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Montrose Virror [] Issue No. 344 Sept. 30, 2018

RE-1J CONSIDERS CASB HELP TO HIRE SUPERINTENDENT



The Montrose County RE-1J Board of Education (pictured from left are Board President Tom West and directors Jacob Suppes, Jeff Bachman, and Sarah Fishering) convened for a special meeting/work session on Tuesday, Sept. 24.

By Caitlin Switzer

MONTROSE-At the special

meeting/board work session of

Sept. 24, the Montrose County School District RE-1J Board of Education considered the option of having the Colorado Association of School Boards (CASB) assist in the search for a new Superintendent. Superintendent Stephen Schiell has announced his retirement at the end of the 2019-2020 school year.

All directors were present at the special meeting, with the exception of Vice President Gayle Johnson, District F Director Phoebe Benziger, and District G Director Continued pg 10

NEW BOARD MEMBER QUESTIONS \$1.5M IN DEFERRED REVENUE @ DMEA BOARD MEETING

By Gail Marvel
MONTROSE-The Delta Montrose Electric Association
(DMEA) Board of Directors
meeting was held at 3 p.m. on
Sept. 24. Board members present: Bill Patterson, Kyle Martinez, Brad Harding, Chris
Hauck, Damon Lockhart, Mark
Eckhart and Jock Fleming.
Absent: Ken Watson, and Stacia Cannon, as well as CEO
Jasen Bronec.

The meeting began with the Pledge of Allegiance, an opening prayer and determination of a quorum.



Delta resident Kent Cloward (far right) is the only Delta Montrose Electric Association (DMEA) customer who regularly attends DMEA monthly meetings. Photo by Gail Marvel.

Finance-Audit-Rate Committee (FAR) – Brad Harding, Chair.

Continued pg 6

in this

Art Goodtimes
Up Bear Creek!

Reader photo spotlight with Deb Reimann!

<u>A Fresh Point of View</u> with Jack Switzer Regional news briefs! Calendar of events1

REGIONAL NEWS BRIEFS



FOOD DRIVE FOR SHARING MINISTRIES PLANNED

Special to the Mirror

MONTROSE-Montrose High School FBLA, FCCLA, and FFA Chapters are hosting a food drive at the MHS home football games on Friday, Oct. 11. Food and cash donations are accepted and all proceeds go to Sharing Ministries Food Bank. Alpine Bank will match all cash donations up to \$1,500. Those donating food and/ or cash can also receive \$1 off admission to the game. Bring a can, bring a buck or two to support your local food bank!



THE MONTROSE MIRROR

Published every Monday since 2010 in Montrose, Colorado by Caitlin Switzer, to a readership of over 13,000 residents of Western Colorado.

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Internship/Residency University of Utah, Salt Lake City, UT

> Office Montrose Surgical Associates 611 East Star Ct., Suite A Montrose, CO 81401 970.249.4321



Ryan Wisler, MD Internal Medicine Board Certified

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MIRROR CLASSIFIEDS

PUBLIC MEETINGS

Sept. 30-Montrose City Council Work Session, 11 a.m. Elks Civic Building., 107 South Cascade Ave-

Oct. 1-Montrose City Council regular meeting, 6 p.m. at the Elks Civic Building. 107 South Cascade Avenue.

Oct. 2-Montrose Board of County Commissioners regular meeting, Commissioners meeting room. 161 South Townsend Ave. 9:30 a.m.

Oct. 8-Downtown Planning Workshop. 6-9 p.m. at the Knights of Pythias Building, 33 South Cascade Ave. Open House format; refreshments provided.

Oct. 10-Town Meeting. One Community Safer Together. Thursday, Oct. 10: noon and 6 p.m. and the Cascade Hall, CMU campus, Montrose.

Oct. 14-Citizens Climate Lobby meets on Monday Oct. 14, 6:30 p.m. at the Montrose Library. CCL monthly meeting reports on climate strike day worldwide. Attendees to Wild West conference share. All welcome.



Seeking Part-time Accompanist— Integral Part of Worship Team

Share your love of inspirational music as part of the worship team at FPC Montrose, Colo. (First Presbyterian).

Seeking accompanist for 2-3 Sundays per month plus rehearsal one night each week playing, averaging 5-7 hours per week. Experience with vocal accompaniment required. Possibility to expand position into worship leadership. Pay negotiable, depending on experience.

If you are interested, please contact Connie Williams at cb13williams@gmail.com.



CITY COUNCIL TO CONSIDER MODULAR BUILDING METHODS, LIFT STATION ELIMINATION SEWER PROJECT CHANGE ORDER

Mirror staff report

MONTROSE-Montrose City Council will convene for a <u>work session</u> on Monday, Sept. 30 and a <u>regular meeting</u> on Tuesday, Oct. 1.

WORK SESSION

Discussion items include modular building methods under planned development regulations; and Lift Station Elimination Sewer Project Change Order No. 1. According to a memo prepared by City Engineer Scott Murphy and included in the work session packet, "Immediately prior to the contract award for the Lift Station Elimination Sewer Project, the City's engineering department learned of survey and design errors in the project plans that would require redesign of portions of the project and would ultimately result in an expansion of the project's scope of work... A change order in the amount of \$113,400 is being requested for construction of the additional sewer line on Ogden Road as necessary to complete the project. This price was negotiated with the contractor

based on typical unit rates and includes a 10 percent contingency."

A report from the Region 10 League for Economic Assistance & Planning is included in the work session packet.

Items to be considered in future work sessions and meetings include:

Oct. 15-GoCo grant application for Centennial Middle School;

Youth Council appointments; short –term rentals.

Nov. 4-Municipal Election Code Update. Nov. 5-2020 Budget Ordinance; retail liquor store transfer for Pour House.

Nov. 18-Affordable Housing Presentation Nov. 19-Mid-term evaluations of City Attorney and City Manager.

A Housing Needs Analysis report remains unscheduled.

REGULAR MEETING

Council will interview applicants for the City Youth Council for the 2019-2020



neetings include: A report from Region 10 LEAP, above, is included in the Oct. 15-GoCo grant application City of Montrose work session packet for Sept. 30.

term.

Council will consider a new Hotel and Restaurant liquor license at 216 N. Townsend Avenue for Shanghai Palace, Inc., doing business as Shanghai Palace.

Ordinances 2487 (designating the Potato Growers site at 39 West Main Street a historic property); 2488 (creating the Riverwood Estates Improvement District); and 2489 (establishing the rate of assessment for the Riverwood Improvement District) will be considered on second reading.



FLEMING QUESTIONS \$1.5M IN DEFERRED REVENUE From pg 1

Harding said, "We have not met since the last board meeting."

Engineering-Construction-Renewable
Energy Committee – Chris Hauck, Chair.

Hauck said, "We did not meet in September. We need to schedule a meeting for October."

Executive Committee – Bill Patterson, Chair.

Patterson said, "There is no meeting scheduled that I know of. We'll wait for Jasen [CEO Bronec] and talk it over with him."

Safety and Occupational Health Report – Virginia Harman, COO.

Harman said, "For the month of August there were no employee injuries, and one near miss." The near miss involved a tree trimming situation, "One of our workers was working outside of Delta and saw a jumper fall into an energized line." (A jumper is described as wires that have connector pins at each end, allowing them to connect two points to each other).

In the area of training Harman said, "We've had training on new equipment and equipment they don't use regularly. If you don't use equipment for a year OSHA (Occupational Safety and Health Administration) requires that you be re-trained." She continued, "CBD Oil (Cannabidiol) is getting into products. Product that you eat, or lotions that you put on your body. People getting a truck license need to be aware."

Financial Report – Wade Pynes, CFO. Pynes said, "August was a fairly unre-

Pynes said, "August was a fairly unremarkable month. I'll give the rest of my report when we have the Power Supply [discussion] in executive session."

Newly elected board member Jock Fleming questioned \$1.5M deferred revenue for the year and whether it was caused by revenues being down, or if it was underbudgeted. Together Harman and Pynes explained that two bigger projects did not materialize as quickly as anticipated, "Our forecast was too optimistic. In residential we are getting a lot of new housing, but the new houses are more energy efficient." Pynes said, "I need to be more conservative in my budget. We'll be more conservative in next year's budget."

Harding said, "We haven't been conservative enough."

Fleming said, "It looks like we are going



Blaine Hall (center) attended the Sept. 25, Delta Montrose Electric Association (DMEA) meeting as a citizen, rather than in his official capacity as the Montrose Chief of Police. In a brief PowerPoint presentation Hall explained his support, and the police department's need, for the proposed Public Safety Sales and Use Tax Fund initiative that will appear on the November ballot. Photo by Gail Marvel.

to have a negative in the operating budget. The \$1.5 deferred revenue, there is a lot of uncertainty in that."

CEO Report – Virginia Harman, COO.

Harman said, "We are continuing to see growth in meters. We had 78 new meters in August, we had 50 in the previous month."

Harman highlighted five large projects on the horizon, a rebate for an EV Charging Station in Paonia, and the upcoming Member Appreciations scheduled for October.

DMEA Board Policy # 4 requires the budget to be prepared and presented to the board each October. However, staff requested an exception to the policy which would postpone the budget meeting until November.

Harding said, "With the Tri State transition it makes more sense to have an extra 30 days." The board voted to approve the 30-day waiver and allow the budget to be presented in November.

Harman reported on the August 2019 SAIDI (System Average Interruption Duration Index). She said, "We look really good on it."

Informational Item: Legal Report – Jeff Hurd, Attorney.

Hurd said, "My report is for executive session."

Tri State Report - Kyle Martinez

Martinez noted two major issues; one concerned Public Utilities Commission (PUC) filings and the other a moratorium on "shopping letters" and buy-outs for

members of Tri State.

Referring to DMEA's recent success in exiting from their contract with Tri State Martinez said, "There is a rush at the gate and a third of them are shopping, or asking for buy-out numbers." The Tri State Board placed a moratorium on giving buyout numbers for their members.

Martinez said, "There are employee injuries up at Craig [coal generating station]. The employees have a lot on their minds. They are unsure when the plant might close and worried that it, like Nucla, might close earlier than expected."

Other topics discussed included the Federal Energy Regulatory Commission (FERC), WAPA and Tri State energy imbalance and RTO's [Regional Transmission Organization].

WUES Report - Damon Lockhart.

Lockhart said, "They had their financial audit meeting. I'm very impressed with their financials and their growth. They had some by-law changes."

CREA Report - Damon Lockhart.

Lockhart said, "There were some interesting conversations at the meeting, a lot of divisions. No divisiveness, but differences of opinion." Topics of discussion included legislative issues, co-ops' responsibility with forest fires and RTO's. He said, "There are so many differences between co-ops that it's hard to pull people together."

Vote on Final Rate Tariff Sheets

The rates have already been approved

FLEMING QUESTIONS \$1.5M IN DEFERRED REVENUE @DMEA From previous pg

and are now in effect. In reviewing rate categories some remained unchanged, while others were dropped or combined.

Previously the board approved an Idle Service Rate which allows DMEA to impose a fee on property and lots that do not have active service. Harman said, "We are talking to everyone affected. They have the option to pay the fee, or remove the service [line] at DMEA's expense."

Vote on FSA Contribution Limit Increase There is an increase in FSA, a healthcare pre-tax benefit plan. Currently 26 employees contribute to the plan.

Presentation from Montrose Police Chief Blaine Hall

Resident Dave Stockton introduced Montrose Police Chief Blaine Hall who spoke on the funding needs of the Montrose Police Department. Hall, who was not in uniform, said, "I'm here as a private citizen. I've taken vacation to do this presentation."

Hall's PowerPoint presentation included

current statistics on crime, response times and the increasing drug problem in the community.

The Public Safety Sales and Use Tax Fund 2A ballot initiative will appear on the November ballot. If approved by voters 2A would fund a new police department building and more law enforcement officers. Commenting on the benefits of an increased police presence Hall said, "With more officers we want to make it so uncomfortable for criminals that they move on."

Board member Mark Eckhart said, "Why sales tax and not property tax?"

Noting that crime has increased as tourists increase Hall said, "If you use a property tax it is all on the backs of property owners, not on the tourists. Crime is going up where there are no resources. The police department is a tool. We're losing our community if we don't start doing something now. This [tax increase] is supporting the community."

Executive Session:

General Counsel Legal Update Discussion on Board Self-Assessment The next regular board meeting is scheduled for 3 p.m. on Nov. 22, 2019

DMEA Board Members

Dist 1 - Bill Patterson, 970-209-1449, bpatterson@montrose.net

Dist 2 - Kyle Martinez, 970-615-7124, kyle@touchofcarepcp.com

Dist 3 - Brad Harding, 970-270-3692, bhar-ding@firstcoloradobank.com

Dist 4 - Ken Watson, 970-275-2100, kennethwatson@gmail.com

Dist 5 - Chris Hauck, 970-497-0900, 1ch@haucks.cc

Dist 6 - Damon Lockhart, 970-314-1071, damon.lockhart@dmea.com

Dist 7 - Mark Eckhart, 970-856-3663, mark.eckhart@dmea.com

lice department is a tool. We're losing our community if we don't start doing something now. This [tax increase] is supporting the community."

Dist 8 - (North Region) Stacia Cannon, 920-207-8831, stacia.cannon@dmea.com

Dist 9 - (South Region) Jock Fleming, 970-275-1808, jock.fleming@dmea.com





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www.premiererealtyllc.com



Michelle Martinez 970-901-9733



Tami Distel 970-596-2845



Stephanie MacFarlane 970-964-7023



Ana Aguirre 970-901-9660



Lisa Martinez 303-525-3726



Patricia Martinez 303-718-6679



1717 Capital Ct Montrose, CO 81401 \$52,000 - 0.29 Acre Lot Listing Agent: Michelle Martinez



555 Spring Creek Montrose, Co 81403 \$249,900 Commercial – 1,836 SqFt Listing Agent: Stephanie MacFarlane

OPINION/EDITORIAL: LETTERS

THANK YOU DEB REIMANN, FOR THOSE EXTRAORDINARY PHOTOS

Editor:

Thanks to the *Montrose Mirror* for showcasing Deb Reimann's extraordinary photos. Those who are unable to physically experience the outdoors are privileged to see local scenery through the lens of Deb's camera. Thanks, Deb, for sharing your talent with readers.

Gail Marvel, Montrose

MONTROSE'S FUTURE WILL BE DECIDED ON NOV. 5

Editor:

Ballot question 2A, a sales and use tax to enhance the Police Dept. and build an adequate Police Station, will determine the safety and security of Montrose for years to come. During many public forums, Chief Hall confirmed that the MPD is wholly under-staffed, under-funded, and housed in a building already inadequate when converted from a library in 1999. Response time for Priority 1 calls average 17 minutes, with a national standard of only 4 – 7 minutes. Priority 2 calls average 38 minutes or more. Time to respond to a call for service includes time to

conclude the officer's prior call. With an average of only 4 patrol officers on duty, delay is often inevitable. Focused proactive crime prevention is impossible with officers already working 12-14 hour shifts. More patrol officers and staff are absolutely essential. With crime and calls for service increasing dramatically over the past several years, the future for the safety of persons and property in Montrose is very bleak unless 2A is passed this year.

There is no dispute about the immediate necessity for increased MPD personnel and a new Police Station. The vast majority of folks have the greatest confidence

and respect for the current Montrose Police Chief, officers and staff. Analysis of past years' budgets, funding and detached reflection of what might have or could have been done does nothing to combat rapidly rising crime rates. The frequency of some crimes exceeds both Colorado and National averages. Payment of a .58% sales and use tax (58 cents per \$100 purchase) now, by city residents and non-resident purchasers alike, will be far more productive and cheaper than paying for the disastrous criminal and financial consequences later if 2A is not passed. John W. Nelson, Log Hill

VOTERS HAVE A LOT TO CONSIDER WITH PERPETUAL TAX INCREASE

Editor:

Seeking a tax increase is tacit admission by the City of past inadequate funding for our police department.

The City's 10 year history of budgeting for the MPD, \$17.2 million in excess sales taxes over budget collected between 2013 -18, and a projected sales tax surplus for this year of \$1.3 million, give voters a lot to consider.

CONSIDERATIONS / CONSEQUENCES OF A PERPETUAL TAX INCREASE:

Most voters, before considering a perpetual tax increase, pause and reflect on current or anticipated tax obligations. In this case, those are considerable:

1- Montrose real property assessments rose significantly this year between 10-

30%. Consequently voters can expect a substantial increase in real property taxes. 2-Taxpayers are obligated for additional Rec Center, Fire District, School District, and Library District taxes for years to come.

3-Taxpayers are stuck with substantial taxes relative to the \$37.3 million cost of the Event Center and new Road & Bridge complex that wont be paid for many years.

4- Lastly, consider the perpetual 1.75% we already pay on the County PSST/R&B tax that in 11 years has pulled over 100 million from our economy.

THE DECISION

A YES VOTE:

Means higher taxes forever on everything

you buy on top of current tax obligations. Caps General Fund obligations of City @ the 2018 level.

With no inflation factor, the value of the City contribution declines annually. Creates an opportunity for "creative accounting" to allow unfettered use of PSST dollars.

Allows City Manager to control MPD expenditures, with no assurance tax dollars go for police needs.

A NO VOTE:

In no way diminishes how the MPD operates

Serves as a MANDATE to the City to reprioritize funding our police from current resources

Dee Laird, Montrose

The Montrose Mirror | September 30, 2019 Page 10

RE-1J CONSIDERS CASB HELP TO HIRE SUPERINTENDENT From pg 1

Stephen Bush.

SUPERINTENDENT SEARCH

Board President Tom West suggested going through the CASB search service, which was used when hiring Schiell. "The process they went through with Steve was very reputable," West said. "...they did a very good job for us last time."

According to the work session packet, the search fee for a school district the size of Montrose County RE-1J (with 6,000 students) is \$12K.

West asked that the item be placed on the agenda for the regular meeting of Oct. 8, and reviewed the timeline for the superintendent search process.

"There are going to be focus groups; community members will want to be involved," he said, "...it's going to be up to you guys to narrow it down....you are key to all of this."

Administrative Assistant to the Superintendent Laurie Laird said that CASB does most of the legwork if hired. Focus groups would be formed early on, and Interview Committees would be composed of volunteers. "They can recommend...it is the board's choice who to hire," Laird said.

The process would be overwhelming for the district's human resources department, she noted, which is busy hiring staff year round.

District E Director Sarah Fishering said, "We are essentially hiring a CEO." She asked about job descriptions used in hiring the search for his replacement. the most recent superintendents, and if the candidates currently running for board of education seats could be involved in the search process. (Both West and Benziger are term limited, and seats held by Directors Jacob Suppes and Stephen Bush are being contested).

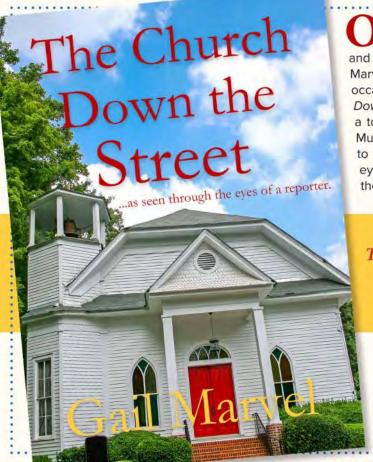
"I really like what the City has been doing, in reaching out to the Latino community," Fishering said. "They have been holding sessions in Spanish, so in focus groups they are really hearing from the whole community."

"I agree," Laird said. "We seem to be moving in that direction, to be more inclusive." She noted that during the most recent superintendent search, calls for volunteers received a strong response. "Especially from staff."

Schiell said that he will not be involved in

"Laurie is your helper...I'm the guy leaving. I won't be involved in the hiring process.".

At the regular meeting of Oct. 8, the Board of Education will vote on whether to use CASB's superintendent search service.



n the Western Slope of Colorado, within a 20-mile radius of the City of Montrose, there are more than 70 churches and houses of worship. Over a 21/2-year period, reporter Gail Marvel visited most of these congregations on two separate occasions, resulting in approximately 120 visits. The Church Down the Street is a compilation of these visits organized in a topical format — Hospitality, Program & Source Material, Music, Meditations & Invitations, and The Message. Similar to the Apostle Paul writing about the church through the eyes of an apostle, The Church Down the Street is about the church as seen through the eyes of a reporter.

Gail Marvel's new book, The Church Down the Street, is now available online at Amazon.com and wingedpublications.com.

GAIL MARVEL

Montrose Author & Reporter



The individual stories of these visits were published in The Montrose Mirror and the archived stories, Experiencing the Church series (issues 90–150); and Houses of Worship series (issues 197–250), can be found at www.montrose.mobi/.



A FRESH POINT OF VIEW: YOUTH ANXIETY ON THE RISE

By Jack Switzer, 16

MONTROSE-My body felt like it was melting, my face was flushed and my hands were sweaty. My legs felt weak as I moved through the halls; I felt as though every pair of eyes in the hallway were on me. I shoved my hands into my pockets, and started to walk a little bit faster, but not too fast or people would think something was wrong with me. Was my hair too messy? Did I have bags under my eyes? Is my skin too pale?

These thoughts swirled around in my head like a chorus of angry devils, their screeching and cackling echoing around in my mind. I wasn't the only person at Montrose High School who was having those thoughts at that moment--many people were, and even though it's now a new school year, people still come to school with their hoods up and their bodies hidden, trying to avoid the judgment and the attacks they think are coming their way.

Anxiety is nothing new. Everyone has it, everyone has dealt with it, and everyone is still dealing with it. Whether it be the stain on your pants you don't want others to see, or walking into a new office

for the first time, it's something adults and kids share. Awareness of anxiety has increased over the years, with 70 percent of kids agreeing that anxiety is a major problem for themselves and others, according to a recent PEW survey. (source: http://neatoday.org/2018/03/28/the-epidemic-of-student-anxiety/)

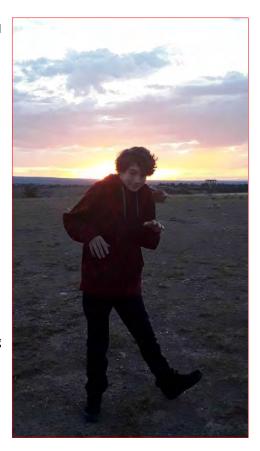
What are schools doing to help students with their anxiety? At Montrose High School, it appears that not much is being done.

The counselors are sweet and mean well, however after one discussion it's almost like they have to move on. And the Safe2Tell line isn't a source that all high schoolers trust. People are becoming more anxious very day, and the solution is unclear.

Despite medication, therapists, and being told everything is going to be okay, nothing is long term and most of the time it seems to backfire.

People are locking themselves away inside their own minds and it doesn't seem to concern anyone.

Editor's note: This column is written in the past tense, as Jack presently attends the Vista Charter School.



Jack Switzer. Photo by Priscilla Thompson.

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REGIONAL NEWS BRIEFS

CEDAREDGE OFFERS FREE BUSINESS CLASSES

Special to Art& Sol

CEDAREDGE-When it comes to marketing your business to reach potential customers, the opportunities are seemingly endless, and sometimes it can feel overwhelming to navigate all of the marketing resources available to your business. "It's important to explore all your options, but it's also important to pick one or two options and do them really well," said Mike Roberts, who is the business manager for Dr. Laurie A. Stein and the Cedaredge

Dental Clinic.

For his business, Roberts has learned through trial and error that online reviews are one of the most powerful, and most lucrative, methods of attracting new customers to the clinic. Consumers are now turning to online reviews before they purchase or try a new service provider. "People now trust online reviews as much, if not more, than recommendations offer two free classes to the business from friends and family," he said. "I wouldn't have believed that myself, until I

saw our business almost triple in volume after we started managing our online presence. Online reviews are now our number one referral source for new clients."

Roberts is also a member of the Town of Cedaredge's Economic Development Advisory Committee (EDAC). The EDAC and Cedaredge Dental Clinic are partnering to community, "Google My Business." Roberts will lead class attendees in how to set up a Google page for your business, or, if you already have a Google presence, he will walk you through how to edit and manage your page. He will also teach you how to manage your online reputation and reviews, and how to ask your customers to leave positive reviews about your business.

Two class times are available: Thursday, Oct. 10 at 6 p.m., or Thursday, Oct. 17 at 2 p.m. Both classes will be held in the Centennial Room of the Cedaredge Civic Center, 140 NW 2nd St. Space is limited and RSVPs are required. Attendees should bring a laptop to work on their page in class; a limited number of laptops will be available to borrow. To RSVP or for more information, please call Kami Collins, Economic Development Coordinator for the Town of Cedaredge, at 856-3123, ext. 112 or kcollins@cedaredgecolorado.com.



or at 970-293-7929

VIP Reception at 5:30 pm Doors Open at 7:00 pm Concert at 7:30 pm

1800 Pavilion Dr. | Montrose, CO



REGIONAL NEWS BRIEFS

CDLE'S RURAL LISTENING TOUR HIGHLIGHTS COMMON ECONOMIC CONCERNS IN CHANGING WORKFORCE LANDSCAPE



Courtesy photo Colorado Dept. of Labor and Employment.

Special to the Mirror

COLORADO-Joe Barela, Executive Director of the Colorado Department of Labor and Employment (CDLE), and Katherine Keegan, Director of the new Office of the Future of Work, have spent this past week on a rural listening tour to hear about the workforce challenges facing the state's rural communities.

"We wanted to learn how the state can help rural Coloradans prepare for the future of work directly from those affected," said Barela. "Our goal is to use these perspectives to make whatever assistance we provide as useful as possible."

Common themes emerged during their tour: how rural towns can proactively address massive economic and workforce disruptions, retain local talent and attract outside talent, and encourage economic diversity as the roles of agriculture and coal in rural economies change.

A meeting with leaders from workforce,

education, industry, and government in Colorado's West End provided real-life examples of some of these barriers.

Comprised of five towns (Nucla, Naturita, Bedrock, Redvale, and Paradox) in Montrose County, the West End has, over the past few years, been responding to significant changes in the local economy. Earlier this year, the local coal mine closed, and last week, a local power plant announced its premature retirement ahead of its previous planned 2022 closer. The mine and power plant represented the area's main provider of jobs and tax base; these closures put many people out of work and place communities at risk.

Leaders say that these closings create a ripple effect in the community, affecting other businesses that supported the mine such as trucking companies that transported the coal. And young residents, seeing a lack of local employment opportunities, may move to the state's larger cities in

search of opportunity, further hurting rural economies.

Page 13

To help coal-dependent communities like those in the West End adjust to today's rapidly changing economy, and to help ease the shift from fossil fuels to clean energy, Governor Jared Polis established a Just Transition Office under CDLE, charged with preparing a plan to address the employment needs of displaced workers. The office, the first of its kind in the country, will present a draft plan by July 2020 that will inform the state's administration of benefits, such as workforce retraining grants, to displaced coal workers by 2025. Local organizations are preparing for the current and future economic changes; the West End Development Corporation, who convened the local meeting with CDLE, is leading economic development in the area. At the Montrose Workforce Center, another stop in the listening tour, Barela and Keegan met with leaders from community organizations, business, education, and workforce development to learn how they are promoting work-based learning, while also supporting efforts in the West End to ensure workers have access to training, job placement, and small business development services.

"The people we've talked to are deeply familiar with their communities and are already proactively planning for the future of work," said Keegan. "One idea that holds particular promise is connecting rural Coloradans to remote work. While there is some concern about how rural communities can thrive in today and tomorrow's economy, our conversations were characterized by a sense of optimism about the opportunities ahead."



REGIONAL NEWS BRIEFS

PARTNERSHIP PROJECT WINS NATURAL RESOURCE LEADERSHIP AWARD

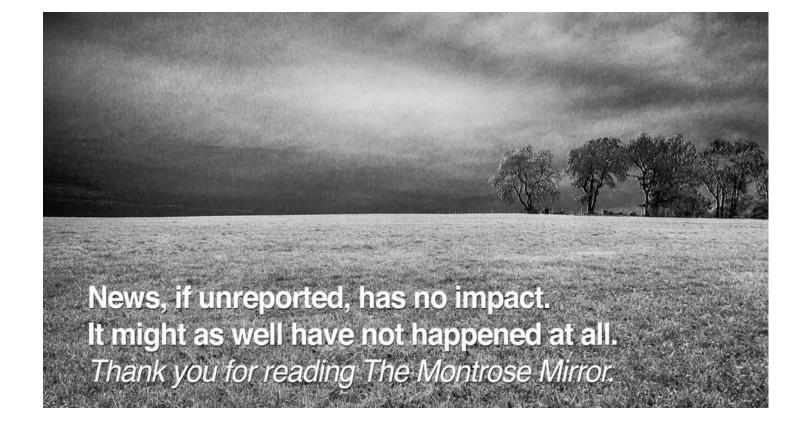
Special to the Mirror

GUNNISON-The Gunnison Ranger District of the Grand Mesa, Uncompanyer and Gunnison (GMUG) National Forests, along with private, state and federal partners, has received the 2019 Climate Adaptation Leadership Award for Natural Resources in the Broad Partnerships category from the Association of Fish and Wildlife Agencies for their work on the Gunnison Basin Wet Meadow and Riparian Restoration Collaborative.

The award recognized the collaborative for demonstrating exemplary leadership in reducing climate-related threats and promoting the adaptation of the nation's natural resources.

Since 2012, the collaborative has help place over 1,500 rock structures across public and private lands in the Gunnison Basin. These restoration structures help

capture sediments, hold and spread water resulting in slower and prolonged downstream water release, preventing soil loss and the erosion of meadows along with ephemeral and perennial streams. This has directly contributed to the enhancement over 23 miles of stream and 1,100 acres of wildlife habitat, increasing wetland plant cover by 62%. Moreover, these efforts have improved habitat for the federally threatened Gunnison Sage-Grouse, while sustaining land-based livelihoods and building ecosystem resilience to drought. This is the second award for the collaborative, as they received the 2019 Wings Across the Americas Award for Habitat Conservation Partnership in May of this year. A ceremony for the Board Partnerships award was held on Sept. 23 in St. Paul, Minnesota, with representatives from five of the collaborative partners attending. Partners for the collaborative include: The Nature Conservancy of Colorado, Upper Gunnison River Water Conservancy District, Bureau of Land Management-Gunnison Field Office, Colorado Parks and Wildlife, USDA Forest Service-Grand Mesa, Uncompangre and Gunnison National Forests, Natural Resources Conservation Service, Colorado Natural Heritage Program, National Park Service-Black Canyon of the Gunnison National Park and Curecanti National Recreation Area, Gunnison County, BIO-Logic, Inc., Zeedyk Ecological Consulting, Wildlands Restoration Volunteers, Gunnison Conservation District, Western Colorado University, Western Colorado Conservation Corps, Mesa County Partners, High Country Conservation Advocates, Gunnison High School, Allen Ranches, Redden Ranches, and Wolf Creek Ranch.



The Montrose Mirror | September 30, 2019 Page 15







Valued at \$6000-\$24,000:

Room, board, school expenses, and monthly stipend for a high school year abroad.

Have you always dreamed of...

- Traveling abroad?
- Learning another culture?
- Being fluent in another language?

Two Programs Available:

- 1. The Youth Exchange Scholarship (one academic year)
- 2. The Short Term, Family-to-Family Summer Program



The Youth Exchange Scholarships are made possible by the generosity of our overseas partners and local Rotary clubs in Rotary District 5470 (southern Colorado). Qualified applicants must be ages 15 ½ -17 ½ at the time of departure. The scholarships cover room, board, school expenses, and a monthly stipend for one academic year. The student/family pays the program's standard Cost of Participation and for any optional entertainment, clothing, tours.



rotary youth exchange www.MountainandPlainsRYE.com

or contact your local Rotary club

Pete Peterson, 249-9074 Emily Schneider, 209-2613 Bill Bell, 240-1420 The Montrose Mirror | September 30, 2019 Page 16

OPINION/EDITORIAL: LETTERS

COLORADO NATIVE CONCERNED OVER GROWTH, DRUGS

Editor:

As long as people and corporations want \$\$\$\$ then we will never have clean air and as long as towns like Montrose continue to BUILD, BUILD, BUILD and grow to be more like the Front Range which is totally polluted and brown cloud it is said that people who move here want to change the small town community into a big town to eventually become like the front range. I can say that as I am a native Coloradoan raised in Grand Lake and Steamboat Springs and having land out east of Denver it had been disheartening

to watch all the population and golf courses take up all the valuable water and destroy the night sky with all the light pollution. The hardest part is the brown cloud you see coming down the pass into Denver. Montrose will become the same way if it continues to be split up into developments and the people need to stop and only look around at the problems already created with the drugs and no one wanting to pick them up and charge them and take them into Grand Junction which has recovery places and get the people involved in NA, AA and ACOA and GIVE the Jan Harvey, Montrose

POLICE the STAFF to start really imposing the law. Need to find WHERE and WHO the money is bringing in the drugs so get an undercover task in and bring this town back to its agriculture roots and values of being raised with morals and values.

The other problem is having the HEMP growers COVER their crops as so they do not cross pollinate with true alfalfa, grass and corn farms. It needs to be addressed before it gets to where it can not be contained.

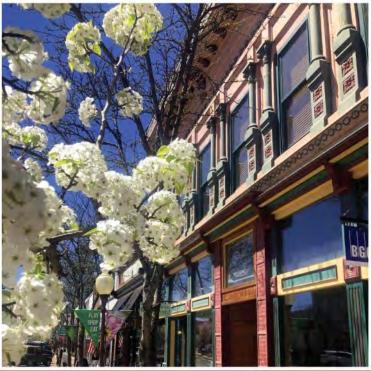
Sincerely,



The Montrose Mirror | September 30, 2019 Page 17



2040?



We need your input in planning the future of the Downtown Business District!

Spanish interpretation provided





JOIN US!

Downtown Planning Workshop Tuesday, October 8, 2019 | 6-9 pm (Open house & refreshments provided, from 6:00-6:15 pm)

Knights of Pythias Building | 33 S Cascade

Share your thoughts on the future vision for Montrose

CityofMontrose.org/CompPlan

27th Annual



Dosom Guddies

> 5k Walk 5k & 10k Run

Saturday, 12 October 2019 Montrose Pavilion

Registration-8:00 am

Start-9:00 am

Presented by:



Register Online at: www.bosombuddiesswc.org

\$30 pre-registration - \$35 day of event

The Montrose Mirror | September 30, 2019 Page 19



MONTROSE ELKS LODGE: ELK TRACKS



Montrose Elks Lodge

MONTROSE-Welcome to Elk Tracks, a periodic update of what is taking place at our local Montrose Elks Lodge, located at 801 So. Hillcrest, Montrose CO 81401. Tuesday October 1, 2019

Great Jackpot over 10G's! Progressive Game #6 is now at \$11,971. Now is the time to play Bingo for your chance to win this HUGE Jackpot. This \$11,971 Jackpot can be yours if you reach Bingo with 53 #s or fewer; or the game continues for the prize posted based on attendance.

Progressive Game 4 Jackpot has reached "MUST GO" worth \$1,199 and will be awarded no matter how many ball/ numbers it takes to reach BINGO. The 1st person to reach Bingo wins \$1,199.

Progressive Game #2 worth \$471 and can be won by reaching BINGO in 37 numbers or fewer or the posted Jackpot will be paid. Seating for this event is limited, so you might want to show up early. One seat per Bingo player. Once capacity is reached, ticket sales will stop. Doors will open at 3 PM, Early Bird Bingo starts at 6:30, and the main Bingo session starts at 7 PM. A lasagna dinner will be available in the Lodge Kitchen for \$5, including a soda pop. We'll also have \$3 pints of beer available in the Lounge. For a good time with a chance to win great Jackpots, stop by the Elks Lodge to play Bingo Tuesday nights.

We are located at 801 South Hillcrest Drive in Montrose, CO 81401. It's a wonderful way to spend the evening having fun! *Public is welcome, funds raised playing Bingo support local charities.*

REGIONAL NEWS BRIEFS

LEAGUE OF WOMEN VOTERS ELECTION FORUM OCT. 10

Special to the Mirror

MONTROSE-League of Women Voters of Montrose County, serving Montrose and Delta counties invites the community to attend STATE BALLOT ISSUES CC & DD and Re1-J SCHOOL BOARD CANDIDATES FORUM/MEET & GREET

Thursday Oct. 10, at NOON, Montrose Library Community Room.. Q & A to follow.





Montrose Elks Lodge #1053 801 S. Hillcrest, Montrose CO 81401

Bingo Jackpots
Tuesday

October 1, 2019

Progressive Game #6 \$11,971

Win with 53 #s or fewer, or the game continues for the prize posted

Progressive Game #4

\$1,199 "Must Go"

Jackpot will be awarded to 1st player that reaches BINGO

Progressive Game # 2

\$471

Win with 37 #s or fewer, or the game continues for the prize posted

Lasagna pinner 55

Limited Seating of Beer

Doors Open at 3 PM, Early Bird starts at 6:30 PM main Bingo session starts at 7 PM



REGIONAL NEWS BRIEFS

PRESCRIBED BURNS IN CALAMITY BASIN TO BEGIN OCT. 7 OR AS CONDITIONS ALLOW

Special to the Mirror

GRAND JUNCTION-GMUG Fire and Fuels Crews plan to begin prescribed burning operations in the Calamity Basin Project Area as early as Oct. 7, or as conditions allow.

Located ten miles east of Gateway, CO. Approximately 400 acres are planned for treatment, with one to two days of ignition, weather dependent.

Caution is advised as smoke will likely be visible near CO Hwy 141 and National Forest System Road (NFSR) #402 (Divide Road), NFSR #404 (Uranium Road) & NFSR #405 (Niche Road). Smoke may impact

Gateway & Unaweep canyon area residents. The purpose for this burn is to increase the resiliency and reproduction of native ponderosa pine stands, increase wildlife forage and reduce slash from mechanical treatments. Prescribed burn project areas will be patrolled and monitored for several days following ignition.

For information and updates on prescribed burns, wildfires and fire restrictions on National Forest System lands and other areas, call the Grand Mesa, Uncompanyer and Gunnison National Forests Fire Information line at 970.874.6602, visit the GMUG Forest website

(www.fs.usda.gov/gmug), Facebook: https://www.facebook.com/ GMUGFireInfo or Twitter: https:// twitter.com/GMUG NF.

For more information on how prescribed fire smoke may affect your health, please visit: https://www.colorado.gov/pacific/cdphe/wood-smoke-and-health.

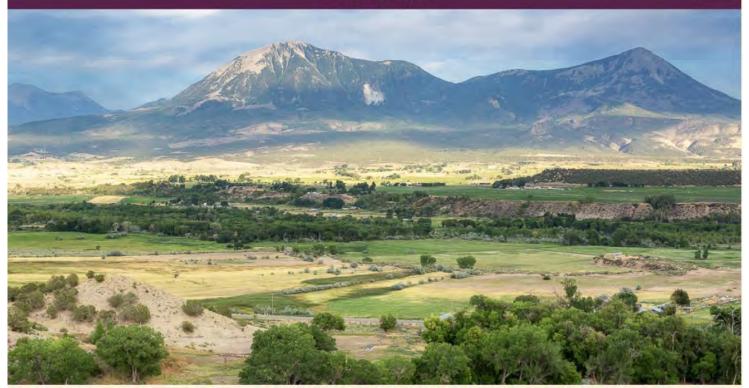
The Grand Mesa, Uncompahgre & Gunnison National Forests manage approximately 3 million acres of land in Southwest Colorado within Delta, Garfield, Gunnison, Hinsdale, Mesa, Montrose, Ouray, Saguache, San Juan and San Miguel counties



The Montrose Mirror | September 30, 2019 Page 21

THIS COULD BE YOUR VIEW!

13793 3750 ROAD | HOTCHKISS, CO 81419 OFFERED AT: **\$788,000**







Privately esconced on it's own Mesa, this gorgeous 14 acre view also comes an immaculate 2,200 square foot, 3 bedroom, 2 bathroom Sante Fe Style custom built home. The yard is designed with commercial grade weed barrier, sprinkler and drip system. Attached 2 car garage and detached 24X30 heated, insulated, and plumbed shop with 220 power. Home automation system. Fresh air exchanger. 500 gallon leased propane tank. Tankless propane hot water heater Close to BLM with access to a variety of wildlife including, deer, elk, turkeys and bobcats.

Bedrooms: 3

2,200 sq. ft. on 13.42 acres | Year Built: 2005



Betsy Fernandez
Associate Broker
betsyfernandez2018@gmail.com
970-201-8714
www.berkshirehathawayhs.com/

BERKSHIRE HATHAWAY HomeServices Western Colorado Properties

435 S. Townsend Ave. Montrose, CO 81401

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Delta County Memorial Hospital is excited to announce that Michelle Barhaghi, OB/GYN has joined our team of health care providers!! Dr. Barhaghi is double board certified in Obstetrics & Gynecology and Integrative Medicine, Her practice interests include a minimally invasive approach to common gynecological problems.

scheduling new patients now GIVE US A CALL 970.874.7930

REGIONAL NEWS BRIEFS

COLORADO PTAC RE-OPENS WESTERN SLOPE OFFICE

Special to the Mirror

GRAND JUNCTION-The Colorado Procurement Technical Assistance Center (PTAC) has re-opened an office on the Western Slope. The office, located at the Grand Junction Business Incubator, opened Aug. 6 on a temporary basis pending negotiations with the Defense Logistics Agency (DLA) to continue operations for the program year 15 Sept 2019 to 14 Sept 2020. "We were able to make our case with DLA that having a permanent counselor provided better support to western Colorado businesses than trying to cover the need by traveling from the Front Range" said PTAC Executive Director Dennis Casey. The office was funded for permanent operations starting Sept. 15, 2019 and will remain in operation through the next year and beyond.

Jim Kidd, formerly with the Small Business Administration, is staffing the slot. Jim has worked in concert with the PTAC for nearly a decade helping small businesses succeed in the government market. "Jim's experience with government small business programs and knowledge of the Western Slope business environment made him an obvious choice," said Casey. The office is typically open on Tuesday, Wednesday, and Thursday with exceptions for travel to other locations in the west.

The office is being hosted by the Grand Junction Business Incubator whose mission closely aligns with the Colorado PTAC. The Business Incubator Center (BIC) is a 501(c)(3) non-profit organization that for more than a quarter-century has been supporting the launch, growth, stabilization, and long-term success of business enterprises in Mesa County and the surrounding region. Their goal is to stimulate the local economy and retain/create the greatest number of sustainable jobs possible.

The purpose of the Colorado PTAC is to generate employment and improve the

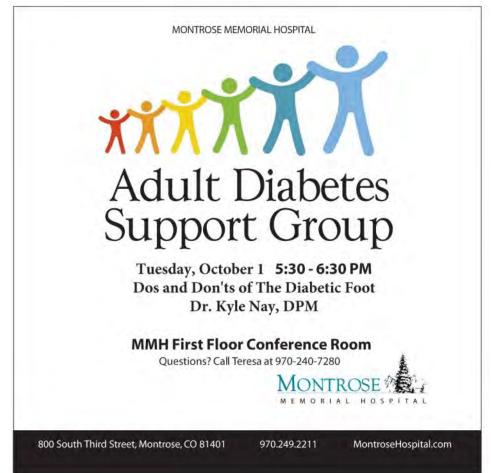
general economic condition of the state by assisting Colorado companies, including those eligible for preferential consideration in obtaining and performing under local, state and federal government contracts. They provide procurement technical assistance to help you in the selling of your products or services to the appropriate government agency by offering confidential counseling at no cost. The core of the procurement assistance program is counseling, education, and networking. "The government will buy what they need, our goal is to get them to buy it from Colorado businesses" said Casey. Colorado PTAC employees are considered the experts in public procurement, all counselors have over 30 years' experience and were senior executives in their respective government careers.

The Colorado PTAC is a public-private partnership formed as a non-profit corporation to perform the functions required under the Defense Logistics Agency's Procurement Technical Assistance Program. This procurement technical assistance center is funded in part through a cooperative agreement with the Defense Logistics Agency.

To make an appointment please call Colorado PTAC headquarters at (719)667-3845 or you can email Jim directly at j.kidd@coloradoptac.org.
For more information about government

www.coloradoptac.org www.dla.mil/SmallBusiness/PTAP/ www.aptac-us.org

procurement technical assistance visit:



BERKSHIRE HATHAWAY HomeServices

Western Colorado Properties

NATIONAL FOREST ACCESS

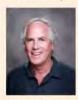








Offered by



Don Bailey
Broker Associate
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970-209-8257
www.DonBaileyRealEstate.com

\$74,900 MLS# 761583

Lot 41 Divide Road | Montrose, CO 81403

Beautiful High Country Property 4.481 acres with Aspens & Spruce. Get your slice of Colorado Paradise. Great recreational property with nice cabin site. Horsefly Subdivision is surrounded by National Forest for thousands of acres of public lands to explore, hike, ride, ski or hunt. Domestic water from community spring. Parcel is directly adjacent to Uncompandere National Forest and located in GMU 62 and adjacent to GMU 61.

435 S. Townsend Ave. Montrose, CO 81401

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It's your life.

We're here to help you live it.

I have been a patient for four years or more and I recommend this agency to everyone.

Thank you to all of the nurses for the patience and care they provide to me.

- Mary Ann

At Home Health of Western Colorado, we're a Medicare/Medicaid-certified home health care agency – a friendly and experienced team of nurses, rehab therapists and home health aides dedicated to providing your individualized health care needs with compassion and empathy.

Services offered by Home Health of Western Colorado include:

- Skilled nurse on call 24 hours/day
- Home health aide assistance with daily activities such as dressing, grooming and bathing
- · Pain management, wound care and IV infusion therapy
- Disease and medication management
- Pediatric care
- Physical, occupational and speech therapy
- Medical social worker
- · Diabetes management and education
- · Lab testing and finger stick INRs
- · Coordination of additional community services



Call today for more information (970)-240-0139



Home Health of Western Colorado

300 North Cascade, Suite T9, Montrose, CO 81401

REGIONAL NEWS BRIEFS

U.S. HIGHWAY 160/550 TO BE RE-STRIPED FROM DOUBLE TREE HOTEL TO HIGH BRIDGE

Special to the Mirror

SOUTHWEST COLORADO — The Colorado Department of Transportation will re-stripe faded pavement markings on U.S. Highway 160/550 in Durango. The two and half mile stretch of highway is located from approximately the Double Tree Hotel to the high bridge over the Animas River. The contractor selected for this \$1 million project is Roadsafe Traffic Systems of Englewood.

As part of CDOT's <u>Whole System — Whole Safety</u> initiative, this re-striping project will replace and enhance highway striping and markings, providing a safer roadway and highway system for the traveling public. Simple but important features like fresh, new, bright stripes can improve visibility and help drivers stay in their lane and on the road. TRAVEL IMPACTS

Re-striping operations will start on Sunday night, September 29 and will continue through mid-October, approximately two weeks. The work is weather dependent.

Work will take place mostly at night, from 7 p.m. to 7 a.m., Sunday through Friday. Drivers will experience single-lane closures and lane shifts throughout the duration of the two-week project. Lane closures will be directed by flaggers. Traffic fines will be doubled in the work zone. Motorists should slow down, drive with caution and give themselves extra travel time.

Travelers should be aware of an additional project occurring at this time. CDOT is also performing bridge maintenance work at the US 160/550 high bridge just south of Bodo Park. Motorists may consider the alternate route via Highway 3.

PROJECT INFORMATION

For additional information about this project, call the project information line at 720-641-4108, email the team at frod@roadsafetraffic.com, or visit the project website at www.codot.gov/ projects/us-160-550-pavement-striping-s-durango.

Just Listed





Betsy Fernandez
Associate Broker
970-201-8714
betsyfernandez2018@gmail.com
www.berkshirehathawayhs.com/

\$235,900

MLS# 763317









1732 Pioneer Circle | Delta, CO

Come take a look at this well built, open concept home in the quiet neighborhood in Pioneer Circle. This home is conveniently located close to our towns schools. You'll enjoy the added benefit of the fully insulated shed in back. You'll appreciate the multiple windows for additional lighting.

Bedrooms: 3 1,291 sq. ft. on 0.25 acres | Year Built: 2006



435 S. Townsend Ave. Montrose, CO 81401

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Western Colorado Properties

The Montrose Mirror | September 30, 2019 Page 27

OPINION/EDITORIAL: LETTERS

VOTE NO ON STATE PROPOSITION DD

Editor:

At first glance, this appears to be pretty unassuming. It doesn't matter to me. I don't do casino gambling so no one is getting my money from this. But hold on. First, the net casino proceeds tax rate of 10% seems awfully low. It should be more like 30%; why shouldn't the state take more for this 'sin' tax, we take much larger amounts from alcohol, tobacco, pot. Second, who is in charge of dolling out money to this Water Plan and what projects? Not a big fan of giving more financial power to water development interests. If it said the money was going to water conservation projects, I would be all in (like ending the agricultural watering loophole so people can water their expansive residential lawns for dirt cheap!). Third, it probably will take money away from

watering loophole so people can water their expansive residential lawns for dirt cheap!). Third, it probably will take money away from the Colorado Lottery and GOCO

It's Your Business!

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funds. Montrose sure has benefited from cians!). great GOCO funding (good job local politi-Douglas Crawford, Montrose OCTOBER 18-20, 2019 AT THE 4H/EVENT CENTER, RIDGWAY, CO For details, on-line registration, and tickets, visit RidgwaySpiritFest.com A rare opportunity to interface live with a true leader in his field. (Learn more about this amazing man from his own website: charleseisenstein.org) Friday Keynote: 7 PM Saturday Workshop, Q&A, Booksigning, Music: 9 AM - 6 PM Sunday Lectures and Workshops: 10 AM - 4 PM Featuring Keynote Speaker CHARLES EISENSTEIN **Author of Climate: A New Story** With thanks to our sponsors, Ouray County Community Fund, Gerry and Dennis Weaver Family Trust, Shirley Olson, NP-C, IFMCP (Ridgway Center for Whole Health) and United Church of the San Juans Charles is a sacred activist, teacher, speaker, futurist, and writer who focuses on themes of embracing consciousness, civilization and cultural evolution. RidgwaySpiritFest.com • 970-325-4598

Local physical ticket outlet is Ridgway Center for Whole Health, 195 Lena St, Suite A, Ridgway, CO.

1UST LISTED

\$225,000

MLS# 763323





240 Ranch Court Montrose, CO 81403



BERKSHIRE **HATHAWAY**

HomeServices

Western Colorado Properties



Bedrooms: 3 Baths: 2

Year Built: 2003



Quaint home situated in a neighborhood on the outskirts of town, yet within close proximity to downtown Montrose. No through traffic allows for quiet living and you can walk the dog or play in the park that's conveniently located at the end of this street. The interior is tastefully done with solid surface flooring throughout. The kitchen includes all of the appliances. A very private covered and partially enclosed patio with accent lighting is a great space to enjoy morning coffee, dine or entertain. The fully fenced back yard features

raised garden beds. This charming house will

make a great home for someone. Could it be you?



Linda Steil Broker Associate / Luxury Collection Specialist linda@cohomechoice.com 970-417-8082 www.cohomechoice.com

435 S. Townsend Ave. Montrose, CO 81401

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COLORADO NEWS BRIEFS

SENIORS TARGETED FOR PERSONAL, GENETIC INFORMATION Do you know who you're giving your information to?

Special to the Mirror

DENVER - The <u>Colorado Senior Medicare</u> Medicare. <u>Patrol</u> (Colorado SMP) that is housed in These gen the Division of Insurance, is cautioning a service to Medicare recipients and their caregivers, and the public in general, to carefully guidance of their Medicare numbers, drivers' licenses, Screening Social Security numbers, credit cards and even their genetic information and finger-prints.

Potential scams and fraud that attempt to get people's Medicare information and credit cards are nothing new, but genetic or DNA testing services are a new wrinkle popping up everywhere - senior events, malls and parking lots.

And while there haven't been any incidents reported in Colorado to SMP, other states are reporting that senior Medicare recipients are receiving fingerprint kits in the mail, unsolicited. The kits provide a phone number to walk through a process that ends with the senior mailing their fingerprints (along with other personal information) to the company.

What's the problem with genetic testing? With genetic testing, the people offering these services insist that Medicare or other health insurance will pay for the testing - a "don't worry about it now" approach that can leave individuals stuck with the bills down the road. Even if Medicare does pay for the test, it may not be a great diagnostic tool for everyone, which is why its use needs to be determined by a person's doctor. It may also use up a person's annual Medicare wellness visit, meaning that person loses an opportunity to talk with their doctor. Worse yet, the company could be connected to the flood of fraudu-

lent genetic testing claims being sent to Medicare.

These genetic testing services are offering a service to the general population without determining an individual's actual needs, and they are doing it outside the guidance of a person's physician. Screening services such as presymptomatic genetic tests -- used to detect an undiagnosed disease or disease predisposition -- are not a Medicare benefit and are typically not covered by Medicare. Similarly, Medicare may not reimburse the costs of tests/examinations that assess the risk for and/or of a condition unless the risk assessment clearly and directly affects the management of the patient. Which is why the use of such tests should only be prescribed by one's doc-

People need to keep their guard up

"It's amazing how brazen these companies have become," said Kimberly Latta, Director of Colorado SMP. "Just expecting people to hand over their information - drivers license, Medicare number, and genetic info. All without telling people why they need this information and what they're going to do with it."

Identify theft and fraud continue to be problems in our society, and a large portion of targets are seniors. Being asked for information - Medicare and other identification cards, credit cards, genetic info, fingerprints - by people and companies that you don't know should raise alarm bells. Even if someone is not personally responsible for these costs, these efforts can often end up billing thousands of dollars to Medicare - cheating the government and taxpayers out of that money.

Many events - health fairs, senior days, info sessions, etc - do not typically perform a thorough check on the kind of vendors that participate.

"Organizers for senior events and community gatherings may not have fully vetted the companies that set up booths or tables," cautioned Latta. "We have spent years talking to people about not giving their Medicare number and other personal information to just anyone, and these new tactics are another reason people need to keep their guard up, even at events that are focused on seniors."

What can you do?

If you are approached by someone (other than your doctor) asking for your Medicare information, or offering you genetic testing for medical purposes, or you receive something in the mail, or online or over the phone that you did not request, especially something that requires you to provide some kind of personal information, decline those services.

You don't know where that information will end up. Do not give them your Medicare number, your driver's license, your social security number or any financial information as it can lead to fraudulent Medicare claims or worse yet, identity theft. Talk to your doctor about tests and services that are specific to your health needs.

If you have already submitted to genetic or DNA testing, or believe that you have provided personal information that you shouldn't have, contact the Colorado Senior Medicare Patrol (SMP) at 1-800-503-5190. For more information about the Colorado SMP, visit the <u>Senior Medicare</u> Patrol and Medicare Fraud website.



dancing delta county with the Stars

WHO
WILL BE VOTED
DELTA COUNTY'S BEST
DANCE TEAM?



TICKETS ARE AVILABLE AT PARTICIPATING NONPROFITS AND THE DELTA AREA CHAMBER OF COMMERCE











OCTOBER 19, 2019 at 6:00PM DELTA PEFORMING ARTS CENTER

822 Grand Ave. Delta, Colorado 81416

VISIT WWW.DELTACOLORADO.ORG FOR MORE INFORMATION





REGIONAL NEWS BRIEFS

MONTROSE REGIONAL CRIME STOPPERS ALERT: CONCRETE FORMS & TOOLS

Montrose Regional Crime Stoppers
REGIONAL-Montrose Regional Crime Stoppers, Inc. and the Montrose County Sheriff's Office are seeking the help of citizens to identify and locate the suspect(s) who committed a theft from 61293 Falcon Road, Montrose, Colorado.

Between 1400 hours on Sept. 17, 2019, and 1100 hours on 09-18-19, unknown person(s) came to the property which was prepared for a concrete pour. The individ-

ual(s) then removed multiple concrete forms and tools, totaling \$12,054.99. There are no photos or videos of this crime. Anyone with information about this crime or the identity of the perpetrator(s) or any other crimes may call Crime Stoppers anonymously at 970-249-8500, use the mobile app P3 Tips, or provide information via P3tips.com. Crime Stoppers wants your information, not your identity. If the Tip results in an arrest, the Tipster

may receive a cash award. For additional information, please view our Facebook page, www.facebook.com/

<u>montroseregionalcrimestoppers</u>. Crime prevention and crime solution are everyone's responsibility.

MRCS would like to remind everyone that all persons of interest depicted in our Alerts by photo or not, or by any other means, are presumed innocent until proven guilty in a court of law.

TRICKLE PARK ROAD CLOSURE CONTINUES THROUGH OCT. 28

Special to the Mirror

DELTA-A portion of the Trickle Park road (NFSR #121) will continue to be closed for the removal and replacement of culverts through Oct. 28.

Road will be closed at milepost 11.2 during the removal and replacement of culverts. There will not be a readily available bypass during construction.

The purpose of this project is to replace currently deficient culverts with a bottom

arch culvert to allow for the passage of all native aquatic and riparian species.

Road is expected to be closed during the week beginning September 23 – October 28, 2019 and opened on the weekends. See attached map.

This project will improve aquatic habitat by providing a stress free road-stream crossing promoting robust aquatic communities and resilience to climate change stresses. Heavy equipment will be encountered during the construction process. Please use caution.

We appreciate your cooperation and understanding during this short-term road closure

For additional information, project updates or questions please contact Robert Dasey 970-589-5429 cell; 970-263-5808 office; or by email at robert.dasey@usda.gov.



OPINION/EDITORIAL: LETTERS

VOTERS ARE LIKE LAMBS BEING LED TO SLAUGHTER

Editor:

In examining the way things have been done in Montrose by the City Council and the City Manager, timing emerges as rather unnerving.

The second reading of the 2A proposed ballot issue was not done until September 17. Yet both the first and second reading of such proposals are supposed to be a precursor to Council Approval. Yet those involved in the "One Community Safer Together" organization (or whatever it is) seems to have known that approval was a done deal by August 3rd or earlier. Sounds to me like it did not matter what happened as a result of the first or second readings, that the proposed 2A was already locked in. It obviously did and does not matter what the citizens had said or were to say, most especially about the lack of any spending safeguards this loosely worded 2A was to be on the ballot 'as

As it is written, 2A is a very loose, sloppy and imperfect document that intentionally does not protect the public interest.

2A is a general sales tax increase, NOT for a tax to support the police. If 2A is approved NONE of the funds collected are dedicated to Public Safety or to our Police Department. Any and all of the money collected as a result of 2A may be used AT THE DISCRETION OF THE CITY MANAGER for ANYTHING he deems appropriate. Unless permitted by the City Manag-

er, police chief has no authority to spend anything for his department from these funds. Now whatever could be wrong with that? The Police Chief has no authority to spend any of it AT ALL for any reason. And, of course, that means that he has no responsibility or accountability for the funds OR for what they might have done for OUR safety.

Now that 2A is on the ballot embracing this MAJOR flaw, 2A must be defeated so that a more properly worded issue can be decided in the next election.

Meanwhile, the City of Montrose has ample funds stashed in one over budgeted category or another to fix any financial shortage for the cops in the interim. This measure is a lot of money. A six month or a year delay is insignificant. Heck, these manipulators have already put off fixing the problem for eight years!

Had our high powered, know it all, authoritarian 'simple five' deigned to listen to some of their constituents from the start of this effort, instead of accepting carte blanche the council of their City Manager and just bullying it through with a fixed 'blue ribbon committee' they might have compromised and got their citizens behind them. Instead, because the real reason behind this PSST sales tax effort was not to help the cops but to pass a general sales tax increase that they can spend anyway they darned well please. This tax is not only a miss-named general sales tax

increase, it is a tax on your grocery bill as well, just like the sales taxes already in place.

Citizens of Montrose, you already pay 2.28 percent sales tax on your groceries (and everything else). This abomination will add another .6 to that 2.28% making the new rate 2.88%" roughly a 40% increase. ON YOUR FOOD, the stuff you feed your kids, that you barbeque, that you eat, that you drink. It is a regressive tax, taxing the less affluent more heavily than the well to do. Because of this, economists say that groceries should never be taxed. Further, do you realize that any grocery item purchased with a coupon is taxed at the before-the-coupon price.

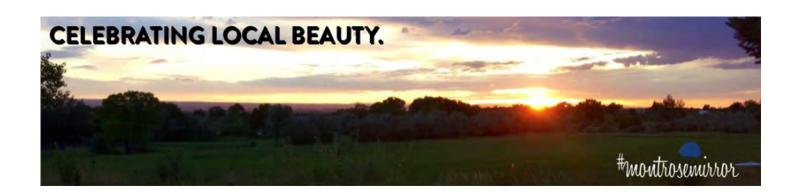
Most American jurisdictions do NOT tax groceries.

Insofar as our proposed brand new beautiful police headquarters, we will not get a building worth what the tax issue brings in, we and the cops, will get a good deal less and the rest of the money will be blown on something else because 'if they have it, they will spend it!' and 2A, as written, says they can.

My fellow Montroseans, "Pay attention or pay the piper!"

Both of these 2A issues are financially and morally flawed. Without tight and strict limits on what this money can be spent on, it will not be spent as you are being led to believe.

W. H. Bennett, Montrose





The Mirror now weekly

Making sure readers don't bury their heads in the sand.



RIDGWAY OLD WEST FEST BRINGS MOVIES, MEMORIES TOGETHER

By Caitlin Switzer

RIDGWAY—What better way to spend an October weekend, than mingling with Western movie buffs, sharing memories and learning about local history, listening to country music and cowboy poetry, racing to raise funds to fight cancer, and even throwing an axe or two?

On Oct. 11-13 Ridgway welcomes the first Annual Old West Fest, a celebration of the 50th anniversary of the release of the original True Grit. The Old West Fest has put together a <u>packed weekend</u> of fun activities for people of all ages.

This is a celebration of history, both real and cinematic. In the summer of 1968, people across America faced tumultuous times and historic events; in Ridgway, locals made history as they welcomed the movie crew for the original True Grit, starring John Wayne, Kim Darby, and Glen Campbell.

As the web site notes, "2019 marks the 50th anniversary of <u>True Grit</u>, the movie that earned John Wayne his only Academy Award. The famous director Henry Hathaway brought a cast and crew to Ridgway and Ouray County in the summer of 1968 to film much of the movie, which was released in 1969."

Take the True Grit Walking Tour to learn

more about the classic film and the locations where filming took place. Want to learn even more? To honor the event and Ridgway's Hollywood heritage, the Ridgway Western Heritage Society has released, "True Grit: A 50-Year Tribute." The book includes a collection of stories about the people who worked on the original film. Eve Becker Doyle, President of the Ridgway Western Heritage Society, credits the book's polished, professional presentation to Publisher Edward Bovey and his wife, who previously owned a publishing company in Alaska. "A lot of people worked on it," Doyle said.

"Ed really did a super job." Doyle said that she expects the Old West Fest to draw large numbers of out-of-town visitors. For locals who want to drop in, there are three events not to be missed.

"We have the concert with Debbie Campbell, Glen's oldest daughter, who toured with her father for years," Doyle said. "We have some truly outstanding cowboy poetry—we're really excited to bring it to Ridgway."

The Ridgway Old West Fest also welcomes the John Wayne Grit Series 10K. More than 100 participants are already



The late Warren Waterman, former Sheriff of Montrose County, shares his True Grit memories at the Ouray County Courthouse in this Mirror file photo.

registered, Doyle said. The race starts and ends at Last Dollar Road, and benefits the John Wayne Cancer Foundation.

The concert with Debbie Campbell takes place Friday evening; Cowboy Poetry with Award winning entertainer Peggy Malone and Western Music Association 2018 Male Poet of the Year <u>Terry Nash</u> will be Saturday. For a <u>full schedule of events</u> visit <u>OurTownMatters.net</u>.

Though this is a first-time event, Doyle expects a strong turnout. "One way or another, a lot of people are going to come," she said.



BERKSHIRE HATHAWAY

Western Colorado Properties







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Don Bailey Broker Associate 970-209-8257 donbaileyrealestate@gmail.com www.DonBaileyRealEstate.com

55652 Fredonia Road, Olathe, CO 81425 \$519,000 MLS #762482

435 S. Townsend Ave. Montrose, CO 81401

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BERKSHIRE HATHAWAY

Western Colorado Properties



2121 Hill Street Montrose, CO Area Description

\$514,990 | MLS# 762589 Bedrooms: 4 | Bathrooms: 2.00 2,577 sq. ft. on 0.757 acres



2919 Outlook Road Montrose, CO Area Description



\$538,612 | MLS# 762945 Bedrooms: 4 | Bathrooms: 3.00 2,765 sq. ft. on 0.2 acres



620 County Road 22 Montrose, CO Area Description

Tbd Painted Wall Lane

Montrose, CO

Area Description

\$520,000 | MLS# 756088 Bedrooms: 3 | Bathrooms: 3.00 2,900 sq. ft. on 15.353 acres



3708 Scarlet Court Montrose, CO Area Description

\$395,000 | MLS# 759047 oms: 3 | Bathrooms: 2.00 1,922 sq. ft. on 0.2 acres



1906 Ouray Drive Montrose, CO Area Description



\$222,500 | MLS# 755452 Bedrooms: 3 | Bathrooms: 2.00 1,491 sq. ft. on 0.18 acres



\$59,990 | MLS# 762373 Bedrooms: 0 | Bathrooms: 0 0.3 acres



647 E Main Street Montrose, CO Area Description

\$349,990 | MLS# 761138 Bedrooms: 0 | Bathrooms: 0 0.14 acres



3031 Fortress Circle Montrose, CO Area Description



Bedrooms: 0 | Bathrooms: 0 0.55 acres



21201 Happy Canyon Road Montrose, CO Area Description

\$189,990 | MLS# 761680 Bedrooms: 3 | Bathrooms: 2.00 1,724 sq. ft. on 35 acres



Jeff Keehfuss Broker/Owner 970-209-3825 Jeff@MontroseColorado.com www.MontroseColorado.com

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2019 BIKE YOUR PARK DAY- COLORADO STATE PARK TRAILS

Special to Art & Sol

DENVER -- Colorado Parks and Wildlife (CPW) invites people of all ages and backgrounds to join in the celebration of Bike Your Park Day on Saturday, Sept. 28. The global event, hosted annually by the Adventure Cycling Association, motivates people to live life outside by biking the trails in parks and public lands. Rides can be registered in advance and are tracked on a worldwide map. Last year, 15,337 people in all 50 states and 11 different countries participated in over 1,600 rides.

This year, 21 rides and counting have been registered for the event at Colorado State Parks alone. Barr Lake, Chatfield, Eleven Mile, Golden Gate Canyon and St. Vrain State Parks will all be hosting public rides on Sept. 28, providing unique opportunities to learn more about the outdoors, enjoy the fall colors and celebrate our state's amazing public spaces with others. Lake Pueblo State Park will have Steel City Cycling Club bike to the park to complete a service project, and the Arkansas Headwaters Recreation Area will be celebrating an early Bike Your Park Day by hosting a public ride on Sept. 27. More information can be found on the CPW website and calendar.

In addition to the state park organized rides, independently organized rides will be taking place across more than nine Colorado state parks including Boyd Lake, Cherry Creek, Cheyenne Mountain, James



On Sept. 28, join any of Colorado's 41 state parks in celebration of 2019 Bike Your Park Day. CPW courtesy photo.

M. Robb Colorado River, Lake Pueblo, Staunton, and Stagecoach. Cyclists can choose to join any of the open rides on the <u>Adventure Cycling Association web-</u> site.

Whether you love serene lake views or braving the rugged alpine terrain, Colorado's 41 state parks offer more than 700 miles of trails for cyclists of all skill levels to enjoy. If a ride has yet to be registered at your favorite park, CPW encourages you to create one of your own on the Adventure Cycling Association website. All

official registrants for the event receive a sticker and are eligible to win a new, Co-Op Cycles ADV 3.1 adventure touring bicycle.

For more information about Bike Your Park Day events, or to find an event near you, visit the Adventure Cycling Association.

To begin planning your next cycling trip in one of Colorado's 41 state parks, visit the <u>CPW website</u>.

Please check the local forecast and <u>park</u> <u>conditions</u> ahead of your bike ride.

JIM ELDER PRESENTS ADULTING 101: FINANCIAL KNOW-HOW AT MONTROSE LIBRARY OCT. 9

Special to the Mirror

MONTROSE-Adulting 101: Financial Know-How .Oct. 9, 6-8 p.m., Montrose Library Meeting Room. Presented by Jim Elder, founder of ElderAdo Financial, this is a course to teach adults the basics of financial management and planning. All adults are welcome to join these free, informative discussions. Refreshments are provided.







You've dreamed about it, now you can actually own this custom-built home in the beautiful Preserve Subdivision. Located just east of the Bridges Golf Course, but no membership fees here! This premier lot is overlooking the pond and open space where the birds, deer and wildlife play. This beautiful 4 bedroom, 2.5 bath home is a must see! With stone and wood accents, crown molding, granite counter-tops, surround-sound, a well appointed master bath, not to mention a peaceful setting what more could you ask for?

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\$538,612

Bedrooms: 4 2,765 sq. ft. on 0.2 acres Year Built: 2007



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2019 RIDGWAY SPIRIT FEST WELCOMES INTERNATIONALLY ACCLAIMED AUTHOR CHARLES EISENSTEIN

By Caitlin Switzer

RIDGWAY-The motto of the Ridgway Spirit Fest is, "exploring the universal spirit within." Now in its fifth year, the festival consistently draws participants from across the United States to this small town in the San Juans.

For local Becky Kent, Ridgway's 2019 Spirit Fest, Oct. 18-20, is also a labor of love. This year's keynote speaker is Author Charles Eisenstein, whose work *Climate: A New Story*, "cultivates meaningful emotional and psychological connections and provides real, actionable steps to caring for the earth," according to the author's web site, www.charleseisenstein.org.

"We're really excited about having Charles Eisenstein come to Ridgway," said Kent, who organizes the Spirit Fest with the help of husband Kelvin Kent and local sponsors.

"To me, his new book is a fresh take on the whole issue; he feels strongly about healing, not only the climate but ourselves. He feels like we are ready for a new--and ancient--story.

"He is coming to us from the Netherlands, Germany and Austria...it's going to be amazing to have him here."

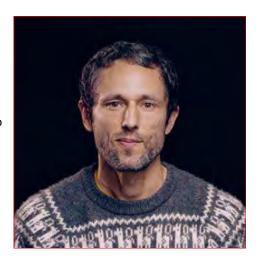
The Ridgway Spirit Fest began as a way to bring people together, Kent said, "People who have diverse ways of contributing to the community."

For the first three years, the event focused on local speakers, she said. "Last year, we brought in a national speaker, Richard Rohr," Kent said. 'He was unbelievably successful—I was stunned by his brilliance."

Eisenstein's keynote address takes place at 7 p.m. on Oct. 18; there will be a workshop, Q&A and book signing on Oct. 19, from 9 a.m. to 6 p.m.

On Sunday, lectures and workshops run from 10 a.m. to 4 p.m.

The 2019 Ridgway Spirit Fest will be held



Author Charles Eisenstein. Courtesy photo.

at the 4H Event Center in Ridgway; for details or to register call 970-325-4598 or visit www.ridgwayspiritfest.com.

Tickets can be purchased locally at the Ridgway Center for Whole Health, 195 Lena Street, Suite A.



Up Bear Creek by Art Goodtimes

Saying goodbye to a good Fed employee and a poet in hospice



The late Kit Muldoon and Stewart S. Warren at Sparrows Poetry Festival in Salida, 2008. (Courtesy photo).

MATT ZUMSTEIN ... It was a fitting tribute to the sound management skills of U.S. Forest Service's Matt Zumstein that one of his last actions as the Norwood District Ranger was a successful controlled burn treatment – planning, getting prepped and taking advantage of a short wind-less weather window to make the Uncompahgre National Forest safer from wildfires ... Not to mention his defense of San Miguel County's Via Ferrata. His good relations with the ski and tourism industry in Telluride. Or his exemplary treatment of the Rainbow Family members when they held a regional gathering up in the Beaver Creek area ... He's moving on to a bigger district in California, not far from where his extended family lives. We wish him well. At a time when many people are leaving federal public service, it's nice for us out here at the grassroots to be able to let his DC superiors know - he did a good

STEWART S. WARREN ... This wonderful Colorado poet performed all over the region, wrote poems, organized the Festival

of the Imagination in Del Norte for several years, designed books for many a poet with his Mercury Heartlink Publishing house, and is now in hospice down in Silver City, New Mexico. Rosemerry Wahtola Trommer, Western Slope Poet Laureate emerita, wrote AN INNER ALCHEMY -- the following elegy -- "for Stewart Warren, now in hospice."

AN INNER ALCHEMY ... It was the early 2000s. I was in Del Norte as an emcee showing movies for Telluride Mountain Film on Tour. From the stage, I could see in the dark audience a man who was almost beaming. He had "that light" about him. Did I know him? I wanted to. After the show he came up to say hi ... "Are you a poet?" I asked him. Why? Some hunch ... He nodded and tilted his head to the side. "Yeah." That's a word that when Stewart said it had three syllables ... Over a year later, Stewart Warren admitted to me that he hadn't written many poems at that point. He was a drummer, but he had a poet heart. That was easy to see. At the time, I needed poets who were willing to travel and teach in the schools, and he was gloriously game. I invited him to Telluride, and he had the kids drum on the desks and write. He was equal parts goofy and glamorous, childlike and ageless, playful and profound ... After that he came here many times to teach, to perform, and many times just to help me with programs. He'd dress up in a sport coat and jeans and he'd be my right hand man, helping with details, making everything easier, smoother, more fun. One tricky thing: I'm a tea drinker and he disliked tea, called it "pond water." After many visits, he finally showed up with a new coffee maker, the one I still have. "I know that all the poets who visit here in the future will

be grateful," he said ... And isn't that Stewart—the one who jumps in with a devilmay-care grin and a plucky "yeah." The one who, when given a big pair of shoes, finds a way to grow himself into them. The one who turned his own difficult story into a life of helping others share their stories. The one who relentlessly continued to learn, to push himself, to inspire. The one who thought of what others would need, and then gave it. The one who brings out the best in others because he dares to bring out the best in himself

September cottonwood just before the barren time turning itself into gold

Stewart, poet, drummer, partner, friend, web-master, tech-guide, word-sharer, heart-opener, I am a much better me because of you. Thank you. Thank you.

WHAT'S MISSING? ... In the history of co-Ionial independence movements, the U.S. Constitution, along with its expanding Bill of Rights, is respected – even revered among many of us. Personally I consider it a great privilege to be counted among its citizens ... But after having the opportunity to learn from indigenous wisdom sources and anthropological studies, I think we're missing something: A Bill of Responsibilities ... Checking my Medicare supplemental Part D Prescription Drug policy the other day, I open up Silver Script's new 152+ page "Evidence of Coverage" manual (Jan. 1 – Dec. 31, 2020) and come upon Chapter 6: "Your rights and responsibilities." This health care provider understands that every freedom implies a tolerance to its exercise in others and the duty to live within society's limits ... When one gives assent (or perhaps is luckily born

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Up Bear Creek by Art Goodtimes, continued

into) American citizenship, we ought to be exposed at some point in our lives to a Bill of Responsibilities. Yes, taxes, jury duty, obedience to the law (with the right to dissent but the responsibility to endure whatever punishment the state hands down for your disobedience) ... But also a raft of things, like a good neighbor ethic; a willingness to tolerate the exercise of legitimate rights; and if you're able, to work for the good of the community you live in ... I want to see someone run for President on a Bill of Responsibilities platform.

HEADWATERS 30 ... At the table next

over, they're talking about Snowden's interview on NPR for his new book. His willingness to make his case in a U.S. court, if they'll let him defend his decision, unencumbered ... Martin Pinnecoose's *Praying* stands outside the museum at Western Colorado University. The sculpture's dazzling in its delicacy ... Dr. John's personal practice – meditation and a haiku for the day ... Alan Wartes outlines mindfulness for the students. In the Gourd Circle Sunday, more than half explain how important that concept was to them ... Joel Clement joins the Gunny climate

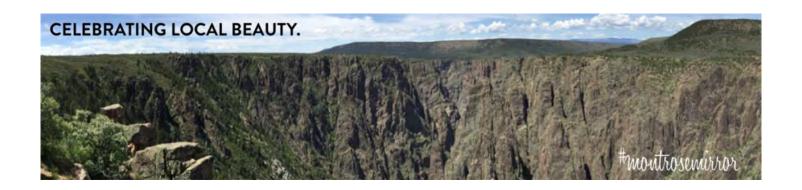
march before his talk – even as a whistle-blower, fired for upholding science, he encourages kids to join the federal government and work within the system ... Climate change is a word bomb. A grenade thrown into the public square. We can jump on it. Smother the blast with our bodies. Make Kevlar excuses, protecting others from the truth. Pretend we don't see the meteor approaching. Or we can accept a course correction. Reimagine what it means to live — not just on the planet, but as an essential member of Gaia's blue fabric.

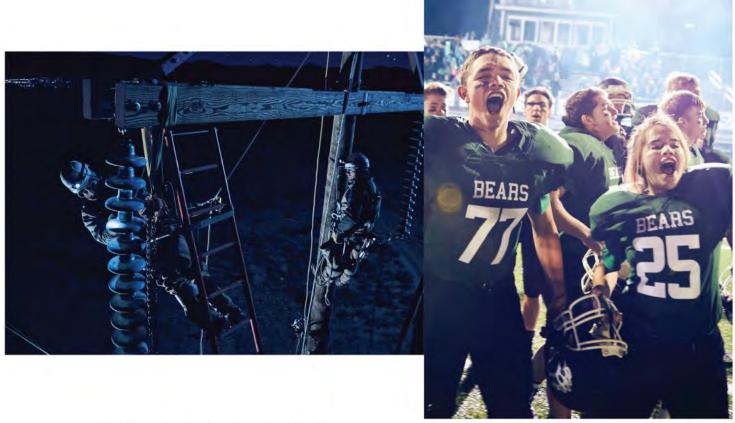
THE TALKING GOURD

River Bend

-for Rosemerry & Eric

In driving
down to River Bend
all you can see
are the chamisa blooms
of rabbitbrush
(Ericameria nauseosa)
hedge-high
lining the driveway
Trumpeting their golden horns
ad nauseam





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SPACE LIMITED: LIBRARY TO HOLD DEATH CAFÉ OCT. 12

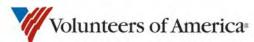


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1-844-862-4968 | 1-844-VOA-4YOU | advantage@voa.org | voa4you.org

Special to Art & Sol MONTROSE-Death Café-Saturday, Oct. 12, 3 - 4:30 pm, Montrose Library Meeting Room. At a Death Cafe, people gather to eat cake, drink tea, and discuss death. These confidential discussions are group-led, with no specific themes or agenda. The discussion will be facilitated by Amiessa Dawn Jutten, clinical social worker.

Participation is limited to 12; preregistration at the library is required. For more information, call the Montrose Library at 970-249-9656.

KAFM ZOMBIE PROM **RETURNS TO MESA** THEATER OCT. 19

Special to Art & Sol GRAND JUNCTION-Enjoy a Haunting Night

with KAFM's annual Zombie Prom Oct. 19! Come to the Mesa Theater and boogie down with this year's theme, disco is dead. Show off your costume skills for a chance to win prizes for best costume and Zombie prom King and Queen! Enjoy music from the Tankerays, DJ Squatch, and DJUK! Thanks to our sponsors Triple Play records, Peach Street Distillers, Brookelens Photography, and the Mesa Theater. Tickets are \$13 and can be purchased at the Mesa Theater.

The Tankerays are a rock n' roll band from Western Colorado that formed around 2007. The current lineup consists of Brian Mora (lead vocals and guitar) Leslidiana Biocic (bass guitar) and Mike Thornburg (drums and percussion).

The Tankerays recently signed to RockAvenueRecordsUSA out of Hollywood California for a distribution deal for their new CD "Aztec Death Whistle" due to be released Spring 2019.

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INTEGRITY INDEPENDENCE COMMUNITIES COMPASSION LOYALTY

CSU EXTENSION TRI-RIVER AREA MASTER GARDENERS' ANNUAL PLANT SALE AND TREE AUCTION SET FOR OCT. 12

Special to Art & Sol

GRAND JUNCTION-The CSU Extension Tri-River Area Master Gardeners' Annual Plant Sale and Tree Auction will be Saturday, Oct. 12 from 9 am – 2 pm at the Mesa County Fairgrounds (behind the CSU Extension building).

Fall is a great time to plant trees, shrubs and perennials! Come bid on a variety of large trees and buy plants. Everything is donated by local greenhouses and nurseries or grown by our Master Gardeners. Other items that will be available are books, lavender hydrosol, and hypertufa pots! All proceeds support the Master Gardener Program and the Demonstration Gardens. The sale and bidder registration start at 9 am with the tree auction starting at 10 am featuring Buster Cattles as the auctioneer! Coffee, beverages and baked goods will also available. Many Master Gardeners will be on hand to answer your questions. Our TRA Master Gardeners provide free, research-based advice to homeowners on gardening and landscaping throughout the growing season. Hope to see you Oct. 12th at the Mesa County Fairgrounds behind the CSU Extension office!

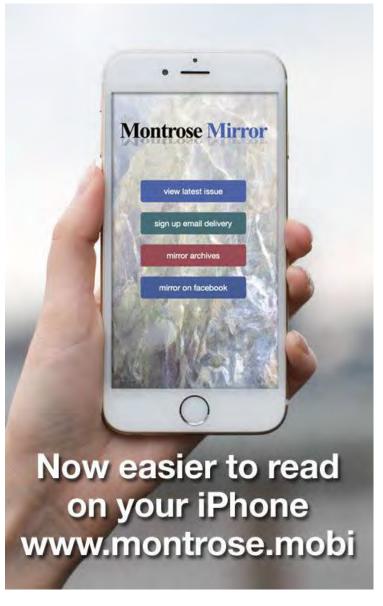
REGION 10 PROGRAM OFFERS OPPORTUNITIES TO BE OR HAVE A SENIOR COMPANION

Special to Art & Sol

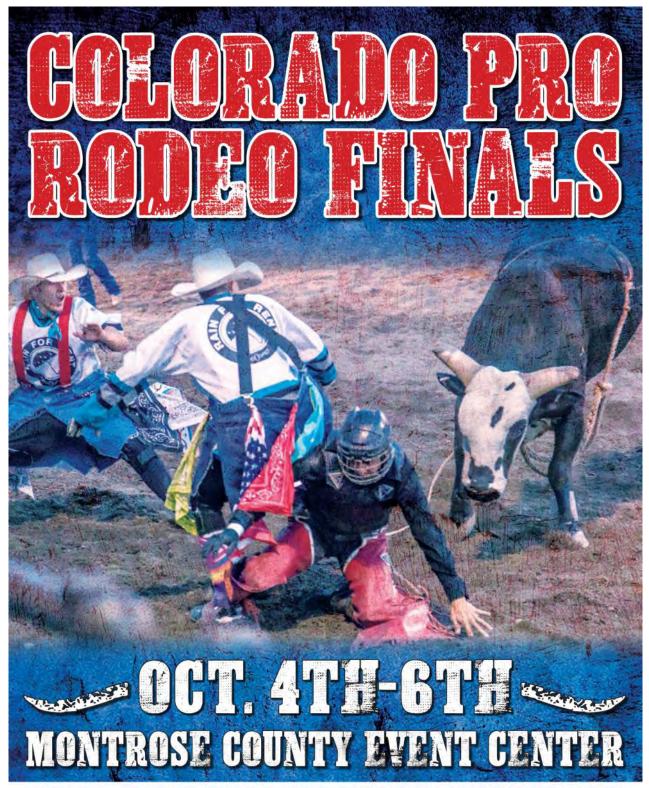
MONTROSE-As we get older, two things frequently happen. Some of us find that we could use some extra help. Others find themselves with time on their hands and would love to provide that help. Region 10 has a wonderful program called Senior Companions that pairs active adults 55+ with host companions who are 60+ and could use some friendly support. The program is aimed at helping seniors live as fully and independently as possible and also provides a respite for caregivers. After an interview process to find the best match and orientation training for the volunteers, time is scheduled each week to spend together. The host may be homebound, frail, socially isolated or just in need of a pal. Their new companion might come and play cards or games, read aloud to them or take them for a walk or on an outing to the store or ice cream shop. Or, both parties might want to simply have a cup of coffee and a good visit.

If this sounds like something you would like to try, either as a host or a volunteer, contact Meg Nagel at 765-3123 or email her at meg@region10.net to request an application. There is no cost to host companions.





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TICKETS AVAILABLE AT MONTROSECOUNTYEVENTCENTER.COM







WESTERN COLORADO CHEVY DEALERS

DANCING WITH THE DELTA STARS

Special to Art & Sol

DELTA-The stars have aligned for another great evening of entertainment, as the Delta Area Chamber of Commerce Ambassadors present Dancing with the Stars on October 19, 2019, at 6:00 p.m. Five area dance teams will be performing on behalf of five community nonprofits in one of Delta County's favorite fundraising events of the season.

Choreographers Gena Rose, Kristine Weiszbrod, Deb Aspen, Linda Dysart and Maria Pacheco are challenged with creating two unique routines for the untrained dancers to present at the event. As the dancers perform on behalf of their nonprofit, they will be competing for the Judge's Choice award, as well as the People's Choice awards, where audience members vote live via their smartphones.

Each nonprofit, in partnership with their dance team, will fundraise through sponsorship packages, VIP tickets, and sales of general admission tickets prior to the event. Team sponsors and overall event sponsors will receive a VIP pass to "A Star Struck Evening," slated for October 12, 2019 at the Delta Elk's Lodge. The invitation-only event will bring together dancers, choreographers, nonprofits, and sponsors for an evening of music and dancing, with Altrusa International of Delta serving up an array of tasty appetizers. Nonprofits and dance teams participating

in the Oct. 19 Delta DWTS event are: Fort Uncompander on the Old Spanish Trail, the Spirit Dancers The Abraham Connection Homeless Shelter, Kami & Allan Collins

TAILS Adoption Center, Annie & Fred

Lodge 136,
Sharon Langrand & Rodney Grantham
Delta Police
Department
Canine Program, Luke &
Angela Fedler
Tickets may
be purchased
from the participating
nonprofits,
dance teams,

Honchell

Masonic



Team Luke & Angela Fedler. Courtesy photo.

and the Delta Area Chamber of Commerce Ambassadors. Sponsorship information: 970-874-8616.



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COMMUNITY NEWS BRIEFS

MONTROSE YOGA FESTIVAL WILL BE OCT. 11-13 @ COUNTY EVENT CENTER

Special to Art & Sol

MONTROSE-Yoga House is hosting Montrose's first ever yoga festival at the Montrose County Fairgrounds & Event Center Oct. 11-13, 2019.

The mission of the festival is to celebrate yoga on the Western Slope and to inspire and grow the community.

The festival schedule includes a variety of yoga classes led by local instructors and workshops from presenters around the state as well as a vendor fair from 2-7 PM on Saturday. Registration is open now and

includes an all access three-day festival pass and a thank you tote bag.

The cost of advanced registration is \$75, or \$100 at the door. Vendors include Lululemon, Darc Moon, Lucky Tree Studio, Birds & Berry Studio, Don't Be a Weenie Food Truck, doTerra and Colorado Yoga & Life Magazine.

Classes will be led by local instructors from Yoga House, Spring Creek Yoga, Revive Body and Soul Yoga and Uncompahgre Yoga Circle.

Workshops led by local instructors as

well as guest presenters, Brian Coones, Alana Yerman, Kali Durga Yoga and The Alchemy of Sound.

Register today to join the fun and learn more about your yoga practice within a supportive and growing community! Yoga House

207 E. Main Street, Montrose, CO 81401 970-462-9977

Studio: 970-462-9977; yogahouse-

co@gmail.com

Studio Manager: helloyogahouse-

co@gmail.com

VOLUNTEERS SOUGHT FOR SCENIC BYWAY

Special to Art & Sol

CORTEZ – The Colorado Department of Transportation is seeking volunteers to serve on the governing committee for the Trail of the Ancients Scenic and Historic Byway – a route through the southwestern part of the state that also encompasses segments in New Mexico, Arizona and Utah.

Volunteers would be part of a team promoting and managing a byway that offers travelers an opportunity to experience centuries-old archaeological sites through a sunbaked landscape of sandstone, pinon, juniper and sagebrush. Duties would include:

Maintaining a regular meeting schedule, including a minimum of two meetings per year, with one being an in-person meeting.

Holding at least one public workshop, community event, or presentation to local elected officials or another group.

Participating in at least four CDOT, Colo-

rado Byways, National Scenic Byway Foundation or other public meetings, trainings, webinars and conference calls per year.

Completing an annual survey to 1) track the accomplishments of the program and the byway goals, 2) check that reasons for corridor designation are still relevant, and 3) see that progress is being made toward preservation of the corridor.

The Trail of the Ancients Scenic and Historic Byway was designated as a National Scenic Byway in 2005. Colorado's 114-mile segment of the byway accesses sites such as:

Canyons of the Ancients National Monument (as distinct from Trail of the Ancients Scenic and Historic Byway). 176,000 acres of the highest-known density of archaeological sites in the U.S.

Canyons of the Ancients Visitor Center & Museum in Dolores is headquarters for the national monument.

Crow Canyon Archaeological Center has programs to actively engage participants

in real archaeological research in the field and/or the laboratory.

Mesa Verde National Park, a World Heritage site.

Ute Mountain Tribal Park, featuring an abundance of petroglyphs and pictographs.

Yucca House, a great example of public/ private stewardship of our cultural resources.

Hovenweep. Explore multi-story towers built on canyon rims and boulders. Lowry Pueblo features a great kiva, nearly 50 feet in diameter.

Historic McElmo Flume is the only remaining one out of 104 wooden flumes constructed by early water companies to irrigate the Montezuma Valley.

Visitors can access the site with a highway pullout and overlook.

Interested individuals should contact Colorado Byways Program Manager Lenore Bates at 303.757.9786 or <u>lenore.bates@state.co.us</u>.

Just Listed





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Kree Christie
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\$514,990

MLS# 762589









2121 Hill Street | Montrose, CO

Elegance meets functionality. Come take a look at this custom built 4-bedroom 2-bathroom home.

Bedrooms: 4 Bath 2 2,577 sq. ft. on 0.757 acres | Year Built: 2019



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Western Colorado Properties

COMMUNITY NEWS BRIEFS

ENERGETIC CELTIC TRIO TO DELIGHT THE AUDIENCE IN OURAY

Special to Art & Sol

OURAY- A lively and entertaining performance awaits you as the Ouray County Performing Arts Guild is pleased to present Celtic trio "One For the Foxes" on Saturday, October 5, 7:30 p.m. at the Wright Opera House.

This exciting and dynamic transatlantic trio that presents a rousing blend of Irish and American folk music and features a mix of Irish and American folk music and song – both traditional and newly-composed, presented in an energetic and engaging manner. The group is formed up of Ireland's Tadhg Ó Meachair from Dublin on piano and accordion, Dave Curley from Galway on vocals and guitar and Coloradoan Johanna Hyde from Denver round out the trio on violin and vocals. The trio met while at college in Ireland.

Their performances strike a tasteful balance between the stories found in bal-

lads across both sides of the Atlantic and the respective influential instrumental music traditions. Award-winning instrumentalists each in their own right, Dave, Tadhg and Joanna take a unique twist on the diverse strengths of their individual backgrounds, weaving between traditional melodies, their own compositions, and songs from the broader folk canon. The results are highly personalized and thrilling in their daring and forthright grasp of the material.

Through a shared deep-rooted passion for Irish traditional music, this trio highlights the vital role of Irish traditional music as an origin of much American folk music, and explores how those styles can interact with one another in a manner both eclectic and grounded.

Advance tickets are \$15, \$18 at the door and \$5 for students (18 years and under). A cash bar will be available. More



One For the Foxes Trio. Courtesy photo.

information and tickets may be found at www.ocpag.org.

The Ouray County Performing Arts Guild is a not-for-profit organization bringing quality events in music, dance, theater and other genres to the local area. Its purpose is to sponsor presentations and performers of the highest caliber in the performing arts for the enjoyment of Ouray County's residents and visitors.



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COMMUNITY NEWS BRIEFS

STOLL VAUGHN TO PLAY @ HEALTHY RHYTHM LISTENING ROOM



Kentucky-born singer-songwriter Stoll Vaughan. Courtesy photo.

Special to Art & Sol MONTROSE-Kentucky-born singersongwriter Stoll Vaughan will be touring through Colorado with a stop in Montrose on Oct. 4, performing in The Listening Room at Healthy Rhythm Art Gallery.

at 7 p.m. Opener is local artist Joe Hendricks.

Stoll's 2018 album The Conversation, coproduced by Mike Wanchic (John Mellencamp) and Carl Broemel (My Morning Jacket) marks a return to his solo career after over a decade of working with other artists.

Stoll also co-wrote with the Allman Betts Band for their debut album Down To the River, which debuted at #1 on the rock charts.

Vaughan's relationship with Devon Allman and Duane Betts (the sons of Allman **Brothers Band mainstays Gregg Allman** and Dickey Betts) has been an ongoing creative endeavor over the past few years. It started when he co-produced and co-wrote the four original songs on Betts' The doors open at 6:30 p.m., show starts Sketches of American Music EP.

He has been opening for them on select dates this year and writing with them for their follow up record.

"I'm too country for folk, and I'm too folk for country," Stoll Vaughan explains of his new album The Conversation, which walks that fine line between genres.

"When it was time for me to get back to the process of writing songs for myself, I thought maybe I should reconsider everything. I'd been in music. I could write songs for other people, but I had lost a sense of what I would like to say. I was left feeling distant, and that distance made me look inward. The album's title signifies being in a continual conversation regarding people, God, and the fears we carry around, and how music interplays with everything emotionally and spiritually." Tickets: www.healthyrhythm.net

ORIGINAL THINKERS FESTIVAL RETURNS TO TELLURIDE OCT. 3-6

Special to Art & Sol

TELLURIDE-Telluride's bustling festival scene offers events for everyone from bluegrass lovers to film buffs, mushroom fanatics, jazz heads, hot-air balloon enthusiasts and oenophiles.

But for David Holbrooke, a filmmaker and former festival director at Mountainfilm, one key thing was missing from the picture.

"We obviously have a plethora of festivals here, but really what we didn't have was an ideas festival, and I felt like there was an opportunity to look at ideas in a fresh way," Holbrooke says.

And like that, Original Thinkers was born. Holbrooke and co-founder Gabe Lifton-Zoline launched the inaugural festival in 2018, filling the first weekend of October with four days of film screenings, panels, performances and conversations that centered in Mountain Village.

Festival goers at the fledgling event walked through art installations, listened

to live storytelling, gathered for meals, explored the outdoors and dug into ideas that ranged from American excess to space exploration, neurodiversity, the human microbiome and race relations in the South. Guests included Pulitzer Prize -winning journalist Ron Suskind, actor Jeffrey Wright and filmmaker Lauren Greenfield. Participants were treated to a dance performance by burn victim Prince Amponsah, played ping pong with professional

player Wally Green, listened to science writer David Quammen talk about evolution and watched a group of veterans perform a powerful stage work.

The festival offered 10 shows, each designed around a specific theme with corresponding films and speakers. Shows took place in the Mountain Village Conference Center theater, which was dubbed The Big Idea.

"There's a real urgency in figuring out how



to tackle ideas and come together to do so," Lifton-Zoline says. "We're looking to the power of story to guide us out of the situation we're in."

The team, which has taken Original Thinkers programming on the road since the festival, is already busy coming up with a slate of ideas for the 2019 event, which is scheduled for Oct. 3-6. For Holbrooke, the aspirational nature of the event can't be understated.

Just Listed





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SAVE THE DATE! UPCOMING REGIONAL EVENTS

CURRENT/ONGOING-

BOSOM BUDDIES OF SOUTHWESTERN COLORADO BREAST CANCER SUPPORT GROUP meets every Wednesday from noon till 1 pm at 645 South 5th Street in Montrose. For more info email info@bosombuddiesswc.org.

NEIGHBORHOOD WATCH GROUP meets every third Tuesday of each month at the Centennial Meeting Room at 6pm, behind City Hall. New Watch Groups are formed and guest speakers alert us to safety issues. The public is encouraged to attend. Contact Chris Hebert at 970-901-5876 for details.

ALPINE PHOTOGRAPHY CLUB MEETING-second Tuesday of the month, @ 7 p.m., Community Meeting Room, Montrose Library, 320 S 2nd St. Includes: Presentations, photo sharing & critiques. All are welcome to attend.

AMERICAN LEGION POST 24 hosts Bingo every Saturday and Sunday at 7pm, at the Bingo Connection, 2075 East Main Montrose. Its open to the Public. Doors open at 5:30 p.m.. For more info call Tom at 260-8298.

DISABLED AMERICAN VETERANS meeting every 3rd Thursday at 6 p.m. at Friendship Hall in Montrose. All veterans with at least a 10 percent service connected disability are welcome. For more information call (970)964-4375.

MONTROSE TOASTMASTERS

Montrose Toastmasters meets every Monday at 6 pm with official meetings on the 2nd and 4th Mondays. The other Mondays will be "working" meetings. They are held at Brookdale Sunrise Creek, 1968 Sunrise Drive, Montrose, Second Floor, Media Room.

MONTROSE HISTORICAL MUSEUM-"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

MONTROSE COUNTY GOP MEETING 6:30 p.m. second Wednesday of each month. Montrose County School District Office- 930 Colorado Ave. Information 970-209-8173.

MONTROSE COUNTY REPUBLICAN WOMEN MEETING

Noon - third Fridays. Hampton Inn, 1980 North Townsend Ave. Information: Dianna 970-249-0724

READING TO ROVER-Montrose Library. Every Tuesday, Sept. 3rd – Dec. 10. 3:30 - 4:30pm. Read to a Morningstar Therapy Dog. Call 970.249.9656 option 2 or visit the children's desk to sign up for a 15-minute reading time.

THE BOLD AND THE ITALICIZED (ST). Montrose Library. Every Wednesday, Sept. 4 – Dec. 11, 10am - 11am. Family-friendly story time featuring stories, songs, and activities. Toddler-preschool age appropriate.

MONTHLY-

Oct. 1-Montrose Regional Library Chess Club, 4-5 p.m. Join us in the library meeting room for once monthly chess club, chess boards and pieces provided. Children under age 7 must have an adult with them, no sign-ups required.

Oct. 2-Bike/ Walk to School Day.

Oct. 2-Falling for Fossils at the Montrose Regional Library, 5:30 to 6:30 p.m. Explore actual fossils, learn about local places to find them, and make a fossil of your own. Join us in the library meeting room to get messy and have fun!

Oct. 5--7:30 p.m. – Celtic trio "One For the Foxes," Wright Opera House, 472 Main Street, Ouray. Advance tickets \$15, \$18 at the door and \$5 students (18 and under) at www.ocpag.org.

Oct. 8-6:30 – 8:pm. Library Voices: Ann Doolan-Fox. Montrose Library Meeting Room. Get Inspired! Enjoy this book talk about *Celtic Road Home*, by Ann Doolan-Fox. This is her story of embarking on a path of "most resistance" and dancing/surviving her way around seven different countries. Her very descriptive, dramatic and often humorous narrative takes you on a journey of constant life adventures. Book signing from 7:30-8 p.m. This is a free program.

Oct. 9-Wednesday, Oct. 9th at 6 pm. Yoga for Cyclists, at the Brewery! Cost: \$10 (cash only). Experience a deep release for those tight legs, hips & back! This unique class will take place on the outdoor patio at 2 Rascals Brewing Co. All mats and props will be provided by Yoga House. All abilities are welcome! After class, grab a cold brew and talk cycling with us!

Oct. 9-Adulting 101: Financial Know-How .Oct. 9, 6-8 p.m., Montrose Library Meeting Room. Presented by Jim Elder, founder of ElderAdo Financial, this is a course to teach adults the basics of financial management and planning. All adults are welcome to join these free, informative discussions. Refreshments are provided.

Oct. 10-Town Meeting. One Community Safer Together. Thursday, Oct. 10: noon and 6 p.m. and the Cascade Hall, CMU campus, Montrose.

Oct. 10-The League of Women Voters invites the community to attend STATE BALLOT ISSUES CC and DD & Re1-J SCHOOL BOARD CANDIDATES FORUM/MEET & GREET Thursday, Oct. 10, at Noon in the Montrose Library Community Room. Q & A to follow.

Oct. 11-13-Yoga House is hosting Montrose's first ever yoga festival at the Montrose County Fairgrounds & Event Center Oct. 11-13, 2019. The festival schedule includes a variety of yoga classes led by local instructors and workshops from presenters around the state as well as a vendor fair from 2-7 PM on Saturday. Registration is open now and includes an all access three-day festival pass and a thank you tote bag. Advanced registration is \$75, or \$100 at the door. Studio: 970-462-9977; yogahouseco@gmail.com. Studio Manager: helloyogahouseco@gmail.com.

Oct. 12-Death Café-Saturday, Oct. 12, 3 - 4:30 pm, Montrose Library Meeting Room. At a Death Cafe, people gather to eat cake, drink tea, and discuss death. These confidential discussions are group-led, with no specific

themes or agenda. The discussion will be facilitated by Amiessa Dawn Jutten, clinical social worker.

Participation is limited to 12; pre-registration at the library is required. For more information, call the Montrose Library at 970-249-9656.

Oct. 14-Citizens Climate Lobby meets on Monday Oct. 14, 6:30 p.m. at the Montrose Library. CCL monthly meeting reports on climate strike day worldwide. Attendees to Wild West conference share. All welcome.

Oct. 18-20-Friends of the Montrose Library Used Book Sale, Friday Oct. 18 thru Sunday Oct. 20; Montrose library meeting room; 970-249-9656 for information.

Oct. 19-Lincoln Reagan Dinner, Montrose County Events Center. Buy tickets online (\$50 speaker and dinner, \$25 speaker only) at www.lincolnreagandinner.com. Dinner by Jimmers BBQ & Steakhouse; 5:30 p.m. cash bar, 6 p.m. dinner, 7:30 p.m. Speaker: U.S. Congressman Scott Tipton.

Oct. 20-Terry Robb will perform Oct. 20 at Healthy Rhythm Art Gallery, 68 S. Grand Ave. in Montrose. Doors 1:30 p.m., Show 2 p.m. \$15-\$20 adv; \$17-\$22 door. http://healthyrhythm.net



Contact the Montrose Mirror: 970-275-0646

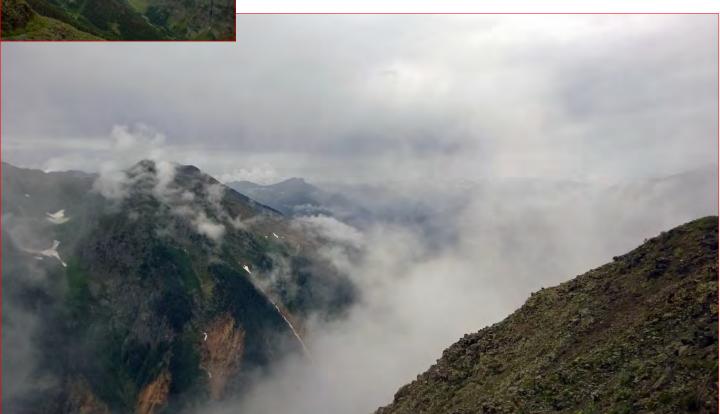
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READER PHOTO SPOTLIGHT...DEB REIMANN



Deb snapped these photos of the Old Hundred Trail on Galena Mountain.



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