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© Issue No. 276 June 11 2018

SUMMER MEAL SITES FOR KIDS & OUTDOOR POOL NOW OPEN. FREE JOB FAIR FOR LOCAL YOUTH SET FOR JUNE 14



The small outdoor pool and splashpad have been reopened for the summer at the former aquatic center site. The slide is operational as well. Admission is \$3 for age three and older. Age three and under are free.

Mirror staff report

MONTROSE-Summer is here, and the kids are out of school! Are they looking for things to do during the long, hot days? Whatever they decide, you may not even have to drive them there--youth under 17 can ride All Points Transit busses free this summer, including on-demand service to the Community Recreation Center south of town. Youth are welcome to get on and off the bus at any stop and no bus pass or fare is required through Aug. 31 (though kids under ten must be accompanied by an adult). The Montrose / Olathe Public Flex Bus runs 6:30 am – 7 pm, Monday through Friday. The Olathe Shuttle runs to and from Olathe at 7am, 1pm and 4pm. Route maps and schedules are available at www.allpointstransit.org/citybus and at the All Points Transit

Continued pg 10

DESPITE CONFLICTS OF INTEREST, CITY AWARDS \$241k INCENTIVES GRANT TO MONTROSE MAIN STREET, LLC

By Gail Marvel

MONTROSE-A number of document errors were discovered throughout the Montrose City Council meeting held on June 5. Errors included incorrect descriptions on agenda items, packet information inconsistent with agenda information, and financial information in the packet that differed from what appeared on the agenda. **Call for Public Comment for Non-**Agenda Items

No public comment.

Resolution 2018-12 - Senior Planner Garry Baker.

The Hogback Addition, a former gravel pit owned by the county, is

Gail Marvel's



During public comment on the English Gardens 4 Amended Preliminary Plat, resident Tim Judkins (center, brown shirt) questioned council and staff about allowing the developer to delay required road and sidewalk improvements. Photo by Gail Marvel.

19.167 acres in size. The parcel is located north of the baseball fields on top of Sunset Mesa and is within the City's Urban Growth Boundary, the City Water Service Area, and the City of Montrose Sewer Service Area. This resolution sets July 17 as the hearing date for the

City & County

Government!

Answering the Call Series! Up Bear Creek!

Art Goodtimes'

Continued pg 27

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ANSWERING THE CALL: MCSO'S BRITTANY MARTINEZ

By Gail Marvel

MONTROSE-Although she was not born in Montrose, Sheriff's Office Investigator Brittany (Sandoval) Martinez moved here as an infant, attended local schools and graduated from Montrose High School in 2002.

Martinez was drawn to law enforcement at a young age, "Since I was knee high. In junior high I participated in the Montrose Police Department Explorer Program and did ride-a-longs with officers. One summer in high school I attended the Colorado State Patrol Police Academy in Golden."

Martinez began her law enforcement career as a Montrose County Sheriff's Office (MCSO) Jail Deputy and was then sponsored to attend the Police Academy. Her 10-years as an employee of MCSO includes 4 ½ years on patrol and 1 ½ years with investigations. During her time on patrol she also served as a Field Training Officer.

Currently MCSO has four investigators, one of whom is the Investigator Sergeant. Martinez said, "Cases are approved by supervisors before they are given to investigators. We investigate sexual assaults, burglaries and thefts. We can be called out on a moment's notice for situations like death scenes." Investigators work a typical business day on rotation, "But there is always one person on-call at all times."

When asked about the most stressful aspect of her job Martinez said, "There's not one thing I could pick out as stressful. I enjoy the job a lot. I like dealing with people in general and helping victims solve crimes." Martinez identified communication as one of her strengths, "We have to

talk to a variety of people and I feel I'm approachable and easy to talk to."

Noting the least enjoyable part of her job Martinez said, "Dealing with crimes against children. Kids can't explain themselves and they are helpless when crimes are committed against them."

Martinez was hesitant in claiming to

have saved a

MCSO Investigator Brittany Martinez. Photo by Gail Marvel.

person's life; however, after some thought Martinez family enjoys outdoor activities she laughed and said, "I have used CPR... and he did survive!"

As for her aspirations Martinez said. "We're always learning something new every day. I'd like to further my career and get more training. Eventually I'd like to go back to patrol and become a patrol sergeant."

When off duty Martinez likes to spend time with her family and her children, "I have two kids and they keep me busy with sports and activities...my five-year-old daughter is a wrestler. The kids are proud of me and love it that I'm an officer." The

like camping, fishing and hunting. In a message to Montrose citizens Martinez would like to say, "We're here to help whoever needs us. Besides helping victims, we are also open to questions, complaints and concerns."

When asked if there was anything the community could do to help investigators Martinez said, "Keep a record of serial numbers, documentation and photos of high-end property. It's a great help that will assist us in locating their stolen items."

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BUSINESS SPOTLIGHT: BROKER ASSOCIATE LORIN KELLY JOINS MONTROSE HOME & LAND CO



Broker Associate Lorin Kelly. Courtesy photo.

By Caitlin Switzer MONTROSE-Combining youthful energy with serious real estate expertise, new Broker Associate Lorin Kelly adds depth to the dedicated team at Montrose Home & Land Co.

"We are proud to have Lorin join us, and appreciative of the level of skill that she brings to our real estate clients," Montrose Home & Land Co. Owner Gary Bertorello said. "Our business is growing and having the right people in place will be essential to our success."

For Kelly, who studied Business Real Estate and Registered Appraisal in college, the education, hard work, and time spent have been well worth the effort.

"I love real estate!" she said. "And this company is more like a small town—it's not corporate; we have a smaller, more personalized office. And I really like the people here."

People are what the real estate industry is all about, after all.

"I love taking clients around to see properties, and helping them find their dream home," Kelly said. "I want you to be able to trust me, and know that I am here to do the best job I can for you and make the whole process go smoothly.

With a family and children of her own, Kelly especially enjoys working with residential clients, although she is experienced with both commercial transactions and foreclosures. Having assisted a successful local agent for years, she has gained a well-rounded background and a solid understanding of what it takes to find the best property and the best deal for the clients she represents.

"I love the variety of real estate, and being able to do something new every day," Kelly said. "I am very comfortable with residential transactions and with foreclosures. I also hope to sell more commercial properties, and perhaps branch out into farm and ranch sales as well."

Reach Broker Associate Lorin Kelly at 970 -417-2107 (Cell), 970-964-4050 (office) or via email at <u>lorinkelly.333@gmail.com</u>.

BOCC APPROVES AIRPORT ENCLOSURE, WCPHP INTERAGENCY AGREEMENT



Former Montrose County Commissioner Ron Henderson addressed the BOCC on June 7.

By Caitlin Switzer

MONTROSE-Former Montrose County Commissioner Ron Henderson stepped forward to speak during the time for public comment at the <u>regular meeting</u> of the Board of Montrose County Commissioners tunity sometime down the road, you real-(BOCC) on June 7.

"Thank you for this opportunity. It's good money maker."

to see all of you looking healthy, nice red cheeks, no skin problems, it's good to be alive," Henderson spirit of disrespect but were thoughts that arose from his own eight-year experience on the BOCC. "I don't really know how

much longer the dump will go...the waste disposal is a huge money maker," Henderson said. "The County had to give it up

because of a situation with the City...the only way they could get rid of it and pay the City off was to sell the rights to the waste disposal. If the County were to get that back, which they will get the opporly should consider doing it because it is a

Henderson also mentioned the Fixed Base Operation (FBO) at the Airport.

"That has a long and tenuous history...of which again it has to do with money. But began, noting that his com- also, it has to do with whether or not the ments were not meant in a County ought to be making any money, as does the dump," he said. "A lot of folks think it is incorrect for the County to make money but rather we should go ahead and leak that money off to people who are more deserving than the County taxpayers...we, the taxpayers, are the ones that end up holding the bag, literally, in the end."

> Henderson also discussed Montrose Memorial Hospital and the West End health care study.

"The hospital, believe it or not, makes more money than the County...the fact of the matter is that hospital has an income almost double the County's revenue stream," Henderson said. "That's very significant and very tempting for a lot of people. Continued next pg

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BOCC APPROVES AIRPORT ENCLOSURE, INTERAGENCY AGREEMENT From previous pg

I understand you are working on the West End and the medical concern over there... maybe I will come to a work session and give you a little bit of background on that that possibly would be useful to you."

At the request of County Manager Ken Norris, Item D-2, a public hearing on acceptance of the 2018 asphalt overlay project, was pulled from the meeting agenda. Commissioners unanimously approved a lengthy <u>Consent Agenda</u> with no discussion.

During General Business & Administrative items, County Health & Human Services Director Stephen Tullos presented consideration, possible approval and authorization of an <u>interagency agreement</u> establishing the West Central Public Health Partnership (WCPHP) Tobacco Education Project as the collaborative body of public health representation for Montrose, Gunnison, Hinsdale, San Miguel, Ouray and Delta counties for implementation of Tobacco Education Project funding (consisting of \$34,200 annually for three years).

"We use this money to educate, help people do policies around tobacco use...all next year at the theaters you'll be seeing some tobacco prevention advertisements," Tullos said.

Commissioners unanimously approved the interagency agreement.

Also approved was a <u>three-year Loan of</u> <u>Historic Property Agreement</u> with the Montrose County Historical Society to display a 1911 road grader owned by the Historical Society at the County's new public works facility at 63160 LaSalle Road. "It will be a great addition to our new rience at D facility," County Engineer Keith Laube said. years ago. Commented Historical Society President Zilla Mae Brown, "We're delighted to have it on display." Commiss

Also approved were a <u>contract award</u> for professional services to low-bidder Avant Environmental Services, Inc. of Grand Junction in the amount of \$9,500 for monitoring, groundwater testing, statistical analysis, and reporting at the West End Landfill near Nucla; and a <u>bid award and</u> <u>contract for \$124,000</u> to Sport Court of the Rockies, for fabrication and delivery of a temporary floor for the Montrose County Event Center.

With three companies and four bids to choose from, Fairgrounds staff picked Sport Court because "the efficiency in putting the floor out would save us ten hours every time," Fairgrounds Manager Emily Sanchez said. "...It is more durable, efficient, and better for our situation." Commissioners approved the award of an RFP for a \$193,588.50 Glass Enclosure at Montrose Regional Airport to Glass Doctor.

The glass enclosure will enhance the processing of passengers into the TSA, Airport Manager Lloyd Arnold said. "It will allow us to move our two processing lines out into our common area and add a third, dedicated, TSA pre-check line.

"It will allow us to process an additional 160 passengers per hour from what we are doing today, so it will shorten our wait lines and improve the experience for the passengers at our airport."

BOCC Chair Keith Caddy recalled an expe-ry's Store in Cimarron.

rience at Denver International Airport two years ago.

"Thank you so much ... I know what it's like to stand in a horrible line with TSA." Commissioner Glen Davis asked Arnold about eventual reconfiguration of the Airport if and when funds become available. "Will we be able to reconfigure that glass wall?"

Arnold explained that the terminal is made so that a second story can be added. "The elevator shaft is already in; when you go to a situation like that you can process down below, probably in the current location, and then have an escalator going up to more hold rooms.

"I think it is an efficiency that we'll be able to maintain and use in the future, definitely."

BOCC Vice Chair Roger Rash about timing of the project.

"...the drop-dead date for completion of construction is Sept. 1," Arnold said.

"Outstanding," Rash said. "Great job." In other business, the BOCC continued a scheduled hearing on <u>changes to the</u> <u>Montrose County Zoning Resolution</u>, timedate certain to July 3, at the request of Planning & Development Director Steve White.

Commissioners unanimously approved a proposal to divide 3.8-acres from a 63acre parcel (separating an existing home from a farm field) at the Fliflet Minor Subdivision. Prior to adjournment, the BOCC reconvened as the Montrose County Liquor Licensing Authority, approving the annual liquor license renewal for Newberry's Store in Cimarron.



OPINION/EDITORIAL: LETTERS

ADAM MURDIE RIGHT FOR MONTROSE COUNTY, RIGHT FOR US, THE CITIZENS

Editor:

I am writing this letter as an independent thinker, voter, and citizen of Montrose County. For me, there are a set of values that I try to live my life by, sharing some of the same values that are REQUIRED for an elected sheriff. There are two candidates running to be our next Montrose County Sheriff. One candidate possesses these qualities such as integrity, honesty, trustworthiness, compassion, and dependability, and one does not. Adam Murdie is the candidate that embodies those values, and shows it every day in his 20+ years of experience. With our current conditions,

where fires are burning all around us, it brings into perspective just how scary wildland fires can be.

Adam has REAL experience with wildland firefighting, unlike his opponent. I went in to this election process open-minded, and with no pre-determined selection of who would be receiving my vote. After listening ty and will do anything to make sure it is and speaking with both candidates, and learning who these men are as people, there is no doubt in my mind that the right man for the job is Adam Murdie. Integrity and honesty are of the upmost importance when being elected by the people in which they will serve.

If your decision is not as clear as it should be, ask yourself this. How can we trust Mr. Lillard to make decisions that will affect us when he cannot tell the truth when asked a tough question that would shine a negative light on himself?

I love Montrose, and our beautiful countaken care of, including the people who reside in it.

Adam Murdie is right for Montrose County, and right for us, the citizens of Montrose County. Thank you, Braydon Burris, Montrose

RIDGWAY REUSES TO SELL CARRY ON BAGS @ RIDGWAY FARMERS MARKET

Dear Editor:

We wanted to let you know that the Carry On! Ridgway Reuses Crew had a table at the Ridgway Farmer's Market Friday, June 8 and every other Friday for the summer. We will be selling our new Carry On! packable Chico bags made from 100% recycled postconsumer plastic bottles. We are also making reusable copper straws and sewing reusable produce bags. All proceeds go to support our efforts to educate the community on the importance of using reusable products and banning single-use plastic bags in the town of Ridgway. We will also be installing a new single-use plastic shopping bag recycling recepticle, made by Adam Johnson and the Ridgway shop classes, in the foyer of the Ridgway Mountain Market this week. Please feel free to drop off your clean plastic shopping bags (no ziplocs or other plastic packaging please) and we will be turning them into plarn (yarn made from plastic) and using the plarn to create reusable bags and other products that will also be available at our farmer's market booth. It is estimated that 4 trillion plastic bags are used worldwide annually. Only 1% of plastic bags are returned for recycling. Americans throw away 100 billion plastic bags annually. That's about 307 bags per person! All that waste can be eliminated by switching to reusable shopping bags.

Sincerely, The Carry On! Crew Indigo Krois Maizy Gordon Autumn Saaal Eleni Wallin Kayla Bolane



NEW RESTAURANT OPEN FOR BREAKFAST, LUNCH, DINNER



Mirror staff report

MONTROSE-A new eatery has opened in the former Pollo Asado space at 314 South Seventh Street, Mimo's Restaurant. Local chef Saul Moreno (formerly of Mountain Café) is doing the cooking, and so far business has been good, said staffer Carmen Briceno. Mimo's held a soft opening just over two weeks ago.

Expect typical American meals, with a few Mexican favorites on the menu as well.

"This is a family restaurant, and it is mainly about community," Briceno said. "We want to keep things affordable, and we will be offering student meal discounts just like Pollo Asado did."

Mimo's is open Monday through Saturday, serving breakfast, lunch and dinner, from 6 a.m. to 9 p.m., and on Sundays from 8 a.m. to 2 p.m. Watch for writer Carole McKelvey's review in an upcoming issue of the Mirror!

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TEMPORARY CLOSURE FOR SECTIONS OF CRAG CREST TRAILS

Special to the Mirror

GRAND JUNCTION-The Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests' Grand Valley Ranger District has issued a temporary closure for the entire Lower Crag Crest Trail (#711.1A) and the eastern portion of the Crag Crest National Scenic Trail (#711). The closure will go in effect starting Wednesday, June 13th and will remain in place through the end of 2018. The trails will be closed to address public safety concerns while timber is being harvested adjacent to the trail corridor. Dead and dying trees from the on-going spruce beetle outbreak on the Grand Mesa National Forest are being harvested to salvage the still usable timber, reducing the likelihood of spruce beetles spreading to new areas and to reduce the wildfire risk to neighboring private lands including the Grand Mesa Resort Company, which has numerous privately owned cabins adjacent to the harvest area.

The majority of the Crag Crest National Scenic Trail (#711) and the Crag Crest Trailhead on Highway 65 will remain open for public use throughout the timber salvage operations. Due to several active timber sales on the Grand Mesa National Forest, large numbers of timber trucks can be expected on the south end of Highway 65, Trickel Park Road (NFSR 121), Hay Park Road (NFSR 129) and the Old Grand Mesa Road (NFSR 123) throughout the summer and fall.

MIRROR CLASSIFIEDS: EMPLOYMENT

Classified / Employment ads for the week of 6/11/18:

Hiring **General Labor Helper** to assist with cleaning a rental home in Montrose for 1-2 weeks. Cleaning out trash, ripping out carpet, tearing out floor, straightening out yard, and trimming trees. If you possess more home improvement skills, more work and compensation is available. If you have a reliable truck for hauling trash, let us know! Apply today at www.expresspros.com/ montroseco or call 970-249-5202 for more information.

Hiring **Maintenance Crew/2nd Shift** to assist maintenance team in greasing and oiling machinery and other preventative maintenance and cleaning in sawmill. Must be self motivated and able to work independently. Potential to be hired on directly after evaluation period! Hours are full-time: Tuesday - Friday 2pm-11pm, Saturday 8am-5pm. Apply today at montroseco or call 970-249-5202 for more information.

Hiring **Recycle Sorter** for a long-term position. Hours are Monday – Thursday 7am-3:30pm, and some Fridays. Apply today at www.expresspros.com/montroseco or call 970-249-5202 for more information.

Hiring **Certified Flaggers** for the Montrose area. Will require steel toe boots OR composite shoes. Future jobs may offer travel opportunities with PAID lodging. Get your flagging certification card for free! Call us for more details. Apply today at www.expresspros.com/montroseco or call 970-249-5202 for more information.

Hiring **Cabinet Installer** in Delta, CO for residential and commercial installation, building and assembling. Must be able to read a tape measure and understand basic carpentry and lift up to 60lbs. Must have a valid driver's license and own tools. Apply today at www.expresspros.com/montroseco or call 970-249-5202 for more information.

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Hiring **Customer Service Representative** to provide excellent customer service for local shoe factory. Expert communication and listening skills are a MUST. Duties include greeting customers, problem solving, placing orders, resolving complaints, writing and publishing newsletter and blog and keeping active presence on social media, helping to manage sales, reports, assisting with packing and shipping, and quality assurance. Apply today at www.expresspros.com/montroseco or call 970-249-5202 for more information.

Hiring Landscape Maintenance Workers to assist with installing sprinklers and general yard work for their landscaping business. This position is temporary but may turn out to be longer depending on progress. Apply today at www.expresspros.com/ montroseco or call 970-249-5202 for more information.

Hiring **Truss Builders** for full-time, long-term positions. Must be physically fit and able to lift up to 50 pounds. Hours are 6am - 4pm, Monday - Friday. Apply today at www.expresspros.com/montroseco or call 970-249-5202 for more information.

Hiring **General Labor Workers** for full and part-time job opportunities. Hours and length of assignment vary. Apply today at www.expresspros.com/montroseco or call 970-249-5202 for more information.

MIRROR CLASSIFIEDS: EMPLOYMENT

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SUMMER MEAL SITES, OUTDOOR POOL From pg 1

office at 431 S 2nd St. For those seeking a cool dip Downtown, the former Aquatic Center outdoor pool at Rio Grande and Colorado Avenues is now open for the summer, and the slide is operational. Drop -in hours are from 11 a.m. to 5 p.m. daily, and admission is \$3 for swimmers age three and older. Children three and under are free. Free lunch sites for kids are located throughout the community through Aug. 10, thanks to RE-1J schools, including a lunch site at the Montrose Field House, adjacent to the outdoor pool at Colorado

and Rio Grande. Lunch is served at the Field House Monday through Friday from Noon to 1 p.m. Additional lunch sites are located at the Montrose Black Canyon Boys & Girls Club on Sunnyside, open Monday through Friday from 11:45 to 12:45; at Pomona Elementary School, open Monday through Thursday from Noon to 1 p.m.; and at the Olathe Black Canyon Boys & Girls Club location at Hap Court in Olathe, open Monday through Friday from 11:30 a.m. to 12:30 p.m. All lunch sites will be closed July 2-4 for the Fourth of July Holiday. Finally, for young people age 16-24 seeking a job for the summer, there will be a youth job fair at the Montrose Community Recreation Center from 2 to 4 p.m. on June 14. According to representatives of the Montrose Workforce Center, the Colorado Department of Labor and Employment/Montrose Workforce Center is hosting a Summer Youth Job Fair, with application forms and youth labor law information. The job fair is free to vendors and job seekers, and there will be free ice cream sandwiches as well.



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OPINION/EDITORIAL: LETTERS

VOTE FOR ADAM MURDIE; IT'S THE RESPONSIBLE THING TO DO

Dear Editor:

In the almost forty years I've lived in Montrose I've dealt with law enforcement in many capacities: as a criminal defense lawyer, as county attorney and as Mayor of the City of Montrose. I am supporting Adam Murdie for Sheriff. Do Adam and I always agree? No. But I trust him to run the Sheriff's office in an honest and efficient manner, to keep his forces trained to avoid some of the legal kerfuffles we see in other entities, and to make the safety of the community a top priority. Mr. Murdie has the foresight and planning skills to deal with the growth we are facing, along with the changing duties that growth will bring to the Sheriff's office; is hard working; knowledgeable; and committed to law enforcement. Vote for Adam Murdie, it's the responsible thing to do. *Peggy Carey, Montrose*



MONTROSE REGIONAL CRIMESTOPPERS ALERT

Montrose Regional Crimestoppers

MONTROSE-Montrose Regional Crime Stoppers, Inc. and the Montrose Police Department are seeking the help of citizens to identify and locate the suspect(s) in several incidents of vandalism, trespass and theft from motor vehicles.

During early morning on June 3rd, several vehicles in the 1000 block of Ridge Street were broken into and various valuables were stolen. During early morning on June 4th, at 123 S. Water, one or more suspects again broke out an automobile window for purposes of stealing the contents of the vehicle. These are just two of a number of similar incidents in the recent past in Montrose. Anyone with information about these crimes or the identity of the perpetrator(s) or any other crimes, may call Crime Stoppers anonymously at 970-249-8500, use the mobile app P3 Tips, or provide information via P3tips.com. Crime Stoppers wants your information, not your identity. If the Tip results in an arrest, the Tipster may receive a cash award. For additional information, please view our Facebook page, www.facebook.com/montroseregionalcrimestoppers. Crime prevention and crime solution are everyone's responsibility.

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OPINION/EDITORIAL: LETTERS

ADAM MURDIE HAS THE EXPERIENCE AS A WILDLAND FIREFIGHTER

Dear Editor:

I am writing this letter in support of Adam Murdie as our next sheriff of Montrose County.

My family and I have known Adam for several years. He has been our neighbor and our friend, and we have become very close with he and his wife over all those years.

When my husband and I (and our family) had a crisis 3 years ago, Adam and Robbi were quick to jump in and help and continue to do so to this day. Adam didn't do it to be recognized for what he did, as a matter of fact, I think it makes him uncomfortable to be bragged about. He does things for people and this community out of compassion and true caring. Not out of self-serving thoughts. To me, that speaks volumes about the man he is.

Adam is loyal, honest, friendly, firm, involved, compassionate, community oriented, faithful, and has more integrity than most people I know. When Adam says he's going to do something or try to make a change, you can take that to the bank that he will do everything in his power to make it happen. He means what he says and does not skirt around issues. It may be tough to hear or tough for him to do but he is one of the few men who means what they say. Men like Adam are hard to find, and this community would be fortunate to have him as sheriff.

I am writing this letter from Pueblo where I am on assignment as a dispatcher for wildfires. I know how important it is to have a local sheriff with the knowledge of wildfires. That knowledge is REQUIRED of the sheriff. It is knowledge that comes from doing, not taking classes. It comes from being involved, not taking classes. It's important to know conditions and what they mean, the fuels, when to call in national resources, help with evacuations, help the firefighters. These aren't optional duties. Adam has the experience as a wildland firefighter. It is a bonus that he also has the experience as a fire behavior analyst.

Montrose can't do any better than to elect Adam Murdie as sheriff. We will all be in good hands. Thank you, Jill Cox



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REGIONAL NEWS BRIEFS

BOSOM BUDDIES COVERS THE COST OF117 3D MAMMOGRAMS IN ONE WEEK

Special to the Mirror

MONTROSE-It was very busy at Montrose Memorial Hospital as Bosom Buddies covered the cost of 117 mammograms in one week. Regardless of insurance status or age, anyone who registered received the mammogram including the radiologist review for free the week of May 14 – 18 as a Mother's Day gift from Bosom Buddies.

"The interest was so high that the Mammography scheduling staff had to start a wait list for cancellations," said Bosom Buddies President Phyllis Wiesner. According to Wiesner, there were 20 women on the wait list.

"Because the week booked so quickly, Bosom Buddies decided to cover the cost for those on the waiting list, too." said Wiesner.

She added that anyone in need of financial assistance for a breast cancer diagnostic procedure can apply to Bosom Buddies by submitting an assistance request form which can be downloaded from the group's website at

www.bosombuddiesSWC.org.

According to Carol Hart, Interim Director of Medical Imaging at Montrose Memorial Hospital, "Early detection is the key to beating breast cancer, and our Siemens 3D Mammography has the advantage of a wider view so women are diagnosed earlier and more accurately."

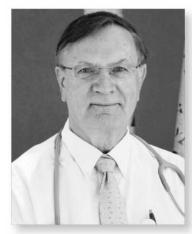
Montrose Memorial Hospital's 3D mammography not only provides a wider view but also allows radiologists to see tissue with greater clarity and depth as never before. This gives you the greatest advantage in the war on breast cancer.

Because the image clarity of 3D mammography leads to more accurate breast cancer detection, women are diagnosed with fewer false positives and don't experience the worry of follow-up tests.

In addition to financial medical assistance, Bosom Buddies helps those dealing with breast cancer who reside in Montrose, Ouray and San Miguel Counties with weekly support meetings, prosthesis supplies and counseling.

To find out more about what the group has to offer, go to their website at <u>www.bosombuddiesSWC.org.</u>

Welcomes



Edgar Prasthofer, M.D. Temporary Oncologist Board Certified in Oncology & Hematology

Medical School University of Alabama School of Medicine, Birmingham, AL

Internship/Residency University of Alabama School of Medicine, Birmingham, AL

Office San Juan Cancer Center 600 South 5th Street Montrose, CO 81401



YOUTH JOB FAIR AT MONT-ROSE REC CENTER JUNE 14

Special to the Mirror

MONTROSE-On June 14, from 2 to 4 p.m., young people ages 16- 24 are invited to come get a free ice cream sandwich—and find a summer job—at the Montrose Community Recreation Center (16530 Woodgate Road). There is no fee to employers or job seekers; the youth job fair is sponsored by the Colorado Workforce Center in partnership with Montrose Recreation District. Information on youth labor laws, and generic application forms will be available.

FIRST AID FOR FESTIVALS BASICS

Special to the Mirror

RIDGWAY- June 18, 6-8 p.m. Ouray County 4H Event Center, 22739 US-550, Ridgway. Learn fundamental first aid skills from Ouray EMS Paramedic Ruth Stewart. Organized by Uncompahgre Watershed Partnership, to enhance the safety and injury response at summer festivals. Up to 20 people (minimum: six people). Student fee: \$15. Please register by Thursday, June 14 at <u>https://ridgwayriverfest.org/2018</u>.

CITY OF MONTROSE HIRES INTERNS TO DEVELOP MONTROSE HOUSING, SHOPPING HABITS STUDIES

By Gail Marvel

MONTROSE-Two new city interns were introduced to City Council during the council work session on June 4, (L to R) Housing and Citizen Engagement Assistant Savannah Haney and Finance and Business Services Intern Marcus Catlin.

Haney, who will work on a market study on housing for the community, will be with the city through June of 2019.

Catlin, son of House District 58 Representative Marc Catlin, will help develop a survey on citizen shopping habits.



2018 PRIMARY INFORMATION: ELECTION WILL BE 6/26; UNAFFILIATED VOTERS MAY VOTE ONE PARTY BALLOT ONLY

MONTROSE MEMORIAL HOSPITAL WELCOMES OUR NEW CEO



Montrose Memorial Hospital is Pleased to Introduce James Kiser, CEO

Come Meet James and His Wife Lorie During Our Open House Monday, June 18 4:00 - 5:30 p.m.

Lobby Grille at Montrose Memorial Hospital



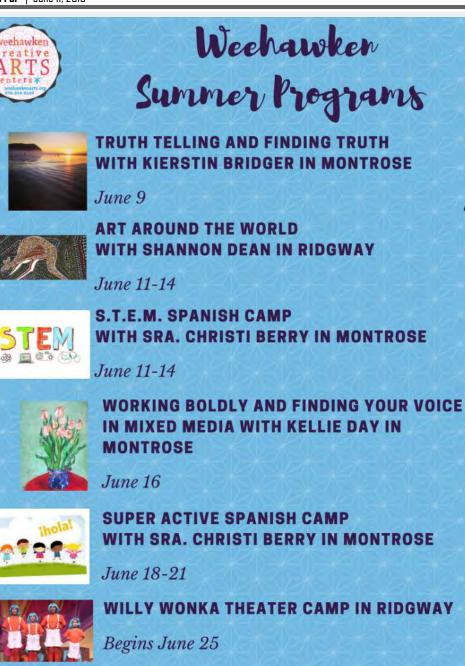
Special to the Mirror

MONTROSE-Election Day is Tuesday, June 26. For the first time in Colorado, unaffiliated voters will be eligible to cast a vote in the Primary Election for candidates of either major political party. The unaffiliated voters will receive both Republican and Democrat ballots and may vote and return ONLY ONE. If both ballots are voted, neither will be counted..

UNCOMPAHGRE RIVER CANYON CLEANUP & BBQ

Special to the Mirror

OURAY-Ouray Ice Park – Uncompahgre River Canyon Cleanup & BBQ, Saturday, Sept. 15, 9 a.m.-3 p.m. Join the Ouray Ice Park and Uncompahgre Watershed Partnership volunteers to pick up litter and debris in the ice climbing areas of the Uncompahgre River Canyon in Ouray. Then, enjoy a BBQ party to celebrate our efforts. For info: <u>http://</u> www.uncompahgrewatershed.org/events/





GARDEN ART SERIES WITH ALLISON WOFFORD IN MONTROSE

June 25-27



PERSONAL SKETCHBOOKING WITH ALLISON WOFFORD IN MONTROSE



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Cute, clean and priced right! Are you looking for a comfortable home at an affordable price? This may be the one! This home has been recently updated with a remodeled kitchen which includes new stainless steel appliances, also remodeled bathroom, flooring, blinds and more and is move-in ready and waiting for someone to make it their home. Recent work also includes professionally cleaned duct work, installation of a vapor barrier in the crawl space and new hot water heater. Situated on a large lot with a fully fenced back yard and room along the side to park a camper or boat. Walking distance to schools, grocery, restaurants and more. Come see it today before it's gone!

Bedrooms: 3

1,050 sq. ft. on 0.18 acres | Year Built: 1971

435 S. Townsend Ave. Montrose, CO 81401

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REGIONAL NEWS BRIEFS

TELLURIDE PRIMARY CARE TEAM TRAINS TO OFFER BETTER PREVENTIVE DENTAL & ORAL HEALTH SERVICES TO CHILDREN



Photo courtesy Telluride Regional Medical Center.

Special to the Mirror

TELLURIDE-Last month the primary care team at the Telluride Regional Medical Center underwent training to offer better preventive dental and oral health services to children, with a focus on infants and toddlers.

The training was provided by the Cavity Free at Three project managed by the Colorado Department of Public Health and Environment.

Thanks to this project, primary care providers and nurses are now able to perform an oral exam, provide a fluoride varnish application and offer dental hygiene education during routine well-child checks.

"This is a such a great opportunity for our youngest community members to get started at an early age with good oral health and cavity prevention services" said Emily McGough, a primary care nurse at the medical center.

While most children see their primary care provider regularly throughout their infancy and toddlerhood, they often don't see a dentist until much later. The American Dental Association recommends children visit the dentist before their first birthday.

"We think this training will have a substantial impact on the families we serve. Cavities are completely preventable and we're now better prepared to help every child stay cavity free throughout their childhood," said McGough.

Introducing a New Service! ADVANTAGE Health Resource Center

Call us to schedule an appointment for free assistance with the following:

- Resource Education with a Care Navigator
- Housing Assistance
- Long Term Care Options
- Short Term Care Options
- Benefits Checkup
- Form/Application Assistance

Connecting You To Information and Options

Two Office Locations:

Montrose: Park Avenue Professional Building 121 N. Park Ave, Montrose

Delta: Senior Community Meals office 350 Stafford Lane., Delta

Call us to arrange an in-home meeting or at a location convenient for you!



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advantage@voa.org | voa4you.org facebook.com/voawesternslope

FLAG DAY CELEBRATION

★ THURSDAY, JUNE 14

Join us for a patriotic program in Centennial Plaza, Montrose (next to City Hall on S. 1st Street) Presented by Alpine Bank, Volunteers of America and The Real Estate Store

PROGRAM 11:30 am to noon

Special Guest Speaker – Joel Evans

FREELUNCH Hamburgers and hot dogs Noon to 1:00 pm Music provided by Precendence Music





Volunteers of America®

REGIONAL NEWS BRIEFS

SOM FOOTWEAR RELEASING A BRAND NEW SOM SOLE; COMPANY NEEDS SPACE IN LOCAL OUTLET STORE FOR THE NEW GENERATION OF SHOES

Special to the Mirror

MONTROSE-We've been whispering for months about changes on the horizon for SOM Footwear. After listening to our customers, doing a lot of testing and brainstorming, it is exciting to officially unveil our new SOM soles.

We've been waiting for a pre-made sole to be included in our manufacturing process since our inception. The shoes will be four years old in July with their branded sole! For those of you who have had a chance to tour the factory, you know how arduous the two-step process of the Vibram sole was. On top of the fact that the new SOM sole is entirely made in USA, we are thrilled to announce that the tests show more durability in the wear, and more flexibility that increases the comfort of our SOMs. As our shoemaker will tell you, he tests his products himself until he is satisfied. *"I am pretty confident our cus*-



tomers will enjoy this major improvement in terms of wear, flexibility, comfort, and overall look." says Olivier Marchal, Shoemaker and CEO of SOM Footwear.

Facilitating the production is a big step ahead for our manufacturing process in order to respond to the growing demand.

Please join us at the factory outlet store, 1006 N. Cascade Ave, Montrose, on June

29th and 30th from 9 am to 5 pm to learn more details about the changes, and to take exclusive advantage of reduced pricing on our existing stock and help us to make some room for the new SOM sole (see above). New models with the new SOM soles will also be available at regular price. Members of the media community are welcome. Please RSVP.



OPINION/EDITORIAL: LETTERS

PLEASE VOTE ADAM MURDIE FOR MONTROSE COUNTY SHERIFF

Editor:

Friends, Family, & Citizens of Montrose County, I am asking you to cast your vote for Adam Murdie for Montrose County Sheriff. I began employment with the Montrose County Sheriff's Office in 2001 in the dispatch center. I worked in the center till 2004 where I accepted a patrol position with Ouray County Sheriff's Office. In 2003, the police department & it's current administration, along with the Fire Department attempted to open a separate dispatch center that was to be placed above fire station 1. They quickly learned the cost of their adventure was not feasible so it did not happen. I then returned to Montrose as a deputy in the Sheriff's Office. Adam was a Sergeant then and a great leader. Adam was caring & treated people with dignity & respect. Adam being the leader he is, promoted through the ranks to his current position of Undersheriff. 11 years with this office, I still see the leadership & support he instills in younger deputies. Adam challenges everyone in the Sheriff's Office to this day. Adam being in the #2 position is not afraid to seek advice from his people & listen to new ideas & questions or concerns. Adam guides his people in the right direction & leads them to the right answers. Gene Lillard is a man with lots of experience no doubt but the experience between a Police Department & Sheriff's Office is totally different. Lillard has talked about all his certificates...Ladies & Gentle-

man certificates are given out at almost every training, I have a thick folder of them myself. Lillard at a recent debate admitted to campaign law violations. A police officer with over 40 years of experience enforcing the law cannot follow the laws regarding campaigning for public office. Why is this acceptable?? Is this do as I say not as I do, who you want in office? I have been on at least 3 high risk SWAT calls where the criminal was hiding inside & Lillard ordered his team to walk away leaving the wanted criminal to go free. Is this acceptable & safe to you the citizens & your children? I am the K9 Handler for K9 Oxx who the Sheriff's Office has made available to every agency in the 7th judicial district. I am telling you, the citizens of Montrose, the current police administration issued a direct order to its police officers to not use K9 Oxx in the war of how the morale is at the Sheriff's office on drugs in Montrose.

Now they want to impose another tax increase to help fight drug trafficking. From the actions I have seen recently, I believe Lillard wants to combine the Police Department & Sheriff's Office. Lillard has even told a deputy that if he gets Sheriff, the deputies will be spending more time in the city limits. Lillard lied to the public's face when both candidates were asked a specific question during the recent debate. Flat out lied & anyone who has been around Montrose for years knows his history. Now we have 2 dispatch centers which create a number of public safety

issues. Well here we are again & the current Police administration is finding out it is not economically feasible at the your & my (taxpayers' expense). Adam has told the people publicly the Westco center should have never happened. Adam has even gone further to tell & show you the citizens the minutes of these meetings & the true reason the Police Department left...Lillard said it was because of dollars, well the truth will prove Adam to be truthful again.

Make no mistake, Lillard made it public knowledge how much he was in favor of the new dispatch center but recently told the public that the new center (Westco) should not have happened. Lillard also mentioned at the debate that he would improve morale at the Sheriff's Office if elected Sheriff. Lillard has no knowledge except for hearsay. Lillard was also quick to place blame by mentioning the names of inmates who committed suicide in the jail. It happens every day unfortunately, but he too has had two great officers die under his watch. No mention of that though. As Law Enforcement Officers, Integrity is EVERYTHING. Without Integrity you have NOTHING.

ADAM MURDIE is a picture of Integrity & the only viable, respectable candidate for Montrose County Sheriff...please vote Adam Murdie for Montrose County Sheriff!! Respectfully,

Keith Sanders, Montrose

REGIONAL NEWS BRIEFS

ATLAS MILL REMEDIATION PROJECT COMMUNITY MEETING

Special to the Mirror

OURAY-Atlas Mill Remediation Project Community Meeting, Wednesday, July 11, 7-8:30 p.m. Ouray Community Center, 320 Sixth Ave., Ouray. Come to learn and give us your feedback about a project proposed by Ouray Silver Mines to improve stream water quality around the Atlas Mill up Ouray County Road 361 (Camp Bird Road). For info: http://www.uncompahgrewatershed.org/ events/

REGIONAL NEWS BRIEFS

DOCKS REMOVED AT NAVAJO STATE PARK MARINA DUE TO LOW WATER



CPW courtesy photo.

Special to the Mirror

ARBOLES – Due to low-water at Navajo Reservoir the docking and marina facilities at Navajo State Park are being removed this summer. The boat ramp and courtesy dock, however, will remain open and boaters will be able to launch their craft throughout the season.

As of June 6 there will be no fuel available at the park, and there will be no pumpout services offered.

Changes at the boat ramp will not change any other operations at the park. The park is open year- around and offers 138 camp sites, and hiking and biking trails.

Sandy explained that the docks, marine store and boat houses would be damaged if they go to ground. Work to start removing the docks started on May 30 and will continue for about two weeks. The marina store will be floated out to deeper water.

The park has contracted with 4 Corners Marine Services to assist owners launching and retrieving houseboats. Those needing that service should contact 4 Corners directly at 505-947-5802. Navajo State Park personnel are available to help those with smaller boats to launch their craft.

CPW might also resurface part of the boat ramp in the fall. That work will be dependent on water level at that time.

For information about Navajo State Park, call 970-883-2208. Information about all of Colorado's state parks can be found at <u>http://cpw.state.co.us/placestog</u>.



SMPA ELECTION: COKES, ALEXANDER ELECTED

Special to the Mirror

RIDGWAY-On June 7, San Miguel Power Association (SMPA) held its 79th Annual Meeting at its office in Nucla, CO. The meeting concluded with the reading of election results for District No. 3 and District No. 6 board director elections. In District No. 6, incumbent, Debbie Cokes ran unopposed and was deemed elected according to SMPA Bylaws. In District No. 3, a total of 288 votes were cast. 17 of these were ruled invalid. Challenger, Joanna Kanow received 95 votes. Challenger, Allyn Svoboda received 57 and incumbent, David Alexander received 119. Alexander will continue as the District No. 3 board representative.

San Miguel Power Association, Inc. is a member-owned, locally-controlled rural electric cooperative with offices in Nucla and Ridgway, Colo.

CITY COUNCIL CONSIDERS SALES TAX BALLOT INITIATIVE FOR LAW ENFORCEMENT, HISTORIC PRESERVATION ORDINANCE



During the Montrose City Council Work Session on June 4, representatives for the Downtown Development Authority (DDA) presented their Plan of Development PowerPoint. (L to R) Assistant City Attorney Andrew Boyko, City Attorney Stephen Alcorn, City Manager Bill Bell, Assistant City Manager Rob Joseph, DDA Chairman Kirk Hartman and DDA Manager Sonia Dumas. Photo by Gail Marvel.

By Gail Marvel

MONTROSE-Normally Montrose City Council Work Sessions are a working lunch, which takes place the day before the regular city council meeting. Council takes no official action during work sessions.

Introduction of New Employees

Housing and Citizen Engagement Assistant, Savannah Haney, who will be with the city through June of 2019, will do a market study on housing for the community.

Finance & Business Services Intern Marcus Catlin, son of House District 58 Representative Marc Catlin, will help develop a survey on citizen shopping habits.

Discussion Items

Public Safety Sales Tax Resolution – City Manager Bill Bell and Police Chief Tom Chinn. Mayor Roy Anderson invited audience members John W. Nelson and Jim Haugsness to join council at the table for discussion. Bell noted that staff has prepared a rough draft and they are working on graphic-type projects and talking points need." for the proposed Public Safety Sales Tax ballot initiative. Examples of talking points included comparing the cost of a latte to the sales tax increase and the amount of sales tax to be collected on \$400 worth of groceries. Bell said, "[This is] not as a campaign, but to let citizens know what is going on." The Public Safety Tax proposal has two components — one to fund a new police department facility estimated to cost \$12 M and the other to fund 15 new police officers/administrative staff with an estimated initial cost of \$2.36 M, then \$1.56 M yearly. Councilwoman Barbara Bynum said, "This is a technical question. Should this be framed as two separate questions?" Assistant City Attorney Andrew Boyko said, "There is some concern if one part fails and one part passes. We will want to phrase it [right] to the voters."

Mayor Pro Tem Dave Bowman said, "The people I'm talking to are very much in support of this. I'm pleased with the responses l've had. People seem to recognize the

Councilwoman Judy Ann Files asked citizens Nelson and Haugsness about their goals. Haugsness said, "For the last 20 years John and I have been involved in law enforcement. I view our role is to be out there spearheading the public meetings."

Nelson said, "I heard a rumor that the sheriff might be asking for a tax increase and that might be a problem." Haugsness interjected that the Fire District is also looking at a tax increase for the November 2018 ballot. Nelson said, "But if you look at the [police] blotter something has to be done and done quickly." Haugsness said, "John and I have been successful because we have been able to create a vision. A picture of the facility, this is what it is going to do."

Haugsness cautioned that the ballot language must be clear that the sales tax increase would be in addition to the current PD budget, "The concern of the voters is you're going to suck money out of the general fund.

CITY CONSIDERS SALES TAX INITIATIVE From previous pg

There [also] needs to be a mechanism to open the possibility to use those funds in other areas of public safety. It needs to allow flexibility and options on how to spend the money."

In order to give staff direction Mayor Anderson re-stated the gist of the discussion, specifying that the money from the sales tax initiative is for public safety and is in addition to the current budget percentage allocated to PD. Also, there must be flexibility to use the funds in various public safety areas.

Neither the proposed percentage of the sales tax rate increase, nor the financial impact it will have on citizens, was discussed. The draft in the council packets recommends, "...sales tax at the rate of seventy-five hundredths of one cent (0.75%) per dollar of taxable transactions (75 cents on a \$100 purchase), with two hundredths of one cent (0.2%) per dollar of taxable transactions to expire upon full payment of a Public Safety Building or no less than 20 years, and thereafter at the rate of fifty-five hundredths of one cent (0.55%) per dollar of taxable transactions (55 cents on a \$100 purchase) subject to the terms of this resolution, effective on January 1, 2019..."

Historic Preservation Ordinance – Director of Innovation and Citizen Engagement Virgil Turner and Director of Business Innovation Chelsea Rosty.

Certified Local Governments (CLGS) are eligible for Colorado's state historic preservation income tax credit and grants from the History Colorado State Historical Fund. In order to move forward with the Main Street Program, a program embraced by the city manager, the city must have a Historic Preservation component.

Rosty gave a brief PowerPoint and spoke about the "why" behind why Montrose wants historic preservation. Rosty said, "It's intended to be a choice for property owners and building owners."

Councilman Doug Glaspell said, "Older folks and younger folks aren't always at the same pace. Do the millennial-age have a concern for preservation?" Turner said, "I want to see an effort to teach our children and grandchildren, for them to see the historic fabric. To give building owners a little tax money to help them fill the gap of whether to [tear down and] build a new building or preserve an older building."

An application has to be signed to put a property on a historic register. Turner said, "Ultimately the city council will have a lot of control over these decisions. It's a big move for us to do this." People who purchase a historic property must contend with regulations. Turner said, "When you buy a historic property, you are aware it is a historic property. Developers are chomping at the bit for this to happen." Public support for establishing a Historic Preservation District has not been seen during council meetings and work sessions; however, there has been one citizen in opposition.

Landscaping Services Bid Recommenda-

tion – Facilities Manager Mark Armstrong. Staff recommends the professional services contract for landscaping services be awarded to S&E Ward's Landscaping Management Incorporated at an annual cost of \$67,528. This professional services agreement will be funded by the 2018 Facilities Internal Services Fund Professional Contract Services Budget which has \$56,900 allocated for landscaping services.

City Manager Bill Bell said, "This is not for parks, this is traditional landscaping. It's cheaper for us to do it this way because they have crews."

Downtown Development Authority (DDA) Plan of Development – Senior Planner Garry Baker.

The DDA Plan of Development Power-Point was presented to council by DDA Manager Sonia Dumas and DDA Chairman Kirk Hartman. Dumas said, "It's very simple, what's the multiplier effect?" How can we make sure we get more? How can we make downtown Montrose businesses friendly and advocate for vibrance? It's all about creating a culture where we play, work, shop and live."

Dumas listed three core goals: Business Vitality and Culture, Infrastructure and Transportation and Operation. In the area of Operations Dumas said, "Making sure that we are hearing the voice of our constituents. We are their voice to advocate." The DDA efforts include surveys, newsletters, website, engagement, access and process, and building.

Mayor Pro Tem Bowman said, "The DDA has made a tremendous amount of progress in the last few months." Councilwoman Files asked about the terms of board members and if the city is responsible for replacements.

Discussion Background: Judkins and Rinne, Main Street Montrose, LLC, owners of The Vine Market & Bistro, have asked city council to consider an incentive package in the amount of \$245,486 to refurbish their building. The request is broken down: Asbestos mitigation \$48,000. Replacement of upstairs windows to historic look and feel \$42,343. Tap fee abatement for sewer/water \$18,190. Building permit fee waiver \$21,953. Fire Code required sprinkler system (only if residential) \$115,000. Please note that these figures had some minor adjustments before being accepted by council.

During a precious work session, the city manager said he would ask the DDA to help off-set (\$50,000) the city's contribution. Mayor Anderson said, "I heard a rumor from the [*Montrose*] *Mirror*. Have you made a decision on contributing to the Vine project? DDA Chairman Hartman said, "No. We went to a DDA meeting where we heard [from the city], "Can we have \$50,000 for our project.""

Hartman indicated that the DDA is working on their application process, which should be in place by July. He said, "By July we will be able for the community to apply for those funds."

Mayor Anderson pressed Dumas and Hartman that the Vine project seemed to fall in the DDA Plan of Development. Dumas said, "I'm optimistic. They can apply." With a note of urgency the mayor said, "We're talking about authorizing funds from the city. So, we can move forward and they can apply to you."

Hitchmarc Addition Annexation - Senior Planner Garry Baker.

The Hitchmarc Addition is on 9.5 acres located northwest of the intersection of 6530 Rd. and Lilac Rd. The owner has requested annexation to allow development into residential lots. The property is currently in agricultural use and has one single family home. The applicant is Marc

CITY CONSIDERS SALES TAX INITIATIVE From previous pg

Hitchcox.

Baker said, "The property is within the city growth area. This [annexation] puts the responsibility on the developer for road dedication right-of-way, water and sewer extension and lift stations. The city can't provide gravity sewer to this particular property right now."

Fireworks Display Permit Application – City Clerk Lisa DelPiccolo.

City Attorney Stephen Alcorn reported that he spoke to Fire Chief Tad Rowan, "He had no concerns. He'd rather see our [city] fireworks than individuals doing fireworks. He doesn't see a concern with safety." The total cost of the for fireworks is \$16,500.

The council discussed making the community aware that fireworks purchased in Montrose should be used in the city and not taken to surrounding communities that have fire restrictions and bans.

FUNC Fest Alcohol Permit - City Clerk Lisa DelPiccolo. DelPiccolo said, "This is the same plan as last year." The event is scheduled for Saturday, July 14 and anticipated attendance is 5,000.

General City Council Discussion Resolution of Support for BLM Headquarters Relocation. The City of Grand Junction wants to pursue moving the BLM Headquarters from Washington DC to Grand Junction. If the relocation occurred it would involve approximately 50 employees. The council will send a letter to the City of Grand Junction and support their effort.

Staff Comments.

Mayor Pro Tem Bowman asked for a report on the pedestrian bridge repairs. The repairs are slated for completion on June 15, or within a day or two.

Council coordinated their schedules for meeting with the visiting Serbian delegation.

REGIONAL NEWS BRIEFS

VALLEY LAWN CEMETERY: COMMUNITY UPDATE

Special to the Mirror

MONTROSE-We would like to Thank the community for the turn out on May 19th for the Help Make Valley Lawn Beautiful Again Clean Up Day!

A lot has happened in the last few weeks to get the cemetery looking the way it did for Memorial Weekend but there is still a lot to be done and must continue to be done to keep it beautiful.

An account has been set up at Alpine Bank and any Donations would be greatly Appreciated.

Talk to any Teller at any Branch and just ask that your donation is placed in the Valley Lawn Cemetery Account. Costs to date are as follows:

*Had to replace 5 horse pump to run sprinklers. Old one froze during winter \$1800

*Parts to connect to sprinkler system \$432.00

*Generator Rental to run sprinklers until new Electrical was in place \$831.91 *Diesel to run Generator \$240.00

*DMEA required new meter and new wiring before connection to Electric \$2100.00 (not to mention what the electric bill will be every month)

*Rain Maker making sure the system was running correctly (have not received that bill yet) We Thank those of you that have already donated money and especially your time. But this is going to have to be a continued effort as the Cemetery needs to be mowed every week and watered daily.

Mark Keep has donated the use of 2 zero turn mowers and Dennis Goodhue has made sure they are in great running condition to keep the cemetery looking great. If it weren't for these two men, their families and the countless hours that they spent at the cemetery the last few weeks it would not have been possible! For any questions on Donations or to Donate your Time please contact Mark Keep, 970.261.4418

The Mirror: many views, one newspaper.

DESPITE CONFLICTS, CITY AWARDS INCENTIVES GRANT From pg 1

annexation. Approved unanimously. **1890 Homestead Addition Annexation** – Senior Planner Garry Baker.

The 1890 Homestead Addition, owned by developer Matt Miles, is 35.79 acres in size. The parcel is located at 16587 Chipeta Drive. The current use is residential and agriculture. Baker said, "An annexation hearing is the ending of the annexation and zoning process."

Resolution 2018-13 (finding of fact Homestead Addition)

Findings of fact and conclusions are based on the evidence contained in the official file and the evidence produced at the hearing held on June 5, 2018. Approved unanimously.

Ordinance 2449 (first reading) for annexation of Homestead Addition.

The petition has been signed by the owners of 100 percent of the area proposed to be annexed exclusive of streets and alleys and is eligible for annexation. The 1890 Homestead Addition is on 35.79 acres of land located northwest of Chipeta and Cobble drives. Approved unanimously. **Ordinance 2450 (first reading)** - Senior Planner Garry Baker.

Baker said, "The R3A zoning is consistent with what is in the area." The city planning department relies on and often refers to the Comprehensive Plan. Baker described it, "...as only an advisory document."

Developer Matt Miles said, "We had 100 people come to a neighborhood meeting and some people came to the Planning Commission and spoke their piece. The Planning Commission recommends approval."

The recommended zoning is R-3A, Medium High-Density District (32.79 acres) and a B-4, Neighborhood Shopping District (three acres). Approved unanimously. **English Gardens 4 Amended Preliminary Plat** - Senior Planner Garry Baker.

This is a request to renew the filing period for another five years for 56 lots remaining within the English Gardens Subdivision. The zoning is R-2 Low Density Residential. The property, just over 19 acres, is located north of Niagara Rd./Alder Drive/ Hickory Drive. Baker described the property location as, "Across the street from the Living Word Church. The houses will block

the view of the mountains for Peppertree. This is the last phase, probably the longest running subdivision in town. It started in the 1960's and this will cap-out the historic subdivision."

It was stated that the owner was Matt Miles; however, that was later corrected. Miles said the property is owned by Phillips, "But I have it under contract to purchase after the [plat] approval."

Baker explained that 26 of the 56 lots will be developed before the developer would be required to make improvements to Niagara and put in sidewalks, curb and gutter. Baker said, "At lot 27 the developer would improve the roads and sidewalk."

Tim Judkins, husband of Sarah Judkins whose project was next on the agenda, questioned the delay. Judkins said, "What's the purpose for delaying the improvements along Niagara? It's a relatively short little segment that would improve pedestrian access...and decrease the amount of traffic people are seeing on Niagara. I wonder if there is a real need to delay that, which may be a prolonged period while we wait for half the development to occur before you make improvements."

Baker, City Attorney Stephen Alcorn and Councilwoman Barbara Bynum took turns explaining why the city needs to encourage development and that the delay will help the developer. Baker said, "When you have that outlay it is important to get some of your money back." Miles said, "We're not trying to shirk our duty. It's more of a timing issue." Approved unanimously.

Incentive Grant Agreement Montrose Main Street LLC – Director of Business Innovation Chelsea Rosty.

Sarah Judkins and Paul Rinne, Main Street Montrose, LLC, purchased the downtown building located at 347 Main in October 2017. The Vine Market & Bistro, which is located on the first floor, will be joined by a book store and the KVNF public radio studio. The upstairs space will have five residential units.

The owners requested an incentive package from the city to help them renovate the property. The city council packet and the agenda item put the total incentive request at \$245,486; however, the legal document in the council packet put the total request at \$241,186.

Rosty presented the project to the council and City Manager Bell broke down the incentive package: Asbestos mitigation \$43,700. Replacement of upstairs windows to historic look and feel \$42,343. Tap fee abatement for sewer/water \$18,190. Building permit fee waiver \$18,180. Fire Code required sprinkler system (only if residential) \$115,000. Total Incentive Request: \$241,186.

The city requested that the Downtown Development Authority (DDA) put in \$50,000 toward the project. Bell said, "It fits with their criteria for downtown. We're still waiting to see if the DDA will approve the project." Mayor Roy Anderson said, "If they do come through it would decrease the city's contribution. I hope they do what is right."

Bell explained the council's options, which were to approve all the request, none of the request, or parts of the request. Mayor Anderson said, "I think we need to kick this thing off and get it going. I'd like to consider the complete package."

Citizen David Stockton was concerned about the city absorbing the entire cost and favored the DDA contributing. Stockton questioned the rent control element of the agreement and asked council to put in stronger language for rent controls to last five-years after certificate of occupancy, rather than five-years after funding the project. Council thanked Stockton, but did not discuss, or act on his comments. **Conflict of Interest**

The Panorama View Addition, Ordinance # 2427 (second reading) came before city on Aug. 1, 2017. The applicants were Sarah and Tim Judkins. City council minutes of Aug. 1, 2017 state, "Councilor Barbara Bynum stated that she and her husband are business partners with the applicant.

City Attorney Stephen Alcorn recommended that Ms. Bynum abstain from voting." When the Montrose Main Street LLC incentive package was presented for consideration Councilwoman Bynum failed to disclose her own business partner relationship

DESPITE CONFLICTS, CITY AWARDS INCENTIVES *\$*241K **GRANT** From previous pg

with the applicant. The councilwoman did not abstain from voting, but rather voted in favor of awarding Judkins the \$241,186 incentive package.

Conflict of Interest

During the council work session on April 30, 2018 city council heard a request for Housing and Business Development Incentives by Sarah Judkins and Paul Rinne. At that time Rinne discussed renovating space for the KVNF studio as part of the project.

Mayor Pro Tem Dave Bowman has a relationship of longstanding with KVNF radio. From city council minutes dated Feb 6, 2018, "Counselor Dave Bowman (said) KVNF will be at Backstreet Bagels all day on February 7 and will broadcast live from 8 am until 10 am. KVFN is also working to bring "Studio M" to Montrose."

The mayor pro tem's bio on the City of Montrose website states, "Through ten yearly benefit concerts at Montrose Pavilion Bowman raised close to \$50,000 for Hospice and KVNF Community Radio..."

Mayor Pro Tem Bowman's connection to KVNF includes not only ten Benefit Concerts from 2004 to 2013 at the Montrose Pavilion for Hospice & KVNF, but serving from 2008 -2015 as a volunteer DJ at KVNF Community Radio.

Recently Mayor Pro Tem Bowman, while in his official capacity as an elected official and seated on the dais, promoted a fundraiser for the KVNF studio, an event which was held at the Proximity Space in Montrose.

When the Montrose Main Street incentive package was presented to council Mayor Pro Tem Bowman failed to disclose his financial relationship with KVNF, which will occupy studio space in the Vine building. The councilman did not abstain from voting, but rather voted in favor of awarding Main Street Montrose, LLC, the \$241,186 incentive package.

Approved unanimously.

CASA First Place on Second Project Fee Waiver Request – Director of Innovation and Citizen Engagement Virgil Turner.

Turner said, "This is transition housing for kids coming out of foster care. From institutional housing with foster care parents to a place of their own.

"Some of the building fees have [already] been waived. This action requires it come before council."

The specific requests are as follows: Water/Sewer Connection Fees Water Tap \$7,905; Unit Charge \$5,268; Sewer tap \$12,495; Unit Charge \$16,560; Total Requested Utility Fee Waiver \$42,228. If approved, funds will come from undesignated general fund balance and will be applied to the respective City utility enterprise funds. Approved unanimously. **Bid Approval – Cerro Summit Drawdown**

Project – City Engineer Scott Murphy. The city

owns and operates Cerro Reservoir, which is located on the northern side of Hwy 50 near Cerro Summit. Murphy said, "The dam dates from 1912 and it's time to replace the outlets. Throughout the drawdown the state requires daily inspections. This is a high-profile project."

It will take three-months to drain the reservoir, which should be completed by the end of September. The water will be given to the Bostwick Park Water Conservancy for irrigation use downstream. Murphy said, "We'll lose two summers and refill in the Spring of 2020."

Murphy did not want to give a date for

citizens to take advantage of easy fishing but said a press release would be coming out. Staff recommended awarding a construction contract to Rundle Construction in the amount of \$136,382.40 and an inspection support contract to James Norfleet in the amount of \$40,000. Total authorization was \$176,382.40. Approved unanimously.

Staff Reports

Public Information Report – City Manager Bill Bell.

In order for the city council and administrative staff to attend the Colorado Municipal League (CML) Annual meeting, the regular council meeting for June 19 has been rescheduled to June 18, 6 p.m. The work session will remain at 11 a.m. on June 18.

The fireworks display will take place on July 4; however, there are back-up plans for high wind and rain delay if the event needs to be re-scheduled.

Addressing summer water use Bell said, "We are not putting water restrictions in the city. We don't want to over-regulate, but we want to encourage conservation."

City Council Comments

Mayor Pro Tem Bowman said, "We are excited to have an independent bookstore on Main Street."

Bowman also promoted the Hogback Festival held on June 9, and the DDA movie in the pocket-park on Tuesday from 5 -8 p.m.

City Engineer Murphy gave a brief update on city street repairs and improvements. Repairs on the pedestrian bridge that burned earlier this year were scheduled to be completed by June 15; however, some unexpected issues may cause a delay until June 22.

FIRST AID CERTIFICATION COURSE TO BE OFFERED IN RIDGWAY JUNE 22

REGIONAL NEWS BRIEFS

Special to the Mirror

RIDGWAY-First Aid Certification Course: Friday, June 22, 8:30 a.m.-12:30. Ouray County 4H Event Center, 22739 US-550, Ridgway. Earn an American Heart Association First Aid certification card. Organized by Uncompany Watershed Partnership, to enhance the safety and injury response at summer festivals like the Ridgway RiverFest. Up to six people. Student fee: \$35. Please register by Thursday, June 14 at https://ridgwayriverfest.org/2018.

REGIONAL NEWS BRIEFS

DMEA ANNUAL MEETING WILL BE JUNE 14, ULIBARRI OPPOSES PATTERSON IN ONE CONTESTED RACE

Special to the Mirror

DELTA-Delta-Montrose Electric Association's (DMEA) Annual Meeting of Members will be held Thursday, June 14 at The Montrose Pavilion, 1800 Pavilion Dr. The fun kicks off at 4:30 p.m. with bucket truck rides, an electric car show, kid's games, educational booths, live music by David Starr, and Elevate Fiber demonstrations. Elevate employees will provide information about home WiFi technology, streaming options, and the benefits of fiber. Plus, attendees can check in on the progress of their community zone goals.

DMEA and Elevate employees will also serve a free dinner from Jimmer's BBQ from 4:30 – 6:00 p.m., as well as provide information on how to save energy, electricity safety, and high-speed internet. The event is free to attend and the public is welcome.

The event will also mark the election of

three candidates. Two candidates are running unopposed for DMEA's Board of Directors. The following candidates shall be declared elected at the meeting: **District 2:** Kyle Martinez **District 5:** Chris Hauck One DMEA Board of Directors' seat remains contested. The results of this race will also be tabulated and declared at the meeting.

District 1: Bill Patterson and Ed Ulibarri

The business meeting portion of the event will begin at 6:30 p.m. with reports from co-op CEO, Jasen Bronec, and Board President, Bill Patterson. It will also include a special appearance by keynote speaker, Phil Rutkowski. Rutkowski is a business development manager for Wärtsilä North America, Inc., a global leader in smart technology and sustainable innovation in the energy market. He will speak about the changing nature of the energy industry and current trends and what they mean for co-op's like DMEA.

DMEA members in attendance will receive a free tin camping mug, while supplies last, and have the opportunity to win a variety of door prizes including an air tour for two from Rocky Mountain Air Tours and local gift certificates. More information about DMEA's annual election can be found online at <u>www.dmea.com</u>or by emailing <u>public.relations@dmea.com</u>.

DMEA is a rural electric distribution cooperative, located in Montrose, Colorado. DMEA was originally founded in 1938, as Delta-Montrose Rural Power Lines Association. A board of directors from nine districts covering three counties governs the cooperative.

DMEA serves approximately 32,000 residential, commercial and industrial meters, on over 3,000 miles of cooperative owned distribution line.

PUBLIC MEETING FOR TAYLOR PARK VEGETATION MANAGEMENT PROJECT

Special to the Mirror

GUNNISON-The Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests' Gunnison Ranger District is holding a public meeting to get input from communities on the Taylor Park Vegetation Management Project. The meeting will be held on June 21st from 6 to 8 pm at the Town Hall in Tin Cup. The proposed project aims to increase the forest's ability to respond to multiple stressors affecting its health including insect infestations, drought and disease while promoting public safety through reduction of fuel loading in the Wildland-Urban Interface.

The secondary purpose of these treatments is to stimulate the regional economy through the sustainable harvesting of forest products.

The proposed project includes approximately:

2,811 acres of Fuel Treatments 3,609 acres of Dwarf Mistletoe Edge Strip Cuts or Clearcut 734 acres of Overstory Removal <u>714</u> acres of Shelterwood Seed Cut

<u>741</u> acres of Group Selection in Spruc

6,363 acres of Precommercial Thinning <u>193</u> acres of Prescriptions To Be Determined, Mixed-species

Additional information is presented on the project webpage: <u>https://</u> <u>www.fs.usda.gov/project?project=53662</u>. Gunnison District Ranger, Matthew McCombs, will be the Authorized Officer for any future decisions that may be issued from the environmental assessment. For additional questions, please contact John Slown, Project <u>Environmental Coordinator</u> at 406-239-3749; email jslown@fs.fed.us.

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OPINION/EDITORIAL: LETTERS

TRUMP'S BORDER PLAN HORRIBLY DAMAGING KIDS

Editor:

In my opinion, as a licensed professional counselor in New Mexico, irreparable damage is being done to the very young children being ripped from their parent's arms daily at the US border with Mexico. When did America become a country condoning the harming of innocents? Past administrations have stood before the world as forwarding human rights. America is known for standing up for those who cannot stand up for themselves. Why does this administration think it can change America's quest for justice?

My specialty as a therapist licensed for more than 20 years has been treating families and children struggling with attachment issues. This is a horrible and devastating diagnosis.

Irreparable damage is being done to these little children's brains and how they will process the world. Being ripped from the arms of parents to whom the child has developed a healthy relationship based on trust, is traumatic enough to harm these children forever.

ATTACHMENT DISORDER is the Diagnostic and Statistical Manual (DSM) mental health disorder that can be the result of children under the age of three being literally brain-damaged by the trauma of having their healthy relationships ripped away. This disorder does not have a magic

pill. It forever changes the way a child trusts the world or those whom they have grown to believe will protect them. Many children so harmed will grow up pushing away healthy relationships and even becoming criminals with little feelings for others.

It is unbelievable that our government would deliberately harm little babies for political purposes. America has always welcomed the poor and the weak and has been open to providing asylum to those seeking it when fleeing terrifying circumstances.

Already these are damaged families, but to do this to them is truly beyond the pale. There can be no justification for ripping little children from their parent's arms and then transporting them to a facility where they are held in cages. Yes, cages. No beds, just space blankets, no comforting toys and blankets. Sleeping on the floor in a cage, like an animal. Really? Reporter Michelle Mark in the "Business Insider" noted that hundreds of children are being affected by the Trump administration's decision to separate families at the border - families seeking asylum with a "zero-policy" approach to those attempting to enter the US.

This policy has led to these children being forcibly removed from their families and put into foster care and/or holding centers Carole Ann McKelvey, Montrose

in cages. According to foster parents and others, these children are being terrified and traumatized by the actions of government officials who seek to prosecute their parents and are removing the children. This, The New York Times writes, includes a 5-year-old boy from Honduras. The boy's foster mother said the boy has two stickfigure drawings he holds onto desperately, to remind him of his father who was led away from the boy at the border. "It is pathetic," the foster mother told the Times.

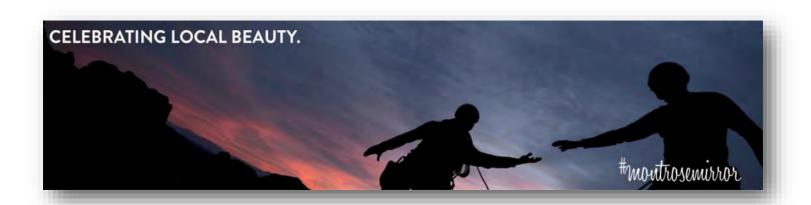
What is happening here is not only traumatizing to these small children, but truly terrifying.

As a clinician specializing in traumatized kids and families, I cannot just sit by and watch this happen. This must stop. Congress needs to act.

It appears Congress has not done anything to stop this atrocity. Perhaps the best we as citizens can do it to protest to our representatives. Or, implore the International Red Cross or even the UN (which has called this practice inhumane) to step in to protect these small victims. As an American who knows better, it is

time to protest the treatment of these small victims. I, for one, will not stand by with no action.

Nor should you.



REGIONAL NEWS BRIEFS

JOE STEELE BENEFIT ACCOUNT SET UP @ NUVISTA

Special to the Mirror

MONTROSE-Joe Steele is in Presbyterian St. Luke's Hospital in Denver and has Acute Myeloid Leukemia (a form of cancer). Joe will undergo Chemo and will require a bone marrow transplant. Joe's wife, Debbie has had MS since 1990 and is unable to be with him in Denver.

Joe, a native of Montrose, is the owner of

Steele Electric. As a sole proprietor, he has no business income at this time.

AN ACCOUNT has been set up at NuVista Credit Union in Montrose, Colorado and donations of any amount are very welcome. Also, a Go Fund Me account has been set up for those who prefer to use the computer.

Again, DONATIONS are appreciated and

will help Joe and Debbie in Joe's struggle to get well. Joe is in great shape and his chances of beating this are very good. DONATIONS can be sent to: NUVISTA CREDIT UNION JOE STEELE BENEFIT ACCOUNT 2711 COMMERCIAL WAY MONTROSE, COLORADO 81401

BRIDGE DAMAGED IN BRUSH FIRE TO REOPEN JUNE 22

Special to the Mirror

MONTROSE-The pedestrian bridge over the Uncompany River near East Oak Grove Road, which burned in the spring is scheduled to reopen for public use June 22.

The original date to reopen the bridge was June 15, but unforeseen complica-

tions were found when making modern upgrades to the aged wooden structure. The bridge is currently closed to all pedestrians.

In May the council awarded \$94,963.50 in expenditures to Western Gravel Contractors for the bridge repairs and engineering firm DOWL for engineering support on the project.

The city is using money from its emergency reserve fund to get the project underway while the city's claim to the Colorado Intergovernmental Risk Sharing Agency (CIRSA) is processed. The city filed the claim with CIRSA immediately after the fire.

UNAFFILIATED VOTERS: LET'S MAKE SURE YOUR VOTE COUNTS.

SEND IN ONE BALLOU DEMOCRATIC DALLOU DEMOCRATIC DALLOU DEMOCRATIC DALLOU DEMOCRATIC DALLOU DA

Recent changes in Colorado law now allow unaffiliated voters to vote in a primary election.

Here's how it works:

- You received two ballots in your packet, one Democratic ballot and one Republican ballot.
- Choose ONLY ONE of these ballots and fill it out. Discard the ballot you won't use.
- 3. Return your ONE voted ballot in the return envelope.

Important things to remember:

- Sending in two voted ballots will disqualify all of your votes.
- Your vote in this election will not affiliate you with a political party.



LEARNING TO SPEAK, LEARNING TO LEAD: BLACK CANYON TOASTMASTERS CLUB HELPS MEMBERS FIND A VOICE





ISSOE 153 June 11. 2018

At left, Edith Johnston (standing) and Sandy Komar (far left) review timing practices while Mary Watson takes notes; above, Watson delivers a quick speech during the Table Topics portion of the meeting. Mirror staff photos.

By Caitlin Switzer

DELTA-The setting was informal as a small group gathered around a conference table over the noon hour, for the June 7 meeting of the Black Canyon Voices Toastmasters Club at First Colorado National Bank in Delta. The speaker of the day was Edith Johnston, who also serves the club as Vice President of Public Relations. Club members present included Club President Doug Speedie, Peter Sullivan, Mary Watson, and Johnston, as well as guest Sandy Komar, who took on timing duties for the day.

Johnston had been assigned to give a 12 to 15-minute speech for a training seminar, including sales pitch. Watson was assigned to provide a two to three-minute evaluation of Johnston's speech.

Before Johnston began to speak, club

members introduced themselves, and some spoke about why they had joined Toastmasters. Watson, a public relations professional from Grand Junction, has also been active in the newly chartered Toastmasters Club in Montrose, which has 22 members. Komar was a guest; "This is my second visit."

Said Sullivan, "Toastmasters has gotten me to a point where I can lead meetings

LEARNING TO SPEAK, LEARNING TO LEAD From previous pg

without stuttering."

Though speakers are evaluated according to a a number of categories—from preparation to physical gestures and even facial expressions, the mood at Toastmasters is one of intentional support and friendliness; "Toastmasters is a safe place to fail," Speedie reminded.

Johnston quickly engaged her listeners with personal anecdotes and a wellstructured and lively presentation, finishing with a strong sales pitch for a threeday professional seminar, at just over 15 minutes.

In her evaluation of the speech, Watson pointed out, "You really could have done without your notes...you didn't need the notes because you knew exactly what you wanted to say...you shared with humor... your gestures were awesome."

She complimented Johnston on her speaking voice and suggested the possibil-

ity of engaging the audience with a rhetorical question. "A handout would have been great, and again thank you! I think you are on your way!"

During the "Table Topics" portion of the meeting, club members were given one to two minutes to speak about the subject of Father's Day. Table Topic speeches could be truthful or made up, and each speech picked up with an idea generated by the one before.

Sullivan recalled a surrogate father figure down the street, who taught him to love jazz. "When he exposed me to that music on those old 78 rpm's, it was just magical."

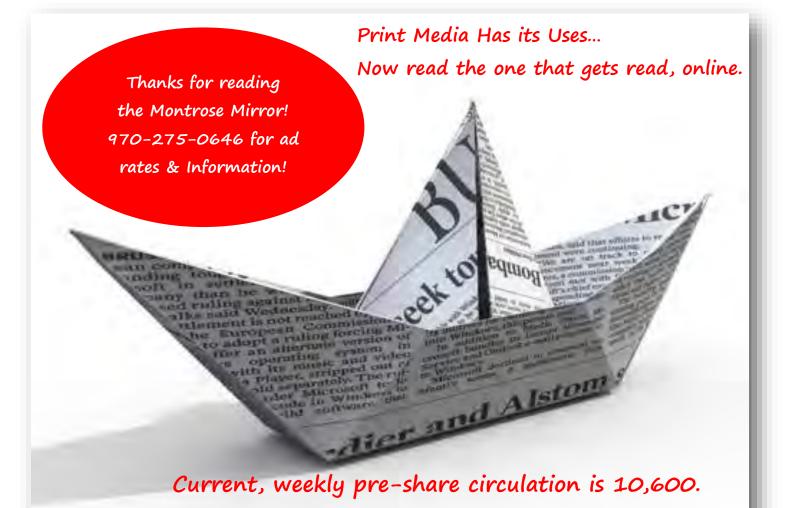
Komar reflected on the experience of burying her own father at Arlington, and said, "I am not fond of Hallmark holidays—they just want to sell you a \$7 card...but Father's Day makes me wish I could buy that \$7 card, and cookies too..." Watson spoke about making her own holiday cards. "A card can be a gift unto itself...when you sit down and make your own card to give someone, it is a gift of your creative, artistic expression. I do not buy Hallmark cards; they are impersonal, I think...you could better make your own."

Komar provided a timing report at the meeting's end, "Everybody did fine."

Sullivan explained that by timing speeches, members learn to address the time constraints that professional speakers face—"They are always given a time slot,"--and to prepare and deliver effective speeches within those contraints.

Black Canyon Voices Toastmasters will host an open house on June21, from 12: 15 to 1:15 p.m.

All are welcome; the open house will be at the First Colorado National Bank Conference Room in Delta, at 150 Gunnison River Drive next to City Market.



GRAND JUNCTION GERMAN-AMERICAN CLUB PICNIC TO BE JUNE 24

Special to Art & Sol

GRAND JUNCTION-The Annual German-American Club Picnic will take place on Sunday, June 24, 2018 from 3 to 7 PM in Lincoln Park in the Oak Shelter [It is east of the swimming pool and north of the Golf Clubhouse, near the tennis courts]. The public is cordially invited. It is indeed a true potluck; what is brought, we will consume, when it is gone; we are done [NO GLASS DRINK CONTAINERS!] Join us for food, fellowship and lively conversation! Meet those interested in the German language, history, current affairs and culture!





BERKSHIRE HATHAWAY HomeServices

Montrose Real Estate Group

Good to know:

Montrose Real Estate Group recently joined Berkshire Hathaway HomeServices. This exciting change allows us to provide an even higher level of service and expertise to everyone interested in buying, selling or investing in real estate in Montrose and the surrounding communities.

Locally owned. Internationally known.

Learn more about us at MontroseColorado.com

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Montrose Real Estate Group

COMMUNITY NEWS BRIEFS: FAITH & RENEWAL

31ST ANNUAL 'SUNDAY IN THE PARK' RETURNS TO RIDGWAY'S HARTWELL PARK JULY 1

Special to Art & Sol

RIDGWAY-Area residents and visitors are invited to join us as we celebrate the 31st Annual "Sunday in the Park' at Ridgway's Hartwell Park on Sunday, July 1. Activities begin at 10 a.m. followed by our traditional outdoor western BBQ with all the trimmings—FREE to all who attend.

Speaking on this year's theme, "Freedom through Christ" will be Randy Gradishar, Denver Broncos linebacker from 1974-83. Gradishar is a member of the Denver Broncos Ring of Fame, the College Football Hall of Fame, and the Ohio State All-Century Team. Since retiring from football, he has worked in business, and been involved in numerous community activities, including visiting troops in the Middle East, working with Promise Keepers, and helping the Susan G. Komen for the Cure organization.

In addition, special patriotic and inspiration music will be provided by JustOne Ministries from Durango. The JustOne worship team is dedicated to building unity among the body of Christ by showing others God's love, grace, and mercy through relationships.

'Sunday in the Park' is an annual community event co-sponsored by Ridgway Com-



Randy Gradishar. Courtesy photo.

munity Church and Colona Community Church in an effort to rekindle small town values and community in celebration of our Christian heritage and the freedom and privileges we enjoy as Americans. Please, bring a lawn chair and join us as we enjoy an inspirational message and music followed by a BBQ picnic under 100 year old cottonwoods following the program.

Hartwell Park is located in the center of Ridgway on Highway 62.

For more information, call (970) 626-5692.



Special patriotic and inspirational music will be provided by JustOne Ministries of Durango. Courtesy photo.



Introducing Independent Living at The Homestead at Montrose

If you are over 55 and independent but would like to live in a community offering socialization and peace of mind, schedule a tour of our private one and two bedroom apartments. We're conveniently located across from the Montrose Pavilion Senior Center.

Rent includes:

- · All utilities: cable television, Internet and phone
- · One nutritious meal per day
- · Laundry privileges
- · Socialization and invitation to all activities

Pricing starts at \$1210 per month, new residents only.

Call or email Denise Swanson, Residence Director to schedule a tour. 970.252.9359 | dswanson@voa.org | 1819 Pavilion Drive, Montrose



COMMUNITY NEWS BRIEFS: ARTS & ENTERTAINMENT

TELLURIDE MOUNTAIN VILLAGE OWNERS ASSOCIATION & BEYOND THE GROOVE PRESENT MUSIC ON THE GREEN IN MOUNTAIN VILLAGE

Special to Art & Sol

MOUNTAIN VILLAGE-The Telluride Mountain Village Owners Association and Beyond the Groove Productions are excited to announce the 2^{nd} Annual Music on the Green in Mountain Village, Colorado. Music on the Green, a free concert series taking place Fridays, June 15 through Sept. 7 from 5 – 7 p.m. at Mountain Village Reflection Plaza, adjacent to the Madeline Hotel and Residence.

"Music on the Green is a great way to start to your summer weekends," said Anton Benitez, president of TMVOA. "Meet with friends, grab a drink, a bite to eat, and enjoy live music in Reflection Plaza."

The concert series line-up features a wide variety of bands and musicians who will start the weekend with a celebration of music and art amid the backdrop of the San Juan Mountains surrounding Mountain Village. The 2018 Music on the Green line-up includes: June 15 – Jeff Plankerhorn (Country) June 22 – Sarah Slaton from Edison (Indie Folk) June 29 - Brent Cowles (Blues/Folk) July 6 – Jim Parker (Country/ Americana) July 20 - Freddy & Francine (Bluegrass) Aug 3 – McCarthy Jazz Trio (Jazz) Aug 10 – J.S. Ondara (American Blues) Aug 17 – Lo Moon (Indie Rock) Aug 24 – McCarthy Jazz Trio

(Jazz)

Aug 31 – You Knew Me When (Country/ Folk)

Sept. 7 – Kolars (Performance Rock) "These free Friday shows at Reflection Plaza offer an intimate experience with top class local and national acts, it is quite an eclectic line-up," said Denise Mongan of Beyond the Groove Productions.

"It is a chance to relax and socialize while enjoying live music performances in a small, intimate outdoor venue." The Music on the Green concert series is provided free of charge to the public by presenting sponsor TMVOA, Madeline Hotel and Residences, Telluride Ski & Golf, the Town of Mountain Village.

The events are rain or shine. To learn more about Music on the Green contact the Telluride Mountain Village Owners Association (TMVOA) at (970) 728-1904, or visit TMVOA online at <u>tmvoa.org</u> and <u>facebook.com/</u> <u>BeyondTheGroove</u>.

Our big announcement? Say hello to Berkshire Hathaway Montrose Real Estate



Montrose Real Estate Group is pleased to announce we are now Berkshire Hathaway HomeServices Montrose Real Estate Group.

In a world full of ordinary, our real estate team dares to be different. Aligning our locally owned company with the most admired name in business is just the beginning.

Learn more about us at MontroseColorado.com.



BERKSHIRE HATHAWAY HomeServices Montrose

Good to know:

Real Estate Group

COMMUNITY NEWS BRIEFS: ARTS & ENTERTAINMENT TRANSATLANTIC TRIO TO PERFORM @ HEALTHY RHYTHM GALLERY IN MONTROSE DURING U.S. TOUR



One for the Foxes. Courtesy photo.

Special to Art & Sol

MONTROSE- <u>Healthy Rhythm Music Services</u> Presents direct from Ireland, internationally acclaimed trio "ONE FOR THE FOX-ES SUMMER 2018 U.S. TOUR :: AN EVEN-ING OF TRADITIONAL IRISH & AMERICAN MUSIC" Featuring award-winning musicians Dave Curley, Joanna Hyde and Tadhg Ó Meachair • Thursday evening, June 14th, in the intimate Listening Room at <u>Healthy Rhythm Art Gallery</u>, located at historic Sampler Square (68 S Grand Ave) in downtown Montrose, Colorado! "One For The Foxes is a group of three highly skilled, and extremely talented, musicians you do not want to miss", stat-

ed Healthy Rhythm Art Gallery owner/ curator Ken Vail. Vail said, "Each member of this trio is an internationally recognized, award-winning, musician however, collectively, Dave Curley, Joanna Hyde, and Tadhg Ó Meachair form a special 'musical symbiosis' that will leave people wondering if they're in an art gallery on the Western Slope of Colorado or in a small pub somewhere in the heart of Ireland." "Having One For The Foxes perform at the gallery's intimate Listening Room, further elevates Montrose. Colorado as a destination for world-class music and musicians." NOTE: A portion of concert proceeds will go to the family of five-year-old brain cancer survivor Emily Reiss to help with medical expenses.

Having collaborated on the recently released 'One for the Foxes' CD, this trio brings their lively music to Healthy Rhythm Art Gallery as one of the select venues on their 2018 Summer U.S. Tour.

Advance Studio and Main Gallery Reserved Seats are \$15/\$20 when purchased at the Gallery. Online purchase is also available at <u>www.healthyrhythm.net</u>. Space is limited to 50 concertgoers. Advance purchase is recommended. This is a ticketless show. Doors open at 7 p.m. Concert starts at 7:30 p.m. Street and rear lot parking available. Admission is \$2 more Day of Show (if available).

Mountain View Winery wines/cider and Jacque's Sweet Treats will be available for purchase at this event. Concertgoers must be 21+ years of age to purchase and consume alcohol at Healthy Rhythm Art Gallery.

Healthy Rhythm Art Gallery (HRAG) is about Art and Music. The Gallery affords diverse individuals a user-friendly space to create, exhibit, and sell a variety of artwork. The Gallery, located at 68 South Grand Avenue in Montrose, Colorado, also houses an intimate Live Performance Venue. Gallery hours are 8 a.m.-7 p.m. Monday-Friday, 12:30-7 p.m. Saturday. Advance appointment only on Sunday. www.healthyrhythm.net

VENDOR APPLICATIONS FOR 41ST APPLEFEST NOW AVAILABLE

By Alisha Komives, Cedaredge Area Chamber of Commerce

CEDAREDGE-Vendor applications for the 2018 Applefest being held Oct. 6th-7th 2018 are now available. "We listened to feedback from our community and are happy to announce this year we are offering different rates for vendors," said Alisha Komives the Executive Director of the Cedaredge Area Chamber of Commerce, the organization which plans Applefest. "We have a few rate options for Cedaredge Area Chamber of Commerce members, youth organizations, and local Delta County residents and businesses." We encourage you to apply early--booth rates will increase July 31 and again on Aug. 31.

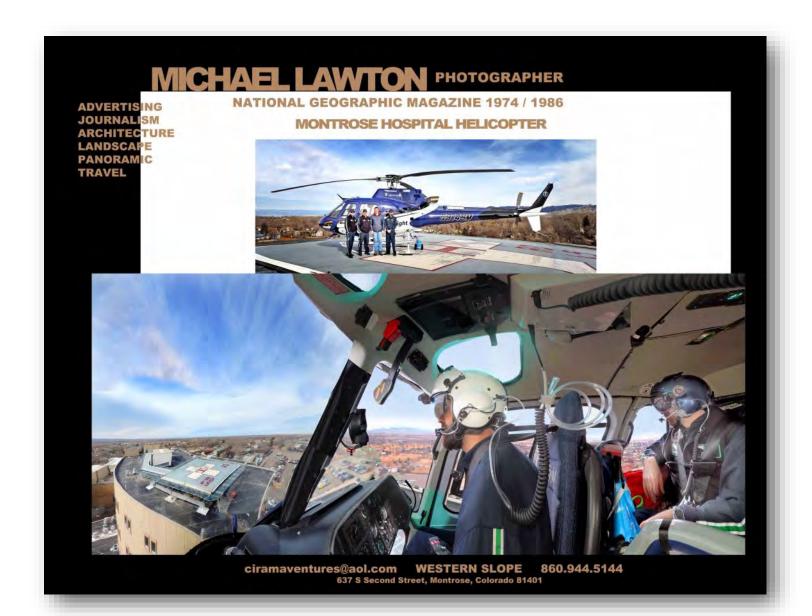
You can locate the applications on our website at <u>www.CedaredgeChamber.com</u>, our Facebook page Cedaredge Area Chamber of Commerce, or by stopping by our office at 245 W. Main St., Cedaredge. Please feel free to contact us at our office 970-856-6961 with any questions.

COMMUNITY NEWS BRIEFS: ARTS & EXHIBITIONS

CALLING ALL VISUAL ARTISTS! REGISTER NOW THROUGH 6/25 FOR 58TH ANNUAL ARTISTS ALPINE HOLIDAY ART EXHIBIT

Special to Art & Sol

OURAY-Online registration is open NOW through June 25th for the Artists' Alpine Holiday 58th Annual Juried Art Exhibit. Categories include; Oil/Acrylic, Watercolor, Drawing & Printmaking, Pastel, Mixed Media, Sculpture, Photography and a Student Division. All entries will be eligible for Best in Show (\$500) and each category will be have awards for first (\$400), second (\$200) and third (\$100) place. Show will take place at the Ouray Community Center July 26 - August 4, 2018. Go to <u>ourayarts.org</u> for more information and to register!

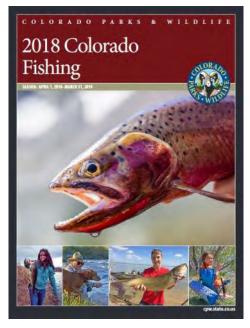






COMMUNITY NEWS BRIEFS: ARTS & RECREATION

CPW: LICENSE CHECKS GO WITH PRIVILEGE OF FISHING



Special to Art & Sol

PUEBLO-Colorado Parks and Wildlife is reminding the public that its officers routinely check anglers for valid fishing licenses and that anglers agree to those inspections when they buy a license.

The reminder was prompted by a video circulating on social media showing an encounter that turned into an unnecessary confrontation. While the confrontation did not result in violence or an arrest, it's an example of what CPW officers are facing more frequently when they are in the field checking licenses.

"This is the third similar incident in re-

cent weeks," said Mike Trujillo, CPW's area wildlife manager for the Pueblo region. "It seems like we are facing more and more confrontations along these lines and it's troubling. We are only trying to ensure everyone is following the law."

The video shows two CPW wildlife officers at a lake in Pueblo during the Memorial Day holiday. The officers were conducting routine checks of anglers for valid fishing licenses. CPW checks licenses to ensure people are adhering to a state law (CRS 33-6-101) requiring anyone fishing in Colorado to purchase a license and to adhere to bag limits and legal methods of take.

The encounter became tense, however, when a man with a fishing rod angrily refused the officers' requests that he produce his license. He wrongly declared the request a violation of his constitutional rights and he erupted in a profanity-laced tirade of personal insults against the officers.

His verbal attacks escalated even as the officers showed the man a state statute book and read the entry to him that states anyone fishing in Colorado must buy a license and produce it when asked by an officer.

Eventually the man showed the officers his valid license, but he continued to act with belligerence toward the wildlife managers even as they left to check other anglers at the lake.

Colorado has a long history of regulating fishing to protect and perpetuate our fishing resources. It dates to Nov. 6, 1861, when the first Legislative Assembly of the Colorado Territory passed a law banning the use of seines, nets, baskets or traps to catch trout. New laws soon followed including the Fish Law of 1870 making it illegal to "kill or take trout or other fish by use of poisonous, deleterious or stupefying drug or explosives."

Those laws were a response to the extreme depletion, and even extinction, of some species of fish in Colorado and dangerous practices used by early residents to catch fish.

The first fishing season was enacted in 1885. The first non-resident fishing license, costing \$2, was approved in 1909 and the first resident fishing license was enacted in 1913.

The funds were used to pay for research and to fund hatcheries where fish were bred for stocking into Colorado lakes and rivers. Today, CPW uses proceeds from fishing licenses to stock 90 million fish annually into Colorado's 2,000 natural lakes, 800 reservoirs and 9,500 miles of trout streams.

Here is <u>a link</u> to the rules for fishing in Colorado: <u>http://cpw.state.co.us/</u> <u>Documents/RulesRegs/Brochure/</u> <u>fishing.pdf</u>

RIVER OF LOST SOULS READING IN RIDGWAY AUG. 13

Special to Art & Sol

RIDGWAY-River of Lost Souls Reading, Monday, Aug. 13, Sherbino Theater, 604 Clinton St., Ridgway. Come meet and ask questions of author Jonathan P. Thompson about the gripping story behind the 2015 Gold King Mine disaster that turned the Animas River orange with sludge and toxic metals. Organized in cooperation with the Uncompandere Watershed Partnership. For info: <u>http://www.uncompanderewatershed.org/events/</u>

OURAY ICE PARK - UNCOMPANGRE RIVER CANYON CLEANUP & BBQ

Special to Art & Sol

OURAY-Ouray Ice Park – Uncompahgre River Canyon Cleanup & BBQ, Saturday, Sept. 15, 9 a.m.-3 p.m. Join the Ouray Ice Park and Uncompahgre Watershed Partnership volunteers to pick up litter and debris in the ice climbing areas of the Uncompahgre River Canyon in Ouray. Then, enjoy a BBQ party to celebrate our efforts. For info: <u>http://www.uncompahgrewatershed.org/events/</u>

DOES COFFEE BOOST YOUR METABOLISM AND BURN FAT?



Fitness pro Gia Porter.

by Gia Porter

MONTROSE-This is a question that I've actually heard repeatedly. Over the years thousands of studies have provided conflicting data about the relative health benefits of coffee, and more specifically, caffeine. Is it good or bad? Can it help you lose weight? Does it damage your liver? Can it increase your risk of heart attack? Will it make you a better driver in the morning? Yes, no, no and maybe.

Coffee is an integral part of our diet. Over 108 million Americans drink it each day. There is even an Institute for Coffee Studies at Vanderbilt University. Yes, there really is such a group. I cannot verify whether they are secretly funded by Starbucks but their findings are interesting nonetheless. Anywho, according to them coffee "is far more healthful than harmful." In fact the benefits might surprise you. For example, coffee can not only boost resting metabolism by approximately 10 percent but it can also boost athletic performance by 12 percent and burn stubborn body fat. The caffeine component is a nervous system stimulant. It literally triggers adrenaline in a similar fashion to fight or flight. Your body then releases fat to provide guick energy and fast twitch muscle power to flee from acute danger. The caveat here is although you've mobilized the fat you now have to burn it. Otherwise it goes right back to your gut. So timing and energy deficit is the key to making coffee an effective weightloss and performance tool. When you drink it matters and whether or not you move afterward influences the thermogenic effect.

In addition to the metabolic and thermogenic benefits it turns out coffee is also a powerful weapon against degenerative disease. It contains a wealth of antioxidants, called quinines, which are more potent after roasting. Together with the naturally occurring magnesium, it can lower blood sugar levels and significantly reduce the risk of type 2 diabetes. Regular consumption can reduce the risk of Parkinson's disease by 80 percent, reduce gallstones by 50 percent, and reduce the risk of colon cancer by 25 percent. It is a common cure for headaches, mainly for its vasodilating properties. Although the amount of coffee consumed in the studies varies widely it is generally agreed that two cups a day is a standard and accepted dosage.

Now for the not so good news. There really is no food standard for coffee in the US, unlike the EU, China, Singapore and even South Korea. So there is some debate about the presence of mycotoxins resulting from mold spores. Specifically, ochratoxin A, or OTA for short. OTA is an endocrine disrupter and causes widespread neurological damage, among a lengthy list of other things. OTA only begins to degrade at about 180 degrees Celsius. That doesn't destroy it though. Studies show that roasting at 200 degrees celsius for 20 minutes typically leaves anywhere from 88-100 percent of the toxin intact. Out of 40 commercial brews OTA was detected in 18 of them. It is impractical for us to lab test every bag of coffee and litmus test every latte so do your homework and buy a coffee from a source that uses wet-processed, single estate beans, if possible. This seems to greatly reduce the risk of mold.

In addition to mold toxicity it can be argued that caffeine is technically a poison and it causes nervous system damage when abused long term. It can trigger stress hormones and lead to adrenal burnout and high cortisol levels. It can allegedly retard immune response, hamper digestion and reduce the absorption of iron, and B vitamins. Most of the studies evidencing these statistics were performed in mass quantities and on mice. But it is still worth noting.

In the end, whether you drink moldy commercial coffee or super clean handpicked and brewed by the Dalai Lama himself, the benefits are still the same and seemingly outweigh risk in non-abusive situations. There will always be a study that can be used to support someone's point of view, particularly when economics are involved.

So as always, do your research, and make choices rooted in moderation and common sense. Two cups a day may just make you healthier, thinner, smarter and more alert.



COMMUNITY NEWS BRIEFS: ARTS & ENTERTAINMENT

SHERBINO WELCOMES BACK GAL HOLIDAY AND THE HONKY TONK REVUE JUNE 24

Special to Art & Sol

RIDGWAY-The Sherbino is excited to welcome back Gal Holiday and the Honky Tonk Revue June 24, for a night of wonderful live music promoting their new album release, "Lost and Found."

Gal Holiday and the Honky Tonk Revue were at the vanguard of New Orleans' now-thriving country scene when they formed more than a decade ago, and they've remained in a league of their own ever since. Combining evocative songwriting, impeccable musicianship, and a twinge of punk sensibility to boot, their infectious Western swing energy has earned them their place in the upper echelon of local favorites and helped grow an avid fan-base of two-steppers around the world.

"The Gal" is Vanessa Niemann, an Appalachian-born songstress who has lent her powerful voice and magnetic stage presence to various musical projects in New Orleans and around the country. Upright bassist/musical director David Brouillette, who hails from small-town Louisiana, coleads the band and provides the backbone for their hard-swinging rhythm. Over the years, they've counted among their ranks some of the finest musicians in the region.



Gal Holiday. Courtesy photo by Wilson Parish.

Their current roster boasts guitarists Gregory Good and Izzy Zaidman along with drummer Rose Cangelosi.

Armed with this kind of versatility and an ever-growing body of original material, they put on a show that never gets old and delights rowdy dancers and buttoneddown diners alike. Gal Holiday and the Honky Tonk Revue hit the stage Sunday, June 24 at 7 pm, doors and bar open at 6:30 pm.

Advance tickets are available online at <u>sherbino.org</u> for \$12, or at the door for \$15.

For more information, cgo to <u>sherb-</u> ino.org or call 970-318-0150.





Up Bear Creek by Art Goodtimes Eruptions in the news



Volcán Llaima from the cabins in Conguillío National Park (photo by Art Goodtimes).

VOLCANOES ... Watching footage of Guatemalan's Volcán del Fuego and the devastation of its pyroclastic flows, plus the slow-moving but inexorable Kilauea lava flows, I am reminded of the peaceful time we spent last month in the shadow of Volcán Llaima - one of Chile's most active volcanoes, having erupted 50 times in recorded history. Its last disturbance was in 2009, although in 2008 the eruption was so large it forced evacuations and flight cancellations in Argentina ... One of those with us on the Chile trip was worried being in close proximity – Llaima's barren lava flow fields stretching all the way down the slopes to the edge of far hills, where we stayed in cabins. It could have gone off at any minute. But didn't. Just a peaceful two days in Conguillío National Park ... Nevertheless, around the world, Pele is active.

LANDING IN CHILE ... Sleep-deprived, since I'd watched movies the whole flight, Houston to Santiago, I was non-plussed by the wheelchair waiting for me outside the cabin door as I stepped off the United plane in Chile. No, I didn't need one, but thank you. I was roundly confused ... It didn't get any better in the terminal. We were supposed to be met by someone, but we couldn't find anyone waiting for us. More confusion. We wandered about. Classic tourists in need. Immediately a couple official-sort-of-looking guys pounced. Started helping us. Asking questions. Offering solutions. Quite friendly really. We ended up, of course, paying far too much for a special taxi, with several "handlers" taking their cut along the way in the process ... The international airport shuffle. We got snookered ... But once settled into our tiny hostel rooms, my traveling partner Joel and I got a second wind. With some time to spare before our group lunch, we took a quick walk around the neighborhood. Got a sense of the city. Intense traffic (although most of the cars were smaller than ours). Modern looking. Lots of little shops. People out on the sidewalks, young and old, intent on their personal odysseys. Very western. Relatively clean. No beggars ... Except for the street signs and names, it could have been most any EuroAmerican city. We didn't stand out, particularly. Although my long hair (and beard) was not the Latin American norm for males, I was an elder. And that gave me considerable license ... We changed some money. Inquired at a restaurant with the same name as the one we were supposed to go to dinner at that evening - Liguria's --but it was a group of several restaurants, and our group reservations were set for a different location they very politely informed us. Between my two-year-old Spanish and Joel's better ear and carefully parceled translations, we actually made a good team ... My new group friend, David Blondell, a defense attorney in New York City, showed me how to used Uber on my phone (had it, but never used it). We were ferried across town to the right Liguria's -- with its giant two-story wall mosaic of the Tree of Life and upstairs banquet room. The meal was superb. The ambiance Colonial rococo, with all kinds of antique books tucked into cases on the wall ... I got a traditional pork

dish that was tasty, if extensive - arrollado huaso. It was billed as "lunch," but it was a very full meal. As I was to learn throughout the trip, Chileños are rarely light eaters ... After the meal, we were whisked over to our host's home - Giuliana Furci, founder and president of Fundacion Fungi, a brilliant mycologist who's rewritten the book on mushrooms in Chile and a friend of the late Gary Lincoff. Two years ago Gary first proposed a trip to visit Giuliana in Chile and tour the unique mushrooms in the southern hemisphere. This year he had it all set up, an El Grupo of almost 30 friends and colleagues talked into going, and then he up and had a stroke and was gone in a week ... With so much planned, it was decided to go ahead and make it a Lincoff Memorial Trip, and Irene, Gary's wife, agreed to come with us ... Giuliana's home was small but jammed with wonderful objets d'art, mushroom images, plants, cacti (a whole patio of San Pedro alone!!!), beautiful things. She had "Pisco Sours" for all of us - Chile's national drink. And we began to make friends among this strange assemblage of professional and amateur mycologists from as far away as Norway and about evenly matched among professional city folk and rural pothunter types.

ODDITEMS ... Kudos to polymer chemist Jianbo Zhu and colleagues at Colorado State University in Fort Collins for making a breakthrough in the arena of recycling plastics, breaking them down into their monomers, so as to reuse their starting molecules, as reported in Science News ... Lito Tejada-Flores lives half the year on Lago Carrera in southern Chile and half the year in Crestone. His poem this week is in Spanish and English. Spring in the northern hemisphere is fall in the southern hemisphere ... In physics, the theory that neutrino stars (the collapsed remnants of exploded stars) cool down after gobbling material from a neighboring star is called the direct Urca process. The name "Urca" comes from a non-defunct casino in Rio de Janeiro of the Forties. According

Up Bear Creek by Art Goodtimes

to astrophysicist Edward Brown in the May 4th issue of *Physical Review Letters*, "The joke being that this process removes heat from the star the way the casino removes money from tourists' pockets." WEEKLY QUOTA ... "See everything. Turn a blind eye to much. Correct a little." – John XXIII, the canonized Pope who called the second Vatican Council in the Sixties.

THE TALKING GOURD

Otoño en Patagonia

Árbol tras árbol el otoño avanza, Pero hacia dónde? Hacia qué? Hoja tras hoja se echa al fuego De días, cada día más colorado,

Más corto, más intenso, más rojizo. El fuego de otoño, ya quemando, Aunque lentamente, casi imperceptible. Los días se parecen, pero no son iguales.

Cada hoja se suma a un incendio Forestal de pura belleza, mañana, O pasado mañana, consumirá todo.

La mitad del bosque, del mundo, Está todavía verde, pero lo sentimos Venir: esta fogata de colores locos...

Autumn in Patagonia

Tree by tree autumn moves on Where is it heading? Where will it end? Leaf after leaf thrown onto this fire Of days, each day more colorful,

More intense, shorter, redder. Autumn's fire already burning, But slowly, almost imperceptibly. One day like the next, but not the same.

Each leaf adds to a forest fire Of pure beauty, and tomorrow Or the day after, everything will burn.

Half the forest, half the world Is still green, but we feel it coming: This bonfire of crazy color. . .

FLAG DAY FLAG DAY ELEBRATION * * THURSDAY, JUNE 14

Join us for a patriotic program in Centennial Plaza, Montrose (next to City Hall on S. 1st Street) Presented by Alpine Bank, Volunteers of America and The Real Estate Store

PROGRAM 11:30 am to noon

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Special Guest Speaker – Joel Evans

FREELUNCH Hamburgers and hot dogs Noon to 1:00 pm Music provided by Precendence Music





Volunteers of America®

Hold the Date! Upcoming Business & Cultural Events

CURRENT/ONGOING-

DISABLED AMERICAN VETERANS meeting every 3rd Thursday at 6 p.m. at Friendship Hall in Montrose. All veterans with at least a 10 percent service connected disability are welcome. For more information call (970)964-4375.

June 14-DMEA Annual meeting at the Montrose Pavilion, 4:30 to 8 p.m.

ALPINE PHOTOGRAPHY CLUB MEETING, Tuesday, June 12, 7 p.m.

NEW LOCATION: Montrose Lions Club, Clubhouse, <u>602 N. Nevada Ave., Montrose</u>, Presentation: Portraits by Sharon Brown, Bella Rose Photography; Image Sharing: "Water" (3-5 images) Photo Critiques: May remain anonymous (2-3 images). All are welcome to attend.

ARTISTS' ALPINE HOLIDAY

Now through June 25-Final days to register for the 58th Artists' Alpine Holiday Art Show. Go to <u>www.ourayarts.org</u> for details! (Art does not have to be delivered until July 22 & 23.)

MONTROSE TOASTMASTERS

Meetings every 1st & 3rd Wednesday of each month at 6:30 pm at Proximity; 210 E Main St, Montrose, CO 81401.

FRIENDSHIP FORCE INTERNATIONAL, non-profit organization, was founded and introduced to the world at a ceremony held at the White House on March 1, 1977. FFI provides opportunities to explore new cultures by bringing people together at the personal level. Friendship Force of western Colorado's regular monthly meetings are scheduled for the 3rd Thursday of the month. Meeting location - Red Cross Training Center, 5th and Gunnison in Grand Junction, 6:15 p.m

FREE JAM SESSION AND SING ALONG, Mondays from 4 to 6 p.m. at the Montrose Senior Center.

MONTROSE HISTORICAL MUSEUM-"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

MONTHLY-

Now - June 25-Final days to register for the 58th Artists' Alpine Holiday Art Show. Go to <u>www.ourayarts.org</u> for details! (Art does not have to be delivered until July 22 & 23.)

June 11-BLM and Forest Service will be hosting stakeholder workshops related to the review of energy corridors in Arizona, Colorado, Nevada, New Mexico, and Utah. In this region, the workshop is Monday, June 11, 2018: DoubleTree Hotel, <u>743 Horizon Dr., Grand Junction, Colorado</u> from 9 a.m. to 3 p.m. local time: Please RSVP if you plan to attend a workshop so that we have enough materials available for participants. Make sure to indicate which meeting(s) you would like to attend and provide an email address as requested on the form (<u>click here to RSVP</u>).

June 11-Lance Miller is an award-winning public speaker and will be in Grand Junction to facilitate Toastmaster Officer Training on Monday, June 11 at HopeWest Care Center, 3090 North 12th Street, Room 102, from 5:30 to 7:30 p.m. All are invited, and this event is free.

June 12-Alpine Photography Club Meeting, Tuesday, June 12, 7 p.m.

NEW LOCATION: Montrose Lions Club, Clubhouse , <u>602 N. Nevada Ave., Montrose</u>, Presentation: Portraits by Sharon Brown, Bella Rose Photography; Image Sharing: "Water" (3-5 images) Photo Critiques: May remain anonymous (2-3 images). All are welcome to attend.

June 14- Flag Day Celebration, Centennial Plaza, 11:30 a.m. to 1 p.m. Free hamburgers & hot dogs, Speaker Joel Evans.

June 20-Montrose Regional Library Crafternoon club for teens and adults. Knit & crochet projects for charity. All ability levels welcome and supplies are provided; Library Meeting Room; 2:30 - 4:30 p.m.

June 14-DMEA Annual meeting at the Montrose Pavilion, 4:30 to 8 p.m.

June 17-Panji Bags and Sherbino Theater present "Archer & Tripp" Handpan Concert. 6:30-8:30 pm At the Sherbino Theater (doors open @ 6 pm) Suggested donation \$25 - or more TICKETS AT THE DOOR The concert will be open to the public and all ages. It is a non-alcoholic event. We can only house 150 people in the venue - so come early to get your seat! Please respect the starting time.

June 18-First Aid for Festivals Basics Class: Monday, June 18, 6-8 p.m. Ouray County 4H Event Center, 22739 US-550, Ridgway. Learn fundamental first aid skills from Ouray EMS Paramedic Ruth Stewart. Organized by Uncompany Watershed Partnership, to enhance the safety and injury response at summer festivals like the Ridgway RiverFest. Up to 20 people (minimum: 6 people). Student fee: \$15. Please register by Thursday, June 14 at https://ridgwayriverfest.org/2018

June 20-Montrose Regional Library Crafternoon club for teens and adults. Knit & crochet projects for charity. All ability levels welcome and supplies are provided; Library Meeting Room; 2:30 - 4:30 p.m.

June 21--The 101st Army Rock Band & The 101st Army Winds will be performing on June 21st at 6pm in the Cedaredge Town Park. Our local Cedaredge Public Library will be located in the Lion's Pavilion where Rick Smith will be on hand to demonstrate how to make your own instruments for kids. They will also be offering popsicles from 5-6pm. This is being offered as part of their Summer Reading Program for Families- This year's theme is music. During intermission, you can purchase pie and root beer floats to enjoy from your local Cedaredge Area Chamber of Commerce. June 21- Black Canyon Voices Toastmasters Open House, First Colorado National Bank, 150 Gunnison River Dr., Delta, CO

Time: 12:15 pm to 1:15 pm For more information, email Edith Johnston at <u>blackcanyonvoicestm@gmail.com</u> June 21-7 to 9 p.m., Name that Tune, Montrose Library meeting room. Test your music trivia skills in this friendly competition, hosted by local

music columnist Rob Brethouwer. Go head to head with other competitors; if there are enough players we can form teams. Register in advance at the Montrose Library, by email to <u>thajjar@montroselibrary.org</u>, or call 964-2546. Winner receives an iTunes gift card! Also featuring door prizes and delicious locally-made cookies.

June 21-The Grand Mesa, Uncompanation and Gunnison (GMUG) National Forests' Gunnison Ranger District is holding a public meeting to get input from communities on the Taylor Park Vegetation Management Project.

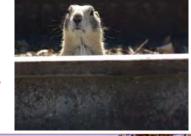
The meeting will be held on June 21st from 6 to 8 pm at the Town Hall in Tin Cup. Additional information is presented on the project webpage: <u>https://www.fs.usda.gov/project/?project=53662</u>.. For additional questions, please contact John Slown, Project <u>Environmental Coordinator</u> at 406 -239-3749; email jslown@fs.fed.us.

June 23-Sherbino Theater in Ridgway presents "Out West;" Doors at 7:30 p.m., Music at 8 p.m., \$5 entry.

June 24--Join the Montrose Community Band for their annual Patriotic Concert on Sunday, June 24 at 3 pm at the Montrose Pavilion. The band will play patriotic songs and marches to honor veterans, remember the fallen and entertain all ages. The concert is free and will be held in the auditorium. For more information visit <u>www.montroseband.com</u> or call <u>970-596-1188</u>.



Contact the Montrose Mirror: 970-275-0646 Editor@montrosemirror.com www.montrosemirror.com A prairie dog peers from the railroad tracks; wetlands along the Uncompahgre River.









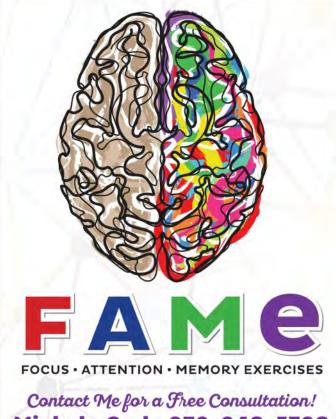
Above, Locals braved the heat for a free concert @ Cerise Park Saturday.

FAME is a series of customized exercises, designed to develop new neural pathways in the brain (referred to as neuroplasticity), which can improve focus, attention and memory. The program embraces a holistic approach to brain health, provided in the client's home.

Benefits healthy aging adults and may effectively treat:

- Stroke Survivors
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- PTSD & Traumatic Brain Injuries
- Alzheimers & Dementia

Michele Gad is a Certified DelGiacco Neuro Art Therapist, who assists individuals with cognitive or mental health challenges to live life as fully and independently as possible. She developed FAME in 2010 to better assist her clients. Sessions are specifically designed to meet client's individual needs, goals, abilities, and level of commitment...and have fun!



Michele Gad • 970-948-5708 MicheleGad.fame@aol.com