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the Montrose Mirror

Issue No. 507 Nov. 14, 2022

MRH INKS AGREEMENT WITH COARNG



(L to R) Jeff Mengenhausen, Chief Executive Officer (CEO) Montrose Regional Health and Ashkan Angha, Lieutenant Colonel COARNG Commander (Recruiting and Retention Battalion) joined forces to implement the Army Partnership for Your Success (PaYS) Program.

By Gail Marvel

On Nov. 9, Montrose Regional Health (MRH) signed a partnership agreement with the Colorado Army National Guard (COARNG), U.S. Army, which is designed to help soldiers prepare for a career after the Army by connecting them with employers who understand the skills, discipline, and work ethic that military service members bring to business.

Background:

The Army Partnership for Your Success (PaYS) Program began in 2000 and currently 1,119 employers have partnered with the program. The PaYS Program guarantees soldiers five job interviews and possible employment following their service in the Army.

[Continued pg 29](#)

CALL FOR VOLUNTEERS: MONTROSE COMMUNITY THANKSGIVING DINNER

By Caitlin Switzer

MONTROSE-As the 2022 Thanksgiving Holiday nears, the team at Montrose Community Dinners can use a hand--or two. "We are short 165 volunteers," longtime volunteer and dessert chair Babs Schmerler said, adding that that anyone working on Thanksgiving Day can request a meal delivery to their place of work. Also needed are donations, as the cost of providing food has soared exponentially.

What's not in short supply? Gratitude itself. "We are thankful for all of the people who have donated and volunteered," Schmerler said. "Hopefully it will be a lot of fun. It has been a couple of years since we were able to do this."

For individuals who have no place to go, the Montrose Community Thanksgiving Dinner offers the chance to share the holiday table with neighbors and friends. For people who cannot leave home to enjoy the dinner, meal deliveries are available. And for some families, joining other community members at the table and even bringing out-of-town guests has become a tradition.

Though the community dinners began in 1980, this year marks the first time since 2019 that the congregate meal will return in person—although the volunteers continued to deliver more than 2,000 meals during the pandemic.

This year's Thanksgiving Dinner will also include entertainment by Paul Chamberlain and Jed Kovach. While home baked goods have been welcomed in the past, such donations are no longer allowed due to COVID restrictions. To learn more, or to make a donation, visit <https://www.montrosecommunitydinners.com>.



Montrose Community Dinners courtesy photo.

in this
issue

["Water is for Fighting"](#)
By Lauren Hall Ruddell!

[Kate Burke on Gambling](#)
Gals in the Old West!

[Rev. Dr. Arlyn Macdonald on](#)
the power of gratitude!

[RE-1J parent requests](#)
consequences for bullies!

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47TH ANNUAL BASEMENT BOUTIQUE CRAFT SHOW AND SALE NOV. 25-26

Special to the Mirror

MONTROSE-Don't miss the 47th Annual Basement Boutique Craft Show and Sale, Friday Nov. 25 and Saturday, Nov. 26 at the Montrose Pavilion, locally hand-crafted gifts for all ages, 9am to 4pm. Central checkout for your shopping convenience. Canned goods appreciated for Sharing Ministries Food Bank

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 Your Source for Local Business News and Information

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Alcohol Ink & Drink Holiday Ornaments at Mosaic



5:30-7:30 pm. Thr. Nov. 17

CITIZENS CLIMATE LOBBY MEETS NOV. 21

Special to the Mirror

MONTROSE-Citizens Climate Lobby meeting Monday Nov. 21st 5:30pm Montrose library meeting room, nonpartisan, national, environmental action group-info 970-765-9095



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BOCC HOLDS SPECIAL MEETING FOR LEGAL ADVICE

Mirror staff report

MONTROSE-The Montrose Board of County Commissioners (BOCC) met for a special meeting on Tuesday, Nov. 8. All commissioners were present. The BOCC entered into Executive Session with County Attorney Marti Whitmore and County Manager Jon Waschbusch for legal advice pertaining to construction and remodeling of the Courthouse. No action was taken.

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REGIONAL NEWS BRIEFS

MHS DIVISION AWARD WINNERS



Special to the Mirror
MONTROSE-Montrose High School Division Award winners for October, 2022 include Analisea Theodore, Jenny Gutierrez-Camacho, Bridget Hernandez, Kaeden Clair, Allison Romines, Azure Wallace, Jordyn Simo, Gabriella Bratcher, Emily Barker, Cade Godbe and Omar Marquez.



How many children can you find in this picture!?

This is the number of children in Montrose County who live in out-of-home placements every month.

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House Salad — Mixed greens, tomato
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carrots. 9.95

Cobb Salad* — Mixed greens,
chicken breast, avocado, hard-boiled
egg, cheddar cheese, blue cheese
croutons, red onion, and tomatoes with
Caesar dressing. 14.95

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The Sandwiches

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cheese sauce, garlic aioli, jalapeño, onion, and roasted tomato on a basted
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The Favorites

Burrito — Sweet cream mozzarella,
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meal, served with a choice of hot sauce.
Hot, spicy, or mild. 14.95

Hot and Chips* — Beer battered cod
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Crabby Coconut Shrimp* — Breaded
crab and shrimp served with sweet
cream sauce. 12.95

Freddie's Flatbread — Grilled fish,
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Cauliflower Shrimp* — Fried cauliflower
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After 5

The Seafood

Ant Tuna* — Six-ounce tuna, seared, topped with a choice of
sauce, sweet potatoes, and sautéed vegetables. 28.95

Shrimp on Grits* — Jumbo shrimp, andouille sausage, and sautéed
vegetables. 28.95

Classic Shrimp Scampi* — Pan-seared shrimp with garlic, lemons, and white
butter sauce. 28.95

Seafood of the Day* — Ask your server what the catch of the day is.

The Specialties

Stuffed Pork Chop — Eight-ounce pork chop stuffed with smoked gouda
cheese, and sautéed vegetables. 28.95

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Served Aline Chicken — Eight-ounce chicken breast with a creamy
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REGIONAL NEWS BRIEFS

CITY ACCEPTING APPLICATIONS FOR PLANNING COMMISSION VACANCIES

Special to the Mirror

MONTROSE — The City of Montrose is accepting applications for three positions on the city's Planning Commission. Each appointee will serve a four-year term, beginning on January 1, 2023, and expiring on Dec. 31, 2026.

The Planning Commission evaluates


matters related to planning and community development. Members of the Planning Commission serve at the pleasure of the City Council and are appointed for four-year, overlapping terms. Meetings are held on the second and fourth Wednesdays of each month at 5 p.m. in the City Council Chambers, located at 107 South

Cascade Avenue. Applications are available at City Hall, 433 S. First Street, on the City of Montrose website at CityOfMontrose.org/Application, or by calling 970.240.1422.

Applications and letters of interest must be submitted to the City Clerk by 6 p.m. on Tuesday, Nov. 29, 2022.

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REGIONAL NEWS BRIEFS

CUPS FOR A CURE FUNDRAISER CHECK PRESENTATION

Special to the Mirror

FRUITA- On Friday, Oct. 14, The Fruita Area Chamber of Commerce Foundation hosted the Second Annual Cups For A Cure Fundraiser Presented by Timberline Bank at Copper Club Brewery.

Thanks to the support we received from this amazing community, Cups For A Cure raised \$7,500 to benefit & support local residents and the programs at the Family Health West Foundation and the Community Hospital Foundation that provide resources and support to local residents that are fighting their most challenging fight.

On Tuesday, Nov. 8, Representatives from each organization met for the check presentation, and \$3,000 was donated to each of the hospital's foundations.

At the fundraiser, proceeds were raised through a chili cookoff with tasting tickets, a silent auction, "bust the bra," and additional contributions from the Fruita Area Chamber of Commerce, Copper Club Brewing Company, and Timberline bank. The Chili cookoff featured Chili from 10 Fruita Businesses & Restaurants. The first-place winner was Flavors Grille, in second

place was the Flying Pig of Community Hospital, and in third place was Camilla's Kaffe. Honorable mentions are our other participants Mike's Famous Chicken, Copper Club Grill, Skips Farm To Market - Fruita Store, Suds Bros Brewery, Cattlemens Bar & Grill, Dango Burrito, and the Fruita Chamber.

Cups For A Cure was started by Allie Daniel, Owner of Happy Trails Colorado, a T-Shirt shop in downtown Fruita. Daniels founded this event to support two

Local Women in their fight against breast cancer and quickly realized how important the cause is, "it takes a community to fight cancer. A fundraiser full of fun and Chili is the least we can do to show those across our community that are fighting this battle

that they're not alone. Their community is behind them," said Daniels.

Thank you to our community, everyone who made and donated Chili, the event volunteers, and our sponsors. Without you, this fundraiser wouldn't have been possible.



Cups For A Cure raised \$7,500 to benefit & support local residents and programs at the Family Health West Foundation and the Community Hospital Foundation. Courtesy photo.

A COMMUNITY DISCUSSION OF
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KEYNOTE ADDRESS



Nathan Perry, PhD
CMU Associate Professor of Economics
2023 Economic Outlook

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COLORADO NEWS BRIEFS

COLORADANS CAN PRESENT THEIR COLORADO ID IN WALLET AT SELECT TSA CHECKPOINTS

Special to the Mirror

LAKEWOOD- -- The Colorado Division of Motor Vehicles (DMV) has announced the launch of Colorado ID in Apple Wallet, providing an easy, fast, and secure, digital version of their state-issued driver license or ID card. Coloradans can now choose to add their driver's license or state identification (ID) card to Wallet, and easily and securely present it with a tap of their iPhone or Apple Watch at select Transportation Security Administration (TSA) Pre-Check® security checkpoints, including within Denver International Airport (DEN). Colorado is the third state to implement IDs in Wallet. It is only available to individuals with a current, valid Colorado-issued driver license or ID and serves as a companion to the physical, plastic driver license or ID – it is not a replacement and Coloradans must continue to carry their physical driver's license or ID with them. At this time, Colorado ID in Wallet is accepted only at select TSA security checkpoints at participating airports around the country, including within DEN.

To use Colorado ID in Wallet at a TSA checkpoint, residents can simply tap their iPhone or Watch at the TSA's identity reader. From there, users will be shown a prompt on their device displaying the specific information being requested by the TSA. Only after authorizing with Face ID or Touch ID is the requested identity information released from a device, which ensures that just the required information is shared and only the person who added the driver's license or state ID to the device can present it. The TSA reader will also capture a photo to complete the verification process. All information is shared digitally, so users do not need to show or hand over their device to present their ID.

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COLORADO NEWS BRIEFS

CHILDREN'S COLORADO SEES RECORD VOLUME OF PATIENTS WITH RESPIRATORY ILLNESSES *RSV and flu seasons started early, with daily patient volumes remarkably higher*

Special to the Mirror

AURORA— Children's Hospital Colorado (Children's Colorado) is experiencing record volumes of patients with respiratory illnesses in our Emergency Departments, with inpatient units and intensive care units operating at or above maximum capacity for several weeks. The number of patients seeking care has been on average 30 percent higher than the busiest days in a typical respiratory season, which has historically been January to March.

"While we are used to treating children with

respiratory illnesses and seeing increased volumes of patients every winter during a typical respiratory season, this early and severe respiratory season is unlike anything we've seen before," said Kevin Carney, MD, Associate Chief Medical Officer at Children's Colorado and associate professor at the University of Colorado School of Medicine.

The early and intense RSV season began at the end of the summer, which started with rhinoviruses and enteroviruses as children returned to school, and now significantly increased numbers of children are infected

with RSV and influenza.

RSV can cause a spectrum of disease in children and adults, with babies under one year old typically experiencing the most severe symptoms.

To accommodate the historic increased volumes, Children's Colorado has implemented normal surge tactics and additional measures to accommodate the influx of patients coming to the hospital. This includes:

- Reallocating beds and expanding inpatient care areas
- Engaging additional contract team members, including travel nurses, to assist with the surge of patients across our system
- At times, postponing surgeries that aren't considered emergencies

These tactics help preserve capacity to care for the patients who are very sick and need care immediately, avoid overcrowding and ensure team members can provide safe and proper care for every patient. Though these measures are helping, families who need a lower level of care are experiencing longer wait times in our emergency departments due to the volume of people seeking care.

While it is difficult to anticipate what the winter will hold, Children's Colorado is preparing for continued high volumes of patients through April.

As caregivers navigate this difficult season, Children's Colorado wants to offer the following tips:

- If your baby or child is struggling to breathe, call 911 or take them to the closest emergency department.
- To prevent the spread of respiratory illnesses, handwashing, staying home from school/work when sick, covering coughs/sneezes and masking when symptomatic are key to preventing transmission.
- With the upcoming holidays, it's important to be mindful of play dates, family gatherings and holiday events.
- We urge everyone who can to get the COVID-19 vaccine and a flu shot and to make sure all kids are up to date on their other vaccine schedules.
- Symptoms of RSV, flu, COVID-19 and other respiratory viruses can be similar. Read our [experts' guide](#) on how to spot the subtle differences between these illnesses.



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REGIONAL NEWS BRIEFS

RICHARD TRUJILLO TALK ON DINOSAUR TRACKS NOV. 16

Special to the Mirror

MONTROSE-Chipeta Chapter of the Colorado Archaeological Society is hosting our November Speaker Richard Trujillo on Nov. 16 starting at 7 pm at the Montrose United Methodist Church. His talk this month concerns one of those features: a set of dinosaur tracks in the Lower Quartzite (Junction Creek Sandstone, at the base of the upper-Jurassic-age Morrison Formation) at Gold Hill and West Gold Hill. This presentation is open to the public and free.

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REGIONAL NEWS BRIEFS

MT VILLAGE OFFERS COMPOSTING

Special to the Mirror

MT. VILLAGE-The Town of Mountain Village in partnership with the Town of Telluride invites you to drop off your pumpkins, gourds and squash and any other kitchen or yard waste for **free composting through November 18** this year. After a successful first year last fall, we now have **two locations**: the entrance to the Gondola Parking Garage behind Village Market/Mountain Village Town Hall or in the Meadows Parking Lot. Please bring pumpkins that are free of paint, candles, stickers, glitter, googly eyes and other non-compostable decorative items to either composting bin through Nov. 18. If you are interested in composting year-round and live at Village Court Apartments (VCA), you can sign up for the Composting Pilot Program through the VCA Main Office or online at the [VCA Residents Page](#).

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Marc Catlin
HD58 Representative


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by Tim Jones




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REGIONAL NEWS BRIEFS

EXTRAORDINARY NURSES RECOGNIZED AT DELTA HEALTH WITH DAISY AWARD



The overall DAISY Award winner for this quarter was Jody Moore RN, BSN, from the Delta Health Surgical Services department. Courtesy photo.

Special to the Mirror

DELTA- 24 nurses at Delta Health were honored with nominations for the DAISY Award for Extraordinary Nurses® to recognize the extraordinary, compassionate nursing care they provide patients and families every single day.

Nurses were honored on Oct. 25 for the third quarter nominations from July, August, and September.

This quarter's DAISY nominees were Registered Nurses: Jody Moore, Hillary Johnson, Dani Jones, Sage Long, Samantha Alsobrook, Jan Humphrey, Julia Kline, Glenda Gallegos, Erin Houk, Lucian Duncan, Jody Hyatt, Vallerie Bucani, Joanna Godwin, Emily Holder, Rhonda Galvin, Sheryl Mullenix, Megan Bardessona, Dawn Arnett, Colleen Zweigle, Anna Wiltse, Keren Brown, Sierra Bigelow, Isa Portillo and Christine Penner.

The overall DAISY Award winner for this

quarter was Jody Moore RN, BSN, from the Delta Health Surgical Services department.

"Jody has worked in the PACU department for over 15 years," said Felicia Heinz, Director of Surgical Services at Delta Health. "Every single day she walks into the department with a huge smile. Not only is Jody an absolute joy to work with, but she is also an amazing clinician. She is extremely thorough in all aspects of patient care but her forte is teaching patients in a way that they can understand and have a safe, comfortable recovery period. Jody is a great team player and is always willing to help her co-workers. She is one of the kindest people that I have ever met. She truly cares about others whether it is patients or co-workers. I am privileged to work with such a great nurse and am very pleased that she has been honored with the Daisy award."

The award is part of the DAISY Foundation's mission to recognize nurses who go above and beyond in the care of their patients. Nurses may be nominated by patients, families, and colleagues, and the quarterly DAISY award recipient is chosen through a select Daisy Committee and Delta Health's Culture Committee through a scoring rubric recognizing the nurses' P.E.T.A.L.S., (Passion, Empathy, Trust, Admirable attributes, Love and Selflessness). Applications are blinded to these committees and scored. Awards are then presented four times throughout the year to celebrate the nominees.

"We are so proud to have had so many nominations for this round of DAISY Awards," said Dawn Arnett, RN, BSN, Director of In-Patient Services at Delta Health. "Our healthcare staff have truly been heroes for our patients and community members throughout uncertain times. We are proud to be among the healthcare

organizations that participate in the DAISY program where we can honor our amazing staff."

The Hospital's Café Alice's makes a dozen cinnamon rolls for each department that has a nominee to celebrate with their team in honor of Patrick Barnes. The DAISY Foundation asks that cinnamon rolls be served in honor of Pat. Pat's Family created the DAISY Foundation to celebrate nurses and SHARE his favorite treat! DAISY was established in 1999 by Patrick Barnes's Family as he fought against an auto-immune disease ITP. "Disease's Attacking the Immune System DAISY."

The certificate that each honoree receives commends her or him as an "Extraordinary Nurse." The certificate reads: "In deep appreciation of all you do, who you are, and the incredibly meaningful difference you make in the lives of so many people."

Honorees also receive a DAISY Award pin and a beautiful and meaningful sculpture called A Healer's Touch, hand-carved by artists of the Shona Tribe in Zimbabwe. Since 2018, Delta Health has celebrated and recognized employees with the DAISY and BEE Awards through community and colleague nominations. As part of Delta Health's E3 Initiative, Excellence, Every Patient, Every Time, Administration is continuing to shine a light on our amazing staff by placing large signs and drop boxes highlighting our Bee Award and the Daisy Award around clinics and the hospital.

To nominate a nurse for a DAISY Award, go online to deltahealthco.org/bee-daisy-awards/ and submit a digital nomination form. Nomination forms can also be found throughout the hospital and clinics.

Delta Health will honor their next quarter nominees for October, November and December in January 2023.

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OPINION/EDITORIAL: LETTERS

ABORTION 'RIGHTS?'

Editor:

What's with all the protesting and scare tactics? Don't those people protesting the Supreme Court Decision on Roe vs. Wade understand it DID NOT ELIMINATE abortions?

The Court just clarified it IS NOT A "CONSTITUTIONAL" RIGHT; that means it is NOT in the Constitution. It sent the de-

cision back to the States to decide the issue, as it should be. EDUCATE YOURSELF on the Constitution and while you're at it look up the legal description of murder. Wouldn't abortion up to the 9th month and time of birth be murder? That is a BABY full term; how can that be denied and isn't it murder? Why are there so many abortions today? With more op-

tions than ever before available to prevent pregnancy for women, has abortion now become a "convenience? Even most animals don't kill their young. Have we become a savage nation? Have we, as a people, become so desensitized to violence and killing that we condone infanticide; the killing of babies??

Carol McBride, Montrose

IS THE REPUBLICAN PARTY IN COLORADO STILL RELEVANT?

Editor:

The primary function of the Republican party is to nominate candidates and turn out the vote for their candidates. The weak Republican turnout here in Colorado cost us several races in this 2022 election. In my opinion part of the blame is because of supporting and not being able to disavow some extreme candidates (some under grand jury indictment) because of an antiquated neutrality clause in the by-laws. And this has relegated the Republican party here in Colorado to near total irrelevance.

Having county central committees voting good hard-working Republicans out of the party because they refuse to support or endorse extreme candidates has divided the Republican party here in Colorado. And a divided party will soon be irrelevant. Out of 6 statewide offices this election we Republicans didn't even come close to winning even one. In the Legislature we lost 6 more seats to the democrats making it 47 to 18 giving the democrats a super majority. In the senate democrats picked up 3 more seats giving democrats a 23 to 12 advantage.

Right now, the Republican party in Colorado is the third largest voting block behind the democrats with the unaffiliated voters being the largest voting bloc and growing. And this is a trend that has been getting worse each election cycle. And

because of this the Republicans have started to eat their own. So, more Republicans are leaving the party and joining the ranks of the unaffiliated. And this is turning some Republicans in to bitter enemies of the party that they once loved.

The definition of insanity is to do the same thing over and over again expecting different results. The Montrose County Republican central committee is being run by an executive committee that is practicing insanity and slow suicide at the same time. And the fate of the central committee is in the balance. Rather than look at the election results objectively and modifying their strategy they just doubled down on creating another enemy within their own party. After all that worked so well for them the last time.

When this executive committee took over in February 2021 the first thing, they did was to change the by-laws to remove the Montrose Republican Women from any involvement with the central committee. Through the years the Montrose Republican Women have made thousands of phone calls to remind people to vote and to get their ballot turned in. They also volunteered countless hours staffing the headquarters. There is no doubt that their efforts were largely responsible for the high republican voter turnout that Montrose County has enjoyed over the years. The history of the Montrose Republican

Women is well worth mentioning here. They have been in existence since 1936. They were one of the first seventeen chapters to the national Republican Women federation. It is speculated that they helped form the central committee here in Montrose. When an organization with their history and dedication is pushed aside without so much as a thank you. It creates bitter feelings. In the 2018 mid-term election we had an 83% republican turnout. Here we are 4 years later, and the republican turnout is down to 72% the difference in the number of votes between 83% and 72% is 2000 votes and Lauren Boebert wouldn't be in such a tight race.

The Montrose County Republican central committee needs a change in leadership. We need new people with new ideas and without the burden of past animosities. The executive committee's division of this party is having serious consequences. The reorganization meeting is in February I encourage all Montrose County Republicans to attend and nominate candidates that can turn this around.

The executive committee also votes for the state party executive members which also needs a change in leadership. Voting for the same old people gets the same old results.

*Ray Langston, Montrose
Past County Chairman*

Alzheimer's and Dementia Education Series

**10 Warning
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COLORADO NEWS BRIEFS

SLOW DOWN, MOVE OVER FOR FIRST RESPONDERS!

Special to the Mirror

STATEWIDE — Last year there were over 1000 instances when drivers in Colorado crashed into the scene of an already existing crash putting first responders and others at risk. Traffic-related incidents are the leading cause of death for on-duty law enforcement officers, fire, EMS, maintenance workers, and tow/recovery professionals.

According to preliminary data from CDOT, in 2021 there were 1153 reported secondary crashes on Colorado roads resulting in 588 injuries and 10 deaths. Such crashes happen when a vehicle runs into an already existing traffic crash on the roadway. These secondary crashes can be prevented if drivers slow down and use caution when approaching a crash scene.

Drivers are reminded that Colorado's Move Over Law requires drivers to move over a lane and/or slow down when approaching

stopped emergency or maintenance vehicles. The law stipulates that if a driver is unable to move at least one lane away from the stationary emergency vehicle, the driver must slow down to at least 25 miles per hour on roadways with a speed limit below 45 miles per hour. On roadways with speed limits 45 miles per hour or more, motorists must slow down to 20 miles per hour less than the posted speed limit. Drivers that fail to slow down or move over commit the crime of careless driving, a class 2 misdemeanor traffic offense that can result in up to 90 days in jail and a fine of up to \$300.

Across the country, 65 emergency responders working on the roadway were struck and killed in 2021. Here in Colorado, a South Adams County Fire Department Firefighter was severely injured last January in a crash on Interstate 76 while working on an earlier two-vehicle collision. The firefighter was inside a

stopped fire truck, responding to a highway crash, when a driver struck both an ambulance and the fire truck. In Colorado, 11 State Patrol Troopers have lost their lives after being struck by passing motorists. Countless others have been left with life altering injuries after being struck while responding to a traffic incident.

In an average month, Colorado emergency crews respond to 2,088 traffic incidents. CDOT and its partners are committed to improving traffic incident management so incidents can be detected, responded to, and cleared so that the flow of traffic may be restored as safely and quickly as possible.



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MRH INKS AGREEMENT WITH COARNG From pg 1

Signing Ceremony:

Approximately 75 people, including military personnel, hospital staff, and the City of Montrose Mayor Dave Frank, were in attendance.

Following the presentation of Colors by the COARNG Color Guard, Executive Officer Recruiting and Retention Battalion MAJ William R. Brown welcomed the audience and introduced the speakers through their brief bios.

Ashkan Angha, Lieutenant Colonel COARNG Commander (Recruiting and Retention Battalion), served two-and-one-half years in Jordan with the purpose of building partnerships with developing countries. Angha said, "The PaYS Program is [also] building partnerships. All the armed forces missed their [recruiting] mark last year. The Army missed their mark by 20,000. I need your help to build, your community and yourself, to allow our servicemen to have an opportunity post-service. We have over 1,000 companies across the nation joining the program. This helps Colorado and all of our services. We ask for your support. If you see any young person [who might be interested] have them talk to our recruiters."

Jeff Mengenhausen, Chief Executive Officer (CEO) Montrose Regional Health, a former Navy SEAL, has served as CEO since August 2021. Mengenhausen said, "We are part of a large group. We are the only hospital in the State of Colorado to

join the program. Partnering with the Army is an honor. I'm a veteran. I call it [joining the Navy] my reset button after high school. It helped me tremendously. Three months after I enlisted, we had 9-11. It makes you grow up really fast."

Recounting his path to adulthood Mengenhausen said, "My mom took care of me in high school...when you get out it's really scary. The military took care of me after high school." Mengenhausen admitted he was a jock in high school and at that time he was not college material; however, the military put him through college after his service. He said, "This program is transitioning after vets get out of service, working with the military to help vets walk out with something [job opportunities]. Vets can talk to vets very differently. We have a lot of veterans. MRH is leading from the front by partnering with the Army. This is a way for HR [Human Resources] to grow the labor market."

Andrew Hersh, MD, Pulmonologist, Montrose Lung & Sleep Center, is an active-duty Reservist. Hersh said, "There is a long history between medicine and the military. A lot of what we do came out of the military downrange. It's part of our standard care. Similar people go into medicine that go into the military. My most proud

moment in my military career was with the heart and lung machine. In 2020 COVID was really tough. For six-nine months I was on call 24-7 to help. Hersh recounted servicemen volunteering to extend their work hours to assist during the crisis. He said, "This is what we train for. That's the kind of service-before-self that we see in the military, as well as in medicine. We serve the country and the community...Thank you for bringing this [program] to us."

Following the signing ceremony, Angha noted the partnership and the agreement between the U.S. Army and MRH goes into effect immediately.



A Certificate of Partnership between Montrose Regional Health (MRH) and the U.S. Army was signed on Nov. 9, 2022. The hospital now joins 1119 other employers to help provide career opportunities to America's soldiers once they have completed their service obligation. The agreement goes into effect immediately.



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REGIONAL NEWS BRIEFS

SAN JUAN WEAVERS GUILD TO HOST 44TH ANNUAL SHOW AND SALE

Special to the Mirror

MONTROSE-The San Juan Weavers Guild will celebrate its 44th Annual Show and Sale on Saturday, Nov. 19, 9 a.m. to 4 p.m., at the Ute Indian Museum, 17253 Chipeta Rd., Montrose. One of the area's oldest holiday traditions, this one-day event is free, and the public is encouraged to attend. Up-to-date information about the guild and show & sale are available on the guild's website, www.sanjuanweavers.org.



About The Property

Come quickly to see this new home in Brown Ranch Subdivision. The 6" wide entry way welcomes you. The warm tones in the cabinetry as well as the quartz countertops throughout are a refreshing combination. Laminate and tile floors are another welcome bonus. The pantry & inviting work island extending from kitchen into the dining area are both so efficient. Notice the dual walk in closets in the main suite along with the 5 piece bath as well as the walk in closets in the guest rooms AND the wonderful tile detail in both. Outside you will find the 21 x 12 covered patio ready for that entertaining and or relaxing. This home is on a cul-de-sac and just minutes from the busy-ness of Montrose.

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PARENT REQUESTS CONSEQUENCES FOR BULLYING

By Caitlin Switzer

MONTROSE- The Montrose County School District RE-1J Board of Education gathered for a regular meeting on Tuesday, Nov. 8 at Central Offices.

Board of Education President Sarah Fishing gavelled the meeting to order. Those present included Board Vice President Eric Kelley, District A Director Erik Westesen, District B Director Jacob Suppes, District C Director Alice Murphy, and District D Director Tom West. District G Director Stephen Bush was not present.

All joined in saying the Pledge of Allegiance; the board voted to approve the meeting agenda.

STUDENT SPOTLIGHT

RE-1J Public Information Officer Matt Jenkins said, "...we have a ton of fantastic celebrations that we want to present to you board members this evening." He introduced Johnson Elementary School Principal Kirsten Bloomfield and Teacher Alyssa Ganskow, who recognized first grade student Adaline Barton of the JES Timberwolf PACK.

Northside Elementary School Principal Daniel Rosentreter introduced Northside's Boys to Men program sponsor Pete Stammler, who spoke about the program and welcomed three fifth grade participants to talk about it as well. "Our goal is to create leaders in our community," Stammler said, and the three boys took turns speaking.

"We are a club that learns to be respectful and nice and more gentle men," one said. "My goal is to be more respectful and be more kind. I want to be in this group so I can be a better kid and we are making a community service project."

"So this group that the teacher controls it seems really fun, even though sometimes we have to write," another student said. "We know if we have to write or do something it's still fun because of our teacher."

Said a third, "I think it is to be respectful to anyone even if you don't like them. I am learning to be more manly. My goal is to be more helpful around my house and at school."

Following student spotlight, Fishing

asked Adaline Barton what her favorite thing about school was. Barton said that she liked to write. "...I like to write about things like planets." Fishing asked if Barton had a favorite planet, and the First Grader said, "My favorite Planet is Earth." "I'm pretty partial to Earth too," Fishing said.

Allison Nadel of Montrose Altrusa presented Altrusa Apple Awards to Johnson Elementary School Counselor Marcie Jaramillo and Northside Elementary Teacher Nicole Edder.

The KREX TV Golden Apple Award for November goes to Centennial Middle School Health Tech Deb Fuentes.

The Board of Education heard from the Olathe TRA Livestock Judging Team, introduced by Principal Scot Brown. MHS and OHS students were present. Coached by Kali and Brad Fassett and Chad Mitchell, the team includes Amy Scriffiny, Avery Kimble, Brock Fassett, and Lola Mitchell. The students recently took part in a prestigious national judging contest, Brown said.

The students discussed their experiences as experienced livestock judges. When asked, all expressed a preference for judging cattle.

Jenkins informed the board that the Montrose Community Foundation presented the Montrose High School Tennis Program with a \$4,000 grant, from a former Montrose Tennis Association fund that was dissolved.

Jenkins introduced a presentation on a recent student experience. "On the 11th day of the 11th month we now recognize Veteran's Day...This group of two high school history teachers and two high school students had a tremendous opportunity over the summer to have a history learning experience."

He shared a video in which the students spoke about their experiences "walking in the footsteps" of Western Slope soldiers who sacrificed their lives during World War II in Normandy.

BOARD ADVISORY COMMITTEE UPDATES

District C Director Alice Murphy said she has enjoyed attending events at local schools, seeing projects, and attending the



Members of the Northside Elementary School Boys to Men Club spoke to the RE-1J Board of Education during the Student Spotlight Nov. 8.

recent MEDC Manufacturers' Expo, where students had the opportunity to demonstrate skills and learn more about exciting career options in Montrose. "...It's nice to see parents helping out in school and doing things with kids...it's very impressive to see the kids doing that...lots of fun things happening in the district, so keep inviting me! I love going to these things."

She praised Matt Jenkins for his recent Forum presentation on local schools.

District D Director Tom West said he would present a Facilities Committee update at the December meeting.

COMMUNITY INPUT

Kirah Lucero addressed the board, bringing forward concerns about her children. "...My story starts seven years ago when my daughter...was in second grade," Lucero said. "We tried to have her tested for a 504 plan or an IEP. A random worker was sent into her classroom to observe her, and then the school came to inform us that...would not be receiving any further testing because her teachers didn't believe that that she needed any."

Lucero recalled similar difficulties getting a plan for her son, who has epilepsy. After securing 504 plans for her children, "We went and had Dr. DoriAnn Adragna assess...for disabilities, to help us better understand how to help her in the areas that she was struggling."

PARENT REQUESTS CONSEQUENCES FOR BULLYING From previous pg

Still, schools keep losing the assessment, Lucero said. "Every year we've had to keep providing copies of this evaluation because somehow the schools and the school district keep losing the evaluation and cannot seem to find it anywhere...since the private paperwork keeps coming up missing, we're beginning to have concerns about the safety and security of private data files and paperwork within the district..." The school also publishes her daughter's name when asked not to, Lucero said. She continued to discuss specific concerns until her time to speak was up.

"If there is anything that you didn't get to say, you can communicate that to the board by email as well," Fishing said. Also speaking was Lucero's husband Larry. He called attention to district guidelines that outline the proper procedure for addressing concerns. "...That starts with the teacher," Lucero said. "When I contact Johnson Elementary School, I am being barricaded with calls saying they we'll pass on your message—they never get there." His son's teacher did not receive any of the messages, Lucero said. "...I then sent several messages to the Johnson Elementary School Principal for her to call me; all of them went unanswered. I then started up the chain of command...basically told no...Johnson Elementary School believes that parents do not have the right to freedom of religion," he said. "...The supreme court ruled in 1969 that students do not shed their constitutional rights to freedom of speech or expression at school gates; this is true for other fundamental rights as well.

"When I tried to say I didn't want my kids to learn about something due to our freedom of religion, I was told by the Principal at Johnson Elementary School 'freedom of religion doesn't matter.'"

Lucero also raised concerns about an incognito tab that he said was sent to all students in the district.

"I went to the head of technology who basically told me, nothing I can do about it," Lucero said. "Students can access everything from porn to how to join Al Qaeda, to how to make and assemble a home-made bomb."

Lucero said that he was only able to receive a return phone call from RE-1J Superintendent Carrie Stephenson after he threatened to file a grievance with the

State of Colorado. "I have a lot of concerns, I'm not receiving any assistance from the Montrose County School District." A request for a group meeting was denied by the superintendent, he said. "...when she does re-run for election, I will be the first one to oppose her and campaign for her opponent."

Also speaking to the Board of Education was Kyli Rodgers, who spoke about bullying in the district, and asked that local schools maintain a closer relationship with the Peer Kindness non-profit. Rodgers shared a horrific example of bullying that her own child experienced. Rodgers said that she was unable to find any code or framework of tangible consequences for bullying and suggested bringing stakeholders together to address the issue.

"...Bullying is a cycle; sometimes it's hard to get ahold of it...I would like to encourage a closer relationship with peer Kindness, they're a great resource," she said. "I'd like to be able to clear up the language...create a multi-tiered, remedial plan involving consequences...get a good group together to be able to say 'hey this is how we're addressing this.'"

"Because it's a bigger issue than just the school climate and culture," she said. "It's also a home issue. There's a lot of things going on...I'd like to know...if there is a type of bullying incident school performance report and how we can work together to try to create those for parents who have those issues...by doing so, I think we would be able to make better choices as parents as to what our kids are getting into at school."

FAMLI ACT UPDATE

Human Resources Director Michelle Pottorff presented an update on the FAMLI Act, which the board would consider later in the meeting.

ENROLLMENT REPORT

Director of Finance Emily Imus presented the updated enrollment report. District enrollment as of Nov. 3 was 6,057.

QUARTERLY FINANCIALS

Imus presented the financial reports for the first quarter of the 2022-2023 school year, both investments and funds.

EARLY CHILDHOOD CENTER (ECC) UPDATE

ECC Director Penny Harris presented an update, with attachments on enrollment, financials, health, family and community engagement, in-kind, community assess-

ment.

"Every year we do a community assessment; our community assessment should drive our long-term and short-term goals," Harris said.

CONSENT AGENDA

Consent agenda items were approved, including personnel report.

RESOLUTION 17-2022

Upon considering the Hearing Officer's decision in the dismissal hearing for Teacher Mark Alton, the board voted to approve the recommendation to dismiss Alton.

RESOLUTION 18-2022

The board voted to adopt Resolution 18-2022, to opt-out of the state's Paid Family and Medical Leave Insurance program (FAMLI).

REVISED BOARD POLICIES-FIRST READING

The board considered the following revised policies on first reading:

BEC, Executive Sessions/Open Meetings - updated to include notice for discussion of negotiations per change in law
GBAB, Workplace Health and Safety Protection - minor language update
IC/ICA, School Year/School Calendar/Instruction Time - removed remote education paragraph related to COVID health concerns

IHCDA, Concurrent Enrollment - updated per CASB recommendations
JLCE-E4, First Aid and Emergency Medical Care - new exhibit of concussion information for coaches

REVISED BOARD POLICIES-APPROVED

The Board of Education voted to approve the following revised board policies:

-JFBA, Intra-District Choice/Open Enrollment - updated language for special education students and minor language changes
-JFBB, Inter-District Choice/Open Enrollment - updated language for special education students and minor language changes
-JLCD, Administering Medications to Students - language added to address use of Opiate Antagonists in emergency situations.

With no further business the board voted to adjourn.

The Board of Education's next work session will take place Nov. 30, during the Colorado Association of School Boards (CASB) meeting at the Broadmoor Hotel in Colorado Springs. The next regular meeting of the RE-1J Board of Education will be held on Tuesday, Dec. 13 at District offices.

REGIONAL NEWS BRIEFS

JULIE MCCLUSKIE ELECTED SPEAKER OF COLORADO HOUSE

Special to the Mirror

DENVER – Speaker-elect Julie McCluskie, D-Dillon, has released the following statement after House Democrats elected her the next Speaker of the Colorado House:

“It is an enormous privilege to serve the great state of Colorado, and I’m honored to lead one of the largest and most diverse Democratic majorities in our state’s history. The diversity of this body is our strength. As public servants, we are called upon to answer the expectations and needs of the people in our districts and to govern responsibly on behalf of every person in our state—those who voted for us and those who did not.

“We have made bold progress to lower health care costs, make housing more affordable, protect our freedoms and invest in our schools, but Coloradans are still struggling in the aftermath of a deadly pandemic, global inflation and the worst wildfires in our state’s history. Even with these challenges, I know that our brightest days are still to come. I look forward to working with my colleagues on both sides of the aisle to do what’s best for our state, move Colorado forward and help Coloradans thrive.”

House Democrats will have 46 seats in the 74th General Assembly. The caucus is one of the largest and most diverse ever elected in Colorado. Nearly 75 percent of the incoming Democratic lawmakers are women, nearly 40 percent are people of color, and 13 percent are LGBTQ+.

Speaker-elect McCluskie was first elected to the General Assembly in 2018 and represents House District 13, which includes Lake, Chafee, Park, Summit, Grand, and Jackson counties. She currently chairs the Joint Budget Committee. Born and raised in Colorado, Julie and her husband Jamie have spent most of their married years in the Rocky Mountains. They are proud parents of two children, Ian and Cait, and enjoy spending family time in Colorado’s great outdoors.

Speaker-elect McCluskie has authored landmark legislation to save people money on health insurance, make housing more affordable, and increase funding for public schools, higher education and wildfire mitigation efforts. She spearheaded efforts last year to direct federal recovery dollars toward innovative strategies that will grow Colorado’s workforce and save Coloradans money as they pursue new skills needed to enter growing industries. She spent more than a dozen years working in Summit School District before serving in the General Assembly.



MRH Ambulatory Care Center FREQUENTLY ASKED QUESTION

Will MRH be continuing to partner with local providers at the ACC? Will other clinics or organizations be at the ACC?

The ACC will strengthen relationships with local healthcare providers and feature them at the new ACC location.

Montrose Regional Health is partnering with independent providers in our communities to offer care at our new ACC. Most recently, Cedar Point Health announced they are joining the Montrose Regional Health ACC. Discussions with additional community partners are currently ongoing. Information on site partners will be announced when it is available.

Learn more at MontroseHealth.com/ACC

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isaac.snell@yahoo.com



DARRELL & JULIA BOREN

Broker Associates
The Boren Team
1425 Hawk Parkway
Darrell (970) 768-3399
Julia (970) 380-3783
darrellboren@gmail.com



DANA GLEASON

Broker Associate
306 East Main Street
(970) 209-2451
danagleasonrealtor@gmail.com



JUSTIN GLEASON

Broker Associate
306 East Main Street
(970) 275-5930
justingleasonrealtor@gmail.com



KELLY LANDEN

Broker Associate
306 East Main Street
(970) 234-7918
kelly@norris-snell.com



JENNIFER WEBER

Broker Associate
1425 Hawk Parkway
Cell (970) 589-2999
Office (970) 249-8900
wno501@aol.com



ANN STALEY

Broker Associate/GRI
306 East Main Street
Cell (970) 275-1219
annstaleyrealtor@gmail.com



EMALEE MORRIS

Broker Associate
1425 Hawk Parkway
Cell (970) 275-2189
Fax (888) 487-7616
emaleemorris78@gmail.com



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1425 Hawk Parkway
Cell (970) 275-4679
terrifletcher1980@gmail.com



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Broker Associate
306 East Main Street
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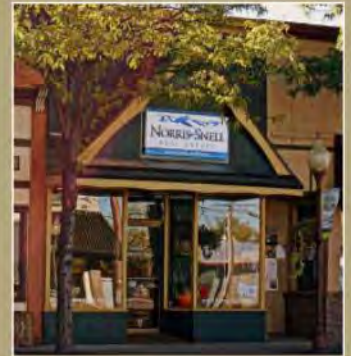
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...WATER IS FOR FIGHTING

By Lauren Hall Ruddell, Ph.D.

MONTROSE-The fourth annual West Slope Water Summit on Thursday, Nov. 10 started off with some apocryphal language by event organizer and County Commissioner Sue Hansen. "We really are in the fight of our life," Hansen intoned in her introduction to the day's expert speakers and local water authority panel members. By "we," she meant generally water users in the Upper Basin of the 1922 Colorado River Compact, but most specifically water users in the Uncompahgre Valley (including the Ridgway and Delta areas). And the expertise presented over the next few hours seemed to confirm her prediction.

There was a lot of discussion about the terms Prior Appropriation (first in time, first in right) versus Equitable Appropriation, a different metric that is intended to distribute *volume* fairly between all of the claimants. But is it truly fair and equitable? The first speaker of the day explained in vivid detail why the current water situation in a two-decade drought is anything but fair to the farmers, ranchers, and citizens of the Upper Basin.

The first speaker of the day, General Manager of the Colorado River District Andy Mueller, shared details on the legal machinations between the four states of the Upper Basin (Wyoming, Colorado, Utah, and New Mexico) and the needs of the exploding populations of the Lower Basin (and much dryer) states of Arizona, Nevada, and California. Within the state of Colorado, prior appropriation is the law, but between states, equitable appropriation is primary. The Uncompahgre Valley irrigates less than 83,000 acres of land for a portion of the year, but the Imperial Valley alone in California irrigates 500,000 acres, year-round, in a desert. And according to the speaker, they know that they are in non-compliance with the compact and have been for years, and they don't care, while the United States Bureau of Reclamation consistently takes the Lower Basin's side in any dispute. Now them's are indeed fightin' words.

The fact that the Western Slope's Color-



General Manager Andy Mueller explains the current state of the water wars, noting the heavy hand of the Bureau of Reclamation. Photo by Lauren Hall Ruddell.

do River District and the Southwest Water Conservation District supply approximately 70 percent of the water input to the Colorado River helped to illustrate to the audience of 400 attendees what the fight that Commissioner Hansen mentioned was all about. The vast majority of the waters depended upon by seven states, two countries, and 30 tribal nations originate on this side of the Continental Divide. We got it, they want it, and that includes the Front Range cities just as much as Phoenix and Los Angeles.

Next week is the 100th anniversary of the Colorado Compact, a document that was intended to distribute this vital resource equitably among numerous claimants, and a document that is being deliberately ignored by both California and the Federal Government. The doctrine of equitable apportionment was the brain-child of Colorado water managers a century ago, to insure that 50 percent of the water was allocated to, and used by, the two basins equally. Mexico and the tribes were not at the table for a portion of those rights, although they are now. Anyway, in a case of 'no good deed going unpunished', the Lower Basin states have shanghaied far more water than they are entitled to,

and in order to keep Lake Mead from drying up, they are asking for even more (although in all fairness they are finally taking some hesitant measures to reduce the draw down on Lake Mead). Small measures will not be enough, since all users combined are consuming on average 2 million acre feet of water yearly above sustainable levels, in a system that averages 12 million acre feet, not the 14 million being drawn out in the last decade. And according to the state demographer, Colorado's population will grow half again by the year 2050, meaning a populace of 9 million water users, rather than the current 5.5 million. Alarming, to say the least. In circumstances this dire, the inherent unfairness of the allocation is raising legal questions, and if the drought continues at its present level without relief, Mueller feels certain that the matter will definitely end up before the Supreme Court in 2026. In the last few years, UVWUA 'hooded thugs' (the speaker said with tongue in cheek), have and will continue to lock down head gates and deprive local users of water in order for the district to fulfill its legal obligation for Colorado River water contribution. This makes planning for seed orders and field management a

...WATER IS FOR FIGHTING From previous pg

nightmare for Upper Basin agriculture, especially since most users don't have a firm idea of their allotment until March, a bit late in the game for most producers. Meanwhile, the Lower Basin states irrigate with no such uncertainty, and use almost as much as they ever have with little restraint. This means that as the climate for Upper Basin states heats and dries further, and the Lower Basin uses more than they are entitled to (they use 60 percent of the water, not the 50 percent they are entitled to) and the tribes and Mexico make their claims as well, then litigation between states, basins, and the federal government is a virtual certainty. Mr. Mueller's presentation made the free coffee mugs handed out with the words "Whisky is for Drinking, Water is For

Fighting" imprinted on them even more relevant after this speaker concluded this power packed presentation.

The other speakers on the topics of climate trends, the role of the federal government in water management, new remote sensing applications for assessing water use in experimental crops, and efforts by the state of Arizona to conserve water (which they have made some interesting progress on, especially water banking and underground storage) rounded out a very full agenda. In addition, a surprise panel was very informative. Since the head of UVWUA, speaker Steve Pope, was home with Covid, the 'hooded thugs' in attendance formed an impromptu panel to answer local's questions. They winged it very skillfully and it turned out to be one

of the more informative sessions. They are actually very nice folks just doing their job, and I can attest to this from personal experience.

For readers who want to get more information on water issues right from the horse's mouth, you can email the main office in Glenwood Springs at... edinfo@crwcd.org

To get more information on the remote sensing water conservation and experimental crops programs that were presented in great detail by Dr. Perry Cabot, interested parties can contact him at... Perry.Cabot@colostate.edu.

The entire program is available to stream, courtesy of Montrose County, at: <https://www.montrosecounty.net/891/West-Slope-Water-Summit>

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COMMUNITY OBITUARIES

JERRY DONALD OVERTON

June 21, 1943 - November 1, 2022

JERRY DONALD OVERTON, 79, passed on November 1, 2022, in Montrose, Colorado. Jerry was born on 21 June 1943 to George L. and Lucille Baldwin Overton in Memphis, Tennessee. He had two sisters, Barbara and Nell (deceased), and two brothers William and James (deceased). Jerry grew up in Memphis Tennessee where he graduated from Oakhaven High School. He went on to the University of Tennessee where he received his bachelors and master's degrees in Agriculture. He then went on to receive a masters and doctorate degree in Counseling and Ethics from Southern Methodist University. He became a licensed marriage and family therapist, a clinical member of the American Association for Marriage and Family Therapy, and a graduate of the Coach University and the School of Coaching. He was also a Master Certified Coach of the International Coach Federation. After completing his college education in Tennessee, he managed a purebred Hereford ranch and then became a salesman for John Deere, selling heavy farming equipment. After feeling a calling to get more involved in a religious life, he left the business world, and went on to become an ordained Methodist minister.

For the next twenty-two years he served churches in Dallas, Texas, and the surrounding area. He also served as Executive Director of The Southwest Career Development Center.

After retiring from the ministry, he moved to Colorado, "to be more immersed in God's creation and enjoy the intimate community of a small town." He first lived briefly in Silverton, then Ouray before moving to Montrose where he became an associate at the Montrose United Methodist Church focusing on contemplative worship and spiritual growth.

Following his passion for helping people develop their own spiritual leadings, he founded The Center for Personal and Spiritual Growth. He was able to acquire the church building at Park and South Sixth St. where he held services as well as evening discussions and worship. He became a student and teacher of A Course in Miracles which was gaining more popularity as a Christian spiritual path.

He also became close friends with Trappist Monk Father Thomas Keating at St. Benedict's Monastery in Snowmass, Colorado. Keating had revived the Catholic tradition of Centering Prayer and Jerry often served retreats at the St. Benedict's Retreat Center, enriching the lives of all who came.

In 2001 he wrote then published *Divine Guidance-The Secret Way to an Abundant Life*. The book explores, through myths as well as personal true-life stories, how one can lead a fulfilling life in a complex world that can be very difficult and challenging.

He loved the outdoors of Colorado and enjoyed hiking and playing golf when he

was not reading and writing poetry or making his annual pilgrimage to Fayetteville,

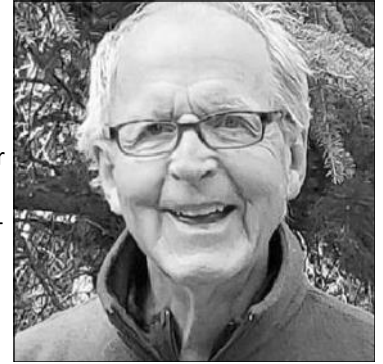
Arkansas, which became his second home. He particularly enjoyed country-western and blues music. But whatever he was doing, he most enjoyed doing it with friends.

His life of engaging people, whether in service to the community or recreating in the outdoors, led him to comment to a close friend, "Because of the depth and richness of my spiritual life, I have completely re-created my life so that I am truly living the life of my dreams." Not only by teaching, but also by example he helped hundreds to move onto a more enriching life of their own.

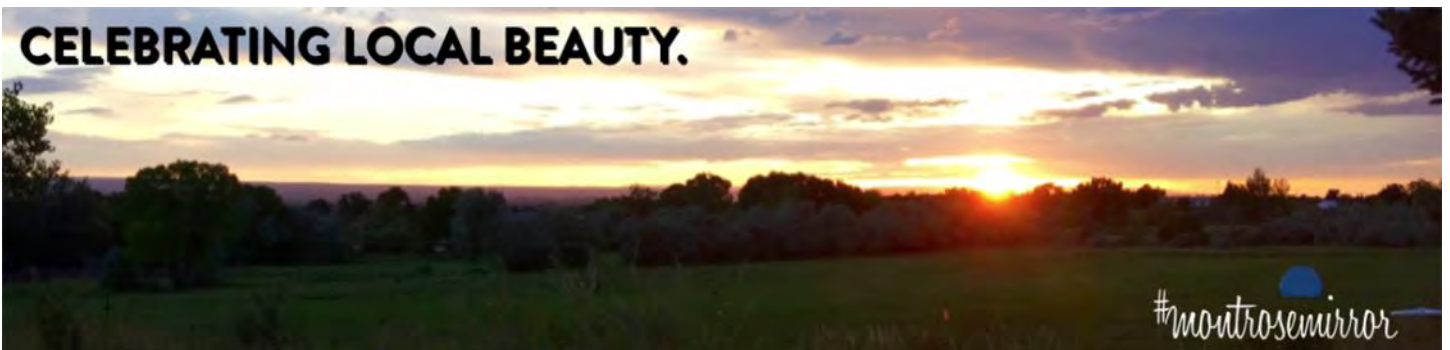
Jerry is survived by his former wife Martha O'Brien of Nashville and their children Amy Overton Hunt of Alexandria, VA and Jason Overton of Nashville.

Crippin Funeral Home is assisting with arrangements.

In lieu of flowers, Jerry asks for donations to be made to Hope West, Montrose.



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COMMUNITY OBITUARIES

ROY WHITE JR.



ROY WHITE JR. was born in Houston, Texas on September 28, 1936, to Roy and Evelyn White. He was an only child. His family moved to Chama, New Mexico in 1946 because of his father's failing health. Roy went to school in Chama as his family was building a summer home on the Brazos River.

During this time, Roy had a lot of new adventures. He rode in the Chama Rodeo and had the privilege of being bucked off by a calf. He was always proud of that! He also rode the Cumbres-Toltec railroad to Osier one winter and skied back to Chama. While living in Chama, Roy rode his horse

eight miles each day to catch the school bus, then rode his horse home at the end of the day.

In 1950, Roy's dad got a job in Los Alamos with Zia Co and they moved from Chama. That was back when Los Alamos was still a closed town. Roy attended Los Alamos High School and graduated in 1954. He was in the band, ran track, and played football. He also played on the ice hockey town team, the Rams. After high school, Roy left Los Alamos to go to college at Texas Tech University in Lubbock, Tx. He always felt it was a miracle that he graduated college with a degree in geology. He joined the Navy in 1958 and was in the middle of the Pacific Ocean when he graduated in absentia bouncing around the Pacific Ocean on two destroyers (aka. Tin cans)

After his naval service, in 1961, Roy was employed by the Los Alamos Scientific Laboratory, later the Los Alamos National Lab in the Engineering Department. He worked over six years in the Chemistry and Metallurgy Research building and over 30 years as a facilities engineer in C Division. He was very involved with all the new supercomputer installations and maintenance.

Roy was a devoted hunter, fisherman, and outdoor man. He loved camping and teaching his sons the skills of the outdoors. Roy loved people and a good party. He met Jan Cabbell from Borger, Texas and they were married in August of 1962.

Roy and Jan had two children, Jeff who was born in 1964, and Ed who was born in 1966.

Roy was a member of the American Legion, a life member of the VFW, and the NRA. He was also a member of the Pajarito Church of Christ. He was very proud of these associations. Roy spent many hours hunting and fishing with his friends, but also with his wife and sons. He taught his family that they could sit in one spot in the great outdoors for an hour and continue to see something different. He loved God's Green Earth.

Roy and Jan traveled to Alaska, Hawaii, British Columbia, Australia, New Zealand, Fiji, Florida, the Black Hills and through most of the Southern and Western United States.

Roy's favorite music was country western. Jan and he loved to waltz. Waltz Across Texas, by Ernest Tubbs was a favorite. Roy also loved to entertain family and friends at the cabin playing his accordion. He was an accomplished trumpet and accordion player. He was self-taught as he did not know how to read music, but learned everything by ear.

Roy is survived by his son Jeff, his wife Jill, and their three children Julia, Caleb, and Joanna. He is also survived by his son Ed, his wife Jenny, and their two sons Mac and Hank. Honorary pallbearers: George Brooks, John Chamberlin, Charles Belville, Bud Shultz, Jim Frybarger, Dave Jennings, Greg Glover, and Ron Turner.



COMMUNITY OBITUARIES

MOLLY JOHNS

December 31, 1939 – October 12, 2022



MOLLY BESS JOHNS, age 82, passed away October 12, 2022. Molly was born December 31, 1939, in Oregon City, Oregon to Joseph and Ruby Atchison. Molly grew up in Canby, Oregon and graduated from Canby Union High School. She attended and graduated from Oregon State University in Corvallis, Oregon. There, she met the love of her life, Eldon Johns. They were married June 16, 1962, in Aurora, Oregon and had four sons: Bryan, Douglas, Roger, and Corey.

Due to Eldon's job with the Bureau of Reclamation, the family moved several times and lived in Washington State, Nevada, and Colorado. Utilizing her degree in Home Economics, Molly worked for Jefferson County Public Schools in Lakewood, Colorado for 16 years. After retirement in 2001, Molly and Eldon moved to Montrose, Colorado. Molly loved spending time with her grandchildren, quilting, gardening, traveling, playing cards with friends, and volunteering in her community. And wherever Molly lived, there was always a much loved and terribly spoiled cat or two with her.

She is survived by a sister, Marilyn Reed (Clark) of Alberta, Canada, sons, Bryan (Elena) of Seattle, WA, Douglas (Marti) of Albuquerque, NM, Roger (Lori) of Hillsboro, OR, Corey (Jennifer) of Parker, CO, grandchildren, Emmeline, Artemis, Travis, Mitchell, Caterina, Ashley, Eric, and great-

grandson, Hayden. Molly was preceded in death by her parents, her husband, Eldon, and a sister, Judith.

A private funeral will be held at Grand View Cemetery. In lieu of flowers, the family asks that donations be made to the American Cancer Society. Crippin Funeral Home is assisting Molly's family.

BRETT M. PATTERSON

On Friday, November 4, 2022 our beloved Brett M. Patterson departed this earth and went to his eternal home at age 65.

Born in Phoenix, Az Brett's childhood was filled with Sunday drives into the desert, vacations to National Parks with his mother, grandfather and two older brothers, as well as participating in Boy Scouts all of which nurtured and grew his passion and love for all things in Nature. He held so much respect and awe for the world around him, from the tiniest of flowers, to the largest of animals. It was not unusual to find Brett captivated with an almost childlike wonder and appreciation at everything Nature would show him, grinning ear to ear with his contagious smile.

Brett was a man who took life in stride, and absolutely never let anything bring him down. His positive outlook on life was humbling, extraordinary and awe-

inspiring. He was never afraid to speak his mind or his heart, encouraging the best in everyone. He was quick with wit, ready with a laugh, and never afraid to be a goofball, even at his own expense, at the most unlikely of times. This world would be a vastly different and better place if everyone held his same zeal for life and desire to be happy, despite the storm being weathered. Brett was one that knew there was always a shore, always a light-house, and there was always a sun shining behind the clouds.

Above all else, Brett will forever be remembered for his love of family. There was no end he would not go to for any of his loved ones, especially his daughter, Heather and then later his grandchildren, Thomas and Savanah. They were his world and truly his life's pride and joy.

As our hearts are heavy in his leaving and



he will be sorely missed by those left behind here on earth, we find peace knowing he was greeted by the welcoming and loving arms of his Heavenly Father and of his mother, Ruth, and young son, Matthew. Crippin Funeral Home is assisting the family with arrangements.

REGIONAL OBITUARIES

JEROME ROY DANTZMAN *July 20, 1946-October 29, 2022*

Jerome Roy "BUD" "DIRTY DOG" "FUDSIE" Dantzman was Born July 20, 1946 in Oakland California and Passed away on October 29, 2022 at St Mary's Hospital in Grand Junction Colorado after an unfortunate accident.

Jerome was born to Ardyce Blowers and he was named after Geronimo. He was adopted by Joseph Dantzman as a child along with his siblings, which was a huge blessing and life changing event! He honored his Father Joe with all that he was and NEVER ONCE considered himself as adopted but as a blessed son of an amazing, hard working, honest, integrity filled, kind hearted, responsible and loving man!

Roy was preceded in death by both parents Joseph and Ardyce Dantzman, sisters Katherine Marie Dantzman, Diane Silbaugh, and Judy Workman, also his cousin James Flickenger (who passed in Vietnam) and niece Melinda Metcalf.

Roy is survived by his only child Rochelle Sifuentes. Also survived by his grandchildren Schanae Guerra, Scharie (Janett) Dantzman, Mario Mercado and Oscar Mercado, as well as his great grandchildren Ramiro García, Brian Dantzman, Noah Dantzman, Sincere Guerra and Santino Guerra.

Roy is also survived by siblings Tom (Christine) Dantzman, Valerie Eggleston, Tracy Schlacter and Adria Dantzman as well as numerous nieces, nephews, extended family and friends!

Special Mention survivors include his Heartfelt Brothers Joe (Kathy) Derence, Perry (Michele) Allen, Greg Metcalf, as well as Mike (Robin Miller) Shanahan, Dave (Sharon) Wilson, Myron "Mike" (Cathy) Ullman, Steve (Pam) Baker and close friends Cindy Lou Clark, Lexi Baker and Martha Dusio. Roy is also survived by close in heart Marshall (Bill) Hubbardt and Eric Chinn whom he guided spiritually throughout the years!

ROY WAS DEFINITELY A FORCE OF NATURE!

Roy graduated in 1964 from Montrose High School and loved to attend and be a part of planning in the class reunions.

Roy's young adult life was rather turbulent until a powerful encounter with Jesus Christ happened, softening and created in him a new spirit which resulted in many positive changes and started a life long rhythm of helping others.

Roy was able to overcome many obstacles associated with his extremely severe dyslexia which affected his life clearly up until the very end.

Roy was the King of our corner, and he had Absolutely mind blowing physical and mental strength. My father was a Jack of all trades and the only person I know who was stronger than me in this world!

Roy took pride in all things great or small that he accomplished and even more so the things that he did for others as he wanted the job done right the first time! He would sacrifice his needs to make sure that things happened for others!

One of Roy's most noteworthy gifts was his amazing love and dedication to act on behalf of the elderly. This was a lifelong journey for him as some of whom had almost totally been forgotten by all others. He cared for his Father Joe both physically and emotionally. In later years they truly became very close once my father was able to overcome obstacles and their bond was then truly unbreakable! Honorable mentions in his acts of loving kindness were Denver and Marilyn Emmons. He took such pride in caring for their needs and wants. It was so important to him that they were safe at all times. Roy truly enjoyed decorating their home each holiday for everyone on their lake to enjoy. Denver was most definitely his best buddy and I can clearly remember the pain in his voice and the sadness in his eyes when he passed. After his passing he took much pride in saying "I am on my way to take Marilyn on a date". Eugenia Beasley was another example of his loving care as she had been almost completely forgotten by her family. Roy knew Eugenia since he was a child and advocated for her until the very end. She was in a care facility for years before she passed at the beautiful age of 102 and he would visit her every

day and made sure that she had her Hershey's kisses fully stocked in her bedside drawer. Roy definitely LIVED HIS FAITH OUT LOUD! He didn't just talk the talk, he actually

walked the walk. He was very passionate about his beliefs and his greatest gift was in sharing the Love of Jesus and through his faith he definitely planted many seeds for the Kingdom. He was a KINGDOM minded worker and a Whole Hearted Soldier for Gods army, which made him a great example to all who came to know him.

Roy was definitely one person that you could truly trust with your life! He was truly humbled by being able to be a confidant for many, even a very wealthy friend, who confided in him quite often because he was tight lipped and extremely trustworthy. He inspired many to truly be a better person and has done a lot of amazing things for a lot of great people, some actually more than their own family would ever do.

Roy spoke often of his memories of working in the woods with his Father, brother Tom and Chief. Roy often recalled the many times his brother Tom had his back and took care of him as a child. Tom stood by his little brother in life as in death by being there for him as he took his last breath. Roy's sisters certainly feel so very grateful for the fact that he was always there any time they needed him and express the deep pain they feel in this huge loss. His sister-in-law Christine shares that she and Tom looked forward to Sunday afternoons as Roy would come and visit right after he got out of church. He actually inspired her to start reading her bible again. He will be truly and sadly be missed by many of us.



JEROME ROY DANTZMAN From previous pg

Roy walked with integrity and respect for others and especially when and where it was due. Those qualities were embedded in him deeply. He was impacted deeply by his Father Joseph and Uncle Fred Dusio and it was extremely evident in the presence that Roy carried.

Roy was extremely well liked and respected in the business world with his many years of interior design work. Interior Galleries Design was one of the first and longest lasting businesses that exists even to this day. There is also Tempo 4 Inc. in which he assisted in creating The Bible App for cell phone and computer usage.

He also had a business called the Black Canyon Cowboy Corner which is located in the Sherman and Ross Block Building that is under the U.S. National Register of Historic Places and is registered in The Colorado Historical Society. Roy's many years of design work included well-known and respected businesses, actors, millionaires and billionaires homes and cabins.

His Extreme talent is shown in his design work at Mountain Lodge Telluride Colorado. He took such pride in the Uncompahgre River Valley and San Juan Mountain area in which he lived and respected.

Roy was an excellent glazier for many years for different companies with honorable mention to his work and apprenticeship with Tony (Belva) Heinz Glass Co. Tony was like a second father to Roy and he acquired many talents in his work with him. Other than the talents learned in glass he learned life lessons on how to overcome life's obstacles. Tony was a very important influence of Roy's life and the

guidance he provided was beautifully and powerfully instilled in my fathers spirit! He did the windows in many of the tall buildings in Pueblo Colorado as well as the mirror work in The Pueblo Mall. He also did glass and mirror work in Las Vegas, one especially noted as being The MGM Grand. Roy's talent in glass and mirror work was truly impeccable and should be noted! My Father made a mini glass table and chair set for me as a child and I will cherish it forever. He made many beautiful glass jewelry boxes for family members throughout the years.

Roy sure loved to be on the road! His mental processing was extremely powerful when he was on the road and it was also a beautiful time of regrouping for him, balancing him out both spiritually, and mentally. He was so physically and spiritually fit because he strived for better on a daily basis. His Love and respect for our Father God and His Word was always first and foremost in his life!

Jerome's Native American Culture was an extremely important piece of his identity which was evident in many aspects of his life, Power to the Shasta Nation Modoc Tribe of our ancestors who fought hard and strong through it all and have gone before us in strength and power!

I as his daughter Rochelle would just like to express my gratitude to all who have come forward in prayer, love, manpower, advice and financial assistance. Continued prayers are much appreciated for this long bumpy road I have ahead of me, as I do my best to honor my Father in life and in death.

My wish is that all who were touched by his life come humbly to the Throne, completely into the Light of Jesus Christ and fully become an important piece in the Kingdom of God! I would lastly like to share that my Father stated his greatest wish was to be "AT THE RIGHT HAND OF THE FATHER, NEXT TO HIS BROTHER JESUS" which is exactly where I know he now sits in his forever home.

John 3:16

For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.

Romans 8:38-39

For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

Revelation 28:4

And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away.

Psalms 34:18

The LORD is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit.

Revelations 3:20

Behold, I stand at the door, and knock: if any man hear my voice, and open the door, I will come in to him, and will sup with him, and he with me.

Thank you for reading

THE MONTROSE MIRROR

ISSUE 396 Nov. 14, 2022

ART & SOL

GAMBLING GALS IN THE OLD WEST



Courtesy photo.

By Kathryn R. Burke

COLORADO- "Ante up, gents," instructs the lady dealing the cards. "Sweeten that pot." But wait! A woman dealing? You bet. It's 1885, and women aren't always welcome at many gambling tables and establishments...as players. But a notorious few do sit at the head of the table, dealing cards (mostly from the top of the deck) and making their fortune as migrant gamblers flock to their tables. The allure of a female cardsharps, especially those with bared bosoms and packing a pistol in their petticoats, only adds to the excitement.

From the mid-1800s to about 1910, the area was booming. Ninety-five percent of the new arrivals were men. Gambling was their favorite entertainment and saloons with games their favorite hangouts. Miners, railroaders, lumberjacks, and the entrepreneurs who provided them with whiskey, women, and gambling—all designed to part them from their money—came in ever-increasing numbers. The women who followed were mostly red-

light district working girls looking for a better way of life than farming and raising babies. Shady ladies, Soiled Doves—a few of the more enterprising left the bedroom and moved to the bar room, running the bordellos or "sporting houses" and often the gaming parlors as well. Or just running the game, usually poker or Faro, the most popular game of the time.

Men ruled. and serious gamblers considered the fairer sex bad luck. Others saw them as a distraction, which was true. Nonetheless, a surprising number of women became successful gamblers. Unfortunately, many of those gals also hooked up...at one time or another... with their male counterparts—often to their detriment. While these ladies were hot-shot card players they were less successful when it came to choosing their men. But not to worry. When the gent of the moment cleaned them out, they went back upstairs and reverted to their former profession until they had enough money to get back to the dealing cards. Or, as most of them packed a pistol and knew how to use it, they shot the man who took their money and moved on to the next boom town.

Gambling was considered a respectable profession. It was also the most popular form of entertainment—next to drinking... but the two went hand-in-hand, along with chewing tobacco and smoking cigars. Most everybody engaged in all three. Spitoons were parked at every gaming table, where sloppy spitters and spilled

whiskey kept the floors slippery. (And made it hard to sneak up behind a player to peer at his hand.)

Card games went on for years. The longest poker game in history was played in the basement of the Bird Cage in Tombstone, Arizona. Played continuously for 24 hours a day, 7 days a week from 1881 to 1889, it lasted for a total of eight years. An estimated \$10 million was exchanged in the game. Among the most notable people who participated at one time or other were George Hearst, Diamond Jim Brady, Wyatt Earp, Doc Holliday, Bat Masterson and Adolphus Busch. No women are mentioned in historical accounts of the Bird Cage. But they were out there, following the money from one boomtown to another and dealing cards as they went.

Perhaps the most famous of the gal gamblers was Alice Ivers Duffield Tubbs Huckert. Known as "Poker Alice," she is not typical of how and why lady gamblers of the Old West got their start or stayed in the game. Although she was married—and widowed—three times, each union was with a good man. Alice was astute at more than just cards. Nor did she start out as a working girl. Alice only turned to running a sporting house late in life, after being widowed for the third time.

Poker Alice was a strong, independent woman at a time when women had few options in life. She smoked cigars, carried a gun, and played cards for a living, winning more than a quarter of a million dollars during her career.

A much-loved Montrose tradition for 28 years!



Community Thanksgiving Dinner

**Friendship Hall
Thursday, November 24th
12:00 – 3:00 PM**

**Join us for a free Thanksgiving dinner
with all the trimmings. Everyone is welcome!**

**Donations are appreciated, but not required. Donate online
or mail your check to PO Box 3540, Montrose 81402.**

If you wish to volunteer, call **970-318-6724 or sign up online.**

**We are very happy to offer delivery to our home-bound
neighbors. Please request delivery by noon on Wednesday,
November 23 by calling **970-318-6759** or signing up online.**

MontroseCommunityDinners.com



MONTROSE
Community Dinners



COMMUNITY NEWS BRIEFS: EDUCATION

JAMES MASON ACCEPTED FOR ENROLLMENT AT PALMER COLLEGE OF CHIROPRACTIC

Special to Art & Sol

DAVENPORT, IA-- James Mason of Mont-

rose has been accepted for enrollment for the fall 2022 trimester in the Doctor of

Chiropractic degree program at Palmer College of Chiropractic's Main Campus in Davenport, Iowa.

Palmer College of Chiropractic, the first and largest college in the chiropractic profession, has campuses in Davenport, Iowa; San Jose, California; and Port Orange, Florida.

DineOutMontrose.com

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Alpen Confections
970-648-0609

Remington's at the Bridges
970-252-1119

Camp Robber
970-240-1590

Stone House
970-240-8899

Mimo's
970-249-0616

Pahgre's
970-249-6442

My Favorite Muffin
970-765-0076

Rib City
970-249-7427

Light House Eatery
970-964-4424



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COMMUNITY NEWS BRIEFS

MIRROR CONTRIBUTOR LAUNCHES NEW BOOK *FOR WHERE YOU GO I WILL GO - Destination Colorado*

By Bob Cox

MONTROSE-After years of research into the Castello family, Bob Cox has recently released a fictionalized account of the family, from Spain and Ireland to Wisconsin and Missouri, finally into the Territory of Colorado during the gold rush of 1859. Follow the family and embrace the history, which they became part of. Cox is the third great grandson of James Castello, the first judge in Park County and the founder of Florissant, Colorado.

Cox says, "Everything in this book is based on fact and it is all true, except the parts I made up."

The book can be purchased through the following links:

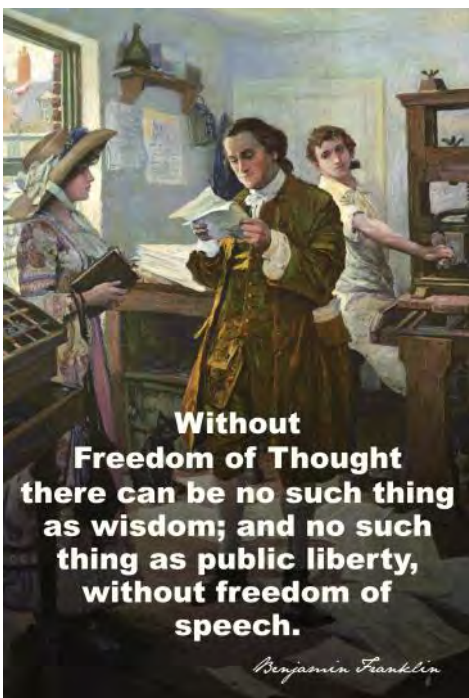
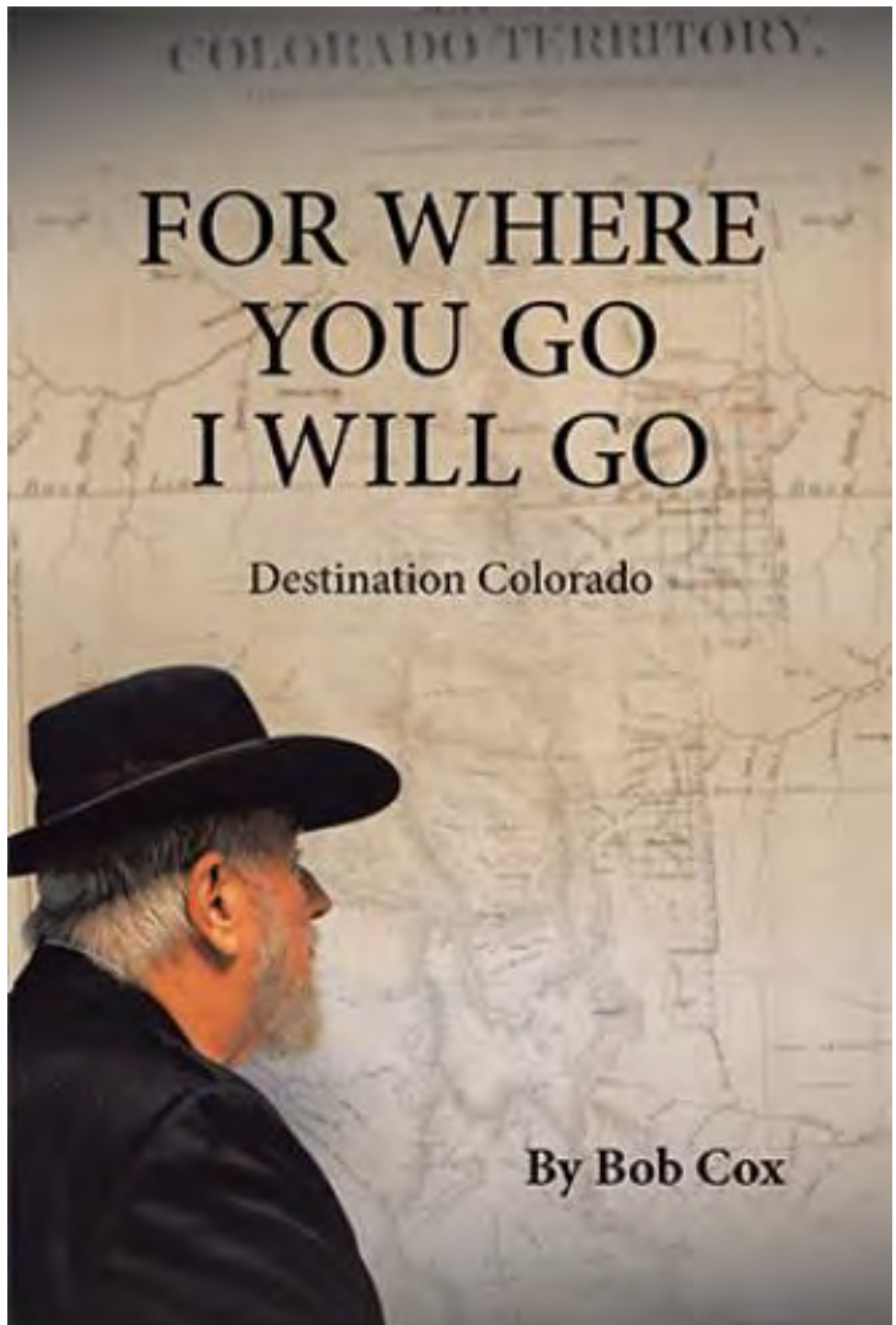
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**Without
Freedom of Thought
there can be no such thing
as wisdom; and no such
thing as public liberty,
without freedom of
speech.**

Benjamin Franklin

MONTROSE ELKS LODGE

Tues NOV 15TH 6:30 PM



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801 South Hillcrest, Montrose CO 81401

COMMUNITY NEWS BRIEFS

MONTROSE WELCOMES LOCAL HYMN FEST PRODUCTION



Special to Art & Sol

MONTROSE-For more than 25 years, Hymnfest has been a biannual performance of religious songs of worship in Grand Junction. The production was originally begun by Dr. Monte Atkinson, Emeritus Professor of Music, at Colorado Mesa University. It is a free concert being brought to Montrose for the first time. Each song is centered on Jesus Christ, and this will be a wonderful opportunity to


welcome in the Christmas season.

While Hymnfest was interrupted during the Covid shutdown, its returning performance was held last weekend, Oct. 30, in Grand Junction. This near one-hour presentation was a moving experience, touching many of the approximately 1,000 people in attendance, ending in a stirring standing ovation. Songs were selected from well known Christian hymns, including pieces from the Mormon Tabernacle

Choir. Also introduced was a new composition from local artist, and Montrose resident, Nathan Howe.


Dr. Atkinson's tenure at CMU spanned from 1985 to 2018. He served as department chair for 10 years and grew the choral area from 10 students, when he was hired in 1985, to 115 students in 2018. Additionally, he served for two years as faculty trustee through the institution's critical transition into becoming a university. CMU choirs under his direction performed with the Denver Chamber Orchestra, Mexico National Symphony, Vancouver Symphony, Grand Junction Symphony, and CMU Symphony. Atkinson was also invited four times to represent CMU at Carnegie Hall in New York City as a guest conductor. Furthermore, he has conducted choirs throughout the world.

This interfaith choir consists of more than 100 local musicians and will include a full symphony orchestra. The Montrose performance will take place at the Pavilion Sunday, Nov. 13, at 6 pm. This free concert is open to the public, eight years of age and older. The address is 800 Pavilion Drive.



249 8500

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see something, say something

COMMUNITY NEWS BRIEFS

CALL FOR SUBMISSIONS - COLORADO CREATIVE INDUSTRIES SUMMIT, JUNE 1-2, CRESTED BUTTE

Special to Art & Sol

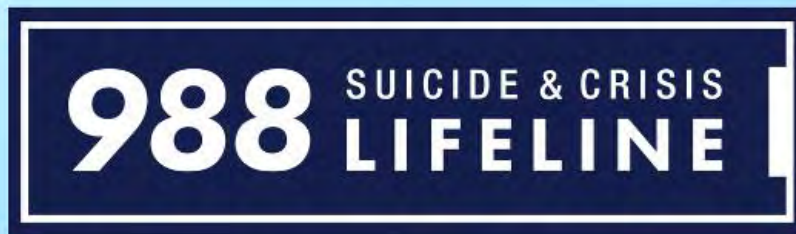
COLORADO-The Creative Industries Summit is the annual event for Colorado creatives to connect, learn, and be inspired. More than 300 creative stakeholders from over 60 Colorado cities and towns attend the summit.

The two-day event offers exhibits, performances, networking opportunities, speakers, classes, and workshops.

The event is ideal for both early- and late-career creative leaders including artists, board members, community leaders, creative entrepreneurs, creative industries advocates from all sectors, elected officials, emerging creatives, executive directors, municipal and nonprofit cultural workers, and program staff.

The 2023 summit will be held in Crested Butte on June 1-2. Sign up for the [Colorado Creative Industries newsletter](#) to stay updated on this event.

Session proposals are now being accepted for the CO Creative Industries Summit. PROPOSALS ARE DUE NOV 14.



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COMMUNITY NEWS BRIEFS

STATE HISTORICAL FUND AWARDS \$296,377 IN COMPETITIVE GRANT FUNDING

Special to Art & Sol

COLORADO-History Colorado's State Historical Fund awarded \$296,377 in competitive grant funding to eight applicants across seven different counties in the state of Colorado earlier this month. Over three-quarters of the award amount impacts rural Colorado and two grants directly assist Hispano/Hispanic communities in the San Luis Valley. This round of grants, known as Mini Grants, allows Colorado communities to request up to \$50,000 to support preservation and archaeology projects that save the places and stories they cherish. Since 1981 preservation projects in Colorado have

created more than 27,000 jobs and generated a total of nearly \$3.9 billion in direct and indirect economic impacts, adding \$2.2 billion to Colorado's GDP.

The projects for this round of Mini Grants range from repair and rehabilitation of Coke Ovens near Glenwood Springs to planning and facilitating the transition of the historic Hayden Ranch in Lake County to a preservation-focused owner and steward.

In addition to this round of Mini Grants, the State Historical Fund will award General Grants in December. These larger grants fund similar preservation projects but range from \$50,001-\$250,000. Both

the Mini Grants and the General Grants are awarded in the spring and fall annually. Additionally, the State Historical Fund has a series of non-competitive grants that are awarded on a rolling basis and can provide up to \$15,000 in funding.

History Colorado's State Historical Fund awards grants funded by limited stakes gaming in the towns of Black Hawk, Central City, and Cripple Creek for preservation of significant buildings, structures, objects, districts, and archaeology sites in Colorado.

A full list of projects funded by the SHF can be found at <https://historycolorado.org/state-historical-fund>.

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MIRROR CHURCH DIRECTORY

ALL SAINTS ANGLICAN CHURCH

Anglican Church in North America
Address: 2057 S. Townsend, Montrose, CO 81401
Office Hours: Varies and by appointment
Contact Information: (970) 249-2451
<https://www.allsaintsmontrose.org/>
Priest: The Rev Gary L. Way
Worship Service Times:
Sunday, 9AM, Holy Eucharist.

CHRIST LUTHERAN CHURCH

Denomination: Christ Lutheran Montrose
Affiliation: Lutheran Church Missouri Synod
Address: 1980 N. Townsend Ave., Montrose, CO 81401
Contact: 970-633-0226

FIRST CHURCH OF THE NAZARENE

Denomination: Church of the Nazarene
Address: 705 South 12th Street
Office Hours: Monday - Thursday 9 am- Noon and by Appointment
Contact Information: Office Phone 970 249-9213, mncfirst@gmail.com, www.montrosenazarenechurch.org

FIRST PRESBYTERIAN CHURCH MONTROSE

Affiliation: Presbyterian
Address: 1840 E Niagara Rd. Montrose CO. 81401
Office Hours: M-Thu 9AM - 12PM
Contact: 970-249-4732, info@fpcmontrose.com

HILLCREST CONGREGATIONAL UNITED CHURCH OF CHRIST

Denomination affiliation: United Church of Christ
Address: 611 South Hillcrest Drive, Montrose, CO 81401
Office hours: By appointment
Contact information:

MONTROSE MEDITATION CENTRE

The Meetings will be on Tuesdays at 6:30 PM at 602 N. Nevada in Montrose, 81401 at the Lions Park Community Center. Brought to you by Denis Hoin Darby, a Buddhist Zen Monk. Contact Rev.Hoin.Darby@gmail.com for more information.

MONTROSE UNITED METHODIST CHURCH

Denomination Affiliation: United Methodist
Address: 19 S. Park Avenue Montrose CO. 81401
Office Hours: M-Thu, 9 a.m. - 2 p.m.
Contact Information: 970-249-3716, office@montroseumc.org, montroseumc.org

Wednesday, Noon, Multi-denominational Prayer Hour. There are multiple Bible Studies during the week. All Saints Anglican Church is Biblical, Anglican and Orthodox. The Liturgy (order of service) is from the Anglican Church in North America Book of Common Prayer (2019). Music is a combination of traditional hymns, contemporary, and more modern songs. This is a family-sized church that welcomes all individuals

Website: www.montroselutheran.org

Email: montroselutheran@gmail.com

Pastor: Tim Onnen

Worship: Sundays at 9 AM

Sunday School and Adult Bible Class at 10:15 AM; Women's Bible Study Fridays at 9 AM. At Christ Lutheran Montrose you will

Pastor: Buddy Cook

Services Sunday: Worship 10 AM, Adult Bible Study 11:30 AM Worship includes age-appropriate children's ministry during adult worship.

Wednesday: Prayer Boot Camp - 7 PM

Mission Statement: *Montrose First Church of the Nazarene exists to make Christlike*

form@fpcmontrose.com,

www.fpcmontrose.com

Pastor: Jesse Mabanglo

Worship Service times: 9:30AM,

Student Worship at 6PM. *We strive to encourage, challenge and support one another*

Phone number: (970) 249-9047

Email address: office@montroseucc.org

Website: montroseucc.org

Current Pastor: Rev. Wendy Kidd

Worship service times: Sunday, 10 a.m.

Hillcrest Congregational UCC is a welcoming, open and affirming church, open to all no matter who you are or where you are

and families. We are currently comprised of families and singles, ages 25 to 90. Fellowship time follows each Sunday Service with a potluck meal following the service on the 3d Sunday.

All Saints Anglican Church

2057 S. Townsend Ave

Sunday Holy Eucharist, 9 am

The Rev Gary Way, Interim Priest

allsaintsanglicanmontrose.org

find friendly people gathered in a welcoming environment being comforted and encouraged by the forgiveness and love of Jesus, and sharing that with one another.

We are a small congregation of seniors and middle-aged, sprinkled with young children and teenagers.

disciples in Montrose Colorado and around the world.

Demographics: Our church consists of older and younger people. We have younger families with children and young teens and older adults as well. We also support the work of Calvary Ranch Colorado and its addiction recovery ministry.

er through spiritual growth, worship, and service in our community, country, and world. We also encourage children and youth to grow their relationship with Christ through our children and student ministries.

on life's journey.

Church demographics: HCUCC welcomes all ages to worship with

us. (predominately family, youth, seniors, singles)

We offer inter-generational worship with a children's "prayer-ground" and activity packets. A cry room is also available.

inclusive, loving and just servants of Christ. Our church family welcomes people from various cultural and faith backgrounds: single, married, remarried, with or without children, from diapers to dentures. Wherever you are on your spiritual journey we invite you to come discover hope, joy, peace, purpose.

MIRROR CHURCH DIRECTORY From previous pg

ROSEMONT BAPTIST CHURCH

Affiliation: Southern Baptist

Address: 1598 E. Niagara Road, Montrose, CO 81401

Office Hours: Tues-Thurs, 9am-4pm

Contact information:

Phone: 970.249.4887

website: www.RosemontBaptist.org

email: office@rosemontbaptist.org

Senior Pastor: Rolland Kenneson

Worship Service Times: Our engaging and relevant Sunday Worship Service is at

10:45 AM. We also have Bible Study for All Ages Sunday mornings at 9:15 AM. We provide a professionally-staffed nursery throughout both.

Rosemont Baptist's desire is to passionately bring people face-to-face with the life-changing power of Jesus Christ.

We are a multigenerational church from different walks of life who love Jesus, love each other, and love our community. Everyone comes dressed in whatever is comfortable. We love meeting new people no

matter what stage of life they are in.

Children's services: *We have a fun Sunday School for children from four years old through youth. We provide Children's Church during the Sunday Worship Services where children four years old through 9 years can learn to be worshippers of Jesus.*

We provide a nursery for children under four years old with paid staff providing excellent care during Sunday Morning Bible Study and Worship Service.

SPIRITUAL AWARENESS CENTER

Denomination affiliation: Independent Interfaith

Address: Meeting at Lions Park Community Building, 602 N. Nevada, Montrose
Office hours: Tues-Fri, 9 am to 4 pm,

Home Office – 970-252-0908

Contact information: Rev. Dr. Arlyn Macdonald, 970-252-0908,
arlyn@spiritaware.org,
www.spiritaware.org

Name of current pastor: Rev. Dr. Arlyn

Macdonald, Senior Minister; Rev. Catharine Gates, Associate Minister. Spiritual counseling available.

Worship service times: In-person Sunday Unity Service at 11 a.m., (Social Time begins at 10 a.m.); Quiet Meditation at 10:30 a.m. Virtual Afternoon Service on Zoom at 2:00 p.m.; Chai Chats, a Wednesday morning midweek informal gathering at 10:30 a.m. at Pun Hill Himalayan Restaurant, Montrose; Thursday Empowerment Circle at 10:30 a.m. on Zoom. Everyone is wel-

come. The Spiritual Awareness Center is an interfaith spiritual community welcoming spiritual seekers and people of all faiths, providing a safe place to explore and nurture the individual's unique connection to the Divine through Unity services, classes, family and community projects, including the Great Community Give-away and Wellness Fair. People of all ages are welcome. There are currently no Sunday School or nursery services provided but craft supplies are available for youth.

SUMMIT CHURCH OF MONTROSE:

Denomination affiliation:

Southern Baptist

Address: 10977 60.75 Rd. Montrose, CO 81403

Office hours: Varies

Contact information:

phone number: 970-275-7026

email: summitchurchmontrose@gmail.com

website: www.summitchurchmontrose.org

Name of current Senior Pastor: John De-

Sario

Worship service times: Sunday Worship is at 9 am followed by a time of fellowship and snacks. Summit Church has frequent Bible studies and other events for adults, young adults, youth and children. Please visit <https://www.summitchurchmontrose.org/events> for more information.

Summit Church Montrose is a new church plant that preaches the Word of God,

reaches the lost with the Gospel of Jesus Christ and equips Christians to serve the Lord. Summit Church has people of all ages!

We have families with children (babies, school aged, recent high school and college graduates) There are retired couples and widows. During the Sunday sermon we offer teaching for children ages birth to Kindergarten, in a kid friendly room called Base Camp.

VICTORY BAPTIST CHURCH OF MONTROSE

Denomination Affiliation: Independent Baptist

Address: 2890 N Townsend Ave., Montrose, CO 81401

Office Hours: Monday-Friday 8am-12pm

Contact Information: Phone (970) 249-6874;

email at info@vbcmontrose.org; website: vbcmontrose.org

Current Pastor: Roland Kassales

Worship Service Times: Sunday School at 9:30am, Sunday AM Service at 10:30am, Sunday PM Service at 6pm, Wednesday Night Service at 6:30pm (all services include childcare)

Victory Baptist Church exists to exalt God, edify saints, and evangelize the lost.

Demographics: *Victory Baptist serves everyone with age-appropriate classes, groups, and activities. Families with children make up the majority of VBC with young adults, singles, middle-aged couples, and seniors comprising the rest.*

Church Directory

Mirror Editorial Staff

MONTROSE-As a way of serving the faith community in Montrose, the Montrose Mirror is in the process of establishing a Church Directory. If your congregation or fellowship would like to be included in the directory, please supply the following

information to the Montrose Mirror:

Name of church

Denomination affiliation

Address Office hours

Contact information (phone number, email address, website)

Name of current Senior Pastor

Worship service times

Please give a one sentence description of your church and its mission in the Montrose community.

Brief description of your current church demographics (predominately family, youth, seniors, singles).

Do your church services include Sunday School and childcare?

GO FORTH, ACTIVATE YOUR GRATITUDE

By Rev. Dr. Arlyn Macdonald

You wouldn't think that a small thing like saying "thank you" would be one of the most powerful forces in the universe, would you? Well, it truly is! It isn't just the power of the words themselves, but the power behind the words, the power that is represented by those intentions of gratitude.

Gratitude is one of the major principles of living a spiritual life, along with compassion and forgiveness. It is so powerful that it can change lives. When we purposefully and consciously make the shift from feeling sorry for ourselves, having a pity party, to counting our blessings, the power of gratitude takes over and brings us back to our balance point, to knowing the Truth of who we are. That's powerful!

Within gratitude we find appreciation. When we appreciate instead of picking something or someone else apart, we are filled with grace. Grace is an action of our soul that is being raised up. Grace is life becoming more life. It is the soul developing itself from within. (F. W. Robertson gives us those thoughts about grace.) When we appreciate, our soul is being raised up. We are becoming more of the life we are meant to be.

Gratitude is not something we can hold in our hands, or something we can direct by just saying the words. Gratitude is a feeling and when we add appreciation and love, that's when the power is activated. One of the first phrases we are taught as

children is "thank you." Our parents teach us about gratitude at an early age. It shows we are respectful to others. We weren't taught that we should also be grateful to ourselves. Saying "thank you" is looked upon as a sign that we were brought up properly. And we want to be thanked when we do something for someone else and feel slighted if they don't offer the words.

Saying "thank you" is an action of the mind and is on the beginning end of the gratitude scale. Feeling grateful is in the middle of the scale and is an action of the heart. Being grateful is on the end of the scale and is the action of the soul. Just as we can be the peace, we can also be the gratitude. We can breathe in that feeling of gratitude, pulling it into each and every cell of our bodies until we radiate gratitude. What happens when we begin to radiate gratitude? It starts attracting more for us to be grateful for. This power of gratitude is magnetic. It brings more of what you are grateful for into your life. Every time we feel gratitude and especially when we say, "thank you" and really feel it, we are uplifting our souls into grace. What can we do when our souls are uplifted into grace? Here is a story that illustrates how grace works. We often are shown this wisdom through the actions and words of children. A four-year-old boy saw his neighbor sitting on the porch next door. The child's mother watched as the child stopped what he was

doing and went out the front door and started down the sidewalk to go next door. The mother thought, "Should I stop him or watch and see what happens?" She decided to watch. The child climbed carefully up the front steps of the neighbor's house and then he climbed into the neighbor's lap. They just sat there together for quite a long while. Then the boy climbed down from the man's lap and came home. The mother asked him what he had said to the neighbor and the little boy said, "Nothing, I just helped him cry." The neighbor had just lost his wife a few days before. This is what happens when our souls are uplifted into grace. When there is nothing left but God, that is when you find out that God is all you need. That little boy was expressing the grace of God through his simple compassionate act of bringing his presence to the neighbor in those few moments. And the neighbor was grateful. Karen, age seven, said, "When you love somebody, your eyelashes go up and down and little stars come off you." Gratitude should make you feel like that. When you are filled with gratitude, little stars of grace should burst out of you. Thanksgiving is a time to think about the power of gratitude, but it is also a time to practice gratitude. Be grateful for all your blessings. Look for the good, activate your gratitude, uplift your soul into grace and sit back and watch the miracles come into your life. Go out into the world today with gratitude and grace in your heart.

Now more than ever...

Thank you for reading

THE MONTROSE MIRROR

COLORADO NEWS BRIEFS

COLORADO PARKS AND WILDLIFE COMMISSION TO MEET NOV. 17 - 18

Special to the Mirror

GATEWAY – At a hybrid in-person/virtual meeting in Gateway, the Colorado Parks and Wildlife Commission will make final considerations on revising personal floatation device types to match U.S. Coast Guard changes, removing the high-use fee at certain parks, changing the daily vehicle pass fee to \$10 at all state parks, making modifications to the Centennial pass requirements and documentation needed, removing Panorama Point at Golden Gate Canyon from the designated event facility list, revising regulations to provide discounted camping rates for seniors who purchase the non-motor vehicle individual annual pass and adopting regulation for the replacement of a lost or stolen non-motor vehicle individual annual pass. The Commission will also make final con-

siderations on revising the walleye bag and possession limits at Rifle Gap, revising a fishing restriction in Vallecito Creek, expanding the southwest youth extended season for fall turkey to all available GMUs in the state, adopting regulation to allow air-gun hunting of turkey in the fall and late seasons, annual changes to turkey seasons and quotas, revising boundary names for a Game Management Unit and a Bighorn Sheep Unit, revising license fees and license agent commission rates, modifications to the low-income annual Colorado State Wildlife Area pass and modifying the limited license application and drawing allocation processes for deer, elk, pronghorn and bear to include a rolling three-year average for licenses requiring ten or more preference points.

The Commission will open an annual re-

view of big game provisions including: amending the definition of an adult novice hunter and revising the license list classification for the adult novice hunting license and adult novice ranching for wildlife license, modifying the GMU boundaries for 123, 124, 125, 128 and 129, modifying the GMU boundaries for 008 and 191, modifying the hunting closure on Mount Evans, as well as modifying hunt codes and licenses related to deer, elk, pronghorn, moose and mountain goat.

The meeting is scheduled to begin at 8 a.m. on Thu., Nov. 17 with a Commission tour of Outdoor Wilderness Lab (OWL) campus and adjourn at 5:15 p.m. The commission will reconvene at 8:30 a.m. on Fri., Nov. 18 and adjourn at 10:30 a.m. The next commission meeting is scheduled to take place on Dec. 9.

MONTROSE COUNTY ADMINISTRATION BUILDING

COMMISSIONERS, VETERAN SERVICE OFFICER & MEDIA RELATIONS

NEW ADDRESS

1140 N Grand, Suite 250
Montrose, CO 81401
(970) 249 - 7755

HOURS

Monday - Thursday
8am - 5pm (Lunch 12pm - 1pm)
Friday by Appointment Only

BOCC MEETINGS & WORK SESSIONS

BOCC Meetings and Work sessions will continue to be held at the Planning & Development Building located at:
63160 LaSalle Road
Montrose, CO 81401

QUESTIONS?

Call (970) 249 - 7755 or visit www.montrosecounty.net



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DOOR: \$25
ADVANCE: \$20

CASH BAR
DOORS: 6PM
SHOW: 7PM



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Saturday Nov 19, 2022
6:PM to 11:PM

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\$20 Single
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pfb.com/northsidechildhealthcenter

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(970) 249-7751
cedarpointhealth.com

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deltacounty.com/8/personal-health-services

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MESA COUNTY HEALTH DEPT

510 29 1/2 Rd Grand Junction
(970) 248-6900 **VFC PROVIDER**
health.mesacounty.us/services/family/immunizations

VFC (VACCINES FOR CHILDREN)

The Vaccines for Children Program (VFC) is a federally funded program that provides vaccines 0-18 years of age who are enrolled in Medicaid, who have no insurance, or who are American Indian / Alaska Native. *Children who are underinsured may receive VFC vaccines at a federally qualified health center (FQHC) or rural health center (RHC).

340b

The 340b Drug Pricing Program is a US federal government program created in 1992 that requires drug manufacturers to provide outpatient drugs to eligible health care organizations and covered entities at significantly reduced prices.

CITY MARKET SOUTH

16400 South Townsend Ave Montrose
(970) 240-1994 **340B PARTICIPANT**
Register Online

Flu	Shingles
Pneumonia	MMR
Tdap	Rabies
Meningococcus	Polio
Chickenpox	Japanese Encephalitis
Hep A	Hep B
	COVID-19

WALGREENS

2351 South Townsend Ave Montrose
(970) 252-1743
Register Online

Flu	Shingles
Pneumonia	HPV
Tdap	MMR
Td or DT	Rabies
Meningitis	Polio
Varicella	Japanese Encephalitis
Hep A	Typhoid
Hep B	Hep A/Hep B
	COVID-19 (Moderna)

CVS (IN TARGET)

3530 Wolverine Dr Montrose
(970) 497-8981
Register online

Flu	MMR
Hep A	Tdap
Hep B	Varicella
Hep A/Hep B	Pneumococcal
HPV	Meningococcal
Shingles	Hep A/Hep B
Typhoid	Japanese Encephalitis
Polio, adult	COVID-19 (Pfizer & JJ)

CITY MARKET NORTH

128 South Townsend Ave Montrose
(970) 249-2064 **340B PARTICIPANT**
Register Online

Flu	Shingles
Pneumonia	MMR
Tdap	Rabies
Meningococcus	Polio
Chickenpox	Japanese Encephalitis
Hep A	Hep B
	COVID-19

SAFEWAY

1329 South Townsend Ave Montrose
(970) 249-1160 **340B PARTICIPANT**
Register online

Flu	Shingles
Pneumonia	Tetanus
HPV	Pertussis
MMR	Meningitis
Hep A	Hep B
	COVID-19

WALMART

16750 South Townsend Ave Montrose
(970) 249-7742
Walk-in's welcome

Flu	Hep A & Hep B
Shingles	IPV
Tdap	Varicella
Td	Pneumococcal
MMR	Meningococcal
	COVID-19 (Moderna & JJ)

STACIE'S APOTHECARY SHOPPE

112 Village Square West Ridgway
(970) 626-7100

Flu	Pneumonia
Shingles	Tdap



Please note that this list is not exhaustive and is not an endorsement of any pharmacy or provider. Visit www.cdc.gov/vaccines for the latest recommendations. Please contact your Pharmacy or Provider to confirm availability of vaccines. Montrose County Public Health will not provide immunizations after June 30th, 2020. Last Updated 7-25-2022.

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ONGOING-

Schedule a \$10 **RIDGWAY TRUE GRIT WALKING TOUR** of downtown filming sites. Named readers choice for best historic town tour by True West magazine. Contact evebeckerdoyle@icloud.com

MEDITATION CENTRE in Montrose. Meetings will be on Tuesdays at 6:30 PM at 602 N. Nevada in Montrose, 81401 at Lions Park Community Center. Brought to you by Denis Hoin Darby, a Buddhist Zen Monk. Contact Rev.Hoin.Darby@gmail.com for more information.

NEWCOMERS AND NEIGHBORS welcomes adults who are new to Montrose or have been here awhile, who would enjoy learning more about the town and area, plus have opportunities to participate in social activities. Meetings are held on the first Wednesdays of the months September-May (Dec./holiday party TBA). We gather at 10:00-11:30 am in the downstairs meeting hall of Cedar Creek Church (222 S. Townsend and S. 3rd). Hope to meet you there! Contact Patti at 951-544-6289 with questions.

NURSE FAMILY PARTNERSHIP-Beginning Sept. 1st, NFP will be hosting a Breastfeeding Support Group on the 1st and 3rd Thursday of every month. This is a great opportunity to come talk to Montrose County NFP nurses Jodi Hyatt, RN, BSN, IBCLC and Kim Cook, RN, IBCLC and get support from fellow moms. An infant scale will also be available to check your baby's weight. **WHAT:** Breastfeeding Support Group (Bring your questions and your family!) **WHERE:** Montrose County Event Center (1036 North 7th Street Room 3) **WHEN:** 10am - 12pm. Questions? Please call 970-252-5015.

BINGO EVERY FRIDAY, SATURDAY, SUNDAY at 7pm at the American Legion Post 24 Olathe doors open at 5:30. Sunday Bingo will start at 1:30pm after Nov. 6. More info call Tom 970 260 8298.

FREETHINKERS meet 1st Sunday of the month at 1pm. more info at 970-708-8333.

THE HEALING COLLECTIVE OF WESTERN COLORADO offers local practitioners, who focus on healing the whole being, to attend a free one-hour informative get together every first Tuesday of the month from 12p to 1 pm and every third Tuesday from 6 pm to 7 pm, upstairs at the Mother Earth store on Main Street. We support one another with our practices, business, and personal needs. For more information please contact Erin Easton at ErinKEaston@gmail.com

THE MONTROSE GENEALOGY CENTER at 700 E. Main St. is now open Wednesday and Thursday afternoons, 1-4 p.m. or call for an appointment: 970-240-1755. Free help and resources for your family history research."

(The center is sponsored by the non-profit organization, Fore-Kin Trails Genealogical Society.)

MONTROSE FARMERS MARKET SCHEDULE

Holiday Market Dates: First three Saturdays of November and December-10am-1pm

MONTROSE ALTRUSA-1st Tuesday of the month Program meeting; 2nd Tuesday of the month committee meeting; 3rd Tuesday of the month Business meeting. Meetings are held at the Hampton Inn conference room at Noon.

MONTHLY

Nov. 16-Rick Trujillo, local geologist, runner, and resident of Ouray, will present the story and geology of dinosaur sauropod tracks discovered in the Lower Quartzite in the upper Jurassic age Morrison Formation at Gold Hill and West Gold Hill in Ouray. Chipeta Chapter of the Archaeological Society, Wednesday Nov. 16, at 7 pm. United Methodist Church, 19 S. Park Ave, Montrose. We meet the third Wednesday of each month in Montrose. For more information see <https://www.chipetachaptercas.org/>

Nov 17- 6-8 pm. Mosaic. Alcohol Ink and Drink. Christmas ornaments. All materials and a drink provided. Also, a cash bar for more. Register here. <https://kathrynrburke.com/111722>

Nov. 19-The San Juan Weavers Guild will celebrate its 44th Annual Show and Sale on Saturday, November 19, 9 a.m. to 4 p.m., at the Ute Indian Museum, 17253 Chipeta Rd., Montrose. One of the area's oldest holiday traditions, this one-day event is free, and the public is encouraged to attend. Up-to-date information about the guild and show & sale are available on the guild's website, www.sanjuanweavers.org.

Nov. 21-Citizens Climate Lobby meeting Monday Nov. 21st 5:30pm Montrose library meeting room, nonpartisan, national environmental action group-info 970-765-9095

Nov. 25-26-Don't miss the 47th Annual Basement Boutique Craft Show and Sale at the Montrose Pavilion, locally hand-crafted gifts for all ages, 9am to 4pm. Central checkout for your shopping convenience. Canned goods appreciated for Sharing Ministries Food Bank.

Dec. 3- Christ Lutheran Church Nativity Presentation 4 PM at Centennial Plaza.

Dec. 28-Home for the Holidays-Musicians AJ Fullerton and Erik Stucky perform at the Montrose Pavilion. \$\$20 advance, \$25 at the door. Doors open 6pm show at 7pm. Cash bar.



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*Photo of calf at left
by B. Switzer.*

*Photo at right by
Linda Lake.
"Heading back to
Montrose, I
snapped this stunning
photo of
"sunkissed" Storm
Peak, Tower Moun-
tain and Dome
Mountain in Silver-
ton, Colorado!" she
said.*



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