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# THE MONTROSE MIRROR

FRESH NEWS FOR BUSY PEOPLE...WEEKLY ON MONDAYS!

Issue No. 199 Dec. 12 2016

## INTEREST GROWING IN LOCAL HEMP FARMS!



*The many uses of industrial hemp far outpace those of the marijuana plant, proponents say. More than half of the nation's 2016 hemp crop was grown in Colorado. Photo courtesy Salt Creek Hemp.*

By Caitlin Switzer

REGIONAL-Of all the industrial hemp grown in the United States in 2016, more than half was produced right here in Colorado. Still, while Colorado's marijuana industry has been splashed across headlines nationwide, the re-emergence of industrial hemp as an agricultural crop has been more understated.

Just last month, the Colorado Department of Agriculture (CDA) announced that three industrial hemp seed varieties have passed the statewide THC validation and observation trial and are now eligible to be grown by the Colorado Seed Growers Association for production of CDA Approved Certified Seed.

"This is a big step forward for this emerging industry," said CDA's Duane Sinning in a news release.

A Colorado Department of Agriculture [list of the state's active industrial hemp registrants](#) shows that in the West Central Region, Delta County tops

[Continued on pg 11](#)

## TEACHING THE NEWSROOM OF THE FUTURE!

By Caitlin Switzer

MONTROSE-Step into teacher Jackie Schneider's Yearbook and journalism class at Centennial Middle School, and you step into high energy, controlled chaos. Young people move in and out of the classroom, planning videos, filming news segments, editing in a variety of formats, posting to social media and working on layouts and advertising.

"It's like a beehive in here," Schneider said.

In one part of the room, student Jack Christian works on a special project, a tutorial on how to use the school's web site. Though he eventually intends to study marine biology in college, "I really enjoy this class," Christian said. "I'm learning a lot."

In other area, student Marissa Cabrera works on social media posts—"I like the easier platforms, like Twitter and Facebook;" and Hailey Domann works on memory book layouts.

[Continued pg 6](#)



*Centennial Middle School Yearbook/Journalism students prepare to film a daily broadcast featuring Maria Jimenez. Mirror Staff photo.*

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of Worship column!](#)

[City approves Co Out-  
doors No. 1 Annexation!](#)

[Regional  
News Briefs](#)

[Liesl talks to Publisher  
Kathryn Burke!](#)

[ABC Students of the  
Month!](#)

## HOUSES OF WORSHIP - ROSEMONT BAPTIST CHURCH



**On Nov. 27, 2016 there were about 75 in attendance at Rosemont Baptist Church, and the service began with promotional information and a video about the church's international mission, the Lottie Moon Christmas Offering. Photo by Gail Marvel.**

By Gail Marvel

MONTROSE-Attentive to unfamiliar faces coming through the door at Rosemont Baptist Church, Pastor Rolland Kenneson wasted no time in introducing himself and engaging me in conversation. He said, "I understand why you're here so I'm not going to tell anyone to come and greet you...but I hope others will welcome you." Without prompting from the pastor I was warmly greeted and welcomed by half a dozen people.

On Nov. 27, 2016 there were about 75 in attendance and the service began with promotional information and a video about the church's international mission, the Lottie Moon Christmas Offering. Lottie Moon (1840-1912) was a missionary to China and the church has set a fund raising goal of \$4,500.

Student Minister Collin Stoneking gave the announcements, thanked the church for the Thanksgiving meal the previous Sunday and for supplying cookies for the City Christmas Tree Lighting. "The cookies are a good way to reach out into the com-

munity."

Advent, the four Sundays preceding Christmas, focuses on the coming and arrival of the Messiah (Isaiah 9:6-7). The Advent Candle was the theme for the week and Scripture reading accompanied the lighting of the first of four candles.

Music director Wes Hartman, accompanied by visiting pianist Freda McKinney on a baby grand piano, led the congregation in singing, "Come Thou Long Expected Jesus" and "We'll Work till Jesus Comes."

Admitting that he was going a little off-script Hartman recounted an instance where a local pastor said he didn't want to offend anyone so he prayed in the name of the Creator, rather than the name of Jesus. An audible groan went through the auditorium and Hartman said, "Let me loudly and proudly proclaim the name of our Lord and Savior Jesus Christ [applause]!"

Getting himself off the rabbit trail and back on track Hartman's strong baritone voice lead the congregation in traditional hymns and songs of praise.

The message, "Advent 2016: Why We Have Hope," began with Pastor Kenneson reading Luke 2:8-14, the account of angels appearing to shepherds. "If you've ever gone fishing you have hope. You throw it out and wait and wait and wait. You might get just a nibble, or catch a little fish...but you know a big one is coming. Hope is not necessarily wishful thinking. Hope in Scripture is expected waiting. For the Christian, hope is a sure thing. I know it's going to be there. Hope is something that we don't see right now. We can't put our arms around it, but we eagerly wait for it."

In biblical times shepherds, as a class of people, had a bad reputation. They were not allowed to give testimony in court because their testimony couldn't be trusted. Referencing the Jewish Talmud Kenneson said, "Shepherds were unclean and known as thieves. Put yourself in the sandals of the shepherds. The same sheep night after night. No indicators that anything was ever going to change...then the Glory of God showed up!"

In life the shepherds were rejected and they were terrified, "But the angel said he was bringing a message of hope, not a message of punishment. When people need hope they turn to Jesus because there is nowhere else to turn."

The pastor presented three calls to action for Christians: 1) I will remember that our loving Father is working out his purpose for me in a fallen world. 2) I will reject the hold that negative circumstances have in my life. 3) I will expect my heavenly Father to get me through the situation one way or the other. In parting Kenneson said, "The Christian life is lived between the ears...hope is in the mind!"

*Rosemont Baptist Church*

*1598 E. Niagara*

*Montrose, CO*

*Pastor Rolland Kenneson 249-4887*

*Sunday worship 10:45 a.m.*



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**THE MONTROSE MIRROR**  
MONTROSE



## REGIONAL NEWS BRIEFS

**ANIMAL SHELTER WELCOMES SEASONAL DONATIONS!***Special to the Mirror*

MONTROSE-Thank you for participating in our 15<sup>th</sup> Annual Animal Shelter Christmas Trees! Your generosity will benefit our homeless animals at the Montrose Animal Shelter. Simply take a copy of the Shelters' Wish list, shop and return to place your gift under the tree at Scott's Printing & Design (315 S. 12 Street), or Copy Cats (330 S. 12 Street, Suite A) or Chow Down (202 E. Main Street). Have fun!

**\*\*Please have your gifts back by Noon on**

**Thursday, December 22rd, 2016\*\*****Montrose Animal Shelter Wish List**

KMR Brand Kitten Milk Replacer Liquid Form

Esbilac Brand Puppy Milk Replacer

Dog & Puppy Treats

Cat & Kitten Treats

Gift Certificates to local vets to be used for shelter pet care (Montrose Vet Clinic, Alta Vista Animal Hospital, San Juan Vet Clinic, Morningstar Vet Clinic)

Poop Scoopers

Soft Cat Toys (i.e., toy mice, soft balls, balls with bells inside)  
 Gift Certificates to Chow Down Pet Supplies, Murdoch's, Petco or Walmart  
 Gift Certificates to local Animal Groomers  
 Pill Pockets  
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## REGIONAL NEWS BRIEFS

### CRIMESTOPPERS: VANDALS SOUGHT FOR DAMAGE TO BLM IMPROVEMENTS!

#### Montrose Regional Crime Stoppers

MONTROSE-Montrose Regional Crime Stoppers and the Bureau of Land Management are seeking the help of citizens to locate and apprehend one or more individuals responsible for vandalism to federal property in the Lunch Loops Trail System near Grand Junction. On Nov. 2, work crews completed authorized trail improvements to the Gunny Loop trail

east of Little Park Rd. Approximately two hours after completion, citizens reported destruction of the improvements. Federal law enforcement officers are investigating the crime and are offering a \$500 reward for information leading to an arrest of the person(s) responsible. That reward will be paid anonymously through the Crime Stoppers system if that is the means used to report the identity of the

vandals. Anyone with information about this vandalism can call Crime Stoppers anonymously at 970-249-8500 or use app P3 Tips or P3 Tips.com. Crime Stoppers and the Bureau of Land Management want your information, not your identity. If the Tip results in an arrest, the caller may receive a cash award. Make your region a safer place to live and work by removing vandals from our communities.

**SMPA Wishes you & yours a**  
*Merry Christmas!*

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### MIRROR CLASSIFIED: HELP WANTED!

Vision Charter Academy, a public K-12 charter school with three campuses in Delta County serving the individualized learning needs of students in Delta, Montrose, Mesa and Gunnison counties, seeks a Delta Campus Lead to oversee campus activities, mentor and support teachers, learners, and families, and meet organizational requirements. Qualified applicant will have at least a bachelor's degree, five years experience as a classroom teacher and special education experience. Please visit [www.visioncharteracademy.org](http://www.visioncharteracademy.org) for additional information and application process.

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**MONTROSE REGIONAL**  
**CRIME STOPPERS**

*see something, say something*



## REGIONAL NEWS BRIEFS

### MONTROSE HIGH SCHOOL PRESENTS DIVISION AWARDS



*Special to the Mirror*  
**MONTROSE-MHS Division Awards** left to right: Jeremiah Chavez, Kailiegh Lyons, Haley Northrup, Mae Flatten, Tristan Carner, Sydney Warner, Miguel Hernandez, Katie Sherwood, Alexandra Camacho, Yahayra Patino-Martinez, Litzy Banda, Alejandra Magallanes and Joseph Donohoe.



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Dakota Taylor



Chris Jensen



Terry Kaska



Eric Neuman



## TEACHING THE NEWSROOM OF THE FUTURE From pg 1



*At far left, Student Jack Christian works on a tutorial as a special project; above right, Teacher and real-world journalist Jackie Schneider speaks to Hailey Domann (left) and Paige Jensen. Mirror Staff photos.*

Still others are busy with video editing and production tasks of all kinds. A poised and professional Maria Jimenez serves as the anchor in a daily student newscast, Cody Zimmer edits video clips and works on ads, daily news and announcements.

Recently, student Brooke Wolfe even created a [video commercial](#) to publicize a meeting about a planned seventh and eighth grade trip to Washington, D.C. and New York City.

"We also run the (electronic messaging) sign out front, and the informational T.V.'s," Schneider said.

"The kids know how to do all that."

Traditional writing skills are not neglected here, but are taken to a higher level.

"We are a snippet society," Schneider said. "We have learned that how you write depends on where you are going to put it."

Brevity is essential to the new journalism, and Schneider's real-world media skills have created an exciting and engaging classroom environment that also serves a newsroom/nerve center informing students and faculty on a daily basis.

Of the 21 students currently enrolled in

the Yearbook/Journalism class, 10 are returning students. This is the second year the class has been offered, though Schneider has been advisor to the after-school yearbook committee for more than a decade.

"Video yearbooks, and video announcements...we spent the first year figuring out how to make it happen," she said. "I love to teach writing and journalism, and I'm a tech junkie."

Now in her 40<sup>th</sup> year of teaching, Schneider has a background in drama, and has taught everything from computer programming to math, science and creative writing. She serves as an admin for the popular social media site Montrose Message Board as well.

"I used to write for my hometown newspaper too," she said. "I'll quit teaching when I drop dead—check my pulse, please—or when I quit having fun."

For students as well, this is a place where fun and work have become one.

"I love this class," student Paige Jensen said. "It sounded like it would be really fun when I first got here, and it is one of my favorites."

"It's energetic and fun and I love it."

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## REGIONAL NEWS BRIEFS

# WELCOME HOME...HEROES

**ALLIANCE FOR VETERANS EXPANDS NAME, MISSION, WEB SITE, BOARD, TO SERVE MORE MILITARY VETERANS: DONATIONS, INPUT SOUGHT FOR CREATION OF FIVE-YEAR STRATEGIC PLAN**

*Special to the Mirror*

MONTROSE- The Welcome Home Alliance for Veterans (WHAFV) began as a grass-roots, community initiative in 2011, to help medically-discharged military veterans through its targeted programs and dedicated Warrior Resource Center (WRC) at 11 South Park Avenue.

Today, WHAFV continues to be a groundbreaking community resource center for local veterans, while expanding into an all-inclusive and comprehensive source of support for military veterans and their families across Western Colorado. The organization is not-for-profit, volunteer-based, donation and small grant funded, reliant on community and business partnerships and is entirely independent of the government.

"As we grew, more and more military veterans came through our doors looking for a safe, devoted and functional resource to help them – and their families – transition into their post-military life. We saw an opportunity to not only help veterans from the most recent war, but all our military veterans regardless of their branch, era, or abilities," said Emily Smith, Executive Director WHAFV. "Welcome Home Alliance for Veterans is a bridge for military veterans into their civilian life."

The 'new' name, Welcome Home Alliance for Veterans (the non-profit was formerly known locally as Welcome Home Montrose), the new web-site [www.WHAFV.org](http://www.WHAFV.org) and the new logo represent the broader vision and goals for the organization. In June three new board members were appointed to WHAFV's ten-person board.

"We are a working board, not just a governance and yes or no board. This means a lot is required of everyone on our board. We are grateful to have so many people in our community willing to put the time, energy and focus into this organization. Our newest members help to round out a diverse and passionate team that will help lead us into the future," said Terri Wilcox, WHAFV Board Chair.



*Melanie Kline and Gary Love, father of injured marine Todd Love, speak at the Montrose Pavillion during the official grand opening celebration for the Welcome Home Alliance for Veterans in early 2012. Courtesy photo by Dave Bernier.*

WHAFV is now working on a five-year strategic plan and will ask for input from the community in the coming months. For more information about programs, services and resources through WHAFV visit [www.WHAFV.org](http://www.WHAFV.org), stop into the WHAFV Warrior Resource located at 11 South Park Ave, Montrose, CO 81401 or call [970-765-2210](tel:970-765-2210).

### WHAFV AWARENESS & FUNDRAISING OPPORTUNITIES:

#### WE GOT YOUR SIX – PLEDGE DRIVE

"We Got Your Six" pledge drive produces a reliable stream of donations throughout the year to help fund our programs, which are always free for military veterans. "We Got Your Six" is a colloquial military phrase meaning "we have your back." A pledge to support local veterans through the We Got Your Six campaign is an easy way to thank and support local military veterans every day. Join the team and pledge to support the number of veterans that fits your personal giving plan, pledges

start at \$6 a month. To pledge or for more information visit [www.whafv.org/pledge-drive/](http://www.whafv.org/pledge-drive/)

### WHAFV BOARD MEMBERS

Harry Alfred, Vietnam Veteran, Retired Frank Anderson, (*founding member*), Vietnam Veteran, Blacksmith Darcy Arnold, (*Treasurer*), All Points Transit senior accountant Patricia Blackwelder, (*founding member*), Respiratory Therapist, Pilot Kirk Hartman, (*founding member*), Hartman Brothers, Inc business owner Terri Leben, (*new member*), Welcome Western Colorado business owner Terri Wilcox, (*Board Chair*), Air Force Veteran, Montrose City H.R. Director Valerie Myers, (*new member*), Real estate agent, son active in Army Richard Parr, (*Vice Chair & Secretary*), Colorado Workforce Center Director Beth Woycik, (*new member*), Air Force Veteran, Maxfield Peterson P.C. administrative assistant




## REGIONAL NEWS BRIEFS

### CURECANTI MEDICAL SOCIETY ACCEPTING APPLICATIONS FOR SCHOLARSHIPS

*Special to the Mirror*

REGIONAL-Curecanti Medical Society is made up of Montrose and Gunnison physicians who are committed to assisting students who pursue training in a health related field. Once again, CMS will be accepting applications for four health sciences scholarship awards. Applicants of any age participating in training in a health related field are eligible to apply. Preference will be given to applicants from Montrose and Gunnison counties who intend to return to their local communities to use their education and training here. The scholarships are open to any high school graduate, nurse, medical student, therapist, hospital employee, or anyone seeking additional health sciences training. Contact Julie Disher by phone at 240-7394 or via email to [jdisher@montrosehospital.com](mailto:jdisher@montrosehospital.com) to obtain an application. Applications will be accepted through Dec. 15. The recipient will be announced in December. The selection of the winner will be made by the Scholarship Committee of the Curecanti Medical Society.





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Larry Jones  
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## DECEMBER 9th

December 9th: The Artful Mosaic Frame - using real glass mosaic techniques, students will create a mosaic design on a wooden frame that will perfectly embrace a favorite photo -- just in time for the holidays!



## DECEMBER 16th

December 16th: Tiny Treasures Original Miniature Paintings - Work with acrylic paint and your favorite photos of a landscapes or objects to create at least one miniature painting masterpiece



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## ***INTEREST GROWING IN LOCAL HEMP FARMS! From page 1***

the list with 29 registered operations. There are 16 listed in nearby Mesa County, and five each in Montrose and San Miguel counties.

One local producer, [Salt Creek Hemp](#) is located in Collbran. Partner Margaret Richardson said that Salt Creek Hemp is in its second year of growing industrial hemp. "We got into it out of necessity," she said. "Our ranch here was on the market, and it wasn't selling. We had to recover some costs. So we began on a path that eventually led us to hemp—we saw the financial value and long-term sustainability, which is right in line with what we are all about."

"The first year, we grew an acre and commuted back and forth from Denver," she said. "We enjoyed it so much. We saw the value of it right away, and we quit our jobs and moved over here full time."

To meet demand, Richardson said that a planned Hemp processing facility should be ready to serve local growers before next year's crop is harvested.

Another local producer growing industrial hemp is Chris Dulaney of Cimarron.

"The world needs to know the difference between hemp and marijuana," Dulaney said. "Hemp has so many more uses than marijuana."

Dulaney's company, Hemp Terra, is focused on producing high cannabidiol or CBD strains, for topical pain relief. "In future we will experiment with tinctures," he said. "Hemp can help with a lot of problems that people are dealing with."

"2016 was our second year; the first year we learned a lot about the benefits and negatives of growing at elevation."

While growing at high elevation (8,500 feet) is challenging, the advantages include decreased danger of cross-pollination from marijuana, which could raise the plant THC levels above 0.3—illegal for industrial hemp.

Though cross-pollination of marijuana fields can also ruin yields, local marijuana growers have expressed support for indus-



*The astonishing diversity of products that can be made from hemp is illustrated in this courtesy photo from Canadian Hemp Guitars.*

trial hemp. "We have had no difficulty since we are required by Ouray County ordinance to grow indoors," said Deana Sheriff of Ridgway's Acme Healing Center. "Our crops are protected, and we have a very large buffer zone around our cultivation facility."

Marijuana growers in some counties have had "significant challenges" with their outdoor grows, she said, with stories circulating of crops pollinated and gone to seed.

"No marijuana grower wants their crop to be pollinated or go to seed because it changes the taste and THC levels," Sheriff said.

Still, "Acme is in support of local growers planting hemp in an area that does not have any marijuana growers. We sincerely hope that Montrose County and Delta County move in support of hemp production and help their local farmers. The market for CBD hemp production for medical products is growing dramatically, and we would love to see our neighbors grow a product that positively serves so many

markets."

Cross-pollination of crops has always posed challenge for agricultural producers, Colorado Department of Agriculture's Duane Sinning said.

"It's really no different from any other crop," he said.

"We are seeing a little bit of irrational fear mongering out there; you can't decide that your business and what you want to do can restrict somebody else's land use."

"If you are growing outside, there is a definite risk," he said. "There are wild hemp stands throughout the U.S.; you can't control what's in the air. In the end, pollen goes everywhere."

For indoor growers, stepping up greenhouse practices is always a good idea, Sinning said.

"You can put up pollen barriers, and use positive air flow with a heap filter so you are not pulling pollen into your greenhouse. And UV lights kill pollen."

With the right precautions, "You could grow marijuana right next door to hemp."



A large space shuttle is being lifted by a crane against a sunset sky. The shuttle is black with orange and white boosters. The crane is a tall metal structure. The sky is a mix of blue, orange, and pink. The text "DO SOMETHING BIG." is written in large white letters across the top.

# DO SOMETHING BIG.

## LET DMEA HELP

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# SCHOLARSHIPS

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## WORK SESSION: CITY MANAGER SAYS FLEET FUNDS LOANED TO GOLF COURSE, COUNCIL LOOKS AT WAYS TO REMOVE HOMELESS PEOPLE FROM PLANNED URA

By Gail Marvel

### Discussion Items:

#### Planning Commission Applicant Interviews

— Three candidates were interviewed for two open seats on the planning commission; Gary Seitz, Thomas Busker, Joshua Freed. Seitz and Freed currently hold seats on the commission and are seeking re-appointment. Councilman Roy Anderson asked Busker, who also serves on the county airport advisory board, how he felt about municipal growth. Busker, who is pro-growth, said, "I look at the value of my property going up. I like to see [current] subdivisions filled in before sprawl." Appointments will be made at the Dec. 20<sup>th</sup> council meeting.

#### Animal Shelter Grant Application

— Chief of Police Tom Chinn. A \$6,000 grant will purchase tests kits, leukemia for cats/worms for dogs. The grant funds come from the Adopt-A-Pet vehicle license plates. Chinn said, "Funds come from a self-imposed tax from the State of Colorado, not federal."

#### Northside Park Subdivision

— Planner I Ty Johnson. It is unusual for a preliminary and a final plat to appear on the same agenda, but for expediency the Northside Park Subdivision will appear on the Dec. 20<sup>th</sup> council agenda. The property is within the Runway Protection Zone of the airport and the aviation easement prevents it from being developed. Johnson said, "The FAA prefers that the property be owned by the airport." The county recently purchased the property which will bring it into compliance.

#### Comprehensive Plan Land Use Plan Amendment

— Senior Planner Garry Baker. At issue is property located west of Grand Avenue and east of the river. The 2008 Comprehensive Plan geared the property toward commercial use; however, the 2012 Comprehensive Plan map has the property designated as residential. With the proposed Colorado Outdoors Project - Mayfly/Ross Reels/Urban Renewal Authority (URA) - the city staff is now proposing the comprehensive plan be amended to allow mixed use.

City Manager Bill Bell said, "We now have the plan we talked about for the URA. We want to amend the [comprehensive] plan now so it is compatible with the development. We've rethought keeping it natural habitat, [now] we want mixed use with the river corridor." Bell inferred that the current designation of residential and parks results in a concentration of people using the area at the same time of day. Referring to the mixed use designation he said, "It will be nice for residents being close to development because businesses close during the evening."

Baker said, "All boards can deviate from comprehensive plans, but [they] should have a good reason for doing it."

#### 2017 Fleet Replacements

— Public Works Director John Harris. Purchase of six police vehicles, a trash truck and a street sweeper are budgeted for 2017. Harris wanted the bids on the December council agenda so the purchase orders can go out by the first of the year. The discussion included the types of vehicles, their life expectancy and whether or not extended warranties are needed. All bids came in under budget and Councilman Dave Bowman inquired as to what happens to the budgeted money not spent. It was clarified that the money stays in the Fleet Fund and that fund can be built up.

City Manager Bell said, "That's how we got money for the golf course [needs/equipment]. We loaned money from the Fleet Fund to the golf course." The golf course is slowly paying back the loan.

#### International Day of the Migrant Proclamation

— City Manager Bill Bell. After reviewing the proclamation Councilman Anderson questioned the last "Where as..." in the document. He said, "It strikes me as a political statement...a



*At the Dec. 5 Work Session, Montrose City Council asked City Manager Bill Bell for an update on the local homeless population. Mayor Rex Swanson said, "Some of the people want to be homeless...As a city we want to be proactive."*

*Photo by Gail Marvel.*

strong political statement that could be offensive to some people." After discussion the council agreed to the proclamation as it was written.

#### General City Council Discussion:

Council ask the city manager for an update on the homeless. Bell estimated there were five to seven men who were at risk during the winter and because of liability issues they were asked to be off city river property by Dec. 5<sup>th</sup>.

Bell said, "We've been working on it for several weeks and are talking through the details." Discussion included paying Haven House personnel to supervise migrant housing owned by John Harold; half-way house case management, and bringing the homeless in for the night and letting them out in the morning.

While there are several entities and individuals working on the homeless issue, they do not all agree on how to deal with the problem.

Mayor Rex Swanson said, "Some of the people want to be homeless...As a city we want to be proactive."

Bell said, "There is a real learning curve. This is an emergency situation to keep them from freezing to death."

Other items discussed included reporting on tests results for lead and copper in water, street maintenance that can now take place year around, and misinformation circulating on local message boards.

## AREA RESIDENTS PROTEST COLORADO OUTDOORS NO. 1 ANNEXATION; MONTROSE CITY COUNCIL VOTES TO APPROVE DESPITE PLEAS, PETITION



*Two groups packed city council chambers during the regular city council meeting on Dec. 6. The overflow crowd included migrants and community supporters who wanted to hear Dec. 18, 2016 proclaimed as International Day of the Migrant; and county residents who were concerned with the city's plan for annexation and zoning of river corridor property. Photo by Gail Marvel.*

By Gail Marvel

Summary report on the Dec. 6, 2016  
Montrose City Council Meeting  
**International Day of the Migrant Proclamation:**

There was standing room only in the council chambers for the International Day of the Migrant Proclamation. After Mayor Rex Swanson read the proclamation Ricardo Perez spoke briefly about the importance of the migrant community being recognized for their social and economic contributions to the community.

### **Call for Public Comment:**

Liz McCannel, manager of The Liquor Store, asked council to look at State tasting laws for liquor licenses that allow people to sample distilled products at an open tasting.

### **New Tavern Liquor License Hearing:** Assistant City Attorney Andrew Boyko

Boyko led the liquor license application discussion with the owners of The Pitchfork Tavern, with follow-up questions from the council. The tavern is located at 1544 Oxbow Drive and the owners Regina Rowland, Nicole and Adam Klopfenstein described it as a place where, "All ages can come and have a good time and gather." There will be separate entrances for children and bar patrons. The license allows the owners to sell "Malt, vinous and spirituous liquor for consumption on the licensed premises;" however, the owners intend to sell only beer and wine. Con-

cerned with patrons being over-served, Mayor Swanson said, "You can get just as drunk on beer and wine as you can on hard liquor." License was approved unanimously.

### **Colorado Outdoors Addition No. 1 Annexation** – Senior Planner Garry Baker.

About a dozen county residents turned out to ex-

press their concerns over the annexation and zoning of the 16.13 acres. Residents see the property on the west side of the Uncompahgre River as problematic for high-density development. Concerns cited were flooding (occurred in 1983), access (landlocked) and compatibility (livestock limited in city limits). Karin Boggan said, "In the city you can have three chickens, we have 25 and a neighbor has a horse. This would affect those of us who have animals. We encourage you to keep it in the county so there are not so many restrictions." Mark Irving said, "If you build a house next to a pig farm, don't complain about the pigs. Proceed carefully." Irving noted the bridge being discussed in the plan is a pedestrian bridge, not a bridge for vehicle traffic. Alan Matthews said, "This is one parcel we do not feel should be developed. It flooded in 1983 and is the worst place in the world to have high density housing."

Earl Harrison said, "How would you access? How much traffic? I have concerns about our livestock. The property is landlocked, how are you going to access it?"

The legislative action for this annexation is completely at the discretion of the city council and annexation was approved unanimously.

**Ordinance 2397 First Reading** – Senior Planner Garry Baker. This item is the zoning ordinance for the aforementioned property, Colorado Outdoors Addition No.

1. Baker said, "The city finds this is in compliance with annexation plans under city development. Any public comment should be about health, safety and welfare."

County resident Alan Matthews referenced the economic numbers presented by the developer, "I haven't seen anything so optimistic since Hillary Clinton's poll numbers. We don't need 433 new housing units. The city could not get service over there if it flooded."

Robert Koch said, "That land right now is a haven for wild animals. It's a beautiful nature park where you can view the animals, but not disturb the animals. Donate it to the city as a park." A petition against the zoning was presented to council; however, council did not bother to look at it. In a cursory scan of the petition Councilwoman Judy Ann Files noted that the signatures had not been validated by the city clerk and that all the signatures appeared to be county residents. Council unanimously approved the zoning change.

**Annexation and zoning agenda items 11-14** were discussed as a collective, but voted on individually. The properties in question are owned by the city, but had yet to be annexed and zoned. All 10 agenda items were approved unanimously.

### **Ordinance 2407 First Reading** – Senior Planner Garry Baker.

The Montrose Elks Lodge requested a rezone of their property to B-2, Highway Commercial District with conditions. Elks Trustee Clint Anders explained the rezone would, "...give us validity of who we are as an Elks Lodge with a small RV Park." Approved unanimously.

### **Comprehensive Plan Land Use Plan Amendment** – Senior Planner Garry Baker.

Baker said, "One of the requirements for the Urban Renewal Authority (URA) is to make it compatible with the comprehensive plan."

### **Staff Reports Public Information Officer Report** – City Manager Bill Bell.

Bell addressed snow removal plans, "If you know a snow storm is coming up it would help if residents would park in driveways rather than on the street." Assistant City Manager Rob Joseph reported on two grants awarded to the Office of Business and Tourism (OBT).



## MONTROSE REGIONAL LIBRARY CHILDREN'S LIBRARIAN JANET OSLUND TO RETIRE, 2 MRLD BOARD MEMBERS STEP DOWN

By Gail Marvel

MONTROSE-Six of the seven MRLD Board members were present for the Dec. 5, 2016 meeting. Tim Conner, after serving 10 months on the board, tendered his resignation in writing. No explanation was given for the resignation. Board Chair Anne Gulliksen will retire at the end of the year, which will leave two vacancies on the board.

### New Employee:

New Administrative Assistant Johnathan Heath, who has been on the job for three weeks, has lived in Montrose since February. Johnathan is a part-time employee for both MRLD and Colorado Mesa University.

### Friends of the Library (FOL):

Liaison to FOL Gulliksen reported that the Friends have a fund balance of \$38,753.94. Current funding requests to the organization include a pilot program for a book station at Pomona Elementary School, seed money for 1,000 Books Before Kindergarten, and \$440 for a die set. The request for funding promotional T-shirts for the library staff, volunteers and MRLD board members was tabled for lack of a defined goal.

Executive Library Director Paul Paladino said, "Typically FOL donates \$10,000 - \$15,000 a year to the library. They are a good advocacy group." Paladino encouraged MRLD board members to become members of the FOL.

### Librarian Report:

Paladino shared a thank-you note for donations to the Columbine School Library and announced the retirement of Janet Oslund, a 20-year MRLD employee. With Oslund's retirement Paladino anticipates a reorganization of staff positions, as well as rearranging some office locations. Don Moreland has been selected to do the 2016 audit.

### Committee Reports:

Urban Renewal Authority (URA)/Tax Increment Financing (TIF). Paladino said, "My analysis is that we [library] won't see much of an impact from the area [of development]. I don't see a huge impact to the library in terms of service. For us I don't see a real downside."

Board member Emily Schneider felt once



*Johnathan Heath is the new MRLD Administrative Assistant. Photo by Gail Marvel.*

the development was fully built out it would be an economic draw for Montrose. Board member Ed Hagins said, "If we ask for a mill levy [increase] one or two years down the road it puts us in a positive of being a team player." The board voted to go into negotiations with the URA and selected Paladino and Hagins as the MRLD representatives.

### Holiday and Scheduling Issues Discussion:

The current limited staff makes it increasingly difficult to be open during Federal holidays and then compensate those employees with time off within the mandated two-week period following the holiday. After lengthy discussion and direction from the board the item was tabled until January.

### Board Meeting Conflicts:

The board meeting for January is rescheduled to Jan. 9 at 3 p.m.

### Budget Adoption:

The board voted unanimously to approve the budget recommended by the Budget Committee.

The budget is the same as the 2016 budget, with the only noticeable differences being decreased amounts for servicing grants and increased funding for a full facility assessment; and providing funds to improve and update the website.

### Board Member Recruitment Process:

No applications were received from the most recent public notice soliciting new

board members and the application process will be re-opened. Schneider wanted to ensure that people applying for the MRLD board understand and are on-board with going to a vote of the people for a mill levy increase in the future. Schneider said, "We don't want people to say [after they are appointed to the board], 'What? We have to politic?'"

It was mentioned that the board does not want to be seen as trying to recruit one type of person; however, the draft strategic plan calls for support of a future mill levy increase. It was suggested that the best way to address Schneider's concern was through the screening process. Hagins said, "We could add a question to that affect [when we] interview all the applicants."

### Committee Reports:

Branched & Facilities – Tabled until January.

Personnel Policy – Discussion to be held in Executive Session.

Finance – Previously presented under Budget Adoption.

PR & Outreach – Tabled until January, Libraries of Montrose County Foundation Report – Have not held a meeting.

Strategic Planning Committee – Draft submitted to the board.

### Executive Session:

Discussion on the evaluation of the Executive Director.

## REGIONAL NEWS BRIEFS

### MELVIN RANDALL SENTENCED TO EIGHT YEARS FOR BRUTAL ASSAULT

*Special to the Mirror*

REGIONAL-On Dec. 6, 2016, Defendant Melvin Randall was sentenced to serve eight (8) years in the Department of Corrections (DOC) for assaulting his former partner and the mother of two of his children. Randall pleaded guilty to Second Degree Assault, a class 4 felony. A felony stalking charge was dismissed as part of the plea agreement. Mr. Randall faced a prison sentence of from five (5) to sixteen (16) years, although the court could have also imposed probation or other community-based sentence. This case arises out of a lengthy and violent relationship between the victim and the Defendant.

The victim and her two sons relocated from the State of Virginia to Delta, Colorado, in an attempt to escape repeated, controlling and abusive domestic violence. Defendant found the family in Delta and moved into a home directly across the street from the victim. In September 2014

the victim was assaulted and beaten to the extent that she sustained serious bodily injury and almost died from as her body tried to cope with horrible and extensive damage and bruising. The Defendant was arrested on Oct. 20, 2014. He posted bond thirty-five (35) days later and has been out of custody pending resolution of this case. Tuesday, immediately after sentencing, the Defendant was remanded into the custody of the Delta County Sheriff and will be transported to the Denver Regional Diagnostic Center of the Department of Corrections. Because of the serious nature of this case, the District Attorney requested assistance from the District Attorney's Office of the Twentieth Judicial District, State of Colorado. Deputy District Attorney Karen Lorenz, a seasoned trial prosecutor with experience in domestic violence cases, was designated as a Special Deputy for the Seventh Judicial District and has been vital to the successful prosecution of this case.

Deputy Lorenz has led the way with outstanding dedication to this case and exemplary performance. The District Attorney is profoundly grateful for her service to the citizens of Delta County and the Seventh Judicial District, and to Stan Garnett, the District Attorney in the Twentieth Judicial District, for his willingness to provide such quality assistance at no expense to the Seventh Judicial District.

District Attorney Dan Hotsenpiller will continue to reach out for help to ensure the successful prosecution of major cases and to provide opportunities for attorneys and staff in the Seventh Judicial District DA's Office to learn from experienced prosecutors. This case also presented extreme challenges in providing Victim Services. The victim in this case had suffered extreme injury over a long period of time, and had not been assisted by Virginia law enforcement authorities. It was necessary to find safe housing for the victim and her two children outside of Colorado.

The District Attorney's Victim Services Staff, led by Aimee English, repeatedly went the extra mile for the last two years while this case has been pending. Ms. English maintained contact with the victim and made sure the entire prosecution team continued to push this case forward and achieve justice for the victim and her children.

The District Attorney is extremely proud of the work by Aimee English and her Victim Services Staff, and recognizes their dedication and service. Domestic Violence is all too common in our communities. Often, it is easy to dismiss the concern of domestic violence because most of the cases involve minor or no injuries. But domestic violence does lasting damage to victims and families, and can result in very serious injuries or even death, as we see in this case.

The District Attorney's Office will continue to work with our law enforcement and community partners to hold domestic violence offenders accountable and to seek safety and protection for victims and children.



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## OPINION/EDITORIAL: COMMENTARY

### DEFINED BY A FISH...NOT BY A DISEASE!

By John W. Nelson, Montrose

*A generally inept fly fisher person who respects courage*

REGIONAL-When the Montrose, Colorado, Water Sports Park opened last year, many "disabled veteran" kayakers were invited to inaugurate this new recreational facility. None showed up! Instead, a wild, raucous and enthusiastic group of courageous veterans who happened to have disabilities provided excitement and encouragement for everyone, participants and spectators alike. Frequently, those with disabilities, disease, and physical difficulties define themselves by their problems, not by who they are. Such is often the case with breast cancer survivors. Cancer is what they had, not who they are. There is a wonderful group that combats this tendency and it does so by teaching breast cancer survivors how to fly-fish.

Attempting to fool and hook a slimy finned animal with a brain the size of a pea might sound like a fool's errand but it works. Colorado Casting for Recovery (CfR) hosts outdoor retreats gratuitous to participants, to assist, encourage and re-energize women who are recovering from breast cancer. It is a 501(c)(3) non-profit and the program works spectacularly.

Begun in 2003, CfR retreats take women away from the medical environment and put them into nature. The retreats include

counseling, the sharing of experiences, medical education and of course, guidance on how to fly fish. The fishing guides are experts and the experience is unforgettable and overwhelmingly positive. Learn more about this wonderful organization of Good Samaritans by calling [303-746-4582](tel:303-746-4582) or emailing to [marlene@wolskycollins.com](mailto:marlene@wolskycollins.com).

The Colorado State Coordinators are Marlene Collins and Peggy Stevinson.

Michelle Nauer is Clerk & Recorder for Ouray County, CO. and has a medical history remarkable only because she survived. After two encounters with breast cancer, she is surely a poster child for how to define oneself, not as a victim but as a remarkable and courageous lady. She attended a CfR retreat last October and while working on the most invigorated and antagonist election in recent memory, she proudly displayed on her phone the most gorgeous rainbow trout one could behold. It was the largest caught at the Redstone Retreat this year and while otherwise modest and unassuming; this survi-



*Michelle Nauer on the left, her guide, Molly Mix, of Taylor Creek Fly Shop on the right, Peggy Stevinson, CfR Western Slope Coordinator in boots in the background; @front and center, the hero of the day, Grandpa Rainbow. Courtesy photo.*

vor was hyped beyond description, especially when she graphically described how the magnificent fish swam away after its release. **"It was more than just a fish. It was a release of letting go of the horror of what I have endured. Like that fish, which swam upstream and fought like the dickens, I guess I have done the same!!!"**

Any program that can engender that kind of enthusiasm, respect and over-all great mental attitude in a person who has suffered severe medical challenges and responsibilities is worthy of support from all of us.

Thank you CfR for what you do, even if it does put more fly fishers on my rivers.

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## BROWN QUESTIONS MINUTE DETAILS OF SMALL AIRPORT CONTRACT, OBJECTS TO BOCC APPROVAL OF DELTA HOUSING GRANT FUNDS FOR USE IN MONTROSE COUNTY



**Montrose County Commissioner-Elect Roger Rash takes notes at the Dec. 5 Board of County Commissioners meeting.**

### Mirror Staff Report

MONTROSE-Montrose resident Dennis Olmstead requested more information regarding Montrose County's planned Indoor Arena project at the regular BOCC meeting on Monday, Dec. 5. Saying that a business plan for the project did not exist, Olmstead informed the BOCC that he had filed a Public Information Request seeking to learn more about citizen benefits and loan payments associated with the project. "I am truly looking forward to the information I receive!" Olmstead said.

The BOCC also removed some items from the Consent Agenda and placed them under General Business at the request of gadfly Roger Brown. Brown objected to Consent Agenda Items C3 and C5.

Item C3, which related to the Delta County Housing Authority, concerned "consideration and possible approval and authorization of the Chairman's signature on Exhibit IC-C, Categorical Exclusion for Projects/Activities Subject to 24 C.F.R. 58.5, for the Rental Property Rehabilitation Program in Montrose County."

"It is not clear to me—there are an awful lot of blanks [in the forms](#)," Brown said. "There is a whole lot of stuff that doesn't

seem to inform the citizens as to what this is."

Item C5 concerned Off-Airport Ground Transportation Agreement with Crested Butte Shuttle Company d/b/a Dolly's Mountain Shuttle in the revenue amount of \$1,398.38.

The letters "LLC" had not been included in the name of the company, said Brown, noting that he himself had formerly driven an Airport Shuttle. Brown also questioned how PUC licensees would be checked annually under the three-year contract proposed.

"I don't know how we, meaning the people of Montrose County, can approve a contract with incomplete information in the package."

County Attorney Teresa Williams explained that Item C1 pertains to the Delta County Housing Authority (DCHA), allowing that organization to provide home improvement grants at a low interest rate to Montrose County residents who meet criteria.

"As a citizen, I don't understand why we are approving something specific to Delta County," Brown said.

Citing "controversy" regarding the DHA program, Commissioner Ron Henderson said that Brown's concerns were warranted and that he intended to vote against the item. Commissioner David White said that the vote would approve a "pass-through" allowing grant funds to be awarded to homeowners in Montrose County as well as Delta County.

Henderson pointed out that the BOCC says that it will not discuss items separately that are listed on the Consent Agenda. "Now, we are discussing something we say we are not going to discuss."

Following removal of the items to the General Business Agenda and approval of the remaining Consent Agenda items, the discussion continued.

"I must reiterate my concerns on Item C3," Brown said. "Is it a new, ongoing, temporary expense...it indicates no grant funds...it is not included in the annual budget."

White responded that the program is administered by the DCHA for the entire

region. "Property owners and landlords can apply for funds for emergency improvements."

By not approving the grant, the BOCC would be refusing to allow the grant funds to be spent in Montrose County, Williams said.

Citing a conversation with former Montrose County Housing Authority Director Tim Heavers, Commissioner Henderson suggested that DCHA program is "loosely handled and directed" and needed "tightened up."

"There is a gentleman out in Telluride who got convicted for misuse of these funds...it's loose and it needs to be tightened up."

White called Henderson's claims hearsay. "I have not heard any of this before...Mr. Heavers has never raised any objection to it."

"I don't get a warm feeling that this is thoroughly understood by all the members," Brown said.

BOCC Chair Davis noted that the item does not impact County revenue, does not involve citizen money, and called for a vote. "I cannot see any benefit that would be derived out of postponing this."

Commissioners voted two to one in favor of Item C3 (now D1), with Henderson voting against the item.

Davis then asked Montrose County Airport Manager Lloyd Arnold to provide background information on Item C5 (now D2).

Arnold provided the transportation company's physical and post office addresses, and said that the company is located off-airport grounds. He said that Dolly's Mountain Shuttle has just one vehicle, a van. Public Utility Commission (PUC) licenses are reviewed on an annual basis he said, regardless of a three-year agreement with the Airport. "They pay us \$735 for one van for one year."

Brown again raised concern over the company's stated address, and the fact that the letters "LLC" were not apparent in the contract. "Five blocks are not filled in. Is this in the current budget? Is this a luxury limo or a livery service? It doesn't say." He questioned whether medical and



## **BROWN QUESTIONS MINUTE DETAILS OF SMALL AIRPORT CONTRACT, OBJECTS TO BOCC APPROVAL OF DELTA HOUSING GRANT FUNDS** From Previous Page

background checks were completed on drivers. "It is painfully inadequate for the County to issue a permit for service to the public for transporting passengers when you don't have your thumbs upon the permit."

"...as a citizen and former transporter of people I would like to see these contracts tightened up." BOCC Chair Davis pointed out the company in question is a corporation, and must certify its drivers. In the event of an accident, "liability falls on the corporation, not on the County."

He encouraged Brown to call company officials with his concerns. "I can understand your concerns, but not your criticism," he said.

"We don't certify every driver...we do everything in our power to protect the people coming in to the airport and the people of Montrose County."

As a business owner with PUC authority himself, Commissioner White said that regulatory compliance is the responsibility of the company owner. "We're covered... and as a business owner they audit my

records...the responsibility is on me."

"The form is, in my opinion, incomplete," Brown said.

Following more discussion and a suggestion by Henderson that procedures for airport contracts be reviewed,

Commissioners voted unanimously to approve Item D2.

In other business, Commissioners voted unanimously to approve the Bruck Minor Subdivision at 59987 Maple Grove Road; and the Garrett Minor Subdivision at 54006 Flight Lane.


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## MIRROR IMAGES...THE SAD STATE OF ROTARY PARK



*Located near two local schools, as well as the South Townsend Corridor and numerous affordable housing options, Rotary Park has become a dangerous place for local children. A ten-year-old elementary school student was brutally assaulted at the park by older youth last Friday. The child's mother, who has filed a police report, said on the Montrose Message Board Saturday that the bullies had attempted to strangle her little son as well and had asked other bullies to join in the beating.*



*Photos taken in the past few weeks at Rotary Park show tagging graffiti on park structures, stolen and abandoned shopping carts in the creek, and tags on adjacent housing units as well.*

*Photos by Mirror Staff.*







**The Mirror**

**CELEBRATING 199 EDITIONS**

*Sparking Conversations ...*

ISSUE 75 Dec. 12, 2016

# ART & SOL

## **‘BY HELPING OTHERS, WE HELP OURSELVES;’ WRITER, ARTIST AND ENTREPRENEUR KATHRYN BURKE**

*By Liesl Greathouse*

MONTROSE-Kathryn Burke's writing journey started in the fourth grade, when she turned in a poem she wrote and her teacher thought it was so good that she accused Burke of plagiarism. "But it was mine!" Burke quickly added.

Being a writer and an artist has been interwoven together throughout Burke's life. Starting with the poem incident, and later a one-woman art show in junior high, she found a strong, artistic core. Burke put both visual and verbal elements to work at her school newspaper and yearbook, doing more art shows, and even working as a store-window painter in high school.

Eventually, she developed her photojournalism skills by using them to pay her way to travel around Europe. "I wrote articles for my hometown paper to pay for my trip. Not much money, but a great experience," she said, laughing.

For college, she was accepted into a top art school, but her parents wanted her to get a 'real career', so Burke took an undergraduate degree in teaching. She used her skills to teach English to children in Spain, and then, never forgetting her love of art, taught art at the nearby Air Force base.

Back in America, and while a young mother, she began graduate school in

business, and to pay for it, began working with a local university. There she taught those less fortunate how to dress and speak so they could get better jobs. "In helping them improve themselves, they were able to improve their lives," she said. "It was a good experience, and where I first realized how important it is to help other people."

She moved to California, when her children were young. It was there that her talents as a writer really came into play. "I wrote for the local newspaper and a local magazine," she said. "I also started a business to help with business planning and funding. And for fun, I owned and operated an art gallery featuring local artists, including a San Diego Charger. Talk about free publicity!"

Meanwhile, inspired by the gallery and her business planning business, Burke authored two books about marketing and business management, which were published by Scott Foresman, and Company, a major publishing house. Copies, in multiple languages, are still in print.

In 1990, Burke moved to Colorado and began writing and doing graphic design for publications in Ouray, Telluride, Norwood, and Durango. In 1993 she started San Juan Publishing Group, Inc., which began with *the San Juan Silver Stage*. "In

less than ten years, we went from a bi-weekly 10-page newspaper to more than 60 pages. then as the market changed, to a quarterly, slick (glossy) magazine." Burke's company also published magazines for regional tourist railroads, Native American groups, and specific locations, like Ouray, Silverton and the Four Corners region. "At the peak, were we were publishing five magazines out of offices in Grand Junction, Silverton, and Ridgway," She said. "And printing them in Denver." "I did a lot of driving, met a lot of deadlines. Talk about hectic, crazy times!"

To keep up with the changing economy, Burke got into web design. "It's mostly working with the same clients who advertised with me," she noted, "which is nice, because they are also good friends. And, it pays the bills. "But I still love print. And, I guess, in terms of the print publishing industry, over the years I've forgotten more about print than most people ever



**Kathryn Burke.**  
*Courtesy photo.*

[\*Continued next page\*](#)



## ***'BY HELPING OTHERS, WE HELP OURSELVES'*** From previous page

knew about it," she said, laughing.

So, it's not surprising that she still devotes part of her publishing business to print, but now the emphasis is on books rather than magazines. When the economy tanked and Burke's husband fell ill, they moved to Montrose, where she could run the business out of her home in order to care for her husband. That's when her business model changed from magazines to books.

Major life and business changes led to a whole new adventure. "I learned a lot about caregiving and found out about a lot of resources that people don't know about," she explained. "So of course, I had to share, to help others learn what I had learned." This led Burke to writing *The Caregiver's Journey, Navigating the Path*. She is now writing a sequel, *The Caregiver's Journey, Building a Care Team*, due out in March 2017. Both books, which are illustrated, are filled with facts, hope, resources, and personal stories, and are intended to be part of a Caregiver's Journey series.

As part of her goal to help caregivers, she

also gives talks on caregiving, conducts workshops, and works with the Region 10 League for Economic Assistance & Planning on caregiving programs.

"Caregiving is overwhelming to a lot of people. It's a tough journey. You need all the help you can get. My books show you how and where to get it, and how to cope. And still remain positive!"

Besides helping with Region 10's caregiving programs, Burke is also involved with numerous marketing projects.

She still works with corporate clients, helping them devise print and internet marketing plans, and serves as marketing director for the Montrose Association of REALTORS®.

To fulfill her artistic needs, Burke facilitates the Montrose Writing Group, which meets monthly at the Senior Center at the Pavilion, and has joined the fledgling Montrose Center for the Arts.

"We are going to be the literary arm. We'll be representing local authors," she explained.

And she keeps on helping her authors. "So many people have a story to tell, a

great story, and they just don't know how to get it out there. Not all of the people in our writing group want to see their work in print, but many do, and I can help them do it. We have several authors in their 80s, one over 90. It's never too late to realize your dream."

Burke continues to realize her own dream, and finds her passion in helping others to find courage in tough times (like caregiving), ignite inspiration and creativity (writing and publishing). She encourages others to use their gifts to help others as well.

"Each of us can make our own impact on the people around us," she said. "Each of us has skills that can help us help ourselves and help other."

"Sometimes we just don't realize what those skills are. To find them, take time to evaluate who and what you are. Give credit to your strong points. Find your passion. Then share it. By helping others, we help ourselves."

For more information about Burke, and to check out her books, visit [sanjuan-pub.com](http://sanjuan-pub.com) or [caregiver-journey.com](http://caregiver-journey.com).

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## COMMUNITY NEWS BRIEFS: ARTS & CULTURE

### WEEHAWKEN DANCE'S 'THE POLAR EXPRESS' HITS THE MONTROSE PAVILION STAGE ON DEC. 16 & 17

#### *Special to Art & Sol*

MONTROSE—Since its publication in 1985, Chris Van Allsburg's "The Polar Express" has touched the hearts of millions of readers. It tells the story of Christmas Eve when a boy is awakened by a steam train that pulls up in front of his house and takes him and other children to the North Pole.

This adventure follows a doubting boy, who takes an extraordinary train ride that sends him into a journey of self-discovery and shows him that the wonder of life never fades for those who believe. In 2004 Van Allsburg's book became a movie, and on December 16 and 17, young dancers from Cedaredge to Silverton will bring the

story to the stage as a dance theatre production with Weehawken Dance.

Join Artistic Director, Miss Natasha Pyeatte and enjoy this holiday spectacular. You will journey with this adorable cast to the North Pole and will surely find the magic and "believe" again! Weehawken's "The Polar Express" features a cast of over 205, ages 3-Adult.

Whether you know a student in the Weehawken Dance program or not, Weehawken assures you of an enjoyable audience experience. Pyeatte's shows are built like a real ballet, so the experience is appropriate for any audience.

The Dec. 16 performance will take place at the Montrose Pavilion at 6 pm and the

Dec. 17 performance will take place at 2 pm.

Doors for seating will open thirty minutes prior to showtimes. General admission tickets for the performances are available through Weehawken

at [www.weehawkenarts.org](http://www.weehawkenarts.org) or by phone at 970.318.0150. Tickets are available at ticket outlets including: Tiffany, Etc (Montrose), The Montrose Pavilion, and Cimarron Coffee and Books (Ridgway).

A limited number of reserved-section tickets are available by phone at 970.318.0150.

Tickets may also be available at the doors on the 16th and 17th (if not already sold out).



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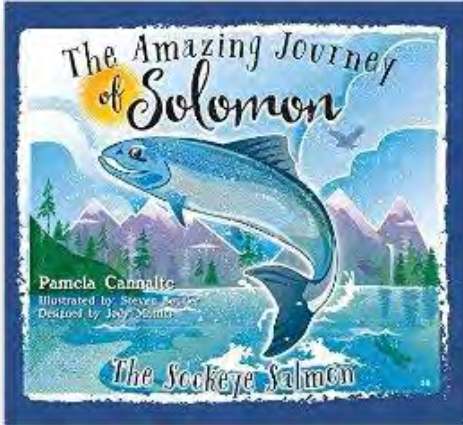
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# COMMUNITY NEWS BRIEFS: ARTS & CULTURE

## 'THE AMAZING JOURNEY OF SOLOMON THE SOCKEYE SALMON' WINS THREE PRESTIGIOUS ROYAL DRAGONFLY BOOK AWARDS



Special to Art & Sol

CHANDLER, AZ – *The Amazing Journey of Solomon the Sockeye Salmon* by Ridgway author Pamela Cannalte, Montrose illustrator Steven Beutler and Montrose graphic designer Jody Mattics won First Place Awards for Best Cover Design, Best Interior Design and Other Nonfiction (writing) in the 2016 Royal Dragonfly Book Awards contest. The annual contest recognizes literary excellence and honors published authors of all genres.

"Winning any place in the Royal Dragonfly Contest is a huge honor because in order to maintain the integrity of the Dragonfly Book Awards, a minimum score is required before a First or Second Place or Honorable Mention will be awarded to the entrant – even if it is the sole entry in a category," explains Linda F. Radke, president of the Dragonfly Book Awards program. "Competition is steep, too, because there is no publication date limit as long as the book is still in print."

*The Amazing Journey of Solomon the Sockeye Salmon* tells the story of the lifecycle of a sockeye salmon and his 2,000-plus mile journey. Beginning and ending in the headwaters of the Russian River in Alaska, Solomon has many adventures in the amazing landscapes along the way.

The book retails for \$15.99 at Amazon.com, [voyagebooks.org](http://voyagebooks.org), and stores in Ridgway, Ouray and Telluride. Published by DoubleShoe Publishing Company earlier this year, *The Amazing Journey* is Cannalte's second children's book. Her first book, published last year,

was *Bella and the Full Moon Kittens* about the adventures of two children, living on a ranch with two dogs and two horses in the Rocky Mountains, who rescue and adopt a cat.

Cannalte will also release a tranquility calendar in December, and is working on her next two children's books, due out next year.

Beutler's illustrations will also be featured in the upcoming books. Besides in books, his artwork and designs can be seen in magazines such as Telluride Style, a recent project for Telluride Ski Resort, and his signature "modern vintage" art posters and greeting cards found in stores in Jackson Hole, Santa Fe, Aspen and Telluride. Jody Mattics' design work appears in a wide range of publications from marketing materials to fiction and nonfiction novels. She regularly receives top honors and compliments from national book award judges.

For a complete list of contest winners and information about the Dragonfly Book Awards, visit [www.DragonflyBookAwards.com](http://www.DragonflyBookAwards.com),



*Struggling to care for a loved one with dementia or Alzheimer's?*

**Dementia Care – Validation Support Group  
Meets the 2nd Thursday of every month  
2:00 – 3:00 pm**

**Bring your loved one and activities will be provided while we meet.**

Our group is open to anyone wanting to learn more about dementia or Alzheimer's disease, caregivers taking care of a loved one at home, or friends and family members who want to lend extra help from time to time.

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# Toy Drive

for Montrose and Delta Counties

Please donate toys for boys and girls  
from newborn to 12 years of age (all  
toys should be unwrapped)

## Drop-off points

Alpine Bank locations - during business hours:

2770 Alpine Drive in Montrose

1400 East Main Street in Montrose

1660 Highway 92 in Delta

## Happy New Merry Thanksmas

The toy and food drive will begin with this event, November 11 - 12  
(drop off at the event itself), and will continue through December 16.

All toys must be donated by December 16 for sorting and delivery.  
Distribution will occur at Alpine Bank, 2770 Alpine Drive,  
on December 17 from 10am - noon.



**Alpine Bank**

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## COLORADO NEWS BRIEFS: NON-PROFITS

### COMMUNITY RESOURCE CENTER'S SECOND ANNUAL STATE OF THE SECTOR

#### *Special to Art & Sol*

DENVER – Community Resource Center is hosting the second annual State of the Sector event on January 12, 2017 at the Studios at Overland Crossing in Denver. This event will bring together nonprofit & foundation supporters and philanthropists from across Colorado. State of the Sector engages participants to discuss, reflect and share vital information on the current state of Colorado's nonprofit sector. Attendees will walk away energized about the good work our sector is doing and have a better understanding of nonprofit successes and challenges, important or emerging innovations and trends, and how we can better mobilize and create stronger, more vibrant communities across Col-

orado. State of the Sector will incorporate intentional networking opportunities, a celebration of the work of Colorado's nonprofit sector, an expert panel composed of sector leaders (including Amy Latham from The Colorado Health Foundation, Susie Davis from Our Community Foundation, and Gabriel Guillaume from LiveWell Colorado), and recognition of nonprofit champion, Richard Male with The Community Trailblazer Award. This award recognizes outstanding achievements of a person or organization who has promoted and led innovative, grassroots social change in Colorado's nonprofit sector. We will be honoring CRC's founder Richard Male, and his innovative leadership, which has fundamentally shaped and influ-

enced the landscape of Colorado's social sector.

Community Resource Center is now accepting RSVPs for the event and supporters of the nonprofit sector are encouraged to attend.

Tickets are \$40 before December 31<sup>st</sup> and include beer, wine and Hor D'oeuvres. Tickets purchased after December 31<sup>st</sup> will be \$55. Tickets can be purchased at [regonline.com/2ndannualstateofthesector](http://regonline.com/2ndannualstateofthesector). *Community Resource Center (CRC) creates opportunities, tools and strategies to develop nonprofits and community groups to strengthen Colorado.*

*We are a mission driven nonprofit that offers a continuum of services throughout the state of Colorado.*

## COMMUNITY NEWS BRIEFS: ARTS & CULTURE

### RIDGWAY CHURCH PRESENTS APPALACHIAN WINTER: A CHRISTMAS CANTATA

#### *Special to Art & Sol*

RIDGWAY-The United Church of the San Juans in Ridgway invites the public to enjoy Christmas music in the early American folk tradition on Sunday, Dec. 18 at 7 p.m.

*Appalachian Winter: A Christmas Cantata*, directed by Allyson Connally, features the UCSJ choir, members of the Montrose United Methodist Church, and a small orchestra. A dessert reception follows the presentation, which is free to the public with donations accepted. UCSJ is located at 295 North Lena Street in downtown Ridgway.

Composed by Joseph M. Martin, the cantata blends popular American carols with traditional spirituals accompanied by live music to create fresh and pleasing sounds. Narration weaves together songs and scripture.

For more information, call the UCSJ office, Tuesdays, Wednesdays or Thursdays, 8:30 a.m. to 1:30 p.m. at 970 626-5803.



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DEC 2: THE ARTFUL NOTECARD  
 DEC 9: THE ARTFUL MOSAIC  
 DEC 16: TINY TREASURES MINI PAINTING

## ARTS WORKSHOPS

# DECEMBER 2, 9, AND/OR 16

FRIDAYS 10 AM - 2 PM AT PRECEDENCE ART ACADEMY

**INFORMATION:** [WWW.WEEHAWKENARTS.ORG](http://WWW.WEEHAWKENARTS.ORG) OR 970-318-0150

STUDENTS MAY REGISTER FOR A SINGLE CLASS, OR FOR THE ENTIRE 3-CLASS SERIES AT A DISCOUNTED RATE. **REGISTER FOR THREE-CLASS SERIES: \$105** (INCLUDES ALL SUPPLIES). OR, **REGISTER FOR A SINGLE CLASS: \$40/CLASS** (INCLUDES ALL SUPPLIES). MINIMUM 6 STUDENTS PRE-ENROLLED TO MAKE THE CLASS A "GO". MAX = 12.

**DECEMBER 2ND: THE ARTFUL NOTECARD - USING MONOPRINTING/MONOTYPE TECHNIQUES,** STUDENTS WILL MAKE THEIR OWN ONE-OF-A-KIND SEASONAL NOTECARD SETS.

**DECEMBER 9TH: THE ARTFUL MOSAIC - THE TREASURE KEEPER -** USING REAL GLASS AND MOSAIC TECHNIQUES, ARTIST ANN CHEEKS WILL GUIDE YOU THROUGH A \*COMPLETED MOSAIC PROJECT ON A WOODEN CIGAR BOX (NOTE: FINISHED PROJECT WILL NOT BE READY FOR PICK-UP UNTIL DECEMBER 16TH).

**DECEMBER 16TH: TINY TREASURES ORIGINAL MINIATURE PAINTINGS -** WORK WITH ACRYLIC PAINT AND YOUR FAVORITE PHOTOS OF A LANDSCAPE OR OBJECT TO CREATE AT LEAST ONE MINIATURE PAINTING MASTERPIECE

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## COMMUNITY NEWS BRIEFS: ARTS & RECREATION

### AVALANCHE EXPERT TO DISCUSS WINTER BACKCOUNTRY TRAVEL AT RIDGWAY STATE PARK

*Special to Art & Sol*

RIDGWAY – Whether you're traveling on foot, on skis or by snowmobile into the mountains in Colorado during the winter, you need to know about avalanche danger.


To help backcountry travelers, Ridgway State Park is sponsoring an avalanche workshop, 10 a.m., Dec. 17 at the visitors' center. The workshop will be led by Jeff Davis from the Colorado Avalanche Information Center.

During the 2015-16 season, eight people in Colorado died in avalanches. Since 2005, 72 people in Colorado have been killed in snow slides. Over the last 10 years in the United States an average of 27 people died in avalanches each winter.

Davis will discuss the basics of preparing for all types of backcountry recreation. He'll explain how to recognize potential threat, how to examine winter terrain, what to do if you are in an avalanche situation, and equipment you should carry. He will also demonstrate how to use avalanche beacons, probing poles and shovels.



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# Puppet Shows!



## DECEMBER 29TH

## 10:00 AND 11:00

Live actors and a cast of puppets present a  
45-minute show for the whole family!

Seating is first come, first served and shows are bound to fill up.  
Come early to find parking and a spot to enjoy the show!

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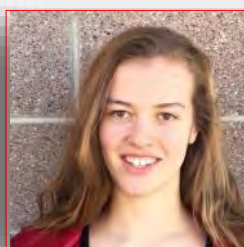
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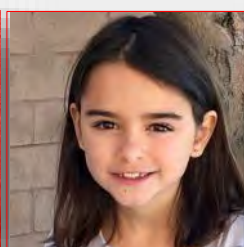
# ACADEMIC BOOSTER CLUB STUDENTS OF THE MONTH!



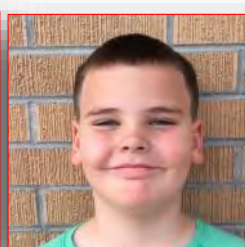
**Aidan Grijalva Castro**  
Northside Elementary  
Grade: 4



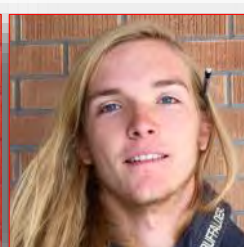
**Aubrie Lewis**  
Olathe Middle School  
Grade: 7



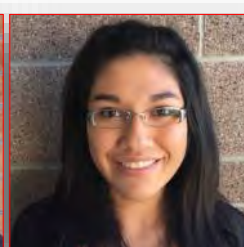
**Cloe Townsend**  
Johnson Elementary  
Grade: 2



**Colton Walraven**  
Olathe Elementary  
Grade: 3



**Gavi Lightsey**  
Montrose High School  
Grade: 12



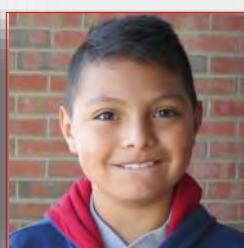
**Guadalupe Garcia delaCruz**  
Olathe High School  
Grade: 10



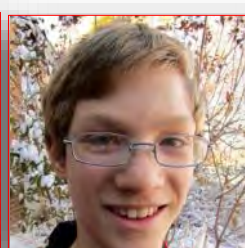
**Haley Cox**  
Cottonwood Elementary  
Grade: 2



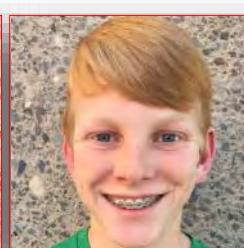
**Hannah Rehard**  
Oak Grove Elementary  
Grade: 3



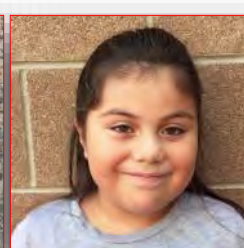
**Hector Perez-Gonzalez**  
Northside Elementary  
Grade: 3



**Ivan Green**  
Columbine Middle School  
Grade: 6



**Josiah Nichols**  
Centennial Middle School  
Grade: 7



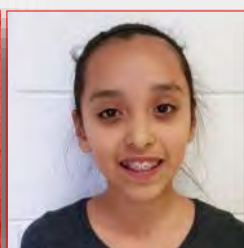
**Kamila Gonzalez**  
Olathe Elementary  
Grade: 2



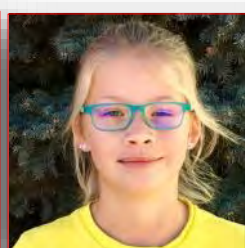
**Kassadee Morris**  
Peak Academy  
Grade: 10



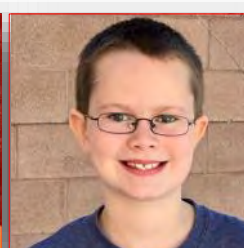
**Mallory Carr**  
Columbine Middle School  
Grade: 8



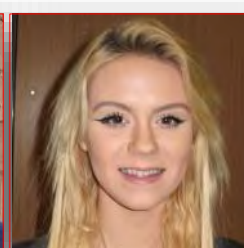
**Nancy Suarez Duran**  
Olathe Middle School  
Grade: 6



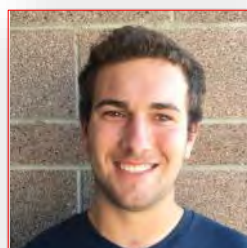
**Shiloh Warthen**  
Cottonwood Elementary  
Grade: 3



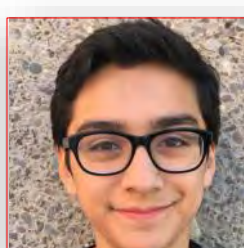
**Teagan Kulbeth**  
Johnson Elementary  
Grade: 3



**Tyann Ament**  
Vista Charter School  
Grade: 12



**Tyrell Gray**  
Olathe High School  
Grade: 12



**Zeke Medina Estrada**  
Centennial Middle School  
Grade: 7



**Zoe Motley**  
Montrose High School  
Grade: 10

## Special to the Mirror

**MONTROSE/OLATHE**—Since 1983, the Academic Booster Club has collected and returned between \$4,000 and \$10,000 annually to schools and students by giving grants to teachers, students, parents, administrators and support staff to promote positive academic experiences in our community. Academic Booster Club (A+BC) has awarded over \$225,000 in grant money since its inception! Each month, A+BC selects one student from each school in the RE-1J district to be a Student of the Month. These students are recognized at a quarterly awards ceremony. A+BC has been doing this for over 30 years!

Please attend the A+BC Award Ceremony on Monday, Dec. 12 at 7PM. Students selected to receive the A+BC award will be honored at the ceremony which will take place at Columbine Middle School.

## COMMUNITY NEWS BRIEFS: ARTS & CULTURE

### TELLURIDE HORROR SHOW ANNOUNCES CALL FOR ENTRIES FILM FESTIVAL REVEALS NEW WEBSITE AND DATES FOR 2017



2016 Telluride Horror Show photo by Caleb Christiansen and Claire Clemens.

#### Special to Art & Sol

TELLURIDE-The 2017 Telluride Horror Show has announced its Call for Entries. We're currently seeking short and feature

length films in the following genres: Horror, Thriller, Suspense, Fantasy, Sci-Fi, Genre Comedy, and Genre Documentary. Filmmakers are encouraged to vis-

it [SUBMIT YOUR FILM](#) for more information regarding the submission process, fees and deadlines. The April 15th, 2017 early bird deadline allows filmmakers to save big on the required submission fee.

In addition to our Call for Entries, we've released a new website and video trailer, which can be viewed on our [WEBSITE](#). The trailer was produced by our friends at Denver-based [Rocket House Pictures](#).

Dates have also been slated for the 2017 festival, which will kick off on Friday the 13th of October, running through Sunday, October 15th. Genre fans and filmmakers will experience the world's greatest and latest films at Telluride's historic Sheridan Opera House, Nugget Theatre, and the "Gargoyle Room" at Wilkinson Public Library.


Named one of "The 20 Coolest Film Festivals" and "13 Film Festivals To Die For" by MovieMaker Magazine, our 8th edition promises to keep with the programming integrity of past festivals.

Three-Day Passes will go on sale May 1st, 2017. Last year's festival sold out early, so we encourage horror film fans to plan ahead!

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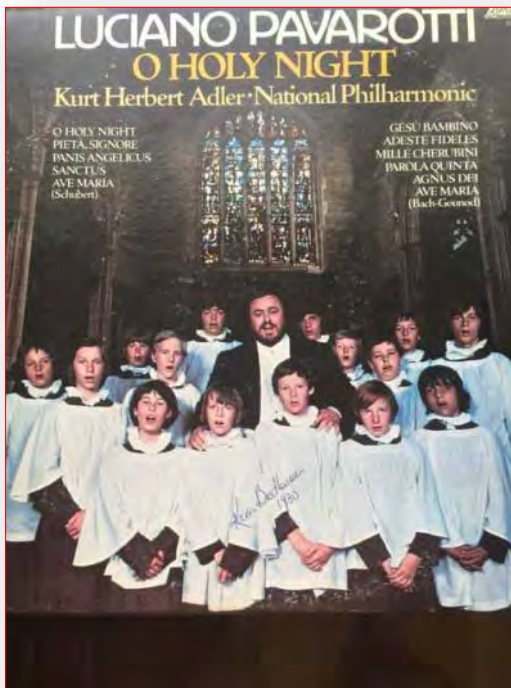




## NOTES FOR THE JOURNEY...

Exploring Classical Music With Rob Brethouwer

# LEARNING TO LISTEN TO HOLIDAY MUSIC...



Today begins a three-week series on holiday music. Each week will offer a brief overview and analysis of a specific recording. As you might have already guessed, these recordings will fall under the umbrella category of classical music and will be to the side of mainstream and general pop holiday music. *Jingle Bells* will not be found, nor will *The Twelve Days of Christmas*. This expansion away from the mainstream will hopefully offer the reader some additional choices when making holiday music listening decisions.

The selection for the first week was recorded at All Saints' Church, Petersham (London, England) in January 1976. For those who have attended more than two church services during the holiday season, many of the selections will be familiar by sound if not by title.

*O Holy Night* (Adolphe Adam)

The first selection is sung in English, which adds to the familiarity of the melo-

dy. Introduced by the orchestra, the song is quickly dominated by the tenor voice of Luciano Pavarotti. Although sacred in its theme, the song has a traditional everyday feel to it that is popular for a broad audience. The orchestra accompanying is subtle enough that it does not take away from the feel that this song is being sung without accompaniment by a soloist either or in a church setting or on a street corner in a Victorian village.

*Pieta Signore* (Stradella)

Soft and without a strong melody, this song has the feel of a lament. It is as if someone is pleading that something or someone very important come into his or her life. The words themselves are not as important as what the listener imagines as they are listening to the song. Midway through, the song becomes more melodic and intense as if

the pleading is reaching the apex of a crescendo. Coming to a conclusion, the general feel is one of closure and contentment.

*Panis Angelicus* (Cesar Franck)

This selection has been interpreted by several different composers and once again offers something familiar to the listener. The song is popular with choral groups both sacred and secular in nature. On this recording, this is the first piece that offers background accompaniment by the choir. These additional voices add texture and layering to the piece that increase its sound, but do not take away from its overall intimacy.

*Parola Quinta* (Mercadente)

Once again the dominant sound is the tenor voice with the orchestra taking a backseat. As the song progresses, it begins to have the feel of an opera aria with its short staccato phrasing and the rise and fall of the intensity of the vocalist and of the orchestral accompaniment.

*Ave Maria* (Schubert)

Our first version of the very familiar *Ave Maria* brings the listener a traditional holiday melody and a familiarity of sound that likely extends to childhood. The popularity of this piece has extended beyond the walls of the church and is popular with both instrumental and vocal soloists. This selection moves beyond the familiar first verse and offers the listener a more lengthy experience while culminating in the familiar strains of the first verse. The piece simply tapers away with the gentle strings from the orchestra.

*Gesu Bambino* (Pietro Yan)

Joyous vocal lines from the tenor voice open this piece, offering a catchy melody. The children's choir makes its entrance offering the same melody in a background of perfectly blended young voices. The tenor soloist once again makes his statement and is quickly joined by the children's choir, making for a rich sound. The simple unison melody from the choir acts as chords to the soloist. As in jazz, the soloist and the accompaniment come together as one to finish the piece with the tenor voice soaring over everything.

Before beginning side 2 of our recording (on vinyl, of course) it should be mentioned that the listener should be aware that thinking everything sounds the same on a recording is a mistake. For example, the songs being discussed certainly have the same sort of feel to them and most offer choral and orchestral accompaniment. Thinking that everything sounds the same cheats the listener out of an amazing listening experience. This is an excellent time to practice the art of listening over simply hearing sounds. Doing this makes each piece shine with its individuality and makes things less boring, especially for someone listening to a recording for the first time.

*Ave Maria*

[Continued next page](#)

## LEARNING TO LISTEN TO HOLIDAY MUSIC...continued

(Bach-Gounod)

We swing right back into another *Ave Maria* with the beginning of side 2. This offering is the more formal version by J.S. Bach and sounds a bit more solemn than the previous heard version by Franz Schubert. The pace offers time to contemplate the words and the sounds as the piece rises and falls around the central structured melody. Almost without noticing the choir sneaks in behind the soloist and it is difficult to remember how they arrived. Just as you are settling into the piece it comes to a soft conclusion, tapering away as the piece loses its form.

*Mille Cherubini in coro* (Melichar after Schubert)

When listening to this song, try to separate the accompaniment from the dominant solo voice and focus on what the orchestra is doing. The accompaniment by the orchestra offers an exchange of melodies that can stand alone and away from

the soloist. Listen to it a second time and switch things up by focusing on the soloist and ignoring the sounds of the orchestra. Doing this makes one realize how wonderful music comes together and how important accompaniment is in every piece. Two stand alone musical offerings that meld together to make a cohesive and beautiful whole.

*Agnus Dei* (Georges Bizet)

The brass section in the orchestra offers our introduction in bold tones that immediately grasps the listener to full attention. The sound is that of a brass chorale and sounds as if the instrumentalists are playing from the balcony of the church. Most famous for his opera *Carmen*, Georges Bizet was a master of creating tension with the human voicing and using the orchestra to add to and to ease this tension. A mood is created with just a few notes and the rise and fall of the tenor soloist and bold orchestral background accompa-

niment. The melody introduced at the beginning by the brass continues throughout the piece and offers the foundation for the song and creates the overall mood right up to the conclusion.

*Sanctus* (Hector Berlioz)

Melancholy and ethereal, our second to last song is straightforward and highlights the range of the tenor soloist with the soft choir pushing things forward in the background. Again, this is a song that should be listened to two times, the first focusing on the orchestral and choral accompaniment and the second time the focus should be on the soloist.

*Adeste Fideles* (John F. Wade)

The recording concludes with the very familiar with the melody of *O Come All Ye Faithful*. Soloist, choir, boys choir, and orchestra all come together offering a festive and familiar ending to this holiday musical offering. If you are tired of hearing canned holiday music wherever you go, listen to this recording to cleanse the listening palate and find balance in the madness that can come with poorly thought out holiday music.

**Recording:** Luciano Pavarotti *O Holy Night* Kurt Herbert Adler, National Philharmonic with The Wandsworth Boys Choir and London Voices. LONDON records OS26473.

### Many Older Adults Need Our Help... in the most fundamental ways.

- **FOOD:** In the most affluent country on earth, seniors have to choose between food and medicine.
- **SHELTER:** Imagine having to find a decent, secure place to live on an income of \$800 per month.
- **SAFETY:** For older adults, home can often become a dangerous place without proper repairs.
- **SUPPORT:** Sometimes we all need a little help from our friends.
- **CARE:** When living at home is no longer an option, we can help.
- **CONNECTIONS:** When you outlive all of your friends and family, who do you turn to?

**We provide a connected network of services that make a significant difference in our part of the world.**

**Join us in supporting our vision to enrich and uplift the lives of our local older adults.**



www.voahealthservices.org  
www.Facebook.com/VOAWesternSlope.org  
**1-844-VOA-4YOU** Toll Free Assistance Line

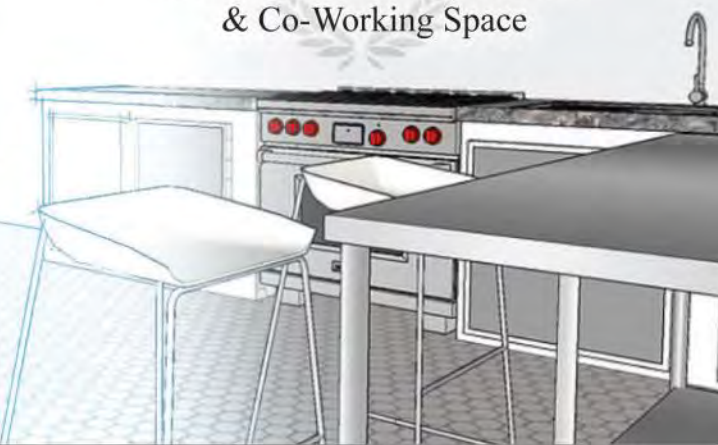
**Thanks for  
reading the  
Montrose Mirror...  
wishing you and  
yours a joyful  
Holiday season!**





2015 Sharing Success Grant Recipient:  
WEEDC Community Kitchen  
& Co-Working Space

Sharing  
Success



San Miguel Power Association Inc., in conjunction with its national cooperative partner, CoBank, is again seeking proposals for funding opportunities that stimulate and enhance our local economies.

Learn more at: [www.smpa.com](http://www.smpa.com)→Community Programs



San Miguel Power Association Inc. is an equal opportunity Provider and employer.

# *Hold the Date! Upcoming Business and Cultural Events*

## **DECEMBER ONGOING-**

**MONTROSE SENIOR CENTER LUNCH & LEARN:** \$3 lunch & Learn, admission to program, is free. Lunch \$5. Programs are Dec. 8 and Dec. 12 @ Noon.

**GARDEN OF LIGHTS AT THE MONTROSE BOTANIC GARDENS-**Come enjoy illuminated garden paths and displays, horse drawn wagon rides, music activated light shows and the new Community Tunnel of Lights! Friday & Saturday, Dec. 9<sup>th</sup> & 10<sup>th</sup> ; Friday, Saturday & Sunday, Dec. 16<sup>th</sup>, 17<sup>th</sup>, 18<sup>th</sup>; Monday & Tuesday, Dec. 26<sup>th</sup> & 27<sup>th</sup>, 5:30 pm to 8:30 pm. Check the website for details. [www.montrosegardens.org](http://www.montrosegardens.org).

**FRIENDSHIP FORCE INTERNATIONAL**, non-profit organization, was founded and introduced to the world at a ceremony held at the White House on March 1, 1977. FFI provides opportunities to explore new cultures by bringing people together at the personal level. Friendship Force of western Colorado's regular monthly meetings are scheduled for the 3<sup>rd</sup> Thursday of the month. Meeting location - Red Cross Training Center, 5<sup>th</sup> and Gunnison in Grand Junction, 6:15 p.m.

**SATURDAY NIGHT LIVE @ THE GALLERY • MUSIC BY YOUTH**, Second Saturdays from 7 to 9 p.m. at Healthy Rhythm Community Art Gallery in Sampler Square.

**THE ALPINE PHOTOGRAPHY CLUB** meets every second Tuesday at St. Mary Catholic Church in the St Paul Room, 1855 St Mary's Drive, Montrose. The Public is welcome to attend. For more information, email [alpinephotoclub@aol.com](mailto:alpinephotoclub@aol.com).

**FREE FAMILY LAW CLINIC-**LAST WEDNESDAY OF EVERY MONTH, Montrose County Courthouse (Leslie German self-help center) at 1200 North Grand, Noon to 1:30 p.m. Sponsored by Uncompahgre Volunteer Legal Aid and the 7th Judicial District Bar Association. Call 970-249-7202 for information.

**FREE JAM SESSION AND SING ALONG**, Mondays from 4 to 6 p.m. at the Montrose Pavilion Senior Center.

**MONTROSE HISTORICAL MUSEUM-**"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2<sup>nd</sup> St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

**SNOWSHADOW GYM-**Zumba classes with Maria Gonzalez week nights 5:30 to 7:30; Swing dance with Kevin Mears Mondays 7:30 to 9:30 p.m. 535 S. First St. [snowshadowgymnastics@yahoo.com](mailto:snowshadowgymnastics@yahoo.com).

## **MONTHLY-**

**Dec. 9-18--**The Bookcliff Barbershop Harmony Chorus will be strolling down Main Street in Grand Junction and singing during the upcoming Christmas Walk on Friday, Dec. 9<sup>th</sup>, starting at 5 PM. We will be singing for the folks who attend Bethlehem Revisited at Northeast Christian Church 2751 Patterson Road on Saturday and Sunday, Dec. 10 and 11 from 6 to 9 PM. THEN on Sunday, Dec. 18<sup>th</sup> at 6:30 PM again at Northeast Christian Church on Patterson, will be our annual Christmas Concert. Men from the community will join us. For more info, contact our BBHC number: 970-257-7664.

**Dec. 12-**\$3 Lunch & learn. Montrose Pavilion Senior Center Lunch & Learn program. Outsmart the scammers: Protect yourself from fraud. 1 p.m. Program free to attend, Lunch @ Noon is \$5.

**Dec. 14-**One night only! On Wednesday, Dec. 14<sup>th</sup>, 2016 at 7 pm In the KAFM Radio Room, The Real Elves Of The North Pole will be presented by the Students of Independence Academy. The Students are asking that you bring a donation of household items, food or clothing that would help a family out during the rough winter months. Check in at our website [www.kafmradio.org](http://www.kafmradio.org) for updates about this and future productions at the KAFM Radio Room. The Radio Room is located at 1310 Ute Avenue, Grand Junction, CO 81501. Doors open at 30 minutes before show time.

**Dec. 15-**Volunteer to organize and set up food items for Ouray County Cares holiday boxes. Please arrive at Ouray County 4-H Event Center at 2 p.m.

**Dec. 16-17-**Weehawken dance's "the polar express" hits the montrose pavilion stage on Dec. 16 & 17. The Dec. 16 performance will take place at the Montrose Pavilion at 6 pm and the Dec. 17 performance will take place at 2 pm. Doors for seating will open thirty minutes prior to show-times. General admission tickets for the performances are available through Weehawken at [www.weehawkenarts.org](http://www.weehawkenarts.org) or by phone at 970.318.0150. Tickets are available at ticket outlets including: Tiffany, Etc (Montrose), The Montrose Pavilion, and Cimarron Coffee and Books (Ridgway). A limited number of reserved-section tickets are available by phone at 970.318.0150. Tickets may also be available at the doors on the 16<sup>th</sup> and 17<sup>th</sup> (if not already sold out).

**Dec. 16-**Volunteer to fill Ouray County Cares gift and food boxes. Ouray County 4-H Event Center at 9 a.m. Please telephone Jennifer Jossi 970-626-3693 or Anise Herod 303-810-8593 to volunteer. Lunch will be served. If you can bring cookies or brownies, please call Vonnie Kuijvenhoven 970-209-3822

**Dec. 18-**The United Church of the San Juans in Ridgway invites the public to enjoy Christmas music in the early American folk tradition on Sunday, Dec. 18 at 7 p.m. *Appalachian Winter: A Christmas Cantata*, directed by Allyson Connally, features the UCSJ choir, members of the Montrose United Methodist Church, and a small orchestra. A dessert reception follows the presentation, which is free to the public with donations accepted. UCSJ is located at 295 North Lena Street in downtown Ridgway. For more information, call the UCSJ office, Tuesdays, Wednesdays or Thursdays, 8:30 a.m. to 1:30 p.m. at 970 626-5803.

**Dec. 28-**Ari Hest Holiday Concert @ Healthy Rhythm Gallery, 68 Grand Avenue. 7 to 11 p.m.

**Dec. 29-**Montrose Regional Library presents, Ye Olde Toy Shoppe. 45 minute puppet show for all ages @ 10 and 11 a.m.

**Jan. 20-21-**Please join us for the 5th Annual Western Colorado Food and Farm Forum: Healthy Land, Food, People at the Montrose County Fairgrounds on Jan. 20 and the Montrose Pavilion on Jan. 21, 2017. The Food and Farm Forum has a wide array of breakout sessions which convey vital, regionally specific agricultural information in areas including maximizing crop and livestock production, innovative agricultural marketing and management strategies, and specialty crops.

**Jan. 20-22-**Telluride Fire Festival, Telluride.

**June 14-16-**San Juan Rural Philanthropy Days, Montrose, Colorado.



# Give Back Days

## At Mi Mexico Mexican Restaurant

Come enjoy a delicious meal and we'll donate 20% \*  
of your total check to a local non-profit.

**Every Wednesday...Every Month...All Day (11 am - 10 pm)**

*Over 200 entrees to choose from!*

**1st Wed: The Homestead at Montrose**

**2nd Wed: All Points Transit**

**3rd Wed: Montrose Rec Foundation**

**4th Wed: Valley Manor Care Center**

**5th Wed: Community Options Inc.**

(Note: 5th Wed dates are: March 30, June 29, Aug 31, Nov 30, 2016)

After dining, attach the coupon to the bill  
and deposit it in the box labeled  
"Give Back Days." 20% of your total  
bill will be donated to the  
designated charity.

**SUPPORTING IS  
NOW DELICIOUSLY  
REWARDING.**



**Mi Mexico Restaurant**  
1706 E Main St (Hwy 50)  
Montrose, CO 81401  
(970) 252-1000  
(970) 252-1111 Fax

\*Coupon must be present



Contact the Montrose Mirror:

970-275-0646

[Editor@montrosemirror.com](mailto:Editor@montrosemirror.com)

[www.montrosemirror.com](http://www.montrosemirror.com)

*Below, Montrose Mayor Rex Swanson shakes hands with one of many local immigrants and their supporters who turned out to hear the proclamation declaring Dec. 18, 2016 as International Day of the Migrant. Photo by Gail Marvel.*



# Custom Embroidered Apparel

~ Graphic Design ~  
~ Logos ~  
~ Original Art ~  
~ Patches, shirts, and more ~

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615-375-6292  
[www.etsy.com/shop/jeremyrobinson](http://www.etsy.com/shop/jeremyrobinson)

A collage of various custom embroidered designs, including logos, patches, and artwork, displayed on a dark background. The designs are colorful and intricate, featuring a variety of patterns and subjects.