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# THE MONTROSE MIRROR

Fresh News for Busy People...Weekly on Mondays!

Issue No. 185 Sept. 5 2016

## ATTENDANCE AT AVIATION TRIBUTE EXPECTED TO SOAR

By Caitlin Switzer

MONTROSE-In 2015, the Montrose Regional Airport's Tribute to Aviation drew more than 5,000 guests.

"This year, we are expecting more than 10,000 people," Montrose Regional Airport Manager Lloyd Arnold said. "This is going to be a phenomenal event for the Western Slope of Colorado."

More than 40 vintage and specialty aircraft will be on site Sept. 10-11, as the Western Slope's premiere air travel community showcases its greatest asset, Montrose Regional Airport. "This is a lot of work for our entire staff," Arnold said, "but it is also a marketing tool. This helps us promote our airport, and the aviation industry."

And even after a quarter century in aviation, Arnold is genuinely excited about the chance to see the visiting aircraft. "We have some very unique and interesting aircraft coming," he said. "There are military and specialty aircraft; you are going to be able to go



*Among the aircraft on display at the Tribute to Aviation Sept. 10-11 will be two T-45 Goshawk's. Courtesy photo Montrose Regional Airport Tribute to Aviation.*

Continued page 5

## AGING SAN JUAN TRAILER PARK IS UNSAFE, RESIDENTS SAY

*"Most of the time, even the cops don't come this far back"*



*A violent, early morning altercation last week at this unit has focused attention on the safety of residents of the aging San Juan Mobile Home Park Downtown.*

By Caitlin Switzer

MONTROSE-As Montrose Police continued to process the scene of an early morning altercation at the San Juan Mobile Home Park in Montrose (221 South San Juan Ave) last Wednesday, close neighbors of the crime scene began to share their experiences of life in the aging mobile home park through the community news site, Montrose Message Board.

Though some readers found it amusing that neighbors who had lived within yards of one another had never met, those who have spent time in the San Juan Mobile Home Park understand—because the park has become so crime ridden in recent years that many residents hesitate even to find out who their neighbors are. Just ask local mom Betty Summrell, who owns a unit and leases a lot in the San Juan Park with her husband and children.

While there have been

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in this  
issue

*City Grabs Flight  
Dollars for OBT!*

*Michele Gad on  
Health & Wellness!*

*Vendors look forward to  
Basement Boutique!*

*BOCC Work  
Session!*

*Shop at Nina  
Suzanne's!*

## WORLD WAR II VETERAN, OTHER UNIQUE AIRCRAFT ARRIVING FOR MONTROSE REGIONAL AIRPORT TRIBUTE TO AVIATION!

### Mirror Staff Report

MONTROSE— This weekend, don't miss the chance to see for yourself one of our nation's historic World War II Aircraft, on display at the Montrose Regional Airport.

Arriving just in time for the Montrose Regional Airport's Tribute to Aviation is the B-25J Mitchell *Maid in the Shade*, a fully restored WWII Bomber. *Maid in the Shade* is one of the Commemorative Air Force (CAF)'s combat aircraft from its military aviation flying museum at Airbase Arizona (ABAZ).

"This plane was in Corsica during the war," said Montrose resident Dick Manhart, who is helping to bring the B25J to Montrose. "It was involved in 14 or 15 bombing runs against Germany, and after that it was used as a firebomber—it is an actual veteran of World War II."

The B-25J arrives Tuesday, Sept. 6 around Noon. The exhibition of *Maid in the Shade* is part of the *Flying Legends of Victory Summer Air Show Tour*, expected to visit approximately 40 towns in the U.S. and Canada. Suggested donation for tours (Wed.-Sunday 9 a.m. to 5 p.m.) is \$5.

Manhart, who helped to bring the *Maid in the Shade* to Montrose this year, can remember growing up in Bowling Green, Ohio during the War years.

"I was born in 1934," Manhart said. "So I have always been interested in the Sec-

ond World War. I can remember that my brother was scheduled to go within two weeks—he was going to be a navigator in the Pacific, on a B29.

"Then they dropped the atomic bomb," Manhart said. "My brother never did a single day of work, and was discharged in September."

Those early years remain a vivid memory, however.

"We would see convoys of troops going through town in trucks," Manhart said, "and every day in our newspaper we would see a man from our home town who had been killed or injured in the War."

As a schoolboy, Manhart and his peers would collect milk weed to be used for military life vests, and save their tin cans for recycling for the war effort.

"My father was a block warden," he recalled. "We would have mock air raid drills."

The pure heroism of the men who took part in the Doolittle Raid still astonishes him. "They took off from an aircraft carrier, knowing they could not land," he said. "It is amazing to me what these guys could do...knowing they could never get back."

*Maid in the Shade* is the type of plane used by Doolittle's Raiders, he said.

According to the Doolittle Raiders web site, [Doolittle's Tokyo Raiders](http://Doolittle's Tokyo Raiders) was a group



Courtesy photo of *Maid in the Shade* Moose Peterson Aviation Photography.

of 80 volunteers who came from all walks of life. Their mission? To bomb Japan. After, "They tried to get to China...some survived," Manhart said.

This week's appearance at the Montrose Regional Airport came about because the B25J is presently touring the U.S. "We just happened to be on their schedule," Manhart said. "This is a piece of living history."

The Montrose Regional Airport's Tribute to Aviation is an event in which the community can take pride, he noted.

"It is an amazing static display for a town this size." To learn more about the Commemorative Air Force (CAF), an organization that honors the men and women who built, maintained, and flew in airplanes during wartime, visit [www.azcaf.org](http://www.azcaf.org). For information on the 2016 Tribute to Aviation visit [tributetoaviation.com](http://tributetoaviation.com).

## CITY'S ERICA WEEKS, BILL BELL TO SPEAK ABOUT YOUTH SPORTS @ HEIDI'S DELI FORUM SEPT. 7

### Special to the Mirror

MONTROSE—On Wednesday, Sept. 7 the Heidi's Deli Forum will first focus on the City's Competitive Youth Sports League. One of the speakers will be Erica Weeks, program coordinator, "who is also working to further leverage local resources to attract new sporting events into Montrose and partnering with local youth sporting clubs to expand the Montrose sports scene." The second speaker will be Bill Bell, the Montrose City Manager. "As a long-time athlete, the sports tourism and city's competitive sports program is a natural extension of Bill's passion for athletics, particularly youth athletics." The Forum meets Wednesdays from 8-9 a.m. at Heidi's Brooklyn Deli. Heidi's is in the Oxbow Center on South Townsend Avenue. Coffee is \$1 and breakfast available.



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Post Office Box 3244,

Montrose, CO 81402

970-275-0646

[www.montrosemirror.com](http://www.montrosemirror.com)

[editor@montrosemirror.com](mailto:editor@montrosemirror.com)

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## CITY WORK SESSION: OBT GRABS \$50k IN FLIGHT FUNDS; WILL ASK CHAMBER TO TAKE ON SPECIAL EVENTS FUNCTION



To avoid a conflict with the Labor Day holiday the Montrose City Council Work Session was moved to Thursday, Sept. 1<sup>st</sup>. Twenty people were in attendance during the one and one-half hour lunch meeting. Photo by Gail Marvel.

By Gail Marvel

Discussion Items:

Planning Commission Applicant (Karen

Vaca) Interview.

Karen Vaca is in the process of educating herself on the Planning Commission, in-

cluding looking at the Master Plan of 2008, "I think you guys are doing a terrific job. Some of the things I see going on don't match the Master Plan." Vaca said she is finding updates to the Master Plan, "You all are doing a good job with this."

**Highway 550 Safety Issues (Montrose County Coroner Dr. Thomas Canfield).**

Canfield said, "I'm here to beg for help. I'm not here for money, or any funds." Normally the coroner's office is re-active, but Canfield has made it his personal crusade to be pro-active when it comes to traffic safety on Highway 550.

In 11 years one 30-mile section of the highway between Montrose and Ouray has seen 11 fatalities and 700 injury accidents, "I'm tired of pronouncing people dead on this road." Canfield's investigations revealed that the number one cause of accidents is drivers crossing the center line (sleep, distraction, speed, drugs, alcohol). The second most common cause of accidents is going

*Continued on page 13*

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## AGING SAN JUAN TRAILER PARK IS UNSAFE, RESIDENTS SAY From pg 1

been incidents in the past, last week's altercation was among the worst so far, Summarell said. "It's getting to the point where I worry about letting the kids play in the yard," she said. "The way people drive through here, when I hear a child scream, I worry that they were hit."

"It could be safer here."

Altercations are not unusual in the neighborhood, but last week's crime scene, in which gunshots were reported, took nearly an entire day to process. "Most of the time, even the cops don't come this far back," Summarell said. "I have cameras pointed at my gate and entryways at all times."

The sheer number of abandoned trailers contributes to an overall feeling of gloom, and the San Juan Mobile Home Park no longer employs any maintenance staff, "For Sale" signs remain on many units that date back to the mid-twentieth century.

"I am surprised the City hasn't made them remove some of these old trailers," said Summarell, whose family operated the dump and recycling center in Norwood when she was growing up. "We offered to help haul them off, for a share of the recycling money. But they told us no—that these units are fixable."

Summarell also said that she is seeing more transients than she used to several years ago; within walking distance are three local lodging establishments that now serve mainly temporary residents—The Briarwood, Log Cabin and Western Motels.

"I really didn't want to move to this trail-

er park," said Summarell. "Everyone warned me not to go here. But the manager talked to us about their crime-free initiative, and the place really does have potential if we could get people in here who actually care."

"But Great Homes got rid of the maintenance men instead of getting rid of the old trailers."

The San Juan Mobile Home Park's location is actually lovely, with mature trees and a portion that borders the banks of Cedar Creek. Betty and her family have a large, shaded yard. Still, "I have been trying to catch the people who have been breaking into the old units, because I am home most of the time," Summarell said. "But they come late at night and leave early in the morning."

Water pressure in the San Juan Park is also a problem. However, "When I call the City about water pressure, they say nothing can be done because increasing it would blow the lines. The Park tells me there is nothing wrong with the lines though."

"I have taken a video of me turning my water on full pressure," Summarell said. "It takes ten minutes just to fill the tank on the toilet."

An area encompassing several homes and surrounding nearby unit 50 was taped off following the Aug. 31 incident, which involved two males. One had been struck with a heavy object during the altercation, according to Montrose Police Department Commander Gene Lillard.

"He was taken to the hospital with what



**Betty Summarell stands in front of the family home in the San Juan Mobile Home Court. The Park could be safer, Summarell and other neighbors say.**

appeared to be facial and head injuries," Lillard said. "This was a big incident, and we had to get a search warrant."

Lillard said that officers have been focusing on the Great Homes mobile home parks as part of their Crime free Housing initiative. "I have been trying to get in touch with the owner of the park, because they have a problem here. The place is a mess."

"We want to see this area cleaned up," Lillard said. "We live here too."

For her part, Betty Summarell would like to the City of Montrose enforce its own codes. As Norwood native, she is surprised at the laxity of the current City of Montrose administration when it comes to old mobile homes that pose grave danger to children as well as single female residents.

"We keep to ourselves here," she said. "I really don't think Norwood would allow this."



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## ATTENDANCE AT AVIATION TRIBUTE EXPECTED TO SOAR From pg 1

through them, and to see aircraft that even I have never seen before. We have a very unique cross-section coming to Montrose."

The Tribute to Aviation is a great educational opportunity for the youth of our community, he said.

"They can come to the Airport and learn, and understand the aviation careers that are available to them."

The event is free to the public, he said. "Come and tour the large, military aircraft." You can also meet the pilots, and tour civilian aircraft.

There will also be gifts for kids while supplies last, Arnold said. "Parking is free, the event is free, and there will be food and

beverages at the event," he said. "It's a packed weekend, but this will be the largest event on the Western Slope of Colorado this year."

The Montrose Regional Airport's Second Annual Tribute to Aviation begins at 9 a.m. Saturday, Sept. 10. Hours are 9 a.m. to 4 p.m. Saturday and Sunday.

"We have been planning for this all year long," Arnold said. "It is exciting. Bring the kids!"

The Montrose Regional Airport is located at 2100 Airport Road. Free parking will be in the gravel lot on the South end of the Terminal. To learn more, visit [tributetoaviation.com](http://tributetoaviation.com).



*A long range anti-submarine warfare, anti-surface warfare, intelligence, surveillance and reconnaissance aircraft, the P-8 Poseidon will be attending the Tribute to Aviation. Courtesy photo Montrose Regional Airport.*



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### AUTHOR STEVEN BAKER TO SPEAK TO HISTORICAL SOCIETY

*Special to the Mirror*

MONTROSE-Montrose County Historical Society invites you to the monthly presentation on Sept. 7, by Steven G. Baker on "Juan Rivera's 1765 Western Colorado Journeys." Starting at 7 pm in the Pioneer room (Montrose County Fairgrounds). These meetings are open to the public, so be sure to invite a friend or two. There is one last, "Legends and True Tales" historical walking tour on Sept. 6<sup>th</sup> starting at 6 pm and a Cemetery Tour on Sept. 17 of the Grandview Cemetery at 4 pm for the season. Be sure to RSVP at 249-2085 or more for information!

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## HENDERSON CITES CURRENT LACK OF LEADERSHIP AT CITY OF MONTROSE: 'DOING A GOOD JOB DOES NOT SEEM TO BE THE GOAL'



Montrose Chamber of Commerce Executive Director Chris Hines was invited to the August 30<sup>th</sup> BOCC Work Session to give the commissioners an update on the status of the Chamber. Photo by Gail Marvel.

By Gail Marvel

### **BBOC/Manager Calendar:**

Budget meetings will begin on Sept. 12, 2016.

### **Manager Items:**

Montrose County Manager Ken Norris reported that the new Road and Bridge Facility RFP will go out on Friday, Sept. 2<sup>nd</sup>. The new facility, which will be built on the LaSalle property, will replace the Road and Bridge facility currently located at the fairgrounds. The current facility, which was built in the mid-1960's, "Is inadequate in a lot of ways...not good ventilation, poor wiring and not energy efficient." The new facility will include fluid delivery system (antifreeze, motor oil), car wash bays (currently done in the private sector), sign shop, administration building, welding shop, grader and snowplow storage, etc.

The RFP will be on the county website on Sept. 2<sup>nd</sup> with proposals due Oct. 3<sup>rd</sup>. Assistant County Manager Dave Laursen said, "It is a tight schedule [for contractors] to put in bids, but we want to bring it to the commissioners in November." Laursen quipped, "There will be no flat roofs!"

Commissioner Glen Davis said, "There will be a tremendous savings [to consolidate and upgrade to a new facility]."

Laursen ask the commissioners for feed-

back on two items: Maintenance of the .62 mile of Old Paradox Road owned by the county, which is still being discussed; and the upcoming ballot issue for Columbine School. Davis is concerned that if the ballot issue fails, "The State will step in and force us to build." The commissioners will consider a resolution of support.

### **Emergency Manager – Regarding Naturita:**

County Emergency Manager Don Angell, who was set to meet with representatives of DOLA, phoned in on a conference call. After giving the commissioners an update on the recent flood and the cost for repairs Angell requested that as a show of good will the commissioners provide \$3,000 to, "...clean out the channel" by

the school.

The cost of the repairs for the recent floods fall to the town of Naturita, DOLA and CIRSA (insurance carrier). However, Commissioner Henderson suggested talking to other entities, "I'd like to see more active involvement with BLM." Norris recommended getting the Bureau of Reclamation involved, "A lot of people say they know how to design a dam, but the Bureau of Reclamation is the expert." The damage from the floods generated 20 work orders for culverts in the county.

### **Financial Review:**

Finance Director Cindy Bennet reported that from January through June 2016, "We're up 7 – 7 1/2 percent in sales tax. All revenue is trending at, or above, where we thought we would be. It is a good report, everything is trending good."

### **Montrose Chamber of Commerce:**

The new Montrose Chamber of Commerce Executive Director Chris Hines has been on the job a little less than 90 days. He, along with a part-time office manager, are the only Chamber staff. As to finding his niche in the community Hines said, "The Chamber has been a little stagnant for a while. We aren't trying to steal anyone else's thunder; we can all play in the same sandbox."

Hines acknowledged that different local organizations have their focus, but rather than promoting an area, he wants to promote the region, "Think bigger than Montrose, or Montrose County, think region. We [the Chamber] just need the budget to do it. We just

*Continued next page*

# SMPA OFFICES CLOSED

## Monday, September 5 for Labor Day



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## **HENDERSON CITES CURRENT LACK OF LEADERSHIP AT CITY OF MONTROSE: 'DOING A GOOD JOB DOES NOT SEEM TO BE THE GOAL' From page 7**

don't have that [funds]. The city is doing a great job, but there are different avenues we can do to promote the area." Strategies included advertising, getting more people to move here, and promoting the airport.

Hines is proposing a six-week leadership program (two hour sessions) that will begin Jan. 13 and be held at the Proximity Center, "We need to start building the next group of leaders." It was noted that the library is also preparing to implement a leadership program modeled after past community leadership programs.

Setting the stage for the conversation, a history lesson on economic development and the mover shakers of previous entities, regimes and organizations ensued — Historic Montrose Downtown, Main in Motion, Montrose Area Merchants Association (MAMA), Downtown Development Authority (DDA), Montrose Association of Commerce & Tourism (MACT), Montrose Economic Development Corporation (MEDC), Montrose Visitor & Convention Bureau (VCB), Office of Business & Tourism (OBT), and the Chamber of Commerce. Power struggles, finger pointing and the blame game are all part of the equation. Henderson said, "There has been a lot of smoke and mirrors and sleight of hand."

Assistant County Manager Laursen, who once chaired MAMA, explained that in the early 1990's a 3 1/2 percent vendor fee was returned to merchants. Merchants elected to put two percent of that fee into

a Retail Enhancement Fund (REF) with the intent to attract and keep business dollars in Montrose. While merchants still view the money collected as a vendor fee; the City of Montrose, which administers the fund, views it through the lens of tax dollars and they control how those funds are allocated.

Davis said, "The merchants voted to do it [establish the fund] and the merchants could vote to undo it." Henderson said, "I don't know what you call it, but it's not nice. Doing a good job does not seem to be the goal. The Chamber is hamstrung... so are all the other little entities."

Normally a Chamber of Commerce has a visitor and tourism component; however, the City of Montrose has taken that over.

Hines described his position as the point man, "We're going to have to get a lot of people on the same page." Henderson described the Chamber as being an orphaned child, "I'm not sure the city is doing what they ought to be doing to promote tourism. There are six or seven different groups all doing the same thing... I don't see this happening to get [everyone] all together."

The BOCC offered their support for the Chamber if they come up with a plan, a budget, and cost projections. Henderson said, "I don't see good, positive results from what the city is doing right now. Get rid of all the ne'er-do-well programs. There is a lack of leadership. Get some feelings from your board." Henderson joked, "I think you [Hines] were an emer-

gency transfusion."

In the course of the conversation Laursen mentioned that MAMA is still an entity and the organization has \$12,000 in their bank account. "We [the MAMA board] wanted to give it to the City for MAMA Bucks, but the city never got back to us." It was revealed that the City of Montrose is not a member of the Montrose Chamber of Commerce.

As of the first of June the Montrose Chamber of Commerce has gained 15 new members. In the area of governmental affairs, they will be taking a stand to oppose ballot issue 69 and will support the Columbine School initiative. Henderson asked why the Chamber building was put up for sale. Hines said, "It's way too much space for me and a part-time person."

Readers may recall that in the Montrose City Council Work Session of Aug. 15, 2016 Assistant City Manager Rob Joseph said the city's Office of Business and Tourism (OBT) is a marketing organization, not an events organization. In staying true to the OBT mission he is now in discussion with the Chamber of Commerce to see if they will take back special events (parades, Santa's House, i.e.). Councilman Dave Bowman had questioned the move, "Are you saying you want to give up the responsibility, but not the funding? The funds go with the events." Joseph responded, "Yes, that's what I'm saying."

**Elected Officials Report:** No report given.

**County Attorney Update:** Brief discussion on upcoming resolutions.





## QUESTION & ANSWER: JOLIE REHM OF COLORADO CONNECTIONS ACADEMY



*Jolie Rehm of Colorado Connections Academy during a Montrose visit this summer.*

### Mirror Staff Report

MONTROSE-Jolie Rehm of Colorado Connections Academy took some time to answer our questions about online learning.

**Who are the students of Connections Academy--do you they tend to be a certain type of person, or are they all different?**

We have a variety of students at Colorado

Connections Academy (ColoCA) and they have come to us for a variety of reasons. We offer a flexible schedule and that is very appealing to families. We have students who are athletes, actors or musicians who need time to train and practice.

We have students that like the curriculum and course offerings we have. We have students who don't thrive in a typical classroom setting. All of our students are different and unique.

**What is a typical learning day like?**

A typical learning day depends on what works best for the family. Students need to do five to six hours of

schoolwork each day and they can do that during the day, nights, or weekends. They have the flexibility to do schoolwork at a time that is best for them. They can start early in the morning and have the afternoon for other activities.

**Are there opportunities for engagement with other students and faculty?**

Yes, we offer field trips throughout the

state and students can attend them whenever they choose. We also have online clubs and activities. Students can also engage with each other in the online classroom.

**Is the quality of learning comparable to traditional classroom models?**

Yes it is. Our teachers are state-certified, as is required at any public school in Colorado. This model often works better for families, as the students can work at their own pace, taking extra time where needed or moving quickly through material they easily understand.

**What makes online education attractive to so many?**

The flexibility is most appealing. Students can work at any time, the online curriculum is available 24/7. This allows them to fit in other activities and have time to spend how they choose.

If someone wants to learn more about Connections Academy, what is the best way?

[coloradoconnectionsacademy.com](http://coloradoconnectionsacademy.com).



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# CITY COUNCIL TO CONSIDER SIX MORE ANNEXATIONS

## Mirror Staff Report

MONTROSE—At the upcoming City [Council meeting of Sept. 6](#), consent agenda items include a list of Montrose Police Department impound vehicles for disposal, and Council will consider awarding a contract to purchase various fuels, oils, and lubricants to low bidder Parish Oil.

This week's slate of annexations includes the R. Simpson Addition, located at 3500 N. Townsend Ave.

The proposed zoning is B-3, General Commercial District. This annexation is requested by the owner, who needs to connect to the city sewer due to a failing septic system. Council will also consider Ordinance 2385 on first reading, zoning

the R. Simpson Addition as a "B-3", General Commercial District.

Council will consider Ordinance 2374 on second reading, for the annexation of the 2016 City of Montrose Addition No. 1; and Ordinance 2375 on second reading, zoning the 2016 City of Montrose Addition No. 1 as a "P", Public District.

Council will also consider Ordinance 2376 for the annexation of the 2016 City of Montrose Addition No. 2; 4; and Ordinance 2377 on second reading, zoning the 2016 City of Montrose Addition No. 2 as a "P", Public District.

Council will then consider Ordinance 2378 on second reading, for the annexation of the 2016 City of Montrose Addition

No. 3; and Ordinance 2379 on second reading, zoning the 2016 City of Montrose Addition No. 3 as a "P", Public District.

Council will consider Ordinance 2380 on second reading, for the annexation of the 2016 City of Montrose Addition No. 4; and Ordinance 2381 on second reading, zoning the 2016 City of Montrose Addition No. 4 as a "P", Public District.

Finally, Council will consider Ordinance 2382 on second reading, for the annexation of the 2016 City of Montrose Addition No. 5; and Ordinance 2383 on second reading, of the 2016 City of Montrose Addition No. 5 as a "P", Public District.

Following the Public Information Officer Report, Council will adjourn.

## REGIONAL NEWS BRIEFS

### SHOPPERS CAN GET THEIR MEDICAL TESTING PERFORMED INSIDE MONTROSE SAFEWAY

#### Special to the Mirror

MONTROSE — Montrose residents are now able to access convenient laboratory services inside their local Safeway, through a new agreement between Quest Diagnostics (NYSE: DGX), the world's leading provider of diagnostic information services, and Albertsons Companies, one of the largest food and drug retailers in the U.S. and parent company of Safeway.

Quest Diagnostics is offering lab services at its Patient Service Center inside the Safeway at 1329 South Townsend Avenue in Montrose.

The new location replaces the Quest Diagnostics Patient Service Center previously located at 816 South Fifth Street in Montrose.

The new Patient Service Center, located near the in-store pharmacy, is designed to provide a comfortable patient experience in a secure and private environment, with frosted windows, a clean, relaxed reception area and a private restroom for patients' use. Quest provides patients with pagers that allow them to shop until their appointment time, providing a more con-

venient experience.

Walk-in patients are welcome, but appointments are encouraged to minimize waiting for service. Appointments can be scheduled online

at [QuestDiagnostics.com/Appointment](http://QuestDiagnostics.com/Appointment), through the MyQuest patient portal and mobile app, or by calling 1-888-277-8772.

"The Patient Service Center is an aesthetically, environmentally and technologically cutting edge medical facility built in a familiar, popular retail location. We're excited about making it more convenient to patients by offering lab services right where they shop, underscoring Quest's commitment to providing convenient healthcare directly to patients," said Jim Davis, Senior Vice President and Group Executive — Regional Businesses. "Our patients will find the same professional and caring staff with the highest quality lab testing services, in a clean, comfortable, private setting that is more seamless with their daily lives."

"This is a natural extension of the robust health and wellness offerings found throughout our stores. We're excited that

our customers will have access to healthy foods, pharmacy services and lab testing from the world's most trusted diagnostic company — all under one roof," said Mark Panzer, Senior Vice President of Pharmacy, Health & Wellness at Albertsons Companies.

The new PSC will operate Monday through Friday from 7:30 a.m. to noon and from 1 to 4:30 p.m. (closed for lunch from noon to 1 p.m.).

#### About Quest Diagnostics

Quest Diagnostics empowers people to take action to improve health outcomes.

Derived from the world's largest database of clinical lab results, our diagnostic insights reveal new avenues to identify and treat disease, inspire healthy behaviors and improve health care management. Quest annually serves one in three adult Americans and half the physicians and hospitals in the United States, and our 44,000 employees understand that, in the right hands and with the right context, our diagnostic insights can inspire actions that transform

lives. [www.QuestDiagnostics.com](http://www.QuestDiagnostics.com).



## FIND THE PERFECT OUTFIT JUST IN TIME FOR FALL...WINTER...SPRING & SUMMER @ NINA SUZANNE'S!



*Bright, fun and affordable clothes and accessories for all seasons await shoppers at Nina Suzanne's. Photo by Clay Greathouse.*

*By Liesl Greathouse*

MONTROSE-Nina Suzanne's is a boutique full of personality, beautiful clothes, and excellent customer service to help any woman find the perfect outfit. They offer unique clothing, jewelry, purses, and gift items with free gift wrapping.

While owner Nina Crozier is soft spoken, the meticulous care she takes with each customer who walks through her door is obvious as soon as you meet her. Her goal for every customer is to make sure that they leave happy with the outfit they purchased.

"I love my customers," she said. "I love talking with them and helping them find the perfect outfit."

Now is a good time to stock up on outfits for next Summer at Nina Suzanne's. All of their Summer items are marked down 40-50 percent off, with capris at \$19, tank tops at \$15, and Summer dresses at \$19.

One event Downtown that Crozier is excited for is the Mountain States Ranch Rodeo at the Montrose County Fairgrounds on Sept. 10. Downtown stores will remain open, Main Street will be

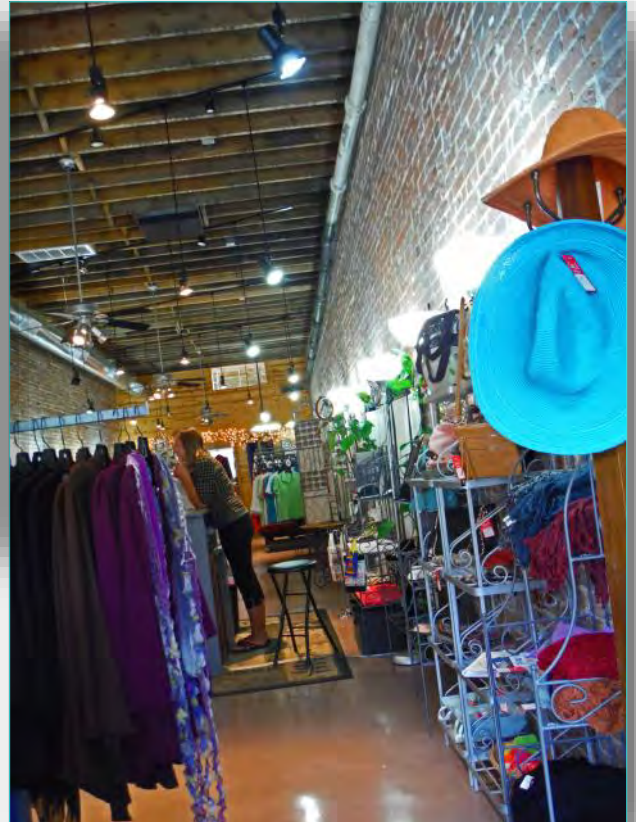
closed, and various activities, including a street dance, will take place. Crozier is looking forward to decorating her window with a Western theme.

As the winds of Fall blow in, Crozier is shifting her clothing appropriately.

Tunics paired with leggings are always a popular choice, so she is bringing in lighter weight tunics as well as light weight sweaters. "Blouses are also very popular," she added. "And most people want mid-size purses with pockets on the outside for their cellphone. Scarves are a popular accessory and if people want jewelry, they tend to want to layer multiple pieces or wear big chunky jewelry."

And, of course, with Christmas coming, socks, gloves, scarves, and slippers always seem to make the perfect gift.

One of the unique aspects of Nina Suzanne's is her selection of brands that are not carried in other local stores. Customers will find Tempo Paris from Italy, Michael Tyler from Canada, as well as popu-



*Nina Crozier, above, works to make sure every customer is happy with their purchase. Photo by Clay Greathouse.*

lar brands such as Parsley & Sage, Karen Hart, and Euro Pull On Pants (pants that you pull on, without a zipper, that have a lot of stretch so they fit everyone yet are still comfortable).

Nina Suzanne's calls Downtown Montrose home, which brings in the added benefit of attracting tourists to the store. However, Crozier still believes that locals need to be encouraged to come Downtown for themselves. "A lot of local people forget to come Downtown," she said. "We have beautiful stores, but people say to me 'I don't know why I forgot'. We need to help people to remember to come Downtown."

Nina Suzanne's is located at 336 E Main St in Montrose. They are open Monday-Sunday, 10 a.m.-5 p.m. For more information, call 252-7337.

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**MONTROSE OKTOBERFEST**

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Centennial Plaza ✦ Downtown Montrose



## ***CITY WORK SESSION: OBT GRABS \$50k IN FLIGHT FUNDS From pg 3***

off the shoulder of the road and then over-correcting.

Canfield said, "I'm hesitant, and maybe it would be a little arrogant, to go in and tell CDOT how to do their job. I'm saying [to CDOT] I want more safety improvements... and a [center] rumble-strip would help." The cost of a center rumble-strip is estimated at \$10,000 a mile and there is a need for 10 miles of rumble-strip in the hot-spot area of the roadway.

Canfield requested that the City of Montrose send a letter of support, or a write a resolution supporting safety improvements on Highway 550, "CDOT does not do highway improvements without getting direction from the TPR (Transportation Planning Region)."

Residents can also get involved by writing a personal letter of support for this effort to:

Gunnison Valley Transportation Planning Region (GVTPR)/Region 10  
300 N. Cascade, Suite #1  
Montrose, Co 81401

### **Sanitary Sewer Cured in Place Pipe Contract (David Bries).**

Video footage of sewer lines has been analyzed and areas with significant deterioration identified. The staff is proposing the installation of new pipe into an existing line by putting a liner into the old pipe. Request for bids have been received and the low bidder is Layne Inliner, whose specialty is cured-in-place pipe liners. Although the company is not local they have a Colorado regional office. This method, compared to digging up and replacing sewer pipe, is a savings of 20 percent.

### **Hill Street Park Ordinances (Assistant City Attorney Andrew Boyko).**

Boyko presented two items and in each case the situations were understood by the council, but vague to anyone without having the background and context.

The first item was returning Fox Hill Park to the Homeowners' Association (HOA), "Money that was in escrow will be applied to Fox Park; transferred back to Fox Park." The second item was a re-zone to R1; a very low density. It was unclear if the two items had any connection.

### **Sam's Tavern Liquor License Renewal (Assistant City Attorney Andrew Boyko).**

In Colorado liquor licensing and renewals go before the city, who is the local licensing authority, and then the State. Within the last month Sam's Tavern had a violation for serving underage.

Commander Gene Lillard gave Sam's law enforcement history, "In 2015 there were 24 incidents; in 2016 there have been 15 incidents. The incidents have been cut in half." Councilwoman Judy Ann files said, "Yes, but the year is only half over." Incidents include assaults (simple and serious), sexual assault, and domestic violence. There is not a lot of underage drinking reported.

Explaining the downtown bar environment Lillard said, "Patrons jump from one bar to another. Patrons can get kicked out of one bar and go to another."

There is a group working on the issue. Boyko said, "It's not one particular bar. Everyone [needs to] put in a helping hand to create the solution. We will have some recommendations before council makes a decision."

### **Oktoberfest Liquor Permit (Carolyn Bellavance).**

There were no questions from council on the permit. A scheduling conflict between Oktoberfest and Farmer's Market was worked out with an amicable solution; the Farmer's Market will move to an area on North Uncompahgre during Oktoberfest.

### **General City Council Discussion.**

Mayor Rex Swanson reported on the Sept. 13<sup>th</sup> noon BBQ. While the event will be an open house for the WestCo Dispatch Center, the city will take advantage of the activities and also offer tours of PD and City Hall. Applying thin blue lines to vehicles may also be a part of the event. Swanson also gave a reminder about the upcoming parade.

Councilman Roy Anderson asked for an update on the franchise agreement with DMEA. City Manager Bill Bell said that representatives from the city and DMEA will meet in October.

Assistant City Manager Rob Joseph asked for clarification on the \$100,000 air organi-

zation funds that were reallocated at the last work session.

All council agreed that the OBT would get \$50,000 for marketing Montrose as a destination. The marketing funds will be spent in 2015; however, the data to measure the success will not be available until April 2017. To determine the success of the pilot program Joseph said, "We would measure success by having 100 room nights."

The pilot program will work with one or two hotels and count heads-in-beds. Councilman Dave Bowman questioned whether the hotels would be national chains, or mom and pops. Joseph said, "Everyone who want to play will have a shot...not everyone wants to play. [In the past] there may not have been the same confidence in the OBT...and some hotels have changed ownership."

As to the remaining \$50,000 Manager Bell said that the use of those funds had been misquoted in the paper. Councilwoman Files wanted assurance that those funds would go to air flights and air service, and not to fix streets. Bell said, "Technically we don't need council's approval because it is under \$50,000." Council will be meeting with Colorado Flights Alliance (CFA) before determining how those funds are spent.

An update on fiber optics and high speed internet included some insight into the entities that are all working in their respective areas to make Montrose a gigabyte city.

The city can have up to 31 anchor installations. Councilman Anderson asked if the list of 31 has been made public. Director of Innovation and Citizen Engagement Virgil Turner said, "We're still wrestling with that. The city is close to coming to an agreement with a local company for construction of 26 anchor installations.

City Manager Bill Bell said there is some misconception that the city will be a service provider, "We are not a service provider. If we go there [install fiber] they will commit to buying service to that network." The city will own fiber, conduit and space within the conduit they install.

## REGIONAL NEWS BRIEFS

### FOREST SERVICE DRAFT DECISION ON TRI-STATE TRANSMISSION LINE IMPROVEMENT PROJECT

#### *Special to the Mirror*

DELTA— Aging infrastructure and system deficiencies prompted Tri-State Generation and Transmission Association, Inc. (Tri-State) to propose upgrading the Montrose-Nucla-Cahone 115 kV Transmission Line to a 230kV transmission line. The 80 mile line crosses several agency jurisdictional boundaries including two field offices of the Bureau of Land Management (BLM)-managed public land (35.7miles), both the Grand Mesa, Uncompahgre and Gunnison and the San Juan National Forests (22.1 miles) and state and private land (22.4 miles).

A joint Bureau of Land Management/Forest Service Environmental Analysis (EA), Tri-State Montrose-Nucla-Cahone Transmission Line Improvement Project EA, has been completed, and each agency will make a decision. Forest Supervisor for the Grand Mesa, Uncompahgre and Gunnison National Forests (GMUG), Scott Armentrout is proposing to approve Alternative A, Tri-State's Proposed Action as detailed in the EA and the Plan of Development (POD). His decision is subject to a pre-decisional objection process limited to those who had commented during formal agency comment periods. Details of the proposed decision and copy of the EA are available on the web at: <http://www.fs.usda.gov/project/?project=44376> for additional information contact Liz Mauch, Lands and Minerals Staff at [Imauch@fs.fed.us](mailto:Imauch@fs.fed.us) or 970-240-5405.

### LEARN FROM THE BEST: REGIONAL 'TOPNOTCH NONPROFIT' INSTITUTE

#### *Special to the Mirror*

MONTROSE—On Sept. 16 at the University Center on the Western State Colorado University campus in Gunnison, the West Slope Nonprofit Council is sponsoring a day-long institute with topics of interest to nonprofit board and staff region-wide.

The keynote speaker, Dennis Lankes, is a founder of the co-working space named "Best in the World" by Forbes Magazine. Sessions include a look at the implications of new Department of Labor regulations that affect nonprofits, how to build excellent teams, how to address the "work-life balance," how to hold difficult conversations, and much more.

With additional sponsorships from Western, the Colorado Nonprofit Association, the Community Resource Center, the Western Colorado Community Foundation, the Montrose Community Foundation, the Community Foundation of the Gunnison Valley, and the Water Wheel Inn, the registration fee has been lowered to \$65. Visit <http://www.western.edu/academics/extended-studies/topnotch-nonprofit> for more information and to register. For questions, contact Maryo Gard Ewell, 970-641-3570.

### The Center for Mental Health welcomes Dena Ridenour!

Dena graduated from the University of Kansas Medical Center with a Master's Degree in Psychiatric/Mental Health Nursing.

Dena is a fully qualified and experienced advanced nurse practitioner with prescriptive authority since 1995. Dena is efficient, thorough and passionate about delivering the best levels of care to patients. She possesses extensive healthcare experience in a wide range of key nursing fields.

Dena will be providing services at the Miami Clinic located at 605 E. Miami Rd. in Montrose, CO.

We are very excited to  
welcome Dena to our team!



**970.252.3200**  
FOR MORE INFORMATION

**970.252.6220**  
EMERGENCY SERVICES



Dena Ridenour, APRN, BC  
Advanced Nurse Practitioner





# Alzheimer's Disease

## FREE PROGRAMS

### Living with Alzheimer's: For Caregivers - Early Stage

**Sept 20 - Part 1 - 9:00 - 10:30 a.m. | Sept 27 - Part 2 - 9:00 - 10:30 a.m.**

**Oct 4 - Part 3 - 9:00 - 10:30 a.m.**

Hear from those directly affected and learn what you can do to cope with the changes that come with an early-stage diagnosis. In the early stage of Alzheimer's disease, families face new questions as they adjust. This three-part program provides practical answers to the questions that arise in the early stage. Attending all sessions is recommended, attending only one or two sessions can still be helpful.

### Living with Alzheimer's: For Caregivers - Middle Stage

**Oct 11 - Part 1 - 9:00 - 10:30 a.m. | Oct 18 - Part 2 - 9:00 - 10:30 a.m.**

**Oct 25 - Part 3 - 9:00 - 10:30 a.m.**

In the middle stage of Alzheimer's disease, care partners now become hands-on caregivers. During this three-part series, you will hear caregivers and professionals discuss helpful strategies to provide safe, effective and comfortable care. Attending all sessions is recommended, attending one or two sessions can still be helpful.

Hosted At:

**alz.org®** | alzheimer's association®

**Presented by: Teresa Black, Alzheimer's Association Western Slope Director**

**The Homestead of Montrose**

1819 Pavilion Drive, Montrose  
970-252-9359

**Please RSVP to Teresa Black at (970) 256-1274**



**Volunteers of America®**

## REGIONAL NEWS BRIEFS

### FALL PRESCRIBED BURNING PLANNED

#### *Special to the Mirror*

**DELTA**— The Grand Mesa, Uncompahgre and Gunnison National Forests are gearing up for fall prescribed burns. A total of 9 areas are planned to burn. Most of the prescribed burns will occur in mid to late September and through October, depending upon weather and appropriate ground and vegetation conditions.

Significant planning for these burns has occurred and one of the most important considerations is for safety of the firefighters and the public. Fire managers have developed detailed prescribed fire plans that dictate conditions, staffing and safety requirements.

These plans also provide for obtaining smoke permits from the State.

Most of the burns are designed to re-introduce fire into the ecosystem, reduce vegetation build-up/fuels, improve wildlife habitat and to improve rangelands. The burns will be ignited only if conditions are conducive to a safe, effective burn and within appropriate smoke dispersal parameters. Some of these prescribed fires may include aerial ignition.

The following prescribed burns are planned:

#### **Gunnison National Forest:**

**Myers Burn:** Lies about 30 miles south of Gunnison in the Cochetopa Park area. About 300 acres are planned to be burned.

**West Elk Burn:** Located about 14 miles west of Gunnison and 5 miles north of Blue Mesa Reservoir. About 600 acres will be burned.

#### **Uncompahgre National Forest:**

**Western Implementation Unit #5 Burn:**

Located about 7 miles southeast of Norwood, near the Goodenough Road (NFSR 516). This project will burn about 1,150 acres that was mechanically treated previously.

**Glencoe Pine Burn-Unit #2:** Located on the 25 Mesa Road (NFSR 503), approximately 13 miles northeast of Nucla. This project is designed to under-burn (remain on the ground and reduce vegetation) in ponderosa pine to improve stand resiliency and improve productivity. Approximately 500 acres are planned to burn. This burn lies within hunting unit #61.

**25 Mesa:** Located south of the 25 Mesa Guard Station off of the 25 Mesa Road (NFSR 503), and 16 miles southwest of Delta. Units are located on either side of the road and a third unit along private

land. This project will burn approximately 1400 acres of vegetation on both sides of the road.

**Dave Wood Road -Unit #8:** Located near the Dave Wood Road, approximately 15 miles southwest of Montrose. This prescribed burn is a re-entry to complete burning that was conducted last fall. Approximately 400 acres are planned to burn.

**Cottonwood:** Located on Dillard Mesa and Iron Spring Mesa, approximately 18 miles southwest of Delta. Two units are planned to burn, totaling about 2150 acres.

**Brushy Ridge:** Located off the North Fork Pack Trail near the North Fork of the Escalante, approximately 35 miles southeast of Grand Junction (26 miles west of Delta). This will be a multi-year project. Approximately 412 acres are planned to burn this fall.

**Rocky Pitch-Unit #2:** Located approximately 23 miles south of Grand Junction. The area is located near Gill Creek and approximately 3 miles south of Highway 141. Approximately 500 acres of this multiyear project are planned to burn this fall.



**DOWNTOWN**  
*Delta Fest*

Music – Food – Booths – Fun & Games!  
Sidewalk Sales and Local Business Specials!

June 9, 2016  
August 11, 2016  
September 8, 2016  
5:30 – Sun down  
Main Street, Delta, CO

Join us at our annual Downtown Deltafest for music and dancing, great food, fun & games, and a chance to meet local merchants! Come see what Delta is all about!

Although thru traffic on Main Street will be closed, cross traffic will be allowed on 2<sup>nd</sup> Street and 6<sup>th</sup> Street to accommodate the communities needs.

Vendors pick up an application at  
301 Main Street Delta, CO 81416  
Or on our website: [www.deltacolorado.org](http://www.deltacolorado.org) in the events tab

For questions please call the Delta Area Chamber of Commerce  
at 970-874-8616

**Reach the Mirror @  
970-275-0646 or online @  
[editor@montrosemirror.com](mailto:editor@montrosemirror.com)**



# Join the LEAD Program



The Leadership, Exploration and Development (LEAD) program is your one-of-a-kind opportunity

- Obtain a working knowledge of the healthcare needs of our community - and how MMH meets those needs
- Unique opportunity to get a behind-the-scenes look at medicine
- Insight into medical and technological advances through access to areas of the hospital not commonly available to the public
- Network with members of the medical community from a wide variety of specialties

Leadership  
Exploration  
Development  
Program

*The program meets once a month for two hours (7am-9am)  
for nine months beginning in September*

For more information,  
please contact Jenni Sopsic,  
MMH Director of Philanthropy,  
at (970) 252-2744



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## REGIONAL NEWS BRIEFS

### DELTA COUNTY MEMORIAL HOSPITAL OFFERS 3D MAMMOGRAPHY EXAMS, STATE'S FIRST 3D PRONE BREAST BIOPSY TABLE

#### *Special to the Mirror*

DELTA-3D mammography exams are now being offered at Delta County Memorial Hospital. By utilizing advanced 3D breast tomosynthesis technology, mammography exams are clinically proven to significantly increase the detection of invasive breast cancers, while simultaneously decreasing the number of women asked to return for additional testing.

*"This hospital is dedicated to providing the latest technology for highest quality care which now includes women's imaging services for 3D mammography exams, the first prone 3D breast biopsy table in the state of Colorado and only the fourth in the nation, and also the latest DEXA bone scanning equipment," stated CEO Jason Cleckler.*

In conventional 2D mammography, overlapping tissue is a leading reason why small breast cancers may be missed and normal tissue may appear abnormal, leading to unnecessary call backs. A 3D mammography exam can greatly reduce this tissue overlap effect.

During the tomosynthesis portion of the exam, an x-ray arm sweeps in a light arc over the breast, taking multiple images. A

computer then converts the images into a stack of thin layers, allowing the radiologist to review the breast tissue one layer at a time. A 3D exam requires no additional compression and each scan is completed within seconds.

The mammo equipment platform for the Genius 3D mammo exam is the Hologic Selenia Dimensions system. The new system is recommended for all breast tissue density types. This systems allows our radiologists to more effectively pinpoint size, shape and location of abnormalities. This leads to better detection and greater peace of mind for our patients. The American College of Radiology recommends annual screening mammograms for women starting at age 40.

Large clinical studies in the U.S. and Europe have demonstrated the positive benefits of a 3D mammography exam. The largest study to date on breast cancer screening is the Genius 3D mammo exam that was published in the June 25, 2014 issue of the Journal of American Medical Association (JAMA). Findings include:

- + A 41% increase in the detection of invasive breast cancers
- + A 29% increase in the detection of all

breast cancers

+ A 15% decrease in women recalled for additional imaging

#### 3D Prone Breast Biopsy Table

Delta County Memorial Hospital has the first 3D prone breast biopsy table in the State of Colorado and the fourth in the nation. With improved speed and efficiency, patients are more comfortable. There is superior performance using less procedure time with exceptional image quality and easy 360 degree access. This new 3D technology may help pinpoint subtle lesions and calcifications found during 2D and 3D mammography exams.

#### DXA Bone Density Scanning System

Patients experience greater comfort, faster exam times and low x-ray dose examinations. This latest technology for bone scans offers crisp, clear resolution images to assess bone mineral density.

To schedule a 3D Mammography exam or bone density scan, please call Delta County Memorial Hospital Medical Imaging at 874-2214.

For additional details on 3D Mammography exams please call Rochelle Somers, Lead Mammography Technologist at 874-6036.



## REGIONAL NEWS BRIEFS

### KIDS (KEEP IMPROVING DISTRICT SCHOOLS) CAMPAIGN RECEIVES FINANCIAL SUPPORT



#### *Special to the Mirror*

MONTROSE-Christina Files, right, chair of the KIDS committee, receives a \$2000 check from Sandy Head, board member of the Montrose Education Foundation, to support the campaign to pass Referendum 3A in November. "We are grateful to receive financial contributions and support to pass Referendum 3A to replace Columbine Middle School," said Files. "We have a grant that is paying for 37 percent of the construction cost, however, if we don't get the support to pass the referendum, the grant money is no longer available."

### CITY CREATES BILL PAY APP FOR iOS 8.0 USERS

#### *Special to the Mirror*

MONTROSE-The City of Montrose is pleased to announce that iOS users have a new way to pay utility bills using the Xpress Bill Pay app. The app is another example of city efforts to simplify processes and remain at the forefront of technological innovation, making it easier and faster to engage with your local government.

The Xpress Bill Pay app allows users to pay utility bills in real time; pay with a credit card or checking account; sign-up for paperless billing; enroll in auto-pay to avoid missing payments; update payment information; view billing and payment history; and receive up-to-the-minute account alerts. Many of the same powerful features found on the website are available through the mobile app. The app is available for iPhone, iPad, or iPod touch from the Apple App store and requires iOS 8.0 or later.

Android services are expected to be released in early 2017. Alternative modes of payment, including by check, in person, through the U.S. Postal Service, or online (at [Xpressbillpay.com](http://Xpressbillpay.com)) remain available to users.

## Cup of Joe for letting us know



### We're listening. Your feedback can make us better.

Every so often it's important that we check in with those we serve and ask for their feedback - this is one of those times.

Our staff, physicians and Board of Directors at Montrose Memorial Hospital invite you to take a 5-minute survey before Wednesday, August 31 to let us know how we are doing, and more importantly, how we can better serve you into the future. Expressing your thoughts and ideas feels good; and we look forward to hearing what you have to say. Thank you for helping us improve healthcare in our community.

As a thank you for taking the survey, print a coupon for a free small specialty coffee from the Lobby Grille Barista Counter.



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[MontroseHospital.com](http://MontroseHospital.com)



# **A MUSICAL TRIBUTE TO THE 1930's CIVILIAN CONSERVATION CORPS**

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Presents:  
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**Friday September 9th**  
**Lunch @ 12:00**

**Montrose  
Senior Center**  
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**\$5 Lunch**  
**ENTERTAINMENT**  
RESERVATIONS REQUIRED 252-7797



# UNITED STATES NEWS BRIEFS

## ADMINISTRATION LAUNCHES SECOND YEAR OF EVERY KID IN A PARK PASS

*Special to the Mirror*

WASHINGTON – The Obama Administration has launched the second year of the Every Kid in a Park program, which gives fourth graders and their families free access to federal lands and waters nationwide for a full year. [Watch a video with highlights from Every Kid in a Park from last year.](#)

Fourth graders can visit the [Every Kid in a Park website](#) to obtain a free pass that provides access to federally managed lands and waters – including national parks, forests, wildlife refuges and marine sanctuaries. The pass – which features a new design for this year's students – is valid from Sept. 1, 2016 through August 31, 2017 and grants free entry for fourth graders and up to three accompanying adults (or an entire non-commercial vehicle for drive-in parks) at more than 2,000 sites across the country.

"Over the past year, we have been able to introduce fourth graders and their families from all over the country to America's incredible national parks and public lands through the Every Kid in a Park initiative," said Christy Goldfuss, Managing Director

at the White House Council on Environmental Quality. "As we continue to build the next generation of outdoor stewards, we want to ensure that the pass inspires every American – kids, parents, students, teachers and more – to experience the incredible natural resources and historic sites that our country has to offer."

The Every Kid in a Park program continues this year as a call to action for all children to experience America's spectacular outdoors, rich history and culture. Today, more than 80 percent of American families live in urban areas, and many lack easy access to outdoor spaces. Fourth graders can log onto the Every Kid website at [www.everykidinapark.gov](http://www.everykidinapark.gov) and complete a fun educational activity in order to obtain and print their pass. Students can also trade in their paper pass for a more durable pass at participating federal sites nationwide.

Visitors to the expanded website will find several new features this year. Educators and community leaders can access educational activities, field trip options, information and tools in English and Spanish, and have the ability to print passes for

their classrooms. Parents can find additional links to plan trips to nearby public lands.

The website also contains a toolkit with resources for planning field trips, along with an extended list of public lands and waters to consider for field trips.

The Every Kid in a Park program will continue each year with the new class of fourth graders.

After 12 years, every school-age child in America will have had an opportunity to visit their public lands and waters for free, inspiring the next generation to be stewards of our nation's shared natural and cultural heritage.

The Every Kid in a Park program is an Administration-wide effort between the Department of the Interior, the Department of Agriculture, the Department of the Army, the National Oceanic and Atmospheric Administration and the Department of Education.

For more information, please visit [www.everykidinapark.gov](http://www.everykidinapark.gov) and follow the program on [Twitter](#), [@everykidinapark](#), [Facebook](#), [Instagram](#) and [YouTube](#).

## PAPER NEWS SOURCES STILL HAVE THEIR USES...

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## REGIONAL NEWS BRIEFS

### COLORADO PARKS AND WILDLIFE COMMISSION MEETS IN CREEDE, SEPT. 8



#### Special to the Mirror

DENVER - The Colorado Parks and Wildlife Commission meets at Ruth Humphreys Brown Theatre, 120 S. Main Street, Creede, Colo., Sept. 8. The meeting is slated to begin at 8 a.m. Thursday, and is scheduled to adjourn at 5:30 p.m.

Commissioners will receive briefings on a variety of issues, including: updates from CPW Director Bob Broscheid and the Departments of Agriculture and Natural Resources.

Informational updates to the Commission include the following topics: CPW law en-

forcement branch, Great Outdoors Colorado (GOCO), the Colorado Wildlife Council, Aquatic Nuisance Species (ANS) funding and the 2016-2026 Trails Strategic Plan.

In addition, the Commission will consider a Citizen Petition for Rulemaking related to Furbearers and small-game regarding bullet-weight restrictions for fall turkey season.

The Commission will also consider final regulations including, but not limited to, establishing park-specific regulations to allow limited waterfowl hunting on two sections of the James M Robb—Colorado

River State Park. A complete agenda can be found at: [http://cpw.state.co.us/Documents/Commission/2016/Sept/Sept\\_2016\\_Agenda.pdf](http://cpw.state.co.us/Documents/Commission/2016/Sept/Sept_2016_Agenda.pdf).

The Commission meets regularly and travels to communities around the state to facilitate public participation in its processes. The next commission meeting is scheduled for November in Lamar. Other meetings slated for 2016 will be held in December (Fort Collins).

Anyone can listen to commission meetings through the Colorado Parks and Wildlife [website](http://cpw.state.co.us/aboutus/Pages/Commission.aspx). This opportunity keeps constituents informed about the development of regulations and how the commission works with Parks and Wildlife staff to manage the parks, wildlife and outdoor recreation programs administered by the agency. Find out more at <http://cpw.state.co.us/aboutus/Pages/Commission.aspx>. Colorado Parks and Wildlife's mission is to perpetuate the wildlife resources of the state, provide a quality state parks system, and to provide enjoyable and sustainable outdoor recreation opportunities that educate and inspire current and future generations to serve as active stewards of Colorado's natural resources.

Learn more at [cpw.state.co.us](http://cpw.state.co.us).



*Struggling to care for a loved one with dementia or Alzheimer's?*

#### Dementia Care – Validation Support Group Meets the 2nd Thursday of every month 2:00 – 3:00 pm

**Bring your loved one and activities will be provided while we meet.**

Our group is open to anyone wanting to learn more about dementia or Alzheimer's disease, caregivers taking care of a loved one at home, or friends and family members who want to lend extra help from time to time.

#### Valley Manor Care Center Memory Care Community

1401 South Cascade Ave., Montrose

Led by Brandi Garcia  
Certified Dementia Care Validation Instructor  
**970-249-9634 or 970-275-6115**

Email: [bgarcia@voa.org](mailto:bgarcia@voa.org)





# Tri-River Area 4-H Presents

Montrose, Dundy, Delta & Mesa Counties



## 2016 TRA 4-H Golf Tournament

**September 17th, 2016**

**Devil's Thumb Golf Course**

**10:00 am Shotgun Start 4-Person Team  
18 Hole- Scramble Format**

*Proceeds to benefit local 4-H programs*

\$50 for Adults and \$40 for Youth (8-18)

Includes: 18 holes, cart, sleeve of balls, contests, and lunch!

To be a sponsor or to register a team visit [www.tra4h.org](http://www.tra4h.org) or

call: 970-244-1834 / 970-249-3935 /  
970-874-2195





# HEALTH + WELLNESS = WEALTH!

By Michele Gad

September is Healthy Aging Month, a complex subject to address in less than 600 words, so I decided to contemplate the subject for a few days before starting to compile my thoughts and research. Giving myself some time to ruminate on this topic would also give me more time to tend my garden... tend to my clients... tend to my houseguest... tend to all of the activities of daily living like (cleaning, cooking, shopping, etc.)... and suddenly in the midst of all of that "tending" I had an epiphany that part of healthy aging means living like a human being, not a human doing; a theory I often discuss with my clients while reminding them to SLOOOOOOOOW DOWN and allow their brains to process at an appropriate speed so they don't experience neuro distress but rather can maintain a healthy brain and form new neural connections.

I took my own advice, slowed down and determined that rather than presenting you with every detail and statistic about Healthy Aging Month, we would briefly examine why allowing long to-do lists and commitments to run our lives may be hazardous to our health both short and long term.

Trying to function at the speed of light which ultimately stresses out our brain is

counterproductive. Good news-- we can retrain our overactive, multi tasking, busy brains to function more efficiently and effectively with minimal stress. We can't avoid all stress, nor would we want to. A little stress is actually a good thing as it temporarily boosts motivation and concentration, plus it keeps life interesting.

A little stress is one thing, but living life in the fast lane creates stress in your brain which causes the production of cortisol which has been shown to damage and kill cells in the hippocampus (the brain area responsible for your episodic memory). There is robust evidence that chronic stress causes premature brain aging.

Without cortisol you would die, but too much of it is not a good thing either. It has been called "public enemy #1," and can leave you feeling exhausted and wired but tired. Weight gain, mood swings, osteoporosis, digestive problems, hormone imbalances, cancer, heart disease, diabetes poor sleep, short attention span, and memory issues are common signs of stress due to elevated cortisol. Some of these brain-related stress symptoms will be obvious to you, like memory problems, anxiety, and worry. But most of these effects of stress on your brain are "behind the scenes." You don't notice they're happening but you will notice the side effects

... eventually.

Here are some tips to counteract potential damage to your brain from too much stress and public enemy #1. (For more details on any of the following visit [www.bebrainfit.com/stress-management-techniques](http://www.bebrainfit.com/stress-management-techniques)).

- Diaphragmatic Breath
- Meditation and Mindful Meditation
- Yoga
- Guided Imagery
- Self Hypnosis & Autogenic Training
- Personal Biofeedback
- Progressive Muscle Relaxation
- Tapping (A form of acupressure)
- Aromatherapy
- Hobbies and Pastimes
- Nature and Pets
- Gratitude
- Green Tea (instead of coffee or other highly-caffeinated drinks)

If all of that sounds too challenging or complicated, consider fewer commitments and shorter to do lists.

Questions, comments or suggestions? Feel free to contact me at michel-egad.fame@aol.com.

**Michele Gad is a Certified DelGiacco Neuro Art Therapist and runs a small business, Focus, Attention, Memory Exercises ( F.A.M.E.)**

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ISSUE 61 SEPT. 5, 2016

## ART &amp; SOL

**VENDORS, SHOPPERS LOOK FORWARD TO BASEMENT BOUTIQUE CRAFT SHOW!**

**Dale Carter, above, is a retired chiropractor who now markets his home grown and home made jams, jellies, and spun honey. Carter, who has an orchard on Spring Creek, will be at the Basement Boutique Craft Show Nov. 25-26. Mirror File Photo.**

*By Caitlin Switzer*

MONTROSE-Smart shoppers know that for some of the region's best Holiday shopping and incomparable selection, the Basement Boutique Craft Show, scheduled

for Nov. 25-26 at the Montrose Pavilion, is a don't-miss annual event. What you may not know is that vendors look forward to it as well.

Dale Carter has been bringing products

to the Basement Boutique Craft Show for many years—beginning with his wood carvings, and expanding to a full line of jams and jellies.

A retired chiropractor, Carter now operates a thriving small business, selling at shows in Arizona as well over the Winter months.

"I love talking to people," Carter said. "And I have a little orchard off of Spring Creek where I grow most of my own fruits and berries."

He also cooks all of his own jams and jellies, Carter said. As a woodworker, Carter is known for his birdhouses. And as an entrepreneur, he has found a serious niche not only for his delicious fruit jams and jellies, but for an old Dutch recipe shared by a friend.

"I make spun honey," Carter said. "The story is, I had asked a friend at church for a recipe for tomato jam. She brought me the recipe, and she also brought me an old recipe for spun honey."

Spun honey, which is made from fresh honey, butter and whipping cream, is now Carter's top seller, followed closely by his fresh peach salsa.

"Peaches are so abundant here," he said, "and everybody wants something peachy."



## COMMUNITY NEWS BRIEFS: ARTS & CULTURE

### KAFM RADIO ROOM WELCOMES BERNARDUS SEPT. 29!

*Special to Art & Sol*

GRAND JUNCTION: The KAFM RADIO ROOM Proudly Presents...Bernardus on Sept. 29, 2016 @ 7:30.

An old, rusty bunkhouse. Northern Nebraska in January. Five musicians, no heat, a small PA, big ideas. Three days later, Bernardus was formed. An idea that had been in the mind of lead singer and songwriter Ben Kramer has finally become a reality. Hailing from Lincoln, Nebraska and blessed with a unique name, Bernardus has all the making of an up and coming prodigious band.

Bernardus' ambient folk rock sound, uniquely paired with lead singer Ben Kramer's singer/songwriter style of lyrics, brings a tone that is best described as alternative Americana through a modern pop lens. Together as a five-piece, the band recently released their first album; a self titled EP containing 5 songs. The Lin-

coln Journal Star calls it, "Impressive, from the songs to the performance and the production, establishing Bernardus as one of the best new outfits on the Lincoln scene." Bernardus will embark on a seven week duo tour starting Sept. 28, 2016. The duo will be playing mostly original and some cover music for a wide variety of venues in many different states.

Tickets are \$18 in advance and \$20 at the door and may be purchased by calling (970) 241-8801, Ext. 0 or online at [www.kafmradio.org](http://www.kafmradio.org). The Radio Room is located at 1310 Ute Avenue, Grand Junction, CO 81501. Doors open at 7 p.m. Radio Room Concert Series Radio Room concert series are held in the KAFM Radio Room, located at 1310 Ute Avenue, Grand Junction, CO. The Radio Room is a live music venue in an intimate environment, with only 75 seats and great acoustics. KAFM Community Radio is a public

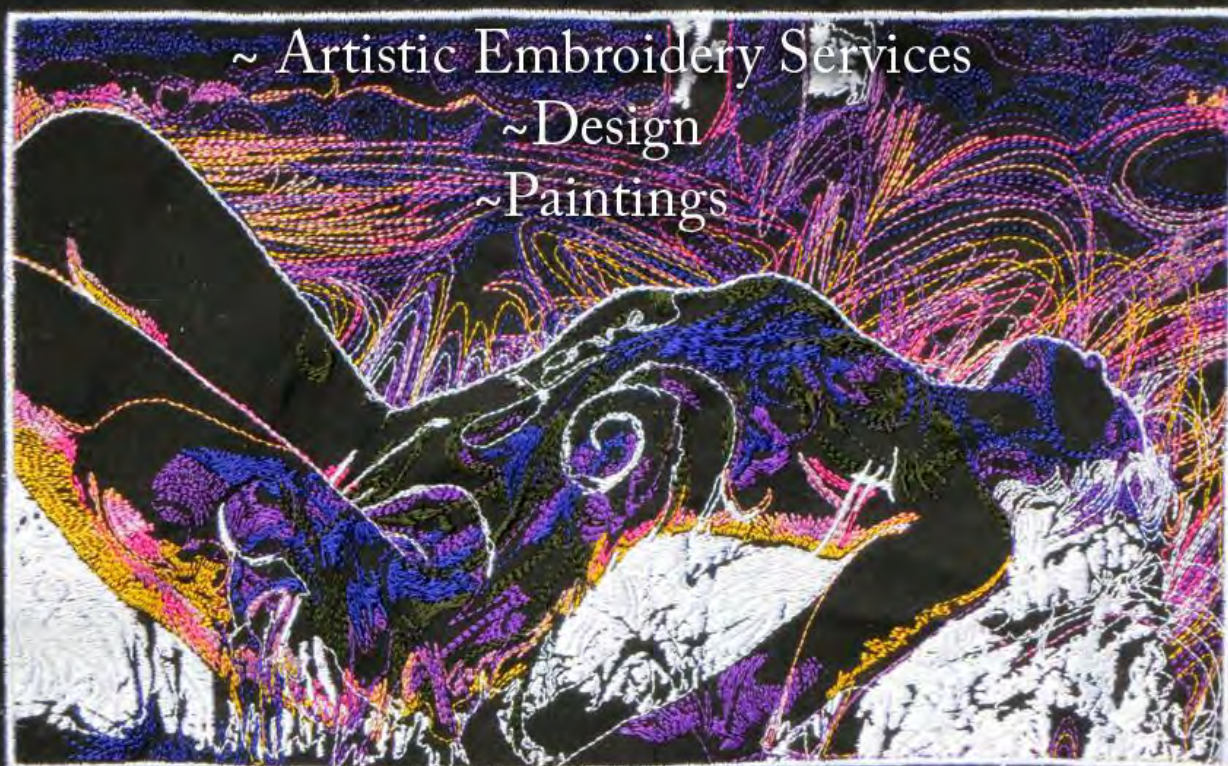


**Bernardus will play the KAFM Radio Room Sept. 29. Courtesy photo.**

access radio station serving Mesa County in Western Colorado. KAFM has been on-air since 1999 and is programmed by a passionate staff of more than 150 volunteers.

## Art by Jeremy Robinson

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*Concert Pianist*

# Kara Huber



Saturday, Sept. 10

7:30 p.m.

Wright Opera House, Ouray

Tickets, \$25

[www.ocpag.org](http://www.ocpag.org)

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## REGIONAL NEWS BRIEFS

### TOAST SUCCESS WITH ELEVATE IPA AT MONTROSE OKTOBERFEST!

#### Special to the Mirror

MONTROSE-Raise your glass in a toast to Elevate Fiber, powered by DMEA, at the annual Montrose Oktoberfest. Elevate, in partnership with Revolution Brewing of Paonia, Colo., will tap their Elevate IPA – a special batch black IPA – at the event on Oct. 1. Elevate Fiber representatives will be on hand to help pour samples of the new beer and answer questions.

“Elevate is a true representation of the cooperative spirit. Our communities were being denied what we all consider to be a current day necessity: fast and reliable internet. Elevate is the grassroots local solution that will provide the fastest internet speeds available on the most reliable network. We are excited to partner with the Rev to celebrate this fact – a home-grown beer to toast a homegrown service,” said DMEA CEO, Jasen Bronec.

About the beer: Elevate IPA is a black IPA, a robust and not-so-pale ale with multiple dark malts that produce a rich flavor. It has a crisp and floral finish due to copious amounts of Nugget and Chinook hops grown in the North Fork Valley at Highwire Hops Farm.

“The future is coming to the valley, and we warmly embrace it - for ourselves and for our kids. We’re psyched to brew for DMEA to promote the infusion of broadband into Paonia and the North Fork, and we believe it can only bode well for the life of the valley,” said Mike King, founder of Revolution Brewing.

About the event: The Montrose Oktoberfest will be held on October 1, 2016, in Downtown Montrose from 1-6 p.m. at Centennial Plaza. Admission is \$25 at the gate or \$20 online in advance. The event will feature more than 20 Colorado craft breweries, live music, and food. Tickets can be purchased at [www.montrosebeerfest.com](http://www.montrosebeerfest.com) or at the

gate.

“We’re looking forward to debuting the Elevate IPA in Montrose for its first public tasting. We’re also looking forward to showing our Montrose members just what Elevate Fiber can mean to this community. Not only with Elevate provide internet speeds you can’t get anywhere else, we are truly a local partner in the community – we live here, we play here, and we’re committed to sustaining the future of our valley,” said Bronec.

Visit [join.elevatefiber.com](http://join.elevatefiber.com) to learn more about Elevate’s offerings and to preregister. All neighborhoods within DMEA’s service territory are up for preregistration, even if a goal is not listed on the website. Construction will begin in the next community that shows the most interest. Preregistering now will help determine the construction plan and guarantee an installation fee of just \$100, which includes a WiFi router.

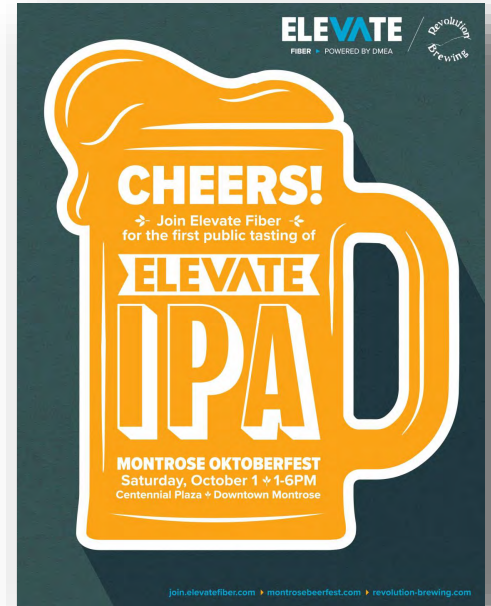
Other upcoming Elevate events:  
Elevate Open House: Sept. 15, 2016 from 5:30-7:30 p.m. at Cobble Creek Clubhouse, Montrose.

The Forum at Heidi’s: Sept. 21, 2016 from 8-9 a.m. at Heidi’s Brooklyn Deli, Montrose.

DMEA Member Forum: Sept. 28 from 6:30-8:30 p.m. at 4B’s Brewery, Cedaredge.

DMEA Member Forum: Sept. 29, 2016 from 6:30-8:30 p.m. at 2 Rascals Brewery, Montrose.

About Revolution Brewery: Mike and Gretchen King founded Revolution Brewing in Paonia, CO in 2008. Since then, the brewery has expanded exponentially and is now proud to announce its conversion to a 100 percent community-owned and operated brewery. It is a cornerstone business that exemplifies the progress and future sustainability of the town of Paonia. Revolution Brewing is and will



always be proud to represent and serve the communities of the North Fork Valley. DMEA is proud to energize and serve more than 27,000 members in Montrose, Delta, and Gunnison counties. They are the not-for-profit electric utility—where members come first. Elevate Fiber is powered by DMEA and is not possible without member support.

DMEA is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html) or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W. Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov).

## COLORADO NEWS BRIEFS: ARTS & CULTURE

### PROJECT LEARNING TREE CELEBRATES 40TH ANNIVERSARY IN COLORADO

#### *Special to Art & Sol*

**GOLDEN** – This year, Project Learning Tree® (PLT) – an award-winning program of the American Forest Foundation that applies the forest as “a window on the world” to educate PreK-12 and environmental educators – is celebrating its 40th anniversary. In Colorado, which was one of the first 10 states to initially adopt PLT, this celebration will be formally recognized with a one-day workshop on Sept. 17 at the Lone Star School in Otis, Colo., in the same location as the first Colorado PLT workshop in 1976.

Teachers and other educators are invited to come celebrate the program at the place where PLT began in Colorado, and learn what has and hasn't changed over the years. There participants will sample the program's multi-disciplinary, hands-on activities to promote academic excellence

across the curriculum. A minimal \$7 registration fee, in honor of 1976 pricing, includes activity guides for different grade levels, lunch and additional resources. Teachers can also receive continuing education credit.

PLT engages the next generation by providing their educators with peer-reviewed, award-winning environmental education curriculum resources designed to be integrated into lesson plans for all grades and subject areas. Today, educators in every U.S. state and countries around the world use PLT elementary and secondary education materials, and the program has now trained more than 675,000 educators through in-person workshops.

“Teachers who benefit from PLT can help students become empowered to make informed decisions regarding natural re-



*Project Learning Tree is 40. Courtesy photo.*

sources, work collaboratively, think critically, and make a difference in their homes, schools, and communities,” Crocker said.

The deadline for educators to register is Sept. 10. For more details, contact Crocker at 303-278-8822; registration information is also available at [www.coloradopl.org](http://www.coloradopl.org).

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## REGIONAL NEWS BRIEFS

### **GABRIELLE LOUISE CD RELEASE CELEBRATION CONCERT @ THE PARADISE THEATER IN PAONIA OCT. 8**



*Special to Art & Sol*  
Gabrielle Louise CD Release Celebration  
Concert at The Paradise Theater. With  
Greg Schochet supporting on electric gui-

tar and mandolin! Saturday, Oct. 8th, Doors 7, Concert: 7:30 p.m. 215 Grand Ave, Paonia, CO 81428. Tickets \$15 in advance, \$20 at the door Tickets available online at <http://paradiseofpaonia.brownpapertickets.com> and in person at The Cirque, Back Country Bistro, and The Paradise Theater, Paonia.

Colorado-based singer-songwriter, Gabrielle Louise is a nationally touring troubadour noted for her poignant lyrics and lush voice. The daughter of two vagabond musicians, she inherited a predisposition to wanderlust and song. Her musical voice has been described as "anchored deeply in folk and Americana, but drawn to rich harmonies and melodic adventurism." Her sound has the earthy feel of early Joni Mitchell while also veering into the spirit-

ed delivery of fellow genre-hopping artist Eva Cassidy. Louise studied at Michigan's prestigious Interlochen Center for the Arts, and soon after earned her degree in songwriting at Berklee College of Music in Boston, at which time she also began touring as a solo artist. She has rarely been off the road since and has released a handful of acclaimed independent albums, including *The Bird in My Chest* (2013) and this fall's *If the Static Clears*, for which this concert is a CD release celebration. Louise has shared stages over the past decade with such iconic performers as Richie Havens, Guy Clark and Eliza Gilkyson. For this special evening, multi-instrumentalist Greg Schochet of Boulder, Colorado will support Gabrielle on electric guitar and mandolin.

# COMMUNITY NEWS BRIEFS: ARTS & CULTURE

## WEEHAWKEN DANCE BEGINS FALL SEMESTER THE WEEK OF SEPT. 12

REGIONAL-Weehawken Creative Arts' dance program, Weehawken Dance, enters its ninth year this fall. For nearly a decade, the non-profit program has served the region with high-quality dance education which culminates in spectacular performance for families and the public at each semester's end. The 2016 Fall dance session will run for twelve weeks beginning the week of Sept. 12th and ends with a performance of "The Polar Express" on Dec. 16th and 17th at the Montrose Pavilion. Parents and audience members alike will thoroughly enjoy watching this Christmas production with choreography showcasing our dancers and what they have learned in class throughout the semester.

Weehawken Dance currently has classrooms in Ridgway, Ouray and Montrose and also offers a program each spring in Silverton. Artistic Director, Natasha Pyeatte said, "Through a comfortable and healthy learning environment, our program continues to support the whole dancer, physically and emotionally, as they achieve their goals and accomplish success. We are committed to enriching our community as we create dancers of all kinds. We believe that art and creativity is a driving force within all people that can

help them become a better person. Through dance, students will learn grace, success, and confidence that will be shown in other aspects of their lives."

The schedule offers a wide variety of styles, ages and locations. Pyeatte added, "Classes are offered in Aerial, Ballet, Jazz, Tap, Hip Hop, Poms and more, and we have an incredible line-up of teachers in Ridgway, Ouray and Montrose! We have been running a campaign on Facebook that shares more about each of our amazing instructors and their philosophies that really gives you a taste of how incredible and passionate each of our teachers are."

All students must enroll either prior to the program beginning, or at the first class in person. Enrollments are not accepted after the third week (September 26-30) of the session unless special approval is granted by the Artistic Director. Those who are new to Weehawken Dance and want to explore more what the program is about are encouraged to attend an open house in Montrose on Saturday, Sept. 10th from 4-6 pm at Weehawken Montrose (310 S. 9th Street, behind Budget Blinds). This afternoon offers information as well as an opportunity to meet the teachers and staff. Further, any student

who is new to the program is welcome to try a class for free the first week (though a registration form must be completed by a parent or guardian before participating).

The pricing for the Weehawken Dance program ranges from \$70 for a 30 minute class (for the 12 week semester) to \$265 for a 2 hour class (for the 12 week semester). The most-common price point is for a 45 minute to one-hour class, which runs at \$162 (for the semester). Additionally, ALL students are invited and presumed to participate in the end-of-semester public performance of "The Polar Express". For this performance experience, there is an additional \$28 fee (which includes costume rental) per class. There is also a discount for any students/families enrolling in 3+ classes. Students wishing to skip the performances are welcome to opt-out, but must notify the program by week three that they do not intend to participate in the show. More details and online registration can be found

at [www.weehawkenarts.org](http://www.weehawkenarts.org) or on Weehawken's facebook pages including: [facebook.com/weehawkenarts](https://www.facebook.com/weehawkenarts) or [facebook.com/weehawkendance](https://www.facebook.com/weehawkendance). Information is also available by calling 970.318.0150.



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**Friday, September 9th - Turn of the Century Saloon**  
6:00 PM

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BBQ Dinner, Live Auction & Performance  
To Benefit the Semper Fi Fund  
Advance Tickets Required

**SEPTEMBER 9, 10 & 11, 2016**

*Montrose, CO*

**Saturday, September 10th - Montrose County Fairgrounds**

7:30 AM - 10:30 AM

FFA Pancake Breakfast - Cattlewomen's Pavilion

9:00 AM - 3:00 PM

FFA Tack Swap & Sale - Sale Barn

9:00 AM - 2:00 PM

Working Draft Horse Competition - Main Arena

3:00 PM - 8:30 PM

Mountain States Ranch Rodeo Finals - Main Arena

**Saturday, September 10th - Downtown Montrose**

10:30 AM

MSRR Celebration Parade

12:00 PM

Live Music / Beer Gardens / Kid Activities / Ute Indian Demonstrations

8:00 PM

Street Dance with The Matt Skinner Band

**Sunday, September 11th - Montrose County Fairgrounds**

9:00 AM - 11:00 AM

Cowboy Church by Circle 3 Fellowship - Arena Pavilion

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# COMMUNITY NEWS BRIEFS: ARTS & CULTURE!

## FENCING CLASSES WITH FENCING CHAMPION JOHN KISSINGFORD!

*Special to the Mirror*

MONTROSE-Every so often an opportunity comes around with an expert instructor who teaches and creates a program rivaling any of its kind from any large city. This is the case with John Kissingford's Fencing Classes. The fencing class is taught exclusively in Ouray at the Ouray Community Center on Wednesdays and Fall Session 1 begins Sept. 14 and runs until Nov. 16. Registration is open and required.

There are several classes taking place during the same time. There is an Introduction to Fencing for students ages 10 to 18 and then an Introduction you Fencing for Adults. These two classes take place from 6 pm to 7 pm for \$80.

John Kissingford has fenced for more than thirty years. He studied with Maitre Michel Sebastiani, a French Olympian and US Olympic coach, for four years at Princeton University, where he was team captain. He has taught fencing over the years at Harvard University, Mesa State College,

Denver Fencing Center, and various other clubs. Currently, he is ranked second in the country in Veteran (over 40) foil, and 8th in Vet-40 epee. In his spare time, he teaches English at Ouray High School.

Introductory Fencing: Swordplay! Learn the rudiments of foil footwork, bladework, and strategy, as well as the rules of the game. By week four, you will be able referee each other in bouts, and at the end of the session you will compete in a class tournament. Enroll in the Introductory Fencing class, 6-7 pm Wednesdays, Sept. 14 – Nov. 16 (no class October 12).

NINE SESSIONS! Age 10 and up and Adults. SPECIAL \$80! (next session Nov. 30 – Feb. 1 (no class Dec. 28 or Jan. 4). Location: Ouray Community Center  
[https://apm.activecommunities.com/weehawkenarts/Activity\\_Search/2028](https://apm.activecommunities.com/weehawkenarts/Activity_Search/2028)

Experience Fencing for students ages 10 to 18 and Experience Fencing for Adults takes place from 6 pm to 8 pm for \$70.

Experienced Fencers: Students build on

what they have learned to become ever more skilled.

Every class ends with free fencing, either in foil or epee. Students may choose to become "Competitive" members of the USFA, and compete in tournaments in Denver and beyond. Enroll in the Experienced Fencers class, 6-8 pm Wednesdays, September 14 – November 16 (no class October 12).

NINE SESSIONS! Age 10 and up. SPECIAL \$70! (next session November 30 – February 1 (no class December 28 or January 4).

[https://apm.activecommunities.com/weehawkenarts/Activity\\_Search/2030](https://apm.activecommunities.com/weehawkenarts/Activity_Search/2030)

For more information and to register visit Weehawken Creative Arts at [www.weehawkenarts.org](http://www.weehawkenarts.org) or call Weehawken at 970-318-0150.



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## COLORADO NEWS BRIEFS: ARTS & CULTURE!

### WOLFE BREWING CO OF PAGOSA SPRINGS WINS PEOPLES' CHOICE AT SAN JUAN BREWFEST IN DURANGO AUG. 27!

*Special to the Mirror*

PAGOSA SPRINGS-Wolfe Brewing Company of Pagosa Springs, Colorado, took home the Peoples' Choice Award at the San Juan Brewfest in Durango on Saturday Aug. 27, 2016. They brought with them the Taxi Dog Amber Ale and the Alpha Wolfe Dry Hopped Pale Ale. The brewfest benefited the United Way of Southwest Colorado. "With 53 breweries pouring their wares we were truly taken aback upon winning this award" said Jack Wolfe the head brewer at the Wolfe.

Many of the breweries in attendance are celebrated nationwide. Some of them Ballast Point Brewing of San Diego, Samuel Adams of Boston, Firestone Walker of Paso Robles California, Goose Island of Chicago, Lagunitas Brewing Company of Petaluma California, New Belgian Brewery of Fort Collins and Sierra Nevada from Northern California

This is a wonderful accomplishment for

a small, relatively new Colorado brewery that represents Pagosa Springs and the Four Corners region. Wolfe Brewing Company has called Pagosa Springs home since opening in June of 2014, after relocating to the area from South Padre Island, TX.

"Jack and his assistant brewer Pat Baker have done a terrific job replicating and creating some fantastic brews," said owner and long-time Colorado brewer Don Wolfe. "My partner Mel Ocker and myself are truly blown away with this honor."

Don Wolfe has been brewing beer commercially since 1993, and for many of those years his longtime friend Pat Baker has assisted him. He was the owner and Brewmaster of Lone Wolfe Brewing Company in Carbondale, Co, while also

the Brewmaster for the Flying Dog Brewery in Aspen during its infancy. Today, Wolfe Brewing Company employs Don's son Jack Wolfe as

their Head Brewer. Don remains the Brewmaster and frequently finds himself creating locally inspired ales and lagers.

The Wolfe's are very proud to bring this award home to Pagosa Springs, and look forward to brewing beer for many more years, and hope to make many more friends along the way.

Wolfe Brewing Company is located off of Highway 160 in Pagosa Springs on Eagle Drive.



### BOW WOW FILM FEST IS HEADING YOUR WAY!

*Special to the Mirror*

REGIONAL-The Bow Wow Film Fest Tour is heading your way!

This FUNdraiser for Second Chance Humane Society is stopping to "Raise the woof" in: Ridgway on Friday Oct. 14th, 7 pm at the Sherbino Theater & Montrose on Sunday Oct. 16th, 6pm at the Turn of the Century. This is a family friendly short collection of films all for "The Love of Dog"!

Tickets are on-sale now \$12/Adults, \$8/kids - \$15/door & a movie preview at [www.bowwowfilmfest.com](http://www.bowwowfilmfest.com).

ALL proceeds benefit Second Chance Humane Society a 501(c)(3) animal organization serving the counties of Montrose, Ouray & San-Miguel.

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*An American Heroes Salute*

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VENDOR BOOTHS & FOOD  
FFA PANCAKE BREAKFAST  
& TACK SWAP





## NOTES FOR THE JOURNEY...

Exploring Classical Music With Rob Brethouwer

### DON'T BE A MILK TOAST: KNOW WHAT YOU LIKE, AND WHY

When you hear four to five people say the same thing about a topic, it is likely that the statement is a widely held belief. The statement is "all music should be appreciated." It is as if the person saying this wants to keep things calm and not rock the boat under any circumstances. They want to keep everybody happy and not cause anybody to doubt anything or to lose that fake little smile from their faces. If someone takes the time to actually think about it, they would likely come up with a very different answer.

Yes, music is something to appreciate, but not all forms or styles of music should be universally appreciated. We should be honest about what we hear, some things just sound like a cacophony of gibberish released from the dark corners of the universe. This is especially true when these sounds, these musical notes, are played poorly.

The distinction between appreciating music and liking all kinds of music needs to be clear, as the differences are vast. All music is made up of only twelve notes. Used in different ways, at different pitches, and placed into structures forming different rhythms, music will always only deal with these same twelve notes. That invites a great amount of appreciation and admiration. The wonder of what can be done with so few tools is simply amazing.

This is true appreciation and it should be noticed and cherished. Now, take two notes that make up a semitone. This is a half-step (C-C#, E-F, D-D#) and is the smallest interval in Western Music and is also the most dissonant to the ear. Using these two notes, a musician decides to make this semitone the focus of their new piece of music.

The semitone is pounded over and over for three minutes and is called a new composition. Is this art? Of course. Is it creative? Without question. Is this a sound that you want to make up a majority of your music diet? Absolutely not. Why? It sounds awful and is impossible to "like" over an extended period of time.

Here is the danger of being on the vanilla side of the spectrum and saying that you like all kinds of music. It leads others astray and may cause them to attend a performance of something that should have been avoided. "How was the concert?" "Oh, it was lovely, they did a nice job." SNORE. For the love of all that is sweet and precious on the planet, form an opinion, state your mind, back it up with



*Courtesy image Uberchord.*

examples, and stop being milk toast on topics that deserve a triple decker sandwich of a response.

It is perfectly acceptable to vocally and adamantly dislike some type of music. As a lover of classical music, chamber music, and opera, the stream of comments that are against this type of music is non-stop. This is just fine and should not bother the true fan on any level. The opera lover may say the very same thing about rap, hip-hop, and country. While we are at it Celtic music should be added to that list. From the seeds of dissent grow the trees of discussion and conversation.

Let it be known what you like and what you do not like and stand strong behind your opinions.



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by Ron Hutchinson

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Sunday Matinées - 2 PM

September 11 & 18

General Public Ticket Sales Begin Online August 26  
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Moonlight and Magnolias is presented by special arrangement with Dramatists Play Service, Inc., New York



THE 57TH SEASON

MAGIC CIRCLE PLAYERS 2016-2017

## COMMUNITY NEWS BRIEFS: ARTS & CULTURE

### LIBRARY PLANS USED BOOK SALE

*Special to the Mirror*

MONTROSE-The Friends of the Montrose Library will hold a used book sale Sunday, Sept. 18, through Tuesday, Sept. 20, in the Montrose Library Meeting Room. Hours are Sunday, noon to 5 p.m. (FOL members only noon to 2:30 p.m.; you may join at the sale); and Monday and Tuesday, 9 a.m. to 6 p.m. On Tuesday from 4 p.m. to 6 p.m., customers can fill a reusable bag with books for \$4. Information, 303-898-8487.

### CSU TRI-RIVER AREA EXTENSION OFFERS CANNING CLASSES AT HEDDLES REC CENTER

*Special to the Mirror*

DELTA-Colorado State University Tri-River Area Extension invites you to join us for upcoming canning classes. Meats and Salsa class is Sept. 14<sup>th</sup>, located at Bill Heddles Rec. Center, from 8:30 a.m. to Noon. Pre-register by Sept. 9<sup>th</sup> is required. \$30 pp which includes all class supplies as well as samples and print materials to take home. Pickles and Salsa class is being held September 22 at Ouray County Fairgrounds, from 8:30-12:00.

Pre-registration by Sept. 16<sup>th</sup> is required. It is \$25 pp which includes all the same benefits. For more information please contact CSU Family and Consumer Science Agent, Ann Duncan MS, RDN at 970-249-3935.

## OLD FASHIONED BARN DANCE AT SOUTH RIVER RANCH TO BENEFIT DOLPHIN HOUSE SEPT. 17

*Special to Art & Sol*

MONTROSE-The Dolphin House Child Advocacy Center is hosting an Old-Fashioned Barn Dance on Sept. 17 at the South River Ranch. Dust off your boots, grab your hat, and dance to the music of the Anders Brothers. Dinner will be provided by Rib City Grill. Doors open at 6 p.m.; dinner will be at 7 p.m. Tickets are \$75 for single, \$140 for couple. Please contact the Dolphin House to purchase tickets @ 970-240-8655.

# WAKE UP...

and smell the ~~coffee~~ **NEWS!**

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# WEEHAWKEN DANCE

## MONTROSE FALL 2016

Fall 2016 WCA Dance Schedule - MONTROSE  
(310 S. 9th Street, Montrose)  
970-318-0150 \* [www.weehawkenarts.org](http://www.weehawkenarts.org)

### Mondays

- 10 am-10:45 Pre-Ballet with Miss Leeann (ages 2.5-5)
- 3:45-4:30 Primary ballet Miss Leeann
- 4:30-5:30 Ballet 1/2 with Miss Wendy (ages 8-10)
- 5:30-6:30 Intermediate Hip-Hop with Miss Valerie (ages 8-11)
- 6:30-7:30 Advanced Hip Hop with Miss Valerie (ages 12 and up)

### Tuesdays

- 12pm-12:45 Intro to Tap and Jazz! With Miss Natasha (ages 2.5-5)
- 3:45-4:45 Wee/Jr CO with Miss Natasha (4-8th grade)
- 4:45-6:00 Sr. Co with Miss Natasha (grades 9-12, or w/ instructor approval)
- 6:00-8:00 Ballet 4/5 with Miss Natasha (w/ instructor approval)

### Wednesdays

- 2:45-3:30 Pre-Ballet with Miss Leeann
- 3:30-4:30 Poms/Cheer Funk with Miss Valerie (ages 9 and up)
- 4:30-6:00 Ballet 3/4 with Miss Caroline (ages 10+ w/ instructor approval)
- 6:00-8:00 Ballet 4/5 with Miss Caroline (w/ instructor approval)

### Thursdays

- 4:00-5:00 Wee little Hip Hop with Miss Leeann (ages 4-7)
- 5:00-5:45 Pre-Ballet with Miss Leeann (ages 2.5-5)

### Fridays

- 3:45-4:30 Primary ballet (ages 5-7) w/ Miss Natasha & Miss Leeann
- 4:30-5:30 Tap/jazz (ages 5-8) with Miss Natasha
- 5:30-6:30 Ballet 1/2 (ages 7.5 -9) with Miss Natasha
- 6:30-8:00 Ballet 3/4 (ages 10-14) with Miss Natasha
- 8:00-8:30 Pre-Pointe/Pointe (by approval) with Miss Natasha

Classes begin the week of September 12th and run for 12 weeks (no class Thanksgiving Week)

All students (unless opting-out by week 3) will perform in the end-of-the-semester performance of "The Polar Express" at the Montrose Pavilion on \*December 16 & 17 (\*pre-k students will perform in only one performance as the cast will be split).

### PRICING

Once-Annual Registration Fee: \$25

- 30 min class = \$70
- 45-60 min class = \$162 + \$28 show fee
- 75 min class = \$185 + \$28 show fee
- 2 hour class = \$265 + \$28 show fee

Ballet students must wear a uniform (levels primary +)

Additional Costs: tickets to performances are not included in tuition rates, though volunteer opportunities are available.

For students enrolling in 4+ classes during same registration, we offer 10% discount on all class tuition

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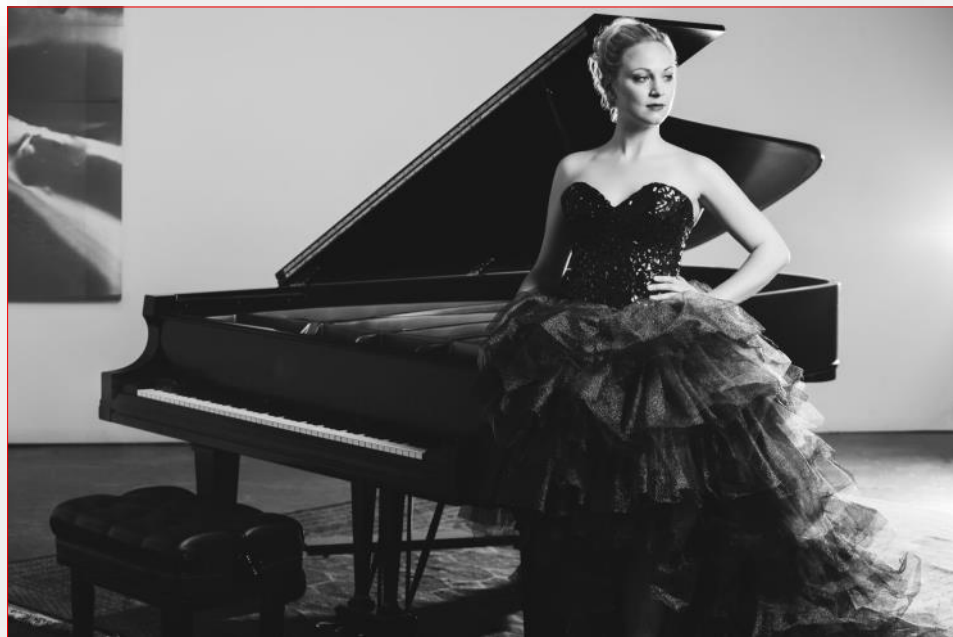
## REGIONAL NEWS BRIEFS

### OCPAG PRESENTS PIANIST KARA HUBER AT WRIGHT OPERA HOUSE

#### *Special to Art & Sol*

OURAY-Pianist Kara Huber is back by popular demand at the Wright Opera House for an encore solo piano concert on Saturday, Sept. 10, bringing the Ouray County Performing Arts Guild's inaugural Dave and Mary Wood Classical Concert Series to a spectacular conclusion as Huber performs a diverse program that has something for everyone. Not only will she be performing romantic favorites by Chopin and Rachmaninoff; she will also be tickling the ivories with her baseball mitt!

But first, in honor of the Imogene Pass Run, the grueling 17.1 mile mountain race from Ouray to Telluride over the 13,114 foot Imogene Pass (which also takes place on Sept. 10), Huber will perform "Put on Your Running Shoes" by composer Alexina Louie (b. 1949). Now in her late 20s, Huber began playing piano by ear at the age of five. She studied with legendary pianist John Perry, and earned an Artist Diploma degree (a PhD for performers) at the Glenn Gould School of the Royal Conservatory of Music in Toronto before recently



completing a creative music residency at The Banff Centre. Gaining an international reputation for her extraordinary prowess and flair for contemporary music, Huber has recorded with the ARC Ensemble for Chandos Records and performed in

CCM's Modern Music Ensemble. She works closely with living composers and has collaborated with Percussion Group Cincinnati. Huber has made numerous solo appearances at the Kennedy Center, the Piano Virtuoso Series at the Canadian Opera Company, Eastern Illinois University Guest Artist Series and the Rising Stars Piano Series in Southampton, N.Y. She was awarded the Audience Favorite Award in the World Piano Competition in Cincinnati, Ohio. This will be her third time to perform in Ouray. Showtime for Huber's Sept. 10 piano concert at the Wright Opera House is 7:30 p.m. Tickets, \$25 for adults and \$5 for students, are available at [ocpag.org](http://ocpag.org) or at the door. The Wright Opera House is located at 472 Main Street in Ouray. The Ouray County Performing Arts Guild brings Kara Huber to Ouray with generous support from Sue and David Conrad, the Western Colorado Community Foundation's Dave and Mary Wood Fund and the Telluride Foundation. The Ouray County Performing Arts Guild is a not-for-profit organization bringing quality events in music, dance, theater and other genres to Ouray and Ridgway. Its purpose is to sponsor presentations and performers of the highest caliber in the performing arts for the enjoyment of Ouray County's residents and visitors.

### AN EVENING OF JAZZ AT THE SKY BAR



### Yasuo Ishikawa on alto sax Friday, Sept. 16, 6-9 p.m.

Enjoy the sophisticated jazz stylings of alto saxophonist Yasuo Ishikawa while you dine at the Sky Bar above the Lotus Root restaurant in the Chipeta Solar Springs Resort & Spa, 304 S. Lena St., Ridgway.

Event info: [facebook.com/ResurrectionCD/](https://facebook.com/ResurrectionCD/)



Downtown Montrose Celebrating

MOUNTAIN STATES

# RANCH RODEO SERIES FINALS

An American Heroes Salute

Saturday, September 10

10:30 a.m. – 10:30 p.m.

## PARADE

- Starts @ 10:30 a.m. with the National Anthem
- Broadcasting live on 94 KIX (94.1 FM)
- Featuring Montrose County Fair Royalty, ROTC, Alumni from Semper Fi, & members of the Ute Indian tribe
- Flower Motors, Turner Automotive, Wollert Automotive, Big Country Trailers & Toppers, Montrose Implement & Motorsports, Black Dog Equipment Rentals

## EVENTS

- Bale-tossing contest
- Steer-roping contest
- Farrier exhibits
- Western boot making exhibits
- Cold Creek Training & Boarding Stables providing a Horsemanship clinic
- Live gun-fight & shoot-out
- Excavator competition provided by Black Dog Equipment
- Ute Indian Demonstrations
- Petting Zoo with docile long horns, donkeys, cows & goats

## LIVE MUSIC

- All day starting @ Noon
- Four bands

Featuring

**MATT SKINNER BAND**

@8:00 p.m. with a street dance

BEER, WINE  
& SPIRITS  
GARDEN

11:00 a.m. – 10:00 p.m.

FOOD VENDORS





# COMMUNITY NEWS BRIEFS: ARTS & CULTURE

## WRIGHT OPERA HOUSE RECEIVES STATE HISTORIC FUNDING FOR UPGRADES



*Ouray's historic Wright Opera House has received State Historic Funding to continue to improve and renovate; restoration of the entire front Façade of the building is included in this budget. The Wright's architect /designer, Kit Meckel, and historic preservation specialist, David Singer, are researching ways the many layers of paint can be removed from the unique Mesker decor without damaging it. Courtesy photo.*

### Special to Art & Sol

MONTROSE-Friends of the Wright Opera House received welcome news earlier this month, when they learned the State Historic Fund granted them \$198,700 toward the \$1,500,000 needed to upgrade and revitalize the Wright Opera House. The \$198,700 will address the fire safety issues along with foundation work and repointing and repairing the brick work on the outside of the building. Board President Nancy Nixon thanked Mick Graff, David Singer and Kit Meckel for the effort they put into the grant application.

The SHF grant along with a substantial grant from the Dave and Mary Wood Family Foundation through Western Colorado Community Foundation has given the Friends of the Wright a huge boost in their efforts to raise \$1.5 million by 2020. Donations and pledges from individuals re-

cently brought the total to over \$700,000. Dee Williams, fund raising committee member, enthusiastically thanked the many individuals who have jumped on the band wagon to be part of this exciting project.

Williams said, "we have been moving forward with the Wright since 2008, when a handful of us thought restoring this great old building and turning it back into a performance and event center would be a good idea. We have come so far with so much community support."

The plans for the upgrade and remodel are in four stages, so work can begin immediately. According to Mark Orgren, building chair, a redo of the Wright's electrical system will be one of the first items tackled.

The upgrades to the Wright will include ADA bathrooms on the ground floor and

expanded lobbies, upstairs and down that will lend themselves perfectly to social events and conventions. Renovations on the theater level will allow for dressing rooms, green rooms and a better facility for performers and audience members. Climate control will be one of the many welcome additions.

The restoration of the entire front Façade of the building is included in this budget; many historic aspects of it will be rehabilitated. The Wright's architect / designer, Kit Meckel, and historic preservation specialist, David Singer, are researching ways the many layers of paint can be removed from the unique Mesker decor without damaging it.

When the intricate details of the pressed metal are exposed and restored, the façade of the Wright will be absolutely beautiful.

**Thanks for reading the Montrose Mirror...**  
**Fresh News for Busy People!**  
**Find us online at [www.westslopemirror.com](http://www.westslopemirror.com)**  
**or visit us on Facebook.**



# COMMUNITY NEWS BRIEFS: ARTS & CULTURE

## SNEFFELS FIBER ARTS FESTIVAL RETURNS SEPT. 24-25

### *Special to Art & Sol*

OURAY-Ouray County Sneffels Fiber Art Festival 2016 Saturday Sept. 24th 9am to 5pm and Sunday Sept. 25th 11am to 3pm at the Ouray County 4H Center in Ridgway, Colorado.

This year's annual Sneffels Fiber Art Festival is sure to delight all who appreciate creating fiber art and wearable art from scratch.

This year's vendors will bring supplies to our area and handmade wearable cloths ready for you to try on and walk out with. This festival is for the shopper, crafter and artist.

A range of artists from last year and award winners from Ridgway Rendezvous Art and Craft Festival as well as some new artists will have booths at this indoor venue. Melry's Lunch Box will be serving farm fresh food during the hours of the festival as well.

Come delight in these new creations and bring your friends. This event is for the crafter and non crafter of all ages.

There will be animals outside of the festival who represent the fiber used in many of the products at the show. Come and pet the animals who grow the hair or fur used in fiber art.

For those who want to learn more about Fiber Art, classes are available to take throughout the festival in the upstairs room at the 4H center and pre-registration is required. Classes are filling up quickly so go to [www.weehawkenarts.org](http://www.weehawkenarts.org) look under



*Come and pet the animals who grow the hair or fur used in fiber art. Courtesy photo.*

the events tab and register. Saturday Sept. 24; 9:30am to 11 am Inkle Weaving with Rutheyi Zephyr \$70, Noon to 2 pm Needle Felting Purse with Monique Mullis from Felted Dog \$45, 2:30pm to 4:30 pm Double Knitting with Linda Borof \$45, Sunday September 25; 9:30 am to 11 am Inkle Weaving with Rutheyi Zephyr \$70, Noon to 2 pm specific class to be announced \$45. All of these classes have limited sizes so sign up now to hold your spot!

If you have always wanted to learn Basic Knitting the FREE Demonstrations are for you! Just come with knitting needles and yarn or purchase a kit from us.

Saturday Sept. 24; 10 am to Noon Basic Knitting FREE, Noon to 1 pm Needle Felting Flower FREE, 1 pm to 2 pm Basic Knitting FREE.

Sunday September 25; 11 am to Noon Basic Knitting FREE, Noon to 1 pm Needle Felting Brooch Pin FREE.

This family friendly festival will have kids actives and crafts, free demonstrations, farm fresh foodcart, Fiber Art supply vendors, Fiber Art Wearable cloths and accessories including scarves, hats, purses, jewelry and more. Come celebrate all things Fiber Art has to offer.

For more information and to register visit Weehawken Creative Arts at [www.weehawkenarts.org](http://www.weehawkenarts.org) or call Weehawken at [970-318-0150](tel:970-318-0150).



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**[WWW.FACEBOOK.COM/VOAWESTERNSLOPE](http://WWW.FACEBOOK.COM/VOAWESTERNSLOPE)**



# Hold the Date! Upcoming Business and Cultural Events

## ONGOING-

**THIRD FRIDAYS--SILVERTON SUMMER CONCERT SERIES**--3rd Fridays of June, July, August & September from 5-8 p.m. in Memorial Park- 1600 Greene Street, Silverton, CO. Admission is Free. Featuring: Great Southwest Colorado bands: June 17-Six Dollar String Band; July 15 Dave Mensch; Aug. 19-The High Rollers; Sept. 16-Hello Dollface. Local vendors serving food & selling local goods. Beer Garden with Local Brews by Avalanche Brewing Company & Bottom Shelf Brewery\*.

**FRIDAYS-TRUE GRIT WALKING TOURS**-Arrive 10:45 a.m. at the Ridgway Visitors Center, 150 Racecourse Rd. Tour ends at noon. \$10 (11 and under free). Reservations strongly recommended. Or schedule your own tour for 6 or more people. 970-626-5181.

**SATURDAY NIGHT LIVE @ THE GALLERY • MUSIC BY YOUTH**, Second Saturdays from 7 to 9 p.m. at Healthy Rhythm Community Art Gallery in Sampler Square.

**THE ALPINE PHOTOGRAPHY CLUB** meets every second Tuesday at St. Mary Catholic Church in the St Paul Room, 1855 St Mary's Drive, Montrose. The Public is welcome to attend. For more information, email [alpinephotoclub@aol.com](mailto:alpinephotoclub@aol.com).

**FREE FAMILY LAW CLINIC**-LAST WEDNESDAY OF EVERY MONTH, Montrose County Courthouse (Leslie German self-help center) at 1200 North Grand, Noon to 1:30 p.m. Sponsored by Uncompahgre Volunteer Legal Aid and the 7th Judicial District Bar Association. Call 970-249-7202 for information.

**FREE JAM SESSION AND SING ALONG**, Mondays from 4 to 6 p.m. at the Montrose Pavilion Senior Center.

**MONTROSE HISTORICAL MUSEUM**-"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

**SNOWSHADOW GYM**-Zumba classes with Maria Gonzalez week nights 5:30 to 7:30; Swing dance with Kevin Mears Mondays 7:30 to 9:30 p.m. 535 S. First St. Snowshadowgymnastics@yahoo.com.

## MONTHLY-

**Sept. 6**-Ignite Montrose is Tuesday (9/6) at Two Rascals Brewing Company (7 pm). Listen to fast paced presentations (5 minutes each) and get inspired! Interested in sharing your passions, hobbies, adventures? Call Nancy (970- 209-2175) and get on the schedule!

**Sept. 7-11**-The B-25J Mitchell 'Maid in the Shade' will be on public exhibition at Montrose Regional Airport Sept. 7 through Sept. 11, 2016, from 9 a.m. — 5 p.m.

**Sept. 7**-Montrose County Historical Society invites you to the monthly presentation on Sept. 7, by Steven G. Baker on "Juan Rivera's 1765 Western Colorado Journeys." Starting at 7 pm in the Pioneer room (Montrose County Fairgrounds). These meetings are open to the public, so be sure to invite a friend or two. There is one last, "Legends and True Tales" historical walking tour on Sept. 6th starting at 6 pm and a Cemetery Tour on Sept. 17 of the Grandview Cemetery at 4 pm for the season. Be sure to RSVP at 249-2085 or more for information!

**Sept. 7**-On Wednesday, Sept. 7th, Heidi's Deli Forum will first focus on the City's Competitive Youth Sports League. One of the speakers will be Erica Weeks, program coordinator, "who is also working to further leverage local resources to attract new sporting events into Montrose and partnering with local youth sporting clubs to expand the Montrose sports scene." The second speaker will be Bill Bell, the Montrose City Manager. "As a long-time athlete, the sports tourism and city's competitive sports program is a natural extension of Bill's passion for athletics, particularly youth athletics. We meet every Wednesday from 8-9 a.m. at Heidi's Brooklyn Deli. Heidi's is in the Oxbow Center on South Townsend Avenue. Coffee is \$1 and breakfast is available.

**Sept. 9**-A Musical Tribute to the Civilian Conservation Corps, Bill Jamerson presents The Dollar a Day Boys. Montrose Pavilion Senior Center, 1800 Pavilion Drive, @ Noon. Lunch is \$5. Reservations required. Please call 970-252-7797.

**Sept. 10**- Mountain States Ranch Rodeo at the Montrose County Fairgrounds. Gates will open at 2 PM. The rodeo performance begins at 3 PM. Tickets outlets will be announced soon. For group ticket sales of 25 or more, contact 970-240-4176.

**Sept. 10**-Downtown Montrose Rodeo Celebration! Parade at 10: 30 a.m., events, games, food, fun, live music until 10:30 p.m.

**Sept. 10**-Kara Huber Piano Concert Saturday, Sept. 10 7:30 p.m. Wright Opera House, 472 Main Street, Ouray Adults \$25, Students \$5 Buy Tickets URL: <http://www.ocpag.org/purchase-tickets/> Info: <http://ocpag.org/> Phone number: 970-626-2970 Email: [ocpaginfo@gmail.com](mailto:ocpaginfo@gmail.com) Pianist Kara Huber, a young rising star in North America's classical music scene, is back by popular demand at the Wright Opera House, with a crowd-pleasing concert featuring works by Gershwin, Chopin, Rachmaninoff and more! Presented by the Ouray County Performing Arts Guild, this concert is part of the inaugural Dave and Mary Wood Classical Concert Series.

**Sept. 10** - The VOICE of the San Juans, brought to you by Altrusa of Montrose. Final competition at Montrose Pavilion. Tickets & details: <http://TheVoiceSanJuans.wordpress.com>.

**Sept 10**-6th Annual RACC Golf Scramble, Divide Ranch & Club, Ridgway. Check in, 8 a.m. Shotgun Start 9 a.m. Call 970-626-5181 for info.

**Sept. 14**-Colorado State University Tri-River Area Extension invites you to join us for upcoming canning classes. Meats and Salsa class is Sept. 14th, located at Bill Heddles Rec. Center, from 8:30-12:00. Pre-register by September 9th is required. \$30 pp which includes all class supplies as well as samples and print materials to take home. Pickles and Salsa class is being held September 22 at Ouray County Fairgrounds, from 8:30-12:00. Pre-registration by Sep 16th is required. It is \$25 pp which includes all the same benefits. For more information please contact CSU Family and Consumer Science Agent, Ann Duncan MS, RDN at 970-249-3935.

**Sept. 15**-The sixth annual Montrose-Delta BeaconFest Boomer & Senior Fair will be held from 9 a.m.-2 p.m. on Thursday, September 15 at the Montrose Pavilion, 1800 Pavilion Drive in Montrose. BeaconFest is free to attend. For questions and booth information, call 970-243-8829 or visit [www.BeaconSeniorNews.com](http://www.BeaconSeniorNews.com).

**Sept. 16** - "The Topnotch Nonprofit" institute takes place all day at the Western State Colorado University Center in Gunnison. Keynote is Dennis Lankes (Forbes Magazine "Best in World Co-Working Space"). Visit

<http://www.western.edu/academics/extended-studies/topnotch-nonprofit> for more information or to register.

**Sept. 17**-2016 TRA 4H Golf Tournament Fundraiser, 10 a.m. shotgun start, @ Devil's Thumb Golf Course in Delta. Visit <http://www.tra4h.org> for info.

**Sept. 17**-The Friends of the Ridgway Library invite you to break out your tie-dye and bell bottoms for a 60s-themed Pot Party at the Ridgway Library (300 Charles Street) on Saturday, Sept. 17, 2016 from 4:30 pm -7:30 pm. The Pot Party features 35 flower pots, made or decorated by local artists, which will be auctioned to the highest bidders. Proceeds will fund an updated teen space and meeting room at the Library. Party attendees will enjoy 60s music, catering from Amie Minnick, beer from Colorado Boy, and wine from Garrett Estate Cellars. Tickets are \$25 and are available at the Ridgway Library or at the door. Children 10 and under are free. For more information, contact Amy McBride, President of Friends of the Ridgway Library, at 970/433-8779 or [amylopermcbride@gmail.com](mailto:amylopermcbride@gmail.com).

**Sept. 17**-6th Annual Faragher Foundation Dinner and Wine event & Silent Auction. 5:30 p.m. red carpet pictures, and bubbles, 6:45 p.m. toast, 7 p.m. dinner. Tickets \$75. Tickets at [info@rmrestorativemedicine.com](mailto:info@rmrestorativemedicine.com).

**Sept. 18-20**-The Friends of the Montrose Library will hold a used book sale Sunday, Sept. 18, through Tuesday, Sept. 20, in the Montrose Library Meeting Room. Hours are Sunday, noon to 5 p.m. (FOL members only noon to 2:30 p.m.; you may join at the sale); and Monday and Tuesday, 9 a.m. to 6 p.m. On Tuesday from 4 p.m. to 6 p.m., customers can fill a reusable bag with books for \$4. Information, 303-898-8487.

**Sept. 24-25**-Sneffels Fiber Arts Festival, Downtown Ridgway.

**Sept. 28**- Please join us for a time of education and support. Coronary Stents & Surgery. 6:30 to 7:30 p.m. Montrose Memorial Hospital Conference Room B, 800 South Third Street.

**Oct. 1 & 2** -John Fielder two-day Photographic Workshop, a benefit for the Ouray County Historical Society, offers field shoots in the San Juan Mountains and hands-on photography and editing instruction from Colorado's master photographer. \$850 per person includes some meals and transportation to all shooting locations. Call (970) 325-4576 to register and for more information.



# Give Back Days

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Come enjoy a delicious meal and we'll donate 20% \*  
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**3rd Wed: Montrose Rec Foundation**

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**5th Wed: Community Options Inc.**

(Note: 5th Wed dates are: March 30, June 29, Aug 31, Nov 30, 2016)

After dining, attach the coupon to the bill  
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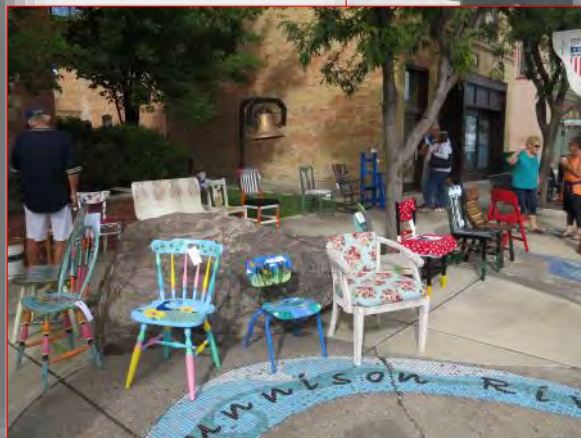
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*Left to right-Shoppers flocked to the Montrose Farmers Market this past weekend, for fresh fruits and vegetables, a chance to help support the Montrose Center for the Arts Chair-ity Fundraiser, and a taste of fantastic toffee by the Toffee Tree Girl, above. Reach her for holiday orders at 970-424-6267.*



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