



THE MONTROSE MIRROR

FRESH NEWS FOR BUSY PEOPLE...WEEKLY ON MONDAYS!

Issue No. 234, Aug. 21, 2017

BEAR WITH US...FOOD SHORTAGE SPARKS INCREASED INTERACTIONS



People can help avoid problems with bears by being bear aware; at least seven bears have been killed in Colorado in recent weeks. Courtesy photo CPW.

By Carole Ann McKelvey

COLORADO- As the weather edges toward late summer and fall, Colorado's black bears race to pack on the pounds that will enable them to survive during hibernation. Colorado Parks & Wildlife (CPW) officials have released several warnings in recent weeks about encounters with the state's heavy-weight bruins, and CPW officials note that it is up to humans to make sure bears stay wild and to eliminate bear-human encounters.

A poor natural-food cycle has pushed the animals to forage for alternative food sources this year--mainly from humans, such as trash or bird feeders--sparking an increase in human-bear conflicts.

At least seven bears have been killed in Colorado in just over a week. Recently dogs tracked a bear that was killed by CPW

[Continued pg 23](#)

LACK OF AFFORDABLE, SAFE RENTALS HITS YOUNG FAMILIES HARDEST

By Caitlin Switzer

MONTROSE- According to [PEW Research](#), more Americans are now choosing to rent rather than purchase a home than at any point in the past 50 years. For many, however, finding an affordable, safe rental unit has become increasingly difficult. The [U.S. Census](#) notes that in 2016, Colorado had a rental vacancy rate of just 4.7 percent. In January of 2016, the *Colorado Real Estate Journal* noted that residential rental properties were "hard to find" in the Montrose/Delta areas...this summer, even long-term renters here may find their rents rising due to a shortage of inventory and the law of supply and demand.

Looking for a new place? Expect worn out shoe leather, among other things. Competition has increased for residential rental units priced under \$1,000 per month, a price range that includes many local people and young families. According to PEW Research, young adults under age 35 continue to be the most likely demographic to rent, with 41 percent of households headed by

[Continued pg 15](#)



Though vacant, affordable rentals do exist in the City of Montrose, clean, safe, crime-free housing can be tough to find for local renters on a budget.

in this
issue

*County Appoints 9 to
Citizen Advisory Committee!*

*Gail Marvel's
Houses of Worship!*

*Rocky Mountain Cravings...
By Food Editor Carole McKelvey*

*Art Goodtimes...
Up Bear Creek!*

GAIL MARVEL'S HOUSES OF WORSHIP: ALL SAINTS ANGLICAN CHURCH

'CHRISTIANITY IS NOT MEANT TO BE PRIVATE, BUT TO REACH OUT AND SHARE GOD'S LOVE'



By Gail Marvel

Jesus said, "For where two or three come together in my name, there am I with them" (Matt 18:20 NIV).

MONTROSE-No greeters were yet stationed in the foyer when I arrived for the 10 a.m. contemporary service at All Saints Anglican Church, so I helped myself to a bulletin from the basket on the table.

After taking my seat Penny Paxton approached, "I don't think I know you. Would you like some company back here [back row]?" Linda said, "We're so glad you are here. You're going to love the service. It ROCKS!" Kathy, along with her mother-in-law Judy, also offered a welcome. On July 2, there were approximately 50 members gathered for the worship service.

The pianist read a poem titled, "We Will Not Be Silent," and then accompanied the five-member praise team on a keyboard. Hymn selections included, "God of our Fathers," "Gloria in Excelsis," "We Shall Overcome" and "The Battle Hymn of the Republic," whose familiar words were set to different music.

Bulletins in a liturgical church are detailed and scripted, which helps visitors. However, if you happen to have picked up the bulletin for the 8 a.m. traditional service rather than the bulletin for the 10 a.m. contemporary service you are...well, you're lost.

Spending much of the first part of the service thumbing through the 16-page bulletin with responsive readings, which also contained an insert for announcements and a song sheet, I finally peeked over Judy's shoulder. By the time I caught up with the rest of the congregation in the order of service I had missed the opening song, the Greeting, the Prayer of Preparation, the Prayers of Penitence and The Collect. When John read Jeremiah 28:5-9 and Virginia read Romans 6:12-23 I finally found myself in familiar *Bible* territory.

The Very Rev. Dr. Robert S. Munday began the sermon with THE true story of a young man named Jared who wrote a message to God and tied it to a balloon. The message read, "If you are real, send people who know You to me and my dad." Two days later the father and son came

across a church showing God's love by giving free car washes. Jared asked, "Are you the kind of church who believes in God?"

Munday said, "The kindness of God offers a service with no strings attached. Christianity is not meant to be private, but to reach out and share God's love in practical ways. If we are going to serve God by doing practical things for others we're going to have to think outside the box."

Using the biblical example of giving someone a cup of water and Jesus washing the feet of the disciples Munday said, "The small things show the main thing... and the main thing is God's love. Sometimes we try to love on our own strength. We need to love under Christ's power. Love is not by our power, but by what Christ has done for us, what he can do in us and what he can do through us."

His sermon seasoned with illustrations, examples and jokes Munday said, "In a Sunday school class the teacher asked, 'How do you get to heaven?' A boy in the back row said, 'You gotta be dead!' Laughter rippled through the congregation and Munday continued, 'We get to heaven not by what we do, but by what Christ has done for us. Only by Jesus living in us.'

Referencing Matthew 25:34-40 the Reverend spoke about feeding the hungry, giving a drink to the thirsty, clothing a stranger and visiting someone in prison. "People will know you are my [Jesus'] disciples by your love. We live out our purpose in the simple act of love...it's the small things."

Contact Information:

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Montrose, CO 81401

Very Rev. Dr. Robert S. Munday
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REGIONAL NEWS BRIEFS

SINGLE VEHICLE CRASH ON HIGHWAY 550 RESULTS IN ONE FATALITY

Mirror staff report

MONTROSE-Colorado State Patrol has verified that there was a fatal crash at 6:05 p.m. on Aug. 18 on Colorado HIGHWAY 550 near mile point 37. There was a single vehicle involved in the crash, a 1999 GMC pickup driven by a 39-year-old male from New Mexico. There were no passengers or occupants in the vehicle at the time of the crash. The driver, who appeared not to be wearing a seat belt, had been Southbound on Highway 550 when he ran off the right side road, overcorrected, went off the left side and began to roll. He was ejected, and later declared dead on scene, Officer Josh Lewis said. Drugs and alcohol do not appear to be factors in the crash, although speed is being considered as a possible factor.

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BLACK CANYON VETERINARY CLINIC: CARING FOR PETS, WITH A HUMAN TOUCH

By Caitlin Switzer

MONTROSE-They provide health care for animals, with a compassionate, human touch.

The Black Canyon Veterinary Clinic has been open at 1401 East Main Street for a mere six weeks, but the owners bring many years of local experience and proven expertise to the business. Dr. Jake Rehard and Dr. Rachel Blankmeyer have both practiced in Montrose prior to joining forces to open their own [full-service veterinary clinic](#).

"Dr. Jake and I have been living and working in the area for a long time," Blankmeyer said. "We feel very supported by the community, and we like partnering with other organizations to educate and inform." A recent partnership with [Montrose Animal Protection Agency \(MAPA\)](#) and [Telluride Animal Foundation](#) was a resounding success, with more than 120 animals spayed or neutered in the space of two weeks. "We do surgeries in the mornings anyway," Blankmeyer said, "so we thought this would be a really good way to serve the community and let people know we are here."

Sharing information and communicating

with clients and the community is a priority for the Black Canyon Veterinary Clinic.

Each month the Clinic spotlights an aspect of pet health, with August being Senior Pet Wellness Month. In September, the focus moves to Pet First Aid, with a Pet First Aid night scheduled from 6:30 to 8 p.m. Sept. 26. "We will be offering discounted pet first aid, and talking about what things can be toxic to pets.

"We have a family-friendly focus, and we want people to feel comfortable asking questions and getting answers," Blankmeyer said.

"Communication is important, human to human... after all, it's your fur babies we

are talking about."

Black Canyon Veterinary Clinic serves large and small animals, and is located at 1401 East Main Street in Montrose, [online](#) and on [Facebook](#).

The phone number is 970-787-2282.



Pictured left to right are Dr. Rachel Blankmeyer, Chelsey Harrington (CVT), Meika Velazquez (CVT), Ali Flohe (receptionist). Not pictured are Dr. Jake Rehard and Kathryn Hadfield (receptionist). The special guests are Sheepadoodles from Open Range Pups, owned by Dawn Scott, at BCVC for checkups and puppy shots. Courtesy photo.

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MONTROSE COUNTY APPOINTS 9 TO CITIZENS ADVISORY COMMITTEE

Mirror staff report

MONTROSE—On Wednesday, Aug. 16, the Montrose Board of County Commissioners appointed nine representatives to the Citizens Advisory Committee (CAC). Appointees include Christina Files (one-year term), Sue Hansen (two-year term), Jackie Schneider (one-year term), Becky Mashburn (two-year term), Julie Yarnell (two-year term), Kelly Fox (one-year term), Kevin Kuns (two-year term), Mike Wilson (one-year term) and Alexander Parker (two-

year term) to the Citizens Advisory Committee.

"There is a lot of brainpower here; the onus is now on us to keep them engaged and have them work on interesting and relevant issues," said Jon Waschbusch, Montrose County Government Affairs manager. "They are really going to provide excellent diversity of perspective."

"I am now working to get all of these really busy people together, and give them the opportunity to tell the County

how they want to operate."

Twenty-eight people had applied for positions on the Citizens Advisory Committee, he said. "It is really positive for the County to have that kind of interest, and we sincerely thank all of the people who took time to apply. An engaged citizenry is a requisite for an effective representative government."

The appointments were made during the regular meeting of the BOCC at the 1st Park Community Center in Nucla.

PEDESTRIAN DIES AUG. 19 IN S. TOWNSEND MOTOR VEHICLE CRASH

Mirror staff report

MONTROSE—Sgt. Abby Boston and Commander Gene Lillard of the Montrose Police Department have confirmed that early Saturday morning a pedestrian was killed in a motor vehicle accident in the 17200 Block of South Townsend Avenue, in an area just north of Chipeta Drive.

"The driver of the vehicle was southbound on Townsend," Boston said. "We got the call from our dispatch center at 1:13 a.m. on Aug. 19. There was one fatality, and it was the pedestrian."

No one else was injured in the accident, Boston said.

Lillard said that the man, born in 1972, had been classified as homeless, but was from Montrose. "He had wandered out into the roadway."

No names are being released at this time pending the Montrose County coroner's investigation.

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REGIONAL NEWS BRIEFS

UPDATE: MONTROSE COUNTY JAIL INMATE IDENTIFIED

Special to the Mirror

MONTROSE-In the early morning hours of Aug. 18, 2017, an inmate was found unresponsive in his cell at the Montrose County Jail. Multiple attempts at resuscitation by Montrose County Jail deputies, the Montrose Fire Protection District EMS Personnel, and the Emergency Room staff at Montrose Memorial Hospital were all unsuccessful. An autopsy was performed at the order of the Montrose County Coroner. The decedent is Robert James Lee Petersen, 26-year-old male, of Uma, Arizona, previously of Ridgway, Colorado. The cause of death is asphyxiation due to compression of the neck secondary to hanging, and the official manner of death is suicide. The continued investigation is being handled by the Montrose County Coroner's Office of Medical Investigations and the Seventh Judicial District's Critical Incident Team.





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CITY CONSIDERS INCENTIVES FOR HIGH MESA SPIRITS; RHODERICK, LOSHAW, WHITENER TO OVERSEE YOUTH COUNCIL AFTER RESIGNATION OF TINA WOODRUM



During the August 14, 2017 City Council Work Session Police Chief Tom Chinn introduced the council to four recently hired Montrose Patrol Officers. Front row L to R: Matthew "Matt" Smith, Samantha Graves, Anissa Ramirez and Nykolys Ameduri. Photo by Gail Marvel.

By Gail Marvel

Montrose City Council Work Session August 14, 2017

Introduction of New City Employees:

Lisa Kuczmarski, HR Generalist/Safety Coordinator. Kuczmarski hails from Rhineland, Wisconsin where she previously worked for Montrose City Manager Bill Bell. Aside from her job qualifications Kuczmarski has a degree in journalism and plans to volunteer at KVNK radio station.

Kylee Whitener, Competitive Sports Program Director. Whitener comes from the school district. According to Bell the title of this position will change from competitive sports to sports tourism, "...so it brings in the tourism aspect to sports."

Kendall Cramer, Grant Coordinator. Cramer, who has a Master's in Public Administration, hails from Illinois and has been hired as a fulltime grant writer.

Matthew "Matt" Whitworth, Utility Division Worker. Whitworth comes in as a seasoned utility worker and will have a short learning curve. Aside from his seven children, Whitworth's interests lie in hunting, fishing and weightlifting.

Nykolys Ameduri, Patrol Officer. Ameduri, originally from Alaska, has served in the Marine Corps.

Samantha Graves, Patrol Officer. Graves moved to Montrose from Vail Valley four

years ago.

Matthew "Matt" Smith, Patrol Officer. Comes from the North Fork area and grew up in Hotchkiss.

Anissa Ramirez, Patrol Officer. Ramirez is a Colorado native who grew up in southern California, but more recently hails from Cedaredge.

Rich Willis, Information Systems Director. Willis, who was on his first day of work, replaces former longtime city employee Jeff Scheetz.

Discussion Items:

River Valley Family Health Site Development Incentive – City Manager Bill Bell.

This item was postponed due to a miscommunication among city staff on notifying River Valley Family Health that they were on the agenda.

High Mesa Spirits Incentive Agreement – Director of Business Innovation Chelsea Rosty, City Attorney Stephen Alcorn.

High Mesa Spirits, owned by Greg and David Fishing, is a distillery business which will be located in the old refurbished Potato Growers facility. The Fishings are asking for a \$78,000 incentive package from the city which includes: \$28,575 for water and sewer taps; \$37,850 for site concrete pad; \$10,000 for job incentives and \$2,500-\$3,000 for landscaping.

Rosty said, "They do meet all the requirements of the city for the incentives."

Councilwoman Barbara Bynum questioned the job incentive portion of the proposal and whether two half-time jobs were equivalent to one fulltime job. Council Dave Bowman expressed concern, "I don't see how funding part-time jobs is economic development."

Bell said, "As we build a tourism economy some balance is important. In Montrose there is a high need for part-time service employees and incentivizing part-time employees. [But] We can do anything council wants." Noting the need for fulltime and well-paying jobs Bowman said, "We know that half of the kids in the community are eligible for free lunches." Councilman Dave Romero said, "We want full time jobs to get those incentives back." Bell said, "This is the same incentive agreement you've seen before."

The city council does not have a formal policy on job incentives and could pull the job incentive piece out of the package for further discussion. The council was scheduled for a council retreat beginning at 6 p.m. and they indicated they would discuss removing the job incentive piece at their retreat.

City Wayfinding Sign Project – Assistant City Manager/Office of Business and Tourism Director (OBT) Rob Joseph, Public Works Director John Harris.

Through community meetings the city determined there is a lack of pedestrian signs, neighborhood identity and that visitors have difficulty navigating the community. Because of cost this multi-year project will be funded through OBT and the General Fund. Phase I for 2017 was budgeted for \$220,000 with the low bid coming in at \$217,805. Scheduled signage for Phase I: Pavilion, Riverbottom/Ute Museum (general river area), Historic District, Hospital, Civic Campus (City Hall), Recreation Center, and Colorado Mesa University (CMU).

Joseph said, "We had a lot of eyes on this from a staff level. All signs will be in place by the end of the year." Bynum questioned the decision to not include airport signage and Harris said, "We can roll out

Continued next page

CITY CONSIDERS INCENTIVES FOR HIGH MESA SPIRITS, WOODRUM RESIGNS

From Previous page

Phase II in January.”

Joseph said, “Our community is changing and we want to be cautious that we don’t install a sign today and then have to re-install in a couple of years. It’s very complicated to sign a community.”

Mobile Vendor Permit Revisions – City Attorney Stephen Alcorn.

The city has space for food vendor trucks at Centennial Plaza and Demoret Park. The current fees, which are unusually low, need to be reevaluated. Joseph said, “We want to be sensitive to vendors so we don’t upset them.” While food trucks need to be profitable for vendors, the city must consider use of electricity, clean-up after events, and the noise and fumes coming from older-style generators.

Youth Council Transition – Marketing Manager Kelly Rhoderick.

Sponsor(s) for the Youth Council will take on a new look with a team approach using three sponsors.

Youth Council Coordinator and HR Generalist Tina Woodrum HR will be replaced by staffers Kelly Rhoderick, Jennifer Loshaw, and Kylee Whitener.

Councilman Roy Anderson expressed concern that staff was not being compensated for volunteer time which might impact their work. Bell said work with Youth Council is, “...done primarily during the regular work day. The Youth Council is mandated by the city council...it wasn’t really voluntary.”

Bell indicated that Youth Council activities made it hard for Woodrum to get her own work done and that he was looking for general guidance from council on what they expect from the Youth Council sponsors, “Tina picked up more than she should have and we’re going to ask the students to do a little more.” Woodrum, a long time city employee, recently ten-

dered her resignation.

Election Code Modification Ordinance – City Clerk Lisa DelPiccolo.

There are two proposed changes for municipal elections. One for a stubless ballot and the other to move the deadline for write-in candidates to submit an affidavit of intent.

DelPiccolo said, “The stubless ballot is more efficient and less confusing to the voter.” The current deadline for write in candidate affidavits is 47 days, “Moving the date to 50 days prior will allow us to certify the ballot content in time to meet the deadline to mail ballots to uniformed and overseas voters, which is 45 days prior.”

General Council Discussion:

Public Works Director John Harris, whose resignation becomes effective the end of August, reminded council that his board positions on the Gunnison Basin Roundtable and Project 7 Board would need to be filled. Harris gave recommendations for his replacement(s).

Anderson would like the city manager to re-start the program Mingle with the Manager, “I don’t want to see it die, I think it was valuable.” Bell indicated that once citizens had their questions answered attendance dwindled, “It started out at about 15-20 people, then it was mostly staff and our partners.”

Anderson also wanted information on Gunnison’s Affordable Housing Authority. “I’d be interested to learn more about that.”

Mayor Judy Ann Files confirmed that the Sept. 4 work session (Labor Day) would be moved to Sept. 5 at 11 a.m. with the regular council meeting held the same day at 6 p.m. There is a scheduling conflict for the next Urban Renewal Authority (URA) meeting which will need to be resched-

uled.

Files questioned the media reports on repurposing the Brown Center, “It would be good for council to know what’s going on with the Brown Center.” Joseph indicated that the staff is in discussion with Hilltop with a proposed plan for Hilltop to use the first floor of the facility for adult daycare and the city use the second floor to house Vista Volunteers. Joseph said, “But we don’t know because we’re still looking into it [cost of maintaining the facility].” The Brown Center is located near the Wastewater Treatment Plant and adjacent to the Animal Shelter.

Files floated the idea of using the Brown Center similar to the migrant housing facility in Olathe. “John Harold could house more migrant workers in the summer and we’d have a homeless shelter for winter.”

There was little support for Files’ suggestion. Councilman David Romero said, “I’m not in favor of opening it up to the homeless unless there is some type of program.” Bell said, “From a staff perspective we don’t think it would be a good location. Kids visit the animal shelter and when a new public works facility is built [near that location] there will be construction.” Joseph noted the city began discussion with Hilltop because of their existing relationship.

Council is sensitive to the fact that there are many non-profits in the area. Bynum said, “Other organizations might say, we would have been interested if we had known it was available.” Files said, “I want it to be a fair and equitable thing for the whole community.”

The city staff will continue discussion with Hilltop to submit a collective proposal; however, the staff was instructed to put out a call for proposals and plans to other non-profits.



Some things never go out of style.

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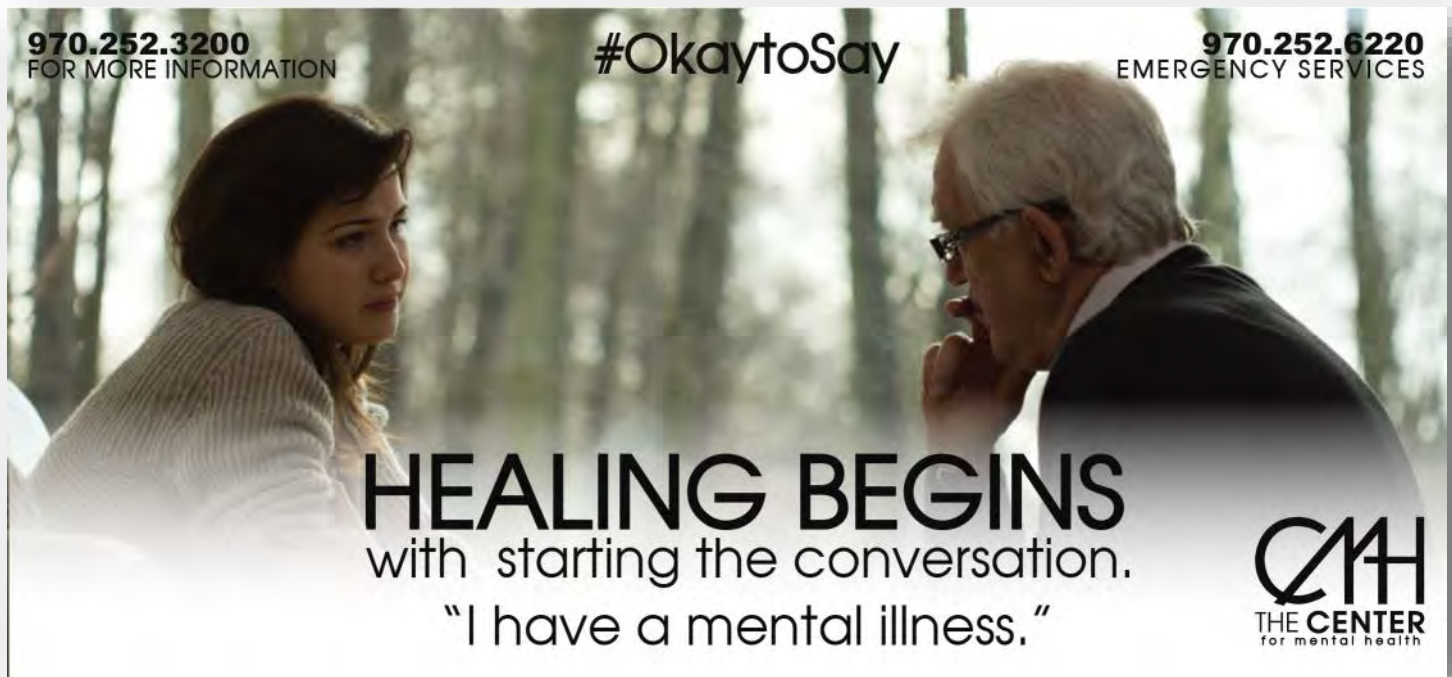
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WCLCC HOSTING EVENT TO SUPPORT SMALL, GROWING OR NEW BUSINESSES

Special to the Mirror

GRAND JUNCTION— In an effort to support small business owners, industry professionals and those wishing to start or grow a business, the Western Colorado Latino Chamber of Commerce (WCLCC) is hosting the newly appointed Small Business Administration (SBA) Colorado District Director, Frances Padilla for an informational luncheon.

Anyone interested is welcome to join the WCLCC as the Small Business Administration (SBA) presents an overview of programs, resources and opportunities that are available.

The WCLCC has hosted this popular event for the past four years and the

event has drawn a wide variety of small business owners, business professionals as well as community members.

Members and non-members are invited to attend the presentation. Tickets are \$25 and include lunch. The event will be held at 11:30 a.m. on Wednesday, August 23rd at the Lincoln Park Tower Hospitality Suite, 1340 Gunnison Avenue, Grand Junction, Colo. For ticket information, please contact Louise Goodman via email at louiseg@timberlinebank.com or by phone at 970-683-5566.

Founded in February of 2013, The Western Colorado Latino Chamber of Commerce has rapidly become the portal to the Hispanic community, and the "go-to"

source for organizations or individuals looking for Spanish-English interpreters and translators, as well as cultural consultation on marketing to the Latino population.

The WCLCC provides its members with an array of member services including monthly business trainings and networking events. The WCLCC is also a sponsor of the annual celebration of Hispanic Heritage Month.

For more information about the Western Colorado Latino Chamber of Commerce and/or the SBA visit to the Western Slope, please email or call Louise Goodman at louiseg@timberlinebank.com or 970-683-5566.



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REGIONAL NEWS BRIEFS

TRI-STATE MONTROSE EMPLOYEES CLUB FUNDS LOCAL MIDDLE SCHOOL SCIENCE DEPARTMENTS



Montrose-based Tri-State Employee Association officers present a \$1,000 donation to the science department of Centennial Middle School. From left: Jake Martin, Meghan Waschbusch, a science teacher at Centennial; Izale Kruse, Joe Simo, principal of Centennial Middle School; and Tim Sherman. Courtesy photo.



Judy Hauger, a science teacher at Olathe Middle School, receives a \$1,000 donation from Montrose-based Tri-State Employee Association officers, from left, Jake Martin, Izale Kruse and Tim Sherman. Courtesy photo.



Montrose-based Tri-State Employee Association officers present a \$1,000 donation to the science department of Columbine Middle School. From left: science teachers Greg Solseth and Sergina Bach, Jake Martin, Izale Kruse, teacher Teresa Brown, Tim Sherman, and teacher Jennifer Mitchell. Courtesy photo.

Special to the Mirror

MONTROSE— With students and teachers heading back to school this month, Tri-State Generation and Transmission Association's Montrose Employees Club decided to support middle school science classrooms and teachers in the area. The club donated \$1,000 each to Centennial Middle School, Columbine Middle School and Olathe Middle School.

"STEM (science, technology, engineering and math) disciplines interest us at Tri-State because of the technical nature of our work," explained Izale Kruse, volunteer president of the Tri-State Montrose Employee Association and substation apparatus technician.

Each school will decide how to allocate the funds based on immediate need. Columbine Middle School science teacher Teresa Brown said she will work with her colleagues to make those decisions, adding that in class, three students currently

share one microscope and purchasing more is now a possibility. Centennial Middle School science teacher Meghan Waschbusch echoed the need for new classroom equipment.

"Centennial Middle School is very thankful for the generous support from Tri-State. Funds will be used to update old scientific instruments and ensure that students can carry out scientific investigation with equipment that works," Waschbusch said.

Scot Brown, principal of Olathe Middle-High School, said, "This donation will be a huge asset to our science department. It will enable us to buy consumable supplies which are very important, but also very expensive. I am positive that our science department will take full advantage of this donation to benefit our students, and to provide even more learning experiences for them." Because science and math require critical-thinking skills, Tri-State's Montrose employees hope their science

classroom donations help prepare middle school students for advance learning in the future. "The true goal of education is to help children think intensively and critically," said Judy Hauger, Olathe Middle School science teacher. "I want the kids to be better prepared to face real-life problems with more creativity and effectiveness."

Tri-State is the not-for-profit, wholesale power supplier to 43 member electric cooperatives and public power districts across the Western U.S. Together, we power the potential of more than 1 million people in Colorado, Nebraska, New Mexico and Wyoming. Locally, Tri-State serves Delta-Montrose Electric Association. To learn more about Tri-State, visit www.tristate.coop. The all-volunteer Employee Association at Tri-State's Montrose Maintenance Center has supported children, seniors and veterans in their community for decades.

LACK OF AFFORDABLE, SAFE RENTALS HITS YOUNG FAMILIES HARDEST

From pg 1

someone in this age group opting to rent rather than buy in 2016. [Colorado West Property](#) Management's Ben Alexander has seen the market in all phases over his years in business. Still, "I have never seen the rental market this tight," Alexander said. "We have rented everything we have right now." Generally, half of available open units will rent before ever going on

the market, he said. "We know what's going to be available, so we can show them." Of 280 Colorado West units priced under \$1,000, nothing is presently available, though one unit is expected to open in September. "There will be a few things coming open in October...and we will be pushing up our rents a little bit," Alexander said. To those seeking a moderately-

priced home, Alexander advised, "You really need to be on top of it. Watch our web site the last week of the month, and get right in here." In addition to signs, word-of-mouth and "for rent" notices in local publications and online message boards, [Montrose County Housing Authority](#) may be a resource for those who qualify.

REGIONAL NEWS BRIEFS

MHS SCIENCE DEPT. INVITES STUDENTS TO FIELD FOR ECLIPSE VIEWING

Special to the Mirror

MONTROSE - The Science Department at Montrose High School will invite students to the football field on Monday, Aug. 21st, for the viewing of the solar eclipse. They have eyeglasses for sale to students and will use the event as a learning experience. Please contact Emarae Garcia for more information and time of viewing event.

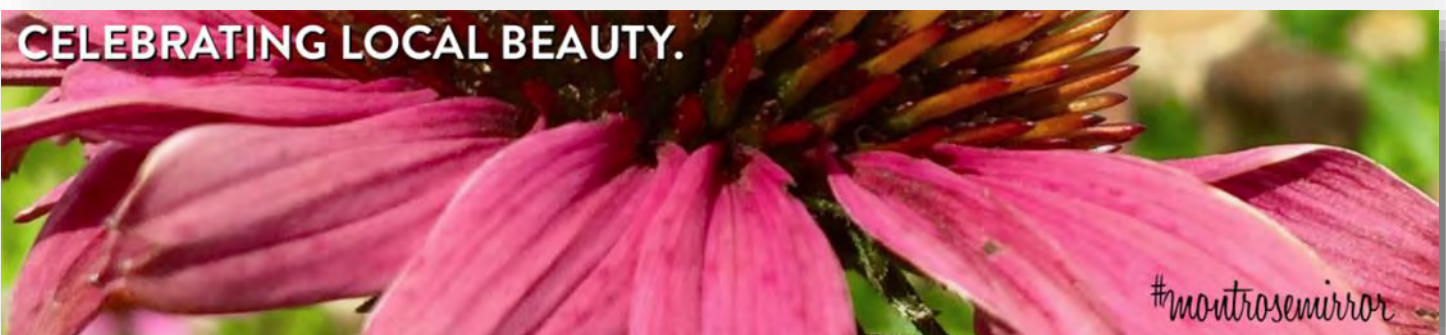
CITY TO CLOSE INTERSECTION @ GRAND AVENUE & SOUTH FIRST STREET STARTING AUG. 21 FOR STORM DRAIN TIE-IN; ACCESS TO AREA BUSINESSES WILL REMAIN OPEN THROUGHOUT CLOSURE

Special to the Mirror

MONTROSE-Contractors working for the City of Montrose will close the intersection of Grand Avenue and South First Street starting on Monday, Aug. 21 in order to tie-in new storm drain piping on Phase II of the West Side Arterial Project. This closure is expected to last several days. Access to nearby businesses will remain open throughout the closure.

Pedestrians and motorists are asked to exercise caution near the work area and respect all coned off areas.

More information about the project is available at CityofMontrose.org/Projects. Questions regarding the project may be directed to City Engineer Scott Murphy at [\(970\) 901-1792](tel:9709011792).





Montrose Senior Center
1800 Pavilion Drive

ACTIVITIES CALENDAR
970-252-4884

MEAL RESERVATIONS
970-252-7797

\$3 Lunch & Learn
TO RESERVE A SEAT CALL 252-7797
LUNCH @ NOON • PROGRAM @ 1PM

TOOLS FOR A GOOD RETIREMENT
COLORADO PROGRAMS TO USE FOR LONG TERM CARE
HOW TO USE TRUSTS & REVERSE MORTGAGES
BRYCE LEE, ATTORNEY & MARILYNN HUSEBY, RESOURCES
THURSDAY, AUGUST 10th • PROGRAM IS FREE TO ATTEND

MURDER & MYSTERY ON GRAND MESA
1901 MURDER & 1892 MYSTERY
JIM WETZEL
MONDAY, AUGUST 21st • PROGRAM IS FREE TO ATTEND

\$5 Lunches
FOUR COURSE LUNCH W/ DESSERT
MONDAY - FRIDAY • ALL AGES WELCOME



REGIONAL NEWS BRIEFS

SUPPORT ECOACTION PARTNERS WITH FREE ALPINE BANK COMMUNITY SHRED DAY AUG. 29

Special to the Mirror

Telluride – Are you overwhelmed with papers you would like to get rid of? Do you have old tax documents, bank statements, credit card solicitations, medical records, and other personal documents needing to be destroyed? Then, join Alpine Bank and Colorado Document Security for the Annual Free Community Shred Days at our Alpine Bank location in Telluride:

Telluride

Tuesday, August 29

120 South Pine Street

11 AM – 1 PM

Donations Welcome for
EcoAction Partners

All documents will be shredded on-site by Colorado Document Security; we do limit the number of boxes to 4 per person or business. No need to remove papers from

file folders, take out staples or remove paperclips as they can run through the shredder. Participants will be able to watch as their documents are destroyed and leave with peace of mind, knowing their personal information will not get into the wrong hands. In addition to the free paper shredding services, donations are welcome to EcoAction Partners; Alpine Bank will match all donations collected at the event. In 2016 at our locations in Telluride, Ridgway, Montrose and Delta, over 44,000 pounds of paper was collected, shredded, and then later recycled. According to the EPA's Waste Reduction Model, this saves about 374 trees and over 154,000 gallons of water. This is the equivalent of 66.3 cubic yards of landfill space. Danny Craft, Alpine Bank Senior Vice President, states, "Alpine Bank's Envi-

ronmental Policy encourages community participation in our environmental efforts.

The shred event offers a valuable service to the community and ensures that what might have ended up in a landfill is recycled." **About Alpine Bank**

Chartered in 1973, Alpine Bank is an employee-owned organization with assets exceeding \$3 billion. With headquarters in Glenwood Springs and 38 banking offices across Colorado, Alpine Bank employs nearly 600 people and serves more than 130,000 customers with retail, business, wealth management*, mortgage and electronic banking services. Alpine Bank has a 5-star rating for financial strength by BauerFinancial, Inc., the nation's leading bank rating firm. The 5-star rating is BauerFinancial's highest rating for financial institutions.

Learn more at www.alpinebank.com.

WEEHAWKEN DANCE FALL 2017

MONTROSE SCHEDULE

MONDAYS:

WEEHAWKEN MONTROSE

- 10am-10:45 Pre-Ballet with Miss Leeann (ages 2.5-5)
 10:45-11:15 Story Book Ballet with Miss Leeann (ages 2.5-5)
 4:00-5:00 Beginning Hip-Hop and Jazz with Miss Caila (ages 5-7)
 5:00-6:00 Intermediate Hip-Hop A with Miss Caila (ages 8-11, All may sign up for this class, Miss Val will class assist the first 4 weeks)
 6:00-7:00 Intermediate Hip-Hop B with Miss Valerie (ages 8-11, May sign up with approval from Miss Val Only)
 7:00-8:15 Advanced Hip Hop with Miss Valerie (ages 12+, teacher approval required)

TUESDAYS:

MONTROSE - @ PRECEDENCE ON MAIN

- 4:00-5:00 Wee little Hip Hop with Miss Leeann (ages 2.5-5)
 5:00-5:45 Pre-Ballet with Miss Leeann (ages 3-5)

WEEHAWKEN MONTROSE

- 4:00-5:30 Ballet 3/4 with Miss Pang (ages 9+)
 5:30-6:00 Pre-Pointe/Pointe for ballet level 3/4 with Miss Pang (instructor approval)
 6:00-8:00 Ballet 5/6 with Miss Pang \ (with instructor approval, includes pointe)

WEDNESDAYS:

MONTROSE @ PRECEDENCE ON MAIN

- 2:30-3:30 Tap 1/2 with Natasha (ages 8-10)

WEEHAWKEN MONTROSE

- 3:00-4:00 Pom Jazz with Miss Valerie (ages 9+)
 4:00-5:00 Jr Jazz and Mix it up! with Miss Natasha (6-8th grade, see additional info on website for weekly teacher and dance style schedule)
 5:00-6:15 Sr Jazz and Mix it up! w/ Miss Natasha (grades 9-12, or with instructor approval, see additional info on website for weekly teacher and dance style schedule)

MONTROSE - BLACK CANYON GYMNASTICS

- 6:45-7:45 Year 1 Aerial Dance A with Natasha (6 week session, non-performing. Ages 10+)
 7:45-8:45 Year 1 Aerial Dance B with Natasha (6 week session, non-performing. Ages 10+)

THURSDAYS:

MONTROSE @ PRECEDENCE ON MAIN

- 3:45-4:30 Pre-Ballet with Miss Leeann (ages 2.5-5)
 4:30-5:15 Primary ballet Miss Leeann (ages 5-7)
 5:15-6:15 Tap 1 with Miss Caila (ages 5-7)

MONTROSE- REC FIELD HOUSE

- 3:45-4:45 Ballet 1/2 with Miss Pang (ages 8-10)

WEEHAWKEN MONTROSE

- 4:00-5:30 Ballet 3/4 with Miss Caroline (ages 10 and up with instructor approval)
 5:30-7:30 Ballet 4/5 with Miss Caroline (with instructor approval)
 7:30-8:30 Teen Jazz and Lyrical with Miss Caila (ages 13 and up)

FRIDAYS:

WEEHAWKEN MONTROSE

- 3:45-4:30 Primary Ballet w/ Miss Natasha (ages 5-7)
 4:30-5:30 Tap/jazz (ages 5-8) with Miss Natasha
 5:30-6:30 Ballet 1/2 (ages 7.5 -9) w/ Miss Natasha
 6:30-8:00 Ballet 3/4 (ages 10+) with Miss Natasha
 8:00-8:30 Pointe with Miss Natasha

The Fall 2017 Session runs for 12-weeks beginning the week of September 5th and ending with a performance of "The Nutcracker" December 9 & 10 at the Montrose Pavilion.

All students must enroll either prior to the program beginning or at the first class in person. Enrollments are not accepted after the third week of the session unless special approval is granted by the Artistic Director.

New to Weehawken Dance? NEW students are welcome to try a class the first week free! Some needs-based scholarships are also available - Deadline August 25, 2017.

For more information on Weehawken Dance policies, Lead Audition Dates, Ballet Uniform Information, Studio Etiquette, Semester Dates to Remember, Company Dance Info, etc, visit weehawkenarts.org

STANDARD PRICING* (as of 09/01/17, 12 week session)

* = excludes aerial classes

| Item | Price |
|----------------------|-------|
| 30 minutes | \$84 |
| 45 minutes | \$162 |
| 60 minutes | \$174 |
| 75 minutes | \$192 |
| 90 minutes | \$216 |
| 120 minutes | \$285 |
| Show fee (per class) | \$35 |
| Annual registration | \$25 |

+ any costs associated with dancewear or tickets to the performances.

www.weehawkenarts.org
 970.318.0150

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BOWMAN PROMOTES MUSIC EVENTS AT 16-MINUTE COUNCIL MEETING

By Gail Marvel

The Montrose City Council Meeting of Aug. 15 lasted a mere 16 minutes.

Wastewater Treatment Plant Rotor Gear Box Purchase – Public Works Director John Harris.

Council awarded the purchase of three rotor gear boxes from Applied Industrial Technologies of Grand Junction, Colorado, for the total price of \$62,038.29. Comparing the three bid that were considered Harris said, "All bidders offered the same warranties." Approved unanimously.

Wastewater Treatment Plant Clarifier Coating Contract - Public Works Director John Harris.

Council awarded a service agreement for the Clarifier Coating Project in the amount of \$62,000 to Custom Linings, Inc. Speaking to durability of the coating Harris said, "There is a 20-year life expectancy." Approved unanimously.

Staff Reports:

Sales, Use, and Excise Tax Report - Finance Director Shani Wittenberg.

Wittenberg said, "We have somewhat of a sunshine report. Everything is looking good." Through June of 2017 YTD Sales and Use Tax collected is \$7,641,527; Montrose Recreation District (0.03%) YTD collected is \$763,893; and Retail Enhancement Program YTD collected is \$152,825.

Second Quarter Budget Review - Finance Director Shani Wittenberg.

Wittenberg said, "We seem to be tracking very well with the budget." The written report submitted on Governmental Funds for 2017 includes:

Water Fund Capital improvement projects include valve and hydrant replacement; Sunnyside tank supply line design & construction; Sunset Mesa tank analysis; installing pressure reducing monitoring equipment; Automatic shut-off valves and water main replacements in conjunction with



Thirteen-year-old Boy Scout Brooks Blackford, who is working on his Communication Merit Badge, attended the Montrose City Council meeting on Aug. 15. Blackford is a member of Troop 491. Photo by Gail Marvel.

street projects.

Sewer Fund Capital improvement projects include sewer rehabilitation/replacement; lift station elimination project; Scarborough & Majestic Circle project engineering and Otter Road Canal Crossing. WWTP improvements include rotor gear boxes; digester ladders and upgrades to the headworks building.

Black Canyon Golf Course projects include Back Nine sand traps; Range net & posts; drainage improvements at hole #10 & #12; landscaping at Miami and Columbine and concrete bridge decking.

Public Information report – City Manager Bill Bell.

Bell deferred to City Clerk Lisa DelPiccolo for comments.

DelPiccolo reported on the upcoming liquor serving training to be held on Sept. 14 at 5 p.m. Anyone is welcome to take the training and they can register on the city website. For additional information call the clerk's office at 970-240-1422.

Elevate Fiber, a subsidiary of Delta Montrose Electric Association (DMEA), has been issued a permit to go door-to-

door to contact city residents about broadband. The Elevate representatives will wear identification badges. DelPiccolo said, "They have been permitted by the city. However, if residents do not want to be contacted they can go to the city website and sign up if you do not want to be contacted by door-to-door people." Citizens who have signed up in the past for no door-to-door solicitation may need to reapply as there is a two-year time limit on the list.

City Council Comments:

This was the last meeting for Public Works Director John Harris who tendered his resignation to take a job in California.

Council thanked Harris and wished him Godspeed.

Councilman Dave Bowman promoted events at the pocket-park and for the summer music series.

Councilman Roy Anderson complemented the City of Montrose women — Mayor Judy Ann Files, Councilwoman Barbara Bynum and Director of Business Innovation Chelsea Rosty—for recognition as Women of Distinction by the *Montrose Daily Press*.

Senior
CommUnity
Care

Free Outdoor Concert

Music

ON THE

Green

Saturday,
August 26, 2017

Beer Garden



4:00-8:00 pm | Riverbottom Park, Montrose

Bring chairs or blankets to sit on the lawn

Beer & Wine for purchase from Horsefly Brewing Company

PROCEEDS GO TO BENEFIT THE THERAPEUTIC
RECREATION OUTDOOR ADVENTURE PROGRAM

Hamburgers
& Hot Dogs
for purchase

Live Entertainment Lineup:

Roam

Black Lab and The Banjo

All About Me

Ascending Giants



REGIONAL NEWS BRIEFS

MONTROSE REGIONAL CRIMESTOPPERS HOLDS RIBBON CUTTING CEREMONY



Special to the Mirror

MONTROSE-Montrose Regional Crime Stoppers, Inc. and the Montrose Chamber of Commerce held a ribbon cutting ceremony in front of the Justice Center in Montrose Aug. 15. It was another showing of community support for this non-profit program which assists law enforcement by receiving anonymous tips on crimes and criminals. If an arrest is made, Crime Stoppers pays rewards to the "tipsters." Tips may be sent anonymously by calling 970-249-8500 or texting at P3Tips and writing P3Tips.com. Courtesy photo.

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REGIONAL NEWS BRIEFS

**MCSO ANNOUNCES
CITIZENS ACADEMY***Special to the Mirror*

MONTROSE--The Montrose County Sheriff's Office (MCSO) is accepting applications for the MCSO Citizens Academy. The academy is scheduled to begin on Sept. 21, and will run for 12 weeks with the graduation ceremony on Dec. 14.

"The citizens academy is designed to give the public a working knowledge of MCSO personnel and policies," said Sheriff Rick Dunlap. "This class is as enjoyable for the instructors as it is the students, and we are looking forward to hosting a new session. "

The classes will be held for 12 weeks, every Thursday (with an exception for the holiday--classes listed below), from 7 p.m. to 9:30 p.m. Training will take place at the MCSO—1200 North Grand Avenue—in the Conference Room.

Applicants must be 18 years of age to attend. The comprehensive instruction will cover a wide variety of law enforcement issues including the Sheriff's Posse, traffic stops and DUI investigation, response to resistance, communications, less lethal applications, crime scene and evidence collection, records, civil process, K-9 Unit, Special Response Team (SRT) demonstration, school resource assistance, and detentions.

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Montrose: **Proximity Space**
210 E. Main St., Montrose

Delta: **Senior Community Meals office**
350 Stafford Lane., Delta



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ISSUE 110 Aug. 21 2017

ART & SOL

UTE COUNCIL TREE TO BE CUT DOWN ON ANNIVERSARY OF CHIEF OURAY'S DEATH



The Ute Council tree was more than 215 years old, an astonishing life span for a cottonwood. Courtesy photo.

Special to Art & Sol

DELTA—On Aug. 1 at approximately 7 a.m., in the absence of any wind, the only remaining limb on the trunk of the Ute Council Tree in Delta came crashing to the ground. After a thorough examination of the tree, aided by the loan of a bucket-lift from DMEA, ISA Certified Arborist Gil Mitchell conducted an inspection of the tree on Aug. 7 and provided a risk assessment. The Delta County Historical Society

Board of Trustees then met in emergency session on Thursday, Aug. 10, and concluded that the Ute Council Tree is now believed to be in extreme danger of a major event whereby the remaining branches in the crown of the tree may, in a high wind situation, create severe stress on the trunk of the tree such that the trunk may fracture, split open, or otherwise fail, and as such will create a danger to life and property in the vicinity should the tree fall.

In the interest of safety, the Delta County Historical Society has decided to cut down the main portion of the Ute Council Tree. The tree will be cut down on Friday, Aug. 25, 2017, the anniversary of the death of Chief Ouray, who died in 1880. While the date is less than ten days from now, it seems appropriate that this date be selected as a way of honoring both Chief Ouray, who visited the tree when it was within the ancestral camp of the Uncompahgre Utes, as well as honoring the longevity of this famous

tree, now estimated to be more than 215 years.

The day will be both a day of sadness as well as a celebration of the long life of this famous tree. A portion of the Ute Council Tree trunk will remain in place as a memorial, and it is estimated that about 10 to 12 feet of the trunk will remain, while all above it will be removed. When the tree is cut down, the limbs from the crown as well as sections of the trunk, will be stored by the City of Delta until such time as disposition plans are formulated.

It is anticipated that many will want to be on hand to witness the event, from present day Utes to others with a cultural or historical interest in the tree. While the public is invited to this event, expected to last most of the day, all are reminded that public safety is a primary concern and will take precedent over all else.

Due to the cost of removing the major portion of the tree, estimated to be about \$3,000, the Historical Society is also soliciting donations to help with this expense.

Please direct any questions to Jim Wetzel, Director of the Delta County Museum, 874-8721.

COMMUNITY NEWS BRIEFS: PHILANTHROPY

CENTER FOR MENTAL HEALTH RECEIVES GRANT FROM FRIENDS OF THE LIBRARY

Special to the Mirror

MONTROSE-The Center for Mental Health is pleased to announce that it has received a grant from the Friends of the Montrose Library for \$2,400. In partnership with the Montrose Regional Library District these funds will be used to purchase books to give to children who have contact with the Center. The Library, through its outreach services, will provide books that have therapeutic value and tackle difficult topics like divorce, the death of a loved one, or experiencing traumatic events. The grant will also provide parenting resources and adventure books for fun and entertainment. Research has proven the nu-

merous benefits of reading for a child's developing brain. Reading increases imagination, children learn problem solving skills through storytelling, reading helps kids develop empathy, and reading relaxes the body and assists in calming the mind. Reading leads to increased academic success and the development of positive self-esteem. For children who have experienced difficulties in their early years, reading can assist them with the knowledge of how others have experienced similar challenges and thrived. Reading can also be an escape into an adventure in your mind.

We are delighted to be partnering with the Friends of the Montrose Library and



Courtesy photo.

the Montrose Regional Library District to be able to offer free books to children and adolescents, and also their parents to assist them in reaching their goals.

BEAR WITH US...FOOD SHORTAGE SPARKS INCREASED INTERACTIONS

From pg 1

officers after it came within a few feet of two children playing outside near Vallecito Lake in Colorado. The two boys and their mother made it safely into a house.

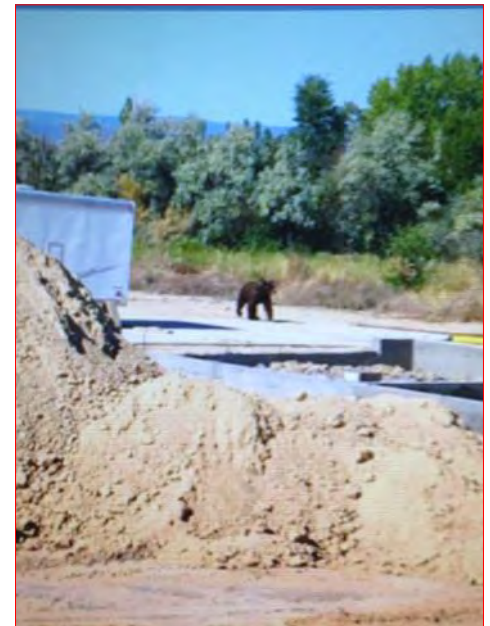
Another bear was killed when a Durango landowner shot it after it had killed chickens. Wildlife officials also believe they killed the bear who bit a camp staffer sleeping at Glacier View Ranch, 48 miles northwest of Denver, and tried to drag him out of his sleeping bag. The teen fought off the bear after waking with his head inside its mouth. Later, he was treated briefly at a hospital and released.

Four bears have also been killed in separate incidents in Vallecito, Pagosa Springs and Cortez. Homeowners killed two after bears entered homes, and wildlife services killed two for killing livestock.

In Ouray, where a bear killed a 74-year-old woman in 2009, the city is distributing pamphlets telling citizens about how to bear-proof homes. "[Bear Proofing Your Home](#)," "[Attracting Birds, Not Bears](#)," "[Unwelcome Mats Help Keep Bears Wild](#)," are available on the [city website](#). Many in Ouray remember the older Ouray woman who had fed bears for a decade and then was killed by those bears. Lab results in 2009 showed that 74-year-old Donna Munson had wounds on her body leading

the Montrose County Coroner to conclude that she had been attacked and killed by a bear, proof that feeding wildlife can be deadly. "You can't tame a wild animal," said a spokesperson for the Colorado Division of Wildlife at the time. "Their business is surviving, and they're gonna do whatever it takes to survive." This year has been described as the busiest bear season since the natural-food failure year of 2012. Officials say rain may help, but the late frost in June is likely to take a toll on late summer acorns, an important staple to a bear's diet.

For those seeking more information, Colorado Division of Wildlife has released an [executive statement on Human-Bear Conflict](#). [Bear Smart Durango](#) notes on its website that any bear sighted near human development needs to be reported – to someone. Potentially dangerous bears or bears causing property damage should be reported to protect public safety and prevent property damage, the organization notes. This includes bears on decks, bears killing chickens, bears knocking down bird feeders, lingering on your property or perhaps entering an open garage. For problem bears citizens may call the main Colorado Parks and Wildlife number at 970-247-0855 or 911.



A bear spotted in the Peppertree subdivision in Montrose last week. Courtesy photo.

Citizens who are having bear problems in the Ouray/Ridgway/Montrose area may contact the Colorado Division of Wildlife's district wildlife manager Kelly Crane. She is based in Montrose; her number is 970-209-2369.

If there is a bear emergency immediately call 911 or the Highway Patrol at 970-259-6000.



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Final Competition
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<http://TheVoiceSanJuans.wordpress.com/>

The Voice of the San Juans



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- ★ Join the excitement at the Final Competition as the 12 winners from our auditions -- the best of the best -- compete for the top prize of \$1,000.
- ★ Buy your tickets before they sell out! General admission seats are \$35. Doors open at 6:00 pm and the show starts at 6:30 pm.
- ★ A limited supply of VIP tickets is available for purchase only until Sunday, September 17.
As a VIP, you'll enjoy a delicious catered reception (5 - 6 pm) where you'll meet our 12 finalists and our judges.
Next, when the show begins at 6:30 pm, you'll have the best seats in the Pavilion auditorium.



For more details and ticket information, please visit

<http://TheVoiceSanJuans.wordpress.com/>

OP/ED COMMENTARY

MONTROSE CHURCHES, WHERE IS THE LOVE FOR THOSE WHO NEED IT MOST?

By Timothy Storrs

Montrose Philosopher

MONTROSE-Welcome to Calvary Church of Montrose...now Get out! This was my second time visiting this church; the first time, they claimed that, 'This is a Church of Healing.'

The second visit, I was late, I came in quietly and found a seat in the pew. I was followed by a guy, and I thought he was going to reach out to me and make me feel welcome. Boy was I Wrong. He said he was 'Security' and that he felt I was there to make problems; I DID NOT DO ANYTHING! I came in quietly and took my seat, did not say a word. After the security man approached me, I tried to explain that his job was not to kick everyone out who he felt was the 'least of us,' but he ignored me. I went to the pastor, and the pastor backed him up. How can you speak for God if you kick out everyone who is reaching out for healing?

'Christians', your job is NOT to Determine who the LEAST of us are and kick them out. This is NOT what Jesus Preaches. Jesus teaches us to help those who need help, not kick them out of the Club, Your job is not to make YOUR LIFE free of struggle, Jesus Commissions you to HELP OTHERS who are hurting, not to kick them out because YOU think they are going to cause trouble. THIS is what causes Teen suicides and school shooters. You IGNORE their troubles because why? Because they scare you? Did Jesus say to put everyone behind bars who needs healing? To kick them out? NO, He teaches to reach out to those who hurt, to minister to them and to bring them into the fold.

Montrose Churches--PROVE ME WRONG! Not by explaining about all the 'Works' you do, Work are futile if you do not connect with others. It is NOT their job to connect with YOU, if you call yourself a Christian it is YOUR JOB to connect with others, not to kick them out of your lives. You saw me sick and reach out, and you kicked me out of the club; you chose to judge me the 'Least', you denied me the Love of God. You preach of Hope, yet take it away from those you deem 'Troublemakers', instead of reaching out to them and showing God's Love, you decided I am NOT worth the effort.

"Without understanding there can be no compassion, without compassion there can be no Love -Jung"

Where is the Love in Montrose?

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MMHI Board of Director applications are now being accepted

Application deadline is August 31.

Learn more during our public board meeting
August 28th, open to the public.

More information and candidate application
is available at www.MontroseHospital.com
or in the hospital administration office.



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MontroseHospital.com

COMMUNITY NEWS BRIEFS: LITERARY ARTS

MAKE MORE OF METAPHOR...WITH ROSEMERRY WAHTOLA TROMMER

Special to Art & Sol

RIDGWAY-Weehawken is excited to bring Rosemerry Wahtola Trommer back to Ridgway to offer a poetry writing class, "Making More of Metaphors." Rosemerry says of the class, "The art of writing poems is less a way to know something and more a process of constant discovery. One of the greatest tools in this adventure is metaphor, the language of connection. In quantum physics, they speak of the holographic universe, the idea that the powerful energy of the whole can be found in the tiniest particles. When we compare our life/human life to any part of the world—a blade of grass, a nest, an old car—it can change the way we see. Join in day of play with 'the great muscle of metaphor,' as Adrienne Rich calls it. No previous experience writing poetry is necessary, but you'll need an open mind."

Guiding you on this journey through the Laureates is Western Slope poet laureate emeritus Rosemerry Wahtola Trommer. She holds a master's degree in English Language and Linguistics, and for 10 years, she has directed the Telluride Writers Guild. She has written a poem a day for several years, and her poems have been featured in O Magazine and on A Prairie Home Companion. Her books include *The Less I Hold* and *The Miracle Already Happening*.

"Making More of Metaphors" with Rosemerry Wahtola Trommer will be offered on September 21 from 9 am-3 pm at Weehawken Ridgway (1075 Sherman St.). The cost for this class is \$95. Students must register in advance through Weehawken Creative Arts at www.weehawkenarts.org (adult arts classes tab) or by calling Weehawken at [970.318.0150](tel:970.318.0150). A minimum number of students must be met in order to guarantee the class, so interested students are encouraged to register several days in advance. More details are available at www.weehawkenarts.org or facebook.com/weehawkenarts.



Poet Rosemerry Wahtola Trommer.
Courtesy photo.

KAFM RADIO ROOM WELCOMES CLYDE AND THE MILLTAILERS AUG. 25

Many Older Adults Need Our Help... *in the most fundamental ways.*

- **FOOD:** In the most affluent country on earth, seniors have to choose between food and medicine.
- **SHELTER:** Imagine having to find a decent, secure place to live on an income of \$800 per month.
- **SAFETY:** For older adults, home can often become a dangerous place without proper repairs.
- **SUPPORT:** Sometimes we all need a little help from our friends.
- **CARE:** When living at home is no longer an option, we can help.
- **CONNECTIONS:** When you outlive all of your friends and family, who do you turn to?

We provide a connected network of services that make a significant difference in our part of the world.

Join us in supporting our vision to enrich and uplift the lives of our local older adults.



www.voahealthservices.org
www.facebook.com/VOAWesternSlope.org
1-844-VOA-4YOU Toll Free Assistance Line

Special to Art & Sol

GRAND JUNCTION-The KAFM RADIO ROOM Proudly Presents...Clyde and the Milltailers on Aug. 25, 2017 at 7:30 PM. Clyde and the Milltailers are a Colorado based Alternative Folk trio influenced by early American music, history and folklore. Formed in Grand Junction Colorado by Steve "Clyde" Kilcrease and David Rowley in early 2014; the group's name is a local reference to radioactive uranium mill tailings that were used as foundation fill and sidewalks in their home town that at the time were not yet known to be dangerously radioactive. They have shared the stage with bands such as Head for the Hills, Lucas Nelson and the Promise of the Real, The Calamity Cubes, Tejon Street Corner Thieves, The Haslers, RL Cole, and The Bridge City Sinners. In April of 2014 the Band released their first full length album through Fusion Audio Solutions in Grand Junction. Tickets are \$12 in advance and \$15 at the door and may be purchased by calling (970) 241-8801, Ext 223 or online at www.kafmradio.org. The Radio Room is located at 1310 Ute Avenue, Grand Junction, CO 81501. Doors open at 7 p.m.



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NOTES FOR THE JOURNEY...

Exploring Classical Music With Rob Brethouwer

AN AMERICAN RETURNS TO PARIS, AGAIN AND AGAIN...

An American in Paris by George Gershwin immediately sounds like a city. A brisk and busy urban boulevard comes to mind. Not :30 into the piece we hear the distinct sounds of car horns blaring as they pass by. The orchestration for this piece calls for actual ball-squeezed car horns to be used in performance. Muted trumpets against percussion and low brass toots and boms give us all the sound of Paris, France during the 1920's. An unknown and unnamed person immediately comes to the imagination and as we listen, the questions of where are they going comes to mind. The strings take an accompanying position during the first hard and fast three minutes of this piece. At 3:19 the sound suddenly slows to a melancholy pace with a muted trumpet softly wailing in the background while the strings answer with a soft melody. The peaceful interlude does not last long as by 4:28 we are back to the busy boulevard. The city has increased its urgency by one step with the brass and percussion once again taking prominence. Muted triple tonguing can be heard from the trumpet section as the xylophone answers the brass rhythmically.

A call and answer of a simple sort that sounds conversational in its frenetic pace. A solo violin brings the rush of the music to a pause at 6:19 and the overall mood of the piece changes. A rest during a busy day in the French capital, perhaps brief rests on a park bench while watching people walk by. The famous melody in this piece makes its appearance at 7:34, once again by a muted trumpet accompanied by flighty and wispy flutes. The strings offer their input and are answered by the low brass. Strings have now decided that they like that melody and take it on at the 8:38 mark until it makes its conclusion at 9:46. The entire orchestra responds in tutti (together) for a few seconds at the 10:00 minute. Something new and different makes an appearance at 10:20 and the sounds of a smoky jazz hall come from the woodwind section before once disappearing under the blare and rush of the brass section. A syncopated rhythm begins at 11:01 that pushes the listener to the reintroduction of our familiar melody once again at 11:26. The volume level of the orchestra drops off to almost nothing until 12:19 when a swinging rhythm and melody come from the very busy trumpet section.

This is our second well-known melody that sounds somewhat like a Dixieland combo piece heard on the streets of New Orleans. Bits and pieces of the melody can be heard being traded between orchestra sections until 13:49 when everyone comes back together for a brief moment. It is at 14:05 that we hear a change in sound that makes one believe the piece is coming to an end. Statements have been made and conversations have been had between all parties. The destination in the city is nearing and we are almost at our destination. The piece has told a story of what an American in Paris may have heard on the streets during the roaring 20's. The hustle and bustle of people going places and getting things done. Cars jockeying for position on the street and the sounds of music coming from bars and bistros. A rush to a conclusion starts at 16:18 and we once again hear all of the now familiar sounds with the car horns taking a prominent place. Each of our two well-known melodies is once again briefly heard as the xylophone pushes for dominance. A slow and building orchestral tutti brings us to a conclusion with a final bluesy statement from a solo trumpet.



Struggling to care for a loved one with dementia or Alzheimer's?

Dementia Care – Validation Support Group
Meets the 2nd Thursday of every month
2:00 – 3:00 pm

Bring your loved one and activities will be provided while we meet.

Our group is open to anyone wanting to learn more about dementia or Alzheimer's disease, caregivers taking care of a loved one at home, or friends and family members who want to lend extra help from time to time.

Valley Manor Care Center Memory Care Community
1401 South Cascade Ave., Montrose

Led by Brandi Garcia
Certified Dementia Care Validation Instructor

970-249-9634 or 970-275-6115

Email: bgarcia@voa.org





Weehawken Adult Summer

JUNE 24 & 25
MIXED MEDIA ALCHEMY
WITH LAUREN MANTECON

JULY 8
PANORAMA CONCERTINA
WITH ALICIA BAILEY

JULY 9
MINIATURE DIORAMA BOXES WITH ALICIA BAILEY

JULY 16-19
MODERNIZING THE LANDSCAPE 3-DAY ACRYLIC WORKSHOP
WITH CLAUDIA HARTLEY

JULY 28-30
VIBRANT WATERCOLORS WORKSHOP
WITH CLAUDETTE BARKER

SEPT 30 & OCT 1
CREATIVE NATURE & LANDSCAPE PHOTOGRAPHY
WITH MICHAEL E. GORDON

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COMMUNITY NEWS BRIEFS: EDUCATION

AMERICAN SENTINEL UNIVERSITY AND COLORADO HOSPITAL ASSOCIATION NAME DCMH NURSE JANEL WEBB A COLORADO HEALTH CARE STAR

Special to Art & Sol

DELTA-American Sentinel University and the Colorado Hospital Association (CHA) named Janel Webb, RN, BSN, ICU/Clinical Education, ICU Manager at Delta County Memorial Hospital as a Colorado Health Care Stars Award winner. This award recognizes Webb as an exceptional health care professional.

Colorado Health Care Stars is a statewide health care professional award recognition program sponsored by American Sentinel University and CHA. The program was launched in February 2015 to acknowledge industry professionals in Colorado who exceed expectations in the delivery of health care.

Webb's supervisor, Jody Roeber, Chief Clinical Officer at Delta County Memorial Hospital says Webb has helped Delta Hospital develop a comprehensive clinical education program in addition to her duties as ICU manager.

Roeber says Webb is a remarkable nurse. "Janel's accomplishments at Delta Hospi-

tal are far reaching in just the past year," says Roeber. "She offers monthly mock codes and rotates them through different departments throughout the hospital. If a department manager feels their staff needs additional training, they refer to the mock code."

Roeber says Webb has been instrumental in the development of staff to offer the hospital's Advanced Cardiac Life Support and Basic Life Support courses and the hospital no longer needs to outsource those services.

Webb is the lead instructor for these classes, and the hospital receives rave reviews about how they cater to the hospital's needs.

"Janel is an excellent role model for her staff, promotes safety and excellence in care and demonstrates excellent technical skills and compliments that with her compassion and kindness of manner," says



Roeber. "She's a true leader in our hospital, and we are honored to name her our health care star."

"Janel Webb is an inspiration to nursing. Her tireless energy, dedication to her peers, compassion and kindness and ability to lead make her an outstanding role model," says Chris Wolfe, Vice President of Partner Relations and Program Strategy at American Sentinel University. "It's an honor to name Janel a Colorado Health Care Star and recognize her valuable leadership at Delta County Memorial Hospital."

Up Bear Creek by Art Goodtimes

What the government tells you is dangerous isn't always to be trusted



My grand-daughter Aurora Willow Fan gets her first smell of San Francisco coffee from her father Bert. (photo by Art Goodtimes).



Mushroom Color Wheel (courtesy photo).



Arizona license plate (photo by Rolley White).

BAD DRUGS? ... As recently reported in the *Huffington Post*, nations around the world have fallen prey to the belief that mushrooms and LSD are among the most dangerous of illicit substances. But scientifically that belief appears to have precious little grounding in fact ... A new worldwide survey by an independent research company -- compiling responses from more than 115,000 people in over 50 countries -- has found that magic mushrooms are "by far the safest recreational drug" ... Of the 20,000 respondents who told the Global Drug Survey that they'd used either *Psilocybe spp.* or LSD, only 100 reported seeking emergency medical treatment related to the ingestion of those drugs. Most of those were linked to LSD -- a total of 1 percent, while only 0.2 percent of mushroom users needed medical help ... What's also interesting is that these psychotropic compounds are almost impossible to overdose on, as can happen with cocaine, heroin or opioids. Aspirin in large doses is more toxic to the human body than LSD or mushrooms ... Addiction psychiatrist Adam Winstock, who founded the survey, suggested that people who ingested entheogenic drugs appear to exercise more common sense around psychedelics than they do with other substances. "If people paid as much respect for the planning that they put into place when they take psychedelics, there'd probably be a lot less problems with

drugs," Winstock noted. "Just over five percent of people who used mushrooms in their lifetime and 7.6 percent of those who'd used LSD said they'd had a difficult or negative experience" ... Cannabis users in the survey who needed medical attention registered 0.6 percent. So shrooms would seem to be safer than pot when it comes to bad trips. Followed by LSD ... As could be expected, alcohol was the most widely used intoxicant and had 1.3 percent rate of people reporting trouble. And as also might be expected, methamphetamines seemed to be "the most harmful substance included on the survey" with a rate of 4.8 percent.

SHROOMS ... The monsoon rains were kind to us this year. They came regularly, if not in great force. But enough to provide plenty of edible gourmet treats at my Cloud Acre table. *Boletus rubiceps*. *Cantharellus cibarius*. *Sarcodon imbricatus* ... I didn't make it up on the Uncompahgre Plateau, but for Montrose fungophiles that is a choice pot-hunting site (an old term for amateurs who collect mushrooms to eat, i.e. cook in a pot)

MORE ON COFFEE ... While Dr. Andrew Weil still recommends you drink this popular beverage sparingly, if at all, and only if it doesn't give you bad side effects

(headaches, insomnia, etc.), China is jonesing for its java. In the last five years coffee consumption has tripled. Starbucks is planning to open 500 more stores in China. It already has 600 in Shanghai -- twice as many as in New York City ... And while one can argue the merits of the health effects of an extraction of the roasted beans of *Coffea spp.*, world peace quite possibly could come about not by grand policies but by shared tastes for the Other's food & drink.

WEEKLY QUOTA ... "The president's primary problem as a leader is not that he is impetuous, brash or naïve. It is that he is weak and sniveling. It is that he undermines himself almost daily by ignoring traditional norms and forms of American masculinity. He's not strong and self-controlled, not cool and tough, not low-key and determined; he's whiny, weepy, and self-pitying. He throws himself, sobbing, on the body politic. He's a drama queen. Half the president's tweets are plaintive, shrill little cries, usually just after dawn. It's all whimpering accusation and finger-pointing: *Nobody's nice to me. Why don't they appreciate me?*" --Peggy Noonan in the *Wall St. Journal*.

NEWS POETRY ... The state's premiere left-leaning on-line newspaper, *The Colorado Independent*, has started to publish poetry that takes off from current events and the rarely-poetic world of politics and news.

Continued next pg

Up Bear Creek by Art Goodtimes

One of my poems was published there this month. I've copied it below (using my original title, which CI found too obscure) ... It will probably offend folks on both the Left and the Right. But I'm not intending offense. When Obama was POTUS, the Right demonized him. Now with Trump as our president, we on the Left are doing quite the same ... And yet the job is one in which terrible things must be done, and will be done, and all of us will have to live with the consequences ... www.coloradoindependent.com/166593/news-poetry-art-goodtimes-trump

THE TALKING GOURD

A POTABLE World?

One • has to wonder • if
 even • amid • the dangerous
 embarrassment • of a show-
 boat • bully • as POTUS
 if • alone • in his study
 Barack's night eye • doesn't
 catch • a nightmare • gleam • off
 his awards shelf • That he • doesn't
 see • the reflective • trompe l'oeil • of
 faces • Young lads • & • old crones
 caught • in the unconscious
 collateral damage • of the drones
 & • annihilated

All • with the wave of
 his • signature's • wand

CELEBRATING LOCAL BEAUTY.



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COMMUNITY NEWS BRIEFS: OUTDOOR RECREATION

WEEHAWKEN OFFERING RIDGWAY AREA MOUNTAIN BIKE SCHOOL



Photo courtesy Ridgway Area Mt. Bike School.

Special to Art & Sol

RIDGWAY-On Sept. 18, Weehawken Creative Arts will start the fall session of the popular youth cycling program Ridgway Area Mountain bike School (RAMS). This program offers a 5 week series for students in grades K-5, running Mondays from 3:45-5 pm. "We are excited about the continuation of this program," ex-

claimed Programming Director, Trisha Oakland. "As Weehawken has been in the business of enriching children's lives through art and activity for over a decade, we know that our operating of the Ridgway Area Mountain Bike School program offers kids the chance to gain new skills and confidence and to learn to love the outdoors and nature, while fostering independence in them. We had great attendance last spring and hope to see all of those students return, as well as new students." RAMS offers students basic bike skills, including technique, safety and maintenance, all in a supervised and safe setting. All participants are required to be

able to ride a pedal bike unassisted, and must wear have a bike and helmet, and are encouraged to come with a hydration pack and snacks. Mechanics will be available to inspect student's bikes and offer basic bike care tips. The program will take students on the local BMX pump track, bike path and the Weaver Trails. RAMS is open to all students grades K-5 from Ridgway, Ouray, Montrose, Telluride, as well as home schooled students in the region. Registration for the five week series is \$100, and thanks to a generous grant from the Denver Post Community Foundation, needs based scholarships are available and all qualifying families are encouraged to apply.

Interested students can find more information at Weehawken's website: www.weehawkenarts.org (under the youth arts classes tab) and can register online at weehawkenarts.org or by calling [970.318.0150](tel:970.318.0150).

Introducing Independent Living at The Homestead at Montrose

If you are over 55 and independent but would like to live in a community offering socialization and peace of mind, schedule a tour of our private one and two bedroom apartments. We're conveniently located across from the Montrose Pavilion Senior Center.

Rent includes:

- All utilities: cable television, Internet and phone
- One nutritious meal per day
- Laundry privileges
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Pricing starts at \$1210 per month, new residents only.

Call or email Denise Swanson, Residence Director to schedule a tour.
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"Rocky Mountain Cravings"

Carole Ann McKelvey, Food Editor



HIRO JAPANESE STEAKHOUSE



HIRO BRINGS JAPAN TO MONTROSE

The new restaurant HIRO Japanese Steakhouse is chopping up a storm in downtown Montrose. Finally, a Japanese restaurant right here in town featuring a great menu and decent prices. No adding the time and expense of traveling to Grand Junction or Telluride. HIRO is located in the spot recently vacated by Bistro at 228 E. Main Street. (970-615-7508) Open 11 a.m.-9 p.m. Closed Mondays. Did we mention sushi?

We're talking sushi, nigiri and sashimi, and a full Japanese steakhouse menu: tempura, teriyaki, poke hiro bowl, hibachi dinner and noodles. Add to that soup, salad, appetizers, fried rice and dessert.

DYNAMITE -- as in the Dynamite roll (shrimp tempura, cream cheese, alerno smelt egg with eel sauce and spicy mayo. Yum.

The restaurant has a full bar and a small sushi bar. It was at the sushi bar we tried the place for the first time. We ordered conservatively, just trying the place out for freshness, etc. Should have gone all out.

They were sold out of our favorite miso

soup 'cause they were packed, so we chose the clear onion and were not disappointed. Full-on flavor and perfect foil before the practiced sushi chef sat our classic California roll and the new-to-us dynamite roll in front of us. Also, a little warm saki please. Perfect and right here in town. Actually within walking distance of my little Victorian.

If you come in for lunch the restaurant serves up a lunch special Bento box with your choice of appetizer, sushi roll and entree for \$9.95. Also an hibachi express with soup, salad, vegetable and fried rice ranging from \$7.95 - \$13.95. The HIRO lunch sushi plate is \$9.95 and the sashimi plate is \$11.95.

Dinners at HIRO range from noodle dishes starting at \$8.95 and other dinner choices up to \$25.95.

The second time around we sampled more dishes. We loved the sushi and will definitely come back for more.

The service and hospitality at HIRO are exceptional, couldn't ask for more! It's a family business and you can tell they are really into making you feel wanted.

I'm sorry I can't say as much for the traditional Japanese steakhouse food. We were entertaining our children from out of town so picked a varied selection: steak teriyaki served with steamed rice and miso soup; chicken hibachi dinner; a shared Philo roll with salmon, cream cheese, rice and cucumber. These selections were not particularly spectacular and we all agreed a bit bland. We did not get to try a tempura dish, which I usually love, so will do that next time.

Yes, there will be a next time. The sushi is top notch, right here in town, and the dishes acceptable Japanese faire.

Would definitely suggest you give HIRO a try for exceptional sushi and give the rest of the menu a taste. The Bento Box lunch special looks good. Prices are reasonable, for 4 people sharing an appetizer of Philo roll and each couple having a few glasses of sake the tab came out just under \$90. Not bad for an authentic Japanese meal right here in Montrose.

HIRO Japanese Restaurant, 228 E. Main Street, Montrose. Open 11am-9 pm, closed Mondays

**"Without Understanding there can be no Compassion,
without Compassion there can be no Love. -Jung"**



MONTROSE FREE SPEECH

A place to Discuss, Learn, and Grow.

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Hold the Date! Upcoming Business and Cultural Events

ONGOING-

RIDGWAY'S TRUE GRIT WALKING TOURS-The Ridgway Area Chamber of Commerce now offers a one-hour walking tour commemorating the filming of the original *True Grit*. In the movie, Ridgway is depicted as Fort Smith, Arkansas. Tour attendees visit nine sites within a two-block area in downtown Ridgway: the railroad depot, gallows, livery stable, mortuary, Chen Lee's place, the courthouse facade, True Grit Cafe (built in 1986 as a tribute to John Wayne and *True Grit*), the saloon and the grocery. Dave's Mountain Tours (970-728-9749, davesmountaintours.com) transports visitors to remote *True Grit* sites—Last Dollar Road, Owl Creek Pass, Katie's Meadow and the snake pit. Walking tour participants meet their guide at the Ridgway Visitors Center (150 Race-course Rd, just west of the intersection of highways 550 and 62) Fridays at 10:45 am from May to October. Admittance is \$10 for ages 12 and above. (Children are free.) A group of six or more may request a tour anytime throughout the year.

OURAY MUSEUM-The Ouray County Historical Society Museum is now Open. Further inquiries please contact 970-325-4576, Email: ochs@ouraynet.com or visit our website: ouraycountyhistoricalsociety.org.

MONTROSE SENIOR CENTER LUNCH & LEARN: \$3 lunch & Learn, admission to program, is free. Lunch \$5. Lunch @ Noon, program @ 1 p.m.

FRIENDSHIP FORCE INTERNATIONAL, non-profit organization, was founded and introduced to the world at a ceremony held at the White House on March 1, 1977. FFI provides opportunities to explore new cultures by bringing people together at the personal level. Friendship Force of western Colorado's regular monthly meetings are scheduled for the 3rd Thursday of the month. Meeting location - Red Cross Training Center, 5th and Gunnison in Grand Junction, 6:15 p.m.

THE ALPINE PHOTOGRAPHY CLUB meets every second Tuesday at St. Mary Catholic Church in the St Paul Room, 1855 St Mary's Drive, Montrose. The Public is welcome to attend. For more information, email alpinephotoclub@aol.com.

FREE JAM SESSION AND SING ALONG, Mondays from 4 to 6 p.m. at the Montrose Pavilion Senior Center.

MONTROSE HISTORICAL MUSEUM-“Montrose County Historical Society Presents” is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

MONTHLY-

Aug. 21-10 a.m. — FREE FAMILY CONCERT at the Sherbino Theater in Ridgway. Professor Wolfgang Amadeus Schmutzinberry (aka classical guitarist and music educator Rami Vamos) introduces kids and their families to the curious delights of classical music! A free event that is part of the San Juan Chamber MusicFest. Also featuring Max Levinson, piano, Nurit Pacht, violin, Allison Eldredge, cello, and more! Presented by the Ouray County Performing Arts Guild.

Aug. 21 - The Science Department at Montrose High School will invite students to the football field on Monday, Aug. 21st, for the viewing of the solar eclipse. They have eyeglasses for sale to students and will use the event as a learning experience. Please contact Emarae Garcia for more information and time of viewing event.

Aug. 22-Nov. 14-There will be a GriefShare – Grief Support Group on Tuesdays @ 2 pm. Workbook \$15 (Voluntary Donation) Aug. 22 – Nov. 14, 2017. You don't have to go through the grieving process alone. GriefShare is a caring group of people who will walk along side of you through life's most difficult experiences. Rosemont Baptist Church, 1598 E Niagara Rd Montrose, CO. (970)249-4887. www.RosemontBaptist.org.

Aug. 22-5:30 p.m. — SAN JUAN CHAMBER MUSICFEST SALON DINNER CONCERT. Chamber music as it was meant to be experienced! This memorable concert offers an exquisite program of chamber music performed by the world class musicians of the 2017 San Juan Chamber MusicFest, catered gourmet dinner by Secret Garden Catering, and amiable conversation with friends and neighbors, all in an intimate setting at a private home in Ouray County. Featuring Max Levinson, piano; Nurit Pacht, violin; Allison Eldredge, cello; Rami Vamos, classical guitar; and more. Program, “Singing with Instruments,” features Faure's G minor Piano Quartet and Schubert's "Arpeggione" Sonata (violin and guitar arrangement). Presented by the Ouray County Performing Arts Guild. Tickets must purchase in advance by calling 970-626-2970.

Aug. 26-Music on the Green, Riverbottom Park in Montrose. 4 to 8 p.m.

Aug. 29-Join Alpine Bank and Colorado Document Security for the Annual Free Community Shred Day on Aug. 29, from 11 a.m. to 1 p.m. at 120 South Pine Street in Telluride. Donations welcome for EcoAction Partners.

Sept. 9-7:30 p.m. — APOLLO CHAMBER BRASS QUINTET. The Ouray County Performing Arts Guild's second annual Dave and Mary Wood Classical Concert Series wraps up with a rousing concert at the Wright Opera House featuring the Apollo Chamber Brass Quintet. Concert starts at 7:30 p.m. Tickets, \$25 at www.ocpag.org or at the door. Part of the 2017 Dave and Mary Wood Classical Concert Series.

Sept. 10--Savor the Flavor of the San Juans Fourth annual home and chef showcase from 10:30 a.m. to 4 p.m. Sept. 10. Tour your way through seven wonderful properties, whose luxurious kitchens will host area chefs. Toast the Tour from 1-4pm at The Ute Indian Museum with local beer, wine, cider and desserts. Tickets costing \$35 will be available online at www.valleyfoodpartnership.org/savorthesanjungans and at the following Montrose locations: The Bridges Golf Shop, Timberline Bank, Montrose Farmers Market, and Tiffany, Etc. After August 31st, ticket prices increase to \$40.

Sept. 16-17-Third Annual Montrose County Tribute to Aviation, 9 a.m. to 4 p.m. at Montrose Regional Airport.

Give Back Days

At Mi Mexico Mexican Restaurant

Come enjoy a delicious meal and we'll donate 20% *
of your total check to a local non-profit.

Every Wednesday...Every Month...All Day (11 am - 10 pm)

Over 200 entrees to choose from!

1st Wednesday: The Homestead at Montrose

2nd Wednesday: All Points Transit

3rd Wednesday: Black Canyon Boys & Girls Club

4th Wednesday: Valley Manor Care Center

5th Wednesday: Community Options Inc.

(Note: 5th Wed dates are: Mar. 29, May 31, Aug. 30, Nov 29th, 2017)

*After dining, attach the coupon to the bill
and deposit it in the box labeled
"Give Back Days." 20% of your total
bill will be donated to the
designated charity.*

**SUPPORTING IS
NOW DELICIOUSLY
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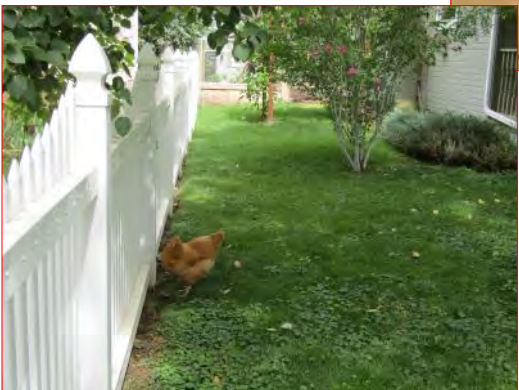
*Coupon must be present

Contact the Montrose Mirror:
970-275-0646

Editor@montrosemirror.com

www.montrosemirror.com

Below, a chicken looks through the fence in the front yard of a home Downtown.



Above, Meet Brooks Blackford of Boy scout troop 491. Brooks raised the money for and built this Gaga ball pit for Centennial Middle School. Fourteen other scouts, six adult leaders and Brooks' family helped with the project.



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- PTSD & Traumatic Brain Injuries
- Alzheimers & Dementia

Michele Gad is a **Certified DelGiaccio Neuro Art Therapist**, who assists individuals with cognitive or mental health challenges to live life as fully and independently as possible. She developed **FAME** in 2010 to better assist her clients. Sessions are specifically designed to meet client's individual needs, goals, abilities, and level of commitment...and have fun!