

the Montrose Mirror

Local news, free to you

Issue No. 509 Nov. 28, 2022



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CCIC DATA PROVIDES SNAPSHOT ON DOMESTIC VIOLENCE

Cited by studies as related to mass killings, domestic violence reflected in local agency stats



The Montrose County Sheriff's Office, above, reported 71 cases of domestic violence in 2021, a decrease of 10.13 percent compared to 2020.

Mirror staff Report

COLORADO-Following the mass killings at Club Q in Colorado Springs on Nov. 19, news has emerged that perpetrator Anderson Lee Aldrich was allegedly apprehended but not punished in a domestic violence incident just a year and half prior, the records of which have apparently been sealed.

As reported by the *Denver Gazette*, "On June 18, 2021, Aldrich was booked into the El Paso County jail on two counts of felony menacing and three counts of kidnapping after a bomb threat and stand-off at his mother's home... Aldrich was jailed but formal charges never were filed and the case has been sealed."

While penalties for violent domestic abuse can vary, academic studies have established a connection between domestic violence and mass shootings. Studies include "Firearm

Continued pg 12

THERE ARE SO MANY WAYS TO GIVE!

by CB Williams

MONTROSE-What is giving?

The Thanksgiving to Christmas holiday period is all about giving and the people in Montrose and surrounding areas have already spent countless hours and dollars preparing food for others, serving others, giving to others.

For instance, it has been reported that Montrose Community Dinners served nearly 2,500 people on Thanksgiving Day. Richard Seager of Montrose, a visitor at Shepherd's Hand last Friday, was planning to enjoy yet another turkey dinner, served at lunchtime by the giving hands of many volunteers at the 505 S. Second St., Montrose, Center.

Jim Ryan, also of Montrose, said he enjoyed a turkey dinner at the Methodist United Church just a few nights prior, and was going to have another at Shepherd's Hand.

Shepherd's Hand is well known as a local helping hand providing all kinds of services seven days a week, including nutritious meals. It is an approved agency of the Food Bank of the Rockies and works with approximately 20 area organizations to spread those services. They rely on donations to make a lot of people's days better.



Richard Seager and Jim Ryan chat outside Shepherd's Hand before joining in on a turkey dinner.

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Rocky Mt. Cravings!](#)

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Book Signing Events!](#)

[Cartoon by Tim Jones!
Regional News Briefs!](#)

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Special to the Mirror

REGIONAL-The National Weather Service Office in Grand Junction invites weather spotters to be honored this week: "Join us this week, in recognizing our Skywarn Weather Spotters! We'll be dedicating a 24-hr period to our "boots on the ground" volunteers, starting at 5 pm on Dec 2nd. Register with the QR code attached and please share with us your favorite weather story or what drove YOU to become a Skywarn spotter!"



THE MONTROSE MIRROR

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Editor@MontroseMirror.com

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Looking for a book club?

The next meeting of the
Montrose Library Book Club
will be **Saturday, December 3**
at **9:00 a.m. in the Library
Meeting Room**

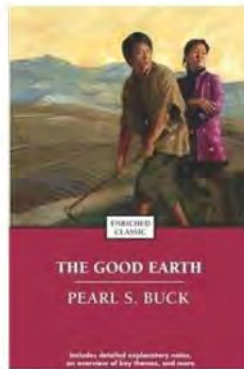
The book to be discussed is
***The Good Earth* by Pearl S. Buck.**

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REGIONAL NEWS BRIEFS

RICHARD WALLER: THE NORTHERN ROUTE OF THE OLD SPANISH TRAIL

Special to the Mirror

MONTROSE-The Montrose County Historical Society presents Richard Waller and the Northern route of the Old Spanish Trail. In December 2022, the Old Spanish Trail was designated a National Historic Trail by Congress. Mr. Waller has traveled the length of the trail using many modes of transportation, preliminary by horseback and has explored the varied route the northern part of the trail took as early merchants traveled through Colorado and Utah to meet the trail in Nevada. The program starts at 7 pm. Wednesday, Dec. 7, 2022, in rooms 1 and 2 in Montrose County Events Center. Admission is free, the public is invited. Light refreshments may be available.

Social distancing and COVID procedures are encouraged.



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REGIONAL NEWS BRIEFS

RIDGWAY NOEL NIGHT 2022 SET FOR DEC. 2

Special to the Mirror

RIDGWAY-Ridgway Noel Night 2022, is Friday, Dec. 2, 4-8 p.m. Businesses around downtown Ridgway will have festive events including holiday visits, music, sales, discounts, giveaways, refreshments, and more. Clinton Street will also have tables with information, products, and art from local nonprofits, entrepreneurs, and artists. A map will be available at <https://ridgwaycolorado.com/news-events/events/noel-night-2022>.



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The days and times for vaccine appointments are subject to change depending on staffing and availability.

For more information on COVID-19 vaccinations visit deltahealthco.org/covid-19-vaccine/.

COLORADO NEWS BRIEFS

CROSS-COUNTRY SKI TRAIL TEMPORARILY CLOSED—PARALLEL ROUTE ADVISED

Connector trail for County-line and Skyway cross-country ski areas closed through Dec. 15

Special to the Mirror

GRAND JUNCTION— The Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests' Grand Valley Ranger District in cooperation with Montrose Forest Products (MFP) and the Grand Mesa Nordic Council (GMNC) announce the temporary closure of National Forest System Road (NFSR) #118—Scales Lake road. The Scales Lake road is currently a haul route for the Kannah Creek Timber Sale. Logging operations began in mid-September and are planned to continue through Dec. 15. Trail grooming and cross-country skiing activities will be limited on NFSR #118—Scales Lake road through Dec. 15. The temporary use of NFSR #118—Scales Lake as a timber haul route will end Dec. 15. No other cross-country ski trail closures will be implemented for this timber sale.

MFP was awarded the contract to harvest and haul the timber from the Kannah Creek Timber Sale in 2021. NFSR #118—

Scales Lake road is the main timber haul route for the timber sale and an important early season route for cross-country skiers due to its smooth terrain and abundant snow cover. Commercial timber harvest is conducted to increase tree age class and species diversity, improve wildlife habitat diversity, increase forest resiliency to insects and diseases and contribute to economics of local area communities.

The early snow on the Grand Mesa coupled with GMNC's offseason trail work, allowed for most of the trails at Skyway and Countyline to be packed and groomed earlier than usual. As a result, the GMUG, MFP and GMNC reached an agreement to extend the winter logging timeframe into mid-December. NFSR #118—Scales Lake road will be closed to skiers during this time to ensure public safety.

This closure cuts off the normal ski route between Skyway and Countyline trail systems. GMNC groomed a short bypass

route that allows cross-country ski access between the two areas via the Kannah Crossing trail. Cross-country skiers are advised to use this short bypass until the closure is lifted.

"The timber that is being harvested is to improve overall forest health, provide forest products to our local industries and limit the spread of spruce beetles on the Grand Mesa," said Bill Edwards, Grand Valley District Ranger. "We are all working together to accomplish a common goal of promoting healthy forests while continuing to provide recreational opportunities to the public."

Visitors should pay attention to and obey all road traffic signs when traveling in or near this area. Please exercise extreme caution when traveling on roads used by logging trucks.

For more information on Grand Mesa Nordic Council visit <https://www.gmnc.org>.

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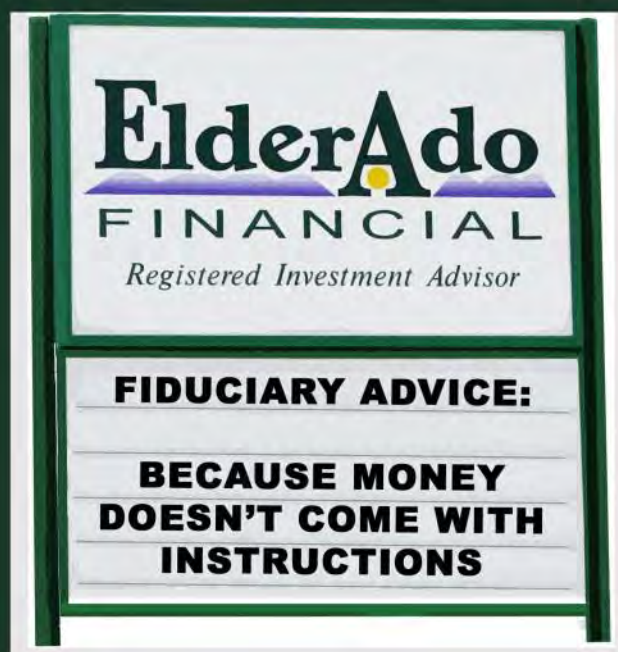
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COLORADO NEWS BRIEFS

SUBMISSIONS DUE BY NOV. 30 FOR STATEWIDE LICENSE PLATE DESIGN CONTEST

Special to the Mirror

LAKEWOOD-- Colorado residents or students interested in participating in the Historic Colorado license plate design Contest need to submit their entries before Nov. 30 to qualify.

The Historic Colorado Contest gives residents and students a shot at designing Colorado's 150th anniversary license plate, plus \$1,000. The contest is accepting submissions until Wednesday, Nov. 30 and has two divisions — 13 and older, and under 13.

Up to 10 finalists per division will be selected by a committee with a final, public vote on the top three designs. The winners will get huge bragging rights, the DMV will feature the artists in all media releases and the winners will each receive a special commemorative license plate and a \$1,000 grant.

Entries will be judged on how well the artwork captures Colorado and its history, the artistic quality and its originality, and how well that design translates into becoming a Colorado license plate.

The Historic Colorado Contest is free to enter and each participant must enter their original artwork. Coloradans interested in participating in the Historic Colorado contest can visit DMV.Colorado.gov/HistoricColorado for complete information, terms and conditions, and templates for drafting submissions.

The DMV will accept a variety of file formats such as EPS, SVG, AI, PDF, and high resolution TIFF and JPEG (3.375 in x 2.125 in at 600 dpi) for entries, and asks that submissions not have any watermarks. Coloradans should email their designs and entry form to

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MIRROR IMAGES: 2022 TREE LIGHTING



Santa greets the crowd warmly despite the winter chill during the annual Montrose tree lighting Nov. 25. Photos by Gunnison Clamp.



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CCIC PROVIDES SNAPSHOT ON LOCAL CRIME DATA From pg 1

Use Increases Risk of Multiple Victims in Domestic Homicides, by Aaron J. Kivisto and Megan Porter, which states, "... Interaction tests showed that the risk of additional victims associated with firearm use was stronger in domestic situations than in nondomestic situations and among male perpetrators. These findings highlight the risk of multiple homicides in domestic homicide situations and the role of firearms in expanding the risk of victimization beyond a single victim."

While individual perpetrators can be difficult to track, statistics can provide a snapshot when it comes to the prevalence of domestic violence within the community. The Colorado Crime Information Center (CCIC) is a computerized information system established as a service to all Colorado criminal justice agencies. Law enforcement agency participation in the reporting system is required by statute, although one local agency continues to show no statistics at all (Ridgway Marshall's Office).

The CCIC web site notes, "Per Colorado Revised Statute 24-33.5-412.(5), each Colorado law enforcement agency is required to submit their crime, arrest, stolen and recovered property data to the CBI. The data published in the Incident-Based pages is produced according to the FBI UCR NIBRS reporting and counting guidelines."

Statewide, domestic violence increased by 3.04 percent from 2020 to 2021. In 2021 there were 20,933 cases of domestic violence reported, with a clearance rate of 62.12 percent. What about Montrose?

Although no longer presenting quarterly crime statistics before City Council, the Montrose Police Department does share stats with CCIC. Numbers reflect that local police responded to 109 reported instances of domestic violence in 2021, a 45.33 percent increase over 2020.

In Ouray County, the Sheriff's Office reported 10 cases of domestic violence in 2021, an increase of 25 percent compared to 2020.

Not all local agencies saw an increase in reported cases of domestic violence last year.

The Montrose County Sheriff's Office reported 71 cases of domestic violence in 2021, a decrease of 10.13 percent compared to 2020.

Also seeing a decline was the Delta Police Department, with 51 cases of domestic violence reported in 2021, a 27.14 percent decrease in cases compared to 2020.

The Delta County Sheriff's Office reported 36 cases of domestic violence in 2021, a decrease of 37.93 percent compared to 2020.

Ouray Police saw no change in the numbers year over year, with one case of domestic violence reported in 2020 and one case reported in 2021.

The Ridgway Marshall's Office reports no crime statistics of any kind to CCIC for 2020 or 2021.



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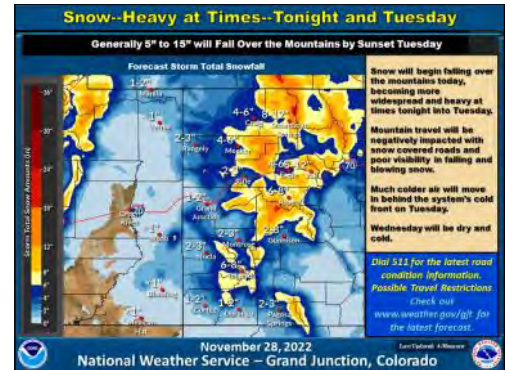
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REGIONAL NEWS BRIEFS

US NATIONAL WEATHER SERVICE GRAND JUNCTION COLORADO: ALERT

Special to the Mirror

REGIONAL-The National Weather Service has issued an alert for this week: Look for an increasing chance of light snow over mainly the northern and central mountains of eastern Utah and western Colorado today as the next winter storm begins to move in. Snow will become more widespread and heavy at times tonight and Tuesday, with 5 to 15 inches expected over the mountains by sunset Tuesday evening. The heavier accumulations will favor the northern Colorado mountains. Winds gusting to 45 mph will cause poor visibility in blowing snow, and with snow covered roads travel conditions will be hazardous. Colder air will move in during the day Tuesday. Wednesday will be dry and colder.



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Questions or comments: Contact Erika Stoerkel at 970-641-7695 or estoerkel@gunnisoncounty.org

BASEMENT BOUTIQUE CRAFT SHOW 2022

Mirror staff photos

MONTROSE-In a tradition that goes back nearly half a century, the 47th Annual Basement Boutique Craft Show drew shoppers to the Montrose Pavilion to browse and buy after the Thanksgiving Holiday, with a variety of artisanal creations and a central checkout for shopper convenience.



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COLORADO NEWS BRIEFS

MARK GALLEGOS NAMED CDA DIRECTOR OF INSPECTION AND CONSUMER SERVICES DIVISION

Special to the Mirror

COLORADO-The Colorado Department of Agriculture has hired acting Division Director for the Inspection and Consumer Services (ICS) Division Mark Gallegos as permanent Director of the Division. Gallegos was promoted internally and is replacing Hollis Glenn, who has moved into the role of the Deputy Commissioner of Operations for CDA. "Mark's many years of experience working in the Inspection and Consumer Services Division and his recent role as its acting director are incredible assets to CDA and our ag communities," said Commissioner of Agriculture Kate Greenberg. "Mark brings with him the skills necessary to lead a team of inspectors and other staff who deal with issues as broad as fertilizer use, produce

safety, pet animal facilities, and farm dispute mediation. His more than 25 years at CDA, as well as his family's 500-year history of farming and ranching in Colorado, have allowed him to be well versed in the many functions of the Division and highlight his commitment to Colorado agriculture." Gallegos began working for the Department of Agriculture in 1997. Mark began his career as a grain warehouse examiner. In 2002, he became the Farm Products Program Manager. Before becoming Acting Director of ICS, he was Section Chief of the Technical Services Section (TSS). In that role, he developed strategic planning and analysis and directed administration and daily operations for TSS. His regulatory work has given him an opportunity to engage with a wide range of in-

dustries including livestock, grain, and feed manufacturing.

"It's an honor to serve the state of Colorado as CDA's Director of the Inspection and Consumer Services Division. I look forward to continuing to collaborate with Colorado's Agricultural Industry in this new role," said Mark Gallegos. Gallegos graduated from Colorado State University with a bachelor's degree in Agriculture Business and comes from a family that has been involved in agriculture in Colorado since the late 1500s.



Mark Gallegos.
Courtesy photo.

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CARTOONS: SOUR GRAPES BY TIM JONES

SOUR GRAPES

by Tim Jones



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THERE ARE SO MANY WAYS TO GIVE! From pg 1

That is a lot of giving.

But that is just scratching the surface.

Earlier this month the Montrose Community Foundation (MCF) announced the opening of their annual Impact Grant Cycle, which closes this Wednesday, Nov. 30.

What is MCF?

The Foundation, which started as a Rotary Club, has been around 30-plus years in the Montrose area and has morphed into a conduit for all kinds of community giving. According to Sara Plumhoff, executive director of MCF, the Foundation offers alternatives for giving.

For example, Plumhoff said, if an individual wants to give money directly to the Black Canyon Boys and Girls Club, that is great, but they also can donate something like a car or RV, stocks and bonds, even real estate, to the club through the Foundation.

Or donate a large sum they would like to spread out over several years for tax purposes.

A couple of funds Plumhoff said are in the forefront of many people's minds right now are Cobble Creek Angel Trees and Heroes for Kids-Montrose County.

The Angel Tree project, headed by Cathy Hoffman, provides gifts, clothing and food for children who would otherwise go without on Christmas morning. Trees are placed around Montrose...at Cobble Creek, DMEA, Timberline Bank, Community Bank and other spots...where donors can pick an "angel" tag off the tree and buy for specific children, or they can donate to the program through their website or MCF.

Heroes for Kids-Montrose County, headed by Sheriff Gene Lillard, each fall has local law enforcement and firefighters connect with needy families through school resource officers.

The children go on a shopping trip and to breakfast with a hero.

Heroes for Kids allows \$200-\$250 per child, to spend on their siblings, parents, friends and grandparents as well as themselves. The children range in age from kindergarten to fifth grade.

There are numerous other existing funds donors can pick from on the MCF donate website, or donors can set up their own fund, in any number of ways that fit their needs and wishes.

Other popular MCF funds this time of year include, but are not limited to, Dolphin House, Habitat for Humanity of the San Juans, Helping Hand, Kids Aid, Montrose Christmas Meals, Shoes for Kids (Montrose Rotary Club) and MERF (Montrose Emergency Relief Fund).

Back to the grants

Plumhoff said the Impact Grants this year will be distributed the second half of January 2023. The application is easy to find and fill out before the Nov. 30 deadline.

"Last year in our Impact Grant Cycle we gave out \$80,000 to 28 different organizations," she said, and she anticipates the amount will be similar this year.

"This year so far we've had 16 applications submitted and 39 started," she continued, "I imagine we'll end up with about 40 completed applications."

And that, Plumhoff said, is just through their up to \$5,000 Impact Grant cycle.

"In our last fiscal year (July-June) in general we granted out \$450,000 to 80-plus nonprofits total," she said, "and that includes grants through our funds and more than \$200,000 in scholarships."

Scholarship applications will open up soon, usually the first part of December, she said. Last year dozens of scholarships were awarded through MCF, including three full-ride scholarships through the Nick H. Gray Memorial Scholarship fund. In the past, MCF has awarded grants to a wide variety of individuals and organizations, including for capital projects like the City of Montrose Amphitheater, Montrose High School scoreboard, Centennial Middle School equipment, Naturita economic development, and Montrose Recreation



Sara Plumhoff, Executive Director, Montrose Community Foundation, Courtesy Photo.



Six and eight year olds enjoying the season of giving.

Center's park renovations and CARES grant.

MCF is wide spread throughout the community and Plumhoff said the nine-person board and she would like to see an increase in unrestricted giving. Right now MCF has about \$5 million in assets, she said, but most of the assets are restricted, meaning they are managed for particular purposes, many as perpetual endowments.

There are about \$900,000 in unrestricted funds among those assets, and there are policies that control the percentage of those funds that can be granted out.

She said more unrestricted funds would mean MCF could do more to address some of the bigger needs in the area, such as housing.

What else describes giving?

The very old and the very young have similar views on giving, just maybe different ways to say it.

A 70-something-year-old man said, "Giving is donating to others who need it." He recounted a story when he was working as a policeman in a large city and knew of a man in need in one of the worst parts of town.

"I went out one Christmas Eve and took dinner to this guy."

Oftentimes the giving does more for the

THERE ARE SO MANY WAYS TO GIVE! From previous pg

giver than the receiver.

A local six-year-old girl said it is about "giving love and kindness to my family and friends.

"I might give my friends friendship bracelets."

And an eight-year-old boy said, "Giving is giving people kind deeds...also nice stuff they need, not just toys..."

He said he's learned a lot about giving

from his family, and they are adopting a family who is experiencing some hard times.

They will pick out some clothes for the children and maybe some toys, too.

He also talked about a food drive at his Montrose elementary school where he served as ambassador.

"I helped collect and count the cans," he said. The school children gathered nearly

500 cans of food to distribute to those in need.

And he has been learning to quilt this year and gave away one of his creations.

That is giving.

Whether it is a gift of money, toys, a meal, card or hug, or doing a chore like cleaning up leaves for an older neighbor, one thing is certain...

There are so many ways to give.

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**Understanding
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OPINION/EDITORIAL: LETTERS

U.S. DECLARATION OF INDEPENDENCE STATES THAT WE ALL HAVE THE UNALIENABLE RIGHT TO LIFE, LIBERTY, AND THE PURSUIT OF HAPPINESS

Dear Editor,

Why is it OK to murder unborn babies, but not OK to murder three students at the University of Virginia? Why is it alright to murder thousands of unborn children, but not alright to murder five adults at a Colorado Springs bar? Why is it considered society's right to take the lives of pre-born babies at a proposed abortion clinic in Pueblo, but it's not socially acceptable to

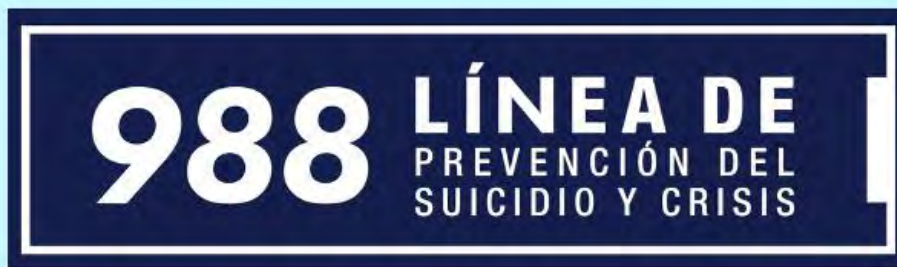
kill dozens of children at school or scores of adults at shopping malls? When and how did "civil" society decide it's OK to flagrantly toss aside the lives of pain-feeling heart-beating babies in utero?

Most civilized people are against war, because it destroys people and lives. When do we stop the war on babies? When do we all start working to save their lives and protect their

rights? The U.S. Declaration of Independence states that we all have the unalienable right to LIFE, liberty and the pursuit of happiness.

LIFE is number one. Depriving someone of that particular right is criminal, whether it be an unborn baby, a school student, a middle-aged adult, or an incapacitated oldster.

Bob Ernst, Montrose



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UNITED STATES NEWS BRIEFS

USDA AND THREE TRIBAL NATIONS TO ENTER HISTORIC CONSERVATION RESERVE ENHANCEMENT PROGRAM AGREEMENTS TO SUPPORT WORKING LANDS CONSERVATION

Special to the Mirror

RAPID CITY, SD— Three Tribal Nations in the Great Plains are partnering with the U.S. Department of Agriculture (USDA) to help conserve, maintain and improve grassland productivity, reduce soil erosion, and enhance wildlife habitat through the Conservation Reserve Enhancement Program (CREP). The Cheyenne River, Oglala and Rosebud Sioux Tribes are entering into CREP agreements with USDA's Farm Service Agency (FSA) to enroll eligible grassland, pastureland, and other agricultural lands within the boundaries of their reservations in this conservation program.

These are the first-ever CREP agreements in partnership with Tribal Nations— reflecting priorities and goals of USDA to broaden the scope and reach of its voluntary, incentive-based conservation programs to engage underserved communities. Scott Marlow, FSA's Deputy Administrator for Farm Programs, met with Tribal leaders at the Western Dakota Technical College in Rapid City to

highlight the CREP agreements and to discuss the benefits of conservation. Attendees included Tribal chairmen from the Cheyenne River, Oglala, and Rosebud tribes and representatives from the Intertribal Agriculture Council.

"This is a historic milestone for USDA and will substantially bolster our efforts to deploy climate-smart agriculture and conservation in the Great Plains," Marlow said.

"...These agreements underscore not only our strong commitment to equity, but also the vital contribution Native communities make to our country's agriculture and conservation efforts."

CREP is a part of the Conservation Reserve Program (CRP), the country's largest private-land conservation program. CREP leverages federal and non-federal funds to target specific Tribal land, State, regional or nationally significant conservation concerns.

Each CREP agreement authorizes enrollment of: Up to 1.5 million acres by the Cheyenne River Sioux Tribe;

Up to 1 million acres by the Oglala Sioux Tribe; and Up to 600,000 acres by the Rosebud Sioux Tribe. Through these Tribal CREPs, farmers, ranchers, and agricultural producers voluntarily enter into contracts with the federal government for 10-to-15-years, agreeing to maintain an existing vegetative cover of permanent grasses and legumes (Conservation Practice 88), while retaining the right to conduct common grazing practices and operations related to the production of forage and seeding. In return, FSA provides participants with rental payments and cost-share assistance for establishing permanent fencing and livestock watering facilities needed to support livestock grazing.

Only Tribal lands, either land owned by the Tribe or owned by a member of the Tribe, are eligible for these projects. FSA will open enrollment in the coming weeks. To learn more and determine eligibility, farmers, ranchers, and producers should contact FSA at their local USDA Service Center.

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QUESTIONS?

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REGIONAL NEWS BRIEFS

THREE RIDGWAY WOMEN WIN RIDGWAY CHAMBER PHOTO & VIDEO CONTEST



Summer Sunset over the Cimarrons, by Natalie Heller. Courtesy photo.

RIDGWAY-Ridgway residents Natalie Heller, Trisha Oakland, and Katrina Toucke were selected as winners of the Find Yourself in Ridgway Year Round Photo & Video Contest on Nov. 25. The contest was organized by the Ridgway Area Chamber of Commerce to highlight photos of discovery where people are feeding their souls and spirits in the Ridgway area, especially in the quieter times of the year from October to April.

The video winner is Katrina Toucke, who will be awarded \$300, for her 25-second video montage titled Find Yourself in Ridgway Year Round, which included scenes

from around the area such as restaurants, dark skies, Noel Night, Ridgway State Park, and other popular local places and events.

The photo winner is Natalie Heller, who will be awarded \$200, for her photograph titled "Summer Sunset over the Cimarrons." Heller, who sells her photos through Lonecone Photography, explained the genesis of the photo: "The sunsets this summer were filled with beautiful clouds due to the monsoons and I knew the combination of sky and alpenglow against Courthouse Mountain would make a captivating image. The grand old cottonwoods anchor the image with their majestic presence."

"My passion is photographing the mountains and Colorado lifestyle. Photography is an outlet to express that love and sharing my images is just as rewarding," she said.

Heller also won honorable mention and a Ridgway, Colorado hat for her photograph, "Fishing the Uncompahgre River." Judges commented: The photo includes a person spending time in our wilderness doing something they enjoy and has a

feeling of tranquility. This has that nice golden hour light with sparkling water, and shows activities/action (captured mid cast). Also a nice representation of fall. Looks like a high quality image. Lovely light, reflection and a nice sense of motion.

Also receiving an honorable mention and a Ridgway, Colorado hat is Trisha Oakland for a photo of the March Fourth performance at the Sherbino Theater.

The winning photos and video are posted at <https://ridgwaycolorado.com/news-events/racc-announces-photo-video-contest-winners>. The RACC manages Ridgway's tourism website, produces an annual visitors guide, and develops various marketing campaigns to promote shopping locally and visitation to Ridgway year round.

The chamber is collaborating with Ridgway FUSE, the town's creative main street program, to promote Noel Night on Friday, Dec 2 to bring shoppers and diners to downtown Ridgway for festivities including live music, Santa visits, giveaways, holiday treats, and guided star and planet gazing.

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Broker Associate
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danagleasonrealtor@gmail.com



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justingleasonrealtor@gmail.com



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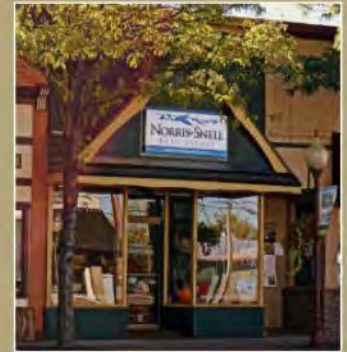
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COLORADO NEWS BRIEFS

NEXTFIFTY INITIATIVE AWARDS \$230,970 IN FLEXIBLE SUPPORT GRANTS TO ORGANIZATIONS ON COLORADO'S WESTERN SLOPE

Special to the Mirror

DENVER — NextFifty Initiative has announced \$239,970 in grants to eight organizations across Colorado's Western Slope that are working work to improve the lives of older adults and their caregivers.

NextFifty Initiative, which funds game-changing efforts to improve and sustain the quality of life for people in their second 50 years, announced a total of \$7.7 million in grants to similar organizations around Colorado and across the United States. Sixty-three percent of the total dollars were awarded to Colorado organizations.

"Organizations serving older adults have consistently told us that flexible funding is the most helpful and beneficial to their work," said Chandra Matthews, director of programs for NextFifty. "But it's also the most difficult to obtain. Our flexible support grant opportunity was created to make it easier for organizations to build their capacity, apply funds where they're needed most, and focus their efforts on the older adults they serve."

The organizations that received funds serve older adults in a variety of categories including caregiver support, community life, elder justice, health, housing, multi-generational support, social services, technology, transportation, and workforce and employment.

Recipients on the Western Slope of Colorado include:

The Savings Collaborative in Garfield County will use its \$25,000 grant to expand its older adult programming by hiring a bilingual ambassador to work with older adults. The Savings Collaborative provides low-income individuals with access to financial coaching, workshops, and micro-loans.

Second Chance Humane Society will use its \$10,000 grant to provide free and low-cost veterinary services, food, and training to older adult pet owners in Ouray, San Miguel, and Montrose counties so pets can safely remain in the home and age in place, continuing to provide social, emotional, and physical support. Some funds will support the purchase of robotic pets that will be brought to memory care and assisted living facilities.

The Montezuma County Senior Services Agency will use its \$47,500 grant to support an outreach program to reach and serve underserved older adult populations in rural areas of Montezuma County. The agency is the only organization in the county solely dedicated to the purpose of serving the aging community, providing meal programs, exercise groups, social activities, and field trips.

In Pitkin County, Pathfinders provides a psychological support program for cancer and chronically ill patients as well as those suffering from grief and loss. The \$25,000 grant from NextFifty will support three core programs that serve older adults—Individual/Group Adult Counseling for Loss and Illness; Summer Raft Trips/ Experiential Retreats for Grief and Loss; and the Pathfinder Angels Volunteer Program.

A \$32,470 grant to Pine River Shares will support an initiative called Thrive in Place in the Pine River Valley, which addresses the needs of older adults residing in the rural communities of eastern La Plata County. The funds will help the group assess community needs and implement peer-led solutions, advocate for resources to support aging in place, enhance safety and connection for older adults, build community, and connect older adults to resources.

The Blue Sage Center for the Arts in Paonia provides arts and cultural programming in the North Fork Valley. The \$50,000 NextFifty grant will support the organization's older adult-focused programming, including Speaker Series, Story Share, and Concert Series. These programs include opportunities to enjoy several kinds of art, engage in intergenerational programming, and attend concerts free of charge.

The Gunnison Valley Housing Authority will use a \$16,000 grant to support a program called GV-HEATS (Home Energy Advancement Team), which assists qualifying households with free home energy assessments and upgrades to improve their home's comfort, safety, and efficiency. This grant will allow work on seven to ten homes of income-qualified older adults for which there are no other funds available.

A \$25,000 grant to SummitWest Care in Grand Junction will provide both medical and non-medical services to older adults in the area. Services are provided regardless of client ability to pay. The grant dollars will be used to cover vital homecare services for older adults including rural, vulnerable, and low-income older adults as well as older adults with disabilities.

About NextFifty Initiative
NextFifty Initiative is a Colorado-based, private foundation funding efforts to improve the lives of older adults and their caregivers. The foundation works with community leaders, experts in the field of aging, and front-line professionals to support programs and projects that positively impact aging and longevity. They focus on education, sharing best practices, and supporting innovation that will transform aging for generations to come. In 2021, NextFifty Initiative awarded grants totaling roughly \$12 million. To learn more, visit www.Next50Initiative.org.

REGIONAL NEWS BRIEFS

INK VIBES COMMUNITY DINNER TO BE HELD AT ELKS LODGE

Special to the Mirror

MONTROSE-Ink Vibes Community dinner will be Nov. 28 at 4pm at the Montrose Elks lodge located 801 S. Hillcrest Dr., Montrose. Enjoy a meal with the Ink Vibes crew and if you want to pay it forward, you can always bring someone in need to feed them as well. Any and all volunteers are welcome. We are thankful for all that people have done for us, so it's time that we do something for you guys, so please join us at 4 PM at the Montrose Elks Lodge.

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About The Property

Come quickly to see this new home in Brown Ranch Subdivision. The 6" wide entry way welcomes you. The warm tones in the cabinetry as well as the quartz countertops throughout are a refreshing combination. Laminate and tile floors are another welcome bonus. The pantry & inviting work island extending from kitchen into the dining area are both so efficient. Notice the dual walk in closets in the main suite along with the 5 piece bath as well as the walk in closets in the guest rooms AND the wonderful tile detail in both. Outside you will find the 21 x 12 covered patio ready for that entertaining and or relaxing. This home is on a cul-de-sac and just minutes from the busy-ness of Montrose.

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REGIONAL NEWS BRIEFS

AUTHOR ELAINE HALE JONES BOOK SIGNINGS

Scheduled Book signings for December with Elaine Hale Jones

2nd - Fabula store (317 Main) 5:30-7 pm

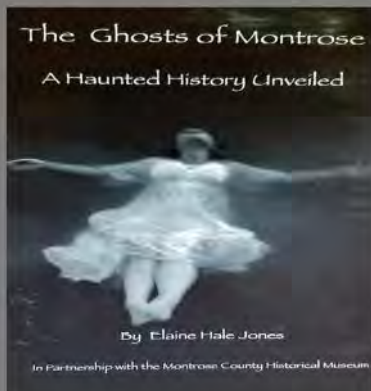
7th - Montrose Events Center 6:30-8 pm

9th - Montrose Regional Library 6-7 pm

Sally Johnson will share other stores

17th - Wild Horse Wine and Whiskey (439 Main) 5:30-7 pm

Sally Johnson will share other stores



You can purchase a book at Fabula store or from
www.montrosethistry.org



Special to the Mirror

MONTROSE-Local Author and Historian Elaine Hale Jones presents "The Ghosts of Montrose: A Haunted History Unveiled." Signings are scheduled as follows:

Dec. 2-Fabula (317 Main Street) 5:50 to 7pm

Dec. 7-Montrose Event Center 6:30 to 8pm

Dec. 9-Montrose Regional Library 6 to 7pm

(Museum Director Sally Johnson will share stories as well.)

Dec. 17-Wild Horse Wine & Whiskey (439 Main Street) 5:30 to 7pm. (Johnson will share additional stories).

Purchase books at Fabula or at

www.montrosethistry.org.



MRH Ambulatory Care Center FREQUENTLY ASKED QUESTION

Will MRH be continuing to partner with local providers at the ACC? Will other clinics or organizations be at the ACC?

The ACC will strengthen relationships with local healthcare providers and feature them at the new ACC location.

Montrose Regional Health is partnering with independent providers in our communities to offer care at our new ACC. Most recently, Cedar Point Health announced they are joining the Montrose Regional Health ACC. Discussions with additional community partners are currently ongoing. Information on site partners will be announced when it is available.

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COMMUNITY OBITUARIES

JAMES (JIM) CARVER ***January 19, 1955- November 11, 2022***

JAMES (JIM) CARVER, 67, of Montrose, passed away peacefully on November 11, 2022, at home surrounded in love by his family. Jim was born January 19, 1955 in Denver, CO to Ralph and Lucinda (Carhart) Carver. He joined his sister, Delphine and brother Robert and was later joined by his younger brother Steven. They lived in Dove Creek, Co and Naturita, Co before moving to Montrose in 1963, so that his father, Ralph, could open C & C Auto Parts. Jim and his brothers worked in the store with their father, and developed their love of cars and a great work ethic. They often said that they started out working all day for a cold bottle of pop as their pay!

Jim attended school in Montrose and graduated in 1973 from Montrose High School. During his school years he was active in sports, many clubs, and student council. Growing up, Jim enjoyed playing all sports with his brothers and others from the neighborhood, as well as in school. His favorite sport was baseball and he played in school and every summer on various OTA teams. He loved playing in high school with his good buddy, Jim Kerschner, who was the pitcher and our Jim was the catcher. He later coached his daughters in softball and enjoyed that as much as when he played. After high school, Jim attended the University of Idaho in Moscow, Idaho, and graduated in 1977 with a degree in Accounting. After graduation, Jim passed the CPA exam and the family moved back to Montrose to work for Dalby, Wendland and Jensen as an accountant.

In 1974 Jim married his high school sweetheart, Joyce Schneider, and they enjoyed 48 happy years of marriage, and were joined by 4 daughters. Julie and Jennifer were born during the college years, and Jacque and Jamie joined a few years later. Jim loved being the father to daughters and taught them that they could do anything they set their minds to.

In 1982, Jim and Joyce purchased Budget

Rent a Car of Montrose and they later added locations in Telluride and Gunnison. The family all worked in the business, and while Jim never paid his daughters with a bottle of pop, they were all willing to start out washing cars. Jim later added the local taxi and Telluride Transit to the businesses at the airport. Those crazy busy days when the planes diverted from Telluride because of the snow kept us all on our toes, and making sure that at the end of the day every passenger made their flights seemed to energize Jim. Jim had a great business mind and enjoyed all aspects of business. He often said that he enjoyed all of his jobs so much that he never worked a day in his life. When a good friend sparked his interest in being an Elk rancher, the opportunity was the perfect combination of his business experience as an adult and the farming genes from his roots. Jim's smile was never bigger than when he was sitting on a tractor - he loved every aspect of caring for the animals and the land. Later in life Jim helped his father, Ralph, farm his land at the base of Spring Creek Mesa, and it seemed that nothing made him happier than seeing the smile on his father's face when the hay was finally cut and baled. Jim also became very familiar with the fire department up the hill during weed burning season.

Jim was involved in the Montrose community throughout most of his life. He was a member of the Athletic Booster Club, Chamber of Commerce, Rotary and the Montrose Elks. Jim was on the original committee that formed the Montrose Area Merchant Association. Jim loved supporting local businesses and contributing to many fund raisers for different groups. He donated many cases of Elk Jerky to Operation Sweet Tooth, an organization sending care packages to soldiers in Afghanistan for many years.

Jim was a huge Colorado Rockies fan and the only World Series game he attended was when the Rockies were playing. He

also enjoyed watching the Denver Nuggets and Denver Broncos, giving much playing advice to all the teams when he watched them on TV. Jim attended several Rockies and Bronco games with family and friends and each

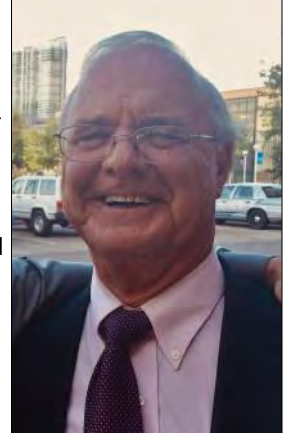
one created wonderful memories for him and especially for his daughters.

Jim's brother, Steve, introduced him to the joy of fishing off the Canadian coast. They would go to Langara Island for a week each summer and the only time Jim wasn't thinking about the next trip was the week they were out on that boat fishing.

Of all of Jim's loves, his greatest was for his family. He had a wonderful supportive group of aunts, uncles, cousins, siblings, and his beloved daughters and grandchildren. Jim felt the best part of aging was getting to have the grandchildren in his life. He loved every moment spent with them and was so proud of each and every one of them. And although he told them that he loved them, he would think that he hadn't said it enough. When the grandchildren were smaller and asked for ice cream, Jim would always look at their bowl and say, "That's too much!". To this day, we can never eat ice cream without hearing him saying that.

Jim lived with Parkinson's for 17 years and never let it get him down. He overcame Leukemia and soared through a stem cell transplant last spring. Jim also bravely lived with a pain in his neck that he attributed to his wife! He was a fighter and overcame so much.

Jim was preceded in death by his parents, Ralph and Lucinda Carver, his stepmother, Irene Carver, his brother, Robert and his



COMMUNITY OBITUARIES

JAMES (JIM) CARVER From previous pg

grandson Kanan. He is survived by the love of his life, Joyce and their four girls and their families.

Julie Cassidy and her daughters Jayden and Brady, Jen Carver-Hunter, her wife Morgan and their two sons Carver and girlfriend Faith, and her daughter, Remi, and Castle, Jacqueline Marie Carver and her daughter Keele and son Benjamin, and

Jamie Melaine Carver, her husband Herb Mills and their sons Kai and girlfriend Makaya, Aaron Mills and girlfriend McKayla and their son, Adrian.

He is also survived by his sister, Delphine (Dan) Love and brother, Steve (April) Carver, as well as numerous in-laws, nieces, nephews, and cousins who he thought the world of.

A celebration of Jim's life will be held Saturday, Dec. 3, at 10 at the Montrose County Event Center, 1036 N 7th St. (off the bypass.).

In lieu of flowers, the family requests that you make a donation to Parkinsons or Leukemia research.

Crippin Funeral Home and Crematory is assisting the family; 970-249-2121.

CARRIE ALLISON-FOLGA

April 2, 1982 – November 12, 2022



On the morning of Saturday, November 12, 2022, Carrie Allison-Folga passed away unexpectedly at the young age of 40. Carrie was a beloved wife to her husband, Kevin, and a wonderful mother to her son Dominic.

She is also survived by her mother, Lee Allison, Dominic Jr. Mattivi, and her brother Andrew Jones. Carrie was born in So. California and lived in San Clemente with

Lee, Kenny, and Andy. They all loved the beach before moving to Ridgway Co. She was the heart of the family, our caretaker, and a peacemaker. Many knew Carrie from Panny's Restaurant in Ridgway, CO, where she greeted you with her warm, welcoming smile and ice cream on the back porch and always showed her love, support, and kindness to everyone who walked in.

Carrie's greatest joys were being a wife, daughter, sister, and cousin, but her purest gift and calling in life was being a mother. Her connection with her son Dominic was instantly captured on their first embrace. His arrival into her life was quick but eternal. She gave everything in motherhood, never lacking grace, kindness, compassion, and unconditional love. Dominic was her world and her never-ending joy. They came as a package, and she was his guide. Carrie ensured that he would grow up knowing everything about his family, how to love animals, and especially how to laugh. She ensured he spent as much time as possible around his grandmothers, grandfathers, aunts, uncles, cousins, and Grandfather Dominic,

his best buddy. She helped him develop his wit, spunk, curiosity, tender heart, enthusiasm for learning, and zest for life.

Carrie embarked on multiple adventures with Kevin and Dominic, visiting places like Hawaii, Denver, France, California, Mickey Mouse and, Disneyland, Arizona, Minnesota, and various mini adventures throughout Colorado.

Carrie's world revolved around caring for and loving her family to the fullest. Her bright light will always be missed, and the world is dimmer without her. She was a special part of our family and a special part of our community. Although Carrie is no longer with us in this world, we know she will continue to watch over us and guide us along the way.

A celebration of life will be held at 2 P.M. Sunday, Dec. 4, 2022, at Grace Community Church, 16731 Woodgate Rd. in Montrose, CO. Flowers are welcome; the family also asks for any donations to go to the Dominic Charles Trust Fund, in memory of Carrie Allison-Folga. Donations may be made at the service or online at <https://everloved.com/life-of/carrie-allison-folga/>.

ISSUE 398 Nov. 28, 2022

ART & SOL

NOVEMBER IS NATIONAL FAMILY CAREGIVER SUPPORT MONTH

By Michael A. Cox

MONTROSE-Quite honestly every month ought to be National Caregiver Month. The people who are tasked with caring for a loved one whose life has become a foggy, painful, existence due to the ravages of Alzheimer's, Dementia, Parkinson's, and other brain failure diseases have the hardest job on the planet.

President Joe Biden issued the proclamation recognizing the sacrifice of millions of American as they care for loved ones at the behest of the Administration for Community Living.

"During National Family Caregivers Month, we recognize the love and sacrifice of more than 50 million Americans providing crucial care and medical assistance to parents, children, siblings, and other loved ones, ensuring their health and dignity," Bidens statement began.

While nationally, the President's message covers caregivers in general, in Montrose, Mayor David Frank feted the Alzheimer's Association (AA) and the Caregiver Support Foundation (CSF) for their work in keeping the public aware of the threat of brain failure and the drain on families who care for patients. The locally funded and managed Caregiver Support Foundation provides help for caregivers with counseling, group setup and facilitation, and links with resources that might make their lives a little easier.

Frank told a gathering of the Youth City

Council that there are as many as 159,000 Coloradans who are providing care for family members afflicted with Alzheimer's and other brain failure diseases. "That adds up to 184 million hours (pre year) of unpaid care," Frank said, making the point that the burden is heavy and organizations such as Alzheimer's Association (AA). Region 10 Area Agency on Aging, and CSF provide vital support for patients and caregivers.

"I appreciate greatly, the mayor taking the time to present the association and our small foundation with this recognition," said Laird Landon, Chair of the CSF. Landon and Alzheimer's Association executive Woo Bandel accepted the signed proclamation plaques from the mayor in mid-November.

The CSF, Region 10 Agency for Aging, and Alzheimer's group are closely aligned, with CSF having agreed with AA to stage groups and educational programs under the AA/CSF banner.

CSF is operated wholly by volunteers. Expenses such as transportation costs, video production expenses, Internet, printing, phone, and others have been covered by donations and two grants from



Montrose Mayor David Frank hands off the proclamation plaque citing November as National Alzheimer's Awareness Month and National Caregiver Month to Caregiver Support Foundation Chair, Laird Landon. Courtesy photo.

Region 10. The foundation was approved by the Internal Revenue Service as a 501 (c)3 non-profit corporation. A five-member board of directors oversees the operations of the foundation.

CSF currently stages several Caregiver Support Groups on the Western Slope: CAREGIVER SUPPORT FOUNDATION (CSF) GROUPS. These are in-person groups that meet at US Bank, the second and fourth Tuesdays of each month at 1-2pm and 3-4 pm.

CSF VIRTUAL CAREGIVER SUPPORT GROUP, INCLUDES ALL DISEASES. This is a Zoom group that meets on the second and

NOVEMBER IS NATIONAL FAMILY CAREGIVER SUPPORT MONTH

From previous pg

fourth Fridays of each month, at 10:30-11:30 am.

ALZHEIMER'S (ALZ) COLORADO VIRTUAL GRIEVING AFTER DEMENTIA SUPPORT GROUP This is a Zoom group meets on the first and third Monday of each month, 11:30 am-12:30 pm.

CAREGIVER SUPPORT FOUNDATION (CSF) GROUPS. These are in-person groups that meet at the Delta Hospital on the first and third Friday of each month from 1-2 pm.

One focus of CSF this year is helping caregivers develop a workable relationship with the doctors caring for their loved ones. "We are expending considerable resources learning the issue from both sides," Landon commented recently. "We hear regularly from caregivers who feel

they are left out of what we call the Therapeutic Triangle. Medical professionals often don't see dealing with dementia patient and their caregiver as an equilateral, three-sided relationship. Many professionals *are* now beginning to accept the caregiver as a partner in caring for the patient." Landon said that his group has developed methods for both the doctor and the caregiver that can help get the most out of the triangle for the brain disease victim. There is a three-part series of videos on the Therapeutic Triangle on the foundation website, at www.family-caregiver.org. For more information about the Caregiver Support Foundation you may visit the web site or write Dr. Landon at Laird@family-caregiver.org.



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Double Barrel Taco Co.
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Trattoria de Sofia
970-249-0433



Rib City
970-249-7427

Stone House
970-240-8899

Mimo's
970-249-0616

My Favorite Muffin
970-765-0076

Sidelines Sports Bar
970-765-0129

Amelias Hacienda Restaurante
970-249-1881

Remington's at the Bridges
970-252-1119

Horsefly Brewing
970-249-6889



Rio Bravo
970-964-4477

Jimmer's Steak & BBQ
970-252-1227

Fiesta Guadalajara
970-249-2460

El Jimador
970-249-8990

Buckaroos Slices & Scoops
970-787-9437

Busy Corner White Kitchen
970-323-6215

Chang Thai Cuisine
970-240-4567

DineOutMontrose.com



A&M CREATIONS

Creations worth short trip to Delta

By Carol Ann McKelvey

DELTA --A while back A&M Creations took over the space on Main in Delta once occupied by the farm to table Bistro Café. The Bistro has since moved to the little town of Austin.

Creations continues the great meal service once offered by the Bistro.

Recently a girlfriend and I decided to have lunch at Creations and it did not disappoint.

Fresh ingredients shine here, and my lemon chicken salad was proof. My friend had a heftier meal, choosing one of the many burgers on the menu. She pronounced her burger "absolutely delicious" and my salad was equally tasty. Together with iced teas we came out spending only about \$35.

I was tempted to have a dessert but was too full from the large salad.

Lunch and dinner at Creations give you many wonderful choices.

Appetizers:

Run from \$6 to \$13 with choices like

edamame to fresh calamari and cevichi.

The Greenery:

Salads from \$3.50 (side salad) to \$13 (my lemon chicken which had almost a full grilled chicken breast sliced on top & the nice surprise of some chopped pickled ginger).

Entrée Creations:

Purple kraut (nice brat with homemade kraut served as a sandwich) \$10; shrimp tacos at \$13; the Colorado bowl (mashed potatoes, fried chicken, corn, cheese and choice of gravy) \$12.

Amazing Sides:

From shoestring fries to sweet potato fries; loaded baked potato after 4 p.m. +\$1.50; Spaetzle; fried brussels sprouts or green beans; German braised cabbage; angel hair pasta, etc., some for a little extra \$. Also offered are loaded fries: (\$10) Maple leaf – brown gravy & mozzarella; Bok Bok – chicken, buffalo and blue crumbs; Sittin' on a truffle – truffle oil, parmesan & parsley.

Burgers:

Everything from Main Street Melt to the Trough Burger from \$12 to \$15 or build your own from \$10+.

Handers are Creations special wraps: Handers feature flour tortillas wraps lightly grilled, such as clubhouse, fish, turkey or ham and cheese, chicken or burger from \$8-10.

Finer Fare:

Now we're really cookin':

Creations offers a dinner menu including brilliant meat and seafood orders and cocktails and wine. Choose from dishes like Prime Rib (Friday & Saturday after 4 pm) 8 oz. \$22 up to 16 oz. \$32.; Chops \$13; Pastas \$11; Schnitzel, jager or weiner, \$15-16; dill salmon, \$17 or shrimp scampi for \$16.

Plus daily desserts.

A&M Creations is located at 305 Main Street in Delta. Open Tuesday – Saturday 11 am to 8 pm; closed Sunday and Monday. Call 970-874-6854. Reservations suggested. Also offered is a full catering menu, including sushi offerings.

SEE SOMETHING - SAY SOMETHING



970-249-8500

ANONYMOUS CALL

MONTROSE REGIONAL CRIME STOPPERS

COME, BE UPLIFTED WITH THE JOY OF



THE NATIVITY STORY AND SONGS

4 pm, Saturday, Dec. 3rd
(before the parade)

Centennial Plaza, Montrose, CO

Sponsored by Christ Lutheran Church, Montrose



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MIRROR CHURCH DIRECTORY

ALL SAINTS ANGLICAN CHURCH

Anglican Church in North America
Address: 2057 S. Townsend, Montrose, CO 81401
Office Hours: Varies and by appointment
Contact Information: (970) 249-2451
<https://www.allsaintsmontrose.org/>
Priest: The Rev Gary L. Way
Worship Service Times:
Sunday, 9AM, Holy Eucharist.

Wednesday, Noon, Multi-denominational Prayer Hour. There are multiple Bible Studies during the week. All Saints Anglican Church is Biblical, Anglican and Orthodox. The Liturgy (order of service) is from the Anglican Church in North America Book of Common Prayer (2019). Music is a combination of traditional hymns, contemporary, and more modern songs. This is a family-sized church that welcomes all individuals

and families. We are currently comprised of families and singles, ages 25 to 90. Fellowship time follows each Sunday Service with a potluck meal following the service on the 3d Sunday.

All Saints Anglican Church
2057 S. Townsend Ave
Sunday Holy Eucharist, 9 am
The Rev Gary Way, Interim Priest
allsaintsanglicanmontrose.org

BIBLE BAPTIST CHURCH

Independent Baptist
112 Main St.
P.O. Box 262

Olathe, Co 81425
Tuesday-Friday Phone: 970-808-1021
www.biblebaptistchurcholathe.com
Pastor Gabe Skillo

Sunday School 9:15 a.m.
Sunday 10:30 a.m.
Sunday 6 p.m.
Wednesday Bible Study/Prayer 7 p.m.

CHRIST LUTHERAN CHURCH

Denomination: Christ Lutheran Montrose
Affiliation: Lutheran Church Missouri Synod
Address: 1980 N. Townsend Ave., Montrose, CO 81401
Contact: 970-633-0226

Website: www.montroselutheran.org
Email: montroselutheran@gmail.com
Pastor: Tim Onnen
Worship: Sundays at 9 AM
Sunday School and Adult Bible Class at 10:15 AM; Women's Bible Study Fridays at 9 AM. At Christ Lutheran Montrose you will

find friendly people gathered in a welcoming environment being comforted and encouraged by the forgiveness and love of Jesus, and sharing that with one another. We are a small congregation of seniors and middle-aged, sprinkled with young children and teenagers.

FIRST CHURCH OF THE NAZARENE

Denomination: Church of the Nazarene
Address: 705 South 12th Street
Office Hours: Monday - Thursday 9 am- Noon and by Appointment
Contact Information: Office Phone 970 249-9213, mncfirst@gmail.com, www.montrosenazarenechurch.org

Pastor: Buddy Cook
Services Sunday: Worship 10 AM, Adult Bible Study 11:30 AM Worship includes age-appropriate children's ministry during adult worship.
Wednesday: Prayer Boot Camp - 7 PM
Mission Statement: *Montrose First Church of the Nazarene exists to make Christlike*

disciples in Montrose Colorado and around the world.

Demographics: Our church consists of older and younger people. We have younger families with children and young teens and older adults as well. We also support the work of Calvary Ranch Colorado and its addiction recovery ministry.

FIRST PRESBYTERIAN CHURCH MONTROSE

Affiliation: Presbyterian
Address: 1840 E Niagara Rd. Montrose CO. 81401 **Office Hours:** M-Thu 9AM - 12PM **Contact:** 970-249-4732, in-

form@fpcmontrose.com, www.fpcmontrose.com
Pastor: Jesse Mabanglo
Worship Service times: 9:30AM, Student Worship at 6PM. *We strive to encourage, challenge and support one another*

er through spiritual growth, worship, and service in our community, country, and world. We also encourage children and youth to grow their relationship with Christ through our children and student ministries.

HILLCREST CONGREGATIONAL UNITED CHURCH OF CHRIST

Denomination affiliation: United Church of Christ
Address: 611 South Hillcrest Drive, Montrose, CO 81401
Office hours: By appointment
Contact information:

Phone number: (970) 249-9047
Email address: office@montroseucc.org
Website: montroseucc.org
Current Pastor: Rev. Wendy Kidd
Worship service times: Sunday, 10 a.m.
Hillcrest Congregational UCC is a welcoming, open and affirming church, open to all no matter who you are or where you are

on life's journey.
Church demographics: HCUCC welcomes all ages to worship with us. (predominately family, youth, seniors, singles)
We offer inter-generational worship with a children's "prayer-ground" and activity packets. A cry room is also available.

MONTROSE MEDITATION CENTRE

The Meetings will be on Tuesdays at 6:30 PM at 602 N. Nevada in Montrose, 81401 at the Lions Park Community Center. Brought to you by Denis Hoin Darby, a Buddhist Zen Monk. Contact Rev.Hoin.Darby@gmail.com for more information.

MIRROR CHURCH DIRECTORY From previous pg

MONTROSE UNITED METHODIST CHURCH

Denomination Affiliation: United Methodist

Address: 19 S. Park Avenue Montrose CO. 81401

Office Hours: M-Thu, 9 a.m. - 2 p.m.

Contact Information: 970-249-3716, office@montroseumc.org, [mont-](http://montroseumc.org)

montroseumc.org

Current Senior Pastor: Rev. Kevin Young

Worship service times: 8:15 am - Blended Service - Sanctuary & Virtual. 9:30 am - Contemporary Service - Sanctuary, 11:15 am - Traditional Service - Sanctuary.

Montrose UMC is a leader in being fully

inclusive, loving and just servants of Christ. Our church family welcomes people from various cultural and faith backgrounds: single, married, remarried, with or without children, from diapers to dentures. Wherever you are on your spiritual journey we invite you to come discover hope, joy, peace, purpose.

ROSEMONT BAPTIST CHURCH

Affiliation: Southern Baptist

Address: 1598 E. Niagara Road, Montrose, CO 81401

Office Hours: Tues-Thu, 9am-4pm

Contact information:

Phone: 970.249.4887

website: www.RosemontBaptist.org

email: office@rosemontbaptist.org

Senior Pastor: Rolland Kenneson

Worship Service Times: Our engaging and relevant Sunday Worship Service is at

10:45 AM. We also have Bible Study for All Ages Sunday mornings at 9:15 AM. We provide a professionally-staffed nursery throughout both.

Rosemont Baptist's desire is to passionately bring people face-to-face with the life-changing power of Jesus Christ.

We are a multigenerational church from different walks of life who love Jesus, love each other, and love our community. Everyone comes dressed in whatever is comfortable. We love meeting new people no

matter what stage of life they are in.

Children's services: We have a fun Sunday School for children from four years old through youth. We provide Children's Church during the Sunday Worship Services where children four years old through 9 years can learn to be worshippers of Jesus.

We provide a nursery for children under four years old with paid staff providing excellent care during Sunday Morning Bible Study and Worship Service.

SPIRITUAL AWARENESS CENTER

Denomination affiliation: Independent Interfaith

Address: Meeting at Lions Park Community Building, 602 N. Nevada, Montrose
Office hours: Tues-Fri, 9 am to 4 pm,

Home Office – 970-252-0908

Contact information: Rev. Dr. Arlyn Macdonald, 970-252-0908, arlyn@spiritaware.org, www.spiritaware.org

Name of current pastor: Rev. Dr. Arlyn

Macdonald, Senior Minister; Rev. Catharine Gates, Associate Minister. Spiritual counseling available.

Worship service times: In-person Sunday Unity Service at 11 a.m., (Social Time begins at 10 a.m.); Quiet Meditation at 10:30 a.m. Virtual Afternoon Service on Zoom at 2:00 p.m.; Chai Chats, a Wednesday morning midweek informal gathering at 10:30 a.m. at Pun Hill Himalayan Restaurant, Montrose; Thursday Empowerment Circle at 10:30 a.m. on Zoom. Everyone is wel-

come. The Spiritual Awareness Center is an interfaith spiritual community welcoming spiritual seekers and people of all faiths, providing a safe place to explore and nurture the individual's unique connection to the Divine through Unity services, classes, family and community projects, including the Great Community Give-away and Wellness Fair. People of all ages are welcome. There are currently no Sunday School or nursery services provided but craft supplies are available for youth.

SUMMIT CHURCH OF MONTROSE:

Denomination affiliation:

Southern Baptist

Address: 10977 60.75 Rd. Montrose, CO 81403

Office hours: Varies

Contact information:

phone number: 970-275-7026

email: summitchurchmontrose@gmail.com

website: www.summitchurchmontrose.org

Name of current Senior Pastor: John De-

Sario

Worship service times: Sunday Worship is at 9 am followed by a time of fellowship and snacks. Summit Church has frequent Bible studies and other events for adults, young adults, youth and children. Please visit <https://www.summitchurchmontrose.org/events> for more information.

Summit Church Montrose is a new church plant that preaches the Word of God,

reaches the lost with the Gospel of Jesus Christ and equips Christians to serve the Lord. Summit Church has people of all ages!

We have families with children (babies, school aged, recent high school and college graduates) There are retired couples and widows. During the Sunday sermon we offer teaching for children ages birth to Kindergarten, in a kid friendly room called Base Camp.

MIRROR CHURCH DIRECTORY From previous pg

VICTORY BAPTIST CHURCH OF MONTROSE

Denomination Affiliation: Independent Baptist

Address: 2890 N Townsend Ave., Montrose, CO 81401

Office Hours: Monday-Friday 8am-12pm

Contact Information: Phone (970) 249-6874;

email at info@vbcmontrose.org; website: vbcmontrose.org

Current Pastor: Roland Kassales

Worship Service Times: Sunday School at 9:30am, Sunday AM Service at 10:30am, Sunday PM Service at 6pm, Wednesday Night Service at 6:30pm (all services include childcare)

Victory Baptist Church exists to exalt God, edify saints, and evangelize the lost.

Demographics: Victory Baptist serves everyone with age-appropriate classes, groups, and activities. Families with children make up the majority of VBC with young adults, singles, middle-aged couples, and seniors comprising the rest.

Church Directory

Mirror Editorial Staff

MONTROSE-As a way of serving the faith community in Montrose, the Montrose Mirror is in the process of establishing a Church Directory. If your congregation or fellowship would like to be included in the directory, please supply the following

information to the Montrose Mirror:

Name of church

Denomination affiliation

Address Office hours

Contact information (phone number, email address, website)

Name of current Senior Pastor

Worship service times

Please give a one sentence description of your church and its mission in the Montrose community.

Brief description of your current church demographics (predominately family, youth, seniors, singles).

Do your church services include Sunday School and childcare?

Birth Certificates & Death Certificates

available at

MONTROSE COUNTY PUBLIC HEALTH
1845 SOUTH TOWNSEND AVE. MONTROSE
WEST WING

MONDAY - FRIDAY 9AM - 4PM
(970) 252-5011 PUBLIC HEALTH
(970) 252-5009 VITAL RECORDS



WWW.MONTROSECOUNTY.NET



COLORADO NEWS BRIEFS

CPW REPORTS OUTBREAK OF HIGHLY PATHOGENIC AVIAN INFLUENZA

Special to Art & Sol

BRUSH— Over the course of the past week, CPW wildlife officers have received several reports of snow geese displaying symptoms of highly pathogenic avian influenza (HPAI) near the towns of Brush and Fort Morgan in Morgan County.

After investigating and sending samples for testing to CPW's Wildlife Health Lab in Fort Collins, CPW has received a presumptive positive result for HPAI.

"Now that we've had a presumptive positive test, we're asking members of the public who find dead snow geese in Morgan County to presume it's highly pathogenic avian influenza," said CPW Wildlife Pathologist Karen Fox. "CPW and the Colorado Department of Agriculture are asking the public not to touch any dead birds they find."

CPW and the CDA are continuing to investigate the outbreak in Morgan County.

Resources on HPAI

Please see the [CDA's website](#) for more information and links to situation reports on the State Of Colorado Response to HPAI.

It is critical to report sick birds or unusual bird deaths.

Sick birds or birds that have died from unknown causes: Call the Avian Health Hotline at Colorado State University (CSU): (970) 297-4008

Dead birds:

Submit to the CSU Veterinary Diagnostic Laboratory in Fort Collins for HPAI Testing: (970) 297-4008 or (970) 297-1281

Multiple domestic sick birds or multiple unusual domestic bird deaths:

Call the Colorado State Veterinarian's Office (303) 869-9130 or the USDA-Veterinary Services Colorado Office (303) 231-5385

PLANNING FOR THE HOLIDAYS?



Liquor:

Beer Barn II
970-249-5550

House of Spirits
970-240-4799

WE HAVE CATERING OPTIONS: WEDDINGS, REUNIONS, RECEPTIONS, OR YOUR EVENT

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970-240-1590

Jimmer's Steak & BBQ
970-252-1227

Stone House
970-240-8899

Fiesta Guadalajara
970-249-2460

Mimo's
970-249-0616

Alpen Confections
970-648-0609

Pahgre's
970-249-6442

Remington's at the Bridges
970-252-1119

My Favorite Muffin
970-765-0076

Rib City
970-249-7427

Light House Eatery
970-964-4424



DineOutMontrose.com



ANONYMOUS

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**MONTROSE REGIONAL
CRIME STOPPERS**

see something, say something

HOME FOR THE HOLIDAYS

LOCAL **SINGER**
SONGWRITERS

A.J. FULLERTON ERIK STUCKY

DEC. 28TH
ONE SHOW ONLY!



DOOR: \$25
ADVANCE: \$20

CASH BAR
DOORS: 6PM
SHOW: 7PM



MONTROSE PAVILLION



PEAK PROFESSIONALS

1550 Niagara Road Montrose
(970) 497-4921
peakpros.org

PEDIATRIC ASSOCIATES

947 South Fifth Street Montrose
(970) 249-2421 **VFC PROVIDER**
thepediatricassociates.com

NORTHSIDE HEALTH CENTER

528 North Uncompahgre Ave Montrose
(970) 240-6438 **VFC PROVIDER**
pfb.com/northsidechildhealthcenter

CEDAR POINT HEALTH

300 South Nevada Ave Montrose
(970) 249-7751
cedarpointhealth.com

BASIN CLINIC

421 Adams Street Naturita
(970) 865-2665 **VFC PROVIDER (RHC)**
basinclinic.org

UNCOMPAHGRE MEDICAL CENTER

1350 South Aspen Street Norwood
(970) 327-4233 **VFC PROVIDER (FQHC)**
umclinic.org **340B PARTICIPANT**

DELTA COUNTY HEALTH DEPT

255 West Sixth Street Delta
(970) 874-2165 **VFC PROVIDER**
deltacounty.com/8/personal-health-services

RIVER VALLEY FAMILY HEALTH CENTERS

1010 Rio Grande Montrose
(970) 497-3333
308 Main Street Olathe
(970) 323-6141
rivervalleyfhc.com
340B PARTICIPANT & VFC PROVIDER (FQHC)

THE PIC PLACE

87 Merchant Drive Montrose
(970) 252-8896
pic.place

MESA COUNTY HEALTH DEPT

510 29 1/2 Rd Grand Junction
(970) 248-6900 **VFC PROVIDER**
health.mesacounty.us/services/family/immunizations

VFC (VACCINES FOR CHILDREN)

The Vaccines for Children Program (VFC) is a federally funded program that provides vaccines 0-18 years of age who are enrolled in Medicaid, who have no insurance, or who are American Indian / Alaska Native. *Children who are underinsured may receive VFC vaccines at a federally qualified health center (FQHC) or rural health center (RHC).

340b

The 340b Drug Pricing Program is a US federal government program created in 1992 that requires drug manufacturers to provide outpatient drugs to eligible health care organizations and covered entities at significantly reduced prices.

CITY MARKET SOUTH

16400 South Townsend Ave Montrose
(970) 240-1994 **340B PARTICIPANT**
Register Online

Flu	Shingles
Pneumonia	MMR
Tdap	Rabies
Meningococcus	Polio
Chickenpox	Japanese Encephalitis
Hep A	Hep B
	COVID-19

WALGREENS

2351 South Townsend Ave Montrose
(970) 252-1743
Register Online

Flu	Shingles
Pneumonia	HPV
Tdap	MMR
Td or DT	Rabies
Meningitis	Polio
Varicella	Japanese Encephalitis
Hep A	Typhoid
Hep B	Hep A/Hep B
	COVID-19 (Moderna)

CVS (IN TARGET)

3530 Wolverine Dr Montrose
(970) 497-8981
Register online

Flu	MMR
Hep A	Tdap
Hep B	Varicella
Hep A/Hep B	Pneumococcal
HPV	Meningococcal
Shingles	Hep A/Hep B
Typhoid	Japanese Encephalitis
Polio, adult	COVID-19 (Pfizer & JJ)

CITY MARKET NORTH

128 South Townsend Ave Montrose
(970) 249-2064 **340B PARTICIPANT**
Register Online

Flu	Shingles
Pneumonia	MMR
Tdap	Rabies
Meningococcus	Polio
Chickenpox	Japanese Encephalitis
Hep A	Hep B
	COVID-19

SAFEWAY

1329 South Townsend Ave Montrose
(970) 249-1160 **340B PARTICIPANT**
Register online

Flu	Shingles
Pneumonia	Tetanus
HPV	Pertussis
MMR	Meningitis
Hep A	Hep B
	COVID-19

WALMART

16750 South Townsend Ave Montrose
(970) 249-7742
Walk-in's welcome

Flu	Hep A & Hep B
Shingles	IPV
Tdap	Varicella
Td	Pneumococcal
MMR	Meningococcal
	COVID-19 (Moderna & JJ)

STACIE'S APOTHECARY SHOPPE

112 Village Square West Ridgway
(970) 626-7100

Flu	Pneumonia
Shingles	Tdap



Please note that this list is not exhaustive and is not an endorsement of any pharmacy or provider. Visit www.cdc.gov/vaccines for the latest recommendations. Please contact your Pharmacy or Provider to confirm availability of vaccines. Montrose County Public Health will not provide immunizations after June 30th, 2020. Last Updated 7-25-2022.

Boot Season

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SAVE THE DATE! LOCAL EVENTS CALENDAR

ONGOING-

Schedule a \$10 **RIDGWAY TRUE GRIT WALKING TOUR** of downtown filming sites. Named readers choice for best historic town tour by True West magazine. Contact evebeckerdoyle@icloud.com

MEDITATION CENTRE in Montrose. Meetings will be on Tuesdays at 6:30 PM at 602 N. Nevada in Montrose, 81401 at Lions Park Community Center. Brought to you by Denis Hoin Darby, a Buddhist Zen Monk. Contact Rev.Hoin.Darby@gmail.com for more information.

NEWCOMERS AND NEIGHBORS welcomes adults who are new to Montrose or have been here awhile, who would enjoy learning more about the town and area, plus have opportunities to participate in social activities. Meetings are held on the first Wednesdays of the months September-May (Dec./holiday party TBA). We gather at 10:00-11:30 am in the downstairs meeting hall of Cedar Creek Church (222 S. Townsend and S. 3rd). Hope to meet you there! Contact Patti at 951-544-6289 with questions.

NURSE FAMILY PARTNERSHIP-Beginning Sept. 1st, NFP will be hosting a Breastfeeding Support Group on the 1st and 3rd Thursday of every month. This is a great opportunity to come talk to Montrose County NFP nurses Jodi Hyatt, RN, BSN, IBCLC and Kim Cook, RN, IBCLC and get support from fellow moms. An infant scale will also be available to check your baby's weight. WHAT: Breastfeeding Support Group (Bring your questions and your family!) WHERE: Montrose County Event Center (1036 North 7th Street Room 3) WHEN: 10am - 12pm. Questions? Please call 970-252-5015.

BINGO EVERY FRIDAY, SATURDAY, SUNDAY at 7pm at the American Legion Post 24 Olathe doors open at 5:30. Sunday Bingo will start at 1:30pm after Nov. 6. More info call Tom 970 260 8298.

FREETHINKERS meet 1st Sunday of the month at 1pm. more info at 970-708-8333.

THE HEALING COLLECTIVE OF WESTERN COLORADO offers local practitioners, who focus on healing the whole being, to attend a free one-hour informative get together every first Tuesday of the month from 12p to 1 pm and every third Tuesday from 6 pm to 7 pm, upstairs at the Mother Earth store on Main Street . We support one another with our practices, business, and personal needs. For more information please contact Erin Easton at ErinKEaston@gmail.com

THE MONTROSE GENEALOGY CENTER at 700 E. Main St. is now open Wednesday and Thursday afternoons, 1-4 p.m. or call for an appointment: 970-240-1755. Free help and resources for your family history research."

(The center is sponsored by the non-profit organization, Fore-Kin Trails Genealogical Society.)

MONTROSE FARMERS MARKET SCHEDULE

Holiday Market Dates: First three Saturdays of November and December-10am-1pm

MONTROSE ALTRUSA-1st Tuesday of the month Program meeting; 2nd Tuesday of the month committee meeting; 3rd Tuesday of the month Business meeting. Meetings are held at the Hampton Inn conference room at Noon.

MONTHLY

Nov. 28-Ink Vibes Community dinner at 4pm at the Montrose elks lodge located 801 S. Hillcrest Dr., Montrose. Enjoy a meal with the Ink Vibes crew and if you want to pay it forward, you can always bring someone in need to feed them as well. Any and all volunteers are welcome. We are thankful for all that people have done for us, so it's time that we do something for you guys, so please join us at 4 PM at the Montrose Elks Lodge.

Dec. 2-Ridgway Noel Night 2022, Friday, Dec. 2, 4-8 p.m. Businesses around downtown Ridgway will have festive events including holiday visits, music, sales, discounts, giveaways, refreshments, and more. Clinton Street will also have tables with information, products, and art from local nonprofits, entrepreneurs, and artists. A map will be available at <https://ridgwaycolorado.com/news-events/events/noel-night-2022>.

Dec. 2-19th Annual Ridgway Holiday Art and Gift Sale - Friday, 12/2 from 5-9pm and Saturday, 12/3 from 9am-3pm. Event is being held at the Ridgway Community Center; Town Hall, 201 N. Railroad Ave, Ridgway.

Dec. 3- Christ Lutheran Church Nativity Presentation 4 PM at Centennial Plaza.

Dec. 3-Montrose Parade of Lights, 530pm. Downtown.

Dec. 6-Reception at Remington's at the Bridges for Kevin and Bobbi Kuns, 5:30 to 7:30pm.

Dec. 7--The Montrose County Historical Society presents Richard Waller and the Northern route of the Old Spanish Trail. In December 2022, the Old Spanish Trail was designated a National Historic Trail by Congress. Mr. Waller has traveled the length of the trail using many modes of transportation, preliminary by horseback and has explored the varied route the northern part of the trail took as early merchants traveled through Colorado and Utah to meet the trail in Nevada. The program starts at 7 pm. Wednesday, Dec. 7, 2022, in rooms 1 and 2 in Montrose County Events Center. Admission is free, the public is invited. Light refreshments may be available. Social distancing and COVID procedures are encouraged.

Dec. 18- 3pm, 20th Annual Christmas Concert: Free Concert by the Montrose Community Band. Enjoy a fun afternoon of listening to Holiday favorites.

Dec. 19- At 5:30 Montrose library meeting rm. In person Citizens' Climate Lobby meets to focus on local environmental projects, Non-partisan, National, All Welcome, Info 970-765-9095.

Contact the Montrose Mirror:
970-275-0646

Editor@montrosemirror.com
www.montrosemirror.com

"This beautiful bobcat crossed the road in front of us on the way to Owl Creek. He stopped and relaxed in the brush and watched us watching him. Colorado nature is amazing," Deb said.

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A photograph of a black bear sitting on a wooden bench. The bear is holding a tablet computer in its paws. The background shows a scenic view of a mountain range with snow-capped peaks and green slopes.