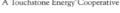
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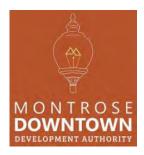
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Montrose Mirror

'Come on out and have a good time!' **NED LEDOUX @ MONTROSE COUNTY EVENT CENTER SATURDAY**



Get your tickets now for Ned Ledoux at the Montrose County Fairgrounds (1036 North Seventh Street) on Feb. 23. "Come on out and have a good time! I'm looking forward to it!" Ledoux said.

By Caitlin Switzer

MONTROSE- Artist Ned Ledoux takes the stage in Montrose on Feb. 23, to make history with a world class performance at the Montrose County Event Center. When the concert was announced earlier this year, Fairgrounds Manager Emily Sanchez said, "A concert of this caliber has been a long time coming. Ned LeDoux has multigenerational appeal, undisputed talent, and carries one of country music's most recognizable last names."

Ned follows in his father footsteps while carving out a niche in the music world that is all his own. "I started playing the drums when I was five or six," he told The Mirror. "I was in my own band by

Continued pg 3

TWO MONTROSE FUNERAL HOMES NOW IN NEW HANDS

Mirror staff report

MONTROSE-Two area funeral homes are now in new hands. The former Sunset Mesa Funeral Home has sold, but will no longer be used as a funeral home, Montrose County Coroner Thomas Canfield informed the Montrose Board of County Commissioners (BOCC) during the Feb. 11 work session.

Also under new ownership is the former Montrose Valley Funeral Home, most recently known as the Rose Funeral Home. The new owners also own other funeral homes, including Clifton's Affordable Memorial Care.



Details from the former Montrose Valley Funeral Home Building, now in new hands. New funeral home owners are remodeling the building, which dates to the 1930's. Photo by Gail Marvel.

"He has a license," Canfield told the BOCC. "I have put them on the rotation."

Funeral director Kyle Hamlin said that the new owners are remodeling the building at 505 South Second Street. "We do not have the (Valley Lawn) cemetery," Hamlin said, "But we will help folks the best we can there and get things figured out.

"Montrose has been through so much," Hamlin said. "My heart is broken for what Montrose has been through, and the hurt."

In nine years of business, Hamlin said, his company has never had even a complaint.

Art Goodtimes Up Bear Creek!

Reader Photo Spotlight

MHS Honor roll& Principal's Honor Roll! Olathe Sweet Com Festical





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<u>www.montrosemirror.com</u> <u>editor@montrosemirror.com</u>



NED LEDOUX @ MONTROSE COUNTY EVENT CENTER SATURDAY From page 1

by age 14."

Ned's father Chris Ledoux was a rodeo cowboy who rode his way to the top as 1976 bareback world champ. As a musician, Chris Ledoux's career as an independent singer/songwriter brought fame that has lasted long after his untimely death in 2005. Chris was the first person to be inducted into the Pro Rodeo Hall of Fame in Colorado Springs in two categories—as a bareback rider and as a "notable," for his contributions to the sport through his music.

His son takes that legacy seriously. Today Ned Ledoux is 41, fresh out of the studio where he and his band have finished recording his second album.

"That was real fun!" he said. Now, "We're just getting back in the swing of things. We played the Grizzly Rose in January, and we just played the Wyoming Governor's Ball—he's a good guy."

When not on the road, Ned lives in Northeastern Kansas. Naturally, he asked about the weather here in Montrose—though he has passed through in the past, he has not stopped here before.

"In Kansas, we've had a lot of freezing rain," Ledoux said. "I'd rather see a foot of snow on the ground than an inch or two of ice."

When he and his band hit the stage at the

Montrose County Event Center, expect things to heat up fast despite the February chill.

"We'll put on a high energy show," said Ledoux, who is known for playing rock and roll music as well as country, "It's going to be split—half of what we play will be my stuff, and half of it will be my dad's stuff.

"I am real excited that they invited us to play there," he said.

"Come on out and have a good time! I'm looking forward to it!"

Get your <u>tickets now for Ned Ledoux</u> at the Montrose County Fairgrounds (1036 North Seventh Street) on Feb. 23.

Doors open at 6:30 p.m.



CITY TO LOOK @ RIVER VALLEY INCENTIVES, RIVERWOOD IMPROVEMENTS



Montrose City Council will convene for a <u>work session</u> on Monday, Feb. 18 and a regular meeting on Tuesday, Feb. 19.

Mirror staff report

MONTROSE—Montrose City Council will convene for a <u>work session</u> on Monday, Feb. 18 and a <u>regular meeting</u> on Tuesday, Feb. 19.

WORK SESSION

Discussion items

Montrose City Council will discuss business incentives for River Valley Health Center at the regular work session of Monday, Feb. 18. Included are \$75K in job creation incentives, \$16,362 in Building Permit/Plan Check Fee Abatements (preapproved by City Manager Bill Bell), and \$27,705 in water and sewer tap fee abatements.

River Valley's permanent facility is expected to open at 1010 Rio Grande Avenue in Montrose in August.

Council will consider a **requested encroachment permit** to allow a porch cover and parking of personal vehicles on City property at Montrose Estates; City staff propose re-designating the 9,457 sq. ft. City "park" area as "right of way."

Also to be considered are the **2019 METSA Delegation of Authority Ordinance**; authorization of \$210K for the **purchase of three used pieces of equipment from auction**—a 6,000 lb Telehandler Fork
Lift, 4,000 gallon water truck, and midsized farm tractor.

Council will discuss the lease of a 35-acre city-owned parcel at 3645 North Townsend Avenue to Stephen Taylor for the raising of cattle. The work session packet

states, "An annual lease rate of \$1,000 is specified in the lease. As an alternative the staff is also proposing alternative considerations in lieu of a lease payment; a donation of \$1000 in processed meat to Sharing Ministries in Montrose or by providing 50 manhours (valued at \$20 per manhour) of education to community members on sustainable farming practices or any combination thereof equaling \$1,000 in value. These options provide a valu-

able community benefit in return for the use of the city-owned agricultural land."

Council will discuss the J & L Jones Addi-

tion annexation and the Peace Officer Mental Health Support Grant Program. Included in the work session packet is a Fourth Quarter Police Department Report. Items to be considered by Montrose City Council in future meetings and work sessions include: Second Reading of Ordinance 2463 on March 19; existing short-term rental regulations and possible additional short-term rental compliance processes on April 1; City Manager and City Attorney evaluations on April 2; Animal Control municipal code Revisions on April 15; Earth Week and Arbor Day proclama-

As yet unscheduled is a "Work Force Housing Discussion."

COUNCIL MEETING

tions on April 16.

Montrose City Council will convene for a regular meeting on Tuesday, Feb. 19.

NEW FERMENTED MALT BEVERAGE LIQ-UOR LICENSE

Council will consider approving an application for a new fermented malt beverage license at 3451 S. Rio Grande Avenue, Suite C, for Vitamin Cottage Natural Food Markets, Inc., doing business as Natural Grocers, for consumption off the licensed premises.

ORDINANCES 2466 & 2467

Council will consider approving Ordinances 2466 and 2467 on second reading, for annexation of the Ellsworth Addition and

zoning of the Ellsworth Addition as a large estate district.

ORDINANCE 2468

Council will consider approving Ordinance 2468 on second reading, vacating a portion of South Nevada Avenue within City limits.

RIVERWOOD SUBDIVISION

Council will consider adopting Resolution 2019-03, a Resolution of Intent to Create the Riverwood Estates Improvement District. Riverwood Subdivision is a 35-lot residential neighborhood located off Marine Road.

The neighborhood was created under Montrose County subdivision regulations in 1978 and has remained in the County ever since. Although the subdivision is not located within the City of Montrose City limits, it is located within the outermost extents of the City of Montrose's water service area.

Council will consider awarding a construction contract in the amount of \$411,809.16 to Williams Construction for the Riverwood Water Distribution System Construction Project.

MATERIAL RECOVERY FACILITY SERVICES AGREMENT

Council will consider approving a Material Recovery Facility Services Agreement between the City of Montrose and Waste Management of Colorado, Inc.

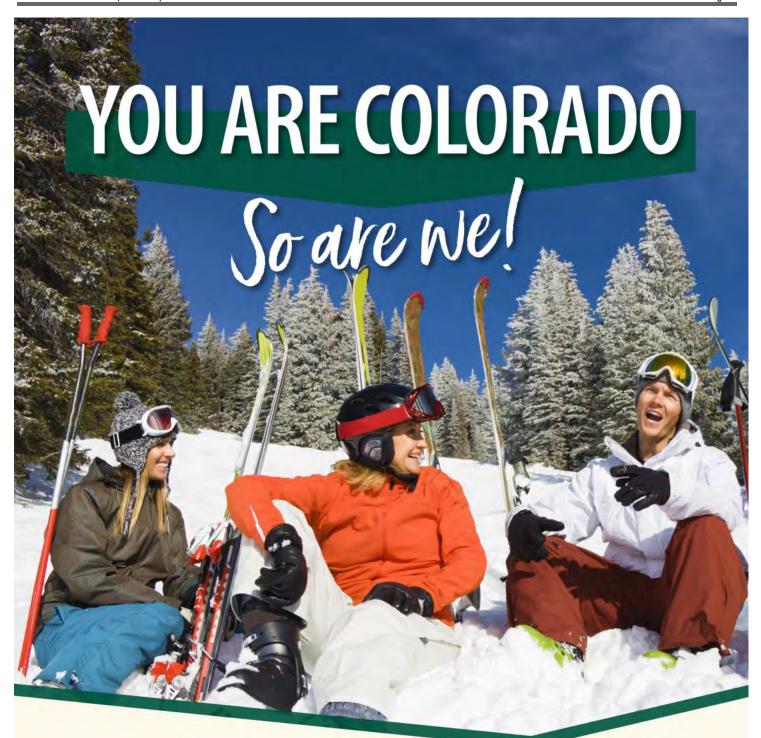
2019 CITY VEHICLE AND EQUIPMENT PURCHASES

Council will consider awarding the purchase of six light-duty trucks to Montrose Ford Nissan at a total cost of \$223,741; one medium-duty service truck from Sill-Terhar Motors at \$128,469; one golf course range cart with ball picker from Potestio Brothers Equipment at \$15, 080; and two police patrol vehicles from Sill-Terhar Motors at a total cost of \$110,984.

MANHOLE LINING SERVICES CONTRACT EXTENSION

Council will consider approving a contract renewal with Concrete Conservation, Inc., not to exceed \$80,000, for the 2019 manhole rehabilitation program.

Following staff reports and comments, Council will adjourn.



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OLATHE SWEET CORN FESTIVAL CONSIDERING NEW VENUE

Mirror staff report

MONTROSE-One of the region's best-known festivals could relocate to a new venue next year. Though no decision has yet been made, the Olathe Sweet Corn Festival is considering a move from Olathe's festival park to the Montrose County Event Center in 2019. For more than 25 years, the popular festival has showcased a delicious local agricultural product, "Olathe Sweet" Sweet Corn.

At the Montrose County Board of Commissioners' Work Session of Feb. 11, Festival Chair Kyle Martinez told commissioners that he has let the Town of Olathe know that the move is being considered. "We're doing a quick assessment...we did

a tour...we're looking at our options there."

Even if not located in the heart of Olathe, the festival will continue to put needed funds back into the Olathe community, Martinez said. "We're just doing an analysis," Martinez told the *Mirror* on Feb. 14. "We want to see which place will be best for the viability of the festival."

Expect a decision sometime in the next two weeks, he said. Once a final decision is made as to the venue, the 2019 Olathe Sweet Corn Festival entertainment lineup will be released.

At right, Amara and Brendan Compton enjoy delicious sweet corn at the 2018 Olathe Sweet Corn Festival. Photo by Nancy Gibbins.



REGIONAL NEWS BRIEFS

CITY TO HOST SALES TAX CLASS

Special to the Mirror
MONTROSE — The City of Montrose is hosting a sales and use tax class on Feb. 20 from Noon to 2 pm., in the Centennial Room at 433 S. 1st Street, just off Centennial Plaza.

The class is for those who have to file a sales tax return and may have specific questions about sales and use taxes. For more information contact Becky Scriffiny at 970.240.1465.







The American Podiatric Medical Association states:
"Only a small percentage of the population is born
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REGIONAL NEWS BRIEFS

CITY OFFICES TO CLOSE ON PRESIDENTS DAY FEB. 18

Special to the Mirror

MONTROSE-In observance of Presidents Day, Montrose City Hall, Municipal Court, Animal Shelter, Visitor Center, City Shop, Montrose Pavilion, Black Canyon Golf Course and Police Department will close Monday, Feb. 18.

Police department offices will be closed, however, officers will be on duty and re-

sponding to calls.

Monday's trash route is the only affected trash route. Residences with Monday, Feb. 18 collection, trash pickup will occur on Tuesday, Feb. 19 and Wednesday, Feb. 20.

Residents South of San Juan, which is normally on Monday's route, will be pickup Tuesday, Feb. 19. Residents North of San Juan, which is normally on Monday's route, will be picked up Wednesday, Feb. 20.

Customers with Monday, February 18 recycling collection, pickup will occur Friday, Feb. 22.

For more information contact City Hall at 970.240.1400, or visit CityOfMontrose.org.

NEW ADMINISTRATION HOURS FOR MCSO

Special to the Mirror
MONTROSE- The Montrose County
Sheriff's Office (MCSO) is extending
office hours to increase convenience
for the public. Starting Tuesday, Feb.
19, the MCSO east end office (1200
North Grand Avenue) will be open
Monday to Thursday from 7am to
6pm and Friday from 7am to
5pm. The records division will be
open from 7am to 5pm on Monday
to Friday. The west end substation
(27700 DD Road) will be open from
Monday to Thursday from 7am to
6pm and closed on Fridays.

"I feel this change provides the best of both worlds—it offers employees flexibility in their work schedules while better meeting the needs of the public," said Sheriff Gene Lillard. "I know how challenging it is to handle personal business while working full-time and I hope this change alleviates some of that stress for the public."

The MCSO's administration office provides key services such as civil process, records, conceal handgun permits, fingerprinting services, sex offender registration, VIN inspections, and more. For more information on the MCSO, please visit montrosecountysheriffsoffice.com.

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2019 MMH Health Fair

Saturday, February 23 at Montrose Pavilion From 6:30 a.m. - 12 noon. No appointment necessary.

Event includes:

- Vision Screening
- Foot Screening
- Hearing Screening
- · Nutrition Information
- · Bone Density Screening
- Consults for Early Blood Draw Results*
 - *Bring Your Results between 7:00 am and 11:00 am
- Skin Cancer Spot Checks
 9:00 am 12:00 noon

Blood Draws until 11:00 a.m.

- HealthScreen (Chemistry) & Lipid Profile ~ \$45 (includes iron binding, TSH and Ferritin)
- Hemoglobin A1C ~ \$35 (additional screening for diabetes)
- PSA for Prostate Health ~ \$30
 - CBC ~ \$20 (complete blood count)
- · Vitamin D Screening ~ \$40
 - Vitamin B-12 ~ \$40
- Male Testosterone ~ \$45

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REGIONAL NEWS BRIEFS



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US 550 Access Plan

from the Ouray County line to Niagara Road

Thursday, March 7, 2019 5:00 - 7:00 PM

Montrose County Public Works Office

63160 Lasalle Road Montrose, CO 81401

For more information, contact:
Andrew Amend
Stolfus & Associates, Inc.
(303) 221-2330
andrew@stolfusandassociates.com

CRIMESTOPPERS ALERT: SUSPECT BURGLARIZES MONTROSE COUNTY MAINTENANCE BUILDING



Montrose Regional Crime Stoppers

MONTROSE-Montrose Regional Crime Stoppers, Inc. and the Montrose County Sheriff's Office are seeking the help of citizens to identify and locate the suspect(s) who committed a Burglary from Montrose County maintenance buildings at 1036 North 7th Street and 949 North 2nd Street, in Montrose.

On Jan. 26, 2019, at approximately 8:51 p.m., a male on a bicycle was photographed by on site security cameras breaking a window and entering a building owned and occupied by Montrose County. The male party was also photographed leaving the area with a plasma cutter and a generator.

Anyone with information about this crime or the identity of the perpetrator(s) or any other crimes may call Crime Stoppers anonymously at 970-249-8500, use the free mobile app P3 Tips, or provide information via P3tips.com. Crime Stoppers wants your information, not your identity. If the Tip results in an arrest, the Tipster may receive a cash award. For additional information, please view our Facebook page, www.facebook.com/

<u>montroseregionalcrimestoppers</u>. Crime prevention and crime solution are everyone's responsibility.



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OPINION/EDITORIAL: LETTERS

LEARN MORE ABOUT A CONVENTION OF STATES

Dear Editor:

In 1789, the People of the United States, in Congress, in order to secure the blessings of liberty for themselves and posterity, established and ordained the Constitution of the United States. This Constitution was established as the law of the land, and it remains in full force and effect to this day.

Amendments to this Constitution had to be approved by two-thirds of Congress and three-fourths of the state legislatures to be approved as part of this Constitution. The first ten amendments are the Bill of Rights approved on September 25, 1789. The twenty-seventh was approved on May 7, 1992.

The Constitution in Article V established a pathway for the states to secure amendments on their own initiative as a Convention of States. If two thirds of the commissioners at a Convention of States approve a valid amendment which is then ratified by three fourths of the state legislatures; that amendment becomes a part of the Constitution. There is no need for Congressional approval.

The power of the Convention of States is well known in Congress. State Legislatures conceive it as a way to bypass Congress to gain their own state initiatives. President Trump and the new Congress may, themselves, evoke some of the recommendations from the Convention of States. You can learn more, sign the petition and volunteer at conventionofstates.com.

Joe Fockler, Montrose Article V Perspectives Sponsored by

Colorado Convention of States Action

For more information contact jfockler53@gmail.com



RE-1J BOARD APPROVES VISTA CHARTER RENEWAL, DISTRICT RECEIVES \$1.6M SAFETY GRANT



RE-1J Spelling Bee Champions Vance Couturier (first place), Luke Gore (second place,) asked the Board of Education to spell "mille feuille" and "felicitously."

By Caitlin Switzer

MONTROSE-The Montrose County RE-1J Board of Education had a visit from the District's Spelling Bee Champions Vance Couturier (first place), Luke Gore (second place,) and John Cruz (third place), at the regular meeting of Feb. 12. All school board directors were present at the meeting.

STUDENT SPOTLIGHT

District Gifted & Talented Coordinator John Steele introduced Couturier, who is in eight grade, and Gore, who is in fifth grade, to the Board of Education; Steele said that Vance has won the District Spelling Bee for three years in a row.

"There was some really fierce competition," he said.

The champions asked the Board of Education to spell two words, "mille feuille" and "felicitously."

District F Director Phoene Benziger, a judge for the district spelling bee, asked several questions about the first word.

"It starts with 'M," District F Director Sarah Fishering said.

Said Benziger, "Let's be clear. We didn't give you guys these hard of words the other night.

"Can you use it in a sentence?"

Also introduced was Cruz, who is in the seventh grade at Centennial Middle School.

"I'm so proud of you guys!" Benziger said. ALTRUSA APPLE AWARDS & COMMUNITY DONATIONS

Altrusan Gail Kubik presented Apple Awards to Second Grade Teacher Sonya Roberts of Pomona Elementary School and Sixth Grade Teacher Kyle Miller of Centennial Middle School.

Roberts is respected by her peers, and a very important part of the Pomona team, Kubik said.

At Centennial, Miller is the "go-to" teacher for sixth grade, she said.

District donations this month have included winter hats, gloves, ski gloves, and scarves for elementary students, donated for the 19th year in a row by Bret and Brooke Edecker of Canyon Chiropractic. The San Juan Mountain Runners donated \$1,000 toward the Oak Grove Elementary School Playground project.

Oak Grove Elementary was awarded a \$2,500 Montrose Community Foundation grant for playground purchases and repairs; the Colorado Trust contributed a \$1,500 scholarship donation for the Cinco de Mayo Festival.

CELEBRATIONS & STAFF RECOGNITION

Montrose and Olathe NJROTC won Navy State Championships for fourth straight year. Regionals are Feb. 23 in Las Vegas.

Tyler Vincent was named the Dairy Max CHSAA Assistant Coach of the Month for



Centennial Middle School 7th grader John Cruz won third place in the District Spelling Bee.

January.

A representative from Apple Corporation spoke about Columbine Middle School's status as one of four Apple Distinguished Schools in Colorado. Columbine Principal Ben Stephenson said he was in Philadelphia last week. "Not only is Columbine doing great things, but a lot of schools are doing really great stuff," he said. Stephenson said his motto is, "Get good people and get out of the way."

Montrose High School Assistant Principal James Pavlich recognized two MHS staffers, Special Education Teacher Nancy Morris and ELL Paraprofessional Beatrice Lorenza Trevino. "Congratulations to both of you," Benziger said.

OLATHE TRACK PROJECT

RE-1J Property Services Director Philip Bailey presented information on improvements to the track at Olathe Middle/High School, where efforts to enhance drainage and add handicap ramps have led to other improvements. Bailey discussed the possibility of adding a press box along with the new bleachers and refinishing the track. "We're trying to encompass a lot in this," he said.

Though no action was to be taken, Bailey asked the Board of Education for preliminary approval to have a design prepared by Del-Mont Consultants. By next year at this time, the district would be looking to lock in contractors for the \$2.5M project, Bailey said. "I want to direct Del-Mont on a budget."

Continued next pg

RE-1J BOARD APPROVES VISTA CHARTER RENEWAL, DISTRICT RECEIVES \$1.6M SAFETY GRANT From previous pg

SAFETY GRANT UPDATE

RE-1J Schools will receive a School Security Disbursement Grant in the amount of \$1.6M. Of four projects for which funding was sought, two were funded—access controls and training for school resource officers. Of the 105 Colorado schools that pursued School Security Disbursement Grants, RE-1J Schools received the largest award.

The strength of the District's grant application was in matching funds, Pavlich said. "We double our money with this grant," Bailey said.

Benziger commended Superintendent Stephen Schiell for initiating the District's ongoing safety improvements. "Good job."

RE-1J Board President Tom West said, "At this time last year we weren't even thinking about this."

OLD BUSINESS

The Board of Education unanimously approved the following revised board policies:

<u>DEA, Funds from Local Tax Sources</u> <u>EEAG, Student Transportation in Private</u> <u>Vehicles</u>

JICEC, Student Distribution of Noncurricular Materials

JICEC-R, Student Distribution of Noncurricular Materials

JJA-1, Student Organizations

JJA-2, Student Organizations - Open Forum

JLCD, Administering Medications to Students

KDB-R, Public's Right to Know/Freedom of Information

ENROLLMENT REPORT & QUARTERLY FINANCIALS

RE-1J Director of Finance Adam Rogers presented an enrollment report. "Three of our schools lost 55 students," Rogers said. As a whole the District is currently down by 30 students. Johnson Elementary has lost 12 students, Montrose High School 26 students, and PEAK Academy has lost 17 students, he said.

Rogers presented a <u>quarterly financial</u> <u>report</u> and <u>investment information</u>. "Now that we don't have the auditors breathing down our necks we're going to start mov-

ing money around," he said.

ECC UPDATE

In the absence of ECC Director Penny Harris, there was no presentation, though the <u>information Harris would have presented</u> was included in the board packet.

CONSENT AGENDA

<u>Consent Agenda</u> items were unanimously approved.

VISTA CHARTER SCHOOL RENEWAL AP-PLICATION

Vista Charter School Principal Emily Mac-Niven asked the Board of Education to approve Vista's <u>application for renewal of</u> <u>charter</u>, submitted Dec. 6. The board voted unanimously to approve the application. MacNiven said, "On behalf of my staff and also me, thank you."

BOARD POLICY REVIEW-FIRST READING

The Board of Education reviewed the following policies:

GBEB-R2, Staff Conduct - New regulation

per CASB recommendation

GDE/GDF-R, Support Staff Recruiting/
Hiring

<u>KDBA-E, Parent Notification of Employee</u> <u>Criminal Charges</u>

District B Director Jacob Suppes questioned why second-degree assault was exempted from the notification requirement in Policy GBEB-R2; "Second-degree assault is a felony," Suppes said.

PERSONNEL REPORT

Human Resources Director Michelle Pottorff presented a <u>personnel report</u>. Teachers displaced by a recent restructuring are being re-placed; the District's oncall substitute list is being cleaned up and updated, Pottorff said. Directors unanimously approved the personnel report and a job description for <u>Olathe Campus Engagement Center teacher</u>. Following a brief discussion of teacher retirements, which are fewer than usual this year, the meeting was adjourned.

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Tuesday, February 26 6:00 - 7:00 pm MMH Conference Rooms A & B





OPINION/EDITORIAL: LETTERS

WE DO NEED MORE WILDERNESS TO BE DESIGNATED

Editor:

I am writing to add to Jim Stephenson's excellent rebuttal to Ruth L. Sendecki's "No More Wilderness" letter to the editor. I would like to go beyond and respond to her obsolete and too often used cliche that older people, people with disabilities, and wounded veterans as being prohibited from visiting our outstanding Wilderness Areas when motorized recreation is forbidden.

I too carry an AARP card. I have two knee replacements and one hip replacement. Yet I still hike, backpack, and run river trips in rafts, and we love to share with our grandkids so they can learn and love the wilderness themselves. It saddens me when people make excuses, on age or disability, why they don't want to experience wilderness on its own merits. I am happy to know an area is set aside and protected, even if I never have an opportunity to visit those lands.

As to disabled veterans not being able to visit our public lands, one needs only to do a little research. The Wounded Warrior Project has teamed up with the outdoor equipment company REI to offer lessons in backpacking. The defense contractor Raytheon also teams up with the Wounded

Warrior Project in backpacking, mountaineering, and rafting trips into places like the Grand Canyon and Wind River Range of We don western Wyoming. A group called Huts for Vets, located in Aspen, offers a free therapy program covering ALL expenses for vets including transportation. Their motto is "Wilderness healing for veterans". Wilderness allows the disabled to learn that they really aren't "disabled".

There is a finite supply of wilderness left in our country. Part of what made the United States so special is the natural landscape that we, unlike Europe or other countries, were the first to recognize the importance of setting lands aside for the present and future generations, in as unspoiled condition as possible.

Wilderness is not just scenery, nor is it just a haven for wildlife, nor is it land primarily set aside for physical outdoor recreation. It is a world of the spiritual. A place where one can become closer with his/her personal beliefs. A place to separate us from a world of human dominance, from industrial noise (including the sound of motorized recreationists), and to allow us to return to our roots in nature. And it is a world of the forest, the tundra, the desert - where biological and geologi-

cal ecosystems can evolve unimpeded by mankind.

We do need more wilderness to be designated by Congress as Wilderness.

And yes, it is in the best interest of western Colorado residents as well as all citizens of the United States as well as foreign visitors. We can drive a road to the top of Pike's Peak. We can drive into Yankee Boy Basin during wildflower season (yes it will remain open). And yes, in some areas, due to wildlife concerns, unstable soils, cultural and paleontological resources, some motorized roads/trails may need to be closed on the public lands. But that is not planned for those lands in the Whitehouse Wilderness addition. But once we have lost wilderness, we have lost Wilderness. We cannot create more. It is gone.

So use the roads and trails that are legally open to motorized and mechanical access.

But as you drive the Alpine Loop Road, or other routes on the Western Slope, take a moment to realize that you are enjoying scenery much of which has been designated as Wilderness. Sure beats looking at an open pit mine at Climax.

Sincerely, Jon Sering, Montrose

MEDIA MUTE AS OBAMA DISMANTLED MILITARY

Editor:

We hear the ranting from the political left and their news partners about President Trump firing top aides including retired military commanders.

But did you hear about the eight active senior commanding generals that Obama fired in 2013 alone? No, the compliant news media was mute. This was during the time Obama was dismantling the military he hated so much. He used the most pathetic reasons imaginable for the firings or harassment.

Gen. Carter Hamm, Army, was extremely critical of the Obama administration and was fired in April 2013. Rear Adm. Charles Gaouette, Navy was accused of "using

profanity" and "insensitive" comments. Administrative penalties ended his career. Maj. Gen. Rlph Baker, Army, was accused of "groping" a civilian and relieved of his command. Brigadier Gen. Bryan Roberts, Army was accused of adultery and relieved of duty. Maj. Gen. Gregg A. Sturdevant, Marine Corps, fired for failure to use proper "force protection"(?). Maj. Gen. Charles M.M. Gurganus, Marine Corps, questioned having to fight alongside Afghan patrols after two officers were excuted at their desk. He was purged for speaking out. Lt. Gen. David Holmes Huntoon Jr, Army, accused of "improper relationship" and censored. Major Gen. Michael Carry, Air Force, fired for "personal

behavior". The list goes on and on.
Former U.S. Army Maj. Gen Paul Valley was fired as an outspoken critic of the Obama administration. He made it known the White House failed to investigate its own, but found it easy to fire military commanders who have given their lives for their country.

He stated Obama did not purge a political appointee if they bought into his ideology and said the White House protecting it's own is why they prevented investigations into the Fast and Furious scandal, Benghazi, and Obamacare. And that he intentionally weakened and gutted our military to reduce us as a superpower. *Jerry Bartholome Montrose*

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REGIONAL NEWS BRIEFS

ALPINE BANK'S LISA ISAACSON EARNS CFP®



Alpine Bank Vice President and Wealth Management Client Executive Lisa Isaacson has just received her prestigious Certified Financial Planner™ or CFP® certification. Courtesy photo.

Special to the Mirror

REGIONAL-Alpine Bank Vice President and Wealth Management Client Executive Lisa Isaacson has just received her prestigious Certified Financial Planner™ or CFP® certification. Lisa is one of a select few individuals worldwide who have met the rigorous ethical requirements, base of experience, course of study and marathon exam as demanded by the CFP® Board.

"Earning the CFP has broadened and deepened my level of knowledge allowing me to better serve clients and help them achieve their goals...which is the ultimate purpose of a financial planner," Isaacson said.

On average, it takes 1,000 hours of study to complete the coursework and then pass the seven-hour exam. Lisa's curriculum covered the financial planning process, risk management, investments, tax planning and management, retirement and employee benefits, and estate planning. CFP® professionals also agree to meet ongoing continuing education requirements and to uphold the CFP Board's Code of Ethics and Professional Responsibility, Rules of Conduct and Financial Planning Practice Standards.

Lisa, who joined Alpine Bank in 2018, has spent over 25 years in the accounting field working in a variety of industries. She expanded her focus by transitioning into financial planning/wealth management three years ago. In addition to her CFP® certification, Lisa has earned Personal Financial Specialist (PFS) and Certified Public Accountant (CPA) credentials.

She serves Wealth Management clients in the greater Montrose, Delta, Ridgway and Ouray communities.

WHITMORE NAMED FIRST FEMALE BOARD OFFICER TO COLORADO RIVER DISTRICT BOARD

Special to the MIrror

MONTROSE-Montrose County Attorney Martha Whitmore was appointed Vice President of the Colorado River District's Board of Directors at the recent first quarter meeting. Whitmore serves as the appointed representative for Ouray County. Her election to the board makes her the first woman to serve as a board officer in the district's 82-year history.

"I have had the pleasure of serving on several boards in my past, but this appointment is certainly an honor," said Whitmore. "I am humbled to hold the title of Vice President for the Colorado River District Board, and even more honored to be elected by my peers. I look forward to working with the river district to protect the best interests of the Colorado River and the Western Slope."

Whitmore serves as the Montrose County Attorney; however, she resides in Ouray County. Whitmore has practiced law in Colorado since 1978, primarily in water, environmental permitting and compliance, public lands and natural resources. Her experience includes representation of municipal water providers and other water users on both sides of the Continental Divide. Whitmore is the co-chair of the Club 20 Water Committee.

Whitmore has served as Chief Deputy

Attorney General for the State of Colorado under Attorney General Gale Norton; as General Counsel to the U.S. Senate Committee on Commerce, Science, and Transportation during the chairmanship of Senator John McCain; and as an appointee in the George W. Bush Administration, working for Secretary Gale Norton as Special Assistant to the Secretary of the Interior, and chairing the Everglades Restoration Task Force.

Whitmore's term on the Colorado River District's Board expires in January of 2021. For more information on the Colorado River District, please visit https://www.coloradoriverdistrict.org/

OPINION/EDITORIAL: LETTERS

KEEP STATE OUT OF SEX ED BUSINESS; KEEP 'BAD SCIENCE' OUT OF SCHOOLS

Editor:

The usual evil of a bill like this is in the details! No, it does not demand any school system teach sex education, but it does demand that if they do teach sex education they are required to teach the mandates of this bill. How convenient! If a school wants funding to teach sex education, they must teach all the 'bad science' involved in the LGBLTQ lifestyle and many other alphabetically tagged lifestyles, to boot. Mr. Coram listed all that stuff, as well as some legitimate stuff, quite adequately.

In nothing said by him is there any indication that he even recognized my position that the State Government of Colorado and the local municipalities thereof absent themselves from the sex education business, other than pure science of it, altogether.

Government, government monies and government incentives do not belong in the public schools AT ALL. This is quite obvious by recognizing that the politicians have not chosen to learn about the issue through the extensive research that the medical profession has already done, instead making our schools a laboratory for 'bad science'.

These lifestyles are not justified by any legitimate scientific studies but, in fact, are just 'bad science.' They should therefore be excluded from any forum where fact is supposed to outweigh fiction. In high school, only English Literature is entitled to teach fiction!

I understand that the East Slope of our beloved state is literally "lit up" in opposition to this HB 1032.

Why is this West Slope, ostensibly a bastion of conservatism and of Christianity,

not similarly upset by it? Are the seventy or so preachers of the gospel in Montrose not incensed by it? Do our parents not care what our kids are taught?

This is not an issue of what a couple do in their bedroom; it is an issue of what is taught to the impressionable youngster in school.

A fella by the name of Jamie Shupe, famous or infamous as a poster boy turned girl for trans-genderism a few years back has returned to the public eye opposing his original stand. After going from 'guy to girl and back to guy' he now has renounced his trans-travel in the Federalist. I quote the following: "I (now) believe that gender identity is a fraud perpetuated by psychiatry the likes of something the United States and other nations haven't experienced since the lobotomy era. As a result I have returned to my male birth sex...I no longer identify as a transgender or non-binary person and renounce all ties to transgenderism." Further, "I will not be a party to advancing harmful gender ideologies that are ruining lives, causing deaths and

contributing to the sterilization and mutilation of gender-confused children."....."My history making and landmark sex change to non-binary was a fraud based on the pseudoscience of gender identity. I am and always have been a male." I would say he has had an epiphany but he cannot undo what has been done to his body.

Now we all cannot be doctors and if we could, we could not all be urologists or psychiatrists. But we can, if we have half a brain in working order, leave the medical evaluations to the professionals as work in Johns Hopkins and the Universi-

ties of the nation, instead of a bunch of half-baked libitards who just want to feel good about something at least for a little while. If that is their goal, let them study the issue first before blowing smoke at everybody.

Let them try this 'bad science' on themselves before they try to foist it off on our kids and especially the public school kids who cannot 'dodge the class.' Even Hitler's Nazis did not experiment on their own kids, they did it in the concentration camps where the lives of the people after experimentation did not matter.

Insofar as the lobotomy kick of the 1950's, tell me about it! It was the 'bad science' cure for violent behavior both for criminals and for 'combat fatigue' veterans. A lobotomy surgically kills a lobe or two of the brain, removing violent emotions. From its effects there is no return. My uncle had one. The Veteran's Administration would not perform the 'bad science' so my undoubtedly wellmeaning-but-ignorant-know-it-all grandmother got it done privately. My family lived with "One Flew Over The CooKoo's Nest' until he died. My cousin essentially had no father after the lobotomy. Go see the movie. Mr. Shupe draws an uncannily accurate parallel.

Mr. Coram, with all due respect to your office, this bill should never be brought to a vote, period. With or without modifications as you might try. It should have been killed in its embryonic state.

It should receive absolutely no intelligent Republican support and any God fearing Republican (or Democrat for that matter) that lends their support to it should be shown the door at the next election. Bill Bennett, Montrose



OPINION/EDITORIAL: COMMENTARY

IF YOU ARE NOT AT THE TABLE, YOU ARE ON THE MENU



Senator Don Coram. Courtesy photo.

By Colorado Senator Don Coram (R-Dist. 6)
Here are the simple facts, when one political party controls both chambers and the Governor's office. It can pass anything they lock down on. Reality is "The Minority gets it's say and the Majority gets it's way."

As you read this article the General Assembly will be 25% of the maximum time that is can be open. This week we will be discussing the Supplemental Budget for 2018-2019. Revenue for the year is about 1.1 billion dollars over projections. 346 million will go in to adjusting budgets and some departments will get more money, while others will have their budget reduced. 810 million will go in to a reserve for 2019-2020 budget.

The most talked about bills on Capitol Hill and around the State are National Popular Vote and Comprehensive Sex Education. The NPV is a proposal for the idea that States form a compact to commit their Electoral College votes to the candidate who receives the most votes Nationally. The agreement would take effect when the joining States reach 270 electoral votes. This is more than half of the 538 electoral votes cast. It has passed in 12 States with 172 electoral votes. It has

passed the Senate on party line vote. Colorado will soon be the next State.

Comprehensive Sex Education or HB 1032 is the most talked about bill so far this session. One needs to understand that a bill that starts in one chamber can completely be re-written in the next chamber. As I have stated before. "If you are not at the table, you are on the menu." The current version is a re-write of a bill passed in 2013

In a conversation with the Boys and Girls Club leadership from Durango and Montrose this week, it was reaffirmed that teen suicide is not just a metropolitan issue. Colorado leads the Nation in suicide at twice the National average rate with 17.6 suicides per 100,000 of teens between 15 and 19. Bulling and intimidation is real. Many have look at this as only a LGBTQ issue, but the facts are children are also bulled because of their religious views and that includes Christian children.

It is not a mandate that school districts participate, nor are students in a participating district required to participate. Opting in is also the option of the local school district.

Opting out is an option for any student in a participating school district. Abstinence is the most effective prevention of pregnancy and STD's.

Although pregnancy and abortion rates are down, syphilis and gonorrhea cases are skyrocketing. Is medically defined sex education wrong to teach at age appropri-

ate time? That is already in statute. Teaching abstinence only is already a violation of of State law according to the 2013 legislation.

It seems everyone in either the opposition or support, has an agenda. Untruths are rampant, both sides. Social media is in a frenzy with posts and distortion of the truth and outright lies. A video is circulating stating that if passed the curriculum will teach your children as young as kindergarten about gay sex. In conversation with the State Board of Education, there is no way local control school districts would allow such material, nor should they. Churches have spoken up and am thrilled they have done so. Far to long they have turned a blind eye to abuse of children within their own establishment. The children deserve us getting this right.

I will continue to work with leadership in the Majority and Minority Party to protect children and parental rights in finding an answer, in regard to the benefits and faults of this legislation. If this bill goes away as many have asked, remember the 2013 legislation is still in effect. You may contact me at don@doncoram.com and I will send you the existing statute as well the new language.

Most of the language in this bill has been in statute for 5 years.

I have never heard of any of the wild abuses in your schools as many thinks this bill will cause. Have you, if so, please forward the information.





REGIONAL NEWS BRIEFS

MONTROSE MEMORIAL HOSPITAL AMONG TOP 100 IN U.S. FOR 4TH YEAR



Montrose Memorial Hospital was recently named one of the Top 100 Rural & Community Hospitals in the United States by The Chartis Center for Rural Health. It is the only hospital in Colorado with this recognition for four consecutive years. Courtesy photo.

Special to the Mirror

MONTROSE--Montrose Memorial Hospital (MMH) announced it has been named one of the Top 100 Rural & Community Hospitals in the United States by The Chartis Center for Rural Health for the fourth year in a row.

It is the only hospital in Colorado with this recognition for four consecutive years.

"I want to thank our employees, physicians, providers and Board for this remarkable achievement," said James Kiser, CEO of Montrose Memorial Hospital. "This

award speaks to their tremendous dedication to the health of our communities. Our patients expect and deserve great care, and we consider it a great privilege to deliver only the best care for our Friends & Family."

Regarded as one of the industry's most significant designations of performance excellence, the annual Top 100 Rural & Community Hospitals award is based upon the results of the Hospital Strength INDEX from iVantage Health Anayltics.

Hospitals recognized as a Top 100 facility scored in the top 100 among all rural and

community hospitals nationally. Now in its ninth year, the INDEX leverages 50 rural-relevant indicators across eight pillars of hospital strength (i.e. Inpatient Market Share, Outpatient Market Chare, Cost, Charge, Quality, Outcomes, Patient Perspective and Financial Stability) to determine an overall score for each hospital. Each of the INDEX's 50 indicators is culled from publicly-available data sources.

"In an era of increased complexity and uncertainty, Top 100 hospitals have established themselves as a bellwether for rural provider performance," said Michael Topchik, National Leader of The Chartis Center for Rural Health. "Top 100 status is a real indicator of how proactive these hospitals are when it comes to pushing for performance improvement in areas such as quality, outcomes, patient safety, market share and finance."

Only four Colorado hospitals made the 2019 Top 100 Rural & Community Hospital list, with Montrose Memorial Hospital the only awardee within 100 miles in any direction.

The award is distinct from the 100 Great Community Hospitals recognition given to MMH by Becker's Hospital Review last year.

Top 100 Rural & Community Hospital Resources:

The list of this year's Top 100 Rural & Community Hospitals, as well as the 2019 INDEX methodology, can be found at www.ivantageindex.com/top-performing-hospitals.

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REGIONAL NEWS BRIEFS

TRI-STATE ANNOUNCES DUANE HIGHLEY AS NEXT CHIEF EXECUTIVE OFFICER



Duane Highley has been named Tri-State G&T's next chief executive officer.
Courtesy photo.

Special to the Mirror

WESTMINSTER-The Tri-State Generation and Transmission Association Board of Directors has selected Duane Highley as the cooperative wholesale power supplier's next chief executive officer. Highley, who currently serves as president and chief executive officer for Arkansas Electric Cooperative Corp., and Arkansas Electric Cooperative Inc., will succeed Mike McInnes on April 5, 2019.

Duane Highley will lead the wholesale electric power supplier's executive man-

agement team in its strategic and operational initiatives while reporting to the association's 43-member board of directors.

"As CEO, Duane will work with our board of directors to advance a strong vision for the association's future," said Rick Gordon, chairman and president of Tri-State. "Duane is a proven CEO adept at leading complex cooperative organizations. He has spent the past 35 years working with two financially strong cooperatives and demonstrates leadership collaborating with members, key stakeholders and public officials."

The Tri-State board considered several factors in the CEO selection, including a strong ability to lead, manage and advocate within the cooperative governance model. Highley demonstrated his vision for Tri-State to meet its members' needs, with the priority on continuing to deliver reliable and affordable electricity, his desire to work with all members to find solutions to current and future issues facing the association and the industry, and his ability to lead and inspire employees.

"I'm grateful to the board for their confidence and honored by the opportunity to lead this remarkable organization of dedicated and talented employees," said Highley. "Together with our board, members and staff, our association will bolster what remains our key focus – serving the needs of our members so they can deliver on their promise to rural communities across the west."

"Among a strong field of highly qualified

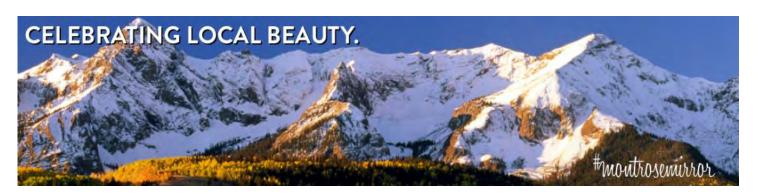
candidates, our board of directors has confidence that Duane will continue the progress Mike McInnes established over the last five years," said Gordon. "I want to thank Mike for his exceptional leadership as CEO. Under Mike's leadership, Tri-State is financially strong, operationally sound and well positioned for the future." Mike McInnes became executive vice president/general manager in March 2014, and the board of directors changed his title to CEO in 2015. Prior to joining Tri-State in 2000, McInnes was executive vice president and general manager of Plains Electric Generation and Transmission Cooperative in Albuquerque, N.M.

"Assuming the role of Tri-State CEO was the most rewarding decision and highlight of my career, and I am grateful for our members and employees," said McInnes. "We have all worked to address the challenges of an ever-changing industry while staying true to our mission, and I am humbled by our accomplishments."

"I look forward to working with Duane and the board as we make this transition," said McInnes.

"I know our employees, our members, our mission and the continued success of our co-op business model will be in capable hands."

Tri-State is a not-for-profit association of 43 member electric cooperatives and public power districts in four states that together deliver reliable, affordable and responsible power to more than a million rural electricity consumers across nearly 200,000 square miles of the west.



REGIONAL NEWS BRIEFS

PARTNERSHIP PROMOTES REHABILITATION ON THE BULL DRAW FIRE

Special to the Mirror

MONTROSE-The Bureau of Land Management Uncompander Field Office, Colorado Parks and Wildlife, Mule Deer Foundation and a local rancher plan to rehabilitate 6,400 acres of public lands impacted by the Bull Draw Fire. The Bull Draw Fire ignited last July, and spread across 36,553 acres near Nucla.

The project is expected to commence in early 2019. On-the-ground work will entail distributing 87,000 pounds of mixed grass and forb seed, treating noxious weed locations and repairing damaged range fencing.

"Identifying opportunities for organizations and community members to partner is critical to meeting the BLM's multiple-use mission," said Uncompanyer Field Office Manager Greg Larson. "This project is a shining example of shared stewardship, which benefits the environment, our communities and the local economy."

Colorado Parks and Wildlife identified the project area as critical winter range for mule deer and a priority for rehabilitation. The project will help ensure available forage for big game species and livestock, as well as reduce the potential for erosion.

For more information contact Uncompandere Field Office Ecologist Ken Holsinger at 970-240-5389.



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COLORADO NEWS BRIEFS

TRI-STATE & EDP RENEWABLES ANNOUNCE 104 MEGAWATT CROSSING TRAILS WIND FARM

Special to the Mirror

WESTMINSTER-Tri-State Generation and Transmission Association (Tri-State) and EDP Renewables (EDPR) announce a 104 megawatt (MW) 15-year power purchase agreement (PPA) that will enable the continued development and eventual construction of the 104 MW Crossing Trails Wind Farm. The project, which is expected to be operational in 2020, marks Tri-State's fifth investment in a utility-scale wind energy project and expands EDP Renewables' presence into its fifteenth

U.S. state.

The Crossing Trails Wind Farm is located approximately 20 miles south of the Town of Seibert and is within both Kit Carson and Cheyenne Counties. When operational, the wind farm will produce enough electricity to annually power more than 47,000 average rural Colorado homes and will also bring economic benefits – including jobs, landowner and tax payments, and money spent in local communities – to the region and the state.

Tri-State, a wholesale cooperative power

supplier owned by 43 member electric cooperatives and public power districts, will further expand its emissions-free renewable energy portfolio with this agreement, which is the second PPA the company announced following the issuance of its request for proposals for renewable energy supply in June 2018.

"Tri-State continues to responsibly add emission-free renewable energy resources that are beneficial to our members," said Mike McInnes, Tri-State CEO. "We are pleased to work with EDP Renewables to bring this investment to Colorado and the service territory of our member, K.C. Electric Association." "EDP Renewables and Tri-State's partnership represents our commitment to continuing to increase the clean energy landscape in the United States," said Miguel Prado, EDP Renewables North America CEO.

"EDPR is pleased to enter in to the state of Colorado and provide cost-effective, emissions-free energy through its Crossing Trails Wind Farm."

The Crossing Trails Wind Farm is located within the service territory of K.C. Electric Association, a Tri- State member system serving three counties in eastern Colorado. Like Tri-State, K.C. is a not-for-profit, member-owned electric cooperative. "Membership in Tri-State allows K.C. Electric and our other members to combine their strengths to invest in renewable energy projects through the association at the lowest possible costs," said David Churchwell, general manager of K.C. Electric Association in Hugo. "We welcome EDP Renewables and Tri-State's investment in eastern Colorado."

Nearly a third of the energy consumed by Tri-State's members comes from renewable energy. With the addition of the Crossing Trails Wind Farm, Tri-State has now invested in five utility-scale wind farms in Colorado, totaling 471 MW. EDP Renewables also continues to actively pursue other renewable energy development opportunities in Colorado.





TROOPER TIPS: A CALL TO ACTION PART 2



Trooper Gary Cutler, courtesy photo.

By Trooper
Gary Cutler
COLORADOLast month I
talked about
crashes over
the 2018 holiday season
which took
nine lives in
seven crashes
over a 72-hour
period. We
now need to
start looking at

the causes of these crashes. Each of them had a different reason for the crash, but each one did have one thing in common; a lack of due care on the roadway. Let's start with an obvious one today; mixing drinking, drugs, and driving. Safety is all about having a preventative mindset. By this I mean why anyone would ever want to push the limit that could injure themselves or others is beyond me. I say it's not worth it. If you are going out to drink, take the preventative measures to not push that limit, even if you only to plan to have one or two drinks. Option 1: Have someone in the group be the designated driver. This option has been around for decades, yet people still fail to realize, or choose to ignore, what the consequences are if you choose to drink and drive.

Option 2: plan for someone to pick you up. There are many options available to-day including sober friends, or ride share services. Again, not rocket science, but very effective. My question to those who do this type of careless behavior, is how many times does it have to be stated for it to become standard practice that no one will ever do it again?

now need to start looking at look went out to have a couple of drinks and ended up in jail. Their life is forever changed from that point on. I like to think I prevented them from making their life much worse because they killed someone prior to being stopped by law enforcement.

Marijuana impaired driving has been around a long time, but is still relatively new as a legalized drug. The problem I am seeing with this drug is users don't believe it is dangerous to drive while using it. It can cause your cognitive thinking to become skewed. If it wasn't bad enough already with marijuana impaired drivers, now there is increased danger for the driving public. Some marijuana users

combine it with alcohol, which can enhance the impairment while driving.

Another issue we have is prescription drugs which are becoming a lot more prevalent on our roads. My years working the road have shown me that people on prescription drugs don't look it the same as driving under the influence of alcohol.

A prescription drug is regulated by doctors because the drugs change a person's chemistry. This means they are going to make the user react differently, think differently, and judge situations differently than they normally would. Even if you don't think you feel differently, you will be affected one way or the other. Prescriptions drugs can be just as dangerous as driving while drinking or using marijuana. Think in these terms, if I told you I wanted you to do a task, but there was a 50 percent chance that while doing the task you would kill or severely injure yourself or a friend, would you do it? Now if that wasn't enough to dissuade you, then I add that even if you don't kill someone, you may go to jail, will you do it?

Please keep in mind that it just isn't worth it. I hope I have changed the mindset of at least one person that read this article to be preventative in their actions. As always, safe travels!





CHRIS BONATTI SHARES MEMORIES OF GROWING UP IN OURAY



Chris Bonatti.
Courtesy photo.

By Caitlin Switzer
REGIONAL-When the
film crew for the original True Grit movie
arrived in Ouray
County in 1968, local
girl Chris Bonatti was
fresh out of Ouray
High School.

"It made a big splash," Bonatti said. "They used to film a

lot of movies here-it was exciting; we'd all go down to watch them film.

"John Wayne was the most friendly actor," she said. "He was who he was, and he just did that in the movies--a big guy with a big voice, but gentle.

"He had a double," she recalled. "A guy from Gunnison who was real big and looked just like John Wayne."

Still, it was not the Hollywood stars that young Chris and her friends gravitated toward, but the production crew. "We got to know the grips—they were the fun guys."

John Wayne did stop by the family restaurant in Ouray to visit, and left his hat, she said.

"It had a lot of stories behind it," Chris said. "He left it for mom, and an auto-

graphed picture."

To hear her tell her own story, Chris Bonatti's life could also be the subject of a Hollywood script.

"I grew up with a grandma from the Old Country," she recalled. "I'm proud of that. We were Italian immigrants on both sides."

Her family roots in the area go back to the 1800's; her father worked as a mill superintendent at the Camp Bird Mine. Her mother ran the Pick Café & Lounge (later the Outlaw) in Ouray for years; Chris's grandmother even had a little pool hall there for a time.

"I used to go over to Henry's & Ellis (General Store) to get candy, and I would get cod fish for my grandma," Chris said. "Grandma had a pool hall, dad dealt 21. There was a big festival on Labor Day, the Elks Charity Ball was a big deal, and the Fourth of July was as big a deal back then as it is today."

She can remember her dad making wine, and the vats were kept in the basement of the pool hall. "The grapes would come in at night."

For Chris, the vintage building that now houses the Ouray County Historical Museum holds personal history as well. After being hit by a car in between her second and third grade school years, she was taken to that building, which was the local hospital at that time.

"I spent a whole year there," she said. "I had great nurses. My pelvis was broken so they would come and turn me...I didn't walk for three months. We had a kitchen there; Mr. Allen was the cook, and his son Bobby Allen was in my class at school.

Also, "There were a lot of babies being born," she said.

In those days, Ouray was all about family, she said. "Families took care of families, and if you did something, folks were going to know."

As an adult, Chris flew around the world as a flight attendant, and worked for a Denver ad agency. She is a professional artist and teaches art to others. She has stayed in touch with cousins in Italy. She helped to start the Bosom Buddies program here in 1988.

Today she lives in Montrose and works with older adults in the PACE program. She has a daughter of her own, and a young grandson as well. Still, the busy years have not erased Chris Bonatti's love for her childhood home.

"Growing up in Ouray was wonderful," she said. "I wouldn't give that up for anything."

COMMUNITY NEWS BRIEFS: ARTS & EDUCATION

BOSOM BUDDIES NOW ACCEPTING SCHOLARSHIP APPLICATIONS

Special to Art & Sol

MONTROSE-Bosom Buddies, the breast cancer support organization for Southwestern Colorado, is now accepting scholarship applications for assistance with post-high school educational expenses to the children of a parent or guardian who has ever been diagnosed with breast cancer. Bosom Buddies is also accepting applications from breast cancer survivors, regardless of age, for financial assistance with a variety of educational endeavors. Bosom Buddies offers three scholarship opportunities to residents of Montrose, Ouray, and San Miguel counties. Application forms and details on educational assistance programs may be found on the Bosom Buddies website at

www.bosombuddiesswc.org.

Scholarship funding is available to students enrolling in an institution of higher learning who are applying to Bosom Buddies for the first time. Applicants. Funding is available for full-time and part-time students enrolling in a vocational, community college, university, or accredited on-line program. Only applications postmarked or emailed by Monday, April 15, 2019 will be considered for this year. Recipients will be notified after May 15, 2019.

Continuing educational funding is also available to previous recipients of a Bosom Buddies scholarship. Students must apply annually but may re-apply for up to a total of four years. Only applications postmarked or emailed by Monday, April 15, 2019 will be considered for this year. In addition, educational funding is availa-

ble to survivors of breast cancer regardless of age.

Applicants must be enrolled in an institute of education including a high school diploma program, GED, vocational, community college, university, or accredited on-line program.

Applications must be submitted a minimum of 60 days prior to the beginning of the course start date.

Applications may be emailed to gkcd2@yahoo.com. Please place Bosom Buddies Scholarship Application in the subject line or by mail to Bosom Buddies Breast Cancer Support Group of Southwestern Colorado, P.O. Box 1263, Montrose . CO 81402-1263.

For more information, please contact Kim (970)209-0368

BEAVER PELTS & SLAVES: FORT UNCOMPAHGRE & THE OLD SPANISH TRAIL

Special to Art & Sol

DELTA-On March 5, 6:30 – 8 pm at Bill Heddles Recreation Center in Delta, author and fort volunteer historian Dave Fishell will present a fascinating program on the fort and the trail. During the early 1800s Fort Uncompander, once located near today's town of Delta, was a busy fur trade era post. The northern branch of the Old Spanish Trail also connected the fort with Santa Fe, New Mexico and Southern California. This vast region was then part of Mexico. Fishell will also cover horse stealing, the slave trade that probably passed through the fort, flintlock rifles, and how not to throw a tomahawk.







Introducing Independent Living at The Homestead at Montrose

If you are over 55 and independent but would like to live in a community offering socialization and peace of mind, schedule a tour of our private one and two bedroom apartments. We're conveniently located across from the Montrose Pavilion Senior Center.

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www.voahealthservices.org
www.facebook.com/VoaWesternSlope

COMMUNITY NEWS BRIEFS: HEALTH & EDUCATION

STOP THE BLEED! TELLURIDE MED CENTER TO HOST FREE TRAININGS

Special to Art & Sol

TELLURIDE-The Telluride Medical Center announced they will host two free Stop the Bleed training classes, open to the public, on March 4 at Noon and 5:15p.m. at the Wilkinson Public Library's Telluride Room. Stop the Bleed is a national campaign aimed to turn regular citizens into first responders who can assist someone who may be bleeding from an accident, car crash or active shooter event.

"We want to make sure everyone in the community is prepared to help in any emergency," said Melissa Tuohy, trauma nurse coordinator at the Telluride Medical stalled at Center.

survival."

As part of anticipate stalled at communications of the communication of

"Blood loss is the top cause of preventa-

ble death in trauma."

The training sessions, which are hosted by trauma nurses and emergency department staff from the medical center, will train students to stop active, life threatening bleeding.

"We think this is a very important training," said Tuohy. "No matter how rapid the arrival of emergency responders, bystanders will always be first on the scene and the first link in someone's chain of survival."

As part of the regional efforts, Tuohy anticipates Stop the Bleed kits will be installed at AED stations throughout the community, where portable defibrillators are also available for cardiac emergencies,

this spring.

A Stop the Bleed kit will contain gauze, a tourniquet and instructions on how to apply pressure and use the tourniquet to stop life threatening blood loss.

"Our aim is to do what CPR education has been doing for decades: train and empower regular people to save lives," said Tuohy.

The local training will be offered at both 12p.m. and 5:15p.m. on March 4, but students need only attend one class for the full training.

Each class is limited to 14 people, first come, first serve. For more information on the upcoming Stop the Bleed classes, visit tellmed.org.



Up Bear Creek by Art Goodtimes

Cold weather takes its toll

BACK-TO-BACK COLDS ... It's that time of year. I'm usually pretty immune to la grippe, as the old-timers used to call it, but not this season. Been spending most of my time in bed, which if the woodstove is roaring, is a fine winter place to be. But I'm not getting much work done ... Guess my body is telling me I need to rest.

HASTINGS MESA AIRPORT ... Just what we need in the San Juans, more buzzing airplanes scaring off the wildlife and disrupting our quiet mesas. I'm hoping San Miguel County just says no ... The hearing for Spitfire Realty's application in Telluride is Wednesday the 20, at 9:30 a.m. on the second floor of the Miramonte Building, next door to the county courthouse -- if you want to add your voice to the chorus against.

BILLY JOE MOFFAT ... Jill Lawson did a lovely elegy in the Four Corners Free Press out of Cortez (February issue) for this legendary Western Slope figure who passed away in December. Thanks to some mutual friends, I got to know Billy Joe. Even got to soak in his Paradise Hot Springs once ... Although many folks have forgotten, he wrote a financial column for the old San Miguel Journal that Jim Davidson founded in Telluride back in the '80s. It was simultaneously hilarious and informative since Billy Joe had paid his dues as a Wall Street broker, a very successful one. But he loved the mountains more than money. Did a turn as Dolores County commissioner. Was a DJ stalwart KSJD, although those of us in San Miguel County remember his "Best of Jazz" show on KOTO, and some knew that he'd played tenor sax in and around Chicago as a young man. He was also a classic photographer whose iconic prints you may have seen around the region and not realized they were his ... A big man with a big presence. As one of his neighbors on the West Fork told the Free Press, "This valley will never be the same."

UTE NEWS ... According to the Feb. 1 issue of the Southern Ute Drum, the Tribal Council awarded lifesaving award certificates to Jesse Sanchez and Roman Vasquez of the SunUte Community Center lifeguard team for successfully rescuing a swimmer who had experienced a medical emergency in the SunUte pool in Ignacio last month ... Also last month Kevin Frost took over the reins at the U.S. Dept. of Energy Office of Indian Energy and Programs in D.C., where he'd previously been serving as Acting Director. A former Southern Ute councilmember, he resigned from the council last year to take up the Deputy Director position. Explaining that he'd lived on both the Southern Ute and Navajo reservations, he told the Drum, "At times, on both of these reservations, I lived without electricity and running water. I also lived the subsistence lifestyle as well. In my opinion, these are attributes that should be a requirement for this position. There's definitely a disconnect if one does not know 'the struggle'" ... History Colorado's Native American Graves Protection and Repatriation Act Liaison and Curator of Archaeology and Ethnography Sheila Goff was honored for her eleven years of work moving "culturally-sensitive policies and the law forward" and for helping develop tribally-driven projects like the current History Colorado exhibit, "Written on the Land: Ute Voices, Ute History." She was presented with a traditional Bear Dance shawl by tribal representatives. Goff was responsible for the repatriation of 212 individuals, 272 funerary objects, and 227 artifacts associated with 48 different tribes.

ODDITEMS ... As a poet, I love new words ("neologisms" as linguists call them). I've made a few myself (paleohippie, glummick). But when a word jumps from private jargon or the Urban Dictionary of current slang to the Oxford English dictionary, it's considered legit and available



to formal English users. I love one of this year's borrowings (from Hawaiian pidgin) that just made that leap: hammajang (as in "messed up" or "in a disorderly or shambolic state"). The Oxford notes that it is used chiefly as a predicative, especially as "all hammajang" ... Kathy Berg down at the Cortez Library is organizing a first ever Cortez Literary Arts Festival this coming June 7-8. For more info, contact kberg@cityofcortez.com

PAUL FERICANO ... My Bay Area satirist poetry buddy, who also spent time in a seminary and is an Italian-American like myself, has just come out with a timely new book, Things That Go Trump in the Night: Poems of Treason and Resistance (Poems-For-All, YU News Service, Little City Press, 2019 C.E.) ... I got an advance reading copy, so I'm not going to share any poems yet. But these parodies are hilarious if you're a liberal and (I'm sure) infuriating if you're a Trumpist ... It's a small book. Cheap at \$7. But chuck full of searing satire and outrageous parody. Available soon at www.yunews.com... Highly recommended.

SAN JUAN COUNTY (UT) ... For years, lawsuits and court rulings have tried to make sense of the patterns of racism that have led this neighboring county to try and keep the majority of Native-American voters from full representation in county government. But finally, this last election, Willie Grayeyes won a commission seat along with Kenneth

Continued next pg

Up Bear Creek by Art Goodtimes

Maryboy -- giving Native-Americans control of county government ... Nevertheless, losing Republican candidate Kelly Laws continues to press his case that Grayeyes is not a resident of the county, in spite of losing in district court, and the state of Utah is threatening to splinter off a smaller separate county to work around the election results ... It's a sad and disgraceful saga, and it is ongoing just across our Colorado border. Keep up on the story at fourcornersfreepress.com.

THE TALKING GOURD

Homeless

Mourning dove buskers play their bamboo flutes for a handful of birdseed tossed on a tree stump. Cottonwoods have dropped anchor in the troughs and swells of the neighboring hills, extended their roots deep under dry creek beds for one last distilled memory of snow.

If this landscape were less expansive than language, I might be able to name as it spreads across the plains or gauge the vertical persistence of this morning's rainfall.

Instead I make coffee wherever I am, somewhere this side of the *via lactea*, and wait for the rain to stop, the daylight to swell and burst, before lifting my cup and singing to anyone who will listen.

-Stephen Bunch from *Preparing to Leave* (The Lives You Touch Publ., 2011)



COMMUNITY NEWS BRIEFS

MONTROSE HIGH SCHOOL HONOR ROLL

The following students were named to the Honor Roll for the 1st Semester 2018-2019 School year at Montrose High School.

To be eligible for Honor Roll, students must be enrolled in at least five classes and earn a grade point average of 3.5 to 3.74.

12th Grade 1st Semester 2018-2019 Honor Roll

Logan Ancell, Cheyanna Apfelthaler-Noles, Marina Baize, Litzy Banda, Bethanie Boutwell, Alexander Burdick, Jake Casaday, Ranea Fender, Logen Haptonstall, Halee Josephson, Tyler Lake, John Lange, Jesus Lanuza-Jimenez, Reina Lee, Riley Little, Zachary Moreland, Alexander Morris, Anahi Navarrete, Jaquelin Ochoa-Espinosa, Katelyn Ormsbee, Olivia Potter, Evan Quintero-Lopez, Maricela Silva-DelaTorre, Zackary Steenberg-Tripp, Madison Vandehey, Hannah Waggoner and Jack Yarnell.

11th Grade 1st Semester 2018-2019 Honor Roll

Gilbert Azevedo, Teagan Bailey, Jillian Conde, Adam Curtis, Andrew Deisig, Beau Duncan, Stockton Evensen, Angelo Flores, Shelby Gross, Nathan Hughes, Fatima Ibarra-Sanchez, Matthew King, Dylan Lewis, Shayla Logan, Tristan MacFarlane, Jasmine Marquez, Ashley Medina-Guzman, Jacob Padilla-Romo, Christopher (Cooper) Pahl, Timothy Parsons, Edwviges Rivas-Ramirez, Benjamin Robuck, Jacky Salazar, Ashtyn Salstrand, Christian Silva, John Thompson, Violet Tubbs and Allison Webster.

10th Grade 1st Semester 2018-2019 Honor Roll

Allison Henry, Anthony Ball, Cora Blowers, Jeffrey Boyd, Morgan Boyers, Kyler Bronec, Mallory Carr, Brady Cassidy, Isaac Cisneros, Esteban Cortez, Janel Culver, Caydence Daggs, Jack Dwyer, Tyler Eckerman, Veronica Games-Jaquez, Natalia Graham, Esteban Gutierrez-Barajas, Amber Hale, Sophia Hoang, Jackson Imus, Jordan Jennings, Maria Jimenez, Erica Kelley, Payton Lee-Parker, Josiah Lopez, Clairissa Lyon, Sierra Maestas, Raul Martinez, Gabriel Miracle, Max Myrick, Briana Ochoa-Espinosa, Ayla Pierce, Jennifer Quintero-Carrasco, Henry Radovich, Benjamin Rawlings, Trevor Reich, Zahid Romo, Madison

Roush, Hailey Sella, Lisa Soeur, Joshua St.Peter, Katelynn Thompson, Alexander Wheeler, Garhardt Wilder, Jentel Wilson, Daniel Wittenberg and Cody Zimmer.

9th Grade 1st Semester 2018-2019 Honor Roll

Diana Aguado, Grace Ancell, Flor Balderrama, Wesley Booher, Kassidy Brady, Breanne Brasier, Danielle Brueggeman, Pragati Chaudhary, Grace Cross, Madelyn Day, Aiyanna Fabian, Jada Garrett, William Griffin, Aiden Harrell, Abby Hauptmann, Markenzie Hawk, Taryn Hill, Noel Huchel-Sullender, Luke Hutto, Mariah Iniquez, Joseph Kersen, Jaedyn Key, Bridger Kurtz, Kylie Lange, Westley Lucero-Escalante, Julian MacFarlane, Emmalee Machart, Israel Marquez, Mia Martinez, Cullen Masterson, Madisen Matoush, Dane McCoid, Miguel Medrano, Olivia Miller, Ezra Nash, Sarah Packard, Savanah Piquette, Dusti Renick, Kelsey Rocco, Daniel Sandoval, Dory Schmidt, Isabela Serrano, Makayla Shreeves, Joseph Silva, Maiah Thompson, Brendan Ullmann, Carissa Walker, Corbin Whittington, Taylor Yanosky and Kassie Yeager.

MONTROSE HIGH SCHOOL PRINCIPAL'S HONOR ROLL

The following students were named to the Principal's Honor Roll for the 1st Semester 2018-2019 school year at Montrose High School. To be eligible for the Principal's Honor Roll, students must be enrolled in at least five classes and earn a grade point average of 3.75 and above. An asterisk denotes all A's.

12th Grade 1st Semester Principal's Honor Roll

Angeline Alcaraz, Dyllon Barker, Gabriel Benitez, Olivia Beshoar*, Benedetta Bianchi, Ashley Bollinger*, Kaitlynn Booth, Hannah Browning, Anna Burdick, Paul Burke, Jayden Cassidy, Thomas Ceniceros, Miranda Ceniceros, Nathan Cochran, Angela Comstock, Macadian Cordova, Aneta

Czepiel, Luis Damian-Gordillo, Lilian Davis, Joseph Donohoe, Elle Edeker, William Edgar, De'Andre Evans, Kallie Farra, Johnna Freeland, Kinzey Gill, Candra Gurney, Abbey Jane Heide, Shayne Hoey, Jenna Holyfield, Jeremy Iverson, Trevor Jackson, Jacqueline Jaime-Mayorga, Dylan James, Janessa Jennings, Ryan King, Michaela Ladage, Clarence (Indy) Laird, Monica Lopez, Monserrat Lopez, Maggie MacHale, Victoria Martinez, Maria Martinez-Jaramillo, Jenna McGehee, Margaret McHugh, Alli McLaughlin*, Jared Millsap, Cicilia Lupe Molina, Amber Mosher*, Brenna Moss, Zoe Motley, Michael Nolan*, Tanner Oman Stephanie Perfors, Lisa Peterson, Tristeon Plumb, Zeth Reed, Abigail Rizzo, Landon Ruiz-Diaz, Giovanni

Russo, Addison Saunders*, Haley Schieldt, Dorian Serra, Katherine Sherwood, Christopher Smart*, Carter Smith, Kyle Stevenson, Kaylianne Swanson, Taylor Ullman, Jessa Wilson, Lucille Wittenberg and Alexa Yanosky.

11th Grade 1st Semester Principal's Honor Roll

Emily Alcaraz, Jeremy Alcazar, Sean Alex, Rheannon Allen*, Lyndsey Anderson*, Karla Andrade-Saenz*, Perrin Barnett*, Riley Barnhill*, Zachary Barrett*, Mia Bartschi*, Amanda Beaver, Kyle Blakley, Catherine Borner*, Macy Boulden, Corwin Bravo, Caraline Burwell, Daniel Bynum*, Clara Carrasco, Evelyn Castillo Ceniceros, Gabrielle Chandler, Zoe Cleckler, Yoana

COMMUNITY NEWS BRIEFS

MHS PRINCIPAL'S HONOR ROLL From previous pg

Coronado, Dillon Crim, Hunter Deltonto, Josephine Eccher, Danya Eggleston, Ryann Fife*, Santiago Flores, Sean Graff, Caroline Graham*, Hadley Greiner*, Brian Grijalva, Eric Gutierrez-Camacho, Olivia Haga*, Emily Hartman*, Mariah Hokit*, Connor Imus, Jared Kennedy*, Ellie Krull, Jonah Lamprecht, Cameron Lee-Parker, Jasmine Lownes*, Ashlyn Manuel, Garrett Marken*, Ana Martinez, Tatum McHugh, Calvin Merritt, Mark Metheny*, Kennadie Minerich*, Allison Nichols, Katharina Pest, Alexis Petranovich, Bailee Phillips*, Heather Prosser, McKayla Rothe, Sage Ryan, Kelsey Rycenga*, Trey Schwerdtfeger*, Cole Simmons, Isabel Stollsteimer, Emma Story, Cole Thorn, Sophia Tucker*, Chante Valencia, Alan Vanchaik, Katelin Whitcomb*, Claire Wilson*, Ammon Woodland and Eric Yergenson.

10th Grade 1st Semester Principal's Honor Roll

Yaraby Arellano, Danielle Bishop, Brianna Bond*, Lily Burton*, Zachary Cagle, Morgan Carroll, Melanny Castillo-Ceniceros, Seydeanna Delgado*, Lily Dunne*, Ulysses Flores*, Griselda Fuentes, Keagan Goodwin, Jadyn Gorham*, Jacob Green*, Lizbeth Jaime-Mayorga, Katherine Kistler, Tobin Lanford, Hannah Lee*, Jaiden Lewis*, Kelly Madrid, Jadon Mangrum, Kreed Martinez, Jessica Minerich*, Kylie Morris, Colton Mott*, Caitlin Ogoe*, Zachary Oldroyd, Carmen Puentes-Flores*, Tyler Reed, Eliram Reyes-Powell*, Josiphene Shuda*, Joshua Simpson*, Ngun Tling and Zachary Vincent.

9th Grade 1st Semester Principal's Honor Roll

Charlie Andrade-Saenz*, Caitlin Bailey, Tessa Bailey, Kate Barnett*, Maddison Berry, Liam Berryhill*, Julia Beshoar*, Brooks Blackford*, Trystan Blundell, Chloe Brokering*, Ashly Brown*, Dariann Bushee, Alayna Bustin*, James Cheezum*, Paige Coddington, Kyle Cohick, Yoselin Coronado, Josephine Coulter*, Titus Diaz-Ruiz*, Lara Edeker, Matteson Embrey*, Annabelle Ensor, Brinlee Evensen, Hallie Fenton, Luca Field-Licona, Taylor Foster*, Bode Greiner*, Lillian Hamilton*, Jacob Hanson, Sarah Hartman*, Blake Highland*, Collin Huffer, Jacob Kettell*, Rachel Maddox*, Abigail Martin, Amy McCracken*, Ezequiel Medina-Estrada*, Valerie Merritt*, Siera Mihavetz*, Gabriel Miller*, Megan Neubaum*, Josiah Nichols*, Michael Nikolaev*, Ashden Oberg, Ashley Ortega, Benjamin Perfors, Samantha Phillips, Samuel Preston*, Jada Ray, Ethan Robertson, Zeke Steenburgen*, Jacob Thompson*, Jonnie Trujillo-Johnston*, Jaime Vanchaik and Mari Wilson.

LET THE GOOD TIMES ROLL!

Special to the Mirror
MONTROSE-Did you know that the Black
Canyon Boys & Girls Club's (BCBGC)
Olathe Unit visits Colorow Care Center
every Wednesday? It is on these days that
the elders from Colorow and the Club kids
get to interact, learn from each other, and
enjoy each other's company. In honor of

that thriving partnership, the BCBGC and Colorow are throwing a Fat Tuesday fundraising celebration! Join the two organizations on Tuesday March 5, 2019 at the Montrose Pavilion at 6 p.m. for a creole feast, live jazz band, photo booth, silent auction, and more. All proceeds will benefit the continued programming partner-

ship between Colorow and the BCBGC. So grab your mardi gras beads and head out for a festive evening. Tickets are \$50 and are available online at www.bcbgc.org/events, or at the Colorow Care Center at 885 S Highway 50 Business Loop in Olathe or at the BCBGC Montrose Unit at 2900 Sunnyside Rd in Montrose.

FOURTH ANNUAL 'TASTE OF COLORADO'

Special to Art & Sol

MONTROSE-On March 7, 2019 from 5:30 – 7 p.m. is the fourth annual *A Taste of Colorado*. Hosted by the Liquor Store and The Bridges, this event will feature more than 20 regional wines, beers, and spirits as well as food offerings prepared by local chefs. With the beautiful view from the Bridges as your backdrop, this is an event not to be missed. Tickets are \$30 online at montrosewinefestival.com or at the Liquor Store and go up to \$35 at the door the night of the event. All proceeds benefit The Black Canyon Boys & Girls Club (www.bcbgc.org).

COLORADO NEWS BRIEFS: RECREATION

RMN STATE RECOGNIZES TOP COLORADO WRESTLERS IN GRADES K-8

By Bill X. Barron – RMN Events Writer COLORADO-For the past decade, RMN Events has held regional qualifying tournaments for Colorado's best middle school wrestlers, culminating in state championships for 6th, 7th, & 8th graders. In 2018, RMN Events expanded the qualifier to include wrestlers in grades K-5.

Now the comprehensive Super State Championships afford an opportunity for the state's top elementary and middle school grapplers to be recognized in a Finals setting in Denver which prepares them for the CHSAA High School State Championships. In fact, three wrestlers will potentially be 7-time Colorado State Champions: Phil Downey (Broomfield), joined by two going for their 4th HS state title in 2019: Andrew Alirez (Greeley Central) and Theorius Robison (Pomona).

With the state divided into five regional tournaments, wrestling clubs and teams are assigned by geography as well as team size and strength to balance out each region. The five regional sites qualify four wrestlers in each weight in three age divisions (Grades K-1, 2-3, 4-5), as well as 6 wrestlers in every weight class in Grades 6-8.

Regional championships will be held at these locations on Saturday, March 23rd: Windsor High School (Region 1); Legacy High School (Region 2); Adams State University (Region 3); La Junta (Region 4); and Montrose Events Center (Region 5). Competition begins at 8:30 am and runs until conclusion. Weigh-ins will be at regional sites on Friday, March 22nd from 4-6 pm and at 3 satellite locations from 4:30-5:30

pm (Cheyenne Mt. Jr. High, Pueblo Centennial High, and Fruita Monument High).

The top four elementary qualifiers in three age divisions, as well as the top six middle school qualifiers will compete for free at the Elementary and Middle School State Championships held in Denver at the National Western Complex on Friday & Saturday, March 29-30th.

<u>Clubs & Teams Invited for Montrose Elementary Regional</u>

Bald Eagle, Bad Dogs Elite, Cedaredge, CO Wrestling Elite, Center Vikings, Craig, Delta, Duster, Eagle, Eagle Valley, Fruita, Glenwood Springs, Grand Valley, Headlockers, High Elevation, High Kaliber, Hotchkiss, Lil Mavs, Little Warriors, Loma Cowboys, Mancos Bluejays, Mat Cats, Meeker, Monsters, Montrose, Mountaineers, Norwood, Nucla, Olathe, Outlaws, Palisade, Paonia, Purebred Elite, Rifle, Saguache, Salida, Steamboat Springs, Tiger Paws, Two Rivers, Western Slope Elite



<u>Schools and Towns Invited for Montrose</u> Middle School Regional

Avon, Basalt, Battlement Mesa, Cedaredge, Craig, Delta, Delta County, Dove Creek, Eagle, Fairplay, Fruita, Glenwood Springs, Granby, Grand Junction Middle Schools (all), Grand Mesa, Grand Valley, Gypsum, Hayden, Hot Springs, Hotchkiss, Kremmling, Leadville, Meeker, Minturn, Montrose Middle Schools (all), Norwood, Nucla, Olathe, Orchard Mesa, Palisade, Paonia, Purebred, Rangely, Redvale, Rifle, Rough Riders, Sirocco, Steamboat Springs, Summit County, Vail, West Grand, Western Slope (all)

Site: Montrose Event Center, 1001 North Second Street, Montrose, CO 81401 Date: Saturday, March 23, 2019 Weigh-Ins: Friday, March 22, 2019 from 4 -6 p.m., Montrose Event Center

Director: **Adam Gutierrez** - <u>in-</u> <u>fo@rmnevents.com</u>, 303-635-1549

ROSS STORES LEND A HELPING HAND

Special to Art & Sol

REGIONAL-Through Feb. 24, 2019, local ROSS stores in Grand Junction (2464 Hwy 6 & 50) and Montrose (3400 Rio Grande Ave) are going to be working hard to raise money for the Black Canyon Boys & Girls Club. ROSS stores have long since been an advocate and fundraising partner for the Boys & Girls Clubs of America, and the local ROSS stores are no exception. In 2018, the two stores raised over \$3,000 in funds that went toward helping the Montrose and Olathe Boys and Girls Club units. So make sure to stop into your local ROSS stores to help make great futures start here for our local youth. For more information on the Black Canyon Boys & Girl Club, check out www.bcbgc.org.

COMMUNITY NEWS BRIEF: ENTERTAINMENT

LUKAS NELSON & PROMISE OF THE REAL TO PLAY CLUB RED MARCH 21

Special to Art & Sol

TELLURIDE-Club Red Telluride welcomes Lukas Nelson & Promise of the Real, Thursday, March 21. Since forming 10 years ago, the buzz surrounding Lukas Nelson & Promise of the Real has been quietly intensifying. During that time, the 28-year old singer/songwriter/guitarist and his bandmates have played hundreds of shows and major festivals all over the world and built a devoted underground following. Lukas' profile continued to rise when he contributed three songs and heavenly vocals to his dad Willie Nelson's 2012 album, Heroes, their voices blending with potent DNA.

Then two years later, life took another turn skyward when Neil Young decided to make Promise of the Real his touring and studio band.

Young has guided the grateful young musicians ever since as they've backed the legend on tour around the world and on his two most recent albums.

For tickets and info vis-

it <u>clubredtelluride.com</u> or visit locally to purchase tickets at <u>Telluride Music Company</u> located at 333 W Colorado Ave. Doors 7:30 PM. Show 8:30 PM. All Ages. Limited Tickets



Lukas Nelson & Promise of the Real. Courtesy photo.

\$40 (GA AVAILABLE) — http://bit.ly/Lukas-Nelson-Telluride.

RADIO ROOM PRESENTS EMBODYING RHYTHM MARIMBA ENSEMBLE



Embodying Rhythm Marimba Ensemble. Courtesy photo.

Special to Art & Sol

GRAND JUNCTION-KAFM Radio is excited to announce Embodying Rhythm Marimba Ensemble LIVE in the Radio Room on Friday, March 15 at 7:30 p.m. Doors open at 7 p.m. Tickets are \$12 in advance and \$15 at the door!

Embodying Rhythm Marimba Ensemble provides a fun, groovy, multi-dimensional, polyphonic, Marimba-based performance! In addition to the 4½ octave family of marimbas, this uplifting 8-piece ensemble also includes the sounds of mandolin, trumpet, melodica, flute, drums, percussion, cajon, steelpan, clarinet, bass clarinet, saxophones, baritone horn, and voice. Featuring original compositions by David Alderdice as well as original arrangements of music from Africa, North and South America, the Caribbean, and the Balkans.

The ensemble is based in rural western Colorado and was founded in 2015 by David and Arlyn Alderdice with Jeannette

Carey, Dylan Fixmer, Daniel Be, Matt and Rebecca Drbohlav, and Jen Sanborn. They have been meeting once a week, in a small mud hut, to rehearse music that has been described as "perfect for movement on the dance floor as well as relaxing journeys of the ear and soul." The ensemble started by playing traditional music from Zimbabwe and then branched out to South African jazz, Nigerian Afrobeat, and then onto some European music with experimentation in Celtic, Balkan, and Spanish music. The group has also arranged selective classic rock and pop covers experimenting with odd-time signatures to create new and original compositions. Check out Embodying Rhythm on their website www.embodyingrhythym.com/ marimba Tickets are \$12 in advance, \$15 at the door and may be purchased by calling (970) 241-8801, or online at www.kafmradio.org. The Radio Room is located at 1310 Ute Avenue, Grand Junction, CO 81501.

MONTROSE, CO



THE LARK & SPARROW

511 E. MAIN ST, MONTROSE

11 AM ~ 2 PM

LIVE STREAMED EVENT

- FROM ALBANY, NEW YORK -

BENHAM BROTHERS ~ ELIZABETH JOHNSON

JUSTIN REEDER ~ DAVID J. HARRIS JR.

PHIL KING & CODY RAY LEE ~ BLYTHE MULLEN

~ IN MONTROSE, COLORADO ~

YVONNE MEEK

Join us for "A National Day of Mourning" for the millions of children lost to abortion.

Speak up for those who can't speak for themselves, for the rights of all who need an advocate." Proverbs 31:8



SAVE THE DATE! UPCOMING REGIONAL EVENTS

CURRENT/ONGOING-

BOSOM BUDDIES OF SOUTHWESTERN COLORADO BREAST CANCER SUPPORT GROUP meets every Wednesday from noon till 1 pm at 645 South 5th Street in Montrose. For more info email info@bosombuddiesswc.org.

NEIGHBORHOOD WATCH GROUP meets every third Tuesday of each month at the Centennial Meeting Room at 6pm, behind City Hall. New Watch Groups are formed and guest speakers alert us to safety issues. The public is encouraged to attend. Contact Joyce Loss at 970-249-4217 or 970-275-1329 for details.

YOGA HOUSE-Yoga House has added HIIT Yoga on Wednesday's at 5:45p AND Hot Yoga and is held on Fridays @ 4:30p.m. and Saturday's at 10a.m.; SUP (Stand up paddle board) Yoga is Held at Montrose Rec Ctr \$25/class, Held the Following Thursday's at 7p.m. Feb. 7 & 21; March 7 & 21. For more info on classes and workshops: ColoradoYogaHouse.com

MONTROSE FARMERS MARKET WINTER MARKET will be open the following Saturdays 10am-1pm. open every other Sat-urday through April 27, 2019. We are located at Centennial Plaza - Indoor Market in the Centennial Meeting Room, 421 S. 1st Street, Building #1.

ALPINE PHOTOGRAPHY CLUB MEETING-second Tuesday of the month, @ 7 p.m., Community Meeting Room, Montrose Library, 320 S 2nd St. Includes: Presentations, photo sharing & critiques. All are welcome to attend.

AMERICAN LEGION POST 24 hosts Bingo every Saturday and Sunday at 7pm, at the Bingo Connection, 2075 East Main Montrose. Its open to the Public. Doors open at 5:30 p.m.. For more info call Tom at 260-8298.

DISABLED AMERICAN VETERANS meeting every 3rd Thursday at 6 p.m. at Friendship Hall in Montrose. All veterans with at least a 10 percent service connected disability are welcome. For more information call (970)964-4375.

MONTROSE TOASTMASTERS

Meetings every 1st & 3rd Wednesday of each month at 6:30 pm at Centennial Room, 431 South First in Montrose.

MONTROSE HISTORICAL MUSEUM-"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

MONTROSE COUNTY GOP MEETING

6:30 p.m. second Thursday of each month. MC-GOP Headquarters at 242 E. Main. Information: 970-765-7406

MONTROSE COUNTY REPUBLICAN WOMEN MEETING

Noon - third Fridays. Hampton Inn, 1980 North Townsend Ave. Information: Dianna 970-249-0724

MONTHLY-

Jan. 29-April 2- Mending Hearts GRIEF SUPPORT GROUP, Tuesdays, 1:30 – 3 p.m., Montrose HopeWest Office

Feb. 20-Colorado Archaeological Society presents Casey Dukeman discussing the use of 3D camera-based photogrammetry and drones to research archaeological features and create fascinating models of sites and settings, 7 p.m. on Feb. 20 at the Montrose United Methodist Church, 19 S. Park Street. The public is invited; free admission.

Feb. 21-Nonprofit board and staff members from the Western Slope are invited to "Crafting a Strategic Plan that Works," a workshop that will provide the tools you need so that your plan can help your organization be all that it can be: increasingly effective and increasingly attractive to funders, held at the Sherbino Theater, 604 Clinton, Ridgway, from 1-4 p.m. The guest presenter is Illene Roggensack. The cost is \$35; there is a discount for 3 or more from the same organization. To register, go to the link at www.cfgv.org/nonprofit-network. For more information, contact Maryo Ewell, maryo@cfgv.org, 970-641-3570

Feb. 21-Calling all girls! Join us Feb. 21 at the Montrose Library Meeting Room 2 TO 4 P.M. for a fun program of STEM and engineering activities for girls of all ages. Special guest speaker Becky Sproul, flight paramedic with CareFlight, will talk about her job. Activities will include: pendulum painting, helicopter craft and activity, and conductive (electric) thread art. This program is geared towards girls 5 and up but everyone is welcome to attend.

Feb. 21-Black Canyon Montrose Rotary Club will host their Charter Reception, taking place at the Holiday Inn Express & Suites Montrose (1391 S. Townsend Ave) on Feb. 21, 2019 from 5:30-7:30 PM. Charter Reception is hosted in partnership with the Holiday Inn Express, Black Canyon Surgical Center and Dalby, Wendland & Co., P.C. For additional information or to RSVP for this event, please contact Club Secretary, Ashley Pietak at 970-417-0041 or blackcanyonrotary@gmail.com.

Feb. 22-February Final Friday Frolics "Fiber." Come check out the Blue Sage March gallery exhibit "Fiber," Feb. 22nd from 5-7pm at Blue Sage in Paonia. There will be a meet and greet with the artists. Stop in or contact us at info@bluesage.org or 970-527-7243 for more information.

March 5-Fat Tuesday Fundraiser which supports Colorow and Black Canyon Boys & Girls Club

Tuesday March 5, 2019 at 6 p.m. at the Montrose Pavilion. Tickets are available at www.bcbgc.org/events

March 5-6:30 – 8 pm at Bill Heddles Recreation Center in Delta, author and fort volunteer historian Dave Fishell will present a fascinating program on the fort and the trail. During the early 1800s Fort Uncompander, once located near today's town of Delta, was a busy fur trade era post. Fishell will also cover horse stealing, the slave trade that probably passed through the fort, flintlock rifles, and how not to throw a tomahawk.

March 7- Taste of Colorado 2019 from 5:30 - 7 p.m. at The Bridges in Montrose

Tickets are \$30 online at www.montrosewinefestival.com or at The Liquor Store. All proceeds benefit the Black Canyon Boys & Girls Club.

March 7-Alligator Records artists Coco Montoya and Tinsley Ellis will make a stop in Telluride on their current "Blues Rock Titans" tour. Montoya and Ellis will each perform a full headline-length set at the Sheridan Opera House on Thursday, at 8 p.m. on March 7. Sheridan Opera House is at 110 North Oak Street, 970-728-6363. Ticket price: \$30-\$45. Website: www.sheridanoperahouse.com*See website for detailed ticket information.

March 8-The Bureau of Land Management will hold a meeting of the Southwest Resource Advisory Council (RAC), demonstrating that partnerships are vital to managing sustainable, working public lands. The public is welcome to attend the meeting which will occur on Friday, March 8 at the Dolores Public Lands Center, 29211 Hwy. 184, from 9 a.m. to 4 p.m. A half-hour comment period, during which the public may address the RAC, will begin at 11:30 a.m. Individuals who want to make a statement during the public comment period should register with the BLM by sending an email to jbaranga@blm.gov by Tuesday, March 5, 2019. For more information about the upcoming RAC meeting, please contact Jayson Barangan, BLM Colorado Lead Public Affairs Specialist, at jbaranga@blm.gov or (303) 239-3681. To learn more about the Southwest RAC, visit https://go.usa.gov/xF9Gs.



Contact the Montrose Mirror: 970-275-0646 Editor@montrosemirror.com

READER PHOTO SPOTLIGHT: DEB REIMANN!

www.montrosemirror.com

Deb snapped this scenic photo near Cochatopa Pass on a wintry bluebird day.



