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Vontrose Mirror Issue No. 498 Sept. 12, 2022

CITY APPROVES MOU WITH VETERANS COALITION

By Caitlin Switzer

MONTROSE-On Tuesday, Sept. 6, Montrose City Council held a special meeting at noon, posted as "An executive session for a conference with the City Attorney for the purpose of receiving legal advice pursuant to C.R.S. Section 24-6-402(4)(b)." At 6pm, Council convened for the regularly scheduled city council meeting. Mayor Dave Frank opened the meeting and led all in saying the Pledge of Allegiance.

ONLINE NEWS

CALL FOR PUBLIC COMMENT ON NON-AGENDA ITEMS

Janet Chapman of the Citizens Climate Lobby spoke to Council about opportunities to implement solar power. "The new police dept parking lot is funded by PSST Public Safety Sales tax. It is wired for solar, but the funds ran out. Isn't the tax still going?" The wastewater treatment plant was



Prior to the regular City Council meeting of Tuesday, Sept. 6, three new officers were sworn in to the Montrose Police Department from the initial class of the Western Colorado Law Enforcement Academy. New officers are Dante Bertorello, Nathan Irick, and Syla Rexhepi.

BOCC PROCLAIMS SEPTEMBER SUICIDE PREVENTION MONTH

By Caitlin Switzer

MONTROSE-All commissioners were present as the Montrose Board of County Commissioners (BOCC) convened for a regular meeting on Wednesday, Sept. 7. BOCC Chair Keith Caddy called the meeting to order; all joined in saying the Pledge of Allegiance.

COUNTY MANAGER

County Manager Jon Waschbusch had no changes to the meeting agenda.

PUBLIC COMMENT PERIOD

Nick Orros of Delta County spoke during the Public Comment Period. Orros previously addressed the Board at the meeting of Aug. 3, regarding <u>an agenda item</u> from July 6--the Conrad Subdivision proposal to address the legal description of retained land that was a part of the Eagle Heights Subdivision at Parcel 376522203002. Orros expressed concern about the protocol of the



On Sept.7, Montrose County proclaimed September to be Suicide Prevention Month. At left, Darcy Johnson of the Tri-County Health Department encouraged all community members to use the tools available to them, including teletherapy. Meeting screenshot.

Continued pg 30

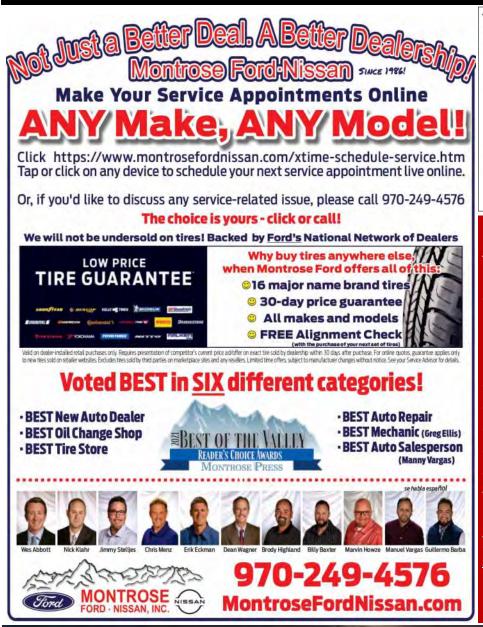
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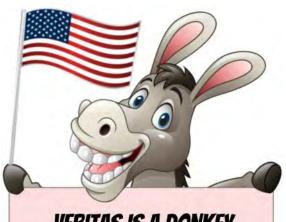
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BOSOM BUDDIES ADDS EVENTS TO ANNUAL WALK/RUN A Full Morning of Fun To Celebrate 30 Years Of Giving

By Patti Powell Special to the Mirror

MONTROSE-The Bosom Buddies Walk/Run is turning 30 and, to mark the occasion, the breast cancer support group is expanding its annual fundraiser to include a full morning of fun.

Saturday, October 8th at the Montrose Pavilion, Bosom Buddies is adding a Cornhole Toss, Pink People Costume Contest, Pooches In Pink Contest, and a silent auction to the usual Walk/Run schedule.

"We are so grateful to have had so many years of support from everyone in our service area, so we decided to throw a party," said Bosom Buddies President Phyllis Wiesner. "We are hoping for an especially big turnout, so we are encouraging everyone to pre-register online or download and mail in a registration form from our website

www.bosombuddiesswc.org."

Walk Chairperson Denise Distel emphasized the annual Walk/Run has become a tradition. "For 30 years, residents of Montrose, Ouray and San Miguel Counties have come to show support to those with a current diagnosis, to salute survivors, and to remember those who were lost to breast cancer. We decided to make this year's event a celebration for all." Board Member Kim Jones is organizing the Cornhole Toss which will begin when the doors open at 8am for check-in and same-day registration. "We plan to ask for a \$1.00 donation per bag. Anyone sinking a bag will have their name put into a hat. At the end of the morning, we'll pull a name, and that person will win a Camp Chef pellet grill/smoker donated by Murdoch's Ranch Supply. So, the more times



you play, the better your opportunity to win."

Opening ceremonies will begin at 9am followed by a Pooches In Pink Pet Parade. "We always have so many dogs dressed in pink come with their families," said Distel. "They get lots of attention and one lucky pooch will win a gift certificate from Chow Down Pet Supplies."

A Pink People Costume Contest will then be emceed by Kim McGehee of SheShe Boutique who will be giving a gift certificate to the winner.

"This will be set up like a fashion show so the more pink you wear, the better," said Distel.

The Walk/Run will start a little later than usual said Distel and will take the usual route which will bring everyone back to the Montrose Pavilion. "We hope many of the folks stick around for the rest of the morning. We'll have food trucks, music and, of course, the Cornhole Toss and silent auction will continue throughout the morning."

Wiesner added, "It's important for everyone to know that all funds raised by Bosom Buddies are spent locally to help locals affected by breast cancer – that's your family, friends, and neighbors. We offer medical financial assistance to those who qualify along with free wigs, scarves, hats, and prosthetics. We also award educational scholarships to survivors and to the children of a parent or guardian who has ever been diagnosed with breast cancer." To register for the 30th Annual Walk/Run and for more information on the services offered by Bosom Buddies, visit their website at www.bosombuddiesswc.org.

Style to boot. The Mirror

Page 6

REGIONAL NEWS BRIEFS

MONTROSE SINGLES OVER 65

Special to the Mirror REGIONAL -Are you new in our area or interested



in making new friends or doing new things? Are you single, unattached, active, and like to socialize with the opposite sex?

Check out the new active, social singles club! You must be able to use the internet and be 65 or older. When you join, you will also be welcome to our Grand Junction club, \$20 a year, This is a private, gender-balanced Social club, not a dating site (but some do!) We have a lot of ideas, but we need you! We will go dancing, concerts, bowl, ski, movies, pot lucks, happy hours, etc. Join us, this club will Rock! <u>meetup.com/montrose-singles-over-65</u>

Week of Unity & Peace

World Peace Day and Unity Week , September 17-25

The Youth Services Department is hosting an art exhibit from Peace Pals International to celebrate the Week of Unity and Peace from September 17-25.



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MIRROR **CLASSIFIEDS: LEGAL NOTICES**

PUBLIC NOTICE: An auction of the contents of the following unit will be held at Mesa Storage, 63497 Spring Creek Rd, Montrose, CO 81403 on Thursday, September 15, 2022 at 10 AM.

10x10. Zac Zietlow, Ridgway, CO, Items include, but are not limited to misc. Furniture, including chest of drawers, night stands, bed and frame, sofa and chair, Weight Equipment, Household items and other misc.

The unit will be sold as one lot. Sealed bids can be mailed to Mesa Storage Rentals, P.O. Box 84, Montrose, CO 81402 or emailed to mesastorage@montrose.net and must arrive prior to end of day on September 13, 2022. Bids will be disclosed at the Auction at the facility on September 15, 2022 at 10 AM and are subject to outbid by auction attendees. Pictures of the units' contents are available at https:// mesastoragerentals.com.





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PROJECT OPEN HOUSES WILL BE SCHEDULED FOR WEST MAIN REVITALIZATION



At the Montrose City Council work session of Sept. 6, Council heard information on the West Main Revitalization Traffic Study. Project open houses are upcoming.

By Caitlin Switzer

MONTROSE-Due to the Labor Day Holiday on Monday, Montrose City Council gathered for a regular work session on Tuesday, Sept. 6. Mayor Dave Frank opened the session. Councilor Doug Glaspell was not present. DISCUSSION ITEMS

City Engineer Scott Murphy presented an update on the <u>Chipeta Road signalization</u> project, and Council spent time in discussion.

"I'm really excited," Mayor Frank said, noting that cost is significantly lower than originally budgeted. "That's pretty exciting for me, that we've actually come in under where we expected."

There is a chance the project may be done by year's end, Murphy said. "...In a perfect world, if all the stars align, the work will be done by the end of this year."

There will no lane closures on Chipeta or Townsend, "You might see lane shifts or lane closures."

The City's financial share will be \$358K. Frank asked Murphy whether the upcoming signalization at the Airport would follow basically the same model.

No Intergovernmental Agreement (IGA) is in place yet, but City and County have verbally discussed the Airport Terminal Expansion project, Murphy said. "...I won't expect to see that one for a couple years," he said. "Right now, as it sits, we're planning to follow a similar model. They would be the lead because it is prompted by their project at the Airport there."

Background-A memo from Murphy to Council states, "In April of 2021, Montrose County and the City of Montrose entered into an intergovernmental agreement (IGA) to design and construct a traffic signal at the intersection of Chipeta Road and US Highway

550. Through this IGA, the cost for design and construction of the signal will be split 60 percent County, 40 percent City. This signalization is in response to increased traffic volumes that have been building over the years at the intersection, recently reaching a level that meets signal warrant trigger levels. Primary stakeholders for this project include the Colorado Department of Transportation (CDOT) as the owner of the Highway 550 right of way, Montrose County as the owner of the Chipeta Road right of way, and the City of Montrose as a contributor of traffic to the intersection. Montrose County will serve as the project and contracting lead for the project. CDOT has served as the primary permitting agency. In 2019, CDOT completed an (updated) access control plan for this reach of Highway 550 which included plans for the eventual signalization of its intersection with Chipeta Road. Reports and data from this access control plan are available for download at www.tinyurl.com/ US550ACP More recently in 2020, a traffic impact study (TIS) was completed for a proposed development alongside Chipeta Road near the Cobble Creek golf course. This TIS included evaluations of the Chipeta/550 intersection, a review of collision data, and identified that signal warrants appear to be met at this time. Reports from this TIS are available for download at <u>www.tinyurl.com/</u> ChipetaTIS. Montrose County, in partnership with the City of Montrose, selected HDR Engineering to perform the signal design through a competitive procurement process in May of 2021. The design is complete and has been approved by CDOT."

Murphy also presented information on the West Main Revitalization Traffic Study Results and Public Outreach. The city received \$2M from CDOT for the revitalizing Main Street, Murphy said. The goals are to improve sidewalks and ADA access. "Widen the sidewalks, creating more of an entrance to the city," Murphy said. "...Improving the aesthetics of the area to just improve the look and feel and create more of a vibrant atmosphere for business." The city will contribute \$500K and some water line replacement.

Traffic levels at the intersections will drive what can and cannot be done. "We looked at modeling the road diet throughout the corridor, and it just plain doesn't work from a volume standpoint," Murphy said. "We project volume growth on West Main and more so on Grand." He discussed various possibilities, including exchanging on-street parking for bike lanes. The grant creates a framework for future improvements.

"The next step...we're looking to do targeted outreach to all the businesses and some public open houses...we hope to meet with every single business owner along there individually...we do still need feedback." Landscaping, seating areas and lane widths are items to be considered. Bike lanes will be set to a six-foot minimum but could be reduced to five. No additional crosswalks will be added.

Mayor Frank said that it is important to remember that West Main is a CDOT highway.

Councilor Ed Ulibarri asked about plans to revitalize the East part of Main Street. Murphy said there are no immediate capital plans, "...I think it kind of comes down to prioritization and bang for the buck...I think there will at some point in my career likely be a complete revitalization of standard Main Street, at least up to Junction." Beyond that will depend on capital, council directives, community priorities, and money. Main Street improvements are expensive, he said.

Mayor Pro Tem Barbara Bynum asked about improved access to the trail beneath West Main. "It seems like there could be slightly better access on the North side...right now isn't there just a dirt slope? Could we look at making that better?"

When parking is developed on the North side will be the appropriate time to make the improvements, Murphy said. There is useable land.

There will be project open houses scheduled over the next month and half. "There's a lot of great choices to make as far as how we make thing look," Murphy said. Groundbreaking for utility elements is tentatively scheduled for winter of 2023, pending CDOT approvals. City Clerk Lisa DelPiccolo presented an application for a Special Events Alcohol Permit for a Dinner on Main Event. The permit will be placed on the Consent Agenda for the regular meeting of Sept. 20. Bynum asked Utilities Manager David Bries about "partnering" with Community Options to paint city fire hydrants. Bries said specialized paint is required, and he has reached out to a Grand Junction contractor. Murphy said that CDOT has finished overlay work on Townsend.

With no further business the work session was adjourned.



Week of Unity and Peace September 17—25

Saturday, September 17— Community Drum Circle, 11:00 am, at Riverbottom Park, family fun, bring your lunch.

Sunday, September 18—Pray for Peace Sunday.

Wednesday, September 21—International Day of Peace, Peace Meditation, 5:30 pm, Riverbottom Park, bring your own chair.

Thursday, September 22—Peace Prayer Gathering, Noon, Peace Pole in Ute Indian Park, Flags of All Nations Ceremony. Bring your drum and your prayers for peace on earth.

Friday, September 23—Peace Dinner at Guru's Restaurant, 6:00 pm, Western Colorado Friends of the Himalayas Annual Peace Awards. Reservations—970-252-0908.

Saturday, September 24—Culture Fest, 10:00 am to 4:00 pm, Ute Indian Museum, cosponsored by Hispanic Affairs Project and Ute Indian Museum. Food, family, fun, art, music, dancers, celebrating our diverse cultures.

Dedication of new Peace Pole at Ft. Uncompany pare, 11:30 am, in Delta.

Sunday, September 25—Montrose Day of Peace.

Children's Peace Art Show at the Montrose Library—all month—free peace coloring sheets for children to take home.









AWARENESS CENTER One Get Man



WOMEN'S GIVING CLUB OF MONTROSE GIVES \$276,800 TO DATE

Special to the Mirror

MONTROSE-The Women's Giving Club of Montrose is pleased to announce that the total amount provided to non-profits in this area has now reached \$276,800. Since 2017 the group has been making this magic happen. Open to all women who are interested in supporting local non-profit

organizations, members make \$100 donations at their quarterly meetings. When the donations are combined, the group makes gifts that have a significant impact. The recipients so far this year have been The Dolphin House (\$13,600 to kick off their capital expansion campaign), San Juan Health Care (\$13,600 to be put to-

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ward PET Scanner) and Faultless, Inc. (\$10,100 – a new organization whose goal is sexual assault education and prevention.)

The next meeting is Nov. 7, 5:30 p.m. at The Bridges. Come see for yourselves the power of combined giving as you meet other like-minded women. Everyone who attends may nominate their favorite charity. Could the next winner be you? More information is available by contacting the club at GIVINGCLUBOFMONT-ROSE@GMAIL.COM or call 970-209-9598. Members do not need to attend the meetings to donate. Their \$100 checks may be mailed to the club at P.O. Box 1403, Montrose, CO 81402. Members of the steering committee are Phoebe Benziger, Sue Hansen, Kristy Barrett, Sarah Fishering and Diane Brueske.



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OPINION/EDITORIAL: LETTERS

IT IS INSPIRING TO READ THE WORDS OF ONE EARLY BLACK MEMBER OF OUR COMMUNITY

Dear Editor,

Thank you so much for printing the valedictorian speech of one of the first black girls to grow up in Montrose, Bertha Pitts, in the Sept. 5 issue of the Montrose Mirror. The speech "Injustice to the Negro" from 1908 displays the amazing talents, insights and courage of the writer. I was moved by the depth of Pitts' words and the cruel circumstances endured by people of black skin in those times. In Montrose, where the black population is still tiny and black visitors almost as absent, it is inspiring to read the words of one early black member of our community that may lead to better understanding for all. Recognizing painful history is a difficult but necessary step in creating opportunities for justice, empathy and true equity for people of all colors and backgrounds. Sincerely,

Tanya Ishikawa, Colonna

WEST NILE VIRUS **PREVENTION TIPS**

Use insect repellents when outdoors. Repellents containing DEET, Picaridin, and IR3535 have the best protection.

> Limit outdoor activities at dawn and dusk, when mosquitos that carry West Nile are most active.



Wear protective clothing (long pants, long sleeved shirts and socks). Spray clothes with insect repellent.



Drain standing water around your house often. Empty water from tires, cans, flowerpots, clogged gutters, rain barrels, birdbaths, toys and puddles. Also install or repair screens on windows and doors.





In the upcoming weeks, I'll share my vision for the western slope to help you make an educated decision when you cast your ballot in November. I will work hard to earn your vote and represent you in Denver!









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FALL FERTILIZATION OF CITY PARKS TO BEGIN SEPT 12

Special to the Mirror

MONTROSE — The City of Montrose's Parks Division will begin its annual fall fertilization of city parks with a new organic liquid fertilizer beginning Monday, September 12.

According to City of Montrose Parks and Special Projects Superintendent Daniel Payne, traditional chemical fertilizer prices have skyrocketed over the last few years, and the initial inrush of nitrogen caused by these products makes it difficult for parks crews to keep up with maintenance.

"Because of costs, the Parks Division has decided to go with an organic fertilizer this Growth, can be found at year. The organic fertilizer, made from food scraps, will save the city about half of what traditional fertilizer would cost and the nitrogen added will be a slow release so parks crews can manage the growth but keep the grass green," Payne said. Following the fertilization, parks crews will apply another product that uses microbes to help break down thatch and provide more nitrogen to the turf. More information about the two products it CityofMontrose.org.

that will be used, WISErg and Quantum www.rockymountainbioag.com. Payne said park patrons who see the large sprayer operating in city parks beginning the week of September 12 should remember that it is applying an organic fertilizer with no harsh chemicals. For more information contact City Hall at 240.1400. More information about city parks can be found here. For more city news vis-

Remington's

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The Beast Burger is the king of the new menu at Remington's. This monster burger is a half pound of Waygu Beef, Bison, Elk, and Wild Boar, flame grilled to your liking, served with chipotle mayo, caramelized onions, and white cheddar cheese, plus lettuce, tomato, and red onion. Served on a

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The new Cobb Salad a meal by itself

CITY APPROVES MOU WITH VETERANS COALITION From pg 1

was wired for solar 12 years ago, she said, adding that Tyler Mc Dermot of Western Colorado Alliance and Kevin Williams of the Delta Montrose Electric Association (DMEA) board and Western Organization of Resource Councils (WORC) are looking at new sources of Federal funding. The next meeting of the Citizens Climate Lobby will be Sept 12.

APPROVAL OF MINUTES

Council voted to approve minutes of the August 15, 2022, special City Council meeting and the August 16, 2022, regular City Council meeting.

ORDINANCE 2594-FIRST READING

Following a public hearing, Council voted to adopt Ordinance 2594 on first reading, extending the temporary moratorium to prohibit the establishment of any new or relocation of existing adult gaming arcade uses within the City limits of the City of Montrose; providing that the moratorium shall be in effect for a period which shall terminate at the earliest of the City's adoption of an amendment to Title 4, Chapter 14 Adult Business Regulations, or the expiration of seven hundred thirty (730) days from date of passage of emergency Ordinance 2560; providing for legislative findings, intent, and purpose; providing repealing clauses; and providing an effective date.

A redlined version of Ordinance 2594 is included in the meeting packet.

ORDINANCE 2595-FIRST READING

City Attorney Ben Morris and Assistant City Attorney Chris Dowsey discussed updates to cross references and stale language concerning fines; following a public hearing, Council voted unanimously to adopt Ordinance 2595 on first reading. A redlined version of Ordinance 2595 was included in the meeting packet.

ORDINANCE 2596-FIRST READING

Following a public hearing, Council voted to adopt Ordinance 2596 on first reading, amending Title 5 Chapter 12 Sections 1, 2, 3, 5, 7, 8, 9, and 10, to reflect recodifica-

tion of certain sections of the Colorado Revised Statutes. The reasoning behind the ordinance was similar to the previous one. A redlined version of Ordinance 2596 was included in the meeting packet. MEMORANDUM OF UNDERSTANDING WITH MONTROSE VETERANS MEMORIAL COALITION

Montrose Veterans Coalition President Mike Trickey was present. Councilor J. David Reed recused himself due to a potential conflict as he represents the parties involved. With Reed recused, Council voted to approve a Memorandum of Understanding between the City of Montrose and the Montrose Veterans Memorial Coalition for the creation of the Montrose Veterans Plaza within Cerise Park. The creation of the Veterans Plaza at Cerise Park was previously discussed in work session. Construction documents are included in the meeting packet.

Trickey spoke to Council and said it has been three years since he first met with City Manager Bill Bell. "...We've come a long way, it's been quite a journey for us...the one thing I'm most proud of...that is the development of the Montrose Veterans Memorial Coalition...made up of all the service groups in town...we are also incorporated into a 501c3 as well...the goal is this plaza...but also future projects here that will also benefit the City as we go forward with this group. Thank you for this evening and wish us well."

Veterans of Foreign Wars Post 784 post **Commander and Coalition Vice President** J. Bob Brueske also spoke, "...Your help would be appreciated," he said.

Mayor Frank said that two members of Council are veterans. He thanked the Coalition for their efforts. (Frank and Ulibarri are veterans).

Councilor Ulibarri thanked the members of the coalition as well.

COUNCIL CHAMBERS DIAS CONSTRUC-TION CONTRACT AWARD

Council considered approving a construc-

tion contract award to Stryker & Company, Inc., in the amount of \$237,519.49, for completion of the Council Chambers Security Improvements Project.

Councilor Reed recused from consideration and vote due to his attorney client relationship with Stryker & Company. City Public Works Manager Jim Scheid discussed details of the project and its background, which has been discussed previously in work session. "There's a lot of moving pieces in this building," he said. "...Trying to relocate every use in this room is complicated," he said. Construction will take approximately 12 weeks. There will be new paint and carpet through the building. IT Manager Greg Story said technology updates are nearly complete.

With Reed recused, Council voted to approve the contract award.

Councilor Reed rejoined Council for staff reports.

STAFF REPORTS

There were no staff reports. **COUNCIL COMMENTS**

Mayor Frank said that Council saw three new police officers sworn in prior to the meeting, the initial first class of the Western Colorado Law Enforcement Academy, a cooperative effort between the City and Colorado Mesa University (CMU). Frank praised the Montrose Police Department and thanked those in charge. A number of officers served as instructors and trainers, and the City legal staff helped as well. Every member who applied for POST certification passed the exam. Mayor Frank called the Western Colorado Law Enforcement Academy a "not only a success, but a glowing success."

"We're setting the bar awfully high," he said, "I have absolute confidence in our abilities to surpass that."

With no further business, the meeting was adjourned.

"Thank you all for coming," Frank said.

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Elizabeth Clark LPC Counselor Seeing the wonders and concerns the cyber world holds for our children, families, and community.



Dr. Anna Mueller Researcher How social environments in communities, schools, and among peers contribute to vulnerability & emotional

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Dr. Aixa Powell International Consultant Finding support and connection in community



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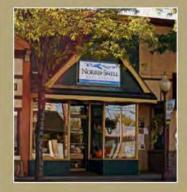
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COLORADO NEWS BRIEFS

MCSO ARRESTS SUSPECT ON SECOND DEGREE MURDER CHARGES

Montrose County Sheriff's Office

MONTROSE-On Sept. 5 around 9am, West CO Dispatch received a call reporting an individual with a gunshot wound in the 15000 block of O74 Road east of Montrose. First responders were dispatched to the scene and located a male victim who was deceased. After further investigation, deputies were able to make contact with the suspect, Mr. Miller, via telephone as phone service in the area was poor. The suspect returned to the scene and was taken into custody.

Deputies arrested Mark Miller, 64, of Montrose, Colo., for second degree murder. Mr. Miller is being held on a \$75,000 bond in the Montrose County Jail.

"If anyone has additional information about this incident, they are encouraged to contact the Montrose County Sheriff's Office at 970-252-4023," said Montrose County Sheriff's Office Patrol Commander Ty Cox.

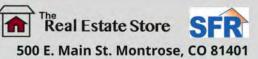
The victim is identified as Jonas Najar Junior, a 41-year-old male from Olathe, Colo., by Montrose County Coroner Rick Fellabaum. At this time, the cause and manner of death are under investigation by the Montrose County Coroner's Office and an autopsy is pending. The incident is under investigation by the Montrose County Sheriff's Office and the Colorado Bureau of Investigation.

HAVE YOU MISSED MORTGAGE PAYMENTS AND NEED HELP?

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Michelle Klippert | SFR Broker/Owner C: 970-275-3016 O: 970-249-7653 michelleklippertrealtor@gmail.com







Alpine Bank will reimburse teachers for school supplies for their classrooms, up to \$200, before November 1, 2022!¹¹

As a speech-language pathologist for MCSD, I travel to multiple schools throughout the district and visit home-bound students who are unable to attend school in person. I have used funds from Alpine Bank to purchase therapy materials that are easy to transport and applicable for students of all ages and developmental abilities. Thank you for your support, Alpine Bank!





Every time you use your EDUCATION Loyalty Debit Card^[2], Alpine Bank donates 10 cents to local schools, education and enrichment programs.

[2] Alpine Bank debit cards are available with no annual fee to individuals with an Alpine Bank checking account.

Contact: JaneMarieAmundson@alpinebank.com or 970.615.8171

[1] In order to be reimbursed you must have an existing account or open a new account with Alpine Bank and currently be employed as a teacher with the Montrose or Delta County School Districts. Reimbursement will be made within two weeks of presentation of valid receipts dated between 8/1/2022 – 11/1/2022.



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MT. EMMONS LAND EXCHANGE OPPORTUNITY TO COMMENT Comment period open Sept. 1 through Oct. 17

Special to the Mirror

GUNNISON — The Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests is seeking public comment on the proposed Mt. Emmons land exchange. In this proposal, the U.S. Department of Agriculture, Forest Service, would exchange three parcels of Federal land totaling 550 acres adjacent to the Keystone Mine approximately 3 miles west of Crested Butte in exchange for up to four parcels of land owned by the Mt. Emmons Mining Company (MEMC) totaling 646 acres located in Gunnison and Saguache counties. The U.S. Forest Service will hold an open house Wednesday, Sept. 14, at the Crested Butte Town Hall located at 507 Maroon Ave., Crested Butte, CO from 4 p.m. – 6 p.m. "I am pleased to partner with the Town of Crested Butte, Gunnison County and MEMC in seeking to address the decadesold concern of a large-scale mining operation in close proximity to Coal Creek, the town, and the heavily used recreation areas served by the Kebler Pass Road," said Chad Stewart, GMUG Forest Supervisor. "I invite comments on the proposal to ensure we address all key issues." For detailed project information, maps



SOAP BOX

and to submit electronic comments visit the project website.

Comments may be mailed to: GMUG Forest Supervisor's Office, Attn: Niccole Mortenson–Mt. Emmons Land Exchange, 2250 S. Main Street, Delta, CO 81416. All comments will be accepted through Oct. 17, 2022. The Forest Supervisor intends to use a categorical exclusion to implement NEPA so this will be the only comment period. Resource studies are on-going and the appraisal process will begin soon. The land exchange is anticipated to be completed early 2023.

For information and updates on current fire restrictions, conditions, and recreation opportunities on the Grand Mesa, Uncompangre and Gunnison (GMUG) National Forests visit the <u>forest website</u>. Connect with us on social media (<u>Twitter</u> and <u>Facebook</u>).

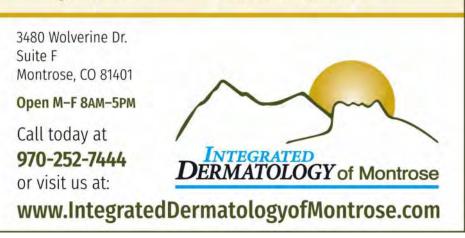


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RESIDENTS URGED TO PROTECT THEMSELVES FROM WEST NILE VIRUS

Special to the Mirror

MONTROSE— Over the weekend, Montrose County Public Health confirmed its second and third deaths of people from West Nile virus complications. Montrose County's West Nile virus cases are continuing to rise and currently account for 30 percent of the state's total West Nile virus cases per <u>Colorado Department of Public Health and Environment's state data</u>. At this time, the county has 19 cases of West Nile virus, which is just one shy of the county's highest total in the past ten years. Additionally, the severity of the cases continues to be greater than previous years as West Nile virus can cause life-threatening illnesses such as encephalitis, meningitis, or meningoencephalitis.

"There has been a concerning increase in the amount of West Nile virus cases," said Montrose County Communicable Disease Coordinator Lisa Gallegos. "The increase in cases is believed to be related to the additional precipitation the area received this summer. Cases vary from people who are camping, golfing, visiting the park, or spending time in the backyards at their homes—

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the important thing to note is that mosquitos are present at several different places and taking precautions will help reduce your risk."

Montrose County Public Health has dunks, mosquito larvicide, available free of charge for people to start on controlling mosquito reproduction in standing or stagnant water. They are available while supplies last at Montrose County Public Health at 1845 South Townsend Avenue during business hours. Dunks are also available for purchase at local retailers.

Most people infected with West Nile virus don't have symptoms. About 20 percent of infected people will have flu-like symptoms, and fewer than 1 percent develop a serious, potentially deadly illness. People over age 60 and those with certain medical conditions are at greater risk of serious illness. See a health care provider if you develop severe headaches or confusion.

Due to the increase in cases, the Colorado Department of Public Health and Environment and Montrose County Public Health urge community members to protect themselves. Stated below are precautions to take this summer while outside and in areas where mosquitos are active.

To protect yourself:

Use insect repellents when you go outdoors. Repellents containing DEET, picaridin, IR3535, and some oil of lemon eucalyptus, and para-menthane-diol products provide the best protection. Follow label instructions.

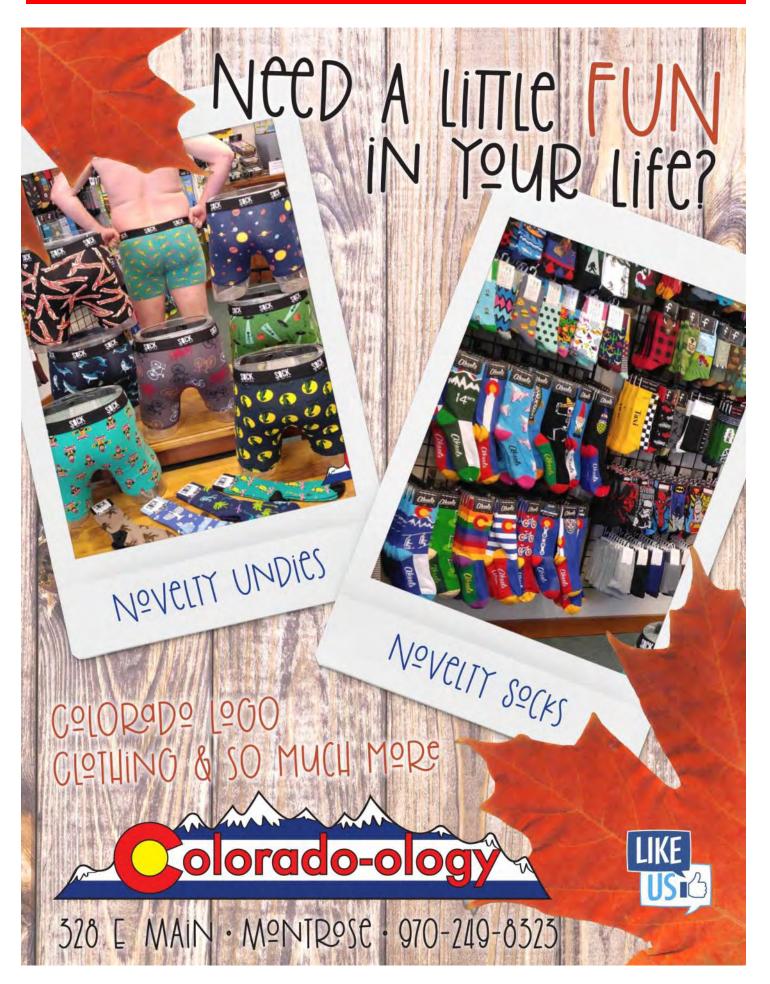
Limit outdoor activities at dusk and dawn, when mosquitos that carry West Nile virus are most active.

Wear protective clothing (long pants, longsleeved shirts, and socks) in areas where mosquitoes are active. Spray clothes with insect repellent for extra protection.

To mosquito-proof your home: Drain standing water around your house at least once every week. Empty water from tires, cans, flowerpots, clogged gutters, rain barrels, birdbaths, toys, and puddles. Use mosquito larvicide in standing water areas as possible.

Install or repair screens on windows and doors.

Replace outdoor lights with yellow "bug lights". These attract fewer mosquitos. These do not repel mosquitos, just limit the amount. For more information, visit the state's <u>West Nile virus web page</u>.



US50/550 MONTROSE RESURFACING PROJECT COMPLETION UPDATE

Special to the Mirror

MONTROSE-The Colorado Department of Transportation and contractor partner, United Companies, have completed the resurfacing of US Highway 50 from mile point 86 at Harvest Road to MP 90.7 just north of the San Juan Bypass, and US Highway 550 from MP 126.4 at Otter Road to MP 130.1 just south of the San Juan Bypass in Montrose. Additionally, resurfacing was also completed on the frontage roads beginning at Harvest Road all the

way to the intersection of La Salle Road and US 50.

This project has improved the driveability for motorists on these busy stretches of highway in Montrose County. Additional project work included loop detector installation, epoxy pavement marking, rumble strips, delineators, bridge joint repair, and installation of a median area inlet. "We appreciate the efforts of CDOT to revitalize Townsend Avenue through Montrose. CDOT and their contracting

team were a pleasure to work with and our community is loving the improved look and smooth ride this project has brought," said Scott Murphy, City of Montrose engineer. Stay Informed and Connect with the Project Project information is available at: Phone: 970-316-1145 Email: <u>us50.550overlay@gmail.com</u> Project Webpage: <u>https://</u> www.codot.gov/projects/us50-us550montrose-overlay

READY TO MAKE SOME NEW MEMORIES?

Does an empty nest filled with old memories have you thinking it may be time to move? If this sounds like you, give me a call today. I'll help make this next step easy by getting a great price for your current house and finding you the perfect home to create new memories! Call me or text me today. I'm ready to help you get started. I am your local Certified Residential Specialist!



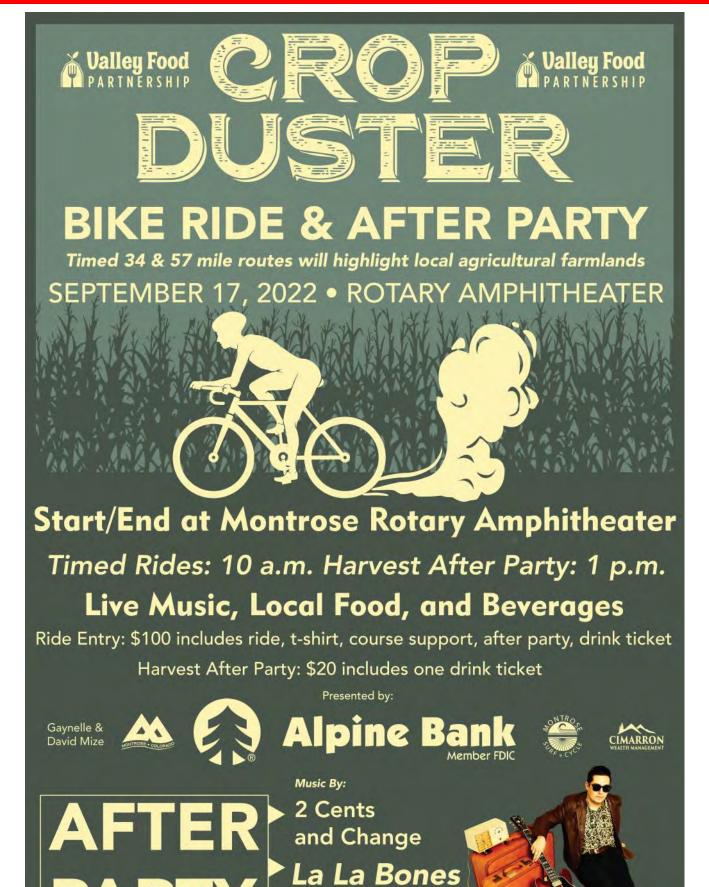
Leslie Gore | CRS Associate Broker C: 970-275-3195 O: 970-249-7653 lesliegorerealtor@gmail.com



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WEST SOUTH 4TH STREET WATERLINE WORK UNDERWAY

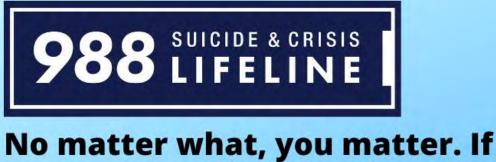
Special to the Mirror

MONTROSE— On Wednesday, Sept. 7, crews with the City of Montrose's Utility Department began replacing a water main on West South 4th Street near the intersection with Grand Avenue.

Aging infrastructure along with recent water main failures have contributed to the rapid response for this project to be completed.

Detours will be in place for access to West South 4th street with local access only. Installation of the new water main is expected to last two weeks. Customers can expect short water service disruption when switching over to the new water main after installation.

Questions regarding this project can be directed to John Zarkis Water Distribution Team Leader 970.240-1444 or David Bries Utilities Manager 970.240.1484.



No matter what, you matter. If you're struggling emotionally or thinking about suicide, call or text 988.

We are available 24/7/365 and want to help you through this.



988LIFELINE.ORG

COLORADO NEWS BRIEFS

PACK FOOD SAFETY ON YOUR NEXT HIKE OR CAMPING TRIP

Special to the Mirror

COLORADO-Hiking and camping are perfect weekend activities, and there's something special about enjoying a meal while admiring nature. To ensure your experience stays foodborne illness free, follow these food safety tips.

Avoid the "Danger Zone"

Bacteria multiply rapidly between 40 F and 140 F, aka the "Danger Zone." If you're packing perishable foods, keep them cold (below 40 F) by using a cooler or insulated container with cold sources like ice, gel packs, or frozen water bottles. Follow the 2-hour rule and don't leave your perishables at an unsafe temperature meat and poultry must reach a safe mini-

above 40 F for more than 2 hours, or 1 hour if it's a hot day (above 90 F). This also are safe to eat. applies to most sandwiches! **Clean Hands**

It's important to clean your hands when handling food. Washing hands with soap and water is the most effective, but if you're hiking or preparing food at a campsite without easy access to running water, have hand sanitizer (at least 60 percent alcohol) or moist towelettes available.

Use a Food Thermometer

Grilling burgers over the campfire? Make sure to pack a food thermometer. All raw mum internal temperature before they

Cook burgers made with ground beef, pork, veal or lamb to 160 F, and poultry burgers to 165 F as measured by a food thermometer. Cook whole cuts of beef, pork, veal or lamb to 145 F with a 3minute rest time, fish to 145 F, and all poultry to 165 F.

Plan Ahead

Have questions about how to best prepare for your hiking or camping adventure? Call or email the USDA Meat and Poultry Hotline to get advice from a food safety expert: 1-888-MPHotline (1-888-674-6854) or MPHotline@usda.gov.



No importa qué, tú importas. Si tiene problemas emocionales o está pensando en suicidarse, llame o envíe un mensaje de texto al 988.

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OPINION/EDITORIAL: LETTERS

HOW CAN AMERICA SURVIVE OVER TWO MORE YEARS OF BIDEN?

Editor;

First, I need to correct an error I made in my letter last week. I mistakenly stated the security wall around Biden's mansion is costing the taxpayers \$500 million. The actual cost is around \$500 thousand. Sorry for the error. But this leaves the question still unanswered, "Why are we the taxpayers stuck with paying for a wall around Biden's private, luxurious mansion anyway? He's a \$multi-millionaire and didn't get rich on government wages! His lying administration says walls don't work anyway! It's estimated Biden's net worth to be well over \$8 million. And it's on record he made \$17.3 million just during the four years he was out of office! How did he make that kind of money unemployed? Corruption maybe? Business deals with Communist China are apparently extremely lucrative and long-lasting! Isn't it amazing how Joe and Hunter can get by with collusion with Communist China? And the whole Democrat party ignores it. Where are the impeachment hearings? They impeached President trump on Democrat made-up collusion lies, but they won't impeach Biden on easily obtained proof of collusion with Communist China. Who votes for these people anyway? Where is their patriotism? Where is their common sense? Where is their fairness? Did Joe and Hunter pay their, "FAIR SHARE" of income taxes on those \$millions? HA ! Maybe one of his new IRS agents will investigate them in their spare time! HA, HA! The corruption is breathless!

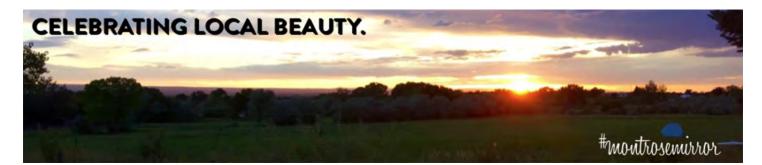
Here at the anniversary of 9-11 the nation expects the president to give patriotic speeches reflecting on our losses and a tribute to bravery. But sadly, the world will not be listening to Biden. They know

Biden cannot be trusted with his word and tion when he can harass Americans for all they need to do is watch Biden's actions. World leaders have seen all they need to see with Biden's surrender of American forces in Afghanistan; with his despicable donation of America's best military equipment worth \$80 BILLION to our enemy, the Taliban. Biden has taken us right back to where we started in Afghanistan. American lives were given for nothing. Now the Taliban has our best military equipment to prepare for the next 9/11. The world is watching and laughing while Democrats are obsessed with ensuring men can compete in women's sports. They are busy telling the world that men can have babies and the world is laughing! They see crime levels not seen in 40 years. They see major Democrat cities went from mostly safe and clean to terrifying and toxic. And the world is laughing! They see our Army has met only 50% of its recruitment targets. They see the anemic recruitment to the stereotyping and targeting of middle-class white males. And the world is laughing! They see the diversity, equity and mind conditioning of the candidates. And the world is laughing! They see the war Biden declared on the U.S. oil and gas industry on day one of his presidency. And then they see Biden sell what oil we have left in our reserves to the Chinese Communists! And the world is laughing! They see our efforts to cut back on fossil fuels for a phony "greener" future. And the world is laughing! Of course Joe Biden isn't worried about the damage done to middle class workers from his green agenda and ignores China and India emitting record amounts of pollution. Why mess up \$multi -million business deals with Communist China by complaining about their pollu-

that? They see our military personnel fired for refusing to submit to the dangerous Covid shots. And the world is laughing! They see Americans suffering a collective \$3 TRILLION stock loss in retirement accounts. And the world is laughing because President Trump warned that would happen under Biden! They see Democrats pass a so-called, "anti-inflation" bill which raises taxes and increases federal spending during out-of-control inflation. And it will cause more out-of-control inflation. And the world is laughing! There was not one Republican who voted for that insanity.

Our enemies, China, Iran, North Korea, and Russia, are jumping with glee watching all this woke madness of Democrats diverting trillions of dollars away from building up our military that Obama/Biden so gleefully cut to the bones. President Trump accomplished some gains, but the Democrat voter fraud that Biden announced days before the 2020 election, put a stop to that. While Democrats are decimating our military, Russia is building hypersonic missiles and more nuclear warheads. Communist China can now sink any \$12 billion American aircraft carrier along with its 5,000 "diverse" and "woke" crew. Is there any wonder why military recruitment has sunk? And India and Brazil do not want any more lectures from America on their need for fairer elections! They erect statues. Democrat rioters destroy statues.

How can America survive over two more years of Biden and his Democrats? We have to elect patriotic people again who love America. Remember RED on Nov. 8, 2022 (Remove Every Democrat!) Jerry Bartholome, Montrose



PAVING OPERATIONS IN UPTOWN PAGOSA SPRINGS PUSHED BACK ONE WEEK Due to a delay in materials delivery, paving operations will now take place next Monday, Sept. 12 -14

Updated Paving Dates

CDOT will pave a section of US 160 in Uptown Pagosa Springs next week. The paving crew will work along a one-mile section between Boulder Drive and the Piedra Road intersection. Work will take place, Monday through Wednesday (Sept. 12 - 14) from 8 a.m. to 5 p.m. each day.

Paving Traffic Impacts

Motorists will encounter a speed reduction, lane shifts, and will be guided by flagging personnel and a pilot car. Drivers may encounter periodic traffic stops and delays. A speed reduction of 40 mph will be enforced through the work zone. Motorists should expect delays and allow themselves extra travel time. Watch for workers and their equipment, slow down and drive with extreme caution. This work is weather permitting.

Montrose County BREASTFEEDING SUPPORT GROUP 1st & 3rd Thursday of Every Month ALL WELCOME! **Montrose County Event Center BRING YOUR FAMILY &** 1036 North 7th Street Room 3 YOUR QUESTIONS! 10AM - 12PM Questions? (970) 252-5015

BOCC PROCLAIMS SEPTEMBER SUICIDE PREVENTION MONTH From pg 1

replat. "...Conflicts of interest and collateral damage come to light...is this parcel part of the common interest community? I am just looking for a peaceful resolution." He asked commissioners to rescind the plat map. BOCC Chair Keith Caddy asked Planner Tallmadge Richmond to look into the matter.

Citizen Scott Riba also spoke, to raise concerns about the <u>Luca Estates No. 1 Minor</u> <u>Subdivision</u> [MI22-022] proposal to divide 11 acres into three lots at Parcel 376532402001. After issues were raised by Riba at the BOCC meeting of Aug. 17, approval of Luca Estates Subdivision No. 1 had been continued until Sept. 7.

"I raised issues at the last meeting...conditions don't seem to be complied with." Riba asked commissioners to consider rescinding Luca Estates subdivisions until requirements are met, "that are on the books here."

Caddy said that Commissioners would meet with Planning & Development officials to discuss concerns.

CONSENT AGENDA

Consent Agenda items were accepted as presented, with <u>Resolution No. 59-2022</u> assigned to Item 3; <u>Resolution No.60-2022</u> assigned to Item 9; and <u>Resolution No. 61-2022</u> assigned to Item 12.

GENERAL BUSINESS

Media Relations Director Katie Yergenson read a proclamation declaring September as Suicide Prevention Month in Montrose County. Among other statistics, the proclamation states that suicide is the 12th leading cause of death in the United States; that it is the third leading cause of death among children and teens ages 10-19 and the second leading cause of death among individuals between the ages of 20 to 34; and that in 2020, 1,302 people died by suicide in Colorado while suicide was the eighth leading cause of death in the state.

Coroner Rick Fellabaum spoke, and noted that the suicide rate in Montrose County is very high.

Darcy Johnson of the Tri-County Health Department encouraged all community members to use the tools available to them, including teletherapy. "Everyone at one point or another will struggle with their mental health," Johnson said. Paul Reich of Axis Health said that when there are 1,300 deaths in Colorado due to suicide, there will be 1,300 reasons why. Commissioner Roger Rash thanked Yergensen and those who spoke for bringing the subject of suicide prevention before the BOCC. "...It touches everyone in this valley," he said. "...there's help." Montrose County is working to bring more resources to the public, BOCC Vice Chair Sue Hansen said. "We need to come together as a community."

Commissioners voted unanimously to adopt the Proclamation declaring September as Suicide Prevention Month in Montrose County.

Montrose Regional Airport Director of Aviation Lloyd Arnold presented several items for consideration and possible approval.

Commissioners voted to approve a <u>bid</u> <u>award and contract to Vitra, Inc</u> for the Terminal Lounge Seating and Equipment as reviewed by Counsel. Vitra, Inc submitted the most responsive bid, a budgeted one-time expense in the amount of \$87,484.96.

Also approved was <u>a contract change for</u> <u>Change Order No. 2</u> in reference to the Federal Grant AIP - 56 for the Terminal Expansion Project. According to the Agenda, "This includes Federal and Non Federal Items, this has been previously approved with Change Order No. 1 but represents a reduction of \$30K from the initial cost which has now been reduced to \$984,699.62. This changes the cost of the work described from \$33,131,241.45 to \$33,904,861." The change order is for the road in front of the terminal, which is quite old, Arnold said.

Commissioners also approved <u>a contract</u> <u>change for Change Order No. 3</u> in reference to Federal Grant AIP-56 for the Terminal Expansion Project. This includes Federal and Non-Federal items for an overall increase of \$137,990.10 changing the cost for the work described from \$33,131,241.45 to \$34,042,851.10. Finally, the BOCC approved Change Order COR-139 from FCI Constructors, Inc for all costs associated with the work to re-paint the existing metal roof of the airport terminal in lieu of replacing the roof for the cost of \$92,608.40.

Hansen commended Arnold for a providing a recent tour of the Airport to Rotary Club members, and asked him to mention the Airport Enterprise Fund.

Arnold said that the Airport comprises the only enterprise fund in the county and operates solely from revenue produced through landing fees and grants from the <u>Airport Improvement Program (AIP)</u>. Montrose Regional Airport does not use any tax dollars, he said.

Assistant County Attorney Joe Gaffney presented for consideration and first reading a <u>proposed amended Ordinance</u> regarding rules and regulations governing the ban of open fires, contained open fires, and fireworks to conform to SB21-271. Gaffney reviewed highlights of the proposed amendments. The resolution will be published Sept. 11 and will come before the board in the form of a resolution for final approval on Sept. 21. Commissioners approved <u>Resolution No. 62-</u> <u>2022</u> on First Reading.

PLANNING & DEVELOPMENT

Consideration of the first item, possible approval of the Luca Estates No. 1 Minor Subdivision <u>based on the findings of fact</u> <u>listed in paragraph #5 of the staff report</u>, turned out to be an exhaustive process, with Planner Tallmadge Richmond responding in detail to concerns raised by Citizen Scott Riba at the Aug. 17 BOCC meeting, and Riba in turn reiterating his concerns.

At one point, Citizen Nicholas Orros briefly joined the discussion as it concerned traffic counts and road paving. When Riba asserted that a final plat map had been presented when a surveyor had "apparently not visited the property," Richmond called it a "big claim," and said that the idea the property was not surveyed beforehand is false.

Commissioner Roger Rash asked Riba, "Do you have proof of that?" Riba said that the surveyor had never been to the property before the map was approved.

BOCC PROCLAIMS SEPTEMBER SUICIDE PREVENTION MONTH From previous pg

Rash said, "...You are trying to obstruct another property owner's right to develop their own property...you're making up the rules as you go... I think our planning department has answered all of your questions, you just don't want to accept them...we follow the rules; I am ready to move on this."

Following more back and forth discussion, the BOCC voted to approve the Luca Estates No. 1 Minor Subdivision proposal to divide 11 acres into three lots at Parcel 376532402001.

In other Planning & Development business, Commissioners approved the Daniel Rubalcaba Minor Subdivision [MI21-006] proposal to divide a 1.3-acre lot from a 38-

acre parcel at 2816 Primrose Court, Montrose; the Culver View Minor Subdivision [MI22-003] proposal to divide a 15.215 acre lot into three lots at Parcel 376509102002; the McNeill Minor Subdivision [MI22-012] proposal to divide four acres into three lots at Parcel 376709300033; the Classic Estates Minor Subdivision [MI22-028] proposal to divide 14.548 acres into two lots at Parcel 376722100004; the Alexander Minor Subdivision [MI22-032] proposal to divide 21.971 acres into three lots at Parcel 399326300028; the Statman Minor Subdivision [MI22-034] proposal to divide 29.85 acres into two lots at Parcel 403911402002; the Holden Minor

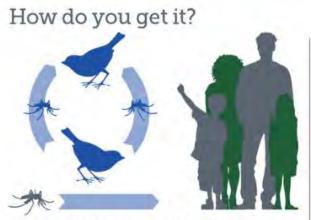
Subdivision [MI22-035] proposal to divide one lot from 90 acres at Parcel

349519400005; and the South River Road Minor Subdivision proposal to divide 7.25 acres into two lots at Parcel 372315300031.

MONTROSE COUNTY LOCAL LIQUOR LI-**CENSING AUTHORITY**

Commissioners left regular session to reconvene as the Montrose County Local Liquor Licensing Authority, approving the renewal of the Retail Liquor Store license for Cydney Louise Siri doing business as Pleasant Valley, 84100 E. US Highway 50, Cimarron, based on Findings. Upon returning to regular session, with no further business, the meeting was adjourned.

WEST NILE VIRUS



Mosquitoes bite infected birds, then bite humans.

Do you think you have it?

Only about 20% of people have symptoms, which are most often mild, flu-like complaints. Symptoms usually show up 2 -14 days after being bitten by an infected mosquito.

Fewer than 1% of people get a serious illness that can be fatal.

If you develop severe headaches or confusion, contact your health care provider.

How do you fight it?





Stay inside, or take steps to avoid mosquito bites at dusk and dawn, when mosquitoes that carry West Nile virus are most active.

Mosquito-proof your home

Drain standing water around your house often. Empty tires, cans, flowerpots, clogged gutters, rain barrels, toys and puddles.





screens on

OLORADO Disease Control & Environmental **Epidemiology Division**

Department of Public Health & Environment

"Repellents containing DEET, picaridin, IR3535 and some oil of lemon eucalyptus and para-menthane-diol products provide the best protection.



SECOND ANNUAL TRIVIA NIGHT

Put together your team of up to 8 people for a fun evening of Trivia and competition. There are a limited number of tables available so get your teams together and register quickly. Prizes will be awarded. This is a fundraiser for Altrusa International of Montrose to help support all the wonderful projects we do for our community.

- DATE: SATURDAY, OCTOBER 1, 2022
- **TIME:** 6:00pm 9:00pm
- PLACE: Montrose Elks Lodge, 801 S Hillcrest Dr, Montrose
- **COST:** \$25 per person due at registration (includes Dessert/Snack Bar) The Elk's cash bar will be available

Team Name:	
#1 Contact ph #(* Players names:	<u>*)</u> Email: <u>(*)</u>
1 (*)	2
3	4
5	6
7	8
Plages complete and form nor toom	

Please complete one form per team.

Please be sure to be seated before our start time of 6pm. No outside food or drink will be allowed.

Questions? Please contact Altrusa at 970-765-7666 or email: Altrusa.montrose@gmail.com

Please make checks out to Altrusa International of Montrose and mail along with the completed application to: Altrusa of Montrose, PO Box 3184, Montrose, CO 81402. **Or** call one of the contact people above and we can meet to obtain registration form and check(s).

DEADLINE TO REGISTER IS FRIDAY, SEPTEMBER 23RD

COLORADO NEWS BRIEFS

MOST COLORADANS ARE BUCKLING UP, BUT STILL NOT ENOUGH

Special to the Mirror

STATEWIDE — According to the Colorado Department of Transportation's 2022 Colorado Statewide Seat-Belt Study, Coloradans show only minor improvements in wearing seat belts behind the wheel. The statewide seat belt use increased marginally to 87.0% from 86.6%, and Colorado still trails behind the national seat belt use rate of 90%. Simply put, too many Colorado drivers aren't buckling up. The full report can be downloaded as a PDF at https:// drive.google.com/file/d/1sx-Gt6DoGtVgHRBymDDfgo8DtHHiUcld, There have been 146 unbuckled fatalities on Colorado roads since the start of 2022. Overall, Colorado has seen a 6% increase in seat belt use over the last nine years. The largest improvement is with commercial vehicles, which improved to 79.2% from 65.5% in 2013. Weld County, whose seat belt usage has remained amongst the lowest in the state for numerous years, showed an encouraging increase from 71% to 80% in 2022. The lowest seat belt usage rates by county are: Weld County (80.1%) Fremont County (78.1%) Chaffee County (69.2%) Pueblo County (67.6%) Of the counties observed, 11 counties scored a rate above 90.0%. This is an improvement of two counties since 2021, and an improvement of five counties since 2020. The counties with the highest seat belt usage statewide are: Grand County (96.3%) Garfield County (96.3%) Arapahoe County (93.8%) Denver County (93.6%). Learn more about Click It or Ticket enforcement and Colorado's seat belt laws at codot.gov/ safety/seatbelts. For Spanish campaign information, visit https://www.codot.gov/safety/ seatbelts/cinturones-de-seguridad/

Alpine Women's Centre CLINIC & MED SPA

The new Alpine Women's Centre Clinic & Med Spa is proud to provide advanced, nonsurgical aesthetic services for our communities.

- MonaLisa Touch \$2,500+
 Promotes gynecologic health with laser technology
- Chemical Peel \$135 \$300
 Improves the appearance and texture of skin
- Platelet-Rich Plasma \$700 \$2,800
 Utilizes platelets and plasma to rejuvenate the skin
- Facials \$45 \$135+ Cleanses, exfoliates and nourishes the skin
- Plasma Pen \$300 \$1,500 Treats wrinkles, sagging, and dull skin
- Microneedling \$275 \$800
 Stimulates collagen production
- BioTe HRT \$350+
 Addresses hormone imbalances using pellet hormone replacement therapy

Saturday treatments available by appointment.

S MONTROSE REGIONAL HEALTH

Alpine Women's Centre 900 S. 4th Street Montrose, CO 81401 970-497-5891

MontroseHealth.com/MedSpa

Healthy Rhythm Music Series Presents...



LA NOUE DUBOIS

ELI LEV*

22 SEPT 2022

ľ10'

7.00 PM

* FROM BOONSBORO, MARYLAND

WAY OUT WEST | DEEP SOUTH | TRUE NORTH | ALL ROADS EAST



ALL AGES \$15/\$20

COLORADO NEWS BRIEFS

KEEP COLORADO WILD PASS REFUND OPTIONS ARE ANNOUNCED FOR RESIDENT ANNUAL PASS

Special to the Mirror

DENVER – <u>At its September meeting</u>, the Colorado Parks and Wildlife Commission approved a refund policy for Colorado residents that purchase a Keep Colorado Wild Pass. Beginning in 2023, Colorado residents will see a \$29 Keep Colorado Wild Pass added to their annual vehicle registration through the Division of Motor Vehicles (DMV). This new annual pass gives all Coloradans easy access to all state parks and the added benefit of investing in our great outdoors and wildlife in a meaningful way.

Because vehicle registrations happen throughout the year, there will be situations where current Colorado Parks and Wildlife annual park pass customers will have overlapping annual passes. To address these issues, CPW has approved refund options that will cover the time between when a current annual pass expires and when a vehicle registration is due. To read the full proposed refund policy, visit <u>cpw.state.co.us.</u>

For annual passes, the refunded amount will be based on a flat prorated refund structure. The prorated amount will be based on the price of the original pass divided by 12 months and rounded up to the nearest dollar. The prorated amount per month will range between \$3 - \$10, depending on the originally purchased pass type for that vehicle. The refund amount is based on the number of remaining months with no refund for passes that had been used for nine months or more. Residents will have 60 days after the Keep Colorado Wild Pass purchase date to file for a refund.

Qualifying tax-exempt military plates will receive the Keep Colorado Wild Pass free of charge during the registration process. All currently free and reduced-price CPW passes (Blue Spruce, Independence, Columbine and Centennial) will continue to be available to customers through application and authorization from CPW. Annual pass refunds may be requested on an online platform managed by CPW which will require creating or updating an account in the agency's integrated purchasing system. Customers will then be refunded to the card on file in the system used for online or phone purchases. All other pass refunds will be paid in the form of a CPW Shop gift certificate or a check if purchased at a park, office or agent, based on the customer's preference. Checks could take up to 90 days for customers to receive, so a CPW Shop gift certificate may be a more desirable option for some customers.

These refund programs will only be available for the first two calendar years after the Keep Colorado Wild Pass implementation (2023 and 2024). This time period should cover all of the gaps and overlaps that could potentially exist before all noncommercial Colorado-plated vehicles have the option to purchase the Keep Colorado Wild Pass.

"While we hope all Coloradans want to take advantage of the Keep Colorado Wild Pass and support the outdoor spaces we all cherish, we understand that our residents need purchasing options to make the best decision for their household," said CPW Acting Director Heather Dugan. "This newly developed refund policy aligns with our agency's dedication to provide quality customer service for our parks system."

Every purchase of a Keep Colorado Wild Pass contributes to keeping our landscapes healthy and shows our state's passion to protect the natural resources that enrich our lives. Money raised will go towards state park maintenance, better support for the volunteers and equipment needs of the Colorado Backcountry Search and Rescue system, benefit avalanche safety programs, wildlife and habitat conservation work and outdoor educational programs for local communities. Keep Colorado Wild Pass takeaways: The pass is only offered to Colorado residents during the Colorado vehicle registration process.

The \$29 pass fee is included in your vehicle registration price total unless you choose to decline (opt out).

The pass is not transferable between vehicles and is linked to your license plate and registration card.

A Colorado Parks and Wildlife logo will be printed on your vehicle registration card which will give you access to state parks. You can decline or subtract (opt out) the cost of the pass when you register your vehicle with the Division of Motor Vehicles online, through a kiosk, through mailin options or with a customer service representative in-office.

All regularly priced Colorado state park passes are still available.

To learn more about the Keep Colorado Wild Pass and how it benefits Colorado, visit <u>cpw.info/keepcoloradowild</u> and <u>cpw.info/keepcoloradowildpassspanish</u>

The Mirror: Coverage with vision for the future.



THE COWBOYS ARE COMING

MOUNTAIN STATES RANCH RODEO SEPTEMBER 23 & 24

CPRA FINALS SEPTEMBER 30 - OCTOBER 2

WESTERN MARKETPLACE AT FRIENDSHIP HALL SEPTEMBER 30 - OCTOBER 2

RODEOS TICKETS WILL BE SOLD AT THE DOOR



REGIONAL NEWS BRIEFS MONTROSE COUNTY ROAD & BRIDGE OPERATOR PLACES AT NATIONAL ROADEO



Montrose County Road and Bridge Foreman Rusty Catlin. Courtesy Photo.

Special to the Mirror

MONTROSE—Rusty Catlin, Montrose County Road and Bridge Foreman, recently placed in the top ten in the American Public Works Association's National Equipment Roadeo in Charlotte, N.C. Catlin placed fifth overall in the backhoe with a total time of 3:37 and tenth in the mini excavator with a time of 4:15.

Earlier this year, Catlin also brought home the state backhoe championship title from the Colorado American Public World Asso-

ciation West Slope and Colorado Association for Road Maintenance (CARMA) Spring Street Conference in Grand Junction. Catlin's top finish at the spring conference earned him a sponsored place at the national competition courtesy of the American Public Works Association Colorado Chapter.

"As a Montrose County native, I am glad to represent my county at the state and national roadeos," Catlin said. "Operating a backhoe is something I've done for decades as part of everyday life whether at home or at work. It is great to have an opportunity to put my skills to the test." In the backhoe event, competitors performed a complex skill set in the bucket challenge. The objective was to slide a bucket along a plank from a designated start to a designated finish point in the least amount of time. Similarly, in the mini excavator, competitors performed a complex skill set stacking tires according to a set of directions in the least amount of time.

"It's important to me to challenge our team and put their skills up against some of the best in the state and in the nation because we have some outstanding operators," said Brandon Wallace, Montrose County Road and Bridge Superintendent. "Our crews on both sides of the plateau are some of the best operators out there-they routinely deal with challenging conditions from paved roads to mountain roads and more—and they continually out-perform any other teams out there." In 2021, operators Shan Stratton (1st motor grader and 3rd skid-steer) and John Scharnhorst (4th motor grader and sixth loader) also placed nationally in the APWA National Snow Roadeo. Montrose County will once again be taking a team of competitors and staff to the 2022 APWA Western Snow and Ice Conference and National Snow Roadeo in late September. To learn more about Montrose County Road and Bridge, please visit here.





What Are the Benefits to Senior Living?

- 1. Bordem Buster!
- 2. Help When You Need It
- 3. Intellectual Stimulation
- 4. Safety and Security
- 5. Healthier Lifestyle
- 6. Focus on Independence

Each of our senior living care communities and programs are designed to provide optimal opportunities for every resident or participant to have the ability to live the life that makes them the happiest.

We are available to discuss options and recommend which services would be a good fit for you or a loved one!

Home Health of Western Colorado The Homestead at Montrose Valley Manor Care Center **Horizons Care Center** Senior CommUnity Meals Senior CommUnity Care PACE AdvantAge Health Resource Center



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Visit voaseniorliving.org for information on local and national services for older adults



MIRROR IMAGES: WEST SIDE BUSINESS DISTRICT













MONTROSE-As the City of Montrose prepares for the West Main Revitalization project, a City Councilor said last week that the area is an "extension" of the City's main Downtown business district. These pictures do not depict all of the businesses located in the West Main neighborhood, where industrial uses are interspersed with residential areas. In fact, given the number of businesses located on the West Side, an argument could be made that the West Side IS the City's main Downtown business district.















Local Immunization Providers

PEAK PROFESSIONALS

1550 Niagara Road Montrose (970) 497-4921 peakpros.org

PEDIATRIC ASSOCIATES

947 South Fifth Street Montrose (970) 249-2421 **VFC PROVIDER** thepediatricassociates.com

NORTHSIDE HEALTH CENTER

528 North Uncompany Ave Montrose (970) 240-6438 **VFC PROVIDER** pfb.com/northsidechildhealthcenter

CEDAR POINT HEALTH

300 South Nevada Ave Montrose (970) 249-7751 cedarpointhealth.com

BASIN CLINIC

421 Adams Street Naturita (970) 865-2665 VFC PROVIDER (RHC) basinclinic.org

UNCOMPAHGRE MEDICAL CENTER

1350 South Aspen Street Norwood (970) 327-4233 VFC PROVIDER (FQHC) umclinic.org **340B PARTICIPANT**

DELTA COUNTY HEALTH DEPT

255 West Sixth Street Delta (970) 874-2165 **VFC PROVIDER** deltacounty.com/8/personal-health-services

RIVER VALLEY FAMILY HEALTH CENTERS

1010 Rio Grande Montrose
(970) 497-3333
308 Main Street Olathe
(970) 323-6141
rivervalleyfhc.com
340B PARTICIPANT & VFC PROVIDER (FQHC)

THE PIC PLACE

87 Merchant Drive Montrose (970) 252-8896 pic.place

MESA COUNTY HEALTH DEPT

510 29 1/2 Rd Grand Junction (970) 248-6900 **VFC PROVIDER** health.mesacounty.us/services/family/imm unizations

VFC (VACCINES FOR CHILDREN)

The Vaccines for Children Program (VFC) is a federally funded program that provides vaccines 0-18 years of age who are enrolled in Medicaid, who have no insurance, or who are American Indian / Alaska Native. *Children who are underinsured may receive VFC vaccines at a federally qualified health center (FQHC) or rural health center (RHC).

340b

The 340b Drug Pricing Program is a US federal government program created in 1992 that requires drug manufacturers to provide outpatient drugs to eligible health care organizations and covered entities at significantly reduced prices.

CITY MARKET SOUTH

16400 South Townsend Ave Montrose (970) 240-1994 **340B PARTICIPANT** Register Online

Flu	Shingles
Pneumonia	MMR
Tdap	Rabies
Meningococcus	Polio
Chickenpox	Japanese Encephalitis
Нер А	Нер В
	COVID-19

WALGREENS

2351 South Tow (970) 252-1743	nsend Ave Montrose
Register Online	
Flu	Shingles
Pneumonia	HPV
Tdap	MMR
Td or DT	Rabies
Meningitis	Polio
Varicella	Japanese Encephalitis
Нер А	Typhoid
Нер В	Hep A/Hep B
	COVID-19 (Moderna)

CVS (IN TARGET)

3530 Wolverine Dr Montrose (970) 497-8981 Register online

Flu
Нер А
Нер В
Hep A/Hep B
HPV
Shingles
Typhoid
Polio, adult

MMR Tdap

Varicella Pnemococcal Meningooccal Hep A/Hep B Japanese Encephalitis COVID-19 (Pfizer & JJ)

CITY MARKET NORTH

128 South Townsend Ave Montrose (970) 249-2064 **340B PARTICIPANT** Register Online Flu Shingles

Pneumonia MMR Tdap Rabies Meningococcus Polio Chickenpox Japanese Encephalitis Hep A Hep B COVID-19

SAFEWAY

1329 South Townsend Ave Montrose(970) 249-1160340B PARTICIPANTRegister onlineFluFluShinglesPneumoniaTetanusHPVPertussisMMRMeningitis

Meningitis Hep B COVID-19

WALMART

Hep A

16750 South Townsend Ave Montrose (970) 249-7742 Walk-in's welcome Flu Hep A & Hep B Shingles IPV Tdap Varicella Td Pneumococcal MMR Meningococcal COVID-19 (Moderna & JJ)

STACIE'S APOTHECARY SHOPPE

112 Village Square West Ridgway (970) 626-7100

Flu	Pneumonia	
Shingles	Tdap	



Please note that this list is not exhaustive and is not an endorsement of any pharmacy or provider. Visit www.cdc.gov/vaccines for the latest recommendations. Please contact your Pharmacy or Provider to confirm availability of vaccines. Montrose County Public Health will not provide immunizations after June 30th, 2020. Last Updated 7-25-2022.

OPINION/EDITORIAL: LETTERS DEMOCRATS THROW TAX DOLLARS AT EVERY PROBLEM

Editor:

America, the land of opportunity, where anyone willing to work hard can rise above their circumstances. Take Eduardo and Fredo. Eduardo grew up in a loving, dirt-poor family. He started working steadily when he was about twelve. With plans for college, he busted his butt studying hard and saving as much as he possibly could. At Western State College he continued to spend long hours at his school work and jobs. Money was tight and there were times when little money was left for groceries. His living quarters were spartan at best. He didn't own a car until his senior year. Because he graduated at the top of his business administration class, he got a great job after graduation. He applied himself and worked 50/60-hour weeks and had an excellent career. He put as much money into his company's savings plan as he was allowed, and also lived very conservatively. Seventeen years later he was able pay for his wife and two daughters' college - by consuming 100% of his savings.

His friend Fredo didn't work a day of his life until after college. He did just enough in high school and college to get by, which wasn't much because he majored in something like art appreciation or ethnic studies. He lived the party life those college years though, because he had all that easy student loan cash. (His parents were affluent by the way.) Of course, he couldn't find a real job when he graduated because he still had no marketable skills. He wasn't in a big hurry to get a full-time job anyway, even though he had a boat-load of debt.

Now that "unifier" Mr. Biden is going to repay Eduardo \$10,000 for each of the four people whose education he paid for.

What a great country! Oh. Wait. This is Biden's America. It's worthless Fredo that lion. Like Biden's refusal to enforce immiis getting \$10,000 for all his "hard work". Not Eduardo. Not his nephew that worked a full-time job while putting himself thru airline mechanic school. Not his two grandsons who served our country in the Marines for six years including a tour in Afghanistan to qualify for VA benefits. Not the school teacher who pinched pennies and lived conservatively so she could repay all her student loans. Not the waitress, who couldn't afford college, working two jobs to pay the mortgage on her simple one-bedroom house. Biden to the working-class: Drop dead.

Here's some history. The student loan problem started when Democrats kicked private lenders out of the student loan business so the government could provide unlimited student loans. Universities quickly realized they had a perpetual golden goose; and tuitions, administrative staff, salaries, and facility spending exploded. The cost of a four-year degree accelerated far beyond the rate of inflation. Administrators and professors retire at age 55 with \$120,000 yearly pensions. The hiring of diversity and administrative staff greatly accelerated, and the number of professors who actually spent time in the classroom decreased. (For example, Ohio State University, where one of Eduardo's daughters earned her undergraduate and graduate degrees, now has 132 diversity, equity, and inclusion bureaucrats costing them \$13 million every year.) The fact that Biden's debt transfer will actually make the already broken higher education system worse is the least of its problems. The administration's quoted price tag of \$330 billion is a fabrication. The non-partisan Penn Wharton group is

already estimating a cost of up to \$1 trilgration law, his refusal to collect student loan payments from certain borrowers is illegal and undermines the rule of law. The plan for student loan "forgiveness" is nothing of the sort. It merely takes money from one group of taxpayers (the less privileged) and gives it to another (the more privileged.) Americans who have a college degree earn about \$30,000 more per year than those without a degree. Those with degrees are also disproportionally white. That same group of people without degrees are the same people already suffering from Biden's inflation "tax," costing them over \$7,000 per year. (Adding insult to injury, Biden thinks he can pay for some of the cost by auditing every landscaper and truck driver in America with the 86,000 more IRS agents he plans to sic on them.)

Biden's myriad crises (sky-high inflation, unaffordable fuel prices, an open border allowing an invasion of illegals and illicit drugs, the crime wave, foreign policy disasters, etc.) have caused Democrats to lose big chunks of their voter base (Latinos, blacks, young people, suburbanites, the working-class, etc.). Someone like Biden knows that he can be bought, so he is now handing out bribes in a desperate bid to get someone, anyone, to vote for Democrats. It's not surprising given these are Democrats, who have never had a solution to any problem other than to throw taxpayer money at it.

Never mind the fact their actions are illegal, inflationary, immoral, and inequitable --- and a slap in the face to everyone who tries to live within their means and pay their bills. Ed Henrie, Montrose

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YOU CAN A CHIEVE IT

Montrose Elks Lodge #1053 801 So. Hillcrest, Montrose CO 81401

COMMUNITY OBITUARIES

JONAS JR NAJAR April 15, 1981- September 5, 2022

JONAS JR NAJAR, age 41, of Olathe, Colorado, passed away unexpectedly on Monday, September 5, 2022. Jonas was born on April 15, 1981, to Jonas and Carol Najar. He spent his childhood in Olathe and attended school there. After high school he started working as a welder and hanging iron. Then he went off to hard rock mining and highly enjoyed doing it for ten years. He then found his passion for farming and ranching, which he was doing at the time of his death. In 2003 Jonas became a father to his first born, Jeremiah. He later met and married his wife, Cynthia Rivera, and had three children, Ariana, Moises, and Joel. Years later he had another child, Emiliano. He had recently reconnected with

his seven-year-old daughter Valeena. As an adult Jonas enjoyed being outdoors, fishing and hunting. He was a generous, and loyal friend who will be greatly missed by all who knew and loved him. Surviving family members grateful to have shared Jonas's life are his loving parents, Jonas and Carol. Brother Josh (Cindy). His kids Jeremiah, Ariana, Moises, Joel and Emiliano and Valeena. His nephew Josiah and niece Marie. Numerous Aunts, Uncles, and cousins. Jonas was preceded in death by his paternal grandparents, Refujio and Paula Najar. Maternal grandparents, Norman and Dolores Rocha. Aunt Carmen Najar, Uncle John Najar, and Cousin Marisa Najar.



Arrangements are under the direction of Crippin Funeral Home and Crematory of Montrose.

LENDELL S. CHASTEN December 20, 1933- August 28, 2022



LENDELL S. CHASTEN, 88, passed away peacefully at his home in Montrose, CO on Sunday, August 28th, 2022, surrounded by many loved ones. Lendell was born on De-

cember 20th, 1933, to Pastor Elree and Noble (Chitwood) Chasten in Ellington, MO. They later moved to Cortez, CO where Lendell was raised and graduated from high school. Shortly after graduating, Lendell enlisted himself in the U.S. Army where he served his country for four honorable years.

On January 7th, 1978, Lendell exchanged vows with the love of his life, Rose

Marquez, in Florence, CO. Lendell and Rose raised eight beautiful children together: seven sons and one daughter. Lendell was a dedicated and hardworking father and husband in the mining industry where he was an operator of heavy equipment. In the late 90's Lendell and Rose decided to settle down in the quaint town of Montrose, CO, where they've been residents for the last 25 years. They found a home in Rosemont Baptist Church, where he was a longstanding member of. Lendell loved studying the word of our Heavenly Father. He enthusiastically and

Heavenly Father. He enthusiastically and constantly shared his faith and his memories of his dad, Elree's, preaching and sermons. Lendell also enjoyed spending time with his family, bicycle riding, detailing his car, and singing.

Lendell is survived by his wife, Rose of Montrose, CO; his sons, Rick Chasten (Robyn) of Montrose, CO, Cameron Chasten (Monica of Pilesgrove, NJ, Duane Abeyta of Grand Junction, CO, Christopher Abeyta (Gloria) of Farmington, NM, and Len Chasten of Copperton, UT; his daughter Annette Marquez of Canon City, CO; his brothers, Paul Chasten (Susan) and Doug Chasten (Linda) both of Joplin, MO; his sister, Sharon Southwick (James) of St. Louis, MO; fourteen grandchildren; eleven great grandchildren, and many nieces, nephews and loved ones.

Lendell is proceeded in death by his parents, Elree and Noble Chasten; his sons, Christopher Lynn Chasten and Albert Abeyta; his brothers, Lester Chasten, Bob Chasten, and Cecil Chasten; his sisters, Vesta Butler, Estafay Harrington, and Glenda Griffith; and his grandsons, Shane Abeyta and Andrew Chasten. A celebration of his life will be held on September 24, 2022, at 11am at Rosemont Baptist Church in Montrose, CO.

COMMUNITY OBITUARIES

RONALD ALLEN KIRBY

RONALD ALLEN KIRBY was born October 10, 1946 at Fort Knox, Kentucky to Louis Ellis Kirby and Nellie Eleanor nee Casto Kirby. Ronald is survived by three brothers: Richard of Elizabethtown, Kentucky; John of Lyman, Maine and James of Santa Fe, New Mexico.

Ronald lived most of his early life at Fort Knox. He graduated from Vine Grove High School, Vine Grove, Kentucky in 1964. He participated in the school marching band, playing the saxophone. Ronald enlisted in the US Air Force in April of 1965 during the Vietnam War. He served 20 years, retiring in 1985. He trained and worked as an Instrumentation Technician and Instrumentation Instructor. One assignment was to Hawaii where he was a C-130 crew member for satellite recovery. After retirement, Ronald continued to work in the Defense industry; also retiring from Martin Marietta and Northrup Grumman. Ronald had various interests and hobbies during his lifetime. He was a former Elbert County, Colorado Sheriff's Posse member; an avid Gold Wing rider and belonged to GWRRA; a fisherman; a certified scuba diver; and a licensed ham radio operator, belonging to the Montrose Amateur Radio Club, and a member of the NRA. He lived in Montrose for 16 years following his retirement. Ronald was married to Marsha Ann Black in 1966. They had two children. Roberta Ann preceded Ronald in death.

Ronald is survived by his wife Marsha, daughter Michele West of Montrose, Colorado and three brothers.



Ronald loved his large extended family. Ronald will be buried at Fort Logan National Cemetery in Denver, Colorado. Arrangements are under the care of Crippin Funeral Home in Montrose, Colorado. Memorial contributions can be made to Hope West Montrose, Colorado

NOLAN MCCAULEY May 31, 1934- August 28,1960



NOLAN MCCAULEY was born May 31, 1934 in Vernon, Texas. He was baptized on August 28,1960 and

went home to be with Jesus on August 29, 2022. He passed away at his home with his wife of 61 years, Betty

Jean, by his side.

Nolan moved to Tucumcari, New Mexico in 1948 with his parents where he farmed and finished high school.

In 1953 he enlisted with the US Air Force. He was stationed in Japan during the Korean War and later he transferred to Presque Isle, Maine and was placed in the 23rd Air Fighter Group of the 75th Squadron of the Flying Tigers.

He returned home after an honorable discharge and began farming. In 1960 he met Betty Jean Wood and married her a year later. They moved to Olathe, Colorado in 1967 where they raised their three children: Douglee (Joanne), Barbara (Dan Dunham) and Doris. Nolan was also blessed to have four grandchildren: Amanda, Kadin, Kaylee and Cassandra and one great grandchild, Patrick. Nolan hosted the Olathe Grand Ole Opry for 26 years on the family farm. He would play the harmonica and guitar with friends, drawing up to 100 people each year. His music career began when his Uncle Frank gave him a broken and glued-back together guitar. Nolan learned to play music "by ear." In 1959 he designed a harmonica holder and had a blacksmith build it for him. It was also in 1959 that he saw a photo of Hank Williams Sr. playing a Martin D-18 guitar; he

knew he had to buy one for himself. Nolan enjoyed playing Bluegrass for his family and friends. For a time, he even had his own band - "The Outhouse Playboys."

Nolan provided for his family through farming, construction, road & bridge maintenance and driving school buses. He attended church every Sunday and enjoyed social gatherings with his Christian Family, especially if it involved homemade ice cream! He loved driving his antique John Deere tractors and entered them in the local tractor pulls and parades. He enjoyed spending his time with loved ones, playing dominos. Nolan enjoyed studying his genealogy and in 2009 & 2017 he traveled to Ireland and Scotland to stand where the McCauley's originated. Crippin Funeral Home will be assisting the family with the arrangements 970-249-2121.



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SHOOT FOR THE MOON

By Anita Evans,

Friends of Youth and Nature **REGIONAL-Shooting for the moon is a** phrase that implies something is an unattainable target—but is that true? NASA is shooting for the moon right now with their Artemis 1, the first of the Orion Spacecraft. This unmanned moon launch is the first of many scheduled flights that will orbit the Moon and send several satellites out to collect data for future manned missions taking astronauts to the Moon's surface. The subsequent Artemis missions will be the first manned flights to the moon since Apollo 17 in 1972, 50 years ago. These series of flights are intended to set up a lunar station for sustainable exploration beyond the Earth's orbit—the possibilities are endless!

Reaching the moon by spaceship is only our most recent relationship with our orbiting orb. The Moon has played an important part in our lives as humans for millennia. For most of our history, the Moon was the only source of illumination at night. It helped travelers navigate, and enabled people to work at night. It has signified wisdom, intuition, birth, death, reincarnation, and fertility, and has long been integrally tied to farming. The first astronomers created calendars from changes they saw in the Moon and linked those changes to the four seasons, crop planting, and harvesting. Many turns of

phrase refer to the Moon, such as "once in between the Earth and Sun from the a blue moon", "many moons ago", "promise the moon," "over the moon", "baying at the moon", and let us not forget about honeymoons! We eat Moon Pies and look for the Man in the Moon, listen to songs like "Moon River" and read books to our children such as "Goodnight Moon". Its magnificent presence in the sky has permeated our lives on every level.

So, what do we see when we look up into the sky and see the Moon in its various stages? First, we need to know that the Moon revolves, or travels, around the Earth every 28 days, just like the Earth revolves around the Sun every 365 days. As the Moon revolves around the Earth it also rotates on its axis just one time during that 28 days, which means we always see the same side of the Moon. The Earth, on the other hand, rotates on its axis once a day—or 365 times in one year—as it travels around the sun.

Why then do we see the Moon in its different phases or shapes? Sometimes we see a full moon, sometimes only a sliver or crescent moon based on the Sun's reflection off the lunar surface.

The Moon's phases are created by the position of the Moon relative to the Earth and the Sun. A new Moon occurs when the Moon, Earth, and Sun all lie approximately in the same line with the Moon

Earth's perspective. The side of the moon facing the Earth is completely dark because it has no sun reflecting off it. On the other hand, a full Moon occurs when the Moon's revolution around the Earth puts it on the opposite side of the Earth from the Sun. The Sun's rays then reflect off the full lunar surface that faces the Earth. The eight basic phases of the Moon can be seen in this graphic:



There are four primary phases: new Moon, first quarter, full Moon, and third quarter.

The secondary phases are waxing crescent, waxing gibbous, waning gibbous, and waning crescent. Waxing means an apparent growth of the Moon's image each night, always getting larger from right to left. Waning means the image is shrinking, which also occurs from right to left as you see the Moon's image in the sky.

This graphic shows the position of the Moon and the Sun during each of the Moon's phases and the Moon as it appears from Earth during each phase. Not to scale. Credit: NASA/JPL-Caltech

SHOOT FOR THE MOON From previous pg



Courtesy graphic.

One of the most interesting concepts behind the Moon's phases is that the Moon, along with every other object in the sky, is in constant motion. The light we see from the Moon is a reflection of our Sun's rays based on its position in the sky relative to

Earth. not from Earth's shadow as some believe. Also, its rotation around the Earth affects more than just our language and farming rhythms. The Moon's diameter is about one fourth the of

the size of the Earth's width, making it Earth's largest and only natural satellite. Its huge mass results in gravity that tugs at ture. Follow our outdoor news blog and the Earth's oceans to move in a pattern we call the tides. As the Earth rotates the water bulges out on the side closest to the

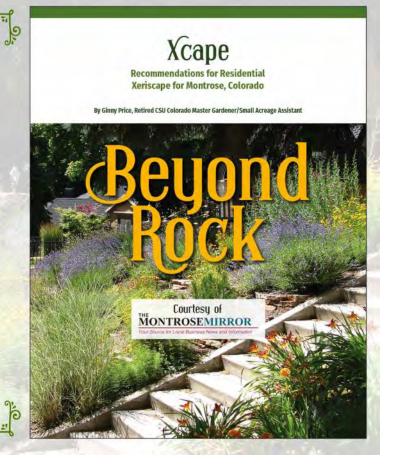
Moon and the side farthest from the Moon, creating a high tide. As the Earth continues to rotate through its 24 hour cycle most shorelines experience two high and two low tides per day, spaced 12 hours apart.

Being Earth's closest neighbor in space, it is no wonder the Moon plays such an important part in our everyday lives. Learning the science behind the Moon, its phases, and its effect on our planet is just the first step to learning about what lies beyond its orbit. From Apollo 8 to Artemis 1-to the Moon we go!

Friends of Youth and Nature is a nonprofit that promotes opportunities for youth and families to get outside, experience outdoor activities, and explore nareceive monthly tips on connecting your children to nature. Learn more, visit: www.friendsofyouthandnature.org

Click on this ad to **Download your FREE copy** of Beyond Rock today! **This Xeriscape Guide is** made just for Montrose, put together by Ginny Price, **Retired CSU Colorado** Master Gardener/Small Acreage Assistant.

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COMMUNITY NEWS BRIEFS

WEEK OF UNITY AND PEACE RETURNS

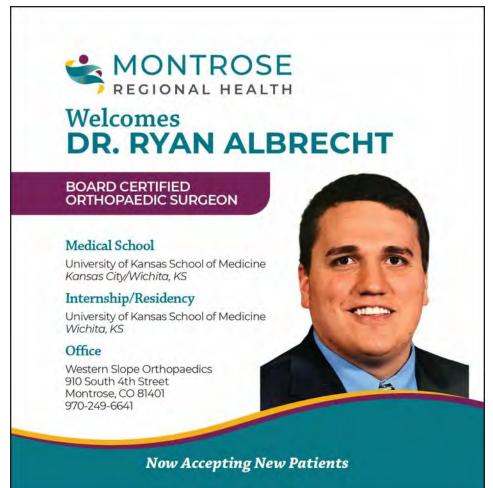
Special to Art & Sol

MONTROSE-The Annual Week of Unity and Peace returns with special peace events planned for the week of Sept. 17-25. "The community is invited to celebrate and practice peace during this week starting with a Community Drum Circle on Saturday, September 17, at 11 a.m. at Riverbottom Park and ending with the Culture Fest on Saturday, September 24 from 10 a.m. until 4 p.m. at the Ute Indian Museum," according to the Peace Week Committee.

"All of the peace week events are family friendly and free, except for the Peace Dinner on Friday, September 23," said Dr. Arlyn Macdonald, member of the committee. "For example, we are inviting families to come to the Drum Circle on Saturday, September 17, and bring a picnic lunch to share with their family under the cool trees at Riverbottom Park. Drumming brings people together in a fun, harmonious, and peaceful way."

Tuesday, Sept. 21, is the International Day of Peace, with a Meditation by the River event. This will be held along the river at Riverbottom Park from 5:30 – 6:30 p.m. "Meditating in nature deepens the peaceful feelings," Macdonald said. Rev. Denis Hoin Darby of the new Moon, Clouds and Mesa Meditation Centre in Montrose, will join the meditators. Everyone is invited to attend this meditation. Bring your own chairs.

A Peace Prayer Gathering at the Peace



Pole in Ute Indian Park, (across the street from the museum), will be at noon on Thursday, Sept. 22. A Flags of All Nations ceremony will be included. Everyone is welcome to join this gathering to pray for peace in the world.

The Western Colorado Friends of the Himalayas is sponsoring the Peace Dinner on Friday, Sept. 23, at Guru's Restaurant in Montrose. The 2022 Peace Awards will be presented during the program. Reservations are requested for the buffet dinner which begins at 6 p.m.

The week ends with two events. The First Annual Culture Fest on Saturday, Sept. 24, from 10 a.m. to 4 p.m. co-sponsored by the Hispanic Affairs Project and the Ute Indian Museum. Celebrate the diverse cultures that make up our community through art, music, dance, food, displays, and more. "This is a great opportunity to introduce the children of our community to their rich multiculture heritage," said Macdonald.

Also on Saturday, the new Peace Pole will be dedicated at 11:30am at Ft. Uncompahgre in Delta following a flag retirement ceremony by the VFW.

During the entire month of September, peace art by children from around the world is on display at the Montrose Library in the Children's Room. The art show is provided by the Peace Pals International Children's Art group. Each picture depicts peace from the creative viewpoint of children, 5-16 years of age. Free peace coloring sheets are available for children to create their own peace art to take home. Community churches are invited to add prayers for peace to their services on Sunday, Sept. 17th and 25th. "The more we pray for and practice peace all year long, the more peace we will have in our families, in our communities, and in the world," Macdonald added. "We hope everyone will be able to one or more of the events planned for this year's Week of Unity and Peace."

COMMUNITY NEWS BRIEFS

BACK TO THE OLD SPANISH TRAIL FIELD TRIP OCT. 1

Special to Art & Sol

REGIONAL- The public is invited to attend the Back to the Old Spanish Trail field trip on Saturday, Oct. 2, from 9am to noon. Transportation will be provided by the Interpretive Association of Western Colorado (IAWC). Please plan to meet at the Fort no later than 9 am and return no later than noon. We will be using a school Bus, so seating is limited to the first 46 folks who sign up. Wear comfortable shoes and bring water. RSVP is required please call 970 874-8349.

Chris Miller, executive director of Fort Uncompahgre and the IAWC, Jon Horn of Alpine Archaeological Consultants, and Richard Waller, Colorado director of the National Old Spanish Trail Association, will lead the field trip as you explore the Old Spanish Trail location in Delta County. Horn will share with you the points of interest along the North Branch of the Old Spanish Trail (OST), future plans to interpret the history of the trail, and why Antoine Robidoux picked the strategic location for his Fort Uncompahgre.

The general location of the Fort is what has been referred to by author Steven Baker (Baker 2008) as the Great Delta topographic gate on the Gunnison River. The topography at this location allows easy passage north to the Colorado River and southward into the Uncompany Valley.

Until the railroad arrived in the area in the latter nineteenth century, the area known as Robidoux Bottoms had remained the primary fording place on the Gunnison River along the old path, which later became the North Branch of the Old Spanish Trail and then the Salt Lake Wagon Road.

History tells us that before the Spanish exploration of Western Colorado, the native inhabitants had a variety of routes for traveling on the Western Slope. With Spanish exploration those routes were used along with native guides, bringing explorers up from such colonial outposts as Santa Fe into our region.

Explorer Juan Rivera's travels with the assistance of native guides would expose the Spanish to the many trails and topography of our region. These explorations would lay the foundation for individuals like Antoine Robidoux to trap furs, host trappers, and trade with the Utes prior to the Mexican War in 1846.

While seeking the Colorado River, Rivera and his company arrived at these bottoms and forded the Gunnison River in the fall of 1765 (Baker 2008, Hendricks, and Sargent 2011).

During their trips of 1776, Fathers Dominguez and Escalante also arrived at the great Delta travel gateway though they struck the river a few miles above the Robidoux Bottoms. Even to the present day this travel gateway has been used by nearly all travelers who wished to pass north and south up the western slope of Colorado.

"Nearly all that we know about Robidoux's old trading post comes from accounts left by such travelers. Robidoux clearly sited his enterprise at the most strategic travel gateway in the region." Steven G. Baker, Uncompahgre Valley Ute project, Centuries Research, Inc. Montrose, CO.

The movement of trade goods and livestock over the Northern Branch during the Spanish as well as the Mexican periods laid the foundation for later American exploration beginning with the Gunnison Expedition in 1853.

The Fort was officially certified as the first non-Federal Interpretive Center on the Old Spanish Trail by the Bureau of Land Management, and just recently the National Park Service designated the Fort an official Certified Site on the Old Spanish Trail



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COMMUNITY NEWS BRIEFS

ELI LEV TO PERFORM AT HEALTHY RHYTHM GALLERY SEPT. 22



On Thursday, Sept. 22, Montrose welcomes an artist from Boonsboro, Maryland--Eli Lev. Courtesy Photo.

Special to the Mirror

MONTROSE-On Thursday, Sept. 22, Montrose welcomes an artist from Boonsboro, Maryland--Eli Lev. With heartfelt songs about life, the world around us, and love, Eli brings a fresh voice to the stage at Healthy Rhythm Art Gallery at 232 East Main Street in Montrose, with a show that music, and an-depth introduction to his begins at 7pm.

"I'm very excited to perform in Montrose, as the western slope inspired the second album of my Four Directions series: 'Way out West," Lev said. "I was based in northern Arizona as a school teacher just after college, and would make numerous trips around the area with my colleagues. I'm looking forward to sharing the songs that came of those adventures to the folks who live here!"

Lev's web site includes links to his latest roots as a singer/songwriter: "Eli's releases have earned critical praise from magazines such as American Songwriter, Paste Magazine, and IU Alumni; online outlets including BuzzFeed, CBS Radio, AXS, and

The Bluegrass Situation; and have received national folk radio support along with placement on prominent industry Spotify playlists. In 2019, Eli Lev won multiple industry awards for his work: his second album Way Out West won a Washington Area Music Award (WAMMIE) for "Best Country/Americana album," while his single "Chasing Daylight" won a grand prize in the SAW Mid-Atlantic Songwriting Competitionand in 2021, he won another WAMMIE for 'Best Pop Artist' in the DC, Maryland, and Virginia area. Like classic folk musicians before him, Eli's real home is the road. He's played hundreds of shows, locally, nationally, and internationally. Select highlights include performing at the Kennedy Center Millennium stage; his album release at Pearl Street Warehouse in DC; the DC Music Rocks Festival at the legendary 9:30 Club; his appearance at the National Cherry

tours. "I'm always moving, and that is driven by my desire to connect with people. The joy there is in learning about cultures, and seeing common threads woven into the fabric of our seemingly disparate lives," Eli says. "Music taps into what is universal; it breaks down boundaries."

Blossom Festival; and multiple European

To listen or to learn more about the artist visit https://eli-lev.com.

249 8500 ANONYMOUS Download The APP. **P3TIPS** MONTROSE REGIONAL CRIME STOPPERS see something, say something

COMMUNITY NEWS BRIEFS: EDUCATION

TYLER RICE NAMED TO SNHU PRESIDENT'S LIST

Special to the Mirror MANCHESTER, NH -- Tyler Rice of Montrose (81401) has been named to Southern New Hampshire University's Summer 2022 have earned a minimum grade-point aver-

President's List. The summer terms run from May to August. Full-time undergraduate students who

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age of 3.700 and above for the reporting term are named to the President's List. Full-time status is achieved by earning 12 credits over each 16-week term or paired 8-week terms grouped in fall, winter/ spring, and summer.

Southern New Hampshire University (SNHU) is a private, nonprofit institution with an 89-year history of educating traditional-aged students and working adults. Now serving more than 165,000 learners worldwide, SNHU offers approximately 200 accredited undergraduate, graduate and certificate programs, available online and on its 300-acre campus in Manchester, NH. Recognized as the "Most Innovative" regional university by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner. Learn more at www.snhu.edu.



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MIRROR CHURCH DIRECTORY

CHRIST LUTHERAN CHURCH

Denomination: Christ Lutheran Montrose Affiliation: Lutheran Church Missouri Synod Address: 1980 N. Townsend Ave., Montrose, CO 81401 Contact: 970-633-0226 Website: www.montroselutheran.org Email: montroselutheran@gmail.com Pastor: Tim Onnen Worship: Sundays at 9 AM Sunday School and Adult Bible Class at 10:15 AM; Women's Bible Study Fridays at 9 AM. At Christ Lutheran Montrose you

will find friendly people gathered in a welcoming environment being comforted and encouraged by the forgiveness and love of Jesus, and sharing that with one another. We are a small congregation of seniors and middle-aged, sprinkled with young children and teenagers.

FIRST CHURCH OF THE NAZARENE

Denomination: Church of the Nazarene Address: 705 South 12th Street Office Hours: Monday - Thursday 9 am-Noon and by Appointment Contact Information: Office Phone 970 249-9213, mncfirst@gmail.com, www.montrosenazarenechurch.org

FIRST PRESBYTERIAN CHURCH MONTROSE

Affiliation: Presbyterian Address: 1840 E Niagara Rd. Montrose CO. 81401 Office Hours: M-Thu 9AM -12PM Contact: 970-249-4732, <u>in-</u>

HILLCREST CONGREGATIONAL UNITED CHURCH OF CHRIST

Denomination affiliation: United Church of Christ Address: 611 South Hillcrest Drive, Montrose, CO 81401 Office hours: By appointment Contact information: Pastor: Buddy Cook Services Sunday: Worship 10 AM, Adult Bible Study 11:30 AM Worship includes age-appropriate children's ministry during adult worship. Wednesday: Prayer Boot Camp - 7 PM Mission Statement: *Montrose First Church* of the Nazarene exists to make Christlike

form@fpcmontrose.com, www.fpcmontrose.com Pastor: Jesse Mabanglo Worship Service times: 9:30AM, Student Worship at 6PM. We strive to encourage, challenge and support one

Phone number: (970) 249-9047 Email address: <u>office@montroseucc.org</u> Website: <u>montroseucc.org</u> **Current Pastor:** Rev. Wendy Kidd **Worship service times:** Sunday, 10 a.m. Hillcrest Congregational UCC is a welcoming, open and affirming church, open to all no matter who you are or where you are disciples in Montrose Colorado and around the world.

Demographics: Our church consists of older and younger people. We have younger families with children and young teens and older adults as well. We also support the work of Calvary Ranch Colorado and its addiction recovery ministry.

another through spiritual growth, worship, and service in our community, country, and world. We also encourage children and youth to grow their relationship with Christ through our children and student ministries.

on life's journey.

Church demographics: HCUCC welcomes all ages to worship with us. (predominately family, youth, seniors, singles) We offer inter-generational worship with a children's "prayer-ground" and activity

packets. A cry room is also available.

MONTROSE MEDITATION CENTRE

The Meetings will be on Tuesdays at 6:30 PM at 602 N. Nevada in Montrose, 81401 at the Lions Park Community Center. Brought to you by Denis Hoin Darby, a Buddhist Zen Monk. Contact <u>Rev.Hoin.Darby@gmail.com</u> for more information.

MONTROSE UNITED METHODIST CHURCH

Denomination Affiliation: United Methodist Address: 19 S. Park Avenue Montrose CO. 81401 Office Hours: M-Thu, 9 a.m. - 2 p.m. Contact Information: 970-249-3716,

office@montroseumc.org, montroseumc.org

Current Senior Pastor: Rev. Kevin Young Worship service times: 8:15 am - Blended Service - Sanctuary & Virtual.

9:30 am - Contemporary Service - Sanctuary, 11:15 am - Traditional Service - Sanctuary. *Montrose UMC is a leader in being* fully inclusive, loving and just servants of Christ. Our church family welcomes people from various cultural and faith backgrounds: single, married, remarried, with or without children, from diapers to dentures. Wherever you are on your spiritual journey we invite you to come discover hope, joy, peace, purpose.

MIRROR CHURCH DIRECTORY From previous pg

ROSEMONT BAPTIST CHURCH

Affiliation: Southern Baptist Address: 1598 E. Niagara Road, Montrose, CO 81401 Office Hours: Tues-Thurs, 9am-4pm Contact information: Phone: 970.249.4887 website: www.RosemontBaptist.org email: office@rosemontBaptist.org Senior Pastor: Rolland Kenneson Worship Service Times: Our engaging and relevant Sunday Worship Service is at

SPIRITUAL AWARENESS CENTER

Denomination affiliation: Independent Interfaith Address: Meeting at Lions Park Community Building, 602 N. Nevada, Montrose Office hours: Tues-Fri, 9 am to 4 pm, Home Office – 970-252-0908 Contact information: Rev. Dr. Arlyn Macdonald, 970-252-0908, arlyn@spiritaware.org, www.spiritaware.org Name of current pastor: Rev. Dr. Arlyn

SUMMIT CHURCH OF MONTROSE:

Denomination affiliation: Southern Baptist Address: 10977 60.75 Rd. Montrose, CO 81403 Office hours: Varies Contact information: phone number: 970-275-7026

email:<u>summitchurchmontrose@gmail.com</u> website: <u>www.summitchurchmontrose.org</u> Name of current Senior Pastor: John De-

VICTORY BAPTIST CHURCH OF MONTROSE

Denomination Affiliation: Independent Baptist

Address: 2890 N Townsend Ave., Montrose, CO 81401

Office Hours: Monday-Friday 8am-12pm Contact Information: Phone (970) 249-6874;

Church Directory

Mirror Editorial Staff MONTROSE-As a way of serving the faith community in Montrose, the Montrose Mirror is in the process of establishing a Church Directory. If your congregation or fellowship would like to be included in the directory, please supply the following in-

10:45 AM. We also have Bible Study for All Ages Sunday mornings at 9:15 AM. We provide a professionally-staffed nursery throughout both.

Rosemont Baptist's desire is to passionately bring people face-to-face with the lifechanging power of Jesus Christ. We are a multigenerational church from different walks of life who love Jesus, love each other, and love our community. Everyone comes dressed in whatever is comfortable. We love meeting new people no

Macdonald, Senior Minister; Rev. Catharine Gates, Associate Minister. Spiritual counseling available.

Worship service times: In-person Sunday Unity Service at 11 a.m., (Social Time begins at 10 a.m.); Quiet Meditation at 10:30 a.m. Virtual Afternoon Service on Zoom at 2:00 p.m.; Chai Chats, a Wednesday morning midweek informal gathering at 10:30 a.m. at Pun Hill Himalayan Restaurant, Montrose; Thursday Empowerment Circle at 10:30 a.m. on Zoom. Everyone is wel-

Sario

Worship service times: Sunday Worship is at 9 am followed by a time of fellowship and snacks. Wednesday evening Prayer and Discipleship (a book study) Prayer 5:45-6:15pm, Discipleship 6:30-7:30pm, childcare provided up to 5th grade. 6th graders on up are welcome and encouraged to attend the book study "Fundamentals of the Faith"

Summit Church Montrose is a new church

email at <u>info@vbcmontrose.org</u>; website: vbcmontrose.org

Current Pastor: Roland Kassales **Worship Service Times:** Sunday School at 9:30am, Sunday AM Service at 10:30am, Sunday PM Service at 6pm, Wednesday Night Service at 6:30pm (all services include childcare)

formation to the Montrose Mirror: Name of church Denomination affiliation Address Office hours Contact information (phone number, email address, website) Name of current Senior Pastor Worship service times matter what stage of life they are in. **Children's services:** We have a fun Sunday School for children from four years old through youth. We provide Children's Church during the Sunday Worship Services where children four years old through 9 years can learn to be worshippers of Jesus.

We provide a nursery for children under four years old with paid staff providing excellent care during Sunday Morning Bible Study and Worship Service.

come. The Spiritual Awareness Center is an interfaith spiritual community welcoming spiritual seekers and people of all faiths, providing a safe place to explore and nurture the individual's unique connection to the Divine through Unity services, classes, family and community projects, including the Great Community Giveaway and Wellness Fair. People of all ages are welcome. There are currently no Sunday School or nursery services provided but craft supplies are available for youth.

plant that preaches the Word of God, reaches the lost with the Gospel of Jesus Christ and equips Christians to serve the Lord. Summit Church has people of all ages! We have families with children (babies, school aged, recent high school and college graduates) There are retired couples and widows. During the Sunday sermon we offer teaching for children ages birth to Kindergarten, in a kid friendly room called Base Camp.

Victory Baptist Church exists to exalt God, edify saints, and evangelize the lost. Demographics: Victory Baptist serves everyone with age-appropriate classes, groups, and activities. Families with children make up the majority of VBC with young adults, singles, middle-aged couples, and seniors comprising the rest.

Please give a one sentence description of your church and its mission in the Montrose community. Brief description of your current church demographics (predominately family, youth, seniors, singles). Do your church services include Sunday School and childcare?

Free Concert

20th Annual Fall Concert

Montrose Community Band

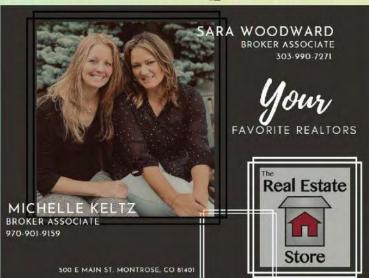
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MONTROSEMIRROR

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COLORADO NEWS BRIEFS

KNOW THE DIFFERENCE BETWEEN ELK AND MOOSE

Special to Art & Sol

DURANGO - The most common misidentification Colorado hunters make is confusing elk and moose. With more moose, particularly young bull moose, on the landscape in southwest Colorado, it is increasingly more important for hunters to be aware of the difference in these animals. As this year's big-game hunting season begins, Colorado Parks and Wildlife's Durango office would like to remind hunters to follow one of the key principles of hunter education, and that is to properly identify their target before shooting. In recent years, CPW has seen more young bull moose on the landscape, and that has led to some elk hunters mistakenly shooting a moose. Moose and elk often share the same habitats, which can lead to confusion. Still, there are several key differences that hunters can see to identify between the two.

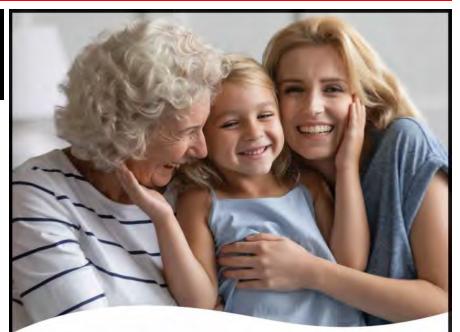
Moose are the largest animal in Colorado and grow significantly larger than elk. A bull moose can grow to be 6- to 7-feet tall at the shoulders and weigh more than 1,000 pounds. A bull elk, meanwhile, is typically 4- to 5-feet tall and around 600 pounds.

Differences in antlers will also be apparent when hunting bulls. Moose antlers will grow out of the sides of the head, while elk antlers grow backward over their bodies. Elk antlers have one main beam with long points that grow off of it, whereas moose antlers have a paddle-like shape with many points growing off the thick, paddle-shaped portion.

Elk have a reddish or lighter brown coat, while a moose coat is significantly darker and will not have the lighter coloring on the rump like an elk. Moose also have a long, round nose compared to the narrow, pointed nose of an elk. Under the jaw, moose also grow a flapping piece of skin known as a dewlap or bell. This trait is unique to moose and isn't present in elk.

The differentiating characteristics for cow moose and elk are the same as with bulls, except for the antlers.

For questions about hunting in the southwest corner of Colorado, call the Durango area office at 970-247-0855. For more information on moose in Colorado, go to https://cpw.state.co.us/learn/ Pages/LivingwithWildlifeMoose.aspx.



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COMMUNITY NEWS BRIEFS

UPCOMING ART CLASSES: KATE BURKE

Sep. 14 6-8 pm Cocktails & Collage on 11"x14" canvas. Fun art class. Drink and all materials included. No experience necessary. WHAFV, 41 Hillcrest Plaza Way, Montrose. Tuition \$35 / \$30 Military. <u>Register</u>

Thr. Sep. 15. 6-8 pm Cocktails & Collage on sary. Mosaic, 21 N.Cascade, Mont-11"x14" canvas. Fun art class. Drink and all rose. Tuition \$35. <u>Register</u>

materials included. No experience necessary. Mosaic, 21 N.Cascade, Montrose. Tuition \$35. <u>Register</u> **Sept. 21** 6-8 pm Cocktails & Collage on 11"x14" canvas. Fun art class. Drink and all materials included. No experience necessary. Mosaic, 21 N.Cascade, Montroco. Tuition \$25. Pagietor.

Sept. 20 3-4:30 pm Intuitive Gratitude[©] Journaling with Nature.
90-minute workshop that will improve your life, even in challenging times. WHAFV, 41 Hillcrest Plaza Way, Montrose. \$20. <u>Register</u>
Sept. 22 3-4:30 pm Intuitive Gratitude[©] Journaling with Nature.





Cocktails and Collage

Thr., Sept. 14, 6-8 pm at WHAFV Montrose Sign up kathrynrburke.com/091422

> Thr., Sept. 15, 6-8 pm at Mosaic Montrose Sign up kathrynrburke.com/091522

Fail Color Collage on Canyos



Either or both: Tue., Oct. 4, 3-5 pm at Mosaic Montrose

Wed., Sep. 21, 6-8 pm. at Mosaic Montrose Sign up kathrynrburke.com/092122

Wed., Sept. 28, 3-5 pm at WHAFV Montrose Sign up kathrynrburke.com/092822

Fall color collaging. Have fun, enjoy and adult beverages while you create your own take-home masterpiece on a 11" x 14" canvas. No experience necessary. \$35. Includes a drink, snacks, SNF all materials and art supplies. *(Military discount available*)

Intuitive Gratitude® Journaling

Master a powerful combination of Mindfulness, Positivity, & Gratitude hich will improve your life, even in challenging times! 90 minute workshops help you establish and maintain a Gratitude Journal in a 3-ring, 3" binder, where you can write and illustrate you own life experiences. Learn techniques to mindully manage life events and find gratitude. We have art supplies and helpful take-home articles to keep in your journal. Classes at Mosaic and WHAFV. (Bring your own binder.) Register: kathrynrburke.com/krb-studio/#journal



MORE here kathrynrburke.com/krb-studio/ kate@kathrynrburke.com

Fail Color Collage on Canvas



SAVE THE DATE! LOCAL EVENTS CALENDAR

ONGOING-

Schedule a \$10 **RIDGWAY TRUE GRIT WALKING TOUR**, named readers choice for best historic town tour by True West magazine. <u>evebeckerdoyle@icloud.com</u> Or Schedule a \$10 Ridgway walking tour of True Grit downtown filming sites. Contact <u>evebeckerdoyle@icloud.com</u>. **MEDITATION CENTRE** in Montrose. Meetings will be on Tuesdays at 6:30 PM at 602 N. Nevada in Montrose, 81401 at Lions Park Community Center. Brought to you by Denis Hoin Darby, a Buddhist Zen Monk. Contact <u>Rev.Hoin.Darby@gmail.com</u> for more information. **NEWCOMERS AND NEIGHBORS** welcomes adults who are new to Montrose or have been here awhile, who would enjoy learning more about the town and area, plus have opportunities to participate in social activities. Meetings are held on the first Wednesdays of the months September-May (Dec./holiday party TBA). We gather at 10:00-11:30 am in the downstairs meeting hall of Cedar Creek Church (222 S. Townsend and S. 3rd). Hope to meet you there! Contact Patti at 951-544-6289 with questions.

NURSE FAMILY PARTNERSHIP-Beginning Sept. 1st, NFP will be hosting a Breastfeeding Support Group on the 1st and 3rd Thursday of every month. This is a great opportunity to come talk to Montrose County NFP nurses Jodi Hyatt, RN, BSN, IBCLC and Kim Cook, RN, IBCLC and get support from fellow moms. An infant scale will also be available to check your baby's weight. WHAT: Breastfeeding Support Group (Bring your questions and your family!)WHERE: Montrose County Event Center (1036 North 7th Street Room 3) WHEN: 10am - 12pm. Questions? Please call 970-252-5015.

BINGO EVERY FRIDAY, SATURDAY, SUNDAY AT 7pm at the American Legion Post 24 Olathe doors open at 5:30 more info call Tom 970 260 8298.

FREETHINKERS meet 1st Sunday of the month at 1pm. more info at 970-708-8333.

THE HEALING COLLECTIVE OF WESTERN COLORADO offers local practitioners, who focus on healing the whole being, to attend a free one -hour informative get together every first Tuesday of the month from 12p to 1 pm and every third Tuesday from 6 pm to 7 pm, upstairs at the Mother Earth store on Main Street . We support one another with our practices, business, and personal needs. For more information please contact Erin Easton at ErinKEaston@gmail.com

THE MONTROSE GENEALOGY CENTER at 700 E. Main St. is now open Wednesday and Thursday afternoons, 1-4 p.m. or call for an appointment: 970-240-1755. Free help and resources for your family history research."

(The center is sponsored by the non-profit organization, Fore-Kin Trails Genealogical Society.)

MONTROSE FARMERS MARKET SCHEDULE

Summer Market Dates:-Every Saturday May-October 29 9 am - 1 pm

Holiday Market Dates: First three Saturdays of November and December-10am-1pm

MONTROSE ALTRUSA-1st Tuesday of the month Program meeting; 2nd Tuesday of the month committee meeting; 3rd Tuesday of the month Business meeting. Meetings are held at the Hampton Inn conference room at Noon.

MONTHLY

Sept. 12-Montrose Citizens' Climate Lobby helped support approval of Garnet Mesa Solar Project for Delta Montrose Electric. Come celebrate and plan next local action project. Monday Sept. 12 at 5pm Montrose Library meeting rm. Non-partisan, National, All Welcome, info 765-9095.

Sep 17- WHOLE BEING HEALTH AND WELLNESS EXPO. 9 am to 5 pm. at the Rec Center sponsored by the Healing Collective of Western Colorado. It is free to the community offering 24 classes, 30+ Educational Booths, a Silent Auction, and Food Trucks.

Sept. 17-Love Your Gorge, Saturday, September 17, Uncompandere River Gorge, Ouray, Colo. Volunteer work day and picnic with the Ouray Ice Park and UWP. Co-sponsored by the Uncompandere Watershed Partnership, Ouray Ice Park, and City of Ouray. Information/ Sept. 23-Montrose County Historical Society presents, "Night at the Depot" on Sept. 23rd, 5-8 pm. The event features members from the City and County Preservation Boards, special depot history, local authors, and a photography exhibit. Also, there will be a short walking tour to highlight some of the local historic registry buildings on the west side of Main Street. LaNoue DuBois Winery will also be sharing its history at the museum. You will be able to purchase a depot wine bag/tote and possibly a bottle of LaNoue DuBois wine. So come to the museum for a special night .and learn about the depot and local history. Tickets are \$10 per person.

Sept 24--At 4 pm on Sept. 24 don't miss the Ridgway Old West Fest/Glen Campbell Tribute Concert by Debby Campbell.

Sept 18 – Free Fall Concert, Montrose Community Band. Premier of 'Themes and Variations on Colorado Women" as well as several crowd pleasing favorites. 3pm at Montrose Pavilion Concert Schedule

Sept. 29-30-Ouray Reconnect & Reboot, Thu. & Fri., Sept. 29 & 30: A meetup organized by the San Juan Mining & Reclamation Conference Committee. Join mining, reclamation and water science professionals, researchers, analysts, educators, policymakers, and regulators to advance mine restoration knowledge, technology and projects to benefit local water quality. This two-day event includes a keynote talk at the Wright Opera House, an open house at Ouray Silver Mines offices, happy hours, and field trips to mine restoration projects in the San Juan Mountains. Information, sponsorships & registration soon: <u>https://www.mountainstudies.org/sjmrc</u>

Oct. 1-The public is invited to attend the Back to the Old Spanish Trail field trip on Saturday, Oct. 2, from 9am to noon. Transportation will be provided by the Interpretive Association of Western Colorado (IAWC). Please plan to meet at the Fort no later than 9 am and return no later than noon. We will be using a school Bus, so seating is limited to the first 46 folks who sign up. Wear comfortable shoes and bring water. RSVP is required please call 970 874-8349.

Oct. 8-Bosom Buddies Fun Run. Opening ceremonies will begin at 9am. For info visit www.bosombuddiesswc.org.

Nov. 7-The next meeting of the Montrose Women's Giving Club is Nov. 7, 5:30 p.m. at The Bridges. Everyone who attends may nominate their favorite charity. More information is available by contacting the club at <u>GIVINGCLUBOFMONTROSE@GMAIL.COM or call 970-209-9598.</u>

Nov. 9-Polio Survivors' meeting. The meeting is to be held at the Delta rec center Nov 9 from 1-3 pm. All those effected by polio their caretakers, spouse and family. The meeting will have a time of education and time for sharing of resources.

MONTROSEMIRROR

Contact the Montrose Mirror: 970-275-0646 Editor@montrosemirror.com www.montrosemirror.com

READER PHOTO SPOTLIGHT: DEB REIMANN

Deb snapped these photos at the Wheeler Geologic Formation in the La Garita Wilderness near Creede. "It's off the beaten path and is a bit of a journey to get there, but well worth it," she said. "The collapse of the La Garita Caldera eventually formed bizarre and fascinating rock structures at 11,500 feet. The rugged columns and cascades of tuff formed after ash from the supervolcano compressed and solidified. Over time, erosion events chiseled the rock into a variety of these otherworldly shapes. "The Wheeler Geologic Area is named after George M. Wheeler, US Army Corp of Topographical Engineers, who conducted extensive studies in the late 1800's."



Camp Robber 970-240-1590

Crash Burger 970-249-0825

Heidi's Brooklyn Deli 970-240-1605

> Coffee Trader 970-249-6295 970-787-9021

Tacos & Beer 970-964-4448

Alpen Confections New Location - Open Soon 970-648-0609

Busy Corner White Kitchen 970-323-6215

> Pahgre's 970-249-6442

Premier Sponsor: Montrose Farmers Market 970-249-0705





Amelias Hacienda Restaurante 970-249-1881

> Trattoria de Sofia Now Open 970-249-0433

> > Rib City 970-249-7427

Double Barrel Taco Co. 970-417-4340

> Stone House 970-240-8899

Cold Stone Creamery 970-252-8014

> Mimo's 970-615-9406

My Favorite Muffin 970-765-0076

Sidelines Sports Bar 970-765-0129

Chang Thai Cuisine 970-240-4567 Light House Eatery 970-964-4424

San Juan Brews 970-901-8594

Tacos El Gordo 970-964-4022

Remington's at the Bridges 970-252-1119

> Horsefly Brewing 970-249-6889



Rio Bravo 970-964-4477

Jimmer's Steak & BBQ 970-252-1227

Fiesta Guadalajara 970-249-2460

> El Jimador 970-249-8990

970-240-4567 Buckaroos Slices & Scoops 970-787-9437 DineOutMontrose.com