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COUSINS BRING BLUE GROUSE BREAD TO WESTERN SLOPE



ONLINE NEWS

ASSOCIATION

Cousins Hannah and Ben Rossman have built a bakery and a following. Courtesy photo.

Bv Caitlin Switzer NORWOOD- Chewy, nutritious, and tasty, those paper-wrapped artisan loaves from Norwood's Blue Grouse Bread are appearing in more and more groceries and eateries in Montrose, Ouray, and San Miguel counties—and disappearing almost as soon as they hit the shelves.

FRESH NEWS FOR FREE PEOPLE!

From basic baguettes and country style breads to an evolving list of hearty whole grain and seeded loaves, Blue Grouse offers a feast for all of the senses. As the bakery's web site states, "All of our breads are made with organic flours. We use long fermentation times to achieve the complex flavor that makes our breads so distinct. Baked on a stone hearth, our breads emerge from the oven with a boldly baked crust and an open, airy interior. All of our whole wheat flour is grown in Colorado and milled at our bakery with our Meadows Continued pg 5

KATHRYN SCHROER NAMED NEW PAVILION AND COMMUNITY EVENTS MANAGER

Mirror staff report MONTROSE-The City of Montrose has a new Pavilion and Community Events Manager, Kathryn Schroer, formerly of the City's Office of Business & Tourism. Photo by William Woody.



Bob Cox: "Father, Clack Canyon Classics: Car Dear Father" Show photos!

Rev. Dr. Arlyn Macdonald: the Symbolic Language of Flowers

American Legion Wives: Homes for Our Troops photos!

SMPA BOARD ELECTION UNCONTESTED; COONEY TO CONTINUE DIRECTORSHIP



Special to the Mirror

RIDGWAY-San Miguel Power Association (SMPA) Board members are chosen from seven different districts within SMPA's service territory. Each year, one or two board seats are up for election. This year, the seat up for election was for District #2, including parts of San Miguel and Ouray Counties including most of the town of Telluride.

SMPA members interested in running for the board were to have submitted a packet of information, including 15 verified member signatures nominating them for candidacy by the deadline of April 6th. By that date, only the incumbent director, Kevin Cooney, had turned in a completed packet with enough verified signatures. Per SMPA Bylaws, Director Cooney will be deemed re-elected at the SMPA Annual Meeting on June 8. No ballots will be sent to voters this year. Members wishing to attend the Annual Meeting will be treated to dinner and door prizes. They will be given reports on the Association's activities during the past year and updated on its plans for the future. Attendees can learn about new technologies, like utility drones, AIenhanced wildfire detection cameras and bidirectional Vehicle-to-Grid (V2G) charging stations. Members may attend in-person, at the SMPA Ridgway Office, at 720 North Railroad Street, in Ridgway or they may attend virtually visiting www.smpa.com/content/annual-meeting -election and registering for the Zoom conference. Activities begin at 4:30 PM and the Meeting begins at 5:30. Members attending in-person and virtually are guaranteed an excellent experience.

THE MONTROSE MIRROR

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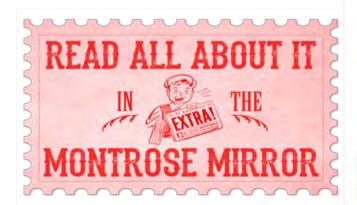
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DMEA TO MEET JUNE 15 FOR ANNUAL MEETING

Special to the Mirror

MONTROSE-DMEA's 2023 annual meeting is scheduled for Thursday, June 15, 2023, from 4:30 – 8 p.m. at Cedaredge High School (575 SE Deer Creek Drive, Cedaredge)



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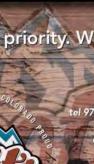
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COUSINS BRING BLUE GROUSE BREAD TO WESTERN SLOPE <u>From pg 1</u>

8" stone mill. We use local ingredients whenever possible with a goal to become 100 percent regional within the next year. All of our breads are naturally leavened from our Mother, the hearty sourdough starter."

The *Mirror* spoke with Blue Grouse's Hannah Rossman, who founded and owns the bakery with her cousin Ben Rossman. Hannah holds a degree in geology and a certificate from the New England Culinary Institute in pastry arts. Ben started baking in 2012 after graduating from Dartmouth as a history major; he has previously owned a bagel stand in Idaho, worked at a bakery in Jackson Hole, and traveled the continental U.S. on a BreAdventure, during which he visited 15 of the nation's top bread bakers over the course of three months.

"Bread is such a versatile staple," Hannah said. "It naturally brings the community together...it can anchor food on a table and connect people globally."

Growing up in Vermont, Hannah said that amazing bakeries were everywhere. She helped to build a wood-fired bread oven while still in high school, and is now inspired by Colorado's home-grown wheat.

"Colorado is a great place to grow wheat," she said. "We mill all of our own whole wheat flour--it's all grown right here in Colorado."

Buying from local growers ensures variety as well, "Farmers' crops change from year to year."

When the cousins decided to collaborate, Hannah chose the location and Ben joined her in the business, which they started in 2016. Although they put in long hours at first, Ben and Hannah run the bakery today with help from three employees. "I feel like we have a pretty solid crew," Hannah said.

Blue Grouse Bread has grown at a healthy rate with a focus on maintaining quality. The bakery now delivers loaves of bread to a thriving customer base in Montrose, the West End, Ridgway, Telluride, and Mountain Village.

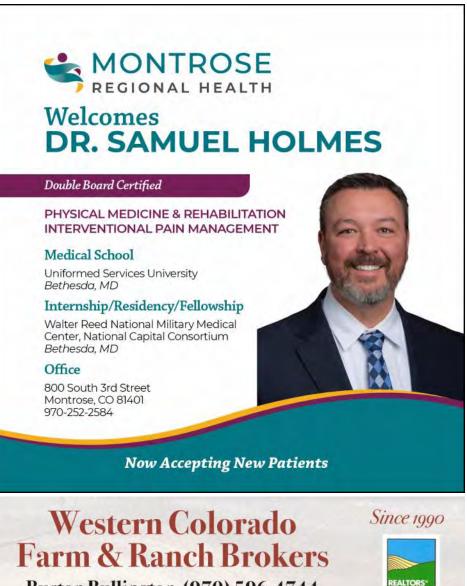
"Every delivery, we rotate the 100percent whole grain loaf," she said. When asked if she has a personal preference for a specific Blue Grouse bread, Rossman said, "I am always taking the country loaf home, it is so versatile." As for the pressures of owning and operating a bakery, she said, "We do work hard...but we have an amazing staff.

"I love it. It's an amazing way to make a living, to be part of my community here on the Western Slope."

Hannah and her husband, who grew up in Durango, are also young parents and love

to spend time outdoors. "We both grew up skiing," she said. "We like to ski, bike, and hike...I feel very fortunate." To enjoy Blue Grouse Breads in Montrose, head to Natural Grocers, Straw Hat Farm Market and Kitchen Store, Bluecorn Café, or Elk Mountain Resort. Loaves are delivered to retailers on Mondays, Wednesdays, and Fridays on a rotating basis. Blue Grouse Bread does not ship, despite many requests that they do so. Well, almost never. "The only one I ship bread to is my husband's grandma in Connecticut," Hannah said.

Blue Grouse Bread is located at 1630 Summit Street in Norwood. The phone number is 970.369.9334.



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REGIONAL NEWS BRIEFS TRAFFIC ALERT: CHIPETA HIGHWAY 550 SIGNAL LIVE

Special to the Mirror

MONTROSE— As of May 31, the newly constructed traffic signal at Chipeta Road and Highway 550 is now active. Colorado Department of Transportation (CDOT) will monitor the signal to make adjustments to the timing as needed. Motorists are asked to use caution while adjusting to the new traffic pattern in the area. Montrose County and the City of Montrose would like to thank the public for its support and patience throughout this project. Visit here for more information on Montrose County Public Works. Visit here for more information on the City of Montrose Public Works.



08.08.23 6:30 AM - 10:30 AM

08.09.23 6:30 AM - 10:30 AM

08.10.23 AND 08.11.23 6:30 AM - 10:30 AM

OPINION/EDITORIAL: LETTERS

TINY HOUSE SCAM ALL TOO FAMILIAR-DON'T GIVE UP

Editor:

My heart goes out to Susan Koch, the Delta woman who wrote the Letter to the Editor entitled "'Civil Matter' Feels More like a Case of Fraud" on page 16 of the May 29, 2023 issue of *The Montrose Mirror*. She appears to have lost thousands of dollars to a "Tiny House Scam." Her experience sounds extremely similar to my encounter with a crooked roofing contractor a number of years ago. I would like to offer her some suggestions that proved valuable in putting one crook out of business and in prison. 1.Document EVERYTHING in chronological order. Keep a notebook.

2.Record everything you have done trying to resolve the issue. List dates and results when you contacted the company, any paperwork or voice mail you have, cancelled checks (front and back), etc.

3.Keep records regarding any entity you have reached out to for help—date, entity, person spoken with and results.

4. Visit the <u>cocourts.com</u> website. Study the wealth of information available on the site, then pay the nominal fee for a search of the business you dealt with. Copy the results of any reports found regarding the business for your file.

5.Consult an attorney.

6.Don't give up. That's what crooks are counting on. *Karla Gilbert, Montrose*

Nina Anderson, Owner/CEO 525 N. Main Street Montrose

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OPINION/EDITORIAL: LETTERS PROPERTY TAX II

Editor:

The Gallagher Amendment limited how much a county could collect in property taxes and the Tax Payer Bill of Rights (TABOR) limited how much a local or state government could spend. The former saved Colorado homeowners approximately \$35 billion since it was enacted in 1982. And the Tabor Amendment has saved Colorado tax payers approximately \$8.2 billion since its inception in 1992. Colorado is expected to generate \$2.7 billion in taxes in 2023 above the Tabor limits that it can spend. Thus, that amount would be refunded to Colorado citizens. The Gallagher Amendment was repealed in 2020 and as a direct result Montrose homeowners will see an approximate property tax increase of 35% in 2023. I imagine all homeowners in Colorado will see a similar increase in property taxes. I wonder just how many \$billions\$ of additional revenues that will generate? What are our leaders planning to do with that, build condos for enough illegal aliens, as friendly voters, for the day when George Soros can no longer buy a Colorado puppet secretary of state and corrupt voting machines will no longer needed? Since the brakes have now been released, we can expect more, much more, in property taxes in the years to come. Fifty one

out of 64 Colorado counties have repealed the Tabor Amendment ("de-bruced." Douglas Bruce, to whom that name honors, was the author and the driving force behind the Tabor Amendment). Two hundred and thirty out of 274 Colorado municipalities and 177 out of 178 school districts have also "de-bruced." Only Mesa, Delta, Montrose and Routt counties on the Western Slope have yet to "de-bruce." Really ?? Dolores County has "de-bruced ??" I guess raising beans is more profitable than I realized. I am not sure how the repeal of the Gallagher Amendment will affect the "Ag lands" property tax exemption, but I would expect those taxes to increase, steeply upwards, as well. All of the local schools can and will spend the 35% additional revenue that will be generated by the property tax increase and that is a good thing, within reason. Montrose County cannot spend theirs. Montrose County can spend roughly 10% of the new revenue. Twenty five percent will have to be returned to home owners. According to Montrose County officials all revenue generated by property taxes can only be used in Montrose County. None of that tax goes to the State of Colorado. However, there is a bit of a loophole, the State of Colorado must make up the difference in the deficit in school districts operations, by law. But

since the school districts have 35% more funding then those deficits should disappear, thus the state of Colorado benefits immensely by retaining those funds. Whether they can find a "work-around" Tabor, remains to be seen.

"Who is in charge? We the people who earn the money or the politicians that want to spend it?" Douglas Bruce. Looking into my "crystal ball," I see a couple things happening, Colorado will "debruce." Montrose County will "de-bruce." Why? Why would anyone vote to increase their property taxes 35%, 50%, 100%? There are even limits to those who think the state should take care of them. The answer is because Colorado cheats at the ballot box. No brainer. And that in itself should be sufficient proof, if anyone needs additional proof, that Colorado cheats. On a side note, Tina Peters (embattled Mesa County Clerk) who has proven that Colorado cheats, in my humble opinion, has incurred the wrath of both Colorado and Mesa County. Actually, the wrath of the world, because corruption and cheating is not allowed to be exposed. I truly believe that Mesa County had resolved to "de-bruce" at that time and she, inadvertently, "threw a monkey wrench" in their plans.

Don Hemme Redvale



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ANGEL CREEK CAMPGROUND CLOSURE ANNOUNCED

Special to the Mirror

MONTROSE-The Grand Mesa, Uncompany and Gunnison National Forests' Ouray Ranger District announces the closure of Angel Creek Campground, located on National Forest System Road (NFSR) #853.1A, to facilitate critical hazard tree mitigation work. Forest Service fire, timber and recreation crews began clearing the hazardous trees starting Tuesday, May 30 and work is expected to continue for several weeks.

The decision to close the campground was made after Forest Service officials identified a high presence of trees showing signs of rot, disease, and structural weakness in the site. Potential risks posed by the hazardous trees include falling branches or complete tree failure. Mitigation efforts will prioritize the removal of dead and dying trees with a higher hazard rating.

"The safety of our visitors is of utmost importance to us," said Ouray District Ranger Dana Gardunio. "By proactively addressing the hazardous trees, we are taking necessary steps to ensure a safe and enjoyable experience for all those who visit."

The campground will remain closed to public entry until the work is completed and the campground has been re-inspected for safety. We ask the public to respect closure signs and avoid the area until all work has been completed. We appreciate your cooperation and understanding during this short-term closure. For questions concerning the closure, please contact the Ouray Ranger District at 970-240-5300.

For more information on current fire restrictions, conditions and recreation opportunities, visit the forest website or www.westslopefireinformation.com. Connect with us or follow us on social media (<u>Twitter</u> and <u>Facebook</u>).





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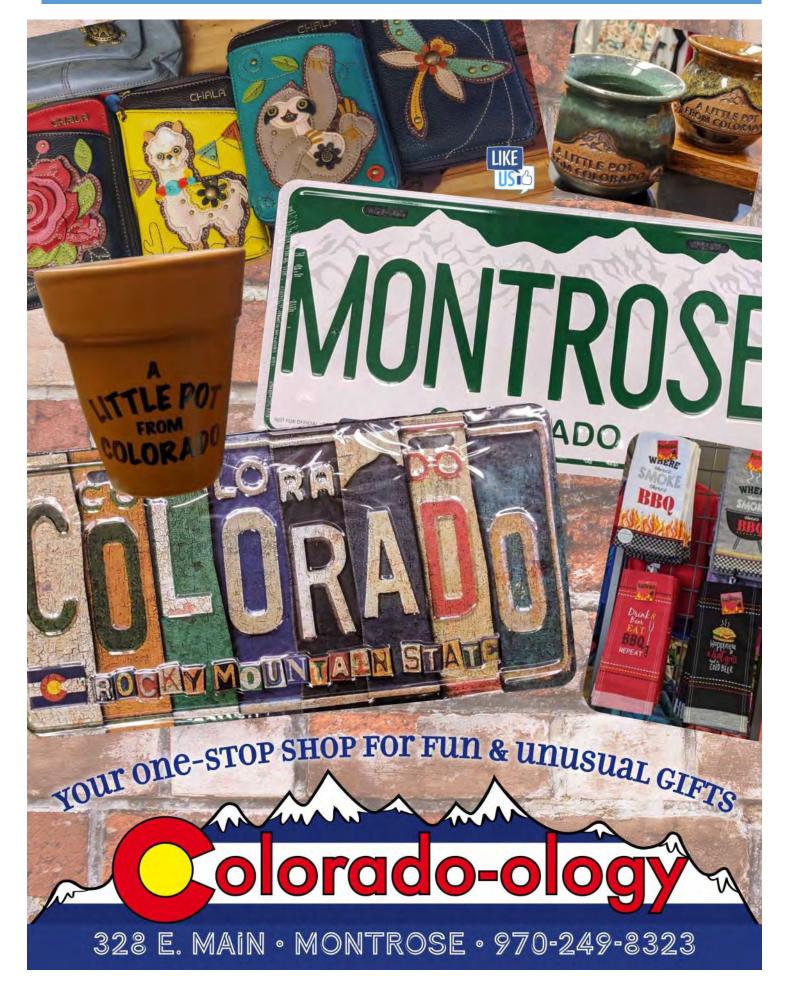
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CITIZENS CLIMATE LOBBY TO MEET JUNE 5

Special to the Mirror

MONDAY-On Monday, June 5-430-630 Citizens' Climate Lobby.org meets at Montrose library meeting rm, Non -partisan, national, environmental, All welcome. info 970-765-9095.

JUST LISTED!



REGIONAL NEWS BRIEFS EPA AWARDS \$500,000 TO SAN MIGUEL COUNTY

Special to the Mirror

SAN MIGUEL COUNTY --- San Miguel County has announced the award of \$500,000 from the U.S. Environmental Protection Agency to clean up and revitalize historic properties in Norwood, Telluride and Ophir. The Brownfields Assessment Grant focuses on the Matterhorn Mill, but also offers the option to utilize funding for other historic sites within the County. The grant focuses on redevelopment planning, community engagement and returning historic sites to productive reuse/revitalization such as affordable housing and heritage tourism. "We highlighted the need for affordable housing as part of our grant's Outcomes and Benefits of Reuse Strategy," explained County Parks & Open Space Director, Janet Kask. "Grant funding is earmarked for personnel costs, programmatic costs, inventory/outreach and area wide planning."

Kask submitted the grant request in November 2022. There is no match required as part of the terms for the award. The county has four years to apply the funding. "The grant is applicable to multiple historic sites within the County, one site in particular is of utmost focus and that is the iconic Matterhorn Mill," Kask said. "The Matterhorn Mill is one of the last

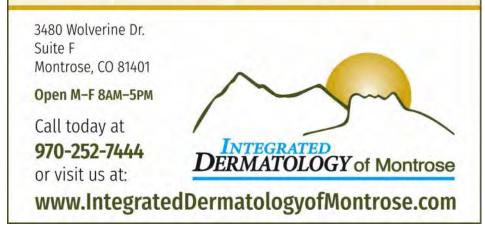


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historic mining structures still standing and the County has been working collaboratively to preserve its history and legacy. Preservation and protection of the Matterhorn Mill continues to be a priority for San Miguel County and the County is thankful to work with the U.S. Forest Service in pursuing conveyance of the structure and surrounding parcel to the County. Therefore, we look forward to its acquisition."

In addition to the Matterhorn Mill, located south of Ophir on Highway 145, smaller mining facilities near Ophir, Ames and Telluride, including the Liberty Bell and Silver Bell Mines, the Pandora Mill/Mining Camp, and the Norwood Gas Station and automotive sites will be included as part of assessment efforts. High levels of metals in tailings, soils and waters exist at each of the sites, posing a risk to those who visit. Several potential sites, including the Matterhorn Mill and Silver Bell Mine near Ophir, are located near residential neighborhoods in rural communities where avalanche events and stormwater often transport old mine tailings into roads, drainage ditches and neighborhoods.

"San Miguel County's leaders are taking a systematic approach to prioritizing sites for cleanup and revitalization," said EPA Regional Administrator KC Becker. "These EPA funds will address contamination at key properties in communities like Norwood, Ophir and Telluride, and will pave the way for their safe and productive reuse."

The funds are part of the federal Investing in America Agenda to expedite the assessment and cleanup of brownfield sites (sites identified as being contaminated) while advancing environmental justice through the Multipurpose, Assessment, Revolving Loan Fund, and Cleanup (MARC) Grant programs. Thanks to the Bipartisan Infrastructure Law, this is the largest ever funding awarded in the history of the EPA's Brownfields MARC Grant programs. The EPAs' Brownfields program provides grants and technical assistance to communities, states, tribes and others to assess, safely clean up and sustainably reuse contaminated properties.

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PUBLIC OPINION NEEDED FOR CRITICAL COMMUNITY WILDFIRE AND WATERSHED PROTECTION PLAN

Special to the Mirror

MONTROSE—Montrose County is working with SWCA Environmental Consultants to update the Critical Community Wildfire Watershed Protection Plan (CWP²). This plan will identify wildfire danger around communities, surrounding landscapes, and local watersheds. The plan also makes recommendations for reducing flammable vegetation and flammability of buildings. The CWP² will also make recommendations to improve fire response capabilities.

"This plan helps identify priority areas for fuel reduction areas. It also helps the county be more competitive when applying for grants," said Montrose County Director of Emergency Management, Scott Hawkins. "One of the most important parts of the plan is resident involvement. Public feedback is a very important part of the plan. Please take time to fill out the survey as this helps drive strategies moving forward."

A CWP² helps the county and landowners reduce the impacts and occurrence of a



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Seller or Buyer, we invite you to pick up the phone for a quick consultation to learn more about our company and what we can do to help. 970.255.8000 major wildfire. The plan locates areas at risk and recommends actions to decrease those risks. Montrose County completed their existing wildfire plan in March of 2011. The new plan reviews, confirms, and/or identifies new priority areas that need work. Local, state, and federal officials have been meeting with the county and contractor to provide input. In addition, Montrose County is asking for resident feedback to help shape the county's CWP².

The county has an interactive website called a story map for public information about the plan. Residents are encouraged fill out the short survey on the story map that is important for public input. The story map allows for easy updates of information as conditions change. To view the story map, click <u>here</u>. The survey is available in <u>English</u> and <u>Spanish</u>.

The CWP² will be a guiding document for fire and emergency managers and public land agencies. Please contact Director of Emergency Management Scott Hawkins at <u>shawkins@montrosecounty.net</u> or 970-252-4043.

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SAN MIGUEL COUNTY CELEBRATES MENTAL HEALTH AWARENESS

Special to the Mirror

SAN MIGUEL COUNTY- Mental Health Awareness Month is an observance that takes place every May. It was launched by Mental Health America, to break down stigmas and promote greater understanding of mental health challenges, as well as encourage individuals to seek support and take charge of their well-being. San Miguel County is proud to recognize Mental Health Month and raise awareness about mental health, promote emotional wellbeing, and emphasize the importance of accessing resources and support systems. Even as May winds down it's important to know that numerous resources are available throughout the year.

Nearly one in five Americans experience a mental health condition each year- normalizing seeking help can make a big difference in the lives of family and friends in the community. San Miguel County encourages individuals, organizations, and communities to engage in activities that promote emotional well-being during Mental Health Month. This includes fostering open conversations about mental

health, educating oneself and others about mental health issues, and practicing self-care strategies that enhance mental well-being.

Accessing resources and support systems is a critical aspect of mental health care. To help individuals in need, various resources are available to provide guidance, assistance, and professional help. San Miguel County offers financial support for individuals to afford mental health counseling and therapy services through the Behavioral Health Fund. This program provides financial support on a sliding fee scale for up to 6 therapy sessions. Additionally, Public Health has a harm reduction program that offers free education and harm reduction resources, such as Narcan and fentanyl test strips. In addition to San Miguel County's resources, helplines such as the Colorado Crisis Line (1-844-493-TALK (or 8255) OR text TALK to 38255) offer 24/7 confidential support. Tri County Health Network maintains a Behavioral Health Directory that provides access to local licensed therapists and other trained professionals in the ar-

ea. Other community organizations and mental health clinics, such as Axis Health, offer services and support groups tailored to specific needs.

During Mental Health Month, it is crucial to recognize that mental health affects individuals of all backgrounds. By raising awareness and reducing stigma, we can create a society where seeking help for mental health concerns is viewed as a sign of strength. Together, we can build a community that supports emotional wellbeing, fosters empathy, and ensures that no one feels alone in their mental health journey.

Local Resources:

Colorado Crisis Line (1-844-493-TALK (or 8255) or text TALK to 38255) Axis Health 24/hr Support Line: 970-252-6220

Behavioral Health Fund Application: https://tchnetwork.org/bh-fund-

application/

SMCPH Harm Reduction Resources: https://

www.sanmiguelcountyco.gov/765/ Substance-Use

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Special to the Mirror

JEFFERSON COUNTY - On Thursday morning, June 1, 2023, at approximately 1:50 A.M. a Colorado State Trooper observed a vehicle driving westbound in the eastbound lanes of Colorado Highway 470 (C-470) going toward I-70.

The Trooper was able to stop the vehicle. As the Trooper walked up to speak with the suspect, the male suspect immediately got out of the vehicle. Upon initial interaction, the Trooper suspected impairment. While trying to ID the driver, the suspect reentered the vehicle from the passenger side and climbed into the driver's seat. The Trooper tased the driver to prevent him from escaping and endangering other motorists. The suspect removed the taser probes, started the vehicle, drove down a grassy median, over a retaining wall, and landed onto the eastbound I-70 off-ramp to westbound Highway 6 toward Golden.

The suspect then ran from the vehicle across the off-ramp, jumped over another concrete barrier onto eastbound I-70 where he was hit and killed by a passing vehicle.

The driver of the vehicle that hit the suspect remained on scene. The suspect's name is not being released at this time.

A multi-jurisdictional crash investigation team is handling the investigation, which is ongoing. A future press release will be sent out in the following days with more information along with CSP body worn and dash camera footage.

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WELCOME HOME, DANNY AND KELLY WALLACE!



1st Sgt. (Ret.) Danny Wallace speaks to crowd during Homes For Our Troops key presentation on June 3.



Sue Palmer presents a quilt to the Wallace family from the Montrose Chapter of Quilts of Valor.



The HFOT trio (Wallace, Baskis and Morris) and Kelly Wallace were escorted from the Church on the Hill to the celebration aboard motorcycles of the Post 73 American Legion Riders, along with the Patriot Guard Riders of Grand Junction, the Montrose County Sheriff's Dept. and Fire Dept.



US Rep. Lauren Boebert, left, and HFOT executive director Bill Ivey, far right, assist Kelly and Danny Wallace in cutting the ribbon before entering their new home.

Photos courtesy CB Williams and American Legion wives.



State Rep. Marc Catlin speaks with American Legion Riders commander John Boughton following the celebration.

BOSOM BUDDIES EXTENDS CORNHOLE "FUN" RAISER REGISTRATION DEADLINE

Special to the Mirror

MONTROSE-Bosom Buddies is extending the deadline to register for their June 10th Cornhole "Fun" raiser at the Montrose Recreation Center. Teams will now be able to register up to the day of the event. "We still have slots open so two-man teams can still register online on our website <u>www.BosomBuddiesSWC.org</u>," said Chairperson Kim Jones. "We recommend teams register as soon as possible, though, to ensure we have their sizes in our event t-shirts."

Mail-in registrations will be accepted up to June 6. The cost is only \$35 per person/ \$70 per team for a full day of summer fun. Each competitor will receive a day pass to the Rec Center and a tournament t-shirt while supplies last.

Jones added that a "Long Toss Competition" will also be set up so anyone can buy a ticket to toss a Cornhole bag at a distanced board. Tickets will be available at one bag for \$1; six bags for \$5; and 28 bags for \$20. At the end of competition, four talented "tossers" will win prizes courtesy of Abel's Ace Hardware, Qdoba and Big O Tires.

A beer tent and food trucks will be there so families are encouraged to attend to cheer on their team. The Rec Center is setting up a "water monster" to keep everyone hydrated. "Just bring sun block, a lawn chair, and a refillable water bottle," said Jones.



Bosom Buddies is extending the deadline to register for their June 10th Cornhole "Fun" raiser at the Montrose Recreation Center. Courtesy photo.

Grand Valley Cornhole Club will be helping Bosom Buddies organize the event added Jones.

"We're excited they'll be coming from Junction for our event," said Jones. "They helped us with our first tournament and are a fun group of players."

Since 2001, Bosom Buddies Breast Cancer Support Group of Southwestern Colorado has helped more than 4,000 people almost \$1,000,000 in financial support for those affected by breast cancer. Bosom Buddies serves the residents of Montrose, Ouray, and San Miguel Counties. Jones emphasized, "All money raised from this event and our October Walk/ Run is spent locally to help locals. We need your help to keep our services available so come have fun on our Cornhole Day, June 10th!"

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OPINION/EDITORIAL: LETTERS ON THE POLITICAL STATE OF AFFAIRS IN THE USA

Editor:

It's a well known bit of wisdom that lies only work in favor of the liar for so long. Fox News recently settled a lawsuit filed by Dominion Voting Systems, rather than being forced to sit through at embarrassing public spectacle of a trial that would expose their fundamental dishonesty for all to see. Senior Fox hosts were proven to have lied to their audience, knowingly and repeatedly, about the result of the 2020 election, despite the fact that they knew that Trump had lost. For deliberately telling their audience what they wanted to hear, in order to keep their MAGA listeners angry and tuned in, they paid Dominion \$787 million in damages. Due to their fundamental dishonesty, Fox gave life to Trump's "Big Lie" that he had won the election. The attempted overthrow of our democracy on January 6th, 2021 by insurrectionists, pumped up by Trump's lie, was one of the results. Perhaps even more sinister; right wing media lying has led to most Trump supporters into trusting Putin more than they do our own president. Of course, Trump's supporters don't care about facts. To this day, they still support the man who tried, and nearly succeeded, in ending our 236 year old experiment with Democracy. When he lies about everything under the Sun, they shrug their shoulders, and say something like "That's just Trump being Trump"; which is another way of saying "We don't care if he lies, as long as he hurts the other side". What does this say about his supporters? To me, it says, among other things, that they are

people that should have no place in choosing our leaders.

All of this polarization goes to show how powerful the media is in shaping public opinion. In support of the First Amendment, it is hard to figure out how to deal with those, like Fox, OAN, Newsmax, InfoWars, and others, who intentionally spread lies in order to grab media attention and profits, through spreading anger and discontent. Large monetary penalties resulting from lawsuits, as recently suffered by Fox and Infowars, are perhaps one solution. In countries such as Russia, which Trump and most of his supporters do not see as a threat, there is no First Amendment; only one news source is available, and it is closely controlled by Putin. As such, the Russian People hear that Ukraine is run by Nazis, and that Russia is only trying to protect Ukrainians from them; and from the USA. A similar state exists within the right wing media in America. Conspiracies and lies, many of them originating in Putin's intelligence agencies, are picked up by the aforementioned "news" sources here in the USA, and spread with lucrative abandon. Unfortunately in the present day United States, anger sells.

A U.S. Intelligence Community Assessment released in 2017 concluded : "We assess Russian President Vladimir Putin ordered an influence campaign in 2016 aimed at the U.S. presidential election. Russia's goals were to undermine public faith in the U.S. democratic process, denigrate Secretary [Hillary] Clinton, and harm her

electability and potential presidency. We further assess Putin and the Russian Government developed a clear preference for President-elect Trump."

The Russian Duma (the lower house of parliament) exploded in cheering as Trump's victory was announced in 2016. Why was Putin so anxious to promote a Trump presidency? He knew that Trump, the Chaos Candidate, was a force for spreading hatred and discontent, and would be instrumental at tearing our country apart at the seams; thus weakening us on the world stage. Anyone with a modicum of common sense can see that Putin's strategy met with wild success. As for myself, I'm not worried that Trump might be the 2024 Republican presidential candidate. In my opinion, he has no chance of winning in the general election, as only a minority of Americans believe in his National Grift. Our country needs parties in opposition, in order to curb the excesses of the party in power. If their emerges an honest Republican with the courage to take him on directly, and point out how his spreading of lies, hatred, discontent, and disgusting behavior are poison for his party, then that could save the party from the path to self immolation on which it is currently traveling. On the other hand, if the current situation holds, where only a small handful of Republican thought leaders have the courage to stand up for the truth and shout down the Bully, then that party richly deserves to go the way of the dinosaurs. David Congour, Montrose

The Mirror: many views, one newspaper.



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It's me, Veritas, the donkey patriot, here to give y'all some tips about showing proper respect for Old Glory as we celebrate Flag Day on June 14th.

- The flag should be on a fixed pole and securely mounted on a car or truck in the place of honor on the passenger side. Clamp the pole on the right side of the fender or chassis. It is also proper to mount the flag on the center of the roof or passenger side roof. Two small flags may be mounted on either side of the vehicle.
- The flag should be mounted on the back of a motorcycle.
- No other flag should be larger or higher than the American flag.
- The flag should never be used for advertising purposes.
- The flag should never touch anything beneath it.
- Clean and damage-free flags should only be used, even if the flag was once in battle.
- Damaged flags should be disposed of in a dignified manner. Veteran groups such as the American Legion, Veterans of Foreign Wars, and Disabled American Veterans retire flags with honor throughout the year.
- It is a custom to fly the flag from sunrise to sunset. The flag may be flown during darkness IF a light illuminates it.
- The flag should only be displayed during inclement weather if it is an all-weather flag.
- The flag should never be printed on napkins, boxes, or anything intended for discard.
- For questions about where to place a flag for events or in the home, refer to U.S. Flag Code.

Veritas feels sadness when our flag is improperly on the back of trucks where it easily touches the bumper, when small flags are on the ground or in the trash after the 4th of July parade, when flags are placed on residential lawns with the business name attached for advertising and the flags are touching the ground, or when flags are flown in the dark and tattered or dirty flags are not repaired or replaced.

Happy Hag Yay!



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MONTROSE WINE AND FOOD FESTIVAL RETURNS JUNE 17

Special to the Mirror

MONTROSE-The Montrose Wine and Food Festival is back for its 20th year on Saturday, June 17 from 1 - 5 pm at the Montrose Rotary Amphitheater with its Grand Tasting Event. The afternoon will consist of several local food, beverage, and craft vendors. Benefitting the Black Canyon Boys & Girls Club, the Festival is a premiere event in Montrose, and is a day not to be missed. Tickets for the Grand Tasting are \$35 and are available online at <u>www.blackcanyontickets.com</u> and at the gate Saturday, June 17th, 2023.

HISTORICAL SOCIETY PRESENTS UPCOMING TOURS

Special to the Mirror

MONTROSE-On June 16, the Montrose County Historical Society presents, "Whispers of the Alleys" Pub Crawl at 6 pm. During the crawl, we will visit 3 historical buildings. You will be able to enjoy a drink and hear the history of the building plus the local ghost stories. This Adult only crawl is \$25 per ticket, and we will supply appetizers, drinks are excluded from the price. (There will be plenty of time at each stop for you to enjoy a libation). On June 23 there will be the "Madams, Murder, and Mayhem" walking tour which will start at 7 pm and the tickets are \$10.

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LITTLE BY LITTLE WE ARE LOSING OUR FREEDOMS

Editor;

Little by little we are losing our freedoms we've enjoyed life-long under our Constitution. Serious changes are occurring without people even being aware. And these changes are not for the better. Of course they make it look and sound like it's for your own good, but it's only good for the powers to be.

For years landowners have been under strict overreach on wetlands on their own property by the powers of the dictatorial EPA and was extended drastically under the Obama regime putting every puddle of water under government control even if the land owner had water rights. Recently the U.S. Supreme Court struck down that insanity and gave a Idaho couple the right to build a house on THEIR own property. Now we see the government establishing a monetary system to allow the government to control what you buy! For instance, if they don't want you to buy a gaspowered car they will stop the release of the funds to do that. There would be a massive backlash against taking our Constitutional rights away, but only temporarily like every other time. The Democrats hate the constitution because it won't let them do whatever they want. They ignore that the Constitution is an instrument for

the people to control the government not the other way around. But they also know We the People apparently have forgotten that or are plainly unaware. It's said that the Constitution is no longer taught in our schools because it's easier to take away rights from people who do not know what those rights are.

Then there is the hatred of Donald Trump by the media, the liberals, the Socialist/ Communists, and even some RINOs (Republicans in name only). When Trump was inaugurated his speech was a slap in the face to the Leftists because he stated he was giving the power of government back to the people. The establishment Democrats have spent decades taking it away and they were not about to give any of it back! We heard Leftist Maxine Waters calling for Trump's impeachment even before he was sworn in! And there started the Democrat impeachment lies about a Russia, Russia, Russia collusion when it was actually Joe Biden and family who were in collusion with America's enemies before Trump was even elected. We no longer have world class education for our students. Some third-world nations have better education than we do. Our

enemies' children are learning quantum physics and ours are learning the proper

pronouns and reading porn. Our enemies' military are learning to kill us and our military are having drag queen shows. Thanks to the Democrats leading the Left wing teachers unions! We have those unelected officials setting prohibitive standards in our schools. They are taught the EPA (unelected bureaucrats) has set a demand for all power plants to have carbon capture systems to fight the non-existent climate change hoax. The EPA knows those capture systems are so expensive that most power plants will have to shut down and there is nothing to replace them. That's their whole purpose! And all of this with the single-minded agenda of elimination of fossil fuels and controlling how we produce and consume energy while doing nothing to mitigate a phony man-made changing climate.

Here's a worthwhile quiz to take. Ask yourself to name just one good law or policy Biden and the Democrats have put in place to improve anything for Americans and America. Then grab a pen and paper and list everything good President Trump has done for America. That brings up a note that it's a sad day when it's easier to abort an American child than it is to deport an illegal alien! *Jerry Bartholome, Montrose*

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4:30 - 5:30 Registration, Booths, Music & Dinner 5:30 - 7:30 Business Meeting

WHERE: SMPA Ridgway Office

720 North Railroad Street Ridgway, CO - Attend in person

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BLM SOUTHWEST RESOURCE ADVISORY COUNCIL TO MEET JUNE 15

Special to the Mirror

MONTROSE-The Bureau of Land Management's Southwest Resource Advisory Council will hold a meeting on June 15 from 10 a.m. to 3:30 p.m. at the Uncompahgre Field Office, 2465 S. Townsend Avenue in Montrose. The meeting is open to the public. Participants unable to attend in person may join via the Zoom platform by registering at: https://blm.zoomgov.com/meeting/

register/

vJIsduiorj4uHpqYI2Mt9TXrtNxfC6ee6BY "Members of the Southwest Resource Advisory Council provide a valuable service by offering diverse perspectives that assist the BLM in managing our public lands," said **District Manager Stephanie Connolly**. "We look forward to obtaining their input on a variety of resource issues as we work together to effectively manage public lands in Southwest Colorado for the American people."

Planned agenda items include a presentation on recreation-related topics in the Uncompany Field Office and updates from the three field offices in the Southwest District. A public comment period is scheduled for 2:30 p.m. Individuals who wish to make a statement during the public comment period are encouraged to submit a written copy for the administrative record. The Resource Advisory Council will also attend a field trip on June 14. Additional information is available in the meeting agenda posted online at: https:// www.blm.gov/sites/default/files/ docs/2023-06/Agenda-June-2023-SWRAC-Meeting.pdf



The Resource Advisory Council provides advice and recommendations to the BLM on various resource and land management issues. The Southwest Resource Advisory Council advises the BLM Colorado Southwest District, which consists of the Gunnison, Tres Rios, and Uncompahgre field offices.

For more information or to register for the field trip, please contact Maggie Magee at (970) 240-5323 or <u>dmagee@blm.gov</u>.

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BLM SOUTHWEST DISTRICT RAC SHEEP GRAZING SUB-COMMITTEE TO MEET JUNE 13 Group explores issues related to domestic sheep grazing in bighorn sheep habitat

Special to the Mirror

MONTROSE- The Bureau of Land Management Southwest District Resource Advisory Council will hold the fourth meeting of a sub-committee formed to study domestic sheep grazing in bighorn sheep habitat on June 13 from 10 a.m. to 2 p.m. The discussion will focus on mitigation opportunities related to livestock grazing and bighorn sheep on BLM-administered lands. The sub-committee will convene at the BLM Uncompanyre Field Office, 2465 S. Townsend Ave., Montrose, CO. The meeting is open to the public.

A thirty-minute public comment period will be provided from 12:45 p.m. to 1:15 p.m. Individuals who wish to speak are encouraged to submit a written copy of

their statement for the administrative record.

Interested parties unable to attend the meeting in person are invited to join online via Zoom (registration required): https://blm.zoomgov.com/meeting/ register/vJlsfumrqT8uH855-s8mm-7XKNDKr0DgDaY.

"Our fourth meeting will focus on identifying mitigation opportunities related to domestic sheep grazing and bighorn sheep," said District Manager Stephanie Connolly. "The presentations and discussions surrounding this issue continue to be 20Four.pdf. The meeting may be recordlively and informative."

The Southwest District Resource Advisory Council advises the BLM Colorado Southwest District, which includes the Gunnison, Uncompahgre, and Tres Rios field offices.

The sub-committee consists of five members who have demonstrated their interest and experience related to sheep grazing. The sub-committee will aim to present their conclusions to the full Resource Advisory Council for their consideration in fall 2023.

The meeting agenda is available online at: https://www.blm.gov/sites/default/files/ docs/2023-05/AGENDA%202023-June% 2013%20Sub-RAC%20Meeting% ed. For more information or to register to speak during the public comment period, please contact Maggie Magee at (970) 240 -5323 or dmagee@blm.gov.

Legends and True Tales Walking Tour June 9th, 7:00pm

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Black Canyon Classics Car Show on Saturday, June 3. Photos by B. Switzer





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NANCY JANE WEESE July 23, 1937- May 31, 2023

NANCY JANE WEESE, 85, went home to be er, was that each one would accept Christ with the Lord on Wednesday, May 31, 2023. Though her passing was unexpected, and she was excited about the life she was living, she was also looking forward to seeing her Lord and Savior, and reconnecting with the love of her life and husband of 56 years – Don.

Born in Loma Linda, CA, on July 23, 1937, to Leo and Eva Williams, Nancy was raised in a loving home where she was encouraged to embrace her faith in Christ at a very young age. Church on Sundays was routine and very seldom missed.

She graduated from Chino High School in California, and shortly after at the age of 19, moved with her family to Montrose. Her recollection of the move was fascinating and anything but ordinary, as she shared of the journey through the mountains with hundreds of cattle to assist the Whitney family in relocating their dairy farm. Remnants of the dairy farm can still be seen south of town where some of the barns still stand.

Within a month of moving to Montrose, Nancy met Donald Weese. They fell in love and were married on October 19, 1956. Early in their marriage, they moved to their home on S. 9th, where they raised their children, hosted many family gatherings, and remained in this home their entire lives.

Nancy was committed to her family and embraced her roles as a wife and mother. Her eyes lit up when she talked about her grandchildren and great grandchildren, and the joy that they brought to her. She prayed often over each family member, calling them out by name. She shared regularly that her one desire, above any othinto their heart, as she had at such a young age.

Nancy is known throughout the community for her leadership, dedication, commitment, honesty, and her desire to make a difference in others' lives.

She worked in the health care industry most of her adult life. Once retired, she started volunteering at Montrose Regional Health, greeting guests as they entered the building, helping visitors pick out a book to read while they were waiting for loved ones, and providing direction/help to those in need. She saw this as her ministry and opportunity to connect and show God's love to families who were experiencing very stressful situations. Nancy was also part of a sewing and quilting group called Huggy Bunch. This dynamic group of ladies meets weekly and uses their talents to give back to their community, providing quilts for individuals undergoing cancer treatments, stocking caps for babies in the NICU, blankets for families leaving abusive situations, and more.

Nancy attended Crossroads Victory Church, and before that, she and Don attended First Baptist Church for many years. She loved music and enjoyed playing the organ. She spent weeks each year making her famous cinnamon twists that many in the community had the opportunity to enjoy.

In her later years, Nancy often talked about the many ways in which Christ guided her steps in life (when she let Him), provided her with wonderful jobs, and blessed her with many friends and family. In her own words, she shared, "Life lived

for God is not easy, but so very satisfying. As I look back on my 85 years, I see God's hand leading me every step of the way." She went on to say, "I look forward to the next days God gives me and to the many things to learn. I am not perfect, but I press forward to the prize of being what God wants me to be." Her favorite verse is Philippians 3:14, "I press toward the goal for the prize of the upward call of God in Jesus Christ."

Nancy was preceded death by her husband Donald Weese, who passed away in 2013.

She is survived by her brothers Donald Williams (Jan) of Great Bend, KS, David (Valeita) Williams of Lawrence, KS, and Gary Williams of Montrose, CO; her two sons Allen (Sammi) Weese of Montrose; Scott (Nancy) Weese of Montrose, and her daughter Leanna (Mike) Harrington of Montrose; six grandchildren, 15 great grandchildren and many extended family members all of whom she loved so much. A service to celebrate her life, legacy, and going home will be held Tuesday, June 6, 2023, 10AM at Crossroads Victory Church (515 S. Hillcrest Drive, Montrose). It was Nancy's desire that this be a time of rejoicing and celebration. We invite you to come and celebrate with us the life and legacy of Nancy Weese.

We will also be livestreaming the service, on Crossroad's YouTube channel, for those friends and family unable to attend. In leu of flowers, donations can be sent to Crossroads Victory Church in memory of Nancy Weese.

Arrangements are under the direction of Crippin Funeral Home, Montrose, Colorado (970) 249-2121



COMMUNITY OBITUARIES

DOROTHY L. WALZ Sept. 9, 1933- May 24, 2023

DOROTHY L. WALZ passed away Wednesday, May 24, 2023, at 89 years old, after succumbing to a long battle of Alzheimer's along with Patty's family. and heart disease.

Born to Arthur and Ruth Schweinsberg on Sept. 9, 1933 in San Diego, California. Dorothy was mostly known to all who knew and loved her as Sue. She met and married, Fred L. Walz, her brother Richard's (Dick) Marine Corp buddy. He was her lifetime love of 62 years. After leaving the Marines in1953, they moved to Fred's hometown of Grand Junction, CO. Fred & Sue also lived many years in Tucson, Arizona, and retired in Austin, Colorado where they lived until Fred's death in 2014. Sue then moved to Peyton, Colorado with their oldest daughter Patty. Sue visited

with their son Fritz in Montrose Colorado. Sue moved to Ridgway, Colorado in 2021

She was preceded in death by her mother Ruth, father Arthur, and her brother Richard (Dick).

She is survived by her sister Betty Nunez in Santee, California. Sue leaves behind their 3 children: Patricia Hunter of Ridgway Colorado, Denise Walz of Heber City, Utah, and Fred Walz JR (Fritz) of Montrose, Colorado.

Sue loved and cherished her 9 grandchildren, Sue and Fred also had 15 great grandchildren, and 4 great-great grandchildren. Sue enjoyed working in their garden, hosting holiday family gatherings, hunting with Fred, and baking. She was

quite an accomplished artist, but most of all she loved caring for her family. Sue will be deeply missed by all who



knew and loved her. Graveside services will be held on

10:30am on June 10, at Orchard Mesa Cemeterv.

In lieu of flowers, please send donations to Alzheimer's Research: https:// www.alz.org/

Crippin Funeral Home is assisting the family with arrangements.

JEROME WALER March 18, 1946 - April 27, 2023

Montrose lost a good friend to many. He was the only child of Judith Waler and Mr. Waler. He grew up in New Jersey, came to Denver in the early 1970's and landed in Montrose in 1974, where he helped build the Crystal Dam as a member of the carpenter's union. After its completion, he started Valley Pump where he serviced and dug many a hole all around the Western Slope. Jerome is remembered for his great sense of humor, laughter, fun jokes, keen mind, and incredible memory. He loved and wrote poetry, supported the arts, the music scene and his political interests and generously supported those with a need. He never married; came close twice.

Thank you for reading THE MONTROSE MIRROR



FATHER, DEAR FATHER

By Bob Cox

MONTROSE-This month America celebrates Father's Day.

In 1908 Mother's Day was created, largely due to the efforts of Anna Jarvis. That day became a U. S. holiday in 1914. Again, that is a story that might well be addressed later. Father's Day is also a day that can be traced back to a woman, Sonora Smart Dodd of Spokane, Washington. Her father was a Civil War veteran and she started promoting the idea of a Father's Day at about the same time Mother's Day was being discussed, but it was 58 years later when President Richard Nixon signed the legislation that designated the third Sunday of June as Father's Day and made it an official holiday.

A Father's Day was often celebrated by churches and other groups before it became an official day. Some of the editorial comments in various newspapers often added some humor or arguments under the topic. A column often printed in the Plaindealer in Ouray as "Foothills Philosophy," had this tidbit with an amusing afterthought:

Every man in this country has a chance to become president. We'll sell our chance cheap.

A politician tried to fool us the other day by telling us that a politician on the other side had fooled us.

Well b'gosh, we don't notice that anybody is setting aside and celebrating a Father's



Lester Cox, hard at work in his tasks on the T-Raise hoist in the Idarado mine in the early 1950s. Charles Wadsworth once wrote, "By the time a man realized that maybe his father was right, he usually has a son who thinks he's wrong." Lester Cox epitomized that quotation. Photo from the Cox family collection.

Day.

Almost every newspaper routinely printed a column consisting of snippets and one-liners. During those early years, a proposed Father's Day was often one of the topics. On July 26, 1912, The *Surface Creek Champion* opined, "Don't bother about having a father's day. Father attends to that himself ever week the club plays at home." Other parts of the socalled "social events" routinely noted that local men gathered on a regular basis to engage in various card games. Hence, the 'playing at home' comment. A favorite piece was found in the Gilpin

Observer on April 6, 1916. It can only be enjoyed in its entirety:

FATHER'S DAY In Japan they observe a Boy's Day by hanging out carp flags and giving the little fellows plenty of toy soldiers; also a Girl's Day, when each little miss Is presented with a Japanese doll. Here In America we have a Mother's day. Cartoonists draw sentimental cartoons

FATHER, DEAR FATHER From previous pg

about her; the preacher makes some mention of home without a mother, and the tired business man, If he thinks of it, brings home a dollar's worth of cut flowers. Without wilting unnecessarily to add to our list of holidays, we suggest a Father's Day, with a program somewhat as, follow: Dad will be allowed to lie abed until 10 o'clock, reading the sporting sheet and smoking cigarettes, after which buckwheat cakes and sausage will be served. The phonograph will then, play "What's the Matter With Father" and "Here Comes My Daddy Now," while daughter of the house will recite "Father, Dear Father." This ceremony concluded, presents will be bestowed on father in the following order: Ten boxes 25-cent cigars, case of ginger ale, dozen pair silk hose, pair slippers, etc., etc. The evening will be given over to fivecent ante, and at midnight a lunch will be served consisting of Swiss cheese sandwiches, hot dogs, goose-liver sausage, rye bread and butter. The guests will leave at 3 a. m. and the day following will be Sunday.

In the March 23, 1917 issue of the *Delta Independent* they clipped a small editorial comment from *The Monte Vista Graphic:* Those fathers who feel slighted at the attention paid to the mother had better insist on a "Father's Day;" but wouldn't a "night" be more appropriate?

One column in the *Daily Journal* in Telluride included, what might be construed as a sarcastic paragraph originally written by

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Henry Farrell, a New York columnist. It read:

According to all dope Father's Day is Sunday, June 21. It is the day when everyone ls to give father a necktie or a box of cigars. Of course, the necktie manufacturers and the tobacco men are the ones who started the cry for the day. However, it hasn't been put over very strong to date, particularly as father usually has another "Father's Day" shortly after the first of July paying for the neckties and cigars in which he had no voice in the choosing. Fathers already have about 12 days a year -each shortly after the first of the month — and until they can dope out something better than the necktie and cigar "dope" for "Father's Day," there is a great probability that the majority of fathers in the country won't "fall' for the "Father's Day" stuff. Similar articles and editorials continued for the next few decades. As for Colorado, the ranchers, at least in the western part of the state were fully supportive when, the Colorado Cowbelles received an enthusiastic declaration from Governor Steve McNichols proclaimed June 16, 1957 as Beef for Father's Day. This is what appeared in the Grand Valley News: Governor McNichols Proclaims Beef for Father's Day June 16

Governor Steve McNichols of Colorado agrees heartily with two Colorado Cowbelles that Colorado beef should be served on Father's Day, Sunday, June 16th. Prior to affixing his signature to a "Beef for Fa-

8500

ther's Day proclamation, he visited with Mrs. J.T. Wadlow, Whitewater, Colorado Cowbelles president and Mrs William Whatley, Debeque, chairman of the Colorado Cowbelles' "Beef for Father's Day campaign.

There are Cowbelles chapters to this day that promote the "Beef for Father's Day" concept, but the actual national recognition of the day was a long time coming. In 1916, President Woodrow Wilson and his family personally observed the day. President Calvin Coolidge signed a resolution in favor of Father's Day. In 1966 President Lyndon Johnson signed an executive order that the holiday be celebrated on the third Sunday in June, but it was still not a national holiday. Finally, on April 24, 1972, President Richard Nixon signed Public Law 92-278, officially designating the third Sunday in June to be Father' Day. Cigars and neckties are not as widely advertised in the newspapers of today, but one can be enticed by ads for television streaming services and new mattresses. Ann Jarvis, that lady that is credited for creating Mother's Day later denounced the holiday's commercialization and spent the latter part of her life trying to remove it from the calendar. Father's Day is no different. It is largely recognized more by the sales it can bring rather than the recognition of a man, who through thick and thin sticks with his family and provides the mentorship that is needed for the next generation of fathers.

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ANONYMOUS

MONTROSE REGIONAL CRIME STOPPERS

see something, say something

MIRROR CHURCH DIRECTORY

ALL SAINTS ANGLICAN CHURCH

Anglican Church in North America

Address: 2057 S. Townsend, Montrose, CO 81401

Office Hours: Varies and by appointment Contact Information: (970) 249-2451 <u>https://www.allsaintsmontrose.org/</u> Priest: The Rev Gary L. Way, Interim Priest Worship Service Times: Sunday, 9AM, Holy Eucharist. Wednesdays, 11AM Holy Eucharist

BIBLE BAPTIST CHURCH

Independent Baptist 112Main St. P.O. Box 262

CELEBRATION CHURCH

Denomination: Southern Baptist Church (SBC – Southern Baptist Convention) Address: 2900 Sunnyside Road, Montrose, CO 81401 Office Hours: By appointment Phone: (970) 497-4925 Email: celebrationmontrose@gmail.com Website: <u>https://</u> celebrationmontrose.org/ Senior Pastor: Pastor Brandon Mathis

CHRIST LUTHERAN CHURCH

Denomination: Christ Lutheran Montrose Affiliation: Lutheran Church Missouri Synod Address: 1980 N. Townsend Ave., Montrose, CO 81401 Contact: 970-633-0226

FIRST CHURCH OF THE NAZARENE

Denomination: Church of the Nazarene Address: 705 South 12th Street Office Hours: Monday - Thursday 9 am-Noon and by Appointment Contact Information: Office Phone 970 249 -9213, mncfirst@gmail.com, www.montrosenazarenechurch.org

FIRST PRESBYTERIAN CHURCH MONTROSE

Affiliation: Presbyterian Address: 1840 E Niagara Rd. Montrose CO. 81401 Office Hours: M-Thu 9AM -12PM Contact: 970-249-4732, inwith prayers for healing.

Wednesday, Noon, Multi-denominational Community Prayer Hour. There are multiple Bible Studies during the week. All Saints Anglican Church is Biblical, Anglican and Orthodox. The Liturgy (order of service) is from the Anglican Church in North America Book of Common Prayer (2019). Music is a combination of traditional hymns, contemporary, and more modern songs. Children's Christian Education Program is conducted

Olathe, Co 81425 Tuesday-Friday Phone: 970-808-1021 www.biblebaptistchurcholathe.com Pastor Gabe Skillo

Church Description/Mission: Celebration Church makes disciples that make disciples. Our core values include the Scripture, discipleship, community, service, prayer, love, and unity. Demographics: Multi-generational Celebration Kids: Nursery (Birth-4 years old) 8am, 9:30am & 11am Celebration Kids (Ages 5 – 10) 9:30am & 11am

Discipleship: Students (Ages 11-18) 9:30am Sundays

Website: www.montroselutheran.org Email: montroselutheran@gmail.com Pastor: Tim Onnen Worship: Sundays at 9 AM Sunday School and Adult Bible Class at 10:15 AM; Women's Bible Study Fridays at 9 AM. At Christ Lutheran Montrose you will

Pastor: Buddy Cook Services Sunday: Worship 10 AM, Adult Bible Study 11:30 AM Worship includes age -appropriate children's ministry during adult worship. Wednesday: Prayer Boot Camp - 7 PM Mission Statement: Montroce First Church

Mission Statement: *Montrose First Church* of the Nazarene exists to make Christlike

form@fpcmontrose.com, www.fpcmontrose.com Pastor: Jesse Mabanglo Worship Service times: 9:30AM, Student Worship at 6PM. We strive to encourage, challenge and support one anothduring the 9AM service. This is a familysized church that welcomes all individuals and families. We are currently comprised of families and singles, ages 13 to 90. Fellowship time follows each Sunday Service with a fellowship meal following the service on the 3d Sunday. Welcome home to a family celebrating Christ, in fellowship, growing in the truth of God's Word, with worship in the Anglican tradition.

Sunday School 9:15 a.m. Sunday 10:30 a.m. Sunday 6 p.m. Wednesday Bible Study/Prayer 7 p.m.

Adult D2 Classes: 9:30am & 11am Sundays

Other Discipleship Opportunities:

Youth Night: First & Third Wednesdays of month 6pm Celebration Groups (all ages): Sundays – Fridays various times & locations Seasons Young Adult (Ages 18-26) Celebration Group: Thursdays @ 5:30pm off campus location Celebrate Recovery: Friday nights @ 6:30pm

find friendly people gathered in a welcoming environment being comforted and encouraged by the forgiveness and love of Jesus, and sharing that with one another. We are a small congregation of seniors and middle-aged, sprinkled with young children and teenagers.

disciples in Montrose Colorado and around the world.

Demographics: Our church consists of older and younger people. We have younger families with children and young teens and older adults as well. We also support the work of Calvary Ranch Colorado and its addiction recovery ministry.

er through spiritual growth, worship, and service in our community, country, and world. We also encourage children and youth to grow their relationship with Christ through our children and student ministries.

HILLCREST CONGREGATIONAL UNITED CHURCH OF CHRIST

Denomination affiliation: United Church of Christ Address: 611 South Hillcrest Drive, Montrose, CO 81401 Office hours: By appointment Contact information:

MONTROSE UNITED METHODIST CHURCH

Denomination Affiliation: United Methodist Address: 19 S. Park Avenue Montrose CO. 81401 Office Hours: M-Thu, 9 a.m. - 2 p.m. Contact Information: 970-249-3716, office@montroseumc.org, mont-

ROSEMONT BAPTIST CHURCH

Affiliation: Southern Baptist Address: 1598 E. Niagara Road, Montrose, CO 81401 Office Hours: Tues-Thurs, 9am-4pm Contact information: Phone: 970.249.4887 website: www.RosemontBaptist.org email: office@rosemontbaptist.org Senior Pastor: Rolland Kenneson Worship Service Times: Our engaging and relevant Sunday Worship Service is at

SPIRITUAL AWARENESS CENTER

Denomination affiliation: Independent Interfaith

Address: Meeting at Lions Park Community Building, 602 N. Nevada, Montrose Office hours: Tues-Fri, 9 am to 4 pm, Home Office – 970-252-0908 Contact information: Rev. Dr. Arlyn Macdonald, 970-252-0908, arlyn@spiritaware.org, www.spiritaware.org Name of current pastor: Rev. Dr. Arlyn

SUMMIT CHURCH OF MONTROSE:

Denomination affiliation: Southern Baptist Address: 10977 60.75 Rd. Montrose, CO 81403 Office hours: Varies Contact information: phone number: 970-275-7026 email:<u>summitchurchmontrose@gmail.com</u>

website: <u>www.summitchurchmontrose.org</u> Name of current Senior Pastor: John DePhone number: (970) 249-9047 Email address: office@montroseucc.org Website: montroseucc.org Current Pastor: Rev. Wendy Kidd Worship service times: Sunday, 10 a.m. Hillcrest Congregational UCC is a welcoming, open and affirming church, open to all no matter who you are or where you are

roseumc.org

Current Senior Pastor: Rev. Kevin Young Worship service times:

8:30 a.m. Sanctuary & Virtual 9:45 a.m. Christian Education & Fellowship 11 a.m. Sanctuary *Montrose UMC is a leader in being fully inclusive, loving, and just servants of*

10:45 AM. We also have Bible Study for All Ages Sunday mornings at 9:15 AM. We provide a professionally-staffed nursery throughout both.

Rosemont Baptist's desire is to passionately bring people face-to-face with the lifechanging power of Jesus Christ. We are a multigenerational church from different walks of life who love Jesus, love each other, and love our community. Everyone comes dressed in whatever is comfortable. We love meeting new people no

Macdonald, Senior Minister; Rev. Catharine Gates, Associate Minister. Spiritual counseling available.

Worship service times: In-person Sunday Unity Service at 11 a.m., (Social Time begins at 10 a.m.); Quiet Meditation at 10:30 a.m. Virtual Afternoon Service on Zoom at 2:00 p.m.; Chai Chats, a Wednesday morning midweek informal gathering at 10:30 a.m. at Pun Hill Himalayan Restaurant, Montrose; Thursday Empowerment Circle at 10:30 a.m. on Zoom. Everyone is wel-

Sario

Worship service times: Sunday Worship is at 9 am followed by a time of fellowship and snacks. Summit Church has frequent Bible studies and other events for adults, young adults, youth and children. Please visit <u>https://</u>

www.summitchurchmontrose.org/ events for more information. Summit Church Montrose is a new church plant that preaches the Word of God, on life's journey.

Church demographics: HCUCC welcomes all ages to worship with

Page 45

us. (predominately family, youth, seniors, singles)

We offer inter-generational worship with a children's "prayer-ground" and activity packets. A cry room is also available.

Christ. Our church family welcomes people from various cultural and faith backgrounds: single, married, remarried, with or without children, from diapers to dentures.

Wherever you are on your spiritual journey we invite you to come discover hope, joy, peace, purpose.

matter what stage of life they are in. **Children's services:** We have a fun Sunday School for children from four years old through youth. We provide Children's Church during the Sunday Worship Services where children four years old through 9 years can learn to be worshippers of Jesus.

We provide a nursery for children under four years old with paid staff providing excellent care during Sunday Morning Bible Study and Worship Service.

come. The Spiritual Awareness Center is an interfaith spiritual community welcoming spiritual seekers and people of all faiths, providing a safe place to explore and nurture the individual's unique connection to the Divine through Unity services, classes, family and community projects, including the Great Community Giveaway and Wellness Fair. People of all ages are welcome. There are currently no Sunday School or nursery services provided but craft supplies are available for youth.

reaches the lost with the Gospel of Jesus Christ and equips Christians to serve the Lord. Summit Church has people of all ages!

We have families with children (babies, school aged, recent high school and college graduates) There are retired couples and widows. During the Sunday sermon we offer teaching for children ages birth to Kindergarten, in a kid friendly room called Base Camp.

MIRROR CHURCH DIRECTORY From previous pg

VICTORY BAPTIST CHURCH OF MONTROSE

Denomination Affiliation: Independent Baptist

Address: 2890 N Townsend Ave., Montrose, CO 81401

Office Hours: Monday-Friday 8am-12pm Contact Information: Phone (970) 249-

Church Directory

Mirror Editorial Staff MONTROSE-As a way of serving the faith community in Montrose, the Montrose Mirror is in the process of establishing a Church Directory. If your congregation or fellowship would like to be included in the directory, please supply the following

6874; email at <u>info@vbcmontrose.org</u>; website: <u>vbcmontrose.org</u> **Current Pastor**: Roland Kassales **Worship Service Times:** Sunday School at 9:30am, Sunday AM Service at 10:30am, Sunday PM Service at 6pm, Wednesday Night Service at 6:30pm (all services include childcare)

information to the Montrose Mirror: Name of church Denomination affiliation Address Office hours Contact information (phone number, email address, website) Name of current Senior Pastor Worship service times Victory Baptist Church exists to exalt God, edify saints, and evangelize the lost. Demographics: Victory Baptist serves everyone with age-appropriate classes, groups, and activities. Families with children make up the majority of VBC with young adults, singles, middle-aged couples, and seniors comprising the rest.

Please give a one sentence description of your church and its mission in the Montrose community. Brief description of your current church demographics (predominately family, youth, seniors, singles). Do your church services include Sunday School and childcare?

Birth Certificates & Death Certificates

available at

MONTROSE COUNTY PUBLIC HEALTH 1845 SOUTH TOWNSEND AVE. MONTROSE WEST WING

MONDAY - FRIDAY 9AM - 4PM (970) 252-5011 PUBLIC HEALTH (970) 252-5009 VITAL RECORDS



WWW.MONTROSECOUNTY.NET



New Larger Homepage Listing



Tacos and Beer 3410 Williams Drive Montrose, CO 970-964-4448



Tacos and Beer 3410 Williams Drive Montrose, CO 970-964-4448



More: Menu, Pictures, Map & Links

"Subtle flavors that excite the taste buds." That is how Martin, the owner and cook of Tacos and Beer describes his authentic Mexican dishes. Martin is the third generation of his family to be in the restaurant business. His thirty years of experience is evident in every meal. Ask about Martin's Quesabirra Tacos and our homemade spiked Agua Frescas.

Camp Robber 1515 Ogden Road Montrose, CO 970-240-1590

Business Listing: Name About Location Map Slide Show Website Link Menu Remingtons At The Bridges 2500 Bridges Circle Montrose, CO 970-252-1119 - 970-240-1590

Additional Links: FaceBook, Trip Advisor, Yelp



New Popup: Slide Show Address, About, Link



Stone House 1415 Hawk Parkway Across from Walmart Montrose, CO

Dine Out Montrose has a weekly ad in The Montrose Mirror, local news with delivery to over 17,500 email boxes weekly!

By Rev. Dr. Arlyn Macdonald

MONTROSE-It's time to plant flowers, and this year your flower garden can also provide inspirational messages besides just being beautiful to look at. In floriography, the language of flowers, each flower represents a different idea or quality. By planting certain flowers together, you can create both beauty and inspiration in your garden. And when they bloom, you can create bouquets and flower arrangements to give to your friends that also convey messages.

Using flowers as messengers is a very old custom. Back in the Victorian Age, it was popular to exchange small bouquets of flowers called "tussie-mussies," which contained hidden messages. The messages were the flowers themselves. Bouquets were also given as get-well gifts or as hostess gifts.

We are already familiar with some of the meanings of flowers. The rose, for example, is considered one of the most beautiful flowers in the world and has long been symbolic of love. Red roses in floriography mean passion and romantic love; white roses symbolize virtue and chastity; pink roses are for affection; yellow roses are for friendship and devotion; red and white roses together represent unity; and red and yellow roses together are messages of joy and happiness.

Blooming right now are the lilacs. The purple lilac tells of the first emotion of love while the white lilac is for memories of love. The iris is also in bloom and tells of good news with the blue iris expressing faith and the purple iris bringing hope. The yellow iris signifies joy and wisdom. Carnations are also symbolic of love. Red carnations mean "my heart aches for you." White carnations are for faithfulness; pink carnations say, "I'll never forget you," while striped carnations mean, "No, I can't be with you."

There are many other flowers that also tell of love: morning glories mean loving in vain and magnolias express the love of nature. The primrose flower promises love eternal, and tulips express all kinds of love. The aster and camelia also tell of love and the daisy brings a message of loyal love and good cheer.



Wild roses, yellow. Mirror file photo.

Our state flower, the columbine, is also blooming and has one meaning of "faithlessness" in floriography. A Victorian lover might give his faithless lover a bouquet containing columbine, mint (suspicion) and narcissus (selfishness). His lover might send him in return a bouquet of baby's breath (innocence), and daffodils (please return my affection) with columbine having an alternate meaning (courage and endurance).

Using floriography, you might choose to plant the following flowers together: delphiniums for joy, asters for love, and dianthus (pinks) for the Flowers of God. Or another grouping might be lilies for eternal life, violets for faithfulness, and zinnias for goodness and friendship, together with marigolds, the little flowers of celebration.

We plant a lot of pansies (thoughts), petunias (healing and well-being), poppies, (red-pleasure and yellow-wealth and success) in our Montrose gardens. We also like sweet peas which mean "you have my thanks," and peonies, which mean bashfulness. Lavender represents devotion and sunflowers are lofty thoughts and happiness. Chrysanthemums are for luck and longevity and dahlias are for elegance and dignity. At this time of year, dandelions crop up in lawns signaling coquetry. The dandelions love to tease us.

You might also want to plant hibiscus for "rare beauty," or geraniums for gentility or hydrangea for gratitude. Jasmine sends eternal love and jonquils ask, "will you return my affections?" Gladiolus stand for strength of character and anemones wait with anticipation. Buttercups signify riches, while bachelor buttons bring single blessedness. Plant cosmos in your flower beds to bring the wonders of the universe to your yard.

It's fun to plant flowers that bring messages as well as beauty. The next time you take a bouquet to someone in the hospital, think about what you want to wish them and include those flowers in your gift. You can find more flowers and their meanings online to broaden your language of flowers.

Here's a bouquet of flowers from me to you. Read back through this column to decipher the message: Dianthus, yellow, purple and blue iris, white carnations, red and white roses, and sunflowers wrapped up with cosmos. Happy flower gardening!

COLORADO NEWS BRIEFS

MANDATORY CLOSURE TO FISHING AT HOME LAKE STATE WILDLIFE AREA

Special to the Mirror

MONTE VISTA– Colorado Parks and Wildlife has implemented a mandatory closure to fishing at Home Lake State Wildlife Area effective immediately on June 2 through June 16.

The closure was authorized Friday afternoon following testing of the lake water as a result of a chemical exposure. The closure was recommended by the Colorado Department of Public Health and Environment. The direct cause of the chemical exposure is being investigated by multiple agencies, including CPW and the Colorado Department of Agriculture.

"Our early sampling has indicated that two herbicides used for agriculture have made their way onto the vegetation on the south end of the property and into the

water," said CPW Area Wildlife Manager Rick Basagoitia. "Out of an abundance of caution, we will halt fishing for a couple of weeks as we determine the appropriate course of action and monitor the affected areas."

CPW will continue to sample the water and determine impacts in the reservoir. The herbicides detected can be toxic to aquatic life. "We haven't seen stressed fish or a dieoff so far, just the dead snails along the shore," said CPW Aquatic Biologist Estevan Vigil. "But we want to warn the public not to consume any fish from this lake at this time."

Home Lake State Wildlife Area is located approximately 1½ miles east of Monte Vista and shares a boundary with Shriver & Wright State Wildlife Area and Rio Grande State Wildlife Area. It offers fishing for rainbow trout, channel catfish, largemouth bass, bluegill and grass carp.

"Thankfully, this does not appear to have impacted those other two properties," Basagoitia said. "The swath is approximately a mile but doesn't seem to have extended to other properties. As part of the investigation, we will continue to monitor how far this does extend."

CPW has limited the amount of water exiting Home Lake to prevent any further impacts downstream.

The lake will be well marked with closure signs. The two-week closure will allow CPW and partnering agencies to monitor and sample the water to determine the extent of the exposure. It is possible the closure will be extended.

re you searching for the perfect country property? LOOK NO FURTHER than this rural property with beautiful home, GREAT SHOP/GARAGE (1,385 Sq. Ft.), sheds, hay storage, and is so nicely landscaped. Live in the country, have animals and toys, and be close to town. This beautiful modular, 3 bedroom/2 bath and office has great open space, oak cabinetry, vinyl plank flooring and carpet, and wonderful windows for light and views. The split floor plan shows a spacious main suite with soaker tub and roomy bath. So much storage in this home, even the laundry is spacious. The spacious shop/garage will comfortably house 4+ vehicles, finished with particle board and heated by a wood stove. There is a separate hobby room in the workshop for those special projects. The maintenance-free front deck is the perfect entrance, and the patio doors lead to a protected mature landscaped back yard. This home continues its easy maintenance with the concrete siding and metal roof, beautifully maintained inside and out! The 6+ irrigated acres are currently in pasture grass, and irrigation is all set up and ready for you.



Contact me today for more information! PEG EVANOIKA. Realtor

SRES, Associate Broker Senior Real Estate Specialist **C: (970) 209-3934 -** 0: (970) 279-SOLD (7653) THE REAL ESTATE STORE 500 E. Main St. - Montrose, CO



MLS *801165

Address:	69557 Hwy. 50 East • Montrose, CO	
Acreage:	9.8, with 6.5 Irrigated	The
Built:	2007	Rea
Home:	1,986 Sq. Ft.	
Garage/Shop:	1,385 Sq. Ft.	(970
Includes:	Outbuildings	



DEJULIO RETROSPECTIVE OPEN UNTIL JULY 1



Above, MCA Volunteer Margaret Kaufman prepared for the opening of the DeJulio Retrospective. Left, some of the works on display.

Special to the Mirror

MONTROSE-Montrose Center for Arts (MCA) invites the community to a Retrospective of the work of local artist Bob DeJulio, who passed away in February at



age 92. The DeJulio Retrospective opened to the public on Friday, June 2 and is available to view until July 1.

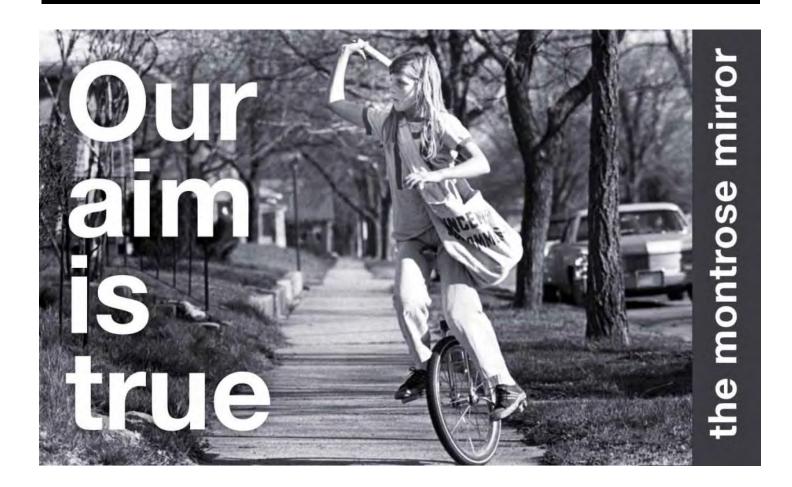
The Retrospective includes art shared from private collections as well as pieces that remain in Bob's estate. While none of the art from private collections will be for sale, a limited number of pieces from

Bob's estate will be available for purchase thanks to the generosity of the DeJulio family, who are gifting these works to benefit MCA. This show will be the only time that Bob's life works will be viewed together at the same place and time--truly an honor for MCA and the opportunity of a lifetime for our community.

Flairmont Furniture and MCA will host a reception, open to the public, for Bob's family and friends at 4:30pm on Friday, June 16.

MCA is open each week Tuesday through Saturday from 10am until 4pm and is located at 11 S. Park Avenue. First Friday at MCA has no entry fee, and there will be no entry fee for the DeJulio Reception on June 16.

Please join us as we celebrate this amazing display of local art.



COMMUNITY NEWS BRIEFS DON'T FORGET TO TOUR FARNSWORTH SCENICS AT MCA!



Special to Art & Sol MONTROSE-Photographer Vince Farnsworth, who owns and operates two local galleries with his wife Maggie, presents his sensational fine art photography at Montrose Center for Arts, 11 South Park Avenue, and at the Farnsworth Scenics Photography Gallery at 72381 US-50.

GET THE MIRROR DELIVERED IN YOUR EMAIL. OUR ARMS ARE GETTING A BIT TIRED

ANNUAL MCA SQUARE DEAL OPEN THROUGH JUNE 30



Special to Art & Sol

MONTROSE-Montrose Center for Art is presenting our annual Square Deal fundraiser. More than 50 local artists in the community have generously painted and donated 8x8 canvases to the Center to be auctioned off. The show opened on First Friday, June 2, and will continue through Friday, June 30. This is a silent auction, and bidding on the paintings ends at 6:45pm on June 30. Come in often to check on your bid. There are incredible paintings, photos and mixed media creations! One of these would make a great birthday, Father's Day, graduation or other gift occasions.

MONTROSE CENTER FOR ART 11 South Park Ave. 970-787-9428

Local Immunization Providers

PEAK PROFESSIONALS

1550 Niagara Road Montrose (970) 497-4921 peakpros.org

PEDIATRIC ASSOCIATES

947 South Fifth Street Montrose (970) 249-2421 **VFC PROVIDER** thepediatricassociates.com

NORTHSIDE HEALTH CENTER

528 North Uncompany Ave Montrose (970) 240-6438 **VFC PROVIDER** pfb.com/northsidechildhealthcenter

CEDAR POINT HEALTH

300 South Nevada Ave Montrose (970) 249-7751 cedarpointhealth.com

BASIN CLINIC

421 Adams Street Naturita (970) 865-2665 VFC PROVIDER (RHC) basinclinic.org

UNCOMPAHGRE MEDICAL CENTER

1350 South Aspen Street Norwood (970) 327-4233 VFC PROVIDER (FQHC) umclinic.org **340B PARTICIPANT**

DELTA COUNTY HEALTH DEPT

255 West Sixth Street Delta (970) 874-2165 **VFC PROVIDER** deltacounty.com/8/personal-health-services

RIVER VALLEY FAMILY HEALTH CENTERS

1010 Rio Grande Montrose (970) 497-3333 308 Main Street Olathe (970) 323-6141 rivervalleyfhc.com **340B PARTICIPANT & VFC PROVIDER (FQHC)**

THE PIC PLACE

87 Merchant Drive Montrose (970) 252-8896 pic.place

MESA COUNTY HEALTH DEPT

510 29 1/2 Rd Grand Junction (970) 248-6900 **VFC PROVIDER** health.mesacounty.us/services/family/imm unizations

VFC (VACCINES FOR CHILDREN)

The Vaccines for Children Program (VFC) is a federally funded program that provides vaccines 0-18 years of age who are enrolled in Medicaid, who have no insurance, or who are American Indian / Alaska Native. *Children who are underinsured may receive VFC vaccines at a federally qualified health center (FQHC) or rural health center (RHC).

340b

The 340b Drug Pricing Program is a US federal government program created in 1992 that requires drug manufacturers to provide outpatient drugs to eligible health care organizations and covered entities at significantly reduced prices.

CITY MARKET SOUTH

16400 South Townsend Ave Montrose (970) 240-1994 **340B PARTICIPANT** Register Online

Flu Pneumonia Tdap Meningococcus Chickenpox Hep A

Shingles MMR Rabies Polio Japanese Encephalitis Hep B COVID-19

WALGREENS

2351 South Townsend Ave Montrose (970) 252-1743 **Register Online** Flu Shingles Pneumonia HPV Tdap MMR Td or DT Rabies Meningitis Polio Varicella Japanese Encephalitis Hep A Typhoid Hep B Hep A/Hep B COVID-19 (Moderna)

CVS (IN TARGET)

3530 Wolverine Dr Montrose (970) 497-8981 Register online

Flu	MMR
Нер А	Tdap
Нер В	Varicella
Hep A/Hep B	Pnemococcal
HPV	Meningooccal
Shingles	Нер А/Нер В
Typhoid	Japanese Encephalitis
Polio, adult	COVID-19 (Pfizer & JJ)

CITY MARKET NORTH

128 South Townsend Ave Montrose (970) 249-2064 340B PARTICIPANT **Register Online** Flu Shingles MMR Pneumonia Rabies Tdap Meningococcus Polio Chickenpox Japanese Encephalitis Hep B Hep A COVID-19

SAFEWAY

1329 South Townsend Ave Montrose(970) 249-1160340B PARTICIPANTRegister onlineFluFluShinglesPneumoniaTetanusHPVPertussis

MMR Hep A Shingles Tetanus Pertussis Meningitis Hep B COVID-19

WALMART

16750 South Townsend Ave Montrose (970) 249-7742 Walk-in's welcome

Flu Shingles Tdap Td MMR Hep A & Hep B IPV Varicella Pneumococcal Meningococcal COVID-19 (Moderna & JJ)

STACIE'S APOTHECARY SHOPPE

112 Village Square West Ridgway (970) 626-7100 Flu Pneumonia Shingles Tdap



Please note that this list is not exhaustive and is not an endorsement of any pharmacy or provider. Visit www.cdc.gov/vaccines for the latest recommendations. Please contact your Pharmacy or Provider to confirm availability of vaccines. Montrose County Public Health will not provide immunizations after June 30th, 2020. Last Updated 7-25-2022.



REGISTRATION OPENS JUNE 26, 2023 For more information, visit MontroseHealth.com/HealthFair

BLOOD DRAW DATES

Sat., August 5

4H Event Center, Ridgway 7:00AM - 10:00AM

Walk-ins allowed; make appointment for faster service

Tues., August 8

Olathe High School, Olathe 6:30AM - 9:30AM

Walk-ins allowed; make appointment for faster service

Wed., August 9 - Sat., August 12

Montrose Pavilion, Montrose 6:30AM - 9:30AM

Registration required: No walk-ins on Wednesday, August 9 and Thursday, August 10

HEALTH FAIR

Sat., August 26

Montrose Pavilion, Montrose 6:30AM - 11:00AM NEW! Walk-ins allowed; make appointment for faster service



800 S. 3rd Street Montrose, CO 81401 970-249-2211

MontroseHealth.com

SCREENINGS

HealthScreen (Chemistry) & Lipid Panel	\$55
Hemoglobin AIC	\$38
PSA for Prostate Health	\$42
CBC (Complete Blood Count)	\$25
Vitamin D	\$45
Vitamin B12	\$45
Male Testosterone	\$45
Advanced Lipid & Heart Health Panel	\$85
hsCardioCRP	\$40

NEW!

Female Testosterone	\$45
Female Hormone Panel	\$125

For more information, visit MontroseHealth.com/Healthfair

CENTENNIAL MIDDLE SCHOOL 2ND SEMESTER HONOR ROLL 2022-2023

8th grade students with a GPA of 4.0

Andres Alvarado, Sophia Benner, Maya Blake, Chance Culver, Sheylen Downs, Isabelle Giroir, Wyatt Gleason, Fernando Gonzalez, Jaylee Good, Nicholas Goodwin, Samantha Jennings, Brooklyn Kolb, Conner Luttrell, Benjamin Meaker, Marcella Mendoza, Chazz Miller, Isabella Miller, Abbey Neary, Keira Oldroyd, Deagan Pelham, Amaya Potter, Dane Roberts, Trip Ross, Cade Saunders, Annie Schroeder, Namgyal Sherpa, Mason Swallow, Clorinda Townsend, Brian Wigington

All other 8th grade students with a GPA of 3.99-3.50

Lilah Bahn-Ricker, Caden Beard, Matthew Bergstrom, Wesleigh Brown, Jacob Clowers, Reina Contreras Padilla, Matteo Delgado, Riley Embrey, Noah Freese, David Garcia, Chase Gleason, Hailey Gurney, Erica Haddock, Noah Harlow, Addison Harmsen, Trevin Hatch, Logan Hernandez, Gracelynn Jones, Cody Kuhlman-Branson, Grey Lesure, Brayden Leu, Evan Marshall, Taylor Martinez, Simon Martinez, Johnathan Martinez, Jylliane Meiners, Leah Nelson, Terrence Nez, Tatiana Perez, Ty Robillard, Kayeb Rogers, Luken Senior, Ridge Smith, Eli Stephens, Carissa Tabor, Caylie Velasquez, Aiden Vonseggern, Aaron Zamarripa Meraz

7th grade students with a GPA of 4.0

Elliot Andress, Tanner Bielak, Emma Chavez, Shiloh Cox, Reya Gallegos, Gavin Jessop, Kylee Jones, Caroline Latham, Ruby Noel, Kale Pressler, Peyton Ross, Alaina Smethurst, Shaun Smith, Holly Thompson, Tyler Tobler, Lucille Waschbusch, Emerson Wesner, Elizabeth Whitcomb

All other 7th grade students with a GPA of 3.99 – 3.50

Oliver Algacs, Maxx Bahn-Ricker, Lynette Balderrama, Cyan Casselberry, Sayel Escarcega, Izabella Gonzales, Chance Graves, Isabella Inda, Saray Jimenez, Tristan Justus, Reo Kato, Dillon Kay, Laila Keep, Heidi Kulbeth, Brooklyn Lee, Siena Magnani, Graciela Maldonado Flores, Draven Marshall, Lucy Maxwell, Lily Mengenhausen, Olivia Miller, Aaron Mundell, Adriana Munshaw, Nicasio Ortega, Annabelle Otto, Lily Padilla, Summer Senior, Kolton Sheridan, Curtis Sherwood, Ryan Soucy, William Townsend

6th grad students with a GPA of 4.0

Harlie Archuleta, Luella Boisen, Lily Davis, Arianna Desgrange, Monarch Faragher, June Freese, Juliette Giroir, Ava Godbe, Cara Good, Carson Hatch, Zachary Knight, Naomi Lokey, Jaime Maldonado Flores, Amelia Miller, Benjamin Omvig, Ines Ortega Leon, Sophia Parkison, Jessica Pimentel, Jude Recacho, Julia Vogt

All other 6th grade students with a GPA of 3.99 to 3.50

Aspyn Alberts, Shayne Amurao, Angelina Baughman, Kinley Bernier, Morgan Carls, Bentley Carr, Jacob Corona Montes, Madison Curtin, Liam Dillon, Genevieve Evens, Fayanna Garcia, Tessa Geist, Abigail Gordon, Allison Jaime-Mayorga, Landree Johnson, Silas Johnston, Kathryn Leu, Beckham Maher, Eric Maldonado Flores, Finnegan McHugh, Corbin Miller, Samantha Milton, Alexia Moore, Sophie Mott, Jamie Mulloy, Miguel Ramirez, Dakota Romero, Bentley Schiller, Kaiden Skowronek, Kimberly Tagle Holguin, Yaritza Tejeda, Avery Thompson, Giselle Valdez Chavez, Seth VanDerwalker, Elaina Williams



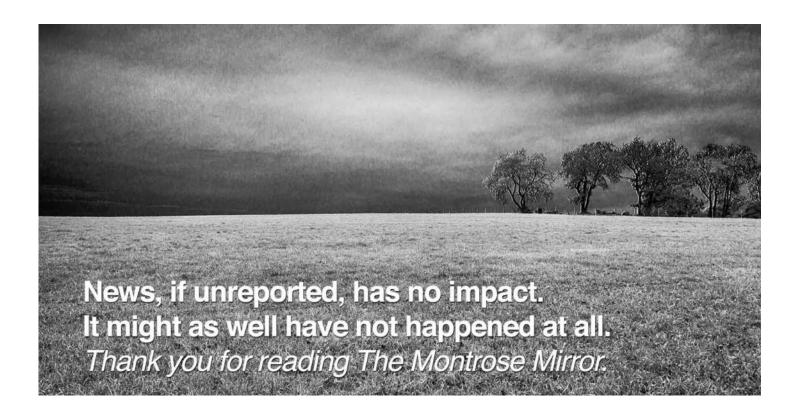
The Following Students have a 4.0 GPA: Wyatt Cooling, Jaydin Dew, Madison French, Alexis Howell, Gavin Jennings, Victoria Lanser, Payton Lico, Blake McKenna, Marlow Monson, Emilie Perfors, Kaia Schwerdtfeger, Addison Wetzel. Other Honor Roll Students: Sofia Azevedo, Sawyer Bates, Leann Black, Uriah Bogart, Jenavie Burris Griswold, Sean Byrnes, Tucker Castle, Lydia Cheezum, Tanner Chicon, Colton Christianson, Emma Countryman, Jane Crane, Aritzel Erives-Cervantes, Hailey Francis, Carter Fulks, Natasha Gale, Lorena Gonzalez, Addyzin Gulleson, Sage Hall, Jasadie Hernandez, Grayce Hert, Cecil Holmes, Conner Jennings, Eli Jewkes, Owen Johnson, Chloe Jones-Cole, Jonathan Klahr, Tavien Lewis, Kellin Linnell, JuanPablo Lopez Ortega, McKenna Mehan, Connor Mims, Addysen Moyer, Maddysen Moyer, Cache Oberg, Addison Ortiz, Isaac Osorio, Daniel Panek, Amir Parra, Connor Quaid, Ruby-Jane Righter, Haylie Roberts, Elijah Rosentreter, Caiden Samora, Kyle Sanchez, Kendrick Santillan Diaz, Peyton

COLUMBINE MIDDLE SCHOOL FOURTH QUARTER HONOR ROLL - SEVENTH GRADE

Scheid, Sophia Scriffiny, Bailey Smith, Mason Smith, Ryker Smith, Kimberly Urquizo, Ornelas Valdez, Jacob Young.

The Following Students have a 4.0 GPA: Quinton Benziger-Ballard, Avery Berry, Patton Berry, Samantha Bray, Brody Broyles, Victoria Castro, Esther Christensen, Paul Davit, Marissa Francis, Esther Greear, Peyton Hess, Jaslyn Hunter, Aden Johnson, Mackenzie King, Samuel Luskin, Korey Metzger, Sonora Mulkey, Mae Scriffiny, Charlotte VanArsdale, Mica Withee.

Other Honor Roll Students: Aubrey Alexander, Trenton Bales, Alyssa Brashears, Angelina Comacho-Mendez, Billi Chapman, Pailin Cooper, Colter Davis, Stephen Flores Avila, Kaylee Fresques, Alexis Garcia, Payton Gibson, Alyssa Holsinger, Caleb Horton, Adele Howe, Aubree Johnson, Lance Krohn, Isaiah Kubin, Elizabeth Lasley, Alfonsina Lopez Cruz, Lesly Lopez, Wendy Martinez Dela Cruz, Kyan McCarthy, Angelo Moore, Thanh Nguyen, Juan Nieves Chavez, Izabelle Pearson, Joel Ramos Chavez, Sofia Selee, Aubrey Spencer, Zachary Spencer, Elizabeth Tanner, Kendall Taylor, Jayla Thornton, Bryn Trenda, Julia Witte, Haile Ybarra, David Zeferino Torres.



COMMUNITY NEWS BRIEFS: SMALL BUSINESS

SNOW CAPPED CIDER MOST AWARDED COLORADO CIDERY IN 2023 ANNUAL GLINTCAP COMPETITION Snow Capped Cider Takes Home 30 Medals at Great Lakes International Cider and Perry Competition

Special to Art & Sol

AUSTIN, Colorado – Colorado apple growers and cider producer <u>Snow Capped Ci-</u> <u>der</u>, helmed by Kari Williams, **won an outstanding 30 medals** in the 17th annual 2023 <u>Great Lakes International Cider and</u> <u>Perry Competition (GLINTCAP)</u> recognized by the cidermaker community as the most prestigious awards in the cider industry. Snow Capped Cider **entered against 1,400+ submissions, was the highest awarded Colorado cidery** and earned the second highest number of points of all cideries in the competition.

Says Owner and Head Cidermaker Williams, "We've been competing in GLINTCAP every year and it has been an amazing experience and a remarkable journey to see our progression over the years. We received 20 medals last year, and to go out and get 30 this year is an honor and a testament to the fruit that our orchards in the Rocky Mountains are able to provide."

Among the 30 medals awarded to Snow Capped Cider were **two Best in Class Golds for the Gold Rush in the Heritage Cider-Sweet category** and **Barrel Kingston Black in the Wood Aged Cider category**. In total, Snow Capped Cider received two Best in Class Medals, five Gold Medals, 18 Silver Medals, five Bronze Medals and was the second most awarded cidery in the competition next to only Bauman's Cider out of Oregon.

This is the sixth year Snow Capped Cider has represented Colorado Cider by competing in GLINTCAP. In 2022, Snow Capped Cider was also the most awarded Colorado cidery in the competition with 20 medals and was one of only three cideries to take home three best in class medals, the highest honor in the competition, including a first place for their Gold Rush cider.

The use of historic American, English and French cider apples as well as the patience and care Snow Capped Cider put into their blends is what sets them apart and allows them to compete in so many categories.

Capped Cider has participated in every major cider competition and has established a pattern as

Snow

the premier apple grower and cidery Colorado. Coming off earning the most awards in the 2023 Cider-Craft Competition and achieving second overall place at 2023 GLINTCAP, Snow

Capped Cider is standing on top amongst the entire cider industry.

Snow Capped Cider's **product is made from 100 percent Colorado-grown fruit** and stands on five generations and over a century of fruit-growing experience. Their historic French, American and English cider apples grown at an elevation of 6130-7000 feet are one of the highest elevation orchards in the world and the mountain terroir captures the crisp taste of Colorado, producing hyper-expressive flavor and a clean and balanced cider that can only be created in the region the apples are grown.

List of Award-Winning Ciders at GLINTCAP:

BEST IN CLASS GOLD

Gold Rush – Heritage Cider – Sweet [2nd Place] Barrel Kingston Black – Wood Aged Cider [2nd Place]

GOLD

6130' Medium Dry – Heritage Cider – Dry Akane – Modern Cider – Sweet Dabinett – Traditional Cider – Dry Opal – Modern Cider – Sweet Wine Sap – Heritage Cider – Dry **SILVER** 6352' – Traditional Cider – Sweet

6352' – Traditional Cider – Sweet 6456' – Heritage Cider – Sweet 6642' – Heritage Cider – Dry



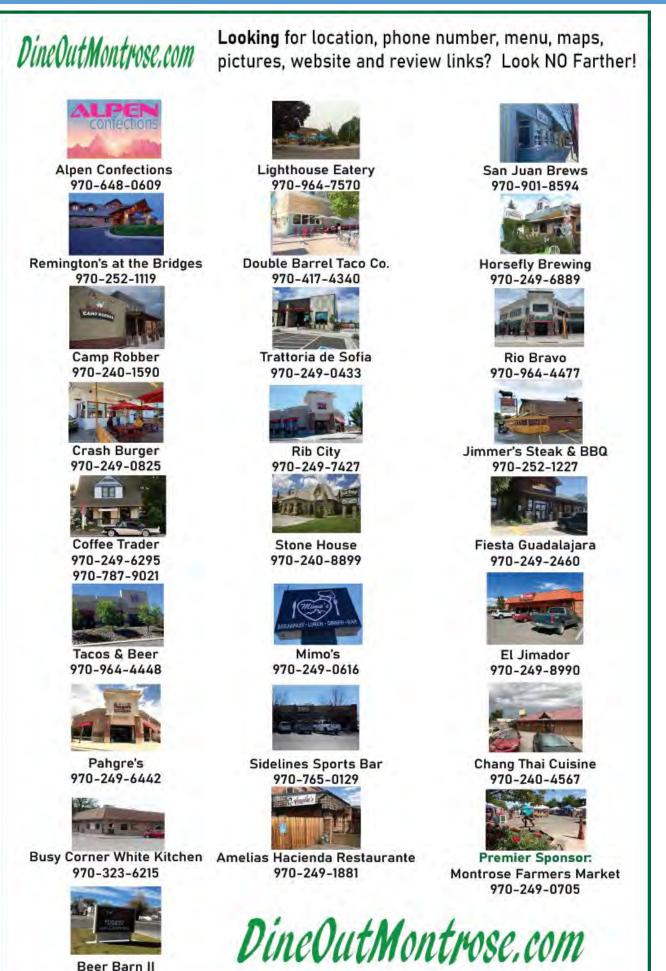
Images courtesy Snowcapped Cider.

Arkansas Black – Heritage Cider – Dry Ashmeads Kernel – Heritage Cider – Dry Blanc Mollet – Wood Aged Cider Harrison – Heritage Cider – Sweet Kingston Black – Traditional Cider – Dry Major – Traditional Cider – Dry Newtown Pippin - Heritage Cider - Sweet Pinova - Modern Cider - Sweet Plum Lemongrass - Specialty Cider and Perry Porters Perfection – Heritage Cider – Dry Rockies Rosé – Specialty Cider and Perry Sour Cherry - Fruit Cider Sparkling Rosé – Specialty Cider and Perry Wickson Crab – Heritage Cider – Dry Winter Pear – Modern Perry **BRONZE** 6520' – Heritage Cider – Dry Ambrosia Barrel Aged – Wood Aged Specialty Cider Barrel Aged Spiced Peach – Wood Aged Specialty Cider Golden Russet – Heritage Cider – Sweet Lavender Lemonade – Botanical Cider



Kingston Black Cider

970-249-5550



SAVE THE DATE! LOCAL EVENTS CALENDAR

ONGOING-

RIDGWAY TRUE GRIT WALKING TOUR

Re-live the exciting days in 1968 when Ridgway was transformed into Fort Smith, Arkansas and John Wayne, Henry Hathaway, Robert Duval and Glen Campbell came for the filming of True Grit. A guide will escort you to downtown filming locations and share insights about Ridgway's film history and little-known facts and anecdotes about the Duke. The tour was recognized by True West as Readers Choice for Best Historic Town Tour. Meet at Ridgway's Hartwell Park gazebo. **FREE!** Details: 469.682.9710 (Donations are welcome.) **3 pm every Friday from June 2 to Sept 1**; **11 am Monday, September 4**, **2023**; **12 pm and 2 pm Saturday, September 23**, **2023**

SATURDAY: FREE TRAIN RIDES: Free rides every Saturday through mid-October, 9 am - 3 pm, at the Ridgway Railroad Museum, 200 N. Railroad St, Ridgway.

MONTROSE FARMERS MARKET-Summer market every Saturday May-October from 9 am to 1 pm in Downtown Montrose. Fresh produce, local meats and eggs, baked goods, beautiful artisan crafts, live music, kids' activities. South Uncompany Avenue, Centennial Plaza and South First Street.

BOSOM BUDDIES BREAST CANCER SUPPORT GROUP, Wednesdays noon-12:45, 645 S. 5th Street

GROUP MINDFUL MEDITATION SESSION to help you sustain and grow your practice with others. Every Wednesday from 6:30-7:30pm at New Leaf Studio 220 N Stough Ave in Montrose.

MONTROSE HISTORICAL SOCIETY meets 1st Wednesday of the month @ Montrose Events Center, 1036 No 7th Street 7 pm (970) 249-2085 <u>www.montrosehistory.org</u>

MONTROSE AREA WOODTURNERS second Saturdays 9 am. 17800 - 6400 Rd in Montrose. Chapter of the American Association of Woodturners. Information: AI Head 970-209-0981 or <u>aheadaviation@outlook.com</u>

GREATER MONTROSE CHAMBER OF COMMERCE BUSINESS AFTER HOURS – May 25.

NEWCOMERS AND NEIGHBORS welcomes adults who are new to Montrose or have been here awhile, who would enjoy learning more about the town and area, plus have opportunities to participate in social activities. Meetings are held on the first Wednesdays of the months September-May. We gather at 10-11:30 am in the downstairs meeting hall of Cedar Creek Church (222 S. Townsend and S. 3rd). Hope to meet you there! Contact Patti at 951-544-6289 with questions.

NURSE FAMILY PARTNERSHIP-Breastfeeding Support Group on the 1st and 3rd Thursday of every month. An infant scale will also be available to check your baby's weight. Breastfeeding Support Group (Bring your questions and your family!) Montrose County Event Center (1036 North 7th Street Room 3) 10am - 12pm. Questions? Please call 970-252-5015.

BINGO EVERY FRIDAY, SATURDAY, SUNDAY at 7pm at the American Legion Post 24 Olathe doors open at 5:30. Sunday Bingo will start at 1:30pm after Nov. 6. More info call Tom 970 260 8298.

FREETHINKERS meet 1st Sunday of the month at 1pm. more info at 970-708-8333.

THE HEALING COLLECTIVE OF WESTERN COLORADO welcomes local practitioners, who focus on healing the whole being. Meetings are on the 1st and 3rd Tuesday of the month and both are from Noon-1 pm, upstairs at the Mother Earth store on Main Street . We support one another with our practices, business, and personal needs. For more information please contact Erin Easton at ErinKEaston@gmail.com

THE MONTROSE GENEALOGY CENTER at 700 E. Main St. is now open Wednesday and Thursday afternoons, 1-4 p.m. or call for an appointment: 970-240-1755. Free help and resources for your family history research." (The center is sponsored by the non-profit organization, Fore-Kin Trails Genealogical Society.)

MONTROSE ALTRUSA-1st Tuesday of the month Program meeting; 2nd Tuesday of the month committee meeting; 3rd Tuesday of the month Business meeting. Meetings are held at the Hampton Inn conference room at Noon.

<u>MONTHLY</u>

June 5-On Monday, June 5-430-630 Citizens' Climate Lobby.org meets at Montrose library meeting rm, Non -partisan, national, environmental, All welcome. info 970-765-9095.

June 7-On June 7th starting at 7 pm at the Montrose Events Center, Steve Pope with the Uncompany Valley Water Users will be presenting on the water history of the Loutsenhizer canal and the water users.

June 8-San Miguel Power Association Annual Meeting- 5:30pm. www.smpa.com.

June 12-430-630pm. In-person meeting of the Citizens' Climate Lobby at Montrose library meeting rm. Action items regarding reduced electricity efficiency, weatherization locally presented at Montrose Farmers Market Saturdays 9-1. Non-partisan, National Nonprofit, Environmental, All welcome info at 970-765-9095

June 15-DMEA's 2023 annual meeting is scheduled for Thursday, June 15, 2023, from 4:30 – 8 p.m. at Cedaredge High School (575 SE Deer Creek Drive, Cedaredge)

June 17-The Montrose Wine and Food Festival is back for its 20th year on Saturday, June 17 from 1 - 5 pm at the Montrose Rotary Amphitheater with its Grand Tasting Event. The afternoon will consist of several local food, beverage, and craft vendors. Benefitting the Black Canyon Boys & Girls Club, the Festival is a premiere event in Montrose, and is a day not to be missed. Tickets for the Grand Tasting are \$35 and are available online at <u>www.blackcanyontickets.com</u> and at the gate Saturday, June 17th, 2023.

June 24-15th Annual Ridgway RiverFest, Sat., June 24, 2023, Noon to 5 p.m., Rollans Park, Ridgway. Free festival fun: live music, river races, food trucks, margaritas and local brews, watershed education, and more! Sponsors, volunteers, river racers, Junk of the Unc competitors, and festival goers needed! INFO: <u>https://ridgwayriverfest.org/</u>

Contact us: Editor@montrosemirror.com www.montrosemirror.com



BLACK CANYON CLASSICS DOWNTOWN



Photo of Black Canyon Classics Car Show Downtown on June 2 is by Gunnison Clamp.

Click on this ad to Download your FREE copy of Beyond Rock today!

C

This Xeriscape Guide is made just for Montrose, put together by Ginny Price, Retired Colorado Master Gardener/ Small Acreage Assistant.



