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FRESH NEWS FOR BUSY PEOPLE...WEEKLY ON MONDAYS!

ONTROSEMIR ROR

Issue No. 236, Sept. 4, 2017

MONTROSE VACATIONER RETURNS TO BACKYARD BEAR



A resident of Ridge Street in Montrose, pictured above, recently returned from a bear-free mountain vacation to reports of a bear sighting in his own backyard.

Mirror Staff Report

MONTROSE-With food sources limited on the Uncompangre Plateau, bears have been foraging for food among resources in "human" territory throughout the summer, with sightings not only in the mountain communities, but in the City of Montrose and elsewhere. Statewide, a high incidence of encounters between human beings and black bears has been observed throughout the summer of 2017.

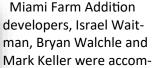
The Delta County Independent (DCI) reported Aug. 30 that bears have, of late, been foraging among the famed corn fields of California Mesa. And when a bear was

observed on 92-year-old

Continued pa 4

CITY RESIDENTS EXPRESS OPPOSITION TO 164-ACRE, HIGH **DENSITY MIAMI FARM ADDITION DEVELOPMENT**

By Gail Marvel MONTROSE-A two-hour public meeting between Miami Farm Addition developers and citizens was held at the Holiday Inn Express on Aug. 29. Of the approximately 75 people in attendance, 65 were citizens asking questions and expressing concerns over the proposed high-density, 164-acre development. Miami Farm Addition developers, Israel Wait-





David Reed, attorney for the Miami Road Farm Addition, fields questions during a public meeting on the proposed 164-acre high-density development. Photo by Gail Marvel.

panied by their attorneys David Reed and Sarah Abbott. City of Montrose Senior Planner Garry Baker and City Attorney Stephen Alcorn were also present to answer questions. In prefacing the meeting Reed said, "We want to correct any misconceptions

Continued pg 14

Gail Marvel's Houses

City of Ouray , Ice Park Negotiations Move Forward Rodeo Sept. 8-10!

Mountain States Ranch

Art Goodtimes ...

GAIL MARVEL'S HOUSES OF WORSHIP: LDS SPRING CREEK WARD 'The plan of salvation offers joy and peace'

By Gail Marvel

Jesus said, "For where two or three come together in my name, there am I with them" (Matt 18:20 NIV).

MONTROSE-An estimated 120 people, not counting numerous toddlers and infants hidden by the height of the pew, gathered on July 30 for the Spring Creek Ward worship service at the Church of Jesus Christ of Latter-Day Saints (LDS).

Carol Mower, whom I met a few weeks earlier when I attended the Black Canyon Ward, greeted me like a long lost friend, "I know why you're here. Please come and sit with me!" Carol and husband Bob, who are missionaries to seniors, had just been reassigned to the Spring Creek Ward.

Counselor Dusty Lewis conducted this Fifth-Sunday service in place of Bishop Bennett Oberg, who was out of town. Lewis began by apologizing because there were no bulletins, "We had a printer glitch and the bulletins were completely messed up." Lewis also explained that on short notice scheduled speakers were changed, "So some of our speakers are anxious."

Hymns, with organ accompaniment, were sung from the denominational hymn book and selections included, "More Holiness Give Me," "Upon the Cross at Calvary" and "Before Thee Lord, I Bow My Head." A piano solo, "Be Still My Soul" was performed by young teen Claire Taylor.

The service opened with prayer, ward business and Sacraments. Sacraments, which represent the body of blood of Jesus Christ, consist of small pieces of torn bread and thimble sized cups of water. The emblems are served from trays which are passed from one person to the next as worshippers remain in their pews. Follow-

ing Sacraments Lewis said, "Thank you for your reverence during sacrament."

In the LDS there are no preachers per se, but rather scheduled speakers and those bearing

witness and giving testimony.

Although it was not specifically stated, "joy" appeared to be the theme for the service.

Speakers Mariah Hokit and Catherine Boner spoke about their experience with the Handcart Trek Reenactment. The activity for youth reenacts pioneers who journeyed to the Salt Lake Valley in the mid-1800's. Hokit said, "Women pulled hand carts and it was not easy at all. They were all tired and hungry, but filled with dedication and perseverance. I tried to imagine pioneers trekking through the snow." Borner said, "Pioneers were starving and had toes chopped off because of frostbite. It strengthened my testimony."

Speaker Rosemarie Trujillo said, "This is the first time I've ever done this...I'm nervous, so here goes." Trujillo spoke about looking for joy in the simple things of life — getting her hair done and getting a manicure.

Elder Christensen and Elder Powell talked about the Holy Spirit as referenced in the Book of Mormon, Doctrine and Covenants and published articles written by denominational leaders. Christensen spoke about the work of the Holy Spirit such as warn-



ing people, bringing comfort, forgiveness of sin and testifying to people of faith. "You can't go into mission work without the Holy Ghost. Some missionaries think the Holy Ghost is just like another gift. I hope you recognize the Holy Ghost in your life."

Powell presented his thoughts and examples of temporal and spiritual joy. "When we slip and fall we are at an all-time low, but when we repent we find joy. The plan of salvation offers joy and peace."

Each speaker and presenter concluded their remarks with, "I bear my testimony in the name of Jesus Christ," or "I say these things in the name of Jesus Christ."

Photos cannot be taken in the sanctuary; however, Senior Ministers Bob and Carol Mower graciously posed for a photo op in the foyer. With a twinkle in his eye Bob said, "I'll see you next Sunday!" Contact Info:

Church of Jesus Christ of Latter-Day Saints (LDS)

Spring Creek Ward 21028 Uncompahgre Road Montrose, CO 81401 Bishop Bennett Oberg 252-7128 Worship service 9 a.m.



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www.montrosemirror.com editor@montrosemirror.com





HEAD TO THE MOUNTAIN STATES RANCH RODEO SEPT. 8-10!

Special to the Mirror

MONTROSE-Don't miss the 2017 Mountain States Ranch Rodeo (Sept. 8,9 & 10) at the Montrose County Fairgrounds this coming weekend! Highlights include the ranch rodeo finals, team sorting, a working cow horse competition and draft horse feed/hauling competitions. Chancey Williams and the Younger Brothers Band will headline the Saturday night concert, with special guest Brooke Turner. There will be a Western Heritage Expo, mutton bustin' and even cowboy church on Sunday.

Along with exciting ranch rodeo events and entertainment, expect more of everything this September, from vendors and food to ag displays.

The official truck of the Mountain States Ranch Rodeo is Toyota; the official beer will be Coors and Coors Light. And as always, Alpine Bank has taken the reins as lead sponsor.

For those who want to lend a hand, there are volunteer opportunities as well; call 970-240-4176.



LOCAL RESIDENT VISITS HIGH COUNTRY, MISSES BEAR IN YARD From pg 1

Norman Shetley's porch on the E-Road near Delta in August, a quick-thinking neighbor shot and killed the animal as it was, "sniffing at a window that was about 12 feet from Shetley's recliner," reported DCI Editor Pat Sunderland. "Shetley's neighbor told him the bear was up on her hind feet, pushing at the window with its paws."

With so many bear encounters in the news this summer, Montrose resident David Fullerton was slightly apprehensive about visiting the family cabin in a remote mountain location in late August. "I had much anticipated seeing a bear because

my cousin saw one on her way to the outhouse," Fullerton said. "There was a staredown...it ran away...but my cousin said it was ginormous."

Fullerton was grateful that his own cabin visit did not include an encounter of the ursine kind, allowing him to return to his home on Ridge Street in Montrose, uneaten.

Still, "when I got home, and pulled up to my house, I had not even got out of my truck when my neighbor came over and told me, 'you missed a lot of action!'"
Fullerton said. "He and his wife had seen a movement in my back yard, and they

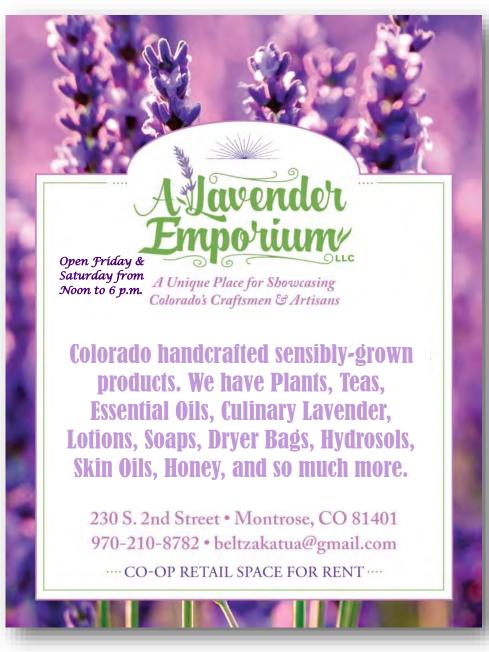
thought it was friends of mine checking on the garden...they were sitting in their hot tub when they saw a bear jump out of my back yard and into theirs."

The bear eventually made its way to South Tenth Street, Fullerton said.

Wildlife encounters are nothing new to the neighborhood, apparently.

"On Ridge Street, we are not unused to animal sightings," Fulerton said, recalling a neighborly visit from several mule deer last year that drew neighbors out in bathrobes to observe.

"Why go away to a cabin, when you have bears in the back yard?"



REGIONAL NEWS BRIEFS

NEW STUDENTS ENROLL AT FORT LEWIS COLLEGE

Special to the Mirror

DURANGO- The Fall 2017 semester welcomed new transfer and freshmen students from all over the country and globe to Durango, Colorado.

Keshla Zirkle of Montrose (81403). Zirkle's major is Anthropology.

Taylor Sickels of Naturita (81422). Sickels's major is Biology.

Sierra Vigil of Montrose (81401). Vigil's major is Biology.

Nadia Pieczarka of Montrose (81401). Pieczarka's major is History.

Tabitha Andersen of Nucla (81424).

Andersen's major is Writing.

Zane Sauer of Montrose (81401). Sauer's major is Engineering.

Fort Lewis College is the Southwest's crossroads of education and adventure. Our blend of small classes, dynamic academic programs, and a liberal arts perspective leads to transformative learning experiences that foster entrepreneurship, leadership, creative problem solving, and life-long learning.

OPINION/EDITORIAL:LETTERS

VOTE YES FOR MILL LEVY INCREASE TO KEEP OUR LIBRARY VIBRANT

Dear Editor:

When we heard the library was again asking voters to approve a mill levy increase, we were confused. The economy's improving; sales taxes for the city, and property valuations, upon which the library mill levy is applied, are going up. Surely the library will benefit from the upswing!

Then we learned about the Gallagher Amendment to the Colorado Constitution. It sets a 55% to 45% ratio statewide for commercial versus residential property taxes, fixes the assessment rate on commercial property at 29%, and allows the residential assessment rate to vary to maintain that split. Next year Colorado will decrease the state-wide residential assessment rate from 7.96% to 7.2% to maintain that ratio. Because residential property values are so much higher on the Front Range, and the Western Slope has less commercial property, the library will see a decrease in property tax income – its only source of revenue.

After years surviving in a struggling economy, the library must now increase its mill levy to offset this rate decrease required by law. Vote yes for the increased mill levy to keep our library vibrant.

Jim Douras MBA, CPA (inactive)

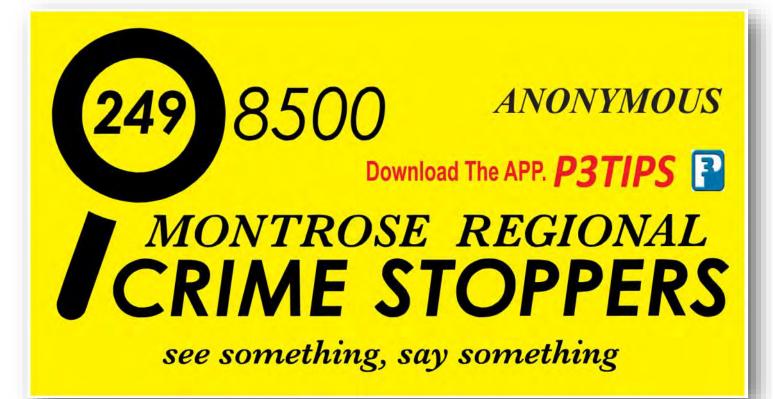
Victoria Douras

REGIONAL NEWS BRIEFS: PALEONTOLOGY OF BEARS EARS

Special to the Mirror
MONTROSE-On Wednesday, Sept. 20,
Robert Gay will present a talk entitled
"The Paleontology of Bears Ears National
Monument; an Overview." Gay is a paleontologist who has spent the last 17 years
exploring the rise of the age of dinosaurs
across the Colorado Plateau. Much of that
work has focused on the Triassic-aged
rocks in and around what is now Bears

Ears National Monument. In 2016 he helped craft language protecting paleontological resources in the Bears Ears proclamation issued by President Obama. Robert received his undergraduate degree in biology from Northern Arizona University and is finishing his Master's Degree at the University of Arizona. He currently works as the Education Director for Colorado Canyons Association, a public lands educa-

tion and stewardship nonprofit in Grand Junction, Colorado. The public is welcome to attend at 7 pm at the monthly meeting of the Chipeta Chapter of the Colorado Archaeological Society, Montrose United Methodist Church, Baldridge Hall, 19 S. Park Street, Montrose. The presentation is Free and open to the public (donations accepted). Call <u>970-417-4416</u> for more information.







Alpine Bank Presents

Mountain States

Ranch Rodeo

& Western Heritage Expo

RODEO HIGHLIGHTS:

Ranch Rodeo Finals Sept. 8th 6pm & Sept. 9th 2pm **Western Heritage Expo Team Sorting Competition Draft Horse Feed Hauling Competition Working Cow Horse Competition**

Mutton Bustin' **FFA Pancake Breakfast Cowboy Church Vendor Displays Western Crafts**

MONTROSE COUNTY FAIR GROUNDS

SEPTEMBER 8, 9 & 10, 2017

ALL TICKETS SOLD AT GATE. KIDS UNDER 5 ARE FREE!

For full schedule of events & information, visit www.mountainstatesranchrodeo.com





























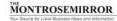


















ELK TRACKS



Montrose Elks Lodge
MONTROSE-Welcome to Elk Tracks, a
periodic update of what is taking
place at our local Montrose Elks
Lodge, located at 801 So. Hillcrest,
Montrose CO 81401. Public is welcome at all events listed.

Bingo Sept. 5, 2017 6:30 PM Progressive Game 2 has reached "Must Go' status and \$500.00 will be awarded no matter how many numbers or balls it takes to reach Bingo. Progressive Game 4 is valued at \$887.00 and will reach Must Go status at \$1,199.00. Game 4 can be won in 37 numbers or fewer. Progressive 6 is worth **\$4,065.00** and must be won in 53 numbers or fewer or the prize posted will be awarded. Based on attendance, last Game 8 may approach \$200. For the best Bingo game on the Western Slope visit Montrose Elks Lodge every Tuesday evening to play Bingo. Doors open at 5 PM and Card sales start at 6 p.m. An "Early Bird" set of 5 quick games begins at 6:30 p.m. and the main Bingo session of eight games, that includes three Progressive Games start at 7 PM. It's a wonderful way to spend the evening having fun! (Funds raised support local charities).

Bingo Sept. 12, 2017 6:30 PM Hawaiian Night Prizes for Best Men's Shirt and Best Women's Outfit. Free Pineapple and Leis. Let's have fun being surrounded by Hawaiian motif and good friends.

Elks Annual Yard Sale Saturday Sept. 9, 2017 8am to 12 Noon Great prices on gently used Tools, Sporting Goods, Hobby & Craft material, Small Furniture items and too many others to list. Funds raised benefit Montrose Elks Lodge.

MONTROSE MEMORIAL HOSPITAL

CONGRATULATES



Jeffrey Krebs, DO

On His Retirement

Montrose Memorial Hospital acknowledges and thanks Dr. Krebs for 24 years of dedicated service to the patients of Montrose and the surrounding communities.

We Wish You All the Best





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Alpine Bank







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REGIONAL NEWS BRIEFS

MONTROSIANS INVITED TO VOICE THEIR COMMUNITY PRIDE

Special to the Mirror

MONTROSE – Express pride of community by participating in the City of Montrose's 2017 celebration of Colorado Cities and Towns week (September 11-17). Enthusiasts can take part in three ways: (1) write a short paragraph about why you love Montrose, (2) compose a brief paragraph about what the "Montrose Lifestyle" means to you, and (3) indulge your fondness for social media by crafting a creative social media post (in videos, photos, or text) expressing your positive feelings about life in Montrose using the tags #MontroseCO and #MontroseLifestyle.

"As the Visit Montrose team works on defining the Montrose Lifestyle, we want to reach out to our community and ask for help to refine the idea and add personal perspectives," said Rob Joseph, assistant city manager and director of the Montrose Office of Business and Tourism. "The Montrose Lifestyle is a concept we're using to explain the ideal mix of business culture and Colorado living that makes Montrose attractive to visitors, residents and those interested in relocating to the area. We're excited to hear about what makes living in Montrose special."

The Montrose City Council will review the responses and award prizes to the top two entries in each method of participation. First place winners in each receive \$100 in Montrose Bucks and second place winners receive \$50 gift certificates for merchan-

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> **FOR AD RATES AND INFORMATION!**

dise at the Downtown Visitor Center. Participants can submit entries in one or more #MontroseLifestyle. Entries must be re-

Winners will be announced during the celebration week and entries will be featured on CityofMontrose.org and social media. Prizes will be awarded at the City Council meeting on Sept. 19.

Entries along with contact information can be delivered to City Hall (433 S. First Street), emailed to in-

fo@visitmontrose.com with "I Love Montrose" in the subject line, or posted to so-

cial media with the tags #MontroseCO and ceived no later than 6 p.m. on Monday, Sept. 11, to be eligible for prizes.

Colorado Cities & Towns Week is an annual celebration designed by the Colorado Municipal League to celebrate municipal government's important role in providing essential services, fostering a healthy local economy, and elevating the quality of life for everyone in the community. Learn more about Colorado Cities & Towns week at ColoradoCitiesandTowns.org.



REGIONAL NEWS BRIEFS

COMMISSIONER DAVIS TO SERVE ON GMUG RESOURCE ADVISORY COMMITTEE



Special to the Mirror

MONTROSEMontrose County
Commissioner Glen
Davis is adding to
his public service
resume with a prestigious appointment on the Grand
Mesa Uncompangre Gunnison

(GMUG) Resource Advisory Committee (RAC). The recent appointment was con-

firmed by Sonny Perdue, the Secretary of the U.S. Department of Agriculture.

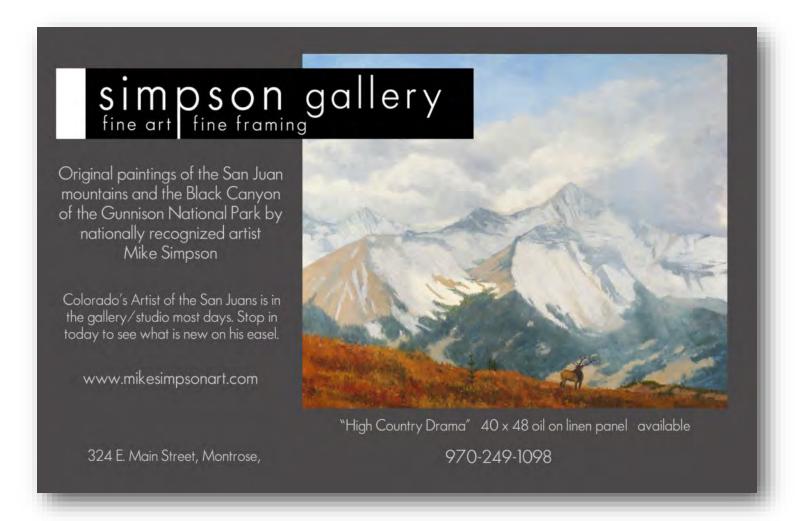
As one of 15 members of the RAC, Commissioner Davis will work to "improve collaborative relationships between the Department of Agriculture's Forest Service and the local communities and to provide advice and recommendations concerning projects proposed for funding under Title II of the Act [Secure Rural Schools and Community Self-Determination Act of 2000]," as indicated in his acceptance letter. Commissioner Davis will serve a four-year term and was nominated by the

Regional Forester of the Rocky Mountain Region.

"It was an honor to have my name submitted and even more humbling to have been chosen for this position," said Commissioner Davis. "I am looking forward to representing local interests and providing input on key projects that affect our region."

To read more about Commissioner Davis and his public involvement, please visit his biography online: http://

www.montrosecounty.net/787/Glen-Davis.



CITY COUNCIL WILL HEAR COMMUNITY FOUNDATION REPORT, CONSIDER APPROVING HIGH MESA SPIRITS INCENTIVES

Mirror Staff Report

MONTROSE-Items scheduled for the Sept. 5 Montrose City Council Work Session include a report from the Montrose Community Foundation (MCF). According to the report, the non-profit organization and the City entered into a formal partnership in 2013; community enhancement grants awarded under the auspices of the partnership in 2016-2017 include: \$3,000-All Points Transit-New routing for Rec Center;

\$1,000-Community Options Outdoor equipment for clients;

\$2,000-CASA-Part-time position for Tiny Houses project;

\$2,100-BC Boys & Girls Club Equipment and educational supplies;

\$1,500-Partners Pedal mountain biking project;

\$1,800-Region 10 Caregiver Summit Keynote speaker;

\$5,000-Girls on the Run-Running and educational program for girls;

\$1,000-Avalanche Soccer Team Scholarships for kids;

\$500-Weehawken Creative Arts - Expansion of services to Montrose; \$2,100-Olathe MH School-Community screen for gym.

According to the MCF report, 2017-2018 MCF Impact Grants "will be awarded for programs or activities benefiting the Montrose community and surrounding area in the following general areas: Arts & Literature, Basic Needs, Community Development, Education, Health & Wellness, and Recreation. MCF would like to reserve \$15,000 to be given out in the area of Early Childhood Development (\$10,000 Community Enhancement-\$5,000 MCF). Requests may be in the \$500 to \$5,000 range. The majority of grants given will be

between \$1,000 and \$3,000."

Also on the work session agenda are an incentive package for High Mesa Spirits and a special-events permit for the annual Oktoberfest.

Under the terms of the High Mesa Spirits grant agreement, the City will provide payment to contractors performing site concrete work as described...to and not exceeding the amount of \$37,850; the City will abate tap and building fees; the grantee will receive a \$20,000 loan at half of prime interest rate, to be submitted between Aug. 1 and Dec. 31, 2020. The City will provide and maintain the landscaping on city-owned property directly to the west of the distillery to mutually acceptable standards. Click to read the full agreement.

Scheduled for discussion at the upcoming Sept. 18 work session are the Hillcrest Extension Informational Discussion, Colorado Mesa University's Report to City, and River Valley Family Health Site Development Incentive. A liquor license transfer for La Isla restaurant will be discussed on Sept. 19.

On Oct. 3 will be youth council applicant interviews, and on Oct. 17 will be youth council appointments and a liquor license transfer for the RnR Sports Bar. Also on Oct. 17 will be a new liquor license application for Montrose Elks Lodge 1053. Midterm evaluations of the City Manager and City Attorney are listed but not yet scheduled.

At the <u>regular City Council meeting</u>, also on Sept. 5, Council will consider approving four Ordinances on first reading. Ordinance 2431 revises Chapter 1-17, of the Official Code of the City of Montrose, Colorado (Election Code modifications).

A memo from City Clerk Lisa DelPiccolo

explains, "the proposed modification to Section 1-17-5 will change the deadline for write-in candidates to file an Affidavit of Intent from 47 days prior to Election Day to 50 days prior. This will allow adequate time for the City Clerk to verify qualifications of write-in candidates and certify ballot content to the Montrose County elections staff, which then must produce and mail the ballot packets to military and oversees voters by 45 days prior to Election Day.

"The addition of Section 1-17-7 will allow the option of using a stubless ballot for municipal mail ballot elections. Stubless ballots save staff time when processing ballots, yet a secrecy sleeve is still included to maintain confidentiality."

Ordinance 2432 repeals and replaces Chapter 5, Title 15 of the Official Code of the City of Montrose regarding sales and use tax.

Ordinance 2433 amends the zoning district designation of Parcel Number 376728219901 (approximately 4.2 acres at Grand Ave. and North 9th) from "P," Public District to "B-3", General Commercial District.

Ordinance 2444 amends the zoning district designation of Parcel Number 376728200900 from "P", Public District to "B-3", General Commercial District. City Council will hold a hearing on the proposed Ordinance on Sept. 5 at 6 p.m. at Montrose City Council Chamber in the Elks Civic Building.

In other business, Council will also consider approving the High Mesa Spirits Incentive grant agreement, and awarding the bid for Phase I of the Wayfinding Sign Project to E3 Sign, of Loveland, Colorado, for the total cost of \$217,805. Following staff reports, Council will adjourn.



REGIONAL NEWS BRIEFS

ANGEL FLIGHT HELPS ASPIRING PILOT, 92, TAKE TO THE SKIES



Mabel Livingston, a Senior CommUnity Care PACE participant and resident at The Homestead at Montrose, enjoyed a flight around the San Juan mountains as part of a donation from the Angel Flight program last Wednesday. Courtesy photo.

Special to the Mirror

MONTROSE-Mabel Livingston, a Senior CommUnity Care PACE participant and resident at The Homestead at Montrose, enjoyed a flight around the San Juan mountains as part of a donation from the Angel Flight program last Wednesday. Pilot Michael Plante from Evergreen, Colorado donated his time to make flying a plane a dream come true for Mabel, who turns 98 next week. Mabel has always enjoyed flying and had hoped to obtain her pilot's license (she even began reading a pilot's manual), but at 92 years old gave up the challenge. On the flight, Mable was given charge of the wheel and flew herself and three other passengers over the mountains, down to Durango, Silverton, Telluride and back to Montrose. Accompanying her on the flight were Anne Johnson Therapeutic Recreation Manager for Senior Community Care PACE and Melinda Bolton KJCT anchor from Grand Junction along with pilot Plante.

FORAGE ESTABLISHMENT, RENOVATION & MANAGEMENT DEMONSTRATION OPEN HOUSE



Montrose Adult Diabetes Support Group

Bleeding Gums and Elevated Blood Sugars Jill Holyfield, RDH Tuesday, Sept. 5 6:00 PM MMH Conference Room A

No RSVP required Questions? Call Teresa at 970-240-7280 Join us the 1st Tuesday of the Month at 6 PM (except Holidays)

Next Month:

Oct. 3rd Carb Counting and Portions, Teresa Tomasi-Maloney, RDN



800 South Third Street, Montrose, CO 81401 970.249.2211 MontroseHospital.com

Special to the Mirror

HOTCHKISS- Landowners are invited to the "Forage Establishment, Renovation & Management Demonstration Plot Open House", on Friday, Oct. 6 from 9 AM to 1 PM, at the Delta County Fairgrounds (403 S. 4th Street, Hotchkiss, CO). The event will be located on the southeast corner of the fairgrounds, by the river.

The demonstration plot offers a hands-on view of 17 species of irrigated grasses and another 17 species of dryland grasses suited for the local area climate and soils. These grasses can be used for agricultural and natural resource conservation purposes, such as: growing hay, grazing livestock, weed suppression, erosion control, and enhancement of wildlife habitat. The project is a cooperative effort by CSU Extension, USDA Natural Resource Conservation Service, Delta Conservation District, Delta County, and the Colorado Association of Conservation Districts.

The program is free and there's no cost to participate. For more information and to sign up for this workshop call 970-249-3935.

We invite you to join the LEAD Program



The Leadership, Exploration and Development (LEAD) program is your one-of-a-kind opportunity

"It was fascinating to visit and see a glimpse of different departments and how they function. The staff at MMH is highly impressive and listening to their passion for the programs they oversee is most rewarding. I highly recommend LEAD."

Nancy Hoganson Hannah

"LEAD is a very rewarding program that enables our community to experience, first-hand, the inside workings of MMH. I recommend everyone participate in these worthwhile sessions."

"Having been born at MMH and lived in this area most of my life, I thought it was time I learned more about our fantastic local hospital and what all services they provide. I was blown away" Allison Nadel

- Obtain a working knowledge of the healthcare needs of our community and how MMH meets those needs
- Unique opportunity to look at technological advances & access areas of hospital not commonly available to public
- Network with members of the medical community from a wide variety of specialties

The nine month program meets the third Thursday of each month from 7:00 a.m. to 9:00 a.m. beginning September 21. Register today!

For more information, please contact Director of Philanthropy Jenni Zimmer (970) 252-2744



CITY RESIDENTS EXPRESS OPPOSITION TO HIGH DENSITY DEVELOPMENT From pg 1

about what is being proposed. The [city] code normally encourages neighbor [participation] in the subdivision stage. It is less frequent that we have a meeting in the conceptual phase. We are in the conceptual phase. We are taking a step backwards to try and answer questions and concerns in neighbor's minds." Reed laid ground rules such as practicing civility, no use of profanity and no personal attacks.

Abbott gave an overview of the zoning and subdivision process and the city's comprehensive plan. The 2012 Comprehensive Plan is not binding, rather it is a guiding document that helps with city growth.

Waitman presented a conceptual sketch plan noting that they cannot sell lots until all the improvements are completed — paved streets, street lights, street signs, etc. "And the city can impose other requirements. This is a 15 to 20-year development plan. We intend to provide luxury living at an affordable price." The proposal for the 164-acres includes 15 to 20 percent open space with residential home lots described as maintenance-free, lowmaintenance, and estate. For a maintenance-free, 1,200 to 1,300 sq. ft. home, the minimum lot size would be 6,250 sq. ft. It is estimated that homes would sell in the \$200,000 to \$300,000 range.

Although people were asked to state their names before asking questions, they were not held to the request and the discussion baton was at times passed between people who did not identify themselves.

Tom Cheney, who was one of the developers of Columbine Estates as well as other developments, noted that residential low-density is more desirable. "Columbine Point has 108 lots that are 1/3 of an acre. My main concern is Miami. As we built our subdivision we realized the intersection of

Miami and Hillcrest is dangerous. With the exception of a bridge over Cedar Creek there have been no improvements in 50 years."

Cheney petitioned the city to install a round-about at the Miami/Hillcrest intersection, "The city said they would build it this year. You can see what happened this year...nothing." Cheney cited the lack of sidewalks on Miami, minimal improvement to 6700 Rd and the poor road system serving much of the proposed subdivision. "I'm opposed to any future development until the roads are improved and there are sidewalks so people can walk safely. The City of Montrose is really behind the development line for more capacity in this area." Waitman said roads would be modified appropriately for impact, "The issues of roads will have to be addressed."

David (no last name given) wanted assurances on road improvements; however, Abbott reminded the audience that this was just an annexation and zoning. "You [the public] will be able to be involved in each step of the process." All neighbors within a 100-foot radius of the development will be notified of meetings.

City Planner Baker suggested it could be a year from now before the developers started to build, "The best scenario would be 25 homes built a year, but no one in Montrose is building at that rate. The building will not be really noticeable for about five years."

Janet Eckerdt commented on 6750 Rd, "We've seen over a long period of time that nothing has been done. We haven't seen the city respond to make it safe." Reed said, "You perceive what the city has or has not done over time. If you have an issue with the city you need to make those issues known to the city."

City Attorney Stephen Alcorn got a laugh from the audience when he be-

gan his remarks, "I'm in charge of nothing!" Alcorn mentioned installing the Hillcrest/Sunnyside roundabout because it was a high-accident prone intersection; that the Hillcrest extension planned for 2017 is a high priority in part because it is citizen-driven; city council postponed the Miami/Hillcrest roundabout because although it is a difficult intersection to navigate, on the list of dangerous intersections it is fourth or fifth place; and the completion of 6700 Rd is held up by one property owner who wants five-times the amount of what his property is worth. City staff and council have resisted using eminent domain to acquire the property needed to complete the connectivity of 6700 Rd.

Cheney said he'd heard from a previous councilmember that not building the Miami/Hillcrest roundabout in 2017 was a staff decision. Alcorn and Baker disagreed and noted that it was a staff recommendation; however, it was city council's decision and council's prioritization of projects.

Tim Judkins recently went through the annexation and zoning process for Panorama View development, which is in close proximity to Miami Farm Addition. Judkins said, "There are a lot of problems with existing roads and traffic problems." Referencing work done by the city to locate the sewer line for his property Judkins said, "The road is still not repaired."

Scott (no last name) said, "We understand that the infrastructure will adapt to the high-density, but it doesn't seem like injecting high-density into that community is good. It would be better to have bigger lots." Waitman said, "We purchased the land to be able to have smaller lots. We're only going to build a home when there is a demand. If the city doesn't grow, then there is no need for new homes and we won't build."

CITY RESIDENTS EXPRESS OPPOSITION TO HIGH DENSITY DEVELOPMENT From previous page

Baker referenced Raven Crest and American Village developments, which are east of 6700 Rd. "There was opposition to those projects. Roads, sewer and sidewalks were issues and we adapted after the development went in." Baker encouraged the audience to call their council representatives, "That's how projects get prioritized."

Melanie (no last name) said, "I enjoy the peace and quiet in my neighborhood. I'm interested in low-density and what type of building materials you will use."

Another woman said, "We have many subdivisions sitting empty in town. We have so many lots with nothing on them."

Lexi (no last name) said, "The city has let us down so far with the current roads." Waitman said, "We can't address the current situation with city roads. [We're hearing tonight] roads are the number one concern of everyone."

Norm (no last name) said, "I think

you're getting the cart before the horse." Reed said, "This is no different than any other annexation or zoning process. We're not asking the city to do anything outside the normal annexation and zoning process."

When the developer was asked if he would consider lower-density zoning, he said, "We did consider different zoning, but we didn't want to lock ourselves in for 20 years down the road." Waitman told the audience that they have no current plans to build apartment complexes; however, the R3-A zoning requested allows for apartments and multiple housing units such as duplexes. Reed said, "At the subdivision stage is when you give input on apartments, multiple housing and duplexes."

One woman noted that the development proposal calls for 1,112 homes on 139 acres. Reed said, "The developer has the right to ask for what he wants and you have the right to oppose what he wants. The developer is

very concerned about what citizens are saying. We at least want to explain to you, whether you agree or not, we want to explain what we are proposing. We may agree to disagree."

Alcorn, Baker and Reed all emphasized the importance of constituents taking their concerns on streets, roads and project priorities to city council. Bakes said, "The city council tells the city manager what projects to prioritize and that's what we do."

Alcorn noted that all council members and city staff can be reached through email by using their first initial before their last name, followed by the city email extension.

For instance, the city email address for Mayor Judy Ann Files is jfiles@ci.montrose.co.us; City Attorney Stephen Alcorn's address is salcorn@ci.montrose.co.us; and City Manager William (Bill) Bell's address is wbell@ci.montrose.co.us. The Montrose City Hall phone number is 970-240-1400.



REGIONAL NEWS BRIEFS

FOUR INJURED IN TELLURIDE BLACK BEAR ROAD ROLLOVER

Special to the Mirror

TELLURIDE – Deputies and multiple agencies responded to the Bridal Veil Falls area in Telluride for a single vehicle rollover with seven unrestrained occupants, including three children.

Four people, including one child, were injured.

Deputies, Telluride Fire Protection District EMS and Fire, and Telluride Marshals Officers were dispatched to Black Bear Road at approximately 4:35 pm Sunday. Multiple deputies, more than a dozen EMS and fire personnel and three ambulances responded.

The seven occupants were all family members from Farmington, New Mexico.

The 66-year-old driver says he blacked out narrow, dangerous road with unrewhile driving, just after possibly choking on some water.

Multiple bystanders, some who witnessed the event, stopped to assist until EMS arrived. Witnesses state the car rolled three quarters over, landing on the passenger's side and then sliding approximately 100 feet before coming to a stop.

All parties were assessed by Telluride EMS and transported to the Telluride Regional Medical Center. One patient was then flown to St. Mary's Hospital in Grand Junction with what are believed to be non -life-threatening injuries.

Sheriff Bill Masters said this family is incredibly lucky, "You cannot travel this

strained children and other passengers. It's criminally and morally wrong."

Sheriff Masters also wished to thank the dozens of responders from multiple agencies, "This is a great example of how all of our agencies come together in an emergency like this one where there are multiple patients in a precarious location, and they get the job done professionally and efficiently."

No drugs or alcohol are believed to have played a role in the accident. Colorado State Patrol is investigating.

Hundreds of vehicles are expected to travel Black Bear Road this holiday week-



Free Informational Seminar



Join Us For a Free Informational Seminar Tuesday, September 12th, 5-7 PM or Tuesday, October 10th, 5-7 PM Montrose Memorial Hospital's **Nutrition and Diabetes Services Building** 421 S Nevada Ave

Receive a discount on your consult fee if you attend a seminar

Get to Your Ideal Weight!

Over the past two years, Montrose Memorial Hospital has helped our community lose over 3000 pounds using

The "Ideal" Weigh Weight Loss Method

Free informational Sessions

- Tuesday, September 12th
- Tuesday, October 10th

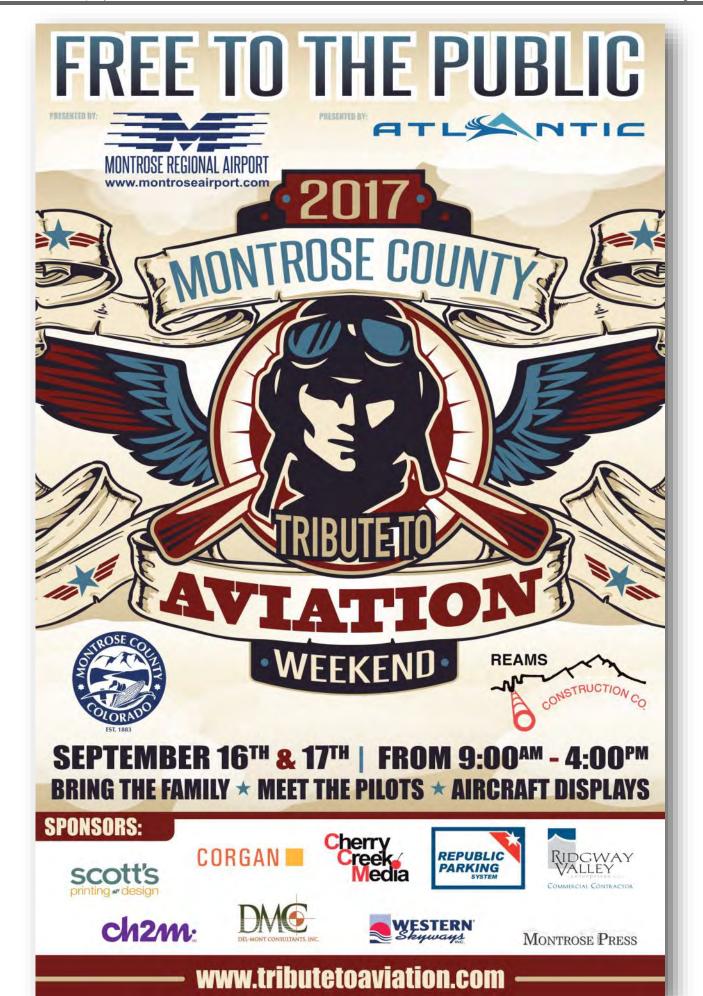
Please RSVP at 240-7170 to receive pre-seminar information



GIVING CLUB DONATES 15k TO UVLA

Special to the Mirror

MONTROSE-The Giving Club of Montrose collectively makes a difference by turning \$100 from each member into a significant group donation to make a large impact to a local non-profit in need. The women's philanthropic group met on Aug. 7 at The Bridges Golf and Country Club. After compelling five-minute presentations by each nominating member, UVLA was selected to receive the \$15,000 pot of money. Uncompahgre Volunteer Legal Aid is a local non-profit that provides free civil legal assistance to seniors 60+, and to low-income residents in Montrose and surrounding counties. Volunteer attorneys host free clinics, give advice, provide representation, mediation and negotiation. UVLA provides two free legal advice opportunities per month for issues involving housing rights, elder law, public benefits, health, family law, and consumer rights. Valarie Dickson was pleased that her nomination was chosen by the voting members.



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- Eliminate monthly mortgage payments
- The mortgage continues for the life of both spouses

 The equity and title stay in your name



000 I've done it for myself, and it has helped shape my finances to fit my life.

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970-252-0306 paul@intermountainfunding.com

Work With A Local Mortgage Broker 18 Years Experience

REGIONAL NEWS BRIEFS

DELTA COUNTY MEMORIAL HOSPITAL RECOGNIZED AS BABY-FRIENDLY BIRTH FACILITY



Newborn twins with nurses at Stork's Landing. Courtesy photo.

Special to the Mirror DELTA--Baby-Friendly USA announces that Delta County Memorial Hospital has received prestigious international recognition as a Baby-Friendly Designated birth

"Delta Coun-

facility.

ty Memorial Hospital Administration is very proud of the efforts of the OB team to achieve this prestigious designation as a Baby-Friendly hospital, stated Chief Clinical Officer Jody Roeber, FNP, MSN, RN,

"Becoming a Baby Friendly facility is a comprehensive, detailed and thorough journey toward excellence in providing optimal infant feeding outcomes and mother - baby bonding. Our OB department, Stork's Landing, offers familycentered care by respecting every family's choice about their birth experience. The team of professionals works to provide consistent and accurate information so that mothers can make informed choices for the health of their newborn. Only a small percentage of hospitals have achieved this designation, we are now one of 12 facilities to achieve this designation in Colorado. Roeber said. There are more than 20,000 designated Baby-Friendly hospitals and birth centers worldwide. Currently there are 452 active Baby-Friendly hospitals and birth centers in the United States. The "Baby-Friendly" designation is given after a rigorous on-site survey is completed. The award is maintained by continuing to practice the Ten Steps as demonstrated by quality processes. Carol Swingle, RN, BSN, OB Coordinator/Manager of Stork's Landing at DCMH commented, "It has been a big undertaking but well worth it. The journey to attain Baby-Friendly designation took on many aspects – support from leadership for the expenses and required training for staff and providers; clinic staff with patient education; and OB staff in following the evidence-based methodologies and putting into practice.

"Our community was highly receptive to the change in practices of promoting breastfeeding as well as parents' choice in feeding methods and the support of bonding by rooming-in and skin to skin practices. I want to thank the team for all of their efforts from tracking education, applying principles, to performing audits required to prove our compliance," Swingle added.

WEEHAWKEN DANCE FALL 2017 MONTROSE SCHEDULE

MONDAYS:

WEEHAWKEN MONTROSE

10am-10:45 Pre-Ballet with Miss Leeann (ages 2.5-5)
10:45-11:15 Story Book Ballet with Miss Leeann (ages 2.5-5)

4:00-5:00 Beginning Hip-Hop and Jazz with Miss Caila (ages 5-7)

5:00-6:00 Intermediate Hip-Hop A with Miss
Caila (ages 8-11, All may sign up for this

class, Miss Val will class assist the first 4 weeks)

6:00-7:00 Intermediate Hip-Hop B with Miss

Valerie (ages 8-11, May sign up with approval from Miss Val Only)

7:00-8:15 Advanced Hip Hop with Miss Valerie (ages 12+, teacher approval required)

THURSDAYS:

MONTROSE @ PRECEDENCE ON MAIN

3:45-4:30 Pre-Ballet with Miss Leeann (ages 2.5-5) 4:30-5:15 Primary ballet Miss Leeann (ages 5-7) 5:15-6:15 Tap I with Miss Caila (ages 5-7)

MONTROSE- REC FIELD HOUSE

3:45-4:45 Ballet 1/2 with Miss Pang (ages 8-10)

WEEHAWKEN MONTROSE

4:00-5:30 Ballet 3/4 with Miss Caroline (ages 10 and up with instructor approval)
5:30-7:30 Ballet 4/5 with Miss Caroline (with instructor approval)
7:30-8:30 Teen Jazz and Lyrical with Miss Caila

(ages 13 and up)

TUESDAYS:

MONTROSE - @ PRECEDENCE ON MAIN

4:00-5:00 Wee little Hip Hop with Miss Leeann (ages 2.5-5)

5:00-5:45 Pre-Ballet with Miss Leeann (ages 3-5)

WEEHAWKEN MONTROSE

4:00-5:30 Ballet 3/4 with Miss Pang (ages 9+)
5:30-6:00 Pre-Pointe/Pointe for ballet level 3/4
with Miss Pang (instructor approval)
6:00-8:00 Ballet 5/6 with Miss Pang \
(with instructor approval, includes pointe)

WEDNESDAYS:

MONTROSE @ PRECEDENCE ON MAIN

2:30-3:30 Tap 1/2 with Natasha (ages 8-10)

WEEHAWKEN MONTROSE

3:00-4:00

4:00-5:00 Jr Jazz and Mix it up! with Miss Natasha
(6-8th grade, see additional info on website for
weekly teacher and dance style schedule)
5:00-6:15 Sr Jazz and Mix it up! w/ Miss Natasha
(grades 9-12, or with instructor approval, see
additional info on website for weekly teacher and

Pom Jazz with Miss Valerie (ages 9+)

MONTROSE - BLACK CANYON GYMNASTICS

dance style schedule)

6:45-7:45

Year I Aerial Dance A with Natasha
(6 week session, non-performing. Ages 10+)

Year I Aerial Dance B with Natasha
(6 week session, non-performing. Ages 10+)

FRIDAYS:

WEEHAWKEN MONTROSE

3:45-4:30 Primary Ballet w/ Miss Natasha (ages 5-7)
4:30-5:30 Tap/jazz (ages 5-8) with Miss Natasha
5:30-6:30 Ballet 1/2 (ages 7.5 -9) w/ Miss Natasha
6:30-8:00 Ballet 3/4 (ages 10+) with Miss Natasha
8:00-8:30 Pointe with Miss Natasha

The Fall 2017 Session runs for 12-weeks beginning the week of September 5th and ending with a performance of "The Nutcracker" December 9 & 10 at the Montrose Pavilion.

All students must enroll either prior to the program beginning or at the first class in person. Enrollments are not accepted after the third week of the session unless special approval is granted by the Artistic Director

New to Weehawken Dance? NEW students are welcome to try a class the first week free! Some needs-based scholarships are also available -Deadline August 25, 2017.

For more information on Weehawken Dance policies, Lead Audition Dates, Ballet Uniform Information, Studio Etiquette, Semester Dates to Remember, Company Dance Info, etc, visit weehawkenarts.org

STANDARD PRICING*

(as of 09/01/17, 12 week session)

* = excludes aerial classes

30 minutes \$84 45 minutes \$162 60 minutes \$174 75 minutes \$192 90 minutes \$216 120 minutes \$285 Show fee (per class) \$35 Annual registration \$25

+ any costs associated with dancewear or tickets to the performances.

www.weehawkenarts.org 970.318.0150











Vendor Information at www.sneffelsfiberfest.com Early Bird Application Due Date: June 1, 2017

This fun, annual public event features both indoor and outdoor vendors exhibiting fiber & fiber craft supplies and tools, fiber arts wearables, finished fiber arts pieces for purchase, fine art & craft depositing or utilizing fiber producing animals, food vendors, kids activities & free demonstrations at the Ouray County 4H Events Center.

An added bonus is that all of this takes place during the peak of fall color season along the Colorado San Juan Skyway Scenic Byway in gorgeous Ridgway, Colorado!

Saturday, Sept 23 from 9 am - 5 pm Sunday, Sept 24 from 10 am - 4 pm

PLUS: Specialty Workshops and Classes in Fiber Arts Sept 22, 23 & 24 (times vary)

Class proposals accepted until June 1 (see website)

visit: www.sneffelsfiberfest.com

for detailed information including lodging and adventure partners









MIRROR IMAGES...QUACK, QUACK!

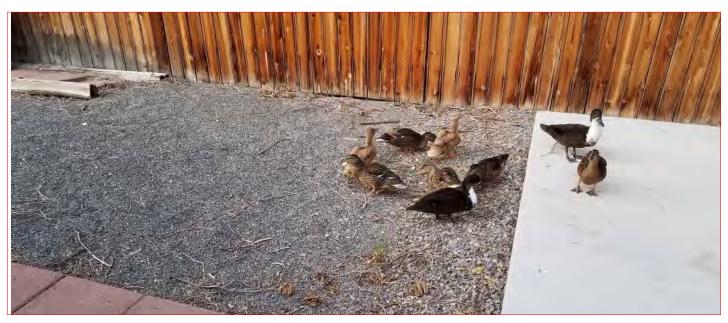


Photo by Gail Marvel

MONTROSE-Three days ago, nine ducks visited my back yard and I made the mistake of feeding them. Yesterday evening the flock gathered in the breezeway and quacked until I came out. The situation felt remarkably similar to the boy who drove up in front of his girlfriend's house for a date and rather than walking to the door and ringing the doorbell, he honked the horn and she came running. Good grief...now I have duck poo to wash off the sidewalk.



REGIONAL NEWS BRIEFS

HUNTER ALERT: CONSTRUCTION CLOSES WEST SIDE OF COTTONWOOD PASS ROAD INTO TAYLOR PARK

Special to the Mirror

GUNNISON— Hunters who plan to go to the Taylor Park area for the 2017 big-game seasons are reminded that the Cottonwood Pass road is closed west of the summit in Gunnison County.

The road, known locally as Gunnison County Road 209, is being widened and paved from the summit to Taylor Reservoir at the intersection of Gunnison County Road 742. Construction work on the 16-mile section started in May and is scheduled for completion in September of 2018.

Absolutely no vehicles, motorcycles, bicycles or people on foot are allowed on the road while it is under construction. Recently, unauthorized vehicles have entered the construction zone and nearly collided with heavy equipment.

The area on both sides of the road, outside the construction zone, is still open to hunting; however, the use of the road for access is prohibited. Hunters who are hunting in the proximity of the road must be sure of their targets and what's beyond so as not to endanger construction crews or equipment. Hunters are also reminded that it is illegal to shoot across county roads.

On the upper section, the road can be crossed via the Timberline Trail. The crossing is well-marked to ensure safety.

Hunters and other travelers going to Taylor Park from the east can access the area by traveling through Gunnison. The east side, accessed from Buena Vista on Chaffee County Road 306, is open to the summit.

Construction for this year will end around the Thanksgiving holiday. The road will be open during the winter for snowmobiling, cross-country skiing, and other winter activities. The road will close again on April 1, 2018.



REGIONAL NEWS BRIEFS

PAUL OUPADIA STEPS DOWN FROM MOUNTAIN VILLAGE TOWN COUNCIL AUG. 31

Special to the Mirror

MOUNTAIN VILLAGE – Mountain Village Town Council member Paul Oupadia announced his resignation from the council on Thursday, Aug. 31 effective immediately. Paul Oupadia, along with Patrick Berry and Jack Gilbride, was elected to Mountain Village Town Council on June 27 to serve four-year terms. The three joined current council members Dan Jansen, Laila Benitez, Dan Caton and Bruce MacIntire, who were not up for re-election. Following the election, Laila Benitez was elected Mayor of Mountain Village, and Dan Caton was elected Mayor Pro Tem serving two-year terms.

"I have spoken with Paul, and he regretfully has resigned from his town council position due to unforeseen family circumstances. Due to these conditions, he and his wife will be leaving the area," stated Mountain Village Mayor Laila Benitez.

The <u>Town of Mountain Village Home Rule Charter</u> dictates that within forty-five days after a vacancy occurs in the office of Town Councilor, the remaining members of the Town Council shall, by majority vote, appoint a successor to fill such vacancy, provided no more than three vacancies are to be filled at one time. The appointed Town Councilor shall then serve out the unexpired terms of their predecessor.

Town Council will appoint one new council member by a majority vote at its next regular meeting to be held on Sept. 21.

To qualify one must be a registered elector who has maintained legal residency with the town for at least 120 days immediately preceding the appointment. A Letter of Intent and <u>Candidate Biographical Information Sheet</u> must be submitted via email by 5 p.m. on Sept. 19 to the Clerk's Office at <u>mvclerk@mtnvillage.org</u>.

For more information, please contact Jackie Kennefick, Director of Administration/Town Clerk at mvclerk@mtnvillage.org.

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Health Resource Center

Call or visit us for free assistance with the following:

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- Long Term Care Options
- Short Term Care Options
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210 E. Main St., Montrose

Delta: Senior Community Meals office

350 Stafford Lane., Delta



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advantage@voa.org | www.volunteersofamerica.org facebook.com/voawesternslope

GUIDE TO THE OUTDOORS FROM THE SHERIFF'S POSSE: GET READY FOR THE HUNTING SEASON

By Mark Rackay

According to Colorado Parks and Wildlife (CPW) an estimated quarter million hunters will take to the woods during the several big game seasons this year in Colorado. The season starts out with archery Aug. 26 and ends with a late season elk Jan. 15, 2018 in a few areas., making this a busy time for hunters.

This is also the busy season for search and rescue teams all across the state, including the Montrose County Sheriff's Posse. The Posse expects to be called out numerous times for lost, overdue and injured hunters during the season, averaging a half dozen missions each year.

Unfortunately, many of these rescue missions turn into recoveries because the people did not prepare properly for their excursion. The hunter carrying with them a few life-saving articles, and the knowledge to use them, in a pack, could have avoided many of these deaths.

The scenario usually starts out with a couple hunters leaving camp early in the morning. The weather is warm, in the 50's, and the skies are clear. Since the two are only going out for a few hours, planning to meet back in camp for a late lunch, they do not carry any extra clothes or a survival pack or a GPS. The two hunters split up, one staying low and the other dropping over a ridge, but keeping the ridge in sight as a landmark. Over the next couple hours, a strong cold front pushes in, bringing high winds, dropping temperatures and snow. The snow blocks the second hunter from seeing his ridge landmark, and he walks hopelessly in circles, with only a light jacket and no way of protecting himself from the elements.

If the hunter is lucky, his buddy will make it to camp and summon help before it is too late. Most likely, the lost hunter will fall and perish to hypothermia in a matter of a few hours.

Unfortunately, we see this scenario play out several times each year. Sev-



There are many styles of packs to choose from. If you are like me, you will want to own several. Photo by author.

eral certainties for Colorado hunters would include that the weather will change, abruptly and harshly, at any given time. Another certainty would be that you would have an unexpected travel companion, that being Mr. Murphy, of Murphy's Law fame. He goes along on every trip, just to make sure you stay on top of your game.

You simply carrying along a pack equipped with some basic survival equipment and possessing the knowledge how to use it could avoid most of this. Here is a list of a few things I would suggest everybody bring with them:

Compass, maps and GPS with extra batteries

Signal mirror and whistle, sound making device to help searchers locate you Knife and Multi-tool

Flashlight with extra batteries-I prefer lithium as they hold power better in the cold than alkaline

Several types of fire starterwaterproof matches, metal match and flares

Drinking water-a hydration bladder or camel back works well

Life Straw-this is a small, personal water filtration device

Food-high energy foods, power bars, nuts, trail mix

Cell phone and extra power source Rain Gear or poncho

Space blanket bivy-much better than a blanket as you can crawl into a bivy to stay warm



Here are just a few of the items that you can include in your pack. Tailor the pack to fit the specific needs of you and your trip. Photo by author.

Duct tape-good for just about anything from first aid to repairs

Toilet paper-you just never know First aid kit-with life saving items such as tourniquet, Israeli bandage, prescription drugs, few band-aids Extra jacket and warm clothes for when the weather changes I suggest that everyone take a basic first aid/CPR and a basic survival course. These skills could save a life.

Finally, leave a note on your vehicle windshield or on your tent, giving a brief description of the area and direction you are hunting in that day. It really helps search and rescue people to know a direction of travel and general area you may be in.

I know that I have written and spoke about the survival pack for so many years that people may tire of hearing of it. However, it still astonishes me how many people need rescued or perish because they have no lifesaving tools with them. This year, plan to foil Mr. Murphy and be prepared. Carry that pack with you everywhere you go and stay safe. Enjoy the hunting season and see you next time.

Mark Rackay is a freelance writer who serves as a Director and Public Information Officer for the Montrose County Sheriff's Posse. For information about the Posse call 970-252-4033 (leave a message) or email info@mcspi.org.

OPINION/EDITORIAL: COMMENTARY

ON SEEKING UNDERSTANDING & A CHURCH HOME...

By Timothy Storrs Montrose Christian

How can we empathize if we refuse to understand? All I want is to connect with people, to find a church home, but if I am not getting kicked out of conservative Facebook groups, I am getting escorted out of Church. I'm sorry if it gets me upset to be kicked out of groups and churches, but I find it VERY Disrespectful, even non-forgiving--as if I ain't worth hearing, or forgiving. Like they do not want to increase the kingdom of God, but only want certain people in their club.

Jesus preached against these types of Churches. Anger is not Evil. Anger does not equal violence. Anger is a means to communicate, and would not exist if people listened to one another, something the church claims to be good at. Fear, frustration, sadness, guilt, or loss...these thing feed anger and need to be addressed and discussed. To dismiss someone JUST because they are Angry, as if they are EVIL, is against What Jesus taught. He said to forgive others' transgressions.

EVERY church service I have ever been to has the same form, one man at the head who is expected to be perfect. I do not want to be an authority and order people around, it is not my way or the highway, I want to discuss, and not get kicked out for having an opinion or for addressing a frustration.

I have been angry a long time. I am not violent, I am frustrated. I take responsibility for my anger. I know it is mine, I address my frustrations. My frustrations are also not just about me, but about about others who struggle with the same issues as I do. If you shut me out, then how can I share my experiences with others? How can I teach others who struggle like I do with their anger issues? As Christians, if we are doing our Jobs right and listening there would be no need to fear anger. Religion has a place in Society; we must admit we too are sinners, and are not perfect. We must own our own imperfections before we can help others with theirs.

REGIONAL NEWS BRIEFS

LIBRARY'S MILL LEVY ELECTION CAMPAIGN KICKS INTO FULL GEAR

Special to the Mirror

"Imagine Your Library."

MONTROSE - The Board of Trustees of the Montrose Regional Library District and the Library Election Committee (LEC) want Montrose County residents to "Imagine Your Library" and "Vote Yes" on this fall's ballot to nominally raise the library's mill levy. The LEC has kicked off a strategic communications and outreach campaign to inform and impassion the community. Recently, the campaign unveiled its engaging Facebook page (www.facebook.com/imagineyourlibrary), informative website (www.imagineyourlibrary.org), eyecatching logo and inspiring slogan

The campaign logo features a book opening up and a check mark coming out of the pages. Danni Go a graphic design summer intern at the Proximity Space in Montrose created the logo. Go is a recent Montrose High School graduate and is

now attending Parson's School of Design at The New School in New York City. The Board of Trustees of the Montrose Regional Library District and the LEC created the slogan "Imagine Your Library" which is meant to be a call to action.

"Imagine Your Library is our way to encourage the community to think about what they want from their library. Imagine if your library was open seven days a week. Imagine if your library had new computers and better Wi-Fi coverage. Imagine if your library had more books and e-books, updated materials and adult programs available to you when you need it. Imagine if the library extension, our Bookmobile, could be a constant presence in Olathe and return to nursing homes.

The LEC seeks to raise the Montrose Regional Library District's (MRLD) mill levy by .85 with a 10-year sunset provision. A .85 mill levy increase equates to a \$6.12 increase a year per \$100,000 of residen-

tial valuation, less than \$13 a year per household for a property valued at \$200,000; commercial property will see an annual increase of less than \$25 per year for every \$100,000 of valuation. The current mill levy has not been changed since 2004. Since the 2007 recession, the library has: Cut 1/3 of its staff; Cut 1/3 of its materials budget; Cut nearly 3/4 (70 percent) of its Bookmobile services; Cut maintenance and grounds keeping projects; Cut hours of operation from seven days a week to five days a week

To help out or for more information about the Montrose Regional Library Election Committee's efforts to increase the mill levy to fund the Montrose Regional Library District, visit

www.imagineyourlibrary.org or www.facebook.com/imagineyourlibrary or email imagineyourlibrary@gmail.com. Ballots will be distributed in mid-October. Election day is Nov. 7, 2017.

CITIZENS BRING ISSUES BEFORE COUNCIL; **OURAY MOVES AHEAD ON ROTARY PARK PLAYGROUND**

By Carole Ann McKelvey Ouray Bureau Reporter

OURAY-A new playground at Ouray's Rotary Park will have playground equipment in place just in time for 2018's summer season.

Sabrina Butler of the Ourav Beautification Committee (OBC) made the announcement at the Aug. 21 Ouray city council meeting. Butler came before the council seeking an allotment of \$10,000 to help the committee in its efforts to complete the playground. She told council members that the beautification committee had secured playground equipment free and that four volunteers had travelled to Colorado Springs to pick up the equipment by U-Haul. The OBC has depleted its budget for 2017 and the additional funding is necessary, Butler said, to complete installation of the playground equipment given to the beautification committee "for the taking." She said the playground equipment was being removed from a military facility and would not be replaced. It has an estimated value of about \$39,000.

Butler said the funds are needed to put in place a special type of protective mulch under the playground equipment. The mulch contains no large pieces of wood or "slivers" she said and upkeep would require the mulch only be raked several times a year.

A playground at the park would give children something to do when adults are using the park, something Butler said was "sorely missing" from the park facilities. The interim city administrator has been given a breakdown of the costs of the installation of the playground, which is included in the master plan for the park. The work on the playground will be completed entirely by volunteers. Butler said the committee has already secured 25 electric poles from San Miguel Power and in addition to the mulch will need to purchase concrete forms. Maintenance on the to the attraction. The citizens group is playground will be performed in the future looking for city funding to fix the sign and

by the beautification committee members. In other issues:

The issue of short-term vacation rentals and a housing shortage for city employees was brought up by Ouray resident Michael Bazin, who read portions from a four-page prepared statement to Ouray city council members in front of a packed house Monday night, detailing issues and solutions to the shortage of long-term housing in Ouray. Bazin was concerned about an "explosion on the Internet of short-term vacation rentals" without, as Bazin said, adequate oversight and regulations. He said he was concerned about the issue particularly since recently two Ouray police officers had to move out of the town due to a lack of affordable long-term rent-

Concerned that there are short-term vacation rentals in the town where they are not permitted, Bazin said he'd identified 130 such vacation rentals -- "a conservative number" and that the rentals "are under the radar." The additional rentals are straining city services such as water and sewer, he said. "They also put pressure on others with rentals and the money goes out of the city and does not benefit Ouray."

The council agreed this was an issue needing discussion on a future agenda.

A 1909 "Box Canyon Falls" Sign needs sprucing up, a group of citizens have proposed. The antiquated sign is on Forest Service land owned by the city and could use stabilization and renovations. The citizen's group is willing to do the work by volunteering their services, but are seeking an estimated \$2,000 and the city's legal help.

It was suggested on Aug.21 that an adhoc committee be formed to move forward to improve the sign at the popular Box Canyon Falls attraction.

The sign in need of repair points the way



A citizens group plans to spruce up a Box Canyon Falls sign. Courtesy photo Travel-Pod.

electrify it in the future; council opted to continue discussion of the sign funding at a future city council session.

In other business, Ouray Interim Administrator Justin Perry noted increasing issues with bears in the city. Many in the city council audience indicated they have seen more bears, even walking down Main Street, and were concerned.

Police Chief Perry said one of his officers was charged by a bear about three nights before, and that trash cans on Main Street have become a problem with hungry bears coming into town. He said the trash cans have been removed and with the lack of fruit this year due to a late frost, bears are invading Ouray in search of supplemental food sources - such as garbage cans, bird feeders and dog food. It is the time of year where bears must fatten up to survive their upcoming winter hibernation.

"We need to get alternative sources of food under control," Perry said.

Whereas relocation of bears has been a solution in the past, it is not much of an option at this time, as relocation areas are diminishing. "One of the biggest problems is the lack of fear bears now have with people," he said. "Officers have been using tazing to help instill fear, but the biggest gain will come from removing food sources from bears."

He warned everyone to be bear-aware to protect themselves and their property.

CITY OF OURAY, ICE PARK BOARD MOVE FORWARD WITH **NEGOTIATIONS; FINAL DRAFT AGREEMENTS EXPECTED 9/18**

Carole Ann McKelvey

Ouray Bureau Reporter

OURAY-The Ouray City Council had a special meeting on Aug. 29, to discuss negotiations regarding agreements with the Ouray Ice Park Inc. (OIPI) board.

Ouray Mayor Pam Larson stated that, "After an executive session, the council passed a motion to direct the city attorney to send their red-lined draft of the Transition/Closure agreement and the Ice Festival agreement to the OIPI attorney asking that OIPI return their red-lined version back by Sept. 8."

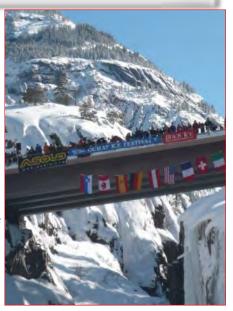
"The Council's intent is to have the agreements finalized at the Sept.18 council meeting," Larson said.

The final proposed agreements will be available for the public to review in the council packets that will be prepared for the Sept. 18 meeting.

"These agreements will define the details that allow the city to take over operations of ice making and the OIPI board to present the 2018 Ice Festival, as was described earlier this summer by a joint statement from OIPI and the city," the mayor stated.

Also announced was that the city will pursue the employment of the Ice Park manager by Oct. 1 and the park's ice farmers by Nov. 1. All positions will be seasonal positions until details for a sustainable operation are defined for the Ice Park. The development of a long-term Ice Park operation plan will be discussed at the next council meeting on Tuesday, Sept. 5. (City council meetings begin at 7 pm. in the Community Center.)

"Thanks to the citizens, OIPI board and city staff on their input and concern about the operation and development of the Ouray Ice Park. It is one of our most valuable and unique assets," Mayor Larson said.



The Ouray Ice Festival draws an international following each year, and has become an economic driver for the community. Courtesy image Ouray Ice Park.





OURAY BREWING COMPANY Beer is great Don't forget to order food here too



out of town guests to enjoy the Switzerland of America, right up the mountain in Ouray. After some time oohing and ahhing at the views and some of Hwy 550's twists and turns, we

found ourselves thirsty and hungry. We couldn't pass by the Ouray Brewing Company right on Main Street. Once again, this neighborhood pub did not disappoint. Ouray Brewing Company is located at 607 Main Street, Ouray; it's been established since 2010 with the brewery visible next door. The menu reads like most pub fare, but truly exceeds expectations.

On the menu: Appetizers include wings, a smoked trout dip and hummus, antipasto from \$13.50 to \$12.50; soup/salad range from \$5 to \$13.50; entrees run the gamut from sandwiches (\$12) to burgers (\$11-13)

OURAY-Recently we took to smoked BBQ served until they run out (pulled pork, ribs, chicken) served and priced by the pound. You can feed the kids for \$8 and add a chocolate dessert for another \$7. After enjoying the house specialty, craft beer of course, \$6 a glass, we decided it was time for lunch. The thirdstory rooftop seating suited us just fine for a view of the mountains and downtown area. Seated on stools under the covered rooftop, it began to lightly rain. It only added to the ambiance that we've come to enjoy here.

> Our friends tried the pulled pork BBQ sandwich, and then couldn't resist trying a hotdog. "Yummy" they declared. We agreed the pulled pork was deli-sh. The other night my pal and I decided it was another good day to visit Ouray, for dinner this time. And we ended up at the brewing company. This time we acquiesced to my pick of the day and ended up splitting a vegan burger. Yep. Thick and

juicy with all the right toppings - lettuce, tomato, onion ring and a side of the famous BBQ sauce we requested. My friend felt like a bowl of soup, as he always does, and the soup of the day was a thick and creamy pork and green, well, chili. I'm a wimp, but I found it not too hot for me; my friend from New Mexico likes things spicy and it wasn't bland at all.

I tried a Camp Bird Blonde, to go with my hair, of course and 'cause I'm a wimp at beer, too; my friend had a snappy, hard apple cider. Satiated and happy, it was time for a little stroll around downtown. No rain this time, so it was a great evening for a walk before jumping in the truck and heading down the mountain.

Ouray Brewing Company is a fine place with great atmosphere, is family friendly and the food, drinks, and price are just right. Next time you find yourself in Montrose's neighbor up the hill, you might just give it a try.



CRESTED BUTTE'S DR. DAVID J. ROTHMAN NAMED WESTERN SLOPE POET LAUREATE



David J. Rothman. Courtesy photo.

Special to Art & Sol

TELLURIDE-The Telluride Institute's Talking Gourds Program named David J. Rothman of Crested Butte to serve as the fourth Western Slope Poet Laureate at the Telluride Literary Arts Festival this past May. Started at the Karen Chamberlain Poetry Festival in Carbondale, the naming of a Western Slope Poet Laureate moved to LitFest in 2014.

Art Goodtimes of Norwood (2011-13) served as the first Laureate, Aaron Abeyta of Antonito (2013-15) the second, and Rosemerry Wahtola Trommer of Placerville (2015-2017) the third.

The naming of a Western Slope Poet Laureate is a project of the Telluride Institute's Talking Gourds program. It honors

an outstanding poet/performer who has helped promote the practice of poetry on the Western Slope of Colorado and around the state.

The TG program selects poets who have published in the region and performed widely and to acclaim. Its purpose is to support the Laureate in continuing the work of poetry in and of the Western Slope, teaching, reading, writing and building literary community across the region.

Dr. Rothman is a widely published poet, critic, scholar and educator who has lived in Crested Butte for most of the last 25 years, and edited the seminal publication *The Geography of Hope: Poets of Colorado's Western Slope*, in 1998.

He currently serves as Director of the Graduate Program in Creative Writing at Western State Colorado University in Gunnison, where he also directs the Poetry Concentration in that program, and edits the program's journal, *THINK*.

His most recent volumes of poetry, both of which appeared in 2013, are *The Book of Catapults* (White Violet Press) and *Part of the Darkness* (Entasis Press).

A book of essays about mountains and mountain towns, *Living the Life* (Conundrum Press), also appeared in

2013. He most recently edited a volume about the great Colorado poet Belle Turnbull, which is just out from Pleiades Press.

His poems, essays and scholarly work have appeared widely in journals including Appalachia, Atlantic Monthly, Gettysburg Review, Hudson Review, Kenyon Review, Poetry, and scores of other newspapers, journals and periodicals.

He co-founded the Crested Butte Music Festival, was the founding Publisher and Editor of Conundrum Press (now owned by Bower Books of Denver), and currently serves as Poet-in-Residence of Colorado Public Radio.

Dr. Rothman says that he plans to visit as many public schools and libraries as he can on the Western Slope during his term, to bring poetry to students and to communities. To schedule a reading, lecture or class with Dr. Rothman, please contact him directly:

David J. Rothman
Director, Graduate Program in Creative
Writing

Western State Colorado University Taylor Hall 222B 600 N. Adams St. Gunnison, CO 81231

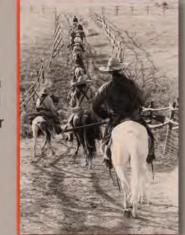
970.943.2058 / drothman@western.edu



SATURDAY, SEPTEMBER 9TH 8:30 AM

- Retrace the Old Spanish Trail 8:30 AM Meet at the Fort no later than 8:00 AM
- Public is invited Transportation to the site provided by Fort Uncompangre
 - RSVP no later than Wednesday, Sept 6th

There will be riders on mules retracing the Old Spanish Trail west of Delta Public is Invited to observe the pack train as it descends via the Old Spanish Trail into the Escalante Wildlife Area and crosses the Historic Ford of the Gunnison River





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COMMUNITY NEWS BRIEFS: ARTS & CULTURE

OCPAG'S CLASSICAL CONCERT SERIES CONCLUDES WITH APOLLO CHAMBER BRASS QUINTET

Special to Art & Sol

OURAY-Wrap up your summer with a rousing evening of chamber brass music as the Apollo Chamber Brass Quintet takes the stage at the Wright Opera House on Saturday, Sept. 9.

The players – Andrew Bishop and Donald R. Williams, trumpets; Jason M. Johnston, French horn; Jeff Craig, trombone; and Charles D. Ortega – tuba, will be dishing up a diverse menu of classical and jazz works including Johann Sebastian Bach, Brian Balmages, Victor Ewald, Erroll Garner, Lew Pollack and Fats Waller.

As graduate residents at the CU Boulder School of Music, Apollo Chamber Brass found a lifelong mission in the advancement of music through their performances and educational offerings. With a wideranging repertoire and light-hearted approach to musical style, ACB appeals to all ages with their engaging, educational and always innovative approach to programming.

The ACB regularly performs together on Colorado's Front Range where they have developed an enthusiastic following. For the past three years, they have also brought music to the Denver Women's Correctional Facility. Individually, the musicians of Apollo Chamber Brass are proud to be contracted members of groups up and down the Colorado Front Range as well as in New Mexico and Wyoming. They can regularly be heard with the Cheyenne Symphony, the Colorado Ballet Orchestra,

the Colorado Springs Philharmonic, the Denver Brass, the Fort Collins Symphony, the San Juan Symphony, the Steamboat Springs Orchestra and the Wyoming Symphony.

The upcoming ACB concert in Ouray is presented by the Ouray County Performing Arts Guild. Showtime is 7:30 p.m. Tickets cost \$25 for adults and \$5 for students 18 and under, and are available at the door or in advance at www.ocpag.org. While in the area, ACB will also be presenting interactive performances and student workshops at the public schools in Ouray and Ridgway, with generous support from the Mt. Sneffels Education Foundation.

The Apollo Chamber Brass concert is the grand finale in OCPAG's 2017 Dave and Mary Wood Classical Concert Series, featuring five stunning concerts in Ouray and Ridgway from March through September, 2017. The series has also included concerts from OCPAG's 16th annual San Juan Chamber MusicFest, the Blue Sage Chamber Trio and violin-and-piano duo Rachel Lee Priday and Susan Ellinger.

The Dave and Mary Wood Classical Concert Series honors the memory of its namesakes, the late Dave and Mary Wood of Ouray, who were founders and long-time patrons of the Ouray County Performing Arts Guild. They loved music — especially opera — and were staunch supporters of the "Music in Ouray" chamber music series in the 1980s and '90s.



Apollo Chamber Brass Quintet. Courtesy photo.

The Woods' legacy through the Western Colorado Community Foundation provided funds to underwrite OCPAG's Classical Concert Series. "We are delighted to name this exciting music series in their honor," said OCPAG president Sue Hillhouse. "We think they would be proud of this - OCPAG is most grateful." The Ouray County Performing Arts Guild is a not-for-profit organization bringing quality events in music, dance, theater and other genres to Ouray and Ridgway. Its purpose is to sponsor presentations and performers of the highest caliber in the performing arts for the enjoyment of Ouray County's residents and visitors.



COMMUNITY NEWS BRIEFS: ARTS & CULTURE

NO MAN'S LAND FILM FESTIVAL IN CARBONDALE CELEBRATES FEMALE ATHLETES

Special to Art & Sol

CARBONDALE-As the only adventure film festival that exclusively features female athletes, No Man's Land Film Festival (NMLFF) is at the forefront of a movement — redefining femininity in adventure and championing female athletes in outdoor media. Sept. 14-17, NMLFF is hosting their third annual Flagship Festival in Carbondale, Colorado. It is a four-day event with a variety of activities geared towards the modern outdoorswoman

On a mission to celebrate and facilitate the collaboration of men and women who are deeply engaged in strengthening the female presence in the adventure arena, the goal of NMLFF is to connect strong, like-minded, action-oriented individuals who are united by their passion for gender-equality and an eagerness to experience their environment and passions through a uniquely feminine lens.

"Bold, vibrant women are stepping into the outdoor industry with intrepid spirit and boundless drive and we aim to champion the women of outdoor and adventure sports, investing them with the respect, recognition and dignity they deserve," says Aisha Weinhold, NMLFF Founder and Director.

In their first year of operation, NMLFF sold out every screening — from the historic Crystal Palace in Aspen, Colorado to a gymnasium in Bishop, California. In their second year, NMLFF travelled to upwards of ten states and into Canada. In 2017, the No Man's Land tour is looking to continue to grow and bring their mission of redefining femininity to a global community. For more information on No Man's Land Film Festival, contact Dominique Vetromile,

MARK YOUR CALENDARS FOR 2017 MONTROSE BEACONFEST!

Special to Art & Sol

MONTROSE-The BEACON Senior Newspaper is having a party, and you're invited. The seventh annual Montrose-Delta BeaconFest Boomer & Senior Fair will be from 9 a.m.-2 p.m. on Thursday, September 21, at the Montrose Pavilion, 1800 Pavilion Drive.

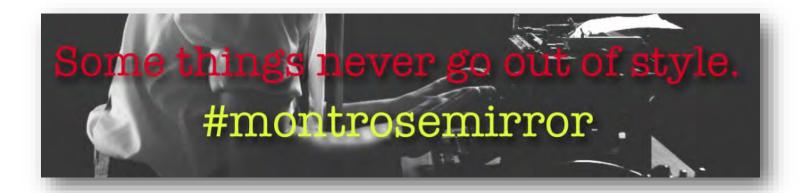
BeaconFest, the area's largest expo for boomers and seniors, is free to attend. This year's show features an exciting lineup of entertainment, free food, lively seminars and informational booths from more than 50 local vendors displaying their senior-related products and services.

"BeaconFest is a one-of-a-kind event for seniors in the area to get together, learn and be entertained," BEACON Publisher Kevin VanGundy said. "It's also a fun way for the BEACON to celebrate our readers and our community."

Haven't had your flu shot yet? Walgreens' certified staff members will be administering FREE flu shots on a first-come, first-served basis.

Thousands of dollars' worth of door prizes will be given away every half-hour. Enjoy high-energy music throughout the day from local favorites such as Beth Williams and Fiddle Power. Representatives from the Centers for Medicare & Medicaid Services will be on-site to answer your questions about these government insurance programs.

For more information about Montrose-Delta BeaconFest, call <u>970-243-8829</u> or visit <u>www.BeaconSeniorNews.com</u>.

































For ticket information and more details, please visit

http://TheVoiceSanJuans.wordpress.com/

The Voice of the San Juans





Join us for entertainment, fun, and excitement as we search for the best vocalists in our region!

- ★ Join the excitement at the Final Competition as the 12 winners from our auditions the best of the best compete for the top prize of \$1,000.
- ★ Buy your tickets before they sell out! General admission seats are \$35. Doors open at 6:00 pm and the show starts at 6:30 pm.
- ★ A limited supply of VIP tickets is available for purchase only until Sunday, September 17. As a VIP, you'll enjoy a delicious catered reception (5 - 6 pm) where you'll meet our 12 finalists and our judges. Next, when the show begins at 6:30 pm, you'll have the best seats in the Pavilion auditorium.



For more details and ticket information, please visit

http://TheVoiceSanJuans.wordpress.com/

COMMUNITY NEWS BRIEFS

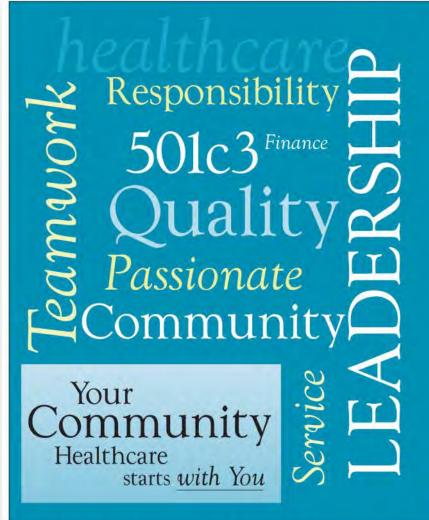
ROMANCING THE WEST @ SHERBINO IN RIDGWAY SEPT. 22

Special to Art & Sol

RIDGWAY-Travel through the American West in two riveting music-filled hours on Friday, Sept. 22 at the Sherbino Theater in RIdgway. Celebrating the faith and hope of the people of the Great American West, the story Romancing the West is a gentle unveiling of singer/songwriter Christina Lynn Martin's vision, including songs written about the West throughout history. This is a time-traveling, visual, musical concert spanning more than 240 years of the history of the people of the American West in the musical styles of their times, illustrated with historic photos and video. At the Romancing the West event on Sept. 22, attendees will enjoy highlights from the 1700's all the way through The Great Depression and the Golden Age of Hollywood, with performances by Cowboy Poet/ Balladeer Butch Martin & Singer/Songwriter Christina Lynn Martin.

More information and advance tickets are available at www.sherbino.org. Doors for the event on Sept. 22 are at 7:30 pm with the program starting at 8 pm. Tickets are \$15 in advance and \$18 at the door.

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MMHI Board of Director applications are now being accepted

Application deadline is August 31.

Learn more during our public board meeting August 28th, open to the public. More information and candidate application is available at www.MontroseHospital.com or in the hospital administration office.



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COMMUNITY NEWS BRIEFS

SUPPORT WESTERN COLORADO FRIENDS OF THE HIMALAYAS

Special to Art & Sol

MONTROSE-The annual fundraising event for the Western Colorado Friends of the Himalayas will be held at 7 pm on Sept. 8 in the Chipeta Room at the Ute Indian Museum in Montrose. Danika Gilbert, international mountaineer guide from Ridgway and recipient of the Western Colorado Friends of the Himalayas Peace Medal in 2016, will be the featured speaker for the event. Gilbert recently returned from her second mountaineering adventure leading young Afghan women.

Gilbert will share her incredible story of persuading local Afghan conservative elders and fathers to release their Muslim daughters to her care to learn leadership skills through an ambitious program of mountaineering in the remote Panjshir Valley of the Hindu Kush Range in Afghanistan. The young women on the first trek, despite unrest in the area by the Taliban, climbed an unnamed 17,000-foot mountain peak and named it "The Lion Daughters of Mir Samir" in honor of their accomplishment.

"We are looking forward to Danika's slides and report about her incredibly successful program empowering young women in Afghanistan through mountaineering," said WCFH President Val Burnell. "We are pleased to support Danika's work for peace and to share her success with the community." Burnell will give an update on WCFH's current projects.

The event is free and family-friendly and

donations will be accepted to support the WCFH's humanitarian projects in Nepal, Tibet and other Himalayan countries. WCFH also supports local community cultural and educational programs, including contributing to the new children's educational programs at the Ute Indian Museum. A silent auction will be held and chai and treats will be served. "All money contributed goes directly to support our projects," Burnell explained. "Our personal contacts in Nepal and other countries insures that all money contributed is used specifically for each project." The WCFH is a 501(c)(3) nonprofit organization and is guided by an all-volunteer board of directors. For more information contact Burnell at 275-3671.

DAVID STARR TO PERFORM AT KAFM RADIO ROOM SEPT. 9

Many Older Adults Need Our Help... in the most fundamental ways.

- **FOOD:** In the most affluent country on earth, seniors have to choose between food and medicine.
- SHELTER: Imagine having to find a decent, secure place to live on an income of \$800 per month.
- SAFETY: For older adults, home can often become a dangerous place without proper repairs.
 - SUPPORT: Sometimes we all need a little help from our friends.
 - CARE: When living at home is no longer an option, we can help.
- **CONNECTIONS:** When you outlive all of your friends and family, who do you turn to?

We provide a connected network of services that make a significant difference in our part of the world.

Join us in supporting our vision to enrich and uplift the lives of our local older adults.

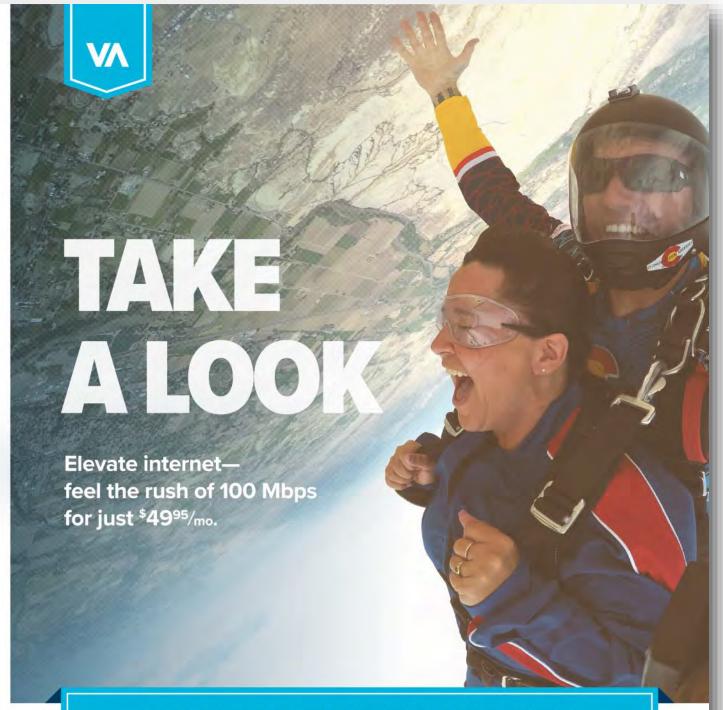


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Starr on Sept. 9. Doors open at 7 pm, Show at 7:30 pm. With Arkansas roots and Colorado wings, David Starr has been making music since the age of 10. He is an Americana singer/songwriter, multi-instrumentalist and producer with hundreds of live shows and seven releases under his belt both as a solo artist, duo artist and member of the David Starr Band. He released a new six-song EP entitled *The Head And Heart* produced and arranged by John Oates in April of 2017.

Tickets are \$12 in advance and \$15 at the door and may be purchased by calling (970) 241-8801, Ext 223 or online at www.kafmradio.org. The Radio Room is located at 1310 Ute Avenue, Grand Junction, CO 81501. Doors open at 7 p.m.



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NOTES FOR THE JOURNEY...

Exploring Classical Music With Rob Brethouwer TO INFORM AND EDUCATE IS NOT ELITIST, BUT ESSENTIAL

The topic of the column this week will veer just a bit off course to address some questions and comments this author has received about this column and its topics. We will return to our regularly scheduled program of George Gershwin during the rest of September. It is important that comments are not left to drift aimlessly in the ether and that are brought down, bunched together, and codified in a way that hopefully addresses them adequately. Whether compliments or complaints, these comments are worth discussing and being brought to the attention of other readers. After all, this is a column for all readers with a common goal of providing basic knowledge and background about opera, chamber music, and classical music. Readers should not be in a vacuum of doubt, misunderstanding, or even minor angst about what they are reading. This column will be an attempt to get the topics on the table and provide some input, reasoning behind topics, and answers to the questions that have been posed by others.

The task is to gather the sum of the comments and questions and put them into a nice ball that can be addressed as one

topic. After some thinking, this topic appears to fall under the title "the content is too difficult" with a subtitle of "please dumb it down for regular people to understand." The easy answer to this comment is no that will not be happening. In no way is this column written in a way that is meant to talk above people, or to put it more clearly, to talk down to them. The entire purpose of this column is to provide background for people so that they can obtain a nugget of understanding about the topic. After reading the weekly articles, it is up to them if they want to pursue the topic any further. If what they read is enough and the simple overview is adequate then great. The topics being discussed are not in their entirety overly difficult or as one person said, "really elitist and that are not necessary." If the topic is seen elitist then that is fine. This author will not attempt to defend the perceptions and beliefs of certain people. In fact, I would agree that this topic is in fact on the elitist end of the spectrum and has been since the beginning of the 20th century when the music was far enough in the past to be seen in a way that was never intended. In fact, when most of this music

was written, it was written for "common" people and enjoyed in settings that would be equivalent to live music at a large bar today. It is only with reflection on the past that this music and the topics presented here are seen as elitist and overtly intellectual. The short-term goal of this author is to actually expand the topics presented here and to expand the knowledge base. Articles will consist of more music examples, historical references, and a list of suggested reading. The basics have been provided over the course of the last 111 weeks and the only place to go from here is forward and above and beyond. The more obscure composers of the genre will be discussed and examples of why their music is important will be laid on the table. The topic of music theory will continue with some more advanced topics. It is the topic of music theory that this author will admit can be on the difficult side and is presented because it is an integral part of the overall focus of this column and the information is important to have on the table. As we move forward, those that did not understand prior articles on music theory will likely be left behind. This is not being done because of elitism or because

Continued next pg



Dementia Care – Validation Support Group Meets the 2nd Thursday of every month 2:00 – 3:00 pm

Bring your loved one and activities will be provided while we meet.

Our group is open to anyone wanting to learn more about dementia or Alzheimer's disease, caregivers taking care of a loved one at home, or friends and family members who want to lend extra help from time to time.

Valley Manor Care Center Memory Care Community

1401 South Cascade Ave., Montrose

Led by Brandi Garcia
Certified Dementia Care Validation Instructor
970-249-9634 or 970-275-6115

Email: bgarcia@voa.org



TO INFORM AND EDUCATE IS NOT ELITIST, BUT ESSENTIAL From Previous pg

The author is looking down on the reader, but because the knowledge base must and will be expanded.

Readers should look at the articles on theory and take what they can out of them. If nothing makes sense that is just fine, simply knowing what kind of building blocks are used in music is enough and knowing the complete picture should not be a goal or a concern.

The main purpose of this column is to educate the reader on the topic and to hopefully provide enough background so that the reader finds they want to explore the topic further on their own.

In my opinion, learning new things should be a challenge and should not be too easy. Where does the learning and expansion of knowledge take place in a setting that is too easy? Challenging ourselves mentally should be seen as an adventure and a journey and not a burden or something that must simply be endured. For someone with absolutely no

background, this topic is without question difficult. It does take a good amount of time to feel comfortable with it and to have a basic foundation of what the genre is all about. To become a competent beginner in this topic takes some work and some time to acquire the necessary background. This point will not be argued by this author and will be accepted as fact.

For those who still see this column as too elite, intellectual, and difficult, the reader will be provided with a reading list at the end, composed of examples of true intellectual writing on music. These writings are at a level so far above the content of this column that a comparison can barely be made. The first author is Alfred Brendel, a concert pianist and one of the great interpreters of the piano music of Beethoven. His essays on music are astoundingly interesting and take a high level of concentration to understand at even a moderate level. Father M. Owen Lee is one of the great writers about

opera and his essays are short stories with wonderful descriptions of the music being heard. He has written many books and this authors favorite will be included in the reading list.

The Music Critic Andrew Porter has a wonderful way of reviewing musical performances and can elegantly destroy a performance with words...without appearing to be mean or overtly harsh. His writings were some of the first this author read as a 10 or 12 year old and they have stuck in my mind ever since.

Personally and professionally, this author will always and forever fight against the rising tide of anti-intellectualism. I would rather fall in the category of being a snob than being described as someone who is indifferent, without interests, and worst of all, normal.

The desire to educate and to provide information on a topic should never been seen as elitist. In fact, it is likely the best means of bringing people together.





Up Bear Creek by Art Goodtimes

Fruita hosts Western Slope Lit Fest



Kim Nuzzo performs Multitudes, his oneperson Walt Whitman show (photo by Art Goodtimes).

JACK MUELLER AT THE LITHIC ... "Nobody Listens to Poetry" reads the front door's Kyle Harvey poster homage to legendary San Francisco poet's poet, Jack Spicer, at Lithic Press's upstairs bookstore & gallery in Fruita ... Certainly the culture at large has limited use for poets - quirky often hermetic artists of widely varying styles whose skills are hard to capitalize on commercially. And most of the public has long been won over to music, marginalizing spoken word ... But there's some crossover. Rap. Slam. HipHop. Performance poets from the West Coast have a long history of doing poetry to music. Of making a reading a show, not a colorless reading of obtuse texts ... It was San Francisco's famous Lawrence Ferlinghetti who said, "I've seen the best minds of my generation destroyed by boredom at poetry readings" - doing a riff on a line from Allen Ginsberg's "Howl" ... Jack Mueller made his name in poetry living in that North Beach milieu where poets Ginsberg, Snyder, Rexroth and McClure got their start. In the 70's, 80's and 90's, Jack gained a reputation among the post-Beat poets in the Bay Area literary scene with his readings and cultural performances. As Ferlinghetti is quoted in Mueller's obit (he died earlier this year), "Jack Mueller is the biggest-hearted poet I have ever known" ... For those of us who live and breathe poetry here on Colorado's Western Slope, we had the good fortune of Jack settling for the last 15 years or so up on Log Hill



Dr. David J. Rothman, Western Slope Poet Laureate, leads a discussion of Belle Turnbull Saturday morning at the Jack Mueller Poetry Festival (photo by Art Goodtimes).

Village, overlooking Ridgway. It was his hermitage. And many of us made a pilgrimage up to see him, to chat and track wild critter movements as well as the arc of the lyric valuables ... In his honor, poet and publisher Danny Rosen of Lithic Press organized the first Jack Mueller Poetry Festival last weekend at his Fruita bookstore.

THE LINE HAS SHATTERED ... I missed the afternoon showing of Robert McTavish's film of the 1963 Vancouver Poetry Conference with the likes of poetry legends Charles Olson, Allen Ginsberg, Denise Levertov and others. But it's available on Vimeo. I watched the trailer https://vimeo.com/60036134 and of my 2094 fellow viewers, only two liked it. I thought it was great ... As the JackFest program noted, "This documentary does much to explain the trajectory of the Open Field practices that began with the San Francisco Renaissance and unfurled from coast to coast for the next five decades."

FRIDAY NIGHT ... Placerville's riveting



Art Goodtimes reading at the Jack Mueller Poetry Festival Aug. 25 at the Lithic Bookstore in Fruita (photo by Kyle Harvey).

Rosemerry Wahtola Trommer led off the poetry performances, followed by the lyrical Dr. Adam Houle of South Carolina (Lithic has just published his book *Stray*), yours truly doing some Budada poems (one of Jack's aliases), and for a finale the inimitable Judyth Hill of Conifer taking us on a romp in the lyric stratosphere. Afterward, an open mike gave lots of poets from around the state a chance to share a poem.

BELLE TURNBULL ... Dr. David Rothman, professor at Western State Colorado University in Gunnison and Western Slope Poet Laureate, led a Saturday morning discussion of Colorado's sensational, almost-forgotten and now rediscovered Belle Turnbull, winner of the Harriet Monroe Memorial Prize from *Poetry Magazine* in 1939. Rothman has just published a collection of essays on Turnbull with Pleiades Press. Her powerful and well-researched depictions of miners from the Breckenridge mining camp where she and her lesbian novelist lover lived and worked marks her as a Colorado original.

MULTITUDES ... Kim Nuzzo performed a gripping one-person show taking on the persona of American poetry icon Walt Whitman. Written by his wife Valerie Haugen Nuzzo, the performance held the audience enthralled with huge swathes of Whitman's life and experiences, sometimes in his own words and sometimes as

Up Bear Creek by Art Goodtimes

story.

THE GATE ... That's the name of Jack Mueller's "essay in open form" (See The Line Has Shattered item above), inspired from a series of discussions in the basement of the Golden Flyer waterfront restaurant in San Francisco and finally published by Lithic three years ago. It is a daring, experimental, wildly scattered montage of images, facts, metaphoric insistences all relating to language and poetry ... Rosen read the entire piece, and then led the assembled in a discussion of this

SATYRDAY NIGHT ... Sommer Browning of Denver did a smart set of witty urban pieces in an irreverently gonzo style to start. Palisade's Wendy Videlock is our Western Slope poetry star, her distinctive poems appearing in multiple national magazines. She honored Jack with some beautiful pieces. And Jack's San Francisco buddy Neeli Cherkovski, a scholar of poetry, gave a bardic performance fit for the Savoy-Tivoli in North Beach.

enigmatic but tantalizingly luminous work. SUN DAY ... The festival closed with a Gourd Circle at Rosen's rural home outside Fruita -- where the beaver of a nearby stream are locked in a year-long effort to flood Rosen's creekside yurt, while he is just as determined to prevent that, knocking down beaver dams almost every morning. Which they rebuild every night. An epic struggle. The kind of lyric madness that Jack always encouraged ... It sounds like Lithic has started a new poetry tradition for Colorado's Western Slope, with Budada lurking in Colorado River willows, urging the poets on.

THE TALKING GOURD

from The Alphabet's **Book of Psilosyllabics**

-for Art Goodtimes

Will me into symphony, Mozart. Patch me into time forever still & oscillate me into oneness.

Synthesize me, thumb me like a seed into quantum wilderness, love me patiently the way a mother might.

Wash me ashore wise from the river Saraswati, true. Deliver me lokta-wrapped metaphors at sunset,

roll hummingbirds over in slow mo— —ocean, show me a language for love which can light itself up in the dark.

The Montrose Mirror | September 4, 2017

GROW WEALTHY...BUILD HEALTH & WELLNESS!



Michele Gad is a Certified DelGiacco Neuro Art Therapist and runs a business, Focus, Attention, Memory Exercises (F.A.M.E.)

Indian Summer is in the air and subtle tinges of autumn color are already peeking out in the high country. Many of us are chopping, dicing, slicing, pick-

ling, canning, freezing and dehydrating summer's bounty. While my cache will hold me over until next gardening season, I

still have to rely on local grocers to fill in the blanks and don't mind admitting that grocery shopping is not my favorite activity. The best part about my trips to the store is running into friends and acquaintances for a quick chat. The worst part is not only figuring out what aisle or "end cap" they have relocated my favorite green tea to but also weeding through the endless new products that are organic, natural, vegan, non GMO and gluten-free. Gluten-free products are of particular interest to me as I have numerous friends with celiac disease. Sept. 13 is Celiac Dis-

ease Awareness Day and I would venture a guess that many of you know or have known somebody with celiac.

Celiac disease is a serious genetic autoimmune disease that pproximately 1 in 133 Americans, or about 1 percent of the population has. Studies estimate that 83% of Americans who have celiac disease are undiagnosed or misdiagnosed with other conditions. 5-22 percent of people with celiac disease have an immediate family member (first degree relative) who also has celiac disease. It is triggered by consuming the protein called gluten, which is found in wheat, barley and rye. When people with celiac disease eat foods containing gluten, their immune system responds by damaging the finger-like villi of the small intestine. When the villi become damaged, the body is unable to absorb nutrients into the bloodstream, which can lead to malnourishment.

infertility, irritability, itching, joint pain, pale mouth sores, thin bones, tingling/numbness, poor weight gain, delayed growth in children and more.

Many people with celiac disease do not have any symptoms at all. This is known as asymptomatic celiac disease. It is unclear why some people have symptoms while others do not.

However, people without symptoms will still have intestinal damage if they ingest gluten, even if they do not get sick.

Left untreated, people with celiac disease are at-risk for serious health consequences, like other autoimmune diseases, osteoporosis, thyroid disease, and even certain cancers.

If you have symptoms of celiac disease (or have a close relative with celiac), especially ones that last a long time, there is a blood test you can request from your healthcare provider to determine if you have celiac disase. There are no pharmaceutical treatments or cures for celiac disease. A 100% glutenfree diet is the only existing treatment for celiac disease today. Please feel free to contact me at MicheleGad.fame@aol.com or 970-948-5708 if you have questions, comments or suggestions.



Introducing Independent Living at The Homestead at Montrose

If you are over 55 and independent but would like to live in a community offering socialization and peace of mind, schedule a tour of our private one and two bedroom apartments. We're conveniently located across from the Montrose Pavilion Senior Center.

Rent includes:

- · All utilities: cable television, Internet and phone
- · One nutritious meal per day
- · Laundry privileges
- · Socialization and invitation to all activities

Pricing starts at \$1210 per month, new residents only.

Call or email Denise Swanson, Residence Director to schedule a tour. **970.252.9359** | dswanson@voa.org | 1819 Pavilion Drive, Montrose



COMMUNITY NEWS BRIEFS: ARTS & CULTURE

WEEHAWKEN DANCE FALL SESSION BEGINS SEPT. 5 IN MONTROSE, RIDGWAY & OURAY

Special to the Mirror

REGIONAL-Weehawken Dance begins a new fall season of dance Sept. 5, offering a variety of classes including ballet, hip hop, jazz and tap for ages 2.5 to 18 in Montrose, Ridgway & Ouray.

This dance session will run for 12 weeks and culminates in a performance of "The Nutcracker" on Dec. 9 and 10 at the Montrose Pavilion. Dance class tuition ranges from \$162 for a 45-minute class to \$285 for a 120-minute class. There is an additional \$35 fee per class for any student wishing to perform in the Nutcracker and also a \$25 annual registration fee per stu-

This season, Weehawken Dance has added a number of new offerings including Storybook Ballet, a non-performing ballet class for ages 2.5 to 5, Mix It Up Jazz for grades 6-12, and a year-long Creative Dance program for ages 9-18. The program has also added non-performing aerial silks to their Montrose schedule, run-

ning Wednesday evenings at Black Canyon Gymnastics for ages 10 and up.

Students are encouraged to register in advance through Weehawken Creative Arts at www.weehawkenarts.org or by calling Weehawken at 970.318.0150. A number of classes fill prior to the beginning of the session, so pre-registration is strongly encouraged. More details are

at www.weehawkenarts.org or facebook.c om/weehawkendance.

BEAUTY & BRAINS WORKSHOP IN GRAND JUNCTION SEPT.

Special to Art & Sol

GRAND JUNCTION-On Sept. 13, the RADIO ROOM proudly presents a Life Long Learning Beauty and Brains Workshop "The Wise Woman's Forum," from 11:30 a.m. to 1 p.m. at 1310 Ute Ave. KAFM Radio. Presenters for our September Workshop are: Yvonne Rowland-Manager of Community Bank, speaking on Fraud and your

money. Mary Hertert owner of Color Creek Fiber Art and Elizabeth Wheeler who writes the blog: Ladies of a Certain Age, will be speaking on "Fashion Trends" Linda Wethington-Mutual of Omaha Women and managing personal finances. Alison Brinkley from First Light Home Care will be sponsoring the workshops again this year with light refreshments. Join us

for a lunch hour of fun and education.

The workshop will be "Forum" style which will enable the audience to ask questions and interact with the present-

Contact: Linda Wethington beautyandbrainsworkshop@gmail.com Like us on Facebook: Beauty and Brains workshop, 970-260-2099.



MENTAL HEALTH FIRST AID

Be the Difference

Let's make Mental Health First Aid as common as CPR



Mental Health First Aid is a public education program that introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact and overviews appropriate supports. This 8-hour course uses role-playing and simulations to demonstrate how to offer initial help in a mental health crisis and connect people to the appropriate professional, peer, social and self-help care.

Mental illnesses are treatable health conditions very common in the world today.

They can affect anyone, regardless of age, race, religion, or income. But people are still afraid to talk about them due to shame, misunderstanding, negative attitudes, and fear of discrimination.

A mental illness is:

- A medical condition disrupting a person's thinking, feeling, mood, ability to relate to others, and daily functioning.
- Common. One in four people will develop a mental illness in their lifetime.
- Treatable. Most mental illnesses can be treated effectively with medication, therapy, diet, exercise, and support.

A mental illness is not:

- Imaginary. Mental illnesses are very real and very common.
- Something to "get over." Mental illnesses cannot be willed away.
- A character flaw. Mental illnesses are medical conditions that do not define us.

An illness can be caused by:

- Trauma. Sometimes traumatic events can play a role in triggering a mental illness.
- Chemical imbalance. Chemical or biochemical changes in the brain can be factors.
- Genetics. Some mental illnesses get passed along from one generation to the next.
- Environment. Exposure to toxins, illnesses, drugs, or alcohol can affect the developing brain in utero.











darthur@montrosecounty.net

970-252-5011

SIM

http://www.centermh.org/

REGIONAL NEWS BRIEFS

RETRACE THE NORTH BRANCH OF THE OLD SPANISH TRAIL

Special to Art & Sol

DELTA- On Sept. 9, William Bailey and friends will retrace the North Branch of the Old Spanish Trail located west of Delta. The historic route of the National Historic Old Spanish Trail is located on our Public Lands. Bailey and friends will retrace the trail from the power lines west of Delta crossing through BLM and CPW (Escalante Wildlife Area). The mule pack train will cross at the location of the historic Ford of the Gunnison River and exit south via Sawmill Mesa Road riding on into the Fort using the back roads.

Please RSVP no later than Wed, Sept. 6...please call 970-874-8349. Limited to the first 50 RSVP's.

Please feel free to bring a folding chair. The Interpretive Association will provide bottled water. The Interpretive Association has arranged for transportation to take folks out to the Scenic Overlook of the Old Spanish Trail, Saturday, Sept.

9. Please plan to meet at the Fort Parking lot across from Bill Heddles Recreation Center, 440 N. Palmer Street. no later than 7:45 am. Should be ready to head back to Delta no later than 10 am.

MONTROSE COMMUNITY BAND TO PLAY FREE CONCERT ON OCT. 1 @ THE MONTROSE PAVILION

Special to Art & Sol

MONTROSE-Join the Montrose Community Band on Sunday, Oct. 1st at 3 p.m. in the Montrose Pavilion Auditorium for a free concert. The concert entitled The Color of Music will feature various styles of music with a color in the title. For more information visit www.montroseband.com or call 970-596-1188.



FAMe

FOCUS · ATTENTION · MEMORY EXERCISES

EAM® is a series of customized exercises, designed to develop new neural pathways in the brain (referred to as neuroplasticity), which can improve focus, attention and memory. The program embraces a holistic approach to brain health, provided in the client's home.

Did you know?

- Normal memory loss can begin as early as age 20, but is generally noticeable around age 45.
- Decreases in focus, attention and memory can result in loss of independence and major life changes at any age.

Benefits healthy aging adults and may effectively treat:

- Stroke Survivors
- Youth & Adult ADD/ADHD
- Alzheimers & Dementia
- Depression & Anxiety
- Traumatic Brain Injuries
- PTSD

Michele Gad is a Certified DelGiacco Neuro Art

Therapist, who passionately and compassionately assists individuals with cognitive or mental health challenges to live life as fully and independently as possible. With an eclectic background in business, art, yoga, meditation and education, she developed FAME in 2010 to better assist her clients. Each session is specifically designed to meet client's individual needs, goals, abilities and level of commitment...and have fun! Therapeutic drawing exercises using line, design and color can help form new connections that can improve focus, attention and memory. This is the foundation of FAME.

Contact Me for a Free Consultation!

Michele Gad 970-948-5708

MicheleGad.fame@aol.com

REGIONAL NEWS BRIEFS

SAVOR THE SAN JUANS: FABULOUS HOMES, LOCAL BOUNTY, TALENTED CHEFS

Special to Art & Sol

chefs.

The result is a regional event that takes MONTROSE-The Fifth annual Savor the place this year on Sunday, Sept. 10, from of the event and owner of Pine Cone Ca-San Juans event brings together a sumptu- 10 a.m. to 4 p.m., in support of two area ous home tour while highlighting the rich nonprofit organizations: Valley Food Partdiversity of local foods prepared by area nership and the Montrose Community Foundation.

Chef Heather Crane, a three-year veteran tering Co., loves "the marriage of concepts" that the event folds into one. "My dwelling and food are always at the top of my happy list," said Crane. "I love that this event brings together a local demographic also sharing in these passions and in such an unconventional way -- it's the perfect afternoon stroll of food, beauty, and living!"

A chef who's been cooking up creative and fun cuisine in Montrose establishments for 20 years, Chef de Cuisine at Remington's at The Bridges Lacey Huntley commented on the importance of using fresh ingredients that hold more nutrition. provide better taste, and benefit the local economy by supporting local producers and businesses. "I like to know where my ingredients are coming from and what goes into them," she said. "How they're raised and grown is important to me."

Crane agrees. "Buying local foods is important to me because it allows me to keep dollars circulating in our community," she stated. "It's a way to support my local farmer friends, as well as give my clients a product that has not been overly stored, transported, and/or handled."

Along with a full array of regional culinary talent who will be preparing seasonal tastings from the farms and ranches of Valley Food Partnership, the craftsmanship of local contractors, florists, and table decorators will be on full display at each decorated home, too. Nearly 60 other local businesses - contractors, florists, bakers, vintners, and home design specialists -- join forces to benefit the two community nonprofits.

Early bird tickets are available until Sept. 1 at the following Montrose locations: Montrose Farmers Market, Timberline Bank, The Bridges Pro Shop and Tiffany, Etc. Tickets are available online by searching for Savor the San Juans at BrownPaperTickets.com.

The tour benefits the Valley Food Partnership and the Montrose Community Foundation.



come play with us



Tokens of Affection

by Topher Payne

September 8, 15, 16, 23 & 24 @ 7:30pm Matinées September 10 & 17 @ 2:00pm

Directed by Scott Pollak

general ticket sales begin ONLINE august 25 MagicCirclePlayers.com









ESTABLISHED 1959 970-249-7838 420 South 12th Street

Montrose, CO 81402

MIRROR IMAGES...OURAY HIGHGRADERS HOLIDAY





The annual Ouray Highgraders' Holiday mining competitions were held Aug. 25 at the Ouray Miners Park. Pictured are (clockwise from top left) Nathan Judd (machine mucking); Ron Williams Sr. (machine mucking); Ron "Bumper" Williams, Jr. (warming up 12B Mucker); Richard Weber III and LiErin Wilson (team machine drilling.) Courtesy photos by Stefani Judd.





FORT UNCOMPAHERE

presents

Mountain Men and the Stars

with

Brenda Harvey
Solar System Ambassador

FRIDAY, SEPTEMBER 29th
5:00 PM - 8:00 PM
Fort on the Old Spanish Trail

OPEN TO THE PUBLIC FREE

Come learn about the stars and what life was like in the 1830s

Special Presentation by

Thunder Mountain Colorado Living History Group: James Clyman, American Frontiersman, 1792-1881

Hands on Activities for kids and their families, including building a solar system with beads and constellation charts

Re-enactors in period clothing

The Fort 440 N. Palmer, Delta CO across from Tractor Supply 970 874-8349



COMMUNITY NEWS BRIEFS: ARTS & LEADERSHIP

WCLCC FIFTH ANNUAL WESTERN COLORADO HISPANIC ADVANCEMENT AWARD

Special to Art & Sol

GRAND JUNCTION - In an effort to support, encourage, and recognize the individuals making a difference in the Latino community, the Western Colorado Latino Chamber of Commerce (WCLCC) presents its fifth Annual Western Colorado Hispanic Advancement Award to the 2017 recipient, Jerome Gonzales, of J.G. Management Systems (JGMS). Jerome started JGMS in 2001 and in 2013, the company became 49.5 percent employee-owned. Among Jerome's and JGMS' many contributions: JGMS has provided over \$127K to the Riverside Educational Center; For many years, JGMS has sponsored and assisted in Entrepreneurship Day with CMU; Jerome has partnered and mentored many small businesses; Jerome serves on multiple boards within the community: GJ

Business Incubator, Riverview Technology Corporation, Society of American Military Engineers; JGMS and Jerome are involved in the Daniels' Fund Ethics Program, Warrior Resource Center, Young Entrepreneurship Academy, Challenger Baseball; The award is given to a person who has advanced the Hispanic culture through volunteering, promoting employment opportunities, increasing cultural awareness, cultivating educational opportunities, and/ or promoting economic development for the Hispanic community on the Western Slope. The delivery of the award will take place during the kickoff of Hispanic Heritage Month (HHM), which will be held at 5.30 p.m. Friday, Sept. 15 at the Art Center, 1803 N 7th Street, Grand Junction, Colo. WCLCC membership is not a reguirement and all are invited to attend.

Founded in February of 2013, The Western Colorado Latino Chamber of Commerce has rapidly become the portal to the Hispanic community, and the "go-to" source for organizations or individuals looking for Spanish-English interpreters and translators, as well as cultural consultation on marketing to the Latino population. The WCLCC provides its members with an array of member services including monthly business trainings and networking events. The WCLCC is also a sponsor of the annual celebration of Hispanic Heritage Month.

For more information about the Western Colorado Latino Chamber of Commerce and/or Hispanic Heritage Month, please email <u>in-</u>

<u>fo@wclatinochamber.org</u> or call Jorge Pantoja at 970-361-8143.

Hold the Date! Upcoming Business and Cultural Events

ONGOING-

RIDGWAY'S TRUE GRIT WALKING TOURS-The Ridgway Area Chamber of Commerce now offers a one-hour walking tour commemorating the filming of the original *True Grit*. In the movie, Ridgway is depicted as Fort Smith, Arkansas. Tour attendees visit nine sites within a two-block area in downtown Ridgway: the railroad depot, gallows, livery stable, mortuary, Chen Lee's place, the courthouse facade, True Grit Cafe (built in 1986 as a tribute to John Wayne and *True Grit*), the saloon and the grocery. Dave's Mountain Tours (970-728-9749, *davesmountaintours.com*) transports visitors to remote *True Grit* sites—Last Dollar Road, Owl Creek Pass, Katie's Meadow and the snake pit. Walking tour participants meet their guide at the Ridgway Visitors Center (150 Racecourse Rd, just west of the intersection of highways 550 and 62) Fridays at 10:45 am from May to October. Admittance is \$10 for ages 12 and above. (Children are free.) A group of six or more may request a tour anytime throughout the year.

OURAY MUSEUM-The Ouray County Historical Society Museum is now Open. Further inquiries please contact 970-325-4576,

Email: ochs@ouraynet.com or visit our website: ouraycountyhistoricalsociety.org.

MONTROSE SENIOR CENTER LUNCH & LEARN: \$3 lunch& Learn, admission to program, is free. Lunch \$5. Lunch @ Noon, program @ 1 p.m. FRIENDSHIP FORCE INTERNATIONAL, non-profit organization, was founded and introduced to the world at a ceremony held at the White House on March 1, 1977. FFI provides opportunities to explore new cultures by bringing people together at the personal level. Friendship Force of western Colorado's regular monthly meetings are scheduled for the 3rd Thursday of the month. Meeting location - Red Cross Training Center, 5th and Gunnison in Grand Junction, 6:15 p.m

THE ALPINE PHOTOGRAPHY CLUB meets every second Tuesday at St. Mary Catholic Church in the St Paul Room, 1855 St Mary's Drive, Montrose. The Public is welcome to attend. For more information, email <u>alpinephotoclub@aol.com</u>.

FREE JAM SESSION AND SING ALONG, Mondays from 4 to 6 p.m. at the Montrose Pavilion Senior Center.

MONTROSE HISTORICAL MUSEUM-"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

MONTHLY-

Sept. 5--Weehawken Dance begins a new fall season of dance Sept. 5 in Montrose, Ridgway & Ouray. Students are encouraged to register in advance through Weehawken Creative Arts at www.weehawkenarts.org or by calling Weehawken at 970.318.0150. A number of classes fill prior to the beginning of the session, so pre-registration is strongly encouraged. More details are available at www.weehawkenarts.org or facebook.com/weehawkendance.

Sept. 7-Do you have a funny story? A passion you wish to share? Something that gets under your skin? Or really anything you want to talk about for five minutes? Sherbino Ignite is all about fast and fun presentations. Speakers must build their presentations with 20 slides, each of which is shown for 15 seconds, giving each speaker five minutes of fame. Ignite presentation topics can be on almost anything, making the possibilities endless. For more information on the Sherbino Ignite event, or to sign up as a presenter, please email: info@sherbinotheater.com.

Sept. 7-The Alpenglow Cohousing Group of Ridgway invites the public to an open house Sept. 7 to discuss its progress toward building an intentional and sustainable community in Ridgway and to answer any questions that may arise. The open house will start at 5:30 p.m. and is expected to be over by 8 p.m. Light refreshments will be served and there will be a short presentation with a video at 6:15. For more information call Kathy Graff, 325-0405; kathyg@ouraynet.com.

Sept. 8-10-Mountain States Ranch Rodeo, Montrose County Fairgrounds. Visit <u>mountainstatesranchrodeo.com</u> for more information and full schedule of events.

Sept. 8-The annual fundraising event for the Western Colorado Friends of the Himalayas will be held at 7 pm on Sept. 8 in the Chipeta Room at the Ute Indian Museum in Montrose. Danika Gilbert, international mountaineer guide from Ridgway and recipient of the Western Colorado Friends of the Himalayas Peace Medal in 2016, will be the featured speaker for the event. The event is free and family-friendly and donations will be accepted to support the WCFH's humanitarian projects in Nepal, Tibet and other Himalayan countries. WCFH also supports local community cultural and educational programs, including contributing to the new children's educational programs at the Ute Indian Museum. The WCFH is a 501(c)(3) nonprofit organization and is guided by an all-volunteer board of directors. For more information contact Burnell at 970-275-3671.

Sept. 9-The Black Canyon Chapter of the Audubon Society is ramping up its fall activities with the Annual Ouray Bird Count and Bird Banding pro-

Sept. 9-The Black Canyon Chapter of the Audubon Society is ramping up its fall activities with the Annual Ouray Bird Count and Bird Banding project at Ridgway State Park in early September. Local Audubon members will meet with all those interested in joining in the bird count at 8 A.M. in the Park Visitor Center parking area on Sept. 9 and 10. Those interested in the banding can come to the Dallas Creek Banding Station on the south entrance to the Park Sept. 9 from 8:30-11 a.m. For more information contact Bruce Ackerman, 727-858-5857.

Sept. 9--William Bailey and friends will retrace the North Branch of the Old Spanish Trail located west of Delta. Please RSVP no later than Wed, Sept. 6...please respond to this email or call <u>970-874-8349</u>. Limited to the first 50 RSVP's. Please feel free to bring a folding chair. The Interpretive Association will provide bottled water. The Interpretive Association has arranged for transportation to take folks out to the Scenic Overlook of the Old Spanish Trail, Saturday, Sept. 9. Please plan to meet at the Fort Parking lot across from Bill Heddles Recreation Center, 440 N. Palmer Street. no later than 7:45 am. Should be ready to head back to Delta no later than 10 am.

Sept. 9-The KAFM RADIO ROOM Proudly Presents David Starr on Sept. 9. Doors open at 7 pm, Show at 7:30 pm. Tickets are \$12 in advance and \$15 at the door and may be purchased by calling (970) 241-8801, Ext 223 or online at www.kafmradio.org. The Radio Room is located at 1310 Ute Avenue, Grand Junction, CO 81501. Doors open at 7:00 p.m. Show at 7:30pm.

Sept. 9-7:30 p.m. – APOLLO CHAMBER BRASS QUINTET. The Ouray County Performing Arts Guild's second annual Dave and Mary Wood Classical Concert Series wraps up with a rousing concert at the Wright Opera House featuring the Apollo Chamber Brass Quintet. Concert starts at 7:30 p.m. Tickets, \$25 at www.ocpag.org or at the door. Part of the 2017 Dave and Mary Wood Classical Concert Series.

Sept. 10--Savor the Flavor of the San Juans Fourth annual home and chef showcase from 10:30 a.m. to 4 p.m. Sept. 10. Tour your way through seven wonderful properties, whose luxurious kitchens will host area chefs. Toast the Tour from 1-4pm at The Ute Indian Museum with local beer, wine, cider and desserts. Tickets costing \$35 will be available online at www.valleyfoodpartnership.org/savorthesanjuans and at the following Montrose locations: The Bridges Golf Shop, Timberline Bank, Montrose Farmers Market, and Tiffany, Etc. After August 31st, ticket prices increase to \$40.

Give Back Days

At Mi Mexico Mexican Restaurant

Come enjoy a delicious meal and we'll donate 20% * of your total check to a local non-profit.

Every Wednesday...Every Month...All Day (11 am - 10 pm)

Over 200 entrees to choose from!

1st Wednesday: The Homestead at Montrose

2nd Wednesday: All Points Transit

3rd Wednesday: Black Canyon Boys & Girls Club

4th Wednesday: Valley Manor Care Center

5th Wednesday: Community Options Inc.

(Note: 5th Wed dates are: Mar. 29, May 31, Aug. 30, Nov 29th, 2017)

After dining, attach the coupon to the bill and deposit it in the box labeled "Give Back Days." 20% of your total bill will be donated to the designated charity.

SUPPORTING IS NOW DELICIOUSLY REWARDING.

*Coupon must be present

Mi Mexico Restaurant 1706 E Main St (Hwy 50) Montrose, CO 81401 (970) 252-1000 (970) 252-1111 Fax

MONTROSEM I R R O R

Contact the Montrose Mirror: 970-275-0646

Editor@montrosemirror.com

www.montrosemirror.com





"Post on Facebook Montrose Rocks...Keep or Rehide..."



Special to the Mirror

RIDGWAY-Kindergartener Gage Godbey show up to his first day at Ridgway Elementary School on horseback accompanied by his siblings and father, Ben Godbey, Monday. His older sister, third-grader Gentry Godbey, started the tradition four years ago, and first-grader Colt Godbey continued the tradition last year. The Godbeys are among the many local, ranching families who took part in the Ouray County Fair & Rodeo on Labor Day Weekend. (Courtesy photo by Bernadette Taylor).

