



THE MONTROSE MIRROR

Issue No. 204, Jan. 16 2017

WESTERN COLORADO SKI RESORTS REVEL IN RECORD SNOWFALL: 'THE SNOW MESSAGE IS VERY, VERY STRONG'

Caitlin Switzer

MONTROSE-Sure, the roads are a mess—and it's Monday. But it is a National Holiday...and with ski resorts across Western Colorado reporting record snowfall, it might be time to brave the cold and head for the high country. On Friday Jan. 13, Powderhorn Ski Resort reported that a healthy seven inches of new snow had fallen over the past 48 hours, that snowpack is already at 160 percent of average, and that all trails were open and all four lifts were running.

At Crested Butte Mountain Resort, snowfall has been even more abundant. In fact, Ski CB tweeted that the resort community had received five feet of new snow last week alone. Crested Butte Mountain Resort blogger Rob Dickinson has called the start of the 2017 ski season "Snowmageddon." A seasoned and well-traveled athlete, Dickinson posted on Jan. 12 that, "I have

[Continued pg 10](#)



Pro Snow reporter @halleyobrien, above, posted this #burythebutte photo from CB on Jan. 9. "See you at 9 a.m!" she said. Courtesy image.

AS TEMPERATURES DROP, NEED RISES



The non-profit MADA, above, assists the Montrose Coalition Against Homelessness to direct homeless Montrose people to temporary shelter @ the Olathe dormitory. Courtesy photo.

By Caitlin Switzer

REGIONAL-When temperatures drop, need rises. At the [Sharing Ministries Food Bank](#) in Montrose, business has been strong this year. "We always see an increase around the Holidays and after the first of the year," Sharing Ministries Office Manager Vanessa Ryser said. "Between three counties, we are serving 5,500 to 6,000 people every month."

The need for donations of all kinds remains high. Though the non-profit was able to expand its warehouse facility this year and will be moving soon, food and cash donations ensure that Sharing Ministries, located at 121 North Rio Grande, will continue feeding people and saving lives.

"We run three amazing programs from one facility," Ryser said. The food bank serves clients Monday through Thursday from 9:30 a.m. to 12:30 p.m., and on Fridays from 9 a.m. to 11 a.m. TEFAP Commodities are

[Continued on page 13](#)

in this
issue

[Gail Marvel's Houses
of Worship Series!](#)

[Berry Farm to be featured
@Food & Farm Forum!](#)

[Regional news briefs, calendar
items, local photos!](#)

[Montrose Elks Lodge
Elk Tracks Column!](#)

HOUSES OF WORSHIP: MONTROSE 7TH-DAY ADVENTIST CHURCH

By Gail Marvel

"Jesus said, 'For where two or three come together in my name, there am I with them' (Matt 18:20 NIV)."

MONTROSE-Walking into the Montrose Seventh-day Adventist Church on Nov. 26, 2016 Rebecca quickly identified me as a visitor, asked me to sign the guest book and invited me sit with her and her mother during the service. The church observes Saturday as the Sabbath and their greeting to one another is, "Happy Sabbath." There were about 75 present for this service and in place of Pastor Fritz Krieger, Gordon Reichard filled in at the pulpit.

Prior to the start of the service attendees watched a brief video clip which included church history, evangelistic efforts and credited Ellen G. White, one of the founding members, with having received the gift of prophesy.

Business was conducted during announcements with a second reading, a motion on the floor and a congregational vote. The call to worship began with reading of Psalms 95. The two ladies who led congregational singing were accompanied by a pianist on a baby grand piano. Traditional hymns were sung and the congregation had the option of using hymnals, or reading the lyrics to the hymns on the video screen. Selections included all verses of, "Crown Him with Many Crowns" and "God Will Take Care of You."

Children were invited to the front of the auditorium for the Children's Story, presented by Mick Francis, who read the *Bible* account of Jesus healing 10 Lepers (Luke 17). Francis said, "Do you think the lepers were happy that they were healed? Absolutely! But, were they thankful? Only one leper went back to thank Jesus...and he was a foreigner. God deserves our thankfulness."

Special music, sung by Hannah Goff, was "Come Thou Fount," and Don Steinert gave the Scripture reading.



Speaker Gordon Reichard and women worship leaders conclude the Montrose Seventh-day Adventist Church service with their closing hymn, "God Will Take Care of You."
Photo by Gail Marvel.

The sermon titled Be Not Afraid! (as we race toward Armageddon), was prefaced by speaker Gordon Reichard, "I'm not the preacher. I'm not a trained pastor. Rebecca just told me the newspaper lady is here...Just what I need to hear when I get up to speak!"

As a warm up for the sermon Reichard inserted a public service announcement, "Once a week were on the radio and we're asking people what they want to hear. We want to help local non-profits and for the station to be a service to the community."

The 2016 election was taking place as Reichard prepared his sermon and he offered the disclaimer, "I'm not going to rehash the election." However, he drew some parallels between Nazi Germany and Hitler's extreme nationalism with Donald Trump preaching, "make America Great Again."

Weaving current events with Armageddon, Reichard touched on the Standing Rock Sioux in ND, the Paris Agreement on climate change, and California calling for an exit from the union. "For some the sky

is falling; they are packing up and moving out of the country. We are in a fractured country and a fractured church. The shaking is starting and it's going to get severe. Sister White wrote it will be a terrible ordeal. People get upset because we quote Ellen White, but the *Bible* backs up everything she says."

Offering a variety of *Bible* passages to support what he sees in world turmoil and current events Reichard said, "What do we know from Revelation 18:17...there is an economic crash before the Lord returns." Quoting Psalm 91:9-10 Reichard reassured the audience of their security in Jesus Christ. "The cost of our salvation was much more than Jesus dying on the cross. Heaven was put at risk for our salvation. That is the value He put on us. There is no need to worry when all heaven is invested in our security."

Contact information:

Montrose Seventh-day Adventist Church
1551 Valley View Road

Pastor Fritz Krieger

970-249-4942

Saturday Worship 10:50 am – Noon.



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THE MONTROSE MIRROR
MONTROSE

MONTROSE COUNTY BREAKS GROUND ON INDOOR ARENA & EVENTS CENTER



Above, Kent Wollert, Wollert Automotive Sales and co-founder of Mountain States Ranch Rodeo (MSRR) speaks after the groundbreaking ceremony, at right.



By Gail Marvel

MONTROSE—About 50 people braved the weather and a muddy quagmire to attend the groundbreaking for the Montrose County Indoor Arena and Events Center held on Jan. 9, 2017. It's anticipated the indoor arena, which will accommodate 3,700 people, will be completed in 12-15 months.

Speakers at the event included the current county commissioners, city council representatives, the county manager and House District 58 Representative-Elect Marc Catlin.

Lunch was served in the Pioneer Room at the Fairgrounds and plaques and commemoratives were presented to those who deserved special recognition for moving the project forward.

Term-limited County Commissioner Ron Henderson said, "Two years after David

[White] and I were elected there was a strong recall that didn't go anywhere. It's important to remember that to get anything going there are people in opposition." Henderson recognized the support given to the commissioners from the staff and the community, but singled out County Manager Ken Norris, "Ken made the commissioners look good and feel good about themselves [decisions]. The best economic development is for us to continue to move Montrose forward."

Board of County Commissioner Chair Glen Davis praised Assistant County Manager Dave Laursen for his work in producing a flat budget for the last three years. "Dave is someone who watches the dollar bills and saves dollar bills. We are where we are today because of what he has done with our finances."

Davis noted that when presented to the

public about 75 percent were supportive and 25 percent recommended waiting to do the project. One of the strongest voices of support heard from the community was that of Kent Wollert, Wollert Automotive Sales and co-founder of Mountain States Ranch Rodeo (MSRR).

The MSRR web site describes the ranch rodeo as Western Colorado's richest ranch rodeo series, "It is an annual celebration of America's working cowboys, their families and the ranches they represent. Many of the MSRR cowboys work the very cattle ranches that were first settled and developed by their family generations ago."

While the new Montrose County Indoor Arena and Events Center is expected to be a key component to economic development, the facility will also help preserve the ranching and agricultural heritage of Montrose for future generations.

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MONTROSE ELKS LODGE: ELK TRACKS!



Welcome to Elk Tracks, a periodic update of what is taking place at our local Montrose Elks Lodge, located at 801 So. Hillcrest, Montrose CO 81401. **Bingo Jan. 17, 2017 6:30 PM - Progressive Game #2 is worth \$500.00** and is now a "Must Go"; meaning it will be awarded regardless of the number of balls it takes to win. If enough people play on Jan 17, chances are good the last Game #8 may reach a Jackpot of **\$520.00**. Progressive Game #2 is \$400 and must be won in 37 numbers or fewer or the prize posted will be awarded. Progressive Game #6 is worth **\$7,267.00** and must be won in 53 numbers or fewer or the prize posted will be awarded. Arrive early for a good seat. Open to the Public.

Hoop Shoot for Youth Ages 8 to 13 – Saturday Jan. 21, 2017 at 10 am

Location: Montrose Elks Lodge Gym

The Elks Hoop Shoot is a free throw con-



test for all children aged 8 to

13. The program is free to all Contestants and provides youth an opportunity to **compete, connect, and succeed** through hard work and healthy competition. The lessons learned at the Hoop Shoot help kids develop grit. Winners of this local Hoop Shoot advance through District (Durango), State, and Regional contests to reach the National Finals in April 2017. In the end, the names of National Champions will be permanently inscribed at the Naismith Memorial Basketball Hall of



Pictured: Bingo Players and \$1,199.00 winner on 1-10-17. Courtesy photo.

Fame! There are **six Divisions** based on Contestants age as of April 1, 2017: Boys, ages 8-9 Girls, ages 8-9; Boys, ages 10-11; Girls, ages 10-11; Boys, ages 12-13 Girls, ages 12-13. To sign-up to play, please call the Elks Lodge at 970-249-4852 with the Contestants Name, Age, and provide if a boy or girl.

Please feel free to contact Jerry Bolis, Hoop Shoot Director, at [970-417-4488](tel:970-417-4488) with any questions regarding this event.

REGIONAL NEWS BRIEFS

TOAST TRUMP @ DEPLORABALL INAUGURATION CELEBRATION JAN. 20!

Special to the Mirror

MONTROSE-Don't miss the "DeploraBall" Inauguration Celebration on Jan. 20, 2017 from 6pm – 10 pm@ Hampton Inn Montrose. The community is invited to toast Donald J. Trump our 45th President. Dance to Washington DC Inaugural Balls live. Trump memorabilia and patriotic jewelry available for purchase. Chances to win door prizes included for a \$10 donation per person. Business to formal attire. Please bring an appetizer or dessert to share. Cash bar open during event. Hosted by Montrose County Republican Women.

WEEKEND OF PEACE IN RIDGWAY JAN. 20-21

Special to the Mirror

RIDGWAY-Local efforts have combined to create "CalmUnity: A Day of Local Solidarity," a non-partisan, Western Slope mobilization that will take place in Ridgway.

There is a walk from 3-4:30 pm on Saturday, Jan. 21 beginning at the gazebo near the soccer fields (across from Chipeta Solar Springs Resort). Participants are encouraged to bring their own signs with an emphasis on positive expression only. The walk will be followed by "Silence in Solidarity," a half hour of candlelit silence in promotion of peace, followed by celebra-

tion of community at the Kiva, located in the Chipeta Solar Springs Resort. Conceived by the Ridgway Yoga Shala, the event has already been picked up by yoga studios around the state and country as well as several studios in Costa Rica. Silent gatherings will be coordinated by geographical location and will take place at 4pm PDT, 5pm MDT, 6pm CDT and 7pm EDT. The day will wrap up with a community potluck from 6-9 pm at the Kiva. Participants are invited to bring a dish to share and favorite mode of expression. There will be an open stage for music,

poetry & personal insight. For More Information Visit: [Facebook.com/CalmUnityRidgway/](https://www.facebook.com/CalmUnityRidgway/). Friday night, Jan. 20th "Peace in the Park" will take place at the gazebo at Hartwell Park (Ridgway Town Park) for a gathering to send a positive message for the highest good. Attendees should bring their own candle. Saturday, Jan. 21, Solidarity Walk: 3:-4:30 pm – Gazebo by the soccer fields across from Chipeta. Silence in Solidarity: 5-6 pm - Kiva at the Chipeta Sun Lodge. CalmUnity Potluck: 6-9:pm Kiva at the Chipeta.

Presented By

- The Market at Mountain Village
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- Dawn & Dave Gordon
- The Ridgway Mountain Market



March 5, 2017 Montrose Pavilion
Afternoon Matinee 2:00pm
Evening Performance 6:30pm

Team 3 - Dan & Kaye



Dan - District Attorney, 7th Judicial District

Kaye - Regional Director, Hilltop Regional Services

Choreographer: Catherine Frates

To have your donation or ticket purchase directly support [Hilltop Regional Services](http://HilltopRegionalServices.com), call (970) 242-4400.

[View the Teams](#)



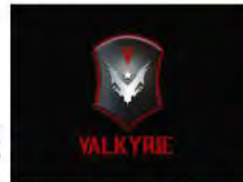
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REGIONAL NEWS BRIEFS

MONTROSE REGIONAL CRIMESTOPPERS ALERT!

Montrose Regional Crimestoppers

MONTROSE-Montrose Regional Crime Stoppers and the Montrose Police Department are seeking the help of citizens to identify and locate the suspects in a theft from the Days Inn Hotel in Montrose.

In the early morning hours of Dec. 23rd, 2016, two individuals entered the Days Inn Hotel and stole currency from the cash register before fleeing the immediate area on foot.

The suspects were briefly observed and described as:

- Wearing black stocking cap with a bandana covering the lower portion of the face and also wearing a gray long sleeve shirt and dark pants.
- Wearing tan or white hat with a black hooded sweatshirt in which the hood is pulled up. The second suspect also appeared to have an unknown material covering his face and was wearing dark pants.

Both suspects appeared to have socks covering their hands and neither appeared to be wearing shoes.

Anyone with information about this crime may call Crime Stoppers anonymously at 970-249-8500 or utilize the mobile app, P3 Tips or the website, P3 Tips.com to provide information on the crime, always remaining anonymous. Crime Stoppers wants your Information, not your identity. If the Tip results in an arrest, the caller may receive a cash award.

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MIRROR CLASSIFIEDS

MIRROR CLASSIFIED: REQUEST FOR PROPOSALS

SAN MIGUEL AUTHORITY FOR REGIONAL TRANSPORTATION REQUEST FOR PROPOSALS – ACCOUNTING SERVICES

**PLEASE RESPOND NO LATER THAN 5 P.M. ON JANUARY 27TH.
SUBMITTALS SHOULD BE SENT TO THE San Miguel Authority for Regional
Transportation, P.O. Box 3140, Telluride, Colorado 81435 or send via
email to bocc@sanmiguelcountyco.gov**

**Log on to www.smarttelluride.com or contact Nina Kothe – San Miguel County
Commissioners Office – [970] 728-3844 or the email
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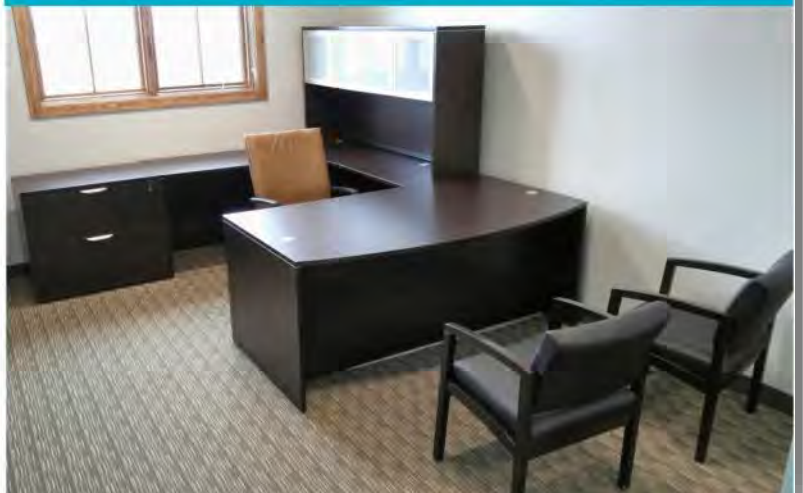
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REGIONAL NEWS BRIEFS

MONTROSE HIGH SCHOOL DIVISION AWARDS



Special to the Mirror

MONTROSE-L – R: Reilly Nickolaus, Lauren Franz, Isabel Haga, Ryan Forbes, Raven Brundidge, Jeremy Iverson, Chris Gibson, Roquela Lasher and Catherine Borner. Courtesy photo.

MIRROR CLASSIFIEDS: HELP WANTED

San Miguel Authority for Regional Transportation Telluride – Mountain Village – San Miguel County is HIRING AN EXECUTIVE ADMINISTRATOR

This is a full-time, year-round salaried position with benefits. SMART Board of Directors is seeking highly qualified applicants with experience in public transportation and organizational leadership. This position will be responsible for efficient planning, scheduling, managing, coordinating, and directing all aspects of SMART functions including development and management of the annual budget with the oversight of the SMART Board. The position includes in depth coordination and communication with the general public and any appointed SMART Advisory Committees. Education and experience requirements include a bachelor's degree in public or business administration and ten years of management experience with emphasis in transit, grant administration and an understanding of government budgeting.

Applications will be accepted until position is filled with interviews beginning January 20th. Interested candidates are encouraged to apply immediately.

A job description and application form is available on the SMARTTelluride.com website or by calling or emailing the San Miguel County Commissioners Office (970) 728-3844 bocc@sanmiguelcountyco.gov Applications and the job description is also available on the websites of the three member jurisdictions: Town of Mountain Village, Town of Telluride and San Miguel County.

Application packets should include a completed application, a resume and at least three professional references.

Send materials to: bocc@sanmiguelcountyco.gov or P.O. Box 3140 – Telluride, Colorado 81435

SMART offices are located in Telluride, Colorado. SMART is an equal opportunity employer.

OPINION/EDITORIAL: LETTERS

OVERJOYED TO SEE CHANGES IN BOCC

Dear Editor:

Last Monday, to my great joy, I found that Mr. White had not been selected by his 'fellow' Republicans for either the Senate or House seat that had been vacated.

I am not the least bit sorry that Mr. White's political boat has capsized. Torpedoed if you will by his own political behavior in Montrose County. This Commissioner, with the aide of Henderson and/or Davis has, among many other failures, been responsible for the gross waste of public monies over the just passed eight years. All the other expensive and wasteful bloopers aside, and they were many, he pursued a plethora of suits against Montrose Memorial Hospital. All of which were lost or are in the process of being lost as you read this. A total failure. In other words, the Hospital did nothing wrong!

Aside from the trouble this has caused with those connected with the hospital it has wasted huge amounts of money defending against the White/Henderson endeavor. AND CITIZENS, IT WAS ALL YOUR MONEY. I can only inform you, my fellow citizens, about what the Hospital could have done with the \$2.5 million dollars it has used to prevail over the Board of County Commissioners felonious

mis-creations. Obviously your Commissioners have kept me from finding out what they wasted. It was probably at least \$4 million dollars. Their attorneys jetted over here from Denver. What could that have done for our community!

Well here are some of the things that could have been provided at the hospital had these guys not done their evil:

1. A 3D mammogram for \$550,000
2. A new DaVinci for \$1.2 million
3. Two new operating rooms completely equipped for \$750,000 each
4. A new MRI for 1.1 million

Instead, their misguided misbehavior, their misdirected pride, their narcissist egos demanded that they prove themselves right (which they did not). It cost us, the community, all these things that could have been for the betterment of health care or their equivalents, like an expanded cancer center, a bigger parking lot, or more office space for doctors and staff. Perhaps even some charitable care. \$2.5 million might even have purchased a medical arts building. Not to happen! They, White and Henderson, caused it to be frittered (there is a better word but I cannot use it) away with no advantage to the community that they

were sworn to serve. Abominable!

Just imagine what the \$4 million dollars of County money (wasted on Denver lawyers) could have bought for our county. That is Four million dollars, folks. What? How much? But no, it went to the Denver Attorney full-employment-act and was taken (stolen) from our county forever. At a \$100,000 a year salary it could have hired 40 new employees, at \$50,000 it would have been 80 employees. And all with money that the county already had.

What a waste!

Just for info, Montrose Memorial Hospital employs 650 employees (all criminally clean citizens) with an annual payroll of \$41 million dollars (\$3,417,000 per month) AND the hospital has a net revenue of \$110,000,000.

These numbers are not insignificant to our community, to our medical wellbeing or to the wellbeing of our community. Screw Mayfly. For more info, your county government only controls \$60,000,000 per year and that is taken, that is TAKEN from us. What does this tell you?

Our new commissioners want to fix this B.S. Citizens, please help them.

Bill Bennett, Montrose



Struggling to care for a loved one with dementia or Alzheimer's?

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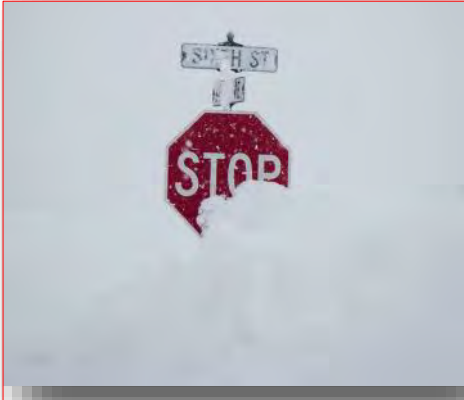
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WESTERN COLORADO SKI RESORTS REVEL IN RECORD SNOWFALL: 'THE SNOW MESSAGE IS VERY, VERY STRONG' From page 1



Crested Butte has received record snowfall over the past week, resulting in a hashtag #burythebutte. Jan. 9 photo by Keisha Rae Curtis.

never, ever, ever, seen snow the likes of which that has and is currently still falling in my hometown of Crested Butte."

A social media hashtag has even been circulating, #burythebutte.

"It has been pretty incredible," Crested Butte Mountain Resort Spokesperson Zach Pickett said Friday. "Today as well; the snow is super soft, great coverage. I think the entire town is pretty much abuzz with excitement over this winter."

Pickett praised Colorado Department of Highways (CDOT) crews for making it possible for travelers to come and ski. "It's a little slower going on the roads, but once they get here, people are ecstatic," he said.

"I never saw this much snow in my life."

In the past two weeks, Crested Butte has surpassed last season's snowfall, he said.

"This is one for the record books."

At Telluride Ski Resort, conditions are also excellent, if not quite as bountiful, said Telluride Ski Resort's Lindsey Mills.

"The snow is great, consistent with last week. And we have another storm on the way—a really nice storm throughout the week, with only day looking like it will be sunny.

"It has been incredible."

Skiers have been very, very happy with the soft, powdery snow, Mills said.

"We have really fantastic terrain, and we will keep opening more. The mountain is running beautifully, and it's nice and empty.

"This is a great place to escape to, and be in the mountains," she said. "Conditions are beautiful and the snow message is very, very strong."

ALL POINTS TRANSIT PUBLIC ROUTE CHANGE MEETING 1/17

Special to the Mirror

MONTROSE – All Points Transit, a 501c3 non-profit organization, will be having a public route change meeting on Tuesday, Jan. 17th. The meeting will be at the Montrose Library, 320 South 2nd Street, from Noon to 1 PM. Transportation to the meeting is available. Call 240-1951 for ride information. "We are eager and excited to inform the public about our proposed route changes," said All Points Transit Mobility Manager, TJ Burr. The public comment period on the proposed changes runs from Jan. 13th-23rd. Call the All Points Transit office at 970-240-1951 to register your comment. "We are here to answer any questions or concerns", said Burr. "Our staff and drivers are ready and trained to make this transition as smooth and seamless as possible. We also have staff ready to provide travel trainings for anyone who may want a ride-along to help guide them in navigating any changes to their customary trips."

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LIBRARY REVENUES ON TRACK, NEW OFFICERS NAMED

By Gail Marvel

MONTROSE-In order to accommodate the schedules of the of the MRLD board the January 2017 meeting was moved to Monday, Jan. 9 at 8 a.m. Two citizens attended and with the exception of Ed Hagins, all board members were present.

Friend of the Library Report (FOL) – FOL does not meet in December, no report.

Librarians Report – Executive Director Paul Paladino.

Paladino submitted a written report to the board:

The district will meet expectations regarding revenues for 2016. Expenses are six percent below projections for the year.

Applications are being received for two open board positions and interviews will be scheduled.

The Libraries of Montrose County Foundation Board will have the annual unveiling event at the library on January 28 from 3-5 p.m. The Foundation Board is looking for three new board members. The FOL are looking for board members as well.

Naturita Branch Supervisor Susan Rice received a \$7,500 grant from the Westmeath Foundation for a robotics project as part of her STEM programming. Because they were impressed with her work the foundation awarded Rice an additional \$2,500 for the project.

The library will upgrade their internal building cabling in order to take full advantage of the fiber optic service to the internet. The project involves removing all cabling from the library side of the complex, which will cause major disruptions for a couple of weeks. The cabling will take place in March or April and Paladino clarified, "We're looking at ways to keep a minimal number of terminals open. We won't be able to keep Wi-Fi and public internet up for maybe five days. We'll try to accommodate patrons as much as possible." Deeply Digital is the vendor for the project.

Action and Discussion Items

Holidays conversion to personal days –

Federal holidays MLK and Presidents Day will be changed to personal days which will allow the library to not only stay open, but will give more flexibility with the limited staff. Paladino said, "The staff really

liked the idea. It will give them days to add to their vacations or take off at a different time of year than January and February." Employees will now have three personal days, rather than one.

Election of Officers – Anne Gulliksen

Newly elected:

President – Emily Schneider

VP – Caroline Evans

Secretary – Ed Hagins (subject to his agreement)

Past president Anne Gulliksen will remain on the board until vacancies are filled.

Committee assignments were made.

Old Business:

The strategic plan draft was submitted. Discussion included core values, goals, and tactical vs. strategic approach. Once finalized the strategic plan will help the board determine the need for a ballot



MRLD Board of Trustees (L to R) Dave Segal, Pam Baer, VP Caroline Evans, President Emily Schneider, Anne Gulliksen (past president) and Executive Director Paul Paladino. Absent Ed Hagins. Photo by Gail Marvel.

issue. Schneider said, "I think we want to start crafting our message whether or not we go for a vote this fall...we need to get our message out. What we want to accomplish may not need a bond issue."

Dave Segal's Civics 101 class, which was proposed to start in January, has been postponed until later in the year.

The next board meeting will be Wednesday, Feb. 1st at 3 p.m.

Many Older Adults Need Our Help... in the most fundamental ways.

- **FOOD:** In the most affluent country on earth, seniors have to choose between food and medicine.
- **SHELTER:** Imagine having to find a decent, secure place to live on an income of \$800 per month.
- **SAFETY:** For older adults, home can often become a dangerous place without proper repairs.
- **SUPPORT:** Sometimes we all need a little help from our friends.
- **CARE:** When living at home is no longer an option, we can help.
- **CONNECTIONS:** When you outlive all of your friends and family, who do you turn to?

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REGIONAL NEWS BRIEFS

MONTROSE MEMORIAL HOSPITAL WELCOMES NEW ADDITIONS TO LEADERSHIP

Special to the Mirror

MONTROSE- Montrose Memorial Hospital is augmenting its leadership team with a new Chief Clinical Officer and Associate Administrator of Finance in 2017 due to planned retirements.

Sue Schreier, currently the Chief Nursing Officer and Vice President of Patient Care and Nursing Services of Mercyhealth in Illinois, will begin her role as Chief Clinical Officer (CCO) at Montrose Memorial Hospital (MMH) January 16. Looking for a position that would utilize her strengths, Sue feels MMH is a great match.

"I have a background that ranges from community health to acute care to building programs," said Schreier. "I am so excited about this opportunity." Sue will be replacing Joan Napolilli, who is retiring in February.

"We're proud to welcome Sue Schreier to our leadership team," said Steve Hannah, MHA, CEO of Montrose Memorial Hospital. "We always look to provide our community with clinical excellence. With Sue's experience and knowledge, we expect her clinical oversight will enable us to continue offering award-winning care."

Currently, Schreier works in Rockford, Illinois for the flagship hospital of a health system with over \$457 million in net revenue and 3,000 employees. Schreier began her career in 1982 with the Visiting Nurses Association, which merged with the health system that is today Mercyhealth.

Having served in various roles and driven clinical excellence in hospital environments of different sizes, Schreier believes her considerable experience will translate well to enhancing care for the Montrose region.

Sue grew up in rural Iowa, and currently lives in a country setting. Noting her and her husband's love for the outdoors, Schreier has always wanted to live in Colorado.



Montrose Memorial Hospital. Courtesy photo.

Montrose Memorial Hospital also welcomes Larry Dupper to a chief financial role. Larry will be the Associate Administrator of Finance (AAF) and work closely with the current CFO, Al White until Al's retirement mid-year. According to Steve Hannah, the timing of the hire should prevent the gap in functions that can often occur when a health organization experiences the loss of a CFO. "Larry has had an extensive career in hospital/healthcare finance and most recently he was the CFO at Valley View Hospital for the past 18 years," said Hannah.

"In addition, I have worked with him in the regional population health initiatives through WHA for the past 3 years and he is well-known in our region."

"I think Steve has a really good program going and I look forward to working with him, the board, and surrounding hospitals as we collaborate to make health care better," said Dupper.

About Montrose Memorial Hospi-

tal (www.MontroseHospital.com)

Montrose Memorial Hospital is a 501(c)3 nonprofit healthcare system serving Montrose, San Miguel, Ouray, Gunnison, Delta, Hinsdale and San Juan counties.

The health system offers a 75-bed hospital and an extensive range of inpatient & outpatient health care services, including cardiology, oncology, minimally invasive surgery, laboratory, medical imaging/radiology, Mountain View Therapy, Level III Trauma Center, Acute Rehabilitation Unit and the family birthing center.

The health system partners with regional providers on joint ventures to meet local healthcare needs, including CareFlight air ambulance service, San Juan Cancer Center and Black Canyon Surgical Center. Montrose Memorial is the second-largest employer in Montrose County, with more than 600 employees and 100 physicians who represent 23 medical specialties.

The hospital has received patient satisfaction ratings exceeding 90% since 2010.



This year, San Miguel Power will award up to \$27,000 in college scholarships to students who are dependents of SMPA members. We award up to 16 scholarships to deserving graduating seniors seeking a college degree or vocational certification.

2017 SCHOLARSHIP DEADLINE IS FEB. 6

AS TEMPERATURES DROP, NEED RISES From pg 1

distributed to those who self-qualify on Thursdays, from 9 a.m. to 11:30 a.m., and commodity boxes are distributed to seniors age 60 and over on Thursdays from Noon to 2 p.m.

Sharing Ministries also serves other organizations that provide food to people in need, including [Christ's Kitchen](#) in Montrose (2305 South Townsend Avenue), which serves meals from 11:30 a.m. to 1 p.m. Monday through Friday. Food for Sharing Ministries is acquired through by purchase from Food Bank of the Rockies and by donations from local groceries, Ryser said.

"All of our donations are put to very good use, and will facilitate feeding our community," she said.

Because many of the resources available to people in need are independent of one another, Sharing Ministries also serves as a clearing house for other programs. "We have packets of information on the River Valley Health Center for healthcare, and on Access Wireless for free government phones," Ryser said. "The fact is there are lots of resources, so if we hear of some-

one with a need we try to direct them to the right place." Humans in need of shelter here in Montrose are no longer directed to the Abraham Connection Shelter in Delta, because the need in that community has become too great. "We were overwhelmed," Cheryl Oeltjenbruns of [Abraham Connection](#) said. "We have been running near capacity."

Today homeless people from the Montrose area are directed to the MADA organization at 17 North 6th Street. From there, they can access transportation to the temporary shelter in Olathe run by Montrose Coalition on Homelessness at the farm workers dormitory run by farmer John Harold.

The condition of homelessness does not take away a person's rights as a citizen, Oeltjenbruns said. "Every community has people who are homeless," she said. "Every community must administer to the needs of its citizens."

A lack of affordable housing in this region and an absence of day shelters force homeless people to keep moving. "There are no day resources," Oeltjenbruns said.

"People get bounced around; they go to the library, and to the rec center.

"This is one more thing to tackle."

For parents with children, bus transport is provided to local schools. "The Delta Schools work really well with us," Oeltjenbruns said. "The bus stops within a block of the shelter; we had a family come in over Christmas, and the kids were able to get to school."

Because it costs \$15.87 per day to shelter an individual for the night, donations are always welcomed.

"Your donation goes directly into service," Oeltjenbruns said. "It does so much more than provide meals and a place to sleep. Our mission is a hand up not a hand out to those in need in Delta County, and we are looking at case management.

Every single person who comes to Abraham Connection for shelter is assigned an individual case manager, she said.

"It looks a little different for everyone."

One reality seems to be nearly universal, however.

"We are all of us just a paycheck away from poverty," Oeltjenbruns said.



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ELECTED COUNTY OFFICIALS TAKE OATH OF OFFICE



On Tuesday, Jan. 10, newly-elected Montrose County Commissioners Keith Caddy and Roger Rash took the oath of office. Montrose County Clerk & Recorder Tressa Guynes was sworn in as well. Clockwise from top left, Roger Rash is sworn in by Judge Mary Deganhart; Keith Caddy takes the oath of office; Tressa Guynes is sworn in; onlookers included friends and family, community members as well as city staff and officials. In the meeting that followed the ceremony, Caddy was appointed as BOCC Chair, and Rash as Vice-Chair.

CITY TO REVIEW VISITOR GUIDE, APPROVE PROJECT BIDS

Mirror Staff Report

MONTROSE-Montrose City Council will hear a presentation on the 2017 official City of Montrose Visitor Guide at the [Council meeting of Jan. 17](#). The City's Youth Council will report to Council as well. Ordinance 2410 will be heard on first reading, to allow liquor tasting permits. Council will be asked to approve bids for replacement of the driving range net at the Black Canyon Golf Course and for de-

sign of the South Hillcrest extension project and Miami Hillcrest Roundabout. Following sales, use and excise tax reports and staff reports, Council will adjourn. Subjects to be discussed at the upcoming Montrose City Council [work session on Jan. 16](#) will include recommendations for City vehicle and equipment purchases; the City's 2017 plan of annexation and three-mile plan; a Hillcrest Drive Subdivision Vacation Ordinance and Quit Claim Deed;

and the urban renewal plan for the Colorado Outdoors Urban Renewal Project. Topics to be discussed at upcoming work sessions will include a Youth Council report on Jan. 17; Urban Renewal Plan for the Colorado Outdoors project and De Novo Hearing for Conditional Use Permit Request will be on Feb. 7. On Feb. 16, Council will hear a fourth quarter report from the Police Department and a quarterly budget review.

MONTROSE GOP CENTRAL COMMITTEE MEMBERS CALL FOR INDEPENDENT AUDIT OF FINANCES

By Gail Marvel

MONTROSE-The Montrose GOP Central Committee has always had outspoken members; however, in recent months it has gone to a whole new level of division, angst and accusations. Of most recent concern is a \$10,000 discrepancy in the local financial reports (\$11,000) compared to reports submitted to the State (\$21,000). Party members' request for an independent audit has been rebuffed, stalled and sidestepped by Chairman Riba. However, members of the central committee forced a vote calling for, and approving of, an audit to begin by the first part of February.

2017 Health Fair Early Blood Draws

Montrose Pavilion
February 1, 2, 3, & 4
6:30-9:30 a.m.

Additional Locations for Early Blood Draws

January 28th
4H Event Center in Ridgway 7:00 - 10:00 a.m.

January 30th
American Legion Hall in Olathe 6:30 - 9:30 a.m.

Appointments may be made online for all three locations at
www.MontroseHospital.com
January 15-26

Phone appointments will be taken January 16-17 from
8:00 a.m. to 4:00 p.m. at 1-888-592-6255

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 - CBC ~ \$20
(complete blood count)
- Vitamin D Screening ~ \$40
- Vitamin B-12 ~ \$40
- Male Testosterone ~ \$45

Health Fair 2017 is
Saturday, February 25

The lines are long, so MMH offers early blood draws to make it more convenient for you.

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REPUBLICAN CENTRAL COMMITTEE MEETING LEAVES QUESTIONS UNANSWERED



Montrose County Republican Party Central Committee Chair Scott Riba conducts business during the Jan. 12, 2017 monthly meeting. Photo by Gail Marvel.

By Gail Marvel

Just prior to the Jan. 12 meeting, Montrose County GOP Central Committee Chair Scott Riba handed out a revised agenda. The meeting began with an invocation and the Pledge of Allegiance followed by the treasure's report.

Treasurers Report - Carla Logan reported a bank balance of \$5,049.68.

Unfinished/Ongoing Business – Riba announced these items would be moved to executive session. No description of the items or justification for executive session was provided.

New Business – Riba discussed the selection of Representative Don Coram to fill the Senate District 6 vacancy. Candidate Marc Catlin was selected to fill the House District 58 vacancy left by Coram's resignation.

General discussion on the selection process: It was brought to the attention of the committee that prior to the vote to fill the vacancy Representative Coram took candidate Catlin around the county giving him a personal introduction to voting members. The other two candidates (Oswald and White) were not afforded the same consideration and the situation had the appearance of preferential treatment. In defense of Coram it was stated that the introductions for Catlin were the day before the vote and did not rise to the level of campaigning for Catlin.

Montrose County Commissioner Glen Davis requested the Central Committee evaluate the Republican Vacancy Committee selection process and who is al-

lowed to vote. "It's unfortunate that elected officials don't get to vote. People are serving in the party and setting at the table, but they can't vote. There should be a consideration for elected officials in the future." Riba said that issue should be addressed at the March meeting.

Elected Officials Report:

Newly elected Montrose County Commissioners Keith Caddy and Roger Rash were in Denver for training.

Montrose County Treasurer/Public Trustee - Rosemary Murphy. A groan swept through the audience when Murphy cheerfully announced, "Tax bills are being mailed next week." On a positive note, foreclosures for 2016 numbered 85, compared to 89 foreclosures in 2015 and 386 in 2010.

Montrose County Clerk and Recorder – Tressa Guynes. Guynes said, "We had an epic election. Post-election, our audit was 100 percent. Two days ago the vitals office received the Five Star Award for the fourth year in a row. Out of 64 counties we are one of two counties to have received the award for the fourth year in a row."

Montrose County Commissioner – Glen Davis. Davis said, "The county is financially in great shape. We're moving dirt for the Indoor Arena and Events Center and the Road and Bridge facility. Construction people are being put to work. The budget is good and day-to-day operations are good. We want to keep that flat-line budget."

No other elected officials were present to give reports.

Committee Chair/Affiliation Reports:

Precinct Coordinator – Dennis Mitchell.

Mitchell said, "We've lost 10 PCPs [Precinct Committee Person], but we've gained seven more." The number of leaders removed from their positions for lack of attendance at meetings was not revealed, "Some remain that haven't been

attending meetings, but I've talked to them and asked them to start attending."

Strategy and Planning – Kay Heinschel. No report.

Events/Fundraising – Deb Hunter. Hunter absent, no report.

Public Relations – Geoff Schram. Schram reported on activities at the Olathe Schools and student interest in politics.

Candidate Support – Dave Frank (absent) resigned and recommended eliminating this committee.

Republican Women – Chair Dianna Coram was absent; however, Tricia Joy gave an invitation to the upcoming inaugural celebration, "DeploraBALL."

Adjournment:

Riba said, "If there are no other issues to discuss the public meeting is adjourned and we are moving into executive session."

There was no motion from floor to go into executive session, no vote taken and at no time did any member in the assembly call for a Point of Order. By all appearances Robert's Rules of Order were abandoned and replaced with Riba's Rules of Order.

Only voting members of the Central Committee, about 35 people, were allowed to stay. Riba said, "We are a private organization and meeting in private. We invite who we wish into the meeting and we ask who we wish to leave the meeting."

According to one audience member it is unusual and irregular to hold meetings, particularly executive sessions, without proper notice and an advanced agenda. Even though there was an abundance of professionals in the room, which included elected officials and seasoned community leaders, no one objected to the authoritative style Riba used to control the meeting. The lack of transparency in the Montrose Republican Central Committee was underscored when *Free Range Report* Managing Editor Marjorie Haun and *Montrose Mirror* reporter Gail Marvel were summarily dismissed by Riba from the meeting.

The Central Committee will hold elections for officers at their February meeting; however, it is unclear whether the election will be held in a public or in executive session.

ISSUE 80 Jan. 16, 2017

ART & SOL

**ELDERADO ACRES U-PICK BERRY FARM TO BE FEATURED
@ WESTERN COLORADO FOOD & FARM FORUM**

Photo courtesy of Elderado Acres U-Pick Berry Farm of Montrose.

By Liesl Greathouse

For anyone interested in agriculture, including farmers, ranchers, gardeners, students, and ag professionals, the 5th Annual Western Colorado Food and Farm Forum on Jan. 20-21 offers information from a variety of speakers on all things agricultural.

According to its website, "The Food and Farm Forum has a wide array of breakout

sessions which convey vital, regionally specific agricultural information in areas including maximizing crop and livestock production, innovative agricultural marketing and management strategies, and specialty crops."

Attendees to the conference often come year after year, so the conference works hard to provide different speakers on different topics each year. One new speaker this year is Jim Elder, owner of Elderado Acres, who will be presenting on 'Berry Good Farming.' The conference website said, "With 30 varieties [of berries] under production, Elderado Acres has a U-pick marketing model. Learn how to design, plant, grow, prune, pick and profit from a berry farm..."

Elder's 50-minute presentation will cover choosing the berries you want to grow, how to lay out your infrastructure, set up a drip system, as well as why berries are a good choice to grow in general. "They are healthy, nutritious and certain demographics are really into [that kind of] healthy, fresh food," Elder explained. "[With a U-pick farm] parents like to take their kids to show them where their food comes from. Kids in town mostly just see

plastic 'coffins' of berries at the store. So it's an educational, family event."

His goal for the presentation is to provide information on how berries can be a good addition to someone's current crops or as a good crop for people with a small acreage. "I think it would be difficult to have a [large] berry farm," he said. "Our farm is 30 acres, but only three acres are berries, however that is still a lot of berries. I want to provide an overall view of what it takes to do a small berry farm. It can take quite a bit to lay out the infrastructure, so we provide pictures and an outline to show attendees what it will take."

The reason that Elder chose a U-pick farm model is to help with the hardest part of growing berries: the picking. "As a grower, berries are not hard," he said. "Once the infrastructure is up and running, you only need to prune, fertilize and train the berries to grow onto a trellis. But it takes a lot of work to pick them, so we found the solution to be a U-pick farm. In the Fall, people come to pick berries and they love it. It's a family event and lots of moms bring their kids out. We get repeat customers all the time. Once someone comes out, they will often come

Continued next page

U-PICK BERRY FARM TO BE FEATURED From Previous page



A U-Pick Berry Farm is a business model that makes people happy. Elderado Acres owner Jim Elder will share secrets of the farm's success at the Western Colorado Food & Farm Forum later this month. Courtesy photos.

out again."

For Elder, his favorite part of putting together his presentation has been reminiscing while pulling photos of some of their customers into his slides. "It's great seeing all the pictures of the smiles on their faces, especially kids with big smiles," he explained. "One picture is of a girl who always wears a cape to pick berries, with a

big smile on her face while pulling a wagon. The end result is happy people who enjoy getting out and enjoying some produce, who may have not had the opportunity [before]."

The deeper importance of the Food and Farm Forum to Elder is helping the local community connect with the importance of locally grown fresh produce. "When

you pick berries yourself, it's on the bush one minute and in your mouth the next," he said.

"In the store, you don't know how old the berries are or where they are exactly from. It's good for folks to support and know the importance of local produce." For more information, visit foodfarmforum.org.

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NEWS BRIEFS: ARTS & RECREATION

THOUSANDS OF COLORADANS TOOK A FIRST DAY HIKE ON NEW YEAR'S DAY 2017



Special to the Mirror

COLORADO-On New Year's Day, more than a thousand Coloradans hiked thousands of miles by taking a First Day Hike in a Colorado state park. Colorado Parks and Wildlife hosted 49 hikes in 27 parks across the state on January 1.

Hikes were offered in a record number of Colorado state parks, representing the largest number of hike opportunities since Colorado started participating in the tradition in 2012.

"Attending a First Day Hike is the perfect way for Coloradans to celebrate the outdoor recreation offered by our state parks," said Crystal Dreiling, park manager at Trinidad Lake State Park, one of the participating parks.

"Every Colorado state park offers something special and I hope to see people continue to take advantage of our public resources in the new year." First Day Hikes are guided activities that offer a chance to start the new year by getting people out for some exercise in nature. More than 1,185 participants attended a First Day Hike in 2017, hiking 4,135 miles total.

The National Association of State Park Directors provides organizational support for the program in multiple state parks nationwide and reported that 1,300 First Day Hikes were offered across all 50 states on January 1, with 61,800 participants covering more than 111,850 miles.

Many parks offered refreshments and free giveaways for this event, such as mugs, caps and ice scrapers, thanks to a grant provided by the Colorado Parks Foundation.

CPW also benefited from the support of 104 volunteers for First Day Hikes. All hikes were led by park rangers or volunteers.

For more information on the activities Colorado state parks offer throughout the year, visit the CPW website.

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Join us Monday January 16 at Sherbino Theater in Ridgway from 5:30-7 pm. Registration is \$10, no materials required but feel free to bring laptops and smartphones.

Register at www.weehawkenarts.org or by calling 970.318.0150



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COMMUNITY NEWS BRIEFS: ARTS & CULTURE

BLUE GATORS CELEBRATE RELEASE OF NEW MUSIC VIDEO JAN. 21

Special to Art & Sol

MONTROSE-You are invited join the Blue Gators at The Turn of the Century Saloon in Montrose on Saturday, Jan. 21st to celebrate the release of their new music video. Sunnyside Productions presents "Who Ya Gonna Call." The Ascending Giants Band will start the evening off playing alternative rock. The Blue Gators will play after the video presentation. Show starts at 6pm, Tickets \$2 at the door.

OBSERVE DUCKS, GEESE & OTHER WATERFOWL WITH AUDUBON SOCIETY

Special to Art & Sol

MONTROSE-The Black Canyon Chapter of the Audubon Society (BCAS) is offering a field trip to observe ducks, geese and other waterfowl on Saturday, 21 January. According to Jon Horn, president of the BCAS and leader of the trip, there will be excellent opportunities to see a variety of waterfowl on several open water areas in the Montrose-Delta area. Horn advises participants to dress warmly, bring binoculars and a lunch as the trip could go into mid-afternoon. The trip will leave the downtown City Market Parking lot by the fuel pumps at 9 am. Anyone interested in bird watching, regardless of experience, is invited to attend and those interested should contact Horn at

jon_horn@alpinearchaeology.com or call [970-209-5404](tel:970-209-5404).


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COMMUNITY NEWS BRIEFS: ARTS & CULTURE

COME PLAY ON THE "MIXED MEDIA PLAYGROUND" WITH KELLIE DAY ON JAN 28 & 29 IN MONTROSE

Special to Art & Sol

MONTROSE-Want to take painting to a new fun level? Golden Art Educator Kellie Day will take you through colorful and playful techniques with multiple fun materials on canvas in an exciting weekend workshop through Weehawken Creative Arts in Montrose at the end of this month. The workshop is called "Mixed Media Playground" and the focus of the workshop is on playing and combining materials to discover new possibilities in painting.

"Mixed Media Playground" with Kellie Day will be offered on Jan. 28 & 29 from 10 am until 3 pm each day. Students will explore the art of collage and creating backgrounds with fun papers on canvas. Additionally, students can expect to learn to integrate paint with collage, patterns and stencils and then explore adding effects with pastels, paint markers, handmade stamps, and other fun materials to create bold, bright, mixed media paintings on canvas.

Instructor Kellie Day said, "The focus of this workshop is on playing with and combining materials to discover new possibilities in painting. Come join me and explore what makes painting joyful for you, or how to stay loose in your style. Develop your unique artistic voice and learn to look for inspiration everywhere. We will have a blast together as you learn more about

the secret of fun mistakes. Let's explore the notion of painting a feeling versus painting for realism. Come play and start the New Year out on an exciting, explorative note!"

Though an accomplished artist, Day started painting seriously when she was 40. Her artistic medium is mixed media on canvas. "I love losing myself in collage, and then sketching an image on top, and then painting over that. I take out all my energy with large, cheap paint brushes or rubber squeegees, and move acrylic paint across my many layers," said Day. "I like how my collage always ends up peeking through the painting. You never know what you might find. It could be a sufi poem, or a saucy romance novel." Day has evolved to be an accomplished mixed media artist who is known for her notecards that are sold at Trader Joe's. When she's not painting, she is raising her son and two rescue dogs and running her graphic



design business, Dayzign Graphics, in Ridgway, Colorado. The cost for this workshop cost is \$180 for the weekend and includes all materials, though students are welcome to bring additional supplies and accents of their own if inspired to do so. Students must register in advance through Weehawken Creative Arts at www.weehawkenarts.org (adult arts classes tab) or by calling Weehawken at 970.318.0150. A minimum number of students must be met in order to guarantee the class, so interested students are encouraged to register several days in advance. More details are available at www.weehawkenarts.org or [facebook.com/weehawkenarts](https://www.facebook.com/weehawkenarts).

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COMMUNITY NEWS BRIEFS: ARTS & NATURE

LYNX MADE FAMOUS ON FACEBOOK FOUND DEAD AT SOUTHWEST COLORADO SKI RESORT

Special to Art & Sol

DURANGO – A lynx that was spotted walking across a ski slope two weeks ago at the Purgatory Ski Resort in southwest Colorado was found dead at the area on Sunday.

Purgatory ski patrol members found the animal on a ski slope on the west side of the resort in the Chairlift 8 area. Colorado Parks and Wildlife has retrieved the carcass and it will be sent to the agency's lab in Fort Collins for a necropsy – the animal equivalent of an autopsy.

A video of the animal walking slowly across a ski run was viewed nearly a million times on social media.

CPW's veterinarians will do a complete evaluation of the animal. It will include an examination of stomach contents, a check for parasites and injuries, an assessment of its internal organs, and blood tests.

Results might not be known for a few weeks. A cursory examination of the carcass by wildlife managers in Durango showed the lynx to be emaciated.

The image of the animal sauntering calmly among skiers and snowboarders drew the attention of CPW biologists. Sightings of lynx are fairly common during the winter, said Scott Wait, senior terrestrial biologist for CPW's southwest region. But after several Facebook videos appeared showing similar sightings of the animal he became concerned.

"The first time I saw it I wasn't entirely surprised because we do get a lot of reports of lynx sightings," Wait said. "But after I saw three more videos of the same animal behaving the same way in the same area I figured that something was wrong with the cat. Wild animals die of various causes just like people do."

Two lynx, a mother and a kitten, were photographed on nearby Molas Pass a week before the sighting at the ski area. Those animals walked calmly along the road as a motorist took photographs.

"We don't want people to think that a lynx is sick every time they see one," Wait said. "Lynx are doing well in Colorado, but face the same challenges all wildlife does."

In 1999, the Colorado Division of Wildlife started a lynx reintroduction program. A total of 218 lynx were transplanted from Canada and Alaska over the next seven years. Since then, multiple generations of lynx have been born. Surveys by CPW biologist show that the population of the large felines is stable.

To read more about lynx, go to the CPW web site at: <http://cpw.state.co.us/learn/Pages/SOC-Lynx.aspx>.

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A&S NEWS BRIEFS: NON-PROFITS & VOLUNTEERS

LIZZY WARD SEATED AS YOUTH BOARD MEMBER FOR ABRAHAM CONNECTION



Delta High School Senior Lizzy Ward has stepped up to serve on the board of Abraham Connection. Courtesy photo.

By Kami Collins

Special to the Mirror

DELTA-The Abraham Connection is excited to welcome a new youth board member to its Board of Directors. The youth seat is the idea of Delta High School senior Lizzy Ward, who will fill the seat until May.

While her seat on the board will certainly look good on college and scholarship applications, the move is more than a resume builder. "My dad's motto was 'God is Good - No one Stands Alone,'" Lizzy said. "I think that second part really speaks to the Abraham Connection and its mission."

She had the idea of serving the shelter and its guests in a larger capacity due in part to her dad, the late Eric Ward, who was the youth pastor at Delta Christian Church and a community volunteer before he passed away suddenly from cancer in 2009.

Lizzy and her two brothers, Adam and Alex, all have big plans for after high school, none of which entail staying in Delta. "I was thinking about my dad's legacy and about how when we're gone there would be nothing left to represent him

and his love of service," Lizzy said. "I wanted something that would continually serve people in his name. I thought about the Abraham Connection, and how I love serving here, and how he would have loved serving here."

She is a member of the DHS Key Club, the youth arm of the Delta Kiwanis Club. Key Club members volunteer once a month at the shelter, preparing and serving an evening meal to the homeless men, women and families who stay at there. Lizzy served as the meal coordinator for the group. There were times when serving at the shelter was chaotic... sometimes other members forgot to bring items for dinner, or didn't bring enough food, or they were late. "Sometimes, by the time I got to the shelter, I was frazzled," she said. "But every single time I left, I felt rejuvenated. It felt good to do that service at the shelter."

From that love of service, the idea of the youth board position was born. She continues to help serve dinner once a month, but wanted to help in a bigger way. In addition, as a senior, she knew her time was limited, so she wanted to create a lasting impact within the organization, so that this fall, another student can step in. The GIG Youth Board Position was created, "GIG" standing for "God is Good," a tribute to her father's servant heart and to his motto.

She said she wanted to help expose students, including herself, to how things work in the real world, versus in a school club, and wanted to learn how businesses and nonprofits are truly operated. "I wanted a more involved, real life experience," she said.

"I want to get other kids excited about what's happening at the shelter." It's also important that youth are exposed to what's happening in their town and get a feel for how to react and address problems within the community, she said.

Plus, many kids are anxious to help, she

said. "There a lot of kids who want to get out and do things, but they don't have a lot of outlets," she said. "This position is a good way for kids to get involved in a non-school sponsored outlet and give back to the community." She also hopes that a youth board member can bring fresh new ideas to the board.

Cheryl Oeltjenbruns, board president for the Abraham Connection, agreed. "Sometimes at our board meetings, we get so bogged down with issues, we get so involved in the nitty gritty and the day-to-day overwhelming sadness of what we're trying to accomplish down there. Lizzy brings a vitality and a youth perspective to the board that is so helpful. Many times, just her questions about why we do things a certain way help us focus and prioritize. She brings a lot of energy to the board."

For her part, sitting in board meetings and discussing policies and procedures that affect people's daily lives was a new insight, she said. "I didn't realize how much the board does outside of this building," she said.

"It was cool to realize that so many people are doing a lot things on a much larger scale."

"Lizzy has a particular way of looking at the world that always seems to involve hope," said Ben Magtutu, one of her teachers at DHS. "She perseveres towards a positive outcome even when others around her have given up. This is such a wonderful sight. What amazes me most about her accomplishments is that she does it all with grace. Lizzy isn't boastful. She doesn't put herself above others. Although we are thankful to have her here, she seems even more thankful to be here. She is truly an amazing leader, student, and human being."

The Board of Directors is excited to have Lizzy come on board and look forward to a great working relationship, Oeltjenbruns said.



NOTES FOR THE JOURNEY...

Exploring Classical Music With Rob Brethouwer

CLASSICAL WORLDS AWAIT THE INTREPID LISTENER

Exploring the world of classical music is like any other new endeavor. If it is perceived as complicated and is a very new thing then the exploration should start slowly and with some ease and comfort. It would be unwise to jump into the deep end of the pool and decide that your personal introduction to the genre is going to be Anton Bruckner's *Symphony No. 5 in B-flat major*. Starting the exploration with this piece will hurt and it will hurt badly and consistently for a good number of days. The goal here is to offer the reader some pieces that are great launching points and will ease the listener into the classical music experience. Pieces that are absolutely fantastic but have become a bit cliché will not be mentioned, as that would be lazy on the part of this writer. Pieces mentioned will include words from straightforward classical music to chamber music and finally to opera.

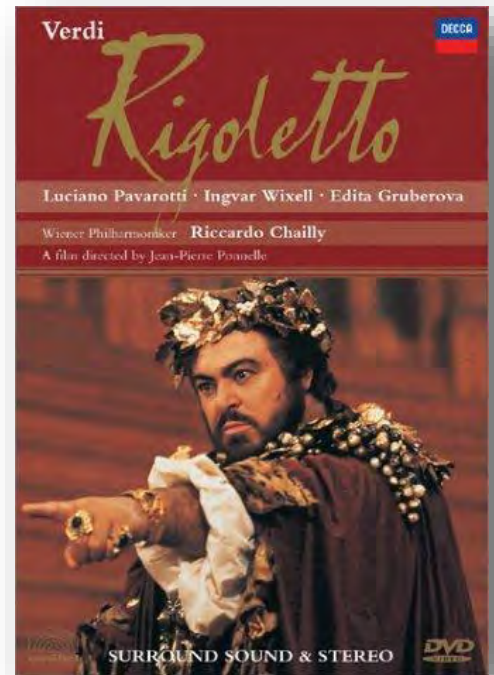
Joseph Haydn composed 104 symphonies and all are easy on the ears and easy to listen to from start to finish without taking a hydration break. The symphonies often have nicknames such as "Surprise" or "Drumroll" and offer the listener with the classic structure of the modern symphony. This is classical music with training wheels although the music is still quite complex. Listening to two or three of these in one day would not be a strain and is a great way of getting the sound of an orchestra into your mind.

A music scholar could spend a career on the piano sonatas of Ludwig van Beethoven. The sonata No. 23 in F minor Op. 57 "*Appassionata*" is a powerful and exciting

piece that catches the ear of a listener. The solo piano sounds like a complete orchestra and offers all of the layers, tempos, and rise and fall in volume that would come in any great orchestral piece. All of the sonatas are not lengthy and can be consumed in one sitting without changing your entire daily schedule. While discussing Beethoven, the piano trios Op. 70 should be mentioned as pieces for the first-time listener. The Op. 70 consists of two trios titled "Ghost" and "Archduke" and if only one can be chosen, it should be "Ghost" as it offers an exciting 1st movement sure to appeal to novice listeners. As a quick reminder, a piano trio is a chamber work for piano, violin, and cello.

The beauty of a melodic line is never more apparent than in Sergei Rachmaninoff's *Piano Concerto No. 2 in c minor, Op. 18*. The simple chords that start the concerto quickly build in tempo and in volume until the entire orchestra and solo piano are at full force. A detailed analysis of this piece has been done in a previous article so a lot of time will not be spent describing the three movements. The central theme of the concerto is a melody that will be in your ear for a very long time. Beautiful, haunting, and infinitely melodic, this concerto is a must listen to anybody new to exploring classical music.

The world of opera offers many works that are great for first time listeners. A simple list is all that is necessary to offer the listener ideas on where to start. These operas are short (for opera, two hours and 30 minutes of music is short) and offer melodies that are easy to remember and



stories that people can relate to. The name of the composer will be provided to aide in finding various recordings. Puccini: *Tosca*, *Madama Butterfly*, and *La Boheme*. Mozart: *The Marriage of Figaro* and *Abduction from the Seraglio*. Rossini: *The Barber of Seville*. Donizetti: *The Elixir of Love* and *Don Pasquale*. Verdi: *Rigoletto* and *La Traviata*.

Starting with these pieces will help ensure that the listener does not become discouraged and will assist in ending the need of so many to describe classical music as "old" and "boring" because it is not understood or has never actually been listened to. Take the time to educate yourself and at least get a feel for what is out there in the world of classical music.

Some things never go out of style.

#montrosemirror

Hold the Date! Upcoming Business and Cultural Events

JANUARY ONGOING-

AWANA EVERY WEDNESDAY: @ Rosemont Church 1598 E Niagara Rd Montrose CO. FREE Awana Clubs for Preschool—6th Grade. EVERY WEDNESDAY beginning January 18, 2017. We will have snacks/meal, certified teachers & tutors. 2:15- 3:30 pm - Homework/Tutoring/Study Time. Middle and High school students are welcome! 3:30- 5: pm - AWANA for Grades Preschool - 6th grade. 5- 5:30 pm - Meal provided for all Awana kids & adults present. Register/more info at 970.249.4887, email: office@rosemontbaptist.org or at www.RosemontBaptist/Awana.

MONTROSE SENIOR CENTER LUNCH & LEARN: \$3 lunch& Learn, admission to program, is free. Lunch \$5. Programs are Dec. 8 and Dec. 12 @ Noon.

FRIENDSHIP FORCE INTERNATIONAL, non-profit organization, was founded and introduced to the world at a ceremony held at the White House on March 1, 1977. FFI provides opportunities to explore new cultures by bringing people together at the personal level. Friendship Force of western Colorado's regular monthly meetings are scheduled for the 3rd Thursday of the month. Meeting location - Red Cross Training Center, 5th and Gunnison in Grand Junction, 6:15 p.m.

SATURDAY NIGHT LIVE @ THE GALLERY • MUSIC BY YOUTH, Second Saturdays from 7 to 9 p.m. at Healthy Rhythm Community Art Gallery in Sampler Square.

THE ALPINE PHOTOGRAPHY CLUB meets every second Tuesday at St. Mary Catholic Church in the St Paul Room, 1855 St Mary's Drive, Montrose. The Public is welcome to attend. For more information, email alpinephotoclub@aol.com.

FREE FAMILY LAW CLINIC-LAST WEDNESDAY OF EVERY MONTH, Montrose County Courthouse (Leslie German self-help center) at 1200 North Grand, Noon to 1:30 p.m. Sponsored by Uncompahgre Volunteer Legal Aid and the 7th Judicial District Bar Association. Call 970-249-7202 for information.

FREE JAM SESSION AND SING ALONG, Mondays from 4 to 6 p.m. at the Montrose Pavilion Senior Center.

MONTROSE HISTORICAL MUSEUM-"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

SNOWSHADOW GYM-Zumba classes with Maria Gonzalez week nights 5:30 to 7:30; Swing dance with Kevin Mears Mondays 7:30 to 9:30 p.m. 535 S. First St. Snowshadowgymnastics@yahoo.com.

MONTHLY-

Jan 18-On Wednesday, Jan.18, local archaeologist and author Steven Baker will trace the 1765 Spanish exploring expedition of Diego Rivera through Southwest Colorado, in an illustrated talk on the route of this historic visit across Montrose and Delta county. Drawing from the translated journals of the expedition, he will present the highlights of the trip and Rivera's observations on the archaeology of the area, as well as research into the location of Roubidoux's 1828 trading post on the Gunnison river near present day Delta. The meeting is at 7 p.m. at United Methodist Church, Baldrige Hall, 19 S. Park Street, Montrose. The public is invited (no charge/donation accepted); new members are always welcome.

Jan. 19-An open house and formal presentation on Thursday, Jan. 19, will review the work completed through the Lower Montrose Brownfields Assessment Grant project. The open house will be from 4 to 7 p.m. at the Proximity Space (201 E Main). A formal presentation will be given at 4:15 p.m. with the remaining time designated for public input. For more information, contact Program Coordinator Erica Weeks at [\(970\) 497-8525](tel:9704978525), or visit the project website at www.cityofmontrose.org/LoMo.

Jan. 20-21-Please join us for the 5th Annual Western Colorado Food and Farm Forum: Healthy Land, Food, People at the Montrose County Fairgrounds on Jan. 20 and the Montrose Pavilion on Jan. 21, 2017. The Food and Farm Forum has a wide array of breakout sessions which convey vital, regionally specific agricultural information in areas including maximizing crop and livestock production, innovative agricultural marketing and management strategies, and specialty crops.

Jan. 20-22-Telluride Fire Festival, Telluride.

Jan. 20-"DeploraBall" Inauguration Celebration on Jan. 20, 2017 from 6pm – 10 pm@ Hampton Inn Montrose. Our community is invited to toast Donald J. Trump our 45th President. Dance to Washington DC Inaugural Balls live. Trump memorabilia and patriotic jewelry available for purchase. Chances to win door prizes included for a \$10 donation per person. Business to formal attire. Please bring an appetizer or dessert to share. Cash bar open during event. Hosted by Montrose County Republican Women.

Jan. 21-Hoop Shoot for Youth Ages 8 to 13 – Saturday Jan. 21, 2017 at 10 am @ Montrose Elks Lodge Gym. The Elks Hoop Shoot is a free throw contest for **all children** aged 8 to 13. The program is free to all Contestants and provides youth an opportunity to compete, connect, and succeed through hard work and healthy competition.

Jan. 21-The Black Canyon Chapter of the Audubon Society (BCAS) is offering a field trip to observe ducks, geese and other waterfowl on Saturday 21 January. Dress warmly, bring binoculars and a lunch as the trip could go into mid-afternoon. The trip will leave the downtown City Market Parking lot by the fuel pumps at 9 am. Anyone interested in bird watching, regardless of experience, is invited to attend and those interested should contact Horn at jon_horn@alpinearchaeology.com or call [970-209-5404](tel:9702095404).

Jan. 21-You are invited join the Blue Gators at The Turn of the Century Saloon in Montrose on Saturday, January 21st to celebrate the release of their new music video. Sunnyside Productions presents "Who Ya Gonna Call." The Ascending Giants Band will start the evening off playing alternative rock. The Blue Gators will play after the video presentation. Show starts at 6pm, Tickets \$2 at the door.

Jan. 27-29-Grand Opening Weekend Montrose Community Recreation Center.

Jan. 28-Montrose Chamber of Commerce Annual Gala, Montrose Pavilion, Cocktail reception @ 6 p.m., Dinner & award presentation @ 7:15p.m., After Party, gaming & Dancing @ 8:30 p.m.

Feb. 6— Montrose Giving Club at the Bridges of Montrose, 5:30 p.m. Quarterly Giving Club meetings for 2017 are scheduled for Feb. 6, May 1, Aug. 7, and Nov. 6, and are open and inclusive to all. For more information contact Hansen @ sue@suehansenspeaks.com or Benziger @ phebenator@hotmail.com.

Feb 11-HRMS Presents "Gabrielle Louise: A Concert for The Heart", Live at Healthy Rhythm Art Gallery (Montrose) 7pm, more information and tickets here • <https://www.facebook.com/events/179631289179722/>.

Give Back Days

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2nd Wednesday: All Points Transit

3rd Wednesday: Black Canyon Boys & Girls Club

4th Wednesday: Valley Manor Care Center

5th Wednesday: Community Options Inc.

(Note: 5th Wed dates are: Mar. 29, May 31, Aug. 30, Nov 29th, 2017)

*After dining, attach the coupon to the bill
and deposit it in the box labeled
"Give Back Days." 20% of your total
bill will be donated to the
designated charity.*

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NOW DELICIOUSLY
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(970) 252-1111 Fax**

*Coupon must be present

Contact the Montrose Mirror:

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Not quite spring...but a bright bottle sculpture at a downtown residence and Cedaredge sculptor Michael Short's "Breakfast for Birds," above, tease local gardeners and others with thoughts of warmer days to come.



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Michele Gad is a Certified DeGiaccio Neuro Art Therapist, who assists individuals with cognitive or mental health challenges to live life as fully and independently as possible. She developed **FAME** in 2010 to better assist her clients. Sessions are specifically designed to meet client's individual needs, goals, abilities, and level of commitment...and have fun!