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Fresh News for Busy People...Weekly on Mondays! THE ONTROSEM I R R Issue No. 186 Sept. 12 2016

# SHARING MINISTRIES NAMES NEW BOARD PRESIDENT



Though Sharing Ministries Food Bank will soon have a new warehouse, the need for donations of cash and nonperishable food items is as great as ever.

### By Caitlin Switzer

MONTROSE-As Sharing Ministries Food Bank prepares to celebrate the completion of its new warehouse in the coming months, the non-profit's board of directors has also chosen a new President, Jeff Butterbaugh, who leads his first meeting Tuesday. Three board members have recently resigned, including former Chair Tom Vogenthaler who has been a major force behind the successful capital fundraising campaign.

"We have had some resignations for a variety of reasons," said Butterbaugh, who also works as a teacher at Vista Charter Academy. Those vacant board spots will be filled once a process is established, he said. The Sharing Ministries board of directors has traditionally been a working board, and the capital campaign and fundraising efforts have taken an enormous amount of energy. The selection process will include an application and interview to assess skills and how

Continued page 5

# MPD OFFICER COURTNEY JONES TO LEAD CRIME FREE HOUSING

### By Caitlin Switzer

MONTROSE-The Montrose Police Department has had a Crime Free Housing Program in place for years, although no officer had been designated to lead the initiative since the retirement of MPD Sgt. Paul Eller several years ago. As of this week, however, the program officially has a new leader; Officer Courtney Jones, 35, has been selected to head Crime Free Housing efforts for the City of Montrose. "We want to see more emphasis on Crime Free Housing," Jones said, "And this program has enjoyed such success across the country, we really want to focus on it and bring those positive results to Montrose."

During her first week on the job, Jones has already met with several local property managers.

"I want to give them information," she said. "We can help them understand how to deal with tenants who problematic, and how to recognize red flags. "We don't want to tell

Continued on page 3



Montrose Police Officer Courtney Jones, above, will lead the Department's Crime Free Housing Program.

**BOCC Meeting &** Work Session!

Liesl visits with Zulu **Brewing Company!** 

Regional event photos!

**Bill Wilson** Studio Show! **Our Montrose Senior** Center...a resource!

# BROADBAND FOR EVERYONE, NOT JUST A FEW: DMEA BRINGS ELEVATE FIBER TO THE REGION WITH A PHASED APPROACH!



DMEA CEO Jasen Bronec and Manager of Member Relations and Human Resources Virginia Harmon stand in the lobby area where the Experience Center will be located. Photo by Gail Marvel.

### Gail Marvel

REGIONAL-It's not often that a small community will outmaneuver a larger community, but that is exactly what happened when Paonia and Orchard City (Eckert, Austin and Cory) jumped ahead of Montrose with pre-enrollment for broadband services.

The city of Paonia will have fiber by the end of October. Elevate Fiber, a subsidiary of Delta Montrose Electric Association (DMEA), is using a phased approach to deliver high-speed internet of up to 1 gig (1,000 megabits per second) to their service area. Member interest drives the construction process and according to DMEA CEO Jasen Bronec, "Montrose is slower to come in [sign-up] because they have more options...some members are in wait-andsee mode." There are a couple of zones in Montrose where interest is higher than in other places and South Montrose is identified as an active zone. From September through October businesses and residenc-

es in this area will see an increase in the presence of Elevate Fiber with targeted marketing - direct mailing, email and Facebook. Specifics on active areas and the status of pre-enrollments can be viewed by going to *join.elevatefiber.com*. DMEA looked at the bigger picture of what broadband means for the region and not just the local pocket. Bronec said, "We are not singling out businesses, we want everyone to sign up. It's not about helping yourself, but helping the whole community." Telecommunications will allow more people to live in the area, "The gist of economic development is stay here and work anywhere, [but] we have to work together to make it work."

When asked if any businesses were being considered for preferential treatment Bronec explained that connectivity is based on the build-out of the feeder. "There is no hierarchy and no favoritism. Outside of phase-one it is on a case by case basis. If someone approaches us, and if it makes economic sense for us to provide service to them, we will. Anything out of the phased zone would be step by step and very personalized by contract." There could be a cost sharing element for anyone who wants service outside of the phase.

Education is a huge component of understanding the need for faster internet. Bronec said, "People don't know what they are missing until they see it." DMEA Manager of Member Relations and Human Resources Virginia Harmon said, "By the end of October we'll have an Experience Center located in the DMEA lobby. People can come in and play with it and there will also be Hi-Def television."

Harmon noted there has been some misinformation about pre-enrollment, "All members have the opportunity to preenroll for services, even those who are not in the phase-one service area. There is a \$100 commitment fee when you sign up, but you do not pay that fee until you actually get the service." Currently preenrollments total more than 2,500. Harmon said, "We are getting calls from people looking to buy a home and they are asking us which side of the street will receive broadband sooner." It's estimated that the property value of a house goes up by about \$5,000 when it has gigabit service.

The Elevate business plan will serve all DMEA members. Bronec said, "There is a misconception that business have a greater need [than residential]. It's important for individuals to see that it is not economic growth to have it just downtown, but to have it everywhere. You can't have a gigabyte city if you're just offering services to selected downtown businesses.

"We are positioned very well to meet the needs of everyone."





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# MPD OFFICER COURTNEY JONES TO LEAD CRIME FREE HOUSING From pg (

property managers what to do," she said, "but to build good relationships with them and give them information on how we can help them from a law enforcement standpoint.

"There are things we cannot do through the criminal code, but we can partner and we can offer suggestions. We hope to recruit more property managers into the program."

There will be a class scheduled in November, so that property managers and staff can learn about the program and take the first steps toward Crime Free Housing status.

"The first step for them is to learn how we can help, and to teach them the civil laws," Jones said. "The second step is to undergo a CPTED evaluation."

CPTED stands from Crime Prevention through environmental design. CPTED standards and other Crime Free Housing elements are detailed on the web site http://www.crime-free-association.org/

### multi-housing.htm.

"We go over the things they would need to do to meet minimum requirements for being a crime-free property and becoming a full, Crime-Free partner," Jones said. "And even if they cannot afford to make those changes, we can still work with them and make recommendations."

According to the Crime-Free web site, CPTED standards to be evaluated by police include Minimum door, window, and lock standards; minimum exterior lighting standards; Key Control procedures and landscape maintenance standards. To be recognized as a full Crime-Free partner, the property must also host a Safety Social to bring residents together to build relationships, Jones said. After all, community members are the ones who have the most power to bring about change.

"We encourage people, if they see something suspicious, to give us a call," Jones said. "We would rather get the call, show up and find out that nothing is wrong than find out later that there was a problem and we didn't know."

Jones, who is one of five female officers in the Montrose Police Department, acknowledged that the local Crime Free Housing initiative is just getting started again. Still, there are plans to expand the program as it continues. "In future, we also hope to focus on Crime Free storage and mobile home parks," she said.

For those who know of a problem but who may not wish to call police, Jones also has words of advice.

"If you are not confident enough to call Dispatch, I invite you to contact Montrose Regional Crimestoppers," she said. "They have done so much here over the past couple of years."

To reach the Montrose Police Department non-emergency line, dial 970-252-5200. To reach Officer Courtney Jones and the Crime Free Housing program, call 970-252-5229. For Montrose Regional Crimestoppers call 970-249-8500.

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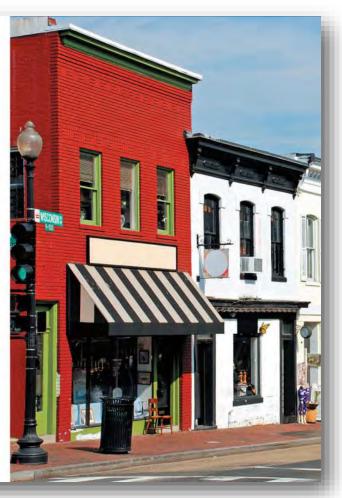
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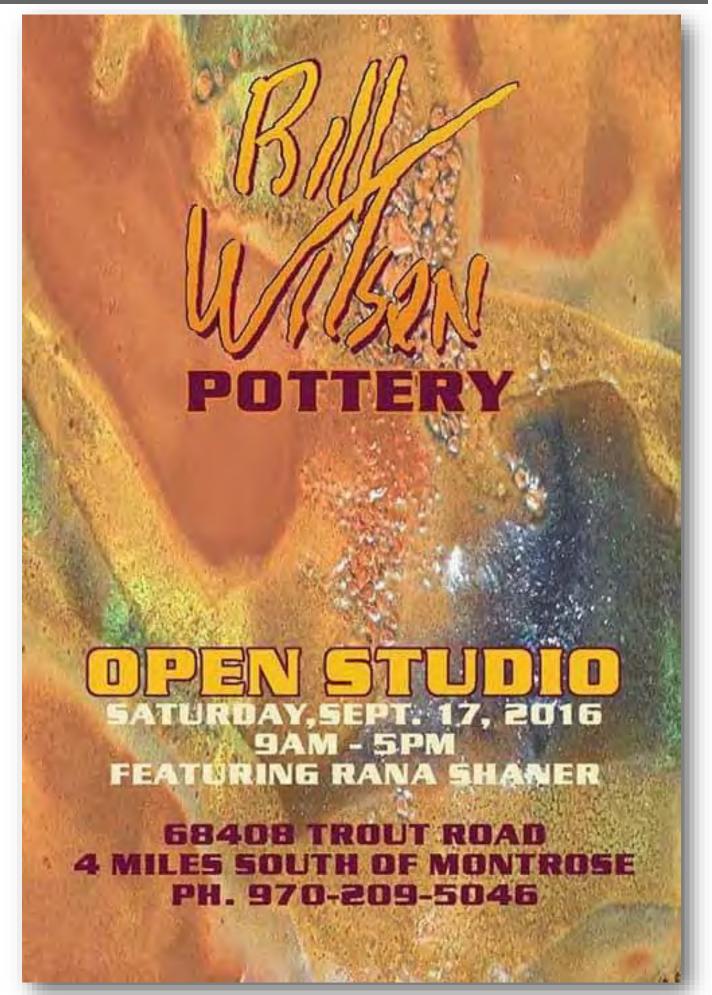
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# SHARING MINISTRIES NAMES NEW BOARD PRESIDENT From pg 1

the applicant would fit into the organization, he said.

**Sharing Ministries Executive Director** Oneida Doyal is the organization's only full time staffer, and is assisted by three parttime employees. The many volunteers who serve the Food Bank on a regular basis are essential to the mission as well.

"This is an exciting time for Sharing Ministries," Butterbaugh said. "With our new warehouse, we have a lot of things to do to get ready for the move." With construction progressing two weeks ahead of schedule, it is possible the new facility could be ready by year's end, he said. Though an official ribbon cutting is planned, no date or details have yet been

established.

Sharing Ministries is compiling a wish list of items needed for the new warehouse, Butterbaugh said. "We always need food and cash," he said. "And if you have a choice, it is always better to donate cash than buy food, because with our buying power, we can use that cash to get four meals for a dollar."

With the Holiday Season fast approaching, community support is essential and welcome, he said.

"We are hoping to launch a Harvest themed campaign in October, because with Thanksgiving and Christmas on the horizon our focus for the next few months will be making sure people in our commu-

nity can put food on the table." The Sharing Ministries Board meets again on Tuesday, Sept. 13 at 6 p.m., in the Conference Room at Montrose Memorial Hospital. . The Sharing Ministries board meets twice a month. Meeting minutes and or-



Jeff Butterbaugh. Courtesy photo.

ganizational documents are not currently posted on the non-profit's web site.

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# WASTE EVENT 9/17

### Special to the Mirror

MONTROSE- The City of Montrose will sponsor the 2016 Household Hazardous Waste event to be held on Saturday, Sept. 17 from 10 a.m. to 4 p.m. City and county residents are invited to bring household hazardous waste to the City Public Works shop (1221 64.50 Road) for proper and responsible disposal.

Acceptable items include: pesticides, insecticides, herbicides, fluorescent light bulbs, solvents, aerosols, pool and spa chemicals, used automotive fluids (motor oil, transmission and brake fluids and antifreeze), batteries, caustic cleaners, light ballasts, propane tanks and acids.

Unacceptable items include: biological/ infectious waste (i.e. sharps), radioactive materials, smoke detectors, thermostats, fireworks, explosives, ammunition and unidentified substances.

Minimal fees will be charged for some items to offset the cost of the disposal service. A fee schedule and additional event information are available atwww.CityofMontrose.org/hhw.

HOUSEHOLD HAZARDOUS

# **BOCC** APPROVES REF 3A, BROADBAND, DENIES CLIMATE CHANGE



Re-1J Superintendent Stephen Schiell listens to the discussion at the BOCC meeting of Sept. 6.

### By Caitlin Switzer

MONTROSE- As outraged neighbors of the Uncompany Gravel Pit carried signs and held a protest outside along South Townsend Avenue, the Montrose Board of County Commissioners took action on a number of things at their meeting of Sept. 6.

Commissioners updated the County's Animal Control ordinance, approved resolutions in support of the RE-IJ Referendum 3A for replacement of Columbine Middle School and a Broadband Resolution; and declared opposition to Colorado Governor John Hickenlooper's proposed executive order to develop a power plan for Colorado. Commissioners also approved a Resolution calling for Colorado Department of Transportation (CDOT) to implement safety improvements to Highway 550 South of Montrose. For the full agenda & video click here.

### RE-1J Referendum 3A

When Montrose County Commissioner Ron Henderson pointed out, "We have to support the procreative efforts of our local community," he drew laughter. However, the issue Henderson spoke in support of represents a serious move forward for Montrose. Montrose County Resolution 30-2016 expressed support for Montrose County School District RE-1J's Referendum 3A, on the November ballot, which seeks to replace the aging and unsafe Columbine Middle School.

"As everyone knows, Columbine School is in dire straits," Commissioner David White said. "as a community, we face the school being condemned. I am not a big fan of jumping all over community needs and wants, because wants can take precedence over needs--but this is a need." BOCC Chair Glen Davis reminded those in attendance that a BEST grant of \$12.4 million will be lost if the ballot issue does not pass. "As much as I hate new taxes, in this situation we can use the \$12.4 millionto offset the cost of a new school.

"There are some things that should be done, and should be done at this time," Davis said.

After White pointed out that even those whose children are grown have benefitted from such votes in the past. "Someone ponied up and built schools for your kids," he said. And in response to Henderson's comment about support community procreative efforts, White added, "Awesome! How do you follow that up?"

### **Broadband Resolution**

Other major actions of Sept. 6 included BOCC approval of a Resolution concerning the submission to voters of a ballot question allowing Montrose County to reestablish its legal authority to provide telecommunications, cable television, and/or advanced services.

Numerous other municipalities have taken a similar step, including the City of Montrose.

Montrose County Manager noted that passing the ballot question would not entail a financial commitment, but would provide flexibility in the future. The County has been concerned that providing public WIFI in County facilities could place them in violation of current laws.

"We are not going in to the Broadband business," BOCC Chair Davis said, "We may be able to help our schools, and new businesses, but that would not include competing with private business.

"I believe there are some things that are best left to private businesses."

### Colorado Power Plan

Commissioners unanimously approved a resolution opposing Colorado Governor John Hickenlooper's proposed executive order to develop a power plan for the state.

"The information contained his proposal calls for 30 percent renewables by 2030," BOCC Chair Davis said. "It says that Colorado's temperatures are the highest in history. "I am sick and I am tired of people making comments that science won't back

up," Davis said. "Go back to the Dust Bowl, 1933 to 1938, and run the temperatures across the entire United States. You will find that temperatures hit the 118 degree mark. Our temperatures here have something to do with spots on the Sun. I am tired of people making political hay over climate change...I am fed up with it. If you are going to make that argument bring me facts."

Commissioner Ron Henderson stated that geologic evidence shows that the world was at one time encased in ice and that Antarctica was once a tropical forest. "there have been definite climate extremes to say the least," Henderson said. "We think we have control over these matters but we don't."

Commissioner David White recalled talk of a coming ice age during his elementary school years.

"I support this resolution," White said, "the evidence is not there."

STEAM scientist don't give Global Warming much credence, White said.

"...I hope this sends a message to the Governor to stay the heck out of it."

In other business, Commissioners updated the County's animal control plan to require vaccinations for dogs, cats and ferrets. The term "at-large" has been redefined to exclude dogs who are working or guarding livestock. The term vicious was also redefined as approaching a person or animal and inspiring fear that an attack might be imminent, through barking, growling, laying back of ears and baring of teeth.

"There are some vicious cats out there," Commissioner White commented.

### Highway 550 South

Commissioners approved a resolution supporting safety improvements to Colorado Highway 550.

"I am trying to be proactive, and convince CDOT (Colorado Department of Transportation) to save lives," Montrose County Coroner Dr. Thomas Canfield told Commissioners. State Rep. Don Coram, also present, told the BOCC,

"Transportation is a huge problem; 50 percent of the roads in Colorado are in bad shape."

CDOT has become an enterprise that answers to no one, Coram said.

# **REGIONAL NEWS BRIEFS**

# **US 550 RED MOUNTAIN PASS CRIB WALL REPAIRS COMPLETE**

### Special to the Mirror

OURAY & SAN JUAN COUNTIES – The Colorado Department of Transportation (CDOT) and contractor Rock & Company are pleased to announce completion of crib wall work on US Highway 550 (US 550) Red Mountain Pass. This two-season project, which began summer of 2015, improved the safety and integrity of the highway by reinforcing or replacing several under-highway downhill retaining walls. This stretch of US 550 receives an average annual daily traffic count of more than 2000 vehicles a day.

The total cost of this project (from design through construction) was \$5.9 million.

The project repaired or replaced retaining walls at three locations on US 550: Site 1 MM 79.5 to MM 79.4 – Approx. 9 miles north of Silverton just south of Red Mt. Pass summit

Rock excavation and blasting for roadway widening, realignment and drainage improvement, culvert installation, replacement of three retaining walls, new guardrail installation and roadway reconstruction.

Site 2 MM 88.5 to 88.6 – Approx. 4 miles south of Ouray near the snow shed Excavation, culvert installation, replacement of three retaining walls, minor paving. Site 3 MM 89.5 to MM 89.7 – Approx. 3 miles south of Ouray near the Ruby Walls Excavation and roadway stabilization which included installation of a concrete "cap" or slab over the crib wall, retaining wall repair, drainage improvements and paving.

Scott Davis, Vice President of Rock and Company said, "The success of this project is a result of a strong relationship between CDOT, consultant project engineer (Yeh & Associates), and

prime contractor Rock & Company. The project faced challenges including inclement weather, heavy traffic, limited space, high elevation, and high slopes.

"The work was technically difficult. Ultimately, it was the ability to quickly make decisions as a team that resulted in delivering this tricky project on time and within budget.

"We are very pleased with the added safety improvements and wider roadway."



Crews use heavy equipment to guide a new beam into place which will ultimately strengthen the crib wall (retaining wall) underneath the highway. Courtesy photo.

OTHER ROAD & PROJECT INFORMATION: For CDOT project information, sign up for free messages to your email or phone by going to <u>www.codot.gov</u> and choosing the envelop icon at the bottom of the webpage.

Or for road information visit <u>cotrip.org</u>, call 511, or see our lane closure reports at <u>www.codot.gov/projects</u>.

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# MUSIC & MEMORY IPOD & ITUNES DONATION DRIVE!

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Valley Manor Care Center



# **REGIONAL NEWS BRIEFS**

# COLORADO SECRETARY OF STATE WARNS: BE CAREFUL ABOUT CALLS REQUESTING VOTER INFORMATION

### Special to the Mirror

DENVER– State and county election officials have received numerous recent complaints from Colorado voters who are concerned about phone calls that appear to be an effort to obtain their personal and sensitive information.

During the automated calls, voters are advised their registration is incorrect and needs to be updated before they can receive a ballot for the November election. But both Democrats and Republicans who have received the calls told the Colorado Secretary of State's office or their county clerk that their registrations are current. At least one person reported being asked to provide a full date of birth after selecting the option for "more information." The individuals also have reported that the calls are from an organization identifying itself as "Go Vote CO" or "Go Vote Colorado."

Some voters believe the Secretary of State is somehow involved because that name is similar to the web address of the Secretary of State's online voter registration system (<u>www.GoVoteColorado.com</u>). The Secretary of State's office does not contact individual voters regarding voter registration issues except to respond to inquiries initiated by voters themselves. Secretary of State Wayne Williams reminds Colorado residents not to disclose sensitive personal information, such as month and day of birth, driver's license or state-issued ID numbers, or Social Security numbers to any person or organization they do not know and trust, whether by telephone or otherwise.

Anyone with information concerning the individuals or organization responsible for conducting this telephone solicitation campaign identifying itself as "Go Vote Colorado" or "Go Vote CO" is asked to contact Elections Division legal analyst Chris Amero at 303-894-2200 ext. 6389 or <u>chris.amero@sos.state.co.us</u> at the Secretary of State's office.

# CELEBRATE MEXICAN HERITAGE DAY AT FORT UNCOMPAHGRE

### Special to the Mirror

DELTA-Saturday Sept. 24, 10-2 p.m. Delta's Fort Uncompahgre will celebrate Mexican Heritage Day in celebration of National Hispanic Heritage Month 2016. The historic Fort operated from 1829 to 1844 and used Mexican helpers from Santa Fe, NM to help with day to day operations . The Fort was located in Mexican Territory. In conjunction with this FREE event the local VFW will host their annual US Flag Retirement Ceremony at 10 a.m., which includes the local scout troops.

The kids learn how to fold an American Flag and the proper disposal of a damaged flag. Looking for vendors...free spaceis available. Admission is FREE...for more information call <u>970-</u> <u>874-8349</u> Historic Fort Uncompahgre on the Old Spanish Trail Interpretive Center, 440 North Palmer Street Delta, CO. 81416 <u>970-874-8349</u> or <u>970</u> <u>874-6695 infofortonost@gmail.com</u> www.fortuncompahgre.org https://www.facebook.com/ uncompaghre/.



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- Application Deadline: Friday, September 30th, 2016
- Required Local Interview: Schedule in advance with contacts below.
- District Interview Weekend (required if selected at the local interview). Parents required to attend:

When: December 3-4, 2016 • Where: Grand Junction, CO - Marriott Courtyard/Residence Inn

• Orientation Weekend (required if selected as an RYE Student). Parents required to attend—usually in February or March.

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Pete Peterson: Daytime: 970.249.9074 or Email: pete@maxfieldpeterson.com Emily Schneider: Daytime: 970.209.2613 or Email: emily.schneider@aerocareusa.com Bill Bell: Daytime: 970.901.8580 or Email: wbell@ci.montrose.co.us

# **OPINION/EDITORIAL: LETTERS**

# **BOCC CLIMATE CHANGE COMMENTS REFLECT IGNORANCE**

Dear Editor:

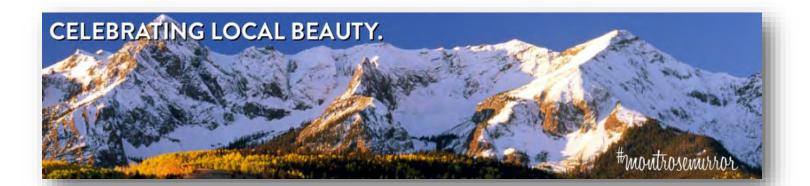
It's a shame to have a county commissioner who not only lacks a critical understanding of science and of the environment, but spouts false information at a public meeting. Not only are the actual facts about climate change documented by the scientific community, but we can see actual empirical evidence right here on the Western Slope. We have shifting ecosystems, shorter and more erratic ski seasons, shorter winters, hotter and drier weather, more invasive species, beetle epidemics, higher fire danger, and less groundwater infusion. The worst is yet to come if we don't react significantly.

Furthermore, ignorance or concern for the rest of the world is disconcerting. As a further significance is the lack of the commissioner's concern for the views of their overall constituency. Wayne Quade, MS (Resource Conservation) Montrose

# A FEW THOUGHTS, OPINIONS AND QUESTIONS?

### Dear Editor:

Reportedly the perfect economic storm has just hit the Ruby Tuesday's restaurant chain in Illinois. According to news reports, the Affordable Care Act, taxes, and minimum wage requirements have created the perfect storm and forced all 95 restaurants across Illinois too close. Businesses and people are fleeing states like California and Illinois at unprecedented rates. Colorado population is exploding on the Front Range. Here at home politicians promise reasonable cost, cut out opposition voters, use bait and switch tactics, and emotionally try to sell us everything they think we should have. It's a "wreck." The affordable care Act, (OBAMA CARE), is collapsing under free market principals. Colorado Amendment 69 is on the way as well as other must-have tax issues that will do nothing but create both a business and individual tax burden that will destroy the average family and business. Those who say we can have it all usually mean you pay or "What is mine is mine and what is yours should be." There are those who believe centralized control is an easy way out and will take care of everything. What they may not realize is other motives that reach into the realm of power and backroom money deals are at play. Have you wondered why the Communist Party is rarely mentioned today in the news? Exactly what is the true meaning of the word "progressive" and where have all those believers migrated to? Just asking? Are we being smothered by excessive business cost , economic rules, regulations and a false economic foundation that is propped up by lying, cheating politicians? What happens when those who work and pay the freight look around and refuse to go to work anymore to support the " What's left in your wallet" thinkers? One can only ask, WHO IS JOHN GAULT? *Linda Bestland, Austin* 





# CUSTOMER SERVICE RECOGNITION...LOCAL BUSINESS!



Thanks to some of the hard working folks who keep Montrose smiling over morning coffee...

Above, Nate Wick at Montrose's popular new Coffee Destination, Cimarron Coffee Roasters; at right, Dolores at the Shanty shows off the smile that make her one of the best waitresses ever, even during the busy morning rush.

# ASSESSOR TO LIBRARY BOARD: TAX EXEMPT PROPERTIES IMPACT REVENUE STREAM FOR TAXING DISTRICTS



Montrose County Assessor Brad Hughes gives a summary explanation of mill levy and property tax assessments to the MRLD Board of Trustees. Photo by Gail Marvel.

### Gail Marvel

MONTROSE-Montrose Regional Library District (MRLD) Trustees met on Sept. 7, 2016, with six of the seven trustees in attendance. The meeting was called to order by Board Chair Anne Gulliksen and the minutes of the Aug. 1 meeting were, with one clarification, approved.

### Friends of the Library Report:

Gulliksen reported on past and upcoming fund raisers held at Farmer's Market, Chili's and

Horsefly. Other community support for Friends of the Library comes through Amazon Smiles and the City Market Rewards Program.

The next book sale is Sept. 18-20 and the group is soliciting door prizes to be given away during the event. Gulliksen said, "I want to say how much of a turn-around Friends of the Library has had since Becky [Gray] took over."

### Librarian's Report:

Executive Director Paul Paladino report-

ed on the recent flood damage to the Naturita Library. "Naturita has flooded two times in the last month and the janitor spent four hours pushing the run-off away from the facility." The library facility itself was not damaged; however, four to five inches of silt remains in the garden area. Paladino said, "We need to add more drains at the facility and build a barrier to divert runoff on our property." A rough estimate of installing adequate drains is \$10,000 to \$20,000 and the library district will look to government entities and grants to help with funding.

During an upcoming staff meeting employees will address enforcing behavioral policies with students. Paladino said, "We like to talk about it at the first of the [school] year so that we are consistent with enforcement."

Trustee Pam Baer asked about grant funding and Paladino explained that while the district often gets upward of \$150,000 every year, "What we need is money for general operating funds. Grants like to be seed money to start new programs and most grants run for one to three years." Trustee Ed Hagins said, "What we need, what you need, is business as usual funds."

# Discussion with Montrose County Assessor Brad Hughes:

Assessor Hughes came to the meeting prepared with information to help answer two board questions regarding mill levies 1) Why does your assessed value change? 2) What's going to happen at the next reappraisal?

Because of the nature of assessing property and those variables Hughes could not give the trustees the definitive information they desired in order to help with future planning. "All people have a land component and a house component." Hughes did provide the board with charts, graphs and a history of the MRLD mill levy from 1967-2015 which show historical trends.

# ASSESSOR TO LIBRARY BOARD: TAX EXEMPT PROPERTIES IMPACT REVENUE STREAM FOR TAXING DISTRICTS From previous page

Hughes said, "People do not understand how big the district is, it's almost the whole county." A lot of properties are exempt, "The city or county can buy taxable property, but once they buy it, it becomes exempt."

The County Assessor's office does not grant charitable exemptions (churches, Sharing Ministries, dialysis facility). Hughes said, "The State will tell you which qualify." Tax exempt properties make a significant impact on the revenue stream for taxing districts.

Hughes was invited to be part of the proposed Civics 101 class that is being spear headed by Dave Segal.

### **Committee Reports:**

The MRLD Board is a large sevenmember board and having the full board of trustees at meetings is rare, which can cause discussion, decisions and directions to be postponed. Board involvement and action appears to be focused on strengths of individual board members, i.e. marketing, media, fund raising, and campaigning. Lacking institutional knowledge, the board often defers to the executive director on issues. One trustee said, "I am not a Librarian."

**Branches and Facilities** – Anne Gulliksen scheduled an upcoming board tour of the

main facility; however, it is unclear if all members can attend. Paladino was asked to provide information, as it becomes available, on the Naturita water redirection project.

**Personnel Policy** – Ed Hagins, "We have not met. We haven't had anything to meet about." The executive director evaluation will be scheduled.

**Finance** – Emily Schneider – absent, no report available. Paladino said the draft budget, which will change little from the previous budget, will be brought to the board in October.

**PR & Outreach** – Caroline Evans reported on getting prices for library promotional items (T-shirts, buttons, slogans). On Sept. 18<sup>th</sup> all kindergartners will go to the library.

Evans presented a committee rough draft of a strategic plan and solicited discussion. Hagins said, "It seems like us getting into the weeds of Paul's responsibility." Paladino said that some elements of the plan, "...crossed over into the executive director's role."

Evans said, "I see our role [is to] set the tone of the vision...we don't want to get into the weeds." The board began to think in terms of what they want the library to look like in five years. Paladino suggested that he first meet with the staff and together they would offer recommendations. Evans said, "Do it and report back to us."

Dave Segal was interested in basic needs, "I want to stay open seven days a week. I want to be back to having a full time library." Segal would like to see the revenue increased, "...and then see what we want to spend it on." If revenues increase Paladino does not necessarily see the library returning to its former self, "I'd like to see more [emphasis] on technology and the web site."

**Old Business:** Segal discussed the proposed Civics 101 class and asked for others to join him in an ad hoc committee.

**Executive Session:** Schneider, who was unable to be at the meeting, had requested an executive session, "...to discuss personnel matters." Some members of the board were unaware of what was to be discussed, while other were privy to the topic. Executive Director Paladino was not part of the executive session, but in a follow-up telephone conversation he said the trustees met for about six minutes and then exited the session with the decision they would, "...follow the bylaws and follow the current procedure already established for personnel matters."



# LET'S Solution of the second s

# Learn more at one of our Montrose events:

» Elevate Open House: 9/15 | 5:30–7:30 p.m. @ Cobble Creek Clubhouse

- » The Forum at Heidi's: 9/21 | 8:00–9:00 a.m. @ Heidi's Brooklyn Deli
- » DMEA Member Forum 9/29 | 6:30–8:30 p.m. @ 2 Rascals Brewery

# 877-687-3632 » join.elevatefiber.com / 😭



# **BOCC DISCUSSES OLD PARADOX ROAD, WRETAC FUNDS AT 9/8 WORK SESSION**



Montrose County Manager Ken Norris presents, "Serve With Pride Awards" to employees who when above and beyond in making the opening of the Rimrocker Trail a huge success. Employees received a certificate, a Rimrocker cap and a \$25 gift certificate. (L to R) Ken Norris, Commissioner Ron Henderson, Gabe Sanchez, Paul Bradburn, Commissioner Glen Davis, Terry Smith, Commissioner David White. Photo by Gail Marvel.

### Gail Marvel

### BOCC/Mgr Calendar:

Budget meetings begin Sept. 12<sup>th</sup>. The Sept. 28th BOCC Board meeting will be held Maher Community Club in Maher, CO 10:30 a.m. – Noon.

### Manager Items:

County Manager Ken Norris reported on the Ranch Rodeo and roofing repairs at the airport. The pre-bid meeting for the proposed Road and Bridge facility on LaSalle Road will be held Sept. 15 and bids are due Oct. 30. "Interest from bidders is coming in from the Western Slope and the Eastern Slope."

Assistant County Manager Dave Laursen wanted feedback on the proposed maintenance of .62 miles of Old Paradox Road. Discussion included whether it was a trail or a road and the fact that it is seasonal and closed in the winter. It's estimated that the cost of maintaining the road would be \$10,000 to \$12,000 a year. Commissioner Ron Henderson said, "They want to ignore all the subdivision rules and regulations and now they want to throw it on the back of the taxpayer." Commissioner David White said, "It we close the trail why should we maintain the road that leads to the trail?" Commissioner Glen Davis is of the opinion that it is a county road when it is open and should be maintained.

Ron Henderson brought up the funding difficulties experienced by the Shavano Soil Conservation District. "Their revenue stream has dried up. Their longevity is in question because they have no funds." The conservation district is a taxing district that was established in the 1930's or 1940's because of flooding. "It was a problem that the federal government solved for a little while and then walked away from."

### Media Relations Update:

County Media Relations Manager Katherine Yergensen reported on the airplanes coming in for the air show, the bronze plaques on order for the Historical Society, and the flu vaccinations to be given Oct. 19. The vaccine offered through the county is a quadrivalent flu vaccine which protects against four different flu viruses, "It's the most protection you can get. Some flu vaccines offered at pharmacies only protect against two types of virus."

Longtime Journalist Paul Wahl, who formally worked as editor for *The Montrose Daily Press*, is now doing freelance reporting and working for *The Watch*. Yergensen said, "You'll be hearing his name around."

In his campaign to improve safety on Highway 550 Montrose County Coroner Dr. Thomas Canfield has produced a short video that will be used in PSA's and posted to social media.

### Mesa Land Trust Letter of Support:

Ilana Moir requested a letter of support from the commissioners for the McLeod Ranch Conservation Agreement and the Menoken Farm Conservation Agreement. Davis would not lend his support, "They use public money to tell people to stay off the place. It protects open land, but it's not open [to the public]." Henderson said, "No," while White supports landowners doing what they want to do with their own property.

# EMS/WRETAC (Western Region EMS & Trauma Advisory Council) Update:

County board representatives Doris Vanness and Alan Hughes, two of the 13 members on the WRETAC board, discussed issues arising from their need to carry out the wishes of the BOCC.

The WRETAC administers state funds for the region and each entity is entitled to \$15,000 a year. Montrose County requested their funds come in quarterly installments, but the majority of the WRETAC wants to disperse the funds in a different manner. Hughes said, "It's very convoluted."

Through a conference call County Emergency Manager Don Angell added to the discussion, "There is a lack of education. Some county commissioners [San Miguel] do not even know the fund exists, or who their representatives are." Henderson said, "The institutional knowledge gets lost in the election process." Hughes feels that it is in the last three years that things started falling through the cracks.

The Montrose BOCC and staff will draft a letter to other county commissioners in the WRETAC region in order to get all the elected officials on the same page. Because some members in the WRETAC region overlap in their respective areas of service it opens the door for one entity to "game the system" and go after the funds of others.

Taking the discussion in a different direction White said, "For the record we have four people running for county commissioner [in November] and none of them are here!"

# **BOCC DISCUSSES OLD PARADOX ROAD, WRETAC FUNDS AT 9/8 WORK SESSION** From previous page

### Snow Plowing on the West End:

Dean Cooper presented a county resident's request for a snow plow extension of 1.8 of a mile. General consensus was it would set precedent and would not be appropriate.

### **Elected Officials:**

Sheriff Rick Dunlap reported on enlarging the shooting range and that he would have more discussion with range owner

### Paul Miller.

**County Attorney Update Permit Review:** County Attorney Teresa Williams and Planning and Development Director Steve White reported on the problem of speaking to the media and giving opinions before any public hearing is held (gravel pit). Good naturedly Commissioner White paraphrased and said, "That means I should keep my mouth shut?" There was a nod of

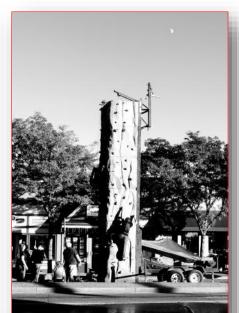
agreement around the table.

Steve White said, "Let me do my job. I work with the state...and keep in mind, there are no violations. They [gravel pit] are in compliance, there are zero violations."

The county is looking into citizen concerns and complaints and trying to find solutions. "We will protect the public, but there are currently no violations."

# **MIRROR IMAGES...DOWNTOWN RODEO CELEBRATION**





Montrose Downtown celebrated the Mountain States Ranch Rodeo with a full slate of fun activities and a parade on Saturday Sept. 10. Below right, Smolder takes the stage before the headliner Matt Skinner Band. Once again, Hypoxia staffer Kate Adams, 21, helped to organize the impressive array of events.





### Living with Alzheimer's: For Caregivers - Early Stage

sept 20 - Part 1- 9:00 - 10:30 a.m. | Sept 27 - Part 2- 9:00 - 10:30 a.m.

### Oct 4 - Part 3- 9:00 - 10:30 a.m.

Hear from those directly affected and learn what you can do to cope with the changes that come with an earlystage diagnosis. In the early stage of Alzheimer's disease, families face new questions as they adjust. This three-part program provides practical answers to the questions that arise in the early stage. Attending all sessions is recommended, attending only one or two sessions can still be helpful.

### Living with Alzheimer's: For Caregivers - Middle Stage

### Oct 11 - Part 1 - 9:00 - 10:30 a.m. | Oct 18 - Part 2- 9:00 - 10:30 a.m.

Oct 25 - Part 3 - 9:00 - 10:30 a.m.

In the middle stage of Alzheimer's disease, care partners now become hands-on caregivers. During this threepart series, you will hear caregivers and professionals discuss helpful strategies to provide safe, effective and comfortable care. Attending all sessions is recommended, attending one or two sessions can still be helpful.

Hosted At:

# The Homestead of Montrose

alz.org<sup>®</sup> alzheimer's & association<sup>•</sup> Presented by: Teresa Black, Alzheimer's Association Western Slope Director

1819 Pavilion Drive, Montrose 970-252-9359

Please RSVP to Teresa Black at (970) 256-1274



# MIRROR IMAGES...2016 TRIBUTE TO AVIATION!









10

The Montrose Regional Airport's Tribute to Aviation was expected to draw more than 15,000 to its impressive aircraft display Saturday, Sept. 10. Clockwise from top left: Beltran and Xander Pacheco were super excited, and arrived early to see the aircraft display; planes were open to the public for touring; local pilot Pat Blackwelder welcomes visitors; crowds arrived early for the show.



# MIRROR IMAGES...2016 TRIBUTE TO AVIATION!



More photos from the Montrose Regional Airport Tribute to Aviation Sept. 10... The event featured nearly 50 aircraft from all over the country; from top left: an AH-64 Apache attack helicopter; community member Jason Arebalos snapped this photo from the inside of a KC-135; the Naval MH-53E Sea Dragon which flew in from Norfolk, Virginia; EA-18G Growler from Whidbey Island Naval Station in Washington State. Photos by Mirror staff unless otherwise noted.





### FEWER THAN 70 PASSES REMAIN FOR SEVENTH ANNUAL TELLURIDE HORROR SHOW

Special to the Mirror

TELLURIDE-The Telluride Horror Show, Colorado's first and longest-running horror film festival, returns for its Seventh edition Oct. 14-16, 2016.

Every year, the festival attracts the latest & best horror films from all over the world and attendees from all over the country for an intimate gathering of genre film fans in the world-famous mountain resort town of Telluride, Colorado. For three days and nights, experience an eclectic mix of horror, suspense, thriller, fantasy, sci-fi and dark comedy in Telluride's historic Sheridan Opera House and Nugget Theatre, with many of the films showing for the first time in the US.

The festival features an average of 20 feature films and 40 short films, and hosts special programs, guests, and events. If you love horror, and film, then you can't miss this fest.

Named one of the "20 Coolest Film Festivals" by *Moviemaker* Magazine.

The first wave of films has been announced and fewer than 70 passes remain available.

"As always, the Telluride Horror Show is all about the short films. So far we have a record 49 shorts, with more on the way! In keeping with tradition the majority of these shorts will be featured in themed blocks, with expected sold-out crowds," Festival Director Ted Wilson said. For more information visit www.telluridehorrorshow.com.



# **REGIONAL NEWS BRIEFS**

# FALL CLINICS ADVANCE CLINICAL KNOWLEDGE IN REGION

### Special to the Mirror

MONTROSE-The 45<sup>th</sup> annual Fall Clinics event will take place on Friday, September 23 at the Montrose Pavilion. Known for having speakers from around the country discussing current medical topics, the event is expected to reach over 100 physicians and nurses from Colorado and the greater region.

Topics include "Optimizing Care of Older Adults," "Reversing Chronic Illness," "Differentiating Between Bipolar Disorder and Personality Disorders" and more.

"About 75 percent of our attendees are local physicians, who are already committed to continuing medical education," said Julie Disher, Fall Clinics Coordinator. "The Committee works hard to insure that area providers have the most up-to-date clinical information on topics relevant to improving patient care. Fall Clinics has been taking place in Montrose for 45 years which confirms the importance of continuing medical education to our medical providers."

Schedule for the event includes: Jeffrey Wallace, M.D., FACP.; Professor, Director of Clinical Geriatrics, University of Colorado School of Medicine, Aurora, Colorado

Ron Morley, M.D.; Medical Director, Colorado Psychiatry Center, Northglenn, Colorado

Mel Anderson, M.D., FACP.; Associate Professor, Interim Director, Internal Medicine Residency Program, University of Colorado School of Medicine, Aurora, Colorado

Maria T. Anderson, M.D.; Electrophysiologist, St. Mary's Hospital and Regional Medical Center, Grand Junction, Colorado "Fall Clinics plays an important part in

Cup of Joe for letting us know



# We're listening. Your feedback can make us better.

Every so often it's important that we check in with those we serve and ask for their feedback - this is one of those times.

Our staff, physicians and Board of Directors at Montrose Memorial Hospital invite you to take a 5-minute survey before Wednesday, August 31 to let us know how we are doing, and more importantly, how we can better serve you into the future. Expressing your thoughts and ideas feels good; and we look forward to hearing what you have to say. Thank you for helping us improve healthcare in our community.

As a thank you for taking the survey, print a coupon for a free small specialty coffee from the Lobby Grille Barista Counter.



It's easy! Visit: MontroseHospital.com our role to lead & advance medical care in our community," said Steve Hannah, MHA, CEO of Montrose Memorial Hospital.

In a special session open to the public, Dr. Maria Anderson, Food for Life instructor and Electrophysiologist from St. Mary's Hospital in Grand Junction, will speak on the topic of "Reversing Chronic Illness" from 12:45-1:45 p.m. in the Montrose Pavilion auditorium. There is no charge for this portion of the program. For more information visit the hospital's website at www.montrosehospital.com.

### About Montrose Memorial Hospital

(www.MontroseHospital.com)

Montrose Memorial Hospital is a 501(c)3 nonprofit healthcare system serving Montrose, San Miguel, Ouray, Gunnison, Delta, Hinsdale and San Juan counties. The health system offers a 75-bed hospital and an extensive range of inpatient & outpatient health care services, including cardiology, oncology, minimally invasive surgery, laboratory, medical imaging/ radiology, Mountain View Therapy, Level III Trauma Center and the family birthing center. The health system partners with regional providers on joint ventures to meet local healthcare needs, including CareFlight air ambulance service, San Juan Cancer Center and Black Canyon Surgical Center. Montrose Memorial is the secondlargest employer in Montrose County, with more than 600 employees and 100 physicians who represent 23 medical specialties. The hospital has received patient satisfaction ratings exceeding 90 percent since 2010.

Thanks for reading the Montrose Mirror... Fresh News for Busy People! Find us online at www.westslopemirror.com

visit us on Facebook.

# FAMe

Focus, Attention, Memory Exercises

# FAME can benefit healthy aging adults and be effective in treating:

- Stroke survivors
- Depression and anxiety
- ADD/ADHD (youth and adults)
- Traumatic brain injuries and PTSD
- Alzheimer's and dementia

For your free FAMC consultation contact



**FAMC** is designed to develop new neural pathways in the brain (<u>neuroplasticity</u>), which can improve focus, attention and memory. The program is provided in the comfort of the client's home and embraces a holistic approach to brain health.

Michele Gad

970-948-5708 michelegad.fame@aol.com

# MIRROR IMAGES...LOCAL BUSINESS!





Clockwise from top left; Ken Vail welcomes the community to his increasingly popular art gallery, Healthy Rhythm Gallery in Sampler Square; friends greet each other before the start of the Lark & Sparrow House Concert with Trevor Andries Quintet Sept. 10; the gorgeous new renovation at Montrose's Backstreet Bagel has made this longtime local business even more welcoming to customers.



# PAPER NEWS SOURCES STILL HAVE THEIR USES...

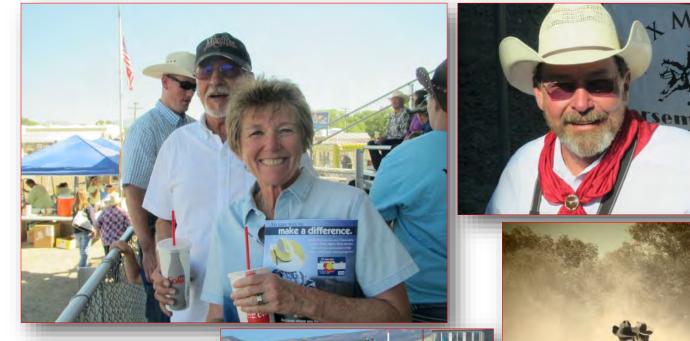
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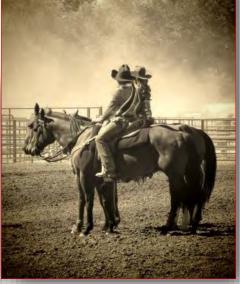
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# MIRROR IMAGES...MOUNTAIN STATES RANCH RODEO!



Clockwise from top left: Montrose City Councilor Judy Ann Files and husband Ralph arrive for the rodeo Sept. 10; Rodeo staffer Richard Harding; Rodeo royalty; cowboys in action; Y Bar Hitch drives in the opening ceremony; color guard opening ceremony.









# MIRROR IMAGES...MOUNTAIN STATES RANCH RODEO!





The Second Annual Mountain States Ranch Rodeo rode into town Sept. 9-11. Clockwise from top left; Val Barnica of Y Bar Hitch leads the Draft Horse Challenge Saturday morning; a team competes in the Calcutta; children watch the action; competitors in the Draft Horse Challenge; the Friday night fundraiser at Turn of the Century Saloon for the Jinx McCain Horsemanship Program.





# **REGIONAL NEWS BRIEFS**

# FOREST SERVICE AND SAN MIGUEL COUNTY COOPERATE FOR SUCCESS DURING RAINBOW FAMILY REGIONAL GATHERING

### Special to the Mirror

DELTA– San Miguel County and the Grand Mesa, Uncompahgre and Gunnison National Forests successfully oversaw the recent Rainbow Family Regional Gathering in the West Beaver area of Lone Cone at the end of August.

"The attendees did a good job of cleaning up the site," said Norwood District Ranger Matt Zumstein. "I went up and visited with them before, during and after the event, and found everyone cooperative and willing to respect the integrity of our forest resources."

"There were some initial problems with an alleged attempted car theft by one of the "hanger-ons" who often accompany the leaderless Rainbow Family," explained Commissioner Art Goodtimes, a Rainbow Family member himself. "But the actual Rainbows who came from all over the U.S. to attend this regional gathering were respectful of the land, the water, private property and local merchants."

Both Zumstein and Goodtimes praised the San Miguel County Sheriff's Office and the Norwood Marshal's Department for working collaboratively to ensure a safe and peaceful gathering, and for apprehending a suspect in the alleged car theft.

Goodtimes has been using his Lone ConeCoRoad property as a collection and recyclingingsite for the gathering. Together with mem-al.bers of the "Stockpot Kitchen," they havebeen hauling trash and helping removepast debris from the hunters' campgroundcoat West Beaver Creek.co

Rainbow Gatherings, whether national or regional, are a meeting of individuals who choose to gather. These meetings are free to all. As movement rather than an organization, attendees bring food and energy to share and feed everyone who comes. Kitchens become the main focal point. For many years the pastor of the Telluride Christian Fellowship organized the "Loving Ovens Kitchen" and brought donated food to many national gatherings, which are held during the first week of July. Regional gatherings vary all across the country. Many of those leaving the Colorado regional are headed off to Washington State for the next Rainbow Region-

Given the close working relationship that's developed between San Miguel County and the U.S. Forest Service's Uncompany National Forest, where a renewed 5-year Memorandum of Understanding is in the works, issues with the Rainbow Family's free assembly of citizens on public land were mitigated and impacts were resolved cooperatively.





Struggling to care for a loved one with dementia or Alzheimer's?

### Dementia Care – Validation Support Group Meets the 2nd Thursday of every month 2:00 – 3:00 pm

### Bring your loved one and activities will be provided while we meet.

Our group is open to anyone wanting to learn more about dementia or Alzheimer's disease, caregivers taking care of a loved one at home, or friends and family members who want to lend extra help from time to time.

Valley Manor Care Center Memory Care Community 1401 South Cascade Ave., Montrose

> Led by Brandi Garcia Certified Dementia Care Validation Instructor **970-249-9634 or 970-275-6115** Email: bgarcia@voa.org

> > Volunteers of America®



Tri-River Area 4-H Presents

10:00 am Shotgun Start 4-Person Team 18 Hole- Scramble Format Proceeds to benefit local 4-H programs

\$50 for Adults and \$40 for Youth (8-18)

Includes: 18 holes, cart, sleeve of balls, contests, and lunch!

To be a sponsor or to register a team visit www.tra4h.org or

call: 970-244-1834/970-249-3935/

970-874-2195





Colorado

Extension

# SEPTEMBER 23, 2016 | MONTROSE PAVILION 1800 Pavilion Dr. | Montrose, CO

45TH ANNUAL MONTROSE





### Maria T. Anderson, MD

Electrophysiologist, St. Mary's Hospital and Regional Medical Center, Grand Junction, CO

### Mel Anderson, MD, FACP

Associate Professor, Interim Director, Internal Medicine Residency Program University of Colorado School of Medicine Aurora, Colorado

### Ron Morley, MD

Medical Director Colorado Psychiatry Center, Thornton, Colorado

### Jeffrey Wallace, MD, FACP

Professor, Director of Clinical Geriatrics, University of Colorado School of Medicine Aurora, Colorado



Registration: Open to physicians, nurses, pharmacists, and physician assistants Phone: Call Julie Disher at 970-240-7394 Online: http://tiny.cc/FallClinics16

### **Presentation Topics Include**

- Bipolar or Just Moody? Differentiating between Bipolar Disorder and Personality Disorders
- Update on Management of Atrial Fibrillation
- Update in Geriatrics
- Review of Medical Literature
- Reversing Chronic Illness
- Crazy to Cool: ADHD Management in Pediatrics
- Clinical Reasoning
- Optimizing Care of Older Adults
- Marijuana and Children

### Cost

See registration at web address below

### **CME** Information

 Montrose Memorial Hospital designates this live activity for a maximum of 7 AMA PRA Category 1 Credit(s).<sup>™</sup> Physicians should claim only the credit commensurate with the extent of their participation in the activity. Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

EARLY REGISTRATION Half-price registration for all participants: register now through 9/10/16



SEPTEMBER 23, 2016	MONTROSE PAVILION
1800 Pavilion Dr.	Montrose, CO

45TH ANNUAL MONTROSE

	Schedule
8:00 - 8:30 a.m.	Registration, Visit Exhibits, Breakfast courtesy of Volunteers of America
8:30 – 9:15 a.m.	Bipolar or Just Moody? Differentiating between Bipolar Disorder and Personality Disorders – Dr. Ron Morley
9:15-10:00 a.m.	Update on Management of Atrial Fibrillation – Dr. Maria Anderson
10:00 – 10:15 a.m.	Coffee Breaks & Visit Exhibits
10:15-11:00 a.m.	Update in Geriatrics – Dr. Jeffrey Wallace
11:00 – 11:45 a.m.	Review of Medical Literature – Dr. Mel Anderson
11:45–12:45 p.m.	Lunch Courtesy of COPIC Insurance Company catered by Camp Robber
12:45 – 1:45 p.m.	Reversing Chronic Illness – Dr. Maria Anderson
1:45-2:30 p.m.	Crazy to Cool – ADHD Management in Pediatrics - Dr. Ron Morley
2:30 - 2:45 p.m.	Coffee Break and Visit Exhibits
2:45-3:30 p.m.	Clinical Reasoning – Dr. Mel Anderson
3:30 – 4:15 p.m.	Marijuana and Children – Dr. Ron Morley
4:15-5:00 p.m.	Optimizing Care of Older Adults – Dr. Jeffrey Wallace
5:00 p.m.	Adjourn
6:00 p.m.	Cocktails
6:30 p.m.	Dinner
0.00 p.m.	Entertainment - Jeneve Mitchell



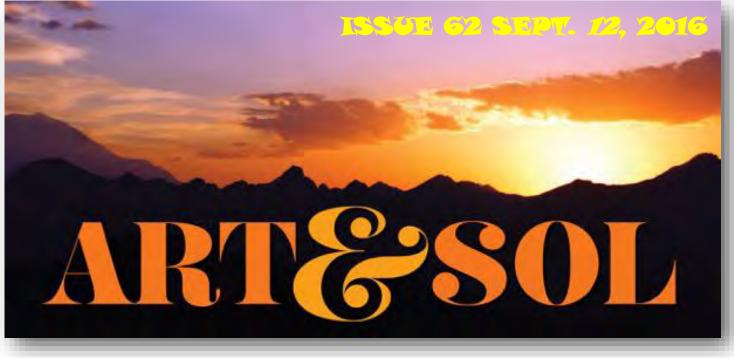
### **Jeneve Mitchell**

We're proud to announce Jeneve Mitchell as the

an

Top 14 Finalist on this season of America's biggest reality show!

entertainment for our Friday Evening Dinner! Jeneve lives on a remote mountain in Crawford, Colorado. As one of the top 14 finalists in this season of America's biggest reality show, Jeneve Rose Mitchell travels the western United States performing music. In 2013 she won the Western Music Association's award of the year for Best Harmony Duo along with her dad.



# **ARTIST BILL WILSON TO HOST STUDIO SHOW SEPT. 17!**





Though the Sept. 17 will feature the work of Wilson's apprentice Rana Shaner, Bill will have a number of his own "seconds" for sale as well. Courtesy photos.

### Mirror Staff Report

MONTROSE-After 25 years of hosting the enormously popular Art on Trout Road shows, ceramic artist Bill Wilson stepped away last year from hosting the large, annual studio show and sale. However, fans of Wilson's gorgeous pottery will have the chance to see some of his work at the studio later this month, when he opens the doors for a Sept. 17 Show with his apprentice, Rana Shaner.

"Rana has been working with me for two

years," Wilson said, "So we are opening the studio to show her pottery and ceramics."

Wilson himself will show some of his recent "seconds," while longtime collaborator and fellow artist Lynn Vogel will bring work to show as well. Vogel's fresh, sculptural designs and works in copper are well known throughout the region, gracing many business and residential locations. Vogel and Wilson will show some of their collaborative pieces as well.

Gifted singer/songwriter Karen Mercer has performed locally and internationally. She will bring copies of her first solo CD, "Upside Down" to the Studio Show & Sale.

While the emphasis will be on works by Rana, all three artists will have work for sale. Adding to the ambience will be singer and musician Karen Mercer, whose beautiful voice will provide the perfect accompaniment to the show. Hours are 9 a.m. to 5 p.m. Wilson's Ceramic Studio is located at 68408 Trout Road, four miles south of Montrose. For more information call 970-209-5046.

# COMMUNITY NEWS BRIEFS: ARTS & CULTURE

# **COLORADO RODEO ROYALTY IN MONTROSE FOR RANCH RODEO**





Miss Rodeo Colorado Madelaine Mills was in Montrose for the Mountain States Ranch Rodeo this weekend. Courtesy photos Richard Harding, pictured with Mills, above.

# FULL SERVICE TREE COMPANY · PROFESSIONALLY TRAINED · FULLY LICENSED & INSURED



# MIRROR IMAGES...WHAT'S UP ON REDLANDS MESA?



Clockwise from top left: Local potter Gini McNair leads a kombucha production demonstration from her studio on the morning of Saturday, Sept. 10; A bottle fence frames a delightful garden beyond Gini McNair's pottery studio; Goods ready for market at Peace and Plenty Farm; Fresh cheese awaits hungry visitors; The aroma of ripe peaches filled the air of the back portion of the Swigart's garden; Pat Frazier leads a group through a cheesemaking demonstration during the Redlands Mesa farm, garden and art tour. Frazier and her husband, Paul, own Peace and Plenty Farm . Mirror staff photos.



# MIRROR IMAGES...WHAT'S UP ON REDLANDS MESA?





Above and below, views on Redlands Mesa; an Alpaca; Blacksmith Doug Fritz demonstrates a forging technique with steel at his workshop on Redlands Mesa.





# **COLORADO NEWS BRIEFS: ARTS & CULTURE**

### NATIONAL PARK SERVICE CENTENNIAL BAND CELEBRATES TURNING 100 WITH THE SHERBINO!

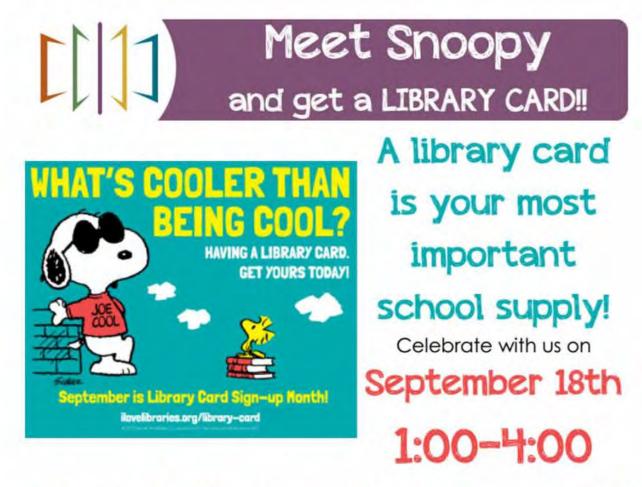
### Special to Art & Sol

**RIDGWAY-As the National Park Service** prepares for its 100th anniversary, the New Orleans Jazz National Historical Park will be celebrating the past 100 years of the NPS and preparing for the next 100 by bringing forth the Centennial Band. The band's programming provides the music of Holmes performing along with New Orle-New Orleans and the National Park Service

to reach a variety of audiences and provide the audiences additional inspiration to Find Your Park throughout the Country! The Centennial Band line-up, which can be found at https://www.nps.gov/jazz/ index.htm, will feature Park Rangers Matt Hampsey, Jon Beebe, and Budadams ans Musicians. The Centennial Band will

perform music ranging from New Orleans jazz and R&B to songs written for a specific National Park. The Sherbino is thrilled to be a venue for this special event, and is looking forward to the celebration of the NPS 100<sup>th</sup> on Thursday, Sept. 15. Doors at 7 pm. Music at 7:30 pm. Tickets \$15 at the door/ \$10 in advance at Cimarron Coffee Roasters, Ridgway location.





# For kids Kindergarten-5th grade!

Get a Library Card or update the one you have.

Get a FREE BOOK and LIBRARY CARD LANYARD from our friends at Altrusa International of Montrose.

**MEET SNOOPY** and have your picture taken. Enjoy **COOKIES** and **LEMONADE** in the lobby.



# COMMUNITY NEWS BRIEFS: ARTS & CULTURE!

### **EXPERIENCE THE SIXTIES AT THE FRIENDS OF THE RIDGWAY LIBRARY POT PARTY** *Thirty-six flower pots to be auctioned to fund updated teen space*

### Special to Art & Sol

RIDGWAY-The Friends of the Ridgway Library invite you to break out your tie-dye and bell bottoms for a 60s-themed Pot Party at the Ridgway Library (300 Charles Street) on Saturday, Sept. 17, 2016 from 4:30 pm -7:30 pm.

The Pot Party features 36 flower pots, made or decorated by local artists, which will be auctioned to the highest bidders. Proceeds will fund an updated teen space and meeting room at the Library. Pots will be on display at the Library until September 17, where people can vote for their favorites. The top five vote-getters will be announced and sold at a live auction at 6 pm at the Party. The other pots will be sold by silent auction, also at the Party.

Party attendees will enjoy 60s music, catering from Amie Minnick of Provisions, beer from Colorado Boy, and wine from Garrett Estate Cellars. Tickets are \$25 and are available at the Ridgway Library or at the door. Children 10 and under are free.

For more information, contact Amy McBride, President of Friends of the Ridgway Library, at <u>970/433-8779</u> or <u>amylopermcbride@gmail.com</u>.



for more information please contact the library at 626-5252 or Amy McBride at amylopermcbride@gmail.com

The bare contonial



Advertisement

## COLORADO NEWS BRIEFS: ARTS & CULTURE! VOICE LESSONS THIS FALL IN MONTROSE. RIDGWAY

### Special to Art & Sol

RIDGWAY-Have some fun with voice lessons!!! Weehawken Creative Arts is presenting two classes of group voice lessons for children ages 7-11 and for tweens ages 12+. Children will learn vocal techniques including, but not limited to breathing, vocal placement, vocal styles, ear and rhythmic training, and performance skills.... through fun! This is a great class for children who are in drama, speech, or just looking to learn how to properly use and project their voices.

Led by Allyson Connally, who has BA in Vocal Performance with 11 years of formal studio teaching including group lessons, and is a member of NATS. Children will have a studio recital at the end of the course. Allyson taught for Weehawken in Spring of 2016 and had rave reviews by all of the parents and students alike!

Voice Lessons in Ridgway: Class 1 Children ages 7-11 Wednesday evenings from 4 pm to 4:45 pm at the Sherbino Theater in Ridgway. All materials are covered in the class; all you have to do is register and come! Sept. 14th to Dec. 14th and cost \$143 for 13 classes (only \$11 per class) Actual dates of the class are Sept. 14, 21, 28 and Oct. 5, 12, 19, 26, and Nov. 2, 9, 16, 30 and Dec. 7 and 14 with an ending performance at the beginning of Polar Express Dec. 16th and 17th at the Montrose Pavilion. Space is limited to only 10 students so sign up early to guarantee a spot.

Voice Lessons in Ridgway: Class 2 Tweens ages 12+ Wednesday evenings from 4:45 pm to 5:45 pm at the Sherbino Theater in Ridgway. All materials are covered in the class; all you have to do is register and come! Sept. 14th to Dec. 14th and cost \$143 for 13 classes (only \$11 per class) Actual dates of the class are Sept. 14, 21, 28 and Oct. 5, 12, 19, 26, and Nov. 2, 9, 16, 30 and Dec. 7 and 14 with an ending performance at the beginning of Polar Express Dec. 16th and 17th at the Montrose Pavilion. Space is limited to only 10 students so sign up early to guarantee a spot. Voice Lessons in Montrose: Class 1 Children ages 7-11

Thursday evenings from 4 pm to 4:45 pm the previous Uncompany Yoga Circle at 310 South 9th St, Montrose, CO 81401 next to Budget Blinds at the corner of Townsend and 9th Street. All materials are covered in this class; all you have to do is register and come! Sept. 15th to Dec. 15th and cost \$143 for 13 classes (only \$11 per class)

Actual dates of the class are Sept. 15, 22, 29 and Oct. 6, 13, 20, 27, and Nov. 3, 10, 17 and Dec. 1, 8, and 15 with an ending performance at the beginning of Polar Express Dec. 16 and 17 at the Montrose Pavilion. Space is limited to only 10 students so sign up early to guarantee a spot. Voice Lessons in Montrose: Class 2 Tweens ages 12+ Thursday evenings from 4:45 pm to 5:45 pm the previous Uncompahgre Yoga Circle at 310 South 9th St, Montrose, CO 81401 next to Budget Blinds at the corner of Townsend and 9th Street. All materials are covered in the class; all you have to do is register and come! Sept. 15th to Dec. 15th and cost \$143 for 13 classes (only \$11 per class)

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Cindi Millward, M.D. General Surgeon Board Eligible

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## NOTES FOR THE JOURNEY... Exploring Classical Music With Rob Brethouwer

### ONE AMERICAN COMPOSER WHO CHANGED THE WORLD ...

We all have people to whom we have looked up to since a young age and who continue to inspire us in different ways. If you are a person with multiple interests you likely have more than one such person. One individual who is a constant source of inspiration and has been for many years will be our focus. This will also be the first part of a five part series on American composers.

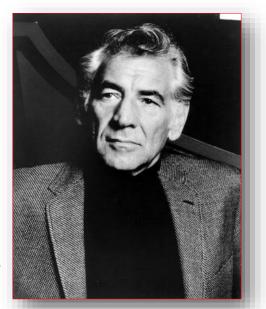
Leonard Bernstein was a true Renaissance man who had his hands in all aspects of the classical music world. Composer, Pianist/Accompanist, Conductor, Educator and Lecturer were just a few of the many roles he played. This was a man who did not simply dabble in a few areas; he was a true master of all that he pursued and his legacy rings loudly to this day.

After graduating from Harvard University in 1939, Leonard Bernstein set out to be a Composer. This would be his goal throughout his life and he would in fact compose great works for the Broadway and concert stages. His mind was focused on composing, but his personality made him a natural communicator and musical interpreter. His presence on the podium in front of an orchestra was radiant and magnetic and he was in the highest demand as a Conductor throughout his entire long career. Well-known works composed by Leonard Bernstein include *Can*- *dide, West Side Story, and Chichester Psalms.* 

An accomplished artist at the keyboard, Leonard Bernstein was a frequent soloist with major orchestras around the world. Whether he was playing a Mozart piano concerto, *Rhapsody in Blue*, or something more contemporary, he was a flawless technician and performer. Many other artists sought him out as an accompanist for their own concerts and/or solo recitals. Often, he would be found both conducting the orchestra from the keyboard while doing double duty as the featured soloist.

In the fall of 1973, Leonard Bernstein was the Charles Eliot Norton Professor of Poetry at Harvard University. As part of this honor, Leonard Bernstein gave a series of six lectures titled "The Unanswered Question." The series was dense in content and broad in scope. These lectures cover very difficult material and extend to over twelve hours in total length. It truly does require two full viewings before the surface of the material is even superficially scraped. The lecture format is casual in presentation and style but deep in intellectual content.

From 1958 until 1972, Leonard Bernstein presented a series of Young People's Concerts that were televised nationally. These concerts coincided with his tenure as Music Director for the New York Philharmon-



American Composer Leonard Bernstein, photo courtesy leonardbernstein.com.

ic. Topics included folk music, Latin music, jazz, music theory, and a discussion of what music actually means. In the role of Educator, Leonard Bernstein was at his most dynamic and outgoing. Watching him speak to an audience, it is obvious that he knows the material backward and forward and simply loves to give that knowledge to the listener and to the audience. He brought the often-daunting world of classical music to audiences of all ages and from all backgrounds.



## A TASTE OF SOUTH AFRICA ARRIVES IN MONTROSE ... ZULU BREWING COMPANY NOW OPEN @ 512 EAST MAIN STREET



Zulu Brewing owner Nigel Askew, top right, born and raised in Zambia, brings unique flavors to his African pub in Montrose, Colorado. His mother grew up In Surrey, England but worked as a nurse in Zambia, which at the time was known as Northern Rhodesia; and his father (of British origin) was from Johannesburg, South Africa. Courtesy photos.

#### By Liesl Greathouse

MONTROSE-'Shaka Your Taste Buds'-that's the goal of the new brewery, Zulu Brewing, located in Downtown Montrose, which works to bring South African ales and lagers to the masses.

Owner Nigel Askew is no stranger to breweries, having been craft brewing since Askew's mother grew up in Surrey, Eng-1993 and co-owner of Horsefly Brewing Company. He eventually decided that he wanted to focus on the brewing side of things rather than the restaurant aspect and so opened Zulu Brewing a month ago. "We offer traditional style lagers and ales made with international flare," he explained. "Inspiration comes from German and British beers and influences from the rest of the world." The simple menu focuses on high quality beers with an African flair, featuring a Pre Prohibition Lager, Amber Bock, India Pale Lager, Foreign Extra Stout, and Strong Scotch Ale.

Currently the beer is made at 2 Rascals, to Askew's specifications, while the paperwork is being finalized. But the brewing

aspect is Askew's favorite part and something he is looking forward to doing at Zulu. "I like coming up with the beers," he said. "I like all aspects of brewing. My favorite part of Zulu is to come when I can brew on site."

While he was born and raised in Zambia, land but worked as a nurse in Zambia, which at the time was known as Northern Rhodesia; and his father (of British origin) was from Johannesburg, South Africa.

The name for the brewery comes from the South African tribe, the Zulus. "They were a fierce people that developed in northern South Africa," Askew explained. Their logo actually features the Zulu shield and the 'Shaka' part comes from the name of a Zulu chief, who was dubbed the 'African Napoleon' by some.

Zulu's Main Street location was originally where the old Salk Lick bar was, then it was completely refurbished into a new restaurant, and finally it was used as a bank before Askew moved in. Askew



aimed to create a club-like atmosphere at Zulu, with seating but no dining room. "I liked doing all the design," he said. "I like the concept of a nice and relaxing atmosphere."

Comments from customers have noted the atmosphere that Askew has worked hard to achieve. "They say that it's 'nice, quiet, relaxing and an unhurried place to sit and enjoy a nice beer,<sup>1</sup>" he explained. "They do not want to be in a hectic environment."

Askew hopes to be able to offer food to customers within a month, mainly food that fits the casual feel of the brewery. "I handed Nick at The Bistro a book on African food and he'll be cooking it fresh for me, delivering it and then we finish the cooking process here, whether in a conventional oven or a steaming table," Askew said. "It's something nice to offer as some people don't want to just drink beer. The food is not as exotic as some might think. The food has been influenced by the Dutch, English, Indian and Malaysian cultures."

While hoping to bring a taste of South African culture to the area, Askew otherwise keeps his goals simple. "I want to make a good beer and enjoy it. I'm hoping other people will enjoy it more and more." Zulu Brewing is located at 512 E Main Street in Montrose. They are open Monday, 3-9 p.m., Wednesday-Thursday, 3-9 p.m., Friday-Saturday, 3-10 p.m. and Sunday 3-9 p.m. For more information, call 765-2655.

# MONTROSE FALL 2016

Fall 2016 WCA Dance Schedule - MONTROSE (310 S. 9th Street, Montrose) 970-318-0150 \* www.weehawkenarts.org



### Mondays

10 am-10:45Pre-Ballet with Miss Leeann (ages 2.5-5)3:45-4:30Primary ballet Miss Leeann4:30-5:30Ballet 1/2 with Miss Wendy (ages 8-10)5:30-6:30Intermediate Hip-Hop with Miss Valerie (ages 8-11)6:30-7:30Advanced Hip Hop with Miss Valerie (ages 12 and up)

### Tuesdays

12pm-12:45	Intro to Tap and Jazz! With Miss Natasha (ages 2.5-5)
3:45-4:45	Wee/Jr CO with Miss Natasha (4-8th grade)
4:45-6:00	Sr. Co with Miss Natasha (grades 9-12, or w/ instructor approval)
6:00-8:00	Ballet 4/5 with Miss Natasha (w/ instructor approval)

### Wednesdays

2:45-3:30Pre-Ballet with Miss Leeann3:30-4:30Poms/Cheer Funk with Miss Valerie (ages 9 and up)4:30-6:00Ballet 3/4 with Miss Caroline (ages 10+ w/ instructor approval)6:00-8:00Ballet 4/5 with Miss Caroline (w/ instructor approval)

### Thursdays

4:00-5:00Wee little Hip Hop with Miss Leeann (ages 4-7)5:00-5:45Pre-Ballet with Miss Leeann (ages 2.5-5)

### Fridays

Primary ballet (ages 5-7) w/ Miss Natasha & Miss Leeann
Tap/jazz (ages 5-8) with Miss Natasha
Ballet 1/2 (ages 7.5 -9) with Miss Natasha
Ballet 3/4 (ages 10-14) with Miss Natasha
Pre-Pointe/Pointe (by approval) with Miss Natasha

### Classes begin the week of September 12th and run for 12 weeks (no class Thanksgiving Week)

All students (unless opting-out by week 3) will perform in the end-ofthe-semester performance of "The Polar Express" at the Montrose Pavilion on \*December 16 & 17 (\*pre-k students will perform in only one performance as the cast will be split).

### PRICING

Once-Annual Registration Fee: \$25

30 min class = \$70 45-60 min class =

S

\$162 + \$28 show fee 75 min class =

\$185 + \$28 show fee 2 hour class =

\$265 + \$28 show fee

Ballet students must wear a uniform (levels primary +)

Additional Costs: tickets to performances are not included in tuition rates, though volunteer opportunities are available.

For students enrolling in 4+ classes during same registration, we offer 10% discount on all class tuition





## WRITER GAIL MARVEL'S CLUB CONNECTION

### A FABRIC OF FRIENDSHIP STITCH BY STITCH: FRIENDSHIP QUILTERS



The What Ifs display their projects. Each quilter is required to incorporate the same 24 X 24inch piece of challenge fabric into their art creation. Photo by Gail Marvel.

#### By Gail Marvel

MONTROSE-The Friendship Quilters Guild, one of three quilting guilds in town, has been around for 22 years. There are currently 80 members ranging in age and skill level from beginners to experts. Dues are \$30 a year and although there are no men members, everyone is welcome. Members come from as far away as Nucla, Naturita, Lake City and Silt.

Within the guild there are seven or eight small groups that meet at different times in various homes and specialize in a craft, or project — strip pieces, art quilts, applique, tabletops, etc. According to historian Karla Gilbert one of the strengths of this guild is, "People genuinely care about each other and step into fellowship with one another." This is a social and recreational guild whose mission is "...to stimulate an interest in quilts, to promote and advance the art of quilt making and to conduct educational programs and services in the design and techniques of quilt making."

In community outreach the guild makes Caring Quilts for the cancer center, Life Choices, Hospice and Dolphin House. Each month a different quilt is displayed at Hospice. There were 45 people present for the meeting on Aug. 25, which began with a brief business meeting that included reports on upcoming quilt shows, collecting food items for Sharing Ministries, and forming committees for the 2017 Black Canyon Quilt Show. Volunteers were sought for the nominating committee for new officers, "If you're interested in being on the nominating committee you probably won't be recommended for an office... otherwise you are fair game!"

Those who wanted to participate in Show and Tell lined up in the front of the room with their projects — placemats, tabletoppers, panels, and quilts. Each project had a backstory...the inspiration, the title of the finished project, the methods used and the mistakes made. Similar to credits on a motion picture, the ladies gave credit to others who contributed to the project. They named who made the pattern, the store where the material was purchased, the individual who pieced, and the person who quilted. Mary Huff said of her humorous Hawaiian themed quilt, "This is the quilt that I made for myself!"

The program was presented by the "What Ifs," a group of ladies who have been together in their small group for two



Quilters line up to do Show and Tell. Judy Clay (red and black) and Nancy Kenton (grey and black) received Ohhh's and Ahhh's when each unveiled their version of "Labyrinth Walk." Photo by Gail Marvel.

years. In this specialized group each person is given a 24 X 24-inch square of the same challenge material, which must then be incorporated in the project in some way. As though looking for a hidden object in a picture the ladies would often have to point out to the audience where they placed the challenge material. "The challenge fabric is here, here and a little spot there...and what I didn't use I put on the back!"

One woman chose to cut her challenge fabric in half (12 X 24) so it would be easier to work with, "I didn't bend the rules quite as much as everyone else."

The titles of the art were as creative and the projects themselves, "Faithful Light" and "Heavenly Bodies." One as yet unnamed project depicted a young child blowing dandelion seeds was tentatively titled, "Whoosh."

Sharing their emotional connection to the craft of quilting one woman said, "I always say my quilts talk to me and tell me how they want to be quilted." Another revealed finding a fabric treasure, "I find a piece of fabric and think, oh my gosh, I've got to have that fabric. I don't know what I'm going to do with it yet, but I've got to have it!"

Contact Information: Meets Fourth Thursday, 9:30 – 11:00 a.m. Victory Baptist Church 2890 N. Townsend Montrose, CO 81401 President Robbie Turgeon 901-7678

## COMMUNITY NEWS BRIEFS: ARTS & CULTURE

### **CELEBRATE SEVENTH ANNUAL PEACE WEEK IN MONTROSE SEPT. 16-24**

Special to Art & Sol

MONTROSE-The theme of the Seventh annual Peace Week is "Peace is in our hands." Peace Week begins Friday, Sep. 16, with the Annual Peace Dinner sponsored by the Western Colorado Friends of the Himalayas.

The 2016 Peace Awards will be presented recognizing area residences who continue to work for peace. Following the buffet dinner at Guru's Restaurant, 428 Main Street, at 6 pm, a presentation will be made by CJ Brafford, Director of the Ute Indian Museum and a report on recent WCFH projects will be given by President Val Burnell. Reservations for the buffet are requested by calling 252-0908 or can be made at the restaurant.

Saturday, Sept. 17, there will be information and a display of Peace Poles at the Farmers Market. Children will be invited to paint peace rocks to take home. Area churches are invited to include peace in their services on Sunday, Sept. 18 and several new Peace Poles will be dedicated. Wayne Quade, will give a presentation on the Messengers of Peace, the world's largest peace movement, on Tuesday evening, Sept. 20, at 7 pm at St. Paul Episcopal Church, 2900 Sunnyside Road. He will also report on the recent seminar on climate change in Houston, TX, and what local communities can do to help with climate change. This event is co-sponsored by

Community Spirit UCC and the Spiritual Awareness Center.

Wednesday, Sept. 21 is the United Nations International Day of Peace and there will be an interfaith Prayer Gathering at noon at the Peace Pole in Ute Indian Park to pray for world peace and the healing of Mother Earth. Community Spirit UCC invites the community to the Interfaith Peace Meditation and Labyrinth Walk at St. Paul Episcopal Church on Thursday, Sept. 22 from 5-8 p.m.

Peace Week ends with the planting of a Peace Rose at the Montrose Botanic Gardens at 11 am on Saturday, Sept. 24. For the complete schedule, go to www.spiritawarw.org or call 252-0908.

### BENEFIT FOR OURAY COUNTY RANCH HISTORY MUSEUM

#### Special to Art & Sol

COLONA-Wear your apron, and tell its story at the Apron Tea & Light Lunch on Sept. 17 at the Colona Schoolhouse (2016 CR1 Colona). The fundraiser for Ouray County's Ranch History Museum begins at 11 a.m. and goes until 2 p.m. and includes door prizes and a silent auction. Music will be performed by Harpist Robin Freed. Tickets are \$15. RSVP to 970-318-1190.

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## Many Older Adults Need Our Help... in the most fundamental ways.

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• SHELTER: Imagine having to find a decent, secure place to live on an income of \$800 per month.

- SAFETY: For older adults, home can often become a dangerous place without proper repairs.
  - **SUPPORT:** Sometimes we all need a little help from our friends.
    - CARE: When living at home is no longer an option, we can help.
- **CONNECTIONS:** When you outlive all of your friends and family, who do you turn to?

We provide a connected network of services that make a significant difference in our part of the world.

Join us in supporting our vision to enrich and uplift the lives of our local older adults.

Volunteers of America®

www.voahealthservices.org www.Facebook.com/VOAWesternSlope.org 1-844-VOA-4YOU Toll Free Assistance Line

### OUR MONTROSE SENIOR CENTER...A LEGACY OF LOVE



Dressed in a CCC uniform, Bill Jamerson performed a nostalgic, fun-filled program of stories and songs from the Civilian Conservation Corp film "Camp Forgotten," at the Montrose Pavilion Senior Center on Friday. On Saturday night the dance floor again was filled with great music from the Lugnuts with Evelyn Roper talking the lead. Courtesy photos.

Bv Marilvnn Husebv and Paul Janzen MONTROSE-What can volunteers accomplish? Well, they can get a senior center built. No small feat, and one that took four tries and 17 years to accomplish. That is guite a testament to the spirit of our older citizens in Montrose. It's also an example of what dedication and perseverance can accomplish. Couple that spirit with a nationally ranked hospital; itself owned by the citizens of Montrose, there's a lot of citizen involvement to be proud of in making Montrose an attractive place to live. With 21 percent of the population of Montrose County being over 62, the need for an active, dedicated Senior Center has become ever more apparent and important for the health of our community. .

The original senior center idea was put together in 1973 by a group of volunteers who organized themselves as the 'Golden Circle'. They met in what is now the Lions Park clubhouse. A year later they moved into the County Courthouse Annex. There the Golden Circle stayed, and their work towards their dream continued. It wasn't until 1990 that their plans for a dedicated senior center became a reality. It became a reality when \$276,000 was raised along with public awareness through fundraisers, grants and contributions. Fifteen acres of land was donated by older local landowners, with the provision that a portion of the building always be dedicated to a senior center. Revenue bonds went up for sale and were sold in 4 days!

That \$276,000 was absorbed into the much larger center we now know as the

Pavilion. The City of Montrose continues to support the seniors by handling the cost of the newsletter, 'The Senior Scene' that publishes all the events and menus monthly. The Golden Circle then started the largest community effort ever, to transport and serve meals to everyone over 50 in need all over Montrose. The City continues to supports the cost of the bookkeeping required to continue homebound meal delivered by the Golden Circle volunteer effort five days a week. That initial effort has also grown into' All Points Transit' now a flourishing service for all transportation needs in our county. The Pavilion has 19,000 square feet of meeting, exhibition, and banquet space, including a 602 seat auditorium theater, and nearly 9,000 square feet of space dedicated to seniors. There is a full kitchen, a crafts area, billiard/game room, stage, library, and hardwood dance floor. With lots of natural light and a fireplace it is a warm, friendly atmosphere.

The Golden Circle runs the center. They are a group of dedicated volunteers, all unpaid. They serve weekday lunchtime meals to people of all ages at a very reasonable \$5 dollars.

This is only a part of what they do. There are a host of programs and activities happening all the time.

There are regular programs with speakers brought in to share valuable information. Some examples have been Long Term financial planning, what county resources are available through Region 10, understanding the new Medicare and Medicaid rules, a joint replacement seminar put on by Western Orthopedic. There

are travel presentations, and a new circle of storytelling. The storytelling is only part of the show. Even more interesting is when the audience is invited to share their stories from an event they've lived. These folks are from every walk of life. They include retired businessmen, engineers, servicemen, teachers, and even authors. There are a lot of skills in this group. It seems a wonder why government hires consultants when there is so much expertise in our retirees. Not only knowledge, but life experience that leads to practical solutions. It's definitely a pool of knowledge we all respect and use. Their efforts created the Senior Center and had a large hand in us having an outstanding hospital and library staff.

The Senior Center facilities are open five days a week, from 9 to 4. Lunches are weekdays 12 to 1. All served by volunteers and cleaned up by volunteers. After lunch is when the programs begin.

The center has dances twice a month, line dancing every Monday, followed by an open jam session from 4 to 6. The Montrose Pavilion Dance Club has dances the 2<sup>nd</sup> and 4<sup>th</sup> Fridays of the month. Besides the dancing, there is a Tai Chi class Monday mornings and a Zumba class on Thursdays. Being active is healthy and there's plenty of opportunity for being active there.

The Rec District sponsors 50 plus adventure trips for people through the Center. They go on hikes, trips to events in Grand Junction and the surrounding area, and of course the occasional gambling junket to one of our Colorado casinos. It's a pretty full calendar and there's something for everyone.

Now the volunteers of the Golden Circle are rising in a new effort to RE create the center again. The center needs to be an exciting health and active focal point for the NEXT generation of 'seniors.'

With the same un daunting spirit of the volunteer senior force and the boomer community our efforts will thrive, and recreate a center were people are discovering wholesome new approaches to health education and friendly community meals. ' If we build it they will come' is still the Golden Circle's dedication.

Come enjoy our circle of friends!



## Hold the Date! Upcoming Business and Cultural Events

#### ONGOING-

THIRD FRIDAYS--SILVERTON SUMMER CONCERT SERIES--3rd Fridays of June, July, August & September from 5-8 p.m. in Memorial Park- 1600 Greene Street, Silverton, CO. Admission is Free. Featuring: Great Southwest Colorado bands: June 17: Six Dollar String Band; July 15 Dave Mensch; Aug. 19-The High Rollers; Sept. 16-Hello Dollface. Local vendors serving food & selling local goods. Beer Garden with Local Brews by Avalanche Brewing Company & Bottom Shelf Brewery\*.

SATURDAY NIGHT LIVE @ THE GALLERY • MUSIC BY YOUTH, Second Saturdays from 7 to 9 p.m. at Healthy Rhythm Community Art Gallery in Sampler Square.

THE ALPINE PHOTOGRAPHY CLUB meets every second Tuesday at St. Mary Catholic Church in the St Paul Room, 1855 St Mary's Drive, Montrose. The Public is welcome to attend. For more information, email alpinephotoclub@aol.com.

FREE FAMILY LAW CLINIC-LAST WEDNESDAY OF EVERY MONTH, Montrose County Courthouse (Leslie German self-help center) at 1200 North Grand, Noon to 1:30 p.m. Sponsored by Uncompany Polytone Volunteer Legal Aid and the 7th Judicial District Bar Association. Call 970-249-7202 for information.

FREE JAM SESSION AND SING ALONG, Mondays from 4 to 6 p.m. at the Montrose Pavilion Senior Center.

MONTROSE HISTORICAL MUSEUM-"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2<sup>nd</sup> St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

**SNOWSHADOW GYM**-Zumba classes with Maria Gonzalez week nights 5:30 to 7:30; Swing dance with Kevin Mears Mondays 7:30 to 9:30 p.m. 535 S. First St. Snowshadowgymniastics@yahoo.com.

#### MONTHLY-

Sept. 12-On Monday, Sept. 12, 6:30 Centennial room 433 S. 1st behind Montrose City Hall off plaza, Citizens' Climate Lobby meeting of interested nonpartisan constituents to influence legislators of the concerns over climate change. All welcome. 240-9146.

Sept. 14--Colorado State University Tri-River Area Extension invites you to join us for upcoming canning classes. Meats and Salsa class is Sept. 14<sup>th</sup>, located at Bill Heddles Rec. Center, from 8:30-12:00. Pre-register by September 9<sup>th</sup> is required. \$30 pp which includes all class supplies as well as samples and print materials to take home. Pickles and Salsa class is being held September 22 at Ouray County Fairgrounds, from 8:30-12:00. Pre-registration by Sep 16<sup>th</sup> is required. It is \$25 pp which includes all the same benefits. For more information please contact CSU Family and Consumer Science Agent, Ann Duncan MS, RDN at 970-249-3935.

Sept. 15-The sixth annual Montrose-Delta BeaconFest Boomer & Senior Fair will be held from 9 a.m.-2 p.m. on Thursday, September 15 at the Montrose Pavilion, 1800 Pavilion Drive in Montrose. BeaconFest is free to attend. For questions and booth information, call 970-243-8829 or visit <u>www.BeaconSeniorNews.com</u>.

Sept. 16 - "The Topnotch Nonprofit" institute takes place all day at the Western State Colorado University Center in Gunnison. Keynoter is Dennis Lankes (Forbes Magazine "Best in World Co-Working Space"). Visit

http://www.western.edu/academics/extended-studies/topnotch-nonprofit for more information or to register.

Sept. 17-City of Montrose 2016 Household Hazardous Waste event 10 a.m. to 4 p.m. City and county residents are invited to bring household hazardous waste to the City Public Works shop (1221 64.50 Road) for proper and responsible disposal. Acceptable items include: pesticides, insecticides, herbicides, fluorescent light bulbs, solvents, aerosols, pool and spa chemicals, used automotive fluids (motor oil, transmission and brake fluids and antifreeze), batteries, caustic cleaners, light ballasts, propane tanks and acids.Unacceptable items include: biological/infectious waste (i.e. sharps), radioactive materials, smoke detectors, thermostats, fireworks, explosives, ammunition and unidentified substances. Minimal fees will be charged for some items to offset the cost of the disposal service. A fee schedule and additional event information are available

### at<u>www.CityofMontrose.org/hhw</u>.

Sept. 17-2016 TRA 4H Golf Tournament Fundraiser, 10 a.m. shotgun start, @ Devil's Thumb Golf Course in Delta. Visit http://www.tra4h.org for info.

Sept. 17-The Friends of the Ridgway Library invite you to break out your tie-dye and bell bottoms for a 60s-themed Pot Party at the Ridgway Library (300 Charles Street) on Saturday, Sept. 17, 2016 from 4:30 pm -7:30 pm.The Pot Party features 35 flower pots, made or decorated by local artists, which will be auctioned to the highest bidders. Proceeds will fund an updated teen space and meeting room at the Library. Party attendees will enjoy 60s music, catering from Amie Minnick, beer from Colorado Boy, and wine from Garrett Estate Cellars. Tickets are \$25 and are available at the Ridgway Library or at the door. Children 10 and under are free. For more information, contact Amy McBride, President of Friends of the Ridgway Library, at 970/433-8779 or amylopermcbride@amail.com.

Sept. 17-6th Annual Faragher Foundation Dinner and Wine event & Silent Auction. 5:30 p.m. red carpet pictures, and bubbles, 6:45 p.m. toast, 7 p.m. dinner. Tickets \$75. Tickets at info@rmrestorativemedicine.com.

Sept. 18-20-The Friends of the Montrose Library will hold a used book sale Sunday, Sept. 18, through Tuesday, Sept. 20, in the Montrose Library Meeting Room. Hours are Sunday, noon to 5 p.m. (FOL members only noon to 2:30 p.m.; you may join at the sale); and Monday and Tuesday, 9 a.m. to 6 p.m. On Tuesday from 4 p.m. to 6 p.m., customers can fill a reusable bag with books for \$4. Information, 303-898-8487.

Sept. 21-Chipeta Archaeology Society presents John Pitts - When Lightning Strikes Twice - Relationship of one aspect of nature and the life patterns of Native Americans on Wednesday Sept. 21 at 7pm at Montrose United Methodist Church, Baldridge Hall, South 1st and Park Ave, Montrose Colorado. No fee - suitable for all ages.

Sept. 22-The League of Women Voters of Montrose County invites and encourages the public to attend its November Ballot Issues Forum, a non-partisan presentation of the pros and cons of issues on which you will soon vote. Thursday, Sept. 22, at Noon & 5:30

Montrose Library Community Room. LWV ballot issues pamphlets will be available.

Sept. 23-The 45<sup>th</sup> annual Fall Clinics event will take place on Friday, Sept. 23 at the Montrose Pavilion. Known for having speakers from around the country discussing current medical topics, the event is expected to reach over 100 physicians and nurses from Colorado and the greater region. In a special session open to the public, Dr. Maria Anderson, Food for Life instructor and Electrophysiologist from St. Mary's Hospital in Grand Junction, will speak on the topic of "Reversing Chronic Illness" from 12:45-1:45 p.m. in the Montrose Pavilion auditorium. There is no charge for this portion of the program. For more information visit the hospital's website at <u>www.montrosehospital.com</u>. Sept. 24-25-Sneffels Fiber Arts Festival, Downtown Ridgway.

Sept. 28- Please join us for a time of education and support. Coronary Stents & Surgery. 6:30 to7:30 p.m. Montrose Memorial Hospital Conference Room B, 800 South Third Street. Oct. 1 & 2 - John Fielder two-day Photographic Workshop, a benefit for the Ouray County Historical Society, offers field shoots in the San Juan Mountains and hands-on photography and editing instruction from Colorado's master photographer. \$850 per person includes some meals and transportation to all shooting locations. Call (970) 325-4576 to register and for more information.

Oct. 1-Montrose Oktoberfest is Sat Oct 1st, 1pm-6pm in Centennial Plaza, Downtown Montrose. Tasting will feature 25 craft breweries and local wineries. Live music from Halden Wofford & the Hi Beams and Zolopht. More info and tickets at <u>www.montrosebeerfest.com</u>.

Oct. 14-16-The Bow Wow Film Fest Tour is heading your way! This FUNdraiser for Second Chance Humane Society is stopping to "Raise the woof" in: Ridgway on Friday Oct. 14, 7pm at the Sherbino Theater & Montrose on Sunday Oct. 16, 6 pm at the Turn of the Century. This is a family friendly short collection of films all for "The Love of Dog"! Tickets are on-sale now \$12/Adults, \$8/kids - \$15/door & a movie preview at <u>www.bowwowfilmfest.com</u>. ALL proceeds benefit Second Chance Humane Society a 501(c)(3) animal organization serving the counties of Montrose, Ouray & San-Miguel.

Oct. 26- Please join us for a time of education and support. Statins. Understanding Risks & Benefits. 6:30 to7:30 p.m. Montrose Memorial Hospital Conference Room B, 800 South Third Street.

# **Give Back Days**

## At Mi Mexico Mexican Restaurant

Come enjoy a delicious meal and we'll donate 20% \* of your total check to a local non-profit.

Every Wednesday...Every Month...All Day (11 am - 10 pm) Over 200 entrees to choose from! 1st Wed: The Homestead at Montrose 2nd Wed: All Points Transit 3rd Wed: Montrose Rec Foundation 4th Wed: Valley Manor Care Center 5th Wed: Community Options Inc.

(Note: 5th Wed dates are: March 30, June 29, Aug 31, Nov 30, 2016)

After dining, attach the coupon to the bill and deposit it in the box labeled "Give Back Days." 20% of your total bill will be donated to the designated charity.

# SUPPORTING IS NOW DELICIOUSLY REWARDING.

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## MONTROSEM I R R O R

Contact the Montrose Mirror: Post Office Box 3244 Montrose, CO 81402 970-275-0646 <u>Editor@montrosemirror.com</u> www.montrosemirror.com





The weekend of Sept. 9-11 was packed with events and opportunities for family fun, including the Mountain States Ranch Rodeo and Montrose Regional Airport Tribute to Aviation.





## ouray county SNEFFELS FIBER FESTIVAL

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September 24 & 25, 2016 in beautiful Ridgway, Colorado!

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