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# the Montrose Mirror

Free news for fresh people!

© Issue No. 492 Aug. 1, 2022

## MONTROSE BUSINESS WINS COLORADO'S 2022 NEXTCYCLE PITCH COMPETITION

### *Methane Capture a Goal for Delta Brick & Climate Company*



*Delta Brick & Climate Founder Christopher Caskey.*  
*Photo courtesy of Delta Brick & Climate.*

By Caitlin Switzer

MONTROSE—As a business owner, Christopher Caskey is still in the “hands-on” stage. When the *Mirror* spoke with Caskey on Saturday, he was heading to his Montrose factory to unload a batch of bricks from a kiln.

“I would like to get to a point where I am not needed on the factory floor,” said Caskey. That probably won’t take long. As a scientist and entrepreneur with a strong interest in energy and climate change, Caskey and his company are already finding solutions for the future, while showing respect for what has come before.

The Delta Brick & Climate Company—a small business that just won the 2022 NextCycle Colorado Pitch Competition—actually takes its name from the historic Delta Brick & Tile Company that operated in Delta County from 1905 to

*Continued pg 8*

## ATWOOD ASKS DMEA BOARD TO MAKE BOARD PACKETS AVAILABLE TO THE PUBLIC

By Gail Marvel

MONTROSE—The July 26 Delta Montrose Electric Association (DMEA) Board of Directors meeting, held in the Black Canyon Board Room, was called to order at 3 p.m. Ken Watson was absent, all other board members were present.

DMEA co-op members are afforded an opportunity to speak during Member Comments, which were scheduled for 5 p.m.

During meetings the board of directors hear verbal summary reports of their monthly meetings and activities; however, neither the co-op membership nor the media have access to the written reports submitted for board approval.

The call to order was followed by the Pledge of Allegiance, the opening meeting prayer, determination of a quorum, and approval of the consent agenda (Membership Report and Minutes from the June Regular Board

*Continued pg 33*



*During the July 26 regular board meeting of the Delta Montrose Electric Association (DMEA), two newly-hired department heads were introduced. (L to R) Chief Relations Officer Lindsay Forepaugh and Chief Information Officer Bob Farmer. Photo by Gail Marvel.*

in this  
issue

[Coors: More Than Just A Cold Beer! By Bob Cox](#)

[Montrose County Fair & Rodeo photos by Gunnison Clamp!](#)

[Letters to the Editor! Regional News Briefs!](#)

[Local Events Calendar!](#)



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**HEALING COLLECTIVE OF WESTERN COLORADO MEETS ON 1<sup>ST</sup> TUESDAYS**

*Special to the Mirror*

MONTROSE-The Healing Collective of Western Colorado is a newly formed Not-for-Profit organization in Montrose. The Healing Collective of Western Colorado offers local practitioners, who focus on healing the whole being, to attend a free one hour informative get together every 1st Tuesday of the month from 12p to 1 pm upstairs at the Mother Earth store on Main Street. We support one another with our practices, business and personal needs. For more information please contact Erin Easton at [ErinKEaston@gmail.com](mailto:ErinKEaston@gmail.com)

## THE MONTROSE MIRROR

Published every Monday since 2010 in Montrose, Colorado, to a readership of over **16,000** residents of Western Colorado. Founder, Editor, and Publisher: Caitlin Switzer

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# CITY TO HEAR FIRST HALF AND QUARTERLY POLICE STATISTICS



*The City of Montrose Public Safety Complex is nearing completion.*

## Mirror staff report

MONTROSE-The City of Montrose will host a work session on Monday, Aug. 1 at 10am, and a regular meeting at 6pm on Tuesday, Aug. 2. Council meetings are held in chambers at the Elks Civic Building and broadcast on public access television, YouTube, and the City's [Public Meetings portal](#).

## WORK SESSION

Discussion items will include a City of [Montrose Housing Needs Assessment Contract Award](#) recommendation and a

for FUNC Fest on Aug. 13. Council will consider approving [Ordinance 2593](#) on first reading, delegating authority to the Board of Directors of the Montrose Emergency Telephone Service Authority (METSA) to set the rate of the charge imposed on service users pursuant to C.R.S. §§ 29-11-102, 102.5 and 103. Council will consider adopting [Resolution 2022-12](#) authorizing the City of Montrose Police Department to file a Victim Assistance Law Enforcement (VALE) Grant for two victim's advocate positions through the 7th Judicial

[Special Events Alcohol Permits for Upcoming Events](#).

## STAFF REPORTS

Police Chief Blaine Hall will present the [MPD's first half and quarterly statistics](#).

## REGULAR MEETING

Council will consider approving a [Special Events alcohol permit](#) in conjunction with the closure of Apollo Road

District Victims Assistance Board for the total of \$48,080, authorizing the Chief of Police to act in connection with the application and to provide such additional information as required, and authorizing the City Manager, Chief of Police and Finance Director to sign the grant application and reporting documents.

Council will consider [awarding a professional services agreement](#) to Points Consulting in the amount of \$48,890. for completion of a City of Montrose Housing Needs Assessment. Council will consider [awarding a professional services contract](#) to LRE Water in the amount of \$75,000 for completion of a water resource inventory and master plan. Council will consider approving the [Cedar Creek Townhomes Subdivision Preliminary Plat](#), expressly conditioned upon City staff ensuring that all policies, regulations, ordinance and Municipal Code provisions are met and that the Applicant adequately addresses all of staff's concerns prior to execution of the Final Plat.

Following staff reports, Council will adjourn.

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## REGIONAL NEWS BRIEFS

### 2ND ANNUAL MONTROSE HEALTH EXPO WILL BE SEPT. 17 AT REC CENTER

*Special to the Mirror*

MONTROSE-The 2nd Annual Montrose Health Expo entitled "Renew the Way You Heal," is back on Sept. 17 at the Rec Center and free to the community. Come explore over 20 classes on Health and Wellness and learn from over 30 local providers on how you can stay healthy. From 9 am to 5 pm. [Montrosewellnessexpo.com](http://Montrosewellnessexpo.com)



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## OPINION/EDITORIAL: LETTERS

### RE-1J'S CONSTITUENTS ARE THE STUDENTS

Editor:

In response to Robert Franco's "Letter to the Editor," I opine that the constituents are the students.

Ray Ross, Montrose

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# METHANE CAPTURE A GOAL FOR DELTA BRICK & CLIMATE COMPANY

## From pg 1

1958. "It pays homage to the history, and also it's an unusual pairing of bricks and climate," Caskey said. Delta Brick & Climate's mission is creating sustainable building materials and generating collaborative climate action. Methane capture is a strong focus for Caskey and his team, and reusing this resource in creative ways is part of the business plan.

"Delta Brick & Climate Company makes

100 percent of our products from clay sediment that we remove from Paonia Reservoir," the web site states. "We currently fire our kilns with standard gas and electric heat as we pursue potential sites for methane capture and utilization."

After three years, the company is no longer losing money and is bursting at the seams, Caskey said. There is now an eight to ten-week lead time for orders, and the

company employs four in addition to Caskey.

Delta Brick & Climate Company also has a sister company, Particular Tile, founded in March of 2022, that produces sustainable custom clay tile. Both companies are presently based in Montrose, and as yet there is not a showroom.

"People are welcome to stop by, but it's really just a factory," Caskey said. "People should have low expectations."

Future plans include eventually relocating the plant to the North Fork region in the next few years, where the coal mines are located and where solutions to reduce the venting of waste methane gas are needed.

"I have lived in Paonia for a long time," said Caskey, who is 36. "My long-term vision is to move the factory there...it makes more sense."

Still, Caskey appreciates the support he has received from both the Montrose community and from the City of Montrose. "We've had a lot of support and positive vibes from the City of Montrose," he said. "We have really loved being here."

According to a July 20 news release issued by the Colorado Department of Public Health & Environment (CDPHE), the NextCycle program selects new and expanding businesses and organizations through a competitive application process and provides value by connecting teams to the resources and expertise needed to reach a point where they are prepared to receive investments and implement ideas.

The pitch competition followed a four-month business accelerator program through NextCycle Colorado, funded by CDPHE. Businesses, organizations, non-profits, universities, and entrepreneurs pursue innovative projects that will develop new, or improve existing, recycling and composting markets in the state.

In addition to winning a \$5,000 cash prize furnished by Resource Recycling Systems, Caskey will meet with two sustainable investment organizations, Closed Loop Partners and Colorado Impact Fund, to further discuss business opportunities, the CDPHE news release states.

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# MIRROR IMAGES: WOODGATE ROAD RE-OPENS

Woodgate Road now open following completion of the Woodgate Realignment Project. Photo by Gail Marvel.

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## OPINION/EDITORIAL: LETTERS

### BUSINESS OWNERS COULD FORM A GROUP, BRING NEW SECURITY COMPANY TO TOWN

Editor:

I read in last week's Mirror that David White and other business owners are having trouble with crime. Chief Hall suggested a presence at the property. There is none in Montrose. It seems to me that if the problem is as all-pervasive as suggested, a few of the affected business people

should get together and form a group to solicit a new security company or branch in town. If there is a group making the request, the person who is being solicited would understand that there is enough of a base here for them to make the investment. And that they would not have to spend a lot of time and treasure finding

their first customers. Word of mouth would be a great way for them to expand. Chief Hall might have a suggestion of someone local who would be interested, and competent, to start the firm and make it truly homegrown (yay).

David, will you spearhead that?

*Rick Bleier, Montrose*

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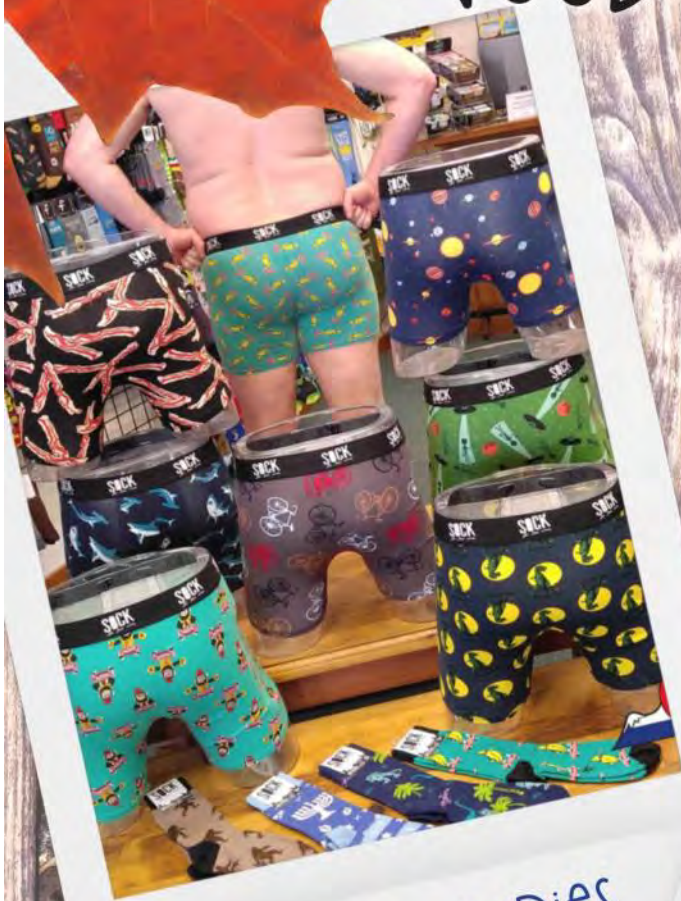
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Application packets are available for download at [www.montrosehealth.com](http://www.montrosehealth.com), by email request to [BODapplications@montrosehealth.com](mailto:BODapplications@montrosehealth.com), or pick up at the Montrose Regional Health Administration office, located at 800 South 3<sup>rd</sup> Street, Montrose, Colorado, from 9:00 a.m. to 5:00 p.m., Monday through Friday.

The deadline for return of completed applications is **Friday, August 12, 2022**, at 5:00 p.m. at the MRH Administration office.

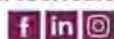
Interviews will be conducted on September 14<sup>th</sup> and 15<sup>th</sup>. Elections will be held by the Board of Directors at its annual meeting in October, date to be announced.

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## REGIONAL NEWS BRIEFS

### CITIZENS CLIMATE COMMITTEE TO MEET AUG. 8

Special to the Mirror

MONTROSE-On Monday Aug. 8, 5:30 Montrose library meeting [rm.Citizensclimatelobby.org](https://rm.Citizensclimatelobby.org) monthly meeting. Come learn of progress on renewables for western slope. Non-partisan, national environmental [group.info](https://group.info) 970-765-9095



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## REGIONAL NEWS BRIEFS

### COMMUNITY BREASTFEEDING AWARENESS EVENT HAPPENING AUGUST 5 AT DELTA HEALTH

#### *Special to the Mirror*

DELTA— Delta Health's Stork's Landing is hosting its second annual Community Breastfeeding Awareness Event on August 5 from 10 a.m. to 1 p.m. on the lawn behind Building C (The Oncology Building) at 100 Stafford Lane to celebrate National Breastfeeding Month.

There will be booths from local vendors and opportunities to talk with Delta Health providers. There will also be a raffle to give away a brand new car seat. Refreshments will be available as well as opportunities to tour Stork's Landing, the Delta Health labor and delivery unit.

The event also includes a Birthday Party celebration for all babies born at Stork's Landing from July 2021 to July 2022. The

birthday party starts at 10:30 a.m. at the same location as the breastfeeding event.

"This is a great chance for local moms to get together with fellow moms as well as healthcare professionals to talk about their breastfeeding journey, challenges, transitions and more," said Carol Swingle, RN, BSN, CLC, and OB/Nurse Manager at Stork's Landing. "Last year's event was a great way for people to connect, and we're happy to offer this opportunity again."

National Breastfeeding Month happens every August and August 1 through August 7 is World Breastfeeding Week. This year the World Alliance for Breastfeeding's (WABA) theme is "Step-Up for Breastfeeding," and focuses on ways to

support and advocate for breastfeeding in our communities.

According to WABA, breastfeeding impacts the health of the family, the community and the planet, and it is important to work together across sectors and levels to protect, promote and support any amount of breastfeeding for the health of Coloradans.

Stork's Landing is a Baby-Friendly Designated birth facility and is globally designated by the World Health Organization and the United Nations Children's Fund. These both recognize Stork's Landing and the optimal level of care provided by staff for all mothers and their babies.

For more information on the event, call 970.874.2255 or visit [deltahealthco.org/](http://deltahealthco.org/)

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# REGIONAL NEWS BRIEFS

## DELTA HEALTH WELCOMES NEW GENERAL SURGEON

### Special to the Mirror

DELTA- – Delta Health is excited to welcome their newest general surgeon, Will Cole, M.D. to the team.

"We are excited to have Dr. Cole at Delta Health," said Matt Heyn, Delta Health President. "He is passionate about his patients and working on the Western Slope and we are proud to have him on our team."

Cole completed his undergraduate degree at Miami University of Ohio before going to medical school at the University of Colorado School of Medicine. After medical

school Cole served in the military and was deployed to Korea, Afghanistan and Iraq.

"The military took me to Hawaii where I completed my residency at the Tripler Army Medical Center," said Cole. "I really liked it in Hawaii. It was a great place to train and work."

For Cole, the people were his favorite part of his experience in the military. He enjoyed working as part of a collective and being around hard-working individuals. Those values around safety and effectiveness are part of what makes Cole a great surgeon.



Initially, Cole didn't think surgery would be his favorite rotation. But after experiencing it firsthand, it turned out that he loved it.

"I remember just waiting to like something better, but I didn't," said Cole. "I loved being in an operating room. It's engaging and you can really focus on your patient and on what you're doing. It's also very tactile and you get to have a one-on-one relationship with people and a [special] connection."

Cole said that his care philosophy and goal are always to be the safest and most consistent surgeon, and he is excited to bring his skill set to the communities of Delta County.

"I really like that this is a smaller community and everyone is friendly with each other," said Cole. "The people at Delta Health are always easy going, easy to talk to and I wanted that after being at Tripler for so long. When you live in smaller communities you develop a mutual trust and understanding that's sometimes hard to do in big hospitals, and for me, that's important to have."

Cole is originally from Ohio but lived in parts of Colorado at various times throughout his life. While at medical school in Colorado, Cole met his wife, Amanda, who is a Registered Nurse and Transplant Coordinator.

After living in Hawaii the two often talked about coming to the Western Slope of Colorado and are excited to finally make that a reality. Cole and his wife have been married for 11 years and have a 6-year-old



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## **REGIONAL NEWS BRIEFS**

### **CDOT CREWS ARE CONDUCTING ROAD REPAIRS NEXT WEEK**

#### *Special to the Mirror*

COLORADO-CDOT crews are conducting road repairs next week on US Highway 40 south of Granby and in Kremmling, as well as on Colorado Highway 9 south of Kremmling. The goal is to complete this work during a period of favorable weather. Motorists should plan for delays when traveling through the area. Please drive carefully through work zones and watch for workers on the roadway.

#### **Monday, August 1**

Crews will pave Colorado Highway 9 at the Colorado River bridge just south of Kremmling. This is at Mile Point 139. When driving through the work zone, motorists should anticipate one-lane alternating traffic and reduced speeds. Additional travel time may be 10 minutes. Work hours are 6am – 4:30pm, weather permitting.

#### **Tuesday, August 2**

Crews will pave US Highway 40 south of Granby at Mile Point 210 and from Mile Points 214 – 215. When driving through the work zone, motorists should anticipate one-lane alternating traffic and reduced speeds. Additional travel time may be 10 minutes. Work hours are 6am – 4:30pm, weather permitting.

#### **Wednesday, August 3**

Crews will pave US Highway 40 (Park Avenue) in Kremmling between the intersection with CO 9 (6th Street) to West Grand High School. This section of US 40 is Mile Points 184.5 – 185. When driving through the work zone, motorists should anticipate one-lane alternating traffic and reduced speeds. Additional travel time may be 10 minutes. Work hours are 6am – 4:30pm, weather permitting. Crews will conduct work on Thursday only if absolutely necessary to complete paving in that area.



# COLORADO NEWS BRIEFS

## DELTA HEALTH FAMILY MEDICINE CLINIC MOVING TO NEW LOCATION AT 70 STAFFORD LANE ON AUG. 15

### Special to the Mirror

DELTA – The Delta Health Family Medicine Clinic is moving to its new location at 70 Stafford Lane on Aug. 15. The clinic will be closed August 11 and August 12 in preparation for the move, as well as no walk-in availability on Aug. 13.

The Clinic was formerly at 555 Meeker Street in Delta.

“This is an exciting move for our Family Medicine Clinic to a location that is not only a larger space, but that is closer to the main Delta Health campus,” said Vickie Moore, M. Ed, Executive Director of Clinic Operations. “We hope to make the transition as smooth as possible for our patients, and we are excited for everyone to see the new space.”

The community is also invited to the ribbon cutting ceremony for the new location on Sept. 15 from 4 p.m. to 7 p.m. It’s an opportunity to meet staff, providers, and to take a tour of the new clinic.

“It has been our goal for some time to move Family Medicine closer to the main campus,” said Matt Heyn, President and CEO of Delta Health. “It makes it more convenient for patients moving between Hospital and Clinic appointments, and it also makes it easier for our providers to go back and forth to the hospital to serve patients.”

Normal business hours will resume on Aug. 15 at the new location, and the phone number will remain the same: 970.874.5777. Delta Health Staff encour-

ages patients to call if they have any questions or concerns about the move. For more information, visit [deltahealthco.org](http://deltahealthco.org) or call 970.874.5777.

## AGING SERVICES & LONG TERM CARE HOUSING OPTIONS



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Volunteers of America's ministry of service is focused on providing healthcare and housing to our neighbors along with a network of supportive aging services. Contact us for guidance when considering long-term care options including in-home services and programs, independent and assisted living, skilled/24-hr nursing care, memory support and short-term rehabilitation.

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Call: 1-844-862-4968





## OPINION/EDITORIAL: LETTERS

### HOW WILL YOU FERTILIZE YOUR LAWN, GARDEN, OR FOOD OPERATION?

*Editor:*

If we halt all exploration for and extraction of fossil fuels, how will you fertilize your lawn, or garden, or commercial food production?

*Rick Bleier, Montrose*



# LUNCH — & — HIRING EVENT

**3<sup>RD</sup>**  
**AUGUST**

**11:00 AM – 1:00 PM**  
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**HALLEY COMBS**

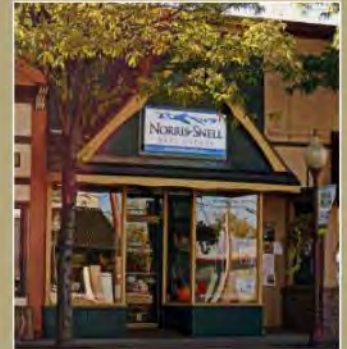
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# **Come Join Us to Celebrate National Breastfeeding Month!**

**Thursday August 18, 2022**

**Buckley Park - 300 N. Nevada**

**10 a.m.-12 noon**

Come have Fun  
and Meet  
Other Moms  
and Dads!



Come Find  
Out  
What is  
available in  
our  
Community

**We will have A Bubble Machine,  
Door Prizes,  
Food and Much More!**





## REGIONAL NEWS BRIEFS

### GMUG TO HOST PUBLIC SBEADMR AND TAYLOR PARK FIELD TRIPS

*Special to the Mirror*

DELTA – The Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests will be hosting its annual Public Field Trips for the Taylor Park Vegetation Management Project (Taylor Park) and the Spruce Beetle Epidemic and Aspen Decline Management Response (SBEADMR) project

Aug. 4 and Aug. 11. These field trips provide an opportunity for interested individuals to participate in discussions and engage with GMUG staff, adaptive management group members and science teams on topics including the implementation timeline, temporary roads, treatment unit prescriptions and resource concerns relevant to Taylor Park and SBEADMR.

All interested members of the public are invited to attend this year's field trips. The Taylor Park field trip, co-hosted with Western Colorado University, will be held Aug. 4 and will include stops at the Park Ridge, Park Cone and Kentucky Ridge treatment areas. Participants are asked to bring a sack lunch, water and any necessities for a day outdoors. Vans will be leaving the Gunnison Ranger District at 8 a.m. and returning no later than 5 p.m. Please RSVP by Aug. 2 to: [tnickel@western.edu](mailto:tnickel@western.edu). For questions, please contact Tobi Nickel, Center for Public Lands Associate Director at [tnickel@western.edu](mailto:tnickel@western.edu).

The SBEADMR field trip, scheduled for Aug. 11, will include stops at the Muddy Aspen treatment area (pre-implementation) and the Terror Creek Adaptive Silvicultural Assessment Site (implemented in 2008 – 2010) on the Paonia Ranger District.

Participants are asked to bring a sack lunch, water and any necessities for a day outdoors. Participants will be able to caravan/carpool from the GMUG Supervisor's Office in Delta or the intersection of Stevens Gulch Rd and CO-133 in Paonia, leaving Delta at 8 a.m. and returning by 4 p.m. Please RSVP by Aug. 8 to SBEADMR facilitator Susan Hansen: [shan-sen42@gmail.com](mailto:shan-sen42@gmail.com).

For questions, please contact Michael Salazar, GMUG Timber Program Manager at [michael.salazar@usda.gov](mailto:michael.salazar@usda.gov). Both field trips will involve hiking on moderate terrain.

More information on the Taylor Park vegetation management project can be found at: <https://www.centerforpubliclands.org/project-list/taylor-park-group>.

More information on the SBEADMR vegetation management project can be found at: <https://cfri.colostate.edu/projects/sbeadmr/>.

For more information on current fire restrictions, conditions and recreation opportunities, visit the [forest website](https://www.westslopefireinformation.com) or [www.westslopefireinformation.com](https://www.westslopefireinformation.com). Connect with us, follow us on social media (Twitter and Facebook).

## MOMMA & ME



El Grupo de Apoyo  
JODI HYATT, RN, BSN, IBCLC  
KIM COOK, RN, IBCLC

### MONTROSE CENTRO de EVENTOS

1036 N. 7<sup>TH</sup> STREET-HABITACION #3

1<sup>st</sup> and 3<sup>rd</sup> Jueves

10:00AM-12:00PM

COMIENZA EL 1 SEPTIEMBRE, 2022

Trae a tu Familia y tus Preguntas!

Busque el Poster de la Coalicion de Lactancia Materna de West Central

Consultores Certificados de Lactancia-Jodi and Kim estan disponibles para responder a sus preguntas sobre la lactancia materna y los problemas comunes.

Verifique el peso de su bebe en una escala para bebes.

Todas las mamás son bienvenidas!

PARA OBTENER MAS INFORMACION Y PROXIMOS EVENTOS SIGA: WESTERN SLOPE BUMPS TO BOOBS-UN GRUPO DE APOYO PAR PADRES CENTRO EOSTE COALICION DE LACTANCIA MATERNA DE COLORADO





# Venga Con Nosotros Para Celebrar el Mes Nacional de la Lactancia Materna!

**Jueves-18 Agosto, 2022**

**Buckley Park - 300 N. Nevada**

**10 a.m.-12 noon**

Ven a Divertirte  
y Conoce a  
Otras  
Mamas Y  
Papás!



Ven a  
Descubrir  
Lo que Esta  
Disponible en  
Nuestra  
Comunidad

WABA | SEMANA MUNDIAL DE LACTANCIA MATERNA (SMLM) 2022

**Tendremos una Maquina de Burbujas,  
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Comida Y Mucho Mas!**





# COLORADO NEWS BRIEFS

## MILITARY AND VETERANS GET FREE ENTRY INTO COLORADO STATE PARKS IN AUG.

*Special to the Mirror*

DENVER – As a thank you to U.S. military members, Colorado Parks and Wildlife

offers active duty military, veterans and the National Guard free admission to all state parks for the month of August.

Military members and veterans, resident and nonresident, can pick up a free August Military Pass at any Colorado state park or CPW office by showing proof of service. Passes become available on Aug. 1, 2022.

The free park pass provides a chance to experience Colorado's state parks and the diverse wildlife and landscapes the state provides. All other park fees remain in effect, including camping reservations, boat and off-highway vehicle registrations, and hunting and fishing licenses. The pass is also not valid for accessing State Wildlife Areas.

To help plan a unique Colorado adventure, visit the CPW park finder. State park outdoor recreation activities include:

- Water sports- boating, kayaking, paddle boarding and swimming
- Wildlife and wildflower viewing, bird-watching and tours with naturalists
- Hiking, horseback riding, biking and rock climbing
- Stargazing and geocaching

Accessibility programs are available to people with disabilities

CPW offers several additional military benefits to active duty military, veterans and disabled veterans. Programs include free admission to state parks on Veterans Day, year-round free entry to all state parks for residents with Colorado Disabled Veterans or Purple Heart license plates and free small game and fishing combination licenses for qualified disabled veterans. CPW also offers a Columbine Pass which offers reduced park entrance fees to disabled Colorado residents.

For more information about Colorado's state parks, visit [cpw.state.co.us](http://cpw.state.co.us).



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# Local Immunization Providers

## PEAK PROFESSIONALS

1550 Niagara Road Montrose  
(970) 497-4921  
peakpros.org

## PEDIATRIC ASSOCIATES

947 South Fifth Street Montrose  
(970) 249-2421 **VFC PROVIDER**  
thepediatricassociates.com

## NORTHSIDE HEALTH CENTER

528 North Uncompahgre Ave Montrose  
(970) 240-6438 **VFC PROVIDER**  
pfb.com/northsidechildhealthcenter

## CEDAR POINT HEALTH

300 South Nevada Ave Montrose  
(970) 249-7751  
cedarpointhealth.com

## BASIN CLINIC

421 Adams Street Naturita  
(970) 865-2665 **VFC PROVIDER (RHC)**  
basinclinic.org

## UNCOMPAHGRE MEDICAL CENTER

1350 South Aspen Street Norwood  
(970) 327-4233 **VFC PROVIDER (FQHC)**  
umclinic.org **340B PARTICIPANT**

## DELTA COUNTY HEALTH DEPT

255 West Sixth Street Delta  
(970) 874-2165 **VFC PROVIDER**  
deltacounty.com/8/personal-health-services

## RIVER VALLEY FAMILY HEALTH CENTERS

1010 Rio Grande Montrose  
(970) 497-3333  
308 Main Street Olathe  
(970) 323-6141  
rivervalleyfhc.com  
**340B PARTICIPANT & VFC PROVIDER (FQHC)**

## THE PIC PLACE

87 Merchant Drive Montrose  
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pic.place

## MESA COUNTY HEALTH DEPT

510 29 1/2 Rd Grand Junction  
(970) 248-6900 **VFC PROVIDER**  
health.mesacounty.us/services/family/immunizations

## VFC (VACCINES FOR CHILDREN)

The Vaccines for Children Program (VFC) is a federally funded program that provides vaccines 0-18 years of age who are enrolled in Medicaid, who have no insurance, or who are American Indian / Alaska Native. \*Children who are underinsured may receive VFC vaccines at a federally qualified health center (FQHC) or rural health center (RHC).

## 340b

The 340b Drug Pricing Program is a US federal government program created in 1992 that requires drug manufacturers to provide outpatient drugs to eligible health care organizations and covered entities at significantly reduced prices.



**CITY MARKET SOUTH**

16400 South Townsend Ave Montrose  
(970) 240-1994 **340B PARTICIPANT**  
Register Online

Flu	Shingles
Pneumonia	MMR
Tdap	Rabies
Meningococcus	Polio
Chickenpox	Japanese Encephalitis
Hep A	Hep B
	COVID-19

**WALGREENS**

2351 South Townsend Ave Montrose  
(970) 252-1743  
Register Online

Flu	Shingles
Pneumonia	HPV
Tdap	MMR
Td or DT	Rabies
Meningitis	Polio
Varicella	Japanese Encephalitis
Hep A	Typhoid
Hep B	Hep A/Hep B
	COVID-19 (Moderna)

**CVS (IN TARGET)**

3530 Wolverine Dr Montrose  
(970) 497-8981  
Register online

Flu	MMR
Hep A	Tdap
Hep B	Varicella
Hep A/Hep B	Pneumococcal
HPV	Meningococcal
Shingles	Hep A/Hep B
Typhoid	Japanese Encephalitis
Polio, adult	COVID-19 (Pfizer & J&J)

**CITY MARKET NORTH**

128 South Townsend Ave Montrose  
(970) 249-2064 **340B PARTICIPANT**  
Register Online

Flu	Shingles
Pneumonia	MMR
Tdap	Rabies
Meningococcus	Polio
Chickenpox	Japanese Encephalitis
Hep A	Hep B
	COVID-19

**SAFEWAY**

1329 South Townsend Ave Montrose  
(970) 249-1160 **340B PARTICIPANT**  
Register online

Flu	Shingles
Pneumonia	Tetanus
HPV	Pertussis
MMR	Meningitis
Hep A	Hep B
	COVID-19

**WALMART**

16750 South Townsend Ave Montrose  
(970) 249-7742  
Walk-in's welcome

Flu	Hep A & Hep B
Shingles	IPV
Tdap	Varicella
Td	Pneumococcal
MMR	Meningococcal
	COVID-19 (Moderna & J&J)

**STACIE'S APOTHECARY SHOPPE**

112 Village Square West Ridgway  
(970) 626-7100

Flu	Pneumonia
Shingles	Tdap



Please note that this list is not exhaustive and is not an endorsement of any pharmacy or provider. Visit [www.cdc.gov/vaccines](http://www.cdc.gov/vaccines) for the latest recommendations. Please contact your Pharmacy or Provider to confirm availability of vaccines. Montrose County Public Health will not provide immunizations after June 30th, 2020. Last Updated 7-25-2022.



# REGIONAL NEWS BRIEFS

## CONGRESSWOMAN LAUREN BOEBERT'S OFFICE RELEASES AUGUST STAFF MOBILE OFFICE HOURS

### *Special to the Mirror*

REGIONAL-Congresswoman Lauren Boebert's Office has announced mobile office hours in the coming weeks.

Mobile office hours will be available at the following times and locations:

#### **WEDNESDAY, AUGUST 3, 2022**

Delta County Mobile Office Hours  
Paonia Town Hall  
214 Grand Ave  
Paonia, CO  
11-12 pm

#### **SATURDAY, AUGUST 6, 2022**

San Miguel County Mobile Office Hours  
Lone Cone Library, Conference Room  
1455 South Pinion Street  
Norwood, CO  
11-12:30 pm

#### **TUESDAY, AUGUST 9, 2022**

Delta County Mobile Office Hours  
Hotchkiss Town Hall, Council Chambers  
276 West Main Street  
Hotchkiss, CO  
11-12:30 pm

#### **SATURDAY, AUGUST 13, 2022**

San Juan County Mobile Office Hours  
Grand Imperial Hotel  
1219 Greene Street  
Silverton, CO  
10:30-12 pm

#### **THURSDAY, AUGUST 18, 2022**

Ouray County Mobile Office Hours  
Ridgway Public Library  
300 Charles Street  
Ridgway, CO  
1-2 pm

#### **FRIDAY, AUGUST 26, 2022**

Jackson County Mobile Office Hours  
River Rock Café, Meeting Room  
460 Main Street  
Walden, CO  
9-10 am  
Routt County Mobile Office Hours  
Bud Werner Memorial Library, Project Room  
1289 Lincoln Ave.  
Steamboat Springs, CO  
12-1 pm

#### **TUESDAY, AUGUST 30, 2022**

Pueblo County Mobile Office Hours  
Colorado City Metropolitan District  
4497 Bent Brothers Blvd.  
Colorado City, CO  
10-11 am

#### **WEDNESDAY, AUGUST 31, 2022**

Custer County Mobile Office Hours  
Silver Cliff Town Hall  
612 East Main Street  
Silver Cliff, CO  
11-12 pm

## MOMMY & ME



### SUPPORT GROUP

JODI HYATT, RN, BSN, IBCLC

KIM COOK, RN, IBCLC

## MONTROSE EVENT CENTER

1036 N. 7<sup>TH</sup> STREET-ROOM 3

1<sup>st</sup> and 3<sup>rd</sup> THURSDAYS

10:00AM-12:00PM

STARTING-SEPTEMBER 1, 2022

Bring your family and your questions!

Look for the West Central Breast-Feeding Coalition Poster  
Certified Lactation Consultants Jodi and Kim  
Are available to answer your questions about breast-feeding and troubleshoot common issues.

Check your baby's weight with the provided infant scale.

New and seasoned moms welcome!

FOR MORE INFORMATION & UPCOMING EVENTS FOLLOW: WESTERN SLOPE BUMPS TO BOOBS-  
A PARENT SUPPORT GROUP WEST CENTRAL BREASTFEEDING COALITION OF COLORADO





HEALTHY RHYTHM MUSIC SERIES PRESENTS

# ANYA HINKLE

with Troy Robcy



Healthy Rhythm  
Friday, August 12, 2022  
Advance Reserved Seat \$17  
Day of Show \$20  
Doors 7:00 p.m. — Show 7:30 p.m.

*"...a burgeoning force behind the  
Appalachian roots revival" -- Pop Matters*



# REGIONAL NEWS BRIEFS

## BLM NAMES DOUG VILSACK AS COLORADO STATE DIRECTOR

*Special to the Mirror*

COLORADO-The Bureau of Land Management (BLM) today named Doug Vilsack, the current Assistant Director for Parks, Wildlife and Lands for Colorado's Department of Natural Resources (DNR), as the new State Director for BLM Colorado. Vilsack will begin work on August 14th, 2022.

"Doug Vilsack knows the people and lands of Colorado, with over 15 years of experience in the natural resources and energy fields, including roles in the public, private and non-profit sectors. He has worked collaboratively with Coloradans, the BLM and other government agencies, and conservationists and industry groups on a wide range of land management issues in the state. We're so pleased he has agreed to bring that expertise and the relationships he has built over decades to lead the BLM's work in Colorado," BLM Director Tracy Stone-Manning said.

As the BLM Colorado State Director, Vilsack will be responsible for overseeing the management of 8.3 million acres of public lands and more than 27 million acres of Federal sub-surface mineral estate ranging from alpine tundra, colorful canyons, and sagebrush steppe to mountains rising more than 14,000 feet above sea level. Most of the public lands BLM manages in the state are concentrated on Colorado's Western Slope.

Vilsack comes to the BLM from Colorado's DNR, where since 2019 he has had the responsibility to recommend, develop, negotiate, and communicate policy positions that impact parks, wildlife, and lands throughout the state. Prior to becoming Assistant Director, he served as Director of Legislative Affairs at the Colorado DNR. Before going to work for the state, Vilsack was an attorney handling water, energy, mining, and public lands cases. Vilsack also founded and led several non-profit organizations, including the Posner Center for International Development, a network of Colorado-based businesses and organizations addressing global poverty, and worked to establish distribution networks for household solar products on the Navajo Nation and in rural Africa. Vilsack replaces Stephanie Connolly, who served as acting Colorado State Director and will return to her role as BLM Colorado's Acting Associate State Director. Vilsack has a law degree from the University of Colorado Boulder and a bachelor's degree in Environmental Systems: Natural Resource Management from Colorado College in Colorado Springs.



**Doug Vilsack.**  
*Courtesy photo.*



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Alpine Women's Centre  
900 S. 4th Street  
Montrose, CO 81401  
970-497-5891

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## OPINION/EDITORIAL: LETTERS

### FARM AND RANCH FAMILIES ARE THE BACKBONE OF THIS COUNTRY

*Editor:*

Farm and ranch families have, for over 245 years, been the literal backbone of this country, providing the food and fiber we all depend upon for our very existence. Two fairly recent national surveys [2016 & 3020 ], indicated that farmers / ranchers overwhelmingly support the Republican party over the Democrat party, and that disparity seems to be widening as hundreds of thousands of Democrats across the country are switching to the Republican party.

A MIRROR letter writer of 7-18-22 was "confused" as to that disparity. Since farmers / ranchers are subject to the vagaries of changing weather patterns, the writer postulated that the use of fossil fuels by farmers / ranchers was compounding their weather concerns, and wondered why more farmers / ranchers were not Democrats?

Having been actively engaged in the Industry of Agriculture all my life, I can shed a bit of light on the subject from my perspective. Climate hysteria and the liberal progressive push for immediate change to "green energy" alternatives, display a gross ignorance of reality. The HARD FACT, conveniently overlooked, is that the

world economies rely on fossil fuels for almost everything produced. Farmers / ranchers are astute enough to realize Democrat pie in the sky Green New Deal dreams are totally unrealistic, in that technologies have yet to be developed to offset fossil fuel use, and in all likelihood will not be available for decades. Biden's just announced intention to force a climate change agenda by Executive fiat over more critical issues facing our country is but one more example of the incompetence of Democrat leadership!

Farmers / ranchers are anything but "one issue voters" and have more immediate concerns than "Chicken Little " climate change histrionics. Really critical issues like ; inflation, a looming recession, loss of energy independence, fuel prices, food prices, supply prices, supply chains, wide open borders, attacks on our Constitution and our freedoms, increased deficit spending, cultural radicalism, corruption at the highest levels of government, cancel culture, BLM & ANTIFA, increasing regulation, wokeness in our military, the anti police movement, rising crime rates, race theory indoctrination in public schools, international embarrassments like the Kabul debacle, and the moral decay of our

society, are of greater immediate concern.. Probably of foremost concern for many is the just confirmed Democrat plan for a future "liberal world order," taking us closer to a totalitarian state. Absent a crushing ballot box rebellion in November against radical liberal progressive Democrats, we can expect the death knell of our freedoms and destruction of mankind's most successful experiment in self-government.

Democrats, obsessed with the so called "woke" ideology of multiple genders, pronoun use, and similar issues of no real consequence, could benefit from time spent on a farm/ranch and at the very least learn that, in real life , there are only TWO GENDERS! Is it really "confusing" that the vast majority of farmers / ranchers are Republicans? Today's farmers / ranchers are real patriots , Americans, who only want to see their country grow and flourish, offering opportunity for all, rather than see her destroyed from within. Thanks to the 85 million or so voting for Biden, we are learning the hard way that elections really do have consequences! Thankfully most of us do seem to be learning.

*Dee Laird, Montrose*



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# ATWOOD ASKS DMEA BOARD TO MAKE BOARD PACKETS AVAILABLE TO THE PUBLIC *From pg 1*

Meeting).

## Introductions:

Staff introductions included new department heads, Chief Relations Officer Lindsay Forepaugh and Chief Information Officer Bob Farmer. Also present were Paonia resident Mike Atwood (former DMEA board candidate) and Delta resident Kent Cloward.

## Board Committee Reports:

### Finance-Audit-Rate Committee (FAR) – Ken Watson, Chair.

In the absence of Watson, Damon Lockhart presented the FAR report. Lockhart said, “The meter tariff was reviewed, needs some clean-up to the meter policy. Second there is a depreciation issue for 2021 on vehicles that our auditor picked-up on. There was some change in [previous] methodology that was not best practice use. It [the change] was suggested by the auditor. The committee approved the use of best practices. Third, the financial presentation to the board, what we want to look at going forward. It needs to be set in a FAR committee about what we want to see in financials [reports].”

### Engineering – Construction – Energy Services Committee – Stacia Cannon, Chair.

Cannon said, “We did not meet. Nothing to report.”

### Member Relations Committee – Bill Patterson, Chair.

Patterson said, “We did not meet.”

### Executive Committee – Kyle Martinez, Chair.

Martinez said, “We met July 19<sup>th</sup>. We discussed the CEO [Chief Executive Officer] succession next steps. We will cover that more in Executive Session. The meeting was about an hour long.”

**Background:** After only one-year at the helm of DMEA, CEO Alyssa Clemens Roberts tendered her resignation, which will be effective Aug. 12, 2022.

### Non-Privileged CEO Report – Alyssa Clemens Roberts, CEO.

Clemens Roberts said, “We met with the Delta Planning Commission on the Garnet Mesa solar project. It was a lively debate. That’s not unusual when you are building



*The regular Delta Montrose Electric Association (DMEA) board meeting was held at 3 p.m. in the Black Canyon Room on July 26. (Far right) Paonia resident Mike Atwood, former DMEA board candidate, spoke to the board during Member Comments. Atwood said, “I recommend DMEA meetings be made available on Zoom, even if people can’t participate [speak], they can observe. The board packet should be made available to members as well. It can be restricted to members, but it’s a service to members to tell them what’s going on. It’s 60 miles for people from Paonia if they want to come and watch [120 round trip].” Photo by Gail Marvel.*

a project. People don’t like having it in their back yard. There are changes for the county. It’s a positive sign for the commissioners.”

Clemens Roberts reported that call-answering times have improved and that staff was made aware of a security issue with the telephones. She said, “We implemented a new security system for those problems.”

Cannon said, “With solar projects, do we look for better places for a project.”

Clemens Roberts said, “In urban areas solar usually has a positive impact.” After meeting with the Delta Planning Commission Clemens Roberts recommended, “We should [just] answer questions when they come up. It’s a not-in-my-backyard issue.”

The next step is for the planning commission to present their recommendations to the Delta County Commissioners.

Patterson suggested contacting the com-

missioners. Clemens Roberts said, “It is pending so we can’t call them.” It was noted that although DMEA staff and board of director members should refrain from contact, the community at large is free to contact the county commissioners.

Referring to information in the board packet report Jacob Gray said, “Turnover, the three-term added...”

Clemens Roberts said, “That is a personnel issue that should be moved to Executive Session.”

### Financial Report with Variance Report – Gayle Gouker, CFO.

Gouker said, “Revenue for May is down from April. That is normal, it’s usually down this time of year because of declining usage. Power costs are \$3.1M for the month of May, power cost is \$15.1M year-to-date. Operation maintenance trend is under budget. There is \$12M asset increase year-over-year.”

*Continued next pg*



## ATWOOD ASKS DMEA BOARD TO MAKE BOARD PACKETS AVAILABLE TO THE PUBLIC *From previous pg*

Jock Fleming said, "Was the loss anticipated for the month of May? Margins predictable?"

Gouker said, "The month of May the last five years trend a little loss."

**Non-Privileged Legal Report** – Jeff Hurd, Attorney.

Hurd said, "No update on the FERC [lawsuit] pending. We anticipate it will be dismissed, but it just hasn't happened yet." Hurd touched briefly on Tri State Rates for transmission for members and non-members, the Public Utilities Commission (PUC) Renewable Energy Request Report, easement rights, and subpoena requests from out of state for DMEA and Elevate.

Fleming said, "What state asked for a subpoena?"

Hurd said, "New York. If a state asks for a search warrant, what obligation does DMEA have to respond? It was determined that they must first apply to a Colorado Court."

### **Representative Reports**

**Western United Electrical Supply (WUES) Report** – Jock Fleming.

Fleming said, "We didn't meet. We meet next month."

### **Colorado Rural Electric Association**

**(CREA) Report** – Damon Lockhart.

Lockhart said, "No meeting. We meet again on the second and third [August]. I'll send out business goings-on and about projects via email."

**Conference, Webinar, etc. Attendance Reports**

Cannon reported on her attendance in an hour-long webinar.

Kevin Williams discussed an issue of DMEA signing a Congressional Letter concerning electric co-ops. Further information will be provided to board members.

### **Retirement Resolution for Guy Gard**

Resolution 2022-10, a retirement resolution for Guy Gard was approved unanimously. Gard began his 43-year career with DMEA in 1979.

Resolution 2022-11, pension plan for Elevate employees. Clemsen Roberts said, "The union had a vote, an overwhelming yes."

DMEA will merge Elevate employees into the DMEA pension plan. Roberts said, "There is no negative impact to employees." There are union and non-union members in the plan. The resolution passed with a majority vote; Patterson voted no.

### **Future Meetings**

Aug. 23, 3 p.m.

### **Member Comments**

To accommodate guests, Member Comments were taken at 4 p.m.

Paonia resident Mike Atwood said, "My comment is about Zoom. Delta County has meetings where people can attend online. I recommend DMEA meetings be made available on Zoom, even if people can't participate [speak], they can observe. The board packet should be made available to members as well. It can be restricted to members, but it's a service to members to

tell them what's going on. It's 60 miles [120 round trip] for people from Paonia if they want to come and watch."

**Following the regular meeting the board took a 10-minute break.**

In a sidebar conversation prior to entering Executive Session, Board President Kyle Martinez noted that the only action item following the Executive Session would be a resolution giving the Executive Committee authority to act on the CEO succession. He said, "The Executive Committee is the search committee and we need authority to hire an interim CEO."

### **Executive Session**

-Privileged CEO Report

-CEO Succession

-Privileged Legal Reports: Corporate, Litigation, and Regulatory Matters

Dist. 1 - Bill Patterson, 970-209-1449, [bpatterson@montrose.net](mailto:bpatterson@montrose.net)

Dist. 2 - Kyle Martinez, 970-615-7124, [kyle@touchofcarepcp.com](mailto:kyle@touchofcarepcp.com)

Dist. 3 - Jacob Gray, 970-778-9512, [jacob.gray@dmea.com](mailto:jacob.gray@dmea.com)

Dist. 4 - Ken Watson, 970-275-2100, [kenethrwatson@gmail.com](mailto:kenethrwatson@gmail.com)

Dist. 5 - Kevin Williams, 406-839-1603, [kevin.williams@dmea.com](mailto:kevin.williams@dmea.com)

Dist. 6 - Damon Lockhart, 970-314-1071, [damon.lockhart@dmea.com](mailto:damon.lockhart@dmea.com)

Dist. 7 - Enno Heuscher, 970-270-6523, [enno.heuscher@dmea.com](mailto:enno.heuscher@dmea.com)

Dist. 8 - (North Region) Stacia Cannon, 920-207-8831, [stacia.cannon@dmea.com](mailto:stacia.cannon@dmea.com)

Dist. 9 - (South Region) Jock Fleming, 970-275-1808, [jock.fleming@dmea.com](mailto:jock.fleming@dmea.com)



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## REGIONAL NEWS BRIEFS

### SAN JUAN HUTS NAMED AUGUST 2022 RACC MEMBER OF THE MONTH

#### *Special to the Mirror*

RIDGWAY-San Juan Huts is being recognized as Ridgway Area Chamber of Commerce Member of the Month in August. Kelly Ryan of San Juan Huts was interviewed for the Member of the Month program, an ongoing effort by the RACC to promote patronage of our area's small, independent companies and nonprofits. She shares information about how the recreation business came to be and what's new. "My father, Joe Ryan, built all of the huts, which took a tremendous amount of determination, stubbornness and hard physical labor," said Joe's daughter, Kelly. "The sites were selected to be in safe and

scenic locations with the best access to backcountry skiing, biking and hiking and within a day's travel by self-propelled means." Joe still jumps in to help and advise when needed or inspired, while Kelly is now running the daily business of the huts and starting to drag her 1.5-year-old daughter with her. "We have a wonderful team of about 13 awesome individuals," she adds. She wants people to know that dogs are welcome at the hiking huts, and kids 12 and under are free at all huts. Active-duty military are complementary on the six-night/seven-day bike trips. The newest trip is Tour of the Canyons, a mixed-surface, two-night/three-day ride



*RACC Courtesy photo.*

from Grand Junction, Colo. to Moab, Utah.

To learn more about San Juan Huts, visit <https://sanjuanhuts.com/>. Also feel free to give the staff a call at 970.626.3033 or email [info@sanjuanhuts.com](mailto:info@sanjuanhuts.com).

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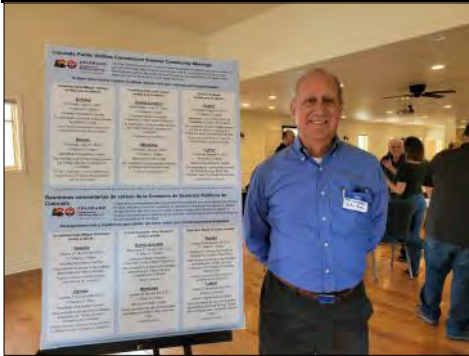
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## PUC MEETS WITH COMMUNITY ON LEGISLATIVE IMPACT IMPOSED BY CLEAN HEAT PLANS



**John Gavan, one of three Colorado Public Utilities Commissioners (PUC), hosted an in-person community meeting in Montrose on July 28. A Paonia resident, Gavan served as a Delta Montrose Electric Association (DMEA) Board of Director (2014-2019) before being appointed by the governor to serve as a PUC Commissioner. Photo by Gail Marvel.**

*By Gail Marvel*

MONTROSE-The Public Utilities Commission (PUC) held the fourth of six state-wide community events in Montrose on Thursday, July 28. Approximately 50 people attended the in-person event, half of which appeared to be PUC staff, attorneys, and event presenters.

The first part of the meeting highlighted the role of the PUC, with emphasis on the Clean Heat Plans. The second half included the legislative impact imposed by the Clean Heat Plans on utility companies and the consumer. The informal meeting did not have a court reporter, but staff took notes. Participants were invited to ask questions throughout the presentation; however, participants did not identify themselves.

### Background

In 2021, the Colorado General Assembly required natural gas distribution utilities—utilities that produce and distribute gas to retail customers such as residents and local businesses—to reduce greenhouse gas emissions by four percent by 2025 and by 22 percent by 2030, from a 2015 baseline.

To show that they are meeting these targets, gas utilities will file Clean Heat Plans (CHPs) with the Commission starting in 2023. A CHP may include a mix of supply-side resources which replace traditional gas and demand-side resources which reduce the gas customers use.

### PUC Meeting:

John Gavan, one of three Colorado Public



**(L to R) Matt Christofferson, Manager, Regulatory Policy and Finance, Black Hills Natural Gas and Mike Harrington, Director, Regulatory & Finance at Black Hills Natural Gas. Unlike a co-op, Black Hills is an investor-owned utility. Referring to the legislatively imposed Clean Heat Plans, Harrington said, "We are told to comply...we make no profit, no money on natural gas, we are investor owned." Photo by Gail Marvel.**

Utilities Commissioners (PUC), hosted the in-person community meeting in Montrose.

The PUC, who has a staff of 110, is quasi-judicial (with the right to hold hearings on and conduct investigations); however, the six state-wide meetings were designed to be less formal to improve outreach to communities.

Denver had the first electric streetlights in 1885. Because of multiple utility providers, the PUC was created in 1913 to regulate these natural monopolies. In 1983, Delta Montrose Electric Association (DMEA) elected not to be regulated by the PUC; however, investor-owned Black Hills Energy is regulated by the PUC.

PUC Section Head, Communications & Outreach, Drew Bolin said, "Our role is to serve as a regulatory body; lots of evidence collection is used in the process. In the Clean Energy Plan, Xcel has submitted 40,000 pages. We are a UCA [Utilities Consumer Advocate.]"

Attorney Tom Dixon said, "There has been \$2B consumer savings since the office was created. This is not for large companies, but for small companies, residential, small consumers. How much do

we allow the ratepayer to pay? We are charged with the public interest. When a power plant shuts down and the workforce loses jobs, we have a mandate to help those people out."

Gavan said, "The PUC is driven by bills and statutes coming out of the State [legislation]. We don't set policy, we monitor. We've been very busy the last three or four years, there have been some impactful bills. House Bill19-1261, greenhouse reduction [required] 80 percent reduction by 2030. "

Through Senate Bill 21-264 the General Assembly directed the Commission to create rules that require utilities to file Clean Heat Plans (CHPs) and take actions to reduce carbon emissions. In response, the Commission opened Proceeding 21R-0449G and issued a notice of proposed rulemaking. It was noted that although the bill has already passed, the rulemaking remains a work in progress.

During the meeting Gavan could not comment since the proceedings have been opened; however, the deadline for the final decision on the rules is Dec. 1, 2022. Ratepayers were encouraged to submit verbal or written comments.

*Continued next pg*



## ***PUC MEETS WITH COMMUNITY ON LEGISLATIVE IMPACT From previous pg***

Public written or verbal comments should include “Proceeding No. 21R-0449G”: -(E-Filings) <https://www.dora.state.co.us/pls/efi/EFI.homepage>

-(on-line form or email) [do-ra\\_puc\\_website@state.co.us](mailto:do-ra_puc_website@state.co.us)

-(US mail) Colorado Public Utilities Commission, 1560 Broadway, Suite 250, Denver, CO 80202

-(Phone) 303-869-3490

### **Questions:**

#### **What is the impact on propane?**

“There is no impact on propane, or on distributors of propane.”

#### **Why not nuclear?**

“Small module reactors will be rolled out in 2028.”

#### **Why are we being forced to go to electric?**

“Nothing says you have to move from gas to electric. As a consumer you get to choose.”

#### **Is this process used to encourage, or to enforce companies to reduce [greenhouse gases]?**

“Both. Utilities have obligations to serve their customers. They can’t turn off your service.”

#### **Lots of [coal] plants are very clean. What about KTLO [Keep The Lights On]?**

“Energy transition. More diversity distributed over the state. We’re not going to shut off fossil fuel overnight. It’s a balancing mix.”

#### **Inter-regional transfer, the Front Range takes precedence over rural. The Western Slope has very good transmission. If there is a perception of shortages, rural areas lose first. How are we not going to make the problem worse here? Is there a backpaddle process?**

The specific questions were not addressed, but answered, “Tri State is going through the PUC process.”

#### **The carbon footprint on wind turbines and battery storage. The lifecycle, is the carbon footprint factored into the equation?**

“Not using carbon footprint on turbines. Most of this is economically driven. Solar is the cheapest way to get electricity, then wind. It’s the lawmakers that make the laws, we’re just implementing.”

#### **Introduction of Matt Christofferson, Manager, Regulatory Policy and Finance,**

#### **Black Hills Natural Gas and Mike Harrington, Director, Regulatory & Finance at Black Hills Natural Gas**

Christofferson said, “We are here to take community feedback. We have 203,000 customers and serve 105 communities. We are told to comply [Clean Heat Plans], but customers want to continue with natural gas. We want to find a way to comply, but offer gas to customers, 70 percent of our customers want natural gas. We must reduce greenhouse emissions by four percent by 2025 and in 2030 it’s 22 percent.”

#### **If you don’t meet the target, who pays the price?**

“There is a heavier lift from the customer side.”

#### **The 2 ½ percent [a year] is to the customer.**

“It’s very difficult to achieve. We made it clear to legislators, 4 percent is more like 20 percent to us.”

#### **That’s 2 ½ percent this year, per year, compounded?**

“Annually, 2 ½ in 2025, 2 1/2 percent in 2026...” Energy efficiency will reduce customer emissions. We offer rebates and incentives.”

#### **You’re trying to get people to reduce [gas] consumption. That’s a bad business model, just bad business.**

“We make no profit, no money on natural gas. We are investor owned.”

Black Hills staff discussed various ways they plan to cut emissions for their business (leakage prevention, more efficient pipes), as well as actions consumers can take (audits of homes, weather stripping).

Christofferson said, “We’re in the infancy of what tools are at our disposal. We’re listening to customers. Every regulation is passed on to the ratepayers.”

#### **Has the PUC done a cost analysis?**

Attorney Dixon said, “We [customers] have to manage our own usage. He [Gavan] is the messenger. Do you believe in climate change? Whether you believe or not, the climate is changing.” Dixon pointed to the incandescent lights in the ceiling.

He said, “Those should be replaced. They put out a lot of heat. They put off enough heat to bake cookies [reference to vintage Easy Bake Ovens]. I’m 70 years-old, I want to save the earth for my eight grandchild-

dren.”

Dixon rebuffed a question on China’s greenhouse gas emissions. He said, “We’re not China. We need to do our part.”

The climate in the room heated up when an attendee took the presenters to task. She said, “You started out this meeting by saying you were going to listen to the people. You also commented on how many people there are here. We have 50,000 in the county and outlying area. You have more legal counsel and staff here than we do [citizens]. The few comments that were made were met with rebuttal and dispute and you weren’t listening to the people. When I heard about this meeting, I was scouring social media to find out when there was a meeting. John, I think this [meeting] was like checking all the boxes. People were leaving because they weren’t being heard.”

Another man added, “The last meeting we heard about it two or three days after the meeting [had taken place].

Bolin said, “We sent press releases to the newspaper. Maybe people didn’t see or they don’t read the paper.”

The woman said, “Region 10 is absent.”

Bolin said, “We don’t control who attends.”

A member of the PUC staff acknowledged need for improvement. She said, “[We need to know] how we can do better if our efforts are not successful, how we can get the engagement we want. We welcome comments on how we can do better. Efforts were made, but we need to know how we can be more successful. The PUC will do more and more [meetings] in the coming years. We could do social media next time.” The woman said, “This room [event center] is small. You didn’t expect any more than who showed up.”

It should be noted some community entities were represented — Montrose and Delta County commissioners, former legislators Ben and Kay Alexander, Montrose Economic Development Corporation (MEDC) Executive Director Sandy Head, and realtors were present.

To file comments and complaints with the Colorado Public Utilities Commission constituents go to <https://puc.colorado.gov/>

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## OPINION/EDITORIAL: LETTERS

# DO YOU MISS PRESIDENT TRUMP YET?

*Editor;*

Recently, a Mr. Ryan inquired why aren't more farmers and ranchers Democrats? He asked if climate change affects them. Well yes, it can, but the discussion has always been who is who or what is responsible for it? The earth has endured changing temperatures and weather for thousands and millions of years; cooling and heating BEFORE the human race appeared on earth. After humans were introduced, the heating and cooling continued for hundreds of years while the human race grew and knew nothing about oil and gas, plastic grocery bags, or colored toilet paper. Then all of a sudden decades ago the Democrat party noticed a fluctuation in temperatures from year to year and in different localities. So, they thought,.....hmmmmm maybe we can somehow control the weather. At the very least they thought if they can't control it they'll tax it! So then they thought they would make a political issue out of it and assign blame for the various changes in the weather. So, they came up with the name, "global warming" and attached that name to whenever earth endured what they called "warmer than normal" temperatures on a given day or even a given year. Of course in the beginning they had no data proving what "normal" was because there were too many years, months, and even days when weather temperatures fluctuated so much they didn't know what "normal" was. And they didn't know what the weather was back in the dinosaur days so they could compare it. So then they decided to change the name to "climate change". They figured that way they wouldn't have to explain the colder than "normal" winters. Even just a few decades ago there were some of the wackos screaming we were going to have another ice age! What they didn't realize is that reasonably accurate climate temperatures have to be identified as a statistical average of weather conditions

gathered over decades or even centuries. Climate change doesn't just mean a snow storm today and a sweaty day tomorrow. Then they decided to change the name again because "climate change" doesn't sound scary enough. So Democrat Al Gore (remember him? The climate hypocrite with a 20-room mansion and a big private jet) announced he wants the climate to be called a "crisis". Uh huh, there's that leverage word "crisis" again! Oh yeah, he figured, that should sound terrifying enough to everyone and soften everyone up for the coming climate regulations! But the National Center for Public Policy Research reports Gore has a \$1,800 electric bill average every month; 34 times the monthly average for the average American home!! Wow! What a climate-saving hero he is!! This hypocrisy is the kind of radical Democrat scourge inflicted on Americans for decades. Is this the kind of radical sickness that farmers/ranchers would approve of?

So then the radical Environmental Protection Agency was born with the blessings of President Richard Nixon. But it wasn't long before the Democrat party took over the EPA realizing the potential for huge control over everyone's lives through the eventual out-of-control mandates from the EPA. They grew so powerful over the decades that they inferred all their mandates were law. Luckily the Supreme Court recently slapped their knuckles and reigned in some of their power, but only after massive damage was done from their huge overreach in all segments of our lives including farmers and ranchers. And it's too soon to know if any mandates will be rolled back. The United Nations is behind the worldwide radical environmental movement to dupe the world into believing that climate change is a man-made crisis caused by the use of fossil fuels. But nothing has been invented to produce as much energy as fossil fuels except nuclear power and natural gas

which are cheaper and cleaner. But as Democrat politicians have proven over decades is that they are not really worried about pollution. To them it's just another manner of control and brainwashing. Proof of this is when Biden shut our oil industry down, which caused massive gas shortages and historical inflation. He then goes to Asia begging for their oil! They must think Biden is nuts!! Then Biden said he's draining our national oil reserves insinuating the oil was for Americans to reduce gas prices. Oh no!, our illegal Democrat White House traitor sold millions of barrels of that oil to Communist China!! There's that Biden connection to Communist China again!! And his son, Hunter, made the deal through known business partners in China. That was petroleum paid for by the American taxpayer, including farmers/ranchers who are having problems affording gas for their tractors. Neither Hunter nor Joe had any business selling our oil to Communist China!! They are admittedly the United States' biggest enemy!! That's treasonous! That oil was stolen from America by that traitorous thief in the White House!! And we are not told how much Hunter sold our petroleum for or who got the money. But it's obvious who has it. Hunter and "the big guy" don't work for nothing. We've known for years the Biden family has been colluding with Communist China and making \$millions from secret deals with them. But are Democrats investigating the Bidens for collusion?? Or theft? Or treason? Nope, they are only interested in destroying the only patriotic, constitutional president we have had in decades so he can't run again through their despicable Jan. 6 Soviet-style kangaroo court where only Nancy Pelosi picked who would serve on the Soviet-style panel. Of course cross examination is not allowed under Soviet rules. Democrats had to make up lie after lie after lie about Trump to get him impeached. But the truth is in

*Continued next pg*



## DO YOU MISS PRESIDENT TRUMP YET? From previous pg

in front of their noses about the Bidens, (Look up "the Biden Crime Family"). But the despotic Democrats are conveniently ignoring the Bidens' crimes where criminal activity is out in the open so they wouldn't have to make up lies to prosecute. Sadly, they would rather do their ugly Jan. 6 witch hunt than investigate their Antifa and black lives matter comrades. They ignored and even encouraged their riots destroying \$billions of public and private property, and injuring and killing people including police officers. But that's okay since it's going according to their Marxist revolutionary plan. The Democrats even repeated their lies again in their Soviet-style kangaroo court about people getting killed on Jan. 6. NO ONE WAS KILLED THAT DAY EXCEPT AN UNARMED WOMAN VETERAN who was MURDERED by a Nancy Pelosi Capitol police officer who killed her for no reason!! She was no threat. Cameras show the officer took numerous seconds to aim his weapon before he fired, which proves it was not an issue of "self-defense" like he claims. In a self-defense situation there is no time to hesitate for "aiming." He had no grounds for pulling that trigger. If an officer can't handle an unarmed woman then he should resign and get a job selling pop corn in a theater! He murdered her and has got off scot-free without any criminal charges whatsoever! And he was put right back on the job! But what else could we expect from a Trump-hating bunch of maleficent Democrats. Is this the kind of sickening hypocrisy and behavior farmers/ranchers would vote for?

As if all of this wasn't bad enough, the federal government (Democrats) prove they are not the farmer/rancher friends by mandating the introduction of intrusive predators near a rancher's land and on adjacent public lands. The rancher has to

absorb the losses to predators. Oh sure, the government says they will reimburse the rancher for losses, but they try every trick in the book to get out of it. The farmer/ranchers even have their land controlled by the Democrat control-freak environmentalists by saying it's illegal to use their own land where it stays wet any length of time! And the environmentalists even want to make flatulence from a rancher's cattle illegal!! Ya just can't make this stuff up! They say it contributes to air pollution!! Maybe the farmer/rancher should be asked their opinion about the Biden/Democrat open border disaster where their invaders are over-running their land, killing livestock, stealing anything they can get their hands on, cutting fences and polluting their land. Democrat mouthpieces are constantly lying by saying, "the border is closed." This lying insanity is the Democrats' only defense. Or how about our historical and horrible inflation Democrats have caused in just 19 months? How about the astronomical price of gas? Food shortages? It's coming.....Democrats will be buying up food to give to the illegals for FREE causing the coming food shortages. Americans will pay astronomical prices if there is any food left. Food has to come from somewhere for millions of Mayorkas/Biden/Democrat free loaders. And what about the huge instant demand on America's water supply? Look at Lake Mead. Democrats caused the shortage of baby formula on purpose when they bought up America's supply to hoard at the border in warehouses to give to the illegal invaders FOR FREE! This and the Covid lockdowns are just tests to see how Americans will react to more jack-booted government lockdowns.

Now, American moms are forced to buy foreign-made formula and don't even

know if it's safe!! This is only the beginning so hold on!

How about Biden's disgraceful surrender in Afghanistan leaving \$billions of American military equipment and an airport behind to be inherited by Communist China? Those weapons could find their way back to American streets via Hunter and Joe as part of their collusion with Communist China.

Was the disgraceful Afghanistan pullout planned as collusion with Communist China? How about the crime all over in the Democrat-controlled cities and states? How about the riots in the big Democrat-run cities and states where they won't prosecute or keep criminals in jail? How about lying Joe saying he doesn't know anything about Hunter's business deals in Communist China when he's the one who was constantly giving Hunter and his business partners free rides for years to and from Communist China on Air Force two and Air force one to make those secret business deals? (food, lodging in China, hosting all the fancy events to sway his Communist business partners). How about asking farmers/ranchers their opinion about teaching Marxist critical race theory to their schoolchildren? And if parents object they are arrested as domestic WHITE terrorists at the direction of Biden's Democrat Marxist attorney general! And some of those parents are farmers and ranchers!

Who could possibly make all this up? But they say truth is stranger than fiction and the scary part of all this is that this treasonous fool in the White House has his finger on the nuclear button when he's awake!! So, Mr. Ryan, if you were a farmer/rancher would you vote for a Democrat? Why would anyone? Do ya miss President Trump yet?

*Jerry Bartholome, Montrose*

## CELEBRATING LOCAL BEAUTY.



# OPINION/EDITORIAL: LETTERS

## THE AMERICAN PEOPLE HAVE HAD ENOUGH OF BIDEN AND THE LEFT

*Editor:*

On occasion, I read an opinion that is so blatantly crazy that I have to comment. David Congour's 7/25 MM letter is such an occasion. Who among us can escape noticing how badly just about everything is going in Biden's America? The truth is there for everyone to see. As a result, massive numbers of working-class Americans are moving into the Republican fold. Where they once owned most of the middle and working classes, Democrats are now the party of rich special interests, globalist elites, militant environmentalists, and various Dem imagined "victim groups." Everyone else is seeing Democrats for what they are and absolutely not liking them.

In desperation, and because they don't have anything positive to campaign on since Biden took office, Democrats have to continue to try to paint Trump as the bad guy and to lie about everything Democrats have done and intend to do. Congour's letter is more of the same: Biden is just "an honest man in a tough position" and "mopping up the toxic sludge of Trumpism." The left hates the fact that Trump is a fighter and that when he sees a problem, he fixes it. Under Trump, America was strong. We were energy independent, supply chains were working, gas prices were affordable, wages and workforce participation were at all-time highs, unemployment was at record lows, and every racial, ethnic, and cultural demographic was benefitting from the strong economy.

If Congour understands what is going on in the world as he claims, he can't possibly have missed the fact that there is overwhelming evidence that Biden has continually lied about his knowledge of, and involvement in, his son Hunter's corrupt million-dollar pay-to-play schemes with Russia, China, and Ukraine. In fact, this scandal is no longer about the Biden family alone; it's about the corruption of the FBI and other intelligence agencies in running cover for the Biden family and failing to do their jobs. One of Trump's successes was smoking rats out of their hiding places. We now know our intelligence agencies are corrupt, and the news media is no more than the propaganda wing of the Democratic party.

Congour is an apologist for Biden's insane goal of destroying America's domestic fossil fuel production. He admits that Biden created a crisis by curtailing domestic production

prior to there being any feasible replacement alternatives. Here's the question: Why would any sane person intentionally destroy their own energy production when they know there are not yet practical alternatives? Why curtail environmentally friendly things like the Keystone Pipeline when you know the replacement alternatives (shipping/trucking oil from our enemies halfway around the world) are much more harmful to the environment? Also, if Biden is not responsible for unaffordable gas prices and those evil oil companies are, why didn't all that occur under Trump, but instead occurred only when Biden initiated his "destroy our domestic oil production" holy war? (I suppose that if Congour believes Biden still has all his mental faculties, he also believes VP Harris is not in way over her head.)

That same insane thinking by militant environmentalists created the current crisis in Sri Lanka, where the people are starving due to their "enlightened" government banning chemical fertilizers to combat "climate change." The Sri Lankan people showed us what real insurrection is by storming the presidential palace and burning the prime minister's residence down. It's amazing what people will do when they are starving.

Congour uses this same line of thinking to excuse Biden's disastrous Afghanistan withdrawal. The decision to withdraw was made during Trump's term. Congour wants to give Biden credit for getting us out but wants to ignore the fact the withdrawal was a total fiasco. Per Congour, getting out – "that's all that matters." Tell that to the thirteen dead marines and their families, or the thousands of American citizens and many more Afghan allies left stranded. Tell that to future terrorist victims of the Taliban – now armed with \$83 billion (!!!) of sophisticated weaponry courtesy of Biden's incompetence. And for the record, it was Trump's foreign policy that brought about the real possibility of peace in the Middle East with the Abraham Accords and had China, North Korea, Iran, and Russia in check. Compare that to Biden's world where hungry people and dead marines are just collateral damage.

Like many leftists, Congour likes to bring up the fact our country is divided like no other time in recent history but fails to recognize it is his party that is totally responsible. Conservatives have always known that the peo-

ple, not the "experts" or the swamp, know better how to manage our money, our time, our personal lives, our resources, and our families.

The left is now trying to take over all these uniquely American functions and replace them with total government control and overreach.

The only thing I can agree with Congour on is that "most people have had enough." They have had enough of the left trashing America's Founding and its history and teaching our youth to hate America.

They have had enough of Democrats creating a two-tiered justice system and weaponizing the FBI against conservatives. They have had enough of their purposely sowing racial hatred and encouraging BLM and Antifa to riot and kill. They have had enough of Biden declaring war on average Americans and using radical environmentalism to destroy their livelihoods. They have had enough of their disastrous energy policies that are feasible solely in the left's warped imaginations. They have had enough of Democrats subverting election laws and committing treason in their completely unjustified attempt to destroy Trump. They have had enough of the media carrying Dem's water to cover up the truth about the Clinton and Biden crime families. They have had enough of Democrats' smoke and mirrors and lies about Biden's failures, such as: We are not in a recession because we just re-defined what a recession is. "We safely and effectively drew down" in Afghanistan. Our southern border is closed and 2+ million unvetted illegals have not been transported in the middle of the night to cities across the country in the last 18 months. Those evil oil companies, or Trump, or Putin, or anybody besides Biden, are responsible for inflation and unaffordable gas prices. Crime is not out of control in Dem-controlled cities across the country. Chicago is not turning into Beirut. We are not really cramming gender fluidity down the throats of school children and lying to parents about it. We are not unconstitutionally trying to take your guns. And on and on.

Unfortunately for Congour and Democrats, after 18 months of abject failures and continual lies, the American people realize they cannot believe anything this administration says. And, we have had enough.

*Chanda Ouimet, Montrose*



## COMMUNITY OBITUARIES

### DEBORAH JEAN WILKINSON

*October 21, 1952- July 19, 2022*

DEBORAH JEAN WILKINSON passed away peacefully on July 19, 2022. She was born October 21, 1952, to Doris Jeanette Phythian and Huebert Eugene Lewis in Detroit Michigan.

Deborah is survived by her two children Joseph Bucciarelli and Donni McArthur, her sister Diane Pryor and stepfather Billy Phythian. Two nieces and a nephew.

She was a loving mamaw of six grandchildren, Mia Bucciarelli, Gabriel Mitchell, Garrett Mitchell, Stevie firkins, Bristol McArthur and Emma McArthur. Deborah was a hard-working woman who loved to be with family. She loved fishing and camping. She also loved movie night with her grandchildren.

Heaven Gained an Angel and we will all miss her very much.



### JEANNE GUMESON

*July 20, 2022-October 6, 1942*



JEANNE GUMESON of Montrose died July 20, 2022. She was born in Tulsa, Oklahoma on October 6, 1942. Jeanne was an artist and craftsman throughout her life. She attended Colorado State University, the University of Colorado, and Alamosa State College, obtaining a bachelor's degree in fine art with a minor in education.

She is survived by her son Carl Gumeson, her daughter Ellen Hunter, her grandchildren Kalyn and Dylan Hunter, her brother James Alden Harris, and her sister Shaeliya Sage, as well as five nieces and nephews and twelve great nieces and nephews.

Jeanne moved around the country frequently during her life, Ohio, California, Minnesota, and several other states but always returned home to the mountains of Colorado. Her primary artistic accomplishments were in sculpture, jewelry, as well as line and stipple drawing. During her senior years she concentrated on painting in various mediums. For much of her life, Jeanne also enjoyed playing the guitar, auto-harp and singing folk music. She was an avid reader and lifelong learner.



## COMMUNITY OBITUARIES

### WAYNE A GATSCHET

**April 26, 1958- July 23, 2022**

WAYNE A GATSCHET was born April 26, 1958, to Moral and Esther Gatschet in Montrose Colorado, where he lived his entire life. He passed away July 23, 2022. Wayne graduated from Montrose High School and went on to obtain an associates degree in electronics from Mesa College.

Wayne worked for a number of years for Colorado Ute Electric Company as a Systems Analyst. When it closed and moved its offices out of town, Wayne stayed and pursued hobbies of woodworking and furniture building, later working for his sister and brother-in-law at Cactus Carwash, taking care of technical issues and mechanical as well.

From there Wayne purchased and operated his own business, Ultra Hobbies, where he sold and repaired many types of radio-controlled vehicles and carried a

full line of parts for them. He recently retired from the business and was again pursuing his love of woodworking and other hobbies.

Wayne loved all things scientific, mechanical and electrical and had a great thirst for knowledge. He was continually learning new things and applying them in many ways. He had an amazing ability to retain all that knowledge and recall it when needed, always able to fix anything, make anything and talk to you about any subject with great understanding. Recently Wayne had acquired a 3-D printer and was enjoying making many beautiful and useful things for his family and friends. At a recent family dinner at the home of his sister Linda, she kept finding adorable little plastic mice tucked in among her plants and in corners. They had articulated heads and

jointed tails and looked real!!

Wayne was preceded in death by his parents, and is survived by his sister Linda Edgel, a niece

Jaymi (Jason) Daugherty, and a nephew Eric (Carma) Edgel.

Wayne brought much joy to our lives and will be greatly missed by his family and friends. We are rejoicing that he is now in Heaven with the Lord learning many new and wonderful things! Graveside services will be held at Grand View Cemetery on Wednesday August 3, 2022 at 10:30 AM. Crippin Funeral Home is assisting his family with arrangements.



### JAMES (JIM) WILLIAM HUNTER

**November 13, 1944- July 26, 2022**



JAMES (JIM) WILLIAM HUNTER, 77, died peacefully at home on July 26, 2022, after a lengthy battle with Salivary Gland Cancer. He was born on November 13, 1944, to William

(Bill) Anderson and Milre Maxine (Goodrich) Hunter in Denver, Colorado.

He was a graduate of Westminster High School, Class of 1962. After High School, Jim graduated from Greely College and taught high school woodworking until enlisting in the U.S. Air Force. In the Air Force he was a pilot and flew the B-52

Stratofortress and B-1B Lancer. He retired in 1989 after 20 years of service as Lieutenant Colonel. He is a recipient of the Distinguished Flying Cross for extraordinary achievement while participating in aerial flight.

Jim went on to have second career at United Airlines as a pilot instructor on the Boeing 747 and most recently the Boeing 777. He retired from United in 2020. Jim was a dedicated husband, father, grandfather, uncle, and brother. He was a great man with a big heart and dedication to helping others. His hobby was his love of flying.

He is survived by his loving wife of 54 years Linda S. (Hagberg) Hunter, Montrose, CO, daughter, L'Gena Shaffer (Rodney), Sharpsburg, GA., son, Jeffrey Hunter (Rachael), Mill Valley, CA, three

grandchildren Brittney Williams, Longmont, CO, Lilly and James Raz Hunter, Mill Valley, CA. One brother-in-law, Jim Hagberg and wife Pat, Boulder County, CO, two sisters-in-law Vicki LaLone, husband Ray, Montrose, CO, Sandy Hagberg, Berthoud, CO and numerous nieces and nephews.

He was preceded in death by his parents and a brother, Larry Hunter.

He will be laid to rest August 11, 2022, with immediate family at Fort Logan National Cemetery. Friends will be received afterward at Walter's 303 Pizzeria & Publik house Lowry | 200 Quebec St #109, Denver, CO 80230. In lieu of flowers the family suggests donations to Hope West Hospice (Montrose, CO) <https://www.hopewestco.org/montrose/> or your local food bank.



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ISSUE 380 Aug. 1, 2022

## ART &amp; SOL

## COORS - MORE THAN JUST A COLD BEER

*By Bob Cox*

MONTROSE-Much has been written, and rightly so, about the large two-story brick building that sits on Ute Avenue across from the old railroad depot. It is one of Montrose's oldest buildings and has had numerous owners and housed many small businesses.

As with most things, there is a story behind the story. Much of the story is ambiguous but the information is nonetheless interesting and leads one to some logical conclusions. The how and why of the Coors building began a few years before it was built.

Golden, Colorado's newspaper, *The Colorado Transcript*, owned by George West, made a point of keeping track of Golden's most famous person, Adolph Coors. Their interest was not without reason. Coors was responsible for a major portion of Golden's economy. It was not just the brewery he owned. He paid for several of the towns building, most of which are still standing and he pumped significant sums of money into the whole area. A rundown of Coors expenditures in 1903 shows that the company paid out nearly \$41,000 in wages and almost \$31,000 in new building costs and improvements in Golden alone. But, what about that building in Montrose?

In early July of 1900 Bill Hecker visited Montrose. Hecker was a businessman

from Longmont and dealt mainly in buying barley; barley he acquired for the Coors brewery, but he had a more personal relationship with Adolph Coors. On that day he was looking for a specific piece of real estate, and he found it. Several days later, according to a brief note in the *Transcript*. Adolph himself was in Montrose and stood in front of the depot looking at the lots across the street. According to the accounts, Coors was not looking just at Montrose.

He was also making visits to Ouray and "other southern towns in the interest of his business."

During the trip, Coors was also evaluating the railroad and its ability to transport his beer and keep it cold. The Denver & Rio Grande Railroad already had a fair supply of refrigerated cars and Coors was likely aware that more up-to-date cars were in the planning.

Coors had already proven his real estate strategy by the time he visited Montrose, Ouray, and Durango in southwestern Colorado and Raton, New Mexico, just over the Colorado/New Mexico border. His plan was to construct buildings that would ac-



**The Coors building, located on North First Street across from the train depot, which now houses the Montrose Historical Museum, is one of several buildings built by Adolph Coors. Many are still standing and in use. Photo by Bob Cox**

commodate two or more businesses and provide for cold storage of his beer. To help things along, he planned each building to have a saloon that was well supplied with Coors beer.

The first big announcement of Coors' plan in Montrose was summarized in the December 16, 1904 issue of the *Montrose Press*. The article addressed the "building boom" in Montrose and included the following information:

*The latest improvement for the town is the announcement that Adolph Coors the celebrated Golden brewer, has purchased lots 1, 2, 3 and 4, block 81, Selig's addition to Montrose, from W. R. Day of the Rio*

Continued next pg



## COORS - MORE THAN JUST A COLD BEER From previous pg

Rio Grande eating house, the consideration being \$2,000. The deal was made by John Hecker of Longmont, representative of Mr. Coors. Mr. Hecker informed The Press that within the next three weeks work would be commenced on the erection of a two-story brick building facing on the corner of Second Street and Ute avenue, of size 30x75 feet. The lower floor will be used for a beer depot and the upper floor for rooms. On the Ute avenue alley another two-story building of pressed brick will be erected of size 30x60 feet. This is for cold storage purposes. The total cost of the two structures will be \$10,000. The intention of Mr. Coors is to establish a wholesale depot at this point for supplying all the adjacent towns and the San Juan with beer. In all probability a switch from the railroad will be extended alongside the latter building so that shipments will be made easily. With this object in view a better location could not have been secured. The lots lie just across the street toward town from the passenger depot. Mr. Coors expects to do a large business both in the wholesale and retail of his famous beverage. It is hinted that when this

new establishment opens for business the price of a schooner will drop to five cents for the interim until Montrose gets a good supply of first-class water from the Cimarron.

By July of 1905 the final stages of the buildings were being completed, but Coors had much going on. As soon as the Montrose building was finished and a good stock of beer could be shipped from there, Coors announced the purchase of lots in Durango. On Feb. 26, 1906 the *Durango Semi Weekly* described what Coors was doing in Durango. Excerpts that article include:

Frank Lake, the contractor, has just completed the second building in Durango for Adolph Coors, the Golden brewery man, who has given the eastern breweries a swift run for their money in Colorado... Mr. Coors, who is making a vigorous campaign to extend the sale of his beer having abundant capital, gave his tenant what he wanted. Mr. Coors did not wait for assurance that the Southern Pacific railway would come to Durango. He knew the coal would bring the road soon and that Durango with its matchless resources had to

grow steadily and make a great market for his products, Mr. Lake began construction on the building in winter when material was scarce and was delayed in securing the kinds of material desired for use, but he managed to keep his force working and the building is now complete in every detail. A cross walk has been constructed from the front entrance to the platform of the Rio Grande depot...

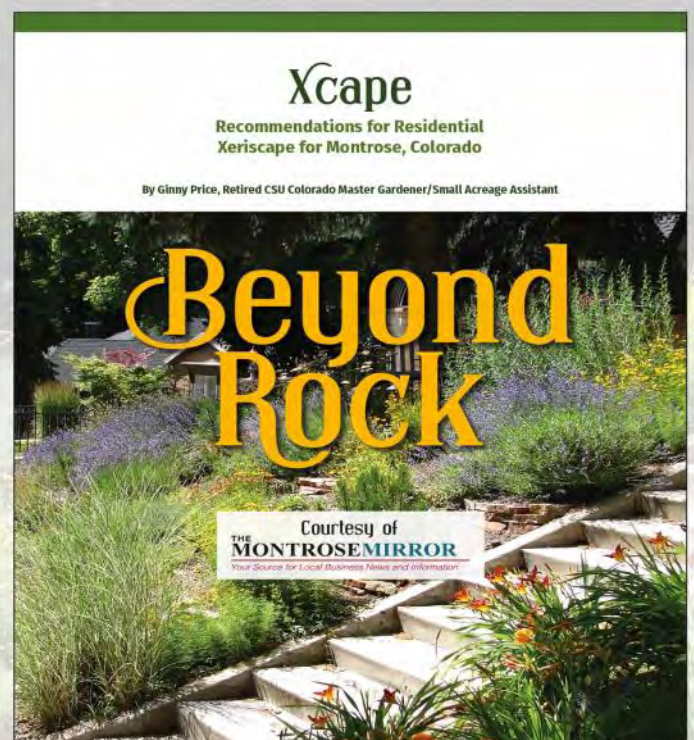
At about the same time Coors purchased two pieces of real estate in Raton and began construction of a large building in Littleton. In addition to the Montrose building, the Durango, Raton and Littleton buildings are still in use today, as are several other buildings around the state. By 1908 the Burnham Shops in Denver were producing a new 'short reefer' largely because of what Coors needed. The agricultural market benefitted along with the beer.

When one stops to think about it, maybe a cold Coors tastes like a little bit of history, or maybe it is just a sip of the future. Regardless, Adolph Coors left us with a good example of setting and achieving goals.

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## YOUR BRAIN ON NATURE – THE POWER OF TASTE PT2.



By Lauren Hall Ruddell, Ph.D. Courtesy photo.

### Greetings Mirrorites!

Kids love sweets, and so they should. We evolved in such a way that sweetness signaled goodness, from the taste of mother's milk to foods in the environment that provide safe energy. Around the age of two, children become suspicious of novel foods, and start to prefer sweets and familiar bland foods. This is an age when getting them to consume foods that include the other taste sensations of salty, sour, bitter, and umami is nearly impossible. Children in developing countries that do not offer cheap, nutrition-less calories at every corner convenience store outgrow this phase as they enter puberty. Children consuming the standard Western diet of processed carbohydrates often do not. Teens in developed and developing nations with western junk food items available all display a tendency away from the evolutionary mandate that tells us to switch up the diet away from high-energy toward nutrient dense food choices. Many developing nations now consider obesity to be a greater public health threat among their youth than malnutrition, although they often go hand in hand.

Addiction to sweets and junk food is considered to be largely responsible for a 25 percent increase in mental illness across the globe. Depression and anxiety are the principle food related complaints, along with obesity. And yet still, people of all ages continue to eat food that is relatively toxic because it is available, convenient,



Courtesy photo.

familiar, and provides a short term high. For some living in urban food deserts, there's not a lot of choice. But sometimes it's a matter of leaving childhood preferences behind and retraining the brain.

Humans have 25 genes involved in the perception of bitterness, far more than for the other flavors. This serves us omnivores well, us hominids who need both vegetable and animal foods to live and thrive. Bitterness signals that something is very likely poisonous. Take me for example, the weird kid who did not like sweets much, and thought lots of green things must be tasty. Once when I was a toddler, my grandmother was trimming the giant elephant ear plant in her yard. Unlike the wise child who is suspicious of new food items, I thought the discarded 'ear' looked delicious and took a huge bite. The outrageous bitterness, followed by a toxic burning in my mouth did the job, and that bite was spat out. I became a pickier eater after that.

Normal kids who are picky eaters are actually pursuing a survival strategy, allowing adults to determine safe gastronomic choices. But it's a phase that needs to be left behind when entering young adult-

hood and the diet expanded to include other flavors that the natural world presents for our enjoyment. It can be hard, but it's not impossible and not even unpleasant. Our preferences begin to change in young adulthood anyway, as a rule. This is a period in human development when taste for natural, whole foods needs to be emphasized, because at around 25, our preferences become fairly stable. Folks who were fed tons of sweet foods and drinks as children tend to prefer them as adolescents, and without dietary challenge, continue to prefer them as adults. I was always an adventurous eater, and at 11 years old my favorite fancy dinner for a rite of passage celebration was any French restaurant where I could order escargot (snails). But this sort of cosmopolitan eating preference is unusual in a sixth grader in America. Normal kids prefer hamburgers and pizza. Parents of typical kids should actively engage in slowly reducing what's known as a 'neophobic' food response in their children, which can pay dividends in adulthood through improved physical, emotional, and cognitive health.

Wondering how natural tastes might

# YOUR BRAIN ON NATURE – THE POWER OF TASTE PT2.

## From previous pg

affect our brains and bodies is, well, only natural. The impact of too many calories on waistlines we get, all too well. But weight, I mean wait, there's more!

We now know that 90 percent of serotonin receptors are located in the gut. The relatively new field of *nutritional psychiatry* is exploring how gut health and diet can positively or negatively affect mood. There is anatomical and physiologic two-way communication between the gut and brain via the vagus nerve. The gut-brain axis offers us a greater understanding of the connection between diet and disease, including depression and anxiety.

For instance, the artificial sweetener aspartame has been linked to behavioral and cognitive problems. Possible neurophysiological symptoms include learning problems, headache, seizure, migraines, irritable moods, anxiety, depression, and insomnia. Drinkers of diet beverages in excess of three cans per day are 30% more likely to develop depression than folks like me who can't stand the stuff. But for those who do like it and think their taste buds will never tolerate a bitter divorce from those products, the good news is that it takes only about 8-10 days of occasional substitutions to begin to retrain the brain in the ways mentioned in the previous *Mirror* article. It will be a little difficult at first, but people who have done it say that in less than two weeks they found they actually began tasting the natural items more fully, and even preferring them. Studies have compared "traditional" diets, like the Mediterranean diet, the Nordic diet, and the traditional Japanese diet, to a typical "Western" diet and have shown that the risk of depression is 25 to 35 percent lower in those who eat a traditional diet. Scientists hypothesize that this difference can be explained through higher consumption of vegetables, fruits, unprocessed grains, and seafood, and only modest amounts of lean meats and dairy. They are also virtually void of processed and refined foods and sugars, which are staples of the

"Western" dietary pattern.

So, ahem, don't do what I did at the Camp Robber in Montrose last week and order the awesome special of the day, the buffalo/cheddar burger with garlic and onion jam, and instead get the Caesar salad with shrimp, which is also seriously yummy. OK, do order it when you get a

chance, it was amazing! My bad, Caesar next time.

Moving right along, while researching this article I experienced my own epiphany around unwise and unnatural food choices. For at least 30 years, I have emptied a little pink bag of saccharine in my coffee mug. Although not nearly as addictive and harmful as aspartame, new research indicates that it can have an adverse effect on gut flora, and may even be inflammatory and cancer causing. So even though it's my only artificial sweetener indulgence, I am going to start putting sugar in my coffee instead two days a week and see how it goes.

For any readers deciding to reduce their own dependence on sweeteners, especially aspartame, I recommend **not** going cold turkey. When ingested, aspartame can inhibit the synthesis and release of those happiness neurotransmitters, dopamine, norepinephrine, and serotonin.

After a short spike in pleasure, a drop occurs and lasts. Soon its time for another hit, just to feel a bit better. This cycle of dependency results in a chronically depressed mood for many. Be warned though, aspartame addiction is a real thing. Withdrawal symptoms from the sudden absence of this compound can include:

Headache  
Anxiety  
Muscle pain



Courtesy photo.

Nausea  
Mood swings  
Skin problems  
Eye problems  
Cognitive issues

Avoid this by cutting back gradually. Just wean yourself off of it a little at a time, like I'm going to do with saccharin in my morning coffee. When tackling this, spending more time outdoors in pleasant surroundings is recommended.

Time spent in nature decompressing can actually change your perceptions of taste immediately. When we are either extremely happy or sad, sour substances seem more sour than when we are in neutral mode.

Similarly, exposure to mild stressors is associated with more intense bitterness perception, as well as less intense sweet perception, within moments of the unpleasant experience. It therefore seems reasonable to assume that time in pleasant natural surroundings really does make life taste a little sweeter.

With that in mind, I challenge readers to bring more natural flavors into their lives to see if they can beat the blues more easily, especially when combining mindful eating of unadulterated foods with time outdoors contemplating the sweetness of a beautiful day, in a beautiful place, on a beautiful planet.

Bon appetite, from  
[agescapesnow@gmail.com](mailto:agescapesnow@gmail.com).





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# REGIONAL NEWS BRIEFS

## MONTROSE COUNTY AWARDS FUTURE FARMERS SCHOLARSHIPS TO KEELEE REDD AND JOSHUA ALEXANDER



**Above and right, Bo Andrews, Montrose County West End Road and Bridge Superintendent, and Montrose County Communications Director Katie Yergensen with the scholarship recipients.**

### Special to the Mirror

MONTROSE— Montrose County is proud to award the inaugural Future Farmers Scholarships to West End residents Keelee Redd and Joshua Alexander.

This award celebrates the agricultural heritage of Montrose County, and helps provide an investment into the future of agriculture. Both recipients are Montrose County residents who have impressive accomplishments, including a long list of agricultural achievements, academic merit, and community involvement. Each recipient is awarded a \$2,500 scholarship for their education.

Commissioner Keith Caddy and a committee of local residents interviewed the top candidates and rated each on weighted GPA, personal achievement, community involvement, goals, and an essay about agriculture in Montrose County. "There were many great applicants and it was good to see all those who are looking for a future in agriculture," said Commissioner Caddy. "Agriculture is important to the county's past, present, and future, and we are proud to acknowledge those that want to keep the agricultural dream

alive."

The first recipient is Keelee Redd, a recent graduate from Nucla High School, who plans on attending Western Colorado Community College where she will study agricultural science. Keelee then hopes to transfer to Colorado State University to earn her master's degree in agricultural business. Her dream is to open up an agricultural supply store in a small town while also keeping her small herd. Keelee plans on utilizing this scholarship towards her schooling so she can live out her dream of owning a business that focuses on agriculture.

The second scholarship recipient is Joshua Alexander, a graduate from Norwood High School, who plans to receive his commercial driver's license (CDL) and Northwest Lineman College. After college, he is going to return to the Norwood area and grow his cattle herd.

He will use the knowledge he gains from Northwest Lineman College to get a lineman certification as well as his crane operating certificate. He plans to use his CDL to help local ranchers transport their cattle at a reasonable cost. Joshua will be using

this scholarship to obtain his CDL certificate and his crane operating certificate. His main goal is to become a landowner and cattle rancher, but is going to utilize his knowledge from Northwest Lineman College to earn the money to reach his goals.

In partnership with the Montrose Community Foundation, the Future Farmers Scholarship is intended for those looking to pursue agriculture and those involved in FFA (Future Farmers of America). Agriculture is a large part of heritage of this valley, and this scholarship helps keep the dream of agriculture alive.

The county pledges \$5,000 each year to fund two \$2,500 scholarships. Additional tax-deductible donations are welcome to help award another scholarship or increase the funds available of the two scholarships.

Donors may contact the Montrose Community Foundation at 970-249-3900.

The county would like to thank all other applicants for applying and encourage aspiring students to apply in the future. More information on the scholarship is available [here](#).



# Health Fair

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## BLOOD DRAW DATES

### Sat., August 6

4H Event Center, Ridgway  
7:00AM - 10:00AM

*Walk-ins allowed; make appointment  
for faster service*

### Tues., August 9

American Legion Hall, Olathe  
6:30AM - 9:30AM

### Wed., August 10 - Sat., August 13

Montrose Pavilion, Montrose  
6:30AM - 9:30AM

*Registration required: No walk-ins on  
Wednesday, August 10 and Thursday,  
August 11.*

## HEALTH FAIR

### Sat., August 27

Montrose Pavilion, Montrose  
6:30AM - 12:00PM

*Blood Draws • 6:30AM - 11:00AM*

## SCREENINGS

HealthScreen (Chemistry) & Lipid Panel .....	\$50
Hemoglobin A1C .....	\$38
PSA for Prostate Health ....	\$42
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Vitamin D .....	\$45
Vitamin B12 .....	\$45
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## COLORADO NEWS BRIEFS

### OLATHE SWEET CORN FEST WILL BE AUG. 6 IN DOWNTOWN OLATHE

*Special to Art & Sol*

OLATHE-Olathe Sweet Corn Festival returns Aug. 6, Downtown Olathe-10am to 10pm. Kids 12V races at the corn fest are free to enter, winner receives a brand new 12 V car. Race is at 11am. Sign up at the OSCF booth day of the event. Second annual Olathe Sweet Corn Car Show, Start in parade at 10 am and line up after. \$25 dollar entry fee First place best in show : \$200; Second place: \$100; Third place :\$50. All voting will be favorite vote / best in show . All categories welcome! Hot rod, rat rod, trucks, cars etc Email janellmiller745@ gmail.com to enter

Playing on the Main Stage from 3-5pm will be Hugh Phillips Band.

Narrow Gauge Country Rock Band will be playing from 7-10pm at the Olathe Sweet Corn Festival , Aug 6 2022. Come enjoy the street dance.

# BUSINESS FOR SALE

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# MIRROR IMAGES: A DAY AT THE FAIR!



Despite the monsoonal weather last week, participants, families and presenters showed up for the 2022 Montrose County Fair & Rodeo. Photos are from Wednesday, July 27. Mirror staff photos.

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# MIRROR CHURCH DIRECTORY

## FIRST CHURCH OF THE NAZARENE

**Denomination:** Church of the Nazarene  
**Address:** 705 South 12th Street  
**Office Hours:** Monday - Thursday 9 am- Noon and by Appointment  
**Contact Information:** Office Phone 970 249-9213, [mncfirst@gmail.com](mailto:mncfirst@gmail.com), [www.montrosenazarenechurch.org](http://www.montrosenazarenechurch.org)

**Pastor:** Buddy Cook  
**Services** Sunday: Worship 10 AM, Adult Bible Study 11:30 AM Worship includes age-appropriate children's ministry during adult worship.  
 Wednesday: Prayer Boot Camp - 7 PM  
 Mission Statement: *Montrose First Church of the Nazarene exists to make Christlike*

*disciples in Montrose Colorado and around the world.*

**Demographics:** Our church consists of older and younger people. We have younger families with children and young teens and older adults as well. We also support the work of Calvary Ranch Colorado and its addiction recovery ministry.

## FIRST PRESBYTERIAN CHURCH MONTROSE

**Affiliation:** Presbyterian  
**Address:** 1840 E Niagara Rd. Montrose CO. 81401  
**Office Hours:** M-Thu 9AM - 12PM  
**Contact Information:** 970-249-4732, [info@fpcmontrose.com](mailto:info@fpcmontrose.com)

[form@fpcmontrose.com](mailto:form@fpcmontrose.com), [www.fpcmontrose.com](http://www.fpcmontrose.com)  
**In Transition-Currently:** Howard Davidson  
 Merle Bierma  
**Worship Service times:** 9:30AM, Student Worship at 6PM

*We strive to encourage, challenge and support one another through spiritual growth, worship, and service in our community, country, and world. We also encourage children and youth to grow their relationship with Christ through our children and student ministries*

## HILLCREST CONGREGATIONAL UNITED CHURCH OF CHRIST

**Denomination affiliation:** United Church of Christ  
**Address:** 611 South Hillcrest Drive, Montrose, CO 81401  
**Office hours:** By appointment  
**Contact information:**  
 Phone number: (970) 249-9047  
 Email address: [office@montroseucc.org](mailto:office@montroseucc.org)

**Website:** [montroseucc.org](http://montroseucc.org)  
**Current Pastor:** Rev. Wendy Kidd  
**Worship service times:** Sunday, 10:00 a.m.  
 Please give a one sentence description of your church and its mission in the Montrose community: Hillcrest Congregational UCC is a welcoming, open and affirming church, open to all no matter who you are or where you are on life's journey.  
 Church demographics: HCUCC welcomes

all ages to worship with us. (predominately family, youth, seniors, singles)

Do your church services include Sunday School and childcare? We offer inter-generational worship with a children's "prayer-ground" and activity packets. A cry room is also available.

## MONTROSE UNITED METHODIST CHURCH

**Denomination Affiliation:** United Methodist  
**Address:** 19 S. Park Avenue Montrose CO. 81401  
**Office Hours:** M-Thu, 9 a.m. - 2 p.m.  
**Contact Information:** 970-249-3716, [office@montroseumc.org](mailto:office@montroseumc.org)

[office@montroseumc.org](mailto:office@montroseumc.org), [montroseumc.org](http://montroseumc.org)  
**Current Senior Pastor:** Rev. Kevin Young  
**Worship service times:** 8:15 am - Blended Service - Sanctuary & Virtual. 9:30 am - Contemporary Service - Sanctuary, 11:15 am - Traditional Service - Sanctuary  
*Montrose UMC is a leader in being fully*

*inclusive, loving and just servants of Christ. Our church family welcomes people from various cultural and faith backgrounds: single, married, remarried, with or without children, from diapers to dentures. Whenever you are on your spiritual journey we invite you to come discover hope, joy, peace, purpose.*

## ROSEMONT BAPTIST CHURCH

**Affiliation:** Southern Baptist  
**Address:** 1598 E. Niagara Road, Montrose, CO 81401  
**Office Hours:** Tues-Thu, 9am-4pm  
**Contact information:**  
 Phone: 970.249.4887  
 website: [www.RosemontBaptist.org](http://www.RosemontBaptist.org)  
 email: [office@rosemontbaptist.org](mailto:office@rosemontbaptist.org)  
**Senior Pastor:** Rolland Kenneson  
**Worship Service Times:** Our engaging and relevant Sunday Worship Service is at

10:45 AM. We also have Bible Study for All Ages Sunday mornings at 9:15 AM. We provide a professionally-staffed nursery throughout both.  
*Rosemont Baptist's desire is to passionately bring people face-to-face with the life-changing power of Jesus Christ. We are a multigenerational church from different walks of life who love Jesus, love each other, and love our community. Everyone comes dressed in whatever is comfortable. We love meeting new people no*

*matter what stage of life they are in.*  
**Children's services:** We have a fun Sunday School for children from four years old through youth. We provide Children's Church during the Sunday Worship Services where children four years old through 9 years can learn to be worshippers of Jesus.

We provide a nursery for children under four years old with paid staff providing excellent care during Sunday Morning Bible Study and Worship Service.

## MIRROR CHURCH DIRECTORY From previous pg

### SPIRITUAL AWARENESS CENTER

**Denomination affiliation:** Independent Interfaith

**Address:** Meeting at Lions Park Community Building, 602 N. Nevada, Montrose

Office hours: Tues-Fri, 9 am to 4 pm,

**Home Office** – 970-252-0908

**Contact information:** Rev. Dr. Arlyn Macdonald, 970-252-0908, [arlyn@spiritaware.org](mailto:arlyn@spiritaware.org), [www.spiritaware.org](http://www.spiritaware.org)

**Name of current pastor:** Rev. Dr. Arlyn

Macdonald, Senior Minister; Rev. Catharine Gates, Associate Minister. Spiritual counseling available.

**Worship service times:** In-person Sunday Unity Service at 11 a.m., (Social Time begins at 10 a.m.); Quiet Meditation at 10:30 a.m. Virtual Afternoon Service on Zoom at 2:00 p.m.; Chai Chats, a Wednesday morning midweek informal gathering at 10:30 a.m. at Pun Hill Himalayan Restaurant, Montrose; Thursday Empowerment Circle at 10:30 a.m. on Zoom. Everyone is wel-

come. *The Spiritual Awareness Center is an interfaith spiritual community welcoming spiritual seekers and people of all faiths, providing a safe place to explore and nurture the individual's unique connection to the Divine through Unity services, classes, family and community projects, including the Great Community Give-away and Wellness Fair. People of all ages are welcome. There are currently no Sunday School or nursery services provided but craft supplies are available for youth.*

### SUMMIT CHURCH OF MONTROSE:

**Denomination affiliation:**

Southern Baptist

**Address:** 10977 60.75 Rd. Montrose, CO 81403

**Office hours:** Varies

**Contact information:**

phone number: 970-275-7026

email: [summitchurchmontrose@gmail.com](mailto:summitchurchmontrose@gmail.com)

website: [www.summitchurchmontrose.org](http://www.summitchurchmontrose.org)

**Name of current Senior Pastor:** John De-

Sario

**Worship service times:** Sunday Worship is at 9 am followed by a time of fellowship and snacks. Wednesday evening Prayer and Discipleship (a book study) Prayer 5:45-6:15pm, Discipleship 6:30-7:30pm, childcare provided up to 5th grade. 6th graders on up are welcome and encouraged to attend the book study "Fundamentals of the Faith"

*Summit Church Montrose is a new church*

*plant that preaches the Word of God, reaches the lost with the Gospel of Jesus Christ and equips Christians to serve the Lord. Summit Church has people of all ages! We have families with children (babies, school aged, recent high school and college graduates) There are retired couples and widows. During the Sunday sermon we offer teaching for children ages birth to Kindergarten, in a kid friendly room called Base Camp.*

### VICTORY BAPTIST CHURCH OF MONTROSE

**Denomination Affiliation:** Independent Baptist

**Address:** 2890 N Townsend Ave., Montrose, CO 81401

**Office Hours:** Monday-Friday 8am-12pm

**Contact Information:** Phone (970) 249-6874;

email at [info@vbcmontrose.org](mailto:info@vbcmontrose.org); website: [vbcmontrose.org](http://vbcmontrose.org)

**Current Pastor:** Roland Kassales

**Worship Service Times:** Sunday School at 9:30am, Sunday AM Service at 10:30am, Sunday PM Service at 6pm, Wednesday Night Service at 6:30pm (all services include childcare)

*Victory Baptist Church exists to exalt God, edify saints, and evangelize the lost. Demographics: Victory Baptist serves everyone with age-appropriate classes, groups, and activities. Families with children make up the majority of VBC with young adults, singles, middle-aged couples, and seniors comprising the rest.*

Church Directory

*Mirror Editorial Staff*

MONTROSE-As a way of serving the faith community in Montrose, the Montrose Mirror is in the process of establishing a Church Directory. If your congregation or fellowship would like to be included in the directory, please supply the following in-

formation to the Montrose Mirror:

Name of church

Denomination affiliation

Address Office hours

Contact information (phone number, email address, website)

Name of current Senior Pastor

Worship service times

Please give a one sentence description of your church and its mission in the Montrose community.

Brief description of your current church demographics (predominately family, youth, seniors, singles).

Do your church services include Sunday School and childcare?



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**RESERVE AN INTERVIEW TIME: <https://tinyurl.com/ywrt8uy8>**

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# COMMUNITY NEWS BRIEFS

## REMAINING BIG GAME HUNTING LICENSES GO ON SALE AUG. 2 AT 9 A.M.

### Special to Art & Sol

DENVER - The big (game) day is almost here! Hunters mark their calendars for the first Tuesday in August each year to take a shot at any big game hunting licenses remaining after the primary and secondary draws. Remaining licenses for 2022 are placed on the leftover list and will become available for purchase on August 2 at 9 a.m. Mountain Time. Over-the-counter licenses for elk, bear, archery pronghorn, and whitetail deer will go on sale at the same time.

Licenses go on sale online, over the phone, and in person at CPW offices and sales locations all at once. If you're on a computer or mobile device at home, you have the same shot as someone first in line at a sales location. Limited licenses are first come first served and this is the first opportunity to get a big game hunting license outside of the draw process.

Licenses that will become available include:

Limited licenses leftover after the primary and secondary draws for elk, deer, pronghorn and bear

Limited elk, deer, pronghorn, and bear licenses that someone drew but did not pay for during the secondary draw and took fewer than five resident preference points

Limited licenses that were returned for refund/preference point restoration since the opening of the secondary draw but prior to July 25 and took fewer than five resident preference points to draw Over-the-counter (OTC) licenses for elk, archery pronghorn, whitetail deer, and bear

CPW locations and sales agents will be very busy that morning, so try to get prepared ahead of time.

Log into the online system a few days prior to sales day to ensure your information, such as email and mailing address, is up-to-date. If you have any problems getting into your account, contact CPW ahead of time for assistance.

Have your hunt codes and credit/debit card number ready. Check the leftover list, write down all hunt codes you are interested in, and list them with your most coveted licenses first.

CPW strongly suggests hunters purchase their licenses online at cpwshop.com. CPW offices and sales locations use the same system as you do at home so if you are second in line at an office, you are second in line to everyone at home as well.

Head to cpwshop.com and get logged in to your account up to an hour before 9 a.m. on Aug. 2 so you're ready to purchase

when the licenses go on sale. You can call in and purchase at 1-800-244-5613, but know there will be long wait times. More information on the leftover list and over-the-counter licenses is available on the CPW website.

Additional licenses will become available as part of our reissue process later in August.

## DineOutMontrose.com



### Liquor:

**Beer Barn II**  
970-249-5550

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**Pahgre's**  
970-249-6442

**My Favorite Muffin**  
970-765-0076

**Heidi's Brooklyn Deli**  
970-240-1605

**Rib City**  
970-249-7427



**Jimmer's Steak & BBQ**  
970-252-1227

**Fiesta Guadalajara**  
970-249-2460

**Alpen Confections**  
970-648-0609

**Remington's at the Bridges**  
970-252-1119



## COMMUNITY NEWS BRIEFS

### UPCOMING AT RIDGWAY STATE PARK

**Friday, Aug. 5, 7:30p.m.** "Natural History, Management, and Conservation of Elk". By Nathaniel Rayl, CPW wildlife biologist and researcher. Ridgway State

Park, Visitors Center, Dutch Charlie entrance.

**Saturday, Aug. 6, 9-11a.m.** "Archery!" Kids ages 8 and up, learn a new skill or

practice what you know! Ridgway State Park. Visitors Center lawn.

**Saturday, Aug. 6 7:30p.m.** "Fire and Ice!": By Andres Aslan, professor of Geology, CMU. Learn about the formation of the San Juan Mountains by forces of glaciation and volcanoes. Ridgway State Park, Visitors Center.

**Sunday, Aug. 7 9:30-11am.** Kids Activity: Beavers! Join park naturalist to learn about beavers with specimens, a beaver costume, and make a beaver lodge book to take home. Elk Ridge campground, camper services building.

**Sunday, Aug. 7 1:30 - 4:30pm.** Touch Tables: Tracks and Scat! Look at a variety of replicas, learn about different types, and make a booklet to take home. Ridgway State Park, Swim beach shower/picnic area. Dutch Charlie entrance.



#### UNITS AVAILABLE

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#### CONTACT US TO SCHEDULE A TOUR:

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### INDEPENDENT LIVING APARTMENT HOMES WITH CONVENIENCE SERVICES FOR AGES 55+

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# COMMUNITY NEWS BRIEFS

## DONATE TO COLORADO TREE COALITION: REFOREST COLORADO

### Special to Art & Sol

BROOMFIELD – Residents of Colorado endure natural disasters, such as wildfire, floods, tornadoes and windthrows, each year. Colorado experienced its most destructive wildfire in state history with the Marshall Fire in December 2021, and wildfire continues to threaten and affect communities across the state. Frequently flash floods events occur in burn scars that can cause loss of life and destruction of property as was seen in the Buckhorn Canyon in July 2022.

Following a disaster, rebuilding the lives and homes of people affected is always the highest priority, but soon people within these areas want to restore something

else – their community. Planting trees is an important part of the renewal and healing process for residents, helping them restore valuable green space and recreate welcoming community spaces.

The Colorado Tree Coalition (CTC) offers the ReForest Colorado Grant Program to aid communities after natural disasters, such as wildfire.

This program provides financial assistance to community grant applicants for tree replanting efforts. The CTC encourages state and local governments, school districts, neighborhood organizations or private non-profit groups to apply for grants to aid with replanting trees to restore the green canopy within their com-

munity. "You can help. We're asking Coloradans to donate the CTC ReForest fund so there will always be grant funds available when disasters strike," said Neal Bamesberger, CTC President. "Since the ReForest Colorado program was founded 20 years ago, the Colorado Tree Coalition has provided grants to dozens of communities across Colorado to plant trees following fires, floods, tornadoes, storms and other disasters."

To contribute to the ReForest Colorado program and help communities plant trees after devastating wildfires and other natural disasters, visit the CTC website at [www.coloradotrees.org](http://www.coloradotrees.org) and click on Donate.



After the first success of the Wine Tasting with History, we will be offering another tour of the LaNoue DuBois Winery on August 6th. This venue is operated by a pioneer family with a wonderful history in the valley. There will be two opportunities to go on a tour, one starting at 1:30 pm and the other at 4:00 pm. The tickets are \$25.00/person which includes a complimentary shuttle service (to/from the museum and the winery), the wine tasting, and a cheese plate with an exclusive wine tote designed especially for this event. There is a limited space of 10 spaces for each tour, so sign up early at 970-249-2085 or email at [info@montrosehistory.org](mailto:info@montrosehistory.org).





## COMMUNITY NEWS BRIEFS

### MCA WELCOMES GUEST ARTISTS SUSAN HUMPHREY & CARLA STROH



*Courtesy images Susan Humphrey (left) and Carla Stroh (right).*

#### *Special to Art & Sol*

MONTROSE-Montrose Center for the Arts is excited to present as our guest artists 2 very talented Western artists this month – Susan Humphrey and Carla Stroh. Susan is a lifelong Montrose artist and was raised on a local ranch. Carla lives off-grid on a ranch in Wyoming, and both are no strangers to horses.

Carla filters her love of life, family, friends and animals through the colors of her mind, expressing that love in her artwork. A seasoned cowgirl, Carla transitions easily from horse trainer to renowned western artist. There is music in her soul, family in her heart, and her next big adventure on her mind. She prefers to see the world astride one of her beautiful Arab Endurance horses.

Familiar subjects include children, ranchers, landscapes, old trucks and especially animals. She draws from her special understanding of horses. "I've had a love affair with horses for as long as I can remember. As an adult I've been blessed with owning, raising, showing, and racing them. I am intrigued by light and shadow.

The patterns of light and shadow help me to decide what to put into a painting and what to leave out. I'm always looking for shadow definition in the musculature of animals."

Carla is proficient in graphite, scratch board, pastel, watercolor and oil painting. She works from her own photographs taken on her 'off-grid' ranch in Wyoming and her many trips to surrounding states for reference material. Her goal is to capture the essence of the moment and show the beauty in everyday life all around us.

For Susan, "The beauty of Colorado is my spirit! For someone to enjoy my artwork, is like looking into my heart and sharing something that is so personal, I keep it guarded at times. I use my art as a record of the history, as well as the awesome beauty of the area. I remember all of the family stories about moving cattle around the area, the wildlife seen and the accidental rodeos along the way. I love the way that you can stand in the high alpine and see the desert adobes in the distance. The more art I create, the more amazing

detail I see. I especially like to capture the landscapes and ranch life; I have also become fascinated with the wild mustangs in Colorado. I hope that you enjoy visiting Colorado through my eyes and art!"

"I am a native of Montrose and was raised on a ranch near the Black Canyon National Park. My husband, Dan and I have lived our entire lives in the area. We have many interests and are agriculturist. The Western Slope supplies the content of my art and is dear to us."

Please join MCA for our First Friday reception on Aug. 5 from 4-7pm. Susan and Carla will be there, and it will be fascinating talking to both of these talented artists. Also enjoy music and appetizers as usual. Carla will be teaching a two-day workshop at MCA on Aug. 6 & 7 from 9:30am to 3:30pm. This class will focus on drawing correctly & painting freely with lively expression in oils or acrylic. You can still sign up for Carla's class in person at MCA, or Website [mc4arts.org](http://mc4arts.org). Checks & registrations can also be mailed to: Montrose Center for the Arts, P.O. Box 1916, Montrose, CO 81401



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# Elks Bingo

**Tues Aug 2, 2022**

**PROGRESSIVE GAME #6**

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**JACKPOT**

Win by reaching Bingo in 53 #s or fewer

**Progressive Game #2**

**Progressive Game #4**

**\$367**

Win either Game by  
reaching Bingo  
in 37 #s or less

**\$675**

**Doors Open at 4:30 PM**

**Games Start at 6:30 PM**

**Open to the Public**



*Josh and Von  
Present:*

## **MENU**

Salisbury Steak  
Mashed Potatoes  
Cheeseburgers  
Chile Cheese Frito Pie  
Nachos, Hot Dogs

Enjoy the things  
in life that let  
you live better!

**Montrose Elks Lodge #1053**  
**801 So. Hillcrest, Montrose CO 81401**



# SAVE THE DATE! LOCAL EVENTS CALENDAR

## ONGOING-

**RIDGWAY TRUE GRIT WALKING TOUR** Every Friday through Sept. 2. Arrive at Hartwell Park gazebo by 2:45 and pay \$10 per adult. Tour departs 3pm.

**THE HEALING COLLECTIVE OF WESTERN COLORADO** offers local practitioners, who focus on healing the whole being, to attend a free one hour informative get together every 1st Tuesday of the month from 12p to 1 pm upstairs at the Mother Earth store on Main Street. We support one another with our practices, business and personal needs. For more information please contact Erin Easton at [ErinKEaston@gmail.com](mailto:ErinKEaston@gmail.com)

Arrive Hartwell Park gazebo 2:45pm, depart 3pm.

**FREETHINKERS** meet 1st Sunday of the month at 1pm. more info at 970-708-8333.

**NEWCOMERS AND NEIGHBORS** welcomes adults who are new to Montrose or have been here awhile, who would enjoy learning more about the area and participate in social activities. 2021-22 meeting info. Meetings will be on the 1st Wednesday of each month (January – May). 10am-11:30am in the downstairs meeting hall of Cedar Creek Church, 222 S. Townsend and S. 3rd. enter through the side door on S. 3rd St. Hope to meet you there! Contact Patti 951-544-6289 if you have questions.

**THE MONTROSE GENEALOGY CENTER** at 700 E. Main St. is now open Wednesday and Thursday afternoons, 1-4 p.m. or call for an appointment: 970-240-1755. Free help and resources for your family history research."

(The center is sponsored by the non-profit organization, Fore-Kin Trails Genealogical Society.)

## MONTROSE FARMERS MARKET SCHEDULE

Summer Market Dates:-Every Saturday May-October 29 9 am – 1 pm

Holiday Market Dates: First three Saturdays of November and December-10am-1pm

**MONTROSE ALTRUSA**-1st Tuesday of the month Program meeting; 2nd Tuesday of the month committee meeting; 3rd Tuesday of the month Business meeting. Meetings are held at the Hampton Inn conference room at Noon.

## MONTHLY

**Aug. 2**-Delta Police National Night Out 2022 at Cleland Park, 6 to 8:30pm. Free food, free games, cotton candy, dunk tank, activities.

**Aug. 5**-MCA Guest Artist Reception from 4-7pm. Susan Humphrey and Carla Stroh will be there, and it will be fascinating talking to both of these talented artists. Also enjoy music and appetizers as usual. Carla will be teaching a two-day workshop at MCA on Aug. 6 & 7 from 9:30am to 3:30pm. This class will focus on drawing correctly & painting freely with lively expression in oils or acrylic. You can still sign up for Carla's class in person at MCA, or Website [mc4arts.org](http://mc4arts.org). Checks & registrations can also be mailed to: Montrose Center for the Arts, P.O. Box 1916, Montrose, CO 81401

**Aug. 5**-Delta Health's Stork's Landing is hosting its second annual Community Breastfeeding Awareness Event on Aug. 5 from 10 a.m. to 1 p.m. on the lawn behind Building C (The Oncology Building) at 100 Stafford Lane to celebrate National Breastfeeding Month. For more information on the event, call 970.874.2255 or visit [deltahealthco.org/calendar/category/all-events/month/](http://deltahealthco.org/calendar/category/all-events/month/).

**Aug. 6**-Olathe Sweet Corn Festival returns Aug. 6, Downtown Olathe-10am to 10pm. Kids 12V races at the corn fest are free to enter, winner receives a brand new 12 V car. Race is at 11am. Sign up at the OSCF booth day of the event. Second annual Olathe Sweet Corn Car Show, Start in parade at 10 am and line up after. \$25 dollar entry fee First place best in show : \$200; Second place: \$100; Third place :\$50. All voting will be favorite vote / best in show . All categories welcome! Hot rod, rat rod, trucks, cars etc Email [janelmiller745@gmail.com](mailto:janelmiller745@gmail.com) to enter

Playing on the Main Stage from 3-5pm will be Hugh Phillips Band. Narrow Gauge Country Rock Band will be playing from 7-10pm at the Olathe Sweet Corn Festival , Aug 6 2022. Come enjoy the street dance.

**Aug. 8**-On Monday Aug. 8, 5:30 Montrose library meeting [rm.Citizensclimatelobby.org](http://rm.Citizensclimatelobby.org) monthly meeting. Come learn of progress on renewables for western slope. Non-partisan, national environmental [group.info](http://group.info) 970-765-9095

**Aug. 8**-The Giving Club will meet Aug. 8 @ Bridges Golf and Country Club / 5:30. All women welcome. Call 209-9598 for more information.

**Aug. 13**-FUNC Fest 2022.

**Aug. 27**-The 2022 Montrose Wine & Food Festival, sponsored by Alpine Bank, will be held Saturday Aug. 27, 2022 from 1 – 4 p.m. at the Montrose County Event Center. All proceeds from the event benefit the Black Canyon Boys & Girls Club. Tickets and sponsorships are available now and information can be found online at <https://www.blackcanyontickets.com/tc-events/2022-food-and-wine-festival>.

**Aug 28**-Fortuna Tierra Club's Log Hill Hustle 5k/10K Fun Run, Divide Ranch & Club, 8 am

**Sept. 17**-The 2nd Annual Montrose Health Expo entitled "Renew the Way You Heal," is back on Sept. 17 at the Rec Center and free to the community. Come explore over 20 classes on Health and Wellness and learn from over 30 local providers on how you can stay healthy. From 9 am to 5 pm. [Montrosewellnessexpo.com](http://Montrosewellnessexpo.com)

**Sept. 17**-Love Your Gorge, Saturday, September 17, Uncompahgre River Gorge, Ouray, Colo. Volunteer work day and picnic with the Ouray Ice Park and UWP. Co-sponsored by the Uncompahgre Watershed Partnership, Ouray Ice Park, and City of Ouray. Information/

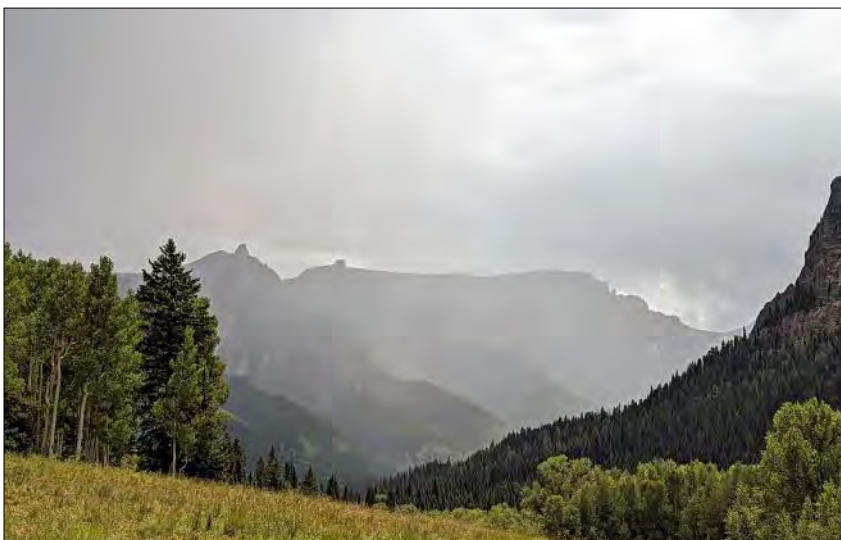
**Sept 24**--At 4 pm on Sept. 24 don't miss the Ridgway Old West Fest/Glen Campbell Tribute Concert by Debby Campbell.

Contact the Montrose Mirror:  
970-275-0646

[Editor@montrosemirror.com](mailto:Editor@montrosemirror.com)

[www.montrosemirror.com](http://www.montrosemirror.com)

## READER PHOTO SPOTLIGHT: DEB REIMANN



*Deb Reimann snapped these photos Sunday in the Owl Creek area. "Sun, clouds, and rain brought light and shadows to this beautiful valley.," she said.*

San Juan Brews  
970-901-8594

Tacos El Gordo  
970-964-4022

Remington's at the Bridges  
970-252-1119

Horsefly Brewing  
970-249-6889



Rio Bravo  
970-964-4477

Jimmer's Steak & BBQ  
970-252-1227

Fiesta Guadalajara  
970-249-2460

El Jimador  
970-249-8990

Buckaroos Slices & Scoops  
970-787-9437

*DineOutMontrose.com*

Camp Robber  
970-240-1590

Crash Burger  
970-249-0825

Heidi's Brooklyn Deli  
970-240-1605

Coffee Trader  
970-249-6295  
970-787-9021

Tacos & Beer  
970-964-4448

Alpen Confections  
970-648-0609

Busy Corner White Kitchen  
970-323-6215

Pahgre's  
970-249-6442

Mimo's Antojitos Mexicanos  
970-249-0616



Amelias Hacienda Restaurante  
970-249-1881

Trattoria de Sofia  
**Now Open**  
970-249-0433

Rib City  
970-249-7427

Double Barrel Taco Co.  
970-417-4340

Stone House  
970-240-8899

Cold Stone Creamery  
970-252-8014

Mimo's  
970-615-9406

My Favorite Muffin  
970-765-0076

Sidelines Sports Bar  
970-765-0129

Chang Thai Cuisine  
970-240-4567