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THE MONTROSE MIRROR

Fresh News for Busy People...Weekly on Mondays!

Issue No. 187 Sept. 19 2016

ROCC COMMUNITY FORUM ON SEPT. 21 TO ADDRESS HIGH COST OF HOUSING IN OURAY COUNTY

Mirror Staff Report

RIDGWAY-It's no secret that finding affordable housing is a challenge for many who live, work and even own businesses in Ouray County. On Wednesday, Sept. 21, the Ridgway Ouray Community Council and the Ouray County Housing Authority will address the challenge with a community forum and panel discussion, set for 7 p.m. at the Ridgway Community Center. Refreshments will be served beginning at 6:30 p.m.

A news release issued by ROCC last week noted that the organization is in the process of inviting "stakeholders" to provide their insights. A 2011 Affordable Housing Needs Assessment underwritten by San Miguel and Ouray Counties revealed that the majority of residents in Ouray County feel that the problem of finding affordable housing for persons who work in the region is either the most critical or one of the more serious problems facing the area.

The Needs Assessment noted

Continued page 4

Affordable Ridgway Rental?



OK - maybe it's not *quite* this bad. But Ouray County does have a critical shortage of affordable housing.

Housing Our Community: A Public Forum

Come be part of the solution.

This is an opportunity to:

- ▶ Discuss the extent of the problem
- ▶ Debunk some of the myths
- ▶ Share your experiences and ideas
- ▶ Brainstorm possible solutions: What's the way forward? How to fund it?

When: Wednesday,
September 21

Where: Ridgway Town Hall
201 N. Railroad St.
Ridgway, CO

Time: 7:00 pm
(Refreshments at 6:30)

Sponsored by:
Ridgway Ouray Community Council
and
Ouray County Housing Authority

FIVE BANDS, ONE COMMUNITY, FREE MUSIC ON THE GREEN @ BALDRIDGE PARK SEPT. 24!



Catch some of Montrose's hometown favorites, including Johnson County Coroners, @ Music on the Green @ Baldridge Park Sept. 24. Courtesy photo.

Mirror Staff Report

MONTROSE-They hadn't really thought up a name for themselves the first time one local band played at Horsefly Brewing Company.—but by evening's end, the group had become the Johnson County Coroners.

"It was Phil from Horsefly who named us," harmonica player John Shrader said. "He is from Johnson County, and he told us to call ourselves the Johnson County Coroners. But he actually wrote 'coroners' on the board. And when Quentin Tarantino happened to be in town filming the Hateful Eight, he came in saw the name. 'What a cool band name!' he said.

"So we've been the Johnson County Coroners ever since." Catch headliner Johnson County Coroners, along with Ascending Giants, Blue Gators, Ulterior Motive and All About M.E. at the Volunteers of

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in this
issue

*City to share results
of citizen survey!*

*Author Nick Adams
To Speak in Ouray!*

*Dahlia Floral Blooms
in Backyard Shop!*

*BOCC Work
Session!*

*County Assessor
Brad Hughes!*

ASSESSOR DISCOVERS, LISTS, VALUES & CLASSIFIES MONTROSE COUNTY!



When a commercial building, such as 439 S.2nd St. above, is purchased by a tax exempt entity, it is removed from the tax rolls and the remaining taxpayers make up for the lost taxable revenue, Montrose County Assessor Brad Hughes explains. The City of Montrose acquired this office building in June of 2015.

By Caitlin Switzer

MONTROSE—After ten years on the job, Montrose County Assessor Brad Hughes continues to set goals for providing greater service, efficiency and effective communication.

Assessor's office goals for 2016 include successful completion of all statutory requirements with current low staffing levels; continuing to refine and upgrade field appraisal processes and techniques; better educating local taxpayers on the appraisal and assessment procedures used by the Assessor's office; modifying certain sections of the valuation appraisal model for the 2017 re-appraisal; and hiring and training a new administrative staff member.

In addition to Hughes, the Assessor's office now employs four appraisers and four administrative staffers. The team is responsible for discovering, listing, valuing and classifying all real estate in Montrose County. The County Assessor also keeps accurate records as it tracks ownership, maps properties, and assigns taxable values.

"We physically inspect all new construction, place a value on it, and add it to the tax rolls," Hughes said.

Montrose County has [41 taxing entities](#), he noted. Once a property's value is established based on comparable sales data, the Assessor's office must review applicable taxing districts in that area.

"Before computers, this must have been a really tough job," Hughes said. "My staff is excellent—they are

really good and really experienced, which makes a huge difference."

The Assessors' office is also responsible for valuing business personal property such as furniture, fixtures and equipment used in the operation of local businesses.

And when a taxable property is removed from the tax rolls, the Assessor tracks the taxable revenue that is lost as well. "When there is a loss in taxable value, that revenue will be made up by the other taxpayers," Hughes said. Properties can be classified as tax exempt for many reasons, but the greatest impact comes when a formerly taxable location can no longer be taxed, he said.

Hughes illustrates the point with the example of a former commercial building, 439 South Second Street, which was purchased by the City of Montrose in June of 2015.

With a value of \$202,000 and located in the boundaries of the Downtown Development Authority (DDA), the purchase has resulted in a tax loss of \$2,300 annually. "When a \$200,000 building goes off the tax rolls, you must replace it with another

commercial building worth \$200,000 or with \$600,000 in residential properties, which are taxed at one-third of the non-residential rate."

Recently granted property tax exemptions for eight properties total \$160, 213 in exempted taxes, while applications for exemptions worth \$34,111 in taxes were pending as of Sept. 14, Hughes said. "I see no reason why those will not be granted," he said.

When it comes to understanding the appraisal process, there are three components to consider, Hughes said. Market value (market value is based on sales activity) assessed value, and [applicable mill levies](#). "We have no say in settling mill levies," Hughes notes, "Taxing jurisdictions set the levies; we calculate the taxes."

The Assessor's Office is audited by the State of Colorado every year, he said, and is here to assist citizens and taxpayers as well. "We are low key, and we interact with lots of folks and lots of different departments," Hughes said. "We are here to do our jobs."

In 2015, accomplishments of the Montrose County Assessor's Office included processing 4,507 conveyance and non-conveyance documents; processing and/or review of 2,348 Senior and/or veteran exemption applications; completion of 103 business personal property audits; processing of 1,620 business personal property declarations; inspection and updating of records based on 362 County, City, and generic building permits; providing certified and re-certified assessment valuations for 41 taxing entities; passing the 2015 Property Assessment Study Audit for all property tax categories as required by the State legislature; and use of Pictometry oblique aerial imagery to discover previously omitted real property improvements.



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THE
MONTROSE MIRROR
MONTROSE

CITY'S PROPOSED HACKER HOUSE 'A TACTIC FOR LOWERING AVERAGE AGE IN MONTROSE,' COUNCIL TO CONSIDER NEW LIQUOR LICENSE DOWNTOWN

Mirror Staff Report

MONTROSE-Four new City staffers will be introduced at the City Council Work Session on Sept. 19; Patrol Officers Kaitlyn Danielson and Karissa Nickeson will join the Montrose Police Department, while Ty Johnson joins the City as planner and Malorie Mitchell as Animal Shelter Technician. Council welcomes Montrose Kayak & Surf owner Bill Glasscock to discuss water restrictions at Taviwich; and will discuss a draft active transportation assessment to action plan; an amendment extending the lease with Ute Indian Museum through Dec. 31; and award of the Otter Road Bridge Replacement contract to Mountain Valley Contracting for \$289,857.15. City Council will also discuss a new Council initiative called "Montrose Hacker House," or, "A Tactic for lowering the average age in Montrose." More items up for discussion in coming work sessions include: An asset management system presentation, Civility Group Presentation, and Recreation Collaborative and Possible Memorandum of Understanding (MOU) will be discussed on Oct. 3. City manager and city attorney mid-cycle evaluations and Youth Council applicant interviews will be on Oct. 4, as will the Colorado Outdoors Addition No. 1 and No. 2 Annexation Hearings. On Oct. 18 will be eagle head cane presentations, and on Nov. 15 will be the Kings' Riverbend RV Park land transaction.

When City Council convenes for their [regular meeting of Sept. 20](#), they will hear the results of the recently conducted City survey, presented by Chris Tatham of ETC Institute. Council will consider approving Resolution 2016-17, in support of the Montrose County School District RE1J Ballot Referendum 3A for construction of a new Columbine Middle School Facility; as well as the appointment of Karen R. Vacca to the City of Montrose Planning Commission.

Also up for consideration will be yet another liquor license for the Downtown area, as Park Avenue True Value attempts to open the Montrose Events Center at

648 South First Street.

Council will consider awarding a bid for the 2016 sanitary sewer cured in place pipe contract to Layne Inliner, LLC, in the amount of \$260,849.99; approving Ordinance 2384 on second reading for the annexation of the R. Simpson Addition; as well as Ordinance 2385 on second reading, which rezones the R. Simpson Addition as a "B-3", General Commercial District.

Council will also consider approving Ordinance 2386 on first reading, authorizing the release of a dedication of real property; Ordinance 2387 on first reading, amending the zoning district designation of parcel number for the 3767-364-06-900 from "P", Public District, to "R-1", Very Low Density District; and Ordinance 2388 on first reading, amending the zoning district designation of Parcel Number 37672823001 from "R-6", Medium Density/Manufactured Housing District, to "I-1", Light Industrial District. Following Staff reports Council will adjourn.

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ROCC COMMUNITY FORUM ON SEPT. 21 TO ADDRESS HIGH COST OF HOUSING IN OURAY COUNTY From page 1

that the reasons why employees commute are varied, with the price of housing being the most frequently cited reason, followed by community character. Based on annual averages, approximately 450 employees travel into Ouray County from homes outside of the county; and the Assessment found, finally, that at least 84 percent of employers in Ouray County feel that affordable employee housing is a problem.

Now is the perfect time to look at this important issue, ROCC's Chris Pike said.

"We have been looking at social justice issues," Pike said, "things like public trans-

portation, access to mental health care, social services, and food. And invariably, we came back around to the subject of affordable housing."

Affordable housing can make the difference between keeping good teachers in the local schools or losing them to other communities, Pike said.

Some progress has been begun in recent months. In August, a statewide partnership announced the launch of Space to Create Ridgway, one of nine projects that will be launched in eight regions in Colorado's rural, small town and mountain com-

munities over the next three years. According to a news release, the program will develop affordable workforce housing for the creative sector.

For those in other industries—according to Ouray County data, the region's largest employers actually fall into the government, education, and tourism sectors—the Sept. 21 ROCC discussion provides an excellent opportunity to ask questions and become part of the conversation about creating more affordable housing opportunities for everyone.

ROCC asks that all those who care about or are affected by the challenges of access to affordable housing in the county attend the community meeting and provide their input. Those unable to attend may submit comments to ROCCnet.org@gmail.com or written letters to ROCC at P.O. Box 1077, Ridgway, CO 81432.

GOTHIC ROAD WORK MAY RESULT IN DELAYS

Special to the Mirror

DELTA – Gunnison County and the U.S. Forest Service are partnering to accomplish needed road maintenance on the Schofield Pass Road (NFSR#317) outside of Crested Butte, CO. Some equipment work has already started, with the bulk of work scheduled to begin September 26 through October 13. The majority of maintenance will occur from the Avery Bridge to the Gothic Campground and entails resurfacing with gravel, grading and other maintenance that may be necessary. The work is scheduled to occur Monday through Thursday, weekly. This will allow maintenance to be accomplished while allowing for weekend recreation use on Friday through Sunday. Traffic delays on the road may occur periodically and could be up to an hour, intermittently, throughout each work day.

Questions regarding this work can be addressed to the Gunnison Ranger District Office at 970-641-0471.



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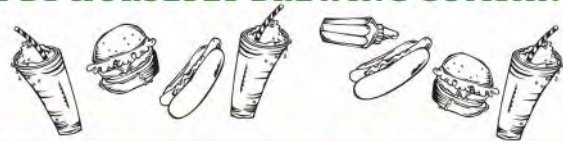



4:00-9:00 pm | Bring chairs or blankets to sit on the lawn

Baldrige Park, Montrose | Concession food available for purchase

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4:00-4:30 - All About M.E.

 **Volunteers
of America**
Valley Manor Care Center

 **Volunteers
of America**
Horizons Health Care
& Retirement Community

4:30-5:30 - The Blue Gators

5:30-6:30 - Ulterior Motive

 **The Homestead
at Montrose**

6:30-7:30 - The Ascending Giants

 **Bank of Colorado**

 **Hartman
Brothers**

**7:30-9:00 - The Johnson
County Coroners**

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FIVE BANDS, ONE COMMUNITY, FREE MUSIC ON THE GREEN @ BALDRIDGE PARK SEPT. 24! From page 1



Blue Gators Band will take the stage during Music on the Green Sept. 24. Courtesy photo.

America Music on the Green festival Sept. 24, from 4 to 9 p.m. in Baldrige Park. In year's past, Volunteers of America has

hosted a series of concerts on the lawn at the Homestead Assisted Living community. However, organizers felt that a one-night event with a slate of great local bands might draw even greater attendance.

"This year's event is a little different from before when we had a concert series spanning over four months," Senior Community Care Marketing Manager, Tai Blair said in a news release.

"The fundraising committee decided we might attract a larger attendance if we made the event into a one day, multi-band event. We are excited to bring this event to the Montrose area and hope that the general public will support us in our efforts to provide extended services to our many PACE participants." The concert is free to the public, with hamburgers, hotdogs, nachos, root beer floats, candy,

etc. available for sale. Horsefly Brewing Company will be present to sell beer in the beer garden.

All food sale proceeds go towards the PACE Therapeutic Recreation department's outdoor adventure program, which empowers older adults to enjoy outdoor recreational activities like Jeep tours, float trips, and weekend camping excursions.

A portion of the beer sales will also go towards the program.

PACE serves individuals who are age 55 or older who are deemed by the state to need nursing home care. A PACE program is designed to keep individuals out of the nursing home and safely "age in place" in their home and or community. For more information about Senior Community Care, visit www.seniorcommunitycare.org or contact Tai Blair, SCC Marketing Manager at 970-901-7768 or TaBlair@voa.org.

Sept. 20-Montrose therapist Michele Gad will speak about healthy aging and preventing memory loss, through Focus Attention Memory Exercises (FAME), at the Montrose Pavilion Senior Center, 1800 Pavilion Drive, on Tuesday, Sept. 20 at 1 p.m. The presentation is free to the public, and community members are encouraged to attend!

SUICIDE

IS NOT A CRY FOR ATTENTION

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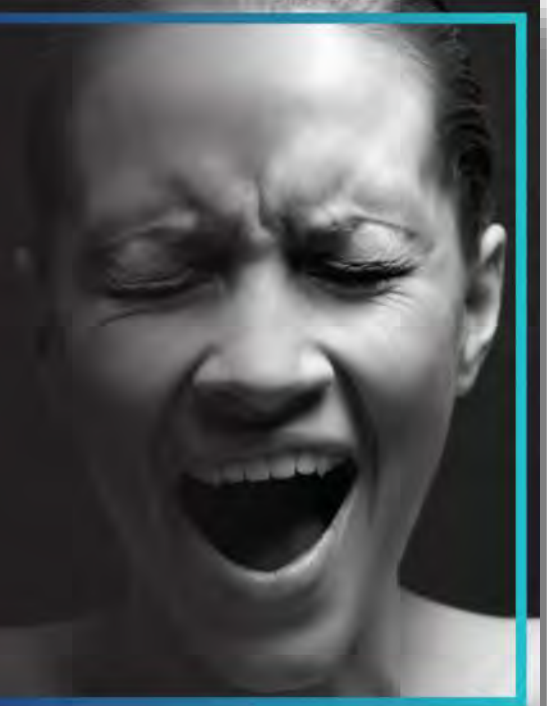
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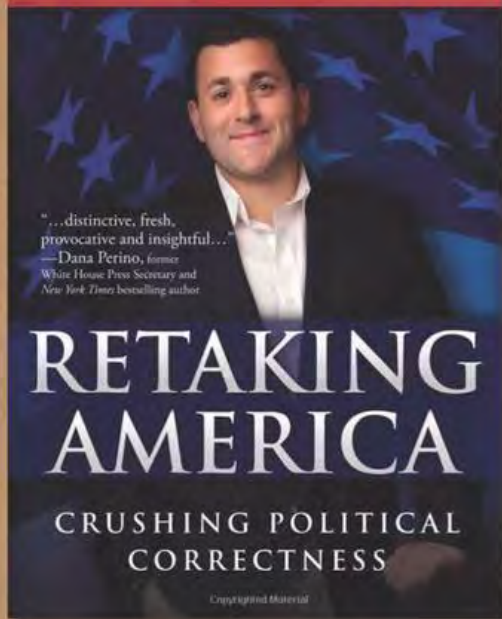
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SPEAKER:

7:00PM

NICK ADAMS

FOREWORD BY DENNIS PRAGER



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-Dana Perino

DAY TRIP DESTINATION...PAGOSA SPRINGS!



Winter, Spring, Summer or Fall, Pagosa Springs has something to offer day trippers...Wolf Creek Ski Area
Photo by Kevin Blue.



Want to find yourself in hot water? The pools welcome @ Pagosa Hot Springs.
Courtesy photo pagosahotsprings.com.

Mirror Staff Report

PAGOSA SPRINGS-Legend has it that the name Pagosa comes from the Southwestern Ute Tribe's word for healing waters—"Pagosah." For many travelers, Pagosa Springs is synonymous with the [Springs Resort](#), one of our nation's most beautiful and sought after hot springs destinations.

However, when it comes to things to do here, the number one favorite on the TripAdvisor web site is actually a lesser known natural attraction called [Treasure Falls](#). Second on the "things to do" list is [Wolf Creek Ski Area](#), followed by those world famous [Pagosa Hot Springs](#)... including the world's deepest geothermal hot spring.

In other words, no matter what time of

year you choose, you can find recreation to match the temperature; a day in Pagosa Springs comes close to perfection.

It's easy to find great dining, shopping, and even entertainment any night of the week here. This past weekend, Pagosa Springs welcomed visitors from the Western Slope and all over the world for [Col-orfest Weekend](#), a fabulous fiesta of hot air balloons, music, beer, wine and food.

On Oct. 1, Pagosa Springs hosts the Mountain Chile Cha Cha, a scenic trail run on private land, followed by a green chile festival. The cookoff is the eighth annual Patty Aragon Green Chile Classic, which boasts \$600 in prize money and features only green chile. Public tasting opens at 12:30. Because [the town](#) is located just 35

miles from the New Mexico border, the green chile in the local eateries tends to be routinely spectacular as well.

Over at the Pagosa Springs Visitor Center, it's customary to ask visitors their preference: cold, or hot? Meaning water, of course. Choose from a resort setting or something more rustic—options abound.

For all its international appeal, Pagosa Springs offers Western Colorado locals the chance to escape as well.

"We have all sorts of activities here," Visitor Center staffer Barbara Mason said, "and we see people in town from all over the world. Pagosa Springs is really fun; it's certainly worth the drive to come on over!"

For more information, visit <http://visitpagosasprings.com/>.

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REGIONAL NEWS BRIEFS

Lend a Hand to the Land!

Celebrate National Public Lands Day on September 24 with Free Admission and Special Events

Special to the Mirror

WASHINGTON – On Sept. 24, be a part of the nation's largest, single-day volunteer effort for public lands. Throughout the country, about 200,000 people will participate in 2,500 National Public Lands Day events. As part of the celebration, national parks will waive entrance fees and host projects and programs that promote environmental stewardship.

"Whether a neighborhood park or a national park, public lands belong to all of us," said National Park Service Director Jonathan B. Jarvis. "They might vary in shape and size but they all exist for all of us. Join us on National Public Lands Day and help ensure that these special places can continue to be used for recreation and inspiration."

All 413 National Park Service sites will have free entrance on National Public Lands Day. Those who volunteer for a service project will receive a voucher that permits them into a national park for free on a different day.

Dozens of National Park Service sites will host events. Take part in spring cleaning in Yosemite National Park, repair a horse trail in Catocin Mountain Park, preserve earthworks at Richmond National Battlefield Park, or restore the tall grass prairie at Pipestone National Monument.

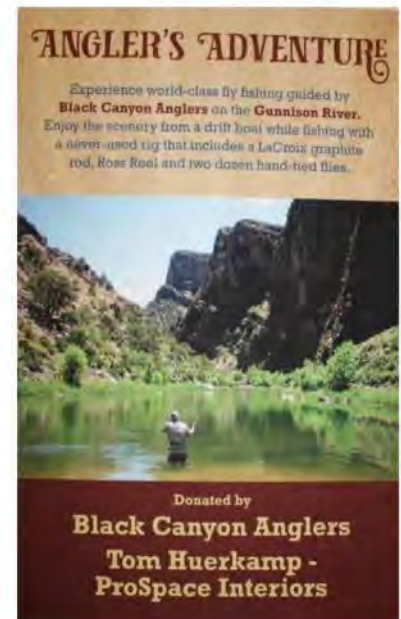
CSU CANNING CLASSES ANNOUNCED!

Special to the Mirror

GRAND JUNCTION-Colorado State University Tri-River Area Extension invites you to join us for an upcoming canning class. Pickles and Salsa class is being held September 22 at Ouray County Fairgrounds, from 8:30-Noon. Pre-registration is required Sep 19th by 5 p.m. It is \$25 pp which includes all class supplies as well as samples and print materials to take home. For more information please contact CSU Family and Consumer Science Agent, Ann Duncan MS, RDN at 970-249-3935.



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SHAVANO SOIL DISTRICT OUT OF FUNDING, BOCC LEARNS



All Points Transportation Director Sarah Curtis presents an overview of the organization at the BOCC Work Session. The county is beginning budget meetings and APT is requesting \$20,000 for 2017.

Story and Photo by Gail Marvel

MONTROSE-Summary report on the Board of County Commissioner (BOCC) Work Session of Sept. 13, 2016.

Manager Items:

County Manager Ken Norris reported on weekend events. The Tribute to Aviation was a huge success with an estimated attendance of 12,000 to 15,000 people. "The pilots were friendly and eager to show their planes and helicopters. Pilots told me that this was the largest gathering of military aircraft on a non-military facility that they'd ever seen. It was really a super event." The Mountain States Ranch Rodeo garnered 3,700 in attendance in its second year; "I think the organizers donated something like \$35,000 to disabled Veterans. It's a good, healthy AG based event and we're looking at next year's event."

Assistant County Manager Dave Laursen asked for an early opinion from the commissioners on five acres of county property that is adjacent to private property being considered for Tax Increment Financing (TIF). The county's five acres might be more marketable in the future if it is included in the TIF boundary.

Governmental Affairs Update:

Government Affairs and Natural Resources Director Jon Waschbusch presented the first set of designs (engineering and surveys) for the Shavano Staging Area. Designs included main parking areas, restrooms and pull throughs for loading and unloading ATV's. Waschbusch said, "The buildout could take years, it does not have to be done in two years." Waschbusch will be coming back to the commissioners with cost estimates; however, he emphasized the need for thinking long-term and big

picture, "If you don't put it in the plan, you can't build it in the future." Waschbusch is working with Dr. Canfield in his efforts to improve safety on Highway 550. "It sounds like a variety of improvements are needed. Just the fatalities [cited] do not make that serious of a case. There are a lot of rollovers and animal strikes, but statistically there is not a lot of crossover." Commissioner Henderson said, "It's interesting that it [the stretch of highway] doesn't warrant any special attention."

Waschbusch said, "They [CDOT] are not discounting any fatalities, but there are hundreds of animal strikes that don't result in fatalities." In the area of resource management Waschbusch reported on the efforts to update the BLM Master Plan, a 10-year process which is done only every 20-30 years. Waschbusch said, "They [BLM] are in a tough spot and balancing act." One area of concern for the county is Wilderness Study Areas becoming classified as land with Wilderness Characteristics. After reviewing old records Waschbusch discovered one area that, "Twenty-five years ago was not wilderness, but somehow it has recently gotten wilder."

The county continues to work on Rim-rocker Trail highway easements for ATV's.

All Points Transportation (APT) – Sarah Curtis, Director:

Curtis presented an overview of the organization, the 2016 accomplishments and local funding efforts. Curtis said, "About 10 percent of our funds come from local government." APT is requesting \$20,000 from the county for 2017, "Outside funding sources look to see if local government is also supporting."

River Valley Family Health Center – Jeremy Carroll, Director:

The BOCC is exploring ways to better manage health care costs. Commissioner Glen Davis referred to conversations held with the school district, which is self-insured, "It's no different than what we're doing now [no cost benefits]. We're looking for a program to keep health costs constant and maybe bring them down. County health care is a large part of our budget." Carroll had no formal presentation, but wanted to understand what services the county was looking for, how

many lives (employees and family members), and the level of service (primary care, urgent care). Carroll said, "Fifty-two percent of ER visits are not emergencies. We're trying to keep people out of ER." Carroll will meet with county staff and look at possible programs and services that River Valley Family Health Center could offer the county. Additional meetings with the BOCC will be scheduled.

Shavano Valley Soil Conservation District Staff – Dams & Retention Structures:

The Shavano Valley Soil Conservation District, established in 1937, owns, manages and maintains three watershed dams — the Roatcap Wash located in Olathe, and Shavano One and Two. The 11-member volunteer board has been short one member for many years and the BOCC was surprised to learn that they are responsible for making appointments to the board. Commissioner Ron Henderson said, "Institutional knowledge has been lost."

The soil conservation district has no revenue stream and has been running a \$40,000 a year deficit for the last 12 years. Ms. Bert Earl, District Manager said, "Our hands are tied without funding. We will go on as long as we can, but what will happen when we can no longer operate?"

Even with good maintenance there is a life-span to the dams and someday there will be a 100-year flood. The dams could be breached naturally (flood) or intentionally by removing them. Discussion included maintaining vs. abandoning the dams. The Roatcap Wash dam is of greatest concern because a subdivision is now located in the flood plain below the dam.

Montrose County Emergency Manager Don Angell will work with the soil conservation district and suggested a three to five-year management plan, "So they don't have to look at breaching. The subdivision has made it a high hazard."

Elected Officials:

Sheriff Dunlap asked for clarification on the proposed long term lease agreement with Paul Miller for use of the shooting range. The agreement, similar to the agreement the city has with Miller, includes 25 years of unlimited use of the shooting range in exchange for excavation work on the range.

County Attorney Update:

No report.



Alzheimer's Disease

FREE PROGRAMS

Living with Alzheimer's: For Caregivers - Early Stage

Sept 20 - Part 1- 9:00 - 10:30 a.m. | Sept 27 - Part 2- 9:00 - 10:30 a.m.

Oct 4 - Part 3- 9:00 - 10:30 a.m.

Hear from those directly affected and learn what you can do to cope with the changes that come with an early-stage diagnosis. In the early stage of Alzheimer's disease, families face new questions as they adjust. This three-part program provides practical answers to the questions that arise in the early stage. Attending all sessions is recommended, attending only one or two sessions can still be helpful.

Living with Alzheimer's: For Caregivers - Middle Stage

Oct 11 - Part 1 - 9:00 - 10:30 a.m. | Oct 18 - Part 2- 9:00 - 10:30 a.m.

Oct 25 - Part 3 - 9:00 - 10:30 a.m.

In the middle stage of Alzheimer's disease, care partners now become hands-on caregivers. During this three-part series, you will hear caregivers and professionals discuss helpful strategies to provide safe, effective and comfortable care. Attending all sessions is recommended, attending one or two sessions can still be helpful.

Hosted At:

alz.org® | **alzheimer's association®**

Presented by: Teresa Black, Alzheimer's Association Western Slope Director

The Homestead of Montrose

1819 Pavilion Drive, Montrose
970-252-9359

Please RSVP to Teresa Black at (970) 256-1274



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MONTROSE REPUBLICANS WELCOME STATE GOP CHAIR!

By Gail Marvel

MONTROSE-The guest speaker at the Sept. 16th meeting of the Montrose County Republican Women was Steve House, Colorado State Republican Party Chairman.

House wasted no time jumping into the political conversation from the Republican perspective, "Colorado is not a purple State according to 2014 [election]." Supporting Republican Presidential candidate Donald Trump, House countered the Democratic accusation that Trump is xenophobic. "Xenophobia is an intense or irrational dislike or fear of people from other countries. Donald Trump's message is that Americans should come first."

House feels the rising cost of health care will have a significant impact on the upcoming election. "Right now there are five states in the country where you can only buy insurance from one carrier [no competition]. There is going to be a major uptick in health care costs. Right now [in Colorado] we have a husband, wife and two kids with premiums of \$13,000 a year and a \$5,000 deductible. Eighteen thousand dollars is not affordable."

The path to victory for Trump has changed dramatically in the last few weeks, he said. "There is broader appeal than we ever expected. Once he had two ways he could have won...Today he has 78 ways." Colorado, who has 610,000 inactive voters, comes into play in many of

those scenarios.

Addressing the local economy House noted that natural resources (coal and gas) are being removed from the equation.

"We cannot cut regulations fast enough to grow the economy. We need to move the economy and we know what that looks like on the front range. What would we see on the Western Slope if the economy were growing?" House touched briefly on ballot issues and on Senate candidate Darryl Glenn (R) who is opposing incumbent Michael Bennet (D). "Our job is to make sure people know who he [Glenn] is." During the Q & A Pat Blackwelder recounted a time years ago when Trump and his entourage landed at the Montrose airport, "No one knew who he was other than he was a big casino owner. There were seven or eight employees who took care of refueling and he went to each one of them and shook their hand. I never forgot that."



During the Montrose County Republican Women's September meeting forty people listened to guest speaker Steve House, Colorado State Republican Party Chairman. Photo by Gail Marvel.

Tricia Joy's question concerned the division in the Republican party, not only on the state and national level, but locally. House said, "Right now I intend to be the go-between. Don't worry about unity now...we'll get to that after the election. We're not going to unify the party in the election cycle."

House feels confident that Donald Trump will come to the Western Slope before the end of the campaign season. It was announced that Donald Trump Jr., son of the presidential candidate, is scheduled to appear on Sept. 22, 2016 at 6 p.m. at the Mesa County Fairgrounds. Trump Jr. will speak to wildlife conservation and management.

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michelegad.fame@aol.com

BOSOM BUDDIES 24TH ANNUAL WALK/RUN WILL BE OCT. 8

Special to the Mirror

MONTROSE-The 24th annual Bosom Buddies "One Step Closer to Help and Hope" Walk/Run is Saturday, Oct. 8 starting at the Montrose Pavilion. Presented by Montrose Memorial Hospital, the event opens at 8am for registration with the 5K walk and 5K/10K run beginning at 9am.

This is the major fundraiser for the Bosom Buddies Breast Cancer Support Group of Southwestern Colorado. Event Co-Chairs Patti Powel and Phyllis Wiesner emphasize that all funds raised are spent locally to help the residents of Montrose, Ouray and San Miguel counties affected by breast cancer. "One out of every eight women is diagnosed with breast cancer and the number of men being diagnosed is on the rise," said Powel. "That's someone's mother, wife, father or friend. We're here to give those affected by this disease help and hope. "Bosom Buddies offers weekly support group meetings to women, men and their families who have ever had to deal with breast cancer," said Wiesner. "It's important to have a safe place to discuss your feelings and fears."

The support group meets Wednesdays at noon at the Bosom Buddies office at 645 S. 5th Street in Montrose. According to Powel, many of those who attend share their stories and end up helping someone who has just been diagnosed. In addition to the weekly group meetings, Bosom Buddies offers financial medical assistance to those who qualify and will pay for family counseling. Annual scholarships are awarded to the children of a parent or guardian who has been diagnosed with breast cancer. Scholarships are also available to survivors. This year, Bosom Buddies began a campaign encouraging regular monthly self-exams on the first day of each month. The group distributed shower cards with exam instructions, attended health fairs and placed advertising in the three counties it serves. There is a special section devoted to early detection on the organization's website, also. "Early detection is the key to have treatment options," said Powel. "The more advanced the disease, the more difficult the treatments may be." "With October being Breast Cancer Awareness month, we are hoping

to encourage more people to do a thorough self-exam and to see your health professional if you find anything unusual," said Wiesner. Each registrant will receive a long-sleeved shirt imprinted with the event sponsors. "People love these shirts," said Powel. "Everyone wants to know what the color of this year's shirt will be, but we like to keep it a secret until race day."

Wiesner emphasized that early registration is important to ensure that each participant receives the size shirt they want. "We order the shirt sizes based on the registrations received and, sometimes, we do run out of the more popular sizes," said Wiesner.

The cost of the event is \$30 in pre-registration and \$35 for race day registration. Entry forms are available at Montrose Memorial Hospital, San Juan Cancer Center, City Market, Safeway and the Bosom Buddies office. Mailed registrations must be postmarked by Friday, Sept. 30. Online registration is available until 10 pm Wednesday, Oct. 5th at www.bosombuddieswc.org.

REGIONAL NEWS BRIEFS!

WESTERN IMPLEMENTATION UNIT 5 PRESCRIBED BURN PLANNED

Special to the Mirror

DELTA – On Sept. 19, and continuing through the week, fire officials out of the Norwood District Office plan to initiate prescribed burning activities for the Western Implementation Unit #5 project. Up to 1,150 acres of ponderosa pine with oak, pinyon and juniper understory below and surrounding the Western Area Power Authority (WAPA) lines are planned to be burned.

The project area is located off of National Forest System Road #516 (Goodenough Road), approximately 10 miles southeast of Norwood. The area has been mechanically treated previously and this burn will further reduce vegetation buildup (fuels), prepare the land for new growth, germinate plants/trees, protect the powerline corridor and create a diverse landscape

for wildlife.

This prescribed burn has been coordinated with Colorado Department of Parks and Wildlife and WAPA to minimize impacts to hunters and the powerline. While we regret any potential impacts to hunters and recreationists, fall provides ideal prescribed burning conditions—warm days, cool nights and good ventilation for smoke dispersion.

Smoke from the burn will be visible from Norwood, Telluride, Montrose and Ridgeway and may temporarily impact residents in the Brown's Ranch area. Smoke-sensitive individuals and people with respiratory problems are urged to stay indoors with windows and doors closed when possible. Smoke from the prescribed burn will be monitored and the Forest Service will comply with Colorado State air

quality regulations

Public and firefighter safety is our primary concern. Prescribed burning reintroduces fire into the ecosystem to promote and regenerate healthy trees and habitat conditions under safe, planned conditions.

Significant planning and coordination occurs with local landowners, protection partners and establishing proper parameters (weather, fuel conditions, smoke dispersion, staffing and other agency coordination) prior to conducting a prescribed burn. Prior to the burn, fire managers will consider many factors including: fuel moisture levels, weather forecasts, resources availability and air quality in determining whether to ignite or not. If these factors do not align, no burning will occur.

CSU TRI-RIVER AREA ANNUAL PLANT SALE AND TREE AUCTION WILL BE OCT. 8

Special to the Mirror

GRAND JUNCTION—Fall is a great time to plant trees, shrubs and perennials. You don't want to miss the CSU Tri-River Area Master Gardeners' Annual Plant Sale and Tree Auction, Saturday, Oct. 8! Come bid

on a big variety of top-quality, full size trees and plants, donated by local greenhouses and nurseries. All proceeds support the Master Gardener Program. Plant sale, and bidder registration start at 9 am with the tree auction starting at 10 am

with Buster Cattles as the auctioneer. Coffee, beverages and food available by donation.

Hope to see you Oct. 8th at the Mesa County Fairgrounds behind the CSU Extension office.

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REGIONAL NEWS BRIEFS

BUILDING CODE TRAINING AVAILABLE IN OCTOBER

Special to the Mirror

MONTROSE—As the City of Montrose nears adoption of the 2015 Uniform Building Code, the Building Department is offering two separate training opportunities to prepare the Montrose building community. The 2015 International Building Code training is scheduled for Oct. 4, from 8 a.m. to 4:30 p.m. at the Montrose Pavilion (1800 Pavilion Drive, Montrose, Colorado). Refreshments and lunch will be provided. Check-in begins at 7:30 a.m. for the day.

The 2015 International Residential Code training is scheduled for October 5, from 8 a.m. to 4:30 p.m. at the Montrose Pavilion with check-in beginning at 7:30 a.m. Refreshments and lunch will be provided.

Classes will be taught by Steve Thomas, President Colorado Code Consulting, LLC. Class sizes are limited, so register as soon as possible by contacting Sharon Dunning at the City of Montrose (970) 240-1407 or sdunning@ci.montrose.co.us.

The registration deadline is Sept. 22.

FILM FOCUSES ON HUMAN FACE OF IMMIGRATION, UNDOCUMENTED WORKERS

Special to the Mirror

MONTROSE—In an effort to put a human face on the current debate over undocumented immigration and "illegal aliens," Community Spirit Church and The Hispanic Affairs Project are co-sponsoring a showing of the one-hour documentary "East of Salinas," on Wednesday, Sept. 21st at 7 p.m. at Two Rascals Brewing Co. in Montrose. At the center of the film is Jose Anzaldo, a gifted elementary school student in California whose parents are undocumented agricultural workers. As viewers follow Jose for three years, the question that cannot be avoided is, "What is lost when children like Jose are denied opportunities?"

Sept. 20-Montrose therapist Michele Gad will speak about healthy aging and preventing memory loss, through Focus Attention Memory Exercises (FAME), at the Montrose Pavilion Senior Center, 1800 Pavilion Drive, on Tuesday, Sept. 20 at 1 p.m. The presentation is free to the public, and community members are encouraged to attend!



Struggling to care for a loved one with dementia or Alzheimer's?

**Dementia Care – Validation Support Group
Meets the 2nd Thursday of every month
2:00 – 3:00 pm**

Bring your loved one and activities will be provided while we meet.

Our group is open to anyone wanting to learn more about dementia or Alzheimer's disease, caregivers taking care of a loved one at home, or friends and family members who want to lend extra help from time to time.

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REGIONAL NEWS BRIEFS

LAW ENFORCEMENT OFFICERS, OTHERS WILL SHAVE HEADS @ HORSEFLY BREWING COMPANY ON SEPT. 24 TO FIGHT CHILDHOOD CANCER

Special to the Mirror

MONTROSE—On Saturday Sept. 24th, a few brave souls will stand up to childhood cancer by shaving their heads. Four Montrose Police officers and Seven Montrose County Sheriff's Deputies will be shaving their heads, donning their uniforms to show honor and support to those fighting and those who have lost the battle.

Local Radio Personality Scott Staley has put a \$2,500 bounty on his hair.

Additionally, Montrose High School will be running a concurrent fundraiser challenging the student body to raise \$8,000 and shave their heads.

"The personal connection for us to St. Baldrick's is strong because the tumor that our friend's son died from is a kind of tumor that our son's neuro-oncologist has received \$195,000 from St. Baldrick's to study."

Said Jason Ullman whose 10-year-old son, Kyle was diagnosed with a spinal cord tumor (Pilocytic Astrocytoma) last fall. Ullman, along with the Montrose Recreation District team will be raising money as

well as shaving their heads for the Sept. 24 event.

"September is Childhood Cancer Awareness Month. We have several Montrose kids currently battling or just finishing their battle with cancer," says Chelsea Rosty, St. Baldrick's event coordinator, "This St. Baldrick's event is

designed to not only create that awareness, but to also raise money toward finding a cure. Losing a child to cancer is a horrific tragedy, and one we are doing our best to fight against." The shavees and volunteers would like to invite the com-



Kyle, who is ten, was diagnosed with a spinal cord tumor (Pilocytic Astrocytoma) last fall.

munity to watch the fun. The shaving starts at 11 am on the Horsefly Brewing patio in Montrose and goes until no hair remains uncut. Donations and last minute shavee registration will be accepted on site.

NWS WSR-88D WEATHER RADAR WILL BE DOWN FOR FOUR DAYS DURING UPGRADE

Special to the Mirror

MONTROSE—The WSR-88D weather radar used by the National Weather Service Forecast Office in Grand Junction, Colorado, will be down for at least four days beginning on Tuesday, Sept. 20, for technicians to install an important technological upgrade. The work on the WSR-88D has been scheduled to minimize any potential impacts to office operations and will be delayed if hazardous weather is forecast.

During the outage, radar coverage will be available from adjacent radar sites including:

KMTX – northwest Utah, KICX – southwest Utah KFSX – northern Arizona, KABX –

New Mexico

KFTG – northeast Colorado, KPUB – southeast Colorado, KRIW – western Wyoming

A crew will install a new signal processor, which replaces obsolete technology, improves processing speed and data quality, provides added functionality, and increases IT security.

This is the first of four major upgrades, known as service life extension projects, planned in the next five years to replace and refurbish major components of the 20 year old WSR-88Ds and to keep the radars operational into the 2030s. The \$150 million investment is being made by the three organizations that use these radars:

NOAA National Weather Service, United States Air Force and the Federal Aviation Administration. The three other service life extension projects include refurbishing the transmitter, pedestal, and equipment shelters.

The tri-agency Radar Operations Center, which supports the radars, estimates it will take about 10 months to upgrade the signal processor on all 159 operational WSR-88Ds.

A tentative deployment schedule is available:

<http://www.roc.noaa.gov/WSR88D/PublicDocs/SLEP/ECP0437SigProcSLEPDeploySched.pdf>

REGIONAL NEWS BRIEFS

US FOREST SERVICE WORKING ON KEBLER PASS

Travelers advised to take alternate routes

Special to the Mirror

REGIONAL — Gunnison County Road 12 at Kebler Pass, located approximately four miles west of Crested Butte, will be closed for two hour periods between 8:00 a.m.-5:30 p.m., Monday through Friday from now through mid-October (approximately October 15, 2016).

ALTERNATE ROUTES: Motorists who may be starting their travel from Delta, may consider the more southern route of US Highway 50 to reach Crested Butte, instead of trying to cut across Kebler Pass Road during these delays.

An additional alternative bypass route can be taken over Ohio Pass (CR 730) but will add approximately one hour or more to the driving time between Paonia and Crested Butte. This route will not accommodate trailers or large trucks.

IMPACTS: Travelers should expect up to two hour delays. Waiting traffic (one direction at a time) will be allowed to pass through the construction area every two hours, in order to accomplish increments of work.

The passage times will occur at approximately 10:00 a.m., 12:30 p.m., and at 3 p.m. Once waiting traffic in both directions has passed through the construction site, the road will be closed for continued work. After approximately 5:30 p.m. until 8 a.m. the road will be open for through traffic.

The road closures will occur at the winter trailhead outside of Crested Butte on the east end of the project and at Splains Gulch on the west side of the project.

Travelers are advised that trucks hauling rock associated with the project will be

coming from both Taylor Canyon (NFSR 742) and Ohio Pass.

In the spring of 2015, heavy rains and the instability of the upper slope required emergency repairs to prevent the road from washing out.

This project involves stabilizing and re-enforcing a cut bank and includes constructing a rock wall, installing buttressing and adding additional culverts to help prevent future damage to the road.

STATEWIDE ROAD & PROJECT INFORMATION: To sign up for CDOT updates on projects in your chosen area, visit CDOT's website at www.codot.gov and choose the envelope icon at the bottom of the webpage. Or, to see CDOT's lane closure reports for projects statewide, visit www.codot.gov/travel/scheduled-lane-closures.html.



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REGIONAL NEWS BRIEFS

REGION 10 STARTS CONSTRUCTION ON BROADBAND IN DELTA

Special to the Mirror

DELTA—Construction of Region 10's broadband, fiber-optic network is underway in the City of Delta. Contractor, TCS Communications has begun with underground boring and also with attaching fiber optic cables to poles within the city. Area residents will see the TCS crews and their equipment throughout various parts of the city as work progresses. TCS has multiple work crews on the ground performing both aerial and underground construction and will complete their portion of the project this fall.

"It's great to see construction start on this project," said Chris Kennedy, the Regional Broadband Project Director for Region 10. "This is a real game-changer for the community, in terms of improved internet services, and true high-speed broadband." The Colorado Department of Local Affairs (DOLA) has provided extensive support for Region 10's broadband project, which is divided into two phases.



TCS boring crew in Delta. Courtesy photo.

MONTROSE MEMORIAL HOSPITAL, INC. DISAGREES WITH EEOC LAWSUIT CLAIMING AGE DISCRIMINATION

Special to the Mirror

MONTROSE—The U.S. Equal Employment Opportunity Commission (EEOC) recently notified Montrose Memorial Hospital of plans to take legal action against MMHI based on a lawful dismissal of an employee in 2012. The EEOC lawsuit includes Katherine Casias and other potential claimants who either left voluntarily or were terminated for cause between 2010 and 2012.

"We are disappointed, and concerned that the EEOC would decide on this course of action. Our hospital is committed to maintaining a nurturing, supportive and non-discriminatory environment for all employees," said Board Chair Ron Courtney. "Montrose Memorial Hospital prides itself on values of integrity and honesty, and strives to provide ongoing opportunities for advancement, continuing education and recognition for employees who are committed to serving patients and improving care."

Very few details of the lawsuit have

been revealed by the EEOC at this time. The Board of Directors of MMHI, who govern the hospital, are requesting that more details be released from the EEOC regarding the age discrimination claims. On average, between 2010 and 2013, over 70 percent of Montrose Memorial Hospital's workforce falls into this protected category of age 40 and above.

The hospital performed an internal investigation into the former employees' claims of age discrimination and found valid and profound reasons for dismissal or resignation in all cases. One termination centered on a level 3 HIPAA violation that was based on a malicious disregard of organization policies which are in place to protect the privacy of our patients.

"Montrose Memorial Hospital takes any claim of discrimination very seriously. We have policies and procedures in place to ensure our employees are being treated fairly. Unfortunately, sometimes we have to terminate employees to ensure that our patients and families are receiving the

quality care and customer service our community deserves," said Chief Executive Officer, Steve Hannah. "It is our responsibility to ensure we are following our mission, vision and values and doing all we can to provide top level employees to care for our friends and family."

"We have reviewed all of our files relating to the cases cited by the agency and have found no substantiation for the allegations. In some cases, we have considerable information that directly contradicts the claims," said John Brooks, attorney for Montrose Memorial Hospital.

The hospital plans to continue working with the EEOC to better understand their concerns and provide any additional information needed for the agency to understand these details and circumstances of the cases.

"We will maintain an ongoing dialogue with the EEOC," said Courtney, and hope that as further details are presented, we will have the opportunity to resolve this matter."

REGIONAL NEWS BRIEFS

GRASS HAY AND PASTURE DEMONSTRATION PLOT OPEN HOUSE OCT. 14

Special to the Mirror

HOTCHKISS-Landowners are invited to the "Grass Hay and Pasture Demonstration Plot Open House", on Oct. 14, 2016 at the Delta County Fairgrounds (403 S. 4th Street, Hotchkiss, CO). The event will be located on the southeast corner of the fairgrounds, by the river.

The demonstration plot offers a hands-on view of 17 species of irrigated grasses and another 17 species of dryland grasses suited for the local area climate and soils.

These grasses can be used for agricultural and natural resource conservation purposes, such as: growing hay, grazing livestock, weed suppression, erosion control, and enhancement of wildlife habitat.

Be sure to visit our Open House and take a few minutes to tour the grass pasture

demonstration plot and ask local experts your specific questions. Booths will be set up at various stations at the demonstration plot. You will be able to take a self-guided walking tour and discuss your property needs with our professionals. The project is a cooperative effort by CSU Extension, USDA Natural Resource Conservation Service, Delta County, Delta Conservation District, and the Colorado Association of Conservation Districts.

The cooler weather brings a great opportunity to consider your property goals and planning needs for your pastures. Talking to experts about your plans now for potential improvements next year is essential. The management decisions you make and actions you take now, will ensure your crops are able to maintain their health

and vigor throughout the hard times and into the future.

Local professionals will be in attendance from 9 am until 1 pm, join experts from the area to learn about a variety of topics related to pasture health and management.

The experts will provide up-to-date information on the establishment of your grasses, understanding the importance of proper management, and discussions about specific actions you can take to improve the quality of soil that produces your crops. The program is free and has no cost to participate. There will be plenty of time to ask your neighbors and the experts your specific questions.

For more information and to sign up for this workshop call 970-249-3935.

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ISSUE 63 SEPT. 19, 2016

ART & SOL

BASEMENT BOUTIQUE CRAFT SHOW: HISTORY LIVES ON!*By Caitlin Switzer*

REGIONAL—The year was 1974, and yes—it did begin in a basement. A dedicated group of nine or ten local crafters decided to create an upscale craft show to display their wares, and Sandy Whitley offered her basement as venue for that first show. Today, the Basement Boutique Craft Show is a powerhouse event that draws shoppers from across the region to the Montrose Pavilion—but that first year, organizers had to make sure that enough shoppers left before more of them could squeeze into Sandy's basement.

"They were all glad for the good weather that year!" said event chair Kathi Zerby Lewis, who has been involved with the Basement Boutique Craft Show since 1992 and who has compiled a history of the event. The history goes on to state that "The following year the show was held in the basement of the Methodist Church. The group started jurying crafters as it grew to make sure the show stayed upscale. The following year the show was moved to the basement of the Village Inn and it stayed there for many years. That's how the name 'Basement Boutique' came to be."

Those who have attended the annual show know that the atmosphere is relaxed,

with most tables unattended to allow browsing and easy shopping. "It can be a lot more work for some," Lewis said, "but it is a lot of fun. And it has become part of the history of our area."

The event, which is juried, continues to be the longest running craft show on Colorado's Western Slope. Another aspect that sets the Basement Boutique Craft Show apart is the emphasis on homemade items. "We still offer strictly handmade crafts," Lewis said. "And we are really the only show left that does not accept retail."

"We have a lot of fun," Lewis said, noting that the 30th year of the Basement Boutique was probably among the most exciting—"we had the most crafters ever."

Over the years, the group has used the event as a way of supporting local causes as well, with a fundraiser table that collects proceeds for donation to a non-profit chosen by the members of the co-op.

As members of the original group have aged, there is room for new people to show, Lewis added. "We usually try to have just two tables of any one thing," she said. The number of crafters is limited to



A shopper browses during the 2015 Basement Boutique Craft Show. Mirror file photo.

30, but attrition has made room for those who create things other than jewelry and pottery, which are already well represented. To learn more about joining the cooperative crafters group, call Kathi at 970-323-6084.

This year's Basement Boutique Craft Show takes place Nov. 25-26 at the Pavilion, from 8 a.m. to 5 p.m. Friday and from 8 a.m. to 4 p.m. Saturday. Admission includes a non-perishable food item for Sharing Ministries Food Bank. Stay up to date on the latest news by following the [Basement Boutique Craft Show on Facebook](#).

COMMUNITY NEWS BRIEFS: ARTS & CULTURE

WRIGHT OPERA HOUSE WELCOMES 'GEOLOGY OF COLORADO' PRESENTATION

Special to Art & Sol

OURAY-A five lecture course, "The Geology of Colorado" will be presented by Larry Meckel at the Wright Opera House in Ouray, Co on Thursday mornings Oct. 20, 27 and Nov. 3, 10, 17 from 9:30 to 11:30. This course follows on from the very popular "Our Restless Earth" lecture series that Meckel led last fall.

It will be a journey through geologic time when Colorado was in the Southern Hemisphere. We will see that mountain ranges come and go, that oceans also come and

go, and that volcanoes and glaciers are key processes over time. Along the way Meckel will document at least 40 famous points of geologic interest in Colorado. These are all places we have visited or heard of and wondered: what, why and when.

Larry Meckel is and an Adjunct Professor at the Colorado School of Mines and an instructor in the Life time Learning Program at DU. In 2011 he was awarded the Distinguished Educator Award and the Association of Petroleum Geologists and

this year they awarded him Honorary Member, their 3rd highest award. Meckel does benefit geology courses and field trips for both the Wright Opera House and the Ouray County Museum. Meckel is donating the proceeds from this course to the capital campaign at the Wright.

Cost for the course is \$50. Sign up for the course on the Wright website: www.thewrightoperahouse.org. Or mail a check to: The Wright Opera House, P.O. Box 17, Ouray, Co 81427 and indicate it is for the Geology Colorado Course.

ENTER MMH FALL CLINICS PHOTO CONTEST!

Special to the Mirror

MONTROSE-Here's another reason to get your camera out and enjoy the fall scenery. The Fall Clinics Committee of the Medical Staff at Montrose Memorial Hospital invite you to enter their fall photo contest! The Committee is looking for a fall scene of Western Colorado to be used in their annual Fall Clinics brochure. Deadline for entries is November 1. Email up to three entries to jdisher@montrosehospital.com. Paper copies also accepted and can be mailed to Julie Disher at Montrose Memorial Hospital, 800 S. Third St., Montrose, CO 81401. Please include a return address.

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BUSINESS BLOOMS IN MONTROSE BACKYARD: DAHLIA FLORAL

By Liesl Greathouse

Business owners constantly have to find the middle ground between work life and family life. Rachel Schmucker at Dahlia Floral Designs understands that need for balance all too clearly and made some big changes to her business to make that flow work better.

She and her team recently moved their business from Main Street in Montrose to her backyard (literally) just a few blocks away in order to make that balance easier to manage.

Dahlia Floral Designs is a floral shop specializing in unique designs, while still being affordable for any budget. "Flowers are for everyone," Schmucker explained.

"We have no minimum price or budget. We can make it work. We do day to day orders, but also specialize in weddings."

Having been open for six years, Dahlia was originally opened when Schmucker and her husband lost their jobs as teachers due to budget cuts.

Schmucker's experience of working in a floral shop in college led her to spend months doing research before finally opening a floral shop of her own. "We are unique with our designs," she said. "We don't ever want to be stagnant [with our designs], but there is a misconception that 'different and unique designs' means a higher price. That's not true. We are reasonable and work with any budget. Just give us a call and we will create something with an artist's touch within your price range."

The need to move locations came from the busy-ness of the floral shop and the need to balance family and work.

"We've done 60 weddings so far this year, so it's been crazy," Schmucker explained. "We decided to build a shop in our backyard so that we could work towards a balance. I can now have dinner with my family and come out here in my pajamas to do some work [if needed], so it's been good."

Schmucker has had a lot of her family and friends warn her that 'once it's in your backyard, you'll never stop working.'



After six years on Main Street, Rachel Schmucker of Dahlia Floral has relocated her popular floral shop in the backyard of the family home at 115 North Mesa. Courtesy image.

However, she doesn't see it that way. "I believe that if you have a business, it doesn't leave you anyway," she said. "You have to make it work for you, not you work for it. We certainly are not interested in being the biggest, but we want to be the best...we want to be good at what we do."

Their new location is bright, clean and comfortable, with little touches throughout that make it feel like home.

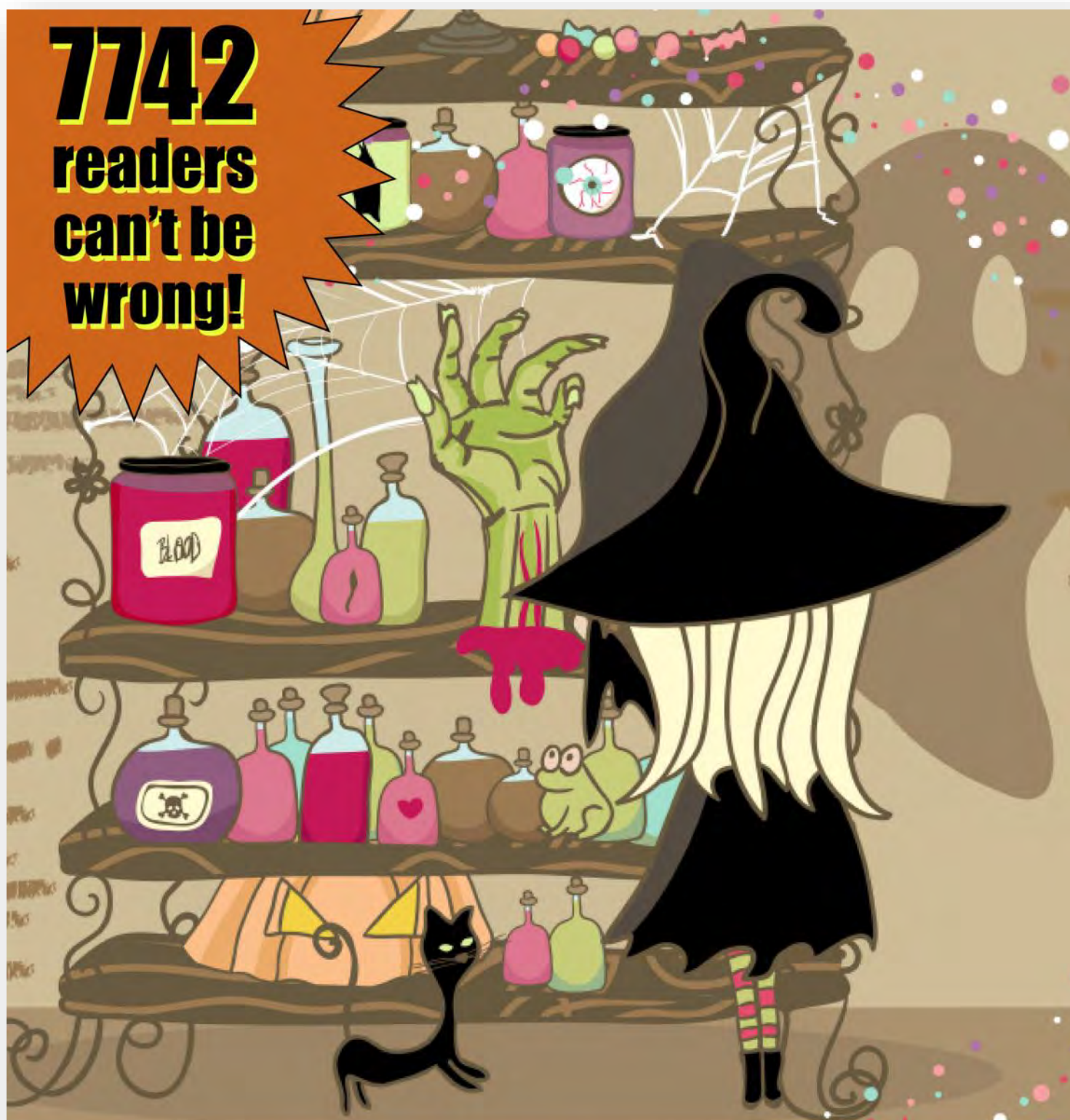
"I like farm, rustic looking spaces," Schmucker explained. "We reused items from a shed that was on our property to create shelves and a door for the bathroom, while our sink was from the Masonic Lodge [on Main Street]. I chose a clean palette, with just wood, white and metal, so all the flowers shine and pop no matter

the season."

Schmucker hopes in the end to inspire people to do more in Downtown Montrose, a place that she misses even though she has not moved that far away.

"Even if you open up a shop in your backyard, it's still a really nice culture," she said. "People may think it's daunting, but it's not really, you just have to make it work for you."

"That's not to say it's glamorous in any way to own a business. You have to fit it into your life or you will end up working for it. It's not bad, but it's very much a balance." Dahlia Floral Designs is now located at 115 N. Mesa in Montrose. They are open Monday-Friday 10 a.m.-4 p.m. For more information, call 417-4352 or visit dahliaflorealdesigncolorado.com.



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The Mirror:

News coverage that won't make you scream!

AUTHOR AND COMMENTATOR NICK ADAMS VISITS WESTERN SLOPE

Mirror Staff Report

MONTROSE—Don't let the Australian accent fool you—Best selling Author Nick Adams has his Green Card, and he is proud to become an American. As the Founder and Executive Director of The Foundation for Liberty and American Greatness (FLAG), an organization dedicated to promoting American exceptionalism and combating anti-Americanism worldwide, Nick Adams has already addressed communities across America. Now, Adams, 32, is in Montrose. He spoke to a packed house of more than 100 on Sunday in Colona, and will present at the Montrose Pavilion Tuesday night @ 7 p.m. This is Adams' first visit to the Western Slope of Colorado. "I had spoken in Denver, and met Susan Watson," Adams said. "She told me, 'we have got to bring you to the Western Slope!'" "I visit three schools Monday," Adams told the Mirror, "to talk about the Foundation for American Liberty & Greatness." He is excited to speak to a local crowd at the Pavilion tomorrow night. "I am pumped up, fired up, and ready to rock and roll!"



Best selling author Nick Adams will speak at the Pavilion Tuesday night. Courtesy photo.

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COMMUNITY NEWS BRIEFS: ARTS & CULTURE

LION KING MUSICAL YOUTH THEATER EDUCATION PROGRAM

Special to the Mirror

MONTROSE-Montrose area youth have an experience on the horizon from Weehawken Creative Arts (WCA) that promises an opportunity to be a star through their theater education program, which starts in October. WCA will be offering a young people's theater experience for ages six through 18 in Montrose which will culminate in a public production of an adaptation of *The Lion King* in November. This special opportunity will be led and directed by teaching artist, Kathleen O'Mara, who has more than 20 years' experience in the production of youth theater programs from coast to coast.

The program will be held on weekends (Saturdays and Sundays) in Montrose at the Weehawken Montrose location (310 S. 9th, Montrose), starting Oct. 22. Classes will take place from weekly from 1 pm until 5 pm. Executive Director, Ashley King-Grambley said, "We know that the youth in our area have wonderful opportunities through many organizations and programs. Because of that, we especially love working with Kathleen because she understands this aspect of our lives and is still eager to work with students who have a strong desire to participate but have some other activity conflicts. If you have a student who has a few conflicts to work around during the weeks of the program, we still encourage you to show the first day, talk to Kathleen and see if she can still work with you. Both Kathleen and

Weehawken want everyone to have an opportunity to participate who wishes to!"

Participating students will partake in an audition and then a rehearsal process in this workshop (all will have a role), culminating in a fully produced production for the community on Nov. 12 and 13 in Montrose. The cost for this experience is \$200 with a \$25 performance fee. This breaks down to under \$7/hour for class time. Additionally, some needs-based and work-trade scholarships are also available through Weehawken thanks to the Montrose Rotary Club's "Year of the Healthy Child" grant in 2016.

This musical theater production focuses on an ensemble-based process and promises to promote the talents of each student. As an adaptation, some additional moments or characters may be created within the process for the stage in order to ensure that every student has ownership and feels importance within the performance and in telling the story. The weekly curriculum will include warm-ups, ensemble games, music direction, choreography, blocking, and design concepts. Production Director Kathleen O'Mara explained, "This workshop is ideal for new, as well as experienced musical theater performers. My casting and show content can accommodate every level."

Kathleen O'Mara is a teaching artist, producer, and director of performing arts since 1992. She is known for being dedi-

cated to innovative, story-driven stage productions and has worked with thousands of students across the nation on hundreds of performance pieces. Her use of historical content, student original works, musical theater, Shakespeare, and classic dramas, are all based on a background in educational theater arts, and experience.

"O'Mara offers a record of commitment to the ensemble process and the importance of warm ups, theater games, and a sense of community. These values have led her to a career of quality productions that tell compelling stories." King-Grambley added, "Kathleen comes to the table with great enthusiasm, a passion for our communities, a creative eye, and a solid record of accomplishing visually stunning pictures of character and costume. We are so fortunate to have landed her in our area!"

All students enrolling in this experience have assured a part in the public production. Pre-enrollment through Weehawken Creative Arts is highly encouraged as space is limited.

More information about Weehawken Creative Arts and Weehawken's program and production of "The Lion King" can be found on Weehawken's website at www.weehawkenarts.org or on facebook at [facebook.com/weehawkenarts](https://www.facebook.com/weehawkenarts). People can also call Weehawken for information at [970-318-0150](tel:970-318-0150).



**FREE YOUR MIND -
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COMMUNITY NEWS BRIEFS: ARTS & CULTURE!

AUDITIONS SET FOR COMEDY 'NEVER TOO LATE' AT MAGIC CIRCLE!

Special to Art & Sol

MONTROSE-Magic Circle Players will hold auditions for the comedy "Never Too Late" at Magic Circle Theatre on Friday, October 7, 6 pm and Saturday Oct. 8, 9:30 am. Audition packets are available at the theatre, 420 S. 12th St., Montrose.

"Never Too Late" by Sumner Long, is a story about a middle-aged couple, Edith and Harry with a 24-year-old daughter, who discover after 25 years of marriage

that they are going to become parents for the second time. This unexpected visit from the stork creates several traumatic and hilarious changes for the family, their friends and neighbors.

Performances begin Jan. 13, 2017, and will run for three weeks. For more information call 970.249.7838 or visit the website at: www.magiccircleplayers.com

The casting needs are as follows:

Edith Lambert – middle-aged woman

Harry Lambert – middle-aged man

Kate Clinton – their adult daughter

Charlie Clinton – their son-in-law

Dr. James Kimbrough – middle-aged man, friend of Edith and Harry

Grace Kimbrough – middle-aged woman, best friend of Edith

Mayor Crane – middle-aged man

Policeman – male in his 20s

Mr. Foley – handyman/plumber, mature, experienced.



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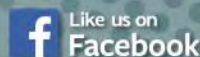


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COLORADO NEWS BRIEFS: ARTS & CULTURE!

DONATE A GIFT OF MUSIC & MEMORY, HONOR WORLD ALZHEIMER'S DAY

Special to Art & Sol

MONTROSE— Volunteers of America, Valley Manor Care Center wants to create a collection of personalized music for each of its residents who are suffering with Alzheimer's or dementia on their own iPod shuffles while honoring World Alzheimer's Day.

Valley Manor Care Center is a certified Music & Memory care facility and has been utilizing the certification training they received over the past year. However, they are still in need of iPod shuffles, over-ear headphones and iTunes cards to build the program and reach every resident who could benefit.

According to the Music and Memory organization, songs from our teenage years can remain well preserved even throughout the later stages of Alzheimer's disease. Favorite music or songs associated with life events can trigger memories – a spark – in the brains of those who have dementia.

Listening to a favorite tune can calm chaotic brain activity and enables the listener to focus on the present moment and re-connect with others. Individuals who don't usually speak are often able to have conversations after listening to their playlist.

Offering residents access to their favorite music allows for family and staff to connect with residents in a more meaningful way.

To recognize World Alzheimer's Day on Sept. 21st, Valley Manor will set up a donation table outside on the lawn at Buckhorn Coffee to accept donations to their Music & Memory program.

"We are in need of new or used iPod shuffles, over-ear headphones, not the

ear buds, and iTunes gift cards of any amount to create the personalized play lists. We would like to have 25 to 30 shuffles so each resident can have their own to use while they live with us at Valley Manor." Tara Cassidy Admissions and Marketing Director said. "We will of course also accept cash or check donations and all donations are tax deductible."

Cassidy and others from Valley Manor and Volunteers of America will be present at Buckhorn Coffee, 1048 S. Townsend Ave. from 7 a.m. to 11 a.m. on September 21 to accept donations.

"We encourage anyone to stop by that morning, grab a cup of coffee and visit with us about the Music and Memory program," Cassidy said. "This is one way we

can honor and recognize World Alzheimer's Day by uplifting others who suffer from the disease."

"It is amazing to me how something as simple as a favorite song from someone's youth can bring out a smile or a tear of joy as they remember a special moment from the past," Cassidy said.

"You stop and wonder when you see the reactions – was that a song this person danced to at their high school prom, was it their wedding song, a memory from seeing their first live performance or the song that kept them going during a difficult time."

For more information about Valley Manor or the Music and Memory program contact Tara Cassidy at 970-249-9634 or tcassidy@voa.org

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NOTES FOR THE JOURNEY...

Exploring Classical Music With Rob Brethouwer

LISTENING TO GEORGE GERSHWIN...COMPOSING AMERICA

This will be part two in a five part series on American composers. As with the previous article on Leonard Bernstein, these are designed to be merely overviews of the composers and not short biographies. Meant to be an introduction to a musical individual, the point of this and the next three articles are to spark interest so that further listening and exploration will be desired by the reader.

Born Jacob Gershwine on September 26, 1898 in Brooklyn, New York, George Gershwin is perhaps the most American sounding of the composers in this series. Caring nothing for music until the age of 10, his childhood consisted of friends, playing ball in the streets, and living the lower middle class life similar to many children his age at that time. After hearing a friend's violin recital, he quickly became captivated with music. His parents bought him a piano and history was in the making.

In his mid teenage years, George Gershwin began writing songs for Tin Pan Alley and sold his first at age 15. His job title would have been Song Plugger and he composed quick and catchy songs for vaudeville performers. His first big hit was *Swanee*, which was performed by Al Jolson on Broadway. In 1916 George Gershwin began working for the Aeolian Company and Standard Music Rolls where he recorded and arranged dozens if not hundreds of piano rolls.

George Gershwin was a frequent collaborator with his older brother and Lyricist Ira Gershwin. Together they produced shows including *I Got Rhythm* and *Of Thee I Sing*, which was the first musical comedy to win the Pulitzer Prize for Drama. The Gershwins became the most popular producers of musical comedy during the early 1920's. The legacy of the work of George and Ira Gershwin is a topic that can and has taken up volumes.

In 1924, the sound of America changed forever when George Gershwin composed his most famous piece, *Rhapsody in Blue*. Okay, so you may be thinking to yourself

that you would not know this piece if you it was right in front of you and how famous could it possibly be? Well, you could easily name that tune after hearing five notes. It is simply that famous. It was the theme for United Airlines commercials; it has been used extensively in movies and television. The sound of *Rhapsody in Blue* is part of the soundtrack of our lives. It is really famous and I hope that is clear. An overview of the piece will not be offered in this space, but it opens with a slowly building trill and then a ascending crescendo, which is most often played by solo piano or by a clarinet in the orchestra. Hearing this brings up visions of big city skylines and the elegant simplicity of a big city such as New York in the 1920's. *Rhapsody in Blue* was the opening music in the Woody Allen film *Manhattan*. The piece offers heavy influences from the world of jazz music.

In 1925, George Gershwin was commissioned to compose a piece in the more traditionally classical style. The result was the *Concerto in F* written for solo piano and orchestra. Gershwin would later receive advanced training in orchestration, composition, and harmony, but at the time this piece was commissioned these advanced skills were nowhere to be found in his musical toolbox. The piece had to be completed by deadline so Gershwin took it upon himself to self-educate with books on theory, composition, harmony, and orchestration. The job was completed over the summer months of 1925. The concerto had its premier in December 1925 with the New York Philharmonic and the composer as piano soloist.

The *Concerto in F* is written in the classical form with three movements. All three music have elements of jazz and share heavy thematic elements. Over the years, dozens of recordings have been produced featuring the leading classical pianists and symphonic orchestras of the time.

This writer's favorite piece of music composed by George Gershwin is *An American in Paris*. It is difficult to put any piece of



American Composer George Gershwin.
Courtesy photo.

music above and beyond *Rhapsody in Blue* but *An American in Paris* has a feel and a sound that simply cannot be beat. The listener hears the sounds of Paris including traffic and an actual car horn. The listener can almost see and hear pedestrians rushing by, as the newcomer to the great city is overwhelmed with the sights, sounds, and excitement of Paris. If you want to experience how quickly music can transport you to a different place in a different time, do yourself the favor of listening to the full recording of *An American in Paris*. The movie from 1951 won the Academy Award for Best Picture.

George Gershwin is America. A composer born in Brooklyn, New York who went on to produce some of the most memorable music ever to come out of the USA. His talent and life was struck tragically short when he died of a brain tumor in July, two months short of his 40th birthday.

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Location: Weehawken Montrose

Begins: October 22nd

Performances: November 12 & 13 in Montrose.

Cost: \$200 with an additional \$25 show fee

Days: Saturday & Sunday afternoons

Times: 1pm to 5pm

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MIRROR IMAGES...TROUT ROAD OPEN HOUSE!



Ceramic artist Bill Wilson welcomed the community to a studio show and sale Saturday, Sept. 17. At right, artists Rana Shaner, Jessica Sickles, Wilson, & Lynn Vogel displayed their latest work.



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COMMUNITY NEWS BRIEFS: ARTS & CULTURE

WEEHAWKEN CREATIVE ARTS CELEBRATES MONTROSE STUDIO RIBBON CUTTING



Weehawken Creative Arts Celebrates a ribbon cutting at its Montrose location.

young people's theater program to the Montrose community this fall, starting Oct. 22nd on weekends. The youth theatre program will be led by teaching artist and seasoned theatre Director, Kathleen O'Mara and will be for ages 6-18. The production the students will be working on and performing in will be an adaptation of "The Lion King." Executive Director Ashley King said, "We were amazed to have Kathleen seemingly drop out of the sky and land in Ouray County. She brings over twenty years' experience and is truly in high-demand from coast to coast. To have this be her home-base as she travels from coast to coast is so very lucky for all of us. We are thrilled to find someone who can implement a theater program as a class, where all can participate, with a public production at the end." Public performances of "The Lion King" will take place in Montrose on November 12 & 13.

Weehawken's Ribbon Cutting Ceremony marks the start of an exciting time of adding to the health of the arts in Montrose and the surrounding areas. "We are so happy to be expanding our offerings in Montrose and to be working with the many other wonderful organizations in the region. Just as Weehawken grew slowly and carefully in Ouray County, we will look to do the same in Montrose. It only gets better from here!" exclaimed King-Grambley. More information about Weehawken Creative Arts and Weehawken Montrose can be found on Weehawken's website at www.weehawkenarts.org or on facebook at facebook.com/weehawkenarts. Further, people can call Weehawken for information at 970-318-0150.

Special to the Mirror

MONTROSE-On Saturday, Sept. 10, a crowd gathered at Weehawken Creative Arts new Montrose location to celebrate a grand opening and perform a ribbon cutting ceremony. Class participants, teaching staff, administrators and new students all took-part in the Saturday celebration. The new Weehawken Montrose is located at 310 S. 9th Street (behind Budget Blinds) and was previously operated as Uncompahgre Yoga Circle.

Weehawken Creative Arts will continue in the yoga tradition by offering Adult Yoga Classes indefinitely with Donna Murray on Tuesday and Thursday mornings from 8:45 am to 10:15am. Expanding on adult movement options, Weehawken now also offers Mat Pilates for Adults on Tuesdays from 8-9 am as well as a Friday Lunch Break Mat Pilates with Miss Natasha Pyeatte from Noon until 1 pm (starting this month). Weehawken's popu-

lar dance program will also be based out of this space. Weehawken dance classes run Monday through Friday and the semester just started up the week of Sept. the 12th. Classes offered include a Ballet program that follows American Ballet Theatre curriculum and standards, Hip Hop, Poms, Tap and Jazz from ages 2.5 to 18. Further, the Montrose location will offer art programs for adults and children as well as voice lessons and children's theater. New sessions of "Afterschool Art" are set to begin soon: ages 7-11 will begin on September 21st and ages 8-14 will begin October 19th.

Voice lessons with Allyson Connally are offered once per week this fall for ages 7-11 and ages 12+ as well, with new classes beginning in October. Adults are can get into art with a "Paint Your Pet" workshop with Allison Wofford starting October 19th.

Finally, Weehawken will be offering a

The Mirror: many views, one newspaper.



COMMUNITY NEWS BRIEFS: ARTS & CULTURE

SNEFFELS FIBER ARTS FESTIVAL RETURNS TO RIDGWAY SEPT. 24-25

Special to the Mirror

MONTROSE-This Sept. 24 and 25 at the Ouray County 4H Events Center in Ridgway Colorado, Weehawken Creative Arts (WCA) is offering a way to catch the Fiber Art Craze through their Annual Sneffels Fiber Arts Festival. In addition to showcasing several fiber arts supply and finished product vendors, WCA will also be offering an assortment of classes, workshops and free demonstrations from vendors and local fiber artists. Saturday, Sept. 24 kicks off this Craze from noon to 2 pm creating a needle felting purse with Monique Mullis from Felted Dog. The cost of the class is only \$45. This class will use an appliqué technique to needle felt onto a wool clutch-style purse provided. The purse will be a handmade crocheted purse that is felted. The instructor will demonstrate a few needle-felting techniques and then participants will needle-felt their own design. It will be a very free-form workshop.

Step into the next opportunity on Saturday from 2:30 pm to 4:30pm and learn double knitting with Linda Borof. The cost of the class is \$45. Double knitting is the art of knitting two sides of fabric at the same time on the same needle. In this class, students will knit a scarf which has two stockinette sides each of which is a different color. The same effect can be created by knitting two separate stockinette pieces and sewing them together. Students will create a scarf in half the time and with half the work.

On Sunday, Sept. 25 from 9:30 am to 11 am, there will be Inkle Weaving with Ruthy Zephyr for \$70. Inkle Weaving has existed for hundreds of years, falling in and out of favor over the centuries. It was a weaving form that was almost lost until a strong "folk art" movement in the 1960's when it found a new audience. Inkle

weaving is easy to learn, easy to do but can yield beautiful woven items, which can be used for purse and guitar straps, belts, pet collars, reins for animals, curtain tie backs, and more. Its uses are limited only by imagination! Students will learn the basics and have a started project to take home but the class is limited to 6 students.

The final class offered on Sunday is the Basics of Crocheting class from Noon to 2:30 pm. For \$45, students will get a basic learn-how-to-crochet class. Beginners will learn the basics of starting a project, basic stitches and color changes while creating a scarf. The class will also cover other techniques such as increasing, decreasing, and pattern reading.

There are also free demonstrations where anyone can just show up to learn

new skills and techniques. If you have always wanted to learn basic knitting, the free demonstrations are for you. All you have to do is come with knitting needles and yarn, or you can purchase a kit from Weehawken at the event. On Saturday, September 24th people can come at either 10:00, or 1:00 pm for a "Free Basic Knitting" demonstration. Or, at Noon there will be a free demonstration on "Needle Felted Flowers". On Sunday, Sept. 25 from 11 am to Noon, "Basic Knitting" is offered again. At Noon, "Needle Felted Brooch Pin" will be the free demonstration. For more information or to pre-register, contact Weehawken Creative Arts at www.weehawkenarts.org or visit www.sneffelsfiberfest.com or call 970-318-0150.

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THE ALPINE PHOTOGRAPHY CLUB meets every second Tuesday at St. Mary Catholic Church in the St Paul Room, 1855 St Mary's Drive, Montrose. The Public is welcome to attend. For more information, email alpinephotoclub@aol.com.

FREE FAMILY LAW CLINIC-LAST WEDNESDAY OF EVERY MONTH, Montrose County Courthouse (Leslie German self-help center) at 1200 North Grand, Noon to 1:30 p.m. Sponsored by Uncompahgre Volunteer Legal Aid and the 7th Judicial District Bar Association. Call 970-249-7202 for information.

FREE JAM SESSION AND SING ALONG, Mondays from 4 to 6 p.m. at the Montrose Pavilion Senior Center.

MONTROSE HISTORICAL MUSEUM-"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

SNOWSHADOW GYM-Zumba classes with Maria Gonzalez week nights 5:30 to 7:30; Swing dance with Kevin Mears Mondays 7:30 to 9:30 p.m. 535 S. First St. Snowshadowgymnastics@yahoo.com.

MONTHLY-

Sept. 18-20-The Friends of the Montrose Library will hold a used book sale Sunday, Sept. 18, through Tuesday, Sept. 20, in the Montrose Library Meeting Room. Hours are Sunday, noon to 5 p.m. (FOL members only noon to 2:30 p.m.; you may join at the sale); and Monday and Tuesday, 9 a.m. to 6 p.m. On Tuesday from 4 p.m. to 6 p.m., customers can fill a reusable bag with books for \$4. Information, 303-898-8487.

Sept. 20-Retaking America-Best selling author, FOX News Commentator and Founder of Foundation for American Liberty & Greatness (FLAG) Founder Nick Adams to speak @ the Montrose Pavilion, \$25 per person. Presented by Ouray County Republican Central Committee and Montrose Republican Women. Call for tickets 970-209-3822.

Sept. 20-Therapist Michele Gad of FAME (Focus, Attention, Memory, Exercises) to speak at Montrose Pavilion Senior Center, 1 p.m. Free to the community.

Sept. 21-Chipeta Archaeology Society presents John Pitts - When Lightning Strikes Twice - Relationship of one aspect of nature and the life patterns of Native Americans on Wednesday Sept. 21 at 7pm at Montrose United Methodist Church, Baldrige Hall, South 1st and Park Ave, Montrose Colorado. No fee - suitable for all ages.

Sept. 21-Alpine Bank BBQ in Telluride, 120 South Pine Street, 11 to 2 p.m.

Sept. 21-Donate to VOA Music & Memory program in honor of World Alzheimer's Day...7 a.m. to 11 a.m. @ Buckhorn Coffee, 1048 S. Townsend Ave.

Sept. 22-The League of Women Voters of Montrose County invites and encourages the public to attend its November Ballot Issues Forum, a non-partisan presentation of the pros and cons of issues on which you will soon vote. Thursday, Sept. 22, at Noon & 5:30 Montrose Library Community Room. LWV ballot issues pamphlets will be available.

Sept. 23-The 45th annual Fall Clinics event will take place on Friday, Sept. 23 at the Montrose Pavilion. Known for having speakers from around the country discussing current medical topics, the event is expected to reach over 100 physicians and nurses from Colorado and the greater region. In a special session open to the public, Dr. Maria Anderson, Food for Life instructor and Electrophysiologist from St. Mary's Hospital in Grand Junction, will speak on the topic of "Reversing Chronic Illness" from 12:45-1:45 p.m. in the Montrose Pavilion auditorium. There is no charge for this portion of the program. For more information visit the hospital's website at www.montrosehospital.com.

Sept. 24-25-Sneffels Fiber Arts Festival, Downtown Ridgway.

Sept. 24-Volunteers of America presents Music on the Green, Baldrige Park, 4 to 9 p.m. Concert is free, bring a lawn chair or blanket to sit on.

Sept. 24-Be a part of the nation's largest, single-day volunteer effort for public lands. Throughout the country, about 200,000 people will participate in 2,500 National Public Lands Day events. As part of the celebration, national parks will waive entrance fees and host projects and programs that promote environmental stewardship.

Sept. 25-Magic Circle Theatre presents, Shine, a new play by Aggie Unda. 3 p.m. All tickets are \$3.

Sept. 28- Please join us for a time of education and support. Coronary Stents & Surgery. 6:30 to 7:30 p.m. Montrose Memorial Hospital Conference Room B, 800 South Third Street.

Oct. 1 & 2-John Fielder two-day Photographic Workshop, a benefit for the Ouray County Historical Society, offers field shoots in the San Juan Mountains and hands-on photography and editing instruction from Colorado's master photographer. \$850 per person includes some meals and transportation to all shooting locations. Call (970) 325-4576 to register and for more information.

Oct. 1-Pioneer Town will host an end of the season Car Show, in coordination with Cedaredge Apple Fest Oct. 1! For more information contact Pioneer Town and olieheadswest@yahoo.com 970-856-4768.

Oct. 1-Montrose Oktoberfest is Sat Oct 1st, 1pm-6pm in Centennial Plaza, Downtown Montrose. Tasting will feature 25 craft breweries and local wineries. Live music from Halden Wofford & the Hi Beams and Zolopht. More info and tickets at www.montrosebeerfest.com.

Oct. 3-Montrose 4H Council Blood Drive, St. Mary's bloodmobile @ Montrose County Fairgrounds 4:30 to 8:30 p.m. RSVP to 970-249-3935.

Oct. 8-The 24th annual Bosom Buddies "One Step Closer to Help and Hope" Walk/Run is Saturday, Oct. 8 starting at the Montrose Pavilion. Presented by Montrose Memorial Hospital, the event opens at 8am for registration with the 5K walk and 5K/10K run beginning at 9am. The cost of the event is \$30 in pre-registration and \$35 for race day registration. Entry forms are available at Montrose Memorial Hospital, San Juan Cancer Center, City Market, Safeway and the Bosom Buddies office. Mailed registrations must be postmarked by Friday, Sept. 30th. Online registration is available until 10pm Wednesday, October 5th at www.bosombuddiesswc.org.

Oct. 14-16-The Bow Wow Film Fest Tour is heading your way! This FUNdraiser for Second Chance Humane Society is stopping to "Raise the woof" in: Ridgway on Friday Oct. 14, 7pm at the Sherbino Theater & Montrose on Sunday Oct. 16, 6 pm at the Turn of the Century. This is a family friendly short collection of films all for "The Love of Dog"! Tickets are on-sale now \$12/Adults, \$8/kids - \$15/door & a movie preview at www.bowwowfilmfest.com. ALL proceeds benefit Second Chance Humane Society a 501(c)(3) animal organization serving the counties of Montrose, Ouray & San-Miguel.

Give Back Days

At Mi Mexico Mexican Restaurant

Come enjoy a delicious meal and we'll donate 20% *
of your total check to a local non-profit.

Every Wednesday...Every Month...All Day (11 am - 10 pm)

Over 200 entrees to choose from!

1st Wed: The Homestead at Montrose

2nd Wed: All Points Transit

3rd Wed: Montrose Rec Foundation

4th Wed: Valley Manor Care Center

5th Wed: Community Options Inc.

(Note: 5th Wed dates are: March 30, June 29, Aug 31, Nov 30, 2016)

After dining, attach the coupon to the bill
and deposit it in the box labeled
"Give Back Days." 20% of your total
bill will be donated to the
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**SUPPORTING IS
NOW DELICIOUSLY
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(970) 252-1111 Fax

*Coupon must be present

Contact the Montrose Mirror:

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The Montrose High School Class of 2017 celebrated Homecoming with a parade on Main Street Wednesday Sept. 14.



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