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the Montrose Mirror

Issue No. 540 July 3, 2023

SETTING POLITICS ASIDE TO FOCUS ON SOLUTIONS

By Caitlin Switzer

MONTROSE-The mission is simple—to replace politics with problem solving.

National non-profit Unify America has drawn attention for its focus on a juried process that welcomes all voices to the table, with Founder Harry Gottlieb invited to deliver a keynote address recently during a statewide meeting of the Penrose Foundation. Montrose residents Don Coram and Linda Gann also attended that meeting, and after hearing him speak, invited Unify America to Montrose.

Today, Unify Montrose is up and running, with a process-driven effort to face the challenges associated with being a childcare desert. Montrose was designated a childcare desert after a childcare needs assessment was performed here several years ago—it means that there are more than three times as many children here as there are licensed childcare providers, according to Unify Montrose Vice President of Marketing and Engagement Morgan Lasher.

The issue itself was selected by the community, Lasher said. "We come in from a process perspective,"

[Continued pg 6](#)



Unify Montrose Vice President of Marketing & Engagement Morgan Lasher, above, spoke about the non-profit's efforts in Montrose. Courtesy photo.

PARTICIPATION IN DMEA ELECTIONS HAS DROPPED FROM 19.04 % IN 2015 TO 10.47 % IN 2023



At the June 27 Delta Montrose Electric Association (DMEA) Board of Directors meeting, all Board Officers were unanimously reelected to their previous positions. Retaining their positions on the DMEA Board of Directors are (L to R) President Kyle Martinez and Vice-President Stacia Cannon.

Photo by Gail Marvel.

By Gail Marvel

MONTROSE-The June 27 Delta Montrose Electric Association (DMEA) Board of Directors Organizational and Regular meeting was called to order at 2 p.m. All Board Members were present; Kevin Williams and Bill Patterson attended virtually. Organizational meetings follow the annual DMEA election, and include the Board Election Report, election of board officers, and adjusting committee assignments.

The call to order was followed by the Pledge of Allegiance, the opening meeting prayer, determination of a quorum, and approval of the consent agenda (Membership & Meter Report, Minutes from the May Regular Board Meeting, and Minutes from the 2023 Annual Meeting with three proposed changes).

DMEA co-op members are afforded an opportunity to speak during Member Comments, which for this

[Continued pg 25](#)

[Kendall Cramer shares his A vision of Montrose for Independence Day!](#)

[Take Me Out to a Ball Game By Bob Cox!](#)

[Constituents raise concerns about Family Court Judge!](#)

[Jack Switzer asks, "Why No Control Tower?"](#)

OPINION/EDITORIAL: LETTERS

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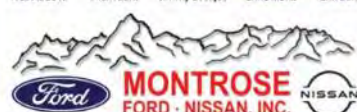
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RE-1J BOARD SHOULD HELP ASSURE THAT MHS NJROTC PROGRAM THRIVES IN MONTROSE

Dear Editor:

May I suggest that whoever can, encourage the School Board to show their love of this country and assure that the NJROTC thrives. Patriotism among young people is at a low; this program promotes it. It does so not only for those enrolled, but also their family and friends. It provides the members with a pride and self-confidence. And it provides a source of members of the Armed Forces who are committed to, and aware of, what they are volunteering for.

Rick Bleier, Montrose



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Room

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REGIONAL NEWS BRIEFS

CITY ANNOUNCES JULY 4 CLOSURES

Special to the Mirror

MONTROSE — City of Montrose offices will close in observance of the Independence Day holiday on Tuesday, July 4, 2023. City Hall, the Downtown Visitor Center, Municipal Court, Animal Shelter, Montrose Pavilion, and Public Works will all close in observance of the holiday.

Police Department offices will be closed but officers will be on duty and responding to calls.

The Black Canyon Golf Course will be open. The Rusty Putter restaurant located at the golf course will be closed, however, the snack bar will be open from 9 a.m. to 5 p.m. City residential trash customers who would normally receive service on Tuesday, July 4, will instead be served on Wednesday, July 5, and Thursday, July 6.

Tuesday customers residing south of Niagara Road and east of Townsend Avenue will be served Wednesday, July 5. Tuesday customers located north of Niagara Road and west of Townsend Avenue will be served Thursday, July 6. Recycling customers who would normally receive collection service Tuesday, July 4, will instead be served Friday, July 7. For more information, contact City Hall at 240-1400 or visit CityOfMontrose.org/Holiday. Residents with questions about route adjustments are encouraged to call City Hall at 970.240.1400 or visit CityofMontrose.org/Trash. For information about the City of Montrose visit CityofMontrose.org.



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REGIONAL NEWS BRIEFS

MONTROSE CENTER FOR ART TO HOST FIRST FRIDAY RECEPTION JULY 7

Special to the Mirror

MONTROSE--The Montrose Center for Art will host a First Friday reception on July 7, from 4:30 to 7 pm. for artist, Kaitlynn Hurford. Her solo show will hang at MCA from July 7th to the 29th.



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BOCC APPROVES AMENDMENTS TO BUILDING CODES



Planning & Development Director Tallmadge Richmond presented the amendments to County building codes.

By Caitlin Switzer

MONTROSE-In a special meeting lasting less than ten minutes, the Montrose Board of County Commissioners (BOCC) approved Consent Agenda items and a code update on Tuesday, June 22. BOCC Chair Sue Hansen and Commissioner Keith Caddy were present; BOCC Vice Chair Roger Rash was absent.

Hansen called the meeting to order. "We'll start with the Pledge."

PUBLIC COMMENT PERIOD

There were no comments heard from the public on non-agenda items.

COUNTY MANAGER

County Manager Jon Waschbusch had no changes to the meeting agenda.

GENERAL BUSINESS & ADMINISTRATIVE ITEMS

There were no General Business & Administrative items.

PLANNING & DEVELOPMENT

BOCC Chair Sue Hansen closed the regular session and opened a public hearing.

Planning & Development Director Tallmadge Richmond presented the **Amendment to the Montrose County Building Code [AA23-003]** proposal to consider amending the currently effective building codes previously adopted by Montrose County and adopting the International Building Code (IBC), 2018 Edition; the International Residential Code (IRC), 2018 Edition; the International Energy Conservation Code (IECC), 2018 Edition; and the National Conference of States on Building Codes and Standards/American

National Standards Institute (NCSBCS/ANSI) A225. 1-1994 Non-Permanent Foundations Guide for Manufactured Housing applicable to the Unincorporated Areas of Montrose County Colorado.

The City of Montrose has adopted 2018 codes as well, Richmond said.

Commissioners voted unanimously to adopt Resolution No. 28-2023 to Amend the Montrose County Building Code [AA23-003] based on the findings of fact listed in the staff report.

Background-The staff report to commissioners states, "...HB22-1362 was passed in 2022 with the intention to increase energy conservation. In the bill, it requires counties that update a building code on or

after July 1, 2023 to adopt and enforce an energy code that achieves equivalent or better energy performance than the 2021 IECC. The 2021 IECC adds certain requirements that would create an increased cost burden for contractors and builders in Montrose County. In an effort to avoid the increased cost requirement, this resolution proposes to update the Building Code to the 2018 IBC/IRC/IECC which is a more reasonable level but still more modern than the currently effective 2009 codes."

A synopsis prepared by County Building Official Peter Petersen details specific changes.

With no further business, the special meeting was adjourned.



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SETTING POLITICS ASIDE TO FOCUS ON SOLUTIONS From pg 1

she said. The first step of that process has already begun, as the non-profit's team launches outreach efforts to recruit 64 citizen participants for a local panel.

"When we were first invited here, we held focus groups," Lasher said, noting that groups looked at not only childcare but housing, mental health, and other societal issues that impact the community.

Childcare was found to be a foundational issue that affects everyone, whether they have children of their own or not.

"Childcare is a linchpin for all of those other things--it affects everybody," Lasher

said, "And we have to talk to everybody—we need diverse perspectives, from all walks of life."

Unify Montrose has been speaking to locals wherever they can, most recently with a table set up for the Habitat Rock the Block event on June 24. Response was very positive, Lasher said. "We got 12 to 15 people to sign up for the panel," she said. Montrose has a diverse community of citizens who share rural values, Lasher noted. With names and demographic information, a random sampling of panelists will be selected with the help of a program and an eye toward age and gender.

Recruitment efforts will continue through early August, followed by 12 weeks of deliberation, to be completed by Thanksgiving. Participants will explore solutions and ways to fund them, with a final presentation on the findings to be shared in December.

With a sizeable number of independent and unaffiliated voters in the community, "Our process is a good fit for Montrose," Lasher said. "We believe every person deserves a voice, as we figure out what our shared goal is and how to work toward it."

The Unify Montrose team can be found at upcoming community celebrations including the City of Montrose Fourth of July festivities, and at the Montrose Farmers Market Downtown on Saturday, July 8.

To learn more about Unify America, visit <https://www.unifyamerica.org>.



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Home Alliance for
Veterans Center

10 AM

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3 PM

Family Fun at the Park @ Cerise Park

5:30 PM

5:30 PM: The Montrose Community Band 7 PM: The Brown Family Band @ The Montrose Rotary Amphitheater



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OPINION/EDITORIAL: COMMENTARY

A VISION FOR MONTROSE ON INDEPENDENCE DAY

*"Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or **abridging the freedom of speech**, or of the press; or the right of the people to peaceably to assemble, and to petition the government for a redress of grievances." - First Amendment to the U.S. Constitution*

Editor:

As our nation celebrates Independence Day, I have been reflecting on the First Amendment. I am not a history or legal scholar. I never attended law school and I don't stay up late at night reading the Constitution. However, I am confident that the government, including the one on Main Street, doesn't have a right to abridge the speech of a private, tax-paying individual for voicing his concerns, questioning the actions of, or advocating for change of that government.

I want the best for Montrose. I moved here after applying to a job post on Indeed and landing the job. I hadn't heard of Montrose before I saw the post, but I sold all my belongings, packed up my car, and drove west. It was the right decision. I also knew that I could be successful at the job - and I was. Over a period of five years, I excelled at it, securing millions of dollars in grant funding for a variety of community and city projects. In 2019, I received an award for my achievements. My boss called me the best grant writer in the state. However, like so many knowledgeable people who have worked for the city, I chose to move on.

However, my passion to see Montrose succeed and improve didn't stop - and that's why I started voicing my concerns about actions taken by the city; and to be completely honest, I was wondering why three days after a snowstorm the streets hadn't been plowed. Afterall, why are we paying nearly 10% taxes on every purchase in town, but our streets go unplowed every winter?

In April, I wrote a series of posts on social media bringing to light the need for change. Those posts included questioning a \$500,000 allocation of city funds to CMU for a new plaza, despite the Block 93 project never commencing and the dilapidated state of the Pocket Park; questioning a verbal agreement between the city and a local newspaper for \$3,000 a month

- keep in mind that I once had to track down \$0.02 in grant funds over several hours. But, now the city has moved to flat rates because it's difficult to track invoices, according to the mayor. (The city must have had a change of heart too because they are advertising in the *Montrose Mirror* again); providing a list of action items the city could take to protect our natural resources - afterall, it was the number one priority identified by Montrose residents in the city's comprehensive plan; questioning the effectiveness of the city's economic development program while understanding from leading it that local business owners are demanding change; and questioning the work environment and leadership of the organization - just look at the employee turnover rate, even before the pandemic.

The response was immediate. Business owners, community leaders, and Montrose citizens reached out to me expressing their support of the posts. However, I was also warned to be careful because the city will "send out the troops" and that I was brave for speaking out. "Your career will be destroyed if you talk. You are poking the bear. He wields a lot of power in this town and state," I was told. But, others encouraged me to not censor myself, and consider running for city council.

On April 24, my boss at the state called a meeting. They had been informed of my posts and "grievances." I was told there are consequences to free speech. They wouldn't tell me the consequences. I was encouraged to seek legal counsel or talk to HR. I contacted a First Amendment lawyer. Nearly two months later, I am still waiting on guidance from the state on what I can and cannot say as a private citizen. Not surprisingly, just days prior to the April conversation, I had spoken against actions to restrict access to LGBTQ books at the Montrose Library Board meeting with the encouragement of my work peers and without any warnings of

consequences.

Based on the information I have received, it's my opinion and understanding that the city contacted my employer.

The truth is, the city doesn't want you to know what you don't know. Alternatively, maybe the government is just oblivious or doesn't care what you and I think. I'm not a conspiracy theorist type of guy, but this seems reasonable. A new car for the boss to drive around on our dime? - "Stick it in the fleet budget." A new stormwater management fee? - "Don't pay attention to the hundreds of thousands of dollars in water and sewer fees that are annually waived and that the taxpayers foot the bill for"; Angry at the *Montrose Mirror*? - "Let's give a flat rate to its competitor because we can't keep track of our invoices." A new plaza for the university? - "Main Street can wait." Sell our historic city hall to a private developer and spend millions on a new city hall? - "The community will get over it." Construct an above-ground water tank atop of Sunset Mesa and block the viewshed of the San Juans for 60 miles for the next 60 years? - "Well, we took public comments and it was cheaper." Hire a recently defeated city councilor to run the economic development initiatives for the city? "No, there isn't a perceived conflict."

What's next? I was kayaking at Buckhorn Lakes last week. It's a true treasure, albeit a pain for the city to own because of remoteness. However, what if the city wanted to sell it, even though it's been owned by the city since the early 1900s, who would stop them? Nobody. Most likely the public wouldn't even be asked for their opinion beyond a 3-minute comment period at a meeting. "Red light. Your time is up." If you are friends of the council, you might get more time to speak, but don't dare have a personal disagreement or address them directly, they warn beforehand. What did they sign up for?

You see where I am going. It's decisions

Continued next pg

A VISION FOR MONTROSE ON INDEPENDENCE DAY

From previous pg

like those mentioned above that every Montrose resident should question. Our government leaders must be held accountable for the decisions they make.

So, what's my point? I will start with this:

-We need more financial transparency. Obscure expenditure labels in a financial portal won't cut it. Every agreement must be documented (i.e. with the press) and every expense must be justified.

-We need continued investments in critical infrastructure like streets and sidewalks. North Townsend should be a top priority as it's the entrance to our community and is blighted.

-We need to protect our publicly-owned historic buildings from being sold with little public knowledge.

-We need to prioritize public investment on Main Street while not ignoring other commercial areas that need revitalization.

-We need to equally serve and invest in infrastructure in all residential neighborhoods.

-We need to support our nonprofits that are tirelessly addressing a number of quality of life issues in the community, like homelessness. A framework for determining how to support nonprofits should be developed.

-We need a written strategy detailing all business incentives and development programs that are available to existing and new businesses.

-We need to prioritize the success of Montrose businesses.

-We need to protect our natural resources, including open space, our wilderness areas, and our viewshed of the San Juans.

-We need to support our city employees who are our family, friends, and neighbors and advocate for market pay, better bene-

fits, and a better work culture. Continued turnover loses institutional knowledge and costs taxpayers more money.

-We need to review the authorities, roles, responsibilities, and pay of the city manager's office as well as demand full transparency of all city operations and decisions.

-We need new city management with a vision for Montrose that aligns with our growing community.

-We need elected officials that think independently, listen to the public, and vote accordingly.

-We need a government that welcomes dissent as a challenge to improve and allows every Montrose citizen to exercise their right to Freedom of Speech.

This is my vision for Montrose - a place that we all love. Happy Independence Day, Montrose.

Kendall Cramer, Montrose Citizen



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REGIONAL NEWS BRIEFS

REGISTRATION OPEN FOR DELTA HEALTH BLOOD DRAWS & HEALTH FAIR

Special to the Mirror

DELTA - Registration is now open for the Delta Health Blood Draws and Health Fair happening on **August 8th - 11th** by going online to <https://my.itstartswithme.com/HealthFair/1811523>. Appointments are required, but walk-ins are welcome during the Health Fair on Friday, August 11.

This year the blood draws are being held in three locations at Cedaredge, Hotchkiss, and Delta.

August 8 from 6:30 a.m. to 10:30 a.m. at the Cedaredge Community Center
140 NW 2nd Street
Cedaredge, CO 81413

August 9 from 6:30 a.m. to 10:30 a.m. at Heritage Hall in Hotchkiss
403 S. 4th Street
Hotchkiss, CO 81419

August 10 and 11 from 6:30 a.m. to 10:30 a.m. at the Bill Heddles Recreation Center in Delta
531 Palmer Street
Delta, Colorado 81416

The Health Fair with local vendors and blood draws is happening on Friday, August 11 from 6:30 a.m. to 10:30 a.m. at the Bill Heddles Recreation Center located at 531 Palmer Street in Delta, Colorado.

Cash, checks and credit cards are accepted; Delta Health will not be able to bill insurance companies. Fasting for 12 hours is required for all health screens requiring blood draws. Participants are encouraged to drink plenty of water, one cup of black coffee is permitted, and medications can be taken as usual.

Many participants will opt-in for their results to be sent to the Quality Health Network (QHN) where their Primary Care Provider will have access to the results and be able to review them with their pro-

viders at their next appointment.

Delta Health is excited to host this annual health event in multiple locations for the community. It is a chance for community members to receive comprehensive lab work at a potentially lower cost.

"We are encouraging everyone to come to our Health Fair on the 11th, even if they've already had their blood drawn at an earlier event because it's a great way to connect with local healthcare vendors from around Delta County," said Jacqueline Davis, Director of Marketing and Com-

munications for Delta Health. "Delta Health clinics and departments will be present, and it's an excellent opportunity to visit booths and to take advantage of the free screenings offered."

For more information on this year's blood draws and health fair, visit deltahealth-co.org/health-fair/.

"A healthier community starts with you," said Davis. "We look forward to seeing you again this year at the Delta Health community Blood Draws and Health Fair."



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REGIONAL NEWS BRIEFS

RECORD PRIZE PURSE AWAITS ANGLERS DURING 9TH RIDGWAY RESERVOIR SMALLMOUTH BASS CLASSIC TOURNAMENT

Special to the Mirror

RIDGWAY— On the heels of a record-setting tournament in 2022, the Ridgway Reservoir Smallmouth Bass Classic is set to welcome anglers back to Ridgway State Park for the ninth edition of the harvest incentive event.

This year's tournament at Ridgway State Park is scheduled to begin at 7 a.m. July 8 and run through 6 p.m. Aug. 6.

In addition to the \$6,000 cash purse awarded to the top-three anglers who catch the most smallmouth bass during this time period, an additional \$12,000 is up for grabs for anglers who catch one of 29 smallmouth bass tagged internally prior to the start of the tournament.

This year's total prize purse represents a \$4,000 total increase over 2022.

"We really want to thank so many of the anglers who have participated in this tournament over the years and are happy to provide quality incentives as they help us



meet our goals of suppressing the smallmouth bass population in Ridgway Reservoir," said CPW Aquatic Biologist Eric Gardunio.

The tournament has been effective at helping CPW reduce the population of smallmouth bass in the reservoir in an effort to protect native fish and water users downstream of the reservoir.

"By participating in the tournament and removing smallmouth bass, anglers are



smallmouth bass caught during the 2022 Ridgway Reservoir Smallmouth Bass Classic. Courtesy photo.

actively helping with wildlife management in Colorado," Gardunio said.

A \$4,000 prize will be awarded to whoever catches the most fish during the tournament window. The second prize will be \$1,500, with another \$500 given to whoever catches the third most fish.

An additional 29 smallmouth bass will be tagged before the tournament. Anglers who catch a tagged fish will win a cash prize specific to the tag turned in. There is one fish worth \$5,000, four worth \$1,000, four more valued at \$500 and 20 tagged fish worth \$50 each. Fish of all sizes were tagged, so any smallmouth bass may be worth a cash prize.

All smallmouth bass must be turned in at the Fish Drop Box located next to the fish clearing station at the Ridgway Reservoir boat ramp. It will be open from noon July 8 to 6 p.m. Aug. 6. This is a smallmouth bass only tournament. Anglers may possess other species as allowed by Colorado Fishing Regulations, but they may not be entered in the tournament.

Participants more than 16 years old will need a valid Colorado fishing license as well as a valid Colorado State Parks pass to enter Ridgway State Park.

If you've never fished for smallmouth bass, or if you want to improve your chances of catching them, CPW has posted a web page that explains the best ways to catch smallmouth bass. The web page also includes tournament rules and an in-depth explanation of issues related to smallmouth bass at Ridgway Reservoir: <https://cpw.state.co.us/thingstodo/Pages/Tournament.aspx>.



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CONSTITUENTS RAISE CONCERNS OVER FAMILY COURT JUDGE

By Caitlin Switzer

MONTROSE-A confidential source, “Maria” (not her real name)** , contacted *the Mirror* recently in tears, to say that on June 23, 7th Judicial District Attorney Seth Ryan had dismissed a domestic violence case she had filed against her longtime domestic partner. The dismissal came after a local family court Judge argued that Maria’s relationship did not [meet the standards](#) for a common law marriage in Colorado.

The Judge’s opinion was entered in response to a motion filed by Maria’s partner, with whom she had been in a relationship since 2013, entitled “Motion to Determine Validity of Marriage.”

Judge Cory Jackson’s response to that motion was entered on Dec. 14, 2022. Jackson found that despite living together and obtaining an Illinois marriage license in 2018, the couple never completed or recorded the license. Among other observations, Judge Jackson noted that the couple did not “*hold joint title to any real estate, do not have joint bank accounts, do not share health insurance as dependents or spouses, have not filed joint tax returns, and are not beneficiaries on one-another’s retirement accounts.*”

On Dec. 16, the petitioner responded to the Judge’s dismissal order with a written statement, saying that her former partner had “*...brutally hurt me, time and time again... destroying me and breaking me, mentally, physically, emotionally, and verbally. This is why I stood up and reported my abuse. No one should have to live this way... I often hear about women just like me, caught up in a domestic violence situation. I never imagined that I would be standing before a judge pleading not to dismiss my case.*”

Despite the Judge’s perfunctory dismissal, the *Mirror* was able to locate arrest records related to the domestic violence charges Maria had alleged against her former partner.

By coincidence, in 2019 this reporter witnessed a similar argument in Judge Cory

Jackson’s courtroom, while attending a hearing regarding supervised visitation for a parent with bi-polar illness. At that hearing, Judge Jackson threatened to nullify the common law marriage of a young woman who was suffering from an adverse reaction to new medications. The subject’s common law husband was also present in the courtroom and had NOT asked the judge to determine the validity of their marriage. In this situation, a different Judge took over the case and the family is now reunited and thriving thanks to that Judge’s decisions.

Still, for those unable to escape Judge Jackson’s courtroom, the going can be tough, as Maria found.

“Jon”*** (not his real name) a longtime Montrose businessman, believes that his divorce experience in Judge Jackson’s courtroom has been heavily impacted by the Judge’s personal biases. Jon told *the Mirror* that Judge Jackson’s present wife became friends with his own former wife in 2016, and that the two remain close.

“The Judge is prejudiced against me because of that friendship,” Jon said. “He doesn’t mind breaking me.”

After being married in 2013 and informally separated in 2018, a decree of dissolution of marriage was entered in December of 2019 for the couple. One child was born during the marriage.

Jon told the *Mirror* last week that he gave his former spouse a 51-percent stake in his construction company during the marriage. As noted in the Permanent Orders entered by Judge Jackson on April 22, 2020, the couple also owned numerous real estate investment properties through a separate business entity.

Still, the assets being divided in their dissolution were all originally his, Jon said, adding that he also paid off \$150K in debts for his former wife prior to their marriage. In the Permanent Orders Judge Jackson addressed that disparity: “(Respondent) argues that he made a disproportionate contribution to the marital estate through a significant contribution of separate prop-

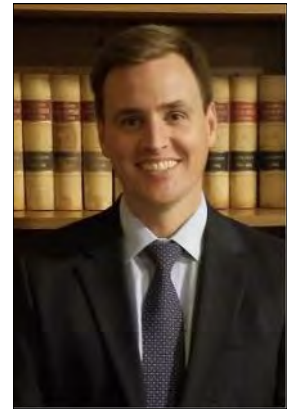
erty. Any argument that (Respondent) brought significant separate...assets is belied by his gift of half of the (construction company) interest to (Petitioner). A remaining \$200,000.00 he contributed is minimal considering the size of the overall marital estate.”

When his wife had initially filed for divorce, Jon agreed to take sole ownership of the construction company to ensure its survival, while his ex-wife was awarded the couple’s other business--owning and managing their portfolio of rental properties. Although both parties live in Montrose, their child now attends school in Delta per his mother’s wishes. “I never agreed to that,” Jon said. “We live in the Montrose County School District.”

Still, far more concerning to the Respondent are the decisions being made by Judge Jackson concerning finances.

In one instance, Jon said that his former spouse turned off security cameras in the construction company’s office and allegedly removed several hard drives and funds from the safe. The situation and police report were included in court documents, but Judge Jackson’s response showed that only one party’s word was believed: “*The petitioner clearly testified that the amount of cash in the safe was \$5,000.00, and the Respondent’s argument that it totaled \$70,000.00 is speculation and second-hand.*”

After awarding 13 paid-for rental properties to Jon’s former spouse, the court found her to have a gross monthly income of \$7,023.11. The court also found a need for spousal maintenance: “...(Petitioner) has established a financial need, albeit



Judge Cory Jackson.
Courtesy photo.

CONSTITUENTS RAISE CONCERNS OVER FAMILY COURT JUDGE

From previous pg

relative to the parties' high income during their marriage. The Court finds that need to exceed \$15,000.00 per month."

Although Jon declared his own monthly gross income to be \$9,558 per month, the court found otherwise when issuing its Permanent Orders: "(Respondent) makes \$137,728.77 per month."

Judge Jackson then ordered him to pay child support and maintenance in the amount of \$10,200 per month, Jon said.

Meanwhile, "My company was broke," Jon said. "We were into our line of credit."

The construction company continued to lose money in 2019, 2020, and 2021, he said.

Overall, Jon said that he has paid his former spouse \$5M so far, with seemingly no end in sight. "They are now seeking child support that they forgave last summer (as part of an agreement between the parties), so I'm guessing they're seeking \$2000 a month for the next 11 years."

"The Judge heard testimony and saw evidence where I and my business were suffering financially because of the separa-

tion," Jon said. "But Judge Cory Jackson makes decisions based on rumors and gut feelings rather than evidence and testimony."

On Thursday, June 29, *The Mirror* reached out to Chief Judge Stephen Patrick for comment on behalf of the 7th Judicial District. There has been no response to date.

*****While our sources were willing to go on record with real names, the Mirror felt it best to maintain confidentiality in this matter so as to protect all parties.***

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COLORADO NEWS BRIEFS

JOHNNY'S AMBASSADORS ANNOUNCE START OF NATIONAL MARIJUANA FACTS WEEK

Special to the Mirror

DENVER – As the country looks to celebrate Independence Day, Johnny's Ambassadors is kicking off National Marijuana Facts Week – July 4-10, 2023. The week was created by [Johnny's Ambassadors Youth Marijuana Prevention](#) to raise public awareness about the dangers of today's high-potency THC marijuana. The week-long national health observance brings attention to the negative effects that marijuana can have on our country's youth. The THC potency in marijuana of this generation is far more dangerous for developing brains than it has been in the past, making it crucial to be educated and informed about the matter. Johnny's Ambassadors created NMFW to encourage communities to hold educational events to create awareness of how high-potency THC marijuana affects adolescent brain development, mental illness, and suicidal risk.

"I created National Marijuana Facts Week a few years ago to reach, educate, and impress upon as many people as possible the dangers of high-THC marijuana," said Laura Stack, founder of Johnny's Ambassadors.

"Our goal is to bring communities together to save our youth from the harms of today's high-potency marijuana, and this week is one of the big ways we hope do that."

National Marijuana Facts Week creates engaging ways for parents, teachers, students and the community to educate themselves and others about the risks of using marijuana.

"Today's more potent marijuana plants can contain 35% THC or higher, while the weed we rolled in the '70s and '80s was 1-3% THC," according to Stack.

More than 80 organizations are participating in the NMFW movement. People interested in participating in the activities planned for the week can download a special toolkit to get access to all activities and resources at [Johnny's Ambassadors' website](#). Included in the toolkit is a one-hour webinar, a tour of a Colorado dispensary and a national teen anti-marijuana poster contest. The toolkit also provides several other resources including research findings, a free social media campaign series and a marijuana trivia online gameshow.

Johnny's Ambassadors was founded by Laura Stack in 2020 after the suicide of her son, Johnny, by a THC-induced psychosis. It is a non-partisan, nonprofit, grassroots alli-

ance of individuals and organizations around the globe concerned about the harms of youth marijuana use. Johnny's Ambassadors seek to reduce youth marijuana use through education, prevention and awareness. They use evidence-based, scientific research and experts to teach the impacts of today's high-THC marijuana on youth mental illness and suicide.

NMFW and Johnny Stack's story bring to light the association between cannabis use and mental health issues, such as schizophrenia, depression, and anxiety. According to a study conducted by Denmark's Mental

Health Services Capital Region and the National Institute on Drug Abuse at the National Institutes of Health, 30% of men ages 21-30 would not have developed schizophrenia if they hadn't used cannabis beginning at a young age. Researchers concluded there is strong evidence to support the connection between mental health decline and cannabis dependency.

In honor of National Marijuana Facts Week, Johnny's Ambassadors is inviting communities to take action to share the facts about high-potency THC use and prevention. Visit [Johnny's Ambassadors](#) to learn more.



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READER PHOTO SPOTLIGHT: BLUE MESA



Blue Mesa Reservoir water levels are on the rise. Courtesy Photos taken by Tim Jones on Sunday morning, June 25, 2023.



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COLORADO NEWS BRIEFS

SECRETARY OF STATE'S OFFICE PERMANENTLY ADOPTS NEW NOTARY RULES

Special to the Mirror

DENVER— The Secretary of State's Office has adopted permanent rule revisions to revise Colorado's Notary rules in accordance with Senate Bill 23-153 (Sunset Revised Uniform Law On Notarial Acts).

The adopted rules remove language prohibiting the use of verbal-language interpreters and clarify in rule that the increased fee a notary may charge for their electronic signature is \$25. Additionally, the rules clarify the requirement that remote notarization system providers must annually renew their registrations with the Secretary of State's Office to maintain their eligibility to provide these systems.

A public rulemaking hearing was held on June 20, 2023, at 1 p.m. MT to receive testimony concerning the preliminary draft of permanent rules. This hearing was conducted in-person and via webinar.

To read the Notice of Adoption, click [here](#). For more information on this rulemaking process, please click [here](#). For an audio recording of the public rulemaking hearing, please click [here](#).

These rules will become permanently effective twenty days after publication in the Colorado Register.

Members of the public with questions about rulemaking should contact SoS.Rulemaking@coloradosos.gov. Members of the press with questions relating to the rulemaking should contact communications@coloradosos.gov.



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WEEKLY CARTOON

SOUR GRAPES

by Tim Jones







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OPINION/EDITORIAL: LETTERS

BIDEN FAMILY GETTING RICHER BY THE DAY SELLING OUT AMERICA

Editor;

More insanity from the out-of-control White House. Joe Biden has signed a global agreement with 12 other nations to crack down on farming to "save the planet" from "climate change." Yup, this agreement is led by the UN and the United States and signed by several major cattle and food-producing countries including Australia, Germany, Argentina, Brazil, Chile, and Spain. The agreement places farmers under new restrictions to reduce emissions of methane gas. Biden's "climate czar" John Kerry is leading the pack. Surprisingly though, China and Russia are not mentioned in these anti-food policies and the whole plot is based under the United Nations. Strangely enough the UN has become increasingly concerned about a coming famine. They have been putting out dire warnings about a coming global famine. But according to the UN and their allies and the Biden cult modern food production is destroying the planet by causing "global warming." Therefore according to the phony green agenda, farming must be targeted because it produces methane gas. Never mind methane gas is also produced by the biologic decomposition of organic matter in wetlands (which the Left environmental wackos cherish), swamps, landfills and even shallow bedrock and of course their favorite pet peeve, cow flatulence. Of course John Kerry is excited about taking valuable pro-

ductive farmland offline, reducing cow herds, and turning our food production systems over to globalists. His call is for farmers to stop growing food in order to meet Biden's radical "net zero" goals for emissions. And the UN is worried about famine?? At a climate summit Kerry told world leaders that lives "depend" on farmers ceasing their food production. Huh?? Pictures of Democrat climate hustlers never look like they are skipping any meals! But of course laws and rules and regulations don't apply to them. The perfect example is the Biden crime families' treasonous dealings with China, Ukraine, Russia et al. The Biden cult plans to spend \$1.5 million of your taxpayer funds on a program aimed at empowering female (why just female?) climate change activists in just northern Kenya. Does Obama have his fingers in that??

In order to "save" the planet from emissions that come from farming, UN governments are pushing to replace meat in the food supply with insects! They and the US plan to replace a major portion of the beef and dairy cattle, pork, and chicken stocks that populations rely on for protein with insect larvae, mealworms, crickets, and other bug-based "foods." Billionaire elites have invested in massive insect factories being built in the state of Illinois, Canada, and in the Netherlands where mealworms, crickets, and other bugs will be processed as additives to be inserted into

the food supply often without clear labels that will inform people of exactly what they are eating. Bill Gates is also partnering with other billionaires to invest in the production of "lab-grown meat." The process involves using cancer cells from cows, chickens, and pigs to quickly grow artificial "meat." Although studies have found that lab-grown synthetic meat is 25 times worse for the environment than traditionally farmed beef! But who cares about facts when their goal is massive food starvation? Farmers will be forced off their land as is happening in the Netherlands, which is the world's second-leading exporter of food after the U.S. Think it can't happen here in the U.S.? Just last month New York City announced plans to impose restrictions on the amount of meat and dairy products the public can consume! Ireland's government has just pushed plans to slaughter 200,000 healthy cows to meet the radical green agenda goals. Corrupt Joe Biden's John Kerry insists that stopping farmers from growing food is the goal to lower agriculture "emissions." The world has never heard of such insanity from the most corrupt presidential administration in history.

Biden wants to deny you of the right to eat at the same time the Biden family are getting richer by the day selling out America to our adversaries. And they're not missing any meals!

Jerry Bartholome, Montrose



REGIONAL NEWS BRIEFS

SANBORN PARK ROAD CLOSURE STARTS JULY 6

Special to the Mirror

MONTROSE— Montrose County Road and Bridge will close Sanborn Park Road at the intersection of Sanborn Park Road and Hanks Valley Road on July 6. The closure is for bridge repair and guard rail replacement. At this time, the closure is expected to last two to three weeks depending on conditions. Motorists are asked to use an alternate route. For more information on road closures, please visit montrosecounty.net.

MERCURY REMAINS PROHIBITED IN THE MAIL

Special to the Mirror

COLORADO — The Postal Service is reminding customers that metallic mercury and devices containing metallic mercury are always pro-

hibited in the mail stream. This includes antique items such as thermometers, barometers, blood pressure monitors and similar devices. However, compact fluorescent

lamps, which contain small amounts of mercury in vapor form, are mailable domestically but not internationally.

Here's what you should do:

Review *USPS Publication 52, Hazardous, Restricted, & Perishable Mail*, to find out if your item is mailable.

Follow U.S. laws and U.S. Postal Service hazmat guidelines.

Ship items securely with required labels and markings. Customers can take their package to a Post Office location to make sure it is labeled correctly.

Improper, undeclared, or prohibited hazmat (hazardous material) shipping can have serious consequences for everyone involved.

Full responsibility rests with the mailer to comply with all Postal Service and non-Postal Service laws and regulations in the mailing of hazardous material. Anyone who mails, or causes to be mailed, a nonmailable or improperly packaged hazardous material can be subject to legal penalties (i.e., fines and/or imprisonment), including but not limited to, those specified in 18 U.S.C. The transport of hazardous materials prior to entry as U.S. Mail and after receipt from the Postal Service is subject to Department of Transportation regulations.

If a person knowingly mails items or materials that are dangerous or injurious to life, health, or property, they may face a civil penalty of at least \$250, but not more than \$100,000 per violation, the costs of any cleanup associated with each violation, and damages. They may also face criminal penalties.

Reminder: Effective July 9, USPS will require Electronic Indicators when shipping Hazardous Materials (HAZMAT) and Dangerous Goods (DG). Publication 52, *Hazardous, Restricted, and Perishable Mail* (Pub 52) will be revised to incorporate new requirements for mailers to use unique Service Type Codes (STCs) and extra service codes (ESCs) within the tracking barcodes and electronic data submission for package shipments containing HAZMAT or DG.

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PARTICIPATION IN DMEA ELECTIONS HAS DROPPED From pg 1

meeting was scheduled for 4 p.m.

Background-During meetings the board of directors hears verbal summary reports of their monthly meetings and activities. Co-op membership has access to some of the written staff reports submitted for board approval, i.e., minutes of the previous meeting, CEO report, and action items (resolutions). Following the meeting members can access packet information through SmartHub, the online service which allows members to manage their DMEA accounts.

Organizational Items:

Attorney Jeff Hurd said, "Fifty to 60 ballots were not counted for a number of reasons. No signature, multiple ballots in one envelope, someone signing for a deceased member. We recommend changes for staff for next year. Knowing who is authorized to vote for a business. To ensure that the person signing has a [business] title. Highlight that it is only one ballot per envelope. [Per the Bylaws] this did not trigger an automatic recount. The participation rate has gone down since 2015. In 2015 it was 19.04 percent, in 2023 it was 10.47 percent. The decrease in the participation rate is up to the board to interpret."

The board discussed election participation rates of other co-ops. Jock Fleming said, "No one is getting into the 30 percent range."

Williams said, "It looks like electronic voting helped pick up voting in some of the other co-ops; in the 17-20 percent range."

President Kyle Martinez offered several reasons why DMEA, up to this point in time, has been reluctant to implement electronic voting.

2023 Board Election Report - Jeff Hurd, Attorney.

Eligible Voters	30,447
Paper Ballots -	3,139
Onsite Ballots	48
Total Returns	3,187
Percent Returned	10.47

During the annual meeting held on June 15, all three incumbents retained their seats. The board chose to continue with the same board officers and organizational representatives. Committee assignments are made by the board President and no

changes were made.

Elect Board Officers

President – Kyle Martinez

Vice-President – Stacia Cannon

Secretary/Treasurer – Jock Fleming

Assistant Secretary/Treasurer – Kevin Williams

Appoint Organizational Representation

Western United Electrical Supply (WUES)

- Jock Fleming (alternate Lockhart).

Colorado Rural Electric Association

(CREA) - Damon Lockhart (alternate Fleming).

Assign Committee Members & Chairs -

Kyle Martinez.

Martinez said, "No changes at this time."

Establish Financial Signatories

No changes were made.

Approve Legal Engagement Letter

DMEA attorneys Jeff Hurd and Sarah Abbott left the meeting while the board discussed the legal engagement letter. Fleming said, "The letter is pretty straightforward. Hourly wages, fees and expenses, the contract letter is at-will. Looks like a standard basis."

After further discussion the Legal Engagement Letter was moved to Executive Session.

Board Committee Reports:

Finance-Audit-Rate Committee (FAR) –

Damon Lockhart, Chair.

Lockhart said, "We didn't have a meeting."

Engineering – Construction – Energy Services Committee – Stacia Cannon, Chair.

Cannon said, "No meeting. Nothing to report."

Member Relations Committee – Bill

Patterson, Chair.

Patterson said, "No Meeting."

Executive Committee – Kyle Martinez,

Chair.

Martinez said, "No meeting. The annual meeting was well done this year. Kudos to everyone who made it happen. Attendance was just under 300."

Patterson noted he'd been contacted about some members having difficulty in getting their ballot.

Non-Privileged CEO Report – CEO Jack Johnston.

Johnston said, "We've improved our safety and have crane certification. Our diggers are [now] considered cranes and

have to have crane certification to use them. We can use them in an outage without certification, but general construction needs certification. The certification class is five full days with a test at the end. The new regulations make the operation safer. We've had some power outages due to mother nature and animals. Some outages in unoccupied structures, a major four-hour outage in Cedaredge on May 14 was caused by birds, streetlights were out. We've had a flood around poles. It was a rough couple of weeks in a four-week period."

The CEO report included systems design being three-weeks out, electric vehicle (EV) charging above that reported two-years ago, net meters trending upward (171 for the year), hydro generation, and Career Day at Delta Elementary.

Johnston reported Cyber Tech Conferences have produced positive results. DMEA continues to use phishing tests once or twice a month to make employees and board members aware of scammers trying to get sensitive information.

General discussion amongst the board included comparing this year's annual meeting held at Cedaredge to last year's held at Montrose. The loss of eight employees this year was mainly attributed to movements within the organization and retirements. Through May 31, total operating expenses are trending favorably. There are 2,300 unclaimed capital credits which total \$363,472. Members can go to the DMEA website to find a list of individuals entitled to the unclaimed capital credits.

Johnston said, "Light up the Navajo. Overall, it was amazing and incredible. We sent two crews; four people crew each week. We probably got [power] to 15-20 homes in the two-week period. One of our employees has an opportunity to go to Guatemala to wire houses. We will pay 40-hours of straight time for him to go."

Non-Privileged Legal Report – Attorney Jeff Hurd, colleague Sarah Abbott.

Hurd said, "Sarah will tell you about the work she is doing... this is a perfect time to revise and make changes to the Bylaws if this is what you want to do."

Abbott said, "I've worked on contract reviews, Board Policies, agreements, used

PARTICIPATION IN DMEA ELECTIONS HAS DROPPED From previous pg

poles agreements ..."

Representative Reports

Western United Electrical Supply (WUES)

Report – Jock Fleming.

Fleming said, "We did not meet. The Fish Fry is August 24th, everyone is invited."

Colorado Rural Electric Association

(CREA) Report – Damon Lockhart.

Lockhart said, "There is a virtual meeting this Thursday."

Conference, Webinar, etc. Attendance

Reports

CEO Johnston attended a forum.

Member Comments:

Joseph McGill attended the meeting virtually. He said, "At the candidate forum I questioned [DMEA's] transparency. I thought [this meeting] I should be an active attendee. I have a general area of interests; clean renewables, IT infrastructure at DMEA."

Martinez thanked McGill for taking time to attend.

Future Meetings

The next regular meeting will be held on July 25, 2023.

Executive Session

-Confidential Corporate, Litigation and Regulatory Matters

-Policy Review

Note: Board Policies changes/updates were not discussed in the public meeting, but rather were taken into Executive Ses-

sion. Two Board Policies (BP) were attached to the online agenda and included in the board packet, BP 107 (Board of Directors) and BP 109 (Director's Compensation). However, the specific policies to be discussed were not listed on the agenda.

Following the Executive Session, the board unanimously approved the updates to BP 103 (Conflicts of Interest) and tabled voting on proposed updates to BP 107 (Board Compensation).

Staff will post the current version and a clean version of the updates so members can compare the two to see the main changes. The updates are part of the public packet posted through SmartHub.

Executive Session Summary –Amy Taylor, Executive Assistant.

In an email Taylor summarized the executive session, "At 4:03 p.m., upon motion from Director Gray, seconded by Director Lockhart, the Board unanimously approved to enter executive session to receive confidential corporate, litigation, and regulatory updates, to review the legal engagement letter, and to review proposed policy updates. At 4:48 p.m., upon motion from Director Fleming, seconded by Director Lockhart, the Board unanimously approved exiting executive session.

Upon motion from Director Lockhart,

seconded by Director Sanchez, the Board unanimously approved the updates to Board Policy 103, Conflicts of Interest, as presented. The Board tabled voting on proposed updates to Board Policy 107, Board Compensation, to a future meeting.

Upon motion from Director Fleming, seconded by Director Gray, the Board unanimously approved for President Martinez to sign the legal engagement letter with Ireland, Stapleton, Pryor, & Pascoe, PC as presented.

Having no further business to conduct, the Board adjourned its regular meeting at 4:49 p.m."

Dist. 1 - Bill Patterson, 970-209-1449, bpatterson@montrose.net

Dist. 2 - Kyle Martinez, 970-615-7124, kyle@touchofcarepcp.com

Dist. 3 - Jacob Gray, 970-778-9512, jacob.gray@dmea.com

Dist. 4 - Emily Sanchez, 970-209-4582, emily.sanchez@dmea.com

Dist. 5 - Kevin Williams, 406-839-1603, kevin.williams@dmea.com

Dist. 6 - Damon Lockhart, 970-314-1071, damon.lockhart@dmea.com

Dist. 7 - Enno Heuscher, 970-270-6523, enno.heuscher@dmea.com

Dist. 8 - (North Region) Stacia Cannon, 920-207-8831, stacia.cannon@dmea.com

Dist. 9 - (South Region) Jock Fleming, 970-275-1808, jock.fleming@dmea.com

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ANONYMOUS CALL

MONTROSE REGIONAL CRIME STOPPERS

COLORADO NEWS BRIEFS

AMERICA 250 - COLORADO 150 COMMISSION BILL IS NOW LAW

Special to the Mirror

DENVER-State Representative Marc Catlin's SB23-297, America 250 – Colorado 150 Commission bill is now law. The bill was signed by Governor Jared Polis on Tuesday, June 6, 2023. This law is a companion piece to a previous Rep. Catlin law that was passed last year for the creation of the America 250 – Colorado 150 Commission. The commission will develop programs and plan for the official observance of the 250th anniversary of the founding of the United States and the 150th anniversary of Colorado statehood. The commission is directed to develop and promote historical activities, publication of historical documents, public ceremonies, educational activities for Colorado youth, and other commemorative events, to be supported by comprehensive marketing and tourism campaigns. The prime sponsors in the Colorado House of Representatives were Barbara McLachlan (D-HD59) of La Plata County and Marc Catlin (R-HD58) of Montrose County. The prime sponsor in the Colorado Senate were Rachel Zenzinger (D-SD19) of Jefferson County and Rod Pelton (R-SD35) of Cheyenne County.

Representative Catlin says, "I'm proud to sponsor this bill. It is exciting to see how the communities in Colorado are planning to celebrate our 150th anniversary in 2026. This bill will make resources available and encourage people to get involved and have a great 150th and 250th birthday celebration. Happy July 4th and God Bless America"



Marc Catlin (R-HD58). Courtesy photo.

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REGIONAL NEWS BRIEFS

MONTROSE COUNTY UPDATES BUILDING CODES

Special to the Mirror

MONTROSE—Montrose County updated its building codes to the International Building Code (IBC), 2018 Edition at a special board meeting on June 27. This update is the result of state legislation and is the least burdensome option for residents and builders.

"We compared the 2009, 2018, and 2021 codes and decided that the 2018 codes were the best option for builders, contractors, and residents based on how modern the codes are and the costs involved," said Tallmadge Richmond, Planning and Development Director for Montrose County. "It is also important to note that the county's

building codes and city's building codes will match as both agencies recently updated codes. This is helpful for contractors in the area."

Building permits are not proposed to be affected. In addition to the update for the international building code, this also includes updates for the International Residential Code (IRC), 2018 Edition; the International Energy Conservation Code (IECC), 2018 Edition; and the National Conference of States on Building Codes and Standards/American National Standards Institute (NCSBCS/ANSI) A225; and 1-1994 Non-Permanent Foundations Guide for Manufactured Housing.

Some of the major changes from the 2009 codes to the 2018 codes include:

- Increased insulation requirements: the 2018 codes require more insulation [than 2009 codes] in homes and buildings, which can help to save energy and money on heating and cooling costs.

- Changes to fence requirements: The 2018 codes now require a permit for fences that are 7 feet or taller, instead of 6 feet as in the 2009 codes.

The new building codes are effective immediately. If you are planning to build or remodel a home or building in Montrose County, the new [building code resolution](https://montrosevmc.us/building-code-resolution) is available online for reference.

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REGIONAL NEWS BRIEFS

CPW HOSTS WORKSHOP FOR NOVICE SPORTSWOMEN AT LONE CONE

Special to the Mirror

NORWOOD – Colorado Parks and Wildlife will host the Ladies Cast, Blast & Fling workshop for new hunters and fisherwomen July 28-30 at the Jim Olterman Lone Cone State Wildlife Area in Norwood.

This program is for women brand new to hunting and fishing. Lessons will include the basics of archery, fly fishing, shotgun shooting and wildlife management. Participants will be expected to participate in all topics covered. Those not interested in learning and trying all lessons should not apply.

"This program is designed for women and provides a very supportive atmosphere for those who want to learn about fishing, hunting and wildlife," said Kelly Crane, District Wildlife Manager in Ouray. "We especially invite women who have little or no experience to join us."

This program is for women 18-and-older, and all participants must have a valid fishing license.

The deadline to apply is 5 p.m. July 14. Accepted participants will be notified by July 15. Registration is limited to 25 participants, and the event will be canceled if at least 15 people are not registered.

The event is free, but a \$40 deposit check to hold your place is required with registration. The check will be returned the day of the event. Those accepted who are unable to make it and do not cancel within at least five days prior to the workshop will not be refunded.

CPW will provide all necessary gear, including shotguns and ammo, bows and arrows, fly rods and tackle. Those with a 20-gauge shotgun may bring their own, as well as those who already own fly fishing gear.

Participants should bring their own tent and camping gear or bring a sleeping bag if allotted space in a cabin bunk bed. All food will be provided. Those with strict dietary restrictions should consider bringing supplemental food.

To apply, send a completed application form to:

Colorado Parks and Wildlife
2300 S Townsend Ave.
Montrose, CO. 81401

Applications may also be submitted to Brittany McKinney at brittanymckinney@state.co.us or via fax at 970-252-6053. McKinney can also be reached at 970-252-6000.

For more information, contact District

Wildlife Manager Kelly Crane at kelly.crane@state.co.us.

The Jim Olterman Lone Cone SWA is a 5,030 acre property located roughly 25 miles south of Norwood in Dolores County.



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REGIONAL NEWS BRIEFS

DMEA HELPS MONTROSE VETERANS MEMORIAL COALITION PASS \$100,000 MARK!



Front row, from left: Emily Sanchez, DMEA board member; Dave Vergamini, MVMC board member, US Navy; Amy Eifling, MVMC board member, USMC; Stan Hoover, US Army; Les Williams, MVMC board member, USMC; J. Bob Brueske, MVMC board member, US Army; Mark Garcia, supporter/son of veteran; and Damon Lockhart, DMEA board member. Back row: Steve Class, VFW Auxiliary; Fred Schaefer, US Army and Joe Kusar, USMC. Courtesy photo.

By CB Williams

MONTROSE— Thanks to a Delta-Montrose Electric Association donation, the Montrose Veterans Memorial Coalition (MVMC) board announced they have raised more than \$100,000 on their way to a \$1 million goal to build a local veterans memorial plaza.

The \$20,000 check presentation took place in Cerise Park on Monday, June 26, near the spot where the plaza will reside in a serene location with a memorial, hon-

or bricks and benches lining the walkways. Plans include a helicopter and other features added as time goes on.

"Hopefully this will inspire even more businesses to step up and donate," said MVMC Chairman J. Bob Brueske.

"This memorial is not only for the veterans and their families, but also for the community, the surrounding area, and tourists traveling through Montrose," he said.

"The matching donation from DMEA high-



Artist Kirk Shiflett created this rendition of the planned memorial plaza.

lights community interest in creating the memorial," MVMC board president Les Williams said. The DMEA board challenged MVMC to acquire \$20,000 in matching funds before they would award the donation.

"This type of large financial donation from local businesses, military service organizations and individuals speeds up our fundraising efforts, and brings us closer to groundbreaking, which we are hoping to achieve in the Spring of 2024," he said.

Donations for bricks and benches can be made on the MVMC website: montrosevmc.org. or by check at MVMC, 4 Hillcrest Plaza Way, Montrose CO 81401. Individuals can also follow and share the progress of the MVMC: Facebook at [montrosevmc](https://www.facebook.com/montrosevmc), Instagram at [veteransmemorialcoalition](https://www.instagram.com/veteransmemorialcoalition), Twitter at [MontroseVMC](https://twitter.com/MontroseVMC), or by phone at 970-765-2210.

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NATIONAL NEWS BRIEFS

CELEBRATE 4TH OF JULY WITHOUT FOODBORNE ILLNESS

Special to the Mirror

UNITED STATES-The Fourth of July is a time of celebration, family and of course cookouts. Cooking safely is in your hands and doing so can help keep your family healthy this Independence Day. Control the transfer of bacteria by thoroughly washing your hands before and after touching raw meat, poultry and seafood.

The USDA recommends the following food safety tips for grilling:

- Preheat your grill and scrub the grate with a long-handled brush once the grill has fully preheated. Remnants from the last grill session should scrape off.
- Remove the meat, poultry or seafood from its container and place on the grill at a safe distance apart. Discard any marinade used to prepare your meat, poultry or seafood.
- When grilling your foods, make sure you've destroyed dangerous bacteria by cooking to the proper internal temperature.
- Beef, pork, lamb: 145 F with a 3-minute rest.
- Ground meats: 160 F.
- All poultry (whole or ground): 165 F.
- Fish (whole or filet): 145 F.

You can't tell by looking at food whether it is done. Always use a food thermometer to check the internal temperature of your food to determine if it is safe to eat. The thermometer should be inserted into the thickest part of the meat and poultry, through the side of burgers and thin filets of fish, for the most accurate temperature reading.

Make sure to pack up any leftovers and refrigerate them within two hours. In hot weather (above 90 F), refrigerate within one hour.

For more food safety information, call the USDA Meat and Poultry Hotline at 1-888-MPHotline (1-888-674-6854), email MPHotline@usda.gov or chat live at ask.usda.gov from 10 a.m. to 6 p.m. Eastern Time, Monday through Friday.

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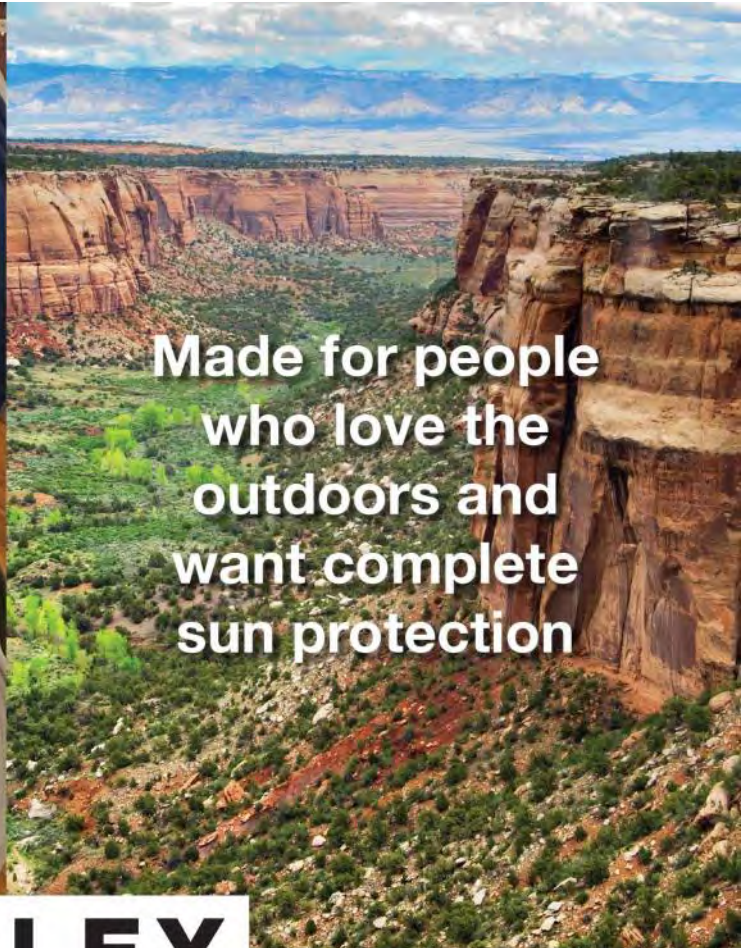
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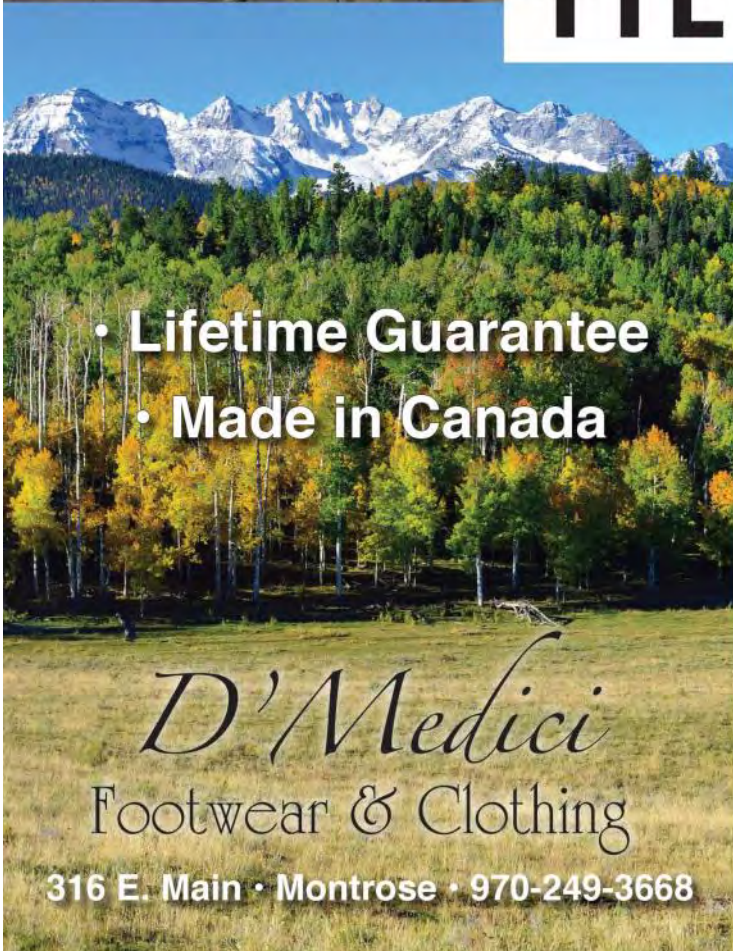
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OPINION/EDITORIAL: LETTERS

CHattel SLAVERY: IS THIS WHAT WE WANT IN AMERICA?

Editor:

Merriam-Webster dictionary defines chattel slavery in the following way; "Chattel slavery, noun; the enslaving and owning of human beings as chattel. Definition of chattel; "1. an article of movable personal property 2. a slave. 3. Property, wealth. Goods, see cattle."

The Borgen Project found at Borgen project.org defines chattel slavery as "a civil relationship in which one person has absolute power over the life, fortune and liberty of another." They state that "90,000 people are slaves and their debt and bondage can also be passed down to descendants. Those trapped in the system of sexual slavery in the modern world are often effectively chattel. Especially when they are forced into prostitution..." Historically, there are many different types of slavery including chattel, bonded, forced, and/or, sexual slavery."

The cartel on our southern border along with the massive help from the Biden administration and most Democrats has created an environment where thousands of immigrants have become chattel slaves to the cartel. These individuals are movable personal property. People enslaved to work off the astronomical fees that they owe the cartel regime. And when these immigrants do not pay their debt, they can face brutal life-threatening consequences. Millions of Americans recently watched in horror as this scenario played out on television in California with the barbaric murder of a mother and her child just outside their lovely home. These innocent immigrants were gunned down at point-blank range by cartel members. This was aired on almost every credible news outlet.

You must ask yourselves, is this what we want in America?

Currently the United States could have hundreds of thousands of poor chattel slave individuals in our country. Innocent lives that will be forced to work numerous jobs or even deal drugs, which we all know is killing hundreds of thousands of people. Or these immigrants may become sex slaves to pay their exorbitant debt to the cartel. And it could take decades for

them to pay off.

Some would say. "Well, these immigrants are living a better life in America." But, are they really? Becoming chattel property should never be considered quality of life in the United States. Others might say slavery does not exist in the United States because of the 13th amendment and Juneteenth where congress said that they ended it. I would encourage everyone to research this further by going to <https://www.naacpldf.org/13th-amendment-emancipation/> <https://www.naacpldf.org/13th-amendment-emancipation/>

The reason I say that the Democrat party today is HIGHLY complicit in bringing back chattel and other forms of slavery is because I have proof.

I have called our Democrat senator's John Hickenlooper 303-244-1628 and Michael Bennet 866-455-9866 numerous times and their staff has informed me repeatedly that neither of them has bothered, nor has any interest in visiting our southern border.

Plus, neither of them is working to de-incentivize massive illegal immigration that is the driving force for the slavery market. And with the amount of power and control the Democrat party currently has they could easily do a lot of things to curb illegal immigration. Instead, this current Democrat party is choosing to disregard their sacred oath of protecting every individual in the United States, citizen or otherwise. Please Remember that my immigrant friends when you go to vote! All Democrat politicians know that immigration laws are currently being broken but, take NO action! That is the very definition of complicity! And we all know this administration's weak border policies totally enrich the abusive evil cartel by the billions of dollars who continually use and abuse innocent immigrant lives. I am NOT in any way insinuating that all immigrants are slaves. That would be ignorant on my part and its blatantly not true. I have many wonderful immigrant friends living here that lead normal lives. What I am saying is we should care about innocent lives being used as pawns in a dangerous

and disgraceful game that our government is playing. In some ways the Democrat party's lack of action regarding the border does not surprise me one bit. After all the Democrat party was founded in 1828 historically to fight to KEEP chattel slavery in place. It seems a remnant of that mindset remains today. And the lack of border security 100 percent brings slavery and bondage back to the United States. The only difference is Democrats are financially incentivizing the evil cartel to be the slave owners. It makes one wonder if the Democrat party is getting some kind of kickback from the cartel?? I mean their party engages in other evils that they get kickbacks from. They garner major kickbacks from Industries that abuse kill and dismember innocent lives such as the abortion and transgender industries. Immigrants need to be very mindful of this when listening to Democrats try to convince them that they want their vote. And ask themselves if the politician is truly out to help them or are they ultimately out to just USE them for their agenda? Because eventually a person that uses someone will abuse that someone for their own selfish interest.

The Republican party's goal with the help of Abraham Lincoln in 1863, with the issuance of The Emancipation proclamation was to permanently ban slavery in the United States. I wonder if the Republican party will have to end chattel and other forms of slavery once again? One more thing, if someone you know is being forced into slavery do not ever hesitate to call the police to get them some help before it is too late. Their lives may depend on it!

Addendum; The day I was set to submit this writing to The Mirror I received senator Hickenlooper's Giddy-up newsletter stating that he "recently joined MSNBC Ayman Mohyeldin to talk about the alleged child labor law violations happening at major U.S. companies. He labeled his piece, Stop child migrant labor exploitation. In other words, stop child slavery. I wonder why it took him this long to recognize there is a problem??"

Kelly Ray, Montrose

REGIONAL NEWS BRIEFS

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Special to the Mirror

GRAND JUNCTION – If you're looking for a job opportunity and it seems too good to be true, maybe it is.

There are fraudsters out there who wish to take advantage of the hard work Job Seekers have put in to get their next stage of a career. Employment scams rose from third riskiest in 2021 to second riskiest in 2022, according to a recent report from the Better Business Bureau. Here are some things to be on the lookout for during your job search to avoid falling for a job scam.

Research the person who contacted you. If you suspect the person contacting you could be a scammer, look them up. A quick online search should reveal if they work for the company they claim to represent and look up the company the recruiter is representing to make sure it's legit.

They Ask for Sensitive Information

Recruiters are trained to ask job candidates certain questions to produce a well-rounded overview for hiring managers. During a candidate screening, questions on your recent work experience, education, and hard and soft skills are appropriate to ask. If you are asked to give personal information such as your social security number or tax identification number during the interview process, this should generate some concern and could be a scam. Most businesses will only request personal information once you have accepted an offer and are onboarded as an employee.

They Request Money

Most jobseekers and recruiters will discuss compensation, but that should be the extent of the discussion during the interview. A company should never request a credit card number to hire you, and you should never pay for training unless the industry is government-regulated and requires a license. Giving out personal information puts you at risk of identity theft. If the job posting includes a form to fill out that does not appear to be legitimate or requests more than just basic contact information, be aware that you may be the victim of a phishing scam.

They Have too Many Communications Errors

Job descriptions and postings are often written by hiring managers and HR personnel, who must ensure professionalism in communication. If a job description contains grammatical errors, applicants should be cautious. Additionally, check the email address, which should be a business email account versus a free email provider or personal account. It's important that victims of job scams report them to:

- Better Business Bureau—BBB.org or BBB.org/scamtracker.
 - Federal Trade Commission (FTC)—reportfraud.ftc.gov or call (877) FTC-Help.
 - Internet Crime Complaint Center (IC3)—ic3.gov/complaint.
- You can always trust that you are in good hands when you team with Express Employment of Grand Junction and Montrose for your job search. For more information about how we can help you find your next job, contact your local Express office today. 970-242-4500.

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COLORADO NEWS BRIEFS

PEDESTRIAN FATALITIES HIT ALL TIME HIGH IN 2022

Special to the Mirror

COLORADO — With summer's arrival, more people are getting out of their cars and walking. As pedestrian traffic increases, so does the need for drivers and pedestrians to stay alert to avoid injury.

The reminder comes as Colorado hits its highest level of pedestrian fatalities on record. In 2022, 111 pedestrians were killed on Colorado roads, representing 15% of the state's total traffic fatalities.

This year is also seeing an increase in the number of pedestrian deaths. So far in 2023, there have been 51 pedestrian fatalities in Colorado - up 14% from this time last year. Denver (9), El Paso (7), Arapahoe (7) and Jefferson (7) counties have seen the most pedestrian fatalities so far in 2023 among all Colorado counties. Typically, the vast majority of the pedestrian fatalities occur at night. El Paso and Jefferson counties have seen alarming increases this year, each with seven pedestrian deaths so far in 2023, compared with just one for each county at this same time last year.

"There is no contest between a vehicle and a person on foot, bicycle, skateboard, or scooter. Drivers have to stay alert and watch for the unexpected," said Col. Matthew C. Packard, chief of the Colorado State Patrol.

"Pedestrians also need to unplug, look up and follow traffic safety rules. When we all share the same roadways, we all share the same responsibility."

CDOT offers the following reminders for pedestrians to stay safe:

- Walk on sidewalks whenever they are available.
- Cross streets at crosswalks or intersections.
- Look for cars in all directions, including those turning left or right.
- Stay off your phone when crossing the street.
- Avoid alcohol and drugs when walking; they impair your judgment.
- For drivers, CDOT recommends:
 - Follow the speed limit, especially around people on the street, in school zones and in neighborhoods.
 - Look out for pedestrians and bicyclists at all times.
 - Stop before a crosswalk, not in it.
- Slow down and be prepared to stop when turning or otherwise entering a crosswalk. When the light turns green, go slow, check your surroundings and proceed with caution. At night, reduce your speed and make sure your headlights are on.
- Respect pedestrians as equal roadway users "We urge both pedestrians and drivers to use caution and obey traffic laws," said Darrell

Ling, director of the Highway Safety Office at CDOT. "Our state's population has grown significantly, and with more people out walking this time of year, the need is greater than ever to be alert at all times."

More fatal crashes happen on Colorado roads during the three months between Memorial Day and Labor Day than any other time of year — a period known as the 100 Deadliest Days of Summer. An increase in cars on the road, motorcyclists and teen drivers, and a historic increase in impaired driving are all factors contributing to a spike in motor vehicle fatalities this time of year, and pedestrians are also at a higher risk. In 2022, pedestrian fatalities more than doubled between May and September — rising from 26 at the beginning of May to 58 by Sept. 1. CDOT urges drivers to be vigilant and use caution behind the wheel.



About the Bicycle and Pedestrian Program Walking and bicycling can be a fun and healthy way to enjoy our beautiful state, and CDOT encourages residents to make bicycling and walking a part of their regular routine. For more information on safety practices for pedestrians and drivers or how to get involved with programs like Safe Routes to School or Colorado's annual Bike to Work Day, visit www.codot.gov/programs/bikeped

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- ✓ Use mosquito repellent
- ✓ Wear long sleeves and pants
- ✓ Stay indoors at dusk and dawn
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- ✓ Repair holes in screens

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- ✓ Headache
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<https://cdphe.colorado.gov/animal-related-diseases/west-nile-virus>



REGIONAL NEWS BRIEFS

TAKE PRECAUTIONS TO PREVENT THE SPREAD OF ANIMAL-BORNE DISEASES

Special to the Mirror

SAN MIGUEL COUNTY-Warmer months are here, and that means more time outdoors. San Miguel County Public Health (SMCPH) reminds the community that this increases the risk of contracting certain animal-borne diseases that are more common during warm weather months as humans and animals are more frequently in close contact. SMCPH stresses the importance of controlling the presence of rodents and mosquitoes around homes as well as wearing insect repellent and appropriate clothing when heading outdoors. Additionally, pets should be kept up to date on vaccinations, and protected from fleas and ticks. Do not feed or handle wild animals, especially those that appear sick. Do not handle dead animals or animal waste. Keep your kids safe by making them aware of these precautions. Below is an overview of animal-borne diseases that are present in our community:

Rabies The rabies virus can affect the nervous

system of humans and other mammals if not addressed after exposure. People usually contract rabies from the bite or scratch of a rabies-infected animal. If a bat has been present in a room in which someone sleeps, it is important to trap and test the bat for rabies. Call your local county public health department for further guidance or to report an encounter with a suspect animal. Make sure your windows have screens and identify and seal small holes in the roof or siding to prevent entry. Also, always vaccinate pets (even indoor pets) to keep them and their humans safe.

Plague The plague bacterium can be transmitted to humans by the bites of infected fleas or by direct contact with infected animals. Plague is frequently detected in rock squirrels, prairie dogs, woodrats, and other species of ground squirrels and chipmunks. Public Health investigates prairie dog population die-offs for the presence of plague. If an active colony of prairie dogs suddenly disappears, report this to SMCPH. Even if you do

not see a die off, there has been plague identified in our area, and you should take precautions for yourself, your family and your pets to avoid flea bites. If your pet becomes ill with a high fever, an abscess (open sore) or swollen lymph nodes, contact your veterinarian immediately.

West Nile Virus West Nile Virus is carried by mosquitoes and can be passed on to humans through mosquito bites. This disease can cause encephalitis (inflammation of the brain) and meningitis (inflammation of the lining of the brain and spinal cord). Use insect repellent when going outdoors and empty standing water around homes to reduce the number of mosquitos.

Hantavirus is carried by the deer mice in our area, and is present in droppings, urine, and saliva. Exposure through cleaning can lead to Hantavirus Pulmonary Syndrome (HPS). HPS is a severe, sometimes fatal, respiratory disease. Dried droppings or urine can be stirred up in dust and humans may contract hantavirus by breathing in the contaminated air. When cleaning up mouse droppings, ventilate the area by opening windows and doors. Wear gloves and spray all droppings down with a bleach solution (one part bleach, nine parts water) or an EPA-registered disinfectant until very wet and let soak for five minutes. Use a paper towel to pick up the urine and droppings and then clean the area with a disinfectant.

Tularemia Tularemia is a bacterium found in rodent and rabbit populations and is transmitted by insect bites, direct transmission, or inhalation or ingestion. Only a small amount of bacteria is needed to infect a human, and the bacterium can persist for long periods of time in the environment in water, soil, and carcasses. Wear gloves when handling animals while hunting, trapping, or dressing them. Do not mow over sick or dead animals when landscaping.

Tick-Borne Diseases Colorado tick fever is the most common tick-borne disease in Colorado, though most cases go unreported. It's a viral illness characterized by fever, headache, body aches, nausea, abdominal pain and lethargy. Complete recovery may take two to three weeks. The disease is not life-threatening and infection results in lifelong immunity. There is currently no preventative vaccine or effective treatment except to let the disease run its course. Rocky Mountain wood ticks can spread Rocky Mountain Spotted Fever. There may be a sudden onset of high fever, headache, chills, and muscle aches. A rash often appears a few days later. The illness can be cured with antibiotics, but prompt medical attention is extremely important because Rocky Mountain Spotted Fever can be fatal if treatment is delayed.

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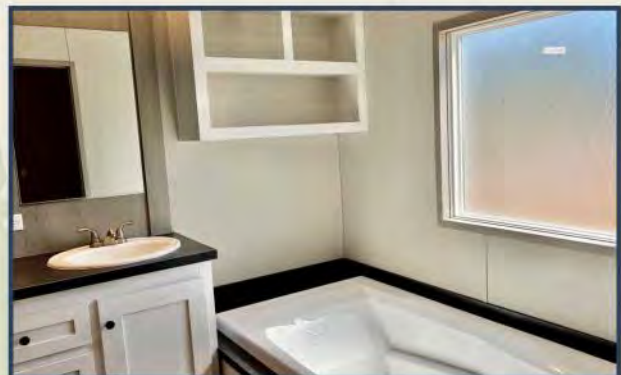


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WAR TRUDGES ON AND ON AND ON . . . ELLSBERG, THE PENTAGON PAPERS, UKRAINE



Russell Vandenbroucke. Courtesy photo.

By Russell Vandenbroucke

The recent death of Daniel Ellsberg offers an opportunity to recall what leaking The Pentagon Papers accomplished and ask what it reveals about ending a war, including the one in Ukraine. Alas, publication of this secret, political and military history of American involvement in Vietnam did not immediately end that war, then America's longest (Afghanistan lasted five months longer).

Ellsberg, a Marine veteran and national security analyst, contributed to "Report of the Office of the Secretary of Defense Vietnam Task Force," the official name of the report that Defense Secretary McNamara initiated in 1967. It ran 7000 pages and revealed, among much else hidden from the public: that the U.S. had expanded the war to Laos, officially neutral; that successive presidents knew winning was unlikely; and that they disregarded American casualties. Ellsberg first offered documents to Senator Fulbright and other Congressional leaders in 1969 and 1970. When they did not respond, he turned to the press in 1971. By then, countless efforts to stop the war had occurred, including:

April 1965: 20,000 protest in Washington, the largest antiwar rally in American history to date. Fewer than 1000 Americans have died by then. Instead of listening to voices for peace, LBJ escalated both bombing and numbers of troops.

April 1967: In "Vietnam, A Time to Break Silence," Dr. King announces to an over-

flowing crowd of thousands that he now opposes the war for many reasons, including "Negro and white boys kill and die together for a nation unable to seat them together in the same schools." Three-quarters of Americans reject his opposition, including 55 percent of African Americans. Of more than 58,000 Americans who die in Vietnam, 78 percent perish after this date. Vietnamese casualties are not recorded at the time but are later estimated to exceed two million.

Feb. 1968: Walter Cronkite, the country's most respected broadcaster, tells his nightly audience that, since the war is headed to stalemate, negotiations should begin to end it. The war continues apace; nearly 30 percent of all American deaths occur in 1968, the year of the Tet Offensive.

March 1969: President Nixon, recently elected because of, in part, his secret peace plan, begins bombing Cambodia.

Oct. 1969, the Moratorium to End the War attracts millions of peaceful demonstrators across the U.S. and around the world.

Nov. 1969: Nixon announces his "Vietnamization" policy to transfer responsibility for the war—without ending it—to South Vietnam. Some 58 percent of the public approve Nixon's plan. At no point from 1965-1972 do a majority of Americans support immediate withdrawal. About 35 percent of American deaths occur during Nixon's presidency.

June 1971: Pentagon Papers are published.

March 1973: Nixon announces "peace with honor" and U.S. withdrawal from Vietnam.

April 1975: a quarter-century after first American military advisors sent to Indochina, Vietnam's civil war ends with the fall of Saigon to North Vietnamese troops.

Ellsberg, sent to Saigon in 1965 to evaluate civilian pacification programs, would spend 18 months with patrols into towns and villages. His skeptical reports about death and destruction and potential victory by North Vietnam went nowhere.

Ellsberg struggled with his knowledge. He was a family man with a brilliant career, all of which would be at risk if he blew the whistle, and he knew it. At one point, after he released the papers, he was charged with 125 years of felonies and Nixon was so vengeful and enraged he had his "plumbers" break into Ellsberg's therapist's office to steal confidential medical records. Ellsberg was both a Marine who risked his life and a man of peace who risked everything in order to stop the killing.

The peace movement affected Ellsberg, who affected us all. MLK affected us all, and thousands of antiwar troops and veterans affected us all. No one person, no one demonstration, and certainly no one elected official brought peace. The cumulative impact eventually overcame the mighty destruction of war, but only after years of pain.

So this partial litany shows how difficult it is to stop a war, even an unpopular one, after governments begin military action and orchestrate the siren songs of patriotism that inevitably follow. These are always pitched—by each side—to assure the nation of their moral superiority. Such abiding mindsets persist today.

Wars start more quickly than they end even when, as now seems inevitable in Ukraine, negotiating a settlement is more likely than "victory." Pious posturing delays peace talks as casualties among combatants and civilians mount. Each side mires itself in platitudes. Like schoolboys, they are too macho to put down their fists and talk. Little has changed, alas, since the first woman elected to Congress, Jeanette Rankin, asserted, "you can no more win a war than you can win an earthquake."

Russell Vandenbroucke is recently retired Founding Director of the Peace, Justice & Conflict Transformation Program at University of Louisville and is syndicated by PeaceVoice.

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This is a fantastic opportunity to own a pristine parcel just waiting for your dreams to be built on. Eight acres with 7.9 shares of UVWUA irrigation water, offering a picturesque variety of Mountain views are at every turn. To the south you will see the grandeur of the San Juan Mountain Range, to the west The Uncompahgre Plateau. Look north to the amazing and colorful Grand Mesa. The East shows off the beautiful West Elks, and the southeast the fascinating Cimarron range. Create a beautiful building site, equestrian property, or hobby farm. This parcel and lot 2 have successfully been farmed raising corn, sunflowers, and hay. The location is convenient to Delta, Olathe, and Montrose. Montrose has an expanding and convenient regional airport with daily flights to major hubs. Medical facilities are located both in Delta and Montrose, and a short drive to a larger city of Grand Junction. The simple "covenants" literally are for an irrigation schedule, and state that no manufactured homes are allowed. True modulars (IRC-built), system-built, barndominiums (shop with living space), and stick-built are welcomed.



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There is lots of room on this sustainable, covenant-free property. 7 acres with 3 shares of irrigation water, a chicken coop with fenced area, and lots of room for animals, pets, and a garden. The year-round creek flows and a pond that fills from an underground pipe enhance the features of this property and that is only the outside. This large home with over 3,000 sq. ft. of heated living space offers as much space as you have ideas to use it. The kitchen is conveniently arranged, and the dining area and living room flow nicely with amazing views to be had at every window. The living room features a large amount of windows for mountain viewing. A lovely loft area with timber beams would be the perfect place for cozy alone time, and the front deck off the living room calls to you to sit and relax. One main-level bedroom has its own little balcony area. The home is complete with six well-sized bedrooms, linen closets, and storage space. Easily be in downtown within a few minutes, but the quietness of your property will be waiting. A nicely fenced area by what was a dog kennel could easily be kept for your own pets or converted to a flower/potting shed area. The possibilities for the piece of Colorado paradise are endless. Take your own tour, and let your imagination go wild.



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OPINION/EDITORIAL: COMMENTARY

WHY DOESN'T MONTROSE HAVE A CONTROL TOWER?



By Jack Switzer, Traveler

MONTROSE—I don't fly very often. If I can manage to avoid it, I will. I'd rather drive ten hours and stay somewhere overnight than take an airplane to or from Montrose just because of how many experiences I've had that are plagued with seemingly avoidable stressors.

I know little to nothing about airplanes or the people that build or control them; everything I'm going to talk about right now is from my own experience and a minimal amount of research. So, if I buy an expensive plane ticket to somewhere I need to go, I would like to end up there. That's just the bare minimum for my expectations, I just want to get where I'm going without too much hassle.

However, Montrose Regional Airport has an issue that has affected the last three of my flights returning home.

Flashing back to June 2021, I'd been on a week-long trip and was finally flying back to Montrose. Everyone including me believed the plane would likely touch down

soon and we were just awaiting an announcement. Half an hour later, the captain came on over the intercom to inform us we had been flying in a circle for about an hour or so waiting for permission to land in Montrose. This time they did not elaborate on the issue to any passengers, they simply said control would not allow them to land. At the time I didn't think too much about it—it was just an unfortunate occurrence that could probably happen to anyone.

Fast forward a year later, I had flown out of town for a little less than a week and had an evening flight home, leaving at 4pm and supposedly arriving in Montrose around 7pm.

That did not happen.

There were multiple delays, and I was in an unfamiliar airport for three hours. Again, this was not a big deal, these things just happen sometimes.

When that plane finally arrived, we boarded and took off. Halfway through the flight the captain notified us that because Montrose has [no local air traffic control tower](#) and it was a cloudy night, we would not be able to touch down in our airport. Instead, they would be redirecting us to Grand Junction and landing there while they tried to figure out what to do with us and our flight plans.

So, two to three more hours later—after multiple people had grown tired and had chosen to exit the plane right there—the crew announced we finally had clearance to land at the Montrose Regional Airport.

We took off, and half an hour later finally landed, exhausted and miserable after sitting in a stuffy and uncomfortable airplane cabin for hours and hours. Finally, my most recent experience took place last week. Once again, I was returning home after being away. Everything went smoothly until the captain announced they would be turning the plane right back around to where we came from, an hour and fifty minutes into our flight. Montrose had no working control tower to guide them and the plane we were sitting on did not have TCAS (Traffic Collision Avoidance Systems) because it was an older model. I spent five hours in an airport and two more waiting for them to prepare the new plane while we were already on it, sweaty and uncomfortable and losing patience.

A few more hours later, we finally arrived home on a different plane with newer systems.

Why doesn't Montrose have a control tower?

Supposedly it's one of the only small towns that big airports support flying to that doesn't have one. Montrose Regional Airport is expanding and building a new terminal, but what good is a new terminal if we don't have the technology to make sure everyone makes it there? I can only imagine how many other travelers this has affected, since I only fly about once a year, but have still managed to get derailed (deplaned?) every single time by the same problem.

SEE SOMETHING - SAY SOMETHING



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ANONYMOUS CALL

MONTROSE REGIONAL CRIME STOPPERS

REGIONAL NEWS BRIEFS

CITY INVESTING IN SIDEWALK REPAIRS

Special to the Mirror

MONTROSE— The City of Montrose is investing almost a half-million dollars in sidewalk repairs throughout the community. In June the City Council approved \$150,000 for sidewalk improvements as part of the 2023 MoveMo Project. Specific elements of these improvements include the 50/50 Sidewalk Replacement Program totaling \$50,000, the ADA Accessibility Program at \$50,000, the North 6th Street Sidewalk Improvement project at \$75,000, the missing sidewalk link on Townsend Ave. at \$75,000, and a pair of concrete projects to fix concrete trails and sidewalks at \$50,000.

The total for sidewalk work in 2023 is \$450,000, according to Public Works Director Jim Scheid.

Scheid said the city's Streets Division performed a detailed survey of sidewalk conditions of Zone B — which is the northwest side of the city — in 2022 to identify areas that could be milled down and areas

that needed replacement.

"In 2023, sidewalk improvements are the fourth and final phase of the city's Street Maintenance Plan. Please check out the [Street Maintenance Plan](#) on the city's website to explore the map and see the areas of focus for upcoming years."

The grinding of sidewalks to correct uneven surfaces is a separate scope of work and is scheduled to be completed this summer. This work also coincides with new curb and gutter street work that is also being conducted in many areas throughout the city.

Areas identified as needing replacement will be separated into smaller projects and Public Works will utilize the most economical bidder from its on-call concrete contract to perform the work.

Each year the city works to make improvements and repairs to infrastructure around the community. The city maintains approximately 149 centerline miles and 300 lane miles of roadways within the city



Workers with Avila Concrete, a contractor working for the City of Montrose, smooth out a fresh concrete sidewalk poured along the 100 block of South Fourth Street in downtown Montrose. City of Montrose courtesy photo.

limits. The 2023 Public Works Street Maintenance Plan follows years of record investments in roadway infrastructure and pedestrian safety improvements totaling millions of dollars.

For up-to-date information about city capital improvement projects, visit [MoveMo.co](#).

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Sat., August 5

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7:00AM - 10:00AM

Walk-ins allowed; make appointment for faster service

Tues., August 8

Olathe High School, Olathe
6:30AM - 9:30AM

Walk-ins allowed; make appointment for faster service

Wed., August 9 - Sat., August 12

Montrose Pavilion, Montrose
6:30AM - 9:30AM

Registration required: No walk-ins on Wednesday, August 9 and Thursday, August 10

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Montrose Pavilion, Montrose
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REGIONAL NEWS BRIEFS

SURVIVING BREAST CANCER: MCKENZIE JACOBSON SHARES HER STORY

Special to the Mirror

DELTA - When you go in for your first routine mammogram, you expect to get a call back about your results, but you don't expect to be hit with the news that you have cancer when you're so young. For McKenzie Jacobson, that was her reality when she was diagnosed with stage two breast cancer.

"It's never easy [to get that kind of news]," said McKenzie. "I had never had a mammogram before and Christi Anderson, Nurse Practitioner, at the Delta Health West Elk Hotchkiss clinic sent me for my first one. That next week I got a call back that I needed to get more tests done; I hadn't even turned 41 years old yet."

McKenzie was with the Radiologist at Delta Health that same day and found cancer on her lymph nodes and had biopsies completed. She was diagnosed on October 20, 2022, and her treatment started at the Delta Health Oncology, Hematology, and Infusion clinic on November 10, 2022.

"It all went really fast and you didn't have a chance to breathe which was kind of good," said McKenzie. "You didn't have a chance to think about what was going on you just did it. And I was able to focus on what we needed to do."

After her diagnosis, McKenzie met with surgeon Dr. Nickel at Delta Health Surgical and with Dr. Rouch, her Oncologist to create a treatment plan and to get her started on chemotherapy.

"Dr. Rouch is so easygoing and easy to talk to," said McKenzie. "I've tried to bring humor into things and she has embraced that with me. When I first met with her we went over the game plan and tried to find the best possible outcome together."

Navigating the cancer experience is different for every patient, and for McKenzie, she leaned on her support system of close friends, and her family.

"My husband and my two kids [were amazing]," said McKenzie. "You have to lead by ex-



McKenzie Jacobson with her family, above, and with Delta Health Oncology and Infusion staff (at right) ringing the bell signifying the end of her cancer treatments. Courtesy photos.



ample [when going through this]. I am a veteran and we get taught that you have to push forward. My faith has also been a huge part of my being able to get through this."

McKenzie used to work at Delta Health and was comfortable and familiar with the staff and knew she would receive great care. She said that everyone throughout the whole process was wonderful and made sure she was comfortable and received a personalized treatment plan.

It was also crucial to McKenzie that she advocated for herself throughout the journey. "It's your own health and you have to be the squeaky wheel and advocate for yourself and if you don't know how to do that then reach out to people and ask," she said. "Every time I knew I needed to get a test done I was calling people; not because I didn't think they would,

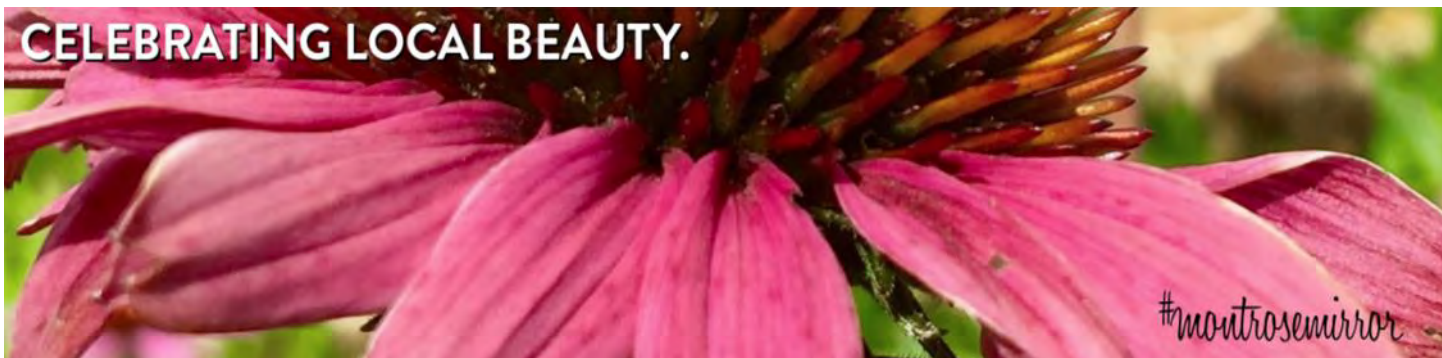
but because I needed to get moving and wasn't going to mess around."

Fast forward and McKenzie is excited to share that she is cancer free as of March 30, 2023. She had surgery this year and had a double mastectomy as well as a lymph node dissection where they took out 17 lymph nodes and all of the results came back negative. And this June McKenzie also "rang the bell," which marks the milestone of being completed with treatment and signifies closing this difficult chapter.

McKenzie still receives immunotherapy every three weeks at the Delta Health Infusion Center and continues on with radiation and meeting with Dr. Rouch.

To learn more about the Delta Health Oncology, Hematology, and Infusion Clinic, go online to deltahealthco.org/grand-mesa-oncology-and-infusion/ or call 970.399.2895.

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COMMUNITY OBITUARIES

PATRICIA ANN LITKE MITCHELL

PATRICIA ANN LITKE MITCHELL passed away on June 26th after a long illness. Patricia was preceded in death by her parents Ann and Wilfred Litke of Naugatuck Connecticut.

She is survived by her brother Wilford and a sister Marlene and her husband Dennis Mitchell of 48 years. Patty was a CNA and devoted her life to helping other people. Her passions in life were reading, riding a motorcycle with her husband, rock hunting, mineral collecting, arrowhead hunting and gardening. Her favorite personalities were the Rolling Stones and Rush Limbaugh.

Patty loved her Colorado life here and will be missed by friends and family. Her sense of humor and laughter were her greatest attributes.

Crippin Funeral Home is assisting Patricia's family.

HEDWIG "HATTIE" LORINA (TIEDE) FANDRICH *September 21, 1927- June 4, 2023*

HEDWIG "HATTIE" LORINA (TIEDE) FANDRICH passed peacefully to her rest on June 4, 2023 at Colorow Living Center in Olathe, CO, at the age of 95. Hattie was born September 21, 1927 on the family farm north of Fredonia, ND, to Edward and Otilia (Burkle) Tiede, the eldest grandchild of approximately 50 grandchildren born to immigrants Johannes and Wilhelmina (Schimke) Burkle, a distinction she could be very proud of. She cared for three younger siblings while attending country school through the 8th grade. On November 25, 1945, Hattie married Lawrence Fandrich, and they made their home on his family farm north of Lehr, ND. In August of 1948, daughter Betty Lou was born, and in February 1957 they welcomed a son, Larry Lawrence. They continued farming until 1979, when they moved to Loveland, CO, where Hattie was employed in the food service industry at Campion Academy for three years before moving to Ellendale, ND, where she cared for her two precious granddaughters and was a custodian at First National Bank and Trust Company of Ellendale. In 1996 they moved to Oakes, ND, where they retired. Hattie was an avid gardener and there wasn't a flower she didn't love. She loved cats as much as they loved her; loved to sing, and even into her sunset years would often hum or sing along when she heard a

familiar tune. Needle work of any kind was a passion of hers, and embroidery was the last hobby she could enjoy before putting her needles away forever. While being very private emotionally and spiritually, she was loving, warm and welcoming in her good times, and anyone she met was a stranger only once. She was very active in the Lehr United Methodist church, both as a youth Sunday School Teacher and an assistant for Christmas and Easter programs. In 2012 she moved to Montrose, CO, to live with her son and daughter-in-law, where they cared for her in their home for 10 years before the needed care became too specialized. Her mind became ravaged by severe dementia and the effects there of.

She was preceded in death by her parents; husband; daughter and grand baby; brother Willard; sisters Adeline Presler of Jamestown, ND, and Norma Jean Whitworth of Inkom, ID, all 3 sisters passing away within 10 months, youngest to oldest.

Surviving family include son, Larry



(Debbie Keith); 2 granddaughters: Liesl (Brian) Vistaunet and great grandson Koen of Portland, OR; Louisa (Jesse) Kellar and great grandsons Jack, Ridley, and Luke of Clovis, CA; son-in-law LeRoy Schweigert of Lehr, ND; brother-in-law Walter Presler, Jamestown, ND; 2 nephews and 4 nieces; 3 step grandchildren and 8 step great grandchildren.

A graveside memorial service is planned in the Ellendale City Cemetery, 90th Avenue SE, Ellendale, ND, on July 15, 2023 at 4pm. Potluck and social time will follow at the Ellendale City Park. For questions, please call 970-497-0702. Local arrangements are under the directions of Crippin Funeral Home, Montrose, Co.

COMMUNITY OBITUARIES

ADA M. BERTORELLO

ADA M. BERTORELLO, aged 90, died June 22nd, 2023 at home with her beloved husband and a special care angel at her side. Ada was born in Craig Colorado to Edward Hendricks and Virginia Simpson Hendricks. At an early age her family moved to Montrose. She was working at Fox Theater where she met her future husband Harold. After marrying she worked at Hartman Brothers and the USCS office before electing to be a full-time mother caring for their three sons Gary, Curt, and Dean (deceased).

She loved growing a garden and tending her flowers. Ada was a person whose concern was always for others and for several years she provided care, food, and transportation for several elderly neighbors...sometimes answering calls at 2A.M.

Ada is survived by her husband Harold, having celebrated their 71st anniversary last October. In addition to Gary and Curt, she leaves behind grandchildren Beth (R.C.) Weller, Nicole (Paul) Davis, Don (Amber) Bertorello and Ryan (Candee) Bertorello, 11 great grandchildren, four great-great grandchildren, her brother John (Janice) Hendricks, and numerous nieces and nephews. In lieu of flowers she has requested donations be sent to HopeWest at 725 S. 4th St., Montrose, CO 81401 or your favorite charity.



JAMES P DUNN

August 31, 1950-June 16, 2023



JAMES (JIM) DUNN, 72, of Montrose, passed away in his home, surrounded by his wife and daughter, on June 16, 2023, after battling Type 1 diabetes, since the age of six. In 2012 he was diagnosed with a very rare, non-curable, form of Leukemia. He even gave bone marrow dona-

tions for future research. And in the end a very short fight with renal failure.

He was born in Dell Rapids, SD, on August 31, 1950, the middle child of five to Carmen and Lorraine Dunn. At the age of five the family moved to Colorado and settled in Cañon City. He graduated there, Class of 1969, where he excelled at Academics, Sports, and Student Government. He then went on to get a bachelor's degree from CSU in Outdoor Recreation and Biology, followed by a Master's in Forestry.

He worked for the US Forest Service for 40 years and during the summer he traveled Nationally to supervise and coordinate the fighting of Wild Land Forrest Fires, as an incident commander for aviation.

In 1971, he married his childhood sweetheart, Debbie McCormick. They had one daughter, Stacey Meszaros, and she gave them three grandchildren. Being involved in his daughter's life and his grandchildren's life was very important to Jim, and while he would often have to travel hours, he never missed a game/meet, awards ceremony, band concert, or school play. He was lovingly referred to as Poppy, and many of his grandchild's friends and fami-

lies still call him that today.

In 2009 he received the annual Lloyd McMillan Memorial Award. And in 2015 he was inducted into the Colorado High School Association of Officials

Jim officiated high school basketball and Football for over 35 years. He also officiated wheelchair basketball for 15 years. And he coached the Montrose High School Baseball Teams for 5 seasons, even taking them to the State Championship.

He used overcoming diabetes in his own life to be active in area sports and to give back to hundreds of kids through their mutual involvement in local athletics. With the motto "if I can, you can too"

He is preceded in death by both parents and three sisters. Survived by, his wife Debbie of Montrose, his daughter Stacey Meszaros (Scott) of North Carolina, and grandchildren, Alexis-Jaymes Meszaros (Nate Navarro) of Georgia, Cooper Meszaros USAF, and Briar Meszaros of Washington DC.

In lieu of flowers, please consider a donation to the Juvenile Diabetes Research Foundation. No services are planned currently, per his wishes.

ISSUE 425 July 3 2023

ART & SOL

TAKE ME OUT TO A BALLGAME



BOSTON NATIONAL BLOOMER GIRL'S BASE BALL CLUB. L. J. GALBREATH, Originator and Owner.

It was not unusual for the so-called "Bloomers leagues" to have at least one male on the team. Here the Boston Bloomers photo clearly shows a man in the front row. Photo courtesy of the Library of Congress National Archives.

By Bob Cox

MONTROSE-In the early decades of the 20th century one of America's pastimes, baseball, was destined to become "the American pastime."

Nearly every town and city supported a baseball team of one sort or another. The reporting of the games was given obvious priority by many of the newspapers. Early in the time, newspaper editors were discouraged to allow slang terms in print. The result of this culminated in an article in the *Daily Journal*, a Telluride newspa-

per, on September 16, 1913. The headline was, "NEW VERNACULAR FOR BASEBALL REPORTING IS 'SLANG' IS BARRED. In part, the article read: *Words that might be barred reporting a baseball game because they be classed as "slang." Fly- a troublesome disease-carrying insect that should be swatted, not caught... Double Header - Freak animal sometimes seen in menageries and doesn't apply to two games of baseball: slang... Steal - A violation of one of the ten commandments. Unheard of in baseball and therefore must not appear in*

any stories written... Balk - Frequent happening of mules. Indicates laziness and determination not to proceed. Bad, and must not be used in baseball stories.

Many other words were described in the article, including 'homer,' 'slide,' pitcher' and 'safe.'

Newspapers, of course did not take all the advice, but often offered the teams advice of their own.

On June 1, 1914, the *Montrose Enterprise* gave what sounded like counsel with the following:

Boys! You boys who play baseball, Especially you boys who went to Naturita last Saturday to play ball, take this from me. Cut out the booze. Booze and baseball will not mix, and booze, baseball and work will not mix. You might be able to mix booze and baseball for a little while, but no young man can stand the threefold combination and maintain his self-respect and the confidence of his employer. Take my advice boys and cut out the booze for good. The score at the Naturita game on Sunday was 6 to 13 in favor of the Camotite club.

Members of the press even got directly involved, especially when a group of lawyers were challenged to a game. This account appeared in the *Montrose Daily Press* on June 28, 1915:

LEGAL ACCEPTANCE OF CHALLENGE TO PLAY GAME OF BASEBALL

The challenge of the printers to play the lawyers a game of baseball evidently was

Continued next pg

TAKE ME OUT TO A BALLGAME From previous pg

not couched in the proper legal form and thereby a reply bristling with details of the unintentional (sic) regard of the pen-and-ink slingers for professional etiquette, the principal diety of the legal profession is forced upon us for publication and altho (sic) it digs deeply into our sense of pride to acknowledge that we ever even started to make a mistake, we are printing it, knowing that it is for the good of the cause —the Civic Improvement league. By inadvertence the members of the legal fraternity discovered what purports to be a challenge from the printers to the lawyers for a game of baseball to be played at the fair grounds on Friday, the 16th day of July, the proceeds to be paid over to the Civic Improvement league. Not knowing whether this challenge is genuine or not it bears traces on its face of being a rank forgery for the reason that we have never heard in the annals of sport heretofore on any purported champion challenging, but thinking perhaps that this challenge might be genuine and a professional slip in baseball ethics due to ignorance on the part of the so-called champions as to the rules of the game, we hereby waive such defect and if said challenge is genuine as it purports to be, we hereby accept; same.

By E. E. BRYANT Manager.

One thing that became popular was the formation of women's teams. Many of the women's teams were associated with, or adopted the team name of, Bloomer Girls.

At a time when the suffrage movement was peaking, these teams quickly gained notoriety and often challenged the local men's team in exhibition games.

On August 6, 1908, one such game was reported in the *Canon City Record*:
BLOOMER GIRLS TEAM EASILY DEFEATED HERE

"The Bloomer Girls" baseball team, which was heralded as the strongest organization of its kind in the United States, was easily defeated by the locals in a contest on the high school diamond Wednesday afternoon, the score being 9 to 5 in favor of Canon City. There were six young women in the visiting team and they proved themselves to be good exponents of the national game, but were outclassed in the contest here. There was a fair-sized crowd to witness the playing, which was about the best seen on a Canon City diamond this season. The Bloomer Girls went from here to Salida where they will play this afternoon.

The next week, on August 13, 1908, the Ridgway team did not receive the same accolades. In a short, but curt article *The Montrose Daily Press* reported:
BLOOMER GIRLS BEAT RIDGWAY
Special to The Daily Press. RIDGWAY, Aug. 13—The Star Bloomer Girls beat the Ridgway team yesterday afternoon. The score was 7 to 2. The locals were badly outclassed.

What most of the articles and columns

addressing the women's teams did not mention is the fact that most of them had at least one male player.

One man that ended up playing on the National Bloomer Girls team in Kansas City was well-known in the Ouray and Montrose areas. His name was Howard Ellsworth Wood, who became known as Smoky Joe Wood.

Smoky Joe played with a Ouray team for a short time. When his father, John Wood, who once ran a newspaper in Ouray, made some bad investments in Western Kansas, Joe ended up playing baseball for the Ness City, Kansas team, the Ness City Nine. At one point the Ness City team took on the National Bloomer Girls. Joe was the featured player on the Ness City bunch and he led his team to the literal stomping of the girls. The then owner of the National Bloomer Girls was Logan Galbraith. After the game, Galbraith approached the promising young Wood with a proposal that included \$21 a week if he would join up as a 'topper' for the Bloomers. Joe accepted and played with the team for the duration of the summer.

Smoky Joe Wood, on August 24, 1908, joined the Boston Red Sox as a pitcher and outfielder. His record with the Red Sox, and later with the Cleveland Indians included a win-loss record of 117-57. As a pitcher he totaled up 989 strike-outs. His career batting average was 283 - not bad for a guy who once played with the girls.



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COMMUNITY NEWS BRIEFS

MONTROSE CENTER FOR ART TO HOST FIRST FRIDAY RECEPTION JULY 7 FOR ARTIST KAITLYNN HURFORD



Artist Kaitlynn Hurford. Courtesy photo.

Special to Art & Sol

MONTROSE-Kaitlynn Hurford has been painting and making art for several years now and plans to continue doing so as long as she lives. She took many art classes in High School, and later went on to get her bachelor's degree in Studio Art at Colorado Mesa University. She is drawn to nature scenes and the organic shapes and textures found in them. She loves the different qualities and personalities that come out with each medium of art that she uses, and has developed a different



The Garden with Border by Kaitlynn Hurford.

style for each. Oil paint is thick and often hard to work with, but holds amazing textures and colors that allow her to be expressive with them.

Acrylic paint she uses for solid blocks of color that can be watered down to create fun and expressive drips but hold less texture. Dark lines are added to her acrylic paintings to add an illustrative quality and drama to the piece.

Watercolor is known to be difficult but can produce a nice gradient and depth with layering. Kaitlynn uses it in an illustra-



Switzerland of America with border by Kaitlynn Hurford.

tive style and uses flowers as subjects because of their daintiness and variability. This gives her watercolors a storybook, nature journal feeling. She finds her subjects and references by going into nature and adventuring in the bountiful nature around her.

Going to flower shops is another great way to take hundreds of reference photos and become inspired by the many colors and smells there. She considers herself blessed to live in an area in Colorado that is surrounded by great places to hike that have great views. These are the best for finding landscape scenes, as well as to find wildflowers during the right times of the year.

News, if unreported, has no impact.
It might as well have not happened at all.
Thank you for reading The Montrose Mirror.

MIRROR CHURCH DIRECTORY

ALL SAINTS ANGLICAN CHURCH

Anglican Church in North America

Address: 2057 S. Townsend, Montrose, CO 81401

Office Hours: Varies and by appointment

Contact Information: (970) 249-2451

<https://www.allsaintsmontrose.org/> Priest: The Rev Gary L. Way, Interim Priest Worship Service Times: Sunday, 9AM, Holy Eucharist. Wednesdays, 11AM Holy Eucharist

with prayers for healing.

Wednesday, Noon, Multi-denominational Community Prayer Hour. There are multiple Bible Studies during the week. All Saints Anglican Church is Biblical, Anglican and Orthodox. The Liturgy (order of service) is from the Anglican Church in North America Book of Common Prayer (2019). Music is a combination of traditional hymns, contemporary, and more modern songs. Children's Christian Education Program is conducted

during the 9AM service. This is a family-sized church that welcomes all individuals and families. We are currently comprised of families and singles, ages 13 to 90. Fellowship time follows each Sunday Service with a fellowship meal following the service on the 3d Sunday. Welcome home to a family celebrating Christ, in fellowship, growing in the truth of God's Word, with worship in the Anglican tradition.

BIBLE BAPTIST CHURCH

Independent Baptist

112Main St.

P.O. Box 262

Olathe, Co 81425

Tuesday-Friday Phone: 970-808-1021

www.biblebaptistchurcholathe.com

Pastor Gabe Skillo

Sunday School 9:15 a.m.

Sunday 10:30 a.m.

Sunday 6 p.m.

Wednesday Bible Study/Prayer 7 p.m.

CELEBRATION CHURCH

Denomination: Southern Baptist Church (SBC – Southern Baptist Convention)

Address: 2900 Sunnyside Road, Montrose, CO 81401

Office Hours: By appointment

Phone: (970) 497-4925

Email: celebrationmontrose@gmail.com

Website: <https://celebrationmontrose.org/>

Senior Pastor:

Pastor Brandon Mathis

Church Description/Mission: Celebration Church makes disciples that make disciples. Our core values include the Scripture, discipleship, community, service, prayer, love, and unity.

Demographics: Multi-generational

Celebration Kids: Nursery (Birth-4 years old) 8am, 9:30am & 11am
Celebration Kids (Ages 5 – 10) 9:30am & 11am

Discipleship: Students (Ages 11-18) 9:30am Sundays

Adult D2 Classes: 9:30am & 11am Sundays

Other Discipleship Opportunities:

Youth Night: First & Third Wednesdays of month 6pm

Celebration Groups (all ages): Sundays – Fridays various times & locations

Seasons Young Adult (Ages 18-26) Celebration Group: Thursdays @ 5:30pm off campus location

Celebrate Recovery: Friday nights @ 6:30pm

CHRIST LUTHERAN CHURCH

Denomination: Christ Lutheran Montrose

Affiliation: Lutheran Church Missouri Synod

Address: 1980 N. Townsend Ave., Montrose, CO 81401

Contact: 970-633-0226

Website: www.montroselutheran.org

Email: montroselutheran@gmail.com

Pastor: Tim Onnen

Worship: Sundays at 9 AM

Sunday School and Adult Bible Class at 10:15 AM; Women's Bible Study Fridays at 9 AM. At Christ Lutheran Montrose you will

find friendly people gathered in a welcoming environment being comforted and encouraged by the forgiveness and love of Jesus, and sharing that with one another.

We are a small congregation of seniors and middle-aged, sprinkled with young children and teenagers.

FIRST CHURCH OF THE NAZARENE

Denomination: Church of the Nazarene

Address: 705 South 12th Street

Office Hours: Monday - Thursday 9 am-Noon and by Appointment

Contact Information: Office Phone 970 249-9213, mncfirst@gmail.com, www.montrosenazarenechurch.org

Pastor: Buddy Cook

Services Sunday: Worship 10 AM, Adult Bible Study 11:30 AM Worship includes age-appropriate children's ministry during adult worship.

Wednesday: Prayer Boot Camp - 7 PM
Mission Statement: *Montrose First Church of the Nazarene exists to make Christlike*

disciples in Montrose Colorado and around the world.

Demographics: Our church consists of older and younger people. We have younger families with children and young teens and older adults as well. We also support the work of Calvary Ranch Colorado and its addiction recovery ministry.

FIRST PRESBYTERIAN CHURCH MONTROSE

Affiliation: Presbyterian

Address: 1840 E Niagara Rd. Montrose CO.

81401 **Office Hours:** M-Thu 9AM -

12PM **Contact:** 970-249-4732, [\[form@fpcmontrose.com\]\(mailto:form@fpcmontrose.com\),](mailto:in-</p>
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www.fpcmontrose.com

Pastor: Jesse Mabanglo

Worship Service times: 9:30AM, Student Worship at 6PM. *We strive to encourage, challenge and support one another*

er through spiritual growth, worship, and service in our community, country, and world. We also encourage children and youth to grow their relationship with Christ through our children and student ministries.

MIRROR CHURCH DIRECTORY From previous pg

HILLCREST CONGREGATIONAL UNITED CHURCH OF CHRIST

Denomination affiliation: United Church of Christ

Address: 611 South Hillcrest Drive, Montrose, CO 81401

Office hours: By appointment

Contact information:

Phone number: (970) 249-9047

Email address: office@montroseucc.org

Website: montroseucc.org

Current Pastor: Rev. Wendy Kidd

Worship service times: Sunday, 10 a.m.

Hillcrest Congregational UCC is a welcoming, open and affirming church, open to all no matter who you are or where you are

on life's journey.

Church demographics: HCUCC welcomes all ages to worship with

us. (predominately family, youth, seniors, singles)

We offer inter-generational worship with a children's "prayer-ground" and activity packets. A cry room is also available.

MONTROSE UNITED METHODIST CHURCH

Denomination Affiliation: United Methodist

Address: 19 S. Park Avenue Montrose CO. 81401

Office Hours: M-Thu, 9 a.m. - 2 p.m.

Contact Information: 970-249-3716, office@montroseumc.org, [mont-](http://montroseumc.org)

montroseumc.org

Current Senior Pastor: Rev. Kevin Young

Worship service times:

8:30 a.m. Sanctuary & Virtual

9:45 a.m. Christian Education & Fellowship

11 a.m. Sanctuary

Montrose UMC is a leader in being fully inclusive, loving, and just servants of

Christ. Our church family welcomes people from various cultural and faith backgrounds: single, married, remarried, with or without children, from diapers to den-

tures. Wherever you are on your spiritual journey we invite you to come discover hope, joy, peace, purpose.

ROSEMONT BAPTIST CHURCH

Affiliation: Southern Baptist

Address: 1598 E. Niagara Road, Montrose, CO 81401

Office Hours: Tues-Thurs, 9am-4pm

Contact information:

Phone: 970.249.4887

website: www.RosemontBaptist.org

email: office@rosemontbaptist.org

Senior Pastor: Rolland Kenneson

Worship Service Times: Our engaging and relevant Sunday Worship Service is at

10:45 AM. We also have Bible Study for All Ages Sunday mornings at 9:15 AM. We provide a professionally-staffed nursery throughout both.

Rosemont Baptist's desire is to passionately bring people face-to-face with the life-changing power of Jesus Christ.

We are a multigenerational church from different walks of life who love Jesus, love each other, and love our community. Everyone comes dressed in whatever is comfortable. We love meeting new people no

matter what stage of life they are in.

Children's services: We have a fun Sunday School for children from four years old through youth. We provide Children's Church during the Sunday Worship Services where children four years old through 9 years can learn to be worshipers of Jesus.

We provide a nursery for children under four years old with paid staff providing excellent care during Sunday Morning Bible Study and Worship Service.

SPIRITUAL AWARENESS CENTER

Denomination affiliation: Independent Interfaith

Address: Meeting at Lions Park Community Building, 602 N. Nevada, Montrose

Office hours: Tues-Fri, 9 am to 4 pm,

Home Office – 970-252-0908

Contact information: Rev. Dr. Arlyn Macdonald, 970-252-0908,

arlyn@spiritaware.org,

www.spiritaware.org

Name of current pastor: Rev. Dr. Arlyn

Macdonald, Senior Minister; Rev. Catharine Gates, Associate Minister. Spiritual counseling available.

Worship service times: In-person Sunday Unity Service at 11 a.m., (Social Time begins at 10 a.m.); Quiet Meditation at 10:30 a.m. Virtual Afternoon Service on Zoom at 2:00 p.m.; Chai Chats, a Wednesday morning midweek informal gathering at 10:30 a.m. at Pun Hill Himalayan Restaurant, Montrose; Thursday Empowerment Circle at 10:30 a.m. on Zoom. Everyone is wel-

come. The Spiritual Awareness Center is an interfaith spiritual community welcoming spiritual seekers and people of all faiths, providing a safe place to explore and nurture the individual's unique connection to the Divine through Unity services, classes, family and community projects, including the Great Community Give-away and Wellness Fair. People of all ages are welcome. There are currently no Sunday School or nursery services provided but craft supplies are available for youth.

SUMMIT CHURCH OF MONTROSE:

Denomination affiliation:

Southern Baptist

Address: 10977 60.75 Rd. Montrose, CO 81403

Office hours: Varies

Contact information:

phone number: 970-275-7026

email: summitchurchmontrose@gmail.com

website: www.summitchurchmontrose.org

Name of current Senior Pastor: John De-

Sario

Worship service times: Sunday Worship is at 9 am followed by a time of fellowship and snacks. Summit Church has frequent Bible studies and other events for adults, young adults, youth and children. Please visit <https://www.summitchurchmontrose.org/events> for more information.

Summit Church Montrose is a new church plant that preaches the Word of God,

reaches the lost with the Gospel of Jesus Christ and equips Christians to serve the Lord. Summit Church has people of all ages!

We have families with children (babies, school aged, recent high school and college graduates) There are retired couples and widows. During the Sunday sermon we offer teaching for children ages birth to Kindergarten, in a kid friendly room called Base Camp.

MIRROR CHURCH DIRECTORY From previous pg

VICTORY BAPTIST CHURCH OF MONTROSE

Denomination Affiliation: Independent Baptist

Address: 2890 N Townsend Ave., Montrose, CO 81401

Office Hours: Monday-Friday 8am-12pm

Contact Information: Phone (970) 249-

6874; email at info@vbcmontrose.org;

website: vbcmontrose.org

Current Pastor: Roland Kassales

Worship Service Times: Sunday School at 9:30am, Sunday AM Service at 10:30am, Sunday PM Service at 6pm, Wednesday Night Service at 6:30pm (all services include childcare)

Victory Baptist Church exists to exalt God, edify saints, and evangelize the lost.

Demographics: Victory Baptist serves everyone with age-appropriate classes, groups, and activities. Families with children make up the majority of VBC with young adults, singles, middle-aged couples, and seniors comprising the rest.

Church Directory

Mirror Editorial Staff

MONTROSE-As a way of serving the faith community in Montrose, the Montrose Mirror is in the process of establishing a Church Directory. If your congregation or fellowship would like to be included in the directory, please supply the following

information to the Montrose Mirror:

Name of church

Denomination affiliation

Address Office hours

Contact information (phone number, email address, website)

Name of current Senior Pastor

Worship service times

Please give a one sentence description of your church and its mission in the Montrose community.

Brief description of your current church demographics (predominately family, youth, seniors, singles).

Do your church services include Sunday School and childcare?

Birth Certificates & Death Certificates

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(970) 252-5009 VITAL RECORDS



WWW.MONTROSECOUNTY.NET



COMMUNITY NEWS BRIEFS

BLACK CANYON QUILT SHOW JULY 14-16

Special to the Mirror

MONTROSE-The Black Canyon Quilt Show takes place at the Montrose Pavilion, 1800 Pavilion Drive Montrose, July 14-16. Friday and Saturday hours 9am-5pm, Sunday hours 10am-3:30pm. More information and to register for classes, lecture, or quilt appraisals, visit the website: <https://blackcanyonquiltshow>

MCA ANNOUNCES COMMUNITY OPEN SHOW

Special to the Mirror

MONTROSE-Montrose Center for Arts is excited to announce a Community Open Show for area artists in August. The theme is: *IMAGES OF BLACK CANYON & GUNNISON GORGE*

Awesome views, fishing, camping, rafting, hiking, picnicking, etc.

All art forms are welcome. Drop by MCA at 11 S Park Avenue in Montrose for details and to pick up an entry form. Entry Deadline is July 26.

As always, MCA would welcome a sponsor for this community show. Your name could be HERE. Contact Ann [ann@mc4arts.com] for information.

**WE HAVE CATERING OPTIONS: WEDDINGS, REUNIONS,
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970-249-6442

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REGIONAL NEWS BRIEFS

2023 RED, WHITE, AND BLUES CELEBRATION

Special to the Mirror

MOUNTAIN VILLAGE— Celebrate the Fourth of July with the whole family this year at Mountain Village's Red, White and Blues Celebration.

Telluride Mountain Village Owners Association is pleased to announce the annual Red, White & Blues Celebration will continue the tradition of fun on both Monday, July 3 and Tuesday, July 4. The two-day event is set in the panoramic San Juan Mountains in Mountain Village, Colorado offering live music, fun activities, merchant discounts, food and drink specials, and much more.

The two-day celebration will offer a host of fun activities for kids of all ages along with live music.

"TMVOA is excited to continue to provide two days of live music and family friendly activities during the Red, White & Blues Celebration in Mountain Village," said Heidi Stenhammer, TMVOA Administration and Operations Manager. "We look forward to having our members and visitors attend this wonderful community event."

Head over to Sunset Plaza for inflatable jumpy castles, face painting, balloon art and a magic show by Mysto the Magi over both days. There will also be an ice cream social hosted by the Telluride Adaptive

Sports Program on Monday from 1 to 5 p.m. and again on Tuesday from 3 to 6 p.m. Sunset Plaza is also home to the main concert stage this year with live music on Tuesday, July 4 (noon - 6 p.m.) featuring, Disco Fuego, Bob Hemenger, Sean Mahoney and the Flatliner Express. Rounding out a fantastic afternoon of live music will be Joslyn and the Sweet Compression starting at 4:30 pm.

"We decided to bring some blues back into the event, and the soul that Joslyn and The Sweet Compression provides won't disappoint," said Teddy Errico, the Producer for the Telluride Society for Music. "It's going to be a fun day of music in Mountain Village!"

Face painting, cotton candy, food vendors and more will take place in Heritage Plaza on both days of the celebration as well as live music by Bob Hemenger on Monday, July 3 (1 to 5p.m.). The Telluride Photo-booth will set up shop at the Telluride Distillery on July 4th, so make sure to swing by for a fun photo opportunity!

Village Pond Plaza, adjacent to the Telluride Conference Center, will host the Salida Circus along with water balloon toss games, hula hoops, chalk art and new to the festivities this year, a dunk tank! The Pinhead Institute is also joining the fun and providing a super fun and educational

activity, Botany & Bugs, featuring the local plants and bugs living at the pond. Join Bazaa and the Juggler for mini shows from the Salida Circus throughout each day with shows at 2 and 4 p.m.

Reflection Plaza, adjacent to the Madeline Hotel & Residences, will feature a fun demonstration by the Telluride Gymnastic team on Monday at 1 p.m. and a mechanical bull for the brave to test out their bucking bronco skills on both July 3 & 4 from 1-5 p.m. Movies Under the Stars will feature the movie "The Sandlot" on July 4 starting at sundown.

Mountain Village Mayor Laila Benitez said, "I have found no better or more meaningful way to celebrate the 4th of July than to enjoy it with our families and friends in the most beautiful corner of the country! We are so lucky to have such an amazing team working year-round to ensure Red, White, and Blues continues to grow into the best homegrown celebration of country and our community. I look forward to seeing everyone there!"

The Red, White & Blues Celebration is provided to the public free of charge by TMVOA and is sponsored by Telluride Society for Music and By Sutton. The event is held rain or shine. A full schedule of activities and events can be [found here](https://www.telluride.org/RedWhiteBlues) or please visit bit.ly/mvredwhiteblues.



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(970) 249-2421 **VFC PROVIDER**
thepediatricassociates.com

NORTHSIDE HEALTH CENTER

528 North Uncompahgre Ave Montrose
(970) 240-6438 **VFC PROVIDER**
pfb.com/northsidechildhealthcenter

CEDAR POINT HEALTH

300 South Nevada Ave Montrose
(970) 249-7751
cedarpointhealth.com

BASIN CLINIC

421 Adams Street Naturita
(970) 865-2665 **VFC PROVIDER (RHC)**
basinclinic.org

UNCOMPAHGRE MEDICAL CENTER

1350 South Aspen Street Norwood
(970) 327-4233 **VFC PROVIDER (FQHC)**
umclinic.org **340B PARTICIPANT**

DELTA COUNTY HEALTH DEPT

255 West Sixth Street Delta
(970) 874-2165 **VFC PROVIDER**
deltacounty.com/8/personal-health-services

RIVER VALLEY FAMILY HEALTH CENTERS

1010 Rio Grande Montrose
(970) 497-3333
308 Main Street Olathe
(970) 323-6141
rivervalleyfhc.com
340B PARTICIPANT & VFC PROVIDER (FQHC)

THE PIC PLACE

87 Merchant Drive Montrose
(970) 252-8896
pic.place

MESA COUNTY HEALTH DEPT

510 29 1/2 Rd Grand Junction
(970) 248-6900 **VFC PROVIDER**
health.mesacounty.us/services/family/immunizations

VFC (VACCINES FOR CHILDREN)

The Vaccines for Children Program (VFC) is a federally funded program that provides vaccines 0-18 years of age who are enrolled in Medicaid, who have no insurance, or who are American Indian / Alaska Native. *Children who are underinsured may receive VFC vaccines at a federally qualified health center (FQHC) or rural health center (RHC).

340b

The 340b Drug Pricing Program is a US federal government program created in 1992 that requires drug manufacturers to provide outpatient drugs to eligible health care organizations and covered entities at significantly reduced prices.

CITY MARKET SOUTH

16400 South Townsend Ave Montrose
(970) 240-1994 **340B PARTICIPANT**
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Tdap	Rabies
Meningococcus	Polio
Chickenpox	Japanese Encephalitis
Hep A	Hep B
	COVID-19

WALGREENS

2351 South Townsend Ave Montrose
(970) 252-1743
Register Online

Flu	Shingles
Pneumonia	HPV
Tdap	MMR
Td or DT	Rabies
Meningitis	Polio
Varicella	Japanese Encephalitis
Hep A	Typhoid
Hep B	Hep A/Hep B
	COVID-19 (Moderna)

CVS (IN TARGET)

3530 Wolverine Dr Montrose
(970) 497-8981
Register online

Flu	MMR
Hep A	Tdap
Hep B	Varicella
Hep A/Hep B	Pneumococcal
HPV	Meningococcal
Shingles	Hep A/Hep B
Typhoid	Japanese Encephalitis
Polio, adult	COVID-19 (Pfizer & JJ)

CITY MARKET NORTH

128 South Townsend Ave Montrose
(970) 249-2064 **340B PARTICIPANT**
Register Online

Flu	Shingles
Pneumonia	MMR
Tdap	Rabies
Meningococcus	Polio
Chickenpox	Japanese Encephalitis
Hep A	Hep B
	COVID-19

SAFEWAY

1329 South Townsend Ave Montrose
(970) 249-1160 **340B PARTICIPANT**
Register online

Flu	Shingles
Pneumonia	Tetanus
HPV	Pertussis
MMR	Meningitis
Hep A	Hep B
	COVID-19

WALMART

16750 South Townsend Ave Montrose
(970) 249-7742
Walk-in's welcome

Flu	Hep A & Hep B
Shingles	IPV
Tdap	Varicella
Td	Pneumococcal
MMR	Meningococcal
	COVID-19 (Moderna & JJ)

STACIE'S APOTHECARY SHOPPE

112 Village Square West Ridgway
(970) 626-7100

Flu	Pneumonia
Shingles	Tdap



Please note that this list is not exhaustive and is not an endorsement of any pharmacy or provider. Visit www.cdc.gov/vaccines for the latest recommendations. Please contact your Pharmacy or Provider to confirm availability of vaccines. Montrose County Public Health will not provide immunizations after June 30th, 2020. Last Updated 7-25-2022.

MIRROR IMAGES: OUT & ABOUT!



*Above, Red, White & Blue on Main Street, by Harry Switzer.
Right, Montrose local Dee Laird shared this photo after reading Randy White's article on e-bikes and trikes last week-Dee has joined the E-Trike Brigade!
Below, Linda Lake captured this vision of the Enchanted Mesa Trail high above Ridgway Reservoir!*



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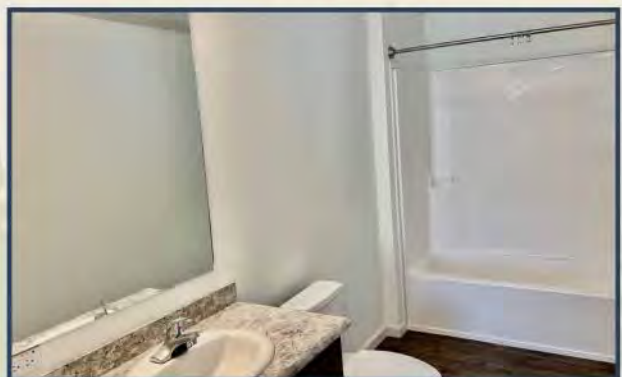


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YOUR BRAIN ON NATURE – BIOPHILIA REVISITED



By Lauren Hall Ruddell, Ph.D.

Greeting Mirrorites,

For the next few installations of this wellness column, I'll be revisiting the concept and theoretical construct of biophilia, Attention Restoration Theory, and Stress Reduction Theory. I wrote about these topics in 2021 for *The Montrose Mirror*, but the subjects could use some updating and refreshing. I'll begin with biophilia.

To recap, biophilia is an idea that holds that since humans evolved in natural environments and have lived separately from nature only relatively recently in our evolutionary history, people have an innate *need* to affiliate with other living things. Satisfaction of this need is predicted to produce a broad array of psychological benefits, including increases in positive affect and decreases in negative affect (bad mood). This need varies from person to person, but complete dissociation with living creatures and processes outside of the urban realm (human realm) comes at a high cost to individuals and to society.

Do we know for sure that biophilia is a thing? Not any more than we know for sure what is on the other side of a black hole in space. We take the best possible, observable, science and extrapolate from there. I propose that biophilia, this inherent attraction to living things and the natural world, is true because it is observable. A classic and early definition of biophilia was coined as... "innate tendency to focus on life and life-like processes" (E.O. Wilson, 1986). Some researchers felt this was too broad, too all-encompassing given the variability of human nature. For instance,



Photo Courtesy of Eddi Kopp Photography.

Joye and De Block (2011) defined it as "a set of genetic predispositions of different strength, involving different sorts of affective states toward different kinds of life-like things." Still pretty broad, but does include a degree of variability in levels of perceptions and responses. The concept of biophilia is difficult to define and therefore difficult to refute, but something is going on in varying degrees in the vast majority of humans.

Wilson's biophilia would hold that I, for instance, was born with a template into which early positive experiences in nature were plugged in, like putting the correct square block into its square hole on the genetic pre-school puzzle board. And sure enough, there is evidence of an increased inherent genetic tendency toward connectedness to nature evident in certain children more than others. But researchers have also found that adults who increase their time in nature eventually develop a deeper sense of connectedness as time goes on. So you don't have to be born a tiny tree-hugger like me to be able to experience that deep sense of belonging to a greater whole. Am I incredibly unique in my psychology in this realm?

Perhaps a bit, but I am certainly not alone. And how one feels about nature may be the purest indicator of biophilia at work. For the majority of people, an exclusively rational and cognitive approach to the big problems regarding environmental degradation, extinction, and climate change is often insufficient to motivate them to take preventive or even remedial action. Feelings matter, in this arena as in any other. Various scholars have warned against ignoring the affective aspects of pro-environmental arguments into discussions about conservation, environmental education, and sustainable practices in daily living. We have to feel it to do it consistently, and the same is true spending time in nature. Whatever action we pursue in the pursuit of incipient or apparent biophilia immersion, we need to feel good about it. Not just morally superior, but happy and satisfied with the experience itself. A joyful tree-hugger is better than a smug tree hugger when it comes to benefiting from biophilia.

The presence of biophilia effects can be observed by physiological markers, and cognitive and emotional changes. "The beauty of biophilia is that, beyond making us feel drawn to natural settings, it also offers big benefits for people who heed this instinct. Studies have linked biophilic experiences with lower cortisol levels, blood pressure, and pulse rate, as well as increased creativity and focus, better sleep, reduced depression and anxiety, higher pain tolerance, and even faster recovery from surgery," says University of Georgia biophilia wonk Russell McLendon.

Maybe I should be credited with renaming this hypothesis 'biofeelia.' Too late, unfortunately, since the emerging discipline of 'affective ecology' is already exploring this area of inquiry. Affective ecology is proposed as a complementary tool to cognitive ecology, an approach that examines rational human reasoning toward the natural world. The latter explores decision patterns and human behavior toward environmental issues based upon what you think about the problem, whereas the former revolves around how you *feel* about it.

Continued next pg

YOUR BRAIN ON NATURE – From previous pg

So the old joke about the way a Buddhist orders a hot-dog... 'Make me one with everything' may describe some humans more than others when it comes to an inherent love of nature. Still, 350,000 generations of early humans who lived intimately with nature as hunter-gatherers must have had a strong sense of belonging and many positive feelings about being embedded within the natural world. In some ways, then, it would be surprising if the modern life of being divorced from

nature did *not* have negative consequences associated with it that spending time in nature can reverse. We evolved in social groups yes, but not in cities. Nature is free of judgment. It can be physically ferocious, but it ain't personal.

Partake of the wisdom of the ancestors and the ancients by spending time outdoors this month as often as possible and tune in to how it makes you feel. Hippocrates extolled the necessity of "airs, waters, and places," for physical and mental

well-being, and ancient Roman texts suggest that there are health benefits to countryside and greenspaces. They instinctively felt the call of the wild and the call to biophilia. You might be feeling it too, so give in and get outside this month whenever and wherever it's cool and pleasant!

For more information on biophilia, and to find out how to acquire the author's new book "Renaturing" email Lauren at agescapesnow@gmail.com.



SAVE THE DATE! LOCAL EVENTS CALENDAR

ONGOING-

RIDGWAY TRUE GRIT WALKING TOUR

Re-live the exciting days in 1968 when Ridgway was transformed into Fort Smith, Arkansas and John Wayne, Henry Hathaway, Robert Duval and Glen Campbell came for the filming of True Grit. A guide will escort you to downtown filming locations and share insights about Ridgway's film history and little-known facts and anecdotes about the Duke. The tour was recognized by True West as Readers Choice for Best Historic Town Tour. Meet at Ridgway's Hartwell Park gazebo. **FREE!** Details: 469.682.9710 (Donations are welcome.) **3 pm every Friday from June 2 to Sept 1; 11 am Monday, September 4, 2023; 12 pm and 2 pm Saturday, September 23, 2023**

SATURDAY: FREE TRAIN RIDES: Free rides every Saturday through mid-October, 9 am - 3 pm, at the Ridgway Railroad Museum, 200 N. Railroad St, Ridgway.

MONTROSE CENTER FOR ARTS-The DeJulio Retrospective is available to view at Montrose Center for Arts through the end of June during normal operating hours: Tuesday through Saturday from 10am until 4pm. 11 S. Park.

MONTROSE FARMERS MARKET-Summer market every Saturday May-October from 9 am to 1 pm in Downtown Montrose. Fresh produce, local meats and eggs, baked goods, beautiful artisan crafts, live music, kids' activities. South Uncompahgre Avenue, Centennial Plaza and South First Street.

BOSOM BUDDIES BREAST CANCER SUPPORT GROUP, Wednesdays noon-12:45, 645 S. 5th Street

MONTROSE HISTORICAL SOCIETY meets 1st Wednesday of the month @ Montrose Events Center, 1036 No 7th Street 7 pm (970) 249-2085 www.montrosehistory.org

MONTROSE AREA WOODTURNERS second Saturdays 9 am. 17800 - 6400 Rd in Montrose. Chapter of the American Association of Woodturners. Information: Al Head 970-209-0981 or aheadaviation@outlook.com

GREATER MONTROSE CHAMBER OF COMMERCE BUSINESS AFTER HOURS – May 25.

NURSE FAMILY PARTNERSHIP-Breastfeeding Support Group on the 1st and 3rd Thursday of every month. An infant scale will also be available to check your baby's weight. Breastfeeding Support Group (Bring your questions and your family!) Montrose County Event Center (1036 North 7th Street Room 3) 10am - 12pm. Questions? Please call 970-252-5015.

BINGO EVERY FRIDAY, SATURDAY, SUNDAY at 7pm at the American Legion Post 24 Olathe doors open at 5:30. Sunday Bingo will start at 1:30pm. More info call Tom 970 260 8298.

THE HEALING COLLECTIVE OF WESTERN COLORADO welcomes local practitioners, who focus on healing the whole being. Meetings are on the 1st and 3rd Tuesday of the month and both are from Noon-1 pm, upstairs at the Mother Earth store on Main Street. We support one another with our practices, business, and personal needs. For more information please contact Erin Easton at ErinKEaston@gmail.com

THE MONTROSE GENEALOGY CENTER at 700 E. Main St. is now open Wednesday and Thursday afternoons, 1-4 p.m. or call for an appointment: 970-240-1755. Free help and resources for your family history research." (The center is sponsored by the non-profit organization, Fore-Kin Trails Genealogical Society.)

MONTROSE ALTRUSA-1st Tuesday of the month Program meeting; 2nd Tuesday of the month committee meeting; 3rd Tuesday of the month Business meeting. Meetings are held at the Hampton Inn conference room at Noon.

MONTHLY

July 4--5:30pm - Opening band for the 4th of July Celebration at the Rotary Amphitheater in Cerise park.

July 7-The Montrose Center for Art will host a First Friday reception on July 7, from 4:30 to 7 pm. for artist, Kaitlynn Hurford. Her solo show will hang at MCA from July 7th to the 29th.

July 10-Monday July 10 at 4:30-6:30 Citizens' Climate Lobby meets in person at Montrose library meeting rm., Non-partisan, national, environmental, All welcome. Also booth at Farmers Market July 7th- info at 970-765-9095.

July 10-Baldy Mountain Landscape Resiliency and Habitat Improvement Project open house will be held July 10 from 5-7 p.m. at the Ouray County Fairgrounds and Event Center, located at 22739 Hwy 550, Ridgway, Colorado.

July 14-16-Black Canyon Quilt Show, Montrose Pavilion 1800 Pavilion Drive, Montrose, CO. Friday and Saturday hours 9am-5pm, Sunday hours 10am-3:30pm. More information and to register for classes, lecture, or quilt appraisals, visit the website: <https://blackcanyonquiltshow>

July 29-30-Colorado Mountain Club Western Slope Group is hosting two days of Wilderness First Aid, July 29 and 30 in Montrose. Details and registration at: https://www.cmc.org/groups-sections/cmc-state/course-templates/wilderness-medicine-school-wilderness-first-aid/copy6_of_wilderness-first-aid-cmc-state-2023

Questions: WSGofCMC@gmail.com

Sept. 16-17-The much-anticipated Tribute to Aviation, the signature event hosted by Montrose Regional Airport, is officially set for Sept. 16-17, 2023. This crowd-favorite event is back this year after a break for a major airport construction and remodel project at Montrose Regional Airport. Tribute to Aviation is one of the largest static displays in the western United States featuring both military and civilian aircraft. To learn more about sponsorship opportunities, please contact Vendla Stockdale at vstockdale@montrosecounty.net or 970-964-2479.

READER PHOTO SPOTLIGHT: DEB REIMANN



Above, a photo Deb snapped of breathtaking Red Mountain. "The spring wildflower blooms are a huge plus," she said.

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