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Your Source for Local Business News and Information MONTROSEMIR ROR

Issue No. 63 July 2 **2013**

The Read, White and Blue Issue!

WEST SLOPE A LONG-TERM INVESTMENT FOR JABS



The old American Furniture Company in Denver was failing when Jake Jabs bought it in 1975. Today, Jabs' American Furniture Warehouse is one of Colorado's most successful companies. Courtesy photo AFW.

By Caitlin Switzer

COLORADO—He grew up on a farm, but has never really used the vocational ag degree that he earned from Montana State University. Instead, Jake Jabs headed for Colorado.

"There was more opportunity here," said Jabs, the fourth of nine children born to Immigrant parents. "There are only 700,000 people in the State of Montana after all."

A musician, Jabs had worked his way through college playing guitar, and toured with big name acts like Marty Robbins and Ernest Tubbs. After serving in the military as a young man, he briefly considered making music his life's work.

"If you're a good singer, you can really make it," Jabs said. "But I was not such a good singer! So I went back and taught guitar, and started a music store."

Jabs later started a string of shops in the Denver metro area, specializing in Mediterranean furniture,

Continued on page 2

Never Forget Vietnam: The Wall That Heals

By Caitlin Switzer

MONTROSE—While young people back in the U.S. celebrated the 1960's with Woodstock and the Summer of Love, others spent that decade in very different circumstances.

"I was in Vietnam in 1968," recalled John Davis of Montrose, one of the organizers working to bring the Wall that Heals to Montrose for the 2013 Fourth of July festivities. "I was in the Army, as a combat engineer in a land clearing company."

Squad Leader Davis and his team were charged with clearing jungle by tractor so American troops could stay ahead of the Viet Cong.

"We were shot at, blowed up, bit and chewed on, and everything else," Davis said.

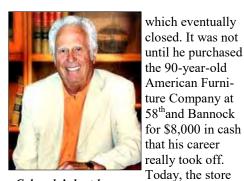
After coming home, he attended college on the G.I. Bill, and retired in 2004 after 35 years in the Bureau of Land Management. He later spent several years with the U.S. Forest Service, and has put his ordnance clearing background to good use locally by



When the Wall That Heals arrives in Montrose on July 3, one of the local veterans who will be providing the 24-hour security needed for its visit is Dewayne "Menudo" Beltran, Vietnam veteran and owner of the wonderful Montrose eatery Menudo's (110 North Townsend Ave., here with his son. Continued on page 5

in this	History of the	Roller Derby	City Spends \$30K, No	Arts at Altitude-	Montrose County
issue	Valley, by Liesl	photos by Barton	Public Bid Process	filmmaker Allen Hill	News and Info!

WEST SLOPE A LONGTERM INVESTMENT FOR JABS continued



Colorado's best-known businessman, Jake Jabs. Courtesy photo.

has become one of the largest furniture retailers in the U.S., American Furniture Warehouse, with 12 locations in Colorado and one set to open this fall in Arizona. In 2012, AFW achieved \$352 million in sales. Jabs himself was inducted in the <u>Colorado Business</u> <u>Hall of Fame</u> in 2012, and recently became the largest single donor to the University of Colorado At Denver Business School with a \$10 million gift.

that was failing

when he took it on

He has given \$25 million toward the development of a business school at his own Alma Mater, Montana State University. However, though he is arguably one of the most famous of Colorado residents, Jabs remains humble. He lives simply, and shares business advice with schools and other institutions.

He has published an autobiography, "An American Tiger," (Jake Jabs, 2000) and a new book entitled, "Thriving in Tough Times—Lessons From A Veteran of Seven Recessions," (Jake Jabs, 2011). He also

shares a list of pragmatic maxims for entrepreneurs, "The 39 Keys to Business Success."

His in-house commercials have become legendary across the state for featuring Jabs himself, as well as a borrowed stable of exotic animals—an idea that Jabs did not exactly warm to at first.

"There was an outfit that sold Lincoln-Mercury that featured Cougars in their ads, and I knew a guy in Evergreen who had exotic animals he kept telling I should use," Jabs recalled. "I didn't get it. I didn't see putting animals on my furniture."

However, the day came when Jabs and his wife Ann got their three daughters a puppy, and the girls wanted to see the pup on TV. That, combined with a secretary who had always wanted to pet a baby tiger, were enough to change his mind. Today, the sight of tigers and other exotic creatures prowling couches on those AFW commercials is familiar to just about everyone in Colorado with a television set.

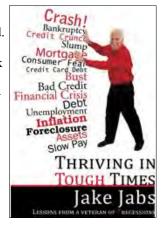
"Everybody watches TV," laughed Jabs. When Jabs opened his store in Grand Junction several years ago, he realized that serving the Western Slope made solid business sense.

"I like Grand Junction and the Western Slope," he said. "There is so much to offer there—the recreational opportunities, and the fruit! It really doesn't get any better than that fruit. The climate is real nice, and people like to retire over there.

"I try to make good business decisions, and I am making a long-term investment in

the Western Slope," he said. "We were sending a truck to Grand Junction from Denver every day anyway, and we were doing a lot of business in Montrose."

At 82, Jabs said he has no plans to retire. He and his wife have success-



Jabs has written two books. Courtesy Image.

fully raised their three daughters—it was tough at times to grow up as the children of a Colorado celebrity, but all have turned out just fine—and still make time for annual Jabs sibling reunions. Jabs still plays music, and golf in his spare time.

"I still work 60 hours a week, because I like what I do," he said.

"When I teach what I call the 39 keys to business success, I tell people, 'love your job.' Find a demand, and fill it—just like Mark Zuckerberg did with Facebook. Be honest, keep your credit good, and have a passion for what you do.

"Small business people don't work 40 hours a week," Jabs said. "It's so important to love what you do—and stay healthy. It's easier to stay healthy over there on the Western Slope!

"And it's ok to be a workaholic."





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OUT AND ABOUT IN MONTROSE AND BEYOND...





At left, Rob Brethouwer and Heather Zeilman took part in the statewide Bike to Work Day June 26. Above, crews from Northern Rockies Type II Incident Management Team have been fighting Colorado's East Fork Fire. In addition to road closures, temporary flight restrictions were put in place. Photos by Brad Switzer.



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OUT AND ABOUT...AT MAIN IN MOTION!



Clockwise from above—Artist Krystina Maixner paints subject Megan Preece at the ReneWest Interactive Art Crawl June 20; local artist Dan Deuter, who has been a painter for 43 years, at work at Main in Motion on June 20; Rick Warner of Cedar Creek RV with passenger Bryce Bernett, age 3.

Images courtesy Cara Fandel for Howling Wolf Photography







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Never Forget Vietnam: The Wall That Heals Continued from page 1

by helping to clean the former Delta ArtilleryRange.

There are three reasons he is proud to help bring The Wall that Heals to Cerise Park from July 3-8, Davis said. The Wall That Heals is an official half-scale replica of the Vietnam Veterans' Memorial in Washington, D.C., and features a traveling museum and information center.

"First of all, I do it for the guys I left in Vietnam when I left," Davis said. "I also do it because of the guys who can't do it. And I do it for the veterans who would like to able to do it, but can't."

Davis, who also helped bring the privately-owned Moving Wall to Montrose in 2009, said that volunteers are still needed to provide the round-the-clock security needed during the Wall That Heals visit. Security volunteers can contact Welcome Home Montrose and the Warrior Resource Center at 970-765-2210.

The official opening ceremony will take place at 11:30 A.M. July 4, followed by a community picnic with free hot dogs and sodas for the first 1,500 attendees. The closing ceremony will be July 7 at 9 P.M., with a candlelight vigil to follow. Visiting hours will begin at Noon on July 3 and will run through 8 A.M. Monday, July 8. New for this visit will be a Bravo Bunker, a shaded area with straw bales for Veterans to gather and talk out of the sun, Davis said.

Another local Veteran helping to bring the Wall That Heals to Montrose is Randy Havens, president of Timberline Bank.

"I spent a year overseas," Havens said. "I have friends on the Wall. This is near and dear to my heart, bringing this amazing memorial with 55,000 names to Montrose."

Vietnam Veterans did not face a warm welcome when they did come home, he noted.

"This is a salute to Veterans of all Wars, but primarily for those who lost their lives in Vietnam," Havens said. "It was a different time, and one we need to remember."

Sponsors are still needed to help line

Shane's Way with huge flags, he said. Flag sponsorships are \$200 apiece. "There will be an opening ceremony after the parade, and we will have a flyover and music, with Paul Nystrom, Jeanne Houghnon and Emma Cooper," Havens said. "And we will have a few short speeches and we are really emphasizing short!" "Flag waving would be great!" Davis

said.

When the Wall That Heals arrives in Montrose on July 3, one of the local veterans who will be providing the 24-hour security needed for its visit is Dewayne "Menudo" Beltran, Vietnam veteran and owner of the wonderful Montrose eatery Menudo's (110 North Townsend Ave.). Beltran, who can be found enjoying the sun at Menudo's while his son runs the business, bears tattoos of his platoon on his arms as living memorials.

"I would do anything for veterans," said Beltran.

"I leave peaches and pound cake at the wall, everybody's favorite C-ration."

COMING TO MONTROSE... THE WALL THAT HEALS JULY 3-8 2013 CERISE PARK

Opening Ceremony July 4

11:30 A.M.-Community Picnic to Follow Free Hotdogs & Sodas for the first 1,500 attendees

Closing Ceremony July 7

9 P.M. Candlelight Vigil to follow

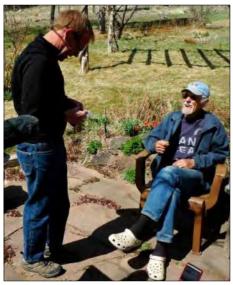
Visiting Hours are 24 hours a day, opening at Noon on Wednesday, July 3rd and closing at 8 A.M. on Monday, July 8th.

For more information visit: http://apps.cityofmontrose.org/wallthatheals



A half-scale replica of the Vietnam Veterans Memorial in Washington, D.C., The Wall That Heals will also feature a traveling museum and information center.

Art at Altitude—Colorado Filmmaker Allen Hill... Moving Mountains to Make a Movie



Filmmaker Allen Hill talks to subject Paul Morrill at a recent shoot in Paonia. Vagabond Club Documentary courtesy photo.

By Marcy Neth

Eastern Slope Bureau

COLORADO—Allen Frame Hill would like to stop working on his film and go back to making beer ads.

Hill does not explain why he has taken up smoking again after 15 years, or why he has spent \$70,000 of his own money on a documentary about a building. He just says it outright; "It's a movie about a building. But not just a building."

Because Club Vagabond meant so much more than simply shelter. In 1963 a couple by the name of Allan and Carol Rankin bought and renovated an old TB sanatorium in Leysin, Switzerland and moved their hotel, the Club Vagabond, into the building. Quickly the place became a nexus of activity, with life and loves and a great mix of mountain sports. Young people took advantage of the inexpensive European travel opportunities of the 1960's and 1970's. From all over the world they flocked to Europe, where the Club Vagabond offered both a place to stay and seasonal employment. During the winter, women would work in the hotel while men worked mundane ski run jobs. During the summer, they would go to Greece or drive across Europe. Life happened, and lifelong bonds were forged. When climber

John Harlin founded The International School of Mountaineering (ISM) in Leysin, the "Vag" became the congregation point for the climbers.

In the course of making a relatively simple movie about the ISM, Denver-based filmmaker and Colorado native Allen Hill started to hear more and more about the Club Vagabond. Everyone he spoke to seemed to be attached to it in some way. Elite climbers Layton Kor, Dougal Haston and Chris Bonnington were an early part of the club, but there were more. Other people came just to be near the elite group. As ISM instructor Gary Gablehouse said, "The women hung on us and the men wanted to be us."

Researching his film, Hill found himself speaking to one person after another who remembered the climbing, but truly cherished their memories of the Club and the good friends they made and kept. Suddenly, a movie about climbing turned into a movie about a building.

But not just a building.

Hill has a taut sense of history. The fact that the building was a former TB sanatorium is key to the tale. A place where people used to come to take the mountain cure or die was transformed into a hub, buzzing with life. The connections people build over time and space take on a feeling of greater importance when placed in such context. In Hill's award-winning film Jump, a strange and compelling story of rock spire jumpers in the Czech Republic, he juxtaposed the stories of pioneer climbers against the younger generation of jumpers. Showing the earlier generation of climbers emerging from the ravages of the Second World War gave deeper meaning to their outdoor activities and adventuresome spirit. The climbing and the jumping become merely a backdrop, highlighting universal truths about human aspirations. Jump has become something of a cult classic, shown in multiple festivals (including MountainFilm), though never given a full theatrical release. It's still available to watch online: http:// www.steepedge.com/all-films/mountainculture/jump.html.

To Club Vagabond, Hill brings that same

historical perspective, drawing on thousands of pictures, home movies, and interviews. Hollywood had a presence in Leysin at that time. Filmmakers would hire the climbers for bit parts and stunts. When making the Eiger Sanction in the 1970's, Clint Eastwood took a basic mountaineering course from ISM and ended up hiring a number of the climbers as extras. But the story of the Club Vagabond ends up concerning not just elite climbers, but all of the thousands of people who came and went from Leysin during its heyday. From the early 60's through the late 70's, the flow of people was constant. They became close, early on because of the death of ISM founder John Harlin on the north face of the Eiger, which disrupted the elite climbing community but cemented friendships. Later, visitors were brought together through proximity and shared adventure. Many marriages started at the Club Vagabond, and many international friendships were born.

Hill has shot forty hours of film over the past four years and most of the \$70,000 already spent was his own money. His editor, Denver company Postmodern, will cut the film down to 120 minutes, but the money gathering is not yet done. A kickstarter campaign is in the works for the film, as he is hoping to raise another \$50,000. Hill wants to travel to New Zealand to interview one of the important former residents of the club. He did get a grant from the Banff Center of Mountain Culture with the stipulation that the documentary will show first there, but it's not enough.

Allen Hill has spent his life in the mountains. He is used to looking at the world from above. In this case, the movie rises to meet him. He wants to tell the story of these people, these friendships. He believes the movie will have universal appeal.

Among the history and the adventure and the loves and the deaths, there is something for everyone.

It has become the story not just of a building, but of the dreams, ambitions and the all-too-brief journey of human beings as we climb toward grace.

REGION 10 OFFERS SOCIAL MEDIA WORKSHOPS WITH BRIAN SCRANTON

Special to the Mirror

MONTROSE—Want to leverage existing resources to build your business without breaking your budget? Plan to attend the Region 10 Social Media Workshops July 18 and 25, with Ridgway ad executive Brian Scranton, whose award-winning brand firm <u>GrahamSpencer</u> has been consistently recognized as one of the top firms in the U.S. since 1987.

On July 18, the subject will be "How Social Media Helps Business: An introduction for businesses new to social media." **On July 24**, Scranton will discuss "Getting More out of Social Media: Understanding the strategies behind the tools," for businesses who currently use one or more social media outlets and are looking to get more from them. Both classes will take place at the Region 10 Enterprise Center, at 300 North Cascade, from Noon to 1 p.m. Attendees are encouraged to bring a brown bag lunch. Both classes are \$20; seating is limited so attendees should RSVP by calling Region 10.

"Social media is integral to small business, and offers many uses and advantages for the entrepreneur," Region 10 Small Business Development Center Director Vince Fandel said. "However, it is not necessarily at the top of the mind—so having someone available to help the small business owner at a low price is truly a great deal."

"Social media is about engaging your target audience with a timely, relevant message intended to catalyze a conversation. Every business can benefit from that kind of marketing," said Scranton, whose focus on brand strategy and message has helped scores of companies improve the ways in which they communicate with customers.

Before joining GrahamSpencer in 2009, Brian was a member of the executive team at Chaco Footwear, responsible for creating new product launch strategies, partnerships, product naming, the development of an in-house creative team, as well as public/media relations. For a decade prior to Chaco, Scranton leveraged his degree in Molecular Biology from Colgate University and played a key role in developing the strategic plan, launch, and overall branding of billion dollar brands for Johnson and Johnson, Pfizer, BMS, Novartis, Wyeth, GSK, and scores of smaller companies. To reserve your space for the social media workshops, call Claudette at 970-249-2436 ext. 11. Region 10 is also offering classes on "Starting Your Own Business," "Quickbooks", "Creating a Business Plan" and more. The classes are supported with individual counseling sessions. To learn more about Region 10's programs and services, call Vince Fandel at 970-249-2436 ext. 17.

A non-profit organization, the Region 10 League for Economic Assistance and Planning was formed in 1972 and serves six-counties (Montrose, Delta, Gunnison, Ouray, Hinsdale and San Miguel), operates an Enterprise center (300 North Cascade) administers the Enterprise Zone Business and Contribution tax credit programs, oversees the Area Agency on Aging (AAA) and Community Living Services, coordinates Regional Transportation planning, and offers a loan program for small business. Call 970-249-2436 or visit the web site at <u>www.region10.net</u>.



CITY TOURISM OFFICE CLAIMS GREATER ACCOUNTABILITY; BUT SPENDS \$30K WITHOUT PUBLIC BID PROCESS



Montrose Assistant City Manager and Office of Business and Tourism Director Rob Joseph spoke to the forum at Heidi's Brooklyn Deli earlier this year. Image courtesy Cara Fandel for Howling Wolf Photography.

By Caitlin Switzer

MONTROSE—Earlier this year, the City of Montrose chose not to renew its contract with the former Montrose Association of Commerce and Tourism (Montrose ACT), which was created in 2010 to merge the functions of the former Montrose Chamber of Commerce, Montrose Area Merchants' Association and Montrose Visitor and Convention Bureau. City officials promised to bring greater transparency and accountability to use of the funds allocated for tourism promotion (\$400,000) and retail enhancement (\$230,000).

The Mirror spoke with Rob Joseph, Assistant City Manager and Director of the Montrose Office of Business and Tourism, last week to learn whether that promise is being kept. "We're going to put heads in beds, and make cash registers Ring," Joseph said. "We want to make Montrose successful; we are very committed to the town and the community. Montrose can be a destination; this is a paradigm shift."

Non-essential advertising has been halted as the MOBT re-establishes a foundation, Joseph said.

"We are creating a specific message, and getting our tools in place," he said. "We need a cohesive message, which we will use to create targeted advertising. With a fine-tuned effort, we have a high statistical probability of converting readers to visitors."

Hotels and restaurants need to feel supported, he said, noting that the MOBT operates with the dual philosophies of "Stay here, play everywhere," and "Recreate and Relocate."

Among the roles assigned to the former Montrose ACT was funding for small community events. In 2011, it provided \$39,200 and in 2012 \$32,620 in funding support for approximately 19 local events, as well as in-kind services in the form of news releases, event releases to a tourism database of 42,000, and Adventure Guide listings, Montrose Chamber of Commerce (formerly Montrose ACT) Director Jenni Sopsic said.

In 2013, the Montrose Office of Business & Tourism has funded 31 groups to date, with \$32,000 in cash, \$10,000 in in-kind donations, and \$850 in Montrose Bucks, Joseph said. Awards ranged from \$200 to \$3,000, and applicants were encouraged to apply collaboratively, he said.

Earlier this month, Montrose City Council members voted <u>four to one</u> in favor of spending another \$30,000 for the City's participation in the Data Analytics program, which would provide a statistical analysis of visitor demographics using information obtained from area retail and hospitality establishments. Council member Thomas Smits, who said he supports the idea of data analysis, voted against the expenditure, believing it should be put out for bid in a public process.

The MOBT is presently advertising for a Coordinator for Retail Sales Enhancement and Tourism Promotion with a salary range of 38,724 to \$47,626. Joseph said that he expects to have the position filled in July.

The City is also in the midst of its first Montrose Bucks special promotion, which is taking place at City Hall July 1-3. The promotion will run from 8 a.m. to 6 p.m. all three days, and will be held on a firstcome first served basis. Participants can exchange \$100 in cash for \$120 in Montrose Bucks checks, which expire July 31.

"We will be strategically launching these 20-percent promotions through the year," Joseph said. "Our intent is to piggyback off the excitement, and support Four Days of the Fourth, which we hope will be a signature event."

Joseph said he has targeted an expanded presence in the Colorado State Vacation Guide as key to appealing to visitors, and has implemented a cooperative advertising program that pays 50 percent of ad costs in some publications for some local businesses. To gain a better understanding of the community's tourism needs, Joseph has been volunteering with the Black Canyon Visitor Center, and plans to partner with the Black Canyon team on winter activities.

"I am excited about our web site, about using social media, about our interactive adventure guide," Joseph said. "But you have to do the basics before the fancy stuff."

Partnering with other community organizations has been a key focus of the MBOT, which is the single largest funder of the <u>Region 10 Small Business Resource Cen-</u> ter. "We feel that is essential," Joseph said. "Consistent small business support is something we have needed. "We are also working with CMU (Colorado Mesa University) to put together hospitality training. There needs to be a baseline, a consistent level of customer service throughout the community; we want to position ourselves as educators."

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Saturday, July 27, 2013

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REGIONAL NEWS BRIEFS

ALL POINTS TRANSIT TO PROVIDE FOURTH OF JULY SHUTTLE SERVICE BETWEEN MAIN STREET AND CERISE PARK

Special to the Mirror

MONTROSE—Celebrate Independence Day in Montrose without a care! You won't miss a thing this year, thanks to the All Points Transit Fourth of July Shuttle Route. The shuttle will run between 10 a.m. and 2 p.m. on Thursday, July Fourth. There will be three bus stops around Main Street at North 1st and Cascade, on Park Ave, between N. 1st and Main St. and by Centennial Plaza (S 1st and Uncompahgre). Passengers can board at any of these three locations to be transported to Cerise Park for the 11:30 am Opening Ceremony for the Wall that Heals and the free community lunch that follows. Passengers can then use

the shuttle at Cerise Park to get back over to Main Street to enjoy Main in Motion and the rest of the day's festivities. The shuttle is free to passengers, provided in partnership with the Montrose Downtown Development Authority (DDA). For more information, contact Sarah Curtis at 970-249-6204 or <u>scurtis@allpointstransit.org</u>.

SAN JUAN HEALTH CARE FOUNDATION AWARDS SCHOLARSHIPS



Pictured Left to Right: Phoebe Benziger, Montrose Medical Alliance, Marietta Johnson, Mary Kastendieck, Samantha Wiseman, Jane Kelly, Bill Bennett, SJHCF Vice President. Not pictured: Taylor Young and Jennifer Hernandez.

Special to the Mirror

MONTROSE--The San Juan Healthcare Foundation proudly announces that four \$500 scholarships have been awarded for 2013. This year's recipients are Jennifer Hernandez, Mary Kastendieck, Jane Kelly, and Taylor Young. Jennifer Hernandez is pursuing a Bachelor of Science in Nursing degree, Mary Kastendieck is completing a Practical Nursing Program, Jane Kelly is pursuing a certificate as a Wound, Ostomy, Continence Nurse and Taylor Young's goal is to earn a Bachelor of Science in Nursing degree.

Concurrent with the San Juan Healthcare Foundation scholarships, the Montrose Medical Alliance awarded two \$500 scholarships.

The scholarships were awarded to Marietta Johnson who is earning a Practical Nursing diploma and to Samantha Wiseman to assist with her Bachelor of Science in Nursing degree.

The San Juan Healthcare Foundation is a non-profit entity created in 1982 to furnish support to healthcare services in the Montrose area. It contributes aid to obtain and upgrade healthcare facilities, education and equipment.

The San Juan Healthcare Foundation encourages interested students to apply for a scholarship in 2014.

The scholarship is open to any student who has been accepted and is participating in a health related program. Preference will be given to applicants from the Montrose area intending to return to this area to offer their healthcare talents to the residents of Montrose and the surrounding communities.

WWW.MONTROSEMIRROR.COM

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Colorado Fire Ban Info: www.coemergency.com/p/fire-bans-danger.html

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We're working under our Stage I Fire Danger Procedure, which means we're taking extra precautions when working on our system.

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Advertisement

DOUBLE JJ DISPOSAL-RECYCLE DOES IT ALL

By Caitlin Switzer

AUSTIN—Those yellow trucks and the Double J logo were familiar sights in Delta County more than a decade ago. Today, the waste management company that Joe Leonard started after relocating to Western Colorado long ago serves a much wider territory, and offers some of the best service—and prices--around for local consumers.

"I started this company in 1989, but before I moved out West I had managed two large garbage companies," Leonard said, "and I also spent a decade in the propane business out here.

"After that, I decided to run my own business."

Although the work has not been without challenges, the company has grown and acquired a reputation for customer service unfathomable among some larger companies in the waste disposal industry.

And Leonard believes that re-investing in the company is good for business.

"We're still here," Leonard said, "and so far everybody has been really supportive. We are keeping our vehicles maintained and on the road, and keeping our customers happy. If we have to invest in equip-



Long a familiar sight in Delta County, Double JJ Disposal and Recycle provides service in Montrose as well. Courtesy photo/Double JJ.

ment from time to time, it just means we can serve people better."

The company started out in Cedaredge, but moved to Austin after acquiring the current location at 20754 Austin Road, he said. The company now employs 20, maintains a fleet of 23 "units" (from pickups to garbage trucks) and offers not only trash pickup but full recycling at a 1,600 square-foot Austin facility, as well as septic tank services.

"When it comes to recycling we do it all," Leonard said. "Glass, paper, cardboard, even e-waste. And offering septic is just another avenue—it's a good blend for a full-service waste disposal company."

The company has experienced strong growth into the Montrose area, and hopes to expand its recycling capabilities, Leonard said.

"We are here and ready to serve your needs," Leonard said. "Just give us a chance! We are locally owned and operated." Call Double JJ Disposal at 970-835-8886. Call Double JJ Recycle Center (21358 Austin Road) at 970-835-3706.

HONORABLE MENTION

To firefighters everywhere...paid or volunteer, you are the backbone of the Western U.S.!

To all U.S. veterans, here and everywhere.

To City Councilor Thomas Smits, for voting against a \$30,000 expenditure of public money that was not put out for competitive bidding...

To every elected official who remembers that speeches made on hot days should be refreshingly brief...

To HopeWest and Hospice, for opening the new Heirlooms for Hospice store at 521 Main Street in Delta!

To Viva! Mexico, the newest eatery in town at 82 Rose Lane, for great food and great service!

REGIONAL NEWS BRIEFS

NO BARRIERS SUMMIT IN TELLURIDE TO OFFER EXOSKELETON DEMOS

Special to the Mirror

TELLURIDE – Exoskeletons – originally designed as a wearable robotic suit to allow soldiers to lift heavy loads and walk farther – are now available to help people with disabilities step out of wheelchairs and stand upright.

At the No Barriers Summit in Telluride, Colo., August 8 - 11, exoskeleton users Amanda Boxtel and Mitch Brogan, along with Bridging Bionics Foundation President Russ Angold, will demonstrate three different examples of this state-of-the-art robotic technology. The presentation "Exoskeletons: A Bionic Game Changer to Augment Human Mobility" will take place Friday, August 9, 4:30 - 6: p.m. at the Telluride Conference Center as the first No Barriers University session of the Summit.

"We are extremely excited to showcase different types of exoskeleton systems at this year's No Barriers Summit," said Dr. Sasha Rabchevsky, a No Barriers USA board member and himself a paraplegic. "These ground-breaking, adaptive prosthetic devices will be demonstrated directly on stage by spinal cord injured pioneers who will share their remarkable stories of triumph with audience members."

Injured in a ski accident in 1992 that left

her paralyzed from the waist down, Amanda Boxtel has become an advocate for people with disabilities. She co-founded Challenge Aspen in 1995 and subsequently became the first paraplegic hired as a professional ski instructor at Aspen Skiing Company and a professional speaker.

She currently serves as Executive Director for the Bridging Bionics Foundation. In 2010, Boxtel also became the first female paraplegic to test Ekso, then known as eLEGS, for maker Ekso Bionics. With the help of the aluminum and titanium batterypowered device, she is able to walk almost naturally, as she will demonstrate at the No Barriers Summit.

Mitch Brogan was injured in 2006 in London when his bicycle was struck from behind by a drunk driver, breaking his spine and leaving him without the use of his legs and with no functional use of his hands. But thanks to another exoskeleton, this one a pair of robotic legs made by Rex Bionics in Auckland, N.Z., and known as Rex, Brogan was able to walk again and went on to become the first quadriplegic to achieve the ability to operate bionic exoskeleton legs for independent use, including Rex and Ekso.

In 2011, Brogan founded 456 Boler Road plete schedule of events can be for Inc., the first private, live-in robotics thera-<u>http://nobarriersusa.org/summit./</u>

pies facility in North America. The third exoskeleton to be shown at the Summit, the HULC – or Human Universal Load Carrier – was originally developed by Ekso Bionics and is currently under develop-



Exoskeleton demos. Courtesy photo.

ment by Lockheed Martin for the military and industrial use, demonstrating a different direction for the remarkable bionic suit technology. It will be presented by Russ Angold, who, in addition to serving as president of Bridging Bionics Foundation, is an engineer and co-founder and Chief Technology Officer for Ekso Bionics, where he formerly served as vice president of engineering.

The No Barriers Summit, a four-day outdoor adventure and arts festival rooted in overcoming barriers for people facing any significant life challenges will be held in Telluride, Colo., August 8 - 11.. A complete schedule of events can be found at http://nobarriersusa.org/summit./

from the Road

Valerie Meyers' Weekly Monday



Valerie Meyers, Realtor, GRI Coldwell Banker Bailey & Co. 2023 S. Townsend Ave. • Montrose, CO 81401 970-209-1378 Cell • 970-257-6748 Direct

L ESTATE

RKET REPOR

Click here to catch Valerie's weekly Monday Real Estate Market Report video...from the road!



MONTROSE COUNTY NEWS AND INFORMATION

Montrose County Wildfire Smoke: Public Health Advisory Alert

Montrose County News Brief

MONTROSE--Smoke from forest fires in the area have not reached levels that may affect your health, but they may compromise the health of those who have chronic respiratory disease or severe respiratory allergies. Smoke from forest fires may have short-term and intermediate health effects. These effects have been shown to be reversible in most cases. Healthy lungs have a remarkable ability to recover from the effects of smoke when it is provided time to recover. All persons with lung or heart diseases such as asthma, bronchitis, emphysema, lung cancer or angina should take special precautions.

If you are in an area where you can smell smoke, or you experience symptoms of coughing, eye, nose, mouth, or throat irritation then move indoors and stay there with the windows closed as long as it is safe to do so. Children and adults affected by smoke or forest fire haze can reduce their exposure by decreasing outdoor activ-

ity and staying indoors as much as possible. This is important for people with underlying health conditions such as asthma, emphysema, lung cancer, and cardiovascular disease. If you are staying indoors to reduce smoke exposure, be sure that you have good ventilation such as air conditioning or cooling fans that can provide life be avoided. Take it easy. Physical activity -saving relief from heat stress.

If you continue to smell smoke and experience these symptoms when indoors, then consider temporarily locating to another location, away from the smoke or forest fire haze. If you are on prescribed medications you should have at least a five-day supply on hand.

If you have asthma, emphysema, chronic bronchitis that do not respond to your regular medications OR you have severe symptoms of headache, dizziness, nausea, prolonged cough, sore throat, or shortnessof-breath, chest tightness, wheezing or whistling in your chest, visit an urgent care / emergency room or contact your

medical provider.

For more serious shortness-of-breath, chest pain, decreased mental function or other life-threatening conditions, call 911 immediately.

Outdoor events should be postponed if possible. Vigorous outdoor activity should also produces body heat that can aggravate heat stress. Drink fluids often, your body needs more water. Don't wait until you are thirsty, because your body needs more fluid than thirst will indicate. Drink water often and in reasonable amounts.

In a Center for Disease Control survey of persons exposed to smoke during fire, fewer symptoms were reported in persons who ran a Hepa-filter in their homes. Personal masks were not helpful because smoke particles are too small to be filtered. For more air quality information, call the Air Quality Bulletin hotline at1-303-782-0211 or visit http://www.colorado.gov/ airquality/install thumbnail.aspx.

MONTROSE COUNTY GARDENERS ... CLICK HERE !



LOOKING FOR GARDENING INFORMATION THAT MAKES SENSE IN OUR CLIMATE AND OUR REGION? CLICK HERE TO ACCESS THE CSU **EXTENSION JULY GARDENING CALENDAR!**

THANKS FOR READING THE MONTROSE MIRROR... REAL NEWS ABOUT YOUR COMMUNITY! 970-275-5791



LEGISLATIVE UPDATE WITH SENATOR ELLEN ROBERTS

It's great to be back home and I'm settling into the interim schedule, catching up with constituents in person and attending meetings on all sorts of topics around my senate district. Given the geographic spread of the eight counties in my district, I'm often on the roads in beautiful Southwest Colorado, enjoying the views even while in construction stops.

I've been able to heave a sigh of relief and decompress from the often contentious session. I've not forgotten what happened over the first four months of the year, but being back with my family, friends and constituents helps me remember why I am willing to work in politics in these very partisan times. I also want to thank all those who have given me a "welcome back" handshake, hug, or kind word as I know many understand the times we are in and the difficult challenges we face.

The kinds of meetings I attended in June included education reform efforts, both K-12 and higher education, speaking about the recently concluded legislative session with the Montrose chamber, the Durango noon Rotary and a Cortez community leadership class among others. I've also had a guided tour of the Silverton mines water drainage area that impacts the water quality of the Animas River, been in discussions about revitalizing Colorado's timber industry and have received frequent briefings from the U.S. Forest Service on the Colorado wildfires, especially those near Pagosa Springs

In mid-June, I was asked by the National Conference of State Legislatures to attend meetings in Washington, D.C., to discuss the pros and cons of proposed immigration reforms and their potential impacts on the states. In my view, immigration reform is needed and appropriately done on the federal level, not state by state, given the U.S. constitution's direction that the federal government determines matters of citizenship. However, the failure of the federal government to act has led states to pass legislation in this area and Colorado is no exception.

In 2006, Colorado held a special session to address just this topic and, this year, two new bills were passed granting in-state tuition to all students who attended the last 3 years of high school in Colorado regardless of legal residency and allowing driver's licenses to those in the U.S. illegally. I did not support those bills in the legislature this year, but I would note that a number of conservative states, like our immediate neighbor, Utah, have already moved in these directions with similar legislation.

Colorado's efforts at immigration reform laws from 2006 and 2013 remain divisive and unresolved in light of the required interplay with federal laws. All the same, the on-the-ground impacts often fall on the states and that was the crux of our conversations in D.C. with numerous members of Congress. Inaction is no answer; status quo has its continued costs, fiscally and societally, too.

The extent and timing of tighter U.S. border security and a pathway to citizenship are the current stumbling blocks to be addressed. Many of the congressional members didn't appear to have spent much time considering reform impacts on the states, from unfilled jobs and workable employee identification systems to states' healthcare and educational systems, so the time in D.C. was well spent.

Turning the calendar, I wish everyone a good and safe Fourth of July!

Ellen S. Roberts, State Senator Interim Contact Information: P.O. Box 3373, Durango, CO 81302 Home office phone: (970)259-1594 www.ellenroberts.com

Ribbon-Cutting Allows Public to see Hydro Plants In Action

Special to the Mirror

MONTROSE--On June 28th, Delta-Montrose Electric Association (DMEA) and Uncompanyere Valley Water Users Association (UVWUA) members & guests got a rare chance to step behind the gates and doors of the-now operational-South Canal Hydroelectric Plant. The project, first envisioned over a century ago, began in April of 2012 when DMEA and UVWUA hired local contractors to begin construction of two "run of river" intakes and two powerhouses that would generate an estimated 27,000,000 kilowatt hours (kWh's) of electricity, roughly equivalent to the power used by 3,000 homes, annually, in Montrose & Delta Counties.

Attendees were treated to a video presen-

tation telling the story of the South Canal Hydro. project from concept to completion. They also heard perspectives from the experts and visionaries who helped make hydro-power in the Uncompany Valley a reality.

"We read in the paper these days that there are a lot of tentative issues with regard to energy," said DMEA General Manager, Dan McClendon. "We may not have the answers to all the questions surrounding those issues. What we do have is about 7 megawatts of the cheapest power that our members will be able to find for as long as the heavens keep providing us with rain and snow."

After the Montrose Chamber of Commerce Redcoats cut the ceremonial ribbon,



members and guests were treated to a walking tour of the hydroelectric plant, itself—learning how running water that has irrigated this area for more than 100 years is now also producing electricity for local residents and helping the local economies save about \$2 million per year.



MONTROSE COUNTY NEWS AND INFORMATION

VOTE FOR K-9 OXX--AMERICAN HERO DOGS OF THE YEAR AWARD!



http://www.herodogawards.org/vote/?nominee=76475829

Vote daily until July 31, 2013 for Oxx and his charity partner, Vested Interest in K-**9's Incl**

Artwork by Ken Cunningham. Ox's handler is Keith Sanders



MONTROSE CO.SHERIFF'S OFFICE K9 "OXX" K-9 Oxx and Bergeant Kelth Sanders

Featuring Red Coats BBQ, Ag Appreciation and Farmer/Rancher Awards, Kiddie Tractor Pull, Mutton Bustin Finals, Calf & Steer Riding, Catch-A-Calf Scramble, Crowning of Royalty, Calf Dressing Finals, Petting Zoo and More!

COMMUNITY NIGHT



REGIONAL NEWS BRIEFS

<section-header>

Wounded warriors took part in any amazing array of activities during Mission: No Barriers Week (June 11-17. Thanks to everyone who contributed to the success of this first time event! Courtesy photos.

Special to the Mirror

MONTROSE—A HUGE thank you to everyone who worked to make MISSION: NO BARRIERS WEEK (June 11-17) a success!

"We are absolutely overflowing with gratitude," Welcome Home Montrose Founder Melanie Kline said. "We were officially closed last week to recover, and will publish a complete list of donors in the newspapers in coming weeks.

"Please enjoy a safe and happy Fourth of July, visit the Wall That Heals, and know that the Warrior Resource Center will be open as a gathering place throughout the time the Wall is here," Kline said. "We are also proud and pleased that Warrior Center Executive Director Emily Smith and her family, including husband and local Veterans service officer Sheldon Smith, will serve as Grand Marshals in the 2013 Fourth of July parade."

A book signing for Author and Montrose local Chris Hayden ("An American Veteran's Journey"), who served two tours of duty in Vietnam with the First Marine Air Wing, will be held at the Warrior Resource Center on July 18, from 10 A.M. to 1 P.M. "As a veteran myself I applaud this inspiring story," wrote book reviewer Kelvin Kent. "Although written by one man it reflects the experiences of so many others. It aptly demonstrates not only the incredible heroism and courage of the author but also uncovers the frailties of the human condition and what so many Vietnam vets faced after returning to the U.S. For many of them the war is still not over." Hayden's book has been spotlighted as the Armed Forces and Military Book of the Month by publisher AA Printing.

"Thank you also to the Black Canyon Classics Car Club for the car show on June 7 and 8! It was awesome," Warrior Resource Center Executive Director Emily Smith said. "They even took the cars to the Star Drive-In for the show—the guys loved it! They actually got to see the cars, and sit in them during the movie! And thank you to everyone for their support of Mission: No Barriers Week—Montrose really made an impression. The guys left our community amazed, and some are interested in relocating."

Smith also expressed thanks for the chance to participate in the recent Explore Outdoors Expo held at the Ute Indian Museum, and to the team that helped Montrose achieve All

American City status. **UPCOMING**

Don't Miss our Eagle Head Cane Presentation at the Wall That Heals in Cerise Park on the Fourth of July—this is our chance to honor a few of our living Vietnam Veterans! And as we prepare for the arrival of the Wall that Heals in Cerise Park July 3-8, we still have spots to fill for our around the clock security team. Please call 970-765-2210 to volunteer!

With the suicide, divorce and unemployment rates so high in our military population, Montrose means to set the standard for other cities to follow in how to serve those who stepped up to serve all of us. By strengthening our services, identifying and filling our gaps, creating programs and removing the barriers in our infrastructure, we are preparing a place for our wounded warriors to visit and hopefully, to stay. Please contact us to learn how you can contribute! Our corporate office is located in Timberline Bank (1561 Oxbow Dr.), and can be reached at 970-765-2210. Welcome Home Montrose is a 501(c) (3) non-profit organization and runs entirely on donations of all kinds at the Resource Center and on the website, www.WelcomeHomeMontrose.org. News release: Caitlin Switzer PR





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Rimrocker Museum 970 865-2100 (leave a message with the number attending)

RSVP:

Rimrocker Historical Society

rimrocker@fone.net • www.rimrocker.org

PO BOX 913 • Nucla, CO 81424

REGIONAL NEWS BRIEFS

MONTROSE CHAMBER OF COMMERCE HOT TUB RAFFLE

Special to the Mirror

MONTROSE--On Friday, Aug. 2nd at 7 PM, the Montrose Chamber of Commerce will raffle off a hot tub from Hot Water Productions at The Bridges Golf and Country Club during the Chamber's first annual golf tournament and dinner. Not only will you be supporting your local chamber of commerce by entering this raffle, you also get to pick a hot tub of your choice from select models!

The Montrose Chamber of Commerce is Montrose's largest business association and works daily to provide Montrose business owners numerous opportunities to help their business grow and succeed.

The Chamber of Commerce is supported fully by member dues and through fundraising, like this hot tub raffle.

By entering for a chance to win a hot tub you are helping Montrose business owners succeed!

Raffle tickets are available to purchase for only \$10- or you can increase your odds by buying 3 tickets for only \$25! Tickets are available at the Montrose Chamber of Commerce, Scott's Printing & Design, The Bridges Golf and Country Club, Camelot Gardens and Hot Water Productions, Inc. Only 1,000 tickets are being sold- be sure to get one before they are gone!

The mission of the organization is "Montrose Chamber of Commerce, as the unified voice for business in Montrose, is an association of business and individuals working together, in a cooperative manner, to promote and communicate the interest of business in Montrose County."

ROTARY NAMES KLINE 2013 CITIZEN OF THE YEAR

Special to the Mirror

MONTROSE--The Montrose Rotary Club has named Melanie Kline as its Citizen of the Year for her outstanding contributions to veterans and Montrose. Previous award recipients include Tom Kearney, Tricia Dickinson, Amanda McLaughlin, and Todd Casebier.

Kline, who owns Ouray Silversmiths on Main Street, was recognized for her involvement with the Montrose Downtown Development Authority and as the founder and President of Welcome Home Montrose, an organization that marshals public and private resources to focus on the goal of making Montrose a model community for returning wounded warriors of the US Armed Forces, regardless of their physical abilities. The Montrose Rotary Club formed in 1921. Its 100 members are committed to Rotary International's mission to provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. The Montrose Rotary Club promotes community service through many projects, including the Fishing Derby and Fourth of July Fireworks, scholarships and grants, and Shoes for Kids, which provides shoes for low income children.



Montrose Rotary Club President Amy McBride presents Melanie Kline with the Montrose Rotary Club Citizen of the Year award. Courtesy photo.

ROTARY HONORS TOWNSEND FOR 50 YEARS OF SERVICE



Montrose Rotary Club President Amy McBride presents Ken Townsend with an award for 50 years of service. Courtesy photo.

Special to the Mirror

MONTROSE--Montrose Rotary Club President Amy McBride presented Ken Townsend with an award in honor of his fifty years of service in Rotary International. Townsend joined the Montrose Rotary Club in April 1953. He served as Club President in 1969 and 1970 and has held many other positions and responsibilities within the Club.

In giving the award, McBride cited Townsend's many examples of service to community, whether through the San Juan Health Care Foundation, the Montrose Chamber of Commerce, or the Uncompahgre Valley Water Users. "Ken truly represents the Rotary motto of "Service Above Self."

The Montrose Rotary Club formed in 1921. Its 100 members are committed to Rotary International's mission to provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. The Montrose Rotary Club promotes community service through many projects, including the Fishing Derby and Fourth of July Fireworks, scholarships and grants, and Shoes for Kids, which provides shoes for low income children.





Attend the Region 10 Social Media Workshops with Ridgway Ad Executive Brian Scranton, whose award-winning brand firm GrahamSpencer has been consistently recognized as one of the top firms in the U.S. "Social media is about engaging your target audience with a timely, relevant message intended to catalyze a conversation. Every business can benefit from that kind of market-ing," said Scranton, who has helped scores of companies communicate with their customers.

Before joining GrahamSpencer in 2009, Brian was a member of the executive team at Chaco Footwear, responsible for creating product launch strategies, partnerships, product naming, development of an in-house creative team, and public/media relations. Scranton leveraged his degree in Molecular Biology from Colgate University and played a key role in developing the strategic plan, launch, and billion-dollar brands for Johnson & Johnson, Pfizer, BMS, Novartis, Wyeth, GSK, and scores of smaller companies.

 July 18
 How Social Media Helps Business: An Introduction for Businesses New to Social Media

 July 24
 Getting More out of Social Media: Understanding the Strategies Behind the Tools

 For Businesses that Currently Use One or More Social Media Outlets and Are
 Image: Coloring to Get More From Them

- Region 10 Enterprise Center
 300 North Cascade
 Montrose
- Noon-1 PM Attendees are encouraged to bring a brown bag lunch
- Limited Seating Please RSVP by calling Claudette at Region 10 970-249-2436

Only \$20 per class

Region 10 also offers classes on Starting Your Own Business, QuickBooks, Creating a Business Plan, and more. To learn more about Region 10's programs and services, call Vince Fandel at 970-249-2436 ext. 17.

970-249-2436 · www.Region10.net

A BRIEF HISTORY OF THE UNCOMPAHGRE VALLEY

By Liesl Greathouse

MONTROSE--Before settlers came to the Uncompahyre River Valley, it was home to the Ute Indians. Chief Ouray was a Native American and chief of the Uncompahyre band of the Ute tribe. He and his wife, Chipeta, worked to achieve peace between the Ute Indians and white settlers. Today Chipeta is buried in Montrose on the grounds of the Ute Indian Museum, along with other famous Utes.

Expeditions from the Santa Fe region began in the 1760's. Francisco Dominguez and Silvestre Escalante came to the area in 1776 and bestowed Spanish names on the mountains, rivers and creeks.

The area remained unsettled until 1858, when gold was discovered. After that, settlers came as fast as they could. Montrose began as a railroad town on the main line of the Denver & Rio Grande (D&RG). Joseph Selig and Oliver D. Loutsenhizer were the founders, laying out the town site in 1882.

The town was first named Pomona, in honor of the Roman goddess of fruit, because the original goal was for it to become an agricultural community. However, Selig renamed it Montrose after the figure from his favorite novel, *Legend of Montrose*, by Sir Walter Scott.

The town became the crossroads of important transportation routes. It provided supplies to the nearby mining communities, including the San Juan districts.

In 1882, the Denver & Rio Grande Railroad Co. built its narrow gauge mainline railroad through Montrose on its way from Denver to Salt Lake City, Utah. Montrose enjoyed many years of being a city on a main east-west railroad with trains galore coming and going.

However, in 1906 the track from Grand Junction to Montrose was changed from narrow gauge to standard gauge, eliminating some through traffic from west of Montrose. The slowdown of mining and the increased use of automobiles and buses all added to the decline of the railroad. Finally, in 1953 the railroad depot was closed and passenger service to Montrose ceased. Today, the railroad is used infrequently, but is still remembered as a key part of Montrose's history.



The above public domain photos depict Main Street Montrose in 1910, left, and the Gunnison Tunnel in 1909, Wikipedia photos.

Once the mines declined, agriculture soon mation. At the time of its completion, it took over as the major economy. was the longest irrigation tunnel in the

The Uncompahyre River Valley filled with truck farms producing crops of potatoes, sweet corn, onions, pinto beans, lettuce, peppers and tomatoes. Sugar beets became a thriving crop, and by 1898 beets were taken by rail to a sugar beet plant in Grand Junction. A sugar mill opened in Delta in 1920, giving an important boost to the area economy as it employed locals as well as providing an outlet for their crop. When it closed in 1977, times were hard until Coors Brewery contracted with local farmers to grow Moravian barley to be used in their famous beer which is manufactured in Golden, Colorado.

Apple, peach, apricot and plum tree orchards were also important elements of Montrose. The Ashenfelter Orchard became the state's largest apple orchard in the 1890s, employing 100 workers.

Cattle and sheep ranching quickly became an important industry as well. By 1898, sheep herds rivaled cattle for grazing land and water rights, a conflict that continued into the 1930s. Today sheep raising is still an important activity in the Montrose area.

Of course, water is important to agriculture. However settlers soon found that there was not enough water in the valley to support all the farms. So the Gunnison Tunnel was constructed between 1905 and 1909 to divert water from the Gunnison River in the Black Canyon to the surrounding communities. It is a 5.8 mile irrigation tunnel constructed by the Bureau of Reclamation. At the time of its completion, it was the longest irrigation tunnel in the world. The tunnel opened in 1909 to much fanfare and with a dedication ceremony attended by President William Howard Taft. In 1972, the tunnel was designated a National Civil Engineering Landmark by the American Society of Civil Engineers (ASCE). It is still in use today and is a vital part of the agricultural community in the area.

Road improvements in the 1920s brought auto tourists through Montrose, and the city's intersecting transportation routes became U.S. 50 and U.S. 550. The great gorge of the Black Canyon northeast of Montrose is a scenic attraction, and became a National Park in 1999.

The same strategic location that led to Montrose becoming a hub for transportation and commerce at its founding still serves as an asset today. It still fills its traditional role of being the gateway to Ouray and Telluride. Agriculture is still important, with a great farmer's market all year long. Colorado Mesa University has a Campus in Montrose, allowing locals easy access to higher education. The city offers state-of-the-art medical facilities, cultural events at the Montrose Pavilion and Downtown, and other amenities desired by urban transplants, while still retaining its small town atmosphere.

Montrose has gone through many changes over the years, but it has still managed to survive and thrive. Hopefully it will still remain a key transportation and cultural destination in the years to come.

OPINION/EDITORIAL

INDEPENDENCE, VIETNAM AND THE U.S. BLUES

By Caitlin Switzer

MONTROSE-Growing up in Chicago in the 1960s, Vietnam was a word that was part of my vocabulary almost from the start, though I had no idea what all those horrific pictures on the nightly news really meant. They were part of a political landscape that included the sight of protesters battling riot police at the 1968 Democratic Convention, of little John-John Kennedy saluting his father's casket, of a balcony in Atlanta where Dr. Martin Luther King's life came to a sudden, tragic end. I am not sure I understand these things any better today. What I do understand is the pride our nation and our people-a melting pot from all over the globe-take in celebrating the Fourth of July.

The Fourth means freedom; freedom from real tyranny, freedom from religions advocated by the state and from taxation without representation, freedom of a nature that means you don't need to live in fear for speaking your mind or simply for telling the truth as you know it. It's an idealistic freedom that we don't always live up to; but it is a real freedom enjoyed no place else on Earth. I am always reminded of the words of a good friend from Russia, who told me years ago that America is the only place that anyone smiles. "There is no reason to smile anyplace else," she said.

I am reminded as well of a dear friend from Rwanda, who hid her Tutsi husband in a rabbit hutch as members of her own Hutu tribe searched for him with evil intent. "People need peace," she told me later. "Without peace, we cannot live."

Peace is a complex concept at best; flashing a peace sign during the Vietnam years was as easy as sporting an NRA sticker in Western Colorado today—but for the soldiers who spent those years fighting a war that they did not understand, only to come home to an unappreciative nation, peace remained as elusive as answers about the war itself.

Half a century and many miles from Chicago, I am not sure I know more about peace than I did back then. However, I have learned that if we do not fight the peacetime battles—for our nation, for what we believe in, for what we hold sacred--we will never achieve a lasting peace any place. And if we do not remember the past, we cannot envision or achieve a better future.

When it comes to government, the Grateful Dead probably said it best in their song, US Blues, "I'll drink your health, share your wealth, run your life, steal your wife. Wave that flag, wave it wide and high."

All systems of government are flawed by nature—greed and a thirst for power appear to be born into human beings. All we can do is make a difference in our own hearts, to be the change we want to see in the world. And we can say thank to soldiers of every war, no matter how misunderstood.

So, I will say it now...thank you for serving in Vietnam. You may be grizzled and gray now, but I can remember when our



Thank you, Vietnam vets.

soldiers were some of the only clean cut, young males in my world.

I can remember the handsome face of my neighbor's uniformed boy on her bookcase, a cherished older child who would never come home.

To me, you have never grown old. In my mind and in my heart you will always be heroes, and you will always, always be young.

Here's to you on Independence Day, and every day forever.

Fireworks Sales and Use Allowed Within Montrose City Limits

Special to the Mirror

MONTROSE--Montrose residents wishing to enjoy light, non-aerial fireworks as part of their Independence Day celebrations are reminded that the sale and use of nonaerial fireworks are allowed within the city limits of the City of Montrose.

While the City of Montrose has not placed any restriction on the sale and use of light, non-aerial fireworks within city limits, Montrose County has enacted a fireworks ban for <u>unincorporated areas</u> of Montrose County.

Penalties for violating the Montrose County fire ban include a Class-2 petty offense with fines ranging from \$100 to \$500 depending on the number of offenses.

A statewide fireworks ban imposed by Governor Hickenlooper would override local jurisdiction. Additional updated information will be provided in the event of such a ban.

Those who choose to enjoy fireworks within city limits are asked to use them responsibly by observing the following reminders:Closely supervise children while fireworks are in use; Fireworks should not be used on public property or right of ways.

Have a garden hose or large bucket of water on hand to quickly extinguish spent fireworks or sparks.

OUT AND ABOUT AT RIDGWAY HERITAGE DAYS!













A team of photographers including Carolyn Woods, Christine Wilson and Gale Ingram of the Ridgway Chamber of Commerce snapped these action-packed photos of Ridgway's first-ever Heritage Festival and ranch Rodeo over the weekend of June 15-16.

ARTS AND CULTURE

KYLE HARVEY OF FRUITA AT ARROYO TONIGHT



Fruita poet Kyle Harvey. Courtesy photo.

Special to the Mirror

TELLURIDEThe Telluride Institute's Talking Gourds Poetry Club will host Kyle Harvey of Fruita – this year's winner of the Mark Fischer Poetry Prize – on Tuesday, July 2nd at 6 p.m. at Arroyo Telluride.

Harvey edits the on-line cultural zine, *Fruita Pulp* <www.fruitapulp.com> and has quickly become part of downtown Fruita's lively arts scene with his Rye Gallery. Here's a poem called *Suelo's Saw*: "Bending at the curve / of summer's soft moon / a muted pitch tilting / whipped vibrato croon / crawls up the blade / to meet the evening"

Club members and drop-ins are encouraged to bring father poems to read, one's own or favorite pieces by published poets. Every month we do a gourd circle where everyone gets to read a poem or two based on the month's theme: Bravery.

The monthly club meetings are free, but folks are encouraged to join the Talking Gourds Poetry Club for a tax-deductible donation of \$25 made out to the Telluride Institute. Membership confers special privileges, including notice of special poetry readings and parties. Upcoming meetings are slated for August 6th and September 3rd. Talking Gourds Poetry Club is a joint venture of the Telluride Institute, Wilkinson Library, Between the Covers Bookstore, Telluride Arts and San Miguel County poets. Members meet monthly, on first Tuesday evenings, at Arroyo's Fine Art Gallery & Wine Bar at 220 E. Colorado Ave., 970.239.2006, beginning at 6 p.m.

FIRST FRIDAY STROLL GOES RED, WHITE AND BLUE!

Special to the Mirror

MONTROSE--The First Friday Stroll in downtown Montrose is on July 5th from 5:30 to 8 pm. on Main Street.

A&Y Design Gallery will have a different type of woodworking demonstration by Ethan Wortis. He will be doing a steam -bent wooden sculpture.

They also have music by Emma Cooper, beer from 2 Rascals and lavender products from Day Springs Lavender, and of course, lavender gelato, among other delicious flavors.

Around the Corner Art Gallery will debut new works from two of the gallery's artists. Ron Morris, Sr. will unveil 6 new pencil drawings he just finished. Meet the artists at the reception, and enjoy complimentary wine and hors' d'oeuvres.

Canyon Gallery will post self-portraits that people created during Main in Motion on the Fourth of July. The Pour House will offer a wine-tasting..

Several other businesses will be open Friday night for the Stroll with special promotions: Tiffany,etc., She She boutique, Nina Suzanne and Amelia's are among some of the stores. Main Street Ice Cream Bar opens this week offering handmade sodas, phosphates and 10 flavors of locally made ice cream.

Food and spear(its).

Saturdays 8:30 am - 1 pm



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DRAWING WILL BE HELD Friday, August 2, 2013, at 7 PM

at the Chamber's Annual Golf Tournament at The Bridges Golf & Country Club 2500 Bridges Dr. • Montrose



ts \$10 Each or 3/\$2

TICKETS MAY BE PURCHASED AT ANY OF THESE LOCATIONS IN MONTROSE: Camelot Gardens & Gifts 16612 S. Townsend Ave. • 249-6109 Hot Water Productions 2511 S. Townsend Ave. • 249-2566 Montrose Chamber of Commerce 1519 E. Main St. • 249-5000 Scotts Printing & Design 315 S. 12th St. • 249-2611 The Bridges Golf & Country Club 2500 Bridges Dr. • 252-1119

1,000 Tickets for Sale • Operated Under License #2013-06980





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ARTS AND CULTURE

ART BREAKS DOWN BARRIERS—DISABILITY MURAL PROJECT AT 2013 NO BARRIERS SUMMIT IN TELLURIDE



Telluride artist Daniel Kanow will lead five No Barriers Disability Mural Project sessions for No Barriers Summit participants. Courtesy photo.

Special to the Mirror

TELLURIDE--An opportunity to contribute their personal stories in artistic form to the No Barriers Disability Mural Project is just one of the new art clinic offerings at the 2013 <u>No Barriers Summit</u>, a four-day arts and outdoor adventure festival for people with varying disabilities and abilities to be held August 8-11, 2013, in the beautiful southern Colorado mountain town of Telluride, known for its vibrant arts community.

A community of artists and adaptive

sports outfitters will lead the clinics, which will take place in 3-4 hour time slots.

"We are extremely thrilled to be bringing an added focus on the arts to the No Barriers Summit," says No Barriers Executive Director Dave Shurna.

"Art is a part of how many people process life, and as we bring together people from all over the U.S. with significant life challenges, we are excited to be able to provide a space for intentional reflection as well as space to showcase some of our community's leading artists."

The national <u>Disability Mural Project</u> began in March 2000 to celebrate the tenth anniversary of the Americans with Disabilities Act and encourages people living with disabilities as well as those who have experienced disability through family or friends to creatively express that experience in multi-media on individual tiles.

Telluride artist Daniel Kanow will lead five No Barriers Disability Mural Project sessions for No Barriers Summit participants to create tiles and add them to two multi-piece communal works of art.

The completed murals will be installed in Telluride and nearby Mountain Village as a gift to the community. The subject of another art clinic, the Sensational BlackBoard is a new, innovative art tool, designed for the visually impaired, that allows users to create their own raisedline pictures and express their world creatively through touch. A clinic using the tool will be led by Ann Cunningham, an artist and teacher at the Colorado Center for the Blind, and is open to anyone interested in exploring a new outlet for creativity.

Additional art clinics at the Summit include a photography workshop that focuses on capturing images of the world in a multi -sensory approach and a painting workshop for tactile, non-toxic finger painting, as well as traditional brush painting.

A complete schedule of events can be found at <u>http://nobarriersusa.org/summit/</u>. No Barriers USA is a nonprofit organization established with the mindset that authentic immersion experiences push individuals outside of their comfort zones, challenging them intellectually, emotionally or physically. ncluded in the organization of No Barriers USA is Global Explorers and Soldiers to Summits.

For additional information, visit <u>www.nobarriersusa.org</u>.

House Minority Leader Mark Waller Announces Candidacy for Colorado Attorney General

Special to the Mirror

DENVER—Today, House Minority Leader Mark Waller (R–Colorado Springs) announced his run to be the next Colorado Attorney General. In November 2012, state House Republicans elected Waller to serve as Minority Leader. During his five years in the legislature he has served on the House Judiciary Committee, Committee on Legal Services, State Veterans and Military Affairs Committee, and the Committee on Local Government. Prior to his election in 2008 Waller served as a deputy

district attorney for the 10th Judicial District in Pueblo. Waller spent over fourteen years combined service including both Active Duty and Reserves. In 2006 he deployed to Baghdad, Iraq in support of Operation Iraqi Freedom where he prosecuted insurgents.

"I am incredibly excited about this new opportunity to serve Colorado." Waller said.

"As an Iraqi war veteran, former deputy district attorney, and legislator I know my unique set of experiences will serve me well as Attorney General."

Mark Waller has been married to his wife, Jennifer, for over 18 years. Jennifer currently serves on active duty as a Lt. Col. in the United States Air Force Reserves. They have 2 children – Truman (14) and Camille (10).

"I couldn't do this without the love and support of my family" said Waller.

"My wife and kids mean everything to me, and I look forward to doing my part to make Colorado a better place for them and every other Colorado family." MONTROSE COLORADO

www.maininmotion.com

MAIN IN MOTION



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THURSDAY EVENINGS 6 TO 8:30 P.M.

WEEK SIX ... **PETS IN MOTION!**



MONTROSE

LET'S CELEBRATE SUMMER! JUNE 6-AUG. 22, 2013





REGIONAL NEWS BRIEFS

Juli Messenger Takes Top Job at Partners, Davidson Retires After 21 Years



MONTROSE—The proven capabilities of Juli Messenger will be key to the transition, as Messenger takes over as executive director at Partners of Montrose and Delta this month. Messenger, who served for many years as the director of the former Montrose Area Merchants Association (MAMA), has always loved and supported non-profits that help kids, and has volunteered as a senior Partner herself. Davidson, who has been an important part of the mentoring organization's success over the years, will be greatly missed. We wish both Gayle and her husband Larry—the wonderful local sculptor whose work makes us shout with happiness—the very best! Courtesy photo.

MONTROSE—Junior Partner Tyler and his Senior Partner of three and a half years, Randy White, enjoy a game of chess with Library Director Paul Paladino at the Montrose Library on June 24, after the pair found and donated a chess set to the library for public use. "This is such a fine example of what is good and possible with mentoring!" Partners Executive Director Juli Messenger said. Courtesy photo.



ALPINE BANK/PARTNERS ANNOUNCE CLASSIC GOLF TOURNAMENT JULY 20

Special to the Mirror

MONTROSE--Please join us for the 16th annual Alpine Bank/Partners Golf Classic to benefit the children served by Partners of Delta, Montrose and Ouray. The event will be held on Saturday, July 20th, at the Cedaredge Golf Club.

Following last year's format, this is a fourperson team scramble. The cost is \$65 per person or \$260 per team and includes range balls, a cart and lunch provided by the excellent restaurant at the golf course. The tournament is limited to 30 teams. The shotgun start will be at 8 AM. This is one of the best tournaments of the season. Throughout the course, there is opportunity to win a variety of prizes and a chance to win \$25,000 with our Hole-in-One Prize, sponsored by Joseph Carlson of Edward Jones in Delta. There are a number of door prizes, a gift for every golfer and a silent auction.

In a scramble format everyone can play and have a great time. More importantly, it is an opportunity to support Partners of Delta, Montrose and Ouray. This mentoring organization makes a difference in the lives of children and in the future of our communities. Please visit the Partners website at <u>www.partners-west.org</u> to register a team, to become a sponsor and for more information.

If you would like to play but do not have a team, Partners may be able to connect you with others who would like to participate. The phone number in Delta is 970-874-4661, in Montrose the number is 970-249-1116.

For additional information on this event, please contact:Partners, 315 South 7th Street, Montrose, CO 81401 or online at www.partners-west.org.

MARVIN F. GILL SCHOLARSHIPS AWARDED



Pictured L to R: Kelsey Smith, Kelley O'Meara

arship. The scholarship was created by Marvin D. Gill to remember and honor the life of his father. Ms. O'Meara plans to attend Regis University in Denver, majoring in biology and psychology, with primary interest in preparing for a career in neuroscience. Ms. Smith hopes to be elected to a Colorado State FFA Officer position for the 2013-2014 school year, and in 2014-2015 to begin her post-

Marvin F. Gill

Memorial Schol-

secondary education at Colorado State University to major in Pre-Veterinarian Studies. The two recipients will each receive a four-year scholarship totaling \$32,000. Presenting the scholarships on behalf of the Marvin D. & Melissa U. Gill Family Foundation, Inc., was Jim Pavlich, Assistant Principal at Montrose High School.

Since the 1990 inception of the Marvin F. Gill Memorial Scholarship Program a total of \$593,000 has been awarded to graduates of Montrose High School. In the words of Marvin D. Gill, "receiving the Marvin F. Gill Memorial Scholarship is a high compliment to the recipient, his or her parents, teachers, and mentors".

The scholarship is intended to recognize balanced achievement in combination with academic excellence. Individuals who receive the scholarships are students who have demonstrated leadership, shown resourceful initiative and by past performance, have demonstrated their likelihood for continued academic achievement in college. The scholarship places a premium on students who have demonstrated a successful work and/or community service history while in high school. Evidence of integrity and a strong work ethic are hallmarks of students who have been selected over the years to receive the scholarship. Marvin F. Gill was a builder, not only of homes and commercial projects, but also a builder of character, competence and confidence in the people he touched, especially his son.

He was a leading general contractor in Montrose for nearly 40 years until 1973. At that time he became the construction coordinator for the Montrose County Schools and held that position until he retired to Arizona in 1976, where he died 1985.

Marvin D. Gill is a 1953 graduate of MHS and a 1960 graduate of the University of Colorado. In addition to being very generous to the students of Montrose High School, he was active on a national scale in the insurance business for over 30 years.

CASA CELEBRATES LATEST CLASS OF ADVOCATES

Special to the Mirror

MONTROSE—The latest class of graduates for CASA of the 7th Judicial District (CASA) is all smiles after completing the 32 hours of training required to become "court appointed special advocates." Class members were later sworn in by District Court Judge James Schum and assigned to cases in the 7th Judicial District involving abused and neglected children. Formally trained and dedicated CASA volunteers participate as independent child advocates in the complex and difficult decisionmaking process directly affecting these abused and neglected children. Becoming a CASA volunteer is a tremendous way for concerned citizens to be empowered to make a difference in their communitiesand the only way for everyday citizens to become appointed members of the court. There are children in every community in the 7th Judicial District waiting for a caring, consistent friend and advocate, someone eager and willing to champion for their future. To learn more about CASA, please call (970) 249-0337 or email info@casa7jd.org.



Pictured front row L-R: Marcia Allison, Mary Ann Coons, Trisha Schaeffer, Rebecca Taylor.Back row L-R: David Kirk, Dave Adams, Debbie Myrick, Kelsey Smith, Instructor Kay Hibl, Christina Fulmer, Carlton Mason, and Stacey Ryan.

ALL ABOARD...FOR OKTOBERFEST!





OCT. 5, 2013 CENTENNIAL PLAZA

Join us as a 2013 Sponsor and support All Points Transit!

Gain great exposure for your business! Put on a fun event for the community!

Support All Points Transit in our mission to provide essential transit services to those most in need—preventing isolation for seniors and people with disabilities, keeping people in their homes as long as possible (and out of institutions), and driving seniors, people with disabilities and low income workers to medical appointments, meal sites, work and more every day.

We need your support for this essential service!

Your sponsorship of Oktoberfest 2013 will help All Points Transit provide safe, reliable transportation to those who need it most. Four sponsorship levels are available, starting at \$250. All Points transit is a 501c3 non-profit, and donations are tax-deductible. Deadline for commitment is Aug. 30.



Call Sarah for sponsorship information 970-249-0128

ROLLER DERBY ROCKS FOR HABITAT MONTROSE!



...scenes from the Habitat for Humanity of Montrose Rollin' on a River Benefit and Brewfest June 22 at Baldridge Park.

Photo essay by Barton Glasser







NITTY GRITTY DIRT BAND BENEFIT FOR DOLPHIN HOUSE



JULY 19 ON THE LAWN AT BRIDGES OF MONTROSE

Also Featuring Dave Stamey and The Browns

TICKETS \$35



A BENEFIT FOR DOLPHIN HOUSE 7th Judicial District Child Advocacy Center



Dave Stamey



The Browns

Tickets are available in Montrose at The Bridges, The Dolphin House, Farmers Insurance Agency, and The Liquor Store, and in Grand Junction at Fischer's Liquor Barn and online at www.brownpapertickets.com/events/389605

> PUT ON BY JACK LUDWIG OF THE STONEHOUSE AND BLUE SKY MUSIC PRESENTS

All proceeds will benefit Dolphin House Child Abuse Services Program.

Hold the Date! Upcoming Business and Cultural Events

ONGOING-

First Friday Strolls Montrose Downtown — Monthly from 5:30 p.m.-8p.m. Artist Demonstrations, Free Wine Tastings, and in store promotional events!

ReneWest Interactive Art Crawls-West Main District, third Thursdays of every month.

Montrose Farmers Market—Open EVERY SATURDAY from 8:30 am to 1 pm- on the corner of Uncompanyer and S. 1st Downtown Montrose.

July 3—Forum at Heidi's Brooklyn Deli (1521 Oxbow Dr.), 8 to 9 a.m. Coffee is \$1. Paul Paladino of the Montrose Library will discuss the budget cuts.

July 3--Pam Tillis at the I Bar Ranch in Gunnison, 850 County Rd 49 Gunnison, CO 81230. Gates/bar open at 5PM, BBQ starts at 6:30pm and music starts at 7:30pm. All tickets can be purchased at <u>970-209-9796</u> for the Country Artists night or <u>www.ibarranch.com</u>.

July 4—Independence Day! Hometown Fourth of July Celebration, Montrose. City Bus shuttle service available from Downtown to Wall That Heals in Cerise park.

July 4-Main in Motion Troubador songwriting Contest, 4 p.m., Downtown Montrose. Entries MUST be submitted by June 25, 2013; for info go to <u>www.maininmotion.com</u> or email <u>pearlroad09@gmail.com</u> or phone Susan at 970-249-1382.

July 6-First Saturday Street Fair, Downtown Delta 8 a.m. to 1 p.m., West Third between Main and Palmer streets.

July 6-7—Montrose Arts Council presents Bob Milne at Montrose Methodist Church, 19 South Park Ave. "New Orleans Blues" and "Concert for America" 7 p.m. Saturday; "Ragtime of the River," 3 p.m. Sunday. Tickets are \$15, available at Around the Corner Gallery in Montrose and at the door the day of the show.

July 8—Opening of "San Juan Memories," a photo exhibit at the Ouray County Historical Museum. Juried show features photographers' images of the San Juan Mountains including landscapes, people, history, activities and natural features. Ribbon winners will be identified. Exhibit runs through Aug. 15. \$6 admission (\$1, children 6-12) includes self-guided tour of museum at 420 Sixth Avenue, Ouray. Call 970-325-4576 or visit www.ouraycountyhistoricalsociety.org for more information and hours.

July 9--Fore-Kin Trails Genealogical Society will hold their monthly meeting at 7:P.M. at 700 E. Main. The subject of the meeting will be "Getting the Most Out of Your Genealogy Software" by Sue Nichol (Reunion for Mac) and by Carol Cox (Roots Magic for PC). Our meetings are meant to aide genealogists in their research and all meeting are open and free to the public.

July 12-14—Lavender Association of Western Colorado presents the Third Annual Colorado Lavender Festival in Downtown Palisade.

July 19—Michael Martin Murphy at the I Bar Ranch in Gunnison, 850 County Rd 49 Gunnison, CO 81230. Gates/bar open at 5PM, BBQ starts at 6:30pm and music starts at 7:30pm. All tickets can be purchased at <u>970-209-9796</u> for the Country Artists night or <u>www.ibarranch.com</u>.

July 20—Sixteenth Annual Partners/Alpine Bank Golf Classic to benefit Partners at Cedaredge Golf Club. Come play, and support Partners of Delta, Montrose and Ouray. This mentoring organization makes a difference in the lives of children and in the future of our communities. Please visit the Partners website at <u>www.partners-west.org</u> to register a team, to become a sponsor and for more information. If you would like to play but do not have a team, Partners may be able to connect you with others who would like to participate. The phone number in Delta is 874-4661, in Montrose the number is 249-1116.

July 25-Michael Hearne and South by Southwest at the I Bar Ranch in Gunnison, 850 County Rd 49 Gunnison, CO 81230. Gates/bar open at 5PM, BBQ starts at 6:30pm and music starts at 7:30pm. All tickets can be purchased at <u>970-209-9796</u> for the Country Artists night or www.ibarranch.com.

July 27—Volunteers of America Homestead Golf Tournament at Black Canyon Golf Course; 8:30 shotgun start, two-person scramble, \$55.00 a player. Pick up team forms at golf course (970-249-4653) or call Volunteers of America the Homestead at Montrose at 970-252-9359 if you can be a sponsor or donate a prize. All proceeds from the tournament will be used for special projects for our residents; what a great way to enhance their lives.

July 19-28—Montrose County Fair & Rodeo! Sew it! Grow it! Show it!

Aug. 1-- Mike Blakely at the I Bar Ranch in Gunnison, 850 County Rd 49 Gunnison, CO 81230. Gates/bar open at 5PM, BBQ starts at 6:30pm and music starts at 7:30pm. All tickets can be purchased at <u>970-209-9796</u> for the Country Artists night or <u>www.ibarranch.com</u>.

Aug. 2-4—37th Annual Telluride Jazz Festival, with Stanley Clarke, Dr. Lonnie Smith and an all-star lineup. Call 970-728-7009 or visit www.telluridejazz.org for tickets and information.

Aug. 8—Bellamy Brothers Blakely at the I Bar Ranch in Gunnison, 850 County Rd 49 Gunnison, CO 81230. Gates/bar open at 5PM, BBQ starts at 6:30pm and music starts at 7:30pm. All tickets can be purchased at <u>970-209-9796</u> for the Country Artists night or <u>www.ibarranch.com</u>. **Aug 8-11**-The <u>No Barriers Summit</u>, a four-day outdoor adventure and arts festival with a goal of overcoming barriers for people facing any significant life challenges, including people with disabilities and their families, will take place in Telluride, Colo. Speakers for the 2013 Summit include award-winning journalist Bob Woodruff, who is a major voice for recovering victims of war injuries and Kyle Maynard, the first congenital quad amputee to reach the summit of 19,340-foot Mount Kilimanjaro. The event features many outdoor community activities, including a block party in downtown Telluride, an outdoor movie screening, a wall mural project, and No Barriers University, where leading scientists and inventors share the latest innovations in adaptive technology, including a live demonstration of three robotic exoskeletons on Aug. 9. For more information and a complete schedule of events visit <u>www.nobarriersusa.org/summit</u>.

Aug. 8-11—Many Hands Fiber Arts Festival in Telluride. Telluride High School Gym and other venues. For more information, and for a complete schedule of events and entry forms, visit manyhandsfiberartsfestival.dreamhosters.com or email info@manyhandsfiberartsfestival.org. Aug. 15—Dean Dillon at the I Bar Ranch in Gunnison, 850 County Rd 49 Gunnison, CO 81230. Gates/bar open at 5PM, BBQ starts at 6:30pm and music starts at 7:30pm. All tickets can be purchased at <u>970-209-9796</u> for the Country Artists night or <u>www.ibarranch.com</u>.

Aug. 24-25—Western Colorado Botanical Gardens 22nd Annual Grand Valley Garden Tour, 9 AM to 3 PM each day, featuring Designer Gardens and their designers, Master Gardeners, musicians and artists. Visit <u>www.wcbotanic.org</u> for ticket outlet information or call 970-245-3288. **Aug. 31**—Uranium History Celebration and Reunion Picnic, Uravan Ball Park, 11 to 3 p.m.

Oct. 5-Montrose Oktoberfest, a benefit for All Points Transit, Centennial Plaza, Montrose.

REGIONAL NEWS BRIEFS

KAVANAUGH NAMED ROTARIAN OF THE YEAR



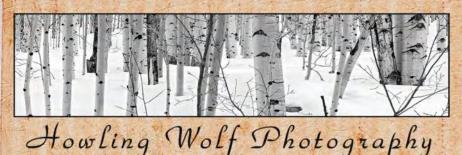
Montrose Rotary Club President Amy McBride presents the Rotarian of the Year award to Tim Kavanagh.

Special to the Mirror

MONTROSE--Montrose Rotary Club President Amy McBride named Tim Kavanagh as Rotarian of the Year in recognition of his many years as coordinator of the Club's weekly programs.

Kavanagh, who is a Licensed Professional Counselor in Montrose, has been a Rotarian since 1999. In announcing the award at the Club's weekly meeting, McBride said, "I can tell you from firsthand experience that organizing informative and engaging programs for each week's meetings is a difficult task, and the fact that Tim did this for ten years is something for which we all should be extremely grateful." The Montrose Rotary Club formed in 1921. Its 100 members are committed to Rotary International's mission to provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. The Montrose Rotary Club promotes community service through many projects, including the Fishing Derby and Fourth of July Fireworks, scholarships and grants, and Shoes for Kids, which provides shoes for low income children.

HAVE A SAFE AND WONDERFUL FOURTH OF JULY!



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MONTROSEMIRROR

Contact the Montrose Mirror: Post Office Box 3244 Montrose, CO 81402 970-275-5791 Email Us: Editor@montrosemirror.com www.montrosemirror.com Photographer Barton Glasser captured the blood, sweat and tears that are Roller Derby, at the June 22 Rollin' on a River benefit for Habitat for Humanity of Montrose County. More great photos inside! Photos by Barton Glasser.





Meet on Main Street for Extra MIM Fun till the Fireworks Start!



SPEND THE DAY IN MOTION!

SIDEWALK SALES • FAMILY ACTIVITIES • BOUNCE HOUSES FOOD & DRINK VENDORS • MATINEE MOVIE & MORE

Main Street, pedestrian friendly, between Park and Townsend - 9:30 AM – 9:00 PM Additional streets closed, between Park and <u>Nevada -</u>3:00 – 8:00 PM

Activities from Townsend to Cascade

 Free Water Fun for Kids * Giant Bubbles & Wands * Sidewalk Chalk Competition, for kids to adults; pick up entry forms at Fabula * Paint your face on the "Community Face Portrait"
 Glitter Tattoos * Face Painting * Jump rope & more

Activities from Cascade to Uncompany

Listen to Patriotic Music with the Community Band Concert, after the Parade Barrel Train Rides at Centennial Plaza Miniature Golf Trailer

Activities from Uncompanyro to Park

Ascend The Climbing Wall * Take a Pony Rides * Jeep Club Jeep Display Inflatable Obstacle Course

8:00 Bleycle Foker Gruise

Learn more at montrosebicycle.org

4:00 Troubadour Contest with Fulzes

Bricked Park between Bank of the West & Brown's Shoes $\,{}^{\star}$ Pre-Registration and contest details at MainInMotion.com