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### REMEMBERING 911 AND LIVES LOST TOO SOON...LET'S ROLL!

# ONTROSEM I R R O

Issue No. 237 Sept. 11, 2017

# DREAMS TAKE OFF @ 2017 TRIBUTE TO AVIATION



Visitors tour aircraft at the 2016 Montrose Regional Airport Tribute to Aviation. Mirror staff photo.

By Caitlin Switzer

MONTROSE-Not only planes, but dreams take off here. And at the Montrose Regional Airport 2017 Tribute to Aviation on Sept. 16-17, dreamers of all ages are welcome. Bring the family, meet the pilots, and tour an astonishingly diverse array of commercial, military and general aircraft. Hours are from 9 a.m. to 4 p.m. both Saturday and Sunday. As the web site notes, the Tribute to Aviation is an aircraft static display event, allowing you to tour specialized aircraft from across the country and interact with pilots and aircrew.

"This year we will have an even larger variety of aircraft than we have had in the past," Montrose Regional Airport Director of Continued pg 4

#### CITY MANAGER TO COUNCIL: 'WE'LL DO THE HILLCREST EXTENSION'

By Gail Marvel MONTROSE-To accommodate the Labor Day holiday, the regularly scheduled city council work session was moved from Sept. 4 to Sept. 5. Council met at 11 a.m. for the work session and then again at 6 p.m. for the regular council meeting.

**Discussion Items: Montrose Community** Foundation (MCF) Report to City Council -**Executive Director Sara** Plumhoff. Since 2013



Director of Business Innovation Chelsea Rosty (far right) presented the High Mesa Spirits Incentive Agreement to city council during the work session. Photo by Gail Marvel.

the City of Montrose has had a formal relationship with MCF and given the organization \$70,000. Those funds, which are then under the discretion of the foundation, have been used as grants for recreation, education, and basic community needs.

The total amount given by the city to the organization in 2016-2017 for Community Enhancements Grants is \$20,000. Plumhoff said, "We are not a political organization. We have the ability to take funds and help with community projects."

Next week MCF will begin accepting applications for the next grant cycle and

Continued on pg 15

**Art Goodtimes**' **Up Bear Creek!**  **Gail Marvel's** Houses of Worship! P.E.E.R. Kindness Stands Up to Bullies!

Roland McCook speaks about the Ute Bear Dance!

# GAIL MARVEL'S HOUSES OF WORSHIP - QUAKER SILENT WORSHIP GROUP 'In silence we may worship together...'

By Gail Marvel

Jesus said, "For where two or three come together in my name, there am I with them" (Matt 18:20 NIV).

MONTROSE-For the last four years the Quaker Silent Worship Group has shared meeting space with St. Paul's Episcopal Church. St. Paul's no longer has an active fellowship; however, the facility has shared space with the Quaker Silent Worship Group, the Community Spirit Church, Orchard Valley Christian Fellowship and the Boys and Girls Club.

St. Paul's is currently under contract for purchase by Celebration Church and with the exception of the Boys and Girls Club, the other groups currently meeting in the facility have 30 days to make different accommodations.

Nine older adults were present for the Quaker Silent Worship Group meeting on Sept. 3. Worship was followed by a potluck lunch and a business meeting to discuss location options, which may include meeting in homes.

Prior to the start of worship, senior citizen Mary Lou Anderson and I visited about the weather and the group's once-a -month potlucks, while two others held a sidebar conversation about the forest fires. Unlike other churches, this group has no meet and greet, introductions, announcements, hymns, prayers, or preacher...only silence. One poster on the wall read, "Silence is a natural demand born of a need for God, felt by young and old, in all the world's religions. In silence we may worship together, sharing our search for life, sharing our quest for peace, sharing God's gift of love." Friends General Conference of the Religious Society of Friends.

For an hour participants sat quietly in their seats, some with eyes closed and others reading books or pamphlets. Occasionally the silence was interrupted when



someone cleared their throat, took a deep breath, or had inopportune stomach growls. Even a sneeze from one participant did not warrant a response of "Bless You." For the first 10 minutes of the service I was in observation mode; however, it felt like an intrusion to watch people meditate, or take their photo while they were in the stillness of their minds. Keeping my eyes downcast I focused on the floor and the only thing that gave a slight semblance of movement...feet. There was one pair of clogs, two pairs of athletic sandals, one pair of hiking boots, one pair of footie-socks, two pairs of casual shoes and one pair of men's four-eyelet, tie dress shoes. In the silence the feet of the worshippers spoke volumes.

I spent the remainder of my silent time reading from the book of Matthew and taking a few notes. However, even the sound of simply turning the page of my *Bible* and the pencil strokes on the legal tablet seemed deafening. The lack of a preacher might be explained by another poster on the wall which read, "Be patterns, be examples in countries, places, islands, nations, wherever you come; that

your carriage and life may preach among all sorts of people, and to them. Then you will come to walk cheerfully over the world, answering that of God in everyone (italics included)." George Fox, Quaker 1624-1691.

Following the hour of silence participants join hands in a circle and shared the fruit of their meditation. One woman expressed an overwhelming sense of gratitude coming over her for all those in the group who have become like family. Another woman, who had just returned from vacation, gifted the group with small bottles of pure maple syrup that she brought back from New Hampshire.

There was no mention of God, Jesus, the Holy Spirit or any higher power. However, the Spirit within me said, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth" (Psalms 46:10 NIV).

Contact Information:

Quaker Silent Worship Group
2900 Sunnyside Road

Quaker Silent Worship Group 2900 Sunnyside Road Montrose, CO 81401 Sunday Worship 10:30 a.m. Call Bill at 970-874-8979



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contributions. 970-275-0646 www.montrosemirror.com editor@montrosemirror.com





#### FORT UNCOMPANGRE DEDICATED AS OLD SPANISH TRAIL SITE SEPT. 16

#### Special to the Mirror

DELTA-The official dedication of Fort Uncompahgre as the first Colorado Interpretive Site on The Old Spanish National Historic Trail will take place at 10:30 a.m. Saturday, Sept. 16, 2017 at the fort in Delta, Colorado. The ceremony will also occur during the fort's Mexican Heritage Celebration, Colorado Old Spanish Trail Days 10 a.m. - 4 p.m. Sept. 16. A variety of events will honor the Mexican trappers and laborers who once worked the fort. During the early and mid- 1800s, most of western Colorado was claimed by the Republic of Mexico. Fort Uncompahgre is located at 440 N. Palmer St. in Delta. For more information call 970 - 874 - 8349.





# DREAMS TAKE OFF @ 2017 TRIBUTE TO AVIATION <u>From pg 1</u>



Two Montrose brothers visit the 2016 Montrose Regional Airport Tribute to Aviation. Mirror staff photo.

Aviation Lloyd Arnold said. "We will have more vendors too, so you will have more choices when it comes to food."

The Tribute to Aviation is free to the public, Arnold said. Highlights will include a tiltrotor Osprey, and turn rotor Chinook

Helicopter. There will be flight simulators for kids, as well as a NASA exhibit in the terminal area concerning the history of aviation and space exploration.

"This event gives children an opportunity to learn about aviation," he said. "They can talk to professionals in the industry about careers, and learn about various aspects of aviation with having to pay. All families are welcome to come and participate."

As director of one of Colorado's leading airports, Arnold knows how exciting the world of aviation can be to a young person. A certi-

fied pilot, Arnold took on the top job at the Montrose Regional Airport at age 34, with a degree in aviation management and a masters' in public administration. Now 43, he intends to share that sense of excitement with the next generation. Putting on the annual Tribute to Aviation takes work and plenty of planning. Still, in just three years it has drawn greater attendance than any other local event.

"It's absolutely worth it," Arnold said. He thanked major sponsors Atlantic Aviation and Reams Construction Company for helping to keep the Tribute to Aviation free to all.

Other sponsors include Scott's Printing & Design; Cherry Creek Media; Ridgway Valley Enterprises; Corgan; CH2M; Republic Parking; Montrose Daily Press; Del Mont Consultants and Western Skyways.

"The Board of County Commissioners has been extremely supportive of the Tribute to Aviation," Arnold said. "They have been 100 percent behind it, and that really helps us out.

"It's going to be a great community event."

To learn more visit www.tributetoaviation.com.

# OPINION/EDITORIAL:LETTERS

# TIMOTHY STORRS COMMENTARY (ISSUE 236) MISSED THE POINT

My Dear Mr. Storrs:

What is it that you do not understand about American churches of whatever faith, synagogues, mosques or Christian for that matter? They sir, are not public.

Their buildings are privately owned, privately supported and privately operated. They, like my home, are private.

The government is excluded from their governance no matter how hard it tries at times to intrude into their teachings, finances and membership. They are not public facilities or organizations.

You have no RIGHT to be there. You are invited in to listen to THEIR message, not to propound yours. Most if not all of these institutions will welcome you but you have no inherent right of access, to speak or to intermingle. You are there as a guest and just as a guest in my home may come in, talk and mix with my family and friends, a congregation or I may exclude you if you offend my morals, judgment, beliefs or those of my friends. A church, as my home, is a place I go for solace and meditation; not to listen to the contentious speech or disruption of others. If you don't like what I say or do, GET OUT NOW.

I venture that there are some 70 or so Christian congregations within the boundary's of Montrose. If you cannot find one that suits you, agrees with you and sufficiently accepts your diatribe to let you sit among its membership, spew the rhetoric of your personal beliefs elsewhere. Those beliefs must really be out of plumb.

The famous psychologist William James was known to say that 'sanity is the degree to which your self image coincides with the image others have of you'. If the shoe fits, wear it. Enough said.

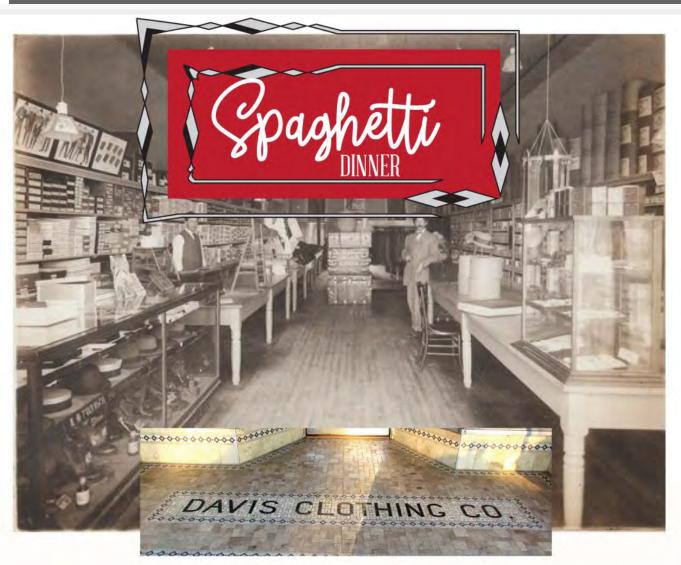
Start your own church, don't insist on changing others.

Respectfully,

Bill Bennett

Montrose





Fundraiser for Delta County History Museum Thursday, September 21, 2017 Serving Spaghetti, Salad, Drinks, Dessert 6:00 p.m.

Keynote speaker - Brad Davis of Davis Clothing will speak about the history of his store and the role his grandfather, John Davis, played in Delta's growth.

Entertainment by CLASS ACT, featuring Linda Scheele (vocal), Doug Hamby (keyboard), and Bill Hansen (guitar). Linda has toured with Bob Hope when he was doing USO tours.

Delta High School Cafetorium (Pioneer Road)

Catered by C&J Café

COST: \$10.00 (tickets can be purchased in advance)

Tickets available at Museum, Davis Clothing, Chamber of Commerce



# MONTROSE ELKS LODGE: ELK TRACKS



#### **Montrose Elks Lodge**

MONTROSE-Welcome to Elk Tracks, a periodic update of what is taking place at our local Montrose Elks Lodge, located at 801 So. Hillcrest, Montrose CO 81401. Public is welcome at all events listed.

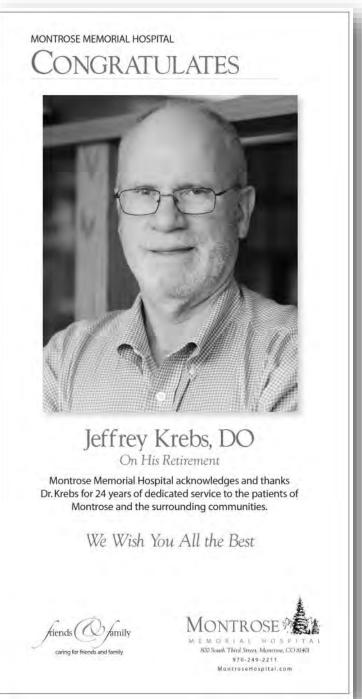
Bingo Sept. 5, 2017 6:30 PM It was a good night at Elks Lodge with people laughing and talking as the games started. Early Bird paid out \$18 each for five games, followed by the main Bingo session that paid \$80 each for 6 Games. Progressive Game 2 paid \$500 to one lucky Winner and last Game 8 paid \$150, also to one Winner. The kitchen was open and has added *great tasting hot pizza* to the menu. In addition to helping in the kitchen, our terrific school age Volunteers served coffee and water to Bingo Players.

#### Bingo Sept. 12, 2017 6:30 PM - Hawaiian Night

Join us Tuesday evening for a fun filled time with a Hawaiian theme. Each person will receive a free flower lei and free pineapple will be available to enjoy. *Prizes will be given for Best Men's Shirt and Best Women's Outfit.* **Progressive Game 2 will start over with a value of \$200 and Progressive Game 4 is worth \$1,045.** Game 4 will reach *Must Go* status at \$1,199. Games 2 & 4 can be won in 37 numbers or fewer. **Progressive 6 is valued at \$4,255** and must be won in 53 numbers or fewer or the prize posted will be awarded. Based on attendance, *last Game 8 may approach \$200*.

For the best Bingo game on the Western Slope visit Montrose Elks Lodge *every Tuesday evening* to play Bingo. Doors open at PM and Card sales start at 6 PM. An "Early Bird" set of five quick games begins at 6:30 and the main Bingo session of 8 games, that includes 3 Progressive Games start at 7 PM. It's a wonderful way to spend the evening having fun! *(Funds raised support local charities)* 





The Montrose Mirror | September 11, 2017 Page 8

### **REGIONAL NEWS BRIEFS**

#### FOUR DOUBLE HOMICIDE SUSPECTS BOOKED, CHARGED WITH FELONY CHILD ABUSE CAUSING DEATH

San Miguel County Sheriff's Office TELLURIDE-Four suspects have been charged in a double homicide of two children found Friday morning on a farm outside of Norwood, Colorado. Deputies responded to a report of possibly two dead children on a property south of Norwood. Upon arrival, the deputies discovered two deceased females approximately 5-10 years of age. The girls are believed to have been deceased at least two weeks. Charges include murder Colorado. in the second degree, criminally negligent homicide and felony child abuse causing death. Sheriff Bill Masters said, "In my thirty-seven years as Sheriff, I have never seen anything as cruel and heartless as this."

The four are charged with Felony Child Abuse causing death:

Frederick A. Blair, 23-year-old male from Norwood, Colorado.

Madani Ceus, 37-year-old female from Haiti.

Ika Eden, 53-year-old female from Jamaica.

Nathan Yah, 50-year-old male from Haiti. All are being held in the San Miguel County Jail. Authorities are still looking for a fifth suspect, Nashika Bramble. She

#### CRIMESTOPPERS ALERT

**Montrose Regional Crimestoppers MONTROSE-Montrose Regional Crime Stoppers and the Montrose Police Depart**ment are seeking the help of citizens to identify and locate the suspect(s) in an arson at the Montrose High School, located at 600 S. Selig Avenue, Montrose. On Sept. 5, 2017, at approximately 8:05 p.m., unknown suspects entered the school property and set fire to goal post pads and at least one trash can.

Anyone with information about this or any other crime may call Crime Stoppers anonymously at 970-249-8500, use the mobile app P3 Tips, or provide information via P3tips.com. Crime Stoppers wants your Information, not your identity. If the Tip results in an arrest, the caller may receive a cash award.

was last seen hitch hiking in the Norwood area Wednesday morning. Anyone with information on her whereabouts should contact the San Miguel Sheriff's Office (970-728-

The San Miguel Sheriff's Office is leading the investigation with assistance from the Colorado Bureau of Investigation (CBI). Norwood is about 35 miles west of Telluride,



BLAIR FREDERICK A











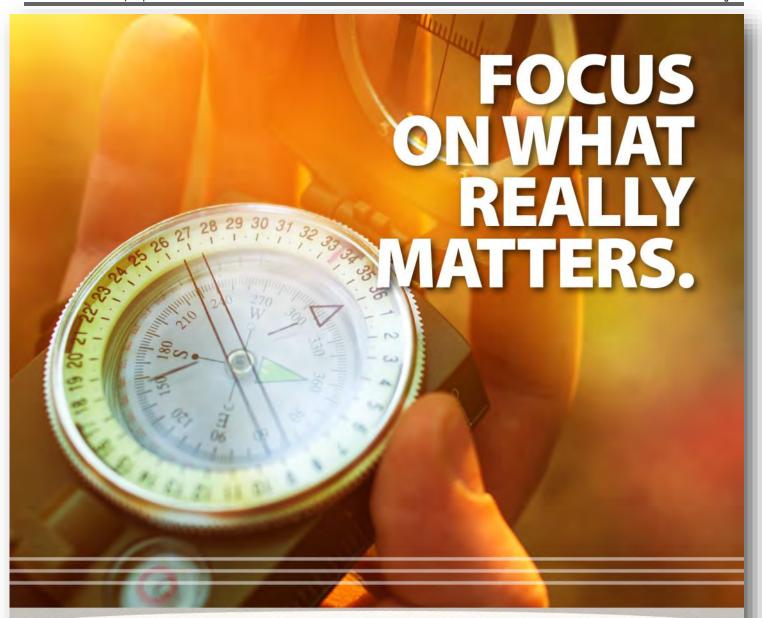
- Nominate a Guardian
- Use Beneficiary Deeds
- Get POAs in Place

# for more information.

970.249.2622

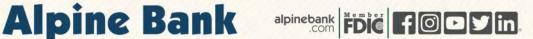
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38 LOCATIONS FROM DENVER TO DURANGO

# We invite you to join the LEAD Program



# The Leadership, Exploration and Development (LEAD) program is your one-of-a-kind opportunity

"It was fascinating to visit and see a glimpse of different departments and how they function. The staff at MMH is highly impressive and listening to their passion for the programs they oversee is most rewarding. I highly recommend LEAD."

Nancy Hoganson Hannah

"LEAD is a very rewarding program that enables our community to experience, first-hand, the inside workings of MMH.

I recommend everyone participate in these worthwhile sessions."

Rich Parr

"Having been born at MMH and lived in this area most of my life, I thought it was time I learned more about our fantastic local hospital and what all services they provide. I was blown away" Allison Nadel

- Obtain a working knowledge of the healthcare needs of our community and how MMH meets those needs
- Unique opportunity to look at technological advances & access areas of hospital not commonly available to public
- Network with members of the medical community from a wide variety of specialties

The nine month program meets the third Thursday of each month from 7:00 a.m. to 9:00 a.m. beginning September 21. Register today!

For more information, please contact Director of Philanthropy Jenni Zimmer (970) 252-2744



# CITY APPROVES CORRECTED HIGH MESA SPIRITS AGREEMENT, WAYFINDING SIGNS TO INCLUDE UTE INDIAN MUSEUM & MUSEUM OF MT. WEST



Montrose County Emergency Manager Don Angell and his incident team promoting the upcoming "Boo to Flu" free vaccination clinic that will take place at Riverbottom Park and the Pavilion on Oct. 18 from 3-7 p.m. Photo by Gail Marvel.

By Gail Marvel

MONTROSE-The Montrose City Council Meeting of Sept. 5 began with a change to the agenda. Item #12, the Incentive Grant Agreement for High Mesa Spirits, which was published in council packets, was corrected and clarified. (See accompanying report on the Council Work Session).

Cities and Towns Week Proclamation – Mayor Judy Ann Files

Cities and Towns Week is Sept. 11-17, 2017.

Incident Action Plan – Montrose County Emergency Manager Don Angell, along with his incident team, made a presentation on the upcoming "Boo to Flu" vaccination clinic.

This is the fourth year the county has used a flu vaccine clinic as an exercise for incident disaster training. Each year participation in the free flu vaccine program has grown from 350, to 500, then to 776 in 2016. The goal for 2017 is to vaccinate 1,000 residents. Partners in this year's program are Montrose County, Montrose Memorial Hospital, the City of Montrose, and City Market. Each sponsor contributes \$2,500 and the vaccine is provided by City Market.

Although this is a drive-up clinic, participants must complete a vaccine consent

and assessment form. The process of filling out the form and receiving the vaccination should take approximately 15 minutes. Children under nine years of age will not be vaccinated; however, they will receive a voucher to take to County Health and Human Services for a free pediatric flu shot.

This year's vaccination clinic, Oct. 18 from 3 – 7 p.m., will be held in two locations, Riverbottom Park and the Pavilion. Community Corrections Information:

Advantage Treatment Centers, who contracts for local community corrections, will hold a public meeting at the Montrose Regional Library on Oct. 17 at 6 p.m. Vice President of Program Development Kristina Daniel said, "We want to let the community know what we do. We want to change people's mode of thinking through supervision and treatment. Our job is to make your community safer."

Ordinance 2431 (first reading) - City Clerk Lisa DelPiccolo.

A revision of Chapter 1-17 of the Official Code of the City of Montrose. This election code modification makes two changes: one changes the deadline for write-in candidate applications, the other allows the option to use stubless ballots. DelPiccolo said, "We follow State statutes, but we do

have some flexibility." Approved unanimously.

Ordinance 2432 (first reading) - Finance Director Shani Wittenberg, Assistant City Attorney Andrew Boyko.

This ordinance repeals and replaces Chapter 5, Title 15 of the Official Code of the City of Montrose regarding sales and use tax. Boyko said, "Let me make it abundantly clear...there are no new taxes and no increases in taxes. This is a simplification of the code."

There are 69 Home-Rule municipalities in Colorado, each with their own definitions and codes. In an 18-month process the Colorado Municipal League (CML) coordinated with municipalities to formulate a standard sales tax definition. Approved unanimously.

**Ordinance 2433 (first reading)** - Senior Planner Garry Baker.

Baker combined Ordinance 2433 and Ordinance 2434 in one presentation which asked for zoning changes from P Public District to B-3 General Commercial District. The two parcels of city-owned property, one a three-acre parcel and the other one-acre, are in proximity to one another in the Urban Renewal Authority (URA) and both are slated to be transferred to a private party (CO Outdoors). In addressing public concern about the historic river crossing in this area Baker said, "The zoning will not effect that. This merely makes the property transfer easier down the line." Approved unanimously.

**Ordinance 2434 (first reading)** - Senior Planner Garry Baker.

See above. Approved unanimously. Incentive Grant Agreement High Mesa Spirits – Director of Business Innovation Chelsea Rosty, City Attorney Stephen Alcorn.

Rosty reviewed the incentives for High Mesa Spirits (Distillery) — \$38,850 concrete; \$28,603 water and sewer tap fees; \$1,155 building permit waived by the city manager; in-kind landscaping and the availability of a loan fund if the owners chose to use it. In incentive agreement totals \$67,608.

Councilman

Continued next page

# CITY APPROVES CORRECTED HIGH MESA SPIRITS AGREEMENT, WAYFINDING SIGNS TO INCLUDE UTE INDIAN MUSEUM & MUSEUM OF MT. WEST From pg 11

Bowman said, "Can we expect to see similar deals [in the future]?" City manager Bill Bell said, "Yes, based on past practices [Mayfly]." The city staff is working on policy recommendations to bring to council. Bell said, "We are going to make a concerted effort to go out and recruit businesses."

Councilman Roy Anderson said that if for some reason High Mesa Spirits failed to be successful, "They wouldn't walk away with city investment. The value added benefits the City of Montrose. Those improvements are still beneficial to the city." Approved unanimously.

**Bid Approval Wayfinding Sign Project** 

**Phase I** – Assistant City Manager/Office of Business and Tourism Director Rob Joseph.

Re-signing the community has been in the process since 2016. Approximately four dozen signs are slated to be installed in Phase I, at a cost of \$217,805.00. Joseph said, "This is a multi-year contract." When asked about signage for the historical museums in Phase I Joseph said, "There will be signs at the Ute Museum and the Museum of the Mountain West." Signage for the airport is slated for Phase II. Three companies responded to the RFP and staff recommended E3 Signs of Loveland, CO. Approved unanimously.

#### **Staff Reports:**

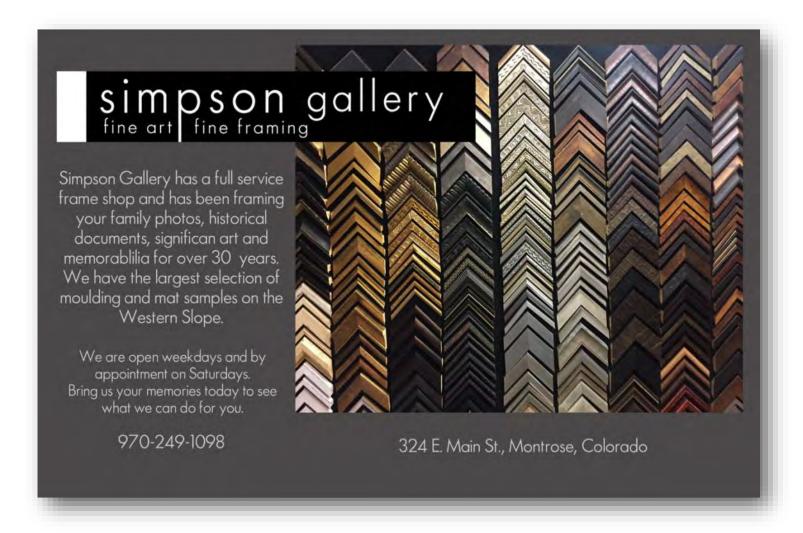
**Public Information Report** – City Manager Bill Bell.

Bell gave an update on the Grand/Rio Grande intersection construction, which is being built with \$1,000,000 federal grant money that was left over from the original project.

"There is some delay based on soil conditions. The timeline hasn't changed, but the dollar amount may have changed. We may have to do a change order."

#### **City Council Comments:**

Bowman promoted youth soccer and Octoberfest. Mayor Files promoted a book, *The Montrose Mouse*.







Montrose County is accepting applications from citizens interested in serving on the

Montrose County Historic Landmark Advisory Board. For an application please contact Kathy Kacso at 317 S 2nd or by email at kkacso@montrosecounty.net. Applications are also on the County web site at www.montrosecounty.net. Please return your completed application to County Administration at 317 S. 2nd, Montrose, CO 81401.

# Montrose County Historic Landmark Advisory Board

This Board was created to encourage protection and preservation of the architectural heritage of the County, document designation of a diverse array of eligible sites and provide authentic historical education and public awareness. The Board meets on an "as needed" basis, alternating locations between Montrose and Nucla to consider applications to Montrose County's list of Historic Landmarks. There are currently (2) openings on the Advisory Board.

You can make a difference in Montrose County! 🦲



The Montrose Mirror | September 11, 2017 Page 14

# INDUSTRIAL HEMP

# Regional Resource Development Roundtable Bringing it all together!

# Discussion Points:

- Regional Assets
- What is Growing
- Potential Markets
- Who is Processing
- Rule & Regulation Changes
  - Investor Opportunities

# Q & A and Networking Opportunity

Invited Officials include: State Senator Don Coram,
U.S. Representative Scott Tipton, U.S. Senator Michael Bennet
and the Colorado Department of Agriculture

#### Presentors to Include:



#### **Introducing Kevin Hodge**

Founder and President will reveal his plans to locate to Montrose.



#### "Emerging Markets"

Dr. Mike Villa, PHD of Innovations in Science & Business R&D (ISBR&D), Inc.



# New Technology: On Site Tests, Inc.

Lee Burnett & Chuck Ferris, Founders. Providing on site real time field testing of growing crops using state-of-the-art smartphone cloud based technology.

# SPONSORED BY:



# THURSDAY SEPTEMBER 14TH 1:00 PM

\*

#### **HOLIDAY INN**

JORDAN ROOM1391 S. TOWNSEND AVE. MONTROSE, CO

\*

# WHO SHOULD ATTEND?

- PRODUCERS
- PROCESSORS
- INVESTORS

# OPEN TO ALL WHO ARE INTERESTED!

For more information:

Montrose Economic Development Corp. (970) 249-9438

SANDYH@MONTROSEEDC.ORG

RSVP'S APPRECIATED

#### MANAGER TO COUNCIL: 'WE'LL DO THE HILLCREST EXTENSION' From pg 1

the focus will be on the Arts & Literature, Basic Needs, Community Development, Education, and Health & Wellness. Assuming the organization will receive city funding for 2017-2018, Plumhoff said, "We'd like to reserve \$15,000 for early childhood development and the rest would be open for grants. We want to make sure that the grants have the largest impact to the population."

Mayor Judy Ann Files said, "I have a problem with City of Montrose tax dollars being spent in Olathe schools. I understand the need for Olathe schools, but it is Montrose tax dollars." Councilman Dave Bowman said, "It's all part of Montrose School District. We wouldn't exclude Oak Grove." Plumhoff said, "We will try to keep that in mind."

High Mesa Spirits Incentive Agreement – Director of Business Innovation Chelsea Rosty, City Attorney Stephen Alcorn.

High Mesa Spirits, owned by David and Greg Fishering, is the proposed distillery planned for the old Potato Growers building on West Main. During a previous meeting council questioned the job incentives portion of the incentive agreement. Rosty said, "The agreement has been modified and the job incentive removed."

However, in their review of the document council expressed concern with multiple issues — numbers that didn't add up, a typo, clarification about tap fees which are not waived, but rather come out of the general fund, building permit awarded previously at the city manager's discretion, and landscape work considered as inkind.

City Manager Bill Bell explained they copied the agreement used for Mayfly and apparently some things did not end up in the matrix. Councilman Roy Anderson said, "I'd rather like it to reflect what we are approving." Bowman said, "We need more transparency."

It was agreed that terminology in the agreement (grant, abatement and accommodation) needed to be clarified, along with direct and indirect incentives identified. This item, which is on the city council agenda scheduled for 6 p.m., will require an explanation of the changes that were

made from the previously published agreement in council's packet. City Manager Bill Bell said, "After this meeting we'll send you a new matrix. We'll have it corrected by tonight."

Mayor Files wants council to make a policy for future job incentives offered by the city. Staff will bring suggestions back to the council at a work session in October.

Special Event Alcohol Permit for Octoberfest – City Clerk Lisa DelPiccolo.

The event perimeter for Octoberfest, Sept. 30, will extend into the parking lot adjacent to Centennial Plaza. Council will receive a new map in their packet.

#### **General Council Discussion:**

Bowman asked for direction from the city attorney about meeting with constituents concerning the Miami Farms Addition and the Hillcrest extension. Alcorn cautioned councilmembers not to discuss items (zoning, annexations) that they have to vote on in the future. Alcorn said, "You can talk about the Hillcrest extension because there will be no public hearing. It would be in your best interest to take emails and letters [rather than meet individually]. There is not a lot of good to come out of one-on-one discussions."

Bowman, who intends to run for reelection in April 2018, said, "I have a problem with telling constituents I can't talk to them. For the city to put me in the position and tell me I can't speak to people puts me between a rock and a hard place."

Mayor Files said, "On the Hillcrest extension the decision has already been made and there is nothing to vote on."

Bell said, "Technically a vote has not been made, but when we vote on the budget then technically a decision will be made." There is opposition to the Hillcrest extension which includes circulated petitions with a number of signatures. However, Bell senses that within the opposition group there is division. "We have to be careful to not let a few people drive the entire community." The Hillcrest extension will be discussed at the Sept. 18<sup>th</sup> work session (11 a.m.) and citizens impacted with increased traffic through their neighborhood are invited to attend.

Anderson asked for an update on completing Woodgate Road and Bell said that previous discussion on that extension had died, but there is an interest from property owners to rekindle discussions.

Bell said, "We'll do Hillcrest [extension] and then start to unpack the data and see if we have a problem. We don't know if we'll have a problem with people going through the neighborhood until we do a study. You don't stop a huge project for what they [neighborhoods] see as a potential problem."

With the resignation of Public Works Director John Harris, council discussed his replacement on the Gunnison Basin Roundtable and Project 7.

Bowman reported the Downtown Development Authority (DDA) has interviewed four finalists. The position has been reclassified from Executive Director to manager. Bowman said, "In the next 10 days we'll have an answer. The DDA will then choose a home [office location]." On Oct. 13-14 the DDA will have a Retail Event on Main Street. Bowman said, "We want to bring back the hunting heritage of Montrose and welcome hunters [orange banners]. The DDA is back to being organized and moving!"

Bill Bell reported that the position Director of Public Works has been eliminated and will be replaced with a Public Works Manager and a Utilities Manager.

Bell said, "Having two people will split up the work load. We have met with employees and they had input. It will likely take seven to eight weeks to get the positions filled."

Staff is working on the budget and in the area of capital projects, they continue to evaluate funding and logistics for streets and street maintenance.

Staff is now considering \$5,000,000 for street maintenance and \$5,000,000 Urban Renewal Authority infrastructure (streets, sidewalks) over a three-year period. Bell said, "If we can show the community what we can do with a big pot of money they will see it is a good investment. Harris [former Public Works Director] thought street maintenance and public safety needed a permanent funding source."



# BOCC: MULTI-AGENCY HAZARD MITIGATION PLAN UPDATE KICKOFF MEETING PLANNED @ PAVILION SEPT. 19

Mirror Staff Report

MONTROSE-Montrose citizen gadfly Jim "L.J." Anderson spoke during the time for public comment at the <u>Sept. 6 regular</u> meeting of the Montrose Board of County Commissioners (BOCC). "I have been following the numbers for the County Event Center and Road Bridge projects," Anderson said, and asked commissioners to "call for an investigation into the past activities of the former Board of County Commissioners...These contracts seem to have a different set of rules...you may at some point want to take a good look at our concerns...contracts of a public nature should also benefit the public."

Planning & Development Item E-1, concerning a proposal to vacate a portion of Herman Road, was removed from the agenda. General Business & Administra-

tive Item D-3, a lease purchase agreement with Honnen Equipment for four John Deere 772G motor graders, was modified slightly to note that the four motor graders cost \$263,354 apiece.

Consent Agenda items were approved unanimously as were Resolutions 35-2017, cancelling a \$35,000 Barclay's letter of credit required for assignment of contracts from Jet Center Partners, LLC to Atlantic Aviation-Montrose, LLC; and Resolution 36-2017, declaring as surplus a piece of heavy fleet equipment that was involved in a rollover accident on Aug. 16 and which had been declared a total loss. "We will relinquish it to our insurance company," Budget Analyst Shannon Castrodale told the BOCC.

Resolution 37-2017, concerning the lease -purchase of the four John Deere 772G

motor graders, was also approved unanimously.

Commissioners agreed to authorize a use -agreement with the City of Montrose for use of the Montrose Pavilion on Sept. 19 for a Hazard Mitigation Plan Update Kick-off Meeting.

County staffer Lisa Gage said that all of the towns, cities and fire districts in Montrose County will participate.

"I assume this is open to the public," Commissioner Roger Rash said, and encouraged those who are interested to "show up."

In other business, the BOCC approved a proposal to lift a plat note on the Amended Ohlheiser Minor Plat; and approved a revised preliminary plan to divide 67.55 acres into twenty-four lots and two outlots for the Eagle Heights Subdivision.



# MONTROSE HIGH SCHOOL

# Football Team Raffle



-VS-



NFL Game On December 10, 2017 In Denver, CO

**Prizes:** ★ 2 NFL Bronco Football Tickets & 1 night lodging at Marriott Renaissance,

Downtown Denver on Dec 10<sup>th</sup> - Value \$400

- ★ 2 Gift certificates to Cinzzetti's, an Italian feast for 4 people each (Denver, alcohol not included) Value \$150
- ★ 1 Gift certificate to Pei Weis an Asian feast for 2 people (Denver, alcohol not included) Value \$100

Ticket Price: \$10 each or 3 for \$25

Available by Phone or Text 970-417-2829

or email martin.crespin1@gmail.com

Drawing Location: Montrose Elks Lodge 801 So. Hillcrest Drive, Montrose CO, 81401 Drawing Date & Time: November 28, 2017 at 6:00 PM



Funds raised will be used for replacement of MHS helmets, equipment, and travel expenses for the Team



# STOP BULLYING...WITH P.E.E.R. KINDNESS

By Caitlin Switzer

MONTROSE-It is a word we hear almost every day, but do you actually know what it means to bully someone? Robyn Shank of P.E.E.R. Kindness wants to make sure that local families and kids know the true meaning of the word, and in the process, learn how to change the conversation.

According to the web site <u>stopbully-ing.gov</u>, "Bullying is unwanted, aggressive behavior among school-aged children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time. Both kids who are bullied and who bully others may have <u>serious</u>, <u>lasting problems</u>."

Elements of bullying include aggression, repetition, a power imbalance, and intentional cruelty. The forms it can take include verbal, physical, emotional, sexual and cyber attacks.

Now, through <u>P.E.E.R. Kindness</u>, Shank shines a light on what has been a dark subject. "Bullying impacts everyone,

whether or not you have kids in school," Shank said. "I have seen the effects of peer cruelty on students, and I have seen adults do it. One out of five kids nationwide has been bullied, though 60 percent don't bother to report.

"As human beings, we are capable of so much more," she said. "So this is a call to action; I believe we can change our community climate and culture. There is a framework, and a way to bring about systemic change."

There will be a benefit for P.E.E.R. Kindness at Antler Ridge (72015 Kinikin Road) on Oct. 7, from 5 to 10 p.m., featuring a national anti-bullying speaker who will also visit all six local elementary schools. P.E.E.R. Kindness is inspired in part by the story of Caitlyn Haynes, a young woman who took her own life after experiencing relentless cruelty from her peers in the Montrose schools.

Stopping a culture of bullying takes a community effort, and is complex but sim-

ple, Shank said.

"First, we need to recognize bullying so that we know it when we see it—it is not peer conflict," Shank said.





If you know of someone being bullied, let them know you care.

quickly and consistently. Third, we need to report it. We need multiple ways in this community for adults and children who recognize bullying to report it.

"We need to teach assertiveness, and refuse bullying," she said. "We need to help witnesses be upstanders, not by-

standers. And we need to work with the bullies, because if we don't have empathy we will never fix the bully problem." As a young girl, Shank was expelled from school for standing up for a quadriplegic student who was being bullied. "I am an upstander," she said. "I know that we have power as a community. We owe it to our kids. So I am trying to invite everyone to the table." To those who believe they have observed bullying, PEER Kindness offers simple strategies for being an upstander; talk to the person who is being bullied; let them know you care; include the person in your social group; stick up for them; speak to a caring adult about the situation; and report it. In emergency situations, call 911 or use the Crisis Text Line, 741-741 (text hello to get started). PEER Kindness begins with a vision of creating a safe, inclusive environment for all. The mission is to work in partnership with schools, youth programs, community organizations, business and community leaders, families, and youth to reduce bullying and to foster a PEER stance.

For more information and resources, visit <a href="https://www.peerkindness.net">www.peerkindness.net</a>.



# **Free Informational Seminar**



Join Us For a Free Informational Seminar Tuesday, September 12th, 5-7 PM or Tuesday, October 10th, 5-7 PM Montrose Memorial Hospital's Nutrition and Diabetes Services Building 421 S Nevada Ave

Receive a discount on your consult fee if you attend a seminar

Get to Your Ideal Weight!

Over the past two years, Montrose Memorial Hospital has helped our community lose over 3000 pounds using

### The "Ideal" Weigh Weight Loss Method

Free informational Sessions

- Tuesday, September 12th
- Tuesday, October 10th

Please RSVP at 240-7170 to receive pre-seminar information





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# **REGIONAL NEWS BRIEFS**

#### U.S. FOREST SERVICE RELEASES WEST ELK DRAFT DECISION

Special to the Mirror SOMERSET-The Grand Mesa, Uncompahgre and Gunnison National Forest, Bureau of Land Management, Office of Surface Mining Reclamation and Enforcement, and Colorado Division of Reclamation Mining and Safety today announced the availability of the Forest Service's draft Record of Decision and Supplemental Final **Environmental Impact Statement for two** federal coal lease modifications and an on -lease exploration plan for West Elk Coal Mine. Ark Land, LLC and Mountain Coal Company, LLC requested the modifications to expand their existing coal leases by a total 1,720 acres located near Somerset, Colorado.

Three alternatives were considered in detail during the environmental analysis. After reviewing numerous comments from the public and input from natural resource specialists, the draft decision would consent to both proposed lease modifications with stipulations for the protection of non-mineral, surface resources. The Bureau of Land Management will decide whether or not to grant lease modifications or to authorize on-lease exploration consistent with lease terms.

Most of the area is part of the Sunset Colorado Roadless Area under the Colorado Roadless Rule; however, it is situated within the North Fork Coal Mining Area, which provides for construction of tempo-

rary roads and other short-term disturbances related to underground coal mining. The draft decision is subject to a 45-day objection period, beginning the day the legal notice is published in the Federal Register, Sept. 8, and ending at midnight, Oct. 23.

Objections will only be accepted from those who have previously submitted timely and specific written comments regarding the proposed project during scoping or other designated opportunities for public comment.

More details about the objection process, the draft ROD and, the SFEIS will also be available online at <a href="https://">https://</a>

www.fs.usda.gov/project/?project=32459.

The Montrose Mirror | September 11, 2017 Page 21

# WEEHAWKEN DANCE FALL 2017 MONTROSE SCHEDULE

### MONDAYS:

#### WEEHAWKEN MONTROSE

10am-10:45 Pre-Ballet with Miss Leeann (ages 2.5-5)
10:45-11:15 Story Book Ballet with Miss Leeann (ages 2.5-5)

4:00-5:00 Beginning Hip-Hop and Jazz with Miss

Caila (ages 5-7)

5:00-6:00 Intermediate Hip-Hop A with Miss
Caila (ages 8-11, All may sign up for this
class, Miss Val will class assist the first 4

weeks)

6:00-7:00 Intermediate Hip-Hop B with Miss

Valerie (ages 8-11, May sign up with approval from Miss Val Only)

7:00-8:15 Advanced Hip Hop with Miss Valerie

(ages 12+, teacher approval required)

### THURSDAYS:

#### MONTROSE @ PRECEDENCE ON MAIN

3:45-4:30 Pre-Ballet with Miss Leeann (ages 2.5-5) 4:30-5:15 Primary ballet Miss Leeann (ages 5-7) 5:15-6:15 Tap I with Miss Caila (ages 5-7)

#### MONTROSE- REC FIELD HOUSE

3:45-4:45 Ballet 1/2 with Miss Pang (ages 8-10)

#### WEEHAWKEN MONTROSE

4:00-5:30 Ballet 3/4 with Miss Caroline (ages 10 and up with instructor approval)
5:30-7:30 Ballet 4/5 with Miss Caroline (with instructor approval)

7:30-8:30 Teen Jazz and Lyrical with Miss Caila

(ages 13 and up)

### THESDAYS:

#### MONTROSE - @ PRECEDENCE ON MAIN

4:00-5:00 Wee little Hip Hop with Miss Leeann (ages 2.5-5)

5:00-5:45 Pre-Ballet with Miss Leeann (ages 3-5)

#### WEEHAWKEN MONTROSE

4:00-5:30 Ballet 3/4 with Miss Pang (ages 9+)
5:30-6:00 Pre-Pointe/Pointe for ballet level 3/4
with Miss Pang (instructor approval)
6:00-8:00 Ballet 5/6 with Miss Pang \
(with instructor approval, includes pointe)

### WEDNESDAYS:

#### MONTROSE @ PRECEDENCE ON MAIN

2:30-3:30 Tap 1/2 with Natasha (ages 8-10)

#### WEEHAWKEN MONTROSE

3:00-4:00

4:00-5:00 Jr Jazz and Mix it up! with Miss Natasha
(6-8th grade, see additional info on website for
weekly teacher and dance style schedule)
5:00-6:15 Sr Jazz and Mix it up! w/ Miss Natasha
(grades 9-12, or with instructor approval, see
additional info on website for weekly teacher and

Pom Jazz with Miss Valerie (ages 9+)

#### **MONTROSE - BLACK CANYON GYMNASTICS**

dance style schedule)

6:45-7:45
Year I Aerial Dance A with Natasha
(6 week session, non-performing. Ages 10+)
Year I Aerial Dance B with Natasha
(6 week session, non-performing. Ages 10+)

### FRIDAYS:

#### WEEHAWKEN MONTROSE

3:45-4:30 Primary Ballet w/ Miss Natasha (ages 5-7)
4:30-5:30 Tap/jazz (ages 5-8) with Miss Natasha
5:30-6:30 Ballet 1/2 (ages 7.5 -9) w/ Miss Natasha
6:30-8:00 Ballet 3/4 (ages 10+) with Miss Natasha
8:00-8:30 Pointe with Miss Natasha

The Fall 2017 Session runs for 12-weeks beginning the week of September 5th and ending with a performance of "The Nutcracker" December 9 & 10 at the Montrose Pavilion.

All students must enroll either prior to the program beginning or at the first class in person. Enrollments are not accepted after the third week of the session unless special approval is granted by the Artistic Director.

New to Weehawken Dance? NEW students are welcome to try a class the first week free! Some needs-based scholarships are also available -Deadline August 25, 2017.

For more information on Weehawken Dance policies, Lead Audition Dates, Ballet Uniform Information, Studio Etiquette, Semester Dates to Remember, Company Dance Info, etc., visit weehawkenarts.org

#### STANDARD PRICING\*

(as of 09/01/17, 12 week session)

\* = excludes aerial classes

30 minutes \$84 45 minutes \$162 60 minutes \$174 75 minutes \$192 90 minutes \$216 120 minutes \$285 Show fee (per class) \$35 Annual registration \$25

+ any costs associated with dancewear or tickets to the performances.

www.weehawkenarts.org 970.318.0150











# Vendor Information at www.sneffelsfiberfest.com Early Bird Application Due Date: June 1, 2017

This fun, annual public event features both indoor and outdoor vendors exhibiting fiber & fiber craft supplies and tools, fiber arts wearables, finished fiber arts pieces for purchase, fine art & craft depositing or utilizing fiber producing animals, food vendors, kids activities & free demonstrations at the Ouray County 4H Events Center.

An added bonus is that all of this takes place during the peak of fall color season along the Colorado San Juan Skyway Scenic Byway in gorgeous Ridgway, Colorado!

Saturday, Sept 23 from 9 am - 5 pm Sunday, Sept 24 from 10 am - 4 pm

PLUS: Specialty Workshops and Classes in Fiber Arts Sept 22, 23 & 24 (times vary)

Class proposals accepted until June 1 (see website)

# visit: www.sneffelsfiberfest.com

for detailed information including lodging and adventure partners









### **REGIONAL NEWS BRIEFS**

# MONTROSE MEMORIAL HOSPITAL RANKED HIGH PERFORMING HOSPITAL FOR KNEE REPLACEMENT BY U.S. NEWS & WORLD REPORT

Special to the Mirror

MONTROSE-According to U.S. News & World Report, one of the best places to receive a knee replacement surgery is right here in Montrose.

The evaluation included 4,500 hospitals across the United States. The analysis looked at data measures including preventing complications after knee replacement, preventing prolonged hospitalizations, preventing infections after knee replacements, the number of patients and the patient's experience.

"I'm proud of our community's excellent Orthopaedic surgeons and the hardworking Surgical Services & Joint Replacement Therapy staff who have made this high ranking possible," said Steve Hannah, MHA, CEO of Montrose Memorial Hospital. "In addition to the feedback we receive from patients, this recognition is another confirmation that our Friends & Family are receiving the skilled and compassionate care they deserve during their surgical procedures."

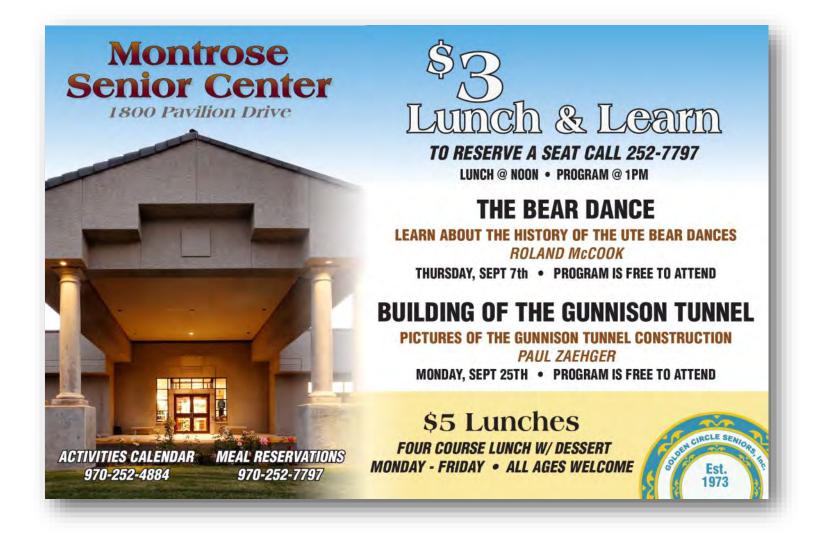
The methodology used to measure patient experience is based on publicly reported data found at

www.hospitalcompare.gov. As printed in U.S. News, an overall rating of high performing indicates a hospital was significantly better than the national average in a given procedure or condition. While evaluating the procedure of knee replacements, 10 to 20 percent of the evaluated hospitals typically fell into the high per-

forming tier and another 10 to 20 percent were rated below average.

Montrose Memorial Hospital performed 193 Joint Replacements in 2016. The Joint Replacement program includes an educational class prior to surgery where patients meet others who will also be receiving similar surgery and therapy. The class includes information about the patients' procedures and what to expect during their hospital stay.

According to U.S. News, hospitals in the United States will admit an estimated 33 million patients in the next 12 months, with more than 1 million having a knee or hip replaced. For more information about the Joint Replacement program, please call (970) 252-2974.



### **REGIONAL NEWS BRIEFS**

#### WCLCC 5TH ANNUAL WESTERN COLORADO HISPANIC ADVANCEMENT AWARD

Special to the Mirror

GRAND JUNCTION— In an effort to support, encourage, and recognize the individuals making a difference in the Latino community, the Western Colorado Latino Chamber of Commerce (WCLCC) presents its Fifth Annual Western Colorado Hispanic Advancement Award to the 2017 recipient, Jerome Gonzales, of J.G. Management Systems (JGMS). Jerome started JGMS in 2001 and in 2013, the company became 49.5% employee owned. Among Jerome's and JGMS' many contributions: JGMS has provided over \$127K to the Riverside Educational Center;

For many years, JGMS has sponsored and assisted in Entrepreneurship Day with CMU;

Jerome has partnered and mentored many small businesses;

Jerome serves on multiple boards within

the community: GJ Business Incubator, Riverview Technology Corporation, Society of American Military Engineers JGMS and Jerome are involved in the Daniels' Fund Ethics Program, Warrior Resource Center, Young Entrepreneurship Academy, Challenger Baseball.

The award is given to a person who has advanced the Hispanic culture through volunteering, promoting employment opportunities, increasing cultural awareness, cultivating educational opportunities, and/or promoting economic development for the Hispanic community on the Western Slope.

The delivery of the award will take place during the kickoff of Hispanic Heritage Month (HHM), which will be held at 5.30 p.m. Friday, Sept. 15 at the Art Center, 1803 N 7th Street, Grand Junction, Colo. WCLCC membership is not a require-

ment and all are invited to attend.

Founded in February of 2013, The Western Colorado Latino Chamber of Commerce has rapidly become the portal to the Hispanic community, and the "go-to" source for organizations or individuals looking for Spanish-English interpreters and translators, as well as cultural consultation on marketing to the Latino population.

The WCLCC provides its members with an array of member services including monthly business trainings and networking events. The WCLCC is also a sponsor of the annual celebration of Hispanic Heritage Month.

For more information about the Western Colorado Latino Chamber of Commerce and/or Hispanic Heritage Month, please email <a href="mailto:info@wclatinochamber.org">info@wclatinochamber.org</a> or call Jorge Pantoja at 970-361-8143.



# REGIONAL NEWS BRIEFS

# CITIZENS FOR SCHOOL DISTRICT 51 HOST PRESS CONFERENCE TUESDAY

Special to the Mirror

GRAND JUNCTION-Citizens for School District 51 will be holding a press conference Tuesday, Sept. 12, at 9:30 am at the Grand Junction Economic Partnership (GJEP, 122 N. 6th Street) to reveal the results of their commissioned economic impact analysis of the Bond and Mill Levy (questions 3A and 3B on the November ballot).

The report, compiled by the Economic Development Council of Colorado (EDCC), details tangible effects such as money and jobs that will be brought to the community if 3A and 3B were to pass. Further, the report outlines several intangible benefits of increasing local financial support of K-12 public education.

Citizens for District 51 Chair, Kelly Flenniken, and Executive Director of GJEP, Kristi Pollard, will speak about the positive impact 3A and 3B will have on our kids, community and economy during the press conference.

The Bond and Mill Levy ask the public to approve an increase in property taxes averaging less than \$10 per month per household. The increase will fund necessary construction improvements district-wide, five additional instruction days, improved technology infrastructure, and provide new, updated curriculum materials. The School Board has been very particular about the funds requested from the community and have spelled out exactly how those funds will be used. View the full list of necessary expenses on the website of Citizens for D51, <a href="https://www.citizensforsd51.com/plan">https://www.citizensforsd51.com/plan</a>

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NATURAL

The Montrose Mirror | September 11, 2017 Page 26

### **REGIONAL NEWS BRIEFS**

### TELLURIDE SKI & GOLF INFRASTRUCTURE IMPROVEMENT PROJECT; OAK STREET PLAZA GONDOLA STATION CLOSURE

Special to the Mirror

MOUNTAIN VILLAGE-The main Gondola line, connecting the Towns of Telluride and Mountain Village, will partially close operations on Monday, September 11 and Tuesday, September 12 for continued construction efforts for Telluride Ski & Golf Resort's (TSG) new snowmaking pump station.

Gondola closures will begin on Monday, September 11 with two, approximately one-hour closures from 1 p.m. to 2 p.m. and from 3 p.m. to 4:30 p.m. On Tuesday, closures occurring between 10 a.m. to 11 a.m. and 1 p.m. to 2 p.m. (if needed).

During the closures, to help move people between the two towns, the Mountain Village Transportation Department and the Town of Telluride will provide bus service to supplement Gondola service to run until the mainline reopens on both Monday and Tuesday. Passenger pick-up and drop-off locations include the San Miguel County Courthouse and Mountain Village Town Hall; buses will run approximately every 15 minutes. The Gondola line re-September 12, there will be two, one-hour ferred to as the parking section, running

between Mountain Village Town Hall and the Gondola Plaza, and the Gondola Plaza to San Sophia will operate as usual, 6:30 a.m. to 12 a.m. Again, the mainline will reopen to the public once construction is complete.

For more information on Mountain Village's transportation services, visit townofmountainvillage.com/getting-around. For questions regarding the Oak Street Pump House, please contact Telluride Ski & Golf Resort Mountain Operations Erin Kress at (970) 728-7522 or by ekress@tellurideskiresort.com.

#### MINE AND MILL RECLAMATION PROJECT RECEIVES NATIONAL AWARD

Special to the Mirror

DELTA – The National Association of Abandoned Mine Land Program's 2017 Hardrock Abandoned Mine Lands Reclamation Award has been bestowed to the Akron Mine and Mill Reclamation Project. This award recognizes outstanding abandoned mine reclamation projects with an emphasis in the remediation of sites impacting environmental and human health. This honor is being accepted by all of the partners who worked on the project including: Grand Mesa, Uncompangre, and Gunnison

National Forests, Trout Unlimited, National Forest Foundation, Colorado Division of Reclamation Mining and Safety, Bureau of Reclamation, Environmental Protection Agency, U.S. Geological Survey, Freeport McMoRan, and RMC Consultants. The Akron Mine and Mill Reclamation Project began in 2015 with remediation of the South Pile of the Akron Mine and the downstream Tomichi Mill by the U.S. Forest Service and Environmental Protection Agency. The North Pile of the Akron Mine's remediation began in late 2015

through a National Forest Foundation grant obtained by Trout Unlimited. It was completed in the fall of 2016.

The success of the Akron Mine and Mill Reclamation Project will promote a better ecosystem for Tomichi Creek improving habitats from several species of fish. The project will also provide a healthier environment for nearby Whitepine, Colorado residents. The Forest Service would like to thank all of its personnel and partners for their hard work and dedication on this project.



### Introducing Independent Living at The Homestead at Montrose

If you are over 55 and independent but would like to live in a community offering socialization and peace of mind, schedule a tour of our private one and two bedroom apartments. We're conveniently located across from the Montrose Pavilion Senior Center.

#### Rent includes:

- · All utilities: cable television, Internet and phone
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- · Socialization and invitation to all activities

Pricing starts at \$1210 per month, new residents only.

Call or email Denise Swanson, Residence Director to schedule a tour. 970.252.9359 dswanson@voa.org | 1819 Pavilion Drive, Montrose



### **REGIONAL NEWS BRIEFS**

### GRANT FUNDING AVAILABLE FOR HEALTH CARE INITIATIVES

Special to the Mirror

GRAND JUNCTION-The Western Colorado Community Foundation is currently accepting applications to the Western Colorado Health Fund. Grants range from \$1,000 to \$2,500 and are available to clinics, hospitals and other nonprofit organizations to address access to health care and to improve health care delivery in smaller, rural communities. Applications are available on-line at wc-cf.org/nonprofits/grantmaking.

Organizations must be a registered 501(c) (3) with both the IRS and the Colorado Secretary of State. Applications must be received by **Friday, Sept. 29, 2017**. For more information, contact Tedi Gillespie at 970-243-3767.

The Western Colorado Community Foundation serves seven counties in western Colorado, managing charitable funds for community good. Currently, the Community Foundation manages over 250 charitable funds totaling \$60 million in assets and awards nearly \$2.5 million in grants and scholarships annually.

### **AUTUMN YELLOWING OF CONIFER NEEDLES A NORMAL PROCESS**

#### Special to the Mirror

MONTROSE-Although thousands of evergreen trees on the Western Slope are beginning to display dying yellow or orange needles, most are simply going through a natural shedding process – and are not infested by bark beetles or tree disease.

Colorado evergreens commonly shed their older, interior needles as part of an annual growth cycle. Needles on the lower portion of the crown or closest to the trunk are most commonly shed, but trees stressed due to drought or root damage may shed more needles to keep the tree in balance with its root system.

Soon-to-be shed needles typically turn yellow first, progressing to a reddish-brown color before dropping off. Trees can have varying levels of needle shed, even within the same property or general area.

In the CSFS Montrose District, which serves Montrose, Ouray and San Miguel counties, most of the inquiries received about the phenomenon relate to ponderosa pine, but other conifer species commonly exhibit fall needle drop as well. Needle drop is generally observed starting in late August and can be noticeable through the month of October.

Evergreen trees that shed fall needles have a different appearance than trees infested by bark beetles. The needles on a beetle-infested tree typically change color throughout the entire tree, initially starting with an off-shade of green and turning to yellow or orange by the following summer. In addition to changing needle color, bark beetle-infested trees will show other signs of attack, such as popcorn-shaped pitch tubes on the trunk, boring dust resembling fine sawdust collecting in bark crevices and at the base of the tree, and regular woodpecker activity.

Seasonal discoloration and loss of pine needles frequently is called "needle cast," but the term actually refers to several fungal diseases affecting conifers.

For more information about tree and forest health, contact the CSFS Montrose District at <u>970-249-9051</u> or visit <u>www.csfs.colostate.edu</u>.



### **REGIONAL NEWS BRIEFS**

# TELLURIDE/MONTROSE CONTINUES TO ADD WINTER FLIGHTS RANKS AMONG BEST IN MOUNTAIN AIRPORTS WITH 15 NON-STOP FLIGHTS

Special to the Mirror

REGIONAL – The Telluride-Montrose region will once again see a jump in air service for the 2017-18 winter season, continuing to add flight options and ranking among the best in mountain airports for access.

The Telluride/Montrose Airport (MTJ) is adding yet another hub to its list of direct flights with Charlotte (CLT) service on American Airlines. Charlotte, American's second largest hub, provides great connectivity for eastern and international travelers to easily access MTJ, Telluride and the surrounding region. Flights from CLT to MTJ will run Saturdays from Dec. 23, 2017 through March 31, 2018.

As American continues to push forward in leaps at MTJ, Dallas (DFW) will see an added second daily flight over Thanksgiving and third daily flight over the Christmas/New Year's holidays, complementing daily mainline jet service and twice-daily flights through the bulk of the season. American flights from Phoenix-Sky Harbor (PHX) will continue to run daily through the winter, along with service from Chicago (ORD) and Los Angeles (LAX).

Delta Airlines will operate new flights this winter from Salt Lake City (SLC) to MTJ over the Christmas and New Year's holidays. This service provides excellent access for those traveling from the west, as well as Delta's eastern hubs, and is a precursor to adding a possible season-long

route next year. Delta will continue to fly three times a week from Atlanta (ATL) to MTJ as well.

Core-carrier United Airlines will run an additional daily Denver (DEN)-MTJ flight, bringing that total to 4-6 per day through the season. United will also continue to operate daily flights from Houston (IAH) and Chicago (ORD), along with 1-3 flights weekly from New York's La Guardia (LGA), Newark (EWR), Los Angeles (LAX) and San Francisco (SFO).

Telluride is still reveling in the return of commercial flights to Telluride Airport (TEX), just 10 minutes from town and the ski area. TEX will continue to see daily service throughout the year from Denver (DEN) on United partner Great Lakes Airlines, averaging 10 flights per week. Low-cost carrier Allegiant will continue service into MTJ from Los Angeles (LAX) twice a week on Wednesdays and Saturdays.

For the two airports serving the destination, Montrose (MTJ) and Telluride (TEX), the added service brings the total to 15 non-stop flights (16 over the holiday season) from 12 major hubs for the 2017-18 winter. This is as good, or better, than every mountain airport in North America. In comparison to other ski destinations around the country:

ASE: 10 hubs, 13 nonstop flights JAC: 12 hubs, 15 nonstop flights EGE: 14 hubs, 15 nonstop flights

HDN: 14 hubs, 15 nonstop flights (2 of each on regional carrier)

"Non-stop hub air service to the Western Slope of Colorado through TEX and MTJ is second only to Denver International and Colorado Springs in the state," said Lloyd Arnold, Montrose Regional Airport Director of Aviation. "

We continue to expand our in-terminal services to enhance customer experience and deliver the amenities our customers deserve."

This 2017-18 winter season will see an overall increase in air service to the Montrose/Telluride region of approximately 5%, with a 43% increase over the last three years.

For route maps and detailed schedule information, please see visit <a href="https://www.coloradoflights.org/schedule">www.coloradoflights.org/schedule</a>. For flight and booking information please go to <a href="https://www.united.com">www.united.com</a>, <a href="https://www.aa.com">www.aa.com</a>, <a href="https://www.aa.com">www.delta.com</a> and <a href="https://www.allegiantair.com">www.allegiantair.com</a>.

For area resort and reservations information, please visit <a href="https://www.visittelluride.com">www.visittelluride.com</a>, <a href="https://www.visitmontrose.com">www.visitmontrose.com</a>, <a href="https://www.visitmontrose.com">ww

\*Schedules subject to change. United flights may be serviced by United Airlines or United Express. American flights may be serviced by American Airlines or Envoy/ American Eagle.



### **REGIONAL NEWS BRIEFS**

# RURAL TECH: GRANTS FUEL TECHNOLOGY ADVANCEMENTS AT MONTROSE MEMORIAL HOSPITAL



Montrose Memorial Hospital is acquiring SimMan3G, a training manikin with realistic features. The manikin will allow regional care providers to perform clinical procedures and experience authentic human reactions in a life-like scenario without fear of harming a real patient. Courtesy photos.

#### Special to the Mirror

MONTROSE- Montrose Memorial Hospital (MMH) has been awarded two grants that will provide advanced technologies to the hospital and other regional agencies delivering healthcare. One grant, from the Denver-based COPIC Medical Foundation, includes \$27,500 for an advanced data analytics system that will identify areas of improvement in patient care. A complex computer program will collect and analyze patient care data, and compare local statistics with national benchmarks— allowing for the hospital to identify specific areas of improvement.

"One of our four MMH Values is Excellence – always pursuing the best outcome," said Steve Hannah, MHA, CEO of Montrose Memorial Hospital. "The advanced analytics available will help us take our care to the next level and has the potential to save lives. If we have an opportunity to better serve our patients with advanced analytics, we want to make sure



we take advantage of that for our Friends & Family." The hospital has had a system for analytics – but it lacked the efficiencies and sophistication that the new system will bring.

"Data helps us to identify opportunities to measure and improve," said Jessie Neitzer, Director of Quality. "It's part of how we're demonstrating that Montrose Memorial is a great place to receive care." In a separate grant from the Colorado Department of Public Health & Environment, the hospital was awarded approx. \$56,000 for a realistic, advanced training manikin that is expected to better prepare care providers in the region to deliver patient care. The computer-controlled, wireless manikin—called the SimMan3G—has many of the hallmarks of a real patient: it breathes, blinks, tears, urinates, convulses, makes lung and bowel movement sounds, and features pupil constriction & dilation among the other ways the manikin simulates a live patient. The advanced realistic features also include the display of simulated vital signs on a nearby monitor—such as including electrocardiogram, oxygen saturation and arterial blood pressure. This allows care providers to experience authentic human reactions during clinical procedures in a controlled, life-like scenario without fear of harming a real patient. Research indicates simulation trainings lead to an increase in teamwork, communication, and knowledge related to delivering lifesaving care. Montrose

Memorial Hospital believes the realistic manikin will provide area healthcare agencies with realistic training scenarios relevant to the Western Slope lifestyle, such as farming accidents, car crashes, and recreational trauma. In Montrose County, the third leading cause of death is unintentional injuries. Up until now, there has not been a dedicated training manikin in the area for EMS and Trauma systems. The manikin will be a regional resource available for neighboring facilities as well as pre-hospital agencies. To select the best tool for training, the SimMan3G was selected by a committee comprised of the Montrose Fire Protection District, Norwood Fire Protection District, MMH Trauma Program Manager, MMH Education Department, MMH Chief of Emergency Services Dr. David Dreitlein, and the MMH Emergency Department. "It is the most state of the art training manikin available," said Erin Houk, MMH Trauma Nurse Coordinator. "Anyone will be able to go through a particular scenario that replicates what they see in the field. It's going to be huge for giving people the immediate treatment they need."



### **REGIONAL NEWS BRIEFS**

# COLORADO STATE FAIR RESULTS FROM MONTROSE COUNTY 4-H AND FFA MEMBERS

Name	Project	Placing	
Lisa Acevedo	Filmmaking - Promotional 4-H	Grand Champion	
Kayla Luce	Leadership	10	
Aubrey Casey	Scrapbooking - 1 Page	5	
Dawson Gurule	Woodworking	Reserve Champion	
Madison Kilby	Cake Decorating	Qualifier	
Desiree Dunn	Cake Decorating	8	
Sadie Shea	Clothing Construction STEAM 1	6	
Kassidy Brady	Clothing Construction STEAM 2	5	
Starr Borders	Clothing Construction STEAM 3	Reserve Grand Champion	
Starr Borders	Fashion Revue	Qualifier	
Liliana Borders	Cooking	4	
Evan Eddy	Rocketry	9	
Dakotah Dunn	Rocketry	3	
Dakotah Dunn	.22 Rifle Stand Alone	Qualifier	
<b>Heather Power</b>	Shotgun Display	Qualifier	
Lillian Power	Shotgun Display	<b>Grand Champion</b>	
Willem Plumhoff	Shotgun Stand Alone	6	
Cody Melchor	Sportsfishing	<b>Reserve Champion</b>	
Cody Melchor	Wildlife	3	
Nathan Cochran	FFA Heifer Wrangler	Reserve Champion	
Nathan Cochran	Heifer Showmanship	Champion	
Annabelle Sanburg	Market Steer	3	
<b>Grace Sanburg</b>	Market Steer	8	
Ty Taylor	Market Steer	6	
Ty Taylor	Market Steer	6	
Ty Taylor	Market Lamb	4	
Ty Taylor	Market Lamb	8	
Macy Gurule	Market Steer	9	
Anna Taylor	Market Goat	9	
Avery Kimble	Market Swine	4	
Rilynn Kimble	Market Swine	3	
Michaela Ladage	Market Swine	Reserve Champion Heavy Wt.	
Michaela Ladage	Market Swine	6	
Gabby ODonnell	Market Swine	6	
MaKayla Millsap	Market Lamb	3	
Shaye Snyder	Market Lamb	2	

Special to the Mirror

MONTROSE-Montrose County was privileged to have sent over 30 young men and women to compete at the 2017 Colorado State Fair in Pueblo, CO, August 25 – September 4. Members competed in everything from Shooting Sports to Cake Decorating, Fashion Revue to Market Animal Livestock Shows. Below are the most updated results.

Also in attendance were Aleja Baugh, Sarah Baugh, Tyler ODonnell, Kaylee Johnson, Brooke Snyder, Nick Grater, Talon Hensley, Amanda Seymour, Hayley Reed, Jacey Taylor, Garrett Millsap, Shianne Taylor, Sydney McCullough, Violet Tubbs, Jessica Baldwin, Caroline Lucarelli, Dailon Myers, Jeffery Reaksecker, Jonathon Reaksecker, Johnathon Shull, Carter Smith, Zach Weber, Alexis Kuhn, and Emilee Clark.

We congratulate all 4-H and FFA members on another successful year of competing! 4-H Enrollment will begin on October 16<sup>th</sup> for the 2018 season. If you would like to know more about 4-H programs in our area, please contact the Montrose Extension Office at 970-249-3935.

Congratulations
Montrose
County
4H & FFA
competitors in
the 2017
Colorado State
Fair!

# STATE FAIR 4-H AND FFA COMPETITORS



2017 Junior & Senior Shotgun Team Colorado State Fair.



Michaela Ladage Reserve Champion Heavyweight Hog Colorado State Fair.



Above, Shaye Snyder, 2nd Place Lamb Colorado State Fair.



Above, Gabby O'Donnell & Shaye Snyder @ Colorado State Fair.

Below, Showwomen, 2017 Colorado State Fair.

### **REGIONAL NEWS BRIEFS**

# COLORADO STATE FAIR HORSE EXHIBITOR RESULTS MONTROSE COUNTY 4-H AND FFA MEMBERS

#### Colorado State Fair Horse Division Results from Montrose County 4-H and FFA Members

The 2017 Colorado State Fair Horse Exhibitor results are below by class! Congratulations to our Montrose and Ouray County Horse Members!

F 12 4	1 - 1	~ / 4	4 4 4			D
English	Level	3/4	14-	5 H	igh	Point

Champion Hayley Reed

#### Western Level 2 16-18 High Point

9th Place Jessica Baldwin

#### Western Level 2 11-13 High Point

4th Shianne Taylor Tied 5th Makayla Millsap

#### Working Ranch Level 2 11-13 High Point

2nd Emilee Clark 4th Makayla Millsap

#### Working Ranch Level 2 14-15 High Point

6th Alexis Kuhn

#### Working Ranch Level 2 16-18 High Point

Res Champion Jacey Taylor



Hayley Reed, Sr. High Point Western Horsemanwoman. Courtesy photo.

#### English Written Test Level 3/4 14-15 7th Hayley Reed **English Showmanship** 3rd Hayley Reed 8th Shianne Taylor 9th Makayla Millsap Eng. Equitation 3rd Hayley Reed 8th Makayla Millsap **English Riding Ctrl** 8th Shianne Taylor 8th Hayley Reed Eng. Show Hack 5th Hayley Reed 6th Makayla Millsap Western Written Test 3rd Shianne Taylor

#### 9th Makayla Millsap Western Riding

4th Makayla Millsap

4th Jessica Baldwin

8th Hayley Reed

1st Hayley Reed 3rd Shianne Taylor 10th Jessica Baldwin

#### Reining

1st Makayla Millsap 1st Caroline Lucarelli 4th Emilee Clark 5th Hayley Reed 8th Alexis Kuhn

#### Sr. Gymkhana Written Test

8th Jessica Baldwin

Jr Barrels

9th Emilee Clark

Sr. Barrels

4th Alexis Kuhn

Sr. Barrels

1st Jessica Baldwin

Sr. Flags

2nd Jessica Baldwin

Jr. Poles

3rd Emilee Clark

Sr. Poles

1st Jessica Baldwin

Ranch Written Test

2nd Jacey Taylor

6th Jessica Baldwin

8th Caroline Lucarelli

Ranch Horsemanship

2nd Emilee Clark

2nd Caroline Lucarelli

3rd Makayla Millsap 5th Caroline Lucarelli 13 & U Ranch Riding

1st Emilee Clark

4th Caroline Lucarelli

The Montrose Mirror | September 11, 2017 Page 33



# The Mirror now weekly

Making sure readers don't bury their heads in the sand.



# MCCOOK TALKS ABOUT ORIGINS, MEANING OF UTE BEAR DANCE TRADITION @ MONTROSE SENIOR CENTER

By Caitlin Switzer

MONTROSE-When Roland McCook returned to speak at the Montrose Senior Center on Sept. 7, he came to share information about the Ute Bear Dance tradition, and what it means. The Ute Bear Dance is the only traditional dance of the Ute people, and "came to us by way of legend," McCook said, noting that the traditions vary among the three Ute tribes (Northern Ute, Southern Ute, and Ute Mountain Ute.)

"All three tribes do a bear dance every spring, based on legend," he said, and shared the legend of his own tribe, the Northern Ute people of Utah. "When the Ute tribe lived among these mountains, in spring they went to the mountains for hunting at the same time the bears finished hibernation," McCook said, and told of three young warriors who laid down among the trees to rest. "They became aware of a sound, and woke up to see a bear next to them, looking at them," McCook said. "They panicked. But, 'Don't run,' said the Bear. "I am here to help you.'

"One of the young warriors stopped to listen," McCook continued. "I will not hurt you, the Bear said. 'Your tribe is not doing well. Listen to me and do a dance, and your tribe will prosper."

As the youth watched, the Bear stood

beside the tree and began to claw it, McCook said. "He was making growling sounds; he took a few steps back. All the time he was swaying back and forth and growling."

The Bear promised to teach the youth some songs that he could take back to his people," McCook said. "And you will do better."

When the young warrior came down off the mountain, he shared his story with his people, "and the Ute Bear Dance was born among the Northern Ute Tribe."

The dance takes place in an enclosure that is built each year. The sounds of a growling bear were at first created with wooden instruments, later augmented with tin. McCook displayed a percussion instrument made from a wooden ax handle. "When there are six or eight all at once, it really makes that sound—and they sing with it."

The Bear Dance begins at Noon, and goes until sundown, McCook said. "When the Bear Dance starts, the dancers enter the enclosure, and women go this way and



Roland McCook, who is of the Northern Ute Tribe, spoke about the Ute Bear Dance tradition at the Montrose Senior Center on Sept. 7. Photo by Marilyn Huseby.

men go over here. The first song is a choosing song, and it is the women's choice. The women cross the floor to choose their dance mates; the spirit of the dance is the spirit of spring."

The women are prohibited from choosing relatives to dance with, he said, but otherwise are free to choose any of the men to dance with. "It is a time of celebration," McCook said. "They dance, but they don't touch each other." The Bear Dance lasts from Friday through Monday, he said, and generally takes

place between May Continued next pg

# MCCOOK TALKS ABOUT ORIGINS, MEANING OF UTE BEAR DANCE TRADITION From previous page

and June. The public is invited.

"You are welcome there," McCook said. "Admission is free, because the tribes want you to know they still celebrate the Bear Dance. It is not uncommon for non-Indians to participate in this dance; I have photos from the 1800's, with non-Indians dancing. "The legend of the Bear signifies spring and a new beginning for summer," he said. "The Creator saw fit to make him King of the Mountain in the Summer months...and puts him to sleep, out of the way, so you can hunt in the winter, and the bears can have their little ones."

The Bear Dance was also a venue for families and friends to come together in Spring, share news of loved ones lost over the winter, and celebrate new life, especially babies, according to McCook.

When a listener asked if he ate bear, and could prepare a bear to eat, McCook replied, "Bear is way down on the list for us to cultivate. We don't harvest bear. We think of bear as almost human; they look like people and they eat the same things we do. "My dad and the older people used to call bears, 'Grandpa.' It's not reasonable to eat Grandpa," McCook said.

# COMMUNITY NEWS BRIEFS

# CSU EXTENSION AND STRAW HAT BAKING CLASSES

Special to Art & Sol

MONTROSE-CSU Extension and the Straw Hat Farm Market and Kitchen Store would like to invite you to learn how to bake! We will be learning everything from basic baking skills, all the way to advanced techniques. Our September 28th class features baking three breads, including a gluten-free bread recipe. After our breads class, we will jump into making delicious pies from scratch on Oct. 26 and festive Holiday breads on Nov. 15. The cost for the class includes all baking supplies and materials. Pre-registration is reguired and closes a week before each class. The cost is \$25 per class or \$45 for all three classes. Spaces are available on a first come first serve basis, so pre-register soon! Call 970-249-3935 for registration or additional information.































For ticket information and more details, please visit

http://TheVoiceSanJuans.wordpress.com/

### The Voice of the San Juans





Join us for entertainment, fun, and excitement as we search for the best vocalists in our region!

- ★ Join the excitement at the Final Competition as the 12 winners from our auditions the best of the best compete for the top prize of \$1,000.
- ★ Buy your tickets before they sell out! General admission seats are \$35. Doors open at 6:00 pm and the show starts at 6:30 pm.
- ★ A limited supply of <u>VIP tickets</u> is available for purchase only until Sunday, September 17.

  As a VIP, you'll enjoy a delicious catered reception (5 6 pm) where you'll meet our 12 finalists and our judges.

  Next, when the show begins at 6:30 pm, you'll have the best seats in the Pavilion auditorium.



For more details and ticket information, please visit

http://TheVoiceSanJuans.wordpress.com/

## COMMUNITY NEWS BRIEFS

## MONTROSE HIGH SCHOOL FOOTBALL TEAM RAFFLE



Special to Art & Sol

MONTROSE-Our local MHS Football Team has started a Raffle to raise funds for replacement of helmets, equipment, and travel expenses for the Team. The Raffle will be held at Montrose Elks Lodge on November 28, 2017 at 6 PM.

Prizes of the Raffle include: 2 NFL Bronco Football Tickets Broncos –vs- NY Jets, with 1 night Lodging at Marriott Renaissance, Downtown Denver on Dec 10th- Value \$400 (Game time 2:05 PM on Dec. 10th in Denver, CO) 2 Gift certificates to Cinzzetti's, an Italian feast for 4 people each (Denver, alcohol not included) - Value \$150

1 Gift certificate to Pei Weis - an Asian feast for 2 people (Denver, alcohol not included) - Value \$100

Raffle tickets will be on sale at locations: All MHS varsity home games:

9/29/17 Varsity vs GJ Central 6pm sales start, 7pm game

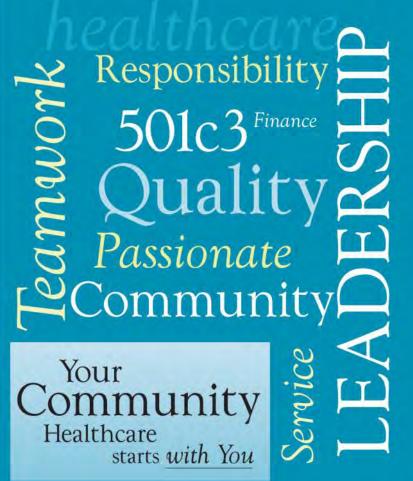
10/6/17 Varsity vs Vista

Ridge 6pm sales, 7pm game

10/20/17 Varsity vs Coronado

Also games at Grand Junction on 10/2, 10/9, 10/16, 10/30

Ticket Price is \$10 each or 3 for \$25. Tickets can be obtained at sales locations or by Phone or Text to 970-417-2829 or by email to <a href="mailto:martin.crespin1@gmail.com">martin.crespin1@gmail.com</a>.



# MMHI Board of Director applications are now being accepted

Application deadline is August 31.

Learn more during our public board meeting August 28th, open to the public. More information and candidate application is available at www.MontroseHospital.com or in the hospital administration office.



800 South Third Street, Montrose, CO 81401

970.249.2211

MontroseHospital.com

### **COLORADO NEWS BRIEFS**

## COLORADO SKI COUNTRY PASSPORT PROGRAM WITH ACCESS TO 22 COLORADO SKI RESORTS NOW OPEN

Special to Art & Sol STATEWIDE-Colorado Ski Country USA (CSCUSA), the trade association and global voice of skiing and snowboarding in Colorado, announced today that registration is open for the 5th and 6th Grade Passport Program and the Colorado Gems Card. The popular Passport Program offers unmatched access to 22 ski resorts across the state by giving fifth graders three days of free skiing or snowboarding at each resort and sixth graders 88 days on the slopes for less than \$1.20 per day.

The Colorado Gems Card provides discounted skiing and riding with affordable prices at ten of Colorado's most authentic ski resorts. Echo Mountain, located in Idaho Springs, will join the Passport and Gems programs for the 2017-18 ski season. "The opening of Colorado Ski Country USA's pass products signals the start of another ski season here in Colorado," said

Melanie Mills, President and CEO of Colorado Ski Country USA. "With more participating resorts, the 5th and 6th Grade Passport Program and the Colorado Gems Card provide affordable access to ski resorts all across Colorado."

## CSCUSA 5th and 6th Grade Passport Program

The 5th Grade Passport provides fifth graders three days of free skiing at 22 CSCUSA member resorts. The 6th Grade Passport allows sixth graders four days of skiing at the same 22 resorts for \$105 if participants register before November 30, 2017. After November 30, 2017, registration for the 6th Grade Passport will be \$125 until January 31, 2018. Additionally, CSCUSA's First Class lesson program complements the 5<sup>th</sup> Grade Passport Program and provides fifth graders who have never skied or



Photo courtesy Granby Ranch.

snowboarded one free ski or snowboard lesson and equipment rental. To register for the Passport Program and for more information about First Class Lessons, parents can visit <a href="www.ColoradoSki.com/Passport">www.ColoradoSki.com/Passport</a>. The CSCUSA Passport Program enjoys the support of presenting sponsor Christy Sports, and program partners Credit Union of Colorado and HEAD Skis.

Participating resorts in the 2017-18
Passport program include: Arapahoe Basin, Aspen Highlands, Aspen Mountain,
Buttermilk, Cooper, Copper Mountain,
Crested Butte, Echo Mountain, Eldora,
Granby Ranch, Howelsen Hill, Hesperus,
Loveland, Monarch, Powderhorn, Purgatory, Snowmass, Steamboat, Sunlight,
Telluride, Winter Park and Wolf Creek.

#### Colorado Gems Card

Appropriately named, the Gems resorts are among Colorado's best hidden treasures. With affordable prices, and world-class terrain, the Colorado Gems resorts offer an authentic Colorado skiing and snowboarding experience. For just \$25, the Colorado Gems Card provides either two 2-for-1 adult lift tickets or two 30 percent off adult lift tickets at each of the ten Colorado Gems Resorts, providing up to 20 days of discounted skiing or riding at Colorado's hidden gems. For more information or to purchase a Colorado Gems Card, visit <a href="https://www.coloradoSki.com/Gems">www.coloradoSki.com/Gems</a>.

Participating resorts in the 2017-18 Gems Card program include: Arapahoe Basin, Cooper, Echo Mountain, Eldora, Granby Ranch, Hesperus, Loveland, Monarch, Powderhorn and Sunlight.

## Many Older Adults Need Our Help... in the most fundamental ways.

- **FOOD:** In the most affluent country on earth, seniors have to choose between food and medicine.
- SHELTER: Imagine having to find a decent, secure place to live on an income of \$800 per month.
- SAFETY: For older adults, home can often become a dangerous place without proper repairs.
  - SUPPORT: Sometimes we all need a little help from our friends.
    - CARE: When living at home is no longer an option, we can help.
- CONNECTIONS: When you outlive all of your friends and family, who do you turn to?



Join us in supporting our vision to enrich and uplift the lives of our local older adults.



www.voahealthservices.org www.Facebook.com/VOAWesternSlope.org 1-844-VOA-4YOU Toll Free Assistance Line





## NOTES FOR THE JOURNEY...

### **Exploring Classical Music With Rob Brethouwer** A MUSICAL PREMIERE TO REMEMBER...NYC, DEC. 3, 1925

t is Dec. 3, 1925 and you are in New York City. You are dressed to the nines at a time when dressing up actually meant something. The venue is Carnegie Hall and you are just about to hear George Gershwin featured as the piano soloist in his recently completed Concerto in F. The ending of World War I is seven years in the past and the beginning of the Great Depression is still more than three years away. You are in one of the best cities in the world with few cares as you enter Carnegie Hall with your date on your arm. The tone has been set for a remarkable and memorable evening of new music.

The next day, you remember the performance as something you have never heard before and your decision to attend the performance was worth the time and money. The critics view is not as clear as they cannot seem to decide if what they heard was classical or jazz. Being critics, they must have something to talk about and must offer their readers more than a few words. The performance of the three movement work is still firmly implanted in your memory. Writing a letter to a friend and fellow music lover later in the day, you remember the performance as follows...The first seconds of the piece were a cacophony of percussion clashes and bangs. This happened four times before things evened out. Not quite sure what was being heard, the beginning of the piece required in-depth listening. The entrance of the piano soloist was subtle and easy with elements of a jazz ballad coming out of the right hand. The orchestra comes back in with a soft accompaniment in the strings as the piano continues work through the jazz ballad. Increasing in volume, both soloist and orchestra seem to be working their way out of the ballad phase and moving towards something more in-depth. This holds true as the brass and full orchestra introduce a theme with strong accents that are taken up by the solo piano that crescendos towards a soaring melody that is being pushed more by the orchestra than by the soloist. It is as if two distinct voices are having different conversations, but are somehow making

someone with some music background, you can tell by looking at the program that this piece has all the elements of a classical concerto. Three movements marked fast, slow, fast, a full orchestra, a noted soloist. However, what you are hearing coming from the stage has the elements of a jazz concert or something very avant garde that is somehow familiar and at the same time new to your ears. The rise and fall in this first movement seems to be giving the audience aural whiplash as things are going back and forth from flowing and lilting to fierce, loud, and borderline violent. It is as if the music itself could not make ups its mind on what direction it wanted to take. It is more than halfway through the first movement when things really take off with flourishes from the orchestra and a descending thumping melody coming from the piano. The piano is frantic almost as if a cat is walking on the higher notes of the keyboard. The left hand bass line is continuous and keeps the true rhythm of the piece moving forward.

Tidbits of percussion from the orchestra keep things interesting. Soon after, the melodic line is taken over by the orchestra and the piano adds the accompaniment. As in most concertos, the listener can get the feel that the conclusion is approaching by a change of not only of style but also in the tone of the orchestra and soloist. It sounds almost as if a warning is being issued to the listener that they need to be listening ever more closely as a musical statement is about to be made. Once again the cacophony from the percussion section is heard as if the piece is starting over from the beginning. Ascending chords from the soloist push things ever close to the conclusion of the first movement. As it comes to an end there is a feeling of something fresh in the air.

The start of the second movement features soft sounds from the woodwind section that bring to mind a sunset at the beginning of a slow and easy day down south. A muted trumpet, a favorite of George Gershwin, makes a statement in the background that pushes the sun ever

sense to each other and to the listener. As higher in the sky. The day is taking its time starting and the leisurely pace sets the tone for this slow second movement. It is easily more than three minutes before we are reminded that there is a soloist involved. The woodwinds respond, the piano begins a melody reminiscent of a frustrated parent trying to get the attention of the unruly orchestra; the clomping sounds show the frustration building. A solo violin answers as if to say to the parent that things will be fine if the parent would just tame the general tone of her unruly children. The piano introduces a new melody that reminds the listener of a theme that was played in the first movement. This time it is presented in a different key with elements of a classical tone attached, rather than jazz as heard in the first movement. The orchestra takes up this same melody at an increased level of volume and makes it more lush and energized. The give and take between soloist and orchestra continues. Once again and as usual, the tone from the orchestra makes it known that the beginning of the end is happening and we are pushing to our conclusion.

> The third and final movement starts out like a rocket roaring off of the launch pad. Blasts and roars from all sections of the orchestra and from the soloist. The music engulfs the listener in a wave of sound and audience members are left grabbing onto the armrests of their seats. The ever present muted trumpet shows up again and provides a very brief solo between bouts of sweet noise coming from the piano. This movement has both elements of jazz and classical; the piano soloist is clearly taking the lead in this movement and the orchestra is there to accompany. Ascending unison lines in the brass and piano are presented over and over until things slow just a bit towards the conclusion. Almost before it begins the short final movement is over and the concerto has come to an end.

Although not known at the time, this was a musical evening that would truly go down in history as one of the finest musical premieres of all time.

### MIRROR IMAGES...MOUNTAIN STATES RANCH RODEO



Above, the next generation of cowboys joins in during the awards ceremony Saturday evening; top right, sorting early Friday; below right, Chancey Williams and the Younger Brothers Band take the stage Saturday night at the Montrose County Fairgrounds; below left, opener Brooke Turner warmed up the crowd. The results of the rodeo:

1st: Kelley Trucking \$7500 2nd: JT Cattle \$4500

3rd: Norell Ranch/J\$ Livestock \$3000

For more results visit

www.mountainstatesranchrodeo.com.









Struggling to care for a loved one with dementia or Alzheimer's?

Dementia Care – Validation Support Group Meets the 2nd Thursday of every month 2:00 – 3:00 pm

Bring your loved one and activities will be provided while we meet.

Our group is open to anyone wanting to learn more about dementia or Alzheimer's disease, caregivers taking care of a loved one at home, or friends and family members who want to lend extra help from time to time.

**Valley Manor Care Center Memory Care Community** 

1401 South Cascade Ave., Montrose

Led by Brandi Garcia Certified Dementia Care Validation Instructor 970-249-9634 or 970-275-6115

Email: bgarcia@voa.org





## **Up Bear Creek** by Art Goodtimes

## Mtn. Studies Institute turns 15





At left, Cow licking calf on Telluride's Valley Floor (photo by Carl Marcus). At right, Marcie Bidwell and Commissioner Pete McKay speak to the crowd at the Mountain Studies Institute celebration in Silverton this past Saturday (photo by Art Goodtimes).

**SCIENCE IN SILVERTON** ... "The Future Is Bright" was the slogan for the anniversary celebration the Mountain Studies Institute (MSI) held in Silverton this past weekend at the under-renovation Wyman Hotel. Exec. Director Marcie Demmy Bidwell emceed the festivities ... As an early board member, I got invited to say a few words ... San Juan County Commissioner Pete McKay had initially roped me into serving on the MSI board. Pete and I have been friends, colleagues and allies for the past 16 years. He's still hard at work for his constituents, while I'm happily retired ... Silverton was also the home of my teacher and friend Dolores LaChapelle. So joining a (at-the-time) Silverton-based board was appealing ... But Dolores has passed. I left the board and relinquished my seat to San Miguel County Commissioner Joan May, who did a great job representing our region on this important regional science group. MSI's Dr. Rory Cowie is currently working for the Town of Telluride doing research sampling on the Valley Floor ... Personally I still feel strongly about supporting MSI because it was a dream of legendary Durango geomorphologist Rob Blair, a close friend of LaChapelle. He envisioned a Silverton-based Science Center that would, as MSI's mission statement suggests, "empower communities, managers and scientists to innovate solutions through mountain research, education and practice." And MSI is working towards just that ... Rob also wanted a clearinghouse for information on all the scientific research papers published in or about the San Juan Mountains. And he wanted stronger connections among all the San Juan Mountain communities. Both of which MSI continues to work towards ... It was a lovely day in the ancient caldera of Silverton, and a good turn-out of all ages made it a celebratory event ... Learn more about MSI's work at www.mountainstudies.org

SAYS THE NEW YORKER ... "Jeff Broin, the C.E.O. of Poet, a large ethanol producer, complained, "This was a back room 'deal'" —in Patrick Radden Keefe's "Trump's Favorite Tycoon" [Aug. 28, 2017]... "When you give someone a title, you make him your agent." —Richard Painter, head ethics lawyer for Pres. Geo. W. Bush ... "I don't believe in the word 'fair.' It's a human concept that became conventional wisdom." — corporate raider Carl Icahn, as told to Mark Stevens, his biographer.

MOUSE'S IN OURAY ... I still am enamored of the Belgian Chocolate Mocha that John makes at this legendary sweet shop in Western Colorado's "Switzerland-of-America" ... When it comes to making mochas, the chocolate makes all the difference.

**BUMPS** ... Thanks to CDOT for smoothing out the worst of the dips in Highway 62 near mile marker 20. It was getting to be a

roller-coaster amusement park ride doing the speed limit around the curve before the Dallas Park Cemetery.

Page 42

#### **INDIGENOUS PEOPLES DAY ...**

The Telluride Institute, in cooperation with the Telluride Historical Museum and thanks to funding from San Miguel County, will be hosting the evening of Oct. 7<sup>th</sup> a series of three talks by Native-American speakers in the second cultural exchange of Native-Americans with the Euro-American citizens of the county ... The speakers will be Peter Pino of

New Mexico, former Governor of Zia Pueblo and boardmember of the Native American Rights Fund of Boulder; Ernest House, Jr., Ute Mountain Ute and director of the Colorado Commission on Indian Affairs; and Regina Lopez-Whiteskunk, former Ute Mountain Ute councilmember, on-going Bears Ears advocate and currently employed by the Ute Indian Museum in Montrose.

TRAVELING GOURDS TOUR ... This month the Telluride Institute's poetry tour of the Western Slope starts up again after a summer break. Jodie Hollander of Avon will kicks things off in Norwood with a reading Mon. Sept. 25, appear in Telluride for the Talking Gourds Poetry Club Tues. Sept. 26, move on to La Zona Colona Wed. Sept. 27, follow with a TBA venue for the Paonia reading Thurs. Sept. 28, and end up in Fruita at Lithic Books Fri. Sept. 29.

WEEKLY QUOTA ... "Psychopathy, like autism, and many of the clinical disorders, is a spectrum ... Many of us are narcissistic, many of us are impulsive at some level. Many of us do all sorts of things that are at least somewhat morally wrong. We're somewhere on the spectrum." – evolutionary psychologist Marc Hauser, speaking at the July 2010 conference on "The New Science of Morality." Harvard later found him guilty of scientific misconduct and he resigned from his university position.

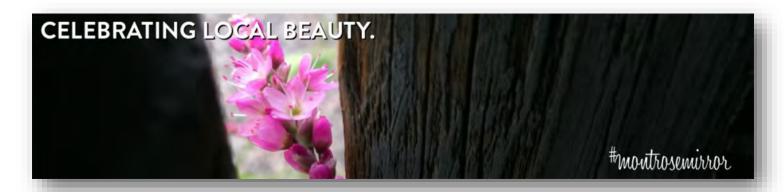
Continued next pg

## Up Bear Creek by Art Goodtimes

### THE TALKING GOURD

## Science News

noticed • in the last issue • the good
Beth Geiger • used • the phrase
"fight against climate change"
but • as a poet • not • a scientist
can i protest? • not • everything
has to be • a war





#### MENTAL HEALTH FIRST AID

#### Be the Difference

#### Let's make Mental Health First Aid as common as CPR



Mental Health First Aid is a public education program that introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact and overviews appropriate supports. This 8-hour course uses role-playing and simulations to demonstrate how to offer initial help in a mental health crisis and connect people to the appropriate professional, peer, social and self-help care.

## Mental illnesses are treatable health conditions very common in the world today.

They can affect anyone, regardless of age, race, religion, or income. But people are still afraid to talk about them due to shame, misunderstanding, negative attitudes, and fear of discrimination.

#### A mental illness is:

- A medical condition disrupting a person's thinking, feeling, mood, ability to relate to others, and daily functioning.
- Common. One in four people will develop a mental illness in their lifetime.
- Treatable. Most mental illnesses can be treated effectively with medication, therapy, diet, exercise, and support.

#### A mental illness is not:

- Imaginary. Mental illnesses are very real and very common.
- Something to "get over." Mental illnesses cannot be willed away.
- A character flaw. Mental illnesses are medical conditions that do not define us.

#### An illness can be caused by:

- Trauma. Sometimes traumatic events can play a role in triggering a mental illness.
- Chemical imbalance. Chemical or biochemical changes in the brain can be factors.
- Genetics. Some mental illnesses get passed along from one generation to the next.
- Environment. Exposure to toxins, illnesses, drugs, or alcohol can affect the developing brain in utero.











970-252-5011

http://www.centermh.org/

## COMMUNITY NEWS BRIEFS

### ARTBAR: GORGEOUS GROWLERS WITH ANN CHEEKS SEPT. 26

Special to the Mirror

RIDGWAY-Weehawken Creative Arts invites you to mix up your art with a fun and creative evening of art at their monthly ArtBAR offering at the Sherbino Theater in Ridgway. This September's ARTbar celebrates our love of locally brewed beer with "Gorgeous Growlers." Join one of Weehawken's 'Art Bar' experts and accomplished teaching artist, Ann Cheeks, for a step- by- step and how-to class, and go home with a hand painted glass growler!

At Weehawken and Sherbino's ARTbar, the goal is to provide a positive, creative outlet in a fun and relaxed atmosphere. The hope is to inspire the community to discover their imaginative side and cross the bar into other dimensions of creativity. The classes offered require no experience. \$40 includes instruction, all materials, a drink and you'll go home with your very own masterpiece. After this specific class, Weehawken suggests taking your gorgeous growler next door to Colorado Boy Brewery for a fill up.

Ann Cheeks is an artist and art teacher with 10+ years of teaching art. Before moving to town, Ann worked as an art teacher both privately and in a middle school in Virginia to children aged 7 to adults. In addition, she and a partner founded and have run an art/nature camp since 2003 which explores a wide variety of mediums; everything from drawing to sculpture. Her personal work is in private and corporate collections and can be seen at www.anncheeks.com.

"ArtBAR: Gorgeous Growlers" with Ann Cheeks will be offered on Sept. 26 from 6 to 8 pm. The cost for this evening event is \$40 and includes all materials and a beer or wine from the bar. Students are encouraged to register in advance through Weehawken Creative Arts at <a href="www.weehawkenarts.org">www.weehawkenarts.org</a> (adult arts classes tab) or by calling Weehawken at <a href="970.318.0150">970.318.0150</a>. A minimum number of students must be met in order to guarantee the class, so interested students are encouraged to register several days in advance. More details are available at <a href="www.weehawkenarts.org">www.weehawkenarts.org</a> or <a href="facebook.com/weehawkenarts.org">facebook.com/weehawkenarts.org</a>

### **COMMUNITY NEWS BRIEFS**

### BIG GAME HUNTERS GET READY, SIGHT IN YOUR RIFLES

Special to the Mirror

COLORADO-Now's the time for big-game hunters to get ready for the season by sighting in their rifles. Colorado Parks and Wildlife urges hunters to begin practicing well before the start of the seasons.

Hunters who are thoroughly familiar with their rifles have a better chance at being successful in the field, said Rick Basagoitia, area wildlife manager for Colorado Parks and Wildlife in the San Luis Valley. Shooting an animal with a high-powered rifle, no matter the distance, is not a natural skill. Hunters must know the capabilities of their rifles, the intricacies of their scopes, the characteristics of their ammunition, the distance of the targets and their own competence for setting up for a fast shot at an animal.

"Shooting is a perishable skill," Basagoitia said. "If you haven't done it in a while, you're going to get rusty. There are people who believe they can go out, buy an expensive rifle and without any practice start shooting like the guys on the hunting shows on TV. Well, they can't."

The importance of good shooting also goes beyond just being able to harvest an animal. Developing shooting skills must be viewed as an ethical consideration by hunters.

"We don't want animals to suffer. Preferably, hunters will get the job done with one shot," Basagoitia said.

Shooting lots of rounds is the only way to become proficient with your rifle, explained Brian Bechaver, a district wildlife manager in the San Luis Valley and a certified firearms instructor who has hunted all

his life. But to become proficient, hunters must get out of their comfort zones at the shooting range.

"Most people can shoot off a bench and when they know the range of the target," Bechaver said.
"But a lot of things go out the window when you're in the

field and you see an animal."

A hunter must quickly estimate distance, take a shooting position that might be awkward and be forced to shoot uphill or downhill. Various environmental and physical factors also affect shooting ability - heat, cold, wind, fatigue and the heart-pounding influence of adrenalin coursing through the body.

Bechaver recommends forcing yourself to practice in uncertain conditions. Shoot from the prone position, shoot sitting down using your knee for a rest, use a pack as a support, estimate distances and then check your hunch with a range finder, etc. While it's possible to rest your rifle on a backpack or your knee in the field, it's best if hunters purchase shooting sticks that are attached to the rifle's barrel.

"It's easy to hit a target at the range, but it's something else when you're standing in the snow on a cold day and your breathing hard and the wind's blowing,"



Bechaver said. Before going to the range, review the specifications of your rifle, understand how to adjust your scope, use a range finder, and know the capability of your ammunition. The target you practice on should be the size of the vital-organ area of the animal you are hunting: a circle of about 15 inches in diameter inches for an elk, and about 10 inches in diameter for a deer. The vital area is just behind and slightly below the front quarter of a big game animal. A shot placed in this area will tear through the heart and lungs and kill an animal quickly. Basagoitia recommends setting targets at 100 to 200 yards, a practical distance for Colorado hunting. Shoot until you are able to place five shots in a tight pattern on the target.

"You can get lucky with three shots, but not with five," Basagoitia said.

"Practice, practice, practice," Bechaver said. "The more you shoot at the range, the more confident you'll be when your shot really counts."







If you tried to follow some of the recipes in the Palisade peach story in Issue 235, you may have been confused. We are very sorry. The way it should have read:

#### **Canning and preserving:**

This is the way you can have that fresh peach taste all year long. Don't be afraid to try your hand, it isn't rocket science. And, hey, if your peach jam turns out a bit juicy-- like mine does sometimes -- you can always call it peach sauce and put it on waffles or pancakes or ice cream. It'll still taste terrific. Here's a basic recipe from the Ball Blue Book "Guide to Preserving":

#### **Peach preserves**

Ingredients

4 cups sliced, pitted, peeled peaches (2-5 pounds)

6 tablespoons classic pectin

peaches into thin slices.

2 tablespoons lemon juice, fresh or bottled

7 cups sugar

½ teaspoon cinnamon (if desired)
Prep: Wash peaches, drain. To peel,
blanch in boiling water for 30-60 seconds,
immediately transfer to ice cold water,
rub off peel or remove with paring knife.
Cut peaches in half, remove pits. Cut

#### Cook:

Combine sliced peaches, pectin and lemon juice in large saucepan. Bring to a boil stirring to blend in pectin. Add sugar and cinnamon if using, stirring until sugar dissolves. Bring to rolling boil that cannot be stirred down. Boil hard for just 1 minute stirring constantly. Remove from heat and skim off any foam if necessary. Fill: Ladle hot preserves into a hot sterilized jar, leaving ¼ inch head-space. Remove air bubbles with clean knife or plastic tool. Clean jar rim with clean cloth or paper towel. Center lid on jar and adjust band to fingertip-tight. At this point you can refrigerate the preserves or process in a boiling water bath.

#### CORRECTION...PEACH RECIPES NOT SO PEACHY!

To Process:

Place jar on rack in boiling-water canner with simmering water. Repeat until all jars are filled. Lower the rack into simmering water with water covering jars by 1 inch. Adjust heat to medium-high, cover canner and bring water to rolling bowl. Process ½ pint jars 10 minutes. Turn off heat and remove cover. Let jars cool 5 minutes in pan. Remove from canner with tongs being careful not to burn yourself. Set on counter covered with kitchen towel. Do not re-tighten bands if loose. Cool 12 hours. Check seals. Center of lid should not spring back when touched. Label and store in a dark, cool place. It may take about two weeks for jam to gel properly. Enjoy!

#### **Brandied Peaches**

Another way to enjoy peaches is to brandy them. This is pretty easy and is a spectacular dessert after a dinner party, plop on a scoop of ice cream if you like.

Ingredients

4 – 5 pounds smallish peaches (about 16-20 small)

Fruit-Fresh produce protector

6 cups sugar, divided

1 teaspoon salt

1 quart water

¾ cup peach brandy

Prep: Wash peaches, drain. Peel peaches by blanching in boiling water 30-60 seconds, transfer to ice cold water. Rub peel off and discard. At this point you can cut peaches in half and pit, or just leave them whole. Leave in cold water and treat with Fruit-Fresh to prevent darkening.

Cook: Combine 3 cups sugar, salt, and water in large saucepan. Bring to a boil, stirring until sugar dissolves. Drain peaches and gently boil peaches in syrup, one layer at a time for 5 minutes until hot through. Transfer cooked peaches to a large bowl. Boil syrup 5 minutes to reduce a bit, pour hot syrup over peaches. Cover peaches and refrigerate 12-18 hours. Drain peaches, reserving syrup. Combine

syrup and remaining 3 cups sugar in large saucepan. Bring to a boil, stirring constantly until sugar dissolves. Pour hot syrup over peaches in bowl. Cover peaches and refrigerate another 12-18 hours. Gently boil peaches in syrup until hot throughout.

Fill: Lift hot peaches out of syrup with slotted spoon, pack into a sterilized hot jar, leaving ½ inch head-space. Add 4 tablespoons peach brandy. Ladle hot syrup over peaches and brandy, leaving ½ inch head-space. Remove air bubbles with clean knife or plastic tool. Clean jar rim. Center lid on jar and adjust band to fingertip-tight. If canning place jar on rack of canner elevated over simmering water, repeat until all jars are filled. Alternatively, you can refrigerate the jars/or freeze the product in sealed bags or jars if you don't wish to process them in a boilingwater bath.

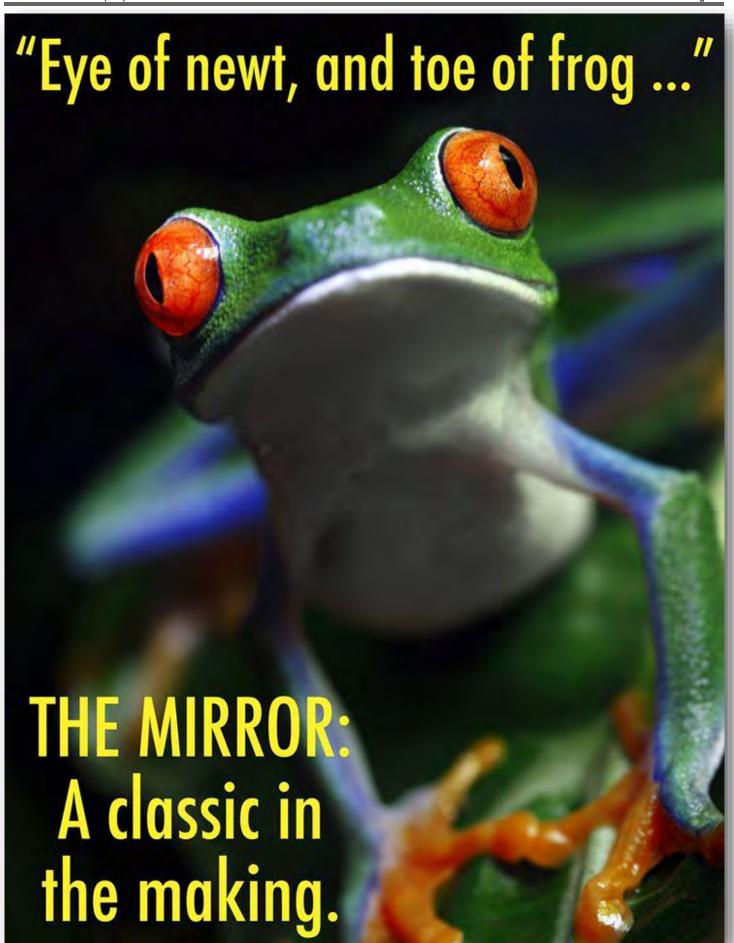
To Process: Place hot jars in the canner. Lower the rack into simmering water. Water must cover jars by 1 inch. Adjust heat to medium-high, cover canner and bring water to a rolling boil. Process pint jars 10 minutes. Turn off heat, remove cover and let jars cool 5 minutes. With tongs remove jars from canner, place on towel on counter to cool; do not re-tighten lids. Cool 12 hours. Test seals, label and store jars. Note: brandied peaches will be full-flavored in about 4 weeks.

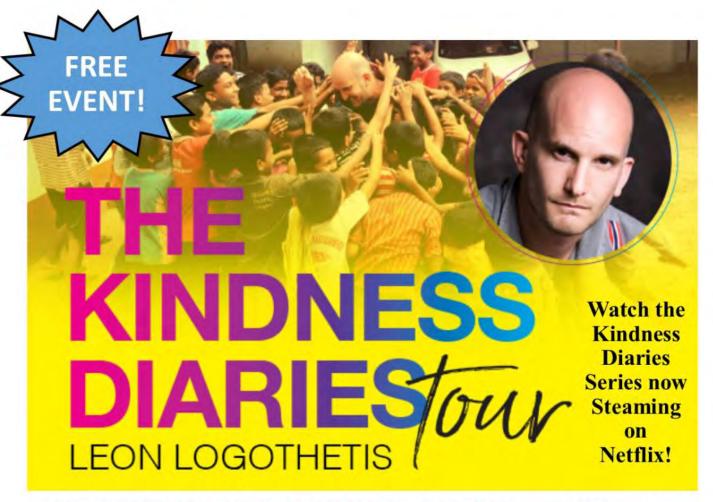
There just is no excuse not to use the beautiful fresh peaches available this time of year. If you happen to have a peach tree it's a no-brainer. Lucky you.

#### **Dried Peaches**

Another way to preserve these luscious peaches is by using a dehydrator and drying the peaches for later use. This makes delicious snacks or is a great way to reconstitute and use peaches in cooking later. You can even make peach jam with dried peaches.

Enjoy!





SATURDAY, OCTOBER 7 - 3:00 to 4:00 pm

Crossroads Victory Church - 515 S Hillcrest Dr, Montrose

Sparking a Revolution of Kindness!

Leon is a global adventurer who has visited communities on a heartfelt mission making human connections and sparking a revolution of kindness.

Join us for this relatable and fun filled speech!



Inspirational!
Presented by Captivating!





#### **COMMUNITY NEWS BRIEFS**

#### 5TH ANNUAL FIBER ARTS FESTIVAL IN RIDGWAY SEPT. 23 & 24

Special to Art & Sol

RIDGWAY-The Fifth Annual Sneffels Fiber Arts Festival will be held on Sept. 23 from 9-5 & Sept. 24 from 11-3. This event will be held at the 4-H Events Center, located at the intersection of Highways 550 and 62 at the Ouray County Fairgrounds in Ridgway, and offers fiber arts materials, wares and finished products from a variety of over 25 vendors.

In addition to the fiber artists and vendors, the event will also include free demonstrations offered on both Saturday and Sunday. Several, more-intensive workshops will be offered over the course of the weekend (some starting as early as Friday the 22nd), including needle felting, naalbinding, one and two color brioche knitting, and miniature sock knitting.



The Annual Sneffels Fiber Festival is made possible largely by the enthusiastic festival volunteers. This festival is unique, focusing on quality fiber arts clothing, decor and materials. The Ouray County Sneffels Fiber Festival is a fundraising event for Weehawken Creative Arts, a non-profit arts education center in Ouray County.

Registration for all classes is open online at <u>sneffelsfiberfest.com</u> or via phone at <u>970.318.0150</u>. More details are available at <u>https://www.sneffelsfiberfest.com/</u> or <u>https://www.facebook.com/SneffelsFiberFestival.</u>

#### **COMMUNITY NEWS BRIEFS**

## CREATIVE LANDSCAPE AND NATURE PHOTOGRAPHY: 'CONCEPT, CAPTURE, PROCESS' WORKSHOP OFFERED IN RIDGWAY



Sierra Splendor by Michael E. Gordon.

Special to Art & Sol RIDGWAY-This September, Weehawken Creative Arts will offer the opportunity for students to learn the concept, capture, and process of creative nature and landscape photography with acclaimed teacher and award winning photographer Michael E. Gordon of Long Beach, CA.

"Nature and landscape photography

transcends "pretty postcards" when made by creatively engaged photographers who understand their motivations, subjects, and tools. My goal is to provide you with the inspiration, knowledge, and hands-on learning to help advance your creativity and photography skills with an emphasis on nature and landscape photography. This workshop is suitable for all experience levels and offers a unique blend of philosophy, field work, and classroom instruction in beautiful settings. We'll cover photographic fundamentals; precision exposure and capture; image aesthetics; special tips and techniques; and conclude with an overview of postprocessing basics using both Adobe Lightroom and Adobe Photoshop," says Mi-

Frosted Leaves & Grass by Michael E. Gordon.

chael of the two day workshop.

Michael E. Gordon is an award-winning fine art

landscape photographer best known for his black and white Desert images which, says Broughton Quarterly, portray "stunning ethereal beauty from terrain where others see only a bleak landscape."

A lifelong student of nature and wilderness, Michael's intimate relationship with the natural world results in quiet images of depth and discovery.

Michael's fine art prints are held internationally in the private collections of the United States Embassy, Kaiser Permanente; Milken Family Foundation; The Wilderness Society, and many others. His photographs have been published in and on the covers of magazines, calendars, brochures, annual reports, textbooks, music CD's, and newspapers, including Arte Fotográfico, Backpacker magazine; View Camera magazine; Rangefinder magazine; Broughton Quarterly; T-Mobile; USDA Forest Service; Brooks/Cole, and many more. Michael's work has been awarded by the International Photography Awards, Prix de la Photographie Paris, and Black & White Spider Awards. His love for and commitment to the preservation of imperiled California landscapes is a cornerstone

of his work. He earned the President's Gold Volunteer Service award in 2008 for twenty years of volunteer service and has served on the Board of Directors for the San Gorgonio Wilderness Association and Mojave National Preserve Conservancy.

His photographs have been instrumental in the campaigns of The Wilderness Society, Campaign for America's Wilderness, Pew

Charitable Trusts, National Parks Conservation Association and others, and have helped to shape wildfire management, renewable energy policies, and to advance Wilderness and National Monument designation and expansion. In early 2015, Michael was a featured on-camera Death Valley expert in an NHK Japan full-length documentary film.

Michael owns and operates Death Valley Photo Tours, is co-founder of Visionary Photography Workshops, and leads workshops for The Los Angeles Center of Photography. He lives in a historic 104-year-old bungalow in Long Beach, California, with his wife Shauna, and their menagerie of rescued animals (including Mojave the dog). Join Weehawken Sept. 30 and Oct. 1 at Weehawken Creative Arts in the Old Schoolhouse Building (1075 Sherman St.), as well as at Top of the Pines in Ridgway from 8 am to 4 pm each day.

Tuition is \$295 per student, and students must have their own camera and supplies. The minimum number of registrants for this class has been met, but there are still spots available, and pre-registration is always recommended. For more information, visit Weehawken Creative Arts at <a href="www.weehawkenarts.org">www.weehawkenarts.org</a> or visit facebook at <a href="facebook.com/weehawkenarts">facebook at <a href="facebook.com/weehawkenarts">facebook.com/weehawkenarts</a> or call them at <a href="facebook.com/weehawkenarts">970.318.0150</a>.



#### **COMMUNITY NEWS BRIEFS**

#### COLORADO PARKS AND WILDLIFE IS GEARING UP FOR BIKE YOUR PARK DAY



Special to Art & Sol

DENVER— Colorado Parks and Wildlife welcomes residents and visitors alike to join Bike Your Park Day on Sept. 30. This national event encourages people to explore and discover their nearby parks and public lands by bicycle. Colorado's 41 state parks offer 727 miles of trails, with a variety of both road and mountain biking trails that will satisfy and challenge cyclists at any level of experience.

"The importance of trails - both inside our parks and those we help to maintain across the state - cannot be overstated," said Colorado Parks and Wildlife Director Bob Broscheid. "Well-maintained and managed trail systems provide the outstanding recreational opportunities Colorado is known for. Additionally, trails have a positive impact on public health, local economics and community pride. Events such as Bike Your Park Day allow people to enjoy all of those benefits in their neighborhoods and our state parks."

Those interested in participating can now easily plan their ideal cycling trips using the <u>Colorado Trail Explorer</u>, COTREX, a trail map that aims to map every trail in the state of Colorado. COTREX currently tracks 39,000 miles of trails, including 6,821 miles of mountain biking trails, and 1,746 miles of paved bike trails on federal, state and local lands. CPW developed the trail map as part of Governor John Hickenlooper's <u>"Colorado the Beautiful" initiative</u>, which seeks to connect Colorado residents with open space, public lands and the outdoors.

Since 2000, CPW's Trails Program has distributed over \$102 million for trail grants that benefit year-round trail use. These grants are awarded to provide trail improvements, trail maintenance, rider education and other programs on local, state and federal lands.

Bike Your Park Day coincides with National Public Lands Day, and participants are encouraged to take part in service projects as part of the day. Last year, more than 11,000 people in all 50 states and 10 countries hit the trails for the inaugural Bike Your Park Day.

Interested bicyclists can <u>register to create a custom event</u>, or search the <u>interactive map</u> to find and join an established event. All registrants for the event are eligible to win prizes, including new bikes and an Amtrak trip to Glacier National Park.

For more information about planning Bike Your Park Day events, visit the <u>Adventure Cycling Association</u> or find state park events at cpw.state.co.us.

#### NEW WEBSITE PROMOTES LEADVILLE, COLORADO

DISCOVER EVERYTHING LEADVILLE, COLORADO HAS TO OFFER ON THE NEW WWW.LEADVILLE.COM

Special to Art & Sol

BUENA VISTA-- VistaWorks, a Coloradobased design and marketing firm, today announced the launch of a new, redesigned version of its site,

www.Leadville.com. Key features of the site include a cleaner, more attractive design, a more engaging user experience with enhanced search and navigation, and scores of information regarding the city's vast recreational opportunities, significance in U.S. history, and events that occur throughout the year.

"We're very excited to promote one of the most unique areas in the United States—Leadville, Colorado. The web has changed a lot since we first created www.Leadville.com in 1997. Since then, it's hard to count have many designs we've gone through. But, there is one thing we know for sure. This site is the best so far," says Bryan Jordan, President of VistaWorks.

Created with the user experience in mind, the site's new features help visitors quickly and easily find information regarding epic adventures, family-focused outings, historical buildings, famous residents, and more.

New features include:

Articles categorized and defined by types of adventure and historical reference; Maps outlining directions to trailheads, museums, lakes, tours, and more; Historical walking tours of Leadville and Twin Lakes;

An events calendar with details of each event;

Dozens of new photos showcasing Leadville's recreational opportunities and exciting past;

An expansive business directory featuring lodging, shopping, restaurants, outfitters, and services.

As Colorado's popularity continues to grow, so too does the popularity of its mountain towns. Leadville, Colorado's historical gem and best kept secret, is no exception.

With the launch of the new <a href="www.Leadville.com">www.Leadville.com</a>, VistaWorks is reintroducing Colorado's highest elevation city to the world, while exhibiting all the exciting adventures it has to offer.

### Hold the Date! Upcoming Business and Cultural Events

#### **ONGOING-**

RIDGWAY'S TRUE GRIT WALKING TOURS-The Ridgway Area Chamber of Commerce now offers a one-hour walking tour commemorating the filming of the original *True Grit*. In the movie, Ridgway is depicted as Fort Smith, Arkansas. Tour attendees visit nine sites within a two-block area in downtown Ridgway: the railroad depot, gallows, livery stable, mortuary, Chen Lee's place, the courthouse facade, True Grit Cafe (built in 1986 as a tribute to John Wayne and *True Grit*), the saloon and the grocery. Dave's Mountain Tours (970-728-9749, *davesmountaintours.com*) transports visitors to remote *True Grit* sites—Last Dollar Road, Owl Creek Pass, Katie's Meadow and the snake pit. Walking tour participants meet their guide at the Ridgway Visitors Center (150 Racecourse Rd, just west of the intersection of highways 550 and 62) Fridays at 10:45 am from May to October. Admittance is \$10 for ages 12 and above. (Children are free.) A group of six or more may request a tour anytime throughout the year.

OURAY MUSEUM-The Ouray County Historical Society Museum is now Open. Further inquiries please contact 970-325-4576,

Email: <a href="mailto:ochs@ouraynet.com">ochs@ouraynet.com</a> or visit our website: <a href="mailto:ouraycountyhistoricalsociety.org">ouraycountyhistoricalsociety.org</a>.

MONTROSE SENIOR CENTER LUNCH & LEARN: \$3 lunch& Learn, admission to program, is free. Lunch \$5. Lunch @ Noon, program @ 1 p.m. FRIENDSHIP FORCE INTERNATIONAL, non-profit organization, was founded and introduced to the world at a ceremony held at the White House on March 1, 1977. FFI provides opportunities to explore new cultures by bringing people together at the personal level. Friendship Force of western Colorado's regular monthly meetings are scheduled for the 3<sup>rd</sup> Thursday of the month. Meeting location - Red Cross Training Center, 5<sup>th</sup> and Gunnison in Grand Junction, 6:15 p.m

**THE ALPINE PHOTOGRAPHY CLUB** meets every second Tuesday at St. Mary Catholic Church in the St Paul Room, 1855 St Mary's Drive, Montrose. The Public is welcome to attend. For more information, email <u>alpinephotoclub@aol.com</u>.

FREE JAM SESSION AND SING ALONG, Mondays from 4 to 6 p.m. at the Montrose Senior Center.

**MONTROSE HISTORICAL MUSEUM**-"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2<sup>nd</sup> St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

#### **MONTHLY-**

**Sept. 12**-Alpine Photography Club Meeting will be Tuesday, Sept. 12 at 7 p.m. @ Colorado Mesa University, 245 S. Cascade Ave., Montrose, Room 106. Presentation: Night Sky Photography by Greg Owens; Tech Tip: Auto ISO By Betty Fenton; Sharing Theme: Planes Trains & Automobiles. Photo Critiques: Open. All are welcome to attend.

**Sept. 13**-The RADIO ROOM proudly presents a Life Long Learning Beauty and Brains Workshop "The Wise Woman's Forum," from 11:30 a.m. to 1 p.m. at 1310 Ute Ave. KAFM Radio. The workshop will be "Forum" style which will enable the audience to ask questions and interact with the presenters. Contact: Linda Wethington <a href="mailto:beautyandbrainsworkshop@gmail.com">beautyandbrainsworkshop@gmail.com</a> Like us on Facebook: Beauty and Brains workshop, 970-260-2099.

Sept. 14-Delta County Women's Connection is excited to host their Sept. 14 Dinner & Program for the women of Delta and surrounding areas. A fun presentation by Redhead Horticulture will give us tips for winterizing our gardens. Please RSVP by Sept. 11 by phone, email, or text to Carol at 970-201-6612 or landcmartinson@yahoo.com, or visit the events link our Facebook page and reserve on the event. Free childcare is always provided. Delta County Women's Connection is an outreach of Stonecroft. Find and like our Facebook page to keep current on what we're doing. http://fb.com/DeltaWomenConnect.

**Sept. 14**-MEDC Industrial Hemp Roundtable and Q& A, 1 p.m. at the Montrose Holiday Inn Express, Montrose. Call 249-9438 for information. **Sept 15**-Join us at 6:30 pm; Circle Three Cowboy Fellowship will present "The Kempters" a homemade gospel band at our facility 62885 LaSalle Rd., Montrose, CO. Open to the public with love offering.

**Sept. 15**-Kickoff, Hispanic Heritage Month (HHM), 5.30 p.m. Friday, Sept. 15<sup>th</sup> at the Art Center, 1803 N 7<sup>th</sup> Street, Grand Junction, Colo. WCLCC membership is not a requirement and all are invited to attend. For more information about the Western Colorado Latino Chamber of Commerce and/or Hispanic Heritage Month, please email <a href="mailto:info@wclatinochamber.org">info@wclatinochamber.org</a> or call Jorge Pantoja at 970-361-8143.

Sept. 16-17-Third Annual Montrose County Tribute to Aviation, 9 a.m. to 4 p.m. at Montrose Regional Airport.

**Sept. 16-**The 2<sup>nd</sup> Annual Log Hill Hustle will be Sept. 16. This USATF sanctioned 5K and 10K fun run is great for walkers, runners, and baby strollers! Adults are \$25; children \$10. Same day registration is \$30 for adults. Register at <a href="www.fortunatierra.com">www.fortunatierra.com</a>. Race packets can be picked up at the Sept. 15 Farmers Market at Hartwell Park in Ridgway from 10 a.m. to 3 p.m.

**Sept. 16**--The official dedication of Fort Uncompanding as the first Colorado Interpretive Site on The Old Spanish National Historic Trail will take place at 10:30 a.m. Saturday, Sept. 16, 2017 at the fort in Delta, Colorado. The ceremony will also occur during the fort's Mexican Heritage Celebration, Colorado Old Spanish Trail Days 10 a.m. - 4 p.m. Sept. 16. A variety of events will honor the Mexican trappers and laborers who once worked the fort. During the early and mid- 1800s, most of western Colorado was claimed by the Republic of Mexico. Fort Uncompanding is located at 440 N. Palmer St. in Delta. For more information call 970 - 874 - 8349.

**Sept. 20:** Robert Gay will present a talk entitled "The Paleontology of Bears Ears National Monument; an Overview." The public is welcome to attend the presentation at 7 pm at the monthly meeting of the Chipeta Chapter of the Colorado Archaeological Society, Montrose United Methodist Church, Baldridge Hall, 19 S. Park Street, Montrose. The presentation is Free and open to the public (donations accepted). Call <u>970-417-4416</u> for more information.

Sept. 21-Annual Montrose Beaconfest! Montrose Pavilion!

Sept. 21-Spaghetti Dinner Fundraiser for Delta County Historical Museum, 6 p.m. Delta High School Auditorium. \$10.

**Sept. 22**-Travel through the American West in two riveting music-filled hours on Friday, Sept. 22 at the Sherbino Theater in Ridgway. More information and advance tickets are available at www.sherbino.org. Doors for the event on Sept. 22 are at 7:30 pm with the program starting at 8 pm. Tickets are \$15 in advance and \$18 at the door.

Sept. 23-<u>Final Competition</u>, Altrusa Voice of the San Juans. For tickets visit <a href="https://thevoicesanjuans.wordpress.com/">https://thevoicesanjuans.wordpress.com/</a>. Montrose Pavilion, VIP cocktail party @ 5 p.m., performances at 6:30 p.m.

Sept.23-24-The Sneffels Fiber Arts Festival takes place in Ridgway.

**Oct. 1**-Join the Montrose Community Band on Sunday, Oct. 1st at 3 p.m. in the Montrose Pavilion Auditorium for a free concert. The concert entitled The Color of Music will feature various styles of music with a color in the title. For more information visit <a href="www.montroseband.com">www.montroseband.com</a> or call 970-596-1188.

## **Give Back Days**

### At Mi Mexico Mexican Restaurant

Come enjoy a delicious meal and we'll donate 20% \* of your total check to a local non-profit.

Every Wednesday...Every Month...All Day (11 am - 10 pm)

Over 200 entrees to choose from!

1st Wednesday: The Homestead at Montrose

2nd Wednesday: All Points Transit

3rd Wednesday: Black Canyon Boys & Girls Club

4th Wednesday: Valley Manor Care Center

5th Wednesday: Community Options Inc.

(Note: 5th Wed dates are: Mar. 29, May 31, Aug. 30, Nov 29th, 2017)

After dining, attach the coupon to the bill and deposit it in the box labeled "Give Back Days." 20% of your total bill will be donated to the designated charity.

## SUPPORTING IS NOW DELICIOUSLY REWARDING.

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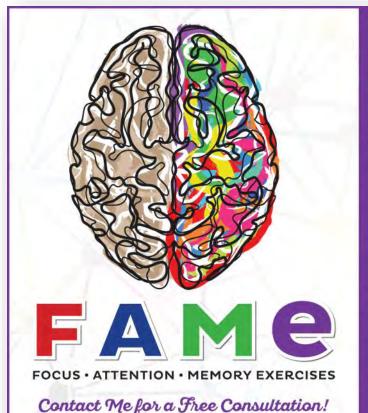
Editor@montrosemirror.com

www.montrosemirror.com





Jan France greets hungry visitors to the America's Disaster Relief Tamale Truck in Montrose on Friday. The volunteer organization, which also includes Western Colorado Disaster Relief, helps during times of disaster. They are now setting up in Refugio, Texas assisting with hurricane relief efforts. <u>Visit them on Facebook</u> to follow them or donate to the cause.



Michele Gad • 970-948-5708

MicheleGad.fame@aol.com

**FAMC** is a series of customized exercises, designed to develop new neural pathways in the brain (referred to as neuroplasticity), which can improve focus, attention and memory. The program embraces a holistic approach to brain health, provided in the client's home.

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- Stroke Survivors
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- PTSD & Traumatic Brain Injuries
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Michele Gad is a Certified DelGiacco Neuro Art
Therapist, who assists individuals with cognitive
or mental health challenges to live life as fully and
independently as possible. She developed FAME in 2010
to better assist her clients. Sessions are specifically
designed to meet client's individual needs, goals,
abilities, and level of commitment...and have fun!