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# THE MONTROSE MIRROR

Your Source for Local Business News and Information

Issue No. 58 April 17 2013

## “GORGE” YOURSELF!

By Caitlin Switzer

MONTROSE—Al DeGrange of Delta has been guiding backcountry expeditions for more than 30 years. Since 2003, he has owned and operated Gunnison River Expeditions-Gunnison River Outfitters. Ask him about the Gunnison Gorge National Conservation Area, however, and a note of awe still creeps into his voice.

“We’re talking Class II-IV whitewater, so remote that we have to load our rafts on horses and head in on horseback,” DeGrange said. “The Black Canyon of the Gunnison speaks for itself—it’s a national park up above. It is one of the narrowest and deepest rivers in North America, with gold medal fishing and the flora and fauna you expect—such a beautiful and scenic experience, and it’s right here.”

DeGrange is one of a handful of river outfitters legally permitted to operate in the Gunnison Gorge NCA, and is allotted 115 launch days for up to 12 people, including guides. With 30 employees on his payroll it is obvious he is running a successful business—but don’t call it “work.”

“It’s not work at all,” DeGrange laughed. “People who live around here travel all over the world, but we have some places right



*An aerial view of Ute Park shows the majesty of the Gunnison Gorge. Wikipedia photo.*

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## COMMUNITY SUPPORTED ART—AN IDEA WHOSE TIME HAS COME?



*Public art helps communities, as shown in this Mirror file photo of Ouray’s Paint Out on Main Street; now communities can help artists through CSA’s.*

By Caitlin Switzer

REGIONAL—Anyone who has ever joined a Community Supported Agriculture (CSA) project knows the joy of paying a set fee, and receiving a regular, delicious box of fresh fruits and vegetables from a local farm in return. Just imagine if that box contained a one-of-a-kind painting or sculpture instead.

Community Supported Art is the concept, and the art-friendly community of Durango is giving it a try—some entrepreneurial local artists have adopted the CSA concept, and are offering affordable “shares” to supporters of the arts.

CSA Durango is the brainchild of the artists of [&Durango](#), a cooperative gallery located at 1027 Main Avenue, where a group of [five artists](#) share space to create and show their work. In an effort to encourage local shoppers to purchase local art, CSA Durango artists began offering \$300 shares in March, and have already sold

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## COMMUNITY SUPPORTED ART...AN IDEA WHOSE TIME HAS COME? Continued from page 1



more than half of the available shares. In return, shareholders will receive eight works of art at four “pick-up” parties scattered throughout the season. With eight artists taking part, the pieces will be eclectic and diverse.

“We have had a really good reception so far,” artist and organizer Scott Dye said. “All of the artists are very excited—we will continue to sell shares through May 1. There are five artists who share the studio, and we have invited three others to join us in the CSA.”

The group had been kicking the idea around for some time, after learning of it from other groups across the country. CSA’s have been used to fund the arts in larger cities such as Chicago and Philadelphia, and there is a similar project being implemented in [Boulder](#), Dye noted.

Ridgway sculptor Michael McCullough, whose Firehouse studio is located on Lena Street by the park in Ridgway, and whose bronze works can be seen in communities throughout the San Juans and Uncompahgre Valley, believes that the Community Supported Art concept has great potential.

“What a fun idea,” McCullough said. “If you have somebody passionate and coordinated to run the whole thing—to decide on how many shares, promote the idea, and manage the money—it could really work. It has to be easy for artists who are already busy to participate and be successful.”

Montrose Gallery owner Amy Harmsen of Canyon Gallery (300 East Main St.) believes that the CSA idea could be used to great advantage. “I really do like the idea of this,” Harmsen said, “and I think it could prove to be a great vehicle to promote local artists and raise funds for public art works in our community. I would attempt to reach from Telluride to Grand Junction and over to Gunnison for artists to participate.

“This could become quite a signature event for Montrose.”



The CSA artists (top) and studio (below) of [AndDurango](#). Courtesy photo.

**THE MONTROSE MIRROR**  
MONTROSE

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Post Office Box 3244

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970-275-5791

[www.montrosemirror.com](http://www.montrosemirror.com)  
[editor@montrosemirror.com](mailto:editor@montrosemirror.com)



## GET ON THE BUS!...RIDING WITH ALL POINTS TRANSIT



*All Points Transit driver Al Galbaugh (left), rider April Goodman and driver Mike Schell.*

MONTROSE—Mike Schell spent close to 30 years as a firefighter before retiring several years ago. Today, Schell can be found behind the wheel—as a driver for All Points Transit, he uses his skills to move passengers safely from one place to another.

“It’s definitely different than being a firefighter, but I like it,” Schell said. “I’m a morning person, so I prefer the morning

shift. It’s actually rare to see riders who are not regulars, although we do get the occasional person who just wants to ride the bus. Sometimes folks like to ride just because it can be an interesting way to see the city, or if you are new here, to get to know where things are.”

Schell has been with All Points Transit almost from the beginning—he joined the company several months after the bus ser-

vice was initially launched. It takes around an hour to cover a route, he said. All Points currently offers three “flex” routes through its city bus service in Montrose—the Red Apple, Bluebird and Gold Mine routes. Goldmine is by far the busiest, Schell said, because it delivers riders to the shopping centers south of town.

While Schell would like to see some of the routes expanded eventually, he sees the value in consistency as well.

“I feel that when you start changing routes you confuse people,” he said. “It would be nice to expand, though, and cover more territory.”

“It really is amazing to ride through town,” he said, “when you are a passenger, you see so much more than you can see when you are driving.”

APT rider and volunteer April Goodman said that she rides the city bus every day, and has greatly enjoyed meeting other riders along the way.

“The drivers are really nice too,” Goodman said.

In addition to its city bus service in Montrose, All Points Transit operates a Dial-A-Ride service for seniors and people with disabilities, provides an Olathe Shuttle Service, and offers regional transportation on a monthly basis. City busses run between 6:30 a.m. and 7 p.m. To learn more about All Points Transit and how you can help, call Sarah Curtis at 970-249-6204 or [scurtis@allpointstransit.org](mailto:scurtis@allpointstransit.org).

## CELEBRATE THE FIRST ANNUAL EARTH WEEK IN MONTROSE APRIL 22-27 2013!

The community is invited and encouraged to participate in all of the FREE events during the week! To view the schedule of fun and free events please visit: [www.cityofmontrose/earthweek](http://www.cityofmontrose/earthweek).





## LOCALLY OWNED STATION KRYD CONSIDERS FORMAT CHANGE

By Caitlin Switzer

MONTROSE--You might say it has been a long, bumpy ride. Montrose's locally owned and operated radio station, free-form rock-n-roll station KRYD, is once again considering a change of format, a tough decision brought about by market forces and the need to keep pace with the times.

According to the company web site, [www.krydfm.com](http://www.krydfm.com), the original FCC construction permit was granted in 1991, for a radio station with the call letters KRYD FM. By 1997, however, no location had been found and no tower had been constructed, and only three months remained on the original permit. Enter the Varecha family, radio pioneers from Chicago who had found their way to a new home and life in Western Colorado. Faced with possibly forfeiting the license if no tower location could be found, the family turned to Telluride, placed a tower on top of the ski mountain, and radio station KRYD was officially born. Seeking a wider audience, however, family patriarch Bill Varecha obtained FCC approval and moved both tower and station down valley to Montrose. In 2006, notes the web site, KRYD

received a license for translator 92.7 out of Grand Junction.

For years, KRYD spun country music, leading a crowded but appreciative local market. In 2009, however, the Varecha family—veterans who have owned more than 18 different radio stations—made a risky, independent decision to ditch canned broadcasts and move back into the disappearing world of free-form rock and roll. Local listeners currently enjoy the rare experience of listening to the unexpected—and often inspired—programming of longtime family friend and radio pioneer [David Marsden](#).

"My parents are radio pioneers," Station Manager and son Paul Varecha said.

"Freeform rock is a throwback to the old days, when announcers got to choose the music. But the music industry has changed; so much has changed. iTunes, Amazon...the whole model is different.

The corporate world has so much control, owning thousands of stations.

"It's not the way it was—corporate radio has disenfranchised the people," Varecha said.

KRYD pulls from a library of more than 20,000 songs, and airs news on FM from



*KRYD Station Manager Paul Varecha as a child, with the late, great Frank Zappa. Courtesy photo.*

America's Radio News Network.

"They are journalists without an agenda, from both sides of the political spectrum," Varecha said. "There's no bias; they talk to policy makers, and we take the news and localize it."

After four years, however, the ratings are not as high as hoped.

The family has been funding the station themselves, and cannot sustain that level of support without help from the local community.

"We are the ONLY locally owned and operated radio station in Montrose," Varecha said.

"We live and work right here. If shopping locally means anything to you, we need your support."

A move to a syndicated format is planned for May 1, Varecha said.

"This is a painful decision," he said.

"We'll switch both stations—but we don't want to."

Listeners still have the power for another month—turn on, and tune in to great rock, blues, and seamless musical transitions that harken back to another time—a time when humans ruled the airwaves. To learn more, visit the station online, or email Paul Varecha at [krydfm@gmail.com](mailto:krydfm@gmail.com).



*The Varecha family today. Courtesy photo.*



## ROTARY HONORS STUDENTS OF THE WEEK



*Right—Nick Taylor (father), Teresha Taylor (mother), Rotary Student of the Week Sidney Taylor and Rotarian Joe Bagnara.*



*Left—Steven Gaber (father), Rotary Student of the Week Brook Gaber, Rotarian Casey Wareham and Kathlyne Gaber (mother).*



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### **Establishing and Managing Your Small Acreage Pasture in the Tri-River Area**

*Special to the Mirror*

MONTROSE--Join us on April 30, from 6 to 8 p.m. to discuss some basic topics related to managing your small acreage pastures. This will be held at the Montrose Fairgrounds Building at 1001 N. 2nd. St. During this discussion, we will present solutions to the challenges of growing and caring for plants in our arid environment. Learn from professionals about maintaining a healthy property, proper species selection for our climate, keeping noxious weeds in control, and techniques that will improve the value of your land investment. Both beginners and experienced landowners will find value in this workshop presented by CSU Extension, and USDA-NRCS. **To register for this free workshop click on the following link:** <https://docs.google.com/forms/d/1ht2Gg-ZJe6YwOFUKh5wbp97IBM5B7-flrdeJKHhQ08Q/viewform>.

**THANKS FOR READING THE  
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# WHEN THE FLU CAME TO COLORADO...AND THE WORLD



Masks were worn in some places during the pandemic, but Denver residents refused. Courtesy photo U.S. Dept. Health and Human Services..

By Caitlin Switzer

REGIONAL--From the viewpoint of history, all's well that ends well—and indeed, those who did not die eventually got well. For those who lived through it, however, there was only darkness and fear.

When people around the world began falling ill in 1918 with what became known as “Spanish Flu,” nobody knew when or how it would end. Even in remote regions like the Western Slope, the flu hit, and hit hard.

“Montrose has been closed up tighter than a drum by the authorities to prevent the spread of influenza,” wrote the *Montrose Press* at the time. “Allen Fender is the latest victim of influenza. Mr. Fender, his wife and mother have been doing everything possible to stamp out the disease. And in caring for the sufferers he too became a victim.”

The newspaper, quoted in Dona Freeman’s *100 Years Montrose Colorado-1882 to 1982* (Freeman, 1982) goes on to note that by year’s end, “In the city and environs there have been 920 cases. The total deaths in the city – 62...There were 52 deaths in ten days in Silverton, with 500 cases of the dread disease, influenza.” Here in Colorado, according to the U.S. Department of Health and Human Services [web site](#), the disease surfaced first at the University of Colorado, among military recruits.

“By late October, the disease had spread throughout the state and health officials were noting with concern that the disease was widespread and especially severe in the more mountainous regions of the state.

Death rates among miners were also very high,” the web site states, going on to note that Denver bucked a nationwide trend of asking citizens to wear preventive masks (later proved to be ineffective), and quoting then-Mayor of Denver as saying it would “take half the population of our city to make the other half wear masks.”

It was a young Denver journalist turned novelist, Katherine Anne Porter, who best captured the sense of helplessness brought about by the flu in her fictional account, *Pale Horse, Pale Rider*. Although

Porter—a Rocky Mountain News reporter at the time-- lived to tell the tale, her story of growing suddenly ill and coming close to death, only to watch her caregiver succumb, conveys the mood of that terrible year in a powerful and very personal way.

Other personal experiences are recorded in Davine Pera’s excellent work, *Conversations at 9,000 Feet* (Western Reflections, 2000, 2008), a compilation of oral histories from Telluride’s early days.

“Everyone in the family had the flu except my mother, and she was up night and day taking care of the rest of us,” recalled Alta Cassietto, who was 11 in 1918. “And I got the flu real bad. I missed a whole year of school then. A whole year.”

Telluride native Ed Ress, born in 1909, also remembered missing school—because the schools eventually closed their doors.

“The flu epidemic, when that hit, they closed the school down,” Ress said. “We finally had to go to school on Saturday to make up for it. There was half a million people died of the flu in the United States. That was about 1918. When the flu hit they didn’t save ‘em. They couldn’t. And the Roma Hotel, they had sixty beds in there, that’s where they had the miners. They wouldn’t let you near the door.”

Perhaps the most poignant recollection in the book is that of Nina Price, a Telluride native who was just five at the time. Price lost a baby brother—“a fat baby, healthy...”--who was just nine months old, to the flu, and was among the only members of her family well enough to attend the funeral.

“I was real young,” Price recalled. “It was a horse-drawn hearse, and I can remember when we went down the streets of Telluride to the cemetery, nobody walked. People would be peeking out the windows from their curtain or shades when they saw the hearse go by. I said to Daddy, ‘Why do they peek and then slam the curtain down?’ And he said, ‘They think that somebody in their family will be next.’” The pandemic caused more than just heart-break, however—it ripped society apart at the seams.

“All of these deaths caused a severe disruption in the economy,” states the USHHS web site. “Claims against life insurance policies skyrocketed, with one insurance company reporting a 745 percent rise in the number of claims made. Small businesses, many of which had been unable to operate during the pandemic, went bankrupt.”

According to the [Wikipedia flu pandemic site](#), at least one global industry did benefit; “Many businesses in the entertainment and service industries suffered losses in revenue, but the health care industry reported profit gains.”<sup>1</sup>

The U.S. Department of Health & Human Services notes that at the time of the flu pandemic, Colorado’s residents were nearly equally divided among rural and urban areas. And a remote location offered no protection at all.

“...Silverton lost nearly ten percent of its population,” the web site notes.

“Morticians, who died along with their fellow citizens, were in short supply, as were coffins. While Coloradans died in large numbers across the state, miners, whose lungs had already been weakened, died in greater numbers than their fellow citizens. Those living at higher altitudes also died in greater numbers than those living in lower regions.”

The USHHS site also notes that while nobody has an exact figure as to how many people lost their lives in the 1918 flu pandemic, recent estimates have suggested a global mortality rate of between 30 and 50 million. Wikipedia estimates put the number between 50 and 100 million worldwide.

It is widely known that despite the bloody nature of World War I, more lives were actually lost to the flu than perished in the war.

## HAVEN HOUSE A REFUGE FOR FAMILIES, BENEFIT FOR COMMUNITY

By Caitlin Switzer

OLATHE—For someone living on the streets or in a car, just getting safely through the day—and night—can be an overwhelming burden. Attaining a new job or an independent lifestyle can seem like impossible dreams. Lending a hand up when it is most needed is the idea behind Haven House, a 501(c)3 non-profit housed in the former 36-unit Olathe dormitory at 4806 North River Road.

Haven House does not focus on the problem, but on the people—offering the transitional shelter and support needed to take one step at a time toward a better life. The two-year-old program serves Montrose, Delta and Ouray counties and is faith-based, and organized to help meet not only physical but spiritual needs.

“The goal of the program is to help get families stabilized and back on the road to permanent housing and self-sufficiency,” said program manager Larry Fredericksen of Haven House. “We are not an emergency shelter, and we are careful who we allow in. We can’t have someone who is disruptive to the program.”

Residents should have no history of violence, and no drug or alcohol addictions, he said. Drug tests are administered prior to admittance, and if tests are positive, that individual is closely monitored. Those with serious mental illnesses are not a good fit in the Haven House environment.

“Each family will spend four sessions with a licensed clinical and pastoral coun-

selor,” Fredericksen said. “We also offer enrichment programs like life skills, and we are developing a job readiness program. We have case managers who run the clinical side of our program, and meet once a week with families. We have a program for children called Whiz Kids, a tutoring mentorship program where volunteers meet weekly with the children, one on one. The first half hour is about math, and the second focuses on reading.”

Haven House is currently serving 35 people, and has housed as many as 50, he said. Of the 180 people who have gone through the program, many have achieved success in finding permanent housing.

“One family, the dad had been making a six-figure income and lost his job. A child developed a serious illness, and they were just wiped out,” Fredericksen said. “When they came to live with us, they had a clunker and their clothes. But the guy started a business, and became very successful. Now he is based in Grand Junction, and has 15 employees.”

Another family, although not homeless, has chosen to live at Haven House as a mission.

“We had space available, and we believe families who are homeless can benefit from the spiritual support,” Fredericksen said. “So far it has worked—they don’t impose themselves on people, and they provide a model of what a family can look like.”

By helping adults with families, Haven



*Haven House. Courtesy photo.*

House helps move children out of poverty and homelessness. Families pay 20 percent of their own costs while living at Haven House. With two acres of land, kids have plenty of room to play.

In addition to Fredericksen and his wife Lillian, Haven House relies on eight to ten regular volunteers, and a small paid staff of two case workers and two office staff. With an overall budget of around \$130,000, more volunteers are greatly needed.

“I am 75 years old,” Fredericksen said, “My wife and I are retired, and we enjoy this; it has been an opportunity to give back and we get a lot out of it. But I need somebody who will want to step into my shoes.”

“We benefit the community.”

To learn more, call 970-323-5280, or mail [info@havenhousehomeless.org](mailto:info@havenhousehomeless.org).

## DON'T MISS THE 13TH ANNUAL BEACONFEST!

*Special to the Mirror*

GRAND JUNCTION--The BEACON Senior Newspaper is having a party and you're invited!

The 13th annual BeaconFest Senior Fair will be held from 9 a.m.-3 p.m. on Thursday, April 18 at Two Rivers Convention Center, 159 Main St. in Grand Junction. This year's BeaconFest features an exciting lineup of entertainment, free food, lively seminars and informational booths from more than 90 senior-related businesses.

BeaconFest is free to attend.

“Susan Capps, the BEACON's founding publisher, started BeaconFest as a way to meet the paper's readers and to thank them for their loyal support,” BEACON Publisher Kevin VanGundy said. “Since then, BeaconFest has become quite a shindig and keeps getting bigger and better every year.”

Thousands of dollars in door prizes will be given away to those who attend. The King'n Trio will have you singing along to

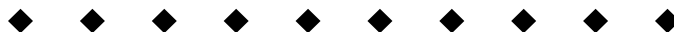
local favorites and the fiery Miss Emily will charm you with her soulful melodies.

Community Food Bank will again be collecting food donations.

The BEACON encourages attendees to bring packaged or canned food items to BeaconFest.

BeaconFest also recognizes the volunteer efforts of many local seniors.

A ceremony will be held at 12:50 p.m. honoring nominees for this year's Volunteer of the Year award.



## MIRROR PHOTO FLASHBACK!



*This issue's Photo Flashbacks are both from Ridgway circa 2003. At top left, a lake jumping contest for dogs at Ridgway State Park—we think that could be Lisette Riviere tossing in the reluctant contestant...at right, the Town of Ridgway held a ribbon cutting to celebrate the opening of Ridgway Independent Guide Service (now RIGS Adventure CO). RIGS owner Tim Patterson is at left, and then Ridgway Mayor Pro Tem John Clark is at center with scissors. Mirror file photos.*

## ***“GORGE” YOURSELF! CONTINUED FROM PAGE 1***

here that are pretty unique. With this type of wilderness experience...you just can't believe such a beautiful place could be so close."

Located just seven miles northeast of Montrose, the landscape within the Gunnison Gorge National Conservation Area is diverse, encompassing 62,844 acres of public land in Montrose and Delta counties perfect for outdoor recreation and cultural exploration. The 20-mile Sidewinder single track trail, completed in 2010, offers a moderately difficult course for hikers and equestrians, and a highly challenging and technical route for bikers and motorcyclists. The Area also includes historic sites and pre-historic rock art, rolling adobe badlands and piñon juniper covered hills, and at its heart a double canyon of black granite and red sandstone formed by the Gunnison River, according to the [Bureau of Land Management \(BLM\) web site](#), which also states that the NCA was initial-

ly established through the Black Canyon of the Gunnison National Park and Gunnison Gorge National Conservation Area Act of 1999, and expanded in 2003.

Within the National Conservation Area--one of just 13 NCA's nationwide--is a specially designated 17,784-acre wilderness area. Fourteen miles of the Gunnison River wind through the wilderness area, allowing rafters, kayakers and whitewater canoeists to experience the thrill of their sport in a remote, unspoiled river canyon as water flows allow. The wilderness area is reserved for non-motorized recreational uses such as hiking, horseback riding, hunting and fishing. The BLM charges a fee for day use and camping within the wilderness area, with revenues largely put toward Tamarisk eradication, according to the web site. For those who prefer their recreation on four wheels, OHV's are allowed on designated routes and open areas in the NCA's Flat Top-Peach Valley Recreation

Area, which has 9,700 acres and more than 75 miles of trail for riders.

"The Gunnison Gorge is definitely one of the top attractions in our area," Montrose Chamber of Commerce Director Jenni Sopsic said. "The fact that 73 percent of the land around Montrose is public land is a huge draw—our number one market (for visitors) is Colorado, and our number two market is Texas, where they have just a fraction of the public lands that we do. It's the great outdoor Colorado experience; there are activities that appeal to all kinds of people, especially with the Sidewinder Trail."

The appeal of the region to off-road vehicle users is phenomenal, and continues to grow, she added.

"People spend thousands of dollars fixing up their rigs," Sopsic said. "And some incredible trails have just recently been opened here."

"The Gunnison Gorge is amazing."

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## REGIONAL NEWS BRIEFS

### MHS PRESENTS MARCH DIVISION AWARDS



*Special to the Mirror*  
**MONTROSE** – Montrose High School held the March Division Awards ceremony on March 13, honoring ten students for the month of March. Once a month, one teacher from each department gets to choose a student for the award. Students are chosen because they have made great improvement in class, that they are good role models, and have a good work ethic. The teachers get great pleasure out of giving this award because it can make a huge difference to that student who may also need a boost or a little encouragement to continue working hard.

*(Pictured :Students:Front L-R Jordan Smart, Marisela Games, Kylie Myers, Cassidy Ross, Taylor Atwood  
Back L-R Andrew Cretti, Luis Diaz-Sanchez, Allana Gartner, Kyle Riddle, James Wilson).*

## HONORABLE MENTION

To the people of Boston, our hearts and prayers are with you.

To the late Dick Crabb of Ridgway, for so many years of observing the weather and sharing good-humor and information with the press...

To the Stupid Band, Montrose's oldest homegrown rock and roll act. For celebrating Earth Day in dance party style for more than 25 years...

To the Town of Olathe, for bringing so much attention and so many people to the region every year to celebrate the world's best sweet corn...

To Montrose Botanical Society, for helping to promote the first annual City of Montrose Earth Week (April 20-27) with events designed to get people out in the gardens...

To Dr. Mindy Miller, a great local health care provider...

...and to everyone who gives time and energy to volunteer with a local non-profit organization!



## OPINION/EDITORIAL

# Too Many Cops? "Hogwash," Nelson Says

*Dear Editor:*

I was amazed to see recent stories of the domestic violence call and standoff on S. Townsend and the complaint that excessive numbers of law enforcement were present.

What nonsense! Do the complainers forget that just 3 years ago, we lost a good officer here in peaceful Montrose? Re-

member the Sheriff's deputy shot in another domestic call just weeks ago? One reason I moved here was the death of a good friend in Phoenix, a police officer killed by a sniper (embroiled in a bad divorce case) who had barricaded himself in a house with purported explosives. Domestic violence calls are by far the most deadly for any law enforcement. I was not at the sce-

ne on Townsend, but as a former judge, deputy and legal specialist, I have experienced these incidents first hand, along with their deadly consequences. Good people die in these circumstances and from my perspective, there cannot be too many officers to assure public safety.

*John W. Nelson, Montrose*

## REGIONAL NEWS BRIEFS

### COLORADO CREATIVE INDUSTRIES ANNOUNCES 2013 GRANTS

*Special to the Mirror*

DENVER—Colorado Creative Industries' largest grant program, Colorado Creates, has announced they are accepting applications. Nonprofit cultural organizations and communities interested in applying for grants can access guidelines and the application at

[www.coloradocreativeindustries.com](http://www.coloradocreativeindustries.com). The new funding period is Oct. 1, 2013 to Sept. 30, 2014, and applications are due at 4 p.m. on Thurs., June 20, 2013. Colorado Creates provides critical financial support that helps produce and present arts and cultural activities throughout the

state. Grant applicants must be Colorado 501(c)(3) nonprofit organizations, departments of Colorado public colleges or universities, or government agencies. Applicants must have been providing public arts or cultural heritage programs in Colorado for at least three years by the application deadline. Individual artists or nonprofit organizations providing public arts or cultural heritage programming for less than three years may apply through an organizational fiscal agent. Grant awards range from \$4,000 to \$10,000. Proposals are reviewed by panels based on three review criteria: artistic excellence and merit of

proposed activities, community involvement and benefit from proposed activities, and implementation capacity. In fiscal year 2012-2013, 133 grants were awarded across the state totaling \$1,048,500. Colorado Creative Industries will host information sessions throughout the state for those interested in applying for a grant: Mon., April 22, 3-4 p.m.

Museum of Western Colorado  
Whitman Educational Center  
248 S. 4th Street, Grand Junction  
Recorded webinar information sessions will be available at  
[www.coloradocreativeindustries.com](http://www.coloradocreativeindustries.com).

### SAN JUAN MOUNTAIN RUNNERS HOST 38TH BLACK CANYON ASCENT

*Special to the Mirror*

MONTROSE--San Juan Mountain Runners will host the 38th Annual Black Canyon Ascent on May 18th. Come join the fun as walkers and runners participate in this challenging, scenic 6-mile event. The race starts at the junction of

US Hwy 50 and CO Hwy 347 east of Montrose, walkers at 7:30 a.m. and runners at 8 a.m. Post-race festivities including refreshments, awards and prize drawings will take place near the finish at the campground amphitheater at the South Rim of the Black Canyon of the

Gunnison National Park. All proceeds will benefit the Montrose Community Foundation: \$30 through 4/15, then \$35 through May 16th. May 17th and Race Day registration \$45. Pre-registration and more info at  
[www.blackcanyonraces.com](http://www.blackcanyonraces.com).



Just in thyme for spring ...

**The Mirror**

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## REGIONAL NEWS BRIEFS

### Tipton Small Hydro Permitting Reform Bill Passes House

*Special to the Mirror*

**TELLURIDE** – The Colorado Small Hydro Association (COSHA) praised U.S. Rep. Scott Tipton (R-CO) for his work on H.R. 678, the *Bureau of Reclamation Small Conduit Hydropower Development and Rural Jobs Act*, which passed the House today by a vote of 416-7.

“COSHA applauds Rep. Tipton and the House of Representatives for again passing legislation that promotes development of small hydropower,” said COSHA President Kurt Johnson.

“The final vote tally of 416-7 demonstrates the strong bipartisan support that small hydropower enjoys from policy-makers on Capitol Hill.”

In addition to Rep. Tipton, HR 678 co-sponsors include Representatives Amodei (R-NV), Coffman (R-CO), Costa (D-CA), Cramer (R-ND), Daines (R-MT), Gardner (R-CO), LaMalfa (R-CA), Lumis (R-WY), Gosar (R-AZ), McClintock (R-CA) and Smith (R-NE) – and House Natural Resources Committee Chairman Hastings (R-WA).

HR 678 will simplify permitting for small hydro development on Bureau of Reclamation facilities by eliminating duplicative environmental analysis on existing man-made Bureau of Reclamation conduits

(pipes, ditches, and canals) that have already received a review under the National Environmental Policy Act (NEPA).

Earlier this year on February 13<sup>th</sup>, the House of Representatives passed H.R. 267, the *Hydropower Regulatory Efficiency Act* of 2013, sponsored by Rep. Diana DeGette (D-Colorado), which passed the House by a vote of 422-0. HR 267 creates a “regulatory off-ramp” for small hydro projects which otherwise would have previously been required to secure a federal permit from the Federal Energy Regulatory Commission (FERC).

“Thanks to Representatives Tipton and DeGette, legislation significantly simplifying the two federal processes for small hydro permitting – through the Bureau of Reclamation and through FERC – has now passed the House by overwhelming margins,” said COSHA President Kurt Johnson.

“Colorado is blessed to have Congressional Representatives that understand the important role that small hydro can play in advancing Colorado’s clean energy and rural development goals.”

Colorado currently has hundreds of hydro-related jobs, a number which has the potential to grow rapidly if the pending hydro reform legislation can become law.

The National Hydropower Association has estimated 5.3 jobs created per megawatt of new hydro construction. COSHA estimates approximately 200 MW of potential new hydro development in Colorado, which would mean approximately 1000 new jobs created in Colorado, including jobs for developers, engineers, attorneys and financiers as well as concrete workers, plumbers, carpenters, welders and electricians.

As a next step, the Senate Energy and Natural Resources Committee will hold a hearing on April 23, 2013 to discuss Senate companion versions of both the Tipton bill and the DeGette bill.

“Hopefully these non-controversial, long-overdue, common-sense, bipartisan hydro reform bills will quickly complete the legislative process and be signed into law,” added COSHA President Kurt Johnson.

About the Colorado Small Hydro Association (COSHA)

The Colorado Small Hydro Association is dedicated to accelerating development of small hydro in Colorado.

The 2013 COSHA Conference is scheduled to take place in Denver on Tuesday, July 23, 2013.

Additional information about COSHA is available at [www.smallhydro.co](http://www.smallhydro.co).

*Valerie Meyers' Weekly Monday*



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*Click here to catch Valerie's weekly Monday  
Real Estate Market Report video...from the road!*



## OUT AND ABOUT—DELTA HOME AND GARDEN SHOW



*Stewart Goforth of Montrose Water Factory with the company's display at the 2013 Delta Home, Garden & Recreation Show.*



*Heddles Rec Center provided a sunny, bright and welcoming venue for the Home, Garden & Recreation Show.*



*Above, Jon Nelson of NowDelta shows the community web site to Dorothy and Diane Hansen of Delta.*

*Below right, crowds showed up early for the two-day event, held April 5-6 at Bill Heddles Recreation Center.*



## REGIONAL NEWS BRIEFS

# ALTRUSA PRESENTS APPLE AWARDS

### *Special to the Mirror*

MONTROSE--During the school year, Altrusa International, Inc. of Montrose, CO. recognizes outstanding teachers in Montrose as identified by their principals. It is a pleasure for Altrusa to present these awards as they were nominated by their principals. Literacy is one of the three major goals of Altrusa International, Inc. Lindee Zimmer was presented with the Altrusa Making a Difference Apple Award and a gift certificate. Robyn Shank was presented with the Altrusa Making a Difference Apple Award and a gift certificate.



*Pictured: Jackie Snyder, center, was presented with the Altrusa Making a Difference Apple Award and a gift certificate in 2012. Also shown are Nancy Alex, left, principal of Centennial Middle School, and Jeanne Kuchynka, right (Altrusa member).*

## EASTER EGG HUNT A SUCCESS AT VOLUNTEERS OF AMERICA HOMESTEAD



### *Special to the Mirror*

MONTROSE--Volunteers of America Homestead welcomed the community for an Easter Egg Hunt in March, and they wish to thank all who made the event such a success, including Montrose Walgreens. Walgreens set up a giving tree for Homestead residents, allowing people to choose an egg with the name of a resident, make a basket, and return it to Walgreens so that all residents received a Easter Basket. Pictured are residents and volunteers, including Walgreen's Manager Rich Parr. Plenty of kids showed up to celebrate as well. "Most of them were afraid of the big bunny walking around," noted Homestead staffer Cheryl Homer.

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**The Mirror**  
Our stories have bite.





## REGIONAL NEWS BRIEFS

### Jane Jefferson Club Updates Governmental Information Register, Voter's Guidebook



#### *Special to the Mirror*

MONTROSE--Members of the Jane Jefferson Democratic Club of Montrose County recently revised their Governmental Informational Register and Voter's Guidebook for 2013-2014. This guide book is given to government officials and interested citizens and outlines names,

addresses, telephone / fax / emails of government offices. About 20 members of the Club folded and stapled the publication. The Jane Jefferson Democratic Club was formed in Colorado in 1894 soon after women in Colorado were given the right to vote, and is one of the oldest political groups in the United States. The objectives

of the Club include education and renewed interest in the foundation principles of our government and encouraging the publication of materials that educate and enlighten. For information on the Jane Jefferson Democratic Club or this informational register please contact Gayle Clarke-Watford at 970-249-4402.

## 25TH ALTRUSA LUNCHEON A SUCCESS; CLUB AWARDS 2012-2013 DONATIONS

#### *Special to the Mirror*

MONTROSE--Altrusa had a very successful Annual Spring Luncheon and Fashion Show. This was our 25th year with the theme, *Once Upon a Springtime*. The 29 tables were decorated with phenomenal ideas and decor. This year we provided a special free viewing time for any person desiring to view the tables to see what this event is all about.

With the full house of 274 attendees, 16 selling/information booths with 32 manning the booths, members of ASTRA, (the high school equivalent of Altrusa)

from both Montrose High School and Olathe High School, the ten wine servers and 19 models from those either attending or helping by being a model, the event was a success and assisted in providing the Service Committee with funds to support those organizations requesting funds for various needs and/or events.

Fiscal year 2012-2013 to date, the Service Committee has approved the following donations: Kid's Aid, \$200; Rotary Club Fireworks, \$100; Coalition for Drug Free Montrose County, \$250; Fore-Kin Trails Genealogical Society, \$250; Youth Appre-

ciation, \$100; The Dolphin House, \$100; Hospice & Palliative Care of Western Colorado, \$250; Walk-to-End Alzheimers, \$200; Montrose Community Dinners, Inc., \$500; Community Options, \$200; Montrose Animal Protection Agency, \$25; Montrose Community Foundation (Christmas Meals, \$200; Christmas Gifts (Anciano Towers Residents), \$80; Montrose County Sheriff's Posse, \$250; Montrose High School FBLA, \$250; Montrose Safe Seniors Party, \$250; Olathe Grad Party, \$250; CASA of the 7<sup>th</sup> Judicial District, \$250.

# QuickBooks Seminars

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REGION 10 SATELLITE



## REGIONAL NEWS BRIEFS

### REGION 10 LAUNCHES SMALL BUSINESS RESOURCE CENTER



*Classes will meet at the Enterprise Center, above, and at the Delta Chamber of Commerce. Mirror file photo.*

#### *Special to the Mirror*

**REGIONAL**—With 41 years of experience serving local communities with programs and services that make the most of available dollars by leveraging resources, Region 10 was a natural fit when it came to developing a new satellite office to serve the Montrose-Delta communities. The Small Business Resource Center (SBRC) is a collaborative effort among numerous local partner organizations. The SBRC will offer technical assistance and

educational programming that benefits local business owners—providing classes on such topics as starting a business, using QuickBooks, using Excel, developing a professional business plan and much more. Here at Region 10, we have the knowledge, expertise and support needed to take a new business from idea through implementation.

“This has been such a positive community partnership. From local banks, to the Chamber to the City, the local support has been overwhelming,” Region 10 SBRC Director Vince Fandel said. “Our community needs a professionally-developed, driven and conducted technical assistance educational program for our small business owners, with qualified instructors and counselors who can help the small business community expand.”

Community Partners to date, in addition to Region 10, include: **Small Business Development Center (SBDC), Colorado Mesa University; Dalby Wendland & Company; City of Montrose; US Bank; Montrose Bank; Colorado Workforce; Wells Fargo Bank; and Timberline**

#### **Bank.**

In addition to offering support services and classes through the SBRC in both Montrose and Delta locations, Region 10 will become a satellite office of the Small Business Development Center in May, with SBDC counselor Susan Bony available to consult on an as-needed basis.

Region 10 administrative staffer Claudette Nicolas will serve as first point of contact, and can direct callers to the proper resource. To learn more, call 970-249-2436. *A non-profit organization, the Region 10 League for Economic Assistance and Planning was formed in 1972 and serves six counties (Montrose, Delta, Gunnison, Ouray, Hinsdale and San Miguel), operates an Enterprise center (300 North Cascade) administers the Enterprise Zone Business and Contribution tax credit programs, oversees the Area Agency on Aging (AAA) and Community Living Services, coordinates Regional Transportation planning, and offers a loan program for small business. To learn more call 970-249-2436 or visit the web site at [www.region10.net](http://www.region10.net).*

### Alexander Lake Lodge Offers to Honor Thunder Mountain Lodge Reservations

#### *Special to the Mirror*

**CEDAREDDGE**--We are shocked and saddened by the loss to fire of the historic Thunder Mountain Lodge on Grand Mesa just 15 miles from Cedaredge, CO. We are offering to honor all the reservations we can accommodate from this lodge at our Alexander Lake Lodge located just down the road. The Alexander Lodge has five rooms and seven cabins (that sleep between 20-10). The historic Alexander Lake Lodge offers the unique and unmatched

combination of rustic charm and warm elegance always enjoyed with some down home hospitality. Enjoy a break from reality when you relax in the quiet grandeur of our library, replete with fireplace and over 2,000 books to peruse. Kick back in the casual atmosphere of the main lodge while musing at the 100-year-old fireplace and warm heart and soul with a homemade dessert or one of our specialty coffees. Enjoy a meal in our sunbathed Lake View Room which boasts the best views of Lake

Alexander. We offer a full bar daily and live music every Saturday night. Alexander Lake Lodge also offers snow mobile rentals and tours in the winter and fly fishing, horseback riding, boat rentals and other recreational opportunities in the summer. We are surrounded by national forest with dozens of lakes and miles of hiking, ATV and snow mobile trails. For more information or reservations call Alexander Lake Lodge at 970- 856-2539 or visit our website at [www.alexanderlakelodge.com](http://www.alexanderlakelodge.com).

### COMMUNITY TAP NIGHT AT HORSEFLY TO BENEFIT SAFE SENIOR GRAD PARTY!

#### *Special to the Mirror*

**MONTROSE**--MHS SAFE Senior Party Fundraiser - mark your calendars for the Horsefly Community Tap Night on Thursday evening April 18<sup>th</sup> from 6-9 pm. One Dollar from every purchase of a pint of beer or soda will be donated to the MHS SAFE Senior Party. It is a fun, relaxing evening with delicious food and drink. Bring your friends and family and plan to stop by!

## REGIONAL NEWS BRIEFS

### COBBLE CREEK TO HOST ANNUAL COMPASSION BASH APRIL 26

*Special to the Mirror*

MONTROSE--Cobble Creek's Third Annual Compassion Bash will take place Friday, April 26 at 6 pm., to Benefit Dr. Mary Vader's Helping Hand Fund, a component of the Montrose Community Foundation. The Helping Hand Fund is "a Hand Up...not a Handout" organization that provides services that are not available thru any other assistance program.

The Fund has filled needs such as: Gas cards for families traveling to Children's Hospital, activities cards for children living in the Haven House Homeless Shelter, counseling for children, medical supplies, education, car and home repairs. This Fund makes it possible for people to be self-sufficient and productive in their lives.

The Compassion Bash features a fun and interactive Fashion Show with many local clothiers, music, dancing, cash bar, delectable complimentary hors d' oeuvres and plenty of prizes!

Tickets are \$20 and can be purchased at SheShe Boutique or at the Cobble Creek Golf Pro-Shop.



## Take Control of Your Health Presentation

How is the medical disease treatment system working out for you? Interested in a better way? Then you will not want to miss this presentation on non-invasive, drug free alternatives to better health! Presented by Presidential Marketing

Directors with **Youngevity** Lance and Susan Gubler from St George, Utah.

They will also present protocols developed by **Dr. Joel Wallach**, the Founder of Epigenetics (the study of how nutrition or the lack thereof actually alters and changes our genes, thus creating or reversing illness)

**-This is a free event open to all!-**

**-Wednesday. April 17-7:00 pm, The Country Lodge, 1624 E Main Montrose!**

Brought to you by:

**Renegade Wellbeing** [www.renegadewellbeing.com](http://www.renegadewellbeing.com)

**call 970-596-2158 for more information**





# MONTROSE CHAMBER OF COMMERCE RIBBON CUTTING!



## COMFORT KEEPERS



*On April 3, Comfort Keepers of Grand Junction, Montrose and vicinity celebrated their new office space at a ribbon cutting with the Montrose Chamber of Commerce Redcoats. Congratulations Comfort Keepers!*

**"GO GREEN" AT THE  
RENEWEST ART  
CRAWL IN LO-MO, 5  
P.M. ON APRIL 18!**

## Construction Begins On Government Springs Road

### *Montrose County News Brief*

**MONDAY**--Construction activity to widen and pave Government Springs Road between V66 Trail and the Ouray County Line commenced Monday, April 15, 2013. The project duration is approximately 120 days. Traffic will be reduced to a single lane for up to one mile at a time. Motorists should expect delays of up to 10 minutes.

Two-lane traffic will be restored at the end of each work day. Normal hours of operation will typically occur Monday through Friday between the hours of 7 AM and 5:30 PM. Overtime and weekend work will be kept to an absolute minimum and only when authorized by Montrose County. This project is being constructed by the private construction company Old Castle

SW Group, Inc. (dba United Companies of Mesa County) under a competitively bid contract with Montrose County. All funding for this project were secured by Montrose County through the voluntary forfeiture by a private developer of their performance bond.

No public tax dollars are being used for this project.

## MOTHER'S DAY TEA AT COBBLE CREEK

### *Special to the Mirror*

**MONTROSE**--Please join us for Beautiful Mother's Day Tea on Saturday, May 4 from 2-4pm at the Cobble Creek Clubhouse! The tea will feature a full assort-

ment of fancy tea sandwiches, scones, lemon curd, Devonshire cream and fabulous desserts. This year's tea is a fund raiser for Hospice's amazing Child & Teen Grief Program. Bring your daughters,

granddaughters, friends and your own special teacups to share the fun. Tickets are \$15.00 per person and are available at the Cobble Creek Pro Shop. Seating is limited so buy your tickets early.

## PRAYER GATHERING AT PEACE POLE APRIL 22

### *Special to the Mirror*

**MONTROSE**--In celebration of Earth Day on April 22<sup>nd</sup> at noon, the Spiritual Awareness Center is sponsoring a Prayer Gathering at the Peace Pole in Ute Indian Park to offer prayers for the healing of Mother Earth and for peace among all the nations. Everyone is welcome. The Open Heart Drum Circle will be drumming and we will also do the Cherokee Dance of Life. For more information, 970-252-0908.

# GAINING HEALTH AND WEALTH WITH RENEGADE WELLBEING



By Liesl Greathouse

MONTROSE--The USA spends more on healthcare than any other country in the world. But it is 60<sup>th</sup> in life expectancy, 1<sup>st</sup> in cancer rates, and 41<sup>st</sup> in infant mortality. Heart disease, cancer and stroke are the top three killers in the country, while the fourth major killer is prescription drugs. Perhaps our modern medical system is not

working as well as we think, but is there a better way? Providing the answer to that question is the goal of Dr. Joel Wallach and his company Youngevity.

Dr. Joel Wallach, BS, DVM, ND, has more than 45 years of experience learning and teaching in the Health Sciences field. He defeated the FDA seven times in court. His 1,200 page book, "Diseases of Exotic Animals" is now in the Smithsonian Institute and is recommended for all zoological gardens and professional aquariums. It is the seminal piece of research that is the origin of the Youngevity product line.

He is also the founder of Epigenetics, the study of how nutrition or the lack thereof actually alters and changes our genes, creating or reversing illnesses. He discovered that the human body needs 90 Essential Nutrients each day. Essential Nutrients are the 'tools' that our bodies need to function correctly, made up of amino acids, fatty acids, vitamins, and minerals. If there is a lack in even one of these Essential Nutrients, the body can become ill or

at least not run at full capacity.

A U.S. Senate Document (No. 264) from 1936 confirmed this theory, even back then, "It is bad news to learn from our leading authorities that 99 percent of the American people are deficient in these minerals, and that a marked deficiency in any one of the more important minerals actually results in disease. Any upset of the balance, any considerable lack of one or another element, however microscopic the body requirement may be, and we sick-en, suffer, shorten our lives."

Dr. Wallach's company, Youngevity, helps people get their 90 Essential Nutrients in plant derived colloidal mineral form. Putting the Nutrients into liquid and pill forms makes it so they can be taken easily and absorbed better.

Bringing the message of Dr. Wallach and Youngevity to the Western Slope of Colorado is Renegade Wellbeing, owned by Clay and Dayna Greathouse. Their goal is to promote and support the body's ability to heal itself. They do that by helping people learn about what nutrients would be best to help their bodies.

"We aligned our business with Youngevity and Dr. Wallach's views of supplemental health," Clay explained. "Dr. Wallach sees the flaw in our health care system of it being profit driven, rather than results driven."

Even though they may not be medical doctors, the pair has always had an interest in health. "Fifteen years ago we would listen to Dr. Wallach on the radio," Clay said. "We enjoyed it and thought that it made a lot of sense. As time passed we stopped hearing him on the radio. Then last year we heard him being interviewed on a popular radio talk show. We started researching it and eventually met a couple from Utah who worked with Youngevity. We talked with them and then decided to get involved under their guidance."

"We have always been interested in alternative medicine," Dayna explained. "We looked at all the different supplement companies. Just listening to Dr. Wallach over the years made us decide that we liked his perspective on things."

They love Youngevity's emphasis on helping others. "There is no better opportunity then to be able to help people while

**We bring a lot to the table.**

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## GAINING HEALTH AND WEALTH WITH RENEGADE WELLBEING

making a living doing it," Clay said.

"'Mission then Commission' is our focus," Dayna added.

Since they began to take Youngevity products, Clay and Dayna have personally seen improvements in their health. "My TMJ has improved and I no longer have carpal tunnel syndrome," Dayna said.

"My blood pressure has been lowered, I have lost ten pounds, and my indigestion is gone," Clay said.

Of the huge line of products offered by Youngevity, Clay and Dayna have narrowed it down to a couple favorites. Dayna's is the Triple Treat Chocolate. "It tastes really good and is extremely healthy," she said. Clay enjoys the Osteo-fx Plus. "It tastes good and is an easy way to absorb calcium," he explained.

Supplement wise, they both agree that the Healthy Start Pak is the best. "All the 90 essential nutrients are there," Dayna said.

"I feel better when taking it."

Clay and Dayna love working in a business that allows them to help others. "I love getting calls from people about how excited they are to see improvements in their health," Dayna said.

"I like getting to meet people, getting to know people, and then being able to help people," Clay added.

Renegade Wellbeing offers several resources for people looking for more information. Their website, [RenegadeWellbeing.com](http://RenegadeWellbeing.com), is packed with information and is still growing. People can also contact Renegade Wellbeing and borrow CDs on all sorts of topics. "We have CDs on everything from growing your health to growing your wealth," Clay explained. Dayna suggests an old-fashioned phone call. "We would be happy to tell people about the products and answer any questions they may have." They plan to have Dr.

Wallach visit the area soon and give a presentation.

Renegade Wellbeing is also sponsoring an informational presentation for people across the Western Slope in Montrose and Grand Junction. "We are bringing in our good friends Lance and Susan Gubler, who are Presidential Marketing Directors with Youngevity," Clay said. "They will be presenting the protocols developed by Dr. Wallach." People will also be able to ask any questions they may have about their health and Youngevity.

The goal for Renegade Wellbeing is fairly simple: to spread Youngevity's message about health and wellbeing across Western Colorado. "We want to build up a team of people who want to help others," Clay said. "We want to help Western Colorado regain its health."

For more information, visit [renegadewellbeing.com](http://renegadewellbeing.com) or call 596-2158.

*Images by Clay Greathouse.*



**Style to boot.**  
*Coverage to last.*

**The Mirror**

## OURAY COUNTY COMMUNITIES TAKE PART IN SURVEY, GAIN INSIGHT TO RISKS



*Top-Left to right: James Meldrum, Patty Champ, Lilia Colter Falk and Chris Barth discuss the survey results prior to the West Region Wildfire Council meeting on March 14th. Below--Council members listening to the West Region Wildfire Council presentation. Photos by Teri Harper..*

*By Teri Harper*

OURAY COUNTY--How many of us living in a wildland-urban interface (or WUI) are knowledgeable about wildfire and the risk of fire destroying our property? Is your physical address visible and reflective from your driveway? What is your previous experience with wildfire and does your community have at least two routes in and out? These are some of the questions posed in a recent survey created by a research team designed to gain WUI homeowners' perceptions of their knowledge, experience and risk to their property with regards to wildland fire. The wildland-urban interface is any area where man-made improvements are built close to, or within, natural terrain and flammable vegetation, and where high potential for wildland fire exists.

We live in a beautiful state known for its thick forests, tall peaks and breathtaking landscapes. I think it's safe to say most everyone would prefer to either live in the mountains or have access to a vacation home in the mountains. But before we

buy and move do we think about the risks and calculate the extra costs associated with owning a home in a WUI? Probably not, or not all of them. Given the trend of repeated minimal precipitation activity, one would think these issues would be front and center for someone that is considering purchasing property in a mountain-forest setting especially given all of the wildfire activity that occurred in the summer of 2012, which is on record as the worst wildfire season the state has experienced in terms of acres burned.

Fire is nature's way of cleaning out dead and diseased landscapes. If you think your forested community is safe from fire, you are mistaken. Fire is a necessary element meant to naturally cleanse our mountain areas, not destroy our property. Along with fire comes suppression and these costs are high. The research team reported that WUI communities are predicted to increase 40% by the year 2030 and could increase suppression costs to more than \$4 billion. Currently more than \$1 billion tax dollars are spent on wildfire suppression

per year. The research team advised that engaged WUI landowners make a difference (and are responsible for) by mitigating their properties. In other words if you're going to live in this interface then you should be responsible for the condition of your property.

Residents within the Log Hill Mesa Fire Protection District (an area considered a high-risk wildland-urban interface in Ouray County) recently got a dose of this "in your face" reality when they were sent the "Living with Wildfire in Log Hill Mesa" survey last summer; 608 surveys to be exact. 280 surveys were completed and returned which is a very high return for any survey. On average the return rate runs between 15-20 %.

The objective of the study was to survey the homeowners' personal experience and knowledge about wildfire, and their perception of risk to wildfire. "This survey provides a platform of understanding for what is going on locally and in comparison to research that's been done across the state. It provides some valuable insight into how life experiences affect mitigation behaviors and perception of risks and people's willingness to accept certain levels of risk. "If there's an identified risk in one area and one person chooses not to mitigate whereas others in that same area do mitigate, it speaks to people's tolerance of these risks," said Lilia Colter Falk, coordinator for the West Region Wildfire Council (WRWC). Another objective is to collect and provide critical information to fire professionals and experts to support their efforts in providing educational initiatives for reducing risk. John Rogers, chief with the Log Hill Fire Protection District, said that the residents look to the fire department as a resource to receive information. "I think it's important for the fire department to be proactive in providing our customers with the most current and up-to-date information. It also allows us to build a relationship with them."

The survey was created and analyzed by Patty Champ, an economist with the USFS Rocky Mountain Research Station in Fort Collins, CO; James Meldrum, researcher with the Institute of Behavioral Science at the University of Colorado; and Chris Barth, a WRWC steering committee member. This study (the first such study for a community located on the western slope) is one of several administered, with the



## OURAY COUNTY COMMUNITIES TAKE PART IN SURVEY, GAIN INSIGHT TO RISKS



**Patty Champ, an economist with the USFS Rocky Mountain Research Station in Fort Collins, CO relays the survey results to the attendees at the West Region Wildfire Council. Photo by Teri Harper.**

first one conducted in a Colorado Springs WUI community back in 2003. The research team not only analyzed data specific to Log Hill Mesa but posted comparisons and differences between the Log Hill and Colorado Springs communities.

Prior to Log Hill residents receiving their survey, the WRWC developed a thorough assessment and assembled a professional team to rate each homeowner's property. Criteria for the assessment came from the Home Ignition Zone concept developed by Jack Cohen at the Fire Science lab in Missoula, Montana and the Institute for Business and Home Safety. The Council's assessment team then went out to rate each property located within the subdivisions. The survey sent to the homeowners included a section for them to personally rate their home based on the same criteria the council's assessment team used making this component and data unique compared to surveys developed in the past. Currently no other survey contains this very important piece. Next, the researchers compared the assessment team's ratings to the homeowner's ratings and presented the survey's unofficial results and trends at the WRWC's meeting held on March 14<sup>th</sup>.

Attendance for this meeting was comprised of Council members and Log Hill Mesa residents, including a couple of HOA representatives.

The partial results showed that in general, most of the residents are aware of the wildfire risk and are willing to take action, such as mitigation efforts; homeowners who view wildfire as being controllable are willing to mitigate their property given financial program incentives; providing usable information (i.e. property-specific recommendations, guidance on finding contractors and information on yard-waste removal) might be almost as effective as financial and physical assistance in removing some of the barriers to mitigation efforts.

John Rogers is pleased with the results. In his opinion the most significant finding from the survey was that residents were aware of the safety concerns and risks of living in the WUI. The results reflect that the Log Hill residents are receiving the education and information relayed from the fire district. "The survey is important because it allows the residents to provide feedback as to information they see and hear. We have received positive feedback from some of the residents that were involved in the survey and I view this as beneficial."

Chris Carr, homeowner and HOA President for the Fairway Pines community, completed the survey and said most of the landowners within his community participated and were in favor of it. When asked about his concerns regarding the results, he indicated it was the "lack of interest on the part of many owners in being prepared, having an evacuation plan, or making an effort to become knowledgeable about their respective community". He and his wife have undergone mitigation efforts on their property and discussed an organized community event where their HOA hires a local contractor to remove slash piles and trees for a fixed cost during the summer, which is part of a bigger goal in becoming a recognized Fireswise USA community.

When asked if he was concerned about

the current conditions of neighboring properties, he said he was concerned about certain lots that are located nearby his property where mitigation has not been accomplished. He indicated that almost half of the 87 homeowners in his community have had mitigation work completed.

Knowing your neighbors and having good communication is extremely important in most neighborhoods and very helpful within any WUI community. During the meeting, researchers indicated the survey found that residents residing in the Log Hill communities were not as connected with their neighbors as one might expect compared to other communities that have been previously surveyed. Mr. Carr didn't agree with this survey finding and said that his community releases a monthly newsletter to all residents and while many may not make an effort to read the publication, pertinent information is available to make informed decisions.

When asked if Mr. Carr feels safe in his community and on his property in the event of a wildfire, he responded as follows: "As safe as is possible, but with the complete understanding that extra vigilance and plans must be in place. It would only take one match or cigarette tossed in the wrong area at the wrong time to render the safety factor marginal.

"That is the price we pay to live in a beautiful but fragile environment. There is not a utopia but this area must be treated with respect and understanding if we are to enjoy and be stewards of the land we choose to live in".

To receive further information regarding this survey or on programs and assistance the WRWC offers, contact Lilia Colter Falk at 970-249-8407, ext. 125 or visit [www.cowildfire.org](http://www.cowildfire.org).

The WRWC is comprised of individuals from various agencies or groups within the counties of Gunnison, Hinsdale, Delta, Montrose, Ouray and San Miguel; and the Steering Committee is made up of federal, state, county and local representatives.

Every member is committed to furthering the Council's mission and goals.





What if you're 20?  
What if you're uninsured?  
What if you're 70?

What if you own a small business?

## WHAT WILL **YOUR** HEALTH CARE LOOK LIKE UNDER THE **AFFORDABLE HEALTH CARE ACT?**

Friday, April 26 from 12:30 – 2:00

Montrose Memorial Hospital

Conference Rooms A & B

**Guest Speaker: Bob Semro,**  
**The Bell Policy Center, Health Care Policy Analyst**



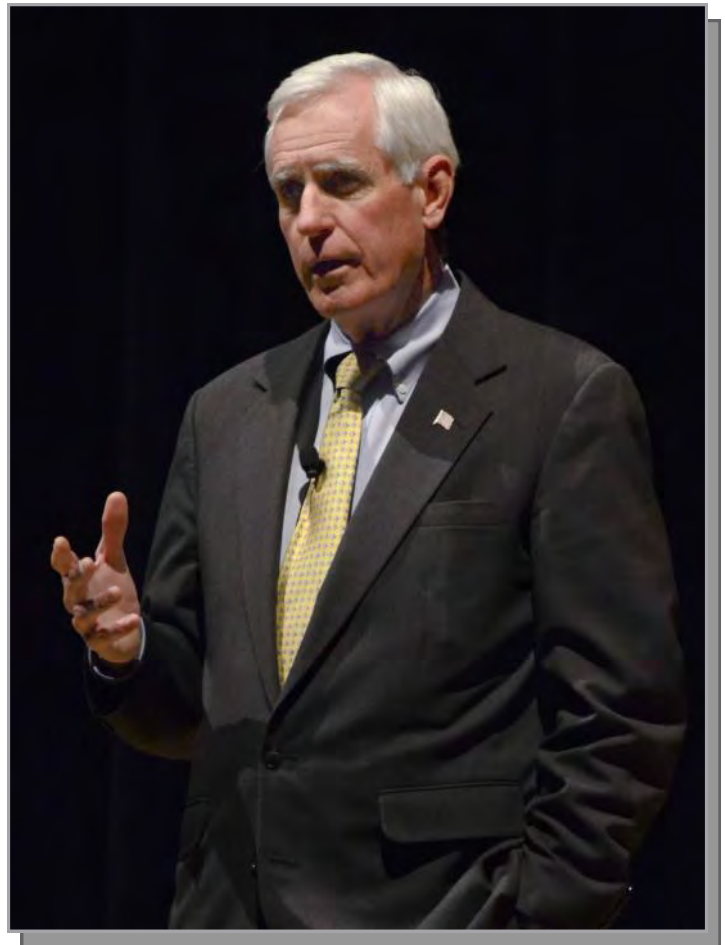
**The Bell Policy Center**  
Research • Advocacy • Opportunity



**The League of Women Voters**, a nonpartisan political organization, encourages informed and active participation in government, works to increase understanding of major public policy issues and influences public policy through education and advocacy.  
**For more information, go to [www.montrose.co.lwvnet.org](http://www.montrose.co.lwvnet.org).**



## OUT AND ABOUT AT CMU ENTREPRENEURSHIP DAY!



*From top left: CMU Montrose President Joey Montoya Boese speaks at the Entrepreneurship Day event April 3 at the Montrose Pavilion; top right and middle, keynote speaker Pete Coors; below left, Coors visits with local business owner Debbie Tenaglia and Ray Blanchard.*

*Images courtesy Cara Fandel for Howling Wolf Photography.*





# A San Francisco Get-A-Way To Japan

By way of Allegiant Air and BART

By—Rick Spalenka, ASLA, PLA, Licensed Landscape Architect



All right, Rick, what does this have to do with landscape design? I'll get to that later but right now I want to write about a great trip my wife, Anne, and I just took to that fascinating city among the hills and adjacent to the immense bayfront. Actually, we stayed in Oakland for convenience and economy. People of Montrose, you have no idea what a great value Allegiant Air and Montrose offered recently. For \$50 one way, twice weekly flights were available from Montrose to Oakland (and Phoenix). The last week of March was the end of this opportunity for this winter season. I wanted to visit the San Francisco [Japanese Tea Garden](#) and this was my ticket.

Here is how it worked and how it could work for you when this travel opportunity becomes available next

year. Allegiant Air and our local ski industry subsidized this connection to encourage skiers from the San Francisco and the Phoenix areas to come to our ski resorts. The flights have to return so us mountain folks can reverse the offer and enjoy our own winter get-a-way. It was Easter week-end and "Frisco" lodging were going for a premium. We decided to lodge in the Jack London Square District of Oakland and shuttle by way of the BART and ferry. Our motel was the **Inn at Jack London Square** (not to be confused with the Jack London Inn) on Broadway. It is served by a free shuttle to the Oakland Center City BART station and is two blocks from the bay area ferry. We used both the ferry and the BART to cheaply commute to downtown San Francisco. For \$7 you can ride the ferry to Fisherman's Wharf. It costs much more than that just to take "boat trips" to view the San Francisco skyline. What a deal.

The Jack London Square District is on Oakland's waterfront and has a plethora of great restaurants. We ate seafood at Scott's, a Japanese lunch at the Ginja, and Bar-B-Q at Everett and Jones (be prepared if you are not an Obama fan). We spent all day Thursday at Fisherman's Wharf. Again we visited many restaurants and sights. For however great Fisherman's Wharf was it was Friday that I was most interested in so I could visit the oldest Japanese Garden in the U.S. The weather forecast was also better.

If you have not commuted on the Bay Area public transit system this is an experience you will not soon forget. I wanted to visit the [Japanese Tea Garden](#) in the Golden Gate Park. After finding our starting location on our map and figured out our route to the park we took a deep breath and sally forth. The free shuttle to the nearest BART station was right out side our motel. We again deciphered the BART fares and how to transfer to appropriate mass transit systems to get to the [Japanese Tea Garden](#). We had to get off the BART at the San Francisco Civic Center station and board the N Line trolley to Ninth Avenue. Watch out. The map shows the number of stops to count but the trolley will stop anytime someone pulls the stop cord. Count the streets not the stops. We did get off at the correct street and had to walk about two blocks to the edge of the Golden Gate Park passing many local restaurants of all nationalities. This is a BIG park. Be prepared to



Bay area ferry boats.





walk some more. I knew the [Japanese Tea Garden](#) was across the Martin Luther King, Jr Blvd from the Botanical Garden which you encounter as soon as you approach the Golden Gate Park. All you have to do is follow the signs. Upon entering the park you transition from urban to garden. The Golden Gate Park is not unlike Central Park in NYC. It's a paradise in the big City. Not exactly stepping from skyscrapers to forests but more like going from store fronts and residences to a very large forested city park. You don't have to walk far before you see the Tea Garden Pagodas.

Is it a true Tea Garden? Not really but it does serve tea. Japanese Tea Gardens are often referred to as [Roji](#), a word that has many meanings, the most common being, *dewy path*. It's a style of Japanese garden originating in the 16th century to accommodate the ritualistic tea ceremony in a small enclosed symbolically naturalized setting. The "dewy path" refers to the entrance to the tea house past the "[Chozubachi](#)" or stone water basin. If the water basin has a kneeling rock

in front it will then be called a [tsukubai](#) meaning kneeling basin. This basin is for washing your hands and rinsing your mouth prior to partaking in the tea ceremony. The tsukubai is now quite frequently found in "Japanese-style" gardens as an attractive ornament.

The history of this tea garden may explain why it is not a true tea garden. Though the original designer of the garden is unclear the garden was part of the California Midwinter International Exposition of 1894. [Makoto Hagiwara](#), a Japanese immigrant and gardener, asked to retain the Japanese garden into a permanent park. He maintained and improved the park until the start of WWII when he and his family were interred into a Japanese relocation camp. This is a sorry story of American history. There are remnants of a Japanese relocation camp in Colorado just west of the town of Granada. I've visited it and it's very sad that American citizens were imprisoned under armed guard just because they were of Japanese decent.

After the war Hagiwara-san was released but his possessions were never returned to him. He continued on to maintain the Tea Garden until his death. The garden is more a tribute to him and to Japanese gardens in general. If I was to label this style of Japanese garden I would call it a "stroll garden" than a "tea garden." There are many paths, stone bridges, a steep arch bridge, ponds, streams, pagoda structures, a "kare-sansui" or dry Zen garden, and many, many lanterns of all styles. The tea ceremony is performed in the tea house without the pre-ceremony of the tsukubai and "Machiai" or waiting area.

The most impressive part of this garden is the meticulous attention to the detail of the pruning of the trees and shrubs called "Niwaki." Jake Hobson writes in his book, *Niwaki*, "Trees in Japanese gardens, the *niwaki*, are trained, shaped, clipped and pruned to fit into the landscape of the garden in a way that is peculiar to Japan." True Japanese gardens are not low maintenance. But they can be minimal and manageable. It is said that a perfect Japanese garden is the one where items are removed



*San Francisco's Japanese Tea Garden Tsukubai with Kakehi (water pipe)*





Cloud pruning and a typical "kasuga" pedestal style lantern



Yukimi or snow viewing lantern.  
The most common lantern found in Japanese gardens



Flowering cherries and azaleas in bloom at the San Francisco Japanese Tea Garden

until the garden is still perceived as a garden. Was this garden what I expected? Yes and no. I loved the garden display but I would have enjoyed the garden more to myself and not to have to share it with bus loads of tourists. Gardens are for solitude.

The weather on Friday was perfect and San Francisco's Spring was in it's floral glory. We would have visited the Botanical Garden across the street if we were a little younger and had more time. As it was we knew our sojourn back through the Metro maze would take some time and we were famished. Walking back to our 9th Street stop we passed two small local Japanese restaurants. I never tire of Japanese food. Enie-menie-mini-moe we chose the one with the Moon window. It had a sushi bar and full lunch menu. Now that we were satiated it was time to trolley. Getting back to our motel was easier with the knowledge we gained to the Metro system and felt like locals. We were even giving out advice like pros. We made it back to the Jack London District and time for one more restaurant. The worse part of the Allegiant air fare was the 7 AM flight we had to catch back to Montrose. Not leaving anything to chance we arranged for a cab ride to the Oakland International Airport. Our flight back to Montrose was quick and uneventful. Will we take another trip to San Francisco? Youbetcha!





Exceptionally high curved bridge. It had steps like a ladder.



The triad as the typical archetypal aesthetic principle representing: Heaven, Man and Earth in the vertical, horizontal and prostrate position of rocks

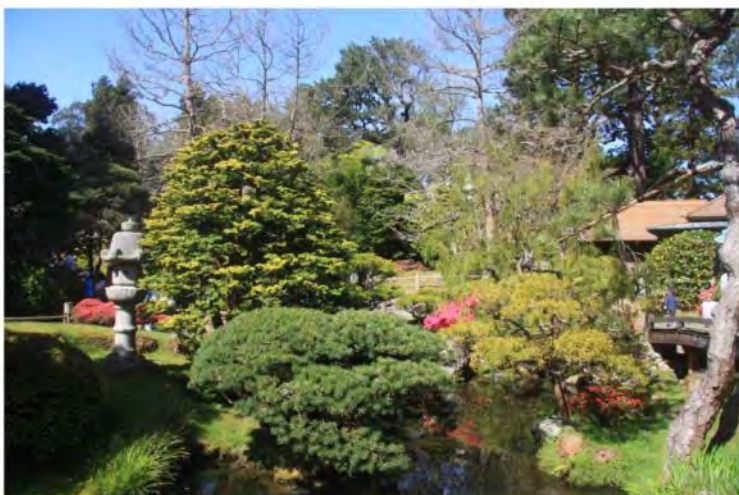
**Further reading on Japanese garden design:**

Gunter Nitschke, *Japanese Gardens*

Motomi Oguchi, *Create Your Own Japanese Garden*

Takashi Sawano, *Creating Your Own Japanese Garden*

Katsuhiko Mizuno, *Styles & Motifs—Japanese Gardens*





Rick Spalenka, RLA  
Landscape Architect

**Designer of Liveable Landscapes**

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rgsdesigns@aol.com | www.rgsdesigns.com



# ARTS AND CULTURE

## REGION 10 WELCOMES SCHOOL DISTRICT ART SHOW APRIL 22-MAY 3



*Some of the work displayed in the 2011 school district art show at Region 10. Mirror file photo.*

### *Special to the Mirror*

MONTROSE—It's time for trees and flowers and April showers...and here in Montrose, another sure sign that spring has arrived is the Fifth Annual Montrose

County School District Re-1J Art Show, to be unveiled at the Region 10 Enterprise Center at 300 North Cascade April 22-May 3.

"Art is the soul of our culture," MHS Art Teacher and organizer Ann Marie Fleming said. "We continue to take the pulse of our spirit and nurture the inner lives of our young people by celebrating the arts, and our district should be honored for its continued commitment to art and music even as we move forward and emphasize improvement on student test scores."

The show will be open each day from 8 a.m. to 5 p.m., and this year's entrants will have the chance to compete for prizes for the first time.

"There will be first, second and third place ribbons in two categories, two-dimensional and three dimensional

works," Fleming said. "We will also award a prize for People's Choice winner this year."

To learn more about the 2013 Re-1J Student Art Show, contact Fleming at [afleming@mcsd.k12.co.us](mailto:afleming@mcsd.k12.co.us).

*A non-profit organization, the Region 10 League for Economic Assistance and Planning was formed in 1972 and serves six-counties (Montrose, Delta, Gunnison, Ouray, Hinsdale and San Miguel), operates an Enterprise center (300 North Cascade) administers the Enterprise Zone Business and Contribution tax credit programs, oversees the Area Agency on Aging (AAA) and Community Living Services, coordinates Regional Transportation planning, and offers a loan program for small business. To learn more call 970-249-2436 or visit the web site at [www.region10.net](http://www.region10.net).*

## LOCAL ARTIST PLANS SHOW TO BENEFIT ALZHEIMER'S ASSOCIATION



### *Special to the Mirror*

MONTROSE—Local artist Toni Woodrum will hold an art show to benefit the Alzheimer's Association during the month of May at The Coffee Trader, located at 845 E. Main Street in Montrose. Woodrum will have oil paintings on display that will be available for a \$90 donation, with all monies going to support the Alzheimer's Association. An opening reception will be held on Friday, May 3rd from 5:30 p.m. to 8 p.m. For more information call Toni at [970-596-4471](tel:970-596-4471).

THANKS FOR READING THE  
MONTROSE MIRROR...CHECK  
OUT OUR NEW CLASSIFIED  
SECTION ON THE  
INSIDE BACK PAGE!



## REGIONAL NEWS BRIEFS

### THIS WEEK AT THE WARRIOR CENTER...WELCOME HOME MONTROSE!



This week Welcome Home Montrose is awed to look back on a year of excitement, exploration, new ideas and phenomenal growth. In April of 2012, a focus group of 200 citizens gathered at the Montrose Pavilion, which had been donated for our use by the City of Montrose.

"We came together to study aspects of our community, to see if we were ready to embark on the Welcome Home Montrose initiative," Welcome Home Montrose Founder Melanie Kline said. "A lot has happened since then."

Milestones reached over the past year include growing the initial list of supporters from 200 to 600; opening the Warrior Resource Center at Main Street and Park Avenue--through which Welcome Home Montrose has registered and provided services to nearly 300 veterans; creating partnerships with and receiving pledges of support from six different local entities; and compiling a regular volunteer database of roughly 140 people (not counting those volunteering specifically for No Barriers Week June 11-17).

"We needed a place where veterans could support each other," Kline said of the Warrior Resource Center, which opened in September of 2012. "We also had the goal of looking at local services, identifying gaps and filling them in. Christ's Kitchen has helped us to fight hunger among veterans, and we are working very hard to get housing vouchers here in Montrose so that we can help fight homelessness among veterans as well."

When Montrose recently submitted its application for the **All American Cities award**, the city was named a finalist thanks to the inclusion of Welcome Home Montrose in its three-pronged submission, which focused on the saving of the local lumber mill, the progress made by the Downtown Development Authority and Main Street programs, and Welcome Home Montrose. The All American Cities



*In this Mirror file photo by Dave Bernier, Welcome Home Montrose Founder Melanie Kline presents information at the first Welcome Home Montrose event at the Montrose Pavilion in 2012.*

Award is spotlighting communities that are helping veterans this year. In June, a delegation of at least 30 people representing Montrose will attend the competition in Denver, with the winner and the top ten cities to be announced at the weekend's end.

#### OTHER NEWS AND UPCOMING EVENTS

Warrior Center Executive Director Emily Smith reminds local veterans that **the veterans' benefits representative will see veterans on the Western Slope April 15-19**. The rep will be in Olathe on April 17, from 9 a.m. to 4 p.m. at the American Legion Hall at 315 South Fifth Street, and in Montrose on April 18 at the VA Outpatient Clinic at 4 Hillcrest Plaza Way from 8:30 a.m. to 4 p.m. Appointments are necessary at the Clinic, and can be made by calling 970-249-7791.

**Gifted singer, songwriter and musician David Berkeley** will perform in Montrose on behalf of Welcome Home Montrose on May 9 at Turn of the Century Saloon, 121 NW Fourth Street. David will sing "I'm Coming Home," a song written especially for the occasion. Don't miss the chance to catch

David on his "Some Kind of Cure" tour! Opening at the show in May will be some excellent local musicians, including Paul Chamberlain, Stephen Felberg, and the Foster Hill trio.

*The Welcome Home Alliance for Veterans, locally known as Welcome Home Montrose, is a grassroots community initiative inspired by the determination and courage of Corporal Todd Love, his father Gary Love, and USMC Sergeant (Retired) Jared Bolhuis. Our goal is to make Montrose Colorado a "no barriers" city and invite America's wounded troops to live in this community where they can have the opportunity to thrive. Programs established to date include the Warrior Resource Center at Park Avenue and Main Street, the Dream Job Program, and Business Window Sticker Program. Please contact us to learn how you can contribute! Our corporate office is located in Timberline Bank (1561 Oxbow Dr.), and can be reached at 970-765-2210.*

**Welcome Home Montrose is a 501(c)(3) non-profit organization and runs entirely on donations of all kinds at the Resource Center and on the website, [www.WelcomeHomeMontrose.org](http://www.WelcomeHomeMontrose.org).**

*Thanks for reading...call 970-275-5791 for Mirror ad rates and information!*

# ARTS AND CULTURE

## PAINT MATTERS...WITH ABBY ARTS!



*Color forecasts indicate a focus on bright sunny colors as well as continuing with neutral and pastel shades. Sites like Pantone are fun to check in with, the colors they determine to be the strong shades for a season are likely to pop up on everything from paint to Pie pans. Use these as jumping off points for your own color creativity.*

*By Abby Altshuler*

NORWOOD—Winter is a long haul with minimal color, and then Spring starts to emerge and things get colorful again. Makes you just want to, well, paint! In Winter I lay low, working in the Studio on portable projects for the Summer Shows. This past Winter I'm emerging with a lovely series of Wall Tiles and Table Trivets.

Several are featured here and I offer "Decorative Plaster" in my DIY workshop series here at the studio, contact me for more info. All the pieces are done on 12" squares of masonite panel, overlaid with

decorative plasters, pastels and stains. The horse is a bas relief using a lightweight, air-drying plaster, on top of a plaster textured background. Gelstains are used to achieve a leather-like effect, then areas are sanded and painted with oil pastels to achieve the final look.

These decorative items work well hung individually or in related groups, and can be removed from their frames and used as table trivets on cork backing. Go to my website at [abbyartspainting.com](http://abbyartspainting.com) for more information, or see the tile collection at [artsyhome.com](http://artsyhome.com), search Abby Altshuler  
HAPPY SPRING!



## DONATIONS ACCEPTED FOR METHODIST CHURCH YARD SALE

*Special to the Mirror*

MONTROSE--The Montrose United Methodist Church youth group will hold a yard sale Saturday, May 11, and seeks donations of good, gently used items. Donations will be accepted from 3 to 5 pm Wednesdays. Arrangements for drop-off of donations at other times can be made by either calling the church office at 249-3716 or visiting the office at 19 S. Park Ave. Church office hours are 9 am to 5 pm Mondays through Thursdays and 9 am to 1 pm Fridays. Among items that will not be accepted are cleaning products, chemicals, tires, mattresses, skis, Christmas decorations and "anything you would not sell yourself," according to Becky Clark, youth ministries director.

## CENTENNIAL 5K SET FOR APRIL 20

*Special to the Mirror*

MONTROSE—Centennial Middle School's 7<sup>th</sup> annual 5K Run/Walk. The race will take place at 9 a.m. on Saturday, April 20, 2013. Race day sign up/

registration is from 7:15 a.m. to 8:30 a.m. Race day registration fees are \$10 race only and \$25 for race and shirt. Register at Centennial Middle School or online before April 19<sup>th</sup> and **SAVE!** Race only (no shirt)

\$10 and \$20 with t-shirt. Online registration at: <http://www.runnercard.com/e/runner.Main?meet=4615>

. For more information, contact Al Griffin at 970-249-2576 or [agrif@centennialmiddle.org](mailto:agrif@centennialmiddle.org)



# Good Morning, Montrose!

*April is National Child Abuse Prevention Month*

*~Aimee Gonzales, 7th Judicial District*

*~Sue Montgomery, Executive Director of the  
Dolphin House*

*~Mark Kurtz, DMEA on the  
SmartHub Project*

**Thursday, April 18th**

**7:30 AM**

**Montrose Chamber of Commerce Conference Room**

**1519 E Main Street - Montrose**

**RSVP to 249-5000 or [information@montroseACT.com](mailto:information@montroseACT.com)**

**\$5.00 - Breakfast Included**



The Montrose Community Foundation's Non-Profit Before Hours combines forces with Montrose Chamber of Commerce's Good Morning, Montrose to provide an even bigger networking opportunity. This cross-sector format provides non-profit, business and government entities the chance to network, share information and get better acquainted.



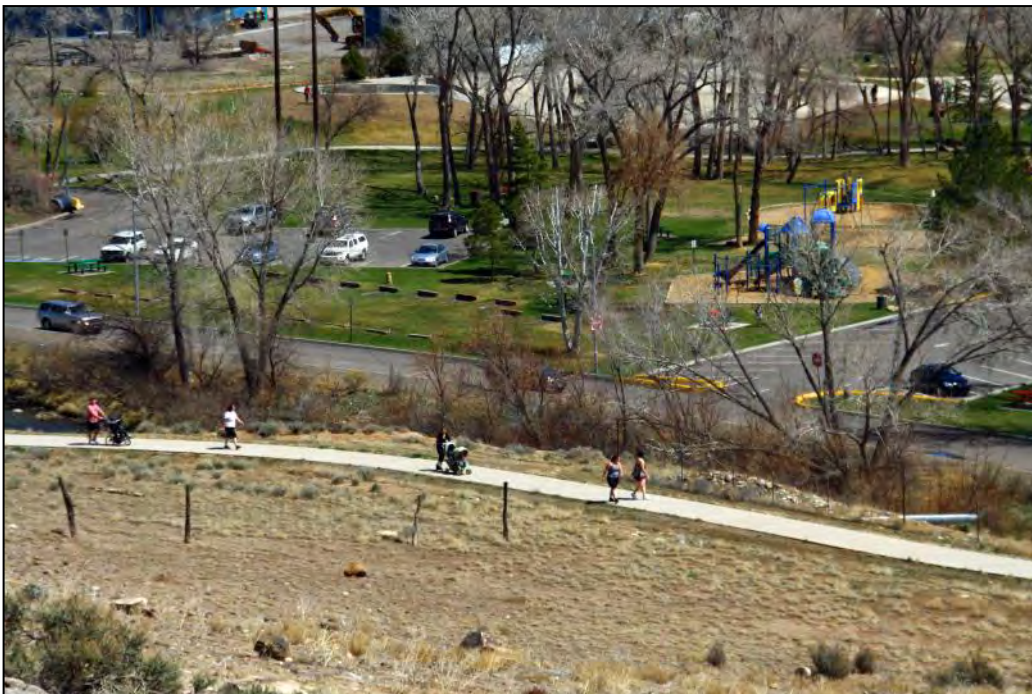
## SPRINGSCAPES BY SARAH BERNDT



Thanks to Sarah Berndt,  
owner of  
The Riddled Raven, located in  
Sampler Square in Montrose!  
24 South Grand Avenue



*Above left, a tulip blooms. Above right, blossoms in the snow.*



*Above, the Rustic Arts tree house at the Boardwalk Shops, in black and white...at left, walkers enjoy a touch of spring at Baldridge Park in Montrose.*





## LEGISLATIVE UPDATE WITH SENATOR ELLEN ROBERTS

When people have asked me to describe this legislative session, often I find myself referring to the expression that it's been like "the pig in the python." There's so much being jammed through in a frantic hurry that it's caused a huge bulge like the pig swallowed by the python, eventually being digested down the python's body, but not pretty to watch in the meantime.

My legislative record demonstrates that I like to work on policy challenges more than political maneuvering. I can work with all, across the aisle and in my own party. So, my unease and, at times, my dismay with this session is that, on the big, divisive issues, these opportunities are too few and far between.

For example, the latest in the long series of controversial proposals includes another sizeable change in Colorado's renewable electricity standard. The title of SB 252 is not straightforward, but reads as "concerning measures to increase Colorado's renewable energy standard so as to encourage the deployment of methane capture technologies." However, the most significant change that the bill brings, if passed, isn't related to methane capture technologies, but is to force rural electric associations to increase by 150% by 2020

the share of retail electricity from "approved" renewable energy sources, excluding hydropower.

Bear in mind that rural electric co-ops are member owned cooperatives, governed by member elected boards. They aren't investor owned utilities nor do they have the economies of scale available in the urban areas of the state. Remember, too, that in a state with a long and cherished history of local control, this bill imposes an expanded state mandate on local governments, school districts and co-op members, whether they can afford the increased costs or not.

To be clear, over the years, I've supported a number of legislative efforts seeking a broader range in energy options, including, but not limited to, renewable energy. At home, we have solar panels and, for nearly a decade, we've paid an additional charge on our utility bill to support more electricity from renewable energy. But, we make these choices as consumers, not because of mandates.

I've heard from constituents on both sides of this bill, but most compelling to me are those who point out what the forced increased costs will mean to them personally. A number of farmers and ranchers

point out that they use or have considered using solar energy, but that sometimes the costs and technology available render that energy source unaffordable. I also can't ignore that unemployment in many counties in my senate district is as high as 10.8%, well above the statewide average of 7.6%.

Editorial boards from across the state have expressed opposition to the bill with the Pueblo Chieftain referring to this legislation as the "rural dagger" that is a "direct assault on rural Colorado." My hometown paper has been silent so far, but even the Denver Post has opined that "the financial uncertainty and the potential economic impact on rural residents and businesses" should cause the bill supporters to rethink this proposal.

This bill was introduced late in the session, without key stakeholder input from the rural cooperatives and will be a drag on economic recovery at the worst possible time for rural Coloradans, especially those on low or fixed incomes. I can't support it.

*Ellen S. Roberts, State Senator*  
State Capitol, 200 E. Colfax Ave., Denver  
CO 80203  
Office phone: [\(303\)866-4884](tel:3038664884)

**CALL 970-275-5791**

**FOR MIRROR AD RATES AND INFORMATION!**



**Go MHS!**

Looking for a Varsity Sporting Event?

***NOWMontrose.com** lists varsity sporting events for Montrose High School, as well as, Delta County high schools. Check out this valuable resource on NOWMontrose.com, your source for activities, events, business listings, and all things Montrose.*

**NOW/Montrose.com**

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*We'll help you...*



*the rising  
cost of energy!*

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BUSINESS ENERGY ASSESSMENT TEAM

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~~\$3,000<sup>00</sup>~~

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**An Energy Audit** creates a portrait of the energy demands that matter to your operations--as well as those you can do without--and it can lead to skinny electricity bills and fat tax breaks.

- Elsa Wenzel, PC World





## REGIONAL NEWS BRIEFS

### MONTROSE WINE AND FOOD FESTIVAL ANNOUNCES 2013 SCHEDULE OF EVENTS

#### *Special to the Mirror*

MONTROSE--The 10th annual Montrose Wine and Food Festival will be held May 10th and 11 at the Montrose Pavilion. Friday night is Disco Night at 10 pm. Saturday's Grand Tasting on the Lawn is from 2 to 5 pm and will feature music by Zoloph and the Destroyers. Tickets for Disco Night are \$10.00 Grand Tasting \$50.00 Sponsorships are still available for Friday

night's Private Reserve Wine Dinner. Start your Saturday even earlier with an 11 am Beer Seminar – (Does your glass make a difference?) – featuring local and craft beers. Limited Seating \$30. Proceeds from all the events above benefit Black Canyon Boys & Girls Club and Voices for Children (CASA). For more information visit [www.montrosewineandfood.com](http://www.montrosewineandfood.com) or call Lynette Bean at 970-901-9993. Also occur-

ring at the Pavilion on Saturday the start and finish of the 10th Annual Mission to Ride – Presented by the Montrose Fighters Association. ([www.Missiontoride.com](http://www.Missiontoride.com)). Botanical Gardens Spring plant sale. See website for details: [www.montrosegardens.org](http://www.montrosegardens.org). Don't forget a night on the town for Dine Out For Kids on Thursday, April 25<sup>th</sup> at selected Montrose restaurants.

### PARTNERS TO BROADCAST 24TH ANNUAL AUCTION

#### *Special to the Mirror*

MONTROSE--The 24<sup>TH</sup> Annual Partners Auction will be broadcast from 7 a.m. to 7 p.m. on Tuesday, April 16, 2013, on Real Country KUBC, Colorado Country 94 KIX and Sunny 103 Light Rock. All three stations will broadcast the auction simultaneously.

Partners has served youth in our tri-county area for more than 25 years. We have matched hundreds of youth in structured and supported mentoring matches

with adult volunteers. The Auction is our most important fund raising event of the year and it enables us to continue our work with children who are faced with the most difficult circumstances. You can support Partners and the children we serve by bidding on auction items, donating auction items, sponsoring an Auction board, and volunteering to help during the Auction on April 16.

Auction items up for bid will be posted on the Partners website at [www.partners-](http://www.partners-west.org)

[west.org](http://www.partners-west.org) and on [www.coloradoradio.com](http://www.coloradoradio.com) beginning April 1, 2013. Bids will be accepted on line until noon on Monday, April 15th. Bidders will be able to pay for their items online by credit card by going to the Auction page on the Partners website and hitting the Donor button.

For additional information on this event, please contact: Partners 315 South 7<sup>th</sup> Street, Montrose, CO 81401, [www.partners-west.org](http://www.partners-west.org), Juli Messenger 970-249-1116, or follow us on Facebook.

# NOW/Montrose.com

## Live, Explore & Enjoy!

**NOWMontrose.com is the web portal for all things in and around Montrose, Colorado!**

**Our mission is to provide current information for a diverse community and resources via the Internet that will allow Locals and Visitors to easily “Live, Explore, and Enjoy!” all that is Montrose, Colorado and its surrounding areas in an innovative and powerful way.**

**NOWMontrose.com provides comprehensive listings for businesses, shopping, and restaurants.**

**Contact us: [info@nowmontrose.com](mailto:info@nowmontrose.com) or at 888. 882. 2427**

## Hold the Date! Upcoming Business and Cultural Events

### ONGOING-

**First Friday Strolls Montrose Downtown**—Monthly from 5:30 p.m.-8p.m. Artist Demonstrations, Free Wine Tastings, and in store promotional events!

**ReneWest Interactive Art Crawls**—West Main District, third Thursdays of every month.

**Montrose Indoor Farm Market**—1st and 3rd Saturdays of every month, Centennial Plaza.

**April 17**—Forum at Heidi's Brooklyn Deli (1521 Oxbow Dr.), 8 to 9 a.m. Coffee is \$1. CMH's Robin Berndt to present on suicide prevention.

**April 15-19**—The Town of Olathe Spring Clean-Up will begin April 15th and continue through April 19th. Clean-Up Week gives customers of the Town's trash service the opportunity to tidy up both the inside and outside of their property. Public works crews will pick up items large and small that are left near, but not blocking, their regular trash collection location. Please contact Olathe Town Hall at 970-323-5601 to get a complete list of what will and will not be picked up or for further information.

**April 17**—End-of-life decisions can be difficult. The public is invited to learn how to prepare and make decisions a little easier during *Let's Talk: Continuing the Conversation symposium*, on from 9 a.m. to 11:30 a.m. and again from 5:30 - 8 p.m. at St. Mary's Hospital & Regional Medical Center in the Saccomanno Education Center located at 2635 North 7th Street, 5th floor. Questions? Please contact Melissa Bashara at 970-263-5546.

**April 18**—Kindergarten registration for the 2013-2014 school year will be held in your neighborhood elementary school on Thursday, April 18, from 8 to 11:30 am and Noon to 4 pm. Your child can attend kindergarten next year if s/he will be five years old by September 15, 2013.

**April 18**—The Ouray County Historical Museum, at 420 Sixth Ave., Ouray, opens to the public. Hours are Thurs.-Sat., 10 a.m.-4:30 p.m. Regular hours resume on May 16: Mon.-Sat. and from noon-4:30 on Sundays. Special Exhibit is "Otto Mears: Pathfinder of the San Juans."

**April 20**—Centennial Middle School's 7<sup>th</sup> annual 5K Run/Walk will take place at Centennial Middle School at 9 a.m. Race day sign up/registration is from 7:15 a.m. to 8:30 a.m. Race day registration fees are \$10 race only and \$25 for race and shirt. Register at Centennial Middle School or online before April 19<sup>th</sup> and **SAVE!** Race only (no shirt) \$10 and \$20 with t-shirt. Online registration at: [www.runnercard.com/e/runner.Main?meet=3800](http://www.runnercard.com/e/runner.Main?meet=3800) Shirts are limited to the first 250 participants. Come join us for some fun! For more information, contact Al Griffin at 970-249-2576 or [agriffin@mcsc.k12.co.us](mailto:agriffin@mcsc.k12.co.us).

**April 22-27**—Earth week in Montrose! To learn more visit [www.cityofmontrose/earthweek](http://www.cityofmontrose/earthweek).

**April 22**—At noon, the Spiritual Awareness Center is sponsoring a Prayer Gathering at the Peace Pole in Ute Indian Park to offer prayers for the healing of Mother Earth and for peace among all the nations. Everyone is welcome. The Open Heart Drum Circle will be drumming and we will also do the Cherokee Dance of Life. For more information, call 970-252-0908.

**April 24**—The Coalition for a Drug Free Montrose County presents "SAFE KIDS AMERICA - "TRENDING DRUGS AND THE TEEN BRAIN," with Guest speaker: Deputy Chad Williams, Mesa County Sheriff's Department, from 7 to 8:30 PM in the D.M.E.A. COMMUNITY ROOM, 11925 6300 Rd, Montrose. Free to the public, space is limited to 100 attendees. Please RSVP at [www.safekidsamerica.org](http://www.safekidsamerica.org).

**April 25**—Second Annual Dine Out for Kids. Participating businesses to donate a percentage of proceeds to CASA of the Seventh Judicial District and Black Canyon Boys & Girls Club.

**April 25**—All Points Transit—Free day on the city bus in honor of Earth week!

**April 26** - Cobble Creek's 3<sup>rd</sup> Annual "Compassion Bash" Fundraiser to benefit The Helping Hand Fund, a component fund of the Montrose Community Foundation. 6 pm at the Cobble Creek Clubhouse. Fashion Show for guys and gals, complimentary hors d'oeuvres, cash bar, dancing, raffles and grand prizes! Tickets are \$20 and are available at She-She Boutique and the Cobble Creek Pro-Shop. Contact 964-4947 or [info@cobblecreek.com](mailto:info@cobblecreek.com) for more information.

**April 26**—Montrose-Delta League of Women Voters presents "What Will Your Health Care Look Like Under the Affordable Health Care Act?" with presenter and Health Care Policy Analyst Bob Semro of Bell Policy Center, 12:30 to 2 p.m., Conference Rooms A and B, Montrose Memorial Hospital.

**April 30**—The Red Barn Restaurant is hosting a fundraiser evening for the Coalition for a Drug Free Montrose County. Dine after 5 pm to help the Coalition continue its important work!

**May 1-31**—An art show to benefit the Alzheimer's Association will be held during the month of May at The Coffee Trader located at 845 E. Main Street in Montrose. Local artist Toni Woodrum will have oil paintings on display that will be available for a donation with all monies going to support the Alzheimer's Association. An opening reception will be held on Friday, May 3rd from 5:30 p.m. to 8 p.m. For more information call Toni at [970-596-4471](tel:970-596-4471).

**May 3**—Opening reception for Toni Woodrum art show for Alzheimer's Association at Coffee Trader. 5:30 to 8 p.m.

**May 3**—Montrose Arts Council presents singer/guitarist/songwriter David Baker, 7:30 p.m. at Cobble Creek Clubhouse. Tickets are \$10.

**May 3**—Western Colorado Botanical Gardens and Western Colorado Center for the Arts of Grand Junction present children's class-Birds and Their Habitat. [Info@wcbotanic.org](mailto:Info@wcbotanic.org).

**May 4**—Mother's Day Tea, 2 to 4pm at the Cobble Creek Clubhouse. The tea will feature a full assortment of fancy tea sandwiches, scones, lemon curd, Devonshire cream and fabulous desserts. This year's tea is a fund raiser for Hospice's amazing Child & Teen Grief Program. Bring your daughters, granddaughters, friends and your own special teacups to share the fun. Tickets are \$15 per person and are available at the Cobble Creek Pro Shop. Seating is limited so buy your tickets early.

**May 6**—A free Medicare computer training program is scheduled, from 10 a.m. to noon, at Colorado Mesa University's Montrose campus, 234 S. Cascade Ave. This training is sponsored by Montrose County, the Colorado Health Foundation, the State Health Insurance Assistance Program (SHIP), and AeroCare. The program will help participants navigate the extensive Medicare website. It is open to the public, but space is limited, and is expected to fill up quickly. To register or for more information, call RSVP Colorado West at 970-249-9639.

**May 9**—David Berkeley concert on behalf of Welcome Home and the Warrior Resource Center, at Turn of the Century (121 NW Fourth St.).

**May 10-11**—Tenth Annual Montrose Wine & Food Festival.

**May 11**—Montrose United Methodist Church youth group yard sale.



# MIRROR CLASSIFIED ADS

## EMPLOYMENT

### NON-PROFIT CORRECTIONS STAFF

*All positions located at 1200 N. Grant St. Montrose, CO*  
**Security Specialist**  
 HSD /GED  
 \$12/hr/start  
 Comprehensive benefits  
 Email resume to: [kheath@int-iccs.org](mailto:kheath@int-iccs.org)

**Case Manager**  
 BA or BS required  
 \$30k/year/start  
 Comprehensive benefits  
 Email resume to: [dgrinde@int-iccs.org](mailto:dgrinde@int-iccs.org)

**Program Director**  
 BA or BS required  
 Minimum of 5 years experience  
 Salary Negotiable  
 Comprehensive Benefits  
 Email resume to: [bhulse@int-iccs.org](mailto:bhulse@int-iccs.org)

## FOR SALE

### MUSICAL INSTRUMENTS

**Trumpet for sale**—perfect for band student. \$500. Call 970-275-5791.

**Various baby/toddler items.** Crib, bike trailer, stroller. Make offer! Sold together or separately. Call 970-249-8250.

**AD SPACE AVAILABLE—  
 NOWMONTROSE-THE  
 GUIDE! ONLINE SUMMER  
 ADVENTURE HANDBOOK...  
 CALL 275-2658 FOR  
 RATES AND INFORMATION!**

## RENTALS

### YOUR AD HERE!

Do you have a rental property, employment announcement or something to sell? Reach our 6,000+ readers with a Mirror classified—just \$25 per ad!

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Contact the Montrose Mirror:

Post Office Box 3244

Montrose, CO 81402

970-275-5791

Email Us: [Editor@montrosemirror.com](mailto:Editor@montrosemirror.com)

[www.montrosemirror.com](http://www.montrosemirror.com)

*At right, a horse takes a drink between Delta and Grand Junction. Below, Comet Panstarrs is shown in early March as seen near Gunnison. Barely visible with the naked eye, a long exposure reveals the visitor from outer space. Photos by Dave Bernier.*

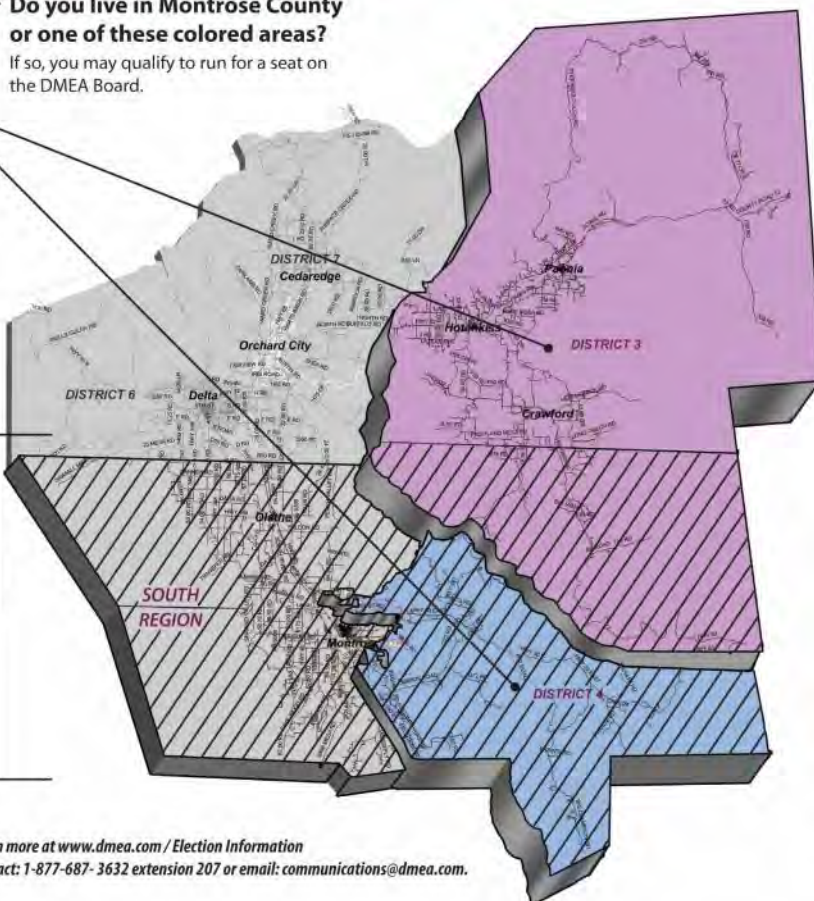


## ...ever thought about serving on the DMEA Board of Directors?



Do you live in Montrose County or one of these colored areas?

If so, you may qualify to run for a seat on the DMEA Board.



### Delta-Montrose Electric Association

is an electric co-op. It belongs to you and your fellow member-owners, but its success depends on just and prudent guidance from its Board of Directors.

Each year there is an election to determine the representative from three of the nine board districts. In 2013, seats are up for election are: **District 3, District 4,** and the **South Region** including all service territory South of the Delta-Montrose county line.

- DMEA employees and their families and a few other exceptions are ineligible to become candidates.
- There are no filing fees.
- Candidates must have resided in their districts for a minimum of 45 days.

### 2013 Board Candidate Key Dates:

- **Monday, April 1, 2013** Candidate petition packets available at DMEA (11925 6300 Rd, Montrose).
- **Tuesday, April 30, 2013** Petition deadline (15 member signatures) & candidate profile information deadline.
- **Monday, May 20, 2013** Ballots, candidates' backgrounds, and other materials mailed to DMEA members.
- **Thursday, June 13, 2013** Deadline voted ballots to be received by mail.
- **Friday, June 14, 2013** DMEA annual meeting. An announcement of the election results comes at the end of the annual meeting.

Learn more at [www.dmea.com/ElectionInformation](http://www.dmea.com/ElectionInformation)

Contact: 1-877-687-3632 extension 207 or email: [communications@dmea.com](mailto:communications@dmea.com).

