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THE MONTROSE MIRROR

SAVE A TREE, READ THE MIRROR...WEEKLY ON MONDAYS!

© Issue No. 267, April 9, 2018

'THESE PEOPLE SERVED OUR COUNTRY, AND THEY PAID A GREAT DEBT' *Grand Junction Company Serves Former Dept. of Energy Workers in 13 States*



Outreach Liaison John Kelley of Grand Junction-based Nuclear Care Partners, above, reminds the community that energy workers are unsung American heroes who sacrificed for our freedoms.

By Caitlin Switzer

GRAND JUNCTION- They continue to be the unsung heroes of our nation; the Department of Energy (DOE) workers whose labor fueled the age of nuclear power.

Today, a growing health care company has built its mission entirely around serving the health care needs of former energy workers, those who "were regularly exposed to radioactive materials and other hazardous materials that may have already brought about debilitating and life-threatening illnesses and disabilities." Founded in Grand Junction by two nurses, [Nuclear Care Partners](#) (NCP) provides in-home health care and other services to former United States Department of Energy (DOE) workers.

Like Medicare but specific to

[Continued pg 18](#)

APRIL IS CHILD ABUSE PREVENTION MONTH; COUNTY TO HOST FAMILY MOVIE NIGHT APRIL 28

Mirror staff report

MONTROSE- Because April is Child Abuse Prevention Month, Montrose County will screen the family film *Coco* at the Fox Movie Theater (27 South Cascade) on April 28 at no charge to viewers. The movie begins at 11 a.m., and snacks are on the house as well.

In mid-month, expect a honk-a-thon in Demoret Park to raise awareness, County Media Relations Manager Katie Yergensen said.

At the Montrose Board of County Commissioners meeting of April 4, Child Welfare Program Manager Stephanie Holsinger presented a [proclamation](#) for BOCC adoption, declaring April to be Child Abuse Prevention Month in Montrose County. Among the facts noted in the proclamation: In fiscal year 2017 there were 212 reported cases of child abuse and neglect; Montrose County received 1012 reports of child abuse, neglect or

[Continued pg 12](#)



Pinwheels line the walk at the Montrose County Administration Building, in honor of April as Child Abuse Prevention Month. The County will host a family movie night at Fox Movie Theater April 28. Mirror staff photo.

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ANSWERING THE CALL: PATROL OFFICER HANK SUPPES

Officer Hank Suppes



HIRED 01-06-14

Montrose Police Patrol Officer Hank Suppes. Courtesy photo.

By Gail Marvel

MONTROSE-Born and raised in Olathe, Patrol Officer Hank Suppes is a 2010 graduate of Olathe High School and has been with Montrose Police Department (MPD) for four years. Suppes funded his own way through the Police academy, "There were certain aspects that were hard. The Colorado Revised Statutes and local laws were challenging to learn, but it was a good challenge."

Law enforcement was not the first career choice for Suppes, "I had no big plan of what to do with my life, what career. I was uncertain in college and my focus there was on business and marketing." Growing up Suppes had a lot of law enforcement officers in his family (father, uncle, cousin), "I guess I wanted to remain in my community and nothing stuck with me in

other jobs. I knew my family members liked their jobs. Law enforcement is a welcoming family and it grows on you. It pulled me in and I'll see where it takes me."

For Suppes the least enjoyable aspect of his job is the schedule, "Shift work wasn't something I grew up doing. Sometimes the 12-hours, day-to-day, wears on you. No call is the same and it keeps you on your toes." The most enjoyable aspect, "Every case is different and a challenge. Also, the people I work with are like family and it's a family environment. If you get switched to a different crew they're welcoming. Everyone on PD is my best friend." When asked about the number of his best friends he laughed and said, "Oh, right now that's about 20 best friends."

Considering the stress associated with his

job Suppes said, "It's the risk. You never know how a call is going to go. The reality is you never know how a person is going to react when you walk up to them." Without discounting the risk involved Suppes added, "That's one part, but I work with a great bunch of people. They always have your back and are willing to help you. That goes for patrol officers as well as administration. I feel very comfortable with everyone I work with."

Suppes has two Lifesaving Awards from the department, both in relationship to medical calls. "I don't like to think that I saved a life, but that I changed a life. I'd rather focus on the team and the unit than on myself. Without them I wouldn't be able to do what I did. It's a team effort, not just me." Suppes has not yet had an opportunity to use CPR.

The theme of team work is not limited to fellow officers but extends into his interaction with the public. "What I like to do is team with people. I like to get citizens involved as much as possible so we can work together to solve issues." In communicating with citizens Suppes said, "I'm approachable and I like to keep things light. I want people to trust me if they approach me, or I approach them."

As for interests and activities outside of law enforcement Suppes said, "Seeing family and friends. My parents still live in Olathe and my sister lives in Grand Junction. I like to do family things with my immediate family and spend as much time with them as possible."

Suppes would like citizens to know that they have the ability make his job easier, "We're a team. We are all part of the same community. We need to work together to reach common ground and trust one another."



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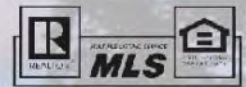
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CITY MANAGER ROLLS OUT MAIN STREET 'DART' TEAM; KEEP MONTROSE MOVING SIGNS UNVEILED TO MIXED REVIEW



City Engineer Scott Murphy unveiled the "Moving Montrose Forward" construction and street maintenance signs that will soon become a part of the city landscape. Citizens can go to the website MOVEMO.CO for information on detours, scheduled repairs and construction. Photo by Gail Marvel.

By Gail Marvel

MONTROSE- The 11 a.m. working lunch for the City Council Work Session was held on Monday, April 2, 2018. Councilman

Dave Bowman was absent. Official decisions are not made, or voted upon, during work sessions. The regular city council meeting was rescheduled to convene at 6

p.m. on the same day in order to avoid a conflict for staff and candidates during the City Election which took place on Tuesday, April 3.

Discussion Items:

Intergovernmental Agreement (IGA) for Columbine Middle School GOCO Grant – Grant Coordinator Kendall Cramer.

Cramer said, "We received a GOCO grant for \$110,000. There were 14 applications and we scored 90 points. We were number one. Columbine School has never had a playground, so this is exciting." The design has yet to be finalized, "It all has to be nature based. It's a really cool project." The total cost of the playground is \$161,043. Along with the grant, additional funds will come from the school district, in-kind donations and other partners.

The city will administer the grant. Cramer said, "Basically, the IGA gives the school district access to the project and says the school district is responsible for maintenance."

Deed of Easement for Montrose County – Director of Innovation and Citizen

Continued next pg

CITY MANAGER ROLLS OUT MAIN STREET 'DART' TEAM From pg 4

Engagement Virgil Turner.

This is a resolution of the city council granting perpetual access and utility easement to Montrose County. The property is the former county gravel pit on top of Sunset Mesa. Turner said, "The county has the property up for sale. They want a legal easement to the property. It matches up to what we think. Without it, we could ask them [new owner] to quit using the road. It's not where the road is today, but where we want the road to be. We've been working really well with the county."

General City Council Discussion:

Councilwoman Barbara Bynum noted the wrap-up of this year's Citizen Police Academy, "There were 12 or so participants, but there was room for more. We need to put out more information for next year's academy." Applications will be taken in December.

Councilman David Romero will submit a letter of resignation to the Airport Advisory Board. Once the new council is seated they will submit the name of someone to fill Romero's vacant seat on that board.

Mayor Judy Ann Files commented briefly on the re-location of the Region 10 League for Economic Assistance & Planning (LEAP) and the remodel of the former Region 10

building by the Center for Mental Health. City Manager Bill Bell said, "We're helping both facilities in the transition. At the next work session there will be a funding request. The Center for Mental Health has an asbestos abatement approaching half a million dollars that they hadn't planned for."

Assistant City Manager/Director of Office of Business and Tourism Rob Joseph updated council on the wayfinding signs. "CDOT [Colorado Department of Transportation] is not interested in putting signs on the public right-of-way." The city will explore other sites for the gateway signs.

City Engineer Scott Murphy introduced council to the new signs that will be displayed at street maintenance and construction sites. The signs are designed to promote the theme, "Moving Montrose Forward," and the website address is MOVEMO.CO. Murphy said, "We want to get the word out on what is going on now." Citizens can go to the website and to learn about street maintenance schedules and detours.

Mayor Files commented that at first glance MOVEMO.CO does not look like a website address, "We're going to have to

tell people it's a website."

Staff Comments:

Late last week an agricultural burn got out of control and burned a pedestrian bike path bridge. A section of bike path that connects Rio Grande Ave to Chipeta Lakes is now closed and the burn is under investigation by the Montrose Police Department (MPD). The City insurance carrier, CIRS, is assessing the damage. Mayor Files said, "Repair of the bridge is a high priority."

The City Manager Bill Bell reported on a week-long Main Street Conference. Although they work together on projects, the Downtown Development Authority (DDA) and the Main Street Program have a separate focus. The focus of the DDA is downtown; the focus of the Main Street program is community wide. For the Main Street program Bell rolled out the new Development and Revitalization Team (DART) that has started forming committees.

Will Woody was recently hired as a part-time employee; however, as of April 9, he will become a full-time employee as a Communications Director/Public Information Officer. Bell said, "We're still working out the job description."

REGIONAL NEWS BRIEFS

BERKSHIRE HATHAWAY HOMESERVICES MONTROSE REAL ESTATE GROUP WELCOMES TROYE FLOYD



Special to the Mirror

MONTROSE- Troye Floyd is now affiliated with Berkshire Hathaway HomeServices Montrose Real Estate Group.

"I am very excited to be teaming up with my lovely wife Patrice at Berkshire Hathaway HomeServices Montrose Real Estate Group," Floyd said. "Together we will be able to provide twice the customer service to our buyers and sellers."

"The core values of duty, respect, and integrity have been instilled in me over the past 18 years in the Fire Service. I will continue to use these values as we assist our clients in buying and selling their home."

Please feel free to contact Troye at: C: 970-209-3574. patricefloyd@gmail.com. www.MontroseColorado.com.



NATURE MADE MEMORIES

APRIL 16-22, 2018 | CityofMontrose.org/EarthWeek

The 2018 Earth Week theme,
NATURE MADE MEMORIES
 encourages everyone to get out in nature
 with family and friends to both share
 and create some nature made memories!

Learn how you can be a part of it all:

CityofMontrose.org/EarthWeek

EARTH DAY HISTORY

Earth Day is an international celebration held on April 22nd that promotes "environmental goodwill" throughout communities and emphasizes the importance of protecting our environment and natural resources. Earth Day began in 1970 after Wisconsin Senator Gaylord Nelson witnessed the after-effects of a major oil spill in California. He was inspired to raise awareness in the U.S. about air and water pollution. What started as the idea for a national "teach-in" on the first day of spring grew to 20 million Americans demonstrating in coast-to-coast rallies for a healthy environment. This first Earth Day jump-started a national and lasting movement. Landmark environmental legislation followed, including the Clean Air Act, Clean Water Act, and Endangered Species Act. Earth Day has since expanded to include a full week of environmental awareness. Today, Earth Day and Earth Week are celebrated all over the world, with millions of people participating in programs and activities. It is the largest civic observance in the world. For details, visit EarthDay.org.



United States Department of Agriculture
 Natural Resources Conservation Service

'IF YOU SEE SOMEONE TOPPING TREES PLEASE CALL THE PARKS DEPT' OUTDATED TRIMMING PRACTICE OBSERVED IN MONTROSE, SUPERINTENDENT OF PARKS SAYS



District 1 City Councilman David Romero was all smiles as he neared the end of his four-year stint on the Montrose City Council. Romero chose not to run for re-election. Romero's replacement, Doug Glaspell, will take the oath of office at the official city council meeting on April 17, 2018. Photo by Gail Marvel.

By Gail Marvel

MONTROSE—The regular city council meeting, which normally would have been held on Tuesday, April 3, was rescheduled to Monday, April 2 so as not to conflict with election day and the efforts of city election staff and city council candidates.

Four councilpersons were in attendance; Councilman Dave Bowman was absent.

Earth Week Proclamation

The city council proclaimed April 16 - 22, 2018 as Earth Week in the City of Montrose. The proclamation urged all citizens to support efforts of environmental initiatives and encourage others to undertake similar actions. Noticeably absent was anyone to accept the proclamation.

Arbor Day Proclamation

The city council proclaimed April 27, 2018 as Arbor Day. The proclamation urges all citizens to support efforts to protect our trees and woodlands and to support the city's urban forestry program. Superintendent for Parks and Special Projects John Malloy accepted the Arbor Day Proclamation.

Malloy addressed council on a variety of Parks Department and forestry issues,

"Right now we have a reimbursement program for right-of-way trees. We've seen a lot of topping of city trees. That procedure has been outdated for over 20 years.

"If you see someone topping trees please call the Parks Department. We are reintroducing the Tree Board. We have a Green Waste program at 122 6450 Road. We take grass clippings, leaves, rose bushes, and sticks up to about four inches. We recycle that in city parks and on trails. It's available to the public as well, but you have to load it yourselves."

Councilman David Romero asked if the beetle infestation has affected spruce trees in the city. Malloy said, "We've not seen a lot of beetle kill in the community. The drought conditions in the mountains make those trees more susceptible."

Comment for Public Comment for Non-Agenda Items: There was no public comment.

Ordinance 2444 (second reading) - Senior Planner Garry Baker.

This Ordinance was passed on first reading, which took place on March 20. The property is near the Justice Center, west

of Grand Avenue and east of the Uncompahgre River. In general, this ordinance amends the zoning designation within the Urban Renewal Authority (URA) to I-1 (Light Industrial District) and P (Public). The P zoning will allow for recreation and public access to the river corridor.

Councilwoman Barbara Bynum said, "One of the reasons we are doing this is so prospective buyers will know that the land is ready to go and will not have to be re-zoned." Approved unanimously (four present, one absent).

Wastewater Treatment Plant Rotor Gearbox Purchase – Utilities Manager David Bries.

The current gearboxes have been operational since 1984 and are nearing the end of their 35-year life service.

Bries said, "We reached out to the low bidder from last year and they extended the bids to this year. The gearboxes are massive with eight-inch shafts. You just can't get these at your local hardware store." The council considered approval of three gearboxes for the total amount of \$62,038.29. Approved unanimously (four present, one absent).

Stargate Subdivision Filing No. 2 Final Plat – Senior Planner Garry Baker.

This property (3.843 acres), owned by developer Matt Miles, is located on 6600 Road and Galaxy Drive and connects to the Bear Creek subdivision.

Baker said, "Lots are in a huge demand right now. There is construction going on all over town. With your approval tonight, the lots can be sold." Approved unanimously (four present, one absent).

Staff Reports:

City Clerk Lisa DelPiccolo reported on the election process, "Ballots must be returned by 7 p.m. They can be dropped by City Hall, the curbside box at the County Court House, or inside the court house. You can also register to vote if you are not registered. As of this evening we have about a 25 percent return. We have to reject ballots if they are not signed on the back."

City Council Comments: No comments.

US 550 SAFETY AND OPERATIONS STUDY

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from the Ouray County line to
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4:00 - 7:00 PM

**Montrose City Council
Chambers**

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For more information, contact:

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OPINION/EDITORIAL: LETTERS

HAIL TO THE LINCHPINS: ESSENTIAL TO OUR PUBLIC SAFETY

Editor:

A lynchpin is defined as that which holds critical parts together, like a team of horses to a wagon. Telecommunications Dispatchers deserve that definition. The RP (reporting party) is the one with the information about a fire, a crime, or a health crisis. The FR (first responder) may be the E.M.T., Fireman or Law Enforcement Officer. Neither group can resolve the crisis without the lynchpins, the dedicated members of a Telecommunications Dispatch Center. Their precise receipt of information and direction of it to the appropriate responders is critical and essential to a successful outcome, whether from law enforcement, E.M.T.s or Fire Departments. April 8th through the 14th is National Public Safety Telecommunications Week. It is only appropriate that we all express our appreciation for these selfless, well-trained professionals.

We currently have two highly-skilled Dispatch Centers, the Western Colorado Regional Dispatch Center (WCRDC) and the Montrose Regional Dispatch Center (MRDC). The latter, with Susan Byrne as its outstanding Director, is responsible in large part for the many successes of the Montrose Regional Crime Stoppers Inc. program. Montrose Regional Crime Stoppers Inc. began just three years ago, with an inherited non-traceable telephone number (970-249-8500) at the Sheriff's Dispatch (MRDC), a fledgling Crime Stoppers Board of Directors, and a few hundred dollars left over years ago from a similar entity before its departure. Tips have increased dramatically over the three years as have the arrests of criminals and recovery of stolen property. Much of the successes have come because of the commitment of Susan and her Dispatchers. In addition to the telephone, Tips may now be communicated via our mobile app, **P3Tips**, and the website, **P3Tips.com**.

Thank you all who serve in the public safety telecommunications arena. Your chosen profession is absolutely essential to keeping us all safe.

John W. Nelson

President, Montrose Regional Crime Stoppers, Inc.



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OPINION/EDITORIAL: LETTERS

THANKS TO ALL WHO HELPED CLEAN UP CHICKEN DUMP

Editor's note: It was on Feb. 17 that Olathe resident Bill Maness noticed a dump beginning to take shape on a 10-acre parcel of land in his neighborhood. Upon investigation Maness discovered a pile of chicken parts partially covered with sawdust — feet, heads, feathers, innards and blood. The pile of chicken parts, which came from Star Chicken LLC of Montrose, was estimated to be 20-feet-long, 4-feet-deep and 10-feet-wide.

Dear Editor:

I want to publicly thank Commissioner Keith Caddy, as well as County staffers Jim Austin and Steve White and the Uncompahgre Valley Water Users. They gave me their cell phone numbers and always took my calls. The chicken dump has been cleaned up and the stench is gone. I really appreciate the help we got from them for our little community.

I also want to thank the neighbors for their support over the last month. This was a community effort to stop a health crisis in the making.

I don't know if our problem is completely over since Star Chicken has applied for a Special Use Permit for the property from the county. It's my understanding there will be a hearing on the permit sometime in April.

Sincerely,

Bill Maness, Olathe

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Time: 4:30 – 5:30 p.m.

**Monday, May 21: My Spouse No Longer Has Capacity or is Recently Deceased,
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THE STATE OF THE STATE: COLORADO SENATOR DON CORAM



I do not and have never tolerated sexual harassment in the work place. This last Monday, the Senate was asked to consider expelling a member of our body because of allegations of sexual harassment.

Justice for victims of sexual harassment is needed but when the process with which we come to the conclusion is flawed, justice cannot be served.

All Senators received a copy of the investigation that stated it was "likely credible" that the Senator grabbed a woman's buttocks. The Senator accused denied the allegations. In the report, it stated that the Senators credibility was hindered because he showed anger. That his credibility was hindered because he hired an attorney. That his credibility was hindered because he questioned the investigator's knowledge of the capitol layout--the investigator had never been to the capitol

building. I have become angry, hired legal counsel, and questioned people's knowledge. I do not believe this makes you less credible.

Statements from the accuser also conflicted with that of a staff member. When the accuser stated she had reported the incident to the staff member, he claims she had not. Claims of sexual harassment do not just get forgotten. The report also claimed twice when this happened, the girl did not look but just knew it was him. The information brought forward was not clear, did not give facts, and weighed the Senator in ways that would not, in my opinion, hold up in a court of law. I could not vote yes.

When I first was elected to the House of Representatives, I was faced with a friend of mine being accused of sexual harassment. The evidence brought forward was overwhelming and I had to ask him to step down. It hurt. I have been through this before and it needs to be addressed and taken care of through a process.

The "process" the Senator has been put through has not been fair to him. While the Senator has respected the process, stayed quiet as it was occurring, others

involved were going to the media. The Senator still stayed quiet and respected the process even as accusations were tossed around about him. He stayed quiet when his own son was bullied at school, causing his grades to go from A's to failing. He stayed quiet as the process quickly turned into a public lynching rather than a judgement of the accusations. In America, people are innocent until proven guilty.

You deserve to know why I voted no. I was in favor of bringing in the District Attorney to investigate the allegations and I will continue to work for a better process to address these very concerning and serious allegations.

Not only am I fighting to make a better process in the capitol, but around the state. HB 1234 or the Civil Rape Shield Law is bipartisan legislation that aims to protect the sexual history of individuals being used to humiliate one during a court proceeding. These protections are the same ones that are granted in criminal cases already. This bill is part of the larger conversation of how we can create a process that truly brings justice for the men and women who are sexually assaulted or harassed.

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see something, say something

COUNTY TO HOST FAMILY MOVIE NIGHT APRIL 28

From pg 1

requests for service in 2017; and prevention remains the best defense for children and families.

In March, the Colorado Children's Campaign released its 2017 [Kids Count Data](#) book, allowing readers to compare the well-being of local youth with that of kids across the state.

According to the numbers:

- In 2017, 49.7 percent of the roughly 9,370 kids in Montrose County qualified for a free or reduced cost school lunch—compared to 41.7 percent of kids statewide.

Montrose is also a "leader" when it comes to the teen birth rate of 30.8 (out of 1,000 female teens age 15-19), compared to 17.8 statewide.

- In Colorado as a whole, 13.4 percent of kids under age 18 live in poverty; in Montrose County the percentage is 23.7.

- Injuries resulting in death to children between the ages of one and 14 are also higher here; 41.7 out of 100,000 in Montrose, and 6.9 out of 100,000 statewide.

- Conversely, one area where Montrose numbers closely track the state; children under the age of 18 make up 22.6 percent of the population. Statewide, kids make up 22.7 percent of the population.

To report child abuse or neglect, call 1-844-CO-4-KIDS.




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Online gaming		✓	✓
Stream 4K HD content		✓	✓
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REGIONAL NEWS BRIEFS

HIGHWAY 550 SAFETY THE FOCUS OF APRIL 19 OPEN HOUSE

Special to the Mirror

MONTROSE-Public safety along the U.S. Highway 550 corridor is a high priority for the Colorado Department of Transportation (CDOT), the City of Montrose, and Montrose County. CDOT is planning an open house April 19 to discuss road safety changes.

The open house entitled "U.S. 550 Rumble Strips" will be held Thursday, April 19th from 4 p.m. to 7 p.m. in the Montrose City Council Chambers located at [107 S. Cascade Ave.](#)

CDOT reps met with City Councilors and staff during a March 19 work session to discuss and ultimately improve, safety along U.S. HWY 550 from Otter Rd to the Ouray County line.

Topics for the April 19 open house include installing rumble strips along the 9-mile stretch of U.S. 550 from Otter Road to the Ouray County line. CDOT plans to discuss other safety measures for the road and take public comments on any proposed improvements.

During the March 19 meeting CDOT reported that from 2011 to 2015, 194 crashes have been recorded along this stretch of U.S. 550 with five of those accidents resulting in fatal injuries. Nearly 63 percent of those accidents involved wildlife.

Some other considerations raised by CDOT during the March 19th work session included more passing and turn lanes and wildlife fencing.

For information contact Andrew Amend



Safer access entering and exiting the highway could cut down on injury accidents like this one pictured on HWY 550 in 2014. Courtesy photo.

of Stolfus & Associates Inc., at 303.221.2330 or reach Andrew by email at: Andrew@stolfusandassociates.com.



Roger Lord
575-649-8503



Burton Bullington
970-596-4744



Rich Porter
970-234-3724



Mark Shaffer
970-270-6957



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COLORADO NEWS BRIEFS

RECENT COLORADO DEATH SHEDS LIGHT ON NATIONAL WORK ZONE AWARENESS WEEK

Special to the Mirror

STATEWIDE – This year, National Work Zone Awareness Week (*observed next week*) is even more meaningful to the employees of the Colorado Department of Transportation (CDOT) because of the loss of one of their own. CDOT Maintenance Operator Nolan Olson died earlier this year after he sustained injuries from being struck by a vehicle while working on a US highway. Olson's death sheds light on the importance of slowing down and giving undivided attention while driving through work zones.

The crash incident occurred on February 2, when Olson, a member of the Pagosa Springs maintenance patrol, was filling potholes on US Highway 160 in southwest Colorado. Olson was severely injured and transported to a Denver area hospital where he received treatment for more than a week. Olson succumbed to his injuries and died on February 11.

EVERYBODY IS RESPONSIBLE

Each year in the spring, National Work Zone Awareness Week is held to bring attention to safety in work zones.

This year the week will be celebrated April 9 - 13. CDOT joins DOTs across the country supporting the awareness message and hosting events to honor those lost.

"This year's national theme is, *Work Zone Safety: Everybody's Responsibility*," said **Kyle Lester**, CDOT Director of Maintenance. "It truly is everyone's responsibility! Our workers are trained to watch out for oncoming traffic. In turn, we ask the traveling public to be ever diligent when coming up on work zones. Give the road your full attention: don't be on your cell phones; look out for other vehicles, cyclists and pedestrians; and please, watch for our flaggers and workers."

The 2018 National Work Zone Safety Poster *<attached>* depicts several images of the various hazards and obstacles encountered on our roads and in work zones, including: caution signs, cones, barrels, workers, cell phones, bicyclists, and other vehicles. The poster sends a reminder to always keep eyes on the road and to remain alert.

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38 LOCATIONS FROM DENVER TO DURANGO

REGIONAL NEWS BRIEFS

CITY URGES CAUTION WHEN DRIVING IN WORK AREAS

Special to the Mirror

MONTROSE-Roadwork continues with primary areas of focus on South San Juan Avenue, Miami Road, South Hillcrest Drive, and Desanto Drive. Contractors working the City of Montrose will be milling and patching asphalt on San Juan Ave south of Main Street and Miami Road west of Hillcrest Drive.

This may result in temporary closures to thru traffic, lane shifts and flagger controlled single-lane traffic flows. Contractors will continue to replace an aging wa-

terline along South Hillcrest Drive between Sunnyside and Niagara Roads.

No water interruptions are anticipated. Possible traffic delays could exist with lane shifts along Hillcrest Drive. Additionally, on Desanto Drive, crews will begin replacing an undersized sewer line resulting in isolated closures along Desanto Drive.

Consider alternate routes around work zones.

The City asks that motorists and pedestrians exercise caution within the work area

and to please respect all coned off areas. Pedestrians and motorists can expect to see isolated road closures in all stages of work. Please use caution when driving in these areas as contractors will be actively working within the roadways.

Any questions regarding the project may be directed to City Engineer Scott Murphy at: 970.901.1792.

Find out more about the Moving Montrose Forward initiative at:


www.cityofmontrose.org/676/Moving-Montrose-Forward

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637 S Second Street, Montrose, Colorado 81401

'THESE PEOPLE SERVED OUR COUNTRY, AND THEY PAID A GREAT DEBT'

From pg 1

one industry, Nuclear Care Partners follows patients even when they are not ill, notes Outreach Liaison John Kelley. "This is an industry where people get sick," he said, noting that 22 different cancers and other illnesses that have been identified.

Kelley said, "We want to let the community know; these people served our country, and they paid a great debt just as our veterans did."

Having grown up in the Grand Valley himself, Kelley is the son of a pulmonologist who worked with former energy workers in the 1980's. As Nuclear Care Partners marks its seventh year in business, Kelley has the sense that he is in the right place, at the right time.

"Nationwide, we are one of only a handful of companies," he said. "And we are the only accredited agency working with the Department of Labor. We hold ourselves to the highest standards possible.

"These former workers really are the unsung heroes out there, and I want to

recognize them," he said. "They are proud people, and we want to be a resource."

NCP's Katelyn Hansen said. "We hold seminars for physicians, and for the community, covering things like survivor benefits and resources." Nuclear Care Partners is now in 13 states, she said.

BACKGROUND As authors James and Christine Bebee Keener note in their book, *From Unawep to Uravan* (Grand River Publishing, 1988), "The Manhattan Project that developed the first atomic bomb during World War II was supplied with uranium from Uravan...through the 1950's, during the Cold War build up of nuclear weapons, the Atomic Energy Commission supervised leasing and mining of uranium throughout Western Colorado and Eastern Utah."

Nuclear energy had uses far beyond its wartime focus, the authors note. "The nation found many peaceful uses for nuclear energy—electrical generation, cancer treatments, and specialized medical

diagnosis techniques using radioactive isotopes, among others."

As the processing hub for area mines, Grand Junction was located at the heart of it all, the [Atomic Heritage Foundation](#) notes. "By 1946, over 2,600,000 pounds of uranium oxide had been produced from Colorado Plateau material."

According to Nuclear Care Partners, more than 50,000 former workers may qualify for medical benefits and financial compensation due to chemical or radiation exposure in the workplace.

Those who have questions can attend one of two free benefits workshops concerning the Energy Employees Occupational Illness Compensation Program Act (EEOICPA). The first workshop takes place on April 24, from 1 to 3 p.m. at the Mesa County Library.

On April 25, there will be a workshop at Montrose County Health & Human Services from 1 to 3 p.m. To learn more or reserve a spot call 970-964-3003.

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Montrose County Spring Cleanup Day



FREE DAY at the East-End Landfill announced by Waste Management, in conjunction with Montrose County.
Saturday, April 21, 2018 • 8am to 4pm
67999 Landfill Road, Montrose

Open to Montrose County residents household waste only.
 No commercially generated waste.

VEHICLES ALLOWED; Cars, Pickups (bed and cab level) Trailers.

WHAT YOU CAN BRING FOR FREE

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REFRIGERATED APPLIANCES Must be accompanied with a certificate of freon removal from a qualified company before acceptance for disposal.

WHAT WE DO NOT ACCEPT

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HAZARDOUS WASTE	Oils, liquid paints, no fluorescent bulbs of any kind, cleaning solvents, etc
SPECIAL WASTE	Such as asbestos or non-friable asbestos shingles, siding, or tiles
BATTERIES	No batteries of any kind
REFRIGERATED APPLIANCES	Without a certificate of freon removal

WHAT YOU MUST PAY FOR

UNTARPED LOADS	Will be charged normal rate plus the untarped fee
ELECTRONIC WASTE	45¢ per pound; Computers CPU's, Monitors, Printers, Computer Peripherals/Cords, Fax Machines, Keyboards, Copiers, TVs, VCRs, Stereos, Home & Office Phones, Cell phones with battery in device, Consumer Electronics, Microwaves
TIRES	\$4.45 per passenger size tire \$8.92 per industrial size tire
COMMERCIAL WASTE	\$49.74 per ton

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FOR MORE INFORMATION 249-8497

MONTROSE REGIONAL CRIMESTOPPERS PRESIDENT ADDRESSES BOCC, THANKS DISPATCHERS AS PUBLIC SAFETY LINCHPIN

By Caitlin Switzer

MONTROSE-Montrose Regional Crimestoppers President John W. Nelson addressed the Montrose Board of County Commissioners (BOCC) during the time for public comment at the regular BOCC meeting of April 4.

"I apologize that I have nothing to complain about," Nelson began, "But the day's not over." Nelson went on to remind commissioners and the public about Public Safety Telecommunications Week, April 8-14, 2018. There are three aspects to public safety, he said--reporting parties, responders, and dispatchers. Of these, Nelson called dispatch centers "the linchpin."

"We happen to have two fine dispatch centers at the present time," Nelson said, "...I am most familiar with the Montrose (Regional Dispatch Center) because that's where we receive our calls from Crimestoppers.

"Susan Byrne, their director, has done an outstanding job," he said. "She has worked with the Crimestoppers since we started, approximately over three years ago." In those years Crimestoppers has received several hundred tips and has expanded its reach with a P3 mobile app and web site, he said.

"...The main thing is to let people know how well our dispatchers are doing and how much commitment dispatchers have throughout the entire United States. They make a mistake, people are liable to die; they make a mistake, and a fire is liable to consume more houses and more people and do more damage," Nelson said.

"It's very important that we appreciate those people."

With BOCC Chair Keith Cadly absent, Commissioners Roger Rash and Glen Davis approved the Consent Agenda unanimously, and approved a proclamation declaring April to be Child Abuse Prevention Month. Commissioner Davis called child abuse, "a way to destroy a life if not caught in time," and Commissioner Rash thanked Montrose County Child Welfare Program Manager Stephanie Holsinger and her staff for the work they do.

Commissioners approved the purchase of four motor grader packer rollers from low-bidder Wagner Equipment Co. of Grand Junction in the amount of \$129,591.

Commissioners then approved a purchase order of \$28,000 for Jay Thoe of Montrose to perform engineering services for the replacement of three bridges on Cimarron Road and a purchase order of \$37,000 for Del-Mont Consultants of Montrose to perform survey and engineering services for the replacement of three bridges on Cimarron Road.

A professional services agreement with Stolfus and Associates of Greenwood Village was also unanimously approved. Stolfus and Associates will perform an access control plan for Highway 550 between Otter Road and the Montrose-Ouray County line at a total cost of \$130,000. The City of Montrose and the Colorado Department of Transportation



Montrose Regional Crimestoppers President John W. Nelson spoke during the time for public comment.

will pay \$85,000.00 and Montrose County will pay \$45,000. The final General Business item was award of the 2018 Bulk Magnesium Chloride contract to low-bidder GMCO Corporation of Rifle for \$337,824, for the purchase of 612,000 gallons of magnesium chloride delivered by rail tanker to the rail siding in Olathe. The bid award was less than the amount budgeted. "This is an important part of our road maintenance and keeping the dust down," Commissioner Rash said. "I am glad to see we saved a little money on that as well." In other business, commissioners approved two items under Planning & Development: the R.M.I. Minor Subdivision proposal to divide 4.375 acres into two lots and the Cow Patty Lane Minor Subdivision proposal to divide 11.8 acres into two lots. With no further business and no executive session, at just under 23 minutes the meeting was adjourned.

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MONTROSE SENIOR AND HIS FAMILY HAVE QUESTIONS, ANXIETY AS A RESULT OF ATTACK BY UNVACCINATED DOGS



At left, Montrose resident Fred Scott with his dogs in happier times; above, dachshund Willie Nelson is recovering from the March 24 attack by three big dogs. Courtesy photos.

By Caitlin Switzer

MONTROSE—Though located in a rural area, the 14100 block of Marine Road continues to generate regular calls to law enforcement. An item in the March 24, 2018 Montrose County Sheriff's Blotter stated, "1238 Hours--Deputy was dispatched to a report of a person attacked by a dog in the 14100 Block Marine Road. Trisha Dean, 53, was cited for failure to obtain rabies vaccination."

The victim in the attack, Fred Scott, states that in addition to their lack of vaccinations, his neighbor's three large dogs inflicted multiple injuries on him as he attempted to save his small dachshund, Willie Nelson, as Willie was being dragged under the property fence by the larger dogs. The dachshund was injured as well, and is slowly recovering, he said.

Scott is 62 and retired for health reasons;

he is a pretty big guy at 285 pounds. A Montrose resident since 1985, he saw one of his dogs being attacked by a German Shepherd and two pit bulls three weeks ago while walking in his own yard. Scott yelled for help and then climbed the fence—despite a broken foot—to rescue his pet.

"My granddaughter came and kicked the dogs off me," he said. "I still have nightmares."

Today, Scott is living in pain, facing more surgeries. There were large, unexpected veterinary bills and Scott feels a continuing sense of shock and injustice. "The German shepherd tore through the muscle and severed the artery and tendons. I fell on top of him and he bit me again."

He may lose portions of one hand, Scott said, and the neighbor was not cited for keeping dangerous dogs. "They should

have given her a vicious animal ticket."

Scott said he is very appreciative of the many volunteers who have helped him with chores at his Marine Road property since the attack which left his hands shredded.

"I can't believe how the community has pulled together to help."

Still, "The dogs should have been quarantined; they were unvaccinated," Scott said. "What if this was one of the neighborhood kids?"

"There is still a 'No Trespassing' sign out there with my blood dripping down it," he said. "I can't sit on my back deck anymore; and when I see that German shepherd I am full of anxiety."

"I'm a big strong man...but not right now."

A family friend has set up a [Go Fund Me site](#) for Fred Scott, to help with the unexpected costs resulting from the attack.

REGIONAL NEWS BRIEFS

MONTROSE REGIONAL CRIMESTOPPERS ALERT

Montrose Regional Crimestoppers

REGIONAL-Montrose Regional Crime Stoppers, Inc. and the Montrose County Sheriff's Office are seeking the help of citizens to identify and locate the suspect(s) and stolen property in a recent theft. Sometime between March 8th and 22nd, an unknown person(s) entered a residential property on Highway 348, in Olathe

in Montrose County and stole a purple semi-automatic Kimber Micro-Carry .380 ACP pistol and loaded magazine.

Anyone with information about this crime or the identity of the perpetrators or any other crimes may call Crime Stoppers anonymously at 970-249-8500, use the mobile app P3 Tips, or provide information via [P3tips.com](#).

Crime Stoppers wants your information, not your identity.

If the Tip results in an arrest, the Tipster may receive a cash award.

For additional information, please view our Facebook page, www.facebook.com/montroseregionalcrimestoppers.

Crime prevention and crime solution are everyone's responsibility.

REGIONAL NEWS BRIEFS

OURAY RANGER BIDS FAREWELL TO THE GMUG

Special to the Mirror

MONTROSE—The Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests announce the departure of Ouray District Ranger Tammy Randall-Parker, who has accepted the position of Forest Supervisor on California's Inyo National Forest.

Randall-Parker has worked for the GMUG for the past 12 years and has been instrumental in a variety of major projects including the sale of the Ice Park to the City of Ouray, balancing rangeland issues in the San Juan Mountains to protect big-horn sheep habitat while allowing domestic sheep grazing and mentoring over 30 students from Montrose High School through the Forestry Intern Program.

"I have appreciated Tammy's passion and dedication toward the Ouray Ranger District, both as a resource and for her employees" said Scott Armentrout, GMUG Forest Supervisor "Her enthusiastic personality and collaborative nature will

leave a lasting impact on the GMUG – she will be greatly missed"

Tammy's collaborative mindset and emphasis on partnerships was vital in the establishment of the Parallel Trail and the Ouray Ranger District Motorized Working Group, along with accomplishing over \$10 Million in forest restoration efforts with the Uncompahgre Plateau Collaborative Forest Restoration Project, including timber harvesting, prescribed fires and noxious weed treatments.

"The Inyo National Forest is lucky to be getting Tammy as a Forest Supervisor" said Leigh Robertson, Education and Outreach Coordinator for the Uncompahgre Partnership Western Colorado Landscape Collaborative.

"I'll miss Tammy's positive energy and ability to inspire people. It's been wonderful to have a District Ranger that encourages collaboration.

By involving researchers, ranchers, recreationists and other stakeholders, Tammy

has improved management of Forest lands for both wildlife and the people who love and use the GMUG."

"My best to everyone on the Western Slope – it has been an honor to serve as Ouray District Ranger. This is a beautiful place, loved in my heart, mostly because of the great people that live and play and care so much about their public lands" said Randall-Parker.



Ouray District Ranger Tammy Randall-Parker has accepted a supervisory position on California's Inyo National Forest. Courtesy photo.

CITY OF MONTROSE ANNOUNCES 2018 ELECTION RESULTS

Special to the Mirror

MONTROSE—The unofficial results of the 2018 City of Montrose Municipal Election are as follows:

City Council Candi-

date	Votes
District I	
Douglas W. Glaspell	1,781
Jeremiah Quintin	1,124
District II	

Dave Bowman
(Unopposed) 2,287

At-Large
Barbara Bynum 2,239
David Stockton 842

The District I and II seats are for four-year terms and the At Large seat is for a two-year term. The successful candidates will be sworn in at the April 17, 2018, City Council meeting, and a new mayor will be

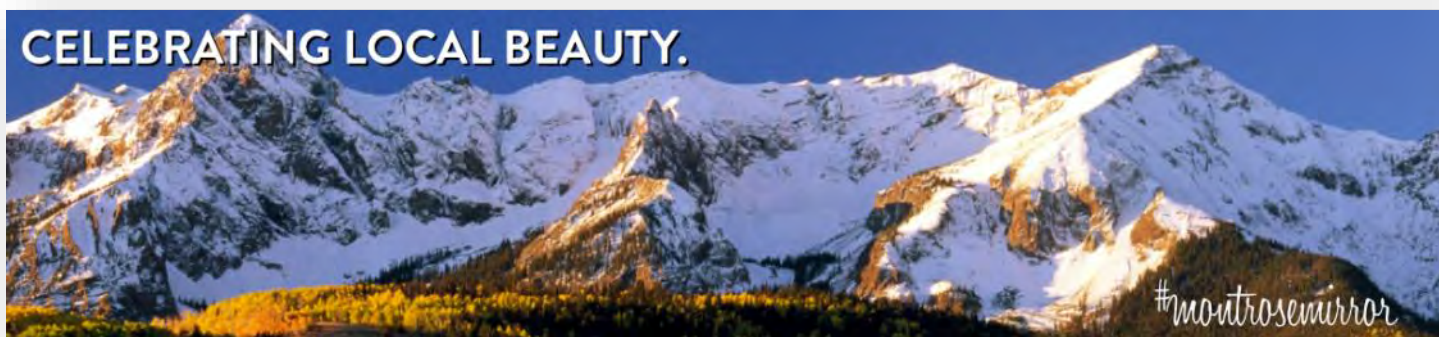
selected by vote of the council as provided by the City Charter.

Election results will become official after the abstract of votes is completed.

A notice of the official election results will be published in the Montrose Daily Press after the abstract of votes is completed.

Visit CityofMontrose.org/Election for additional election information.

CELEBRATING LOCAL BEAUTY.



ISSUE 144 April 9, 2018

ART & SOL

ROCKIN' ALICE: YOUNG PEOPLE'S MUSICAL THEATER CAMP SET TO BEGIN IN MONTROSE ON APRIL 16!

Special to Art & Sol

MONTROSE-Weehawken Creative Arts brings youth musical theater back to Montrose with "Rockin' Alice", a program led and directed by Kathleen O'Mara who is in high demand from coast to coast. This will be an amazing lifetime opportunity to work with nationally known theater teacher O'Mara.

Students explore the wonder of literary work through the arts as they rehearse and perform an original adaptation of Alice in Wonderland. Using the original text from Carroll's most famous work, students design their performance based on their favorite characters taken from the literary classic. This adaptation will be customized for the participating students and will have the opportunity to enhance the storytelling by including song and dance to the performance. "This program is a youth favorite and so much fun!" says Kathleen O'Mara.

Kathleen O'Mara has been a Teaching Artist, Producer and Director of Performing Arts since 1992. Known for being dedicated to innovative, story driven staged productions, Kathleen has worked with thousands of students across the nation on hundreds of performance pieces. Historical content, student original works,

Musical Theatre, Shakespeare, and Classic Drama, are all based on a background in Educational Theatre Arts, and experience. Kathleen is equally comfortable with small or large casts, novice or experienced actors of all ages. Kathleen's talent for fast-paced, process-oriented work ties together structure and organizational skills with the freedom of ambitious thought provoking projects. Influenced by her experience in interpersonal acting, transpersonal acting, and ensemble group theatre, Kathleen strives towards a product that tells a story, creating pictures and moments within the scene work. A creative eye and accomplishing visually stunning pictures of character and costume, as well as commitment to ensemble process and the importance of warm ups, theatre games, and a sense of community, has led her to a career of quality productions that tell compelling stories.

This five-week, camp-style workshop is intended for ages six years and up. This program runs April 16-May 11 from 4-6 pm at the Montrose Field House (25 Colo-



A 2017 performance. Weehawken courtesy photo.

rado Ave) and will culminate with public performances on the weekend of May 12. Tuition for the five-week workshop is just \$225. A minimum number of students must be met in advance in order to guarantee the class, so those interested are highly encouraged to register in advance. Scholarship, work-trade and partial scholarships are available. Have a conflict with dates? Not a problem, flexible schedule options available, but must be cleared by instructor. For more information or to save your spot and register in advance, head to Weehawken's website at www.weehawkenarts.org or call Weehawken at [970.318.0150](tel:970.318.0150).

Family

MOVIE EVENT

Help Our Community Stop Child Abuse, Call 1-844-CO-4-KIDS

April 28th
at The Fox Theatre
27 S Cascade Ave • Montrose, CO

Movie at 11am . Free Snacks

MOVIE COST SPONSORED BY MONTROSE COUNTY



- **Featuring the Family Favorite Film**
- **Community Resources will be on-hand to answer questions and provide educational materials**



APRIL IS CHILD ABUSE PREVENTION MONTH



*Help Our Community
Stop Child Abuse Now,
Call 1-844-CO-4-KIDS*



MARK YOUR CALENDARS FOR THE **TEAM EMILY** BENEFIT WEEK

Emily is a local 5 year old girl who was recently diagnosed with brain cancer. Please gather your friends & family & take your business to these participating places to support Team Emily. Your support & encouragement mean the world to them.

**SUNDAY APRIL 8TH
THROUGH
SATURDAY APRIL 14TH**

SUNDAY 8 MACKS FAMILY
ENTERTAINMENT
CENTER 12-5PM

MONDAY 9 APPLEBEES
4-9PM
BRING A FLYER!

TUESDAY 10 COLDSTONE
CREAMERY
6-9PM

WEDNESDAY 11 CAMP
ROBBER
4-9PM

THURSDAY 12 FIESTA
GUADALAJARA
5-8PM

FRIDAY 13 CIMARRON COFFEE
ROASTERS
8-3PM

SATURDAY 14 ROSE BOWL
BRING A
FLYER!

All participating businesses will donate a % of sales to Team Emily!

COMMUNITY NEWS BRIEFS

TELLURIDE/MT. VILLAGE GEAR UP FOR 2018 RED, WHITE, AND BLUES CELEBRATION

Special to Art & Sol

TELLURIDE-The Telluride Mountain Village Owners Association is pleased to announce the lineup and events for the 2018 Red, White and Blues Celebration taking place July 3 and 4, 2018 at Sunset Plaza, on the lawn near Lift 1 and at Heritage Plaza near the base of Lift 4 in Mountain Village, Colorado. The annual Red, White & Blues Celebration, traditionally held on the 3rd of July, will expand to two days with the addition of July 4th. The two-day event is set in the panoramic San Juan Mountains in Telluride Mountain Village, Colorado offering music, children's events, merchant discounts, food and drink specials, and much more.

"What a treat for the Mountain Village Community and surrounding residents to get two days of fun and quality music that is free!" said Teddy Errico, Producer of the music series.

Along with the music, each day will feature children's activities and entertainment from 1 to 5 p.m. The Red, White & Blues Celebration Concert will kick off with Gospel and Blues singer Paul Thorn whose songwriting often combines wry or humorous observations with blues, country and rock. With onstage banter that bears an uncanny resemblance to the late Mitch Hedberg, Thorn's live shows are must-see and his albums, over a dozen since 1997, are full of gems. Starting off the show will be Boulder, Colorado's

Foxfeather, featuring an Alt-Americana sound bolstered by strong blues-rock. On July 4, talented Trombonist and New Orleans native, Glen David Andrews, brings his funk, soul, gospel and rock sound with a powerful new project that correlates his own reclaimed life to his reclaimed city of New Orleans. Rounding out the day of music will be Dave Jordan and the NIA, also from New Orleans and Telluride's own Porch Couch. "TMVOA is excited to expand our mainstay Red, White & Blues event from one to two days with more

music, events and kids activities in Mountain Village," said Heidi Stenhammer, TMVOA Operations Manager.

The Red, White & Blues Celebration is provided to the public free of charge by TMVOA and The Telluride Society for Music. The event is rain or shine.

Learn more about the Red, White & Blues concert and event by contacting the Telluride Mountain Village Owners Association at (970) 728-1904 or by visiting tmvoa.org and facebook.com/sunsetconcertseries.

Our big announcement? Say hello to
Berkshire Hathaway Montrose Real Estate



Montrose Real Estate Group is pleased to announce we are now
Berkshire Hathaway HomeServices Montrose Real Estate Group.

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business is just the beginning.

Learn more about us at MontroseColorado.com.



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**BERKSHIRE
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HomeServices
Montrose
Real Estate Group

Good to know:



WHEN IT COMES TO COMFORT FOOD, THERE IS ALWAYS DENNY'S

MONTROSE-It's Spring and with most springs comes that annual cold, that really nasty one that feels like the flu. So, what better than to go where you know you'll be comforted?

Seems like Michael and I weren't the only ones seeking a comfort meal this evening, with quite a few young and old deciding on a meal they could count on, for a very reasonable price.

Where else but Denny's? You knew I'd get here eventually.

Hey, you don't have to cook, and there it is, right on your plate. No alcohol, of course, but when you're sick a nice cup of hot tea does quite nicely.

Oh, I really went over the deep end this evening – what's more comforting than a big pile of mashed potatoes, chicken-fried steak and gravy; maybe some corn with that? Who's counting calories when you can't breathe? Mix the potatoes, corn and gravy together and it tastes like – give it a minute -- Mom! Yeah, she wasn't the best cook, but she always knew how to make you feel better.

My friend Michael didn't need comforting – he doesn't have it . . . yet -- so he went for the new Mediterranean grilled chicken with bruschetta tomatoes on top, some broccoli and red-skinned potatoes. Looked yummy. Herbal tea with a lot of honey always suits him well.

Now, we often come here for the break-

fast specials but thought tonight seemed like a good time to try out the dinners.

Gaaaaa, senior for me please. Mike, he's so vain, off the regular menu.

You pretty much know what you're gonna get here and if you're hankering for some comfort food that's just what you'll get.

There are also a lot of diner-type desserts, although we didn't indulge tonight.

I mean, chicken-fried steak? Where's room for dessert? Up to my ears in white gravy people.

Now, I'm not going to list all the meals here. That would be plain crazy, but the categories say it all: drinks and shakes, they get creative; slams, quite a few – do you feel like a lumberjack today, or grand slammer, or all-American, French toast, build your own, prices from \$7.99 - \$11.19; favorites, just about covers the field with slam-wiches, omelets, steak and eggs, or that good 'ol country-fried steak and eggs, we're talking \$9.99 - \$15.99; pancakes, of course, pick your favorite – from a hearty 9-grain, to double berry banana, dulce de leche crunch, salted caramel and banana cream – they've got them all, at a price, \$8.39 – 9.79 or add hearty breakfast sausage (gluten free) for 89 cents more; can't forget skillet – supreme, Santa Fe, crazy spicy, smoky gouda chicken/broccoli, or bourbon chicken, \$9.29-11.49 (or if you're of an age, order from the senior menu for about \$2 less);

appetizers come in all shapes and sizes from nachos to samplers, to mozzarella cheese sticks, we're talking a starter (or a meal) from \$8.99-6.99; sandwiches and salads, they have 'em all from clubs, to melts, super birds, to grilled and cobb, \$5.99 – 11.19.

And we haven't even gotten into meals yet. Burgers are sort of what a diner does best, aren't they?

Make that a double, or you want sriracha, bacon gouda, slamburger, bacon/avocado, or build your own; steaks – sirloin, T-bone, country-fried of course, Mediterranean grilled chicken, meatloaf, pot roast, spaghetti and meatballs, chicken strips, \$10.69 – 15.99.

Don't forget dessert – chocolate lava cake, caramel apple pie crisp, New York style cheesecake or how about a milk shake, even gluten free, \$3.19-4.19.

Whatever you're craving in the Rockies, just mosey on down to Denny's and you'll find it, even if you are feeling like someone slipped you a mickey and you just want to crawl into bed.

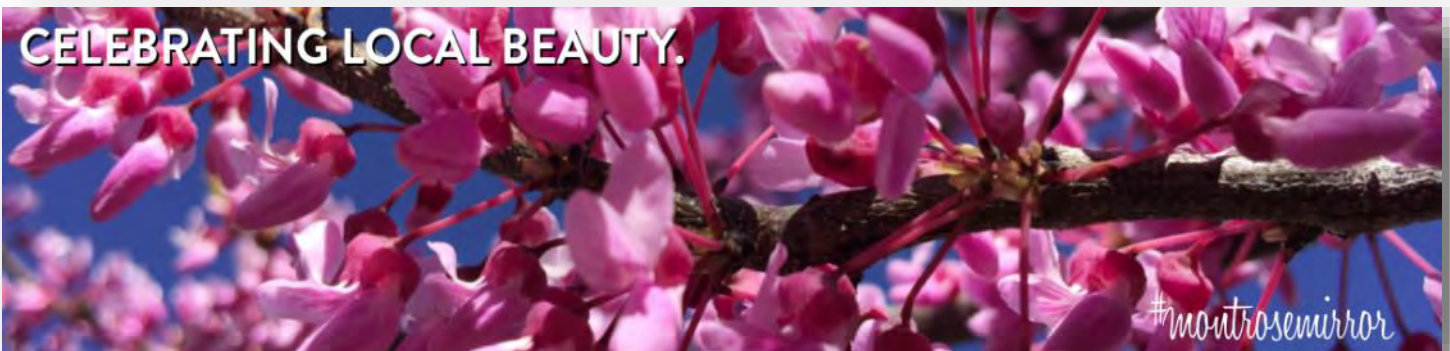
It's all here.

Denny's Diner is located at 1515 Venture Way in Montrose; call 970-249-0315; or do it the modern way and order out on their website (text DOD to 336697 to download the app today.

They'll have it waiting for you.

Ah, but then you'd miss the atmosphere.

CELEBRATING LOCAL BEAUTY.

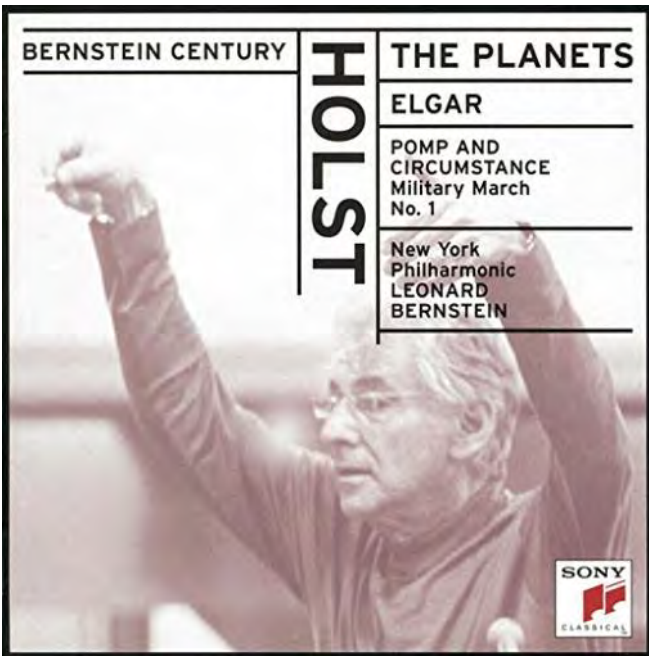




NOTES FOR THE JOURNEY...

Exploring Classical Music With Rob Brethouwer

OUR MUSICAL TOUR OF THE PLANETS BEGINS HERE...



Mars, the Bringer of War (Allegro)

The opening nights sound distinctly like something from Star Wars. A slow and probing thumping that is foreboding in its intent. The brass slowly brings the music out of the doldrums of war and pushes things forward while keeping the initial thumping intact. At 1:28 we have gone from a feeling of *Star Wars* to something that is similar to Ravel's *Bolero*. Repetition as a way of pushing while at the same time keeping the listener just slightly off balance. The title is accurate as there is a feeling of impending violence and the trumpets put forth a battle cry from 2:32 until 2:52 when the tone changes and the march towards battle has calmed just enough for the listener to take a breath. The strings now indicate they are ready to join with the other troops and at 3:52 the thumping theme becomes the main character with the low brass acting as the voice of the soldiers. Snare drums indicate that this is a march and the troops are in formation and aligned with a common goal. The battlefield is in sight at 5:37 and the music from here to the end represents

the inevitable violence to come. There is a bit of remorse at 6:02 until the battle begins as this section concludes. **Venus, the Bringer of Peace (Adagio-Andante-Animato-Tempo I)** French horns introduce a single melody line that is soon taken up by the flutes and clarinets. A time of peace seems to have descended and it is the voice of the French horn that mournfully makes this statement. A few notes from the xylophone introduce an air of cautious optimism as the melody in the solo horn continues to have a conversation with the upper woodwinds. The sun is coming up and makes its full appearance at 2:19 when a solo violin introduces a new melody line that continues the optimistic trend. The rest of the violins take over the melody with a gentle push from the woodwinds. At 3:41 the same melody is once again played by the solo violin and pushes forward until 4:10 when the melody is taken over by an oboe with a low string accompaniment. These sounds are reminiscent of many science fiction movies, and the melody and feel of the music beginning at 4:59 sound very much like the Love Theme from *Superman* the movie. The gentle melody is bounced back and forth between sections and comes back to the horns at 7:02 for a brief few measures before going to the cellos and then the woodwinds. Tension builds at 8:23 as if the feeling of peace is turning into something more ominous, yet we soon hear a dancing melody line from the struck percussion that tells us that the peace will remain constant and unchanged.

Mercury, the Winged Messenger (Vivace)

The woodwinds immediately present a cacophony-rolling jumble of notes with the bassoon taking the lead. The brass and strings come in at 0:37 with a similar feel as if the instruments are racing towards some unseen finish line. Beginning at 1:06 a scampering melodic line is traded between a violin, oboe, and briefly a cello before the sections come in together to share the spotlight. 2:03 marks the beginning of the end as the instruments once again race hurriedly towards the musical finish line. Before the end, the percussion must get into the game and less than four minutes after it began the section happily ends.

Jupiter, the Bringer of Jollity (Allegro giocoso-andante maestoso-Tempo I-Maestoso-Lento maestoso-Presto)

This section begins with a very familiar melodic line from the low brass and then the entire brass section. This is one of those melody lines that have been heard in television commercials and in movie soundtracks. If one listens closely it sounds very much like melody lines written by American composer Aaron Copland, especially his music from the ballet *Rodeo*. Before the two-minute mark arrives, the main melody line has been repeated by the low brass three times and soon becomes the dominant feel of the section. Straightforward and bold, the brass take the melody line ever forward as the strings are all over the place keeping things a bit lively on top of the ominous sounds from the brass. At 3:05 it is the turn of the low strings to take the melody line away from the low brass. The sound is familiar but the change in instrumentation gives the listener a new direction and new focus.

The feel of Americana is still present as the melody repeats itself before changing ever so slightly at 4:26 through the five-minute mark. The tempo is just a bit slower now and the bold statement of this melody line again takes a slightly different

OUR MUSICAL TOUR OF THE PLANETS From previous pg

shape until it drops away completely at 5:18 when the woodwinds make a new statement. Flutes, oboes, and clarinets now have the same witty feel as the high strings did earlier in the section. Again at 6:21 our melody refuses to go away and is active once again with only a slight variation in feel and in tempo. Each section of the orchestra takes its turn playing around, and it is only at 7:32 when things begin to feel as if they will come to a conclusion.

Saturn, the Bringer of Old Age (Adagio-Andante)

This section seems to conclude as soon as it begins because the sound feels as if it has already made its statement. A direction finally comes clear at 1:11 when a bassoon and a horn make something happen. Things truly begin to form at 1:43 when a melody is introduced by the trombones who are soon joined by the trumpets. There is a slow push behind everything from the basses and at 2:25 the higher strings come in and things begin to soar just a bit.

The title of this section is appropriate as the entire thing sounds as if a very old man is doing everything possible to push

himself out of a broken down recliner. Surrounded by a few supporters, he refuses help. At 4:32 that he is successful but only for a moment. Tottering on spindly legs he wobbles and stumbles before finally finding his balance at 5:05. The excitement quickly comes down and with a snort and a wave of his hand he heads towards his destination. Supporters want to celebrate his success but decide to keep quiet and under the radar for fear of upsetting him once again.

Uranus, the Magician (Allegro-Lento-Allegro-Largo)

The section starts with a blast from the low brass and the timpani. The bassoon becomes agitated at 0:17 and is soon joined by the strings, higher brass, and percussion. The bassoon will not let go and comes in once again a bit louder and more determined. Without warning, the sound of the sections becomes that of a 1940's Broadway musical at 1:17 and then modulates without effort into something like the soundtrack of a 1950's gladiator movie with just a hint of Darth Vader marching along a highway looking for hidden Rebels. The feel of the piece cannot seem to make up its mind, pushing things

one direction and then taking another course for no reason whatsoever.

At 4:38 the bassoon decides it is not done but is soon buried by the low brass and timpani who make it known that they will be in charge right up to the ending note.

Neptune, the Mystic (Andante-Allegretto)

Flutes and clarinets play the first note of the final section and there is a tinkling of a harp in the background playing very softly for only a few measures. The confusion and the thunder of the last section have quickly changed to something that once again feels like a sun either rising or setting. Past the four-minute mark things are still on the same path. The listener expects something to come crashing down but it simply does not happen. The major difference in this section is the sound of ethereal voices high above the orchestra. Voices of the solar system offering a simple and elegant melody that brings our tour among the planets to a conclusion.

Recording: Gustav Holst, The Planets, Op. 32. New York Philharmonic Orchestra conducted by Leonard Bernstein. Sony Classical SBK 62 400.



MONTROSE ELKS LODGE: ELK TRACKS!



Montrose CO 81401.

_April 10, 2018

Progressive Game 4 Jackpot has reached "MUST GO" worth \$1,199 and will be awarded no matter how many ball/

Montrose Elks Lodge MONTROSE- Welcome to Elk Tracks, a periodic update of what is taking place at our local Montrose Elks Lodge, located at 801 So. Hillcrest,

numbers it takes to reach BINGO. Progressive Game #6 worth \$3,865 can be won by reaching BINGO in 53 numbers or fewer or the posted Jackpot will be paid.

For the best Bingo game in the area *be sure to visit Montrose Elks Lodge every Tuesday evening* to play Bingo. We are located at 801 South Hillcrest Drive in Montrose, CO 81401. It's a wonderful way to spend the evening having fun! *Public is welcome, funds raised playing Bingo support local charities.*

April 17, 2018

Come as you are or put on your best redneck duds for Redneck Bingo where \$\$ prizes will be awarded for men's and women's' best outfit, with one runner up. C me on by the Elks for a great time with a relaxed atmosphere where it's OK to

laugh out loud and josh your neighbor.

Sunday April 8, 2018 5 PM to 8 PM
"Save Montrose Downtown Sculptures"
Fundraiser Spaghetti Dinner
Enjoy a delicious dinner featuring *spaghetti, salad, bread and dessert*. A Silent Auction will be held in the lobby with amazing items to bid on and *live music* will be provided by an outstanding local band for your listening and dancing pleasure. Join your community in action to rescue our incredible Downtown statues that make Montrose a wonderful place to visit and a dream location to live.

Advance tickets are \$10 for adults and \$5 for kids 5 to 13. Adult tickets on the day of the event are \$12. For ticket information call 970-240-3815 or email marti.a.barnes@gmail.com

COMMUNITY NEWS BRIEFS

AUSTIN PIAZZOLLA QUINTET TO PLAY TANGO CONCERT AT THE WRIGHT



The Austin Piazzolla Quintet concert is presented by the Ouray County Performing Arts Guild. Courtesy photo.

Special to Art & Sol

OURAY—Shake off the winter chills with a hot night of music and dancing as one of the foremost tango ensembles in the country performs a cabaret-style concert at the Wright Opera House in Ouray on Friday, April 14 at 7:30 p.m.

The highly acclaimed Austin Piazzolla Quintet draws inspiration from the music of the late Argentinian composer Astor Piazzolla, and has been described by Denver's Dazzle Jazz club as "one of the foremost tango ensembles in the country."

Founded by violinist James Anderson, the APQ has been performing to captivated audiences since 2009. The quintet includes Jonathan Geer (piano), Mike Maddux (accordion, bandoneon), Tony Rogers (cello) and Phil Spencer (bass). The members are from diverse musical backgrounds and continue the tradition of the

nuevo tango style through intense live shows which feature unique arrangements of Piazzolla's groundbreaking works, breathtaking

original compositions and fiery improvisation. For more information about the band, visit apqtango.com.

Cabaret-style seating, a cash bar and a dance area will lend an authentic atmosphere to this unforgettable evening at the

Wright Opera House. Seating is limited, so advance ticket purchase is highly recommended.

The Austin Piazzolla Quintet concert is presented by the Ouray County Performing Arts Guild. Tickets are \$20 for Adults and \$5 for students (18 and under), and are available online at www.ocpag.org, or at the door, if still available. This event is the first of five concerts underwritten by the Dave and Mary Wood Classical Concert series.

The Ouray County Performing Arts Guild is a not-for-profit organization bringing quality events in music, dance, theater and other genres to Ouray and Ridgway. Its purpose is to sponsor presentations and performers of the highest caliber in the performing arts for the enjoyment of Ouray County's residents and visitors.



MONTROSE MEMORIAL HOSPITAL FREE COMMUNITY LECTURE

Hormone Optimization for Women

In the 21st Century

with

Dr. Gayle Frazzetta

Monday, April 16th

6:00 pm

MMH Conference Rooms A & B



COMMUNITY NEWS BRIEFS

LEARN CONVERSATIONAL SPANISH FOR ADULTS IN RIDGWAY

Special to Art & Sol

RIDGWAY-Conversational Spanish is an interactive, beginning level Spanish course for those interested in speaking Spanish in everyday life.

Students will learn many common terms used in real-life situations, how to ask and answer common questions in order to communicate information, as well as build relationships. The instructor will help students build their Spanish vocabulary and conversation skills by using the TPR method, pictures, native-pronunciations, readings, and role plays as tools. Active participation is required! Christi Berry, also known as Señora Berry, lives in Montrose with her husband, two children and two

Main Coon cats. A Colorado native, she enjoys hiking, running, snowshoeing, knitting and most of all, teaching Spanish to students of all ages. She studied at CMU and The University of Costa Rica and has a BA in Applied Professional Spanish. Señora Berry has taught over 30 Spanish classes and summer camps the past four years privately and in several charter and private schools in the area to students preschool age-adults. Christi utilizes TPR (Total Physical Response) and Waldorf methods to teach the language through many dynamic, creative and engaging means. Students are rarely bored in her class; they are too busy moving, acting out, singing and practicing newly acquired

knowledge through games and conversational simulations.

Registration for the 5 week course is \$125, and will run Wednesdays from 6-7:30 pm at 610 Clinton St. *Students are encouraged to register in advance through Weehawken Creative Arts at www.weehawkenarts.org (adult arts classes tab) or by calling Weehawken at 970.318.0150. A minimum number of students must be met in order to guarantee the class, so interested students are encouraged to register several days in advance.*

More details are available at www.weehawkenarts.org or [facebook.com/weehawkenarts](https://www.facebook.com/weehawkenarts).

SPRING WEATHER BRINGS THE REMINDER TO BE BEAR AWARE

Special to the Mirror

COLORADO-Colorado Parks and Wildlife reminds outdoor recreationists, city dwellers and rural homeowners that early spring is the time to become Bear Aware. As bears emerge from hibernation, all Coloradans need to be responsible and take steps to minimize human-bear interactions.

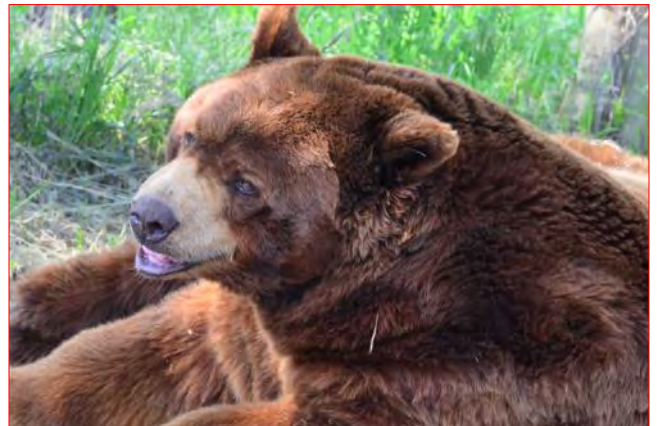
It's important to think ahead and be Bear Aware now when preparing your home, neighborhood and outdoor plans with the change in seasons. Bears are omnivores and primarily eat vegetation such as grasses, forbs, berries, acorns, and seeds, which are usually available as bears emerge from hibernation.

Human-bear interactions tend to increase in the summer months, however, when a late frost or warm, dry weather can lead to localized natural food failures. This can cause black bears from affected areas to become more mobile and persistent in search of human food sources like trash, fruit trees, pet food, bird feeders,

livestock and agricultural products. Bears have an extremely keen sense of smell and excellent memories, and once they have learned about a reliable source of food, they will often return.

"It's critical for folks to remember that if a bear finds a meal in or around your home and becomes unafraid of people, it is more likely that a human-bear interaction can occur," said Mark Lamb, Area Wildlife Manager for CPW. "Careless behavior by people, whether leaving your trash out, keeping a dirty campsite or, worst of all, purposely feeding a bear, is most often what leads to these interactions. Unfortunately, our wildlife managers are then tasked to remedy many avoidable problems."

CPW officials say black bears typically do not hunt humans in Colorado; however,



because they are large powerful animals, they pose a very serious risk to human health and safety when they become conditioned to finding meals from human sources.

"If you accidentally corner or surprise a bear, remember that one bite or swipe from that bear could lead to a person receiving life-threatening injuries, or worse," said Lamb. "Human health and safety is always our primary concern."

COMMUNITY NEWS BRIEFS

WINE & WIRE WORKSHOP WITH ARTIST ANN CHEEKS APRIL 10 IN RIDGWAY



Courtesy photo.

Special to Art & Sol
RIDGWAY-Weehawken Creative Arts invites you to mix up your art with a fun and creative evening of art at their monthly ART-bar offering at

the 610 Arts Collective in Ridgway.

This April's ARTbar joins wire sculptures with glasses of wine with "Wine & Wire." Join one of Weehawken's 'Art Bar' experts and accomplished teaching artist, Ann Cheeks, for a step-by-step and how-to class, and go home with a unique plaster-wrapped wire sculpture!

Ann says, "Soft, thick wire that bends and cuts with ease. Fold, twist, wrap and play... try many shapes and ideas – it's

fast! This is the first step of creating sculptures - abstract shapes, realistic figures or somewhere in between. Next, dip strips of plaster gauze into water, wrap and build up your creation(s) until – ta da!... your sculpture is born. Sculptures can be painted, sanded and embellished later if desired. Think soaring birds, dancing figures, sleeping animals, flowing shapes... these materials are very versatile."

At Weehawken and Sherbino's ARTbar, the goal is to provide a positive, creative outlet in a fun and relaxed atmosphere. The hope is to inspire the community to discover their imaginative side and cross the bar into other dimensions of creativity. The classes offered require no experience. \$45 includes instruction, all materials, a drink and you'll go home with your very own masterpiece.

Ann Cheeks is an artist and art teacher with 10+ years of teaching art. Before moving to town, Ann worked as an art teacher both privately and in a mid-

dle school in Virginia for children aged seven to adults. In addition, she and a partner founded and have run an art/nature camp since 2003 which explores a wide variety of mediums; everything from drawing to sculpture. Her personal work is in private and corporate collections and can be seen at www.anncheeks.com.

"ArtBAR: Wine & Wire" with Ann Cheeks will be offered on April 10 from 6 to 8 pm at 610 Arts Collective. The cost for this evening event is \$40 and includes all materials beer or wine. Students are encouraged to register in advance through Weehawken Creative Arts at www.weehawkenarts.org (adult arts classes tab) or by calling Weehawken at 970.318.0150. A minimum number of students must be met in order to guarantee the class, so interested students are encouraged to register several days in advance. More details are available at www.weehawkenarts.org or [facebook.com/weehawkenarts](https://www.facebook.com/weehawkenarts).

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COMMUNITY NEWS BRIEFS

SENIOR COMMUNITY CARE PACE WELCOMES NEW BEHAVIORAL HEALTH COUNSELOR

Special to Art & Sol

MONTROSE-Volunteers of America and Senior Community Care PACE (SCC-PACE) is pleased to announce Jed Kovach, LCSW, as the program's new full-time Behavioral Health Counselor. Kovach will share his time between the program's two day center sites in Montrose and Eckert.

"Frail older adults are a new population for me to work with in therapy, and I am very excited to learn more about effective mental health treatment with this age group," Kovach said. His focus for the majority of his twenty-five year career has been working with children, youth and their families.

Prior to accepting the position, Kovach worked part time for the SCC-PACE through a partnership with the Center for Mental Health since 2017.

"It was a great introductory experience. With what I observed early on, I desired to be hired at SCC-PACE full-time. Overall, SCC-PACE seems like a very solid and committed organization. The program's participants have been great to me so far and I love working with them."

Kovach has a dual goal for his new position. "I want to become the best behavioral counselor I can be to our participants and helping in the process of nurturing a behavioral health discipline practicing at both Western Slope SCC-PACE locations. There are many therapy models and techniques one could use, and many qualities that make a good behavioral health counselor. What I see as the most essential element is establishing and maintaining an open and trusting relationship between

therapist and client. This is the one thing that can promote the most healing in a person," he said.

SCC-PACE Executive Director Cindy Simmers said, "I am so honored to have Jed be a part of our SCC-PACE and Volunteers of America family and team, and that he reached out to us for this opportunity. He brings tremendous value with the services that we provide to our seniors."

Kovach grew up in a large family in Wilmington, Delaware. He attended the University of Delaware for his undergraduate degree and Widener University outside of Philadelphia for his master's degree in social work. He moved to Colorado in 2004 after several of his siblings moved to the state. For most of that time, he lived in Montrose. Kovach also served as an Associate Pastor for twelve years in an interdenominational church in Wilmington, DE during the 1980's. Kovach enjoys many things about life in Western Colorado.

"I appreciate the grandeur of the mountains, the fresh air, the culture, wonderful people, and lots and lots of outdoor activities," he said. "It is also great to be living close to my mother and brother in Gunnison and another brother in Woodland Park." He maintains fond memories of the East Coast beaches and Philly cheesesteaks.

Kovach is an avid reader and musician,



Jed Kovach, LCSW. Courtesy photo.

singer and songwriter and has been playing the guitar since age 13. He is part of a musical trio called Jedi George that plays around the area. He also enjoys biking, hiking and following men's college basketball.

"Family and friends are very important to me," he said.

"I have been in a committed relationship with my partner Nancy, a schoolteacher, for almost six years. I have two adult daughters – Emily, 35 and Lauren, 32 who both live in Philadelphia." Kovach also has a four-year-old granddaughter Ruby and is close to his mother, two brothers and four sisters. His beloved father passed away in 2012.

"My favorite quote is from Ralph Waldo Emerson. 'What lies behind us and what lies before us are tiny matters compared to what lies within us,'" he said.

Get a fresh outlook today. Read The Mirror.

COMMUNITY NEWS BRIEFS

CLUB 20 HONORS SENATOR CORAM WITH DAN NOBLE AWARD



Special to the Mirror

GRAND JUNCTION-State Senator Don Coram was presented the Dan Noble Award on Friday, March 30, at the Club 20 meeting in Grand Junction. The Dan Noble award is given to a public official for exemplary service to the 22 counties in Western Colorado. Dan Noble's long and noteworthy career included 17 years as a state legislator and service to CLUB 20 in the 1980s, including a turn as Chairman of the Board of Directors. Past recipients of the Dan Noble award include, Senator Ben Nighthorse Campbell, Senator Wayne Allard, Congressman Scott McInnis, State Senator Jim Isgar, and State Senator Ellen Roberts, among other well-respected Coloradans.



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COMMUNITY NEWS BRIEFS

WEEHAWKEN CREATIVE ARTS OFFERS SHORT FORM PROSE SERIES WITH TESSA CHEEK IN RIDGWAY

Special to Art & Sol

RIDGWAY-Open to those delving into the short story, personal essay, or looking to make a standalone piece of a section from a larger work, Short Form Prose is a six-week prose workshop that includes assigned readings for discussion as well as written and oral feedback on participants' drafts. Fiction, nonfiction and experiments welcome. Weekly workshops will rotate among participants on a set schedule with online draft submissions of six to 10 pages. Each participant will write and revise one piece with lots of generative activities, inspiring readings and thoughtful discussions in class to complement written con-

structive feedback from peers and the workshop leader.

Tessa Cheek is a writer, reporter and candlestick maker living in Ridgway. She holds an MFA from Hollins University, where she served as a Teaching Fellow, Graduate Assistant and Assistant Poetry Editor of the Hollins Critic. She copy edits for the *Groundhog Poetry Press* and performs social media for the literary magazine *Scoundrel Time*. She was the 2014-2015 Alice Maxine Bowie Fiction Fellow at the Lighthouse Writers Workshop in Denver, where she helped found the city-wide place writing project, Write Denver. In 2017, Tessa's novel-in-progress won the

Melanie Hook Rice Award in the Novel and her short story, "The Devil's Terrible Nearness," was nominated for the *Best of the Net Anthology* and a Pushcart Prize.

This will be a six-week session, open to drop-ins if space is available. Tuition is \$180 for the series or \$40 to drop-in. There is a student minimum pre-enrolled to make the class "go," so pre-registration is highly encouraged (and needed).

For more information, visit Weehawken Creative Arts at www.weehawkenarts.org or visit facebook at facebook.com/weehawkenarts - or call them at [970.318.0150](tel:970.318.0150).

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COMMUNITY NEWS BRIEFS

FLY FISHING FILMS RAISE FUNDS FOR FISHING HABITAT

2ND ANNUAL FLY FISHING FILM TOUR & UNCOMPAGHRE RIVER BENEFIT COMING TO MONTROSE PAVILION APRIL 14

Special to Art & Sol

MONTROSE-Whether enjoyed as a solitary endeavor or with a fun-loving group of friends, the always essential ingredient for a satisfying fly fishing experience is a prime fishing spot. When ROSS Reels and RIGS Fly Shop & Guide Service bring the Fly Fishing Film Tour to the Montrose Pavilion on April 14, the evening will be all about preserving and improving fishing habitat on the Uncompahgre River.

The 2018 local screening of the national film tour has been combined with the second annual Uncompahgre River Benefit, raising funds for a project by the Uncompahgre Watershed Partnership (UWP). A nonprofit with a mission to protect the economic, natural and scenic values of the Upper Uncompahgre River Watershed, UWP put \$3,000 in proceeds from the first annual benefit in Ridgway to use in a project 14 miles south of Montrose.

The 2017 benefit funds are being put toward improving the fishery and riparian habitat, as well as restoring and stabilizing stream banks on Billy Creek, a few miles north of Ridgway Reservoir and the better-known fly fishing destination at Pa-Co-Chu-Puk. Project partners include Trout Unlimited, Colorado Parks and Wildlife and U.S. Bureau of Reclamation, with funding

assistance from Bostwick Park Conservancy District.

"It's critical our local angling community have a heightened sense of awareness and willingness to participate when it comes to the enhancement and preservation of our limited public access along the Uncompahgre River. As our region continues to grow, it's imperative we identify and engage in opportunities that protect and grow these assets in meaningful ways so future generations may continue to enjoy the resource," said Tim Patterson, co-owner of RIGS, a Ridgway business and river guiding company since 2001.

On April 14, the films will be preceded by a fly fishing gear expo starting at 3 p.m. and featuring casting and tying demos, talks by local fly fishing expert guides, Kirk Deeter and Matt McCannel, and giveaways every half hour. Gear manufacturers with displays will include ROSS, Able, Winston, Hatch and Scott. UWP will also have a table with information about its various projects from riparian restoration to water quality improvement at abandoned mine sites.

A cocktail hour with locally brewed beers starts at 6 p.m. and the films begin at 7 p.m. This year's medley of short documentaries once again introduces audiences to

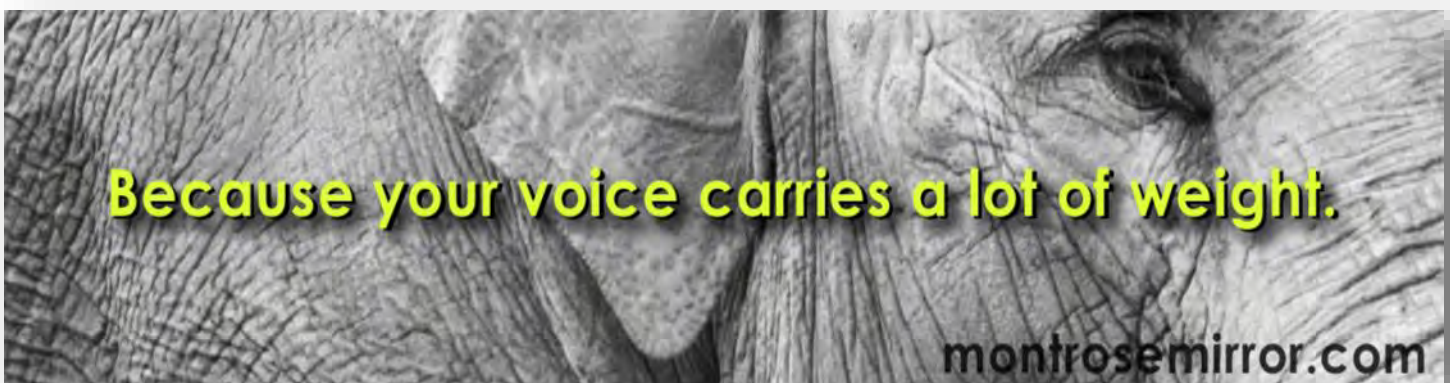
fly fishing adventures from around the world with a diverse set of characters. Featured fishing spots are revealed on the Chandalar River and other rivers across Alaska, the Caribbean Sea at Honduras, streams in California's Sierra Mountains, and all kinds of water bodies in Greenland, Dubai, Central America, and several African countries.

"The Fly Fishing Film Tour is a great collection of films, and a fantastic way for fly fishers to escape cabin fever and get excited about the start of fishing season, while also helping a great organization protect our home river," said Bart Larmouth, sales manager at Montrose-based ROSS Reels.

Tickets for the Fly Fishing Film Tour & Uncompahgre River Benefit at the Montrose Pavilion, 1800 E Pavilion Pl., Montrose, CO 81401, are \$14 in advance online at <https://shop.fishrigs.com/search/film> or at RIGS, 565 Sherman St. Unit #2, Ridgway, CO 81432, or \$17 on Saturday, April 14. Admission to the fly fishing expo is free.

For event information, go to <http://www.uncompahgrewatershed.org/events>.

For more information about the event organizers, go to <http://www.rossreels.com>, <http://fishrigs.com>, <http://www.uncompahgrewatershed.org>



COMMUNITY NEWS BRIEFS

CELEBRATE @ 15TH ANNUAL MONTROSE WINE & FOOD FESTIVAL MAY 19

Special to Art & Sol

MONTROSE-The 15th annual Montrose Wine and Food Festival will be held Saturday May 19, 2018 from 1-5 p.m. at The Bridges (2500 Bridges Drive) in Montrose. There will be over 20 local food vendors (including Jimmer's Back Country BBQ, Kinikin, The Vine Market & Bistro, Pahgre's, and more) and close to 30 beverage vendors (including Telluride Distil-

ling, Williams Cellar, and Crooked Stave Brewery to name a few).

With music by MILK out of Gunnison and the stunning view from The Bridges as your backdrop, this is an event not to be missed!

All proceeds from the event benefit the Black Canyon Boys and Girls Club (BCBGC) which has sites in both Montrose and Olathe. Tickets are \$50 online at mont-

rosewinefestival.com or at The Liquor Store (1601 Oxbow Drive), The Bridges, or at The BCBGC Montrose unit (2900 Sunnyside Road).

Additional festival information can be found on the festival website or at the festival Facebook page (Montrose Wine & Food Festival).

If you have any event questions, please feel free to contact ataylor@bcbgc.org.

DOGS ATTACKED 132 COLORADO POSTAL CARRIERS IN 2017

Special to Art & Sol

DENVER — 132 postal employees were attacked by dogs in Colorado in 2017 — 24 fewer than the year before. The U.S. Postal Service (USPS) has released its annual ranking of top dog attack cities, highlighted safety initiatives to help protect its employees and offered tips to pet owners.

Nationally, USPS reported 6,244 dog attacks for 2017, more than 500 fewer than the year before.

New technology is one reason for the decrease. Employee delivery scanners now display safety messages, including homes where dogs are present. This is especially helpful to carriers who are delivering in unfamiliar neighborhoods. Customers who choose Package Pickup at usps.com can indicate if there are dogs at their addresses when they schedule package pickups.

While the dog problem for postal carriers is very real, it's not just a postal problem. Half of the 4.5 million Americans bitten by dogs annually are children, according to the [Centers for Disease Control and Prevention \(CDC\)](https://www.cdc.gov). [Click this link](#) to watch a video on dog bite awareness and prevention tips.

POMONA ELEMENTARY TEACHERS MICHAEL MEDINA AND CHUCK TERRELL TO BE HONORED @ RECEPTION MAY 14

Special to Art & Sol

MONTROSE-Please join Pomona Elementary School in extending best wishes to Michael Medina and Chuck Terrell who will be retiring from the Montrose School District at the end of this school year. They will be greatly missed by students and colleagues. Michael has been teaching in the Montrose School District for 29 years. He also taught for one year in New Mexico and one year in Grand Junction, Colorado. He did teach at Pomona Elementary School for 27 of those years. Chuck taught for ten years at John Mall High School in Walsenburg, Colorado. He has taught in the Montrose County School District for 20 years at Pomona Elementary. We invite you to attend a reception in honor of Michael and Chuck on May 14th, at Cobble Creek Clubhouse from 4-6:30 p.m. The public is invited to join us in sharing memories and best wishes to Michael and Chuck.



FRESH, LOCALLY PRODUCED NEWS
DELIVERED STRAIGHT TO YOUR
DESKTOP.

THE MIRROR,

COULD YOU ASK FOR IT TO GET ANY BETTER?

COMMUNITY NEWS BRIEFS

BAY AREA POET KICKS OFF GUEST GOURDS TOUR

Special to Art & Sol

NORWOOD-The Telluride Institute's Talking Gourds poetry program announces a new Guest Gourds Tour bringing an out-of-state poet to the Western Slope for performances and workshops.

Marin County national slam competitor and California Poet in the Schools teacher Claire Blotter will appear in the Grand Valley, Telluride and Norwood April 19-24, during national poetry month.

"We're excited to have a top-notch literary artist to work with local adults and kids in the hopes of increasing their performance skills," explained Talking Gourds co-director, Art Goodtimes. "I saw Claire perform in Aspen last year, and I've wanted her to share her skills with regional poets ever since."

Talking Gourds is working with many partners to make this happen.

Thurs. April 19th, Claire will share a poem at the Open Mic segment following Colorado Mesa University's poetry series featuring Palisade's Wendy Videlock at Five 60 Salon at 354 Main St. in Grand Junction.

Friday April 20th Claire works with five groups of Grand Valley High School students, and then does a free performance show at the Lithic Bookstore & Gallery in Fruita starting at 7 p.m. Colorado Mesa University student Abigail Garton will open for Claire at the Lithic.

Saturday April 21st, the Western Colorado Writers Forum have joined with Talking Gourds and the Super Rad Art Jam to host a mixed adult and student workshop on performance with Claire at the old R-5 High School Building at 7th and Grand in Grand Junction. Call 970-729-0220 for final details.

Sunday is Earth Day and some private forest rituals are planned.

Monday April 23rd Claire will perform at



Marin County national slam competitor and California Poet in the Schools teacher Claire Blotter will appear in the Grand Valley, Telluride and Norwood April 19-24, during national poetry month. Courtesy photo.

the Telluride Mountain School morning assembly at 8:30 a.m., and then lead a free adult workshop at noon at the Wilkinson Public Library in Telluride. Monday night Talking Gourds and the Hollinbeck family will host a post-dinner Poet's House Party in Norwood at 7:30 p.m. Bring a poem to share.

Finally, Tuesday April 24th Claire will teach two classes in the Norwood School and then come up to Telluride for a finale Talking Gourds Poetry Club performance at 6 p.m. at Telluride Arts Office and Gallery.

Blotter, from Novato (CA), is a writer who performs poetry with movement, body percussion and sound. She has published three chapbooks, most recently *Moment in the Moment House* from Finishing Line Press. Her work has appeared in *Rattle*, *Barnwood*, *Gargoyles*, the *California Quar-*

terly, *Synchronized Chaos* and *Kindegarde: Avant-Garde Poetry for Children*, among other journals and anthologies.

She has taught performance poetry and storytelling at San Francisco State University, the College of Marin, Dominican University and in the Graduate Arts and Consciousness Program at John F. Kennedy University.

In May the Telluride Literary Arts Festival will be co-hosted by Talking Gourds in collaboration with Between the Covers Bookstore, Ah Haa School for the Arts, Wilkinson Public Library and the Literary Burlesque. Diné poet Esther Belin of Durango and CMU teacher/poet John Nizowski will be featured poets, with Norwood's own Craig Childs as featured writer. Check this website for more info: talkinggourds.weebly.com/literary-arts-festival.html

COMMUNITY NEWS BRIEFS

UNCOMMON WISDOM FOR NONPROFIT SUCCESS

Special to Art & Sol

MONTROSE-Nonprofit board and staff members from the Western Slope are invited to “Uncommon Wisdom for Nonprofit Success,” a workshop that will enable nonprofits to thrive in a time of ambiguity and uncertainty. It will be held on Friday, May 4, from 9:00-noon at the Sherbino Theater in Ridgway, 604 Clinton Street.

The guest presenter is Jason Berv, nationally-known educator, organizational development consultant, and leadership coach. Berv says: “This morning of ‘uncommon wisdom’ will help any staff or board member learn how to maximize resources, enhance morale and breathe new life into their nonprofit.”

The cost is \$35. To register, go to www.cfgv.org.

This is the first of a series of workshops that will help nonprofits in the region become increasingly focused and stable, continuing the impact of Rural Philanthropy Days. It is guided by a regional team of nonprofit board and staff members in concert with the Community Resource Center in Denver.

For more information, contact Maryo Ewell, maryo@cfgv.org, 970-641-3570.

PINNACLE HOMES IS MOVING INTO VAULT

Special to Art & Sol

GRAND JUNCTION – Matthew Telinde, chief executive officer of Real Property Management Now, is excited to announce the move of Pinnacle Homes into Vault, the new Real Estate co-working space at 2755 North Avenue. We at VAULT could not be more excited to welcome Pinnacle Homes into our state of the art WorkSpace. Pinnacle Homes creates a great product and is a great asset to western Colorado.

Vault is open welcoming realtors, lenders, insurance agents, property managers, investors and wholesalers. Modern office spaces are available starting at \$500 to \$1,000 a month. Membership options are also available. Vault offers a beautiful space for people interested in real estate to collaborate, come together and help

better the community. Office spaces are still available! For questions, contact owner Matthew Telinde at matt@rpmnow.com.

CONTRACTORS/HOMEOWNERS: CALL 811 BEFORE YOU DIG!

Special to Art & Sol

DENVER-The Public Utilities Commission (PUC), a division of the Department of Regulatory Agencies (DORA), reminds all Colorado residents to always contact 811 at least three business days before any digging project.

Gov. John Hickenlooper signed a proclamation designating April 2018 as Dig Safe Month in Colorado, and a number of events are planned around the state to promote public safety and raise awareness for the damage prevention industry.

By dialing 811, homeowners and contractors are connected to Colorado 811, the local one call center, which notifies the appropriate utility companies of their intent to dig. Professional locators are then

sent to the requested digging site to mark the approximate locations of underground lines with flags, paint or both.

Every nine minutes an underground utility line is damaged because someone decided to dig without first contacting 811. Striking a single utility line can cause injury, repair costs, fines and inconvenient outages. Every digging project, no matter how large or small, warrants a call to 811. Installing a mailbox, building a deck and planting a tree or garden are all examples of digging projects that should only begin after contacting 811.

“As April marks the traditional start of the digging season, we are using this month to strongly encourage individuals and companies to call 811 before they

begin digging,” said Joe Molloy, chief of the PUC’s Gas Pipeline Safety section. “By calling 811 to have the underground utility lines in their area marked, homeowners and professionals are making an important decision that can help keep them and their communities safe and connected.”

The depth of utility lines can vary for a number of reasons, such as erosion, previous digging projects and uneven surfaces. Utility lines need to be properly marked because even when digging only a few inches, the risk of striking an underground utility line still exists.

Colorado 811 encourages all residents to visit www.co811.org for more information about digging safely.

Give Back Days

At Mi Mexico Mexican Restaurant

Come enjoy a delicious meal and we'll donate 20% *
of your total check to a local non-profit.

Every Wednesday...Every Month...All Day (11 am - 10 pm)

Over 200 entrees to choose from!

1st Wednesday: The Homestead at Montrose

2nd Wednesday: All Points Transit

3rd Wednesday: Black Canyon Boys & Girls Club

4th Wednesday: Valley Manor Care Center

5th Wednesday: Community Options Inc.

(Note: 5th Wed dates are: Mar. 29, May 31, Aug. 30, Nov 29th, 2017)

*After dining, attach the coupon to the bill
and deposit it in the box labeled
"Give Back Days." 20% of your total
bill will be donated to the
designated charity.*

**SUPPORTING IS
NOW DELICIOUSLY
REWARDING.**



**Mi Mexico Restaurant
1706 E Main St (Hwy 50)
Montrose, CO 81401
(970) 252-1000
(970) 252-1111 Fax**

*Coupon must be present

Hold the Date! Upcoming Business & Cultural Events

ONGOING-

ARTISTS' ALPINE HOLIDAY

Ouray County Arts Association Call for Artists: Online registration for the 58th Annual Artists' Alpine Holiday Art Exhibit is open April 9 through June 25. The show will take place July 26 - Aug 4 at the Ouray Community Center. Go to ourayarts.org to learn more and register.

MONTROSE TOASTMASTERS

The first meeting will be held:

Wednesday, May 2nd, 2018 @ 6:30p

Proximity Center

210 E Main St, Montrose, CO 81401

Meetings will then be held every 1st & 3rd Wednesday of each month at 6:30 pm at Proximity.

FRIENDSHIP FORCE INTERNATIONAL, non-profit organization, was founded and introduced to the world at a ceremony held at the White House on March 1, 1977. FFI provides opportunities to explore new cultures by bringing people together at the personal level. Friendship Force of western Colorado's regular monthly meetings are scheduled for the 3rd Thursday of the month. Meeting location - Red Cross Training Center, 5th and Gunnison in Grand Junction, 6:15 p.m.

THE ALPINE PHOTOGRAPHY CLUB meets every second Tuesday at St. Mary Catholic Church in the St Paul Room, 1855 St Mary's Drive, Montrose. The Public is welcome to attend. For more information, email alpinephotoclub@aol.com.

FREE JAM SESSION AND SING ALONG, Mondays from 4 to 6 p.m. at the Montrose Senior Center.

MONTROSE HISTORICAL MUSEUM-“Montrose County Historical Society Presents” is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

MONTROSE LIBRARY GARDEN SERIES-this free 8-session series meets Tuesday evenings from 6:30-8 p.m. March 13-May 1 at the Montrose Library Meeting Room. Topics will include: information sources, seeds, plants, trees, soils, water, and managing plant and animal life in your garden. Time will be available for questions and discussion. Sessions taught by Larry Wobeter, Dave Dearstyne and Reed Irwin. Call (970) 964-2547 with questions.

MONTHLY-

April 9-ARTIST REGISTRATION OPEN - Ouray County Arts Association's 58th Annual Artists' Alpine Holiday Art Exhibit registration will be open through June 25. Go to ourayarts.org for details.

April 10-Alpine Photography Club Meeting, 7 p.m., Colorado Mesa University, 245 S. Cascade Ave., Montrose, Room 100. Presentation: Shooting Beyond the Auto Setting by APC Members. Tech Tip: Depth of Field By Denise BushCamera Gear Tip: Larry Krueger. Sharing Theme: Signs (3-5 images). Photo Critiques: Open & Anonymous (2-3 images). All are welcome to attend.

April 11-Hopewest is hosting Hospice Foundation of America's 24th Annual Living with Grief Program. The program is free but registration is required to attend. Visit HopeWestCo.org to register.

April 14-Austin Piazzolla Quintet tango concert - Wright Opera House, 472 Main Street, Ouray. Tickets \$20 adults, \$5 students (18 years and under) available online at www.ocpag.org or at the door.

April 14-S.T.R.E.A.M. jr. April 14 at 10 a.m. A science & art program for kids 4-7 years old. April topic: Down in the Dirt Adventures! Montrose Library Meeting Room. The Montrose Botanic Gardens will be joining us for Earth Week to teach us about soil stew and worm hotels. Parent must be present. Sign up in the Children's Department.

April 14-S.T.R.E.A.M. April 14 at Noon. A science & art program for kids 8-13 years old. Montrose Library Meeting Room. April topic: Down in the Dirt Adventures. The Montrose Botanic Gardens will be joining us for Earth Week to discuss soil samples, gardening, composting, and worms. Attendance limited, no drop ins. Sign up in the Children's Department.

April 16-Free lecture, Hormone Optimization for Women in the 21st Century, with Dr. Gayle Frazzetta. 6 p.m. Montrose Memorial Hospital Conference Rooms A&B.

April 19-Colorado Dept. of Transportation Open House for US 550 Rumble Strips from Ouray County line to Otter Road. 4 to 7 p.m. at the Montrose City Council Chambers, 107 S. Cascade Avenue. For information please call Andrew Amend of Stolfus & Associates @ 303.221.2330.

April 19 - 21--Friends of the Montrose Library Used Book Sale 10 am - 6 pm each day. FOL members only April 19, 10 - noon (You may join at the sale). Bag sale April 21, 4 - 6 pm (Fill a bag with books for \$5). Montrose Library Meeting Room.

April 19-Public Safety open house entitled "U.S. 550 Rumble Strips" will be held Thursday, April 19 from 4 p.m. to 7 p.m. in the Montrose City Council Chambers located at 107 S. Cascade Ave. For information contact Andrew Amend of Stolfus & Associates Inc., at 303.221.2330 or reach Andrew by email at: Andrew@stolfusandassociates.com.

April 27-Grand Opening Celebration Montrose County Events Center, Montrose County Fairgrounds. 6-8 p.m.

April 28-29-Weehawken Dance's original, full-length production of Peter Pan takes the stage at the Montrose Pavilion April 28 & 29 with performances on Saturday, April 28 at 1 pm and 6 pm and Sunday, April 29 at 1 pm. General Admission and Reserved Seating tickets will be available online at yapsody.com beginning March 21. General Admission tickets will be on sale in person at Tiffany Etc. in Montrose. Ticket sales will still be available over the phone or in person with Weehawken, but with a \$.50 per ticket convenience fee. For more information, please visit www.weehawkenarts.org or call (970) 318-0150.

April 29- Sunday Serenades: Montrose Regional Library. Noon: Debbie TenNapel, Violin, Martha Jacobs, Cello. FREE, refreshments served.

May 5-Cinco De Mayo! Celebrate in Montrose's Centennial Plaza from 11 a.m. to 7 p.m. Car show, dance performances, food and more! Crowning of royalty & scholarships presented at 5 p.m.

May 7--Montrose Giving Club meets at the Bridges Golf & Country Club of Montrose, 5:30 p.m. Open to ALL women who can afford the \$100 donation and a \$10 hospitality fee.

May 12-Stupid Band Spring Dance, Turn of the Century, Doors open @ 7:30. Admissions is Free, with two non-perishable food items.

May 14-Join Pomona Elementary School as they extend best wishes to Michael Medina and Chuck Terrell who will retire from the Montrose School District at the end of this school year. Attend a reception in honor of Michael and Chuck on May 14, at Cobble Creek Clubhouse from 4-6:30 p.m. The public is invited to join us in sharing memories and best wishes to Michael and Chuck.

Contact the Montrose Mirror:
970-275-0646

Editor@montrosemirror.com

www.montrosemirror.com

*Signs of spring...bright blooms and
stormy skies near the Montrose Regional
Library Sunday, April 8.*



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Michele Gad is a **Certified DelGiacco Neuro Art Therapist**, who assists individuals with cognitive or mental health challenges to live life as fully and independently as possible. She developed **FAME** in 2010 to better assist her clients. Sessions are specifically designed to meet client's individual needs, goals, abilities, and level of commitment...and have fun!