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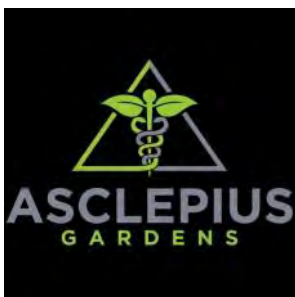
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# the Montrose Mirror

Free News for Fresh People!  
Issue No. 433 June 14, 2021

## RE-1J BOARD OF EDUCATION HEARS UPDATE ON ASBESTOS REMEDIATION, APPROVES UVEA NEGOTIATED SETTLEMENT



*At the June 8 board of Education meeting, Property Services Director Philip Bailey and Instructional Services Director Jessica Beller gave an update on the district's new outdoor learning center, to be located on land adjacent to School District offices, above.*

By Caitlin Switzer

MONTROSE-The Montrose County School District RE-1J Board of Education convened for a regular meeting at District offices on Tuesday, June 8. In attendance were Board President Gayle Johnson, District B Director Jacob Suppes, District A Director Jeff Bachman, and Director G Director Stephen Bush. Not present were Vice President Sarah Fishering, District D Director Shawn Carroll, and District F Director Eric Kelley.

Prior to the meeting, Johnson anxiously awaited the arrival of sufficient board members to establish a quorum. As Bachman walked in, he announced, "Have no fear, Jeff is here."

Johnson called the meeting

[Continued pg 12](#)

## HOMEOWNER, 71, PEPPER SPRAYED BY CODE ENFORCEMENT OFFICER; POLICE CHIEF SAYS INCIDENT UNDER INVESTIGATION

By Caitlin Switzer

MONTROSE-A witness informed the Mirror last week that a 71-year-old neighbor was pepper sprayed by a city code enforcement officer after a brief argument concerning the weeds in a flower bed on South Fifth Street. The incident took place around 9 a.m. on June 9.

The *Mirror* was able to reach a relative of the homeowner, who said that an argument had ensued when the homeowner denied finding a notice concerning the weeds that had been left on her door days before. The homeowner became upset when the City worker mentioned cutting down her flowers, and she raised her voice. When she took a step to follow the worker, she was pepper sprayed, and the worker called police.



*Weeds in a flower bed on South Fifth Street resulted in a homeowner, 71, being pepper sprayed by a City code enforcement officer. Photo by Gail Marvel.*

[Continued pg 6](#)

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[Regional News Briefs!  
Letters to the Editor!](#)

[Calendar of Events!  
Weekend Fun-photos!](#)



## COLORADO NEWS BRIEFS

### CSU SYSTEM BOARD OF GOVERNORS STATES OPPOSITION TO PROPOSED INITIATIVE 16

*Special to the Mirror*

COLORADO-During its meeting on June 11, the Board of Governors of the Colorado State University System stated its position in opposition to proposed state Initiative 16. As authorized by state law, the Board adopted this position because of the Initiative's expected significant negative impacts on veterinary education, pet care, agricultural education, food supply and security, and the ability of faculty and students to conduct essential scientific research and education.

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## AMERICAN STYLE BURGERS

### MONTROSE CITY COUNCIL TO ISSUE PROCLAMATION IN SUPPORT OF IMMIGRANT HERITAGE MONTH, APPOINT ALTERNATE TO PLANNING COMMISSION

*Mirror staff report*

MONTROSE-Montrose City Council will meet for a work session at 10 a.m. on Monday, June 14 and for a regular meeting at 6 p.m. on Tuesday, June 15.

**WORK SESSION**

Discussion items include:

- Revisions to Municipal Code Title 6, Chapter 1, Section 19 - False Identification;
- Riverside Park Addition II Annexation;
- Riverside Park Addition III Annexation;
- Transfer and Allocation of Public Art experience (PAX) Funds;
- Emergency Replacement of Traffic Signal Expense Authorization.

Items to be discussed at upcoming Council work sessions or meetings include:

- July 6-Youth City Council Manual Updates;
- July 19-Planning Commission Alternate Applicant Interviews;
- Aug. 3-Planning Commission Alternate Appointment.

**REGULAR MEETING**

City Council will issue a proclamation in support of Immigrant Heritage Month.

Council will consider the appointment of Planning Commission Alternate Delphine Jadot as a regular member of the City of Montrose Planning Commission.

Council will consider approving Ordinance 2543 on second reading, updating Title 4, Chapter 4, Zoning Regulations of the City of Montrose: Amending Title 4 Chapter 4 Section 8.1 (4-4-8.1) regarding R-5 Low Density/Manufactured Housing District and Title 4 Chapter 4 Section 8.2 (4-4-8.2) regarding R-6 Medium Density/Manufactured Housing District.

Also to be considered will be Ordinance 2544 on second reading, disconnecting property at 16763/16765 6725 Road, as well as Ordinance 2545 on first reading, designating the Montrose County Jail, 217 S. 1st Street, Montrose, Colorado, as a City of Montrose Historic Property.

Council will consider approving the Woods Crossing Preliminary Plat.

Council will consider awarding a professional services contract to Chamberlin Architects in the amount of \$179,806 for



*Montrose City Council will meet for a work session at 10 a.m. on Monday, June 14 and for a regular meeting at 6 p.m. on Tuesday, June 15. Mirror file photo.*

the completion of Phase I design studies and preliminary design associated with replacement of the City's Public Works Facility. Council will consider replacing the damaged traffic signal at Nevada Avenue and Main Street with a new two-arm style traffic signal, along with upgrading failing infrastructure (cabinet and underground) to bring the existing intersection traffic signals up to current design standards at a cost of \$322,000.

With no further business, Council will adjourn.





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**HOMEOWNER, 71, PEPPER  
SPRAYED BY CODE ENFORCE-  
MENT OFFICER; POLICE CHIEF  
SAYS INCIDENT UNDER  
INVESTIGATION** *From pg 1*

Six police responded to the incident, and the woman was briefly detained and not allowed to go indoors and wash her face.

The homeowner was not injured, according to her relative, and later apologized to the City worker for raising her voice. The homeowner had recently had cataract surgery and was unable to cut her own weeds.

Police Chief Blaine Hall confirmed that there was an incident in which the City's Code Enforcement Officer used pepper spray during the course of an investigation concerning weeds.

"We do have a very strong policy on the use of force," Hall said. "Right now we are investigating the incident."

The Mirror was able to speak with the homeowner as well. She acknowledged that she became upset and raised her voice while talking to the Code Enforcement Officer.

Still, "There are better ways to deal with hysterical people," she said.



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# OPINION/EDITORIAL: LETTERS

## WITH FOUR OF FIVE CITY COUNCIL SEATS UP FOR ELECTION IN THE SPRING, CHANGE COULD BE ON THE HORIZON

Dear Editor,

Thank you very much for sharing the talking points that I spoke about during my City Council interview for the District II seat opening. At 36 years old I knew the odds were against me earning a majority vote from the current council. I could have bettered those odds by maybe saying what they wanted to hear, however I wanted to say what I have heard in the community. It was an honor to represent the ideas and voices from the community members of whom I have volunteered

with at Electric Hills Trail Building Days, spoken to at Bike to Work Days, shared a local craft beer with as a part of the working class, and so on.

I have only lived in Montrose for a couple years and truly do not know what it was like 15 years ago here. However, I have lived in other communities that Montrose is on track to become and was happy to have shared that with council. The ideas I spoke upon were not brought up by any other candidates and I hope they have planted a seed.



*Photo courtesy of Jeff Rice.*

The first item was encouragement of other demographics in the local government. Serving on my Neighborhood Council in Missoula, MT, was a wonderful experience. The second item was the expansion of the biking accessibility. As noted in the later approved Comprehensive Plan, more people are using the Connect Trail than originally estimated. Furthermore, in reviewing the 400 page document I noticed "biking" was referenced quite often. A word count showed that "biking" was used over 250 times in 400 pages. The citizens and the planners of the community want more biking accessibility, how do we continue providing that? And lastly I brought up Recreational Marijuana Dispensaries. As also noted in the Comprehensive Plan, over 50% of our tax revenue is generated from individuals passing through Montrose. Recreational Marijuana is an untapped resource. I did not propose a pot shop on every corner but rather smart planning for it along with what to use those revenues for (drug programs, affordable housing, trails, and public transportation expansion). I also noted that if tested right now I would not show any cannabis in my system. I just see the jobs and tax revenue potential for our community.

Thank you for all the support I received from the public in my preparations for the City Council seat opening interview. I apologize that I was unable to inspire enough votes from the current council to gain your representation in the local government. 4 of 5 City Council seats are up for election in the spring and I think Montrose might see a shift on the horizon.

*Jeff Rice, Montrose*

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## RE-1J BOARD OF EDUCATION HEARS UPDATE ON ASBESTOS REMEDIATION, APPROVES UVEA NEGOTIATED SETTLEMENT *From pg 1*

to order; all joined in saying the Pledge of Allegiance.

Directors voted to approve the meeting agenda as presented.

There were no advisory committee reports or community input.

### INFORMATIONAL UPDATES

With Director of Safety and Security James Pavlich present by Zoom feed, Property Services Director Philip Bailey gave an update on the district's ongoing efforts to remediate the asbestos left by roofing contractors at Centennial Middle School and Olathe Middle/High School, and presented an updated project budget.

"Welcome to my nightmare," Bailey said, noting that there have been several change orders added as a result of asbestos found in flooring tiles and the budget for the remediation has been updated to address those. Bailey said, "...Some of the floor tiles popped during this whole abatement process...the floor tiles are asbestos containing material as well."

The project is moving along well, he said, and gave an overview of the work remaining. "...Our full expectation is that we'll have teachers back in the building, back in their classrooms, in time to organize those prior to kids coming back in and everybody's going to be smiling and happy."

All items removed from the building will be put back in the building, Bailey said. Pavlich presented information on legal efforts related to the asbestos.

The School District has a claim against the primary roofing contractor responsible, he said. Other companies could be brought in. Mediation will take place in August.

The process is likely to take between 24 and 36 months, and is likely to reach

settlement prior to litigation, Pavlich said. Bailey said he has re-opened a BEST grant with the State of Colorado to provide \$600K for the project.

Bailey joined Instructional Services Director Jessica Beller to present an update on the new Outdoor Learning Campus. Included on the Consent Agenda were two items related to the project, a recommendation to approve Kuboske Construction LLC for the Civil Site Construction of the Outdoor Learning Center per the Delmont Design Drawing with costs not to exceed \$160,000 for the Civil Build-out of the Outdoor learning Center; and a recommendation to approve Cold Canyon Electric for the Electrical Site Construction of the Outdoor Learning Center per Land Landscape Drawing and the Delmont Design Drawing with costs not to exceed \$30,000.

On the educational side, RE-1J has hired two individuals to help with the Outdoor Learning Center and build out programming. Kiersten Brown is already working as a coordinator and Keely Vaughan will join the District as Program Manager July 1, Beller said. "It will be an awesome campus."

### ECC UPDATE

Early Childhood Center (ECC) Director Penny Harris gave an update with attachments.

Harris mentioned that the teaching strategies data shows that ECC staff did "amazingly well" supporting students to build social emotional skills, despite COVID mitigation efforts. "I am truly excited to see that."

### OLD BUSINESS-REVISED BOARD POLICIES

The Board of Education voted to approve the Review of Revised Board Policies FB

(Facilities Planning - updated replacement of policy FA, Facilities Development Goals/Priority Objectives) and FB-R (Facilities Planning - new regulation) on Second Reading.

### CONSENT AGENDA

Consent Agenda items including Personnel Report were approved unanimously.

### NEW BUSINESS

RE-1J Finance Director Emily Imus presented the 2021/22 Proposed Budget on First Reading. The balanced budget includes an 8.7 percent increase in per pupil revenue and an 8.8 percent increase in employee salaries and benefits. The proposed budget will be presented for approval at the Board of Education meeting on June 22.

The Board of Education voted to approve the Negotiated Settlement with the Uncompahgre Valley Education Association (UVEA) for 2021-2022. Human Resources Director Michelle Pottorff discussed details of the settlement and acknowledged the efforts of the negotiations team and of district leadership. "We were able to do some great things for our staff."

Also approved, contracts for non-represented staff will use the same parameters as those approved through negotiations with the UVEA for the 2021-2022 school year.

A review of Revised Board Policy EEAEA, new policies EA, FBC and FBC-R and deletion of EEAA, EEAC, EEAC-R, FA, FEA, LDA and LDA-R (First Reading) was postponed due the absence of Fishing.

### EXECUTIVE SESSION

The Board of Education entered Executive Session to discuss the Superintendent's evaluation and contract, followed by adjournment.



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## REGIONAL NEWS BRIEFS

### SENIOR COMMUNITY CARE PACE DAY CENTER REOPENING

*Special to the Mirror*

REGIONAL-Volunteers of America and Senior Community Care PACE – the Program of All-Inclusive Care for the Elderly – is pleased to announce the reopening of their day centers in both Montrose and Eckert.

The two day centers, which normally serve approximately 320 participants in both Montrose and Delta Counties, are reopening after being temporarily closed during the Covid-19 pandemic. Based on improved local conditions, the decision was recently made to reopen the centers gradually with infection control precautions in place to serve the various health and socialization needs of the program's members.

Executive Director, Keith Howell said, "With the COVID-19 situation in our service area improving, we are beginning to return to a state of vigilant normalcy in-

cluding a phased reopening of the PACE centers. This is a very exciting time for our participants and our program to be able to meet socially in small groups."

The Eckert day center opened earlier this week with PACE transportation bringing in 5-15 participants every day Monday through Friday.

The Montrose day center is scheduled to open the week of June 14th and will bring in 5-15 participants every day Monday through Friday.

During the pandemic, the program reorganized its service delivery to provide meals, clinical check-ins, and therapeutic recreation activities in participant homes. Many of these services were routinely provided at both day centers.

"Our PACE team pulled together and overcame," Howell said. "They continued to provide excellent care and services to support our participants to remain living

independently in their homes over the past 14 months. Going forward, we will consistently review public health guidelines and our own infection control policies to create the safest settings possible for our many participants."

The Senior Community Care PACE program serves individuals who are age 55 or older, certified by their state to need nursing home care, are able to live safely in the community at the time of enrollment, and live in a PACE service area.

Delivering medical and supportive services, through an inter-disciplinary team approach, the program is able to provide an entire continuum of care and services to older adults with chronic care needs, while maintaining their independence in their homes for as long as safely possible. For more information on enrolling in the PACE program in either county, visit [www.seniorcommunitycare.org](http://www.seniorcommunitycare.org).



## MEDC 2021 Annual Meeting Luncheon!



**Keynote Speaker:**  
**Jay Lindell**

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Aerospace & Defense Industry Champion  
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Check-in begins at 11:30 a.m.

Lunch & Program 12:00 - 1:30 p.m.

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# INFLATION: THE SILENT KILLER

By Jaimee Carnes

MONTROSE-Western Slope consumers have experienced a surge in prices of 4.2 percent over the last year! This is the highest increase since 2008! When the prices of goods increase, the purchasing value of your money decreases. A dollar that you had last year, is only worth \$0.96 this year. Over time this can erode the value of your cash.

Some examples of notable price increase this year are:

- New or used cars increased 7-10 percent, because dealerships couldn't keep enough inventory due to chip shortages.
- The cost of lumber has increased 400 percent, even at local hardware stores.
- Renting a vehicle or purchasing airfare is up about 10 percent now that restrictions are lifting.
- Many other goods that we use day-to-day have hit record high prices and most com-

panies are raising prices on their products. As the economy gets back into gear, Montrose residents will continue to see costs rise, even if the rate of inflation slows.

Inflation can be dangerous to those who are unaware of it. That's why I call it the silent killer. Ronald Regan once said, *"Inflation is as violent as a mugger, as frightening as an armed robber and as deadly as a hit man."*

If you have too much cash sitting in a bank with no plan, you are at risk of losing money. Note, having some cash in the bank as an emergency fund is a wise decision. It gets dangerous when you have too much of your assets sitting in cash. While you won't see your account value decrease on a bank statement, the amount that you can buy with these funds decreases every year. This year it decreased about 4.2 percent.

If you are mindful of inflation, you can take steps to protect yourself against it. Creating a game plan to protect against inflation is something that we do every day as a financial advisor. Our goal is to help you protect your assets from hidden risks and achieve your financial goals. *"Inflation takes from the ignorant and gives to the well informed."* - Venita VanCaspel  
Jaimee Carnes is a Certified Financial Planner® at ElderAdo Financial.



Jaimee Carnes, courtesy photo.

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The kitchen boasts hidden gems beloved by any foodie, and the master suite has a lovely soaking tub with enormous surrounding windows and lush pebble draining floor. To top off the experience, if the luxurious bath surrounded by mountains didn't get you close enough to nature, the outdoor shower surely will. A huge over-sized 3-car garage complete with a CrossFit-style gym is ready for the fitness buff, or it can easily be outfitted for the car aficionado or tinkerer. There's an alcove dedicated to fine whiskeys and cigars, while a great room boasts a through-and-through fireplace with floor-to-ceiling bookshelves just begging the avid reader to curl up with a great book, a fine tea, and miles of mountain views to bathe your soul. Situated on the apex of a hill surrounded by 35 acres, you are assured that the huge open vistas cannot ever be blocked. With shares of irrigation water, a lush garden, orchards, or fields could be cultivated. To top off this expansive home with its large ensuite bedrooms, walk-in closets, and open floor plan, you will find the authentic 1800's cabin which has been painstakingly relocated to the property nearby. A gorgeous space for an artist retreat or mother-in-law studio. This serene and artfully appointed home is a rare find in one of the most desirable communities in Western Colorado, and is located just minutes from downtown Montrose. If you want all the beauty and joy of rural mountain living, with luxury and excellence to come home to, just a short drive from modern conveniences and surrounded by exclusive resort communities..then this is your home.



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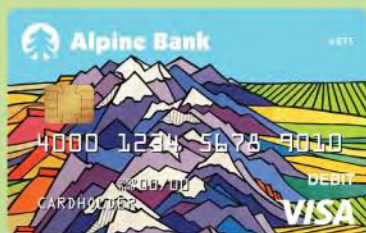


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## COLORADO NEWS BRIEFS

### GRANTS AVAILABLE FOR COMMERCIAL EV CHARGING EQUIPMENT

*Special to the Mirror*

COLORADO-Colorado's Charge Ahead program is accepting grant applications for electric vehicle charging stations through June 11. An additional grant cycle will open in September.

Grants are available to help cover the cost of installing EV charging stations in workplaces, apartment/condo complexes, government buildings and other sites that offer public or visitor parking.

Successful applicants will be eligible to receive up to 80 percent of project costs, up to a maximum of \$9,000 for Level 2 chargers and up to \$50,000 for Level 3 fast chargers.

Clean Energy Economy for the Region (CLEER) administers the Charge Ahead program for northwestern Colorado and

provides free support to applicants. For more information, contact Stefan Johnson, [sjohnson@cleanenergyeconomy.net](mailto:sjohnson@cleanenergyeconomy.net). As electric vehicles go mainstream, EV charging is becoming an increasingly im-

portant amenity for businesses and tourist sites seeking to attract visitors. The state of Colorado is encouraging their installation as part of its strategy to put nearly 1 million EVs on the road by 2030.

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# MIRROR IMAGES: CLASSIC CARS

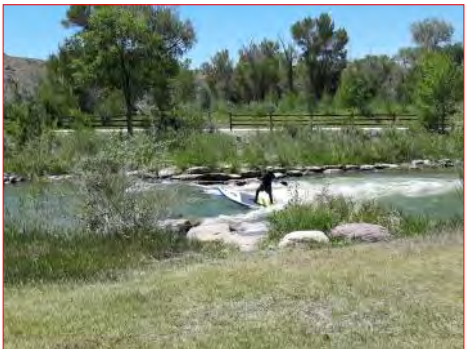


*Black Canyon Classics classic cars beautified Main Street Friday evening, June 11. Above, clockwise from top left. Ford Fairlane, Chevy Sedan, Avanti Studebaker. Photos B. Switzer.*





# MIRROR IMAGES: FUNC FEST 2021!







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## REGIONAL NEWS BRIEFS

# NORRIS WELCOMED AS DIRECTOR OF FACILITIES AND CONSTRUCTION MANAGEMENT

### *Special to the Mirror*

MONTROSE— Montrose County is proud to announce that Ken Norris, P.E. has been hired as the county's Director of Facilities and Construction Management. Norris was previously employed as the county manager and also the facilities director. "Ken's qualifications as a facilities director are exceptional," said Interim County Manager Jon Waschbusch. "In addition to the large capital projects he has managed for the county, he has overseen power generation and manufacturing facilities during his time in the private sector. We're glad to be able to re-

tain his expertise at Montrose County."

Prior to moving to the public sector, Ken had a highly successful private sector career. Ken served as vice president of engineering and executive vice president of Colorado-Ute Electric Association.

During this time, Ken oversaw hundreds of millions of dollars of construction as the Project Engineer for the Craig #1 and #2 powerplants as well as Hayden Unit #2. Ken later served as Manager of Engineering for Russell Stover Candies.

Ken has been awarded four patents by the USPTO and has published two books on the patent process.

Ken was elected to four consecutive terms as a director of Delta-Montrose Electric Association where he served for 12 years. Mr. Norris is a licensed Professional Engineer in Colorado. Ken received a bachelor's degree in Mechanical Engineering from Colorado State University and an MBA from the University of Colorado. "The facilities team is one of the best and I'm proud to move forward as their leader," said Norris. "I'm looking forward to continuing to provide efficient and effective services to the county and public through our facilities as well as new projects in the near future."

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## REGIONAL NEWS BRIEFS

### RHOADES RE-ELECTED TO SAN MIGUEL POWER ASSOCIATION

*Special to the Mirror*

RIDGWAY-On June 10, San Miguel Power Association (SMPA) held its Board of Directors election for the Board District #7 seat, which represents the communities of Silverton and Ouray.

The independent election monitor reported that a total of 303 valid ballots were received and counted. Challenger, Rory Cowie received 143 votes and incumbent, Terry Rhoades received 160 votes. Direc-

tor Terry Rhoades was declared the winner and will resume his directorship for another four-year term.

#### About San Miguel Power

San Miguel Power Association, Inc. is a consumer-controlled rural electric cooperative with offices in Nucla and Ridgway, Colo. It is the Mission of the San Miguel Power Association, Inc. to provide our members with safe, reliable, cost-effective, and environmentally responsible

electrical service, while demonstrating both co-operative responsibility and support for the communities we serve. SMPA serves approximately 10,000 members and 14,000 meters and supports local communities with about \$200,000 annually in property taxes, over \$100,000 in energy efficiency and renewable energy rebates and over \$80,000 in scholarships, community donations and economic development grants.

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Comuníquese con uno de los proveedores enumerados para programar una primera o segunda dosis de su vacuna COVID-19.

También puede visitar [montrosecountyjic.com/vaccination](http://montrosecountyjic.com/vaccination) para ver el horario de las mini clínicas de Salud Pública del Condado de Montrose.



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1550 East Niagara Road  
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#### PEDIATRIC ASSOCIATES

947 South 5th Street  
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\*Sola Pfizer

#### PIC PLACE

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970-323-6141

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421 Adams St, Naturita  
970-865-2665



# REGIONAL NEWS BRIEFS: BUSINESS NEWS

## GRANT STOAKS JOINS MOUNTAIN MANSION MANAGEMENT AS PARTNER

*Special to the Mirror*

RIDGWAY- San Juan Association Management, Inc., d/b/a Mountain Mansion Management, finalized the transfer of shareholder stock to a new business partner. Grant Stoaks, an entrepreneur, principal and consultant with more than four decades of experience, purchased a 50-percent ownership share in the business. Stoaks' professional expertise includes

property and real estate investment management, business operational integrity, information systems, human resources, and marketing. Stoaks has owned and operated 15 RV and Manufactured Housing communities totaling more than 4,000 sites and has a long history as an active member and manager of several real estate limited liability companies in Colorado and Arizona. Tracey Wolter, a 50-

percent shareholder in the business, stated, "Mountain Mansion Management is dedicated to nurturing its reputation for providing the highest quality of service to our clients and appreciates the relationships we've developed over the years. We are excited to implement some exciting operational efficiencies that will expand the services we provide to the Association/Property Management industry."

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Please reach out to one of the providers listed to schedule a first or second dose of your COVID-19 vaccine.



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## REGIONAL NEWS BRIEFS

# HAM RADIO CLUB HAS FIELD DAY

*Special to the Mirror*

MONTROSE-The Montrose Amateur Radio Club will participate in the nationwide Field Day, sponsored by the American Amateur Relay League, on Saturday and Sunday, June 26 and 27, 2021 on Sunset Mesa.

The event which is open to the public is a display of ham radio's ability to provide communications completely independent of infrastructure such as powerlines, cell phones or internet. According to Kathy Joslin, President of the club, "This ability to provide communications can be extremely important during emergencies

and disasters. This has been demonstrated in the past when Hams provided essential communications following disastrous storms that made normal communications inoperable. When all else fails, ham radio can get the message through."

To reach Field Day drive west on West Main Street, turn left on Chipeta Drive and then turn left again onto Sunset Mesa. Climb the hill and look for the antennas on the north end of the Mesa. For hams visiting the site the talk-in frequency is the Cedaredge Repeater of 147.195+, tone: 107.

"We will be ready to operate by noon on

Saturday and will continue to operate until noon on Sunday.

Saturday afternoon would be a great time to pay us a visit and see ham radio in action. There will even be an opportunity for non-hams to get on the air", said Joslin.

The Montrose Amateur Radio Club was founded in 1956 and is affiliated with the American Radio Relay League, the national organization for amateur radio.

For more information contact Lew French at 970-417-6142, visit <http://www.arrl.org/field-day>, or visit the Montrose Amateur Radio on Facebook.

## BLACK CANYON CLASSIC CARS @ CERISE PARK



*Black Canyon Classics Car Show in Cerise Park, Saturday June 12. Photos by J. Morgan Nelson.*



**Always digging for  
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# The Mirror

*now weekly*

*Making sure readers don't bury their heads in the sand.*



# COLORADO NEWS BRIEFS: BUSINESS NEWS

## COLORADO RESTAURANT ASSOCIATION LAUNCHES NEW RESTAURANT JOB BOARD

*Special to the Mirror*

COLORADO- The Colorado Restaurant Association (CRA) has launched a new job board designed to simplify the hiring process for the Colorado hospitality community by connecting workers at all levels of experience with fun, flexible, and fruitful jobs in Centennial State restaurants.

The CRA job board – accessed at [corestaurantjobs.com](http://corestaurantjobs.com) -- is a free CRA member benefit but also available to the Colorado hospitality community at large; non-members can post open positions for \$50 per 45-day posting. Restaurateurs who visit the site can create a free account for submitting and managing listings. Workers can search the job board for opportunities by location, position, job status, shift, and posting language.

The CRA created this platform to address the staffing crisis hindering the restaurant industry's recovery from the COVID-19 pandemic. As the vaccination rate in Colo-

rado continues to rise and pandemic restrictions on restaurants are lifted, nine out of 10 restaurants report struggling to hire staff. For many, lack of team members is inhibiting their ability to capitalize on the demand for dining out and accommodate more guests.

"Hiring is the primary obstacle our restaurants face in making up 2020's \$3 billion in lost revenue," said Sonia Riggs, CRA President and CEO. "We created this job board to make it simple and appealing for new talent and returning workers to find their homes in the restaurant industry."

The new job board is at the center of a Restaurant Renaissance campaign that the CRA is launching in partnership with its philanthropic arm, the Colorado Restaurant Foundation (CRF), which specializes in workforce development. This campaign refocuses the narrative around the restaurant industry after its hardest year in living memory by reminding people – hospitality

workers and the dining public alike – that restaurants are fun, flexible, community-oriented, safe environments where high-paying and gratifying work can be found at all levels, both seasonally and as a lifelong career.

It's a brand-new day for restaurants. Operators across the state are optimistic and investing in rebuilding better than ever. Wages are going up and medical benefits are becoming a standard part of restaurant compensation, including paid time off and mental health and wellness programming.

A recent survey conducted by the CRA showed that 95 percent of restaurants have increased wages and 21 percent have expanded their benefits packages in order to attract and retain talent.

"There are incredible opportunities right now for hospitality-minded workers to join the restaurant industry, at all levels," said Laura Shunk, CRF President.



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# 2021 Early Blood Draws

## DATES

Saturday, August 7  
4H Event Center, Ridgway • 7:00 - 10:00 a.m.  
*Walk-ins allowed; make appointment for faster service*

Tuesday, August 10 - Friday, August 13  
Montrose Pavilion, Montrose • 6:30 - 9:30 a.m.

Saturday, August 14  
Montrose Pavilion, Montrose • 6:30 - 10:00 a.m.  
*Social distancing in effect at all events to help protect our Friends & Family*  
**Registration required. No Walk-ins at Montrose Pavilion events except for Saturday, August 14 after 8:30 a.m.**

## APPOINTMENTS

Registration begins Monday, June 21 12:00 a.m.  
More details to come. Watch for updates at [MontroseHospital.com](http://MontroseHospital.com) and our Facebook/Instagram

- 12 hour fast required. Drink lots of water!
- We will NOT bill your insurance. Cash, checks, credit, debit, HSA and FLEX cards all accepted!
- Next year's events will take place August 2022

## SCREENINGS

|  |      |
|--|------|
| HealthScreen (Chemistry) & Lipid Panel | \$50 |
| Hemoglobin A1C                         | \$38 |
| PSA for Prostate Health                | \$42 |
| CBC (Complete Blood Count)             | \$25 |
| Vitamin D                              | \$45 |
| Vitamin B12                            | \$45 |
| Male Testosterone                      | \$45 |
| Advanced Lipid & Heart Health Panel    | \$85 |
| hsCardioCRP                            | \$40 |



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## REGIONAL NEWS BRIEFS

# MABA GETS MONTROSE ON WHEELS



*One bicycle commuter even did some tree shopping on the way home from work. Courtesy photo.*



*Join the fun! July 1 Freedom Cruiser Ride. Courtesy photo.*



*MABA Courtesy graphic.*

### Special to the Mirror

MONTROSE-Montrose Area Bicycle Alliance (MABA) Board Member Jeff Rice shares the following news on the non-profit's current programs and events. MABA welcomes all who wish to participate.

### Bucks for Biking

In two weeks we are up to 370 less cars on the streets and a collective total of 1,800 miles biked. This is very impressive for a community the size of Montrose and we are loving seeing new people log rides each day. June is officially Bike Month for Colorado (designated by CDOT) and Montrose is the only community in the state, if not the nation, where citizens are getting paid to bike to work. Some riders are on pace for an \$88 pay out at the end of the

month with their company matching. It's not just delayed gratification of a healthier lifestyle, but instant gratification with gas savings and getting paid to ride your bike. One citizen even did some tree shopping on their way home from work (see photo)

[www.bucksforbiking.com](http://www.bucksforbiking.com)

### June Bike to Work Day

This Thursday, June 17, is June Bike to Work Day. Riders can stop by San Juan Brews from 7a to 9a to get a free breakfast burrito (compliments of Montrose DART) and a free drip coffee (compliments of San Juan Brews).

[www.facebook.com/events/917699172342123](https://www.facebook.com/events/917699172342123)

### July 1 Freedom Cruiser Ride

Our second cruiser ride of the year will be the same format as the last one. We have a permit for Rotary Park for individuals to BYOB.

We will meet at 6:30p to socialize then head out for a loop around town at 7:30p. We will come back to the park for more socializing until 9:30p. Last cruiser ride turned some heads in town and this one should as well. We are anticipating 75 riders. Riders are encouraged to dress up in red/white/blue and decorate their bikes.

[www.facebook.com/events/363782178320116](https://www.facebook.com/events/363782178320116)

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## REGIONAL NEWS BRIEFS

### 'TIPI THE TOWN' WINS COLORADO GOVERNOR'S AWARD FOR DOWNTOWN EXCELLENCE

#### *Special to Art & Sol*

MONTROSE — The City of Montrose Development and Revitalization Team (DART) and the Colorado Yurt Company have been selected for the Governor's Award for Downtown Excellence for their partnered program, "Tipi the Town," in response to COVID-19.

The award was announced during a virtual ceremony on May 27 hosted by Downtown Colorado, Inc.

In the fall of 2020, the Colorado Yurt Company, a Montrose-based manufacturer of yurts, tipis, and tents that are shipped to customers around the globe, teamed up with DART to help local restaurants adapt to COVID restrictions.

With occupancy limits set in place by state health officials, eating and drinking

establishments needed creative solutions to provide seating for customers. The tipis allowed diners to sit together in enclosed eating areas that were separate from other patrons and crowds.

Colorado Yurt provided tipis free-of-charge to the businesses while the city used COVID relief funds to cover expenses for the platforms, installation, and eventual removal. The city hired a local company, Straight Arrow Home Solutions, to build the platforms.

The partnership enabled local restaurants that faced indoor dining restrictions of 25-percent capacity to provide outdoor seating for their guests and to continue to operate. Each tipi accommodated up to eight patrons.

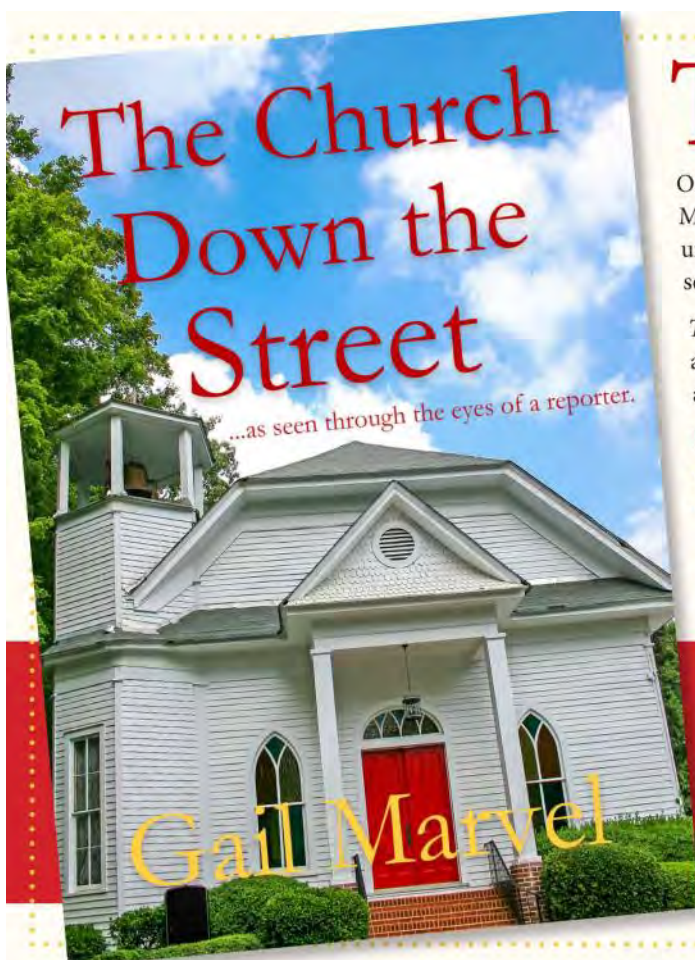
In total, 11 tipis and two outdoor enclo-

tures were made available to seven local restaurants.

"Tipi the Town was a creative solution to challenging times. The City of Montrose is grateful for our partnership with Colorado Yurt Company to assist local businesses during the pandemic.

We are excited for this award as it exemplifies our commitment to cultivating a business-friendly environment," said Kendall Cramer, community program manager.

Since 2003, the Governor's Awards for Downtown Excellence have recognized outstanding projects and people in Colorado that demonstrate creativity in the face of challenges, unlikely and enduring partnerships, and dedication to community to further downtown initiatives.



**T**he *Church Down the Street*, published pre-COVID, peers into the worship services of more than 70 churches, some of which have a weekly attendance of less than 10.

Organized in a topical format (Hospitality, Program & Source Material, Music, Meditations & Invitations, and The Message), the author uses an unbiased approach to allow readers to experience the worship service as seen through the eyes of a reporter.

*The Church Down the Street* contains anecdotes and stories from the actual worship services and asks thought-provoking questions that allow readers to draw their own conclusions.

#### **Readers will:**

- See strengths and weaknesses in the worship service
- Re-evaluate hospitality toward visitors
- Become more aware of source material used in the worship service
- Compare and contrast music presentations and selections
- Discern the value and content of the sermon.

Gail Marvel's book, *The Church Down the Street*, is available online at [Amazon.com](https://www.amazon.com) and [wingedpublications.com](https://www.wingedpublications.com).

**GAIL MARVEL**  
Montrose Author & Reporter





## COLORADO NEWS BRIEFS

### COLORADO HISPANIC CHAMBER OF COMMERCE UNVEILS 'GREAT 8 FOR A GREAT STATE' MAP OF CONGRESSIONAL DISTRICTS

*Special to the Mirror*

DENVER — The Colorado Hispanic Chamber of Commerce today unveiled a proposed map of Colorado's congressional districts for the next decade that creates two minority-influence districts, including a new 8th Congressional District north of Denver.

"The significant challenges facing our communities of color were exposed in painful terms during the pandemic," said Mike Ferrufino, President and CEO of the Hispanic Chamber.

"Many of these issues predated the pandemic and, having come into focus, require renewed attention from our elected officials and community leaders."

Understanding the need to provide Colorado's redistricting commission with views from a diverse array of Coloradans with a deep understanding of the state, the Colorado Hispanic Chamber submitted its Great 8 for a Great State map [www.agreat8foragreatstate.com](http://www.agreat8foragreatstate.com)

In it, the Hispanic Chamber identified numerous communities of interest that -- as Amendment Y specified -- could be subject to federal legislation in the next decade. This is a forward-looking approach intended to address the challenges faced by Coloradans now and in the future.

The map also follows Amendment Y's formula for equal populations (based on the most recent census data) compactness and preserving political subdivisions. Of

note, the Chamber set out to follow Colorado Supreme Court guidance to keep cities and towns whole in the populated Front Range while preserving county boundaries in areas outside of the Denver-metro population centers.

Colorado's growth over the last decade will result in the state having an 8th congressional district. The Hispanic Chamber's Great 8 map places it in the diverse and fast-growing areas of north Denver, eastern Adams County, southwest Weld County including Greeley, and northeast portions of Boulder County.

The district prioritizes communities of interest that may be subject to federal legislation around growth and transportation and the intersection of oil and gas development with air- and water-quality concerns.

This is also designed as a minority-influence district, with people identifying as Hispanic or Latino/a comprising more than a third of the voting-age population.

"The new 8th district needs a representative who can produce answers to these new, shared issues around growth and development while giving a greater voice to the area's diverse and growing Hispanic population," said Ferrufino.

The map contains a second minority-influence district that keeps Denver as whole as possible in the 1st CD. There is also a redrawn 6th congressional district that keeps Aurora -- which is the third-

largest and most diverse city in the state -- whole.

"We believe it is important to respect the various communities of interest that exist across these three districts and to avoid any attempts to 'pack' minority voices into a single district under the guise of creating a majority-minority district," added Ferrufino. Understanding that the commission must draw a map for the entire state, the Great 8 map sets out boundaries for each of Colorado's 8 districts:

To the west of metro-Denver is a district based on communities of interest in the existing 7th CD, notably the Federal Center and labs;

The redrawn 5th CD keeps El Paso County whole with an eye toward military issues; The Great 8's 4th CD for eastern Colorado, which is ground zero for the new energy economy and is also the agricultural heartland of the state, includes Pueblo.

The western-most district is built off the existing 3rd CD, as communities of western and southern Colorado share a number of interests such as public lands and recreation and agricultural and energy industries. Finally, the map's 2nd CD is home to Colorado's largest research universities in CU and CSU and highly visited federal public lands, which brings together several areas of federal interaction around education and research and climate change and wildfire.

[www.agreat8foragreatstate.com](http://www.agreat8foragreatstate.com)

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**The Mirror**  
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## OPINION/EDITORIAL: LETTERS

### THIS IS YOUR GOVERNMENT? NO THESE ARE YOUR RULERS

*Hey citizens of Montrose County!*

On Thursday June 3 our esteemed County Manager resigned - without comment on why by anyone - in a 60 second County Commissioner meeting. He is to receive - according to the terms of his contract - one year of salary and benefits as "severance" totaling about \$140,000. Mr. Norris was "unavailable for comment" and the County Media Relations lady was "....not in the office for this." Three business days later that same person is hired (again) as Facilities Director - a position he has held before. And given more money than he was earning before.

Why?

Roger Rash says "What part of no comment don't you understand?"

This is your government, no these are your rulers. They do not consult you, they do not listen to you and they do not answer questions from you. You are the sheep and they are the shepherd.

Shut up, sit down and don't ask again.

Mr. Norris is due to be treated like the royalty he is.

*Tim Conner, Montrose*

### RECALL CITY COUNCIL, NEVER ELECT ANY OF THEM AGAIN

*Editor:*

City Council is no longer respected or trusted by Montroseans. What a bold, but honest, statement.

Citizens are actually showing up at meetings to voice their concerns regarding the city's handling of the Divots/Culver matter at the municipal pasture pool field. Although Council was vociferous in its denial of any responsibility in the matter a city contract did in fact make them culpable in their handling of the mess. We shall all hear what the ethics board thinks of the whole matter shortly.

Then we have the Cobble Creek/HUB project. The whole west side of town is concerned. Every homeowner with a vacant field close-by is holding their breath (or should be) wondering if they will be next. They wonder what developer with a foolish idea of "good for Montrose" the council will 'sell out' to. 'Sell out' here meaning, of course, in this context 'to fall into league with'.

Council members should start walking

house to house and business to business to find out what people really think of their behavior both singly and as a group. They might find out that they both singly, as a council and their policies rank pretty low on a scale of 1 to 10 with 10 being the best.

Give each citizen a questionnaire with a franked envelope so that they may return it without cost and do so anonymously. It seems many citizens, especially businessmen, believe that our fabulous city manager will seek retribution.

Next is the MURA project and the millions of water fund dollars (our money) paying for contractor owned on-site improvements.

These funds are supposed to be returned to Montrose City at some nebulous future date, yet to be determined, from funds yet to be realized from businesses yet to be seen (after 4+years of NO construction or contracts). What a mess. For the citizens of Montrose yet to be born, such business practices are tantamount to robbery.

This \$10,000,000 dollars plus interest is uncollectable---it is a gift to the recipients. Guess who?

The Montrose City Council appears to be lead around by the city manager like five puppy dogs on short leashes. It is a social club that meets a couple of times a month to get their instructions on how and what to vote for. Or is the outcome really predetermined?---no sense in confusing the public with actual discussions. It is all group-think with no opposition of merit.

Citizens who speak in opposition are often treated like uninformed boobs and troublemakers and with contempt by the fabulous-five and their kennel keeper.

How can we fix such disgusting governance? Fire them all!

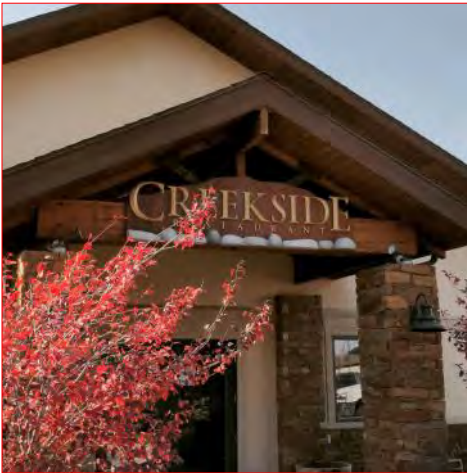
Best way would be a recall of the fabulous-five and never elect any one of them to any position of any elected or appointed office again.

I will be more than willing to assist in any such effort.

*Bill Ramsey, Montrose*



## RESIDENTS MOURN LOSS OF CREEKSIDE RESTAURANT; HOPE FOR REVIVAL



*The Creekside restaurant at Cobble Creek originally opened in about 2003. Some local residents are not happy the Creekside restaurant is closed and have been seeking a new operator on their own. Photos by Carole McKelvey.*



By Carole Ann McKelvey,  
Mirror Staff Writer

MONTROSE— When COVID-19 reared its ugly self in 2020, many of Montrose' communities suffered. Restaurants closed, retail outlets barely hung on by their fingernails, with some slipping away. All were trying to figure out how to operate in an economy suddenly shut down.

Not so at Montrose's Cobble Creek Golf Club, says Randy Griffin, broker and manager of the community's development company, Weststar. "Cobble Creek, in fact all the golf clubs, did well during the COVID pandemic," Griffin said.

He attributes this to the fact that golf and golfing clubs are an outdoor activity. During the shut downs that happened around the country activities that could happen outside with space between people thrived, he said, because people just didn't want to be cooped up inside.

In fact, real estate in Montrose in general is booming right now as the city begins to awaken from the COVID threat. Homes are going up in price and selling within days of listing, local realtors say. It's considered a bit of a renaissance after what occurred in 2020.

Like many restaurants, Cobble Creek's Creekside Restaurant fell a victim to the COVID pandemic. The restaurant actually closed its doors in late 2019, just before

the pandemic hit in 2020. It has been a struggle, some community residents say, to try to interest restauranteurs in reopening what used to be one of the dining bright spots in Montrose.

Griffin says the space where Creekside used to reside may be a restaurant someday in the future. But he says The Club at Cobble Creek – the entity that runs the Cobble Creek facilities, including the championship golf course, clubhouse, pro shop -- has been focused since COVID hit on maintaining the golf related facilities and the clubhouse. The restaurant, he said, was briefly opened during the pandemic as a pizza restaurant by The Stone House, which for a short time operated the professional wood-fired pizza oven and opened a special delivery service for Cobble Creek residents. With the COVID-19 pandemic taking a toll, however, even the Stone House eventually opted out, concentrating on keeping the flagship Stone House Restaurant on Townsend Avenue viable.

The restaurant at Cobble Creek originally opened under Frank Cork and his wife, Rene, who operated Lorenzo's Italian Restaurant beginning in about 2003. That was several years after Weststar Developer, LLC, began the development that now wraps around the popular golf course. The Cobble Creek subdivision and golf club originated in 1997 as a "rural nine-

hole golf course," said Griffin, manager and broker at Weststar Development. Later another nine holes were added to the front side of the subdivision, he said, making the course what it is today.

Griffin serves on the five-member board of directors of The Club at Cobble Creek. The Club runs the championship golf club, clubhouse and takes care of common property at the development, he said. Members pay dues each year based on whether they are couples (\$143) or singles (\$109).

Griffin said there are currently 285 club members supporting the club. When you buy a property in the subdivision you automatically become a member of the supporting club.

When Weststar Development became involved in the golf course and subdivision it was envisioned as a semi-rural community built around a golf club in the early 2000s.

The land upon which the community sits was originally a feed lot, Barbara Cofano said. She and her husband, Arthur, who has since passed away, moved to Cobble Creek initially to be near her sister's home to help take care of her elderly parents.

Cobble Creek is on the Southwest side of the City of Montrose, just west of the Uncompahgre River, being one of the more upscale communities in Montrose when it originated, and still is.

*Continued next pg*



## ***RESIDENTS MOURN LOSS OF CREEKSIDE RESTAURANT From previous pg***

Cofano said she and Arthur bought the 25<sup>th</sup> home built in the subdivision, along the main road, Cobble Drive. The Cobble Creek Clubhouse and the restaurant came a bit later, as added amenities to the neighborhood, Cofano said.

After Lorenzo's owner grew tired of working so hard, he took off for Colorado Springs. The name was changed and the focus became primarily upscale dining with an "American" menu. The restaurant proved very popular not only with Cobble Creek residents, but also visiting golfers and Montrose residents in general. Its location in Cobble Creek just off 6450 Road (Chipeta) was not in mainstream Montrose. Diners had to seek it out, finding it worth the search. As Creekside, its new persona, the restaurant offered a very pleasant ambience and décor, in addition to fine dining and signature drinks from the bar.

In 2020, just after the restaurant closed its doors before the pandemic, several of the community's developers decided it was time to hand over ownership of all auxiliary entities to The Club at Cobble Creek, a club member organization that continues to run the golf course and clubhouse, headed by a five-member board of directors.

Griffin agrees Creekside was a great addition to the neighborhood. But he says the clubhouse at Cobble Creek has now taken

over the pro shop and has a cozy bar serving up signature drinks and food, "bar food, like hamburgers, sandwiches and other offerings."

"(Reopening Creekside) is simply not a priority at this time," says director Griffin. "The restaurant space is being used occasionally for meetings," he said. But opening it again as a restaurant is just not the board's priority at this time, he said.

Still, some local residents are not happy the Creekside restaurant is closed and have been seeking a new operator on their own.

John Fox and Randy White have undertaken trying to find a restaurateur willing to take over the property, both are retired residents in the community. Fox has been a long-term resident with responsibilities in the HOA and the Cobble Creek Club entities. He had a three-term stint as a member of the Board of Directors in the HOA a way back and is still involved in trying to make the community welcoming and viable. Fox recently said, "On Dec. 31, 2019, Cobble Creek's restaurant closed for good and we've been searching for an operator ever since. Of course, the pandemic didn't help things."

Fox has lived in Cobble Creek for approximately 16 years, since retiring from a career as an executive.

He believes that the restaurant would be a good investment for a new owner with

many pluses built into the property. Fox said, "There are all kinds of opportunities, what with clubhouse activities and golf course events, like tournaments. The clubhouse hosts all types of events requiring catering, such as weddings, anniversaries, and club parties," he said.

The lack of viable interest in the restaurant leaves community activists like Randy White, Cofano, and Fox scratching their heads.

Over the years residents have become familiar with the restaurant providing catering for a wide variety of events at the adjacent Cobble Creek Clubhouse. An annual Christmas Party for residents is one of the highlights of living in the community, said Fox. In addition, residents are familiar with special events hosted at the clubhouse, like "Friday Night Happy Hour" a wine night with cheese trays, club meetings, card games, weddings, and exercise classes including a full gym, and yoga offerings. White says, "Reopening the restaurant is a cause we will continue to fight for in this community."

Those who want to find someone capable of opening and maintaining the restaurant and serving good food opine that "it's likely a new operator could make a very good deal with the board." Fox noted that it is an exciting prospect to think about all that could be accomplished with a new operator.

*Now more than ever...*

*Thank you for reading*

**THE MONTROSE MIRROR**



## COMMUNITY OBITUARIES

### BONNIE JEAN HAMILL *August 30, 1929- June 5, 2021*



Lovingly nicknamed "Lance Parkertip, Noted Notary" by family members, Bonnie Jean Hamill, passed away June 5, 2021 in Denver, Colorado. Bonnie, formerly of Montrose, Colorado, was born to the late Henry and Minnie Boehler (Klein) on August 30, 1929 on the family's farm in Trenton, Nebraska. Bonnie and her late husband, John M. Hamill, often joked that her 1929 birth "ushered in the Great Depression".

Bonnie called Montrose home for 23

years, volunteering in the surgery reception area at Montrose Memorial Hospital and Heirlooms for Hospice store. When not volunteering, or cruising the local farms and orchards for canning supplies, crafting or painting beautiful watercolors, she could be found at the Pavilion "cutting a rug" on the dance floor with friends and husband John.

Sleepytime Tea was Bonnie's beverage of choice. She would gather her grandkids prior to bedtime, set out the teapot, cookies and tiny porcelain tea cups, pour thimblefuls of tea for each grandchild, add heart-shaped ice cubes in their cups for cooling, ensure copious amounts of sugar cubes were available and listen as the children excitedly recalled their lives' adventures while sipping tea.

Bonnie loved adventure, the ocean and specifically the beaches in Southern California, the same state where she met her husband John.

On their first date at an LA movie theater, there was smoke in the theater, causing the fire department to evacuate the audience -- it was truly a "hot date." The romance continued and together Bonnie and John celebrated 50-plus years of marriage.

Organizing her five children was a hercu-

lean task. This led Bonnie to keep detailed records; household bills, meal plans, school schedules and reports, clothing for kids, titles for junker cars the kids would bring home, college admissions forms, birth certificates and so on. Knowing Bonnie always had exact records at her fingertips and her notary seal at the ready, her children dubbed her, "Lance Parkertip, Noted Notary" in honor of keeping all the children organized. The name stuck and stayed with her for decades.

Bonnie is survived by her children Bruce Hamill (Sydni), Diane Hammon (Duncan), Blair Hamill (Lauri), Laurie Perea (Chris) and Brad Hamill (Miki). She loved her role as Grandma to Rebecca Hammon (Jordi), Jessica Mendez (Jacob), Braelyn and Whittaker (Leah) Hamill, Lindsay (Brian) Cocos, Taylor (Amy) Hamill, Brian (Berry), Jonathan (Lauren) and Samantha Perea, and Josiah (Emily) Hamill. She was "GG Hamill" to Ethan and Noah Mendez, Jamie, Arlo and Peter Mata-Fink, Jonah and Talia Cocos, and Logan Perea. Left with decades of fond memories is her younger sister Shirley Hedgpeth (Herb).

Donations in memory of Bonnie may be made to your local Hospice.





## COMMUNITY OBITUARIES

### SHAWNA LEE (FLOWERS) APT

*January 15, 1971-June 4, 2021*



SHAWNA L. APT passed from this life on June 4, 2021, after a lengthy illness with her family at her side. Shawna had a love for life and loved taking care of her dogs and cats, as well as feeding all the birds. She especially loved spending time at the cabin on Horsefly Peak and cooked there during hunting season. She was a wonderful wife, mother, daughter and sister with a huge heart and helping hand for anyone. Her smile and laughter were infectious, and she will be greatly missed by family and friends.

She was preceded in death by her mother Lucia Hart. Surviving relatives include her husband of 20 years Shawn Apt, Sons, Porter Apt and Brandon (Liz) O'Grady of Montrose, Father and Step-mother Jerry and Vicky Flowers of Mont-

rose, Father and Mother-in law Larry and Pam Apt of Montrose, Sisters Kim (Mike) Garrett of Granby, CO, Cindy Flowers (Lori McLaughlin) of Montrose, Nephews Rod Garrett, & Shelby-(Lihla) Garrett of Granby, CO and Cody (Morgan) Garrett of Colorado Springs, CO, As well as numerous Aunts, Uncles and Cousins.

A celebration of life will be held at Harvest Community Church in Olathe, CO on June 19 at 2 pm. In Lieu of Flowers the family has asked for donations to the Montrose County Animal Shelter in Shawna's name. Reception will be held after the service at 3240 6000 Rd. Olathe. Cremation will be handled by Crippin Funeral Home. Since Shawna loved the beach, please feel free to wear your beach attire.

### HOLLY MARIE SEPULVEDA-MARTINEZ

*July 6, 1979- June 8, 2021*

Heaven gained a Beautiful and Loving Soul. Holly Marie Sepulveda-Martinez, born July 6, 1979 to Dina Duarte and John Sepulveda in Santa Rosa, California. Holly passed away on June 8, 2021 in Montrose, Colorado. She is survived by her Husband Robert Martinez and her five Children; Ronnie McCullough, Frankie Mullins (Richard Mullins), Breiah Martinez, Tymbrach-Jo Edmunson and Jesse Trujillo. Her Mom and Dad, Dina Duarte-Vialpando and Margarito Vialpando. Her Dad John Sepulveda. Her seven Siblings; Melisa Sepulveda, Dominique Martinez, Vanessa Sharkey and Joe Vialpando Steven Sepulveda, Johnny Sepulveda, and Emily Sepulveda.

Her 4 1/2 GrandChildren; Amiyah, Alaynah, Addison, Ashtyn and one on the way. As well as many Nieces and Neph-

ews and aunts, uncles and cousins.

Holly's joy in her life was her family. She loved to take last minute trips to anywhere. She loved to just jump in the car and see where the road took them. No matter the destination she made it a memory full of fun and excitement. Holly was always on the go and loved every minute of it. Whether it going on a Wal-Mart run or taking care of her clients. Oh how she loved taking care of people. It was her passion to be a Nurse; and she was a darn good one. She loved to watch her grand baby's grow and make them smile. She was always so loving and caring to anyone she met. She cared so much for people and would help them in any way she could. She never showed her struggles or pain; you would have never known she was a Twice Cancer

Survivor; she never let it get the best of her. She always had a smile that would just light up the room. Holly will be missed by many; as she has made an imprint on everyone's heart.

A viewing for Holly is scheduled on June 15, 2021 from 4-6 PM at the Crippin Funeral Home Chapel. Her Service will be held on June 16, 2021 at 10 AM at the Crippin Funeral Home; following the Service a Celebration of Life will be held at Grace Community Church.

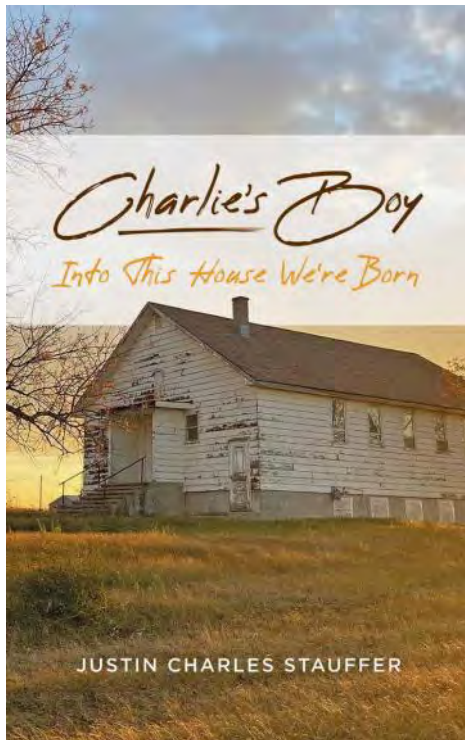




ISSUE 320 June 14

## ART &amp; SOL

## FORMER DELTA RESIDENT DEBUTS FIRST NOVEL JUNE 26



Courtesy image.

By Kami Collins

DELTA-Former Delta resident Justin Charles Stauffer is releasing his first novel, and will be in town on June 26 for a book launch event.

Stauffer, his wife Diana, and their three boys, Riordin, Raffi and Bode, lived in Delta for several years and ran Raising Hope, a nonprofit thrift store on Eaton Avenue that benefitted Delta County Young Life and The Abraham Connection Homeless Shelter. The family now lives near Columbus, Ohio.

Stauffer was born and raised in rural Alberta, Canada, and grew up on his grandfather's farm. The book, "*Charlie's Boy: Into This House We're Born*," is the semi-autobiographical coming of age creative non-fiction piece that explores the complicated web of family, faith and spirituality, and is based on his experiences growing up on the family farm.

The book follows 12-year-old Muggsey, who loves spending time on his grandpa's

farm with his cousins, aunts, uncles, animals and fishing holes. Muggsey never dreams about leaving the farm, until the summer of his twelfth year when everything changes and things no longer make sense. As the summer wears on, Muggsey's search for the truth leaves him feeling uneasy. Amidst all the crazy antics and madcap adventures, his questions grow heavier, and the answers are harder to understand. "*Charlie's Boy*" is the story of a boy trying to find where he belongs, and of a man trying to reconcile his past with his present. The book has already received rave reviews and has been called a glorious debut novel.

Stauffer will be at Doghouse Espresso, 449 Main Street in Delta, from 10 am – 1 pm on Saturday, June 26, for the book launch and signing. Books are \$27.95. Please stop by to reconnect with Stauffer and his family, and pick up a copy of the book.





## COMMUNITY NEWS BRIEFS

# DINNER ON MAIN STREET SET FOR SEPT. 25

### Special to Art & Sol

MONTROSE— Sharing Ministries, Habitat for Humanity of the San Juans and Just Serve.org announce the first annual Dinner on Main Street – a community outdoor barbecue dinner, live playhouse auction, and the celebration of gathering as a community—inspired by BVStrong.org! Dinner on Main Street will be a downtown Montrose event taking place outside on the first block of East Main Street, a special event based on the simple belief that community is meant to gather and gathering is a gift we appreciate now, more than ever say the Dinner on Main partners. Therefore, the entire community is invited to dine together in the middle of Main Street this fall.

The annual dinner starts at 5:30PM and the cost is \$20 per plate. The partnership also has several sponsorship opportunities for interested organizations and individuals. Registration is available online at <https://events.ourtownmatters.net/e/dinner-on-main>, in person at 1245 E. Main Street at the Our Town Matters Business Center or by calling (970) 765-0913. All proceeds will equally benefit Sharing Ministries & Habitat for Humanity of the San Juans. About Sharing Ministries - Sharing Ministries, Inc. is a 501(c)(3), faith-based, non-profit organization. Their mission is to provide nutritional food to those in need while facilitating education and communication to other community resources.

They have a diverse board of directors to help lead the organization.

About Habitat for Humanity of the San Juans - Habitat for Humanity of the San Juans is a locally owned and operated affiliate of Habitat for Humanity International. Their operations are directed by a local Board of Directors and executed by Erica Madison, Executive Director. They serve Montrose, Ouray and San Miguel counties.

About JustServe.org - JustServe.org is a website where the volunteer needs of organizations may be posted and volunteers may search for places to serve in the community, providing opportunities to help those in need and enhance the quality of life in the community.

## **GOP** Community Outreach

Collecting donations for  
**Aiden Hutto and Dariann Bushee**  
 the Entire Month of June

**Needed:** Cash Donations,  
 Grocery Cards, Gas Cards

Donations for each family traveling between  
 Montrose and Children's Hospital in Denver, weekly

**Contact:** Daleanna Russell - 970-209-9817  
 Vanessa Hughes - 970-596-3740  
 Mandy Norris Snell - 970-209-6326

#Aidensfightismyfight  
 #Dariannstrong



**TAP DAY!** **JUNE 17**  
 11 a.m. to 9 p.m.

Community event to help support these  
 Montrose students fighting cancer.  
**846 East Main St.**

**#Aidensfightismyfight**  
**#Dariannstrong**

Aiden Hutto and Dariann Bushee were both diagnosed with Cancer at the end of 2020. Since then they have been going back and forth to Denver Children's Hospital for treatment. Their battles are far from over. Please help us support these 2 beautiful teens and their families.

**\$1 per beverage purchased will go directly to them. If you are unable to attend and would like to make a donation, please contact one of these committee members:**  
 Daleanna Russell, 970 209 9817; Vanessa Hughes, 970 596 3740; Mandy Norris Snell, 970 209 6326

Sponsored By: Montrose County GOP  
 Community Outreach Committee



## COMMUNITY NEWS BRIEFS

### SEEKING INFORMATION ON CHURCHES, HOUSES OF WORSHIP FOR DIRECTORY

*Mirror Editorial Staff*

MONTROSE-As a way of serving the faith community in Montrose, the Montrose Mirror is in the process of establishing a Church Directory. If your congregation or fellowship would like to be included in the directory, please supply the following information to the Montrose Mirror:

Name of church

Denomination affiliation

Address

Office hours

Contact information (phone number, email address, website)

Name of current Senior Pastor

Worship service times

Please give a one sentence description of your church and its mission in the Montrose community.

Please give a one or two sentence description of your current church demographics (predominately family, youth, seniors, singles).

Do your church services include Sunday School and childcare? Send to [editor@montrosemirror.com](mailto:editor@montrosemirror.com).

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# COULD YOU USE A LIFE COACH SCHOLARSHIP?

By Lauren Ruddell, Ph.D

REGIONAL-If you are like so many seniors, me included, the aging process may be difficult to reconcile with who we truly believe ourselves to be. How many people over the age of 50 dream that's how old they are when slumbering blissfully? Not I, I can assure you. I am usually an early 40s self. I dream of myself as an old woman rarely. Who I truly feel I am subconsciously is someone younger. Yet when waking, would I automatically want to be that age again, if I could? Not necessarily. But there are complications I didn't have then that I have now. A shortened horizon is one of them. Wondering whether I've done enough to be missed when I'm gone is another. And so forth.

The fear of growing old and the work, financial, and health challenges aging brings is both a legitimate and a common concern. Thankfully, there are ways to move forward and continue to live each day to the fullest. Part of the process of successful, graceful aging is to understand that aging comes to us all, like it or not. So why not attempt to make the most of it?

That may be easier said than done for some folks. If you are continually struggling to cope with your aging self, as I myself do from time to time, think of this slump as an opportunity to make things better and to plan for the future. Seriously, yes, plan for the future. If you are unhappy with your life as it is now, ask yourself what you can be doing differently. And if what you do differently will end up making a difference.

Growing old does NOT have to mean growing tired, bored, or lonely. Sure, sometimes that will happen, but that is one slice of the pie, not the whole pie itself. Actively working to strengthen relationships with your loved ones; reaching out and making new friends; traveling to the places you've never been but have always wanted to see (woohoooo... we can do that now); going back to school and learning new skills; retiring to a different part of the country . . . the possibilities

are endless, but sometimes the steps seem daunting.

My advice: use the experience and hindsight you have gained to make your later years your best years —and refuse to settle for less. Identify goals and prioritize those in order of importance, such as making time for the people, places, and activities that will bring you joy, then secondarily volunteering for causes that will make meaning and provide a different sort of fulfillment. Or, depending on you, turn that on its head. Write that novel, go on that daring adventure to Africa, and have confidence that once you do you, family and friends will find you to be much, much, more interesting. And those who don't feel that way, well then be confident that's their loss.

If you're wondering how to get started or are concerned that you will run out of steam and fail to make the second half of life the greatest, then a life coach may be the ticket.

A life coach will help you achieve your goals with encouragement, support, and yes, accountability. A good coach will hold your feet to the fire just as much, if not more, than holding your hand.

Once considered a bit airy-fairy, life coaching is now very mainstream. Different folks engage in it for different reasons, all of which are perfectly legitimate. When young professional men and women were surveyed about their motivations for life coaching, they had similar views but were separated by differing goals. They both wanted to advance in a particular area, but men were more likely than women to receive coaching to expand professional opportunities, while women were more likely than men to seek coaching in service of improving work/life balance.

Likewise, older folks have differing goals from younger folk. One preeminent journal stated that...

*In our work coaching hundreds of executives, we have suspected a difference in how 30-something executives and those in their forties and fifties approach coaching.*



Lauren Ruddell. Courtesy photo.

*The 30-somethings have tended to be more difficult engagements, often requiring more directness, cajoling, and nurturing.* (Harvard Business Review, 2017).

So really, older folks need less handholding. They've been there, done that, got the T-shirt.

Does any of this matter to Montrose and the surrounding vicinities? Well by golly, it sure does! Local census data shows that in 2018 the median age in Montrose was 44.2. OK, no big deal, until you consider that in 2017 the average age was 42. For those of us excited by statistics, that is a big change and indicates an aging local population. It also means a vibrant human resource that can continue to change this area for the better and keep some of the amazing changes already happening in overdrive.

So the big picture here...because COVID has trashed so many people's plans for the future, or at least made temporary mincemeat of them, I want to be part of that ongoing energy and will be offering my services for free to three new clients for three sessions. Applications for these sessions will be accepted through June. I am not a medical doctor, but a Ph.D. in sociology of a particular Rocky Mountain brand.

Look me up at [laurenhallruddell.com](http://laurenhallruddell.com) and see if you think you would like to apply for this scholarship. I can't wait to hear from you all!



## COMMUNITY NEWS BRIEFS

### MONTROSE ADULT EDUCATION CENTER RECEIVES \$5,000 GRANT FROM THE DOLLAR GENERAL LITERACY FOUNDATION TO SUPPORT ADULT LITERACY

*Special to Art & Sol*

MONTROSE— The Dollar General Literacy Foundation recently awarded Montrose Adult Education Center a \$5,000 grant to support adult literacy. This local grant is part of the Dollar General Literacy Foundation's recent award of \$10.5 million donation to support summer, family, and adult literacy programs, representing the organization's largest one-day grant donation in its 28-year history.

Montrose Adult Education Center (MAEC) has provided educational services since 1972 making it one of the oldest adult programs in the state. Over the last 50 years, we have served well over 10,000 students. MAEC provides comprehensive educational and support services to individuals who are most in need of adult basic education services, including individuals who are low income, have minimal literacy and numeracy skills, are English language learners, or have other barriers to employment.

The Montrose Adult Education Center offers educational and support services to eligible adults in Montrose County and

surrounding areas to enable them to achieve their educational, personal and career goals in order to become more productive members of the community. With the Dollar General grant, we will be able to offer more Adult Education and Literacy Classes which include level appropriate basic academic skills, critical thinking skills, self-management skills, life skills, employment skills, soft skills, and skills necessary to transition to post-secondary education or employment. For more information, call 970-787-0281 or email [abe@mcsd.org](mailto:abe@mcsd.org).

"For nearly 30 years, the Dollar General Literacy Foundation has been proud to invest in literacy and education programs in our hometown communities," said Denine Torr, executive director of the Dollar General Literacy Foundation. "The recent and significant shifts in the educational landscape have made the Foundation's mission more critically important. As we work to create access to high-quality instruction for all individuals, we share our gratitude for the educators who are working to uplift and empower others. We

hope these funds will have a meaningful impact on students and teachers across the country and look forward to seeing the positive impact they have on learners."

The Dollar General Literacy Foundation supports organizations that increase access to educational programming, stimulate and enable innovation in the delivery of educational instruction and inspire a love of reading. Each year, the Dollar General Literacy Foundation awards funds to nonprofit organizations, schools, and libraries within a 15-mile radius of a Dollar General store or distribution center to support adult, family, summer, and youth literacy programs.

The Foundation also offers a student referral program for individuals interested in learning how to read, speak English, or prepare for the high school equivalency exam. Referrals to a local organization that provides free literacy services are available online [here](#) or through referral cards found in the Learn to Read brochures that are available at the cash register of every Dollar General store.

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# COMMUNITY NEWS BRIEFS: EDUCATION

## KUEHN NAMED TO CLOUD COUNTY COMMUNITY COLLEGE SPRING 2021 HONOR ROLL

### Special to Art & Sol

CONCORDIA, KS-- Ashley Kuehn of Montrose was named to the Cloud County Community College Spring 2021 Honor Roll. To be named to this honor roll, students must be enrolled in a minimum of 12 hours of college coursework and earn a semester grade point average of 3.6-3.899.

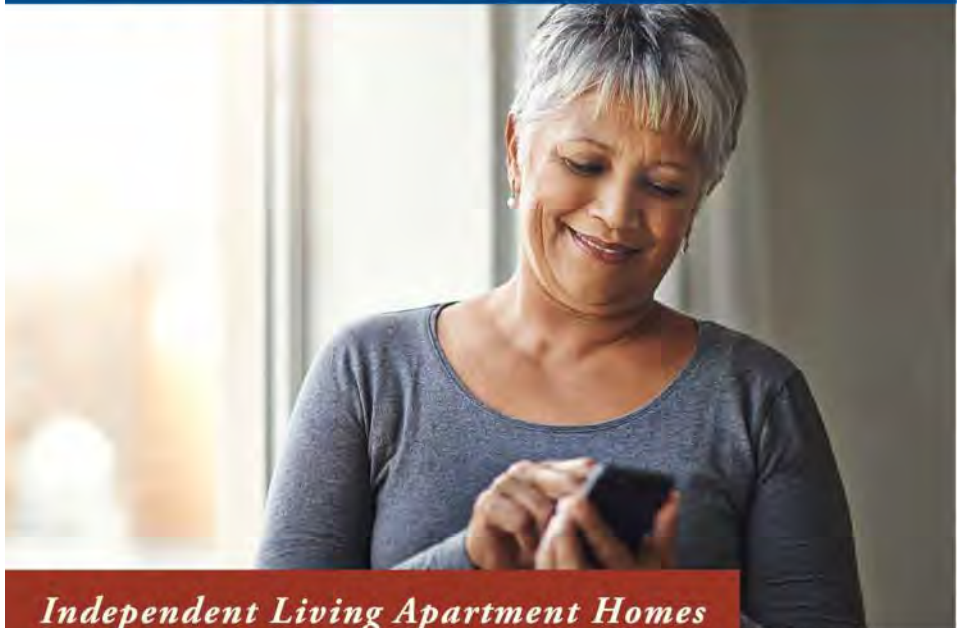
Cloud County Community College prepares students to lead successful lives and enhances the vitality of our communities.

Cloud County Community College (CCCC) is one of 26 public two-year community

and technical colleges in Kansas and is coordinated by the Kansas Board of Regents. CCCC's service area encompasses a

12-county area primarily in north central Kansas with its two physical campuses in Concordia and Junction City.

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### The Homestead at Montrose

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Volunteers of America is a national, nonprofit, faith-based organization.

## ALLIE FREEBURG GRADUATES FROM COLORADO COLLEGE

### Special to Art & Sol

COLORADO SPRINGS-- Allie Freeburg, of Montrose graduated from Colorado College with a Bachelor of Arts in Classics. Freeburg is a member of the Class of 2021, which was celebrated at an outdoor ceremony on Sunday, May 23, in downtown Colorado Springs.

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# GUEST COLUMN: CHANGING THE NARRATIVE

## LET'S REFRAME AGING BY CHANGING OUR WORDS



Janine Vanderburg.  
Courtesy photo.

By Janine Vanderburg,  
*Changing the Narrative*

STATEWIDE-As we emerge from the pandemic and acknowledge the ageism it exposed, it's time to stop and think: What can we do collectively to end age-

ism, whether it's birthday cards that mock getting older or being pushed out of the workplace.

While workplace age discrimination requires big solutions by policymakers and businesses, there are some things we can all do in our everyday lives that will help us reduce ageism. One is to simply eliminate from our vocabulary terms that diminish older adults and reinforce negative stereotypes.

Here are just a few words and phrases it's time to discard:

### Senior, senior citizen, elderly

In 2020, the Associated Press announced changes in its Stylebook, recommending that "older adult" or "older person" be used instead of senior, senior citizen, and elderly, and also suggesting the use of descriptive language, e.g., "our programs serve people age 60 and over." Why? Be-

cause research by FrameWorks Institute shows that these terms are often associated with, and reinforce, negative stereotypes about older people.

### Silver tsunami, grey wave, going off a demographic cliff

Often used to describe our aging population, these phrases suggest that older people are a demographic disaster. In addition to casting older adults in a negative light as economic burdens, the metaphors aren't accurate. We have known about the aging of America and the world for some time. We know how older adults contribute significantly to our communities and the workplace.

### Still, in front of a verb, applied to an older adult

As in "still" working, still doing [whatever it is]. No, I am not "still" working, which would suggest that maybe working at my age is an outlier. I am working, as are millions of older adults, because we want to, because we need to, and maybe a combination of both. Working brings purpose, passion, paycheck and social connection. Just drop the "still."

### "Weak, vulnerable" in front of any term describing an older American

Repeated ad nauseam by well-meaning public health officials during the pandemic, this term became associated with older people and cemented another stereotype. People who need extra supports to thrive in community aren't weak and vulnerable;

systems that don't provide those supports are what are weak and vulnerable! Let's strengthen our policies and systems, so those terms can be eliminated from our vocabulary altogether.

### You look great for your age

Sometimes words meant to be complimentary, aren't. This phrase suggests that as you age, you are supposed to look a certain way—not good. A YouTube video by AARP and SoulPancake called *Why You Should Stop Giving This*

"Compliment" explains why. A great alternative? "You look great!" Period. Full stop.

### Young lady or young man

When used to describe someone older than 18, it's diminishing, just like "sweetie" or "honey". What may seem like a term of endearment infantilizes older people and makes us seem less capable than we are. And research shows that experiencing everyday ageism has negative impacts on our health and wellbeing.

It's time for those of us who recognize the contributions that older adults make to our communities, workplaces and overall society help end ageist language. Together.

*Janine Vanderburg directs Changing the Narrative, a campaign to change the way people think, talk and act about aging and ageism. Our end game? To end ageism. Read more about our anti-ageist birthday card campaign and what we are doing to reduce workplace ageism.*

**The Mirror:**  
Coverage with vision for the future.







328 E. Main • Montrose  
970-249-8323







By Carole Ann McKelvey

MONTROSE – Hiro Japanese Restaurant on Main Street in Downtown Montrose hits it out of the park every time.

Recently enjoyed a delicious sushi dinner with a girlfriend at Hiro's and it was just that, delicious!

Now this small, somewhat unassuming space on Main is still rockin' it. I dare you to find such good sushi or Japanese entrees anywhere nearby.

We each started our meals with a sip of Miso soup, tasty.

My friend had a glass of red wine; it being Japanese night I couldn't resist a small carafe of cold sake. Ahh!

My friend isn't very familiar with sushi and was hesitant, until she found she could order a California roll – avocado, cucumber, carrot -- with just veggies (\$8) and then she ordered a shrimp tempura roll (\$8) (cooked not raw). I followed her lead and ordered the California roll with crab (\$8) and a vegetable roll (\$7) – avocado, cucumber, carrot.

Just the two rolls each and soup was just enough for a filling dinner.

Now, Hiro offers sushi 3 ways: Nigiri, Sashimi and classic rolls.

Nigiri sushi offers 2 pieces from \$6 - \$7; Sashimi is 4 pieces of sliced raw fish or seafood from \$10 for regular or \$11 – 12 for modern (spicy). The classic rolls like we enjoyed run from \$6 – 10 and include seafood, fish, or veggie.

Soups: clear onion soup (s) or (l) and Miso soup are \$2.50-5.

Salads: house green, avocado, cucumber, seaweed and Kani from \$3.99-6.99.

Appetizers: Edamame, spring rolls, tofu, octopus meatball, fried or steamed dumplings, chicken/shrimp & vegetable tempura, spicy crab or soft-shell crab tempura, from \$6.99-10.99.

Fried Rice: chose from vegetable, chicken, steak or shrimp from \$10.99-12.99.

Sides: steamed, sushi or fried rice from \$2.99-3.99.

Might as well try a Montrose Roll (I will next time) with salmon, tuna, albacore, cream cheese, cucumber, deep fried, topped with spicy crab, spicy mayo & eel sauce (\$16.99). Regular classic rolls from \$7-10. Special Modern rolls from \$14.99-16.99.

Feel like a full dinner? Choose from Tempura plates \$12.99-14.99; teriyaki at \$13.99-16.99; poke Hiro bowl at \$12.99;

# HIRO WORTH A VISIT, AGAIN



Hibachi dinner, \$15.99-25.99; noodles \$10.99-12.99.

Dessert? No thanks this time. But there is a choice of Mochi ice cream, tempura banana or cheesecake, all \$5.

Hiro also offers lunch specials from 11a.m. to 3 p.m.:

Bento box \$10.99; Hibachi express \$9.99-14.99. Or perhaps a Hiro lunch sushi plate at \$12.99 or Hiro lunch sashimi plate, \$13.99.

You can order to-go by calling 970-615-7508. Hiro is located at 228 E. Main St in Montrose. Monday – Saturday, 11 a.m. – 8 p.m. Closed on Sundays.

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## COMMUNITY NEWS BRIEFS

### 2021 MUSIC ON THE GREEN SUMMER LINEUP ANNOUNCED *June 11-September 10, 2021 in Mountain Village, Colorado*

#### *Special to Art & Sol*

Telluride Mountain Village – The 2021 "Music on the Green" summer concert series lineup is announced.

The free concerts occur on Friday evenings from 5 to 7 p.m., June 11 through Sept. 10, at the Reflection Plaza in Mountain Village, adjacent to the Madeline Hotel & Residences, Auberge Resorts Collection.

Presented by Telluride Mountain Village Owners Association (TMVOA) and Beyond the Groove Productions, sponsors Madeline Hotel & Residences, Auberge Collection, Telluride Ski & Golf, and the Town of Mountain Village.

"Music On The Green is an intimate outdoor concert held Friday evenings from 5–7 p.m. in Mountain Village during the summer months. Now in its fourth year, the

concert series features nationally touring musicians, many of whom are playing Telluride for the first time. Past acts include J.S. Ondara, Robert Ellis, Brent Cowles, Joe Pug, I Draw Slow, even the Dirty Dozen Brass Band graced our stage!" said Denise Mongan of Beyond the Groove Productions.

The summer lineup includes The Myners featuring John Magnie of the Subdudes, Tall Tall Trees, Wildermiss, Laurie Lewis & the Right Hands, West Side Joe and the Men of Soul, Cousin Curtiss, The Cordovas, A.J. Fullerton, Emily Scott Robinson, and Colorado singer-songwriter, and founding member of Elephant Revival Daniel Rodriguez.

"It is the place to be on Friday night," said Anton Benitez, president & CEO of TMVOA.

The 2021 Music on the Green lineup:

June 11 The Myners featuring John Magnie of the Subdudes

June 18 Tall Tall Trees

June 25 Jim Parker

July 2 Wildermiss

July 9 Laurie Lewis & the Right Hands

July 16 West Side Joe and the Men of Soul

July 23 Cousin Curtiss

July 30 A.J. Fullerton

Aug. 6 Brue

Aug. 13 Kevin McCarthy Trio

Aug. 20 The Cordovas

Aug. 27 Cary Morin Duo

Sept. 3 Emily Scott Robinson

Sept. 10 Daniel Rodriguez

To learn more about Music on the Green please visit [tmvoa.org](http://tmvoa.org) and [face-book.com/BeyondTheGroove](https://www.facebook.com/BeyondTheGroove).

### DAN DEUTER'S CRITIQUE SESSIONS PRESENTED BY MCA

#### *Special to the Mirror*

MONTROSE-Having problems with your painting? Composition, palette, color values and/or creating depth got you down? Dan will be available at MCA to work with you to find the answer.

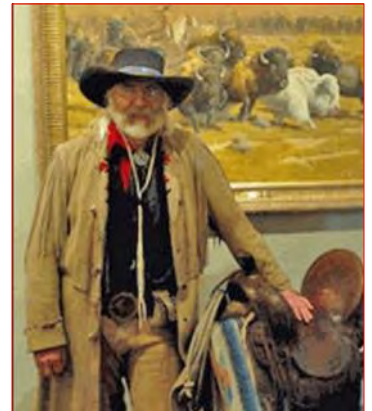
He will be available at the Center the 3rd Thursday of each month to work with you on your painting. The first session will be Thursday, June 17 from 6 – 8PM at the Center.

Bring your problem piece with you if possible. Dan will also bring his latest project to help you visualize the solutions. Keep in mind that although Dan is an Oil Painter, many of the art problems you may encounter are independent of media.

Montrose Center for the Arts is located at 11 S. Park Avenue

Call MCA at 970-787-9428 with Questions.

Please consider giving a \$10 donation for the session. Thank you.





# SAVE THE DATE! UPCOMING REGIONAL EVENTS

## ONGOING-

**NAMI FAMILY SUPPORT GROUP** will be held the 3rd Wednesday of each month at the PIC Place 5:30-7pm. Please call Kathy at 520-282-9060 for more information.

**MONTROSE FARMERS' MARKET** is a gathering of vendors selling local fruit, vegetables, meat, crafts, and more. **Date and time:** Alternate Saturdays from 10 am-1 pm—every other weekend starting Jan. 9<sup>th</sup> 2021

**Location:** Montrose Centennial Plaza and Centennial Meeting Room, 15-99 S Uncompahgre Ave, Montrose, CO 81401

**Cost:** Free to attend. Curbside service is still available in the winter season!

**COMMUNITY BIBLE STUDY**-Registration now open for Sept 2021 - Apr 2022 COMMUNITY BIBLE STUDY, an international non-denominational Bible study. Studying Revelation Sep 2021-Jan 2022 and Christian Living (1,2,3 John, Jude & Philemon) Feb-Apr 2022. In person for women and children of all ages on Wednesday mornings 9-11. Virtual/Zoom for women Thursday evenings 6-7:15. Contact 720-635-0091 to register or for more information. Or come to our first meeting Wed., Sep. 8, at the First Presbyterian Church, 1840 E. Niagara St., Montrose, at 9AM.

**MONTROSE ALTRUSA**-1st Tuesday of the month Program meeting; 2nd Tuesday of the month committee meeting; 3rd Tuesday of the month Business meeting. Meetings are held at the Hampton Inn conference room at Noon.

## MONTHLY

**June 4-July 2**-Montrose Center for the Arts (MCA) will present its Second Annual Square Deal Show and Auction all through June. The show opening and reception will be Friday, June 4 from 5 – 7 at MCA located at 11 S. Park in Montrose. Bidding will be open until the end of our July First Friday event on July 2. Please call MCA at (970) 787-9428 for details or questions.

**June 5-July 2**-Spectrum, an exhibition of art from photography to painting will be hosted by the Wright Opera House and the Ouray County Arts Association from Saturday, June 5 to July 2nd. An Opening Reception will be held at the Wright's Tavern, 472 Main Street, Ouray, on Saturday, June 5 from 4-6pm. Admission is free and refreshments will be available. Current Covid protocols will be followed. Closing reception, June 30, 4-6pm.

**June 15**-The Interpretive Association in cooperation with Fort Uncompahgre Interpretive Center are pleased to present FREE-The Old Spanish Trail 2017....a 55-min video of the first re-ride of the Old Spanish Trail since 1848, on Tuesday, June 15 from 6:30 to 8 p.m. at Bill Heddles Recreation Center in Delta. Doors open at 6 p.m.

**June 17**-The Splash of Colorado exhibit is held annually on the Western slope and enables the Colorado Watercolor Society to share the best in water media with a broad audience. The exhibition opens June 2 and runs through June 27. A reception will be held June 17, 5pm to 8pm, at the Crested Butte Center for the Arts, 606 6th Street, Crested Butte, CO 970-349-7487

**June 22**-Join us for a summertime frame of mind! Volunteers of America National Services Positive Aging Expo, 8 a.m. to 1 p.m. Homestead at Montrose (1819 Pavilion Drive) back lawn.

**June 26-27**-The Montrose Amateur Radio Club will participate in the nationwide Field Day, sponsored by the American Amateur Relay League, on Saturday and Sunday, June 26 and 27, 2021 on Sunset Mesa. To reach Field Day drive west on West Main Street, turn left on Chipeta Drive and then turn left again onto Sunset Mesa. Climb the hill and look for the antennas on the north end of the Mesa. For hams visiting the site the talk-in frequency is the Cedaredge Repeater of 147.195+, tone: 107. For more information contact Lew French at 970-417-6142, visit <http://www.arrl.org/field-day>, or visit the Montrose Amateur Radio on Facebook.

**June 26**--Former Delta resident Justin Charles Stauffer is releasing his first novel, and will be in town for a book launch event. Stauffer will be at Doghouse Espresso, 449 Main Street in Delta, from 10 am – 1 pm on Saturday, June 26, for the book launch and signing. Books are \$27.95. Please stop by to reconnect with Stauffer and his family, and pick up a copy of the book.

**June 26**-One of the more prolific thirty-something songwriters working in the Folk/Americana genre today, John Statz has released nine studio albums and performed all over North America and Europe over the course of his 15-year career. Statz will perform at Healthy Rhythm Art Gallery on June 26; the show starts at 7:30 (doors at 7) and tickets can be had here: <https://healthyrhythmartgallery.bigcartel.com/product/hrms-presents-john-statz-a-night-of-folk-american-music>.

**June 27**-On Sunday, June 27 the Montrose Community Band is happy to present their annual Free Patriot Concert. Location: Montrose Pavilion, 3 – 5 p.m. Come and enjoy your favorite marches and a refreshing dose of Americana.

**July 1**-MABA Cruiser Ride. We will meet at Rotary Park at 6:30p for participants to socialize and enjoy their BYOB. The theme for that ride is Freedom Ride and hopefully riders can get their Red, White, and Blue out. Wigs, silly outfits, and decorated bikes are always welcomed.

**Aug. 28**-The Montrose High School Class of 1976 will be holding a 45th class reunion on Saturday, Aug. 28, 2021. Festivities will start at 2pm in the Backyard of the Montrose Elks Lodge, 801 S. Hillcrest Dr. Dinner will be at 5pm by Serving Grace-Catering. Dinner reservations will be \$25 per person. We invite members of other MHS classes, former faculty and staff members to join us. Contact LeAnna Edmonson Spadafora 970-209-3374 or Tracy Allies Harrison 970-249-1418 or check out our FB page "76" for more information.

Contact the Montrose Mirror:  
970-275-0646

[Editor@montrosemirror.com](mailto:Editor@montrosemirror.com)

[www.montrosemirror.com](http://www.montrosemirror.com)

## READER PHOTO SPOTLIGHT: DEB REIMANN



*Above, the view looking out the window at an old mining camp on Red Mountain. If those walls could talk....*

*Above left, the highly popular local band, 'The Last Spike' had toes tapping and hands clapping from the stage at Func Fest in Montrose on Saturday, June 12. Pictured left to right: Jody Brown plays bass and guitar, Randy Arndt plays bass and guitar, Hannah Werden plays fiddle and Dave Werden plays dobro and mandolin. This talented group of musicians create and harmonize unique original songs and their fans love their acoustic mix of bluegrass, modern folk, and Celtic-type music.*

*At left, Uncompahgre Sunset, June 13.*

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