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© Issue No. 514 Jan. 2, 2023

AT START OF 2023, WATER STILL TOPS LIST OF WEST SLOPE CONCERNS

By Caitlin Switzer

MONTROSE—When trying to see the big picture, the view can change depending on one's location. Statewide decisions made on the Front Range may be a poor fit for the Western Slope. And as water rights are debated in Denver, water itself remains a perennial source of concern for those who live here.

Despite relatively abundant precipitation in West Central Colorado over the past year, water storage is limited. Agriculture is the largest consumer of water, and farmers must make decisions based on the weather conditions they face each spring. Colorado Division of Water Resources Division 4 Engineer Bob Hurford said, "We're different here than in the Imperial Valley of California." In the Imperial Valley, there is a disconnect between the limitations of the water supply and the demands of the end user, he said. *Continued pg 25*



The Uncompahgre River. Water will continue to cause conflict as lower basin users grab more than their share.

THE BELLS OF OPTIMISM



By Bob Cox

MONTROSE—When Warren G. Harding ran for president in 1920 he was the underdog; nobody really thought he had much of a chance. After some surprising results in the Republican convention, Harding got the nomination and was subsequently elected. He became a very popular president, although his reputation was sullied after his death in August of 1923, his accomplishments are referred to even today.

The *Montrose Daily Press* was an ardent supporter of Harding, both before and after his election. Their accolades are best defined in an article printed on March 23, 1922:

Optimism Prevailing

Many of the smaller taxes on special articles, popularly known as "nuisance taxes," have been repealed. Surtaxes have been modified and the excise profits taxes, a shackle on business, has been repealed, effective this year. The smaller salaried man is paying less income tax. If the country will support the Harding economy program and oppose raids on the treasury a further revision of taxation will be possible by the end of the year.

As 1923 approached, the nation was recovering from the post war depression and Colorado Governor Oliver Shoup gave much of the credit of the recovery to Harding. In his address to the state early in 1923, the governor exclaimed, "Keep smiling...The outlook for a period of prosperity has never been better."

Continued pg 12

in this
issue

Lauren Hall Ruddell:
Your Brain on Nature—When Rage is good!

Reader Photo Spotlight:
Deb Reimann!

Carole Ann McKelvey's
Rocky Mountain Cravings!

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HISTORICAL SOCIETY PRESENTS: THE INFAMOUS ALFERD PACKER INCIDENT

Special to the Mirror

MONTROSE-The Montrose County Historical Society presents Sally Johnson, Depot Museum coordinator, discussing the trials and tribulations of the infamous Alferd Packer incident. Wednesday, Jan. 4, 2023, in rooms 1 and 2 in Montrose County Events Center. Admission is free, the public is invited. Light refreshments may be available. Social distancing and COVID procedures are encouraged.

CITY TREE COLLECTION SERVICE

Special to the Mirror

MONTROSE – The city's annual Christmas tree pickup begins Tuesday, January 3, 2022, and will run for two full weeks, concluding on Tuesday, January 17. Public Works will take pick-up requests for one week beginning Tuesday, January 3, until Tuesday, January 10. Following this request period, crews will conduct a street-by-street, citywide sweep that will conclude on Tuesday, January 17. To schedule a pickup, please call the Public Works office at 970-240-1480. Trees must be placed for collection behind the curb in front of your home. Frosted trees or trees with tinsel, tree stands, and/or ornaments will not be collected. There is no charge for this service. To submit requests for pick up, please contact Public Works at 970.240.1480.

THE MONTROSE MIRROR

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PAINT YOUR PET CLASS JAN. 14

Special to the Mirror

MONTROSE-Paint Your Pet. Jan. 14 at 1:30-3:30 pm. LaNoue Winery. 67289 Trout Rd. Montrose. \$50. All materials, including canvas with pet sketch included plus a glass of wine. Details, instructions, register <https://kathrynrburke.com/011423pet/>



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MONTROSE REGIONAL CRIME STOPPERS ALERT

Montrose Regional Crime Stoppers
MONTROSE-The Montrose Police Department requests the public's assistance with an investigation into the recent burglary of a commercial business that occurred during the early morning hours of Dec. 26, 2022. Attached are surveillance photographs.

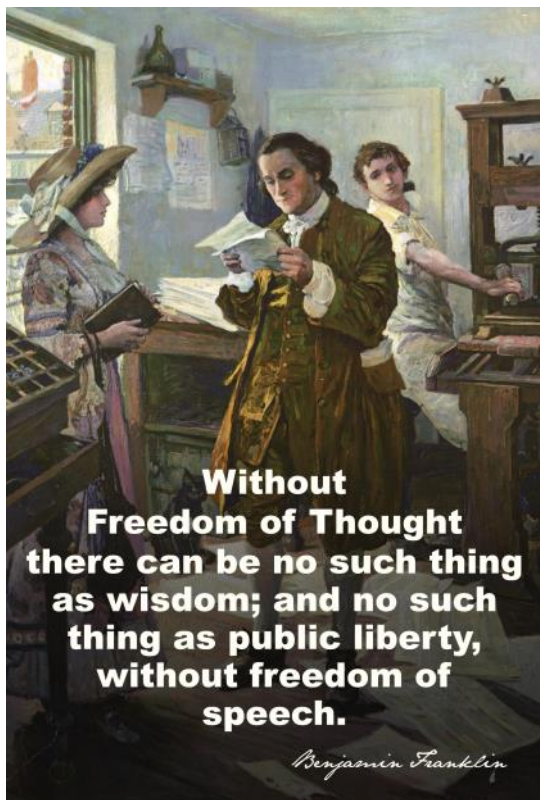
On Monday, Dec. 26, 2022, on or about 2:20 a.m. to 3 a.m., unknown persons broke into an office at Velocity Car Wash at 2600 Woodgate Road in the City of Montrose. The subjects are seen on surveillance footage forcibly breaking open coin and cash holding machines to steal a large quantity of coins. Officers are requesting the public's help in identifying the persons of interest depicted, their current whereabouts, and anyone who may have information on this incident. If you recognize the persons pictured or have any information that could be help-

ful, please call Crime Stoppers anonymously at (970)249-8500, use the app P3 Tips, or provide information via [P3Tips.com](https://www.p3tips.com).

Crime Stoppers wants your information, not your identity. If the Tip results in an arrest, the Tipster may receive a cash award of up to \$1000. For additional information, please view our Facebook page, www.facebook.com/montroseregionalcrimestoppers.

Crime Prevention and crime solution are everyone's responsibility.

MRCs would also like to remind everyone that all persons of interest depicted in our alerts by photo or not, or by any other means, are presumed innocent until proven guilty in a court of law.



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COLORADO NEWS BRIEFS

AMY PARSONS NAMED 16TH PRESIDENT OF COLORADO STATE UNIVERSITY

Special to the Mirror

FORT COLLINS— The Colorado State University Board of Governors today confirmed Amy Parsons as the 16th president of CSU – the CSU System’s flagship campus located in Fort Collins – effective Feb. 1, 2023, following a highly competitive, nationwide 5-month search process.

“The Board of Governors is extremely confident in the leadership that Amy Parsons brings to the role of president,” said Kim Jordan, chair of the CSU System Board of Governors. “Amy is a leader with proven results who brings a deep appreciation and respect for the university and its academic mission, as well as the business expertise needed to manage the complexity of an organization this size. Amy will surround herself with a strong team and is equipped to take care of the details that will allow everyone at the university to be able to focus on their areas of expertise and impact.”

In her comments to the board following their announcement at a special meeting of the Board of Governors on Friday afternoon, Parsons expressed appreciation to the university community and outlined the huge opportunities and inherent challenges that the university is facing.

“I am humbled and honored to accept the responsibility of becoming the 16th president of Colorado State University,” Parsons said. “I will be doing a lot of listening in my first months on the job and working with the campus community to move forward the excellent work that is already in progress. I look forward to doing this important work together and, together, leading CSU into a new era of achievement and excellence. This university deserves our very best, and I will give you mine.”

She shared her vision for the institution, which includes setting the standard of a modern land grant university with a deep commitment to access, excellence in academics and research, and innovative programming, and making CSU one of the best places to work for all employees, including competitive compensation and

efforts to ensure faculty support, recruitment, and retention.

Parsons committed to listening in the first months of the job and shared her respect for the CSU community and those who shared feedback throughout the process and in the confidential Faculty Council survey: “I understand and respect all of the concerns expressed, and I take them seriously. This is, in many ways, the best part of the University – the freedom to disagree, to criticize, to debate how best to fulfill the mission of the university and to advance the academic enterprise.”

Parsons, who has 16 years of higher education leadership experience, as well as seven years of private sector experience, led some of the most comprehensive projects in CSU history during her executive leadership roles at the university. She leaves her current role as founding CEO of global e-commerce company, Mozzafiato, LLC.

As vice president of operations at CSU, she helped navigate through the fiscal challenges of the Great Recession, supported the first comprehensive salary equity survey to uncover and remedy gender-based inequities, and oversaw a historic physical transformation that included construction and renovation of state-of-the-art classroom buildings, parking structures, research facilities, and an on-campus stadium. As executive vice chancellor of the CSU System, she led System-wide initiatives, including creation of the CSU Spur campus at the National Western Center in Denver.

“I am grateful to the CSU community, where I have spent the majority of my working life in various roles, for the opportunities I’ve had to learn, to grow, at times to fail, and at times to succeed. It is that type of environment, with learning at its foundation, I hope to build and sustain for all members of our campus community, in partnership with all of you,” Parsons said. “That is part of my commitment to all of you today. I do not enter this role with the idea that I deserve your trust and confi-

dence, but I want you to know I intend to earn them.”

Parsons succeeds former President Joyce McConnell, who left the position in June, and was the first woman to serve as the president of CSU.

In remarks on Friday, Tony Frank, chancellor of the CSU System, drew upon a decade as CSU’s 14th President, and shared his insight on Parsons as someone who will gather input, make difficult decisions, and communicate the ‘why’ behind her decisions.

“She’s extremely hard-working and always striving to improve, and she’s overcome barriers in the past. Most importantly, she cares deeply about CSU and its role and mission, she’s self-aware of her strengths and weaknesses, and she will build an exceptional team to help guide CSU,” he said. “I think she will serve Colorado State University very well as its 16th president.”

PARSONS’ BACKGROUND

Born in Colorado, Parsons grew up in Wyoming, where she participated in 4-H.

She served in various senior executive leadership roles at CSU and the CSU System and combines her higher education experience with a private sector background. Prior to her recent role as CEO of Mozzafiato, LLC, Parsons was executive vice chancellor of the CSU System from 2015-2020; vice president for university operations at CSU from 2009-2015; deputy general counsel and associate legal counsel at CSU Fort Collins from 2004-2009. While working on campus, she taught courses for eight years in the Student Affairs in Higher Education master’s degree program. She worked as a litigation attorney for Denver-firm Brownstein, Hyatt, & Farber (now Brownstein, Hyatt, Farber, Schreck) from 1999-2004.

Parsons holds a bachelor’s degree in political science from CSU and a Juris Doctorate from the University of Colorado.

Amy Parsons’ curriculum vitae and cover letter to her application for the presidency [are available on the search website.](#)

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MCCLURE PASS CLOSED DUE TO HIGH AVALANCHE HAZARD

Special to the Mirror

REGIONAL-CO 133 (McClure Pass) will close beginning at 7 p.m., Saturday, Dec. 31 due to a high avalanche hazard because of heavy wet snow. The pass could open Tuesday afternoon or the evening, Jan. 3, pending conditions. The road will be closed between Marble Road (6 miles south of Redstone) and County Road 2 (14 miles north of Somerset) from Mile Point 45 to Mile Point 32. Go to cotrip.org for the latest information on road closures and conditions.

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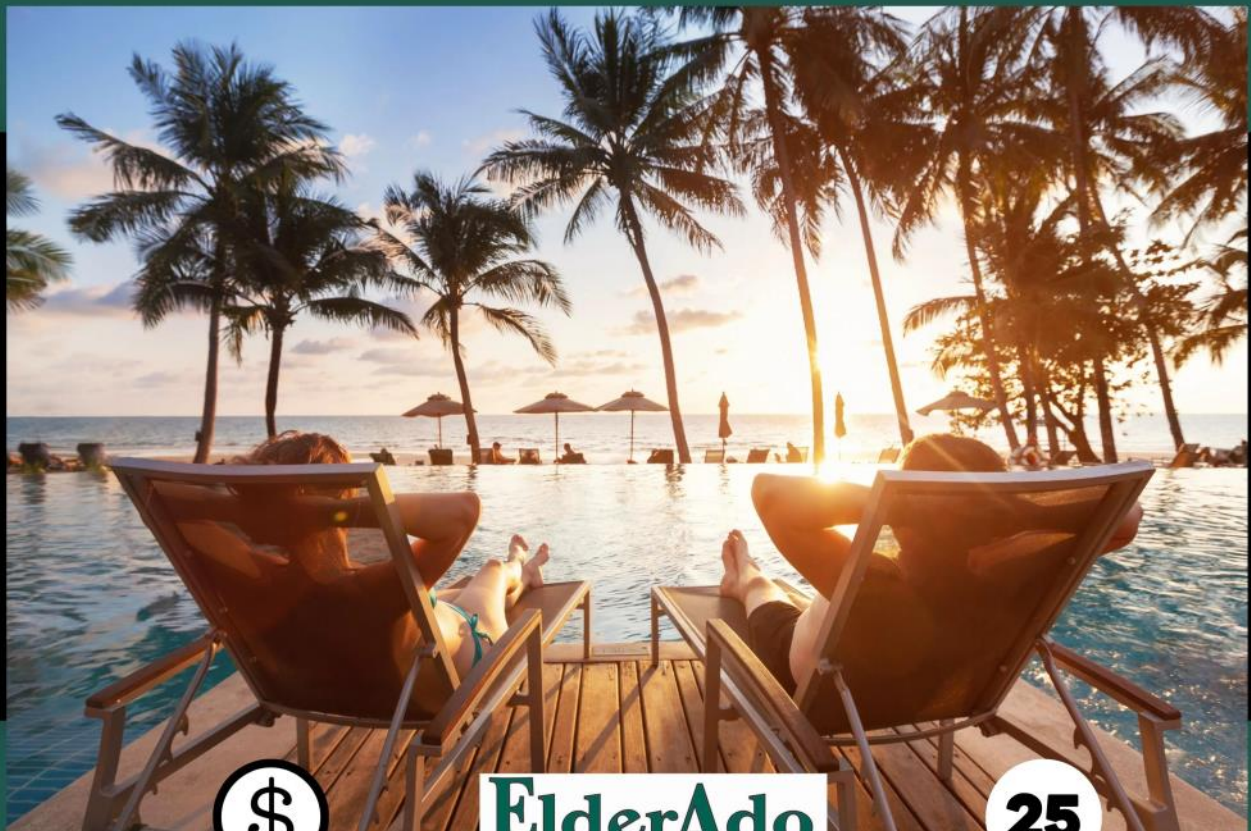
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REGIONAL NEWS BRIEFS

UNCOMPAHGRE NORDIC TRAILS DECISION SIGNED

Special to the Mirror

DELTA — The Grand Mesa, Uncompahgre and Gunnison (GMUG) National Forests' Ouray Ranger District signed a decision authorizing the Uncompahgre Nordic Trails, an 8.42 mile groomed nordic ski trail system on the Uncompahgre Plateau. The Uncompahgre Nordic Trail system is located near the intersection of Dave Wood Road and Divide Road, roughly 36 miles SSW from Montrose, Colorado. A small parking area will be plowed along Divide Road and will accommodate approximately 20 vehicles for recreationalists.

The Uncompahgre Nordic Association will groom and maintain the trail systems throughout the winter months as snow-pack allows. Implementation of 17 permanent trail signposts has been completed and includes a signboard at the main entrance of the trail system, just off Divide Road as you approach the parking area.

"Thanks to our partnership with the Uncompahgre Nordic Association, these new winter trails offer a much-needed recreation opportunity to experience the forest during the winter months," said Dana Gardunio, Ouray District Ranger. "The Uncompahgre Nordic Trails will expand the connection between the National Forest and the Montrose community."

A ribbon cutting ceremony will be held Jan. 6, 2023, at 1 p.m. at the main trail-head entrance just off Divide Road to celebrate the completion of the Uncompahgre Nordic Trail system. A moonlight ski event, hosted by the Uncompahgre Nordic Association, will follow the ribbon cutting at 5:30 p.m. The public is invited to come out and experience the trails.

"The Uncompahgre Nordic Association has been working this past year to get to the point where we are able to manage cross-country ski trails on the National Forest for the public to enjoy," said Gary Shellhorn, President of the Uncompahgre Nordic Association. "We are a small non-profit that relies on the help of volunteers

to make the Uncompahgre Nordic Trails operational, and we want to invite folks to enjoy a moonlight ski on these new trails on Jan. 6 to ring in the new year skiing through the pine on our National Forest."

Visitors can access and download digital maps of the trail system from the Uncompahgre Nordic Association's Facebook page or sign up to receive grooming re-

ports by emailing UNAxski@gmail.com. Learn more about the Uncompahgre Nordic Trail routes, maps and events [here](#). For more information on current fire restrictions, conditions and recreation opportunities, visit the **forest website** or www.westslopefireinformation.com. Connect with us or follow us on social media ([Twitter](#) and [Facebook](#)).

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"We are shocked and deeply saddened by the unprovoked attack and loss of life at our Kingdom Hall in Thornton. We are cooperating with the authorities as they carry out their investigation into the event. Our hearts go out to the family and friends of those who have been traumatized by the heinous actions that took the life of an innocent victim and threatened the lives of many others. We are praying for the families of all those affected."

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THE BELLS OF OPTIMISM *From pg 1*

That headline declaring optimism was the defining slogan of Harding's campaign in 1920. In promoting Harding, the Home Market Club of Boston called attention to one of its members who referred to the poem entitled *Ring Out Wild Bells* by Lord Albert Tennyson. The member pointed out that the words of the poem were timely and almost seemed to have been written with Harding's optimism in mind. The poem was actually written in England in 1850 and is now public domain. It was never one of Tennyson's well-known works, but comes to light now and then, when people need some optimism. It might even apply

to today's situation:

Ring Out Wild Bells

By Lord Albert Tennyson

*Ring out, wild bells, to the wild sky
The flying clouds, the frosty night
The year is dying in the night
Ring out, wild bells, and let him die.*

*Ring out the old, ring in the new.
Ring, happy bells, across the snow.
The year is going; let him go.
Ring out the false, ring in the true,*

Ring out the grief that saps the mind,

*And ancient forms of party strife.
Ring in the nobler modes of life,
With sweeter manners, purer laws.*

*Ring out the want, the care, the sin,
The faithful coldness of the times.
Ring out, ring out my mournful rimes,
But ring the fuller minstrel in.*

*Ring out false pride, in place and brood,
The civic slander and the spite.
Ring in the love of truth and right.
Ring in the common love of good.*

*Ring out old shapes of foul disease.
Ring out the narrowing lust of gold.
Ring out the thousand years of wars.
Ring in the thousand years of peace.*

*Ring in the valiant man and free
The larger heart, the kindlier hand.
Ring out the darkness of the land
Ring in Christ that is to be.*

--Lord Tennyson



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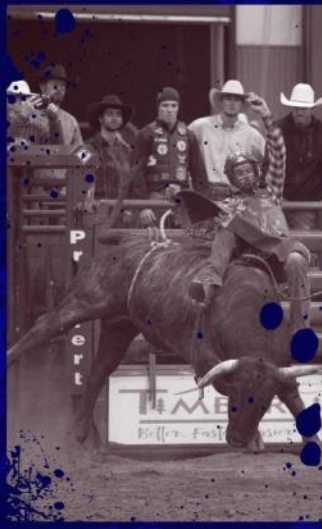
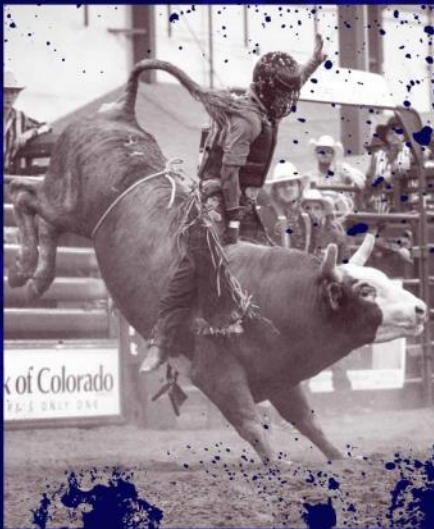
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DELTA COUNTY SHERIFF, SEARCH & RESCUE CONDUCTING SEARCH FOR MISSING DUCK HUNTER

Delta County Sheriff Mark Taylor

DELTA-On December 21, 2022 at approximately 6:08 pm, Delta County 911 Dispatch received a report of a missing duck hunter in the area of South River Road near Cool Rock Trail along the Gunnison River in the Gunnison George National Conservation Area between Austin and Hotchkiss. Sheriff's Office deputies were dispatched to the area and learned Wayne Phillips, 51, of Montrose was reported missing by his family after he failed to return home from a hunting trip. Mr. Phillips' black Ford F-150 and hunting dog along with other items, were located near the river by his wife and son who responded to the area prior to contacting Law Enforcement in an attempt to find Mr. Phillips. Deputies assisted the family members looking in the area until Search and Rescue members could arrive.

The Delta County Search and Rescue team covered the immediate area by foot and the use of a drone but were unsuccessful in locating Mr. Phillips. Since December 21st, the Search and Rescue Team has been assisted by the Hotchkiss Fire Department, West Elk Mountain Rescue, Colorado Parks and Wildlife, Search and Rescue Dogs of Colorado out of Montrose, Mesa County Search and Rescue along with family members and other volunteers but have been unsuccessful in locating Mr. Phillips as of December 30, 2022.

An extensive search of the river and the banks near the area where Mr. Phillips belongings were located was completed by utilizing probes, underwater cameras, and sonar under the water. Air assets were also used including drones, fix wing aircraft and a helicopter donated its time from the San Miguel County Sheriff's Office.

Due to the winter weather front passing through the area this week, the search efforts have been scaled back but the Delta County Sheriff's Office and Delta County Search and Rescue team are committed to continuing to do everything we can to bring closure to the Phillips family.

If anyone who was in the Gunnison George National Conservation Area or hunting on the Gunnison River near the Cool Rock Trail on South River Road on December 21, 2022 and saw or heard anything, please contact the Delta County Sheriff's Office at 970-874-2000.



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OPINION/EDITORIAL: LETTERS

BIDEN OPENLY OBSTRUCTED IMMIGRATION AND NATURALIZATION LAWS, CREATED INVASION AT OUR BORDERS

Editor:

The Biden administration and the leftists that prop him up routinely find themselves in the middle of disasters that they themselves created. How can Americans take Democrats and their propaganda media seriously when, at every turn, their choices have turned out to be incredibly wrong and, without exception, harmful to the American people? We live in a time when Democrats attempt to alter reality and replace that with a new surreal Democrat "reality". In this "pseudo-reality", our southern border is safe and secure. Fourteen border patrol agents didn't really commit suicide this year, and the fentanyl flowing past beleaguered officers isn't really the leading cause of death for Americans ages 18 to 49.

Soaring crime is just a problem of "messaging". Democrats and the media weren't all in on the left's policy of defunding and demonizing the police. As homicides exploded and hospitals filled with shooting victims, the left didn't turn a blind eye or encourage deadly riots that swept the country. Crashing America's energy and spending unfunded trillions was actually a good thing. Never mind the inflation rate being the worst in the last 40 years, and gas prices doubling. That's just disinformation. And male athletes can change their sex simply by declaring themselves female. It's OK that these mediocre male athletes skyrocket to being top-tier "female" athletes after their declaration. And if you ask why transvestites must have drag queen shows for toddlers in public libraries and about their fixation on teaching small children about their sex lives, you must surely be homophobic.

The problem with what today's Democratic party is pushing as reality is that their pseudo-realities are always totally implausible. People using old-fashioned common sense, their powers of observation, and the truth, see through the lies. They are not as dumb as the left thinks they are. For example, take election integrity and the January 6th committee's "findings". Thinking Americans see the committee for what it is: a totally one-sided and unconstitutional show trial. The report is honest about one thing. It insists that Congress ban Trump from ever holding office again. And there you have the whole point of the ludicrous exercise: Democrats will do anything, no matter how corrupt, to keep Trump from returning to the White

House. Never mind that the Constitution clearly states the only limitations on a person's running for office: native born American, thirty-five years or older, a resident for 14 years, and limited to two terms of office.

The committee accuses Trump of a desire to overturn the results of the "lawful and legitimate" election. This administration and its puppet press want to pretend the 2020 election was a perfectly ordinary election. Ignore the fact that it is now indisputable that the FBI, DOJ, DHS, and DOD worked with social media to suppress the news and control the narrative about Biden family corruption revealed on Hunter's laptop, knowingly and falsely claiming it was "Russian disinformation". This was the same illustrious FBI that spied on Trump's campaign, transition, and administration. Don't forget that 50 former intelligence officials, all receiving handsome government pensions, also conspired to push a bogus story to alter the outcome of a presidential election. Also ignore all the other massive evidence of election malfeasance.

The report accuses Trump of having a "desire for authority" that comes before his "commitment to American democracy and the Constitution" --- again, without a shred of evidence. Does the Constitution have a clause that encourages federal agencies to spy on a U.S. President? Doesn't our Constitution call for equal justice for all --- not leftists like Antifa and BLM rioters getting off scot-free after committing serious felonies, but conservatives disproportionately convicted and sentenced to extreme penalties for relatively minor crimes like trespassing? Biden has repeatedly issued edicts (student loan forgiveness for example) which were thrown out by the courts on constitutional grounds. Didn't Democrats "desire for authority" result in their corrupt attempts to destroy Trump with the Russian collusion hoax, the Ukraine telephone call hoax, and now the "insurrection" hoax?

The report accuses Trump of engaging in "insurrection". Here are the facts. In his speech, Trump promoted the First Amendment's protections of "freedom of speech and assembly" and "the right to petition the government for a redress of grievances." Here are his exact words: "I know that everyone here will soon be marching over to the Capitol building to peacefully and patriotically make your voices heard." He went further

tweeting "I am asking for everyone at the U.S. Capitol to remain peaceful. No violence!" How exactly was this a call for the violent overthrow of the government?

The report accuses Trump of "dereliction of duty" for taking 187 minutes as the riot developed without taking any action to intervene --- a total falsehood. In fact, within 25 minutes of learning of the capitol breach, Trump issued a statement calling for respect for law enforcement and sent out yet another statement 30 minutes later. The committee also omits the fact that in the days before January 6th, Trump authorized the deployment of 10,000-20,000 national guard troops to keep the event safe. Only Nancy Pelosi or the D.C. mayor could order deployment. They inexplicably failed to do so, but the panel wasn't interested in that dereliction of duty. It is clear Trump's intent was safety and security, not violence and "insurrection".

The committee fails to report that the DC police welcomed protestors inside the U.S. Capitol building and that the only death was at the hands of a Capitol police officer fatally wounding an unarmed female military veteran. It also doesn't mention the fact that the FBI embedded numerous operatives in the protests, which begs the question of the FBI's role in the so-called "insurrection."

There is not a single shred of evidence that Trump called for or wanted violence at the Capitol. Democrats continue with this absurd circus because they know they have an obedient puppet press that will go along with their fantasies. They truly believe the American people are so ignorant that they will simply go along with the kind of political theater normally reserved for third world dictators or Vladimir Putin.

The left's attempt to distort reality when it comes to Trump stems from their need to distract from Biden's failures.

It is the president's job to protect the American people by faithfully executing and enforcing the laws of the land. Biden has openly obstructed our immigration and naturalization laws and intentionally created an invasion at our borders.

"Dereliction of duty" is not sufficient to describe his open abuse of power. If the committee was at all interested in truth or justice, they would address Biden's tyranny and treason.

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REGIONAL NEWS BRIEFS

EXPECT A LENGTHY DELAY ON US 550 COAL BANK AND MOLAS PASSES

Special to the Mirror

CDOT will perform winter maintenance operations on US 550 between Purgatory and Silverton tomorrow morning, Jan. 2. Crews will close the highway at 6:30 a.m. along Coal Bank and Molas passes. Northbound travelers will encounter a closed gate just north of Purgatory, near Cascade Creek (MP 52). Southbound travelers will encounter a closed gate just south of Silverton (MP 70). Do not attempt to bypass the closed gates. Travelers can expect a lengthy closure for much of Monday morning. CDOT advises motorists to postpone travel due to the extended closure and because of the adverse road conditions expected with this snowstorm that is expected to remain in the region through Monday afternoon.



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by Tim Jones



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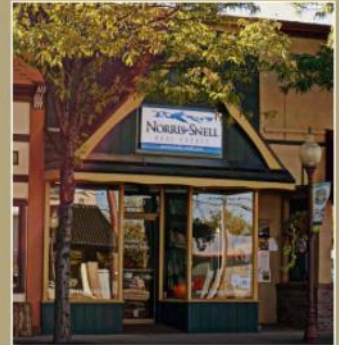
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COLORADO NEWS BRIEFS

COLORADO ANNOUNCES LAUNCH OF MISSING INDIGENOUS PERSON ALERT

Special to the Mirror

LAKEWOOD – Recent legislation ([SB 22-150](#)) expands the investigation of missing and murdered Indigenous relative cases, including the creation of a new Missing Indigenous Person Alert (MIPA) through the Colorado Bureau of Investigation (CBI).

Following stakeholder meetings and a comprehensive rulemaking process, the new alert that focuses on reported missing Indigenous persons goes live on December 30, 2022.

The requirements of the new MIPA are as follows:

The CBI will be responsible for the issuance of all Alerts at the request of local law enforcement through its existing alerting system.

The criteria includes the following:

The missing person must have an active entry in CCIC/NCIC.

The person must be Indigenous. (The CBI will accept whatever information can reasonably be provided.)

There must be enough information available to believe that the issuance of an alert will aid in the recovery of the missing person.

The request for an alert must come from law enforcement.

The legislation also requires a law enforcement agency that receives a report of a missing Indigenous person to notify the CBI within eight hours of a report of a missing adult or within two hours of a report of a missing child.

Note: If the incident involves an abducted Indigenous child a statewide AMBER Alert will be issued if the alert criteria is met. Alerts activated by the CBI are only active in the state of Colorado. If information suggests the missing person is no longer in Colorado an alert will not be activated. However, the CBI can work to communicate with other states as necessary and as requested by local law enforcement in such cases.

Once a MIPA is activated, Colorado law enforcement will be notified electronically, while the media, stakeholders, and others may distribute the information via email and text to its current list of alert

subscribers. To receive alert notifications please email:

cdps_cbi_missing@state.co.us

In addition to notifying the media and asking them to distribute to their audiences, the CBI will coordinate with the Colorado Department of Transportation to dis-

play known vehicle information on the Variable Message Signs across the state, as available. The new MIPA is part of the [CBI alert system](#). Colorado joins the state of Washington in offering an alert for missing Indigenous persons for law enforcement to access.

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REGIONAL NEWS BRIEFS

VIRTUAL DISCUSSION: THE FAKE NEWS MARKETPLACE: HOW IT WORKS, AND WHY IT MATTERS

Special to the Mirror

COLORADO-On Thursday, Jan. 19, 6 - 7:30 p.m. - Join Dr. Justin McBrayer, philosophy professor at Fort Lewis College, for his presentation on, "The Fake News Marketplace: How It Works, and Why It Matters," a virtual discussion on Zoom about the impact misinformation has on society. We'll talk about what the fake news marketplace is and the steps we can take as individuals and as a society to

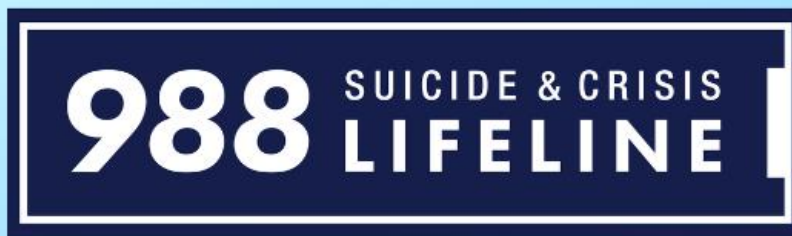
combat this threat. Free and open to everyone. Videoconference information will be provided in an email once registration is complete. Register at <https://larimerleague.org/FakeNewsMarketplace>. Sponsored by the League of Women Voters of Colorado, Montezuma County, Larimer County, the News Access & Literacy Task Force; and the Colorado State Library.

To learn more about Dr. McBrayer's topic

see his book, [Beyond Fake News: Finding the Truth in a World of Misinformation](#), available through Amazon or check availability through your local library.

To learn more about the League of Women Voters and the News Access and Literacy Task Force visit www.lwvcolorado.org, and look under the "Advocacy" menu.

To learn more about the local League of Women Voters of the Uncompahgre Valley visit www.lwv-uv.org.



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REGIONAL NEWS BRIEFS

JAY JOHNSON JOINS CAREGIVER SUPPORT FOUNDATION BOARD

Special to the Mirror

MONTROSE-Jay Johnson joined the Caregiver Support Foundation board of directors to take a more direct role in supporting the vision and mission of the foundation. Johnson replaces exiting board member Laurie Jones. "We thank Laurie for her diligence and hard work," said Foundation Chair Laird Landon. "And we're excited about Jay filling the void she leaves. The role of caregiver is difficult and unique to every person, and it often develops slowly over time. Support groups provide many benefits for people who find themselves in this role."

Jay Johnson started attending the support

groups after taking on the caregiver role for his mother who suffers from Dementia. He moved his mother from Milwaukee to Montrose with the intent of letting her continue her daily routine as much as possible and realized she needed more attention than he was able to provide. Fortunately, they found and moved her into an assisted living facility where her routine has changed a great deal, but she still has some independence. Now the new CSF Board Member is working diligently to create as many moments of joy as possible.

"I had never attended a support group and was a bit hesitant, but the benefit was

obvious and impactful from the first meeting," said Johnson. His goal is to support the foundation by communicating the benefits of the support groups to all those who find themselves in a caregiver role. Johnson is a software engineer who lives in Montrose. More information about the Caregiver Support Foundation can be found at family-caregiver.org.



Jay Johnson. Courtesy

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AT START OF 2023, WATER STILL TOPS LIST OF WEST SLOPE CONCERNS *From pg 1*

"They irrigate year-round."

In contrast, "Year in, year out, farmers and irrigators in the Uncompahgre Valley always adjust to conditions. They have to-- If you don't have enough water to irrigate, you need to figure it out before the season. We don't have a Lake Mead or a Lake Powell just above us," Hurford said. "Yes, we have some storage, but we are subject to what the water supply conditions are year-round...we can't use more water than we have."

Producers here must assess the irrigation situation at the start of each season and plan for the purchase of fuel, fertilizer, and other necessities, he said. "Farmers and irrigators are constantly watching the weather and the snowpack every winter."

By April 1, growers are better positioned to make financial decisions for that year.

And while non-agricultural water supplies have been firmly established for municipal use, it's still wise to consume water efficiently at home, Hurford said. Lawn watering can be viewed by some municipalities as an area of flexibility, and watering restrictions have been imposed during

scarce water years.

For Montrose Board of County Commissioners Vice Chair Sue Hansen, water is one of a number of overlapping concerns that also include growth, transportation, as well as physical and mental health care. Hansen worries about the spike in drug use and related crimes here following Colorado's 2019 passage of HB 1263, which made possession of four grams or less of a controlled substance listed in schedule I or II a level 1 drug misdemeanor. Montrose County supported last year's unsuccessful effort to reinstate fines and punishments, she said. And she worries about the impacts of growth, which has already arrived. "You can see it."

Hansen is concerned over increasingly congested roads. Transportation, while vital to the entire state, is even more essential to the Western Slope. In addition to travelers, state highways carry goods for local consumers, and area producers truck crops to the Front Range. Hansen sits on the Transportation Committee for Club 20, which recently issued its TR-22-3-Guiding Principal-Transportation Funding.

"We've only got two main ways to get to the Front Range," Hansen said, "The I-70 Corridor and Highway 50."

Still, "Water is going to be the biggest--it's a multi-state issue, and what works for the Uncompahgre valley does not work for California and the Front Range," Hansen said, "The whole Upper Basin is going to be facing some water issues."

As access to water becomes more problematic and the cost of land rises, the situation could have a chilling effect on agricultural livelihoods. Montrose County has a history that includes fruit orchards and a present that offers successful year-round ag-based businesses as well as seasonal farm stands and markets. Without adequate water, there could be fewer farmers, Hansen said, noting that recent years have seen a renewed interest in growing crops.

"It would be nice to be able to encourage young farmers," she said.

No matter what, Montrose will continue to grow as more people discover the area's quality of life. "We have a gem here," Hansen said.

COLORADO NEWS BRIEFS

CSP REQUESTING PUBLIC ASSISTANCE IN FATAL HIT-AND-RUN CRASH

Special to the Mirror

EL PASO COUNTY – Investigators with the Colorado State Patrol are requesting assistance locating a vehicle and driver involved in a crash resulting in a party killed. At approximately 9:21 AM Jan. 1 investigators were notified of a body near the intersection of Fontaine Blvd. and Metropolitan St. The party, a 19-year old male from Colorado Springs, was declared de-

ceased on scene. The crash is believed to have occurred between 10 PM the night of Dec. 31st and sunrise the morning of Jan. 1st. The roadway was closed until approximately 3:26 PM while the on scene investigation was conducted. Investigators believe the vehicle involved is a 2015-2017 black Ford Expedition SUV. There is damage to the front passenger side headlight, bumper, and fog light area. No li-

cense plate or driver information is known; no pictures or footage of the vehicle is available. Anyone with information related to the vehicle, driver, or crash, or with possible dashcam or video footage from the area around the time of the crash, is asked to please contact the Colorado State Patrol dispatch center in Pueblo at: 719-544-2424, reference case #2B230002. You can remain anonymous.

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REGIONAL NEWS BRIEFS

CITIZENS' CLIMATE LOBBY MEETS JAN. 9 AT MONTROSE LIBRARY MEETING ROOM

Special to the Mirror

MONTROSE-On Monday Jan. 9, at 5pm Montrose library meeting room- Citizens' Climate Lobby meets in person. Local action groups on Electrify Montrose, Solar projects, Health Forests, Water, Recycling. National, nonpartisan, All Welcome info at 970-765-9095



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OPINION/EDITORIAL: LETTERS

THE FIRST LIE ABOUT THE JANUARY 6, 2021 RIOTS THAT HAPPENED TWO YEARS AGO THIS FRIDAY

Editor:

January 6, 2021 was a terrible day in the Capitol in Washington DC. What happened? A thousand or so fine upstanding American Citizens, otherwise known as anarchists, interspersed with various sorts of federal employees to, among other dastardly deeds, fan the flames of the 'demonstration'(riot) attacking our Capitol Building breaking into it, painting its stone walls and lighting fires. That is a summary and probably an inadequate one of what happened.

A few days earlier a church near the White House was torched. The anarchy was warming up and any thinking person in DC's massive intelligence community --- city cops, FBI, Military Intelligence and at least the more powerful members of Congress knew that something serious was about to happen.

When the vigero hit the impeller on Capitol Hill it was not a surprise to at least some of our government elites. "Mrs. Pelosi, who is supposedly in charge of Capitol security, could get no one to respond to her call for military help. Well it is simple, the person in charge of Capitol security, DID NOT KNOW WHO TO CALL! Right! So the Capitol police were called in to act. Just what are their qualifications for riot control? I don't know either but a good guess is NONE.

Let me spin a tale. In 1968 I was sta-

tioned at Quantico, Virginia. My battalion there had an additional duty (from its Marine Corps one) of providing a reinforced battalion (about 1000 fully equipped, fully trained in riot control, with transportation) to the Military District of Washington (MDW) on call for riot suppression upon MDW request. Every two months we trained for one weekend for that mission.

Google says that MDW still exists. Further Google says that the Marine Corps is still obligated to provide troops. One of those units is Company B, Marine Barracks, Eighth and Eye, Washington DC. Company B's barracks are just a few city blocks from the Capitol.

So when Martin Luther King, Jr. was assassinated April 4, 1968 my battalion was called to perform our mission to secure--- guess what? You got it---the Capitol, House and Senate office buildings, the Supreme Court, the Library of Congress and the Capitol power plant. And subsequently, as the rioters burned down ten city blocks housing east of the Supreme Court clear the the DC Stadium, not one of them ever set foot on the Capitol grounds OR TOUCHED ANY OF THE BUILDINGS MENTIONED.

In short, it is my considered opinion that MDW was standing ready for their mission and that if any of the politicians, the DC police, the capitol police---just about any-

one in authority---dialed the right phone number (MDW) there would have been no riot. The Capitol police were overwhelmed both in numbers and training. There is a great difference between well-equipped, disciplined Marines with ammunition, tear gas and fixed bayonets and the Capitol police or National Guardsmen!. An entire company of Marines, some of the most trained and disciplined in the Corps, at Company B, Marine Barracks, Eighth and Eye, Washington, D.C.stood unused.

Properly executed (anticipated with early movement to the Capitol area) and the January 6, 2021 riot would have ended before it began and we would not have had the two years of lies and slander the entire nation has endured.

Later that spring we were called to the Pentagon for the "Draft Riots" and were joined by an army division from FT. Knox. (they were flown into Andrews AFB the night before). None of those rioters got near the Pentagon, except the ones we wanted to catch. They got in the front doors 'by accident' and we had them. With us having their leaders and it getting dark we pushed the crowd to the mall and they left.

In neither of these cases was anyone shot or injured.

W. H. Bennett, Montrose-then Captain, USMC



ANONYMOUS

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**MONTROSE REGIONAL
CRIME STOPPERS**

see something, say something

COMMUNITY OBITUARIES

JEFFREY ALAN SALAZAR



On December 24th Jeffrey Alan Salazar passed away in his sleep in Ridgway Colorado. Jeff is survived by his mother, two brothers, three sons, two daughters, and his grandchildren. Jeff was 58 years old. Jeff, a Colorado native, had a passion for the mountains and loved being in "God's Country."

During his youth Jeff often went into the mountains for weeks at a time on horseback and would enjoy the wilderness. He loved to go hunting and teaching his kids how to shoot and fish. He also enjoyed doing automotive work on all of his vehicles. He worked in the mines in Silverton like his father and moved to Arizona to work in the copper mines.

He moved back to Colorado in 2000 and has been a resident ever since. Jeff loved the time he spent with his grandchildren. He had a caring heart and would often help those who were in need. His laugh could light up a room and he was often heard saying the term "Pard" to anyone who was around him. Jeff had an impact on any situation he was in and can be remembered as someone who loved deeply. Most who were around him felt like family and knew that he cared deeply. Jeff was a free spirit and often said what was on his mind, he enjoyed living a life and chasing adventure. His favorite times were spent with his family on horseback and creating memories. He truly was a cowboy and will be missed.

Crippin Funeral Home is assisting Mr. Salazar's family.

The Mirror

*For coverage that never leaves
our readers out in cold ...*



www.montrosemirror.com

COMMUNITY OBITUARIES

TERRY TERPSTRA

April 3, 1953- December 29, 2022

TERRY TERPSTRA (age 69) of Montrose, CO passed away on December 29, 2022, in the comfort of his home. Terry was born in Denver, Colorado to Harold and Elaine Terpstra on April 3, 1953. After graduating from Denver Christian High School Terry enjoyed a lengthy career as a truck driver starting with local deliveries and progressing to over the road, Front Range and Western Slope deliveries. Never driving outside of Colorado so that he would not be away from his wife, Mary, whom he married in 1997.

In 1999 Terry was interested in trying something new and so began his business as a handyman. He provided varied services from small home repairs to full basement remodels. Never advertising and always receiving excellent word of mouth reference. In 2015 Terry again used his driving skills when he began driving for Uber. He enjoyed driving and meeting

many interesting people. Terry retired in 2017 so that he had time to enjoy days on the golf course.

Among his many interests Terry was an avid NASCAR racing fan, attending races around the country whenever possible. He enjoyed touring racetracks so that he could have his photo taken in the flag stand. A visit to the NASCAR Hall of Fame was a high point for Terry. He also loved officiating slow-pitch softball, building things with his hands, jigsaw puzzles and assembling Lego model cars.

Following a trip to the Western Slope, Terry and Mary decided to move to Montrose. Since arriving in 2020, they have enjoyed long road trips, exploring the Western Slope, walking in the neighborhood, short hikes, bike rides, and even snowshoeing. They were pleased to discover Montrose Christian Church and have formed a community of friends among its

congregants.

Terry is survived by his wife, Mary Terpstra, nee Swierenga, brother Wayne Terpstra, sister Trudy Jones, nee Terpstra, and sister Karen Nelson,

nee Terpstra. He is also survived by his children from a previous marriage, daughter Jodi Yutzy, nee Terpstra, daughter Julie Zoetewey, nee Terpstra, and son Chris Terpstra, and five grandchildren.

A Celebration of Life service will be held at Montrose Christian Church on Saturday, January 14, 2023, at 2 p.m. followed by a light reception.



SEE SOMETHING - SAY SOMETHING



970-249-8500

ANONYMOUS CALL

MONTROSE REGIONAL
CRIME STOPPERS

COMMUNITY OBITUARIES

RALPH EARL (LUTHER) WILLIAMS

RALPH WILLIAMS was born on New Year's Eve, December 31, 1932 to Ralph Bert Williams and Ruth Elizabeth (Fisher) Williams on a farm east of Delta, CO. He was the 3rd of seven siblings. Ralph became the family gardener and loved to cook. He attended schools in Delta and graduated from Delta High School in 1951. During the Korean War, Ralph joined the Colorado National Guard right out of high school, spent eight years as a cook, and was honorably discharged in 1959. In 1955, he moved to Montrose CO and married Anne Rumbaugh. They had one child together, Earl Wayne, who died of cancer on March 31, 2011. Ralph enjoyed working at many jobs and became an accomplished welder, mechanic, and truck driver. He had a passion for music and enjoyed playing drums with the "String Busters," the first ever to play at the Wagon Wheel, and joined numerous other groups and bands. Ralph was a lifetime member of the NRA and loved hunting. Ralph is survived by two brothers, two sisters, his daughter-in-law Pauline Williams, three grandchildren (Andrew, Amelia & Paul) and two great grandchildren (Carter Savannah). Funeral arrangements are being handled by Crippin Funeral Home. In lieu of any gifts, contributions are welcomed at HopeWest, 725 N 4th St, Montrose, CO 81401.

BARBARA (BARB) ANN BICHON *June 27, 1942-December 19, 2022*

BARBARA (BARB) ANN BICHON, 80, of Montrose Colorado, passed away at home on December 19, 2022, surrounded by her family.

Barb was born in Hannibal Missouri to William and Barbara Arnold on June 27, 1942. She graduated from Hannibal High School in 1960 and went on to earn a degree in Education from Kirksville State Teaching College. Barb was a Special Education teacher at Lampasas High School in Lampasas, TX, and Delta High School in Delta, CO. Upon her retirement from teaching, she created and operated the ever popular BB Glass Creations, painting and selling glassware at Colorado farmer's markets and craft fairs. She was an amazing cook and could always be found working in her yard and garden. She also enjoyed entertaining and spending time with family and friends.

Barb is preceded in death by her parents, Barbara and William, and two brothers Richard (Bud) Arnold and Jack Arnold.

Barb is survived by her brother Dale Arnold of Chillicothe MO; son Robert Bichon; son Christopher Bichon (Cheri); and son Brady Bichon (Nicole). Barb has three grandchildren Lexi Bichon, Bodin Bichon, and Griffin Bichon.

Above all Barb adored dogs, especially her pup Bella. In lieu of flowers, memorial donations may be made to the Montrose Animal Shelter, 3383 N Townsend Ave, Montrose, CO 81401, (970) 240-1487. Per her wishes there will not be a service.

The family wishes to extend their gratitude to the amazing nurses and staff at Hope West Hospice and for their support in her final days. Crippin Funeral is assisting Mrs. Bichon's family.



Now more than ever...

Thank you for reading

THE MONTROSE MIRROR

COMMUNITY OBITUARIES

LEO BRENNEIS



Grief is the price of love

It's worth it a thousand times over...

We said goodbye to Leo Brenneis 12/20 after a heroic fight against ALS for almost two years. Leo was born and raised in Wisconsin but was a Colorado man at heart. Even after he moved to Texas he would ski in Colorado as often as possible. Shortly after he married, he was able to realize his dream and moved to Telluride.

Leo gave 150 percent to everyone and everything and strived for perfection in everything he did. Leo never met a stranger and could talk to just about anyone. He had the unique ability to connect with people. He just had to flash his contagious smile to make everyone's day better.

Leo enjoyed living in the mountains of Colorado and all the friends he made along his way through life.

Always athletic, he loved snowmobiling, riding dirt bikes, jet skis, waterskiing, wakeboarding, wake surfing, camping. He recently bought a Harley. He enjoyed riding over the mountain passes in search of the next best meal or pie. Whatever he was doing, he lived life to the fullest.

Leo excelled at being a friend, husband, brother, uncle and for a short time, Dad to his son Patrick.

Leo chose not to have a funeral service but opted for a burial with a celebration of life at a future date. Crippin Funeral Home is assisting Mr. Brenneis' family.

DONALD ALAN BROWN

DONALD ALAN BROWN, 83, of Montrose, Colorado, passed away peacefully on 12/24/2022.

Don graduated with an AA from Glendale College and went on to become an accountant and Chief Financial Officer who was dedicated to honesty and professionalism.

An avid outdoorsman, he loved fly fishing, backpacking, biking, gardening, and birding. He passed on his love of the outdoors to his family. In his spare time, enjoyed tying flies, and growing things. A man who treasured quiet, contemplative hobbies, he enjoyed tying delicate flies for fishing, working in the soil, harvesting vegetables, cooking, and working with wood. He researched and refined his knowledge of each area of interest, reading, building, and collecting beautiful tools for each of his hobbies. Don was an avid reader who enjoyed historical books, the classics, and studying the Bible. Many of his favorite books are enjoyed by his children and grandchildren.

Don enjoyed spending time with his wife, children, and grandchildren. He was a devoted and loving partner to his wife of more than 50 years, as well as a loving father to their children. He is survived by his daughters, Ginger DeValue and Bonnie Eggan, and his son, Mike Brown, Don also leaves behind his grandchildren, Jake, Chad, Emily, Eric, and Lizzy.

The family held a private memorial last weekend and asks that any donations made in Don's honor go to the [National Parks Conservation Association](#).



CELEBRATING LOCAL BEAUTY.



ISSUE 402 Jan 2, 2023

ART & SOL

YOUR BRAIN ON NATURE – WHEN RAGE IS GOOD



By Lauren Hall Ruddell, Ph.D.

Greetings Mirrorites!

Last year there were no singing meadowlarks in my rural neighborhood, when there had been plenty the year before. As with many species of grassland birds, these melodious heralds of seasonal change are indeed disappearing.

Finding this out made me so sad. I was filled with what place attachment scholars refer to as *Solastalgia*, the anguish or despair we feel when we realize that the place we live in and love is chronically deteriorating, and the comfort—or solace—we derived from our home environment is disappearing. Just like you never miss the water till the well runs dry, I had no idea how important the song of the meadowlark was to my peace of mind and sense of orderly change of seasons and rightness in the world.



Young people are angry with the older generation...and they should be. Courtesy photo.

Then I got angry. Meadowlarks have declined by 75 percent since the 1970s. Will they return to western Colorado grasslands next year? I can't begin to speculate, but the idea that they are gone fills me with rage.

It may surprise readers to learn that anger is a super useful emotion. It is very motivating and helps us to defend our social and physical boundaries. Yes, it can alter our perceptions of consequences and increases impulsivity, yet when properly channeled, the experience of acute anger known as rage can be effectively utilized.

Researchers have correlated rage with feelings of overwhelm, of 'losing it,' often accompanied by a strong measure of frustration, and followed by simmering and enduring anger. Rage often results when a sense of control is jeopardized. The scale of extinction and climate upheaval is

so massive that a sense of control is virtually impossible, therefore rage and anger are inevitable. Rage happens unbidden, and sometimes all we can control is our choices in dealing with it. When we always try to bury it as being unworthy or socially taboo, our bodies as well as our minds can be harmed. Useless rage turned inward is effective psychic energy wasted.

Charles Spielberger, Ph.D., a psychologist who specializes in the study of anger says... "The danger is that if it isn't allowed outward expression, your anger can turn inward—on yourself." Anger turned inward can result in depression, hypertension, and high blood pressure. Rage gardening, rage housecleaning, rage activism, and other forms of anger energy harnessing prevent damage to the enraged individual's mental and physical health, while birthing something useful into the world.

New psychological disciplines are emerging for the study of "eco-emotions". These emotions are generally not composed of fascination with nature, sublime spiritual awe for the complexity and magnificence of earth features and systems, or other noble perceptions of appreciation espoused by Muir, Wordsworth, and Thoreau. They are something new, something modern and much darker. There is ecogrief, eco-anxiety, eco-depression, and eco-anger.

An Australian study of the effects of eco-emotions on mental health and behavior

Continued next pg

YOUR BRAIN ON NATURE – WHEN RAGE IS GOOD From previous pg

outcomes demonstrated a somewhat intuitive aspect of human coping. Eco-anxiety and eco-depression are somewhat paralyzing. This group sampled people whom they classified through a questionnaire as 'climate accepters'. They found eco-depression strongly predicted greater general depression, overall anxiety, and physical symptoms of chronic stress. Eco-anxious accepters were a little better off, reporting experiencing anxiety and stress in their daily lives but very little depression. The most interesting finding among non-acceptors was that eco-angry respondents reported an inverse relationship between their rage and the other variables. In other words, their rage against the machine was protective against other mental health insults. Feelings of eco-anger may be a uniquely adaptive response to the climate crisis, as it appeared to be related to *lower* anxiety, depression, and stress.

This is helpful for the wellbeing of humans, but what does it do for the environment, if anything? With this question in mind, I dug into eco-emotions and the current therapeutic thinking about the management of them. This proved discouraging in some ways. The eco-emotions listed above are often conflated as 'psychoterratic syndromes' and therapists are being directed in ways to encourage acceptance and apathy as a more acceptable path toward mental health than taking action. This is unfortunate and unwise. Far better to counsel patients in the art of *terrafurie*...Earth Rage.

Poet and writer Glen Albrecht coined this term in 2017 and I find it resonates with my own increasing sense of fury over extinction and climate change. A keen sense of potent and actionable *terrafurie* at our industrial-technological society results in beneficial climate and ecological policy changes. Yes, the anger should be effec-

tively and strategically directed at challenging the status quo in both intellectual and socio-political terms, rather than targeting individuals.

People who do not stoke their own capacity for *terrafurie* may be missing out on an important mental health brick in their wall.

Committing to a certain amount of eco-rage this year is among my New Year's resolutions, along with winter exercise (see previous article).

I hope to double down on certain efforts in wildlife conservation activism, hoping against hope, that one day, maybe, the meadowlarks will return. Perhaps, gentle reader, a bit of eco-rage this year will help keep eco-anxiety at bay for you as well, in addition to protecting the natural resources our hearts and minds depend on for good health.

Thoughts can be offered at agescapesnow@gmail.com.



*Save a tree –
Read the Mirror!*

THE MONTROSEMIRROR
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6-8 pm.  Jan. 18

LIFE DRAWING

with model



Bring your own preferred art materials.

Coffee, tea, bottled water provided. \$20

Extra paper, charcoal, pens, pencils available if you want to play.

Summit Room. Montrose Field House.

Sign up at desk or online from

<https://kathrynrburke.com/011823draw>

IF YOU HAVEN'T TRIED CAMP ROBBER – DO IT!



By Carole Ann McKelvey

MONTROSE -- Camp Robber is known for its unique and ever-changing cuisine featuring various chefs and their specials developed just for the restaurant. My son, Ian, and I had not been to this Montrose icon for a while, so decided to grab a dinner this last week.

Owners Bill and Kim Volk are from New Mexico, so quite a few of the items on the menu at Camp Robber do have that New Mexico zing, the rest are deeply flavored and not necessarily on the hot side.

This night I choose to go rather light, so ordered an appetizer, crab cakes with remoulade sauce – so tasty! And of course, a spectacular margarita. Ian had the bison burger and pronounced it delicious. Huge burger with all the trimmings.

Menu items range from specialty salads to grills, with wraps such as peanut chicken, turkey, bacon, and avocado. There are buffalo blue cheese chicken and New Mexico blue corn enchiladas, Sonoran steak, among other things, including a variety of menu items and specials carefully crafted by eight chefs – yes, eight chefs contribute carefully crafted specials. To find out what's cooking the day you want to dine, go to the Camp Robber website.

The appetizer offerings by themselves can add up to a great meal and range from \$13.34-16.95.

Appetizers:

Rio Grande Nachos, shredded beef, beans and green chile piled high and smothered with cheese; Chicken Appetizer Quesadilla; chicken and green chile served with house-made salsa; Chips and house-made salsa or with queso; Fried Artichoke Hearts, with green chile aioli sauce; the House-made Crab Cakes served with remoulade sauce; and, of course. Chips with house-made salsa or queso or guacamole.

Soup and house salad:

Soup of the day changes depending upon the chef, you can order a cup, bowl or

quart. If you chose to order a cup of soup (green chile, veggie lentil potato, green chile chicken potato, etc.) with a house salad its cost is from \$13.04-14.66. Order the house salad alone and it's \$6.41.

Entrée Salads:

Feel like going all green? These salads are for you. Entrée salads run from \$15.38-19.66.

Parmesan Crusted Chicken Salad, fresh spinach, fresh berries, pineapple and onions. served with house-made strawberry balsamic dressing; Caesar Salad, choice of tossed, grilled chicken, grilled salmon or grilled shrimp; Chicken Cobb Salad, romaine, bacon, hardboiled egg, croutons, gorgonzola and served with house-made French dressing; Quinoa Salad with Cilantro Lime Dressing, served over a bed of romaine with your choice of tossed, grilled chicken, grilled salmon or grilled shrimp; and a Portobello Mushroom Salad, romaine, black beans, salsa, avocado and jack cheese. served with our house-made peach margarita dressing; Sonora Steak Salad, romaine, crispy leaks, gorgonzola and served with house-made orange basil dressing; Pistachio Chicken Salad, stuffed in 1/2 an avocado with romaine and house-made peach margarita dressing; last but certainly not least: Asian BBQ Chicken Salad, romaine, sesame seeds, crispy wonton strips with house-made poppy seed dressing. And we haven't even gotten to the entrees yet!

Pasta:

Pastas will set you back from, \$ 18.17-20.93. Grilled Salmon Cilantro, in a white wine butter sauce; Rosemary Chicken Alfredo, stuffed with Swiss cheese and fresh herbs; Shrimp Chimayo, your choice of heat! Also, Thai Peanut Stir Fry, your choice of protein or veggie; Sonora Steak, with chipotle alfredo sauce/ steak cooked to order; Shrimp, Avocado & Prosciutto, in a cream sauce.

Burgers, wraps and more:

If you're in the mood for a burger, you're in the right place. How about an Elk or Buffalo Burger? Burgers are cooked to order and run from \$15.28-17.80. Choice of side and two toppings. Feel like going to St. Louis for ribs -- full rack (8) or half rack (4) served with choice of side. Crab Cake Sandwich, choice of side for \$19.76. Or have an Applewood Bacon, Apricot & Mozzarella Grilled Cheese with one side for \$14.94. Wraps go for \$14.88-15.65, with one side: Thai Peanut Chicken Wrap, Turkey Bacon Avocado, Chicken Caesar, Pistachio Chicken Salad or Buffalo Chicken Wrap. Fish & Chips, beer battered cod with French fries (or your choice of side) served with remoulade sauce (\$16.46). Sandwiches: Camp Robber Club (\$14.89) smoked turkey, ham, bacon, avocado, lettuce and tomato with a smear of chipotle mayonnaise, served with your choice of side or Prime Rib French Dip (\$18.84)

New Mexican: You knew we'd get to this.

Everything from street tacos (\$15.58) 3 tacos with your choice of filling, comes with your choice of sides served with house-made salsa. And Shrimp Avocado, Chicken Cilantro & Carne Adovada Quesadillas, lots of Enchilada's choices, Chili Rellenos from all from (\$15.20-16.74).

Steak & Fish:

Hey big spender, here you go! Steaks from 10 oz Top Sirloin (\$31.95) to 7 oz. Beef Tenderloin (\$38.09) 12 oz. Ribeye (\$40.41) or Chicken Fried Chicken (\$22.04), Coconut Shrimp (\$29.07), Green Chili Pistachio Pork Medallions (\$27.43), 8 oz. Grilled Salmon (\$30.58), Grilled Halibut with Cilantro Lime Sauce (\$30.58). Bring the little's; full kids' menu from \$5.50-11.10) They are sure to find something delicious.

Desserts:

Depending on the night's chef these vary and specials are listed on the board. Desserts, such as cheesecakes, cakes, crème brûlée, run from \$7.25-8.75. I personally can't get enough of the San Juan Mud Pie! Camp Robber is located at 1515 Ogden Road, Montrose, along Hwy 550. It's open Monday - Saturday: 11 am - 8:30 pm; closed Sunday. View the menu at www.camprobberr.com or call 970-240-1590.

January Art Classes with Kate Burke 4 locations in Montrose

Alcohol Ink Painting

Thr. Jan. 12, Mosaic. 5:30-7:30 pm



All materials
plus
step-by-step
instructions
to paint
winter scenes



Tue. Jan. 17, MRD Field House. 6-8 pm



LA NOUE
DUBOIS

Sat. Jan. 14
67289 Trout Rd.
Includes wine



Sat. Jan. 21
WHAFV
4 Hillcrest Plaza Way

Included: All art materials plus sketch of your pet ready for your to paint.

Details, registration, <https://kathrynrburke.com/education>

MIRROR CHURCH DIRECTORY

ALL SAINTS ANGLICAN CHURCH

Anglican Church in North America
Address: 2057 S. Townsend, Montrose, CO 81401
Office Hours: Varies and by appointment
Contact Information: (970) 249-2451
<https://www.allsaintsmontrose.org/>
Priest: The Rev Gary L. Way
Worship Service Times:
Sunday, 9AM, Holy Eucharist.

Wednesday, Noon, Multi-denominational Prayer Hour. There are multiple Bible Studies during the week. All Saints Anglican Church is Biblical, Anglican and Orthodox. The Liturgy (order of service) is from the Anglican Church in North America Book of Common Prayer (2019). Music is a combination of traditional hymns, contemporary, and more modern songs. This is a family-sized church that welcomes all individuals

and families. We are currently comprised of families and singles, ages 25 to 90. Fellowship time follows each Sunday Service with a potluck meal following the service on the 3d Sunday.

All Saints Anglican Church
2057 S. Townsend Ave
Sunday Holy Eucharist, 9 am
The Rev Gary Way, Interim Priest
allsaintsanglicanmontrose.org

BIBLE BAPTIST CHURCH

Independent Baptist
112 Main St.
P.O. Box 262

Olathe, Co 81425
Tuesday-Friday Phone: 970-808-1021
www.biblebaptistchurcholathe.com
Pastor Gabe Skillo

Sunday School 9:15 a.m.
Sunday 10:30 a.m.
Sunday 6 p.m.
Wednesday Bible Study/Prayer 7 p.m.

CHRIST LUTHERAN CHURCH

Denomination: Christ Lutheran Montrose
Affiliation: Lutheran Church Missouri Synod
Address: 1980 N. Townsend Ave., Montrose, CO 81401
Contact: 970-633-0226

Website: www.montroselutheran.org
Email: montroselutheran@gmail.com
Pastor: Tim Onnen
Worship: Sundays at 9 AM
Sunday School and Adult Bible Class at 10:15 AM; Women's Bible Study Fridays at 9 AM. At Christ Lutheran Montrose you will

find friendly people gathered in a welcoming environment being comforted and encouraged by the forgiveness and love of Jesus, and sharing that with one another. We are a small congregation of seniors and middle-aged, sprinkled with young children and teenagers.

FIRST CHURCH OF THE NAZARENE

Denomination: Church of the Nazarene
Address: 705 South 12th Street
Office Hours: Monday - Thursday 9 am- Noon and by Appointment
Contact Information: Office Phone 970 249-9213, mncfirst@gmail.com, www.montrosenazarenechurch.org

Pastor: Buddy Cook
Services Sunday: Worship 10 AM, Adult Bible Study 11:30 AM Worship includes age-appropriate children's ministry during adult worship.
Wednesday: Prayer Boot Camp - 7 PM
Mission Statement: *Montrose First Church of the Nazarene exists to make Christlike*

disciples in Montrose Colorado and around the world.

Demographics: Our church consists of older and younger people. We have younger families with children and young teens and older adults as well. We also support the work of Calvary Ranch Colorado and its addiction recovery ministry.

FIRST PRESBYTERIAN CHURCH MONTROSE

Affiliation: Presbyterian
Address: 1840 E Niagara Rd. Montrose CO. 81401 **Office Hours:** M-Thu 9AM - 12PM **Contact:** 970-249-4732, in-

form@fpcmontrose.com, www.fpcmontrose.com
Pastor: Jesse Mabanglo
Worship Service times: 9:30AM, Student Worship at 6PM. *We strive to encourage, challenge and support one another*

er through spiritual growth, worship, and service in our community, country, and world. We also encourage children and youth to grow their relationship with Christ through our children and student ministries.

HILLCREST CONGREGATIONAL UNITED CHURCH OF CHRIST

Denomination affiliation: United Church of Christ
Address: 611 South Hillcrest Drive, Montrose, CO 81401
Office hours: By appointment
Contact information:

Phone number: (970) 249-9047
Email address: office@montroseucc.org
Website: montroseucc.org
Current Pastor: Rev. Wendy Kidd
Worship service times: Sunday, 10 a.m.
Hillcrest Congregational UCC is a welcoming, open and affirming church, open to all no matter who you are or where you are

on life's journey.
Church demographics: HCUCC welcomes all ages to worship with us. (predominately family, youth, seniors, singles)
We offer inter-generational worship with a children's "prayer-ground" and activity packets. A cry room is also available.

MONTROSE MEDITATION CENTRE

The Meetings will be on Tuesdays at 6:30 PM at 602 N. Nevada in Montrose, 81401 at the Lions Park Community Center. Brought to you by Denis Hoin Darby, a Buddhist Zen Monk. Contact Rev.Hoin.Darby@gmail.com for more information.

MIRROR CHURCH DIRECTORY From previous pg

MONTROSE UNITED METHODIST CHURCH

Denomination Affiliation: United Methodist

Address: 19 S. Park Avenue Montrose CO. 81401

Office Hours: M-Thu, 9 a.m. - 2 p.m.

Contact Information: 970-249-3716, office@montroseumc.org, [mont-](http://montroseumc.org)

montroseumc.org

Current Senior Pastor: Rev. Kevin Young

Worship service times: 8:15 am - Blended Service - Sanctuary & Virtual. 9:30 am - Contemporary Service - Sanctuary, 11:15 am - Traditional Service - Sanctuary.

Montrose UMC is a leader in being fully

inclusive, loving and just servants of Christ. Our church family welcomes people from various cultural and faith backgrounds: single, married, remarried, with or without children, from diapers to dentures. Wherever you are on your spiritual journey we invite you to come discover hope, joy, peace, purpose.

ROSEMONT BAPTIST CHURCH

Affiliation: Southern Baptist

Address: 1598 E. Niagara Road, Montrose, CO 81401

Office Hours: Tues-Thu, 9am-4pm

Contact information:

Phone: 970.249.4887

website: www.RosemontBaptist.org

email: office@rosemontbaptist.org

Senior Pastor: Rolland Kenneson

Worship Service Times: Our engaging and relevant Sunday Worship Service is at

10:45 AM. We also have Bible Study for All Ages Sunday mornings at 9:15 AM. We provide a professionally-staffed nursery throughout both.

Rosemont Baptist's desire is to passionately bring people face-to-face with the life-changing power of Jesus Christ.

We are a multigenerational church from different walks of life who love Jesus, love each other, and love our community. Everyone comes dressed in whatever is comfortable. We love meeting new people no

matter what stage of life they are in.

Children's services: *We have a fun Sunday School for children from four years old through youth. We provide Children's Church during the Sunday Worship Services where children four years old through 9 years can learn to be worshippers of Jesus.*

We provide a nursery for children under four years old with paid staff providing excellent care during Sunday Morning Bible Study and Worship Service.

SPIRITUAL AWARENESS CENTER

Denomination affiliation: Independent Interfaith

Address: Meeting at Lions Park Community Building, 602 N. Nevada, Montrose
Office hours: Tues-Fri, 9 am to 4 pm,

Home Office – 970-252-0908

Contact information: Rev. Dr. Arlyn Macdonald, 970-252-0908, arlyn@spiritaware.org, www.spiritaware.org

Name of current pastor: Rev. Dr. Arlyn

Macdonald, Senior Minister; Rev. Catharine Gates, Associate Minister. Spiritual counseling available.

Worship service times: In-person Sunday Unity Service at 11 a.m., (Social Time begins at 10 a.m.); Quiet Meditation at 10:30 a.m. Virtual Afternoon Service on Zoom at 2:00 p.m.; Chai Chats, a Wednesday morning midweek informal gathering at 10:30 a.m. at Pun Hill Himalayan Restaurant, Montrose; Thursday Empowerment Circle at 10:30 a.m. on Zoom. Everyone is wel-

come. The Spiritual Awareness Center is an interfaith spiritual community welcoming spiritual seekers and people of all faiths, providing a safe place to explore and nurture the individual's unique connection to the Divine through Unity services, classes, family and community projects, including the Great Community Give-away and Wellness Fair. People of all ages are welcome. There are currently no Sunday School or nursery services provided but craft supplies are available for youth.

SUMMIT CHURCH OF MONTROSE:

Denomination affiliation:

Southern Baptist

Address: 10977 60.75 Rd. Montrose, CO 81403

Office hours: Varies

Contact information:

phone number: 970-275-7026

email: summitchurchmontrose@gmail.com

website: www.summitchurchmontrose.org

Name of current Senior Pastor: John De-

Sario

Worship service times: Sunday Worship is at 9 am followed by a time of fellowship and snacks. Summit Church has frequent Bible studies and other events for adults, young adults, youth and children. Please visit <https://www.summitchurchmontrose.org/events> for more information.

Summit Church Montrose is a new church plant that preaches the Word of God,

reaches the lost with the Gospel of Jesus Christ and equips Christians to serve the Lord. Summit Church has people of all ages!

We have families with children (babies, school aged, recent high school and college graduates) There are retired couples and widows. During the Sunday sermon we offer teaching for children ages birth to Kindergarten, in a kid friendly room called Base Camp.

MIRROR CHURCH DIRECTORY From previous pg

VICTORY BAPTIST CHURCH OF MONTROSE

Denomination Affiliation: Independent Baptist

Address: 2890 N Townsend Ave., Montrose, CO 81401

Office Hours: Monday-Friday 8am-12pm

Contact Information: Phone (970) 249-6874;

email at info@vbcmontrose.org; website: vbcmontrose.org

Current Pastor: Roland Kassales

Worship Service Times: Sunday School at 9:30am, Sunday AM Service at 10:30am, Sunday PM Service at 6pm, Wednesday Night Service at 6:30pm (all services include childcare)

Victory Baptist Church exists to exalt God, edify saints, and evangelize the lost.

Demographics: Victory Baptist serves everyone with age-appropriate classes, groups, and activities. Families with children make up the majority of VBC with young adults, singles, middle-aged couples, and seniors comprising the rest.

Church Directory

Mirror Editorial Staff

MONTROSE-As a way of serving the faith community in Montrose, the Montrose Mirror is in the process of establishing a Church Directory. If your congregation or fellowship would like to be included in the directory, please supply the following

information to the Montrose Mirror:

Name of church

Denomination affiliation

Address Office hours

Contact information (phone number, email address, website)

Name of current Senior Pastor

Worship service times

Please give a one sentence description of your church and its mission in the Montrose community.

Brief description of your current church demographics (predominately family, youth, seniors, singles).

Do your church services include Sunday School and childcare?

Birth Certificates & Death Certificates

available at

MONTROSE COUNTY PUBLIC HEALTH
1845 SOUTH TOWNSEND AVE. MONTROSE
WEST WING

MONDAY - FRIDAY 9AM - 4PM
(970) 252-5011 PUBLIC HEALTH
(970) 252-5009 VITAL RECORDS



WWW.MONTROSECOUNTY.NET





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COMMUNITY NEWS BRIEFS

MUSICIAN DAVID NUNN IS RACC MEMBER OF THE MONTH



Special to Art & Sol
RIDGWAY-January is a great time to attend a performance by David Nunn as the Ridgway Area Chamber of Commerce recognizes the musician as Member of the Month. An ongoing effort to introduce Ridgway-area businesses and organizations, the chamber's Member of the Month program

aims to promote patronage of independent, local companies and nonprofits.

Nunn is a guitarist and singer, who plays solo every Wednesday at The Chipeta Lodge in Ridgway, and performs often at San Juan Brews, Silver Basin Brewing and Storm King Distilling in Montrose, as well as The Peaks in Telluride. He is also booked at several other local restaurants, hotels and private events.

"My love is blues, jazz and guitar-centric blues-rock like Eric Clapton, Stevie Ray Vaughan and Duane Allman. When I was in 6th grade, a high school friend of mine had an amazing band playing note for note early Allman Brothers. When I heard that blues-rock fused with jazz drumming, I was hooked. The real joy for me is improvisation and seeing where the music takes me," Nunn explained.

He usually plays solo and has worked hard to add looping and digital drumming beats to performances. "It gives me a lot of versatility so I can lay down rhythm tracks then solo on top of that. I always play "in the moment" though and everything is done live without any pre-set background tracks. I have over 900 songs on the iPad as accompaniment, but never have a formal set list. I let the moment present itself and see what tunes I'm inspired to play based on the venue and the audience," he said.

Connecting with Kenny Mihelich and Eddie Boiani a few years ago, they formed a guitar-bass-drums trio called David Nunn & The Bad Habits. They have a lot of fun playing together, focusing on guitar-oriented blues rock like Eric Clapton, ZZ Top, Jimi Hendrix, Stevie Ray Vaughan, Allman Brothers and classic rock tunes, mostly from the '60s and '70s.

"I've also started playing with Kenny on cello and formed a guitar-cello duo we call KindaBlues. It's a fun collaboration and gives us some versatility to play smaller intimate events and venues. We recently played in Montrose at Bluecorn Café – a wonderful space to perform in," he added. Keep up with Music by David Nunn at <https://www.facebook.com/profile.php?id=100009366237076> and <https://www.instagram.com/davidpnunn/>, or contact him for more information at 970.729.2035, dpnunn@icloud.com, 399 Denali Lane, Montrose, CO 81403. For information about entertainment in Ridgway, go to <https://ridgwaycolorado.com/>



MRH Ambulatory Care Center FREQUENTLY ASKED QUESTION

Will MRH be continuing to partner with local providers at the ACC? Will other clinics or organizations be at the ACC?

The ACC will strengthen relationships with local healthcare providers and feature them at the new ACC location.

Montrose Regional Health is partnering with independent providers in our communities to offer care at our new ACC. Most recently, Cedar Point Health announced they are joining the Montrose Regional Health ACC. Discussions with additional community partners are currently ongoing. Information on site partners will be announced when it is available.

Learn more at MontroseHealth.com/ACC

800 S. 3rd Street
Montrose, CO 81401

970-249-2211

MontroseHealth.com





PEAK PROFESSIONALS

1550 Niagara Road Montrose
(970) 497-4921
peakpros.org

PEDIATRIC ASSOCIATES

947 South Fifth Street Montrose
(970) 249-2421 **VFC PROVIDER**
thepediatricassociates.com

NORTHSIDE HEALTH CENTER

528 North Uncompahgre Ave Montrose
(970) 240-6438 **VFC PROVIDER**
pfb.com/northsidechildhealthcenter

CEDAR POINT HEALTH

300 South Nevada Ave Montrose
(970) 249-7751
cedarpointhealth.com

BASIN CLINIC

421 Adams Street Naturita
(970) 865-2665 **VFC PROVIDER (RHC)**
basinclinic.org

UNCOMPAHGRE MEDICAL CENTER

1350 South Aspen Street Norwood
(970) 327-4233 **VFC PROVIDER (FQHC)**
umclinic.org **340B PARTICIPANT**

DELTA COUNTY HEALTH DEPT

255 West Sixth Street Delta
(970) 874-2165 **VFC PROVIDER**
deltacounty.com/8/personal-health-services

RIVER VALLEY FAMILY HEALTH CENTERS

1010 Rio Grande Montrose
(970) 497-3333
308 Main Street Olathe
(970) 323-6141
rivervalleyfhc.com
340B PARTICIPANT & VFC PROVIDER (FQHC)

THE PIC PLACE

87 Merchant Drive Montrose
(970) 252-8896
pic.place

MESA COUNTY HEALTH DEPT

510 29 1/2 Rd Grand Junction
(970) 248-6900 **VFC PROVIDER**
health.mesacounty.us/services/family/immunizations

VFC (VACCINES FOR CHILDREN)

The Vaccines for Children Program (VFC) is a federally funded program that provides vaccines 0-18 years of age who are enrolled in Medicaid, who have no insurance, or who are American Indian / Alaska Native. *Children who are underinsured may receive VFC vaccines at a federally qualified health center (FQHC) or rural health center (RHC).

340b

The 340b Drug Pricing Program is a US federal government program created in 1992 that requires drug manufacturers to provide outpatient drugs to eligible health care organizations and covered entities at significantly reduced prices.

CITY MARKET SOUTH

16400 South Townsend Ave Montrose
(970) 240-1994 **340B PARTICIPANT**
Register Online

Flu	Shingles
Pneumonia	MMR
Tdap	Rabies
Meningococcus	Polio
Chickenpox	Japanese Encephalitis
Hep A	Hep B
	COVID-19

WALGREENS

2351 South Townsend Ave Montrose
(970) 252-1743
Register Online

Flu	Shingles
Pneumonia	HPV
Tdap	MMR
Td or DT	Rabies
Meningitis	Polio
Varicella	Japanese Encephalitis
Hep A	Typhoid
Hep B	Hep A/Hep B
	COVID-19 (Moderna)

CVS (IN TARGET)

3530 Wolverine Dr Montrose
(970) 497-8981
Register online

Flu	MMR
Hep A	Tdap
Hep B	Varicella
Hep A/Hep B	Pneumococcal
HPV	Meningococcal
Shingles	Hep A/Hep B
Typhoid	Japanese Encephalitis
Polio, adult	COVID-19 (Pfizer & JJ)

CITY MARKET NORTH

128 South Townsend Ave Montrose
(970) 249-2064 **340B PARTICIPANT**
Register Online

Flu	Shingles
Pneumonia	MMR
Tdap	Rabies
Meningococcus	Polio
Chickenpox	Japanese Encephalitis
Hep A	Hep B
	COVID-19

SAFeway

1329 South Townsend Ave Montrose
(970) 249-1160 **340B PARTICIPANT**
Register online

Flu	Shingles
Pneumonia	Tetanus
HPV	Pertussis
MMR	Meningitis
Hep A	Hep B
	COVID-19

WALMART

16750 South Townsend Ave Montrose
(970) 249-7742
Walk-in's welcome

Flu	Hep A & Hep B
Shingles	IPV
Tdap	Varicella
Td	Pneumococcal
MMR	Meningococcal
	COVID-19 (Moderna & JJ)

STACIE'S APOTHECARY SHOPPE

112 Village Square West Ridgway
(970) 626-7100

Flu	Pneumonia
Shingles	Tdap



Please note that this list is not exhaustive and is not an endorsement of any pharmacy or provider. Visit www.cdc.gov/vaccines for the latest recommendations. Please contact your Pharmacy or Provider to confirm availability of vaccines. Montrose County Public Health will not provide immunizations after June 30th, 2020. Last Updated 7-25-2022.

MIRROR IMAGES: JAN. 1, 2023



Josh Tomaske of Montrose listens to country music on his phone while taking cover from the January weather at Riverbottom Park on New Year's Day. Photo by Harry Switzer.



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SAVE THE DATE! LOCAL EVENTS CALENDAR

ONGOING-

Schedule a \$10 **RIDGWAY TRUE GRIT WALKING TOUR** of downtown filming sites. Named readers choice for best historic town tour by True West magazine. Contact evebeckerdoyle@icloud.com

MEDITATION CENTRE in Montrose. Meetings will be on Tuesdays at 6:30 PM at 602 N. Nevada in Montrose, 81401 at Lions Park Community Center. Brought to you by Denis Hoin Darby, a Buddhist Zen Monk. Contact Rev.Hoin.Darby@gmail.com for more information.

NEWCOMERS AND NEIGHBORS welcomes adults who are new to Montrose or have been here awhile, who would enjoy learning more about the town and area, plus have opportunities to participate in social activities. Meetings are held on the first Wednesdays of the months September-May (Dec./holiday party TBA). We gather at 10:00-11:30 am in the downstairs meeting hall of Cedar Creek Church (222 S. Townsend and S. 3rd). Hope to meet you there! Contact Patti at 951-544-6289 with questions.

NURSE FAMILY PARTNERSHIP-Breastfeeding Support Group on the 1st and 3rd Thursday of every month. This is a great opportunity to come talk to Montrose County NFP nurses Jodi Hyatt, RN, BSN, IBCLC and Kim Cook, RN, IBCLC and get support from fellow moms. An infant scale will also be available to check your baby's weight. WHAT: Breastfeeding Support Group (Bring your questions and your family!) WHERE: Montrose County Event Center (1036 North 7th Street Room 3) WHEN: 10am - 12pm. Questions? Please call 970-252-5015.

BINGO EVERY FRIDAY, SATURDAY, SUNDAY at 7pm at the American Legion Post 24 Olathe doors open at 5:30. Sunday Bingo will start at 1:30pm after Nov. 6. More info call Tom 970 260 8298.

FREETHINKERS meet 1st Sunday of the month at 1pm. more info at 970-708-8333.

THE HEALING COLLECTIVE OF WESTERN COLORADO offers local practitioners, who focus on healing the whole being, to attend a free one-hour informative get together every first Tuesday of the month from 12p to 1 pm and every third Tuesday from 6 pm to 7 pm, upstairs at the Mother Earth store on Main Street . We support one another with our practices, business, and personal needs. For more information please contact Erin Easton at ErinKEaston@gmail.com

THE MONTROSE GENEALOGY CENTER at 700 E. Main St. is now open Wednesday and Thursday afternoons, 1-4 p.m. or call for an appointment: 970-240-1755. Free help and resources for your family history research." (The center is sponsored by the non-profit organization, Fore-Kin Trails Genealogical Society.)

MONTROSE FARMERS MARKET SCHEDULE

Holiday Market Dates: First three Saturdays of November and December-10am-1pm

MONTROSE ALTRUSA-1st Tuesday of the month Program meeting; 2nd Tuesday of the month committee meeting; 3rd Tuesday of the month Business meeting. Meetings are held at the Hampton Inn conference room at Noon.

MONTHLY

Jan. 9-Monday Jan. 9, 5pm Montrose library meeting room- Citizens' Climate Lobby meets in person. Local action groups on Electrify Montrose, Solar projects, Health Forests, Water, Recycling. National, nonpartisan, All Welcome info at 970-765-9095

Jan. 12-Alcohol ink winter scenes paintings. 5:30-7:30 pm. Mosaic, 21 N. Cascade Ave. \$45. Step-by-step instructions, all materials, and a drink included. Register <https://kathrynrburke.com/011223-2/>

Jan. 14-Paint Your Pet. 1:30-3:30 pm. LaNoue Winery. 67289 Trout Rd. Montrose. \$50. All materials, including canvas with pet sketch included plus a glass of wine. Details, instructions, register <https://kathrynrburke.com/011423pet/>

Jan. 17-Alcohol ink paintings: Winter Scenes. 6-8 pm. MRD Summit Room, 25 Colorado Ave. \$40. Step-by-step instructions and all materials. Register <https://kathrynrburke.com/011723-2/>

Jan. 18-Life Drawing with Live Model. 6-8 pm. MRD Summit Room. 25 Colorado Ave. \$20. Practice your skills with live (clothed) model in various poses. Cash at the door or register at <https://kathrynrburke.com/011823-2/>

Jan 24. Kids' Groundhog Day Project. 4-5:30 pm. Montrose Rec. Center. \$15. Cut, color, paste your own groundhog to find out if he will see his shadow. <https://kathrynrburke.com/012423-2/>



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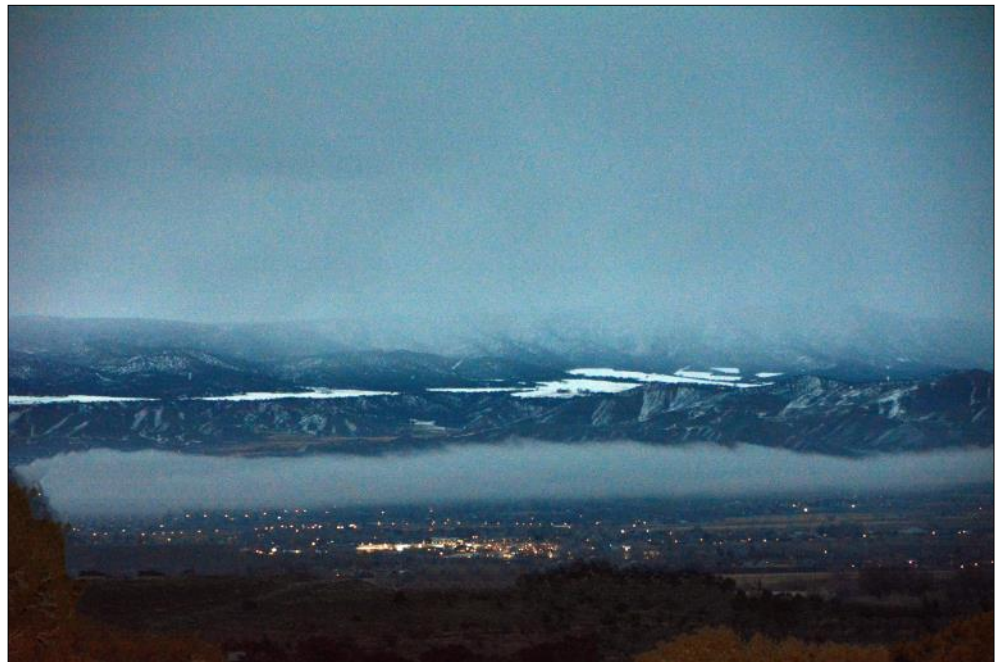

Contact the Montrose Mirror:
970-275-0646

Editor@montrosemirror.com
www.montrosemirror.com

At right, photographer Deb Reimann snapped this recent photo of Montrose city lights under snow and clouds.



READER PHOTO SPOTLIGHT: DEB REIMANN



DineOutMontrose.com

Double Barrel Taco Co.
970-417-4340

Trattoria de Sofia
970-249-0433



Rib City
970-249-7427

Stone House
970-240-8899

Mimo's
970-249-0616

My Favorite Muffin
970-765-0076

Sidelines Sports Bar
970-765-0129

Amelias Hacienda Restaurante
970-249-1881

Alpen Confections
Open: Friday & Saturday
970-648-0609

Remington's at the Bridges
970-252-1119



Camp Robber
970-240-1590

Crash Burger
970-249-0825

Coffee Trader
970-249-6295
970-787-9021

Tacos & Beer
970-964-4448

Pahgre's
970-249-6442

Premier Sponsor:
Montrose Farmers Market
970-249-0705

San Juan Brews
Kitchen - Under Construction
970-901-8594

Horsefly Brewing
970-249-6889



Rio Bravo
970-964-4477

Jimmer's Steak & BBQ
970-252-1227

Fiesta Guadalajara
970-249-2460

El Jimador
970-249-8990

Buckaroos Slices & Scoops
970-787-9437

Busy Corner White Kitchen
970-323-6215

Chang Thai Cuisine
970-240-4567