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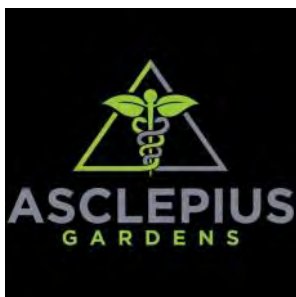
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Issue No. 439 July 26 2021

CITY APPROVES UPDATES TO YOUTH COUNCIL MANUAL



While feeding the newest member of his family, City Engineer Scott Murphy delivered a video presentation on the Cerise Park Waterline board contract award to City Council via Zoom during the meeting of July 20.

By Caitlin Switzer

MONTROSE-On Tuesday, July 20 the Montrose City Council gathered for a regular meeting in Council Chambers. All councilors were present except Mayor Doug Glaspell. Mayor Pro Tem Dave Frank presided over the meeting in Glaspell's absence. Frank called the meeting to order and led in saying the Pledge of Allegiance.

There were no changes to the meeting agenda.

CALL FOR PUBLIC COMMENT ON NON-AGENDA ITEMS

Citizen Randy White spoke during the time for public comment.

"...I would like to speak about the intersection at 550 and Chipeta," White said,

Continued pg 27

BOCC APPROVES JON WASCHBUSCH AS MONTROSE COUNTY MANAGER

By Caitlin Switzer

MONTROSE-The Montrose County Board of Commissioners (BOCC) convened for a regular meeting on Wednesday, July 21. All three commissioners were in attendance. BOCC Chair Sue Hansen opened the meeting and welcomed all to the session, especially two young man who were sitting in the back. "Glad to have you, thank you for being here."

Pastor Karl Leuthauser of Grace Community Church delivered the Invocation. "I wanted to share a game changing Bible verse in my life...Romans 8: 28. It says that all things work together for good, for those who love God and are called according to his purposes."

He thanked God for the commissioners, "...I know that the difficulties each person faces here, that you will meet them, you will strengthen them, and you will bring good."

Citizen Wally Smith led in saying the Pledge of Allegiance.

PUBLIC COMMENT PERIOD

Fairgrounds Manager Emily Sanchez gave an update on the 2021 Montrose County Fair & Rodeo, which kicks off Monday, July 26, with the Parade.

Continued pg 21



The Montrose BOCC voted unanimously on Wednesday, July 21 to approve an Employment Agreement with Interim County Manager Jon Waschbusch, left, for the County Manager position. Photo by Paul Arbogast.

in this
issue

*Silver Stage Arts
With Kathryn Burke!*

*Letters to the Editor!
Regional news Briefs!*

*Lauren Hall Ruddell, Ph.D
on Green Exercise!*

*A Fresh Point of View:
with Jack Switzer!*

PUBLIC NOTICES/LEGALS

PUBLIC NOTICE:

MONTROSE MEMORIAL HOSPITAL, INC. NOTICE OF DIRECTOR APPLICATIONS

The Board of Directors of Montrose Memorial Hospital, Inc., a Colorado community non-profit corporation, is accepting applications for positions as Directors of that Colorado community non-profit corporation. Application packets are available for download at www.montrosehospital.com, by email request to BODapplications@montrosehospital.com, or pick up at the Montrose Memorial Hospital Administration office, located at 800 South 3rd Street, Montrose, Colorado, from 9:00 a.m. to 5:00 p.m., Monday through Friday. The deadline for return of completed applications is Friday, August 13, 2021, at 5:00 p.m. at the MMH Administration office. Interviews will be conducted the week of August 23, 2021, and August 30, 2021. Elections will be held by the Board of Directors at its annual meeting in October, date to be announced.

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GRAND MESA MOOSE DAY RETURNS *Enjoy a fun filled day on the Mesa!*

Special to the Mirror

GRAND VALLEY— The Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests, in cooperation with Colorado Parks and Wildlife, announce the 2021 Grand Mesa Moose Day. This free family event will take place July 31 at the Grand Mesa Visitor Center located off Highway 65 at 2009 Baron Lake Drive from 10 a.m. – 2 p.m.

Scheduled activities include outdoor moose displays, programs on moose viewing, a moose scavenger hunt, telemetry hike with a wildlife officer and activities for children and prizes. Visitors are encouraged to bring water, bug repellent and dress for cooler temperatures.

For more information contact the Grand Mesa Visitor Center at (970) 856-4153.

For information and updates on current fire restrictions, conditions, and recreation opportunities on the Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests visit the [forest website](#). Connect with us on social media ([Twitter](#) and [Facebook](#)).

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REGIONAL NEWS BRIEFS

CULVERT IMPROVEMENT BEGINS AUG. 2, US 550 RED MT. PASS

Special to the Mirror

OURAY & SAN JUAN COUNTIES — The Colorado Department of Transportation will begin work on the US 550 culvert repair project on August 2. The project is located in Ouray County, approximately 10 miles south of Ouray and just north of the Red Mountain Pass summit, from mileposts 80 to 81.5.

This project will benefit motorists by providing a safer highway when snow runoff and rainstorms occur. Improvements at two existing culvert sites will allow water to flow unobstructed under the roadway. This project will also improve existing parking/pullout areas for travelers along the pass.

The project will consist of removing and replacing culverts at various locations, as well as stabilizing steam banks and extending the existing parking/pullout area on the west side of the highway. Williams Construction Contractors of Norwood, Colorado has been selected for this project. Work is expected to begin the first week of August and be completed later this year, weather permitting.

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REGIONAL NEWS BRIEFS

COLORADO INDEPENDENT CONGRESSIONAL REDISTRICTING COMMISSION ANNOUNCES HEARINGS

Special to the Mirror

COLORADO-The Colorado Independent Congressional Redistricting Commission will hold at least three hearings in each of the seven current congressional districts by Aug. 11. This provides nonpartisan legislative staff time to receive public comments, redraw the maps using preliminary data, and have the drafts approved by Sept. 1, the current deadline for draft approval of the redistricting plans as outlined in the Colorado Constitution.

These hearings will provide Colorado residents the opportunity to testify about their communities and communicate directly with the Colorado Independent Congressional Redistricting Commissions. Coloradans have the opportunity to provide testimony in person and remotely at each hearing. The Colorado Independent Legislative Redistricting Commission will

not convene at the newly scheduled hearings. Its deadline to have drafts approved is Sept. 15.

Local hearings-

Montrose (CD 3)

11AM

Ute Indian Museum

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Grand Junction (CD 3)

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REGIONAL-Come join Wendy Fenner, President and CEO of Good Shepherd Ranch, and Professor Masami Nakagawa from Colorado School of Mines and his team at the Light House Eatery in Montrose, on Monday 8/2 at 5:30 pm, for an informative community meeting on local geothermal resource potential and testing to take place on Good Shepherd Ranch. The meeting will consist of presentations by Wendy and the Mines team and will be open for Q&A afterwards.



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IN THE AREA: 7.26.21-REGIONAL ROUNDUP

Durango

Durango-La Plata County Airport set a new record for travelers in a month during June at 41,847.

This number is up four percent (1,683 travelers) from the previous record in June 2019.

Grand Junction

Due to low water flows in the Colorado River, the River Park at Las Colonias has been blocked off with sand bags.

Individuals are still able to use the park however it changes the experience from a moving current to a standing pool.

Lake City

A mud slide cause Highway 149 north of Lake City to be closed on Friday near Red Bridge. The highway was opened on Saturday with one-lane alternating traffic with a pilot car while clearing operations were active.



The River Park at Las Colonias. Courtesy photo City of Grand Junction.



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COLORADO YURT BREAKS GROUND



Employees of Colorado Yurt gathered along the riverfront for a groundbreaking of their new facility Thursday. Photo by Paul Arbogast.

By Paul Arbogast, Mirror Publisher

MONTROSE-The employees of Colorado Yurt gathered along the riverfront for a groundbreaking of their new facility Thursday. They were joined by city council members, others who have partnered with them on the project, and those who will be building the new facility.

The facility will be 30 thousand square

feet, to allow room needed as the company continues to expand. It will also feature an outdoor area with teepees, yurts, and tents that they produce so potential clients can visit.

Owner John Gibson thanked all of those who have been part of this expansion, helping out along the way, ending his thanks with, "Most importantly, most of

the crowd here, by numbers, and by stature of impact, is all of the employees of Colorado Yurt Company. I don't get to spend time with them every day because I am doing my job and they are doing their job, but we would not be who we are without all the hard work that you guys do, and I am really excited to share this moment with you."

A black bear holding a smartphone, with a mountain landscape in the background. Text overlay reads: "Save a tree - Read the Mirror! THE MONTROSE MIRROR Your Source for Local Business News and Information Call For Ad Rates: 970-275-0646".

OPINION/EDITORIAL: LETTERS

LIES DON'T CHANGE THE FACTS OF JAN. 6

Editor:

I am writing regarding one of your frequent "Letter to the Editor" contributors, Mr. Ed Henrie. He thinks it is acceptable to attack any other opinion writer that he disagrees with, and to spew absolute nonsense and outright lies.

He has the audacity to blame Democrats for trying to destroy our country by accusing them of everything that the previous administration was guilty of. He merely parrots the limited and myopic worldviews of his disgraced hero and the right wing media. He apparently believes that what happened in Washington on January 6 was acceptable. Nonsense! Mr. Henrie, if a Democratic President would have done what Trump did on January 6, you would be the first person calling for his head.

Let me tell you what is destroying this country- blatant lies and the people who are willing to accept them and repeat them.

Ron Sobieck, Montrose

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- Farmers Market, Commercial Retail, and Restaurant-direct veggie supplies
- Farmers Market options this year grown in the field. The general public may shop at our Farmers Market starting this fall, Tues.-Sat.
- We have a small variety of seedlings for sale, however due to construction delays it will be next year before we will have large inventory of vegetable plants available for retail or sales of 4-pack seedlings and mature vegetable plants for sale to the home gardener.
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OUTSIDE THE BOX: WITH TWYLA RIGHTER

...WHAT IF THAT'S THE POINT?

By Twyla Righter

MONTROSE-A publisher friend of mine recently posted that maybe life isn't about avoiding the bruises, but about showing the scars. He got me thinking. I have married a safety third man. It's been a beautiful ride being married to him and I've definitely had the honor to live a life less ordinary because of it.

When we travel abroad there's never a photo of me with a fancy drink on an awesome beach. No, I wind up with a bloody scalp high on a cliff ledge where we cannot speak the language. If I showed you the photos and told you we had a great day, even on that day - you'd admit, it was an adventure!

I cannot say how much time I've spent with my heart in my throat as my kids have challenged themselves in ways that just unnerve me. Flips on balance beams, climbing the black canyon, racing dirt bikes. I hate every second, and this is the way I believe life should be lived. Big - full throated and fierce. No room here for the pearl clutching.

After a year of watching terror and fear mongering rule our lives I have come to accept that this world view is not the norm. Most people prefer safety and Netflix to risk. That's just the reality. Most people would rather be accepted by their peers than go against the flow. That's probably a good idea, with some sort of evolutionary-sociological imperative toward a sharing of resources perspective. But, as a person of faith I find it to be backward.

I spent the weekend with friends who have lost their son. They didn't lose him because of an accident or being too frivolous with life, they lost him to a disease that no one could have predicted or controlled.

This is the worst possible situation. Period. I don't care what you are facing, what you have gone through, nothing on earth

is worse than losing a child. Fight me on that. I don't think there's any half measure. You lose a child, you win the grief awards every single time.

They have the greatest reason on earth to live in fear, to tremble at what could happen. All day every single day could end in terror and they know this in the deepest, darkest, most unlivable reality. And make no mistake - they are broken and have had more absolute sorrow than you can imagine. This is not a happily ever after story.

One of the recent visits with my girlfriend we went horseback riding and she was taking the sketchy trails. The stuff I was too nervous to take. They take their kids snowboarding and hunting and rock climbing. They are still a safety third kind of family. Because at the end of the day life isn't just the goal to stay alive. It's not just to get to 90. As my publisher said, it's not to avoid the bruises it's to share the scars.

He's a publisher. He reads and publishes books. You don't want to read a book that is about a character who stayed really safe. "Once upon a time a beautiful princess did nothing much and nothing really happened and she lived a really long time. The end." That's not a book worth reading. The scars and pain and damage are unpleasant, but they are the meat of the story. They are the good part of the movie - the drama and excitement and on the edge of your seat oh my gosh what's going to happen, thrill of the narrative. They are the part your grandkids want to hear about.

Assuming (as a person of faith) that God is the author of life, I genuinely think that a book or movie analogy is a good one. This reality, this existence has purpose. We are supposed to be making this world a better place. If you get to the end and it's worse for you having been here you have a problem, and if it's better because



Twyla Righter. Courtesy photo.

you were here then we owe you some gratitude. Our country exists on the blood and sacrifice of young men (and women) who gave short lives to make it better. And those scars - those stories, are important and powerful and beautiful. Theirs are books worth reading.

Thomas Jefferson once said "Write something worth reading or do something worth writing." Maybe the journalists are right and I'm the crazy one... maybe living in constant chronic risk abatement is the superior way of existing. Maybe. But it's a terrible book.

It's a movie no one wants to see. There is danger on either side; a danger in the scars or bruises or even death that can come from big, bold, full living... and the danger of a life as a hunk of wagyu all marbled and hedonistic - good eating for the carnivores but incredibly boring. Scars are never fun when you get them, but, I truly believe - they are the point.



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Tuesday, August 10 - Friday, August 13

Montrose Pavilion, Montrose • 6:30 - 9:30 a.m.

Saturday, August 14

Montrose Pavilion, Montrose • 6:30 - 10:00 a.m.

Social distancing in effect at all events to help protect our Friends & Family

Registration required. No Walk-ins at Montrose Pavilion events except for Saturday, August 14 after 8:30 a.m.

SCREENINGS

HealthScreen (Chemistry) & Lipid Panel \$50

Hemoglobin A1C \$38

PSA for Prostate Health \$42

CBC (Complete Blood Count) \$25

Vitamin D \$45

Vitamin B12 \$45

Male Testosterone \$45

Advanced Lipid & Heart Health Panel \$85

hsCardioCRP \$40

• 12 hour fast required. Drink lots of water!

• We will NOT bill your insurance.

Cash, checks, credit, debit, HSA and FLEX cards all accepted!

• Next year's events will take place August 2022



REGIONAL NEWS BRIEFS

CITY SEEKING PLANNING COMMISSION APPLICANTS

Special to the Mirror

MONTROSE — The City of Montrose is accepting applications for an alternate member of the city's Planning Commission.

The Planning Commission evaluates matters related to planning and community development. Members serve at the pleasure of the City Council and are appointed for four-year, overlapping terms. The term for the alternate position expires on Dec. 31, 2024.

Planning Commissioners have a variety of backgrounds and experiences that contribute to making important decisions about the future of Montrose. Successful Planning Commissioners enjoy learning about land use, work well as part of a team, have a passion for the Montrose community, and are willing to prioritize what is best for the community over what is best individually. Experience in development, planning, and real estate is not required.

Alternate members attend all meetings, provide input on all topics, and vote in the absence or recusal of a regular voting member. All Planning Commissioners, including alternates, receive a stipend of \$40 per month.

Planning Commission meetings are held on the second and fourth Wednesdays of each month at 5 p.m. in the City Council Chambers.

Applications are available at City Hall (433 S. First Street), on the City of Montrose website, or by calling 970.240.1422. Applications and letters of interest must be submitted to the City Clerk by 6 p.m. on Thursday, August 12, 2021.

More information about the city's Planning Commission can be found [here](#).



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Featured Listing — Lot 2 TBD E 7th., Delta CO



This great lot is within Delta city limits and has 3 shares of irrigation water! It is in a great location, zoned R-3 and has great potential for future development. \$92,650



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Associate Broker
(970)318-1389
christinekersen5@gmail.com

MIRROR IMAGES: THE (MUSHROOM) HUNT IS ON!



Wild mushroom photos by B. Switzer

Clockwise from bottom left are Bolete; Amanita Muscaria; Boletes; Sarcodon Imbricatum aka Hawks Wing.

GORGEOUS 360-DEGREE VIEWS SET THE STAGE FOR THIS REMARKABLE HOME.
Stunning modern styling meets a relaxing spa-like atmosphere with exquisite finishes.



69220 Orion Trail
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5 Beds/5 Baths • 3,889 Sq. Ft.

\$999,000

The kitchen boasts hidden gems beloved by any foodie, and the master suite has a lovely soaking tub with enormous surrounding windows and lush pebble draining floor. To top off the experience, if the luxurious bath surrounded by mountains didn't get you close enough to nature, the outdoor shower surely will. A huge over-sized 3-car garage complete with a CrossFit-style gym is ready for the fitness buff, or it can easily be outfitted for the car aficionado or tinkerer. There's an alcove dedicated to fine whiskeys and cigars, while a great room boasts a through-and-through fireplace with floor-to-ceiling bookshelves just begging the avid reader to curl up with a great book, a fine tea, and miles of mountain views to bathe your soul. Situated on the apex of a hill surrounded by 35 acres, you are assured that the huge open vistas cannot ever be blocked. With shares of irrigation water, a lush garden, orchards, or fields could be cultivated. To top off this expansive home with its large ensuite bedrooms, walk-in closets, and open floor plan, you will find the authentic 1800's cabin which has been painstakingly relocated to the property nearby. A gorgeous space for an artist retreat or mother-in-law studio. This serene and artfully appointed home is a rare find in one of the most desirable communities in Western Colorado, and is located just minutes from downtown Montrose. If you want all the beauty and joy of rural mountain living, with luxury and excellence to come home to, just a short drive from modern conveniences and surrounded by exclusive resort communities..then this is your home.



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THE
MONTROSE MIRROR

Your Source for Local Business News and Information

BOCC APPROVES JON WASCHBUSCH AS MONTROSE COUNTY MANAGER

From pg 1

This year's Root to Tip Dinner is new and takes place on Friday, July 30, at the Montrose County Event Center, she said. "...It's basically a dinner that is being prepared from all local ingredients.

"So, it's really celebrating our local producers," Sanchez said, adding that there will be beverage pairings to complement the menu. There will be a keynote by The Whiskey Sisters. The meal will be served family style, all ingredients are local sourced. Tickets are available online, she said.

"I have my tickets," Hansen said, as she handed BOCC Vice Chair Keith Caddy his cowboy hat, "And Keith's a walking advertisement for the Rodeo."

Said Caddy, "I'm here; I'm dressed for the Fair & Rodeo."

"You all know I've got to get my jab in," Commissioner Roger Rash said. "Can we send a couple of complimentary tickets to the Governor?"

Next to speak was Wally Smith. "...I'm talking at myself to as much as anything, the person that I look in the Mirror. I left a book with you people, the *American Covenant*, I hope each and every one of you get the chance to read it, it tells us how can we go on without knowing how we came from the past...it's about the founding of our country, the pilgrims, and the covenant was not with America it was with God. And all through our constitution it talks about that. It's not easy to do what's right. It's tough, especially when there's lots of money involved.

"When I was in the service I swore to give my life for my country, the constitution," Smith said. "I have a grandson right now in the middle of the desert defending our country; his orders are to kill people who have a lot of the same ideologies presenting in the White House and in some people in Congress. It's sad. It's sad."

When the Constitution is skirted in law-making, it amounts to war on the United States, Smith said.

"It's treason, and if a judge goes along

with it, it's treason...right now everybody in town has a sign up, help wanted. Why aren't they going to work? 'Cause the government's giving 'em free money. I think... each and every one of us has to soul search and say hold it. Is money our God? It's not easy...we have to change or else we'll have nothing left, and it's going quick."

Commissioner Roger Rash thanked Smith for his service and for his grandson's service.

Caddy shared some upcoming events from the Montrose County Fair & Rodeo. "Next week we're going to showcase the ag industry in Montrose...please come out and join us...there's a lot of neat things out there at the Fair."

INTERIM COUNTY MANAGER

Interim County Manager Jon Waschbusch had no changes to the meeting agenda.

CONSENT AGENDA

Consent Agenda items were accepted unanimously.

GENERAL BUSINESS & ADMINISTRATIVE ITEMS

County Engineer Keith Laube presented for possible approval the [purchase](#) of 120 acres located at 6216 5700 Road in Olathe from Mardy and Kent Thompson in the total amount of \$1,100,000. The property is located west of the Neal gravel pit, and the county will pursue permitting the property as a gravel pit. This property will provide a gravel source for the County after the gravel on the Neal property is exhausted. Commissioners voted to approve the purchase. "Everybody in this community knows how important gravel is," Hansen said. "Everybody could use some."

The BOCC approved a [Deed of Easement](#) for County use of land owned by Neal Fruit Company. The easement will allow the County to access the Thompson property via 5750 Road for future gravel mining. Also approved was a [lease agreement](#) with Mardy and Kent Thompson for property located at 6216 5700 Road, Olathe.

The term of lease is from the date of closing to April 1, 2022.

Assistant County Attorney Julie Address presented for BOCC consideration and approval an Employment Agreement for the County Manager position.

"There are certain procedural requirements under the Colorado Sunshine Law; those have been met in this case. Proper notice has been provided and the time has elapsed, so the Board can consider this contract," Address said.

Hansen recognized Meghan Waschbusch in the audience and discussed the importance of the County Manager role to Montrose County. "As you can imagine, this is a critical function for the entire community...the job is a challenge."

In addition to serving at the pleasure of and managing the BOCC, the County Manager must "manage, coach and lead 11 separate division directors, half a dozen separate ancillary divisions, connect with and work with five elected officials, all while carrying out the vision set by the Board of County Commissioners...without a doubt, we have the right person for this job," Hansen said.

Waschbusch said, "Thank you for the kind words. First, my thanks to each of you for allowing me the opportunity, and for the work that you do. I get to see firsthand every day the pressure on a County Commissioner. I respect the office and the effort that you put into it.

"I recognize the significance of the decision for the Board, and I want you to know that I will always give full faith and attention to the business of the County."

Montrose County has an excellent staff and is well positioned right now, he said. He thanked all with whom he has worked, and his wife Meghan.

Commissioners voted to extend the employment agreement to Waschbusch.

"Welcome aboard," Caddy said, and thanked outgoing County Manager Ken Norris, who will now serve as director of facilities and construction management,

BOCC APPROVES JON WASCHBUSCH AS COUNTY MANAGER from previous pg

for his work.

Commissioner Rash noted that County leadership is a team effort. "...It's the staff and the team members of the staff that makes this thing happen, and we're just up here reviewing their work, and voting on it yay or nay...I am so proud to be a part of this, congratulations Jon...Ken, thank you so much for your service."

PLANNING & DEVELOPMENT

County planning & development Director Steve White presented a resolution [amending the Montrose County Subdivision Regulations](#). He discussed changes in detail; the amendments have been approved by the Planning Commission. Hansen asked that greater efforts be made to notify the public of hearings and public meetings. "I want to make sure that we are reaching out to people. I'd rather hear the arguments up front than hear it behind after we've done the work."

Rash expressed a concern that the document posted online did not appear to contain all changes. "What we posted doesn't appear to be what we're voting on."

Following further discussion, Rash moved to continue the public hearing until the meeting in Nucla on July 28.

Planner Tallmadge Richmond presented a [proposed special use permit](#) to develop a Manufactured Home Park at Parcel: 376719100003, LaSalle Road & Marine

Road. At full build-out there will be 186 sites in the manufactured home park, but development will take a phased approach, Richmond said.

"There won't be 186 homes plopped down within a week."

Developer Matt Miles was present to discuss the project with commissioners. Following some questions and discussion, Commissioner Rash asked to postpone the item. "Would it impact you greatly if we postpone this for our next meeting here in Montrose? ...That's a lot of detail in your drawings...I was not able to really vet those properly because I didn't have hard copies...what I would like to do...is to push this...to our next board meeting so I could have our staff print up 11X17 drawings so I could really look at this and get a feel for what's going on."

Said Miles, "Well, you're a county commissioner and we can certainly set it back a month. That said, we're fast tracking this. As soon as that barley is off those fields we're gonna be in there with smoke rollin'. Those detailed drawings have been reviewed by Mr. Laube."

County staff has bent over backward to keep the project on schedule, Miles said. "There is a need for this type of housing in the community. River Meadows has been 100-percent full for 26 months."

Rash reiterated the need for additional

time to review; Caddy suggested that the item be moved to the Nucla meeting, rather than waiting until the next Montrose meeting, to stay on schedule.

"...I would be ready to move on this right now," Hansen said. "We have our professionals that have reviewed it, we have other professionals that have reviewed it, but if you feel like you want to do that, I would be ok with that too."

"I would be more comfortable if I had some time to get 11X17 drawings to be able to review this and really vet it and make sure that it works," Rash said. "...As a county commissioner it's my responsibility when I vote on something that I know what I'm voting on." He apologized for the delay. The project meets and exceeds the code requirements for a manufactured home community, Miles said.

Commissioners rescheduled the special use permit for the Nucla meeting on July 28. Hansen closed the public hearing.

In other business, Commissioners voted to approve the Twin Pine North Minor Subdivision [MI21-013] proposal to divide three lots from a 99-acre parcel at Parcel: 376534101002, 6000 Road & Spring Creek Road. The BOCC entered Executive Session for legal advice and direction for negotiations pertaining to the airport. Following the executive session the meeting was adjourned.

MONTROSE MEMORIAL HOSPITAL

Welcomes



Andrew M. Hersh, MD

Pulmonologist, Board Certified

Medical School

University of Colorado School of Medicine, Aurora, CO

Internship/Residency

University of California Davis, Sacramento, CA (Internal Medicine)

Fellowship

University of Utah, Salt Lake City, UT (Pulmonary & Critical Care Medicine)

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REGIONAL NEWS BRIEFS

FIRE RESTRICTIONS LIFTED IN PART OF MONTROSE COUNTY

Special to the Mirror

MONTROSE-Sheriff Gene Lillard has removed fire restrictions effective Friday for the east side of Montrose County. The West End of Montrose County will remain in Stage 1 fire restrictions until further notice. The boundary of land that remains in fire restrictions will include from the Forest Service West to the Utah state line encompassing Nucla, Naturita, Paradox, Bedrock, and Redvale. The decision was based on fuel moisture measurements in vegetation, predicated weather, and the amount of current fire activity across the county. Residents and visitors are encour-

aged to use caution when burning.

"Even though fire restrictions have been lifted in part of the county, I am strongly urging community members to use caution when burning.

Please make sure to have water and shovels readily available when burning and always call dispatch at 970-249-9110 before burning," said Sheriff Lillard. "This year continues to be a challenge for firefighters and firefighting resources across the nation and I want the public to be mindful of limited resources available due to major fires in both Colorado and the western U.S."

The decision was made alongside partner agencies including federal lands, weather partners, and surrounding counties in order to avoid confusion when recreating in the region.

Again, the lifting of restrictions affects only the east end of unincorporated Montrose County, and now allows residents to burn as necessary. Please know before you go and visit westslopefireinfo.com for information on restrictions in surrounding areas and the latest fire-related information. To learn more about campfire safety, please visit www.smokeybear.com.

GMUG RESCINDS STAGE 1 FIRE RESTRICTIONS

Special to the Mirror

DELTA — As of July 22, 2021, Stage I Fire Restrictions are rescinded for the entirety of the Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests. Recent rains over much of the forest have increased fuel moisture and lessened, but not eliminated, the threat of wildland fire danger, allowing restrictions to be lifted. This means campfires will be allowed outside of established campgrounds and recreation sites. Federal and county public lands surrounding the GMUG may remain under fire restrictions, please consult with the appropriate land managers before engaging in any activities that may violate these restrictions. For more fire-related information on Colorado's Western Slope please visit: <http://www.WestSlopeFireInfo.com/>.

"We appreciate the public's cooperation and understanding during the current Stage I restrictions that have been in place since June 24," said Deputy Forest Supervisor Tony Edwards. "I would like to remind everyone that each of us has an important part in preventing wildfires.

Please use good judgement while recreating and remember we all have a reason to care for our public lands. Enjoy your time on the GMUG." It is also possible, Edwards added that the GMUG will need to return to restrictions if conditions dry out later in the season.

Although fire restrictions are lifting, fire managers would like to remind visitors and users of the GMUG to continue to be attentive of their actions and surroundings, especially in areas with dry vegetation or dead/down trees. Practice smart wildfire prevention behavior including never leaving a campfire unattended, using established campfire rings, picking safe and proper campfire sites and ensuring that their fires are completely out and cool to the touch by using the drown, stir and feel methods. Even an accidental fire start can result in the individual being held responsible including fines and/or jail time. Visit One Less Spark (<http://www.readyforwildfire.org/Prevent-Wildfire/>) for more great tips on how to prevent wildfire. To learn more about campfire safety visit

www.smokeybear.com.

For up-to-date general information on the Grand Mesa, Uncompahgre and Gunnison National Forests please contact the appropriate office listed below:

- Forest Supervisor's Office – Delta – (970) 874-6600
- Grand Valley Ranger District – Grand Junction – (970) 242-8211
- Ouray Ranger District – Montrose – (970) 240-5300
- Gunnison Ranger District – Gunnison – (970) 641-0471
- Norwood Ranger District – Norwood – (970) 327-4261
- Paonia Ranger District – Paonia – (970) 527-4131

For information and updates on current fire restrictions, conditions and recreation opportunities on the Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests, call (970) 874-6602, visit the GMUG [forest website](http://forest.slopefireinfo.com) or follow us on social media ([Twitter](https://twitter.com/WestSlopeFire) and [Facebook](https://facebook.com/WestSlopeFire)). For more fire-related information on Colorado's Western Slope visit [West Slope Fire Info website](http://WestSlopeFireInfo.com).

CITY WELCOMES FOUR NEW EMPLOYEES, HEARS MOBILE HOME PARK PRESENTATION

By Caitlin Switzer

MONTROSE-Montrose City Council convened for a [work session](#) on Monday, July 19. All councilors were present as well as City Manager Bill Bell. Mayor Doug Glaspell welcomed everyone to the work session, which began with the introduction of four new City employees.

INTRODUCTION OF NEW EMPLOYEES

Joining the City team are:

- Customer Service Technician Bryna Kent;
- Pre Academy Police Officer Recruit Bridget Clarkson;
- Street Division Worker Tyler Mahan; and
- Street Division Worker Ryan Webb.

Kent said that she learned of the job through her husband, a Montrose Police Officer. Originally from Boise, Kent grew up in Grand Junction. She spent a year studying at the University of Colorado in Boulder and has now been in Montrose for more than two years. Kent said she is drawn to customer service work and to engaging with the community. "Overall I am glad to be here, and I love what the Western Slope has to bring for an outdoor lifestyle."

Mayor Glaspell said, "Welcome, and we won't hold it against that you spent time in Boulder."

Clarkson is the first pre-academy recruit employed at the Montrose Police Department. She is originally from Grand Junction but grew up in Montrose. Clarkson spent time in the military, went to college in Detroit, and returned to Montrose to raise her daughter. She previously worked at the Montrose Regional Dispatch Center, and most recently spent three years with the Grand Junction Police Department and Dispatch. "...I love this community, obviously I keep coming back," Clarkson said. "I am excited for this opportunity, and this pre-academy trial phase has been fantastic...I am really excited to be here."

"Welcome, and thank you for your time," Mayor Glaspell said.

Both Mahan and Webb are new Streets Division workers.

Mahan was born and raised in Colona. "I am really excited I get to work in my com-



At the work session on July 19, the City welcomed new staff members (L to R) Street Division Workers Ryan Webb and Tyler Mahan, as well as Customer Service Technician Bryna Kent and Pre Academy Police Officer Recruit Bridget Clarkson.

munity...before this I did a lot of construction remodels," he said. "I am just really thankful for the opportunity to work here."

Webb was born and raised in Montrose and graduated high school here. He has spent 12 years in retail, most recently in Wisconsin. "It's way too flat for my liking," he said. "...Definitely happy to be here, it's a pleasure, I appreciate it."

"Thank you, welcome guys," Glaspell said.

MOBILE HOME PARK PERMIT APPLICATIONS/PROPOSED CITY FINANCIAL CONTRIBUTION

Assistant City Manager Ann Morgenthaler presented information on three mobile home park permit applications and a proposed city contribution.

Morgenthaler has been working with developer Rich Dana, who is proposing significant improvements to some of Montrose's most blighted neighborhoods, the Cottonwood, San Juan, and Green Acres mobile home parks.

Permits are required for the parks, which

existed prior to the City's permitting process. In the past, potential purchasers have walked away after seeing the scope of the needed improvements, Morgenthaler said.

The mobile home parks as they exist today constitute an attractive nuisance. The City Planning Commission has reviewed the proposal and has recommended approval of the permit applications.

Developer Rich Dana was present to talk about the project and answer questions. The parks are under contract and scheduled to close in just over a month.

Dana said that he is from Boulder but his wife has ties to Montrose.

He would like the option to include tiny homes as well as mobile homes.

Mayor Pro Tem Dave Frank said that the project will improve the quality of life for City residents, and he would like to see the city perhaps take a more expansive role if funding is available.

"I think this is a noteworthy and a worthy project for us to be involved with," Frank

Continued next pg

CITY WELCOMES FOUR NEW EMPLOYEES, HEARS MOBILE HOME PARK PRESENTATION From previous pg

said. "It really ticks boxes on our providing and aiding in affordable housing for Montrose."

Councilor Barbara Bynum asked if there are opportunities for the city to provide in-kind assistance, and Morgenthaler said that she would explore in-kind opportunities.

Background—According to the Council packet, the permit applications will come before Council for approval on Aug. 3. The 15.57-acre Cottonwood Mobile Home Park is located at 1601 Locust Road. The 4.54-acre San Juan Mobile Home Park is located at 221 South San Juan Avenue.

The 3.71-acre Green Acres Mobile Home Park is located at 131 South San Juan Avenue.

The applicant intends to repair, rebuild, replace, and reconfigure the parks, including but not limited to removing 44 uninhabitable mobile homes, widening roads to allow greater accessibility to emergency vehicles, installing fire hydrants and streetlights, rehabilitating park spaces, caring for overgrown trees, and installing new water and sewer lines in all three parks. Bids for tree trimming/removal are already being accepted. The anticipated cost of the proposed improvements is \$4,187,397. The applicant is requesting City support in the amount of \$250,000. Additional details are included in the [work session packet](#). Existing lot rentals will remain stable for two years under the terms of the proposal.

RIVERBEND RV PARK ADDITION II AND RIGHT OF WAY EXCHANGE

Planner I William Reis presented information on the Riverbend RV Park Addition.

Background—A memo prepared by Senior Planner Amy Sharp states, "The Riverbend RV Park Addition II is a proposed annexation approximately 0.26 acres in size. The parcel is located east of Chipeta Rd, west of the Uncompahgre River, and north of Chipeta Lake. It is within the City's Urban

Growth Boundary, the Chipeta Water Service Area, and the City of Montrose Sewer Service Area. Annexation of this property will clean up an orphaned strip of land not annexed into the City in 2009 with the parent parcel. All land on all sides of this strip is already within City limits. An Annexation Agreement will not be required. This property is adjacent to the river and the existing trail network. Annexation will allow the owner to include this strip of land into an overall consolidation of the RV Park property. A replat is planned to include this property and several other parcels into one new consolidated parcel. Access from the consolidated parcels to the City's trail system will allow persons visiting the RV Park a direct pedestrian and bike connection to City parks and retail/commercial areas."

City Engineer Scott Murphy presented information on a [Memorandum of Understanding](#) detailing the Riverbend RV Park right-of-way (ROW) exchange, which would vacate upland portions of the Uncompahgre River ROW above the Ordinary High-Water Mark in exchange for the approximate ROW needed for a trail connection along Old Chipeta Trail.

Council discussed a four-year renewal of the lease and sublease agreement for the former Brown Center Building at 3325 North Townsend Avenue, which is used as a dormitory by Lessee Tuxedo Corn during the growing season and subleased to the Montrose Lighthouse Shelter as emergency shelter in winter months.

Mayor Glaspell questioned whether the city could ask that the sublessee provide guests with educational opportunities or mental health assistance; City Manager Bill Bell said that for the sublessee to offer "wraparound" services, rather than just shelter, would be preferable.

Community Engagement Specialist Ross Valdez presented a possible resolution allocating the City's Private Activity Bonds to the Colorado Housing & Finance Au-

thority (CHFA) as has been done in the past.

Background—A memo prepared by Valdez states, "The IRS allocates a per capita bonding authority annually for housing to each state, also known as PAB Volume Capacity (Cap). Colorado in turn allocates this authority to statewide authorities and local governments.

In 2020 the allocation for the City of Montrose was \$1,030,342. In 2021, the allocation for the City of Montrose is \$1,091,612. For the past three years, the City of Montrose has assigned our allocation of PAB to the Colorado Housing and Finance Authority (CHFA), and CHFA in turn puts the PAB to use in our community. The City of Montrose has not desired to issue bonds directly, as there is risk and administrative burden in doing so. Allocating the PAB directly to CHFA allows our community to benefit from the PAB allocation without the City directly issuing bonds. In 2020, CHFA worked with the City of Montrose to use the City's PAB allocation to support Steele Properties, LLC's rehabilitation of San Juan Apartments, which serves Senior (62+ years old) Section 8 and residents with disabilities.

City staff again this year recommends that City Council consider assigning our PAB allocation to CHFA, and request that CHFA use the PAB if there is the opportunity to support first time home ownership investment, a multifamily affordable housing project, and/or use the PAB allocation to support CHFA's homeownership program known as FirstStep.

If the City Council allocates PAB to CHFA, CHFA will ensure that the funding is used within the City of Montrose to benefit our community.

VICTIM ASSISTANCE LAW ENFORCEMENT (VALE) GRANT APPLICATION

Police Chief Blaine Hall discussed the annual VALE grant application in the amount of \$28K, which covers a portion of the Victim Advocate's salary.



WELCOME TO THE MONTROSE COUNTY FAIR & RODEO:

- Keep an eye on social media for updates
- Do not bring your pets
- Grab a snack at one of the food vendors
- See detailed descriptions of events

SATURDAY, JULY 24

8am Jr. Working Ranch Horse Show & Gymkhana (Event Center Arena)

2pm My Little Pony (Event Center Indoor Arena)

BROWN BAG LUNCH & LEARN SERIES

Now at the Event Center!

TOPICS INCLUDE:
WEED CONTROL
SOIL HEALTH
FREEZER JAMS
SMALL ACREAGE & FARMS

pick up lunch from a food vendor prior to attending!

SUNDAY, JULY 25

8am Jr. Horse Show (Event Center Arena)

8am Vendor Setup (Friendship Hall)

9am Wild Mustang Burro Show (Outdoor Arena)

9am - 2pm Open Show Entries & Mutton Bustin Entries (Event Center Lobby)

6pm Wild Mustang Burro Show (Outdoor Arena)

MONDAY, JULY 26

9am - 6pm Open Show Entries & Mutton Bustin Entries (Event Center Lobby)

3pm Chicken Little Show (Show Ring)

3pm Jr. Poultry Show (Show Ring)

6pm Parade (Main Street)

MONTROSE COUNTY FAIR PARADE

"THIS IS OUR COUNTRY"

Monday, July 26 - 6pm

BEST OVERALL - \$100
BEST YOUTH - \$100

Entries taken from 4:45pm to 5:45pm on Monday, July 26 at the Cattlewomen's Pavilion.

PRESENTED BY: MEGAN WILSON

TUESDAY, JULY 27

7am-10am Open Show Flower & Food Entry Drop Off (Event Center Lobby)

8am Royalty Horsemanship (Outdoor Arena)

8:30am Peter Rabbit Show (Show Ring)

9am Jr. Rabbit Show (Show Ring)

11:30am Puppy Pals (Event Center Arena)

12pm Kids Reading & Craft (Friendship Hall Stage)

12pm Brown Bag Lunch & Learn - Invasive Weed Control at Home with Justin Musser and Montrose County Ecological Services (Event Center Room 1)

1:30pm Jr. Dog Show (Event Center Arena)

6pm US Tractor Kiddie Tractor Pull (Show Ring)

SCHEDULE

MONTROSECOUNTYFAIRANDRODEO.COM

KIDDIE TRACTOR PULL

TUESDAY, JULY 27 AT 6PM
SHOW RING

AGES:
3-6 YEARS OLD
7-8 YEARS OLD
9-11 YEARS OLD

Entries taken at 5:45pm in the Show Ring on July 27

WEDNESDAY, JULY 28

8:30am Kids with Kids (Show Ring)

9am Jr. Goat Show (Show Ring)

12pm Brown Bag Lunch & Learn - Soil Health with Shavano Conservation District (Event Center Room 1)

1pm Royalty Modeling (Friendship Hall Stage)

3pm Fashion Revue (Friendship Hall Stage)

4:30pm This Little Pig (Show Ring)

5pm Jr. Swine Show (Show Ring)

7pm Antique Tractor Pull (Outdoor Arena)

MUTTON BUSTIN

FRIDAY, JULY 30 & SATURDAY, JULY 31 AT 6:30PM

Enter at the Event Center

SUNDAY, JULY 25 9AM TO 2PM
MONDAY, JULY 26 9AM TO 6PM

Limited to the first 10 entries for each night.

THURSDAY, JULY 29

8:30am Merry Little Lamb (Show Ring)

9am Jr. Sheep Show (Show Ring)

9am Wild Mustang Show (Event Center Arena)

12pm Brown Bag Lunch & Learn - Freezer Jams (Event Center Room 1)

1pm Barn Tours (Friendship Hall Stage)

3:30pm Ferdinand & Friends Show (Show Ring)

4pm Jr. Beef & Dairy Show (Show Ring)

5pm - 8pm Carriage Rides (Front of the Event Center)

6pm Wild Mustang Main Performance (Event Center Arena)

OPEN SHOW

ENTRIES:
SUNDAY, JULY 25 - 9AM TO 2PM
MONDAY, JULY 26 - 9AM TO 6PM

Now at the Event Center! **\$1 PER ENTRY**

MONTROSE COUNTY

ROOT TO TIP

FRIDAY, JULY 30 AT 6PM
MONTROSE COUNTY EVENT CENTER

3 Course Meal - Live Music
Local Beverage Tasting - Keynote Speaker

TICKETS AVAILABLE AT
MONTROSECOUNTYFAIRANDRODEO.COM

FRIDAY, JULY 30

9am Small Animal Round Robin (Show Ring)

10:30am Large Animal Round Robin (Show Ring)

12pm Kids Reading & Craft (Friendship Hall Stage)

12pm Brown Bag Lunch and Learn - Small Farm, Small Acreage Meet & Greet (Event Center Room 1)

12:30pm No Limits Swine Show (Show Ring)

1pm Barn Tour (Friendship Hall Stage)

4pm Black Canyon 4H Pig Scramble (Show Ring)

6pm Root To Tip Dinner (Event Center Arena)

\$65 per ticket. Tickets available to purchase at montrosecountyfairandrodeo.com

6:30pm Mutton Bustin (Outdoor Arena)

7pm Royalty Presentation (Outdoor Arena)

7:30pm Buck It Bull Riding (Outdoor Arena)

\$12 for Adults, \$7 for Kids 12 and under.

Available at the gate

BULL RIDING

FRIDAY, JULY 30 AT 7:30PM

*\$12 Adults
\$7 Kids*

BUCK IT

Sold at the Gate

SATURDAY, JULY 31

8am Rodeo Slack (Outdoor Arena)

11am Jr. Livestock Auction Buyers Lunch (Event Center Indoor Arena)

1pm Jr. Livestock Auction (Event Center Arena)

6:30pm Mutton Bustin (Outdoor Arena)

7pm San Juan Sparkles & Spurs Performance (Outdoor Arena)

7:15pm Crowning of Royalty (Outdoor Arena)

7:30pm CPRA Rodeo (Outdoor Arena)

\$12 for Adults - \$7 for Kids 12 and under tickets available for purchase at the gate.

9pm 4H & FFA Participant Dance (Friendship Hall)

CITY APPROVES UPDATES TO YOUTH COUNCIL MANUAL From pg 1

noting that new markings essentially allow non-attentive northbound traffic to take up three lanes. "...I've personally observed three lanes northbound during busy times...what's going to happen sooner or later without obvious markings...there's going to be somebody making a turn from Chipeta to go northbound in their appropriate lane, and they get slammed by one of three vehicles going northbound at that intersection...it's only a matter of time."

White expressed admiration for council and staff.

APPROVAL OF MINUTES

Council voted to approve the minutes of the July 6, 2021 special meeting and July 6, 2021 regular City Council meeting.

RESOLUTION 2021-11

As previously discussed in work session, council voted to approve Resolution 2021-11, for the filing of a grant application with the History Colorado State Historical Fund to fund rehabilitation of the Montrose Potato Growers Association building and directing the City Manager and City staff to perform all steps necessary to execute the grant agreement with History Colorado State Historical Fund and enter into an agreement with High Oasis, LLC upon a grant award.

City of Montrose Community Program Manager Kendall Cramer said that the grant process is highly competitive, with a response anticipated by Fall. Cramer will provide grant administration services per established practice.

Applicant David Fishing said, "You guys already know, Kendall's awesome. But to reiterate, he's awesome...we're on the home stretch here." Fishing thanked the city for acting as a pass-through for state grant funds, and noted that as applicant he will be paying a 50 percent match toward any grant award received.

YOUTH CITY COUNCIL MANUAL UPDATE

Youth Council Coordinators Mikayla Unruh and Kailey Rhoten presented the updated City Youth Council Manual and the new rubric that will be used for assessment. The rubric includes the City's core beliefs and smart goals. Youth Council Officer roles will now include separate communication and marketing positions. Scholar-



Police Chief Blaine Hall presented information on an effort by the Region 10 League for Economic Assistance & Planning (Region10) focused on seniors who are having issues with weeds and code enforcement.

ship offerings will be updated to a sliding scale to encourage active involvement, and an evaluation procedure for students will be implemented.

Councilor J. David Reed thanked Unruh and Rhoten for their efforts. "You've done an outstanding job."

Council voted to approve updates to the Youth Council Manual.

ORDINANCE 2546-SECOND READING

As discussed previously in work session and on First Reading, Assistant City Attorney Matt Magliaro presented Ordinance 2546 on second reading, repealing Title 6 Chapter 1 Section 19 (6-1-19) only, regarding false identification.

Council voted unanimously to adopt Ordinance 2546 on Second Reading.

ORDINANCE 2547-SECOND READING

Council voted to approve Ordinance 2547 on Second Reading, designating the Denver & Rio Grande Depot, 21 N Rio Grande Avenue, as a City of Montrose Historic Property. Planner I William Reis presented the Ordinance, which was discussed previously in work session and on First reading.

ORDINANCE 2548-FIRST READING

Reis presented Ordinance 2548 on First Reading, vacating a portion of Orchard

Road within the City of Montrose, and after a brief public hearing Council voted to approve.

Background- A memo from Senior Planner Amy Sharp notes that the proposed vacation is located along Orchard Road in the Waterfall Canyon Subdivision and includes approximately 1.70 acres. In 1891 a 30' wide future Orchard Road ROW between Sunset Mesa and Happy Canyon Creek was dedicated as part of the Orchard Plat.

The extreme western portion of that dedication continued to be farmed until the Waterfall Canyon Subdivision was approved for construction in 2006.

The approved subdivision of the Waterfall Canyon project proposed that this old Orchard Road ROW would become the following:

-The extreme western portion (~1250') will be included in a new Orchard Drive (widened to a 50' ROW) and an open space tract centered on Happy Canyon Creek;

-The center portion (~850') will be included in a new 5.16 acre City Park (Tract N);

-The eastern portion (~400') will be included in two small HOA managed open space tracts totaling 0.22 acres.

CITY APPROVES UPDATES TO YOUTH COUNCIL MANUAL

From previous pg

The original Waterfall Canyon Preliminary Plat was renewed in 2012 and again in 2017, with another planned renewal later this year. This Orchard Road ROW Vacation is necessary to allow Final Platting (creation of new residential lots, dedication of new City streets and parks, and creation of HOA Tracts) for the final plat for Waterfall Canyon Filing #5 planned later this summer.

CERISE PARK WATERLINE BORE CONTRACT AWARD

City Engineer Scott Murphy presented information on the Cerise Park Waterline bore. Murphy spoke by Zoom, holding and feeding the newest member of his family. "I got double-booked tonight," he said, and reviewed information about the contract award, which was also presented in work session.

Background-A memo from Murphy to Council states, "The City of Montrose utility department has been working over the past two years to construct a waterline connection from the intersection of Shanes Way/Chipeta Drive, through Cerise Park, across the Uncompahgre River, and connecting to existing water mains in River-bottom Park.

This line provides an additional redundant connection point across the Uncompahgre River (currently the City's water system

only has three river crossings on the system) and also provides water service to the new amphitheater.

The City's in-house utility crews have completed all reaches of the waterline within Cerise Park and up to the Uncompahgre River. All that remains is the final connection across the river which requires the use of a directionally-drilled bore using specialty boring contractors."

Council voted unanimously to approve the award of a contract to Ridgway Valley Enterprises in the amount of \$211,200 for construction of the Cerise Park Waterline River Bore Project.

STAFF REPORTS

City Finance Director Shani Wittenberg presented the Sales, use and Excise tax report. More funds were collected through May than were budgeted for. Wittenberg said that she believes the "amazing" 129.1 percent increase in excise taxes can be attributed to Coloradoans taking staycations.

"Montrose is a great place to do that...it really proves that there are people in in our state and other states driving and staying here, and doing all the wonderful things we have in our backyard," she said.

"It's very heartening to see that rebound on the restaurants and hotels," Mayor Pro Tem Dave Frank said.

Police Chief Blaine Hall presented information on an effort by the Region 10 League for Economic Assistance & Planning (Region10) focused on seniors who are having issues with weeds and code enforcement. The City's Code Enforcement Officer came under scrutiny several months ago after pepper spraying a 71-year-old City resident over a weed dispute.

"Currently we're working through an IGA with Region 10 to potentially trade services," Hall said. "Along with Region 10 creating a brochure that our code enforcement officer will be able to hand out, not just to seniors but to anyone she may come in contact with."

Region 10 serves six-counties including Montrose, Delta, Ouray, San Miguel, Hinsdale, and Gunnison.

Those interested in learning more can contact Region 10's Eva Veitch at 970-249-2436, Hall said.

Said Frank, "I think this is one of those silver-lining kind of things, because the episode that triggered this, while very unfortunate, may actually have a positive spin on things."

Region 10 is a really great local resource for a lot of things, Frank said.

With no further business, the meeting was adjourned.



ANONYMOUS

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**MONTROSE REGIONAL
CRIME STOPPERS**

see something, say something

REGIONAL NEWS BRIEFS

WASCHBUSCH APPOINTED MONTROSE COUNTY MANAGER

Special to the Mirror

MONTROSE— Following the conclusion of the statutorily mandated process, the board of county commissioners approved a contract for the position of Montrose County Manager with current Interim County Manager Jon Waschbusch. In a 3-0 vote by the board, Waschbusch was praised for his dedication to the county and accomplishments thus far in 16 years as a county employee.

"Without a doubt we have the right person for this job," said Commissioner Sue Hansen. "During his tenure with the county, he continued to seek new challenges, challenge others and bring new vision to the county that sets us up for a bright future. I am proud to endorse Jon Waschbusch as our new county manager."

"My thanks to the board for allowing me the opportunity," said Waschbusch in today's board meeting. "We are in a very good position right now. We have an outstanding professional staff who have the dedication to public service and that

makes it a team that I'm proud to be a part of. We have great community partners—both public and private—that make this a great community to be a part of. There's 138 years of history in this county that show that when everyone gets a vision and is on the same page that we are capable of pretty much anything and I believe that holds true today."

Mr. Waschbusch previously served as the Interim County Manager for Montrose County as well the Director of the Government Affairs and Natural Resources Division.

Jon's direct supervisory responsibilities have included Public Health, Planning & Development, IT, Veterans' Services, Ecological Services, and GIS. In addition to his supervisory responsibilities, he provides executive leadership assistance to the Board of County Commissioners and organization as a whole.

Areas of emphasis include strategic initiatives, project management, and long range planning and operational efficiency.

Jon was the project lead for the creation of the Rimrocker Trail from Montrose to Moab, Utah.

Mr. Waschbusch holds a bachelor's degree in public planning from Northern Arizona University and a Master's of Public Administration (MPA) from the University of Colorado Denver. Jon has also earned an A.I.C.P. certification through the American Planning Association.

Mr. Waschbusch has been a part of the Montrose County organization since 2005 and has served in various leadership roles during that time. Outside of county work, Jon has served on numerous boards in leadership roles.

As one of two contract employees for the county, Waschbusch is retained at \$157,000 for the first year of the agreement. He is also subject to annual performance evaluations.

The entire employment contract is available [here](#). For more information on Montrose County, please visit montrosecounty.net.

BLM RESCINDS STAGE 1 FIRE RESTRICTIONS IN GUNNISON & UNCOMPAHGRE FIELD OFFICES

Special to the Mirror

MONTROSE— Stage 1 fire restrictions for all Bureau of Land Management public lands administered by the Gunnison and Uncompahgre Field Office will be rescinded effective Friday July 23rd. The restrictions, which began on June 24th, aligned with local orders and guidelines to protect the public's safety during high fire danger. Recent rains over much of the region have lessened, but not eliminated, the danger from fire, allowing restrictions to be lifted. This means campfires are now allowed outside of established campgrounds and recreation sites. The public is asked to continue to be careful with fire and to obey any localized fire restrictions. "We'd like to thank the public for their understanding and cooperation

during Stage 1 restrictions," said acting Gunnison Field Manager Jon Kaminsky. "We ask the public to continue to exercise good judgment while recreating on public lands and stay tuned just in case fire conditions change and we need to return to restrictions."

The rescinded order applies to public land managed by BLM within the boundaries of Gunnison, San Juan, Ouray, Saguache, Hinsdale, Archuleta, Delta, Dolores, and portions of La Plata, Montezuma, Montrose, and San Miguel counties including Gunnison Gorge National Conservation Area, and the Uncompahgre Field Office side of Dominguez Escalante National Conservation Area. Visitors are encouraged to practice these principles of outdoor fire safety:

- Clear all flammable material within three feet of campfire rings
 - Make a fire only if you have a shovel and sufficient water to put it out.
 - Never leave a fire unattended.
 - Keep fires small and manageable.
 - Extinguish fires completely. If it is too hot to touch, it is too hot to leave. Every campfire should be put DEAD OUT before leaving it.
- Stage 1 fire restrictions on these lands will be rescinded at 12:01 a.m., MDT, Friday, July 23, 2021.
- Fireworks are always prohibited on public lands. More information about fire prevention is available at: <https://www.blm.gov/programs/public-safety-and-fire/fire-and-aviation/get-involved/fire-prevention>.

REGIONAL NEWS BRIEFS

PARTIAL CLOSURE FOR RICHMOND TRAIL


Special to the Mirror

MONTROSE— The Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests issued a closure order for the low-

er portion of National Forest System trail #250 (Richmond Trail) and trailhead north of highway 550 beginning July 20 through July 30. The purpose of the closure is for

public health and safety during the San Miguel Power Association (SMPA) powerline project over Red Mountain Pass. This project is to clear vegetation along the powerline to prepare for line reconstruction. The closure area encompasses areas near the powerline where logging operations will be occurring, under helicopter flight paths and helicopter landing areas. Please be aware, due to helicopter activity, drones are not allowed in the area. If a drone were to collide with the helicopter, a serious, even fatal accident can occur. If you fly, we can't. Keep your drone at home.


Forest Officials ask the public to know before you go. SMPA has established a public information [website](#) to alert travelers of road closures on Red Mountain Pass. Additional closure signs will be placed on National Forest System roads and trails. As operations progress, the website and signage will be updated. Travelers and forest visitors are asked to pay attention to the road and their fellow travelers. Follow all signs, be alert and avoid areas where heavy equipment is working. For information and updates on current fire restrictions, conditions, and recreation opportunities on the Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests visit the [forest website](#). Connect with us on social media ([Twitter](#) and [Facebook](#)).




MONTROSE HIGH SCHOOL

TENNIS CAMP

Montrose High School Girls Tennis Team is hosting a fundraiser tennis camp. All levels are welcome for kids in grades K-8. Snacks, drinks, and fun included!



AUG 2ND - 5TH, 2021 | \$65
TENNIS COURTS BY THE FIELD HOUSE
 Grades K-5 | 8am - 9:30am
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Questions anthony.ryan@mcsd.org

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JUL 31
6-8 P.M.



Free bowling and hot dogs at the Rose Bowl until the capacity limit has been reached.

THURSDAY
AUG 5
7:30 P.M.



The first 250 cars can enjoy free entry to the Star Drive-In for a Double Feature!



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OPINION/EDITORIAL: LETTERS

THE SAD STORY OF THE FALLEN FAIRY, STANDING UP

Editor:

The Good Fairy visited the Cobble Creek neighborhood on Thursday. She placed hangtags upon the recycle containers for residents to receive a blessing. These were carefully made by the Elves in Cobble Creek. See the picture here:

That Good Fairy was so proud of her community service work, she let Randy White know all about it. Even gave him some pictures to share. Those hangtags were carefully placed to avoid becoming litter, and enable the Good Residents of Cobble Creek to become informed about the Nasty HUB Development. Randy generated an email to advise the Elves and Other Residents about this brave community service work, he was so happy with the Good Fairy. She too was happy that her work was being recognized. Randy sent that email out early before sunrise at 6:13 AM.

Unfortunately, one of the email recipients was not a Good Fairy, nor a Good citizen, perhaps not even a Cobble Creek resident! They might have been part of the Nasty HUB Development people. They forwarded Randy's email about the Good commu-

nity service work to the Montrose City Attorney Stephen P. Alcorn. Stephen must have been up very early, as he wrote Randy an officious, stern email at 6:55 AM. Perhaps he was inspired by an 'edited' adjustment to Randy's email by the forwarder? Or rudely awakened by a call from the Nasty HUB Development people? But maybe not. Perhaps he was up all night, so busy with his most important work?

So Randy spoke to the Good Fairy, and she was very sad. She said, "How could this be!!?? I was so sure that I was helping people and now I am being scolded." Randy tried to explain, but she was distraught. In the end he said "Stephen is the authority, and he has shared the email with his boss Bill Bell, and even the Police Chief.

Stephen said "...in future you will be cited..." (or something like that -though this seemed out of his very professional character). So then the Good Fairy understood, but was still sad. She said 'I thought this was America, and we could speak freely?? This does not feel right. Who does Stephen report to?' Randy said Stephen re-



Submitted photo.

ports to Montrose City Council. She said "I'm going to write to them and complain!!" Randy said "now calm down, let's not make more trouble". She said "I'm Sad, but will NOT be a Fallen Fairy!! I'm going to STAND up for what is right!!" *Randy White, Montrose*

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ANONYMOUS CALL

MONTROSE REGIONAL CRIME STOPPERS

OPINION/EDITORIAL: LETTERS

QUESTIONS REMAIN ABOUT MURA

Editor:

More than a few questions concerning Montrose Urban Renewal Authority (MURA) remain.

The topic of the FORUM presentation was the [Montrose Urban Renewal Authority \(MURA\)](#) and the Colorado Outdoors project. The presentation was spot on and demonstrates what a public /private partnership can accomplish. Hopefully this opinion article may generate different views and opinions from others. Many of our citizens know the project more by its location on Grand Ave as currently being structured across from the Justice Center that is about 158 acres than the ends and outs of the project itself. As with any public backed venture it is important that taxpayer protections be written into the project especially in projects like this that has written into the program "unlimited public funding resources". The MURA board members' backgrounds are "varied". As for the business owners involved in the project, I would describe them as brilliant businesspersons that know in the end, they have every right and obligation to protect "their" own private investments now and into the future. The MURA started in 2017 for a twenty-five-year period and will not end until about 2042. The MURA project may remain in effect over the next twenty years. What this means is that there is a real possibility that the current MURA board members may or may not be around to see this project completed and the current business owners involved, due to other business opportunities, their ages and unknown life events themselves "may" no longer have control over and may even sell out their business interest prior to completion of the project. The general public may not know one can sell and move a business and leave the building site as is and move on to pursue

other interests changing the tax structure. As with any investment be it private or public the agreements written today may not be enforceable in the end. The public (taxpayers) backed promissory notes pay the ending balances should a default occur.

As always, citizens ponder the future of the economy, which is a huge uncertainty and abrupt changes are certainly on everyone's mind leaving one huge question? Can and will today's economic situation change over time?

Note: In my "opinion" the promissory notes were not written with adequate public protections and are lacking in individual collateral requirements by the private sector recipients leaving the MURA / TAXPAYERS holding virtually all promissory notes liabilities should a financial default occur.

The below questions and concerns are technical in nature and many residents and taxpayer's eyes are for sure going to glaze over as you go through them. However, to understand and be able to evaluate the ins and outs of this Montrose Urban Renewal Project the MURA Board of Directors should have this information readily in front of them and they themselves individually should be able to answer questions directly for and be accountable for the decisions they make since it is yours, mine, theirs, and the city coffers paying for the public part of this project in real time dollars now exceeding \$12,000,000 to date and with continued infrastructure and individual lot on-site land improvements being paid for upfront by the taxpayers this project "may" exceed many more millions in the end.

Note: Horizontal or onsite land development backed by city promissory notes and direct development payments by the city is for parking lots, landscaping and proper-

ty infrastructure on land owned by the individuals or company's personally and are "not public" property.

Public questions to MURA board.

1. Identify each city held promissory in existence, the face value, the maturity date, what the total amount of (principal & interest) will be at maturity and what collateral, if any, is pledged.
2. What dollar amounts have been loaned to MURA specifically from the city water fund, general fund and/or any other revenue source to date? How much has been paid back by MURA to date?
3. How much PROPERTY TAX (TIF) revenue has been generated specifically by tax year and in total since the inception of MURA?
4. How much SALES TAX (TIF) revenue has been generated specifically by tax year in total since the inception of MURA?
5. What are the total approved HORIZONTAL ON-SITE IMPROVEMENTS cost by individual recipients and accounts.
6. Have any property tax (TIF) revenue been appealed, protested, or abated? If so, by whom and why?
7. Has the anticipated sell out/buildout period been extended beyond the TEN-YEAR period? If so, by whom and why?
8. What is the date of and the amount of the Vectra bank loan, how much was allocated to MURA, how much is the annual interest? When is the note due and payable? Has any of the principal or interest been paid to date? If not, when does repayment begin?
9. How much personal collateral, if any, has the individual property owners put up to ensure that their on-site improvements in real time cash payments by the taxpayers in the amount of \$2,000,000 or more obligated to date is secured and paid back? Are MURA liable and the taxpayers liable if the property owners' notes are not paid when called for payment?

Continued next pg

QUESTIONS REMAIN ABOUT MURA *From previous pg*

10. Not all properties by use are taxed the same. What is the time and projected tax generated payments for each individual property separately and in total?

11. The Montrose Base Camp apartment project is being touted as a benefit for those with what some would consider to be above average incomes in Montrose. It was also noted at the Forum that a similar project was built in Georgetown, CO. These are Market priced apartments are not inexpensive. With most business ventures the investors are expected to get the HIGHEST and BEST return on their investment. That means market-based rents apply. As you know, Beaver Creek and Vail are not far away from Georgetown. The question is, what is the location, demographics and incomes of the occupants that rented or are waiting to get into the Georgetown apartments? Will in the end the Base Camp Apartments project in Montrose be an alternative rental option to the high-cost units supporting Telluride? Just another question?

In closing it was brought up that a small but vocal group of citizens have raised legitimate questions concerning the MURA project. Many other residents have also had concerns. I know some but not all the answers to the questions above and the city has been extremely helpful providing input and answers. The question remains, what do the MURA board /city council members know and how are they coming to their decisions while having

unlimited dollar caps on the public funding side of the project itself. Are there any limits by the MURA Board and city Council as they provide the MURA project funding through the city's general fund, city's water fund and commercial banks?

There are those public officials that do not appear to be risk averse when it comes to public spending and do not care about the cost and future liabilities of public money obligations on the books and want what they want for reasons of their own. We pay for it every day when supporting our various taxing districts and with every purchase we make when buying a vehicle or going to the store. The project is being well represented but at times it is hard to ascertain who represents the taxpayers?

A generation of Montrose residents not even born yet may very well be on the hook for the balance of this project and the approximately \$100,000,000 as reported that collectively we already owe on this and other tax-based projects in existence.

Public /Private partnerships can be a way to help projects develop. The questions remain: should direct cash dollar outlays for non-governmental property development be personally collateralized by the property owner in a legally enforceable financial instrument?

In this case personal financial risk and rewards weighted against taxpayer protections also remain. As always with any

sales presentation they usually start with the "REAL BENEFIT TO YOU IS" and there are no worries to be had. In this case you are going to get 4% in simple interest back someday from tax generated revenue so be happy. Until the day happens and that the money is in the bank that remains an uncertainty. Very few in depth questions in public forums are asked.

That brings us to another separate discussion to be had at another time maybe in an open question and answer forum about investments priorities, real time "other opportunities options" cost, inflation the overall state of Montrose streets, traffic problems, infrastructure needs, water resources, the high cost of future developments, population growth, housing growth and what the citizens want Montrose to be and become as far as future growth? We do not have a list of questions in front of but a "SCROLL" of questions yet to be specifically addressed." We have only the money we have. More taxing options in the future may be a huge problem for taxpayers and businesses already feeling taxed out.

As with anything that we know is important, what we do not know can be critical. One thing is for sure change is coming but at what cost? Just another opinion for community thought and discussion. Accounts will have to be reconciled.

Jim Anderson, Montrose
Montrose



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COMMUNITY OBITUARIES

GLEN ROY LOGAN

December 20, 1929-July 11, 2021

GLEN LOGAN, 91, passed away July 11, 2021 at Delta hospital, Delta Colorado. Born in Hugo Colorado, Glen was the sixth out of eight children born to Claude and Grace Logan. He was the last surviving member of his family.

He was preceded in death by Charles, Earl, Beth, Dale, Jimmy, Harry, and Ethel, and two of his children, Christopher and Elaine. He spent his childhood on a cattle ranch near Hugo, Colorado, where he learned the value of hard work. The ranch was homesteaded by his ancestors.

He joined the Air Force after high school and was stationed in New Mexico. He met his wife at a dance in Nutirus, N.M. After leaving the Air Force the couple moved to Boulder, Colorado where he went to the University of Colorado, earning a Civil Engineering degree. He worked for the Bureau of Reclamation his entire career. He worked on the Glen Canyon dam in Page Arizona. He worked



in Oregon, Arizona, California, and retired in Montrose, Colorado. In Montrose they were active in the Elks, Knights of Columbus, Sacred Heart Catholic Church and the Lariat Saddle club. Glen was fascinated by anything mechanical and he could fix anything. He was always helping family and friends, everyone relied on him to fix what was broken.

They moved to Paonia in the late 90's, Montrose was getting too big. They really loved their weekly bingo.

Glen is survived by his wife, Alice, of 69

years, and five children, Patty Logan, Grace Farrell and husband Ray, Becky Logan, Veronica Rogers and husband Nathaniel, Gary Logan and wife Aileen, sixteen grandchildren and twenty-four great grandchildren.

He was a kind, generous family man, he will be greatly missed.

We request any donations sent to your favorite charity, in honor of Glen.

Now more than ever...

Thank you for reading

THE MONTROSE MIRROR

COMMUNITY OBITUARIES

DOROTHY J. SUMNER

November 8, 1925- July 17, 2021



DOROTHY JEANNE SUMNER was born to Oliver and Bertha Hawley on November 8, 1925 in Oakland, California. She married William Bruce Sumner on June 8, 1945, in First Church of the Nazarene in Denver, Colorado. She went to be with

her Lord July 17, 2021. The Sumner's purchased the Conley Funeral Home Chapel in 1963 changing the name to Montrose Valley Funeral Home. After apprenticing with Bill, Dorothy went to college and became a licensed funeral director. They retired in 1982, moving to Peoria, Arizona, where they were able to enjoy worldwide travels and Dorothy became a real estate agent. In 1987 they moved to Grand Junction and then back home to Montrose. Dorothy sold real estate and did accounting, while Bill worked for Crippin Funeral Home and continued his hobbies of golf and woodworking.

In 1989, Dorothy started the All Women's Spring Renewal in Montrose, which continued for twenty years. After Bill died in 2008, Dorothy volunteered at hospice and continued counseling. She shared God's Good News throughout her life. She wanted to give tribute to her wonderful God. Dorothy is survived by her three children: Karen of Ridgway, CO, Gary of Cedaredge, CO, and Cheryl of Montrose, CO. She has five grandchildren, fourteen great-grandchildren, one great-great-grandchild, and an even larger extended family. To Jesus be the Glory! A Celebration of Life will be held August 14, 2021 at 10:30 in the Montrose Nazarene Church, 705 S. 12th St., Montrose, CO. In lieu of flowers, please send remembrances to HopeWest Hospice, 725 S. 4th St., Montrose, CO 81401. Crippin Funeral Home is assisting Mrs. Sumner's family.

ROBERT STEVEN CUMINS

September 9, 1964 - July 9, 2021

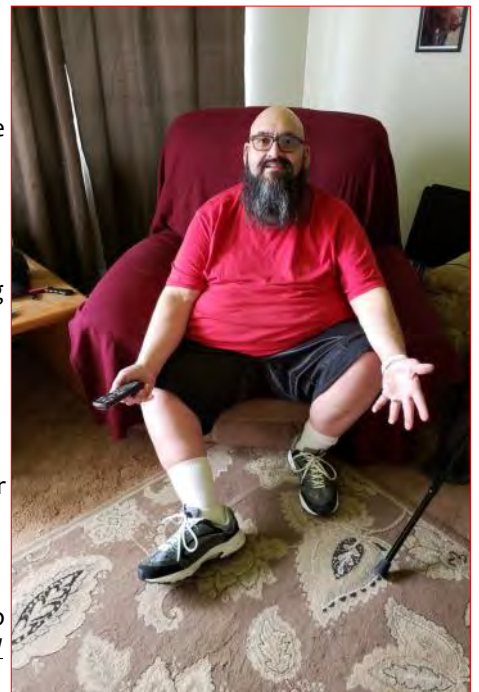
ROBERT STEVEN CUMINS, loving husband, father, son, brother, uncle, and grandfather, of Montrose, CO, passed away on July 9, 2021.

Bob was born on September 9, 1964 to Gerald Steven Cumins and Stella Marina Corona, in San Diego California. He attended Hemet High-school and Mt-San Jacinto, college.

Bob met his wife, Julie Volman, in May of 1988 in Hemet California, where they had their son Zachery Howard Cumins. They then later relocated to Montrose, Colorado. He is preceded in death by his mother Stella Marina Corona and brother Gerald Benton Cumins. He is survived by Julie Volman Cumins, his brother Ronald (Rebecca) Cumins: whose sons are Ben and Joseph, and his father Gerald (Mary) Cumins: as well as two grandchildren, Howard Steven Cumins and

Stella Marina Corona Cumins, whose mother is Amanda Cumins, wife to Bob's son Zachery Cumins. Bob was a member of the Montrose Christian church and the Black Canyon classic cars club. He had a love for old cars and restoring old jeeps. If Bob was in a deck of cards, he would be the joker. He loved to make people laugh. His greatest passion was spending time and making memories with his grandchildren. From playing cars and make believe with Howard, to snuggling up with Stella. All of the people who crossed Bob's path left with lifelong friendships. He will be loved and forever missed. Here's to Bob.

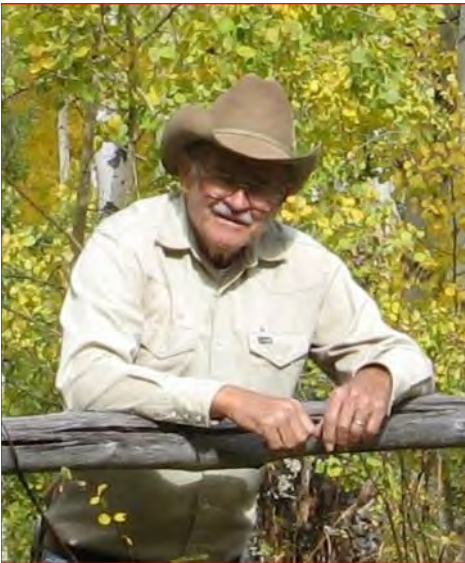
The family has decided to do a celebration of life at a later date. In lieu of flowers, the family has set up a paypal to help with his final expenses. <http://paypal.me/pools/c/8B9j80lnWz>



COMMUNITY OBITUARIES

ROBERT JAMES DUNCAN

July 16, 1932-2021



ROBERT JAMES DUNCAN was born to his mother Helen Marshall and father Robert William Duncan on July 16, 1932. Robert's mother gave birth to him in Manhattan, KS near her family and at 3 weeks old they returned to their hometown of Olathe, CO.

Bob attended school and grew up in Montrose, CO. After graduating from high school, he spent four years in the U.S. Navy.

During those years he served aboard a troop ship the U.S.S. General J.D. Breckenridge, was stationed at Port Hueneme, CA, and spent over two years on tug boats in Yokosuka, Japan.

Bob's parents were divorced when he was very young, and he was raised by his Uncle Harland and Aunt Opal.

Bob was married to his first wife Lois Jean Pierce on June 22, 1955. Bob and Jean made their home in Montrose and of this union they had three children, Michael, Cindy, and Kindra.

Bob worked for Perry Flanigan as a mechanic and then for Cummings gas and Equipment. He went to work for West-

ern Colorado Power Company in 1956 in Ouray, CO. He worked as a power plant operator, on the line crew, as a truck driver, and equipment operator in the sales and marketing department.

He continued to work for the company when DMEA bought them out. While working for DMEA he and Jean opened Montrose's first pet shop, The Tiki Shop. Bob resigned after working for the two power companies for 22 ½ years. He then started a lawn care business which he operated for four years.

He helped Jimmy Flowers build the Western Slope Livestock Sale Barn and worked with him off and on for many years, which was one of his favorite jobs. Bob drove truck off and on even after he went to work for the City of Montrose in 1987.

In 1986 Bob married Sherry Carson. They were happily married for 35 years. During that time, he purchased some land near Buckhorn for firewood. One day he stood in the meadow and said, "This would be a great place for a cabin."

His son and grandsons also built a cabin in the area. Both cabins were built using cut and peel aspen logs. The cabins are enjoyed by all, and it is one of the greatest family legacies left behind.

Some of his greatest joys in life were ranching, farming, and working rodeos. He was the rodeo chairman while being a member of the Jaycee's and Montrose County Sheriff's Posse. He was also a rodeo clown/bull fighter and rough stock rider for the Labor Day Rodeos in Ridgeway.

He enjoyed traveling coast to coast and border to border with his beloved wife Sherry in their RV. His hobbies included leather crafting, woodworking, horseback riding, fishing, building hot rods, and restoring old cars. He loved hunting

with all his friends for over 40 years.

Bob was well known for his story telling abilities which included many tales about his navy career, dodging snow slides in Ophir Canyon, his power company line crew experiences, along with many unplanned rodeos during cattle drives.

He enjoyed sharing stories of his adventures with his family. His most recent adventure included skydiving with his grandson Dusty on his 88th birthday.

His ultimate joy was spending time with family.

Bob is preceded in death by his parents and grandson, Ryan Swim.

Bob is survived by his children Mike (Kim) Duncan, Cindy (Darren) Bruce, and Kindra (Sam) Swim; Brother Bill (Shirley) Duncan and family; Step-Daughter, Bonnie (Terry) Krohn; Grandchildren Adam (Yesenia) Duncan, William (Danielle) Duncan, Dusty (Ann) Duncan, Benjamin (Heather) Bruce, Bethany (Bucklin) Newby, Karissa (David) Kellerstrass, Makenzy Swim, Kendra (Garrett) Barten, Brittany (Johnny) Ward, Tyler (Richelle) McCollum; Kara McCollum; Mishayla Buller, Kay (Loran) Shrock, Johnny Rayoum; Great Grand Children Mia and Ellie Duncan; Sawyer and Brady Duncan; Declan and Liam Duncan; Braelynn, Briar, and Brynlee Newby; Makinley, Jace, and Emery Kellerstrass; Bryce Schrock; Arrow Barten; Clayton and Barrett Ward; Carson McCollum.

Services will be held on Monday July 26, 2021 at 10:00am at Circle 3 Cowboy Church located at 62885 Lasalle Rd Montrose, CO with Fellowship immediately following.

In Lieu of flowers please consider donations made to Circle 3 Cowboy Church or Hope West Palliative Care Montrose.

Crippin Funeral Home is assisting Mr. Duncan's family.

COMMUNITY OBITUARIES

YVONNE A. KUTA

January 28, 1955-July 13, 2021

YVONNE A. KUTA of Montrose passed away on Tuesday, July 13, 2021, at Montrose Memorial Hospital after her battle with advanced cervical cancer. She was with family when she passed, and in the end, it was peaceful and calm, surrounded by love.

Yvonne Annette Kuta was born in Uravan, Colorado on January 28, 1955, to Ernie and Betty (Holvoet) Kuta of Delta, Colorado. She was the oldest of their Catholic family of eight children. Her childhood years were spent in the orchards of Redlands Mesa and Hotchkiss, working on family farms and completing 4-H projects. She attended Delta High School as an honor student, and later married Norman Smith of Delta, with whom she had four children. They lived in Montrose until their divorce in 1987.

She worked for the Bureau of Land Management for a time before returning to college at Mesa State College. She obtained a bachelor's degree in English Education with honors in 1994. Later, she earned a master's degree in Religious Education from Loyola University. She used her training at St. Mary Catholic Church in Montrose, Colorado, where she first volunteered for 18 years, then

was employed for 25 years as Director of Religious Education and Faith Formation. "Ms. Yvonne" touched thousands of lives in her work for the St. Mary's community in over 40 years of service. She trained children in First Communion, Reconciliation and Confirmation, and helped adults in their faith journey. She was a counselor to many in need, and a trusted advisor to all who asked.

She always had a laugh, a genuine interest in whatever she was talking with anyone about, and the deepest love for her kids and grandkids. She was always knitting a new afghan or garment for a relative. She drove all over Western Colorado to watch her kids and grandkids in every type of extracurricular activity, from swimming to Scouts, Confirmation to cross country, football to forensics, basketball to band. She loved keeping her children informed with updates on how poorly the Rockies or Broncos were playing, notifications about International Space Station flyovers, and how much she loved her kitties. Yvonne is survived by her mother, Betty Kuta of Delta; daughter Alissa Branson (Mike), their daughters Hannah, Megan, and Kaitlyn of Delta; son Derek Smith (Kristi), their children Liam and Kamala of Bayfield;



sons Jeremy Smith of Grand Junction, and Tyler Smith (Kari) of Montrose. Her sisters Sandy (David) Cooper of Grand Junction, Cynthia Kuta of Delta, Becky Jett of Grand Junction; brothers Gregg (Kari) of Delta, Patrick (Sheila) of Delta, Bernie (Lisa) of Highlands Ranch, and David (Pam) of Delta and numerous nieces and nephews.

She is preceded in death by her father, Ernest Kuta, her former mother-in-law Charlene Smith, and numerous aunts, uncles, and cousins from the Kuta and Holvoet families.

CELEBRATING LOCAL BEAUTY.



#montrosemirror

ISSUE 326 July 26

ART & SOL

YOUTH OF MONTROSE SERVE THE COMMUNITY!

Special to the Mirror

MONTROSE – First Presbyterian Church, along with Grace Community Church, Crossroads Victory Church, Summit Church, and Young Life in Montrose, participated in a United Week of Service July 12-17.

Each morning approximated 95 kids set out to complete various service projects around town.

"Our week was an amazing blessing full of joy being able to serve with others in our community," said FPC youth intern Meagan Kenny.

Some of the projects included going to the Habitat for Humanity Re-Store, serving at Sharing Ministries, working on the Sonshine Patch Preschool playground, helping the people of the Yurtstead Farm with flood recovery efforts, and various projects at local homes.

In addition to serving in the morning, every night included a fun activity for everyone to participate in together. They went to the Star Drive-in Theatre, rented out the Montrose Community Recreation Center, had a Nerf war, and hosted a Young Life Club.

During these events they participated in raffles, games, and spent a time of fellowship together.

The last night of United, the youth traveled to Cimarron to have a fun night at the



Youth enjoy a fun time at the Montrose Community Recreation Center after a long day of community service. Photo by Meagan Kenny.

YWAM (Youth With A Mission) base. YWAM is a global movement of Christians from many cultures, age groups and Christian traditions dedicated to serving Jesus throughout the world.

"It was here that we continued to learn what it means to be United as brothers and sisters in Christ," Kenny said.

"We want to make sure that all youth in the Montrose area know they are welcome at FPC Montrose," Zach Hartmann, FPC youth ministry coordinator said.

He invites youth to attend the FPC student worship on Sundays at 6 p.m. Contact him at youth@fpcmontrose.com for more information.

COMMUNITY NEWS BRIEFS

BLACK CANYON BOYS & GIRLS CLUB

Special to Art & Sol

MONTROSE - The Black Canyon Boys & Girls Club (BCBGC) Youth of the Month for May 2021 was Gabriel! Staff chose to recognize Gabriel because he is always enthusiastic to participate in programs like STEM. Gabriel always raises his hand to participate in the discussions. In Junior Chef, he is ready to pay attention and waits patiently for the instructions. He always shows up to the Club with a positive attitude and he always makes others laugh with his funny jokes and silly personality. Way to go Gabriel!

The Youth of the Month for June 2021 was Aaliyah! The staff chose to recognize Aaliyah as staff has seen a tremendous improvement in the way she's been behav-



Aaliyah. Courtesy photo.

ing since the start of the school year. She is actively trying to keep kids focused during STEM and other programs. She will also correct members positively when they talk back to staff, bringing them back



Gabriel. Courtesy photo.

into focus on Club programming and encouraging them to listen. She's been more than helpful for the past four weeks of the summer session. Thanks for being so amazing Aaliyah!

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970-240-1590

Crash Burger
970-249-0825

Rib City
970-249-7427

Cold Stone Creamery
970-252-8014

Mimo's
970-249-0616

Horsefly Brewing
970-249-6889

Lighthouse Eatery
970-964-4424

Busy Corner White Kitchen
970-323-6215

Jimmer's Steak & BBQ
970-252-1227

Fiesta Guadalajara
970-249-2460

Remington's at the Bridges
970-252-1119

San Juan Brews
970-901-8594

Tacos El Gordo
970-964-4022

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Silver Stage

Art & Entertainment

San Juan

By Kathryn R. Burke

Montrose Art Center wraps up its July show this week: Narrow Gauge Railroad-ing and Mining in the San Juan Mountains. At the opening reception, guest artist and watercolorist Jeff Ellingson, curator of the Durango Roundhouse Museum, delighted guests with a railroad talk and recitation of railroad poetry by James Burke. The Lucky Stars of Ridgway entertained all evening, while guests enjoyed wine, light apps, and desserts.

Our new series, MCA History Wednesdays, began July 14, with a presentation by Karl Schaeffer, president of the Ridgway Railroad Museum, relating the history of Narrow Gauge Railroad-ing in the Uncompahgre Valley and the story of the Geese, seven special railcars which were all built in Ridgway, one having just been restored there. July 21, Kate Burke, pub-

lisher of regional history books, gave a power point presentation about the old mining and railroad days, explaining about the Alpine Loop and Red Mountain Mining District. Gail Saunders, archivist for the Ouray County Historical Society shared a video about the History of Ouray. Next month, the history of Montrose, and in September, we will learn about SW Colorado's historic opera houses. If you missed Kate and Gail's program, they will do it again at the Montrose Senior Center, Monday, September 20.

MCA's August show is A Midwesterner's Dream. Natalie Heller, Lone Cone Photography, shares her visions of western life and lifestyles in a series of powerful photographs that depict the dreams she had as a child...dreams now her reality. Also exhibiting in August, The Rood Collection, Late 19th Century watercolors. Opening

reception for both is Friday, August 6, 5-7 pm. Friday, August 13, MCA hosts a hilarious comedy show, "No Matter What, Keep Laughing!" Nancy Norton and Stephanie Huges will each do a stand-up routine opened by musician Cheryl Gaudet. Doors, bar, and concession stand open at 5:30 pm. Show starts at 6 pm. (Over 21 only.) [Get your tickets here.](#)

Montrose favorite artist, Mike Simpson, is solo exhibiting at the Wright Opera House in Ouray. The show opened July 31st and continues through August 26.

Music is back and being heard all over Montrose. Relax with an adult beverage, socialize with friends, and listen to a variety of tunes at a variety of venues around town. On the deck at the Bridges or Horsefly. Upstairs at Precedence or downstairs at Healthy Rhythm both on Main in Montrose.

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COMMUNITY NEWS BRIEFS

RIDGWAY RIVER FEST RETURNS

Special to Art & Sol

RIDGWAY-The Ridgway River Fest returns on [Saturday, Aug. 28, 2021](#), 10am-6pm Ridgway RiverFest at Rollans Park, Ridgway. The Ridgway RiverFest is a family-friendly celebration of the Uncompahgre

River, our watershed and river recreation with all-age river races, live music by Jack Hadley Blues Trio and Doug & Heather Americana duo, local food and drink, and watershed educational and cultural programs. RiverFest is produced by the Un-

compahgre Watershed Partnership, a Ouray County nonprofit watershed group dedicated to helping protect the economic, natural, and scenic values of the Upper Uncompahgre River Watershed. Information: <https://ridgwayriverfest.org/>

ENJOY FILMS AND BARGAINS TO BENEFIT SECOND CHANCE

Special to Art & Sol

REGIONAL-Second Chance Humane Society is partnering with the Bow Wow Film Festival again to bring you humorous and heart-warming dog-inspired short films. Whether you are a dog lover or not, these films will remind you of why dogs are people's best friend. As this will be a virtual event again this year, Second Chance's auction will be online as well.

This year's auction features a variety of artwork, gift certificates to your favorite restaurants, jewelry, self-care packages, clothing, fun pet gear, and many unique gift giving ideas as well. For example, a popular item titled The Best Kid's Birthday Party Ever, includes a private party at the Second Chance Shelter interacting with the adoptable puppies and kittens and making treats and toys for the dogs and cats. Auction details are available at: adoptmountainpets.org/events.

Bow Wow is an innovative, traveling dog-themed film festival that is now available from the comfort of your own home.

Through the art of short film Bow Wow celebrates the human-canine bond and the marvelous ways these beloved animals inspire us, care for us and bring us joy.

Since folks weren't thinking about making dog movies during a pandemic, Bow Wow decided to select the most memorable films from the last five tours. There were almost 100 remarkable films to choose from. It wasn't easy, but the team selected ones that will make you laugh or cry (the good kind) and inspire you with stories that need to be shared.

Bow Wow partners with animal welfare organizations across the country to enthusiastic audiences in cities that include Austin, TX, Minneapolis, MN, Denver, CO & San Francisco, CA to raise money and awareness for animal welfare organizations. The films are crafted by filmmakers who are amazing storytellers, animators and artists, as seen in the 90 wonderful minutes of award-winning, funny, and poignant shorts.

All proceeds from the film festival and auction will directly benefit Second Chance's broad range of life-saving programs and services it has been providing Ouray, Montrose & San Miguel counties for the past 27 years.

In addition to rescuing cats and dogs, programs include low-cost medical clinics, educational programs, the Tri-County Pet Pantry, and more.

Discover details at AdoptMountainPets.org.

Bow Wow Film Festival tickets are available now for only \$16 for the entire household, and the access pass can be used at any time from July 23 – Aug. 6. The virtual auction will be running concurrent with the Festival. Bidding opens at 8am on July 23, and bidding closes on Aug. 6 at 8 PM.

Purchase tickets and view the Bow Wow Film Festival trailer at bowwow-filmfest.com.

Contact Second Chance Humane Society for film or auction details at 970.626.2273 or visit adoptmountainpets.org/events.



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The Mirror

Ridgway State Park Summer Program Series:



Friday July 30th, 7:30pm

Colorado Wikiup Project



Join Holly "Sonny" Shelton of the Dominguez Archeological Group. Sonny will share research being done on these Indigenous temporary shelters. She will also share some work being done to find historic evidence of bison in western Colorado. (*Visitor Center, Dutch Charlie Entrance*).

Saturday July 31th, 9:30 – 11:00am

Nature Detectives: Raptors!



Join us for some fun learning about raptors! Included are some preserved specimens, fun facts, watch for some with binoculars, wing span measuring activity plus make a talon key chain to take home! (*Visitor Center Overlook, Dutch Charlie entrance*)

Saturday July 31st, 7:30pm

Dallas Gold!



By Robert Cox, local author and history expert. He will share the history, photos, and stories of the town of Dallas and ranches that once sat where Ridgway State Park is now. (*Visitor Center, Dutch Charlie entrance*).

Sunday August 1, 9:30 – 11:00am

Nature Detectives: Songbirds!

Learn about different songbirds of the area, look at some preserved specimens, listen to some songs then make your own bird book to take home! (*Elk Ridge Camper Services Building, Dutch Charlie entrance*).



Sunday August 1, 1:00 – 3:00pm

Touch Tables: Colorado Wildlife

Come and touch some animal fur, prints and skulls, plus, information to take and coloring books for kids. (*Swim beach shower/picnic area*)



COMMUNITY NEWS BRIEFS: ARTS & CULTURE

LIVE MUSIC ROUNDUP, WEEK OF JULY 26

By Paul Arbogast, Mirror Publisher

Big B's Delicious Orchards, Hotchkiss:

- Friday, July 30, 7 PM – Delta County Li-

braries Foundation fundraiser with Grateful Dead cover band Easy Jim.

Cruiser's Bar, Grand Junction (Horizon

Drive):

- Saturday, July 31, 9 PM – Dave Mensch
Grand Mesa Arts & Events Center, Cedaredge:

- Friday, July 30, 4 – 7 PM – Ordinary 2

Horsefly Brewery:

- Wednesday, July 28, 5:30 PM – Open Mic
Night with Donny Morales

Mesa Theater, Grand Junction:

- Friday July 30, 7 PM – KSUHDILLA: Return of the Cheese

Polis Park, Paonia:

- Saturday, July 31, 6 PM – Steve Poltz

Ridgway Concert Series (Hartwell Park, Ridgway):

- Thursday, July 29, 6 PM – Ozomatli w/ Steve Poltz

Sherbino, Ridgeway:

- Tuesday, July 27, 7 PM – Gracie Jessop

- Friday, July 30, 9 PM – Little Giant

- Saturday, July 31, 5:30 PM and 7:30 PM – The Duo (Kevin McCarthy & Kenny Mihelich)

Storm King Distillery:

- Thursday, July 29, 6 PM – Neon Sky

Thomas Waldo's – Paonia:

Friday, July 30, 9:30 PM – Union of None

Warehouse 25sixty-five, Grand Junction:

- Thursday, July 29, 7 PM – Jason Boland & the Stragglers

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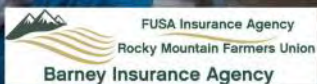
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COMMUNITY NEWS BRIEFS

INCORPORATE VEGAN COOKING INTO EVERYDAY LIFE

POTLUCK PROGRAM - ENGLISH

Special to the Mirror

MONTROSE-Are you looking for a way to enhance your cooking with some healthy

and practical skills? You could join the library for our new Potluck Program! Every month a nutritional expert will deliver a presentation about a new cooking skill.

You will be able to practice those skills at home, share the dishes you prepare, and sample other people's meals, at separate potlucks.

This month Sasha Jacobo, a Food Security Coordinator with the Valley Food Partnership, will teach us about simple and creative ways to incorporate vegan cooking into everyday life. She will prepare a Garlicky Kale Salad, a Vegan Black Bean Burger, and Chia Pudding as examples.

There will be an English presentation on Wednesday, August 4, at 7pm. There will be a Spanish presentation on Wednesday, August 11, at 7pm. Both presentations will take place at Sharing Ministries Food Bank. This month's potluck will take place at MADA on Thursday, August 26, at 7pm.

Email Taylor, at tevans@montroselibrary.org, for more information.

POTLUCK PROGRAM - SPANISH

¿Está buscando una manera de mejorar su cocina con algunas habilidades prácticas y saludables? ¡Puede unirse a la biblioteca para nuestro nuevo Programa de comidas compartidas! Cada mes, un experto en nutrición ofrecerá una presentación sobre una nueva habilidad en la cocina. Podrá practicar esas habilidades en casa, compartir los platos que prepara y probar las comidas de otras personas, en varias comidas compartidas por separado.

Este mes, Sasha Jacobo, coordinadora de seguridad alimentaria de Valley Food Partnership, nos enseñará formas sencillas y creativas de incorporar la cocina vegana en nuestra vida diaria. Ella preparará una ensalada Garlicky Kale, una hamburguesa vegana de frijoles negros y pudín de chia como ejemplos.

Habrà una presentación en inglés el miércoles 4 de agosto a las 7 pm. Habrà una presentación en español el miércoles 11 de agosto a las 7 pm. Ambas presentaciones tendrán lugar en Sharing Ministries Food Bank. La comida compartida de este mes se llevará a cabo en MADA el jueves 26 de agosto a las 7 pm. Envíe un correo electrónico a Taylor, a tevans@montroselibrary.org, para obtener más información.

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MIRROR CHURCH DIRECTORY

FIRST PRESBYTERIAN CHURCH MONTROSE

Affiliation: Presbyterian
Address: 1840 E Niagara Rd. Montrose CO. 81401
Office Hours: M-Thu 9AM - 12PM
Contact Information:
 970-249-4732,

inform@fpcmontrose.com,
www.fpcmontrose.com
In Transition-Currently:
 Howard Davidson
 Paul Parsons
 Merle Bierma
 Worship Service times:
 9:30AM,

Student Worship at 6PM
We strive to encourage, challenge and support one another through spiritual growth, worship, and service in our community, country, and world.
We also encourage children and youth to grow their relationship with Christ through our children and student ministries

MONTROSE UNITED METHODIST CHURCH

Denomination Affiliation: United Methodist
Address: 19 S. Park Avenue Montrose CO. 81401
Office Hours: M-Thu, 9 a.m. - 2 p.m.
Contact Information: 970-249-3716,

office@montroseumc.org, montroseumc.org
Current Senior Pastor: Rev. Lisa Petty
Worship service times: 9:30 a.m. Casual Contemporary Worship & 11:15 a.m. Traditional Worship
 10:30 - Social/Devotional Time
Montrose UMC is a leader in being fully

inclusive, loving and just servants of Christ. Our church family welcomes people from various cultural and faith backgrounds: single, married, remarried, with and without children, from diapers to dentures. Wherever you are on your spiritual journey we invite you to come and discover hope, joy, peace and purpose.

ROSEMONT BAPTIST CHURCH

Affiliation: Southern Baptist
Address: 1598 E. Niagara Road, Montrose, CO 81401
Office Hours: Tues-Thurs, 9am-4pm
Contact information:
 Phone: 970.249.4887
 website: www.RosemontBaptist.org
 email: office@rosemontbaptist.org
Senior Pastor: Rolland Kenneson
Worship Service Times: Our engaging and relevant Sunday Worship Service is at

10:45 AM. We also have Bible Study for All Ages Sunday mornings at 9:15 AM. We provide a professionally-staffed nursery throughout both.
Rosemont Baptist's desire is to passionately bring people face-to-face with the life-changing power of Jesus Christ. We are a multigenerational church from different walks of life who love Jesus, love each other, and love our community. Everyone comes dressed in whatever is comfortable. We love meeting new people no

matter what stage of life they are in.
Children's services: We have a fun Sunday School for children from four years old through youth. We provide Children's Church during the Sunday Worship Services where children four years old through 9 years can learn to be worshipers of Jesus.
We provide a nursery for children under four years old with paid staff providing excellent care during Sunday Morning Bible Study and Worship Service.

SPIRITUAL AWARENESS CENTER

Denomination affiliation: Independent Interfaith
Address: Meeting at Lions Park Community Building, 602 N. Nevada, Montrose
 Office hours: Tues-Fri, 9 am to 4 pm,
Home Office – 970-252-0908
Contact information: Rev. Dr. Arlyn Macdonald, 970-252-0908,

arlyn@spiritaware.org,
www.spiritaware.org
Name of current pastor: Rev. Dr. Arlyn Macdonald, Senior Minister; Rev. Catharine Gates, Associate Minister. Spiritual counseling available.
Worship service times: Unity Service at 11 a.m., Adult Discussion at 9:30 a.m., Quiet Meditation at 10:30 a.m.

The Spiritual Awareness Center is an inter-faith spiritual community welcoming spiritual seekers and people of all faiths, providing a safe place to explore and nurture the individual's unique connection to the Divine through Unity services, classes, family and community projects, including the Great Community Giveaway and Wellness Fair.

SUMMIT CHURCH OF MONTROSE:

Denomination affiliation: Southern Baptist
Address: 10977 60.75 Rd. Montrose, CO 81403
Office hours: Varies
Contact information:
 phone number: 970-275-7026
 email address: summitchurchmontrose@gmail.com
 website:

www.summitchurchmontrose.org
Name of current Senior Pastor: John DeSario
Worship service times: 9 AM for Sunday Worship, Monday Night Bible Study 6:30-8pm
Summit Church Montrose preaches the Word of God, reaches the lost with the Gospel of Jesus Christ and equips Christians to serve the Lord.
Summit Church is a group of diverse peo-

ple, (widows, retired couples, families with adult children, families with young and school aged children, and recent high school and college graduates).
Our services are in English, but many in our congregation also speak Spanish, as we partner with Verdad Y Vida (a Spanish congregation meeting in the same building). We have a children's area we call "Base Camp" for children ages birth to Kindergarten during the Sunday Service.

MIRROR CHURCH DIRECTORY From previous pg

VICTORY BAPTIST CHURCH OF MONTROSE

Denomination Affiliation: Independent Baptist

Address: 2890 N Townsend Ave., Montrose, CO 81401

Office Hours: Monday-Friday 8am-12pm

Contact Information: Phone (970) 249-

6874; email at info@vbcmontrose.org;

website: vbcmontrose.org

Current Pastor: Roland Kassales

Worship Service Times: Sunday School at 9:30am, Sunday AM Service at 10:30am, Sunday PM Service at 6pm, Wednesday Night Service at 6:30pm (all services include childcare)

Victory Baptist Church exists to exalt God, edify saints, and evangelize the lost.

Demographics: Victory Baptist serves everyone with age-appropriate classes, groups, and activities. Families with children make up the majority of VBC with young adults, singles, middle-aged couples, and seniors comprising the rest.

Church Directory

Mirror Editorial Staff

MONTROSE-As a way of serving the faith community in Montrose, the Montrose Mirror is in the process of establishing a Church Directory.

If your congregation or fellowship would like to be included in the directory, please supply the following information to the

Montrose Mirror:

Name of church

Denomination affiliation

Address

Office hours

Contact information (phone number, email address, website)

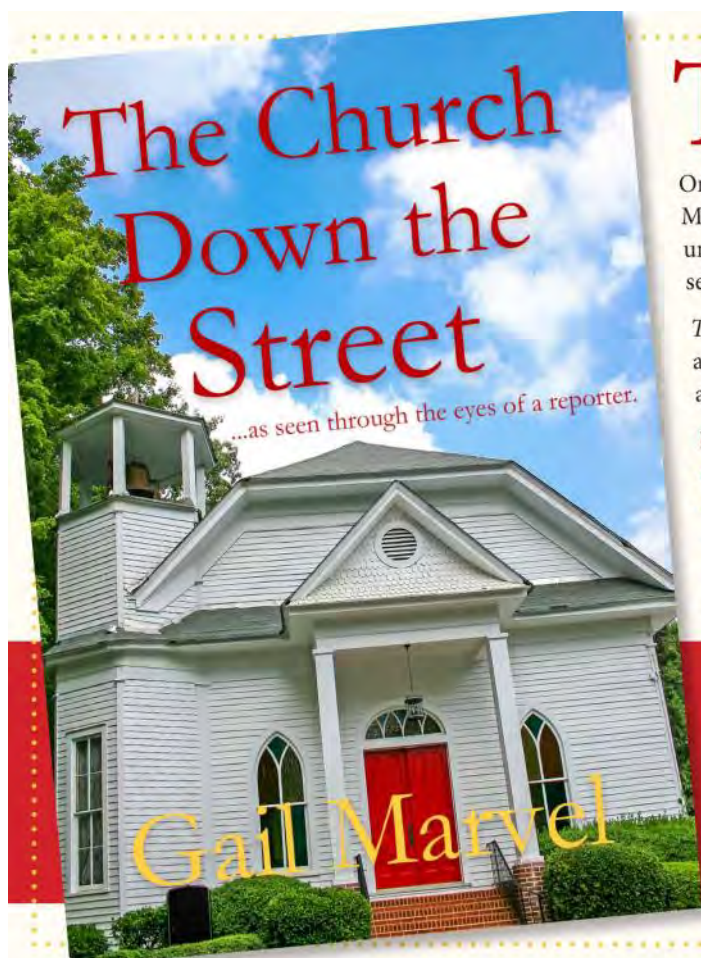
Name of current Senior Pastor

Worship service times

Please give a one sentence description of your church and its mission in the Montrose community.

Please give a one or two sentence description of your current church demographics (predominately family, youth, seniors, singles).

Do your church services include Sunday School and childcare?



The Church Down the Street, published pre-COVID, peers into the worship services of more than 70 churches, some of which have a weekly attendance of less than 10.

Organized in a topical format (Hospitality, Program & Source Material, Music, Meditations & Invitations, and The Message), the author uses an unbiased approach to allow readers to experience the worship service as seen through the eyes of a reporter.

The Church Down the Street contains anecdotes and stories from the actual worship services and asks thought-provoking questions that allow readers to draw their own conclusions.

Readers will:

- See strengths and weaknesses in the worship service
- Re-evaluate hospitality toward visitors
- Become more aware of source material used in the worship service
- Compare and contrast music presentations and selections
- Discern the value and content of the sermon.

Gail Marvel's book, *The Church Down the Street*, is available online at [Amazon.com](https://www.amazon.com) and [wingedpublications.com](https://www.wingedpublications.com).

GAIL MARVEL
Montrose Author & Reporter





BINGO FUNDRAISER



6:30 PM
Thursday
August 26

Kappa Iota Chapter of
ESA and the Elks Club
are sponsoring BINGO
for the kids of
St. Jude Children's
Research Hospital.

Montrose Elks Lodge #1053
801 S. Hillcrest, Montrose, CO 81401



Interested in joining ESA?
Scan the QR code for
more information.

GREEN EXERCISE AND THE HIPPOCAMPUS



By Lauren Hall Ruddell, Ph.D.

Greetings Mirrorites,
Smokey air and high heat, sheeeesh, why it's enough to discourage even an outdoor fanatic like myself! But I persevere on most days, except when the air quality index is below FAIR. But even on the not so clearest of days, I do get out for green exercise. And I do it to keep my brain sharp.

Exercise for your brain, oh come now! Exercise is for your cardio-vascular, or creating those awesome, sexy post-lockdown muscles and perfecting your six-pack, and well... just about anything other than your brain. But guess what, even though all of the above is super true, even moderate regular exercise is nearly a fountain of youth for your noggin.

We have long known that brain function and memory decline during the aging process. It's slow, to be sure, but eventually it sneaks up on us all. In general, the volume and weight of the brain shrinking approximately 5 percent per decade starting around age 40, and the rate of loss increases for sedentary people once they reach 70. For many folks, this results in nothing worse than occasional silly and annoying senior moments. But for others the shrinkage can result in symptoms of Alzheimer's disease and other forms of dementia. The brain region most at risk during this period of one's life is the hippocampus, and it is one of the first regions of the brain to exhibit damage that is experienced as short-term memory loss and disorientation.

The hippocampus is a small organ located



Photo courtesy of Pat Whelen.

within the brain's medial temporal lobe and is responsible for most memory events, both short and long-term. A colleague whose work I very much admire wrote, "We use it to form long-term memories, retrieve old ones, and manage explicit, conscious memory. When repeatedly stimulated pairs of hippocampal neurons and their connections become stronger, more excitable: shazam – those neurons have learned something" (*Sapolsky, 1999*). Don't you just love it when a prominent neuroscientist says *shazam*?! Ahem, anyway, it appears we can safely conclude that a big, fat hippocampus is a good thing. Is there any

way to protect it from the ravages of father time, keep it from performing unwanted antics reminiscent of The Ant-man?

Turns out there is. It's not a perfect cure for all, but it slows down the degeneration considerably for almost all folks and for some lucky souls, completely reverses it.

Regular moderate exercise has been shown to increase hippocampal volume by 2 percent or more per year. Since the hippocampus loses mass at a rate of 4-5 percent *per decade*, the math indicates that regular aerobic exercise is effective at reversing age-related loss in volume. And for you ladies out there, it doesn't even

Continued next pg

GREEN EXERCISE AND THE HIPPOCAMPUS *From previous pg*

have to be moderate, it can be quite leisurely, as long as you are on your feet and moving about three hours per week. Guys, sorry, you need to work at it a little harder to gain benefit. But since we ladies tend as a gender group to be a bit heavier than our male counterparts, and because we're also afflicted with dementia of all kinds at twice the rate, it's nice that mother nature has given us a tiny break. And here is a fun factoid that is particularly relevant to Montrose and surrounding areas...there is a strong inverse correlation between greenness and obesity. The more green, the less fat. Researchers found the strongest associations in *the western census region in the US*. Awesome, I knew there were so many reasons to love it here!

Getting adequate outdoor exercise in the winter months can be a challenge for a lot of people, especially seniors. The good news is that after only four months of engaging in one hour of exercise three times a week, hippocampal volume is increased. The means that we can do our brains a huge amount of good by starting our nature workout at the start of each summer and then keeping up that routine until the snow flies.

Is it better to exercise in nature than indoors? Me, myself, and I say yes. For one thing, time spent exercising in nature seems to pass more quickly. People who use an elliptical in front of a blank screen and those who spent the same amount of time viewing a screen with scrolling nature scenes reported that the time either seemed to drag or fly by, respectively. Something to be aware of in winter when

restricted to indoor exercise only. Anything that helps alleviate boredom and keep one's routine intact is surely a good thing.

The hippocampus supports an important aspect of memory called episodic or relational memory. An example would be meeting somebody at a party and trying to remember their name and face, and the hippocampus plays an important role in that. I knew a woman who had been recently diagnosed with dementia onset who apologized to me in advance for not remembering my name. She remembered a whole lot of details about me, but had lost the ability to put a name to a face unless she had known that person over 20 or so years. An agonizing predicament. Although a life-long dancer, she spent little time outdoors and more time in studios. This lifestyle choice may have come with an unexpected cost.

Turns out that wayfinding by exploring new paths and routes in a naturalistic setting has been shown to provide a richness of stimuli lacking in indoor exercise activities that is crucial to this mental faculty of episodic recall. Exploring new routes seems to enhance the portion of the hippocampus that helps us both navigate the natural world and continue to put a name to the faces of friends and family. Wandering during exercise in nature yields surprises: it sometimes startles, sometimes refreshes, and is certainly more dynamic and interesting than following a pre-specified urban route.

Decisions about left or right, fast or slow, start or stop were once critical to our survival as individuals and as a species. Ap-

parently, we still require the opportunities to engage in those judgments. In nature, not only is the perceptual richness offered beneficial to episodic memory, improved cardio-vascular fitness benefits derived from the aerobic nature of the activity are nurturing to the very part of the hippocampus (and yes it does have different parts) that is responsible for future navigation and current facial recognition.

Another perk of green exercise is immediate results in the short-term memory department. Some folks at the University of Michigan wanted to test the effect of a walk's scenery on cognitive function ([Berman, Jonides & Kaplan, 2008](#)). In the first of two studies participants were given a 35-minute task involving repeating loads of random numbers back to the experimenter, but in reverse order.

After this cognitive overload treatment, the participants were sent out for a walk—one group around an arboretum and the other down a busy city sidewalk. Each participant repeated the memory test when they got back. People's performance on the test improved by about 20 percent after wandering amongst the trees. By comparison those subjected to a busy street showed no improvement.

The fact that these hippocampal fattening moves can produce results quickly at any age is extremely comforting for older gals like myself. So, when the thermometer goes down, and the skies clear, I intend to make up for any lost days so that I can always be my best writer self for you, gentle readers. Be well and get outside. And as always, feel free to contact me at agescapesnow@gmail.com.

CELEBRATING LOCAL BEAUTY.



A FRESH POINT OF VIEW: ABOUT THAT MINION IDEA...

By Jack Switzer, 18

MONTROSE-A towering, dark aura now holds our town hostage. A cold, unsettling presence has gripped us over the last few months, a rough beast that at any moment could unleash a wave of cold, snarling power so strong we'd be swept away. Of course, I'm exaggerating. It's just a massive, five-story-tall water tower that pierces the sky above our lovely town. Like a malevolent Titan, it stands tall, eyeing our community from its Sunset Mesa abode.

However, when something is watching over you, wouldn't you prefer something with a more welcoming presence than a massive stone-cold concrete tower that's larger than life?

That's why, I for one, am campaigning for a fresh coat of paint on the tower. A mural of sorts if you would. And if we were to paint a mural on this lovely canvas, I would like it to be something that brings warmth to the heart, a taste of childhood, and something familiar to everyone. Something blazingly yellow.

When I first noticed the tower, I simply took note of its ugly outward appearance and decided it probably wasn't worth too much of my time to think about. However, my interest was reignited when I had

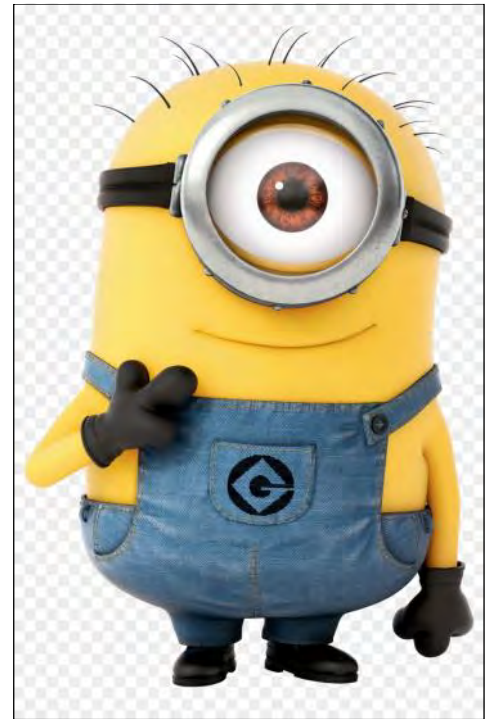
heard that at some point, the City may consider more artistic paint coatings for our new tower.

Several ideas have been floated, ranging from the blandly scenic to the more adventurous--in fact, it has come to my attention that someone at City Hall has suggested painting the tower as a minion, a popular character from the Illumination Studios movie "Despicable Me."

I myself think this is a genius and wonderful idea, being perfect in all aspects. A massive cartoon minion that will watch over us, a merciful cartoon icon with powers unknown.

I understand the City of Montrose has had multiple mascots over the years, the most famous being the Montrose Mouse. So why not bring a bright, new chapter to our history with the Montrose Minion? The tower itself is the perfect shape to be reimagined as a giant minion; it would be a cheap and effective solution to cover up the less than beautiful outside of the tower itself.

Obviously, the tower could be painted to look like a variety of things, but none would fit as perfectly as a Minion would, in my opinion. With its singular eye, it would watch over all of us like a very tall guardian angel, who will shield our valley



Someone at City Hall has suggested painting the new water tower as a minion, above. I could not agree more!

in times of disaster.

Let's come together as proud people of this City, and demand that this massive tower receive a minion paint job! In the name of all who live here!



presents

No Matter What, Keep Laughing

Friday
Aug. 13
6 pm

5:30 pm

Doors
Bar

Concessions



Cheryl Gaudet



Nancy Norton



Stephanie McHugh

Montrose Center for the Arts, 11 S. Park Ave., Montrose CO | mc4arts.com

MONTROSE COUNTY FAIR ART SHOW – BEST EVER THIS YEAR!

Montrose County Fair Art Show



Our best show yet - artwork from ages 4 to 91. First-timers to pros.

Special to the Mirror

MONTROSE—"Looks like this year's art show is the best we've had so far," said Virginia Blackstock, renowned watercolorist, who entered three pieces.

"Absolutely," agreed Margaret and Dave Kauffman, painter (her) and woodturner (him), who have both entered pieces in the show.

Other members of the Montrose Center for the Arts (MCA) are also helping accept work and set up the show, which is being managed by Art Show Acting Supervisor, MCA VP, Kate Burke.

The show is being held in the large room off the lobby in the new Event Center.

"This gives us lots more room and a much better space," said Fairgrounds Manager, Stoney Field. Board member, Matt Box, who has devoted his time to the two-day setup, agreed. And so did volunteers from the Art Center, Time Bank, Partners, the

Senior Center, and newcomer to Montrose, Secret Greenfield, who is assisting Burke with organizing the art show.

"I love the quality and variety of what's coming in," Burke said, pointing out three adorable small drawings in the Student Division, kids 2nd grade and under.

Three excellent oils were painted by a 91-year-old grandmother, whose other family members are also exhibiting. Three outstanding photographs of an owl and a fox are from a new exhibitor. "We're hoping this lady will join us at the Art Center. And look at these incredible photographs of—appropriately—ranch life by Natalie Heller. She is MCA's featured artist for August. And this little photo was taken by a kindergartener! We have some exciting new categories, too—ceramics, sculpture, and digital art."

The art show is being judged Wednesday morning, by Arleta Pech, of Cedaredge, an

artist herself who has also judged national shows. Come on down to the fairgrounds and check out the art, see who got a ribbon. With so many divisions, there will be a lot of ribbons.

While you're here, be sure to peruse the wood art exhibit just inside the front door. Bid on a birdhouse; all proceeds go to the local chapter of the Audubon Society. Don't miss the quilts on the far right wall. Quilting is a legendary art, one kept alive here by some very talented quilters. This room in the Art Center is also the place for the "Living Arts," which includes fiber arts, kitchen and food, beer and wine, the very fun Painted Rock Contest and Best of Show Award for Original Lego Design. So, yep, we've got pigs and cows, mutton bustin' and bull riding, and all kinds of horse shows and events.

And we've got art. Come see us all week at the County Fair.



Let's Dance!

MONTROSE PAVILION DANCE CLUB

Welcomes:

Ghost River - Aug 14th

New Vision - Aug 28th

Doors Open - 6:30

Music - 7:30 - 11:00

Montrose Pavilion

Only **\$5** *Per Person*

Bring Food To Share!

Fast-Food or Store-Bought Only Please

SAVE THE DATE! LOCAL EVENTS CALENDAR

ONGOING-

NAMI FAMILY SUPPORT GROUP will be held the 3rd Wednesday of each month at the PIC Place 5:30-7pm. Please call Kathy at 520-282-9060 for more information.

MONTROSE FARMERS' MARKET is a gathering of vendors selling local fruit, vegetables, meat, crafts, and more. **Date and time:** Alternate Saturdays from 10 am-1 pm—every other weekend. **Location:** Montrose Centennial Plaza and Centennial Meeting Room, 15-99 S Uncompahgre Ave, Montrose, CO 81401 **Cost:** Free to attend. Curbside service is still available in the winter season!

COMMUNITY BIBLE STUDY-Registration now open for Sept 2021 - Apr 2022 COMMUNITY BIBLE STUDY, an international nondenominational Bible study. Studying Revelation Sep 2021-Jan 2022 and Christian Living (1,2,3 John, Jude & Philemon) Feb-Apr 2022. In person for women and children of all ages on Wednesday mornings 9-11. Virtual/Zoom for women Thursday evenings 6-7:15. Contact 720-635-0091 to register or for more information. Or come to our first meeting Wed., Sep. 8, at the First Presbyterian Church, 1840 E. Niagara St., Montrose, at 9AM.

MONTROSE ALTRUSA-1st Tuesday of the month Program meeting; 2nd Tuesday of the month committee meeting; 3rd Tuesday of the month Business meeting. Meetings are held at the Hampton Inn conference room at Noon.

MONTHLY

July 30-Friday, July 30, 6-8 p.m. at Montrose Center for the Arts, Gems and Minerals Painting. Tuition \$30. [Register online at mc4arts.com](https://mc4arts.com) (under events) or call 970-787-9428.

July 31-The Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests, in cooperation with Colorado Parks and Wildlife, announce the 2021 Grand Mesa Moose Day. This free family event will take place July 31 at the Grand Mesa Visitor Center located off Highway 65 at 2009 Baron Lake Drive from 10 a.m. – 2 p.m. For more information contact the Grand Mesa Visitor Center at (970) 856-4153.

For information and updates on current fire restrictions, conditions, and recreation opportunities on the Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests visit the [forest website](https://www.forestwebsite.com). Connect with us on social media ([Twitter](https://twitter.com) and [Facebook](https://facebook.com)).

Aug. 4-The third annual Black Canyon Boys & Girls Club (BCBGC) STEM fair is Wednesday Aug. 4 from 4-6 p.m. This year's fair is back in person (with a virtual fair last year due to the COVID-19 pandemic) and open to the public. Please join us at the Club, located at 2900 Sunnyside Rd. (inside Celebration Church) to see what the Club kids have been working on all summer and vote for your favorite project! For more information on the BCBGC, visit www.bcbgc.org.

Aug. 4-Montrose County Historical Society is proud to have Rod Bunyard from the Ridgway Railroad Museum. He will discuss the museum, its history, and future as well as the progress of the construction of a steam-driven locomotive. This presentation will be in the Pioneer Room of Friendship Hall on the Montrose County Fairgrounds, at 7 pm, open to the public and for no charge. Light refreshments will be available.

Aug. 4-Wed. Aug 4. 1-4 pm. [Watercolor Wednesday with Jodine Broscovak](https://www.watercolorwednesday.com). \$35

Aug. 9-For the month of August, the Women's Giving Club will be having their meeting on the SECOND Monday (always held on the first Monday). August 9, 5:30 Remingtons at the Bridges.

Aug. 10- Mindfulness Matters, in the Montrose Library meeting room, 7 p.m. Erin Easton, the Founder of New Leaf Coaching and a Mindfulness Based Health and Life Coach, will present a two-hour class introducing what mindfulness is and some basic techniques. Learn how habitual reactions are created within the mind and how mindful awareness can help us break negative habits bringing more peace, purpose, happiness, and intention into our lives. We will also learn some basic mindfulness techniques to get us started on a personal practice.

Join us, in the library's Meeting Room, on Tuesday, Aug. 10 at 7pm.

Aug.12-Thur., Aug 12., 1-2:30 pm. Hedgehog Painting for Kids. Anne Hockenberry. Materials provided. \$20

Aug.21-Sat., Aug 21. 1-3 pm/ Summer Leaf Painting Clay Soap Dishes. 1-3 pm. Materials Provided. René Fisher. \$10.

Aug. 13-Friday, Aug. 13. 6-8 pm. Comedy and Music program. At Montrose Center for the Arts, 11 S. Park Ave., Montrose CO mc4arts.com. 970-787-9428.

Aug. 17-Country Rocker FC Westcott and his band the Aficionados bring his unique traditional, yet hard driving country sound to Music in the Grapevines on Tuesday, Aug. 17. Arrive early with lawn chairs and perhaps a picnic dinner or appetizers for an evening in the shadow of Colorado National Monument. Wine is available for purchase. Gates open at 6 pm, music at 7 pm. Tickets are \$15 in advance at the Winery, The Art Center (7th & Orchard) and online at artcenterguild.org. All proceeds benefit the Art Center of Western Colorado.

Aug. 17-Tues. Aug. 17. Let It Flow, Alcohol Ink Painting. With Jana Adams. Materials Provided. \$40.

Aug. 18-History Wednesday: noon- 2 pm. Brown Bag lunch. With Zilla May Brown, *History of Montrose*. FREE

Aug. 26-Saturday, Aug. 26. 9 am-2 pm. Plein Air Painting with Barbara Kendrick. There is a fee. [Register online at mc4arts.com](https://mc4arts.com) (under events) or call 970-787-9428.

Aug. 26-Potluck Program – Potluck-Earlier this month Sasha Jacobo, a Food Security Coordinator with the Valley Food Partnership, taught us about simple and creative ways to incorporate vegan cooking into everyday life. You will have an opportunity to practice those skills at this potluck. Share a healthy vegan dish you've prepared, and sample other peoples' meals, at this event! It will take place at MADA on Thursday, Aug. 26, at 7pm. Email Taylor, at tevans@montroselibrary.org, for more information.

Aug. 28-The Montrose High School Class of 1976 will be holding a 45th class reunion on Saturday, Aug. 28, 2021. Festivities will start at 2pm in the Backyard of the Montrose Elks Lodge, 801 S. Hillcrest Dr. Dinner will be at 5pm by Serving Grace-Catering. Dinner reservations will be \$25 per person. We invite members of other MHS classes, former faculty and staff members to join us. Contact LeAnna Edmonson Spadafora 970-209-3374 or Tracy Allies Harrison 970-249-1418 or check out our FB page "76" for more information.

Sept. 4-The 2021 Montrose Wine & Food Festival, presented by Alpine Bank, is back! Join us Saturday Sept. 4 from 1-4 p.m. at the Montrose County Event Center (1036 N. 7th St.) All proceeds from the event benefit the Black Canyon Boys & Girls Club (BCBGC). Tickets and sponsorships are available online at www.blackcanyontickets.com. Tickets are \$65 and include an event glass. For more information on the BCBGC, visit www.bcbgc.org. For more information on the Festival, visit www.montrosewinefestival.com

Sept. 17-7-8:30 pm. Piano Concert with Deb Barr. Montrose Methodist Church. TICKETS \$20.

Contact the Montrose Mirror:
970-275-0646

Editor@montrosemirror.com

www.montrosemirror.com

READER PHOTO SPOTLIGHT: DEB REIMANN



Above, Pinion Pioneer Cemetery near Nucla, by Deb Reimann.

At left, a notch open to Paradox Valley, by Deb Reimann.

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Find out what **your business is worth**, while buyers are in acquisition mode.

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