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# THE MONTROSE MIRROR

Issue No. 281 July 16 2018

## LOCAL REAL ESTATE MARKET HOTTER THAN JULY!



*Commercial and residential properties continue to move fast on the local real estate market.*

*By Caitlin Switzer*

MONTROSE-For those hoping to buy or sell a home in the Montrose area, the local market continues to keep pace with the mid-summer heat; prices are high, inventory is low, and everything is selling fast.

Montrose Realtor Betsy Spitzer notes that these conditions may not last, "It does seem that the market may be having a correction," she said. "We're already seeing that in Fort Collins and on the Front Range. I think that when interest rates go up, prices will probably go down." Broker Jeff Keehfuss of Berkshire Hathaway Home Services told the Mirror that he is "cautiously optimistic" about the current real estate market.

"Because of some of our feeder markets that have started to plateau a bit, I do

*Continued pg 7*

## BREAK OUT THE BOOTS FOR TWO LOCAL FAVORITES: MONTROSE COUNTY FAIR & RODEO AND DELTARADO DAYS!

*By Caitlin Switzer*

REGIONAL-Next week, you may want to trade your flip flops for cowboy boots and kick back at two of the region's longest running events, the Montrose County Fair & Rodeo and Deltarado Days.

### MONTROSE COUNTY FAIR & RODEO

The 132<sup>nd</sup> Montrose County Fair & Rodeo at the Montrose County Fairgrounds will be a little shorter but more fun than ever this year, opening to the public on Monday, July 23 and running through Saturday, July 28. Animals arrive the first day, and the week is packed with exciting events, from the CPRA RAM rodeo and team roping to extreme motor sports and the crowd pleasing annual fiddle contest.

The theme of the 2018 Montrose County Fair is "Bounty from our County," Fair & Rodeo Event Coordinator Stoney Field said. "It's a great way to celebrate our community and all the people in it,"

*Continued pg 25*



*Colorado artist Clare Dunn will play the very first concert to be held at the new Montrose County Event Center, on July 28. Courtesy photo Clare Dunn.*

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*Gail Marvel's  
Answering the Call series*

*Art Gootimes'  
Up Bear Creek*

*Rachel Boschen  
FUNG Fest wrapup!*

*Reader  
Photo spotlight!*

*Mirror Weekly  
Classified Ads!*

# ANSWERING THE CALL: PATROL OFFICER TED VALERIO

By Gail Marvel

MONTROSE-After 16-years of climbing the career ladder with the Montrose Police Department (MPD), Patrol Officer Ted Valerio found himself once again at the bottom rung. In April 2017 Valerio retired from the PD, "I was working on some small business ideas and wanted a slower pace."

Following his retirement Valerio served as the interim Chief of Police for Ridgway and did part-time polygraph and background investigations for MPD, "The change of pace was enjoyable...but I guess I wasn't really ready to retire."

Montrose Chief of Police Tom Chinn encouraged Valerio to return to the PD.

Valerio said, "I wasn't offered any special treatment. I had to take the police entrance exam, do an interview...the whole lot. It wasn't hard, but I still had to qualify."

In November 2017, eight months after his retirement, Valerio rejoined the force after completing a shortened version of a training program. Valerio said, "It would have been a waste of time to put me through the full training because I'm a training officer myself."

He laughed and said, "So here I am starting at the bottom." Valerio is considered the older guy, "I don't feel old, I'm only 43, but some of the new hires are the age of my kids."

Previously Valerio had been a sergeant for more than five years, "I've earned the respect of new hires, but I have to earn it every day. They ask questions, but I don't want to jump in too much and take away their learning experience. I don't mind offering advice on customer service. I want to make sure that we take care of

our citizens."

During his career Valerio has served as a firearms instructor (several disciplines), a sniper for the SWAT Team and a polygraph examiner. He is also certified as a Child Forensic and Child Sexual Assault Interviewer, "We need to do what we

can on the front end to help prevent child abuse. Most of the time abuse is done by someone close to the family. People need to know it's OK to say something even if it may be against a friend or a family member."

From a seasoned officer's perspective Valerio said, "I don't find my job difficult or particularly stressful. I think at times stressors can come from within the organization. We should all work to keep our focus on positive things and fight cynicism."

The least enjoyable aspect of Valerio's job is the call-volume, "It hurts your ability to give the level of service you want to give. When you get bogged down you can't give customer service. We make it happen, but sometimes our customers have to wait on us."

Although Valerio has been credited with a Life Saving Award, the lifesaving situa-



MPD Patrol Officer Ted Valerio. Photo by Gail Marvel.

tion he recounted did not garner publicity. Valerio said, "In the break room I saved one of our officers from choking. His face was turning blue and he was making hand gestures. I did the Heimlich maneuver." He laughed and said, "I didn't get an award for that!"

Law enforcement seems to fill up Valerio's life, "I'm so glad I did it. I've literally got to do all the cool things that officers get to do. It's not like the movies, but it's really cool."

Off duty he likes competitive shooting and spending time with his family, "We enjoy the outdoors."

In a message to citizens Valerio said, "Over the years there has been a good level of support. We are fortunate, not many communities enjoy what we do. I appreciate that we are appreciated. We have a good relationship with citizens and I want to thank them."



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[www.montrosemirror.com](http://www.montrosemirror.com)  
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## LEARN MORE ABOUT BENEFITS FOR ATOMIC AND URANIUM WORKERS @ STARVIN' ARVIN'S BREAKFAST IN MONTROSE JULY 24

### Mirror staff report

MONTROSE- if you are a former atomic or uranium worker, your breakfast at Starvin' Arvin's will be free from 9 to 10:30 a.m. on Tuesday, July 24.

Nuclear Care Partners of Grand Junction is hosting the Atomic Worker Breakfast to help get the word out about benefits to those who are eligible.

According to a news release, "Thousands of former atomic and uranium workers may qualify for benefits, including a monetary award and no-cost health care, as a result of the radioactive exposure they endured while working at the Department of Energy, Atomic Energy Commission, or as uranium miners, millers, or ore transporters."

"It's important for atomic workers to know what benefits they're entitled to and what the program offers," said Nuclear Care Partners Community Outreach Manager John Kelley.

"This event is about getting folks together, letting them know their options, and getting them the help that they need."

For those who want to learn more about



*For those who want to learn more about the history of uranium in the Grand Valley, Nuclear Care Partners' John Kelley recommends watching the Rocky Mountain PBS documentary, [Uranium Mania](#). Pictured above is Uravan in 1955, photo courtesy of Kenneth Bonner of the [Rimrocker Historical Society](#).*

the history of uranium in the Grand Valley, Kelley recommends the Rocky Mountain PBS documentary, [Uranium Mania](#).

"These folks we are serving are the unsung heroes of our nation," Kelley said. "We want to get the word out so we can help as many people as possible, who may not know what benefits are out there for them."

Those with questions will be able to ask them over a delicious breakfast; Starvin' Arvin's located at 1320 S. Townsend Avenue in Montrose. Former workers can RSVP to the event by calling 970-399-8068.

For more information call 970-399-8068 or visit [www.NuclearCarePartners.com](http://www.NuclearCarePartners.com).





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## CITY CONSIDERS REZONE OF HOGBACK ADDITION AS R-3 MEDIUM DENSITY; FUNDING GRANT MATCH OF \$750K FOR HOLLY PARK/RIVERBOTTOM DRIVE PROJECT

### *Mirror staff report*

**MONTROSE-WORK SESSION**-The Montrose [City Council work session of July 16](#) has been cancelled without explanation.

Items listed for future City Council discussions include a draft Public Safety Sales Tax Committee Resolution; planning commissioner applicant reviews; Downtown Development Authority (DDA) board applicant reviews; and a second quarter police department report on Aug. 6

An Energy Management Report and Hitchmarc Addition Annexation Hearing will be Aug. 7

On Aug. 21 Council will discuss a new hotel and restaurant liquor license Application for Rio Bravo, and a second quarter budget review.

Council will consider a new 3.2 Beer License Application for Alta on Sept. 1.

**COUNCIL MEETING**-At the [City Council meeting](#) of July 17, Council will consider approving Resolution 2018-19 and Ordinance 2452 on first reading, concerning the Hogback Addition Annexation.

Council will also consider Ordinance 2453 on first reading, zoning the Hogback Addition as an R-3 medium density district. The packet notes, "Utilities and the street network as well as other urban services will be expanded to accommodate the development."

Resolution 2018-20 will be considered as well, approving a grant agreement with the Colorado Health Plan Foundation, in coordination with Hispanic Affairs Project and Valley Food Partnership. The packet shows that the City will receive \$89,520, \$25,000 to be used as matching funds for the Great Outdoors Colorado (GOCO) Connect Trail, and \$64,520 for engagement efforts with the Hispanic/Latino Community.

Council will also consider spending \$750K in matching funds to pursue an Energy and Mineral Impact Assistance Program grant administered by the Colorado Department of Local Affairs ("DOLA"), for an award of up to \$1,000,000, to be used to



**A map of the Hogback addition.**  
*Courtesy image.*

fund renovations and improvements at Holly Park and on Riverbottom Drive.

## REGIONAL NEWS BRIEFS

### MONTROSE GOP ELECTS SUE HANSEN TO FILL BOCC VACANCY

By Richard Harding

MONTROSE-The Montrose County Republican County Commissioner Vacancy Committee, at Republican Campaign Headquarters, convened a Special Meeting on Tuesday evening, July 10. The meeting was called to order by Chairman Spencer Hamner, who announced the purpose of the meeting was to fill the vacancy created by the resignation of Commissioner Glen Davis.

A quorum was determined by Second Vice Chair Rick Fellabaum and the meeting was opened for nominations. Olathe District Captain, Richard Harding, placed the name of Sue Hansen in nomination and was seconded by Precinct 28 Committee Person Jim Dittmar.

With no further nominations, nominations were closed and Sue Hansen was unanimously elected to fill the vacancy.

Pictured at right are Sue Hansen and Chairman Spencer Hamner.



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## LOCAL REAL ESTATE MARKET HOTTER THAN JULY!

**From pg 1**

not think the sky is falling, but it is certainly something to watch and to be noteworthy of," Keehfuss said. "The difference now is that Montrose has been very proactive with things such as the Rec Center, Water Park, Event Center, and many other worthwhile projects. We now have something very tangible to offer people wanting to move to Montrose," he said. "Montrose has always been a great place to live; now we have so much more, which I feel will help us in the event that the

market does stabilize a bit."

Heritage Title Company of Montrose and Delta regularly tracks real estate trends, and has just released a market update, which notes that in the second quarter of 2018, the number of real estate transactions in Montrose County has remained steady when compared to 2017. There have been 412 sales, compared to 410 in the second quarter of 2017. Dollar value for the first half of 2018 also mirrors that of the first half of 2017, at \$178 million.

Foreclosures remain low, with 33 in the first half of 2018 compared to 29 during the same period last year. Said Heritage Title Company Senior Vice President Annette Miller, "The median price in Montrose County is probably just over \$200K. That tends to be the dominant sector, and those properties will go really quick. "Everything is moving—commercial as well as residential," Miller said. "I do think we would see a higher level of activity if there were more inventory."

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## REGIONAL NEWS BRIEFS

### DR. DORIANN ADRAGNA EARNS DIPLOMATE IN SCHOOL NEUROPSYCHOLOGY




#### Special to the Mirror

MONTROSE- Dr. DoriAnn Adragna of PEAK Professionals has completed a 10-month program approved by the National Association of School Psychologists in School Neuropsychology. She is now a diplomate in School Neuropsychology. PEAK is excited to support our families and neighboring communities in meeting neurodevelopmental needs. Our expansion of assessments will integrate results with proven brain-based strategies to support your child's success and growth. Way to go, Dr. Dori! Thank you for continuing to develop and gain skills to support our most exceptional population.



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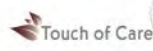
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## REGIONAL NEWS BRIEFS

### OWL CREEK ROAD TO UNDERGO IMPROVEMENTS

*Special to the Mirror*

MONTROSE-The Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests announce the commencement of the Owl Creek and Cimarron Road (NFSR 858) Improvement Project. The project will improve over 14 miles of road through the addition of driving surface gravel, the replacement of culverts and the removal of roadside vegetation and other roadside

ditch debris.

The project's focus is to improve overall driver safety by increasing driver visibility, providing a more stable driving surface and improving road drainage and rain runoff. The gravel for the project will be provided from an existing gravel pit located on the GMUG, helping decrease the overall project cost and environmental impacts. While the initial removal of roadside

vegetation will not be aesthetically pleasing, experts predict it will take less than two years for new growth to take place.

Improvements are scheduled to take place from July 2018 through October 2018 and from June 2019 until project completion. Weather conditions will be a major influence on the project timeline. The project area begins 6 miles from the intersection of US-50 and will continue 15 miles to the intersection of County Road 8. Due to the presence of heavy construction equipment, large quantities of dust and anticipated delays of 30 minute or more the Forest Service respectfully requests for travelers to be considerate during the project.

The Forest Service would like to acknowledge the public's patience and understanding during this period.

### SEAT BELT ENFORCEMENT CAMPAIGN BEGINS TODAY

*Special to the Mirror*

STATEWIDE — Starting July 16, the Colorado Department of Transportation (CDOT), Colorado State Patrol (CSP) and local law enforcement agencies across the state will conduct a seven-day high-visibility *Click It or Ticket* enforcement period targeting rural areas of Colorado. These areas tend to have the lowest seat belt use rates in the state. Currently, Colorado's statewide seat belt use rate is 84 percent, ranking Colorado in the bottom third in the nation. According to a 2017 CDOT study, the four Colorado counties with the lowest seat belt use were all rural - La Plata (74 percent); Montezuma (74.4 percent); Cheyenne (75.2 percent); and Mesa (75.5 percent). These rates are well below the national average for seat belt use of 90 percent.

"Wearing a seat belt can easily become a matter of life or death," said Darrell Lingk, director of the Office of Transportation Safety at CDOT. "It is the easiest way to protect yourself in a crash and can greatly enhance your chances of surviving."

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## **CLASSIFIED / EMPLOYMENT ADS FOR THE WEEK OF 7/16/18:**

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### **CONSTRUCTION:**

Hiring **Truss Builders** who are physically fit, able to lift up to 50 lbs in construction environment. Hours 6 a.m. to 4 p.m. Monday-Friday. Experience helpful but not required. Apply today at [www.expresspros.com/montroseco](http://www.expresspros.com/montroseco) or call 970-249-5202 for more information.

Hiring **General Construction Laborers in Ouray** for a variety of remodel as well as new construction projects. Skills required vary per job. An overall knowledge and skill level appreciated. Bring your own tools is the best option, larger tools on site. Hours are on site in Ouray 8:30am - 5:00 pm Monday-Friday. Travel Bonus for outside Ouray employees. MUST have valid drivers license. Apply today at [www.expresspros.com/montroseco](http://www.expresspros.com/montroseco) or call 970-249-5202 for more information.

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### **GENERAL LABOR/OTHER:**

Hiring **Recycle Sorters/Pickers** for quality control line to hand sort recyclable materials and trash from the recycling stream and remove unacceptable materials. Hours are Monday - Thursday 7am - 3:30pm, and some Fridays depending on work load. Apply today at [www.expresspros.com/montroseco](http://www.expresspros.com/montroseco) or call 970-249-5202 for more information.

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**CLASSIFIED / EMPLOYMENT ADS FOR THE WEEK OF 7/16/18:****GENERAL LABOR/OTHER:**

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## **CLASSIFIED /EVENTS ADS FOR THE WEEK OF 7/16/18:**

### **LOCAL EVENTS & FUNDRAISERS**

#### **CO Gov Candidate Walker Stapleton Luncheon**

Thursday July 26th. 11:30-1p at Remington's - The Bridges. \$25 tickets at Looney Bean, DeVinny Jewelers, MC-GOPHQ. Fundraiser for Montrose County Republican Women.

## **REGIONAL NEWS BRIEFS**

### **SUMMER CELEBRATIONS END EARLY FOR 337 IMPAIRED DRIVERS**

*Special to the Mirror*

COLORADO— Instead of fireworks, 337 impaired drivers watched the red, white and blue flashing lights of a patrol vehicle this past Fourth of July holiday. The Colorado Department of Transportation (CDOT), Colorado State Patrol (CSP) and local law enforcement agencies teamed up to conduct a Fourth of July heightened DUI enforcement from June 29 to July 5.

The 337 citations are a decrease from the 394 arrests made during last year's *The Heat Is On* campaign for the period.

June was the year's deadliest month to date on Colorado roads with 60 fatalities. Less than two weeks into July, 13 people have already died in crashes.

"As we feared, road fatalities are increasing during the summer months with more people driving and attending social

events," said Darrell Lingk, Director of the Office of Transportation Safety at CDOT. "Of the 60 fatalities last month, 21 involved an impaired driver. It only takes a few drinks to put the lives of yourself and others in danger. It is simply not acceptable to drive while impaired."

A total of 99 agencies participated in the DUI enforcement, with the Colorado Springs Police Department (25), Denver Police Department (34) and Grand Junction Police Department (11) recording the highest number of arrests. In addition, CSP cited 76 drivers during the enforcement period. Visit [bit.ly/CDOTHIO](http://bit.ly/CDOTHIO) to view all arrest results throughout Colorado.

"Tragically, these arrests were entirely preventable. It's a matter of personal accountability," said Col. Matthew Packard, Chief of the CSP. "Many people don't realize that a couple drinks at a barbecue or happy hour can put themselves, their passengers and other drivers in danger."

In addition to the risks of injury or even death for impaired drivers and fellow motorists, a DUI can cost more than \$13,500 after considering fines, legal fees and increased insurance costs. Penalties increase for repeat offenders.

*The Heat Is On* will return for the Sturgis Rally enforcement from Aug. 3 to 13 when thousands of motorcyclists will travel through Colorado en route to South Dakota. Last year, 552 impaired drivers were arrested during the 10-day enforcement period.

More details about the campaign, including impaired driving enforcement plans, arrest totals and safety tips can be found at [HeatIsOnColorado.com](http://HeatIsOnColorado.com).

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## COLORADO NEWS BRIEFS

### CPW SEASONAL EMPLOYEE DROWNS AT STEAMBOAT LAKE STATE PARK

*Special to the Mirror*

STEAMBOAT SPRINGS-The Colorado Parks and Wildlife family is mourning the sudden, tragic loss of one of its own. Tuesday afternoon at approximately 4:30 p.m., 24-year-old David Mutabazi, a seasonal employee at Steamboat Lake State Park since May, apparently drowned while swimming in the park's lake after his shift had ended. A witness says Mutabazi was approximately 100 yards from shore when he began struggling in the water.

The witness says she tried to swim to him and help, but Mutabazi disappeared under the water before she was able to reach him.

After a brief search, CPW park rangers and a Routt County deputy recovered his body Tuesday evening at approximately 9:45 p.m.

"We are shocked and very saddened by this loss," said Park Manager Julie Arington.

"David was a great, responsible person and a hard worker. It's just a tragedy for his family, me, everyone at the park, CPW and everybody that knew him."

An immigrant from Africa, Mutabazi was a student at Kirkwood Community College in Cedar Rapids, Iowa, where his current address is listed. As part of a recruiting program established between Steamboat Lake State Park and the school, Mutabazi joined two other students from the college to fill a variety of positions at the park for the season. According to his friends and coworkers, Mutabazi frequently swam in the lake after his afternoon jog around the park.

"He was strong and athletic," said Arington. "We do not know what happened. It appears to be just a tragic accident."

According to park officials, Mutabazi was outside of swim beach boundaries but still within an area where swimming is allowed

and protected from boat traffic. In addition, the water was calm and approximately 73 degrees at the time he went for his swim.

"The people that saw him before he entered the water said he was acting normally and in great spirits," said Arington. "We certainly do not suspect the use of alcohol or drugs."

The Routt County Sheriff's Office conducted an investigation and concluded the drowning was an accident. The Routt County Coroner will perform an autopsy.

This is the second drowning at Steamboat Lake State Park in the last two months; however, prior to these incidents, park officials had not recorded any drownings in the lake's history.

On June 15, according to Grand County's *Skyhi News*, a 64-year-old Kansas man drowned while swimming after a boat that had drifted in the lake.

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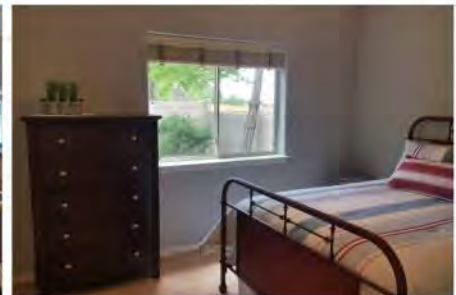
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## REGIONAL NEWS BRIEFS

### GMUG EMPLOYEE EARNS VOLUNTEERS & SERVICE LEADERSHIP AWARD

*Special to the Mirror*

PAONIA—Paul Kimpling of the Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests' Paonia Ranger District has been awarded a 2017 Forest Service Volunteers & Service Leadership Award.

The agency-wide award program recognizes partners, volunteers and staff for their work in the areas of Citizen Stewardship & Partnerships, Cultural Diversity, Enduring Service, Leadership and Restoration.

Through Kimpling's leadership the GMUG has been able to engage with key partners and secure funding for programs that involve youth, such as Every Kid in a Park (EKIP) and the 21<sup>st</sup> Century Conservation Corps (21CSC).

As the crew leader of the Paonia Ranger

District's Youth Conservation Corps (YCC), Paul collaborated with 21CSC member organizations, Western Colorado Conservation Corps and Student Conservation Corps, on joint projects showing the collective power of youth leading youth.

He also coordinated with Forest Service and Bureau of Land Management Resource Specialists to share their natural resource expertise with the YCC in a variety of disciplines as well as organizing a rafting trip to a unique archeological site.

"Paul's drive and natural leadership has led to implementation of new partnerships and programs aimed at educating our local youth," said Scott Armentrout, GMUG Forest Supervisor.

"We are extremely pleased to have him on our team."



*GMUG Courtesy photo.*

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## OPINION/EDITORIAL: LETTERS

### WHAT'S WRONG WITH OUR COUNTRY, ACCORDING TO GARFIELD

*Critics of our President and country:*

There are always many opinions and criticism of our country and the President. In Sunday's Montrose Daily Press was the answer to 99% of the troubles we have in today's world. The cartoon, Garfield by Jim Davis, says it all in three frames. "What is wrong with the world you ask," "I'll tell you what's wrong with the world", "It doesn't do enough for me". That folks is our problem and it makes no difference if you are a citizen of our country or one trying to break the law and come here illegally. I would encourage everyone to use the dictionary (It's a book of words and their meanings } and look up 'me', 'self centered', and 'Illegal.' Enough said.

*Doug Glaspell, Montrose*

## REGIONAL NEWS BRIEFS

### SECTION OF BEAR CREEK TRAIL CLOSED DUE TO SAFETY CONCERNS

*Special to the Mirror*

MONTROSE-The Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests' Ouray Ranger District has issued an emergency closure order for a section of the Bear Creek Trail (NFST #241) over public safety concerns following a recent rock slide. The closure section, from the trailhead at Highway 550 to Yellow Jacket

Mine, has experienced significant washout following the slide causing area instability and lack of safe walking surface. The trail's North (NFST #241.1A) and South Fork (NFST #242) portions from Yellow Jacket Mine to their junctions with the Horsethief Trail (NFST #215) and Engineer Pass will remain open.

A copy of the signed closure order along

with a map has been made available on the GMUG website and can be accessed at: <http://www.fs.usda.gov/goto/forestorders> under the Ouray Ranger District section.

The Forest Service thanks the public for its patience and understanding as the damage is assessed and repairs are planned.

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## OPINION/EDITORIAL: LETTERS

### **RIDGWAY STATE PARK NOW SERVED BY SECOND CHANCE HUMANE SOCIETY**

To Whom It May Concern:

The Montrose Animal Control District notified us several years ago that we would no longer be able to bring animals to them so we have worked with Second Chance Humane Society out of Ridgway on the rare occasion we need to have domestic animals held. Just wanted to provide current and correct information regarding Ridgway State Park specifically.

Thank you for continuing to provide a very diverse and community-oriented electronic paper.

Sincerely,

*Kirstin Copeland*

*Park Manager*

*Ridgway State Park*

### **MICHAEL LAWTON** entrepreneur

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## REGIONAL NEWS BRIEFS

### MONTROSE UROLOGIST NAMED UROLIFT® CENTER OF EXCELLENCE

#### *Special to the Mirror*

MONTROSE-San Juan Urology Associates last week announced that Dr. Jordan Luskin has been designated as the first UroLift® Center of Excellence in the state of Colorado. The designation recognizes that Dr. Luskin has achieved a high level of training and experience with the UroLift System and demonstrated a commitment to exemplary care for men suffering from symptoms associated with Benign Prostatic Hyperplasia or BPH.

"Prostate enlargement is a natural part of the aging process," said Dr. Luskin. "Prior to the UroLift System, men had limited options – either daily medications or invasive surgery, with risk of significant side effects. The UroLift System is a game changer that allows men to stop medications and get back to what matters."

Nearly 40 million men in the United

States are affected by BPH. Not to be confused with prostate cancer, BPH occurs when the prostate gland that surrounds the male urethra becomes enlarged with advancing age and begins to obstruct the urinary system. Symptoms of BPH often include interrupted sleep and urinary problems, and can cause loss of productivity, depression and decreased quality of life.

Five-year data from a randomized study shows the UroLift System offers not only rapid improvement, but also durable relief for patients with BPH. After five years, patients treated with the UroLift System continue to experience symptom relief with minimal side effects, with few patients requiring an additional procedure for relief. A second randomized clinical trial called BPH6 demonstrated that the minimally invasive UroLift System com-

pares very well to the reference standard surgery, transurethral resection of the prostate (TURP), with regard to efficacy, and is superior to TURP at preserving sexual function and offering a more rapid recovery.[\[ii\]](#)

Medication is often the first-line therapy for enlarged prostate, but relief can be inadequate and temporary.

Side effects of medication treatment can include sexual dysfunction, dizziness and headaches, prompting many patients to quit using the drugs.

For these patients, the classic alternative is surgery that cuts, heats or removes prostate tissue to open the blocked urethra.

While current surgical options can be very effective in relieving symptoms, they can also leave patients with permanent side effects.

### TRI-COUNTY HEALTH NETWORK OFFERS FREE HEART HEALTH SCREENINGS

#### *Special to the Mirror*

REGIONAL-Tri County Health Network is looking to partner with businesses to screen employees, and help assess a person's risk of developing diabetes and heart disease. The screening process is very simple! The Community Health Worker draws a small blood sample through a quick prick of a fingertip. (It is quick and painless!) The sample is then run through our machine that tests for HDL ("good" cholesterol), LDL ("bad" cholesterol), Triglycerides and Total Cholesterol.

The results take a few minutes to come through, I review results with our client and discuss steps and relevant community programs that could help reduce his/her risk of heart disease or stroke.

Free heart health screening. call for an appointment, 970-708-4719, and ask for Darlene.

**The Mirror:  
many views,  
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## COLORADO NEWS BRIEFS

### TRES RIOS FIELD OFFICE SHIFTS TO STAGE 1 FIRE RESTRICTIONS

#### *Special to the Mirror*

DOLORES— Stage 2 Fire Restrictions on public lands managed by the Bureau of Land Management (BLM) Tres Rios Field Office shifted to Stage 1 Fire Restrictions on Friday, July 13, 2018. This change is in response to scattered moisture received throughout the area.

"Recent weather data indicates that the lower elevations have received measurable rainfall," said Brandon Lewis, Fire Management Officer for the Southwest Colorado Fire and Aviation Management Unit. "Our fire danger indices are beginning to reflect the recent moisture; however, we continue to meet the criteria for fire restrictions in our lower elevations. While the vegetation appears to be recovering from extremely dry conditions, I urge public land users to remain careful to prevent fire starts."

Under Stage 1 Fire Restriction the following stipulations will be in effect on BLM-managed lands.

#### **Prohibited Actions:**

Building, maintaining, attending, or using a fire, campfire, or stove fire except within a permanent constructed fire grate in a developed campground or recreation site, or an improved site. Smoking, except within an enclosed vehicle or building, a developed recreation site, or while stopped in an area of at least three feet in diameter that is barren or cleared of all flammable materials. Using exploding targets.

In addition, the following actions are always prohibited on BLM-administered public lands:

Using fireworks, tracer ammunition or other incendiary devices. Leaving a fire unattended or unextinguished.

Visit <https://www.blm.gov/programs/public-safety-and-fire/fire-and-aviation/regional-information/colorado> for maps and updates to local fire restrictions. The BLM continuously monitors the conditions throughout the area and will modify the restrictions as needed.

For information on wildfires and restrictions in the area, call the Southwest Colorado Fire and Aviation Management Information line (970.240.1070), visit the

Durango Interagency Dispatch website ([https://gacc.nifc.gov/rmcc/dispatch\\_centers/durango/](https://gacc.nifc.gov/rmcc/dispatch_centers/durango/)), or follow us on Twitter ([https://twitter.com/SWD\\_Fire](https://twitter.com/SWD_Fire)) and Facebook (<http://www.facebook.com/BLMMontroseFireUnit>).

*The Southwest Colorado Fire and Aviation Management Unit covers the BLM Colorado's Southwest District and the Gunnison Field Office (BLM), the Uncompahgre Field Office (BLM), and Tres Rios Field Office (BLM) in the Colorado counties of Archuleta, Conejos, Delta, Dolores, Gunnison, Hinsdale, La Plata, Mesa, Mineral, Montezuma, Montrose, Ouray, Rio Grande, Saguache, San Juan and San Miguel.*



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## FUN & MUSIC FLOW @ 4TH ANNUAL MONTROSE FUNC FEST

By Rachel Boschen

MONTROSE-FUNC Fest 2018 exemplified the community of Montrose. People from all walks of life came together to celebrate one simple thing...summer. The feel of the entire event was laid back. Vendors were smiling and exuberant about the chance to chat about the river, as children and volunteers played beachball volleyball, people listened to music and put their feet in the water while watching the river sports. Jennicka from Grace Community church says they "wanted to have a presence in the community...and give kids entertainment." She also said the church would probably enjoy coming again next year, a theme throughout the festival. Volunteers spent "hundreds of hours" helping to organize the event and people from Durango, Buena Vista, the Front Range, Junction and Montrose signed up to compete in the event, totaling 25 competitors, according to William Woody of the Office of Business and Tourism. It is unclear whether the festival is pulling a crowd from outside of Montrose just to attend the event and see the town. On the main stage a total of three bands performed throughout the day. One was local band, Neon Sky. They are playing Saturday night in Delta, CO at My Place. Mike from Neon Sky said playing the festival was a "really nice" experience with a "great stage and great sound." The second band, Workshy, came to the festival from Denver. With a new album on the way, and some big shows coming up, they are surely a band to keep an eye on. You can sug-



gest a name for their new album on their Facebook page, just mention the FUNC fest and what you think the name should be. Let's just hope that next year and the years to come, the FUNC fest will continue strong and bring more people from around Colorado and outside of the state to realize our beautiful town and its potential to be a destination instead of a pass-through town. Go to the Montrose Mirror Facebook page this week to see live interviews of bands, vendors and more.

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## REGIONAL NEWS BRIEFS

### HEMP & HOPS EVENT COMING TO MONTROSE COUNTY EVENT CENTER AUG. 24-25

*Special to the Mirror*

MONTROSE-There will be a [Hemp and Hops event](http://www.hempandhopsevent.com) at the new Montrose County Event Center on Aug. 24 and 25, an educational event to celebrate the booming Hemp and Hops farming industry. Celebrity athletes are coming from the Athletes For Care organization to speak about head injuries and physical effects of being in professional sports like the NFL and to advocate for the use of CBD for brain injury and chronic pain. These along with many other industry professionals will make for an incredible community event. Visit [www.hempandhopsevent.com](http://www.hempandhopsevent.com).

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## ***BREAK OUT THE BOOTS FOR TWO LOCAL FAVORITES From pg 1***

Field said. "The fair has been bringing people together for 132 years."

The 2018 Fair is one for the history books; while Friendship Hall and other Fairgrounds locations will continue to host many events, the new Montrose County Event Center will also welcome fairgoers for the first time. Events taking place in the new Event Center and Arena will include mutton bustin' eliminations, team roping, the dog show, royalty horsemanship and crowning, and the Saturday night Clare Dunn concert--the very first concert to take place at the new facility.

"We're pretty excited," Fairgrounds Manager Emily Sanchez said. "We're trying to use the whole facility, and we have lots of entertainment. Just remember that there will be only one night of rodeo this year, so don't miss your chance to see it."

The week begins with a parade down Main Street at 7 p.m. Monday, July 23, and opportunities for family fun include performances by Magician Ty Gallenbeck and local musicians, as well as Community Night Entertainment on Tuesday. Wednesday welcomes a wild game cookoff and bacon eating contest; on Thursday night, Team Roping is expected to draw crowds from across the region.

On Friday night, don't miss Brigade FMX Worldwide Extreme Motorsports; Saturday night will feature the CPRA RAM Rodeo at 7 p.m. and the Clare Dunn concert at 9 p.m.

For the full [2018 Fair Schedule](http://montrosecountyfairandrodeo.com), visit the web site, [montrosecountyfairandrodeo.com](http://montrosecountyfairandrodeo.com).

### **DELTARADO DAYS**

In Delta, **Deltarado Days** celebrates its 83rd year. "It started as a farmer and rancher lunch, for sugar beet farmers and cattlemen, and it has just kind of evolved," said Delta Chamber of Commerce staffer Debbie Anderson.

What better way to celebrate the tradition of local agriculture than with a BBQ, or several? Deltarado Days kicks off with the annual Farmer & Rancher Luncheon at the Delta Sales Yard from 11:30 to 1 p.m. on Thursday, July 26.

At 5 p.m., the Altrusa Beer Garden & BBQ will be open at Confluence Park—you can burn off the calories afterward during the Family Glow Run at 7 p.m., followed by a movie (The Greatest Showman) in the park. The course for the glow run will be marked with balloons and glow sticks, and there will be two courses to choose from, Anderson said.

On Friday, July 27, the Deltarado Days Rodeo will take place at the Delta Round-up Club Arena, with mutton bustin' at 7 p.m. and live rodeo action at 8 p.m.

Saturday, July 28 there's a pickleball tournament at 8 a.m. at Confluence Park, and the parade down Main Street begins at 10 a.m., along with the Delta Street Rodders car show at Confluence Park. Fun activities include a BBQ by the Elks/Kiwanis at



***On July 28, head downtown to Fourth between Main and Meeker streets in Delta at 6 p.m. for BBQ, a beer garden, and a street dance with music by Derringer.***

the Lions Pavilion; tournaments in corn hole, grass volleyball, and disc golf; a kids' fun park and carriage rides by Y Bar Hitch.

Head downtown to Fourth between Main and Meeker streets at 6 p.m. for more BBQ, a beer garden, and a street dance with music by Derringer.

Finally, Sunday, July 29 brings a golf tournament at Devil's Thumb Golf Course at 9 a.m. and Church in the Park at Confluence Park at 10 a.m.

For Anderson, a lifelong resident, Deltarado Days is all about enjoying summer and being part of the community. "I have volunteered, and I have marched in the parade at least seven or eight times, and built a float for the Historical Museum," she recalled. "Everybody looks forward to the Farmer and Rancher luncheon; the Delta Sales Barn is part of our history.

"It's a big deal."



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# COLORADO NEWS BRIEFS

## CDOI RELEASES PRELIMINARY 2019 HEALTH INSURANCE INFORMATION

*Special to the Mirror*

COLORADO-The Colorado Division of Insurance (CDOI), part of the Department of Regulatory Agencies (DORA), has released preliminary information for proposed health plans and premiums for 2019 for individuals and small groups. Colorado consumers can file formal comments on these plans through August 3.

### 2018 Companies Return for 2019

The same seven companies that offered on-exchange, individual plans are returning for 2019 - Anthem (as HMO Colorado), Bright Health, Cigna Health and Life, Denver Health Medical Plans, Friday Health Plans, Kaiser Foundation Health Plan of Colorado and Rocky Mountain HMO. And like in past years, this means that all counties in Colorado will have at least one on-exchange company selling individual health plans. "I'm very pleased to see that we kept the same seven companies selling on-exchange plans," said Interim Insurance Commissioner Michael Conway. "Last year we worked hard to keep them in Colorado and I think that work is reflected in their decisions for 2019."

### Smallest Increase in Years

For 2019 individual plans, the average premium increase request is 5.94 percent across all companies and metal levels. In the small group market, the average premium increase request is 7.15 percent. Remember, these are averages across all plans from all companies, across all areas of the state where a company offers plans, for all ages. These averages are not representative of how one individual's premium could change.

Looking closer, the requested average premium increase for individual gold plans is 6.85 percent, and is 12.30 percent for silver plans. For bronze plans, the requested average premium increase is 0.9 percent. In addition, for the first time in years, an insurance company is requesting a rate decrease for individual market plans for 2019. In fact, both companies under the Anthem umbrella, HMO Colorado and Rocky Mountain Hospital and Medical Service, requested average decreases: -0.44 percent for HMO Colorado, and -2.64

percent for Rocky Mountain Hospital and Medical Service.

"Last year we worked to keep the companies participating in Colorado in the individual market," continued Commissioner Conway. "Our efforts this year have concentrated on maintaining and furthering the stability we secured last year. Moving forward, we will be doubling down on our focus to address and attack the ever-increasing healthcare costs that drive premiums and push coverage out of reach for many. For too long Colorado consumers have been forced into the uncomfortable and oftentimes impossible position of paying for ever increasing healthcare costs."

### Challenges Continue

As in past years, challenges continue. Just last week, the Trump administration decided to freeze a key ACA program designed to discourage insurers from favoring healthy people over less healthy ones. "Decisions at the federal level continue to make life interesting," said Commissioner Conway. "But as we have in the past, we will find a solution to this most recent announcement. To that end, just this morning, I informed the insurance carriers that we will require that they account for their respective risk adjustment receivables or payables as they are reflected in the July 9, 2018 federal report. I will take any subsequent steps that are necessary to protect Coloradans and to maintain market stability."

### The Rate Review Process

The Division of Insurance will spend the summer reviewing these plans to make sure the requested premiums are neither too high nor too low, and ensuring that the plans comply with the Affordable Care Act (ACA) and state laws.

The Division of Insurance does not set insurance premiums, but will review what the companies submitted to determine if the requested increases or decreases are justified.

The Division of Insurance checks to make sure the premiums are sufficient for the company to continue to pay its members' claims. The Division of Insurance verifies whether the plans meet the metal tier

coverage levels: bronze (an average of about 60 percent of medical expenses paid by the plan), silver (70 percent), gold (80 percent) and platinum (90 percent).

The Division of Insurance also reviews the benefits and the plans' networks of healthcare providers to make sure that they meet state and federal requirements. The Division will release the final approved plans and premiums for 2019 in late summer / early fall, along with summary information and analysis.

### Preliminary 2019 Information

The information below on the number of plans and carriers and the requested premium changes for 2019 is preliminary. The information only reflects what the companies have requested, not the final approved plans for 2019. Any requested premium has to be justified by the insurance companies. For 2019, a total of **16** insurance companies plan to offer **808** individual and small group plans in Colorado. The average requested premium change for individual plans across all companies is a **5.94** percent increase, while in the small group market, the average requested change across all companies is a **7.15** percent increase.

### Comments

The plans and requested premiums from the insurance companies, also called filings, are available on the Division's ["Health Insurance Filings" web page](#) (click "Search Health Insurance Plan Filings" on that page). Note that these are very technical documents, so be prepared to spend some time on this process.

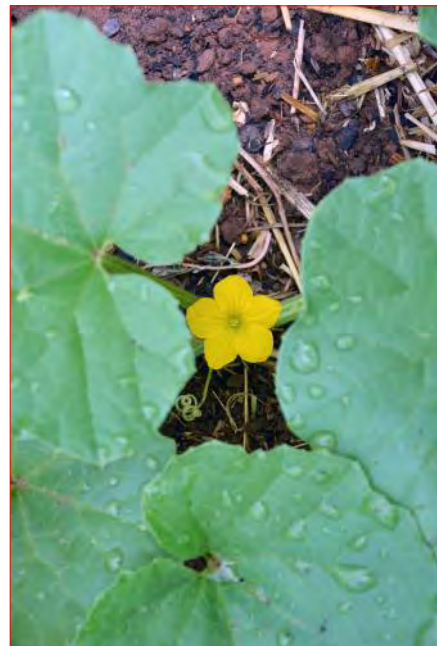
There is a step-by-step video guide (also available as a downloadable print guide) to help you navigate to the filings that interest you, to demonstrate how to find particular information in those filings, and to show you how you can submit comments.

After the Division releases the final, approved plans and premiums for 2019 in late summer / early fall, it will host a public meeting to discuss health insurance for the coming year.

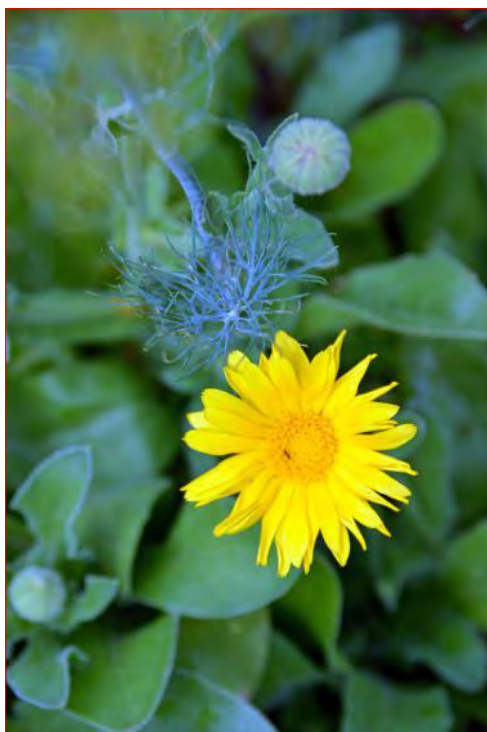
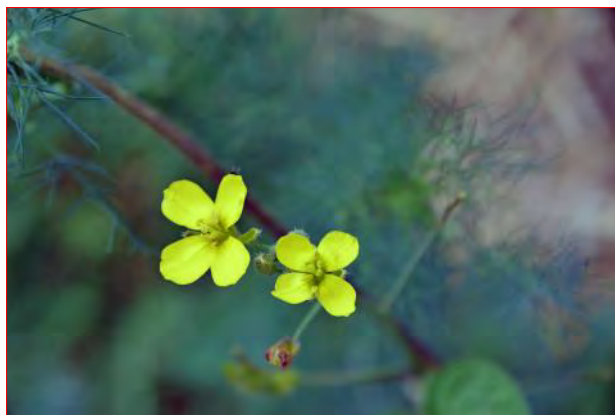
The date and location for this forum will be determined later this summer.



## READER PHOTO SPOTLIGHT: DEB REIMANN



*Fresh garden photos captured Sunday after a Saturday night rain...clockwise from top left, sunflowers and a hummer; a cucumber flower; flowering arugula; squash blossom; calendula flower.*





CONOCE TUS NÚMEROS

## Examen de Salud del Corazón

(siempre gratis y siempre confidencial)

Un pequeño pinchazo en el dedo y algunas preguntas de salud:

Colesterol total

HDL= Este es el colesterol "bueno"

LDL = Este es el colesterol "malo"

Trigliceridos

Glucosa en la sangre

Examen para la diabetes

Plan de acción para mejorar su salud

**LLAME PARA HACER UNA CITA HOY**

Darlene Mora, Trabajadora de salud comunitaria bilingüe  
970.708.4719 • [chw-olathe@tchnetwork.org](mailto:chw-olathe@tchnetwork.org)

**TRI-COUNTY HEALTH NETWORK**







KNOW YOUR NUMBERS

## Heart Health Screenings

(always free, always confidential)

A small prick of your finger  
& a few health questions:

Total Cholesterol

HDL & LDL

Triglycerides

Blood Glucose & A1c

Action Plan to Improve Your Health

**CALL FOR AN APPOINTMENT TODAY**

Darlene Mora, Bilingual Community Health Worker  
970.708.4719 • [chw-olathe@tchnetwork.org](mailto:chw-olathe@tchnetwork.org)

# TRI-COUNTY HEALTH NETWORK





## 610 ARTS COLLECTIVE FEATURES CONTEMPORARY 1850S PHOTO SHOW



*At left, Colorado artist Jeff Michalek hand applying ink to a final photographic print. Above, Michalek with his hand-built ultra large format camera. To view the show and meet the artist, there will be a gallery reception on July 22 at 6:10 p.m. with artist demonstration at 7 p.m. Courtesy photos.*

### *Special to Art & Sol*

RIDGWAY-Ridgway's new gallery, the 610 Arts Collective, features the work of, Colorado artist, Jeffrey Michalek throughout the month of July. To view the show and meet the artist, there will be a gallery reception on July 22 at 6:10 p.m. with an artist demonstration at 7 p.m.

Michalek's black & white photography blends the wet plate processes of the

1850s and the Rawlins Oil Printing process of the early 1900s. This show just returned from exhibition in Spain and is a chance to peek into the evolution of photography and celebrate its heritage as a historical art form.

Michalek's surrealist narrative is centered around situations and scenes that evoke the viewers curiosity and encourage them to explore their own version of the

story. Once he has created a scene and staged his model, a sequence of no less than 50 steps is required to create one image. From start to finish, each hand-crafted print is an original and can take anywhere from 20-30 hours to create.

The 610 Arts Collective is located at 610 Clinton Street in Ridgway, Colorado. Gallery hours are M-F, 10 a.m. to 5 p.m. or email [info@sherbino.org](mailto:info@sherbino.org) to schedule a viewing. For more information on Jeff Michalek, visit Black Archer Photo on Instagram.



## COMMUNITY NEWS BRIEFS: ARTS & CULTURE

### ASHLEIGH CAUDILL TO PERFORM @ PAVILION AUG. 12

#### *Special to Art & Sol*

MONTROSE-Celebrated folksinger, songwriter and multi-instrumentalist (and Montrose native) Ashleigh Caudill will perform at the Libraries of Montrose County Foundation Annual Concert, Sunday, Aug. 12, 3-5 p.m. Montrose Pavilion. Free tickets available at the Montrose Regional Library. Generously underwritten by: Home Loan State Bank, DMEA/Elevate, and the Friends of the Montrose Library.

### VALLEY FOOD PARTNERSHIP CELEBRATES VALLEY PRODUCERS

#### *Special to Art & Sol*

OLATHE-Some say they do farm-to-table, but the Valley Food Partnership lives farm to table. The farms and food producers in our river valleys produce an astounding array of high-quality products, even in a bad year. The Valley Food Partnership's mission is to get that high-quality local food to high-quality local folks. They take the good with the bad. Luckily there is always an abundant harvest from farms in this valley and if you are not convinced, then see for yourself, on Sat July 28th 5-10

PM, @ Lock, stock and Barrel Barn Venue in Olathe.

The VFP's annual Farm-to-Table event is designed to do just that - find the best the valley has to offer, invite a local celebrity chef to work some magic, pair with local wines, and serve in a restored, wood barn on a working farm. Farm to table events such as these showcase the beauty, diversity and resilience of our local food system especially during a challenging year. The 3rd annual Wine and Dine with the Vine fundraiser will be a four course, locally-

sourced meal paired with four home grown wines, live acoustic-country, and a cash bar. Proceeds will all benefit the VFP's Pharmacy RX program which provides local food and cooking classes to families in need.

"In this valley it's good to be a glutton," Jake Wilson, Partnership Manager at the Valley Food Partnership said, "we have good food, good neighbors, good times and a good cause."

Go to [www.valleyfoodpartnership.org](http://www.valleyfoodpartnership.org) for more information about local events.

### PHOTOGRAPHY OF DON PAULSON TO BE DISPLAYED @ THE WRIGHT

#### *Special to Art & Sol*

OURAY-The varied and amazing landscapes of the mountain west are the subject of Don Paulson's upcoming photography exhibit at the Wright Opera House in Ouray. Don is a lifelong photographer who resides in Ouray County and is curator of the Ouray County Historical Society Museum.

He has studied landscape photography with John Fielder and has won several awards for his work at the annual Artists' Alpine Holiday art show. His cameras of choice are a Nikon D70s SLR, or a Nikon D5200 with a Sigma DC 18-200mm lens. Don is also known for authoring and co-authoring three Southwest Colorado history books, *Narrow Gauge Railroad* in

the San Juan Triangle, *Mines, Miners and Much More*, and, *Peaks of the Uncompahgre*. A former Chemistry Professor at California State University, Los Angeles, Don now enjoys model railroading, hiking, and jeeping in the San Juan Mountains. Don's photography exhibit: *Landscapes of the Mountain West*, will be on display at the Wright Opera House, 472 Main Street, Ouray, from July 28 until Sept. 15.

An opening reception sponsored by the Friends of the Wright Opera House, and



*Don Paulson, courtesy photo.*

the Ouray County Arts Association will be held on Saturday, July 28, from 4-6 pm. Refreshments will be served and everyone is invited.

## COLORADO & NEW MEXICO NEWS BRIEFS

### THE 9<sup>TH</sup> ANNUAL C(3) FORUM IS ALMOST HERE

*Join us for a day of non-profit & funder networking, learning, collaborating*

#### *Special to Art & Sol*

LITTLETON – On July 26, the Colorado Association of Funders, Colorado Nonprofit Association and Community Resource Center will present the ninth annual C(3) Forum.

This year's Forum focusses on emphasizing interaction, engagement, and discussion amongst and between participants and panelists.

This full-day event will bring together nonprofit professionals and funders for conversation and learning. *C(3) Forum: Convergence* will provide the opportunity for individuals to participate in an evolving

conversation around the relationship between funders and nonprofits, and how both can enhance communication with the communities they seek to serve.

Programming will include a keynote address from Lindsay Austin Louie, the Project Director for Listen for Good and Program Officer for the Hewlett Foundation. This year's programming will also include breakout sessions on various issues, including How Funders Are Getting to Know Grantees, Community-Driven Grantmaking, Convening for Systems Change, Fail Better, Strategies for Better Communication, Redefining Roles, and Reimagining

Funder-Nonprofit Relationships. Sessions will be facilitated so that all participants learn from and with each other.

*C(3) Forum: Convergence* will take place July 26 from 9 am – 4:30 pm at Arapahoe Community College in Littleton. For more information and to RSVP visit <http://coloradoc3forum.org>.

*Community Resource Center (CRC) creates opportunities, tools and strategies to develop nonprofits and community groups to strengthen Colorado.*

*We are a mission driven nonprofit that offers a continuum of services throughout the state of Colorado.*

## ANNUAL FIESTAS DE TAOS ON THE TAOS PLAZA, JULY 20 - 22



*Photo courtesy Fiestas de Taos.*

#### *Special to Art & Sol*

TAOS-The Town of Taos' annual celebration, Fiestas de Taos, will take place this year, July 20 – 22, on the Historic Taos Plaza. Friday's festivities officially begin with the Fiesta Mass and Procession at Our Lady of Guadalupe Church at 5:30 p.m., followed by the opening ceremonies

at 7 p.m. on the plaza and conclude at 11 p.m. Saturday's events begin with the Children's Parade at 11 a.m. and will be followed by live music performances on the plaza and the family friendly Gran Baile at 8 p.m. Sunday's events will feature an 11 a.m. Historical Parade preceded by music and the closing ceremonies at 7 p.m. on

the plaza. This event is free and open to the public.

Between parades, opening and closing ceremonies and special masses, the Historic Taos Plaza will be buzzing with musical and dance performances scheduled every hour throughout the day, including performances from Mystic Dance, the UZ Band and Gonzalo. Additionally, there will be various craft and jewelry vendors, food and drinks and the annual crowning of the Fiestas Queen.

"Fiestas de Taos is such a fun tradition that brings the Taos community together," said Karina Armijo, Director of Marketing and Tourism for the Town of Taos. "We love to think of it as a time where locals can take a break from their busy schedules to enjoy the beautiful culture that makes Taos so unique."

Fiestas is a celebratory tradition passed from generation to generation, as a way of preserving the rich tri-cultural way of life that has developed in Taos over the last four centuries.

For more information, visit: <https://taos.org/what-to-do/arts-culture/spanish-culture/las-fiestas-de-taos>.





# DELTA DAYS

**JULY 26-29, 2018**  
**DELTA, COLORADO**

## THURSDAY, JULY 26

- **Farmer Rancher Luncheon** Sales Yard, 11:30 a.m.-1:30 p.m.
- **Altrusa Barbecue** Confluence Park, 5:00-7:30 p.m.
- **Color Run** Confluence Park, 7:00 p.m.
- **Movie in the Park** Confluence Park, Dusk

## FRIDAY, JULY 27

- **Rodeo** Roundup Club Arena
  - **Mutton Bustin'**, 7:00 p.m.
  - **Rodeo**, 8:00 p.m.

## SATURDAY, JULY 28

- **Parade** Main Street, 10:00 a.m.
- **Car Show** Confluence Park, 10:00 a.m.
- **Vendor Village** Confluence Park, 10:00 a.m.-4:00 p.m.
- **Street Dance** 4th & Main, 6:00-11:00 p.m.

## SUNDAY, JULY 29

- **Community Church Service**  
Confluence Park 10:00 a.m.
- **Abraham Connection Fundraiser Luncheon** after church



**DELTA AREA**  
CHAMBER OF COMMERCE

[www.deltacolorado.org](http://www.deltacolorado.org)



301 Main St. • Delta, CO • 970-874-8616



# Up Bear Creek by Art Goodtimes

## SAN JUAN COUNTY COMMISSIONER UNSEATED IN UTAH PRIMARY



**Mark Maryboy** (photo courtesy of Utah Dine Bikeyah).



**Larry Don Suckla** (photo courtesy of Montezuma County).

**BEARS EARS** ... Navajo tribal member and sitting San Juan District 3 County Commissioner Rebecca Benally lost her Democratic primary bid for a second term to former San Juan County Commissioner Mark Maryboy last month. Benally had sided with her two Republican colleagues repeatedly, including opposing the Bears Ears National Monument endorsed by the Bears Ears Inter-Tribal Coalition ... Maryboy's win comes on the heels of years of contention over unfair gerrymandering of school board and county commissioner districts in our neighboring Utah county ... In 13016 [2016 CE], federal court ruled that these districts were unconstitutional, and mandated new districts be drawn up. Last month's primary was the first election under these new federally-imposed voting districts. Navajos, who hold a majority of voters in the county according to the last census, had been represented by two Republicans and one Democrat under the old districts because the voting districts kept Republican majorities in two of the three. The new districts break down with District 1 having 11.1 percent Native-

Americans, District 2 65.6 percent, and District 3 79.9 percent.

**ROAD CLAIMS** ... Montezuma County is taking on the Feds. In a move that *Four Corners Free Press* editor Gail Binkley reported "supporters called significant but skeptics said was meaningless," the County Commissioners led by Larry Don Suckla adopted a resolution asserting that 17 roads and trails currently in the National Forest belonged to the county under the 1866 Revised Statute 2477. Although the act was repealed in 1976, claims involving roads and trails before then can theoretically be perfected as "valid existing rights." However, Congress has passed several administrative hurdles that in the end require court action to remedy. The projected cost of such an action has been prohibitive for small western counties with limited tax base ... Most Western Slope counties, including San Miguel, have roads they believe fit an RS 2477 claim. But most have been awaiting a less costly option or a test case to establish precedence before proceeding.

**FENS** ... Great story by Deanna Drew in the

*Telluride Magazine's* "Nature Notes" the current summer/fall issue about our monsoon-driven fens in the San Juan high country. With more than 2000 fens in the San Juan Mountains, according to Dr. Rory Cowie, senior hydrologist with the Silverton/Durango-based Mountain Studies Institute, these peat-producing wetlands "sequester atmospheric carbon dioxide, filter water and regulate water flow, and support high biodiversity including rare and endemic plant species whose main populations exist in the boreal forests of Alaska and Canada." Drew notes that "... these sensitive ecosystems are vulnerable to development activities such as dredging and filling that disturb their constant flow of groundwater, decrease their functionality, and dry them up over time. 'You can't build a fen,' says Cowie. 'It takes thousands of years for the soils in fens to develop.'"

**THE VALLEY** ... Just saw a draft version of Ron Melmon's documentary on the condemnation and purchase of the Valley Floor at the entrance to Telluride. As one of those interviewed, it's hard not to get emotional about what the citizens of this small mountain community did to preserve their headwaters gateway as open space in the face of grandiose luxury home&hotel plans of Neal Blue and the San Miguel Development Corporation ... But this is not only an amazing David & Goliath tale, it's a great film. Dazzling shots, smart directions, deft editing, even some old cinema tricks like split screens add up to a moving environmental success story ... A movie not to miss. Out to the festivals soon.

**COLORFUL** ... Telluride's really a screenplay-in-the-wings with a strictly Colorado palette: Allred develops, Neal Blue doesn't, Greene founds a community radio station and White puts out a slick



## *Up Bear Creek by Art Goodtimes*

glossy regional mag called *Mountainfreak*.

**FOUR BEST OF KEY WEST** ... 1. From Fort Lauderdale to Key West (and back), not one of any kind of bumpersticker for any cause seen on any car or truck ... 2. The stained glass of St. Paul's ... 3. B.O.'s Fishwagon (no walls, tin roof) fine fish eatery where a hen with 6 chicks clears the floor of crumbs & bugs ... 4. The 1913 Key West Tidal Gauge records showing that the ocean has come up 9 inches since then. —Doc Dachtler of Nevada City, California

## THE TALKING GOURD

### At the Anasazi Winery

as Sherwin Bitsui reads:

*...as they scrape double-plumed  
birdsongs from the beaks of drowned  
hummingbirds...*

a hummingbird enters  
flits about the poet's head  
perches on an orange extension cord  
in the winery eaves and  
then leaves  
darting into the open  
desert sky

a colorful word or two in its beak  
the rest remain  
invisible  
floating in the dry air  
seduced by his voice                      we  
tried to capture most of them  
keep them close in the soft  
cages of our minds

until no longer rarified or endangered  
until they've written themselves out  
become birdsong

free to leave of their own accord

-John Macker  
Santa Fe

## COMMUNITY NEWS BRIEFS: ARTS & RECREATION

### UPDATED CANCELLATION POLICY WILL BENEFIT CAMPERS AT COLORADO STATE PARKS

#### *Special to Art & Sol*

DENVER- Customers who need to cancel their campground reservations at a Colorado state park can now do so online at [cpwshop.com](http://cpwshop.com) or at 1-800-244-5613 at any time prior to or during their stay. The new policy allows greater flexibility for customers and helps CPW staff more easily track campground cancellations in real-time. The new system will also help CPW staff implementing the reservation-only camping pilot program allowing for last-minute reservations at six state parks.

The new rules are as follows:

**14 or more days prior to arrival:** Customers may cancel online or by phone and receive a full refund of the reservation use fees. (Customer is still charged the \$10 reservation fee and \$6 cancellation fee.)

**13 days prior to arrival through the day of arrival:** Customers may cancel online or by phone and receive a refund of the reservation use fees. (Customer is still charged the \$10 reservation fee and first night's use fee.)

**The day after arrival through the day of departure:** Customers may cancel online or by phone and receive a refund of the reservation use fees. (Customer is still charged the \$10 reservation fee and use fees for any nights the customer has stayed.)

Customers who wish to receive a refund outside of these rules will need to contact the park at which they have the reservation directly. Refunds of nights stayed, the reservation fee, or the cancellation fee will not be considered for bugs, bad weather, camp-fire bans, or low water levels.

### NUCLEAR CARE PARTNERS HOSTS HONORARY HOME RUN HANGOUT FOR FORMER ATOMIC AND URANIUM WORKERS

#### *Special to Art & Sol*

GRAND JUNCTION— All Former atomic and uranium workers are invited to attend an honorary Grand Junction Rockies baseball game, hosted by Nuclear Care Partners. There are thousands of former atomic workers and uranium miners in the Grand Valley that served their country's defense by working in the nuclear weapons development industry. To honor them, Nuclear Care Partners is hosting the Honorary Home Run Hangout. At the baseball game there will be food, giveaways, and special recognition. The event will take place on Thursday, July 19, at 7 p.m. at Suplizio

Field on 1315 North Ave. Former atomic workers are asked to RSVP by calling 970-243-8500. Since 1945, hundreds of thousands of men and women have served in more than 360 nuclear weapons facilities throughout the United States. Collectively they built more than 70,000 nuclear weapons to deter, and if necessary fight, a nuclear war. Many of these workers paid a high price for their service, including developing debilitating and sometimes fatal illnesses due to the exposure to radiation and toxic chemicals they endured. Nuclear Care Partners, an in-home care provider for former department of energy workers,

believes these individuals should be supported and recognized for their contributions to build the country's defense and keep Americans safe. "This appreciation night is just one way to show these men and women how much we appreciate them for enhancing our nation's security," said John Kelley, Community Outreach Manager at Nuclear Care Partners. "They sacrificed more than they knew and we are committed to ensuring their contributions are not forgotten." For more information about the event or to RSVP for tickets, please call Nuclear Care Partners at 970-243-8500.

### DON'T MISS THE 23RD ANNUAL BLACK CANYON QUILT SHOW JULY 20-22

#### *Special to Art & Sol*

MONTROSE-23rd Annual Black Canyon Quilt Show "Seasons of the San Juans" will be July 20—22, 2018, at the Montrose Pavilion, 1800 Pavilion Dr. Montrose. Hours are Friday & Saturday 9 a.m. to 5 p.m.; Sunday 10 a.m.—4 p.m. Adult Admission: \$4.

The 2018 Raffle Quilt (shown at right) is "San Juan Sunrise" 76" x 86." "Storm at Sea" blocks made by Black Canyon Quilt Show, Inc. Members, quilted by Gale Smith. Tickets \$1. 150+ Quilts, Classes, Lectures, Vendors, Scissor Sharpening, Demos, Appraisals, Boutique to benefit Kids Aid weekend meal program Class Registration, Show Entry Forms, Information @ [www.blackcanyonquiltshow.com](http://www.blackcanyonquiltshow.com).



The 2018 raffle quilt.



*Birds of a Feather*

**POP UP**

*Emporium*

509 E. Main Street  
(The Lark & Sparrow Building)

**July 14<sup>th</sup> - Aug 11<sup>th</sup> : 9am-1pm**

**LuLaRoe**

: Fashions by Lizz M :

**colorSTREET**

: Fabulous Nails by Sue & Julie :

**Silpada Jewelry**

: Jewelry by April :

**Senegence**

: Cosmetics by Ashleigh Allen :

**ChrisCross Designs**

: Designer Totes by Chris Whittaker :

**Vanilla Bear Soap Co.**

: Handcrafted Soaps by Nita Janssen :

**Linda Nadel Art**

: Watercolor Artist :

**Plunder Designs**

: Jewelry by Monica Huff Ping :

**Retro Crafts ReDo**

: Vintage Crafting, etc :  
Classic Craft & Pattern Books,  
Needles, Notions & Yarn  
Rubber Stamps, etc

**Birds of a Feather**

: Starfish Project & Premier Jewelry :

**Your Business**

: Handcrafted Quality :

**Presented by: The Lark & Sparrow LLC and Meek Ranch Inc**




[facebook.com/SherbinoTheater](https://facebook.com/SherbinoTheater)

For more information, visit  
**WWW.SHERBINO.ORG**












**Thursday - Sunday**  
**June 28**  
**- July 1**

**Tuesday**  
**July 3**

**Saturday**  
**July 7**

**Tuesday**  
**July 10**

**Wednesday**  
**July 11**

**Friday**  
**July 13**

**Saturday & Sunday**  
**July 14-15**

**Wednesday**  
**July 18**

**Wednesday**  
**July 25**

**Saturday**  
**July 28**



**Sherbino Theatre Company's LIVE THEATER Production of**  
**THE LITTLE PRINCE** (Appropriate for all ages)  
June 28th - June 30th @ 7:00 pm (showtime) (Doors Open 30 minutes prior)  
July 1st @ 4 pm (showtime) (Doors Open 30 minutes prior)  
Tickets, available in advance online at [www.sherbino.org](http://www.sherbino.org):  
Reserved Seats: \$20. Adults: \$15. Youth: \$8. Student \$12. Senior \$12.

**LIVE MUSIC: LEFT ON TENTH**  
Doors @ 7:30. Music around @ 8. \$5 Entry at the Door.



**OPEN MIC NIGHT**  
5-9 pm, 2 monitors & 2 mics provided, Entry By Donation

**LATIN FEVER STREET SALSA NIGHT**  
Doors and Salsa Lesson @ 6:30. DANCING begins @ 7. \$8 entry.



**SHERB TALK: DEMOCRACY & SOCIAL MEDIA WITH DR. RYAN MURPHY**  
Doors @ 7 pm. Talk @ 7:30 pm. \$10 Donation Suggested at Door.



**Alpine Bank's FREE FAMILY MOVIE NIGHT**  
**Free-Tured Film: A WRINKLE IN TIME**  
Doors 6:30 pm. Movie @ 7:00pm. FREE! Concessions & Bar Available!



**CHILDREN'S THEATER PERFORMANCES WILLY WONKA**  
Saturday @ 2 pm and 6 pm. Sunday @ 2 pm. By Donation.



**SHERB NERDS Trivia Night**  
Doors and cash bar at 6:30pm. Trivia at 7:00pm. Entry by donation.



**SHERB TRAVEL TALKS GLOBETROTTERS**  
Doors at 6:30pm. Talks at 7:00pm. Entry by Donation



**LIVER DOWN THE RIVER**  
Doors @ 7:30 pm. Music @ 8 pmm. \$10 at the Door.



# Hold the Date! Upcoming Business & Cultural Events

## CURRENT/ONGOING-

**DISABLED AMERICAN VETERANS** meeting every 3rd Thursday at 6 p.m. at Friendship Hall in Montrose. All veterans with at least a 10 percent service connected disability are welcome. For more information call [\(970\)964-4375](tel:9709644375).

## MONTROSE TOASTMASTERS

Meetings every 1st & 3rd Wednesday of each month at 6:30 pm at Proximity; 210 E Main St, Montrose, CO 81401.

**MONTROSE HISTORICAL MUSEUM**—"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2<sup>nd</sup> St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

## MONTROSE COUNTY GOP MEETING

6:30 p.m. second Thursday of each month.

MC-GOP Headquarters at 242 E. Main.

Information: 970-765-7406

## MONTROSE COUNTY REPUBLICAN WOMEN MEETING

Noon - third Fridays.

Hampton Inn, [1980 North Townsend Ave.](#)

Information: Dianna 970-249-0724

## MONTHLY-

**July 16--** Meet and greet new BLM SW District Manager, 11 a.m.-1 p.m., Bureau of Land Management Grand Junction Field Office, 2815 H Rd., Grand Junction, CO.

**July 16** - Montrose Center for the Arts presents Outdoor (en plein air) Oil Painting Workshop with Josh Been. Ute Indian Museum 9 - 4 p.m. Sign up online at [www.mca4arts.net](http://www.mca4arts.net) or call 249-5645 or 901-4204.

**July 17 - 20** Montrose Center for the Arts Plein Air Festival. Artists will compete in painting within a fifty mile radius of Montrose. Check in, July 17, 8:30 - 10 a.m. Registration open to July 9. Register online at [www.mca4arts.net](http://www.mca4arts.net) or call 249-5645 or 901-4204. For additional information, call 249-5645 or 901-4204.

**July 18**-Montrose Toastmasters, Proximity Space Montrose (210 E. Main) @ 6:30 to 7:30 p.m.,

**July 18** -"It's in the Details," a lecture presented by Black Canyon Quilt Show Judges, will explain the objective standards of workmanship and design used to evaluate quilts in competition. Whether you quilt for fun or competition, information presented will help attendees to produce their very best work. The judges will also announce the winner of the 2018 Black Canyon Quilt Show Best of Show ribbon and explain why the quilt was selected. . Holiday Inn Apex Room, 1391 South Townsend. 6 p.m. Cost: \$5 at the door.

**July 18** - Montrose Center for the Arts presents Frank Francese watercolor demonstration. Ute Indian Museum 4 p.m. Open to all. Admission payable online at [www.mca4arts.net](http://www.mca4arts.net) or at the door. For additional information, call 249-5645 or 901-4204.

**July 19--** Meet and greet new BLM SW District Manager--8-10 a.m., Montrose Public Lands Center, 2465 S. Townsend Ave., Montrose, CO.

**July 20-22**-Modernize Your Paintings and Fall in Love with Acrylics with Claudia Hartley. Registration for this class is \$395 and does not include materials.

**July 20—22:** Black Canyon Quilt Show at the Montrose Pavilion, 1800 Pavilion Dr. Show features: 200 Quilts, Vendors, Scissor Sharpening, Demonstrations, Boutique, Raffle Quilt, Lectures, Appraisals, and Classes. Visit [blackcanyonquiltshow.com](http://blackcanyonquiltshow.com) for more information. Show admission: \$4.

**July 20**-The History of Climbing in the San Juans with Pete Davis. Presented by Pete Davis, doors will open at 7, talk at 7:30. Entry by donation (suggested \$10).

**July 21** - Montrose Center for the Arts presents a Quick Draw & Silent Auction at Farmers Market. Watch artists paint from 10 a.m. – Noon. Completed paintings available to purchase in Silent Auction. Bids on original artwork closed at 1 p.m. Artists entries open to July 9. Register online at [www.mca4arts.net](http://www.mca4arts.net). For additional information, call 249-5645 or 901-4204.

**July 21** - Montrose Center for the Arts Plein Air Art Exhibit & Sale. Ute Indian Museum 10 a.m. - 3 p.m. Open to the public. Free Admission.

**July 22** - Montrose Center for the Arts Plein Air Art Exhibit & Sale. Ute Indian Museum 11 a.m. - 3 p.m. Open to the public. Free Admission.

**July 28**-Liver Down the River. Saturday, July 28th. Doors @ 7:30pm, Music @ 8 pm. \$10 entry at the door.

**July 29**-Montrose Altrusa Voice of the San Juan's competition (Blind auditions are July 29, Magic Circle Theatre) final performances at the Pavilion Sept. 15).

**Aug. 4**-Olathe Sweet Corn Festival! The Festival is proud to announce that Grammy Nominated Artist Eric Paslay will headline the 27<sup>th</sup> Annual event! The Olathe Sweet Corn Festival is proudly presented by City Market and Alpine Bank and is a component fund of the Montrose Community Foundation. For more information and online ticket sales please visit [www.olathesweetcornfest.com](http://www.olathesweetcornfest.com).

**Aug. 6--**Montrose Giving Club meets at the Bridges Golf & Country Club of Montrose, 5:30 p.m. Open to ALL women who can afford the \$100 donation and a \$10 hospitality fee.

**Aug. 7**-National Night Out, an annual community-building campaign that promotes police-community partnerships, will take place at Target on Tuesday, Aug. 7, 2018. Don't miss the opportunity to personally meet and greet local law enforcement members and first responders.

**Aug. 11 & 12--**34th Annual Ridgway Rendezvous Arts & Crafts Festival. The 34th Annual two-day festival comes to Ridgway's beautiful Hartwell Park every summer on the second weekend of August, showcasing fine arts and original crafts from up to 150 talented vendors from across the country. Art demos, free craft activities, great food and libations and family-friendly live entertainment round out the offerings, making this one of the Western Slope's most highly anticipated art shows of the season. Runs Saturday 9-5 and Sunday 10-4. Aug. 12-Celebrated folksinger, songwriter and multi-instrumentalist (and Montrose native) Ashleigh Caudill will perform at the Libraries of Montrose County Foundation Annual Concert, Sunday, Aug. 12, 3-5 p.m. Montrose Pavilion. Free tickets available at the Montrose Regional Library. Generously underwritten by: Home Loan State Bank, DMEA/Elevate, and the Friends of the Montrose Library.

**Aug. 13**-River of Lost Souls Reading, Monday, Aug. 13, Sherbino Theater, 604 Clinton St., Ridgway. Come meet and ask questions of author Jonathan P. Thompson about the gripping story behind the 2015 Gold King Mine disaster that turned the Animas River orange with sludge and toxic metals. Organized in cooperation with the Uncompahgre Watershed Partnership. For info: <http://www.uncompahgrewatershed.org/events/>

Contact the Montrose Mirror: 970-275-0646

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*Tubers stay cool in the Uncompahgre, Bill Ball and Jan Banta play music in front of the Lark & Sparrow during the Popup Emporium Saturday.*



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