

Like us on Facebook

Visit us online at  
[montrosemirror.com](http://montrosemirror.com)

Please Support  
our Advertisers:



[www.montrosecounty.net](http://www.montrosecounty.net)



[www.voahhealthservices.org](http://www.voahhealthservices.org)



[www.alpinebank.com](http://www.alpinebank.com)



[www.montroshospital.com](http://www.montroshospital.com)



[www.smpa.com](http://www.smpa.com)



Howard Davidson Agency

<http://www.farmersagent.com/hdavidson>



[www.dmea.com](http://www.dmea.com)



[www.scottsprinting.com](http://www.scottsprinting.com)



[www.prospace.biz](http://www.prospace.biz)



[www.montrosecchamber.com](http://www.montrosecchamber.com)



<http://deltacolorado.org>



# THE MONTROSE MIRROR

Fresh News for Busy People...Weekly on Mondays!

Issue No. 189 Oct.3 2016

## 911 CALLS TAKE MORE TIME WITH SECOND DISPATCH CENTER!

By Gail Marvel

MONTROSE—"Please stay on the line while I transfer your call," is not what you want to hear when you call 911. Unfortunately, that is one of the side effects of having two Montrose dispatch centers.

In 2015 various government agencies in the region made the decision to leave the Montrose Regional Dispatch Center (MRDC) operated by Montrose County and open a second dispatch center, Western Colorado Regional Dispatch Center (WCRDC – WestCO), which is housed with the City of Montrose.

Both of these centers provide emergency communication for law enforcement, fire protection and emergency medical services in the region. Operationally they have been stand-alone centers since late March



County employees Troy and Kim (last names withheld) working the morning shift at the Montrose Regional Dispatch Center. By Gail Marvel.

*Continued page 7*

## CELEBRATE LATINO CONTRIBUTIONS TO LOCAL CULTURE!



Here in Western Colorado, the influence of Latino culture is everywhere, from traditions to successful local businesses like the Carnecería Sonora market, above.

By Caitlin Switzer

REGIONAL-Nationwide, America celebrates National Hispanic Heritage Month from Sept. 15 to Oct. 15. According to the most [recent Census Bureau statistics](#), 21.6 percent of Montrose city residents and 20.5 percent of county residents are of Hispanic or Latino descent, compared to 17 percent nationwide ([Latin Times](#)).

However, there is not just one culture within the Latino communities, La Voz Publisher Susan Welk Valdez said.

"Every time I come across a form asking you to check the box if you're Hispanic, I can't help but think that it is so much more than just an ethnic category," Valdez said. "Hispanics or Latinos can be first-generation immigrants, or from families who have lived in Colorado for hundreds of years. They might prefer the term Mexican, Mexican-American,

*Continued page 4*

in this  
issue

BOCC Work  
Session!

Rob writes on  
Composer John Adams!

Celebrate the  
Local Harvest!

Oktoberfest  
Photos!

San Miguel County Honors  
Indigenous People's Day!

## 'THERE WAS SO MUCH FRUIT THIS YEAR!' BOUNTY OF LOCAL HARVEST SOMETHING TO CELEBRATE



*At Crawford's Smith Fork Ranch, Executive Chef Marcus Parrott keeps the focus on artisanal foods of local origin. Courtesy photo.*

By Caitlin Switzer

REGIONAL—Whether you prefer apple pie, raspberry jam, roasted eggplant or green chili or even a glass of local beer, wine or cider, chances are you are excited about the Fall harvest season.

For those who spend their lives growing and selling food, the harvest is the “paycheck,” the culmination of months of long days and hard work. And even for growers, this is a time of excitement over favorite recipes and favorite crops.

Stop by to see Jennifer Prock at Kinikin Processing LLC in Montrose, (1032 64.50 Road), and she may even share a favorite recipe.

“I love elk and buffalo,” Prock said. “And I love raspberries. Pork loin with raspberry sauce...mmmm! And I’ve got some recipes—stop by and I’ll share ‘em!”

At the DeVries Farm Stand in Olathe (60542 Gunnison Road), shoppers are excited about everything, store clerk Vanessa said. The tree fruit crop is especially popular. “There has been a lot of excitement over peaches and apples this year,” she said.

“Especially apples; a lot of people I talk to are coming in for apples—apples for eating, apples for apple sauce, and for apple pie.”

Ela Family Farms of Hotchkiss is known

throughout Colorado for its delicious organic tree fruits and cider. The longtime Western Slope farm also has [plenty of recipes](#) to share.

“We have a bunch of our favorite recipes on the web site,” staffer Margaret Stockton said. “We make so much stuff here! Applesauce, apple butter, jellies, and jam—I like it all.”

Ela Farms makes fruit butter with no additives, she said, and the dried fruit is just dried. Even jellies and jams contain very little sugar.

“We make a plum butter that I just love,” Stockton said. “It’s very tart.

“And every day I walk to the cooler and eat one of our freshly picked apples.”

Executive Chef Marcus Parrott at the international destination resort [Smith Fork Ranch](#) in Crawford, where the focus is on

artisanal foods of local origin, said that many vegetables are harvested later there than elsewhere because of the high elevation. “Everything takes a little longer,” Parrott said.

“Right now, I am really excited because I have a lot nice beets—beets are one of my favorite vegetables. I roast them with olive and salt, and peel them. I have Olathe corn like I always have, and the berries are just outrageous. Blackberries, raspberries are huge this year, just really nice.”

Paonia’s Delicious Orchards ( 39126 Hwy 133, Hotchkiss) is the home of Big B’s Juices, known throughout Colorado and across the nation.

“There was so much fruit this year!” Delicious Orchards staffer Chelsea Peluso said. “We have cold-pressed cider, the real, unpasteurized kind, and it’s selling like hotcakes. We also have apples from our trees.”

In addition to U Pick fruits and vegetables (check the [website to see what’s available](#)), Big B’s will host the Fifth Annual Hard Cider Festival October 29.

At Fritchman Orchard in Eckert, honeycrisp apples are selling briskly—but you have plenty of choices.

“We have different eight varieties of apples,” Darlene Fritchman said. However, after 40 years in the business, Darlene is even more excited about the next generation taking over the orchard.

“Our son Erik just bought the farm,” she said. “His sons Eli and Ethan will work with him on the farm—they take over in December.

“We are real thrilled about it,” she said. “It takes a huge amount of money for any young person to get into agriculture in America.”



No reprints without permission.

Publisher: Caitlin Switzer, Circulation 8,000+

Featured Freelance Writers: Liesl Greathouse, Gail Marvel, Rob Brethouwer

Post Office Box 3244,

Montrose, CO 81402

970-275-0646

[www.montrosemirror.com](http://www.montrosemirror.com)

[editor@montrosemirror.com](mailto:editor@montrosemirror.com)

THE  
MONTROSE MIRROR  
MONTROSE



## REGIONAL NEWS BRIEFS

### ACTING DEPUTY FOREST SUPERVISOR ON THE GMUG NFS

*Special to the Mirror*

DELTA-The Grand Mesa, Uncompahgre and Gunnison National Forests (GMUG) will have an Acting Deputy Forest Supervisor on board, beginning October 3. Susan Stresser will be serving on the Forest while Russ Bacon is the Acting Forest Supervisor on the San Juan National Forest.

Ms. Stresser comes from the Shoshone National Forest where she is the District Ranger for the Clark's Fork, Wapiti and Greybull Ranger Districts out of Cody, WY. She comes with extensive experience in a variety of areas within the Forest Service, including wildlife/ecosystems biologist, botanist, interdisciplinary team leader for environmental analysis (NEPA) and wildlife, range, botany and invasive species programs, at both the district and forest

levels. She has worked on the Klamath, Wine-ma, Apache-Sitgreaves, San Juan, Superior and Shoshone National Forests over the past 25 years.

Ms. Stresser stated, "I really enjoy working with communities and groups." She went on to say, "I'm looking forward to this leadership opportunity on the Grand Mesa, Uncompahgre and Gunnison National Forests and to work with its partners, stakeholders and local governments."



*Susan Stresser will be serving on the Forest while Russ Bacon is the Acting Forest Supervisor on the San Juan National Forest. Courtesy photo.*

# How do you know if you have the RIGHT amount and type of insurance?

*Do you really understand your insurance? Let's review what you have to make sure there are no gaps.*



## FARMERS<sup>®</sup> INSURANCE

GET A QUOTE

• Home • Auto • Life • Business • Workers Comp.

**GIVE US A CALL TODAY! 970-249-6823**

Or come by and see us at 1551 Ogden Road • Montrose, CO 81401

**[www.farmersagent.com/hdavidson](http://www.farmersagent.com/hdavidson)**

Securities offered through Farmers Financial Solutions, LLC • Member FINRA & SIPC

HOWARD DAVIDSON AGENCY



**Howard Davidson**  
Insurance & Financial Services Agent

## **CELEBRATE LATINO CONTRIBUTIONS TO LOCAL CULTURE!**

### **From Page 1**

Chicano, or Spanish, and each has a unique history and culture that they are willing to share with the rest of us.

"One unifying factor is the important contributions these so-called Hispanics have made and continue to make in this country," she said. "We should be celebrating their stories and their contributions, and that history and culture should be reflected in the textbooks we teach from in our schools."

Montrose English Language Learning (ELL) educator Patty Voorhis has worked with students in local schools for more than a decade, but still has some unrealized goals for the program. "One of my dreams has been that people who can

already speak and write in both English and Spanish could take a test, get certified, and then work in the community," Voorhis said.

Because those who can speak, write and hold conversations in both languages are in great demand, the certification would be a powerful asset for future employers, she said. However, recent budgets have removed rather than added language classes—especially those that are not absolutely necessary. A Spanish class for native speakers was cut, and the only schools now offering Spanish classes to English speaking students are Peak Academy, Montrose and Olathe High Schools and Centennial Middle School (Eighth grade

only).

Still, "There is a great opportunity for kids to learn about the Spanish language and culture," Voorhis said, noting that such classes would benefit not only English speakers, but students from a bilingual background as well.

"It's sad to lose contact with your culture," she said. "We want to keep what we can, and I advocate for that. As part of her role, Voorhis has worked with a Hispanic parent advisory committee for the past eight years. "We meet regularly, and I keep them in the loop when it comes to cross-cultural education," she said. "Last Tuesday, we had a canning class. It was fun, and they learned."

The emergence of computer technology has made language learning easier and provided increasing opportunities to practice and communicate language skills, she said. "We have opportunities now to mix classes, with Spanish-speaking and non-Spanish speaking students," she said. "That's a way for students to practice and communicate, and they love it."

Voorhis writes a monthly newsletter to communicate with Spanish speaking students and their families, and said that she is very pleased with the interest RE-IJ Superintendent Stephen Schiel has shown in her ELL students and the Hispanic community. "He really encourages us," she said.

In honor of Hispanic Heritage Month, many activities and events have been planned throughout the region. On Oct. 11, the Western Colorado Latino Chamber of Commerce welcomes Colorado Minority Business Office Director Rosy Aburto McDonough to Colorado Mesa University's Houston Hall, starting at 6 p.m. McDonough's presentation is entitled *From Mexico to Beautiful Colorado: Rompiendo Barreras*.



**LIFE IS TOO SHORT TO WEAR BORING CLOTHES**

**SHOP NINA SUZANNE'S AND LET US HELP YOU FIND YOUR STYLE**

NINA SUZANNE'S AT  
336 E MAIN IN  
DOWNTOWN MONTROSE, CO  
**(970) 252-7337**

**THANKS FOR READING  
The Montrose Mirror!**  
***Fresh News for Busy People!***  
**Call 970-275-0646 for  
ad rates and information!**





## Timberline Bank Awarded **Colorado Companies to Watch!**

*We measure success by customer satisfaction.*



Being locally owned and operated keeps our full-service, independent bank flexible enough to move quickly when opportunity knocks.



We are a preferred leader in the SBA lending arena helping the business communities we serve.



Team members find the best solutions for our customers.



Colorado Companies to Watch recognizes companies that are developing valuable products and services, creating quality jobs, enriching communities and fueling the economic growth of Colorado.



Aspen: 970-920-0112

Grand Junction: 970-683-5560

Montrose: 970-240-5489

## REGIONAL NEWS BRIEFS

# LOCAL LIBRARIAN WINS STATE AWARD

### *Special to the Mirror*

Elizabeth Martensen, Children's Librarian and Early Literacy Specialist for the Montrose Regional Library, was recently honored during the annual meeting of Colorado Libraries for Early Literacy (CLEL), a professional statewide organization dedicated to strengthening children's literacy through library services and community advocacy.

This year, in addition to their two traditional awards, CLEL added a new one, the Early Literacy Rock Star Award. Martensen

was selected as the first recipient of this prestigious award, which will be given annually to "an individual who has demonstrated exceptional work in early literacy." Among her accomplishments, her two years of work with a statewide, research-based project known as the SPELL initiative (Supporting Parents in Early Literacy through Libraries) was especially noted for bringing library services weekly to the Montrose Early Childhood Center via the District's bookmobile. A preschool teacher at the Early Childhood Center of Montrose

stated in her letter of support that "Lizz is a rock star in our community and our school at championing for early literacy."

The SPELL project was grant-funded through the

Institute of Museum and Library Services, and the research results are receiving national attention for their possible impact on how libraries can most effectively convey messages to parents and caregivers about the critical importance of early literacy via partnerships with local agencies.

In recommending Martensen for this award, a colleague at the Colorado State Library who has worked closely with her on several projects such as SPELL, One Book 4 Colorado, and annual summer reading programs wrote: "In Montrose, Lizz supports her community in an exemplary fashion, from everyday tasks at the desk to planning and implementing excellent early literacy programs to outreach activities and grant management...and more. Throughout it all, she always has making reading fun for kids and instilling a love of reading for all as her main focus."

The Montrose Regional Library hired Martensen in 2012 as a Children's Librarian and its first full-time Early Literacy Specialist. Martensen holds a Master's Degree in Library and Information Science. According to Janet Oslund, Assistant Director for Youth Services and Branches, Martensen has excelled in numerous areas of library service to children, including storytimes, early literacy collection development, social media outreach, programming, and innovations to the library's influential summer reading program for babies through elementary school ages.

Martensen can be reached in the Marguerite H. Gill Children's Room at the library, 964-2559.



## MONTROSE VISUAL ARTS GUILD

### *Presents*

### 25th ANNUAL ART EXHIBITION AND SALE

### *"Silver Celebrations"*

Camelot Gardens

16612 U.S. Highway 550

South Townsend Avenue and Ogden Avenue

Montrose, Colorado



Painting by Nancy Martin

Reception for artists, guests, award contributors, and patrons  
Thursday, October 6th, 6:00 - 8:00 PM

Public Viewing - October 7th - 9th

Friday.....Oct. 7th.....9 am to 5 pm

Saturday.....Oct. 8th.....9 am to 5 pm

Sunday.....Oct. 9th.....11 am to 2:15 pm



## 911 CALLS NOW TAKE LONGER WITH SECOND MONTROSE DISPATCH CENTER

### From page 1

2016 and each entity follows different standards, protocols and program models.

Callers to 911 might expect to hear, "This is 911 what is your emergency?" However, the question in the forefront of the dispatcher's mind is not what, but where your emergency is. Before the dispatcher can deal with your emergency they must first sort out the different jurisdiction and agency.

Emergency 911 calls no longer go to a central location, but are re-routed by the telephone company to either MRDC or WestCO. Landlines are easier to program, but cell phones, which amount to 80-85 percent of the calls, are more difficult because they ping off of cell towers. Landline and cell phones calls alike can be routed to the wrong dispatch center.

Montrose County Communication Director Susan Byrne said, "We don't keep a caller if they belong to another jurisdiction and we try to get those calls transferred as soon as possible."

Over a three-month period 1,024 calls coming into the county dispatch center were transferred to WestCO. The data is

divided between 911 emergency calls and administration calls. June totals included: 297 transfers - 84 (911) and 213 (admin); July totals 413 transfers - 117 (911) and 296 (admin); August totals 314 transfers - 58 (911) and 256 (admin).

Likewise, some calls routed to WestCO must also be transferred to MRDC. WestCO Executive Director Mandy Stollsteimer, who is out of the office until Oct. 3<sup>rd</sup>, responded through email that WestCO does not have data that reflects the number of calls transferred.

For the dispatcher, the time taken to transfer a call may be minimal; however, for the caller the frustration of having to repeat their story, or their emergency, may seem like an eternity. Byrne said, "We try to explain that they need to be transferred to another center, but some people get upset. Some will tell us they don't want to be transferred and ask us to relay their information...some even hang up."

Callers need to answer the dispatcher's questions (where, what, when, who, weapons?), but because the centers do

not use the same protocol the questions asked may be in a different format and in a different sequence.

In some instances, the Colorado State Patrol (CSP), which operates its own call center, is a third party to transferred calls between MRDC and WestCO. CSP Communications Center Regional Manager Ron Loven, who has been in Montrose for a little more than a year, is not aware of any frustration experienced by citizens or CSP dispatchers. He said, "It's not really impacted us that much. There is a learning curve, we're adapting and moving on. Our concern is getting help to those concerned as soon as possible." Loven noted that he and his counterparts (Byrne and Stollsteimer) work closely together and have a good relationship, "We try to make it a one-stop-shop as much as possible."

Montrose County Sheriff Rick Dunlap said, "We've had people tell the deputies their [emergency] calls were transferred and they wonder why it took so long [to arrive on scene]. People need to realize it is what it is and it's the way we do business now."

## SEPTEMBER IS SUICIDE PREVENTION AWARENESS MONTH

If your friend is thinking about suicide,  
listen to their reasons without judgment  
and with compassion.  
The power of 1 can save a life.



**970.252.3228**  
FOR MORE INFORMATION

**970.252.6220**  
EMERGENCY SERVICES



## REGIONAL NEWS BRIEFS

### MONTROSE REGIONAL CRIME STOPPERS ALERT

*Special to the Mirror*

MONTROSE-Montrose Regional Crime Stoppers and the Montrose Police Department are seeking the help of citizens to identify and locate the suspect(s) in a vehicle theft from Pollard Brothers Motors in Montrose. On the evening of 9-23-16, an unknown subject(s) stole a 1994 green Jeep Cherokee from the parking lot of Pollard Brothers Motors in the 1800 Block of N. Townsend Ave. in Montrose. The stolen Jeep is unique in that it has a lift kit, oversized Dick Cepek DC-1 wheels with BFG All-Terrain tires, front and rear Warn heavy duty bumpers, a Warn winch with a red Handyman Jack attached, tubular step bars on both sides, a painted red pin-stripe running horizontally down the sides, and has a large wheel and tire custom-mounted to the rear cargo door. Anyone with information about this crime may call Crime Stoppers anonymously at 970-249-8500. Crime Stoppers wants your Information, not your identity. If the Tip results in an arrest, the Tipster may receive a cash reward.

### GIRL SCOUTS SEEK LEADERS IN MONTROSE

*Special to the Mirror*

MONTROSE-Girl Scouts is looking for leaders in Montrose. We have girls wanting to join and our troops are full. If you know anyone that can give their time to help build girls of courage, confidence, and character who make the world a better place, please contact Hilary McGilton Hilary.mcgilton@gscolorado.org 970-628-8007. Thank you in advance.



#### Ergonomics and Human Factors

The science concerned with the "FIT" between the user, Equipment and the environments they are in.

##### *Why is it important?*


- ⇒ ***Increase productivity***
- ⇒ ***Decrease employee turnover***
- ⇒ ***Decrease musculoskeletal disorders***
- ⇒ ***Reduce employee complaints of fatigue, discomfort, strain and pain***



Whether you're starting from scratch with an entirely new workplace plan, just purchasing a few new pieces, or upgrading existing equipment, the ProSpace+ team is specially trained to analyze clients' workspace for that individual fit. We have Certified Office Ergonomic Evaluators on staff and a protocol to ensure that you will receive the best value engineered advice and products.

***Call 877-874-8006 to schedule a FREE initial consultation***

www.prospace.biz

Like us on Facebook! 



# Here is to new adventures and new memories.



MAKE THE BEST OF THIS AUTUMN



## Alpine Bank

alpinebank.com | Member FDIC |     

## CITY COUNCIL TO CONSIDER TWO DDA APPLICANTS, COLORADO OUTDOORS ADDITIONS ANNEXATION, REZONING

### Mirror Staff Report

MONTROSE Two Montrose business owners are applying for seats on the Downtown Development Authority (DDA) board, and will be considered by Council at the [City Work Session of Oct. 3](#). Applying for seats on the DDA board are Debbie Blanchard of D'Medici Footwear and Ken Vail of Healthy Rhythm Gallery.

Council will also hear a presentation by City IT staffer Jeff Scheetz regarding an asset management system, and a proposal by staffer Erica Weeks on a new civility group.

Assistant City Manager and OBT Director Rob Joseph will present something called "Recreation Collaborative and Memorandum of Understanding," followed by general City Council discussion.

Included in the Work Session packet are

reports from the Region 10 League for Economic Assistance & Planning and the DDA. [For the full reports click here.](#)

Items up for discussion in future work sessions include the Classification and Compensation Study survey results on Oct. 17; Youth Council appointments on Oct. 18; Eagle Head Cane presentations on Nov. 15; and the Kings' Riverbend RV Park Land Transaction (still unscheduled).

[At the regular City Council meeting of Oct. 4](#), Council will issue a proclamation in honor of National Conflict Resolution Month and interview candidates for the City's Youth Council.

Youth council candidates include Austin Richardson; Briar Cary; Emerald Spindler; Gavriel Lightsey; Hallie Yergenson, Hunter Frenze; Isabel Haga; Jayden Cassidy; Jenna Holyfield; Jeremy Trujillo; Kelsee Dixon;

Kendrick Richardson; Lauren Peterson; and Tristen Harrison.

City Council will also hold a hearing on the annexation of the Colorado Outdoors additions No. 1 and No. 2, followed by Ordinance 2390 on first reading, re-zoning the Colorado Outdoors Addition No. 1 as an "R-3A", Medium High Density District; and Ordinance 2392 on first reading, re-zoning the Colorado Outdoors Addition No. 2 as a "B-3" General Commercial District.

In other business, Council will approve a number of items on second reading, and will consider a liquor license renewal for Sam's Tavern. Council will consider awarding a bid for the Otter Road Bridge Replacement Construction Contract to Mountain Valley Contracting in the amount of \$289,857.15.

## ANNUAL PLANT SALE AND TREE AUCTION @ MESA COUNTY FAIRGROUNDS

### Special to the Mirror

GRAND JUNCTION-Fall is a great time to plant trees, shrubs and perennials. You don't want to miss the CSU Tri-River Area Master Gardeners' Annual Plant Sale and Tree Auction, Saturday, October 8<sup>th</sup>!

Come bid on a big variety of top-quality, full size trees and plants, donated by local greenhouses and nurseries. All proceeds support the Master Gardener Program. The plant sale, and bidder registration start at 9 am with the tree auction starting at 10 am with Buster Cattles as the auctioneer. Coffee, beverages and food available by donation. Hope to see you October 8<sup>th</sup> at the Mesa County Fairgrounds behind the CSU Extension office.

**NEVER FEAR...the Annual STUPID BAND HALLOWEEN DANCE will be OCT. 29... Turn of the Century Saloon! Doors open at 8 p.m....Admission is \$10 and two non-perishable food items!**

MONTROSE MEMORIAL HOSPITAL'S

# Cardiac Support Group

Please join us for a time of education & support!

**Wednesday, Sept. 28**  
*Coronary Stents & Surgery*

**Wednesday, Oct. 26**  
*Statins: Understanding Risks & Benefits*

6:30-7:30 p.m.  
MMH Conference Room B  
800 S. 3rd Street



**MONTROSE** MEMORIAL HOSPITAL

800 South Third Street, Montrose, CO 81401

970.249.2211

MontroseHospital.com



# K.I.D.S.

Keep Improving District Schools



We have a \$12.4 million grant that must be used to build Columbine.

It is "use it or lose it".

5

WAYS  
YOU  
CAN  
HELP

- 1. SHARE** Help get the word out
- 2. YARD SIGN** Send us your address on FB
- 3. WEAR A BUTTON** location on FB
- 4. DONATE** Alpine Bank - KIDS Montrose
- 5. VOTE YES ON 3A** on Nov. 8th

PAID FOR BY THE K.I.D.S. (KEEP IMPROVING DISTRICT SCHOOLS) REFERENDUM COMMITTEE

What are the issues at the school?

- Health and safety: air quality and asbestos
- Handicapped accessibility
- Foundation and structure (Weeds are growing in classrooms!)
- Heating and cooling systems
- Fire safety
- Sewer back-ups in the locker rooms





## REGIONAL NEWS BRIEFS

### ATTEND MONTROSE AIRPORT MASTER PLAN MEETING #5

#### *Special to the Mirror*

MONTROSE--Montrose County is hosting a public meeting to discuss the Airport Master Plan for Montrose Regional Airport. The Airport Master Plan process includes a thorough public and stakeholder involvement program. This is the fifth public meeting for the Airport Master Plan, which will include a project status update and summary of future development alternatives at the airport.

WHAT: Montrose Regional Airport Master Plan Public Meeting #5

WHERE: Boardroom, Office of County Management, 161 South Townsend Ave

WHEN: Thursday, Oct. 13, 2016 - 3:30 PM to 6:30 PM

The public is welcome to attend. Those unable to go to the meeting may view meeting materials on the Airport website, <http://www.montrosecounty.net/194/Montrose-Regional-Airport>. In case of inclement weather, see the Airport website for cancellation announcements. The Montrose Regional Airport is located at 2100 Airport Rd, Montrose, CO 81401.

### PRESENTATION: VLADIMIR PUTIN: THE MAN AND THE MYTH

#### *Special to the Mirror*

GRAND JUNCTION-Vladimir Putin has been an influential figure in the world for nearly two decades. In that time he has influenced energy policy, has extended Russia's influence over Eastern Europe, has fundamentally transformed democracy in Russia, has influenced events in the

Middle East, and has been linked to efforts to influence the 2016 Presidential Election in the United States. Join the World Affairs Council of Western Colorado as Dr. Tim Casey and Dr. Bill Flanik of the Political Science Department at Colorado Mesa University will moderate a panel discussion and multi-media presenta-

tion on Vladimir Putin's role in geopolitics, Russian politics, and in Western political discourse. The presentation and panel discussion will take place on the Colorado Mesa University Campus in Houston Hall Room 205 on Tuesday, Oct. 11. The event will start at 5:30 in the evening and is free to the public.



Time to dig?  
Remember...

# Call 811

before you dig.

- It's Free
- Saves Time
- Saves Lives

**Know what's below.**

**SAN MIGUEL POWER ASSOCIATION**  
SMPPA is an equal opportunity provider and employer.



## COMMISSIONERS HEAR FROM GRAVEL PIT NEIGHBOR AT WORK SESSION SEPT. 27

By Gail Marvel

MONTROSE-Summary Report on the Montrose County Commissioners Sept. 27, 2016 work session.

### **Maier BOCC Meeting Agenda Review:**

A draft of the agenda for the Sept. 28, 2016 meeting was presented. Items of interest under the **consent agenda** include an agreement with San Juan Shooting Range to provide the location for the Sheriff's Office employee training. Under **general business and administrative** items Dean Cooper, Planning and Development, will discuss Brasier Asphalt's ability to meet density requirements and contract deadlines for the 2016 Asphalt Overlay Project.

### **Manager Items:**

County Manager Ken Norris said, "Right now we are trying to clean up the fairgrounds." An eight-man crew from Delta County Corrections removed fencing which will be reused in another location. "It's good news for us because all we provide are tools and gasoline [for transportation], and it helps them in their rehabilitation program." A small 12 X 60-foot mezzanine is being installed in a Friendship Hall storage area, "We'll get 720 square feet of more usable storage space for minimal cost."

### **BOCC/County Manager's Calendar:**

Noteworthy dates include Oct. 3<sup>rd</sup> – a joint CDOT/city/county meeting; Oct. 5<sup>th</sup> – Inside Montrose County with Health and Human Services (HHS) at the Bridges; Oct. 19 flu shots given at the Pavilion.

### **National Business Aviation Association (NBAA):**

Director of Aviation Lloyd Arnold, MEDC Executive Director Sandy Head. Arnold discussed plans for attending the NBAA in Orlando, Florida in November. "It's the largest conference [of its kind] in the world. The first day we can expect 25-30,000 people in the conference hall." The county contingent will man a booth and spend four days introducing the aviation industry to the Montrose community and what the airport has to offer. Head gave a recap and update of MEDC activities, "This year the focus has been our AG [agriculture] community." She noted the community impact to the loss of Whitfield Dairy and the prospect of other AG related businesses (growing spelt) coming to the valley. Other outreach includes working on a Foreign Trade



*During the scheduled break citizen Dale Laird expressed her frustration with the on-going issue surrounding the gravel pit south of town. Photo by Gail Marvel.*

Zone, networking with local manufacturers and helping companies with feasibility studies. MEDC submitted a budget request of \$25,000 for 2017.

**Southwest Conservation Corps Agreement:** Justin Musser. Musser ask for commissioner support on a grant for the conservation corps. In areas like the Dolores River the saw crews clean out brush such as Tamarisk and Russian Olive.

"Some of these kids need summer jobs; some are at-risk kids. They provide a service for us by running saws for a few days."

**Financial Review:** Finance Department Director Cindy Bennet. In her monthly financial review Bennet said, "Everything looks really good. Sales and Use Tax is 99.9 percent of what we projected."

A good indicator of the economy is permits for single family residences, "For August permits are up 10 percent and evaluations on the permits are up six percent." Clerk and Recorder fees are up 17 percent for the month of August compared to August 2015.

**Ten Minute Break:** Dale Laird. During the scheduled break citizen Dale Laird expressed her frustration with the on-going issue surrounding the gravel pit south of town, "Why was I told yesterday that it wouldn't be fired up, but it was fired up today? I don't want to live there anymore if I have to put up with that." Commissioner Glen Davis had in fact told Laird the plant would not be fired up unless the State (inspector) was on site. Unbeknownst to Davis the State arrived that

morning, "The State is there, but they failed to notify me...they are monitoring it. Everyone is not going to call us [commissioners], but they fired it up and the State is there." Laird said, "I'm tired of being marginalized by people, many people in this room." Davis said, "We've done everything we can to address your concerns. If anything is found I trust they [the State] will shut it down. They shut down a plant [Nucla] and there was nothing wrong with it."

Laird requested testing of the plant be done in various locations, at different times of the day, during different weather conditions.

**Bureau of Land Management (BLM) Update** – Acting Field Officer Manager Dana Wilson. A new Field Officer Manager will be in place by October. Oct. 2<sup>nd</sup> the BLM redistricting goes into effect. Three hundred sixth-graders participated in Cottonwood Days, "They identified fish species... a true BLM experience."

**Granicus – Board Room Equipment Contract** – Don Varey, IT Director. The old contract has expired on equipment used to stream commissioner's meetings.

The proposal is for upgraded equipment and an 18-month contract. New camera equipment will allow video of audience participation.

**Elected Officials:** No report.

County Attorney Update: Teresa Williams said, "Reorganization of the department is going very well. It's beneficial and the feedback is that it worked out really, really well."

## REGIONAL NEWS BRIEFS

### SMPA, COBANK SEEK PROPOSALS FOR GRANT FUNDING OF LOCAL ECONOMIC DEVELOPMENT

REGIONAL-San Miguel Power Association Inc., in conjunction with its national cooperative partner, CoBank, is again seeking proposals for funding opportunities that stimulate and enhance our local economies. In order to financially support projects, programs and organizations that are actively working to improve the financial stability of local businesses, expand entrepreneurial opportunities and bring revenue to our towns and counties, SMPA will be awarding matching grants to selected applicants.

Member organizations and businesses may apply for up to \$10,000 in \$1,000 increments of dollar-for-dollar matching funds depending on the costs of their initiatives. Initiatives may vary in size and scope but should aim to benefit the entire business community of a region, not just individual businesses.

The following definition of economic development will be used by SMPA Board of directors for evaluation of all proposals:

Economic development is the develop-

ment of economic wealth of regions or communities for the well-being of their inhabitants. From a policy perspective, economic development can be defined as efforts that seek to improve the economic well-being and quality of life for a community by creating and/or retaining jobs and supporting or growing incomes and the tax base.

Interested parties should complete the application available at [www.smpa.com](http://www.smpa.com) àCommunity ProgramsàSharing Success Grants. Supporting documentation such as cover letters, proposal text or action plans may be appended.

Qualifying projects should:

- Stimulate job creation in our area
- Promote economic growth
- Create/improve local commerce
- Maintain/strengthen existing businesses
- Enhance regional prosperity
- Offer sustainable progress; set the stage for economic development in the long run
- Build collaboration

Show of our communities attributes  
Demonstrate ability to leverage funds  
Deadline for applications will be October 31, 2016 please mail or drop off your applications to a San Miguel Power Office in either in Nucla or Ridgway or mail to San Miguel Power C/O Paul Hora, PO Box 1150, Ridgway, CO 81432.

San Miguel Power Association, Inc. is a member-owned, locally-controlled rural electric cooperative with offices in Nucla and Ridgway, Colo.

It is the mission of San Miguel Power Association to demonstrate corporate responsibility and community service while providing our members safe, reliable, cost effective and environmentally responsible electrical service. SMPA serves approximately 9,600 members and 13,300 meters and supports local communities with \$300,000 annually in property taxes and \$400,000 in energy efficiency and renewable energy rebates.

SMPA is an equal opportunity provider and employer.

*D'Medici's*  
FOOTWEAR & CLOTHING

**Cobbler WILL Bring Your Tired, Damaged Shoes,  
Boots and Handbags BACK TO LIFE!**



A Cobbler who cares about his workmanship  
and guarantees ALL work.

We also make Orthotics and Custom Footwear  
for special needs.



**316 East Main St. (970) 249-3668(FOOT) DMediciFootwear.com** 



# MIRROR IMAGES...MONTROSE OKTOBERFEST!



*Above left, Dasha Green and Megan Hubbard enjoy the sunshine after performing at the Montrose Oktoberfest on Saturday at Centennial Plaza. The event, hosted by TEI Rock Drills and The Black Canyon Homebrewers' Association benefitted All Points Transit.*

*Above right, Mandy Miller and Megan Hubbard toast a beautiful day and merriment at the Montrose Oktoberfest.*

*Below left, Zulu Brewing, located at 512 East Main, was voted the Best Brewery at the Montrose Oktoberfest. Zulu Brewing Owner Nigel Askew accepts the coveted award (below right) from event sponsor Glenn Patterson.*

*Mirror staff photos.*





## BE SURE OF YOUR **TARGET**, AND WHAT LIES **BEYOND IT**.

Power line rights-of-way can make attractive hunting grounds. Please remember, our employees and contractors work on power lines and equipment in these areas at all times of day. For the safety of our employees, our equipment, other hunters, and yourself, be sure of your target and what lies beyond it - before you pull the trigger.



**1-877-687-3632**  
**www.dmea.com** | 

DMEA is an equal opportunity provider and employer.



## REGIONAL NEWS BRIEFS

### OUTSTANDING CONTRIBUTIONS HONORED AT MMH FALL CLINICS



**Community Service Awardee Dr. Thomas Canfield (left), MMH Fall Clinics Physician of the Year Dr. David Dreitlein (middle), and Fall Clinics Committeeman Dr. Lars Stangebye. Courtesy photo.**



**Community Service Awardee Dr. Thomas Canfield and family. Courtesy photo.**

#### *Special to the Mirror*

MONTROSE-- At Montrose Memorial Hospital's 45<sup>th</sup> annual Fall Clinics event on Friday Sept. 23, two individuals were recognized for their outstanding contribution to the community.

The Fall Clinics Physician of the Year award went to Dr. David Dreitlein. A Board-Certified physician specializing in Emergency Medicine at Montrose Memorial Hospital, Dr. Dreitlein was recognized by the Fall Clinics committee based on a number of criteria, including innovative care, continuing education, ongoing contributions to quality medical care, and more.

Dr. Dreitlein provides leadership for many important positions inside and out of the hospital. Dr. Dreitlein was recognized for his work with the State Emergency Medical and Trauma Services Advisory Council, CareFlight medical services, Maslow Academy, Emergency Services Medical Director, and is past chief of staff at MMH.

His leadership is instrumental in ensuring

the excellent quality of care in the region's emergency medicine.

The Community Service Award is determined by criteria including board membership and outstanding service to the community and the hospital.

This acknowledgment was given to Montrose County Coroner Dr. Thomas Canfield. A decorated military veteran, Dr. Canfield is working with the community to decrease unnecessary deaths in the region involving suicide, heroine addiction and crashes on Highway 550 South.

Additionally, he has spent countless hours of response time and guidance on behalf of families of the deceased. This award generally goes to non-physicians, however the committee felt Dr. Canfield was particularly well-suited for this year's recognition. Dr. Canfield has previously received the Fall Clinics Physician of the

Year distinction. "We're grateful for the leadership of Drs. Dreitlein and Canfield to our hospital and to our region," said Steve Hannah, MHA, CEO of Montrose Memorial Hospital.

"Our community is made stronger by their hard work and we are proud of their achievements."

The Fall Clinics event recorded over 140 in attendance with speakers from around the state discussing current medical topics, including "Optimizing Care of Older Adults," "Reversing Chronic Illness," "Differentiating Between Bipolar Disorder and Personality Disorders" and more.

In prior remarks, Mr. Hannah noted Fall Clinic's importance in helping the hospital lead and advance medical care in the region. Montrose Memorial Hospital serves Montrose, San Miguel, Ouray, Gunnison, Delta, Hinsdale and San Juan counties.

## THANK YOU FOR READING.



#montrosemirror

## REGIONAL NEWS BRIEFS

### SECRETARY WAYNE WILLIAMS REDUCES FEE TO DISSOLVE BUSINESSES

*Special to the Mirror*

DENVER— Secretary of State Wayne Williams is slashing the fee dissolving a Colorado business from \$25 to \$10 effective Oct. 1.

It's the latest effort from the Secretary of State's office to support Colorado's business endeavors.

Williams said during his travels statewide, he has met Coloradans whose businesses have struggled and ultimately closed. "These are difficult situations for small business and their families, and I am pleased that we can now reduce some of the financial burden," he said today. "I

take great pride in knowing that my office provides an extremely high level of service to Colorado businesses with fees that are amongst the lowest in the country. We do so by constantly striving for better processes and innovative use of technology."

The fee reduction is based on: Ongoing process and technology improvements that have contained and reduced operating costs. Higher than forecasted business filings this year.

The Colorado Secretary of State's office over the years has developed a reputation for innovation. Earlier this month, the

office announced [one-stop shopping for notaries public](#) with online training. A year ago, Colorado became the first state in the country to offer for free [business certification services online](#) so customers didn't have to mail the office or visit it in person.

"Our staff comes to work every day looking for ways to add value and become more efficient," said Mike Hardin, director of Business and Licensing. "It is great to see this hard work and commitment to excellence translate to better service and costs for our customers."

For more information, contact [business@SOS.state.co.us](mailto:business@SOS.state.co.us).

### ACTION GROUPS OFFER COMMENT-WRITING WORKSHOP ON RESOURCE MANAGEMENT PLAN

*Special to the Mirror*

RIDGWAY—Representatives from the Western Colorado Congress and Great Old Broads for Wilderness will offer a comment-writing workshop on an important public lands document at the Ouray County 4-H Center Tuesday, Oct. 18 at 6 p.m. The 4-H Center is located at 22739 US-550, Ridgway.

The Public Lands Action Hour will address the Uncompahgre Field Office Resource Management Plan, a document that will affect at least the next thirty years of public lands in Ouray, San Miguel and Montrose Counties. The event will begin with a short presentation about the RMP followed by a workshop on how to write effective comments about the plan to the

Bureau of Land Management.

The public comment period on the BLM's future management of 675,000 acres in western Colorado ends Nov. 1 of this year. The final RMP will impact protection of wildlife, vegetation and cultural resources as well as grazing, recreation and mineral extraction. For more information, contact Emily Hornback, [emily@wccongress.org](mailto:emily@wccongress.org).



*Struggling to care for a loved one with dementia or Alzheimer's?*

**Dementia Care – Validation Support Group  
Meets the 2nd Thursday of every month  
2:00 – 3:00 pm**

**Bring your loved one and activities will be provided while we meet.**

Our group is open to anyone wanting to learn more about dementia or Alzheimer's disease, caregivers taking care of a loved one at home, or friends and family members who want to lend extra help from time to time.

**Valley Manor Care Center Memory Care Community**  
1401 South Cascade Ave., Montrose

Led by Brandi Garcia  
Certified Dementia Care Validation Instructor  
**970-249-9634 or 970-275-6115**

Email: [bgarcia@voa.org](mailto:bgarcia@voa.org)

 **Volunteers  
of America®**





# Alzheimer's Disease

## FREE PROGRAMS

### Living with Alzheimer's: For Caregivers - Early Stage

**Sept 20 - Part 1- 9:00 - 10:30 a.m. | Sept 27 - Part 2- 9:00 - 10:30 a.m.**

**Oct 4 - Part 3- 9:00 - 10:30 a.m.**

Hear from those directly affected and learn what you can do to cope with the changes that come with an early-stage diagnosis. In the early stage of Alzheimer's disease, families face new questions as they adjust. This three-part program provides practical answers to the questions that arise in the early stage. Attending all sessions is recommended, attending only one or two sessions can still be helpful.

### Living with Alzheimer's: For Caregivers - Middle Stage

**Oct 11 - Part 1 - 9:00 - 10:30 a.m. | Oct 18 - Part 2- 9:00 - 10:30 a.m.**

**Oct 25 - Part 3 - 9:00 - 10:30 a.m.**

In the middle stage of Alzheimer's disease, care partners now become hands-on caregivers. During this three-part series, you will hear caregivers and professionals discuss helpful strategies to provide safe, effective and comfortable care. Attending all sessions is recommended, attending one or two sessions can still be helpful.

Hosted At:

**alz.org®** | **alzheimer's association®**

**Presented by: Teresa Black, Alzheimer's Association Western Slope Director**

**The Homestead of Montrose**

1819 Pavilion Drive, Montrose  
970-252-9359

**Please RSVP to Teresa Black at (970) 256-1274**



**Volunteers of America®**

## REGIONAL NEWS BRIEFS

### LED STREETLIGHT DEFECT TO BE CORRECTED

*Special to the Mirror*

REGIONAL-After having installed new LED street lights, the towns of Nucla, Naturita, Norwood and Rico will soon have to see all of them replaced. As part of an effort to save money and improve the quality of street lighting in November of 2015, the towns elected to have their old, high-intensity discharge street lamps replaced with LEDs by San Miguel Power Association (SMPA). The towns utilized a high-intensity discharge replacement program offered by SMPA to facilitate the installations. Not long after the new lights were installed, residents began to notice that certain units were not functioning properly. SMPA replaced these fixtures with extras that it had in stock. "With installations of this scale, it's not unusual to see one or two bad fixtures," said Paul Hora, Key Accounts Executive for SMPA. "...but as complaints kept coming in, we started to suspect that something else might be going on."

In fact, the failing lights were the result of a manufacturing defect that occurred in

the products sold to the towns at the time. According to the manufacturer, Excellence Opto-electronic Inc. (EOI), a solder point was not properly joined, causing it to loosen after a short period of use. The effect was that of a strobe in the illumination. "EOI is a very reputable company and they are taking responsibility for the defect," said Hora. "There were 185 lights in this series deployed on minor streets and other areas within the four towns. They are all under warranty and they will all be replaced."

The timeframe of the replacement has not yet been fully determined, but Hora says that it will likely follow a phased approach, with any failing lights receiving top priority, followed by older installations and then later ones. In the interim, it is possible that certain lights may be disabled until their replacements arrive.

The replacement lights will have a slightly warmer color (3000 Kelvin) than their counterparts (4000 Kelvin), which will be good news to residents who had expressed concerns about the color.

"It's not the perfect rollout we had hoped for," said Hora "but I don't think it takes anything away from the movement to switch to LED." For evidence, Hora points to the town of Ouray, which switched to all LED street lighting back in 2009 and has been saving money ever since. "Ultimately, I think the towns will find that this is just a bump in the road toward inexpensive, safe and reliable street lighting." San Miguel Power Association, Inc. is a member-owned, locally-controlled rural electric cooperative with offices in Nucla and Ridgway, Colo. It is the mission of San Miguel Power Association to demonstrate corporate responsibility and community service while providing our members safe, reliable, cost effective and environmentally responsible electrical service. SMPA serves approximately 9,600 members and 13,300 meters and supports local communities with \$300,000 annually in property taxes and \$400,000 in energy efficiency and renewable energy rebates. SMPA is an equal opportunity provider and employer.

### PAPER NEWS SOURCES STILL HAVE THEIR USES...

*For today's readers: Fresh News for Busy People!*

*Mirror Publishing Group*

*Because by the time it's in print, it's history!*

[www.montrosemirror.com](http://www.montrosemirror.com)

*Call 970-275-0646 for ad rates and information*





**THE LEAGUE OF WOMEN VOTERS OF MONTROSE COUNTY  
SERVING MONTROSE AND DELTA COUNTIES**



**INVITES THE COMMUNITY TO ATTEND ITS**

**CANDIDATE FORUM FOR**

**MONTROSE COUNTY COMMISSIONERS**

**DISTRICTS 1 & 3 SEATS**



**THURSDAY, OCTOBER 13, 7pm**

**Montrose Pavilion, 1800 Pavilion Drive**

**FOUR CANDIDATES, TOWN HALL FORMAT**

**DOORS OPEN AT 6:30 PM**

The League of Women Voters, a nonpartisan political organization, encourages informed and active participation in government, works to increase understanding of major public policy issues and influences public policy through education and advocacy.

For more information about the topic go to [www.montrose.co.lwvnet.org](http://www.montrose.co.lwvnet.org) and click on *Calendar of Events* or Like us on Facebook

**"Eye of newt, and toe of frog ..."**



**THE MIRROR:**  
**A classic in  
the making.**



## REGIONAL NEWS BRIEFS

### MISSING CRAIG MAN FOUND DECEASED

*Special to the Mirror*

MESA COUNTY-Friday afternoon Sept. 30 Mesa County deputies responded to a report of person found deceased on BLM land west of Lands End Road.

Once deputies arrived at the remote location, they confirmed the vehicle found with the deceased person was the blue and white Bronco belonging to missing Craig resident Scott Burke.

The Mesa County Coroner's Office conducted an autopsy Saturday morning and identified the person found as Scott Burke. His cause and manner of death are still under investigation pending toxicology results.

Burke, 43, went missing over last weekend when he didn't return home from a camping trip.

The Mesa County Sheriff's Office along with several other agencies, volunteers and family members [searched for three days](#). The exact location of where Burke was planning to camp was unknown, only a general area of the North Desert or the Bookcliff area west of De Beque.

Burke was found Friday Sept. 30, nowhere near the 700 sq mile search area. He was found a few miles west of Lands End Road on BLM land.

The circumstances surrounding his death are still being investigated.



*Scott Burke. Courtesy photo.*

# The Mirror:

*For coverage that never leaves  
our readers out in cold ...*



[www.montrosemirror.com](http://www.montrosemirror.com)

ISSUE 65 OCT. 3, 2016

## ART &amp; SOL

## SAN MIGUEL COUNTY HOSTS AN INDIGENOUS PEOPLES DAY OF HEALING AND EDUCATION

*Special to Art & Sol*

TELLURIDE -- A great injustice happened 135 years ago. The San Juan Mountains which the Ute people called home were opened up for settlement by the U.S. military. Against their will, the various Ute bands were removed to reservations in Colorado and Utah.

In an effort to address this historic injustice and begin a process of reconciliation, San Miguel County has called for, and together with the Towns of Mountain Village and Telluride, is sponsoring an Indigenous Peoples Day Oct. 8<sup>th</sup>.

"Roland McCook and I are hoping for a community day of healing," said event co-organizer San Miguel County Commissioner Art Goodtimes.

"We want to provide local citizens living in these mountains with a greater understanding of some of the more regrettable aspects of Colorado history and to start to build a deeper relationship with the three Ute tribes in our region."

Saturday morning at 10 a.m. a memorial plaque will be dedicated in Placerville Park to the *Nuche* (Ute for "The people").

At 2 p.m., the Town of Mountain Village will host an afternoon welcoming gathering in its Heritage Plaza, where a statue of a Ute Warrior has resided for several years. Following speeches a Ute Mountain

Ute dance group will perform.

And Saturday evening at 6:30 p.m. the same troupe will dance, drum and sing in the Oak St. Mall between the Courthouse and the Sheridan Opera House — where the Town of Telluride has erected a monument in memory of the *Nuche*. The main event of the day will be held in the Sheridan starting at 7 p.m.

Mayors from local municipalities will present resolutions and welcoming speeches to their Ute guests. Tribal Chairs Manuel Heart and Clement Frost will speak, as well as state officials, an historian, and a local archaeologist. Peter Pino from Zia Pueblo, who serves as a board member of the Native American Rights Fund in Boulder, will be followed by Regina Lopez-Whiteskunk, an Ute Mountain Ute Councilwoman and spokesperson for the Bears Ears Coalition.


"We believe," added Goodtimes, "that this initial gathering may become an an-

San Miguel County and the Towns of Mountain Village and Telluride present

## INDIGENOUS PEOPLES DAY

"A Colorado Day of Healing and Education"

OCTOBER 8TH • FREE AND OPEN TO ALL



10 am – Placerville Park – Dedication of Memorial Plaque  
2 pm – Heritage Plaza / Mtn Village – Town Welcome  
6:30 pm – Oak St. Mall / Telluride – Dance & Drum group  
7 pm – Sheridan Opera House / Telluride – Main Program

*featuring*

Ute tribal representatives  
Native American Rights Fund representative  
Colorado Commission on Indian Affairs director  
San Miguel County and municipal officials  
Anglo historian, archaeologist and Forest Service tribal liaison

Partners include San Miguel County, Town of Mountain Village, Town of Telluride, Town of Ophir, Town of Norwood, the Telluride Ski & Golf Company, the Peaks Hotel, Tom Mann & Grassroots Masonry, the Sheridan Opera House and various local organizations

nual way of promoting cultural and social exchanges among Tribal members and County citizens."

All three events are free to the public. Donations on behalf of the event can be made at the Indigenous Peoples Day GoFundMe site.



facebook.com/sherbinotheater



www.sherbino.org  
970.318.0892

# MAD MEN



## MAN PARADE + AUCTION + DANCE PARTY

**A FUNDRAISING EVENT FOR THE SHERBINO in Celebration  
of the debut of the "Men of Ridgway" 2017 Calendar**

Dress to the nines for a Man parade, Auction, and Dance party (M.A.D) fundraising event for the Sherbino, in celebration for the debut of the 'Men of Ridgway' 2017 calendar. This fun and lighthearted evening is sure to be M.A.D.ly entertaining and unforgettable. Those dressed to impress will receive a free drink upon entry.

# OCT 15

Doors at 7:30pm / Event at 8:30pm

\*\$15 in advance (thru Oct 14)

\$20 at the door

Please note: Ages 21 and up only.  
\*Pre-sale tickets available at Cimarron Coffee Roasters  
(Ridgway) starting October 1st.

# Health Wellness = Wealth

By Michele Gad

(FAME) Focus. Attention.

Memory Exercises

**M**y harvest seems endless this year! As I looked at what, hopefully, is the last 25 pounds of tomatoes from this year's bounty of more than 150 pounds (yes, really!), I decided to take a break from chopping, dicing, slicing, peeling, pickling, canning, freezing and dehydrating to write this month's health and wellness article.

It felt like those baskets of tomatoes were glaring at me from my kitchen counter as I opened up my computer and then I actually heard the largest green zebra heirloom whisper, "lycopene, lycopene, lycopene." Why a green tomato would be whispering lycopene confuses me because it's found in red fruits and vegetables.

Lycopene is the natural substance (part of the carotenoid group) responsible for the deep red color in many foods, like tomatoes. It is fat soluble, which means it is better absorbed when paired with oil. Cooking tomatoes in olive oil actually delivers lycopene to your body most efficiently, but topping fresh tomatoes with olive oil will dramatically increase your body's ability to absorb this phytonutrient. Many people are familiar with lycopene because of its many health benefits (i.e. cancer fighting agent and powerful antioxidant).

In the late part of the twentieth century the investigation of lycopene's health benefits started. Even in such a short period of time, scientists and medical researchers have established the significant role it plays in human health. You can find lycopene in a number of vegetables and fruits.

Perhaps you want to consider adding the following lycopene rich fruits and veggies to your daily health regimen\*:

Tomatoes  
Pink Grapefruits  
Pink Guava  
Watermelon  
Papaya  
Rosehips

Lycopene is allegedly a more effective antioxidant than other of its carotenoid cousins which include beta-carotene. Its powerful antioxidant actions are effective in maintaining the strength, thickness and fluidity of cell membranes. Cell membranes are the guardians of cells. They are responsible for screening what goes in and out of cells.

They allow good nutrients in and remove cellular junk and prevent toxins from entering the cells. Strong healthy cell membranes are vital in the prevention of many diseases.

Lycopene is believed to help prevent many forms of cancer as well as the prevention and treatments of many illnesses and diseases such as:

Heart diseases - Lycopene stops LDL cholesterol from being oxidized by free radicals and in turn cannot be deposited in the plaques which narrows and hardens the arteries

Infertility - Research suggests that lycopene may help in the treatment of infertility. Results from tests showed that lycopene can boost sperm concentration in men

Helps prevent diabetes

Prevents age-related macular degeneration and cataracts

Prevents the aging of skin and keeps it younger looking

Acts as an internal sunscreen and protects your skin from sunburn

Lycopene is also been known to help prevent osteoporosis

\*Please discuss any specific questions about your diet or nutrition with your healthcare professionals to ensure you do not have any health issues that might prohibit you from consuming lycopene rich foods or that you may not experience a negative drug interaction (i.e. grapefruit does not mix well with some prescription drugs).

Thinking about all of those tomatoes is making me crave a caprese salad... Easy Caprese – Top fresh sliced tomatoes with fresh mozzarella cheese, several fresh basil leaves and drizzle with a high quality extra virgin olive oil. Delicious and so good for you!

Questions, comments or suggestions? Feel free to contact me at michel-egad.fame@aol.com.



**Michele Gad is a Certified DelGiacco Neuro Art Therapist and runs a business, Focus, Attention, Memory Exercises (F.A.M.E.)**







**GIVE  
BLOOD**

**Join  
Montrose  
4-H Council**

**Monday, October 3rd,  
and Donate!**

**The St. Marys Mobile  
Bus will be at the  
Fairgrounds  
4:30-8:30 PM**

**SAVE  
A  
LIFE**

**BLOOD  
Drive**

**RSVP your donation spot with the  
Extension Office at 970-249-3935**



**THE LEAGUE OF WOMEN VOTERS OF MONTROSE COUNTY  
SERVING MONTROSE AND DELTA COUNTIES**



**INVITES THE COMMUNITY TO ATTEND ITS  
CANDIDATE FORUM**



**TUESDAY, OCTOBER 11, 6:30 PM** (doors open at 6:15)

**MEMORIAL HALL, 175 N. 1st Street, Hotchkiss**

**STATE HOUSE DISTRICT 61**

**Millie Hamner and Bob Schutt**

**COUNTY COMMISSIONER DISTRICT 2**

**Don Suppes, Travis Mills, and Mark Eckhart**

**COUNTY COMMISSIONER DISTRICT 3**

**Mark Roeber and Jere Lowe**

The League of Women Voters, a nonpartisan political organization, encourages informed and active participation in government, works to increase understanding of major public policy issues and influences public policy through education and advocacy.

For more information about the topic go to [www.montrose.co.lwvnet.org](http://www.montrose.co.lwvnet.org) and click on *Calendar of Events* or Like us on Facebook

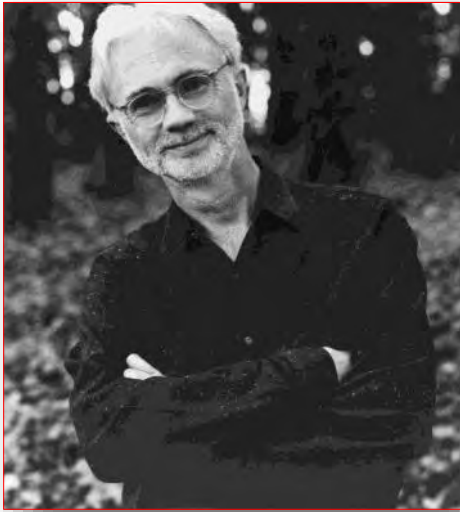




## NOTES FOR THE JOURNEY...

Exploring Classical Music With Rob Brethouwer

### AMERICAN COMPOSER JOHN ADAMS STILL ALIVE & WELL



American Composer John Adams. Courtesy image by Deborah O'Grady.

We now come to our fourth American composer and the only one so far who is still alive and producing compositions. John Adams was born in New England in 1947 and was educated at Harvard University, earning bachelor's and master's degrees. On staff at the San Francisco Conservatory of Music from 1972 until 1984, his first composition entitled *American Standard* premiered in 1975. Having strong roots in minimalism, the compositions of John Adams often have a sparse sound as they use only minimal musical materials.

The compositions of John Adams are often discussed as those appearing before his opera *Nixon in China* (1985-87) and those compositions appearing after. Often heard in a concert setting, the piece *Short Ride in a Fast Machine* is likely his most famous composition for orchestra. When speaking of John Adams there is always a layer of controversy that must be muddled through in order to achieve clarity and a basic level of understanding of his opera. Although well received internation-

ally, some critics have taken issue with the composer's minimalist approach to compositions and have certainly taken issue with the subject matter presented in the opera of John Adams. It is these operas that will be used to develop our musical background on this American Composer.

Premiering in 1987, *Nixon in China* is based on Richard M. Nixon's three-day visit to China in February 1972. Main characters include the Nixon's, Mao Tse-tung, Madame Mao, and Henry Kissinger. The premier at Houston Grand Opera was directed by the renowned opera director Peter Sellars and is still in production around the world to this day. To create the sound he wanted, John Adams supplemented the already large opera orchestra with additional percussion, a synthesizer, and a saxophone section. The opera received its debut at the Metropolitan Opera in New York City in 2011.

*The Death of Klinghoffer* is easily the most controversial of all the compositions of John Adams. Portraying the terrorist attack on the cruise ship *Achille Lauro* and the subsequent murder of American passenger Leon Klinghoffer, the opera has been criticized as being anti-Semitic and an exploitation of Leon Klinghoffer and his wife.

This particular criticism came from the daughters of Leon Klinghoffer. Following the attacks on Sept. 11, 2001, a performance by the Boston Symphony Orchestra that would have featured excerpts from the opera was cancelled. A scheduled premier at the Metropolitan Opera in 2014 reignited debate and controversy. Former Mayor Rudy Giuliani marched in protest against the piece and was widely criticized for that particular action. Shortly after attending a performance at the Met, U.S. Supreme Court Justice Ruth Bader Ginsburg was quoted in the October 28, 2014 issue of the Wall Street Journal

and said "There was nothing anti-Semitic about the opera," and went on to say that the portrayal of the Klinghoffer's was "very strong, very brave" and that the terrorists were "bullies and irrational."

Our brief overview of the composer John Adams continues with a discussion of his opera *Doctor Atomic* that premiered in San Francisco in 2005. This opera focuses on the trials and tribulations faced by those working at Los Alamos while the first atomic bomb was being prepared and developed. Dr. Robert Oppenheimer who is known as "the father of the atomic bomb"-- a title he would try to escape from for the rest of his life--led the key personnel involved in the Manhattan Project. Similar to the format of *Nixon in China* and *The Death of Klinghoffer*, *Doctor Atomic* focuses on the personalities involved in historical events rather than reenacting the events themselves.

In addition to the above mentioned works for orchestra and for opera, compositions of John Adams have included works for voice and orchestra, *The Wound-Dresser*, chamber music, *Piano Quintet*, *Chamber Symphony*, and *Fellow Traveler*, among others. Choral works include *Harmonium* and *On the Transmigration of Souls*. Film scores for *Matter of Heart*, *American Tapestry*, and *I am Love*. A new opera by John Adams called *Girls of the Golden West* is scheduled to premier at the San Francisco Opera in November 2017.

The works of John Adams are representations of modern times and current events as well as musical portrayals of events in our not so distant past.

Often composed in the minimalist style, his works are full of human emotion, joy, sorrow, and a soundtrack to the never failing power of humans and their ability to overcome troublesome times as well as musical portraits of the simple joys of life.

## COMMUNITY NEWS BRIEFS: ARTS & CULTURE!

### **Correction: CLAY JENKINSON TO PERFORM @ PAVILION AS THEODORE 'TR' ROOSEVELT!**

#### *Special to the Mirror*

MONTROSE-The humanity scholar and author, Clay Jenkinson who is the nation's leading interpreter of Thomas Jefferson and the host of the nationally syndicated weekly public radio program, The Thomas Jefferson Hour, will be returning to Montrose for the third time as Theodore Roosevelt in celebration of the 100-year anniversary of the National Parks. Clay has previously performed here as Thomas Jefferson and John Wesley Powell. Uncompahgre Valley Association (UVA) and the National Park Service are sponsoring this event, which will be held at the Pavilion on Oct. 15. Doors open at 5 p.m. for book signing and the program will begin at 7 p.m. with a reception to follow. Seats are reserved and can be purchased online: [tickets.montrosepress.com](http://tickets.montrosepress.com)  
- Adults are \$25, students - \$15. For more information 970-240-4739.

## GERMAN STUDENTS AND TEACHERS VISIT MONTROSE

#### *Special to Art & Sol*

MONTROSE-Montrose High School will be visited by 10 German students and two teachers from Oct. 1st through Oct. 10th. There are from a partner school in the small town of Halberstadt in east-central Germany where Montrose High students visited this summer. The students are staying with families in Montrose and will shadow their hosts while they are here. The teachers are hoping to observe MHS classes while they are here as well.

FROM NAPA VALLEY TO NEW YORK CITY  
**WE STAND OUT FROM THE REST WITH**  
**QUALITY & PRECISION**  
 AWARD-WINNING CUSTOMER SERVICE  
 VOTED BEST OF THE VALLEY 13 YEARS RUNNING  
**SCOTT'S PRINTING & DESIGN**  
 IS A SMALL PROFESSIONAL  
**PRINTING & DESIGN**  
 FIRM BASED IN MONTROSE, COLORADO  
 WITH THE TALENT & TECHNOLOGY  
 TO HELP YOU PUT IT IN PRINT.

{ design }

{ wear }

{ print }

{ promote }

scott's

Like us on Facebook

SINCE 1978

printing design solutions

[tel] 970.249.2611 :: [fax] 970.249.7068

Look for the time and temperature sign at 315 South 12<sup>th</sup> Street – or visit us online at [www.scottsprinting.com](http://www.scottsprinting.com)



**7742  
readers  
can't be  
wrong!**



# The Mirror:

*News coverage that won't make you scream!*

# COMMUNITY NEWS BRIEFS: ARTS & CULTURE!

## MARY KASTENDIECK RECIPIENT OF ALPINE BANK SCHOLARSHIP



**Alpine Bank Scholarship winner Mary Kastendieck.**  
*Courtesy photo.*

### *Special to Art & Sol*

MONTROSE-Mary Kastendieck, a returning student at Colorado Mesa University has been awarded the 2016 Alpine Bank scholarship specific for students attending the Montrose Campus. The Alpine Bank scholarship was established in 2012 with the focus on assisting students both traditional and non-traditional that wish to attend

CMU in Montrose. Additionally, we look for applicants that are not only good students but also good community members.

Mary is majoring in Nursing; graduating in December. She is a Montrose native as well as Montrose High School '74 alumni. She has a heart for nursing which is a great match with her compassionate spirit and fantastic people skill. She is extremely dedicated to her family, her career and her education; the scholarship will assist her finalizing her degree. Not only is Mary a dedicated student she is also

involved in the community; volunteering her time and skills as Stephens Ministry leader, a support leader for San Juan Christian Home Educators and a past volunteer leader with Le Leche League and local Sunday School teacher.

It was a great honor to be able to help a local student continue their education.

"We strongly believe in giving back and

the importance of education. Our customers who utilize their Education Loyalty VISA Debit Card do too. Each time an Education Loyalty VISA Debit Card is swiped, we donate 10 cents to education related projects in the Montrose community," states Allison Nadel, Alpine Bank Regional Marketing Director. This scholarship is made possible through our Education Loyalty VISA Debit Card.

### **About Alpine Bank**

Chartered in 1973, Alpine Bank is an employee-owned organization with assets exceeding \$2.8 billion. With headquarters in Glenwood Springs and 38 banking offices across Colorado, Alpine Bank employs nearly 600 people and serves more than 130,000 customers with retail, business, wealth management\*, mortgage and electronic banking services. Alpine Bank has a 5-star rating for financial strength by BauerFinancial, Inc., the nation's leading bank rating firm. The 5-star rating is BauerFinancial's highest rating for financial institutions. Learn more at

[www.alpinebank.com](http://www.alpinebank.com).

## RADIO ROOM PLAYERS PRESENT AN EVENING WITH EDGAR ALLAN POE

### *Special to Art & Sol*

GRAND JUNCTION-The Radio Room Players proudly present An Evening with Edgar Allan Poe Oct. 6, @ 7 p.m.. While he never had financial success in his lifetime, Poe has become one of America's most enduring writers. His works are as compelling today as they were more than a century ago. A bright, imaginative thinker, Poe crafted stories and poems that still shock, surprise and move modern readers.

Join The KAFM Radio Room Players for an

evening of poetry and prose by and inspired by Edgar Allan Poe. Get in the Halloween mood with tales of suspense and horror performed by local actors and poets. Suggested donation at the Door \$5 for students and seniors, \$7 for adults. Come early and beat the witching hour doors open at 6:30pm.

**"Deep into that darkness peering, long I stood there, wondering, fearing, doubting, dreaming dreams no mortal ever dared to dream before." Edgar Allan Poe**

**"The boundaries which divide Life from Death are at best shadowy and vague. Who shall say where the one ends, and where the other begins?" Edgar Allan Poe**

Suggested donation \$5 students and seniors, \$7 adults

All proceeds go to KAFM

For more information call (970) 241-8801, Ext. 0 or go online at [www.kafmradio.org](http://www.kafmradio.org). The Radio Room is located at 1310 Ute Avenue, Grand Junction, CO 81501. Doors open at 6:30 p.m.



## COMMUNITY NEWS BRIEFS: ARTS & CULTURE

### KAFM WELCOMES ROGUE VALLEY TO THE RADIO ROOM



*Rogue Valley. Courtesy photo.*

#### *Special to Art & Sol*

MONTROSE-The KAFM Radio Room presents Rogue Valley on Oct. 18, at 7:30 p.m. Known as one of the Twin Cities most dynamic live acts, Rogue Valley is an internationally-recognized band who have re-

leased a total of five albums and a vinyl LP since 2010. They perform regularly at top Twin Cities' venues (First Avenue, The Fitzgerald Theater) and festivals (Basilica Block Party, MN State Fair), and have extensively toured the US, sharing the stage or supporting artists like Andrew Bird, Justin Vernon, The Jayhawks, Lucinda Williams, Grace Potter & the Nocturnals, Mason Jennings, Cloud Cult, Brandi Carlile, and Tift Merrit, among others. Their songs have been featured on television for ABC, MTV, and CBS as well as numerous local and national commercials, and most recently Rogue Valley's song, The Wolves and the Ravens, was featured in Twentieth Century Fox's feature film, The Secret Life of Walter Mitty, starring Ben Stiller.

Paste Magazine calls Rogue Valley one Minnesota's best bands, and they continue to receive critical-acclaim from both local and national press.

"For a moment it was almost difficult to take everything in - the scale of the stage set-up, the band's beautiful and flawless harmonies, the perfectly mixed sound - and it only got better as the night wore on." - Andrea Swensson, Minnesota Public Radio - The Current.

Tickets are \$18 in advance and \$20 at the door and may be purchased by calling (970) 241-8801, Ext. 0 or online at [www.kafmradio.org](http://www.kafmradio.org). The Radio Room is located at 1310 Ute Avenue, Grand Junction, CO 81501. Doors open at 7 p.m.

**FULL SERVICE TREE COMPANY · PROFESSIONALLY TRAINED · FULLY LICENSED & INSURED**

**WHEN YOU NEED  
THE BEST**

**CALL US!**

**GREG'S TREE SERVICE**

Pruning  
Tree Trimming

Removals  
Stump Grinding

**970.240.1872**

# COMMUNITY NEWS BRIEFS: ARTS & CULTURE!

## DEB ASPEN OF IN STEP DANCE WINS @ NORTHSTAR DANCE-O-RAMA



*Deb Aspen and Bentura Madrid.  
Courtesy photo.*

*Written by David McGee  
Special to Art & Sol*

Deb Aspen, director of the In Step Dance Academy, recently returned from an Arthur Murray dance competition in Chicago, bringing home an impressive array of awards. Northstar Dance-O-Rama held its yearly event in the glamorous Westin Michigan Avenue Hotel on August 18-21, and included dancers from 47 studios around the U.S. and Canada.

The gala was an international dance competition that sported 25 amateur and 75 professional gentlemen, 49 amateur and 79 professional ladies, 13 judges, a master of ceremonies, 2 scrutineers, a music director, several event stewards & coordinators, countless waiters, kitchen staff, photographers, and video recorders.

Over 5,800 entries filtered through 681 heats and were performed in two 16 hour days while staying on schedule! The atmosphere was one of stepping into a Cinderella world, glittering with rhinestones and floating dreams; an extraordinary extravagance, away from the everyday hubbub and harassment. The early arrivers, were treated with a grand gourmet dining experience which

included a spectacular view from the 95<sup>th</sup> floor of the Hancock Building, an incredibly painted sunset, and dancing to a live band.

Friday's events began at 8:30 am with 27 solo routines. Deb, who designed and fashioned her white satin ball gown, and her partner, Bentura Madrid, from Albuquerque, Viennese Waltzed their way to winning the Top Gold & Above Solo Award to a gorgeous arrangement of "Nights in White Satin" by the Moody Blues and the London Philharmonic Orchestra. The solo events are different in that each couple performs a choreographed routine to music of their choice, and are the only ones on the dance floor. Three judges write critiques and scores according to technique, performance, poise, and showmanship.

Friday also hosted many Closed Freestyle Categories, intermingled with some specialty events. Freestyles are where couples dance with several other couples on the floor at the same time, to a randomly selected song; while the judges score each couple in comparison with other couples in the same age and level groups. "Closed" means that dancers must perform specific patterns; not unlike the compulsories in figure skating. The judges are looking for how well you know these universally known patterns. Winners in the closed division are given blue medallions for 1st place, red for 2nd, yellow for 3rd, and white for being finalists.

At the end of the tally, Deb & Bentura placed first in all 22 closed dances they entered.

At 5 pm all dancers took a break, changing into Fiesta Latina theme night costumes. Congregating outside the ballroom, they were entertained by an incredible Mariachi Band, who joined them into the redecorated ballroom as a warm up to another wonderful band who played for social dancing before competition resumed. In the Smooth Scholarship, the duo danced their way through waltz, fox-trot, tango & Viennese Waltz to receive a bronze medal. The Rhythm Scholarships, after dancing cha cha, rumba, swing, mambo & bolero resulted in the same

placement of bronze. Later that evening, our team competed in the Open Rhythm 2-Dance: Salsa & Bachata earning yet another bronze medal.

It seems that Deb & Ben used Friday as their warm-up, because the results of Saturday's events earned them a gold medal in the Open Country Western 2-Dance event, which showcased the best CW 2-Step and CW Swing dancers. They also scored a gold medal in the All-Around Division, which highlighted tango & fox-trot, rumba & swing.

Saturday loosened up with the Open Freestyle Categories, where couples get to add choreography and personal touches to compulsory patterns.

Medallions awarded for the Open Division are: gold for 1<sup>st</sup>, silver for 2<sup>nd</sup>, and bronze for 3<sup>rd</sup> places. Deb & Bentura took the gold in all 22 of their picks in the Open Categories. Placing first in all 44 of her freestyles gained Deb the Gold & Above Top Student trophy, and earned her a place on Albuquerque's Honor Wall; a privilege that only three other dancers have achieved in the history of that Arthur Murray studio.

Saturday evening's cocktail hour & formal gourmet dinner found everyone in the ballroom more relaxed and in the mood to do some social dancing before kicking back and watching the Professional Championships. Deb says it was like watching Dancing with the Stars in person (without all the commercials!).

The Cinderella theme continued well past midnight as everyone danced 'happily ever after.' Deb is an Arthur Murray certified dance instructor, and periodically teaches classes in Cedaredge, Delta, Montrose and Ridgeway.

She can cover over 35 different dances including smooth, Latin, Country Western, and swing style categories, a little jazz, hula, and a wide variety of line dancing, including Cowboy Cha Cha. Her vision, as she puts it, "is to help teach the little corner of her world how to dance & have some laughs doing it."

This incredibly gifted lady absolutely lives her motto: "I get up, I walk, I fall down. In the meantime...I KEEP DANCING!"



# COMMUNITY NEWS BRIEFS: ARTS & CULTURE!

## CPW'S HABITAT PARTNERSHIP PROGRAM ACCEPTING APPLICATIONS FOR GRANTS TO FUND LARGE-SCALE HABITAT PROJECTS

*Special to Art & Sol*

GRAND JUNCTION - Colorado Parks and Wildlife's Habitat Partnership Program is now accepting applications for a total of \$500,000 in Habitat Improvement Grants, available to fund large-scale habitat projects across Colorado. Any entity, agency, organization or individual that is interested can download the application from [Colorado Parks and Wildlife's web-site](#). The deadline is 5 p.m., Feb 2, 2017. Up to five successful applicants will be awarded grants of \$100,000 or more.

Created by Colorado Parks and Wildlife and authorized by the state legislature in 1990, HPP brings wildlife managers, hunters, landowners and land management agencies together in a cooperative effort to reduce big game damages to forage and fences. Project proposals for this grant opportunity must be developed to reduce big game/agricultural conflicts in

keeping with the program's mission.

"By working together with our partners, we have been able to find a variety of creative solutions to reduce these conflicts," said Pat Tucker, HPP coordinator for Colorado Parks and Wildlife.

"These grants are another opportunity to continue that work on a larger, landscape-scale effort."

Wildlife managers and private landowners both say that large-scale habitat rehabilitation not only enhances forage for wildlife but it also improves conditions for livestock as well, creating a 'win-win' situation for everyone.

"This grant allows for multiple partners to cooperate and accomplish what would be difficult for an individual to do on their own," said Tucker. "Productive habitat is the key for healthy and viable wildlife populations. A successful project can provide improved conditions for many years into

the future."

HPP is funded from a portion of the revenue generated by the sale of big game hunting licenses but also asks for matching funds and labor from project proponents.

Applications will be reviewed by HPP state council members who will consider the details and scope of the planned project. The availability of additional funds the applicant can leverage with grant money will also be a priority during the evaluation process.

Applicants will also have to make a presentation to the state council in support of their request.

Additional criteria and instructions can be found on the application. Grant recipients will be notified by Feb. 1, 2017.

Go here for more information about the [Habitat Partnership Program](#).

For more news about Colorado Parks and Wildlife go to: [cpw.state.co.us](http://cpw.state.co.us)



Custom Embroidered Apparel

~ Graphic Design ~

~ Logos ~

~ Original Art ~

~ Patches, shirts, and more ~

[jeremaya.art@gmail.com](mailto:jeremaya.art@gmail.com)

615-375-6292

[www.etsy.com/shop/jeremyrobinson](http://www.etsy.com/shop/jeremyrobinson)



# CHILDREN'S THEATRE

WITH WEEHAWKEN CREATIVE ARTS IN MONTROSE!

## THE LION KING

**CLASSES/  
REHEARSALS  
RUN  
SAT &  
SUN EACH  
WEEK**

**1-5 PM  
OCT 22-  
NOV 6!**

**AGES  
6-18**



**REGISTER AT [WWW.WEEHAWKENARTS.ORG](http://WWW.WEEHAWKENARTS.ORG)**

**CLASS  
BEGINS  
OCT 22**

**PUBLIC  
PERFORMANCE  
NOV 12 & 13**

**A CHILDREN'S  
THEATER  
EXPERIENCE IN  
MONTROSE  
WITH TEACHING ARTIST,  
KATHLEEN O'MARA**

Students will participate in an audition and rehearsal process in this workshop culminating in a fully produced production for the community. This ensemble based process promotes the talents of each student. Additional moments and, or characters will be created within the process to ensure that every student has ownership and feels importance with in the performance and in telling the story. Curriculum includes warm ups, ensemble, games, music direction, choreography, blocking and design concepts. This workshop is ideal for new and experienced musical theatre performers, as casting and show content can accommodate every level.

**Location:** Weehawken Montrose

**Begins:** October 22nd

**Performances:** November 12 & 13 in Montrose.

**Cost:** \$200 with an additional \$25 show fee

**Days:** Saturday & Sunday afternoons

**Times:** 1pm to 5pm

Kathleen O'Mara Teaching Artist, Producer and Director of Performing and Visual arts since 1992. Known for being dedicated to innovative quality staged productions, Kathleen has worked with thousands of students across the nation on hundreds of performance pieces. Historical content performance pieces, student original works, Musical Theatre, Shakespeare, Film Making, Animation and Classic Dramatic works, are all based on a background in Educational Theatre Arts, and experience.





# COMMUNITY NEWS BRIEFS: ARTS & CULTURE

## MICHAEL LAWTON PHOTOGRAPHY EXHIBITION TO OPEN @ HEALTHY RHYTHM GALLERY

### Special to Art & Sol

MONTROSE – Healthy Rhythm Community Art Gallery is pleased to announce a seven-week photography exhibition by world traveller, photographer, graphic artist, and designer, Michael Lawton.

Opening Night for "Gifts to Natives: Memoirs of a World Traveller Who Photographs", will occur Saturday evening, Oct. 15, 2016, at Healthy Rhythm Community Art Gallery in Montrose, Colorado.

Michael will be in attendance during Opening Night. A Q&A session will be facilitated by the Artist and the Gallery. The photographic exhibition will be on display from October 15 through November 30, 2016.

Exhibition photographs will be available for viewing by the general public between 6:30-8:30 p.m. on Opening Night. Photographs on display will be from Lawton's travels around the world. An earlier showing for Gallery Patrons and collectors will occur between 5:30-6:30 p.m. If you are a collector interested in attending the early showing, please contact the Gallery at [healthyrhythm@gmail.com](mailto:healthyrhythm@gmail.com) no later than Oct 5. Gallery owner/curator, Ken Vail, will be on hand for individuals interested in ordering Limited Edition Luxury Prints. The first print ordered of each photograph on

display, will be signed, numbered, and marked "EP" (Exhibition Print) in an exclusive Limited Edition of only 1 of 1.

Wine and hors d'oeuvres will be served. Wine will be provided by Mountain View Winery. Street and rear lot parking available. Michael Lawton is a traveler who trades photographs for airline tickets, because until now he had no interest in anything other than travel. Lawton has traveled the world taking photographs since he finished his first camera in 1970.

Healthy Rhythm Community Art Gallery is about Art and Music. The Gallery affords diverse individuals a user-friendly space

to create, exhibit, and sell artwork. The Gallery, located at 68 S Grand Ave in Montrose, Colorado, also houses a Live Performance Venue. Gallery hours are 8 a.m.-7 p.m. Monday through Friday, 12:30-7 p.m. Saturday, and by advance appointment only on Sunday.

## Many Older Adults Need Our Help... *in the most fundamental ways.*

- **FOOD:** In the most affluent country on earth, seniors have to choose between food and medicine.
- **SHELTER:** Imagine having to find a decent, secure place to live on an income of \$800 per month.
- **SAFETY:** For older adults, home can often become a dangerous place without proper repairs.
- **SUPPORT:** Sometimes we all need a little help from our friends.
- **CARE:** When living at home is no longer an option, we can help.
- **CONNECTIONS:** When you outlive all of your friends and family, who do you turn to?

**We provide a connected network of services that make a significant difference in our part of the world.**

**Join us in supporting our vision to enrich and uplift the lives of our local older adults.**



[www.voahealthservices.org](http://www.voahealthservices.org)  
[www.facebook.com/VOAWesternSlope.org](https://www.facebook.com/VOAWesternSlope.org)  
**1-844-VOA-4YOU** Toll Free Assistance Line

*D'Medici's*  
FOOTWEAR & CLOTHING

**Cobbler WILL Bring Your Tired, Damaged Shoes, Boots and Handbags BACK TO LIFE!**



A Cobbler who cares about his workmanship and guarantees ALL work.

We also make Orthotics and Custom Footwear for special needs.



**316 East Main St. (970) 249-3668(FOOT) DMediciFootwear.com** 

## *Hold the Date! Upcoming Business and Cultural Events*

### ONGOING-

**SATURDAY NIGHT LIVE @ THE GALLERY • MUSIC BY YOUTH**, Second Saturdays from 7 to 9 p.m. at Healthy Rhythm Community Art Gallery in Sampler Square.

**THE ALPINE PHOTOGRAPHY CLUB** meets every second Tuesday at St. Mary Catholic Church in the St Paul Room, 1855 St Mary's Drive, Montrose. The Public is welcome to attend. For more information, email [alpinephotoclub@aol.com](mailto:alpinephotoclub@aol.com).

**FREE FAMILY LAW CLINIC**-LAST WEDNESDAY OF EVERY MONTH, Montrose County Courthouse (Leslie German self-help center) at 1200 North Grand, Noon to 1:30 p.m. Sponsored by Uncompahgre Volunteer Legal Aid and the 7th Judicial District Bar Association. Call 970-249-7202 for information.

**FREE JAM SESSION AND SING ALONG**, Mondays from 4 to 6 p.m. at the Montrose Pavilion Senior Center.

**MONTROSE HISTORICAL MUSEUM**-"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2<sup>nd</sup> St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

**SNOWSHADOW GYM**-Zumba classes with Maria Gonzalez week nights 5:30 to 7:30; Swing dance with Kevin Mears Mondays 7:30 to 9:30 p.m. 535 S. First St. [snowshadowgymnastics@yahoo.com](mailto:snowshadowgymnastics@yahoo.com).

### MONTHLY-

#### Happy October birthday!

**Oct. 3**-Montrose 4H Council Blood Drive, St. Mary's bloodmobile @ Montrose County Fairgrounds 4:30 to 8:30 p.m. RSVP to 970-249-3935.

**Oct. 7-9**-Montrose Visual Arts Guild Presents the 25th Annual Art Exhibition & Sale, "Silver Celebrations" @ Camelot Gardens, 16612 U.S. Highway 550, South Townsend Avenue and Ogden Ave. Reception for artists, guests, award contributors, and patrons will be Oct. 6th, from 6 - 8 PM. Public Viewing will be Oct. 7 - 9. Oct. 7 from 9 am to 5 pm; Oct. 8 from 9 am to 5 pm; Oct. 9 from 11 am to 2:15 pm.

**Oct. 8**-The 24<sup>th</sup> annual Bosom Buddies "One Step Closer to Help and Hope" Walk/Run is Saturday, Oct. 8 starting at the Montrose Pavilion. Presented by Montrose Memorial Hospital, the event opens at 8am for registration with the 5K walk and 5K/10K run beginning at 9am. The cost of the event is \$30 in pre-registration and \$35 for race day registration. Entry forms are available at Montrose Memorial Hospital, San Juan Cancer Center, City Market, Safeway and the Bosom Buddies office. Mailed registrations must be postmarked by Friday, Sept. 30<sup>th</sup>. Online registration is available until 10pm Wednesday, October 5<sup>th</sup> at [www.bosombuddiesswc.org](http://www.bosombuddiesswc.org).

**Oct. 9**-Bowl for the Cure! On Sunday Oct. 9, 2016 9 am at the Montrose Rose Bowl, 40 Frame Game, All Proceeds Donated to The San Juan Cancer Center. Entry will be \$20 per bowler if registered by 9 pm Oct 6, \$25 per bowler if registered after Oct 6. Download Entry Forms at [montroserosebowl.com](http://montroserosebowl.com).

**Oct. 11**-Join the World Affairs Council of Western Colorado as Dr. Tim Casey and Dr. Bill Flanik of the Political Science Department at Colorado Mesa University will moderate a panel discussion and multi-media presentation on Vladimir Putin's role in geopolitics, Russian politics, and in Western political discourse. The presentation and panel discussion will take place on the Colorado Mesa University Campus in Houston Hall Room 205 on Tuesday, October 11. The event will start at 5:30 in the evening and is free to the public.

**Oct. 13**-Montrose County League of Women Voters County Commissioner Candidate Forum, Montrose Pavilion (1800 Pavilion Drive) 7 p.m. Doors open @ 6:30 p.m. Four candidates Town Hall format.

**Oct. 14-16**-The Bow Wow Film Fest Tour is heading your way! This Fundraiser for Second Chance Humane Society is stopping to "Raise the woof" in: Ridgway on Friday Oct. 14, 7pm at the Sherbino Theater & Montrose on Sunday Oct. 16, 6 pm at the Turn of the Century. This is a family friendly short collection of films all for "The Love of Dog"! Tickets are on-sale now \$12/Adults, \$8/kids - \$15/door & a movie preview at [www.bowwowfilmfest.com](http://www.bowwowfilmfest.com). ALL proceeds benefit Second Chance Humane Society a 501(c)(3) animal organization serving the counties of Montrose, Ouray & San-Miguel.

**Oct. 15**-@7 p.m. Montrose Pavilion (doors open at 5 p.m.)-Celebrate the 100 year anniversary of the National Parks with the scholar Clay Jenkinson as Theodore Roosevelt. Presented by the park service and Uncompahgre Valley Association, [tickets.montrosepress.com](http://tickets.montrosepress.com). \$25, students \$15, 240-4739.

**Oct. 18**-Representatives from the Western Colorado Congress and Great Old Broads for Wilderness will offer a comment-writing workshop on an important public lands document at the Ouray County 4-H Center Tuesday, Oct. 18 at 6 p.m. The 4-H Center is located at 22739 US-550, Ridgway. For more information, contact Emily Hornback, [emily@wccongress.org](mailto:emily@wccongress.org)

**Oct. 19**-7 p.m. @ 2 Rascals Brewery, Montrose: Citizens' Climate Lobby presents Green World Rising by Leonardo DiCaprio Foundation, free 970-765-9095.

**Oct. 26**- Please join us for a time of education and support. Statins. Understanding Risks & Benefits. 6:30 to 7:30 p.m. Montrose Memorial Hospital Conference Room B, 800 South Third Street.

**Oct. 29**-Stupid Band Halloween Dance. Turn of the Century Saloon. Admission \$10 and two non-perishable food items. Doors open 8 p.m.

**Oct. 31**-Happy Halloween!

**Nov. 5**-Grand Opening of Precedence Art Academy, Noon to 4 p.m., 509-513 East Main Street, Montrose.

**Nov. 12**-Ridgway Moonwalk Film Fest, 6 to 9 p.m. @ the historic Sherbino Theater.

**Dec. 11**-Free Christmas Concert — Montrose Community Band...Get ready for Christmas with a heart-warming selection of Christmas songs.



# Give Back Days

## At Mi Mexico Mexican Restaurant

Come enjoy a delicious meal and we'll donate 20% \*  
of your total check to a local non-profit.

**Every Wednesday...Every Month...All Day (11 am - 10 pm)**

*Over 200 entrees to choose from!*

**1st Wed: The Homestead at Montrose**

**2nd Wed: All Points Transit**

**3rd Wed: Montrose Rec Foundation**

**4th Wed: Valley Manor Care Center**

**5th Wed: Community Options Inc.**

(Note: 5th Wed dates are: March 30, June 29, Aug 31, Nov 30, 2016)

After dining, attach the coupon to the bill  
and deposit it in the box labeled  
"Give Back Days." 20% of your total  
bill will be donated to the  
designated charity.

**SUPPORTING IS  
NOW DELICIOUSLY  
REWARDING.**



**Mi Mexico Restaurant**  
1706 E Main St (Hwy 50)  
Montrose, CO 81401  
(970) 252-1000  
(970) 252-1111 Fax

\*Coupon must be present

Contact the Montrose Mirror:

Post Office Box 3244

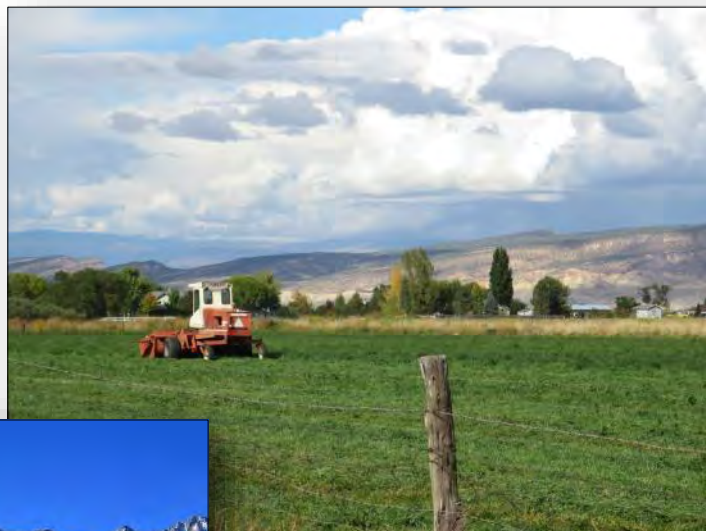
Montrose, CO 81402

970-275-0646

[Editor@montrosemirror.com](mailto:Editor@montrosemirror.com)

[www.montrosemirror.com](http://www.montrosemirror.com)

*Fall color photo below by ELK Media LLC. Spring Creek farmer,  
at right, Mirror staff photo*



**F A M E**

Focus, Attention, Memory Exercises

**FAME** can benefit healthy aging adults and be effective in treating:

- Stroke survivors
- Depression and anxiety
- ADD/ADHD (youth and adults)
- Traumatic brain injuries and PTSD
- Alzheimer's and dementia



The program is provided in the comfort of the client's home and embraces a holistic approach to brain health.

For your free **FAME** consultation contact

Michele Gad

970-948-5708

[michelegad.fame@aol.com](mailto:michelegad.fame@aol.com)