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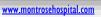




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FRESH NEWS FOR BUSY PEOPLE...WEEKLY ON MONDAYS!

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SHE FOLLOWED HER DAD'S LEAD, NOW KATIE SICKLES IS LEADING OURAY INTO THE FUTURE

By Carole Ann McKelvey Mirror Feature Writer

OURAY – On Monday, Feb. 5, during the Ouray City Council meeting, Kathleen "Katie" Ann Sickles was officially voted in as the Ouray City Administrator, after working since last November as the interim city administrator, with a salary of \$98,975. Sickles had previously been town administrator for her home town of Cedaredge, resigning that position last November when she took the interim position in Ouray.

As a teen, Sickles worked at her father's business in Cedaredge, McDermith and Schuster Consulting Engineers (he was the Schuster) during her high school years, summers and free

Continued pg 13

WITH A PACKED HOUSE, MONTROSE BOCC TALKS SAFETY WITH CDOT DURING ANNUAL VISIT



Montrose County resident and retired law enforcement professional Nancy Medlock spoke at the BOCC meeting Feb. 7; "...I recently lost three brothers to violence in this state," Medlock said. Mirror staff photo.

By Caitlin Switzer

MONTROSE- The Montrose Board of County Commissioners (BOCC) met twice last week, convening for a special meeting on Monday, Feb. 5 and for a regular meeting on Wednesday, Feb. 7. **SPECIAL MEETING:** On Monday, Feb. 5, Commissioners met for a brief <u>special meeting</u>, to consider the possible reappointment/appointment of two members to the Western Region Emergency Trauma Advisory Council (Western RETAC). One of the open seats is for a two-year term, expiring Jan. 31, 2020; the other open seat is for a fouryear term that expires Jan. 31, 2022.

According to County Manager Ken Norris, four individuals had indicated interest and had been interviewed for the open seats; Doris Van Ness, Allen Hughes, Jeff Stephens and Scott Fitzgerald. Commissioners appointed Stevens to the two-year term, and Fitzgerald to the four-year term. With no further business, the meeting was adjourned.

REGULAR MEETING: With a packed house in



this	Gail Marvel's	ABC Club Students	<u>Art Goodtimes'</u>	<u>A Fresh Point of</u>	Rob Brethouwer on
	Answering the Call series!	<u>of the Month!</u>	<u>Up Bear Creek!</u>	View, from MHS!	<u>classical music!</u>



New Ouray City Manager Katie Sickles sits in her office on the 3rd day of her job. (Photo by Michael Lawton).

ANSWERING THE CALL: MONTROSE HIGH SCHOOL SCHOOL RESOURCE OFFICER TREVIS BOOTH

By Gail Marvel

MONTROSE-School Resource Officer Trevis Booth has 21 years of law enforcement experience; five and a half years with the Montrose County Sheriff's Office and 16 years with the Montrose Police Department (MPD).

Booth, who was born and raised in Norwood, graduated from Norwood High School in 1991. He was introduced to a law enforcement career when his uncle, a former Montrose County Under Sheriff, recommended he apply for the position as jailer.

A School Resource Officer is not an employee of the school district, but rather is a police officer assigned to schools. Booth is primarily assigned to Montrose High School (MHS); however, he is on call for Johnson or Pomona Elementary Schools when there is a need and where he maintains a drop-in presence. "My duties at the schools are no different than crime on the street - domestic violence, sex assault, disorderly conduct, bullying. Anything that happens on the street happens in schools. In schools there is a lot of disorderly conduct and bullying." Occasionally Booth is called upon to teach classes such as the PD's role in government, search and seizure, gun safety, drugs, Bike Rodeo and Stranger Danger. "If there is a problem with stealing in an elementary school a teacher might ask me to give a class on theft and the consequences."

An instructor for Active Shooter and Workplace Violence Booth said, "Basically, we instruct all the schools about active shooters events. We teach Run, Hide and Fight." Booth goes into the community to train businesses, churches, non-profits and government entities, "We do it at no cost. We want everyone in our city to be up to date on the best options to survive an active shooter and workplace violence situation." Booth is also a member of SWAT and Crime Prevention

Through Environmental Design (CPTED), a program that evaluates for safety.

When asked about the most stressful part of his job Booth said, "That's a tough question. In law enforcement one day it's hunky-dory and the next day you're up to your ears in stuff. You put on a vest when you walk out the door and you know you could be killed, shot or maimed. But you don't let that stress get to you, if it did I would have been out of law enforcement long ago. I'm very religious [LDS] and my faith helps me process the stressors that come with law enforcement."

Being a resource officer is not for every officer, "I enjoy working with kids, but it's a different mindset from a street officer.



MHS School Resource Officer Trevis Booth. Courtesy photo.

You can't be as forceful. You change your vocabulary and tone so it's not so harsh. There are 1,230 kids at MHS and about 98 percent are great kids. On a daily basis I probably deal with two - three percent. I don't like to say people are bad. I feel people are good in nature, but they make bad choices. I want to see kids succeed."

Booth has not used CPR, but he has used lifesaving skills when talking to suicidal students, "I've been able to get students help when they didn't feel they could talk to a counselor."

Away from law enforcement Booth and his family like outdoor activities (camping, hunting). "I'm an avid fly fisherman and I even tie my own flies."





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MONTROSE DOWNTOWN

THURSDAY FEBRUARY 22

SHOW YOUR TICKET TO GET FOOD & DRINK SPECIALS

Hiro Japanese Steakhouse: Free appetizer* Colorado Boy: Free 16 oz pint or soda* RnR Sports Bar: Free appetizer per table and \$1 off first drink* The Vine Market & Bistro: Buy 1 Get 1 Free Entree* *with purchase of dinner entree HEAD TO THE FOX THEATER FOR AN INTIMATE MAGIC SHOW BY TELLURIDE'S

TY GALLENBECK Magic Show starts at 6:30 pm

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GET COZY FOR MARVEL STUDIO'S BLACK PANTHER Movie at 7:30 pm

Portion of proceeds go to HABITAT FOR HUMANITY of the San Juans

TICKETS: EVENTBRITE.COM & FACEBOOK.COM/MONTROSEDOWNTOWN

A FRESH POINT OF VIEW: FROM THE HALLWAYS OF MHS

HIGH SCHOOL RELATIONSHIPS OFTEN GO BOGUS ON VALENTINES DAY



love always changes the atmosphere around the school. Guys going

from being

kind and

The day of

Jack Switzer, MHS freshman.

friendly to sad blobs, shedding tears onto the desks because they don't have a mate.

Couples pair off just so they aren't alone, even if they'll break up in three days. Teachers practically go into full wrestler mode because teenagers usually are out of control on days even remotely close to holidays.

Don't even get me started on the PDA's

(public displays of affection), LOVE is in the air, and by LOVE I mean people throwing off their unmentionables while using their homework to hide the spicy stuff going on under the desk.

It's usually common to see students playing tonsil hockey in the halls, but I am more than sure on Valentines day I won't be able to get five feet without seeing something that I can't erase from my memory. Gross.

There are also the poor souls who don't have anybody to play tonsil hockey with, and who have to resort to sitting in a puddle of tears instead. The world filled with pink turns blue, a day that's supposed to be for loving people, but having nobody to do their schoolwork and get the day over love, I can understand why someone would feel awful about that. Which is why

Valentine's Day is also one of the more hated holidays, throwing relationships into the faces of single people who don't have anyone to celebrate that day with. Which probably makes them even sadder. High school relationships often go bogus on Valentines Day, ranging from overly affectionate in the middle of the classroom to just spending school time to appreciate each other.

Teachers come to school ready to throw down with the students, and kids run to the back of the library to cry and re-read twilight while listening to the saddest 21 pilots songs.

Some actually feel indifferent, and just with, not wanting to deal with the couples glued to each other in the hallways.



OPINION/EDITORIAL: LETTERS

THANK YOU TO UNDERSHERIFF ADAM MURDIE AND ROBBIE MURDIE FOR HELPING WEST END FAMILY LINK CENTER

Editor:

When Undersheriff Adam Murdie and wife, Robbie, learned the West End Family Link Center in Nucla was in need of food items, cleaning supplies, hygiene items, coats and warm clothing a few months ago, they coordinated efforts with T.J. and Jack at Nucla and Paradox Fire, a drop point for Christmas gifts for the West end Montrose Sheriff's Posse toy drive. They wound up taking a large load of toys and gifts for the toy drive as well many loads of essential family items and food and clothing.

Adam and Robbie continue to deliver items to The Link Center about once every two weeks. Christina Anderson-Pierce is the director and she keeps it going over there and is doing a great job of it. They are still looking for canned and non-perishable food items, diapers, baby food, peanut butter, eggs, milk, cheese, cleaning supplies and laundry detergents.

Ron and I would like to personally thank Undersheriff Adam Murdie and his wife for dedicating their valuable time to this much needed effort. Adam tells me, "These things are mostly what we collect or go gather ourselves." Help would certainly be appreciated.

Some tenants at Mesa Storage have also contributed to support Murdie as well as the relief efforts. If you would also like to help, you can contact Adam at <u>amurdie04@gmail.com</u>. When he is elected Sheriff, he will certainly enhance the office with this same caring and dedication.

Pam Brown, Montrose

simpson gallery

Simpson Gallery Studio and Frame Shop has closed our Main Street Gallery in Montrose but is still framing for you, our loyal customers as we have for over 30 years.

Please call us to make arrangments at our new facility, or for us to come to you or we can meet at Flairmont Furniture in Montrose.

970-249-1098 Call today for your appointment



OPINION/EDITORIAL: COMMENTARY

FROM COLORADO SENATE DIST. 6: SENATOR DON CORAM



Senator Don Coram. Courtesy photo.

to my constituents by thanking you for all of your support. Since my last letter I have received letters, calls, and comments all in support for SB 2 and rural broadband. Letters like those from Wayne and Chris outside of Durango who are trying to use internet to work from home

I want to start this letter

at their ranch but poor internet caused them to struggle and miss opportunities. This account of Wayne and Chris was entered into testimony and helped us tell rural Colorado's story when SB 2 was put in front of the Senate committee on Business, Labor, and Technology. I am happy to say that SB 2 passed out of committee unanimously and moving through the rest of the legislative process, as you read this it is currently being sent to the house for consideration. While it is easy to dwell on early successes so far, there is still more work to be done in the 2018 legislative session.

I have the pleasure of serving on two committees this session, one being Agriculture, Natural Resources, and Energy. This allows for me to give a lot of input into issues that affect the western slope and our many natural resources. One I am happy to bring to the attention of Colorado is water. While I am running several bills I would like to highlight SB 19. Often times when many laws and policies are used to regulate one thing, they do not align.

Under the Federal Clean Water act and Safe Water Drinking Act, two organizations in Colorado make loans under its pollution control and drinking water revolving fund. Currently the loans must last under twenty years due to Colorado law but many federal projects might last up to thirty years or more. SB 19 cleans up some of the miscommunication between state and federal acts and removes the twenty year limit and authorizes the organizations to issue loans compliant with the federal laws. Another important bill I want to take the time to discuss is SB 60. As some of you know, I also serve on the Senate Judiciary Committee and have the opportunity to see difficult issues come across my desk. Domestic violence is one that no one likes to see or hear about. The issues are very muddy and the judicial branch have the difficult jobs of making decisions when the answers are not al-

ways clear. Judges also have a limited tool box when dealing with these cases, SB 60 creates two new tools to help the judicial branch protect victims and witnesses of domestic violence cases.

Both tools come in the form of protective orders. The first one allows judges to prohibit the taking, transferring, concealing of, or threatening to harm animals of the victim. While not the immediate focus of domestic violence cases, the wellbeing of animals are an unnecessary concern that victims and witness should not burden themselves with. The second protective order makes phone companies transfer financial responsibility and rights to a telephone number into the care of victims or witnesses. This protective order like the previous one allows the judge to protect victims and witnesses from abuses and ultimately continue living their lives.

We are now a month into the 2018 legislative session and it is shaping up to be a successful one for rural Colorado and the constituents of Senate District 6. Thank you to the constituents who have made their voices heard like Wayne and Chris who have stood up, spoken out, and participated in the legislative process. As always it is an honor to be serving you and Senate District 6.

2498500ANONYMOUSDownload The APP. P3TIPS•MONTROSE REGIONALCRIME STOPPERSSee something, say something

WITH A PACKED HOUSE, BOCC TALKS SAFETY From pg 1



L-R: Montrose County Vice Chair Roger Rash, County Attorney Marti Whitmore, and Commissioner Glen Davis listen to the CDOT presentation Feb. 7. Mirror staff photo.

attendance, the issue of safety on local highways was a driving force at the regular Consent meeting of the BOCC on Feb. 7. Commissioners welcomed the annual visit from Colorado Department of Transportation (CDOT)'s Regions Three and Region Five officials.

County resident and retired law enforcement professional Nancy Medlock began the meeting by speaking during the time for public comment.

"I just wanted to come up here and remind everybody that Sheriff Dunlap, Chief Deputy Murdie, Commissioner Caddy and I recently lost three brothers to violence in this state," Medlock said. "I know it happens everywhere, but it's really disturbing that it is happening here, and that all three of them were deputies." BOCC Chair Keith Caddy, a retired career

police officer, replied. "I hope this is not a trend that we are seeing in the state of Colorado this year," Caddy said, "of people committing violence against our officers who protect us."

Item D-3 was removed from the agenda, the signing of a Contract Agreement with Mountain Valley Contracting, Inc. for the project to Rehabilitate Runway 5/23 at Hopkins Field in Nucla, in the amount of \$4,376,320.46. The project was awarded July 19, 2017 and is scheduled to begin in

mid-April. Agenda

items were

unanimously approved.

Commissioners approved Ordinance 2018-01, the county's revised OHV ordinance, unanimously on second reading. Also approved unanimously was a request for approval and authorization of the Chairman's signature on the 2017 Colorado Department of Transportation Highway Users Tax Funds (HUTF) report and adoption of Resolution No. 16-2018 for annual changes, additions and deletions of roads to the County road maintenance system.

"I would like to...take the opportunity to thank Road & Bridge, our engineer, and people that work on this," Commissioner Glen Davis said. "Along with our ATV ordinance, I have been proud to see over the last few years in cooperation with the Forest Service and the BLM that we have brought so many of our roads back under County control."

"I agree completely, I would also like to thank Mr. Waschbusch and his office for keeping those communications and those relationships going very well with the BLM and the Forest Service to keep those roads under County control," BOCC Chair Keith Caddy said.



Above, Montrose County Coroner Dr. Thomas Canfield spoke during the meeting about planned safety improvements to Hwy 550 south of Montrose. Mirror staff photo.

Item D-4 was the annual presentation of projects and activities by Staff of CDOT. Because Montrose County is in two CDOT regions, Durango-based Michael McVaugh of Region 5 and Grand Junction-based Dave Eller of Region 3 were among those presenting, as well as District 7 CDOT Commissioner Kathy Hall and staffers from regional CDOT departments.

CDOT's Region 5 begins at the County line South of Colona, McVaugh said. "One item of real interest is what can we do south of Montrose on Hwy 550," he said, as he outlined long-range project plans and upcoming projects for the Gunnison Valley Regional Transportation Planning Region (GVTPR).

Though a focused rumble strip project was put out for bid previously, no bids were received due to a lack of available contractors. The project has once again been put out for bid as of Feb. 1, McVaugh said, noting that the rumble strips, placed "in surgical fashion," will be focused on Red Mountain and Dallas. "On March 1 we hope for a successful bid opening." Dave Eller of CDOT's Region 3 presented information on

WITH A PACKED HOUSE, BOCC TALKS SAFETY Continued

on CDOT budgets and revenues, programs, priorities, traffic, engineering and maintenance. He discussed the role of the GVTPR in establishing priorities for the regional priority program, "...Region 3 gets about \$7 million of that each year to split among the counties...they help us prioritize...that flexible, regional, priority money."

Eller discussed the impacts of technology such as driverless cars, hyperloop, and the possible uses of technology in chain-up stations and wildlife mitigation. "How does Colorado position itself to be ready for this?"

Some good things with CDOT's Bustang service are coming as well, he noted, with regular route service planned from Grand Junction to Montrose.

Resident CDOT engineer Sean Yeates stepped forward to address concerns about safety on Hwy 550 South; "...Back in August the commission had some concerns about 550, wrote a letter to the executive director, and we've moved forward on a variety of different studies, looking at different things like passing lanes, access control and so forth."

"Do we need to write another letter?" Commissioner Glen Davis asked Yeates. "I don't think so," Yeates said. "I think that we've probably poured about as much money as we have in our pockets into some of these efforts...one thing that is challenging is that there's a variety of different volumes as we go south...it's concentrated right around Chipeta and as you move south those volumes drop off, so there are different solutions for different levels of traffic."

Among the Region 3 projects to be completed under SB 267 are safety improvements to US 550, which is currently eighth on the list, following a number of projects in the Grand Valley; work on Hwy 50 in the Little Blue Canyon; and safety improvements to Hwy 92 and Rogers Mesa.

Program Engineer Jason Smith answered questions about the safety improvements in Little Blue Canyon.

"We've had some head-ons...there's one particular corner there...there's no time to negotiate and change your direction... every couple years we have a fatality in there." Construction is slated to begin in 2020, he said.

Commissioner Roger Rash expressed concern over the amount of CDOT money being spent on outside consultants. "...We've spent a lot of money on that (Hwy 50) corridor. There's been a ton of money spent with consultant engineering companies, and that's one of my concerns...I am concerned about the consultant industry and the accountability of that money on design and construction...is there an area in your web site where a person can go and look at those numbers on what we are spending?

"...I just wonder, where are the constraints on this thing, and how much money is actually being spent on these corridor projects that go on for years and years and years?"

Following more discussion, Rash suggested that CDOT develop greater financial transparency through its web site; "I think there needs to be some transparency module web sites, now that we are in this digital age...as a County we are doing that same thing, so you can go and look at our expenditures...if I want to look at a cost on Hwy 50, what that project cost, how it was spent, I should be able to go look at that and without doing a CORA request. "And I think there really ought to be some sort of limitations on CDOT employees going to work for these consultant industries...I think there needs to be some accountability there."

CDOT Maintenance Supervisor Eric Langford, who is based in Montrose, told commissioners that a little over 20 percent of his total budget is spent in Montrose County.

"Our main focus last year was crack pouring...this year, we are looking at talking with the City, they have some concerns coming through town on 550; we're going to crack-pouring that this spring." Langford praised both the County's Road & Bridge Department and Weed Control. "We really have an outstanding relationship with Road & Bridge Department,

along with the Weed Control...Montrose County is really the model for weed control on the Western Slope."

He mentioned that a major irrigation siphon on Hwy 50 east of town that could impact fiber optic lines, "We are trying for a solution to fix that."

CDOT's efforts to provide double delineation on all two-lane roads increase safety, he noted, with greater night time visibility. "We're doing it through my whole area... it's really nice at time, we get a lot of compliments on that."

BOCC Chair Keith Caddy asked about the timing of <u>CDOT CoTrip</u> Text alerts for small maintenance projects, which are available through the web site and which can provide up to the minute road information for travelers

Projects that will have a significant impact on traffic are placed on COTrip, Langford said.

Commissioner Rash asked about progress on rumble strips for the Region 3 side of Hwy 550 South.

Eller discussed the negative side of rumble strips. "Our traffic group would like to start discussions about an access control plan," he said. "...as far as center line rumble strips, we've talked about maybe there's some locations where there are not a lot of houses where we might be able to get away with center line rumble strips...as we go out there and start putting them in we may have citizens complaining about them as well...we have to be careful about where there's a lot of houses...they are very noisy."

No project plan is yet in place, Eller said. A meeting will be held in March to look at the traffic safety findings, County Engineer Keith Laube noted.

Following the presentations by CDOT, Commissioner Glen Davis commented.

"No questions...but I do have a problem, because I drive Montrose County from Colona all the way back around to the county line on 50, all the way back around to the Delta County line, it's sort of my district, and from Spring Creek to 348, I drive that," Davis said. "...one thing that does aggravate me a little bit...when I see

WITH A PACKED HOUSE, BOCC TALKS SAFETY Continued

a whole lot of expensive work going on on a waste of money. "There weren't that state highways with less traffic, less deaths, and less incidents than other places...we are going to spend millions of dollars on that (Hwy 50) and we've had one or two deaths in the past couple years, and this problem south of town keeps growing.

"I've been here a long time; at one time there probably wasn't over 40 rental vehicles in this County out at the Airport. Today's there's probably 400, and those vehicles hit the highway...they want to get to Ouray, Ridgway, Telluride...it's getting more and more traffic."

Enplanements are increasing by 10,000 or 12,000 per year, Davis noted, and called the overpass recently built in Delta many accidents; nor was there that much traffic."

Eller acknowledged that Hwy 550 south is a safety issue and the state is aware and working toward safety improvements. Still, "There's actually a higher safety issue in little Blue Canyon (Hwy 50) than there is out here...less traffic but more fatalities in Little Blue Canyon; for a concentrated area it does have a very poor level of safety...I don't think we're wasting money by cleaning up that canyon."

"We have a lot of issues, and not a lot of money," Commissioner Rash said. "That's the problem."

He asked about interim safety solutions to prevent distracted and tired driving

accidents.

"We need to find a solution." Following more discussion, Montrose County Coroner Dr. Thomas Canfield spoke from the audience.

"Your report which is excellent, on page 13, where you talk about US 550 safety improvements in Montrose...I see nothing here that speaks to mitigation of fatal accidents...those are not the kind of improvements that save lives."

Eller noted that ongoing safety improvements including rumble strips are planned for Highway 550.

With no further business, the meeting was adjourned.

To sign up for CDOT travel alerts, visit the web site.

REGIONAL NEWS BRIEFS ALPINE BANK DONATES \$50,000 TO **KICK-START NEW MEDICAL ARTS BUILDING**

Special to the Mirror

GUNNISON-Gunnison Valley Health is delighted to receive a \$50,000 donation from Alpine Bank that will contribute to the development of the new Medical Arts Building for the Gunnison Valley community.

Gunnison Valley Health CEO Rob Santilli said thanks to the generous support from Alpine Bank, the Medical Arts Building will house a variety of services including Urgent Care, the Center for Orthopedic Excellence, Family Medicine Clinic, Behavioral Health, Specialty Clinics and Sports Therapy.

"Alpine Bank understood our vision to bring together a network of integrated services in the one building that will be recognizable to the Gunnison Valley community," said Mr. Santilli.

Bank for completing the sale of the property, and the financial donation that will provide a complementary suite of services

in a prime Gunnison location," said Mr. Santilli.

Alpine Bank is pleased to support Gunnison Valley Health with their new endeavor that will provide a variety of vital services to Gunnison Valley residents. Alpine Bank's Chief Administration Officer Tom Kenning said the bank is glad to play a part in helping the Gunnison community.



Photo courtesy Alpine Bank.

"It's really simple; Alpine Bank knows how important health care is to any community. It is an honor for us to help support the efforts of GVH to make Gunnison "We are extremely appreciative to Alpine a better place to work, live and raise a family. We believe this new facility will do just that," said Mr. Kenning. Gunnison Valley Health's Medical Arts

Building will be located on the corner of County Road 13 and Highway 135 in Gunnison.

"We are very grateful for Alpine Bank's support and look forward to providing a high level of excellence in health care options that will positively impact our community," said. Mr Santilli.

REGIONAL NEWS BRIEFS

DMEA KICKS OFF POWER POLE INSPECTIONS IN ORCHARD CITY AREA

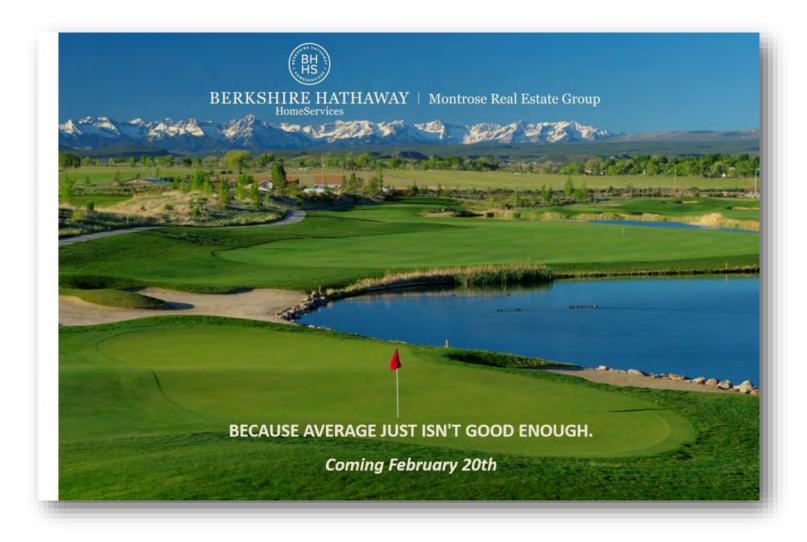
Special to the Mirror

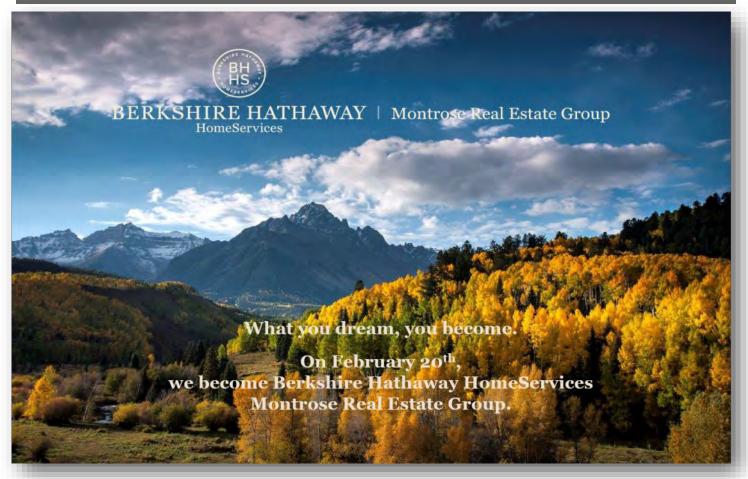
ORCHARD CITY-Delta-Montrose Electric Association (DMEA) will immediately begin inspecting power poles in the Orchard City area. The inspections are expected to last throughout the spring. DMEA is contracting with SBS Inspections to conduct the work. SBS Inspections may need to enter onto members' properties in order to complete the inspections. Their vehicles will be clearly marked with DMEA contractor labels. DMEA asks for its members' cooperation in allowing contractors access to poles located on private property. The co-op will inspect more than 3,000 poles as part of its power reliability and system maintenance program.

For more information about DMEA's pole inspection process or property access, contact Cody Carver, <u>(970) 240-6890</u> or <u>co-</u> <u>dy.carver@dmea.com</u>.



Delta-Montrose Electric Association (DMEA) will immediately begin inspecting power poles in the Orchard City area. Courtesy photo.





REGIONAL NEWS BRIEFS

NUCLEAR CARE PARTNERS HOSTS SWEETHEART EVENT FOR FORMER URANIUM AND ATOMIC WORKERS

Special to the Mirror

GRAND JUNCTION-Nuclear Care Partners, an organization that provides benefits guidance and in-home care to former uranium and atomic workers, is hosting a Sweet Heart Event to celebrate Valentine's Day with former atomic workers and their loved ones. All former workers are invited to attend the sweet heart event free of charge. They will be able to enjoy special giveaways, music, and more.

Event Information:

Tuesday Feb. 13, from 10 a.m. – 2 p.m. at the Grand Mesa Oncology located at 1501 E 3^{rd} St. Delta, CO.

Wednesday Feb. 14, from 2 p.m. – 5 p.m. at the Redlands Community Center located at 2463 Broadway, Grand Junction, CO. Call to RSVP for the Sweet Heart Event or to learn more about Nuclear Care Partners at <u>970-361-3279</u>. "I want this event to be chance for former workers to come down to event, and to have some fun and celebrate Valentine's Day with their loved ones," said John Kelley, Community Outreach Manager for Nuclear Care Partners. "Many of these workers have been seriously affected by their illnesses and injuries stemming from their work in nuclear weapons development.

"I hope this event will lift their spirits and give them a chance to meet other workers in the area."

SHAVN PETER CASSIDY MEMORIAL SCHOLARSHIP APPLICATIONS DUE APRIL 11

Special to the Mirror

MONTROSE-Applications for the Shaun Peter Cassidy Memorial local scholarship (\$1,000) are due April 11. To be eligible, students must be graduating seniors or former graduates of the RE-1J school district, must demonstrate financiual need, must be entering an auto mechanic field of study, can also be used for any accredited vocational/technical program. Submit a completed common scholarship application, including transcript, resume, financial information, letters of recommendation, and essay. More Information is available in RE-1J secondary schools. Contact <u>Countryman@montrose.net</u> with questions.

KATIE SICKLES IS LEADING OURAY INTO THE FUTURE From pg 1

time.

There she learned the sewer business; it has served her well.

A long-time mantra for Katie Sickles in all personal and professional projects is a strategy she refers to as PLAN. "Everything I touch from raising kids to working, I look at with the PLAN."

PLAN stands for Practical Long Range Approach to the Near Future. In Cedaredge, that meant Sickles and the town board of trustees tackled challenges on: Wastewater treatment facilities; An undersized bridge hampering tourism efforts, and rebuilt in 2017; Downtown beautification;

Records management challenges.

With the help of grants and other funding, Cedaredge put a \$1.2 million investment into main street.

Sickles said it took the vision put forward in public meetings to accomplish those successes. "The Department of Public Affairs supported the improvements graciously," she said.

In Cedaredge, she and town employees managed to bring all records material up to date and incorporate historical information as well into databases.

Today, in Ouray, Katie is once again using her PLAN method to tackle what are perceived as issues for the future: Addressing out-of-compliance E coli discharge from city waste water by updating the sewer lagoon treatment system; Meeting winter/summer future water capacity needs in the city and assuring resources for the long-term (Water needs in Ouray are measured through a historic, but somewhat dated EQR (equivalency factor) system to determine water and sewer charges instead of water meters, something Sickles is planning to look into);

Moving ahead on establishing additional public restroom services in the city; Looking into records management by tackling the last month, last year, 10 years back and then dealing with archived materials.

In addition to running day by day operations in the city, Sickles is reading through the city code.

Sickles said she believes greatly in the citizen component and is planning on getting input by walking around town and "trying to get a real feel of the community." She already knows quite a bit about Ouray as she and her family visited the town many times as she was growing up.

"We have come up to Ouray quite a bit," she said, "I love Ouray."

Her path toward town leadership has been a circuitous route from her dad's business, where he did engineering and sold sewer and water pipe. Katie realized that she would take an unconventional approach to learning when she was not allowed to take a shop class in school, but was instead directed to another area high school for one required credit and drafting. She attended Cedaredge schools, graduated from Delta High School, and earned a public administration master's degree as an outstanding Western Slope student at the University of Colorado at Denver in Grand Junction satellite classrooms.

For two years, Sickles moved briefly to New Jersey, "I wanted to see what it was like outside of Colorado," she says.

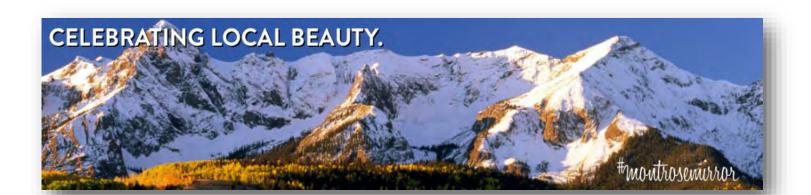
When she returned to the Western Slope she took a job during the fall harvest at an apple shed and met her first husband, had four children and went to college in Grand Junction.

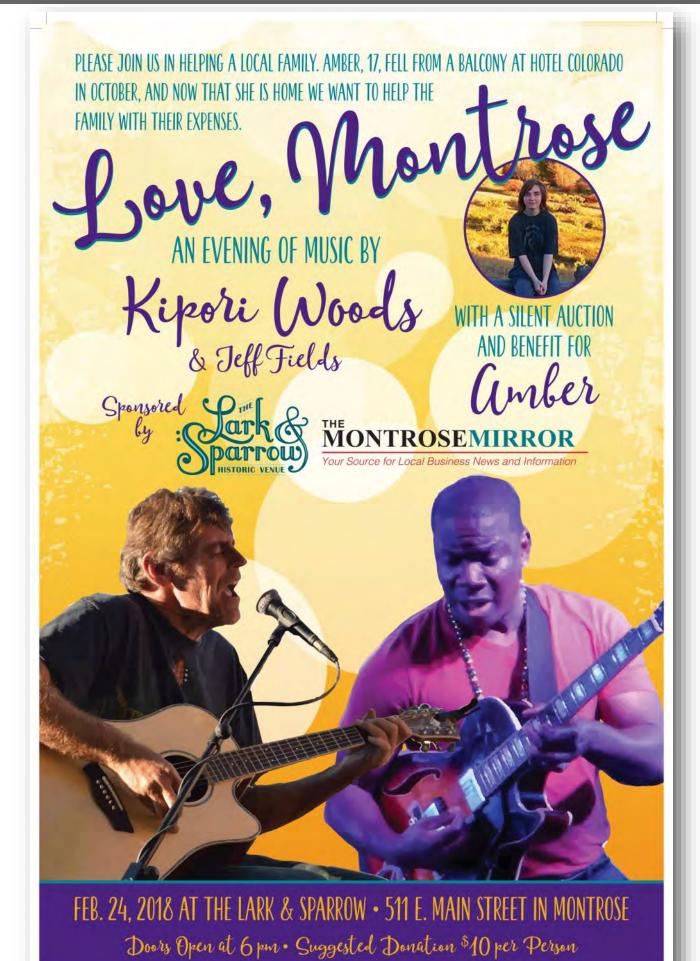
Over the years, her post-college career has included: working for an aggregate company; the Delta County EMS Special Funding District Task Force; an internship with the City of Grand Junction, serving as project manager for Delta County's countywide address change implementation; and working with federal and state agencies on cooperative land management projects. She joined Cedaredge as town administrator in 2006 and remained in that position until applying for the interim position in Ouray.

Katie Sickles is also a volleyball (a former school passion of hers) official in Montrose and Ouray.

Now, she has four grown children, two step-children, and a bevy of grandkids with her current husband, Dan Sickles, who is a foreman with the Delta County Road and Bridge District #2. Sickles, who now has an apartment in Ouray, said she and her husband have a house and land in Cedaredge and, "We are still figuring out how we are going to do this," after accepting the Ouray position.

Katie Sickles' father is not around to see what he started when she was a high school student, simply working for her dad, but it's certain he would be proud and pleased.





OPINION/EDITORIAL: LETTERS

THANK YOU, MEMBERS, FOR SUPPORTING ELEVATE FIBER

Dear Editor:

Elevate Fiber has had a significant impact on the communities in our corner of Colorado. And yes, I say this as a proud member of the Elevate Fiber Board. You've most likely heard a few us talk about how much affordable and reliable high-speed internet will mean for economic development, healthcare, education, and so much more. That big picture is captivating and important.

But so are the small everyday impacts we're already seeing in DMEA's communities. Recently, we've been asked about local employment opportunities during Elevate's intensive construction phase. As we build our network, we need a lot of boots on the ground boring in conduit, stringing fiber on poles, excavating, installing equipment, and even connecting customers.

I'm proud to say that 85% of the individuals working in the field for Elevate, through both our general contractor and sub-contracted companies, are local, DMEA members. One of our longest running partnerships is with Lightworks Fiber & Consulting, a family-owned business in Hotchkiss, CO. Not only is Lightworks vital to us maintaining our current success, it has also been able to hire local individuals who lost their previous jobs after the closure of the coal mines in Delta County.

DMEA's Board recognizes that Elevate will propel this area forward, equipping our communities with the foundation to support new businesses, a remote workforce, and the ever-growing need for more bandwidth. We'd be remiss if we didn't recognize the men and women who are, quite literally, building that foundation, right here, right now. Thank you, members, for supporting Elevate Fiber. John Gavan

Elevate Fiber Chair, Montrose

REGIONAL NEWS BRIEFS

ROAD & BRIDGE DEPARTMENT-MAPLE GROVE ROAD CLOSURE

Special to the Mirror

MONTROSE-Montrose County Road & Bridge Department will be closing Maple Grove Road between 6000 Road to 6100 Road on Feb. 14, 2018 from 8am to 5pm for an irrigation pipe installation. Motorists are advised to use an alternate route. For more information, please call Montrose County Road and Bridge Department at 970-249-5424.

Thanks for reading the Montrose Mirror! Fresh news for busy people...since 2010! Reach us at 970.275.0646 Because We Care About Your Health - MMH Is Happy To Sponsor The

Saturday, February 24 at Montrose Pavilion From 6:30 a.m. - 12 noon. No appointment necessary.

800 South Third Street, Montrose, CO 81401 970.249.2211 MontroseHospital.com

Event includes:

18

- Vision Screening
- Foot Screening
- Hearing Screening
- Nutrition Information
- Bone Density Screening
- Consults for Early Blood Draw Results*
 *Bring Your Results between
 7:00 am and 11:00 am
- Skin Cancer Screening
 8:00 am 12:00 noon
- Prostate Exams 7:00 am - 8:00 am
- 9:00 am 10:00 am Prostate Health Lectures
- 8:00 am 9:00 am 10:00 am - 11:00 am

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Montrose

S700k AVAILABLE FOR LANDSCAPING IN URA



The unseasonably dry weather put the city ahead of schedule for excavation and leveling land in the MURA. City Engineer Scott Murphy said, "We are working on a scale that the city has never worked on before." This construction site is west and north of the Montrose County Justice Center, near the proposed site for the Marriott. Photo by Gail Marvel.

By Gail Marvel

MONTROSE-The Montrose Urban Renewal Authority Board (MURA) of Commissioners met on Monday, Feb. 5th in the council chambers. With the exception of School District Representative Gayle Johnson all board members were present. **Development Update:**

Progress update for Mayfly Headquarters, Marriott Hotel and other potential development on the site – Mayfly Outdoors President David Dragoo updated the board on the construction of the Mayfly facility, the foundation of which has 950 yards of concrete.

Dragoo briefly discussed contracts and letters of intent with Marriott (hotel), C2 Tactical (high-end indoor gun range) and Way Architects (apartments). The project developers and city officials were slated to meet with Marriott representatives later in the day. George Way, who is proposing to build 300 units in three phases, has developed TownePlace Suites (apartments) for the last 30 years, "The main financing is through HUD. That appears [to be] the route that will be the best for this community. When we build a project, we want to make sure it is a viable project." The first phase of the project would have 100 units (four stories), "Whatever project we do we try to adapt to the community and adapt to the market. Even when you build an apartment, it is someone's home."

Councilwoman Barbara Bynum noted that it is very difficult to find adequate housing for doctors moving to the area, "This will really fill a need that we have in town with apartments and hotels." Dragoo said, "Right now we have a shortage of rentals." Councilman Roy Anderson said, "Thank you for not thinking just about luxury accommodations, but afford-

able housing."

Phase I Public Infrastructure Construction

Update – City Engineer Scott Murphy. Murphy said, "We are working on a scale that the city has never worked on before. We mobilized on January 5th and have stripped all the topsoil. The weather has been unbelievable. We are ahead of schedule and able to pour concrete. It will take a long time to complete the sewer line even though we are laying about 100 feet a day."

Phase I Public Infrastructure Bid Alternates - City Engineer Scott Murphy.

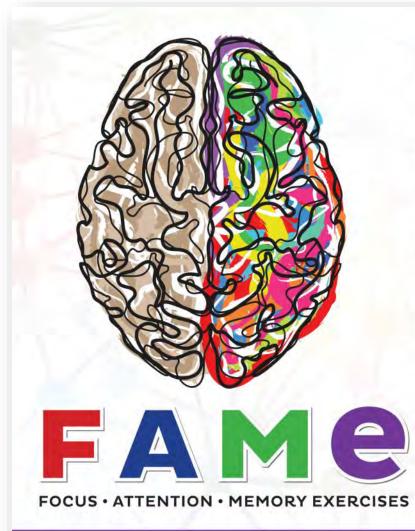
The bid alternatives were items of information, rather than items which needed a vote.

In essence, there are more funds available for landscaping than was previously anticipated. Funds in the original bid, coupled with costs that came in lower than expected, gave the project an estimated \$700,000 for landscaping. Montrose County Representative Assessor Brad Hughes said, "The city puts in the boulevards, but who maintains them?" City Manager Bill Bell said, "They will be maintained by the HOA."

Murphy recommended three options and discussed prioritization of landscaping bid alternates to accompany Phase I. **River Restoration Design Update** - City Engineer Scott Murphy.

Murphy discussed river stabilization, public parks, the trail head and a small boat launch. "There is no huge drive to build right now." Hughes revisited a question from the last meeting concerning public access in an area that appears to be a private parking lot. Dragoo said, "It is adjacent to our parking lot, but the public will have access to the river." **Next Meeting:** The board will have a site tour on Monday, Feb. 26.





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Michele Gad is a Certified DelGiacco Neuro Art

Therapist, who passionately and compassionately assists individuals with cognitive or mental health challenges to live life as fully and independently as possible. With an eclectic background in business, art, yoga, meditation and education, she developed FAME in 2010 to better assist her clients. Each session is specifically designed to meet client's individual needs, goals, abilities and level of commitment...and have fun! Therapeutic drawing exercises using line, design and color can help form new connections that can improve focus, attention and memory. This is the foundation of FAME.

- Depression & Anxiety
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- PTSD

Contact Me for a Free Consultation! Michele Gad 970-948-5708

MicheleGad.fame@aol.com

CERISE AMPHITHEATER PROJECT EXPANDS TO \$1.75 MILLION *Bowman cites need for green rooms, dressing rooms*



The Montrose City Council met for a work session on Monday, Feb. 5. Photo by Gail Marvel.

By Gail Marvel

MONTROSE-Due to the high-volume of agenda items, a larger than normal crowd was attracted to the Feb. 5 City Council Work Session. Council takes no formal action during work sessions.

Rotary Amphitheater Cerise Park Update

Planner I Ty Johnson.

Johnson said, "I'm looking for direction from council on an expanded scope [of the project] because it [now] includes restrooms and it is also beyond the proposed budget."

Originally Council supported a budget proposal of \$500,000 for the Rotary Amphitheater at Cerise Park. However, the amphitheater committee favors a full build-out of the project (restrooms, greenroom and dressing rooms) for an estimated \$1.75 M. The scaled-back option of a simple cement stage is about \$600,000.

Representatives for Del-Mont Consulting, who are also have a seat on the committee, favored the full build-out and proposed, if necessary, waiting on construction for a couple of years until financing could be secured.

Johnson said, "Everyone on the committee feels strongly about the expanded [option]." Councilman Dave Bowman, who is also a music promoter, said, "Obviously we are asking for more money and looking

at the 2019 budget. For the sake of not sounding self-serving, it becomes much more difficult to bring bands in [without] greenrooms and dressing rooms."

Councilwoman Barbara Bynum was not interested in the architects telling council they needed an enhanced facility. "I would feel more comfortable hearing from Rotary."

Speaking for Rotary, Dave Frank said, "We want a facility that will serve the community for 20 years." Rotary has pledged to raise \$150,000; however, in less than a month we have already raised \$127,000. Frank said, "Rotary is confident with the idea that we will raise in excess of \$150,000. We would support a build over two years to have the full build-out."

Mayor Judy Ann Files said, "We are tripling the proposal." Bynum said, "It was a small project that fit into council's budget. Now it has grown." City Manager Bill Bell will reach out into the community to see what organizations might use the facility and he will report back to council at the March 5 work session.

Connect Initiative Trail Design Contract Recommendations – City Engineer Scott Murphy.

In early January the City opened five Request for Proposals (RFP). Those reviewing the proposals were all in agreement that Del-Mont Consultants was the preferred contractor.

It is recommended that Del-Mont Consultants receive the contract in the amount of \$292,040 for permitting and civil design of the Connect Initiative Recreation Trail.

The final trail design is slated for October 2018. Construction for the trail would break ground in early 2019 and would last through 2019. Council had no questions. Keep Montrose Moving – 2018 Streets Maintenance Contract Recommendations

 City Engineer Scott Murphy. The feedback from the latest community survey showed the citizens' priority was street maintenance and traffic flow/ congestion. City Council approved \$5 M for street maintenance over the next two years.

Murphy's presentation included maps of streets that are scheduled for maintenance in 2018. However, lumped into the presentation was a discussion on waterline and sewer line maintenance/ replacements, which have different funding sources.

Murphy said, "We're trying to spread the work throughout town and trying to find the best bang for the buck." Some street maintenance lends itself to work performed in-house.

Staff recommends the contract award to Mountain Valley Contracting for \$3,893,102.92.

The Hillcrest extension is out for bid now and council will be given an update at the next work session. Staff is sensitive to the road closures associated with street maintenance and they will keep the public informed through the media and the city web site.

Victims of Crime Act (VOCA) Grant Resolution – Police Chief Tom Chinn.

This grant comes through the Colorado Department of Public Safety, Division of Criminal Justice and requires \$9,000 in cash match per year.

Chief Chinn said, "In 1997 we started getting this grant for \$27,000. Each year it pays 49 percent for our Victim Advocate [salary]."

CERISE AMPHITHEATER PROJECT EXPANDS TO \$1.75 MILLION From previous page

Maslow Academy Community Development Block Grant – Grant Coordinator Kendall Cramer.

The city was approached by Maslow Academy to apply for a Community Development Block Grant ("CBDG"), administered by the Colorado Department of Local Affairs ("DOLA"), in the amount up to \$600,000.

Maslow Academy is the largest childcare facility in the area and the grant requires that 51 percent of their students are from low to moderate income families.

Cramer said, "The city must be the sponsor and the grant requires no cash obligation to the city, other than my time."

Councilman Bowman said, "I have a real problem when we start giving money to private schools." Cramer assured the councilman that the city is only a passthrough agency.

Straw Hat Farms Commercial Lease Agreement – Director of Innovation and Citizen Engagement Virgil Turner.

Turner gave a history of the building and the partnership with the Downtown Development Authority (DDA). Turner said, "This was one of the first DDA redevelopment projects." The previous lease was complicated and time consuming to ad-

minister and the new lease is simplified. Straw Hat Farms will invest in the property and install a commercial kitchen and a new sewer line.

DDA received the full amount of rental income, rather than a shared income with the City. City Manager Bill Bell said, "We have a verbal agreement with the DDA, not a written agreement. We want to support the DDA." The five-year lease ends on Feb. 28, 2023. Base Rent: \$1040/month from March 1, 2018 to Feb. 29, 2020 \$1180/month from March 1, 2020 to Feb. 28, 2023.

2018 Special Events Program - Assistant City Manager/OBT Director Rob Joseph.

Joseph has revamped the 2018 special event program to simplify the program and emphasize a music component.

There are three areas in which the City will subsidize a special event: supporting the event with music, marketing on social media, and purchasing a table. Continued city assistance for an event will be determined, in part, by proper and timely reports on the event.

The City will also have a busking program. While the anchor will be music, the program will include arts, performance

and dance. Joseph said, "We want to use local talent when possible." All talent will be vetted, permitted, and compensated.

Councilman Bowman said, "How will Mayor Judy Ann Files questioned why the busking be any different than Main in Motion?" Joseph said, "I don't know that it will be that different, but it won't be Main in Motion. There won't be road closures. It will inject the vibe into town. It will piggyback off [your] Summer Music Series and Pocket Park."

> Attainable Housing Incentives - City Manager Bill Bell.

Bell submitted to council a rough template of what a housing incentive policy might look like. Bell said, "We don't want to build your building for you, or give you cash, but we might work on sidewalks, streets and lighting."

The city code has already been amended to accommodate the Re-Do District which allows for higher density in downtown areas.

Bell said, "But we haven't had a lot of interest in the Re-Do." The city will look at housing incentives on a case by case basis. **General City Council Discussion and Staff Comments:** Because of time restraints there was no additional discussion and no reports.



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Page 21

CITY MANAGER TO COUNCIL: 'WE HAVE PLENTY OF WATER IN THE CITY OF MONTROSE '...we don't want to worry about telling people we'll be drying up.'

By Gail Marvel

MONTROSE-On Feb. 6, 2018 the Montrose stand why state and federal gov-City Council held an executive session prior to the regular meeting. The agenda item description states, "An executive session for the purpose of determining positions relative to matters that may be subject to negotiations, under C.R.S. Section 24-6-402(4)(e); and the following additional details are provided for identification purposes: meeting with Elevate Fiber to discuss broadband and telecommunications." The regular council meeting began at 6 p.m. with the Pledge of Allegiance led by students of Boy Scout Troop # 478.

Key Citizen Award Presentation

Mayor Judy Ann Files presented two Key Citizen Awards. Recipients were City of Montrose Director of Innovation and Citizen Engagement Virgil Turner and Montrose Recreation District Executive Director Ken Sherbenou. Turner and Sherbenou were recognized for their work on the Connect Recreation Trail project, a collaboration which resulted in the award of a \$2 M grant.

Call for Public Comment for Non-Agenda items.

There were no public comments. Ordinance 2443 (first reading) – Assistant City Attorney Andrew Boyko.

This Ordinance delegates authority to the Board of Directors of the Montrose Emergency Telephone Service Authority (METSA) to set the rate of the charge imposed on users. Boyko said, "This is the annual METSA housekeeping item. The past several years the fee has been \$0.70 and they will keep the rate at \$0.70." Approved Unanimously.

Resolution 2018-04 – Grant Coordinator Kendall Cramer.

Authorizes the filing of a Community Development Block Grant (CBDG) to fund economic development opportunities for persons of low income and moderate incomes within the City of Montrose. If successful, this grant will reduce operating costs to Maslow Academy.

There is no cost obligation to the city, other than Cramer's time in administering the grant.

Councilman Bowman (a former teacher) said, "I have a real problem with state and federal government using funds for private schools. I don't really underernments are competing with our local Montrose schools who struggle to survive."

Councilman Roy Anderson said, "It's not taking away from our public schools." Bowman said, "It does take money away from our local kids. Public schools are funded per pupil." Councilwoman Barbara Bynum said, "This is for five years and at least 51 percent must serve low to moderate income students."

Maslow Academy Executive Director Chrissy Simmons said, "Thank you for allowing us to try for this grant. Over 75 percent of our students are preschoolers who feed into the public school system." Approved Unanimously.

San Sophia West Subdivision Filing No. 1 Final Plat – Senior Planner Garry Baker.

Baker said, "Cobble Creek subdivision is close to full build-out. This is one of the last links. There are 19 lots and two outlots." Out-lots are reserved for future subdivision and the developer will have to return to council for final plat on those lots. Citizen Clay Campbell asked for clarification on the impact to Cobble Creek as it currently stands (street, sewer and water system). Baker said, "On the sewer system it is my understanding that this has met all the city engineer's requirements." The city staff will ensure that all policies, regulations, ordinances and municipal code provisions are met and that the applicant adequately address all the staff's concerns prior to the execution and recording of the Final Plat. Approved Unanimously.

Intergovernmental Agreement (IGA) -Director of Innovation and Citizen Engagement Virgil Turner.

The IGA is between the City of Montrose and the Montrose Recreation District (MRD) for Shared Services. Turner gave the background on the IGA, which was started in 2005, "It's been a very successful program that has saved hundreds of thousands of dollars over the years." Shared services between the entities include parks (turf) maintenance, fleet vehi-



Mayor Judy Ann Files presented Key Citizen Awards to City of Montrose Director of Innovation and Citizen **Engagement Virgil Turner and Montrose Recreation** District Executive Director Ken Sherbenou. Turner and Sherbenou were recognized for their work on the Connect Recreation Trail project. (L to R) Mayor Judy Ann Files, Director of Innovation and Citizen Engagement Virgil Turner, Montrose Recreation District Executive Director Ken Sherbenou and four-year-old Ben Sherbenou. Photo by Gail Marvel.

cle maintenance, IT services, etc.

Referring to this year's agreement Turner said, "We're fairly well into a maintenance contract now. We have a fixed rate for labor when labor is involved." The agreement was signed earlier by MRD. While this agreement is renewed automatically on an annual basis, council requested that it come before them each year for discussion. The City of Montrose has shared services with other entities — Neighboring cities and towns (Delta, Ridgway and Ouray), PIC Place (healthcare), All Points Transit, WestCO Dispatch Center, etc. Approved Unanimously.

Staff Reports

Public Information Report - City Manager Bill Bell.

Bell discussed the drought and how it affects citizens, "We have plenty of water in the City of Montrose. We will not likely have watering restrictions this summer. We will have information on water conservation, but we don't want to worry about telling people we'll be drying up." Youth Council Update

The Teen Opportunity Expo (TOE) will be held March 7th

City Council Comments

Bynum complimented MPD on the Community Police Academy, "Hats off to you. It is a great experience." Bowman promoted KVNF's live broadcast. Mayor Files reported on a legislative session that she and Bynum attended.

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REGIONAL NEWS BRIEFS

TASTE AND LEARN HOW TO COOK WILD GAME MEAT IN DELTA

Special to the Mirror

MONTROSE-- If you're a novice hunter and want to taste and learn how to prepare wildgame meat, you're invited to attend a "wildgame cocktail party" sponsored by Colorado Parks and Wildlife. The event is set for 6 p.m., March 3 at the Needle Rock Brewing Company in Delta.

"Wild-game meat is excellent and highly nutritious, but it's helpful to get some tips on how to prepare it," said Mark Richman, a district wildlife manager for Colorado Parks and Wildlife in Delta.

The event is a recruitment effort aimed at novice hunters to highlight the conservation benefits of hunting and the flavor and nutritional qualities of game meats to a new generation of foodies, Richman said.

Upwards of 15 different wild game dishes will be served, including bear, mountain lion, pheasant, deer heart and many other unusual items. Kenneth Kinser, chef at Needle Rock, will talk about pairing wild game meat with beer and wine. CPW staffer will talk about cooking techniques and the special qualities of wild game meat.

The tasting party is aimed at new and novice hunters. The price is \$12 and includes a sampling of beers.

If you'd like to attend, please contact CPW's Montrose wildlife office at 970-252-6000, or stop in the office at 2300 S. Townsend Ave. in Montrose. The deadline to apply to participate in the event is Feb. 19.

Thanks for reading the Montrose Mirror! Reach us at 970.275.0646



With so many options and all the technical jargon out there, how do you really know what internet speed you need? Things to consider when choosing your speed:

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- Do you want to stream any HD content?
- Does anyone game online?
- · Do you upload large files or work from home?

Activity	10 Mbps 더 중 5	100 Mbps ∲� িি ⊧⊳⊧	1 Gig (1,000 Mbps) 규 대
1-2 devices connected to the internet for surfing, emailing, streaming	~	~	~
Cloud-based file sharing		V	V
Crystal-clear video call		V	V
Online gaming		V	V
Stream 4K HD content		V	V
Stream 5 HD videos at once			V
Download a 4-minute song	3 seconds	0.3 seconds	0.03 seconds
Download a 2-hour HD movie	60 minutes	4.5 minutes	25 seconds

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REGIONAL NEWS BRIEFS SMPA CHARTS PATHWAY TOWARD MORE LOCAL RENEWABLE ENERGY, INCREASED RELIABILITY, AND AFFORDABILITY

Special to the Mirror

REGIONAL-The San Miguel Power Association (SMPA) Board of Directors has unanimously adopted a resolution confirming that SMPA's continued membership in the wholesale power cooperative, Tri-State Generation and Transmission (Tri-State) is "...the best path to implementing more local renewable energy... without incurring strong upward rate pressures... compromising reliability, or the network communications crucial to the overall operations of the SMPA distribution grid." The resolution also states that SMPA "...will not further pursue alternatives to the current Wholesale Electric Services Contract (WESC) with Tri-state, at this time..." This resolution signals the fulfillment of one of SMPA's seven 2017 strategic objectives, which is to "Understand the full value, and options, of [SMPA's] membership and contract with Tri-State G&T, while developing an all-encompassing program to expand local renewables."

The year-old strategic objective, was designed amidst rapidly dropping prices of renewable energy such as utility-scale wind and solar in power markets across the nation. The low prices had caught the attention of many, who began to question the value of the SMPA / Tri-State contract which requires that SMPA purchase no less than 95% of its power from Tri-State through 2050. Tri-State has been aggressively procuring energy from renewable sources over the past several years and has recently reported that 30% of the energy consumed by its membership is now from sources other than fossil fuels.

Opponents have suggested that SMPA might follow the example of Kit Carson Electric, a New Mexico electric cooperative that recently bought out of its Tri-State contract, and Delta Montrose Electric Association (DMEA) who also may be pursuing alternatives to its contract with Tri-State. "As our recent resolution states, we will continue to monitor the situation at both cooperatives to better inform ourselves on this issue. However, there are

several major factors in an issue like this which must be taken into consideration and are specific to each individual cooperative. Therefore, while we can gain knowledge from the actions of others, it would be a mistake to think one can apply what happens at another co-op directly to SMPA," said SMPA CEO, Brad Zaporski.

Another factor mentioned in the Resolution is that Tri-State is currently working in partnership with SMPA on two of the largest reliability projects ever performed on the SMPA distribution grid. These large, capital intensive, construction projects are known as the Telluride/Mountain Village Reliability Project, which is providing a robust, underground backup line to SMPA's largest load center and the Ridgway/Ouray Reliability Project or Red Mountain Pass Rebuild. This will be a true feat of engineering over some of the most difficult topography in the world, providing backup service to the fastest-growing part of SMPA's service territory.

The SMPA / Tri-State relationship is also a crucial part of decade long project to implement fiber communications throughout the SMPA system. This allows significant improvements to network communications and enables the ability to operate crucial equipment throughout the SMPA grid. This may also accommodate commercial traffic, or retail broadband, at some point in the future. "The fiber communications system we have been working on for the past ten years is highly dependent on our ability to use Tri-State fiber. This system will only become more important to operating the grid of the future which will be more decentralized with much higher penetrations of intermittent energy from renewables, battery storage technologies, multi-directional power flows, and electric vehicles. Many people also believe that it will be integral to the future of the local economy", said Zaporski.

"The financial, reliability and communications concerns alone are enough to merit cooperation," said SMPA Board

President, Rube Felicelli, "but, in addition, Tri-State is supporting our access to local renewable energy." Tri-State provides incentives that made it possible for SMPA to help develop and purchase the energy from several local renewable energy projects such as Pandora Hydro, Bridal Veil Hydro, Ouray Hydro, Coal Creek Hydro, Paradox Solar, and the Norwood income qualified (I. Q.) solar array. SMPA also has the option to pursue Tri-State Board Policy 118 to increase local renewable energy generation. Policy 118 was instrumental in bringing Tri-State to the table for the development of the Ridgway Reservoir Hydro, which is now the largest renewable energy facility currently operating in the SMPA service territory.

In a 2017 SMPA Board Resolution, SMPA formally requested that Tri-State partner with SMPA to construct another utility scale renewable energy generation project. SMPA has officially entered into Policy 118 negotiations to fulfill this resolution request.

"It's important to point out that today's resolution, not to further pursue alternatives to SMPA's contract with Tri-State, was met with unanimous approval," said Felicelli. "The members of our Board represent a vast area with a wide variety of concerns and ideals... I am extremely proud of the work and effort our Board and staff have done in analyzing what the effects of pursuing alternatives to our contract with Tri-State would be to our membership before coming to this consensus."

As a cooperative, SMPA relies on its democratically-elected board to chart the cooperative's course for the ultimate benefit of the members.

In an industry that is undergoing unprecedented change, the task can't be an easy one.

The SMPA Board Resolution 2018-02 is available for review on <u>www.smpa.com/</u> <u>content/smpa-charts-pathway-towards-</u> <u>reliability-affordability-renewables#BOD-</u> <u>Res-2018-02</u>. For questions, please call (970) 626-5549.

HEARING ON REVISED EFFLUENT STANDARDS FOR STAR CHICKEN SET Company owned by Prairie Dog Treats Owner Ira Goldfarb

By Caitlin Switzer

MONTROSE-On Feb. 8, 2018, the *Montrose Daily Press* published a legal notice concerning the ongoing effluent issues arising from Texas resident Ira Goldfarb's Star Chicken plant, located on Launa Drive in Montrose. The company received notice in December that it was found to have significant storm drain violations including fecal coliform.

A public hearing will be held at the Montrose Wastewater Treatment Plant (3315 North Townsend Avenue) at 10 a.m. on March 15 to finalize the City's new, revised discharge authorization order regarding Star Chicken.

The draft discharge authorization order outlines proposed guidelines for wastewater effluent discharge limitations and monitoring.

Comments or questions must be received from the public by March 12; send them to Michael Norris, Wastewater Treatment Plant, Post Office Box 790, Montrose CO 81402.

BACKGROUND: On Wednesday, Dec. 27, 2017, a legal notice ran in the *Montrose Daily Press* entitled, Pre-Treatment Violations Public Notice.

The company in question was Star Chicken, located at 1850 Launa Drive. Star Chicken Company, a limited liability company, was formed by Ira Goldfarb, the Texas-based owner of the Prairie Dog Treats Factory located on West Main Street in Montrose..

The Dec. 27 notice read: "Notice is hereby given that the following industries have been in significant Non-Compliance of the City of Montrose Sewer System for Technical Review Criteria Pursuant to 40 CFR 403.8 (vii)...Violation of Discharge Authorization Order exceeding effluent limits for 3rd quarter reporting: Ammonia, BOD5, Fecal Coliform and total suspended solids."

Samples were collected Sept. 5, Sept. 25, and Dec. 13, 2017. The legal notice also stated that a required slug control plan for Star Chicken had not been submitted. When reached in Texas for comment in December, Goldfarb claimed to be unaware of the legal notice concerning fecal coliform and other pollutants.

When asked if he intended to clean up the area around the Prairie Dog Treats factory, which close neighbors have accused of ruining property values and lives, Goldfarb hung up.

In 2015, the *Montrose Mirror* reported that Minutes from the Montrose City Council meeting of Nov. 5, 2012, reflected that initially the City's request for a change of zoning from B-2 to B-2A of the 12,000 sf property (now the location of Prairie Dog Treats) owned by Nevada Corporation B.I.G. Main Street Properties, LLC, was denied by Council after the City's



Texas businessman Ira Goldfarb, above, owns the Prairie Dog Treats and Star Chicken companies in Montrose. A public hearing will be held on revised effluent standards for Star Chicken on March 15. Mirror file photo.

Planning Commission recommended denial. It was noted at the time that adjacent neighbors had registered concerns.

Despite the initial denial, however, the minutes of the Jan. 2, 2013 City Council meeting show that Council, which at the time consisted of Bob Nicholson, Kathy Ellis, Thomas Smits, Judy Ann Files and Carol McDermott, were asked to approve Ordinance 2313, amending the zoning district designation for the 146 West Main property from B2, Highway Commercial District, to B2A, regional commercial district.

After a motion was made by Kathy Ellis and second by Carol McDermott, Council approved the request.

Get your news feed on. The Mirror Our stories have bite.



VISTA CHARTER SCHOOL GOVERNMENT STUDENTS GET REAL LIFE CIVIC EXPERIENCE



A Vista Charter School government student steps into the Montrose County Board room for the BOCC meeting on Feb. 7. Mirror staff photos.

By Caitlin Switzer

MONTROSE-For 13 years, Sherri Evans has been accompanying a small group of teens to the regular meetings of the Montrose Board of County Commissioners (BOCC) and she could not be happier about the experience.

As a para-professional at Vista Charter School, Evans is officially responsible for attendance. However, her regular duties also include taking the school's government class students to the required courtroom and county meeting experiences. "When we first set the class up, they thought it was Important that the students actually go to meetings and see what happens," Evans said. "The students do classroom work, but they also have to



Sherri Evans and a group of Vista Students listen to the annual presentation of information by the Colorado Department of Transportation (CDOT) last Wednesday.

attend a government meeting and a court session, and they must write a letter to their congressman."

The goal is to build well-rounded young adults who understand civic life and the serious responsibilities that come along with it. Still, "They really kind of enjoy the commissioner meetings," Evans said. "Most of these kids have already been to court, whether with a friend or on their own. When we get in the car after a commissioner meeting, they say things like, 'oh my gosh this is exciting!' They like it when people have discussions; a couple of kids have asked me, 'how old you have to be to be a commissioner?""

Students must pay attention, and fill out a form after attending the meeting. Though county officials have invited the Vista government class to attend work sessions, the regular BOCC meetings are usually the right length of time for students to be away from school, Evans noted.

And there are limits on 'class size.' "I can take about four or five of them," Evans said, noting, "One year, a boy fell asleep in court—and Judge Brown stopped the proceedings until he woke up."



FEDERAL AGENCIES RAID SUNSET MESA FUNERAL DIRECTORS





An early morning Federal raid stretched on throughout the day at Sunset Mesa Funeral Directors on Merchant Drive last Tuesday. Photos by Gail Marvel.



Mirror staff report

MONTROSE-Following a Federal raid on the Sunset Mesa Funeral Directors facility on Merchant Drive on Tuesday, Feb. 6, Montrose County Coroner Dr. Thomas M. Canfield sent a letter, also dated Feb. 6, to Sunset Mesa owner Megan Hess. Canfield wrote, "Dear Ms. Hess: It has come to my attention that your business is being investigated by state and/or federal agencies. I further understand that you are not available on cell phone at this time. I feel that as a matter of public trust I must suspend Sunset Mesa in the rotation of calls to mortuaries as is customary in my office. Please advise me when any final reports or conclusions are available, and you are eligible again for the rotation."

The Federal raid followed <u>a report</u> on the business practices of the Sunset Mesa Funeral Directors and its related body parts business, released by the <u>Reuters news service</u> last month.





Making sure readers don't bury their heads in the sand.

OPINION/EDITORIAL: COMMENTARY

AND NOW, THE REST OF THE STORY!

The recent 2018 Community Forecast Breakfast presented by the Montrose Daily Press, Bank of Colorado and TEI Rock Drills was a tremendous success. The food was delicious (Camp Robber), the venue (Pavilion) was outstanding and the panels and speakers were relevant, knowledgeable and all champions of a positive future for Montrose. It was indeed time well spent. We learned of the awesome possibilities of the Rec Center, the county Event Center, new and expanding businesses and out of state hunters and fisher persons. New residents, new businesses and unlimited opportunities for a bright and prosperous future were all presented with glowing accolades.

However, like every pancake, there is another side. More people places additional stress on our infrastructure, particularly our roads. We have an increasing problem today with opioid addiction, illicit

drugs, mental illness and an influx of homeless, jobless transients. These will all increase with future influxes of people and businesses which are being sought as the Holy Grail of the future. Indeed, with the influx of more non-resident hunters and the P & W's pursuit of revenues, local sportsmen now pay the price of having to wait years to hunt in their home areas where they have lived and worked for decades. Even more critical is an everincreasing incidence of crime. 107 vehicles were stolen in Montrose last year (an 81% increase), commercial burglaries rose 100% (76/38) and Juvenile felony arrests rose 213% (25/8). While some crimes decreased, the calls for service for the MPD rose 1% (24,947 individual requests). Significantly increased law enforcement personnel and facilities will be required in the future just as much, if not more, than improved roads, enhanced medical facilities

and expanded Mental Health services.

From all appearances, current city and county administrations and managers are doing an exceptional job of balancing the needs of our present residents and visitors alike. This piece is not a foreboding of our becoming a "Paradise Lost" but a reminder that every pancake has two sides. The quest for new residents, new businesses and more visitors always has unintended consequences. Montrose and the surrounding region still remain one of the finest places to live and work in this entire nation.

It is only hoped that community leaders will always consider not only the benefits of expansion but balance those with the detriments to those existing residents and businesses who already make Montrose and this region their home. John W. Nelson, Montrose

REGIONAL NEWS BRIEFS

CELEBRATE LOVE WITH NICENESS FEBRUARY 16 AT THE SHERBINO THEATER

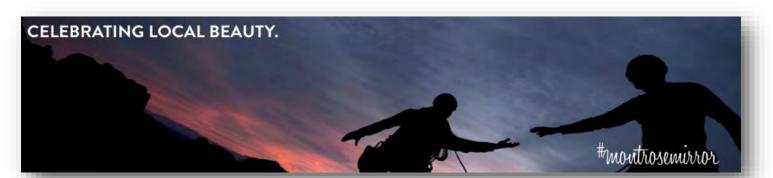
Special to the Mirror

RIDGWAY-Sherbino THeater invites you to an evening of dancing at their Valentine's weekend show with local favorite Niceness.

Hailing from Telluride, Colorado, Niceness is a positively grounded roots reggae band blending a mix of soulful reggae, dancehall, latin, hip hop and funk. With a strong foundation of musicians, Tom Mann on bass, Michael Gomberg on drums, David Christeson on the keys, Dustin Wilson on guitar and Jonathan Barfield on percussion, the musical sense and rhythm is solid allowing for the vocal melodies of Koral Delatierra to sweep you away into the niceness that is abounding all around us. "Our goal as a band is to spread positive vibrations with our music, sharing words of wisdom and gratitude to inspire and empower our fellow brothers and sisters to know thyself and to stand in truth and love," says the band.

Dance the night away with Niceness on February 16th at Sherbino Theater (604 Clinton St.) in Ridgway.

Doors open at 7:30pm and music begins around 8:00 pm. \$10 at the door. For more information, go to <u>sherbino.org</u> or call 970-318-0150.





LEARN MIXED MEDIA PAINTING WITH KELLIE DAY @ MONTROSE FIELD HOUSE

Special to Art & Sol

MONTROSE-On March 3, Weehawken Creative Arts and Golden Art instructor Kellie Day invite you to "learn to make colorful, upbeat mixed media paintings – even if you've never painted before!"

"Both experienced artists and newbies will enjoy this free-flowing exploration of painting," says Kellie Day.

"Students will collage an artful base layer onto canvas, and then learn to create a loose composition on top. Learn to build up fun layers in your painting, that combine glorious paint colors with collage. We'll use scraping and scratching tools to let loose our designs into the paint. Then continue to use the intuitive process to choose decorative papers as accents. Once our paintings are dry, we'll embellish with rubber stamps, pastels and metallic paint markers. Explore your creativity, and letting go – letting go of how the subject should look, and simply following what you find beautiful as stepping stones. One by one, we'll choose bits of beautiful papers and paints that lead to a final painting. This class is about trust, love, and personal, creative exploration. 'Letting Loose' is about letting go of preconceived

notions of what things should look like and finding unexpected beauty."

Golden Art Educator Kellie Day will be teaching this class. Though an accomplished artist, Day started painting seriously when she was 40.

Her artistic medium is mixed media on canvas.

"I love losing myself in collage, and then sketching an image on top, and then painting over that. I take out all my energy with large, cheap paint brushes or rubber squeegees, and move acrylic paint across my many layers," said Day.

"I like how my collage always ends up peeking through the painting. You never know what you might find. It could be a sufi poem, or a saucy romance novel." Day has evolved to be an accomplished mixed media artist who is know for her notecards that are sold at Trader Joe's.

When she's not painting, she is raising her son and two rescue dogs and running her graphic design business, Dayzign Graphics, in Ridgway, Colorado.

"Letting Loose in Mixed Media" with Kellie Day will run 10 am to 3 pm at MRD Field House (25 Colorado Ave.). Reg-



Courtesy image Kellie Day.

istration is \$90 and includes all materials. Class size is limited and does require a minimum number of registrations by February in order to run, so students are encouraged to register in advance through Weehawken Creative Arts

at <u>www.weehawkenarts.org</u> (adult arts classes tab) or by calling Weehawken at <u>970.318.0150</u>. More details area available

at <u>www.weehawkenarts.org</u> or <u>facebook.c</u> <u>om/weehawkenarts</u>.

COMMUNITY NEWS BRIEFS

WEEHAWKEN TO OFFER MULTIPLE YOUTH AND ADULT ART CLASSES WITH ANN CHEEKS STARTING FEBRUARY 19 IN MONTROSE

Special to Art & Sol

MONTROSE-Weehawken Creative Arts is excited to be offering three separate art offerings in Montrose during the month of February, all taught by instructor Ann Cheeks.

On Feb. 19 & 20 from 9 am to noon, Ann will offer "No School Art in the AM." Ann invites youth to "enjoy a morning of art on no-school days this winter." "Kids love art and the creative spirit it allows them to explore. The opportunity to imagine, create and learn is an undeniable benefit to their growth and development. Our no school day art classes allow the ability to foster and flourish in a wonderfully creative and supportive environment. Students will learn mixed media, acrylic painting, and sculpting in a fun three-hour morning session. Every class will have a different approach and opportunity to get creative!" says Ann. This class is open to ages 9-14 and will run Feb. 19 & 20, as well as March 9 & 12. Registration for each day is \$35 per student and includes

all materials.

Beginning Feb. 21, from 1-3 pm, Ann offers an adult art series, "Introduction to Acrylics." "Intimidated by the thought of painting? Let it go! This is a laid-back beginner acrylic painting class where you'll learn the basics. We will spend a little time on composition, color, technique and lot of time painting from life as much as possible," invites Ann Cheeks. Ann will provide basic technique and instruction in a supportive and encouraging environment. This series is open to adults and will run on Wednesdays Feb. 21-March 14. Registration is \$120 per student and includes all materials.

Also beginning on Feb. 21, Ann offers her first session of "Art Explorations" youth art series. Students will learn the basics of acrylics in the first session, and sculpting in the second. They will build on their skills over four-week sessions with teaching artist Ann Cheeks. Tuition is \$100 per session, or \$175 for both sessions. The acrylic session runs Feb. 21-March 14 on Wednesdays, and the sculpting session runs March 21-April 11 on Wednesdays. This program is open to ages 9-14. Tuition is \$100 per session or \$175 for both sessions.

Ann Cheeks is an artist and art teacher with 10+ years of teaching art. Before moving to town, Ann worked as an art teacher both privately and in a middle school in Virginia to children aged seven to adults. In addition, she and a partner founded and have run an art/nature camp since 2003. Her personal work is in private and corporate collections and can be seen at <u>www.anncheeks.com</u>.

All classes will be held at MRD Field House at 25 Colorado Ave. in Montrose. There is a student minimum pre-enrolled to make each class "go", so preregistration is highly encouraged. For more information, visit Weehawken Creative Arts at <u>www.weehawkenarts.org</u> or visit facebook at <u>facebook.com/</u> <u>weehawkenarts</u> - or call them at <u>970.318.0150</u>.

KAFM RADIO WELCOMES THE TWO TRACKS MARCH 11

Special to Art & Sol

GRAND JUNCTION-The Radio Room proudly presents The Two Tracks, on Sunday March 11, beginning at 7:30 p.m. Two Tracks features Julie Szewc on vocals and acoustic guitar, David Huebner on cello and electric guitar, Fred Serna on drums and percussion, and Aaron Ashear on bass. From rock to country, bluegrass to folk, the music helps define the sound of superbly crafted, fully assertive Americana. Their harmony-rich songs often add cello to a solid groove, creating a unique ambiance that's all their own. Throw in a

journeyman's attitude and a penchant for affecting storytelling, and here again, The Two Tracks create a sound that typifies a style birthed in the heartland, with all the sentiment and sensitivity that does justice to that timeless sound.

Tickets are \$15 in advance and \$18 at the door and may be purchased by calling (970) 241-8801, or online at www.kafmradio.org.

The Radio Room is located at 1310 Ute Avenue, Grand Junction, CO 81501. Doors open at 6:30p.m.



The Two Tracks. Courtesy photo.

Aligning ourselves with the most admired name in business is just the beginning.

Montrose Real Estate Group is proud to announce that soon we will have a new name: Berkshire Hathaway HomeServices Montrose Real Estate Group.

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Same local ownership. Same team. Just a new name!

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COMMUNITY NEWS BRIEFS: EDUCATION

COLUMBINE MIDDLE SCHOOL INVITED TO APPLE GLOBAL SUMMIT

Special to Art & Sol

MONTROSE – Columbine Middle School will represent Montrose County School District RE-1J at the Apple Global Summit this May in Chicago, Illinois. At this summit they will meet other schools and leaders from across the world. MCSD is the only district in Colorado to have a school selected to attend this event, and they are one out of only 36 US schools invited to attend. All of the rest are from across the world. Some statistics to share – there are 400 Distinguished Schools out of the tens of thousands that apply. From that pool of schools, only the best are invited to attend the global summit.

LOCAL STUDENTS NAMED TO DEAN'S LIST AT FORT LEWIS

Special to Art & Sol

BERKSHIRE

HATHAWAY

HomeServices

Montrose

Real Estate Group

Good to know:

DURANGO-- Nearly 500 students were named to Fort Lewis College's Dean's List for the Fall 2017 semester. These students took at least 15 credits of gradable hours and achieved a 3.60 or higher grade point average.

Brayden Reese of Montrose; Reese's major is Accounting.

Caitlin McKinney of Montrose; McKinney's major is Biology.

Sierra Vigil of Montrose; Vigil's major is Biology. Matthew Cascia of Montrose; Cascia's major is Business Administration.

Kyle VanBrunschot of Montrose; VanBrunschot's major is Economics.

Elise Hill of Montrose; Hill's major is Business Administration.

Danielle Hauger of Montrose; Hauger's major is Educational Studies.

Paige Ready of Montrose; Ready's major is Sociology.





go to www.weehawkenarts.org or call (970) 318-0150



COMMUNITY NEWS BRIEFS

JORDYN PEPPER BRINGS 'TAKE ME TO THE MOUNTAINS' TOUR TO MONTROSE



Jordyn Pepper. Courtesy photo.

Special to Art & Sol

MONTROSE- Healthy Rhythm Music Presents Howlin' Dog Records artist "Jordyn Pepper: Live at Healthy Rhythm Community Art Gallery" for one night of original Country and Americana music • Saturday evening, Feb. 24th, in the Gallery's intimate Listening Room at historic Sampler Square in Montrose, Colorado!

"Jordyn Pepper is an extremely talented singer-songwriter that Healthy Rhythm Music is proud to add to its catalogue of national and international musicians, stated gallery owner Ken Vail." Vail said, "Just listen to her! All Jordyn has to do is open her mouth and begin to sing and you know you're in for a special treat. She is definitely a tour bus act waiting to happen."

If this show is sold out, a portion of the concert proceeds will go to the family of five-year-old brain cancer survivor Emily Reiss to help with medical expenses. JORDYN PEPPER

She is the perfect blend of organic, deepmountain roots, folk (with a little splash of soft blues), rock and country. Put it all together and you have the makings of an Americana artist. Her name is Jordyn Pepper, and she has something to sing about. Recently signed to Howlin' Dog Records, Jordyn recently released her freshman album "Mountain Rain." Her first single, "Back to My Roots," was released earlier in 2017 followed by her second single, "1862." This Nashville-based singersongwriter is described by many as a breath of fresh air, with crystal-clear vocals and a uniqueness that says, "That's Jordyn Pepper."

Don Richmond, engineer/producer at Howlin' Dog Records says, "We here at Howlin' Dog hear shades of Loretta Lynn, Natalie Maines, Stevie Nicks and others in the lineage of great female singers, but most of all we hear Jordyn Pepper, weaving all these threads into a seamless expression of a young woman venturing out into the world."

Originally from Monte Vista, Colorado, Jordyn says growing up in a small town on a potato and barley farm with not much music influence was hard for a girl trying to find her voice.

"I'd sing as much as I could, whether in church, driving tractors in the fields or in my room with a hairbrush," she said. "I'd sing all the time! My mom would always say, 'I hear a diamond in the rough,' when I was singing."

In her early years, Jordyn was influenced by country music, mainly because that was the only radio station in her small town. Her favorite group back then was the Dixie Chicks; which you can hear a little weave of their influence in some of the music she writes today.

Since moving to Nashville (and just plain growing up), she became more influenced by other groups and singer/songwriters, such as Fleetwood Mac, Stevie Nicks, Patty Griffin, John Butler Trio, Led Zeppelin, and Mindy Smith.

You can hear a little of each of these artists — with her own twist on them — in her songs.

One of the highlights of Jordyn's career was winning two years back to back the 2016 and 2017 Josie Music Awards for Individual Vocalist of the Year for Folk/ Americana/Bluegrass.

Jordyn's been hitting the road hard to promote her album "Mountain Rain." She's having a blast meeting new faces and seeing great places.

Her tour continues, as she is busy planning national dates for 2018. So, come in and join the fun! Find out why she plays her shows barefoot.

Advance Studio GA and Main Gallery Reserved Seats are \$10 and \$15 at the Gallery. Online purchase is available at <u>www.healthyrhythm.net</u>. Space is limited to 50 concertgoers. Advance purchase is recommended.

This is a ticketless show. Doors open at 6:30 p.m. Show starts at 7 p.m. Street and rear lot parking are available. Admission is \$2 more Day of Show.

Healthy Rhythm Music is a creative arm of Healthy Rhythm Consulting.

The mission is to Identify, Manage, Enhance, and Promote Independent Artists and Bands who have a deep commitment to a career in music.

The Gallery and Listening Room are located at 68 South Grand Avenue in Montrose, Colorado.



Give Back Days

At Mi Mexico Mexican Restaurant Come enjoy a delicious meal and we'll donate 20% * of your total check to a local non-profit.

Every Wednesday...Every Month...All Day (11 am - 10 pm) Over 200 entrees to choose from! 1st Wednesday: The Homestead at Montrose 2nd Wednesday: All Points Transit 3rd Wednesday: Black Canyon Boys & Girls Club 4th Wednesday: Valley Manor Care Center 5th Wednesday: Community Options Inc. (Note: 5th Wed dates are: Mar. 29, May 31, Aug. 30, Nov 29th, 2017)

> After dining, attach the coupon to the bill and deposit it in the box labeled "Give Back Days." 20% of your total bill will be donated to the designated charity.

SUPPORTING IS NOW DELICIOUSLY REWARDING.



Mi Mexico Restaurant 1706 E Main St (Hwy 50) Montrose, CO 81401 (970) 252-1000 (970) 252-1111 Fax





Well, Faith and Begorrah! Ouray has an Irish pub that dishes out not just Guinness and other Irish brews, but some authentic Irish grub.

This I know, because my name is McKelvey.

So, my friend Michael and I decided to see just how authentic O'Brien's is. It is a fun place, with Irish beer signs everywhere and dart boards in the back. The bartender – who also turned out to be our server – didn't have an accent, but he dressed the part.

This place even has Bangers & Mash (pub -made sausages served with homemade mashed potatoes, Irish cheddar and Guinness gravy) for \$12. Other Pub Specialties: Corned Beef & Cabbage (slow roasted Kobe beef brisket sautéed with cabbage and served with red potatoes), \$13; Homemade Shepherd's Pie (a meal of seasoned chunks of lamb simmered with vegetables in a traditional brown gravy and topped with mashed potatoes and Irish cheddar) for \$12; then you get into higher ground with Grilled Salmon, \$19; Steak Frites (flat iron steak served with French fries and Guinness gravy) \$19 and Fish & Chips, \$16.

Now, Corned Beef & Cabbage is my alltime favorite Irish dish. In fact, I'm known to make a pretty mean dish of this traditional supper sometime near St. Patrick's Day – however, mine is always a flat-cut corned beef simmered for hours with a real mix of winter vegetables, here at the pub I was not disappointed with the dish, but wished it had included onions, carrots, beets and turnips. You'll have to do with the corned beef, cabbage and potatoes however, and it is tasty. Now, this is a bar, so you get little packets of horseradish sauce if you want some.

Michael and I decided to share a glass of Guinness, as I'm not so hot on beer and he can't drink a full glass without falling asleep. It was good.

He decided to go with a Classic Reuben sandwich (corned beef layered with swiss, sauerkraut and thousand island dressing on marbled rye bread, \$12, with a side of sweet potato tots; other sandwiches run from \$11-13. Nice!

Specials included salads from \$7–8, including an Irish Caesar salad with romaine, grated Irish cheddar and croutons tossed in house-made Irish dressing and a wedge salad of iceberg with bacon and blue cheese crumbles for \$9. Soups, including a Guinness

O'BRIEN'S SERVES UP

IRISH TO WARM UP OURAY



beef stew, run from \$4.50-\$6. There is, of course, a Darby O'Gill burger at \$14 and other burger choices, including a vegetarian black bean, from \$11-12.

You can also get wings, spicy Leprechaun balls (new potatoes tossed in spicy wing sauce and crumbled blue cheese), chicken O tenders, Irish egg rolls, onion rings and fresh pickles fried, or dirty fries covered in gravy and cheddar from \$8-10.

Kids? They can eat here from \$7-8. Kidfriendly choices are fish & chips, grilled cheese, and chicken tenders.

Tonight, we didn't forget sweets and had homemade bread pudding topped with pub-made caramel pecan whiskey sauce, delish. Could also have had peach cobbler or chocolate chip cake. Desserts are \$8.

They also have a list of Irish "warmers" to top it off if you like.

O'Brien's Pub is located on Main Street in Ouray. Call 970-325-4386

COMMUNITY NEWS BRIEFS

SCHOLARSHIPS AVAILABLE TO HELP STUDENTS COMPLETE THEIR EDUCATION GOODHART SCHOLARSHIP OFFERS FINANCIAL ASSISTANCE FOR OLDER STUDENTS RE-ENTERING COLLEGE

Special to art & Sol

REGIONAL-The Western Colorado Community Foundation (WCCF) is now accepting applications for the Lew Goodhart Memorial Scholarship. The scholarship is awarded to "nontraditional students", defined as adult students age 22 and older or a re-entry student. Enrollment in a Colorado educational facility is required and preference will be given to residents of Colorado's Western Slope who are attending a Western Slope institution of higher education.

The application deadline is March 15, 2018. Up to two non-renewable scholarships of \$1,000 will be awarded and are available through the online application at <u>www.wc-cf.org\students\available -scholarships</u>, along with all eligibility details. For more information, call Cecile Aday at 970-243-3767.

The Western Colorado Community Foundation serves seven counties in western Colorado, managing charitable funds for community good. The Community Foundation and its regional affiliates manage \$70 million in total endowed fund assets and awards over \$700,000 in scholarships annually.

NOTES FOR THE JOURNEY...

SO WHAT EXACTLY DOES HEMIOLA MEAN?

The music theory topic for this week is a simple definition of a funny sounding word. Once the definition is in your head it will seem simple until you start thinking about it a little bit more...when it then takes the shape of an M.C. Escher drawing. Something that seems okay at first glance but after a bit of time becomes a bit confusing and more than a little odd. The word is HEMIOLA, which has two definitions. The first in regard to pitch and the last in regard to musical time within a measure of music. A Hemiola is a ratio of 3:2 or the length between two strings that make the sound of a perfect 5th. i.e. C-G. Hemiola as interval is going to be passed by since we have dealt deeply with intervals over the course of the last two weeks. In regards to time, the definition provided by the Harvard Dictionary of Music is "the use of three notes of equal value in the time normally occupied by two notes of equal value." (Ed. Randel, p. 376) To help with this concept, think of yourself walking down the street with a friend. You have a bad case of obsessive-compulsive disorder and you are compelled to be in perfect synchronization with the steps and gait of your friend. Their left foot must go forward at the same time as your left foot. You look down to see that things are all out of whack so you do a weird little shuffle with your feet to get things properly aligned. This is one way to think of Hemiola. A movement or change within a pace that can give the appearance, or in the case of music, the sound of two steps when there are actually three.

The best musical example of Hemiola is the song "America" from the Broadway musical *West Side Story* by Leonard Bernstein. Without having the benefit of musical notation, a description will be attempted with words and numbers only. Throughout the song there is a catchy rhythm that gets deep into your ear, starts to wiggle around, and remains for a good long while. The numbers close together

represent eighth notes in the pattern of a triplet. A triplet is three notes that represent three notes in 6/8 time but which is often counted in two. So, instead of 123 456 each group is 1 2. These eighth note triplet patters are immediately followed by three quarter notes in a row 1 2 3. In the space of two musical measures we have gone from a count of 2 beats to a count of 3 beats without changing the actual format of the time signature. This is Hemiola at its purest form. 123 456\1 2 3\123 456\1 2 3. Find a recording of "America" online and listen for yourself. It is very obvious and very easy to hear and understand. Often, Hemiola is not so obvious and is much more subtle and difficult to hear. J.S Bach was a master at this technique but its use was in the background and often vanished before the listener knew what had just happened. Leonard Bernstein brings Hemiola to the forefront of the music and slaps you in the face with its use and structure.

COMMUNITY NEWS BRIEFS

MONTROSE COUNTY HISTORICAL SOCIETY HOSTS 7TH ANNUAL PIONEER SOCIAL

Special to Art & Sol

MONTROSE-Save the date for the Montrose County Historical Society Seventh Annual "Pioneer Social," featuring the "Westesen Family." This Olathe family has been in the area since the 1903, and the program will include other area farming families. Please join us at the United Methodist Church, (19 South Park, Montrose), on Feb. 17, 2018. The Social program will begin at 2 pm. Donations will be taken at the door, and everyone is invited. For more information please call Sally at 249-2085.

The Mirror: many views, one newspaper.

COMMUNITY NEWS BRIEFS

MHS ANNOUNCES FEBRUARY DIVISION AWARD WINNERS



Special to the Mirror **MONTROSE-**Pictured are the students who were honored for the February MHS Division Awards: L-R Alexandra Camacho, Lily Dunne, Adrianna Boozell, Jenna McGeHee, Chante Valencia, Yaraby Arellano, Maria Alanis, Luzelena Huizar-Martinez, Andrew **Deisig and Joseph** Young.



Up Bear Creek by Art Goodtimes

Dealing with our own native holocaust



Full moon (photo by Sue Williamson).

UTE HEALING ... I got a call from a Tribal Chair from a small California tribe the other day. He lives a few miles from where I grew up, so I'd reached out to him to tell about my work with the Ute people here to try and move towards reconciliation apologies made, apologies accepted, some attempts at restitution and finally, one would hope, mutual reconciliation. That's a process that is actively underway in Canada, although the recent acquittal of a farmer for killing an unarmed Cree man by an all-non-native jury has thrown that country into an uproar ... The California native leader told me he was not a fan of reconciliation. The Euro-Americans he noted had only worked to extirpate indigenous people in that state. First, with the Spanish missions, which functioned as concentration camps where hundreds of thousands of native people died from new diseases. And later with the American mining influx, where many tribes and villages were wiped out in ruthless massacres ... He said he's working towards healing, not reconciliation ... That was a sobering thought. I would have thought that "liberal" California was further along in recognizing the indigenous genocide and working towards some kind of reconciliation or healing. But from talking to the California tribal chair, that doesn't seem to be the case. America continues to suffer from indigenous amnesia when it comes to owning up to the native genocide perpetrated in this country, even as

we give lip service to the horror of the Jewish and Armenian genocides ... None of us living were involved in America's shameful genocidal history, but as a people we continue to use inappropriate mascots (as Montrose High School continues to do) and to appropriate cultural traditions ("native" sweats and vision quests led by non-natives) ... The wonderful National Museum of the American Indian in D.C. has a new show "Americans" that would be an eye-opener to see. As the New Yorker noted last month, "Spectacularly installed, in a grand hall, are hundreds of Indian-themed artifacts, from movie posters, toys and commercial and sports-team logos to weaponry (a Tomahawk missile, on loan from the Smithsonian Air and Space Museum, intimidates overhead) ... Other sections unpack the legends of Pocahontas, the first Thanksgiving, the Trail of Tears, and the Battle of the Little Bighorn" ... While our treatment of the First Americans was shameful (and continues to be a teetertotter between benign neglect and racist hostility), indigenous images permeate popular culture, for good and bad. As the American Indian Movement demanded in 13004 [2004 CE], the D.C. museum should "forever be named and referred to as the National Holocaust Museum of the American Indian" ... Clearly, healing is needed. To that end, San Miguel County has started bringing Native-American speakers, like Ute Indian Tribal Leader Shaun Cha-



Photo montage of indigenous Bears Ears spokespersons (courtesy photo) /

poose of Utah and Regina Lopez-Whiteskunk of the Ute Indian Museum to town for talks to help educate local citizens about Ute issues. The Telluride Institute, with the help of the Telluride Ski Area and Telluride Sports, has also begun hosting free ski days for Ute youth from the Ute Mountain and Southern Ute Tribes here in Colorado ... Maybe healing is a better term than reconcil-

iation. We need to heal a great many wounds. Not to shame or blame, but to recognize and then move on as neighbors and fellow citizens, understanding the special status of indigenous people in this nation and honoring the rights, land and treaty obligations that are still owed them ... It would be good if citizens of other towns and counties started figuring out their own ways of working towards a healing of the Indigenous Holocaust that led to our now occupying this beautiful country.

HIGH COUNTY NEWS ... Housing is an issue for everyone, as the Great Downturn threw the market and the financing of homes into chaos in this country. But Julian Brave NoiseCat in the most recent issue of the High County News does a great job humanizing the housing crisis for urban as well as tribal Indians ... It's wonderful to see the Paonia-based news magazine for people who care about the West using skilled native writers to take us deep into Native-American issues. As Publisher Paul Larmer notes, "The problem is especially acute for our country's more than 5 million Native Americans, 70 percent of whom live in urban areas ... [T]he struggle to find adequate housing, whether in Oakland, California, or on the Navajo Nation, is an intergenerational one whose roots go deep into the country's troubled relationship with its Indigenous people" ... Get a copy. Highly recommended.

Continued next pa

Up Bear Creek by Art Goodtimes

WHILE MAKING RAW DESSERT BARS ... A glass jar of chickpeas spontaneously fell off my shelf, scattering glass splinters and dried beans haphazardly across my kitchen floor ... Sparkling shards of glass glinted like diamonds in the floor cracks, while little round garbanzos rolled their way under cupboards and behind chairs ... I wonder why they fell? Was it a message that I needed to make hummus? Maybe I'm not getting enough protein and am in need of healthier snacks. Maybe the chickpeas were tired of being confined, just pretty pebbles unused in a delicate jar ... Or maybe I needed a reminder that things break, unexpected messes happen, and I'm capable of cleaning up and moving on ... -Kyra Kopestonsky, Fall Creek

THE TALKING GOURD

Reflected

Among the Esselen of California Moon was honored as *tomanis ashi*

"night sun" or "night's ray of light" which oddly enough, or maybe

with deepest insight, according to the latest physics, it really is



COMMUNITY NEWS BRIEFS ICONIC GALICIAN VOCALIST & BRAZILIAN INSTRUMENTALIST TO PERFORM ON FEB. 18

Special to Art & Sol

OURAY-Uxía Senlle, one of the most respected and influential vocalists from Galicia, Spain will be accompanied on guitar by Sérgio Tannus, considered one of the most accomplished multi-instrumental artists of the Brazilian musical world. The concert will be on Sunday, Feb. 18 at the Wright Opera House in Ouray. Music featured will be some of Senlle's most emblematic songs, including poems by Galician writers and adaptations of traditional Alalas, the oldest and best–known form of Galician music.

After 30 years, Senlle is regarded as the grande dame of Galician music. Her powerful, earthy vocals have renewed the Galician traditional folk music with her own personal flair. Her career began in 1985 when she won the Bergantiños Festival. She has since published 12 albums and received numerous international awards. She is also the artistic director and an alumna of the International Lusophone

Festival.

Tannus, a self-taught musician, is skilled in playing a range of different instruments, such as guitars, violões, bass, cavaquinho, bandolín and percussion. His personal style has been developed in the quest for new sounds, without forgetting his Brazilian roots. He has shared the stage with many prominent artists, both as an accompanying musician and also as a producer. Tickets are \$20 for adults and \$5 for

students (under 18 years old) and may be purchased in advance at <u>www.ocpag.org</u>, or at the door (if still available). The Wright Opera House, a historic music and theater hall since 1888, is located at 472 Main Street in Ouray. The performance

Uxía Senlle, considered one of the most accomplished multiinstrumental artists of the Brazilian musical world, will perform on Sunday, Feb. 18 at the Wright Opera House in Ouray. Courtesy photo.

will begin at 3:00 p.m. A cash bar will be available. This event is sponsored by the Ouray County Performing Arts Guild, a not -for-profit organization bringing quality events on music, dance, theater and other genres to Ouray County.

KARL DENSON'S TINY UNIVERSE RETURNS FOR TWO NIGHTS AT TELLURIDE'S CLUB RED

Special to Art & Sol

TELLURIDE-Beyond the Groove and Club Red are pleased to announce the return of Karl Denson's Tiny Universe (KDTU) for two nights on February 17-18 at Club Red.

Karl Denson is fresh off The Rolling Stones' No Filter tour of Europe where he performed across the continent in his ongoing role as a tenor saxophonist with the legendary rock band. He wastes no time, however, getting back on the road with his band, Karl Denson's Tiny Universe, for a string of tour dates around the U.S. Highly regarded as one of the best live bands on the planet, KDTU will be showcasing mate-

rial from their long-awaited forthcoming studio album, as well as previous acclaimed KDTU recordings like 'New Ammo' and 'The Bridge.'

The current KDTU touring lineup is comprised of Richmond guitarist DJ Williams, former drummer of The Greyboy Allstars, Zak Najor and current bassist Chris Stillwell also of The Greyboy Allstars, Crush Effects' keyboardist David Veith, Seattle trumpeter Chris Littlefield and ace slide and lap steel guitarist Seth Freeman.

The show is open to all ages, with doors opening at 7:30 p.m. and the show starting at 8 p.m. Tickets are \$35 for general admission with preferred seating tickets available at \$45 for reserved tables and \$55 for reserved platform seating. Recently named by Skiing Magazine as one of ski country's best concert venues, Club Red aims to bring a wide variety of crowd-pleasing entertainers to Mountain Village.

With the region serving as a hotbed for national touring acts, Club Red adds another layer as an intimate music venue where guests can get up close and personal with the musicians. For more information or to purchase tickets, visit clubredtelluride.com.

COMMUNITY NEWS BRIEFS

WESTERN COLORADO HEARING & BALANCE WELCOMES NEW AUDIOLOGIST



Dr. Jillian Barney. Courtesy photo.

a Colorado native and is happy to be back in Colorado plete her clinical residency at the Denver helping people hear to their best potential. She will be seeing patients at the Western Colorado Hearing and Balance

ceptional

cialists.

hearing spe-

clinics in Gunnison, Montrose, and Delta. "It's so great to be home and doing what GRAND JUNC- I love. Personal connection is so im-TION-Western portant in life. I enjoy connecting with each one of my patients to help them communicate more effectively and in turn maintain personal connection in life with greater ease," says Dr. Jillian Barney.

Dr. Barney attended the University of Colorado, Boulder, graduating with a degree in Psychology and Speech, Language, and Hearing Sciences. Following her undergraduate she traveled east to Gallaudet University in Washington D.C. where she completed a masters and doctorate in media interview with Dr. Barney, please Dr. Barney is audiology.

> She returned to her home state to com-VA Hospital.

Dr. Barney is a Fellow of the American Academy of Audiology and Colorado

Academy of Audiology.

"We are very pleased to have someone with such a high caliber of training and expertise on our team. She is a great fit for our office and I know will be an incredible asset for the communities we serve," says Jennifer Bebee, Au.D., owner of Western Colorado Hearing and Balance.

"It truly is a dream come true to have the honor to do what I love everyday. There are no words to describe the feeling when you help someone achieve better hearing," adds Barney.

For more information or to schedule a contact Keira Bresnahan at 970-250-9052. For more information about the services Western Colorado Hearing and Balance offers, please visit

www.wchearingclinic.com or call (970) 549-4660.

SCHOLARSHIPS AVAILABLE TO HELP STUDENTS COMPLETE THEIR EDUCATION

Special to Art & Sol

GRAND JUNCTION- The Western Colorado Community Foundation (WCCF) is now accepting applications for the Lew Goodhart Memorial Scholarship. The scholarship is awarded to "nontraditional students", defined as adult students age 22 and older or a re-entry student. Enrollment in a Colorado educational facility is required, and preference will be given to residents of Colorado's Western Slope who are attending a Western Slope institution of higher education.

The application deadline is March 15, 2018. Up to two non-renewable scholarships of \$1,000 will be awarded and are available through the online application at www.wc-cf.org\students\available -scholarships, along with all eligibility details. For more information, call Cecile Aday at 970-243-3767.

The Western Colorado Community Foundation serves seven counties in western Colorado, managing charitable funds for community good. The Community Foundation and its regional affiliates manage \$70 million in total endowed fund assets and awards over \$700,000 in scholarships annually.

CITIZENS CLIMATE LOBBY TO HOST FREE MOVIE **SHOWINGS IN MONTROSE, RIDGWAY**

Special to Art & Sol

REGIONAL-Free movie showings! Feb. 24-7pm free movie-Saving Snow Sherbino, Ridgway; Feb. 27-7 Two Rascals Brewing, 147 N 1st Montrose; March 5- 6:30 Montrose Library meeting rm. CitizensClimateLobby.org.

MIRROR IMAGES...PHOTOS BY JEN MCCLANAHAN







Artist Gabrielle Louise performed at the Lark and Sparrow in Montrose on Saturday night.

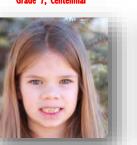




ACADEMIC BOOSTER CLUB (ABC) STUDENTS OF THE MONTH



Brooklynne Gurney, Grade 7, Centennial



Emilie Perfors Grade I, Pomona



Kaitlyn Neubaum Grade 12, MHS



Brooks Blackford Grade 8 Centennial



Eralio Zavala

Kindergarten, Pomona



Grade I, Peak



Grade 7, Olathe



Erin Cooper Grade 12, MHS



Koby Casias Grade 6, Columbine



Eberlyn Legler Grade I, Olathe

Jacky Rodriguez-Perez

Grade 6, Olathe



Ella Browning Grade 4, Cottonwood



aime Maldonado-Flores Grade I, Johnson



Madison Lucero Grade 6, Columbine



Morgan Byard Grade 5, Cottonwood



Grade 2, Olathe



Skai Robinson Grade 4, North Side



Pailin Cooper Grade 2, Oak Grove



Soledad Almanza Grade 11, OHS



Kyleigh Christie

Oak Grove, Grade I

Pedro Ramirez Grade 12, Olathe



Yessenia Guiterrez-Camacho Grade 5, Northside



Grade 7, Peak

22 students will be honored as Students of the Month at a special ceremony to take place Monday, Febr. 12 at 7pm at Northside Elementary School. These students were selected by their schools for their academic achievements. Each school in the District nominated one student for November and one for December. Each year only eight students are nominated from each school; it is quite an honor for these students. Please join us to celebrate their success.





Sage Cimaglo Kindergarten, Johnson





BERKSHIRE HATHAWAY | Montrose Real Estate Group

FOR COMPARISON PURPOSES, THERE'S NO COMPARISON.

Coming February 20th

Hold the Date! Upcoming Business & Cultural Events

ONGOING-

FRIENDSHIP FORCE INTERNATIONAL, non-profit organization, was founded and introduced to the world at a ceremony held at the White House on March 1, 1977. FFI provides opportunities to explore new cultures by bringing people together at the personal level. Friendship Force of western Colorado's regular monthly meetings are scheduled for the 3rd Thursday of the month. Meeting location - Red Cross Training Center, 5th and Gunnison in Grand Junction, 6:15 p.m

THE ALPINE PHOTOGRAPHY CLUB meets every second Tuesday at St. Mary Catholic Church in the St Paul Room, 1855 St Mary's

Drive, Montrose. The Public is welcome to attend. For more information, email <u>alpinephotoclub@aol.com</u>.

FREE JAM SESSION AND SING ALONG, Mondays from 4 to 6 p.m. at the Montrose Senior Center.

MONTROSE HISTORICAL MUSEUM-"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

MONTHLY-

Feb. 13--Alpine Photography Club Meeting., 7 pm at Colorado Mesa University, <u>245 S. Cascade Ave., Room 100</u>. Presentation: Panoramic Images By Vince Farnsworth. Tech Tip: Split Neutral Density Filters By Tony Litschewski. Sharing Theme: Food. All are welcome to attend.
 Feb. 14- Crafternoon at the Library, a craft club for adults & teens. Knit & crochet projects for charity! 2:30 - 4:30, library meeting room. For more info contact Tania at 964-2546.

Feb. 16-Circle Three Cowboy Church, Valentine Dance will be held on Friday, Feb. 16, 2018 at 7 pm. 62885 LaSalle Road, Montrose It is a family event, so bring your family for Western Dancing and fun.

Feb. 17-18-*Karl Denson's Tiny Universe* @ Club Red in Telluride. Karl Denson is fresh off The Rolling Stones' No Filter tour of Europe where he performed across the continent in his ongoing role as a tenor saxophonist with the legendary rock band. He wastes no time, however, getting back on the road with his band, Karl Denson's Tiny Universe, for a string of tour dates around the U.S. Highly regarded as one of the best live bands on the planet, KDTU will be showcasing material from their long-awaited forthcoming studio album, as well as previous acclaimed KDTU recordings like 'New Ammo' and 'The Bridge.' Tickets start at \$35.

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Feb. 18 – 3 p.m. — Folk Music of Galicia, Spain with iconic vocalist Uxia Senlle , one of the most respected and influential musicians from Galicia, Spain and regarded as the "Grande Dame" of Galician folk music. She will appear with Brazilian multi-instrumentalist Sergio Tannus. Wright Opera House in Ouray — presented by Ouray County Performing Arts Guild. Tickets \$20 for Adults, \$5 for Students. Info and tickets at <u>ocpag.org</u>.
 Feb. 18-Sunday Serenades: Montrose Regional Library. Noon, Sunday, Feb. 18, 2018. The Sarah Eller, David Snider and Bobby Walker Trio. FREE, refreshments served.

Feb. 21- Crafternoon at the Library, a craft club for adults & teens. Knit & crochet projects for charity! 2:30 - 4:30, library meeting room. For more info contact Tania at 964-2546.

Feb. 21-Colorado Archaeological Society Chipeta Chapter will have its second annual Members' Potpourri meeting where chapter members will present three short illustrated talks about their own adventures. Refreshments will be served; public is invited. Free. First Methodist Church in 19 S. Park Street, Montrose, 7 pm.

Feb. 21-The Western Colorado Latino Chamber of Commerce (WCLCC) will celebrate its five-year anniversary. Members and non-members are invited to celebrate with the WCLCC from 5 p.m. to 7:30 p.m. Event will be held at the Western Colorado Community College's student run Chez Lena Restaurant, 2508 Blichman Avenue, in Grand Junction. The event will feature food, drinks, live music and VIP Speaker. Tickets are \$25 for members and non-members. RSVP by February 19 -tickets available on EVENTBRITE. For more information: wclatinochamber.org or info@wclatinochamber.org or by phone 970.712.8663.

Feb. 22-23— the Eighth Annual Soil Health Conference will be held on Feb. 22 and 23, 2018 at the Delta Center for Performing Arts, located at 822 Grand Avenue in Delta. Nationally renowned speaker Dr. Allen Williams will highlight the 2018 conference. For more information please visit www.westerncoloradosoilhealth.com or call DCED at 970-874-4992.

Feb. 22-Montrose DDA presents Dinner+Magic+Movie. <u>Visit the DDA Facebook site</u> for tickets! Portion of proceeds to benefit Habitat for Humanity of the San Juans.

Feb. 24-Montrose Memorial Hospital's annual Health Fair will be Saturday, Feb. 24 from 6:30 a.m. to 12 noon at the Montrose Pavilion. Early Blood Draws, held in conjunction with the Health Fair, will be Jan. 31 and Feb. 1-3 from 6:30 to 9:30 a.m. at the **Montrose Pavilion**. Early Blood Draws will also be available on Jan. 29 at the American Legion Hall in **Olathe**, from 6:30 to 9:30 a.m. and on January 27 in **Ridgway**, at the 4-H Events Center from 7-10 a.m.

Feb. 24-Montrose Democratic Party Candidate Forum for Gubernatorial candidates: Noel Ginsburg, Michael Johnston, Cary Kennedy, Donna Lynne, and Erik Underwood. This forum will be held in the Centennial Middle School gym, 1100 So. 5th St, Montrose, from 9:30 a.m. to 11:30 a.m. Doors will open at 8:30.

Feb. 24-Love, Montrose. Benefit for Amber @ the Lark & Sparrow, 511 East Main St. Kipori Woods and Jeff Fields. Silent auction. Suggested donation is \$10.

Feb. 24-Montrose Elks Lodge, 7 PM. Elks 150th Year Anniversary. Learn about what the Elks are and what we do. This unique patriotic event will be exceptional as the Elks Anniversary is shared with a Fundraiser to benefit 4-year-old Cove Brennecke (serious medical issue).Please join us for Dinner, Dancing, a Silent Auction, a Raffle for ½ a pig (processed) and loads of Fun! *Listen and dance to live music by Ghost River Band, Farmer in the Sky, and other Guests*. Cost for entry is \$20.00. The Lounge will have drink Specials & rides home will be available.

March 6- The Democratic Caucus for the Montrose and Olathe precincts will be held at the Centennial Middle School Cafeteria. The Caucus for the precincts in the West End will be held at the Naturita Community Library. Each Caucus will begin at 7 p.m. Doors open at 5:30 for registration and check-in.

March 11-The Radio Room proudly presents The Two Tracks, on Sunday March 11, beginning at 7:30 p.m.

MONTROSEM I R R O R

Contact the Montrose Mirror: 970-275-0646 Editor@montrosemirror.com www.montrosemirror.com The little scout we pictured last week, below left, is not a Webelo, but Austin Williams, a 1st grade Tiger Cub! Photo by Wayne Quade.





Photo and report by Gail Marvel

MONTROSE-A 30-minute informal roundtable discussion with city council, city staff and city council candidates took place on Feb. 6th following the regular Montrose City Council Meeting. Candidates were given an opportunity to ask questions of currently serving councilmembers and get insight into the commitment and responsibilities of an elected official.

The three new candidate faces in the race for city council are (L to R) Jeremiah Quintin (District 1), Dave Stockton (At-Large) and Doug Glaspell (District 1). Quintin laughed and said, "This is a friendly competition." Currently serving Councilman Dave Bowman (District 2) is running unopposed and Councilwoman Barbara Bynum, who was appointed last year to replace Rex Swanson, will run for At-Large.

The League of Women Voters council candidate forum is scheduled for March 1st in Council Chambers; however, the time has been changed to 6 p.m.

FAME is a series of customized exercises, designed to develop new neural pathways in the brain (referred to as neuroplasticity), which can improve focus, attention and memory. The program embraces a holistic approach to brain health, provided in the client's home.

Benefits healthy aging adults and may effectively treat:

- Stroke Survivors
- Depression & Anxiety
- Youth & Adult ADD/ADHD
- PTSD & Traumatic Brain Injuries
- Alzheimers & Dementia

Michele Gad is a Certified DelGiacco Neuro Art Therapist, who assists individuals with cognitive or mental health challenges to live life as fully and independently as possible. She developed FAME in 2010 to better assist her clients. Sessions are specifically designed to meet client's individual needs, goals, abilities, and level of commitment...and have fun!

