



THE MONTROSE MIRROR

Issue No. 227, July 3, 2017

HAPPY FOURTH OF JULY WEEK! FRESH NEWS FOR BUSY PEOPLE...WEEKLY ON MONDAYS!

DMEA, ELEVATE NOW SET TO ACCELERATE DEPLOYMENT

By Gail Marvel

REGIONAL- Entities receiving grants and government funding are viewed in a more favorable light when they demonstrate partnerships and buy-in from within a region. While most local organizations are committed to publicly wear a regional-face, when it comes to economic development elected officials, board members and CEO's must first look to the interests of their constituents and members. The economic plight of neighbors (Nucla, Paonia, Delta County, etc.) is of regional concern, but that does not stop the competitive nature of people lobbying for their own community.

Member-owned Delta-Montrose Electric Association (DMEA) and their for-profit subsidiary Elevate Fiber are doing their best to navigate the economic development landscape.

[Continued on pg 7](#)



Owned by the City of Delta, the Municipal Light and Power is a DMEA competitor. Photo by Gail Marvel.

RED, WHITE & BLUE FUN ON THE 4TH!



The newly-renovated Ouray Hot Springs Pool will be ready for soaking July 4, just in time for its 90th Anniversary. Courtesy photo.

By Caitlin Switzer

REGIONAL-How will you celebrate your liberty in 2017? Here in **Montrose**, The Montrose High School Choir will sing the National Anthem at 9:50 a.m. Downtown on Cascade Avenue, followed by the Fourth of July Parade at 10 a.m. According to the City website, the parade begins at the corner of East Main St and North Stough Ave, and from there will head down East Main to North Rio Grande Ave.

On Main Street, the Downtown Development Authority (DDA) presents a full day of live music, food trucks, vendors and family fun. Music will include Donny Morales and Cimarron.

Fans of **Montrose County Sheriffs' Office (MCSO)**'s K9 Oxx can attend his meet and greet and demonstration at Noon with handler MCSO Sgt. Keith Sanders. Other highlights include a one-hour chainsaw speed carve featuring two local

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in this
issue

[Cimarron to play Downtown
Montrose on July 4!](#)

[Montrose County Fair &
Rodeo...Barn in the USA!](#)

[Cemetery Board May be
Solution for Valley Lawn!](#)

[Art Goodtimes...
Up Bear Creek!](#)

GAIL MARVEL'S HOUSES OF WORSHIP: OLATHE BIBLE BAPTIST CHURCH

'Do you Remember Where God Was When We Left Him?'



By Gail Marvel

Jesus said, "For where two or three come together in my name, there am I with them" (Matt 18:20 NIV).

MONTROSE-Attendance numbered about 50 at the Olathe Bible Baptist Church on May 21, 2017. Sonja, Amanda, and Alice quickly offered a hand shake and said hello. While a teenaged-boy played pre-worship music on the organ, another greeted me with a visitor card to fill out.

The eight-member choir, directed by Pastor Gabe Skillo, was accompanied on a baby grand piano. Similar to directing the church choir, the pastor also turned around to face the audience and direct congregational singing and it was incumbent upon participants to be attentive. Those who failed to hold the pastor's extended note could easily find themselves singing solo.

Hymns from the hymnal, in which all verses of the selections were sung, included, "There's Not a Friend Like the Lowly Jesus," "Oh How I Love Jesus," and "Redeemed." Skillo, who is a relatively new pastor to this congregation, enthusiastically said, "Who is redeemed?" and interactively the audience raised their

hands in response.

Promotion for the themed "Cruisin' For Christ" upcoming Vacation Bible School (VBS) included getting volunteers to go door-to-door throughout the town with flyers. Skillo said, "If we don't tell people they won't know to come...but prayer is the number one [way] to get people to come."

Prefacing the collection of tithes and offerings the pastor said, "Try to give thought to weekly giving. It's like trying to move a piano by yourself. The more hands, the lighter the work. If people around the piano give 10 percent of their strength the load is light. Tithes and offerings work to help lighten the load." Appropriately the hymn selection for the offering was, "Showers of Blessings."

Following special music by a soloist, the pastor said, "Someday we're going to have an orchestra — a base, banjo, a guitar. Who plays a guitar?" A man raised his hand and the pastor joked, "John, you just surrendered your life to play the guitar fulltime!"

The sermon, "Finding God," was based on Proverbs 2:1-5. Using himself as an example Skillo admitted that he is known

for losing things — car keys, pens, cell phone. "I bought an expensive pen and hung onto it for a couple of days before I lost it." The pastor now has an app used in electronics to track and ping on lost and misplaced items.

"Sometimes in life it's almost as though we've lost God. He was right there on the kitchen counter, or on the hook by the door. We look for God where we think he should be, but he's not there. You know he can hear you, but you can't find him. Is God under the pillow, or under the couch? We can't figure out how we got off course or remember where God was when we left him."

Similar to the electronic app, people need something to get them back to God. "Sometimes the will of God is unclear. We read the Bible and nothing soaks in." Making application Skillo used the acronym FIND. F - Fascinate yourself with the things of God; I - Interest yourself in knowledge and understanding; N - Navigate yourself in the way of wisdom; and D - Delight yourself in the Lord.

The sermon text contained "if" and "then" statements. For instance, "If you accept my words...then you will find the knowledge of God." Skillo said, "If you say I don't know where God went...let's retrace our steps. When did you lose your fascination, or interest, or navigation?"

Laughter rippled through the auditorium as the pastor concluded, "You may not feel like you need this message, but six months from now, a year from now, you might need this message!"

Contact Info:

Bible Baptist Church

112 Main Street

Olathe, CO 81425

Pastor Gabe Skillo

970-497-0790

Sunday Worship 10:30 a.m.



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Happy 4th of July!

REGIONAL NEWS BRIEFS: CRIMESTOPPERS ALERT

Montrose Regional Crimestoppers
MONTROSE-Montrose Regional Crime Stoppers, Inc. and the Montrose Police Department are seeking the help of citizens to identify and locate the suspect(s) in a series of burglaries within the City of Montrose. During the last two weeks,

there have been multiple residential burglaries within the City of Montrose. In excess of \$3,000 worth of valuables has been stolen. Details and locations vary but officers believe that an older gray pick-up truck has been involved during multiple incidents. Anyone with information about

these crimes may call Crime Stoppers anonymously at 970-249-8500, use the mobile app P3 Tips, or provide information via P3tips.com. Crime Stoppers wants your Information, not your identity. If the Tip results in an arrest, the caller may receive a cash award.

CITY TRASH COLLECTION ADJUSTMENTS AND OFFICE CLOSURES FOR INDEPENDENCE DAY

Special to the Mirror
MONTROSE-Trash collection services that normally occur on Tuesday have been

adjusted for the Independence Day holiday. Trash collection for residences located south of Niagara Road will occur

Wednesday, July 5 and those north of Niagara Road will be served Thursday, July 6.

Alternative trash collection days apply only to customers whose normal collection day falls on Independence Day. All non-holiday collection days will not be affected.

Note that recycling collections that fall on Independence Day will be delayed until Tuesday, July 18.

City offices will be closed in observance of the holiday; however, police officers will be on duty and responding to calls.

Visit CityofMontrose.org/Trash or call [970.240.1480](tel:970.240.1480) for more information about holiday collection schedules and the city's trash and recycling services.

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RED, WHITE & BLUE FUN ON THE 4TH! From pg 1

chainsaw artists.

At nightfall, the City of Montrose sponsors a fireworks display off Sunset Mesa.

July 4 in **Delta County** means [Paonia Cherry Days](#)—the 71st Annual! For the full schedule of events visit

[www.paoniacherrydays.com](#). On the Fourth of July, follow the Cherry Days Parade with a community ice cream social, and events like the cherry pie baking, wood splitting and cherry pit spitting contests. Music includes Jericho, Bobby Walker and the Paonia Cherry Days Allstars, and Let Them Roar.

Paonia Police Chief Neil Ferguson said he has lived in Paonia for ten years and enjoyed every single Cherry Days Festival during that time. The best part? “The community gathering,” Ferguson said. “And getting our surrounding communities together for an event that has gone on for 71 years.

“They’re good cherries too.”

In the City of Delta, the fireworks will take place at Confluence Park at 9 p.m..

In **Ouray County**, Ridgway’s Fourth of July Parade takes place on Sherman Street at 10 a.m., with a movie night in town park beginning at 8 p.m.

A few miles up the road, [Ouray’s Old Fashioned Fourth of July Celebration](#) dates back to the town’s early days, with traditions that have been in place since the 1900’s.

On Monday, July 3, the Ouray Volunteer Fire Department’s Fourth of July Kickoff Concert features Ridgway band Bad Friend. At 7 p.m., the Wright Opera House welcomes a [melodrama](#).

On Tuesday, July 4, the Independence Day Celebration starts at 6:30 a.m. with a Pancake breakfast hosted by Ouray Emergency Services; the parade converges on Main Street at 10 a.m. At 11 a.m., choose from a host of fun activities, including games for the kids at Fellin Park; a Barbecue and Independence Day Karaoke at [Ouray Elks Lodge #492](#); or lemonade and lawn games at the Ouray County Historical Society Museum (420 6th Avenue).

Also, according to a news release issued by the Ouray Hot Springs Pool last week, “Ouray is so delighted to welcome you to soak in the fully renovated [Ouray Hot Springs Pool](#), just in time for its 90th Anniversary! Originally opened on July 4, 1927, the pool has undergone a complete overhaul in the last nine months and is ready

for soaking with new pools, slides, soaking areas, lap lanes, shade structures and even a climbing wall.”

The Ouray Volunteer Fire Department water fight is at 2 p.m. at 6th Avenue and Main Street, and there will be a Jeep Glow at dusk.

If you plan on spending the Fourth of July in **Telluride**, the Fourth of July Parade takes place on historic Main Street at 11 a.m.

According to the [Telluride web site](#), “The sidewalks are packed as locals and visitors cheer for goofy costumes, homemade floats, music, and an airplane fly-over provided by volunteers from the Colorado National Guard.” The Firemen’s BBQ in Town Park follows.

Later on, the Telluride Firemen will host a breathtaking fireworks display that you can observe “from a blanket in the park, while enjoying a cocktail along Main Street, or from the top of the [Gondola](#),” notes Telluride.com. For a brochure with a listing of Telluride area campgrounds and public restroom facilities, [click here](#). As always in Western Colorado, fireworks displays will depend on the weather and current fire conditions.


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DMEA, ELEVATE NOW SET TO ACCELERATE REGIONAL DEPLOYMENT

From pg 1

The nine-member DMEA board, which also serves as the Elevate board, is focused on the entire DMEA service area; however, each board member is elected from their respective district and naturally has a vested interest in their own community.

In the strategic plan for Elevate Fiber, the DMEA service area was divided into 50 zones and fiber cable construction in each zone is driven by pre-registrations. Paonia and Orchard City outpaced other areas in hitting their registration goals and those communities were first to have access to Elevate's fiber network and gigabit speeds.

According to Virginia Harman, VP of member relations, need and interest seem to be the driving force. "We are using the

same marketing steps in each area. We did not go door-to-door in Orchard City...we didn't need to." Elevate has made a deliberate and measured approach in marketing, "We don't want marketing to outpace construction."

Elevate Fiber is a grassroots effort to bring broadband to the region, but the City of Montrose has lagged behind in pre-registrations. Harman noted, "There is a difference in people, volunteers and interest. The turnout for meetings in Paonia and Orchard City would number 100-150, but maybe only 50 would show up for meetings in Montrose. Delta County doesn't have good options [limited service providers]."

This summer there will be a significant market push in Montrose. Cobble Creek/Chipeta Drive (zone 721) is scheduled for construction and three additional zones (418, 425 and 427) are now close to meeting the pre-registration goal.

The City of Delta has entered into a Memorandum of Understanding (MOU) with DMEA and Elevate Fiber. However, the city owned Municipal Light and Power (ML & P) is in direct competition with DMEA. DMEA CEO Jasen Bronec said, "We are in this [fiber] to make a profit and bring it back to the members. We are not in the City of Delta now and the only reason we would go into a non-member area is to make a profit. No marketing has gone to the City of Delta." MOU's are in place with all the municipalities in the DMEA service area, which gives them a presence in those markets.

Recently DMEA and Elevate entered into talks to acquire a local technology company(s). Harman said, "We are in the final stages of negotiations to acquire Deeply Digital and ClearNetworkX. Our legal teams are completing due diligence at this time and we anticipate some assets will be purchased by DMEA, while others will be purchased by Elevate." If successful the purchase would include assets, relationships and obligations.

Bronec said, "We've focused on getting the machine running and the design process is coming together now. It took a whole year to get into place, but we are now in a position that we can accelerate the deployment."

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REGIONAL NEWS BRIEFS

COMMUNITY INVITED TO PARTICIPATE IN INDEPENDENCE DAY

Special to the Mirror

MONTROSE-The City of Montrose Office of Business and Tourism (OBT) is proud to present the annual Fourth of July Parade with the guidance and assistance of the Montrose Police Department and the Lions Club. The OBT is accepting applications for those interested in participating in the parade, which will begin at 10 a.m. on Tuesday, July 4.

All area clubs, churches, organizations, schools, dance/drill teams, and businesses are encouraged to take part in this popular community parade. Registration is re-

quired and must be completed online at CityofMontrose.org/July4. The application includes rules, regulations, street closures, and other event details.

Prior to step off, prizes will be awarded based on the theme (Fourth of July/patriotic), overall appearance, originality/creativity, and crowd appeal. Winners will receive Montrose Bucks: first place - \$50, second place - \$30, and third place - \$20.

The Downtown Development Authority's "Downtown Montrose Fourth of July Celebration" will immediately follow the parade and continue the festivities down-

town until 4 pm. The day's celebration will conclude with a city-sponsored fireworks display from Sunset Mesa at dusk.

"Shooting pyrotechnics from an elevated spot like Sunset Mesa gives the display added height, which makes Montrose's show perfectly situated for viewing in many areas in town and even on the outskirts," said OBT Program Coordinator Stacey Ryan. The display can be seen close up in the immediate vicinity of the Baldridge Regional Park Complex (Riverbottom, Sunset Mesa, and Cerise parks).

RESEARCH TOOLS FOR FINDING THE RIGHT CUSTOMERS

Special to the Mirror

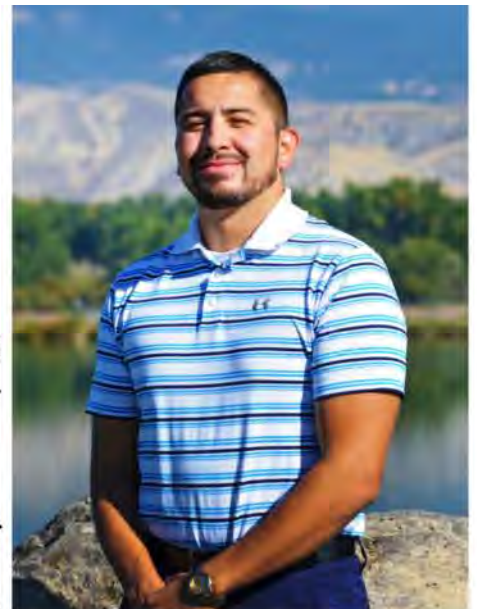
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REGIONAL NEWS BRIEFS

CELEBRATE INDEPENDENCE DAY AT CPW PARKS, LEAVE FIREWORKS AT HOME

Special to the Mirror

DENVER— Colorado Parks and Wildlife invites everyone to come out to their favorite state park to celebrate the Independence Day holiday, but it reminds folks to leave their fireworks at home.

It's a violation of state law to possess or discharge fireworks in any park, outdoor recreation area or on state waters. Fireworks is defined by everything including firecrackers, bottle rockets, fountains and even sparklers. Park rangers will take an especially dim view of fireworks given the high fire danger and risk of wildfire.

While you're enjoying the holiday week-

end remember to do it safely. Colorado Parks and Wildlife joins Operation Dry Water, as part of a nationally coordinated effort to reduce the number of accidents and deaths related to boating under the influence. During this three-day weekend, officers will be on the water reminding boaters about the dangers of boating under the influence and removing boaters who are impaired.

So don't ruin your Fourth of July Celebration by getting a ticket, or worse.

In many parks, such as Cheyenne Mountain State Park in Colorado Springs and James M. Robb State Park in Fruita, sur-



Courtesy photo Colorado Parks & Wildlife.

rounding community fireworks can be viewed from the park. In fact, Cheyenne Mountain is holding a special event "Fun Before the Fourth" on July 2 to coordinate with the fireworks display that night at nearby Fort Carson. The park will host face painting, yucca craft and games like horseshoes, corn hole and lasso, as well as educational and outdoor exploration activities like digging for dinos and discovery boxes.

Activities will continue until 8 p.m. leading up to the Army's fireworks display at 9:30 p.m. at Fort Carson.

James M. Robb is a perfect venue for the Fruita fireworks show on July 3rd. The city sets off the fireworks at dusk from Snooks bottom across the river from the park. Be sure to get your spot early as the park does fill up quickly.

At Lake Pueblo State Park, a full slate of programs is planned with a patriotic theme such as a nature talk about the stars and stripes of some of our crazy critters and a craft opportunity to make a patriotic animal of your own. If you are hoping to camp, you better have made your reservations long ago. Most campgrounds are full for the holiday weekend. To check for vacancies, consult your Colorado Parks and Wildlife's handy park finder online tool: <http://cpw.state.co.us/placestogo/parks/Pages/parkMap.aspx>.

You can get contact information, maps, directions and more to all our parks. You can also find more weekend activities on the CPW Event Calendar: <http://cpw.state.co.us/aboutus/Pages/Calendar.aspx>.

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5th Place: \$10 • 6th Place & Lower: \$5 each incentive for non-placers

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5th Place: \$15 • 6th Place & Lower: \$5 each incentive for non-placers

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REGIONAL NEWS BRIEFS

STAGE 1 FIRE RESTRICTIONS IN EFFECT IN UNINCORPORATED MONTROSE COUNTY

Special to the Mirror

MONTROSE-- As of 12:01 am on July 1, Stage 1 Fire Restrictions will be in effect for unincorporated Montrose County. Stage 1 restrictions prohibit any open burning, all fireworks, and chainsaw operations without an approved spark arrester. All campfires and barbeque grills are prohibited except in pre-approved designated areas such as campgrounds, State Parks, and KOA's. Smoking is prohibited except within an enclosed vehicle or building, or in a developed recreation site. These restrictions shall be in effect until rescinded.

DMEA TO CONDUCT AERIAL LINE PATROL NEXT WEEK

Special to the Mirror

DELTA-- Delta-Montrose Electric Association (DMEA) will be conducting aerial line inspections across the service territory on July 12, beginning at 8 a.m. and lasting throughout the day. The patrol will be conducted by Mountain Blade Runner of Montrose using a helicopter. Work will start in Montrose and the flight pattern will proceed to Delta, Surface Creek, and Cedaredge, then through the North Fork Valley and return to Montrose. Aerial line patrol is conducted annually as part of DMEA's system reliability program which helps ensure safe and reliable delivery of power to homes and businesses across Montrose and Delta counties.

"Our aerial line patrol program allows us to inspect the hard-to-reach lines on our power system. It's more efficient and effective to patrol our mountainous terrain from above, so our crews can scan for damaged or worn equipment. It's an important preventative maintenance tool that lets us identify red flags before they impact service to members," said Troy Hall, Montrose Operations Supervisor.

DMEA linemen ride along with the pilot looking for potential problems with lines and equipment on DMEA's system before they cause power outages. Thermal imaging is also used to identify "hot spots." Excess heat can signify areas that need attention because equipment with even

minor damage or wear will heat up.

In total, DMEA will inspect more than 3,000 miles of power lines across all portions of the service territory. Members may see and hear the inspection process, as the flights are typically low flying to allow for visual inspections. DMEA is a rural electric distribution cooperative, located in Montrose, Colorado. DMEA was originally founded in 1938, as Delta-Montrose Rural Power Lines Association. A board of directors from nine districts covering three counties governs the cooperative. DMEA serves approximately 32,000 residential, commercial and industrial meters, on over 3,000 miles of cooperative owned distribution line.



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REGIONAL NEWS BRIEFS

NEW FOREST FIRE MANAGEMENT OFFICER FOR THE GMUG



The Grand Mesa, Uncompahgre and Gunnison National Forests announce the arrival of CorDell Taylor, top left, to the GMUG Supervisor's Office as the Forest Fire Management Officer. Courtesy photo.

Special to the Mirror

REGIONAL-The Grand Mesa, Uncompahgre and Gunnison National Forests

announce the arrival of CorDell Taylor to the GMUG Supervisor's Office as the Forest Fire Management Officer. CorDell will start work during the week of July 23. He replaces Clay Flower who accepted a position with the Job Corps in Washington D.C. in January.

CorDell is transferring from the Daniel Boone National Forest where he served as the Forest Fire Management Officer for the last three years. CorDell brings excellent leadership skills to the Forest along with vast operations and fuels experience from several different National Forests including the Ashley and Manti-LaSal in Region 4, along with Bureau of Land Management's Price and Battle Mountain Districts.

He is also a six-year veteran of the U.S. Army National Guard's 19th Special Forces Support Company

(Airborne).

CorDell will be moving to Colorado with his wife, Cassie and three children, Mercedes (13 years old), Kiersten (11 years old), and Trey (9 years old). They love being active in the outdoors including hiking and motocross. The family is eager to embark on this new adventure.

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CITY POURS MONEY INTO PET PROJECTS, DEFERS COMMUNITY NEEDS

'Don't throw out all the capital projects just to do maintenance'



The City has made costly improvements to Black Canyon Golf Course since purchasing it in 2014. Photo by Gail Marvel.



Montrose city streets are in disrepair, despite a citizen survey response that established street maintenance as a high priority. Photo by Gail Marvel.

By Gail Marvel
Mirror City Beat

MONTROSE-Deferred maintenance, the practice of postponing maintenance in areas of infrastructure so as to realign budgets or pursue new capital projects, should not be confused with everyday maintenance such as filling street pot-holes.

In the most recent citywide survey (2016), residents placed traffic congestion and street maintenance as high priorities, but the survey results do not reflect citizen's priorities as to maintenance vs. capital projects.

Since early spring the city staff has had conversations in council work sessions about the 2018 budget and it has been suggested that, rather than the yearly budget process, the city switch to a multi-year budgeting format. City staff favors multi-year planning and budgeting to help establish the big picture for capital projects; however, such a format has the potential for the current city council to tie the hands of future elected officials by locking them into a budget in which they had no part.

It's not unusual for one administration to inherit deferred maintenance from their predecessor and during the March 6th work session Public Works Director John Harris addressed capital projects and street maintenance. "We have a lot of plans on the shelf. Our biggest problem is recovering from bad practices of the last 30 or 40 years. We are being proactive

now, which has not always been the case."

City Manager Bill Bell asked for council's priorities on whether the city should focus on maintenance, new capital projects, or a hybrid of the two. Bell said, "I just want your general thoughts. Are you more excited about building new, or doing maintenance?"

Mayor Judy Ann Files, Councilman Rex Swanson and Councilman Roy Anderson appeared to favor capital improvements and Anderson said, "Don't throw out all the capital projects just to do maintenance."

During the April 17th work session Harris said, "My biggest concern is a lot of our failing roads are now capital projects. We've done as good as we can do with the money we have. We are at the point where it's really a dollar issue. How do we maintain roads that are still maintainable?"

At the June 19th work session Harris noted that the more the city falls behind, the more expensive it becomes and a complete reconstruction is the most expensive. He said, "The greatest challenge is funding. The 2017 budget is for \$875,000. In order to just maintain we need \$4.7 M in 2018. We are not on a sustainable path right now for funding maintenance."

The two main capital improvement projects slated for 2018 were the Hillcrest extension and the roundabout near the golf course at Miami and Hillcrest. However,

supporters for that roundabout are now backing away from that project.

For more than a decade city administration and council, past and present, have justified not pursuing the completion of the Grand/Rio Grande extension because the railroad right-a-way (\$6 M) is said to be cost prohibitive.

Likewise, design plans for the extension of 6700 Road continue to gather dust. Harris said, "We have seven or eight [designs] on the shelf and shovel ready."

Bill Bell was hired as Montrose City Manager in 2011 and in the past few years the city administration and city council have found funds (general funds and grants) to purchase the Black Canyon Golf Course, build a second dispatch center, partner with the privately-owned Proximity Space, build a water park and trails, loan money to the Urban Renewal Authority (URA) and make plans to build an amphitheater.

Many costly improvements have been seen at the Black Canyon Golf Course, which was purchased by the city in 2014. In a *Montrose Daily Press* article (June 4, 2017) City Manager Bill Bell is quoted, "The golf course was in major disrepair and there were millions of dollars in deferred maintenance...We knew when we entered the business of golf that it would be at least five years before we got significantly caught up on the capital improvements."



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- DeMar Ice Cream

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Cimarron




SCHEDULE:

9:50AM: MHS Choir (National Anthem) Cascade Ave.

10:00AM: Parade

10:30/10:45AM: (immediately following parade) Western Shoot Out • Uncompahgre Ave.

10:45AM - 12PM: Donny Morales (Band) Cascade Ave.

12:00PM: Sgt. Sanders & Deputy Oxx Meet & Greet/ Demo • Cascade Ave.

12:30PM: Shoot Out • Uncompahgre Ave.

12:45PM - 1:30PM: Chainsaw 1Hour Speed Carve (Ken G. Braun Jr. & Joe Wenal) • 500 Block

1:45PM: Chow Down Dog Food Eating Contest Cascade Ave.

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38 LOCATIONS FROM DENVER TO DURANGO

MONTROSE COUNTY EMERGENCY MANAGER CALLS FOR CONSISTENT AMBULANCE DISTRICT REQUIREMENTS



**Montrose County
Emergency Mgr
Don Angell.**
Courtesy photo.

By Caitlin Switzer
MONTROSE-When Montrose BOCC Chair Keith Caddy arrived 20 minutes late for a special County meeting on June 29, he was just in time to call for its adjournment. Commissioners Roger Rash (acting as chair) and Glen Davis had moved through a full agenda in just 21 minutes and 48 seconds.

No members of the public offered comment, and the Consent Agenda was approved unanimously.

The BOCC approved General Business Item No. 1, County maintenance activities for segments 200-59.60 of Old Paradox Road.

Commissioners also approved renewal

applications for the Norwood Fire District Ambulance and Paradox Fire Protection District, contingent upon those entities acquiring insurance coverage sufficient to meet the requirements of Montrose County. The County requires coverage of \$1 million per single occurrence with \$3 million aggregate coverage, County Attorney Carolyn Clawson said, while Norwood Fire District Ambulance and Paradox Fire Protection District have coverage of \$1 million per single occurrence with \$2 million aggregate coverage.

"Is there any reason this was submitted without the proper coverage?" Acting BOCC Chair Roger Rash asked County Emergency Manager Don Angell. "We have a new EMS Chief," Angell said. "The previous EMS Coordinator Reg Vickers left the position and left this open." Prior to approving the renewal applications, commissioners granted 45-day variances for the districts to correct the levels of aggre-

gate insurance coverage.

General Business & Administrative Agenda Item 4, approval of the Delta County Ambulance District's renewal application for license and permits for six ambulances to operate in Montrose County, was pulled for performance. "We don't have all the documents," Angell said. It was noted that Delta County Ambulance District does not provide direct service within Montrose County, but does offer mutual aid.

Angell also said that requirements for ambulance and emergency service provides should be consistent.

"These ambulance entities have different requirements...I would like to see a consistent set of requirements between us. I believe as a region we need to work together; we are each other."

Commissioner Roger Rash expressed support. "Anything we can do to help, we will. We appreciate your efforts."

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REGIONAL NEWS BRIEFS

SECRETARY OF STATE RESPONDS TO REQUEST FOR PUBLIC VOTER FILES

Special to the Mirror

DENVER -- Colorado Secretary of State Wayne Williams said last week that his office will release voter information that is public under state law to a presidential election commission that asked for "publicly-available roll data," but will withhold data that is confidential.

Williams received a letter on Wednesday, June 28 from the [Presidential Advisory Commission on Election Integrity](#) signed by vice chairman Kris Kobach, the Kansas secretary of state. The commission was created by President Donald Trump in 2017. The commission contacted secretaries of state and election officials nationally for publicly-available election information from their states to help the commission

"fully analyze vulnerabilities and issues related to voter registration and voting." He also asked for publicly available voter histories, overseas voter histories and such.

"We will provide publicly available information on the voter file, which is all they have asked for," Williams said.

State law requires the office to provide a copy of the voter registration list upon request. The publicly available list includes the full name, address, year of birth, political party and vote history of persons registered to vote in the state. It does not contain personally identifiable information such as Social Security numbers, driver's license numbers, or full dates of birth -- and that information will

be withheld from the commission.

The commission also sought the "views and recommendations" from secretaries of state across the political spectrum on seven specific issues, including whether they have evidence of voter fraud or registration fraud in their state, how the commission can support election administrators with regard to information technology security and vulnerabilities, and how voters can be protected from intimidation or disenfranchisement.

"We are very glad they are asking for information before making decisions," Williams said. "I wish more federal agencies would ask folks for their opinion and for information before they made decisions."

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CEMETERY BOARD COULD BE AN ANSWER FOR VALLEY LAWN

Mirror Staff Report

MONTROSE-When Eckert resident Arlene Jones addressed the Montrose County Board of Commissioners (BOCC) on July 18, 2016, Jones expressed concerns over the dilapidated state of the Valley Lawn Cemetery on Highway 550. "I was wondering...I am concerned about Valley Lawn Cemetery," Jones said, and asked that the County consider creating a special district so that those with family interred at Valley Lawn could keep up the grounds and the memorials themselves.

Nearly a year later, the private cemetery operated by Rose Memorial Parlour (505 South Second Street) continues to generate complaints and concerns from those who have family members buried there.

Last month, Glenda Fox-Allies told the *Mirror* of being banned from Valley Lawn when she complained that Rose Memorial Parlour owner Matthew Boyle had not completed services for which she had already paid him. Following publication of an article about Fox-Allies' concerns, Boyle unleashed a rambling series of shocking, accusatory emails concerning Fox-Allies to the *Mirror*. Still, Boyle has not offered to refund her money or complete the work



Rose Memorial Parlour. Mirror File Photo.

as agreed.

In the end, the ones with power to fix this situation are those who have loved ones in the Valley Lawn Cemetery, Montrose County Commissioner Glen Davis told the *Mirror*. Davis was on the BOCC at the time of Jones' complaint, as well as on Nov. 7 of 2016, when the BOCC voted unanimously to cancel past liens for back taxes (incurred under previous owners) against the Valley Lawn Cemetery in the amount of \$90,367.33 to give the operation a fresh start.

"There's nothing we can do; our hands are tied," Davis said. "The cemetery has been a private deal from the word 'go;' anybody can put in a cemetery. It tugs at



Valley Lawn Cemetery. Mirror File Photo.

your heartstrings; when you go out there, you see a lot of the old Montrose names, influential people.

"Somebody needs to be mad enough to do something."

A board formed of those who have an interest in maintaining the cemetery could make a difference, he noted. "It needs a private board of directors, made up of people with family there. It takes time to do the research, and put it together. But they could get a board together, write letters, and go after control of the cemetery. And they could form a cemetery district once they got control. "It could be a beautiful cemetery," Davis said.

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REGIONAL NEWS BRIEFS

ABOVE AND BEYOND: TELLURIDE REGIONAL MED CENTER REDESIGNATED AS LEVEL V TRAUMA CENTER

Special to the Mirror

TELLURIDE-Having found zero deficiencies, the Colorado Department of Public Health & Environment has re-designated the [Telluride Regional Medical Center](#) as a Level V Trauma Center.

According to a letter sent to John Gardner, the medical center's CEO, after an on-site review last month, the department's reviewers "noted no deficiencies and no items met with reservations at the review."

The letter went on to indicate that "under most circumstances," reviews of Level V Trauma Centers would uncover findings and recommendations to be presented to a Designation Review Committee.

Strengths of the Telluride Regional Medi-

cal Center's emergency services, listed by the state included, the administrative staff; the "highly invested," Medical Director of Emergency & Trauma Services, Dr. Diana Koelliker; the "huge strength," of Trauma Nurse Coordinator, Melissa Tuohy, who "keeps the program working like clockwork"; local partnerships with EMS, ski patrol; and community education efforts.

The culmination of attributes, according to the letter, amount to a Level V Trauma Center that is "above and beyond."

"Our Level V Trauma Center designation saves lives," said Gardner. "It's what allows us to receive patients transported by ambulance and stabilize seriously injured or ill patients, when they would otherwise be transported to hospitals more than an

hour away."

The Telluride Regional Medical Center first earned its trauma designation in 2005. Reviews of trauma centers are administered by the Colorado Department of Public Health and Environment once every three years. Their survey includes a detailed review of policies and procedures, qualification of staff and a review of trauma patient charts to evaluate how care is provided to trauma patients.

Trauma Centers risk losing their designation if the state finds a number of deficiencies. "The aim of our Emergency Department team is to reduce the incidence and severity of injury, and improve health outcomes for patients," said Gardner. "It's a personal mission for all of us here - and it shows."

MONTROSE COUNTY FAIRGROUNDS



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REGIONAL NEWS BRIEFS

VOTERS ELECT BERRY, OUPADIA AND GILBRIDE TO SERVE ON MOUNTAIN VILLAGE TOWN COUNCIL

Special to the Mirror

MOUNTAIN VILLAGE- Candidates Patrick L. Berry, Paul Oupadia and Jack Gilbride were elected to Mountain Village Town Council Tuesday, June 27. They will join current council members Dan Jansen, Laila Benitez, Dan Caton and Bruce MacIntire who were not up for re-election. The newly elected council members will serve four-year terms.

Of the 930 mailed Mountain Village ballots, 409 were cast either by mail or in

person for a 43.98 percent voter turnout. The newly elected council members will be sworn in at the July 25 Mountain Village Town Council Meeting.

Subsequently, members of Town Council will appoint the position of mayor and mayor pro-tem.

THE NUMBERS

Listed in the same order as they appeared on the ballot, following is the number of votes each candidate received.

Paul Oupadia: 170

Suse Connolly: 86

Marla Meridith: 20

David Schillaci: 90

Jack Gilbride: 157

Angela R. Pashayan: 83

Natalie Binder: 148

Richard Child: 35

Jonathan Greenspan: 127

Patrick L. Berry: 178

For more information about the election results, contact Town Clerk Jackie

Kennefick at mvclerk@mtnvillage.org.

SAR RESPONDS TO MEDICAL EMERGENCY ON TELSKEI BIKING TRAIL MONTROSE MAN, 50, COULD NOT BE RESUSCITATED

Special to the Mirror

TELLURIDE-San Miguel County Sheriff's Deputies and Search and Rescue (SAR) personnel responded with Telluride EMS to a 911 call Sunday afternoon for a mountain biker "not breathing" on a bike trail in the Telluride ski area.

The 50 year-old Montrose man was mountain biking with his wife on the Prospect Trail loop when his wife stated that he slumped forward on his bike and fell to the ground. She immediately called 911.

Other mountain bikers in the area (just east of the bottom of Lift 11) came to assist and CPR was initiated. SAR personnel and Telluride EMS attempted to resuscitate the man but were unable to.

Deputy Chris White said, "We always want to see a better outcome and are sorry for the family's loss." Deputy White also wants to thank the many civilian bikers in the area who came to assist. "We had a lot of people do everything they could to help, from helping responders locate the scene, to performing CPR, and anything and everything we asked them to do."

HABITAT: MOONSHINER'S BALL TICKETS NOW ON SALE

Special to the Mirror

MONTROSE – MuuMuu's, loud prints, sail-or uniforms, and the sweet summer chords of the ukulele, just another summer night in Montrose, right?

Not quite, but Habitat for Humanity of the San Juans does intend to make August 19, their 5th Annual Moonshiner's Ball, one of the most memorable nights of the year with their theme Vintage Aloha!

Each year the organization hosts a new spin on their Moonshiner theme and invite the entire community to eat, drink, dance and support their mission to build

and repair homes in the region. The Moonshiner's Ball, sponsored by Bank of Colorado, will feature gourmet cuisine by Yellow Carrot, a silent auction, music and authentic Polynesian dancing and music by Denver based Kalama Polynesian Dancers, a live auction variety show, and a full bar!

"Think 1920's Hawaiian Luau and prepare to have your coconuts shaking and grass skirts swinging, because this will be the bee's knees gathering of the season," said Habitat Executive Director, Colleen Burke.

The Moonshiner's Ball is Habitat for Hu-

manity of the San Juans' biggest fundraiser of the year. Proceeds benefit the locally owned and operated affiliate of Habitat for Humanity International. The organization serves Montrose, Ouray and San Miguel counties and is currently planning new construction on triplexes in both Montrose and Ridgway, which will bring their total new home construction to 58 homes since 1991.

For more information and tickets for the Fifth Annual Moonshiner's Ball at the Habitat Barn, visit buildinglives.org. This event will sell out.

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ISSUE 103 July 3 2017

ART & SOL

MONTROSE COUNTY FAIR 2017: BARN IN THE USA



Courtesy Photo Montrose County Fair & Rodeo.

By Caitlin Switzer

MONTROSE-The theme for 2017 is "Barn in the USA," and as always, the programming, animals, and the world class entertainment are sure to delight. The Montrose County Fair & Rodeo takes place July 21-30 at the Montrose County Fairgrounds.

New for 2017 is [online ticketing](#) that makes it easier to enjoy multiple events at an affordable price, Montrose County Fair & Rodeo Events Coordinator Stoney Field said. "We're creating (ticket) bundles," Field said, noting that attendees may be encouraged to attend more ticketed Fair

events because they are getting a bargain price.

"You can buy online tickets for all events, where in the past you had to bring cash for different things. You can get tickets for the Friday and Saturday rodeos and Moto Mayhem all at one price, \$35.

"The idea is to put more butts in seats."

Bringing fresh excitement to the County

Fairgrounds this year will be July 29 concert headliner Emerson Drive and opener Jeneve Rose Mitchel; Magician Kaden Bart Rocket; the Dodge Ram Sponsored Rodeo; and yes, there is a even a dessert contest, to be held Sunday July 23 at 3 p.m. in the Main Hall.

"A whole bunch of people have asked for a dessert contest," Field said. "This year, we decided to go with it."

For those on a tight budget, free entertainment also abounds during Fair Week.

The extremely popular and highly competitive Fiddle Contest takes place at Noon on July 23, a perfect afternoon for anyone

who enjoys great music.

As always, [some days have themes](#) during Fair week.

Dog Day will be July 22, with fun events such as a dog costume contest, doggy photo booth, and Silly Dog Tricks. Monday, July 24 will be **Kids' Day**, as the animal check-in begins. Expect all kinds of fun things for the kids, from Hypnotist Chris Mabry to kids' cupcake decorating, a sidewalk art contest, kids' crafts, a kiddy tractor pull and even a diaper derby.

Bacon Day is Tuesday, July 25. The beard and mustache contest returns, along with Paint the Pig, Bacon Eating and Whistling contests, and best of all, the day includes a Bacon Donut Breakfast.

Wednesday, July 26 will be **Community Day**. The 2017 Fair Royalty will be crowned, and the Montrose Chamber of Commerce Redcoats will host a BBQ on the grass at 4 p.m., with live music, a pie eating contest and a petting zoo.

At 6 p.m., Community Night in the Arena includes high-energy events like steer riding, calf riding, Muttin' Bustin' and Catch a Calf Scramble.

Thursday, July 27 is **Sweet Corn Day**, and you bet there will be corn shucking and corn eating contests. See the cat and

Continued next page

MONTROSE COUNTY FAIR 2017: BARN IN THE USA

From previous page

and pocket pet shows, along with crowd pleaser events like the 2017 Royalty Gymkhana, in the evening.

Though Friday, July 28 does not have an official theme, the day is action-packed, complete with **Moto Mayhem** in the are-

na at 5:30 p.m.

Saturday, July 29 is Buyers Day, with Kids Activities and crafts, and an Ice Cream Eating Contest in the Hall during the Junior Livestock Auction (in the show ring) at 1 p.m. The **Saturday night concert with**

Emerson Drive and Jeneve Rose Mitchell begins at 7 p.m. in the arena. Tickets are \$25 at the gate, and \$20 purchased in advance. "We really want folks to come out," Field said. To learn more visit the [Montrose County Fair & Rodeo online](#).

REGIONAL NEWS BRIEFS

ARCHAEOLOGIST TO REVEAL UNTOLD STORY OF EARLY EXPLORER

Special to Art & Sol

OURAY-The names Dominguez and Escalante are familiar to many western Coloradoans but fewer people know of the Spanish explorer who preceded their expeditions in the Delta and Montrose County areas.

In 1765, Juan Antonio Maria de Rivera led two expeditions into the Ute Indian territory of western Colorado.

Archaeologist Steven Baker will present "Juan Rivera's Colorado, 1765," Tuesday, July 11 at Ouray's Wright Opera House at 7:30 p.m.

Although Rivera's expeditions involved a quest for native silver, their primary purpose was ethnological investigation of the "Legend of Teguayo."

Teguayo was an unexplored land in Utah, far north of the Spanish colony of New Mexico. According to Native American legend, a strange kind of heavily bearded people, who appeared European, were said to inhabit the land. Rivera was sent by Spanish authorities to investigate those people in case they were Frenchmen or Russians encroaching on Spanish territories.

Baker will describe Rivera's routes that included Disappointment Valley, Dry Creek Basin and a tight part of the Dolores River Canyon that nearly trapped the men, their horses and mules. Eventually they reached Roubideau Canyon, where

Rivera's name is carved on a cliff face. Leaving the Gunnison River, the party traveled south to present-day Montrose and Colona.

Although Rivera never made it to Teguayo, Fathers Francisco Dominguez and Silvestre Velez de Escalante completed his failed mission in 1776. They found and reported on the strange-looking men of Teguayo.

The fathers carried a copy of Rivera's journal, which has long served as a primary historical source.

"The Rivera expeditions were unique and one of the last great untold stories of North American exploration," says Steven Baker, who researched the Rivera expeditions for 25 years. "Rivera's journals offer the first meaningful descriptions of our great Centennial State and its Ute and Paiute speakers."

Baker is founder and president of Centuries Research, Inc., of Montrose. He is certified by the Society of Professional



Archaeologist Steven Baker will present "Juan Rivera's Colorado, 1765," Tuesday, July 11 at Ouray's Wright Opera House at 7:30 p.m. Courtesy photo.

Archaeologists and works as an ethnohistorian and archaeologist specializing in the American Victorian and protohistoric Native American cultural contexts. He is the primary author of *Juan Rivera's Colorado, 1765: The First Spaniards among the Ute and Paiute Indians on the Trails to Teguayo*.

Evenings of History are presented by the Ouray County Historical Society Tuesdays through August 8. Admission is free for members, \$5 for non-members. Doors open at 7 p.m.

COMMUNITY NEWS BRIEFS

DISTRICT 3 INDIVISIBLE COLORADO 2017 SUMMIT ANNOUNCED

Special to Art & Sol

RIDGWAY-As a resource hub and action platform for Colorado's third congressional district, D3 Indivisible Colorado is thrilled to announce the first ever D3 Summit, taking place this summer in beautiful Ridgway, CO. The Summit will offer instructive workshops and guest speakers, and will host a special panel that includes at least three current and potential candidates for Colorado's 3rd Congressional District seat in the 2018 elections.

The 2018 elections are right around the corner and D3 Indivisible Colorado is working hard to find and vet candidates for a seat in the US House of Representatives. A full panel of contenders for Colorado's 3rd Congressional District race will be in attendance on July 21st, including Ophir resident, Bob Baer, Chris Kennedy from Grand Junction and Diane Mitsch Bush out of Steamboat Springs.

Bob Baer is an American author and for-

mer CIA case officer who was based primarily in the Middle East throughout his long career. As well as being *Time's* intelligence columnist, Mr. Baer is a frequent commentator and author on issues pertaining to international relations, U.S. foreign policy and espionage. He has contributed to *Vanity Fair*, *The Wall Street Journal*, *the Washington Post*, *the History Channel* and *CNN*. Baer has also written several books including "See No Evil" and "Sleeping with the Devil," which were the basis for the Academy Award-winning film, *Syriana*.

Candidate Chris Kennedy was elected to Grand Junction City Council in 2015. He owns Kennedy Telecommunications Services, LLC, and hopes to help the region become "technologically innovative, economically diverse and a must-see destination." Following a career in the military, Chris began his path in technology. His priorities include infrastructure, fairness

to all businesses, support for the arts and support for improving education, among others. Mr. Kennedy is also an accomplished tenor sax player, graduating from Berklee College of music in Boston, MA.

Diane Mitsch Bush is currently a State Representative for Eagle and Routt Counties and has held this post since 2013. She has focused on: the expansion of economic and educational opportunities for District 26, increasing funding for schools, helping small businesses grow and creating jobs, renewable energy and protecting the environment via air and water quality, wildlife habitat and public lands. Additionally, she has worked to improve infrastructure by creating state tax incentives for affordable housing, increase funding for highways, and bring high speed broadband to rural areas.

The D3 Summit is slated to be the first public meeting to bring these potential candidates together. Congressman Scott Tipton, who currently holds the CD3 seat, has also been invited. In addition to the panel, there will be at least one, and hopefully several, Colorado gubernatorial candidates in attendance, as well as current and former elected officials, Latino, environmental, and LGBT community organizers, journalists, and other guest speakers.

Summit participants will also have the opportunity to take part in a suite of trainings led by accomplished organizers.

The Summit begins at a "Meet + Greet" on Thursday night. Immediately following, participants are encouraged to head to Hartwell Park for Ridgway's free Concert Series featuring the musical talents of Eilen Jewell and Carrie Rodriguez, and presented by the Town of Ridgway and Pickin' Productions. On Saturday, local D3 members will take out-of-town guests hiking and biking, to share the treasures of the San Juans and to create further opportunity for discourse.

Advance registration for the D3 Summit is required. The last day to register is July 16, 2017. Lodging assistance will be provided on an as-needed basis.

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Elevate is bringing the **BEST** internet to town!

What is Elevate?

Elevate is a new broadband internet solution provided by DMEA. Since 1938, DMEA has provided Delta and Montrose counties with essential electric services, even in remote rural locations. Over the past few years, our members asked us to investigate the option of providing high-speed internet. We listened and launched Elevate Fiber—providing the fastest and most reliable internet speeds in our area.

Why fiber?

Fiber is known for being “future-proof”, meaning the fiber we install today will be able to handle increased data loads as the need for more and more speed grows. Fiber technology makes it possible to deliver speeds up to 1 Gig (1,000 Mbps, megabits per second)—this is 100x faster than what the average home or business can get currently. Fiber is more reliable than other types of networks, less prone to interference and complications from lightning and other natural elements. Fiber also tends to raise the property value of homes by 3-5%.

How do I sign up?

Preregister for service at join.elevatefiber.com, call 877-687-3632, or stop by one of our local DMEA offices during regular business hours and we would be glad to help you.

The preregistration process is in place to assist us in deciding where to build. Once a community meets the set goals we will communicate a build timeline to all those interested in service. Construction will begin by building the network in the community, followed by bringing fiber to actual homes and businesses. Once we have the fiber to the home or business, we will schedule an install to actually install the service inside the home or business. Installation will include all wiring and a powerful WiFi router.

Need more information?

Just stop by our Customer Experience Center at the Montrose DMEA office. Here you will be able to test a 1 Gig connection, ask questions, play with some of the latest technology gadgets, and preregister for service. Or visit join.elevatefiber.com and check out our FAQ guides.

► 100 Mbps for just \$49.95/mo.



NOTES FOR THE JOURNEY...

Exploring Classical Music With Rob Brethouwer

MYSTERY CONTINUES WITH SERIAL FICTION INSTALLMENT...

...Olivia immediately decided that she was going to pursue this mystery, as she was already too involved to back out. The clues left in the score of the *Symphonie Fantastique* were simply too obvious. Hoping that there were connections already in place, Olivia asked the Chief Librarian if he knew anybody in Brussels, Berlin, Paris, Prague, or Tokyo that had connections to orchestras or music libraries. The request was made and Olivia immediately turned her attention to her duties. After all, she still had two more days left in New York City before her time at the Metropolitan Opera came to an end.

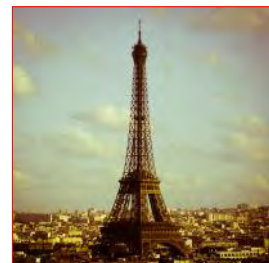
Between her regular tasks of pulling scores for upcoming concerts, placing scores on stands pre-performance, checking the bowing markings, and generally keeping the library in order, Olivia would go back to the marked score where the clues were found. After much investigation nothing else was found beyond the names of the five cities. The things that had happened in a short period of time told Olivia that there was much more to the situation and that it all could not be a coincidence. The taxi driver, the under-

ground stone room, the mysterious man in the library and within the bowels of the opera house. The mysterious meeting and warning, and the notes left with the Berlioz score. All pointed in a certain direction although that direction was not yet clear. Olivia felt as if she had been chosen for this task and that she must somehow see it through to its conclusion. With only a day left at the Met, Olivia had not yet heard back from the Chief Librarian about any connections he may have in Europe. During lunch, she wrote in her journal about what had already transpired and what the next stop might be. The element of danger was ever present, which told Olivia that someone did not want her to find out certain information. The mystery at hand--a lost or never found secular manuscript--was directly related to her graduate work at Harvard. Someone was aware of her work as they approached her soon after she arrived in New York City and gave her a verbal warning. The current unknowns were the reason behind her abduction and why she was taken to the underground room; what the connection was to the taxi driver; and who was the man she had seen in the library stacks

and had pursued to the underground levels of the opera house. What was known was frightening, and what was still unclear made the entire thing that

much more confusing. Olivia felt that the leads and her time at the Metropolitan Opera were both coming to a close.

On the morning of her final day, Olivia received word from the Chief Librarian that his colleague at the Paris Opera was offering her a chance to spend time in that library for a period of one week. She would be provided full access, a small stipend, and support from library staff. All she would need to do was make her way to Paris within three days. The choice was clear and the mystery had to be pursued. With the last of her available credit card limit she purchased a ticket from New York to Paris. The pursuit of answers was more important than a little credit card debt. Debt could be paid off, but the answers she was seeking were far more elusive and important.



Struggling to care for a loved one with dementia or Alzheimer's?

Dementia Care – Validation Support Group
Meets the 2nd Thursday of every month
2:00 – 3:00 pm

Bring your loved one and activities will be provided while we meet.

Our group is open to anyone wanting to learn more about dementia or Alzheimer's disease, caregivers taking care of a loved one at home, or friends and family members who want to lend extra help from time to time.

Valley Manor Care Center Memory Care Community
1401 South Cascade Ave., Montrose

Led by Brandi Garcia
Certified Dementia Care Validation Instructor

970-249-9634 or 970-275-6115

Email: bgarcia@voa.org



GROW WEALTHY...BUILD HEALTH & WELLNESS!



Michele Gad is a Certified DelGiacco Neuro Art Therapist and runs a business, Focus, Attention, Memory Exercises (F.A.M.E.)

It's difficult for me to believe it's already July and we are already halfway through 2017! July is a great month, starting with Independence Day and fireworks, as well as a time for enjoying the abundance of delicious, locally-grown produce from our farmer's market, roadside stands and various grocers. It is also the month chosen to raise awareness about hepatitis with July 28 designated as World Hepatitis Day. If you just rolled your eyes and are considering skipping this month's article, please think again because this disease is not only serious but approximately 4.4 million Americans are currently living with chronic hepatitis B and C. According to the Center for Disease Control (CDC) many more people don't even know they have hepatitis. Could you be one of them?

Hepatitis refers to an inflammatory condition of the liver. It's commonly caused by a viral infection, but there are other possible causes of hepatitis. These include autoimmune hepatitis and hepatitis that occurs as a secondary result of medications, drugs, toxins and alcohol.

Your liver performs many critical functions that affect metabolism throughout your body, including: bile production, which is essential to digestion; filtering of toxins from your body; excretion of bilirubin (a product of broken-down red blood cells), cholesterol, hormones, and drugs; processing of carbohydrates, fats, and proteins; activation of enzymes, which are specialized proteins essential to body functions; storage of glycogen (a form of sugar), minerals, and vitamins (A, D, E, and K); synthesis of blood proteins, such as albumin

synthesis of clotting factors

Viral infections of the liver that are classified as hepatitis include hepatitis A, B, C, D, and E. A different virus is responsible for each type of virally transmitted hepatitis.

Hepatitis A (HAV) is caused by an infection with the hepatitis A virus. This type of hepatitis is most commonly transmitted by consuming food or water contaminated by feces from a person infected with HAV. It is always an acute, short-term disease, while hepatitis B, C, and D are most likely to become ongoing and chronic.

Hepatitis B (HBV) is transmitted through contact with infectious body fluids, such as blood, vaginal secretions or semen, containing the hepatitis B virus. Injection drug use, having sex with an infected partner, or sharing razors with an infected person increase your risk of getting hepatitis B. It's estimated by the [CDC](#) that 1.2 million people in the U. S. and 350 million people worldwide live with this chronic disease.

Hepatitis C (HCV) is transmitted through direct contact with infected body fluids, typically through injection drug use and sexual contact. HCV is among the most common bloodborne viral infections in the U.S. [Approximately 2.7 to 3.9 million Americans](#) are currently living with a chronic form of this infection.

Hepatitis D (HDV or delta hepatitis), is a serious liver disease contracted through direct contact with infected blood. It is a rare form of hepatitis that only occurs in conjunction with hepatitis B infection. The hepatitis D virus can't multiply without the presence of hepatitis B. It's very uncommon in the United States.

Hepatitis E (HEV) is a waterborne disease mainly found in areas with poor sanitation and typically results from ingesting fecal matter that contaminates the water supply. Hepatitis E is usually acute and can be particularly dangerous in pregnant women. This disease is uncommon in the United States. However, cases of hepatitis E have been reported in the Middle East, Asia, Central America and Africa. Have you traveled to any of those places?

Noninfectious hepatitis is a result of alcohol and other toxins. Excessive alcohol consumption can cause liver damage and inflammation. This is sometimes referred to as alcoholic hepatitis. The alcohol directly injures the cells of your liver. Over time, it can cause permanent damage and lead to liver failure and [cirrhosis](#), a thickening and scarring of the liver. Other toxic causes of hepatitis include overuse or overdose of medications and exposure to poisons.

Autoimmune system response - In some cases, the immune system mistakes the liver as a harmful object and begins to attack it. It causes ongoing inflammation that can range from mild to severe, often hindering liver function. It's [three times](#) more common in women than in men.

If you have infectious forms of hepatitis that are chronic, like hepatitis B and C, you may not have symptoms in the beginning. Symptoms may not occur until the damage affects liver function. Signs and symptoms of acute hepatitis appear quickly and include:

- fatigue
- flu-like symptoms
- dark urine
- pale stool
- abdominal pain
- loss of appetite
- unexplained weight loss
- yellow skin and eyes (signs of jaundice)

Chronic hepatitis develops slowly, so these signs and symptoms may be too subtle to notice. The type of hepatitis is determined by laboratory tests and treatment options vary depending on which type of hepatitis you have. You can prevent some forms of hepatitis through immunizations and lifestyle precautions.

Talk to your healthcare provider about whether you should be tested and what precautions you can take, especially if travelling outside the country.

Please feel free to contact me at Michel-eGad.fame@aol.com or 970-948-5708 if you have questions, comments or suggestions.

GUIDE TO THE OUTDOORS FROM THE SHERIFF'S POSSE: LIGHTNING!



Colorado thunderstorm. Courtesy photo Mark Rackay.

By Mark Rackay

COLORADO-The chance of getting struck by lightning is about one in 10,000. With that statistic in mind, I have been hit twice. Both were on the water while I was offshore fishing in the Florida Keys and neither was a direct hit. Had either been a direct hit, someone else would be writing this column.

Of all outdoor hazards we face in Colorado, lightning is the number one killer, killing an average of three people annually. Our state sees around 500,000 cloud-to-ground lightning strikes each year. The State of Colorado ranks third in the nation of most lightning fatalities. Florida is far and away in first, followed by Texas.

Thunderstorms can occur any time of the year but are most common during our summer months. The National Weather Service states that 70 percent of all lightning fatalities occur during June, July and August. Those summer months are when most of us are in the high country recreating, so some situational awareness is called for.

Lightning can strike more than 10 miles away from the center of a thunderstorm, well beyond the audible range of thunder.



Funnel cloud. Courtesy photo Mark Rackay.

Most bolts occur along the edges of the storm. Even though the storm is past your location, you are still in danger of a lightning strike.

My intimate friend and constant companion, Mr. Murphy, founder of Murphy's Law, knows that I will be caught outside when a storm approaches. In the event a storm catches you, here are a few things you can do to protect yourself:

Avoid shelters with exposed openings such as picnic pavilions and camping shelters. Lightning can channel through the openings.

Do not have close contact with the other members of your group. Spread out at least 50 feet apart to minimize the chance of everyone in the group being struck. Get away from water. Stay away from low spots that might accumulate rain runoff. Avoid a lone tree, or a small group of trees in the open at all costs. Also, stay away from any object that is higher than the surrounding terrain. A group of small trees among taller trees, or a thick forest, is a much better choice. Drop and move away from all metal objects such as trekking poles and pack frames. Stay far away from

ATV's when in a storm.

There are several types of lightning strikes. The most deadly is the direct strike. This one has a bolt on you that carries a million volts and exceeds 50,000 degrees Fahrenheit. The direct is the most rare but if you are chosen, survival is near impossible.

Side flashes are more common. When lightning strikes a taller object, such as a tree near the victim, a portion of the current jumps from the taller object and strikes the victim. Most side flash victims have taken shelter under a tree to avoid the rain.

Conduction lightning strikes are the last we will discuss here, but there are several other types of strikes. Lightning is not attracted to metal but metal provides a path for it to follow. Conduction lightning strikes can travel long distances in wires or metal plumbing. Most indoor lightning casualties occur when someone comes in contact with something connected to metal wires.

You are twice as likely to be killed by a tornado, hurricane or flood than being struck by lightning. However, in the high country where you are sometimes in the center of the storm exists, your chances increase greatly.

Give old Murphy the dust off this season and pay attention to those thickening clouds and claps of thunder. Stay safe and enjoy the outdoors.

Mark Rackay is a freelance writer who serves as a Director and Public Information Officer for the Montrose County Sheriff's Posse. For information about the Posse call 970-252-4033 (leave a message) or email info@mcspi.org.

CELEBRATING LOCAL BEAUTY.



COMMUNITY NEWS BRIEFS: ARTS & RECREATION

PUBLIC LANDS SUMMIT IN GRAND JUNCTION TO BE JULY 19

Special to Art & Sol

GRAND JUNCTION— Local organizations and public land managers will convene in Grand Junction on July 19, 2017, for a local summit on the Colorado Outdoor Stewardship Coalition's new Statewide Stewardship Initiative.

The initiative, which is funded by Great Outdoors Colorado, seeks to increase the number, impact, and diversity of volunteer-led land stewardship efforts.

"The hard truth is that public funding and staffing for managing our public lands aren't keeping pace with our state's increasing population and increasing use of our public lands," says Ann Baker Easley, executive director of Volunteers for Outdoor Colorado, one of group's convening the summit.

"We're bringing land managers and outdoor stewardship organizations together in meetings like this to create a best-in-the-nation program that links nature-loving

Coloradans to the types of volunteer projects that will protect our state's cherished public lands for generations to come."

Protecting these public lands isn't just a question of appreciating nature or making sure future generations gain enjoy Colorado's natural treasures, either. It is also a question of Colorado jobs and the economy.

According to a recent report by the Boulder-based Outdoor Industry Association, \$104.5 billion is spent on outdoor recreation each year in Colorado and seven other mountain states. The industry also supports 925,000 jobs.

To safeguard the special places that anchor this vital economic activity, more than 40 organizations from across Colorado have launched the Statewide Stewardship Initiative.

The initiative's organizers are convening the meeting at the BLM Grand Junction Field Office and several other towns

across the state to:

Create a statewide Outdoor Stewardship Organization (OSO) asset database for outdoor stewardship organizations, and accessible by land managers;

Establish a set of standards that define best practices for volunteer land stewardship projects;

Define uniform stewardship metrics and organizational data reporting standards to improve project impact evaluation; and Plan three large-scale stewardship demonstration projects to serve as models for effective land stewardship projects within the state and across the country.

While content is geared towards local organizations and public land managers, this meeting, hosted by the Tamarisk Coalition and the Colorado Outdoor Stewardship Coalition, is free and open to the public.

Contact Stacy Beough at sbeaugh@tamariskcoalition.org or 970-256-7400 for more information.

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DOWNTOWN MONTROSE

FOURTH of JULY

CELEBRATION



FOOD:

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VENDORS:

400 BLOCK

- Buckhorn Coffee
- Chee-Z Does It
- Trolley's
- Blue-Ribbon BBQ
- American Disaster Relief - Tamales
- DeMar Ice Cream

- Mechanical Bull
- Bounce Houses
- US Army - Jousting Pit
- Home Depot - Human Fuse ball
- Inflatable Water Obstacle Course
- 18ft Inflatable Slide
- Montrose SWAT Meet & Greet with the armored vehicle

- Henna by Epic Tattoo
- Cimarron Creek Essentials
- Family Affair Crafting
- Jerry's Iron Shoes
- San Juan Car Accessories
- Kool Clipz
- More Than Just Wreaths
- Everyday Kitchens
- Matthew's Alpine
- Independent Consultants and More

BANDS

Donny Morales

Cimarron

SCHEDULE:

9:50AM: MHS Choir (National Anthem) Cascade Ave.

10:00AM: Parade

10:30/10:45AM: (immediately following parade) Western Shoot Out • Uncompahgre Ave.

10:45AM - 12PM: Donny Morales (Band) Cascade Ave.

12:00PM: Sgt. Sanders & Deputy Oxx Meet & Greet/ Demo • Cascade Ave.

12:30PM: Shoot Out • Uncompahgre Ave.

12:45PM - 1:30PM: Chainsaw 1Hour Speed Carve (Ken G. Braun Jr. & Joe Wenal) • 500 Block

1:45PM: Chow Down Dog Food Eating Contest Cascade Ave.

2:00PM - 4 pm: Cimarron (Band) • Cascade Ave.




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COMMUNITY NEWS BRIEFS: ARTS & ENTERTAINMENT

MOORS & MCCUMBER TO PLAY KAFM RADIO ROOM JULY 27



The RADIO ROOM proudly presents Moors & McCumber July 27 at 7:30 PM. Courtesy photo.

Special to Art & Sol

GRAND JUNCTION-The RADIO ROOM proudly presents Moors & McCumber July 27 at 7:30 PM. James Moors and Kort McCumber are an acoustic duo specializ-

ing in Americana, folk, melody, and stories. While both men are successful solo songwriters, Moors being an official recipient of the McKnight Foundation Emerging Artist Grant and McCumber having won

the Flat Rock Festival Songwriting Competition, when they come together their sound becomes larger than life.

Moors & McCumber are on tour now supporting their new album, *Pandemonium*. Having collectively sold 15,000 albums independently from the stage, the duo is now releasing their fourth full-length studio album, showing that this Americana duo never stops creating.

Check out Moors & McCumber at their website <http://www.moorsandmccumber.com/>

Tickets are \$18 in advance and \$20 at the door and may be purchased by calling (970) 241-8801, Ext 211 or online at www.kafmradio.org. The Radio Room is located at 1310 Ute Avenue, Grand Junction, CO 81501. Doors open at 7 p.m.

Weehawken Adult Summer





JUNE 24 & 25
MIXED MEDIA ALCHEMY
WITH LAUREN MANTEGON



JULY 8
PANORAMA CONCERTINA
WITH ALICIA BAILEY



JULY 9
MINIATURE DIORAMA BOXES WITH ALICIA BAILEY



JULY 16-19
MODERNIZING THE LANDSCAPE 3-DAY ACRYLIC WORKSHOP WITH CLAUDIA HARTLEY



JULY 28-30
VIBRANT WATERCOLORS WORKSHOP WITH CLAUDETTE BARKER



SEPT 30 & OCT 1
CREATIVE NATURE & LANDSCAPE PHOTOGRAPHY WITH MICHAEL E. GORDON

www.weehawkenarts.org

COMMUNITY NEWS BRIEFS: ARTS & TRAVEL

MIXED MEDIA ALCHEMY WORKSHOP OFFERED IN RIDGWAY ON AUG. 5 & 6



Courtesy photo Lauren Mantecon.

Special to Art & Sol

RIDGWAY-Weehawken Creative Arts invites you to come join a fast-paced workshop that stimulates your visual vocabulary and connects you to your individual process through

a variety of mediums, techniques and exercises. Taught by visiting artist, Lauren Mantecon of Santa Fe, NM, "Mixed Media Alchemy" will begin with pastels and pencil on quality paper and panels and then move on to the combination of textures and collage with hand-made gesso, as well as techniques to meld dry and wet materials with acrylic paints. Glazes and encaustic mediums will also be incorporated. Idea

generation and visualizations will be introduced to support the process.

The instructor, Lauren Mantecon, has been a practicing visual artist and educator for over twenty years. Currently living in Santa

Fe, she is a former professor of art from the University of Portland, Oregon and teaches workshops on the creative process throughout the country. She is currently represented by Friesen Gallery, Ketchum, ID, Muse Gallery, Columbus, OH and Hilton Head, SC and Imogen Gallery in Astoria, OR.

Join Weehawken August 5th and 6th at Weehawken Creative Arts in the Old Schoolhouse Building (1075 Sherman St.) in Ridgway from 10am to 4 pm each day. Tuition is \$225 per student, and does not include all materials.

An additional supply list will be provided upon registration. There is a 6 student minimum pre-enrolled to make the class "go", so pre-registration is highly encouraged (and needed)!


For more information, visit Weehawken Creative Arts at www.weehawkenarts.org or visit facebook at facebook.com/weehawkenarts - or call them at [970.318.0150](tel:970.318.0150).

SMMPA OFFICES CLOSED

Tuesday, July 4
for Independence Day



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COMMUNITY NEWS BRIEFS: ARTS & TOURISM

'ARE YOU READY?' NEW 4-MINUTE VIDEO PROMOTES MONTROSE

Special to Art & Sol

MONTROSE-Stunning scenery, an industrious spirit, and a rich quality of life: These qualities make Montrose and the surrounding areas a great place to live, work, and play. They are also the major highlights of a [collaborative video from Elevate Fiber](#), powered by DMEA, and the City of Montrose. The 4-minute spot titled "Are You Ready?" features the riches of western Colorado, which now include access to gigabit internet. Working together, Elevate and the city's Office of Business and Tourism (OBT) produced the video along with a supporting brochure to promote economic development throughout the region.

"Western Colorado is an amazing place to live - we already know this. But the way we live and work continues to evolve and it will be more important than ever for us to move forward and stay connected. Elevate is connecting our remote and rugged region to the rest of the world and it's time we start celebrating that," said Jasen Bronec, DMEA CEO.

The video celebrates what makes our region great: recreation, agriculture, and an entrepreneurial spirit — something that can now thrive with access to gigabit internet speeds. The exceptional speeds, coupled with the changing dynamics of how people work, have created communities ripe with potential for economic advancement.

According to Assistant City Manager and OBT Director Rob Joseph, "This video and its accompanying brochure are the first pieces to represent the OBT's strategy of developing a coordinated brand-centric message with our partners that points to an appealing community, whether for residents, visitors, and businesses or folks looking to relocate and is a key aspect of functioning as a community marketing organization. We're happy that our first project was with Elevate to highlight the broadband effort and we're already talking to other key anchor institutions about producing additional co-branded marketing collateral."

The video is available online at <https://youtu.be/lqc7H33dqqc>.



COMMUNITY NIGHT

**MONTROSE COUNTY
FAIR & RODEO**

FAIR & RODEO DATES:
JULY 21ST – 30TH

**WEDNESDAY
JULY 26TH** FREE RED COATS BBQ WITH
LIVE MUSIC BEGINNING AT **4PM** ENTERTAINMENT
STARTS AT **6PM**

CROWNING OF ROYALTY • MUTTON BUSTIN • CALF RIDING FINALS • STEER RIDING
AG OLYMPICS • CATCH-A-CALF COMPETITION • CALF DRESSING

FREE (NO ADMISSION)

MORE INFORMATION AT: montrosecountyfairandrodeo.com

COMMUNITY NEWS BRIEFS: ARTS & EDUCATION

DMEA UNCLAIMED CAPITAL CREDITS BOLSTER SOLAR IN SCHOOLS



Solar Energy International's (SEI) Solar in the Schools program secured solid funding this month, when DMEA committed \$150,000 to the program. Courtesy photos.



Special to the Mirror

REGIONAL-Solar Energy International's (SEI) Solar in the Schools program secured solid funding this month, when Delta-Montrose Electric Association committed \$150,000 to the program. DMEA's Board of Directors voted unanimously at their regular May board meeting to funnel \$150,000 from the co-op's Unclaimed Capital Credit fund to support the installation of solar electric systems at five high schools within DMEA's service territory.

Where does DMEA's Unclaimed Capital Credit fund come from? As a member-owned cooperative, DMEA returns excess revenue back to its members in the form of capital credits. In some cases, DMEA is unable to locate members who have moved away from the service territory or passed away. After 5 ½ years, capital credits that remain unclaimed are transferred to a fund for charitable and educational purposes.

"We make every effort to find members who are no longer on our system so we can return their capital credits. Sometimes, it's just not possible. We recognize that money still belongs to the members of the co-op and we're responsible for making sure it is funneled back into the community. DMEA's board has specifically focused on supporting educational programs. Solar in the Schools was a natural fit," explained DMEA CEO, Jasen Bronec.

SEI's Solar in the Schools program works in local schools to provide Science, Tech-

nology, Engineering, and Math (STEM) training while focusing on renewable energy. Recently SEI began a solar training program in Delta and Paonia High Schools. This semester-long training includes online and practical training. With the funding from DMEA, SEI can now go beyond just teaching students about solar energy. Solar electric systems will be installed at each high school within DMEA's service territory so students can gain real-life experience with building the array, monitoring production, and better understanding their energy consumption.

"SEI's Solar in the Schools high school training program empowers students at a critical time in their lives by creating technical career pathways for students to excel in whichever direction life takes them. We are thrilled by DMEA's decision to fund the PV installations in area high schools. Having these PV systems in place will be a powerful tool to engage young people with hands-on technical training right in their school," says Kathy Swartz, SEI Executive Director.

SEI will provide technical assistance in the design and installation of the 10 kW solar photovoltaic (PV) systems at Delta High School, Hotchkiss High School, Cedaredge High School, Olathe High School, and Montrose High School. (Paonia High School already has funding for a 10kW PV system through other grants secured through SEI.) "We are really excited about the continued efforts to introduce solar in

schools and we look forward to expanding various opportunities for our students," said Kurt Clay, assistant superintendent/public relations at Delta County School District.

Through the program, students will be involved in various steps of the project, including determining the best site, design and construction of the system, or energy production evaluation. The actual installation will be conducted by an installation company(ies) in DMEA's service territory. The installation partners will be selected through a rigorous RFP process, led by SEI.

"This is great news for a lot of reasons," says Ben Graves, a science teacher at Delta High School.

"At Delta High School, thirty students have completed 'Introduction to Solar Electric Design and Installation,' a vocational course that we partner with SEI to offer to high school juniors and seniors. Many of these students are looking for careers in the growing local solar industry. Furthermore, having the PV systems on campus will enhance students' understanding of the relationship between their energy consumption and the potential for local renewable production. The installation of the 10kW array and our subsequent real-time monitoring will infuse rich STEM (Science Technology, Engineering, and Math) principles and practices into our AP Physics, AP Environmental Science, and vocational Solar Electric Design programs."

COMMUNITY NEWS BRIEFS: ARTS & ENTERTAINMENT

THE RIDE FESTIVAL KICKS OFF WITH A FREE CONCERT JULY 7; GONDOLA HOURS EXTENDED

Special to Art & Sol

MOUNTAIN VILLAGE – June 30, 2017 – Two bands, Carolyn Wonderland and The Jibs, will take center stage for an evening of music in Mountain Village July 7. As part of The RIDE Festival, this free show runs from 5 p.m. to 8 p.m. in Sunset Plaza, and is made possible by the Town of Mountain Village and The Ride Festival.

RIDE Festival returns to Telluride July 8-9 in its sixth consecutive year of world-class music, camping and mountain adventure that only Colorado can deliver. Featuring an all-star lineup in an intimate mountain setting; event headliners include BECK, Ben Harper & The Innocent Criminals, The John Butler Trio, Rival Sons, The Temperance Movement, Kaleo, Jackie Greene, and Boulder's own Rose Hill Drive among others. For more information about the RIDE Festival including ticketing and official festival details check out ridefestival.com **ABOUT THE ARTISTS** The Jibs are an Austin-native blues-rock

band made up of bassist Roman Parnell, drummer Eric Schueler, guitarist and keyboardist Caden Westmoreland, and singer and guitarist Will Clark. The four met as freshmen at the University of Texas sailing club within their first few days on campus. They immediately began writing music and consequently never returned to the sailing club. Carolyn Wonderland is a musical force equipped with the soulful vocals of Janis and the guitar slinging skills of Stevie Ray, Carolyn Wonderland reaches into the depths of the Texas blues tradition with the wit of a poet. She hits the stage with unmatched presence, a true legend in her time **TRANSPORTATION & COMMON CONSUMPTION AREA** The towns of Mountain Village and Telluride are connected by a three-stage gondola system starting at Town Hall Plaza in Mountain Village and ending in Telluride



The Jibs will play a free concert July 7. Courtesy photo.

at Oak Street Plaza. It takes about 13 minutes to get from one town to the other. During The Ride Festival, gondola operating hours are from 6:30 a.m. to 2 a.m. Friday through Sunday. Expect long lines during peak times. Dial-A-Ride and the Meadows bus will operate until 2 a.m. Friday through Sunday, too, and the Common Consumption Area will be in effect for the Friday concert.




**J-M
PHOTOGRAPHY**
For assignments
& rates please call
**Jennifer
McClanahan @
970-765-2280**

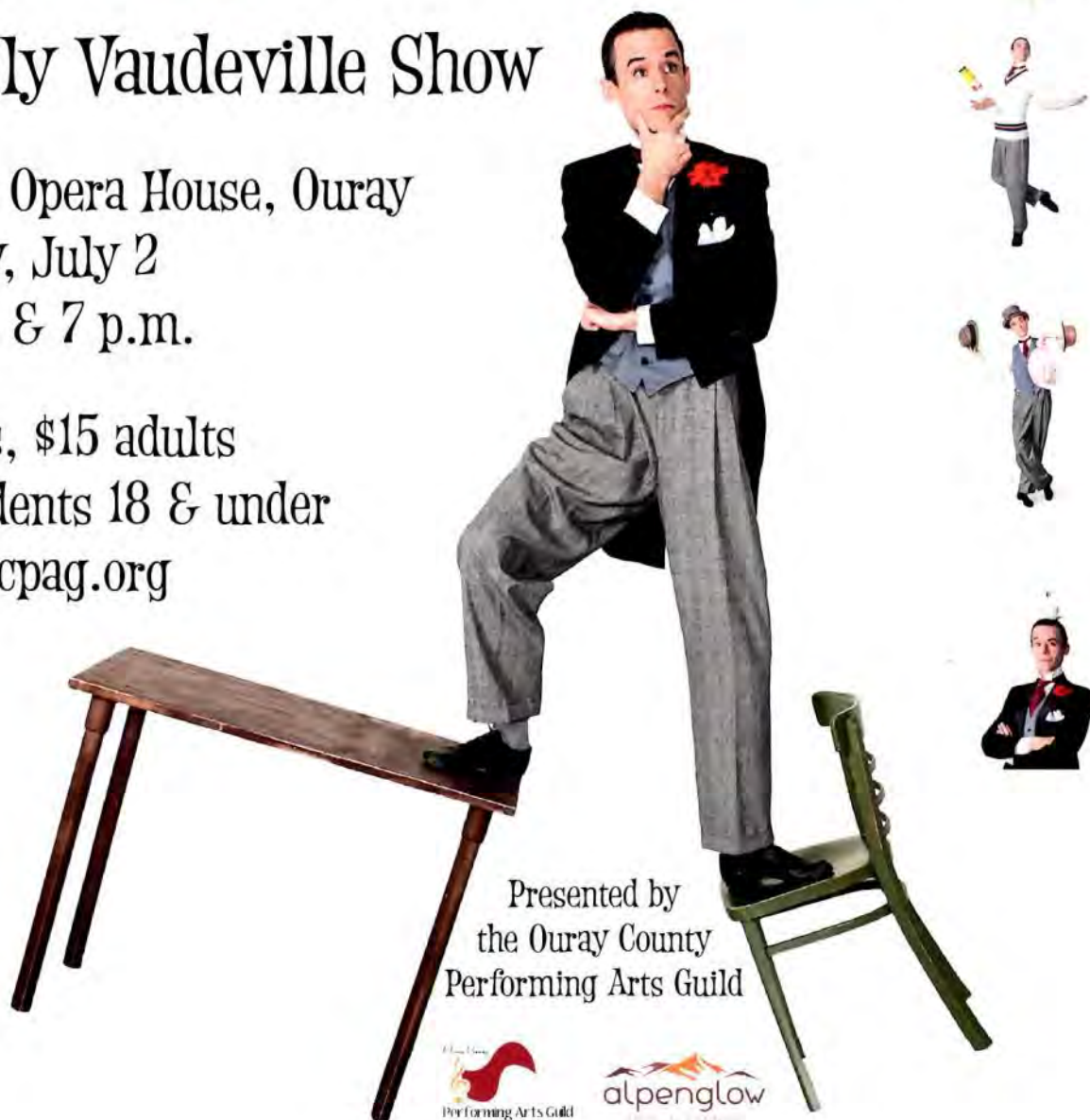
Peter Davison

Up in the Air

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2 p.m. & 7 p.m.

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COMMUNITY NEWS BRIEFS: ARTS & NATURE

BE CAREFUL OF COLORADO'S WILD CRITTERS THIS SUMMER



This is what the inside of a car looks like that was destroyed by a bear. Bears are active across the state, Colorado Parks and Wildlife asks everyone to be bear aware. Courtesy photo.

Special to Art & Sol

DURANGO – Bears, moose and baby critters – oh my!

Wildlife is active on many fronts at this time of year, and Colorado Parks and Wildlife is reminding state residents to be bear aware, to be cautious in moose habitat, and to leave young wildlife alone. Every year people who think young wildlife have been abandoned pick them up and bring them to a CPW office. Unfortunately, that's the worst thing you can do for wildlife.

Wildlife mothers will often leave their young in a secluded spot then move away to feed and build their own nutritional reserves. If you see a small fawn or other animal on its own, please, leave it alone and allow nature to take its course. The moose population in Colorado is doing well, but these large mammals can be dangerous if you get too close.

Moose favor wetland areas and are often seen in expansive mountain meadows – areas that are also attractive to hikers and bikers. If you see a moose in an area, it's advised that you observe the animal from a distance and not try to get close. Moose are especially wary of dogs and will not hesitate to charge them. If you hike with a dog, keep it on a leash and be prepared to pick it up if you see a moose. If a moose

moves toward you, move quickly to hide or get behind a large object like a tree, rocks or a vehicle. Bears are always coming in contact with people during the summer; but because weather has been very dry recently typical natural food sources aren't as available as in the last couple of years. Consequently, some bears are finding sources of food in residential areas and causing conflicts. Bears have broken into houses, gotten into garages, entered structures through windows, gotten into vehicles, and have been seen in campgrounds.

To reduce the chances of coming into conflict with bears, Colorado Parks and Wildlife offers this list of tips that will help to keep bears wild:

Around the house

Keep garbage in a well-secured location. Only put out garbage on the morning of pickup.

Clean garbage cans regularly to keep them odor free. The scent of ammonia can deter bears.

Use a bear-resistant trash can or dumpster. These are available from your trash hauler or on Internet sites.

Bears have an excellent sense of smell, so try to prevent odors. If you don't have secure storage, put items that might become smelly into the freezer until trash day.

Keep garage doors closed.

Lock your doors when you're away from home and at night.

Keep the bottom floor windows of your house closed when you're not at home.

Clean-up thoroughly after picnics in the yard or on the deck. Don't allow food odors to linger.

Talk to your neighbors and kids about being bear aware.

Minimize items that attract bears or other wildlife

Do not attract other wildlife by feeding

them.

Don't leave pet food or stock feed outside. Bird feeders are a major source of bear/human conflicts. Attract birds naturally with flowers and water baths. Do not hang bird feeders from April 15 to Nov. 15.

If you must have bird feeders: clean up beneath them every day, bring them in at night, and hang them high so that they're completely inaccessible to bears.

Bears have good memories and will return to places they've found food.

Allow grills to burn for a couple of minutes after cooking to burn off grease and to eliminate odors. Clean the grill after each use.

If you have fruit trees, pick the fruit before it gets too ripe. Don't allow fruit to rot on the ground.

Secure compost piles. Bears are attracted to the scent of rotting food -- and they'll eat almost anything.

If you own small livestock: keep animals in a fully covered enclosure, don't store food outside, keep enclosures clean to minimize odors, hang rags soaked in ammonia around the enclosure.

If you have beehives, install electric fencing where allowed.

Be careful with vehicles and at campsites. Do not keep food in your vehicle; roll up windows and lock the doors of your vehicles.

When car-camping, secure all food and coolers in a locked vehicle after you've eaten.

Keep a clean camp, whether you're in a campground or in the backcountry.

When camping in the back-country, hang food 100 feet or more from your campsite.

Don't bring any food or fragrant items into your tent

Cook food well away from your tent; wash dishes thoroughly.

For more information go to the Living with Wildlife section on the Colorado Parks and Wildlife web site: cpw.state.co.us.

Up Bear Creek by Art Goodtimes

TAKING OFF ON A WHIM



Claire Blotter performing for the Aspen Poets Society at Mountain Chalet in Aspen on June 25 (photo by Art Goodtimes).

POETRY LARK ... It was one of those things one can do when most responsibilities have been lifted. Poetry, as some may have surmised, is my foremost delight and avocation. Though the wide scope of that study makes all the arts & sciences of interest ... But when I read that Claire Blotter -- performance poet from the Bay Area -- was coming out to read in Aspen a week or so ago, I decided to drop everything and go. At this stage of retirement "dropping everything" meant watering the spud patch and feeding the animals. I was off on a lark ... My son was borrowing my car, so I took Medium Green -- my weathered but reliable '96 Nissan XE (my grandmother was born in Yokohama, so I appreciate well-made Japanese). Ever since I donated the Amanitamobile to the Telluride Institute for the Mushroom Festival, Medium Green's been needed, as I'm in major maintenance catch-up mode at Cloud Acre. Plus, I've been irrigating orchards down in Naturita Canyon for out-of-state friends ... Maybe the thing that tantalized me, and made me want to hear her in action, wasn't just the good quality of Claire's work that I read on line, it was her interest in Gertrude Stein. A mischievous



Summer bull elk on Telluride's Valley Floor (photo by Carl Marcus).

and mysterious writer, I never could quite resonate with Stein's poetry, although her brilliance in many areas was clear. And one of my lyric heroes, Lew Welch, loved her work. Which made me curious how Stein might get translated into performance ... I wasn't disappointed. Blotter, who competed in the national poetry slam scene as a younger woman, was powerful. Her words were strong and well-chosen. A listener was quickly awash in the ambiguities of metaphor and experience, story and insight. The sound and cadence of the language matched speech rhythms -- American rhythms, not some metronomic ideal. That was a trope that Welch insisted on, American speech patterns, and Stein deigned to re-design with her near surreal language. Repetition, one of Stein's favorite techniques, Blotter used to precise effect ... But it was the combination of meaning, sound and movement that made her a triple threat. For every poem she had a choreographed series of actions, expressions, body moves. Half-standing on a chair. Keeping a drumbeat on her chest while speaking on things of the heart ... I'm really hoping Talking Gourds can bring her back to Colorado for a special tour next spring.

ASPEN POETS SOCIETY ... These good folks have been hosting regular poetry readings in downtown Aspen for over a decade now. An anthology they put together of local poets was runner-up for the Colorado Book Awards. Organizers Majorie DeLuca and Lisa were very welcoming

when I showed up at the Mountain Chalet reading across from Wagner Park. I've been to three or four APS events over the years (it's a five-hour drive from Norwood) -- mostly when Kim Nuzzo was organizing it. I knew a few folks, and met more ... After, I went out to eat with a crew -- talking to Claire but also several long-time Aspenites who still liked it there, and its mountain sense of community, wrapped in all the city glitter ... And the spirited Peter Bisset, who's smile and lively comments have enlivened APS events several times when I've attended, invited me to crash in the greenhouse attached to his cabin high up Little Annie's off Castle Creek. Our lifestyle couldn't be more similar, old batchelor poets surrounded with books, treasures and chaos -- making do out in rural America. Only Peter's wild is really wild, as the chunks scratched off a thick wood door by a hungry bear testify ... See an excerpt from a poem of his below...

PINE RIDGE ... A new non-profit organization called The Flowering Sun Foundation has taken as its first task providing a playground and ground improvements for a first generation sundance on Pine Ridge, South Dakota, run by Steve Dubray, a Lakota nation member. This particular dance has been occurring since the U.S. Religious Freedom Act was passed and was begun by Lakota elder Fools Crow. Steve has expressed the need for the children on the reservation to have a safe and enriching place to play. There are also needed repairs and improvements to the traditional sundance grounds to provide a safe place for the dancers ... Flowering Sun has begun a crowdsourced fundraising effort at (www.gofundme.com/playground-pine-ridge) ... For more info, contact Mara Penfil, (mara.fae.penfil@gmail.com), 248.259.8034.

WORRIED ABOUT CONTRAILS? ... Some people worry about contrails. Most folks think people who do are just kooks ... But maybe not ... As a former seminary student and current member of SemNet -- a

Up Bear Creek by Art Goodtimes

listserve for priests and those who left the seminary and moved on to other lives – I read the obituary this week for a prominent member of the progressive Catholic community in San Francisco, Ed Nevin, Jr. As the obit states, “In 1981, the Nevins made national headlines and Ed was profiled by Dan Rather on “60 Minutes,” when

the family sued the U.S. government for secretly conducting bacterial warfare tests on an unsuspecting San Francisco public, killing Ed’s father, back in 1950. (Although the Navy escaped liability, the lawsuit, brought by attorney [and grandson – an upper classmate of mine in the seminary] Edward Nevin III, exposed one of the gov-

ernment’s darkest secrets)” ... While that may not be common knowledge, those of us that knew the Nevin family remember the story and the sad truth it revealed – that our own government experimented on its Left Coast citizens with biological agents dispersed from airplanes ... Maybe contrail concerns aren’t so kooky after all.

THE TALKING GOURD

Let those words loose
out the ears
& listen to the wind

-Peter Bisset
Aspen

MONTROSE MUSICIAN JEFF FIELDS JOINS FORCES WITH CIMARRON

By Alaina Beck

REGIONAL-Cimarron is a local band with a big reputation. Regularly gigging in Delta and making appearances in Montrose, you are always going to find them playing exceptional music and having a blast with the crowd. A mix of country music and rock gives any night they play the potential to become a party that everyone enjoys.

On Saturday, June 17, they played Sam's Tavern, drawing a great crowd that was more than happy to welcome the band back to Montrose. Cimarron and Sam's teamed up to make it a special night. Great atmosphere and great music drew crowds from Delta and Montrose.

Cimarron is a fun-loving band of four amazing musicians. Mike Levins and his father John both play drums and bass guitar. Their sound rounds out with Jeff Fields and Charles Smith both playing lead and rhythm guitar. One of the things that make this band special is all four members can and do sing. You can feel the positive energy coming from the band every song

in every gig.

Charles Smith and John Levins started playing with Opal Moon and Evelyn Roper, Mike Levins would sit in time to time when their regular drummer Forest was hurt. After that Charles, John, and Mike formed Cimarron, who as a band met Jeff Fields about six years ago. At that point Jeff began sitting in on a semi-retired basis until a few months ago when he was officially asked to join the band as their fourth member.

On Saturday, June 24, they put on another awesome show as the house band at Throttle and Spurs Saloon. The variety of songs they play made it a good night to go see the show and dance.

Cimarron has a busy schedule; upcoming events include playing the Delta pavilion, opening on July 1 for Charlie Jenkins from 6:45 p.m.-7:45 p.m., and they will also be playing at Throttle and Spurs that night from 9 p.m.-1 a.m.

They will be featured main stage on the Fourth of July, at Centennial Plaza in Montrose from 2 p.m.-4 p.m. The band



Pictured above, local band Cimarron will play from 2 to 4 p.m. on the Main Stage @ Montrose Fourth of July Celebration Downtown. Photo by Alaina Beck.

will also be playing at Throttle and Spurs on July 8. For more information on future gigs, follow them on Facebook, Cimarron Entertainment.

Also watch for posts on the Montrose music scene Facebook page. This promises to be a wonderful summer with the band playing in several locations. Cimarron defines the meaning of great music, playing a little something for everyone.

COMMUNITY NEWS BRIEFS: ARTS & ENTERTAINMENT

SWEETWATER STRING BAND TO PLAY GRAND JUNCTION'S RADIO ROOM

Special to Art & Sol

GRAND JUNCTION-The KAFM 88.1 RADIO ROOM proudly presents the Sweetwater String Band on July 13 at 7:30 PM. Sweetwater String Band is cello driven "soulgrass," founded in the Eastern Sierra of California in 2008. Beginning with a weekly gig at their local bar, the band quickly found themselves on the biggest stage in the area less than a year later at the Millpond Music Festival. "My hat goes off to Sweetwater String Band for finding a singular sound that seamlessly melds the sensibilities of traditional and progressive bluegrass (Shakedown News)." Their music often deals with serious issues such as mountaintop removal coal mining, workers' rights, and finding middle ground in today's divided political arena. This seriousness is balanced by ghost stories, drinking songs, improvised jams, and tales from the long, lonesome road. No Depression describes their latest album River of Rhymes as: "a work of both intimacy and wide-scale, cinematic vistas...instantly likeable, a truly worthy listen. The songs

are great, their playing immaculate, and their approach and subject matters fascinating."

Mandolinist Scott Roberts and cellist David Huebner write the material, and together with Jeff Meadway on guitar, and Patrick Ferguson on bass, work out the arrangements. They have completed two full length albums, and have a third in the works. Recent festival appearances include the Strawberry Music Festival, Huck Finn Jubilee, Kate Wolf Festival, RapidGrass, YarmonyGrass, Durango Bluegrass Meltdown, Parkfield Bluegrass, Millpond Music Festival (3rd appearance), and Lost Sierra Hoedown (2nd appearance). It's worth noting that cellist David Huebner has a deep classical music background. Starting at the age of 7, he performed around his home in Los Angeles, including



The KAFM 88.1 RADIO ROOM proudly presents the Sweetwater String Band on July 13 at 7:30 PM. Courtesy photo.

at the Hollywood Bowl, and twice appearing nationally on the Disney Channel.

Tickets are \$12 in advance and \$15 at the door and may be purchased by calling (970) 241-8801, Ext 223 or online at www.kafmradio.org.

The Radio Room is located at 1310 Ute Avenue, Grand Junction, CO 81501. Doors open at 7 p.m.

**"Without Understanding there can be no Compassion,
without Compassion there can be no Love. -Jung"**



MONTROSE FREE SPEECH

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COMMUNITY NEWS BRIEFS: ARTS & CULTURE

COMMUNITY INVITED TO TAKE PART IN INDEPENDENCE DAY FESTIVITIES

Special to Art & Sol

MONTROSE-The City of Montrose Office of Business and Tourism (OBT) presents the annual Montrose Fourth of July Parade to begin at 10 a.m. on Tuesday, July 4. The Downtown Development Authority's "Downtown Montrose Fourth of July Celebration" will immediately follow the parade and continue the festivities downtown until 4 pm. The day's celebration will conclude with a city-sponsored fireworks display from Sunset Mesa at dusk.

For more information, call [970.240.1402](tel:970.240.1402).




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Hold the Date! Upcoming Business and Cultural Events

ONGOING-

CRAFTERNOON AT THE LIBRARY: June 13th-Aug. 1st, Tuesday afternoons from 1-3 p.m. Library Meeting Room. Free event. Knit or crochet items to donate to charity. We provide tools, yarn, and instructions. You choose your craft from many different projects. Open to all teens and also ages 10 through 12 with an adult.

OURAY MUSEUM-The Ouray County Historical Society Museum is now Open. Further inquiries please contact 970-325-4576, Email: ochs@ouraynet.com or visit our website: ouraycountyhistoricalsociety.org.

MONTROSE SENIOR CENTER LUNCH & LEARN: \$3 lunch & Learn, admission to program, is free. Lunch \$5. Lunch @ Noon, program @ 1 p.m.

FRIENDSHIP FORCE INTERNATIONAL, non-profit organization, was founded and introduced to the world at a ceremony held at the White House on March 1, 1977. FFI provides opportunities to explore new cultures by bringing people together at the personal level. Friendship Force of western Colorado's regular monthly meetings are scheduled for the 3rd Thursday of the month. Meeting location - Red Cross Training Center, 5th and Gunnison in Grand Junction, 6:15 p.m.

THE ALPINE PHOTOGRAPHY CLUB meets every second Tuesday at St. Mary Catholic Church in the St Paul Room, 1855 St Mary's Drive, Montrose. The Public is welcome to attend. For more information, email alpinephotoclub@aol.com.

FREE JAM SESSION AND SING ALONG, Mondays from 4 to 6 p.m. at the Montrose Pavilion Senior Center.

MONTROSE HISTORICAL MUSEUM-"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

MONTHLY-

July 7-30-Small Mouth Bass Tournament, Ridgway State Park. \$8,000 in prizes! Call 970-626-5822 or 252-6000 for information. No entry fee required.

July 5-David Nunn @ SkyBar at Chipeta in Ridgway. 6-9pm.

July 5-HRMS Presents "Jackson Emmer: Live at the Gallery", featuring Americana/Folk music from North Carolina, Special Guest, Justin Evan Thompson, Healthy Rhythm Art Gallery, Wednesday July 5, 7:30 p.m. Advance GA/VIP are \$5/\$10 available at Healthy Rhythm Art Gallery (68 S Grand Ave, Montrose) or online at www.healthyrhythm.net. For more info contact 323-270-6284.

July 7-Doug and Heather @ SkyBar at Chipeta in Ridgway. 6-9pm.

July 7-As part of Telluride's RIDE Festival, Carolyn Wonderland and The Jibs will play a free show from 5 p.m. to 8 p.m. in Sunset Plaza, made possible by the [Town of Mountain Village](http://TownofMountainVillage.com) and The Ride Festival. RIDE Festival returns to Telluride July 8-9 in its sixth consecutive year. Featuring an all-star lineup in an intimate mountain setting; event headliners include BECK, Ben Harper & The Innocent Criminals, The John Butler Trio, Rival Sons, The Temperance Movement, Kaleo, Jackie Greene, and Boulder's own Rose Hill Drive among others. For more information about the RIDE Festival including ticketing and official festival details check out ridefestival.com.

July 7-Montrose Summer Music Series presents Coco Montoya @ Black Canyon Golf Course. Free evening show.

July 8-Dave Stamey in concert at Montrose Elks Lodge with opener Tyller Gummersall on Saturday, July 8, 7:30 PM. Tickets are \$20 available at Montrose Elks Lodge, Montrose Music, online at www.brownpapertickets.com/event/2911762 more info call [970-275-4183](tel:970-275-4183).

July 9-Donny Morales @ SkyBar at Chipeta in Ridgway. 6-9pm.

July 10-6:30 Monthly meeting Citizens Climate Lobby in Centennial rm behind Montrose City Hall, off plaza: Concerned citizens network to convince legislators of solutions to mitigate effects of climate change. Recent legislator contacts reported. All welcome. **July 11-**Alpine Photography Club Meeting, 7 pm @ Colorado Mesa University, 245 S. Cascade Ave., Montrose, Room 106 Presentation: Laser Engraving and Custom Framing by Tim Frates (meet at his shop first at 401 N. 1st Street) Tech Tip: Auto ISO by Betty Fenton Sharing Theme: If These Walls Could Talk. Photo Critiques: Open All are welcome to attend.

July 11-Archaeologist Steven Baker will present "Juan Rivera's Colorado, 1765," Tuesday, July 11 at Ouray's Wright Opera House at 7:30 p.m. Evenings of History are presented by the Ouray County Historical Society Tuesdays through August 8. Admission is free for members, \$5 for non-members. Doors open at 7 p.m.

July 12-David Nunn @ SkyBar at Chipeta in Ridgway. 6-9pm.

July 13-The KAFM 88.1 RADIO ROOM proudly presents the Sweetwater String Band on July 13 at 7:30 PM. Sweetwater String Band is cello driven "soulgrass", founded in the Eastern Sierra of California in 2008. Tickets are \$12 in advance and \$15 at the door and may be purchased by calling (970) 241-8801, Ext 223 or online at www.kafmradio.org. The Radio Room is located at 1310 Ute Avenue, Grand Junction, CO 81501. Doors open at 7 p.m.

July 14-Mel and H @ SkyBar at Chipeta in Ridgway. 6-9pm.

July 14-Circle Three Cowboy Fellowship, 62285 LaSalle Rd., Montrose, CO [970-275-5579](tel:970-275-5579) (Preacher Gary Lear) on July 14, 2017 at 7 pm is having Wild Horse Ministries, Paul Daily, (www.wildhorseministries.com) will be showing how to take an unbroken young horse, working it in an arena and ride it within about an hour. We will also have a tractor Show in our arena that day.

July 15-Bonewagon @ SkyBar at Chipeta in Ridgway. 6-9pm.

JULY 19—Local organizations and public land managers will convene in Grand Junction on July 19, 2017, for a summit on the Colorado Outdoor Stewardship Coalition's new Statewide Stewardship Initiative. The initiative, which is funded by Great Outdoors Colorado, seeks to increase the number, impact, and diversity of volunteer-led land stewardship efforts. While content is geared towards local organizations and public land managers, this meeting, hosted by the Tamarisk Coalition and the Colorado Outdoor Stewardship Coalition, is free and open to the public. Contact Stacy Beaugh at sbeaugh@tamariskcoalition.org or [970-256-7400](tel:970-256-7400) for more information.

July 19-David Nunn @ SkyBar at Chipeta in Ridgway. 6-9pm.

July 21-23-The 22nd annual Black Canyon Quilt Show, Kaleidoscope of Stars, will take place at the Montrose Pavilion July 21-23, 2017. Entry forms, challenge information, class schedules, and questions can be answered at the web site: www.BlackCanyonQuiltShow.com.

July 21-Mike Guinn @ SkyBar at Chipeta in Ridgway. 6-9pm.

July 22-Join the Salt Creek Hemp Company for the 2nd Annual Hemp On The Slope celebration July 22 at Salt Creek Ranch. Let's talk hemp and learn how to build a local hemp economy on the Western Slope of Colorado. Contact us for vendor and sponsorship opportunities. Hosted by Salt Creek Hemp Company and Produced by Colorado Hemp Company. [Visit us online](#) for tickets and information.

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5th Wednesday: Community Options Inc.

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