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# FRESH NEWS FOR BUSY PEOPLE...WEEKLY ON MONDAYS! ONTROSEMIR ROR

© Issue No. 250, Dec. 11

## REGIONAL UPDATE: DEADLINES, POLICIES **VARY AS APRIL ELECTIONS NEAR**



Those who hope to join Montrose City Council must file petitions by Jan. 22. Mirror file photo.

Mirror Staff Report

MONTROSE-Are you over age 18 and a registered voter? Do you want better local government? Run for office!

When the next election for Montrose City Council takes place on April 3, 2018, three of the five council seats (Districts I, II and At-Large) will be open to challengers. Districts I and II are open for four-year terms, while the winner of the at-large spot will serve for two years.

To be eligible to run in the City of Montrose, a candidate must be 18 or older, a resident of the city and district they hope to serve for at least 12 consecutive months, and have no prior felony convictions. Candidates must file nomination petitions with the City Clerk's Office no later than Jan. 22, and 25 valid signatures are required to be included on the ballot. Download a candidate packet from the city's election website

(CityofMontrose.org/Election) beginning Dec. 11,

Continued pg 5

## **COUNTY, HOSPITAL AGREE TO JOINT REPRESENTATION FOR MMH BOND REFINANCE REVIEW**

By Caitlin Switzer

MONTROSE-Addressing the Montrose Board of County Commissioners (BOCC) during the time for public comment at the regular meeting of Dec. 6, citizen Dennis Olmstead once again questioned the need for the new Fairgrounds Events Center, which is nearing completion. He noted that the facility is projected to operate at a loss each year, with only two activities posted on the event center calendar so far, a five-day Mountain States Ranch Rodeo and a two-day fly fishing event. "It is common for major events to book their venue at least a year in advance," Olmstead said. "This allows them to promote the event and plan their logistics. Montrose may have missed many opportunities for 2018." He scoffed at the idea that advertising revenue

Continued pg 7



Commissioners Rash (left) and Davis (right) listen to Attorney Marti Whitmore. The BOCC will hold a special meeting today at 9 a.m.

Gail Marvel's

Rob Brethouwer on

Art Goodtimes Up Bear Creek!

Rocky Mt. Craving. With Carole McKelvey!

# HOUSES OF WORSHIP: MENOKEN CHRISTIAN CHURCH 'Jesus is the way, the truth and the life...'

By Gail Marvel

MONTROSE-Jesus said, "For where two or three come together in my name, there am I with them" (Matt 18:20 NIV). That was certainly the case on Nov. 12, where the Lord was present as three of us gathered for worship at the Menoken Christian Church.

Being few in number did not deter Pastor Keith McCay and Elder Paul Hall from presenting a full-fledged worship service, complete with prepared message, congregational singing, an offertory meditation, special music, a communion meditation and serving the emblems of bread and juice.

McCay said, "Once in a while we have visitors and can fill a [pew] row. We don't have youth programs, so I can see why people with children go to other churches. We continue to be faithful here until God shuts the door...which may be sooner rather than later."

The piano sat silent as we sang a cappella. Hymn selections included, "His Name is Wonderful," "Jesus Paid It All" and "There's Something About That Name." Introducing the song "Onward, Christian Soldiers," McCay said, "This song is in honor of veterans and reminds us there are also veterans of faith, Christian soldiers in His Kingdom."

Hall's communion meditation was based on Matthew 28:18-20, "The same thought can also be found in Mark, Luke and Acts. Having it repeated in Scripture means it's important. This passage is not just for preachers, elders and deacons, but every member should witness about the life, death and resurrection of Jesus. We need to tell others Jesus is the way, the truth and the life.

Many have heard the story of Jesus' death on the cross without understanding



his death was for them."

The theme of the offertory meditation was Treasures in Heaven from Matthew 6:19-21. McCay said, "How do we determine what is God's? God made everything, so everything is God's. When I die I can't take anything with me, so things are not mine, they are God's. I can use them while I am here. My brief span on earth is microscopic compared to eternity that awaits me. We don't actually give anything to God, we return a portion to Him of what He gives to us."

For special music Hall sang "Lead Me to Calvary" while playing his own accompaniment on an autoharp.

Prayer requests mentioned those who were dealing with health issues, families who lost loved ones in the Texas church massacre, those on the mission field and serving in the military, for our country's leadership, as well as world leadership and for the unsaved.

Hebrews 10:19-25 was the foundation for McCay's sermon, titled Garden of Perseverance. Four times in this passage the writer of Hebrews said, "let us..." Maintaining the garden theme McCay used a play on words to turn "let us" into lettuce. "Today you can get all your vegetables in one pill and people make it sound like it's drudgery to go out and grow your own vegetables. We have done the same thing spiritually. We are so busy trying to make a living that we've forgotten what it's like to be spiritually healthy."

McCay also noted that believers neglect thankfulness, "Sometimes we get so busy that we don't thank God for our food until it's time to put it in our mouth...and then it is only in passing. Rubadubdub, thanks for the grub. How serious is that?"

McCay said, "Some people say they don't have to go to church, but the Lord has asked us NOT to give up meeting together. There are a lot of denominations, but the church of God is one body. We act like the church thing is a game...It's not!" Contact Information:

Menoken Christian Church Hwy 50 North & Jay Jay Road Montrose, CO Minister Keith McCay Sunday worship 10 a.m.



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<u>www.montrosemirror.com</u> editor@montrosemirror.com





## SNIP & TIP CAT PROJECT HELPS MORE THAN 2,000 CATS







Blossom, above, is held by a caring volunteer.

### Mirror Staff Report

MONTROSE-More than 70 cats were expected at the Snip & Tip Cat Project spay and neuter clinic at the Montrose County Fairgrounds Dec. 10. "We have done more 2,000 cats since 2012," Project Director Joan Hewitt said.

For those who need assistance but missed this opportunity, the Montrose Animal Shelter will be hosting a low cost spay & neuter clinic Jan. 18 at the shelter,

Hewitt said. Sponsors of the Snip & Tip Project/Spay and Neuter Clinic include Telluride Animal Foundation, Colorado Animal Rescue Express, and Montrose Animal Protection Agency, which offers vouchers to help offset the cost of spaying or neutering pet cats. According to its Facebook page, Snip & Tip Cat Project is "about encouraging spay and neuter and advocating kindness to animals with a



Kitten Nicholas is held by Sofia, who planned to take him home with her.

focus on free-roaming-cats and promoting adoption."

Free roaming cats are marked once they have been spayed or neutered, with a "tip" to let others know.

All who would like to support the work being done by Snip & Tip Cat Project can visit the <u>Facebook page to donate</u>, or mail donations to 123 Hartman Rocks Drive, Gunnison, CO 81230.



### DONATIONS, VOLUNTEERS NEEDED FOR ORGANIZATIONS THAT HELP HOMELESS PEOPLE

Mirror Staff Report

COLORADO-Colorado continues to see an influx of homeless people from across the United States, but the demographics are shifting. Statistics released by the Office of Housing & Urban Development reveal a trend—fewer homeless families, far more chronically homeless individuals. According to information collected through a point-in-time study and housing inventory count conducted in January of 2017, the number of Colorado families with children experiencing homelessness has declined by 17.8 percent since 2016 and 57.4 percent since 2010.

However, Colorado shows the third largest increase among states when it comes to homeless individuals (up by 17.4 percent), and a 29.5 percent spike in the number of individuals categorized as chronically homeless.

That statewide trend is reflected in the population served by Delta's Abraham Connection (480 Silver Street), which provides overnight housing to homeless people.

Though the shelter, which sleeps 32, has averaged 13 individuals per night since opening Nov. 1, "We do not get the families," staffer Shelley said. "In an emergency situation...a family may come, but overall, it's men, or women."

Abraham Connection recently benefited from a coat drive, Shelley said, "Our community is really supportive." However, the need for extra hands is ongoing, particularly when it comes to covering volunteer

shifts like the 5:45 p.m. to midnight slot. "Even if you can do one day a month, it would be so great," she said.

Always needed are donations of personal items, like coffee, detergent, toilet paper, and toothpaste.

"We are also on the lookout for gloves, and other warm things that people need," Shelley said.

more or to donate, at http:// deltaabrahamconnection.org/, on Facebook, or call them at 970-773-8290. Families are the focus at Olathe's Haven House, which offers transitional housing in a supportive and loving environment on Olathe's River Road.

As noted on its website, "Haven House provides shelter, the necessary support services and enrichment programs to help families evolve from an unstable living environment to healthy self-sustaining lifestyles." To learn more about Haven House or to donate, visit them online, or call 970-323-5280.

Here in Montrose, there is no overnight shelter, and no place for a homeless person or family to sleep outdoors, Chris Hauck of Lighthouse Ministries said. Though Lighthouse Ministries provides cold-tolerant body bags for people who know they will be sleeping outdoors, "There is not a legal place in the county where you can put a body bag down and sleep in it," he said.

Lighthouse Ministries works with the Shepherd's Hand, Jail Ministries, and MA-



Though body bags are available through Lighthouse Ministries for people who must sleep outdoors in the cold, there is no legal place to sleep in one in Montrose County, advocates say.

DA organizations to connect homeless people in Montrose County with a daily meal and overnight shelter in the coldest months.

So far this season, the Lighthouse has helped 22 people, without funding from the City of Montrose as was received last year.

However, the recent donation of a 15passenger van by Telluride Express will make the transportation of people to the overnight dorm that the non-profit uses (donated by Olathe Farmer John Harold) much easier, Hauck said. Lighthouse Ministries continues to apply for grant funding to cover operating costs such as a driver and dorm supervisor; community donations of cash are most welcome as well.

To learn more or to donate, email info@montrose-lighthouse.org, or call 970-497-0900.



## Introducing Independent Living at The Homestead at Montrose

If you are over 55 and independent but would like to live in a community offering socialization and peace of mind, schedule a tour of our private one and two bedroom apartments. We're conveniently located across from the Montrose Pavilion Senior Center.

#### **Rent includes:**

- · All utilities: cable television, Internet and phone
- · One nutritious meal per day
- · Laundry privileges
- · Socialization and invitation to all activities

Pricing starts at \$1210 per month, new residents only.

Call or email Denise Swanson, Residence Director to schedule a tour. 970.252.9359 dswanson@voa.org | 1819 Pavilion Drive, Montrose



# REGIONAL UPDATE: DEADLINES, ELECTION REGULATIONS From pg 1

or pick up a paper version from the City Clerk's Office between 7 a.m. and 6 p.m., Monday through Thursday (City offices are closed on Fridays). For more information, contact City Clerk Lisa DelPiccolo at 970-240-1422 or via email at Idelpiccolo@ci.montrose.co.us.

In the **City of Delta**, the campaign is already in full swing, with three candidates already filing candidate affidavits for the two open seats (Dist. C and At-large), though the election does not take place until April 3, and no petitions will be available until Jan. 2.

To run for the **Delta City Council**, candidates must be 18 years of age and regis-

tered electors, and must have lived in the City and in their district (unless running atlarge), for at least 12 consecutive months. Candidates must file nomination petitions with the City Clerk's Office no later than Jan. 22, and 25 valid signatures are required to be included on the ballot. For more information contact Deputy Clerk Jolene Nelson at 970-874-7566.

In the **Town of Olathe**, four council seats are up for election April 3, one with a two-year term and three with four-year terms. Candidates must be 18 years of age, have lived within town limits for 12 consecutive months, and must be registered electors. Nominating petitions will be available Jan.

2 at town hall.

The position of Mayor in Olathe is an elected one, and that seat will not be open again until 2020, Olathe Deputy Clerk Monique English said.

In **Ridgway**, petitions will be available in February for the seven-member **Town Council**. Both the Mayor's seat and three Council members will be open in the April 3 election, Town Clerk Pam Kraft said. Candidates must live within town limits and be registered electors. To learn more stop by Town Hall and talk to Pam.

In the **City of Ouray**, municipal elections are held in November in odd numbered years.

# simpson gallery

# Announcing the closure of Simpson Gallery

Mike and Kathy Simpson are retiring from Main Street

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249-1098 324 E. Main St, Montrose www.mikesimpsonart.com

## **REGIONAL NEWS BRIEFS**

## **GMUG NATIONAL FORESTS HIRING** SEASONAL FIRE **POSITIONS**

Special to the Mirror

DELTA-- The Grand Mesa, Uncompangre, and Gunnison National Forests will be hiring for its seasonal fire positions starting Dec. 15<sup>th</sup>. There are multiple openings in dispatch and on engine, fuels, and hand crews. Vacant positions are located in Grand Junction, Norwood, Montrose, Collbran, and Gunnison. All applicants must apply to the specific vacancy announcements that will be posted on http://www.usajobs.gov/. Announcements will close on Dec. 21, 2017, so frequent checking of the USAJOB site is encouraged. Prospective applicants can check the GMUG Website (https:// www.fs.usda.gov/gmug) under the "About the Forest" and "Employment" tabs for potential openings along with guides for applying to Forest Service jobs.

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stories by

ETERANS REGISTERED AND SERVED - 1615 WEEKLY COFFEE ATTENDANCE - 100 VETS BUSINESSES OFFERING DISCOUNTS Monthly Spouse Luncheons - 35 EAGLE HEAD CANES PRESENTED - 120

WEEKLY SPOUSE SUPPORT GROUP WEEKLY PTSD SUPPORT GROUP - 10 **High School Constitution students** are connecting with local veterans through the Warrior Resource Center. They visit them in their homes and nursing homes to preserve their

WORKFORCE CENTER WAS ABLE TO PROVIDE JOBS FOR 63 VETERANS IN ONE CALENDAR YEAR BECAUSE OF THE WORKFORCE CENTER PARTNERSHIP WITH THE WRC.

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WELCOME HOME ALLIANCE FOR VETERANS 11 SOUTH PARK AVE MONTROSE COLORADO 81401

## COUNTY, HOSPITAL AGREE TO JOINT REPRESENTATION From pg 1

could be generated through naming rights. "I know of no name other than 'Montrose County Event Center,' or perhaps 'White-Davis Event Center.'"

Olmstead also pointed out that further capital expenditures are possible for the Event Center, and suggested that the County should instead fulfill only the agreed-to contract.

"The choice than becomes of either, get significant event center customers, or as mentioned in the event center feasibility study, reposition the building for other

"Clearly the Event Center, as it now stands, is a huge money pit."

Also speaking during the time for public comment, Citizen Jim Haugsness praised the BOCC for establishing community partnerships and functional government. "You guys are doing a really good job... walls are being taken down brick by brick."

At the request of former County Commis- work...the fact that the hospital won't be sioner Ron Henderson, the BOCC moved an item from the Consent Agenda to General Business prior to approving the Consent Agenda. The removed item, Consent Agenda Item 3, was listed as Consideration of "Approval of Consent for Joint Representation" with the Montrose Memorial Hospital (MMH)-Board of Trustees, for review of the Montrose Memorial Hospital bond refinancing.

Commissioners unanimously approved Item D-1, consideration and possible authorization of the Off-Airport Ground Transportation Agreement with San Juan Skyway LLC, d/b/a TelluRides effective 12/6/2017.

Item D-2 was also approved unanimously, amending the common property line between Montrose County and Dallas Turley on North Stough Avenue to "eliminate an encroachment caused by a shed being over the current property line."

Item D-3, the item initially removed from the Consent Agenda at Ron Henderson's request, concerned "Approval of Consent

for Joint Representation" with the MMH board to review bond refinancing for the hospital. Former Commissioner Henderson spoke at length. "...another littleknown fact, is that the whole budget for the City and County is less than that of the hospital," he said, calling the hospital "a huge money machine." Henderson praised the current BOCC for saving taxpayer money. "Thanks a million; good job."

Commissioner Glen Davis Spoke as well. "I would like to thank the prior boards... we spent millions and millions of dollars in this community on that lawsuit but it got us to this point...where we could reach a settlement maybe on all the lawsuits...the physical structure of the hospital will come back into the hands of the county. This is not the collateral that will be used for the hospital. To me that's a great thing; it is a county asset that was built by the people of Montrose County.

"I am glad to say that with a lot of hard mortgaged, that they can't buy real property in our name nor can they mortgage it without the county's permission, makes me feel real good."

**BOCC Chair Keith Caddy stressed that all** information that can be shared with the public regarding the MMH bond refinance will be shared immediately.

"...We've got our property off of their books...I think this joint venture...in getting their new bonds put into place is going to be good for everybody involved," Caddy said.

Commissioner Roger Rash thanked new MMH CFO Larry Dupper for sharing information. "He came forward with this and made a presentation; we asked some questions...that's what this has all been about since we settled this lawsuit, becoming a team...working together to help this hospital be the best in the state of Colorado, if at all possible, and in the na-

"And I agree with Mr. Caddy. Transparency is 100 percent; anything that we can put out there will be out there." Rash en-

couraged citizen participation in the process. "We would love to have the citizens there. We appreciate citizens coming in to our meetings and our work sessions."

Haugsness spoke again, asking whether the hospital would now bring more transparency to service delivery. Caddy promised to bring the issue up at the appropriate time.

Davis commented that the hospital has cash reserves in the \$40 million range. All three commissioners noted that the hospital has become far more forthcoming with information.

"Obviously there are heads on the guillotine as far as those bonds are concerned," Henderson commented.

"We're all in this boat together; we all want the best medical facility we can possible have in our community," Rash said.

"... I never thought I would agree with Glen Davis," Henderson continued. "I think it's absolutely remarkable that they do have \$40 million in reserves. And I think also the County should seek a similar position. Just because you have a lot of money in the bank doesn't mean you have to spend it."

Davis said, "In looking at our county budget...I am proud of the board, proud of where we sit financially, and I think most of that can probably be attributed to a good financial department."

Item D3 was unanimously approved. Four items were unanimously approved under planning and development; Beaver Meadows #2 Minor Subdivision (MI-17-0035); Rider Minor Subdivision (MI-17-0039); Wynne-Seibert Minor Subdivision (MI-17-0042); and Hillsdale Drive Minor Subdivision (MI-17-0043).

"I can't remember how far back we'd have to go to find this many subdivision adjustments or creations on one agenda for the County," Davis said before moving to approve the fourth item. "It speaks well for the county that so many people out there are wanting to do things and build-

"I think it's fantastic."

## CITY OF MONTROSE PROCLAIMS INTERNATIONAL DAY OF THE MIGRANT



Mayor Judy Ann Files (fourth from the right) read the proclamation declaring Dec. 18, 2017 as International Day of the Migrant. Photo by Gail Marvel.

By Gail Marvel

MONTROSE-The regular meeting of the Montrose City Council held on Dec. 5, 2017 began with a packed house as supporters gathered to hear the **International Day of the Migrant Proclamation.** About 40 Supporters came forward and stood with Mayor Judy Ann Files as she read and then signed the proclamation declaring Dec. 18, 2017 International Day of the Migrant.

The Mayor invited Karen Sherman Perez of Hispanic Affairs Project to say a few words, "It's important to recognize the right of all individuals to migrate, as well as acknowledge the contribution of the migrants to the community here in Montrose. This is a critical moment when many immigrants are facing threats from the current administration...the US Supreme Court just voted to uphold the President's Muslim ban." Ms. Perez noted there were a number of dreamers in attendance and that they, as well as all the supporters, appreciated the proclamation from council.

#### **Call For Public Comment**

Brian Barnard from Brookdale Sunrise Creek said, "I am representing the voice of many seniors living at our center. We are located at Niagara and the end of Hillcrest. If you extend Hillcrest there will be a lot more traffic on our little quiet street." Barnard explained that Sunrise Creek has

assisted living for residents on one side of the street and cottages on the other side with clients crossing the street to go for meals. "My biggest concern is when drivers cut through trying to avoid intersections." Barnard requested council consider speed bumps and speed limits.

**Intergovernmental Agreement** – Montrose Recreational District Executive Director Ken Sherbenou.

Project Description: The City of Montrose and the Montrose Recreation District have partnered to pursue Great Outdoors Colorado (GOCO) funding to construct two separate trail segments totaling 2.25 miles of concrete trail and two highway underpasses. The project is scheduled for completion in September 2020. Sherbenou said, "We got a \$2 M grant from GOCO, which is the largest we've [Montrose] ever had. This grant is a great testament to partnerships."

The Intergovernmental Agreement (IGA) was approved with a vote of four "yes" and one abstention. Councilwoman Barbara Bynum, who is president of the Recreational District Board, abstained.

**Ordinance 2440 (first reading)** – Finance Director Shani Wittenberg.

This ordinance amends Ordinance 2395 which appropriated funds during the fiscal year beginning Jan. 1, 2017.

Wittenberg said, "Every year we budget and try to do our best to project." This

ordinance formally appropriates expenditures that were over and above those anticipated at the time of the adoption of the original budget. The original budget totaled \$21,357,262 and the final budget comes in at \$23,357,262. Costs associated with public infrastructure in the Urban Renewal Authority (URA) for the Colorado Outdoors Project make up nearly half of the \$2M increase. Approved unanimously. **Resolution 2017-20** – City Clerk Lisa Del-Piccolo.

This Resolution authorizes the city to conduct a mail ballot election for the City of Montrose General Municipal Election of April 3, 2018. DelPiccolo said, "Three city council seats will be vacant; District 1, District 2 and the At-Large positon." According to county records as of Oct. 26, there are 11,843 eligible electors.

Jan. 2, 2018 is the first day city council candidates can pick up and circulate nomination petitions. Information on the election is available on the city website, or inquiries can be made to DelPiccolo at 970 -240-1422. Approved unanimously.

City Vehicle and Equipment Purchase Recommendations – Interim Public Works Director David Bries.

The City Fleet Division uses a fleet management software known as FASTER to determine optimal replacement schedules for each asset. The vehicle and equipment purchases for 2018 as presented have a total cost of \$1,354,509.23. Bries said, "[Ordering] some vehicles have a long lead time and we want to avoid backlogs."

The purchase recommendation includes \$177,803 to Montrose County businesses and \$575,153 to business in adjacent counties. No bids on the remaining vehicles and equipment purchase replacements (totaling \$608,253.23) were submitted from Montrose County or adjacent counties. Approved unanimously.

Note: City fleet vehicles, such as the new trucks purchased for Public Works go out to bid and are approved by city council. City Manager Bill Bell's vehicle does not come under the same review. At Bell's discretion his 2013 five-passenger Chevy Tahoe, which was slated for replacement in January 2018, was replaced six months early (July 2017).

# CITY OF MONTROSE PROCLAIMS INTERNATIONAL DAY OF THE MIGRANT From previous pg

#### **Staff Reports:**

Staff would like to discuss and re-evaluate the need for purchasing extended warranties on fleet vehicles.

**Public Information Report** – City Manager Bill Bell.

DelPiccolo reported that city council candidate packets will be available electroni-

cally on the city website beginning Monday, Dec. 10.

#### **City Council Comments**

Councilwoman Barbara Bynum recently did a ride-along with Montrose PD.

It was unclear if it was an inside joke, or if Councilman Dave Bowman just wanted to put Office of Business and Tourism (OBT)

Director Rob Joseph on the spot with a question about the operational hours of Santa's Cabin. Joseph referred the public to the city website for scheduling information. Mayor Files, Mayor Pro Tem Roy Anderson and Councilman David Romero gave kudos to OBT, volunteers and all those participating in the Parade of Lights.

## **REGIONAL NEWS BRIEFS**

### **CELEBRATE THE SEASON WITH COLORADO PARKS & WILDLIFE**

Special to the Mirror

COLORADO-It's time to welcome the holiday season and all of the magic it can bring. It's the season to celebrate the chill in the air, the snow in the mountains, the crackle of a roaring fire and time spent with friends and family. This year, Colorado Parks and Wildlife gives you several options to make Colorado's great outdoors a part of your holiday traditions.

#### **State Park Events**

Enjoy a helping of holiday cheer at one of several state park events! Our state parks are offering several unique events that showcase their recreational opportunities, all with a holiday twist.

Spend some time exploring one of our holiday open houses, participate in the Christmas bird count, or bring the kids to a holiday pajama party. Explore our calendar to learn more about our winter events.

#### **Holiday Gift Ideas**

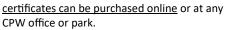
Need a special gift for the outdoor enthusiast or sportsman on your list? Check out the visitors center at your favorite state park for one-of-a-kind items, or <u>visit our online store</u> to find fishing maps, field guides, patches and decals,

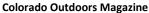
wild game cookbooks and other unique ideas for the nature lover in your life.

#### **Gift Certificates**

Let your loved ones choose a gift of outdoor experiences this holi-

Colorado Parks and Wildlife Gift Certificates can be redeemed at parks or CPW offices for hunting or fishing licenses, park passes, camping fees, OHV and snowmobile permits and more. Gift





For a one-size-fits-all gift, consider a <u>subscription to Colorado Outdoors</u> magazine. A subscription to *Colorado Outdoors* puts our state's great outdoors right into the hands of your loved ones. Each issue provides spectacular

Courtesy image Colorado Parks & Wildlife.

photography along with valuable insights from our hunting, fishing and conservation experts. In addition, readers can learn about special events, environmental news, volunteer opportunities and more.

Each subscription includes your choice of our annual hunting guide or fishing guide - or get both guides for just \$2.50 more!



## A FRESH POINT OF VIEW...FROM THE HALLWAYS OF MHS!



Jack Switzer, MHS freshman.

By Jack Switze
MONTROSESchool gets
out, you go
home, you do
your homework, and
after you're
done get on
your phone

By Jack Switzer And that brings us to something we high MONTROSE- schoolers call the \*ahem\* HELP I'M School gets BORED! Phase.

Montrose is a town with plenty of adults, doing adult things. Not that there's anything wrong with that; they can go to bingo once a week, or go to a club, or drink fancy champagne at a classy party. I'm not saying I wanna dress up and drink alcohol, but we kids still want something nice. Even at the rec center, we aren't allowed into the upstairs area, where most of the fitness stuff is. And if you were a toddler, yeah maybe you shouldn't go upstairs. But if you're age 10 or above I think we should be old enough to at least

use some of the equipment.

Something kids my age used to be able to do that was somewhat popular, was go to the Pokemon Card league, Which was run by Professor Zach, who was owner of the Mail Room. It was a fantastic time, and lots of fun. (Thank you, Professor Zach!) However, it's shut down, and now there's not much of anything taking its place. In summary, kids need places to just hang out, as well as be listened to and respected.

P.S Thank you to the MHS lunch ladies for fixing the long lines! It's much faster with the new system! This thank you is long overdue.



## **REGIONAL NEWS BRIEFS**

#### MONTROSE ACADEMIC BOOSTER CLUB AWARDS \$6.000 IN GRANTS TO LOCAL TEACHERS

Special to the Mirror

MONTROSE— Last week the Montrose Academic Booster Club (A+BC) awarded \$6,008.13 in grants to nine MCSD teachers to fund classroom materials and projects. This is the largest amount of money awarded in a single grant cycle in recent history. Eleven teachers submitted a total of \$8,437.13 in requests. After careful

consideration, the volunteer A+BC board agreed that all or part of nine requests met the established funding criteria.

"The grant money will be used to support a wide range of programs in our schools," said A+BC board president Barbara Bynum. "English, Science, History, Physical Education, Technology and the Arts are all represented in these grant awards. In

addition, we've been able to impact students from Kindergarten through High School across the district. It was really a very impressive collection of grants requests and A+BC is so happy to be able to make these awards."

"The Olathe Middle School Musical has been a tradition at our school for the past nine years, and for the majority of that time it was funded through the 21st Century program. We do not currently have funds to purchase this year's play, although we have earmarked some of the money raised through our choir fundraisers to help with costumes, props, and scenery paint, etc.," wrote Olathe teacher Kenneth Cotter in his grant application. The A+BC board awarded \$650 to purchase the musical, including scripts, music, recordings, royalties and performing rights. An additional \$150 will go towards materials for the costumes.

At Centennial Middle School, \$902.98 was awarded to purchase biological models for seventh grade science classes. The skeleton, lung, heart, and cell models will be used to meet many of the required standards, including teaching students to gather, analyze and interpret data for different types of cells, their structures, components and functions, according to teacher Rob Miller who submitted the grant. He estimates that 15-200 students will use the models each year and that the models should last for decades.

Teacher Cara Godbe received \$330 to purchase 30 copies each of "What was the Boston Tea Party?" and "In the Shadow of Liberty: The Hidden History" for fifth grade students at Oak Grove Elementary. In her grant application Godbe wrote, "Students will be impacted by these materials in that they will have an accurate foundation about how the United States was created through engaging, inclusive, and interactive instruction."

Additional grant awards included guided reading books for Kindergarten, camera and video equipment for multimedia productions, iPad keyboards for writing, volleyball equipment, balance balls for movement and focus in the classroom, and 73 new fiction books.



# Weehawken Winter Programs

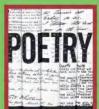


December 9 & 10 Weehawken Dance presents "The Nutcracker"

Featuring dancers from Ouray, Montrose, San Juan & San Miguel Counties, and more!

December 14 ARTbar: Gorgeous Growlers with Ann Cheeks in Ridgway

January 3



Poetry of Presence: A 5 Week Discussion Series with Rosemerry Wahtola Trommer in Ridgway

January 10

Introduction to Art Materials & Techniques with Allison Wofford in Montrose

January 17



The Wild World of Watercolor with Mike Simpson in Montrose

January 17

The Basics of Stitching with Allison Wofford in Montrose



January 24



The Art of Eric Carle with Allison Wofford in Montrose

January 27

Arcanum:

The Mystery and Abandon of Asemic Writing with Kierstin Bridger in Ridgway



February 3



Contemporary Mosaic Art with Carol Newman in Ridgway

For more information, or to register, go to www.weehawkenarts.org or call (970) 318-0150



## OPINION/EDITORIAL: COMMENTARY

### RE-1J TEST SCORES REVEAL UPTICK IN STUDENT ACHIEVEMENT

Editor:

The Montrose County School Board and I are pleased to announce the results of this past spring's Colorado Measures of Academic Success testing. The results show overall improvement district-wide and at eight of the twelve schools.

Across the district, the percentage of students scoring proficient or above in reading and math improved 5 percent and 1.3 percent respectively from the previous year. Eight schools earned the highest possible rating of Performance which is up from last year's total of seven schools. The schools achieving this Performance rating are: Johnson Elementary, Oak Grove Elementary, Columbine Middle School, Centennial Middle School, Olathe Middle School, Montrose High, Olathe High, and Peak Academy.

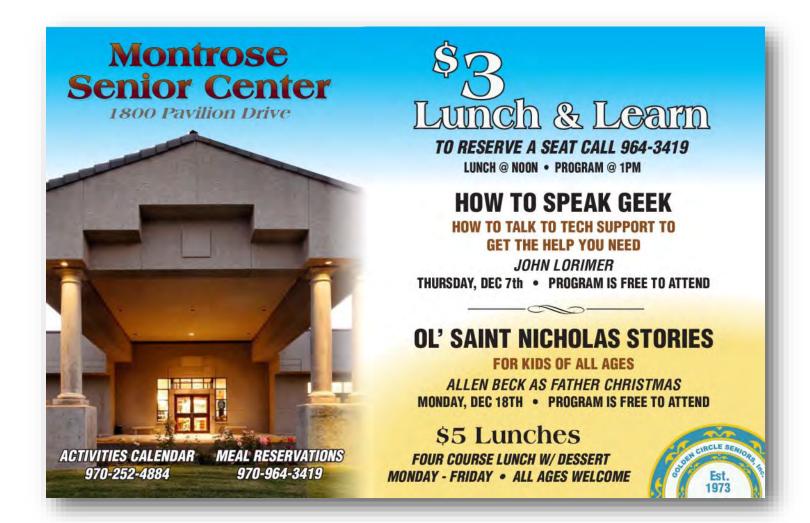
Additionally, participation of students in these state tests increased dramatically. In the 2015-16 school year, only 76 percent of the secondary students took the tests. In the 2016-17 school year, 96 percent of the secondary students took the tests.

With additional training for teachers and staff in reading, vocabulary, and the new elementary math program, Bridges, continued growth is expected throughout the school district in the coming years. Leann Tobin, Board President says: "The Board is proud of the hard work our teachers and students are doing. Improving student achievement is a top priority and it's great to see the positive strides forward."

Stephen Schiell, Superintendent, states: "We were hoping for a tick up in achievement, and we certainly had that! An increase across the district of over 5 percent is significant. We realize that we still have a lot of work to do but with the outstanding teachers and staff in the classroom and the leadership at each school the continued improvement in student achievement should continue." Thank you to our teachers, support staff, and administrators for all of your efforts to help educate our students! Stephen Schiell

Superintendent

Montrose County School District



### A MORNING WITH THE MAYOR: ROVING REPORTER SHADOWS LOCAL OFFICIAL



Above, a restroom for women allowed ladies a place to wait for their husbands in early day Montrose. Photo by Dianna Beshoar.

By Dianna Beshoar

## Cherry Creek Radio, Monday, Dec. 4, 2017 – 8:20 a.m.

MONTROSE-City of Montrose Mayor Judy Ann Files arrived on time for her monthly radio show with Dan Lynch, news director at Cherry Creek Radio, 106 Rose Lane in Montrose. Joined by DelPiccolo, the main topic of Lynch's show on KUBC Radio, was Election Day on April 3, 2018. During the live broadcast, DelPiccolo provided the election timeline and facts about the election process.

"The first time I ran, I had to campaign," said Files. "Walk the streets, knock on doors.

"It's stressful to run for office. It's not like a basketball game. There's no score. You don't know (the outcome) until the results are in."

Files said she attended all city council meetings for a year before she ran for office. She encouraged anyone intending to run for office to start attending the city council meetings now. City Council meetings are also videotaped, with previ-

ous meetings viewable online at <a href="mailto:cityofmontrose.org">cityofmontrose.org</a>.

Voting will be done via walk-in and mail-in ballots, according to DelPiccolo, Vice-President of the Colorado Municipal Clerks Association. Online voting is "on the horizon," said Del-Piccolo.

The minimum cost incurred by the city for elections is \$30,000, according to Files. And each election is "a really long, involved thing," said Files. Candidates can expect to pay about \$15 for a background check.

The Montrose County election staff helps tabulate the votes said DelPiccolo. The election process can be "intimidating and statutes change on a regular basis," said DelPiccolo.

Lynch said the City of Montrose is "looking for civic-minded people."

"You always want people to become involved in city government," said Del-Piccolo. DelPiccolo added the City of Montrose is also looking for election judges.

The open seats are District 1, currently held by David Romero, District 2, currently held by Dave Bowman, and the At-Large Representative, currently held by Barbara Bynum. Although the three representatives are within the eight-year term limit, none of the three have officially announced their intention to run for office in the upcoming election.

#### City Hall, Monday, Dec. 4 – 9:15 a.m.

Five gray metal trays are stacked on top of a small table inside DelPiccolo's office. The top tray bears Mayor Judy Ann Files name. Yet Files, a retired teacher, does not have an office at City Hall. There is no reason for an office per Files. "Everything is done out in public or on the phone." Files said the mayor is "essentially a figurehead for the city and city council."

City Hall, located at 433 S. 1st Street, additionally housed the police department, fire department and the library in the past. There was even a women's restroom. Not equipped in the manner restrooms are today, but a room for ladies during the 1930s to sit and rest while their

husbands were out and about. Files said it was "socially not acceptable for women to be on the street."

Within the walls of City Hall, departments such as utility billing and customer service, finance, planning, building inspection, records, GIS, legal, human resources, and innovation and citizen engagement are run nearly paper-free, according to Files. "Everything comes to us on our iPads, computers," said Files. "IT takes care of me." Full wi-fi is available, as well as an information center.

A multi-colored quilt provided by a local women's quilting club is displayed in the lobby, and a couple of sculptures provided by Montrose Public Art experience (PAX) adorn City Hall outside. Along the west side of the City Hall building, rests the World War II USS Montrose's ship's bell. Files said during the 1940's, the citizens of Montrose collected so much scrap for the war effort, United States government officials decided to name a ship after the city. Files remains in contact with many of the veterans that served on the USS Montrose, although she does not know of any veterans living in Montrose that served on the ship.

## Montrose Visitor Center, Monday, Dec. 4 – 9:40 a.m.

The Montrose Visitor Center, located inside the Elks Building at 107 S. Cascade Avenue, offers free bicycle rentals according to Files. Visitors may fill up their water bottles and find visitor guides along with other information on activities, restaurants and hotels in the area. The city also invites travelers to visitmontrose.com.

Above the Visitor Center, City Council Chambers and Municipal Court share a room, originally the Elks' ballroom, said Files.

Files said she decided to serve as mayor to help city council become more of a team.

City Council meeting packets, available online, provide information regarding agenda items for each of the city council's meetings. The city council members make an effort to address citizens' concerns and questions within the meeting packets. The

# A MORNING WITH THE MAYOR: ROVING REPORTER SHADOWS LOCAL OFFICIAL From previous page

positive result is a gain in time. The bymonthly city council meetings no longer run up to five hours, rather the scheduled time, 6-9 p.m. according to Files.

The mayor and city council receive a stipend to cover expense costs said Files. Each April, council members rotate in to the role of mayor or mayor protem. Although as a council member, you are not required to serve as mayor or mayor protem.

## Mayor's Meeting, Monday, Dec. 4 – 10 a.m.

The mayor's meeting, held weekly, commences at the wooden rectangular table inside City Manager William E. Bell's office.

The conversation among Bell, Assistant City Manager Rob Joseph, Assistant City Attorney Andrew Boyko, Deputy City Clerk Carolyn L. Bellavance and Mayor Judy Ann Files involves a weekly review of city-related activities, including leadership training, employee training, a Tuesday tap night at Horsefly Brewing Company to help raise funds for community radio KVNF-Montrose, and then agenda items for the city council meeting.

Leadership was cited by Files as the quality requisite for being the mayor. "A positive attitude about what the city is doing and the willingness to go out and speak to the community." Files said anyone can request the mayor to be at their meetings.

Once invited, the decision to attend a meeting rests with the mayor.

The mayor's outlook for Montrose is positive.

"Right now, we're on an upswing," said Files. "More businesses, more people wanting houses."

Files said she really enjoys the partnership the city has made with "so many different entities" including Montrose County, Montrose Rec District, and recently, Colorado Parks and Wildlife.

"Being mayor is just a very intrinsic feeling. I'm hoping to make this place just a better place to be," said Files.

"And yes, I get frustrated about how long everything takes."





## MIRROR IMAGES...TRI STATE G&T TOY RUN!









With no snow in sight, Santa drove up in an ATV for the annual Toy Run for Olathe's Haven House shelter. Families and children were thrilled to see the big guy, as well as the presents donated by local cyclists and others. Now in its second year, the annual event is hosted by the Tri-State Generation & Transmission employees club. Mirror staff photos.



## **REGIONAL NEWS BRIEFS**

### NOMINATION PROCESS FOR CITY COUNCIL CANDIDATES SET TO BEGIN

Special to the Mirror

MONTROSE-Montrose residents will have their opportunity to run for a seat on the Montrose City Council during the General Municipal Election on Tuesday, April 3, 2018.

Three of the five council seats will be up for election, with the successful candidates for the District I and II positions serving four-year terms and the At-Large representative serving a two-year term.

To qualify as a candidate, individuals must be registered electors, eighteen years of age or older, and have resided within the city and district they wish to

represent for at least 12 consecutive months immediately preceding Election Day. While candidates for the At-Large seat can reside anywhere within city-limits, they must meet the minimum residency requirement.

In addition to the aforementioned guidelines, voters adopted revisions to the City Charter in 2014 requiring all City Council candidates to be clear of any felony convictions.

\_Candidates may circulate nomination petitions beginning Tuesday, January 2, 2018, and file them with the City Clerk's Office no later than January 22. Twenty-

five valid signatures are required for a candidate to be included on the ballot.

Those interested in running can download a candidate packet via the city's election website (CityofMontrose.org/ Election) as of Monday, Dec. 11, or pick up a paper version from the City Clerk's Office between 7 a.m. and 6 p.m., Monday through Thursday. A map of Montrose's council districts and other election and candidate information are also available on the website.

For more information, contact City Clerk Lisa DelPiccolo at <u>970-240-1422</u> or via email at <u>Idelpiccolo@ci.montrose.co.us</u>.



## **OURAY UNVEILS 2018 ICE FESTIVAL POSTER, SWEARS IN COUNCIL**

By Carole Ann McKelvey Ouray Bureau reporter

OURAY-Ouray's newly re-elected mayor, Pam Larson, and re-elected council members Glenn Boyd and Dee Hilton were sworn in at the beginning of the Dec. 4 city council meeting. All three re-elected councilors had been elected handily in the November election.

Following the swearing-in, Larson went over new council assignments and councilors reported on ongoing efforts – Dawn Glanc said the Ice Park Sustainability Committee meetings were held Nov. 21 and 28.

It was announced that the City of Ouray is gearing up for its annual Ouray Ice Park opening, which is a huge boost to the winter economy. Due to warm temperatures throughout the month of November, the Ice Park has changed the target opening date to Christmas Day, Dec. 25.

The accompanying Ice Park Festival will run from January 18-21<sup>st</sup>. The 2018 festival is being unofficially called the 23<sup>rd</sup> Annual Wild West Ice Festival. The Ice Festival has released a copy of the annual poster chosen to represent the festival. It was created by local artist Kellie Day and her original artwork is on display at Ouray Mountain Sports and will be available for purchase at the live auction during the Festival.

Noting the efforts of the Beautification Committee, Mayor Larson presented that with a plaque recognizing their many volunteer hours and dedication to revitalizing Rotary Park. Recently, through volunteer efforts, play equipment was installed at Rotary Park and the group also received a grant of \$1054 from the Ouray County Community Fund to use for upgrades of bathrooms at the park.

Councilors went on to approve:

- -Ted Pullig's appointment to the Volunteer Fire Department;
- -The Dec. 16 SMPA Christmas Party at the Elk's Club;
- -Gold Belt Bar & Grill liquor license renew-

al, and

-The council meeting calendar at the community center (each 1<sup>st</sup> and 3<sup>rd</sup> Monday of the month).

A report on the status of the pool conditions at the Ouray Hot Springs noted that pool designers, construction representatives and staff met to iron out construction and warranty work on the pool, which was remodeled for approximately \$9 million recently.

During the meeting, many simple fixes were proposed and will be completed in the next couple weeks.

City Resources Director Rick Noll said that temperatures in the hot springs pool are much improved as a result of the work completed in mid-November. Monday and Tuesday still being cooler than desired, however pool thermal blankets are on order.

He said the blankets will benefit the pool by reducing heat loss and will likely keep all pool temperatures within advertised ranges. "More importantly many upcoming improvements are concentrated on serving our lap swimming customers." Weekly updates on the water temperature situation will be posted on the city's Facebook page. (Those wishing to view the daily pool temperatures can visit the <u>Ouray Hot Springs Swimming Pool and Fitness Center</u> Facebook page. The temperatures are updated daily by noon.)

A report by Ouray Officer James Berry, Traffic Safety Group, and Officer Darren Reed, Safe Neighborhood Group, noted that the Ouray Safe Neighborhood Group and Traffic Safety Program are community policing programs dedicated to maintaining safe neighborhoods and streets within the City of Ouray.

"As a police department, we recognize the need for these and the vital roles they play in the overall safety of our community," the report stated.

The Ouray Safe Neighborhoods and Traffic Safety Program meet jointly, the fourth Wednesday of every month



Artist Kellie Day's 2018 poster for the Ouray Ice Festival. Courtesy image.

(subject to change due to scheduling); the meeting place is determined each month. Each meeting is dedicated to training, identifying problems in neighborhoods, traffic safety concerns, ways to decrease speeding, as well as discussing upcoming community events such as family movie nights in the park.

Those citizens wishing to join any of the community policing groups, just need to attend any of the upcoming meetings. Citizens who would like to make a financial donation to the department, so that community events may continue, were urged to send a check payable to the City of Ouray to the following address (Be sure to note on the check it is for 'Community Policing'): City of Ouray - Police Department, P.O. Box 468, Ouray, CO 81427.

The next meeting of the Safe Neighborhood and Traffic Safety group is April 26 at the Community Center.

# Introducing a New Service! ADVANTAGE

## Health Resource Center

Call us to schedule an appointment for free assistance with the following:

- Resource Education with a Care Navigator
- Housing Assistance
- Long Term Care Options
- Short Term Care Options
- Benefits Checkup
- Form/Application Assistance

## **Connecting You To Information and Options**

#### Two Office Locations:

Montrose: Park Avenue Professional Building

121 N. Park Ave, Montrose

Delta: Senior Community Meals office

350 Stafford Lane., Delta

Call us to arrange an in-home meeting or at a location convenient for you!



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# REGIONAL NEWS BRIEFS

# NEW DOC JOINS TRMC EMERGENCY TEAM

Special to the Mirror

TELLURIDE-This month the Telluride Regional Medical Center welcomed a new Emergency Medicine physician to the team.

Dr. William "Bill" Hall first moved to Telluride to ski in 1988, but soon became involved in EMS, which only led him off the slopes and on to medical school. After years at St Mary's in Grand Junction, he's back where it all started.

Dr. Hall is board certified in emergency medicine, and brings 15 years experience working in a high acuity Level-II trauma center. He's also a clinical instructor at the University of Colorado School of Medicine.

Dr. Hall will be joining Dr. Diana Koelliker, Dr. Paul Koelliker and Dr. Dan Hehir, a team who have been providing emergency services to residents since 2005. He replaces Dr. Simon Kotylar who joined the team in 2013.

"We're sad to see Dr. Kotylar move on, but also excited for him as he continues to pursue his passion for medicine. We're also thrilled to bring Dr. Hall onto the team, and expect the community will welcome him back with open arms," said the medical center's CEO, John Gardner.

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## **REGIONAL NEWS BRIEFS**

#### DESIGN REVIEW BOARD COMMUNITY DEVELOPMENT CODE WORK SESSION

Special to the Mirror

MOUNTAIN VILLAGE-The Town of Mountain Village in collaboration with the Telluride Mountain Village Homeowner's Association (TMVOA) is holding a Special Design Review Board (DRB) Work session to discuss the Town of Mountain Village's Community Development Code (CDC) amendments to broaden Village Center roof material regulations.

The meeting will be held on December 12 from 10 a.m. to 1 p.m. to discuss alternative and appropriate roofing materials while keeping the intent of a distinct Mountain Village Center with a unified design, ski resort or mountain vernacular

theme. The town will also explore design intent, color considerations, material considerations, roof assemblies, and related topics that also include snow shed, safety, and maintenance, in addition to a site walk of the Village Center.

The CDC requires that roofing material in the Village Center consist of concrete tile or synthetic materials that emulate an actual concrete tile in the color of burnt sienna. The community wishes to modify the existing regulations for reasons including the concrete tile design theme feels outdated, it is intensive to maintain as the individual tiles must be replaced periodically due to damage and wear, and

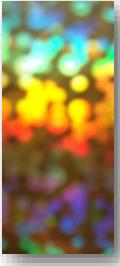
the roof tile is no longer being manufactured or otherwise limited in its availability. The Town of Mountain Village and TMVOA intends to continue the roofing discussion at future DRB meetings including a public open house next year. The town plans to complete reviews and proposes CDC regulation amendments by early spring of 2018.

To learn more about the Work session or to provide written public comment, please contact Planning and Development Services Director, Michelle Haynes at <a href="MHaynes@mtnvillage.org">MHaynes@mtnvillage.org</a> or visit <a href="townof-mountainvillage.com/design-review-board">townof-mountainvillage.com/design-review-board</a>.

## MHS ANNOUNCES DECEMBER DIVISION AWARD WINNERS



Special to the Mirror MONTROSE-Pictured are: L-R Kushan Sepahi, Juan Enrique, Sergio Mireles, Kallie Farra, Shelby Ortega, Emily Hartman, Cole Bearth, Alexander Wheeler and Keagan Goodwin.



## **REGIONAL NEWS BRIEFS**

## OCEMS UPGRADES QUICK RESPONSE VEHICLE FLEET

Special to the Mirror

OURAY-With help from a grant, Ouray County Emergency Medical Services (OCEMS) has upgraded their Quick Response Vehicle (QRV) Fleet. The Colorado Department of Public Health and Environment (CDPHE) Emergency Medical Trauma Services (E.M.T.S.) Provider Grant covered 50 percent of the cost of each of the new 2017 Ford Escapes which will replace two 2006 Dodge Durango's which are currently in the fleet. These new vehicles should be more fuel efficient and cost effective for the County.

The QRVs are essential to providing emergent Advanced Life Support (ALS). OCEMS is recognized as an ALS Service. This means each time someone calls 911 for an ambulance, a Paramedic or Advanced EMT will be part of the crew. Ideally, when a call comes in requesting medical services, the closest basic life support (BLS) crew will



respond in the ambulance and the ALS provider on duty will respond in the QRV. Having the ALS provider in the QVR allows them to go from wherever they are and allows them to quickly be available to the entire county.

OCEMS would like to thank CDPHE and the E.M.T.S. Provider Grant for assisting in the purchase of these vehicles.

### GLENCOE PRESCRIBED BURN PLANNED FOR UNCOMPANGRE PLATEAU

Special to the Mirror

NORWOOD-The Norwood Ranger District of the Grand Mesa, Uncompahgre, and Gunnison National Forests is planning to conduct the Glencoe Prescribed Burn, located along 25 Mesa Road, approximately 13 miles northeast of Nucla, CO. Fire crews have identified 312 acres for treatment. Burn operations will be conducted Tuesday and Wednesday, Dec. 12 and 13. Forecasted weather conditions

will allow crews to safely burn around a pine plantation located in the treatment unit. The primary objective for this prescribed burn is to improve wildlife habitat, reduce vegetation (fuels) build-up in the area, and to promote resiliency in the forested area.

Significant planning for this prescribed burn has occurred and one of the most important considerations is for safety of the firefighters and the public. Fire managers have developed detailed prescribed fire plans that dictate conditions, staffing and safety requirements. These plans also provide for obtaining smoke permits from the State. The burns will be ignited only if conditions are conducive to a safe, effective burn and within appropriate smoke dispersal parameters. Prescribed fire smoke may affect your health. For more information see: www.colorado.gov/cdphe/wood-smoke-and-health.

### **REGIONAL NEWS BRIEFS**

### BOARD DIRECTOR VACANCY NOTICE: RE-IJ DISTRICT G

Special to the Mirror

MONTROSE-The seat of Board Director of District G has become vacated. Letters of Interest and resumes will be accepted until 4 pm on Friday, Jan. 19, 2018.

Below are the legal qualifications for director as stated by law:

- -A resident of the school district and a registered voter, as shown on the books of the county clerk and recorder, for at least 12 consecutive months prior to the election
- -A resident of the director district that they are seeking a seat
- -18 years or older by the date of the election
- -A citizen of the United States

If necessary, the Board will conduct interviews of candidates for the vacancy in public session of any regular or special meeting, but no later than January 23, 2018. They anticipate appointing a person to fill the vacancy at the February 13, 2018 Board meeting and such person will serve until the regular school board election to be held in November 2019.

Please go to the MCSD website (www.mcsd.org) to see the map of the Director Districts.

Please contact Laurie Laird at (970) 252-7902 or <a href="mailto:laird@mcsd.org">laurie.laird@mcsd.org</a> for further information.

# MONTROSE MEMORIAL HOSPITAL INTRODUCES RESOURCE TO REDUCE PRESCRIPTION DRUG ABUSE & HELP PROTECT ENVIRONMENT

Special to the Mirror

MONTROSE-Montrose Memorial Hospital unveiled a resource Friday that is expected to reduce prescription drug abuse and help protect the environment.

Called The Box, the green disposal box is a new service provided by the hospital to help remove expired or unwanted prescription drugs from the community. The Box is secured in the hospital Emergency Department lobby, allowing for 24/7 public access. Before The Box, many in the community struggled for a proper way to dispose of their prescription drugs in a safe manner. This disposal resource should allow individuals to quickly remove prescription drugs from their homes any time they need to. The Box has a mechanism similar to an old-fashioned mailbox, allowing for disposal but not retrieval of drugs. No forms are required for disposing; anyone can visit and drop their unwanted drugs directly into the box. "For years pharmacists have struggled with DEA and EPA regulations pertaining to disposal of patients' unwanted medications from home. This has led to inconsistent or confusing recommendations for patients wishing to safely dispose of their medications," said George Papineau,

Pharmacy Department Director at Montrose Memorial Hospital. "With changes in rules and regulations regarding the ability of pharmacies to offer household medication collection and the creation of secure return boxes, we can finally offer a safe, secure and compliant method of disposing of patients' unwanted medications." Prior to The Box, there was no way for the hospital to accept such materials. Although often requested, the hospital was not legally allowed to accept prescriptions back from community members. With a secured box and approval from the Drug Enforcement Agency (DEA), MMH is now a registered collector of controlled substances.

"It's important that people dispose their unused medications, especially opioids, safely. We know that more than 70 percent of people who develop opioid use disorders start by taking leftover medication that was prescribed for someone else, often a family member," said Dr. Robert Valuck, director of the Colorado Consortium for Prescription Drug Abuse Prevention and professor at the University of Colorado Skaggs School of Pharmacy. "Taking meds back to a safe disposal box is a step anyone can take to help prevent

prescription drug misuse." Prescription Drug Abuse has been described as a national crisis, causing the development of Drug Takeback events across the United States. According to a DEA press release regarding those events, medicines in home cabinets are very susceptible to being abused: studies demonstrate that a majority of the abused prescription drugs are acquired from family and friends including teens taking drugs from the home medicine cabinet. In October, President Donald Trump announced efforts to address drug addiction and opioid abuse—including a statement declaring it a Nationwide Public Health Emergency. According to the statement, expected deaths from drug overdose in 2016 was expected to exceed 64,000—or a rate of 175 deaths per day.

The Environmental Protection Agency and the Food and Drug Administration has advised the public that flushing unused medicines down the toilet or throwing them in the trash—the most common methods for disposal—posed safety and health hazards to the public. By using proper disposal methods, The Box will help Friends & Family in the region to protect the environment.



### BRINGING NEW LIFE TO AN ANCIENT MEDIUM...MONTROSE ARTIST LYNN VOGEL

#### By Caitlin Switzer

REGIONAL-Though Western Colorado has a vibrant arts community with creatives working in a vast array of styles and mediums, Lynn Vogel is truly one of a kind, producing arresting works in copper, often woven or combined with other materials. Why copper? A lifelong weaver and fiber artist, Vogel found herself in the library one day looking for inspiration.

"I sat in the art section, and started pulling books out," she said. It was in a book of Byzantine art that Vogel first encountered woven metals. "The Byzantine artists wove such beautiful jewelry," she said. "I thought, if they could do it way back then, why can't I do something with copper? And I took what I knew of fiber and transferred it to copper."

The web site <u>ArtHistory.net</u> notes the history of copper as an artistic medium; "While today copper is widely used to create electrical wiring, pipes, and plumbing fittings, it was historically used to create objects of art such as statues, icons, and vessels...Later, silver-plated copper was essential to early photography and

formed the basis of the daguerreotype. Copper artifacts like ancient jewelry and vessels are housed in some of the most illustrious museums in the world." Today, Lynn Vogel's modern works in copper showcase the beauty of the ancient metal, with techniques developed by the artist to highlight its unique qualities. Over the years Vogel has gained a following and taken on many commissions, creating larger works for public spaces, and smaller ones for collectors and galleries. In the course of "weaving and sculpting and bending and pounding," she added embossing to some of her copper pieces. "I wanted to add another dimension to my work."

Lynn currently displays her work at the Maverick Potter in Salida; the Gunnison Arts Center; and at the <u>Backstreet Bagel Company</u> in Montrose, which has proven to be an excellent venue for sales. "People from out of town have been buying my work there," she said.

And while she believes that a successful career in the arts has a lot to do with "being in the right place at the time," Lynn



Montrose Artist Lynn Vogel with a work of art she donated to the West Side Art Crawl Friday. Mirror staff photo.

Vogel has never rested on her laurels. "I have put a lot of energy into it," she said. "Really, I am just pleased to do what I really love, and create in the way I want to...to put my 'alter ego' on the wall, and have somebody like it." To learn more, visit Lynn Vogel online at <a href="http://www.lynnvogel.com/">http://www.lynnvogel.com/</a>.



Sunday Dec. 31

Dec. 16

Doors @ 7. Film @ 7:30. \$10 at the Door.

8 pm start. With DJ's Skip and Patty of KVNF! \$10. Dressing Up is Cool.





# **Give Back Days**

## At Mi Mexico Mexican Restaurant

Come enjoy a delicious meal and we'll donate 20% \* of your total check to a local non-profit.

Every Wednesday...Every Month...All Day (11 am - 10 pm)

Over 200 entrees to choose from!

1st Wednesday: The Homestead at Montrose

2nd Wednesday: All Points Transit

3rd Wednesday: Black Canyon Boys & Girls Club

4th Wednesday: Valley Manor Care Center

5th Wednesday: Community Options Inc.

(Note: 5th Wed dates are: Mar. 29, May 31, Aug. 30, Nov 29th, 2017)

After dining, attach the coupon to the bill and deposit it in the box labeled "Give Back Days." 20% of your total bill will be donated to the designated charity.

# SUPPORTING IS NOW DELICIOUSLY REWARDING.

\*Coupon must be present

Mi Mexico Restaurant 1706 E Main St (Hwy 50) Montrose, CO 81401 (970) 252-1000 (970) 252-1111 Fax

## **ABC CLUB STUDENTS OF THE MONTH**



Aidan Copley Oak Grove Grade 4



Alaina Smethurst Cottonwood Grade 2



Alexis Mendez Olathe Grade 8



Anna Hartman MHS Grade 12



Avery Martinez
Pomona
Grade 3



Charlotte VanArsdale Pomona Grade 2



David Webb Northside Grade 5



Faith Moore Columbine Grade 7



Hayley Reed PEAK Academy Grade 11



Kamryn Rycenga Centennial Grade 8



Karinna Bogarin Centennial Grade 6



Karsen Henwood Olathe Grade 11



Kiandra Liles Olathe Grade 6



Lexis Fender Vista Charter Grade 12



Mae Flatten Vista Charter Grade 11



Makayla Beaver Columbine Grade 7



Mason Weig MHS Grade 12



Preston Ramon Olathe Grade 2



Selena Reyes Olathe Grade 12



Seth Frey Cottonwood Grade 3



Shinobu Tirona PEAK Academy Grade 9



Treyton Harris
Olathe
Grade 3



Trip Ross
Oak Grove
Grade 3



Wyatt Gleason Northside Grade 3

MONTROSE-On Dec. 11, 26 students will be honored as Students of the Month at a special ceremony to take place at 7pm at Centennial Middle School. These students were selected by their schools for their academic achievements. Each school in the District nominated one student for November and one for December. Each year only eight students are nominated from each school; it is quite an honor for these students. Please join us to celebrate their success.

Since 1983 Montrose Academic Booster Club has been recognizing, promoting, and celebrating academic achievement in the Montrose and Olathe School District. Each year approximately \$4,000 - \$6,000 in grants are awarded to teachers for classroom supplies and equipment. In addition, A+BC recognizes outstanding academic achievement through Student of the Month awards and Academic Letters at Montrose and Olathe High Schools. A+BC relies 100% on donations from the community to support these programs. More information can be found online at <a href="https://www.MontroseABC.org">www.MontroseABC.org</a>.

## **COMMUNITY NEWS BRIEFS**

## SHERBING OPEN MIC NIGHT WILL BE DEC. 15 IN RIDGWAY

Special to Art & Sol
RIDGWAY-Sherbino Theater's upcoming
Open Mic Night will be offered Friday,
Dec. 15 from 5 pm-9 pm. Sherbino Open
Mic Nights are for songwriters, musicians,
and all around music enthusiasts in the
community. All ability levels and ages are

encouraged to share their artistic talents.

Entry for the event is free (donations are

greatly appreciated) and a beer and wine cash bar will be open throughout the night. Those who would like to participate will sign up upon arrival. Two mics and two speakers will be provided, if you would like more, go ahead and bring it....there's room on the stage! Sherbino Theater encourages you to "come share, meet, and support others who share in

the passion for creating and expressing through songwriting/music at Sherbino open mic nights." Open Mic Night will be offered Friday, Dec. 15 from 5-9 pm at Sherbino Theater (604 Clinton St.). This is a free event with a \$5 suggested donation. More details are available at <a href="mailto:sherbino.org">sherbino.org</a> or <a href="mailto:facebook.com/sherbinotheater">facebook.com/sherbinotheater</a>.

## MONTROSE UMC MUSIC AT NOON SCHEDULE

Special to Art & Sol

MONTROSE-On Wednesday, Dec. 20 – Music at Noon. Bethany Ward and Dr. Rhonda Parker will be singing together and entertaining the public with their voices and piano pieces. Please feel free to bring your lunch as you listen to them.

The Montrose United Methodist Church, 19 S. Park Ave. (970) 249-3716. montroseumc.org



### ADVENTURER SHARES A LIFETIME OF TRAVEL WITH MONTROSE ROTARY



By Carole Ann McKelvey Mirror Feature Writer

MONTROSE – He once stood seven miles from the north face of Mt. St. Helen's, waiting "40 miles within the red zone" for the mountain to explode. He stood there for three days and two nights – "without an exit plan" – shooting all the time.

In another instance, Photographer Michael Lawton said, hot lava shot toward him on assignment at active volcano Mona Lao on Hawaii, only to hit him as warm pumice.

Lawton presented an engaging talk on Dec. 5, at the behest of the Montrose Chamber of Commerce to a crowd of about 40 Rotarians and guests at The Bridges Country Club, complete with slides of his 50+ year career as "a photographer who traded photos for airplane tickets."

"I am really a traveler and not a photographer," he confided to his rapt audience at the Rotary Club meeting.

Lawton spoke of his assignments for the



At left, Michael Lawton shared his adventures with Montrose Rotary Club Dec. 5. A bove, Lawton's 1986 panoramic shot of New York Harbor.

famous magazine which for 10 years sent him to Russia, launches at Cape Canaveral, and other fascinating places.

"'A traveler's longest road traveled is the road home," he quoted. Although he's not ready to retire, Lawton is of an age to do so. He spoke longingly of spending 50+ years of his life as a traveler — taking photographs. Ten of those years were for National Geographic Magazine, taking photographs for NASA; then shooting images for the United States Information Agency (now the State Department); accompanying the Catholic Church on world-wide peace missions in the early 90's, and more.

Lawton told the Rotary audience that during his time with *National Geographic Magazine* in the 1970's and '80s, he introduced full 360-degree panoramic photography that worked with existing graphic formats, which had never been used before his tenure.

Rotary members heard his tales of traveling to NASA for space launches, photographing the first man to walk in space at Star City in the then Soviet Union, trips to Machu Pichu, to the far reaches of the Amazon to Autana, a national treasure of Venezuela.

"That trip, with my patron Jorge Delano (President Franklin Delano Roosevelt's nephew) required riding 10 hours in a helicopter," Lawton mused, "which is like riding 10 hours in a washing machine."

On a trip with the Catholic Church to Ha-

noi, Vietnam, he heard what Vietnamese call Russians – 'Americans without money'," he laughed. There, he said, he was offered an interview with the infamous despot Pol Pot, but declined, thinking it would be a one-way trip. He said he regrets not taking up that offer.

"Today," he said, "I'm just beginning to build a portfolio of gorgeous Colorado," as he now makes his home in Montrose. He's also working on his memoirs, which he chuckles, "will not please my former bosses." In those memoirs he talks about the Nat Geo expense reports, which Lawton notes "involved a line item described as "gifts to natives." That will be the name of his memoirs, "Gifts to Natives." There, he said, Nat Geo "travelers" listed everything else they paid for, including "gifts" to natives, kings, presidents, anyone.

"For 15 years I owned the panoramic industry," Lawton said, describing how he built cameras of his own design to take panoramic photos for a magazine format specifically to join the *National Geographic*.

Today, Lawton told the group, he is working on developing a digital camera to match what his film panoramic cameras can accomplish.

"These photos are something you can't even hope to produce taken by today's 'pieced-together pans'," he said.

He's hoping, he said, to once again travel and take spectacular photographs for anyone who will buy him an airplane ticket. \*Hometown Solo-Acoustic Show \*

\* A.J. Fullerton \*



# Dec. 14th, 2017

\*Horsefly Brewing\* 6pm//Montrose, CO./No Cover.









## **COMMUNITY NEWS BRIEFS: ARTS & CULTURE**



Organizer and arts advocate Bob Brown poses with Alfred Hitchcock at Sampler Square during the West Side Art Crawl Dec. 8.



Paul Bellavance played music @ Healthy Rhythm Community Gallery during the West Side Art Crawl, a benefit for Save the Sculptures.



# It's time to enroll in your health insurance plan for 2018!

Call your <u>LOCAL</u> office to schedule a <u>free</u> in-person appointment.

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That's totally what all the cool kids are saying about DMEA's youth programs. Ok, let's be real. As your local electric cooperative, DMEA is more than just a power company. We're always looking out for your best interests, and for us, that means giving back to our members, young and old.

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## NOTES FOR THE JOURNEY...

## **Exploring Classical Music With Rob Brethouwer**

## ONCE AGAIN, WE ANSWER READER QUESTIONS...

It is time to hit pause and take time to reflect and slowly think about a few things. Reflect because of the holiday season? Oh no. Not that. Pause and think about things to be thankful for? No again, as that would be pushing the boundary of cliché. It is time once again to answer reader questions! There exists a small, purple, moleskin notebook where things are jotted down to be used later. Questions asked about this weekly column are put in this notebook and when they reach a certain point, or, the same question has been asked more than a couple of times, they are answered openly and publicly. Five questions have been asked and the answers are to follow. Straightforward with no sugar coating as nature intended.

Question #1: What gives you the right to write about music most people do not like?

First and foremost the 1<sup>st</sup> Amendment of the U.S. Constitution. The line that says "or abridging the freedom of speech." That alone should be enough but my Editor gives me great leeway with my topics. I very grateful to her for providing me with a platform where I can use my words and write about a subject I love dearly. Most of all, I write about this topic because I want to. Very simple.

Question #2: How much does it cost to go to all of those operas and concerts:

A lot compared to a night at the Star Drive-In but not as much as you might think. Tickets for classical, chamber music, and opera performances can easily reach up to \$300/ticket. Opportunities for tickets costing as low as \$25 are certainly available. As a person gets older and this music becomes part of a lifestyle, a ticket range of \$150-\$180 becomes normal. Now, you must factor in travel costs, hotels, and most importantly, fantastic food and drink. A pre-performance dinner for two is easily going to be \$150. A better way to answer this question is by comparing a night of culture to the cost of a new F -150, purchase, maintenance, gas, and travel expenses for snowmobile owners, a week of hunting, holiday presents for a family of six, all of these are more expensive than opera.

Question #3: Why do you write about music theory when nobody understands what you are talking about?

Music theory forms the building blocks and foundation of all music. Music is a language and it is important to know the basics if you want to truly have an understanding of this genre. Take for instance the title of a piece of music; Piano Concer-

to No. 2 in c minor, opus 18. Right in the center of that title is a bit of music theory, c minor. Knowing that this is the relative minor of E-flat major gives the listener a place to start as far as how it might sound. Seeing that a piece is in a minor key tells somebody that it may have a mournful or solemn tonal center. To be blunt, I write about music theory because I love the language, I understand the language, and refer back to the answer for question #1. I write about it because I want to and because it is interesting.

Question #4: With all that is going on in the world how can you spend time on such a silly topic?

I could write about politics but I'm pretty sure 87.31 percent of the population of Montrose would be up in arms and hunting me down while carrying torches and pitchforks. Trust me when I say that music is the better choice and far less controversial.

Question #5: How long are you going to keep writing this column?

This is the 126<sup>th</sup> straight week and the 126<sup>th</sup> topic. I see no end in sight, as the topics to write about are never ending. A lifetime could be spent exploring the worlds of classical music, chamber music, and opera.



## **COMMUNITY NEWS BRIEFS**

### PAONIA'S PARADISE THEATER WELCOMES GABRIELLE LOUISE



Special to Art & Sol

PAONIA-The Paradise Theatre is pleased to welcome singer, songwriter Gabrielle Louise for a Holiday Concert on December 23rd at 7:30 pm. This is a very unique event because not only will it be a beautiful musical concert, it also will recognize and honor some local nonprofit organizations who contribute to our community, celebrating the Season of Giving. For this special evening, Gabrielle Louise and her band will be performing original and interpreted songs that highlight the importance of volunteer organizations in our community, and the impact they make to our quality of life. Concert ticket sales benefit the Friends of the Paradise Theatre.

Prior to the concert, starting at 6pm, there will be a reception where audience participants can socialize with local nonprofits and learn about current projects and issues. Participating nonprofits include The Abraham Connection, Valley Organic Grower Association, A Little Help, Slow Food Western Slope, The Western Slope Conservation Center, Kids Pasta Project, and more. Gabrielle Louise and her band, composed of Melanie Jean on bass, Justin Thompson on Telecaster, and

Greg Schochet on Mandolin, will weave the stories of our local issues into the music.

Gabrielle Louise will also be releasing her most recent recording, *Live at Etown Hall*, and will be donating a portion of its proceeds to the causes recognized in the show. Recorded last holiday season in Boulder, *Live at Etown Hall* features 14 concert tracks supported by a roster of the southwest's finest musicians, including Greg Schochet, Brodie Kinder, Melanie Jean, Jon McMilli-

an, and Jonathan Sadler. The record couples the spirit and charm of a live performance with the careful orchestration and production of a studio record. It features live favorites of Gabrielle's original material as well as some carefully selected covers by Mark Knopfler, Justin Evan Thompson, and James Keelaghan. Fifty percent of CD sales will be donated to nonprofits working for causes she loves in Delta County.

Gabrielle Louise is a nationally touring troubadour noted for her poignant lyrics and lush voice. The daughter of two vagabond musicians. Gabrielle inherited the predisposition to wanderlust and song. Her music is anchored deeply in folk and Americana, but undeniably drawn to rich harmonies and melodic adventurism. Her sound has the earthy feel of early Joni Mitchell while also veering into the spirited and versatile delivery of fellow genrehopping artist Eva Cassidy. Unafraid to take a musical escapade in the name of inspiration, Gabrielle is at one moment folkie and ethereal, the next a smoky jazz chanteuse.

Known for her authenticity and candor on stage, Gabrielle's performances are notably present and sincere, a profession-

al presentation of her private creative world.

Her story-telling and banter envelopes and enchants, gently enticing her listener to release their grip on the status quo. Perhaps because of this quality, Louise has been entrusted to share the stage with greats such as Richie Havens, Tom Paxton, Joan Osborne, Eliza Gilkyson, and Guy Clark. The Friends of the Paradise Theatre received funding from the Bohemian Foundation for this special event. Based in Fort Collins, Colorado, Bohemian Foundation is a private family foundation that supports local, national, and global efforts to build strong communities. Founded in 2001 by philanthropist Pat Stryker, Bohemian Foundation takes its name and inspiration from the bohemian movement of 19th century Europe. The Bohemian Foundation's Music Programs build connections by providing music-related resources for enjoyment, personal expression, and the development and improvement of music-related talent. Tickets for the Gabrielle Louise "Give Where You Live" Holiday **Concert** are available online at <a href="http://">http://</a> paradiseofpaonia.com/give-where-voulive-gabrielle-louise/. and at the Paradise Theatre box office, Cirque Cyclery or Lizzy's Market in Paonia. Tickets are \$20 in advance for General Admission and preconcert reception. A limited number of VIP tickets are available at \$35 and include a VIP reception and special front-row seating. The Friends of the Paradise Theatre is a 501(c)(3) nonprofit organization that serves the North Fork Valley as a venue for movies, live entertainment and community gatherings. For more information go to the www.Paradiseofpaonia.com or the Para-

www.Paradiseofpaonia.com or the Paradise Theater Facebook page and watch for dates and times of upcoming events. Please send your event inquiries to Operations Director, Sunshine Knight manager@paradiseofpaonia.com or the theater hotline at 527-6610.

## Up Bear Creek by Art Goodtimes

## THE NATURAL & THE MACHINE MADE

SCIENCE NEWS ... A blue "halo" tinge visible to bees – created through irregular nanoscale ridges on flower petals and first noted in University of Cambridge experiments as reported on last month - "could be the first [flowers] shown to benefit from the sloppiness of natural fabrication," suggests a researcher in nanoscale optics ... But maybe it isn't imperfection or a failure of natural precision that provides a signal clue to pollinators of available sweetness, so much as the clumpiness of nature, where things congregate irregularly and strange things happen. As opposed to the technical exactitude of machinemade things.

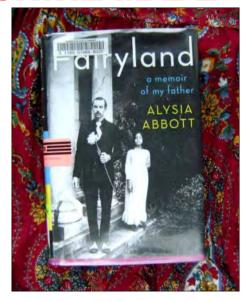
WILDFLOWER BISTRO ... A good breakfast place in Delta? I'm a breakfast believer, and in my bible eating the first meal out is one of life's great joys. Truth be told, I'd never found much appealing on the West Central Slope. But Wildflower Bistro is it in Delta. Number 305 on the 300 block of the highway's main drag. Went there last month ... Started with a joke. I was meeting a new friend at the café she'd recommended, but I'd never been. Came in from the rear door and saw a woman from the back alone in a booth. The cut of hair was the same. I put my basket down on the seat opposite hers and said I had to visit the washroom. She looked different. But I was in a hurry. It had been a long drive. Well, it wasn't my friend. And the guy in the men's room who left as I entered turned out to be her partner. I was quite flustered when I made my way back to the booth. But they were both good sports. And we all laughed at the mix-up ... When my date did arrive, we laughed again. Then we proceeded to have a lovely meal. There were breakfast croissants, frittata benedicts, fresh-cut spuds and croquet madame. Not your cafeteria diner menu ... True, the house coffee was a weak broth, the sweetener some kind of white death, and served with prepackaged unrefrigerated Sysco half&half. But the food was great.

Well recommended (just bring your own coffee).

PETER SHELTON ... The ace ski writer made a return to Telluride promoting his new book of previously published nonfiction essay/stories, Tracks in the Snow (Western Eye Press, 2017). I'm almost done, and it's a delight to read - chapter at a time. Shelton carves sentence like he does powder, in deep wide curves of ultimate grace. His reading at the Wilkinson was well-attended by many an old Tellurider – Terry Tice, Rick Silverman, Rita Robinson. His newspaper columns in the San Miguel Journal, the Telluride Times-Journal, the Daily Planet and the Watch have had devoted readers for dozens of years. Highly recommended.

ALIENS ARE HERE! ... Hawaii's Pan-Starrs 1 telecope on Mauna Kea has confirmed it. An asteroid they've named 'Ou-mua-mua ("first messenger from afar") is the first sighting of an interstellar object from another solar system intercepting ours ... According to a NASA press release, "For decades we've theorized that such interstellar objects are out there, and now for the first time - we have direct evidence they exist," said Thomas Zurbuchen, associate administrator for NASA's Science Mission Directorate in Washington. "This history-making discovery is opening a new window to study formation of solar systems beyond our own" ... Multiple international scans suggest a cigar-shaped asteroid - "highly elongated: about ten times as long as it is wide, with a complex, convoluted shape," said Karen Meech of the Institute for Astronomy in Hawaii. "We also found that it had a reddish color, similar to objects in the outer solar system, and confirmed that it is completely inert, without the faintest hint of dust around it" ... Inert or on hold?

FAIRYLAND ... Finally got around to reading Alysia Abbott's memoir of her father, my San Francisco poet friend Steve Abbott, editor of Poetry Flash, organizer of the seminal Left/Write Conference in the early '80s, columnist for multiple gay publications, magazine editor and cartoonist extraordinaire. He was a single dad from



Nebraska raising his daughter in the Haight. She came to our readings sometimes. And she's come out with a widely celebrated book about what it meant growing up in a gay community just as disaster struck. Steve died in the first waves of the AIDS epidemic ... A Cloud House compatriot, Steve and I hung out at the 16<sup>th</sup> and Guerrero digs of that legendary San Francisco street bard Kush. Weekly readings, street actions, magazines, special events. While many of us formed a free-form movement called the Union of Street Poets, Steve went on to play a larger role in the avant-garde poetry scene in the City after he left Cloud House ... In his magazine Soup, he even named a poetry movement in the Bay Area, "New Narrative." It's become a big discussion and the University of California held a Berkeley conference "Communal Presence" just this past fall by "Language" poet Lyn Hejinian to examine the New Narrative Today ... Alysia's is a formidable recounting, carefully researched (although the Loma Prieta earthquake was 80 miles south of San Francisco).

Her unflinching honesty and self-reflections as an adult enhance the paradoxes for a young girl growing up in a gay milieu, loved by her dad, but strained by the conflicts of shifting emotions and needs ... It deserves the many accolades it got when it came out in 2013 (W.W. Norton). Recommended.

# **Up Bear Creek** by Art Goodtimes

## THE TALKING GOURD

## **Sparkling**

Christmas lights here Christmas lights there Pretty soon

the yurt wears a rainbow strand of twinkling pearls day & night

The studio doors sport a peace symbol the size of a gas station's logo

Lit up chili peppers in the kitchen Angel Illuminati on the porch

> But for the life of me McRedeye sez all I can see are

the burning embers of a thousand chunks of coal sparkling into ash



## **COMMUNITY NEWS BRIEFS: CLUBS**



### MONTROSE ELKS LODGE: ELK TRACKS



Montrose Elks Lodge

MONTROSE-Welcome to Elk Tracks, a periodic update of what is taking place at our local Montrose Elks Lodge, located at 801 So. Hillcrest, Montrose CO 81401. Public is welcome at all events listed.

#### Bingo Dec. 12, 2017 6:30 PM

Stop on by, relax, and have some good old fashioned fun playing Bingo at the Elks Lodge. Join us every Tuesday night at 6:30 at Montrose Elks Lodge, 801 So Hillcrest to play Bingo. It's a wonderful way to spend the evening having fun! (Funds raised support charitable causes)

Progressive Game 2 is valued at \$322 and Progressive Game 4 is worth \$728. Both can be won if Bingo is reached in 37 numbers or fewer, or the prize posted will be awarded. Progressive 6 is valued at \$6,726 and must be won in 53 numbers or fewer or the prize posted will be awarded. Based on attendance, last Game 8 may approach \$150.

## 2018 Elks Monthly Gun Raffle Begins 12-7 -17

Raffle tickets are available at the Montrose Elks Lodge for monthly drawings in 2018. Cost of each ticket is \$10. A total of

### MUMC MUSIC @ NOON WILL FEATURE BETHANY WARD, DR. RHONDA PARKER

Special to Art & Sol

MONTROSE-On Dec. 20, Music at Noon will feature Bethany Ward and Dr. Rhonda Parker, who will be singing together and entertaining the public with their voices and piano pieces. Please feel free to bring your lunch as you listen to them. The Montrose United Methodist Church, 19 S. Park Ave. (970) 249-3716 or visit www.montroseumc.org.

1200 Raffle tickets will be sold.

During 2018, every month on the 15<sup>th</sup> at 5:00 PM at Montrose Elks Lodge, one Raffle ticket will be selected and the designated weapon will be awarded to the Winner

All names drawn will go back into the next month's drawing. Contestants and Winners must be 21 years of age to partic-

JUN. 2018 Ruger AR-556 5.56/223

ipate. No transfers are allowed.

Winners will pay all fees and background checks. If the background check does not pass, the winning ticket is forfeit. CA excluded. Winners need not be present to win. This Raffle is open to the public. (Funds raised will benefit Montrose Elks Lodge to allow us to continue to support charitable causes.)

### 2018 ELKS MONTHLY GUN RAFFLE

Ticket Price: \$10 each

All names drawn will go back into the next month's drawing. Must be 21 years of age. No transfers. Winners will pay all fees and background checks. If background check does not pass, ticket is forfeit. CA excluded. Winners need not be present to win.



Drawings will be the 15th of each month at 5:00 pm

Location: Montrose Elks Lodge #1053, 801 So Hillcrest, Montrose CO 81401

Tickets Available at Montrose Elks Lodge Phone 970-249-4852

DEC. 2018 Smith and Wesson M642PC 38 spl

## COMMUNITY NEWS BRIEFS: CALLS FOR ENTRY

# TELLURIDE HORROR SHOW ANNOUNCES CALL FOR ENTRIES DATES REVEALED FOR 2018 FILM FESTIVAL

Special to Art & Sol

TELLURIDE-The 2018 Telluride Horror Show has announced its Call for Entries. The festival is currently seeking short and feature length films in the following genres: Horror, Thriller, Suspense, Fantasy, Sci-Fi, Genre Comedy, and Genre Documentary.

Filmmakers are encouraged to click <u>SUBMIT FILM</u> for more information regarding the submission process, fees and deadlines. The April 15th, 2018 early bird deadline provides a discounted submission fee for filmmakers.

Dates have also been slated for the 2018 festival, which will run Oct. 12-14 in picturesque Telluride, Colorado. Genre fans and filmmakers will experience the world's greatest and latest films at Telluride's historic Sheridan Opera House, Nugget Theatre, and Palm Theatre, our newest venue.

Named one of "The 20 Coolest Film Festivals" and "13 Film Festivals To Die For" by MovieMaker Magazine, our ninth edition promises to keep with the programming integrity of past festivals.

Three-Day Passes will go on sale April 2nd, 2018. Considering the rapid growth of Telluride Horror Show, everyone is encouraged to plan ahead.

For more information, please visit our WEBSITE. See you in October!



## **COMMUNITY NEWS BRIEFS**

## NEW CHRISTMAS TREE VENDORS IN PAONIA AREA

#### Special to Art & Sol

REGIONAL-The Grand Mesa, Uncompandere, and Gunnison National Forests announce the addition of three Christmas tree permit vendors: Paonia Flower Shop - Monday-Friday 9AM-5PM; Saturday 9AM-1PM, Paonia, 970-527-4664; Desperado General Store - Monday-Friday 7AM-7PM, Saturday 7AM-6PM; Crawford, 970-921-5655; Creamery Arts Center - Tuesday – Saturday 11 AM-5PM; Hotchkiss, 970-872-4848.

Each Christmas tree permit entitles the purchaser to one tree for personal use, and costs \$8 with a limit of five per household. Trees are available in most areas of the GMUG National Forests with exceptions for wilderness areas, scenic pullouts, commercial timber sales areas, recreation and ski areas, campgrounds, trailheads, developed sites and administrative areas, within 100 feet of a road or trail, or as otherwise detailed in the package provided with your permit.

#### FRIENDSHIP FORCE OF WESTERN COLORADO TO HOLD ANNUAL POTLUCK

#### Special to Art & Sol

GRAND JUNCTION-The Annual Holiday Potluck Lunch for Friendship Force of Western Colorado will be Saturday, Dec. 16 at 11 AM. Church of the Nativity, 2175 Broadway on the Redlands. Bring a covered dish to share, meat will be provided. There will be a White Elephant Gift Exchange. If you wish to participate; bring a White Elephant gift-wrapped. For additional information, call Kathy at 970-245-7965. Find and like them on Facebook.





# CHANG THAI WELL WORTH THE VISIT IN MONTROSE





MONTROSE-Yum! Chang Thai in Montrose lives up to the reputation in town. This Thai restaurant serves authentic and delicious Thai food in a homey atmosphere surrounded with photos

of its namesake. Chang means elephant in Thai and they are everywhere. Elephants have been important to the Thai royalty for centuries and embody qualities of stability, grandeur and loyalty. The goals of Chang Thai are to provide great food, good service and authentic tastes of Thailand.

This they do in spades.

The other evening my friend and I tried several of the classic Thai dishes here. Excellent with exceptional service and

attention to detail. First, a Merlot for me, Thai iced tea for Michael.

Then our Tom Kha soup arrived steaming in a hot pot with flames shooting from the center, impressive.

The soup is made from soothing coconut milk with freshly cut mushrooms and (ordered) tofu bobbing amidst typical Thai seasonings of cilantro, red pepper and scallions. You can have this soup with added shrimp, tofu, or seafood.

Then, for Michael the Thai Pra Ram Long Song (a sweet and sour dish with pineapple, tomatoes, scallions, cucumbers, red and green bell peppers and onions). I ordered Thai Massaman Curry (a blend of coconut milk, Thai spices, sweet and regular potatoes, onions, carrots and roasted peanuts plus tofu, please).

Both dishes appeared with steamed brown rice.

Silly us, we thought we weren't all that hungry and thought it would be enough for two dinners when we did take-out of our left-overs. Well, we did have some, but had to add to it for the next dinner.

Then, we decided we hadn't sampled enough of this wonderful food, so went

back a third night. This night we again had the Tom Kha soup, accompanied by fresh Thai Spring Rolls with a house-made peanut sauce. No disappointment here!

Prices aren't too bad, with appetizers running; from \$4-8; soups are \$5-6 for a bowl and from \$11-15 for a hot pot (easily serves four); Thai salad from \$8-14 depending on what you add to it; entries are reasonably priced from \$14-20 depending on what you add (choice of tofu/vegetables, chicken or pork, beef, scallops, shrimp, calamari, organic chicken, or seafood) — on the menu you'll also find a choice of your heat on many dishes — and some traditional favorite Thai dishes, such as Pad Thai noodles, drunken noodles, pineapple fried rice, etc.

Don't you dare miss dessert here, we didn't. The sweet sticky rice with Thai custard is to die for; then there are choices from fried original cheesecake to caramel apple cheesecake, etc.

There is also a lunch menu here that looks tempting.

Chang Thai is located at 1015 S Townsend Ave, Montrose, CO 81401; phone 970-240-4567.





# Weehawken Fall Programs



October 14: The Business of Art: How to Grow Your Business Online with John Clark in Ridgway

October 16: The Hobbit Youth Musical Theater 5 Week Program Begins in Ridgway





October 23: ARTbar: Culinary & Cocktails with Amie Minnick at Provisions in Ridgway

November 4: Intro to Line Drawing with John Mitchell in Montrose





November 4 & 5: Introduction to Silversmithing with Tracey Belt in Ridgway

November 11: Watercolor & Value: Creating a Mood Painting Workshop with Peggy Morgan Stenmark





November 18: Kiln-formed Glass Ornament Design and Production with Diane Quarles in Montrose







February 3: Contemporary Mosaic Art with Carol Newman in Ridgway

## Plus....mark your calendars!

December 2: Gingerbread House Workshops in Ridgway December 9 & 10: The Nutcracker Performance at Montrose Pavilion

For more information, or to register, go to www.weehawkenarts.org or call (970) 318-0150 alpendlow



## **INSIDE OUTREACH**

# WATCH OUT FOR THE BAIT & SWITCH!

By Caitlin Switzer

MONTROSE-So you invested in the perfect gift, vacation, or membership...only to find out that what was delivered was not as promised. Most of us have experienced the disappointment of seeing something advertised that appeared to be a great deal, only to find that it was: a) sold out, inexplicably damaged, or otherwise unavailable; b) and that only a less desirable and/or more costly option can now be had. Buyer's remorse can be costly...and if an expensive item doesn't live up to its billing, what can you do?

In some cases, this technique, known as "bait and switch" advertising, is actually illegal; the Federal Trade Commission (FTC) targets such practices as deceptive. According to the FTC, advertising must be truthful and non-deceptive; advertisers must have evidence to back up their claims; and advertisements cannot be unfair. FTC.gov notes that, "It's illegal to advertise a product when the company has no intention of selling that item, but instead plans to sell a consumer something else, usually at a higher price."

The natural desire to promote something at its best or even better than its best appears to be human nature (just browse any online dating site!), however, the "switch" to something you never really wanted can end up costing you not only money, but time and trouble. In the past, Consumers have filed lawsuits against large retailers who offer but don't honor "meet or beat" price breaks, claiming that any attempts to actually cash in on such claims are impossible and amount to bait and switch advertising. Following the rules

is especially important when it comes to marketing and advertising campaigns that target kids. "The FTC pays particular attention to ads aimed at children because children may be more vulnerable to certain kinds of deception," notes FTC.gov.

Still, bait and switch appeals can be found everywhere, targeting consumers of all ages. And most of them are well within the law. For example, while there are laws in place that protect retail grocery consumers from misleading ads, there are also ways that large grocery chains regularly skirt the letter of the law. Consumer Reports notes that, "The Federal Retail Food Store Rule requires grocers to provide rain checks on advertised items or to substitute an equivalent product. But stores can get around that by demonstrating they ordered sufficient quantities to meet reasonably anticipated demand, or by including a statement in their advertising that quantities are limited or that the sale is available only in certain stores."

Still, forewarned is fore-armed. How can you avoid falling victim to the Bait and Switch in the first place? In many cases, it begins with you—are you looking for a deal that is unrealistic? If something appears to be too good to be true, sadly, it probably is. The consumer web site Scambusters offers some strategies that can save you time, money, and even heartache:

-Always read the fine print in any ad. Look out for conditions attached to the deal and be alert for wording that suggests the item may not be in stock when you try to buy;

-If you're told the item is out of stock, ask



Caitlin Switzer is a former copy writer and PR professional who now works in online journalism. Mirror file phot.

for a rain check unless the ad said these weren't available;

- -For expensive items, take a friend who can add some common sense to any sudden impulse buy;
- -Don't agree to open-ended price deals with contractors, and ensure you know what your final price will be before they begin;
- -When online shopping, look for suspicious signs like inadequate contact information. Be especially cautious if the contact info is missing entirely;
- -When discussing alternative deals a car would be a good example beware of vague price talk that focuses on monthly payments rather than the bottom line; -If you decide to opt for an alternative, check to make sure that it can be returned or cancelled.

And finally, remember—if you are going to advertise something for kids, you better be able to deliver as promised. Because anything less could be an illegal bait and switch.



## **COMMUNITY NEWS BRIEFS**

## DROP EVERYTHING...HEAD FOR THE SHERBING DEC. 16



Special to Art & Sol
RIDGWAY-Sherbino Theater is excited to
offer "Drop Everything" presented
by Matchstick Productions. Matchstick
Productions, the powerhouse that
brought you award-winning classics like

"CLAIM," "THE WAY I SEE IT," and "DAYS OF MY YOUTH," is proud to introduce what they call "the funniest, most action-packed ski movie of 2017:" DROP EVERY-THING, presented by Under Armour. "Following an artful, narrative-driven 2016 film release, the team at Matchstick took a decidedly more lighthearted approach that returns the focus to the featured athletes and world-class action.

DROP EVERYTHING features the world's preeminent freeskiers along with quick-hitting comedy, stunning locations, a potent soundtrack, and stellar cinematography," according to the production company.

DROP EVERYTHING is being called "an

unexpected, fun-filled adventure through the world of freeskiing;" Matchstick Productions and Under ARmour invite you to join them for the ride along with professional athletes such as Mark Abma, Markus Eder, Eric Hjorleifson, Michelle Parker, Sammy Carlson, Cody Townsend, Elyse Saugstad, Tanner Rainville, Chris Rubens, Aaron Blunck, Sander Hadley, Connery Lundin, and more.

Matchstick Production's DROP EVERY-THING will be offered at Sherbino Theater on Dec. 16.

Doors will open at 7 pm, and film will begin at 7:30 pm. Entry is \$10 at the door. More details are available at <a href="mailto:sherbino.org">sherbino.org</a> or facebook.com/sherbinotheater.

## GERMAN AMERICAN CLUB TO HOLD HOLIDAY POTLUCK DEC. 17

Special to Art & Sol

GRAND JUNCTION-The German American Club Annual Holiday Potluck will be at First Baptist Church, 720 Grand AVE, downstairs, enter off Grand AVE on the South, on Sunday, Dec. 17 at 2 PM.

Bring an ample dish to share and your own service. Drinks provided. Elevator available on the East around the corner from the Basement Entrance. For additional information, call Jim at 970-209-9241. Find and like them on Facebook.





Dementia Care – Validation Support Group Meets the 2nd Thursday of every month 2:00 – 3:00 pm

Bring your loved one and activities will be provided while we meet.

Our group is open to anyone wanting to learn more about dementia or Alzheimer's disease, caregivers taking care of a loved one at home, or friends and family members who want to lend extra help from time to time.

#### Valley Manor Care Center Memory Care Community

1401 South Cascade Ave., Montrose

Led by Brandi Garcia Certified Dementia Care Validation Instructor 970-249-9634 or 970-275-6115

Email: bgarcia@voa.org



## **COMMUNITY NEWS BRIEFS**

## DATES FOR ANNUAL BIRD COUNTS SET IN MONTROSE, DELTA

Special to Art & Sol

MONTROSE-The dates for the Audubon Christmas bird counts for the Montrose-Delta area have been set and the Black Canyon Chapter of the Audubon Society (BCAS) is urging anyone interested in helping with the counts or just getting out with fellow birders to get involved.

"This is a great opportunity to not only help with the long term efforts to keep tabs on bird populations throughout the country but see what's around here in the winter and meet other local birders," commented Bruce Ackerman, president of the BCAS. "Whether you're a lifetime birder or just interested in getting started we hope you'll join us," he added.

The Audubon Society has been con-

ducting Christmas bird counts for over one On 17 December the counts will be held in hundred years. The information has proven critical for monitoring the long term health of bird populations throughout North America and warning of potential problems. The counts helped in determining the disastrous impact of widespread use of DDT in the mid-1900s and led to the eventual banning of its use.

This year, on 16 December, the counts will be held in Montrose and Delta. Those interested in the Montrose area will meet at the Bureau of Land Management Office, 2465 South Townsend at 8:30. Call Missy Siders, 240-5332, for more information. Those in Delta will meet at the City Market parking lot at 8. Call Amy Seglund, 252 -6014.

Gunnison and Hotchkiss. Those in Gunnison will meet at 7:30 in Room 130 Hurst Hall at Western State College. A potluck will follow. Call Arden Anderson, 970-901-5739. Those in Hotchkiss will meet at 8:30 at City Market. Coffee and bottled water will be provided and there will be a catered get-together at Andrea Robinsong's following the counts. Call Adam Petry at 970-462-8702

Participants should bring warm clothing and footwear, binoculars, and spotting scope and bird identification books if they have them. It is also suggested to bring snacks or a lunch and warm coffee or tea. The counts are sponsored by the BCAS and the Bureau of Land Management.

#### DELPICCOLO EARNS MASTER MUNICIPAL CLERK DESIGNATION

Special to Art & Sol

MONTROSE-Adding yet another entry to her growing list of professional achievements, Montrose City Clerk Lisa DelPiccolo has earned the designation of Master Municipal Clerk (MMC), which is awarded by the International Institute of Municipal Clerks (IIMC), Inc.

IIMC grants the MMC designation only to those municipal clerks who complete demanding education requirements and who have a record of significant contributions to their local government, their community, and state.

"In light of the speed and drastic nature of change these days, lifelong learning is not only desirable, it is necessary for all in local government to keep pace with growing demands and changing needs of the citizens we serve," said IIMC President Mary J. Kayse. "Your city can take immense pride in Lisa's educational accomplishments and achievement of this milestone."

"Lisa's continuing efforts to develop and lead in her profession exemplify the city's philosophy toward supporting the professional development and advancement of its employees," said City Manager Bill Bell.

"This latest accomplishment is a fitting complement to her recent election as vice

president of the Colorado Municipal Clerks Association."

## Many Older Adults Need Our Help... in the most fundamental ways.

- FOOD: In the most affluent country on earth, seniors have to choose between food and medicine.
- . SHELTER: Imagine having to find a decent, secure place to live on an income of \$800 per month.
- . SAFETY: For older adults, home can often become a dangerous place without proper repairs.
  - SUPPORT: Sometimes we all need a little help from our friends.
    - . CARE: When living at home is no longer an option, we can help.
- CONNECTIONS: When you outlive all of your friends and family, who do you turn to?



We provide a connected network of services that make a significant difference in our part of the world.

Join us in supporting our vision to enrich and uplift the lives of our local older adults.



www.voahealthservices.org www.Facebook.com/VOAWesternSlope.org 1-844-VOA-4YOU Toll Free Assistance Line

## Hold the Date! Upcoming Business & Cultural Events

#### **ONGOING**

**FRIENDSHIP FORCE INTERNATIONAL**, non-profit organization, was founded and introduced to the world at a ceremony held at the White House on March 1, 1977. FFI provides opportunities to explore new cultures by bringing people together at the personal level. Friendship Force of western Colorado's regular monthly meetings are scheduled for the 3<sup>rd</sup> Thursday of the month. Meeting location - Red Cross Training Center, 5<sup>th</sup> and Gunnison in Grand Junction, 6:15 p.m

**THE ALPINE PHOTOGRAPHY CLUB** meets every second Tuesday at St. Mary Catholic Church in the St Paul Room, 1855 St Mary's Drive, Montrose. The Public is welcome to attend. For more information, email <u>alpinephotoclub@aol.com</u>.

FREE JAM SESSION AND SING ALONG, Mondays from 4 to 6 p.m. at the Montrose Senior Center.

**MONTROSE HISTORICAL MUSEUM**-"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2<sup>nd</sup> St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

#### **MONTHLY-**

**Dec. 11**-Monday evening 26 students will be honored as Students of the Month at a special ceremony to take place at 7 pm at Centennial Middle School. These students were selected by their schools for their academic achievements. Each school in the District nominated one student for November and one for December.

**Dec. 14**-"ArtBAR: The Perfect Gift- Gorgeous Growlers" with Ann Cheeks will be offered on Dec. 14 from 6 to 8 pm. The cost for this evening event is \$45 and includes all materials and a beer or wine from the bar. Students are encouraged to register in advance through Weehawken Creative Arts at <a href="https://www.weehawkenarts.org">www.weehawkenarts.org</a> (adult arts classes tab) or by calling Weehawken at <a href="https://www.weehawkenarts.org">970.318.0150</a>. A minimum number of students must be met in order to guarantee the class, so interested students are encouraged to register several days in advance. More details area available at <a href="https://www.weehawkenarts.org">www.weehawkenarts.org</a> or <a href="https://www.weehawkenarts.org">facebook.com/weehawkenarts</a>.

**Dec. 15**-Sherbino Theater's upcoming Open Mic Night will be offered Friday, Dec. 15 from 5 pm-9 pm. Sherbino Open Mic Nights are for songwriters, musicians, and all around music enthusiasts in the community. All ability levels and ages are encouraged to share their artistic talents. Entry for the event is free (donations are greatly appreciated) and a beer and wine cash bar will be open throughout the night. Open Mic Night will be offered Friday, Dec. 15 from 5-9 pm at Sherbino Theater (604 Clinton St.). This is a free event with a \$5 suggested donation. More details are available at <a href="mailto:sherbino.org">sherbino.org</a> or <a href="mailto:facebook.com/sherbinotheater">facebook.com/sherbinotheater</a>.

**Dec. 16**-Annual Holiday Potluck Lunch for Friendship Force of Western Colorado will be Saturday, Dec. 16 at 11 AM. Church of the Nativity, 2175 Broadway on the Redlands. Bring a covered dish to share, meat will be provided. There will be a White Elephant Gift Exchange. If you wish to participate; bring a White Elephant gift-wrapped. For additional information, call Kathy at 970-245-7965. Find and like them on Facebook.

**Dec. 17**-Join the Montrose Community Band on Sunday, Dec. 17 at 3:00 p.m. in the Montrose Pavilion Auditorium for a free Christmas concert. The concert will feature selections of Christmas music celebrating the birth of Christ. For more information visit <a href="https://www.montroseband.com">www.montroseband.com</a> or call 970-596-1188.

**Dec. 17**--The German American Club Annual Holiday Potluck will be at First Baptist Church, 720 Grand AVE, downstairs, enter off Grand AVE on the South, on Sunday, Dec. 17th at 2 PM. Bring an ample dish to share and your own service. Drinks provided. Elevator available on the East around the corner from the Basement Entrance. For additional information, call Jim at 970-209-9241. Find and <u>like them on Facebook</u>.

**Dec. 20** – Music at Noon. Bethany Ward and Dr. Rhonda Parker will be singing together and entertaining the public with their voices and piano pieces. Please feel free to bring your lunch as you listen to them. The Montrose United Methodist Church, 19 S. Park Ave. (970) 249-3716. montroseumc.org

**Dec. 21**-The SMPA Board will host a rate hearing at their regular December board meeting prior to officially adopting the proposed rate change for 2018. The meeting is scheduled to be held in Nucla on Dec. 21st at 9:30 am. If approved, the new rate would become effective for all bills generated after Jan. 1, 2018. Anyone who desires to comment about the proposed changes may file written comments at one of our public offices, or by email <a href="mailto:rates@smpa.com">rates@smpa.com</a> or by written letter to P.O. Box 1150, Ridgway, CO 81432.

**Dec. 21**-Blue Christmas Service at 7 p.m. at The Montrose United Methodist Church, 19 S. Park Ave. A service for all who may be feeling blue this holiday season. The service is a space for anyone who has lost a loved one, is grieving, or simply needs a space to slow down, sit down and be present for the longest night of the year. (970) 249-3716. montroseumc.org.

**Dec. 23**-The Paradise Theatre is pleased to welcome singer, songwriter Gabrielle Louise for a Holiday Concert on Dec. 23rd at 7:30 pm. For more information go to the <a href="www.Paradiseofpaonia.com">www.Paradiseofpaonia.com</a> or the Paradise Theater Facebook page and watch for dates and times of upcoming events. Please send your event inquiries to Operations Director, Sunshine Knight <a href="manager@paradiseofpaonia.com">manager@paradiseofpaonia.com</a> or the theater hotline at 527-6610. **Dec. 27**-7:30 p.m. – JOHN DENVER TRIBUTE with John Adams Band at the Wright Opera House. Each John Denver song is performed effortlessly as audience members can relax and reminisce about an age long gone. Presented by the Ouray County Performing Arts Guild and the Wright Opera

House. Concert starts at 7:30 p.m. Tickets \$30 at <a href="https://www.ocpag.org">www.ocpag.org</a>.

Pag. 28-The Everly Brothers Experience featuring The 7med Brothers at Cl

**Dec. 28**-The Everly Brothers Experience featuring The Zmed Brothers at Club Telluride. Doors 7:30 p.m, show 8 p.m. All ages show, tickets \$25 to \$45. For all ticketing and show info, please visit <a href="https://www.clubredtelluride.com">www.clubredtelluride.com</a>.

**Dec. 29**-The Palm Arts season kicks off Dec. 29th with Harwood & Woodward (The Magical Duo) performing a full illusion magic show at the Michael D. Palm Theatre. Set in a 1940's retro theme, the show features five big stage illusions, song, dance, comedy, and lots of magic that will have families amazed and wanting more. The performance starts at 7:30pm and tickets for this performance are available at www.telluridepalm.com.

Jan. 3-"Poetry of Presence" discussion series with Rosemerry Wahtola Trommer will be offered on Wednesdays beginning Jan. 3 from 12-2 pm at Weehawken Ridgway (1075 Sherman St.). The cost for this 5 week series cost is \$125. Students must register in advance through Weehawken Creative Arts at <a href="https://www.weehawkenarts.org">www.weehawkenarts.org</a> (adult arts classes tab) or by calling Weehawken at <a href="https://www.weehawkenarts.org">970.318.0150</a>. A minimum number of students must be met in order to guarantee the class, so interested students are encouraged to register several days in advance. More details area available at <a href="https://www.weehawkenarts.org">www.weehawkenarts.org</a> or <a href="https://www.weehawkenarts.org">facebook.com/weehawkenarts</a>.

Jan. 25-27- — With a three-state draw, the Western Colorado Food and Farm Forum enters its sixth year with workshops on sustainable agriculture January 25 - 27<sup>th</sup>. Registration is now open at <a href="www.foodfarmforum.org">www.foodfarmforum.org</a>. The Valley Food Partnership, CSU Extension, Rocky Mountain Farmers Union, National Young Farmers Coalition and Shavano Conservation District organize the conference collaboratively. For a complete list of

## MONTROSEM I R R O R

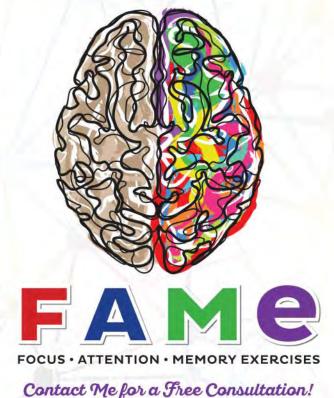
Contact the Montrose Mirror: 970-275-0646

Editor@montrosemirror.com

www.montrosemirror.com

Santa Claus greets kids at Olathe's Haven House shelter on Saturday, Dec. 9, during the Annual Tri-State Generation & Transmission Toy Run.





Michele Gad • 970-948-5708

MicheleGad.fame@aol.com

**FAMC** is a series of customized exercises, designed to develop new neural pathways in the brain (referred to as neuroplasticity), which can improve focus, attention and memory. The program embraces a holistic approach to brain health, provided in the client's home.

# Benefits healthy aging adults and may effectively treat:

- Stroke Survivors
- Depression & Anxiety
- Youth & Adult ADD/ADHD
- PTSD & Traumatic Brain Injuries
- Alzheimers & Dementia

Michele Gad is a Certified DelGiacco Neuro Art
Therapist, who assists individuals with cognitive
or mental health challenges to live life as fully and
independently as possible. She developed FAME in 2010
to better assist her clients. Sessions are specifically
designed to meet client's individual needs, goals,
abilities, and level of commitment...and have fun!