

the Montrose Mirror

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Issue No. 495 Aug. 22, 2022



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MONTROSE ARTIST RECREATES ICONIC MURAL FOR MADA, SHARES NAMES OF THE PEOPLE AND MEANING OF THE SYMBOLS DEPICTED



Above, Montrose native and Artist Juan Espinosa has recreated his iconic wall mural from 1973 for the Mexican American Development Association (MADA), after the original was destroyed during asbestos remediation. Photo by Bethany Maher.

By Caitlin Switzer

MONTROSE—After half a century in Montrose, the Mexican American Development Association (MADA) welcomed the community to a well-attended 50th Anniversary Fiesta on Saturday, Aug. 20. The neighborhood non-profit organization, established in 1972, has been restoring its facility as well its mission to serve the local community, with an updated community room and plans for a commercial kitchen.

On Friday, Montrose native Juan Espinosa brought one of the finishing touches to the MADA community room. Espinosa had painted the original mural on the interior wall in the MADA community room in 1973. When his first piece was destroyed during the recent asbestos abatement process, some MADA volunteers reached out to

Continued pg 8

BOCC APPROVES CHIPETA RD-HWY 550 TRAFFIC SIGNAL CONTRACT AWARD TO MOUNTAIN VALLEY CONTRACTORS, INC.

By Caitlin Switzer

MONTROSE—All three commissioners were in attendance as Montrose Board of County Commissioners (BOCC) Chair Keith Caddy called the regular meeting of Wednesday, Aug. 17 to order. "...We got a pretty good group turned out. Thank you for coming," Caddy said.

Pastor Ben Gárate of Calvary Chapel delivered the invocation. "...We're grateful that you have given us people that you have put in office, Lord, to help our community continue go forward...Bless our time here, bless our commissioners Lord..."

Citizen Scott Riba led all in saying the Pledge of Allegiance.

PUBLIC COMMENT PERIOD

Citizen Bradley Switzer addressed commissioners.

"I last spoke with commissioners on September 15th of 2021 regarding this particular issue," Switzer said. "It has to do with the

Continued pg 17



On Wednesday, Aug. 17, The Montrose Board of County Commissioners (BOCC) approved award of the 2022 Chipeta-Hwy 550 Traffic Signal Project to Mountain Valley Contractors, Inc. of Grand Junction, in the total amount of \$896,023.50. The City of Montrose will pay 40 percent of the project cost.

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FINAL HISTORIC WALKING TOUR OF THE SEASON WILL BE AUG. 26

Special to the Mirror

MONTROSE-The Madams, Murder, and Mayhem historical walking tour will examine the seedier side of local history. This walk will visit the sites of the notorious saloons, jails, and historical buildings. The tales will interweave the history and legends of the famous and scandalous local characters of the area. This is the last historic tour for this season only on Aug. 26, starting at 6 pm. Limited spaces are available. Please RSVP at 970-249-2085. Admission is \$10/per person. MEET AT THE MUSEUM 21 N. Rio Grande

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REQUEST FOR PROPOSALS FOR 222 W BRIDGE STREET

Special to the Mirror

HOTCHKISS – The Town of Hotchkiss is seeking Proposals from qualified developers to purchase and redevelop the 'Old Public Works Shop' building.

The Town intends to sell the property to a qualified developer whose proposal meets the intent of the community vision for the property.

Due to its location, this is a great opportunity to transform a vacant but viable building into a vibrant space, the Public Works Building is an ideal catalytic project for downtown. Located on the northwest corner of Bridge Street and Oak Drive, the Public Works Building is the center of downtown and within easy walking distance of many businesses and anchors. The building is approximately 6,200 square feet and sits on a rectangular half-acre lot. The building was constructed in the 1950's and was used for the Town's Public Works office, shop and a garage for large vehicles.

The Project Timeline starts with the distribution of the RFP on August 24, 2022. The invitation to bid and the instructions will be available on the Town's website at townofhotchkiss.colorado.gov or at the Hotchkiss Town Hall, 276 W Main Street, Hotchkiss, CO 81419. You may also contact the Office by email at clerk@townofhotchkiss.com

There will be a site tour and briefing at 10 a.m. on Wednesday, Sept. 7, 2022, and the deadline for the Proposals is no later than 3 p.m. on Wednesday, Oct. 5, 2022.



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OPINION/EDITORIAL: LETTERS

WHEN VOTERS BECOME A “NECESSARY NUISANCE”

Editor:

As an observation, have you ever noticed that when people run for political office for the first time and win it is because they say we hear you and work for you. Trust us, they say and away we go. Inevitably the miracle happens, and personal agen-

das take over. As their hearing diminishes and they become more “tone deaf” their self-importance increases dramatically. My observation for those holding especially national office the dramatic change usually happens after about six years in office. They know more, the self-importance fac-

tor increases and the people that voted them in become nothing more than a “necessary nuisance”. The evidence is there. Their voting record, and their attitude transforms into one that you really did not do much for me in the first place and I know more. Take note of the personal agenda’s as they slowly set in, the camera’s roll and the political schemes start. All but a few inter-circle people start being ignored, more and more of us are told not to believe your “lying eyes” concerning the key issues of the day. Then a magic transformation happens. That once PROMISING politician is voted out and becomes a ,”WHO AND WHEN”. What is the common denominator? There are many but one thing is for sure we know our office holders, we discuss the issues, and yes even the elected person themselves. Too often it becomes about themselves and not the electorate they swore to serve. In the end, we understand that elections have consequences, and should anyone forget, the “necessary nuisances” will have the last vote.

Jim Anderson, Montrose

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REGIONAL NEWS BRIEFS

NEW SENIOR SINGLES CLUB FOR MONTROSE, DELTA AND SURROUNDING COMMUNITIES

Special to the Mirror

MONTROSE-Good News for Seniors!
New Senior Singles club for Montrose, Delta and surrounding communities. If you are over 65, single, active and classy come to our opening launch Aug. 27. We will meet at the Camp Robber (private room) 4PM- 6PM to get acquainted. This is an opportunity to meet new friends, do new things. For more information: <http://meetup.com/montrose-singles-over-65> and or



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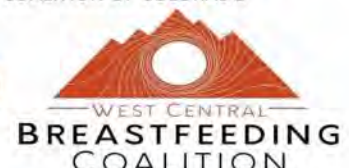
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OPINION/EDITORIAL: LETTERS

INDEPENDENT VOTER CONCERNS

Editor:

As an independent voter I have watched with interest and concern the takeover of the Republican Party by the far right faction. Somewhere along the way Republican values have been replaced by misinformation, bullying and a definite lean towards an authoritarian ideology. Different viewpoints are opposed and those that speak truth or strive to uncover it are opposed and silenced-that is a drift towards fascism and a wakeup call to our country.

The conspiracy theories have definitely gotten out of hand, the latest being that the IRS is proposing to hire 87,000 armed agents to investigate low and middle income Americans. The actual truth is the job listing being referenced is for up to 300-350 IRS law enforcement special agents investigating criminal tax violations, and yes I do think they should be armed when going into dangerous situations. Why is our current elected representative Lauren Boebert pushing this lie without trying to investigate the facts? Is it to cause more division and fear or to gain more votes? I can tell you one thing, I fully support Ms. Boebert's bill to limit the number of terms a member of congress can serve. Now that's something I can get behind! It's just too bad she isn't taking her own advice.

Pamela Rule, Montrose

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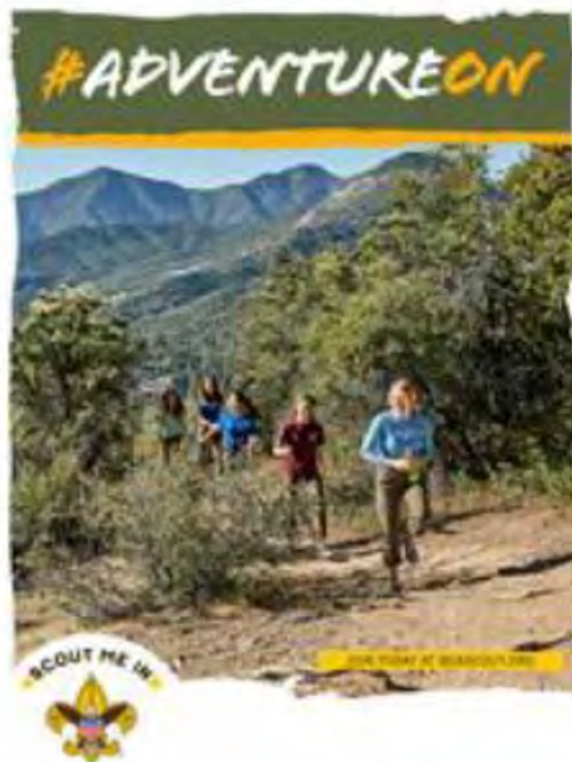




(Springtime adventure trip to Moab, UT)

Scouts BSA Troop 478 – Montrose invites youth ages 11 – 17 to join scouting. We're recruiting youth for both Troop 478 B (Troop for boys) as well as girls and adult women that would like to join our charter and help us to create a new and separate Troop 478 G (Troop for girls). Please join at beascout.org or contact Scoutmaster Paul Gifford at 970-596-9932 for more information.

We're recruiting adult men AND women volunteers that would like to be leaders or on the scout committee. Not sure if you can be a leader? Leadership training is available for all positions.



MONTROSE ARTIST RECREATES ICONIC MURAL FOR MADA *From pg 1*

grant writer Bethany Maher, who was able to secure funding for a new mural.

A journalist by profession, Espinosa had not painted in 30 years. "I changed it a little," he said.

For one thing, the mural is on canvas this time. "I had to build a frame to stretch the canvas," Espinosa said. He spoke about the symbols that he had incorporated into the work and about the people whose lives were remembered there, in a piece he shared with MADA Volunteer Darlene Mora. See below:

MARCH OF MEMORIES

By Juan Espinosa

MONTROSE-Inspired by the forced removal of the nearly 1,500 Uncompahgre Utes in September 1881 by federal troops, this painting reflects the history that has shaped the Mestizo people of Western Colorado. The original mural was painted in 1973, a year after the Mexican American Development Association Headquarters was built. The large figure leading the march is Ricardo Falcon, a key figure in the United Mexican American Students at the University of Colorado at Boulder. He was murdered in a gas station in Orogrande, NM, in an argument over water to cool an overheated engine. Falcon and his party were traveling to the National La Raza Unida political party convention in September, 1973.

Another figure from the news in 1973 was Santos Rodriguez, a 12-year-old who was shot by a Dallas police officer who was interrogating him at gunpoint. Rodriguez was accused of stealing a bicycle. He is the figure holding the right corner of the Mestizo flag.

The two friars on the left represent

Dominguez and Escalante who explored the region in 1776.

Next to them, wearing a red jacket and carrying a sacred pipe, is Ute Chief Colorow. He was the last Ute Chief to fight against the removal of the Utes from the Uncompahgre Valley. The night before they were to be forced out of their homeland, Colorow and about

50 warriors attacked the force of nine cavalry and nine infantry from Fort Garland. Colorow survived the skirmish and died seven years later of natural causes.

There are numerous symbols in the painting. The green, white, and red flag was produced by activists in the Chicano movement to acknowledge our heritage. The face in the white field is comprised of three faces—the Spanish and Indigenous faces combine to create a new face of the Mestizo people of mixed blood. The red flag with a white circle and a black thunderbird signifies Cesar Chavez and the United Farmworkers of America.

The banner bearing the image of Our Lady of Guadalupe, Mexico's patron saint, also represents the Mestizo. The story of Guadalupe's miraculous appearance on Juan Diego's poncho was responsible for making Mexico one of the most Catholic countries in the world. Guadalupe is an iconic figure in the Chicano movement.



Above, Artist Juan Espinosa and MADA Volunteer Darlene Mora view Espinosa's symbolic and beautiful mural, re-created by the artist for the MADA community room after the original wall mural was destroyed.

The little church-like building on the edge of the river represents the Morada where Penitentes gathered, especially on Holy Week prior to Easter. Men came from as far as the San Luis valley to worship.

La Colonia, an adobe apartment building, is in the distance on the left side of the painting. The Colonia was inhabited into the early 1960's and was the cornerstone of Tortilla Flats.

The pile of rocks to the left of the procession is symbolic of the mojones traditionally stacked by sheepherders. The mojones usually were erected on high points over pastures where their sheep grazed. The mojone here is in honor of our stock raising.

Juan Espinosa, a Montrose native, repainted this mural in 2022 to commemorate the MADA building's 50-year anniversary. His original mural was destroyed when asbestos was removed from the building.



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OPINION/EDITORIAL: LETTERS

FROM WHERE WILL THE PLASTIC COME TO MAKE YOUR NEXT TRASH RECEPTACLE?

Editor:

If we halt all exploration for and extraction of fossil fuels, from where will the plastic come to make your next trash receptacle, bag, bin, dumpster?

Rick Bleier, Montrose

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REGIONAL NEWS BRIEFS

SENATOR HICKENLOOPER MEETS WITH DMEA LEADERSHIP

Special to the Mirror

MONTROSE- On Aug. 17, Senator John Hickenlooper toured the Western Slope promoting the Inflation Reduction Act. His visit included a stop at Delta-Montrose Electric Association (DMEA) to talk with the co-op's leadership team about the benefits this new act will bring to rural communities like Montrose.

"It is an honor that Senator Hickenlooper recognizes the important role cooperatives, like DMEA, play in our rural communities. DMEA is optimistic about the opportunities the Inflation Reduction Act will bring to communities like ours to develop even more local, renewable, and affordable energy. The act will open up new funding opportunities for renewable energy projects, helping us in our mission to continue stabilizing our member rates," said Kent Blackwell, interim CEO and Chief Technology Officer for DMEA.

Senator Hickenlooper participated in a short meet and greet with DMEA's leader-

ship team, DMEA Board President Kyle Martinez, and Elevate Chairman Ken Watson before touring the co-op's community solar garden. He then reviewed his Inflation Reduction Act and recognized the many efforts of DMEA over the years to pursue local renewable energy generation for its members.

The Senators' visit to DMEA comes less than 24 hours after a major victory for local renewable energy in Delta County. On Tuesday, August 17, the Delta County Board of County Commissioners unanimously approved a limited-use permit for

the 80MW Garnet Mesa Solar project. A collaborative project between DMEA, its wholesale energy provider Guzman Energy, and solar developer Citra Power, Garnet Mesa Solar is a solar agrivoltaic generating facility to be located approximately 5 miles east of Delta near the intersection of G Rd and 2100 Rd. When complete, it will boost DMEA's local energy resources to 20% and produce up to 194,000 megawatt hours of electricity annually. With the final permitting hurdle cleared, the next phases of project engineering and purchasing can begin.



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OPINION/EDITORIAL: LETTERS

TIME TO SEND BENNET A “RETURN HOME FOR GOOD NOTICE” IN NOVEMBER?

Editor:

Since the ascension of the Biden administration in January 2021, this country has been driven steadily into the maw of our first depression in decades. Thanks to numerous policies set by the Democrat majority, our country has declined rapidly in just 18 months, to the point that every American has been adversely affected and

put at risk. All domestic and foreign actions taken harming this country, have been widely reported by legitimate news sources, as well as in many letters to The Mirror.

In November we can remove one of Colorado's most egregious Washington politicians- Michael Bennet, who snuck into town last week to rally the diminishing

Democrat faithful, who still believe this country is on the right track. It's particularly interesting that Bennet seldom visits Montrose unless there is an impending election on tap or there is a hemp deal to finalize.

Appointed to the US Senate in 2009, Bennet was quickly shunted to the “back bench” and given his marching orders by Democrat leadership. During his tenure he has been a pawn of the Democrat party that has become increasingly radicalized. He has supported “open borders” to thousands of illegals. His support of anti-oil and gas policies cost Colorado 9,000 jobs during 2020-21, according to a Leeds School at CU report. In addition a billion annually was lost in state and local taxes that come back to our towns and schools! He has failed to oppose the implementation of CRT in our schools. He never voiced any concern about the disastrous Afghanistan exit, nor has he voiced any concern about our perceived weakness by the likes of China, North Korea, Iran, or Russia! Bennet never missed a chance to raise taxes, and did just that with the dubious “Inflation Reduction Act”, in which he also supported an armed IRS army that will be unleashed on America.

His voting record at votesmart.com tells the real tale about Bennet. His ratings on some critical issues are: Agriculture 25-30%, fiscally conservative 5-23%, energy 24-33%, defense 3-29%, 2nd Amendment 7-17%, sexual orientation & gender identity 93%, and liberal 90-95%. Other category ratings available on the site.

After 13 years in the US Senate and selling his soul to the radical, liberal progressives, it's time to send Bennet a “return home for good notice” in November?

Dee Laird, Montrose

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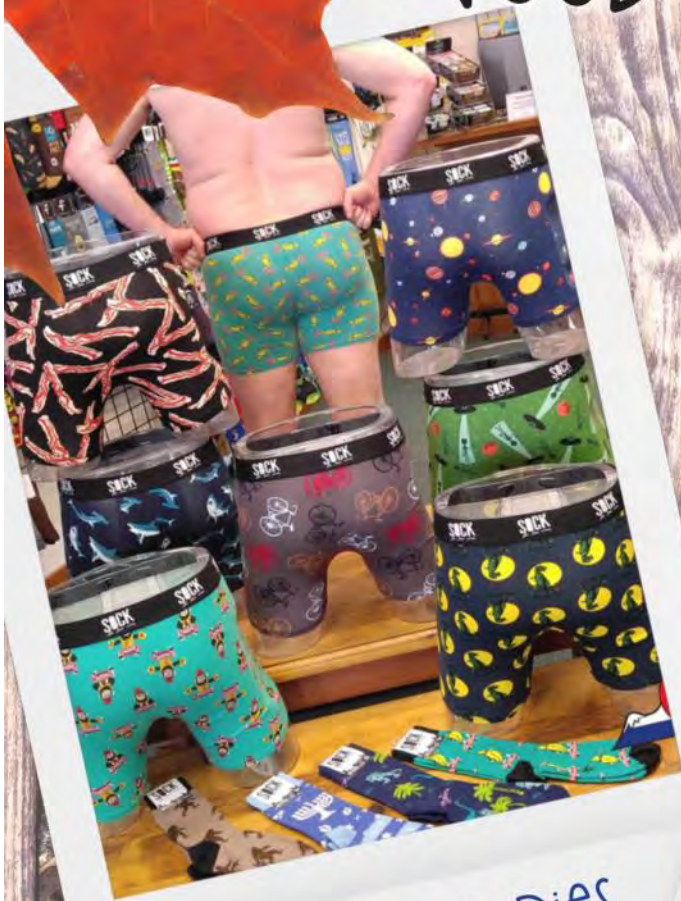
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READER PHOTO SPOTLIGHT: DEB REIMANN



Top Photographer Deb Reimann took this photo of iconic Lake Como, located on Hurricane Pass. Lake Como is the headwaters of the Uncompahgre River. Below, filled-to-the-brim chipmunk cheeks....tells us winter is around the corner.

OPINION/EDITORIAL: LETTERS

OTHER CITY GOVT. OFFICES ASSIGNED SPACE IN NEW POLICE FACILITY

Editor:

About 3 years ago our fabulous five plus one swore up and down that they needed a bond issue for a decent police station. And low and behold their trusting electorate gave it to them. Truly our police did need a new "cop shop". It is almost finished and already, if I am not mistaken, other city government offices have been assigned space therein.

I guess council or manager can do this because the department is short fourteen officers---that sounds good but again, in my experience this is called 'creeping encroachment' and the space will never revert to police use without a squabble. Any guesses what that battle will be about? You got it, a new city hall replete with another bond issue.

If we were to get fortunate enough and find fourteen officers to fill the department's present needs, those spaces would not be available for those officers and

their functions. WA-LA! time for that new bond issue!

Next question is how much money has been collected through the city's Public Safety Sales Tax approved at the same time? It was passed and has been collected for the hiring of fourteen new officers which the department was short at that time.

It is obvious that no one got with the program and hired any portion of those fourteen in the year before Covid hit.

Why is that?

Was that oversight intentional? When it hit and since there have been no police men or women who want a position with us. Why is that? Are we not competitive with larger communities? Do we not know how to recruit? How to provide incentives? How to bind the new employee to the city police department for say five years, legally?

The Montrose Hospital does this continu-

ously and it works. The staffing of the hospital is not optional, it must be staffed. Is it not the same with the police force? Or do we just ignore it and the obligation that goes with it.

I respectfully suggest that our city police department start recruiting like the hospital does. The city has the money both for the recruiting effort and bonuses if required. You have three years' worth of PUBLIC SAFETY SALES TAX revenue in the bank, OR YOU SHOULD HAVE unless you have blown it on some not-required program such as MURA.

Your electorate would be shocked to find out how much has been pulled from their pockets ostensibly to adequately fund a full police force. It is time to tell them just how much that is, where it went and then to get on with providing that police force and the protection which it is your obligation to provide!

Bill Bennett, Montrose

FROM WHERE WILL THE PLASTIC COME TO MAKE YOUR NEXT WATERPROOF RAIN JACKET?

Editor:

If we halt all exploration for and extraction of fossil fuels, from where will the plastic come to make your next waterproof rain jacket?

Rick Bleier, Montrose

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BOCC APPROVES CHIPETA RD-HWY 550 TRAFFIC SIGNAL CONTRACT AWARD From pg 1

the culvert at the intersection of Dave Wood Road and Popular Road; at that time...I suggested that a bigger culvert needed to be installed because of flooding issues. Well now, it's even more of a pressing issue.

"In the recent past there have been four flooding events on Tappan Creek," he said. "...that's the drainage that comes down under Dave Wood Road right there at the intersection of Popular, which is named after an Army Colonel who was in charge of the Ute Indians at the mouth of Spring Creek Canyon back in the day."

Switzer noted four recent flooding events. "...On July 14, you had to call out the troops...you had to call out the Sheriff's officers to direct traffic because Dave Wood Road was flooded over...I've lived in that corner of the county since 1992...and this is extraordinary to have four flash floods in one summer like this...it can be fixed, just put in a bigger culvert.

"It's a six-foot culvert that you folks put in," Switzer said, and asked that another six-foot culvert be added, or a box culvert. He asked the county to fix the problem during the upcoming Popular Road project.

Switzer also asked about recent disruptions to online BOCC meetings and told commissioners to have a great Wednesday.

BOCC Chair Keith Caddy asked Road & Bridge Director Keith Laube to look into the culvert issues.

"We're aware of that," Laube said. "We'll take more consideration of that."

Next to address the BOCC was Citizen Scott Riba. "Recently Montrose County approved a lease with a vendor to use the Shavano Gateway Recreation area as a facility to demonstrate mountain bikes."

He asked about the cultural resource and environmental surveys required of the vendor.

"I will be looking forward to seeing the surveys...that should have been conducted before and after each one of those events."

COUNTY MANAGER

County Manager Jon Waschbusch had no

changes to the meeting agenda.

CONSENT AGENDA

[Consent Agenda items](#) were unanimously approved, with Resolution No. 56-2022 assigned to Item 7, Resolution No. 57-2022 assigned to Item 9, and Resolution No. 58-2022 assigned to Item 11.

GENERAL BUSINESS & ADMINISTRATIVE ITEMS

The BOCC voted to adopt a [proclamation](#) declaring August as Breastfeeding Awareness Month, to bring awareness to the importance of breastfeeding not only for the baby but for the mother as well and encouraging women to breastfeed knowing they have access to breastfeeding education and assistance. Kim Cook, a Nurse Home Visitor with the Nurse Family Partnership, read the proclamation into the record.

Also approved was [award of the 2022 Chipeta Highway 550 Traffic Signal Project](#) to Mountain Valley Contractors Inc. of Grand Junction having submitted the lowest responsible, responsive bid in the total amount of \$896,023.50, as reviewed by Counsel. Upon approval, a purchase order will be issued to Mountain Valley Contractors, Inc. Per an existing agreement with the City of Montrose, the City of Montrose will pay 40 percent of the project cost.

The goal is to have the traffic signal installed in the spring, Laube said. It should be up and running by next summer. "We'll work with the contractor to see what their schedule is for the supply and equipment."

Riba said that he appreciates the City/County partnership, "It's a great example of working together to make great things happen."

BOCC Vice Chair Sue Hansen said, "We're looking forward to safety at that intersection."

Said Commissioner Roger Rash, "I just appreciate all the hard work, and the collaborative effort that we've put in. It shows what happens when County and City governments work together—we achieve something that's safer and more efficient for our community...safety is the biggest thing. We've had a lot of horrendous

accidents out there...I think this is best opportunity to fix some of those really bad crashes that we've had out there."

Rash also noted, "I was just really pleased with the cost...I was expecting quite a bit higher price on this."

Commissioners voted unanimously to award the traffic signal project award to Mountain Valley Contractors, Inc. of Grand Junction.

PLANNING & DEVELOPMENT

Planner Tallmadge Richmond presented five minor subdivisions:

[Luca Estates No. 1 Minor Subdivision](#)

[MI22-022] proposal to divide 11 acres into three lots at Parcel 376532402001;

[Whispering Pines Minor Subdivision](#) [MI22-026] proposal to divide 35.46 acres into three lots at Parcel 349325300020, 55339 Begonia Rd;

[Besmall Minor Subdivision](#) [MI22-027]

proposal to divide 3.390 acres into two lots at Parcel 399322104003, 19107 HWY 550;

[Fogg Minor Subdivision](#) [MI22-029] proposal to divide one lot from 56.77 acres at Parcel 372327100014, 8120 S. River Rd; and

[Rocky Springs Minor Subdivision](#) [MI22-030] proposal to divide three lots from a 105-acre parcel at Parcel 376510300019.

Citizen Scott Riba commented on the Luca Estates No. 1 Minor Subdivision. "This change in this plat was never presented to Planning Commission, and it was never approved by the Planning Commission...the original subdivision plat was, but not this," he said.

Riba raised a number of specific concerns about the proposal and asked commissioners to either deny or continue approval until the issues could be resolved.

Commissioners voted to approve the other minor subdivisions and continued the Luca Estates No. 1 Minor Subdivision to the BOCC meeting of Sept. 7 at 9:30 am.

BOCC Vice Chair Sue Hansen thanked Riba for his comments. "It's always useful to have citizens step forward and point out things."

With no further business the meeting was adjourned.

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REED RECUSES FROM ALL DISCUSSION ITEMS AT CITY WORK SESSION



Montrose City Council work session of Aug. 16. Meeting screenshot.

By Caitlin Switzer

MONTROSE-All councilors were present for the regular City Council work session of Monday, Aug. 16. Mayor Dave Frank welcomed members of the public but noted that Council does not accept comments from the public during work sessions. "While we appreciate you're here, you're not going to have an opportunity to speak unless you are already scheduled to speak," Frank said.

INTRODUCTION OF NEW EMPLOYEES

The session began with the introduction of new City employees. Human resources Manager Terri Wilcox welcomed department heads, who introduced new staff members, including:

- City Attorney Ben Morris;
 - Planning Manager Jace Hochwalt;
 - Trash and Recycle Operator Zach Johnson;
 - Parks and Special Projects Worker Tim Hanscom; and
 - Police Records Technician and Incident Report Processor Amy Wellington.
- Morris, who has been introduced three times previously, has also worked for the city earlier in his career.

"Welcome back home," Mayor Frank said.

Hochwalt, who was previously introduced during a Council meeting, will supervise Planning and Engagement staff, Deputy City Manager Ann Morgenthaler said. It took time to find someone with the right skills and the right fit, she said.

Hanscom recently returned to Montrose after working in Colorado Springs. "I left for a year back to Colorado Springs...was gone for a year and realized city life ain't good for me anymore...glad to be working for the city and I'm going to do my best to

get everything caught up and looking good again."

Johnson has been busy driving a trash and recycle truck since being hired. "I am a local, born and raised here, just happy to be here and do my part."

Police Chief Blaine Hall said that Wellington has a very positive attitude and a great smile.

Wellington said she grew up in Aurora and came to the Western

Slope as an adult. She has a Bachelor's degree in Criminal Justice with a minor in legal studies. "I am very excited to start...a big girl job for me."

"We're happy to have you here too," Mayor Frank said. "We're very excited. When Chief gets that kind of look on his face, that's always a good thing."

Frank welcomed the new employees to the city. "We welcome you all to our city, we're really glad to have you here...get back to work. Just Joking."

Councilor J. David Reed recused himself from the first two discussion items, a Memorandum of Understanding with the Montrose Veterans Memorial Coalition and a Council Chambers Dais Construction Contract Award Recommendation.

The MOU with the Montrose Veterans Memorial Coalition would allow the City of Montrose and the Montrose Veterans Memorial Coalition to create the "Montrose Veterans Plaza" within Cerise Park. Veteran Mike Trickey joined Council for the discussion of the Veterans Plaza.

The Plaza "would show the veteran community that the City of Montrose is aware of veterans and what it takes...for our continued freedom," Trickey said. The MOU will come before Council for approval at the regular meeting in two weeks.

Background-A memo from Public Works Manager Jim Scheid to Council states, "The Veterans have been working with City Staff to evaluate the potential location of a memorial plaza and to review the conceptual level drawings of the project that were provided by the Veterans. City Staff agree that the location proposed for the memorial would fit the intended use of the park and would allow for the memorial to be recognized during unrelated

events that are occurring in the park. This MOU allows the use of the City property as shown in Exhibit A and dedicates the completed memorial to the City for maintenance and care. This MOU will allow the Veterans to begin fund raising for the project. The fund raising will allow them to move forward with design and ultimately generate completed construction documents for City review and cost estimating of the full scope of work."

The Council Chambers Dais construction project is being undertaken for security reasons as well as aesthetics. Council will consider award of a Construction Contract to Stryker & Company Inc. in the amount of \$237,519.49 for completion of the council chambers security improvements project. The award will come before council for official approval at the regular meeting in two weeks.

Background-A memo from Public Works Manager Jim Scheid to Council states, "The City contracted Blythe Group in February of 2022 to participate in design meetings with City Council and City Departments to discuss security needs and utilization of the Chambers. From these meetings Blythe Group generated construction documents that include adjusting the position of the dais and improving the security of the chambers. The City of Montrose issued an RFP in July of 2022 for the construction of the new dais and the installation of new carpet and paint on the first and second floor of the building. One qualified bid package was received for this project. Stryker and Company's bid proposal is complete and within the expected range of costs."

Councilor J. David Reed also recused from the third and final discussion item, amendment of a Community Development Block Grant Contract (CDBG) for Black Canyon Boys & Girls Club (BCBGC). "You could have stayed in bed," Mayor Frank said.

Black Canyon Boys & Girls Club Executive Director Bud Taylor was present to share information. The Departure of City Community Engagement Director Kendall Cramer (who facilitated the DOLA grant process) was sad, Taylor said, but Community Engagement Specialist Ross Valdez

Continued next pg

REED RECUSES FROM ALL DISCUSSION ITEMS AT WORK SESSION *From previous pg*

has stepped up to help. The most recent cost estimate to build a new facility was \$7M, with repayment from the BCBGC at \$10K per month. The proposed space at the San Juan Cinema Building is 1/4 the cost and has twice the square footage. The item would come before Council for a vote the following night at the Aug. 16 regular council meeting.

Background-A memo from Valdez to Council gave background information on the amendment to the contract between the City of Montrose and DOLA for Community Development Block Grant project 20-508, named Montrose Boys and Girls Club Facility Construction, executed on Dec. 7, 2021. The memo states, "The city applied for and was awarded a Community Development Block Grant for the con-

struction of a new Black Canyon Boys & Girls Club (BCBGC) facility in Montrose. Due to the rising cost of construction, building a new facility has become financially unfeasible for BCBGC. In order to fulfill the objective of the grant, BCBGC would like to purchase the property at 1869 E Main St, also known as San Juan Cinema, and renovate it for their intended use. The estimated cost of building a new facility is over \$6M and would offer 9,000 square feet of space. The purchase of the existing property along with renovation of the building is estimated to cost a total of \$2.85M. Once renovations are completed, the facility would offer 23,000 square feet. This will allow the BCBGC to increase the number of community members served, while also ensuring that programs are ac-

cessible for low/middle income families due to the significant cost difference."

GENERAL DISCUSSION

Bynum praised the 2022 FUNC Festival and said she was pleased to see so many city workers out and about in Montrose.

Mayor Frank said the 2022 FUNC Fest was an amazing event, though a little bit of rain kept people away, and next year it will be bigger and better.

Police Chief Blaine Hall said that wrought iron fencing is going up around the new Public Safety facility.

Deputy City Manager Ann Morgenthauer said that there would be a ribbon cutting for the Woodgate extension the following day.

With no further business the work session was adjourned.

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REGIONAL NEWS BRIEFS

ROAD CLOSURE OF OAK GROVE ROAD BETWEEN 6300 ROAD AND HIGHWAY 90

Special to the Mirror

MONTROSE—The section of Oak Grove Road between Highway 90 and 6300 Road will be closed to through traffic from Aug. 22 through Sept. 23 for road reconstruction work.

This section of road on the hill slope had multiple issues throughout the past several decades. Recent milling revealed that areas of the road had no gravel beneath the pavement. Due to this, the road will need to be closed to the public while the road subgrade is excavated and gravel is imported.

Motorists are asked to use alternate routes. The reconstruction is anticipated to take around five weeks depending on the weather.

For more information and updates on road paving and road closures, visit montrosecounty.net.

At right, Courtesy photo.



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DARRELL & JULIA BOREN

Broker Associates

The Boren Team
1425 Hawk Parkway
Darrell (970) 768-3399
Julia (970) 380-3783
darrellboren@gmail.com



DANA GLEASON

Broker Associate

306 East Main Street
(970) 209-2451
danagleasonrealtor@gmail.com



JUSTIN GLEASON

Broker Associate

306 East Main Street
(970) 275-5930
justingleasonrealtor@gmail.com



KELLY LANDEN

Broker Associate

306 East Main Street
(970) 234-7918
kelly@norris-snell.com



JENNIFER WEBER

Broker Associate

1425 Hawk Parkway
Cell (970) 589-2999
Office (970) 249-8900
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ANN STALEY

Broker Associate/GRI

306 East Main Street
Cell (970) 275-1219
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CITY GRANTS 2ND HUB EXTENSION



City Manager Bill Bell joined the discussion remotely when Montrose City Council considered an amended development agreement with 1890 Homestead, LLC on Aug. 16. Council voted four to one to approve the amended development agreement, with Councilor Ed Ulibarri voting No.

By Caitlin Switzer

MONTROSE-Mayor Dave Frank welcomed all to the regular City Council meeting of Tuesday, Aug. 16, and called the meeting to order. Frank led in saying the Pledge of Allegiance. All councilors were present. Mayor Pro Tem Barbara Bynum had no changes to the meeting agenda.

MEXICAN AMERICAN DEVELOPMENT ASSOCIATION (MADA) DAY PROCLAMATION

Mayor Frank read the [proclamation](#) into the record. He was joined by Darlene Mora and Kathy Cordova on behalf of MADA.

CALL FOR PUBLIC COMMENT ON NON-AGENDA ITEMS

Cordova addressed Council, noting that MADA would be hosting a Fiesta and 50-year anniversary celebration at the MADA location and LaRaza Park on Saturday, Aug. 20. The community was invited to see recent MADA updates. "We want everyone to see what we've done there," Cordova said.

CONSENT AGENDA

[Consent Agenda](#) items were approved unanimously.

NEW LODGING AND ENTERTAINMENT LIQUOR LICENSE APPLICATION

Council voted unanimously to approve a [new lodging and entertainment liquor license application](#) for Blue Corn Café, located at 1842 South Townsend Avenue.

BREW PUB LIQUOR LICENSE TRANSFER

APPLICATION

Also approved was the [transfer of](#) a brew pub liquor license, at 147 N. First Street from Two Rascals Brewing Company LLC, d.b.a Two Rascals Brewing Company, to Silver Basin Brewing LLC, d.b.a. Silver Basin Brewing for consumption on the licensed premises and to sell malt liquor beverages manufactured on the licensed premises and packaged in sealed containers for consumption off the licensed premises.

ORDINANCE 2593 - SECOND READING

Councilor J. David Reed recused himself from Items 10 and 11 as he provides legal representation to the entities involved.

As previously discussed in work session and upon second reading, Council voted, with Reed recusing, to approve [Ordinance 2593 on second reading](#), delegating authority to the Board of Directors of the Montrose Emergency Telephone Service Authority to set the rate of the charge imposed on service users pursuant to C.R.S. §§ 29-11-102, 102.5 and 103.

AMENDMENT OF COMMUNITY DEVELOPMENT BLOCK GRANT CONTRACT FOR BLACK CANYON BOYS & GIRLS CLUB

Council voted, with Reed recused, to approve [a request to amend](#) the agreement between the City of Montrose and [DOLA](#) concerning the Community Development Block Grant (CDBG) award for the Black Canyon Boys & Girls Club's construction of a new facility to reflect the [revised project](#).

THE HUB AT MONTROSE CROSSING AMENDED DEVELOPMENT AGREEMENT

Council considered an amended development agreement with 1890 Homestead, LLC to facilitate development of the Hub at Montrose Crossing's first phase to include 160 market-rate rental apartment units within the City of Montrose. Developer Matt Miles had requested a second extension for the project, which would start Aug. 21, 2023 and be completed by Aug. 1, 2025. City Manager Bill Bell joined the discussion remotely, "I'm under the weather today." With rising interest rates, the project might not "pencil," Bell said.

"The amendment seems to make sense from a business perspective."

Reed asked questions about the project timeline, Councilor Ed Ulibarri asked where the money for incentives would come from. Bell referenced a [staff memo from 2021](#), included in the meeting packet, as he discussed the incentive details.

The amended development agreement was approved four to one, with Councilor Ulibarri voting No.

Following the vote, Mayor Pro Tem Barbara Bynum left the meeting.

WATERFALL CANYON SUBDIVISION FILING NO. 6 FINAL PLAT

Without Bynum, Council voted to approve the [Waterfall Canyon Subdivision Filing No. 6 Final Plat](#) expressly conditioned upon City staff ensuring that all policies, regulations, ordinances and Municipal Code provisions are met and that the applicant adequately addresses all of staff's concerns prior to the execution of the [Final Plat](#).

STAFF REPORTS

Finance Director Shani Wittenberg presented the June Sales, Use, and Excise Tax Report, [monthly](#) and [by area](#). "That's the rosy Sales & Use Tax Report."

Wittenberg presented the [Second Quarter Budget Review](#) as well.

Councilor Ulibarri noted the reports were unaudited. "How often do they audit those numbers?"

The books are audited annually by a third-party auditor, Wittenberg said. "Once that audit is done then those change to audited numbers. We reserve the right to make a change, to reclassify something, until it's audited." Usually the audit is done by the end of the July, but due to auditor staffing issues the City has an extension until Sept.30, Wittenberg said.

Councilor Doug Glaspell said that the 2022 FUNC Fest went very well, and thanked staff.

Mayor Frank reminded of MADA's 50th anniversary Fiesta on Aug. 20.

With no further business the meeting was adjourned.

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REGIONAL NEWS BRIEFS

WINTER AIR SCHEDULE

Special to the Mirror

REGIONAL-As the airline industry continues to recover, Telluride's winter schedule includes both long sought-after additions and route hiatuses for the coming season.

Two long-term objectives will be realized at the Montrose Regional Airport (MTJ) this winter, with the addition of nonstop service from Austin and the return of daily service from Atlanta. Southwest will fly from the Austin-Bergstrom International Airport (AUS) on Saturdays from January-March, and Delta will return to daily flying from Atlanta-Hartsfield Jackson International Airport from December-early April.

Along with the welcome additions, MTJ will also see a stoppage of service on two of its winter routes with American Airlines, daily Chicago (ORD) and Saturday Los Angeles (LAX). As the travel industry recovers, the intention is to reestablish these routes in the future. United Airlines will continue to serve both of these airports.

Telluride Regional Airport will feature daily jet service from Denver and Phoenix again this winter. Denver Air now has interline relationships with United and American, allowing travelers to book connecting flights straight into TEX through both global airline networks.

Other MTJ carriers and routes will operate as normal, with Telluride offering 14 nonstop flights from 12 major U.S. hubs into the two airports this winter:

Denver Air/United/American: daily Denver and Phoenix to TEX

United: daily Denver, Chicago, Houston, New York/Newark, and multi-day San Francisco & Los Angeles

American: daily Dallas (DFW) and Phoenix, Saturday New York/La Guardia

Southwest: daily Denver, Saturday Dallas (DAL) and Austin

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OPINION/EDITORIAL: LETTERS

LET'S VALUE LIFE!

Editor:

An article on pregnancy centers recently released to newspapers contained a lot of misconceptions. Most of these were quotes from Kayla Frawley, abortion rights and reproductive rights director for Progress Now Colorado. Her assertions were full of errors.

She claims that pregnancy centers "target our Latino communities" and they're really preying on our brown communities". She claims that clients are "manipulated" into seeking care at centers. She says that, "a reproductive framework that addresses racial inequalities is essential to fight for reproductive health care like abortion..."

To address this, Planned Parenthood is the largest abortion provider in America. It was founded by Margaret Sanger, a racist advocate of eugenics.

She praised the Nazi eugenics program. She was guest speaker at a Ku Klux Klan rally. She said many hateful things about blacks, Jews, and other minorities. She implemented "The Negro Project", designed to sterilize blacks. She called the urban poor "biological waste". She advocated the sterilization of dis-

abled people. She wrote many articles, such as, "Birth Control, the True Eugenics." She was very much opposed to any kind of assistance to the underprivileged.

In 2016, the Guttmacher Institute published abortion statistics in the U.S. Black women had 28% of the nation's abortions, though they only constitute 13% of the population. Hispanic women had 25%. 61% having abortions were non-white. Planned Parenthood clinics are disproportionately located in neighborhoods where poor people of color live.

Through a slick media campaign, Planned Parenthood and abortion clinics (very lucrative businesses) are portrayed as compassionate health care and an aid to the poor, when they are exactly the opposite. Pro-choice is their self-label, but no one is allowed to disagree with them.

Pregnancy centers and pro-life churches have been attacked hundreds of times lately with bombings, vandalism, spray painting, misinformation campaigns, and death threats.

Several pro-abortion women even burst into a major church, stripped down to their underwear, screaming their profanities, and cutting the heads off dolls. Even

the Supreme Court justices experienced their wrath. My heart weeps for these people, and I sincerely pray for them.

Since science proves that their position is inaccurate, showing that life begins at conception, the unborn child can feel excruciating pain after several weeks, the child is a separate person from the mother with different DNA, they have nothing to resort to except emotion based on misinformation.

Statistics even prove that abortion harms women. Suddenly stopping a natural process in a human body wreaks havoc with the hormones. Both sides agree that abortion directly contributes to mental health problems. The British Journal of Psychiatry examined 22 studies, which show that the increased risks outweigh the supposed benefit of abortion. This is in addition to the physical problems abortion causes.

This isn't even mentioning the most important issue of all. Jesus said in John 10:10, "The thief comes only to steal, kill, and destroy; I came that they might have life, and might have it abundantly." Let's value life!

Sandy Anderson, Montrose



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REGIONAL NEWS BRIEFS

DOWNTOWN HOTEL PLANNED FOR KNIGHTS OF PYTHIAS BUILDING

Special to the Mirror

MONTROSE — The Knights of Pythias building at 33 South Cascade Avenue has been vacant since a fire in 2012 rendered the building uninhabitable. Starting this November, work is expected to begin to renovate both the interior and exterior of

the structure into the Rathbone Hotel, a world-class, family-friendly hotel.

Earlier this year the KP building was sold to hotelier Clay Bales. "Montrose is a very special place. I was lucky enough to find Montrose while working on due diligence on another hotel opportunity," Bales said.

According to Bales, the renovations will not only brighten the empty building's appearance but will add 18 upscale boutique hotel rooms to downtown Montrose. The upstairs will have 10 "lofted" suites which will take advantage of the 26-foot vaulted ceilings in the old meeting space of the Knights of Pythias.

Additionally, some standard rooms and suites built for Americans with Disabilities Act, ADA, access will also be located on the street level, capping the total number of hotel rooms at 18.

Built-in 1909 at a cost of \$24,300, the Knights of Pythias building is believed to be one of the oldest remaining brick structures in Montrose and was the site of the fourth-annual national convention of the Knights of Pythias held in Montrose in 1911. The Region 10 League for Economic Assistance & Planning (Region 10), with some help from Region 9 in Durango, has secured a Community Development Block Grant through Region 10's economic assistance program to help with the hotel project. Funding comes from the Colorado Office of Economic Development and International Trade, OEDIT, a state agency that works to promote job growth and business expansion across Colorado. The Montrose County Board of County Commissioners, which acts as Region 10's fiscal agent on the OEDIT grant, signaled their support with the hope the project will create jobs and add more lodging options in the community.

Anthony Russo, working with the City of Montrose Business Development, said the City is working to find ways to use tax increment financing (TIF) funds left over from the Downtown Development Authority (DDA) to help with permanent improvements to the property, the surrounding sidewalks, and parking lot. Bales will also apply for the Development and Revitalization Team's (DART) Facade Improvement Matching Grant Program to support the beautification of the building's exterior, restoring some of its historic features.

The Rathbone Hotel is expected to be open for guests by winter of 2023.

MOMMA & ME



El Grupo de Apoyo
JODI HYATT, RN, BSN, IBCLC
KIM COOK, RN, IBCLC

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REGIONAL NEWS BRIEFS

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Special to the Mirror

MONTROSE-Montrose Scouts BSA Troop 478 (Boy Troop) is chartered by Montrose Hellfighters (A Local Wildfire Fire-fighter Business). We currently have scouts in our troop from Montrose, Olathe and Placerville. We're recruiting for youth ages 11 - 17. Go to beascout.org

We also have girls who would like to join Scouts BSA Troop 478 for girls 11 - 17. We're recruiting Adult women who would like to be leaders for the Girl troop. Training is available. Photo from Spring 2022 -Scouts travelled as a troop to Moab for a weekend of camping. Courtesy photo.

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The Vaccines for Children Program (VFC) is a federally funded program that provides vaccines 0-18 years of age who are enrolled in Medicaid, who have no insurance, or who are American Indian / Alaska Native. *Children who are underinsured may receive VFC vaccines at a federally qualified health center (FQHC) or rural health center (RHC).

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The 340b Drug Pricing Program is a US federal government program created in 1992 that requires drug manufacturers to provide outpatient drugs to eligible health care organizations and covered entities at significantly reduced prices.

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Meningococcus	Polio
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	COVID-19

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2351 South Townsend Ave Montrose
(970) 252-1743
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Flu	Shingles
Pneumonia	HPV
Tdap	MMR
Td or DT	Rabies
Meningitis	Polio
Varicella	Japanese Encephalitis
Hep A	Typhoid
Hep B	Hep A/Hep B
	COVID-19 (Moderna)

CVS (IN TARGET)

3530 Wolverine Dr Montrose
(970) 497-8981
Register online

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Hep A	Tdap
Hep B	Varicella
Hep A/Hep B	Pneumococcal
HPV	Meningococcal
Shingles	Hep A/Hep B
Typhoid	Japanese Encephalitis
Polio, adult	COVID-19 (Pfizer & J&J)

CITY MARKET NORTH

128 South Townsend Ave Montrose
(970) 249-2064 **340B PARTICIPANT**
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Flu	Shingles
Pneumonia	MMR
Tdap	Rabies
Meningococcus	Polio
Chickenpox	Japanese Encephalitis
Hep A	Hep B
	COVID-19

SAFEWAY

1329 South Townsend Ave Montrose
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Register online

Flu	Shingles
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MMR	Meningitis
Hep A	Hep B
	COVID-19

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Please note that this list is not exhaustive and is not an endorsement of any pharmacy or provider. Visit www.cdc.gov/vaccines for the latest recommendations. Please contact your Pharmacy or Provider to confirm availability of vaccines. Montrose County Public Health will not provide immunizations after June 30th, 2020. Last Updated 7-25-2022.

REGIONAL NEWS BRIEFS

CPW SPECIES CONSERVATION DASHBOARD SHOWS AGENCY'S WORK

Special to the Mirror

DENVER – During his presentation on planning and implementation for Colorado's Species of Concern at the July Colorado Parks and Wildlife Commission meeting, CPW Species Conservation Unit Supervisor David Klute presented the Species Conservation Dashboard, a new tool that will show progress being made to protect more than 350 species in Colorado through the State Wildlife Action Plan (SWAP).

Colorado's SWAP documents the status of knowledge about many wildlife species of conservation need, the threats to the species and habitats upon which they depend, and articulates strategies that can be employed to lessen those threats.

Tracking all of the efforts toward protecting sensitive species creates a lot of data. Prior to CPW's Conservation Dashboard, the only way for the public to view

information about the plan was to read through a PDF.

The new dashboard is a way to explore the progress being made on more than 350 species and 2,500 conservation actions being taken through four different lenses. Visitors to the dashboard can filter data by:

- Individual species
- Groups of species
- Action
- Threat

Klute's presentation included a walk-through of the dashboard and identified agency successes (e.g., black-footed ferrets, Gunnison Sage-grouse), and places where more work was needed (e.g., reptiles). You can view his presentation by going to 2:36 on Day 2 of the Commission meeting posted here.

Klute said future iterations of the dash-



The new Species Conservation Dashboard will make it easier to track progress being made to protect more than 350 species like the black-footed ferret in Colorado (above).

board would include improvements like spatial information and additional progress and project information from both CPW and conservation partners. The dashboard will be integrated into the 2025 revision of the SWAP.

Visit CPW's website to learn more about the State Wildlife Action Plan

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REGIONAL NEWS BRIEFS

MONTROSE REGIONAL HEALTH FAIR RETURNS AUG. 27

Special to the Mirror

MONTROSE – For the first time since the pandemic started, Montrose Regional Health is holding its popular Health Fair event on Saturday, August 27 from 6:30AM to 12PM.

Complete with reduced rate blood draws and free screenings & consultations, the event is known for helping to connect the community with resources and information to improve their health.

"We are thrilled to bring the Health Fair back to our communities," said Leann Tobin, Chief Marketing Officer of Montrose Regional Health. "We hear very positive feedback about our event and know it has a positive impact for many in our region."

For more than thirty years, the Health Fair was an annual mainstay in Montrose—often taking place the last Saturday in February. That all came to a halt when COVID

impacted the community.

Last year the hospital held blood draw events but decided to hold off on the Health Fair to help decrease the number of people congregating in one location amidst rapidly changing public health guidelines. For this year's event, masks will be available for attendees but not required based on current guidelines.

This year's event will feature multiple screenings offered at past events in addition to new offerings.

Foot screenings and hearing screenings will be available and are provided by local experts.

New to this year's event, free Med Spa consultations will be available to event attendees courtesy of the Alpine Women's Centre Med Spa - serving as a venue for women to bring any aesthetic skin concerns. In addition, the Vaccine Mobile Bus

will be available in the Pavilion parking lot from 6:30AM-12:00PM offering free flu shots and COVID-19 vaccinations.

Attendees may receive their 1st dose, 2nd dose and booster shot of the COVID-19 vaccine. Reservations are not required but are available at www.Mobilevax.us.

No insurance or ID is required. Blood draws will be available from 6:30AM to 11AM and require a 12 hour fast. Participants are encouraged to drink lots of water beforehand. Insurances cannot be billed for blood draws.

Cash, checks, credit, debit, HSA and FLEX cards are all accepted. Montrose Regional Health is the main sponsor of the event; co-sponsors include Alpine Bank, Avient, Mountain West Insurance and TEI Rock Drills. For more information on the Health Fair, call 249-2211 or visit MontroseHealth.com/HealthFair.

The Mirror:

For coverage that never leaves
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REGIONAL NEWS BRIEFS

CO-OP PROVISIONS IN INFLATION REDUCTION ACT OF 2022 ADVANCE TRI-STATE RESPONSIBLE ENERGY PLAN

Special to the Mirror

REGIONAL- Wholesale power supply cooperative Tri-State Generation and Transmission Association lauded provisions in the Inflation Reduction Act of 2022 (IRA), which was signed into law Aug. 16, that bolster Tri-State's transformative [Responsible Energy Plan](#). Tri-State advocated for specific provisions that advance investment in rural communities, including the direct payment of renewable energy tax credits to not-for-profit electric utilities, and funding to support cooperative investment in new renewables, energy storage and transmission.

"As a leader in the cooperative energy transition, we engaged policymakers on the challenges not-for-profit rural utilities must overcome to expand clean energy in the communities we serve and ensure a just transition in the changing energy economy," said Duane Highley, Tri-State CEO. "Because of the hard work of many policymakers and stakeholders, the co-op provisions signed into law will drive investment, bolster jobs and preserve the reliable, affordable power that drives rural prosperity."

For the first time, not-for-profit electric cooperatives will have opportunities that help to level the playing field with for-profit utilities for investments in wind, solar and energy storage projects. The legislation provides for the direct payment of the Production Tax Credit (PTC) and Investment Tax Credit (ITC) to not-for-profit electric utilities. This allows cooperatives that were previously excluded from these incentives to invest directly in renewable energy and energy storage, and receive benefits similar to for-profit utilities. The legislation also extends PTC and ITC eligibility for wind, solar and storage facilities, and expands eligibility for credits to additional technologies.

Electric cooperatives' investments, including in new renewable energy, energy storage and transmission projects, will benefit from \$9.7 billion allocated to the U.S. Department of Agriculture (USDA) specifically for electric cooperative energy transition assistance through grants, loans and loan modifications. In addition, \$1 billion is now available through the USDA for a forgivable loan program to fund the deployment of new renewables and storage, with up to 50% of these loans eligible to be forgiven.

The provisions create greater opportunities for implementation of Tri-State's Responsible Energy Plan, which includes the rapid addition of clean energy resources, steep reductions in greenhouse gas emissions, advancement of beneficial electrification technologies and participation in organized power markets in the West.

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MontroseHealth.com/MedSpa

REGIONAL NEWS BRIEFS

RIDGWAY STATE PARK INTRODUCES TRACK-CHAIR PROGRAM, BEACH MAT AND FLOATING WHEELCHAIRS



Ridgway State Park staff and volunteers recently launched a new track-chair program and took members of the Telluride Adaptive Sports Program on the first trial ride along the Forest Discovery Trail. Erin Vogel/CPW photos

Special to the Mirror

RIDGWAY – Whether floating off the swim beach or cruising along trails, the disabled community will find a world of adventures at Ridgway State Park. Colorado Parks and Wildlife, in its mission to increase accessibility to the outdoors for all, has announced the addition of a Track-Chair Program and beach wheelchairs at Ridgway State Park. “This is priceless. To be able to provide this opportunity not only to our local communities but to the people visiting the park from all over the world, this is just priceless,” said Park Manager Johnathon Freeborn. “When you see the look on a kid’s face who is getting to play on the beach or along our trails, that’s why we do the job we do at our state

parks.”

CPW has a highly successful Track-Chair Program in place at Staunton State Park in Jefferson County. Staunton State Park donated one of its Action Trackchairs® to Ridgway State Park to get its program going. CPW’s Hunting and Angling Outreach Programs were able to provide funding for a second chair and donated a trailer for safe storage. The track-chairs will allow visitors with limited mobility to be able to explore designated trails within the park.

“This is a unique opportunity for us here on the Western Slope where there just aren’t as many opportunities for this kind of access like there are on the Front Range,” Freeborn said. “Ridgway now being able to provide this is pretty special.”

Park Ranger Erin Vogel has worked to implement a Track-Chair Program at Ridgway State Park and recently took the Telluride Adaptive Sports Program on a trial ride on the park’s Forest Discovery Trail. “We are so excited to be able to offer this type of access on a few of our trails and look forward to partnering with a variety of organizations,” Vogel said.

The Ridgway State Park Track-Chair Program will continue to expand as the park builds a new Trails Master Plan to add to the 14 miles of existing trails at the park. The track chairs will be available via reservation. Reservations will be free except for the cost of park entry.

“As part of our master plan, we want to increase areas for the track chairs and

widen some existing trails to make them more accessible,” Freeborn said. “Not every mile of the park will be track-chair accessible, but we want to do it for all the trails that make sense.”

Friends of Ridgway State Park, a non-profit organization founded in 1996 to support the park, also worked with staff to secure a roughly \$19,000 grant from the Christopher & Dana Reeve Foundation that allowed the park to purchase a beach mat as well as two floating beach wheelchairs. The 300-foot Mobi-Mat® will allow all wheelchair users to navigate sand on the Dutch Charlie Designated Swim Beach area of the park all the way down to the water. The floating MobiChair® will allow users to safely enter the water.

“We hope this program removes some of the barriers for individuals and families to enjoy the swim beach,” Vogel said.

Use of the beach wheelchairs will be free, except for the cost of park entry. They will be available to check out at the Dutch Charlie Designated Swim Beach.

“This is a huge step forward in enhancing accessibility for visitors to our state parks in the Southwest Region,” said CPW Deputy Region Manager Heath Kehm. “Ridgway State Park is our most visited park in the region and provides a wide array of recreational opportunities. Being able to expand those offerings to members of the disabled community is a priority for CPW, and we are eager to build upon these programs in the future.”



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REGIONAL NEWS BRIEFS

MONTROSE UNITED METHODIST CHURCH : TECH IT UP!

Special to Art & Sol

MONTROSE-Our landfills already have too much reusable "stuff." Why add to the problem when you can put your old computer hardware to good use? Please donate them to Montrose United Methodist Church for a technology education program called Tech It Up. Kids ages 7-17 learn to take apart and reassemble computers in an uplifting environment. At the end of the six-week course, they get to take a computer home.

The next recycle/upcycle event is on August 27, from 10:00 am to 2:00 pm, at Montrose United Methodist Church (19 S. Park Avenue, Montrose Colorado). We are accepting donations of PCs, keyboards, mice etc. We cannot accept apple products at this time.

Our church is sponsoring a 6-week Tech It Up Workshop beginning Sept. 10 from 2-4 PM for kids aged 7 to 17.

Tech It Up is a technology education program designed to provide exposure to informational technologies with a hands-on approach in a fun and uplifting environment. We provide the tools and resources to explore technological concepts and impart knowledge of how and why technology exists and works. By utilizing muscle memory, clear goals with proper guidance, and a constant reference to the great Creator, we hope to instill talents and skills that they can develop for a lifetime. At the end of the workshop, the students get to take their computers home.

To register, go to www.techitup.us/



registration There is also a link to pay the registration fee of \$100. The workshop is limited to 8 students, so RSVP soon to save your space. If you have additional questions please reach out to myself via email or office phone.





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REGIONAL NEWS BRIEFS

BLM TO RESOLVE RESIDENTIAL ENCROACHMENTS BY SELLING SMALL PARCEL OF PUBLIC LAND

Special to the Mirror

MONTROSE— The Bureau of Land Management Uncompahgre Field Office plans to sell a small parcel of public land to resolve a long-standing residential encroachment. The parcel is managed by the Uncompahgre Field Office and is located within the planning area for the Gunnison Gorge National Conservation Area.

“The BLM hopes to resolve this long-lasting and unintentional trespass on public lands by selling this small piece of public land to a private party,” said Suzanne Copping, Uncompahgre Field Manager.

The parcel contains 6.62 acres located adjacent to the National Conservation Area in the Peach Valley area of Delta County. A 2003 boundary survey of the new National Conservation Area identified

several inadvertent encroachments of the private property onto public land, including this parcel.

The Black Canyon of the Gunnison Boundary Revision Act of 2003 adjusted the boundary to remove encroachments, including the parcel, from within the NCA to facilitate a resolution.

The BLM released a draft of the preliminary environmental assessment for a 21-day public comment period in September 2020 to provide an opportunity to gather additional input from the public regarding the project and issue analysis. No comments were received.

More information about the proposed land sale, including maps, is available online at: <https://eplanning.blm.gov/eplanning-ui/project/2000347/510>.

A notice announcing the land conveyance published in the *Federal Register* on August 17, 2022, beginning a 45-day public comment period on the sale action. Comments must be received by October 1, 2022, and submitted to the BLM Uncompahgre Field Office, 2465 S. Townsend Road, Montrose, CO 81401 or by email to jpmoe@blm.gov.

All comments, including personal identifying information, may be made publicly available at any time. While those commenting may ask that their identifying information be withheld from public review, the BLM cannot guarantee that we will be able to do so.

For more information, contact Jana Moe, Realty Specialist, BLM, Uncompahgre Field Office, telephone: (970) 240-5324.

BREASTFEEDING AWARENESS MONTH: KEY FOR MOTHERS AND BABIES

Special to the Mirror

MONTROSE— The Montrose Board of County Commissioners officially proclaimed August as Breastfeeding Awareness Month at the Aug. 17 board meeting. The proclamation is aimed at bringing awareness to the importance of breastfeeding, for the mother and the child. Breastfeeding is a proven primary prevention strategy for women across the nation. Montrose County believes breastfeeding is of high importance for new mothers and is just as important as any other infant or healthcare need. Breastfeeding promotes a healthy mom and a healthy baby. It helps protect the mother and infant as it reduces the risk of cancer and other conditions in the mother. It is also a low-cost way of getting

the best source of nutrients to the baby.

“Breastfeeding is pivotal to a child’s well-being as well as that of the mother. It is the best and most efficient way to get nutrients to the infant. Proclaiming August as Breastfeeding Awareness Month will help inform those in the community of the importance of breastfeeding,” said Kim Cook, RN and IBCLC with Montrose County’s Nurse Family Partnership Program.

The support of breastfeeding is not only about the health of the baby and the baby’s family, but the entire community. It is important for businesses and the community to provide support to those breastfeeding by implementing policies to support them. Employers that provide workplace lactation support and family friendly policies increase women’s and

parent’s participation and retention in the workforce, along with improving physical health, mental health, and job satisfaction.

Montrose County supports and provides the programs of Women, Infants, and Children (WIC) and Nurse Family Partnership to support breastfeeding in our county. WIC provides breastfeeding support and counseling for pregnant and breastfeeding moms. Nurse Family Partnership provides a personal registered nurse for first time moms to give support, advice, and info to be able to have a healthy pregnancy, baby and be a great mom, including breastfeeding. For more information on these two programs, contact WIC at [970-252-5088](tel:970-252-5088) or visit [here](https://wic.montroscolorado.gov/), or Nurse Family Partnership at [970-252-5015](tel:970-252-5015) or [here](https://nfp.montroscolorado.gov/).

COMMUNITY OBITUARIES

RYAN GRACE JOHNSON

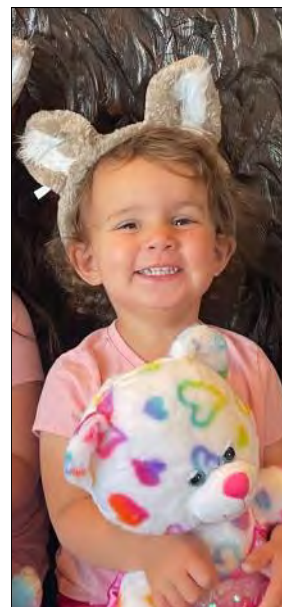
June 20, 2020- August 11, 2022

RYAN GRACE JOHNSON left this world unexpectedly on August 11, 2022, at the age of two. Ryan was born on June 20, 2020, to parents Rachael (Redifer) Johnson and Mitch Johnson. A bright and bubbly toddler, Ryan was known by her family to know exactly what she wanted and how to use her smiles and hugs to get it. Ryan loved her big sister Blake fiercely and Blake was Ryan's protector from the beginning. Ryan spent every day of her life being looked after by someone who loved her. While mom and dad were at work, Ryan spent her time with Blake, being taken care of by her Nana or Soma. She loved to play with baby dolls and snuggle with her family.

Ryan is survived by her parents, her sister, Blake, her grandparents Jennifer "Soma" Henderson and Jon "Sopa" Henderson, grandparents Dana "Nana" Johnson and Rick "Grandpa" Johnson. She is survived by Matthew "Uncle Matt" Johnson, Jessica "Tt" Rung, Samuel "Uncle Sam" Rung and cousins Aiden Duty and Jacob Duty. She is survived by great-grandfather, M Ben "Granddad" Harris along with extended family. Ryan is preceded in death by her grandfather and namesake Ryan "Papa" Redifer, her great grandma, Jerry Harris and all her maternal great grandparents.

The family welcomes all to her funeral on Tuesday August 23, 2022. The service

will be held at Grace Community Church in Montrose at 3pm. Crip-pin Funeral Home is assisting the family with arrangements. Burial and concluding words will take place at Grand View Cemetery in Montrose following the service. Please wear colorful attire to honor Ryan's beautiful life.



Now more than ever...

Thank you for reading

THE MONTROSE MIRROR



WHEN: Wednesday, August 24th 2022

TIME: 4:00 - 4:45 pm

LOCATION: Lighthouse Eatery Patio

1047 North 1st Street, Montrose

Chairs will be provided for participants who are unable to stand for 45 minutes.

ISSUE 384 Aug. 22, 2022

ART & SOL

SHADY LADIES & SALOONS

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Western History with Kate Burke

Mountain Town Saloons & Shady Ladies

Colorful stories of gamblers and good time girls—Denver's infamous Mattie Silks, Silverton's Big Tilly at the Tremont,

Madam Mustache, Squirrel-Tooth Alice, and Gold Dollar, the jealous soiled dove who cut the living heart out of her rival!

Read about Red Light Districts, tent-town bordellos and bars to upscale Parlour Houses, fancy saloons and gambling dens.



By Kathryn R. Burke

COLORADO—I'm going to tell you a history story about the American West from the mid 1840s to the 1920s—an exciting, and rather notorious time when men ruled and women were second class citizens...at best. Yet, both were chasing the proverbial pot of gold at the end of the rainbow—with equal fervor.

Life was rough. Men and women were tough! "Greenbacks" were unheard of. Wealth was counted in gold and silver coin. In the American West, hard-rock mining, the source of that coin, was king. California, Nevada, Arizona, New Mexico... Colorado. Mountain mining towns sprang

up almost overnight. Some disappeared even more quickly...due to avalanche or fire. With no need for pesky permits, towns could be rebuilt or relocated in the time it took to gather some tools and lumber together and haul in a stove for cooking and heating.

Fortunes were made (and lost)... sometimes by digging in the cold, hard ground. Sometimes by a winning (or losing) poker hand.

Populations surged from 10 to 10,000 in less than a month in some places. And most of that population, over 95 percent in most places, was male.

It was a time of boom and bust... and the

number one enterprise... after mining, of course, was a thriving Red Light district filled with bawdy houses and bars, gamblers and good-time girls. First in tents. Then rickety wooden structures. Then fancy bordellos and parlor houses that catered to the very wealthy. Some of those sturdy brick and stone buildings still stand today. (Although most now are restaurants and gift shops.)

Between 1860 and 1900, gold and silver mining generated more than \$1.1 billion in revenue in the area in and around Denver -- originally called Montana City. Upwards of 30 million dollars -- over a quarter of a billion dollars in today's money -- of silver, lead, zinc, copper, and gold were taken from the Red Mountain Mining District between Ouray and Silverton. And that doesn't even begin to count what came out of California, Arizona, Nevada, and Alaska.

However you count it... Mining money could and did buy a hell of a lot of booze and broads.

What is History?

A caveat here. I said, "I'm going to tell you a history story..." What does that word mean? Well, history is really an intriguing combination of fact and fiction—truth as the teller (in this case, me) perceives and relates it. But regardless of the depth of research behind it, history is an assortment of selected and edited "facts" the

Continued next pg

SHADY LADIES & SALOONS From previous pg

storyteller wants (or invites) you to take as gospel. Just look at the 'history' you learned as a kid, and what is taught in the schools today. History is being constantly re-written, edited to suit a political, religious, racial, cultural, or even gender view.

Think of it like being a live witness to an accident. Your testimony or recollection depends on where you were looking, what you "thought" you saw, what your interrogator wants to hear and believe you saw...and what really happened. That's why lawyers don't like live witnesses.

Did you ever see the movie, My Cousin Vinny? It's a perfect example of what I'm talking about.

Another thought. History has traditionally been gender-based. The word itself, HISTORY is the presentation of "fact" from the male perspective. Well, I'm giving you a new perception, here: HERstory.

This is MY story, a telling based on what I've learned as the result of personal observations, the tales I've been told by "old timers" who remember stories they heard from generations before them and observed themselves. Add to that what I learned working with local historical societies, reading books about local history by respected authors who've researched and written about the area and era, plus some creative 'facts' presented by rather inventive writers. I traveled to the towns

we'll talk about, lived and worked in a few of them of them, took lots of photos, and visited with hundreds of fascinating people.

So, as with any storyteller, I invite you to read, listen, and learn. Decide what is true and what is questionable, then give up all your preconceptions and let yourself believe. It's just a story.

And, since it's a story is about saloons and shady ladies, while you're at it, pour yourself a tall one, sit back, relax, and float back into a time when hope was eternal and that proverbial pot of gold was in reach.

Bars & Brothels: Red Light Districts

First came the miners to work in the mine. Next came the ladies who lived on the line.

Bars and Brothels. They go hand in hand. Since time immemorial, legal or not, we humans have been partaking of whatever substance or activity that makes us feel good. In the male-dominated, American West's mountain-mining era, whiskey and whores were the winning combination.

According to the U.S. Census, in 1870, males outnumbered females by more than 95 percent! By 1880, and through the turn of the century, it averaged out to around two to one, which was about the same throughout all the mountainous mining areas, from the Mexican border to the frozen tundra of Alaska. Looking at those

numbers, it's easy to see why the west, with its promises of mining bonanzas and great wealth drew those in the "feel-good" business: saloon keepers, gamblers, and good-time girls.

And, of course, the more money, the fancier the place that offered both. In less than a decade, tent-city bars and brothels were replaced by more permanent structures made of wood. Decent whiskey replaced rotgut "firewater." And a new class of "working girls" moved to town and set up business.

As mines grew in prosperity, so did their supporting communities. Sturdy (and fire-proof) stone and brick structures replaced ramshackle wood buildings.

Two- and three-story edifices housed well-appointed gambling parlors, saloons with custom bars and gaming tables and machines, opulent and luxurious bordellos. . . and often some combination of all three.

Some establishments soared to massive financial success. Others disappeared or shut down with the mines and minerals played out.

And like the mines that funded them and the patrons who populated them, bars and bordellos tended to follow the bust cycles. Literally.

When a mine played out, everybody packed up and moved to the next bonanza.

Next: Red Light Districts

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KINDNESS: PAY IT FORWARD

By Rev. Dr. Arlyn Macdonald

MONTROSE-What would you do if your 7th grade social studies teacher gave you an extra credit assignment to come up with a plan that would make the world a better place? This sounds like a STEAM challenge, but it really is a spiritual challenge because it goes beyond material inventions to a place of universal wisdom.

Catherine Ryan Hyde wrote a book about this challenge that was made into a movie in 2000.

"Pay it Forward," starred Kevin Spacey as the social studies teacher, Haley Joe Osmont as Trevor McKinney, the 7th grader, and Helen Hunt as Trevor's mother.

What plan did Trevor devise to make the world a better place? He chose kindness. Kindness is defined as "the quality of being friendly, generous, and considerate." These are qualities of the spirit or the heart. It takes practice to move outside yourself to make another person feel cared for. It takes practice to understand that kindness is one of the most powerful forces in the universe. It is so powerful that the basis of all religions, "The Golden Rule," is all about practicing kindness to others.

Science has discovered that kindness affects the brain and the entire body by releasing endorphins that combat stress. And the habit of doing kind acts slows down the aging process!

Not only do we feel good about doing a kind deed, but the person or persons who receive the kindness also feel good. Kindness is contagious.

Building on the fact that kindness is contagious, young Trevor McKinney devises his plan to make the world a better place. He adapts the pyramid scheme, also known as multi-level marketing, to spread kindness. He draws his plan on the classroom chalkboard. If he is kind to one person and that person is kind to three other

people and those three other people are each kind to three more people, etc., kindness would spread across the globe and people would be feeling kindly toward one another instead of hateful. You can't feel hateful and kind at the same time.

What if all the politicians who say unkind things about and to each other would realize that kind words and actions are more powerful and uniting? What if the leaders of the countries of the world reached out to their neighbors with a kind act to help both nations? What if family members could give up re-playing old hurts and be kind and loving to one another once again?

What if all pets were treated kindly? What if all children were cherished and loved with kindness? What if kindness moved us beyond the color of a person's skin or their preferences? What if everyone in the world could be treated with kindness, consideration, friendliness, and compassion? What if we could be kind to ourselves?

Kindness is becoming a social issue. PEER Kindness in our community and groups in other communities, encourage kindness and respect instead of bullying for middle and high school students. They offer programs and community partnerships to foster students to be positive, encouraging, empathetic, respectful, and kind. They want to make the world a better place through kindness.

What would the value of Trevor's kindness scheme to "pay it forward" be? The film grossed \$55.7 million dollars, not counting the viewing rights on television. How would we put a dollar value on acts of kindness?

"Sometimes it takes only one act of kindness to change a person's life," said Jackie Chan. What value would that act of kindness bring – to change a person's life? It is beyond value.

The value of kindness cannot be measured in dollars and cents.

Kindness goes beyond money because it is an integral part of Love and Compassion. When you love and care for someone or something, you naturally want to be kind. And when you are kind, you feel better and when you feel better you want to be more loving and compassionate.

Let's increase the power of kindness by adopting Trevor's pyramid scheme. Instead of being kind to just one person every day, let's commit to being kind to three or more people every day.

And let's encourage those people to pay it forward. Whether your kindness is to smile at someone on the street, pay for a friend's or a stranger's coffee, help your neighbor move, or take your family somewhere special, know that you are a part of making the world a better place.

It is up to each of us to practice kindness every day. It is up to each of us to make kindness even more contagious by living in an attitude of kindness and being a kindness model.

Then one day soon, the world will be a better place because of the power of kindness.



"Pay it Forward," starred Kevin Spacey as the social studies teacher, Haley Joe Osmont as Trevor McKinney, the 7th grader, and Helen Hunt as Trevor's mother. What plan did Trevor devise to make the world a better place? He chose kindness. Creative commons image.

COMMUNITY NEWS BRIEFS

WHOLE BEING HEALTH AND WELLNESS EXPO 2022



Pictured above is the 2021 booth for New Leaf Mindfulness with Erin Easton. Courtesy photo.

Special to the Mirror

MONTROSE-The Whole Being Health and Wellness Expo is back in 2022. Last year was the event's first year and after seeing the positive outcome for both the practitioners and attendees, it was decided that it would return again in 2022. Last year the expo featured 24 different healers and wellness providers who hosted educational booths and 30 free classes and workshops over the span of two days. The workshops included everything from sound healing and yoga to meditation and pelvic health. This year they are hoping to have over 30 practitioner booths and 24 free classes and workshops all being held on one day, Sept 17th from 9am to 5pm. The workshops include everything from African dance and drums and natural movement to mindfulness and pelvic health. We will also be featuring equine therapy horses so that you can experience first hand their healing effects. There will be a silent auction with many items from our local practitioners and businesses as well as some local food trucks so that you can stay nourished while taking the classes and workshops throughout the day.

The expo will once again be hosted at the Montrose Community Rec Center. The

healing collective loves working with the Rec Center because their values align and they share many of the same clients. John Wagner of the Rec Center says, "I am very much looking forward to the second year of the Montrose Wellness Expo! Having experienced the success of the first year and having taken part in or led multiple class demonstrations as well as made connections with many of the local wellness providers, I am very excited to see the number of returning and new vendors this year. This is such a unique opportunity for wellness providers and for community members to connect and the Community Recreation Center provides an excellent hub to enable those connections. I am hopeful that attendance exceeds participation from last year and that this expo highlights the necessity of making the expo an annual event!"

The event was founded by Erin Easton, owner and coach of New Leaf Mindfulness Coaching. This year the event is expanding and is now a part of the newly formed non-profit, Healing Collective of Western Colorado. The collective formed after the expo last year when many of the healers expressed an interest in continuing to meet to support one another with their

personal, business, and healing needs.

There are now 52 members in the collective which meets every first and third Tuesday of the month at Mother Earth.

At each collective meeting one of the practitioners is highlighted and teaches the collective something about their healing modality. They also offer the practitioners business support bringing in different experts from the community to teach on marketing, publishing, accounting, and many other topics. The members are volunteering to support the expo which is their way of giving back to the community. The expo aims to educate people on their local healing options giving them a free opportunity to try some new practices that may help them on their healing journey.

The healing collective is mostly formed of alternative and complementary practitioners but recognizes the importance of traditional medicine. They collaborate with many of our local medical facilities to offer clients comprehensive treatments that help address the parts of our well-being that aren't prioritized in western medicine. It is known that our mental and emotional world influences our physical one by affecting our nervous system and in turn what bodily functions get turned on or off. It is also known that our spiritual world influences our perception of reality which alters our emotions and mental states, and in turn our physical body. Our beliefs around healing change the way we heal by influencing which care practices we engage in. Yet, there is still no one size fits all program that will bring everyone back into a healthy balanced state.

Mother Earth not only hosts the collective but is also the largest sponsor of the wellness expo. The owner Cristy says, "Mother Earth is honored and excited to be sponsoring the 2022 Montrose Wellness Expo! Our involvement is based on our desire to raise awareness for alternative medicine and holistic healers. We carry a wide variety of healing tools, many of which are used and made by our local practitioners. Our mission is to share metaphysical knowledge with like-minded beings. We

WHOLE BEING HEALTH AND WELLNESS EXPO 2022 From previous pg

have weekly Thursday Evening Talks which feature local practitioners and are also Live Streamed. This platform is provided for healers to share their light with the community and people whose intentions align with our Own. These talks are just one of many ways Mother Earth gives back to the community. It is our feeling that this expo is influential in creating steps towards a happier society. Bring the kiddos to our Geode Cracking Booth! Watch the fascination in their eyes as they are the first human ever to see the inside of a 40 million year old geode they have hand picked!"

Founder of both the expo and the collective, Erin Easton, says, "It has been such a growth journey starting the expo and the non-profit. I have been very inspired by the success of the expo and the positive effect it had in our community throughout the whole year. It connected many of the local practitioners giving them the oppor-

tunity to support one another in their personal growth and the growth of their businesses. It also inspired many individuals in our community to engage in new practices that support their health. I myself saw a 50% increase in clients after the expo and heard from several of my clients that they were also receiving care from other practitioners present at the expo. This really is our goal, to help connect the local community with the practitioners that can help them heal. We know that healing is not a one size fits all formula, and often we need support from several different sources to bring our whole being back into balance."

It's up to each individual to create the healing journey that will work best for them. That's what the collective hopes to do, help individuals create a comprehensive healing plan that fits their lifestyle and needs. The expo is a free opportunity for the community to meet some of these

practitioners and learn about all of their healing options.

Sherry Moss attended last year's expo and says, "The 2021 Expo was an amazing event. I was thrilled to see and personally meet over 20 wellness providers offering information and classes for free. The atmosphere was filled with sharing, caring, fun and excitement. Thank you, Erin, for making this happen in Montrose. Healing can come in many different forms. I look forward to September for this year's Expo!"

The collective hopes to continue the expo as a yearly event and would love to start offering more workshops, classes, and speaking events throughout the year. You can support them by donating, volunteering, and attending this year's expo.

Website:

www.montrosewellnessexpo.com

www.healingcollectiveco.com

Contact: Erin Easton 719-293-4600



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COMMUNITY NEWS BRIEFS

LISA SICILIANO 'BLACK x WHITE x ROCK x ROLL' CONCERT PHOTOGRAPHY EXHIBIT STARTS AUGUST 27th AT HEALTHY RHYTHM

Special to Art & Sol

MONTROSE- Healthy Rhythm Creative Group and Healthy Rhythm Art Gallery present "BLACK x WHITE x ROCK x ROLL PHOTOGRAPHY by LISA SICILIANO." Opening Reception, Saturday evening, August 27, 2022, at Healthy Rhythm Art Gallery, 232 East Main Street in historic downtown Montrose, Colorado. Lisa Siciliano's limited custom framed Artist Proof (A/P) Black & White Fine Art concert prints from 35mm film will be on display for viewing and purchase between 6-10 p.m. on Opening Night. Healthy Rhythm Gallery Artist, Lisa Siciliano, will be in attendance for her premiere viewing, exhibit overview, and Q&A session. Live music and light refreshments, will be provided. The exhibit runs from August 27 through October 29, 2022.

"I'm very excited to have the black & white film photography of Rock & Roll photographer Lisa Siciliano on display at the Gallery," said Healthy Rhythm Art Gallery owner/curator Kenneth Vail. "Lisa's images stand out as some of the best, if not the best, concert photographs taken at key music venues in Colorado. Healthy Rhythm is pleased to have Lisa on board as a Gallery Artist."

Special Music Guests

6:30-8 pm - Jeanine Renée

8:30-10 pm - The One Takers

Wine tastings by **LaNoue DuBois Winery** (cash or credit card). You must be 21+ years of age to purchase and consume alcohol.

THE SHOW

"BLACK x WHITE x ROCK x ROLL" seeks to showcase many of the important live music stories Lisa Siciliano has created and captured with her camera, and 35mm black & white film, over the past 20 plus years, by photographing nationally and internationally renowned musicians on and off the stage at key music venues in Colorado.

Doors open at 6 p.m. Street parking is available.

We request that anyone who is unvaccinated for COVID please wear a face covering inside the gallery. If you are showing any COVID symptoms or sick in any way please stay at home and get better. We are limiting capacity for this event to a maximum of 50 participants at any given time.

This event is FREE and open to the public.

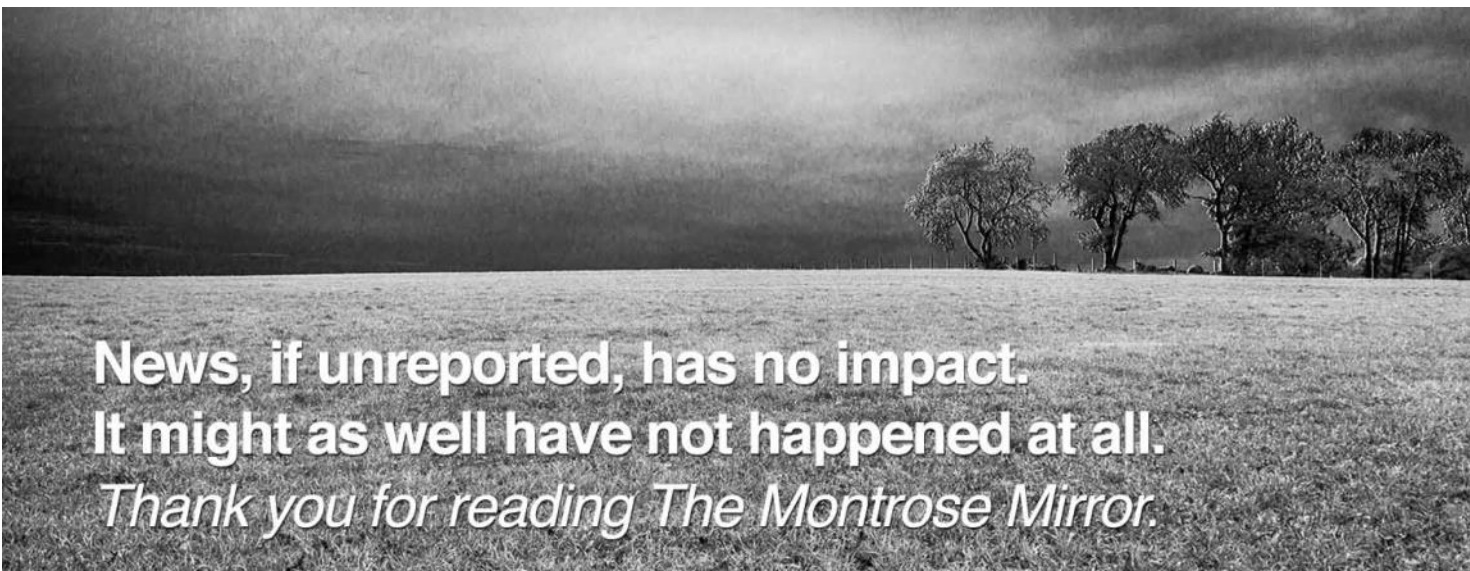
THE PHOTOGRAPHER

Lisa Siciliano is a full-time, self-taught, professional photographer. Over the last 23 years she has made art working as a

house photographer for Red Rocks, The Boulder Theater, The Colorado Sound, Chautauqua Music hall, Bellco Theater & Marquee Magazine. her black and white photos are taken on 35mm film, hand processed, and in many cases printed in her own basement darkroom. Lisa has photographed over 25 album covers, captured numerous promotional band photos, and has her work displayed backstage at Red Rocks Amphitheater, on the wall at The Fillmore Auditorium, in the lobby of The Boulder Theater, backstage at Bellco Theater, and in numerous homes around the world. She has worked with music producers, record companies, and band publicists nationwide. Lisa is the owner/founder of Dog Daze Photo in Boulder, Colorado. www.dogdazephoto.com

THE GALLERY

Healthy Rhythm Art Gallery (HRAG) is a key component of Healthy Rhythm Creative Group. The primary focus of HRAG is Art and Music. The Gallery affords diverse individuals a user-friendly space to create, exhibit, and sell a variety of artwork. The Gallery, located at 232 E. Main Street in Montrose, Colorado, also houses an intimate Live Performance Venue. www.healthyrhythm.net
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REGIONAL NEWS BRIEFS

WITNESSES RETURN TO KNOCKING ON DOORS



Jehovah's Witnesses around the world, including those in Montrose, will resume their door-to-door ministry beginning Sept. 1, 2022, after a 30-month hiatus. Courtesy photo

Special to the Mirror

WORLDWIDE- Jehovah's Witnesses will resume their trademark door-to-door ministry beginning Sept. 1. The two-and-a-half-year suspension of the work will end just in time for the launch of a global campaign featuring an interactive program for Bible study. The decision to resume their door-to-door ministry marks the complete restoration of all pre-pandemic in-person activities for the nearly 1.3 million Jehovah's Witnesses in the 12,000 congregations in the United States. Houses of worship (called Kingdom Halls) were reopened on April 1, witnessing in public places resumed on May 31 and in-person conventions are again being planned for 2023. "We are looking forward so much to finally talking with our neighbors in person," said Luis Rubalcaba of Durango, Colorado, who welcomes the return to

keep communities and congregants safe. The move was also unprecedented. Jehovah's Witnesses had been preaching from house to house without interruption for more than 100 years through an economic depression, two world wars and global unrest, but COVID-19 demanded a different response.

"We believe that the early decision to shut down all in-person activities for more than two years has saved many lives," said Robert Hendriks, U.S. spokesperson for Jehovah's Witnesses. "We're now ready and eager to reconnect with our neighbors once again – person-to-person, face-to-face. It's not the only way that we preach, but it has historically been the most effective way to deliver our message of comfort and hope."

The return to an in-person ministry coincides with a global campaign to offer an

knocking on doors. "Letters and phone calls were very useful, but they can't replace the connection that an in-person conversation can provide."

The suspension of the public ministry was a proactive response by the organization to

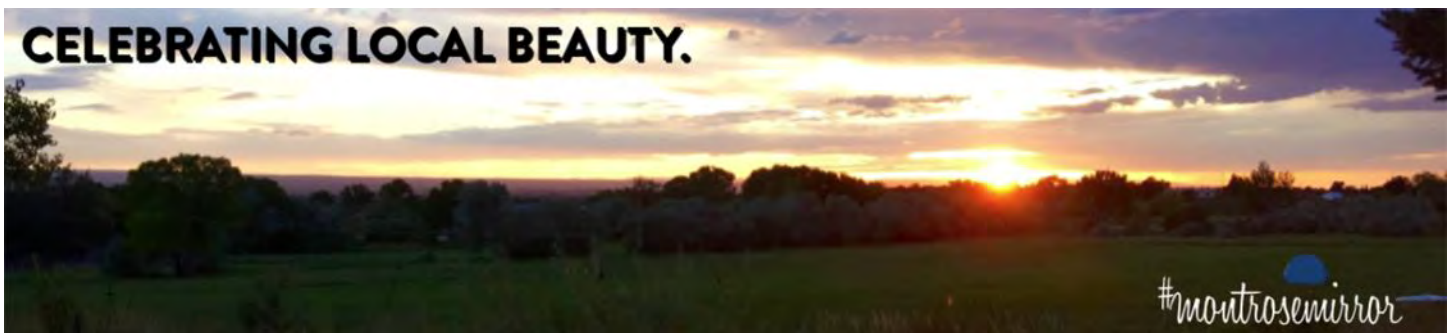
interactive Bible study program, available in hundreds of languages and offered at no cost. The course comes in the form of a printed book, online publication or as an embedded feature within the organization's free mobile application, JW Library. Released in late 2020, the interactive study platform combines text, videos, illustrations and digital worksheets to help learners of all ages.

"This study program is designed to match the learning style of the 21st-century student," said Hendriks. "We're excited to begin sharing it with our neighbors as we return to making personal visits."

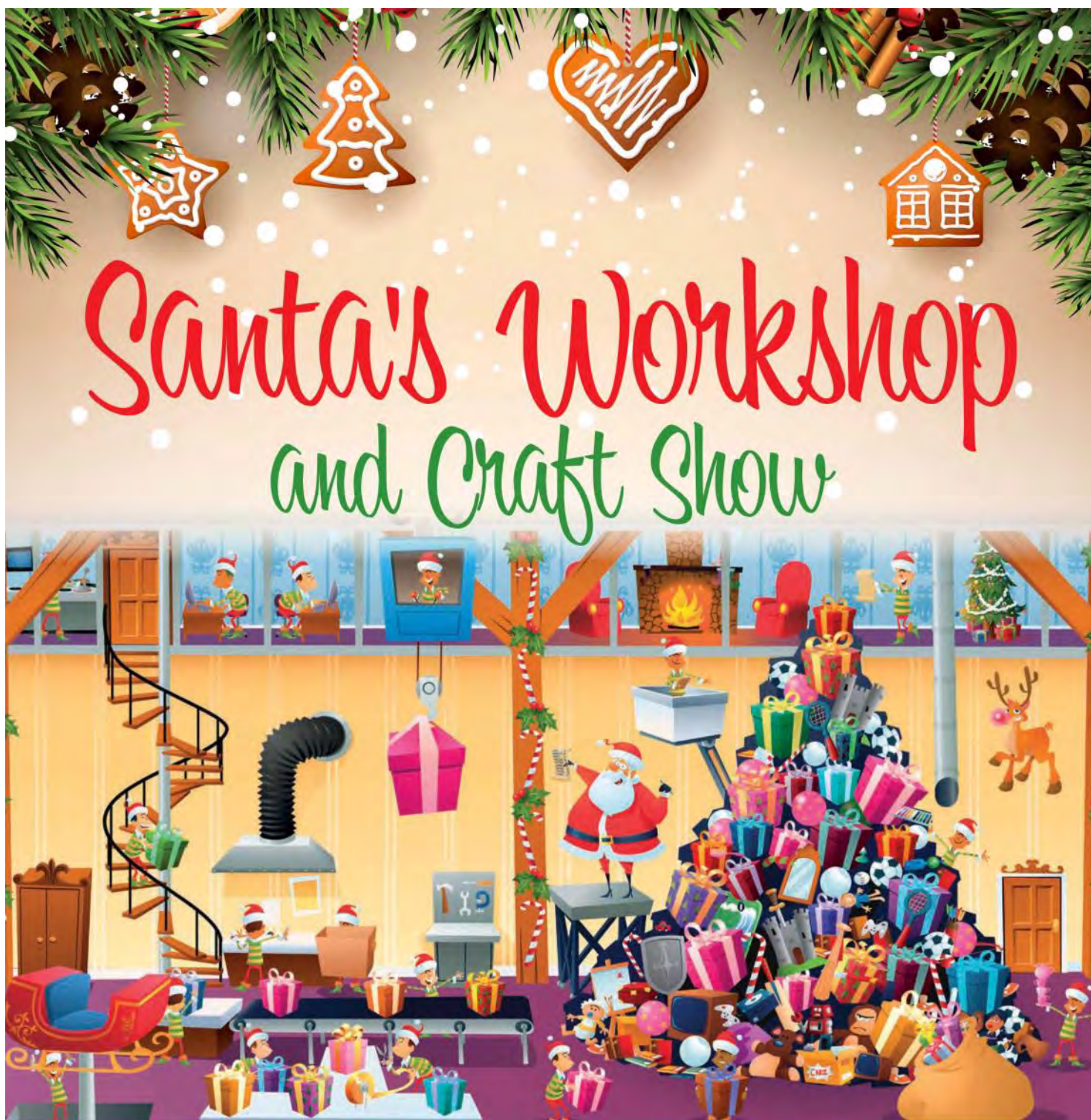
The pandemic forced Jehovah's Witnesses to pivot quickly to virtual meetings and conventions while conducting their ministry exclusively through letters, phone calls and virtual Bible studies. This has led to growth in meeting attendance and the number of congregants, with more than 400,000 newly baptized Witnesses joining the ranks of 120,000 congregations globally in just the first two years of the pandemic.

People need hope, ... and that's what we, as Jehovah's Witnesses, can give them through our ministry and through Jehovah (God)'s Word," said Brittany Lombardi, a Westminster, Colorado, resident who became one of Jehovah's Witnesses during the pandemic and will soon join the door-to-door ministry for the first time. "The one thing I'm most excited about is just to have somebody open a door and be able to smile at them and ... bring them some sort of happiness."

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August 2022



Madams, Murder and Mayhem historical walking tour will examine the seedier side of local history. This walk will visit the sites of the notorious saloons, jails and historical buildings. The tales will interweave history and legends on the famous and scandalous local characters of the area.

This is the last historic tour for this season only on August 26th, starting at 6:00 pm

Limited spaces available. Please RSVP at 970-249-2085. Admission is \$10.00/person.

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COMMUNITY NEWS BRIEFS

DAVID STARR, ANNOUNCES THE RELEASE OF 'CLOSER TO YOU'

Special to the Mirror

NASHVILLE, TN-American singer/songwriter, David Starr, announces the release of "Closer To You" off of his forthcoming EP, *Better Me*. An energetic love song, Starr's soulful vocals shine on the track along with rich layered guitars and meaningful lyrics, resulting in a sound that is classic and still all his own. Out today, the track is available on all digital platforms.

"Closer To You" was born shortly after moving to Starr's now beloved hometown of Cedaredge in Colorado in 2001. "I was in the process of building a home there and was tending to a small campfire on

the rural property as I burned some scrap building materials. The sun was setting behind the mountain and the sparks rising into the dark gave me standing here in this light, I am reminded of my time on this earth," Starr shares. In that moment it was all about perspective. Sometimes the vast open sky provides that. From there, the song just felt like a gift. I've always wanted to re-record it with a good band and that's just what we did on this version!"

Produced by Starr and Mark Prentice, the track features John Prentice and Dan Dugmore on electric guitar, Matt Bubel on drums, Mark Prentice on bass and keyboards, Michelle Prentice on background

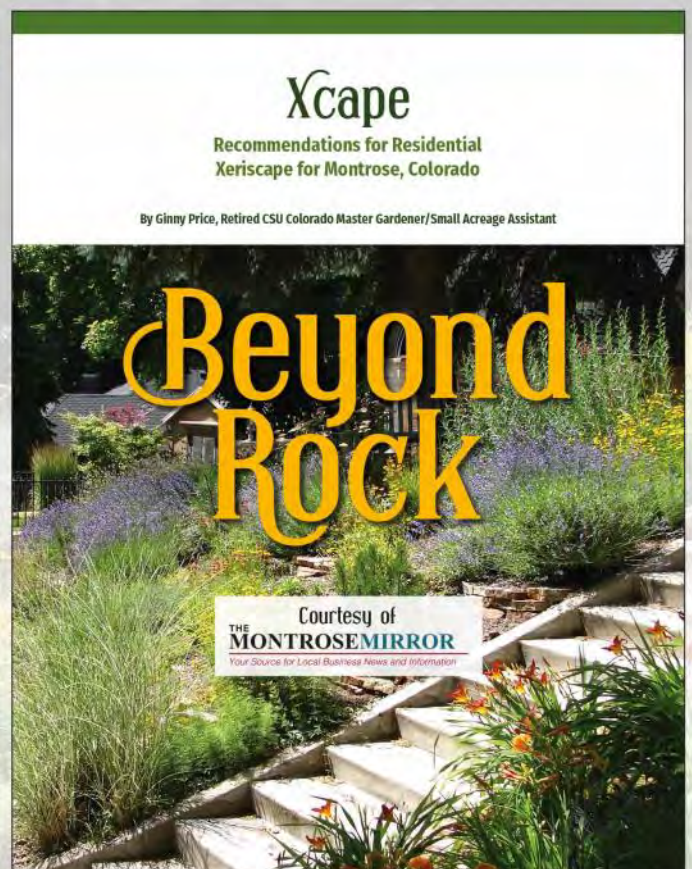
vocals, and Starr on acoustic guitar.

Fresh off of a two week tour in the UK and Ireland, Starr has been performing non-stop this summer season across Colorado, Montana, and Texas; including a sold-out show with longtime collaborator, John Oates. Affirming he is a mainstay in the Folk/Americana genre, Starr is an official showcasing artist at both Americana Fest and Southwest Regional Folk Alliance this fall. Fans can also see him on the road opening for platinum-selling band America in Grand Junction, CO at The Avalon August 20. Starr's fall tour will extend through November with stops in Virginia, North Carolina, Texas, and California.

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MIRROR CHURCH DIRECTORY

CHRIST LUTHERAN CHURCH

Denomination: Christ Lutheran Montrose
Affiliation: Lutheran Church Missouri Synod
Address: 1980 N. Townsend Ave., Montrose, CO 81401
Contact: 970-633-0226

Website: www.montroselutheran.org
Email: montroselutheran@gmail.com
Pastor: Tim Onnen
Worship: Sundays at 9 AM
 Sunday School and Adult Bible Class at 10:15 AM; Women's Bible Study Fridays at 9 AM. At Christ Lutheran Montrose you

will find friendly people gathered in a welcoming environment being comforted and encouraged by the forgiveness and love of Jesus, and sharing that with one another. We are a small congregation of seniors and middle-aged, sprinkled with young children and teenagers.

FIRST CHURCH OF THE NAZARENE

Denomination: Church of the Nazarene
Address: 705 South 12th Street
Office Hours: Monday - Thursday 9 am- Noon and by Appointment
Contact Information: Office Phone 970 249-9213, mncfirst@gmail.com, www.montrosenazarenechurch.org

Pastor: Buddy Cook
Services Sunday: Worship 10 AM, Adult Bible Study 11:30 AM Worship includes age-appropriate children's ministry during adult worship.
 Wednesday: Prayer Boot Camp - 7 PM
 Mission Statement: *Montrose First Church of the Nazarene exists to make Christlike*

disciples in Montrose Colorado and around the world.
Demographics: Our church consists of older and younger people. We have younger families with children and young teens and older adults as well. We also support the work of Calvary Ranch Colorado and its addiction recovery ministry.

FIRST PRESBYTERIAN CHURCH MONTROSE

Affiliation: Presbyterian
Address: 1840 E Niagara Rd. Montrose CO. 81401 **Office Hours:** M-Thu 9AM - 12PM **Contact:** 970-249-4732, [\[form@fpcmontrose.com\]\(mailto:form@fpcmontrose.com\), \[www.fpcmontrose.com\]\(http://www.fpcmontrose.com\)
Pastor: Jesse Mabanglo
Worship Service times: 9:30AM, Student Worship at 6PM. *We strive to encourage, challenge and support one*](mailto:in-</p>
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another through spiritual growth, worship, and service in our community, country, and world. We also encourage children and youth to grow their relationship with Christ through our children and student ministries.

HILLCREST CONGREGATIONAL UNITED CHURCH OF CHRIST

Denomination affiliation: United Church of Christ
Address: 611 South Hillcrest Drive, Montrose, CO 81401
Office hours: By appointment
Contact information:

Phone number: (970) 249-9047
 Email address: office@montroseucc.org
 Website: montroseucc.org
Current Pastor: Rev. Wendy Kidd
Worship service times: Sunday, 10 a.m.
 Hillcrest Congregational UCC is a welcoming, open and affirming church, open to all no matter who you are or where you are

on life's journey.
 Church demographics: HCUCC welcomes all ages to worship with us. (predominately family, youth, seniors, singles)
 We offer inter-generational worship with a children's "prayer-ground" and activity packets. A cry room is also available.

MONTROSE UNITED METHODIST CHURCH

Denomination Affiliation: United Methodist
Address: 19 S. Park Avenue Montrose CO. 81401
Office Hours: M-Thu, 9 a.m. - 2 p.m.
Contact Information: 970-249-3716,

office@montroseumc.org, montroseumc.org
Current Senior Pastor: Rev. Kevin Young
Worship service times: 8:15 am - Blended Service - Sanctuary & Virtual. 9:30 am - Contemporary Service - Sanctuary, 11:15 am - Traditional Service - Sanctuary
Montrose UMC is a leader in being fully

inclusive, loving and just servants of Christ. Our church family welcomes people from various cultural and faith backgrounds: single, married, remarried, with or without children, from diapers to dentures. Wherever you are on your spiritual journey we invite you to come discover hope, joy, peace, purpose.

MIRROR CHURCH DIRECTORY From previous pg

ROSEMONT BAPTIST CHURCH

Affiliation: Southern Baptist

Address: 1598 E. Niagara Road, Montrose, CO 81401

Office Hours: Tues-Thurs, 9am-4pm

Contact information:

Phone: 970.249.4887

website: www.RosemontBaptist.org

email: office@rosemontbaptist.org

Senior Pastor: Rolland Kenneson

Worship Service Times: Our engaging and relevant Sunday Worship Service is at

10:45 AM. We also have Bible Study for All Ages Sunday mornings at 9:15 AM. We provide a professionally-staffed nursery throughout both.

Rosemont Baptist's desire is to passionately bring people face-to-face with the life-changing power of Jesus Christ.

We are a multigenerational church from different walks of life who love Jesus, love each other, and love our community. Everyone comes dressed in whatever is comfortable. We love meeting new people no

matter what stage of life they are in.

Children's services: *We have a fun Sunday School for children from four years old through youth. We provide Children's Church during the Sunday Worship Services where children four years old through 9 years can learn to be worshippers of Jesus.*

We provide a nursery for children under four years old with paid staff providing excellent care during Sunday Morning Bible Study and Worship Service.

SPIRITUAL AWARENESS CENTER

Denomination affiliation: Independent Interfaith

Address: Meeting at Lions Park Community Building, 602 N. Nevada, Montrose
Office hours: Tues-Fri, 9 am to 4 pm,

Home Office – 970-252-0908

Contact information: Rev. Dr. Arlyn Macdonald, 970-252-0908,
arlyn@spiritaware.org,
www.spiritaware.org

Name of current pastor: Rev. Dr. Arlyn

Macdonald, Senior Minister; Rev. Catharine Gates, Associate Minister. Spiritual counseling available.

Worship service times: In-person Sunday Unity Service at 11 a.m., (Social Time begins at 10 a.m.); Quiet Meditation at 10:30 a.m. Virtual Afternoon Service on Zoom at 2:00 p.m.; Chai Chats, a Wednesday morning midweek informal gathering at 10:30 a.m. at Pun Hill Himalayan Restaurant, Montrose; Thursday Empowerment Circle at 10:30 a.m. on Zoom. Everyone is wel-

come. *The Spiritual Awareness Center is an interfaith spiritual community welcoming spiritual seekers and people of all faiths, providing a safe place to explore and nurture the individual's unique connection to the Divine through Unity services, classes, family and community projects, including the Great Community Give-away and Wellness Fair. People of all ages are welcome. There are currently no Sunday School or nursery services provided but craft supplies are available for youth.*

SUMMIT CHURCH OF MONTROSE:

Denomination affiliation:

Southern Baptist

Address: 10977 60.75 Rd. Montrose, CO 81403

Office hours: Varies

Contact information:

phone number: 970-275-7026

email: summitchurchmontrose@gmail.com

website: www.summitchurchmontrose.org

Name of current Senior Pastor: John De-

Sario

Worship service times: Sunday Worship is at 9 am followed by a time of fellowship and snacks. Wednesday evening Prayer and Discipleship (a book study) Prayer 5:45-6:15pm, Discipleship 6:30-7:30pm, childcare provided up to 5th grade. 6th graders on up are welcome and encouraged to attend the book study "Fundamentals of the Faith"

Summit Church Montrose is a new church

plant that preaches the Word of God, reaches the lost with the Gospel of Jesus Christ and equips Christians to serve the Lord. Summit Church has people of all ages! We have families with children (babies, school aged, recent high school and college graduates) There are retired couples and widows. During the Sunday sermon we offer teaching for children ages birth to Kindergarten, in a kid friendly room called Base Camp.

VICTORY BAPTIST CHURCH OF MONTROSE

Denomination Affiliation: Independent Baptist

Address: 2890 N Townsend Ave., Montrose, CO 81401

Office Hours: Monday-Friday 8am-12pm

Contact Information: Phone (970) 249-6874;

email at info@vbcmontrose.org; website: vbcmontrose.org

Current Pastor: Roland Kassales

Worship Service Times: Sunday School at 9:30am, Sunday AM Service at 10:30am, Sunday PM Service at 6pm, Wednesday Night Service at 6:30pm (all services include childcare)

Victory Baptist Church exists to exalt God, edify saints, and evangelize the lost.

Demographics: *Victory Baptist serves everyone with age-appropriate classes, groups, and activities. Families with children make up the majority of VBC with young adults, singles, middle-aged couples, and seniors comprising the rest.*

Church Directory

Mirror Editorial Staff

MONTROSE-As a way of serving the faith community in Montrose, the Montrose Mirror is in the process of establishing a Church Directory. If your congregation or fellowship would like to be included in the directory, please supply the following in-

formation to the Montrose Mirror:

Name of church

Denomination affiliation

Address Office hours

Contact information (phone number, email address, website)

Name of current Senior Pastor

Worship service times

Please give a one sentence description of your church and its mission in the Montrose community.

Brief description of your current church demographics (predominately family, youth, seniors, singles).

Do your church services include Sunday School and childcare?

Elks Bingo

Tues Aug 23, 2022

Progressive Game #4
\$1,199 "Must Go"

**Awarded to 1st Person
that reaches Bingo**

Progressive Game
#2 \$421

**Win by reaching Bingo
in 37 #s or less**

*Josh and Von
Present:*

**Salisbury Steak
Mashed Potatoes**

Progressive Game
#6

\$11,460

**Win by reaching Bingo
in 53 #s or fewer**

**Doors Open at 4:30 PM
Games Start at 6:30 PM
Open to the Public**

**Montrose Elks Lodge #1053
801 So. Hillcrest, Montrose CO 81401**

COMMUNITY NEWS BRIEFS

LOCAL STUDENTS NAMED TO DEAN'S LIST AT FORT LEWIS COLLEGE

Special to Art & Sol

DURANGO-- Nearly 400 students were named to Fort Lewis College's Dean's List for the Spring 2022 semester. These students took at least 15 credits of gradable hours and achieved a 3.60 or higher grade point average.

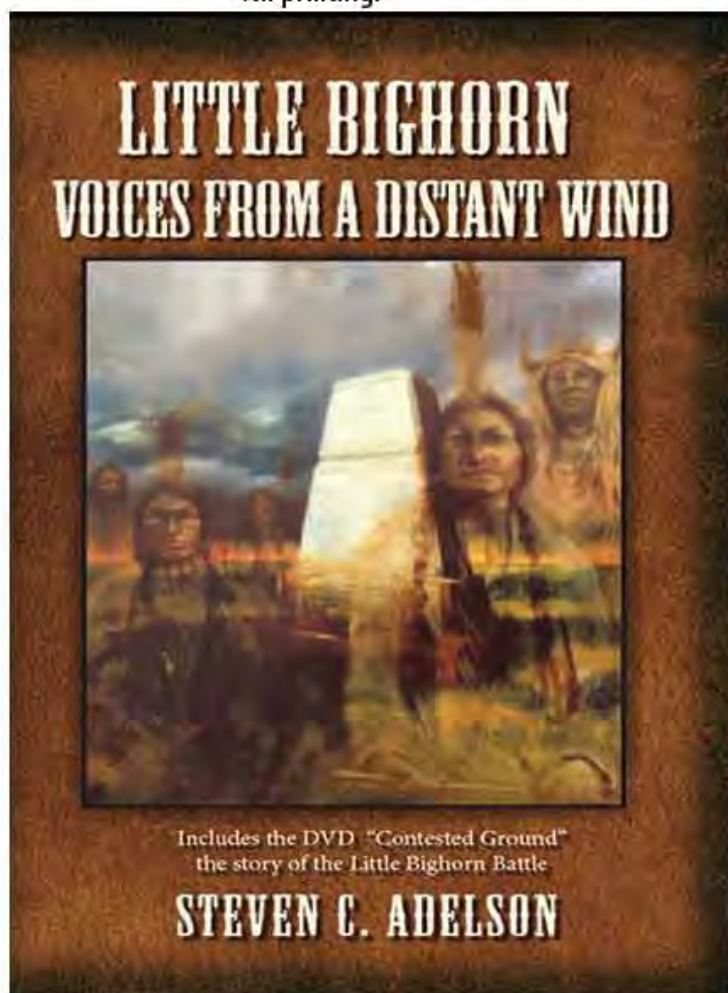
Ross Barnaclo of Montrose (81401)
Jordan Budagher of Montrose (81403)
Lily Burton of Montrose (81403)
Tyler Eckerman of Montrose (81403)
Edelawit Hoag of Montrose (81403)
Alexa Yanosky of Montrose (81401)

As the Four Corners' stronghold of academic excellence, Fort Lewis College blends small class sizes, engaged faculty, and unparalleled research opportunities to help students earn college degrees and chase dreams. Find an education to live by at FLC.

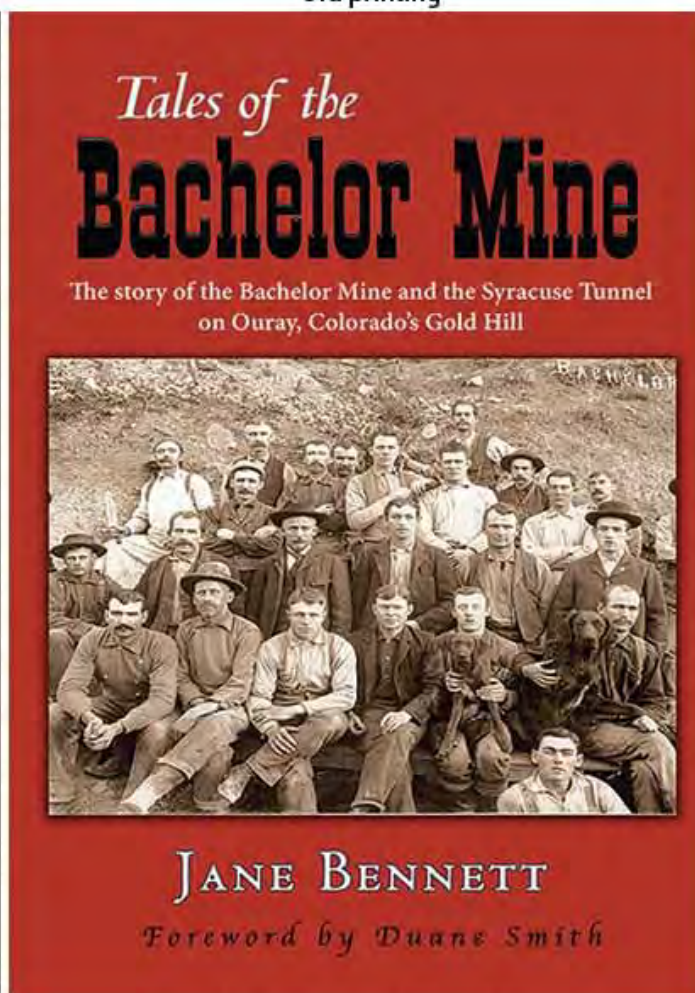
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SAVE THE DATE! LOCAL EVENTS CALENDAR

ONGOING-

BINGO EVERY FRIDAY, SATURDAY, SUNDAY AT 7pm at the American Legion Post 24 Olathe doors open at 5:30 more info call Tom 970 260 8298.

RIDGWAY TRUE GRIT WALKING TOUR Every Friday through September 2.

Arrive Hartwell Park gazebo 2:45pm, depart 3pm.

THE HEALING COLLECTIVE OF WESTERN COLORADO offers local practitioners, who focus on healing the whole being, to attend a free one-hour informative get together every first Tuesday of the month from 12p to 1 pm and every third Tuesday from 6 pm to 7 pm, upstairs at the Mother Earth store on Main Street. We support one another with our practices, business, and personal needs. For more information please contact Erin Easton at ErinKEaston@gmail.com

FREETHINKERS meet 1st Sunday of the month at 1pm. more info at 970-708-8333.

NEWCOMERS AND NEIGHBORS welcomes adults who are new to Montrose or have been here awhile, who would enjoy learning more about the area and participate in social activities. 2021-22 meeting info. Meetings will be on the 1st Wednesday of each month (January – May). 10am-11:30am in the downstairs meeting hall of Cedar Creek Church, 222 S. Townsend and S. 3rd. enter through the side door on S. 3rd St. Hope to meet you there! Contact Patti 951-544-6289 if you have questions.

THE MONTROSE GENEALOGY CENTER at 700 E. Main St. is now open Wednesday and Thursday afternoons, 1-4 p.m. or call for an appointment: 970-240-1755. Free help and resources for your family history research."

(The center is sponsored by the non-profit organization, Fore-Kin Trails Genealogical Society.)

MONTROSE FARMERS MARKET SCHEDULE

Summer Market Dates:-Every Saturday May-October 29 9 am – 1 pm

Holiday Market Dates: First three Saturdays of November and December-10am-1pm

MONTROSE ALTRUSA-1st Tuesday of the month Program meeting; 2nd Tuesday of the month committee meeting; 3rd Tuesday of the month Business meeting. Meetings are held at the Hampton Inn conference room at Noon.

MONTHLY

Aug. 26-Sept. 21- H2O Water, Ice & Snow, Featuring Fine Art Photography by Angela Moyer and Natalie Heller at the Wright Opera House 472 Main Street Ouray, CO. Opening reception Aug. 27 from 4 to 6pm.

Aug. 27-Good News for Seniors! New Senior Singles club for Montrose, Delta and surrounding communities. If you are over 65, single, active and classy come to our opening launch Aug. 27. We will meet at the Camp Robber (private room) 4PM- 6PM to get acquainted. This is an opportunity to meet new friends, do new things. For more information: <http://meetup.com/montrose-singles-over-65> and or

Aug. 27-10 a.m. – Noon – Great Community Giveaway, Lions Park, 602 N. Nevada, Montrose, sponsored by the Spiritual Awareness Center. Donations accepted beginning at 8 am. (Do not leave donations on any other day.) No large furniture items, tires, electronics, televisions, or VCR tapes please. Everything is free. We have many baby clothes and baby items to give away this time. Bring your own bags. Volunteers welcome. For more information – 970-252-0908.

Aug. 27-The 2022 Montrose Wine & Food Festival, sponsored by Alpine Bank, will be held Saturday Aug. 27, 2022 from 1 – 4 p.m. at the Montrose County Event Center. All proceeds from the event benefit the Black Canyon Boys & Girls Club. Tickets and sponsorships are available now and information can be found online at <https://www.blackcanyontickets.com/tc-events/2022-food-and-wine-festival>.

Aug 28-Fortuna Tierra Club's Log Hill Hustle 5k/10K Fun Run, Divide Ranch & Club, 8 am

Sept. 8-Ridgway Chamber Open, Thursday, Sept. 8, 1 p.m. Shotgun start. 5 p.m. Celebration BBQ. A fundraising golf tournament for local youth programs hosted by Divide Ranch & Club and organized by the Ridgway Area Chamber of Commerce. Info: [in-fo@ridgwaycolorado.com](mailto:info@ridgwaycolorado.com), 970.626.5181 or <https://ridgwaycolorado.com/news-events/events/golf>.

Sept 17- WHOLE BEING HEALTH AND WELLNESS EXPO. 9 am to 5 pm. at the Rec Center sponsored by the Healing Collective of Western Colorado. It is free to the community offering 24 classes, 30+ Educational Booths, a Silent Auction, and Food Trucks.

Sept. 17-Love Your Gorge, Saturday, September 17, Uncompahgre River Gorge, Ouray, Colo. Volunteer work day and picnic with the Ouray Ice Park and UWP. Co-sponsored by the Uncompahgre Watershed Partnership, Ouray Ice Park, and City of Ouray. Information/

Sept 24--At 4 pm on Sept. 24 don't miss the Ridgway Old West Fest/Glen Campbell Tribute Concert by Debby Campbell.

Sept. 29-30-Ouray Reconnect & Reboot, Thu. & Fri., Sept. 29 & 30: A meetup organized by the San Juan Mining & Reclamation Conference Committee. Join mining, reclamation and water science professionals, researchers, analysts, educators, policymakers, and regulators to advance mine restoration knowledge, technology and projects to benefit local water quality. This two-day event includes a keynote talk at the Wright Opera House, an open house at Ouray Silver Mines offices, happy hours, and field trips to mine restoration projects in the San Juan Mountains. Information, sponsorships & registration soon: <https://www.mountainstudies.org/sjmrc>



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MADA 50TH ANNIVERSARY FIESTA



Community members gathered on Saturday, Aug. 20 to celebrate the 50th Anniversary of the Mexican American Development Association. Mirror staff photos.



*Save a tree –
Read the Mirror!*

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