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the Montrose Mirror

Fresh News for Busy People-Weekly on Mondays!

Issue No. 321 April 22, 2019

CELEBRATE CINCO DE MAYO 2019 @ CENTENNIAL PLAZA



Dancers of all ages took part in Montrose's 2018 Cinco de Mayo celebration. This year's event will include a Monte de Rosas Parade @ 10 a.m. Mirror file photo.

By Caitlin Switzer

MONTROSE-With music, dancing, classic cars & pinups, delicious foods (including a corn stand!) and the naming of the 2019 King and Queen, there will be plenty to celebrate on May 4 when Montrose once again gathers in Centennial Plaza for Cinco de Mayo.

According to history.com, Cinco de Mayo, which has evolved into a major holiday throughout the United States, commemorates the date of the Mexican army's 1862 victory over France at the Battle of Puebla during the Franco-Mexican War.

In addition to Cinco de Mayo, organizer Amy Gutierrez also intends to revive a cherished Montrose tradition on May 4. Gutierrez, who works in the RE-1J School District's Culture & Equity Office, grew up in Montrose. "We

[Continued pg 7](#)

LIQUOR LICENSES APPROVED FOR TWISTED GINGER, DIVOT'S, FROGGY'S TACOS

Police Chief notes 21 sex assaults since Jan. 21; commends victims for courage in coming forward

By Caitlin Switzer

MONTROSE-With a lengthy agenda, business moved at a brisk pace at the regular [Montrose City Council meeting](#) of Tuesday, April 16. Mayor Pro Tem Barbara Bynum presided in the absence of Mayor Dave Bowman, who was attending an opportunity zone conference at the White House. At the start of the meeting Council issued proclamations in support of Earth Week and Arbor Day and celebrated 30-years as a Tree City USA with an award presentation by Colorado State Forester Vince Urbina.

CALL FOR PUBLIC COMMENT

City resident Wayne Quade expressed appreciation for the City's efforts to create a healthy, liveable community.

[Continued pg 12](#)



With Mayor Pro Tem Barbara Bynum presiding, Montrose City Council approved a renewal and transfer of the liquor license for the former Sam's Tavern to manager Jay Davis, above, on April 16. Davis is purchasing the business and will change the name to Twisted Ginger.

in this
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*Art Goodtimes'
Up Bear Creek!*

*Photo spotlight with Deb
Reimann and Jen McClanahan!*

*Mirror help wanted
& classified ads!*

*Fresh Point of View...
A Cry for Responsibility!*



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REGIONAL NEWS BRIEFS

DMEA BOARD PETITIONS FOR THREE OPEN SEATS DUE MAY 6

Special to the Mirror

REGIONAL-The nomination period for DMEA's 2019 Board of Directors elections opened earlier this month. Each year, DMEA members are responsible for electing three representatives to serve on the co-op's board of directors. This year, the board seats up for election are District 3, District 4, and the South Region. Currently, the following members hold these seats:

District 3: Brad Harding

District 4: Ken Watson

South Region: Tony Prendergast (*term-limited*)

Members residing within the above districts are eligible to run for DMEA's Board of Directors. Eligible candidates must be members of DMEA and a resident in the district in which they are seeking election. To become a candidate, members must complete the self-nomination packet. The packets are available at DMEA's offices: 11925 6300 Rd., Montrose or 21191 H75 Rd., Delta. To confirm in which district you reside, call 1-877-687-3632.

Completed petition packets, including 15 member signatures supporting your candidacy, must be returned to DMEA no later than 4 pm, Monday, May 6, 2019. Petitions must be returned during normal business hours and can be dropped off at the following DMEA locations:

Montrose Headquarters: 11925 6300

Rd., Montrose; M, W, F, 8 am – 5 pm; T, TH 8 am – 6 pm

Read Service Center: 21191 H75 Rd.,

Delta; M & W, 9 am – 4 pm. Nomination petitions received after the May 6 deadline cannot be considered.



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For full consideration, all materials must be RECEIVED no later than 11:59 PM Mountain Time on Tuesday, May 7, 2019.

We are committed to increasing the diversity of our staff and providing culturally responsive programs and services.

Therefore, we encourage responses from people of all backgrounds and abilities. We invite you to review Colorado State University's Principles of Community (<http://diversity.colostate.edu/principles-of-community/>) that guide our mission and vision of access, teaching, service and engagement. CSU is an EO/EA/AA employer and conducts background checks on all final candidates.

PROFESSIONAL CLEANER:

Our client is seeking Professional Cleaners: Will train the right person! Looking for a night Janitorial Leader and a day Cleaning Assistant. Must be able to work independently as well as bend, lift, stretch, use a ladder, climb stairs and work at a steady pace. MUST BE RELIABLE AND HAVE A STRONG WORK ETHIC! Apply today at expresspros.com/montroseco or call 970-249-5202.

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All course content is available online through a learning management system to aide student learning. Laptops will be made available on campus for student use. Ability to use online resources is not required.

The clinical experience will be at Valley Manor Care Center in Montrose. All clinical time is mandatory per State Board of Nursing requirements. This is three full days as follows:

Monday May 13 8:00 am - 4:30 pm. 8 - 12 noon orientation followed by 4 hours practical

Tuesday May 14 6:00 am - 4:30 pm practical

Wednesday May 15 6:00 am - 4:30 pm practical


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CONSTRUCTION OF MIAMI-HILLCREST ROUNDABOUT STARTS APRIL 22

Special to the Mirror

MONTROSE-Contractors working for the City of Montrose will close the intersection at Miami Road and Hillcrest Drive beginning Monday, April 22, for construction of the new roundabout. The closure is expected to last through September.

Local access for residents, businesses, churches, and the Black Canyon Golf Course will remain open on each side of the construction zone, but vehicles will not be able to pass through the intersection.

The City asks motorists and pedestrians to please exercise caution throughout the work area and to please respect all coned off areas. Visit MoveMo.Co for more information on this project and to keep up to date with routine project updates.

Any questions regarding the project may be directed to Ryan Cushenan at 970.240.1485.

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CELEBRATE CINCO DE MAYO 2019 @ CENTENNIAL PLAZA From pg 1

used to have the Monte De Rosas' Fiesta," she said. However, when she returned here to work for the local schools, "I noticed didn't have Monte De Rosas anymore."

According to an article by Mike Robuck in the *Montrose Daily Press* (2003), Monte De Rosas' Fiesta had its roots back in 1968 when Chris Quintana and his wife Florence, Herman Archuleta, Leroy Jiron and Val Alvarado, among others, started the parade. The Fiesta returned for several years beginning in 2002 but is no longer active.

This year, Monte De Rosas will kick things off with a parade down Main Street at 10 a.m. Scheduled from 10 a.m. to 7 p.m., The Cinco De Mayo event is a joint effort between the Office of Culture & Equity and the Montrose and Olathe LULAC (League of United Latin American Citizens) Clubs. The Downtown development Authority (DDA) has been very supportive, and generous sponsors to date include the Colorado Trust Foundation; Montrose Office Business & Tourism (OBT) Altrusa International; Delta-Montrose Electric Association (DMEA); Turner Toyota; Alpine Bank; Peer Kindness; and KREXTV.

2019 Cinco de Mayo royalty will be crowned at 5 p.m.

"I started this to build community relationships and help everybody to promote their organizations," Gutierrez said. "It's a safe place for everybody to gather, and it will benefit school clubs and non profit organizations within the community."

Cinco De Mayo also serves as a fundraiser for LULAC, to allow students to raise more money for conferences and school tours. Olathe High School Art Teacher Stephen Motley worked with student Caleb Ayres to design artwork for Cinco de Mayo, Gutierrez said. "Caleb highlighted elements from our area with the mountain range, columbine and colors. The Columbine is a representation of both Olathe and Montrose, blending the red and blue in a purple Columbine flower. T-

Shirts with the design will be sold at the festival for \$12. We would like to commend them both for their hard work and dedication to our cause."

Besides, Montrose's Cinco De Mayo Festival has something fun for just about everyone. Along with tamales, sopas, pupusas, a corn stand, and booths representing local eateries, there will be cotton candy, snow cones, and the Montrose Regional Library bookmobile. Mariachi

artist Alberto Mejia will perform, and there will be a variety of music and dancing throughout the day. Expect prize drawings, Zumba, the Black Canyon Classics Car Club, and the Classic Queens pinup girls, who will add a touch of glamour and retro style to this day of celebration.

Still, with so much going on, Gutierrez has not lost sight of her original goal.

"I am most excited about bringing everybody together to celebrate," she said.



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REGIONAL NEWS BRIEFS

PUC TAKES PUBLIC COMMENT ON BLACK HILLS COLORADO GAS RATE PROPOSAL

Special to the Mirror

DENVER-The Colorado Public Utilities Commission (PUC) will take public comment in Glenwood Springs and Castle Rock on a proposal by Black Hills Colorado Gas to increase natural gas base rates by approximately \$2.5 million, or 3.5 percent, above its current annual revenues.

Public comment hearings will be Tuesday, April 30, at the Board of County Commissioners Meeting Room, 108 8th St., in Glenwood Springs, and Wednesday, May 1, at the CR Bank Room East in the Phillip S. Miller Library, 100 S. Wilcox St., in Castle Rock. The public comment hearings will begin at 4 p.m. and continue until no later than 6 p.m.

Black Hills Colorado Gas is the entity created by the consolidation of Black Hills Gas Utility and Black Hills Gas Distribution (formerly SourceGas) last fall.

The rate proposal, filed in February, seeks to combine base rates, general tariffs, gas cost adjustments, construction allowances, existing revenue riders and extension policies of the two former utility companies.

The company also is proposing to combine its three existing base rates areas into two newly-defined rate areas, and the seven existing gas cost adjustment (GCA) areas into three newly-defined GCA regions.

While the overall impact of the proposal would increase company revenues by 3.5

percent, residential and small commercial customers of Black Hills Colorado Gas could see either monthly increases or decreases (up to 8 percent) on their bills, depending on their current rate area. Customers who are unable to attend the public hearings may submit written com-

ments about the rate proposal to the PUC at 1560 Broadway, Suite 250, Denver, CO 80202.

Customers may also use the on-line comment form at www.dora.state.co.us/pacific/puc/puccomments under proceeding number 19AL-0075G.



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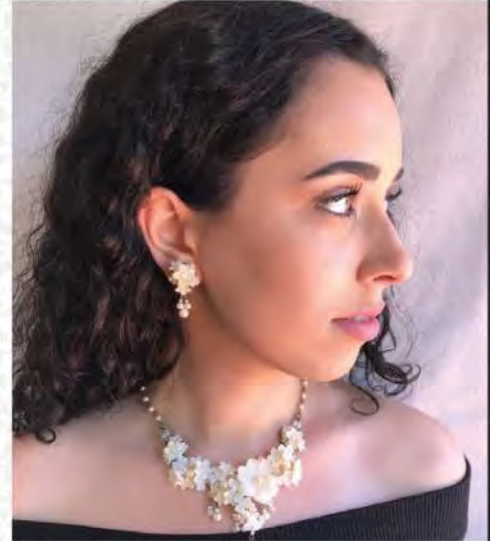
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A FRESH POINT OF VIEW...CRYING OUT FOR GROWNUP BEHAVIOR



Jack Switzer, 15.

By Jack Switzer
MONTROSE-I hand over my ten dollars to the cashier, grab my popcorn and soda, and head into the darkness of the ever so welcoming

theatre atmosphere. I sit next to my friends and talk to them while the before movie advertisements are slipping on and off screen. After a few minutes, I can't help but notice a baby crying; normally, I

would totally get it, taking a child to see a nice family-friendly kids movie. However, this is an R-rated horror film filled with gore and cuss words. I mean, I really hope that you do know this when you walk through those velvet curtains. But, I suppose it's not my problem. The theatre speakers roar, and the movie begins to play. Some pretty grotesque content plays, and the baby starts crying, okay that's pretty annoying. I can see everyone in the theatre turn with angry stares. After a few minutes the crying stops. Thank goodness that's finally over.

I was wrong; it only got worse from there. In the previous hour of the movie, there had been death, blood, and scares, enough to probably give that child night-

mares. Still, the moment a cuss word was thrown, this woman decided instead of calmly leaving to scream and gasp, and huff and puff her way to the exit. Throughout the rest of the movie I could hear this lady and her crying child talking to a worker in the theatre, loudly yelling and complaining she couldn't get a refund. By the end of the movie, I could see some pretty annoyed people walking out of the theatre while this lady was still arguing with this poor worker.

The lesson to be learned here, is to be mature when you're making a decision and acknowledge what you are doing and what the consequences may be, and if you do make a mistake, you have to be an adult and own up to it.

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LIQUOR LICENSES APPROVED FOR TWISTED GINGER, DIVOT'S, FROGGY'S TACOS From pg 1

He gave examples. "Number one was the Mayor's Water Challenge," he said. "Thank you. And of course, our river master plan, and our position of director of innovation and public engagement, and the City's conservation of energy program, and of course DMEA as well...they have hydroelectric and solar array fields, and money back if you get your own solar arrays."

Quade also listed the electric charging stations and the effort to get more of them, the recycle programs, bikeways and the County's CPACE program.

"I just wanted to appreciate Council and leadership for helping us promote a healthy and liveable environment, and of course for the proclamations for Earth Week and for the Arbor Day Proclamation," he said.

CONSENT AGENDA

Consent Agenda items passed unanimously.

SAM'S TAVERN LIQUOR LICENSE RENEWAL HEARING & LICENSE TRANSFER

Council voted in December of 2018 not to renew the liquor license for Sam's Tavern (35 North Cascade Avenue) due to concerns over patrons being over served, underage service, fighting inside and outside of the premises, and constant calls to police. However, another hearing on the license was required because the City had erred in not giving the license holder enough notice.

On April 16, City Attorney Stephen Alcorn welcomed tavern manager Jay Davis, who is buying the establishment and intends to change the name to Twisted Ginger. When asked how many complaints and issues with police have occurred since Davis had taken charge, "Three or four," Davis said.

"When I talked to the police chief today, his exact words were, 'It's been crickets over there'...meaning that there's been very little need for police involvement," Alcorn said.

Davis said he does not let anyone in the door without a driver's license or identification card. "I don't care if you're 21 or 100," he said. "I have zero tolerance for anything going on in the bar."

Bynum opened a hearing on the license renewal; with no comments received the

hearing was closed.

Said Councilor Roy Anderson, "I want to commend you for what you've done...we've had a lot of concerns about safety in the community and those seem to have gone away...you've shown us that you are going to run a responsible business."

The liquor license renewal passed unanimously.

Transfer of the license to Davis was also approved unanimously. "I want to make this place a place where it's safe to come and have some fun," Davis said. "Where you don't have to worry about any trouble toward you while you're in there. We're trying everything we can to make sure we're not over serving anybody."

Speaking in support of the transfer was Liz Esquibel, an eight-year employee of Sam's Tavern. "...I am having fun again. I don't have to worry about the over serving, because when they come to the door if they're intoxicated we don't let 'em in...I don't have to worry about the girls standing in the corner, have we I.D.'d them, because I know we have."

Davis takes care of all issues immediately, she said. "He is on the floor constantly, he's with the door guys making sure they're ok, and he is the owner and the manager and he cares about what we're doing now."

"I think he's done a great job and we're looking forward to having some fun this summer."

LIQUOR LICENSE TRANSFER FOR DIVOT'S
Council considered transfer of a Hotel and Restaurant liquor license with Optional Premises at 1350 Birch Street from Horsefly Brewing Company LLC, doing business as Brews and Bogey Club, to Janece Culver, doing business as Divot's, to sell malt, vinous and spirituous liquor for consumption on the licensed premises. Culver, who started the former Shanty II and owned it for several years, also managed the Horsefly Brewing Company outlet at the Mont-



Divot's proprietor Janece Culver answered questions during the liquor license transfer April 16. Culver will operate the restaurant and beer cart at Black Canyon Golf Course.

rose Regional Airport for three years. In addition to Divot's she will operate the golf course beer cart.

When asked by Alcorn if she could stand up to strong personalities demanding drinks, Culver said, "I don't have a problem with that."

City resident David Stockton spoke during the time for comment on the issue. "Janece and the City's done a fantastic job on the redesign of the restaurant at the Golf Course," Stockton said. "I have visited her operation several times after a round of golf, and it's just top notch...she's done a fantastic job; let's just keep this thing going."

The liquor license transfer passed unanimously.

NEW BEER & WINE LICENSE FOR FROGGY'S

Also approved was a new Beer and Wine liquor license application at 213 S. Fifth Street for Froggy's Taco's LLC to sell beer and wine for consumption on the licensed premises.

Owner Allen Frigetto said Froggy's Tacos makes 13 different types of tacos and several sides and hopes to be able to serve beer and wine to customers. He asked Council if any of them had been in for a taco.

Alcorn noted that Froggy's is "real close to the high school" and has tacos with fun sounding names.

"I do not get a lot of high school kids in there," Frigetto said, adding that it has been a disappointment to him. "We're

LIQUOR LICENSES APPROVED FOR TWISTED GINGER, DIVOT'S, FROGGY'S From previous pg

not a fast food taco place....the problem is the kids just don't have that time frame... as far as the kids being in there it's kind of a disappointment."

Alcorn asked if, in an effort to gain student business, Frigetto would be quick to serve them beer.

"I won't do that," Frigetto said. "I know that we're in a tough area there being close to the high school...we're going to be very stringent on checking I.D.'s..."

"As a matter of fact I'm going to check you if you come in there."

Over service will not be tolerated, he said. "They'll come in there, have a beer with their taco and then leave," he said. Bynum convened a hearing; with no comment received the hearing was closed.

ORDINANCE 2471

Ordinance 2471 was approved on second reading, amending the zoning district designation of lots 1 and 2 of the Atwood Minor Subdivision from B-4 Neighborhood Shopping District to R-3A Medium High-Density District.

ORDINANCE 2472 & 2473

Ordinance 2472 was approved on first reading, repealing and replacing Title 4 Chapter 4 dated April 4, 2016 of the Official Code of the City of Montrose regarding Zoning Regulations to clarify language related to short-term rentals.

Said City Senior Planner Garry Baker, "The proliferation of commerce on the Internet has affected rental of homes as most people have had experience running an Air BNB or a VRBO or something similar to that. ...we wanted to clarify that the use is recognized by the City of Montrose."

Ordinance 2473 was approved on first reading as well, repealing and replacing Title 5 Chapter 15 Section 2 and Title 5 Chapter 15 Section 7 dated Sept. 19, 2017 and Title 5 Chapter 2 dated Nov. 4, 2010 of the Official Code of the City of Montrose regarding sales and use tax and excise tax to clarify language related to short-term rentals. Finance Director Shani Wittenberg reviewed and explained the changes to Council.

J&L JONES ADDITION ANNEXATION- RESOLUTION 2019-10, ORDINANCES 2474 & 2475

A hearing was held on the annexation, requested by Gerald and Laurie Jones, who are planning to build a single-family residence, in order to connect to City sewer lines. Resolution 2019-10, Findings of Fact for the J&L Jones Annexation was unanimously approved, and Ordinance 2474 was adopted on first reading for the annexation of the J&L Jones Addition. Also adopted on first reading was Ordinance 2475, zoning the J & L Jones Addition as an RL Rural Living District.

ORDINANCE 2476-CONSUMPTION OF ALCOHOL IN PARKS

Council considered Ordinance 2476 on first reading, repealing and replacing Title 5 Chapter 12 Section 6 dated Feb. 17, 2015 of the Official Code of the City of Montrose regarding alcohol consumption in parks.

Longstanding City ordinance forbids alcohol consumption in public parks, Alcorn said, but the Montrose Recreation District has requested the change. Alcohol has previously been allowed in conjunction with adult softball leagues; now it will also be allowed within the pavilion picnic structure located at Rotary Park and a 20-foot perimeter thereof during times when school is not in session; within the pavilion picnic structure located at Riverbottom Park and a 20-foot perimeter thereof; within La Raza, Cerise, McNeil, Ute, and Holly parks; and at the Montrose Field House and outdoor kiddie pool.

The changes do not allow citizens to randomly take alcohol to those locations for consumption; "This is to allow participants in programs or renters of our facilities to bring in their own beverages and to do so within guidelines that we develop," said Rec District Recreation and Operations Manager Jeremy Master, who joined the Rec District on Feb. 11. "This will put the onus on renters to ensure the safety of those attending their event."

SPRUCE POINT SUBDIVISION & ESTATES @ STONERIDGE

Council voted unanimously to approve the Spruce Point Subdivision Amended Preliminary Plat; Estates at Stone Ridge Subdivision Amended Preliminary Plat; and Estates at Stone Ridge Subdivision Filing No. 2 Final Plat as presented by Senior Planner

Garry Baker.

OTHER BUSINESS

In other business, City Council unanimously approved bylaws for the City of Montrose Historic Preservation Commission (including a code of ethics) and conducted a public hearing to allow citizens to review and comment on the city's performance in carrying out a federally-funded Community Development Block Grant (Grant #18-503 - Maslow Academy Property Acquisition) and to fulfill the programmatic close-out requirements of the grant.

STAFF REPORTS

Finance Director Wittenberg gave a Sales, Use & Excise Tax report; City Manager Bill Bell reminded that opening day for youth baseball will be May 11, and that there will be a community block party on South Cascade May 2.

Assistant City Manager Ann Morgenthaler discussed upcoming clinics at the Black Canyon Golf Course, and said that she, Kate Adams of the Chamber of Commerce, and City Director of Business Innovation Chelsea Rosty had attended the Downtown In The Game Conference in Aspen on April 11. Montrose Urban Renewal Authority (MURA) was nominated by David Dragoo of Mayfly and was selected for a Governor's Award, she said. "It's a great partnership we have with them," Morgenthaler said, adding that Storm King Distillery was chosen for best adaptive reuse project.

Police Chief Blaine Hall said that Montrose Police have taken 21 sexual assault reports since Jan. 21, involving only one case with an unknown perpetrator. He noted the importance of victims coming forward. "Unfortunately, the bulk of these crimes are perpetrated against children," Hall said. "...I commend the victims of this heinous crime for their courage."

The final meeting of the Blue Ribbon Public Safety Citizens' Advisory Committee will be May 15 and a report will be presented to Council on June 4, he said.

Councilor Roy Anderson said, "Our brand-new mayor is in Washington, DC...he is at the White House discussing opportunity zones for Montrose."

With no further business, the meeting was adjourned.



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COLORADO NEWS BRIEFS

COLORADO EMPLOYMENT SITUATION: MARCH 2019

Colorado Workforce Center

COLORADO-Employers in Colorado added 6,100 nonfarm payroll jobs from February to March for a total of 2,755,300 jobs, according to the survey of business establishments. Private sector payroll jobs increased 5,300 and government increased 800. February estimates were revised down to 2,749,200, and the over the month change from January to February was an increase of 300 rather than the originally estimated increase of 700.

According to the survey of households, the unemployment rate decreased two-tenths of a percentage point from February to March to 3.5 percent. The number of people actively participating in the labor force increased 800 over the month to 3,139,700 and the number of people reporting themselves as employed increased 5,400 to 3,029,100, causing the number of unemployed to decrease 4,600 and the unemployment rate to decline to 3.5 percent. The national unemployment rate was unchanged over the same period at 3.8 percent.

Over the year, the average workweek for all employees on private nonfarm payrolls decreased from 33.5 to 32.6 hours and average hourly earnings increased from \$28.39 to \$30.27.

The largest over the month private sector job gains were in professional and business services and educational and health services. The largest over the month decline was in leisure and hospitality. Over the year, nonfarm payroll jobs increased 45,100, with an increase of 42,000 in the private sector and an increase of 3,100 in government. The largest private sector job gains were in professional and business services, educational and health services, and trade, transportation, and utilities. Financial activities declined over the year. Over the year, the unemployment rate is up six-tenths of a percentage point from 2.9 percent. The number of Coloradans participating in the labor force increased 76,000, total employment increased 54,700 and the number of unemployed increased 21,300. The national unemployment rate declined from 4.0 percent in March 2018 to 3.8 percent in March 2019.

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COLORADO NEWS BRIEFS

NEW REPORT CHARTS 'A GREEN GROWTH PROGRAM FOR COLORADO'

Special to the Mirror

DENVER-Colorado can do it – reduce carbon emissions, make a difference on climate change and create jobs all at the same time. The Political Economy Research Institute has authored [a report outlining a “transformative green growth program”](#) to reduce Colorado’s carbon emissions 50 percent by 2030 with a long term goal of reducing emissions 90 percent by 2050. The report highlights the importance of an approach that invests in clean energy and energy efficiency while providing for the needs of working people impacted by changes to the state’s energy infrastructure.

Critically, the report includes a comprehensive plan for an estimated 34,000 workers in Colorado’s carbon producing industries. The study projects only a small percentage, approximately two percent of the total fossil fuel workforce, will experience job displacement. The transition plan outlined provides wage insurance, retraining, and relocation funding for dislocated workers to transition to green jobs. Additionally, the report details one of the aims of a clean energy investment agenda for Colorado should be to raise wages, benefits and working conditions in the newly-created clean energy investment industries. “Working people and our communities must be included in our state’s plans for climate stabilization,” said Dennis Dougherty, Executive Director of the Colorado AFL-CIO, one of the labor organizations that commissioned the report. “A truly sustainable future will not ask more of the energy and utility workers who power our state than from billionaires. The findings of this report affirm that we must resolve both the ecological and economic implications of climate change in order to move this issue forward. This report lays out a path that protects working people’s retirements, supports displaced workers and advocates for a clean energy industry committed to fair wages and benefits.”

“This study demonstrates how public and private investments in clean energy jobs

and energy efficiency standards can build a sustainable economy of broadly shared prosperity,” said Robert Pollin, one of the authors of the report. The full report is

available online at: <https://www.peri.umass.edu/publication/item/1168-a-green-growth-program-for-colorado>



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Wednesday 8am-6pm
Thursday 8am-6pm
Friday 8am - 12pm



Montrose County Health & Human Services
1845 S. Townsend Ave Montrose

REGIONAL NEWS BRIEFS

DUNKIN' AND BASKIN-ROBBIN NOW OPEN ON SOUTH TOWNSEND

Special to the Mirror

MONTROSE-Dunkin' and Baskin-Robbins new Montrose restaurant, located at 1803 S Townsend Avenue, celebrated its grand opening last week.

As part of the celebration, Dunkin' rewarded the first 100 customers with a free coffee for a year coupon book, redeemable for one free coffee a week for 52 weeks.

The celebration also included a ribbon cutting ceremony, donut decorating, giveaways and more.
Courtesy photo.



REVIEW YOUR FLOOD INSURANCE NEEDS TODAY!

Special to the Mirror

DELTA-We have been fortunate to have experienced a wonderful, and much needed snow season. Unfortunately, one downside to a higher than normal snow season, is the spring runoff; with the above average snow pack, and warmer temperatures; now is the time for Delta County homeowners, renters, and businesses to think about flood insurance. Delta County Emergency Management recommends everyone review their flood insurance needs now before the snow melt and spring rains bring the potential for flooding. Typically the runoff peaks between mid-May and mid-June.

Floods are not predictable and can happen *anywhere* and at *any time*. Homeowners are not safe to assume that their standard homeowner's insurance policy will cover loss or damages sustained in a flood whether it be from a flood, or mud flow, which develops when water saturates the ground and becomes a river of

liquid and flowing mud. Even if you do not live near the water, please check with your homeowner's insurance company to consider coverage to protect your home in an event such as a water line break.

Below are links to the Federal Emergency Management Agency's website that can assist you in determining whether or not flood insurance is right for you **PLEASE NOTE:** it takes 30 days to be covered in a flood event, your attention to this matter is crucial.

For further information, regarding the potential for flooding in your specific area of home or business, go to:

<https://msc.fema.gov/portal/search?>

Additional resources from FEMA can be found at the links below, in both English and Spanish:

<https://www.floodsmart.gov/>

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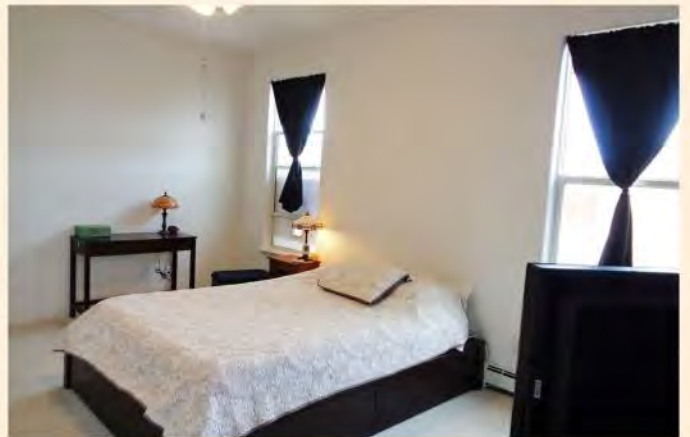
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As always, your safety is our highest priority, please be mindful of rising waters in streams and canals, in and around where you live and work. Please "like" and follow Delta County Emergency Management's Facebook page (@DeltaCountyOEM) to keep up-to-date and sign up for Emergency Notifications if you haven't enrolled already. You can register your home phone, all cell phones in your family and email addresses. Be sure to sign up for not only phone calls but also text alerts for emergency, non-emergency and severe weather alerts! Don't wait – sign up today at: DeltaCounty.com - click on the CodeRED Sign up button on the homepage!

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\$140K IN EXTRA FUNDING ALLOWED FOR STREETS MAINTENANCE; NORTH 5TH DROPPED FROM PROJECT LIST DUE TO COST

By Caitlin Switzer

MONTROSE-Three new City employees were introduced at the Montrose City Council [Work Session of Monday, April 15](#). Joining City staff are Parks & Special Projects Division Worker James Reed; Part-time Parks & Special Projects Division Worker Doug Harris; and Street Division Worker Matthew Knight. Council/staff lunch was catered by Camp Robber; all Councilors were in attendance at the work session.

DISCUSSION ITEMS

City Animal Control Officer Mike Duncan discussed **changes to the City's Municipal Animal Code**. Among the items discussed were the limit on dogs and cats per residence (two of each are allowed) and a change in code to make it unlawful to have animals in City cemeteries and sports fields. "There are people who walk their dogs in the cemetery," City Attorney Stephen Alcorn said, noting that during a recent demonstration of ground-penetrating radar at Cedar Creek Cemetery, "We watched a dog pee on a tombstone."

"We have had issues out there," Police Chief Blaine Hall said. City Manager Bill Bell said that some pet owners have been using the fields on Sunset Mesa as a dog park. Mayor Dave Bowman asked whether animals would be permitted on the driving range at the golf course. The rule forbidding animals on sports fields will include the golf course, Alcorn said, though animals may be permitted in certain areas during special events, upon request. Councilor Roy Anderson said, "We owe our ancestors and family members who are buried at the cemetery respect...not letting animals do their thing on headstones and burial plots is part of that."

Council also considered limiting the number of poultry allowed per household. Said Councilor Doug Glaspell, "If odor gets to be a problem...we haven't specified a number." Duncan suggested establishing a limit of 12 to 20 chickens

per household within City limits.

Said Mayor Pro Tem Barbara Bynum, "Twelve to 20 chickens might be appropriate for a larger property, but wouldn't four be more appropriate in some cases?"

Alcorn said that issues such as odor and noise could be addressed as they create problems, rather than setting a specific number of poultry to be allowed.

Chief Hall said that the City is moving away from requiring animal licensure, instead requiring that owner contact information be on the animal's collar tag. Code (Section 6-2-19) now prohibits interference with animal shelter employees and volunteers. Rabies vaccinations are still required.

City Planner Garry Baker presented information on the **Horsefly Addition Annexation**, a proposed annexation approximately 2.14 acres in size. The parcel is located at 1729 6450 Road northwest of the 6450 Road Bridge over Cedar Creek. It is within the City's urban growth boundary, the City water service area, and the City of Montrose sewer service area.

City Engineer Scott Murphy presented information on the ["MoveMo" 2019 streets maintenance](#) contract award. MoveMo was created two years ago with a \$5M allocation for streets maintenance, Murphy said. Mountain Valley Contracting was low bidder on the 2019 project, in the amount of \$2,900,000. A [list of the streets](#) to be maintained in the 2019 MoveMo project is included in the work session packet. Still, "A couple fell off the list," Murphy said. Among these is North Fifth Street from Townsend to Park Avenue; "It cost too much."

Of the streets that remain, "Cascade from Main Street to South Second is the most invasive of all." Though only \$2.2M remained in the budget, staff asked that additional contingency funds (approx. \$140K) be awarded to this contract for a total of \$2,900,000. As project funds allow, these additional street maintenance funds will be used to overlay either Otter or Odelle roads.



Montrose City Council work session April 15.

Despite construction on Hillcrest, "The Golf Course entrance will remain open; we will help direct traffic during concerts."

Grant Coordinator Kendall Cramer discussed a Resolution authorizing the filing of a **Colorado Water Conservation Board grant**. The City will apply for \$100K to be used for river restoration efforts.

Mayor Bowman reminded of the Mayor's Water Challenge. "I encourage people to look at [mywaterpledge.com](#)...I encourage everybody in the community to get involved, sign up, and see what you can do."

Utilities Manager David Bries said that money is available to offset the costs of installing low-flow toilets. "The City web site has a reimbursement form on it."

May 15 will be the last meeting of the Blue Ribbon Public Safety Citizens Advisory Committee. The Committee's report is expected by the end of May, Police Chief Hall said.

COMMENTS

Bynum congratulated Mayor Bowman for his upcoming visit to the White House for an Opportunity Zone event.

"This will give me the chance to sit down with people from across the country to see what they're doing," Bowman said. "This is really a high-powered conference...we are really on the cutting edge. I am definitely a student of American history. To go to a White House meeting is very meaningful...thank you Bill Bell for arranging this."

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OPINION/EDITORIAL: COMMENTARY

WHAT THE 2020 CENSUS MEANS TO RURAL COLORADO

By Senator Michael Bennet

COLORADO-April is a busy time for rural Coloradans. Planting season is here, ditches are running, and the end of school is around the corner. A year from now, another event will begin that is critical to rural communities: the 2020 Census.

On April 1, 2020, the U.S. Census will conduct "the count," the constitutionally mandated head count of every person residing in the United States. We have completed a census every decade since the nation's founding over 230 years ago.

This count is vital for communities across Colorado, because it helps determine almost every federal and state dollar we receive. That could mean more money -- or less -- for state and county programs such as Medicaid, nutrition assistance, housing vouchers, free or reduced school meals, grants for community-driven projects, technical support for farmers, and funding for critical transportation projects.

The 2020 Census count will also determine our state's voice in Washington. Every decade, we use the Census to reallocate congressional districts across the country. Colorado's booming population could mean an additional district, strengthening our influence in Congress.

Even though most population growth has come from the Front Range, strong participation from rural communities will ensure that your interests are heard in county, state, and federal government for the next decade.

In 2020, it will be easier than ever to participate in the Census. As in the past, households will receive an invitation by mail to participate. However, they will now have the option to respond online, by mail, or by phone.

Some areas will receive a paper questionnaire along with their invitation. Regardless of how people respond, all information provided to the Census will remain

strictly confidential and will not be shared or used for any other purpose.

Rural Coloradans know their communities best and are critical to getting the best count possible.

That is why "Complete Count Committees" are forming across our state to work alongside Census staff. I encourage you to join these Committees, especially if you have a connection with individuals who may be hard to reach, such as veterans, immigrants, seniors, families with young children, and individuals living in poverty or homelessness.

Trusted members of the community, including civic and faith leaders, teachers and school administrators, emergency service providers, and veterans groups will be especially valuable to this effort.

To ensure that rural Colorado has the representation and resources it deserves, let's make sure we count everyone in the 2020 Census.

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OPINION/EDITORIAL: LETTERS

AMERICAN INDEPENDENCE: THROW OFF THE YOKE OF TYRANNY TODAY

Dear Editor,

The surprise evacuation of occupying British troops and British loyalists in Boston under British Commander General Howe from the city of Boston in early March of 1776 was a significant turning point in Gen. Washington's War for America's Independence. David McCullough's 1976 tells the gripping story of Washington's rag-tag, poorly trained, undisciplined army of citizen-soldiers who against all odds supplanted and drove from America's shores the mightiest army in the world.

The deliverance of Boston from British control would prove to be a harbinger of more difficult battles to come. On the eve of the bombardment of Boston by American rebel forces, Washington issued orders to his troops clarifying how very serious the moment was and what was expected of them:

As the season is now fast approaching when every man must expect to be drawn into the field of action, it is highly necessary that he should prepare his mind, as well as everything necessary for it. It is a noble cause we are engaged in, it is the cause of virtue and mankind, every temporal advantage and comfort to us, and our posterity depends upon the vigor of our exertions...
(as quoted in 1776, pg.180)

The taking of Boston by the all-volunteer Massachusetts militia is a remarkable and delightful story. Three thousand men under General Thomas were to take part in a massive, highly sophisticated operation to

build a fortress on the twin hills of the Dorchester Heights peninsula, just a canon-ball shot from Boston. The plan was to occupy the Heights on a single night! The move on Dorchester would begin after dark on March 4 and be completed by first light the morning of March 5, the anniversary of the Boston Massacre. It was a remarkable achievement. Author David McCullough describes the shock of the British Commanders the following morning:

"At daybreak, the British Comanders looking up at the Heights could scarcely believe their eyes. The hoped-for, all important surprise was total. General Howe was said to have exclaimed, "My God, these fellows have done more work in one night than I could make my army do in three months." (1776, pg. 185)

In the summer of 1776, with battlefields like Boston fresh in their minds, the Framers of our Constitution spent countless hours writing and rewriting the Declaration of Independence. Their words laid the foundation for the U.S. Constitution, words that will be forever etched in our nation's collective memory:

*We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are **Life, Liberty and the pursuit of Happiness...***

Just as the generation of our Founding Fathers in the Colonial period found themselves living under "a long train of abuses and usurpations" under King George and

determined that it was their right "throw off such Government", our generation finds itself living under an equally abusive and usurping centralized government that has incrementally, over the last hundred years, far overstepped its constitutionally established enumerated powers.

Article V of the U.S. Constitution was provided for such a time as this. Citizens of a constitutional republican have not only a right but a duty to rebuke a government that has become complicit in political corruption, mired in tyrannical overreach, and drunk on the elixir of taxation. Article V was written into the Constitution just before its ratification in 1787 to afford the states the right to call for a convention for proposing amendments.

Join the grassroots movement to check Federal overreach, restore fiscal responsibility and establish term limits for all elected officials.

"The reflection upon my situation and that of this army produces many an uneasy hour when all around me are wrapped in sleep. Few people know the predicament we are in."

General George Washington
January 14, 1776

Respectfully submitted,
Joe Fockler

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jfockler53@gmail.com



OPINION/EDITORIAL: COMMENTARY

BANNING OIL AND GAS IS NOT THE RIGHT DIRECTION FOR COLORADO



By Senator Don Coram

Howdy again from the Denver Capitol! It has been another turbulent couple of weeks in both chambers of the legislature. This session has been marked with long drawn out fights in order to slow down the agenda

Senator Don Coram.

of the majorities in both chambers. As a rule of thumb the "too much too fast" mentality is detrimental to lawmaking. It leads to hurried legislation riddled with errors, a lack of opportunity for stakeholders to properly voice their positions and contribute to the process. A notable example of this in the past week is the Governor's signing SB19-181, an effective ban on Oil and Gas operations in the state.

As stated in my last OpEd, it seems partisan politics not sound policy is the theme of the current session and SB19-181 is no different. Last November the voters defeated Proposition 112, a similar attempt

at an Oil and Gas ban by 10 points. On this subject, the voters have already laid precedent that banning Oil and Gas is not the right direction for Colorado. Leadership in the House and Senate seem to believe that their legislative authority supersedes the will of the voters that gave it to them. In the Senate, opportunities to amend the bill failed with the overruling of the Majority party. In short this bill, that is already having negative effects on the Western Slope, had no bipartisan support and Democratic leadership didn't want it.

Many counties are left wondering how their tax base will be effected now that the bill has become law and what kind of stop gaps can be put in place to keep our schools and transportation infrastructure from dangerous financial situations. Grand Junction has already experienced layoffs in the industry and undoubtedly more will follow across the state. My opinion, this was a bad bill meant to satisfy the wants of a political activists and an attempt to implement the "Green New Deal" of progressive members of US Congress here in Colorado. I opposed it in the Senate, I oppose it as law. I have worked to maintain a reputation of speaking out when I see something wrong and when I

see something right regardless of party, its this honest assessment that the capitol needs.

Though partisanship is common under the capitol, I must tip my hat to one of my colleagues in the Senate on the other side of the aisle. Senator Kerry Donovan (D-SD5) and I were able to work hand in hand to slow the process down and take into account all stakeholders this week in regards to two separate water bills that would have greatly affected the way we manage out water resources in the state. We made the decision to drop our two bills and work together in order to focus on long term solutions that will benefit all involved. I appreciate her openness for bipartisanship and I look forward to fixing the management of our in stream flows together during the interim water committee that takes place between sessions.

I will continue to fight for the values of the western slope in the remaining days of the legislature and as always am happy to hear from you. Please, if you find your self close to the capitol building stop by and say hello. I am always available for questions or concerns. Contact me at don@doncoram.com and I will be happy to answer any questions you might have.



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CRIME STOPPERS**

see something, say something

OPINION/EDITORIAL: LETTERS

LEFT INCREASINGLY FAVORS NON-CITIZENS OVER AMERICANS

Editor;

The Democrat leftist politicians increasingly favor non-citizens over American citizens; just look at how they insist on keeping the southern border open to invaders. But Democrats in New York may have set a new low. New York's Higher Education Committee, in April this year, voted against a bill that would have provided free college tuition to the families of veterans killed in the line of duty. But, if that's not bad enough, this was AFTER they had just passed a budget bill that included \$27 million in free tuition aid to children of illegal aliens! By contrast, the current program for American vets' kids cost just \$2.7 million--a mere tenth of the tuition aid the state's illegals will receive. This is despicable!

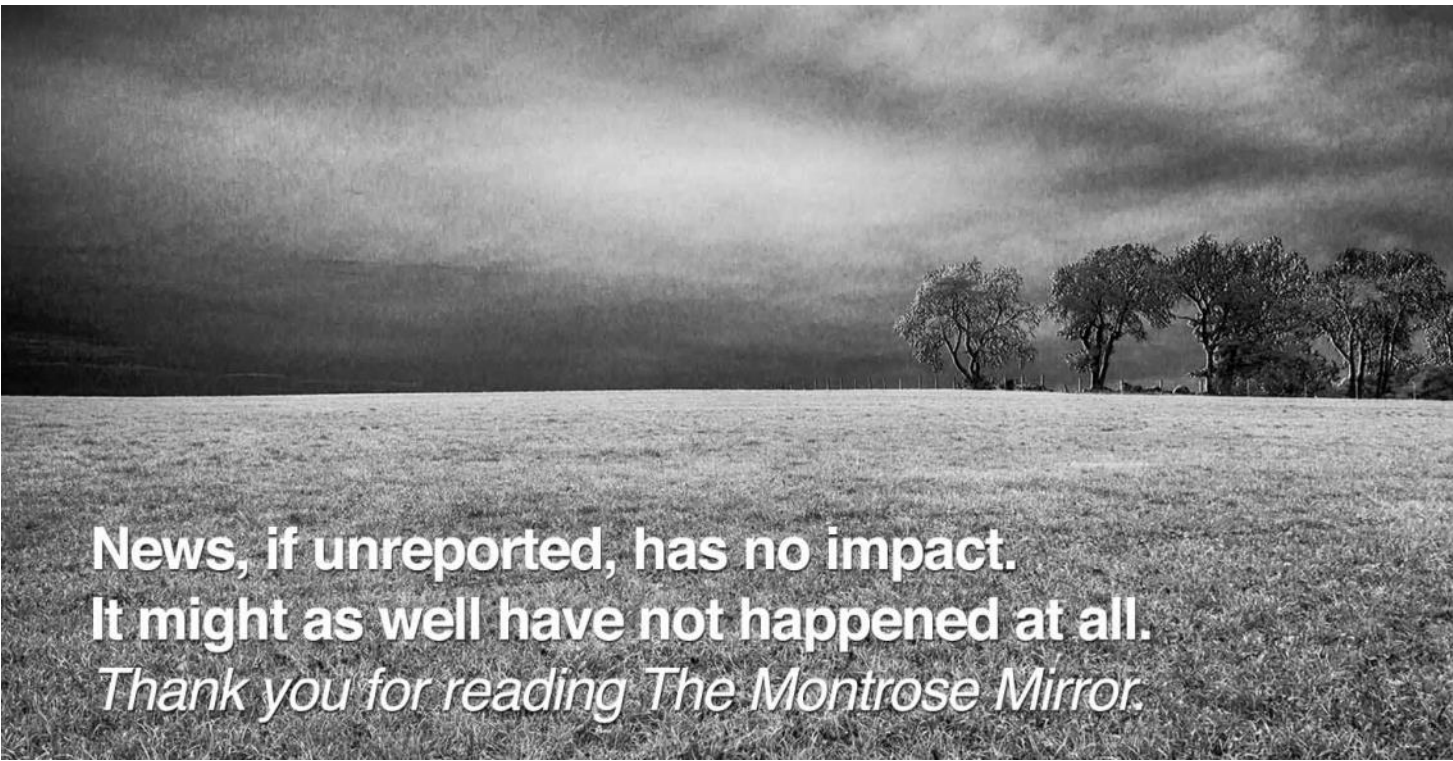
Republican lawmakers lectured this Democrat action as disgraceful and questioned what is in their hearts to vote no on a bill like this. It certainly isn't patriotism or respect for those who lay down their lives for all of us including those very politicians. The Democrat chairwoman of the committee, Deborah Glick, feebly trying to dream up an excuse why she voted against the bill, said her concerns over the budget weighed against expanding the tuition-aid bill! What? After expanding it \$27 million for illegals? She's worried about the budget?

On another note, an Opinion article in the Montrose Press on 4-21 and written by the famous Robert Reich, stated it was the Republicans' fault for not passing the 2019 \$13.6 billion disaster aid bill. Not so. It was Senate Democrats who blocked the bill simply because they said \$600 million for nutrition aid to Puerto Rico wasn't enough! President Trump has already approved \$41 billion in combined disaster aid for Puerto Rico after Hurricanes Irma and Maria.

They will be receiving three times more funding than Texas did for Hurricane Harvey in 2017! But, now aid for America's disasters has been blocked by defeating this Bill.

Of course this has nothing to do with sympathy for Puerto Rico, but has everything to do with obstructing President Trump from keeping his promises to help the American people with our own hurricanes, tornadoes, floods, wildfires etc. We always hear the Democrats beg for bipartisanship when Republicans are in control, but we never hear it when they are in control. Something to remember at the ballot box.

Jerry Bartholome, Montrose



**News, if unreported, has no impact.
It might as well have not happened at all.
*Thank you for reading The Montrose Mirror.***

**Always digging for
spot on news.**



The Mirror

now weekly

Making sure readers don't bury their heads in the sand.



SONS OF SERENDIP TO PLAY DELTA PERFORMING ARTS CENTER

Special to Art & Sol

DELTA- This musical group of four friends, who through a series of serendipitous events, came together in graduate school at Boston University and formed this interesting musical quartet, which will come to Delta on Monday, May 6, to perform at the Delta Performing Arts Center, 822 Grand Ave., at 7 p.m. as one of the current series of concerts provided by the Delta-Montrose Community Concert Association.

The name SONS OF SERENDIP comes from the notion that “serendipity brought us together.” Each member has an inspiring story and together the SONS OF SERENDIP strive to embody the adjectives Classy, Genuine, Spiritual, Sensitive and Timeless.

Tenor Micah Christian was a teacher, keyboardist Cordaro Rodriguez was an attorney, cellist Kendall Ramseur was a cello instructor, and harpist Mason Morton was a teacher. In 2014 serendipity gave them the chance to perform on America’s Got Talent and they were finalists (4th place) in the 9th season of AGT, and that launched their career.

Their concert program focuses on fairly contemporary music, some with a fresh twist, and some familiar pop tunes from

Motown. All will feature Micah’s beautiful tenor voice and the wonderful playing of Cordaro, Kendall, (also the backup singer) and Mason.

This is a very interesting combination of voice and instruments which produce a lovely, rich sound. They have been playing their instruments since childhood, but in 2014 they came

together to begin what they know will be a long beautiful journey of creating music that touches people’s hearts.

Members of the group have hopes that their singing will inspire others to follow their dreams, to pursue their love for music, to spread love and build a better world, and create an experience one will never forget!

Single admission tickets, \$20/Adult, \$5/Student, will be on sale when the doors open at 6:00 p.m. This concert can be free if a 2019-2020 Season Ticket is pur-



Sons of Serendip will perform May 6 at the Delta Performing Arts Center, 822 Grand Ave., at 7 p.m. Courtesy photo.

chased for \$45/Adult, \$15/Student, or \$95/Family (living in same house) at this concert.

The 2019-2020 Season kicks off with “The Everly Set”, a Tribute to the Everly Brothers, on Tuesday, Oct. 1st. Other performances include local magician Ty Gallenbeck, Prime Time Trio, Terry Barber Trio, and Classic Nashville Roadshow. For more information about Sons of Serendip and how to get your membership so you can enjoy great entertainment, please contact Elaine Baker, 249-3735.

COMMUNITY NEWS BRIEFS: HONORS & RECOGNITION

CLECKLER NATIONALLY RECOGNIZED AS RURAL HOSPITAL CEO TO KNOW 3 YEARS IN A ROW



Jason Cleckler, Courtesy photo.

Special to Art & Sol
DELTA- Jason Cleckler, CEO for Delta County Memorial Hospital, has been recognized as "60 Rural Hospital CEO's to

Know in 2019" by Becker's Hospital Review for the third year in a row. "It is an honor to make the list again this year, but it is the team around me that deserves the credit and recognition," states Cleckler. "I am surrounded by a hardworking dedicated group that strives every day to provide quality care to the community we serve. They are the ones that make this

hospital great."

According to the Becker's Hospital Review they "considered leaders making a positive impact on their organizations. The CEO's featured lead hospitals consistently recognized by the National Rural Health Association, American Hospital Association and HIMSS as top institutions. Others sit on local chamber of commerce boards and serve state hospital associations."

Mr. Cleckler has also been recognized by the American Hospital Association with its 2018 Grassroots Champion Award for his leadership and noted as a "tireless advocate for patients and hospitals."

Mr. Cleckler has worked for the hospital for the past 11 years, and has served as the CEO since 2012.

The DCMH health system includes a 49-bed hospital and nine outpatient care clinics throughout multiple communities in Delta County, and employs over 600 people.

Under Cleckler's positive, engaged and

forward thinking leadership, he has guided Delta Hospital to become a leader in integral regional partnerships.

Working together with other communities in progressive collaboration; striving every day to become a part of rural healthcare's long term solution.

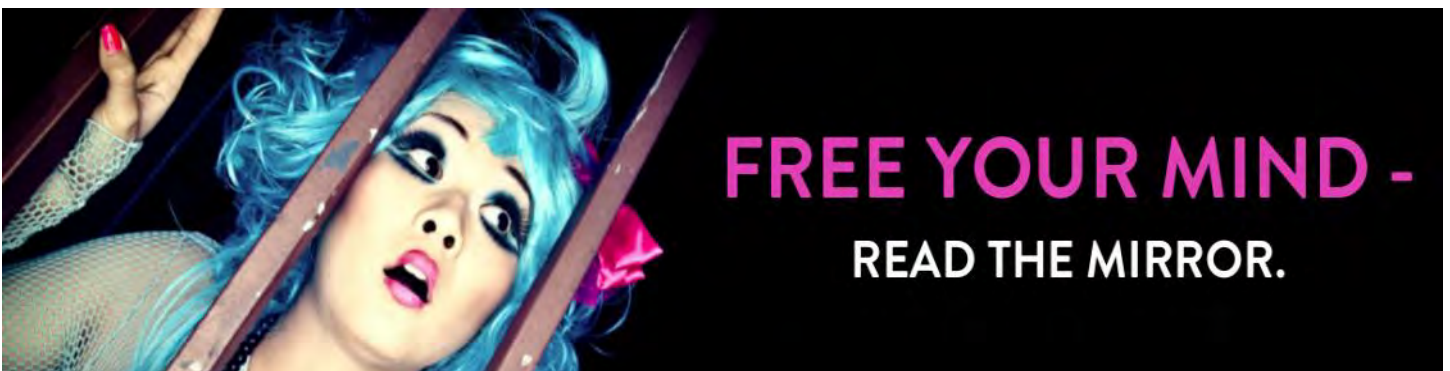
Cleckler has become a resounding voice for rural healthcare by advocating for change at local, state and national levels. He has invoked growth, health and sustainability which are essential components for any healthcare organization, but especially to a rural community hospital.

Mr. Cleckler is also a member of the Colorado Hospital Association board of trustees and serves on the boards of: Western Health Care Alliance, Collaborative Care Organization, Western Workforce Development, Centers for Mental Health, San Juan Accountable Care Organization, River Valley Health Center, Delta County Economic Development and is a member of the Delta Rotary Club.

NORTHSIDE ELEMENTARY SCHOOL DESIGNATED 1ST COLORADO NISE STEM CERTIFIED ELEMENTARY

Special to Art & Sol

MONTROSE – Northside Elementary School was recently designated by the National Institute for STEM Education (NISE) as the first STEM Certified elementary school in Colorado. The National Certificate for STEM Education (NCSE) recognizes individual school campuses for their commitment to – and growth in – teachers' implementation of 21st Century and STEM strategies. Evolving from STEM professional development and curriculum created at Rice University, NISE STEM certificates integrate the most recent research and best practices in STEM, 21st Century Learning and professional development.





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2,900 sq. ft. on 15.353 acres



4225 Waterfall Drive
Montrose, CO
Area Description

\$49,990 | MLS# 753661
Bedrooms: 0 | Bathrooms: 0
0.69 acres



20875 Trophy Road
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Area Description

\$459,750 | MLS# 751953
Bedrooms: 5 | Bathrooms: 3.00
3,150 sq. ft. on 1 acres



1906 Ouray Drive
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Area Description

\$239,990 | MLS# 755452
Bedrooms: 3 | Bathrooms: 2.00
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COMMUNITY NEWS BRIEFS: HONORS & RECOGNITION

DCMH DOCTOR ASKED TO SPEAK AT NATIONAL CONVENTION

Special to Art & Sol

DELTA-Delta County Memorial Hospital's (DCMH) Integrative Oncologist, Dr. Helen Goldberg, MD, was invited to be the opening speaker at the March 2nd Baptist Health Systems 2019 Cancer Update in San Antonio, Texas. Dr. Goldberg was asked to speak about the Foundations in Integrative Oncology highlighting the work done at Grand Mesa Oncology at DCMH. Her lecture focused on the key foundations that go into incorporating an integrative model with a traditional model. She stated, "It's basic."

Some of the "basic" concepts she shared are what have made Grand Mesa Oncology's integrated approach a success as seen in the patient satisfaction and care. "I talked about our free massage program to patients and caregivers, yoga classes and acupuncture and the scientific backing of the positive impacts [of these modalities]." As she smiled she went on to say, "It is amazing to see a local farmer who has never gotten a massage in his life receive one for the first time and enjoy it. Ultimately it helps him and his caregivers

cope and relax." Dr. Goldberg did not want to leave San Antonio without getting across the most critical message that the most important aspect of a successful clinic is "to spend enough time with the patient. It is really that simple."

Dr. Goldberg also talked about the success of Grand Mesa Oncology by focusing on the importance of staffing, "a clinic needs adequate staffing so the patients' needs are met quickly. Grand Mesa Oncology staff's with the patient's needs in mind with a robust nursing, front office, volunteers and oncology nurse navigator's staff. "A lot of questions and concerns were based around finances and reimbursement," to which there is not on a lot of with these integrative modalities. "It is not about direct reimbursement, but about investment into patient satisfaction and the community. Our community is economically challenged but our patients still deserve to receive top notch personalized care. [Grand Mesa Oncology] is a personalized patient clinic," said Dr. Goldberg. Many larger clinics do not offer even the privacy of individual treatment rooms, but

instead are "all lined up in one big room."

Nutrition was another topic Dr. Goldberg touched on in her presentation. "You can't change people's diets...you have to encourage people from the culture they are from."

There are people that cannot or will not eat all organic or change what kind of foods they eat. Dr. Goldberg encourages her patients on smaller more adoptable changes and to "use the best of the [local] talents and choosing food grown locally when possible."

"We are always proud when one of our providers is asked to speak on a larger platform about the expertise they offer our community. I think it just shows the caliber of providers and care here at Delta Hospital," states Jason Cleckler, CEO at Delta County Memorial Hospital. "Dr. Goldberg brings a unique and needed aspect of integrative medicine that we hope is just the beginning."



Dr. Helen Goldberg, MD.
Courtesy photo.

EAGLE SCOUTS HONORED AT MAJESTIC MOUNTAIN BSA AWARDS BANQUET

Special to Art & Sol

MONTROSE-The annual Recognition and Awards Banquet of the Majestic Mountain District, BSA, was held recently to recognize the local Scouts and Scouters from Montrose, Delta, and Gunnison.

The ceremonies began with the recognition of recent Eagle Scouts Reece Wolfe, Kyle Stevenson, and Eric Sander-son (pictured).

Other recognitions offered included such things as District Awards of Merit, the Council Silver Beaver Award, and the beading for a Wood Badge training course completion.

Courtesy photo by Margaret Cranor.



Up Bear Creek by Art Goodtimes

Turtle Lake folks host Green Man gathering



Katrina Blair & Friends performing at the Green Man Gathering (photo by Art Goodtimes).

DURANGO ... Last weekend saw a community earth celebration at the Turtle Lake Farm – part of the Turtle Lake Refuge created by Katrina Blair and run with the help of her partner Tyler VanGemert and many local earth spirits ... The Refuge sponsors community lunches on Tuesdays and Fridays in Durango at the Rocky Mountain Retreat building at 848 E. 3rd Ave. Visit their website, www.turtlelakerefuge.org to learn more about this and other wonderful programs they sponsor ... The fourth annual Green Man Gathering was held at the recently purchased property across from their Refuge headquarters located about four miles out of Durango proper on what had been a storage site for a pest control company. Blair and helpers have turned the site into a sustainable farm and learning center. Part of the festivities this last weekend was the myco-remediation of an insecticide spill site on the property ... I've known Katrina for almost 30 years, having met through our mutual friend and mentor, the late Dolores LaChapelle. Knowing her expertise in wild foods and wild harvesting, I was able to talk her into coming to the Telluride Mushroom Festival, leading foraging

walks and lecturing, which she has been doing for a decade now. But she doesn't drive up to Telluride. She walks all the way from Durango to Telluride every year. She brings just some oil and seasonings, and wild harvests her food for those six days it takes to make the journey. If there is any one person who is carrying on the vision that Dolores gave us of her Way of the Mountain, it's Katrina Blair ... Usually, I'm too busy to leave my watershed and make it down to her wonderful events in the Durango area. But being retired, I figured it was way past time. And so I drove down, still being addicted to fossil fuel travel, like so many of us ... It was a magical event. Partly just to walk the farm and see all the sustainable permaculturish practices they employed growing food and trees and plants of all kinds on land that had been treated rudely for many years. But there was singing and dancing, children and families, and it all began – quite appropriately – with a land blessing invocation by Ute elder Russell Box, Sr. Judyth A. Stone has written a biography of Russell subtitled *The Physical and Spiritual Journey of a Southern Ute Elder* (Harmontrix, 2016). Highly recommended ... Filmmaker Rayne Grant, a Telluride Mushroom Festival regular, shot a lovely short video of the event, and you can find it on Katrina Blair and Tyler VanGemert's Facebook sites ... Katrina's plant walk was a marvelous tour around the farm and through the greenhouses. We got to nibble edibles and learn about how what we call "weeds" are often the best healers of the land and almost all have uses we animals can benefit from. Even knapweed – one of the more gnarly invasives in our region – she had a biodynamic homeopathic preparation of its ash that she shared as healing for the earth and stimulating for plants. Tyler taught us a sacred movement practice. Seneca Sage-tree did heart songs. There was a lavish wild food banquet. Katrina & Friends singalong Singing Circle. Bliss Mob Collective's music to dance to ... I missed Loki Moon and Jesse Shavel's amazing juggling act, since I had to get back home before it

got too dark (so many elk and deer on the road with the snow leaving). But a most wonderful event to welcome in the spring.

RITE OF THE WOMB ... Perhaps the most transformative ceremony I got to participate in at the gathering was Lesley Hudson's *Rite of the Womb*. Women formed an inner circle and we men formed an outer circle. After smudging, the women chanted to each other, facing one on one, "The womb is not for fear and pain; the womb is for creating and giving birth" ... For me, embedded as I am in patriarchal culture and, as a man, having been inculcated in male privilege and twisted by its unbalanced pathways, I was free – standing there giving witness – to meditate on what twisting forms that unbalance has taken in my life and to resolve to try and change them ... It's amazing how a simple ritual can start one on the path to healing.

DANDELION FESTIVAL ... If you missed the Green Man Gathering, you're in luck, because Katrina and Tyler are driving forces in another celebration of spring and organic land stewardship, the 11th Annual Dandelion festival at Durango's Rotary Park on Saturday May 4th from 1-9 p.m. Niceness is the headliner band, appearing along with the Fellowship of Strings, the Casual Fridays and the Bliss Mob Collective. Expect local food, vendors, kid's activities, a healing dome, maypole dance and a beer garden. It's free and for all ages.

SERENDIPTY ... It just so happened, on my way down to Durango, I was a half-hour early for Russell Box, Sr.'s invocation and the start of the Green Man event, so I pulled into Mancos – one of the Western Slope towns that has transformed into an exciting cultural center in the last few years. I was going to get coffee at the health food store, but decided to wander through downtown – where a working Price-Chandler press is located – before circling back. But en route I saw the Fahrheit Coffee Roasters Espresso Bar. It

Up Bear Creek by Art Goodtimes

was new. I thought I better check it out. I walk in, and who's sitting alone at a window table but my old friend Janneli Miller ... I hadn't seen her or heard from her since I did a long piece here in the *Mirror* about her healing practice in Cortez.

Turns out she'd been struck with the curse of shingles, and was only now getting out from under the terrible pain that infliction causes. We had a lovely visit.

It made the trip to Green Man even more magical, reminding me that the journey is often as powerful as any destination.

MOUNTAIN RESILIENCE CONFERENCE ...

Western Colorado University saw a great turnout for its Mountain Resilience Conference, and it was a fine kickoff for what promises to be many more projects and developments around this important theme. Arjun Gupta of Silicon Valley fame talked about the garage startups, how Google turned into a tech giant starting in a garage. He said Gunnison's Mountain Resilience vision was that kind of a garage. Watch for more from Dr. John Hausdoerffer and his School of Environment & Sustainability.

UNION OF MOUNTAIN POETS ... As part of the conference, our Facebook group – the Union of Mountain Poets – had its first reading, and a great success it was, with old and young poets from the region sharing their work – George Sibley of Gunnison, Tori Miner of Fruita, Mark Todd of Doyleville and many others. We even shared a section of Pablo Neruda's *Alturas de Macchu Picchu* as translated by my friend Lito Tejada-Flores, with me reading the English and Alberto Pascual of Costa Rica reading the Spanish.

THE TALKING GOURD

A love Poem

Charred air tangles with stale beer
as a man curls into a sidewalk
that is stained with footprints
of people who, with tilted heads
gaze at shimmering boxes creeping heavenward
while off-key horns hum so loud,
you worry that the melody could carry you
from Union Square to West 72nd Street,
and as a bitterness bites your tongue
you think, "I am in love."

-Allison Snyder

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COMMUNITY NEWS BRIEFS

COMMUNITY SUPPORTS RIDGWAY LIBRARY EXPANSION PROJECT



Special to Art & Sol

RIDGWAY-During the month of March thirty-five children participated in the Little Book Worms Children's Challenge at the Ridgway Library. They collectively read 552 books, built wiggly worms, and helped raise money for new books for the planned Children's Library in the Ridgway Library Expansion Project. Pictured left: April 8, 2019 - Some of the Little Book Worms celebrating their accomplishment.

Friends of the Ridgway Library recently received a donation of \$25,000 from Alpine Bank for the Ridgway Library Expansion Project. Pictured at right (Left to Right): April 15, 2019 - Beth Williams, President & Gail Kennedy, Treasurer of Friends of the Ridgway Library, Jamie Saff, Banking Officer & Dennis Alexander, Branch Manager/Senior Vice President of Alpine Bank.

To learn more about the Ridgway Library Expansion Project or to donate visit the Friends of the Ridgway Library website: www.friendsofridgwaylibrary.org.

MONTROSE WINE & FOOD FESTIVAL SET FOR MAY 18

Special to Art & Sol

MONTROSE-The 16th Annual Montrose Wine & Food Festival is Saturday May 18, 2019 from 1-5 p.m. at the Bridges in Montrose. With more than 30 food vendors, more than 30 beverage vendors, more than 30 silent auction gifts, live music by Neon Sky, and a fantastic view of the San Juan's, it is an event not to be missed! New to the event this year is a VIP tent with exclusive beverage and food vendors. All proceeds from the Festival benefit the Black Canyon Boys & Girls Club (BCBGC). Tickets are \$50 for general admission, which includes a Festival glass, and there are a limited number of VIP tickets for \$75. Tickets and event information can be found at the Festival website www.montrosewinefestival.com. For more information on the BCBGC, check out www.bcbgc.org.

MONTROSE LIBRARY USED BOOK SALE MAY 3-5



Special to Art & Sol

MONTROSE-The Friends of the Montrose Library will hold its Spring used-book sale from Friday, May 3 through Sunday, May 5 in the library meeting room. Special members-only hours are Friday, 8 am to noon. Customers can purchase an annual membership at the door. Public open hours are noon to 6 pm Friday; 10 am until 5 pm Saturday; and 1pm until 5 pm on Sunday. On Sunday from 3 to 5 pm, customers can fill a reusable bag with books for \$5. For information, call the library at 970-249-9656.



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COMMUNITY NEWS BRIEFS: EVENT & ENTERTAINMENT

OURAY COUNTY MUSEUM OPEN FOR 2019 SEASON

Special to Art & Sol

OURAY-The Ouray County Historical Museum will be open for the 2019 season starting this Thursday, April 18. Spring hours are Thursdays through Saturdays, 10 a.m. to 4:30 p.m. The museum will be open seven days a week May 16 to Sept. 30, 2019. The museum is located at 420 6th Avenue in Ouray. For more information, call (970) 325-4576 or visit ouraycountyhistoricalsociety.org.

WRIGHT OPERA HOUSE PRESENTS UPSTART PRODUCTION OF FABULOSO

Special to Art & Sol

OURAY-The Wright Opera House is proud to present an UpstART production of *Fabuloso* by John Kolvenbach this spring, with performances May 2-5.

The UpstART website (www.UpstARTmoves.org) provides a synopsis: *Kate and Teddy are trapped in a soggy, lifeless marriage. Then Teddy's old friend Arthur arrives, bearing chaos, knives, songs and his fiancée. FABULOSO is a domestic farce about the pleasure in bedlam and a working metaphor for bringing up babies.*

UpstART's mission is about rural/urban collaboration, and this production is typical. Denver professional actors John Hauser and John Wittbrodt join local favorites Hadley Gallen and Andrea Sokolowski to portray the two couples.

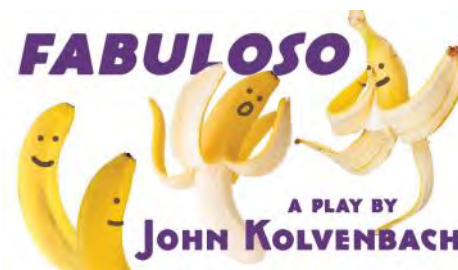
"It's ridiculous, man," said John Hauser,

about working on his character, Arthur. "I find myself out of breath all the time, running around the stage, saying these things that are kind of out there, yet he literally means everything he says. He's almost like a child! He's just fully invested all the time."

This gig in Ouray has been "a best-case scenario," he said. Castmate John Wittbrodt agreed. "Getting to hang out in the mountains for a couple of weeks while working on a ridiculously fun show," he said, "It's been a lot of fun. I mean, this place is spectacular."

Director Kate Kissingford marveled at how quickly the cast gelled. "It was so special and surprising how the connection between these four actors was immediately warm, playful, and trusting."

After just a few days of rehearsal, she knew how much fun was in store for audi-



ences.

"With this play," Kate said, "Kolvenbach does the extraordinary: creates characters as absurd as they are real. We care about these lost souls who are driven by a longing for love and belonging. We recognize ourselves in them, even as they push the bounds of socially acceptable behavior in their quest to carve out a life that makes sense...to them."

The play runs Thursday through Sunday, May 2-5, at the Wright Opera House in Ouray. Tickets 970-325-4399.

RIDGWAY STATE PARK ANNOUNCES ONGOING SUMMER PROGRAMS

Special to Art & Sol

RIDGWAY-Ongoing summer programs for Ridgway State Park:

"Take Me Fishing" events: 3rd Saturday of each month, 8:30-11am at the Pa-Cho-Chu-Puk ponds. Poles and bait provided.

"Hunger Games" Archery events: 1st Saturday of each month, 9:30-11 am. Gear provided.

"Nature Detectives" all other Saturdays for kids ages 5-9, 9:30-11 a.m.

"Reading in the Park," Sundays, 9:30 for young kids. Join a naturalist at a camper services building.

"Generation Wild" Wednesdays. 9:30-11am. Kids 9 and older. Hands on learning activities for kids. Locations vary so call the Visitor Center for updates.

"Touch tables" every Saturday and Sunday afternoon at the swim beach facility. 1 - 4 pm, weather permitting.



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OUTDOOR SPOTLIGHT: DEB REIMANN & JEN MCCLANAHAN



Clockwise from top: San Juan Beauty and pine cone and raindrop by Deb Reimann; mirror staff photo of last week's moon; birds on a rooftop by Jennifer McClanahan.



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SAVE THE DATE! UPCOMING REGIONAL EVENTS

CURRENT/ONGOING-

ARTISTS ALPINE HOLIDAY--Artist Registration is open for Ouray County Arts Association's 59th Artists' Alpine Holiday Art Show now through June 24. Go to ourayarts.org for details and a link to register.

BOSOM BUDDIES OF SOUTHWESTERN COLORADO BREAST CANCER SUPPORT GROUP meets every Wednesday from noon till 1 pm at 645 South 5th Street in Montrose. For more info email info@bosombuddiesswc.org.

NEIGHBORHOOD WATCH GROUP meets every third Tuesday of each month at the Centennial Meeting Room at 6pm, behind City Hall. New Watch Groups are formed and guest speakers alert us to safety issues. The public is encouraged to attend. Contact Joyce Loss at 970-249-4217 or 970-275-1329 for details.

YOGA HOUSE-Yoga House has added HIIT Yoga on Wednesday's at 5:45p AND Hot Yoga and is held on Fridays @ 4:30p.m. and Saturday's at 10a.m.; SUP (Stand up paddle board) Yoga is Held at Montrose Rec Ctr \$25/class, Held the Following Thursday's at 7p.m. March 21. For more info on classes and workshops: ColoradoYogaHouse.com

MONTROSE FARMERS MARKET WINTER MARKET will be open the following Saturdays 10am-1pm. open every other Saturday through April 27, 2019. We are located at Centennial Plaza - Indoor Market in the Centennial Meeting Room, 421 S. 1st Street, Building #1.

ALPINE PHOTOGRAPHY CLUB MEETING-second Tuesday of the month, @ 7 p.m., Community Meeting Room, Montrose Library, 320 S 2nd St. Includes: Presentations, photo sharing & critiques. All are welcome to attend.

AMERICAN LEGION POST 24 hosts Bingo every Saturday and Sunday at 7pm, at the Bingo Connection, 2075 East Main Montrose. Its open to the Public. Doors open at 5:30 p.m.. For more info call Tom at 260-8298.

DISABLED AMERICAN VETERANS meeting every 3rd Thursday at 6 p.m. at Friendship Hall in Montrose. All veterans with at least a 10 percent service connected disability are welcome. For more information call (970)964-4375.

MONTROSE TOASTMASTERS

Meetings every 1st & 3rd Wednesday of each month at 6:30 pm at Centennial Room, 431 South First in Montrose.

MONTROSE HISTORICAL MUSEUM-"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

MONTROSE COUNTY GOP MEETING

6:30 p.m. second Thursday of each month. MC-GOP Headquarters at 242 E. Main. Information: 970-765-7406

MONTROSE COUNTY REPUBLICAN WOMEN MEETING

Noon - third Fridays. Hampton Inn, 1980 North Townsend Ave. Information: Dianna 970-249-0724

MONTHLY-

April 23-"Collective Impact: Planning to Address Complex Issues," 10 a.m.-1 p.m. at the Sherbino Theater, 604 Clinton St. in Ridgway. The guest presenter is Ona Crow, the Western Slope officer of the OMNI research and planning institute. The cost is \$35; there is a discount for 3 or more from the same organization. To register, go to the link at www.cfgv.org/nonprofit-network.

April 25-Library Voices presents: Kelvin Kent- 6:30 to 8 p.m. in the Montrose Library Meeting Room.

Join legendary local author and mountaineer Kelvin Kent as he recounts his experiences as logistics officer and base camp manager for the 1970 Annapurna Southwest Face Expedition in Nepal. This is a free event.

April 26-Arts 4 All is proud to present the unveiling of their clay based bas-relief mural! Paonia students from 4th-8th grade have been working on this mural since the beginning of the year. Stop by to support their finished work from 6-7pm in the Blue Sage hall. For more information call 970-527-7243 or email info@bluesage.org

April 26- The Blue Sage Final Friday Frolics is proud to present the artists for "Coloration." There will be a meet & greet with painters Joan Anderson, Joni Beckner, Kathy Hiney, Anastasia Kenner, & Sheryl Williams. 5-7pm in the Blue Sage Gallery. For more information call 970-527-7243 or email info@bluesage.org.

April 27-7:30 p.m. – Flamenco with European, Indian classical and jazz influences Miguel Espinoza Flamenco Fusion, Wright Opera House, 472 Main Street, Ouray. Advance tickets \$22, \$25 at the door and \$5 students (18 and under) at www.ocpag.org.

April 28-North Fork Valley Community Choir Spring Concert "Voices in the Wind" featuring women composers of choral music. 2:30 pm in the Blue Sage Hall. Tickets are \$10. For more information call 970-527-7243 or email info@bluesage.org

May 4-Adopt-A-Park Clean Up at Rollans Park, Ridgway, Saturday, May 4, 2019 @ 9 a.m. – 12 noon.

April 30-The Dolphin House Child Advocacy Center will be hosting an Open House and Supply Drive to recognize April as National Child Abuse Prevention Month. The Open House will be held Tuesday, April 30 from 3 to 6 PM at the Dolphin House located at 735 S 1st Street in Montrose. Supplies needed include individually packed snacks, juice boxes, and paper products. For information and to sign up to volunteer: <http://www.uncompahgrewatershed.org/event/adopt-a-park-clean-up-2019/> or call 970-325-3010.

May 3-5-The Friends of the Montrose Library will hold its Spring used-book sale from Friday, May 3 through Sunday, May 5 in the library meeting room. Special members-only hours are Friday, 8 am to noon. Customers can purchase an annual membership at the door. Public open hours are noon to 6 pm Friday; 10 am until 5 pm Saturday; and 1pm until 5 pm on Sunday. On Sunday from 3 to 5 pm, customers can fill a reusable bag with books for \$5. For information, call the library at 970-249-9656.

May 6-Montrose Women's Giving Club meets at Bridges of Montrose, 2500 Bridges Drive 5:30 to 7 p.m. Club meets once per quarter to select the next non-profit to receive quarterly donations. Each member pays \$100 per quarter plus a \$10 hospitality fee to participate and has the chance to nominate a non-profit. Members must be present to vote.

May 10-Volunteers of American Senior Community Care presents Hazel Miller Band at the Montrose Pavilion, with special guest star Chris Daniels. Doors open at 5:30 p.m. Food by Blue Ribbon BBQ & Surfin' Salmon. Music & Silent Auction. Tickets available at ageoutloud.voa.org. Call 970-417-5670 for questions or assistance.

May 11-Yoga House, 207 East Main Street, May 11 & June 8 from 12p-2p - Habits Of a Yoga Series (a 3-part series based on Ayurvedic principles) \$20/class or \$50 for all three.

Contact the Montrose Mirror:
970-275-0646

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