

# the Montrose Mirror

Issue No. 505 Oct. 31, 2022

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## RESOURCES MAY BE LIMITED, BUT NEED IS NOT *Mental Health Care options in Montrose*

By Caitlin Switzer

MONTROSE-In urban areas, there may be overlapping services and multiple providers for people who live with a mental illness. The situation can be very different in rural areas and in smaller cities such as Montrose.

"As someone who has multiple friends with multiple mental illnesses, it wouldn't seem that there are multiple resources to help them," one young adult observed to *the Mirror*.

Resources may be limited but the need for services is not. The National Institute of Mental Health notes that nearly one in five U.S. adults live with a mental illness, but roughly half of those affected receive treatment.

Common illnesses include Bi-Polar disorder, estimated

*Continued pg 12*



The Montrose Crisis Walk-In Center is open 24/7 and is located at 300 North Cascade Avenue in Montrose.

## VETERANS' GROUPS WORKING TOGETHER TO BRING VETERANS PLAZA PROJECT TO CERISE PARK



A diorama crafted by three Montrose High School ROTC students gives a visual of the proposed Montrose Veterans Plaza memorial. Photo by Gail Marvel.

By Gail Marvel

MONTROSE-The Montrose Veteran Memorial Coalition (501c3) was formed with the goal of building the Montrose Veterans Plaza, a memorial site representing America's major conflicts — WWI, WWII, Korean War, Vietnam War, and the Global War on Terror.

The proposed memorial site is in Cerise Park, between the parking lot and the Montrose Rotary Amphitheater. Vietnam Combat Veteran Dave Powers said, "We proposed to start construction in 2023 and do it as we go. We linked it to donations. The idea was we were going to do it as the funding came in."

However, the Memorandum of Understanding (MOU) signed with the City of Montrose states the coalition cannot start

*Continued pg 21*

in this  
issue

[DMEA Hears from Veterans' Memorial Coalition!](#)

[Reader Photo Spotlight: Deb Reimann](#)

[Dr. Tony Frank: On water in the West!](#)

[Calendar of Events! Regional News Briefs!](#)



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### RE-1J PIO MATT JENKINS TO SPEAK AT FORUM ON NOV. 2

Special to the Mirror

MONTROSE-The Forum is excited to have **Matt Jenkins, Public Information Officer with the RE-1J School District**, as he presents non-traditional school options for our Montrose/Olathe students.

For students who have not found success in the traditional classroom, non-traditional educational methods can help build self-esteem and feelings of competence by setting and achieving reachable, realistic, and individualized goals, while assuring basic educational needs are met.

-How many options are there?

-Where do they meet?

-Is it online/classroom/hybrid?

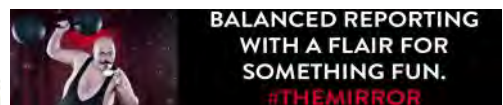
-How many students take advantage of this option?

Come to The Forum on **Wednesday, Nov. 2, 8-9am**, to hear about:

-Peak Academy School

-Black Canyon High School

-Outer Range Innovation School for our pre K / Kindergarten kiddos.



## THE MONTROSE MIRROR

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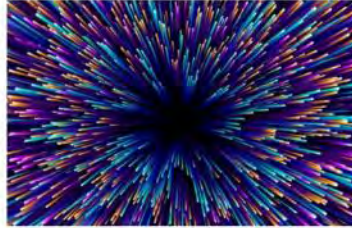




## Cosmic Art

**November 5, 12-1 PM, Library Meeting Room**

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Cashion of the Black Canyon Astronomical Society  
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WELL-DESERVED VACATION FOR AWHILE. I WILL BE BACK, SO BE ON THE  
LOOKOUT FOR A GOOD-LOOKING, WELL-MANNERED DONKEY WITH SOME  
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AND DON'T FORGET TO VOTE!

Photo by: Big Al's Montrose County Livestock Party



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# REGIONALO NEWS BRIEFS

## MONTROSE WOMEN'S GIVING CLUB MEETS NOV. 7 @ BRIDGES

*Special to the Mirror*

MONTROSE-The Montrose Women's Giving Club meets on Monday, Nov. 7 at 5:30pm at Bridges Golf and Country Club. New for this quarter? You may attend once without the \$100.00 donation just to see what all the excitement is about. We are almost at \$300K in donations!! 4+ years...pretty sweet.



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## REGIONAL NEWS BRIEFS

### BLM ANNOUNCES NEW MANAGER FOR MCINNIS CANYONS AND DOMINGUEZ-ESCALANTE NATIONAL CONSERVATION AREAS

*Special to the Mirror*

GRAND JUNCTION – The Bureau of Land Management Grand Junction Field Office is excited to welcome Amber Koski as the new National Conservation Area Manager. Koski will oversee McInnis Canyons and Dominguez-Escalante National Conservation Areas in western Colorado.

“Amber brings a diversity of experience to BLM Colorado and our National Conservation Areas,” said Grand Junction Field Manager Greg Wolfgang. “We are excited to welcome Amber to western Colorado’s amazing communities, partners, and landscapes.”

Koski previously served as the Planning and Environmental Coordinator for BLM Utah in the Green River District in Vernal,

Utah. Amber was responsible for coordinating six resource management plan amendments that spanned three field offices and two districts for lands designated under the John D. Dingell, Jr. Conservation, Management, and Recreation Act. Areas included the Jurassic National Monument, John Wesley Powell National Conservation Area, McCoy Flats Mountain Bike Trail System, San Rafael Swell Recreation Area, and 63 miles of Wild and Scenic River segments and 17 new Wilderness Areas. Amber holds a bachelor’s degree in anthropology with an emphasis in archaeology and a master’s degree in environmental policy and management. Prior to her planning role, Amber served as the Assistant Field Manager of resources for

the Vernal and Price field offices.

“My husband and two children are thrilled to be moving to western Colorado and becoming a part of the community,” said Koski. “I look forward to engaging in the wonderful partnerships within BLM Colorado, as well as serving our public, staff, and the amazing public lands we manage.”

Koski will be responsible for the two National Conservation Areas covering over 330,000 acres of public land that are known for their breathtaking scenery of the Gunnison and Colorado River canyons, wilderness, youth education programs, partnerships, and cultural and historic sites. Amber will join the BLM Grand Junction team on Nov. 6, 2022.



# How many children can you find in this picture!?

*This is the number of children in Montrose County who live in out-of-home placements every month.*

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child placement agency

answer: 83



# REGIONAL NEWS BRIEFS

## AARP SAFE DRIVER COURSE

*Special to the Mirror*

MONTROSE-The AARP Safe Driver Course will be offered in Montrose, Wednesday, Nov. 2<sup>nd</sup>, at the Montrose Health and Human Service Building, 1845 S. Townsend Avenue, 12:30 to 4:30 p.m. Area residents over 50 are encouraged to update their driving skills with this new AARP course. To register, call Rik at 970-314-9843.



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## OPINION/EDITORIAL: LETTERS

### KUNS DOESN'T KNOW DIFFERENCE BETWEEN PRIOR APPROPRIATION AND PUBLIC USE DOCTRINES

*Editor:*

Kevin Kuns admitted at Club 20 debate that he did not know difference between Prior Appropriation Doctrine and Public Use Doctrine. Prior Appropriation Doctrine guarantees existing individual water rights. Public Use Doctrine gives water rights to government who then decides how and where the water will be used. This would result in water going to the

front range. Kuns has already stated that ag should free up water for other uses. Giving up or diminishing agriculture on the western slope would be devastating. Agriculture is responsible for 81 million dollars in the county economy. We need to protect our local food supply. We don't want to be dependent on foreign food like we are on foreign oil. Kuns supporters are touting him as knowledgeable about wa-

ter but in reality he is clueless. This is not the man who can protect Colorado water. Kuns has stated that he is in favor of raising lodging tax. Hotel owners and businessmen in Grand Jct are opposed to increase there. They say it will hurt business. Don't be fooled by another tax and spend liberal. Vote Marc Catlin and preserve Western Colorado values.

*Ron Jenkins, Montrose*

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## RESOURCES MAY BE LIMITED, NEED IS NOT From pg 1

percent of the U.S. population according to the National Association on Mental Illness (NAMI). The average age-of-onset is about 25, but it can occur in the teens, or during childhood.

Other common conditions include schizophrenia, post-traumatic stress disorder, major depression, anxiety and mood disorders, panic disorders and phobias. Prescription medication can help in some cases, and some patients are finding increased stability with long-acting injectable options. However, any medications must be prescribed and monitored by a qualified provider.

To learn more about supportive resources, *the Mirror* spoke with Paul Reich of Axis Health Care, the mental health services provider serving Montrose and

Delta counties. Axis merged with the former local provider, Center for Mental Health, in 2021.

For individuals experiencing a crisis, the Montrose Crisis Walk-In Center at 300 North Cascade Avenue is open 24 hours a day, seven days per week. Patients aged 12 and up can access the center for crisis stabilization, and stay for up to five days as needed, Reich said.

Telephone support is also available 24-7, with several options. The Axis Support Line locally is 970-252-6220. Colorado Crisis Services can be reached at 1-844-493-8255. You may also text "Talk" to 38255 to reach someone.

In recent years, local law enforcement agencies have taken strides to better serve people with mental health needs as

well. The Co-Responder program coordinated by Axis and law enforcement in Montrose and Delta counties has grown, and a number of officers have undergone crisis intervention training as well, Reich said.

Patients who are not in crisis but who need ongoing care can access regular treatment at the Axis outpatient facility at 605 Miami Road. Psychiatric care, nurse practitioners, prescription medication and monitoring, and case management services are available.

Axis accepts private insurance, as well as Medicare and Medicaid. For patients who self-pay, there is a sliding fee scale, Reich said. To learn more visit <https://www.axishealthsystem.org/locations/montrose/>.



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**Salads** — Spinach with pecans, raisins and feta, under balsamic dressing or a classic house salad with mixed greens, tomato medley, red onion, cucumbers, and shaved carrots

**Sides** — Garlic mashed potatoes, sweet potatoes, turkey gravy, andouille cornbread dressing, cranberry ginger compote, 4-cheese mac & cheese, roasted rainbow Amaretto carrots, Janet's "green bean casserole," rolls and whipped butter

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## *Mirror staff report*

MONTROSE- the most recent statistics released by the Colorado Association of Realtors show that compared to September of 2021, the average sales price of a single-family home in Montrose County in September of 2022 has dropped by 2.9 percent, from \$458,681 in 2021 to \$445,204 in 2022. Still, year over year, the average sales price for a Montrose County home is on the rise. The average sales price for a single-family home has risen by 7.4 percent year to date, from \$430,797 in 2021 to \$462,890 in 2022.

More inventory is also available this year; the statistics show a rise from 141 units in September of 2021 to 179 in September of 2022.

In neighboring Delta County, statistics reflect a similar trend. Year over year, the average price for a single-family home has risen from \$362,783 to \$433,087, an increase of 19.4 percent. When compared specifically to September of 2021 though, the average price of a single-family home in Delta County dropped from \$389,540 in 2021 to \$386,583 in 2022, a decrease of 0.8 percent. Inventory available has increased from 125 units in September of 2021 to 178 in September of 2022.

The trends in Montrose and Delta counties are reflective of the market statewide. Colorado Association of Realtors statistics for the entire state can be viewed [here](#).

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## REGIONAL NEWS BRIEFS

### MONTROSE COUNTY HISTORICAL SOCIETY PRESENTS CHRIS HERRMAN AND COLORADO CANYON EXPERIENCE

#### Special to the Mirror

MONTROSE The Montrose County Historical Society presents Chris Herrman and the Colorado Canyon Experience sharing the 2022 summer canyons work. This is a follow up presentation complimenting their program of October, 2021.

The program starts at 7 pm. Wednesday, Nov. 2, at Montrose County Events Center, Room 20 on Montrose County Fairgrounds. Admission is free, the public is invited. Light refreshments may be available. Social distancing and COVID procedures are encouraged.



# 5th Annual MEDC MANUFACTURER'S EXP

We look forward to seeing you there!

**Thursday  
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**All of this – and more – was accomplished on your behalf with little or no support from the Republican Party, the party of “No.”**



## REGIONAL NEWS BRIEFS

# VAMOOSE GEAR HOSTS 2ND ANNUAL MOTORCYCLE TOY RUN TO BENEFIT HAVEN FOSTER

*Special to the Mirror*

MONTROSE-Vamoose Gear Powersports Accessories is hosting its 2nd annual motorcycle toy run to benefit Haven Foster. Haven Foster is a volunteer nonprofit which helps children transitioning into the

foster care system. Haven Foster helps by offering necessity items as well as comfort items in back packs for children/youth.

The toy run will be on Nov. 19, beginning at Vamoose Gear Powersports Accessories, located at 1912 S. Townsend Ave.

Montrose, CO. Rider registration will open from 9:30 - 11AM.

The run will leave Vamoose Gear promptly at 11AM following a designated route that ends at Haven Foster's store located at 16 S. Uncompahgre Ave. in downtown Montrose where riders will deliver their toys.

Silver Basin Brewing Company, located at 147 N. 1st Street, will host the 'After Run' get together where there will be a raffle drawing for some great prizes. Food and drinks will be available for purchase.

Can't make the event but want to make a difference? Vamoose Gear will be collecting donations of unwrapped toys for both boys and girls ages infant through 17 years, as well as gift cards and cash now through Nov. 19. For more information, call Vamoose Gear at 970-765-8950

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## READER PHOTO SPOTLIGHT: DEB REIMANN



Photo at left snapped recently in Silverton. "This cute little fellow was happily perched in a grove of aspens....and made me smile," Photographer Deb Reimann said.

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# Public Education

Well, it has happened. Since 1992 when TABOR was voted into the Colorado constitution, funding for public education has been falling every year since. Colorado is now ranked 50th in average pay to public school teachers. We just dropped below Mississippi and Oklahoma. We need a new tax policy in Colorado that is not irrational and illogical.

With my business background, I can appreciate a balanced budget, or “budget stabilization” (BS), as it is called in the Colorado Constitution. Unfortunately, the BS factor in Colorado has come at the expense of public education. In 2021, \$572 million was taken from public education to balance the budget. Since 2008, \$10 billion has been taken away from public education. This is unacceptable. As Coloradoans, we deserve better for our children.

I will work tirelessly to collaborate with the budget committee, managing our \$36 billion annual budget while leaving public education out of future cuts.



“The members of AFSCME Council 18 are excited to endorse your candidacy for the 2022 election cycle. We wish you the best of luck in your race and look forward to helping you get over the finish line in November.”

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***VETERANS' GROUPS WORK TOGETHER TO BRING VETERANS PLAZA PROJECT TO CERISE From pg 1***

construction until they are fully funded. The total budget is estimated to be more than \$500,000.

The word-of-mouth community support and offers for in-kind donations from contractors, builders, and excavators have outpaced the building blocks needed for the project, i.e., a website, a marketing plan, and a financial structure for accepting donations.

Powers said, "I have full confidence, but we really can't start anything until we have a place for people to donate."

One encumbrance to the project is the need to relocate a Delta Montrose Electric Association (DMEA) powerline which runs through the proposed site. During the October DMEA meeting Powers gave the board an overview of proposed project, while also asking the electric utility for a \$31,000 in-kind donation to relocate the

powerline. The DMEA Board is supportive of the project and will reach out to the coalition with additional information regarding support.

During his presentation to the DMEA Board of Directors, Powers gave an overview of the proposed memorial site. He said, "A lot of people don't know about the project. It's 3,200 square feet, with pods that represent major conflicts. It will be lit at night. There will be a 32-foot flagpole lit with LED lights; six [military] service flags, and trails in and out of the structure. We'll construct park benches."

One fund-raising effort will include selling 2,200 name bricks. Powers said, "We haven't yet determined the cost. They will be 4 X 8 inches with three lines that celebrate the freedom we have, the sacrifice of veterans, and in memory names [of a loved one]. We think the plaza will give

the community an educational opportunity. It will offer recognition of the Veteran community and be a place to promote healing. The location will have a lot of exposure. It could become a tourist destination and an area for special events and awards."

The proposed Veterans Plaza project is having an unexpected benefit to Veterans groups. Powers said, "Our local veteran organizations [VFW, American Legion, and DAV] haven't always worked well together, but this project is pulling us together with a common goal."

**For further information on the Montrose Veterans Plaza contact:**

Welcome Home Alliance for Veterans  
4 Hillcrest Plaza Way  
Montrose CO 81401  
970-765-2210

[www.whafv@whafv.org](http://www.whafv@whafv.org)

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# **WEST SLOPE**

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## OPINION/EDITORIAL: LETTERS

### CATLIN FIGHTS FOR THE UNIQUE NEEDS OF THE WESTERN SLOPE

*Letter to the Editor of the Montrose Mirror:*

After reading the Ouray Plaindealer newspaper article that covered a meet & greet in Ridgway by Democratic candidate for House District 58, I would like to share my observations about his opponent, incumbent Republican Marc Catlin. I have attended a couple of gatherings at which HD58 Rep Marc Catlin described his experience in agriculture and water issues, his State Legislature accomplishments, and his vision for serving HD58 this next term. But more importantly, I want to share my observations regarding his character and statesmanship (a word that is rarely used anymore, but refers to being wise or experienced in the business of government). Catlin is not a community organizer (a current term for mobilizing the community to support a social cause). Catlin's wisdom is demonstrated when he recognizes a community issue common to all his constituents, regardless of their political preferences. In such instances, he has courageously

worked across the aisle finding common ground to secure the best solution for the people of HD58. Yet, he also stands strong against any legislation that he thinks will adversely impact his Western Slope constituents. I say 'courageously' because he takes flak from his own party, as well as from the opposition party. Front Range legislators have the reputation of getting their way, because they represent the largest percentage of Colorado voters. Catlin's wisdom is

that he does not let the party label determine how he will vote, rather he focuses on fighting for the unique needs of the Western Slope, especially with respect to HD58 values and natural resources. Catlin is soft-spoken and sticks to the facts. He does not inflame, exaggerate, or market himself as most politicians seem to think is the winning style. I say vote for Catlin, a man of integrity, common sense, and who fits the expression 'salt of the earth'.

*Kathy Elmont, Ouray*



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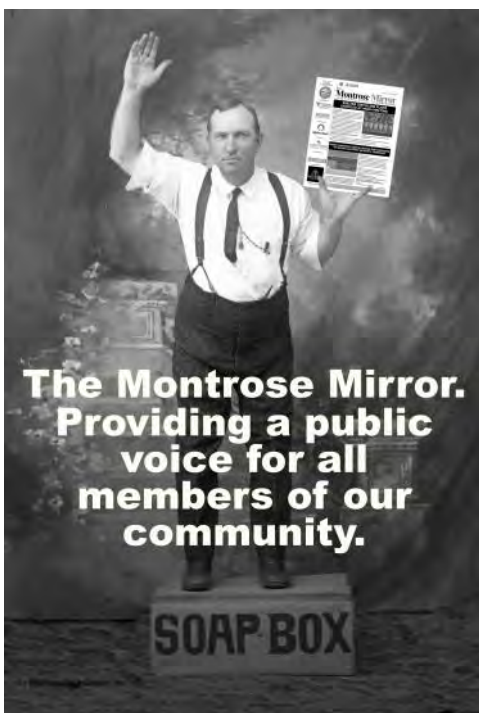
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# OPINION/EDITORIAL: LETTERS

## PLEASE VOTE FOR KEVIN KUNS FOR HD 58

*Editor:*

I was alarmed on Saturday morning to see the Trump Truck parade, flags flying with MAGA labels and Catlin banners. I do not want my Colorado House District 58 representative to owe that unpatriotic, badly informed crowd anything.

This group seems to equate big, noisy trucks to big, noisy Trump power. That power is artificial. They do not show patriotism but ignorance and a willingness to believe in deception. It makes me think that Catlin supported the insurrection. Certainly these parading supporters must.

Catlin has stated his support for Trump, Tina Peters, and beliefs about unfounded election fraud and he tried to do that with legislation this past January.

Yet his ads say he supports the rule of law, the Sheriff's association, & the Civil Justice League. It does not square with his support for the real "outlaws."


This is not the representation I want in the Colorado House, nor do I want Catlin to be beholden to insurrection supporters & their intimidating display. They look like they are itching to start a fight.

Kevin Kuns, be proud that you can tell fact from fiction, have an open, caring mind, and choose love & listening over chaos & lies. Readers, please vote for Kevin Kuns for HD 58.

*Regina Sowell, Montrose*

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## REGIONAL NEWS BRIEFS

### DON'T MISS THE DOWN HOME COUNTRY BAZAAR NOV. 12

*Special to the Mirror*

MONTROSE-On Saturday, Nov. 12, Montrose UWF presents the Down Home Country Bazaar, 19 South Park Avenue, 8am to 3pm. Craft vendors, fresh Georgia pecans, bake shop, luncheon (11am to 1pm, \$8) 970-249-3716 for information.

# Welcome

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## REGIONAL NEWS BRIEFS

### CHIPETA CHAPTER OF THE ARCHAEOLOGICAL SOCIETY

*Special to the Mirror*

MONTROSE-Rick Trujillo, local geologist, runner, and resident of Ouray, will present the story and geology of dinosaur sauropod tracks discovered in the Lower Quartzite in the upper Jurassic age Morrison Formation at Gold Hill and West Gold Hill in Ouray. Chipeta Chapter of the Archaeological Society, Wednesday Nov. 16, at 7 pm. United Methodist Church, 19 S. Park Ave, Montrose. We meet the third Wednesday of each month in Montrose. For more information see <https://www.chipetachaptercas.org/>

## OPEN HOUSE

### MONTROSE COUNTY TRANSPORTATION PLAN MAP

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NOVEMBER 15TH, 2022 4PM - 6PM  
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## OPINION/EDITORIAL: LETTERS

### I ALWAYS VOTE FOR THE REPUBLICAN IN THE GENERAL ELECTION

*Editor:*

As the Colorado district 58 representative the citizens of this district could not ask for better representation than we get from Marc Catlin.

This citizen legislator was born and raised here in Montrose. He has a very diverse background that makes him uniquely qualified to represent the citizens of the western slope in the Colorado state house. This man serves in a legislature that is controlled by democrats 41 to 24. But even with those odds he is so well thought of in the Colorado general assembly that he was elected as vice chair of the agriculture, water natural resources and Livestock committee. Now mind you with democrats in complete control of the general assembly they put him in a leadership position. That speaks volumes for this man's character. Every candidate running

for office claims they will reach across the isle to work with the other side to work in a unified manner for the citizens they represent. Marc Catlin actually has a record of doing that.

Marc Catlin's opponent is neither a long time resident of the western slope nor is he qualified to deal with western slope issues, and the history that makes the western slope of Colorado so unique. He claims to put people above party but his leadership position in the democrat party suggests otherwise.

I strongly urge everyone in HD58 to vote for Marc Catlin.

I was very disappointed to see Don Coram publicly endorse two democrats. One for CD3 and the other for AG. The problem with endorsing democrats is you also endorse the platform that they stand on.

And that platform is covered in the blood

of 60 million babies who died in abortion clinics. And that platform also includes unconstitutional gun control laws, defunding the police, open borders sexualizing children in public schools and the drug trafficking that is killing our young people, because of democrats open border policies. As well as the destruction of the energy industry that is adding to the inflation that is making life difficult for all citizens.

I thought I knew Don and understood his principles. Apparently I didn't know Don as well as I thought I knew him.

I'll be voting for Lauren Boebert and John Kellner. I may disagree with other Republicans about who I support in the republican primary but I always vote for the republican in the general election. As a Christian my conscience will never allow me to vote for a Democrat.

*Ray Langston, Montrose*

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## Ornaments



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# STOP The WOW

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**STOP THE WAR ON WOMEN**

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What are YOU doing to save OUR Democracy  
for YOUR children and grandchildren?

Jerome Waler, concerned Montrose citizen for Democracy



## OPINION/EDITORIAL: LETTERS

### A VOTE FOR REPUBLICANS IS JUST A VOTE FOR CHAOS AND THUGGERY

*Editor:*

I wish that our politics could be an honest debate about policies. Regular working people are suffering due to the high cost of housing, health care and energy. Our whole society is at risk due to climate change, income inequality, gun violence and the erosion of democracy.

The Democratic Party hasn't always lived

up to its ideal of representing working people, but I believe it still does a vastly better job of championing policies that actually try to address our problems and make life better for all.

That's why I'll be voting for Democrats pretty much down the line in this election. After the Jan. 6 insurrection and Trump's part in it, it seems like a vote for Republi-

cans is just a vote for chaos and thuggery.

As for Lauren Boebert, she's the worst of the whole self-serving, democracy-shredding bunch.

She represents no one in Congress but herself. If you're at all on the fence about her, I advise voting for her opponent Adam Frisch.

*Dave Reed, Carbondale, CO*

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## COLORADO NEWS BRIEFS

### CSU SPUR WATER IN THE WEST SYMPOSIUM NOV. 2

*Special to the Mirror*

DENVER — The 5<sup>th</sup> Annual CSU Spur Water in the West Symposium, to be held Nov. 2-3 in downtown Denver, will invite people from all backgrounds who are interested in the Western water future together to hear about global solutions that could have implications for local water issues. The event's theme, "Global Water: Successes and Solutions," underlies a pro-

gram that includes panel discussions and keynote speeches aimed at starting conversations about how communities and the entire region can respond and adapt to the pressures created by a growing population within a changing environment. Attendees have the option of attending in-person sessions at the Seawell Ballroom or participating virtually. A combined reception at CSU Spur the even-

ing of Wednesday, Nov. 2, will bring Symposium participants together with the ranchers, farmers, conservationists, land managers, scientists, and others attending Regenerate 2022, an annual conference focused on sharing knowledge and building a culture of resilience. Program details and registration information for the 2022 Water in the West Symposium are available at [csuspur.org/witw/](https://csuspur.org/witw/).

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# OPINION/EDITORIAL: COMMENTARY

## ON WATER IN THE WEST

By Dr. Tony Frank, Chancellor  
Colorado State University System

COLORADO—Over the course of this past summer, I hit the road with my colleague Kathay Rennels and traveled around the state. This is a trip we try to make every year when there isn't a pandemic — this summer included stops in Greeley, Yuma, Fort Morgan, Steamboat Springs, Craig, Gunnison, Grand Junction, Center, Alamosa, Lamar, Rocky Ford, Castle Rock, and Durango.

It's part of my role heading up the university system that delivers Extension, agriculture, and rural initiatives to Colorado — and Kathay's role as interim vice president of Engagement and Extension at CSU and one of the state's most trusted champions of rural Colorado. These trips are a time for us to listen, not talk, so we can get a clear picture of how we're doing in delivering on this core part of our mission.

For as long as I've been making these summer road trips, water has been a big topic of nearly every conversation. It's not a surprise: The history of the modern American West largely revolves around water, or the lack of it.

In fact, many of the great leaders in Colorado water history were connected to Colorado State University, among them Ralph Parshall, who came to the Fort Collins campus in 1899 as a student and became an international leader in civil engineering and hydrology. (He developed the Parshall Flume in the college's hydrology lab in 1921.) Parshall grew up on a family farm 16 miles west of Golden and recalled "dry-farming" acres of potatoes, oats, turnips, and wheat in the 1890s.

Just over a half century later, he noted how changes in the climate and precipitation levels had made those lush acres of crops on his family's land a thing of the past. In 1956, he gave a talk to the Fort

Collins Rotary Club, where he said: *"About the state, the water situation is becoming acute. Stream flow practically everywhere is extremely low. ... Our population is growing at a steady pace which means more and dependable water supplies are needed to meet our needs. Examining the water problem we find the curve representing the population is rising and the curve showing the water supply is gradually dropping. As the years move on, these two curves get further apart, which indicates the serious situation we are approaching. People are on the move to live in Colorado, farmers are to be supplied with water, industry is expanding to use more water, and we are going downhill on water supply. What are we going to do about this problem?"*

It's a question we keep asking, 23 years into a drought in the Colorado River Basin. And it's one of the reasons that our third building to open at the [CSU Spur](#) campus in Denver will be the [Hydro building](#) — a place focused on research, science, and learning around all things connected to water. Hydro, which will also house Denver Water's new water-quality laboratory and the Salazar Center for North American Conservation, will open in January in conjunction with the National Western Stock Show.

It's also why now-Secretary of Agriculture Tom Vilsack worked with us to establish an annual symposium run out of Spur that brings together diverse stakeholders to share multi-sector, non-partisan solutions to the complex and perplexing challenges of Western water.

This is clearly a high-stakes issue for Colorado agriculture and communities around the state. And it's tempting to view the challenges facing our Western states as distinct — but in reality, communities and populations around the world are grap-

pling with the same issues. For that reason, this year's [Water in the West Symposium](#) is looking globally at ways that cities, countries,

Tribes, and agricultural producers have pursued solutions and innovations that transcend boundaries and provide a useful roadmap for others.

I'm going to offer a shameless plug here and encourage any of you with an interest in water and its impact on Colorado and the West to sign up and join us Nov. 2 and 3. This symposium is designed not just for policymakers, producers, and conservationists but for all of us who understand the importance of a safe and reliable water supply to the health, vibrancy, and even survival of our communities.

And if you're interested in learning more about the water situation in Colorado, look for the next issue of our *STATE Magazine*, which will come out early next year in conjunction with Hydro's grand opening. This is a conversation CSU will continue to engage — whether over coffee with farmers on the Eastern Plains or in our campus and Spur laboratories and meeting rooms — because answering Ralph Parshall's question ("What are we going to do about it?") demands our best science, collaboration, and thinking.

*The Colorado State University System includes Colorado State University in Fort Collins, Colorado State University Pueblo, Colorado State University Global, and the public Spur campus in Denver.*



**Dr. Tony Frank.**  
Courtesy photo.



**"Eye of newt, and toe of frog ..."**



**THE MIRROR:**  
**A classic in  
the making.**



## OPINION/EDITORIAL: LETTERS

### FORMER LT. GOVERNOR CALLIHAN ENDORSES KEVIN KUNS

*Dear Editor:*

I had the honor and privilege of representing Montrose County in what is now House District 58 twice: first directly as State Representative in that District, and again when I was elected as Colorado Lt. Governor.

In both instances (and when I served as State Senator, but not in a District that included the counties now in the 58<sup>th</sup>) I saw that the most effective Legislators were not those who talked tough when campaigning back home ("I'll Stop Denver

from Stealing our Water"), but rather those who built coalitions across the aisle, coalitions of urban and rural, and Democrat and Republican. Coalitions that would actually accomplish something, particularly when it came to trans-mountain diversion of Western Slope water.

These days we truly do need the most effective Representative we can find, not just the loudest. We need a person who has built a reputation of being thoughtful and serious, not one who's loud when back home, but nearly invisible over in

Denver. (And certainly not one who spouts bogus threats about water stealing just to scare the voters back home.)

This is why I am supporting Kevin Kuns for State Representative: Kevin is a decent, honest, hardworking, coalition-building leader.

Ask yourself: isn't that exactly what we need now at all levels of government these days?

Kevin Kuns – not the loudest, just the most effective.

*Mike Callihan, Gunnison*

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—Lindsey Meewis



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[2] Alpine Bank debit cards are available with no annual fee to individuals with an Alpine Bank checking account.

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[1] In order to be reimbursed you must have an existing account or open a new account with Alpine Bank and currently be employed as a teacher with the Montrose or Delta County School Districts. Reimbursement will be made within two weeks of presentation of valid receipts dated between 8/1/2022 – 11/1/2022.

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# DMEA HEARS FROM VETERANS MEMORIAL COALITION

By Gail Marvel

MONTROSE-The Oct. 25, 2022 Delta Montrose Electric Association (DMEA) Board of Directors meeting, which was called to order at 3 p.m., was held at the Read Service Center, Delta. All board members were present, with Director Jock Fleming arriving at 4:45 p.m.

During meetings the board of directors hears verbal summary reports of their monthly meetings and activities; however, neither the co-op membership nor the media have access to the written reports submitted for board approval.

The call to order was followed by the Pledge of Allegiance, the opening meeting prayer, determination of a quorum, and approval of the consent agenda (Membership Report and Minutes from the September Regular Board Meeting).

DMEA co-op members are afforded an opportunity to speak during Member Comments, which for this meeting were scheduled for 5:30 p.m.

## Introductions:

Community members present were Mike Atwood (Paonia), Kent Cloward (Delta), Phil Stinnett (Cedaredge), and Dave Powers (Montrose).

## Board Committee Reports:

**Finance-Audit-Rate Committee (FAR)** – Ken Watson, Chair.

Watson said, “A good meeting on October 11th at 1 p.m. All members were present and good participation from the rest of the board and staff. We discussed the budget and we will be posting monthly finance for public consumption [to be implemented in November with member access through SmartHub]. The Audit RFP [Request for Proposal] was sent to eight firms, we got back five responses. We’ll be voting on that. The Capital Credit Retirement for 1991-1992 is approximately \$3M. It will be determined if it will be in dollars, or a credit on their bill. The CFO [Chief Financial Officer Gayle Gouker] gave us a robust discussion highlighting all the assumptions, expense codes, streamlining, short-term and long-term loans. Expenses were discussed. There is a 13-percent increase from last year which comes from inflation, investing in employees, and travel. We’ll need furniture updates for DMEA

and Elevate. The CEO [Interim Chief Executive Officer Kent Blackwell] can hash that out sooner rather than later. We’ll vote on it at the November meeting, three weeks away.”

Eno Heuscher said, “Were there any concerns [from the FAR meeting]?”

Watson said, “Nothing that sticks out. The debate was wide-ranging. There was appreciation for Gayle’s work.”

DMEA President Kyle Martinez said, “We went through everything line-by-line. It was a very thorough report.”

**Engineering – Construction – Energy Services Committee** – Stacia Cannon, Chair.

Cannon said, “Nothing to report.”

**Member Relations Committee** – Bill Patterson, Chair.

Patterson said, “We met on the 20<sup>th</sup> of October. We discussed the upcoming Annual Meeting and proposed the 15<sup>th</sup> of June. We’re looking for a venue in the Cedaredge area. The Crisis Relief Fund is for people having trouble paying their bill. [The committee proposes to] continue the \$10,000 budget for that fund. On Board Elections the committee recommends retaining the current paper ballot that we have. There is a [member] survey coming up and we will be asking members if they want an electronic [election] or paper ballot.”

Next year Patterson would like the board to look at what he feels is a disparity in representation on the board. He said, “Currently we have nine directors. The disparity is in different meters in the districts. Are we being fair to all our members because of geography? I don’t agree with that [districts based on geography]. I’d like to take a look at it and bring it up.”

**Vote on Annual Meeting Date.** Approved Unanimously.



*The regular Delta Montrose Electric Association (DMEA) board meeting was held on Oct. 25 at the Read Service Center, Delta CO. (L to R) Vietnam Combat Veteran Dave Powers and Veteran Phil Stinnett (retired DMEA employee) approached the DMEA board on behalf of the Montrose Veterans Memorial Coalition requesting an in-kind donation of \$31,000 to relocate a powerline that encumbers the community war memorial site. See accompanying story on the Montrose Veterans Plaza. Photo by Gail Marvel*

**Vote on Crisis Relief Fund.** Approved Unanimously.

**Vote on Board Election Voting Methods** to retain current SBS election organization. Approved Unanimously. In November the board will select a local holding company for ballots.

**Executive Committee** – Kyle Martinez, Chair.

Martinez said, “We reviewed a list of CEO candidates. In December and January, we will continue that process.”

**Non-Privileged CEO Report** – Interim CEO Kent Blackwell.

Blackwell reported on the legislative session, refining the Garnet Mesa solar project contract, formalizing a former passthrough agreement with WAPA. In the area of vegetation management Blackwell said, “We are discontinuing work with Four Seasons because of [their] staffing and equipment issues. There were several reports on incidents and near-misses [gas line not located, substation regulator]. October is Cyber Awareness month, we’re 13 points improved over last month.”

Blackwell’s report included the 95 percent call answer rates, member appreciation events, youth leadership camp for high school seniors, and changing old



## ***DMEA HEARS FROM VETERANS MEMORIAL COALITION From previous pg***

logos on equipment.

**Financial Report with Variance Report** – Gayle Gouker, CFO.

Gouker's report included margins, historically expected load drop-off, and hydro incentives. She said, "Total operating expenses [YTD] are under \$12 M, close to last year. For August we overestimated by \$21,000 [Guzman]."

Laughter rippled through the board when Martinez said, "Our last payment to Guzman was what, \$2.3 M? And you were off by \$21,000."

**Non-Privileged Legal Report** – Jeff Hurd, Attorney.

Hurd said, "I'll defer my report to Executive Session."

**Representative Reports**

**Western United Electrical Supply (WUES) Report** – Jock Fleming.

Fleming said, "We met. I sent the minutes out to everyone. It was a slow meeting. They are making money hand over fist. Another record-breaking month."

**Colorado Rural Electric Association (CREA) Report** – Damon Lockhart.

Lockhart said, "We haven't met. We meet the 5<sup>th</sup> of November. I'll have something next month."

**Conference, Webinar, etc. Attendance Reports**

Reports on recent webinars were given by Stacia Cannon and Jacob Gray.

**Future Meetings**

The next regular meeting will be Nov. 15 at 3 p.m.

The December meeting is rescheduled for Dec. 20.

**Member Comments:**

Paonia resident Mike Atwood spoke to the board about obstacles for members who want to be sustainable. He said, "If you [members] want to go sustainable, you [DMEA] are making it hard for someone who does not have capital. It's a policy thing for me. At least [consider] sharing the cost of financing for sustainable." As an example, Atwood offered his own experience of having to pay for a transformer that will then be owned by DMEA.

Martinez said, "Our policy has always been that development pays its own

way."

Atwood asked the board to also reconsider the policy that limits the number of solar panels members can have.

**Montrose Veterans Memorial Coalition** – Montrose Veterans Plaza Donation Request.

Vietnam Combat Veteran Dave Powers and Veteran Phil Stinnett (retired DMEA employee) approached the DMEA board on behalf of the Montrose Veterans Memorial Coalition requesting an in-kind donation of \$31,000 to relocate a powerline that encumbers the community war memorial site.

A diorama crafted by three Montrose High School ROTC students gave a visual of the memorial. Powers explained the design plans, "It's 3,200 square feet with pods representing major conflicts — WWI, WWII, Korean War, Vietnam War, and the Global War on Terror."

The proposed memorial site is in Cerise Park, between the parking lot and the Montrose Rotary Amphitheater. Powers said, "There is a three-phase line that runs through there along the sidewalk. The thing is in our way and we are asking for in-kind support. DMEA estimates \$31,288.49. We're asking for that essentially."

Fleming said, "The city is giving no money?"

Powers said, "Not yet."

Patterson said, "Is there any other benefit to moving the line? Will it serve us better than what we have now?"

Blackwell said, "Not really."

Flemings said, "Have we ever donated \$31,000?"

Executive Assistant Amy Taylor said, "We have [example Hotchkiss Parks]. We don't do it often, but it's not unheard of."

Following Powers' presentation, Martinez said, "The best thing is to discuss this in Executive Session. We'll let you know what we decide." Read the companion story on the Montrose Veterans Plaza in this issue.

**Executive Session**

-Privileged Interim CEO Report

-Strategy Plan Review

-Privileged Legal Reports: Corporate, Liti-

gation, and Regulatory Matters

-Audit Firm Request for Proposal (RFP) Discussion

-Discuss Upcoming Board Self-Assessment -CEO Search Update.

**Executive Session Summary** –Amy Taylor, Executive Assistant.

In an email Taylor summarized the executive session and action taken: "At 5:14 p.m., upon motion from Director Heuscher, seconded by Director Cannon, the board unanimously entered into executive session to: 1) discuss a privileged interim CEO report; 2) review the strategy plan; 3) receive a privileged legal report including information on corporate, litigation, and regulatory matters; 4) discuss audit firm requests for proposals (RFPs); and 5) discuss the upcoming board self-assessment. Director Lockhart left at 6 p.m. The board took a brief recess at 6:25 p.m. with the meeting resuming at 6:40 p.m. At 7:43 p.m., upon motion from Director Williams, seconded by Director Heuscher, the board unanimously exited executive session.

**Action:**

The board unanimously authorized DMEA to engage with the firm FORVIS for auditing services for DMEA and DMEA Utilities Services for 2022 subject to final review by DMEA's finance audit and rate committee.

The board unanimously authorized the retirement of allocated 1991-1992 capital credits subject to applicable provisions under DMEA bylaws and board policies.

The board unanimously adopted the 2022-2025 DMEA strategy plan, subject to staff's finalization of details, and sharing of said details of that strategic plan with DMEA's members as appropriate.

The board reviewed and discussed the in-kind donation request from the Montrose Veterans Memorial Coalition for a Veterans Plaza in Montrose. The Board is supportive of the project and will reach out to the Coalition with additional information regarding said support.

The board unanimously re-entered executive session to address the CEO search update with staff vacating the meeting at this time. The board unanimously exited executive session at 7:57 p.m.

*Continued next pg*



## ***DMEA HEARS FROM VETERANS MEMORIAL COALITION From previous pg***

Dist. 1 - Bill Patterson, 970-209-1449, [bpatterson@montrose.net](mailto:bpatterson@montrose.net)  
 Dist. 2 - Kyle Martinez, 970-615-7124, [kyle@touchofcarepcp.com](mailto:kyle@touchofcarepcp.com)  
 Dist. 3 - Jacob Gray, 970-778-9512, [jacob.gray@dmea.com](mailto:jacob.gray@dmea.com)  
 Dist. 4 - Ken Watson, 970-275-2100, [kennethrwatson@gmail.com](mailto:kennethrwatson@gmail.com)  
 Dist. 5 - Kevin Williams, 406-839-1603, [kevin.williams@dmea.com](mailto:kevin.williams@dmea.com)  
 Dist. 6 - Damon Lockhart, 970-314-1071, [damon.lockhart@dmea.com](mailto:damon.lockhart@dmea.com)  
 Dist. 7 - Enno Heuscher, 970-270-6523, [enno.heuscher@dmea.com](mailto:enno.heuscher@dmea.com)  
 Dist. 8 - (North Region) Stacia Cannon, 920-207-8831, [stacia.cannon@dmea.com](mailto:stacia.cannon@dmea.com)  
 Dist. 9 - (South Region) Jock Fleming, 970-275-1808, [jock.fleming@dmea.com](mailto:jock.fleming@dmea.com)



*Reaching out into the Delta County service area, the regular Delta Montrose Electric Association (DMEA) board meeting was held on Oct. 25 at the Read Service Center. Photo by Gail Marvel.*



### **READY TO MAKE SOME NEW MEMORIES?**

Does an empty nest filled with old memories have you thinking it may be time to move? If this sounds like you, give me a call today. I'll help make this next step easy by getting a great price for your current house and finding you the perfect home to create new memories! Call me or text me today. I'm ready to help you get started. I am your local Certified Residential Specialist!



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# MEDICARE MONDAY

A Trusted Information Source for Open Enrollment October 15 to December 7



- 2023 Premiums, Deductibles, Co-Insurance, Co-Pays
- Drug Coverage - Insulin, Vaccines
- Should I Change My Current Coverage
- Individual Counseling
- Medication Management (CU School of Pharmacy Students)

## In-Person Sessions

Check [www.senioranswers.org](http://www.senioranswers.org) or call 303-333-3482 for more dates and locations

**LOCATION:** Colorado Mesa University  
Cascade Hall  
245 S Cascade, Montrose

**DATE:** October 31, 2022  
11:00 am

**SPEAKER:** Eileen Doherty, MS  
Colo Gerontological Society

Refreshments will be served

Health Insurance Plans may join for comparison shopping

Zoom Recordings posted on YouTube/user/COGerontology



## MEDICARE MONDAY Virtual Meetings - Zoom Only

**October 17** 2023 Medicare Changes  
9:30 am  
**October 17** New to Medicare  
1:00 pm  
**October 24** New to Medicare  
6:00 pm  
**November 14** 2023 Medicare Changes  
1:00 pm

## WEDNESDAY LUNCH AND LEARNS

Zoom Only - 12:00 pm

### October 19

- What Is Right for Me? Medicare Advantage or Medicare Supplement

### October 26

- Prescription Drug Benefits - Insulin, Vaccines, Formulary Changes/Tiers

### November 2

- Still Employed: Coordinating Medicare with Employer Plans

### November 9

- Selecting the Right Option if You Receive Medicare and Medicaid

### November 16

- Durable Medical Equipment - Coverages and Benefits

In-person Registrations: 1-866-294-3971 or 1-855-880-4477 (Spanish)

Zoom Registrations: [www.senioranswers.org](http://www.senioranswers.org)



[ColoradoGives.org/UncompahgreGives](https://ColoradoGives.org/UncompahgreGives)

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# OPINION/EDITORIAL: LETTERS

## MOST AMERICANS WON'T FORGET OR IGNORE WHAT THEY HAVE SEEN WITH THEIR OWN EYES

*Editor:*

What is very apparent with the Biden administration is that they think they can say anything and Americans will swallow it. With the midterms upon us, Democrat lies and prevarications about their "accomplishments" coupled with misdirection and fear about the opposition is all they have left.

They deny that a state of chaos exists along our southern border and that the economy is in tatters as a result of their inflation causing spending sprees. They deny the FBI and DOJ have been transformed into instruments that ruthlessly suppress dissent, along with denying that rampant crime has become a national problem. They deny that their foreign policy comes down to two words: America last.

Democrats have gotten themselves so far out on a limb of extremism that they fear having to defend their positions. Dem candidates are dodging debates to avoid having to justify abortion up to the point of birth.

No Democrat wants to explain to voters how it is fair for men identifying as women to dominate women's sports and use their locker rooms. No prominent Democrats have taken a stand against the sexual mutilation of children not old enough get a driver's license or get a tattoo without their parents' permission. Suddenly, they are flip-flopping on defunding the police. Because they cannot "explain" any of their actions or results, they must fall back on the fear factor. You know, the "Republicans are going to throw your grandma off the cliff" thing.

If Democrats are successful at anything it is being able to "fool some of the people

all of the time." For example, Pam Rule (Delta County Independent 10/26) continues to falsely claim that Trump's tax rate cuts only benefited the rich and have cost the government trillions. The truth is the government is getting a massive windfall under the current tax code. Revenues went up rapidly after the tax rate cuts. It also greatly benefited taxpayers at all income levels. Saying that Trump's tax rates cost trillions is as big a lie as Biden saying he had nothing to do with Hunter's kickbacks or blaming Putin and those evil oil companies for inflation and the high price of gas instead of Democrat policies.

Another example is Adele Riffe (DCI 10/26) using the age-old Democrat fear tactic that Republicans will cut your Social Security if they take control of the House. Here's the truth. Everyone has known for several decades now that Social Security would be insolvent if changes were not made to the program, but politicians of both parties refused to address that because doing so would have risked their lucrative political careers. The program is now within a few years of insolvency due to big government incompetence. Avoiding that insolvency would have entailed cutting benefits, increasing employee and employer contributions, and trillion-dollar bailouts from the federal treasury. Riffe reports that (after decades of ignoring the problem and just before midterms) Democrats now miraculously have a plan to make SS solvent "far into the future" by increasing contributions. He also criticizes four Republicans who he says want to address the insolvency by reducing future payouts. The question is: If Democrats have a plan, why haven't they already implemented it while they controlled the

presidency, the House, and the Senate? Or, likewise, why didn't they address the problem during Obama's tenure when they also controlled both the House and the Senate? The answer, of course, is that Democrats don't care enough about your Social Security to prioritize it over their woke agenda. They just want to keep it as a fear tactic every election cycle. Kudos to the four Republicans who Riffe reports are brave enough to consider potential solutions to the insolvency, after decades of politicians sticking their heads in the sand.

Fortunately, most Americans, including most independents and many thinking Democrats, no longer believe anything Democrats say. The Dem narratives can no longer conceal their lies. Voters have heard Biden heap official White House hate on the heads of 7 million American citizens for the sin of disagreeing with him. They haven't heard him talk about Americans being forced to choose between buying expensive groceries or costly gas to get to work. They haven't heard him talk about his trillion-dollar college tuition bribe for votes, putting that cost on the backs of working Americans.

The people know the county is on the wrong track. They don't care about the president telling them "Our economy is strong as hell", or all the other misdirection, projection, and fear mongering.

They read the truth in their thinning wallets, their 401Ks, and smaller bank accounts; the chaos they see in the world; and in their inability to walk the streets of their cities without fear. Most Americans are not as stupid as Democrats think they are, and won't forget or ignore what they have seen with their own eyes.

*Ed Henrie, Montrose*



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## REGIONAL NEWS BRIEFS

### CITIZENS CLIMATE LOBBY TO MEET OCT. 31 @ LIBRARY

*Special to the Mirror*

MONTROSE-Monday Oct. 31, 5:30 Montrose library meeting rm. Trick or treat Mother Earth with Citizensclimatelobby.org, Nonpartisan, national, All Welcome info 970-765-9095.



# FOR SALE

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**\$545,750** MLS# 798635

### About The Property

Come quickly to see this new home in Brown Ranch Subdivision. The 6" wide entry way welcomes you. The warm tones in the cabinetry as well as the quartz countertops throughout are a refreshing combination. Laminate and tile floors are another welcome bonus. The pantry & inviting work island extending from kitchen into the dining area are both so efficient. Notice the dual walk in closets in the main suite along with the 5 piece bath as well as the walk in closets in the guest rooms AND the wonderful tile detail in both. Outside you will find the 21 x 12 covered patio ready for that entertaining and or relaxing. This home is on a cul-de-sac and just minutes from the busy-ness of Montrose.

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# COLORADO NEWS BRIEFS

## 2022 GENERAL ELECTION INFO

*Special to the Mirror*

DENVER— With the 2022 General Election on November 8, the Colorado Secretary of State's Office is reminding Coloradans of important voter information.

"November 8th is just around the corner, and there is still time for eligible Coloradans to register to vote and cast a ballot for the General Election," said Secretary Griswold. "Voters should remember to use a trusted source for accurate election information like your county clerk or [GoVoteColorado.gov](https://govotecolorado.gov)!"

County Clerks have mailed ballots to voters for the General Election. Registered voters who did not receive a ballot should contact their County Clerk.

Eligible Coloradans can still register to vote and update their voter registration at [GoVoteColorado.gov](https://govotecolorado.gov) through October 31st in order to receive a ballot in the mail. After October 31st, Coloradans can still register to vote, receive a ballot, and vote in person at a voting center until 7 p.m. on Election Day.

### **Important information for Colorado voters:**

- All Colorado voters can sign up to track their ballot from sent to counted using [BallotTrax](https://ballottrax.com).
- Eligible voters who wish to mail back their voted ballot should do so by October 31<sup>st</sup> to ensure it is received by their county election official by November 8<sup>th</sup>. After October 31<sup>st</sup> voters should return their ballot to a drop box or voting center, or vote in person.
- This year 411 drop boxes and over 350 voting centers are available. Voters can look up the closest locations and hours at [GoVoteColorado.gov](https://govotecolorado.gov).
- In person voting on Election Day, Tuesday November 8th, will be available from 7 a.m.-7 p.m.
- Eligible voters must return their ballot to a drop box or voting center by 7 p.m. on Election Day or be in line to vote by 7 p.m. on Election Day for their ballot to be counted. Ballots cast by military and overseas voters must be sent no later than 7 p.m. on Election Day and received by close of business on the 8th day after the election (November 16).

### **visit [GoVoteColorado.gov](https://govotecolorado.gov) to:**

- Register to vote or update their voter registration
- Find their local County Clerk
- Find their closest drop box or voting center.
- Sign up to track their ballot using BallotTrax
- Find accurate election information



## *MRH Ambulatory Care Center* **FREQUENTLY ASKED QUESTION**

**Will MRH be continuing to partner with local providers at the ACC? Will other clinics or organizations be at the ACC?**

The ACC will strengthen relationships with local healthcare providers and feature them at the new ACC location.

Montrose Regional Health is partnering with independent providers in our communities to offer care at our new ACC. Most recently, Cedar Point Health announced they are joining the Montrose Regional Health ACC. Discussions with additional community partners are currently ongoing. Information on site partners will be announced when it is available.

**Learn more at [MontroseHealth.com/ACC](https://MontroseHealth.com/ACC)**

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## OPINION EDITORIAL: LETTERS

### AN OPEN LETTER TO THE MEMBERS OF CITY COUNCIL, CITY MANAGER AND MONTROSE GOV OFFICIALS

*Editor:*

The TOWN of Montrose is morphing into a MAJOR concern. The populace (now) is coming from far and wide; MONTROSE has been discovered. The populace that is streaming into this area are well informed, articulate, AND have money. THEY are accustomed to access to information, when requested, they are expectant of intelligent, thoughtful responses and a TWO-WAY COMMUNICATION AVENUE. The method of operation of Montrose's city government is NOW front and

center (in the past it was a few citizens who voiced their point of view and attempted to establish a two-way conversation, to no avail.

THAT has and will continue to change u should be forewarned that it CAN NOT BE BUSINESS AS USUAL...brushing off concerns and NOT listening/acting on concerns brought forward.

The routine dismissal and disregard WILL only infuriate the new comers and WILL result in more of the populace entertaining the idea of recall...I am a 3<sup>rd</sup> generation

Coloradan and as such, I see the hand-writing on the wall.

THIS little town, is NO LONGER little...the mindset of "we" are the deciders worked in the past. THAT stance will be challenged. As ALICE WALKER famously quoted THE WAY PEOPLE GIVE AWAY THEIR POWER IS BY THINKING THEY HAVE NONE.

There are MORE individuals who are aware of their POWER and will NOT settle for business as usual.

RESIDENT OF MONTROSE FOR 7 ½ YEARS

*Lynn Stockton, Montrose*

## BOEBERT HAS ACCOMPLISHED SO MUCH IN SUCH LITTLE TIME

*Dear Editor,*

I felt the need to write a letter to the editor to encourage people to realize what wonderful things Lauren Boebert has done in a such a short time as our Representative.

According to Lauren's January 2022 newsletter, in her first her first year as congresswoman she made 20,168 calls, authored 17 Bills, 153 Legislative Amendments, 7 Resolutions Filed, \$77.5 Million in Federal Grants Benefiting CO-03, 62 Mobile Office Hours, \$403,529.12 in Benefits Returned to Constituents, 21,304 Letters to Constituents, 15 Nominations to the U.S. Service Academies, 466 Meetings w/ Constituents, 655 Cases Worked for Constituents.

These numbers provide a snapshot of all

the work she has done for Colorado. It is impossible to adequately capture all the great things that transpired this year including helping veterans receive proper care, assisting seniors with Medicare issues, nominating Colorado's brightest to our prestigious service academies.

While in office, Boebert fought for better access to quality medical care and secured \$1.74 billion in funding for Community Health Centers, eight of which are in her district\*

Boebert also worked to allocate \$48 million to U.S. Forest Service. These funds are important and will help mitigate the state's wildfire hazards. It's a legislative win that will help the U.S. Forest Service "prevent wildfires and responsibly manage our forests."\*

She has also worked to allocate \$10 million in funding for the Bureau of Indian Affairs' Indian Irrigation Fund. Unbeknownst to most people, this legislation helps provide irrigation to the Southern Ute Native Americans. She also voted to secure \$515 million to help fund law enforcement, firefighters, education, and other community efforts through the Payment In Lieu of Taxes (PILT) program.\*

The opposition uses Boebert's life experience from 16 years ago in a negative fashion. Boebert is the first mom to represent Colorado's 3<sup>rd</sup> District. We should pride ourselves on these successes and her passion to represent all Coloradans.

\*Washington Examiner 10/10/2022 by Christopher Tremoglie

*Deborah Boerner, Ridgway*







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# Restore the Balance, Really?

**Colorado & Federal Governments are Under Democrat Control**

**So...**

- Government picks winners and losers
- Certain Americans are prosecuted for their beliefs
- Money is allocated based on "equity"
- 87,000 new IRS agents are hired to come after Americans
- Children are being exploited and a war on womanhood ensues
- Cancel culture and propaganda dominate our society
- Criminals are now the victims
- Industry, business, & agriculture is regulated to fail

**Remember When...**

- The United States was respected by other countries
- America was energy independent
- Gas was \$2 and grocery stores had full shelves
- Inflation and recession were not a concern
- The rule of law mattered and criminals went to jail
- Americans were not divided

**Then YOU Should...**

**Vote Republican**  
*and*  
**"Restore the Balance"**





## OPINION/EDITORIAL: LETTERS

### ELIMINATE DISASTROUS “ONE PARTY AGENDA” IN THE US SENATE

*Editor:*

Since entering office in 2009, Senator Michael Bennet has done little but warm a seat in the US Senate, and has happily supported the Obama/ Biden policies that have created all the critical issues adversely affecting our country and state today! Bennet projects himself as an “affable moderate,” but was recently quoted as saying he was more “progressive” than Bernie Sanders! Undecideds should review his voting record and ratings at [votesmart.com](https://votesmart.com), which shows him well to the left of AOC!

The Center for Effective Lawmaking classified Bennet as “one of the least effective Senators in Washington, D.C. What is worse, Bennet votes with Joe Biden basically all the time — 98% of the time, to be exact. According to the analysts at

FiveThirtyEight, Washington, D.C. is drowning in political careerism, and Bennet is part of the problem. Bennet is basically President Biden’s Senator, not ours.” In being Biden’s rubber stamp in the Senate, Bennet has put his loyalty to Biden well above the best interests of the country, as well as Colorado!

A good article about Bennet to review can be found at: [https://gazette.com/denver-gazette/editorial-the-left-dragg-bennet-to-the-left-of-bernie-sanders/article\\_f05df1f8-4f47-11ed-b14f-378da5f5e55a.html](https://gazette.com/denver-gazette/editorial-the-left-dragg-bennet-to-the-left-of-bernie-sanders/article_f05df1f8-4f47-11ed-b14f-378da5f5e55a.html)

The Colorado Springs Gazette put it best: “For the sake of Colorado’s cultural and economic welfare, voters should replace Democratic Sen. Michael Bennet — a smart and affable man who simply lacks the gravitas to get things done in the Sen-

ate.

He consistently ranks among the lowest-performing members of Congress.”

Joe O’dea has garnered a WHO’S WHO list of supporters: Gov/Ambassador Nikki Haley, Sen. Tim Scott, Sen. Tom Cotton, US Attorney Jason Dunn, Former Sec State Mike Pompeo, and former Sec Interior David Bernhardt, and Gov Ron Desantis among many others.

Voters would be wise to review O’dea’s stance on all the critical issues at : <https://www.joeodea.com/issues>

It’s past time for a new Senator, and O’dea is Colorado’s best hope for helping to eliminate the disastrous “one party agenda” in the US Senate, that has us on the cusp of becoming a socialist country we no longer recognize!

*Dee Laird, Montrose*



Our  
aim  
is  
true

the montrose mirror



## OPINION/EDITORIAL: COMMENTARY

### PROTECTING AND CONSERVING OUR WATER RIGHTS GRANTED BY THE STATE OF COLORADO

By HD58 Representative Marc Catlin  
COLORADO-House District 58 stretches from the Continental Divide to the Utah border. It now covers Gunnison, Hinsdale, Montrose, North Fork of Delta, Ouray, San Miguel, Dolores, and North Montezuma Counties.

While the District is expanded, my legislation has always incorporated the issues and policies that support, improve, and protect the whole of HD58. My legislation keeps us viable and successful, with focus on our main economic drivers.

I stress the protection and conservation of our water rights granted by the state of Colorado. Pressure from the drought and speculative buyers is creating a critical period in our history. My decades of work and experience in the water business is what we need. With water, I have improved our forest and state watershed health.

In an unprecedented and bipartisan move, I am the only minority member to have ever been appointed by the majority party to serve as vice-chair in a standing committee. As Ag Committee Vice-Chair, I am able to direct and amend bills coming in front of the committee. I am the voice for our ag communities. I understand the nuances of the entire industry and impart the complexity of ag issues to my colleagues on both sides of the aisle, stake-

holders, and the public. Ag is an economic driver with great potential. A growing ag industry is a growing Western Colorado.

My passions and priorities also expand to, not only: student safety and teacher retention, broadband and telecommunications, healthcare and insurance, affordable housing, transportation, energy, and law and order.

I passed legislation to retain quality rural educators and supported legislation funding for teachers and students. I passed bills to fund and improve safety communications and protocol for schools. I also sponsored legislation to improve rural broadband for schools, tele-medicine, and business to connect with the global market.

I continue to find ways to ease the burden of healthcare and insurance expenses with bills that end surprise billing and out-of-network services. Along with the affordable healthcare options, I passed a bill for local citizens to determine how to use lodging taxes for affordable housing. The Middle Income bill is another way to help people purchase homes. My background in financial and real estate systems will prove beneficial navigating uncertain economic times.

To keep energy prices low, I support all forms of energy, including oil and gas, renewable energy, and future prospect



*Rep. Marc Catlin. Courtesy photo.*

energy production. We need to remain open to innovation in energy development. I sponsored legislation that improves rates for energy storage and modernizing electric infrastructure to name a few.

My life equity is invested on the Western Slope. I love it here. It is my home. I am proud of the 58th District and the people who live here. It is my honor to represent this beautiful and vibrant place. I want to continue to be your voice in Denver.

All of these enacted laws and others can be viewed on my website: [catlinforcolorado.com](http://catlinforcolorado.com). Please VOTE by Nov. 8.


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## OPINION/EDITORIAL: LETTERS

### THANK YOU TO ALL FOR THE HD 58 CANDIDATE FORUM

#### Editor:

The League of Women Voters of the Uncompahgre Valley thanks both candidates for the Colorado House District 58 for their participation at our Candidate Forum on Friday, October 28. Representative Marc Catlin and Mr. Kevin Kuns answered questions about a wide range of issues of concern to constituents. They were both professional and cordial and provided good information for voters to consider before casting their ballot.

We also thank the City of Montrose for graciously hosting the Forum in the Montrose City Council Chambers, and for providing the technical expertise to livestream and record the Forum. Special thanks to Lisa DelPiccolo, City Clerk, and William Woody, Communications Manager. The Forum can be viewed on the City of Montrose YouTube channel (<https://www.youtube.com/user/MontroseCityGov>) and with links from our league website [lwv-uv.org](http://lwv-uv.org) and [Vote411.org](http://Vote411.org), if you were unable to join us in person.

Thank you, to our audience and viewers, for attending the forum, for the respect you showed both candidates during their presentations, and for your questions – citizen participation in candidate forums like this one is another hallmark of the strength of our democratic institutions.

It is unfortunate that at an event intended to educate voters, someone chose to suppress voter information by covering up campaign material for Marc Catlin. (Candidates were allowed to place campaign material outside council chambers.) The League of Women Voters condemns all voter suppression actions.

The League of Women Voters is a non-profit, nonpartisan organization that does not support or oppose candidates or po-

litical parties. Our mission is to empower voters and defend democracy. Hosting candidate forums like this event is just one of the many activities the League engages in to accomplish our mission.

Providing opportunities for voters to become as well-informed as possible in a nonpartisan setting was the goal of this Forum.

We encourage everyone who is eligible to vote. How you vote is up to you. If you have questions about this coming election and voting, contact your county clerk, or you can visit [GoVoteColorado.gov](http://GoVoteColorado.gov) or [Vote411.org](http://Vote411.org). You can also find us at [lwv-uv.org](http://lwv-uv.org)

Election day is November 8. All ballots must be received by your county clerk by 7 p.m. on November 8.

*Carol Howe*

*League of Women Voters of the Uncompahgre Valley*

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# OPINION/EDITORIAL: LETTERS

## REMOVE EVERY DEMOCRAT (RED) ON ELECTION DAY

*Editor;*

The radical Left now has another ploy to complicate and manipulate election outcomes. It's called, "ranked-choice voting" (RCV). The Leftists claim it strengthens "majority rule" and leads to a healthier "democracy" (when will Leftist Democrats ever learn our nation was founded on a republic form of government?), but RCV already has been quietly put into effect in dozens of municipalities and two states. Alaska has it and their latest target is Nevada. Voters will vote on Nov. 8 if they want to join in this wild scheme. It completely upends the traditional election system where party primaries will be replaced with a California-style jungle primary. Instead of "one person, one vote, (which Democrats hate), voters rank multiple candidates from first to last. If no candidate wins a majority of first-place votes, then the lowest-ranked candidate is eliminated and here's where it gets undemocratic. Those votes are redistributed based on each voter's second-place picks. This process of elimination is repeated until one candidate wins a majority of votes.....or at least appears to. But wait, it's not over yet! Under RCV, if a voter's top pick is eliminated and he has no second-place choice, his ballot is tossed out. The RCV proponents of this mess calls this ballot "exhaustion." A more appropriate term would be "disenfranchisement" (a word radical Democrats love to use when it doesn't even apply) since exhausted ballots are simply erased from the final results as though they had never been cast at all. So with all the thrown-out votes, it means candidates can be elected without winning a majority of votes cast. That just happened in the Alaska special congressional election where Democrat Mary Peltola won with just 48.4% of votes cast, yet was able to claim a winning margin of 51.5%! How? Some 11,222 ballots were thrown out after that first round tabulation and allowed Peltola to "claim" a majority mandate that did not exist. Of course this wild scheme is funded by.....you guessed it! George Soros ta-daaaaa!! They even admit that on average nearly one in three voters do not rank

multiple candidates in RCV elections which means their ballots for their favorite is tossed out and their candidate is eliminated. So if you try to vote in the usual way and your vote is thrown out and replaced by maybe someone at the bottom, how is that "majority rule?" How is that democracy? A good example was the mayor's race in Oakland, Ca. where the candidate with the most first-place votes lost the election on the strength of adding the votes from the second and third-place votes after nine rounds of vote "redistribution". Now if Democrats train all their registered voters to be patient and comply with all the confusing steps, it will guarantee a Democrat is elected every time. George Soros is no dummy. He is not going to contribute to a plan if it doesn't benefit Democrat/Marxists. Republicans should be proud they don't get involved in such election fraud. Huge efforts are devoted to present RCV as bipartisan election reform, but the huge funding is from the Marxist Left. Massachusetts saw \$3 million from the Left-wing Action Now Initiative. A Left-wing organization in Missouri contributed \$6.8 million dollars to the RCV initiative. Now \$millions are pouring into Nevada by Left wingers. Seattle has a RCV proposal on the ballot in November. The RCV has been quietly rounding up signatures nationwide for this ghastly manipulation of our election process. The good news is that this madness is being rejected in many places, but not all. So don't let your guard down.

Vladimir Lenin wrote that it doesn't matter who votes. It's who counts the votes. Under our present Democrat/Marxist atmosphere it could also be said, "and also who sets up and makes the rules for that voting". Lenin goes on to say the goal of socialism is communism and that political institutions are a superstructure resting on an economic foundation and that foundation must be destroyed. In Adolf Hitler's 1925 book, Mein Kampf he wrote the party should not become a constable of public opinion, but must dominate it. It must not become a servant of the masses, but their master. Democrats like to associate Republicans with Nazism.

But Nazism is a form of Leftism and Democrats have mastered the art of that, "Big Lie". Remember the summers of the Antifa riots? "Antifa" is supposed to mean "anti fascist", but the truth is they are the actual fascists and nothing but progressive Leftists. They are "anti" America! Hitler wrote, "We are Socialists, we are enemies of the capitalistic economic system....and we are determined to destroy this system under all conditions."

This is precisely the role that our disgraced liar-in-chief, Biden is following with his cadre of socialist useful idiots in trying to destroy American capitalism and free enterprise. Biden has continued Obama's promise of "fundamentally transforming" the United States of America. In fact there is no doubt he is still pulling the strings. So Democrat Socialism is nothing more than Marxist Socialism repackaged. The common tactics used by Nazi fascists and Communist fascists and today's Democrat fascists are undeniable. Biden and his congressional Democrats know their clock is ticking and they are in a fever to complete the transformation of America while they can.

Remember, only informed voters can reverse this Democrat donkey insanity. Ask yourself, "what have Democrats done in the last two years that was patriotic and provided a positive outcome for all Americans?"

Beware of local political candidates who won't put their political affiliation on their campaign signs or advertisements. Democrats don't want you to know they are a Democrat! Now is the time we need to "transform" America back away from the clutch of destruction. Now is the time to pump those signs, "change we need". Now is the time we should be rallying the cry of, "yes we can". Speaking of rallies, President Trump is giving two more SAVE AMERICA rallies this weekend, Friday and Saturday nights. We need to Remove every Democrat (RED) on election day, starting at the bottom with local city councils and all the way up.

America, your children and your grand children are counting on you!

*Jerry Bartholome, Montrose*

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## COMMUNITY OBITUARIES

### PAUL T. SARNSTROM

***December 3, 1951 ~ October 15, 2022***

PAUL T. SARNSTROM was born in Wisconsin on December 3, 1951, to Howard and Doris (Wamsley) Sarnstrom. A longtime resident of Montrose, Paul passed away on Saturday, Oct. 15, 2022, at Montrose Memorial Hospital, he was 70 years old.

He was an accomplished botanist, silversmith, an expert in applications of ferrocement building materials, and retired as the owner and operator of Hands-on-Health massage therapy. A funeral service for Paul will be held at 4 PM on Thursday, November 3rd at Crippin Funeral Home in Montrose, Colorado

### MANAUN “MAXINE” FOTHERINGHAM

Our dear sister, Manaun “Maxine” Fotheringham, age 89, sadly passed away at her home in Montrose, Colorado on Oct. 15, 2022. Maxine was born in Garfield, New Mexico to Melvin and Bess Underwood in 1932. She married the love of her life, Harry “Bo” Fotheringham, in March 1970. He preceded her in death in 2016.

Maxine lived most of her life in Trinity, Texas with her husband Bo, until his passing in 2016 when she moved to be near family in Montrose, Colorado. She was a true southern gem and was the most amazingly polite and courteous woman. Maxine loved her family and enjoyed

spending time with each and every one of them. She particularly enjoyed playing games and telling jokes and laughing. She also enjoyed her flower garden, crocheting, embroidery, and reading. Maxine will be deeply missed by her family and all that knew her. She is survived by her brother and wife Joe and Dianna Underwood of Montrose, sister and husband Sue and Alvin English of Montrose; sister in-law, Lynn Underwood; and numerous nieces and nephews, great nieces and nephews, and great-great nieces and nephews, many of which knew her as Aunt “Mac.” Maxine was predeceased by

her parents and brothers, Bobby, Don, Ben, and Jerry.

A memorial service will be held at Crippin Funeral Home at 802 East Main St. on Nov. 4 at 2 P.M. Arrangements are under the care of Crippin Funeral Home, Montrose, Co, (970) 249-2121



*Now more than ever...*

*Thank you for reading*

**THE MONTROSE MIRROR**



ISSUE 394 Oct. 31, 2022

# ART & SOL

## MONTROSE CENTER FOR ARTS WELCOMES TAMMI BRAZEE

*Special to the Mirror*

MONTROSE-Tammi Brazee of Ridgway will be the November guest artist at Montrose Center for Arts.

The show is titled "WHAT REMAINS."

While the hint of a Maryland accent reveals East Coast roots, Colorado has been Tammi Brazee's home for more than two decades.

She is a professional artist and science geek, holding two graduate degrees, one in Environmental science and the other in visual art.

This unusual combination of interests has had a profound influence on Brazee's work, keeping it suspended somewhere between recognizable reality and imaginary narrative.

When she's not in the studio slinging paint, she can be found wandering along a mountain trail, guidebook, binoculars and



*Courtesy images by Tammi Brazee. Above, "Birth Order." At right, "Unnamed."*

magnifying glass in hand, conversing with creatures met along the way.

"I make a social commentary with a sprinkling of humor, a touch of nonsense, a dash of self-deprecation and a pinch of bird droppings." Join us at MCA on Friday,



Nov. 4 from 5-7 pm. MCA, 11 S. Park Ave., Montrose.



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# COMMUNITY NEWS BRIEFS & CARTOONS

## HEAR PIANIST DAVID OSBORNE AT DELTA CENTER FOR PERFORMING ARTS

### Special to Art & Sol

DELTA-Members and ticket holders in the Delta Montrose Community Concert Association are in for a real treat with its upcoming concert event scheduled for Monday, Nov. 7, 2022 at 7pm. Pianist David Osborne takes the stage at the Delta Center for Performing Arts at 822 Grand Avenue in Delta, CO. Doors open at 6 PM.

Known as the "Pianist to Presidents," David Osborne's career highlights are many. He has performed at the White House well over 50 times for the administrations of Presidents Ronald Reagan, George H.W. Bush, Bill Clinton, George W. Bush, Barack Obama, and Donald Trump. David has performed at Jimmy Carter's birthday party for over 30 years and entertained at Jimmy & Rosalynn's 75th wedding anniversary in July 2021. He is the resident pianist at the Bellagio Hotel in Las Vegas and regularly performs for stars who live in the Vegas metropolitan area. David is a Steinway Artist and recently played on the grand pianos of Vladimir Horowitz, Van Cliburn, and George Gershwin as part of a Legendary Instru-

ments of the Immortals tour.

His music includes romantic, classical, jazz, pop, inspirational, patriotic, and Broadway show tunes. David's mastery of the piano is amazing, playing the piano with such fluidity as though it is an extension of himself. Highlights of the evening may include favorites such as Fly Me to the Moon, Music of the Night, and Georgia on my Mind.

This show is not to be missed and definitely will not be forgotten.

Single performance tickets will be available at the door. Price \$20 for adults and \$5 for students.



Pianist David Osborne. Courtesy photo.

For more information please feel free to contact Bob at 970-835-4480 or Connie at 970-249-4308 or visit our website at [222.deltamontroseconcerts.com](http://222.deltamontroseconcerts.com).

### SOUR GRAPES

by Tim Jones





# COMMUNITY NEWS BRIEFS

## MONTROSE COMMUNITY DINNERS CAN USE DONATIONS, VOLUNTEERS

*Special to the Mirror*

MONTROSE-As the holiday season approaches, Montrose Community Dinners is

delighted to bring you the 28th annual Community Thanksgiving Dinner on Thursday, Nov. 24. Now that the worst of the



**MONTROSE**  
*Community Dinners*

pandemic appears to be over, we plan to serve a sit-down dinner for the first time since 2019. Our menu includes turkey, ham, mashed potatoes and gravy, green beans, corn, cranberry sauce, dinner rolls and butter, and pumpkin pie for dessert. Dinner will be served from noon until 3 PM.

Meals will still be delivered to those who request them. These meals will be packaged on Thanksgiving morning, and our volunteer drivers will deliver them by 11:00 AM or so. Our goal is always to provide the best experience possible for everyone in our community.

This year, we are expecting to serve 2,000 meals. We need donations to help offset the cost of offering our community this amazing meal. We also need a group of volunteers to help prepare the food, assemble the delivery meals, and serve on Thanksgiving Day.

If you would like to volunteer, make a donation, or sign up for meal delivery, please visit our website at [montrosecommunitydinners.com](http://montrosecommunitydinners.com) or call 970-318-6724.

This celebration began with a mission to care for people in our community—friends, neighbors, and families in need. It has evolved into an occasion for everyone, regardless of their circumstances.

Whether you want to meet new friends, share some holiday cheer, or are passing through our city without a place to go for Thanksgiving, we hope you'll join us this year.

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## COMMUNITY NEWS BRIEFS

### SAN JUAN WEAVERS GUILD ANNUAL SHOW & SALE

#### *Special to the Mirror*

MONTROSE-The San Juan Weavers Guild will celebrate its 44 Annual Show and Sale on Saturday, Nov. 19, 9 a.m. to 4 p.m., at the Ute Indian Museum, 17253 Chipeta Rd., Montrose. One of the area's oldest holiday traditions, this one-day event is free, and the public is encouraged to attend.

The guild is excited to use the beautiful museum facilities again for this year's event. The museum is wheelchair-accessible and offers ample on-site parking. The museum's ongoing celebration of Native American Heritage Month will include additional vendors of Indian crafts and frybread on the day of the weavers' guild sale.

The museum will also be offering Navajo rugs for sale, to support the Adopt-A-Native-Elder program benefiting weavers and other elders on the Navajo Reservation.

As usual, a wonderful variety of hand-made items will be offered for sale by the

weavers' guild, featuring items hand-woven and/or handspun by guild members. These range from practical (and beautiful) items for kitchen and home décor to one-of-a-kind scarves and other wearables in richly textured and colorful yarns. Baskets, ornaments, and fiber jewelry are popular items at our sales. Toys, handspun yarn, and fiber ready for felting and spinning are often available. The guild maintains high standards for items submitted to the sale, and customers can be assured of finding wonderful gifts for themselves and others. Most of the guild members who offer items for sale do not sell their work at other craft venues, so much of the inventory is not available elsewhere.

The guild is grateful for its loyal customers who return year after year, and many of them line up early to shop. However, the inventory of hundreds of items assures a good selection for those who come later.

Educational outreach has always been an

important part of our annual Show & Sale, and after a two-year hiatus, we will again offer demonstrations and hands-on opportunities to explore our passions. There will be an opportunity to sign up for a beginners' weaving class. This session usually occurs over a weekend in late winter or early spring and is led by two experienced local weavers. All materials and the use of all equipment are included in the class fee. There will also be an exhibit of the guild's annual design challenge projects. This year's challenge was to create items inspired by the Ute Museum's collections and environs, and it highlights the creativity of our members. By honoring our museum hosts, we also hope to encourage sale attendees to spend time in the museum exhibits to study the items that inspired us.

Up-to-date information about the guild and show & sale are available on the guild's website, [www.sanjuanweavers.org](http://www.sanjuanweavers.org), or by calling Janet Miller, 970-217-1114, or Bobbie Irwin, 970-249-2981.

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<https://www.allsaintsmontrose.org/>  
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**Address:** 1980 N. Townsend Ave., Montrose, CO 81401  
**Contact:** 970-633-0226

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## HILLCREST CONGREGATIONAL UNITED CHURCH OF CHRIST

**Denomination affiliation:** United Church of Christ  
**Address:** 611 South Hillcrest Drive, Montrose, CO 81401  
**Office hours:** By appointment  
**Contact information:**

## MONTROSE MEDITATION CENTRE

The Meetings will be on Tuesdays at 6:30 PM at 602 N. Nevada in Montrose, 81401 at the Lions Park Community Center. Brought to you by Denis Hoin Darby, a Buddhist Zen Monk. Contact [Rev.Hoin.Darby@gmail.com](mailto:Rev.Hoin.Darby@gmail.com) for more information.

## MONTROSE UNITED METHODIST CHURCH

**Denomination Affiliation:** United Methodist  
**Address:** 19 S. Park Avenue Montrose CO. 81401  
**Office Hours:** M-Thu, 9 a.m. - 2 p.m.  
**Contact Information:** 970-249-3716, [office@montroseumc.org](mailto:office@montroseumc.org), [montroseumc.org](http://montroseumc.org)

Wednesday, Noon, Multi-denominational Prayer Hour. There are multiple Bible Studies during the week. All Saints Anglican Church is Biblical, Anglican and Orthodox. The Liturgy (order of service) is from the Anglican Church in North America Book of Common Prayer (2019). Music is a combination of traditional hymns, contemporary, and more modern songs. This is a family-sized church that welcomes all individuals

**Website:** [www.montroselutheran.org](http://www.montroselutheran.org)

**Email:** [montroselutheran@gmail.com](mailto:montroselutheran@gmail.com)

**Pastor:** Tim Onnen

**Worship:** Sundays at 9 AM

Sunday School and Adult Bible Class at 10:15 AM; Women's Bible Study Fridays at 9 AM. At Christ Lutheran Montrose you will

**Pastor:** Buddy Cook

**Services** Sunday: Worship 10 AM, Adult Bible Study 11:30 AM Worship includes age-appropriate children's ministry during adult worship.

Wednesday: Prayer Boot Camp - 7 PM  
Mission Statement: *Montrose First Church of the Nazarene exists to make Christlike*

[form@fpcmontrose.com](mailto:form@fpcmontrose.com),

[www.fpcmontrose.com](http://www.fpcmontrose.com)

**Pastor:** Jesse Mabanglo

**Worship Service times:** 9:30AM, Student Worship at 6PM. *We strive to encourage, challenge and support one another*

Phone number: (970) 249-9047

Email address: [office@montroseucc.org](mailto:office@montroseucc.org)

Website: [montroseucc.org](http://montroseucc.org)

**Current Pastor:** Rev. Wendy Kidd

**Worship service times:** Sunday, 10 a.m.

Hillcrest Congregational UCC is a welcoming, open and affirming church, open to all no matter who you are or where you are

and families. We are currently comprised of families and singles, ages 25 to 90. Fellowship time follows each Sunday Service with a potluck meal following the service on the 3d Sunday.

All Saints Anglican Church

2057 S. Townsend Ave

Sunday Holy Eucharist, 9 am

The Rev Gary Way, Interim Priest

[allsaintsanglicanmontrose.org](http://allsaintsanglicanmontrose.org)

find friendly people gathered in a welcoming environment being comforted and encouraged by the forgiveness and love of Jesus, and sharing that with one another.

We are a small congregation of seniors and middle-aged, sprinkled with young children and teenagers.

*disciples in Montrose Colorado and around the world.*

**Demographics:** Our church consists of older and younger people. We have younger families with children and young teens and older adults as well. We also support the work of Calvary Ranch Colorado and its addiction recovery ministry.

*er through spiritual growth, worship, and service in our community, country, and world. We also encourage children and youth to grow their relationship with Christ through our children and student ministries.*

on life's journey.

Church demographics: HCUCC welcomes all ages to worship with

us. (predominately family, youth, seniors, singles)

We offer inter-generational worship with a children's "prayer-ground" and activity packets. A cry room is also available.

*inclusive, loving and just servants of Christ. Our church family welcomes people from various cultural and faith backgrounds: single, married, remarried, with or without children, from diapers to dentures. Wherever you are on your spiritual journey we invite you to come discover hope, joy, peace, purpose.*



# MIRROR CHURCH DIRECTORY From previous pg

## ROSEMONT BAPTIST CHURCH

**Affiliation:** Southern Baptist

**Address:** 1598 E. Niagara Road, Montrose, CO 81401

**Office Hours:** Tues-Thurs, 9am-4pm

**Contact information:**

Phone: 970.249.4887

website: [www.RosemontBaptist.org](http://www.RosemontBaptist.org)

email: [office@rosemontbaptist.org](mailto:office@rosemontbaptist.org)

**Senior Pastor:** Rolland Kenneson

**Worship Service Times:** Our engaging and relevant Sunday Worship Service is at

10:45 AM. We also have Bible Study for All Ages Sunday mornings at 9:15 AM. We provide a professionally-staffed nursery throughout both.

*Rosemont Baptist's desire is to passionately bring people face-to-face with the life-changing power of Jesus Christ.*

*We are a multigenerational church from different walks of life who love Jesus, love each other, and love our community. Everyone comes dressed in whatever is comfortable. We love meeting new people no*

*matter what stage of life they are in.*

**Children's services:** *We have a fun Sunday School for children from four years old through youth. We provide Children's Church during the Sunday Worship Services where children four years old through 9 years can learn to be worshippers of Jesus.*

*We provide a nursery for children under four years old with paid staff providing excellent care during Sunday Morning Bible Study and Worship Service.*

## SPIRITUAL AWARENESS CENTER

**Denomination affiliation:** Independent Interfaith

**Address:** Meeting at Lions Park Community Building, 602 N. Nevada, Montrose  
Office hours: Tues-Fri, 9 am to 4 pm,

**Home Office** – 970-252-0908

**Contact information:** Rev. Dr. Arlyn Macdonald, 970-252-0908,  
[arlyn@spiritaware.org](mailto:arlyn@spiritaware.org),  
[www.spiritaware.org](http://www.spiritaware.org)

**Name of current pastor:** Rev. Dr. Arlyn

Macdonald, Senior Minister; Rev. Catharine Gates, Associate Minister. Spiritual counseling available.

**Worship service times:** In-person Sunday Unity Service at 11 a.m., (Social Time begins at 10 a.m.); Quiet Meditation at 10:30 a.m. Virtual Afternoon Service on Zoom at 2:00 p.m.; Chai Chats, a Wednesday morning midweek informal gathering at 10:30 a.m. at Pun Hill Himalayan Restaurant, Montrose; Thursday Empowerment Circle at 10:30 a.m. on Zoom. Everyone is wel-

*come. The Spiritual Awareness Center is an interfaith spiritual community welcoming spiritual seekers and people of all faiths, providing a safe place to explore and nurture the individual's unique connection to the Divine through Unity services, classes, family and community projects, including the Great Community Give-away and Wellness Fair. People of all ages are welcome. There are currently no Sunday School or nursery services provided but craft supplies are available for youth.*

## SUMMIT CHURCH OF MONTROSE:

**Denomination affiliation:**

Southern Baptist

**Address:** 10977 60.75 Rd. Montrose, CO 81403

**Office hours:** Varies

**Contact information:**

phone number: 970-275-7026

email: [summitchurchmontrose@gmail.com](mailto:summitchurchmontrose@gmail.com)

website: [www.summitchurchmontrose.org](http://www.summitchurchmontrose.org)

**Name of current Senior Pastor:** John De-

Sario

**Worship service times:** Sunday Worship is at 9 am followed by a time of fellowship and snacks. Summit Church has frequent Bible studies and other events for adults, young adults, youth and children. Please visit <https://www.summitchurchmontrose.org/events> for more information.

*Summit Church Montrose is a new church plant that preaches the Word of God,*

*reaches the lost with the Gospel of Jesus Christ and equips Christians to serve the Lord. Summit Church has people of all ages!*

*We have families with children (babies, school aged, recent high school and college graduates) There are retired couples and widows. During the Sunday sermon we offer teaching for children ages birth to Kindergarten, in a kid friendly room called Base Camp.*

## VICTORY BAPTIST CHURCH OF MONTROSE

**Denomination Affiliation:** Independent Baptist

**Address:** 2890 N Townsend Ave., Montrose, CO 81401

**Office Hours:** Monday-Friday 8am-12pm

**Contact Information:** Phone (970) 249-6874;

email at [info@vbcmontrose.org](mailto:info@vbcmontrose.org); website: [vbcmontrose.org](http://vbcmontrose.org)

**Current Pastor:** Roland Kassales

**Worship Service Times:** Sunday School at 9:30am, Sunday AM Service at 10:30am, Sunday PM Service at 6pm, Wednesday Night Service at 6:30pm (all services include childcare)

*Victory Baptist Church exists to exalt God, edify saints, and evangelize the lost.*

**Demographics:** *Victory Baptist serves everyone with age-appropriate classes, groups, and activities. Families with children make up the majority of VBC with young adults, singles, middle-aged couples, and seniors comprising the rest.*

## Church Directory

### Mirror Editorial Staff

MONTROSE-As a way of serving the faith community in Montrose, the Montrose Mirror is in the process of establishing a Church Directory. If your congregation or fellowship would like to be included in the directory, please supply the following

## information to the Montrose Mirror:

**Name of church**

**Denomination affiliation**

**Address Office hours**

**Contact information (phone number, email address, website)**

**Name of current Senior Pastor**

**Worship service times**

**Please give a one sentence description of your church and its mission in the Montrose community.**

**Brief description of your current church demographics (predominately family, youth, seniors, singles).**

**Do your church services include Sunday School and childcare?**

# COMMUNITY NEWS BRIEFS

## NATIONAL HOSPICE CARE MONTH PROCLAMATION

### *Touch of Care Hospice*

WHEREAS, hospice care has provided the highest quality of care to patients and their families keeping dignity intact in their homes surrounded by the people and they cherish most;

WHEREAS, serving communities across the Western Slope in numerous towns, cities, and counties to have a choice in care;

WHEREAS, care in the home is the preferred method while introducing an interdisciplinary team supported approach taking what is important to the patient;

WHEREAS, tending to physical, emotional, spiritual, and social needs take form along with training, respite care, and bereavement support;

WHEREAS, hospice professionals include physicians, nurses, social workers, therapists, spiritual caregivers, nurse aids, and volunteers making the patients needs of the utmost importance;

WHEREAS, improving quality of life through pain management and symptom control allow patients to live a full life up to their final moments with support from family, friends, and caregivers;

WHEREAS, caring for every person regardless of age, health, or social status that a human life deserves to be treated with the utmost respect while relieving pain and bringing support;

WHEREAS, 1.6 million Americans living with a life-limiting illness receive Medicare benefits in the form of hospice a year;

WHEREAS, increasing numbers have been seen recently in accessing hospice care for veterans and diverse communities

WHEREAS, providers and community members are encouraged to learn more about hospice benefits for quality end-of-life care as to fulfill the wishes of the patient;

NOW, THEREFORE, be it resolved that we, Touch of Care Hospice of Montrose Colorado, do hereby proclaim November 2022 as **National Hospice Care Month** and encourage citizens to increase their understanding and awareness of end-of-life care.

## \$3 MILLION IN GRANT FUNDING FOR EV CHARGING STATIONS ANNOUNCED

### *Special to the Mirror*

COLORADO-A state program that provides grants for installing community-based electric vehicle charging stations has announced a new \$3 million funding cycle with increased grant amounts.

The Colorado Energy Office's Charge Ahead grant program helps cover the costs of purchasing and installing EV charging stations in workplaces, apartment/condo complexes, government buildings and other sites that offer public or visitor parking.

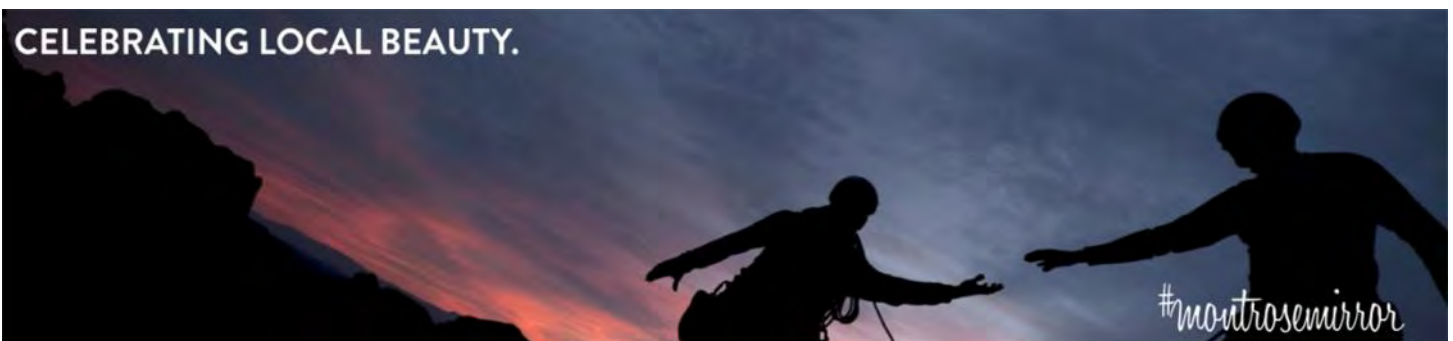
Most types of qualifying projects are eligible for grants of up to 80 percent of costs. New this cycle, the program is offering up to 90 percent for installations in income-qualified housing developments, as well as additional incentives for projects in disproportionately impacted communities.

The deadline for applications is Nov. 16, except for workplaces and multi-family housing complexes applying for projects of three or fewer Level 2 stations, which are accepted on an ongoing basis.

Grant application information and materials are available at the website [energyoffice.colorado.gov](https://energyoffice.colorado.gov) (search for "Charge Ahead").

Prospective applicants can receive free technical advice and grant support from Carbondale-based Clean Energy Economy for the Region (CLEER), which is the Colorado Energy Office's designated "coach" for 14 counties on the Western Slope. For more information, contact Martín Bonzi at [mbonzi@cleanenergyeconomy.net](mailto:mbonzi@cleanenergyeconomy.net).

## CELEBRATING LOCAL BEAUTY.





## WINTER COLLECTION FOR VETERANS

**Montrose Elks Lodge#1053 will be collecting items for Veterans who are in need until November 11<sup>th</sup>, 2022; Veterans Day**

**They will be distributed to Veterans at the Montrose Elks Veterans Breakfast which is Saturday, November 12<sup>th</sup> between the hours of 9:am to 11:am at the Lodge.**

**Please bring your generous donations to the Lodge for the Veterans By November 11<sup>th</sup>. Due to the incredible outpouring of donations from last year we are not in need of clothing except for the items listed below.**

### **Winter Clothing Items**

**Socks (all kinds, heavy duty) Hats (stocking caps), insulated gloves, ski masks, mufflers, neck warmers, and ski gloves.**

### **Personal care items:**

**Toothbrush, toothpaste, denture creme, gallon plastic bags, hand and foot warmers, hotel toiletries (small plastic bottles.**

### **Food Items**

**Portable snacks for protein (i.e. Lunchables, Kraft , and Keebler, sandwich crackers, cheese and peanut butter sandwich crackers, Beef Jerky, Hot chocolate Packs, Coffee packets, and dry packages of instant soup.**

### **Pet Food**

**Cat and dog food for the Veterans' service animals.**

**These items listed will help to make the life of our Veterans in need, easier.**

*Thank You for your contributions to our Veterans in need. Any questions please contact **Judy Atencio, 303-374-410**, Elks West District Chair for Homeless Veterans*

**Montrose Elks Lodge #1053  
801 S Hillcrest Montrose, CO 81401**

# COMMUNITY NEWS BRIEFS

## CHRISTMAS TREE PERMITS AVAILABLE AT LOCAL VENDORS AND GMUG OFFICES

### *Special to Art & Sol*

DELTA – Christmas tree permits will be available for purchase at local vendors and Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests offices beginning Nov. 10. The cost per permit is \$8 and may be purchased with cash, check or credit card. There is a maximum of five tree permits per person. Over the counter permits will be available and valid from Nov. 10 – Dec. 31, 2022. Christmas tree cutting is allowed in most areas on the GMUG with the following exceptions: Wilderness, scenic pullouts, commercial timber sales areas, recreation and ski areas, campgrounds, trailheads, developed sites and administrative areas and otherwise as detailed in the package provided with your permit.

Trees may not be cut within 100 feet of any road or trail. Trees must be less than 20 feet tall from the stump, may not be greater than 6 inches in diameter at the base of the tree and the stump height should be no greater than 6 inches high. Topping trees is not allowed (i.e., cutting only the top of the tree and leaving the bottom with limbs attached).

Trees are for personal use only and cannot be resold. The tags must be attached to the tree at the cutting location and must be left on the tree until it arrives at its final destination. Maps showing where Christmas tree cutting is allowed are available at all offices where permits are sold and will be provided with permits along with a regulations list.

The GMUG is pleased to continue the 4th Grade Free Christmas tree Program again this holiday season. Fourth-graders are eligible for a free Christmas tree permit through Every Kid Outdoors Initiative. Every Kid Outdoors is a nationwide call to action to build the next generation of conservationists. All fourth-graders are eligible to receive a fourth grade pass that allows free access to federal lands and waters across the country for a full year. In support of this initiative, the Forest Service will make available a free Christmas tree permit to every interested fourth-grader who presents a 4th Grade Pass or

paper voucher at any GMUG office location.

### Instructions on how to obtain a pass and collect a free tree permit:

In order for students to receive a free Christmas tree permit, they must present a valid 4th Grade Pass or paper voucher printed from Every Kid Outdoors website: <https://everykidoutdoors.gov/index.htm>. To earn the voucher, simply visit the website, click on the “Get Your Pass” button and follow the instructions to obtain the voucher.

Print out the paper voucher and bring it with you to a District Office on the GMUG. The Forest Travel Management Plans and or weather conditions may close various forest roads before or Nov. 30. As a reminder, Motor Vehicle Use Maps (MVUMs) have been produced for the entire Forest and show forest roads, trails and areas that have been designated for seasonal closures. Motorized users are responsible for obtaining an MVUM to determine where one can drive, ride and recreate. These maps are free and are available at District Offices or on the Forest website: <http://www.fs.usda.gov/gmug>. Snow and winter conditions will dictate road access for Christmas tree harvesting. Conditions associated with winter travel on forest roads may include, but are not limited to heavy snow, ice, soft shoulders and constantly changing road conditions.

### Permit Sale Locations with over the counter permits available Nov. 10 or earlier:

Grand Valley Ranger District–8 a.m.– 5 p.m., excluding weekends and holidays  
1010 Kimball Avenue; Grand Junction, CO (970) 242-8211

Ouray Ranger District–8 a.m.– 4:30 p.m., excluding weekends and holidays  
2505 S. Townsend; Montrose, CO (970) 240-5300

Gunnison Ranger District–8 a.m.– 4 p.m., excluding weekends and holidays  
216 N. Colorado; Gunnison, CO (970) 641-0471

Norwood Ranger District– 8:30 a.m.– 4:30 p.m., excluding weekends and holidays

1150 Forest Street; Norwood, CO (970) 327-4261

Paonia Ranger District–8:30 a.m.– 5 p.m., excluding weekends and holidays  
403 N. Rio Grande Ave.; Paonia, CO (970) 527-4131

Supervisor’s Office–8 a.m.–4 p.m., excluding weekends and holidays  
2250 S. Main Street; Delta, CO (970) 874-6600

### VENDORS with over the counter permits available Nov. 10:

Valley Ranch–Monday thru Friday 6 a.m.– 6 p.m.; Saturday 7 a.m.– 3 p.m.; Sunday 8 a.m.– 2 p.m.

57454 Highway 330; Collbran, CO; (970) 487-3000

Christmas Eve 6 a.m.– 4 p.m.; Closed Thanksgiving and Christmas Day

Murdoch’s Ranch & Home Supply–Monday thru Saturday 7:30 a.m.– 7 p.m., Sunday 9 a.m.– 6 p.m.

3217 I-70 Business Loop; Clifton, CO; (970) 523-7515

Christmas Eve 7:30 a.m.– 4 p.m.; Closed Thanksgiving and Christmas Day

Desperado General Store–Monday-Saturday 7 a.m.– 6 p.m.; Sunday 8 a.m.– 6 p.m.

40486 D Lane, Crawford, CO; (970) 921-5655

Paonia Flower Shop–Monday-Friday 8:30 a.m.– 5 p.m.; Saturday 9:30 a.m.– 2 p.m.

301 Grand Ave.; Paonia, CO; (970) 527-4664

Gambles Ace Hardware–Monday-Friday 7:30 a.m.– 5 p.m.; Saturday 8 a.m.– 5 p.m.; Sunday 9 a.m.– 4 p.m.

121 Bridge Street Hotchkiss, CO; (970) 872-3535

Grand Mesa Lodge–7 days a week, 8 a.m.– 6 p.m.; Open on Holidays  
25861 Highway 65, Cedaredge, CO; (970) 856-3250.

For information and updates on current fire restrictions, conditions and recreation opportunities on the Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests visit the [forest website](#).

Connect with us on social media ([Twitter](#) and [Facebook](#)).





### **PEAK PROFESSIONALS**

1550 Niagara Road Montrose  
(970) 497-4921  
[peakpros.org](http://peakpros.org)

### **PEDIATRIC ASSOCIATES**

947 South Fifth Street Montrose  
(970) 249-2421 **VFC PROVIDER**  
[thepediatricassociates.com](http://thepediatricassociates.com)

### **NORTHSIDE HEALTH CENTER**

528 North Uncompahgre Ave Montrose  
(970) 240-6438 **VFC PROVIDER**  
[pfb.com/northsidechildhealthcenter](http://pfb.com/northsidechildhealthcenter)

### **CEDAR POINT HEALTH**

300 South Nevada Ave Montrose  
(970) 249-7751  
[cedarpointhealth.com](http://cedarpointhealth.com)

### **BASIN CLINIC**

421 Adams Street Naturita  
(970) 865-2665 **VFC PROVIDER (RHC)**  
[basinclinic.org](http://basinclinic.org)

### **UNCOMPAHGRE MEDICAL CENTER**

1350 South Aspen Street Norwood  
(970) 327-4233 **VFC PROVIDER (FQHC)**  
[umclinic.org](http://umclinic.org) **340B PARTICIPANT**

### **DELTA COUNTY HEALTH DEPT**

255 West Sixth Street Delta  
(970) 874-2165 **VFC PROVIDER**  
[deltacounty.com/8/personal-health-services](http://deltacounty.com/8/personal-health-services)

### **RIVER VALLEY FAMILY HEALTH CENTERS**

1010 Rio Grande Montrose  
(970) 497-3333  
308 Main Street Olathe  
(970) 323-6141  
[rivervalleyfhc.com](http://rivervalleyfhc.com)  
**340B PARTICIPANT & VFC PROVIDER (FQHC)**

### **THE PIC PLACE**

87 Merchant Drive Montrose  
(970) 252-8896  
[pic.place](http://pic.place)

### **MESA COUNTY HEALTH DEPT**

510 29 1/2 Rd Grand Junction  
(970) 248-6900 **VFC PROVIDER**  
[health.mesacounty.us/services/family/immunizations](http://health.mesacounty.us/services/family/immunizations)

### **VFC (VACCINES FOR CHILDREN)**

The Vaccines for Children Program (VFC) is a federally funded program that provides vaccines 0-18 years of age who are enrolled in Medicaid, who have no insurance, or who are American Indian / Alaska Native. \*Children who are underinsured may receive VFC vaccines at a federally qualified health center (FQHC) or rural health center (RHC).

### **340b**

The 340b Drug Pricing Program is a US federal government program created in 1992 that requires drug manufacturers to provide outpatient drugs to eligible health care organizations and covered entities at significantly reduced prices.



**CITY MARKET SOUTH**

16400 South Townsend Ave Montrose  
(970) 240-1994 **340B PARTICIPANT**  
Register Online

Flu	Shingles
Pneumonia	MMR
Tdap	Rabies
Meningococcus	Polio
Chickenpox	Japanese Encephalitis
Hep A	Hep B
	COVID-19

**WALGREENS**

2351 South Townsend Ave Montrose  
(970) 252-1743  
Register Online

Flu	Shingles
Pneumonia	HPV
Tdap	MMR
Td or DT	Rabies
Meningitis	Polio
Varicella	Japanese Encephalitis
Hep A	Typhoid
Hep B	Hep A/Hep B
	COVID-19 (Moderna)

**CVS (IN TARGET)**

3530 Wolverine Dr Montrose  
(970) 497-8981  
Register online

Flu	MMR
Hep A	Tdap
Hep B	Varicella
Hep A/Hep B	Pneumococcal
HPV	Meningococcal
Shingles	Hep A/Hep B
Typhoid	Japanese Encephalitis
Polio, adult	COVID-19 (Pfizer & JJ)

**CITY MARKET NORTH**

128 South Townsend Ave Montrose  
(970) 249-2064 **340B PARTICIPANT**  
Register Online

Flu	Shingles
Pneumonia	MMR
Tdap	Rabies
Meningococcus	Polio
Chickenpox	Japanese Encephalitis
Hep A	Hep B
	COVID-19

**SAFEWAY**

1329 South Townsend Ave Montrose  
(970) 249-1160 **340B PARTICIPANT**  
Register online

Flu	Shingles
Pneumonia	Tetanus
HPV	Pertussis
MMR	Meningitis
Hep A	Hep B
	COVID-19

**WALMART**

16750 South Townsend Ave Montrose  
(970) 249-7742  
Walk-in's welcome

Flu	Hep A & Hep B
Shingles	IPV
Tdap	Varicella
Td	Pneumococcal
MMR	Meningococcal
	COVID-19 (Moderna & JJ)

**STACIE'S APOTHECARY SHOPPE**

112 Village Square West Ridgway  
(970) 626-7100

Flu	Pneumonia
Shingles	Tdap



Please note that this list is not exhaustive and is not an endorsement of any pharmacy or provider. Visit [www.cdc.gov/vaccines](http://www.cdc.gov/vaccines) for the latest recommendations. Please contact your Pharmacy or Provider to confirm availability of vaccines. Montrose County Public Health will not provide immunizations after June 30th, 2020. Last Updated 7-25-2022.



# It's the 47<sup>th</sup> Annual Basement Boutique

Craft Show and Sale at the

**Montrose Pavilion**

Locally Handcrafted gifts  
for all ages

Friday, November 25  
& Saturday, November 26  
9 am to 4 pm

a central checkout for your  
shopping convenience

Cash - Check - Visa - MasterCard

canned goods appreciated  
to support



# SAVE THE DATE! LOCAL EVENTS CALENDAR

## ONGOING-

Schedule a \$10 **RIDGWAY TRUE GRIT WALKING TOUR**, named readers choice for best historic town tour by True West magazine. [evebeckerdoyle@icloud.com](mailto:evebeckerdoyle@icloud.com) Or Schedule a \$10 Ridgway walking tour of True Grit downtown filming sites. Contact [evebeckerdoyle@icloud.com](mailto:evebeckerdoyle@icloud.com).

**MEDITATION CENTRE** in Montrose. Meetings will be on Tuesdays at 6:30 PM at 602 N. Nevada in Montrose, 81401 at Lions Park Community Center. Brought to you by Denis Hoin Darby, a Buddhist Zen Monk. Contact [Rev.Hoin.Darby@gmail.com](mailto:Rev.Hoin.Darby@gmail.com) for more information.

**NEWCOMERS AND NEIGHBORS** welcomes adults who are new to Montrose or have been here awhile, who would enjoy learning more about the town and area, plus have opportunities to participate in social activities. Meetings are held on the first Wednesdays of the months September-May (Dec./holiday party TBA). We gather at 10:00-11:30 am in the downstairs meeting hall of Cedar Creek Church (222 S. Townsend and S. 3rd). Hope to meet you there! Contact Patti at 951-544-6289 with questions.

**NURSE FAMILY PARTNERSHIP**-Beginning Sept. 1st, NFP will be hosting a Breastfeeding Support Group on the 1st and 3rd Thursday of every month. This is a great opportunity to come talk to Montrose County NFP nurses Jodi Hyatt, RN, BSN, IBCLC and Kim Cook, RN, IBCLC and get support from fellow moms. An infant scale will also be available to check your baby's weight. WHAT: Breastfeeding Support Group (Bring your questions and your family!) WHERE: Montrose County Event Center (1036 North 7th Street Room 3) WHEN: 10am - 12pm. Questions? Please call 970-252-5015.

**BINGO EVERY FRIDAY, SATURDAY, SUNDAY** at 7pm at the American Legion Post 24 Olathe doors open at 5:30. Sunday Bingo will start at 1:30pm after Nov. 6. More info call Tom 970 260 8298.

**FREETHINKERS** meet 1st Sunday of the month at 1pm. more info at 970-708-8333.

**THE HEALING COLLECTIVE OF WESTERN COLORADO** offers local practitioners, who focus on healing the whole being, to attend a free one-hour informative get together every first Tuesday of the month from 12p to 1 pm and every third Tuesday from 6 pm to 7 pm, upstairs at the Mother Earth store on Main Street. We support one another with our practices, business, and personal needs. For more information please contact Erin Easton at [ErinKEaston@gmail.com](mailto:ErinKEaston@gmail.com)

**THE MONTROSE GENEALOGY CENTER** at 700 E. Main St. is now open Wednesday and Thursday afternoons, 1-4 p.m. or call for an appointment: 970-240-1755. Free help and resources for your family history research."

(The center is sponsored by the non-profit organization, Fore-Kin Trails Genealogical Society.)

## MONTROSE FARMERS MARKET SCHEDULE

Summer Market Dates:-Every Saturday May-October 29 9 am – 1 pm

Holiday Market Dates: First three Saturdays of November and December-10am-1pm

**MONTROSE ALTRUSA**-1st Tuesday of the month Program meeting; 2nd Tuesday of the month committee meeting; 3rd Tuesday of the month Business meeting. Meetings are held at the Hampton Inn conference room at Noon.

## MONTHLY

**Oct. 31**-Medicare Monday, CMU's Cascade Hall 245 South Cascade Avenue, 11am.

**Oct. 31**-Monday Oct. 31st 5:30 Montrose library meeting rm. Trick or treat Mother Earth with Citizensclimatelobby.org, Nonpartisan, national, All Welcome info 970-765-9095.

**Nov 5**-1-3 pm WHAFV. 4 Hillcrest Plaza Way. Open Studio. Classes in alcohol ink Christmas ornaments and mixed media Holiday cards. \$15 Open Studio- you provide your own materials. \$25-30 Open studio or classes with all materials, coffee, and tea provided. Cash bar for soft drinks, beer and wine, packaged snacks.

Register here. <https://kathrynrburke.com/110522-studio/>

**Nov. 7**-On Monday, Nov. 7, 2022 at 7pm., Pianist David Osborne takes the stage at the Delta Center for Performing Arts at 822 Grand Avenue in Delta, CO. Doors open at 6 PM. Single performance tickets will be available at the door. Price \$20 for adults and \$5 for students. For more information, contact Bob at 970-835-4480 or Connie at 970-249-4308 or visit our website at [222.deltamontroseconcerts.com](http://222.deltamontroseconcerts.com).

**Nov. 7**-The next meeting of the Montrose Women's Giving Club is Nov. 7, 5:30 p.m. at The Bridges. Everyone who attends may nominate their favorite charity. More information is available by contacting the club at [GIVINGCLUBOFMONTROSE@GMAIL.COM](mailto:GIVINGCLUBOFMONTROSE@GMAIL.COM) or call 970-209-9598.

**Nov. 9**-Polio Survivors' meeting. The meeting is to be held at the Delta rec center Nov 9 from 1- 3 pm. All those effected by polio their caretakers, spouse and family. The meeting will have a time of education and time for sharing of resources.

**Nov. 10**-Healthy Rhythm Music Series Presents Kirstie Lynn Mosher + Galen Clark :: Live at Healthy Rhythm Thursday, Nov. 10, 2022 Advance Reserved Seat \$10 • Day of Show \$15 Doors 7 p.m. — Show 7:30 p.m.

Healthy Rhythm Art Gallery 232 E. Main Street, Montrose, CO [www.healthyrhythm.net](http://www.healthyrhythm.net)

**Nov. 12**-Down Home Country Bazaar, Montrose United Methodist Church, 8am to 3pm.

**Nov. 16**-Rick Trujillo, local geologist, runner, and resident of Ouray, will present the story and geology of dinosaur sauropod tracks discovered in the Lower Quartzite in the upper Jurassic age Morrison Formation at Gold Hill and West Gold Hill in Ouray. Chipeta Chapter of the Archaeological Society, Wednesday Nov. 16, at 7 pm. United Methodist Church, 19 S. Park Ave, Montrose. We meet the third Wednesday of each month in Montrose. For more information see <https://www.chipetachaptercas.org/>

**Nov 17**- 6-8 pm. Mosaic. Alcohol Ink and Drink. Christmas ornaments. All materials and a drink provided. Also, a cash bar for more. Register here. <https://kathrynrburke.com/111722>

**Nov. 19**-The San Juan Weavers Guild will celebrate its 44rd Annual Show and Sale on Saturday, November 19, 9 a.m. to 4 p.m., at the Ute Indian Museum, 17253 Chipeta Rd., Montrose. One of the area's oldest holiday traditions, this one-day event is free, and the public is encouraged to attend. Up-to-date information about the guild and show & sale are available on the guild's website, [www.sanjuanweavers.org](http://www.sanjuanweavers.org).



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[www.montrosemirror.com](http://www.montrosemirror.com)

## THERE'S STILL TIME TO CAST YOUR VOTE!



With so many important questions to decide, voters have until 7pm on Election Day, Nov. 8, to return their ballots by mail or by drop box, above.

## *DineOutMontrose.com*

Remington's at the Bridges  
970-252-1119

Horsefly Brewing  
970-249-6889



Rio Bravo  
970-964-4477

Jimmer's Steak & BBQ  
970-252-1227

Fiesta Guadalajara  
970-249-2460

El Jimador  
970-249-8990

Buckaroos Slices & Scoops  
970-787-9437

Busy Corner White Kitchen  
970-323-6215

San Juan Brews  
970-901-8594

Camp Robber  
970-240-1590



Crash Burger  
970-249-0825

Coffee Trader  
970-249-6295  
970-787-9021

Tacos & Beer  
970-964-4448

Alpen Confections  
New Location - Open Soon  
970-648-0609

Pahgre's  
970-249-6442

Premier Sponsor:  
Montrose Farmers Market  
970-249-0705

Double Barrel Taco Co.  
970-417-4340

Trattoria de Sofia  
970-249-0433



Rib City  
970-249-7427

Stone House  
970-240-8899

Mimo's  
970-249-0616

My Favorite Muffin  
970-765-0076

Sidelines Sports Bar  
970-765-0129

Amelias Hacienda Restaurante  
970-249-1881