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# THE MONTROSE MIRROR

Fresh News for Busy People-Weekly on Mondays!

Issue No. 177 July 11 2016

## REAL ESTATE SWAP CREATES A NEW CITY PARK!



*Chipeta Lake State Wildlife Area will now become a City Park, thanks to an exchange requested by CPW.*

### Mirror Staff Report

MONTROSE-Exchanging an in-town Colorado Parks & Wildlife (CPW) fishing and hunting area for a perpetual public access easement at Cerro Reservoir is a win-win for both entities, City and CPW officials said at the Montrose [City Council meeting July 5](#). An [exchange of real estate interests](#) between the City and State was approved, granting the state a perpetual public access easement over Cerro Reservoir, while the State transfers to the City all of the State's right, title and interest in Chipeta State Wildlife Area, including the State's interest in the Water Rights. The City has also agreed to install and pay for certain improvements on Cerro Reservoir. "We are very excited to have this project almost there," CPW Area Wildlife Manager Renzo DelPiccolo told Council. "Chipeta Lake is at the edge of town, and used to see a great deal of hunting, fishing and wildlife habitat. As the City has encroached, it

*Continued on page 7*

## HAVE YOU HAD YOUR 60 TO 90 MINUTES OF F.A.M.E.?

By Caitlin Switzer

REGIONAL-As an artist, small-acreage farmer, businesswoman, and advocate for older adults, Michele Gad knows firsthand the importance of keeping mind, body and spirit in balance. Today, Gad also serves a growing clientele through her neuro art therapy business, FAME, which stands for Focus, Attention, Memory Exercises. FAME consists of a series of customized drawing exercises that are specifically designed to redevelop pathways in your brain to improve focus, attention and memory.

Prior to starting FAME, Gad spent many years in education and with agencies that serve older adults, including the former Columbine Senior Services and the Region 10 Area Agency on Aging (AAA). It was at AAA that the concept of maintaining brain health first captured her interest.

"My own grandmother was a powerful force in my life," she said, "but I never realized how important older adults are to us when I was younger. When I realized that my calling was to work with older people, I went to work for AAA. It was quite magical to serve six counties and offer a comprehensive array of services.

"And as I was nurturing myself, older adults and



*Certified DelGiacco Neuro Art Therapist Michele Gad's business, FAME, focuses on helping older adults maintain neuroplasticity and build mind and body health. Gad visits clients in their homes for 60 to 90 minute sessions, to provide caregiver respite at the same time.*

*Continued page 3*

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*VOA Plans Week of  
Fun Events!*

*City refuses to meet  
with current BOCC!*

*Library considers  
Forum series!*

*Ouray 4th of July  
Photos!*

*Montrose  
Redcoats!*

## **LIBRARY CONSIDERS LEADERSHIP PROGRAM RUN BY DAVE SEGAL, PALADINO ESTIMATES MAY BOOK SALE PROCEEDS TO BE \$3K TO \$5K**



*July 6, 2016 meeting of the MRLD Board of Trustees (L to R): Dave Segal, Tim Conner, Ed Hagins, Emily Schneider, Caroline Evans, Pam Baer and MRLD Executive Director Paul Paladino. Board President Anne Gulliksen was absent.*

*By Gail Marvel*

MONTROSE-The Montrose Regional Library District (MRLD) Board of Trustees met on July 6, 2016. In the absence of President Anne Gulliksen, Emily Schneider chaired the meeting.

Executive Director Paul Paladino reported on the Friends of the Library activities. Proceeds from the May book sale were in the same range as in the past, "It was between \$3,000 and \$5,000, but I don't have the exact amount." Upcoming projects and activities include Tap Night at The Horsefly and a table at the Farmer's Market to sell T-shirts and books.

The Librarian's report included the partial demise of the library's seven-year-old telephone system. Paladino said, "The voice mail is dead and we can't find a card for it [outdated]. We're going to take a gamble and move voice mail to IP." Paladino gave the board a brief overview of the commu-

nications system and the partnership with the City of Montrose and service provider Clearnetworx. "We are a gig city; a gig library. We don't know what we are going to do with all that...it's for the patrons of the library."

Paladino disclosed that employee Meg Nagle would be resigning at the end of August and discussions on filling the vacancy are ongoing.

In June the library had expected to see a four and a half percent financial increase; however, at this point receipts are \$2,000 less than last year. "It's something to watch...and keep an eye on."

Caroline Evans reported on her field trip with the Bookmobile. "It was great and made me a believer in the Bookmobile! We are serving underserved people. We contacted 99 [parents and children] that day and it was a heart rending experience." The Bookmobile took part in the Fourth of

July parade and it is a visible promotional tool.

The Libraries of Montrose County Foundational report was given and a summer concert by Trace Bundy is scheduled for Aug. 7 at 3 p.m. at the Montrose Pavilion. Tickets are free and available at the library front desk. Paladino said, "I imagine the tickets will be gone in a couple of weeks."

**Old business:** Discussion on ways to create awareness for the library included a Mystery Theater event and resurrecting a leadership program modeled after the former Uncompahgre Valley Leadership Program (UVLP). Schneider said, "Not precisely like the leadership program, but something along the same lines. Bill Bell [city manager] and the Chamber are interested."

New board member Dave Segal volunteered to spearhead the proposed leadership program with plans for an evening meeting once a month. Example of possible topics and presenters included the County Road and Bridge, the hospital, the fire district, and the library.

Schneider noted the school district's plan to go to the voters in November to replace Columbine School. With that in mind the MRLD's desire to go to the voters for a mill levy increase should be held at a different time.

There was no new business.

Staff member Tania Hajjar made a presentation on a free Android and Apple app that is now available. With the app patrons can view their accounts...check on fines, place a hold on books and renew books. Twenty-three libraries--smaller rural libraries-- are now using the app. "People forget to bring their library card and this app lets you store the library barcode. People can log into the Internet by using their library card."



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**THE MONTROSE MIRROR**  
MONTROSE



## **HAVE YOU HAD YOUR 60 TO 90 MINUTES OF F.A.M.E.? From pg 1**

the AAA, I came across articles on neuroplasticity," she said. "To say that I was fascinated would be an understatement—I knew it would be the next step."

Gad studied with Dr. [Maureen Del Giacoco](#), and upon graduating from the program with flying colors, she began to see clients in Montrose and Delta counties almost immediately. "We have fun," she said.

Most people find it difficult to quiet their minds for even 15 seconds, she observed. "The brain is a very complex organ," she said. "Many older adults need help to focus."

Even as recently as 15 years ago, 20 percent of local seniors came from an agricultural background. "Our rural area is quickly changing," Gad said. "And as people age, they cannot always keep up with what is happening to them."

A healthy body is essential to a healthy brain, she said.

"You need to maintain muscle mass," Gad said, "because that's how you feed your brain; exercise pumps oxygen to the brain, and the brain eats oxygen."

"There can be hydration issues as well," she said. "The brain is 80 percent water. It's hot here, and many people pursue an active lifestyle. Think of a sponge that has dried in the sink after doing dishes—that is what happens to your brain."

"You can't do much with a dried up sponge, and you can't think when your brain is dried up."

Gad cites statistics that reveal that every 40 seconds someone suffers a stroke.

"Some will survive, some will not, some will wish they hadn't."

One in three people will die with Alzheimer's Disease as well, she added. "They do not necessarily die from it, but with it," she said.

Gad works with clients where they are,

because some are unable to drive. She spends 60 to 90 minutes with them, with an individualized approach that focuses on water, nutrition, exercise and therapy.

"They can be in the comfort of their own home, where their brain is most relaxed and can really benefit from the service."

"I also like to feed their spirits by cheering them on," she said. "We have fun. I have clients who have been with me for years now, and their growth is as exciting to me as it is to them. I truly care about them all."

An added benefit is caregiver respite, she said. "While I am working on cognition with my client, the caregiver can read a book, drink an extra cup of coffee, recharge, or call a friend," she said. "It's really a double benefit."

Reach Michele Gad's FAME program at 970-948-5708. She can be reached via email at [michelegad.fame@aol.com](mailto:michelegad.fame@aol.com).

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## OURAY COUNTY BOCC TO CONSIDER FIXES TO CR1 ON JULY 12

### Mirror Staff Report

RIDGWAY-Log Hill residents hoping to create an improvements district and fund upgrades to Ouray County Road 1 will go before the Ouray Board of County Commissioners July 12. The group filed a petition with the Ouray County Clerk on June 7, and on July 4, released a written statement in support of the project.

If approved by voters in November, the \$3.6 million CR1 fix project as originally planned would have encompassed the entire length of County Road 1, from Highway 550 to Yucca Drive, with drainage improvements, pothole repairs, crack sealing, and 3/8-inch chip seal overlay. However, at public meetings held in May, local voters expressed concern about the cost of the project and the resultant mil levy impact. In response, the project has been scaled back: proponents are now asking that Segments 1, 2, and 4 work be eliminated from the project and that the District

focus on fixing the 6.8-mile gravel section with shoulder and drainage improvements, base stabilization where necessary, application of chip seal, with reserve funding for maintenance chip seal overlays of that 6.8-mile section every 8-10 years. The project's cost would now run between \$2.6 and \$3 million, and the estimated mil levy to service the bond would drop from 7 mils to 5 or 6 mils or less, according to the statement. Also, the estimated maintenance mil levy would decrease from around 2.25 to around 1.25. The bottom line impact would be about \$50 to \$56 per \$100,000 actual valuation, proponents say.

According to the Written Statement released July 4, "The gravel portion of CR1 has for decades been the subject of constant and at times vigorous citizen complaints about vehicle and tire damage, unsafe driving conditions, hampered emergency response, poor maintenance, etc. Indeed, the condition of CR1 has been so

bad that last school year the Ridgway School District refused to run bus service on the road resulting in considerable expense and inconvenience to parents of school age children living on Log Hill Mesa." The expense of maintaining County Road 1 consumes a disproportionate share of the County's road funds, as well, proponents say.

According to the Ouray County Clerk's office, the Public Hearing on the County Road 1 improvements project has been scheduled for July 12 at 10 a.m. at the Ouray County 4-H Event Center, 22739 Hwy 550 in Ridgway. Written comments may be submitted in writing prior to the hearing and should be received no later than July 11, 2016. Mail comments to Ouray County - Clerk of the Board, P.O. Box C, Ouray, CO, 81427, or email to: [hhollenbeck@ouraycountyco.gov](mailto:hhollenbeck@ouraycountyco.gov). Alternatively, written and/or oral testimony will be taken at the Public Hearing.



*Struggling to care for a loved one  
with dementia or Alzheimer's?*

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## BLM REDISTRICTING EFFORT TAKES EFFECT OCT. 2



*The Alpine Loop will now be consolidated under the BLM's Gunnison Field Office. Courtesy photo.*

between districts,” Montrose Public Affairs Specialist Shannon Borders said. “The public won’t see a lot of changes except boundaries on a map.” As part of the realignment, the Grand Junction field office will become part of the Southwest District, while the Gunnison field office will become part of the Front Range district. Still, “All employees will stay where they are at,” Borders said, “Gunnison employees will still be field employees. They will just report to different districts.” The BLM hopes to share more information with the public in the months prior to the change. “We are working through an internal process to ensure a seamless transition, and we are notifying all of our audi-

ences,” Borders said. “People are welcome to call with any questions, and there will still be an interagency front desk.” The Montrose office is located at 2465 South Townsend Avenue. The phone number is 970-240-5300.

The realignment will be implemented statewide on Oct. 2. and we are notifying all of our audiences,” Borders said. “People are welcome to call with any questions, and there will still be an interagency front desk.” The Montrose office is located at 2465 South Townsend Avenue. The phone number is 970-240-5300.

The realignment will be implemented statewide on Oct. 2.


### *Mirror Staff Report*

COLORADO-On paper, it looks like a major move. On the ground, expect business as usual. That’s the message [Bureau of Land Management](#) (BLM) officials want the public to know about an ongoing agency redistricting effort. “Basically, the BLM is working to balance the work load

## BODY RECOVERED ON THE COLORADO RIVER

Special to the Mirror  
GRAND JUNCTION-Mesa County, Colo -- Shortly after 11 am July 10 the Grand Junction Regional Communication Center received a report of a body being found by rafters on the Colorado River. The rafters reported seeing the body west of Fruita and east of the Loma Boat Ramp. Mesa County Deputy's with assistance from Mesa County Search and Rescue, the Bureau of Land Management, Lower Valley Fire Department and the Mesa County Coroner's Office responded to the area. At approximately 2:00 pm a body of a white male was recovered. The body was released to the Coroner who will make identification.






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# WRITER GAIL MARVEL'S CLUB CONNECTION

## MONTROSE CHAMBER OF COMMERCE REDCOATS VOLUNTEERS ARE COMMUNITY AMBASSADORS, SERVICE ARM OF THE CHAMBER



*Redcoat President Denise Swanson (center) presides over the monthly meeting. The Redcoats are the promotional ambassadors and service arm of the Montrose Chamber of Commerce. Photo by Gail Marvel.*



*Decals of local Redcoat sponsors cover the trailer that transports supplies to events. Photo by Gail Marvel.*

*By Gail Marvel*

MONTROSE-The mission of the Redcoats, who were organized in 1968, is to be promotional ambassadors and the service arm of the Montrose Chamber of Commerce. Three-year member Rick Gawlinski can only be described as a newbie compared to founding member Rich Jakino (48 years) and Debbie Ferris (38 years). Rich said, "I'm the only original member who still attends." Over the years the organization has seen a lot of changes, "When we first organized we limited ourselves to 25 members. Someone had to quit before a new member could come on."

In their heyday the Redcoats had more than 100 members; however, today the membership numbers 25. Rich said, "We can get members, but turning them into active members is a challenge. There's a core group of about 10 people who do most of the work."

All Redcoats are in some way associated with Chamber businesses. Dues are \$60 a year, which helps fund the organization's summer steak fry, the Christmas party and contributes to one half of the Ken Gale Scholarship.

Redcoat President Denise Swanson, who has been a member for eight years, has

served as president three times. "It's mandatory for us to wear a red vest when participating at official functions and we're fined \$1 when we forget."

The Redcoats are most visible during ribbon cuttings for new businesses and serving as bartenders for the monthly Business After Hours (BAH). The BAH was the brainchild of the Redcoats and in previous years the monthly attendance numbered 100-250 people. However, when BAH was placed under the purview of the Chamber a few years ago attendance declined. Rich said, "BAH is now back under the direction of the Redcoats and we're struggling to rebuild it to its former self."

Local organizations often call on the Redcoats when they have an event that needs BBQ grilling and bartending. Swanson said, "When people have an event they ask us to be their manpower. On July 27<sup>th</sup> we'll have the community dinner of hamburgers and hotdogs at the Montrose County Fair...and on July 28<sup>th</sup> we'll grill for a library event." The grill owned by the Redcoats has an impressive 3 X 6-foot cooking surface.

Many man hours are associated with setting up and tearing down for events and the group votes on all requests. Swanson said, "We are volunteers and try to give back to

the community. We take pride in being able to give back."

Seven members attended the Redcoat meeting on July 5 and the group began with the Pledge of Allegiance.

The members then discussed their activities and scrutinized the data from previous events. For instance, BAH on June 28<sup>th</sup> was held at Colorado Yurt Company and there were 50 people present. However, that number was then broken down to reflect the number of paid attendees, punch cards, guests and Redcoat members. Colorado Yurt was happy with the turnout and felt the event was worthwhile. Discussion included cost and benefit analysis for the event.

In planning for the July 27 free community dinner, the group revisited the data for the 2015 event.

"We ordered 700 hamburgers and 700 hotdogs...and we ran out of food by 5:30." The suggestion of serving hotdogs only was immediately shot down. Rich said, "We tried that one year and it didn't go over."

The general consensus was, if you really want to serve the community, you need to serve them what they want to eat...and they need to get there early!

*Contact Information:*

*Montrose Chamber of Commerce Redcoats Meets 1<sup>st</sup> Tuesday of the month, 5:30-6:30 Chamber building 1519 East Main Montrose, CO*



## REAL ESTATE SWAP CREATES A NEW CITY PARK! From pg 1



*Chipeta Lake is a favorite local spot for fishing. Thanks to a real estate swap between Colorado Parks & Wildlife and the City of Montrose, it will become a City Park.*

seemed more appropriate for it to be managed as a City park than as wildlife habitat, so we approached the City.”

“It’s huge for the City and for the extension of our whitewater park,” Mayor Rex Swanson responded.

“It’s a great example of how hard City

staff works to make the community better,” Councilor Dave Bowman said.

“Thank you to the state as well,” Councilor Roy Anderson added. “They worked very hard on this.”

In other business, the new PIC Place clinic will be the first design-build project



approved through the Department of Local Affairs (DOLA), PIC Place Executive Director Melanie Hall informed Council. Hall once again thanked Council for partnering on the grant application. “Thank you City of Montrose for being such great grant partners,” Hall said.

“That makes it possible.” Council recently partnered on a \$600,000 Community Development Block Grant (CDBG) with the clinic.

Former Montrose Mayor and City Councilor Bill Brougham was appointed to a seat on the City Planning Commission and Dan Mohr of Milagro Wellness was appointed to a vacant position on the Downtown Development Authority (DDA) Board of Directors Council also approved the transfer of a Hotel and Restaurant Liquor License from Hap Food Enterprises, Inc., d.b.a. Pahgre’s, to Pahgre’s Italian Restaurant LLC, d.b.a. Pahgre’s Italian Restaurant.





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## OPINION/EDITORIAL: COMMENTARY

### BELL, COUNCIL REFUSE TO MEET, COMMUNICATE WITH COUNTY UNTIL NEW BOCC IN PLACE

By Gail Marvel

MONTROSE—On June 22, 2016 Montrose County Commissioner David White sent an email to the Montrose City Council and City Management requesting a joint meeting “sometime in the next 2-3 weeks.”

As disclosed in the email the purpose of the meeting is to discuss issues and “... gain a better understanding of what it is that is causing remarks to be made [publicly] that are creating perceptions that are not valid...”

The list of specific issues White wanted to address in a joint meeting included, “airport, roads, dispatch, sharing of equipment, economic development, revenue sharing, income streams, personalities, and so on.”

Within an hour City Manager Bill Bell

responded to White in an email and noted the city is weighing their options as it pertains to the city’s contribution to Colorado Flights Alliance funding and that he (Bell) felt the two entities were working better together the past several months.

Bell concluded his email, “As far as a joint meeting between the City Council and the County Commissioners, I will defer to our elected officials as to their desire to meet to discuss any current issues. I thought things were getting better and had settled down, so your email came as a surprise to me.” At an “after the polls close” event on the evening of June 28, Primary Election Day, County Commissioner Glen Davis asked Montrose Mayor Rex Swanson about the request for a joint meeting. Mayor Swanson told Davis, “We’re not

meeting with you until after January and we get some new commissioners.”

During a telephone inquiry Commissioner Davis revealed that he, along with the county manager and their public relations staff have, for over three months, met with the assistant city manager and the assistant city attorney.

Noticeably absent from these meetings are City Manager Bill Bell and any representative from City Council. Davis said, “We can’t get the city manager, or the city council to the table.” Commissioner Davis and the county staff will once again attend a scheduled joint meeting on Monday, July 11 at 11 a.m. However, it remains to be seen if anyone from the city, other than the assistant city manager and assistant city attorney, will attend.



*Keynote Speaker at Lincoln-Reagan Dinner*

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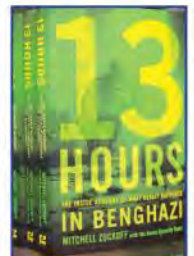
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## REGIONAL NEWS BRIEFS

### CPW EVALUATING ELK MANAGEMENT NEAR GUNNISON



*Special to the Mirror*

**GUNNISON** – Colorado Parks and Wildlife will be seeking public input at two meetings regarding a new elk-management plan for an area near Gunnison. The new plan will guide elk management in Game Management Units 66 and 67, which are

located south of Gunnison and north of Lake City.

The meetings: 6:30-8:30 p.m., July 26, in Lake City at the Armory on 230 Bluff Street (corner of Third and Bluff streets); and in Gunnison, 6:30-8:30 p.m., July 27, in the student center theater on the campus of Western State Colorado University. Anyone who can't attend the meetings can submit

comments to CPW at: [Kevin.blecha@state.co.us](mailto:Kevin.blecha@state.co.us).

At the meetings, CPW wildlife staff will give a presentation about the current status of the elk herd in that area.

Management plans are written for specific elk and deer herd areas – known as Data

Analysis Units – and are updated about once every ten years. The plans, which include individual population objectives, take into consideration a variety of factors and influence management related to hunter harvest and hunter opportunity. Factors include: agricultural, range and ecological conditions, socio-economic considerations, input from other state and federal agencies, and input from hunters and the general public.

“There is a lot of information we need to develop an elk management plan and input from the public is a critical piece of information to assure a well-reasoned plan,” said J Wenum, area wildlife manager for Colorado Parks and Wildlife in Gunnison. “So we want to hear from ranchers, land-owners, business owners, hunters and the general public.”

CPW wildlife managers expect to have the management plan completed in the spring.



## BOCC HONORS MONTROSE REGIONAL DISPATCH TEAM, DESIGNATES D&RG DEPOT AS MONTROSE COUNTY HISTORIC LANDMARK

### Mirror Staff Report

MONTROSE—On July 5, Montrose County took time to honor the Montrose Regional Dispatch Center team, for their work in keeping communications open for the region during recent 911 outages. “Our center has stepped up,” County Media Relations Manager Katie Yergensen said, noting that during the outages 52 additional emergency 911 calls were received on top of normally high call volumes. Sheriff Dunlap acknowledged the professionalism and dedication required of dispatchers. “It’s not an easy job, and they are very professional,” he said. “I can’t say enough for their professionalism.”

“It’s nice to know that people have your back,” BOCC Chair Glen Davis said, and praised Dunlap’s foresight ensuring regional connectivity. “We’re proud of him,”

Davis said.

In addition to approving [Consent Agenda and Planning & Development items](#), the BOCC accorded [Montrose County Historic Landmark status](#) to the Denver & Rio Grande Railroad Depot at 121 North Rio Grande, which today houses the Montrose Historical Society and Museum. Zilla Mae Brown of the Montrose County Historic Landmark Advisory Board and the Montrose County Historical Society addressed the BOCC. The designation is based on the site’s contribution to local history, Brown said.

“The Denver & Rio Grande Railroad played a significant role in the settlement of Montrose and Montrose County,” Brown said. “The depot structure was built in 1912 in response to community on the railroad for an updated and more efficient

transportation hub.”

The Depot had access to destinations across the state and across the nation, she said, and the architectural style is common to the historic period from 1890 to 1920. “Each year there are fewer and fewer of these structures remaining,” Brown said, noting that structure is “reflective of the railroad’s influence on the growth of the community and the progress of Montrose County.”

The Montrose D&RG Depot was placed on the National Register of Historic Places in 1982.

“It’s really an honor to be here today and be a part of designating this structure as a historic landmark for Montrose County,” Commissioner David White said. Commissioners voted to approve the Resolution.

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# MIRROR IMAGES...OURAY INDEPENDENCE DAY!



*OURAY-Photojournalist Tanya Ishikawa shared these photos from the Fourth of July Holiday in Ouray. Clockwise from top left: Crowds at the Ouray 4th of July parade seep into the street after the final Ouray Fire Department truck, still spraying water, heads towards the north end of Main Street; A volunteer firefighter from the Ridgway Fire Department drenches himself as much as the 4th of July revelers along the west side of Main Street in Ouray. The unnamed public servant was a popular sight for the ladies along the parade route; Organized by the Ouray Volunteer Fire Department, the kids games included a sprinting race and provided many photo opps for parents and grandparents; After the parade, hundreds of children of all ages participated in the free kids games at Fellin Park, including the sack races.*

**PHOTOS BY TANYA ISHIKAWA**





## REGIONAL NEWS BRIEFS

### HABITAT DIRECTOR RECEIVES HABITAT LEADERSHIP AWARD



**Colleen Burke.**  
*Courtesy photo.*

*Special to the Mirror*  
MONTROSE-Habitat for Humanity of the San Juans today announced July 7 that executive director Colleen Burke has been named the recipient of the 2016 Leadership Award for her contributions to the mission of Habitat for Humanity.

Each year Habitat for Humanity Colorado issues the award to an executive director who best represents that year's theme.

This year's request was for leaders who embodied a quote by football legend and Habitat for Humanity advocate Jimmy Johnson:

"Treat a person as he is, and he will remain as he is. Treat him as what he could be, and he will become what he should be."

Burke was presented the award in April along with a \$500 donation to Habitat for Humanity of the San Juans, which she has overseen since 2012.

Burke's tenure includes many milestones including the expansion of the service area to include not only Montrose county but also Ouray and San Miguel counties; the San Juan Independent Film Festival, which raises funds for housing projects; a critical home repair program; the Dream Builders campaign, which incentivizes donors to commit on a monthly schedule; and earlier this year, the completion of the organization's 50th home construction project.

"Colleen's hands-on leadership and creative fundraising is an inspiration to us all here," said Alison Hunter, Office Manager and Executive Assistant at Habitat for Humanity of the San Juans.

"It's nothing short of astounding how much we've been able to accomplish as a team," she added.

Burke grew up in the region graduating from Montrose High School in 1989. She is a graduate of Fort Lewis College with a degree in Marketing and Economics. Her entire career has been dedicated to the non-profit sector including efforts promoting

Sonoma Valley Wineries and later, working in economic development, promoting the small business and tourism economy in Utah.

Burke has taken the lessons from those experiences and the mentors along the way to focus now on making affordable housing in the San Juan Region an economic development discussion.

"Building affordable homes in rural Colorado is a much larger economic engine than people may think.

Habitat spends nearly 90 percent of our construction dollars with local companies, we employ 15 locals and the purchase of an affordable Habitat home gives hard working families the stability they need to be great citizens of their communities," said Burke.

"We're so fortunate to Colleen's tremendous character, energy, and capabilities," said Wil Harmsen, who serves as president of the local Habitat chapter's board of directors.

"Staff, homeowners, volunteers, donors, and supporters of Habitat have thrived under her leadership and she certainly advances our mission to provide local families decent and affordable homes," he said.

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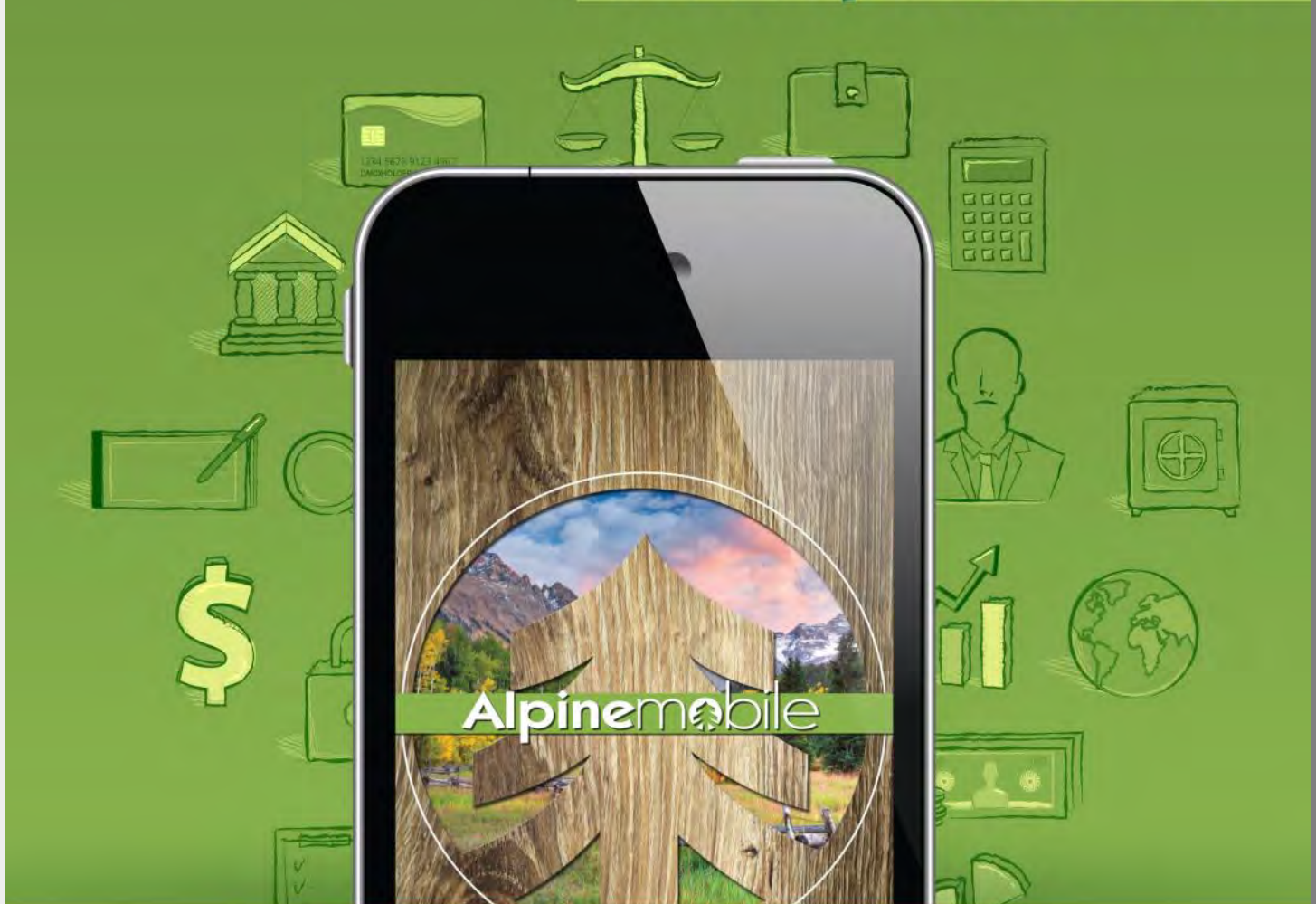


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## REGIONAL NEWS BRIEFS

### BLM RELEASES FINAL ENVIRONMENTAL IMPACT STATEMENT FOR BULL MOUNTAIN UNIT MASTER DEVELOPMENT PLAN

#### *Special to the Mirror*

MONTROSE— The Bureau of Land Management (BLM) Uncompahgre Field Office has released its preferred plan for environmentally responsible oil and gas development in the Bull Mountain Unit, located in the upper North Fork Valley near Paonia, Colorado, while addressing potential resource impacts and the public's concerns.

The Final Environmental Impact Statement (EIS) analyzed SG Interests I, Ltd.'s (SGI's) Master Development Plan (MDP) proposal, and identified a preferred alternative to develop up to 146 natural gas wells, four water disposal wells, and associated access roads and pipelines. The proposed Bull Mountain Unit Master Development Plan area covers about 19,670 acres of primarily private lands northeast of Paonia.

"The Master Development Plan allows the BLM to determine the best way for SGI to develop oil and gas resources within their existing federally-approved Bull Mountain Unit in a manner that considers other important resource values and ensures appropriate mitigation is applied," said Barbara Sharrow, BLM Acting Southwest District Manager. "The MDP will give us more flexibility to manage development and minimize and mitigate impacts than we could on a permit-by-permit basis."

Resource impacts and public concerns are addressed through a suite of conditions of approval, best management practices, and mitigation measures to avoid, minimize, and reduce potential impacts to the environment. Additionally, a Wildlife Habitat Plan is included in the preferred alternative to address wildlife habitat.

All wells within the MDP share common design elements and mitigation for drill pads, wells, pipelines, roads and compressor stations. If the plan is approved, one Application for Permit to Drill (APD) that accounts for site-specific features of the area was analyzed in accordance with the National Environmental Policy Act and could be approved. Any subsequent APDs would require additional NEPA analysis.

During the drilling phase, the project could generate up to \$100 million in employment income and about 470 jobs annually, while the production phase could generate up to \$14 million in employment income and about 135 jobs on a yearly basis, according to the analysis in the plan.

To review the Final EIS and associated documents, go to [www.blm.gov/co/st/en/BLM\\_Information/nepa/ufo/Bull\\_Mountain\\_EIS.html](http://www.blm.gov/co/st/en/BLM_Information/nepa/ufo/Bull_Mountain_EIS.html).



# SATISFY YOUR SWEET TOOTH

Watermelon Feast  
10am - noon  
Ute Park

Just one of the sweet activities for kids to enjoy at Youth Appreciation Day!

**Saturday, August 13**





## REGIONAL NEWS BRIEFS

### ONLY A FEW SPOTS REMAIN FOR CAMP GOOD GRIEF

*Special to the Mirror*

REGIONAL-HopeWest has just a few spots available for Camp Good Grief, a summer camp for children who have lost a loved one.

The camp provides a weekend of hope, healing and support for more than 70 children across western Colorado entering third through eighth grades.

The weekend summer camp will take place July 15 – 17 at Camp Cedaredge and transportation to camp will be provided from designated locations in Grand Junction, Montrose and Delta.

The goal of Camp Good Grief is to provide a safe and compassionate environment for children and teens to explore their grief issues with peers and to just have fun.

Camp provides education and support regarding the grieving process through the use of games, art and craft projects, and music. Children and teens will work in age-specific groups allowing participants to

connect with peers facing similar experiences.

“Losing someone you love is hard for anyone to handle, but can be especially confusing and painful for children and teens,” said Joni Beckner, Director of Youth Services at HopeWest. “Camp Good Grief will give kids the opportunity to learn coping tools, develop a better understanding of their grief, and help them keep positive memories of their loved one close to their heart.”

Thanks to grants and donations from local charities and businesses, the cost to attend camp is only \$35 per participant. The participation fee includes transportation, room, meals and activities.

Scholarships are available for those who are unable to meet the cost of Camp Good Grief. Please call (970) 245-5377 for information or to register.

HopeWest has just a few spots available for Camp Good Grief, a summer camp for children who have lost a loved one.



*Camp Good Grief provides a weekend of hope, healing and support for more than 70 children across western Colorado entering third through eighth grades. Last year, campers had a memorial ceremony where they lit candles next to memorial boxes they created in honor of their loved ones who have died.*

Last year, campers spent time playing on the mini golf course and having fun with new friends between grief group sessions.

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## REGIONAL NEWS BRIEFS

### MAGIC CIRCLE TO HOLD AUDITIONS FOR "ANNIE"

#### *Special to the Mirror*

MONTROSE-Magic Circle Players will hold auditions for "Annie" to be performed on stage in November 2016. Directed by Kathy Murdoch with assistant director Mitch Hamilton, "Annie" is the musical based on Harold Gray's comic strip "Little Orphan Annie". Auditions are as follows: Saturday, July 16, 10 am for young actors only, ages 7 to 15; Sunday, July 17, 2 pm for adults and young actors; and Monday, July 18, at 6:30 pm for all actors. Magic Circle Theatre is located at 420 S. 12th St., Montrose. Packets are available outside the front entrance of the theatre. For information: 970-596-9007 or email: [agpi.kathymurdoch@gmail.com](mailto:agpi.kathymurdoch@gmail.com).

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### NEW "TEXT TO 911" SERVICE LAUNCHED

#### *Special to the Mirror*

SAN MIGUEL COUNTY-Regional public safety officials have launched a "text to 911" service effective immediately for San Miguel County. This includes San Miguel County Sheriff's Office, Mountain Village Police Department, Telluride Marshal's Office, Telluride Fire Protection District, Egnar Fire Protection District, Norwood Fire Protection District and Norwood Marshal's Office.

The web-based service allows wireless

subscribers to send SMS or text messages to 911. The text will be routed to the appropriate dispatch center based on the person's location. Text to 911 in the east end of the county will be routed to WestCO dispatch in Montrose, and the Norwood areas will be routed to San Miguel County Communications. Dispatchers will see a geographic display of the person's location and will be able to communicate via text.

Sheriff Bill Masters said this is a significant improvement to the 911 call center.

"Any time we can make it easier for the public to reach a 911 dispatcher, it's an improvement to public safety." To use the new "Text to 911" system, simply put "911" in the "To" field and type your emergency message. No "app" is necessary, and there should not be a charge from your cell carrier. Note some cell carriers may not have towers in the area. This will result in a bounce back message to the phone advising to reach 911 using a voice call.





## SUMMER READING

Join the  
**Black Canyon Astronomical Society**  
for

# *An Evening of Stargazing*

**Monday, July 11**

**Meet at Cerise Park!**

(Shane's Way, off of Chipeta, by  
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**8:00-10:00 pm**

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### WHEN IT COMES TO PROTECTION FROM TOBACCO SMOKE, HALFWAY ISN'T GOOD ENOUGH.

July 1 marks the 10 year anniversary of when Colorado's Clean Indoor Air Act went into effect. The law eliminates smoking in many work and public places including restaurants and bars. Since the law, Colorado has seen some important changes. Millions of Coloradans are now protected from tobacco smoke on the job and in many public areas. And since 2005, more than 100,000 fewer people smoke.

But the state law does not protect everyone. Too many Coloradans are still being exposed to the dangers of tobacco smoke. That is why some communities are working to adopt stronger protections – to ensure all Coloradans can breathe smoke-free air where they live, learn, work and play.

To find out more, visit [www.TobaccoFreeCO.org](http://www.TobaccoFreeCO.org) today.



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## REGIONAL NEWS BRIEFS

### STATEWIDE CRACKDOWN ON BOATING UNDER THE INFLUENCE SUCCEEDS

# OPERATION DRY WATER

## NEVER BOAT UNDER THE INFLUENCE!

#### Special to the Mirror

**COLORADO** – Marine law enforcement in Colorado scored another success with **Operation Dry Water**, the nationwide crackdown on people boating under the influence (BUI) of alcohol or drugs. Agencies and organizations from all 50 states, the District of Columbia, and the U.S. territories of Guam, Puerto Rico, American Samoa, the Northern Mariana Islands and the U.S. Virgin Islands participated in this year's effort, held June 24 to 26.

Colorado Parks and Wildlife staff at 18 state park reservoirs and rivers participated in the event, contacting 1,082 vessels, 2,593 boaters, issuing 55 citations and 291 safety warnings over the three days with no BUI arrests. This was Colorado's 8th year participating in the event. In addition to increased patrols and a checkpoint at Cherry Creek State Park, parks increased education efforts at their boat ramps, marina's, entrance stations and Aquatic Nuisance Species inspection stations.

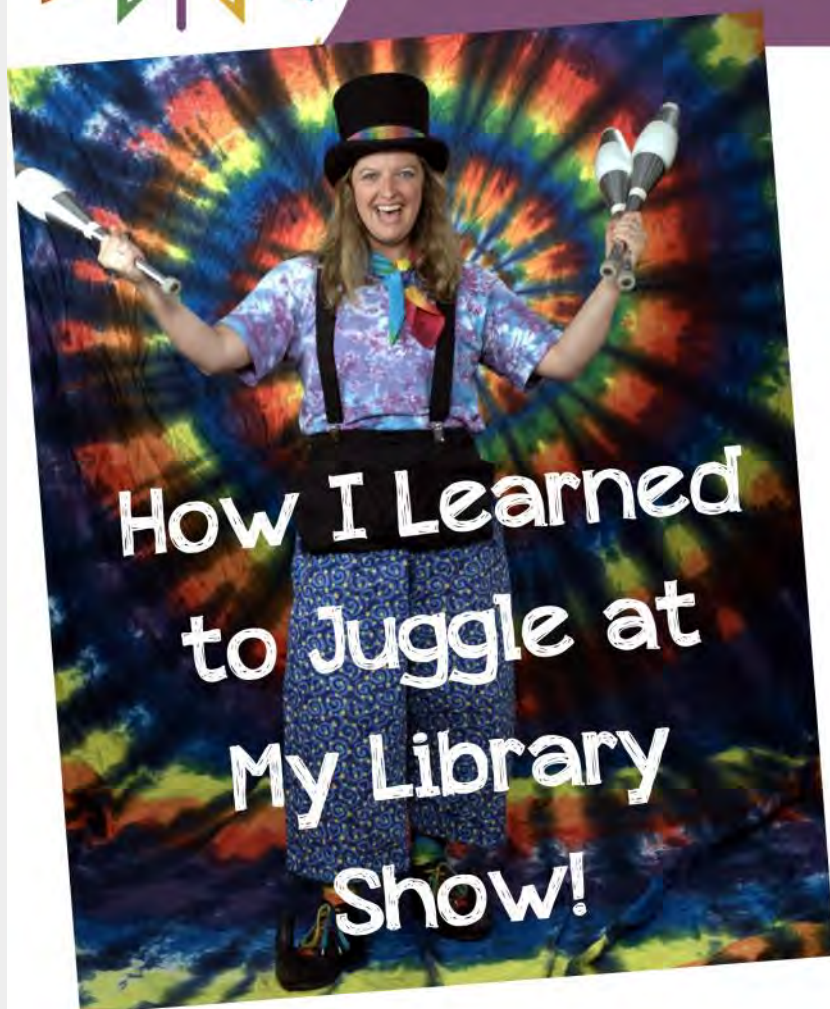
"Even without BUI arrests, the event was still a success" says Kris Wahlers, Colorado's Boat Safety Program manager. "When we contact almost 2,600 boaters paying special attention to the consumption of alcohol with no BUI arrests, it goes to show that our education and outreach efforts are working and people are choosing safer alternatives to drinking and boating." Operation Dry Water was launched in 2009 by the National Association of State Boating Law Administrators (NASBLA), under a grant from the United States Coast Guard. With nearly 1 of every 5 recreational boating fatalities directly related to BUI, this nationwide effort aims to save lives and foster a stronger and more visible deterrent to alcohol and drug use on the nation's waterways.

The next Operation Dry Water is already scheduled for the weekend of June 23-25, 2017. For more information on this annual campaign, visit the Operation Dry Water website at [www.operationdrywater.org](http://www.operationdrywater.org).





# Ann Lincoln Presents



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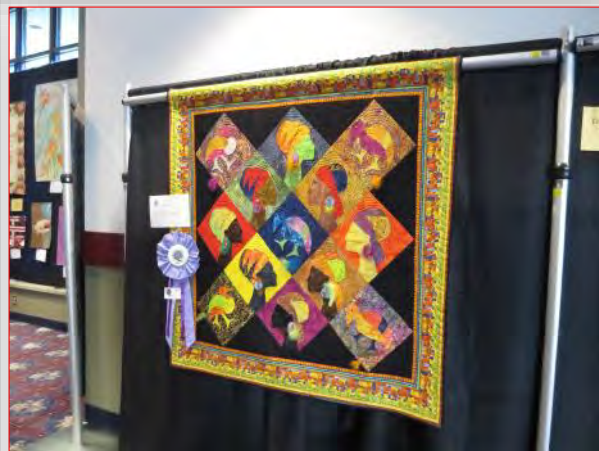
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## MIRROR IMAGES...CLASSIC CARS & QUILTS



*Black Canyon Classics Car Club members gathered at Taco John's at San Juan Avenue and Main Street on July 8; The hugely popular Black Canyon Quilt Show took over the Montrose Pavilion July 8-10, with gorgeous works of art that included Joyce Talley's Feathered Friends, middle right, and Connie Hager's large pieced quilt, Amaretto Cottage, below right.*





## REGIONAL NEWS BRIEFS

### NUVISTA AND PROXIMITY SPACE EMPOWER ASPIRING COMPUTER DESIGN STUDENTS MHS LENDS TOP OF LINE APPLE COMPUTERS FOR SUMMER STUDY



**Kaileigh Lyons**, Montrose High School junior, works independently on advanced photography and graphic design. She will continue her work in Illustrator and Photoshop through the summer and next school year. Kaileigh plans on continuing photography or design after high school so she will also use this opportunity to learn more about her post secondary options in her field of study. Courtesy photo.

#### *Special to the Mirror*

MONTROSE-Proximity Space, Montrose High School, and NuVista Federal Credit Union have teamed up this summer to provide the necessary equipment and creative work space for young entrepreneurs from Montrose High School. Josh Freed, Managing Partner of Abrams and co-founder of the Proximity Space coworking facility, collaborated with Kathy Gaber, the Computer Design teacher at Montrose High School (MHS). After being invited into

other students. "We thought it would be beneficial for both the students and the professionals (at Proximity Space) to see what each other does in the digital arena," said Gaber. Freed and Gaber also realized that the top of the line Apple computers that MHS owns would be sitting unused during the summer, and they made an appeal to the school requesting a few of the computers be brought to Proximity Space for student use.

With financial assistance from NuVista,

each other's class/work space they discovered that Gaber's Advanced Class had a similar feel to Proximity Space, with students working independently on their own projects while still being in community with

Proximity Space offered four scholarships to MHS students who wanted to further their creative and practical skills in their chosen areas of interest. Students competed for the scholarships throughout the school year, and those selected now have comprehensive memberships at Proximity Space. Each student was provided a school computer to work on and a dedicated desk membership to Proximity Space allowing them to work and learn whenever they would like for the duration of the summer. Korey Hehn, Community Relations Specialist at NuVista, was extremely impressed by the student scholars. "These kids are so driven and smart. At NuVista we want to empower our citizens to make the community better, and this is just one more way we get to do that," he said. Claire Beutler, a 2016 from MHS and one of the scholarship recipients, will be working on building her graphic design portfolio over the summer and will be pursuing a degree in graphic design in the Fall. "I can't wait to use the amazing facility and all the opportunities that it will create for me," said Beutler, "it is an honor to be part of it."

The other recipients are Kaileigh Lyons: studying photography and graphic design; Michael Jones: studying graphic design; and Sigmund Lesniewski: studying game design and animation. The selected students will be working all summer and keeping track of their time and project in a blog.

## HONORABLE MENTION

*To Tasha Todak and her team of volunteers, for continuing to work on and advocate for improvements to the Montrose Dog Park situation;*

*To John and Kate Kissingford's No Holds Bard players and the Wright Opera House, for two weekends of lively Shakespearean Theatre in a historic Ouray venue...*

*To the Black Canyon Quilters, for the annual quilt show that draws thousands of eager viewers from across the state and nation to the Montrose Pavilion.*



## REGIONAL NEWS BRIEFS

### WILDFIRE ACTIVITY HIGHLIGHTS NEED FOR MITIGATION TO PROTECT HOMES

#### *Special to the Mirror*

**FORT COLLINS--** With large fires causing evacuations and structure losses over the past few weeks in northwest Colorado and around the West, the Colorado State Forest Service (CSFS) wants to remind homeowners living in the wildland-urban interface to prepare for wildfires before they arrive.

While there is no guarantee firefighters will be able to save a home from a wildfire, the odds increase if landowners create defensible space, says Kristin Garrison, CSFS fire and fuels management specialist.

Defensible space is the area around homes or other structures that has been modified to reduce fire hazard. Addressing defensible space not only reduces the risk of home loss, but also improves safety for residents if they have to evacuate and for

emergency crews responding to a wildfire.

"Fire mitigation efforts are more effective when homeowners work together to reduce hazardous fuels around homes and throughout communities," Garrison said.

The CSFS offers numerous resources to help private landowners create defensible space, with recommendations including:

Remove all flammable vegetation within at least 15 feet of any part of a home or other structure, including decks.

Reduce the density of standing trees within 100-200 feet of all structures.

Prune off tree branches to a height of at least 10 feet from the ground.

Keep grasses and weeds surrounding the home mowed to a height of less than six inches.

Stack firewood and locate propane tanks at least 30 feet from and uphill of structures.

Clear pine needles and leaves from gutters

and decks, and trim overhanging branches.

CSFS online resources include free publications about defensible space, FireWise design and construction, Community Wildfire Protection Plans and the Firewise Communities/USA® program.

For comprehensive guidance on protecting homes and communities from wildfire, visit [www.csfs.colostate.edu/wildfire-mitigation](http://www.csfs.colostate.edu/wildfire-mitigation) or call a local CSFS district office. *The Colorado State Forest Service (CSFS) provides technical forestry assistance, wildfire mitigation expertise and outreach and education to help landowners and communities achieve their forest management goals. The CSFS is a service and outreach agency of the Warner College of Natural Resources at Colorado State University and provides staffing for the Division of Forestry within the Colorado Department of Natural Resources.*



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**Free swimming**  
**Noon - 1:45pm**  
**2:30 - 4:15pm**  
**MRD Aquatic Center**

Dive in at the MRD Aquatic Center.  
 It's just one of the free activities  
 on Youth Appreciation Day.

See full schedule at  
[www.montroserec.com](http://www.montroserec.com).

**Saturday, August 13**





## REGIONAL NEWS BRIEFS

### CPW OFFERS MENTORED HUNTS FOR NOVICE WOMEN AND YOUTHS, APPLICATION DEADLINE APPROACHING, JULY 15



#### *Special to the Mirror*

DENVER - Women and youths that have never hunted big or small game and would like to learn how from experienced mentors should apply for a limited number of guided hunts before 5 p.m., Friday, July 15.

Applications and information for the "Women Afield" hunts are at [www.cpw.state.co.us/learn/Pages/OutreachWomen.aspx](http://www.cpw.state.co.us/learn/Pages/OutreachWomen.aspx).

Applications and information for the "Youth Hunting Program" are at [www.cpw.state.co.us/learn/Pages/OutreachYouth.aspx](http://www.cpw.state.co.us/learn/Pages/OutreachYouth.aspx)

The hunts are offered through CPW's Hunter Outreach Program, a CPW effort to

teach all novice and inexperienced hunters the knowledge, skills, ethics, and traditions of hunting. Novices are guided through the first steps toward what may become a lifelong love of the outdoors and Colorado's hunting traditions.

"These hunts are only for the true novice woman or youth - someone that has never hunted but wants to learn," said Hunter Outreach Coordinator Crystal Chick. "Many women and youths want to participate, but it is very difficult when they do not have someone around to guide them from beginning to end. That is why this program is so valuable."

Designed specifically for novices, the Women Afield Program provides education in a comfortable setting alongside other inexperienced women. The program's summertime seminars and clinics cover basic shooting, fishing and archery skills in the classroom or range with plenty of "hands-on" experience. Although not required to participate, the clinics and seminars prepare participants for the opportunity to apply for mentored big game, pheasant and waterfowl hunts during the fall.

The Youth Hunting Program also provides a variety of clinics and seminars to inexperienced young hunters. The mentoring and guidance ensures that they have a good outdoor experience that can lead to a lifelong respect and enjoyment of the outdoors. Youth 10-17 are eligible for mentored upland game and waterfowl hunts. Youth 12-17 can participate in mentored big game hunts.

"Kids respond very positively to these hunts," said Chick. "Hunting teaches responsibility, ethics, outdoor skills, knowledge of wildlife, firearms skills and physical fitness, among many other important attributes."

Big game hunts are only for antlerless animals of the species.

CPW reminds participants that the experience focuses on education with a harvest being viewed as a bonus. As with all hunting, not all participants will harvest an animal on each hunting trip. Hunt applications submitted to the Hunter Outreach Program are randomly selected by drawing. The Outreach Coordinator will offer successful applicants a hunt. If the hunt is accepted, the applicant is "booked" on that hunt and will be contacted by the Huntermaster. If the hunt is declined, it is offered to another hunter.

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## REGIONAL NEWS BRIEFS

### SHEEP DAY-A FUN OUTING AND LEARNING OPPORTUNITY!

#### *Special to the Mirror*

DELTA-The annual Sheep Day outing is being offered this year on Aug. 2nd from 10 AM to 1 PM.

The event is free and open to everyone! Citizens are encouraged to take a trip back in history and enjoy a visit with sheep ranchers in a genuine sheep camp in some of the most scenic country in the San Juan Mountains of southwest Colorado. There, you can learn about grazing on public lands, and sheep ranching from the real experts!

High country sheep ranchers invite you to stop at "Open Camp" to see the sheep, guard dogs, herd dogs, and feel wool on a lamb. Talk with members of a ranching family and learn how each contributes to

the operation. Everyone can enter a tent to learn about a shepherd's life, a life style which has changed very little in more than a century. Forest Service and Bureau of Land Management officials will also be on hand.

The Alpine Loop is located between the cities of Ouray, Silverton, and Lake City. Engineer Pass is on the northern portion of the loop. The camp will be located just east of the summit on Engineer Pass. ***The Alpine Loop is considered a 4-wheel drive road and high clearance is recommended.***

Visitors are encouraged to bring their cameras and to bring warm clothes to "layer on and layer-off" in case of chilly weather in the high country! **Please do not**

**bring your dogs along on this venture, there will be herd and guard dogs that may not befriend your pet.**

Directions from Lake City, Colorado: Follow signs for the Alpine Loop (Engineer Pass, CR 20) leaving Lake City to the west and follow for about 16 miles to the camp.

Directions from Silverton, Colorado: At the north end of town, turn right on County Road 2 and travel about 17 miles following the signs to Lake City via Engineer Pass to the camp. Directions from Ouray, Colorado, Following US 550 south of Ouray about 3 miles and turn left or east up the Engineer Pass road. Travel approximately 9 miles staying on the main Engineer Pass Road to the camp.



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**Thanks for reading the Montrose Mirror...**

**...Fresh news for busy people...because once it's in print, it's history!**

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# Hold the Date! Upcoming Business and Cultural Events

## ONGOING-

**SUMMER STORY TIME AT BACKSTREET BAGEL**-All story lovers are welcome to our summer story time (recommended for ages 3-8). Thursday Mornings from 10:30-11 a.m. on the Backstreet Patio (or by the fireplace on stormy days) 127 N. Townsend Ave. Expert storytellers and certified teachers entertain your kiddos with a story while you relax and have a little grown-up time.

**THIRD FRIDAYS--SILVERTON SUMMER CONCERT SERIES**--3rd Fridays of June, July, August & September from 5-8 p.m. in Memorial Park- 1600 Greene Street, Silverton, CO. Admission is Free. Featuring: Great Southwest Colorado bands: June 17-Six Dollar String Band; July 15 Dave Mensch; Aug. 19-The High Rollers; Sept. 16-Hello Dollface. Local vendors serving food & selling local goods. Beer Garden with Local Brews by Avalanche Brewing Company & Bottom Shelf Brewery\*.

**MAGIC CIRCLE THEATRE FOR CHILDREN: JUNE**-A musical version of "The Velveteen Rabbit", based on the 1922 classic tale by Margery Williams, will be presented by Magic Circle Players' *Theatre for Children*. Evening performances are scheduled for June 10, 17, 18, at 7 pm and matinees on June 11, 12, and 18, at 2 pm. For information visit the website at [www.magiccircleplayers.com](http://www.magiccircleplayers.com) or contact Magic Circle Theatre at 970-249-7838. The theatre is located at 420 S. 12th St., Montrose.

**RIDGWAY CONCERT SERIES 2016-July 7, 14, 21, 28-9th Annual Free Summer Concert Series**

Hartwell Park, Ridgway, Thursdays in July, 6pm 'til Dark, July 7, 14, 21, 28 Free Music featuring World-Class Bands! Family Friendly, Children's Activities, Food Vendors, Local Beer, Margaritas & WineLate Night After-Show at the Sherbino Theater, Live Broadcast on KVNf.

**PAONIA'S PICKIN' IN THE PARK 2016-Aug. 4, 11, 18, 25** *Paonia's 9th Annual Free Summer Concert Series*, Paonia Town Park, Paonia, Thursday Evenings in August, 6pm 'til Dark. Dates are August 4, 11, 18, 25 ~ 2016 Free Live Music, National Touring Acts, Family Friendly, Children's Activities Local Food, Local Beer & Local Wine, Broadcast Live on KVNf! [www.pickinproductions.com](http://www.pickinproductions.com).

**FRIDAYS-TRUE GRIT WALKING TOURS**-Arrive 10:45 a.m. at the Ridgway Visitors Center, 150 Racecourse Rd. Tour ends at noon. \$10 (11 and under free). Reservations strongly recommended. Or schedule your own tour for 6 or more people. 970-626-5181.

**SATURDAY NIGHT LIVE @ THE GALLERY** • MUSIC BY YOUTH, Second Saturdays from 7 to 9 p.m. at Healthy Rhythm Community Art Gallery in Sampler Square.

**THE ALPINE PHOTOGRAPHY CLUB** meets every second Tuesday at St. Mary Catholic Church in the St Paul Room, 1855 St Mary's Drive, Montrose. The Public is welcome to attend. For more information, email [alpinephotoclub@aol.com](mailto:alpinephotoclub@aol.com).

**FREE FAMILY LAW CLINIC**-LAST WEDNESDAY OF EVERY MONTH, Montrose County Courthouse (Leslie German self-help center) at 1200 North Grand, Noon to 1:30 p.m. Sponsored by Uncompahgre Volunteer Legal Aid and the 7th Judicial District Bar Association. Call 970-249-7202 for information.

**FREE JAM SESSION AND SING ALONG**, Mondays from 4 to 6 p.m. at the Montrose Pavilion Senior Center.

**MONTROSE HISTORICAL MUSEUM**-"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

**SNOWSHADOW GYM**-Zumba classes with Maria Gonzalez week nights 5:30 to 7:30; Swing dance with Kevin Mears Mondays 7:30 to 9:30 p.m. 535 S. First St. Snowshadowgymnastics@yahoo.com.

## MONTHLY-

**July 11-14**-Montrose Center for the Arts Children's Summer Art Camp. Learn mask making, art lessons, clay sculpture, beading, outside art games. 9 a.m. to Noon. \$75 for first child, \$65 for additional students. Cimarron Creek Clubhouse, 901 6530 Road. Call 970-275-0122 for information or to enroll.

**July 11**-An evening of Stargazing with Montrose Regional Library and Black Canyon Astronomical Society, 8 to 11 p.m. at Cerise Park. Families welcome.

**July 18**-Montrose Regional Library presents Ann Lincoln with "How I Learned to Juggle at My Library Show," 10:30 a.m. to 1 p.m. All ages welcome.

**July 22-31**-Montrose County Fair & Rodeo, Montrose County Fairgrounds.

**July 22**-Are you interested in the unknown stories hidden behind the walls of the Historic Montrose Downtown? Please join us for the "Historic Legends and True Tales" walking tour on July 22. Starting at 7 pm at the Montrose County Historical Museum (21 N. Rio Grande). There is limited space so please RSVP, and it is a \$5/person donation. For more information please call 249-2085.

**July 24**-Bow Wow Film Fest & Tour--*Come to the Sheridan Opera house for a howlin' fun & family friendly evening July 24 beginning at 5:30 pm with a premier silent auction & light fare. Stay for our 7pm showing of the Bow Wow's featured short films - for the love of dog! Advance tickets are \$12/Adults & \$8/Kids, \$15/\$12 at door. On sale now at [www.adoptmountainpets.org](http://www.adoptmountainpets.org). ALL Proceeds benefit Second Chance Humane Society a 501(3)(c) Non-Profit.*

**July 27**-To provide hunters with information that can save their life, or the life of a hunting buddy, CPW is offering 'Outdoor First Aid 101,' Wednesday, July 27 at the CPW Hunter Education Building, 711 Independent Avenue in Grand Junction, beginning at 6 p.m. The one-evening free seminar is taught by expert Ron Bear, a 30-year veteran of the LA County paramedics and US Air Force paramedic rescue team. Register: [www.register-ed.com/events/view/84889](http://www.register-ed.com/events/view/84889).

**July 29-30**-2016 Old Spanish Trail Association conference - "Most Arduous...Least Respected" - in Grand Junction July 29-30. Cost is \$65 of OSTA members; \$85 for non-OSTA members for both days and includes a reception Friday evening; the Saturday banquet is only \$27 per person. Deadline to register is July 18. Ute Indian Storyteller Larry Cesspooch-Whitebelly will be the guest speaker at the banquet Saturday evening, July 30. A Chuckwagon Dinner Thursday evening, July 28, at Fort Uncompahgre in Delta, is also available as a "pre-conference" bonus; the cost is \$25 per person. The full schedule, as well as registration information, is at [oldspanishtrail.org](http://oldspanishtrail.org) and comprehensive information about the Colorado trail is at [ostcolorado.org](http://ostcolorado.org). More information, call Vicki Felmlee, OSTA Colorado Director, 245-8585 or [info@tscmq.com](mailto:info@tscmq.com).

**Aug. 2**-The annual Sheep Day outing is being offered this year on Aug. 2nd from 10 AM to 1 PM. The event is free and open to everyone. The camp will be located just east of the summit on Engineer Pass. **The Alpine Loop is considered a 4-wheel drive road and high clearance is recommended.** Visitors are encouraged to bring their cameras and to bring warm clothes to "layer on and layer-off" in case of chilly weather in the high country! **Please do not bring your dogs along on this venture, there will be herd and guard dogs that may not befriend your pet.** Directions from Lake City, Colorado: Follow signs for the Alpine Loop (Engineer Pass, CR 20) leaving Lake City to the west and follow for about 16 miles to the camp. Directions from Silverton, Colorado: At the north end of town, turn right on County Road 2 and travel about 17 miles following the signs to Lake City via Engineer Pass to the camp. Directions from Ouray, Colorado, following US 550 south of Ouray about 3 miles and turn left or east up the Engineer Pass road. Travel approximately 9 miles staying on the main Engineer Pass Road to the camp.

**Aug. 3-5** -2016 San Juan Mining and Reclamation Conference. The multi-watershed forum brings together representatives from the mining industry, government agencies, nonprofits and citizens groups for discussions, information sharing and partnership building. This conference will be at the DoubleTree by Hilton Hotel in Durango, Colo. on August 3-5, 2016. FOR MORE INFORMATION, go to <http://www.mountainstudies.org/sjmc>. For information on the nonprofit organizers, go to: [www.mountainstudies.org](http://www.mountainstudies.org), [www.animasrivercommunity.org](http://www.animasrivercommunity.org).

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For information on the nonprofit organizers, go to: [www.mountainstudies.org](http://www.mountainstudies.org), [mining.state.co.us](http://mining.state.co.us), [www.uncompahgrewatershed.org](http://www.uncompahgrewatershed.org), [www.willowcreede.org](http://www.willowcreede.org), and [www.animasrivercommunity.org](http://www.animasrivercommunity.org).



# Give Back Days

## At Mi Mexico Mexican Restaurant

Come enjoy a delicious meal and we'll donate 20% \*  
of your total check to a local non-profit.

**Every Wednesday...Every Month...All Day (11 am - 10 pm)**

*Over 200 entrees to choose from!*

**1st Wed: The Homestead at Montrose**

**2nd Wed: All Points Transit**

**3rd Wed: Montrose Rec Foundation**

**4th Wed: Valley Manor Care Center**

**5th Wed: Community Options Inc.**

(Note: 5th Wed dates are: March 30, June 29, Aug 31, Nov 30, 2016)

After dining, attach the coupon to the bill  
and deposit it in the box labeled  
"Give Back Days." 20% of your total  
bill will be donated to the  
designated charity.

**SUPPORTING IS  
NOW DELICIOUSLY  
REWARDING.**



**Mi Mexico Restaurant**  
**1706 E Main St (Hwy 50)**  
**Montrose, CO 81401**  
**(970) 252-1000**  
**(970) 252-1111 Fax**

\*Coupon must be present

Contact the Montrose Mirror:  
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*Below left, Black Canyon Quilters Club President Mary Ross welcomes guests to the gorgeous 2016 Black Canyon Quilt Show at the Montrose Pavilion July 8-10; Ouray County Commissioner District 1 Democratic candidate Amy McBride handed out patriotic beach balls during the parade, as campaign volunteer Scott Williams drove. Photo by Tanya Ishikawa.*



## Do you need health insurance?

These Life Changing Events may qualify you to enroll into health insurance outside of Open Enrollment:

- ☐ Birth or adoption
- ☐ Marriage or divorce
- ☐ Loss of health insurance or Medicaid
- ☐ Relocation or permanent move

Call your LOCAL office to schedule a free in-person appointment

**970-252-0660**

