

# the Montrose Mirror

Issue No. 502 Oct. 10, 2022

*Fresh News for Busy People!*



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## BOCC RECOGNIZES OUTSTANDING ROAD & BRIDGE STAFF; COUNTY STAFF HONORS HANSEN

By Caitlin Switzer

MONTROSE- BOCC Chair Keith Caddy opened the regular meeting of the Montrose Board of County Commissioners (BOCC) on Wednesday, Oct. 5. Road & Bridge Superintendent Brandon Wallace led all in saying the Pledge of Allegiance. BOCC Vice Chair Sue Hansen was also present; Commissioner Roger Rash was absent.

Delivering the invocation was Pastor Chris Peterson of Crossroads Victory Church. "...Dear Lord we thank you for this great county that you have placed us all in, we thank you for the leadership that surrounds this room...we ask for your blessing over Montrose County, that you will continue to bless us with your favor, that you will continue to grant greater influence in the great State of Colorado...we ask you to bring your peace to Montrose County..."

### PUBLIC COMMENT PERIOD

County Manager Jon Waschbusch took time for employee recognition. Superintendent Wallace introduced Road & Bridge Operators Rusty Catlin and Shan Stratton, and commissioners recognized the two for their victories this year at the National Equipment Rodeo and at the State and National Backhoe Competitions.



*During the Oct. 5 BOCC meeting, Montrose BOCC Vice Chair Sue Hansen was recognized for winning a Montrose Daily Press Best Public Official in the Valley award. Digital Communications Manager Erika Story presented Hansen with a tiara on behalf of county staff. Meeting screenshot.*

*Continued pg. 13*

## 'I'M 81 YEARS OLD NOW AND I'M NOT GOING TO DO IT ANYMORE' Citizen calls attention to neglected city berm during council meeting



*A Montrose resident told the city council last week that planting trees for a now neglected roadside berm was a "waste of money." Photo by Gail Marvel.*

By Caitlin Switzer

MONTROSE- The Montrose City Council gathered for a regular meeting on Tuesday, Oct. 4. All councilors were present except for Councilor Ed Ulibarri, who was absent. Mayor Dave Frank opened the meeting and led all in saying the Pledge of Allegiance.

Mayor Pro Tem Barbara Bynum asked that the fifth item of business, a Youth Council applicant interview, be stricken from the agenda as the young applicant was not available. "We will catch up with him at a later date."

### CALL FOR PUBLIC COMMENT ON NON-AGENDA ITEMS

Citizen Butch Zinsli spoke to Council. "When they built the new roundabout, and they made a temporary road to the golf course,"

*Continued pg 16*

in this  
issue

[Enel Green Power  
Developing Solar Project!](#)

[MRH Breaks ground on  
Ambulatory Care Center!](#)

[Reader Photo  
Spotlight: Kerri Catlin!](#)

[Square Pegs for  
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### CITY OFFICES TO CLOSE ON INDIGENOUS PEOPLES' DAY OCT 10

*Special to the Mirror*

**MONTROSE** — The City of Montrose will be closed Monday, Oct. 10, in observance of Indigenous Peoples' Day, formerly known as Columbus Day. City Hall, the Downtown Visitor Center, Municipal Court, Animal Shelter, Montrose Pavilion, and Public Works will all close in observance of the holiday.

Police Department offices will be closed, however, officers will be on duty and responding to calls.

The Black Canyon Golf Course and the snack bar will be open, however, The Rusty Putter restaurant will be closed.

The city's trash and recycling collection schedule for the holiday week has been modified. For trash routes normally scheduled for Monday, October 10, residences south of San Juan Avenue and U.S. Highway 50 will receive trash collection services on Tuesday, October 11. For residences north of San Juan Avenue and U.S. Highway 50, trash pickup will occur on Wednesday, October 12.

Recycling collections normally scheduled for Monday, October 10, will occur on Friday, October 14.

For more information contact City Hall at 970.240.1400.

For information, visit [CityofMontrose.org](http://CityofMontrose.org).

## THE MONTROSE MIRROR

Published every Monday since 2010 in Montrose, Colorado, to a readership of over 17,000 residents of Western Colorado. Founder, Editor, and Publisher: Caitlin Switzer

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## COLORADO NEWS BRIEFS

### TRANSLATION RESOURCES FOR COLORADO VOTERS

*Special to the Mirror*

COLORADO-Resources are available to Spanish speaking voters at [www.VayaVotarColorado.gov](http://www.VayaVotarColorado.gov).

Starting on Oct. 17, Colorado voters can call the Secretary of State's Language Assistance Hotline for assistance with translating their ballot. The new hotline will allow Spanish, Korean, Chinese, Taiwanese or Vietnamese speakers to receive real time translation of their ballot content from a live interpreter. Additional languages are available for interpretation upon request.

To access the hotline, voters may call the Secretary of State's Office directly at 303-860-6970 and a staff member at the Department will connect them to an interpreter for assistance with translating the content of the ballot.

It takes a community.

## Do you have the desire to help at risk children?

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## REGIONAL NEWS BRIEFS

### CITIZENS CLIMATE LOBBY TO MEET @ MONTROSE LIBRARY ON OCT. 10

*Special to the Mirror*

MONTROSE-On Oct. 10, 5:30pm Citizensclimatelobby.org meets for progress on combating climate change. Montrose library meeting rm., nonpartisan, national, environmental all [welcome.info](http://welcome.info) at 970-765 9095.



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## REGIONAL NEWS BRIEFS

### DELTA COUNTY AWARDED FIRE MITIGATION FUNDING FROM COLORADO STRATEGIC WILDFIRE ACTION PROGRAM

*Special to the Mirror*

DELTA - The Colorado Strategic Wildfire Action Program (COSWAP) awarded Delta County 10-weeks of wildland fire fuels mitigation work valued at \$108,360. The mitigation work will focus on planned projects in Wildland Urban Interface(WUI) areas, strategically designed to protect the community in case of wildfire.

In November, the grant will fund two weeks of work that will begin clearing G50 Road in preparation for the new boat ramp area. The other eight weeks will be spent in Paonia and on the Grand Mesa, near Cedaredge, next summer. "Delta County is thrilled to be partnering with COSWAP to assist us on these incredibly important fuel reduction projects to immediately benefit Delta County communities with a focus on protecting life, property, and critical infrastructure." Said Delta County Administrator Robbie LeValley. "These crews will be a vital component of completion of some of the biggest fire mitigation projects the County has planned in 2022 and 2023."

The Colorado Strategic Wildfire Action Program (COSWAP) within the Department of Natural Resources was launched by Governor Polis' administration through the bipartisan SB 21-258 to invest in targeted wildfire risk mitigation, prioritize, and fund key mitigation projects. COSWAP is designed to quickly move \$17.5 million in state stimulus funds to start on-the-ground work on fuel reduction projects and increase Colorado's capacity to conduct critical forest restoration and wildfire mitigation work that will increase community resilience and protect life, property, and infrastructure.

The eligibility requirements of the COSWAP Workforce Development grant allowed for federal agencies, state agencies, local governments, tribes, public utilities with infrastructure or land ownership, registered homeowner associations, property owner associations, formal neighborhood associations, road districts, wildfire councils, or non-profit organizations that promote fuel reduction projects.

[More information about the COSWAP program](#)

**For information about Delta County,** please visit [www.DeltaCounty.com](http://www.DeltaCounty.com).

### HOUSE FEELING A LITTLE EMPTY?

**Now that the kids are out on their own, do the empty rooms have you thinking it may be time for a change? If this sounds familiar, give me a call today. I can help you navigate this change with ease, get you a great price for your current house, and find you the perfect home for a bright new beginning. Call or text me today to discuss your needs, I am your local Senior Real Estate Specialist!**



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## REGIONAL NEWS BRIEFS

### SHOOTING INCIDENT AT PARADOX TRAIL RESIDENCE

*Special to the Mirror*

MONTROSE—On Oct. 6 at approximately 5:34pm, the Montrose County Sheriff's Office and the Montrose Fire Protection District's fire and EMS team were dispatched to a residence in the 19,600 block of Paradox Trail for a report of a shooting that occurred. Upon arrival, deputies located a 36-year-old female suffering from a gunshot wound to the shoulder.

The victim was transported to Montrose Regional Health and later transferred to St. Mary's Hospital in Grand Junction in guarded/stable condition. The suspect is Kristie Jones, a 63-year-old female, who was detained and later arrested by deputies. She is currently being held on a \$60,000 bond for attempted homicide, reckless endangerment, 1st degree assault, and prohibited use of a weapon. The shooting stemmed from an argument at the suspect's residence. The case is still under investigation.

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Did you ever have that friend who always finds the perfect card or always orders the most delicious meals, drinks and treats?

Well, welcome to **Square Pegs** a curated monthly guide to cool wanderlust worthy finds throughout the valley.

These are not paid advertisements, but a collection of fun finds (which we pay for) and are passing along to you. We will be listing fun activities or cool stuff seen. some of it even free. Check out **page 57** for your first gander.



## REGIONAL NEWS BRIEFS

### NEW PHYSICIAN JOINS DELTA HEALTH WEST ELK HOTCHKISS CLINIC

*Special to the Mirror*

DELTA – The Delta Health West Elk Hotchkiss Clinic is excited to welcome its newest Family Practice with Obstetrics Physician (FPOB), Daniel Frantz, DO.

Frantz grew up north of Dallas, Texas in a town called Frisco. He did his medical training in Fort Worth Texas where he was trained in osteopathic manipulative medicine (OMM).

For residency, Frantz practiced family medicine in Wichita, Kansas.

"Midway through my undergraduate career I realized I wanted to be a doctor," said Frantz. "I had done some mission work in Haiti and saw the way that someone with a medical mind was able to look at the whole person and was able to do good in people's lives."

Frantz said he learned a lot about rural communities and some of the challenges people face when geographically they may not have access to medical specialists or services. That experience in Haiti drew him into rural medicine and osteopathy which is the treating of patients using manual manipulation.

"The OMM side of my training taught me about soft tissue and the working of the muscles and bones and aligning the body so that it can function as a cohesive unit and maintain adequate function," said Frantz. "The family medicine part of my training also really prepared me for rural medicine with an emphasis on obstetrics and higher acuity medicine."

With a whole-person approach, Frantz likes to allow patients to tell *him* why they are there. He likes to listen and learn about everything that is going on in their life to then create a treatment plan that makes sense.

"I see people as more than just a disease that might be going on in that moment," said Frantz. "I like to look at them as a unit, and I want to optimize their health. I focus heavily on the prevention of the disease and not just the treatment of the acute problem happening at that moment." Family medicine means that Frantz gets the opportunity to work with patients from all walks of life. From newborns to older adults, it provides the chance to work with the whole family.

Frantz is also particularly excited about the opportunity to practice obstetrics and work closely with patients through pregnancy and even care for them and their babies postpartum.

"I am looking forward to working with the team in Hotchkiss," said Frantz. "We have a great group of physicians there. I even did my training with one of the new physicians at the West Elk Hotchkiss Clinic, Dr. Rose. I am excited to work with her and with the rest of the amazing providers."

Frantz and his wife love the mountains and are happy to be living on the Western Slope of Colorado. They can't wait to explore and get to know the community.

Frantz is currently scheduling new patients. To schedule an appointment, call 970.874.1400 or [deltahealthco.org/west-elk-clinic-of-hotchkiss/](http://deltahealthco.org/west-elk-clinic-of-hotchkiss/).



**Daniel Frantz, DO.**  
*Courtesy photo.*



20



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## OPINION/EDITORIAL: LETTERS

### PLEASE VOTE FOR DEMOCRATS, INCLUDING KEVIN KUNS

*Editor:*

I have known Kevin Kuns since he became head of the Democrat Party in Montrose county. He is an extremely hard worker & cares deeply about the common man and democracy. His is running for State Representative for Colorado's district 58.

Even though my parents were Republicans, when I came of age, I chose to become a Democrat because I felt it was the

party that had the most heart. But I never worried when a Republican was elected in the past. That has changed for me.

I think about 2/3 of today's Republicans support Donald Trump, who is for all practical purposes, the head of today's Republican party, and in my judgment, he has low character.

Republicans and unaffiliated voters: if you care about our democracy and carry-

ing on with the goodness and integrity of America's ideals, please vote for Democrats, including Kevin Kuns, this time around.

When the "real" Republicans like my parents supported, take hold again, I will welcome them back as Republicans. We need a two-party system for our democracy to grow and prosper.

*Linda Copley, Montrose*

## REGIONAL NEWS BRIEFS



### Lotería—Oct. 12

**The Montrose Library  
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MONTROSE REGIONAL  
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### NEW PUBLIC SAFETY COMPLEX NOW OPEN TO THE PUBLIC

*Special to the Mirror*

MONTROSE — The public is now able to access the Montrose Police Department at its new headquarters inside the Montrose Public Safety Complex, MPSC, located at 434 South First Street. Hours of operation are Monday through Thursday from 7 a.m. to 6 p.m.

Residents can access the new facility for the following services: crime or incident reporting, filing and receiving accident and police reports, releasing of impounded vehicles, and obtaining vehicle identification number, VIN, inspections.

Other services available at the new Montrose Police Department facility include patrol services, code enforcement, sex offender registry, community policing, investigations, and victim advocacy.

South First Street in front of the new Public Safety Complex and City Hall will reopen but will be "one way only" with traffic flowing westbound. Sign boards will be in place to remind the public about the proper flow of traffic.

The Montrose Police Department can be reached at 970.252.5200 or via the non-emergency dispatch line at 970.249.9110. The department's fax number is 970.252.5216.





# 5th Annual MANUFACTURER'S EXPO OPEN TO THE PUBLIC



You are invited to **MEDC's 5th Annual Montrose Manufacturers Expo**. Join the Montrose community for an event of education and information about the economic impact our manufacturers contribute to Montrose County. See what our STEM students can do and what **employment opportunities** are available. Attending the Expo is a great way for the community to show support to our companies and learn what products and services are available locally! We will see you there!

## WHEN - WHERE?

**November 3, 2022 (Thursday): 11:30 am – 5:00 pm**

**Montrose County Event Center: 1036 N 7th St, Montrose, CO 81401**

**11:30 am – 1:00 pm Informational Presentations**

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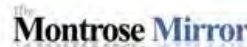


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## REGIONAL NEWS BRIEFS

### ONLINE CHRISTMAS TREE PERMITS AVAILABLE SOON

*Special to the Mirror*

DELTA – Christmas tree permits for the Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests will be available to purchase online through [Recreation.gov](https://www.recreation.gov) beginning Oct. 13, 2022. Details about designated cutting areas, cutting dates and types of trees that may be cut can be found [here](#).

The Forest Service will continue offering online permit sales through [Recreation.gov](https://www.recreation.gov) for the 2022 season. In person transactions may be available depending upon the ranger district. For more information on office hours and vendor options visit our [website](#).

To purchase a Christmas tree permit, visit

[Recreation.gov](https://www.recreation.gov) and search for Grand Mesa, Uncompahgre and Gunnison National Forests Christmas Tree Permits. It is important to carefully read the overview and need-to-know information before purchasing the permit. Visitors will also need to set up or log in to a [Recreation.gov](https://www.recreation.gov) account to complete the transaction.

*“Coloradans have been cutting their very own Christmas trees in the GMUG National Forests for generations,”* said Chad Stewart, GMUG Forest Supervisor.

*“Lifelong memories and family traditions are created during these special times and the GMUG is honored to be part of this treasured experience.”*

Cutting a Christmas Tree improves forest health.

The permit system helps to thin densely populated strands of small-diameter trees. Local forest health experts identify areas that benefit from thinning trees that tend to be the perfect size for Christmas trees. Removing these trees in designated areas helps other trees grow larger and can open areas that provide forage for wildlife.

For more information on current fire restrictions, conditions and recreation opportunities, visit the [forest website](https://www.forestwebsite.com) or [www.westslopefireinformation.com](https://www.westslopefireinformation.com). Connect with us or follow us on social media ([Twitter](#) and [Facebook](#)).

# MONTROSE COUNTY ADMINISTRATION BUILDING

COMMISSIONERS, VETERAN SERVICE OFFICER & MEDIA RELATIONS

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## BOCC MEETINGS & WORK SESSIONS

BOCC Meetings and Work sessions will continue to be held at the Planning & Development Building located at:  
63160 LaSalle Road  
Montrose, CO 81401

## QUESTIONS?

Call (970) 249 - 7755 or visit [www.montrosecounty.net](https://www.montrosecounty.net)







**NOW, MORE THAN EVER,  
YOUR VOTE MATTERS**



\*\*\* Please, **vote by November 8th**, and help determine the direction you want our leaders to take our state and our country.

**VOTE THE ENTIRE DEMOCRATIC TICKET  
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## **WHEN DEMOCRATS ARE ELECTED, THEY DELIVER FOR ALL CITIZENS**

- Wealthy Americans and corporations will now pay their fair share of taxes
- Federal protections against abortion bans
- \$1.2 trillion for aging infrastructure – roads, bridges, pipes – and broadband internet across the country
- Lower healthcare costs and premiums
- First major gun safety legislation in decades
- Medicare can bargain down prescription drug prices with costs capped at \$2,000 annually
- \$369 billion for climate action and clean renewable energy
- Took out an Al Qaeda leader accused of planning 9/11 and other terrorist attacks on Americans
- \$1.87 billion for farm programs
- PACT Act: Provides expanded health care to veterans exposed to toxic substances
- Protecting our land, air and water
- Low unemployment and historic job growth
- CHIP Act: Expands production of semi-conductors by American companies
- Leading allies in support of Ukraine and the expansion of NATO
- Defending democratic principles and the Rule of Law for all citizens

All of this – and more – was accomplished on your behalf with little or no support from the Republican Party, the party of “No.”



## BOCC RECOGNIZES OUTSTANDING ROAD & BRIDGE STAFF; COUNTY STAFF HONORS HANSEN

*From pg 1*

Also recognized was BOCC Vice Chair Sue Hansen.

Hansen recently won the 2022 Best of the Valley Best Elected Official Contest in the *Montrose Daily Press*, Digital Communications Manager Erika Story said. "I would like to congratulate you Sue on this top honor," Story said. "It is an absolute honor to work with you. Personally, I think you are an amazing leader. I know that you care deeply about our community, and you always want to hear from residents..." On behalf of County employees, Story presented Hansen with a tiara.

"Finally, a tiara!" Hansen said, and thanked Story. "I've been voting for myself."

### COUNTY MANAGER

County Manager Jon Waschbusch had no changes to the meeting agenda.

### CONSENT AGENDA

Consent Agenda items were approved unanimously, with Resolution No. 67-2022 assigned to Item 6, and Resolution No. 68-2022 assigned to Item 7.

### MONTROSE COUNTY LOCAL LIQUOR LICENSING AUTHORITY

Commissioners left regular session to reconvene as the Montrose County Local Liquor Licensing Authority.

They voted to approve the application for renewal of the Tavern Liquor License for Cedar Bowl Three Coins, 27802 CC Road - West 10th Avenue, Nucla, Colorado 81424, license #04-53646-0000. All appropriate documents, reviews, inspection, background check and fees have been submitted pursuant to CRS 44-3-302. No concerns were reported by the Sheriff's Office or the Planning Department.

### GENERAL BUSINESS & ADMINISTRATIVE ITEMS

The BOCC voted to approve a contract change for Change Order No. 4 in reference to the Federal Grant AIP - 56 for the Airport Terminal Expansion Project. This includes Non-Federal Items, COR 139 for repainting of the existing metal roof which was previously approved. COR-154 for relocation of AOA Gate 3 needs approval in the amount of \$25,270. This changes the cost of the work described from \$33,131,241.45 to \$34,160,729.50.

Also approved was a contract change for Change Order No. 2 in reference to Construction of the Long Term and Rental Car Parking Lots for a total of \$128,263.23.

This changes the cost of the work described from \$3,344,995.20 to \$3,472,485.90.

### PLANNING & DEVELOPMENT ITEMS

The first four Planning & Development items, all minor subdivisions, were approved with one vote:

- The LaRel's Minor Subdivision [MI22-038] proposal to divide one lot from 41.327 acres at Parcel 399326100036;

- The Western Slope Holdings Minor Subdivision [MI22-040] proposal to divide 35.940 acres into three lots at Parcel 376535100035;

- The Maskus Minor Subdivision [MI22-042] proposal to divide 36 acres into three lots at Parcel 349335100001, 54654 Banner Rd;

- The Little Bear Minor Subdivision [MI22-043] proposal to divide 3.042 acres into two lots at Parcel 399131202003, 69032 Underwoods LN.

The BOCC voted to approve the Fawn Meadows Subdivision Sketch & Preliminary Plan [MA21-006] to divide 26.510 acres into eight lots at Parcel 372120103002.

Also approved was the East Mesa Large Tract Exemption [EX22-038] proposal to divide one lot from a 102.560-acre parcel at Parcel 372313100006, 6514 6150 RD.

With no further business, the meeting was adjourned.



*ANONYMOUS*

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## COLORADO NEWS BRIEFS

### RESULTS OF SIMMS FIRE FACILITATED LEARNING ANALYSIS RELEASED

*Special to the Mirror*

LAKEWOOD— Results from the Simms Fire Facilitated Learning Analysis (FLA) have been released and several resulting recommendations were made to minimize the risk of escaped prescribed fires in the future. The FLA was initiated since the source of the Simms Fire was determined to be a spot fire from the Simms Mesa Prescribed Fire. As a learning organization, the U.S. Department of Agriculture's Forest Service was determined to study the actions that led to this unintended outcome to avoid similar mishaps in the future. The review included:

Facilitated Learning Analysis – This is a tool commonly used in accident investigations to improve future performance by learning from unintended outcomes; it helps decision makers and prescribed fire practitioners understand where things went wrong and what can be improved.

-Fire Environment Analysis – This is a review of the environmental conditions that influenced the fire's behavior in a way that was not anticipated.

-Wildfire Review – This is an evaluation of the

prescribed fire operation to ensure compliance with agency guidelines and burn plan elements and improve risk-informed decision-making in the future.

While the Simms Mesa Prescribed Fire was found to have been conducted within the burn plan parameters such as weather, fuel moisture content, adequate personnel, and contingency resources, recommendations were made to maximize success in future prescribed fire activities, including:

- Review fuels in and adjacent to the burn area and ensure that the fuels are modeled accurately when developing a complexity analysis.
- Ensure an on-site, properly functioning Remote Automated Weather Station to collect accurate and relevant weather and fuel moisture data.

- Include robust contingency actions and maps showing access roads, structures, and other values in burn plans, particularly when burning near homes and private land.

"Prescribed fire is a crucial management tool that reduces the risk of catastrophic wildfire while improving forest resiliency," said Chad Stewart, forest supervisor of the Grand Mesa,

Uncompahgre and Gunnison (GMUG) National Forests. "It is also difficult work with inherent risks, but we will learn from this experience and move forward to protect local communities and the lands that we manage."

Recommendations to help fire managers resume a safe and effective prescribed fire program were released by the National Prescribed Fire Review Team in early September, following the Forest Service nationwide pause on prescribed burning. Those, along with recommendations from the FLA, will be carried forward in the GMUG's prescribed fire program.

[For more information on the National Prescribed Fire Review, visit https://www.wildfirelessons.net/HigherLogic/System/DownloadDocumentFile.ashx?DocumentFileKey=d19e4406-ac0a-c1c2-273d-e4577e5a56e8&forceDialog=0](https://www.wildfirelessons.net/HigherLogic/System/DownloadDocumentFile.ashx?DocumentFileKey=d19e4406-ac0a-c1c2-273d-e4577e5a56e8&forceDialog=0)

To review the Simms Fire Facilitated Learning Analysis, visit the Lessons Learned website at <https://www.wildfirelessons.net/orphans/viewincident?DocumentKey=fd037140-250c-49ba-b85f-be9b18e04421>. For more information, contact Donna Nemeth, [donna.nemeth@usda.gov](mailto:donna.nemeth@usda.gov), 360-951-8486.





# Mental Health

A recent report by a western slope law enforcement agency stated that 60-80% of returning inmates are on (or should be on) antipsychotic drugs. Instead of burdening law enforcement, we need more mental health professionals to help these folks get the services they need to be productive citizens. We need more funding for co-responder programs, where both law enforcement and mental health professionals show up at the scene of a situation involving domestic violence, suicide, or substance abuse. These situations can often be defused by co-responding teamwork and getting that individual to a place (other than jail) where they can get the help they need. The City of Montrose Police Department and the Gunnison County Sheriff's Office are already implementing effective co-responder programs.

## Teen Suicide

On the western slope, we continue to see teen suicide rates climb every year. Our children today are experiencing teen PTSD (anxiety and depression) brought on by social media bullying, teen domestic violence affecting 1 out of 10 teens, two years of COVID, and no apparent end to school shootings. I will fight for more funding for organizations like Peer Kindness, Axis Health System, and CASA, and find ways to expand collaboration between like-minded organizations focused on teen suicide and bullying.



"Kevin is the ultimate champion for rural Colorado and the western slope. Left, right, or center — Kevin will fight for you, your family, and your community. He will fight to protect Colorado's water, invest in rural healthcare, and ensure every student receives the education they deserve. I have no doubt that Kevin will have an immediate and important impact on the Colorado Legislature. I am proud to endorse him for House District 58."

**Dave Young, Treasurer, State of Colorado**



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## CITIZEN CALLS ATTENTION TO NEGLECTED CITY BERM *From pg 1*

Zinsli said, “they built a berm on the east side of that temporary road...they probably planted 50, 60, trees and plants in there...nobody maintains that.

“When they first opened that, I went over there and pulled the weeds. Well, I’m 81 years old now and I’m not going to do it anymore. They’re not getting water to the plants...the weeds are so tall now that you can’t even see the dead plants.”

Zinsli said that the city has said the responsibility for maintenance lies with the golf course, while the golf course says that the city parks department is responsible. “Nobody is maintaining or taking care of it...it’s just a waste of money as far as I’m concerned.”

### CONSENT AGENDA

Consent Agenda items were approved, including minutes of the Sept. 19, 2022, special City Council meeting and minutes of the Sept. 20, 2022, regular City Council meeting. Also included was approval to appoint applicants Grace Hotsenpiller, Ciana Beller, Maggie Ellen Kusar, Sydney Bell, Khloey Kuehn, Hunter Barton, and Caitlin Dovey to the City of Montrose Youth City Council for the 2022-2023 term.

### TAVERN LIQUOR LICENSE TRANSFER APPLICATION

Council voted to approve an application for the transfer of a Tavern liquor license at 1391 S. Townsend Avenue from BC Montrose LLC, d.b.a. Holiday Inn Express Montrose Bar, to CP Montrose LLC, d.b.a. Holiday Inn Express & Suites Montrose, Colorado, for consumption on the licensed premises. There has been a change of ownership; no changes to operations were noted. The applicants were present by Zoom, including Attorney Adam Stapen of Denver and Holiday Inn Express General Manager Marcie Giles.

### NEW LODGING AND ENTERTAINMENT LIQUOR LICENSE APPLICATION

Council also voted to approve an application for a new Lodging and Entertainment liquor license at 1544 Oxbow Drive for Montrose Day Spa & Wellness Center, LLC, d.b.a. Montrose Day Spa, for consumption on the licensed premises. Applicant and business owner Wendy Campbell was present to answer questions.

### ORDINANCE 2597-FIRST READING

As discussed previously in work session, Council voted to adopt Ordinance 2597 on First Reading, repealing Subsection 6-1-28 (L) from the Official Code of the City of Montrose, Colorado, to remove a reference to an unused account.

### WOODS CROSSING NORTH SUBDIVISION PRELIMINARY PLAT

Council accepted public comment before voting to approve the Woods Crossing North Subdivision Preliminary Plat expressly conditioned upon City staff ensuring that all policies, regulations, ordinance and Municipal Code provisions are met and that the Applicant adequately addresses all of staff’s concerns prior to execution of the Final Plat. Speaking during the time allotted for public comment was Citizen Lori Webb, who expressed concerns about the infrastructure in the area. “I live right across from this proposed subdivision, which I know is going to go through,” she said, and raised several concerns.

“...For 6720 Road, you have a 12-foot ditch right there on 6720 Road and Sunnyside,” Webb said. “That is vacant land that he is giving the city...we were also told at the Planning Commission that that road would not be touched for at least 10 years. The traffic study that was done was done during COVID,” she said. “So therefore, if you take zero cars and now you’re going to put 287 homes, which is a total of 574 cars—that’s just in the Woods Crossing North, that doesn’t include what is up on 6800 Road and Sunnyside as well. You also have the catholic school...plus you also have the corner of Miami and 6720 which has also been huge thorn for a lot of people.

“I would like to see more open space on that corner of 6720 and Sunnyside,” Webb said, “...Because you’re getting five Acres...but you have nothing to be able to back it for later development of a road if he puts houses right there...there’s no buffer...I think there needs to be a buffer like all the other subdivisions have...you’re going to gridlock it again just like a lot of other subdivisions.

“Just don’t make the mistakes that have been made in the past just because you

want to put development in—think about the infrastructure.”

Webb asked about low lighting as well. “There’s a light right now on that Woods Crossing, I can see it a quarter of a mile away right now, and that’s just one. What’s going to be right across from me?” There were no further comments from the public.

**Background-**A memo from Planner William Reis to Council states, “The Woods Crossing Preliminary Plat will subdivide a 160.71 acre parcel into a residential subdivision. The property is bordered on south by Sunnyside Road, on the north by Miami Road, on the west by 6720 Road, and on the east by agricultural fields and single-family homes. The majority of the parcel (134+ acres) is zoned R-3 Medium Density District, with two B-4 Neighborhood Shopping District sections with the condition that multifamily residential uses are not allowed in these two areas. The residential lots proposed on this preliminary plat all fall within the R-3 Medium Density District. This preliminary plat proposes 287 single-family residential lots, a 5.42 acre dedicated public park, 11.17 acres of other open space, associated rights-of-way, and a 76.32-acre outlot for future development.”

### RESOLUTION 2022-13

Council voted to adopt Resolution 2022-13, setting Nov. 15, 2022, as the hearing date for Hilltop North Addition Annexation. Commenting on the map, Councilor Doug Glaspell asked whether the city would be splitting a road with the county, which was affirmed. “If you have a complaint, call the county first,” Glaspell said.

### INTERGOVERNMENTAL AGREEMENT FOR SHARED SERVICES

Council voted to approve the Intergovernmental Agreement between Montrose County and the City of Montrose for Liquor Licensing Shared Services. Following this approval, the IGA will automatically renew and may be cancelled by the parties at any time with 60 days’ advance notice.

“The money they pay for that, we do keep,” Councilor Doug Glaspell said of the fees paid by applicants. “The county doesn’t get any of that.”



## ***CITIZEN CALLS ATTENTION TO NEGLECTED CITY BERM From previous pg***

### **GENERAL COMMENTS**

Police Chief Blaine Hall said that the new Public Safety Complex would be open the morning of Thursday, Oct. 6, earlier than originally planned.

"We want to clearly educate the public that South First Street will be west bound only," he said.

Though one person had expressed confusion at the many doors of the new complex, Councilor Glaspell said that he heard "tons of very positive comments" from those who toured the new facility Sept. 27. "Congratulate you guys on that—it

was great."

Mayor Frank said, "I've heard from people that the response from the officers that were helping do the tours was so positive and so encouraging, and that they were excited to be moving into this new building, it really showed to the public that real positive outlook."

Said Police Chief Hall, "It's great to talk to people that want to talk to you, and it was a reminder to our officers that 99 percent of our community is filled with people just like those that came and visited us, and it was really refreshing. I was telling Bill, I

really don't want to go back to my old job—I really liked that job."

Mayor Frank said that Montrose has just been chosen one of the top 25 desirable places to live in the United States.

"We get kind of blinded living here," he said. "We forget how well we we're regarded in other cities around the State of Colorado, and how well we're regarded now nationally..."

"It's a really huge kudo and a gold star for the City of Montrose," Frank said.

With no further business, the meeting was adjourned.

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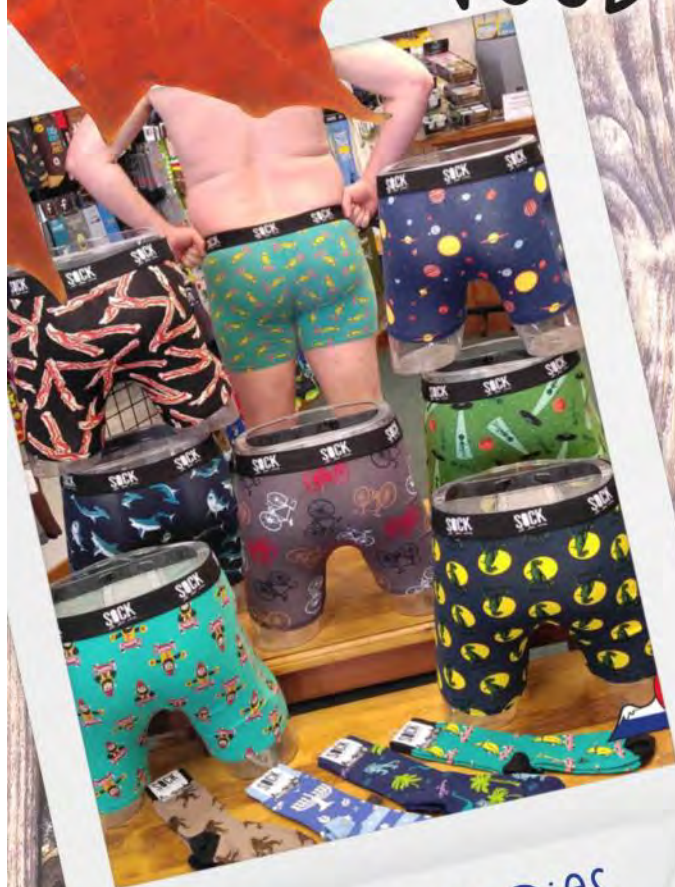
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# CITY TO LOOK AT IMPLEMENTING STORMWATER UTILITY FEE; RECENT INCIDENTS AT GOLF COURSE TO BE ADDRESSED OCT. 17



*City council has approved the award of \$74,261.25 for the safeguarding of a city-owned structure at 30 W South 4th Street (also known as the Bullock Power Plant).*

By Caitlin Switzer

MONTROSE-Montrose Mayor Dave Frank opened the city work session of Monday, Oct. 3 and welcomed everyone. All councilors were present for the session.

Frank began the work session with an apology; a planned discussion of recent incidents at the City's Black Canyon Golf Course will not take place until Oct. 17. "We've had some personnel issues, they're heavy to deal with...we want to make sure we have the people here to discuss that item...We want to make we have the right components in place before we discuss that...we want to make sure we have good information."

## DISCUSSION ITEMS

The first item up for discussion was a Stormwater Utility Fee Study Contract Award Recommendation.

Public Works Manager Jim Scheid presented the recommendation. "Great time to talk about stormwater right after it rained all weekend. Some of our stormwater system in town...is definitely aging and nearing end of life."

As development has occurred the system has been patched together and there are capacity issues as well as aging infrastructure, Scheid said. The city prepared a master plan in 2009. Moving forward, Council will be asked to consider award of a contract with Carollo Engineers, Inc in the amount of \$54,404 for the completion of a Stormwater Utility Fee Study. Work would begin this year, with a final report and implementation in April of next year.

Mayor Pro Tem Barbara Bynum asked about fees, "We currently don't have a stormwater fund and this would look at possibly creating one...I guess the study would answer how much those fees would be and who would pay them...the study would generate information for us on who would pay a stormwater fee."

"...That's what we need a study for," Scheid said. "...what the rate is and how it's implemented, I guess that's what we don't know yet."

Mayor Frank asked whether the program would be scaled by basin. Scheid said that fee structures would instead be based on contributions to the system.

City Manager Bill Bell said that stormwater regulations place a burden on local municipalities and are passed down by the Federal Government in the form of unfunded mandates placed on the City, creating the need for a local stormwater fee.

**Background-**A memo from Scheid to Council states, "Due to the aging stormwater infrastructure within the City of Montrose and the increasing requirements from the State of Colorado in regard to the treatment of stormwater, City Staff has requested proposals from consultants that specialize in utilities such as stormwater and the funding mechanisms that exist in similar communities to Montrose to conduct a comprehensive Stormwater Utility Fee Study..to provide a recommendation for rate fee structures for the Montrose City Council to consider, this study will include evaluating possible rate and fee structures by comparing them to benchmarks in the industry and to structures used by other agencies within the state of Colorado. The new approach under consideration would use a monthly stormwater fee based on the property's impact to the stormwater system. The stormwater utility billing system would be designed to create a system in which properties pay for their portion of the stormwater system's expenses and provide a predictable and sustainable funding source to properly maintain and update the stormwater system. This phase of the project is the "study," in which the consultant would provide recommendations and of rate structure formats. The consultant would provide op-

tions for the City Council to consider for a later phase of the project, which would be the "implementation" phase. The consultant would work closely with the City's finance department to be sure that any of the options provided would align with the existing billing system."

Council also discussed the possible authorization and award of \$74,261.25 for the safeguarding of a city-owned structure at 30 W South 4th Street (also known as the Bullock Power Plant), which was recently acquired by the City. The agenda notes that City Staff recommends that a contract in the amount of \$64,575 be awarded to Orion Environmental Inc. "A 15-percent contingency has been added to this quoted amount due to the uncertain nature of the work. The contract amount of \$64,575 plus a 15 percent contingency equals the total to be authorized of \$74,261.25. This is not a budgeted project and would be funded out of undesignated fund balance."

"Securing of the building is our first step, and shows commitment on our end," Scheid said. The item will come before Council for approval Oct. 18.

**Background-**A memo from Scheid to Council states, "The City purchased the former Bullock Power Plant in 2021 and has since been protecting the site and structure for future development possibilities and preparing for the pursuit of grant funding to remediate the site from environmental hazards. As a first step in this process the building and site need to be further secured and protected. The building is the focus for this contract recommendation and also the most urgent. The interior of the building is currently open to the weather, wildlife, and the potential trespasser. The building is also known to have environmentally hazardous materials such as asbestos that with grant funding could be remediated but in the meantime the structure needs to be secured to prevent the further spread of the hazardous materials. Due to the presence of hazardous materials, a licensed abatement contractor will be required to perform the work associated with the building security. The work will consist of the securing of any existing boards

**Continued next pg**



## ***CITY TO LOOK AT IMPLEMENTING STORMWATER UTILITY FEE***

### ***From previous pg***

covering windows and doors, the installation of new plywood and framing over any openings large enough for wildlife to enter on all levels, filling of mechanical and electrical system ducts and pipes protruding from within the structure, the barricading of existing doors and posting signage with the proper warnings of environmental hazards.

*This work may require the removal of some of the trees that have grown next to the building."*

City Clerk Lisa DelPiccolo presented the 2023 City Council Meeting Schedule and

calendar, and Council discussed rescheduling meetings that conflict with holidays.

#### **COMMENTS**

Councilor Ed Ulibarri thanked Mayor Frank for sharing the information on the golf course work session. Councilor J. David Reed thanked Police Chief Blaine Hall and city staff for the grand opening ceremony for the new public safety complex. "...It was just a very momentous day for our city and our community."

City Attorney Ben Morris discussed serving on the Community Advisory Board for Pre Trial Services and said that the City

had received a donation of \$100K from the estate of Deborah Hawk for the Municipal Animal Shelter. The money will help to supplement the animal services fund. Councilor Reed said that as an attorney he represents Second Chance Humane Society, which received a like donation. Scheid gave an update on the City's efforts to restore the former Wells Fargo Building.

City Engineer Scott Murphy said that open house meetings on the West Main Revitalization project were scheduled for later in the week.

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## OPINION/EDITORIAL: LETTERS

### FIRE AND BRIMSTONE APPROACH IS JUST THE WAY SOME FOLKS ROLL

*To the Editor:*

I was interested to note that Mr. Bartholome graciously requested examples of Lauren Boebert's Christian Nationalist lean. So I felt it only fair to oblige. On September 13, 2021, Ms. Boebert addressing a conservative Christian crowd at Womack's Charis Bible College stated "It's time the church speaks up. The church has relinquished too much authority to the government. We should not be taking orders from the government; the government needs to be looking at the church..." She went on to call for those in the audience to call on God to remove ungodly leaders and replace them with "righteous men and women of God" who realize the government should be taking orders from the church.

On June 26, 2022, speaking at Cornerstone Church in Basalt, Ms. Boebert stated "The reason we had so many overreaching regulations in our nation is because the church complied. The church is supposed to direct the government. The government is not supposed to direct the church. That is how our Founding Fathers intended it. I'm tired of this separation of church and state junk that's not in the Constitution." To go on Ms. Boebert stated, "It is so vital for the church to assemble". On September 9, 2022, in her official capacity as a member of Congress and our District 3 representative, she spoke at the Truth & Liberty Coalition's From Vision to Victory Conference in Woodland Park. Ms. Boebert stated; "It's time for us to position ourselves and rise up and take our place in Christ and influence this nation as we are called to do."

Now what church and what religion is she speaking of? To hear this talk one would think that all Democrats, moderate Republicans, and Independent voters hated God and America, this is simply not true. Ms. Boebert was wrong to state that the intent of the nation's founders was that "the Church should direct the government". One of the leading conflicts pre-

ceding the American Revolution involved opposition to efforts to create an Anglican bishop in the American colonies which would increase the political power of the church and infringe on civil liberties. In the 1800s calls for the separation between church and state were also in the forefront as Americans feared the dominance of the Catholic Church over government issues.

While every politician is allowed the right to express their views and practice their

religious beliefs, to promote these views as an us versus them platform, the righteous Godly and all of the other people who do not believe as we do is simply irresponsible, there is enough divisiveness in politics without dragging religion into the mix.

But of course promoting division, fear of those who are different, and a fire and brimstone approach is just the way some folks roll.

*Pam Rule, Montrose*



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## REGIONAL NEWS BRIEFS

### REALTORS® ARE GOOD NEIGHBORS - MONTROSE RECREATION DISTRICT RECEIVES \$1100 DONATION FROM MONTROSE ASSOCIATION OF REALTORS®



#### *Special to the Mirror*

MONTROSE-The Montrose Association of REALTORS® (MAR) presented a \$1120 check to the Montrose Recreation District on Friday, Sept. 30. The MAR donation was made possible due to its Realtor Day fundraiser and contributions made by the REALTORS® members. MAR members donated the funds to benefit the children's activities sponsorship program that the Rec Center provides to underprivileged children. According to the Rec Center's website, "scholarships are now available to ANY individual regardless of age for BOTH programs and facility passes!!! Anyone who qualifies for free/reduced lunch, WIC, LEAP, Medicaid or other assistance programs is eligible for \$75 per year in scholarships. Scholarships cover up to half of the cost of a program or pass." To present the check were the MAR Board of Directors; Doug Phillips, Michelle Martinez, Aaron Tobler, Andrea Johnson, Halley Combs and Andrew Reed. Accepting the check for the Montrose Recreation District were Justin Mashburn, Mari Steinbach, Sara Slusarski and not pictured, Debby Zarkis.

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## REGIONAL NEWS BRIEFS

### NEW DELTA HEALTH SURGICAL OPENS FOR COMMUNITY

#### *Special to the Mirror*

DELTA – Delta Health is excited to announce the opening of its newest clinic, Delta Health Surgical.

Formerly known as Delta Surgical Associates, Delta Health Surgical will be located at 95 Stafford Lane in Delta. An Open House and Ribbon Cutting are happening for the clinic on Thursday, October 6 from 4:00 p.m. to 5:30 p.m. There will be refreshments, tours of the clinic and an opportunity to meet with providers.

"We are excited to continue providing exceptional, compassionate surgical care to our patients and community with the

opening of our new clinic," said Matt Heyn, CEO and President of Delta Health. "Patients can expect the same top-of-the-line surgical care with industry-leading tools and technology to perform minimally invasive and complex surgeries."

Dr. Nickel and Dr. Cole are the surgeons at Delta Health Surgical and they are excited about the opening of the clinic. The surgeons will also now have immediate access to patient records from other Delta Health clinics, providing for a more seamless care experience.

All surgical services are performed at Delta Health Hospital in state-of-the-art ster-

ile operating rooms, with safety continuing to be top of mind. The Delta Health surgical infection rate has remained below national industry standards at 0.2 percent in 2020. This low infection rate translates to the highest levels of safety, quality and patient care for patients.

Delta Health Surgical offers a range of general surgery for treatments such as abdominal surgery, the appendix, gall bladder, liver, digestive tract, hernia repairs and more.

For more information or to schedule an appointment at Delta Health Surgical, call 970.874.8026 or visit [deltahealthco.org](https://deltahealthco.org).

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# Teacher Reimbursement Program

**Alpine Bank will reimburse teachers for school supplies for their classrooms, up to \$200, before November 1, 2022! <sup>[1]</sup>**



As a speech-language pathologist for MCSD, I travel to multiple schools throughout the district and visit home-bound students who are unable to attend school in person. I have used funds from Alpine Bank to purchase therapy materials that are easy to transport and applicable for students of all ages and developmental abilities.  
Thank you for your support, Alpine Bank!

—Lindsey Meewis



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[2] Alpine Bank debit cards are available with no annual fee to individuals with an Alpine Bank checking account.

**Contact: [JaneMarieAmundson@alpinebank.com](mailto:JaneMarieAmundson@alpinebank.com) or 970.615.8171**

[1] In order to be reimbursed you must have an existing account or open a new account with Alpine Bank and currently be employed as a teacher with the Montrose or Delta County School Districts. Reimbursement will be made within two weeks of presentation of valid receipts dated between 8/1/2022 – 11/1/2022.







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**SATURDAY & SUNDAY**  
**OCTOBER 15<sup>TH</sup> • OCTOBER 16<sup>TH</sup>**  
**10:00AM - 4:00PM**

**FREE ENTRY • DONATIONS WELCOME**

SATURDAY & SUNDAY, 10:00AM - 1:00PM: FALL CRAFTS, ACTIVITIES & BOOKMOBILE  
**SILENT AUCTION OF DONATED SCARECROWS TO BENEFIT THE BOTANIC GARDENS**  
(BIDS CLOSE AT 3:00PM ON SUNDAY)

**PARADE OF GARDEN CRITTERS**  
**SATURDAY • 1:00PM**  
FAIRIES, GNOMES, SCARECROWS AND MORE!  
PRIZES AWARDED TO ALL PARTICIPANTS: YOUNG AND OLDER!  
MEET IN THE GARDENS BY 1:00PM

**WANT TO CREATE A SCARECROW?**  
SCARECROWS NEED TO BE SELF SUPPORTED  
AND FAMILY FRIENDLY

SCARECROW ENTRIES CAN BE SETUP  
FRI, OCT 14: 9AM - 6 PM AND  
SAT, OCT 15: 8 - 9:30 AM

The poster features a central illustration of a scarecrow with a large orange hat, a red jacket with yellow patches, and a yellow skirt. At the bottom, there is a row of black silhouettes of various garden critters including a gnomelike figure, a squirrel, a butterfly, a mole, a rabbit, another gnomelike figure, a fairy, and another gnomelike figure. The background is decorated with various autumn leaves in shades of green, yellow, and orange.



# OPINION/EDITORIAL: LETTERS & CARTOONS

## ELECT A REPUBLICAN MAJORITY IN THE HOUSE AND SENATE

*Editor:*

Last week The Mirror included an ad from the Montrose County Democrat Party, claiming that, "When Democrats Are Elected, They Deliver For All Citizens", along with a list of "accomplishments". Interestingly, they conveniently avoided mentioning their ever growing list of colossal failures, that have adversely affected every American, and pushed our country closer to the brink of destruction.[ Check the Montrose Democrat ad in today's Mirror and compare their "accomplishments" with the reality of their failures ]

THE LIST IS LONG : Record 40 year inflation, loss of energy independence, continuing increases in energy costs, sales of our strategic oil reserves, rapidly rising food costs, borders open to millions of illegals and billions of tax dollars subsidizing those who have broken our laws and flooding our country with fentanyl, the country-wide increase in crime due to pro -criminal and anti-police policies, indoctrination of our children in revisionist history and CRT, deficit spending bringing our National

Debt to \$31 trillion, a stock market with investments in free fall, cancel culture and wokeness with emphasis on removing statues of great historical figures , such idiocy as multiple genders, pronoun use, diversity training, equity of outcomes, and a woke military. They also "overlooked" the rise of the Taliban thanks to the disgraceful Afghanistan exit , and a WEAK DEMOCRAT ADMINISTRATION that has given rise to increasing provocations by China, North Korea, Iran, and a Russia threatening use of nuclear weapons. All of these critical issues and many more, have been brought to us by the Democrat party to the detriment of our country!

In 2008 Obama/Biden promised to change the face of America forever, and for 8 years the Democrats proceeded to do just that by, assaulting our Constitution and freedoms. From 2016-20, Trump, with total Democrat opposition, was able to bring a measure of prosperity and security , not seen in many years, back to the country and every American. In just 18 months, Biden/Harris and the radicalized

socialist Democrat party has done more to hasten the destruction of our country than any President or Congress in history, and have proven for all to see that no Democrat at any level of government can be trusted with our country's future!

Unfortunately for the country, the reality is that we are stuck with the Biden/Harris Administration's incompetency for two more years.

But on November 8 , we can at least provide a roadblock to further destructive policies by electing a Republican majority in the House and Senate. Every American is learning the HARD way that our elections really do have CONSEQUENCES! No longer is there any room for speculation about what the road to destruction for our beloved country looks like! What Democrats have been really "DELIVERING" is a nightmare in real time! They have purposely chosen to ignore individuals of all persuasions and their policies have put our country's very survival in the greatest jeopardy since WW II

*Dee Laird, Montrose*

### SOUR GRAPES

by Tim Jones





*Presented By*



**ROCKY MOUNTAIN  
HEALTH PLANS®**

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**Fall at the Gardens**

# *Harvest Illuminated*

Western Colorado Botanical Gardens  
655 Struthers Ave, Grand Jct, CO 81501



Spectacular pumpkin sculptures created by artists from around the world

*Dates:*

*Oct 27th 5:00 - 8:00 p.m.*

Lights out at 8:00

*Oct 28th 5:00 - 9:00 p.m.*

Lights out at 9:00

*Oct 29th 5:00 - 9:00 p.m.*

Lights out at 9:00

*Ticket Prices Online: \$22 adult, \$12 (6-17, Senior 65+),*

*Ticket Prices at the Gate: \$25 adult, \$15 (5-17)*

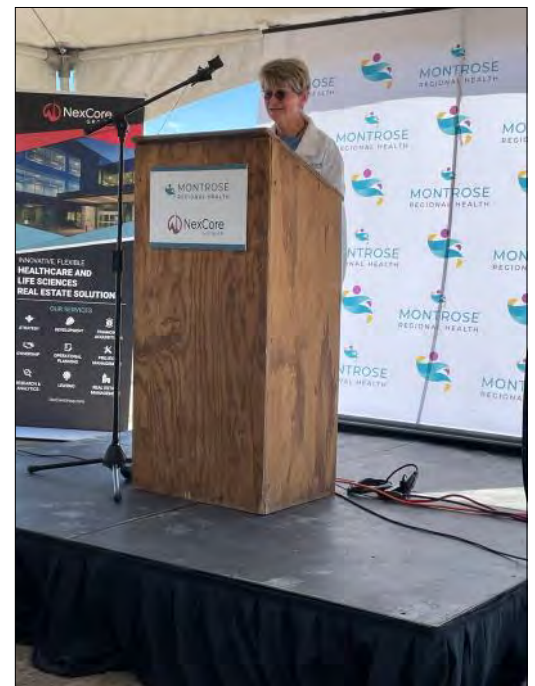
*Kids 5 and under are free*

*To purchase tickets scan  
QR code or visit [www.strivecolorado.org](http://www.strivecolorado.org)*





## MONTROSE REGIONAL HEALTH GROUNDBREAKING FOR AMBULATORY CARE CENTER



Photos by John Nelson

**MONTROSE-**On Wednesday, Oct. 5, Montrose Regional Health broke ground on its Ambulatory Care Center (ACC), a new four-story, 80,000 square foot state-of-the-art healthcare destination located in Montrose. A press release states that the building will improve the delivery of care in a more coordinated and integrated system, with convenient access, ample parking, and decreased cost of care. Construction of the Ambulatory Care Center will begin immediately, with the grand opening projected to take place in late 2023.



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**with The Mirror**

970-275-0646 [editor@montrosemirror.com](mailto:editor@montrosemirror.com)



# MONTROSE ELKS LODGE CHARITY BALL

**November 19, 2022**  
**Saturday 6:00 PM**



**Tickets**  
**\$30.00 Couple**  
**\$20 Single**  
**Admission at the Door**

**Famous  
Sweet  
Wheel**

**Live Auction**

**Dance to**  
**Cimmarron Band**

**SILENT  
AUCTION**

**801 So. Hillcrest, Montrose CO 81401**



# ENEL GREEN POWER DEVELOPING SOLAR PROJECT



***In May 2021 Enel Green Power began obtaining voluntary leases for a 1,052-acre solar project that will be located seven-miles northwest of Montrose, off Falcon Road.***

***(L to R) Enel Green Power Development Manager Emily Brumit, local property owner Sef Valdez, and Enel Green Power Director of Sustainability Projects Jesse Puckett.***

***Valdez is a third-generation farmer/rancher who will lease 500 acres to Enel Green Power. He said, "It's a benefit to the community and a benefit to agriculture. We have to be more creative these days. It helps ag to stay more sustainable."***

*By Gail Marvel*

MONTROSE-Enel Green Power is developing a solar project in Montrose County. In North America the company is a leading developer, long-term owner, and operator of renewable energy plants with a presence in 14 U.S. states and one Canadian province. The company operates 64 plants with a managed capacity of over 8 GW powered by wind, geothermal and solar energy.

On Oct. 6, Enel held an open house at the Montrose County Events Center from 5:30 -7 p.m. Although there was no formal presentation, the project team was available to answer questions and get community feedback.

Currently Enel does not have any operational renewable energy plants in Colorado; however, they have seven projects in development, two of which are on the Western Slope.

In May 2021 Enel began obtaining voluntary leases for a 1,052-acre solar project that will be located seven-miles northwest of Montrose, off Falcon Road. The project

will start construction in late 2023, with a completion target date of late 2024.

According to Strategic Economic Research, "The Olathe Solar Project is 140-megawatt alternating current (MWac) utility-scale solar powered -electric generation facility that will utilize photovoltaic (PV) panels installed on a single-axis tracking system. The project includes 70 MW of battery storage. The total Project represents an investment in excess of \$264 million."

The project has the capacity to power 31,000 homes.

Development Manager Emily Brumit said, "The project will interconnect with Tri State's substation in Peach Valley. The beauty of the project is that it is adjacent to the substation. There will be no transmission lines."

Enel has yet to enter into a power supply agreement with Tri State.

According to the project team, Montrose County is aware of the project, but a formal presentation to the county has not taken place. The zoning on the land will not change once the project is operational and the estimated life of the project is 20-25 years. Enel has yet to determine whether agrivoltaics will be feasible for the site.

Sef Valdez, who is a third-generation farmer/rancher, will lease 500 acres to Enel. He said, "It's a benefit to the community and a benefit to agriculture." Last year, out of necessity, Valdez sold off his cattle to help offset the financial situation in agriculture. He said, "I want to pass my

property on to my children. We have to be more creative these days. It helps ag to stay more sustainable."

Enel Director of Sustainability Projects Jesse Puckett said, "We want to be a good neighbor and have a long-term partnership in the community. We want to understand the challenges in the community, and help meet those challenges. The key areas are STEM (Science, Technology, Engineering and Math) education and Fire and Emergency Preparedness. We've already met with the school district. [The project offers] diversity for power generation; it's great for Montrose County."

In the area of job creation, 200 employees will be needed during construction. Once operational the project will need two to three long-term employees. Puckett said, "It's easy to maintain."

Strategic Economic Research data includes:

## **Output**

- Over \$22.5 million in new local output during construction for Montrose County.
- Over \$1.7 million in new local long-term output for Montrose County annually.

## **Property Taxes**

- Over \$5.9 million in total school district revenue over the life of the project.
- Over \$5.2 million in total county property taxes over the life of the project.
- Over \$14.5 million in property taxes in total for all taxing districts over the life of the Project.

Montrose Economic Development Corporation (MEDC) Executive Director Sandy Head took the opportunity to briefly network with Puckett about the Russell Stover building and the possible uses for the facility.

Head noted that although the Enel solar project is not a large job creator, it has economic development impact. She said, "There is investment in construction and the property tax dollars. There is also value to people who own the land."

Development Manager Emily Brumit indicated there will be more community informational meetings; however, none are currently scheduled.

For more information citizens can call 970 -765-0913, or Brumit can be reached at [emily.brumit@enel.com](mailto:emily.brumit@enel.com).



## OPINION/EDITORIAL: LETTERS

### WHOSE CHILDREN ARE THEY?

*Editor:*

Whose Children Are They?

This is an integral question for parents today; actually, for all of us since most of us have children, nieces, nephews, grandkids, or know other people's children who we care about. When I started school in 1958, the environment was caring, for the most part; I learned my ABCs, math, reading and writing. The focus was teaching students the basics so that we were empowered to function as people who could contribute to society. Today, this is not the case. Most students are graduating from high school without knowing how to read, make change, balance a check book,

make a budget, write a letter, to name a few. Their test scores reveal that the majority are way below their grade level.

Why is this the case?

The documentary, "Whose Children Are They" explains why. Education, for the most part, has become an avenue for indoctrination: critical race theory, and the sexualization of our kids, for example. The documentary covers these avenues thoroughly, as well as the history of our educational system that explains how the frog in the kettle has come to the boiling point.

An example from the documentary is the American Teachers Union. It has become the most powerful union in our nation,

and their focus is not on the well-being of our children, but on the welfare of the teachers (\$) and influencing the election of candidates who support them. The welfare of students has been pushed aside for power, politics and profits.

"Whose Children Are They" is a must for parents to see.

Children First will be showing the film on Tuesday, October 11 at All Saints Anglican Church at 2057 S. Townsend, Montrose at 6:30 p.m. Childcare will be provided, and it is recommended that your kids not watch the film.

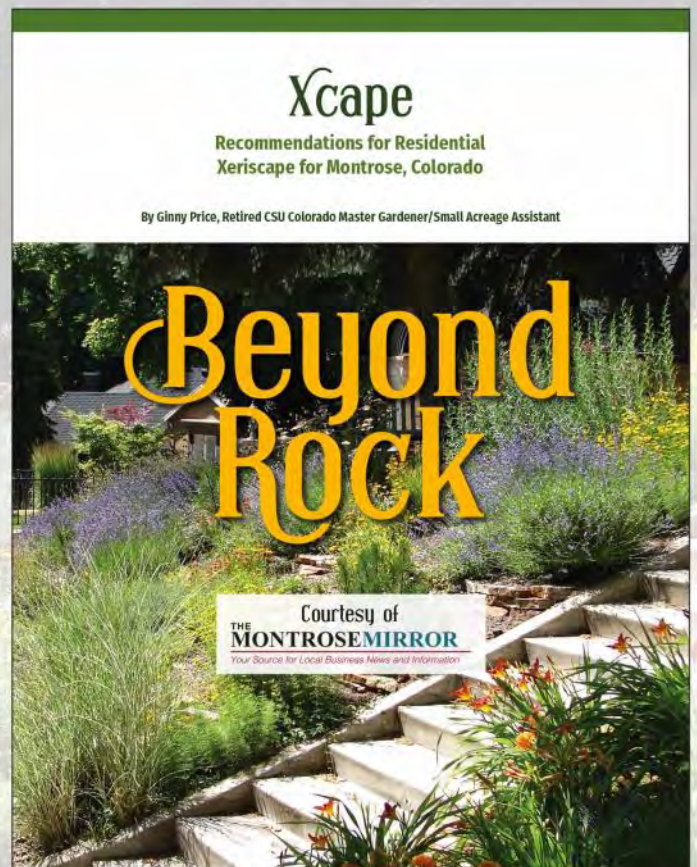
*Leah Vandersluis*

*Children First, Montrose*

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## INDEPENDENT LIVING APARTMENTS

Ⓢ 1 MID-SIZE ONE-BEDROOM LEFT! - STARTING AT \$1470/MO.

Ⓢ 1 SMALL ONE-BEDROOM LEFT! - STARTING AT \$1380/MO.

We're passionate about making sure you feel at home, and helping you make the most of everything The Homestead at Montrose has to offer. Learning what makes your life meaningful is important to us.

 1 BD MED	 1 BATH	 492 SQFT
 1 BD SM	 1 BATH	 450 SQFT



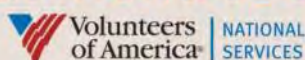
### PROPERTY FEATURES

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## OPINION/EDITORIAL: COMMENTARY

### PRESERVING OUR SMALL TOWN VALUES

**By Montrose County School District RE-1J  
Superintendent Dr. Carrie Stephenson**

In Montrose County, we are incredibly lucky to live in a tight knit community, and I am honored to have returned to my hometown to lead the school district from which I graduated. The small town values with which I was raised are no different and no less important now than when I was growing up many years ago in our schools.

Classrooms, schools, and educators are all woven into the fabric of our community. Montrose County School District is the largest employer in Montrose County. Our staff members and teachers are your friends, your neighbors, the people you sit next to at concerts in the park and at church and ball games.

You know us. Together, we are Montrose County.

The COVID Pandemic caused a noticeable division in our community. It pitted neighbor against neighbor and friend against friend. Our teachers went from heroes in 2020, to villains in 2022 (as characterized by some voices within the national media). The pandemic exacerbated some people's misguided impulse to sit behind the anonymity of their computer screens and attack, harass and bully others whose opinions may differ with their own. The pandemic encouraged some members of our community to dehumanize those with whom they disagreed and capitalize on people's fear, vulnerability, and frustration through misinformation and political-

ization. It is time to reclaim the small town values that make Montrose County the best place in the world to raise a family and create memories with lifelong friends.

Currently, there is a national political agenda that is designed to disrupt and dismantle public education. Organized propaganda campaigns, designed to question and destroy the reputations of our local teachers and public schools, are growing in volume and prevalence. Some political campaigns would lead you to believe that teachers are being manipulative, sneaky and have coordinated in an effort to control and indoctrinate our local children behind parents' backs.

Please don't be fooled by this untrue, toxic, propaganda campaign, which is being propagated locally and nationally.

Please remember that a large portion of our school and school district staff are also parents and have children that attend our public schools as well. These are our kids, too. If you listen to the voices within the national agenda, you will hear comments about evil and self-serving teacher unions, Critical Race Theory, Comprehensive Sexual Health, "furries" with litter boxes in school bathrooms and even more egregiously false narratives. These things are nothing more than sensationalism and frankly ridiculous!

There has recently been a very small subgroup of people here in Montrose County that are attempting to stir up concern over our local public school system by

writing editorials in newspapers, hosting booths at the fair and, next week, showing a national propaganda film called *Whose Children Are They?* I have personally viewed this film in its entirety and quickly noticed the specific examples provided are all from other states and are not verified.

Let me be emphatically clear: *these things are not happening in the Montrose County School District.*

In our schools, we try to teach our students how to evaluate resources, learn about information literacy, and how to think critically. It is time for all of us to practice these skills and embrace our small town values that have always made Montrose County special. Misinformation can lead us all down a politically toxic path. It is not good for our children. It is not good for our community.

You may have heard campaigns that shout, "Give the Power Back to the Parents." But parents have not lost power, though they did stop showing up. COVID was to blame for some of that, but political division and toxicity has had a hand as well.

Montrose County School District welcomes you back. We need parent and community volunteers and would urge you to get involved in your child's school or your neighborhood school that is just down the street. It truly takes a village, and Montrose County has always been and will continue to be a great village. Thank you for being a part of our school family.



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- Digital Loyalty Systems
- Text Message Marketing
- NEW!** • Digital Mobile Coupons
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(Restaurants/Delis)
- Database Builds for any Organization
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- NEW!** • Text Reminder System  
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Massage Therapists, Mechanics, etc.)

Call/Text: **970-417-1516**

Email: **support@970vip.com**

Or Visit: **www.TheRevenueGenerator.com**  
and fill in contact form!





## COLORADO NEWS BRIEFS



*Caring for you like family means*  
**ACCESS TO THE  
ADVANCED CARE YOU NEED**

Montrose Regional Health offers the latest technology and advanced surgical services, including:

Dental  
Gastrointestinal  
General  
Gynecology  
Obstetrics  
Orthopedic  
Otolaryngology  
Podiatry  
Trauma  
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DaVinci Robotic Assisted  
Surgery and Mako Technology

[MontroseHealth.com/Surgery](https://www.MontroseHealth.com/Surgery)



800 S. 3rd Street  
Montrose, CO 81401  
970-249-2211



## RESERVOIR BOAT RAMP AT RIDGWAY STATE PARK WILL CLOSE FOR THE SEASON OCT. 31



*The reservoir boat ramp at Ridgway State Park will close for the season Oct. 31. Courtesy photo.*

*Special to the Mirror*

RIDGWAY-Ridgway State Park will close its boat ramp for the season at the end of October.

In addition to the upcoming boat ramp closure, the hours for Aquatic Nuisance Species inspections have changed for the remainder of the season.

Ridgway State Park will conduct ANS inspections from 8 a.m. to 4 p.m. Monday through Friday through Oct. 31.

On weekend days, ANS inspections will be conducted from 8 a.m. to 6 p.m. through Oct. 16. After that date, the hours will change to align with the regular week-day hours of 8 a.m. to 4 p.m.

Beginning Nov. 1, the reservoir will only be open to hand-launched boats. Only exempt vessels will be allowed on the water.

As the 2022 boating season comes to an end, Ridgway State Park would like to thank visitors for their support and reminds boaters to always Clean, Drain and Dry.

For more information on boating operations at Ridgway State Park, call 970-626-5822 or go to <https://cpw.state.co.us/placestogo/parks/Ridgway>.

Ridgway State Park remains an excellent year-round destination for recreation and camping. Campsites and yurts can be reserved online or by calling 1-800-244-5613.



## REGIONAL NEWS BRIEFS

### TIMBERLINE BANK CELEBRATES 18 YEARS IN WESTERN COLORADO

*Special to the Mirror*

REGIONAL-On Oct. 13, from 9 am – 4 pm, Timberline Bank branches in Aspen, Montrose, and Grand Junction will welcome community members to join in celebrating Timberline Bank's 18th year of serving Western Colorado. The celebration is free for all community members and Timberline will have sweet treats to give away.

"At Timberline Bank, we love working in

our local communities and have been proud to do so since 2004. Now in our 18th year, we continue to focus on the needs of local families, farmers, businesses, schools, and non-profit organizations. We are proud to offer financial opportunities for our community to grow on the Western Slope. We have a great team that consistently goes above and beyond. We are excited to invite you to come in and experience Tim-

berline and discover what the phrase, *Better, Faster, Easier- Always* can mean for you." Jeffery Taets, Co-CEO of Timberline Bank. For more information about the event, contact Timberline Bank at 970-683-5560 or [marketing@timberlinebank.com](mailto:marketing@timberlinebank.com). The event will take place on Thursday, Oct. 13, at all three local Timberline Bank locations: Aspen, Montrose, and Grand Junction.

## FOR SALE

3740 Scarlet, Montrose



**\$545,750** MLS# 798635

### About The Property

Come quickly to see this new home in Brown Ranch Subdivision. The 6" wide entry way welcomes you. The warm tones in the cabinetry as well as the quartz countertops throughout are a refreshing combination. Laminate and tile floors are another welcome bonus. The pantry & inviting work island extending from kitchen into the dining area are both so efficient. Notice the dual walk in closets in the main suite along with the 5 piece bath as well as the walk in closets in the guest rooms AND the wonderful tile detail in both. Outside you will find the 21 x 12 covered patio ready for that entertaining and or relaxing. This home is on a cul'de'sac and just minutes from the busy-ness of Montrose.

Amenities

- 3 Bedrooms
- Attached Garage
- 2 Bathrooms
- Patio/Covered Porch
- 1825 sq. ft.
- Irrigation Water



**The Real Estate Store**

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## REGIONAL NEWS BRIEFS

### EXPRESS EMPLOYMENT PROFESSIONALS HOSTS PAY IT FORWARD HIRING DRIVE

*Special to the Mirror*

GRAND JUNCTION-The Express Employment Professionals offices in Grand Junction and Montrose will host a **Pay it Forward Hiring Drive** to put as many unemployed individuals as possible to work this holiday season.

Being out of work during the holidays can be particularly tough. Express Employment is eager to help as many job seekers as possible by providing them the opportunity to earn a paycheck for their families during the holidays.

Express pledges to Pay it Forward even further by making financial donations to

Food Bank of the Rockies for each and every employee placed during Nov. 1 – 14. By joining Express in this hiring effort, employers will gain a qualified worker and **give the gift of employment** to an individual who would otherwise not work during the weeks of Nov. 1 - 14.

Express associates are screened and evaluated before being placed in short and long-term assignments in a variety of office, professional, skilled and light industrial positions.

"Pay it Forward to us means working with local businesses to help find jobs for unemployed workers in our community so

they can earn a paycheck and help support their families this season," said Nina Anderson, CEO and owner of the Grand Junction and Montrose Express offices. "Our vision is to lock arms with businesses in Grand Junction and Montrose to bring hope to local families for the holidays."

This program will provide businesses with the additional support often needed during a busy time of the year while helping someone provide for their family.

Companies and individuals interested in participating in the Pay it Forward Hiring Drive can call the Express offices at 970-242-4500.

### READY TO MAKE SOME NEW MEMORIES?

Does an empty nest filled with old memories have you thinking it may be time to move? If this sounds like you, give me a call today. I'll help make this next step easy by getting a great price for your current house and finding you the perfect home to create new memories! Call me or text me today. I'm ready to help you get started. I am your local Certified Residential Specialist!



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dianehaynes Realtor@gmail.com



**The Real Estate Store**

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## VENDORS WANTED

A festive poster for the Annual Holiday Crafts & Bazaar. The background is a light green with white snowflakes. In the top right corner, there is a sprig of holly with red berries and a pine cone. The title 'Annual Holiday Crafts & Bazaar' is written in a mix of green, blue, and red cursive fonts. Below the title, the dates and times are listed in blue block letters. To the right of the dates is a large stack of colorful wrapped gifts. At the bottom left, there is a blue vintage car with a large green bow on its roof and a Santa Claus figure in the driver's seat. The location and entry information are on a green rectangular background at the bottom right.

**Annual  
Holiday  
Crafts & Bazaar**

**FRIDAY, NOV. 4TH  
9:30AM TO 6PM**

**SATURDAY, NOV. 5TH  
9AM TO 4PM**

**MONTROSE COUNTY  
FAIRGROUNDS  
FRIENDSHIP HALL**

**FREE ENTRY**

**HOURLY  
DOOR PRIZES**

For Vendor Information call **Debbie 970.531.2438** or email [montrosefootwear@aol.com](mailto:montrosefootwear@aol.com)



# *Freedom For All, Really?*

**Colorado & Federal Governments are Under Democrat Control**

**Remember When...**

- Your business was forced to close because you were “non-essential”
- You lost your job because you were “non-essential”
- You lost your job if you would not take the “shot”
- Your children were forced into remote learning
- The war on domestic energy production started
- Law Enforcement and First Responders were HEROES

**And Now...**

- Record inflation at 14+% in Colorado
- Record energy cost at the pump and at home
- Record grocery prices
- Supply chain failures causing shortages in stores
- Open borders
- Record crime in auto theft, robbery, illegal drugs, and more

**Then YOU Should...**

**Vote Republican**  
*and have*  
**Liberty and Freedom For All**





## REGIONAL NEWS BRIEFS

### MONTROSE WOMEN'S GIVING CLUB MEETS NOV. 7

*Special to the Mirror*

MONTROSE-The next meeting of the Montrose Women's Giving Club is Nov. 7, 5:30 p.m. at The Bridges. Everyone who attends may nominate their favorite charity. More information is available by contacting the club at [GIVINGCLUBOFMONTROSE@GMAIL.COM](mailto:GIVINGCLUBOFMONTROSE@GMAIL.COM) or call 970-209-9598.

**STOP BY WHILE SUPPLIES LAST**

**7:30 AM  
TO  
11:30 AM**

# DRIVE-THRU FLU SHOT CLINIC

**1501 E 3RD ST • DELTA, CO**



**DELTA  
HEALTH**

**CASH AND CHECK  
ACCEPTED**

**10.14.2022**

**FREE**  
WITH MOST  
INSURANCES

**OR**

**\$20**  
REGULAR  
FLU SHOT  
(AGES 18 & OLDER)

**\$60**  
HIGH DOSE  
FLU SHOT  
(AGES 65 & OLDER)



# OPINION/EDITORIAL: LETTERS

## YOUR VOTE MATTERS: PUT A STOP TO THIS ABSOLUTE MADNESS

*Editor:*

Wow. I was happy to see some Democrats finally come out with statements that attempt to let voters know why they should vote for Democrats -- rather than continue to deflect from their disasters with the "Trump Bad" mantra. Reference the Montrose County Democrats' October 3<sup>rd</sup> ad in the Montrose Mirror. Unfortunately, their statements only reinforce the belief that they have nothing left in their bag of tricks other than smoke and mirrors. Their statements are either blatantly false, false by omission, or cherry-picked to hide the truth.

Let's start with their headline statements "They deliver for all citizens" and "To reunite our country", which fall into the first category of being blatantly false. Anyone with average or slightly above intelligence knows that Democrats from Obama forward have done everything possible to divide this country into warring factions so they can have some hope of staying in power. In a few short years we have seen Democrats' hateful rhetoric proceed from slander half this country as an "irredeemable" "basket of deplorables" to describing them as believers in a "fascist" form of "extremism" that threatens the very foundations of the American republic. Voters are coming to the realization that for Democrats, "Democracy" means "rule by Democrats". Montrose County Democrats have no shame in talking about reuniting our country and delivering for all citizens just a few weeks after their illustrious President delivered the most demagogic and divisive speech ever seen from an American president -- declaring that those who oppose him and his agenda are essentially enemies of the state.

Trying to take credit for low unemployment and "historic" job growth falls in the "cherry-picked to hide the truth" and "false by omission" categories. Democrats destroyed our economy with their Covid fear tactics and draconian lockdowns, and

then when job growth slowly recovered, they want you to believe we are somehow better off since Biden's inauguration. They also mention their billion- and trillion-dollar spending programs as if that is something to be proud of, totally ignoring the fact that the very same unfunded spending sprees created the hyperinflation and recession that is totally destroying those very working-class families they claim to care so much about.

They have the audacity to repeat talking points about corporations and the wealthy finally paying their fair share of taxes, although they know that is a total lie. Corporations pass all their taxes onto the consumer. Democrats' tax, spend, and over-regulate policies are the cause of our destroyed economy and the reason working-class Americans can't afford their groceries, heating bills, or gas to go to work. Try that talking point out with small businesses and average Americans that will be audited and destroyed by the 87,000 new IRS agents Democrats are sic'ing on middle-class America.

I am surprised they dare mention federal protection for abortions as a positive. Why not just be truthful and state that your party supports abortion for any reason, on demand, on the taxpayer dime, up until the moment of birth, and even as birth is underway. You can still omit that your extremism is completely out of step with voter sentiment, including Independents and voters within your own party. Only one in ten Americans align with Democrats' position that abortion must be legal through all nine months of pregnancy. There aren't enough smoke and mirrors in the world to hide this level of abortion extremism.

"Defending the Rule of Law and democratic principles" -- another blatantly false statement. Democrats have created an out-of-control crime wave in our cities with their defunding and demonizing of police, eliminating bail for felons, re-

defining criminals as victims, encouraging BLM and Antifa rioting with no consequences, etc. They have also created a two-tiered justice system where Democrats get off scot-free for serious crimes while innocent Republicans are persecuted by a weaponized and criminally negligent FBI and DOJ. Meanwhile, parents objecting at school board meetings are deemed terrorists.

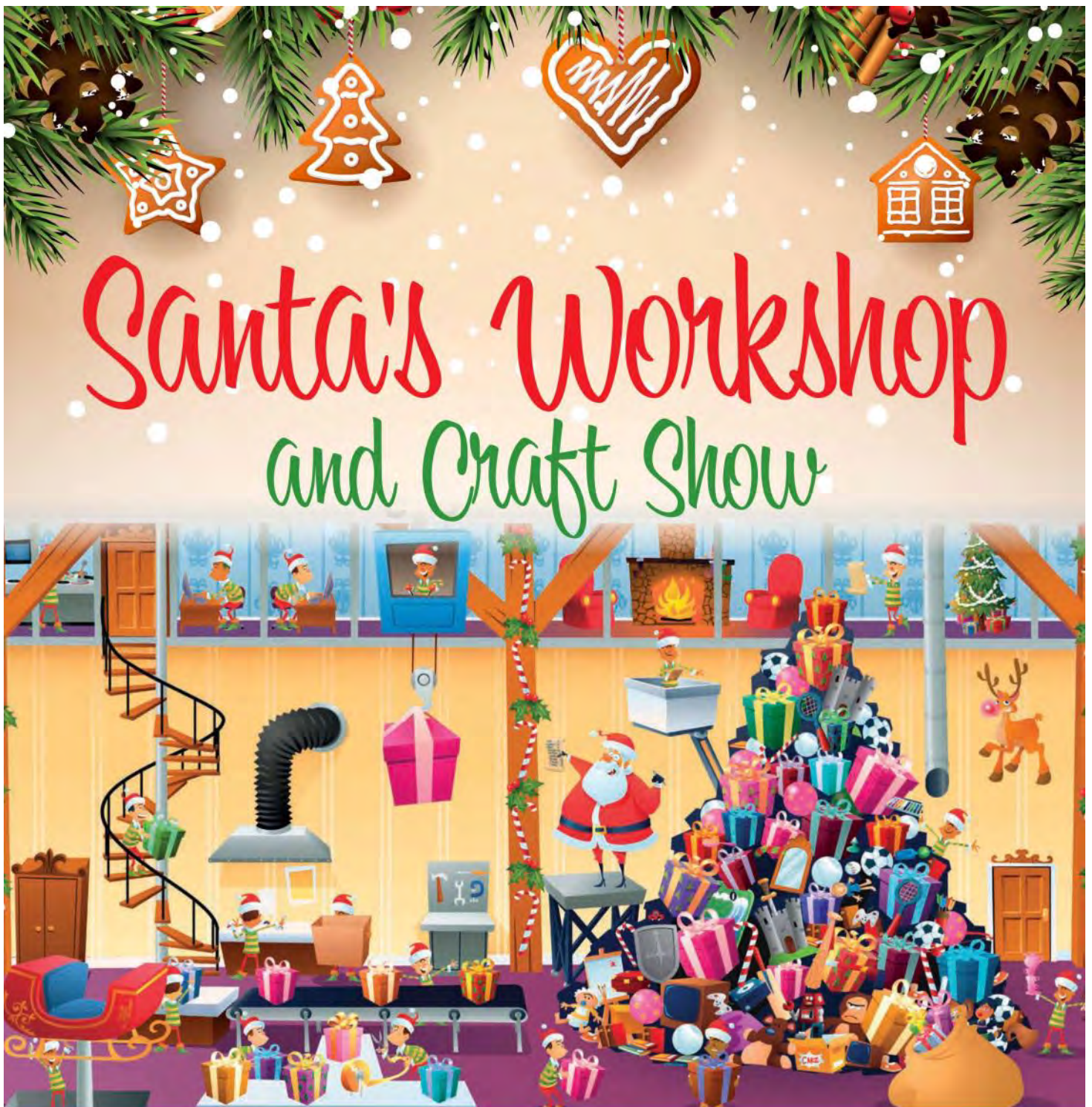
Oh, and mentioning "gun safety" legislation as an accomplishment is a real positive step toward "reuniting our country" when at least half this country knows that when Democrats talk about "gun safety" they really mean a completely unconstitutional "gun confiscation". That's about as reuniting as insisting that men identifying as women be able to dominate women's sports and use their locker rooms, teaching our children that if they are black they are oppressed and if they are white they are an oppressor, that our nation's founding was really racist and evil, that our grade school children really need adult transvestites to teach them about sex, or that the last election was totally free of cheating.

I could write an entire letter listing the many Democrat "accomplishments" during Obama's presidency and the first half of Biden's term. Suffice it to say that all Americans, and particularly minorities and the middle-class, were dramatically better off during Donald Trump's presidency. One true statement in the Democrat ad was that all of the Democrat "accomplishments" had little or no support from Republicans. Thank goodness for that. Thinking Americans of all races, classes, and political parties are really tired of Democrats' destruction and chaos, and their happy talk about how great things really are when we all know better. Voters will soon take to heart the ad's second truth that "Your Vote Matters" and put a stop to this absolute madness.

*Ed Henrie, Montrose*



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# OPINION/EDITORIAL: LETTERS

## DONKEYS CAN VIOLATE ANY LAW THEY WANT WITH NO CONSEQUENCES

*Editor;*

The silly donkey advertisement last Monday on page 14 of the Mirror was breath-takingly dishonest at best. Was the purpose to convince voters to vote for Democrats because of their continual propaganda that you need them for all of your necessities? The donkey said, "when Democrats are elected, they "deliver" for ALL citizens". So what are they delivering for "all" citizens now? Does the donkey mean they are making all wealthy Americans pay their "fair" share of taxes? No! What about the back taxes the wealthy Democrat Bidens owe on their treasonous collusion deals with Communist nations? No! What about the \$4.5 million in taxes wealthy Democrat Al Sharpton owes? No! According to a Daily Beast survey (no friend of Republicans), they found Democrats had the most tax scandals by a wide margin. Is this favoritism of wealthy Democrats what the donkey means they "deliver"? U.S. Rep. Democrat Charles Rangel had 11 violations of not paying \$60,000 in taxes on rent he collected from a villa. He was never charged criminally and no one knows if he ever paid it. Will donkeys ever "deliver" their tax cheats to justice? Ha, no they won't. They've had years to get it done. During all the years of control of the government by Democrats, they never worried about Democrat tax cheats because there's too many of them. The list of cheaters is endless. Is this favoritism what their "donkey" delivers? Yup! Their donkeys deliver protections for abortions also. But there are no "abortion bans". The Supreme Court only transferred the issue to the States. Then the donkey says they will "deliver" \$1.2 TRILLION for aging infrastructure. Have you ever noticed "infrastructure" is always one of the donkeys' favorite phony excuses for attention in election cycles? And they never deliver to infrastructure, only socialistic domestic give-away programs to buy votes.

The donkey brayed about "gun safety" legislation. but it doesn't do any good to punish the weapon when donkeys won't

enforce the adequate laws already on the books against criminal activity. When criminals are punished and in prison they can't get to their guns! But donkeys find every excuse to release convicts on purpose so they can commit more crimes so they can blame the gun when those released pick it up. It's a conspiracy against guns and the criminals are the donkeys' work horses. The donkeys try to distract attention from the real problem, the criminal, because they are part of the Democrat voter cult.

The solution to drunk drivers is not to ban the vehicle! PUNISH THE VIOLATOR! The donkey says he will lower health-care costs and premiums even though they are the ones who caused premiums and health care costs to soar in the first place under the Obama/Biden unaffordable health care act. Then there is the \$369 BILLION for "climate action and clean renewable energy". Thousands of expert scientists say there is no "man made" global warming and is just a scare scam. And those \$billions for renewable energy will go to Biden's Chinese Communist friends who are manufacturing the components for the "green energy" from vital resources and creating massive environmental damage in the process. In fact, the carbon footprint to get a Tesla manufactured and in your driveway is greater than owning a diesel pickup for 10 years and it is charged from burning fossil fuels!! Then at the end of the Tesla's life the disposal is just like the solar windmills. The environmental damage is atrocious. But the donkey Bidens are raking in \$millions off the scam.

Is the donkey going to "deliver" \$2.2 billion in farm aid, but only for black farmers? That's their plan; \$2.2 billion in loans to black farmers and \$3.1 additional billions to any farmer who is facing "financial hardship". The donkeys wanted to give an additional \$4 billion USDA money to black farmers for so-called Covid relief, but that idea was scrapped when white farmers finally stood up and filed a lawsuit. Detect any discrimination against white people

yet? But wait, the donkey also said he defends the rule of law and democratic principles! What? Is the donkey's definition of "rule of law" impeaching the best president for decades strictly on lies from scores of donkeys. But donkey Hillary Clinton actually committed many felonies regarding national security and all the donkeys turned tail and ran. Is that "democratic principles"? (It certainly is Democrat principles!!!) Did the donkey mean he would "deliver" more illegal invaders at the border? Then he should have said he would "deliver" MORE non-citizens. Yes, the donkeys certainly are delivering to all citizens like high inflation, record high gas prices, a recession, closed schools, horrid foreign policy, vaccines with questionable safety record, erasing the U.S. southern border, deadly \$billion riots all over the U.S., the despicable firing of military personnel for refusing the jab, downgrading our military, but at the same time allowing sick invaders and terrorists from all over the world into America to infect Americans with all their diseases, abusing and draining America's welfare system. Border hospitals and doctor offices are full of sick illegals getting free medical care and all the relative products. Americans who have to pay.....good luck! Is this the donkey's version of "democratic principles?" Mr. Donkey, is this all the misery you are going to "deliver"? Oh no, there's more.....Why do you donkeys get to arrogantly raid the home of a former president for no reason and won't give a plausible reason? Is this what you promise to "deliver" more of? Are you going to "deliver" more clenched fist tirades in blood-red background lighting damning half of America? Are you going to "deliver" more than the already forty phony subpoenas to Trump associates? Are you donkeys going to "deliver" more relentless attacks on the MAGA millions and are you going to "deliver" more unconstitutional imprisonment and torture of the Jan. 6 participants? There are dozens still in jail being beaten and starved for medical attention and after over two years still



## OPINION/EDITORIAL: LETTERS

### *DONKEYS VIOLATE ANY LAW THEY WANT WITH NO CONSEQUENCES From previous pg*

still have not been to court. This violates their 4th Amendment rights of Habeas Corpus!

Donkeys can violate anybody's civil rights with impunity. Mr. donkey, when are you going to "deliver" the thousands of Antifa and BLM rioters to prison who have killed, looted and burned \$billions of small businesses? Oh, sorry, I forgot our illustrious Democrat vice president kackler immedi-

ately got them all bailed out of jail and they're now lost in society.

It's strange how donkeys can violate any law they want with no consequences. As President Trump alludes, those people are sick!!

And don't ignore Biden's 87,000 so-called IRS agents.

There is no reason why IRS agents have to have to be armed and get police training

just to look at your piggy bank. Don't kid yourself, that is the start of Biden's private gestapo. In other words his private) federal police force just like Hitler had. Ask yourself what is just one good thing.....just one good thing that Biden has done for America. (Not what he has done TO America) The answer will be absent.

*Jerry Bartholome, Montrose*

## What Is Happening In Public Schools Today?

### "Whose Children Are They?"

**The Schools?**  
**The Governments?**  
**The Parents?**

Critical Race Theory

Gender Dysphoria

Equity of Outcome



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Deborah Flora

Presented by  
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Religious Discrimination

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**NO Charge**

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**Only Adult Attendance Recommended**

**Childcare will be provided**





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October 14



*Afternoon  
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guitar and have basic to intermediate skills.

ELI  
COOK

*Evening  
Concert*

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Advance reserved seating \$20  
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# OPINION/EDITORIAL: LETTERS

## A SUPERIOR DINING EXPERIENCE

*Editor:*

We decided to enjoy Italian dining for a change. So we ventured into the land of the "Montrose Strip Mall" and found that Trattoria Di Sofia had brought their splendid menu and service with them to their new digs. Just what they needed was more space and now hopefully the customers to go with it---just in case you cannot find it, Trattoria is across (west) of the county courthouse and the county jail and on the north end of the "strip mall".

It was an enlightening experience at the 'strip mall' down at MURA by the river. Never having been there before we were impressed with the building and architecture although surprised that all the other 'fronts' were identical to Trattoria (except that they were empty!).

Definitely one will only shop there with a list of numbers matching the stores searched for. As it presently stands there is no shortage of parking.

There is for certain only one business open there and that is where we ate. Maybe one more although it is hard to tell. This place is doing a 'land office' business with twenty stores and one occupant.

Of course after five years of promotion and in excess of \$15,000,000 of municipal tax money sunk into the development of Colorado Outdoors we fail to see any re-

turn on equity. After all, \$15,000,000 invested in 5% notes for five years would have returned \$750,000 per year or \$3,750,000 over the period and continue to do so for the foreseeable future. The return on investment of Colorado Yurt and La Trattoria will hardly cover what we, the citizens of Montrose, have lost and will not regain with this cocka-a-mamie scheme, EVER.

This operation was to have drawn business from out of town, not empty existing stores in downtown. The ground has been broken for the motel which only promises to take customers away from existing motels on Main Street and Townsend.

In all fairness though, I must acknowledge that it appears that all of the streets south of the Justice Center have been repaved. That is a credit to fairness by our government since it has likely been twenty years since that community has had any governmental attention whatsoever, no less than a splash of tar. Our city road people can really do a swell job on roads when they are provided adequate funding. AMAZING.

Then I noticed the front page of the Montrose Daily Press (MDP). Nice write-up on the groundbreaking for Montrose Regional Health's Ambulatory Care Center. Significant as the event was what is

also significant is the absence of any city government representative at the occasion. This is noteworthy because MRH is our fair city's largest NON TAX SUPPORTED EMPLOYER and which has the most impact on the most residents of the community.

If our illustrious mayor couldn't make the time to show up he could have at least appointed someone to represent the city council at that event. Just maybe such an absence of interest on the part of city council and the city manager contributed to Russell Stover's recent decampment from Montrose. We are lucky though because by the very nature of MRH, it cannot leave Montrose. (Or could it?)

It should be noted that in America and our system of government that our representatives are supposedly elected on a platform BUT once elected, that platform is meant to fall in line with all the needs of the ENTIRE ELECTORATE.

Hence, once elected each representative represents everyone and every civic project, not just the ones that fit his party, platform or constituents.

But with Trattoria Di Sofia the menu was delightful, the dinner excellent and the atmosphere bright and cheery. We did enjoy thanks to the staff and the management.

*Bill Bennett, Montrose*

# SEE SOMETHING - SAY SOMETHING



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## COMMUNITY OBITUARIES

### JOHN FRANKLIN MEREDITH



JOHN FRANKLIN MEREDITH passed away peacefully in Montrose, Colorado on Wednesday, September 14, 2022. John was surrounded & supported by his loving wife & family by his side during the last days of his earthly life. John fought his battle bravely and is now at peace in the loving arms of our Heavenly Father. John was born on May 8 in Milwaukee, Wisconsin. John served honorably in the United States Navy. He was an avid golfer, loved travel, fishing, dancing & adored his faithful four-legged companions Willie & Kona.

John loved & lived life to the fullest.

John is survived by his loving wife, Lois Meredith; stepson Sean Martin, daughter-in-law Amanda Martin, and their children Madelyn & Dylan; stepson Keith Martin, daughter-in-law Shelly Martin, and their children Breighana & Benjamin; daughter Laura Tipton, son-in-law Todd Tipton, and their children Evelyn and Sawyer; and sister Marianne Atkinson and extended family.

A Celebration of Life will be determined & announced at a later date with family & friends.

### PATTIE LOU SIMONS

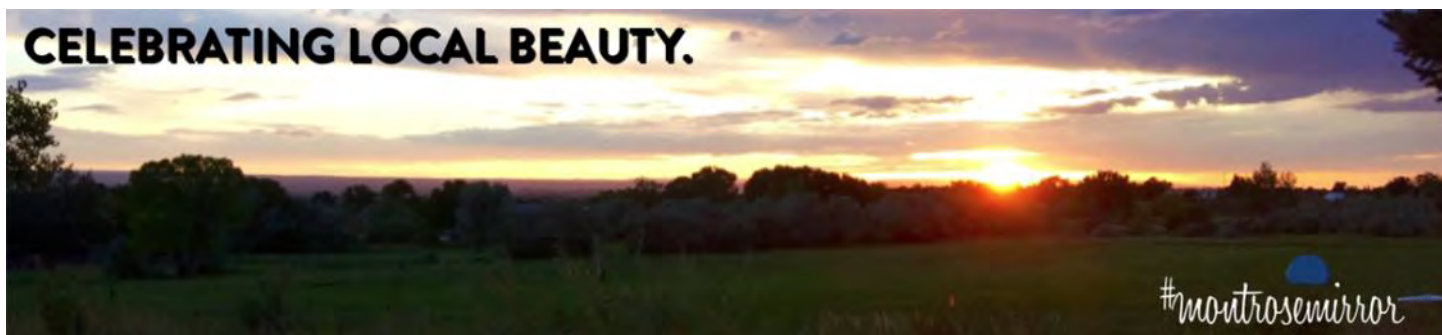
*September 14, 1938-September 29, 2022*

PATTIE LOU SIMONS beloved wife, mother, grandmother and great-grandmother was called home to heaven September 29, 2022 at her home in Montrose, CO. Born to Delmer and Rachel Philebaum on September 14, 1938 in Kokomo, IN. Pattie graduated from Portland HS class of "57" and married her HS sweetheart, Dwight Simons, on April 20, 1957 before he enlisted in the army. After the army they settled in Denver and spent 38 years where Pattie was a member of the Loyal Order of Moose Lodge in Northglenn and participated on several bowling leagues. Pattie and Dwight retired to Montrose in 1998. Pattie enjoyed crafting with her grandchil-

dren, crocheting, spending time with family and reading romance novels late into the night. She was a member of Montrose Christian Church. She is preceded in death by her husband, mother, father, 2 sisters, 3 brothers and a son (Jeffrey) who passed away at 2 days old. She is survived by her children- Brian (Brenda) Simons of Denver, CO and Tandra Simons of Montrose; 5 Grandchildren- Tiara Simons, Raquel (Daniel) Medina, Sarah (Chris) Oswalt, Ally (Eric) Brown, Alexis (Cole) Bishop and 9 Great-grandchildren- Octavia, Bianka, Lilian, Lilianah, Gage, Blake, Riley, Daniella and Elias. Crippin Funeral Home is assisting the family with arrangements.



### CELEBRATING LOCAL BEAUTY.



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## COMMUNITY OBITUARIES

### WILLIAM (BILL) JOSEPH KOCH

*December 23, 1937 - September 27, 2022*

WILLIAM (BILL) JOSEPH KOCH joined his wife in Heaven on September 27, 2022. He was born in Santa Fe, New Mexico, December 23, 1937 to Joseph and Erma Koch (Haas) and grew up in Haskins, Ohio.

Bill served as an Air Force radio operator in Germany. Upon his return, he attended BGSU and married his high school sweetheart, Nancy Browne. He worked for Texaco for more than three decades in New Mexico, Colorado, and Texas before retiring in Western Colorado. Bill loved motorcycles, music, his animals, camping and driving to virtually every corner of this country with his wife.

Bill was predeceased by his wife Nancy (7/4/22) and his daughter Rhonda Ulrich (12/26/16). He is survived by his son Mark Koch and wife Lori, daughter Karen McCauley and husband Troy, and grandchildren, Jeremy, Erica, Krista, Megan, Jason, Shelby and Ryan.

Arrangements are in care of Crippin Funeral Home, Montrose, (970)249-2121



### WANDA JEAN LARUE

*February 5, 1939- September 29, 2022*



WANDA JEAN LARUE was born February 5, 1939 in the family home belonging to her parents O. A. and Fanny Wright of Paris, Arkansas. She was welcomed into the family by two older brothers, Lindell and Bobby. Together they all later welcomed three additional siblings into the family-- Lou Ann, Jim and Anna. The family moved around quite a bit by nature of her father's work in the saw mill industry, so she attended elementary school in various

locations around western Arkansas and eastern Oklahoma. Wanda attended junior high and began high school in Las Vegas, New Mexico. She finished high school in Montrose, Colorado and graduated in the class of 1957. Soon thereafter she married Donald Murl LaRue in Montrose and together they lived out their 62 years of marriage in Montrose until Don's passing March 2, 2020.

In 1960, Wanda and Don started their family with a son, James Kevin, and three years later welcomed a daughter, Janna Lynn into the little family. As the children got older, Wanda began working in the cafeterias of Menoken Elementary School and Columbine Junior High School. Physical ailments prompted her retirement in 1992. Since then, she suffered from many various health issues including having to be on dialysis for the last seven years. Although dialysis was rigorous, she really enjoyed and appreciated the staff and friends she made at the Dialysis Clinic, Inc. in Montrose. She also appreciated the All-Points Transit drivers who carried her to and from her dialysis appointments three days a week. While largely having to stay

confined to home because of her physical limitations, she really enjoyed watching and cheering on her favorite sports teams--The Arkansas Razorbacks, The Colorado Rockies, and, of course most intensely of all, The Denver Broncos!! She courageously dealt with much pain as her body continued in decline until finally, she passed from this life on September 29, 2022 at St. Mary's Hospital in Grand Junction, Colorado.

Wanda was preceded in death by her husband, Don, her parents, brother Jim Wright and sister Lou Ann Culver.

She is survived by her brothers, Lindell and Bobby of Siloam Springs, Arkansas, and sister Anna Kimes of Fort Smith, Arkansas, along with her son Jim and his wife Francine of Murrieta, California and daughter Janna Anderson and her husband Phil of Salem, Oregon.

She is also survived by three grandchildren--Audrey, Devon, and Lauren and two great grandchildren--Alexa and James.

Arrangements are under the care of Crippin Funeral Home, Montrose, (970)249-2121.



## COMMUNITY OBITUARIES

### DOROTHY ANN GOFF

DOROTHY ANN GOFF was born on September 28, 1956, in Mancos, Colorado to Walter and Josephine Goff. She graduated from Fort Lewis college with a degree in secretarial science. She married Bob Goode on June 6, 1981 in Mancos. Together they had their daughter Kayla Dendy and son J.W. Goode.

Dorothy was always self-employed at various guest and dude ranches, and in 1990 she started her own business, B & D Bonding. However, last year Dorothy believed she found her true calling as a substitute teacher for Montrose county. She was also involved in teaching baton twirling classes, as well as coordinating various rodeo queen contests.

Dorothy loved to ride horses with her children, grandchildren, and friends. Whether it was gymkhanas, trail rides, or jr. rodeos, she always loved to be on

horseback. She also loved to go four-wheeling in the mountains with her family and friends, fishing, and camping. She enjoyed scrapbooking, and doing 4-H with her grandchildren.

Dorothy is survived by her daughter, Kayla (Cheyenne) Dendy, son, J.W. Goode, granddaughters Austyn and Braidy Goode, sister Ruth (Steve) Valdez, niece Donna (Dave) Plowman and family, dear friend Lea Ann Dickerson and family, dear friend Mary Rowley and family, dear friend Nancy Valencia and family, and dear friend Diane Shipley and family.

She was preceded in death by her parents, brothers James and Robert Goff, sisters Dolores Daniels and Roberta Garcia, and nephew Greg Hatch.

Arrangements are under the care of Crippin Funeral Home, Montrose, (970) 249-2121



**News, if unreported, has no impact.  
It might as well have not happened at all.  
*Thank you for reading The Montrose Mirror.***



ISSUE 391 Oct. 10, 2022

# ART & SOL

## OUR BLESSINGS ARE POWERFUL!

By Rev. Dr. Arlyn Macdonald

**MONTROSE**-The act of blessing someone or something is a powerful act. It combines our personal energy with sacred energy. The act of blessing includes both giving and receiving. We feel the positive energy we give when we bless someone else. We feel the positive energy returning when someone blesses us.

We have so many powerful blessings in our lives. The first one is life itself. To be alive, to breathe, to think, to create, to use our five senses to experience and enjoy this beautiful world is our most powerful blessing. The second blessing is to have consciousness, to be aware that we are aware. We were blessed by our Creator with both intuitive knowing and higher reasoning. We are here to explore and use and grow these gifts.

With consciousness comes the blessing of purpose. We are part of the Creator's plan for the world and the universe. And we are blessed with the gifts to fulfill our part of that grand plan. Each one of us is necessary for that plan to unfold. And that is a powerful blessing!

What does the word "blessing" mean? It comes from an Old English word that was used to translate the concept of "making something holy" from the Aramaic. To make something "holy" is to lift the energy from the material to the spiritual. Our blessing from the Creator is the ability to change energy and uplift it to a higher, holier level, and to share that blessing energy with others.

Blessings are not just surface actions. They have several layers of energetic power. For example, when we bless a person, we love or care about, we are not only raising their

spiritual energy, but also raising the energy of the love between us, the energy of the greater love of humanity, and the powerful energy of spiritual love. Blessing is not a simple act. It is a complex and powerful act, and it encompasses so many other aspects not normally in our consciousness.

That is why it is so important for us to freely give blessings. We are to bless every person who comes into our lives, whether we like them or not. Through our blessings, we uplift and strengthen the spiritual connections between us and at the same time strengthen the Web of Life. We are to bless our challenges for the same reasons.

The act of blessing also affects our physical bodies. There is a new branch of science called neurotheology, that has been researching the impact of spirituality and religion on the brain and the effects on the body. These neurotheologists have discovered that when a person prays, is grateful, says positive affirmations, sings positive songs with a group, or **counts their blessings**, something extraordinary happens in the brain. Two areas of the brain turn off and two other areas turn on.

The two areas that turn on activate feelings of connection, of compassion, closeness to God, and Oneness, and make us feel happier and healthier. These two areas are located in the front of the brain. The two areas that turn off focus on loneliness, separation, isolation, and negative emotions. These areas are located at the back of the brain. If you are feeling lonely, unhappy or unhealthy, you can actually turn off those areas of your brain that are causing you to feel that way and turn on the spiritually uplifting areas by simply counting your blessings out loud,



being grateful for all the good in your life.

Let's make our blessings even more powerful. It only takes ½ of 1% of any group to affect a change in the entire group. The population of the City of Montrose is about 26,000 and ½ of 1% is 130 people. If 130 people begin to radiate peace and love, on a daily basis, and use this to bless all their friends and neighbors, it will create a miracle. Experiments with this technique have shown a drop in crime and a rise in friendly cooperation.

When you are saying grace or blessing your meals, take a few moments more to radiate peace and love to our community. This is a Blessing Moment. You don't have to do anything else but radiate peace and love. Then send it out to all those around you and then out to the entire City of Montrose. You can also send peace and love out to the rest of the world. End with your own spiritual phrase. When we bless each other and everything in the world with peace and love we are making a powerful difference. We are raising the energy of the earth to the energy of spirit. Make a commitment to do the Blessing Moment before every meal and remember how powerful your blessings are – they can change your life and the world.



## 2022 PEACE AND HUMANITARIAN MEDALS



Winners of the 2022 Peace and Humanitarian Medals stand with the Western Colorado Friends of the Himalayas (WCFH) Board members upon receiving their medals. Carol Parker, Nima Sherpa, Ang Danu Sherpa, Arlyn Macdonald, Ricardo Perez, Karen Sherman Perez, Val Burnell, WCFH President, Paul Paladino, Dr. Joe Adragna. Courtesy photo.



Dr. Gayle Frazzetta winner of the 2022 Peace Award presented by the Western Colorado Friends of the Himalayas. Courtesy photo.



the montrose mirror



# SCENT: YOUR SENSE OF NATURE

by Anne Janik and Lauren Hall Ruddell,  
PhD, *Friends of Youth and Nature*

REGIONAL-The sound of leaves crunching as you walk through the forest, the feeling of the warm sun on your face, the sight of a mule deer, the smell of a nearby campfire, and the taste of a freshly picked tart apple engage our five senses – sight, hearing, smell, taste, and touch. Together these senses help us get a clear picture of what is happening around us.

Have you ever taken a whiff of some smell that transported you back to a childhood memory? Maybe the smell of basil makes you think of your grandmother's garden, or the smell of a campfire makes you think of a memorable camping trip. Does the smell of freshly cut grass or alfalfa confirm that summer is here? What smells remind you of autumn – the pungent organic smell of decomposing leaves in the forest, the fresh, moist scent of an oncoming snowstorm or the smell of roasted chili peppers?

Smell is an intriguing sense because of its wiring in our brains. Scents stimulate our olfactory cells, travel on a fast track through our brain's superhighway of connectivity, and bypass the brain's switchboard (the thalamus). Smell stimuli go directly to the region of our brain (hypothalamus) involved in detecting threats and stress responses, and hormones are quickly issued to the appropriate places. By going directly to this brain region, our body responds faster to smells, according to Johan Lundström, a neuropsychologist at the Karolinska Institute in Sweden (The Scientist: exploring science and inspiring innovation). Certain smells can quickly trigger a physical reaction within us. For instance, smells can make us feel sick or warn us of danger (fire) or can make us feel hungry if we smell something yummy.

Smell signals also go directly to another region of the brain called the hippocampus, which is responsible for forming and recalling memories.

A sense of smell is the only fully developed sense a fetus has in the womb, and it is the one that is the most developed in a child until the age of around 10, when sight takes over. A prominent aroma re-

searcher explained that because smell and emotion are stored as one memory, childhood tends to be the period in which you create the basis for smells you will love or hate for the rest of your life. And, like so many things in life, the sense of smell is impacted by aging. Although the cells that make up the olfactory system are replaced as they age and die, just like any cell, the rate of replacement slows after 50 years of age. To keep that keen sense of smell as you age, your olfactory cells need regular workouts, in terms of exposure and variety. It's a "use it or lose it" kind of thing.

Have you ever felt more calm or relaxed when you breathed in the wonderful smells of a pine forest or the fragrant smells of a flower garden? Studies have also shown that the smells of nature are linked to lower physiological stress (The Scientist: Exploring Life, Inspiring innovation). Even though the sense of smell for adults often operates in the background behind other senses, natural odor stimuli has a swift and direct effect on our parasympathetic system, the processes that allow us to rest and digest. It has the greatest impact on lowering blood pressure and other physiological stress reduction factors. Our noses can distinguish more than 1 trillion scents, according to new research by the National Institute of Health. The findings show that our sense of smell is far more sensitive than previously thought. You and your children take in many different smells every single second of every single day. How often do you really consider what you smell, especially while you are exploring the great outdoors with your children?

Here are a few suggestions on how to get your kids to use their noses in nature:

**-Smell a tree.** Walk up to any tree and see if you can detect a smell. If you live near ponderosa pine trees, make sure to give their bark a sniff. They smell like vanilla or butterscotch and it is truly delightful. All trees have some sort of smell.

**-Complete a nature-smelling scavenger hunt.** You can use literally any nature scavenger hunt and smell the nature objects. Try to smell every item on your list and describe the way each item smells. Maybe even rank them from best to worst



*Kids smelling plants in the Hotchkiss K8 Farm to school gardens. Photo by Grace McVey, Americorps Garden Manager*

smelling.

**-Put your nose to the ground.** Investigate how different ground cover smells. How does grass smell compared to dirt? What about a ground covered in wet leaves, snow, sand, moss, a rocky riverbank, a muddy puddle, or any other walkable surface? They all have distinct smells and can be explored to your child's heart's content—or until they are thoroughly wet and muddy!

**-Stop and smell the roses, or any other flower you see.** All flowers smell different, and sniffing them is an easy way to pass the time in the spring and summer months. If wildflowers are not easily found, try visiting a flower shop or nursery to smell the flowers there.

**-Play a guessing game by scent.** This is an easy way to use your nose to explore nature even in your own backyard! Gather a few nature items, like pinecones, grass, leaves, sticks, rocks, dirt, flowers, fragrant herbs, etc. and with your eyes blindfolded try to guess the items based on smell.

Our sense of smell is an incredibly important part of our body and plays a role in how we perceive the world around us even as we age. Next time you are out with your children exploring nature, focus some of your observations on your sense of smell, particularly those smells associated with each season. You will be surprised at the lasting memories you can make!

*Friends of Youth and Nature (FOYAN) is a non-profit that promotes opportunities for youth and families to get outside, experience outdoor activities, and explore nature. Follow our outdoor news blog and receive monthly tips on connecting your children to nature. Learn more at: [www.friendsofyouthandnature.org](http://www.friendsofyouthandnature.org)*



# MIRROR CHURCH DIRECTORY

## ALL SAINTS ANGLICAN CHURCH

Anglican Church in North America  
Address: 2057 S. Townsend, Montrose, CO 81401  
Office Hours: Varies and by appointment  
Contact Information: (970) 249-2451  
<https://www.allsaintsmontrose.org/>  
Priest: The Rev Gary L. Way  
Worship Service Times:  
Sunday, 9AM, Holy Eucharist.

## CHRIST LUTHERAN CHURCH

**Denomination:** Christ Lutheran Montrose  
**Affiliation:** Lutheran Church Missouri Synod  
**Address:** 1980 N. Townsend Ave., Montrose, CO 81401  
**Contact:** 970-633-0226

## FIRST CHURCH OF THE NAZARENE

**Denomination:** Church of the Nazarene  
**Address:** 705 South 12th Street  
**Office Hours:** Monday - Thursday 9 am- Noon and by Appointment  
**Contact Information:** Office Phone 970 249-9213, [mncfirst@gmail.com](mailto:mncfirst@gmail.com), [www.montrosenazarenechurch.org](http://www.montrosenazarenechurch.org)

## FIRST PRESBYTERIAN CHURCH MONTROSE

**Affiliation:** Presbyterian  
**Address:** 1840 E Niagara Rd. Montrose CO. 81401  
**Office Hours:** M-Thu 9AM - 12PM  
**Contact:** 970-249-4732, [info@fpcmontrose.com](mailto:info@fpcmontrose.com)

## HILLCREST CONGREGATIONAL UNITED CHURCH OF CHRIST

**Denomination affiliation:** United Church of Christ  
**Address:** 611 South Hillcrest Drive, Montrose, CO 81401  
**Office hours:** By appointment  
**Contact information:**

## MONTROSE MEDITATION CENTRE

The Meetings will be on Tuesdays at 6:30 PM at 602 N. Nevada in Montrose, 81401 at the Lions Park Community Center. Brought to you by Denis Hoin Darby, a Buddhist Zen Monk. Contact [Rev.Hoin.Darby@gmail.com](mailto:Rev.Hoin.Darby@gmail.com) for more information.

## MONTROSE UNITED METHODIST CHURCH

**Denomination Affiliation:** United Methodist  
**Address:** 19 S. Park Avenue Montrose CO. 81401  
**Office Hours:** M-Thu, 9 a.m. - 2 p.m.  
**Contact Information:** 970-249-3716, [office@montroseumc.org](mailto:office@montroseumc.org), [montroseumc.org](http://montroseumc.org)

Wednesday, Noon, Multi-denominational Prayer Hour. There are multiple Bible Studies during the week. All Saints Anglican Church is Biblical, Anglican and Orthodox. The Liturgy (order of service) is from the Anglican Church in North America Book of Common Prayer (2019). Music is a combination of traditional hymns, contemporary, and more modern songs. This is a family-sized church that welcomes all individuals

**Website:** [www.montroselutheran.org](http://www.montroselutheran.org)

**Email:** [montroselutheran@gmail.com](mailto:montroselutheran@gmail.com)

**Pastor:** Tim Onnen

**Worship:** Sundays at 9 AM

Sunday School and Adult Bible Class at 10:15 AM; Women's Bible Study Fridays at 9 AM. At Christ Lutheran Montrose you will

**Pastor:** Buddy Cook

**Services** Sunday: Worship 10 AM, Adult Bible Study 11:30 AM Worship includes age-appropriate children's ministry during adult worship.

Wednesday: Prayer Boot Camp - 7 PM

Mission Statement: *Montrose First Church of the Nazarene exists to make Christlike*

[form@fpcmontrose.com](mailto:form@fpcmontrose.com),

[www.fpcmontrose.com](http://www.fpcmontrose.com)

**Pastor:** Jesse Mabanglo

**Worship Service times:** 9:30AM,

Student Worship at 6PM. *We strive to encourage, challenge and support one another*

Phone number: (970) 249-9047

Email address: [office@montroseucc.org](mailto:office@montroseucc.org)

Website: [montroseucc.org](http://montroseucc.org)

**Current Pastor:** Rev. Wendy Kidd

**Worship service times:** Sunday, 10 a.m.

Hillcrest Congregational UCC is a welcoming, open and affirming church, open to all no matter who you are or where you are

and families. We are currently comprised of families and singles, ages 25 to 90. Fellowship time follows each Sunday Service with a potluck meal following the service on the 3d Sunday.

All Saints Anglican Church

2057 S. Townsend Ave

Sunday Holy Eucharist, 9 am

The Rev Gary Way, Interim Priest

[allsaintsanglicanmontrose.org](http://allsaintsanglicanmontrose.org)

find friendly people gathered in a welcoming environment being comforted and encouraged by the forgiveness and love of Jesus, and sharing that with one another.

We are a small congregation of seniors and middle-aged, sprinkled with young children and teenagers.

*disciples in Montrose Colorado and around the world.*

**Demographics:** Our church consists of older and younger people. We have younger families with children and young teens and older adults as well. We also support the work of Calvary Ranch Colorado and its addiction recovery ministry.

*er through spiritual growth, worship, and service in our community, country, and world. We also encourage children and youth to grow their relationship with Christ through our children and student ministries.*

on life's journey.

Church demographics: HCUCC welcomes all ages to worship with

us. (predominately family, youth, seniors, singles)

We offer inter-generational worship with a children's "prayer-ground" and activity packets. A cry room is also available.

*inclusive, loving and just servants of Christ. Our church family welcomes people from various cultural and faith backgrounds: single, married, remarried, with or without children, from diapers to dentures. Wherever you are on your spiritual journey we invite you to come discover hope, joy, peace, purpose.*



# MIRROR CHURCH DIRECTORY From previous pg

## ROSEMONT BAPTIST CHURCH

**Affiliation:** Southern Baptist

**Address:** 1598 E. Niagara Road, Montrose, CO 81401

**Office Hours:** Tues-Thurs, 9am-4pm

**Contact information:**

Phone: 970.249.4887

website: [www.RosemontBaptist.org](http://www.RosemontBaptist.org)

email: [office@rosemontbaptist.org](mailto:office@rosemontbaptist.org)

**Senior Pastor:** Rolland Kenneson

**Worship Service Times:** Our engaging and relevant Sunday Worship Service is at

10:45 AM. We also have Bible Study for All Ages Sunday mornings at 9:15 AM. We provide a professionally-staffed nursery throughout both.

*Rosemont Baptist's desire is to passionately bring people face-to-face with the life-changing power of Jesus Christ.*

*We are a multigenerational church from different walks of life who love Jesus, love each other, and love our community. Everyone comes dressed in whatever is comfortable. We love meeting new people no*

*matter what stage of life they are in.*

**Children's services:** *We have a fun Sunday School for children from four years old through youth. We provide Children's Church during the Sunday Worship Services where children four years old through 9 years can learn to be worshippers of Jesus.*

*We provide a nursery for children under four years old with paid staff providing excellent care during Sunday Morning Bible Study and Worship Service.*

## SPIRITUAL AWARENESS CENTER

**Denomination affiliation:** Independent Interfaith

**Address:** Meeting at Lions Park Community Building, 602 N. Nevada, Montrose  
Office hours: Tues-Fri, 9 am to 4 pm,

**Home Office** – 970-252-0908

**Contact information:** Rev. Dr. Arlyn Macdonald, 970-252-0908,  
[arlyn@spiritaware.org](mailto:arlyn@spiritaware.org),  
[www.spiritaware.org](http://www.spiritaware.org)

**Name of current pastor:** Rev. Dr. Arlyn

Macdonald, Senior Minister; Rev. Catharine Gates, Associate Minister. Spiritual counseling available.

**Worship service times:** In-person Sunday Unity Service at 11 a.m., (Social Time begins at 10 a.m.); Quiet Meditation at 10:30 a.m. Virtual Afternoon Service on Zoom at 2:00 p.m.; Chai Chats, a Wednesday morning midweek informal gathering at 10:30 a.m. at Pun Hill Himalayan Restaurant, Montrose; Thursday Empowerment Circle at 10:30 a.m. on Zoom. Everyone is wel-

*come. The Spiritual Awareness Center is an interfaith spiritual community welcoming spiritual seekers and people of all faiths, providing a safe place to explore and nurture the individual's unique connection to the Divine through Unity services, classes, family and community projects, including the Great Community Give-away and Wellness Fair. People of all ages are welcome. There are currently no Sunday School or nursery services provided but craft supplies are available for youth.*

## SUMMIT CHURCH OF MONTROSE:

**Denomination affiliation:**

Southern Baptist

**Address:** 10977 60.75 Rd. Montrose, CO 81403

**Office hours:** Varies

**Contact information:**

phone number: 970-275-7026

email: [summitchurchmontrose@gmail.com](mailto:summitchurchmontrose@gmail.com)

website: [www.summitchurchmontrose.org](http://www.summitchurchmontrose.org)

**Name of current Senior Pastor:** John De-

Sario

**Worship service times:** Sunday Worship is at 9 am followed by a time of fellowship and snacks. Summit Church has frequent Bible studies and other events for adults, young adults, youth and children. Please visit <https://www.summitchurchmontrose.org/events> for more information.

*Summit Church Montrose is a new church plant that preaches the Word of God,*

*reaches the lost with the Gospel of Jesus Christ and equips Christians to serve the Lord. Summit Church has people of all ages!*

*We have families with children (babies, school aged, recent high school and college graduates) There are retired couples and widows. During the Sunday sermon we offer teaching for children ages birth to Kindergarten, in a kid friendly room called Base Camp.*

## VICTORY BAPTIST CHURCH OF MONTROSE

**Denomination Affiliation:** Independent Baptist

**Address:** 2890 N Townsend Ave., Montrose, CO 81401

**Office Hours:** Monday-Friday 8am-12pm

**Contact Information:** Phone (970) 249-6874;

email at [info@vbcmontrose.org](mailto:info@vbcmontrose.org); website: [vbcmontrose.org](http://vbcmontrose.org)

**Current Pastor:** Roland Kassales

**Worship Service Times:** Sunday School at 9:30am, Sunday AM Service at 10:30am, Sunday PM Service at 6pm, Wednesday Night Service at 6:30pm (all services include childcare)

*Victory Baptist Church exists to exalt God, edify saints, and evangelize the lost.*

*Demographics: Victory Baptist serves everyone with age-appropriate classes, groups, and activities. Families with children make up the majority of VBC with young adults, singles, middle-aged couples, and seniors comprising the rest.*

## Church Directory

### Mirror Editorial Staff

MONTROSE-As a way of serving the faith community in Montrose, the Montrose Mirror is in the process of establishing a Church Directory. If your congregation or fellowship would like to be included in the directory, please supply the following

## information to the Montrose Mirror:

**Name of church**

**Denomination affiliation**

**Address Office hours**

**Contact information (phone number, email address, website)**

**Name of current Senior Pastor**

**Worship service times**

**Please give a one sentence description of your church and its mission in the Montrose community.**

**Brief description of your current church demographics (predominately family, youth, seniors, singles).**

**Do your church services include Sunday School and childcare?**





1. Custom glass garden sculpture: [info@970studio.com](mailto:info@970studio.com)
2. Pumpkin Dirty Hippy from Looney Bean
3. Fall blooms from [alpenglows.com](http://alpenglows.com)
4. Montrose United Methodist Church Youth Missions fall pumpkin patch fundraiser
5. Halloween bow tie from Chow Down
6. Peppers and chilies galore at Mattics Orchards Premier Produce stand
7. Fall colors are making a comeback - get outside!
8. Pecan Pie bars at Straw Hat Farm Market
9. Buddha candle from Bluecorn Cafe & Mercantile

*Square Pegs*  
for  
lively soles

Valley life used to be a little staid, but these days adventure seekers can find a plethora of fun ranging from culinary delights to bespoke gifts and curated experiences. Check here monthly as we embark on an intrepid quest for all things funky and see what we bought and experienced in the last month.





# with Alcohol Ink

whafv, 1-3 pm, Sat. Oct. 15

Register: [kathrynrburke.com/101522](http://kathrynrburke.com/101522)

or 5:30-7:30 pm, Tue., Oct. 18

Register: [kathrynrburke.com/101822](http://kathrynrburke.com/101822)

Both include materials and refreshments.

Mosaic, 6-8 pm, Thr. Oct. 20

Includes a drink & all materials

Register: [kathrynrburke.com/102022](http://kathrynrburke.com/102022)

Private Group Sessions available.

Questions, [kate@kathrynrburke.com](mailto:kate@kathrynrburke.com)



With Kate Burke. Learn the secret to salvaging those pieces that didn't quite work. Drink included with evening classes and cash bar available. Open Studio Time at whafv: bring your own projects, we have supplies. More info., more classes: [kathrynrburke.com/education](http://kathrynrburke.com/education).



# COLORADO NEWS BRIEFS

## COLORADO PARKS AND WILDLIFE INVESTIGATING REPORT OF WOLF DEPREDACTIONS ON U.S. FOREST SERVICE LAND NEAR MEEKER

*Special to Art & Sol*

MEEKER- Colorado Parks and Wildlife is investigating a report of dead domestic cow calves on White River National Forest lands near Meeker that show damage consistent with wolf depredation. This is an active investigation and CPW is working closely with the livestock producer to collect additional evidence, including looking for scat and tracks in the area. If the depredations are confirmed as being caused by wolves, CPW will work in partnership with the livestock producer to implement approved hazing methods and respond to any damage claims submitted.

It is important to note that no wolf reintroductions have taken place yet in Colorado and recent depredation incidents are not related to or a result of wolf reintroduction efforts in Colorado.

CPW personnel have received wolf-livestock depredation field identification and investigation training from Wyoming Game and Fish. CPW personnel are also well trained and have decades of experience identifying and investigating livestock depredations caused by other

depredating species.

CPW also works with Animal and Plant Health Inspection Service (APHIS) and other wildlife management agencies in certain circumstances to get professional opinions regarding wolf depredation investigations such as this, which further contributes to CPW's body of

knowledge in identifying wolf depredations.

Wolf Resource Guide

A Wolf Resource Guide specific to wolf depredation has been developed that is available online and in printed format for distribution to livestock owners in Colorado who are experiencing wolf depredations.

**PLANNING FOR THE HOLIDAYS?  
WE HAVE CATERING OPTIONS: WEDDINGS, REUNIONS,  
RECEPTIONS, OR YOUR EVENT**

**Liquor:**

**Beer Barn II  
970-249-5550**

**House of Spirits  
970-240-4799**



***DineOutMontrose.com***

**Camp Robber  
970-240-1590**

**Jimmer's Steak & BBQ  
970-252-1227**

**Stone House  
970-240-8899**

**Fiesta Guadalajara  
970-249-2460**

**Mimo's  
970-249-0616**

**Alpen Confections  
970-648-0609**

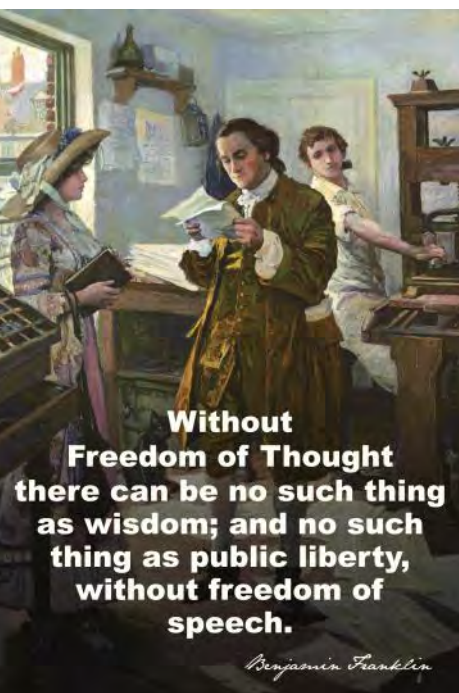
**Pahgre's  
970-249-6442**

**Remington's at the Bridges  
970-252-1119**

**My Favorite Muffin  
970-765-0076**

**Rib City  
970-249-7427**

**Light House Eatery  
970-964-4424**



**Without  
Freedom of Thought  
there can be no such thing  
as wisdom; and no such  
thing as public liberty,  
without freedom of  
speech.**

*Benjamin Franklin*





### **PEAK PROFESSIONALS**

1550 Niagara Road Montrose  
(970) 497-4921  
[peakpros.org](http://peakpros.org)

### **PEDIATRIC ASSOCIATES**

947 South Fifth Street Montrose  
(970) 249-2421 **VFC PROVIDER**  
[thepediatricassociates.com](http://thepediatricassociates.com)

### **NORTHSIDE HEALTH CENTER**

528 North Uncompahgre Ave Montrose  
(970) 240-6438 **VFC PROVIDER**  
[pfb.com/northsidechildhealthcenter](http://pfb.com/northsidechildhealthcenter)

### **CEDAR POINT HEALTH**

300 South Nevada Ave Montrose  
(970) 249-7751  
[cedarpointhealth.com](http://cedarpointhealth.com)

### **BASIN CLINIC**

421 Adams Street Naturita  
(970) 865-2665 **VFC PROVIDER (RHC)**  
[basinclinic.org](http://basinclinic.org)

### **UNCOMPAHGRE MEDICAL CENTER**

1350 South Aspen Street Norwood  
(970) 327-4233 **VFC PROVIDER (FQHC)**  
[umclinic.org](http://umclinic.org) **340B PARTICIPANT**

### **DELTA COUNTY HEALTH DEPT**

255 West Sixth Street Delta  
(970) 874-2165 **VFC PROVIDER**  
[deltacounty.com/8/personal-health-services](http://deltacounty.com/8/personal-health-services)

### **RIVER VALLEY FAMILY HEALTH CENTERS**

1010 Rio Grande Montrose  
(970) 497-3333  
308 Main Street Olathe  
(970) 323-6141  
[rivervalleyfhc.com](http://rivervalleyfhc.com)  
**340B PARTICIPANT & VFC PROVIDER (FQHC)**

### **THE PIC PLACE**

87 Merchant Drive Montrose  
(970) 252-8896  
[pic.place](http://pic.place)

### **MESA COUNTY HEALTH DEPT**

510 29 1/2 Rd Grand Junction  
(970) 248-6900 **VFC PROVIDER**  
[health.mesacounty.us/services/family/immunizations](http://health.mesacounty.us/services/family/immunizations)

### **VFC (VACCINES FOR CHILDREN)**

The Vaccines for Children Program (VFC) is a federally funded program that provides vaccines 0-18 years of age who are enrolled in Medicaid, who have no insurance, or who are American Indian / Alaska Native. \*Children who are underinsured may receive VFC vaccines at a federally qualified health center (FQHC) or rural health center (RHC).

### **340b**

The 340b Drug Pricing Program is a US federal government program created in 1992 that requires drug manufacturers to provide outpatient drugs to eligible health care organizations and covered entities at significantly reduced prices.



**CITY MARKET SOUTH**

16400 South Townsend Ave Montrose  
(970) 240-1994 **340B PARTICIPANT**  
Register Online

Flu	Shingles
Pneumonia	MMR
Tdap	Rabies
Meningococcus	Polio
Chickenpox	Japanese Encephalitis
Hep A	Hep B
	COVID-19

**WALGREENS**

2351 South Townsend Ave Montrose  
(970) 252-1743  
Register Online

Flu	Shingles
Pneumonia	HPV
Tdap	MMR
Td or DT	Rabies
Meningitis	Polio
Varicella	Japanese Encephalitis
Hep A	Typhoid
Hep B	Hep A/Hep B
	COVID-19 (Moderna)

**CVS (IN TARGET)**

3530 Wolverine Dr Montrose  
(970) 497-8981  
Register online

Flu	MMR
Hep A	Tdap
Hep B	Varicella
Hep A/Hep B	Pneumococcal
HPV	Meningococcal
Shingles	Hep A/Hep B
Typhoid	Japanese Encephalitis
Polio, adult	COVID-19 (Pfizer & JJ)

**CITY MARKET NORTH**

128 South Townsend Ave Montrose  
(970) 249-2064 **340B PARTICIPANT**  
Register Online

Flu	Shingles
Pneumonia	MMR
Tdap	Rabies
Meningococcus	Polio
Chickenpox	Japanese Encephalitis
Hep A	Hep B
	COVID-19

**SAFEWAY**

1329 South Townsend Ave Montrose  
(970) 249-1160 **340B PARTICIPANT**  
Register online

Flu	Shingles
Pneumonia	Tetanus
HPV	Pertussis
MMR	Meningitis
Hep A	Hep B
	COVID-19

**WALMART**

16750 South Townsend Ave Montrose  
(970) 249-7742  
Walk-in's welcome

Flu	Hep A & Hep B
Shingles	IPV
Tdap	Varicella
Td	Pneumococcal
MMR	Meningococcal
	COVID-19 (Moderna & JJ)

**STACIE'S APOTHECARY SHOPPE**

112 Village Square West Ridgway  
(970) 626-7100

Flu	Pneumonia
Shingles	Tdap



Please note that this list is not exhaustive and is not an endorsement of any pharmacy or provider. Visit [www.cdc.gov/vaccines](http://www.cdc.gov/vaccines) for the latest recommendations. Please contact your Pharmacy or Provider to confirm availability of vaccines. Montrose County Public Health will not provide immunizations after June 30th, 2020. Last Updated 7-25-2022.



# COMMUNITY NEWS BRIEFS

## SAN JUAN WEAVERS GUILD ANNUAL SHOW & SALE

### *Special to the Mirror*

MONTROSE-The San Juan Weavers Guild will celebrate its 44rd Annual Show and Sale on Saturday, November 19, 9 a.m. to 4 p.m., at the Ute Indian Museum, 17253 Chipeta Rd., Montrose. One of the area's oldest holiday traditions, this one-day event is free, and the public is encouraged to attend.

The guild is excited to use the beautiful museum facilities again for this year's event. The museum is wheelchair-accessible and offers ample on-site parking. Since the weavers' sale coincides with the museum's ongoing celebration of Native American Heritage Month, additional museum-sponsored vendors and activities may be scheduled.

As usual, a wonderful variety of handmade items will be offered for sale, featuring items handwoven and/or handspun by guild members. These range from practical (and beautiful) items for kitchen and home décor to one-of-a-kind scarves and other wearables in richly textured and colorful yarns.

Baskets, ornaments, and fiber jewelry are popular items at our sales. Toys, handspun yarn, and fiber ready for felting and spinning are often available. The guild maintains high standards for items submitted to the sale, and customers can be assured of finding wonderful gifts for themselves and others. Most of the guild members who offer items for sale do not sell their work at other craft venues, so much of the inventory is not available elsewhere.

The guild is grateful for its loyal customers who return year after year, and many of them line up early to shop. However, the inventory of hundreds of items assures a good selection for those who come later.

Educational outreach has always been an important part of our annual Show & Sale, and we again hope to offer demonstrations and hands-on opportunities to explore our passions. There will be an opportunity to sign up for a beginners' weaving class. This session usually occurs over a weekend in late winter or early spring and is led by two experienced local weavers. All materials and the use of all equipment are included in the class fee.

There will also be an exhibit of the guild's annual design challenge projects. This year's challenge is of items inspired by the Ute Museum's collections and environs, and highlights the creativity of our members. By honoring our museum hosts, we also hope to encourage sale attendees to spend time in the museum exhibits to study the items that inspired us.

Up-to-date information about the guild and show & sale are available on the guild's website, [www.sanjuanweavers.org](http://www.sanjuanweavers.org).

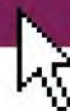


## MRH Ambulatory Care Center FREQUENTLY ASKED QUESTION

### Why do we need an ACC now?

Our communities are growing. MRH serves Montrose, San Miguel, Ouray, Gunnison, Delta, Hinsdale and San Juan counties. Montrose County's population is projected to exceed 50,000 by 2035 according to the Montrose Economic Development Corporation. MRH has outgrown its current footprint and needs to grow into a new space that will, additionally, help make healthcare more affordable by offering care in a lower cost environment.

Learn more at [MontroseHealth.com/ACC](http://MontroseHealth.com/ACC)



800 S. 3rd Street  
Montrose, CO 81401

970-249-2211

**MontroseHealth.com**





# Montrose Elks Bingo

**Tues Oct 11<sup>th</sup> 6:30 PM**

**Progressive  
Game #2  
\$200**

**Progressive  
Game #4  
\$327**

**Progressive  
Game #6  
\$3,228.02**

**Doors Open  
at 4:30 PM,  
Early Bird starts  
at 6:30 PM.**

**Main Bingo  
Session starts  
at 7:00 PM**

***Live life better  
at Montrose Elks Bingo***

*Josh and Von  
Present:*

## Menu

Meat Loaf & Mashed Potatoes

Or

Butter Nut Soup & Salad

**801 South Hillcrest, Montrose, CO 81401**





**Chaco**

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MADE IN FRANCE



# What Are the Benefits to Senior Living?

1. Boredom Buster!
2. Help When You Need It
3. Intellectual Stimulation
4. Safety and Security
5. Healthier Lifestyle
6. Focus on Independence

Each of our senior living care communities and programs are designed to provide optimal opportunities for every resident or participant to have the ability to live the life that makes them the happiest.

We are available to discuss options and recommend which services would be a good fit for you or a loved one!

**Home Health of Western Colorado**  
**The Homestead at Montrose**  
**Valley Manor Care Center**  
**Horizons Care Center**  
**Senior Community Meals**  
**Senior Community Care PACE**  
**AdvantAge Health Resource Center**



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We are designated tax-exempt 501 (C) 3 organization.

**Visit [voaseniorliving.org](https://voaseniorliving.org) for information on  
local and national services for older adults**



## COLORADO NEWS BRIEFS



### MRH Ambulatory Care Center FREQUENTLY ASKED QUESTION

#### How will it benefit the city of Montrose to build the new ACC?

Many residents research communities before relocating with adequate healthcare often a top concern. For this reason, our ACC will keep the Montrose region an attractive destination – helping employers attract potential skilled labor prospects.

Healthcare is important for families: if a person has to travel for specialized care, that can be a significant burden. We know that access is a significant concern for members of our communities. We will increase access to care by adding services and providers for our communities as they continue to grow.

Learn more at [MontroseHealth.com/ACC](https://MontroseHealth.com/ACC)

800 S. 3rd Street  
Montrose, CO 81401  
970-249-2211

**MontroseHealth.com**



### WALK AND ROLL DAY OCT. 12 PROMOTES PEDESTRIAN AND ROAD SAFETY, SAFE ROUTES TO SCHOOL

#### *Special to the Mirror*

DENVER – The Colorado Department of Transportation is encouraging schools to participate in Walk and Roll Day on Wednesday, Oct. 12, to promote and practice pedestrian and road safety among classmates, families, and caregivers.

Organizers are encouraged to register their school at [walkbiketoschool.org](https://walkbiketoschool.org) as a way of tracking participation and showing support for active, healthy, safe transportation. Registrations also assist Colorado's ranking among other participating states, regardless of whether schools choose to participate on the official day or choose a date most convenient to their community for optimal participation.

Established in 1997, Colorado Walk to School Day is part of the International Walk to School Day program, when children from more than 40 countries walk to school on the same day. Recently, the National Center for Safe Routes to School renamed the event Walk and Roll Day in recognition of all active and sustainable modes of transportation. Throughout the state, more than 150 schools participate every year.

Traditionally, Walk and Roll Day is held on the first Wednesday of October. The official date was moved by one week this year to make the event more convenient for all, since Yom Kippur falls on Wednesday, the 5th. Across Colorado, schools are celebrating throughout the month in meaningful ways.

"Almost all of our 500 students commute to and from school actively on a regular basis," says Melanie Wade, counselor at Rocky Mountain Elementary School in Clifton. "On Walk and Roll Days, we get to really celebrate that. Our Physical Education Teacher, Mark Garcia, always does such a great job organizing. This year, we're putting together a bike and scooter safety unit that we'll implement before the event, utilizing LaScooter scooters, which we received as the lucky winners of the Colorado Safe Routes to School giveaway."

For this event CDOT provided free Walk and Roll stickers on to interested schools. Additional resources and ideas, including downloadable posters in English and Spanish, are available on the CDOT's Safe Routes to School website at <https://www.codot.gov/programs/bikeped/safe-routes>.



# MEDICARE MONDAY

A Trusted Information Source for Open Enrollment October 15 to December 7



- 2023 Premiums, Deductibles, Co-Insurance, Co-Pays
- Drug Coverage - Insulin, Vaccines
- Should I Change My Current Coverage
- Individual Counseling
- Medication Management (CU School of Pharmacy Students)

## In-Person Sessions

Check [www.senioranswers.org](http://www.senioranswers.org) or call 303-333-3482 for more dates and locations

**LOCATION:** Colorado Mesa University  
Cascade Hall  
245 S Cascade, Montrose

**DATE:** October 31, 2022  
11:00 am

**SPEAKER:** Eileen Doherty, MS  
Colo Gerontological Society

Refreshments will be served

Health Insurance Plans may join for comparison shopping

Zoom Recordings posted on YouTube/user/COGerontology



## MEDICARE MONDAY Virtual Meetings - Zoom Only

- |                    |                              |
|--------------------|------------------------------|
| <b>October 17</b>  | <b>2023 Medicare Changes</b> |
| 9:30 am            |                              |
| <b>October 17</b>  | <b>New to Medicare</b>       |
| 1:00 pm            |                              |
| <b>October 24</b>  | <b>New to Medicare</b>       |
| 6:00 pm            |                              |
| <b>November 14</b> | <b>2023 Medicare Changes</b> |
| 1:00 pm            |                              |

## WEDNESDAY LUNCH AND LEARNS

Zoom Only - 12:00 pm

### October 19

- What Is Right for Me? Medicare Advantage or Medicare Supplement

### October 26

- Prescription Drug Benefits - Insulin, Vaccines, Formulary Changes/Tiers

### November 2

- Still Employed: Coordinating Medicare with Employer Plans

### November 9

- Selecting the Right Option if You Receive Medicare and Medicaid

### November 16

- Durable Medical Equipment - Coverages and Benefits

In-person Registrations: 1-866-294-3971 or 1-855-880-4477 (Spanish)

Zoom Registrations: [www.senioranswers.org](http://www.senioranswers.org)



## READER PHOTO SPOTLIGHT: DEB REIMANN

*Deb Reimann took this photo of a wisp of a rainbow over brilliant fall grasses in the Alamosa National Wildlife Refuge.*



### Healthy Rhythm 12-Year Anniversary



#### Fundraiser & Silent Auction

Thursday, October 13

Doors will open at 6PM • Silent Auction 6-7:30 PM

Wines will be poured by LaVoue DuBois Winery.

Delicious homemade cookies by Flours.n.Flowers

Music begins at 8PM

Donation: \$50 per person

Featuring renowned blues guitarist Eli Cook!

Silent Auction of prints by Matt Dey, Brad Klausen, Jeral Tidwell, Justin Hampton, Cone The Weird, oil painting of B.B. King by Wayne Vee, rare prints by world-renowned photographer Jay Blakesberg, a signed rock 'n roll canvas print by Colorado photographer Lisa Siciliano, a one 12-month concert pass for two to most Live Music shows at the Gallery, plus other surprises. This will be a night to remember!

Please e-mail Ken Vail at [healthyrhythm@gmail.com](mailto:healthyrhythm@gmail.com)



Can't Attend? Donations can be made out to HRAG/Ken Vail and sent to Healthy Rhythm Creative Group, 232 E. Main St., Montrose, CO 81401



# SAVE THE DATE! LOCAL EVENTS CALENDAR

## ONGOING-

Schedule a \$10 **RIDGWAY TRUE GRIT WALKING TOUR**, named readers choice for best historic town tour by True West magazine. [evebeckerdoyle@icloud.com](mailto:evebeckerdoyle@icloud.com) Or Schedule a \$10 Ridgway walking tour of True Grit downtown filming sites. Contact [evebeckerdoyle@icloud.com](mailto:evebeckerdoyle@icloud.com).

**MEDITATION CENTRE** in Montrose. Meetings will be on Tuesdays at 6:30 PM at 602 N. Nevada in Montrose, 81401 at Lions Park Community Center. Brought to you by Denis Hoin Darby, a Buddhist Zen Monk. Contact [Rev.Hoin.Darby@gmail.com](mailto:Rev.Hoin.Darby@gmail.com) for more information.

**NEWCOMERS AND NEIGHBORS** welcomes adults who are new to Montrose or have been here awhile, who would enjoy learning more about the town and area, plus have opportunities to participate in social activities. Meetings are held on the first Wednesdays of the months September-May (Dec./holiday party TBA). We gather at 10:00-11:30 am in the downstairs meeting hall of Cedar Creek Church (222 S. Townsend and S. 3rd). Hope to meet you there! Contact Patti at 951-544-6289 with questions.

**NURSE FAMILY PARTNERSHIP**-Beginning Sept. 1st, NFP will be hosting a Breastfeeding Support Group on the 1st and 3rd Thursday of every month. This is a great opportunity to come talk to Montrose County NFP nurses Jodi Hyatt, RN, BSN, IBCLC and Kim Cook, RN, IBCLC and get support from fellow moms. An infant scale will also be available to check your baby's weight. **WHAT:** Breastfeeding Support Group (Bring your questions and your family!) **WHERE:** Montrose County Event Center (1036 North 7th Street Room 3) **WHEN:** 10am - 12pm. Questions? Please call 970-252-5015.

**BINGO EVERY FRIDAY, SATURDAY, SUNDAY** AT 7pm at the American Legion Post 24 Olathe doors open at 5:30 more info call Tom 970 260 8298.

**FREETHINKERS** meet 1st Sunday of the month at 1pm. more info at 970-708-8333.

**THE HEALING COLLECTIVE OF WESTERN COLORADO** offers local practitioners, who focus on healing the whole being, to attend a free one-hour informative get together every first Tuesday of the month from 12p to 1 pm and every third Tuesday from 6 pm to 7 pm, upstairs at the Mother Earth store on Main Street. We support one another with our practices, business, and personal needs. For more information please contact Erin Easton at [ErinKEaston@gmail.com](mailto:ErinKEaston@gmail.com)

**THE MONTROSE GENEALOGY CENTER** at 700 E. Main St. is now open Wednesday and Thursday afternoons, 1-4 p.m. or call for an appointment: 970-240-1755. Free help and resources for your family history research."

(The center is sponsored by the non-profit organization, Fore-Kin Trails Genealogical Society.)

## MONTROSE FARMERS MARKET SCHEDULE

Summer Market Dates:-Every Saturday May-October 29 9 am – 1 pm

Holiday Market Dates: First three Saturdays of November and December-10am-1pm

**MONTROSE ALTRUSA**-1st Tuesday of the month Program meeting; 2nd Tuesday of the month committee meeting; 3rd Tuesday of the month Business meeting. Meetings are held at the Hampton Inn conference room at Noon.

## MONTHLY

**Oct. 10**-On October 10, 5:30 Citizensclimatelobby.org meets for progress on combating climate change. Montrose library meeting rm., nonpartisan, national, environmental all [welcome.info](http://welcome.info) at 970-765 9095.

**Oct. 11**-"What is happening in schools today? Whose Children Are They," film at All Saints Anglican Church, 6:30pm. 2057 South Townsend Ave. Adult viewers only recommended. Presented by ChildrenFirst, No charge. Child care provided.

**Oct. 14**-On Friday, Oct. 14, from 4-7 PM, the Montrose Area Woodturners Art Exhibition and Sale-Cobble Creek Clubhouse - 699 Cobble Dr. Enjoy happy hour and the art of the lathe from the Montrose Woodturners.

**Oct. 15-16**-Montrose Botanic Gardens Scarecrow Festival, 10am to 4pm.

**Nov. 7**-The next meeting of the Montrose Women's Giving Club is Nov. 7, 5:30 p.m. at The Bridges. Everyone who attends may nominate their favorite charity. More information is available by contacting the club at [GIVINGCLUBOFMONTROSE@GMAIL.COM](mailto:GIVINGCLUBOFMONTROSE@GMAIL.COM) or call 970-209-9598.

**Nov. 9**-Polio Survivors' meeting. The meeting is to be held at the Delta rec center Nov 9 from 1- 3 pm. All those effected by polio their caretakers, spouse and family. The meeting will have a time of education and time for sharing of resources.

**Nov. 10**-Healthy Rhythm Music Series Presents **Kirstie Lynn Mosher + Galen Clark :: Live at Healthy Rhythm**

Thursday, Nov. 10, 2022 Advance Reserved Seat \$10 • Day of Show \$15 Doors 7 p.m. — Show 7:30 p.m.

Healthy Rhythm Art Gallery 232 E. Main Street, Montrose, CO [www.healthyrhythm.net](http://www.healthyrhythm.net)

**Nov. 19**-The San Juan Weavers Guild will celebrate its 44rd Annual Show and Sale on Saturday, November 19, 9 a.m. to 4 p.m., at the Ute Indian Museum, 17253 Chipeta Rd., Montrose. One of the area's oldest holiday traditions, this one-day event is free, and the public is encouraged to attend. Up-to-date information about the guild and show & sale are available on the guild's website, [www.sanjuanweavers.org](http://www.sanjuanweavers.org).



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[www.montrosemirror.com](http://www.montrosemirror.com)

## READER PHOTO SPOTLIGHT: KERRI CATLIN

*At right, Kerri Catlin shared this stunning view of Last Dollar Road - The "Money" Shot.*



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Trattoria de Sofia  
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San Juan Brews  
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Camp Robber  
970-240-1590

# *DineOutMontrose.com*

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Jimmer's Steak & BBQ  
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970-249-8990

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970-323-6215

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