



HAPPY THANKSGIVING FROM THE MONTROSE MIRROR...FRESH NEWS FOR BUSY PEOPLE...WEEKLY ON MONDAYS!

THE MONTROSE MIRROR

© Issue No. 247, Nov. 20

CITY OF DELTA FACES TOUGH CHOICES, DEMAND FOR CHANGE IN 2018



Delta's proposed 2018 budget includes transfers from enterprise funds to maintain services. The community is divided on the possibility of legalizing recreational and medicinal marijuana, which some say could alleviate the looming budget crisis. Courtesy photo City of Delta.

By Caitlin Switzer

DELTA-As the City of Delta prepares to adopt a 2018 budget that taps enterprise fund revenues just to maintain essential services, city council faces some tough choices and an outcry for change.

As reported in the [Delta County Independent \(DCI\)](#) Nov. 15, sales tax revenues for the City of Delta have not kept pace with the cost of providing such basic services as water, trash, sewer, and electrical power to citizens.

Differences of opinion have arisen in the community concerning the possibility of legalizing recreational and medicinal marijuana, which some say could alleviate the looming budget crisis.

Among those is [Jay Stooksberry](#), a local businessman who has announced his intent to seek the at-large seat on Delta's City Council in the April 2018

[Continued pg 5](#)

HHS DIRECTOR NOTES SUCCESS OF COUNTY'S DRIVE-THRU VACCINATION CLINIC, ADVISES FLU SHOTS AS SEASON BEGINS

By Caitlin Switzer

MONTROSE-Influenza season is upon us, and there are no good reasons not to get your flu shot, according to Montrose County Health & Human Services (HHS) Director Stephen Tullos.

"We need people to get their flu shots," Tullos said last week. "It's very important; the flu is one of the biggest killers of our citizens."

The science is never exact, because the flu changes every year, he said. People may occasionally come down with the flu even after being vaccinated, mostly due to prior exposure to the virus. Still, "If you get the shot it helps reduce the impact...and really, it's never too late to be vaccinated," Tullos said. "Flu season is just now hitting."

The County's drive-through vaccination clinics, done in partnership with the City Market Pharmacy, have proven to be a major success. This year's drive-through clinic took place in two locations, at Riverbottom Park and at the Montrose Pavilion.

[Continued pg 9](#)



Montrose County Health & Human Services Director Stephen Tullos said that City Market will replicate Montrose County's successful drive-thru vaccination clinics in other parts of the state.

in this
issue

[Gail Marvel's
Houses of Worship!](#)

[Tri-State G&T Christmas
Toy Run...Donate and Ride!](#)

[Montrose Police Ride
Along with Dianna Beshoar!](#)

[Carole McKelvey's
Rocky Mt. Cravings!](#)

GAIL MARVEL'S HOUSES OF WORSHIP: MESA VIEW MENNONITE CHURCH

'And without faith it is impossible to please God...'



By Gail Marvel

Jesus said, "For where two or three come together in my name, there am I with them" (Matt 18:20 NIV).

MONTROSE-The large foyer, as well as the sanctuary, at Mesa View Mennonite Church are void of any religious symbols or embellishment. On Oct. 29 as I waited for the worship service to begin, Kevin walked by and introduced himself with a hand shake and invited me to join the ladies who were finishing up their Sunday school class in one wing of the foyer.

Many churches may carry the same denominational name, but they are not all the same. In this particular Mennonite fellowship, with the exception of very young children and babies, the membership separates themselves by gender for worship. Boys and men sit on the right side in the sanctuary, while girls and women sit on the left. Young girls have long, coiffed hair (braids, ponytails and pigtails), but women and teenage girls wear black scarves as a head covering.

There were approximately 125 present in attendance and the difference in my attire

made me easily recognizable as a visitor. Prior to service some of the ladies gave a welcome with eye contact, a smile and a nod; however, it was Randall Cunningham who went out of his way to introduce himself and greet me as a guest.

Announcements included an update on an event that raised \$2,600, for which the leadership would later determine how the Lord wanted the funds used.

For his meditation, the [unnamed] speaker was glad to be back home after having travel difficulties during a recent work trip. "I'm thankful that the Lord kept us through the week. Being at church is a blessing and it [too] feels like coming home."

During calls for public prayer worshippers, in crisp unison, slip out of their pews and kneel in front of their seats.

Hymns are sung a cappella, with each hymn lead by a different song leader who uses a small tuning fork to help the congregation with the correct pitch. Selections, which were sung in harmony, included, "You Can't Do Wrong and Get By," "Oh Day of Rest and Gladness" and "One

Day."

The message this week was given by Brother Minister Gregg Koehn. Referencing the hymns that were just sung he said, "If we've taken heed to the words of the songs we're singing today we could probably all go home." Reciting a few phrases and verses he said, "Living he loved me, dying he saved me ...One day he's coming, Oh Glorious day. Those messages are on my heart."

Adults and children often have differing views of God. Koehn said, "What, or who, do you say God is? Do you think of Him as a powerful being that doesn't like you, who is out to get you? Or, is He the Creator of the universe who knows and loves you...knew you before you were even born? If we can go home today and know that God is really good, then He will be exalted."

The core of Koehn's thoughts came from Hebrews 11:6, "And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him" (NIV).

Using himself as an example Koehn said, "Sometimes the devil will come to my mind and say, 'Are you really sure there is a God?'" If you want his mercy and peace in your heart you have to believe. God is a rewarder if we diligently seek him."

This congregation is reserved and does not show outward displays of appreciation in the assembly. However, the youth choir's special music presentation in beautiful four-part harmony deserved an Amen!

Contact Information:

Mesa View Mennonite Church
6151 55.50 Rd.

Olathe, CO 81425

Sunday Worship 10:50 a.m.



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REGIONAL NEWS BRIEFS

Art Partners Youth Mentoring

10th Annual Chili Bowl

All You Can Eat Chili and a Hand Crafted Bowl for \$15

Saturday, Nov. 25th—11am to 1:30 pm - No RSVP Necessary
@ the Lark and Sparrow Historic Venue



Vegetarian Chili and Table Sponsorships available.



























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CITY TRASH COLLECTION & RECYCLING ROUTE ADJUSTMENTS FOR THANKSGIVING DAY

Special to the Mirror

MONTROSE-Trash collection services that normally occur on Thursday have been adjusted for the Thanksgiving holiday. Trash collection for residences located west of Townsend Avenue will occur Tuesday, Nov. 21, and residences located east of Townsend Ave will be served on Wednesday, Nov. 22.

Alternative trash collection days apply only to customers whose normal collection day falls on Thanksgiving Day. All non-holiday collection days will not be affected.

Please note that recycling collections that fall on Thanksgiving will be delayed until the next regularly scheduled collection date of Dec. 7.

City offices will be closed in observance of the holiday; however, police officers will be on duty and responding to calls.

Visit CityofMontrose.org/Trash or call [970.240.1480](tel:970.240.1480) for more information about holiday collection schedules and the city's sanitation and recycling services.

COUNCIL WELCOMES 7 NEW STAFFERS, WILL INTERVIEW TWO MORE PLANNING COMMISSION APPLICANTS @ WORK SESSION

Mirror staff report

MONTROSE-CITY COUNCIL WORK SESSION

Seven new employees will be introduced to the City of Montrose at the [regular City Council work session](#) of Nov. 20. Joining City staff are Animal Shelter Technician Suzanne McKetta; Street Division Worker Victor Armendariz; Assistant Finance Director Chelsae White; Line Mechanic Timothy Marchbanks; Assistant Golf Professional Judy Brim; Utilities Worker David Taylor; and Patrol Officer Ted Valerio.

Planning Commission Applicants Carol McBride and Vince Fandel will be interviewed.

Discussion items include 2018 fleet purchases, the 2018 mail ballot election, and Office of Business & Tourism (OBT) reserves followed by general City Council discussion and staff comments. Future City Council discussion topics include the 2018 Plan of Annexation on Dec. 4. On Dec. 5 will be the GoCo Connect grant Intergovernmental Agreement (IGA); International Day of the Migrant proclamation; and Supplemental Budget Ordinance. The designation of official polling places will be Dec. 18, as will the recommendation for a Brownfields grant consultant. Included in the [work session packet](#) is a report from Project 7.

REGULAR CITY COUNCIL MEETING

On Tuesday, November 21, Council will consider appointing Greg Moberg, Carol McBride and Vince Fandel to the City Planning Commission.

Council will consider Ordinance 2436 on second reading, zoning the Miami Road Farm Addition as an "R-3" Medium Density District and a "B-4" Neighborhood Shopping District. Also to be considered is a new pub liquor license application for 2Rascals Brewing Company, allowing for the sale of product both on site and packaged for consumption off-site.

Council will consider Ordinance 2438 on second reading, providing and appropriating funds for defraying the expenses and

liabilities of the City; and Resolution 2017-16, adopting the Municipal Budget.

Also to be considered on second reading, Ordinance 2439 vacates a portion of North Stough Avenue.

Resolution 2017-17 sets a hearing date for the annexation of the Recalde Addition, while Resolution 2017-18 requests coverage for City police officers under the FPPA Defined Benefit System administered by the Fire and Police Pension Association (FPPA). Resolution 2017-19 fixes the tax levy for the Montrose Downtown Development Authority (DDA) for fiscal

year 2018.

Council will consider a number of real estate matters as well; a waiver and release for the Cedar View Subdivision Planned Development; Waterfall Canyon Preliminary Plat No. 2; the Colorado Outdoors Planned Development & Preliminary Plat; and Bear Creek Phase I & Bear Creek Phase 2A, P.D. Plan Amendment Four, Final Plat.

Following [staff reports](#) (Sales, Use & Excise, Third Quarter Budget Review, and Public Information Report) Council will adjourn.



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CITY OF DELTA FACES TOUGH CHOICES, DEMAND FOR CHANGE IN 2018

From pg 1

election.

"Delta's budget problems are the obvious end-result of kicking the can down the road for far too long," Stooksberry said. "If we are to develop economically, we need to reform how local government regulates business, reduce our debt exposure, embrace innovation, and open ourselves up to new markets, such as retail marijuana. And we need to do all of this yesterday."

On Tuesday, Nov. 21, the City of Delta will hold a public hearing on the 2018 budget prior to the regular City Council meeting.

Though the [Devil's Thumb Golf Course](#) is expensive (the DCI reports that it will receive \$475,000 in the 2018 enterprise fund transfer), Delta Mayor Ed Sisson said that golf course subsidies have decreased by nearly one third in recent years, and that Devil's Thumb is an economic driver.

"It's one of the top four courses in the state; it brings people here."

Sisson said he personally opposes legalizing the sale of recreational and medicinal marijuana in Delta. "People think it could answer all of our problems, but problems come with it," he said.

Still, because there is a strong push for legal pot among several declared Council candidates, "We are trying to get the zoning and taxation done before the election, just in case," Sisson said. "I am not for it, but we want to get things in place. If it passed right now, you could put a store any place; it could be right on Main Street, and we don't want that."

Anyone with an interest in Delta's budget is welcome to attend Tuesday's budget meeting, he noted, in the City Council Building at Fourth and Main streets.

Though no ballot has actually been set, and no petitions are available until January, three candidates have already declared their intent to run for the two open seats on the Delta City Council, Delta City Clerk Jolene Nelson confirmed. All three have filed completed affidavits with the clerk's office; they are Jay Stooksberry, Christi Prettyman, who also intends to run for the at-large seat, and Nathan Clay, who will run for the District C seat. Still, nothing is official until January, Nelson said.



Delta business owner Jay Stooksberry has announced his intent to run for City Council. Mirror file photo.

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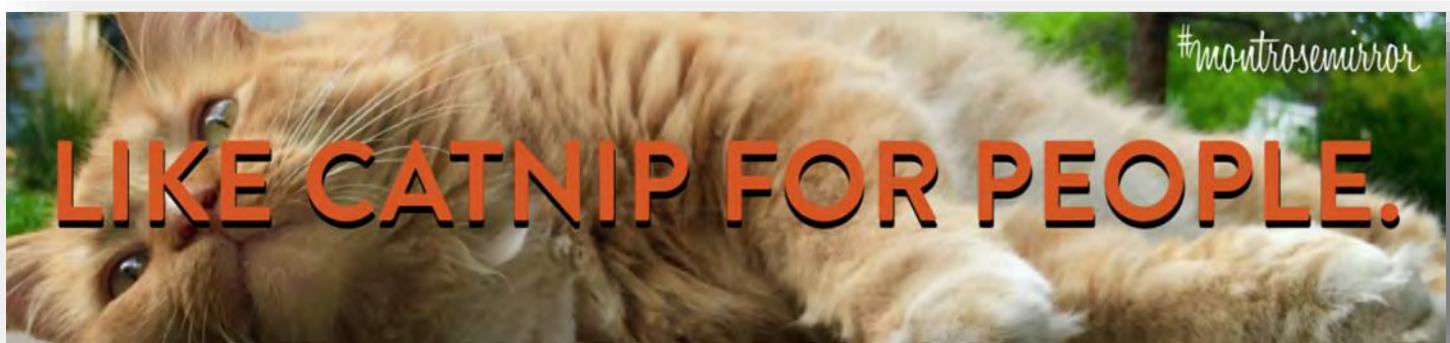
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On Dec. 9, bring a new, unwrapped gift
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ride with us:

10:30 a.m.

Tri-State Montrose Maintenance Center
2200 S. Rio Grande Ave., Montrose
meet in the south parking lot

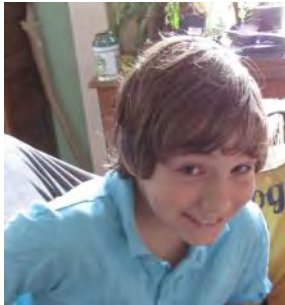
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Kickstands up! Ride and deliver gifts to
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A FRESH POINT OF VIEW...FROM THE HALLWAYS OF MHS!



Jack Switzer, MHS freshman.

By Jack Switzer
MHS Freshman
MONTROSE-The morning I found out my friend had committed suicide, I didn't believe it. I saw a post on facebook about someone saying goodbye, and I thought it was

another teenager being dramatic and that he's just fine. We had the day off, but my father and I weren't sure so he drove me to school. I show up, and nobody is there. I went inside the office and they called my parents. That's when one of the teachers asked if I had heard the news about my friend. And my mind just stopped. Did he do it? Did he actually do it? Is he dead? So I ask "N-No, why?" "He's dead."

I go home, sit in my bed, and cry.

The Safe2Tell hotline that the Montrose schools have usually on the side of whiteboards or on a sticker in the doorway, don't exactly help. They might, occasionally, but I doubt it would be very effective. From what I've heard/seen most of the kids probably don't know what it even is.

I feel like maybe if they threw it out a little more, so the kids actually know what it is, it might work a little better, but not by much. I think this was a wonderful idea, but I'm not so sure how well it was pulled off. When kids are sad they usually post something on their snapchat stories or text their bff melissa, looking for comfort.

And the teachers don't help much either. They make telling adults seem pretty scary.

A fairly recent example was one of the kids saying they "Wanted to die" Jokingly. I know you shouldn't joke about this kind

of matter, but the teacher kinda blew up in the kid's face. "I am legally required to report you to the police! I will report you to the authorities!" Etc. The kid seemed pretty freaked out about it, which is understandable. Not to mention, telling the counselor is also pretty freaky. They ask you tons of personal questions when a friend just listens and comforts you while you rant about your problems.

The Safe2Tell hotline would probably be more effective if it was publicly announced and talked about. And if it was mentioned more often and not put off to the side of the whiteboard in the back of the room. Suicide is a big problem, but it is really hard to come up with a solution for it. People take their lives every day; some of the reasons people want to die aren't really good reasons, but that doesn't change it.

There is no one-size-fits-all solution for suicide or depression; healing takes time, and good friends.

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HHS DIRECTOR NOTES SUCCESS OF DRIVE-THRU CLINIC, ADVISES FLU SHOTS

From pg 1

The clinics benefit the community in more than one way, Tullos noted, because in addition to providing free flu shots to community members, they give HHS staff practical experience that will be invaluable in the event of a real emergency. City Market intends to replicate the drive-through clinic model that was created here in communities across the state, Tullos said.

Locally, the clinics may expand to Olathe next year. "I think what we are doing here is wonderful, and improving every year," Tullos said. "Along with a multi-purpose flu vaccine, the clinics are preparing us for if we ever have a public health emergency—how will we handle it?"

Tullos joined Montrose County in May, after the departure of former HHS director Kristen Pulatie. And while he enjoys being here, it was not the landscape that drew him, but the job itself. Prior to his arrival here, Tullos was the health officer for Navajo County in Arizona.

"I was at a point in my career where I was looking for sort of a challenge," he

said. "And the combined human services and public health really attracted me. Having them together under one roof, how can I leverage both entities to provide more services and more help to the community here? How can we make a bigger impact to our citizens?"

Tullos meets with the County Commissioners once a month, "to talk on a level that we wouldn't see at board meetings." He sees that communication as one of the strengths of his job. "I have never experienced that relationship with commissioners before; I think it's wonderful. I am trying hard to educate them on all of our programs to a level where they understand what things are all about, and

where the funding comes from."

Future goals include the possible implementation of telemedicine between the East and West ends of the County, and expansion of public health services by writing grants as necessary and increasing the number of health educators. Making the HHS facility more visible to drivers on South Townsend, through better signage, is also a concern. "I am trying to figure out how to get a really good sign," Tullos said.

To learn more about available services, find [Montrose County Health & Human Services online](#), or reach them by phone at 970-252-5000. The offices are located at 1845 South Townsend Avenue in Montrose.

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OPINION/EDITORIAL: LETTERS

MASTERPIECE CAKESHOP V. COLORADO CIVIL RIGHTS COMMISSION COLORADO WAS IN THE WRONG...U.S. SUPREME COURT CAN MAKE IT RIGHT

To the Editor:

Upcoming on December 5, 2017 are oral arguments in the U.S. Supreme Court case *Masterpiece*

Cakeshop v. Colorado Civil Rights Commission. In 2012, Colorado cake artist Jack Phillips declined a request to create a custom wedding cake to celebrate a same-sex marriage. Notably, Mr. Phillips has repeatedly stated that he will serve any customer but does not design *custom* cakes that celebrate events or express messages which conflict with his deeply held religious beliefs. This includes Halloween cakes, anti-American cakes, or cakes that endorse atheism, racism, or indecency.

Despite some media coverage to the

contrary, the facts above demonstrate that Mr. Phillips' case transcends marriage. Indeed, the key issue is whether the government has the right to compel artistic expression. For example, can the government force Democratic speechwriters to write speeches for President Trump while allowing the President's speechwriters to decline speechwriting requests from Democrats.

When the Colorado Civil Rights Commission ruled that Mr. Phillips couldn't live according to his conscience, and then ordered him to re-educate his staff, file quarterly "compliance" reports, and design custom wedding cakes celebrating same-sex marriages, it essentially dictated that his beliefs would not be tolerated in a

"tolerant" society.

The same Colorado Civil Rights Commission that ruled against Jack found that three other Denver cake artists were not guilty of discrimination when they declined a Christian customer's request for a cake that expressed his religious opposition to same-sex marriage.

Americans should tolerate a diversity of opinions, not use the government to punish and marginalize fellow citizens who have different views. All Americans should be free to live and work according to their faith without fear of unjust government punishment.

Colorado was wrong. Here's hoping the Supreme Court makes it right.

Daniel J. Lowenberg, Montrose

ONLY YOU CAN PREVENT A CRIME!

Editor:

Alright, I was desperate, but I didn't think Smokey the Bear would object. Every day, we view more depressing and frightening news, from television, the newspaper, the internet and social media. Crime, suicides, opioid addiction, school bullying and mass terrorism permeate today's headlines but what can we do? First of all, we can focus on the positive. We live in a wonderful part of the world. Our weather is moderate, we have more modern conveniences than 99 percent of the folks on this planet and we no longer pass away in our 30s and 40s. Our mountains, our streams and our rivers provide many more opportunities for fun and exercise than the majority of the other parts of our country. Our communities here in SW Colorado are caring, compassionate and great places to raise children and grandchildren.

How can you prevent crime? First of all, set up a Block Watch program locally. Watch out for yourself and your neighbors. Report suspicious activity by calling your local law enforcement agency or 911 if it is an immediate situation. Do not leave your vehicle and property unlocked.

Do not leave your wallet, purse, cell phone or other valuables in an unlocked car. Leaving your home unlocked may have been standard procedure decades ago but not in today's drug-infested world. Auto thefts, burglaries and identity theft are most often fueled by a need to fund drug purchases. Stay aware of your surroundings and refuse to be a victim. For fun, just watch folks exiting a Walmart. They are staring at their phones, walking straight into traffic and have no clue of what is happening around them. Guard your personal information. When that unknown caller asks for your social security number or other personal information on the phone, hang up. These are all just good sense suggestions, but they will produce a safer community for you and your neighbors. Being kinder to each other will also make it a more pleasant one.

So, what else can you do to make it better? Let's talk about crime solution. I lead a group of dedicated volunteers who constitute Montrose Regional Crime Stoppers, Inc. It is an IRC 501 (c) (3) Colorado non-profit corporation that assists law

enforcement by providing a method of anonymously reporting crime and criminals with a possibility of receiving a reward. The Crime Stoppers methodology is now more than 41 years old and it works. While our area program is only three years old, it has caused the arrest of well over 30 fugitives, criminals and sexual predators. We have awarded more than \$6,000 in rewards and our Tips continue to grow each year. Criminals and fugitives may be reported by calling **970-249-8500**, using the mobile app **P3Tips** on your mobile device or using **P3Tips.com** on your computer. The Tipster always remains anonymous and may receive a cash reward. While we have outstanding law enforcement in our region of SW Colorado, they are all generally understaffed and underfunded. You can help by providing information or supporting the program by mailing donations to our mailing address at the Montrose Police Department at 434 S.1st Street, Montrose, CO 81401. While we assist them, we are independent of all law enforcement agencies.

John W. Nelson Montrose Regional Crime Stoppers, Inc.

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Drop-off points

Montrose Alpine Bank locations during banking hours: 2770 Alpine Drive and 1400 East Main Street.

The PIC Place - 87 Merchant Drive

Montrose Recreation Center - 16350 Woodgate Rd

Collection Dates

November 18 – December 15

Happy New Merry Thanksmas

The toy and food drive will begin with this event, November 17 & 18 (drop off at the event itself), and will continue through December 15.

Distribution on Saturday December 16 at The PIC Place from 10am-noon.



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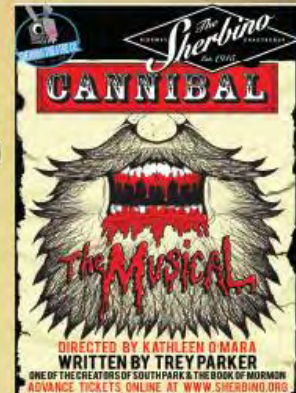
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Doors open for each show 30 minutes before showtime



Tuesday
Nov. 14



ARTBAR:

PATTERNED GIFTS & PINOT NOIR with KELLIE DAY

6-8 pm. \$45. Pre-Registration Recommended. www.weehawkenarts.org

Thursday
Nov. 16

ROCC TALK - FILM

River of Sorrow: The Dolores River Project

6:45 pm - with filmmaker Cody Perry of Rig to Flip Productions



Friday & Sat
Nov.
17-18



WEEHAWKEN & SHERBINO PRESENTS

THE HOBBIT YOUNG PEOPLE'S THEATRE

Friday @ 7:30 pm. Saturday @ 2:30 pm AND 7:30 pm.

Doors open for each show 30 minutes before showtime.

Adults: \$5 / Youth: \$3

Sunday
Nov. 19

OPEN MIC NIGHT

5-9 pm, 2 monitors & 2 mics provided, \$ By Donation



Thursday
Nov. 30




SHERB NERDS

Doors @ 6:30. Trivia @ 7. \$5 suggested donation

MDP EDITOR CITED FOR DANGEROUS ANIMALS

Mirror Staff Report

MONTROSE-On Nov. 12, *Montrose Daily Press* Editor Matt Lindberg, 31, was issued a citation for keeping dangerous animals. No other information was made available concerning the incident at 2425 Glen Haven Dr., information on which was released in a Montrose [Police report](#) last week. However, the identity of Lindberg, a public figure, was confirmed by the Montrose Police Department. Colorado law defines dangerous dogs as: “any dog that: (I) Inflicts bodily or serious bodily injury upon or causes the death of a person or domestic animal; or (II) Demonstrates tendencies that would cause a reasonable person to believe that the dog may inflict bodily or serious bodily injury upon or cause the death of any person or domestic animal; or (III) Engages in or is trained for animal fighting as described and prohibited in [section 18-9-204](#) .



Montrose Senior Center
1800 Pavilion Drive

ACTIVITIES CALENDAR
970-252-4884

MEAL RESERVATIONS
970-964-3419

\$3

Lunch & Learn

TO RESERVE A SEAT CALL 964-3419
LUNCH @ NOON • PROGRAM @ 1PM


HOW TO SPEAK GEEK

HOW TO TALK TO TECH SUPPORT TO GET THE HELP YOU NEED
JOHN LORIMER
THURSDAY, DEC 7th • PROGRAM IS FREE TO ATTEND

OL' SAINT NICHOLAS STORIES

FOR KIDS OF ALL AGES
ALLEN BECK AS FATHER CHRISTMAS
MONDAY, DEC 18TH • PROGRAM IS FREE TO ATTEND

\$5 Lunches
FOUR COURSE LUNCH W/ DESSERT
MONDAY - FRIDAY • ALL AGES WELCOME





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REGIONAL NEWS BRIEFS

MONTROSE MEMORIAL HOSPITAL AWARDED PERFORMANCE LEADERSHIP AWARD FOR SECOND YEAR IN A ROW

Special to the Mirror

MONTROSE-Making the announcement on Rural Health Day, Montrose Memorial Hospital (MMH) will announce tomorrow it has been awarded the Performance Leadership Award in Patient Outcomes for the second year in a row.

"This award focuses on patient outcomes over a three year period and places MMH in the top 1% of rural hospitals in the nation. It's hard to rank anything at the hospital higher than good patient outcomes," said Ron Courtney, Board Chair of MMH. "Our community is fortunate to have this great institution. The Board of Directors is so pleased to congratulate the entire team at MMH as well the independent physicians that make up our medical staff and are key in achieving these positive outcomes." MMH is the only hospital in the region to earn the award.

Given by The Chartis Center for Rural Health/iVantage Health Analytics and the National Organization of State Office of Rural Health, the award signifies the hospital's excellence in patient outcomes. The

recognition reflects MMH's top quartile performance among all rural hospitals in the United States.

Patient Outcomes are determined by a number of factors including readmission rates for patients with heart failure or pneumonia, and also by assessing the hospital's performance in handling severe patient cases. Compared to other rural hospitals, MMH had fewer mortalities than would be expected according to the risk assessment tool.

The award marks a banner year for the hospital, having previously been named a Top 100 Rural Community Hospital, Top 20 Rural Community Hospital and a High Performer in Knee Replacement Surgery by U.S. News & World Report earlier this year. The rankings are determined each year using iVantage Health Analytics' Hospital Strength INDEX®, the industry's most comprehensive and objective assessment of rural hospital performance. In partnership with NOSORH, iVantage Health Analytics has developed a data-driven program designed to identify excellence

across a broad spectrum of indicators relevant to hospital performance and patient care.

The Hospital Strength INDEX captures performance metrics for all rural and Critical Access Hospitals. Leveraging data from public data sources, INDEX aggregates data from more than 50 individual metrics into three major categories and eight pillars to derive a single strength overall rating for each facility.

"On this important day, as we celebrate the power of rural, it's great to recognize these top performers who are excelling in managing risk, achieving higher quality, securing better outcomes, increasing patient satisfaction, or operating at a lower cost than their peers," said Michael Topchik, National Leader of the Chartis Center for Rural Health. "These leaders serve as a benchmark for other rural facilities as they strive to achieve similar results and provide a blueprint for how to successfully run a hospital and serve their communities amidst today's uncertainty and mounting pressures."



ANONYMOUS

Download The APP. **P3TIPS** 

**MONTROSE REGIONAL
CRIME STOPPERS**

see something, say something

REGIONAL NEWS BRIEFS

ALMOST \$600,000 AWARDED BY THE COLORADO TOURISM OFFICE TO PROMOTE TOURISM THROUGHOUT THE STATE

Special to the Mirror

COLORADO-Places like Huerfano County, Basalt, and Rio Blanco County will attract more visitors to their respective regions in the coming year in part because of \$600,000 in grant funding provided by the Colorado Tourism Office (CTO) through the Marketing Matching grant program. Twenty-eight Colorado not-for-profit associations and governmental organizations from across the state were awarded grants ranging from \$5,000 to \$25,000 for the purpose of enhancing marketing efforts to attract visitors.

"We made it a top priority to maintain funding to support local and regional marketing initiatives," said CTO Director Cathy Ritter. "This is one of the most significant and direct ways that our state supports tourism groups and destinations in attracting travelers."

The annual competitive grant program received more than 50 applications for a total of over \$1.1 million in requests. Nearly 35 Colorado counties will share in the tourism grants.

This year's grantees will use the funding to develop new marketing campaigns, conduct website updates and redesigns, purchase paid media, increase event promotion and conduct other marketing activities.

A complete list of recipients and project descriptions can be found online at <http://industry.colorado.com/resources/matching-grant-program>.

The CTO Marketing Matching Grant Program was created in 2001 to provide funding to Colorado not-for-profit organizations for the purpose of promoting the state or a region as a tourism destination. In the first year, the CTO awarded \$70,000 to qualifying organizations engaged in promoting travel throughout Colorado. The CTO matches grantees investment dollar for dollar, up to a maximum of \$25,000.

For more information about the CTO Marketing Matching Grant program visit

<http://industry.colorado.com/resources/matching-grant-program>.

Grantees:

Basalt Chamber of Commerce - \$25,000
Breckenridge Creative Arts - \$25,000
Clear Creek County Tourism Bureau, Inc. - \$25,000
Colorado Campground and Lodging Owners Association - \$21,715
Colorado Cross Country Ski Association - \$25,000
Colorado Distillers Guild - \$25,000
Colorado Dude & Guest Ranch Association - \$25,000
Colorado Fourteeners Initiative - \$5,000
Colorado Front Range Region - \$10,975
Colorado Springs Convention & Visitors Bureau - \$25,000
Delta County Tourism Cabinet - \$25,000
Destination Colorado - \$25,000
Durango Area Tourism Office - \$20,000
Fremont County Tourism Council - \$25,000
Grand Junction Visitor & Convention Bureau - \$25,000
Grand Lake

Area Chamber of Commerce - \$25,000
Huerfano County Tourism Board - \$25,000
Pagosa Springs Town Tourism Committee - \$25,000
Rio Blanco County - \$12,771
Rocky Mountain Repertory Theatre - \$13,000
Southern Rockies Crossroads of Cultures, Inc - \$12,500
Steelworks Park - \$13,275
Telluride Tourism Board - \$25,000



A TICKET TO RIDE-ALONG

By Dianna Beshoar and
Sergeant Abby Boston

MONTROSE-Peace officers respond. Media reports. Readers, viewers and listeners react. So goes one aspect of the information highway. An October speeding ticket drove the decision to request a November ride along with Sergeant Abby Boston. Boston of the Montrose Police Department became the Force's first woman sergeant in 2016.

"To be effective, you have to be in the moment," said Boston. "No call is the exact same. People are different. People have disputes for different reasons."

During the ride along, a piece of evidence was turned in by a citizen. The piece of evidence was a gun left in a vehicle. The sergeant needed to lock up the evidence for further investigation.

Boston said much of the agency's work is "reactive vs. proactive," due to their ongoing

staffing issues. Staffing issues will soon be resolved with recent additions and five graduating the academy in December. Police work involves evidence collection, getting people's statements to help determine what occurred and relying on citizens for information.

The Force does have a Community Policing Officer who works with property managers and businesses to help eliminate crime through a program called Crime-Free.

Having also served as a detective, Boston sees building relationships as a two-way street. The Force "has to trust the community and the community will trust us that police will do the right thing."

Open communication through FaceBook, websites and face-to-face meetings are encouraged by the Montrose Police Department. A citizen may contact the Force for a ride-along with an officer. In January,



Sergeant Abby Boston. Courtesy photo.

Montrose Citizen's Police Academy hosts classes, with applications due by Jan. 2, 2018. The ride-along lasted a couple of hours.

The positive impression left by Sergeant Boston and the other members of the Force will last a lifetime.



Announcing the closure of Simpson Gallery

Mike and Kathy Simpson are retiring from Main Street
The frame shop and my studio will move to another location after the first of the year.

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324 E. Main St, Montrose
www.mikesimpsonart.com

REGIONAL NEWS BRIEFS

PUBLIC COMMENTS INVITED ON DEER MANAGEMENT PLAN FOR SOUTH GRAND MESA

Special to the Mirror

REGIONAL-A proposed management plan for the South Grand Mesa Mule Deer herd, which includes Game Management Units 52, 411 and 521, is now available for public comment. Colorado Parks and Wildlife is requesting that hunters, landowners and others interested in mule deer in this area to provide comments on the proposal.

These hunting units are located in an area on the south flank of the Grand Mesa north of the town of Delta in western Colorado. The proposed plan calls for a mule deer population of 8,000-10,000 animals, with a buck-to-do-ratio of 25-30 bucks per 100 does.

Every 10 years CPW biologists develop

new management plans for specific areas throughout the state that guide how many hunting licenses are issued. The plans are based on hunter harvest, habitat conditions, agricultural conflicts, public perception, comments from land-management agencies, land owners and stakeholder surveys.

To read the full proposal, go on-line to: <http://cpw.state.co.us/thingsstodo/Pages/HerdManagementPlans.aspx>. A link to the plan is posted on the right side of the page. "Input from the public is important for big-game management planning," said Evan Phillips, a CPW biologist located in Montrose.

Anyone who has comments should e-mail them to Phillips at:



CPW courtesy photo.

evan.phillips@state.co.us.

They can also be sent to him at Colorado Parks and Wildlife, 2300 S. Townsend Ave., Montrose, CO, 81401. Comments must be submitted by Nov. 30.

**J-M
PHOTOGRAPHY**
For assignments
& rates please call
**Jennifer
McClanahan @
970-765-2280**



MUSEUM OF THE MOUNTAIN WEST RETHINKS TRAVEL CHANNEL SHOW

By Gail Marvel

MONTROSE-When the Travel Channel contacted the Museum of the Mountain West to use the museum as a film site it seemed to be an opportunity to bring people to Montrose and promote the museum. However, unbeknownst to the director and the board, it was a volunteer/supporter who first contacted the Travel Channel and suggested they film at the museum, not as an educational venue, but rather as a place of paranormal activity.

Similar to others who contract with the museum as a venue for weddings and events, the Travel Channel contracted and paid for filming/production privileges. The segment was televised on Nov. 11.

The Travel Channel web site bills the production project as, "*Ghost Adventures: Museum of the Mountain West*. Zak [Bagans] and the crew head to a museum in Montrose, Colorado, where something is threatening the health of its employees. During the investigation, they uncovered the property's violent history and gather disturbing evidence of a dangerous entity."

Museum Founder and Director Richard Fike cited three specific areas where he felt the film was misleading and took dramatic license, "They talked about a box of

skulls upstairs that were from a serial killer. We have some skulls, but they were for medical purposes from a doctor's office. One came from the Harvard Medical School."

The producers of the film tagged the 1904 Empire House as, The Murder House. Fike said, "That is a clear misrepresentation. To my knowledge a murder has never been validated. There were allegations that some people who came to the museum have gotten sick because of some sort of paranormal spiritual activity. What was portrayed in the film damages the [historical and educational] reputation of the museum and has a negative impact."

Museum Board President Gary Ellis said, "One local media outlet has reported that we are now going to start doing ghost tours. That is misinformation and leaves a bad impression. The mission of the muse-



Richard Fike, founder of the Museum of the Mountain West, is discouraged and concerned that the Travel Channel's recent production of *Ghost Adventures: Museum of the Mountain West* supplants the original historical and educational mission of the museum. Photo by Gail Marvel.

um is to represent western history, the history of Montrose and the history of the region [up to 1940]."

The film crew purported deaths that occurred at the 1904 Second Empire House, the saloon and the Carriage Works building.

Ellis said, "The reality of life is that people die everywhere. The museum is not going to fulfill the curiosity of people who are into the paranormal."

Fike and Ellis concurred, "If we had known the direction they were going in we would have said no [to the project]."

COMMUNITY NEWS BRIEFS: ARTS & AGRICULTURE

AG CONFERENCE HIGHLIGHTS STRATEGIES FOR SUCCESS



Courtesy photo.

Special to Art & Sol

MONTROSE-With a three state draw, the Western Colorado Food and Farm Forum enters its sixth year with workshops on sustainable agriculture Jan. 25 - 27th. Registration is now open at www.foodfarmforum.org.

The conference theme, *Strategies for Success in Demanding Times*, draws on the expertise of a diverse set of innovative "founding farmers and ranchers" who have successfully weathered the ups and downs of agri-business. Bruce Talbott, a fifth generation orchardist, Dan James of the James Ranch, George Whitten of San Juan Ranch, and long term orchardist Santiago Barajas will share key strategies that have enabled them to survive and thrive.

This year's conference brings new elements to the conference such as a farmer-to-farmer invention convention with cash prizes, an affordable produce safety certification class, and bi-lingual *Farm Worker to Ag Entrepreneur* sessions designed to inspire and provide resources for beginning farmers. Headlining the conference is Temple Grandin, PhD., world-renowned expert in decoding animal behavior. Considered the most accomplished adult with autism in the world, she will present a special evening Jan. 27 at the Montrose Pavilion, open to the public via separate registration. A book signing and community reception follows her presentation.

In total, 22 workshops designed for advanced to beginning producers include sessions on maximizing season extension, cover crop selection, innovative livestock management, soil health, the current state of hemp, livestock and crop certification options, bio-control of pests, whole farm risk management, labor management, scaling up for wholesale markets, aged cheese making, honey production and more.

The National Young Farmers Coalition and Rocky Mountain Farmers Union host a *Produce Safety Training Certification Course* the 25th and 26th. "This FSMA re-

quired training is one of the most affordable in the state," says organizer Harrison Topp. Two additional half-day workshops presented by Kirk Gadzia on *Managing Nature as a Whole for Healthy Land, People and Profit*, and Dan Hobbs on *Advanced Scaling Up for Crop Producers* provide in-depth learning opportunities.

"The conference is designed to provide a rich menu of options and to encourage networking among participants during a chili dinner Friday, a farmer-to-farmer invention convention, and a post conference bowling night," says organizer Carol Parker. Numerous farmers provide delicious local food throughout the conference.

The educational conference offers discounts to those registering by January 5th. Attendees receive discounts when they attend both the pre-conference workshop and the Forum. Scholarships are available by application to FFA, 4H, and beginning farmers or ranchers. The Valley Food Partnership, CSU Extension, Rocky Mountain Farmers Union, National Young Farmers Coalition and Shavano Conservation District organize the conference collaboratively. For a complete list of topics or to register please visit: foodfarmforum.org or call 970-249-3935.



Introducing Independent Living at The Homestead at Montrose

If you are over 55 and independent but would like to live in a community offering socialization and peace of mind, schedule a tour of our private one and two bedroom apartments. We're conveniently located across from the Montrose Pavilion Senior Center.

Rent includes:

- All utilities: cable television, Internet and phone
- One nutritious meal per day
- Laundry privileges
- Socialization and invitation to all activities

Pricing starts at \$1210 per month, new residents only.

Call or email Denise Swanson, Residence Director to schedule a tour.
970.252.9359 | dswanson@voa.org | 1819 Pavilion Drive, Montrose



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1st Wednesday: **The Homestead at Montrose**

2nd Wednesday: **All Points Transit**

3rd Wednesday: **Black Canyon Boys & Girls Club**

4th Wednesday: **Valley Manor Care Center**

5th Wednesday: **Community Options Inc.**

(Note: 5th Wed dates are: Mar. 29, May 31, Aug. 30, Nov 29th, 2017)

*After dining, attach the coupon to the bill
and deposit it in the box labeled
"Give Back Days." 20% of your total
bill will be donated to the
designated charity.*

**SUPPORTING IS
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Montrose, CO 81401
(970) 252-1000
(970) 252-1111 Fax

*Coupon must be present

COMMUNITY NEWS BRIEFS

CEDAREGE PARADE OF LIGHTS IS DEC. 2

Special to Art & Sol

CEDAREGE-Cedaredge is rolling out the red carpet for the community to enjoy a kickoff to Christmas with the annual Parade of Lights, brought to you by a generous sponsorship by US Bank. The Parade of Lights is Saturday, Dec. 2, at 6 p.m., and will run from 5th Street to Hwy. 65 along Main Street in Cedaredge.

The parade is a wonderful way to connect with the community. Businesses, civic clubs, youth organizations, churches and other groups are invited to have a float. The theme this year is All-American Christmas, and the float or entry that best showcases that theme will receive the Judge's Choice Award. Thanks to the sponsorship by US Bank, all parade entries are free! However, you must register to be in the parade by the deadline, which is Tuesday, Nov. 28, at noon. Applications can be found online at www.CedaredgeChamber.com or by emailing CedaredgeAreaChamber@gmail.com. You can also call the Chamber at 856-6961 or stop by the office at 245 W Main St., Tuesdays - Thursdays.

After the parade, children are invited to the breezeway between Stacy's on Main and Starr's Guitars to visit with Santa. Santa will have a toy for each child who stops by to visit (while supplies last), thanks to a sponsorship by Stacy's on Main. The coffee shop will be open before and during the parade for tasty drinks to keep you warm while you enjoy the festivities. Parents can have a professional photo taken of their child on Santa's lap for \$10, with proceeds benefitting the toy drive for Cedaredge kids. The photos are courtesy of a sponsorship by Reve Portraits.

Members of the Cedaredge Community Band will perform a concert before the parade, beginning at 5 p.m., on the front porch of the office of the Cedaredge Area Chamber of Commerce, 245 W Main Street.

Cedaredge musician Beth Williams will perform two Christmas concerts at the

Chapel of the Cross, before and after the parade. The first concert is at 5 p.m.; the second at 7 p.m. The popular concert is free to attend, but you must have a ticket. Tickets are available at the Gazebo Florist.

"Why not make an afternoon of it?" said Kami Collins, executive director of the CACC. "If it's been awhile since you've

enjoyed lunch or dinner at one of our great restaurants or since you've visited our retail stores, come by, enjoy a meal and knock off some of your Christmas shopping while supporting small business and the community. We promise, you won't be disappointed with what Cedaredge has to offer!"

FLOWERING SUN FOUNDATION'S ANNUAL

CHRISTMAS FUNDRAISER



GIFT IDEAS

Each year we collect gifts to donate to a Lakota family on Pine Ridge Reservation in SD.

This year, we will be gifting to the Dubray family in gratitude for all they do to support their relatives and community.

Gloves, Hats
+ Scarves

Children's Toys

Space
Heaters

School
Supplies

Gas Cards

Walmart
Giftcards

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+ Jackets

Coffee

Warm
Blankets

Baby Wipes
+ Diapers

Kitchen Supplies

Luxury/Fun
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All donated items must be new or like new.
Email for sizes or to share an idea of your own.

TO DONATE + MORE INFO:
marafae.penfil@gmail.com

COMMUNITY NEWS BRIEFS: ARTS & OUTDOORS

CHRISTMAS TREE PERMITS AVAILABLE SOON FOR THE GMUG NATIONAL FORESTS

Special to Art & Sol

REGIONAL-Christmas tree permits will be available for purchase at Grand Mesa, Uncompahgre, and Gunnison National Forests (GMUG) office locations beginning Nov. 20, for personal use. The cost per permit is \$8 and may be purchased with cash, check or credit card at National Forest office locations. There is a maximum of five tree permits per person. Permits will be sold starting Nov. 20, 2017 through Dec. 31, 2017 at the Forest Service office locations listed at the end of this news release.

Christmas tree cutting is allowed in most areas on the GMUG National Forests with the following exceptions: Wilderness, scenic pullouts, commercial timber sales areas, recreation and ski areas, campgrounds, trailheads, developed sites and administrative areas, and otherwise as detailed in the package provided with your permit. Trees may not be cut within 100 feet of any road or trail. Maps showing where Christmas tree cutting is allowed are available at all offices where permits are sold, and will be provided with permits along with a regulations list.

Trees must be less than 20 feet tall from the stump, may not be greater than 6 inches in diameter at the base of the tree and the stump height should be no greater than 6 inches high. Topping trees is not allowed (i.e. cutting only the top of the tree and leaving the bottom with limbs attached). Trees are for personal use only and cannot be resold. The tags must be attached to the tree at the cutting location and must be left on the tree until it arrives at its final destination. The GMUG is pleased to continue the fourth Grade Free Christmas Tree Program again this holiday

season. Fourth graders are eligible for a free Christmas tree permit through the Every Kid in a Park (Every Kid) Initiative. Every Kid is a nationwide call to action to build the next generation of conservationists. All fourth graders are eligible to receive a fourth grade pass that allows free access to federal lands and waters across the country for a full year. In support of this initiative, the Forest Service will make available a free Christmas tree permit to every interested fourth grader who presents a fourth Grade Pass or paper voucher at any GMUG National Forests office location.

Instructions on how to obtain a pass and collect a free tree permit:

In order for students to receive a free Christmas tree permit, they must present a valid fourth Grade Pass or paper voucher printed from the Every Kid in a Park website: <https://everykidinapark.gov/>. To earn the voucher, simply visit the website, click on the "Get Your Pass" button and follow the instructions to obtain the voucher. Print out the paper voucher and bring it with you to a District Office or the Supervisor's Office on the Grand Mesa, Uncompahgre and Gunnison National Forests. The Forest Travel Management Plans and or weather conditions may close various forest roads prior to or on Nov. 30. As a reminder, Motor Vehicle Use Maps (MVUMs) have been produced for the entire Forest and show forest roads, trails and areas that have been designated for seasonal closures. Motorized users are responsible for obtaining an MVUM to determine where one can drive, ride, and recreate. These maps are free and are available at Ranger Stations or on the Forest website: <http://www.fs.usda.gov/>

gmug.gov. Snow and winter conditions will dictate road access for Christmas tree harvesting. Conditions associated with winter travel on forest roads may include, but are not limited to, heavy snow, ice, soft shoulders, and constantly changing road conditions.

Permit Sale Locations:

Forest Supervisor's Office, 8 AM to 5 PM, excluding weekends and holidays.

2250 S. Main St.

Delta, CO 970-874-6600

Grand Valley Ranger District, 8 AM to 5 PM, excluding weekends and holidays

2777 Crossroads Blvd, Suite 1

Grand Junction, CO 81506 970-242-8211

Ouray Ranger District, 8 AM to 4:30 PM, excluding weekends and holidays

2505 S. Townsend

Montrose, CO 970-240-5300

Gunnison Ranger District, 7:30 AM to 4:30 PM, excluding weekends and holidays, 216 N. Colorado

Gunnison, CO 970-641-0471

Norwood Ranger District, 8 AM to 12 PM and 1 PM to 5 PM, excluding weekends and holidays

1150 Forest

Norwood, CO 970-327-4261

Paonia Ranger District, 7:30 AM to 4:30 PM, excluding weekends and holidays

403 N. Rio Grande Ave.

Paonia, CO 970-527-4131

VENDORS:

Valley Ranch - Monday thru Friday 6 AM to 6 PM; Saturday 6AM to 3 PM; Sunday 8 AM to 2 PM

Collbran, CO 970-487-3000

Murdoch's Ranch & Home Supply - Monday thru Saturday 7:30 AM to 7 PM; Sunday 9 AM to 6 PM; Clifton, CO 970-523-7515.



COMMUNITY NEWS BRIEFS: ARTS & CULTURE

MONTROSE LIBRARY ELECTION COMMITTEE CELEBRATES BALLET ISSUE WIN

Special to Art & Sol

MONTROSE-Montrose Library Election Committee members celebrate the ballot issue win last week with Library Director Paul Paladino. (Montrose Library Election Committee Left to right bottom:) Caroline Evans, Casey Corrigan Reichmann, Micheline Heckler (top left to right): Kim Floyde, Kirsten Segar, Pam Baer, Tom Baird, Anne Cable, Cheryl Gibson, Jonathan Heath, Mike Monell, Paul Paladino. (MLEC Not pictured:) Emily Schneider, Dave Segal, Ken Dolezol, Clay Goldberg, LeeAnn Riddoch, Tania Hajjar, Diane Winger, Drs. Robin and Jon Flom, Judy Lokey, Christine Cheff, Suzi King, Karen Nicholson.



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COMMUNITY NEWS BRIEFS

MAC & CHEESE COOK OFF BENEFITS ABRAHAM CONNECTION HOMELESS SHELTER

Special to Art & Sol

DELTA-Are you the cheesiest? Does your home-made macaroni and cheese recipe blow the others out of the crockpot? Then the third annual Mac & Cheese Cook Off, sponsored by Bank of Colorado, is the place you want to be this weekend!

Both a Judge's Choice and a People's Choice winner will be selected during the cook off, which is Saturday, Nov. 25, from 2-4 p.m., at the Delta branch of Bank of Colorado, 1443 Mesa View Drive. Contestants can pit their best mac and cheese against other competitors for a chance to be declared Delta County's Cheesiest - and at the same time help those in need this holiday season.

All proceeds from the event will be donated to The Abraham Connection Homeless Shelter, and will be dedicated to case management services of guests staying at the shelter this season. The fee to enter the cook off is just \$20, and the fee to taste test is \$5. You can register in advance by calling Kayla Brown at 970-712-8969. The registration form is also on the shelter's website, www.DeltaAbrahamConnection.org. Registrations will be accepted until 1:30 p.m. the day of the event. Please see the registration form for the complete set of rules and instructions.

**THANKS FOR READING THE
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- Short Term Care Options
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Delta: **Senior Community Meals office**
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COMMUNITY NEWS BRIEFS

FOREST SERVICE APPROVES TELLURIDE SKI RESORT IMPROVEMENTS

Special to art & Sol

NORWOOD-The Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests' Environmental Assessment for proposed improvements at the Telluride Ski Resort (TSR) has been signed by Forest Supervisor Scott Armentrout. "We are excited to see all of these great improvements coming to fruition," said Armentrout. The decision gives TSR approval to begin implementation of projects located within the boundaries of their Special Use Permit.

The proposed improvements, part of TSR's 2017 Master Development Plan, include lift upgrades and replacements to the Village Express (Lift 4), Plunge (Lift 9), and Sunshine Express (Lift 10) lifts, a snowmaking compressor house, a restaurant at the top of the Sunshine Express lift, a bathroom facility at the top of the Village Express lift, a canopy tour, and new mountain bike trails in the vicinity of the Village Express lift.

The improvements will allow TSR and the Forest Service to accommodate a growing demand for year-round recreation opportunities, while improving the overall visitor experience and meeting evolving guest expectations.



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970-252-0660



COMMUNITY NEWS BRIEFS: HONORS & RECOGNITION

KEN LIPTON ELECTED TO COLORADO STATE CONSERVATION BOARD

Special to Art & Sol

MONTROSE-In September Ken Lipton, Shavano Conservation District (SCD) Board President, was elected to the Colorado State Conservation Board (CSCB) to represent the Gunnison-Dolores River Watershed. Ken's four-year elected term will begin on Jan. 1, 2018. He is eager to represent the Gunnison-Dolores Watershed. When asked about his goals for being on the CSCB, Ken stated, "As your representative on the CSCB, I will work to assure that the Gunnison-Dolores Watershed receives its fair share of resources and support. I will make every effort to promote agriculture, preservation of water rights and conservation of natural resources."

The CSCB members represent Colorado's 10 watersheds. Meeting four times a year, the Board provides guidance to the Colorado Department of Agriculture for: Dispersing state grant funds and direct assistance to the Conservation Districts, Developing training tools for long and

short-term planning, budgeting, and laws pertaining to local governance, Performing as a board of appeals for land-owners appealing Conservation District activities, and

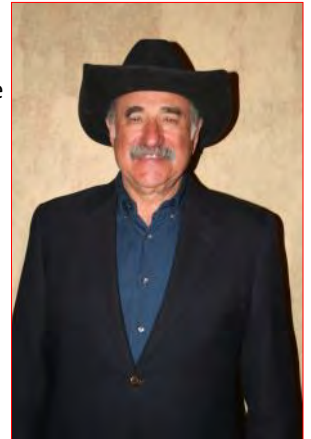
Facilitating local conservation programs that improve soil health, water quality, water conservation, wildlife habitat, forest health, plant communities and energy conservation.

After moving to Ridgway in 1997, Ken and his wife Carol began managing their growing herd of registered Angus Cattle as their full time job. Their registered bulls have sold as far away as Wyoming and Utah. Ken is a dedicated to community service, particularly in the areas of land use, agricultural preservation and water issues.

During his tenure on the Shavano Conservation Board (SCD), he has led the way in instituting improvements in water conservation, wildlife habitat improvements, and irrigation efficiency resulting in well over a million dollars in cost share funds made

available to the communities SCD serves. The Shavano Conservation District has been a part of our community since 1941 working on many projects to promote soil health and water quality.

Ken has served on the Ouray County Planning Commission, Uncompahgre Watershed Partnership, Citizens Strategic Initiative Committee and is currently serving on the Ouray County Agricultural Review Board, Ouray County Ranch History Museum Board of Directors and Ouray County Water Plan Steering Committee.



Ken Lipton, Shavano Conservation District (SCD) Board President. Courtesy photo.

DCMH WEST ELK CLINIC IN HOTCHKISS PARTICIPATES IN MEDICAL ORAL EXPANDED CARE

Special to Art & Sol

HOTCHKISS-The Delta County Memorial Hospital West Elk Clinic in Hotchkiss is

making strides to improve access to oral health in the North Fork through participation in the Medical Oral Expanded Care (MORE)

Care Program.

The DCMH West Elk Clinic has been working on this health initiative since May of this

year. Providers and clinical staff who are actively participating in the second cohort of the MORE Care Program through the Colorado Rural Health Center include: Dr. Marie Matthews, Meisha Parham, CMA, Phyllis Pene and Clinic Manager Rae Sanchez.

Since this program has been started the West Elk Clinic has expanded well child checks to include an oral health assessment, oral health goals and dental varnish if deemed appropriate. During the six months since initiating the MORE Care program, the West Elk Clinic in Hotchkiss has improved statistics from 0 percent to about 55 percent.

SMPA OFFICES CLOSED

November 22-23
for Thanksgiving

Basic services available
at www.smpa.com

SAN MIGUEL POWER ASSOCIATION

SMPA is an equal opportunity provider and employer.



NOTES FOR THE JOURNEY...

Exploring Classical Music With Rob Brethouwer

A CHANGE OF REALITY...AT THE PULL OF A LEVER

Like a clown springing from a windup toy, your state of mind reverses itself at the sight of that rotary phone. Curiosity has whiplashed into a sense of dread as you finally realize that more than a few things simply are not right with this scenario. A quick escape from this place becomes the only priority and you turn on your heels. With long strides you return to the direction from which you came. A plan begins to form; you decide to return to that exact spot on the stage floor where you woke up into this new world. Being transported from one spot to another was fine, but traveling through time as well was too much to handle. Some semblance of familiarity would have helped—but that was never provided as an option.

As you move quickly toward your point of origin it becomes obvious that the scenery has completely changed. Your surroundings have no resemblance to those you observed on your path toward the office area. You come to an abrupt halt to get your bearings and are confronted with the fact that you are on a completely different level of the theatre than where you started. A few steps in front of you is a railing that looks down over the stage. A bird's eye view makes no sense as you do not remember climbing stairs or moving upward in an elevator.

No other living thing has been observed since your abrupt arrival and there have been no sounds that would indicate the presence of anyone or anything else. A space this large must certainly be occupied by someone else, but that thought

quickly fades. Far greater worries must be addressed, the most important finding a way to the point where this journey truly began, the coffee shop in the town in the middle of nowhere.

Your desire to find the spot on the stage floor increases; you turn left to begin the search. You reach the wall and you can see that it stretches out in both directions. There are no stairs and no elevator on this side of the theatre. As you turn around to move toward the other wall, a faint glow reflects off the far wall. Moving quickly in this direction you look over the railing at the stage floor and see the source of light. Slowly pulsing with bright light, the source is very near the spot on the stage floor that has been your destination for the last frantic fifteen or so minutes. Looking away from the light and moving towards the wall, you see a break in the wall to your left that could be the landing and handrails of a staircase. You grab the handrail with your right hand and begin to quickly descend. It feels as if you are on an escalator and it takes the effort of four steps to make the progress of a single step. The journey feels somewhat comical and borderline slapstick as your desperation for forward movement is confronted with the absurdity of the effort required of your body. Moving towards the light you see a lever that is mounted against a supporting beam. The apparatus pulses with light and the handle looks like something from a Frankenstein movie. In the UP position, your only option is to pull the lever to the DOWN position. Something dynamic that

could possibly take you away from this existence. A change of reality is hopefully only the pull of a lever away.

With more effort than expected, the lever is grasped by your hand that is just able to get a grip around the dusty metal. As the task is almost completed there is once again a bright flash of light and you find yourself back in the coffee shop, your hand reached out towards a coffee cup that is being handed to you by the Barista. The coffee had been ordered just before your journey to a different time and place began. The passage of time in the other world was at least an hour; here in the coffee shop only a few minutes had passed. Looking around you see the other customers going about their business and definitely not reacting as if someone at the table near them had vanished into thin air. Was it a dream or did something actually happen? Did your body somehow go on a journey without its corporeal self? Looking down at the coffee in your hand you see a long smudge of dust across your palm.

The same color of dust that was on the handle of the lever. Something was brought back with you from your journey. No explanations were offered at your point of arrival and now that you have returned no answers are waiting.

The only sense of well-being comes from the knowledge that you were briefly able to have an adventure and escape the rinky-dink coffee shop located in the small town of Scratchmyself, if only it existed in your mind.

CELEBRATING LOCAL BEAUTY.



#montrosemirror

Up Bear Creek by Art Goodtimes

Colorado's unsung master rediscovered



Interior of the Hotel Boulderado (photo by Art Goodtimes).



Belle Turnbull, in her later years, sitting at her desk in her cabin at Breckenridge. (Courtesy photo from the Breckenridge Heritage Alliance, Dr. Sandra F. Pritchard Mather Archives/ SHS -P.558).

BELLE TURNBULL ... Poetry isn't everyone's cup of tea. For an earlier generation, though, the nursery school meter and alternating end rhymes of English prosody became a Victorian template for comforting and often sentimental expressions of noble virtues in a near-barbarous culture of brutal work, armed conflicts and boom/bust economies as prevailed in Colorado's early mining camp history. Explosions, robberies, avalanches. It was a hard life. Almost every local newspaper at the turn of the last century featured the sing-song expressions of poesy as counterpoint, really, to the harsh news in the sheet's main pages. Locally, we had the blind miner poet of Ouray, Alfred Castner King, who wrote two very popular books of such poems ... But that kind of poetry has long gone out of fashion. Emily Dickinson, Walt Whitman, Ezra Pound changed all that. Americans, if they read poetry now, expect sharp language, leaping metaphors, deep reflective verse ... And that's exactly what Dr. David J. Rothman has found in rediscovering the work of Belle Turnbull -- school-teacher poet who lived with her love, Helen Rich, in Breckenridge from the late Thirties into the late Sixties. She was a very modern poet. Working in a

backwater region of the Rocky Mountains where the hunt for gold was the primary economy, she wrote cleverly and wisely of her place and the people who lived in the mountains. In her time, she achieved some fame. Published several books. Won a prestigious award from *Poetry* magazine, at the same time as Dylan Thomas and the celebrated American poet H.D. ... But for the last 50 years she has languished in obscurity. Even the feminist literary scholars in Colorado's flagship universities failed to resurrect her voice. It took a male scholar from an outlier university in Gunnison to bring her back to us ... The latest issue of *High County News* has a marvelous review of the book that Rothman and Jeffrey R. Villines have edited about her and which includes big samples of her work. It's written by Greg Hobbs, a former Colorado Supreme Court Justice, poet and fellow classmate of mine from a seminary in California ... In addition, the Center of the American West hosted a symposium on Turnbull that I was invited to speak at at the CU campus in Boulder last week. And the next evening, Dr. David Mason of Colorado College in Colorado Springs hosted a second symposium where I got to

speak on Belle as well ... It's been a huge honor to be part of this rediscovery wave. If you want to know more, find the book and take a gander: *Belle Turnbull: On the Life and Work of an American Master* (Pleiades Press, 2017).

HOTEL BOULDERADO ... Actually I got to spend three nights at this historic old luxury hotel in downtown Boulder. Designed by architects William Redding & Son in 24909 (1909 C.E.), the five-story brick building incorporates both Italian Renaissance and Spanish Revival features. It follows a trend of open court hotels started by the Palace Hotel in San Francisco and carried over to Denver's Brown Palace Hotel, built a couple decades before ... Early guests included conservationist Enos Mills, actress Ethel Barrymore, actor Douglas Fairbanks, Sr., and evangelist Billy Sunday. Some who followed were Clarence Darrow, Helen Keller, Robert Frost, Benny Goodman, and Louis Armstrong, as well as a generous representation of today's political figures, speakers, entertainers, and musicians ... I got to stay in the old wing, with an elevator that required its own operator. It was a gas ... For the last

Continued next page

Colorado's unsung master rediscovered



Tracy Lightsey reading at the Talking Gourds Poetry Club in Telluride last week (photo by Art Goodtimes).

five years I've been invited once a year to lecture on politics at a Center of the American West class supervised by Patricia Limerick, the state historian. It's my chance to dip a toe in the academic pool I rejected as a young college student. So I got to give my politics lecture one day, do a Turnbull panel the next, and hop down to the Springs to do a second Turnbull panel the following day ... It's the kind of whirlwind post-retirement odyssey that I really love – speaking publicly to my two favorite topics: poetry & politics.

KATIE LEE ... This enviro icon and legend of the Southwest has finally passed ... A fine singer whose album came out on Folkways records from the Smithsonian (the one gift I accepted on a visit to that American institution when visiting D.C. years ago) ... A beautiful woman who relished her association with river runners and radical eco-activists and appeared in marvelous photos, naked as the earth that surrounded her ... I feel deeply honored that, after a talk I attended that she gave in Durango years ago, and upon hearing of my ten years as Earth First! Journal poetry editor, she smiled brightly and gave me a lovely kiss on the lips. Maybe the best reward I've ever received.

NATIVE AMERICAN HELP ... With the holiday season upon us, my friend Mara Penfil's Flowering Sun Foundation is sponsoring a holiday drive to help the family of Lakota leader Steve Dubray on the Pine Ridge Reservation in South Dakota. "Our goal is to gift to the family quality items that we ourselves would be excited to receive at Christmas (or Channukah)," explained Penfil ... For more info, email mara.fae.penfil@gmail.com. The deadline for donations is December 17, 2017.

TRACY LIGHTSEY ... For years I've been trying to get this Montrose High School teacher and poet to come up to Telluride and read. Finally he came to a Talking Gourds Poetry Club meet last week and read to a delighted house. And he was terrific – a great performer as well as a fine poet. We're running one of his poems this week. Wonderful to have such good poets working in our local communities on the Western Slope.



FLOWERING SUN FOUNDATION'S ANNUAL

CHRISTMAS FUNDRAISER



GIFT IDEAS

Each year we collect gifts to donate to a Lakota family on Pine Ridge Reservation in SD.

This year, we will be gifting to the Dubray family in gratitude for all they do to support their relatives and community.

All donated items must be new or like new.
Email for sizes or to share an idea of your own.

Gloves, Hats + Scarves	Winter Boots + Jackets
Children's Toys	Coffee
Space Heaters	Warm Blankets
School Supplies	Baby Wipes + Diapers
Gas Cards	Kitchen Supplies
Walmart Giftcards	Luxury/Fun Christmas Items

TO DONATE + MORE INFO:
mara.fae.penfil@gmail.com

Up Bear Creek by Art Goodtimes

THE TALKING GOURD

Scholarship Dinner

The snow starts falling around sundown.
Heavy, wet, no one expects it to stick.
Everyone at the scholarship ceremony
remarks upon it, brushing it from coats
already put away for the season.

Everybody has a story about the last time
it snowed so late, when they were younger,
back when the winters were longer...

It keeps falling all evening, as student
after student is ushered across the stage
to receive the blessings of their elders
in money. How we go on, how we
extract a commitment from the youth
to continue the trajectory we perpetuate.

But the dreams do sparkle like balloons
above the stage, sparkle like the names
of far-off places: Emory-Riddle, Vanderbilt,
Drury, or the more pedestrian state schools,
Montana, Utah, no less sparkling or far away.

Our children look confident, accepting
of the roles we're thrusting upon them;
their faces shine in the gaze of adults
like beautiful animals as they pass
across the stage among the rented flowers.

Outside it keeps snowing. By the time
we leave and head home, the trees
are beginning to bend with the weight.
The power goes off around nine; all night
our dreams weave through the crack and whoosh
of branches breaking off the trees. There are
six inches of heavy wet snow by morning.
Everything is bowing in awe.

-Tracy Lightsey
Montrose

CELEBRATING LOCAL BEAUTY.



COMMUNITY NEWS BRIEFS

STRAY GRASS PLAYS HAND-CRAFTED ACOUSTIC AMERICANA

Special to Art & Sol

GRAND JUNCTION-Performing a 7:30 p.m. show on Dec. 16 at the KAFM Radio Room, Stray Grass is our own home-grown local bluegrass. The band members are locals that live, work & play in the Western Slope of the Grand Valley. Hiking, camping, fly fishing, skiing, mountain biking, whitewater rafting & off-roading are just a few of the outdoor activities they enjoy & the wonderful things the Grand Valley has to offer.

Stray Grass specializes in a high-energy interpretation of acoustic music. Although played on traditional instruments (most of the time), the musical stylings of Stray Grass are anything but traditional!!! Band members include Ted Shook, Guitars / Vocals, Byron Walcher, Dobro/Banjo, Dave Rowley, Bass Guitar, and Garry Tullio Man-



dolin/Vocals.

The have been the opening act for such bands as: The Infamous Stringdusters, Sam Bush & Del McCoury, Cadillac Sky, Robert Earl Keen, Hot Buttered Rum, String Band, Claire Lynch, Nitty Gritty Dirt Band, and Shakey Graves.

The Radio Room is located at 1310 Ute Avenue, Grand Junction, CO 81501. Doors open at 7:00p.m. Show at 7:30p.m. Tickets \$12 in advance \$15 at the door. Tickets at 970-241-8801 x. 211 or at our website www.kafmradio.org.

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Winter!**

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OH YEAH, WE LIKE EATING IN THIS NEIGHBORHOOD

Well, you just knew I had to get around to one of the favorite places to eat in Montrose, and elsewhere. They do a good job here of providing interesting, ever changing and mouth-watering entries, drinks and desserts. And at the Montrose Applebees the service is great and the people are very friendly.

Generally, when my friend and I don't want to try a new place we end up here. Ummmm, we'll have a perfect margarita – oh yeah – and we will share it (about 1.5 glasses each), no salt and shaken please. Michael always has to have a little cup of bar olives with his drink, and they see us coming.

Often we aren't all that hungry and have been known to order an appetizer special at Happy Hour with our drinks – that's dinner – and maybe one of those chocolate desserts, or Michael's favorite, the Blondie Brownie with ice cream and caramel.

Tonight we felt like ordering off the 2 for \$20 menu (there is also a 2 for \$25), with an appetizer and two entries. I ordered the Fiesta Lime Chicken (grilled chicken beast, tortilla strips, cilantro-lime glaze and Mexi-ranch dressing with melted cheddar cheese served with Spanish rice and pico). Michael felt like pasta and not

like red meat tonight so he asked for Spinach & Artichoke Chicken Cavatappi (grilled chicken breast, cavatappi pasta, artichoke, grape tomatoes, Parmesan and crispy spinach leaves). We shared the, what else, spinach-artichoke dip with tortilla chips and pico.

No dessert tonight, so headed home. There Michael, who just loves his desserts, polished off the rest of the pumpkin pie left over from a neighborly dinner we had the night before.

We've been remodeling my little Victorian home and just added an outdoor room where a patio used to be, it's the perfect place to enjoy an informal dinner or breakfast in the sunshine. I plan to do a lot of barbecuing this next summer with this room opening to the backyard. You can count on some delicious BBQ recipes then.

Now, back to Applebees. You can get just about anything you feel like here. Hot off the grill steaks and other choices, of course those baby back ribs, shrimp, salmon, pork chops, etc. For lighter fare, there are salads, low-cal entries and of course chicken.

The pasta menu includes several versions of the Cavatappi Micheal had, as well as some shrimp dishes that sound deli-sh.



Don't forget the specials on burgers every Monday. There won't be one you aren't likely to devour! Or, go for sandwiches or tacos. Dinners and drinks are reasonably priced and there are special things for the mini you's too.

If you want lunch, they serve that Monday-Friday until 3 pm.

Applebees is located at the south end of town at 1501 Oxbow Drive, Montrose, CO 81401.

Call 970-249-1214 or you can order online and they'll bring it out to your car. It is open all week long, from 11am to midnight, except Fridays and Saturdays, when it's open until 1 am.

BTW: If you have a great left-over turkey recipe please send it to me at mckelvey@carole@gmail.com, as I'm planning an after Thanksgiving food column on how to deliciously eat up all those leftovers. Add your name and you'll get credit! Thanks, Carole



*Struggling to care for a loved one
with dementia or Alzheimer's?*

Dementia Care – Validation Support Group Meets the 2nd Thursday of every month 2:00 – 3:00 pm

Bring your loved one and activities will be provided while we meet.

Our group is open to anyone wanting to learn more about dementia or Alzheimer's disease, caregivers taking care of a loved one at home, or friends and family members who want to lend extra help from time to time.

Valley Manor Care Center Memory Care Community
1401 South Cascade Ave., Montrose

Led by Brandi Garcia
Certified Dementia Care Validation Instructor
970-249-9634 or 970-275-6115
Email: bgarcia@voa.org





Weehawken Fall Programs



October 14: The Business of Art: How to Grow Your Business Online with John Clark in Ridgway

October 16: The Hobbit Youth Musical Theater 5 Week Program Begins in Ridgway



October 23: ARTbar: Culinary & Cocktails with Amie Minnick at Provisions in Ridgway

November 4: Intro to Line Drawing with John Mitchell in Montrose



November 4 & 5: Introduction to Silversmithing with Tracey Belt in Ridgway

November 11: Watercolor & Value: Creating a Mood Painting Workshop with Peggy Morgan Stenmark



November 18: Kiln-formed Glass Ornament Design and Production with Diane Quarles in Montrose

December 2: Beyond Paint: Acrylic Art Techniques with Kellie Day in Ridgway



February 3: Contemporary Mosaic Art with Carol Newman in Ridgway

Plus....mark your calendars!

December 2: Gingerbread House Workshops in Ridgway

December 9 & 10: The Nutcracker Performance at Montrose Pavilion

COMMUNITY NEWS BRIEFS: ARTS & OUTDOORS

TELLURIDE SKI RESORT DELAYS OPENING & DONATION DAYS

Special to Art & Sol

TELLURIDE-Due to unseasonable temperatures and a dry weather pattern across the region, Telluride Ski Resort is delaying its opening, originally scheduled for Thursday, Nov. 24. The annual Donation Day has also been delayed. The resort is now targeting the following dates:

Donation Day: Friday, Dec. 1st

Opening Day: Saturday, Dec. 2nd

The snowmaking team has worked for weeks to make snow, primarily above 11,000 feet, as temperatures have permitted and the resort's increased snowmaking capability allows the system to produce more snow during snowmaking windows. As temperatures continue to drop, production will increase at lower elevations.

For up-to-date information on snow conditions and Opening Day, visit www.tellurideskiresort.com/snow or our Twitter page at [www.twitter.com/telluride](https://twitter.com/telluride). For more information call (970) 728-6900.

Thanksgiving Snow Jam

This year, during the Thanksgiving holiday weekend guests will find a variety of activities available in Mountain Village including sledding and a rail park at the base of Chair 4. Both activities are free to the public, Thursday – Sunday from 10 a.m. to 3 p.m.

Participants require a free activity ticket and a signed waiver from the Mountain Village ticket office, below gondola plaza. Children under the age of 18 must have a parent present to participate. Sleds will be provided.

Thanksgiving Dinner & Restaurant Operations

In addition to the on-snow activities *Allred's* (opening Wednesday November 22nd) and *Altezza at The Peaks Resort* (opening Wednesday November 22nd) will



This year, during the Thanksgiving holiday weekend guests will find a variety of activities available in Mountain Village including sledding and a rail park at the base of Chair 4. Both activities are free to the public, Thursday – Sunday from 10 a.m. to 3 p.m. Courtesy photo.

be open for the season with special Thanksgiving menus. Reservations are encouraged. Call *Allred's*, (970) 728-7474, or *Altezza*, (970) 728-2525, for more information.

Tomboy Tavern (Lunch, Apres, Dinner starting Tuesday November 21st), *Crazy Elk Pizza* (Lunch, Apres, Dinner starting Monday November 20th) and *Siam's Talay* (Breakfast and Dinner starting Friday, November 24th) will also be open for the winter season.

Lodging

The Inn at Lost Creek and *Telluride Resort Lodging* are open for guest stays. *The Peaks Resort & Spa* re-opens for guests arriving on or after Wednesday November 22nd.

Ski School, Eco Adventures & Child Care

No services will be available during the Thanksgiving holiday. Operations will begin on Opening Day.

Gondola Operations

The gondola will open as scheduled Friday, Nov. 17th between Telluride, Mountain Village and the Gondola Parking Garage is open for the season, 7 days a week. Operating hours are 6:30 a.m. to midnight.

The Chondola (Chair 1) will begin operation when the ski resort opens for the season. Until then the Town of Mountain Village will continue running shuttles between The Meadows / Big Billies, Town Hall / Gondola Parking Garage, Blue Mesa and Centrum / Telluride Conference Center.

COMMUNITY NEWS BRIEFS: ARTS & NON-PROFITS

SEASON OF GIVING TOY DRIVE BENEFITS THE PIC PLACE

Special to Art & Sol

MONTROSE-Cherry Creek Radio and Alpine Bank are teaming up to support and sponsor the 2017 Toy and Family Memories Drive to benefit The PIC Place for Montrose.

Please consider donating unwrapped toys for girls and boys from age's newborn to 14 years of age.

Thank you to the Montrose Recreation District for their support of this community event.

Donations may be dropped off at the following locations:

Alpine Bank Locations in Montrose

Monday – Friday 7am-6pm

Saturday 9-noon

2770 Alpine Drive; Montrose, CO

(970) 240-0900

Monday – Friday 9am-6pm

Saturday 9-noon

1400 East Main Street; Montrose, CO

(970) 249-0400

Montrose Recreation Center

Monday – Friday 5:45am-9pm

Saturday 8am-8pm

Sunday 12-6pm

16350 Woodgate Rd; Montrose, CO

(970) 249-7705

The PIC Place

Monday – Friday

Saturday

87 Merchant Drive; Montrose, CO

(970) 252-8896 Toy donations will be collected until Friday, Dec. 15 to allow for time to sort the gifts to families in need.

APPLICANTS SOUGHT FOR BOARD OF EDUCATION DISTRICT G SEAT

Special to Art & Sol

MONTROSE -The seat of Board Director of District G has become vacated. Letters of

Interest and resumes will be accepted until 4 pm on Friday, Dec. 1, 2017.

Below are the legal qualifications for di-

rector as stated by law:

A resident of the school district and a registered voter, as shown on the books of the county clerk and recorder, for at least 12 consecutive months prior to the election

A resident of the director district that they are seeking a seat

18 years or older by the date of the election

A citizen of the United States

If necessary, the Board will conduct interviews of candidates for the vacancy in public session of any regular or special meeting, but no later than Dec. 12, 2017. They anticipate appointing a person to fill the vacancy at the December 12, 2017 Board meeting and such person will serve until the regular school board election to be held in November 2019.

Please click [here](#) to see the map of the Director Districts.

Please contact Laurie Laird at (970) 252-7902 or laurie.laird@mcsd.org for further information.

Many Older Adults Need Our Help... in the most fundamental ways.

- **FOOD:** In the most affluent country on earth, seniors have to choose between food and medicine.
- **SHELTER:** Imagine having to find a decent, secure place to live on an income of \$800 per month.
- **SAFETY:** For older adults, home can often become a dangerous place without proper repairs.
- **SUPPORT:** Sometimes we all need a little help from our friends.
- **CARE:** When living at home is no longer an option, we can help.
- **CONNECTIONS:** When you outlive all of your friends and family, who do you turn to?

We provide a connected network of services that make a significant difference in our part of the world.

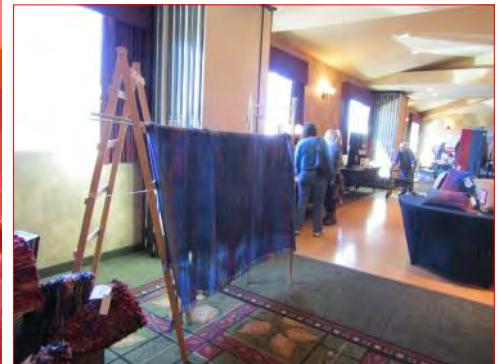
Join us in supporting our vision to enrich and uplift the lives of our local older adults.



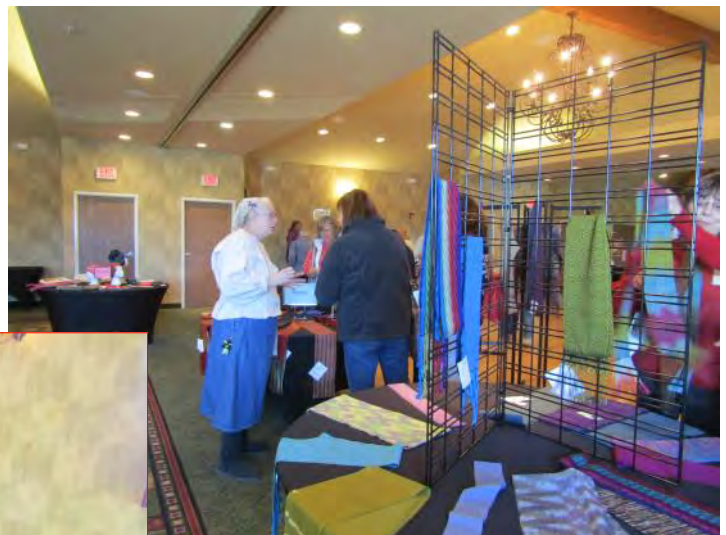
www.voahealthservices.org
www.facebook.com/VOAWesternSlope.org
1-844-VOA-4YOU Toll Free Assistance Line

*Thanks for reading...
and Happy Thanksgiving!*

MIRROR IMAGES... SAN JUAN WEAVERS' GUILD SHOW & SALE



Clockwise from top left: Kathy and Rick LaNoue browse at the San Juan Weavers' Guild's Annual Show & Sale at Holiday Inn Express Montrose; the show offered a variety of beautiful and useful woven goods, as well as educational opportunities; below left, Guild volunteer Kim Lindell provides a demonstration at the education center.



Hold the Date! Upcoming Business & Cultural Events

ONGOING-

FRIENDSHIP FORCE INTERNATIONAL, non-profit organization, was founded and introduced to the world at a ceremony held at the White House on March 1, 1977. FFI provides opportunities to explore new cultures by bringing people together at the personal level. Friendship Force of western Colorado's regular monthly meetings are scheduled for the 3rd Thursday of the month. Meeting location - Red Cross Training Center, 5th and Gunnison in Grand Junction, 6:15 p.m.

THE ALPINE PHOTOGRAPHY CLUB meets every second Tuesday at St. Mary Catholic Church in the St Paul Room, 1855 St Mary's Drive, Montrose. The Public is welcome to attend. For more information, email alpinephotoclub@aol.com.

FREE JAM SESSION AND SING ALONG, Mondays from 4 to 6 p.m. at the Montrose Senior Center.

MONTROSE HISTORICAL MUSEUM-“Montrose County Historical Society Presents” is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

MONTHLY-

Nov. 18-Montrose Elks Lodge Charity Ball. Come and dance to the Williams Brothers Band. 7:30 p.m. \$25 per couple, \$15 single.

Nov. 19-The Association of Montrose Churches is sponsoring a Community Thanksgiving Worship Service on Sunday evening Nov. 19. The service will be held at All Saints Anglican Church on 2057 South Townsend Avenue. We invite you to join us for this evening of thanksgiving and praise.

Nov. 23-The San Juan Mountain Runners are once again sponsoring this year's **TURKEY TROT** on Thanksgiving morning. Both the 2-mile and 4-mile races start promptly at 9 a.m. at Oak Grove School in Montrose, but get there early to register for the event and door prizes. Registration starts at 8 a.m. The cost is only \$5/person, \$15/family. Strollers and well-behaved dogs on leashes are welcome. It is the most fun you will have all holiday season!! For more info, contact Jan at jbridgway@msn.com.

Nov. 23-Montrose Community Dinners Thanksgiving at Friendship Hall Noon to 3 p.m.

Nov. 24-25-43rd Annual Basement Boutique Craft Show @ the Montrose Pavilion. Locally handcrafted gifts for all ages! 8 a.m. to 5 p.m. Friday, 8 a.m. to 4 p.m. Saturday.

Nov. 24-25-Lavender Emporium Open House, 230 South Second Street, Noon to 6 p.m. Free gift with purchase, lavender inspired refreshments.

Nov. 25-Mac and Cheese Cookoff, benefit for Abraham Connection Homeless Shelter, 2 to 4 p.m. at Bank of Colorado, Delta. Register by calling 970-712-8969.

Nov. 25-Please join us for the annual Chili Bowl Fundraiser benefiting Art Partners on Saturday, Nov. 25, hosted by The Lark & Sparrow Historic Venue 511 East Main Street from 11 a.m. – 1:30 p.m. it's a tasty, fun, and unique way to support Partners kids. Purchase a bottomless bowl of chili from 11 am – 1:30 pm. The bowl is yours to keep! Bowls starting at \$15 and vegetarian chili will be available.

Nov. 25-Delta Parade of Lights, sunset.

Nov. 25-Delta's Fort Uncompahgre celebrates Christmas at the Fort, 7 to 9 p.m. following the Delta Parade of Lights. Admission is \$2, kids under 12 are free. Bring a canned good for our annual food drive, and admission is free. 970-874-8349 for info.

Nov. 25-Holiday open House Sat Nov 25, from 11 to 5pm at Garrett Estate cellars, 53582 falcon Rd. Olathe Co 81425. For more information call Mitch @970.901.5919 or visit Garrettstatecellarscolorado.com.

Dec. 1--The Radio Room proudly presents Harbor and Home on Dec. 1, 2017 7 pm Doors--7:30 pm Show. Tickets \$12 in advance \$15 at the door. The Radio Room is located at 1310 Ute Avenue, Grand Junction, CO 81501. Doors at 7 pm Show at 7:30 pm. 970-241-8801 or kafmradio.org.

Dec. 1-Join us for music, wine and holiday merriment as Cimarron Song Gallery celebrates its second annual Holiday Show, 5 to 8 p.m. Admission is free. The exhibit will feature the works of Julee Hutchinson and Gregory Packard. It's the perfect opportunity to find a one-of-a-kind gift for your someone special! www.cimarronsonggallery.

Dec. 1—Cobble Creek 6th Annual Watercolor Show. Reception Friday 4 –7 pm. Show runs Saturday 10-3. Upstairs at the Cobble Creek Clubhouse. 699 Cobble Drive. 249-5645 for more information.

Dec. 2-Celebrate an All American Christmas in Cedaredge during the Parade of Lights on Saturday, Dec. 2, at 6 p.m. Kids can visit with Santa after the parade and parents can get a professional photo taken for \$10. Call 856-6961 or visit CedaredgeChamber.com for more info. The parade is sponsored by US Bank.

Dec. 5-Colorado Gives Day, a statewide movement to increase online giving, is scheduled for Dec. 5.

Dec. 7-HopeWest invites friends, family and neighbors to join us for our annual Light Up a Life event to celebrate the spirit of community this holiday season Thursday, Dec. 7. The event will begin with a welcome by Judy Ann Files, Montrose Mayor, followed by a holiday message, candle lighting ceremony and beautiful holiday lights with music and singing. 5:30 p.m. • Holiday Inn Express 1391 S. Townsend Avenue This event is free and open to the public. For event information call 970-240-7734. For other Light Up a Life events near you visit <https://www.hopewestco.org/light-life-2017/>.

Dec. 9- Tri-State G&T Donate and Ride Toy Run! By Dec. 7, drop off a new, unwrapped gift for boys and girls, toddler to teen, at Tri-State Montrose Maintenance Center, 2200 South Rio Grande Avenue. On Dec. 9, bring a new, unwrapped gift for boys and girls, toddler to teen, and ride with us. 10:30 a.m., 2200 S. Rio Grande...meet in the south parking lot. 11 a.m. deliver toys to Olathe!**Dec. 17**-Join the Montrose Community Band on Sunday, Dec. 17 at 3:00 p.m. in the Montrose Pavilion Auditorium for a free Christmas concert. The concert will feature selections of Christmas music celebrating the birth of Christ. For more information visit www.montroseband.com or call 970-596-1188.

Dec. 27-7:30 p.m. – JOHN DENVER TRIBUTE with John Adams Band at the Wright Opera House. Each John Denver song is performed effortlessly as audience members can relax and reminisce about an age long gone. Presented by the Ouray County Performing Arts Guild and the Wright Opera House. Concert starts at 7:30 p.m. Tickets \$30 at www.ocpag.org.

Jan. 25-27 – With a three-state draw, the Western Colorado Food and Farm Forum enters its sixth year with workshops on sustainable agriculture January 25 - 27th. Registration is now open at www.foodfarmforum.org. The Valley Food Partnership, CSU Extension, Rocky Mountain Farmers Union, National Young Farmers Coalition and Shavano Conservation District organize the conference collaboratively. For a complete list of topics or to register please visit: foodfarmforum.org or call 970-249-3935.

Contact the Montrose Mirror:
970-275-0646

Editor@montrosemirror.com

www.montrosemirror.com

Special to the Mirror
MONTROSE-Montrose Natural Grocers customers have donated 30 turkeys to Sharing Ministries this year. "We are excited to share these delicious, tasty birds with our community and are grateful that our customers have been so generous," store manager Rhea Flora said. In the photo from L to R, Lori Armendariz, Neal Kelly, Christian Martin, Rhea Flora, Bob Becker.



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Michele Gad is a **Certified DelGiacco Neuro Art Therapist**, who assists individuals with cognitive or mental health challenges to live life as fully and independently as possible. She developed **FAME** in 2010 to better assist her clients. Sessions are specifically designed to meet client's individual needs, goals, abilities, and level of commitment...and have fun!