



www.montrosecounty.net



www.voahhealthservices.org



A Touchstone Energy® Cooperative

www.tristategt.org



www.alpinebank.com



www.smpa.com



www.dmea.com



www.scottsprinting.com



www.montrosehospital.com



www.montrosedowntown.com

THE MONTROSE MIRROR

SAVE A TREE, READ THE MIRROR...HAPPY PRESIDENTS' DAY 2018!

Issue No. 260, Feb. 19 2018

MONTROSE SHARES PASSION FOR COMPASSION! *February fun continues, with a focus on philanthropy*



The Bank of Colorado team shared the third annual Heartfelt Thanks with the Montrose community on Valentine's day, at the new Coffee Trader II.

By Caitlin Switzer

MONTROSE-This month, it's all about sharing. Valentine's Day has come and gone, but here in Montrose, the spirit continues with community events that give something back.

On Feb. 14, Bank of Colorado kicked off another **Heartfelt Thanks** event, their third annual celebration of gratitude. "This was our 3rd Annual Heartfelt Thanks event to thank the Montrose community and spread some love around Valentine's Day," Bank of Colorado's Kelsey McCarthy said. "I believe that gratitude never goes out of style, so it's an opportunity to be reminded of that by offering everyone a hot cup of coffee of their choice. We purchase everyone's beverage at the

[Continued pg 28](#)

'I JUST WANT TO GET OUT OF THIS' *DEEPLY DIGITAL'S CONTRACT FOR SALE TO ELEVATE FIBER WITHDRAWN*

By Gail Marvel

MONTROSE-Doug Seacat, owner of Deeply Digital and Clearnetworx, had a contract to not only sell his two businesses to Elevate Fiber, but to also be their employee once the sale was complete. After he worked with Elevate to help them build relationships within the business community, Seacat's contract was recently withdrawn. "They made an offer a year ago to buy both companies," he said. "The contract was signed and supposed to close on December 29th [2017]."

Reflecting on the original offer Seacat said, "I was their competition and you buy out your competition. I walked in knowing that, but I thought it would help get fiber in the town. It made sense for us to work together."

[Continued pg 8](#)



Doug Seacat, owner of Deeply Digital and Clearnetworx, is ready to move on from the failed business venture with Elevate Fiber.

Photo by Gail Marvel.

in this
issue

RE-11 School board
Reporter Dianna Beshoar!

Gail Marvel's
Answering the Call!

Art Goodtimes'
Up Bear Creek!

Rob Brethouwer
On Classical Music!

Americorps Joins
Opioid fight!

ANSWERING THE CALL: MPD DETECTIVE MARK TRIMBLE

By Gail Marvel

MONTROSE-Law Enforcement was something Detective Mark Trimble thought he wanted to do, "But I never had someone show me the way." Interestingly, it was Trimble's fast food supervisor who became his mentor, "I didn't think I would take a law enforcement path, but she asked me if I wanted to stay in fast food. She encouraged me to follow my heart." A little over 10 years ago Trimble began his career as a jailer at the Teller County Sheriff's Detention Center.

In 2008 Trimble went to work for the Montrose Police Department (MPD) as a patrol officer, and in 2016 he made a lateral move to investigations. "Each position has its pro's and con's. Investigators aren't going call to call. We're more proactive than reactive. We have more normal hours with nights off. I have a toddler, so I get family time and more free weekends." Currently investigators work four 10-hour shifts, while patrol officers work 12-hour shifts.

Trimble viewed law enforcement as fun and exciting. However, a Colorado Springs Code Enforcement Officer, who was also a former patrol officer, warned him that in his experience, the job was 70 percent paperwork and 30 percent working in the field. Trimble said, "At the time I didn't think it was that big of a deal. I wrote reports in high school and didn't have any trouble. Little did I know that 70 percent was that much. Now I spend a lot of time behind a computer."

Stressors for the detective range from

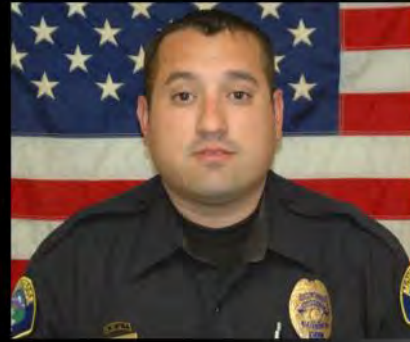
minimal to large. Trimble said, "Right now my responsibility involves major cases, so the biggest stress is the paperwork. People rely on me and they trust that cases are thoroughly and accurately investigated."

While most cases for patrol officers can last for a day or a week, a detective can have a case for months, or even years. "From the day you pick up the case you see it through to prosecution. There is more follow-up. Every time a court date comes up I revisit the case and prepare for it. The case follows you around all the time. I go home at the end of the day, but the case is sitting on my desk waiting for me. I go on vacation and the case is still waiting for me...with additional cases coming in." The MPD investigations department is comprised of one sergeant and three detectives.

Outside of investigations, Trimble teaches classes in schools, is a driving instructor and takes part in the Citizen Police Academy. The most enjoyable part of his job is building relationships with team members, the community, various agencies and those involved with the individual cases.

The least enjoyable part of his job is the

Detective Mark Trimble



HIRED 11-19-2008

MPD Detective Mark Trimble. Courtesy photo.

paperwork. "It's easy to get behind and once you get behind you can get buried. While I don't enjoy the paper work, it's probably one of the most important things we do."

Although Trimble has not used CPR, he has been given two life saving awards. "Both were [separate] suicide attempts from overdose and both lives were saved." Trimble identifies listening as one of his strengths, "Everyone involved in a case has a story and a perception. Listening involves being able to understand what they are telling you."

In his off-time Trimble likes fly fishing, boating (pontoon) and mountain biking. Also, "I also like to take my 16-month-old daughter to the park. I pull her in an all-terrain Radio Flyer Wagon and we feed the ducks...and I spoil her with ice cream!"



All original content material is protected by copyright. No reprints without permission. ©
 Publisher: Caitlin Switzer, Weekly pre-share Circulation 10,400+
 Note: Opinion/Editorial letters & Commentary do not necessarily reflect the opinions of
 Mirror owners or contributors. We do welcome all points of view and encourage
 contributions. 970-275-0646
www.montrosemirror.com
editor@montrosemirror.com



MONTROSE
DOWNTOWN

THURSDAY FEBRUARY 22

DINNER + MAGIC + MOVIE

1

SHOW YOUR TICKET TO GET FOOD & DRINK SPECIALS

Hiro Japanese Steakhouse:

Free appetizer*

Colorado Boy: Free 16 oz pint or soda*

RnR Sports Bar:

Free appetizer per table and \$1 off first drink*

The Vine Market & Bistro:

Buy 1 Get 1 Free Entree*

**with purchase of dinner entree*

2

HEAD TO THE
FOX THEATER FOR
AN INTIMATE
MAGIC SHOW BY
TELLURIDE'S

TY GALLENBECK

Magic Show starts at 6:30 pm

3

GET COZY
FOR
MARVEL
STUDIO'S
BLACK
PANTHER
Movie at
7:30 pm



Habitat
for Humanity
of the San Juans

Portion of proceeds go to
HABITAT FOR HUMANITY
of the San Juans

TICKETS: [EVENTBRITE.COM](https://www.eventbrite.com) & [FACEBOOK.COM/MONTROSEDOWNTOWN](https://www.facebook.com/montrosedowntown)

A FRESH POINT OF VIEW: FROM THE HALLWAYS OF MHS

OUTRAGE IS GROWING OVER THE RECKLESS SLAUGHTER OF U.S. YOUTH

This week was a week of terror, sadness, anger, and grief. Seventeen young lives were taken by a student with a gun, who went on a rampage in a Florida school.

Kids had to hide in closets, sit under desks, trying to save their own lives. Something NO student should have to do.

Videos were posted on social media of swat teams running into classrooms, looking for the gunman. It was a day that should not have happened. Things like this need to be prevented, especially if it means lives are going to be lost because we refuse to change. We need gun laws that are tighter, and more restrictive.

Making it twice as hard for someone with verified personality issues to obtain a firearm and even harder to use it, the laws need to be so airtight that something like the Florida shooting would never be able to happen again. Doing this could save so

many more lives, instead of leaving things the way they are, leaving room for many more massacres to happen. Causing us to lose many more young lives, and causing much more grief in the community, and much more OUTRAGE as well.

Earlier this week as well, at the MHS high school there was a school assembly. Discussing the trash and littering around the school, and vaping. Thank you for discussing the trash, but why vaping of all things when you could be talking about the dangers of students with erratic behavior, or homicidal tendencies?

Why not talk about reporting suspicious behavior, or people with weapons in their lockers?

Why not make a speech about how kids who even joke about shootings should be reported and punished like those other kids were? Or is that no big deal.

We as a community need to take action against these threats against our lives.

Starting in Florida and carrying throughout the entire world. Until we have obliterated this threat that's sitting among us.

No student should have to sit in a closet for two hours. No student should have to fear for their lives in an area where everyone is supposed to be safe.

No student should have the power to obtain a firearm, and EVERY student should be safe from dangerous people in a school environment.

Our voices need to be heard, And when they're heard, everyone is going to listen.



**Jack Switzer, 14,
MHS freshman.**

FROM NAPA VALLEY TO NEW YORK CITY

WE STAND OUT FROM THE REST WITH

QUALITY & PRECISION

AWARD-WINNING CUSTOMER SERVICE

VOTED BEST OF THE VALLEY 13 YEARS RUNNING

SCOTT'S PRINTING & DESIGN

IS A SMALL PROFESSIONAL

PRINTING & DESIGN

FIRM BASED IN MONTROSE, COLORADO

WITH THE TALENT & TECHNOLOGY

TO HELP YOU PUT IT IN PRINT.

scott's

printing design solutions

Look for the time and temperature sign at 315 South 12th Street – or visit us online at www.scottspainting.com

Like us on Facebook

SINCE 1978

[tel] 970.249.2611 :: [fax] 970.249.7068

MONTROSE ANIMAL SHELTER RECEIVES DONATION



Photo by Gail Marvel.

By Gail Marvel

MONTROSE-In August 2017 the City of Montrose Animal Shelter received a \$166K donation from the estate of Barbara Tuttle.

Director of Animal Services Mike Duncan said, "Mrs. Tuttle would come out to the shelter and we would interact with her,

but we had no inkling she was going to give us a donation."

According to City Finance Director Shani Wittenberg there were no stipulations, or qualifiers attached to the gift, "We get a lot of donations, but I've never seen an

earmark on the funds. People just like to help animals and the Spay and Neuter Program is a very popular program."

The donation was put in the Special Benefit for Animals Fund.

Wittenberg said, "Generally speaking that fund is used for the Spay and Neuter Program and capital improvements."

As of December 31, 2017, the fund, which includes the \$166 K, totaled about \$243,000.

The Animal Shelter has not had a capital improvement project since 2005.

However, because the generous windfall was received the latter part of 2017, coupled with the fact that the 2018 budget was nearing completion, there was no opportunity to discuss prospective projects.

The budget process is structured so that projects are submitted to, and screened by, City Manager Bill Bell, the finance department and various department heads.

Wittenberg said, "We discuss how funds should be used and the pros and cons of a project."

The animal shelter falls under the purview of Chief of Police Tom Chinn.

Duncan said, "We are pleased that people have confidence in the way we use their donations and we'll be submitting projects to the Chief for consideration."

simpson gallery
fine art | fine framing

Simpson Gallery Studio and Frame Shop has closed our Main Street Gallery in Montrose but is still framing for you, our loyal customers as we have for over 30 years.

Please call us to make arrangements at our new facility, or for us to come to you or we can meet at Flairmont Furniture in Montrose.

970-249-1098

Call today for your appointment



SUMMER YOUTH THEATRE EXPERIENCE

come play with us



Auditions March 10

Audition Packets Available February 13

Production June 3-16

Casting Actors 10 -18 years old.



**Registration Forms
Online/@MCP
Beginning April 14**

Week 1 | 3rd - 8th Graders
June 17 -22

Week 2 | 3rd - 8th Graders
June 24 -29

High School Camp
2 Weeks - July 9-21

**watch for details ONLINE
MagicCirclePlayers.com**

**THE 58TH SEASON OF
MAGIC CIRCLE PLAYERS**



**ESTABLISHED 1959
970-249-7838**
420 South 12th Street
Montrose, CO 81402

OPINION/EDITORIAL: LETTERS

ALLOW CONCEALED CARRY PERMITS IN SCHOOLS FOR PROTECTION; TRAIN ADMINS AND SELECTED TEACHERS IN USE OF FIREARMS

Editor:

In the 1950's, school shootings were virtually unheard of. Yet, here we have another school shooting in Florida by a deranged student.

According to Winkipedia ,in the 50's there were 21 school shootings nationwide resulting in death or injury. During the 60's ,97. Then 116 in the 70's. The 80's resulted in 212 . In the 90's 238. During the 2000's, 243. So far in the 2010's school shootings have exceeded 400.

Many my age wonder what went wrong?

Those of my generation, growing up in the 30's and 40's, met with swift and painful consequences, both at school and at home for youthful transgressions. Respect for parents, elders, authority , and country was an integral part of growing up.

In the mid 40's, Dr. Benjamin Spock, an activist on "the New Left", promoted permissiveness and instant gratification, as well as a philosophy that children shouldn't be disciplined, but allowed to develop as individuals. Unfortunately that philoso-

phy influenced several generations, leading to a widespread liberal/progressive mindset, that has culminated in the current "Snowflake" generation. Far too many have no respect for authority, the opinions, or rights of others. Accepting responsibility for your own actions is a largely unknown quality.

After a horrific shooting, we always see knee jerk liberals immediately promote more gun control laws, banning high capacity magazines, and certain guns based on their appearance. Blame is readily placed on the NRA and Republicans, purely a political buck passing. Never mind that the Clinton assault weapons ban and limit on magazines showed "no discernible reduction in the lethality and injuriousness of gun violence", The real problem is not the inanimate firearm, but a culture run amok.

Decades of poor/no parenting, lack of discipline at home and school, a lenient judicial system, the family break up, the proliferation and tolerance of illegal drugs,

rising crime and mental health cases, violence and filth promoted by Hollywood, are the true culprits, among many others.

Necessary cultural changes will take years. What is really needed is a way to immediately protect our children in school. Since 1950, 98% of school shootings have been in "gun free" zones. What an open invitation to deranged individuals seeking defenseless targets!

The principal implemented by the Federal Marshall Service on airlines, should be quickly applied to schools across the country.

Administrators and selected teachers should be trained in firearms along with concealed carry permits to protect our schools.

Court systems across the country are protected by armed individuals . Our children deserve the same protection.

Absent bold action, we can expect more shootings in our schools with more loss of innocent life.

Dee Laird, Montrose



8500

ANONYMOUS

Download The APP. P3TIPS


/ MONTROSE REGIONAL
CRIME STOPPERS

see something, say something

DEEPLY DIGITAL'S CONTRACT FOR SALE TO ELEVATE FIBER WITHDRAWN From pg 1

Throughout the year various issues arose. For example, Deeply Digital's custom aspect of business didn't fit into Elevate's recurring revenue model; Deeply Digital's audio, video and alarm sector needed to be removed; and Seacat was asked to not to compete with Elevate for a \$2.4 M DO-RA grant.

Most recently Elevate, through an in-house report, determined that three of Deeply Digital's towers were unsafe and not up to OSHA (Occupational Safety and Health Administration) standards. Seacat didn't agree with the findings and requested an independent evaluation. Rather than using a local evaluator, Elevate selected someone from Montana. Seacat said, "He determined that two towers had safety issues. I rent the towers, but offered to fix the problems. Then they [Elevate] decided there were also concerns of access to the towers; one had a gate that was closed in the winter and the other had a dog in the area."

Seacat said, "I think they were hiring me to mend relationships with other entities

in town; they feel like they got what they needed from Doug. They are building fiber on top of my fiber and they don't need Doug anymore."

Elevate Fiber is a privately-owned subsidiary of Delta-Montrose Electric Association (DMEA), which is a member-owned cooperative. Both organizations share the same Board of Directors: Bill Patterson, Kyle Martinez, Brad Harding, Jim Elder, Marshall Collins, Damon Lockhart, Mark Eckhart, Tony Pendergast and John Gavan.

Seacat said, "One board member told me they were sorry about how it was affecting me, but it was a business decision.

"Basically, I'm letting them out of it [contract]. I'm not going to sue them. It has taken a month and a half of trying to get out of the contract, but they keep revising it." Seacat was not at liberty to discuss any possible settlement; "I just got another revision today that my attorney now has to look at.

"I just want to get out of this."

Seacat neglected his own company, Deeply Digital, in order to help with fiber

installation in the area, "My customers haven't seen me for a year and my staff filled the void. They learned to do without me and we've dug ourselves into a deep hole." The company, which supplies fiber mainly to businesses, has 15 employees and is expanding service. Seacat said, "We serve business in Montrose, Ridgway, Ouray and we're building in Delta."

Deeply Digital has been in business for six years and Elevate Fiber for two years. Seacat said, "We'll keep offering good service and will fight the competition with flexibility and good custom solutions to problems. Elevate is not our only competition; we also compete with Charter and Century Link. We have a good business and we can compete. We'll work hard to compete."

For 2017 Seacat lost some tax advantages for Deeply Digital and Clearnetworx because he thought the businesses were sold.

"I learned a valuable lesson...Don't ever have a [sale] closing date of December 29th!"

REGIONAL NEWS BRIEFS**TRASH & RECYCLING ROUTE ADJUSTMENTS AND OFFICE CLOSURES FOR PRESIDENTS DAY***Special to the Mirror*

MONTROSE-Trash collection services that would normally occur on Monday have been adjusted for Presidents Day, Monday, Feb. 19. Trash collection for residences located south of San Juan Ave and Highway 50 will occur Tuesday, Feb. 20, and residences located north of San Juan Ave and Highway 50 will be served on

Wednesday, Feb. 21. Alternative trash collection days apply only to customers whose normal collection falls on Presidents Day. All non-holiday collection days will not be affected. Public Works recently adjusted its operations to provide alternate *recycling* collections for city-observed holidays on Friday of the same week. Accordingly, recycling collections that would

normally occur on Monday, February 19 will instead occur on Friday, February 23. City offices will be closed in observance of the holiday; however, police officers will be on duty and responding to calls. Visit CityofMontrose.org/Trash or call [970.240.1480](tel:970.240.1480) for more information about holiday collection schedules and the city's sanitation and recycling services.

The Mirror:
Coverage with vision for the future.



REGIONAL NEWS BRIEFS

CAUSE OF OLATHE MAN'S DEATH REMAINS UNDER INVESTIGATION

Special to the Mirror

MONTROSE— On Friday, Feb. 10, 2018, Stephen Felix, a 52-year-old male from Olathe, was brought to Montrose Memorial Hospital by the Olathe Ambulance in an unconscious state.

Radiologic examination revealed traumatic injuries and an acute subarachnoid

hemorrhage over his brain.

He was transferred by St. Mary's Care Flight to St. Mary's Hospital where he eventually died despite intensive care.

An autopsy was performed for the Montrose County Coroner's Office of Medical Investigation confirming his injuries and the hemorrhage.

The cause of death was the acute subarachnoid hemorrhage; however, the manner of death is still pending investigation.

This case is under investigation by Olathe Police Department, the Colorado Bureau of Investigation and the Montrose County Coroner's Office of Medical Investigation.

TASTE OF COLORADO RETURNS FOR THIRD YEAR

Special to the Mirror

MONTROSE—Come one, come all! March 14, 2018 from 5:30 – 7:30 p.m. is the third annual *A Taste of Colorado*. Hosted by the Liquor Store and The Bridges, this event will feature regional wine, beers, and spirits with food offerings prepared by local vendors. With the beautiful view from the Bridges as your backdrop, this is an event not to be missed. Tickets are \$30 online at montrosewinefestival.com OR \$35 at the door. All proceeds benefit The Black Canyon Boys & Girls Club.



The advertisement features a scenic view of a golf course with a green fairway, a sand trap, and a blue lake in the foreground. In the background, there are rolling hills and a range of snow-capped mountains under a clear blue sky. The Berkshire Hathaway HomeServices logo is positioned at the top center, with the text "BERKSHIRE HATHAWAY | Montrose Real Estate Group" and "HomeServices" below it. At the bottom, the text "BECAUSE AVERAGE JUST ISN'T GOOD ENOUGH." is displayed in white, followed by "Coming February 20th" in a smaller font.

BERKSHIRE HATHAWAY
HomeServices | Montrose Real Estate Group

BECAUSE AVERAGE JUST ISN'T GOOD ENOUGH.

Coming February 20th



REGIONAL NEWS BRIEFS

DESIGN REVIEW BOARD SPECIAL MEETING ON VILLAGE CENTER ROOFING REQUIREMENTS AND DESIGN THEMES

Special to the Mirror

MOUNTAIN VILLAGE— The Town of Mountain Village in collaboration with the Telluride Mountain Village Homeowner's Association (TMVOA) is holding a Special Design Review Board (DRB) meeting to discuss the Town of Mountain Village's roofing material requirements and design themes.

The special meeting will be held on Thursday, February 22 from 10 a.m. to 2 p.m. at Mountain Village Town Hall with a Village Center walking tour to discuss amendments to the Community Development Code (CDC) Village Center roofing material requirements and Village Center design themes. Agenda items will highlight alternative and appropriate roofing materials

while keeping the intent of a distinct Mountain Village Center with a unified design, ski resort or mountain vernacular theme. Guest speaker, Rob Rydel, Principal with Oz Architecture will lead the discussion on roofing color palettes, defining architectural features and design themes. Attending guests will have the opportunity to visually review similar ski mountain communities both nationally and internationally to help guide the discussion.

Rob's architectural and master planning experience ranges from resort, hospitality and condominium projects as well as some multi-family residential community work. Expert at OZ's highly collaborative charrette process that clarifies design goals, vision, and direction through a con-

sensus-based model, he often demonstrates options and possibilities through elegant hand sketches that bring a project instantly to life. Rob's international background and education contribute to his enthusiasm for international work and a global design perspective.

Please join us for this community discussion and walking tour of Village Center's roofing and design themes with Rob Rydel, community members, and staff.

To learn more about the meeting or to provide written public comment, please contact Planning and Development Services Director, Michelle Haynes at MHaynes@mtnvillage.org or visit townofmountainvillage.com/design-review-board.

REGIONAL NEWS BRIEFS

2018 HEART FOR SERVICE, VOLUNTEER OF THE YEAR AWARD PRESENTED BY VOLUNTEERS OF AMERICA



Volunteers of America is proud to announce Pastor Darryl Hannenberg of Hope Lutheran Church as the recipient of this year's Heart for Service, Volunteer of the Year Award. Courtesy photo.

Special to the Mirror

MONTROSE-Volunteers of America is proud to announce Pastor Darryl Hannenberg of Hope Lutheran Church as the recipient of this year's Heart for Service, Volunteer of the Year Award. Each year this award is given to one volunteer who has made an exceptional contribution to uplifting the lives of vulnerable older adults in one of the organization's programs in its service region of Montrose

and Delta Counties.

Each Volunteers of America program that utilizes volunteers made a single nomination based on the volunteer's amount of involvement, motivation, and positive impact to the program and residents.

Pastor Hannenberg has lead a one hour non-denominational worship service every Wednesday at Valley Manor Care Center for the residents for the past twenty-five years.

Kate Musgrave, life enrichment director at Valley Manor who nominated Hannenberg said, "Residents from all faith backgrounds love him. He has a special relationship with each person. And after his service, he helps us take the residents to the dining room for lunch."

In addition to running his own church, located at 600 N 2nd Street in Montrose, Hannenberg makes time to visit the long term care and short term rehabilitation facility each week.

Musgrave added, "He is always here each week no matter what the weather, no matter how busy he is with his own church congregation and family. Our residents really look forward to his visit. They are always uplifted by the message he shares. He is truly a servant of God and lives for serving his fellow men and women." The Heart for Service award was created to acknowledge the enormous impact volunteers have on the individual residents and their families at Volunteers

of America programs and communities in Western Colorado.

Valley Manor's Executive Director Dave Doorn said, "Valley Manor is very fortunate to have Pastor Hannenberg. His steady, generous donation of his time has positively impacted the lives of many Valley Manor residents. We sincerely thank Pastor Hannenberg."

Regional Director of Operations, Craig Ammermann said, "We are an organization whose goal is to uplift others. To serve as many individuals as we do, we often rely on the generosity and kindness of volunteers to help us accomplish that goal. Pastor Hannenberg is an outstanding example of what volunteering is all about. We honor him for his long-standing service to the residents and families of Valley Manor." The award was presented at a luncheon held in the Valley Manor Chapel where Pastor Hannenberg, his wife and three of his five children attended along with numerous staff, managers and directors. Valley Manor Care Center is a Volunteers of America program providing long-term care, memory care, short-term rehab and respite care. Founded in 1896, Volunteers of America is a national, nonprofit, faith-based organization dedicated to helping those in need live healthy, safe and productive lives. Through hundreds of human service programs, including housing and health care, Volunteers of America touches the lives of more than 2 million people each year.

 An advertisement featuring three donuts: a large orange one on the left, a blue one with orange sprinkles in the center, and a pink one with white sprinkles on the right. Overlaid on the donuts is the text: "Breakfast doesn't have to have calories any more. Stick with **The Mirror.** 100 percent good for your health."

PLEASE JOIN US IN HELPING A LOCAL FAMILY. AMBER, 17, FELL FROM A BALCONY AT HOTEL COLORADO IN OCTOBER, AND NOW THAT SHE IS HOME WE WANT TO HELP THE FAMILY WITH THEIR EXPENSES.

Love, Montrose

AN EVENING OF MUSIC BY

Kipori Woods
& Jeff Fields



WITH A SILENT AUCTION
AND BENEFIT FOR
Amber

Sponsored
by

THE Lark & Sparrow
HISTORIC VENUE

THE MONTROSE MIRROR

Your Source for Local Business News and Information



FEB. 24, 2018 AT THE LARK & SPARROW • 511 E. MAIN STREET IN MONTROSE

Doors Open at 6 pm • Suggested Donation \$10 per Person

CITY MANAGER, ATTORNEY UP FOR EVALUATION



City Attorney Stephen Alcorn and City Manager Bill Bell.

Mirror staff report

MONTROSE-When Montrose City Council meets for a [work session on Tuesday, Feb. 20](#), items up for consideration include a Colorado Mesa University Scholarship Program presentation; a land swap proposal with Montrose County School District RE-1J; a combined DOLA grant application with Montrose Recreation District; a contract award for the Hillcrest Avenue Extension project; a contract for design of the

Cerro Reservoir Outlet Rehab design; and a lease renewal for the City's Banner Road property. Included in the [work session packet](#) are reports from the Region 10 League for Economic Assistance & Planning and the Downtown Development Authority (DDA).

Items up for consideration by City Council include the Rotary Amphitheater at Cerise Park and Municipal Court update March 5.

On March 6, Council will meet in executive session to evaluate the Municipal Court Judge and will consider a new tavern liquor license application on behalf of the Horsefly Brewing Company.

On March 20, Council will meet in executive session to evaluate the City Manager and City Attorney.

On April 16, Council will consider a historical preservation ordinance.

At the regular [City Council meeting, also](#)

[on Feb. 20](#), Council will consider Resolution 2018-05, authorizing the Montrose Police Department to file a two-year, \$54K Victims of Crime Act (VOCA) Grant through the Colorado Department of Public Safety, Division of Criminal Justice for 2017 and 2018 to pay 50 percent of the Senior-level Victim Advocate salary.

Council will consider Ordinance 2443 on second reading, giving the Montrose Emergency Telephone Service Authority (METSA) authority to set the service charge; and will consider approving Waterfall Canyon Subdivision Filing No. 2 Final Plat.

A 2018 Streets Maintenance Contract worth \$3,893,102.92 is also up for consideration, to be awarded to Mountain Valley Contracting.

Council will consider approving a commercial lease agreement with Straw Hat Farms.

Following staff reports, to include sales, use & excise tax report and fourth quarter budget review, Council will adjourn.

COMMUNITY BAND TO PLAY FREE CONCERT MARCH 18

Special to the Mirror

MONTROSE-Saddle on up and join the Montrose Community Band on Sunday, March 18th at 3 pm at the Montrose Pavilion for a free concert with a fun western theme. Dust off your boots and come ride off into the sunset with us. For more information visit

www.montroseband.com or call [970-596-1188](tel:970-596-1188).

Thanks for reading!
Reach us at
970-275-0646.

Because We Care About Your Health - MMH Is Happy To Sponsor The

2018 MMH Health Fair

Saturday, February 24 at Montrose Pavilion

From 6:30 a.m. - 12 noon. No appointment necessary.

Event includes:

- Vision Screening
- Foot Screening
- Hearing Screening
- Nutrition Information
- Bone Density Screening
- Consults for Early Blood Draw Results*
*Bring Your Results between 7:00 am and 11:00 am
- Skin Cancer Screening
8:00 am - 12:00 noon
- Prostate Exams
7:00 am - 8:00 am
9:00 am - 10:00 am
- Prostate Health Lectures
8:00 am - 9:00 am
10:00 am - 11:00 am

Blood Draws until 11:00 a.m.

- HealthScreen (Chemistry) & Lipid Profile ~ \$45
(includes iron binding, TSH and Ferritin)
- Hemoglobin A1C ~ \$35
(additional screening for diabetes)
- PSA for Prostate Health ~ \$30
• CBC ~ \$20
(complete blood count)
- Vitamin D Screening ~ \$40
- Vitamin B-12 ~ \$40
- Male Testosterone ~ \$45

For Blood Testing - 12 hour fast required.
Drink lots of water!
We will NOT bill your insurance.
Checks and cash only.



THANK YOU FOR HELPING US GIVE A DIME!

In 2017, Alpine Bank donated

\$1,140,350.00

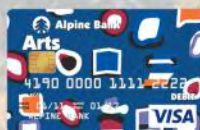
to local nonprofit groups and projects through funds generated from our Loyalty Debit Card program.



422,260.80



287,504.20



80,982.10



182,842.00



66,260.90



62,500.00



38,000.00

We sincerely appreciate your participation and support.



Alpine Bank

Member
FDIC



MONTROSE ELKS LODGE: ELK TRACKS!

DON'T MISS THE FUNDRAISER FOR COVE FEB. 24!

Special to the Mirror

MONTROSE-Welcome to Elk Tracks, a periodic update of what is taking place at our local Montrose Elks Lodge, located at 801 So. Hillcrest, Montrose CO 81401.

On Feb. 13th Fat Tuesday arrived with our players having fun laughing and playing Bingo at Montrose Elks. Mardi Gras beads and Valentine's Day candy set the mood for the Games.

"Early Bird" paid \$24 each for 5 games, with one game being split between 2 Winners. Seven Bingo games paid \$110 each and Game 8 paid \$188 bucks to one Winner.

No one won Progressive Game 6, so the Jackpot increases to [\\$9,444](#).

Feb. 20, 2018

Progressive Game 2 worth \$367 can be won by reaching BINGO in 37 numbers or fewer or the posted Jackpot will be paid. Progressive Game 4 valued at \$1,199 has reached "MUST GO" status and will be awarded, no matter how many numbers or balls it takes to reach Bingo. Progressive Game #6 worth \$9,444 [can be won by reaching BINGO in 53 numbers or fewer or the posted Jackpot will be paid.](#)

For the best Bingo game in the area be sure to visit Montrose Elks Lodge every Tuesday evening at 6:00 PM to play Bingo. We are located at 801 South Hillcrest Drive in Montrose, CO 81401. It's a wonderful way to spend the evening having fun! Public is welcome, funds raised playing Bingo support local charities. (photo shows Bingo crowd Jan 2018)

150th Year ELKS Anniversary & Fundraiser to benefit Cove Brennecke at the MONTROSE ELKS LODGE

Join us on February 24, 2018 at 5:00 PM as we celebrate the Elks 150th Year Anniversary. Learn about what the Elks are and

what we do. This unique patriotic event will be exceptional as the Elks Anniversary is shared with a Fundraiser to benefit 4-year-old Cove Brennecke.

Please join us for Dinner, Dancing, a Silent & Live Auction, a Raffle for ½ a pig (processed) and loads of Fun! Listen and dance to live music by Ghost River Band and the Brown Family. Cost for entry is a donation of \$25.00 per adult. The Lounge will have drink Specials & rides home will be available. If needed, child care at the Lodge is available with services provided by The Learning Cottage.

Timing: Dinner will start at 5 PM with Fran-chiladas (chicken enchiladas made by World Famous cook and caterer FRAN) Rice, Corn, Green Chile, all the fixings and Brownies for dessert! The live Auction will take place at 6:15 PM, and music will begin at 7 PM with the Brown Family. Several mini-raffles will take place during the evening and later in the night, Ghost River will provide music for your listening and dancing pleasure until 11 PM. This is a great opportunity to raise funds for Cove who can use our support!

2018 Elks Monthly Gun Raffle

Montrose Elks Lodge is conducting a Monthly Gun Raffle in 2018. Cost of each ticket is \$10

During 2018, every month on the 15th at 5:00 PM at the Elks Lodge, one Raffle ticket will be selected and the designated weapon will be awarded to the Winner.

The good part is once you have purchased a ticket, you are eligible for all the monthly drawings. If you win one month you will be awarded the gun or rifle for that specific month AND your winning ticket goes back into the main pack of tickets for the next month's drawing. Each Raffle ticket has the potential of win-



ning more than once.

Sales for the Gun Raffle are continuing. If you haven't got one yet it's not too late as tickets remain. However only 1200 total tickets will be sold. Once all 1200 are sold, no more will be available for this years Gun Raffle. Tickets are available at the Montrose Elks Lodge.

January's Raffle Winner is Mark F. who won a Ruger Blackhawk 9mm/357 pistol. [February's Raffle Winner is Laura B. who won a Henry Golden Boy 22lr.](#) March's Winning Raffle ticket will win a Glock 43 9mm pistol. Contestants and Winners must be 21 years of age to participate. No transfers are allowed. Winners will pay all fees and background checks. If the background check does not pass, the winning ticket is forfeit. CA excluded. Winners need not be present to win. This Raffle is open to the public.



Introducing a New Service!

ADVANTAGE

Health Resource Center

Call us to schedule an appointment for free assistance with the following:

- Resource Education with a Care Navigator
- Housing Assistance
- Long Term Care Options
- Short Term Care Options
- Benefits Checkup
- Form/Application Assistance

Connecting You To Information and Options

Two Office Locations:

Montrose: **Park Avenue Professional Building**
121 N. Park Ave, Montrose

Delta: **Senior Community Meals office**
350 Stafford Lane., Delta

**Call us to arrange an in-home meeting or
at a location convenient for you!**



Volunteers
of America®

1.844.VOA.4YOU | (844.862.4968)

advantage@voa.org | voa4you.org

facebook.com/voawesternslope

REGIONAL NEWS BRIEFS

LAST DAY OF SCHOOL FOR COLUMBINE MIDDLE SCHOOL WILL BE MAY 11

Special to the Mirror

MONTROSE – Columbine Middle School has moved up the date for their last day of school to Friday, May 11, 2018, in order to prepare for the opening of the newly built school in the fall. The early closure will allow staff to clear out the old building in preparation for the demolition over the summer.

Please contact Columbine Middle School Principal Ben Stephenson for additional information.

WESTERN COLORADO LATINO CHAMBER OF COMMERCE TO CELEBRATE 5-YEAR ANNIVERSARY FEB. 21

Special to the Mirror

GRAND JUNCTION– The Western Colorado Latino Chamber of Commerce (WCLCC) will celebrate its five-year anniversary on Feb. 21, 2018, featuring special VIP guest Jessica Acosta.

Jessica Acosta is Founder/CEO of Environmental Consulting Services(ECS) & EDIFICE2120, an accomplished leader with more than 14 years of progressive experience in the construction industry.

Members and non-members are invited to celebrate with the WCLCC from 5:00 p.m. to 7:30 p.m.

Event will be held at the Western Colorado Community College's student run Chez Lena Restaurant, 2508 Blichman Avenue, in Grand Junction.

The event will feature food, drinks, live music and VIP Speaker. Tickets are \$25 for members and non-members. RSVP by February 19 -tickets available on EVENTBRITE.

For more information: wclatinochamber.org or info@wclatinochamber.org or by phone 970.712.8663.








GO AHEAD AND GO FAST

With Elevate internet you can get speeds up to 1 Gig (1,000 Mbps).

With so many options and all the technical jargon out there, how do you really know what internet speed you need? Things to consider when choosing your speed:

- How many people/devices are connected at once?
- Do you want to stream any HD content?
- Does anyone game online?
- Do you upload large files or work from home?

What can your connection do for you?

Activity	10 Mbps   	100 Mbps   	1 Gig (1,000 Mbps)   
1-2 devices connected to the internet for surfing, emailing, streaming	✓	✓	✓
Cloud-based file sharing		✓	✓
Crystal-clear video call		✓	✓
Online gaming		✓	✓
Stream 4K HD content		✓	✓
Stream 5 HD videos at once			✓
Download a 4-minute song	3 seconds	0.3 seconds	0.03 seconds
Download a 2-hour HD movie	60 minutes	4.5 minutes	25 seconds

Elevate Fiber is here to deliver much more than a “good experience” on every device that needs to be connected to the internet, wired or via WiFi. Not only is Elevate delivering truly high-speed internet options, we are building the most reliable, future-proof network with fiber. You may have asked yourself why do I need more speed? If you are a basic email user, you may not think you need more speed, but wouldn't you like to have the reliability of fiber and be able to upload or download photos from email without waiting?

Preregister for service and learn more about Elevate at join.elevatefiber.com.

MIRROR IMAGES: MCSO AWARDS



Photo by Gail Marvel
MONTROSE COUNTY-Montrose Deputy Dominic Lovato received a Life Saving Award for his use of CPR to save the life of a 73-year-old woman. (L to R) Undersheriff Adam Murdie, Sheriff Rick Dunlap, Deputy Dominic Lovato and Mrs. Lovato.

Photo by Gail Marvel
MONTROSE COUNTY-At right, Sgt. Keith Sanders received a Certificate of Achievement for his proactive efforts while on an evening patrol. Sanders alerted homeowners to an open garage door which was a potential invitation to thieves. (L to R) Undersheriff Adam Murdie, Sheriff Rick Dunlap, Sargent Keith Sanders, Mrs. Sanders and K-9 Oxx.



Photo by Gail Marvel
MONTROSE COUNTY-Animal Control Officer John Bennett received the Distinguished Service Award for linking information from a recent traffic stop to the theft of a mountain bike stolen in 2016. (L to R) Undersheriff Adam Murdie, Sheriff Rick Dunlap, Animal Control Officer John Bennett and Mrs. Bennett.

AMERICORPS JOINS WEST SLOPE FIGHT AGAINST OPIOID CRISIS



Opioid use is an epidemic in the nation and on the Western Slope. AmeriCorps is fighting the problem here. Courtesy photo. (Submitted photo)

By Carole Ann McKelvey
Mirror Feature Writer

REGIONAL – AmeriCorps is on the Western Slope because, [“Nationally and in Colorado, opioid use disorders have emerged as a significant public health concern.”](#)

AmeriCorps in Ouray

Colorado AmeriCorps brought its fight against the current opioid epidemic to Ouray’s city council on Feb. 5.

Arianna Sherman, the local AmeriCorps member working with Western Slope communities, brought the AmeriCorps Colorado Community Opioid Response Program (CORP) to the small mountain town.

Sherman told Ouray city councilors that her goals are to establish collection sites for citizens to drop off unused medications for disposal. She will also be setting up an education program for parents and youth. Posters will be available to give out to parents on how to talk to their children about opioid use.

Others involved in the effort include Montrose County Health and Human Services, she said.

During her presentation in Ouray, Sherman said AmeriCorps members working on the Western Slope plan to use three

strategies while working with regional area health education centers:

- Coordinate and facilitate provider education events about safe prescribing practices;
- Facilitate community education events about safe storage and disposal of medications;
- Coordinate delivery of youth-focused opioid-related education programming and resources.

Sherman reported that AmeriCorps has the goal of education for more than 300 clients, and members will coordinate at

least six community education events statewide. They anticipate more than 1,200 clients will participate, with 900 reporting an increased knowledge of safe storage and disposal. Youths will be the focus of educational programming targeting ages 12–17.

The recently launched AmeriCorps program is a statewide initiative supporting local communities implementing strategies to reduce the impact of opioid abuse.

Nearly 224,000 Coloradans misuse prescription drugs each year,” states the [Colorado Prescription Drug Monitoring Program \(PDMP\)](#). “In nearly every year for the last 15 years, Colorado’s drug overdose rate was significantly higher than the national rate and opioid related overdoses represent a large portion of those deaths. In Colorado, prescription opioid related overdoses have quadrupled since 2008.”

[Montrose County’s Prescription Drug Profile](#) summarizes controlled substance prescriptions Montrose County residents received from 2014-2016, prescribing practices and patient behaviors, population-level healthcare encounters and deaths related to opioid overdose among Montrose County residents..

Montrose fighting addiction

In Montrose the fight against addiction and opioids is ongoing. Ken Vail, MPH, MA, is owner of the Healthy Rhythm Community Art Gallery in lower downtown and an advocate for healing addictions.

He has 27 plus years of academic and practical experience in the fields of Public Health, Cultural and Medical Anthropology, and Direct Service Provision. Much of Ken Vail’s work has centered on designing, implementing, and evaluating comprehensive services for people most impacted by drug use, opioid overdose, viral hepatitis, and HIV/AIDS. In 2017 Vail was brought on as an independent contractor by the Coalition for a Drug Free Montrose County to oversee the design, implementation, and evaluation of Pre-Trial Services for Montrose County.

Vail said, “one of my primary goals is to work with the courts to assess individuals with substance use/abuse problems, summarize my findings, and recommend to the judge, prosecutor, and defense attorney the best course of action.

“All of the clients I’ve seen since September could greatly benefit from residential in-patient, dual-diagnosis, trauma-focused treatment,” he said.

Comprehensive treatment provides the chance for a much better outcome than incarceration, he said. “The focus is to provide motivational interviewing, oversight, and other services to non-violent drug offenders who are eligible for pre-trial release.”

Vail is bringing a colleague and friend of his, with 25 years working in the addiction field, to speak and train in Montrose in either May or June. No firm date is set yet for Sam McMaster, PhD, “one of the key thought leaders on addiction treatment” to bring his experience to the Western Slope. To learn more about AmeriCorps efforts on the Western Slope, contact Arianna Sherman at [951-660-0556](tel:951-660-0556) or arianas@wcahec.org.

MORE THAN 90 YOUTH DROPPED OUT THIS YEAR, THREE RE-1J EDUCATORS HONORED WITH ALTRUSA APPLE AWARDS



Drivers who work for the Montrose County School District RE-1J will now be subject to random drug testing, officials said at the school board meeting of Feb. 13. Mirror file photo.

by Dianna Beshoar

RE-1J Board of Education Reporter

MONTROSE-Families, students, Montrose County School District's (MCSD) Board and District staff smiled, talked and joked with each other before the start of the Feb. 13 RE-1J school board meeting held at 930 Colorado Avenue. Light beverages were offered at the brown table next to the camera on a tripod.

Soon after community members stood and said the Pledge of Allegiance, Altrusa member, Dr. Sharlene Martinson presented several Altrusa Apple Awards. Eric Sanchez, a special education teacher at Centennial Middle School and John White, the band director at Columbine Middle School accepted their certificates at the podium. Lisa Franks (absent), a teacher at Pomona Elementary, was also the recipient of an Apple Award.

Administrative Assistant Deann Balash announced Columbine Middle School will represent MCSD as an Apple Distinguished School at the Global Innovation Summit in March.

Montrose High School's Principal Barnhill presented two MCSD Employees of the Month Awards to Eddie Jarrell and "Chief" John Boughton. As Montrose High School's Attendance Secretary, Jarrell's

many duties include coordinating students, parents and staff. Jarrell, according to Barnhill, knows the more than 1,300 high schoolers by name. Barnhill additionally recognized Boughton as MHS Employee of the Year. Barnhill lauded Boughton's 16 years of leadership with the District. Boughton, an NJROTC instructor, coordinates approximately 70 color guards each year

according to Barnhill.

Dr. Steve McEwin, MCSD's Director of Technology, presented Instructional Technology Awards to Cottonwood Elementary fifth grade teachers Abi Stetson, Sue Aldridge (absent) and Brian Schwerdtfeger. "Thank you for your service," said McEwin. "We value and appreciate you very much."

All (about 80) present were encouraged to get up and go ask questions as the fifth grade level team's students headed toward their assigned corners in the Board Room. The interactive activity, the maze, and the mock Paul Revere's Midnight Ride were surrounded with onlookers. The students used their iPads to code a globe-shaped robot, Sphero, before they replicated Revere's Ride according to McEwin.

After the tech share, the meeting continued with about 20 community members in attendance. Board President Tom West asked for community input during the meeting.

The District intends to replace the staff's approximately 330 laptops. To help cover the costs of the upgrade, teachers within the District may buy the discontinued laptops.

Superintendent Stephen Schiell said all district vehicle operators will be subject to

random drug testing. "Your name is in a hat," said Schiell.

"We're going to take the safety exit on this one," said Director of Finance Adam Rogers.

Rogers reported the number of enrolled students is 6,190, although the data, he said, was "not the best it could be." With more than 90 youth dropping out, concern was voiced by Board members. Director Jacob Suppes said "Do these kids tell us why they're leaving or are they just leaving?"

Rogers said, "We want to protect the kids' identity." Transfers to another district, another state, another country and home-based education accounts for the majority of students leaving MCSD, according to data. "Others literally vanish," said Rogers. "We have no contact with them."

Rogers was encouraged to continue his research with verbal endorsements from other members of the Board, including President Tom West, Director Sarah Fishering and Secretary/Treasurer Phoebe Benziger.

The financial report reflected staff salary raises according to Rogers. Food service costs, largely a reflection of when commodities are purchased, are up 15 percent over last year reported Rogers.

Employee medical is lower compared to last year. "At this time, (employee medical) looks good on the surface, but we know we have individuals that have health issues," said Rogers.

Columbine Middle School bills run about two million dollars per month said Rogers.

The District has about 37 million dollars in investments. Current District investments offer returns of two percent over an investment time of two years. Rogers said he's toying with the idea of investing in another school district bond and letting it ride for about five years.

The HeadStart Program has 102 slots for students. HeadStart, a preschool program, has 84 students. "We're higher now than we've ever been in the history of our preschool," said Early Childhood Centers Director Penny Harris. Benziger asked

MORE THAN 90 YOUTH DROPPED OUT THIS YEAR, THREE RE-1J EDUCATORS HONORED WITH ALTRUSA APPLE AWARDS *From previous pg*

"Why?" Harris cited testing and eligibility, Community Options and a lot of transfers. According to Harris, 40 percent of children enrolled in the District's HeadStart attend full day. Harris said she would like the percentage to increase 10 percent.

Secretary to the Board Laurie Laird, noted the vacant board seat for District G is open until filled.

Core Knowledge Language Arts (CKLA) from Amplify was recommended for approval with a motion made by Director Jeff Bachman and seconded by Benziger. Amplify, headquartered in Brooklyn, New

York, provided their kindergarten through fifth grade core literacy program for consideration to the District three years ago, according to Dr. Jessica Beller. The timing and costs make the purchase viable for the District to implement CKLA in the 18-19 school year. Cottonwood Elementary Principal Sandra Steele said she's "very happy to have something that will help support our students." Olathe Elementary Principal Joe Brummitt said "This (CKLA) will align our efforts within our school and across our District." Benziger concurred "I think that is critical."

CKLA's cost to the district is not to exceed \$450,000, down from the initial quote of \$535,000, according to Beller.

Another function of the Board is to be knowledgeable regarding policies. Near the close of the meeting, Laird said "I just got an update with 40 more policies." Schiell suggested Fishing be the point person on the Board to look over the policies. Benziger said "Other board members still need to read those policies."

At 7:45 p.m. the meeting adjourned. The next School Board Meeting is scheduled to begin at 6:30 p.m. Tuesday, March 13.

Some things never go out of style.
#montrosemirror

FULL SERVICE TREE COMPANY · PROFESSIONALLY TRAINED · FULLY LICENSED & INSURED

**WHEN YOU NEED
THE BEST**

CALL US!

GREG'S TREE SERVICE

Pruning
Tree Trimming

Removals
Stump Grinding

970.240.1872

REGIONAL NEWS BRIEFS

ECONOMIC DEVELOPMENT COUNCIL OF COLORADO HIRES KIMBERLY WOODWORTH AS THEIR FIRST EMPLOYEE



Woodworth.
Courtesy photo.

Special to the Mirror
COLORADO-The Economic Development Council of Colorado (EDCC) recently announced that the Board of Directors have hired Kimberly Woodworth as their first full-time employee.

Woodworth has contracted with the EDCC for the past 2 years, and due to her hard work, the organization is in a position to take this next step.

"Hiring a full-time employee was a natural progression for EDCC, said Jeremy Rietmann, EDCC Board Chair and Economic Development Director for the Town of Gypsum. Our organization has been entirely volunteer driven since 1976, but with our growing membership base and high aspirations, we knew we needed a talented person to take EDCC to the next level."

Woodworth will direct the EDCC's daily operations, help plan and coordinate conferences, regional events and manage its annual budget. Prior to joining the EDCC, Woodworth served as Operations Manag-

er for Metro Denver Economic Development Corporation (Metro Denver EDC) and prior to that as the Marketing and PR Director for a 13-part Brass Ensemble.

"The EDCC is extremely fortunate to be able to hire someone of Kimberly's caliber, said Rietmann. "Her tenure at Metro Denver EDC provided her with a wide network of contacts across the Front Range and her current location in the Western Slope gives her a good perspective of the economic development challenges communities are facing statewide."

"I am extremely grateful to the board for trusting in me to continue my work in a more permanent role," said Woodworth. "This organization is vital in how we execute successful and responsible economic development throughout the State. This organization has so much to offer and I am proud to be a part of it."

The EDCC is a growing state-wide, non-profit organization representing hundreds of economic development professionals as well as cities, businesses, non-profit organizations, government agencies, universities, community colleges, and individuals across the State. The EDCC's Board of Directors is made up of Officers and mem-

bers from every region around the state. EDCC's mission is to be the premier statewide organization for strengthening Colorado's economy by promoting the highest standards of knowledge and skill for ED professionals, educating local and state leaders about the realities of economic growth, and advocating public policies that enhance economic opportunity for all of Colorado.

Rietmann said, "Through our public policy committee, EDCC is monitoring legislation making its way through the legislature and advocating on behalf of a healthy business climate, effective, well-maintained infrastructure and a capable, well-educated workforce. Our data committee is working to improve data utilization by economic developers statewide and provide them affordable access to economic impact analyses. Finally, the EDCC works to bring high quality professional development opportunities, such as International Economic Development Council (IEDC) courses, to Colorado."

More information on the EDCC is available at <https://edcconline.org> or by contacting Kimberly Woodworth at 720.371.8997, kim.woodworth@edcconline.org

8TH ANNUAL WESTERN COLORADO SOIL HEALTH CONFERENCE IS FEB. 22-23

Special to the Mirror

DELTA-The 8th Annual Western Colorado Soil Health Conference will be held on Feb. 22 and 23, 2017 at the Delta Center for Performing Arts, located at 822 Grand Avenue in Delta. Information about the conference can be reviewed online at www.westerncoloradosoilhealth.com or please call DCED at 970-874-4992.

Food Quality - Nationally renowned speaker Dr. Allen Williams will highlight the 2018 conference. He will present on a number of topics including the connection between healthy soils and nutrient dense foods, and integrating livestock into your soil health program. Dr. Williams brings a diverse background of experiences and education to his presentations.

Allen Williams is a 6th generation family

farmer and founding partner of Grass Fed Beef, LLC, Grass Fed Insights, LLC, and a partner in Joyce Farms, Inc. He has consulted with more than 4000 farmers and ranchers in the U.S., Canada, Mexico, and South America on operations ranging from a few acres to over 1 million acres. Allen pioneered many of the early grass fed protocols and forage finishing techniques and has spent the last 15 years refining those. He is a "recovering academic", having served 15 years on the faculty at Louisiana Tech University and Mississippi State University. He holds a B.S. and M.S. in Animal Science from Clemson University and a Ph.D. in Genetics & Reproductive Physiology from LSU. He has authored more than 400 scientific and popular press articles, and is an invited speaker at regional,

national, and international conferences and symposia. Major areas of research and business focus include soil health, adaptive forage & grazing management, high attribute pasture-based meat production, and alternative marketing systems.

Delta County Economic Development is the fiscal and administrative agent for the Soil Health Conference. Understanding that soil is a treasure, DCED in conjunction with NRCS, Delta Conservation District, Shavano Conservation District as well as individuals active in the agricultural community have come together to prepare the 8th Annual Western Slope Soil Health Conference.

For more information please visit www.westerncoloradosoilhealth.com or call DCED at 970-874-4992.

REGIONAL NEWS BRIEFS

MONTROSE REGIONAL AIRPORT IS THE FASTEST GROWING IN THE STATE

Special to the Mirror

MONTROSE-Montrose Regional Airport (MTJ) is not only the fastest growing airport in western Colorado, but its growth has been noted statewide for the past three years. In the Colorado Department of Transportation's Division of Aeronautics Annual Report, Montrose Regional Airport is listed as the top growing airport for Commercial Airline Passenger Activity. Specifically, MTJ marked 12.33 percent growth in 2013, followed by 7.15 percent in 2014, and 13.38 percent in 2015.

"The airport is the largest economic driver in Montrose County," said Commissioner Glen Davis. "This growth is yet another one of the reasons that Montrose is an exciting place to be right now. Thank you to the great staff at the airport for their hard work in solidifying MTJ as a hub on the western slope."

"This is great news and we could not do

it without the assistance of the Colorado Flights Alliance [CFA]," said Director of Aviation Lloyd Arnold. "The airport now boasts direct flights to 12 major hub airport destinations: La Guardia, Newark, Houston, Dallas, Atlanta, Los Angeles, Phoenix, Denver, Chicago, Charlotte, Salt Lake, and San Francisco; thanks to the work of the CFA and our great relationships with air carriers. Thank you to my staff for making this yet another top year."

Another impressive statistic is the growing number of enplanement and deplanements—rather the passengers exiting and entering the airport for commercial air service. Since 2012, both numbers have risen steadily at a rate of nearly five percent per year—with major increases in 2013 and 2015. Despite the lack of snow this winter, the airport had another record year in 2017 with 225,970 passengers in both enplanements and deplanements.

The airport continues to expand and grow—adding an outdoor courtyard and baggage claim in 2017, completing taxiway F and the southeast apron, launching a new website (flymontrose.com), and hosting a very successful signature event called the Tribute to Aviation. The Tribute to Aviation saw more than 20,000 attendees in mid-September for the largest static display of aviation on the western slope. The 2018 Tribute is slated to be even larger with additional entertainment plans to be announced later this year. Plans for 2018 include a project to expand the commercial apron, enhancing wireless internet service, and completion of the much-anticipated master plan that has been in-progress for nearly two years. For more information about the Montrose Regional Airport, please visit flymontrose.com; or Tribute to Aviation at tributetoaviation.com.

MHS SHINES @ FBLA DISTRICT LEADERSHIP CONFERENCE IN GRAND JUNCTION

Photo at right: FBLA State Qualifiers pictured L to R: Stephanie Perfors, Joshua Simpson, Cheyanna Noles, Ava Hartman, Betania Romo, Payton Birchem, Lupita Luna, Kathy Serna, Kevin Murillo, Karla Carreon, Chris Padilla, Brenna Moss, Katie Sherwood, Maggie McHugh, Olivia Beshoar. Courtesy photo.



MHS FBLA, above. 1st Place

Payton Birchem – Introduction to FBLA – State Qualifier

Maggie McHugh – Business Plan – State Qualifier

Addison Saunders – Advertising – State Qualifier

Kathy Serna – Accounting II – State Qualifier

2nd Place

Olivia Beshoar – Business Communication – State Qualifier

Olivia Beshoar – Business Ethics – State Qualifier

Payton Birchem and Cheyanna Noles – Banking & Financial Systems – State Qualifiers

Lupita Luna – Computer Applications – State Qualifier

3rd Place

Karla Carreon, Kevin Murillo, Chris Padilla – Banking & Financial Systems – State Qualifiers

Ava Hartman and Stephanie Perfors – Graphic Design – State Qualifiers

Cheyanna Noles – Personal Finance – State Qualifier

Betania Romo – Client Service – State Qualifier

Kathy Serna – Job Interview – State Qualifier

Joshua Simpson – Introduction to Financial Math –

State Qualifier

4th Place

Brenna Moss – Business Calculations – State Qualifier

Katie Sherwood – Personal Finance – State Qualifier

Joshua Simpson – Spreadsheet Applications

5th Place

Quinn Hughes – Introduction to FBLA

Katie Sherwood – Impromptu Speaking

The FBLA State Leadership Conference will be held in Vail in April.



**Always digging for
spot on news.**

The Mirror

now weekly

Making sure readers don't bury their heads in the sand.

OPINION/EDITORIAL:LETTERS

WHY WE SHOULD CHANGE THE WATCH AT THE MCSO

Editor:

I would be incorrect if I were to say that the MCSO is not providing the county with adequate service. But I would not be incorrect either if I were to say that the job cannot be done significantly better than it is being done currently.

First, the MCSO's policies and procedures have been essentially the same for twelve years. They are stale. They need freshening. The MCSO needs a 'new broom to sweep clean'. But it does not just need change, it needs the solid hand of an experienced, firm, fair, knowledgeable, solid leader who has been close enough to know its failings and far away from it enough not to be preempted by

it. A man with enough knowledge of what the job takes to be able to keep it running and make the necessary changes.

Commander Gene Lillard is just such a man. Forty two years of experience right down the street. Knowledgeable in law and law enforcement. Known and respected in the community. A capable leader of men. An able detective. A well grounded administrator. A strong, solid no nonsense Cop. Experienced on the road and in the office. An administrator of tight budgets who gets results. Commander Lillard well knows from observation and from experience that the 'my way or the highway' attitude in negotiation breeds unsuccessful and expensive outcomes---

that cooperation is a far better course to follow.

The MCSO and the Police Department and all the agencies that Westco and the MCSO dispatchers support need just one dispatcher organized as Westco now is and as Westco now operates. Commander Lillard believes in this, in it's efficiency, in the safety to the county that it will bring and in your tax dollars that it will save. We need consolidation done and done now. Commander Lillard will do it.

Commander Lillard should be the Montrose County Sheriff for 2019 and beyond. Please, citizens of Montrose County, make it so.

Bill Bennett, Montrose

The Mirror:

*For coverage that never leaves
our readers out in cold ...*



www.montrosemirror.com

ISSUE 137 Feb. 19, 2017

ART & SOL

WEEHAWKEN'S 'THE GLEEKERS: YOUTH MUSIC & DANCE THEATER CAMP' KICKS OFF @ MONTROSE FIELD HOUSE



Spanish classes for teens and tweens to the Field House as well, with Christi Berry, and art classes with instructor Allison Wofford. Ridgway artist and educator Ann Cheeks will be offering "Art in the A.M." on days

courage people to give our classes a try; they are priced really low, and we have scholarships for every youth program that we are running—if your child wants to do it, we can find a way through our scholarship program."

The cool thing about this week's "The Gleekers: Youth Music and Dance Theater with Kathleen O'Mara," is that each student will work with O'Mara to showcase their skills as an individual or small group.

"Our performances offer an opportunity for every kid to pinpoint, hone and perfect their skills," Oakland said. "It will be such a cool production."

And in an age when it is "becoming almost a necessity to be bilingual," Weehawken's Spanish classes put students at the head of the pack for having that ability, she noted.

"The goal is art, for youth, in Montrose," Oakland said. "And if we can create a really successful youth arts program here, we may be able to coordinate it so that Field House can be a school bus drop-off location as it was in the past."

To learn more about Weehawken's Montrose programs, call 970-318-0150, or visit them online at <https://www.weehawkenarts.org/>.

By Caitlin Switzer

MONTROSE-Future stars of stage and screen can sharpen their performance skills at Weehawken's "The Gleekers: Youth Music and Dance Theater Camp," beginning this week at the Montrose Field House. The week-long workshop with Director Kathleen O'Mara brings new skills to local youth, but also marks the start of an increase in artistic opportunities for people of all ages who live in town. Weehawken Creative Arts will continue to bring interactive arts programming to the recently renovated facility, located at 25 Colorado Avenue in Montrose.

Since its re-opening (the Field House is the former Montrose Aquatic Center), the Weehawken has welcomed interactive

where there is no school, and renowned artists Mike Simpson and Kellie Day will both teach workshops in March. Tracey Belt will teach silversmithing in March, and for those born to dance, Chris and Wendy Shima can show you how to do the Lindy Hop, also in March.

Although the Field House location is a new one for Weehawken, programs there are increasingly popular, Weehawken Programs Director Trisha Oakland said. And though instructors are seasoned professionals, all classes are made as affordable as possible.

"We love our partnership with the Montrose Recreation Center," Oakland said. "It's so exciting to see these programs coming together. We really want to en-

MIRROR IMAGES...COFFEE TRADER II!



The Mirror visited the gorgeous new Coffee Trader II at Fifth Street and Ute Avenue last week; Clockwise left to right, The new espresso machine; happy customers; Owner Dee Coram with staffer Taylor Keelan; Owner Phuong Nguyen serves a customer (Mirror staff photos); Mirror owner Caitlin Switzer with the beautiful new Coffee Trader II logo (photo by Dee Coram).

MONTROSE SHARES PASSION FOR COMPASSION From pg 1

event, and for every beverage poured, we match a portion of the funds for an additional community benefit.”

This year, the matching donation will fund the Bank of Colorado Heartfelt Scholarship that is available for 2018 graduating Montrose and Olathe seniors, McCarthy said. The scholarship funds will be awarded later this spring.

The third annual Heartfelt Thanks event was held at the newly-opened Coffee Trader II, to showcase a local business as well, she said. “We’ve partnered with Coffee Trader and Montrose Community Foundation to support a local business, bringing traffic to the new Coffee Trader location and with Montrose Community Foundation for assistance with facilitating our scholarship.”

Plenty of opportunities to have a good time while giving something back remain. On Feb. 22, the Montrose DDA hosts [Dinner, Magic and a Movie](#) downtown, with a portion of proceeds going to Habitat for Humanity of the San Juans. On Feb. 24, generous locals can make a night of it—two local venues will host benefits with music and opportunities to help two local families who can use a hand.

At the **Montrose Elks Lodge (801 South**

Hillcrest Drive), celebrate the Elks 150th Year Anniversary with a delicious chicken enchilada dinner and music by the Brown Family Band and the Ghost River Band.

The event will be a benefit for Cove Brennecke, a four-year-old boy who is struggling with a life-threatening illness. Cove’s family includes many Elks Lodge members, past and present. There will be a live auction—you could win half a pig—as well as a silent auction. Taxi service is provided, and the benefit is open to the general public. The suggested donation is \$25 per person. The Montrose Community is also invited to share an evening of music and friendship in a gracious historic Downtown venue on Feb. 24. The benefit [“Love, Montrose”](#) will take place at the **Lark & Sparrow, 511 East Main Street** in Montrose. Doors open at 6 p.m., and admission is by donation (suggested donation \$10.) Lark & Sparrow owners Yvonne and Harris Meek are opening the doors of their beautifully restored showplace in the historic Masonic Building for one night, to benefit Amber, a local teen who fell from a balcony at Hotel Colorado in Glenwood in October. Amber and her mom, Lily Lawrence Benallou, were on a mother-daughter leaf peeping vacation when the



The Lark & Sparrow will host a benefit for Amber on Feb. 24. Courtesy photo.

tragedy occurred, and Lily has shared the family’s struggles with courageous Facebook posts. Now that Amber is home, the community would like to help the family with their expenses. Performers at the benefit will include Kipori Woods and Jeff Fields. Organizing a silent auction on behalf of Amber and her family are Sara McKillip, Lori Beresford and Joey Black. Headlining the show is Kipori Woods, with opener Jeff Fields. New Orleans Native Woods brings a high energy performance combined with serious talent, making every show a crowd pleaser. And if you have never seen Jeff Fields perform, please take advantage of the chance to see this great talent live at the Lark & Sparrow. For more information visit [Lark and Sparrow online](#), or call 970-497-3230.

CITY OF OURAY NOW ADVERTISING FOR BUILDING INSPECTOR

*By Carole Ann McKelvey
Ouray Bureau Reporter*

Ouray – On Feb. 5 the Ouray City Council voted to finalize a contract with new City Administrator Katie Sickles and clarified use of a new city vehicle available to Sickles and other city employees.

In other actions at the city council meeting, the council approved:

- Liquor License Renewal for the Brickhouse 737;
- A Bed & Breakfast Permit Application for KIDO Enterprises dba Ouray Inn;
- A Special Events Permit Application for Paradox Sports for a “Got Stump Party” on Feb. 24.

The council also discussed changing the current building inspector position to full time seasonal work. It was noted that \$20,000 had been budgeted in 2018 for this position, but that hiring a part-time

seasonal person would require additional funds. Councilors said they hoped that fees for inspections would help pay for the service. The City Council approved the new position and are advertising for that position; the pay range is \$22.78-27.33/hr. For more information call 970-325-7062.

In other business the council considered a trial organizational chart for parks and committee coordination, authorized for Sickles to serve on the CML Executive Board until June of 2019 and discussed a letter of agreement for engineering services with JVA Consulting Engineers for a waste water treatment facility master plan. The estimated cost will be \$50,000. The company will begin working on the project immediately, with plans for the draft master plan in four months. Mayor Pam Larson noted that revenues and room rentals in the city were up last November

by 2.7 percent. Due to the President's Day holiday the Ouray council will meet at 6 pm on Tuesday, Feb. 20. Items coming up for discussion, action will include:

- Liquor License Renewal Application, TABJ Company dba The Silver Eagle Saloon 10.
- Action Items include:
- Request for Proposal for Initial base GIS mapping for Master Planning, Trails and Utilities
 - Request for Proposal for Bear Proof Trash Containers

The council will consider resolutions, ordinances and other official local government approvals for:

- Ordinance No. 1 (Series 2018), 2nd Reading – Back Flow and Cross Connection Prevention
- Street grading, snow routes and ice problem response to prior citizen communications.



FAME

FOCUS • ATTENTION • MEMORY EXERCISES

FAME is a series of customized exercises, designed to develop new neural pathways in the brain (referred to as neuroplasticity), which can improve focus, attention and memory. The program embraces a holistic approach to brain health, provided in the client's home.

Did you know?

- Normal memory loss can begin as early as age 20, but is generally noticeable around age 45.
- Decreases in focus, attention and memory can result in loss of independence and major life changes at any age.

Benefits healthy aging adults and may effectively treat:

- Stroke Survivors
- Youth & Adult ADD/ADHD
- Alzheimers & Dementia
- Depression & Anxiety
- Traumatic Brain Injuries
- PTSD

Michele Gad is a **Certified DelGiaccio Neuro Art Therapist**, who passionately and compassionately assists individuals with cognitive or mental health challenges to live life as fully and independently as possible. With an eclectic background in business, art, yoga, meditation and education, she developed **FAME** in 2010 to better assist her clients. Each session is specifically designed to meet client's individual needs, goals, abilities and level of commitment...and have fun! Therapeutic drawing exercises using line, design and color can help form new connections that can improve focus, attention and memory. This is the foundation of **FAME**.

*Contact Me for a
Free Consultation!*

Michele Gad
970-948-5708

MicheleGad.fame@aol.com

Aligning ourselves with the most admired name in business is just the beginning.



Montrose Real Estate Group is proud to announce that soon we will have a new name: Berkshire Hathaway HomeServices Montrose Real Estate Group.

That's a good sign for the market and a great sign for you.

Same local ownership. Same team. Just a new name!


**BERKSHIRE
HATHAWAY**
HomeServices
Montrose
Real Estate Group

Good to know:

435 S Townsend Ave
970-249-HOME (4663)

MontroseColorado.com

©2018 BHH Affiliates, LLC. Real Estate Brokerage Services are offered through the network member franchises of BHH Affiliates, LLC. Most franchisees are independently owned and operated. Berkshire Hathaway HomeServices and the Berkshire Hathaway HomeServices symbol are registered service marks of HomeServices of America, Inc. Information not verified or guaranteed. If your property is currently listed with a broker, this is not intended as a solicitation. Equal Housing Opportunity.



COMMUNITY NEWS BRIEFS

BRENDA MILLER TO PRESENT WILDLIFE REHABILITATION TALK IN DELTA MARCH 1

Special to Art & Sol DELTA-Brenda Miller has been taking care of injured wildlife for more than 20 years, giving hundreds of individual critters a second chance on life. She will be sharing the highlights of her efforts at the Bill Heddles Recreation Center in Delta on 1 March.

"I always wanted to be a wildlife rehabber after seeing my cousin had tied a kestrel to her dresser while she was learning to become a falconer," Miller said, "I thought it was cruel to take away that bird's freedom...the sky is EVERYTHING to a bird!"

Miller is executive director of the Roubideau Rim Wildlife Rescue, a non-profit that takes in injured wildlife from the Montrose/Delta and surrounding areas. She has accepted wildlife that has been injured from a wide variety of causes including physical injuries in the wild, injuries and diseases related to bird feeders, and problems created from interactions with humans.

Miller's presentation will begin at 7 pm. It is open to the public and there is no charge. The program is sponsored by the Black Canyon Chapter of the Audubon Society.

The Bill Heddles Recreation Center is located at 530 Gunnison River Dr. For more information call 240-4913.



This great-horned owl owlet was rehabilitated by Brenda Miller before it was released back into the wild. Courtesy photo.



Weehawken Winter Programs in Montrose



LEARNING FROM THE MASTERS YOUTH ART SERIES WITH ALLISON WOFFORD

Starts February 14



TPRS SPANISH FOR TEENS/TWEENS SESSION 1 WITH SRA. CHRISTI BERRY

Starts February 15



THE GLEEKERS YOUTH MUSICAL THEATER CAMP WITH KATHLEEN O'MARA

Starts February 19



NO SCHOOL DAY ART IN THE AM WITH ANN CHEEKS

February 19 & 20



INTRO TO ACRYLICS ADULT ART SERIES WITH ANN CHEEKS

Starts February 21



ART EXPLORATIONS YOUTH ART SERIES WITH ANN CHEEKS

Starts February 21



LETTING LOOSE IN MIXED MEDIA WITH KELLIE DAY

March 3



PAINTING WATERCOLORS FROM PHOTOGRAPHS WITH MIKE SIMPSON

March 3



COMMUNITY NEWS BRIEFS

NEW CLIMATE DOCUMENTARY 'SAVING SNOW' WILL SCREEN AT SHERBINO THEATER

Special to Art & Sol

RIDGWAY—"With all of my films, the goal is to make climate change concrete," says filmmaker Diogo Freire of [Adaptation Now](#).

"I try to find specific examples of communities that are being affected—and also show how they're responding." A disappearing snow season is more than just a frustration for winter sports enthusiasts. It means lost income for the many towns and small businesses that depend on winter tourism and recreation to stay afloat.

"Saving Snow" focuses on people coming

to terms with these changes. But it also presents solutions. The film highlights individuals and organizations who are working to reduce their communities' impacts on the environment and raise awareness of the need for action.

Birkie Executive Director Ben Popp, who features prominently in the film, says "'Saving Snow' brings to life the realities we face if we don't start to take climate change seriously at the policy level. I love snow, I love what it enables, I hope it is here like it should be for my grandkids!" With the Olympics happening this winter,

athletes are also speaking up about what they see happening to their sport.

Jessie Diggins, USA Olympic Ski Team says in an interview with the New York Times: "You can look at different solutions for the economy, but you only get one earth to live on, and you have to breathe the air that is on this earth."

"We have to do it in a way that doesn't hurt families economically, which is why I'm supporting the carbon fee and dividend solution, because it puts a fee on carbon and returns the revenue to households."

MICHAEL LAWTON PHOTOGRAPHER

NATIONAL GEOGRAPHIC MAGAZINE 1974 / 1986

LUXURY GALLERY PRINTS

ADVERTISING
JOURNALISM
ARCHITECTURE
LANDSCAPE
PANORAMIC
TRAVEL



ciramaventures@aol.com WESTERN SLOPE 860.944.5144
637 S Second Street, Montrose, Colorado 81401

Give Back Days

At Mi Mexico Mexican Restaurant

Come enjoy a delicious meal and we'll donate 20% *
of your total check to a local non-profit.

Every Wednesday...Every Month...All Day (11 am - 10 pm)

Over 200 entrees to choose from!

1st Wednesday: **The Homestead at Montrose**

2nd Wednesday: **All Points Transit**

3rd Wednesday: **Black Canyon Boys & Girls Club**

4th Wednesday: **Valley Manor Care Center**

5th Wednesday: **Community Options Inc.**

(Note: 5th Wed dates are: Mar. 29, May 31, Aug. 30, Nov 29th, 2017)

*After dining, attach the coupon to the bill
and deposit it in the box labeled
"Give Back Days." 20% of your total
bill will be donated to the
designated charity.*

**SUPPORTING IS
NOW DELICIOUSLY
REWARDING.**



Mi Mexico Restaurant
1706 E Main St (Hwy 50)
Montrose, CO 81401
(970) 252-1000
(970) 252-1111 Fax

*Coupon must be present



RIDGWAY

The Sherbino

Est. 1915

CHAUTAUQUA

TELLURIDE FOUNDATION



Alpine Bank

Thursday
Feb 1

Thurs - Sun
Feb 1-4

Tuesday
Feb 6

Thursday
Feb 8

Friday
Feb 9

Saturday
Feb 10

Wednesday
Feb 14

Thursday
Feb 15

Friday
Feb 16

Thursday
Feb 22

Friday
Feb 23

Saturday
Feb 24



OPEN BARD: YOUTH NIGHT at the WRIGHT

Doors @ 6:00pm. Readings @ 6:30pm. \$5 entry. Students Free!

UpstART Professional Theatre and the Sherbino present:

HEDWIG AND THE ANGRY INCH

Feb. 1, 2, and 3 @ 7:30pm, and Feb. 4 @ 4 pm. TIX @ sherbino.org



LATIN FEVER SALSA NIGHT

Doors @ 6. Salsa Lesson @ 6:30. DANCING begins @ 7. \$8 entry.

JEFFREY FOUCAULT

\$18 in advance
\$22 at the door

Doors @ 7:00pm. Music @ 7:30pm.



OPEN MIC NIGHT

5-9 pm, 2 monitors & 2 mics provided, \$ By Donation

GAME CAFE NIGHT

Entry by Donation

Doors 5:30pm. Open Games from 6-9 pm. Food by The Lunchbox (\$!).



DESPICABLE ME 3

Alpine Bank's FREE FAMILY MOVIE NIGHT

Free-Tured Film: DESPICABLE ME 3

CO-HOSTED BY VOYAGER, OFFERING CHILDCARE (donations welcome)

Doors 5:30pm. Movie @ 6:00pm. FREE!

dZi presents

MOUNTAINFILM on tour

Doors @ 6. Films @ 7. \$10 at the door.



NICENESS!

Doors @ 7:30pm. Show @ 8:00pm. \$10 at the door.

SHERB NERDS Trivia Night

Doors and cash bar at 6:30pm. Trivia at 7:00pm. Entry by donation.



Blue Speckled Fox Productions & the Sherbino present

LIQUE

Doors @ 7:30pm. Music at 8pm. \$10 at the door.



SAVING SNOW

An Adaptation Now Documentary Premiere

Doors @ 6:30. Movie at 7. FREE ENTRY. Cash Bar and Concessions Available.





THE VINE DAZZLES ON VALENTINE'S

The Vine on Main Street seemed like a good choice for a Valentine's Day night out. So, my friend Michael and I gave it a shot. Have to say this place has really spruced up.

Atmosphere is great. Saw some old friend haven't seen for awhile and had some great food.

I tried the blood orange margarita and it was super; Michael had himself a beer.

The Vine has added sushi to its menu so that was an easy appetizer choice; the spicy tuna and cucumber roll was very good. Nice to have several choices in town for sushi.

The special tonight was Dungeness crab, so had to have some of that. Reminded me of my days catching these crabs off the pier in Santa Cruz, CA., good memories.

We weren't all that hungry tonight so decided to share the crab and a half order of pasta, good choice. Spaghetti al fungi (local mushrooms, pancetta, peas, garlic with a cream sauce) is something I'll have again.

Selections here are very interesting. Sandwiches and other specialties are served Monday-Friday, 11 am to close and Saturday 2 pm to close. Sandwiches are served with fries, soup or salad. You can add truffle fries for \$2 or a specialty salad for \$3, \$1.50 extra for gluten free

bread.

Sandwich choices run from brie, apple and smoked bacon grilled cheese for \$9.99 up to burgers for \$12.99.

Pastas are a half for \$10.49 (that's vegetarian with artichokes, sun dried tomatoes and caramelized onions in a nut-free basil pesto sauce) or have a full serving of pirate spaghetti (shrimp, scallops and seasonal choice of seafood in a spicy tomato sauce), for \$18.49.

Dinner specials served Monday-Saturday from 5 p.m. to close include Cassoulet, roasted chicken, braised beef short rib, 8 oz sirloin, from \$14.50 to \$20.50. Appetizers, if you can pass the sushi, run from \$4.49 for a mixed bowl of Greek olives to the Antipasto Plate (rotating selection of cured meats and cheeses served with crostini) for \$11.99.

Salads run from \$8-9.50.

And soups, they are a cup from \$3.99 or bowl for \$5.99 or you can get seafood gumbo, cup, \$10.50 or bowl, \$17.

The sushi runs from 2 pieces of rice and fish from \$6.50-\$18 for 6 pieces. Rolls from \$6.50-13.

There is also sashimi from \$9-27.

The Vine has daily specials, including:

- Monday (BBC night) all burgers including one beer or house cocktail;
- Tuesday (wine Tuesdays) Half off all



bottles;

- Wednesday (sushi night) full sushi and house menu available;
- Thursday (mixer it on over Thursdays), buy one/get one specialty cocktails;
- Friday (slosh and nosh) Antipasto platter with bottle of wine, \$25.00;
- Saturday (brunch and beer house day) Brunch menu from 7 a.m.-2 p.m., 20 percent off all beers all day.

The dessert menu is very tempting, from chocolate ganache torte, \$6.49 to Crème Brulee at \$5.99.

We didn't see a menu for kiddos, but there were a few here tonight.

The vine can prepare many items vegan or vegetarian and has gluten free offerings. Breakfasts are offered Monday-Friday from 7-11 am, \$5.99-8.99.

The Vine is located at 347 East Main Street in Montrose; call 970.417.4340.



Introducing Independent Living at The Homestead at Montrose

If you are over 55 and independent but would like to live in a community offering socialization and peace of mind, schedule a tour of our private one and two bedroom apartments. We're conveniently located across from the Montrose Pavilion Senior Center.

Rent includes:

- All utilities: cable television, Internet and phone
- One nutritious meal per day
- Laundry privileges
- Socialization and invitation to all activities

Pricing starts at \$1210 per month, new residents only.

Call or email Denise Swanson, Residence Director to schedule a tour.
970.252.9359 | dswanson@voa.org | 1819 Pavilion Drive, Montrose



Volunteers
of America®



NOTES FOR THE JOURNEY...

Exploring Classical Music With Rob Brethouwer

VALLEY SYMPHONY ORCHESTRA BRINGS CLASSICAL MUSIC TO OUR COMMUNITIES

The opportunity to hear classical music exists right here in our community. The Valley Symphony Orchestra, now in its 47th season, offers a variety of concerts during the year that feature guest soloists and members of the orchestra playing concertos, symphonies, film music, and holiday music. The Valley Symphony Chorus offers its own series of concerts and often performs together with the orchestra, especially during the holiday season.

The VSO features players from all across the area, from Ouray to Paonia. Players are of all ages and skill levels. Attending a VSO concert not only provides audience members with the opportunity to hear a symphony orchestra but to also support local music. For those new to classical music, attendance at VSO concerts provides an excellent opportunity to become familiar with the genre without having to

travel out of town and pay much higher prices. A simple trip to the Montrose Pavilion on a Sunday afternoon and \$20 is all that is needed to begin your own musical journey.

Your next opportunity is on Feb. 25th @ 3pm with a concert called "Tis the Season of Romance." The orchestra will be performing the *Violin Concerto in g minor, Op. 26* by composer Max Bruch and will feature soloist Carlos Elias. Also scheduled to be played is *Variations on a Theme by Haydn* by Johannes Brahms. Background on the music will likely be provided in the concert program so I will leave that to the program note writer. If you attend, it is a great idea to read the program notes so you have some background before hearing the music live. Future concerts are scheduled for March and April 2018.

If you are a string, brass, woodwind, or percussion player, playing with the VSO is a great place to make music with others and to improve your own skills in a great setting. Conductor Mike Kern is an excellent musician and a patient teacher. He has a unique ability to bring separate players together into a cohesive musical whole. At Sunday's concert he will be honored for his many years of service to the VSO and to his community. I played with the VSO for several years; my memories are very fond, and the opportunities to perform were so welcome in a community where these can be few and far between.

Get out and support a different kind of local music. Take the kids and other family members and engage in mass exposure of classical music right here in your community.

www.valleysymphony.net

A large photograph of a woman with dark hair holding a Canon camera up to her eye, taking a picture. In the top right corner of this image is a smaller, circular inset photo showing a sunset or sunrise with silhouetted tree branches.

**J-M
PHOTOGRAPHY**
For assignments
& rates please call
**Jennifer
McClanahan @
970-765-2280**



You are Invited!

Montrose Economic Development Corporation Celebrating 61 Years!

MEDC 2018 Annual Luncheon

March 9, 2018 (Friday) at the The Montrose Pavilion

located at 1800 E. Pavilion Place, Montrose, CO 81401

Keynote Speaker:

Stephanie Copeland Executive Director ~ OEDIT



Stephanie Copeland is the Executive Director of the Colorado Office of Economic Development and International Trade (OEDIT). She joined OEDIT from the Zayo Group, where she served as a president of the communications infrastructure services firm. She was part of a leadership team taking the company public, managing full P&L and operations responsibilities for Zayo's network services.

Previously, she served as Chief Operating Officer at Wildblue, where she was responsible for operations of the \$500 million rural broadband business.

Check-in begins at 11:30 a.m.

Plated Lunch at 12:00 p.m.

with Program to Follow

(Catered by the Stone House)

\$30 for Investors & \$35 for Non-Investors

RSVP by 3-1-18: patriciac@MontroseEDC.org or (970) 249-9438



Thank You to Our Sponsors!



Up Bear Creek by Art Goodtimes

CONTROLLING OUR OWN ENERGY NEEDS



Celia Roberts. Courtesy photo.

SAN MIGUEL POWER ... As a Green who leans socialist when it comes to cooperative movements, I was delighted to find that my power provider in rural southwest Colorado -- when I came here 40 years ago from California -- was a rural cooperative energy distribution company. We had a cooperative food market or two in the Bay Area, but Pacific Gas & Electric had a lock on energy distribution and transmission, and PG&E was a multi-national corporation. I know. I worked for them one college summer ... So I was delighted to be a customer/owner of SMPA, and jumped right into voting at its annual meetings. I loved getting my disbursement rebate some years. Most employees went out of their way to be helpful, whenever I had need of them.

And not long ago, SMPA awarded my youngest son a college scholarship ... Good deeds aside, it's been a pleasure to see how progressive our changing local boards have been, and what a great job the new manager Brad W. Zaporski has done ... June 7th is the annual cooperative meeting in Nucla this year ... So, why the early plug? Well, because, it's a chance to get involved with a climate change engine in your region. If you really want to make a difference on where our energy comes

from, how much carbon is produced and/or sequestered, how we satisfy our energy needs into the future, getting on the SMPA board of directors ... Two seats are up this year -- District 3, which includes Rico, Dunton, Trout Lake, San Bernardo, Sawpit, Placerville and Norwood and District 6, which includes Ridgway, Orvis and much of Log Hill Village. Petitions signed by 15 or more SMPA customer/owners need to be turned in to SMPA offices in Ridgway or Nucla by April 19th. Ballots go out in mid-May and June 6th is the mail-in deadline ... To get more info or verify the district of your residence call 970-626-5549.

WINTER FUNGI MAG ... As a mycophile and a mycophagist, my mouth begins to water when I get the winter issue of *Fungi* mag, that gorgeously designed slickpaper mycological journal that's anything but stuffy. Science, poetry and stunning photographs make Dr. Britt Bunyard's magazine unique and revered in the mycological world {www.fungimag.com}. And though all the mushrooms pictured aren't edibles, I'm hungry for the latest lab research too ... Who would have thought that small wide-ranging mammals are not only the primary vector of transport for truffle spores (such as *Tuber oregonense* or *Leucangium earthusianum*), but that red spruce seedlings treated with the feces of one of those small mammals, *Glaucomys sabrinus*, the Northern Flying Squirrel, had improved inoculation of ectomycorrhizal truffle fungi, as opposed to seedlings exposed to truffle spore directly? ... Clearly mammal shit makes truffles happen better ... While perhaps not mind boggling, one has to wonder just how interconnected are all our large eco-biomes of floral, fungal and faunal species.

WEEKLY QUOTA ... "[T]he notion of species is deeply ingrained in human culture, even if evolutionary biologists understand that there is no universal, objective criterion for defining a species." -- David Hibbett, *Science* magazine (3jun16, vol. 352, issue

6290, p. 1183).

CELIA ROBERTS ... This math-prof-turned-photographer over in Paonia passed away last month. She was a community spark-plug, giving her talents to the Blue Sage Center and many other local projects. Her work documenting the life of migrant workers and the pain of forced border separations made it to presentations on both coasts. And her shots of the natural world from her travels in both North and South America were a staple on the local art fair circuit ... She loved to dance, whether for rock and roll pleasure or for universal peace. A celebration of her life is planned for the Blue Sage Center on April 1st.

GLIMMER ... "On a dull and cloudy day, I was expecting the worst from my rye sourdough starter after neglecting it for over a month ... With no feedings, no warmth, and no air, it languished quietly in its glass jar in the back of my fridge, a stagnant layer of dark gray water resting above floury brown sludge ... As I opened the lid, I steeled myself for an overwhelmingly sour and maybe even disgusting smell, but what greeted me instead was the pleasant scent of rose petals! ... I have no idea why this starter developed such a sweet floral fragrance, but it certainly delights me ... I fed it with more rye flour and water, stirred vigorously and placed it near my heater, and already it's reclaiming its previous vigor -- bubbling, foaming, chattering away in its effervescent language, perhaps excitedly envisioning all the things it will create soon -- crusty roasted garlic and olive bread, rosemary and walnut pan-cakes, tangy beer-like krass ... Deep down, a faded and dispirited part of me takes note, want to believe the soul is like sourdough -- even after prolonged neglect, it can be reinvigorated when given attention, fed, and brought out into the open. Can once again energetically offer itself to the world, and is capable of the most wonderful surprises." -- Kyra Kopentonsky, the keeper of the Poetry Box at Fall Creek.

Continued next pg

Up Bear Creek by Art Goodtimes

THE TALKING GOURD

Final Animal

Translucent amphibian or molecular
invertebrate, scavenging rodent

or stubborn ungulate, whatever
it is endures all manner of onslaught

for that imaginable unimaginable
forthcoming moment it's the last thing

blinking and breathing in landscape
covered with almost comical

numbers of corpses, largely us, no
one living to analyze prayer as a form

of fluid dynamics or correlate lightning
to astral anomalies, no one remembering

the famed island let alone its tavern
where painters slugged each other

and how much a beer and a shot cost,
no recalling terraced squatters' shacks

of South America or the fact
ancient Egyptians believed frogs

emerged from flooding
and the coupling of land and water.

-Aaron Anstett
Colorado Springs
from *Please State the Nature of Your Emergency*
(Sagging Meniscus Press, 2017)



The Stone House



February 28, 2018 6:00pm
\$65 per person – does not include tax & gratuity

To Benefit Partners

Providing appropriate adult role models to act as mentors for at-risk youth

Reception Wine

Naonis Prosecco

Tomato Tart

A savory tart shell filled with herbed feta cheese, topped with vine ripe tomatoes;
baked & finished with balsamic reduction

Hob Nob Pinot Noir - France

Bacon Spinach Salad

Baby spinach, bacon, red onion, dried cherries, spiced pecans & cherry tomatoes
drizzled with honey bacon vinaigrette

Your Choice:

Terra Andina Cabernet Sauvignon or Josh Cabernet Sauvignon

Dry Aged Strip Loin & Grilled Shrimp

Dry aged rosemary roasted strip loin & 2 grilled shrimp finished with gorgonzola butter;
served with sweet mashed potatoes & roasted asparagus

Cline Cashmere Black Magic

Espresso Cannoli

A cannoli shell filled with espresso cream,
finished with chocolate sauce, Kahlua whipped cream & raspberries

A wonderful mix of Grand Marnier, Kahlua & Irish Cream

Reservations Only – Call Jack @ 209-9100

Chef Kevin Gurney

COMMUNITY NEWS BRIEFS

DROUGHT: HOPING FOR THE BEST, PREPARING FOR THE WORST *Local Conservation District Provides Resources for Drought Planning*

Special to Art & Sol

REGIONAL-Lack of snow in December and January has everyone wondering what the year will bring and how to prepare if a major drought is on the horizon. As of Jan. 30, 2018, the National Integrated Drought Information System has upgraded southwestern Colorado from moderate drought conditions to severe drought conditions. According to the Colorado Climate Center Many of the SNOTEL stations in the Upper Colorado River Basin have precipitation percentile readings this Water Year that are the lowest on record. This doesn't mean that the year will end in drought, but the large deficits of precipitation we have had this year are more difficult to make up the farther we get into the season. Agriculture tends to feel the effects of drought first. So how can farmers prepare for a dry year?

The Shavano Conservation District is hosting two events in February and one in March that include drought planning resources.

The Western Slope Soil Health Conference, sponsored through a partnership between Delta County Economic Development, Delta and Shavano Conservation Districts, and the Natural Resources Conservation Service will be on Feb. 22nd and 23rd at the Delta Center for Performing Arts. While the theme of the Conference is on how soil health practices increase food quality, these practices inherently help mitigate the effects of drought on soil and crops also. When applied, the soil

health principles help the soil retain more water for a longer and reduce soil temperatures, so crops do not wilt under the heat of the sun. Attendees will learn more about the 5 principles of soil health (keep the soil covered, limit soil disturbance, keep a living root in the soil, plant diversity, and livestock integration) that will help them prepare for drought and increase the food quality they produce.

On February 27, SCD is partnering with CSU Extension, the Bird Conservancy of the Rockies, and the Natural Resources Conservation Service to host a seminar on Rangeland Drought Planning and Water Management. The Seminar will be in the Pioneer Room at Friendship Hall on the Montrose County Fairgrounds from 10 am -2 pm and lunch will be provided. The Seminar is the second of a four-part series on Rangeland Management.

In March Shavano Conservation District is hosting their Annual Banquet with guest speaker Kevin Rein, State Engineer for the Colorado Department of Water Resources. The Banquet will be on March 9, 2018 at the Holiday Inn Express in Montrose and tickets are available on line at <https://www.eventbrite.com/o/shavano-conservation-district-16809544872>

Kevin's presentation will be on water law in Colorado, specifically "Use it or Lose It", a topic that becomes more critical as water becomes scarcer. In addition, the Conservation District also presents awards to Conservation Farmer/Rancher of the year and a Conservation Educator of the Year.

Tickets for evening include a western BBQ dinner, cowboy music, dancing, door prizes, and a silent auction.

Each year the Shavano Conservation District also provides the community an opportunity to communicate to state and national leadership what we see as our natural resource concerns and the best solution to the concern on the local level. The feedback obtained at the Local Work Group Meeting is used to determine how conservation dollars are spent by the Federal government in the next Farm Bill. If the lack of precipitation continues on into the year, the Local Work Group Meetings will be crucial for drought assistance funding.

These Local Work Group Meetings are open to anyone in the community and everyone is encouraged to attend. The date for the 2018 Local Work Group Meeting has not yet been set.

Local Conservation Districts have been providing resources for assisting farmers and ranchers with water and soil conservation since the Dust Bowl of the 1930's. The Shavano Conservation District has been providing information and resources through projects, workshops, tours, and meetings since 1941 to promote soil health and water quality.

Visit our website at www.shavanocd.org.

If you would like more information about this topic, or to schedule an interview with Mendy Stewart, please call her at 970-964-3582 or email mendy.stewart@co.nacdnet.net.



FRESH, LOCALLY PRODUCED NEWS
DELIVERED STRAIGHT TO YOUR
DESKTOP.

THE MIRROR,

COULD YOU ASK FOR IT TO GET ANY BETTER?

COMMUNITY NEWS BRIEFS

SHERB NERDS RETURNS TO THE SHERBINO THEATER FEB. 22

Special to Art & Sol

RIDGWAY-Sherbino Theater's long running "Sherb Nerds" night is continuing through the winter months, with its next date of Feb. 22, and they ask, "Are you ready for some trivia??"

Sherb Nerds is the Sherbino's trivia nights that feature several rounds of trivia questions with varying topics such as history,

film/TV, science, music, and geography, led by local quiz masters. Teams may have up to 6 people, with a variety of prizes up for grabs throughout the night.

Trivia-master Rick Weaver is known for his fun and challenging mix of questions that engage a diverse range of participants. His loyal following of "nerds" are always up for more participation and a

lively bout of friendly competition.

Sherb Nerds runs monthly, with its next night on Feb. 22. Entry is by donation, and suggested donation is \$5-\$10 per person, in order to fund its continued offering. Cash bar and concessions are available. Doors open at 6:30 pm and trivia begins at 7 pm. For more information visit sherbino.org or call 970-318-0150.

OPEN BARD POETRY SERIES HOSTS LOCALS' NIGHT AND POTLUCK

Special to Art & Sol

RIDGWAY-The Open Bard Poetry Series will host its first scheduled Locals' Night and Potluck on Thursday night, March 1. For this event local area poets and singer-songwriters are invited to sign up in advance to be featured for a five-minute time slot on the Sherbino stage in Ridgway.

Those interested in taking part as featured performers should contact co-directors, Beth Paulson

(bpaulson@ouraynet.com) or Kierstin Bridger (kbbridger@me.com) by Monday, Feb. 26. Kierstin, who emceed a similar Open Bard event last May, said she is thrilled about having this planned event to feature creative writers in the community. She added, "We had such great local support last year that we thought it a good idea to thank our generous audience with a community-building night such as this."

Local writers and singers who have published books or CDs are invited to bring

them to display, sign, and sell at this event. Other activities will include creative word games, such as book spine poetry and exquisite corpse poetry. Open Bard will have its usual Open Mic after intermission at which time those not featured may sign up to read their own poetry or a poem by another poet. Bring your poetry-inspired dish to share at the Sherbino at 6 p.m. Students and teachers are always free, but no admission will be charged at this event.

GARRETT LEBEAU TO PLAY KAFM RADIO ROOM MARCH 30

Special to Art & Sol

GRAND JUNCTION-Performing Friday, March 30 at the KAFM Radio Room, Garrett Lebeau is a member of the Shoshone tribe and was born and raised on the Wind River Reservation near Lander, Wyoming. Raised in an apocalyptic religious cult that kept members shunning the outside world, Garrett led a life sequestered from other people.

This experience, along with living in a very remote and isolated environment, has influenced his music. Garrett is a self-taught musician who began learning to

play the guitar as an adult and admits the process of his learning to play was a slow one. He is an accomplished songwriter, and his vocals has been compared to Boz Scaggs, Al Green, and Van Morrison, accompanied by a style of guitar playing that is uniquely his own.

Tickets are \$18 in advance and \$20 at the door and can be purchased by calling (970) 241-8801, or online at www.kafmradio.org.

The Radio Room is located at 1310 Ute Avenue, Grand Junction, CO 81501. Doors open at 7p.m.



Performing Friday, March 30 at the KAFM Radio Room, Garrett Lebeau is a member of the Shoshone tribe and was born and raised on the Wind River Reservation near Lander, Wyoming. Courtesy photo.

MEET SHERIFF CANDIDATE ADAM MURDIE



Learn more about Adam's Platform

Firm. Fair. Friendly. And what it means for Montrose County community members.



Get Your Questions Answered

Always doing the right things for the right reasons, even when no one is watching.

ADAM 
MURDIE
Montrose County Sheriff

February 20th • 6pm-8pm

Rib City Grill

1521 Oxbow Drive, Ste 156 • Refreshments Provided

MURDIEFORSHERIFF.COM



BERKSHIRE HATHAWAY | Montrose Real Estate Group
HomeServices

**FOR COMPARISON PURPOSES,
THERE'S NO COMPARISON.**

Coming February 20th

Hold the Date! Upcoming Business & Cultural Events

ONGOING-

FRIENDSHIP FORCE INTERNATIONAL, non-profit organization, was founded and introduced to the world at a ceremony held at the White House on March 1, 1977. FFI provides opportunities to explore new cultures by bringing people together at the personal level. Friendship Force of western Colorado's regular monthly meetings are scheduled for the 3rd Thursday of the month. Meeting location - Red Cross Training Center, 5th and Gunnison in Grand Junction, 6:15 p.m.

THE ALPINE PHOTOGRAPHY CLUB meets every second Tuesday at St. Mary Catholic Church in the St Paul Room, 1855 St Mary's Drive, Montrose. The Public is welcome to attend. For more information, email alpinephotoclub@aol.com.

FREE JAM SESSION AND SING ALONG, Mondays from 4 to 6 p.m. at the Montrose Senior Center.

MONTROSE HISTORICAL MUSEUM- "Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

MONTHLY-

Feb. 20-Adam Murdie for Montrose County Sheriff 6 pm to 8 pm, Rib City, 1521 Oxbow Drive, Ste 165, Montrose. Refreshments Provided.

Feb. 21- Crafternoon at the Library, a craft club for adults & teens. Knit & crochet projects for charity! 2:30 - 4:30, library meeting room. For more info contact Tania at 964-2546.

Feb. 21-Colorado Archaeological Society Chipeta Chapter will have its second annual Members' Potpourri meeting where chapter members will present three short illustrated talks about their own adventures. Refreshments will be served; public is invited. Free. First Methodist Church in 19 S. Park Street, Montrose, 7 pm.

Feb. 21-The Western Colorado Latino Chamber of Commerce (WCLCC) will celebrate its five-year anniversary. Members and non-members are invited to celebrate with the WCLCC from 5 p.m. to 7:30 p.m. Event will be held at the Western Colorado Community College's student run Chez Lena Restaurant, 2508 Blichman Avenue, in Grand Junction. The event will feature food, drinks, live music and VIP Speaker. Tickets are \$25 for members and non-members. RSVP by February 19 -tickets available on EVENTBRITE. For more information: wclatinochamber.org or info@wclatinochamber.org or by phone 970.712.8663.

Feb. 22-23- the Eighth Annual Soil Health Conference will be held on Feb. 22 and 23, 2018 at the Delta Center for Performing Arts, located at 822 Grand Avenue in Delta. Nationally renowned speaker Dr. Allen Williams will highlight the 2018 conference. For more information please visit www.westerncoloradosoilhealth.com or call DCED at 970-874-4992.

Feb. 22-Montrose DDA presents Dinner+Magic+Movie. Visit the DDA Facebook site for tickets! Portion of proceeds to benefit Habitat for Humanity of the San Juans.

Feb. 22-Sherbino Theater, Sherb Nerds: Entry is by donation, and suggested donation is \$5-\$10 per person, in order to fund its continued offering. Cash bar and concessions are available. Doors open at 6:30 pm and trivia begins at 7 pm. For more information visit sherbino.org or call 970-318-0150.

Feb. 23-Meet the Candidate: Adam Murdie for Montrose County Sheriff 6 pm to 8 pm, Olathe Community Center, 115 Main St., Olathe, Refreshments Provided.

Feb. 24- "Saving Snow" will premiere Feb. 24 at Sherbino Theater. Doors will open at 6:30 pm and the film will begin at 7. Entry is by donation. For more information, go to sherbino.org or call 970-318-0150.

Feb. 24-Montrose Memorial Hospital's annual Health Fair will be Saturday, Feb. 24 from 6:30 a.m. to 12 noon at the Montrose Pavilion. Early Blood Draws, held in conjunction with the Health Fair, will be Jan. 31 and Feb. 1-3 from 6:30 to 9:30 a.m. at the **Montrose Pavilion**. Early Blood Draws will also be available on Jan. 29 at the American Legion Hall in **Olathe**, from 6:30 to 9:30 a.m. and on January 27 in **Ridgway**, at the 4-H Events Center from 7-10 a.m.

Feb. 24-Montrose Democratic Party Candidate Forum for Gubernatorial candidates: Noel Ginsburg, Michael Johnston, Cary Kennedy, Donna Lynne, and Erik Underwood. This forum will be held in the Centennial Middle School gym, 1100 So. 5th St, Montrose, from 9:30 a.m. to 11:30 a.m. Doors will open at 8:30.

Feb. 24-Love, Montrose. Benefit for Amber @ the Lark & Sparrow, 511 East Main St. Kipori Woods and Jeff Fields. Silent auction. Suggested donation is \$10.

Feb. 24-Montrose Elks Lodge, 7 PM. Elks 150th Year Anniversary. Learn about what the Elks are and what we do. This unique patriotic event will be exceptional as the Elks Anniversary is shared with a Fundraiser to benefit 4-year-old Cove Brennecke (serious medical issue). Please join us for Dinner, Dancing, a Silent Auction, a Raffle for ½ a pig (processed) and loads of Fun! *Listen and dance to live music by Ghost River Band, Farmer in the Sky, and other Guests.* Cost for entry is \$20. The Lounge will have drink Specials & rides home will be available.

March 1-The Open Bard Poetry Series will host its first scheduled Locals' Night and Potluck on Thursday night, March 1 at the Sherbino Theater in Ridgway. Bring your poetry-inspired dish to share at the Sherbino at 6 p.m. Students and teachers are always free, but no admission will be charged at this event.

March 1-Meet the Candidate: Adam Murdie for Montrose County Sheriff, 2 pm to 5 pm, The Rimrock Hotel, 123 East Main St., Naturita. Refreshments Provided.

March 6- The Democratic Caucus for the Montrose and Olathe precincts will be held at the Centennial Middle School Cafeteria. The Caucus for the precincts in the West End will be held at the Naturita Community Library. Each Caucus will begin at 7 p.m. Doors open at 5:30 for registration and check-in.

March 8- "Great Decisions" discussion series happening at the Montrose Library 6:30 - 8:30 pm, Montrose Library Meeting Room. Topic: "Turkey: A Partner in Crisis."

March 9-Montrose Economic Development Corporation Annual Luncheon @ the Montrose Pavilion. Speaker will be OEDIT Executive Director Stephanie Copeland. Call 970.249.9438 for tickets or to RSVP.

March 11-The Radio Room proudly presents The Two Tracks, on Sunday March 11, beginning at 7:30 p.m.

Tickets are \$15 in advance and \$18 at the door and may be purchased by calling (970) 241-8801, or online at www.kafmradio.org. The Radio Room is located at 1310 Ute Avenue, Grand Junction, CO 81501. Doors open at 6:30p.m.

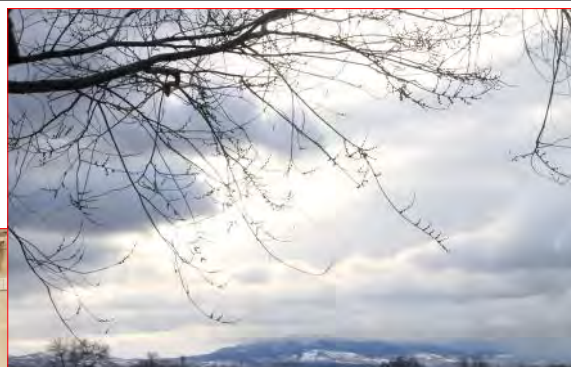
Contact the Montrose Mirror:
970-275-0646

Editor@montrosemirror.com

www.montrosemirror.com



The 2018 Montrose County Sheriff Office (SO) photo. Sheriff Rick Dunlap said, "This is the first SO group photo that we've taken since 1997." Photo by Gail Marvel.



Storm King veiled in clouds. Photo by Jennifer McClanahan.



FAME

FOCUS • ATTENTION • MEMORY EXERCISES

Contact Me for a Free Consultation!

Michele Gad • 970-948-5708

MicheleGad.fame@aol.com

FAME is a series of customized exercises, designed to develop new neural pathways in the brain (referred to as neuroplasticity), which can improve focus, attention and memory. The program embraces a holistic approach to brain health, provided in the client's home.

Benefits healthy aging adults and may effectively treat:

- Stroke Survivors
- Depression & Anxiety
- Youth & Adult ADD/ADHD
- PTSD & Traumatic Brain Injuries
- Alzheimers & Dementia

Michele Gad is a **Certified DelGiacco Neuro Art Therapist**, who assists individuals with cognitive or mental health challenges to live life as fully and independently as possible. She developed **FAME** in 2010 to better assist her clients. Sessions are specifically designed to meet client's individual needs, goals, abilities, and level of commitment...and have fun!