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Montrose Mirror

Free news for fresh people!

CITY OF MONTROSE APPROVES TRATTORIA DI SOFIA SMALL BUSINESS EXPANSION PROJECT



Montrose City Council voted unanimously to approve the DART Commercial Kitchen/Small Business Expansion Project for Trattoria Di Sofia, which will move to the Colorado Outdoors Flex Building, above.

By Caitlin Switzer

MONTROSE-All councilors were present for the regularly scheduled meeting of the Montrose City Council on Tuesday, Feb. 1. Mayor Doug Glaspell called the meeting to order, and Youth Councilor Harrison Hall led in saying the Pledge of Allegiance. Mayor Pro Tem David Frank had no changes to the meeting agenda.

Mayor Glaspell took time to swear in Assistant City Attorney Chris Dowsey, and to present Dowsey with a badge.

"Thank you so much," Dowsey said.

CALL FOR PUBLIC COMMENT ON NON-AGENDA

There were no comments heard from the public.

APPROVAL OF MINUTES

Council voted unanimously

Continued pg 29

BOCC RESCINDS RESOLUTION ON NEW ZONING REGS

By Caitlin Switzer

MONTROSE-BOCC Chair Keith Caddy welcomed everyone to the Feb. 2 meeting of the Montrose Board of County Commissioners (BOCC). All commissioners were present; Pastor Karl Leuthauser of Grace Community Church delivered the invocation. Leuthauser reminded of Proverbs 19:17.

"Whoever is kind to the poor lends to the Lord," he said, "...where any of us have power, let us use it to help..." He prayed that Montrose County would be a compassionate county, "... That we would be a county that takes care of our weak, that takes care of our poor, that takes care of our discarded." County Planning & Development Director Steve White led all in saying the Pledge of Allegiance.

PUBLIC COMMENT PERIOD

Citizen Scott Riba spoke. He thanked County Engineer and Public Works Director Keith Laube for having the Shavano Valley Road graded. "That road was at the point that if you went over 15 miles an hour, you couldn't do it. It Continued pg 27



Citizen Scott Riba thanked Montrose County for having the Shavano Valley Road, above, graded. "It was very potholed," he said. Photo by B. Switzer.

Lisa Rediger on the

Lauren Hall Ruddell: power of live theatre! Your brain on nature! **Historian Bob Cox:** Roller, Bowler Ball! **Church Directory!** Calendar of Events! The Montrose Mirror February 7, 2022 Page 2



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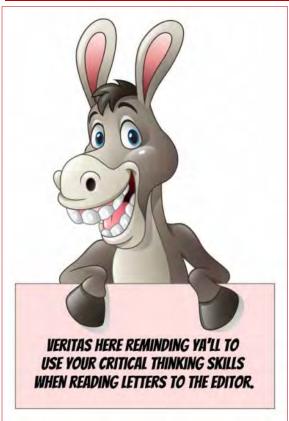
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REGIONAL NEWS BRIEFS

Main Street Waterline Work To Begin Monday

Special to the Mirror

MONTROSE — On Monday, Feb. 7, crews with the City of Montrose's Public Works Department will close the eastbound lane of Main Street between Uncompanyer

and Park Avenues to repair a waterline leak

The single-block closure is necessary to get heavy machinery, including a backhoe, dump trucks, and a vactor truck in place

and is expected to continue throughout the day.

The westbound lane of Main Street will be unaffected. Detours on Main Street will be set up in the area of the closure.



Store Hours Mon. - Sat. 9:00-5:30





REGIONAL NEWS BRIEFS

MUNICIPAL ELECTION BALLOT LANGUAGE

Special to the Mirror

MONTROSE — The list of candidates for City Council that have met the requirements to appear on the ballot for the upcoming 2022 General Municipal Election has been finalized, according to City Clerk Lisa DelPiccolo.

The election, scheduled for Tuesday, April 5, will have six candidates seeking election to four council seats.

Ballots will be mailed to registered voters in the City of Montrose during the week of March 14. Overseas and military ballots will be mailed out by February 18.

All candidates were invited to attend a candidate information session with City Council on Tuesday, February 1, at the Montrose Visitor Center. During the session, candidates from each district had their names randomly drawn to determine the order of placement on the ballot.

The 2022 candidates for City Council will appear on the ballot in the following order:

District 1:

Douglas W. Glaspell

Paul Arbogast

District 2:

Anthony Russo

Ed Ulibarri

District 3:

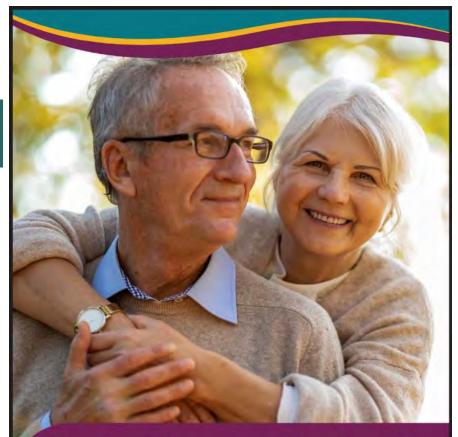
J. David Reed

At-Large:

Barbara Bynum

More information about the election, including candidate biographies, is available at <u>CityOf-Montrose.org/Election</u>.





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REGIONAL NEWS BRIEFS

ALL POINTS TRANSIT'S MAIN STREET SHUTTLE ROUTE EXTENSION BEGINS FEB. 7 WITH FREE RIDE WEEK TO FOLLOW

Special to the Mirror

MONTROSE—Additional bus service is coming to Montrose in February! And to celebrate the new route, All Points Transit is offering free rides the whole week of February $7^{th} - 11^{th}$ on the public bus routes in Montrose and Olathe!

All Points Transit's Main Street Shuttle or "Blue Route" will extend down Hillcrest and begin serving the Pavilion area on Monday, Feb. 7. The route begins at the West Main Trail head on West Main Street at the top of the hour. Until this extension, the bus route ended with a stop at the Rose Bowl, turning around at Hillcrest / 6600 Rd.

The hourly extension along Hillcrest will include stops on the west side at South

11th St and at Avon as the bus travels south to the Pavilion. On the way back north, bus stops are located at Stratford, Birch St. (Black Canyon Golf Course) and at Par Place on the east side of the road. The route runs on a one-hour circuit from 7am to 7pm, Monday through Friday. The route meets up with the Townsend Express ("Orange Route") at the bus shelter on South 2nd St. two times each hour allowing opportunity for passengers to transfer between routes. The Townsend Express runs from the Justice Center on North Grand down to Target on South Townsend. The Townsend Express buses arrive every 30 minutes, with over 20 stops on the route.

All of the buses are ADA accessible with a ramp or a lift. When scheduled a few hours in advance, the bus will even travel off route up to ¾ of a mile for anyone who cannot reach their closest bus stop. In addition, there are a number of high traffic "flex stops" marked on the map that are easily served by the routes, including Montrose Regional Health, River Valley Family Health Center, the Center for Mental Health, the Montrose Community Recreation Center, Sunshine Peak Apartments and Marine Road.

The fare for a single ride for an adult is \$1.50 or 75c for adults 60+, persons with disabilities, youth, students and veterans. Exact change on the bus is required. Affordable day passes and one month, three-month or six-month pass options are available.

Passes can be requested online at www.allpointstransit.org, by calling 970-249-0128 or by visiting All Points Transit in person at 175 Merchant Drive in Montrose

All Points Transit is a 501c3 non-profit organization serving communities throughout the western slope with public transit services. Door to door assisted transportation and medical shuttle services are also available. Call 970-249-0128 for more information.



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Green Cover Seed Agronomist DAVID C. JOHNSON, PHD

Soil Molecular Biologist New Mexico State University DR. JIM IPPOLITO

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REGIONAL NEWS BRIEFS

FEDERAL TRAINING REQUIREMENT FOR COMMERCIAL DRIVERS TAKES EFFECT FEB. 7

Special to the Mirror

LAKEWOOD-In an effort to make roads safer for all, Coloradans wishing to get their commercial driver's license (CDL) will have to take a comprehensive training course before they can apply to receive one

Starting Feb. 7, aspiring commercial drivers will need to complete the new federally mandated Entry Level Driver Training (ELDT) with a certified trainer before they can obtain a CDL.

-Entry Level Driver Training certification will help ensure commercial drivers are properly trained, making the roads safer for all motorists. This new regulation is in line with the Federal Motor Carrier Safety Administration's primary mission to reduce crashes, injuries, and fatalities involving large trucks and buses. The ELDT intends to increase safety on our nation's highways by setting minimum standards and enforcing uniform requirements for new commercial drivers, which will result in more qualified drivers on our roads. Prior to this change in legislation, CDL standards varied state by state.

- -The new training is required for first-time commercial drivers; anyone wanting to upgrade their CDL or anyone wanting to add the following endorsements:
- -hazardous material (H),
- -passenger (P), or
- -school bus (S) endorsement.

During the training, which includes classroom instruction, drivers must pass the assessment with an overall score of 80 percent or higher and demonstrate proficiency in behind-the-wheel training. Only instructors and schools listed on the

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National Training Provider Registry are allowed to certify that drivers have passed the necessary requirements for a CDL or an endorsement.

To find an approved instructor or school, visit the National Training Provider Registry website at tpr.fmcsa.dot.gov.

Colorado residents who qualify for the State's Vets-2-Trucks program are exempt from the training. More information on the Vets-2-Trucks program is available at dmv.colorado.gov/active-duty-military-

and-veterans.

Currently, the DMV offers 45 online services, including license and ID card renewals, vehicle registration renewals, paying a traffic ticket, motor vehicle records, first-time vehicle registration and many more. Coloradans can now DMV Online, inoffice or at one of 52 conveniently located MV Express Kiosks, Coloradans have more options than ever before. Discover all the ways to DMV at DMV.Colorado.gov/Anywhere.



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REGIONAL NEWS BRIEFS

TOWN OF PALISADE BEGINNING CONSTRUCTION ON US 6

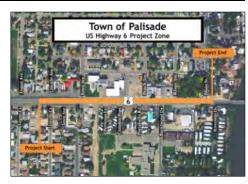
Special to the Mirror

MESA COUNTY — The Town of Palisade, Colorado Department of Transportation, and prime contractor United Companies will begin intersection improvements along US Highway 6 starting at the end of January.

Work will take place between Logan Avenue and Riverside Drive. Project improvements will include curb, gutter, sidewalk, ADA ramp, crosswalk, drainage, and medi-

an reconfigurations to establish dedicated turn lanes at intersections. This is a precursor to a larger repaving project that will begin at the end of April, 2022. The project will improve and prolong the life of the road surface, as well as make intersections more accessible for multimodal travelers.

Work will start on eastbound lanes, move to westbound lanes and finish with a center island replacement and landscaping.



Courtesy image Town of Palisade.

THE COMEBACK

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Thursday, February 17th 10am - 4pm

The bus is staffed by medical professionals who are trained to give all of the available COVID vaccines including Johnson & Johnson, Pfizer, Pfizer for children ages 5-11, Moderna, Boosters, and the flu vaccine.



Appointments are encouraged but not required. https://montrose-217-cdphe-mvu15.youcanbook.me

Vaccines are free, and no ID, insurance, or appointment is needed!

The goals of these improvements are to enhance existing infrastructure, and create safer, more accessible travel paths. Travel Impacts

Daytime work hours will range from 8 a.m. to 5 p.m. Monday through Friday. Vehicles may be reduced to a single-lane, alternating traffic intermittently in either direction, throughout the duration of the project.

These lane closures are not anticipated to significantly impact travel times. Access to businesses and residences will be maintained at all times unless arrangements are made with the property owner to establish short-term detour routes. This project is currently expected to be completed this spring.

Project Contact Information

For additional information about this project, contact the project team. We encourage the public to sign up for email notifications to stay up to date on the most recent project updates. Current lane closure reports

and travel impacts can be found at www.cotrip.org.

Project website: https://www.codot.gov/ projects/us6-palisade-improvements Project hotline: 970.880.2983 Project email: publicinfoco@gmail.com



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Step away from the ordinary, the mundane and step into elegance, details and spaciousness. The elegance of the rounded entry door surrounded by glass leads the way into this lovely custom built home with recent improvements at every turn. Get cozy in the library/den with beautifully stained custom bookcase and storage. The perfect space for reading, relaxing and energizing your soul. Archways surround the formal dining room now used as an office with beautiful hardwood flooring. Vaulted ceilings crown the spacious living room, and kitchen. Custom cabinetry and granite counter tops show off an efficiently designed kitchen with pantry. Whether eating, or gathered around the table for good conversation, the beautiful fireplace creates the perfect setting. The split floor plan with three bedrooms, one on-suite and two that share a full bath are on one end of the house, and the stunning owner's suite is on the other. Columns show off the spa-

like bathroom with double sinks, trayed ceiling, mirror with hidden tv, and double sided fireplace for viewing from the relaxing bath or the bedroom. Downstairs is perfect for large gatherings and entertaining. There is a wet-bar, large theater room, a workout room or make it an additional sleeping area, and STORAGE everywhere. A separate door is off the large family room. The 3 car garage is complete with 220 and 230 in the single bay. Fresh paint throughout the home and garage, new carpet, new LVT flooring and new Geo-Thermal heating system with a 10 year warranty, new appliances, and on the outside freshly painted stucco is accented with timber trimmed window sills. There is a beautiful pond in back yard with pump. \$1,150,000 MLS# 788949



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REGIONAL NEWS BRIEFS

FOREST SERVICE TO HOST VIRTUAL ANNUAL STAKEHOLDER MEETING SBEADMR and Taylor Park Vegetation Management

Special to the Mirror

DELTA—The Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests will be hosting its annual Spruce Beetle Epidemic and Aspen Decline Management Response (SBEADMR) and Taylor Park Vegetation Management (Taylor Park EA) combined stakeholder meeting Tuesday, Feb. 22, and Wednesday, Feb. 23, from 8:30 a.m. – 12:30 p.m. The event will be a virtual Zoom meeting. SBEADMR, a forest wide project and Taylor Park EA, a project

located on the Gunnison Ranger District, allow for commercial and non-commercial vegetation treatments. Both projects respond to forest health concerns and strive to increase the forest's ability to respond to multiple and interactive stressors including climate change, drought, insect attack and dis-

All interested members of the public are invited to attend this year's annual stakeholder meeting and interact with personnel from GMUG's Staff and Science Teams. This year's meeting will include discussion on GMUG insect and disease update, science team monitoring findings and updates, conserving mountain fens, Wilder-Highlands Mountain Pine Beetle Response project update and GMUG staff providing an overview of past and future treatments.

Following the meeting will be the annual 30-day informal public comment period for both projects. Colorado University will host the virtual meetings at the following Zoom link: https://western.zoom.us/j/91619479124. Full Zoom details, including a call-in number, will be posted on the Center for Public Lands website. For more information on SBEADMR http://bit.ly/GMUGSBEADMRhttps://cfri.colostate.edu/projects/sbeadmr/. For more information on the Taylor Park EA please visit: https://

www.centerforpubliclands.org/project-list/taylor-park-group.

For questions contact: Melanie Armstrong, Director for the Center for Public Lands at Western Colorado University at marmstrong@western.edu.

For information and updates on current fire restrictions, conditions, and recreation opportunities on the GMUG visit the <u>forest</u> website.

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REGIONAL NEWS BRIEFS

IGNITE RETURNS TO MONTROSE FEB. 10 @ PRECEDENCE

Special to the Mirror
MONTROSE-Ignite Montrose is Thursday,
Feb. 10 at 7 pm at Upstairs at Precedence
(511 East Main Street). Approximately ten

ignite presentations will be featured. Ignite Montrose is an evening of fast paced presentations, five minutes and 20 slides each. This is an opportunity for our com-

munity members to share their passions, hobbies, travels, jobs or interests. Want to learn more? Visit https:// ignitemontrose.weebly.com/







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OPINION/EDITORIAL: LETTERS

THIS PRESIDENT IS IGNORING HIS OATH OF OFFICE AND ENDANGERING OUR COUNTRY AND CITIZENS

Editor:

I've been thinking....oh no!!! But yes....using my God Given brain power!! Critical Thinking!

Has anyone seen the videos of the late night flights bringing Illegals into various airports throughout our country? Also, in BROAD DAYLIGHT bringing Illegals on buses to airports and giving them a pass to fly ANYWHERE in our country?? (They could be on a flight with YOU! Who knows what they would do since they ARE NOT VET-TED.) He's also ordering our Border Control Agents and Ice Agents to ignore our laws as well. Why do you think there's been such a continuous increase in all the Chinese virus cases? Answer: because of the millions of illegals coming from ALL parts of the world bringing this virus plus a multitude of other diseases. Also what about all the illegal drugs coming with them as well? If you haven't seen any of these videos you need to inform yourself. This president is ignoring his Oath of Office and endangering our Country and Citizens. We are a Sovereign Nation with a Legal Border he has sworn to protect. This is the primary function of our government. (Basic Law: you are a Criminal if you invade our country ILLEGALLY.) Who do you think is PAYING FOR THIS? You got it...WE ARE! Citizens who pay our taxes, follow our laws, run our businesses, work our jobs trying to live OUR AMERICAN DREAM which we have WORKED FOR and

DESERVE because WE make this country great. We are the Legal American Citizens who provide the revenue through the "sweat of our brows" and our dollars to this corrupt, evil government in Washington. Political persuasion doesn't matter here; this is an AMERICAN problem affecting all of us.

This president broke our laws from the day he took office with his Executive Orders. In the following months he surrendered to the enemy in Afghanistan and aided and abetted the enemy by leaving millions of dollars' worth of OUR WEAP-ONS and American Citizens behind. "OUR" weapons because we THE TAXPAY-ERS PAID FOR IT ALL. (is this the definition of Dereliction of Duty at least?) There is no defense for all his illegal and unconstitutional actions. His goal is to transform this nation as it was founded and destroy all our lives, our dreams and those of our children and grandchildren. Our two senators are equally guilty: they have not upheld THEIR OATH OF OFFICE as we the people of Colorado elected them to do. We have not seen or heard from either one of them. If you only watch the mainstream media, or social media, you better inform yourself watching "ALL ME-DIA"....showing videos and interviews of the reality of what is going on and decide what to believe. So....put your Critical Thinking Cap on: open your eyes and minds and decide how you want to live

your life; this is certainly NOT THE AMERI-CAN WAY. This is what happens with One Party Rule. Our Founding Fathers foresaw this problem when writing our Founding Documents. People being who they are; some at the chance for Power and Money will do anything to get it and keep it. There will never be a candidate on which we agree with everything they promote but we look for the key issues that are most important and relate to our core values. We may not even LIKE the candidate personally but need to look to the Big Picture: what they can do to protect America.

There seems to be a huge part of our population who have lost the ability to accept TRUTH AND FACTS. They are the Elites running this country and they purposefully refute truth and facts as it contradicts their agenda. Our Legal Vote has never been more important than in the 2022 election.

This President is breaking our laws, his oath of office and ignoring our Constitution every day he allows the invasion of our country. He needs to be held accountable for endangering American Citizens. There is documented proof that this has been going on almost since he took office yet he won't acknowledge this invasion is occurring. It is time he IS HELD ACCOUNTABLE in a Court of Law and to the full extent of the law.

Carol McBride, Montrose



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Saturday, February 12th

9:00a - 11:00a Pioneer Room in Friendship Hall

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READER PHOTO SPOTLIGHT: DEB REIMANN

At right, Aspen grove in winter, by Deb Reimann.





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> Trattoria de Sofia 970-249-0433

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Busy Corner White Kitchen 970-323-6215

> Pahgre's 970-249-6442

REGIONAL NEWS BRIEFS

TOUCH OF CARE HOSPICE OFFERS COVID 19 GRIEF GROUP

Special to the Mirror

MONTROSE-Our loss and bereavement group takes place the last Tuesday of every month in the Touch of Care conference room (1100 East Main Street, Montrose) at Noon. Please contact Touch of Care Hospice at 970-787-9988 for any questions.



REGIONAL NEWS BRIEFS

NEW BEHAVIORAL HEALTH CRISIS SERVICES ANNOUNCED IN SAN MIGUEL COUNTY

Special to the Mirror

SAN MIGUEL COUNTY—The San Miguel Sheriff's Office is announcing a change to how behavioral health mobile crisis services are delivered in San Miguel County. Effective immediately, members of the public, school counselors, first responders, and the county jail staff will be able to access and receive even more consistent

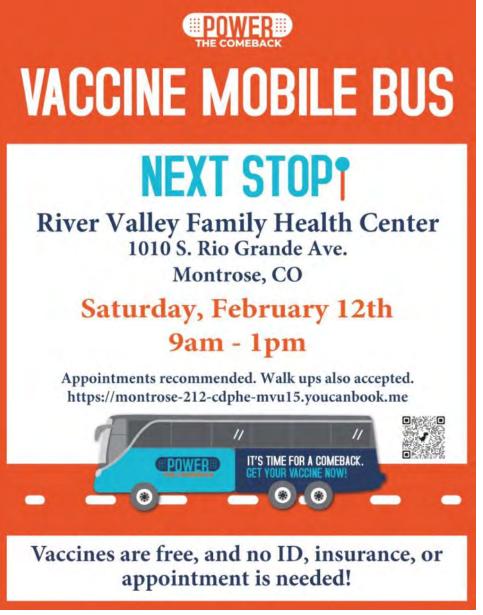
emergency mental health services with newly contracted Integrated Insight Therapy (ITT) of Delta, Colorado.

The Sheriff's office was unable to continue to provide direct behavioral health crisis response services due to staffing and personnel recruitment issues. The Sheriff's Office had held a contract with Rocky Mountain Health Plans (RMHP) to deliver

these behavioral health services, but because of these issues, RMPH has now contracted with IIT to provide these mental health services.

IIT, founded in 2019 and based out of Delta, employs nearly 30 clinicians in the region - including three in San Miguel County. They hope to add three more clinicians within the next several months.

Sheriff Bill Masters wants to thank Robin Slater for her valuable work in making the CO-Responder (CORE) program as successful as it was for the last two years, and says he is looking forward to continued improvement with these services. "We know mental health resources are needed, often by those who need them in crisis situations, and I have confidence ITT will be there for those who need it the most." Schools, libraries and members of the public can continue to access services via the Colorado Crisis Services hotline - 844-493-TALK (8255) at any time and speak to a behavioral health professional. Should hotline personnel determine additional client assistance is necessary they will send one of the ITT clinicians to respond.





REGIONAL NEWS BRIEFS

DELTA COUNTY FAIR BOARD SEATS CUT FROM 15 TO 6

Special to the Mirror

DELTA-The Delta County Commissioners, in their January 4, 2022 regular business meeting, voted to reorganize the Delta County Fair Board bringing the number of Fair Board Members from 15, down to 6. The purpose of the reorganization is to expand the scope and scale of the Delta County Fair. All current superintendents will remain in place and will work in cooperation and coordination with the new Fair Board.

The reorganized Fair Board categories consist of Community and Town of Hotchkiss, Heritage Hall, Rodeo, Sponsorship and Events, Youth Representatives (2). Ryan Bates was elected as the Fair Board President, Jason Burns - Vice-President, Amy Perkins - Treasurer, Jennifer Craig – Secretary, and Kim Shay – Member.

The Delta County Commissioners are excited for this year's fair, and are confident that the leadership on the Fair Board has the vision and drive to make this year's fair a bigger and better experience, that draws more residents and visitors of Delta County to the Fair, which will be held Friday, July 29 – Saturday, August 6, 2022. "Thank you to each and every community member who has previously served on the Fair Board, or has volunteered their time to the fair, " said Don Suppes, Delta County Commissioner Chair." The fair would not be as successful as it is without all of you."

The Fair Board recently hosted a theme contest; the winning theme for the 2022 Delta County Fair, *Stars, Stripes, and Summer Nights*, was submitted by Sarah Crawford. If you are interested in being a sponsor, or vendor, for the 2022 Delta County Fair, please call 970-874-2108 or send an email to <u>deltacountyfair@gmail.com</u>.

In addition to the Delta County Fair Board reorganization, District #3 Commissioner Wendell Koontz hosted three community meetings to gather input and suggestions as the County moves forward with updating the Fairgrounds Master Plan, which hasn't been updated since

2010. Meetings were held in Hotchkiss, Delta, and Cedaredge; the Fairgrounds Master Plan update committee has identified a list of high priorities after reviewing the feedback and input from community members, which included an online survey.

The next step in the Fairgrounds Master Plan update is to begin revising the 2010 plan. A draft of the revised Master Plan will be available during the next community meeting to be held on Wednesday,

March 30, 2022 at 6:30p, in Heritage Hall located at the Delta County Fairgrounds.

"Thank you to everyone who attended the community meetings, or submitted their comments online," said Delta County District #3 Commissioner Wendell Koontz. "The community's input is invaluable as we move forward with updating the Delta County Fairgrounds Master Plan; I look forward to working with the community as we execute the priorities identified to be included in the updated plan."



REGIONAL NEWS BRIEFS

UPCOMING LOCATIONS FOR VACCINE MOBILE BUS

Saturday, 2/12 9am - 1pm River Valley Family Health Center 1010 S Rio Grande Ave, Montrose, CO 81401

Registration link: https://montrose-212-cdphe-mvu15.youcanbook.me

Sunday, 2/13 9am - 2pm St. Mary's Catholic Church (north parking lot)

1855 St. Mary's Dr., Montrose, CO 81401 Registration link: https://montrose-213-cdphe-mvu15.youcanbook.me

Thursday, 2/17 10am - 4pm MADA - Mexican American Development Association

17 N. 6th St., Montrose, CO 81401 Registration link: https://montrose-217-cdphe-mvu15.youcanbook.me

Friday, 2/18 10am - 4pm Montrose Community Recreation Center (west parking lot)

16350 Woodgate Road, Montrose, CO 81401

Registration link: https://montrose-218-cdphe-mvu15.youcanbook.me





We recognize that aging is for many a complex and fearful unknown. Our desire is to help older adults celebrate the joy of living by creating a sustained, trusted relationship with support systems that allow them to age with dignity. Help us make a real difference in the lives of others by making a contribution today.

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REGIONAL **NEWS BRIEFS**

CITIZENS CLIMATE LOBBY TO MEET

Special to the Mirror

MONTROSE-On Monday, Feb. 7 5:30 Citizensclimatelobby, org meets in person with masks at Montrose library meeting rm, environmental, nonpartisan, national, all welcome, info 970-765-9095





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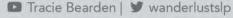
Stroke Rehabilitation

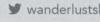
COVID-19 Long Hauler Impairments

· Parkinson's Disease, ALS

· And a variety of other complex, Cognitive Communication Disorders

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VISIONS FROM THE SANTA FE TRAIL

Presentation with both artists, Wed., Feb. 9, Noon-1 pm



MIKE SIMPSON LEWIS WILLIAMS

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11 S. Park Ave., Montrose CO 970-787-9428 mc4arts.com

The Montrose Mirror | February 7, 2022 Page 27

BOCC RESCINDS NEW ZONING REG RESOLUTION From pg 1

It was very potholed."

Riba also expressed appreciation for the footing at the Montrose County Event Center arena. "They're doing a fantastic job of maintaining that, and during all this weather, frozen ground, snow everywhere, it is a welcome pleasure to be able to ride inside and out of the weather."

Also speaking to the BOCC was former county commissioner Ron Henderson.

He congratulated the BOCC for doing a swell job. "...it's good that we were able to find three very capable people such as yourselves to come forward and lead the community in your capacity."

It's terribly important that others are allowed to do the same, Henderson said. "It is remarkable how people from different backgrounds who live here bring forth different ideas and issues and considerations that really are important and would probably not ever be reviewed."

Henderson said that the 2022 senior class does not yet have a location at which to hold a senior graduation party. "They can't find a place to go." He asked commissioners to consider creating a place where Olathe and Montrose graduating classes can gather, and "safely have a grand old together."

Henderson offered to have the senior party organizers meet with county officials.

"I think it's very important to have a place for the seniors on graduation night to go," BOCC Chair Keith Caddy said. "Too many tragic accidents have happened...after graduation, we hear about 'em all the time, and we've had 'em here in the past. We need to keep that to the minimum."

"My class, we had a drowning," Henderson said. "It was awful. Talk about a double downer."

Commissioners thanked Henderson for his comments. "Ron, Thank you so much, if you can get that information to us that would be great," Caddy said.

"Thanks for your kind words. That doesn't always happen, so come often," BOCC Vice Chair Sue Hansen said.

COUNTY MANAGER

County Manager Jon Waschbusch had no changes to the meeting agenda.

CONSENT AGENDA

<u>Consent Agenda items</u> were approved unanimously, with Resolution No. 07-2022 assigned to Item 5.

GENERAL BUSINESS & ADMINISTRATIVE ITEMS

Commissioners unanimously approved the award of the <u>2022 Asphalt Paving Project contract</u> to Old Castle SW dba United Companies of Montrose, having submitted the lowest responsible, <u>responsive bid</u> in the total amount of \$4,121,151. The project consists of new asphalt on 16 miles of road (asphalt overlay on 12.6 miles and paving 3.4 miles of gravel roads).

PLANNING & DEVELOPMENT-OLD BUSINESS

Planning & Development Director Steve White introduced Item E-1, Consideration and possible action to rescind resolution adoption of new zoning regulations from the Dec. 15, 2021 regularly scheduled Board of County Commissioner meeting. An item brought up by Citizen Scott Riba at a recent meeting caused great concern, White said. "It was specific to shooting ranges...the definition of shooting ranges did not clarify on private property. The intent was that it would be commercial shooting ranges, but the definition did not say so.

"...We felt, in our discussion with management, the attorney, and you as the board that we would, instead of adopting the regulations and then coming back to try and fix it...we felt it would be better to rescind all of your decisions regarding adoption of the code...we'll look through other definitions to be sure."

White said he has spoken to the Planning
Commission on the advice of the County Attorney. "...We will come back at a future date by

advertising as a public hearing again and allowing the public to speak."

Hansen said, "As a person that has no planning and developing experience, I really rely on what is brought forth. I think it sort of speaks to the specificity of definitions and making sure that we have enough eyeballs on definitions so that it cannot be misinterpreted by the public...I'm a little disappointed...from my perspective, I want to trust that what is brought forth is actionable, and in this case obviously Mr. Riba had to bring it to our attention.

"I just want to underscore how important your job is, and how much we rely on your interpretation of those zoning regs...that's your job," Hansen said.

BOCC Chair Keith Caddy said, "It's our job to make sure it's right, and I think rescinding's probably the correct way go with this myself." Commissioner Roger Rash said, "...This is how government is supposed to work. Citizens give input, we research it, we get feedback...I read through all those pages a couple times and I missed it, and I was on the Planning Commission for six years. Things do get missed...we rely on citizens like Mr. Riba to help us out.

"Thank goodness for his diligence at watching our documents and bringing things to our attention."

Rash thanked the Planning Commission and staff for their efforts.

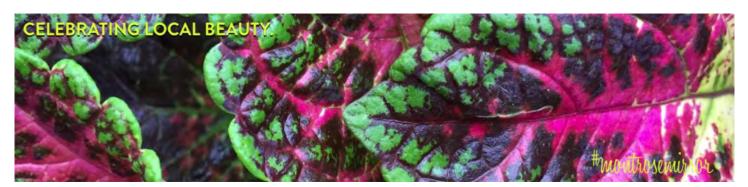
Caddy also thanked the public for providing input.

"We can't do our jobs without the public out there helping us out, and looking at things we're doing, because we miss things...we're here to serve the people of this county, and that's what we need to do.

"This board is very open to input from the community," Caddy said.

Commissioners voted unanimously to rescind resolution adoption of the new zoning regulations.

With no further business, the meeting was adjourned.





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CITY OKS SMALL BUSINESS EXPANSION PROJECT From pg 1

unanimously to approve minutes of the <u>Jan. 18 special City Council meeting</u> and the <u>Jan. 18 regular City Council meeting</u>.

DART COMMERCIAL KITCHEN/SMALL BUSINESS EXPANSION PROJECT - TRAT-TORIA DI SOFIA

Council voted unanimously to approve the DART Commercial Kitchen/Small Business Expansion Project for Trattoria Di Sofia, including a Business Expansion Loan of \$88,750 and a DART Commercial Kitchen Program Capital Incentive of \$250,000. The item was discussed previously in work session.

City Manager Bill Bell said that several years ago the City's Downtown Area Revitalization Team (DART) became the Development and Revitalization Team to promote business throughout the City. "It's always been under the National Main Street Program...but several years ago we decided that DART would be citywide, not just Main Street...and so at the time we talked about trying to turn our Downtown and other business districts into areas where there's a little bit more nightlife, a little bit more entertainment in the way of food.

"Distilleries, breweries, restaurants, those types of things, became a major priority for our DART program," Bell said. "We created the idea of having a commercial kitchen expansion program whereby we could help small businesses either here in our community who wanted to expand into larger areas to serve more people, or new businesses coming into our community, we would help develop those commercial kitchens, knowing that the need is there with our growing community to

have more dining options."

If Trattoria Di Sofia were to leave the facility, the restaurant kitchen would be left behind, Bell said.

The restaurant fills a need for a sit-down dining area for a new Fairfield Inn by Marriott, Bell said. "It's not a full-service hotel."

Mayor Pro Tem Dave Frank said that the kitchen will not be publicly accessible. Bell said that it is not a catering kitchen to be shared by others, but specific to the Trattoria Di Sofia.

The business expansion loan is structured to be forgivable over a five-year period, Bell said, "...That is enough to help front some of the money to help the restaurant move over, get established..."

INTERGOVERNMENTAL AGREEMENT WITH MONTROSE RECREATION DISTRICT

As previously discussed in work session, Council voted unanimously to approve updates to the <u>Intergovernmental Agreement</u> (IGA) with the Montrose Recreation District.

Background-A memo from Community
Programs Manager Kendall Cramer to
Council states, "Notable changes to the
agreement include the addition of an exchange of services between the parties for
lawn maintenance at the new Montrose
Rotary Amphitheater and crack sealing of
the parking lot at the Community Recreation Center. Additional language regarding scheduling of events at the Cerise and
Amphitheater Fields has been added."

BEAR CREEK FILING #6 FINAL PLAT

Council voted unanimously to approve the Bear Creek Filing #6 Final Plat Application, which proposes to create 38 new residential lots and one out-lot on 36 acres, and to dedicate rights of way and/or easements. Senior Planner Amy Sharp presented background information.

EQUIPMENT PURCHASE RECOMMENDA-TION

Public Works Manager Jim Scheid presented the <u>purchase recommendation for two Dump Trucks</u> from Jackson Group Peterbilt in Grand Junction for the total of \$493,078.90, as discussed previously in work session. Council voted unanimously to approve the equipment purchase.

YOUTH COUNCIL REPORT

Youth Council Representative Harrison Hall gave an update. "We recently received a Montrose Hardware grant for \$1,000," he said. The funds will go toward future Rock the Rec events. Assistant City Attorney for Public Safety Matthew Magliaro presented to Youth Council on the underage cannabis and paraphernalia ordinance, Hall said. Future Youth Council projects will include a guest presenter from the high school.

Police Chief Blaine Hall shared information on the Montrose Police Department's upcoming Citizens Police Academy (Starting March 2) and Latinx Citizens Police Academy (starting April 12).

There will be a police hiring event on Feb. 19 at the Montrose County Event Center, Hall said.

The most recent police hiring event was great, Councilor Anthony Russo said. Russo invited interested community members to attend on Feb. 19 to learn more about their police department.

With no further business, the council meeting was adjourned.



The Montrose Mirror February 7, 2022 Page 30

REPLACEMENT OF IRRIGATION SYSTEM FOR LIONS/BUCKLEY PARKS COMPLICATED BY MORE THAN 100 TREES

By Caitlin Switzer

MONTROSE-Montrose City Council met for a regularly scheduled work session on Monday, Jan. 31. Mayor Doug Glaspell opened the work session. All Councilors were present.

INTRODUCTION OF NEW EMPLOYEES

Joining the City team are Accountant / Customer Service Supervisor Eric Haynes; Police Records Technician / Incident Report Processor Jessica Flores; Court Administrator Karina Lanuza; Community Event Coordinator Kathryn Schroer; and Stormwater Inspector Matt Toms.

Haynes thanked Council for the welcome and introduction, "I am happy to be part of the Finance team and the City organization as a whole."

"Thank you, I am happy to be here," Flores said. 'It's nice meeting everybody."
Said Lanuza, "I am very thankful for the position...the Judge takes a lot of pride I the fact that I interned here throughout high school with Melissa Hall, Blaine Hall's wife, and she taught me so much that interested me in pursuing a career here...I am the first generation of my family to actually get a degree in Criminal Justice...I am very thankful."

Schroer said, "...I am so grateful to have this position. I've always wanted to be of service to the city and the community, so I'm really excited to get to work and help put on these events."

"Another infectious smile," Mayor Pro Tem Dave Frank said. "I love it." Toms said, "I'm also very happy to be here, look forward to being part of this team, and thanks a lot for the opportunity."

DISCUSSION ITEMS

In the absence of Community Programs Manager Kendall Cramer, Community Program Specialist Briceida Ortega presented a Resolution in support of Haven House's Community Development Block Grant Application. Haven House will use CDBG grant funds to add an early childhood center, office space, and eight low-rent apartments for graduates of the program. Though Haven House is not located within City limits the City has a history of sup-



Council discussed a replacement contract to Stryker and Company of Montrose in the amount of \$802,073.74 for replacement of the irrigation system at Lions/Buckley parks.

porting the non-profit, Bell said, including help with lease payments.

Mayor Pro Tem Dave Frank noted that grant funds will pass through the City, which will administer the grant. In response to a question from Mayor Glaspell, Haven House President Larry Fredericksen said that he planned to approach the City of Delta for a letter of support.

of Delta for a letter of support. Councilor Anthony Russo asked where matching funds for the grant will come from. Fredericksen said the match will come from a number of sources, including the Colorado Department of Local Affairs (DOLA); Colorado Housing and Finance Authority (CHFA); from Foundations that help fund non-profits; from existing cash reserves; and from fund raising activities. Police Chief Blaine Hall discussed a Reso-<u>lution</u> in support of the annual Victims of Crime Act(VOCA) grant application, authorizing the City of Montrose Police Department to file for a VOCA Grant through the Colorado Department of Public Safety, Division of Criminal Justice for a two year grant totaling \$65,000. Funds will be used for the two-year lease of a Victim Services vehicle at \$11,000 (\$5,500 per year), and \$54,000 (\$27,000 per year) for 49.09 percent of the full-time base salary of the Victim Advocate position for 2023/2024. The grant requires a \$16,250 total cash

match (\$8,125 per year). When combined

with funds from the VALE grant the Victim Advocate's salary is almost 100-percent paid for through grants, Hall said.
Planner William Reis presented an Update to Municipal Code Section 4-15-2 - Historic Preservation Commission, codifying the appointment of an alternate Historic Preservation Commission member. The update will come before Council for approval at the regular Council meeting of Feb. 15, Reis said.

Background-Language to be added to code states, "The Council may appoint alternate historic preservation commission members in the same manner as regular appointments. The alternate historic preservation commission members may be called to sit on the commission and vote as a member thereof on account of the absence of any regular member."

As previously discussed in a prior work session, Assistant City Attorney Matt Magliaro presented the proposed Ordinance, Recodification of Montrose Official Code Section 6-1-27 Underage Possession of Tobacco/Cannabis and Paraphernalia. Specifics and redlined version are included in the work session packet, as well as the rationale behind the proposed recodification.

Said Mayor Pro Tem Dave Frank, "Matt, this is much better, much more clear, and I think very well done."

REPLACEMENT IRRIGATION SYSTEM FOR LIONS/BUCKLEY PARKS COMPLICATED BY MORE THAN 100 TREES From previous pg

Police Chief Blaine Hall presented statistics.

In 2019, 19 juveniles were cited for underage tobacco possession, most of those healthy and safety violations meaning the charges came through school resource officers (SROs); four were cited for underage tobacco use through liquor investigations. In 2020 there were 16 citations, all but two were healthy and safety violations. In 2021, 35 juveniles were cited, Hall said, after numbers were down in 2020 due to school not being in session. Most were cited by SRO's.

In 2019, the Montrose Police cited 18 individuals under age 18 for possession of cannabis, and nine in 2020. In 2021 nine juveniles were cited for underage possession of cannabis.

"I do think it's a good thing, I think we should move forward with it," Hall said of the recodification.

Staff Rationale and recommendation-a staff report from Magliaro to Council states, "This is an ordinance regularly cited incorrectly or incompletely into the municipal court. Breaking the ordinance apart into separate topics enhances readability. The change will hopefully lead to less need to clarify charges orally at advisement. This provides a benefit to the Montrose Municipal Court clerical staff tasked with the preparation of forms for advisement, as well the judge conducting the proceeding. It provides time savings for the municipal prosecutors at the City Attorney's Office, as there hopefully will be less of a need to continually clarify or amend charges of this type at or before advisement. It provides a benefit to the cited

defendants of affording a greater chance of adequate notice of the correct charge in advance of court proceedings. The City Attorney's Office provided a copy of the proposed ordinance and discussed this with the Montrose Youth City Council at a regular meeting of that body, held Jan. 26, 2022."

Public Works Manager Jim Scheid presented information on the Lions/Buckley Irrigation System Replacement Award Recommendation, in which Council will be asked to approve the award of an Irrigation Replacement contract to Stryker and Company of Montrose in the amount of \$802,073.74.

The project is complicated by the presence of more than 100 trees, Scheid said. Background-A memo from Scheid to Council states, "The irrigation systems at Lions and Buckley Parks were installed in the early 1980s. These systems have aged beyond their useful life and over the last several years have been quite problematic in keeping the Parks irrigated. The City's Parks Division completed design of the new irrigation system in 2021 and, through estimates from suppliers and vendors, included the replacement project in the 2022 budget. In November 2021 the City issued an RFP for the complete replacement of the irrigation system which includes the pump house, control system, main lines, and irrigation system at Buckley and Lions Park. The City reached out to several contractors in the area to invite them to bid on this project. We received a single bid from Stryker and Company." Councilor J. David Reed, whose law firm represents Stryker & Company, recused

from the discussion. Mayor Doug Glaspell said that it was not necessary for Reed to leave council chambers.

Bynum asked whether rebidding the project was an option.

Scheid said rebidding is an option but added that even if the project is rebid, the costs would likely be higher. "Our material prices are going to continue to go up...we should probably take advantage of Stryker being a pretty good contractor to work with, and we know we have the lowest pricing on materials, that we can proceed."

Mayor Pro Tem Dave Frank said, "Stryker just recently completed a project for us boring under the river, so I think they have a pretty good idea of what materials costs are and what their subcontract labor's costs are. I think they have a pretty idea what it takes to do this project."

The river bore was actually done by a different contractor, Scheid said.

Council and staff spent time talking over details; Bynum asked that the Parks Advisory Committee be made aware of any tree removals.

Mayor Doug Glaspell stressed the importance of sharing information with the public.

"I think it's good too that we get out to the public the amount of work that's going to be going on in there, because we do have a lot of folks using those parks. We're going to have to be a little careful of that, make sure that we keep our barricades and stuff up too."

With no further items and no council or staff comments, Glaspell closed the work session.



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COLORADO NEWS BRIEFS

TRISH THIBODO OF REGION 10 JOINS EDCC EXECUTIVE COMMITTEE

Special to the Mirror

DENVER – The Economic Development Council of Colorado (EDCC) is pleased to announce its 2022 Board of Directors, chaired by Stacy Miller, Director of Economic Development for the Town of Windsor. This year's Board of Directors embodies a diverse set of individuals, coming from all parts of the state, with immense economic development exper-

tise and backgrounds, which will aid in EDCC's ability to bring various resources to its members and stakeholders.

Stacy Miller assumed the chair role as of Jan. 1, 2022, continuing this focus by leading the organization through a productive

Laura Lewis Marchino, Executive Director of Region 9, transitions this year to Immediate Past Chair, leaving a great legacy behind as she helped transition the organization's focus through a results-oriented approach and amplified staffing roles to meet those needs.

Stacy Miller assumed the chair role as of Jan. 1, 2022, continuing this focus by leading the organization through a productive strategy session held this past month, which identified several new areas of growth for the organization.

Joining the executive committee, is <u>Trish Thibodo</u>, Community Development Director for Region 10. Trish has served as a Southwest Regional Director for the past two years and brings her knowledge and critical decision-making skills to the committee.

New to EDCC's Regional Board Directors is Christine Shapard, Vice President of Denver South; Candace Payne, Executive Director for the East Central Council of Governments, Tyler Purvis, Economic Development Specialist for the Pueblo West Metro District; Deana Sheriff, CEcD, Executive Director for the West End Economic Development Corp.; and Kevin Wilkins, Executive Director for the San Luis Valley Development Resources Group. Voted in by EDCC members last October, together they bring over 120 years of combined economic development experience. EDCC welcomes storyteller, curator, and creative economy consultant, Gregory Howell and Tom Bailey, Sr. Director of Corporate Economic Development for Xcel Energy. Howell and Bailey will each assume a special appointment seat, bringing their industry knowledge and perspective to the board to build stronger more diverse relationships with our industry stakeholders.

Also new this year are two ex-officio's, Patrick Garrett the Rural Economic Development Initiative Program Manager for the Colorado Department of Local Affairs, as well as Greg Thomason, Rural Opportunity Representative and Sr. Program Director of the EDA CEDS Grant. Garrett and Thomason bring with them a deep knowledge and understanding of rural communities in our state and will help EDCC address the challenges and needs in these communities.





VACCINE MOBILE BUS

NEXT STOP

Montrose Community Rec Center 16350 Woodgate Road (West Parking Lot) Montrose, CO

Friday, February 18th 10am - 4pm

Appointments recommended. Walk ups also accepted. https://montrose-218-cdphe-mvu15.youcanbook.me



Vaccines are free, and no ID, insurance, or appointment is needed!

The Montrose Mirror February 7, 2022 Page 34

OPINION/EDITORIAL:LETTERS

DEMOCRATS WERE DESPERATE TO DESTROY BEST PRESIDENT IN HISTORY

Editor;

"I never talked with my son or my brother or anyone else----even distant family---about their business interests. Period." So says our mumbling teleprompter reader-in -chief, Joe Biden. But son, Hunter Biden, has made a fortune peddling influence in international business dealings with Joe's help. Right now Republicans are demanding answers to Hunter's Beijing-backed cobalt mine deal in the Republic of Congo. Since money is more powerful than patriotism in the Biden regime, it now puts America at a huge disadvantage because cobalt is one of the most important components of electric car batteries, solar panels, and other renewable energy. But the worst part is Hunter sold the American owned cobalt mine to a Chinese company!

China knows that deal dealt a severe blow to America's ability to be independent in energy production. When will this traitorous Biden cult ever relax its attacks on America? We now not only have to buy our cobalt from China, but Biden is begging far east countries to sell us their oil after shutting down our own oil production. As President Trump used to say, "Those people are crazy!" But that's only one example out of a long list that should spark outrage from concerned, patriotic Americans. But it seems outrage is nonexistent these days. A famous investigative journalist revealed in recent years Joe Biden and his family have received some

\$31 million from our biggest threat to the American way of life, the Communist Chinese Party.

And they have received it from the highest levels of Chinese intelligence. The most troubling part is it was for no apparent business activities, but more likely for influence peddling. It's unheard of for an American first family to have that kind of a financial bond with a foreign country who wants to defeat us in every way. Sound treasonous?

In 2013, for instance, Hunter was given a free ride on Air Force Two to Beijing, China when Joe was Vice President. Joe had a series of meetings with Chinese officials, but Hunter was nowhere to be seen. Of course Hunter denied having any business meetings during that trip, but a Beijing-based company representative later revealed Hunter had introduced his Chinese business partner, Jonathan Li, to his father, Joe, during the visit.

And approximately 10 days later Hunter's business partners finalized a deal with the Chinese Communist government worth a whopping \$1 billion and was later expanded to \$1.5 billion! So this deal means Hunter Biden, son of the then vice president, is a long time business partner of the Chinese Communist government!

These are just scant examples of the treasonous activities of Joe Biden and family. And just think.....Democrats had to make up lie after lie after lie in order to plot a despicable impeachment charade of Presi-

dent Trump. If President Trump had picked a nickel up off the ground some Democrat would have been peeking around the corner and accused him of theft! That's how desperate they were to destroy the best president in history. They just couldn't stand to see Trump's win win policies be successful. There is overwhelming genuine massive evidence of treason from this worthless Biden regime, but they can get by with it because his Democrat Congress are his partners in crime. They have no shame even when national security is at stake.

It was immensely gratifying to see President Trump give his second rally this year in Texas. It is said that it was the largest rally he has ever given. It was such a massive sea of people attending that the end of the crowd couldn't be seen. There were tens of thousands of people there. The crowd was in their glory with everyone happy, clapping and cheering him on. In addition to the huge crowd on site there were millions watching on Newsmax television and 145,000 watching on Right Side Broadcasting on the internet. No, with this much support of President Trump, he did not lose the election based on LEGAL votes and one VALID vote per person. Biden cowardly didn't campaign because he knew he would win with the voter fraud system in place that he bragged about. Trump will be back and the Democrats are having nightmares! Jerry Bartholome, Montrose

The Mirror: many views, one newspaper.



THE CABIN FEVER CRAFT SHOW

Set Up:

Thursday, March 10 Starting at Noon

Selling:

Friday, March 11 9:30am – 6pm Saturday, March 12 9am – 4pm

Cost:

\$80 total for both days with a 10x10 spot

THE FLEA MARKET CRAFT SHOW

Set Up:

Thursday, March 31 Starting at Noon

Selling:

Friday, April 1 9:30am – 6pm Saturday, April 2 9am – 4pm

Cost:

\$80 total for both days with a 10x10 spot

THE MOTHER'S DAY WEEKEND CRAFT SHOW

Set Up:

Thursday, May 5 Starting at Noon

Selling:

Friday, May 6 9:30am - 6pm Saturday, May 7 9am - 4pm

Cost:

\$80 total for both days with a 10x10 spot

HELD AT FRIENDSHIP HALL AT THE MONTROSE COUNTY FAIRGROUNDS

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- · 2 Tables are provided for each booth: 6' or 8', or combo of both
- · Bring your own tables, displays, and set up items as needed
- Spaces available against a wall (important when displaying larger items)

· You must provide your own tablecloths

PAYMENTS FOR EVENTS MUST BE RECEIVED BY FEBRUARY 18, 2022

Make Checks Payable to: Montrose Footwear, Inc. 316 E. Main Street, Montrose, CO 81401

Include on check:

Show(s) you want to be in • How many 10'x10' spaces you want • If you need to be against a wall
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Contact Debbie Blanchard: montrosefootwear@aol.com · Cell 970-531-2438

Call anytime! I return all calls as soon as possible. My phone will be busy the next few days returning calls to people who left phone numbers. I work hard and want to help you be successful!

Thank you for being entrepreneurs and making our community great!

COLORADO NEWS BRIEFS

TRI-STATE CONTRIBUTES \$50,000 TO HELP FUND LPEA'S AIR-SOURCE HEAT PUMP PILOT PROJECT

Special to the Mirror

DURANGO-Tri-State Generation and Transmission Association (Tri-State) recently allocated \$50,000 to support La Plata Electric Association's air-source heat pump

water heater pilot project. Together with funds from the Beneficial Electrification League and from LPEA, the project has secured more than \$100,000 to help income-qualified LPEA members adopt the latest in electric water heating technology.

"This is an exciting project for LPEA because it will allow us to test the viability of grid-integrated technologies, like airsource heat pump water heaters, to manage our local power demand," said LPEA CEO Jessica Matlock. "I want to thank Tri-State for their support. Thanks to their contribution we can include more homes and have a more robust program. We look forward to sharing our experience and findings with the broader utility community."

"The benefits of electricity grow as we rapidly transition to a cleaner, lower emissions grid," said Duane Highley, CEO of Tri-State. "Working with LPEA and Beneficial Electric League, Tri-State can do our part to help expand the deployment of technologies that support the communities we serve."

The pilot project will install air-source heat pump water heaters for residents in the Animas View Mobile Home Park. It will also include the installation of other energy efficiency measures, including LED lighting, low-flow faucets and showerheads, and window and door weather-stripping. With the funding secured to date, up to 30 homes will be able to participate.

In addition to being extremely efficient, the installed air-source heat pump water heaters will run on a schedule set to avoid expensive peak power consumption. In rare events, LPEA will be able to remotely manage these water heaters during times of peak demand. This will not impact member homes (as water heaters store enough hot water for these short periods), and it will help LPEA avoid the higher cost of power during peak use periods, which keeps costs lower for all LPEA members. This program will be implemented in partnership with 4CORE (Four Corners Office for Resource Efficiency) and is expected to begin outreach in February 2022 and installations in March 2022. Participation is voluntary and at no cost to the participants.

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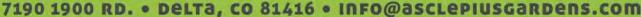
Nursing | Dietary | Life Enrichment Administrative | Transportation



EOE / M/F /Vets /Disabled

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- Approx. 55 Acres 4 commercial teachinggrade greenhouses
- Approx. 22,000 sq. ft. equipped with automation, advanced water wall, and engineered ventilation
- Domestic & pond water irrigation capabilities
- 8 commercial shade structures
- Approx. 26,000 sq. ft. with automated overhead irrigation from our pond
- Approx. 1 million-gallon pond fed from the Gunnison River, saturated with solar aeration, and home to our plants' food source of approx.
 3,000 well-fed trout. Our unique approach takes this fish-derived nutrient-rich water and delivers it to our plants.
- 10,000 sq. ft. Commercial Retail building (Interior still under construction)
- 720 sq. ft. veggie cool room and display (under construction)

- Approx. 20 acres of gourmet veggies, fruits, and melons planted in raised beds each year and watered with a direct-root delivery soaker system from our pond at up to 1,000 GPM of filtered nutrient-rich pond water.
- Farmers Market, Commercial Retail, and Restaurant-direct veggie supplies
- Farmers Market options this year grown in the field. The general public may shop at our Farmers Market starting this fall, Tues.—Sat.
- We have a small variety of seedlings for sale, however due to construction delays it will be next year before we will have large inventory of vegetable plants available for retail or sales of 4-pack seedlings and mature vegetable plants for sale to the home gardener.
- There is a large variety of direct sown veggies in our massive garden.

- COVID-Safe OUTDOOR SHOPPING EXPERIENCE
- Large Garden & Farmers market in the Fall
- email for additional information or to establish a commercial account



COMMUNITY OBITUARIES

MERVIN CARL JOHNSON November 25, 1936 – January 22, 2022

"Well done, good and faithful servant... come and share in your Master's happiness" (Matthew 25:21).

MERVIN CARL JOHNSON, longtime resident of Meeker, passed away January 22, 2022 in Colorado Springs, Colorado after a lengthy illness. He was 85.

Merv was born in Montrose, Colorado on November 25, 1936 to Carl and Ernestine (Gardner) Johnson. The first six years of his life were spent at Carl's sawmill on the Uncompaghre Plateau near Norwood. Merv attended elementary school in Montrose. Due to his older brother Elvin's health issues, the Johnson family moved to Phoenix, Arizona where Merv went to middle school. After they returned to Colorado, he attended Montrose High School and served as senior class president.

During his junior year he met Ruth Madden. Her quiet and committed faith had a profound impact on Merv and he accepted Christ at age 17, becoming actively involved in the Montrose Christian Church. Merv and Ruth graduated high school in 1955 and were married that fall. Within a year their first child, a daughter, was born; two sons came along within the next seven years.

At age 20 Merv felt called to full-time Christian ministry and enrolled at Intermountain Bible College in Grand Junction. While in college he served as summer preacher for a small church in Riverton, Wyoming. In 1960 Merv and Ruth were called to Delta, Colorado where they ministered at Delta Christian Church for five years. In 1965 they accepted the minister position at First Christian Church in Craig, Colorado and served there until 1982. While in Delta and Craig, Merv served continuously on the Board of Directors for Intermountain Bible College and was also actively involved in leadership at Camp Christian in New Castle. In 1982 Merv and Ruth moved to Dillon, Montana to plant a church. After three

challenging but enjoyable years they returned to Colorado. Merv accepted the preaching position at Meeker Christian Church in 1986. Ruth worked at Meeker Drug and then Pioneers Hospital until her death in 1997. In 1998 Merv participated in a six-week mission trip to Uganda, Africa where he helped conduct training classes for hundreds of Christian workers in five different cities. Although he officially retired in 2002, Merv continued to serve the Meeker community and surrounding locales. He still preached regularly and officiated many weddings and funerals for generations of northwest Colorado families.

Merv was renowned for his sense of humor and storytelling. His preaching style was simple and focused on practical application of biblical truth. Rather than keep office hours, more often than not his pastoral counseling sessions were conducted in a garage while working on a car, or leaning on a fencepost at someone's farm.

Merv had many other interests and hobbies. Over nearly three decades he bred and trained several quarter horses.

While living in Craig he regularly served with the Moffat County Sherriff's Posse, including parades and mounted search and rescue. He was a talented carpenter, working as a private contractor in Meeker as well as designing and building a house in Montana. He performed his own auto mechanic work and converted a 1966 Volkswagen Beetle into a flatbed "truck." As an amateur gunsmith Merv built several firearms.

An accomplished hunter of deer, elk, antelope, and one mountain lion, he found pleasure in serving as a hunting guide when possible. He was active in various leadership roles with the Meeker Sportsmen's Club and for many years coordinated the organization's Sight-In Days before each hunting season. In addition to being the group's largest annu-



al fundraisers, these events gave him the opportunity to meet thousands of hunters from around the nation and talk shop.

Merv's teenage interest in art was rekindled in his middle-adult years, resulting in a number of oil paintings illustrating his interest in animals and the beauty of God's creation. His lifelong love of the outdoors found expression in camping and fishing excursions.

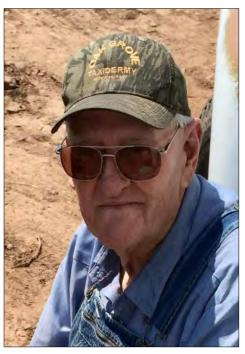
One of his favorite pastimes later in life was making regular trips to see and photograph wild horses in the Sand Wash Basin northwest of Maybell.

Merv Johnson was preceded in death by his parents; his beloved wife of 41 years, Ruth; and his brother Elvin. He is survived by three children: daughter Carlina Duggan of Northglenn, CO, son M.C. Johnson (wife Joan) of Stella, MO, and son Scott Johnson (wife Holly) of Colorado Springs, CO; five grandchildren; and four great-grandchildren.

The family is conducting a private graveside service and burial at Grand View Cemetery in Montrose. A public memorial service will be planned for May 2022, with details to come.

COMMUNITY OBITUARIES

EDWIN R. GARRISON December 17, 1936- January 27, 2022



EDWIN R. GARRISON passed away peacefully on January 27, 2022 at Horizon's Care Center in Eckert, Colorado. Edwin was born December 17, 1936 in Montrose, Colorado to Ed J. Garrison and Pearl (DeVinny) Garrison also of Montrose.

Edwin spoke fondly of his years attending grade school at Maple Grove and he

had many stories of how much fun he had and how much he enjoyed his years playing basketball for Cedaredge High School where he graduated in 1955. He then attended Mesa State College graduating in 1958 and returned to the Montrose area that he has always loved. Edwin married the love of his life, Phyllis (Moon) Garrison July 19, 1960 in Aztec, NM and lived his remaining years in the Spring Creek area. Edwin and Phyllis had four children together and his family were always his first priority.

He was a 3rd generation Western Slope sheep rancher and was well known and respected in the agricultural industry. Edwin had many hobbies, and in his early years enjoyed spending his winters snowmobiling, his summers fishing, and the fall seasons were spent hunting and hosting others to come and hunt with him. He was a bit of a practical joker and he had a lot of fun but at the end of the day, he was a really hard worker and he often said if you had time to play, you weren't working hard enough!

Those who knew him well, will fondly remember how he loved to tell stories and tall tales and he always had "just one more story" that he wanted to share. He lived his life well, never met a stranger,

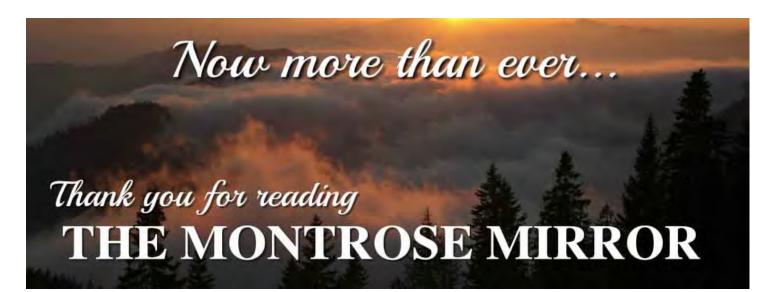
and always wanted to pay the tab and tell you that you could buy the next time... but he never let you!

Edwin is survived by his four children, daughter - Geraldine Wold, son - Terry Garrison, son - Kevin (Sheila) Garrison, and son -Tommy (Deb) Garrison; his grandchildren, Amanda (Jarred) Garcia, Trevor (Madi) Wold, Scott Garrison, Sean Garrison, Candace Garrison (Wayne), Cameron Garrison (Sam), and Bradley Levins as well as his three greatgrandchildren, Jackson, Waverly and Ar-

He was preceded in death by his beloved wife of 39 years, Phyllis Garrison, his parents - Ed & Pearl Garrison, sister -Alta Mae Cooper, brother – Jack Garrison, and sister – June Healey.

The family would like to thank the wonderful staff at Horizon's Care Center and HopeWest for taking such amazing care of Edwin in his final journey.

A celebration of his life will be held at 10am February19, 2022 at the Circle 3 Cowboy Fellowship in Montrose, CO. In lieu of flowers, the family requests memorial donations to the Volunteers of America Colorado or HopeWest Hospice in Delta, both of which provided additional care and support for Edwin.



COMMUNITY OBITUARIES

GWEN T. M. SERRA August 21, 1931- January 25, 2022

GWENDOLYN THERESA MARIE SERRA passed away on Tuesday, January 25, 2022, at St. Mary's Hospital in Grand Junction after a long battle with Calciphylaxis and kidney disease. Gwen was born August 21, 1931 in Cripple Creek, Colorado to Richard and Lois Leber. Both of her parents came from hard rock mining families and Richard was a hard rock miner in most of the gold and silver mines around Colorado. He also helped build underground oil storage tanks at Pearl Harbor. Gwen grew up during the Great Depression era moving from the Victor/Cripple Creek area to the Silverton/Ouray area before her family ultimately settled in Ouray, Colorado. Disney's Snow White was released to theaters in 1937 when Gwen was six years old. It was the first full-length animated feature film and the first animated feature to be produced in Technicolor. Gwen was enamored with this film and became a lifelong collector of Snow White figurines.

Gwen graduated from Ouray High School in 1948 and was the class valedictorian. After graduation, Gwen worked as a bookkeeper for Camp Bird Colorado Inc. located just south of Ouray. While employed at CBC Inc., she met fellow employee Mike Serra Jr. who became the love of her life. Mike and Gwen were married on August 25, 1951. They started what was to become a large family of seven children with the birth of their oldest child, Mike Serra III, in June 1952 followed by Michelle, Mark, Matt, Monique, Myrl and Mead.

A few years after their marriage, Mike and Gwen moved from Ouray to Montrose where Mike became a successful building contractor. In 1956, they bought a house on Park Avenue in Montrose that was originally built in 1908. Mike





renovated the home in 1964 to accommodate his growing family's needs. Mike and Gwen lived in their home on Park Avenue until their deaths in 2006 and 2022, respectively.

Gwen had an active work and social life throughout her nearly seventy years in Montrose. She was employed part time at Ray and Lois Ladage's laundry business, and when her sister-in-law Alma Huntington and husband Jack purchased the Lazy IG Motel, (now the Country Lodge), in Montrose in 1978, Gwen helped by providing support for all aspects of that business. Gwen was also active in the Montrose Emblem Club and served in various officer positions ultimately as the president, during her lengthy Emblem Club membership. She baked countless chocolate cupcakes with peanut butter frosting for Emblem Club's bake sales and served in any capacity needed Part time jobs, community service and club activities aside, Gwen was first and foremost a mother and

homemaker who was focused on her husband and children. With seven gregarious children, she never knew which family friends might show up for dinner at the Serra household. Everyone was welcome and no one went away hungry. She very much enjoyed canning Palisade peaches and making wonderful jams which she made an annual event for herself and her grandchildren. Gwen spent hours and hours helping with homework and school projects. Gwen was very intelligent and encouraged her children to excel in school, study hard and to think outside the box. It was important to Gwen that her children live up to their fullest potential and they did. All seven of Gwen and Mike's children are college graduates and successful professionals. Having grown up in Colorado with parents who were avid fly fishermen and big game hunters, Gwen loved the great outdoors. She relished going camping and fishing with her husband, children, and extended family. She was always

GWEN T. M. SERRA August 21, 1931- January 25, 2022 From previous pg

available to help cut up and package a deer. She truly enjoyed eating trout and venison.

Gwen was a creative artist who combined previously loved and typically discarded household items with natural materials into award winning craft art. She could literally make something out of nothing. The costumes she made for children won many prizes at the Emblem Club's annual Halloween costume contest. None of those award-winning costumes were purchased, all were hand made. She also helped design and fabricate Emblem Club's annual county fair booths.

With Gwen's artistic talents, Emblem Club won numerous blue ribbons for their booths. Gwen was an accomplished calligrapher, and her personal penmanship was beautiful. Even in her late years when her eyesight was poor, she wrote letters to her children and grandchildren with elegant, flourished handwriting. Lastly, Gwen enjoyed sewing and embroidery. She made embroidered quilts

of her own design for her granddaughters as well as original design embroidered kitchen towels for her daughters and daughters-in-law. Her grandchildren received hand-made original design tactile learning books for toddlers. They were works of art. Due to living through the depression and WWII shortages, she has lovingly left 14,237 rubber bands to her children...

Gwen was a sports fan. She much enjoyed watching her children play baseball and football.

She was an active league bowler and supported and encouraged her entire family in that sport. She followed all types of professional sports and was particularly fond of the Denver Nuggets. Surviving family members include five sons and two daughters, i.e. Mike Serra III (Marie) of Centennial, CO; Michelle Serra (Brad Tompkins) of Overland Park, KS; Mark Serra (JeNaia) of Libby, MT; Matt Serra (Delila) of Durham, NC; Monique Serra (George Woolsey) of Fruita, CO; Myrl Serra of Grand Junction

CO; and Mead Serra (Dixie) of Montrose, CO. 12 grandchildren; Michael, Ragen, Kiel, Tiffany, Geo, Landis, Gerad, Griffin, Niko, Giles, Dorian and Mario. Eight great grandchildren; Lydia, Meredith, Remington, Mia, Ava, George, Evelyn and James. Brother Richard Leber of Payson, UT; and Sister JoAn Tabor of Grand Junction, CO. Special nieces, Dona Capone and Cathy Hermanns (Montrose). Gwen was preceded in death by her husband of 55 years, Mike Serra Jr., her parents Richard and Lois Leber, and her brother Ralph "Bud" Leber.

Arrangements are under the direction and care of Crippin Funeral Home, 802 E. Main St. Montrose, CO.

In lieu of flowers, the family requests donations be made to the Serra Family Education Fund established in 2001 for the benefit of Northside Elementary school in Montrose.

Donations may be mailed in c/o Western Colorado Community Foundation, 225 North 5th Street, Suite #505, Grand Junction CO 81501

RONALD A. MUMM September 24, 1937- January 27, 2022

RONALD A. MUMM passed away peacefully January 27, 2022 at the age of 84, in Montrose, Colorado surrounded by loved ones. Ronald was born September 24, 1937 in Manzanola, Colorado to Arthur and Ethel Mumm.

Ronald spent most of his grade school years in the Montrose, Delta area and helped his family on various farms. He graduated from Olathe high school in 1955. He married Lois McDaniel in 1957. Ronald worked for multiple trucking companies living in Gunnison, Colorado as well as Denver, Colorado, before starting his own trucking company in 1977 in Olathe, Colorado. Ronald and Lois had four children.

Ronald loved spending time on his small farm, four wheeling, camping, and anything else with those he loved. He was an extremely hard worker, but still made time for his family.

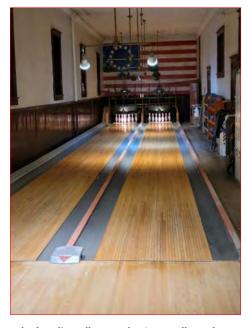
Ronald is survived by three of his children, Barb Kinne and husband Miles, Sandy Mumm, Ronnie Mumm and wife Lora, his grandchildren Breanne Kinne, Arthur and wife Sarah Kinne, Ronnie and wife Kiersten Mumm, and Maranda Mumm, and two great grandchildren Ashton and Aydan. He was preceded in death by his daughter Linda Swank (Mumm), wife Lois, grandson Kacey Mumm, parents and five siblings.

The funeral service for Ronald will be held Thursday, February 3, 2022 at 10 am at Montrose Christian Church, 2351 Sunnyside Rd, Montrose, Colorado.

Crippin Funeral Home is assisting the family.



ROLLER BOWLER BALL



The bowling alleys at the Ouray Elks Lodge have been upgraded several times over the years, but they are basically the same. The pinsetters are only partially automatic. The pins must be picked up manually and put into the setters. This activity over the years provided some appreciated pocket money for youngsters, many of whom became bowling enthusiasts. Photo by Cindy (Cox) Lacey.

By Bob Cox

MONTROSE-A current television ad for a bowling alley in Grand Junction features a young man and his girlfriend sitting in the front seat of a vehicle. The boy asks, "What do you want to do tonight?" She,

shyly, returns the question and he suggests going bowling. Her response: "I thought you would never ask." A fun-forall is depicted in the rest of the commercial.

When Washington Irving wrote his famous *Rip Van Winkle* story in 1819, he placed the title character in a mountain setting where he observes a man carrying a keg of liquor up the mountainside toward some "thunderous noises." Ultimately, Rip ends up drinking with a group of men who are seriously engaged in a game of ninepins, a game that was very popular, especially among the Dutch settlers in early America. Young Dutch children are said to have adopted a belief that thunder was actually men in the mountains playing ninepins.

There are early drawings of men bowling in Manhattan in the 1600s, and the recreational activity spread with the expansion of America.

Ultimately the game morphed through several variations and finally into tenpins, or bowling, as it is better known today. Montrose and the surrounding communities were not exempt from the popularity. Bowling alleys began to spring up in nearly every town. As early as July of 1881 the Gunnison Democrat ran frequent ads for the Q. T. Saloon and Bowling Alley, located on the corner of Tomichi Avenue and Iowa Street. Perhaps that enterprise was not very successful. One month later the

newspaper was running an ad offering the bowling alleys for sale, so the space could be used for a restaurant.

Records of the Ouray Elks Lodge indicate that, in 1901, as the organization was making plans to build a new home, the majority of members insisted that the plans include a bowling alley. One member, who was evidently opposed to the bowling alley, cautioned that bowling was not always accepted socially. He referenced an article that appeared in the March 15, 1901 issue of The Plaindealer. There is no direct association made by the editor, simply a small column filler referencing a Congregational minister in Stillman Valley, Illinois who had resigned his pulpit because part of his congregation strenuously objected to his participation in bowling tournaments.

The *Montrose Press* printed an article on May 2, 1902 announcing that a new bowling alley was being built:

A bowling alley is the latest Metropolitan addition to Montrose. Somers and Baxter have leased the basement in the R. C. Diehl building next door to J. F. Wilson & Co's clothing store, and fitted it up for this purpose. A front stairway has been put in and other improvements made. These gentlemen propose to make a popular place of amusement for ladies as well as gentlemen and invite a liberal patronage.

Just two weeks later the same newspaper appeared almost joyous in their account

ROLLER BOWLER BALL From previous pg

of the failure of the bowling alley:

Bowling Alley? Nit! The Bowling Alley
that was to have been opened in the basement of the Diehl building and that was to
have furnished "refined and pleasant"
sport for the ladies and gentlemen of
Montrose dissolved in air like a fleecy
cloud on a summer day. The promoters
have skipped, the lumber has been taken
back to the yards and the basement echoes the ghostly ring of silence. Ta,ta, ye
metropolitan sport.

At about the same time plans were being made by the owners of the Eddy & Rothrock building to put a bowling alley in. For some unknown reason reference to this plan is made in the minutes of the Montrose County Commissioners meeting of April 12, 1902. The Eddy and Rothrock building was then located north of Main Street on Cascade Avenue.

By 1905 rival bowling teams began to emerge in several towns, but Montrose and Ouray were among the most active. In March of that year A. A. Denniston, the owner of the building that housed the Pastime, announced that he was adding an addition to his building. The new addition was to be 25 feet wide and 75 feet long, and was being built especially to house a new "modern" bowling facility. The remodel was completed in May and the challenges began.

On May 12, 1905 the new Elks Home in Ouray formally opened. The bowling alleys in the new building received glowing acclaim largely because the Elks were promoting their use by women. In the words of one article in the *Plaindealer*; "The bowling alleys, card rooms, billiard and pool rooms came in for their full quota of popularity, and many ladies found diversion in these pleasant sports..."

Before the end of the year challenges were thrown back and forth between Montrose and Ouray teams, specifically the Ouray Elks team. On November 18, 1905 the third meeting of the two teams occurred in Montrose. The *Montrose Press* reported:

Wins Three Straights The Elks bowling

team of seven men came down to Montrose last Saturday and that evening rolled the third of a series of games with the Montrose team at the bowling alleys of Stone Callaway. The local team was too much for the visitors and came out victorious, being three straights it has won. After the game was finished the Ouray boys were banqueted at Kirk's and a jolly time was had. The next game will be rolled at the Elk's hall in Ouray, early next month. The next contest was held on Friday, December 8 and the winning streak came to an end. The Montrose Press, in its quirky words of the time, again reported the outcome:

Was It The Altitude? The Montrose bowling team met its first Waterloo at the hands of Ouray last Friday night. It was done so easily that our fellows have not come to realize yet how it all happened. They do not know whether it was the altitude, the pure, unadulterated mineral water or the charming beauty of the new Elks hall that turned their heads so they could not roll a straight ball. In spite of the defeat they had a grand time, and attended a big ball in their honor after the game. They propose to even up matters between Christmas and New Years when the Ouray boys are coming to this city.

Montrose won the last challenge of the year, defeating the Ouray team in Montrose just after Christmas.

It had become commonplace for either the Ouray or the Montrose team to board a train for the rival town. On January 26, 1906 the Montrose team and a few family and supporters rode the train to Ouray. On February 2, 1906, *The Ouray Herald* reported:

Ouray Wins From Montrose. The Elks Hall last Friday night was the scene of a well-fought contest between the Montrose bowling team and the local team. But the high hopes of the Montrose team were bound to suffer blight, as the result of the game was different from what they expected, and different from the game at Montrose a few weeks ago when Ouray was defeated.

Each time the bowling teams traveled to their rival towns the entourage increased. On February 23, 1906 the Ouray group arranged for a special train to take them to Montrose. The group included some members of the Ouray Elks Lodge who were in the process of forming an Elks Lodge in Montrose and some Montrose people who had spent a few days in Ouray. Those Montrose residents were said to have vowed to show the Ourayites the city and keep them from getting lost. The train left Montrose in the morning and everyone on the train planned for a full day and night of bowling, dancing and dining.

This form of fun and games continued for a long time and several special trainloads of people traveled back and forth. Just a few days after Ouray came to Montrose, Montrose reciprocated in style. The February 27 trip was far more than a bowling excursion. The Plaindealer had this to say:

Stormed by Montrose

Wednesday evening a trainload of Montrosites arrived on a special and took possession of the town, the key of the city being handed over to them by the night police force. It was an excursion got up by the band boys down there and they brought about a hundred lads and lasses with them, including the Elks bowling team. A dance was held at Wright's opera house and all enjoyed a fine time until nearly morning when the special tooted for the return trip. The bowling team went up against the giants of Ouray again, and got the worst of it—again, the score standing Ouray 2173 and Montrose 1963. These excursions back and forth between the two towns get the people acquainted and promote a friendly feeling.

Of all those alleys of yesteryear, one remains. The Ouray Elks Lodge bowling alleys are still there and very much used. There are no more trains, but frequently a noise can be heard.

Was that thunder? Or are those people in the mountains simply enjoying a sport that sprung up there almost 120 years ago?

WORKING FOR THE GREAT OUTDOORS



Kane Darling, a former Montrose High School Student, volunteered with the Colorado Plateau Mountain Biking Associations (COPMOBA) to help build a section of the Flowing Park Bike Trail on the Grand Mesa National Forest. Courtesy photo.

By Anne Janik, Friends of Youth and Nature REGIONAL-They love their jobs! The foresters, wildlife biologist, recreation specialist, hydrologists, archeologists, wildland firefighters, engineers, park rangers – just to name a few who have careers working in the outdoors. These positions can be with state or federal agencies, tribal governments, nonprofits, and environmental consultants. Why do these professionals enjoy their jobs so much? They are working for the great outdoors with the mission of managing our natural resources and providing quality recreational experiences for the public.

So, how do you get one of these careers? It's never too early to plant the seed in our young people to let them know that these jobs are out there. Elementary school field trips can be the first exposure many children have to learn from resource specialists about the natural landscapes near them. This could be a winter field trip to the Grand Mesa to learn about snow science and where our water comes from, a ranger-led hike in the Black Canyon to learn about geology and native species, or a tour of the cliff dwellings in Mesa Verde National Park to learn about the lifestyles of indigenous peoples. Students get to see these professionals in action and get a taste of what their jobs might entail. All 6th graders in the D-51 school district

participate in the Outdoor Wilderness Lab (OWL) where resource specialists lead them through various hands-on

activities designed to give them a glimpse of ecological concepts at work during a three-day workshop in Gateway, Colorado. Fourth graders in Montrose County School District participate in a one day natural resource festival where they are introduced to various natural resource concepts such as groundwater models, Colorado River flow issues and more. Delta County 6th graders participate in Cottonwood Days in the Gunnison Gorge National Conservation Area focused on teaching kids about "Leave No Trace" principles, native plant and animal species, aquatic organisms and how all of them are connected through the web of life. Through these festivals and workshops, students interact with specialists passionate about sharing their expertise. Coupled with family day hikes, car camping, fishing excursions and backpacking trips, kids get to test the waters on adventures with friends and family, and get a comfortable feel for being outdoors. Other opportunities to encourage an interest in science, nature and outdoor adventures are available through volunteerism

and internships. Youth learn some intangi-



ailee Starks, part of a high school summer crew, helped to remove old fences at a Forest Service Campground on the Grand Mesa, Uncompahgre and Gunnison National Forest. Courtesy photo.

bles like leadership, teamwork, communication, environmental stewardship and civic engagement, as well as various skills like trail building, invasive species removal, tree planting, maintenance, fence building, habitat improvement, community clean ups, and mentoring younger kids. These types of programs can be a pathway to an interesting seasonal job and eventually a fulfilling career.

Through volunteering and internships, young people have a platform to show initiative and form the desire to work hard as a team player. These are key characteristics employers are looking for in potential job candidates during hiring events. Working as a volunteer or intern is a chance to gain experience and start building references for future jobs.

Ultimately many of the resource science jobs require a degree in natural resources, but there are some positions in these areas that do not require an advanced degree. Friends of Youth and Nature (FOYAN) has developed a list of various summer volunteer, internship and even paid summer jobs with links to the organizations providing

WORKING FOR THE GREAT OUTDOORS From previous pg

these opportunities for our youth—visit www.friendsofyouthandnature.org/ outdoor-jobs-for-teens.html. Now is a great time to plant the seed, do the research and make the contacts to find the outdoor experience for your summer. Here are some ideas to give you a snapshot of what opportunities are out there: Most city recreation districts hire high school students as assistant counselors for summer camps, after school programs, swim aides and life guards. Age requirements vary but generally start at 16 years of age. Check the website of your local parks & recreation department, because they are starting to hire now. Montrose Recreation District will have their summer jobs posted in March.

EUREKA! McConnell Science Museum welcomes volunteers from 5th graders to adults. Student volunteers help clean and maintain exhibits, socialize animals and help younger students in the museum. Volunteers are also welcome to be Monument Stewards, a volunteer restoration group that meets weekly at the Lunch Loops, helping with various tasks such as maintaining transplants of native plants, pulling weeds and more. Monument Stewards is facilitated by Colorado West Land Trust and EUREKA! McConnell Science Museum. Information on these two programs can be found on their website.

Are you into mountain biking? <u>Little Bellas'</u> success is powered by inspiring mentors who are passionate about riding. This is an incredible network of outdoor-oriented, fun women who are truly the heart and soul of Little Bellas! Junior mentors (high school students ages 14-17) and mentors (women ages 18+) are needed to help encourage young girls wanting to learn how to ride mountain bikes. Camps are based out of Grand Junction.

Southwest Conservation Corps hires <u>Youth Conservation Crew Members</u> as part of a day crew or camping crew for high school students' ages 14-18 who want to gain more skills and are interested in working outdoors serving their communities. This is a paid position, with a time commitment of 32-40 hours per week. Currently crews with this organization work out of Salida and Durango.

Closer to home and offering a similar experience to the Conservation Corps is The Nature Connection. This organization has



In Training! A crew of teens are learning the the value of a good firebreak while getting certified to be wildland firefighters. The Collbran Job Corps Center and the Grand Mesa Uncompanger and Gunnison National Forest will be hosting a basic wildland fire certification course (S-130/190) February 28 - March partly virtural and partly in the field near Collbran. Courtesy photo.

paid educational <u>Student internships</u> and summer job opportunities, allowing high school students the chance to learn organizational and management skills in outdoor recreation and a foundation on which to build their resume for future employment. Positions are available in Hotchkiss, Delta and Cedaredge.

For a career in wildland fire, get the basic training and certifications you need close to home. The Collbran Job Corps Center and the Grand Mesa Uncompangre and Gunnison National Forest will be hosting a basic wildlife fire certification course (S-130/190) Feb 28- March 4. This will be partly virtual and partially on-site. (Ages 18 -37). If you would like more information email: brooke.bosman@usda.gov. The Wildland Fire Training Center in McClellan, California also offers a Wildland Firefighter Apprenticeship Program (ages 18-37). This program develops the knowledge and basic skills necessary to work as a wildland firefighter. Selected applicants will attend a 3,000 hour on-thejob learning program, which includes a two month-long residential firefighting acade-

One way to get involved in an outdoor

experience is to volunteer on a stewardship project as a family. Volunteers for Outdoors Colorado- motivates and enables people to be active stewards of Colorado's natural resources. Throughout the year, various groups such as the Ouray Trails group, mountain bike groups (Montrose Uncompangre Trails/Delta Area Mountain Bikers), and the Grand Mesa Nordic Association all host work days to build, or maintain trails. These are good events to see if you teen is really into this kind of work. Some early interactions with nature, or a few awesome outdoor experiences, could be just the spark that triggers your child's interest in the outdoors. This could be just the thing that helps to shape their character, work ethic and interests, which could lead to a future career in the great out-

Anne Janik is a board member of the Friends of Youth and Nature - a nonprofit that promotes opportunities for youth and families to get outside, experience outdoor activities, and explore nature. Follow our outdoor news blog and receive monthly tips on connecting your children to nature. Learn more about Jobs for Teens at: www.friendsofyouthandnature.org

COMMUNITY NEWS BRIEFS

ENJOY AN EVENING OF FAST PACED PRESENTATIONS- IGNITE MONTROSE

Special to Art & Sol MONTROSE-Don't let the long nights of winter get to you - come to Ignite and get inspired. Ignite Montrose is an evening of fast paced presentations, five minutes and

20 slides each. This is an opportunity for our community members to share their passions, hobbies, travels, jobs or interests. You may spark up a new friendship, be inspired to take a trip or try a new hobby. The energy of the presenters and the audience is sure to motivate you!

Ignite Montrose is Thursday, Feb. 10 at 7 pm at Upstairs at Precedence (511 East Main Street). Approximately ten ignite presentations will be featured. Here is a list of the titles: Where's the Women's Viagra?, The Voice of Silence, Why Water, If I Hadn't Said Yes....., Ski Bumming in the 60s, Funny Foreign Language Flubs, Drought Effects on Fur and Fun, Shavano Valley Petroglyphs, Electric Cars, Why is Bitcoin so Hard to Understand?

You are sure to get a lot of ideas in a short time. And, if you are bored, each

short time. And, if you are bored, each one is only 5 minutes- enough time to take a break, grab a beverage and catch the next one.

Ignite started about nine years ago in Seattle where geeks could share ideas. Ignite is now an event for everyone- with over 350 organizations throwing thousands of events worldwide. Want to learn more? Visit https://ignitemontrose.weebly.com/



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- Mo-to-Mo Lease
- Small Pets Allowed
- Meal Options
- Housekeeping Options

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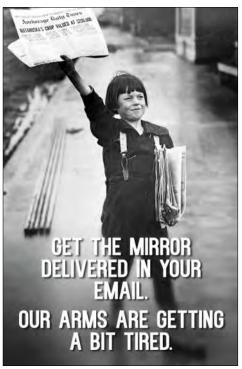
1819 Pavilion Drive Montrose, CO 81401 970-964-3400 homesteadatmontrose.org

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At The Homestead at Montrose, we're a welcoming community – a comfortable, cheerful place you'll be happy to call home. Located across from the Montrose Pavilion Events Center, the Senior Center and the Montrose Botanical Gardens, The Homestead at Montrose is near all the things you love to do.





MIRROR CHURCH DIRECTORY

FIRST CHURCH OF THE NAZARENE

Denomination: Church of the Nazarene **Address:** 705 South 12th Street **Office Hours:** Monday - Thursday 9 am-

Noon and by Appointment

Contact Information: Office Phone 970 249-9213, mncfirst@gmail.com, www.montrosenazarenechurch.org

Pastor: Buddy Cook

Services Sunday: Worship 10 AM, Adult Bible Study 11:30 AM Worship includes age-appropriate children's ministry during adult worship.

Wednesday: Prayer Boot Camp - 7 PM Mission Statement: *Montrose First Church* of the Nazarene exists to make Christlike disciples in Montrose Colorado and around the world.

Demographics: Our church consists of older and younger people. We have younger families with children and young teens and older adults as well. We also support the work of Calvary Ranch Colorado and its addiction recovery ministry.

FIRST PRESBYTERIAN CHURCH MONTROSE

Affiliation: Presbyterian

Address: 1840 E Niagara Rd. Montrose

CO. 81401

Office Hours: M-Thu 9AM - 12PM Contact Information: 970-249-4732, in-

form@fpcmontrose.com, www.fpcmontrose.com In Transition-Currently: Howard Davidson

Worship Service times: 9:30AM, Student

Worship at 6PM

Merle Bierma

We strive to encourage, challenge and support one another through spiritual growth, worship, and service in our community, country, and world. We also encourage children and youth to grow their relationship with Christ through our children and student ministries

MONTROSE UNITED METHODIST CHURCH

Denomination Affiliation: United

Methodist

Address: 19 S. Park Avenue Montrose CO.

81401

Office Hours: M-Thu, 9 a.m. - 2 p.m. Contact Information: 970-249-3716,

office@montroseumc.org, montroseumc.org

Current Senior Pastor: Rev. Lisa Petty **Worship service times:** 9:30 a.m. Casual Contemporary Worship & 11:15 a.m.

Traditional Worship

10:30 - Social/Devotional Time

Montrose UMC is a leader in being fully

inclusive, loving and just servants of Christ. Our church family welcomes people from various cultural and faith backgrounds: single, married, remarried, with and without children, from diapers to dentures. Wherever you are on your spiritual journey we invite you to come and discover hope, joy, peace and purpose.

ROSEMONT BAPTIST CHURCH

Affiliation: Southern Baptist

Address: 1598 E. Niagara Road, Montrose,

CO 81401

Office Hours: Tues-Thurs, 9am-4pm

Contact information: Phone: 970.249.4887

website: www.RosemontBaptist.org email: office@rosemontbaptist.org emailto: office@ros

Worship Service Times: Our engaging and relevant Sunday Worship Service is at

10:45 AM. We also have Bible Study for All Ages Sunday mornings at 9:15 AM. We provide a professionally-staffed nursery throughout both.

Rosemont Baptist's desire is to passionately bring people face-to-face with the life-changing power of Jesus Christ.

We are a multigenerational church from different walks of life who love Jesus, love each other, and love our community. Everyone comes dressed in whatever is comfortable. We love meeting new people no matter what stage of life they are in.

Children's services: We have a fun Sunday
School for children from four years old
through youth. We provide Children's
Church during the Sunday Worship Services where children four years old
through 9 years can learn to be worshippers of Jesus.

We provide a nursery for children under four years old with paid staff providing excellent care during Sunday Morning Bible Study and Worship Service.

SPIRITUAL AWARENESS CENTER

Denomination affiliation: Independent

Interfaith

Address: Meeting at Lions Park Community Building, 602 N. Nevada, Montrose Office hours: Tues-Fri, 9 am to 4 pm,

Home Office - 970-252-0908

Contact information: Rev. Dr. Arlyn Mac-

donald, 970-252-0908,

arlyn@spiritaware.org, www.spiritaware.org

Name of current pastor: Rev. Dr. Arlyn Macdonald, Senior Minister; Rev. Catharine Gates, Associate Minister. Spiritual counseling available.

Worship service times: Unity Service at 11 a.m., Adult Discussion at 9:30 a.m., Quiet Meditation at 10:30 a.m.

The Spiritual Awareness Center is an interfaith spiritual community welcoming spiritual seekers and people of all faiths, providing a safe place to explore and nurture the individual's unique connection to the Divine through Unity services, classes, family and community projects, including the Great Community Giveaway and Wellness Fair.

MIRROR CHURCH DIRECTORY From previous pg

SUMMIT CHURCH OF MONTROSE:

Denomination affiliation:

Southern Baptist

Address: 10977 60.75 Rd. Montrose, CO

81403

Office hours: Varies **Contact information:**

phone number: 970-275-7026

email:summitchurchmontrose@gmail.com website: www.summitchurchmontrose.org

Name of current Senior Pastor: John De-

VICTORY BAPTIST CHURCH OF MONTROSE

Denomination Affiliation: Independent Bap-

Address: 2890 N Townsend Ave., Montrose,

CO 81401

Office Hours: Monday-Friday 8am-12pm Contact Information: Phone (970) 249-6874; Sario

Worship service times: Sunday Worship is at 9 am followed by a time of fellowship and snacks. Wednesday evening Prayer and Discipleship (a book study) Prayer 5:45-6:15pm, Discipleship 6:30-7:30pm, childcare provided up to 5th grade. 6th graders on up are welcome and encouraged to attend the book study "Fundamentals of the Faith"

Summit Church Montrose is a new church

email at info@vbcmontrose.org; website: vbcmontrose.org

Current Pastor: Roland Kassales Worship Service Times: Sunday School at 9:30am, Sunday AM Service at 10:30am, Sunday PM Service at 6pm, Wednesday Night Service at 6:30pm (all services include childcare)

plant that preaches the Word of God, reaches the lost with the Gospel of Jesus Christ and equips Christians to serve the Lord. Summit Church has people of all ages! We have families with children (babies, school aged, recent high school and college graduates) There are retired couples and widows. During the Sunday sermon we offer teaching for children ages birth to Kindergarten, in a kid friendly room called Base Camp.

Victory Baptist Church exists to exalt God, edify saints, and evangelize the lost. Demographics: Victory Baptist serves everyone with age-appropriate classes, groups, and activities. Families with children make up the majority of VBC with young adults, singles, middle-aged couples, and seniors

comprising the rest.

Church Directory Mirror Editorial Staff

MONTROSE-As a way of serving the faith community in Montrose, the Montrose Mirror is in the process of establishing a Church Directory. If your congregation or fellowship would like to be included in the directory, please supply the following information to the Montrose Mirror: Name of church Denomination affiliation Address Office hours Contact information (phone number, email address, website) Name of current Senior Pastor Worship service times

Please give a one sentence description of your church and its mission in the Montrose community.

Brief description of your current church demographics (predominately family, youth, seniors, singles).

Do your church services include Sunday School and childcare?

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UTAH NEWS BRIEFS

HILLFEST SET TO TAKE PLACE AT POWDER MT SKI RESORT ON APRIL 22-24, 2022

Special to Art & Sol

EDEN, UTAH – The inaugural HillFest will take place at Powder Mountain Ski Resort in Eden, UT from April 22-24, 2022.

Produced and presented by Triple Crown Sports and RMSHA (Rocky Mountain States Hillclimb Association), HillFest is a multi-faceted sports and live music event featuring the RMSHA Snowmobile Hill Climb National Points Championships, live music from Andy Frasco & The U.N., Fruition, North Mississippi Allstars and Bumpin Uglies with festival-scale live music and production, beer gardens, food vendors, exhibits, licensed and supervised kids zone with activities, snowmobile testing, lodging options and more.

In addition to the on-site festival activities at Powder Mountain, Triple Crown Sports will also feature a Kickoff Concert on Friday night at the historic Union Station in downtown Ogden, with a post-event concert scheduled at Union Station on Saturday night.

The lineup for those shows will be announced February 16.

HillFest is working with RMSHA and VisitOgden to deliver fans and attendees a full-scale experience, whether it is on-site at Powder Mountain for the HillFest or in downtown Ogden (located less than 40 minutes north of Salt Lake City) at the after-parties, along with dining, shopping and other family fun.

"HillFest is going to be so much fun. The world's best hill climb racer, Keith Curtis, will light up the race and the North Mississippi Allstars music will make you groove," said Triple Crown President Keri King. "Enjoy a beer and eat some food. Bring your family, too - the kids zone is staffed by the amazing High Altitude Kids Camp." Tickets for HillFest are on sale now, along with discounted lodging options in downtown Ogden and Powder Mountain. Parking is limited at Powder Mountain, but General Admission and VIP parking options will be available, along with shuttle

bus service to and from Ogden and free parking in Eden at Snowcrest Jr. High

School, with shuttle service to and from Powder Mountain.

Let's Cater 2022:

Jimmer's Steak & BBQ 970-252-1227

Fiesta Guadalajara 970-249-2460

Alpen Confections 970-648-0609

Remington's at the Bridges 970-252-1119



Pahgre's 970-249-6442

My Favorite Muffin 970-765-0076

Heidi's Brooklyn Deli 970-240-1605

> Rib City 970-249-7427

Stone House 970-240-8899

Mimo's 970-249-0616

Camp Robber 970-240-1590

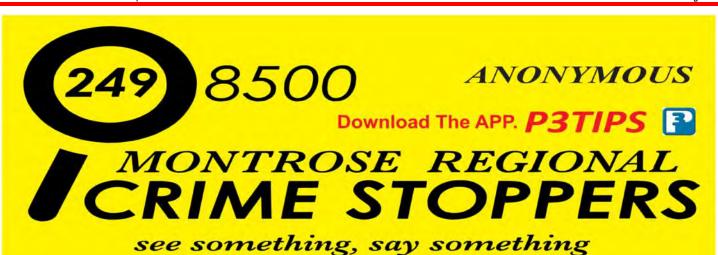
Liquor:

Beer Barn II 970-249-5550

House of Spirits 970-240-4799



DineOutMontrose.com



COVID-19 Hospitalizations

On February 3, 2022, the total number of patients hospitalized with a COVID-19 illness was 8.







🌄 Unvaccinated 😕 Fully vaccinated 💄 Fully vaccinated & boosted

8 Hospitalized

- 6 unvaccinated
- 1 vaccinated
- 1 vaccinated & boosted

3 in the ICU

- 2 unvaccinated
- 1 vaccinated
- O vaccinated & boosted

1 on Ventilators

- 1 unvaccinated
- 0 vaccinated
- O vaccinated & boosted





Total hospitalized with COVID during the timeframe 10-1-21 through 1-31-22 was 298.

28.52% Vaccinated • 1.01% Partially Vaccinated

62.42% Not Vaccinated • 8.05% Unknown Vaccine Status



COMMUNITY NEWS BRIEFS

RIDGWAY STATE PARK IS RACC MEMBER OF THE MONTH



Ridgway State Park photo by Mike Boese.

Special to Art & Sol
RIDGWAY-During February, as
the Ridgway Area Chamber of
Commerce Member of the
Month, Ridgway State Park is
sharing information about why
winter is a great time to visit.
The Member of the Month program is an ongoing effort by the
chamber to provide the community and visitors with infor-

mation about businesses and organizations in the area and promote patronage of our local resources and small, independent companies.

"Winter is a special time to visit the park, as the wildlife and tranquility take residence here. Our Visitor Center is open year round and winter camping is still available in one of our electric-only loops and walk-in tent sites. We also lend out snowshoes in our Visitor Center for use within the park," explained Julie Potts, Ridgway State Park Administrative Manager.

The park has scheduled full moon hikes on Wednesday, February 16, Friday, March 18 and Saturday, April 16.

Hikers should meet at the Visitor Center and the February hike starts at 5:30 p.m. If needed, snowshoes will be made available. The park's Facebook page highlights upcoming events: https://

www.facebook.com/RidgwayStatePark.

While winters provide solitude and an escape from the crowds, spring through fall are popular times at the park. A combination of nearly 60 seasonal staff and volunteers facilitate park operations each spring and summer season.

For the upcoming season, the park needs help in entrance gates, maintenance, camp hosts, and marina positions. Interested parties can apply for jobs at: www.governmentjobs.com/careers/colorado and search Ridgway State Park, or for volunteer positions, go to: cpwconnect.state.co.us.

To learn more about Ridgway State Park, go to https://cpw.state.co.us/placestogo/parks/ridgway, call 970 626 5822, email ridgway.park@state.co.us, or visit the park at 28555 Hwy. 550, Ridgway, CO 81432.

To read the full interview about Ridgway State Park, go to https://ridgwaycolorado.com/news-events/ridgway-state-park-february-2022-racc-member-of-the-month.



COMMUNITY NEWS BRIEFS

MONTROSE HARDWARE 'BUILDING COMMUNITY' GRANTS – MONTROSE COMMUNITY FOUNDATION AWARDS \$2500 TO LOCAL EDUCATOR AND YOUTH CITY COUNCIL



Pictured L to R - MCF Executive Director Sara Plumhoff, City of Montrose Youth Councilor Gunnison Clamp, Centennial Middle School teacher Ray Hirman, and Montrose Hardware team members Rob Crew and Dan Gloria. Courtesy photo.

Special to the Mirror

MONTROSE-The Montrose Community Foundation (MCF) awarded a total of \$2500 to the Centennial Middle School Shop Program and the City of Montrose Youth Council for their work on behalf of Montrose students.

The funds were part of the Montrose Hardware "Building Community" Grant Program, a program focused on funding inside and outside of the classroom experiences that encourage critical thinking and make students excited about learning.

Centennial Middle School received \$1500 for a Computer Numerical Control (CNC) machine. CNC machining is a manufacturing process in which preprogrammed computer software dictates the movement of factory tools and machinery, a process used for many applications around the world. Teacher Ray Hirman said, "As technology changes in the world of wood working Centennial Middle School Woods Classroom is in the process of staying up to date with the machines that we are teaching our students. With the Building Communities grant and other grants, we were able to purchase a CNC machine that the students will program and design different items for different projects. As time moves forward, we will keep pushing the edge of the designs for

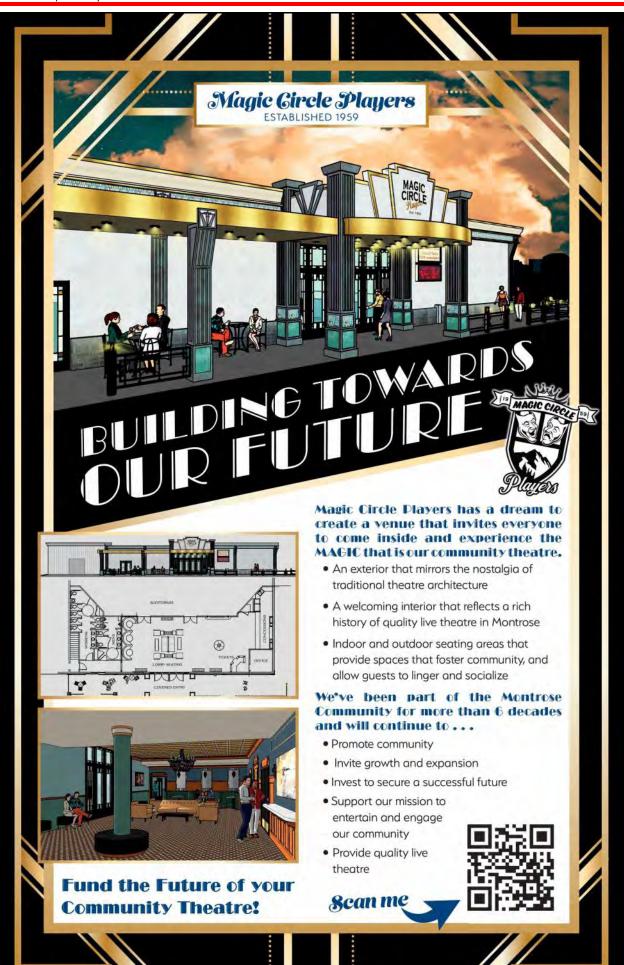
each class that comes through the wood's classroom."

\$1000 was awarded to the Montrose Youth Council for their Fun at the Fieldhouse event. The Fun at the Fieldhouse was a free get together hosted at the Montrose Recreation Field House with glow in the dark dodgeball, food, and dance party for high school students. Youth Councilor Gunnison Clamp said, "these grant funds are a great asset, both to our "Rock the Rec" events and other upcoming events aimed at improving student mental health, and we are all very thankful!"

The Montrose Hardware Building Community Grants support teachers, administrators and students promoting positive educational programs for all students, regardless of age or financial circumstance. Sara Plumhoff, Executive Director of MCF said, "We're thrilled to work with Montrose Hardware on their Building Community grants. We encourage students or educators with a great project or idea to apply, however, we especially look to fund projects that promote equity and inclusion for all students."

Grant details and an online application can be found at www.montrosecf.com.





SHARED LOVE FOR LIVE THEATRE CAN TRANSFORM LIVES



By Lisa Rediger, Magic Circle Theatre
MONTROSE-It's Saturday afternoon and
I'm at the theatre; there are a thousand
details before we launch our annual fundraiser next weekend. Echoing around me
are the sounds of ladders, laughter, and
collaboration as multiple volunteers adjust
lights, rehearse a song, search for the right
size cumber band, and hang a projection
screen. I am once again astounded by the
quality of people that give generously of
their time, energy, and talent to build
community theatre in our town.

Theatre isn't just about a show. It's not just about lights, props, costumes, staging. Theatre is about people. The magic of theatre is its ability to impact a life.

This power can affect the performer, the audience and the tech backstage. Theatre reflects our stories, our lives, back to us in unexpected ways, and gives us permission

to ponder, feel, grieve, grow, and hope. When we were caring for a parent with Alzheimer's, I was cast in a reading of *Tucker Falls*, by M.A. Smith. The play deals with three daughters conflicted in the care of an aging parent. A particular rehearsal left me emotional, leading my daughter and me into a raw and healing conversation about death. Theatre gave us a map to chart unknown depths.

Armed with the belief in the power of live theatre, Magic Circle Players went into our 2020/ 2021 season with a commitment to provide our community with safe live theatre as much as was possible.

September 2020, distanced, masked and outdoors we were delighted to repeatedly hear, "I needed this! I haven't been out for months. Thank You!"

In October, we moved indoors, and audiences were only 35 strong. Not many, but a lifeline to normalcy. In the spring of 2021, we produced a fully ZOOM production and had guests commenting from around the world. For one year at the beginning of all of the unknown, we held auditions and rehearsals for *Disney Newsies*. A cast of 55 met outside or distanced, masked, and sanitized. Temperatures were taken, and wipes were passed out every rehearsal.

For this cast, many under the age of 20, this show was their way through fear and the anxiety, to HOPE, creating resiliency through community, creativity, comradery and theatre. One parent commented, "This show saved my kid's life!"

Our community theatre is a treasure, but

if indeed, the eyes are the window to the soul, we look faded and tired, and do not reflect the vibrant life within our walls. Our exterior should extend warmth, welcoming everyone to "come play with us". We want to create an environment that is comfortable, invites guests to linger, and celebrates community. First impressions are important. We are a non-profit, volunteer organization that relies on drawing in new people, and yet I've heard many say, "I have lived here for years, and never been inside the theatre."

Our men have a very small bathroom with little privacy - they line up beside guests waiting to order a glass of wine. We can offer better hospitality! Storage is an everyday challenge; our Box Office gets cleared of boxes of mailers, only to be replaced by cases of wine.

I invite you to be part of the gem that is OUR community theatre as we launch a Capital Campaign: Building Toward our Future. Visit us at magiccircleplayers.com to give through Montrose Community Foundation or directly to the theatre.

Purchase a ticket for My Funny Valentine: The Greatest Show, upgrade to the \$100 VIP ticket, and you will get dinner, wine, the show, AND help support Theatre.

Come visit us at the Box Office and pick up a "Sweeten the Pot Honey Bear," you can fill the bear with loose change, and return it full to the theatre.

With a national coin shortage, we cash in the coins, Build Toward the Future of Magic Circle, and you've helped TWO causes.



Chocolate, Cupid, & Cassanova The Valentine Trifecta

KateBurke' history series explores the lore & lure of Valentine's Day

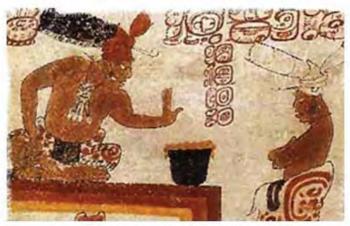


Naugty boys

Bring valentines to share.
We'll have chocolate
for everyone.



Montrose Senior Center 1800 Pavilion Drive, Montrose



Food for the Gods

Proving that chocolate, like love, is good for you.



YOUR BRAIN ON NATURE - CREATING HYGGE



Lauren Hall Ruddell, Ph.D. Courtesy photo.

Greetings Mirrorites!

It's the time of year already when seed catalogues start to become more and more appealing. The idea of verdant, exuberant greenery has almost overwhelming appeal to me at this time, and it only grows stronger until the spring equinox. But it's still too dark and cold to do more than dream. That's when the hygge of my home has to support and sustain my mood and mental health on those days I cannot get outside.

Hygge is a Danish word that has no American translation, except for maybe 'coziness'. It's a way to create an environment that is a pleasing, calming, and memory inducing. It incorporates nature in such a way that the home graduates from a place where you just throw down your coat before you grab a Hot Pocket microwavable treat, to a personal refuge. Hygge is a sensory-driven experience. You should taste it, smell it, feel it, hear it. 71 percent of Danes said that they experience the most hygge in their own homes. It seems the Danes have found ways to bring the outdoors, indoors, with style. One hygge tool that is meant to encompass every sense except taste is including lots of items made of wood. The Danes have wooden floors, bookshelves, tableseven wooden children's toys have become popular again in recent years. Wood makes us feel close to nature; it is simple and natural, safe and familiar, while also evocative.



This truly hygge dining setting courtesy of photographer Libby Penner.

But you don't have to take their subjective observations about this, there's some science out of Japan that supports the beneficial effects of wood, especially touchable furniture.

"The relationship between the subjective evaluation when touching wood and the physical property values of materials has been examined for a long time... the thermal conductivity of wood and the heat flux between wood and palm affect the subjective thermal sensation. Sakuragawa et al. (2005) reported a significant correlation between heat flux between materials and the palm and the subjective thermal comfort feeling using wood and other materials, such as aluminum...touching aluminum at room temperature increased blood pressure, and subjective feelings of "dangerous/uncomfortable" and "flat/ artificial" were increased." Another team found that wood had a more calming effect on certain areas of the brian's prefrontal cortex than either marble or tile, and stainless steel, like aluminum, decreased relaxation and felt unpleasant to the test subjects.

Back to the other side of the globe again.

Danes have taken hygge a step further than simply incorporating wooden items into their homes. According to Meik Wiking, author of the book The Little Book of Hygge: Danish Secrets to Happy Living... "Wood is not enough. Danes feel the need to bring the entire forest inside." Any decoration piece that comes from nature is considered to be part of hygge practice. Leaves, twigs, nuts, chairs covered in sheepskin, cowhide on the floor are all super hygge. It is not the spare, minimalist ambience of classic severe Danish Modern. As Wiking puts it, "Basically you want to think: How would a Viking squirrel furnish a living room?"

Maximizing warm light, natural light, and window space is another critical element. Wiking consistently suggests that you set up your 'Hyggekrog', or 'nook', near a window. At night, or on dark, stormy days, warm light, often from fireplaces or candles, is a key feature of hyggelig (the adjective form of "hygge") places. Humans are more relaxed and in better moods in places lit with the sort of golden light produced by fires and candles. People tend to get along better with others and think more creatively under warm lightand creative thinking is regularly handy when people are spending time together. Research has also shown that gazing into a fire can help with cognitive restoration, which is important after a day spent doing focused work. The Heraclitean motion of always changing yet always the same as exhibited by candles, fireplaces, and flowing water is both mesmerizing and soothing, and has been reported to improve concentration and memory while also enhancing patience and self-control. Truly hyggelig spaces should therefore

Truly hyggelig spaces should therefore feature lots of different natural materials. Attention should also be paid to geometry as well. There are often lots of curves in truly hyggelig spaces, as there are in nature, where extreme linearity is the exception rather than the rule. We are calmer in spaces that feature curvilinear design elements than we are in ones where rectilinear ones predominate. This is something that I discovered made me feel a sense of peace and completeness in my own home

YOUR BRAIN ON NATURE - CREATING HYGGE From previous pg

years ago, before I had even heard the term hygge. I have a coffee table that I crafted from slate tiles. I love the feel of it, it's curvilinear wooden legs, and natural blue-gray colors. I continually find enjoyment in the way the afternoon light changes its moods and plays upon the fossils embedded in the surface. It takes pride of place in my living room, a room where there are no electronics of any kind and no plastic, with soft lighting, a small fireplace, and natural materials arranged in pleasing symmetry. It is definitely my most hygge room. It's not terribly Viking, having more of a Navajo/Balkan/Colorado lodge feel to it. But it suits me, and the hand-crafted items collected over the years invoke memories of better times and distant places, something that is pretty precious in these dark winter Covid days.

If this feels like something that you think might be beneficial for you and your family, and is even a little bit practical, then some suggestions below may help you begin to create that feeling.

-Keep it Natural - Natural materials are the simplest way to bring the gifts of nature inside your home. As mentioned, solid, well-crafted wood furniture, wood floor boards, paintings reminiscent of sea and

sky, soft knitted throws and lap rugs are all great choices, and except for the hardwood flooring, pretty affordable. Habitat Restore in Montrose always has some awesome used furniture selections at a bargain price. Free spirits might even like something a little funkier, like well-chosen birch branches in place of curtain rods — all of these help bring drab and artificial inside spaces to life.

-Keep it Neutral - With nature as your guide, keeping your home's color scheme neutral makes sense. It also makes scientific sense. As humans, we find soft colors like grays, muted blues and greens, and off-whites can help keep things light even on the longest of nights.

-Keep it Human - Hygge is all about creating an atmosphere that fosters good feelings, but the heart of Scandinavian design, functionality for socializing is important too. To dig into the heart of hygge, create social spaces that don't include screens, whether they are TV, computer, tablet, or phone. If you have a corner that you can carve out a reading nook or conversation area, create one! Hygge is all about being in the moment and connecting meaningfully and mindfully with what is in front of you, both in terms of nature, and also friends and family.

The ability to transform a special spot in your indoor environment in a hygge way will certainly depend on your lifestyle. Small children and large active pets (or a new puppy) will present challenges for sure.

But there are ways around this. For instance, I love Persian rugs, as I mentioned in previous articles. I find them both calming and fascinating at the same time, but with two house cats, one that barfs constantly, expensive rugs are out of the question, regardless of how hygge they might be. Instead, I have a woven hemp area rug that is a neutral 'cat vomit' color. Yeah, they have torn chunks out of it's very loose weave, but I have the technology to just tuck those frayed ends back in and sew them down twice a year and I don't freak out at the damage. Its allnatural fiber is hygge to the core. And the rug was \$200, not \$2000. That's what I call hygge on a budget!

I hope this article inspires you to find ways to cope with winter by bringing the outdoors inside wherever possible.

Be calm, be safe and sane, and when you can't get outdoors, get your hygge on!
Questions and comments can be offered up for consideration at agescapesnow@gmail.com.



Montrose Elks Lodge #1053

801 S. Hillcrest, Montrose CO 81401

Elks Bingo

Tuesday February 8, 2022

Progressive Game #2 \$500 Must Go

One Night Only!

Jackpot will be awarded to 1st player that reaches BINGO

Progressive
Game #4 \$1,061

Win by reaching Bingo with 37 #s or fewer

Progressive Game #6 \$3,559

Win by reaching Bingo with 53 #s or fewer

MENU
Potato Bar
Nacho's w/
Chopped Beef &
White Cheddar

Go ahead:

Laugh a little louder

Smile a little bigger,

And just live life better

at Montrose Elks Bingo

Doors Open at 4:30 PM, Early Bird starts at 6:30 PM.

Main Bingo Session starts at 7:00 PM

SAVE THE DATE! LOCAL EVENTS CALENDAR

ONGOING-

FREETHINKERS meet 1st Sunday of the month at 1pm. more info at 970-708-8333.

NEWCOMERS AND NEIGHBORS welcomes adults who are new to Montrose or have been here awhile, who would enjoy learning more about the area and participate in social activities. <u>2021-22 meeting info</u>. Meetings <u>will be on the 1st Wednesday of each month</u> (January – May). 10am-11:30am in the downstairs meeting hall of Cedar Creek Church, 222 S. Townsend and S. 3rd. enter through the side door on S. 3rd St. Hope to meet you there! Contact Patti 951-544-6289 if you have questions.

THE MONTROSE GENEALOGY CENTER at 700 E. Main St. is now open Wednesday and Thursday afternoons, 1-4 p.m. or call for an appointment: 970-240-1755. Free help and resources for your family history research."

(The center is sponsored by the non-profit organization, Fore-Kin Trails Genealogical Society.)

NAMI FAMILY SUPPORT GROUP will be held the 3rd Wednesday of each month at the PIC Place 5:30-7pm. Please call Kathy at 520 -282-9060 for more information.

MONTROSE FARMERS' MARKET -Saturdays from 9 am-1 pm.. Location: Montrose Centennial Plaza . 81401 Cost: Free to attend. COMMUNITY BIBLE STUDY-Registration now open for Sept 2021 - Apr 2022 COMMUNITY BIBLE STUDY, an international nondenominational Bible study. Studying Revelation Sep 2021-Jan 2022 and Christian Living (1,2,3 John, Jude & Philemon) Feb-Apr 2022. In person for women and children of all ages on Wednesday mornings 9-11. Virtual/Zoom for women Thursday evenings 6-7:15. Contact 720-635-0091 to register of for more information. Or come to our first meeting Wed., Sep. 8, at the First Presbyterian Church, 1840 E. Niagara St., Montrose, at 9AM.

MONTROSE ALTRUSA-1st Tuesday of the month Program meeting; 2nd Tuesday of the month committee meeting; 3rd Tuesday of the month Business meeting. Meetings are held at the Hampton Inn conference room at Noon.

MONTHLY

ter@facetofaceministries.net

Feb. 7-On Monday, Feb. 7 5:30 Citizensclimatelobby,org meets in person with masks at Montrose library meeting rm, environmental, nonpartisan, national, all welcome, info 970-765-9095

Feb. 9-Visions from the Santa Fe Trail. Presentations with both artists. Noon to 1pm, Montrose Center for the Arts.

Feb. 10- Ignite Montrose is Thursday, Feb. 10 at 7 pm at Upstairs at Precedence (511 East Main Street). Approximately ten ignite presentations will be featured. Ignite Montrose is an evening of fast paced presentations, five minutes and 20 slides each. This is an opportunity for our community members to share their passions, hobbies, travels, jobs or interests. Want to learn more? Visit https://ignitemontrose.weebly.com/

Feb. 14-Chocolate, Cupid & Casanova-The Valentine Trifecta. Kate Burke History Series. Montrose Pavilion Senior Center, 1pm. Bring Valentines to share; we'll have chocolate for everyone.

Feb. 18-Healthy Rhythm Gallery (232 E. Main St.) presents Paul Jarvis. Admission \$15. Doors 6:30pm Show 7pm.

Feb. 26-Western Colorado Soil Health Conference, Montrose Pavilion. 970-964-3582.

March 1-Friday, March 1. 6-8 pm Paint & Sip at the Museum of the Mountain West. With Anne Hockenberry. Sign up here.

March 4-5-Embracing Our Beauty is a Christian women's conference where we discover the glorious design of women that God originally intended. Registration is required. Tickets are \$50 for the two-day event and will be held at Clifton Christian Church. Featuring Staci Eldredge, who co-wrote Captivating, Unveiling the Mystery of a Women's Soul, with her husband. It has sold nearly 3 million copies. The Western Slope rural communities are often overlooked for events and educational opportunities. Face to Face Ministries' goal is to bring people together from rural Colorado to benefit from events such as this. Regis-

March 14-Monday, March 14.1 pm. Native American Art & Artifacts. Kate Burke History Series, with C.J. Bradford, Ute Museum. 1-3 pm. Montrose Senior Center at the Pavilion.

March 16-Wednesday, March 16. 1 pm. Shady Ladies and Saloons. With Kate Burke, at Blue Sage Center for the Arts, Paonia.

March 19-Come out to enjoy fun and inspiring films about outdoor adventure and conservation through the love of fly fishing, and support projects that protect and restore your local river. This year's venue is the Ouray County Event Center (22739 Highway 550) to provide lots of elbow room! Masks currently required – stay tuned for updates. 100 percent of proceeds go to the Uncompandate Watershed Partnership for maintenance and improvement of riparian areas, fish habitat and recreation areas. Sponsored by RIGS Fly Shop & Guide Service.

6:30-9 p.m. Doors open at 6. Tickets: \$25 online in advance; \$30 event day at the door. Online ticket purchase opens by Feb. 1. Ticket information: info@fishrigs.com. More information: uncompahgrewatershed.org/events, info@dishrigs.com. uncompahgrewatershed.org/events.

April 18-Monday, April 18. 1 pm. Senior Center. History of the Mountain West. Kate Burke History series. With Jim Wendt, Museum of the Mountain West. At Montrose Senior Center at the Pavilion.

April 29-Friday, April 29. 6-8 pm. <u>Wonders from Down Under</u>. With Paul Taylor, Australian Storyteller & Didjeridoo Player. At Museum of the Mountain West.

May 9-Monday, May 9. 1 pm. Peace Parks of Africa. Kate Burke History Series. With guest from Peace Parks. At Montrose Senior Center at the Pavilion.

MONTROSEM I R R O R

Contact the Montrose Mirror: 970-275-0646

Editor@montrosemirror.com

www.montrosemirror.com

MHS February Division
Award winners include (L-R) Levi Loomis, Raul Rascon-Banda, Jordon Barker, Lucas Rose, Hayden Fox, Jack Pankey, Abigail Nieto, Ciana Beller, Bridger Wilson, Jiovanni Aguirre, Evelyn Tagle-Rueda, and Charlie Andrade-Saenz.

MHS DIVISION AWARDS



OUR CURRENT COLORADO BUSINESS LISTINGS!

- Land Survey Business
- Chinese Restaurant
- Kitchen, Bath, & Interior Design Company
- Winery
- Automotive Repair Shops
- Relocatable Sports Equipment Fabrication Company
- Industrial/Commercial Sales & Repair w/Real Estate
- Excavation Business

Contact Shane today for more information!



More Listings Coming Soon!



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