Those quilts are so important to the people who leave the cancer center, so people know they're cared for." The guild sees great value in the outreach, which distributes quilts monthly to local people in need.

It's not the only personal care given to patients. According to Dr. Robert Kilbourn, medical oncologist for the San Juan Cancer Center, patients get individualized care at SJCC they don't often get at other cancer centers.

"Noon hour, they get lunch provided by The Lobby Grille at MMH, and nurses are steps away from them all day long," said Dr. Kilbourn. The cancer center offers efficient services that improve the delivery of care to patients, including on-site lab and pharmaceutical services. Dr. Kilbourn noted many patients are helped by the local Caring Friends Fund, which directly helps patients who need to stay overnight with housing, food and gas.

SJCC will celebrate its 10 Year Anniversary on Friday April 1, 2016. For more information, call Leann Tobin at 240-7344.

#### About Montrose Memorial Hospital (<u>www.MontroseHospital.com</u>)

Montrose Memorial Hospital is a 501(c)3 nonprofit healthcare system serving Montrose, San Miguel, Ouray, Gunnison, Delta, Hinsdale and San Juan counties. The

health system offers a 75-bed hospital and an extensive range of inpatient & outpatient health care services, including cardiology, oncology, minimally invasive surgery, laboratory, medical imaging/ radiology, Mountain View Therapy, Level III Trauma Center and the



Friendship Quilting Guild Chair Robbie Turgeon, left, and Francie Smiles of Bosom Buddies display a donated quilt. Courtesy photo.

family birthing center. The health system partners with regional providers on joint ventures to meet local healthcare needs, including CareFlight air ambulance service, San Juan Cancer Center and Black Canyon Surgical Center. Montrose Memo-

rial is the second-largest employer in Montrose County, with more than 600 employees and 100 physicians who represent 23 medical specialties. The hospital has received patient satisfaction ratings exceeding 90% since 2010.



# UNCOMPANGRE VALLEY ASSOCIATION HONORS INTERNATIONAL DARK SKY WEEK APRIL 4-10

#### Special to the Mirror

MONTROSE – Created in 2003, International Dark Sky Week has grown to become a worldwide event and a key component of Global Astronomy Month.

Each year it is held in April around Earth Day and Astronomy Day. This year celebrations begin Monday, April 4, and run through Sunday, April 10.

In explaining why the Uncompahgre Valley Dark Sky Initiative is celebrating this week, Marian May, one of the Initiative's coordinators said, "We want our community to be able to enjoy the beauty of our night sky in Western Colorado. Our connection to nature and the night sky is critical to our health and well-being. We have amazing natural resources surrounding us that we want to help protect for generations to come."

To celebrate International Dark Sky Week, the Initiative will present a screening of the documentary film *The City Dark*, a story of light pollution and the disappearing stars produced by Ian Cheney. The free screening will take place on Wednesday, April 6 at 7 pm at the Montrose Library. Additionally, the Initiative will also be collecting signatures of support for the Pledge to Protect the Night Sky in venues across the community. Interested individuals can also sign the pledge online at <u>http://bit.ly/1RCj05</u>.

International Dark Sky Week draws attention to opportunities for protecting our night sky and promotes some simple solutions that address the problems associated with light pollution.

# What Does it Mean to Protect the Night Sky?

Night sky preservation encourages the responsible use of outdoor lighting to protect the health of individuals, wildlife and the natural environment.

Preservation allows for solutions which are immediate, simple and cost-effective. Here are a few simple things you can do to address the problem and take back the night:

**Check around your home**. Shield outdoor lighting, or at least angle it downward, to minimize "light trespass" beyond your property lines. Use light only when and where needed. Motion detectors and timers can help. Use only the amount of illumination required for the task at hand.

Attend or throw a star party. Many astronomy clubs and International Dark Sky Places are celebrating the week by holding public events under the stars.

**Talk to neighbors**. Explain that poorly shielded fixtures waste energy, produce glare and reduce visibility.

Become a Citizen Scientist with Globe at Night or the Dark Sky Rangers and document light pollution in your neighborhood and share the results. Doing so, contributes to a global database of light pollution measurements.

**Photograph the sky** and enter the IDA's 2016 International Earth and Sky Photo Contest.

**Explore Online.** Visit the International Dark-Sky Association website<u>www.darksky.org</u> for information and

resources about dark-sky friendly lighting, and

Join the Uncompahyre Valley Dark Sky Initiative and get involved with local efforts to protect the night sky! Email <u>UVADarkSky@gmail.com</u> for more information.

 There is hope. We are here.

 You are Not Alone.

 Image: Stress of the str

# DCMH NURSE RUSTEBAKKE WINS NIGHTINGALE LUMINARY AWARD

#### Special to the Mirror

DELTA-Registered Nurse Carol Rustebakke from Delta County Memorial Hospital was the winner of the Nightingale Luminary Award for Western Colorado in an awards banquet on March 5, 2016 in Grand Junction, according to Jody Roeber, Chief Clinical Officer from DCMH. Rustebakke is a dedicated nurse of 43 years.

She won this award for "Innovation in Clinical Practice". As a Critical Care Nurse, Rustebakke observed a need for improved prevention and education regarding wound care and prevention. She became wound care-certified and worked endlessly to establish a vibrant and effective wound and ostomy program at DCMH starting in 2008.

Her 43 years of professional nursing experience provided her the knowledge and expertise to educate nurses and physicians about the importance of identifying and caring for vulnerable patients. She developed additional policies and procedures, including specialty wound care products. Because of her dedication and expertise the number of skin care complications due to pressure ulcers, have reduced significantly in the past seven years.

"Now education and follow-up is available for many patients close to home, whose ostomy and wound care would have

> Volunteers of America®

been referred to health care facilities a distance away from Delta County prior to 2008," commented Roeber.

She will be honored at the State Nightingale event with five other Western Colorado Nurses on May 7, 2016 in Denver. Other DCMH RN nominees included: Rhonda Gavin, RN, a Medical-Surgical nurse, Felicia Grant, RN and Donna Ragland, RN, both Charge Nurses on the Medical-Surgical Unit, Connie Pieper, RN and Linda Speedie, RN, Intensive Care Unit nurses. The last Nightingale nominee from Delta County Memorial Hospital who went onto to the State Event was 20 years ago.

Delta County Memorial Hospital is very proud of their 2015 nominees and thanks them for their dedication to the profession and the extra mile they go to provide care and excellence to their patients and their community, commented CCO Roeber.

The Western Colorado Nightingale Event celebrated their 31<sup>st</sup> year of recognizing and celebrating nurses on the Western Slope.

It has been a way to honor nurses who best exemplify the philosophy and nursing practice of Florence Nightingale, a 19<sup>th</sup> century nursing pioneer.

Nurses from across the State are recognized and nominated by their peers, supervisors, family and patients. For the past



Registered Nurse Carol Rustebakke from was the winner of the Nightingale Luminary Award for Western Colorado. Courtesy photo.

several years the State Nightingale Committee has expanded the categories into two main categories: 1) Clinical Practice which recognizes those nurses who provide direct patient care and 2) Administrative/Education and Alternative Nursing, which recognizes nurses who impact other nurses, patients, and the community.

# National Doctors Day is March 30th

This day was established to recognize physicians for their tireless work, and their contributions to society and our local community. On National Doctors Day, Volunteers of America would like to say "thank you" to our physicians for all that they do for our residents, participants, patients and their families. Your ongoing partnership allows all of us to reach the common goal of providing quality healthcare in Western Colorado.

> Toll Free Help Line 1-844-VOA-4YOU (1-844-862-4968) www.voahealthservices.org





#### **PEAK VIRTUAL ACADEMY REGISTRATION WEEK IS APRIL 11-15**

#### Special to the Mirror

MONTROSE- Peak Virtual Academy Registration Week is April 11-15 from 8 a.m. - 4 p.m. Please come in and pick up an enrollment packet and schedule an interview. For more information, Parent Information Night is scheduled Monday, April 11 at 6 p.m. at 526 North 6th Street. We look forward to seeing you!

#### MONTROSE DEMOCRATIC PARTY HOSTS ANNUAL JEFFERSON JACKSON DINNER

#### Special to the Mirror

MONTROSE-Montrose County Democratic Party Annual Jefferson Jackson Dinner, Sat. April 9 5 Social hour with cash bar /Silent Auction, Program @ 6 p.m. Keynote speaker ~Colorado State Senator Gail Schwartz, Tickets: \$45 Call 240-0399 or available at Coffee Trader.

#### CITIZENS CLIMATE LOBBY PRESENTS INFORMATION TO COFFEE FORUM AT HEIDI'S DELI

#### Special to the Mirror

MONTROSE-On Wednesday, March 30<sup>th</sup>, The Forum at Heidi's Brooklyn Deli (1521 Oxbow Drive) will feature Wayne Quade and Jen Sager speaking about the Citizens' Climate Lobby and especially what is happening in the Montrose Chapter. The Citizens' Climate Lobby (CCL) is a non-profit, non-partisan, grassroots advocacy organization focused on national policies to address climate change. There are 324 active chapters across the United States and 10 in Colorado, including one in Montrose.

The CCL is working for the passage of Carbon Fee and Dividend, which is the climate change solution created by the Citizens' Climate Lobby to account for the costs of burning fossil fuels.

CCL says that climate scientists and economists alike say this solution is the best first step to reducing the likelihood of catastrophic climate change from global warming.

CCL believes their market-based Carbon Fee and Dividend policy will drastically reduce emissions, create jobs, and support small businesses and families — all without growing government.

They believe that passionate citizens who are well-trained, organized by district and with a good system of support can more than influence the political process.

The local Montrose chapter is led by our speakers, Wayne Quade, a former U.S. Forest Service employee who dedicated 32 years of his life to work in land management, and Jen Sager, a Volunteer Climate Reality Leader with the Climate Reality Project.

# **HONORABLE MENTION**

To local entrepreneurs Debbie Blanchard and Christy Eller...for sharing their successes and their stories at the <u>Delta Chamber of Commerce Small Business Resource Conference</u> on April 14...

In memory of Delaney Clements, a young girl who changed the world for the better by speaking out about childhood cancer...rest in peace beautiful angel, and thank you.

And in memory also of Allen Frame Hill, a great Colorado filmmaker lost far too soon to the ravages of MS. Cl<u>ick here for a link to the end of his acclaimed film, Jump.</u>

...and to Centennial Middle School, our hearts are with you. Rest in peace Riley Mowbray.

# DCMH NURSES ANNUAL 5K FUN RUN/WALK TO BE MAY 21

#### Special to the Mirror

DELTA-Delta County Memorial Hospital Nurses are inviting the community and area families to join in the fun for the second annual "Run With a Nurse" 5K Fun Run/Walk on Saturday, May 21st at Lion's Pavilion in Confluence Park with a 9 a.m. start time. Check-in and registration for walk-ons begins at 8:00 a.m. on May 21st. This 5K on a Saturday morning is a wonderful way to celebrate spring with the family, by taking a walk or run in the sunshine. Cost is \$25 for registration. Children are free. Those reg-

istered by May 1<sup>st</sup> will be guaranteed their t-shirt size. Registration forms may be picked up at the Visitor's Desk in the DCMH lobby or by downloading a form at deltahos-

pital.org, the hospital's website. This event is being held about the same time as DCMH National Nurse's Week from May 6-12. Come out and participate to show your appreciation for nurses everywhere. Funds from the 5K will be used for continuing education for Delta County Memorial Hospital nurses. Questions? Contact Rachael Rhode, Executive Secretary in Administration at DCMH at 874-2285



Participants in the first annual "Run With a Nurse" 5K Fun Run/Walk in 2015. Courtesy photo.

# Many Older Adults Need Our Help... in the most fundamental ways.

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- SHELTER: Imagine having to find a decent,
- secure place to live on an income of \$800 per month.
- SAFETY: For older adults, home can often become a dangerous place without proper repairs.
  - SUPPORT: Sometimes we all need a little help from our friends.
    - CARE: When living at home is no longer an option, we can help.
- CONNECTIONS: When you outlive all of your friends
   and family, who do you turn to?

We provide a connected network of services that make a significant difference in our part of the world.

Join us in supporting our vision to enrich and uplift the lives of our local older adults.



www.voahealthservices.org www.Facebook.com/VOAWesternSlope 1-844-VOA-4YOU

# ON-LINE BILL PAY AVAILABLE AT DELTA HOSPITAL WEBSITE

#### Special to the Mirror

DELTA-Delta County Memorial Hospital now offers an option to patients with bills from the hospital or any of the nine hospital-owned and operated clinics to pay on-line through the newly redesigned hospital website. In order to access this new feature type in deltahospital.org, then go to the top, drop down menu for Patient Information. Under that menu you will find an option for on-line bill pay. Patients now have an added convenience to pay for hospital system bills through the hospital website, which is totally secure. Payment data is downloaded daily to the DCMH business office.



# WORK TO RESUME ON I-70 BRIDGE PROJECT

#### Special to the Mirror

EAGLE—Work will resume on the I-70 bridge improvements project, located in the Eagle Vail area of Eagle County. The project is scheduled to kick off on Monday, March 28, 2016 with bridge rehabilitation work on westbound I-70.

Before the completion of the project in mid-June 2016, crews will replace joints on the westbound I-70 bridge, conduct slope and ditch paving in the area and reset the median to its pre-construction configuration.

Transportation (CDOT) project consists of repairing and rehabilitating both the eastbound and westbound bridge structures located at approximately milepost 168.7, at the bike path directly underneath the work

the point where I-70 crosses over both the Eagle River and US 6. More specifically, work includes girder repair, bridge deck repair and re-paving and reinforcing current structures.

TRAVEL AND RECREATIONAL IM-PACTS: Work hours are scheduled from 7:00 a.m. to 7:00 p.m., Monday through Thursday and 7:00 a.m. to noon on Friday. Some night work may be scheduled. Speeds are reduced in the area and from April 19 through May 21, vehicles over 11 feet will be restricted. Boat ramp access to The focus of this Colorado Department of the Eagle River at the construction site will be temporarily inaccessible after the construction start date and bicyclists and pedestrians may expect intermittent delays on sure to "Like" our Facebook page at

zone.

Structures, Inc. of Englewood, Colorado is the contractor for the \$8.1 million project. It is scheduled for completion before July 2016.

Additional information is available by calling the project hotline at (970) 306-0155 or emailing I70Eagle-

Vail@gmail.com . Motorists can also find construction updates for this project and other projects occurring in the Vail valley at www.vailgov.com.

Live road conditions are available at www.cotrip.org or by calling 511 from anywhere in the state. Updates are also available via Twitter @coloradodot and be www.facebook.com/coloradodot.



"We shall not cease from exploration and the end of all our exploring will be to arrive where we started and know the place for the first time." - T.S.Eliot

PAID FOR BY THE MORGENSTERN ELECTION CAMPAIGN

# MARGE MORGENST for City Council

Thank you to all my friends, neighbors, and former students for your conversation, encouragement, and support. A special thank you to my accountant, for without her, the City and State would probably demand an audit!! Thank you to all for your advice, design, guidance, and help, who know me now because I became a City Council candidate...you know who you are! To those who opposed me: your involvement has made me a wiser, more compassionate person!

Thank you! Marge Morgenstern

#### PEAK VIRTUAL ACADEMY STUDENTS EXCEL: FULL S.T.E.A.M. AHEAD!



At left, Mr. Eccher with some of the Peak participants in the recent MCSD Sea Perch Challenge. The two teams from Peak placed first and second in the 4<sup>th</sup> annual competition. Pictured left to right: Timothy McMichael, Jacob Dickerson, Mr. Eccher, Seth Fields and Logan Righter. At right, Montrose Sheriff's Posse representatives discussed ways that Peak students could assist with search and rescue operations using drones and thermal imaging cameras. Thank you to Paul Gottlieb and Jerry Sieverson for sharing their expertise. Courtesy photos.

#### Special to the Mirror

MONTROSE - Peak Academy has embraced the district's STEAM initiative by integrating a number of short and long term problem-based inquiry projects. For the 2016-17 school year, we have four different projects planned that will ask students to constantly collaborate in order to solve authentic problems, propose solutions, and contribute ideas to the larger community.

One project includes using drones and thermal imaging to aid in search and rescue as well as monitoring wildlife. In order to do this, we have partnered with the Montrose County Sheriff's Posse and the Dept. of Natural Resources to help with research, planning and implementation.

Another project involves expanding our current work with Sea Perch to engineer and build a Magnum Sea Perch that will be used to conduct aquatic inventories in ponds, lakes or reservoirs. It will be equipped with lights and live feed camera, as well as other data collection tools. Deeply Digital, Honeycomb Industries and other local companies, as well as the US Navy, have supplied materials and



expertise.

Each project has specific objectives with STEAM lessons planned and aligned by grade levels with interdisciplinary course integration. The involvement in projects by grade level will be spiraling with increasing complexity and rigor. For example, the middle school students might be focused on the physics of the drone or the Magnum Sea Perch while Biology and AP Environmental Science students are analyzing the collected data to draw meaningful conclusions. As our students like to say, "It's FULL STEAM AHEAD." Peak will be open for K-12 enrollment for the 2016-17 school year, April 11-15, 8 a.m.-4 p.m.. There will be a parent information night Monday, April 11 at 6 p.m. for parents wanting more information about the program.

#### FREE ADMISSION AND FESTIVITIES FOR ALL DURING NAT'L PARK WEEK APRIL 16-24

#### Special to the Mirror

UNITED STATES-As the National Park Service (NPS) celebrates 100 years of protecting and preserving the nation's parks and monuments, all Americans are encouraged to get out

and <u>#FindYourPark</u> during <u>National Park</u> <u>Week</u>, April 16 through 24. All National Park Service entrance fees will be waived for the week so choose a park, near or far, and discover what makes it unique. Each of the 410 national parks is a thread in the tapestry that tells the story of our country – its beautiful landscapes, diverse culture, and rich heritage.

Throughout the year, and especially during National Park Week, the NPS and the National Park Foundation, invite everyone to discover and share their own unique connections to our public lands. National Park Week will kick off with National Junior Ranger Day on Saturday, April 16.

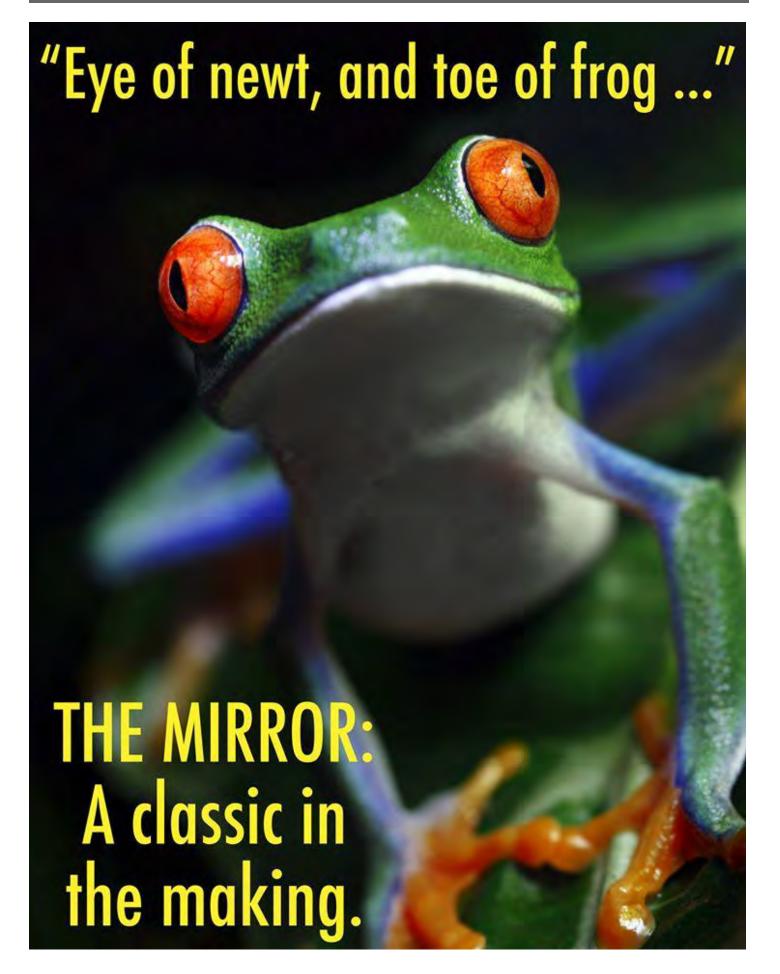
Parks will host kid oriented activities and distribute the new Centennial Junior Ranger booklet and badge.

Throughout the week, many parks will also host <u>Every Kid in a Park</u>events, which encourage fourth grade students to visit national parks and other public lands by offering a free annual pass.

Other highlights during the week include an education summit on April 20, Earth Day events on April 22, a national park InstaMeet on April 23, and Park RxDay on April 24.

Park Rx is a community health initiative where medical doctors "prescribe" time in parks to promote wellness and help prevent and treat chronic disease. Visit <u>www.FindYourPark.com</u> to learn more about National Park Week activities

throughout the country.



# **OBITUARIES**

# **ROBERT E. (BOB) SANCHEZ**

**ROBERT E. (BOB) SANCHEZ, 81**, passed away on March 14, 2016 at Valley Manor Care Center. Born in New York City, Bob lived in New Jersey for many years before moving to Montrose in 1992. Predeceased by his parents, Florence and Manuel Sanchez, his sister, Jeanne Molinari, and his daughter, Jeanne Marie, he is survived by his wife, Barbara, his beloved daughter, Ellen Doolin (Thomas), his son, Robert J. and his adored grandchildren, Kelley, LeeAna, Margaret, David, Stephan and Bryan Doolin, all of New York State.

Funeral services will be held on April 1, 2016 at St. Matthew's Church in Voorheesville, NY. Funeral arrangements were handled under the direction of Sunset Mesa Funeral Directors, (970) 240-9870.



MR. GEORGE A. NOLAN, 69, of Greenwood, SC passed away while skiing in Telluride March 19, 2016. Funeral arrangements are being handled under the direction of Sunset Mesa Funeral Directors, (970) 240-9870

# THE MIRROR Welcomes Community Death Notices and Obituaries free of charge. Please send to editor@montrosemirror.com. To reach us call 970-275-0646.

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AMERICA 5 MATTRESS, THE DURAY CHALET INN AND WEEHAWKEN CREATIVE ARTS PRESENT:

318 0150

# Hold the Date! Upcoming Business and Cultural Events

#### ONGOING-

LARK AND SPARROW VENUE-Fridays beginning in February-Every Friday from 4:30 to 7 pm : Sparrow's Social Hour, Live @ 5 ... Music by Local Artists in Sparrow's Library. 7:30 pm : Lark's Skylight Jazz Club. Live Jazz Weekly : The House Blend Combo & Guest Artists. Every Third Friday : Cabaret "Open" Stage.

SATURDAY NIGHT LIVE @ THE GALLERY • MUSIC BY YOUTH, Second Saturdays from 7 to 9 p.m. at Healthy Rhythm Community Art Gallery in Sampler Square.

MONTROSE WINTER FARMERS MARKET 10 am - 1pm Location: Behind Straw Hat Farm Kitchen Store 514 S. 1st Street (Every other week through April 23) Feb. 27; March 12, 26; April 9, 23.

THE ALPINE PHOTOGRAPHY CLUB meets every second Tuesday at St. Mary Catholic Church in the St Paul Room, 1855 St Mary's Drive, Montrose. The Public is welcome to attend. For more information, email <u>alpinephotoclub@aol.com</u>.

FREE FAMILY LAW CLINIC-LAST WEDNESDAY OF EVERY MONTH, Montrose County Courthouse (Leslie German self-help center) at 1200 North Grand, Noon to 1:30 p.m. Sponsored by Uncompany Volunteer Legal Aid and the 7th Judicial District Bar Association. Call 970-249-7202 for information.

FREE JAM SESSION AND SING ALONG, Mondays from 4 to 6 p.m. at the Montrose Pavilion Senior Center.

**MONTROSE HISTORICAL MUSEUM**-"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2<sup>nd</sup> St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

MONTROSE STAMP (PHILATELIC) CLUB meets on the fourth Wednesday of each month at 420 Alta Lakes Dr. from 7-8pm. For Beginners to Pros! Please contact Brenda Moureaux at 970-765-6948 for more information.

**SNOWSHADOW GYM**-Zumba classes with Maria Gonzalez week nights 5:30 to 7:30; Swing dance with Kevin Mears Mondays 7:30 to 9:30 p.m. 535 S. First St. Snowshadowgymniastics@yahoo.com.

#### MONTHLY-

March 28 6-8:30 PM Danika Gilbert of Ascend Climbing talks of her experience hiking mountains of Afghanistan. Where Brew and Bogy Club at the Black Canyon Golf Course. Free, donations to Ascend welcome. Sponsored by the Uncompangre Valley Association.

March 28-Volunteers of American presents Understanding and Responding to Dementia Related Behavior. Homestead of Montrose (1819 Pavilion Drive). 1 to 2 p.m. March 31-Join the Sherbino Theater and Roland McCook for the Sherb Talk, "The Ute People: Yesterday and Today," on Thursday, March 31st. Doors are at 7 pm, with the talk starting at 7:30 pm, and a \$10 cover at the door.

April 1-San Juan Cancer Center Open House , 2 to 4 p.m. at 600 South Fifth Street in Montrose. Call 970-240-7242 for information.

April 1-Ridgway's Sherbino Theater welcomes Durango Funk All-Stars from Durango, Colorado for a night of funk and fun. The music from Durango Funk All-Stars is all improvised, making each show unique and memorable. Doors at 7:30 pm, with music starting at 8 pm, and a \$10 cover at the door.

April 2-The Montrose Woman's Club is sponsoring their annual Flea Market at the Montrose County Fair Grounds, Friendship Hall on Saturday, April 2, 2016 from 8 am to 4 pm. There will be 100+ tables full of new/used items. Breakfast and lunch will be provided by Big Head BBQ. There is no admission charge and all proceeds from this event go to local charitable organization here in the Montrose. If you would like to be a vendor, please call Paulette Wells at 249-6381.

April 5-Validation Dementia Communication for Caregivers. 11 to Noon at at Delta County Memorial Hospital Oncology Center. Free and open to the public.

April 6-Volunteers of America presents The Sugar Effect with Abbie Brewer at the Homestead of Montrose at 1819 Pavilion Drive, 6 to 7:30 p.m.

April 6-"City Dark", free public documentary at Montrose Library meeting room Wednesday April 6 at 7. Importance of preserving the night sky, narrated by Neil De Grasse Tyson, presented by Uncomphagre Valley Association.

April 9--Montrose County Democratic Party Annual Jefferson Jackson Dinner, Sat. April 9 5 Social hour with cash bar /Silent Auction , Program @ 6 p.m. Keynote speaker ~Colorado State Senator Gail Schwartz , Tickets: \$45 Call 240-0399 or available at Coffee Trader.

April 11-15-Peak Virtual Academy Registration Week is April 11-15th from 8 a.m. - 4 p.m. Please come in and pick up an enrollment packet and schedule an interview. For more information, Parent Information Night is scheduled Monday, April 11 at 6 p.m. at 526 North 6th Street. We look forward to seeing you!

April 12-The City of Montrose will host an informational session on Tuesday, April 12, to present the results of intersection studies for Hillcrest Drive at Miami, Sunnyside, and Niagara Roads. The informational session, to be held in the City Council Chambers, will begin with a presentation at 5 p.m., followed by a one-on-one discussion period lasting until 6:30 p.m. Construction of improvements at the Hillcrest and Sunnyside intersection is scheduled to take place in 2016. Any questions regarding the project or the meeting may be directed to City Engineer Scott Murphy at (970) 901-1792.

April 13-Elijah BossenBroek to perform at the Lark & Sparrow Venue, 511 East Main Street in Montrose. Doors open at 6:30 p.m. concert at 7:30 p.m. Call 970-615-7277 for info and reservations.

April 15-16-Delta Area Chamber of Commerce Spring Expo, Bill Heddles Recreation Center in Delta. 80+ vendors! Friday 9 a.m. to 5 p.m., Saturday 9 a.m. to 3 p.m.

April 16-Alpine Bank Shred Day at 2770 Alpine Drive and 1400 east Main Street in Montrose from 8 a.m. to 11 a.m.

April 18-29-The 8th annual Montrose County School District Art Show opens Monday, April 18, 2016, and runs through Friday, April 29. Everyone is invited to view paintings, drawings, ceramics and photography representing students in kindergarten through 12th grades. The show may be seen between 8 a.m. and 5 p.m. Monday through Friday at the Region 10 Enterprise Building, 300 N. Cascade Avenue in Montrose.Contact person: Ann-Marie Fleming 249-6015.

April 21-Delta-Montrose Electric Association Morning Buzz. Join us for good conversation, coffee and pastries with the DMEA Morning Buzz at the Busy Corner White Kitchen in Olathe (318 Main Street in Olathe) from 7 a.m. to 9 a.m.

April 22-Delta-Montrose Electric Association Morning Buzz. Join us for good conversation, coffee and pastries with the DMEA Morning Buzz at the Munson Gallery in Cedaredge (260 West Main Street in Cedaredge) from 7 a.m. to 9 a.m.

April 23- Alpine Bank Shred Day at 119 Liddell Drive in Ridgway from 9 a.m. to Noon.

April 23-Annual Stupid Band Earth Dance! Turn of the Century Saloon in Montrose. Bring \$10 and 2 non-perishable food items.

April 28-Leader Training - Healthier Living Colorado-This four-day class is for the person wanting to make a difference in the lives of those with chronic conditions! Participants will: illustrate following the Leader Manual content and process; recognize how to handle problem people appropriately; use positive reinforcement techniques with group members; apply strategies to encourage group participation and use effective modeling strategies. *PDA requirements. A CEU from COAW is equal to 10 contact hours (PDAs).* Cost: \$650 *Scholarship funds are available.*Montrose County Health and Human Services (1845 S. Townsend Ave.), Apr 25, 2016—Apr 28, 2016, 8:30 AM—5 PM Registration: Contact Pam Allen at 303-984-1845 or <u>pam@coaw.org.</u>

April 28-29-Leader Cross Training - Healthier Living Colorado-Diabetes. *Prerequisite: Successful completion of the 4-day Healthier Living. Colorado Leader Training and being a certified Leader of the program.* This is an evidence-based program from Stanford University and trains leaders to facilitate the Diabetes Self-Management class foradults living with type 2 diabetes in the community. Community classes are facilitated by two trained leaders and the topics covered include: 1) techniques to deal with the symptoms of diabetes, fatigue, pain, hyper/hypoglycemia, stress, and emotional problems such as depression, anger, fear and frustration; 2) appropriate exercise for maintaining and improving strength and endurance; 3) healthy eating; 4) appropriate use of medication; and 5) working more effectively with health care providers.**Cost:** \$325 *Scholarship funds are* 





Contact the Montrose Mirror: Post Office Box 3244 Montrose, CO 81402 970-275-0646 <u>Editor@montrosemirror.com</u> www.montrosemirror.com







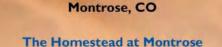
Law enforcement officers from across the region came together to honor a fallen officer, Neal Scott Mills, on March 22. Top middle, Kristopher Driggers of Montrose stood at attention throughout the motorcade to show his respect.





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