



THE MONTROSE MIRROR

FRESH NEWS FOR BUSY PEOPLE...WEEKLY ON MONDAYS!

Issue No. 232, Aug. 7, 2017

MOUNTAIN STATES RANCHO RODEO RIDES INTO TOWN SEPT. 8,9,10

By Caitlin Switzer

MONTROSE—It's a can't-miss recipe for a great weekend—fresh air, friends, ranch rodeo finals and a Saturday night show sure to get those cowboy (and cowgirl) boots moving.

2017 [Mountain States Ranch Rodeo](#) (Sept. 8,9 & 10) highlights include the ranch rodeo finals, team sorting, a working cow horse competition and draft horse feed/hauling competitions. [Chancey Williams and the Younger Brothers Band](#) will headline the Saturday night concert, with special guest Brooke Turner. There will be a Western Heritage Expo, mutton bustin' and even cowboy church on Sunday.

"We have expanded," rodeo organizer Doug Roberts said last week. "There will be two days of rodeo, a concert on Saturday

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Mountain States Ranch Rodeo tickets for Sept. 9 will include the Saturday night concert by Chancey Williams and the Younger Brothers Band (above). All tickets will be sold @ the gate. Courtesy photo.

CITY PUSHES REDEVELOPMENT, INCREASED DENSITY ON HEAVILY IMPACTED DOWNTOWN NEIGHBORHOODS

Citizen Complains of Concert Noise, Unresponsive City Manager



Dave Bowman (left) and Barbara Bynum (right) were appointed and sworn in as City Councilors at the regular meeting on Aug. 1. Photo by Gail Marvel.

By Gail Marvel

Call to the Public:

Attorney David Masters, representative for the Barbara Tuttle estate, gifted the Montrose Animal Shelter with a check for \$166,402.13. Montrose Chief of Police Tom Chinn and Mayor Judy Ann Files accepted the generous check on behalf of animal control and the city.

Chris Whittaker addressed council about the decibel volume of the summer music concert series held at the Black Canyon Golf Course. Specifically, the concert on July 7 reached levels beyond what has been heard before, "Please ask the producer to turn the volume down."

Even with her windows closed, swamp cooler running and TV louder than normal Whittaker, who lives in the vicinity of South 12th and Hillcrest, could hear every beat and every word of the five-hour concert.

Whittaker called dispatch and although she did not

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Houses of Worship!*

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Montrose County Sheriff's Posse!*

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Up Bear Creek!*

*Michele Gad Writes
on Health & Wellness!*

GAIL MARVEL'S HOUSES OF WORSHIP: OLATHE UNITED METHODIST CHURCH

'It's easier to add to your resume than to stand before a mirror naked...'

By Gail Marvel

Jesus said, "For where two or three come together in my name, there am I with them" (Matt 18:20 NIV).

MONTROSE-On July 9, 2017 Fran Byers, attendance secretary for the Olathe United Methodist Church, was quick to offer a welcome and have me sign a guest card. On this fifth Sunday after Pentecost there were about 35 older adults assembled for worship.

Byers took charge and made first name introductions to Jean and Linda, while Terry Davis said, "We love our pastor!" He paused and joked, "And we love each other too."

In a prelude Music Director Ken Cotter's piano medley of familiar hymns welcomed members and guests for worship. Selections included, "Just a Closer Walk With Thee," "Morning Has Broken," "This is My Father's World," "Great is Thy Faithfulness."

Pastor Monte Baker, who is beginning his third year with the church, said "There have been so many pulpit changes in Methodist Churches in the area, I'm the longest serving minister here!"

Announcements included celebrating Christmas in July as the church takes up a collection of hygiene items for Haven House. Baker said, "I hope it will gladden your hearts to give." To coincide with the Olathe Corn Festival, the church will have a potluck dinner titled, "All Things Corn." Baker said, "I've already come up with a couple of corny jokes!"

The pastor prepared a message for Children's Time titled "Take My Yoke..." and the lack of children did not deter him. "I tied my children's sermon to the regular sermon, so I have to give it to you whether we have children here or not." Baker explain a yoke as helping two things work



together as in oxen pulling a plow. "Jesus didn't say, take my crutch. A crutch transfers the weight from the legs to the upper body. Most of us don't need a crutch. Jesus didn't say take my club. Religion isn't a club to make others conform to us. Jesus said to take my yoke upon you and learn from me. Discover[ing] that we can work together with Jesus and our load becomes lighter."

With shades of a magician and a comedian the pastor opened a bag and handed out two dozen plastic eggs filled with jelly beans to the senior citizens, "The yolks on you!" The audience was transported back to childhood by singing all verses of "Jesus Loves Me."

The assembly was asked, 'What is there today that brings you joy?' After people shared their joys (grandkids, vacations, and successful surgeries) and the congregation responded in unison, "Thanks be to God." Next they were asked, 'What do you bring here today that is a burden or a care?' After revealing their burdens, (safe travel, our country, our president and unspoken prayers) the congregation re-

sponded in unison, "This is our prayer, O God."

Matthew 11:16-19, 25-30 was the text for the sermon, "Never Enough." The pastor said, "Have you ever felt that nothing you ever do is enough? Paul [the Apostle] said much of his life actions like studying and following every ritual wasn't enough. It could never be enough. Paul was an impressive person...someone who had arrived. Yet he said, 'What a wretched man I am.' It is a humbling thing to let go. It's easier to add to your resume than to stand before a mirror naked [weaknesses exposed]."

"Success and failure lose their power over us when we let go of what we put on ourselves." Reiterating that nothing is ever enough Baker said, "The sooner we recognize the truth; God calls us his beloved, Jesus will yoke himself to us through our poverty, sadness and worry."

Jesus said, "For my yoke is easy and my burden is light" (Matt 11:30 NIV).

Contact Information:
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MOUNTAIN STATES RANCH RODEO RIDES INTO TOWN SEPT. 8, 9 & 10 ***From pg 1***

night, and we have a wider variety of equine events. (Fellow organizer) Kent Wolpert and I both continue our commitment to celebrating the ranching heritage and promoting our Western traditions."

The Western Heritage Expo will feature quality, hand-crafted products that display traditional Western artistry, such as leathework, saddles, tack and boots. "We are very fortunate to have [Vince and Judy](#)

[Donley](#) coming, with their braided rawhide," Roberts said.

Along with exciting ranch rodeo events and entertainment, expect more of everything this September, from vendors and food to ag displays.

The official truck of the Mountain States Ranch Rodeo is Toyota; the official beer will be Coors and Coors Light. And as always, Alpine Bank has taken the reins as

lead sponsor. "Alpine Bank is proud to support the Mountain States Ranch Rodeo; we live in a region that has such a rich ranching and agriculture heritage. We want to help celebrate this tradition with a fun family weekend of events," said Director of Community Relations Allison Nadel. For those who want to lend a hand, there are volunteer opportunities as well; call 970-240-4176.

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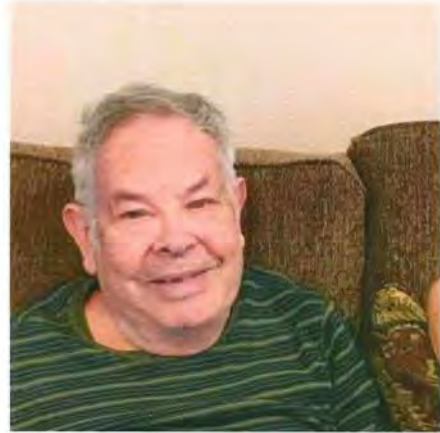
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MIRROR IMAGES...SPIDEY SPOTTED @ STAR DRIVE-IN!



Special to the Mirror
MONTROSE-Spider-Man was seen recently at the Star Drive-In, helping the Black Canyon Boys and Girls Club sell raffle tickets! Photo courtesy of the Black Canyon Boys and Girls Club.

HAVE YOU SEEN THIS MAN?



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OPINION/EDITORIAL: LETTERS

CHANGE CHARACTER, BEHAVIOR OF MONTROSE CITY COUNCIL IN APRIL 2018

Dear Editor:

Last week the Montrose City Council had the mandate to fill one four-year District II Council seat vacated by Rex Swanson for "health reasons." Soon one vacated seat led to a second when Dave Bowman resigned his two-year at-large seat to be considered for the four-year District II more prestigious seat. He was taking a risk because nine other citizens had registered to be chosen by City council to fill two seats. That number of applicants gives us some idea that citizens aren't totally happy with the governance of what had been five elected City Council members, Mayor Files, Dave Romero, Dave Bowman, Rex Swanson, and Roy Anderson. Now an opportunity presented itself to fill those two seats with citizens with new ideas who would address the concerns of Montrose citizens.

I called Mayor Files a couple days before the Council meeting during which the two seats would be selected. I sent an email to the three sitting Council members:

Good Afternoon, Mr. Anderson, Mayor Files & Mr. Romero--
Soon you will be choosing two council

members to fill the District 2 and at-large seats...I have two concerns:

1) Dave Bowman should receive no advantage in the selection process; once he resigned his current seat, he relinquished those votes that placed him on Council and those votes are no longer viable in the current process. The current Council should not automatically validate him simply because he was elected in the last election; that's over. There may very well be candidates up for selection who have considerably more expertise in civic/governmental areas than Bowman has.
2) Since the three current Council members were those who questioned and heard all the candidates' qualifications, those three should be the selectors for the District 2 and the at-large positions. The person selected for the District 2 seat should not vote on the at-large candidate. The three current Council members are the logical and knowledgeable people who should select the new Council members for District 2 and the at-large seat, then both should be sworn in simultaneously. Whoever is chosen for District 2 should not be sworn in first which

makes him eligible to vote on the at-large position.

I received no comment from those Council members and all of you know the two entrenched choices that were made. Mayor Files told me on the phone that Dave Bowman should have an advantage because he was elected to the at-large seat and Barbara Bynum is known around town. My further concern is that everyone surmised before the selections were made public at the Council meeting that Bowman and Bynum would be the choices.

Why were the other eight candidates interviewed under the pretense that they were actually in the running? It was a waste of those candidates' time and the entire event was a farce! It is no wonder that Montrose citizens are unhappy with the City government when a lack of transparency seems to be the order of the day.

The effective way to impact the character and behavior of Montrose City Council is that citizens must run for three of the five Council seats that will be open in April, 2018.

Marge Morgenstern, Montrose

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REGIONAL NEWS BRIEFS

YOU'RE INVITED TO SMOKEY BEAR'S BIRTHDAY PARTY

Special to the Mirror

MONTROSE-It's a birthday party! Smokey Bear is turning a whopping 73 years old! Kids come join the celebration on Wednesday, Aug. 9 from 10 – noon at the Montrose Public Lands Center. The fun includes games and activities, a delicious birthday cake, and of course photos and high fives with the special guest of honor!

Smokey has been around for generations, everyone knows and loves him. He is an American icon on par with Mickey Mouse and Batman. He's been in comic books, and on milk cartons and TV ads. But he's only uttered five words in his life: "Only you can prevent wildfires."

Smokey's message reminds people that they can play a role in saving our forests! It is a message many of us grew up with – now it's time to get our younger generations familiar with the icon, his message and the fact that they too, can help prevent wildfires.

"Forest fires are nothing new in this country," said Thomas Tidwell, chief of the U.S. Forest Service in the Department of

Agriculture. "Even back in the 1930s and 1940s, we actually had more forest fires in the landscape than we do today."

With the current drought in parts of our country and the increase in lightning-induced wildfires, it's easy to forget that the many wildfires are started by humans, Tidwell said. Nine out of 10 forest fires are started by people — either by leaving a campfire lit, throwing away matches or sparks from machinery operating in arid areas."

Along with the drought, many areas have extensive stands of beetle killed trees, which make conditions optimal for any ignition to start a fire," Tidwell said. "We can't stop lightning, but we can significantly reduce the number of human-caused fires," Tidwell said.

Smokey Bear is one well known reminder for all of us to be careful with anything that can start a fire. It is important to keep educating new generations about his message of wildfire prevention.

The Montrose Public Lands Center is located 2505 South Townsend Avenue. Call



Smokey Bear and a friend. Courtesy photo.

(970) 240-5300 for more information. This is a free event. Reservations are not required.

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MOVING FORWARD WITH A NEW SCHOOL YEAR



The new playground at Centennial Middle School.

Mirror Staff Report

MONTROSE—Once again, Montrose County School District RE-1J will balance its budget, Superintendent Stephen Schiell said last week. “We balanced our budget last year and we are doing that again.”

Also, “We are making strides in all of our buildings to increase reading and achievement.”

New for this school year will be an increase in Science Technology Engineering & Mathematics (STEM) programming. “We start-

ed with Olathe and Northside elementaries a year ago, and our other four will do pilot programs this year,” Schiell said. “In another year, everybody will be up to full speed with STEM.”

All elementary schools are now using a new math curriculum, Bridges.

There are several building projects underway in the district, including Columbine Middle School, the Olathe water management project and new playgrounds at Johnson Elementary and Centennial Middle schools.

Community response to the recent school district improvements has been very positive, Schiell said. “Our community is very excited about what we are doing.”

Also generating some excitement is a recent trend toward increased enrollment. “Over the past two years we have gone up by 30 to 60 students,” Schiell said. “Before that, we were dropping.” This year, though the numbers are not official until October, “We might have a small increase. See below for enrollment and registration information for the 2017-1018 school year:

RE-1J REGISTRATION AND BACK TO SCHOOL INFORMATION:

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If you don't have a computer or need assistance—go to District Office at 930 Colorado Avenue, between 8 am and 4pm. Questions? Contact Charlotte Blowers at 252-7925.

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Continued next page

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MOVING FORWARD WITH A NEW SCHOOL YEAR

From previous pg

on your school

Look for Back to School information, School Supply Lists and Bell Schedules for your elementary school students. Look for Registration and Bell Schedules for Middle & High School Students. All registration activities occur within the first two weeks of August. During registration, you and your student can request schedule changes, order school related items

and pay course fees.

NEW HIGH SCHOOL STUDENTS must call their schools to SET UP AN APPOINTMENT to meet with your counselor and create a new schedule.

Start dates

Elementary schools start Aug. 21 (grades 1-5) Aug. 23 for kindergartners
Centennial Middle School starts Aug. 18 (6th graders) Aug. 21 (seventh and eighth

graders)

Columbine Middle School starts Aug. 15 (all grades)

Montrose High School – Freshman orientation is Aug. 15, 10-12th grade get ID pictures and books.

All students start Aug. 16

Olathe Middle/High School starts Aug. 15th (grades 6-9) Aug. 16 (grades 10-12) ID Pictures are taken on Aug. 18.

JOHN HARRIS RESIGNS AS CITY OF MONTROSE PUBLIC WORKS DIRECTOR



By Gail Marvel

MONTROSE-On Tuesday, Aug. 1st the City of Montrose Public Works Director John Harris tendered his resignation. Harris, who has been with the city for 10 years, will remain on staff until the end of August at which time he and his family will relocate to Big Bear, CA.

Assistant City Manager Rob Joseph said, "John has been a terrific team member and has always been willing to do whatever it takes to get the job done. He has done a lot to help the City of Montrose become a better community and he will be missed. We wish him the very best on his future endeavors."

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REGIONAL NEWS BRIEFS

TAMARISK COALITION RECEIVES \$20,000 GRANT FOR DESERT RIVERS COLLABORATIVE & CROSS WATERSHED NETWORK

Special to the Mirror

GRAND JUNCTION- Tamarisk Coalition, a regional nonprofit focused on the restoration of riverside lands impacted by invasive plants, announced that it has received a \$20,000 grant from the Xcel Energy Foundation to support its continued leadership and coordination of the Desert Rivers Collaborative and the Cross Watershed Network.

This year marks the Tamarisk Coalition's sixth year of sustained support from Xcel Energy Foundation.

"Xcel Energy Foundation has been an incredible partner for the Desert Rivers Collaborative," said Shannon Hatch, coordinator for the Grand Valley-based, multi-stakeholder partnership that focuses on restoration of the Colorado and Gunnison

rivers. "This funding enables us to provide training, resources, and technical assistance to land managers and landowners striving to improve riverside lands impacted by tamarisk, Russian olive, and other invasive plants that degrade rivers for humans and wildlife alike."

Partners are currently working across the Grand Valley, including work at the Connected Lakes section of James M. Robb Colorado River State Park and on targeted private lands parcels. Plans are currently underway to expand work along the Gunnison River.

Funding will also be used to support the Cross-Watershed Network (XWN), a peer-to-peer learning network that connects river stewards across the western United States. Xcel Energy Foundation's support

will support training activities in western Colorado, including "cross-visits" between the Desert Rivers Collaborative and neighboring watershed partnership groups working to address similar issues. Lindsay Murdoch, the Program Coordinator, said that these events are instrumental to improving the collective knowledge base of restoration practitioners.

"There are some techniques that can only really be learned through hands-on guidance in the field, and as an added bonus, spending the day with peers helps participants build relationships that continue to benefit their projects for years to come." XWN is currently organizing a cross-visit to connect river managers working along the Middle Colorado and Dolores Rivers for late September.



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Ranch Rodeo Finals Sept. 8th 6pm & Sept. 9th 2pm Western Heritage Expo Team Sorting Competition Draft Horse Feed Hauling Competition Working Cow Horse Competition	Mutton Bustin' FFA Pancake Breakfast Cowboy Church Vendor Displays Western Crafts
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STALKING THE BLACK SNAKE...PIPELINE PROTESTS UNIFY PEOPLE

'We are the landscape'... C.J. Brafford, Ute Indian Museum Director



C.J. Brafford. Photo by Carole McKelvey.

By Carole Ann McKelvey

MONTROSE-The “black snake” still raises its head in North Dakota, and Montrose’s C.J. Brafford, director of the Ute Indian Museum here, has once again headed north to connect with her “relatives and the water protectors.” Brafford has been deeply engaged in the fight to stop the Dakota Access Pipeline – or the “black snake” as dubbed by the Native peoples of North Dakota—her people. “I am an Oglala Lakota Indian; we are known as the Sioux but that’s a name given to us,” she said. “We call ourselves Oglala Lakota. My Indian name is KimimiLa, which means “butterfly,” it’s the name that was given to me by my uncle.”

This week, Brafford heads to her birthplace, the Pine Ridge Reservation in South Dakota, for annual Indian festivities and celebrations. One of the things Brafford and her tribe will be celebrating “cautiously” is the recent ruling in the Standing Ridge tribe’s lawsuit against the Federal government to stop the pipeline.

In a victory for the Standing Rock Sioux Tribe on June 14, the U.S. District Court found that approval of Dakota Access Pipeline violated the law. District Judge James Boasberg of the U.S. District Court for the District of Columbia ruled that the federal permits authorizing the pipeline to cross the Missouri River just upstream of

the Standing Rock reservation, issued by the Trump administration just days after the inauguration, violated the law in certain critical respects.

“We applaud the courts for protecting our laws and regulations from undue political influence,” said Standing Rock Sioux Chairman Dave Archambault II, “and will ask the Court to shut down pipeline operations immediately.”

What does this June 14 Court decision mean and why should we care?

Many Montrose residents have donated to Brafford’s efforts, by giving supplies so she could take them with her to the encampment earlier this year. Brafford said the encampment near the Standing Rock tribe reservation in North Dakota became a huge new community with up to 4,500-7,500 people of all ethnicities and countries camped out in defiance of the pipeline. Since the encampment was ordered dispersed by local courts – and has been abandoned—Brafford says the “heartbeat of the movement remains at the camp.”

The encampment’s serious value for the tribes was in the awareness it brought to the pipeline around the country and the world, Brafford said. “A year ago people from all walks of life came to fight for protection for us and for Mother Earth. All tribes and other indigenous peoples came together to fight the black snake that is

trying to impose damage on all of us.

“We are still resilient, even though the encampment has been dispersed, but the continuing battle against the pipeline is now in the hands of the leaders of the different tribes. They are standing up to powerful entities and are wise leaders,” Brafford said.

One of those who came to help the Standing Rock tribe fight the pipeline is Scott Golder, 55, who lives in Massachusetts but who attended Fort Lewis College in Durango. This was the first time Golder had been involved in such an effort, and part of the reason he joined in was the awareness that the tribes were able to create. Golder has been to the encampment area two times. The first time was Oct. 27, 2016, when he was unemployed. “I feel fortunate that I had the opportunity to partner with Sundance Power Systems in Asheville, North Carolina, to help build a mobile wind/solar power generator. We spent a week and a half building it. And then we took it up to North Dakota from North Carolina,” he said. The second time Golder went to the encampment was in November, 2016, when he volunteered by helping maintain the solar trailer, training others on its maintenance and assisting with other support and other projects in camp, “doing whatever was needed.” “I was just interested in the cause,” Golder said. He was an independent citizen not associated with anyone, but he learned of the need from Facebook postings by the radio broadcast *Democracy Now*.

The solar wind generator Golder helped deliver was used to power internet in the camp and to keep some of the camp lighted at night. Golder said, “One of many lessons gleaned from being there was the criminality of these corporations; Energy Transfer Partners, Enbridge and Tiger Swan. I also saw what appeared to be many constitutional violations by authorities who ‘assaulted’ what were basically peaceful gatherings, with the spraying of chemical weapons.

“It was also amazing seeing the unity of the First Nations coming together. Feeling the solidarity of

Continued next pg

STALKING THE BLACK SNAKE...PIPELINE PROTESTS UNIFY PEOPLE

From previous page

the community uniting in stopping violation of the earth, the water. I don't know that I've ever experienced such a feeling of common purpose – true solidarity of heart and that type of spiritual unit. "I will go back," Golder said "I made new friends who I want to keep in touch with." The U.S. District Court for the District of Columbia held a hearing on June 21 to set a briefing schedule for the continuation of the lawsuit, including a timeline for arguing whether the pipeline must be shut down while the Army Corps of Engineers attempts to comply with the judge's orders.

"While our legal battle is not over, we have made progress and now must focus on convincing the court to stop the flow of oil while this administration moves forward in unveiling its plan for complying with the law," said Dave Archambault II,

Chairman of the Standing Rock Sioux Tribe, in advance of the hearing.

The Court found that the Army Corps' permits were illegal in some respects and legal in others. It also found that the Trump administration decision fell short in three important respects, all of them fundamental to the Tribe's concerns. The Court did not determine whether pipeline operations should be shut off and requested additional briefing on the subject.

Earthjustice attorney Jan Hasselman, lead counsel to the Standing Rock Sioux Tribe, said what happens next with the pipeline in the interim of the new environmental review includes several aspects. "Over the course of the summer, the Standing Rock Sioux Tribe will be making our best arguments to the Court that the judge should shut down the pipeline pending the completion of a lawful

environmental review.

"We expect a decision around September," Hasselman said.

Montrose's Brafford and her son, Amer-son Woodie an employee of the Ute Museum, joined thousands of Native Americans and others who flocked to the Standing Rock Sioux Reservation to protest and try to stop the Dakota Access Pipeline.

"Mni Wiconi (water is life)", said Brafford. Like many others, Brafford believes the pipeline poses a threat to harm ancestral land and most importantly the Missouri River, which she notes "serves many people there and downstream." She noted that sacred Indian lands and cultural sites had already been disrupted. The experience is not one she will soon forget, she said.

Of her people, "We are the landscape," Brafford said.

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GUIDE TO THE OUTDOORS FROM THE SHERIFF'S POSSE: THE BUGS ARE OUT



A picture of the carnivorous mosquito courtesy of Wikipedia.org.



An old picture from Cape Coral, Florida showing the Mosquito planes spraying the neighborhoods to keep the bugs at bay. Photo courtesy of news.press.com.

By Mark Rackay

Seems that nothing can ruin an outdoor activity faster than a pack of mosquitoes. These creatures have wreaked havoc on camping trips and picnics since the beginning of time. I have always questioned Noah's wisdom about bringing a breeding pair onto the ark.

Problem is that mosquitoes, while an annoying nuisance, can carry diseases such as Lyme, Spotted Fever, West Nile and others you are probably better off not knowing about. Catching one of these sicknesses would certainly be best avoided, as they can leave you in a permanent state of meditation.

I lived in South Florida for better than 20 years and learned a bit about skeeters. In Florida, the mosquito is the State Bird, or should be. Each county has a Mosquito Control District that maintains a squadron of airplanes and trucks that spray all areas of the county in an attempt to control the little buggers. The aircraft fly over residential areas at a low altitude dropping a fog of chemicals that kills anything in its path downward.

At one time, the chemical slurry of choice was Baytex and diesel oil. This stuff used to get in the mangrove waters and cause fish kills. It does provide relief from the mosquitoes for a while but I often wondered what it does to people. Most folks ran inside when the bomber planes flew over but the fumes reached inside the

house quickly.

Mosquitoes are at their worse during the early morning and early evening times. They seem to prefer dark clothing to light and hang out in the more shady areas, rather than in direct sunlight. It is best to wear long sleeve clothing and full-length pants rather than shorts, although this can cause other physical problems when it is so hot outside.

The old standby for keeping mosquitoes at bay is a good coating of an insect repellent. Repellants containing DEET, (chemical name, N, N-diethyl-metoluamide for you chemical engineer types) in an amount of at least 20 percent, work the best and last the longest. These include Off, Cutters, Sawyer and Ultrathon, to just name a few.

Medical studies have shown that when you use DEET products properly, they do not cause any health risk. I know from experience that getting DEET on any type of Styrofoam cooler will cause the cooler to dissolve away. I try not to think about what it does to my skin but it is better than mosquito bites.

You will have to reapply the repellent every couple of hours. The skeeters will let you know when the last spraying is wearing off. It helps to give a good spray on your clothes, hat, pants cuff, socks and sleeves, where these critters like to sometimes infiltrate.

There are a number of DEET-free prod-

ucts available, some containing Oil of Lemon Eucalyptus and others with a base of IR3535, such as Skin-So-Soft Bug Guard or Skinsmart. All of these products work to a degree but if the mosquitoes are severe, stick with the DEET products if you can.

Some people can't stand the smell of DEET on their clothes or person. This would also include scent conscious hunters in the early hunting seasons. For you folks there is a product called Permethrin.

You do not apply Permethrin on your skin but treat your clothes with it. The treatment will last several washings if you follow the directions on the can. It works fairly well and keeps you from smelling like a bug bomb.

If a mosquito does bite you, avoid scratching it. Scratching and digging at the site of the bite will only make it worse. A small dose of a hydrocortisone cream or some calamine lotion will usually stop the itching.

We are going to spend our summer months in the outdoors, mosquitoes or not. Hopefully, some of these tips will help keep the nuisance bugs away from you and not spoil your fun.

Mark Rackay is a freelance writer who serves as a Director for the Montrose County Sheriff's Posse and Public Information Officer. For information about the Posse call 970-252-4033 (leave a message) or email info@mcspi.org.

Weehawken Creative Arts Summer Classes



July 28-30

Vibrant Watercolor Landscapes
with Claudette Barker in Ouray

August 5 & 6

*Mixed Media Alchemy
with Lauren Mantecon
in Ridgway*



August 16

Learn About Plein Air Painting
with Mike Simpson in Ouray County

August 26

*Mixed Media Aspen Tree Forest
with Kellie Day in Ridgway*



Sept. 30 & Oct. 1

*Creative Nature & Landscape Photography:
Concept, Capture, Process
with Michael & Gordon in Ridgway*

To register, go to www.weehawkenarts.org or call 970-318-0150

CITY PUSHES REDEVELOPMENT, INCREASED DENSITY From pg 1

want to waste police officers' time, they came to her home, "What were they supposed to do...ask their boss Bill Bell to turn the party down?" Whittaker contacted city council through their website, "A patronizing, condescending representative of council called me five days later stating next time call the police...which I had! They said they would get with the producer, Councilman Dave Bowman, to find out if the noise level was in fact louder than other nights."

Whittaker, who has not called about decibel volume on the previous concerts, was told this particular concert was over by 9:15 p.m. and within the noise ordinance rules. "If an ordinary citizen had been blasting music at that level they would have been shut down immediately."

Whittaker also expressed disappointment in City Manager Bill Bell's office, "Never once has he returned any phone calls I've made to his office for the past two years [roundabout and potholes]. This is not good PR."

David Crane (an applicant for the vacancy on city council) expressed concern over the verbiage used in the proposed Sales and Use Tax Code Update which council discussed in the Work Session the previous day. "It could be very far reaching. That's the extent of my concern."

Council Seat Appointments

Using a paper ballot and voting anonymously Mayor Judy Ann Files, Mayor Pro-Tem Roy Anderson and Councilman David Romero appointed Dave Bowman to the District II seat. Bowman was sworn and then joined the other councilmen using the same process to appoint Barbara Bynum to the At-Large seat.

After taking her oath of office Bynum, who had read the council packet and was in the audience during the Downtown Development Authority (DDA) interviews, felt she was up to speed on issues and joined the rest of council in voting on agenda items.

Downtown Development Authority (DDA) Board Appointments

All applicants - Kirk Hartman, Alexander Parker, Scott Riba, Chayenne Carter and

Julie Otto, were appointed to serve on the DDA Board. Approved unanimously.

Ordinance 2427 (second reading) - Senior Planner Garry Baker.

This ordinance provides zoning for Panorama View Addition as an "R-1A." The subject property is 8.05 acres located south of 6700 Road and Miami, will have ½ acre lot minimums. Councilwoman Bynum noted that she and her husband are partners with the owner and probably should not vote. City Attorney Stephen Alcorn agreed that she should abstain from voting. Approved by the majority with Bynum abstaining.

Ordinance 2428 (second reading) - Senior Planner Garry Baker.

This ordinance amends the boundary of the "REDO" Overlay Zoning District. Baker said, "In general this allows more density in older sections of town." Approved unanimously.

Ordinance 2429 (second reading) - Senior Planner Garry Baker.

This ordinance expands the boundary for curb-cut angle parking within the "REDO" Overlay Zone. Baker said, "The proposal would encourage redevelopment, particularly around the hospital. Parking is often a driving force in redevelopment." David Stockton, applicant for the vacant city council seat, expressed concern about angle parking in congested areas which can be more of a hazard. Approved unanimously.

Ordinance 2430 (second reading) - Director of Innovation and Citizen Engagement Virgil Turner.

This ordinance authorizes the sale of city owned property located in Olathe on Banner Road and Carnation Road. Turner said, "The 457 acres was used in the waste water treatment process. It was a great solution at the time, but we've developed a better solution and we no longer have a public need for the property." This ordinance allows the property to be listed with a realtor. When sold only the original purchase price for the property will go back to the sewer fund and reimburse the enterprise fund.

The *Mirror* is under the impression that

disposal of public property requires an appraisal of the property. When asked if the appraisal had been done, or would be conducted Turner said, "We will rely on our attorney." Approved unanimously.

Peppertree South Planned Development Filing No. 9 - Senior Planner Garry Baker.

The property is 2.97 acres in size and consists of seven lots. This is the final plat which allows the lots to be sold. Approved unanimously.

Peppertree South Planned Development Filing No. 10 - Senior Planner Garry Baker.

This is the final plat which allows the sale of two lots. Approved unanimously.

Staff Reports:

Wastewater Treatment Plant Rotor Gear Box Purchase - Public Works Director John Harris.

Time restraints prevented this item from being presented at the work session the previous day. The rotor is 30-years old (1984) and the replacement for the gear box is \$62,380.29. This item will be on the August 15th council agenda.

Wastewater Treatment Plant Clarifier Coating Project Contract - Public Works Director John Harris.

This project has been out for bid previously and the performance specs revised. Harris said, "The problem is with getting the existing material off. We'll spot treat in certain areas where it is coming off." The life of the lining is 10-12 years.

Public Information Report - Assistant City Manager Rob Joseph.

Joseph filled in for City Manager Bill Bell who is on vacation until Aug. 14. His announcements promoted activities including the Food Truck, the Farmer's Market and the third installment of the summer music series on Aug. 4 from 6 - 10 p.m.

Council Comments:

Mayor Files mentioned the ribbon cutting for the new dog park and the Jack Pixler Golf Tournament for ages six-17.

Bynum said she looks forward to serving on city council.

Bowman thanked the council for their vote of confidence in appointing him to District II. Donning his promotional hat for the concert music

Continued next pg

CITY PUSHES REDEVELOPMENT, INCREASED DENSITY *From previous pg*

series Bowman expected attendance for the Friday concert to be about 3,000 people. "We're happy that the city lets us use the Black Canyon Golf Course." Referencing the call to public complaint about loud music Bowman said, "I apologize to the neighborhoods, but it's what it is. If you don't want to come to the concert [on the golf course], just open your windows."

Following the council meeting Bowman was asked about the decibels at the concert. "We've never checked the decibels. It's not that loud on the golf course, but sound does strange things."

Above right, Attorney David Masters, representative for the Barbara Tuttle estate, gifted the Montrose Animal Shelter with a check for \$166,402.13. (L to R) Montrose Chief of Police Tom Chinn, Mr. Masters and Mayor Judy Ann Files. Photo by Gail Marvel.



REGIONAL NEWS BRIEFS

UTE MUSEUM, OTHERS RECEIVE STATE FUNDING

Special to the Mirror

COLORADO-The 71st Colorado General Assembly has approved a \$1.4 million funding request for fiscal year 2017-18 to strengthen the Community Museum of History Colorado. The legislature's appropriation will allow the eight Community Museums across the state to better connect with audiences by presenting inspiring exhibits, programs, and increase access to collections.

The eight properties of the Community Museum Division include the Ute Indian Museum in Montrose; Trinidad History Museum in Trinidad; Healy House and Dexter Cabin in Leadville; Fort Vasquez in Platteville; Fort Garland Museum and Cultural Center in the San Luis Valley; El Pueblo History Museum in Pueblo; and Byers-Evans House Museum and Grant Humphreys Mansion in Denver.



FREE SCREENING

If you are uninsured or underinsured you qualify.

CONFIDENTIAL SCREENING INCLUDES:

- Cholesterol
- Blood Glucose
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- Health Information

For more information or to call for an appointment, contact your local Community Health Worker:

Darlene Mora
970-708-4719



This free offer is made possible through the generous support of Health Resources and Services Administration, Caring for Colorado, the participation of Colorado Heart Healthy Solutions &

TRI-COUNTY HEALTH NETWORK

Improving the health of our communities through innovation & collaboration



Montrose Senior Center
1800 Pavilion Drive

\$3 Lunch & Learn
TO RESERVE A SEAT CALL 252-7797
LUNCH @ NOON • PROGRAM @ 1PM

TOOLS FOR A GOOD RETIREMENT
COLORADO PROGRAMS TO USE FOR LONG TERM CARE
HOW TO USE TRUSTS & REVERSE MORTGAGES
BRYCE LEE, ATTORNEY & MARILYNN HUSEBY, RESOURCES
THURSDAY, AUGUST 10th • PROGRAM IS FREE TO ATTEND

MURDER & MYSTERY ON GRAND MESA
1901 MURDER & 1892 MYSTERY
JIM WETZEL
MONDAY, AUGUST 21st • PROGRAM IS FREE TO ATTEND

\$5 Lunches
FOUR COURSE LUNCH W/ DESSERT
MONDAY - FRIDAY • ALL AGES WELCOME

ACTIVITIES CALENDAR 970-252-4884
MEAL RESERVATIONS 970-252-7797



REGIONAL NEWS BRIEFS

DEADLINE FOR RE-1J SCHOOL BOARD PETITIONS IS SEPT. 1

Special to the Mirror

MONTROSE, Colorado - Petitions for Montrose County School District RE-1J Board Director Positions will be available on Wednesday, Aug. 9th at the District Office, located at 930 Colorado Avenue.

Petitions must have 50 certified signatures for placement on the ballot.

The last day to return the petitions is Friday, Sept. 1st at 4 pm.

Director Districts that will be up for a four-year term in the November 7, 2017 Elections are: District A - currently represented by Melanie Hall
District C - currently represented by Gayle Johnson
District E - currently represented by Mark Bray
District G - currently represented by Leann Tobin. Director District that will be

up for a two-year term in the Nov. 7, 2017 Elections is:

District B - currently represented by Phil Rosty

MCSD Board of Education Directors are limited to two consecutive terms. Elections are held during odd-numbered years. Please contact Laurie Laird at (970) 252-7902 or laurie.laird@mcsd.org for further information.



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WEEHAWKEN DANCE FALL 2017

MONTROSE SCHEDULE

MONDAYS:

WEEHAWKEN MONTROSE

- 10am-10:45 Pre-Ballet with Miss Leeann (ages 2.5-5)
 10:45-11:15 Story Book Ballet with Miss Leeann (ages 2.5-5)
 4:00-5:00 Beginning Hip-Hop and Jazz with Miss Caila (ages 5-7)
 5:00-6:00 Intermediate Hip-Hop A with Miss Caila (ages 8-11, All may sign up for this class, Miss Val will class assist the first 4 weeks)
 6:00-7:00 Intermediate Hip-Hop B with Miss Valerie (ages 8-11, May sign up with approval from Miss Val Only)
 7:00-8:15 Advanced Hip Hop with Miss Valerie (ages 12+, teacher approval required)

TUESDAYS:

MONTROSE - @ PRECEDENCE ON MAIN

- 4:00-5:00 Wee little Hip Hop with Miss Leeann (ages 2.5-5)
 5:00-5:45 Pre-Ballet with Miss Leeann (ages 3-5)

WEEHAWKEN MONTROSE

- 4:00-5:30 Ballet 3/4 with Miss Pang (ages 9+)
 5:30-6:00 Pre-Pointe/Pointe for ballet level 3/4 with Miss Pang (instructor approval)
 6:00-8:00 Ballet 5/6 with Miss Pang \ (with instructor approval, includes pointe)

WEDNESDAYS:

MONTROSE @ PRECEDENCE ON MAIN

- 2:30-3:30 Tap 1/2 with Natasha (ages 8-10)

WEEHAWKEN MONTROSE

- 3:00-4:00 Pom Jazz with Miss Valerie (ages 9+)
 4:00-5:00 Jr Jazz and Mix it up! with Miss Natasha (6-8th grade, see additional info on website for weekly teacher and dance style schedule)
 5:00-6:15 Sr Jazz and Mix it up! w/ Miss Natasha (grades 9-12, or with instructor approval, see additional info on website for weekly teacher and dance style schedule)

MONTROSE - BLACK CANYON GYMNASTICS

- 6:45-7:45 Year 1 Aerial Dance A with Natasha (6 week session, non-performing. Ages 10+)
 7:45-8:45 Year 1 Aerial Dance B with Natasha (6 week session, non-performing. Ages 10+)

THURSDAYS:

MONTROSE @ PRECEDENCE ON MAIN

- 3:45-4:30 Pre-Ballet with Miss Leeann (ages 2.5-5)
 4:30-5:15 Primary ballet Miss Leeann (ages 5-7)
 5:15-6:15 Tap 1 with Miss Caila (ages 5-7)

MONTROSE- REC FIELD HOUSE

- 3:45-4:45 Ballet 1/2 with Miss Pang (ages 8-10)

WEEHAWKEN MONTROSE

- 4:00-5:30 Ballet 3/4 with Miss Caroline (ages 10 and up with instructor approval)
 5:30-7:30 Ballet 4/5 with Miss Caroline (with instructor approval)
 7:30-8:30 Teen Jazz and Lyrical with Miss Caila (ages 13 and up)

FRIDAYS:

WEEHAWKEN MONTROSE

- 3:45-4:30 Primary Ballet w/ Miss Natasha (ages 5-7)
 4:30-5:30 Tap/jazz (ages 5-8) with Miss Natasha
 5:30-6:30 Ballet 1/2 (ages 7.5 -9) w/ Miss Natasha
 6:30-8:00 Ballet 3/4 (ages 10+) with Miss Natasha
 8:00-8:30 Pointe with Miss Natasha

The Fall 2017 Session runs for 12-weeks beginning the week of September 5th and ending with a performance of "The Nutcracker" December 9 & 10 at the Montrose Pavilion.

All students must enroll either prior to the program beginning or at the first class in person. Enrollments are not accepted after the third week of the session unless special approval is granted by the Artistic Director.

New to Weehawken Dance? NEW students are welcome to try a class the first week free! Some needs-based scholarships are also available - Deadline August 25, 2017.

For more information on Weehawken Dance policies, Lead Audition Dates, Ballet Uniform Information, Studio Etiquette, Semester Dates to Remember, Company Dance Info, etc, visit weehawkenarts.org

STANDARD PRICING* (as of 09/01/17, 12 week session)

* = excludes aerial classes

Item	Price
30 minutes	\$84
45 minutes	\$162
60 minutes	\$174
75 minutes	\$192
90 minutes	\$216
120 minutes	\$285
Show fee (per class)	\$35
Annual registration	\$25

+ any costs associated with dancewear or tickets to the performances.

www.weehawkenarts.org
 970.318.0150

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 970-318-0150



MONTROSE ELKS LODGE: ELK TRACKS



Montrose Elks Lodge

MONTROSE-Welcome to Elk Tracks, a periodic update of what is taking place at our local Montrose Elks Lodge, located at 801 So. Hillcrest, Montrose CO 81401. Public is welcome at all events listed.

Bingo August 1, 2017 6:30 PM It was a beautiful Summer afternoon when Bingo time came around. Tonight would be special as Progressive Game 4 Jackpot valued at \$1,199 had reached a "Must Go" status. Card sales started at 6:00 and 5 "Early Bird" games paid \$18 each. The main Bingo session paid Winners \$85 for Regular games and \$ 90 consolation prizes for 3 Progressive games. The tension mounted during Progressive Game 4 and finally a booming "Bingo" was yelled out; quickly followed by there more echoing the win. Four Winners claimed the \$1,199 Jackpot and were paid \$300 each. A real good win indeed!

Last Game 8 Blue Double Action, paid \$200 to one Winner. We all had a good time!

Bingo August 8, 2017 6:30 PM **Progressive Game 2 has reached "Must Go" status and \$500.00 will be awarded** no matter how many numbers or balls it takes to reach Bingo. **Progressive Game 4 is valued at \$400.00** and will reach *Must Go* status at \$1,199. Game 4 can be won in 37 numbers or fewer. **Progressive 6 is worth \$3,422.00** and must be won in 53 numbers or fewer or the prize posted will be awarded. Based on attendance, *last Game 8 may approach \$200.*

For the best Bingo game on the Western Slope visit Montrose Elks Lodge *every Tuesday evening* to play Bingo. Doors open at 5:00 PM and Card sales start at 6 p.m.. An "Early Bird" set of 5 quick games begins at 6:30 and the main Bingo session of 8 games, that includes 3 Progressive Games start at 7 PM. It's a wonderful way to spend the evening having fun!



Introducing Independent Living at The Homestead at Montrose

If you are over 55 and independent but would like to live in a community offering socialization and peace of mind, schedule a tour of our private one and two bedroom apartments. We're conveniently located across from the Montrose Pavilion Senior Center.

Rent includes:

- All utilities: cable television, Internet and phone
- One nutritious meal per day
- Laundry privileges
- Socialization and invitation to all activities

Pricing starts at \$1210 per month, new residents only.

Call or email Denise Swanson, Residence Director to schedule a tour.
970.252.9359 | dswanson@voa.org | 1819 Pavilion Drive, Montrose



Senior
CommUnity
Care

Free Outdoor Concert

Music

ON THE

Green

Saturday,
August 26, 2017

Beer Garden



4:00-8:00 pm | Riverbottom Park, Montrose

Bring chairs or blankets to sit on the lawn

Beer & Wine for purchase from Horsefly Brewing Company

PROCEEDS GO TO BENEFIT THE THERAPEUTIC
RECREATION OUTDOOR ADVENTURE PROGRAM

Hamburgers
& Hot Dogs
for purchase

Live Entertainment Lineup:

Roam

Black Lab and The Banjo

All About Me

Ascending Giants



12PM - 3PM
AUGUST 19TH
RIMROCKER
RALLY
160 MILES OF DIRT AND FUN

FREE LUNCH OPEN TO ALL:
12PM - 3PM
FREE DRAWINGS!



Nucla Town Park | 165 West 10th Avenue | Nucla, CO

A Celebration of the Rimrocker Trail

Group Ride and Event Information at
www.rimrockertrail.org



OPINION/EDITORIAL: LETTERS

CELEBRATE MONTROSE CRIMESTOPPERS AT RIBBON CUTTING

Ladies and Gentlemen:

As part of our continuing publicity campaign to grow awareness of our Crime Stoppers program and in accordance with our membership in the Montrose Chamber of Commerce, we invite you to attend a traditional ribbon cutting ceremony in front of the entrance to the Justice Center. C.S. Board members should wear their yellow shirts.

Our program is truly very successful for its age and size, with over 32 arrests having been made and over 67 charges cleared. The numbers are conservative since Tips may result in arrests weeks and even months after being received, making tracking difficult and inconsistent. The program is recognized by Crime Stoppers USA and will be presented in September at its Annual Training Conference.

We hope that you are able to find a few minutes to join us at the ribbon cutting.

Very truly yours,

John W. Nelson

President, Montrose Regional

Crime Stoppers, Inc.

NOBODY HAS THE 'RIGHT' TO SERVE IN THE MILITARY

Dear Editor:

Nobody has a "right" to serve in the Military. Nobody.

What makes people think the Military is an equal opportunity employer? Very far from it.

The Military uses prejudice regularly to deny citizens from joining for being too old or too young, too fat or too skinny, too tall or too short.

Citizens are denied for having flat feet, or for missing or additional fingers. Poor eyesight will disqualify you, as well as bad teeth.

Malnourished? Drug addiction? Bad back? Criminal history? Low IQ? Anxiety? Phobias? Hearing damage? Six arms? Hear voices in your head? Self-identify as a Unicorn?

Need a special access ramp for your wheelchair? Can't run the required course in the required time? Can't do the required number of pushups?

Not really a "morning person" and refuse to get out of bed before noon?

All can be reasons for denial.

The Military has one job. War. Anything else is a distraction and a liability.

Did someone just scream "That isn't Fair"? War is VERY unfair, there are no exceptions made for being special or challenged or socially wonderful.

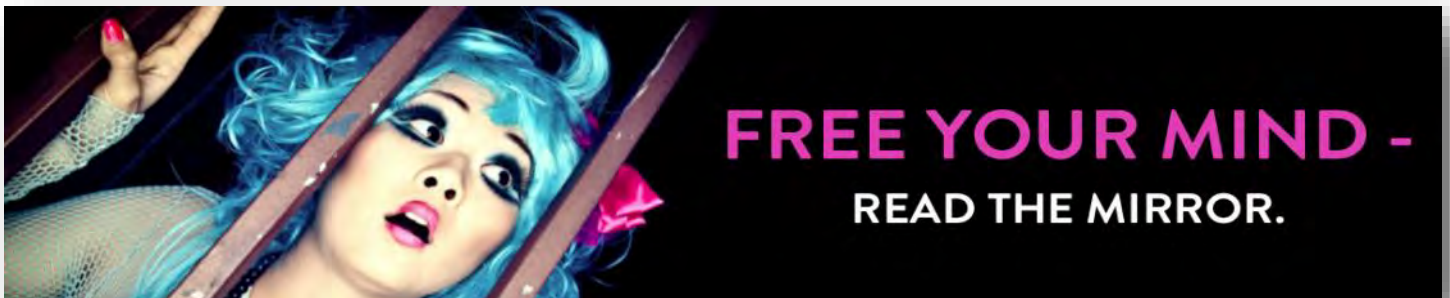
YOU change yourself to meet Military standards. Not the other way around.

I say again: You don't change the Military... you must change yourself.

The Military doesn't need to accommodate anyone with special issues. The Military needs to Win Wars.

If any of your personal issues are a liability that detract from readiness or lethality... Thank you for applying and good luck in future endeavors. Who's next ?

Doug Glaspell, Montrose



CITY COUNCIL APPLICANT INTERVIEW QUESTIONS INCONSISTENT



Eight of the 10 applicants for vacancies on the Montrose City Council wait to be interviewed. (L to R) Front row - David Crane and Ed Ulibarri. Second row - Anthony Russo, Michael Bautsch, Barbara Bynum and Jeremiah Quintin. Back row - David Stockton and Dave Bowman. Photo by Gail Marvel

By Gail Marvel

MONTROSE-City Council Applicant Interviews

Mayor Judy Ann Files explained that each candidate would have five minutes for questions and answers. Names were drawn at random beginning with Brad Tate; however, because he arrived late Tate was interviewed last.

Councilman Dave Bowman's resignation from the At-Large seat became effective at 10 a.m. with interviews scheduled to begin at 11 a.m. making him eligible for the District II seat. According to city staff Bowman's city email was disabled shortly after his resignation and he relinquished his city issued electronic tablet to the clerk's office on Aug. 1st. To conserve staff time no changes were made to the city website to remove Bowman's name pending the outcome of the council appointments.

Vincent Fandel withdrew his application leaving a total of 10 candidates. Dave Frank did not attend the interview, but his application will be considered.

Lacking two councilmen, the three-member council consisted of Mayor Judy Ann Files, Mayor Pro-Tem Roy Anderson and Councilman David Romero. Council's questions lacked uniformity and appeared

to be based on the individual applications and the candidate's interest in serving on city council.

David Stockton was asked about broadband, if he had attended any city council meetings, and if he would run for election in 2018. Stockton's interest is in affordable health care, "I think it is an injustice to have just one hospital. I'd like to see an HMO or a Kaiser type organization. Some type of partnership." Stockton has looked at the city budget and feels there could be tax relief for downtown businesses.

Ed Ulibarri was asked if he would run for election in 2018, his thoughts on the biggest issue facing Montrose and if he felt the city was going in the right direction. Ulibarri describes himself as a common sense type of guy, a team player and someone who can find common ground with the rest of council. "Right now it looks to me like the city is doing quite well. I'm not for providing small businesses with infrastructure and incentives."

Michael Bautsch was asked if he'd attended any work sessions, how long he has lived in the community and why he became interested in the running for city council. Bautsch an MHS and CMU graduate, is interested in seeing the CMU cam-

pus expand. His application stated, "For young people moving to Montrose I feel the most pressing issue is the lack of industry and sufficient income employment."

Jeremiah Quintin was asked what perked his interest in applying for council, if he'd thought about running in 2018 and his thoughts on low income housing. Quintin said, "Low income housing just raised their rent by \$100 and there is a long waiting list. Families can barely get by." Years ago Quintin conquered his drug problem, "But when you are an addict, you are an addict for life. We can get people off drugs, but they need to get qualified to get a job and get stable so they don't go back to drugs. We have a lot of organizations here, but they don't work together."

Dave Bowman began his interview by apologizing to council for wearing a polo shirt with the official City of Montrose logo. Bowman was asked what he has learned about council and city staff relationships and what he would like to work on in relation to what has been done. Bowman said, "I'm frustrated that I had to resign from council. My fate is in your hands." Bowman feels the current council respects one another, "Staff created an environment that encourages employees to work together and council works well with staff."

Prior to interviewing David Crane, Councilman Roy Anderson acknowledged that in the past he had a minor business relationship with Crane. City Attorney Stephen Alcorn recommended that Anderson abstain from asking questions.

David Crane was asked what perked his interest in applying for council and how his being bi-lingual could help build community relations. Crane, who owns multiple businesses, had reviewed the council minutes of the previous year. "My hobby is to serve the community. The [current] building process costs people time delays and money." Crane was concerned with homeowners who submit building plans, but then must pay additional fees to their architect when the city wants changes. We need to be an inclusive community, not

Continued next pg

CITY COUNCIL APPLICANT INTERVIEW QUESTIONS INCONSISTENT

From previous page

just with Hispanics.”

Barbara Bynum was asked about her recent experience at Harvard in a program for state and local governance and if she would be willing to share what she learned with council. Questions touched on affordable housing and her thoughts on those in the community who want Montrose to be only a retirement community. Bynum, who is on the Montrose Recreation Board of Directors, will transition off that board, but does not want to walk away from the position. “I care about the community and want to serve the community.” Affordable housing needs to be a public/private partnership, “Not one person can do it alone.”

Anthony Russo was asked about what he has learned as a member of the Planning Commission, updating the city code and foreign trade zones. Russo said, “We need to look to CMU to expand certificate programs to promote and train folks here. The Foreign Trade Zone opens up manufacturing. If we’re not part of it, it is to Grand Junction’s advantage.”

Brad Tate was asked about the community’s mixed reactions with development and his experience with managing boats and yachts. Tate said, “Montrose isn’t exclusive [to growth]. People move here mainly because of the congestion on the front range.” Tate said of his experience managing yachts, “It’s like running a city every day...it’s a floating city.”

Sales and Use Code Updates – Finance Director Shani Wittenberg and Assistant City Attorney Andrew Boyko.

The Colorado Municipal League (CML) is proactive with the goal for municipalities to adopt the same definitions that would apply state-wide. As a home-rule municipality, the city collects its own sales tax; however, if the State of Colorado were to take over collection of sales tax the city would be charged an administrative fee and lose part of the tax collected.

Mayor Files said, “Having the common language will really help.” The code update does not add new tax or eliminate tax, but remains neutral. Wittenberg said, “We’ve been working on this for two

years.”

City Attorney Stephen Alcorn noted the importance of municipalities doing the updates to the code, “...rather than having the legislature telling us what to do,”

Boyko said, “This is really a simplification.”

Council Discussion:

A constituent contacted Anderson concerning a drone that followed her in the downtown area. Anderson asked about the remedy and ramifications. Chief of Police Tom Chinn said, “There are laws to protect individuals...certainly in this case.” Citizens should contact the police department about such incidents.

The dog park is now open and more than 50 people with their dogs turned out for the ribbon cutting. Mayor Files said, “It is a learning experience; some dogs were timid and some were aggressive.”

Assistant City Manager Rob Joseph reported that FUNC Fest was very successful and growing every year. “A conservative estimate is that we had 5,450 people with 228 volunteer hours for the day.”

weehawken creative arts presents the



Aug 12: 9am-5pm & Aug 13: 10am-5pm
in Ridgway's Town Park - Ridgway, CO
WWW.RIDGWAYRENDEZVOUS.COM



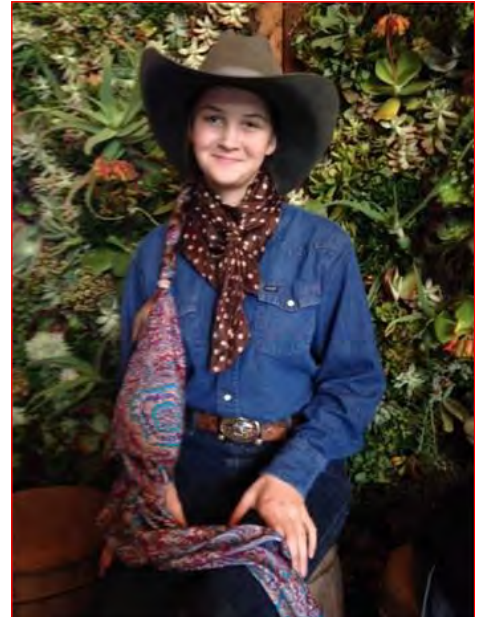


ISSUE 108 Aug. 7 2017

ART & SOL

FRESH FOOD, FINE TUNES @ SECOND ANNUAL FARM TO FIDDLE FEST

The Delta County Fair takes place this week, and the Farm to Fiddle Festival complements fair activities such as the parade on Aug. 12, above. At right, Jeneve Rose Mitchell will perform at the Farm to Fiddle Festival once again. Courtesy photos.

**Mirror Staff Report**

HOTCHKISS- If two days of fine music, food, friends and fun in the North Fork Valley appeal to you, head to the second annual Farm to Fiddle Festival in Hotchkiss Aug. 11-12. The Farm to Fiddle Festival at Oak & Bridge streets is intended to complement the [Delta County Fair](#), which also takes place in Hotchkiss at the County Fairgrounds this week.

"It's going to be great," Farm to Fiddle Festival organizer Lynda Cannon said. "We will have 12 to 14 bands, and a lot of local products. We have an outdoor expo, with a climbing wall, surf simulator and archery shoot.

"Come get out of the traffic, and enjoy two days of live performers!" Cannon said. Though the Farm to Fiddle Festival is just

in its second year, the number of booths has increased from 50 last year to 60 this year, she said.

Farm-to-table foods are an important part of the economy in the North Fork Valley, and they will be plentiful at the festival as well. The Creamery will have food as well as local hard cider, fresh-brewed beer and non-alcoholic beverages.

"There will be a taxidermy show in the Creamery," Cannon said, "They will have bear, moose and all kinds of stuff. The county fair parade will take place Saturday morning, and the Delta County Master Plan will be presented here as well."

With so much happening all at once, "It's pretty exciting to have so much going on," Cannon said. "It's nice for the merchants up here—this will give people a chance to

get to know them," Cannon said.

"We want to develop a better Main Street, and improve the economic vitality of Hotchkiss." The music begins at noon on Friday, and at 11 a.m. on Saturday. Musicians will include the Kid Fiddlers; David Starr; Jeneve Rose Mitchell; the Solar Brothers; North Fork Flyers; Beth Williams and more. Vendor hours are from Noon to 5 p.m. Friday and 10 a.m. to 5 p.m. Saturday.

For the full lineup and schedule of events, visit the web site at www.farmtofiddle.com.

COMMUNITY NEWS BRIEFS: ARTS & CULTURE

MONTROSE REGIONAL LIBRARY: MILL LEVY INCREASE WOULD RESTORE OPERATIONS

Special to Art & Sol

MONTROSE-The Montrose Regional Library District (MRLD) Board of Trustees will file for an election to approve a mill levy increase, which will be included in the county ballot this fall. During a special MRLD board of trustee meeting on July 24, six of seven MRLD trustees were present and voted unanimously to move forward, one trustee was absent from the meeting but provided a letter of support for the mill levy effort. The MRLD will ask Montrose County voters to vote "yes" on a nominal point-.85 (.85) increase to the existing 3-mill levy, which will include a 10-year sunset provision.

The MRLD mill levy has not been altered since 2004. A .85 mill levy increase equates to a \$6.12 increase a year per \$100,000 of residential valuation, less than \$13 a year per household for a property valued at \$200,000 and commercial property will see an annual increase of less than \$25 per year for every \$100,000 of valuation.

The mill levy is the primary funding mechanism for the Montrose Regional Library District's programs and operations. A 3.85 mill levy will add approximately \$450,000 to the library's annual budget. The increase sought will restore library hours to 7 days, resume a robust Bookmobile schedule, expand its book & e-book selections, upgrade technology and im-

prove facility conditions.

"The 2007 economic downturn dramatically affected our ability to operate the library to it fullest and its most useful potential," said Emily Schneider, president of the MRLD Board of Trustees and co-coordinator of the Library Election Committee. "Despite recent increases in property values, TABOR and Gallagher regulations have stagnated revenues the MRLD receives from property taxes. Yet every year we've managed to balance our budget and maintain our required reserves."

During the past 10 years, the MRLD has reduced its staff by 33-percent, cut its operating hours from seven days to just five days a week, decreased its Bookmobile services by 71-percent, slashed its book and electronic material resources by 34-percent and delayed facilities and grounds maintenance.

"Did you know our rural community and homebound citizens rely on the Bookmobile to make stops so they can enjoy books, movies and electronics," said Caroline Evans retired elementary school teacher who serves as MRLD trustee and is the co-coordinator Library Election Committee.

"The Bookmobile also serves as Olathe's Branch Library, yet due to budget restraints the Bookmobile can only go to Olathe a couple times a month. And senior living centers have been eliminated

entirely from the Bookmobile schedule.

This is just one of the many improvements we need to make to our library to remain viable to this community."

Residents and patrons will appreciate the results of a successful mill levy increase as early as January 2018, as projected revenues would be budgeted into the first of the year. The first priority will be to reopen on Friday and Saturday and increase the number of hours the library is open each day.

Montrose County residents will be asked to vote YES or NO to the .85 mill levy increase in ballots that will be mailed in mid-October, according to the Montrose County Elections Division website. All ballots must be mailed or dropped off at a polling center by the November 7th election day deadline. For more information about the MRLD mill levy increase effort please contact ImagineYourLibrary@gmail.com, visit www.MontroseLibrary.org or find and like the MRLD Facebook page www.facebook.com/ImagineYourLibrary.

What is a mill levy?

The mill levy is the "tax rate" that is applied to the assessed value of a property. One mill is one dollar per \$1,000 of assessed property value. Mill levies are used to fund local areas of services.

In Montrose County mill levies fund local public schools, the fire department and the Montrose Regional Library District.



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Led by Brandi Garcia
Certified Dementia Care Validation Instructor

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Email: bgarcia@voa.org

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MIRROR IMAGES...PHOTOS BY JEN MCCLANAHAN



MONTROSE-From the Montrose Summer Music Series Free Concert at Black Canyon Golf Course Aug. 4. At left and right, headliner Sunny Sweeney.



**J-M
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COMMUNITY NEWS NEWS BRIEFS: ARTS & CULTURE

DAVID STARR TO PLAY RADIO ROOM SEPT. 9

Special to Art & Sol

GRAND JUNCTION-The Radio Room Welcomes David Starr on Sept 9. Doors open at 7 p.m. and show begins at 7:30 p.m.

With Arkansas roots and Colorado wings, David Starr has been making music since the age of 10. He is an Americana singer/songwriter, multi-instrumentalist and producer with hundreds of live shows and seven releases under his belt both as a solo artist, duo artist and member of the David Starr Band.

He is set to release a new six-song EP entitled *The Head And Heart* produced and arranged by John Oates in April of 2017. The project was recorded at Addiction Sound in Nashville in February and features five David Starr originals and one re-imagined 1960's classic. His 2016 CD, *Love And Sabotage*, is a 15-song collection that features original composi-

tions, co-writer collaborations and two covers. The new release also showcases Starr's many influences ranging from Southern California country rock to Delta blues to folk. The songs were recorded in several studios with the help of session veterans from Nashville, Denver and Aspen. Starr has shared the stage with such artists as John Oates (Hall & Oates), Richie Furay (Buffalo Springfield, Poco), Kenny Edwards (Linda Ronstadt, Karla Bonoff), John McEuen (Nitty Gritty Dirt Band) and numerous others. He has opened for Survivor, Clint Black, Travis Tritt, Restless Heart, The Marshall Tucker Band and The Guess Who. When he isn't spreading the gospel of music through his retail music store in Cedaredge, Colorado, Starr tours in Colorado, Arkansas, Tennessee, Wyoming, Utah, Montana, Hawaii, California, Texas, West Virginia, Canada and the Unit-



David Starr. Courtesy photo.

ed Kingdom playing house concerts, festivals and live shows in a variety of venues.

Tickets are \$12 in advance and \$15 at the door and may be purchased by calling (970) 241-8801, Ext 223 or online at www.kafmradio.org. The Radio Room is located at 1310 Ute Avenue, Grand Junction, CO 81501. Doors open at 7 p.m. Show at 7:30pm



* PANCAKE BREAKFAST *

* MONTROSE DAILY PRESS *

* 8:00 - 10:00AM *

* SAT., AUGUST 12 *



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<https://www.fs.usda.gov/goto/forestplan>



MIRROR IMAGES...OLATHE SWEET CORN FESTIVAL!



A hardworking team of volunteers brought the Olathe Sweet Corn Festival to life once again on Aug. 5. Sunshine, Olathe Sweet sweet corn, friends and neighbors, and a Saturday night concert by Country music great Rodney Atkins (not shown) made it a celebration to remember. Mirror staff photos.



MIRROR IMAGES...MATTICS PRODUCE FARM STAND!



Mirror Staff Photo

MONTROSE-Kerry Mattics, Emily Lane and Shawnda Berterello (above) pose for a photo at the Mattics Produce Farm Stand, now open at the San Juan Bypass at Main Street and San Juan Avenue.



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COMMUNITY NEWS BRIEFS: ARTS & EDUCATION

ARTIST MIKE SIMPSON TO TEACH PLEIN AIR PAINTING CLASS IN OURAY

Special to Art & Sol

RIDGWAY-Weehawken is excited to offer a one day introductory class, "Learn About Plein Air Painting", taught by Mike Simpson, a Signature Member of the Plein Air Artists of Colorado, the Western Colorado Watercolor Society and a member of the New Mexico Plein Air Artists, the Laguna Plain Air Painters Association, The Oil Painters of America and the National Watercolor Society.

"Plein air painting is nothing more than painting out of doors under natural light, usually associated with painting the landscape. Lately, a lot of attention has come to plain air painting, with festivals popping up all over the nation. Originally it was practiced to see the landscape under natural lighting conditions. There isn't a camera lens made that can duplicate what the eye can see. Nothing compares to a painting done plein air," says Simpson.

Come join nationally recognized local plein air painter Mike Simpson and learn how to "see" the landscape in front of you, how to determine a suitable motif, how to edit the subject material and how to begin. This class isn't medium specific. Pastel painters, watercolor, oil and acrylic are all suitable mediums to paint "en plein air."

All students are encouraged to bring the materials they are comfortable working with and to be prepared to be working in a somewhat portable fashion in the outdoors. Mike will do a demo to illustrate talking points. and handouts will be provided. This class will be held in the Ridgway/Ouray area, with the exact location to be determined the week prior to the class, dependent upon weather conditions.

Join Weehawken Aug. 16 from 9 am to 4 pm each day. Tuition is \$90 per student, and does not include all materials. Students are required to bring their own materials for whatever medium they choose. There is a six student minimum pre-enrolled to make the class "go," so



pre-registration is highly encouraged (and needed).

For more information, visit Weehawken Creative Arts at www.weehawkenarts.org or visit facebook at facebook.com/weehawkenarts - or call them at [970.318.0150](tel:970.318.0150).



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GROW WEALTHY...BUILD HEALTH & WELLNESS!



Michele Gad is a Certified DelGiacco Neuro Art Therapist and runs a business, Focus, Attention, Memory Exercises (F.A.M.E.)

Thank goodness the hottest part of summer is behind us and we finally got some measurable precipitation at the end of July. Those near 100-degree temperatures can be tough on many of us, especially if you have psoriasis (since some individuals claim climate can trigger their psoria-

sis).

August is Psoriasis Awareness Month but before we delve into triggers or treatments it's important that people understand it is not contagious, *so don't be put off by somebody that is challenged with this disease... you cannot catch it.* "It" being the fiery red skin accompanied by hot, swollen and stiff joints.

Psoriasis is the most prevalent autoimmune disease in the U.S. and affects as many as 7.5 million Americans. It occurs when the immune system sends out faulty signals resulting in painful red, scaly patches on the skin that bleed and itch. Psoriasis has been linked to other serious conditions including psoriatic arthritis, cardiovascular disease and even stroke. There's an ever-growing list of related conditions you are at risk for if you suffer with psoriasis; heart disease, type 2 diabetes, obesity, depression.

Scientists believe that at least 10 percent of people inherit one or more of the genes that could eventually lead to psoriasis. However, only 2 – 3 percent of the popu-

lation develops the disease. Researchers believe that for a person to develop psoriasis, he/she must have a combination of the genes that cause psoriasis and be exposed to specific external factors known as "triggers."

Psoriasis triggers are not universal. But what are the psoriasis triggers? (NOTE: What may cause one person's psoriasis to become active, may not affect another.) Established psoriasis triggers include the following:

Stress

Stress can cause psoriasis to flare for the first time or aggravate existing psoriasis. Relaxation and stress reduction may help prevent stress from impacting psoriasis.

Injury to skin

Psoriasis can appear in areas of the skin that have been injured or traumatized from vaccinations, sunburns and scratches. This can be treated if it is caught early enough.

Medications

Certain medications are associated with triggering psoriasis, including **Lithium, Antimalarials, Inderal, Quinidine, Indomethacin.**

Infection

Anything that can affect the immune system can affect psoriasis. In particular, streptococcus infection (strep throat) is associated with guttate psoriasis. Strep throat often is triggers the first onset of guttate psoriasis in children. You may experience a flare-up following an earache, bronchitis, tonsillitis or a respiratory infection, too. It's not unusual for someone to have an active psoriasis flare with no strep throat symptoms. It's a good idea to talk your healthcare provider about

getting a strep throat test if your psoriasis flares.

Other possible triggers

Although scientifically unproven, some people with psoriasis suspect that allergies, diet and weather/climate trigger their psoriasis.

Good news - while there isn't a cure for psoriatic disease yet, researchers have found that there are a lot of things that can be done that will improve your health. Today there are more psoriasis treatments, and more effective treatments, available than ever before including biologics/bio-similars, oral treatments, systemics, phototherapy, topicals, complementary and alternative remedies.

Sadly, according to surveys conducted by the NPF (National Psoriasis Foundation) most people living with psoriasis are either dissatisfied with their treatment or not using treatments appropriate to the level of disease severity. Therefore, the NPF recommend a "Treat to Target Program" wherein a patient and their healthcare provider set specific targets or goals for improved health outcomes. The goals are meant to reduce the severity of plaque psoriasis so that it covers 1 percent or less of a person's body within three months after starting a treatment. To learn more about the appropriate treatments available, you may want to schedule an appointment with a dermatologist or even contact a navigator at NPF (www.psoriasis.org or 800-723-9166).

Please feel free to contact me at MichelGad.fame@aol.com or 970-948-5708 if you have questions, comments or suggestions.

The Mirror: many views, one newspaper.



COMMUNITY NEWS BRIEFS

RIDGWAY NOW HAS *TRUE GRIT* WALKING TOUR

Special to Art & Sol

RIDGWAY-The Ridgway Area Chamber of Commerce now offers a one-hour walking tour commemorating the filming of *True Grit*. In the movie, Ridgway is depicted as Fort Smith, Arkansas.

John Wayne, who played a crusty, one-eyed U.S. Marshal in the 1969 blockbuster hit, thought Rooster Cogburn was his best role since Ethan Edwards in *The Searchers* 12 years earlier. Apparently Academy judges agreed, awarding Wayne his only Oscar for the performance.

Tour attendees visit nine sites within a two-block area in downtown Ridgway: the railroad depot, gallows, livery stable, mortuary, Chen Lee's place, the courthouse facade, True Grit Cafe (built in 1986 as a tribute to John Wayne and *True Grit*), the saloon and the grocery.

For years the jail wagon has been situated on the southwest corner of highways 62 and 550 to welcome visitors to Ridgway. Although its location does not allow inclusion in the walking tour, visitors are encouraged to pose with the relic for a photo opportunity.

A plaque at each location describes its relevance and conveys interesting or unexpected details. The plaques contain a QR code and a map. Smartphone users who scan the code land on a Chamber website movie page about *True Grit* locations outside of town and information about the movie and others made in Southwestern Colorado. The site map accommodates residents and visitors who prefer a self-guided tour.

Two locations in Ouray not on the tour also have plaques. The *True Grit* interior courtroom scenes were filmed at the Ouray County Courthouse. The Outlaw Restaurant, Wayne's evening getaway for playing pool and enjoying a libation, proudly displays a gift from John Wayne—a Stetson he wore in the movie. Dave's Mountain Tours (970-728-9749, davesmountaintours.com) utilizes Swiss Pingauzers to transport visitors to remote *True Grit* sites—Last Dollar Road, Owl Creek Pass, Katie's Meadow and the snake pit. Walking tour participants meet their guide at the Ridgway Visitors Center (150 Racecourse Rd, just west of the intersection of highways 550 and 62) Fridays at 10:45 am from May to October. Admittance is \$10 for ages 12 and above. (Children are free.) A group of six or more may request a tour anytime throughout the year.

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COMMUNITY NEWS BRIEFS: ARTS & NATURE

CAROL PATTERSON TO PRESENT ON BIRD IMAGES IN ROCK ART

Special to Art & Sol

REGIONAL-Birds have played a significant role in ancient cultures from being harbingers of rain and snow for the Puebloans to messengers to the rain clouds for the Utes and Paiutes.

Bird images are frequently found in rock art throughout the Southwest. Local anthropologist Carol Patterson has been studying birds in rock art for over 30 years and will present some of her conclusions at a program in the Centennial Room on Montrose 16 August.

"Sometimes they are disguises for katsinas, and at other times they signal solstices and changing seasons," Patterson said. "I will be showing birds within the cultural context showing their mythical roles in the lives and beliefs, ritual poetry and ceremonies of several diverse cultures."

After receiving her undergraduate and masters degrees in the U.S. Patterson

moved to Queensland, Australia, to get her PhD at Cook University. She moved back to Denver in 2000 where she taught Cultural Anthropology at Metro State. In 2004 she moved to Montrose and began teaching anthropology and archaeology at Mesa State. She has worked for the Bureau of Land Management and is currently studying the San Juan Basketmaker sites around Bluff, UT.

Her program is being sponsored by the



Black Canyon Chapter of the Audubon Society and is open to the public.

There is no charge. The Centennial Room is located off Centennial Plaza in downtown Montrose.

For more information call [970-497-0376](tel:970-497-0376).

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YOUTH APPRECIATION DAY

*** SATURDAY, AUGUST 12, 2017 ***

*** EVERYTHING FREE FOR KIDS ***

*** FUN STARTS AT 8:00AM ***

* WHAT'S HAPPENIN' AROUND TOWN *

All Day: Free Kid's Cone - McDonald's (both locations). Free kid's cone.

8am - 10am: Pancake Breakfast & School Supplies - Montrose Daily Press, 3684 N. Townsend. Chow down on pancakes & sausages for the whole family. Free backpacks and school supplies for kids while supplies last.

9am - 11am: Macks Entertainment Open Gym - Macks Entertainment, 1865 E. Main. Tumble, romp, jump, play, and bounce away. No outside food allowed.

9am - 4:30pm: Tours & Arts & Crafts - Ute Indian Museum, 17253 Chipeta Rd. Free admission for kids, plus arts and crafts while supplies last.

10am - 12noon: Open Dance Workshop - A Time to Dance Studio, 1912 S. Townsend. Ages 3-6: 9:30-10:10am & 10:15-10:55am; Ages 11 & Up: 11-11:40am; Ages 7-11: 1-1:40pm; Acrobatics/mat ages 7 & up: 11:45am-12:30pm.

10am - 12noon: Museum of the Mountain West - 68169 E. Miami. Guided tours of historic buildings. Kids free with paid adult; \$6/adult.

10am - 12noon: K9 Oxx Police Dog Demonstrations - Chow Down Pet Supplies on Main Street.

10am - 2pm: Bugs in the Garden - Montrose Botanic Gardens, 1800 Pavilion Dr. Make your own bug tic-tac-toe game or go on a scavenger hunt through the gardens. Kids 3-12 years old.

10am - 8pm: Mini Golf - Cedar Creek RV, 126 Rose Lane. One round of free mini-golf for all youth. Children under 10 years must be accompanied by a paying adult; \$3/ adult.

11am: Free Movie "Smurfs: The Lost Village" PG - Fox Theater Downtown.

11am - 1pm: Open Play @ the Rec - Montrose Rec Center, 16350 Woodgate. Kids under 7 must be accompanied by a paying adult; \$4/adult. Pool space limited to first 350 people. Hosted by MRD.

11am - 3pm: Pioneer Times - Montrose County Historical Society Museum, 21 N. Rio Grande Ave. Free admission for kids and a fun scavenger hunt; \$1 per adult.

2pm - 4pm: Open Play @ the Rec - Montrose Rec Center, 16350 Woodgate. Kids under 7 must be accompanied by a paying adult; \$4/adult. Pool space limited to first 350 people. Hosted by MRD.

2pm - dark: Golf - Black Canyon Golf Course, 1350 Birch St. Junior golfers play free (18 and under). Accompanying adults, \$1 per hole green fee and ½ price cart rental. Must supply own clubs.

4pm - 6pm: Macks Entertainment Open Gym - Macks Entertainment, 1865 E. Main. Tumble, romp, jump, play, and bounce away. Free for the whole family. No outside food allowed.

4pm - 7pm: Minecraft Night - Proximity Space, 210 E. Main. Young gamers unite for the ultimate Minecraft challenge. Ages 10 and under. Must be accompanied by adult. Bring a laptop.

8pm - 10pm: Movie on the lawn - Montrose Rec Center, 16350 Woodgate. Bring your chairs and blankets for a night under the stars. Free popcorn and a classic movie about a boy called Smalls, pickup baseball games, and a legendary ball-eating dog. Hosted by Black Canyon Boys & Girls Club.

* FOOD & FUN AT RIVERBOTTOM *

*** 10:00AM - 1:00PM ***

Watermelon Feast - Ute Park. By City Market and the Montrose Lions Club.

Touch-a-Truck - McNeil Parking Lot. Fire trucks & hose demonstrations, MMH helicopter, police cars, ambulances, MRAP, bucket truck rides, giant dump truck, & water truck. Provided by Montrose Memorial Hospital, Montrose Fire District, Trans Care Ambulance Service, DMEA, Montrose Police Department, Montrose County Sheriff, & Haynes Excavation.

Fly Fishing - McNeil Park Pond. Fly cast with the Gunnison Gorge Anglers.

Kiddie Carnival - McNeil Fields. Carnival games, face painting, photo booth, bean bag toss, inflatables, snow cones, nerf targets, rock painting, huge slip-n-slide, & POWER the robot. Sponsored by Montrose Recreation District, Alpine Bank, Tri-State G&T, Haynes Excavation, Montrose Rocks, & Black Canyon Boys & Girls Club.

Rec Fest - Ute Park. Head down to the park for a fun-fest: Hot dogs, dunk tank, soccer kick & maze, football throw & field goal kicking, batting cages, golf pitch, basketball free throws, archery, hockey shots on goal, speed throws, bike derby, climbing wall, obstacle course, & photo booth. Provided by MRD, Montrose Rotary Club, The Home Depot, Cascade Bicycles, Dalby Wendland & Co., Crossfit Agoge, & Prestige Event Rentals.

Stand Up Paddle Boards - McNeil Park Pond. Learn how to stand up paddle board. Board, paddle, & life jackets provided. Parental supervision required. Provided by Montrose Kayak & Surf Shop.

Bookmobile - Ute Park. Grab a free book for kids and your most important back-to-school supply - a library card. Provided by Montrose Regional Library & Altrusa International of Montrose.

Horsedrawn Carriage Rides. Ride the loop from Holly Park to Riverbottom Park with the Y-Hitch Suffolk Punch Horse Team. Made possible by City of Montrose.

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COMMUNITY NEWS BRIEFS: OUTDOOR RECREATION

ANGLERS HELP REMOVE SMALLMOUTH BASS FROM RIDGWAY RESERVOIR

Special to Art & Sol

RIDGWAY, Colo. – More than 100 anglers fished at Ridgway Reservoir at Ridgway State Park during July and caught more than 2,000 smallmouth bass during the third annual tournament that ended Sunday.

The purpose of the annual tournament is to protect native fish and water users downstream of the reservoir. Anglers who participated in the tournament were asked by CPW to catch and keep non-native and illegally stocked smallmouth bass.

A total of 126 anglers registered for the event and removed 2,339 smallmouth bass during from July 9-30. The fish ranged in size from three inches to 17 inches. In 2016 anglers removed 1,100 smallmouth.

"Our strategy to extend the tournament to three weeks paid off," said Eric Gar-

dunio, aquatic biologist for Colorado Parks and Wildlife in Ridgway. "Based on the surveys we did before the tournament and the number of marked fish that were turned in, we know that anglers are helping to suppress the population."

Smallmouth bass were introduced illegally at Ridgway Reservoir about 10 years ago. The species is a predator fish that can survive in Western Slope rivers. There is significant risk of smallmouth bass escaping from the reservoir into adjacent rivers where they would reproduce and consume native fish species that are found nowhere else in the world. Smallmouth bass have escaped other impoundments in western Colorado and are adversely affecting populations of native fish in several rivers.

Smallmouth bass also have the potential to negatively impact the sport fishery within Ridgway Reservoir.



"We really appreciate that anglers are helping us with this removal effort. They are far better at catching and removing large numbers of fish than CPW is, even with our electrofishing gear," Gardunio said. "This tournament proves that Colorado's sportswomen and sportsmen play an important role in wildlife management."

Using a survey technique called mark-recapture, Gardunio estimates that about 50 percent of smallmouth bass six inches and longer were removed from the reservoir during the tournament.

"With that amount of removal we are starting to see a decline in the population," Gardunio said.

But even with that many removed, there are still smallmouth in the reservoir and the annual tournament will continue every year.

CPW awarded anglers with raffle tickets for each fish that was turned in and prizes were awarded. The top prize, a 14-foot fishing boat, 20 horsepower motor, trailer and fish finder was won by Rich Tunget of Olathe. In addition, five one-person pontoon boats were awarded. The winners: David Reitz, Delta; Kevin Hays, Ridgway; Zach Tunget, Olathe; Terry Gangle, Grand Junction; and Lawrence Cieslewicz, Houston, Tex.

Many Older Adults Need Our Help... *in the most fundamental ways.*

- **FOOD:** In the most affluent country on earth, seniors have to choose between food and medicine.
- **SHELTER:** Imagine having to find a decent, secure place to live on an income of \$800 per month.
- **SAFETY:** For older adults, home can often become a dangerous place without proper repairs.
- **SUPPORT:** Sometimes we all need a little help from our friends.
- **CARE:** When living at home is no longer an option, we can help.
- **CONNECTIONS:** When you outlive all of your friends and family, who do you turn to?



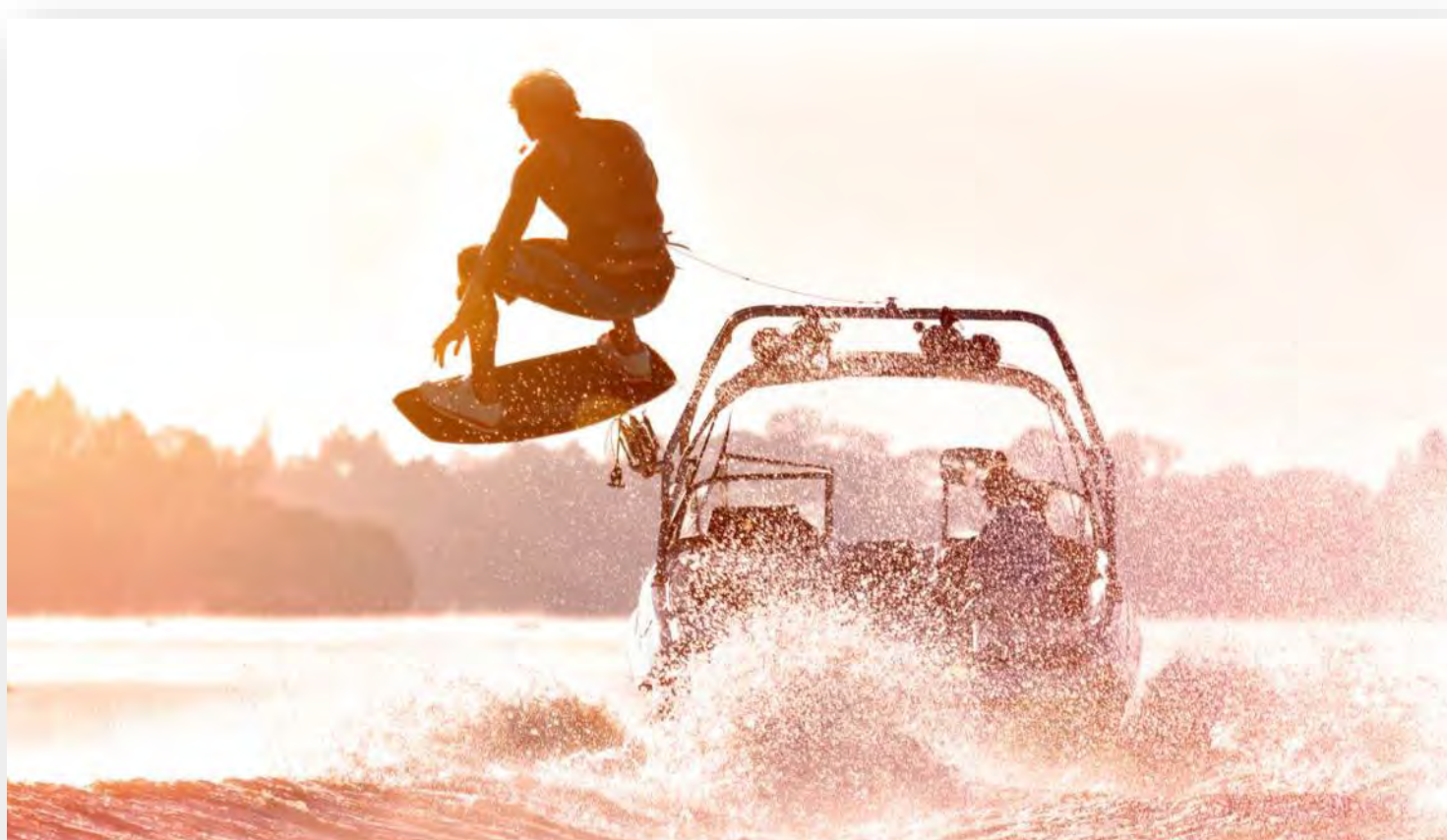
We provide a connected network of services that make a significant difference in our part of the world.

Join us in supporting our vision to enrich and uplift the lives of our local older adults.



www.voahealthservices.org
www.Facebook.com/VOAWesternSlope.org
1-844-VOA-4YOU Toll Free Assistance Line





What did you do with your **REBATE?**

2017 DMEA Rebates

Energy Star appliances, efficient heating and cooling systems, and LED lighting can save you energy and money. DMEA offers a variety rebates to help to take advantage of these options—just one way DMEA helps you manage your energy use.



2017 DMEA Rebates

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- Clothes washers
- Clothes dryers
- Dishwashers
- Water heaters
- Electric motors
- LED lighting
- Heat pumps
- Split system air conditioning
- Electric Motors



NOTES FOR THE JOURNEY...

Exploring Classical Music With Rob Brethouwer

SERIAL FICTION...THE FINAL INSTALLMENT...

The last 48 hours had been a whirlwind of activity with the details best left unsaid. The break had been welcome; Olivia was a bit hung-over but eager to engage once again in her quest. The Special Collections Curator for the Paris Opera Library was now available and ready to assist Olivia and Max in looking at document 8C2XQ5. The Curator was named Peter Ramaud and he described the procedures for entering the special collections area.

While hearing the instructions, Olivia thought to herself that it would probably be easier to enter a Level 4 biohazard laboratory. After what seemed like far too long, Olivia, Max, and the windy Ramaud entered the room. Being temperature controlled, it was like entering a fault. This was the first time that Olivia had worn a hairnet and white cotton gloves when looking at a book or manuscript.

The motet in question was filed in a long, flat drawer that when opened revealed the first two pages of the piece in their entirety. Somewhat faded with scrolls drawn in each corner, the manuscript was stunningly beautiful in its simplicity and had aged remarkably well. The motet was eight pages in total and Curator Ramaud gently lifted the entire piece out and placed it on a wide viewing stand that was off to one side of the room. Once in place, it was up to Olivia to gently turn through the pages with excruciating care. If anything were going to advance her quest and provide her answers for everything that had transpired in the last week, it would be found within the pages of this 16th century French motet. With Max leering over her shoulder, Olivia carefully scanned the first two pages before turning to the next. The detail was astounding and it was difficult to believe it had been done by hand. The ink on the page looked almost purple, and seemed to have been

placed on the page in the last few weeks instead of hundreds of years ago. Some spots more clear than others; the entire thing was a work of art. As Olivia looked for anything out of the ordinary, it was not until page six when something a bit odd was found written in the middle of the page. The handwriting was in the style of the author, yet the words had no place within the motet. In the tiniest of scrawls, the words "Grande Chartreuse" were shockingly out of place. Olivia did not know what the words meant and Max looked equally as confused. Ramaud came to the rescue when he informed them that Grande Chartreuse was a monastery in the mountains near Grenoble, France. Known for its Chartreuse liqueur and use as a hospital during World War II, the monastery was also a holding place for some of the finest manuscripts and books. Its collection of secular music works was well known to music scholars and historians all over the world. And it was a six-hour drive from Paris.

Max had access to a Citroen that had belonged to his father. It was rarely driven and was in excellent working order. Although not a fast car, it would get them to their destination with just a touch of style. Olivia decided to drive since Max had many talents, but driving was not one of them. While heading south, thoughts of who was behind this little adventure swamped Olivia's thoughts. It was quite clear that two opposing factions were at play. One side was gently pushing her towards answers while the other more malevolent side was attempting to keep her from finding the answers to her many questions. Being deep in thought and not being familiar with her surroundings, Olivia did not notice the small panel truck that had been on her tail for the last 88km. It was only after pulling off to get gas and a

snack that Olivia noticed the truck behind her. It became familiar because she had seen it at the rest stop and had noticed its odd purple paint job. Nearing the destination at the monastery Grande Chartreuse, the truck now stuck out like a flashing light on the small narrow roads. Arrangements had been made by Ramaud to have them escorted through the monastery for a special tour. Not open to the general public, Max and Olivia would have the place mostly to themselves although with an escort. A monk from the Carthusian order was their guide. Not looking for the full tourist experience, Olivia requested that their time be spent at the library/reading room that was at the heart of the monastery complex. Speaking only French, the Monk's ongoing commentary was quickly interpreted to English for Olivia's benefit.

The facts were interesting and broad but Olivia was only half listening as the words "a great scandal involving the daughter of a church official," were translated nonchalantly by Max. Olivia asked for clarification and the guide provided the following background. It was known within the Carthusian order that one of the monks in the 16th century came to the monastery after he had been caught with the young daughter of a high-ranking church official. This went far beyond anything resembling misguided social contact but was in fact a scandal that involved the newly-arrived monk having a lengthy and very involved sexual relationship with the young woman.

Having found out about the relationship, the father and



Continued next pg

SERIAL FICTION...THE FINAL INSTALLMENT...From previous pg

church officials had prohibited his daughter from seeing the young man and threatened the young man with death if he continued the relationship in any shape. This demand was of course ignored and the carnal relationship continued. Simple words could not dampen the lust that had developed between the church official's daughter and the young man. Word spread of the relationship and the father was being pressured to live up to his exalted position within the church. Refusing to do so, things came to a head and he was forced from his position and stripped of all titles given and earned. Enraged, the father threatened the very life of his daughter and made it his life's goal to find and kill the young man who had ruined his reputation and his career and had made a sexual plaything of his only daughter. The details of the scandal ended at the monastery, as this was the place that the young man sought refuge. He ended up staying at the monastery until his death at the age of 69. He never again saw his young female lover. The last detail provided is that the composer Jean Maillard heard of the tale and had written a motet that outlined the details of this scandal. After all, it had all the details of a great story and was perfectly suited for a secular piece of vocal music. The monk guide told them that this was still a scar on the history of the order and there were those that wanted nothing more than to wipe all evidence of it ever happening away and to pretend it never happened.

The party of three had just entered the library in the monastery when there was a loud commotion coming from outside.

Peering down from a second story window, Max informed Olivia that the panel truck that they had seen following them was at the gate leading to the monastery itself. The monk told them that vehicles were not allowed to approach the main buildings.

Having a bad feeling and sensing that the occupants of the van were here to stop her from finding what she was looking for, Olivia decided to ask the Monk if the motet in question was in the possession of the monastery library. He stated that it was and he agreed to find the one copy and bring it to a large table for examination. Sensing the need for efficiency, the Monk quickly returned to the table with the motet. The manuscript itself was kept in a thin wooden box. Having been written in Latin, the Monk translated quickly and before the third line was read, Olivia immediately knew that she had found the very piece that she had been seeking for so long. The Latin words made it abundantly clear that what had transpired 500 years before had been codified in all its wonderful detail in this secular Motet composed by Jean Maillard. Being the original, there was no question that this was the very manuscript that those working against Olivia wanted to simply make disappear. The story was powerful enough that it could take down church officials to this very day. Scandal was the kind word to use when describing the sexual habits of not only the young woman and her mysterious lover turned Monk, but also those of multiple church officials. Tales of drugs, hallucinations, and ecstatic orgies taking place on church property were not

the sort of things condoned by the Church.

Time had run out and Olivia was done putting herself and others at risk by pursuing a piece of paper. She pleaded with the Monk to hide the manuscript and take it out of the library as quickly as possible. Those at the gate obviously knew where it was hidden and they were mere feet away from obtaining what they so desperately wanted. The history, the story, and the music itself was far too valuable to come into the hands of those who wanted to rewrite history in a way that suited those high up in the church hierarchy. The monk said that it would be done and it would be as if the motet had never existed.

With the protection of a few additional Monks and Nuns of the Carthusian Order and with tourists wandering around outside of the nearby museum, Olivia confidently walked up to the two males standing next to the panel truck. One look at her told them all they needed to know and that although very close to their goal, they would now never find the manuscript that had so desperately tried to find. The quest of both parties had come to an end and Olivia was satisfied to her very core that not only had her immediate questions been answered, but she now knew that the musical manuscript that had previously been shrouded in mystery did actually exist and that she had found it and had ensured its continued safety.

It was decided that Max would accompany her back to Harvard as their own scandalous relationship was just beginning and that there was more work to be done back home.



1st Annual Women's Leadership Circle Luncheon

featuring



Carrie Morgridge
Vice President of the
Morgridge Family Foundation
Award-Winning Author
Named Among Top 25 Philanthropy
Speakers in the United States

*Adventures in Philanthropy:
Real Stories of How Passion
Changes the World*

August 11, 2017
Holiday Inn Express

\$50 Registration Fee

11:30 a.m. - 12:00 p.m. Social

12:00 p.m. - 1:30 p.m. Lunch & Presentation

Carrie Morgridge currently serves as the Morgridge Family Foundation's Vice President and Chief Disruptor. Carrie is the award winning author of *Every Gift Matters - How Your Passion Can Change the World*. Carrie currently serves as the CO CEO for Share Fair Nation - a non-profit she founded. Over the past few years, Carrie and her husband John have defined the philanthropic focus of the foundation on transformative gifts in education, conservation, the arts and health and wellness.

Event made possible by Montrose Memorial Hospital
and the Women's Leadership Circle
To make your reservation, call 252-2744
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COMMUNITY NEWS BRIEFS: ARTS & LITERATURE

POET LAUREATE DISCUSSION SERIES WITH ROSEMERRY WAHTOLA TROMMER



Rosemerry Wahtola Trommer. Courtesy photo.

Special to Art & Sol RIDGWAY. "Back in high school English class, you probably learned how poets spoke for their time—how the literature of the day reflected all that was happening politically, culturally, spiritually and economically. Who's speaking for us today?"

Rosemerry Wahtola Trommer poses this question in her five week discussion series "Lightning Rods for the Muse: America's Recent Poet Laureates", beginning Sept. 13 in Ridgway. In this five-week course, Rosemerry will guide the group to take a look at the five most recent U.S. poet laureates: Philip Levine, Natasha Trethewey,

Charles Wright, Juan Felipe Herrera, and Tracy K. Smith. Appointed annually by the librarian of Congress, the official job description of the Poet Laureate is to raise the national consciousness to a greater appreciation of the reading and writing of poetry. But the Poet Laureate, who is selected by a committee that includes the current Laureate and distinguished poetry critics, is someone who represents the prevailing poetry aesthetic. This series will tackle questions such as "What do your laureates have to say about you? And what do you think of them? And what, in fifty years, will high school students have to say about how these poets spoke to our time here on this planet, in this country?" Guiding you on this journey through the Laureates is Western Slope poet laureate emeritus Rosemerry Wahtola Trommer. She holds a master's degree in English Language and Linguistics, and for 10 years, she has directed the Telluride Writ-

ers Guild. She has written a poem a day for several years, and her poems have been featured in O Magazine and on A Prairie Home Companion. Her books include *The Less I Hold* and *The Miracle Already Happening*. "Lightning Rods For The Muse" with Rosemerry Wahtola Trommer will be offered on Wednesdays beginning September 13 from 12-2 pm at Weehawken Ridgway (1075 Sherman St.). The cost for this five-week series cost is \$160. Students must register in advance through Weehawken Creative Arts at www.weehawkenarts.org (adult arts classes tab) or by calling Weehawken at [970.318.0150](tel:970.318.0150). A minimum number of students must be met in order to guarantee the class, so interested students are encouraged to register several days in advance.

More details are available at www.weehawkenarts.org or [facebook.com/weehawkenarts](https://www.facebook.com/weehawkenarts).



* SATURDAY, AUGUST 12, 2017 *

* EVERYTHING FREE FOR KIDS *

* FUN STARTS AT 8:00AM *



Up Bear Creek by Art Goodtimes

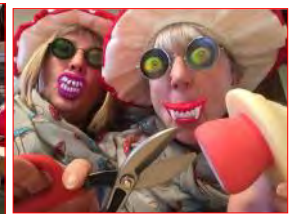
IT'S ALMOST FULL-ON MUSHROOM SEASON



Leading the Mushroom Parade (photo by Rio Coyotl).



Leading the Mushroom Parade (photo by Rio Coyotl).



The parading Adams sisters as Mushroom Clowns (courtesy photo).

MYCOFOSSIL FOUND ... A mineralized mushroom named *Gondwanagaricites magnificus* was found in the Araripe Basin in northeastern Brasil, preserved in a limestone layer called the Crato Formation from circa 115 million years ago. That's sixteen million years earlier than the next oldest mushroom fossil, as reported internationally last month ... During the fossilization process, the specimen's tissues were replaced by pyrite -- fool's gold -- which later transformed into a yellowish-to-reddish mineral called goethite.

SHROOMFEST ... The monsoons have been steady. And strong. Particularly in San Miguel County's high country. While out on the "mesas," as we call them -- these last high flats before the Colorado Plateau runs into the Rockies -- it's been mostly puffery and passing gusts. More drizzle than downpour ... Having Paonia-born Dennis McKenna as one of this year's Telluride Mushroom headliners has whetted my appetite. I just finished his book, *The Brotherhood of the Screaming Abyss: My Life with Terence McKenna* (North Star Press, St. Cloud, 2012). It's an almost clinical jump into details, as much a touching brother's memoir, as well as philosophical spiel on the Entheogenic Mysteries. Unflinchingly honest, rationally hallucinatory, and at times even humorous, Dennis gives a fascinating glimpse back to the turbulent

experimentation for others ... There's the annual Mushroom Parade Saturday the 19th. And the free Identification Tent in Elks Park, as well as a whole slate of talks and speakers in the Sheridan Opera House ... Check the schedule at www.telluridemushroomfest.org

DRINK COFFEE LIVE LONGER ... I remember Dr. Andrew Weil, the integrated medicine wellness guru, telling us at a conference years ago: if there was one thing you might ought do for better health in your life, it was give up coffee. Now a new study suggests just the opposite: (www.sciencedaily.com/releases/2017/07/170710172118.htm) ... I get new information, but 180 degree reversals like this media announcement gives science a questionable name in some truth-seeking circles ... But it IS part of the scientific method. You make a hypothesis. You test it in studies. And, depending on data and as new facts emerge, you may confirm or change hypotheses. Science is rarely the last word. But then, most often it's our next best guess.

FOLDING PAPER CRANES ... Found a like-new copy of Leonard "Red" Bird' *folding paper cranes: an atomic memoir* (Univ. of Utah Press, 2005) on the enticing used book shelf at the Dolores Food Market on the way to Cortez not long ago. The

“Unexpected Gourmet” is where I get some of my best surprise books (ones I wasn't looking for but can't live without) ... Red was a great fellow, an exceptional teacher of Shakespeare at Ft. Lewis, and a fine Western Slope poet, back when that was something of a rare thing. As a young Marine he stood in a trench 4000 feet from an aboveground A-bomb test at Yucca Flats in 1957. And that was after a year stationed in Japan during the Korean War and after a first visit to the Hiroshima's International Peace Park. He made two more visits, and eventually died of cancers -- probably resulting from being marched to ground zero two hours after the A-bomb blast, as radioactive dust still swirled in the wind and fires burned amid the debris of test dummy obliterations ... It's a small book. Pocket size. But its message is huge. Bigger than almost anything I've read this year. Because what it's talking about is perhaps the most important political issue of this new Christian Millennium: will we as One Earth figure out how not to unleash a nuclear holocaust and live in peace? Or not?

SAVING SPECIES ... If you read Erik Vance's "Requiem for the Vaquita" in the August issue of *Scientific American*, you'll learn the unfortunate forces that aligned and have led to the near, almost certain extinction of this rare Mexican porpoise. Once, before American dams on the Colorado dried up the Mexican delta, the marine mammal flourished in the northern Gulf of California ... But the lesson for me, and -- I hope --

Continued next pg

Up Bear Creek by Art Goodtimes

for my environmental allies, is that working with communities to come up with solutions, rather than trying to jump into a complicated distant fray with answers, will be the green movement of the future ...

Not just more regulations.

WEEKLY QUOTA ... "If you ever doubt the infinite variety of the world, pick up a handful of dirt. Indeed, within a handful

there is an infinite world of particles, from clay, sand, and silt to quarks, charms, and bosons." —Franz Kafka, as quoted in *Colorado Central* by John Mattingly (August 2017).

THE TALKING GOURD

After Three Days of the Silent Meditation Retreat

Everything's a gong now—
the clang of the spoon in the mixing bowl,
the growl of the water rushing in the pipes,
the ding of the microwave's timer,
the crow—
what isn't an invitation to show up,
to offer the moment all our attention—
scent of pizza, barking dog, lawn mower,
sweet rose tea, that voice in my head,
the chime of the changing light.

-Rosemerry Wahtola Trommer
Placerville

REGIONAL NEWS BRIEFS

GENRE GIRL DESIGNER TO HOST SHOOTING STARS FASHION SHOW AUG. 12

Special to Art & Sol

MONTROSE-Genre Girl defies explanation. What once upon a time began as a mispronunciation at a film festival now begins a chapter in sincere casual wear – at this time offered to women. And featuring hemp. Yes hemp. A staple of our country's founding fathers' highly-regarded crops.

"This is the best fabric I have ever felt," said Genre Girl designer Dianna Beshoar. Beshoar was on the work-study program at the costume shop at University of Colorado in Boulder while earning her BA in International Affairs. She continued her professional student licensure at the Los Angeles campus of the Fashion Institute of

Design and Merchandising. Quickly returning to Colorado after earning her certificate in fashion design, she became a teller at a bank where a customer presented a check for writing a film and she got to talking, which was her signature, to the screenwriter, and discovered her true meaning as a costumer for a couple of national commercials featuring cars – and snow.

Years later, Beshoar offers her thoughtful multi-generational designs to Montrose at 2 p.m. on Saturday, August 12 at the Montrose Lions Community Building. The Shooting Stars Fashion Show admission price set at \$5 includes light refreshments

afterward with a portion of the proceeds to benefit CASA of the 7th Judicial District. If you arrive early, the local first-time models will be able to greet you, seat you and hopefully you won't have to sit behind the pole. The models are paid, but they also will accept tips and split them evenly.

There is plenty of parking at the venue located at 602 N. Nevada Avenue, right in Lions Park.

Should you have any questions, please feel free to contact Dianna Beshoar at 970.964.7640. She'll answer if she's not trying the thread one of the sewing machines.



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TRI-COUNTY HEALTH NETWORK

Improving the health of our communities through innovation & collaboration



COMMUNITY NEWS BRIEFS: ARTS & CULTURE

WHAT'S UP ON REDLANDS MESA?

GARDEN & FARM TOUR ~ FARM TO TABLE LUNCH ARTISAN MARKET ~ FARMERS MARKET ~ HAPPY HOUR



Special to Art & Sol

REDLANDS MESA-If you've ever wondered..."What's up on Redlands Mesa?" here's your chance to find out! A group of gardeners, farmers, ranchers, artisans and great cooks have collaborated to offer a tour of several places of interest on Redlands Mesa, near Hotchkiss Colorado on Saturday, September 9, 2017, from 10 a.m. to 4 p.m. The day's events include a self-guided tour, a farm to table lunch, and happy hour with drinks and live music. There will also be free demonstrations in kombucha & jelly making, and a permaculture gardening class.

Tour participants will be able to tour elk, bison and alpaca ranches, stroll through an amazing garden, visit a winery and tour their distillery, learn about solar power, and explore a unique "cob" house. The Redlands Mesa Grange will be hosting a Farm and Artisan Market featuring locally grown produce, pottery, fused glass, hand carved spoons, wire wrapped jewelry, cards, art and other crafts starting at 9 am. The fabulous cooks at the Redlands Mesa Grange will be serving up a Farm to Table Lunch from 11:30 to 1:30. The lunch will feature a choice of elk, buffalo, alpaca, or vegetarian chili, cornbread, salad and dessert. Gluten free options will be available. After the tour, relax and enjoy "Happy Hour" from 4 to 7 pm at Jack Rabbit Hill Winery with wine, cocktails and tasty appetizers. Live music will be provided by The Solar Brothers. Come spend the day, or just a couple of hours, it's up to you!

Begin the tour at the Redlands Mesa Grange, located at 27953 Redlands Mesa Road, Hotchkiss, CO 81419. Here you will register and pick up your map which will list the complete schedule of all events and demonstrations as well as descriptions of the homes and farms featured on the tour. Map pick up will be

between the hours of 9 am and 2 pm on the day of the event. Tour tickets are \$5 per person, Lunch is \$10 per person, and Happy Hour which includes 2 glasses of wine or 2 cocktails plus appetizers is \$15 per person. Tickets are available online at www.redlandsmesagrangeweebly.com Redlands Mesa has a rich history of interesting and creative residents. This collaborative event is a natural outcome of neighbors sharing their creativity with the community. If you're looking for an activity for out of town guests, look no further. Here are the places you will be able to explore during your self-guided tour:

Akuna Matada Suri Alpacas: where luxurious fiber becomes sustainable fashion. Meet the alpacas and their owners Doug and Debbie Christner and discover all the items the alpaca provides: knit and woven items, socks, rugs, & leather, meat (low fat, high in protein), and manure for your garden. Pat and Paul Frazier's **Peace and Plenty Farm** is an off-grid, diversified farm which uses biodynamic and permaculture practices. Pat Frazier will be offering a class entitled "Designing a Permaculture Homestead for Aging Baby Boomers" from 10:30 to 11:30. **Lance Swigart's Garden** is one of the most amazing gardens in the North Fork Valley. Lance grows all his own grains, dry beans, fruits, veggies and seeds at 6000' elevation without a greenhouse. He is also one of the featured experts on KVNF Public Radio's weekly garden show: "As the Worm Turns." Lance will be on hand to offer gardening tips throughout the day. **High Wire Elk and**

Buffalo Ranch owners Dave and Sue Whittlesey have been raising farm-to-plate, grass-fed bison and elk for over thirty years. Their meat products are non-GMO and gluten free, USDA inspected, with no antibiotics, hormones, nitrates or MSG. Brad Burritt and Danielle Carre owners of **Empowered Energy Systems LLC** will help you learn about the infinite power available from the sun. Let them show you how you can tap into the fireball in the sky to power your home or business, cook your food, and even run your car. They'll be baking up some solar cookies that day, and if nature cooperates you can sample some delicious Burritt melons. Dave Shinn and Lisa Cassle's **"Cob" House** features a unique and creative building technique which uses clay-rich soil mixed with straw to form monolithic earthen walls. Cob construction is particularly easy to learn, requires no fancy equipment, uses local materials, and can be done in small batches as time allows, making it extremely accessible to a wide range of people. If you're interested in DIY home construction this is a must see. A visit to **Jack Rabbit Hill Winery and Peak Spirits Distillery** takes you back in time as you sample tasty Jack Rabbit Hill Wines, New Avalon Hard Ciders, Caprock Gin, Vodka, Brandy, and more. They will also host a happy hour following the tour, offering wine and cocktails, appetizers, and live music from 4 to 7pm. Happy hour seating is limited and reservations are recommended.

More information and tickets are available online at www.redlandsmesagrangeweebly.com Purchase your tour ticket by September 4th to be automatically entered in a drawing to win one of the door prizes that have been donated by the tour artists, gardeners and farmers. Proceeds will benefit the Redlands Mesa Grange.

You can also follow the **What's Up On Redlands Mesa?** Facebook page. For more information contact Gini McNair at 970-589-3331 or gini McNair@gmail.com

COMMUNITY NEWS BRIEFS: ARTS & CULTURE

MT. SNEFFELS EDUCATION FOUNDATION HOSTS FULL AND HALF MARATHON; ELITE FIELD BOASTS TWO OLYMPIC RUNNERS

Special to Art & Sol

OURAY – With an anticipated 800 runners from across the country, including two Olympic athletes and a top finisher in the 2017 USA Half Marathon championships, the Mt. Sneffels Education Foundation hosts its 17th annual half marathon and its seventh annual full marathon on Saturday, Aug. 12.

Janet Bawcom, member of the 2012 U.S. Olympic team (10,000 meter) and two-time winner of the Mt. Sneffels Half Marathon, tops the lineup of elite female contenders for the fourth year in a row. A Kenyan-born US citizen, she came in 2nd place last year with a blazing-fast time of 1:10. (Her half marathon personal record is 1:09:55.)

"This woman is among the most accomplished runners our race has seen," said elite athlete coordinator and former Mt. Sneffels race director John Ferguson. "I am thrilled she is coming back!"

Other top female contenders include Elvin Kibet of Kenya – the twin sister of Valentine Kibet who won the 2016 Mt. Sneffels Half; Gadise Fita of Ethiopia (boasting a 1:12 half marathon PR); and Gladys Cheboi of Kenya (with a 1:13:57 half marathon PR), along with two-time Mt. Sneffels Half winner Christie Foster and top masters runner Cate Fenster.

The men's field also bristles with fleet-footed talent. Course record holder and 2016 overall winner Noah Chengabit of Kenya returns to defend his title (1:04:24), but will surely be challenged by Kiya Dandena, an Ethiopian-born US citizen who came in 2nd at the 2016 Mt. Sneffels Half and was the second American finisher at

the 2017 USA Half Marathon Championships in Houston. Zambian Olympic marathoner Jordan Chipagama joins the field of elite male runners this year, along with Jeffrey Eggleston who was on the USA World Championship marathon team two years ago, and USA Army running team members Evans Kirwa, George Kiplagat (both Kenyan-born US citizens) and Kenny Foster.

In the marathon distance, two-time winner of the Mt. Sneffels Half Marathon, Mario Macais, is looking to claim the men's title this year in the 2:30 range. Previous Mt. Sneffels Marathon winner Kari Van Zyl has a shot at the podium again this year as well.

For those who dream of running alongside such champions (or going the distance at a more manageable pace), there is still plenty of time to sign up for the 2017 Mt. Sneffels Half Marathon and Marathon. Registration remains open until the morning of the race, Saturday, Aug. 12.

The 13.1 mile half marathon course starts in Ouray, Colo. at 7,700 feet and finishes down-valley in the town of Ridgway at 7,000 feet. The marathon is an out/back starting in Ridgway, going to Ouray and turning back down to Ridgway. The course follows a scenic country road that parallels the Uncompahgre River then winds through lush farmland with stunning mountain vistas.

According to Ferguson, who has run marathons on all seven continents, "The Mt. Sneffels race course is among the most beautiful of any marathon in the world."

The full marathon starts at 6:30 a.m. and the half-marathon starts at 7:30 a.m. A

one-mile kids' fun run will be held in Ridgway near the finish line of the main race at 10:30 a.m. The award ceremony takes place at the Ridgway Town Park stage at 2 p.m. (in the midst of the Ridgway Rendezvous Arts and Crafts Festival).

The current entry fee for the half-marathon is \$70, and the full marathon is \$90. Registration fees will increase by \$10 on Aug. 8. Proceeds benefit the Mt. Sneffels Education Foundation

(www.mtsneffels.org), an organization established in 1992 to help enrich and broaden the educational and cultural experiences of the youth in Ouray County.

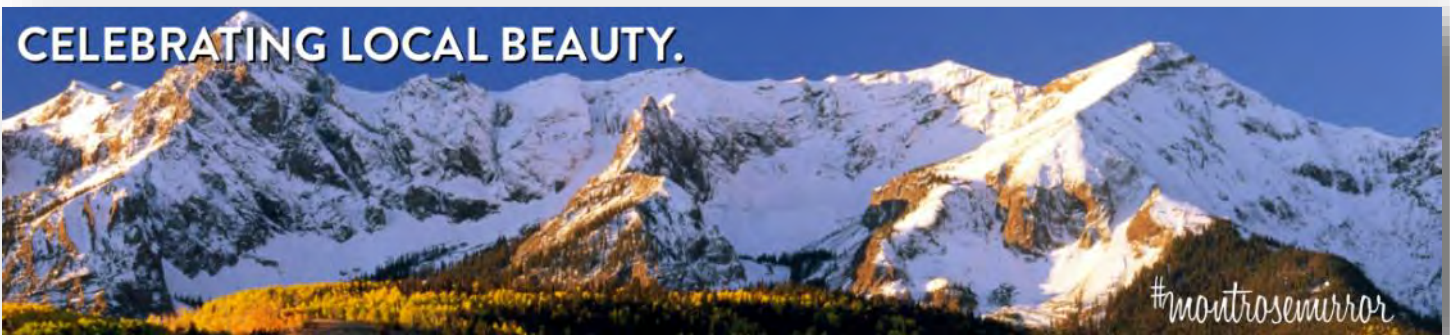
The Mt. Sneffels Half Marathon and Marathon has grown to become an important source of fundraising for MSEF over the years. The Half Marathon, now in its 17th year, attracts over 700 runners annually. The Marathon, which began seven years ago, attracts up to 100 runners.

Participants come from more than 25 states.

In addition to attracting both elite athletes and local runners, the Mt. Sneffels Marathon and Half Marathon receives great local support from over 40 businesses and benefactors, including Alpine Bank, High Country Capital Management, JT Custom Metalwork, Matterhorn Inn Ouray, Montrose Emergency Physicians, Mountain Fever Shirts & Gifts, Ouray Hot Springs Pool and Box Canon Falls, Ridgway Mountain Market, River Peak Dental, Rocky Mountain Scenics, San Juan Accounting, San Miguel Power Association, Shining Mountain Herbs and many more.

For more information and to register, visit mtsneffelsmarathon.com.

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- Presión Arterial
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Darlene Mora
970-708-4719



Esta oferta gratuita es posible gracias al generoso apoyo de la Health Resources and Services Administration, Caring for Colorado, la participación de Colorado Heart Healthy Solutions &

TRI-COUNTY HEALTH NETWORK

Mejorando la salud de nuestras comunidades por medio de la innovación y la colaboración.

Hold the Date! Upcoming Business and Cultural Events

ONGOING-

RIDGWAY'S TRUE GRIT WALKING TOURS-The Ridgway Area Chamber of Commerce now offers a one-hour walking tour commemorating the filming of the original *True Grit*. In the movie, Ridgway is depicted as Fort Smith, Arkansas. Tour attendees visit nine sites within a two-block area in downtown Ridgway: the railroad depot, gallows, livery stable, mortuary, Chen Lee's place, the courthouse facade, True Grit Cafe (built in 1986 as a tribute to John Wayne and *True Grit*), the saloon and the grocery. Dave's Mountain Tours (970-728-9749, davesmountaintours.com) transports visitors to remote *True Grit* sites—Last Dollar Road, Owl Creek Pass, Katie's Meadow and the snake pit. Walking tour participants meet their guide at the Ridgway Visitors Center (150 Racecourse Rd, just west of the intersection of highways 550 and 62) Fridays at 10:45 am from May to October. Admittance is \$10 for ages 12 and above. (Children are free.) A group of six or more may request a tour anytime throughout the year.

OURAY MUSEUM-The Ouray County Historical Society Museum is now Open. Further inquiries please contact 970-325-4576 , Email: ochs@ouraynet.com or visit our website: ouraycountyhistoricalsociety.org.

MONTROSE SENIOR CENTER LUNCH & LEARN: \$3 lunch & Learn, admission to program, is free. Lunch \$5. Lunch @ Noon, program @ 1 p.m.

FRIENDSHIP FORCE INTERNATIONAL, non-profit organization, was founded and introduced to the world at a ceremony held at the White House on March 1, 1977. FFI provides opportunities to explore new cultures by bringing people together at the personal level. Friendship Force of western Colorado's regular monthly meetings are scheduled for the 3rd Thursday of the month. Meeting location - Red Cross Training Center, 5th and Gunnison in Grand Junction, 6:15 p.m

THE ALPINE PHOTOGRAPHY CLUB meets every second Tuesday at St. Mary Catholic Church in the St Paul Room, 1855 St Mary's Drive, Montrose. The Public is welcome to attend. For more information, email alpinephotoclub@aol.com.

FREE JAM SESSION AND SING ALONG, Mondays from 4 to 6 p.m. at the Montrose Pavilion Senior Center.

MONTROSE HISTORICAL MUSEUM-"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

MONTHLY-

Aug. 1-10-In Ridgway Yogini Circus camp runs Aug. 1 to 10 from 1 to 5 p.m. Sign up for one or both sessions. Click [here](#) to register for Yogini. There will be TWO performances this year. Email us for more info. This year's theme is Peace.

Aug. 7— Montrose Giving Club at the Bridges of Montrose, 5:30 p.m. Quarterly Giving Club meetings are open and inclusive to all. For more information contact Hansen @ sue@suehansenspeaks.com or Benziger @ phebenator@hotmail.com.

Aug. 8-13-44th Annual Telluride Chamber Music Festival, Telluride. For tickets and information, 970-417-0116.

Aug. 8-Historical Legends and True Tales" historical walking tour of the Unknown stories of Montrose. You will discover what hidden stories happened behind the closed doors of our historical downtown buildings. You will uncover the locations of jails, sites of the saloons, speakeasy's and the hidden secrets of own town. Will start at the Montrose County Historical Museum (21 N. Rio Grande). There is limited space so please RSVP, and it is a \$5/person donation. For more information please call 249-2085.

Aug. 8-Alpine Photography Club Meeting will be Tuesday, August 8, 2017, 7 pm @ Colorado Mesa University, 245 S. Cascade Ave., Montrose, Room 106 Presentation: Photography and Caving, By: Jim Pisarowicz. Tech Tip: Histogram and Auto ISO By Betty Fenton, Sharing Theme: Beauty. Photo Critiques: Open
All are welcome to attend.

Aug. 9-Celebrate Smokey's Birthday – August 9 from 10 a.m. to 11:30 p.m. at the Montrose Public Lands Center, 2505 S Townsend Road. The birthday party will include games, arts and crafts, cake and a visit from the guest of honor- Smokey! This is a free event. No reservations required.

Aug. 10-Lunch & Learn @ Montrose Senior Center, "Tools for a Good Retirement." Lunch @ Noon, program @ 1 p.m. \$3 lunch and learn with rsvp, lunch only is \$5. Program is free to attend.

Aug. 11-MMH Women's Leadership Circle Luncheon, Adventures in Philanthropy, Holiday Inn Express Montrose. For reservations call 970-252-2744.

Aug. 12-Youth Appreciation Day in Montrose! Free activities begin at 8 a.m.

Aug. 12-33rd Annual Ridgway Arts & Crafts Rendezvous, Hartwell Park in Ridgway 10 a.m. to 5 p.m.

Aug. 14-6:30 Citizens' Climate Lobby monthly meeting.National,nonpartisan network to influence legislators on importance of a sustainable environment, Centennial rm behind Montrose City Hall, all welcome.

Aug. 16-First day of school for Montrose and Olathe students.

Aug. 17- 7:30 p.m. – SAN JUAN CHAMBER MUSICFEST CLASSICAL CAFE at Ouray County 4-H Event Center in Ridgway. Opening event of the 2017 San Juan Chamber MusicFest. Gather up a group of friends and enjoy this informal concert with seating at cafe tables. Featuring Max Levinson, piano; Nurit Pacht, violin; Allison Eldredge, cello; Rami Vamos, classical guitar; and more. Premium ticket holders are invited to attend a catered reception prior to the concert at 5:30 p.m. Presented by the Ouray County Performing Arts Guild. Tickets \$40 premium, \$25 standard at www.ocpag.org. Part of the 2017 Dave and Mary Wood Classical Concert Series.

Aug. 18-20-Second Annual Pirates Invade the Fort Festival @ Fort Uncompahgre (440 North Plamer Street in Delta). Hours are 1 to 6 p.m. Friday, 10 a.m. to 6 p.m. Saturday and Sunday. All proceeds benefit Fort Uncompahgre. Call 970.874.8349 for information.

Aug. 18-7:30 p.m. – SAN JUAN CHAMBER MUSICFEST FESTIVAL CONCERT: "Fame and Obscurity" at Wright Opera House, Ouray. Join the world-class musicians of the San Juan Chamber MusicFest for a stunning festival concert featuring Max Levinson, piano; Nurit Pacht, violin; Allison Eldredge, cello; Rami Vamos, classical guitar; and more! Program includes Beethoven "Archduke" Trio, solo piano music by Schubert, and a trio for guitar and strings by Araciél. Tickets, \$25 at www.ocpag.org or at the door. Part of the 2017 Dave and Mary Wood Classical Concert Series.

Aug. 19-Rimrocker Rally, Nucla Town Park (165 West Tenth Avenue.) www.rimrockertrail.org. Noon to 3 p.m.

Aug. 20-3 p.m. – SAN JUAN CHAMBER MUSICFEST AFTERNOON SALON CONCERT. Chamber music as it was meant to be experienced! This memorable concert offers an exquisite program of chamber music performed by the world class musicians of the 2017 San Juan Chamber MusicFest, afternoon tea catered by Secret Garden Catering, and amiable conversation with friends and neighbors, all in an intimate setting at a private home at Cobble Creek in Montrose. Featuring Max Levinson, piano; Nurit Pacht, violin; Allison Eldredge, cello; Rami Vamos, classical guitar; and more. Program, "Singing with Instruments", features Faure's G minor Piano Quartet and Schubert's "Arpeggione" Sonata (violin and guitar arrangement). Presented by the Ouray County Performing Arts Guild. Tickets must purchase in advance by calling 970-626-2970.

Give Back Days

At Mi Mexico Mexican Restaurant

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Over 200 entrees to choose from!

1st Wednesday: The Homestead at Montrose

2nd Wednesday: All Points Transit

3rd Wednesday: Black Canyon Boys & Girls Club

4th Wednesday: Valley Manor Care Center

5th Wednesday: Community Options Inc.

(Note: 5th Wed dates are: Mar. 29, May 31, Aug. 30, Nov 29th, 2017)

*After dining, attach the coupon to the bill
and deposit it in the box labeled
"Give Back Days." 20% of your total
bill will be donated to the
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*Coupon must be present

Contact the Montrose Mirror:

970-275-0646

Editor@montrosemirror.com

www.montrosemirror.com



Vogy's House Moving moved an old house from its prior location at South Townsend and Fourth Street (left) to the 1200 block of South First Street (above) last week.



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- Alzheimers & Dementia

Michele Gad is a **Certified DelGiacco Neuro Art Therapist**, who assists individuals with cognitive or mental health challenges to live life as fully and independently as possible. She developed **FAME** in 2010 to better assist her clients. Sessions are specifically designed to meet client's individual needs, goals, abilities, and level of commitment...and have fun!