

Friend us on Facebook Visit us online at montrosemirror.com

Please Support our Advertisers:







www.region10.net



www.montroseact.com



www.smpa.com



http://www.realestatemontrose.com/

Your Source for Local Business News and Information MONTROSEMIR ROR

Issue No. 70 Oct. 16 **2013**

The "FEAR NOT" Issue!

MUSIC, DODGEBALL ON THE MENU FOR HALLOWEEN FUN!

By Caitlin Switzer

MONTROSE—Whether you plan to be a ghost, goblin or Lady Gaga, better get your costume together and your dancing shoes ready! Because with so many events to choose from, Halloween 2013 in Montrose offers a full menu of fun that extends far beyond Oct. 31. Kick things off with a stop by the Montrose Elks Lodge at 3 p.m. Oct. 19, for a Bingo fundraiser that supports the outstanding Montrose High School Marching Band. After all, the MHS Band took first place in their division at the 36th Annual Colorado West Marching Band Festival in Grand Junction Oc. 5.

"I think the reason the kids were so outstanding at competition and doing so well this year is because we have such a team atmosphere," MHS Band Director Josiah St. Peter said. "The students, parents and staff are really working together—this is just a very unique year for that."

Supporting the MHS Band Bingo Fundraiser at the



It's that time of year again...pumpkins are everywhere, including at the Mattics Orchard Farm Stand at Main Street and San Juan Avenue.

Continued on page 6

PLENTY OF PLACES TO PLAY DESPITE SHUTDOWN!



Colorado Parks & Wildlife Officials and Mrs. Sam Caudill unveil the sign at the new Sam Caudill State Wildlife Area South of Glenwood Springs on Oct. 8. State Wildlife Areas remain open despite the Federal Government shutdown. Courtesy photo.

By Caitlin Switzer

REGIONAL--The days are getting shorter, and color season has arrived complete with vivid pumpkins, tall corn shocks and bright fall foliage. For local businesses, the onslaught of cooler weather traditionally coincides with the arrival of outdoorsmen in pursuit of game and the seasonal hunting experience. Despite the shutdown of the Federal Government, opportunities for outdoor adventure remain open, said Joe Lewandowski of Colorado Parks and Wildlife, a state agency.

"All national forest and BLM lands are open for hunting," said Lewandowski. "Developed camps are closed, but those would usually be closed this time of year anyway. Dispersed camping is open though, and the weather is moving in, which helps hunters track game and quiets the woods.

"We encourage people to get out and hike the dark timber, and climb the steep slopes," Lewandowski said. "Hunting in Colorado is always good for people who really hunt."

Continued on page 2

in this	Liesl visits the	Telluride Horror	DMEA Manager Dan	Regional News	A chat with
	pumpkin patch!	Show photos!	MacLendon Retires	Briefs!	Michael McCullough

ALPINE BANK OFFERS INTEREST-FREE LOANS FOR FURLOUGHED GOVERNMENT EMPLOYEES

Special to the Mirror

REGIONAL – Today, more than 800,000 Federal workers are without paychecks. Many thousands of them are here in western Colorado.

These are not faceless bureaucrats. Rather, they are our friends, neighbors and important contributors to our community. Alpine Bank sees no benefit in pointing fingers or placing blame. We would rather do everything we can to help struggling local federal workers and their families.

They are without groceries. They are without gas in their cars.

Today, Alpine Bank has set aside \$13 million dollars.

Alpine Bank will loan furloughed western slope Federal workers their next paycheck, interest-free. They can pay us back when the government shutdown is resolved. Bring your last government paystub and identification into your local Alpine Bank and we'll get to work. While the politicians battle politics, Alpine

would rather take steps to care for our own.

Alpine Bank is a \$2.4 billion dollar, employee-owned organization chartered in 1973 with headquarters in Glenwood Springs, Colorado. With 36 western and southwestern Colorado banking offices, Alpine Bank employs over 500 local people and serves more than 130,000 customers with retail, business, trust, asset management, mortgage, and electronic banking services.

PLENTY OF PLACES TO PLAY DESPITE SHUTDOWN! continued from page 1

Though no statistics will be available until there." next year, anecdotal evidence from bow season, which just ended, suggests a strong 2013 season, he noted.

"All of the wet weather made the woods nice and quiet," he said, "we heard things went well."

Lewandowski urged hunters to put safety first.

"Make sure of your target," he said. "If you are hunting a cow elk, shoot a cow elk. Make double sure that there is nothing behind your target-exercise caution out

Normal, fall recreation traffic appears to be recurring after several slower years, observed Kenn Klein, customer service manager at the Black Canyon Jet Center FBO at Montrose Regional Airport.

"Nothing record setting," he said, "but we are seeing more normal fall recreation traffic than in previous years, and we are getting hunting activity. Colorado really has appeal for people from out of state."

Many second home owners plan their annual trips to the region in the fall, he noted.

For those seeking something slightly different, Elite Motorcycle Tours of Montrose and Moab offers dirt bike tours, including winter rides (weather permitting) though this time of year business tend to center around Moab, said Pam Peterson, whose husband Darren owns the company.

The sport appeals strongly to men and corporate groups, she noted.

"There are a few women, and we train riders as young as nine," she said. "But mostly, we see men over age 40."

TO OUR READERS...

Thank you for taking time to read the Montrose Mirror! In the past I have printed a few paper copies of each issue, but as the publication has grown it has become increasingly costly. While I will still print issues that are 32 pages or under, the larger issues will instead be sent to Columbine Copy Center as a pdf file so that anyone who would like a print copy can call and order one for the cost of making the copies. Columbine's phone number is 970-249-4418, and their email address is

orders@columbinecopycenter.com.

Have a wonderful Autumn, and we hope to see you at the Sharing Ministries Street Dance on Sept. 21! Caitlin Switzer

Editor and Publisher The Montrose Mirror



The Montrose Mirror is your source for local business news and information.

No reprints without permission.

Editor and Publisher: Caitlin Switzer

Creative: Jon Nelson

Ad Sales: Clay Greathouse 970-596-2158

Post Office Box 3244 Montrose, CO 81402 970-275-5791 www.montrosemirror.com editor@montrosemirror.com

DMEA GENERAL MANAGER ANNOUNCES RETIREMENT

Special to the Mirror

MONTROSE--On Oct. 12, 2013, Delta-Montrose Electric Association (DMEA) General Manager Dan McClendon submitted a notice of retirement to the DMEA Board of Directors. Several Board members admitted surprise by the announcement. "We were all completely surprised by Dan's letter." said Nancy Hovde, DMEA Board President. McClendon stated in his letter, that he intends to fulfill all of his current duties until Feb. 7th. 2014. During this time, DMEA will be completing its annual budget cycle and will be processing a member rate adjustment to compensate for increases from its wholesale power provider, Tri-State Generation and Transmission (Tri-State).

Despite recent challenges to the cooperative, McClendon considers DMEA's recent history as an example of success. "The last two years have been exceptional years resulting in much progress for the Association. In the wake of large wholesale rate increases and a severe economic downturn, DMEA has reacted with prudence and exceptional operational advancement. DMEA stands nearly alone as a national leader in technology deployment, customer satisfaction, service reliability, safety, operational efficiency and cost reduction."

Asked why he decided to retire at this time, McClendon simply stated that the change would benefit his family as he pursues other personal business and church service opportunities. "A new General Manager will be able to take the helm of an excellent organization and help steer toward even more protection and success for the members."

Upon hearing the news, many employees expressed gratefulness for Dan's service. McClendon remains upbeat as he concludes his 29-year career with the cooperative.

"My employment here has been a privilege as I have worked side by side with talented and loyal employees and supportive directors in serving the members of DMEA... I wish only the best for all of the DMEA directors, employees, and, of course, the members. I have been honored to be a part of this organization."



MONTROSE PUBLIC WORKS DIRECTOR PLANS PROACTIVE ANALYSIS OF CITY'S FUTURE PARKING NEEDS



Montrose is fortunate to have a city bus service through All Points Transit that alleviates some parking needs. However, the City plans to convene a parking advisory committee to assess parking demand and plan for future growth.

By Caitlin Switzer

MONTROSE--As Montrose continues to grow, so too will demand for accessible parking Downtown. Montrose Public Works Director John Harris believes that there is no time like the present to plan for the City's future parking needs; though Montrose has a number of parking lots in the Downtown district, most are small, older and well occupied.

"I think we are at a turning point," Harris said. "Montrose is no longer a little town, though it is not yet as big as Grand Junction. We are outgrowing our available parking—how can we accommodate this? The lots Downtown are fairly small, so the first step will be to institute a cost-benefit analysis of expanding the lots. "Maybe we expand them vertically instead of building new lots," he said.

City Manager Bill Bell is convening a parking advisory committee composed of community members and staff, Harris said.

"I hope to be on the committee," Harris said, noting that events like Main in Motion highlight the need for accessible Downtown parking.

"We need to ask first what we need, and start there," Harris said. "What do we do? Expand existing lots, or build new?

"Many people find parking lots boring," he acknowledged.

"But this is actually going to be kind of fun—I hope our community sees that we can build things that look attractive. It's very easy for us to bring in aesthetics that will really make things nice."

Larger communities have dealt with growth and the need for parking in a variety of ways.

One Front Range community has actually created a system in which parking facilities comprise an aspect of economic development.

An article written by Chrissy Mancini Nichols for <u>Chicago's Metropolitan Plan-</u> <u>ning Council</u> (MPC) highlights the effectiveness of Boulder's comprehensive parking strategy.

"Established in September 1970, the <u>Central Area General Improvement District</u> (<u>CAGID</u>) oversees a <u>35-block district</u> of parking facilities that include on-street curb parking, multiple parking garages and surface lots, totaling more than 4,000 spaces," writes Nichols.

"Parking revenues in the CAGID are used as an economic development tool for downtown Boulder, paying for pedestrian and street improvements in the area and helping create a vibrant destination for visitors... Downtown Boulder's efforts to transform parking spaces from simple automobile depositories into effective engines for economic development have paid off. It has become a national model for effective urban transportation practice, connecting it to the larger backdrop of a sustainable environment and a comprehensive transportation system."

Other articles in the MPC "Solving the Parking Predicament," series focus on innovative solutions employed elsewhere in the United States, such as San Francisco's Smart Phone app for parking and use of demand-based pricing to achieve the "optimal" parking space occupancy rate of 60 to 80 percent.

27th Annual Stupid Band Halloween Show Nov. 2 Break out the costumes or come as you are--It's a Stupid Halloween Dance! Montrose's favorite local rockers will play their 27th Annual Halloween Dance Party at the Turn of the Century Saloon (117 NW Fourth Street) in Montrose on Nov. 2. Admission is \$10 and a non-perishable food item for the local food bank. Doors open at 8 p.m. Be smart, and show up! Questions? 970-209-1260.

Mrs. International 2013 is ready for some Dodgeball!



Photo Courtesy of the Mrs. International Pageant. Mrs. International 2013, Amy Gregorio, will visit the Western Slope November 1-2, to attend the 2013 CASA Dodgeball Tournament. She will promote her platform of raising awareness about child abuse and neglect through the Court Appointed Special Advocate (CASA) organization.

Special to the Mirror

MONTROSE—A Court Appointed Special Advocate (CASA) who volunteers in Lake County, IL, Mrs. International 2013 Amy Gregorio will continue to promote her platform of raising awareness about child abuse and neglect through the CASA organization, for which she serves as a member of their speaker's bureau and as a national ambassador.

Gregorio became passionate about her platform during her time covering crimes against children as a news reporter.

"My new title offers me enormous potential to reach so many more people about the importance of child abuse prevention and to enlist the support of others in the CASA program," Gregorio said.

A former award-winning television journalist, Gregorio has interviewed four U.S. presidents, has two Emmy nominations, and was voted "Best Reporter" by the Associated Press, with stories appearing nationally on CBS, CNN and FOX.

Poised and determined to help abused and neglected children during her reign, Gregorio will visit the Western Slope of Colorado for a dodgeball fundraiser for

CASA of the 7th Judicial District on November 1-2. Her appearance will help bring national attention and regional support to the local CASA program.

The CASA 2013 Dodgeball Tournament will host adult, middle school, and high school competitions on November 2, at Centennial Middle School in Montrose. Vendor booths are available the day of the tournament (\$25 for nonprofits, \$50 for businesses). To register teams, visit www.MontroseRec.com. For information on the event and CASA's child advocacy efforts, visit www.casa7jd.org, email info@casa7jd.org, or call (970) 249-0337. For information about the National CASA Association, visit

www.casaforchildren.org. The Mrs. International Pageant is the only platformbased system and is owned and operated by International Pageants, Inc., which also operates the Miss International and Miss Teen International competitions. Mrs. International showcases married women 21 to 56-years-old and includes their husbands as an integral part of the event. For more information, visit

www.mrsinternational.com.



- You need myStrength.com a wonderful resource for whatever you are dealing with.
- Personalized for you, there are videos, resources, and practical tools to help you manage whatever is bothering you.
- It is free, individualized, and private a gift to you from the Center for Mental Health.

It's easy to get started:

Visit www.myStrength.com and click on "Sign-up." You will be asked for a "Payer Code." Enter thecentermontrose and continue on to complete the personal profile and a brief Wellness Assessment.



DODGEBALL, MUSIC ON THE MENU FOR HALLOWEEN FUN!

continued from page 1



The Stupid Band at the 2012 Halloween Dance. Courtesy photo.

Montrose Elks Lodge—complete with \$250 payouts per game, silent auction items and food and beverages-- is a way to keep the arts alive, extend a hand up to these hardworking young musicians, and hear some truly excellent music by the Band, St. Peter said.

"This event supports our program, which is great for kids," St. Peter said. "Everyone in the band is a self-starter—by funding and helping the band, you are helping a huge majority of kids—this is a large organization." fabulous lady," Firehouse Server Charlie Burch said.

Also on tap for Nov. 1 is a Blue Sky Music Presents show featuring the Damn Quails at Turn of the Century (117 North Fourth Street).

"We had the Damn Quails come to Montrose last March, and they were a hit with everybody," said Promoter Dave Bowman of Blue Sky Music Presents. "We were asked to bring them back, so we have—get out your costume, because this will be a great, fun Halloween weekend!"

Valerie Meyers' Weekly Monday

On Nov. 2, begin your day with a game of Dodgeball-give it all you've got, whether playing or loudly cheering on your favorite team-it's for a great cause! CASA of the Seventh Judicial District's 2013 Dodgeball Tournament will host adult, middle school, and high school competitions at Centennial Middle School in Montrose. Vendor booths are available the day of the tournament (\$25 for nonprofits, \$50 for businesses). To register teams, visit www.MontroseRec.com. For information on the event and CASA's child advocacy efforts, visit www.casa7jd.org, email info@casa7jd.org, or call (970) 249-0337.

For information about the National CASA Association, visit

www.casaforchildren.org. CASA Development Pro Stacey Ryan has coordinated the event with a number of other local opportunities to entice donors to plan their annual "Dodgeball" vacation in Montrose. And finally, don't make a "Stupid Mistake" and miss the 27th Annual Stupid Band Halloween Dance and Birthday Bash at Turn of the Century on Saturday night, Nov. 2. Doors open at 8 p.m., and admission is \$10 and a non-perishable food item. "We're going to play hits from the last century and from this century," Stupid Band Drummer Brad Switzer said. "And it's a benefit for the local food bank!"

leukemia. "Come by and show your support out a

Next stop for

will be the Fire-

house Restau-

rant (1136 East

Main Street) on

Friday, Nov. 1,

where longtime

favorites the

Anders Broth-

ers will play a

benefit show

for Montrose

resident Judy

Lillard, who is

suffering from

a great time

REAL ESTATE MARKET REPORT from the Road

Valerie Meyers, Realtor, GRI Coldwell Banker Bailey & Co. 2023 S. Townsend Ave. • Montrose, CO 81401 970-209-1378 Cell • 970-257-6748 Direct

Click here to catch Valerie's weekly Monday Real Estate Market Report video...from the road!



Promoting Independence in Your Own Home:

- On call nursing 24 hours/7days a week
 - Pain Management & Wound Care
 - IV Infusion Therapy
 - Diabetes Management
- Physical, Occupational & Speech Therapies
 - Disease Management
 - Medication Management
 - Laboratory Testing, Fingerstick INR



Medicare/Medicaid Certified Private pay and most private insurance companies accepted

Home Health of Western Colorado 970-240-0139





If your child has special needs - bathing, dressing, eating, ambulation, etc. ask about our Parent Provider Program

300 N. Cascade Avenue, Suite U-9 • Montrose, CO 81401

RIDGWAY SCULPTOR SHARES LOVE FOR LIFE, LUCY

By Caitlin Switzer

RIDGWAY—He has spent much of his life here in Western Colorado, offering a touch of immortality to the local people and creatures he has captured in bronze. Though Ridgway Sculptor Michael McCullough, 61, has now come face to face with his own mortality as he battles stage four lung cancer, the artist, whose Firehouse Sculpture Studio has been a Ridgway institution for many years, continues to live each and every day with an attitude of thankfulness.

"Statistically, I should be gone by Christmas," said McCullough, who shares his studio and his life with his muse, the artist and photographer Lucy Boody. "My prognosis is from six months to two years. But based on my response to therapy, I am looking at remission—I am doing everything I can to stay alive."

McCullough's work can be seen here in Montrose, in the form of the exquisite red fox sculpture that was honored with a Public Art eXperience (PAX) People's Choice Award in 2008 and which was purchased for the City's permanent collection in 2010. And despite his illness, the artist continues to work, and to look back on a formidable body of accomplishments.

"Cancer has given me an opportunity to learn a new perspective on art," McCullough said. "It's a tough one. I am a builder by trade, and I was working on a house when I was diagnosed—I now consider it my magnum opus. Over the years, I have worked with the best builders and contractors that money can buy. I am also working on some pieces for my (chrome motorcycle accessory) business Kings Armor, and working with (Grammy Maker) John Billings on the John Wooden Award, to create something in bronze.

"We continue to give tours of our sculpture garden, of the old Ridgway jail, and the old fire truck every day," he said. "Every day we are making things, mowing the grass, cutting sunflowers. I am proud of my social contributions—of having been an EMT, of coaching basketball, and of being a leader for the arts in Ridgway— I am glad there is excitement and enthusiasm here to keep the arts alive."

Of his work as an artist, McCullough said that he is proudest of the "Hoot" sculpture in Telluride, a larger than life kinetic bronze that memorializes Brooks Brown, a beloved Telluride teenager killed in a



There is a love story captured in bronze at the base of Montrose's red fox, for those who take time to read it.



Michael McCullough's red fox is part of the City of Montrose's permanent sculpture collection. There is a companion piece on display in Ridgway.

snow cat accident in 2005.

"You might say that cancer is the best thing that has ever happened to me, because of all the changes to my life," McCullough said. "It has brought me even closer to Lucy, to my daughter Grace, to my neighborhood and my community."

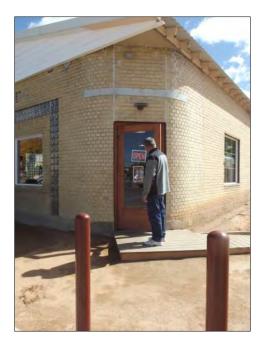
McCullough is grateful for the community fund that has been set up at Alpine Bank to defray the high costs of chemotherapy, and for the team of health care providers at the San Juan Cancer Center in Montrose. "I am essentially living moment by moment," he said. "All of my tumors are shrinking, but Lucy and I are realizing more than ever the importance of each moment."

For years, McCullough has called Lucy his "muse," and the bond has only grown stronger in the face of cancer.

"She is one of a kind," McCullough said. "We have managed to keep each other stimulated for ten years; we look at each other, and we know that we were made for each other.

"We are all terminal," noted McCullough. "Cancer patients are just more aware of it."

MIRROR IMAGES...AUTUMN ARRIVES!





At left, Chet Byler in front of the new Straw Hat Farm Store Oct. 5; Ridgway Sculptor Bill Noland's mountain goat at Centennial Plaza; below, Switzer boys finding their way through the DeVries Corn maze.





Above, Straw Hat Farm Market Store owner Karen Byler with Montrose Farmers Market Manager Abbie Brewer at the store's grand opening Oct. 5; below right, lederhosen and great brews were everywhere at the Black Canyon Home Brewers Oktoberfest Oct. 5, a benefit for All Points Transit..





MONTROSE COUNTY NEWS AND INFORMATION

CDPHE TO KEEP WIC OFFICES OPEN THROUGH OCTOBER

Special to the Mirror

DENVER — The Colorado Department of Public Health and Environment (CDPHE) has determined that, despite the federal government shutdown, Colorado WIC clinics will remain operational through the end of October. Unless the federal government resumes operations or some other remedy is implemented, the Colorado WIC program likely will not be able to serve participants beginning in November.

The Colorado Special Supplemental Nutrition Program for Women, Infants and Children (WIC), funded by the U.S. Department of Agriculture, is a nutrition program for pregnant women, breastfeeding women up to one year after giving birth, non-breastfeeding women up to six months after giving birth, and infants and children up to five years old. WIC participants must meet certain financial requirements.

"We are considering our options," said Patricia Daniluk, Nutrition Services Branch director for the department's Prevention Services Division. "This federal shutdown is unprecedented, and there currently are many unknowns. We are, first and foremost, doing our best to meet the nutritional needs of the more than 95,000 women and children WIC serves."

The funds to support operations during

October come from savings from the previous fiscal year and a small amount of contingency funds provided this week by the USDA.

Local WIC clinics should continue normal operations until further notice. The department encourages WIC participants to keep their WIC appointments and continue redeeming their checks for the month of October.

Information and updates are being posted to the WIC Alerts page on the <u>www.ColoradoWIC.com</u> website. The department encourages local WIC agencies, retailers and participants to watch the site for the most current information.

MONTROSE COUNTY FALL GARDENING CALENDER



CLICK HERE FOR SEASONAL GARDENING TIPS!

"SHERBOOONO" THEATER TO HOST A HALLOWEEN PARTY OCT. 25!

Special to the Mirror

RIDGWAY--On Oct. 25th, the Ridgway Chautauqua Society (dba: The Sherbino Theater) will be hosting a fundraiser event with their annual "Sherboo-no Halloween Bash". This year, the featured musicians are area favorites, Funkdafari! Admission will be \$10 at the door and costumes are highly encouraged.

As a band, Funkdafari promises a highenergy performance. Their original music is the product of four different writers whose influences range from jamband to pop, from groove to electronica, from Jazz to juju music. You'll hear bits and pieces of Beck, Ween, Culture, I-Vibes, Phish, Wilco, Maceo, Ozzy, MMW, Simply Red, Fela, Average White Band.....and on and on again. The band was cultivated in the San Juan Mountains and they undoubtedly crush the idea of genre.

The Sherbino will equip the night with a

fun atmosphere and drink specials as well. This event is restricted to ages 21 and older and all participants should come with their ID's ready to present at the bar and door.

The fun will start at 8 pm and will roll into the early morning hours. For more information, visit: <u>www.facebook.com/</u> <u>sherbinotheater</u> or visit <u>www.sherbinotheater.com</u> or call the Sherbino at 970-318-0892. Leveraging Resources for

Stronger Communities

MARKETING & TECHNOLOGY CLASS

CONSTANT CONTACT



Connect, Inform, Grow,

Presented by Lauren Bell of NETWORKS UNLIMITED

What is Constant Contact?

We'll answer that and more!

- The difference between regular email and email made for marketing efforts
- How Constant Contact can grow and strengthen a professional presence
- A look at the customizable templates and the drag-and-drop email editor
- An overview of the methods Constant Contact offers to grow your email list
- How to test and send your emails
- A look at the in-depth analytics and feedback that Constant Contact can offer for your marketing efforts
- An overview of the social media, offers, and event promotion features that Constant Contact offers, as well

October 29 • \$20

- Region 10 Enterprise Center

 300 North Cascade
 Montrose
- Noon-1/1:30 PM Attendees are encouraged to bring a brown bag lunch
- Limited Seating Please RSVP by calling Claudette at Region 10

970-249-2436 • www.Region10.net

Region 10 also offers classes on Starting Your Own Business, QuickBooks, Creating a Business Plan, and more. To learn more about Region 10's programs and services, call Vince Fandel at 970-249-2436 ext. 17.

Advertisement

SAN JUAN CANCER CENTER SERVES PATIENTS, COMMUNITY

By Caitlin Switzer

MONTROSE—It's a diagnosis nobody wants to hear. And yet when locals learn that they have cancer, they know where to turn. The San Juan Cancer Center was founded in 2006 to serve a seven-county (Montrose, Delta, Ouray, San Miguel, Gunnison, Hinsdale and Mesa) territory in Western Colorado. By bringing together the resources of Montrose Memorial Hospital, St. Mary's Hospital of Grand Junction and San Juan Radiation Oncology, the San Juan Cancer Center, located at South Fifth Street and Park Avenue, provides area patients with state-of-the-art weapons to fight this heartbreaking illness.

According to the <u>Annual Report to the</u> <u>Nation on the Status of Cancer</u>, death rates from the disease in its myriad forms are on the decline. However, the battle is far from won. Colorado <u>statistics</u> show that the cancer rates in Montrose and Mesa counties are reflective of the nation as a whole, though Mesa County's rate is on the decline. Ouray, Gunnison and Delta counties reveal cancer rates that are lower than the U.S., while statistics for Hinsdale County have been suppressed for purposes of confidentiality and rates for San Miguel County are deemed unreliable due to the low annual mortality rate.

The San Juan Cancer Center works to combine world-class medical expertise with small town friendliness. Patients have access to a full range of treatments, beginning with personal consultation and examination and including options such as chemotherapy and radiation therapy. The Center also offers cancer counseling and coordination of care to ensure that patients receive the best care possible for their individual needs.

Though they work with a disease that strikes fear into many, the professionals who staff the San Juan Cancer Center believe in maintaining a positive attitude.



For many, the San Juan Cancer Center represents the "crown jewel" of Montrose, providing quality care for patients throughout the region.

"This is the best job in the world," said Marva Victor, director of oncology services. "I work with a phenomenal staff; we all get along and we love what we do. Our patients know what is important—all pretense and fakeness is peeled away; when you have cancer the little stuff doesn't matter.

"My nurses are the best," she added. "They connect with patients in all kinds of cases, and make them want to live and to smile." Montrose is fortunate to have such a strong resource, she noted.

"We draw from a very wide region," Victor said. "I truly believe the San Juan Cancer Center is the crown jewel of Montrose; it is very unusual for a small town to have a full-service cancer center, and it saves our patients a great deal of annoyance and travel."

Heading the medical team at SJCC are

Medical Oncologists Dr. Robert Kilbourn and Dr. Choon-Kee Lee. Dr. Kyle Oldroyd serves as Medical Director of Radiation Oncology, while University of Colorado Cancer oncologists Dr. Madeleine A. Kane and Dr. Michael Glode round out the team. All of the physicians are board certified and each has a special area of focus, notes the SJCC web site, and are well supported by an outstanding staff of nurses and other professionals. Patients who survive the battle of their lives often believe that Cancer changed them for the better, Victor said. And those who help them along the way find the journey has its own rewards.

"This is a very, very special place to work," Victor said. "I consider it a privilege." The San Juan Cancer Center is located at 600 South Fifth Street in Montrose, and can be reached by calling 970-497-8001.

59TH ANNUAL ASPEN SKI SWAP OCT. 19

Special to the Mirror

ASPEN--The 59th Annual Aspen Ski Swap will be held at Oct. 19^{th} from 9:30 AM – 1 PM at the Aspen Middle School.

Drop off all new or used equipment, clothing and accessories Friday, Oct. 18th

from 4-6pm. Pick-up money and/or unclaimed items, Saturday, October 19^{th} from 2:15-4pm.

Tickets for selling items may be picked up at the Aspen Public Schools, Aspen Community School and the Alpine Banks in Aspen, AABC, Snowmass, Basalt, or Willits. Clean out your closets and come SHOP THE SWAP!

If you have any questions or are interested in volunteering please contact Helene Gude at <u>helenegude@alpinebank.com</u>.

REGIONAL NEWS BRIEFS OURAY COUNTRY WINTER SPORTS SWAP Oct. 18-19

Special to the Mirror

RIDGWAY– As the first snows fly in the San Juan Mountains, it's time to dust off your old gear and sell it at the 11th annual Ridgway Winter Sports Swap to support the George Gardner Scholarship Fund. While you're at it, might as well upgrade your snow riding swag in anticipation of deep "POW" ahead. Drop off your equipment and clothing on Friday, Oct. 18 from 11 am to 4:30 pm at the Ouray County 4H Events Center, on Highway 550 just south of the Ridgway intersection light.

The Swap starts at 5 pm on Friday, Oct. 18th until 9:00pm. Then continues on Saturday the 19th from 9:00 am to 1 pm. Fifteen percent of all goods sold will go to the George Gardner Scholarship Fund. The Telluride Ski Area will be at the Swap selling season passes and other products; as well as the Boot Doctors and Gravity Works from Telluride who will be making some screaming' deals on last year's hottest goods.

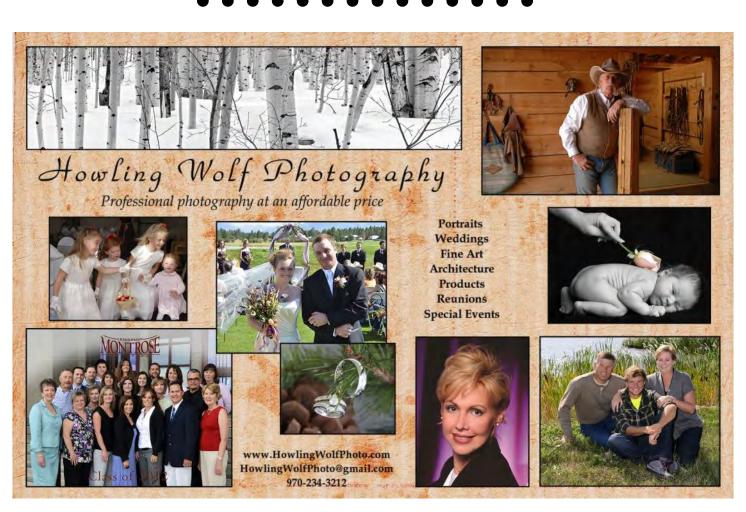
Pick up unsold gear on Saturday after the Swap until 4:00 pm. Then collect your check for goods sold on Monday, the 21st from 9:00 am to 12:00 pm. All for a great cause. So we'll see you at the Ridgway 4 H Events Center on October 18th... Swap till you drop!

The GGSF is an all-volunteer non-profit

(affiliated with the <u>Telluride Foundation</u>) aspiring to carry on its namesake's vision and educational philosophies. It is particularly committed to supporting experiential learning opportunities for teens and young adults motivated to explore outdoor educational programs. We believe that profound learning is often facilitated by time spent in the natural world.

These experiences provide an arena for developing leadership and other lifelong skills. **GGSF** also provides need-based funding of scholarships to Ouray County graduating seniors for college, trade school, service organizations, internships or study abroad. <u>http://</u>

georgegardnerscholarshipfund.org/.



Advertisement

STRAW HAT FARM MARKET STORE RIBBON CUTTING



Special to the Mirror

MONTROSE—Celebrating a ribbon cutting at the new Straw Hat Farm Market and Kitchen Store at 514 South First Street at noon on Oct. 1 are officials from the City and DDA, the Montrose Famers Market, Montrose Chamber of Commerce and the Montrose Redcoats. The new market features an array of products for the home and kitchen, and showcases the beautifully remodeled building now occupied by Straw Hat owners Chet and Karen Byler. Weekday hours are Tuesday through Friday from 10 a.m. to noon.

HONORABLE MENTION

To some of Montrose's newest businesses: Amy Chism and Wendy Jackson's intimate LoMo event venue, the Grotto...located at 72 South Grand Avenue...call 970-275-2761 for info...

...and to the Straw Hat Farm Market Store at 514 South First Street, a wonderful place to find organic meats, produce, kitchen supplies and just about anything you might need for that next great meal!

To Development Director Stacey Ryan of Casa of the Seventh Judicial District, for an absolutely brilliant outreach campaign, done on a very small budget....are you ready for some Dodgeball? Nov. 2 at Centennial Middle School!

MEET DDA FINALISTS OCT. 24

Special to the Mirror

MONTROSE--The Montrose Downtown Development Authority (MDDA) Board of Directors announces two final candidates for the MDDA Executive Director vacancy. These finalists were selected from a group of 38 applicants for the position. The finalists will be invited to Montrose for a community reception, to which all downtown businesses and Montrose community members are invited.

The community reception will be held at Main St., downtown Montrose, on Thursday, October 24th from 7pm to 9pm. At the community reception, all are welcome to personally meet and speak with the Director candidates. The candidates will from Yale University and has received participate in a community tour, Board luncheon, and formal interviews on Fri- Street Center.

day, October 25th. The finalists are:

years of experience providing marketing, technical assistance, and business development support to various organizations, including seven years as Executive Director for downtown organizations throughout North Carolina.

He was most recently employed with the Uptown Shelby Association in Shelby, North Carolina.

He is very familiar with the national the Canyon Gallery located at 300 East Main Street program and has extensive experience working with Main Street committees and partner organizations such ing revolving loan funds for small busias Chambers of Commerce.

additional training at the National Main

Patrick Kay – Mr. Kay has 7 years of Wade Nichols – Mr. Nichols has over 25 experience working with downtown business districts on redevelopment projects and other programming, including four years as Executive Director for downtown organizations in Maryland and Ohio. He was most recently employed with Downtown Middletown, Inc., in Middletown Ohio. He is very familiar with downtown redevelopment and construction, as well as project management. He is also familiar with the national Main Street program and its four-point approach to downtown revitalization and has experience administerness, as well as façade grant programs. He He has earned a Bachelor of Arts degree has earned a Bachelor of Arts degree from Wofford College in Spartanburg SC, and has served as a board member for several community organizations.

Delta County Living

Your Online Guide for Activities, Adventure, and Living In Delta County, Colorado

www.deltacountyliving.com

deltacountyliving@gmail.com





LEGISLATIVE UPDATE BY SENATOR ELLEN ROBERTS

WILL COLORADO RISE TO THE CHALLENGE?

Dropping temperatures and fall colors signal our advance into autumn, with winter around the corner. For me, September was spent partly home in Durango and partly back in Denver attending interim committee meetings.

Spending the summer in my district, meeting with my constituents provided me much needed respite from last session's turmoil and I'm now gearing up for the next legislative session, starting in January, 2014.

Two new Republican senators were sworn in last week, replacing the senators from Colorado Springs and Pueblo who'd been recalled by their districts. I've had a chance to get to know the new senators and I look forward to working with them. I'm hopeful that next session there'll be a greater emphasis on finding common ground in policymaking rather than divisive partisan politics. However, since 2014's an election year for many legislators as well as the governor and other statewide offices, that may be difficult to achieve. I'm very grateful to the continued in-depth contact I've had over the last several months with my constituents throughout the senate district on a variety of issues, ranging from economic recovery and

OCTOBER HISTORY WALKS PLANNED

Special to the Mirror

MONTROSE--Are you interested in the ghastly stories and the ghosts of the Montrose area or the stories behind some of the gravestones of the Grandview Cemetery? Montrose Historical Museum will be sponsoring alley walks on Oct 15, 18, 22 and 25 of the ghost's stories with a donation of \$5 each, starting at the Museum at 6 pm. Then on Oct 19th and 26th there will be a cemetery tour with a donation of \$10 each. Meet inside the Grandview Cemetery at 4 pm. All tours are limited in size, so call for reservations at 970-249-2085, and be sure to bring a flash light. development efforts, wildfire mitigation and forest health, discussions of how to engage in the state's water planning process, welcoming young veterans returning from wars into our communities and addressing healthcare workforce issues in our rural corner of the state.

I especially appreciate those in my district who have helped organize group meetings for me because, as a state legislator, I don't have any staff in my district that can help with this. However, the meetings produce great information and feedback for me to consider when representing this large and beautiful district.

The two interim committees that I sit on, the wildfire matters and the water resources committees, have been meeting frequently and at length in Denver. We are still gathering information from presentations made to the committees, including about the devastation caused by the summer's wildfires and the recent flooding in areas to the north.

As I've mentioned before, while the workload and travel is great being on both of these committees at the same time, the overlap of issues focused on forest health and our water supplies is very plain to me. Addressing the threat of wildfires includes not only improving our forest management practices and home mitigation efforts, but also making sure that those who step into harm's way to help protect Colorado's citizens and their property are given the necessary tools to do the job well and safely.

We have an expectation that our emergency management system exists to protect us, but that expectation must extend to include a system that protects our first responders equally well.

Colorado has suffered from wildfires and flooding that highlights heroes among us, but also lay bare problems that we continue to have with our emergency management response. I look forward to working with all involved to address these problems.

Partisan politics has no place in these conversations, but there'll be difficult choices as Colorado faces the challenges of priority setting and funding those priorities to make a meaningful difference and improvements.

There's no question that we'll have more wildfires and flooding.

The question that does remain is, will we have made use of the time before the next disaster to be better prepared for it?

Rick Spalenka, RLA Landscape Architect

Designer of Liveable Landscapes

19253 Ward Creek Road | Cedaredge, Colorado 81413 Tel: (970) 856-6077 | Cell: (970) 216-8837 rgsdesigns@aol.com | www.rgsdesigns.com

REGION 10 SBRC TEAMS UP WITH NETWORKS UNLIMITED, PRESENTS INTRODUCTION TO CONSTANT CONTACT

Special to the Mirror

MONTROSE—What is Constant Contact, and what can it do for you and your business? Bypass the hype, and learn how to use targeted email marketing strategies to strengthen your professional presence, grow your clientele and build your contact list. RSVP now for the Region 10 Small Business Resource Center Constant Contact seminar, Oct. 29 from noon to 1:30 p.m. at the Region 10 Enterprise Center at 300 North Cascade in Montrose.

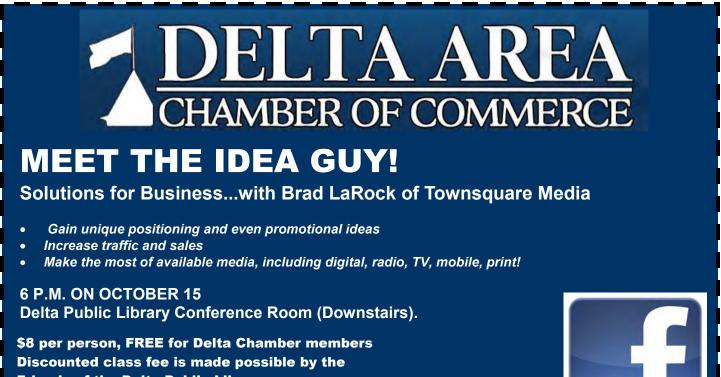
"We know that for a small business owner, Constant Contact is a resource that can make a significant difference in the effectiveness of your outreach efforts," Region 10 SBRC Director Vince Fandel said.

"This seminar will help you make the most more about Region 10's programs and of your investment."

Find out about social media, offers and event promotion features, and hone your marketing efforts with the detailed analytics and feedback Constant Contact provides. The seminar is presented by Lauren Bell of Networks Unlimited.

To reserve your space for the Constant Contact workshops, call Claudette at 970-249-2436 ext. 11. Admission is \$20, and participants are encouraged to bring a sack lunch. Region 10 is also offering classes on "Starting Your Own Business," "Quickbooks", "Creating a Business Plan" and more. The classes are supported with individual counseling sessions. To learn

services, call Vince Fandel at 970-249-2436 ext. 17. A non-profit organization, the Region 10 League for Economic Assistance and Planning was formed in 1972 and serves six-counties (Montrose, Delta, Gunnison, Ouray, Hinsdale and San Miguel), operates an Enterprise center (300 North Cascade) administers the Enterprise Zone Business and Contribution tax credit programs, oversees the Area Agency on Aging (AAA) and Community Living Services, coordinates Regional Transportation planning, and offers a loan program for small business. To learn more call 970-249-2436 or visit the web site at www.region10.net.



Friends of the Delta Public Library and the Delta Area Chamber of Commerce For more info or to RSVP, please call 970-874-8616.



Advertisement

REGIONAL NEWS BRIEFS SNOW SPOTTED ON THE SKI RUNS AT POWDERHORN!



Special to the Mirror

COLLBRAN—Montrose skier Brad Switzer snapped this early season shot of snow on the runs at Powderhorn Ski Resort on Saturday, Oct. 11. Higher than average precipitation levels are expected to result in an outstanding season.

MONTROSEMIRROR

Your Source for Local Business News and Information The Montrose Mirror has a new ad rep in Montrose County! Call Clay Greathouse at 596-2158 for an advertising package that works for YOU and your business!

Western Colorado Hospitality Summit Offers Ticket Discounts to Montrose Businesses, Students and Groups

The Western Colorado Hospitality Summit on Thursday, Oct. 24 (registration and keynote) and Friday, Oct. 25 (courses and seminars) to be held at the Montrose Pavilion Events Center in Montrose, Colorado, is offering significant discounts to businesses, students and groups. The City of Montrose Office of Business and Tourism (OBT) will underwrite a 25 percent discount on ticket prices to all hotel, restaurant and retail businesses that contribute to the Montrose OBT retail and tourism fund. The Western Colorado Hospitality Summit is the first ever region-wide educational business summit in partnership with The Western Business Alliance (WBA) and The City of Montrose OBT.

"We aspire for Montrose to be a place where our local businesses have the tools they need to be successful and we believe hospitality and customer service are key to much of this success," said Montrose OBT Director Rob Joseph.

"We are thrilled with the level of support the Montrose Office of Business and Tourism has provided this summit for the sake of not only Montrose local businesses but also those in our surrounding communities, to help them grow and thrive," said Terri Leben, co-Director of WBA and coorganizer of the Western Colorado Hospitality Summit.

The summit will host seminars, interactive classes and a world-recognized Guest Service professional certification course, provided by a Colorado Mesa University professor. The CGSP® designation is the highest acknowledgment of awardingwinning guest service for employees in the lodging industry. Topics during the summit also include customer service, branding and social media presented by nationally recognized and respected professionals. Attendance is expected from business owners, managers and staffers in industries such as restaurant, hotel, transportation, travel & tourism and many other services from all over the Western Slope of Colorado.

In an effort to encourage participation and investment in this important educational business summit, the Western Colorado Hospitality Summit and its partners offer the following additional discounts: Montrose Office of Business and Tourism is offering a 25% discount to Montrose businesses that contribute to the retail and tourism fund, with preregistration. Eligible businesses can enter promo code MONTROSE13 at time of online registration.

Student tickets are discounted to \$50.00. Students with a valid student I.D. (college, technical school or high school) can enter promo code STUDENT13 at time of online registration.

Groups of three or more receive a 10 percent discount. No promo code required, select group ticket option at time of online registration.

"We have an amazing line-up of speakers who will provide actionable ideas and inspirations for all attendees," said Sue Hansen co-Director of WBA and co-organizer of The Western Colorado Hospitality Summit. "We are proud to bring this educational opportunity to Montrose, to benefit business across the Western Slope."

To register and for more information please visit

www.WesternColoradoHospitality.com.

JET CENTER OFFICIALS ATTEND SAFETY SEMINAR

Special to the Mirror

MONTROSE — Safety on the ground as well as in the air is critical to aviation activities. As part of Black Canyon Jet Center's effort to provide quality service to customers, several of its key personnel recently attended a supervisor and fire safety training session in Indianapolis.

The National Air Transportation Association's (NATA) Line Service Supervisor Training provides professional development and helps participants increase their proficiency in strategic planning, supervising staff, motivating others, and communicating and coaching their respective teams. It is a high-impact, high-energy seminar that helps participants reach new levels of leadership as they implement their skills on the tarmac. Line Service Technician perform tasks such as aircraft refueling operations, parking arriving aircraft, safely towing aircraft in and around taxing areas and hangars, perform regular quality control checks on aviation fuel, customer service functions and much more.

Manny Gomez, line service supervisor, and John Hansens, line service representative, attended the NATA seminar to be recertified as line service supervisors, participate in hands on fire safety and also to further their education. While there, they learned the latest standards and techniques in aviation to lead Black Canyon Jet Center staff in maintaining the world-class service and safety for which they are known.

"Our business can never have too much knowledge of aircraft and fire safety and customer service. As a company, we can always improve," said Gomez. "Attending NATA seminars gives us outside perspectives, training and fresh ideas which we can take back and use on a daily basis."

The National Air Transportation Association is the leading organization representing aviation service businesses such as fixed-base operators, charter providers, aircraft management companies, flight training and airline service companies. Founded in 1940, NATA aggressively promotes safety and the success of aviation service businesses through its advocacy efforts before government, the media and the public as well as by providing valuable programs and forums to further its members' performance.

Prior to attending the line supervisor training, Gomez and Hansens were required to complete the FAA Fire Safety Training. During the seminar, they were given hands on safety training in the use of fire extinguishers. "Fires can be exceptionally dangerous on the aviation ramp, even deadly," said Hansens. "Handling aviation fuel comes with serious responsibilities; proper fire safety knowledge and training is essential." Before joining Black Canyon Jet Center, John Hansens was with the Olathe Fire Department for 22 years and fire chief for 6 years.

NATA provides Safety 1st training for all of Black Canyon Jet Center's employees. The goal is to provide support and train members who provide ground assistance with the best safety guidance and training available in the industry. All members of the BCJC line service staff are required to pass the Safety 1st training and be recertified each year prior to working on the ramp. Black Canyon Jet Center has been a member of NATA and upholding their standards since 2006.

Visitors are coming to the Western Slope of Colorado for business, pleasure and nonprofit purposes. Black Canyon Jet Center is a Phillips 66 Aviation branded dealer and manages the fixed-base operations (FBO) for general aviation at the Montrose Regional Airport. Recognized as one of the top FBO's in the country in 2010 by Aviation International News, Black Canyon Jet Center provides fuel, aircraft parking and world-class service to residents and visitors alike. For more information, call 970-249-7111 or visit www.blackcanyonjet.com.

Free Community Class: Marijuana and the Teen/Young Adult Developing Brain

Special to the Mirror

MONTROSE--The Coalition for a Drug Free Montrose and Partners of Delta, Montrose and Ouray are proud to announce a partnership with Safe Kids America to host a FREE community class, "Marijuana and the Teen/Young Adult Developing Brain" on Oct. 17th in the Community Room of the Montrose County Sheriff's Department, 1200 North Grand Avenue, Montrose at 7 pm. Doors will open at 6:30 p.m., and seating is limited.

The speaker for this class is Mesa County Sheriff Deputy Chad Williams. The class will focus on how marijuana affects a developing brain. Parents and their teens are encouraged to attend together. Deputy Williams is the founder of Safe Kids America and a national speaker on Emerging Drugs and their effects on teens. Deputy Williams has presented a series of drug awareness classes to several thousand parents and teens across Mesa County and Colorado.

This community class is limited to the first 50 community members to RSVP. Please visit <u>www.safekidsamerica.org</u> to RSVP to the class. You will receive an email confirmation for the number of seats you request. We expect this class to be full, so please plan to arrive early so we can start the class on time. The class is scheduled for 75 minutes, followed by a 15 minute Q & A session. While the class is appropriate for teens and pre-teens, there will be videos of people on drugs. If you have questions about the class content, please contact Deputy Williams at 970-986 -1187.

Safe Kids America launched their Safe Kids Facebook page <u>www.facebook.com/</u> <u>safekidsamerica</u> and will be posting future class info there. You will also get first shot at the classes through the FB page in the future.

ARTS AND CULTURE

RIDGWAY MOONWALK STARRY NIGHT PARADE OCT. 19

Special to the Mirror

RIDGWAY--Please join the Ridgway Creative District and Weehawken Creative Arts for the October **Ridgway Moon-Walk: Starry Night and Lantern Parade**, on **Saturday, Oct. 19, 2013, starting at 4:30 PM.** For this MoonWalk, all activities will take place at **Hartwell Park**, weather permitting (or Town Hall as the alternate location, if needed). From 4:30 -6:30, join in the creative Fun for All Ages where YOU can be the Artist!!

Music from *Mountain Chill Radio* entertains for your listening pleasure, while attendees participate in artful activities, including pumpkin carving, lantern making, and games for young folks.

Together the group will create a mosaic, paint a mural, and complete a writing project. Want to dance? Learn and perform the Thriller dance. At sunset, pumpkins and lanterns will "glow" in a brief parade. The movie, *Goonies*, begins at dusk. (Bring warm clothes, a blanket or sleeping bag --- and a lawn chair and enjoy the starry night!) Food and drinks available for kids and adults. Come explore Ridgway's hidden secrets! For more information, go to www.ridgwaycreativedistrict.com or www.facebook.com/RidgwayMoonWalks.

The Town of Ridgway achieved Creative District Certification in July 2013, after having been awarded Prospective Creative District status from the State of Colorado in 2012.

The mission of the Ridgway Creative District is to celebrate our diverse culture and history by nurturing an environment where creativity can flourish. In bringing organizations and individuals together, the District cultivates and supports the advancement of creative industries in Ridgway to ensure sustained, appropriate and imaginative economic development.

The District supports creativity and art in all aspects of community life and for its citizens.

Weehawken Creative Arts is a Colorado Non-Profit Organization (501c-3) and Ouray County's Arts Education Center serving Ridgway, Ouray, Colona, Silverton, and Montrose.

The Mission of Weehawken Creative Arts is to provide high-quality arts education and personal growth programs and events to adults and children year-round. This activity is supported by funding from the Colorado Creative Industries Division, a State Agency, and the National Endowment for the Arts, a Federal Agency.

MONTROSEMIRROR

Your Source for Local Business News and Information

LOCAL CONTENT, LOCAL PHOTOS... YOUR SOURCE FOR BUSINESS NEWS IN YOUR OWN COMMUNITY

REACHING MORE THAN 7,000 SUBSCRIBERS ON COLORADO'S WESTERN SLOPE AND BEYOND

PUBLISHED ON THE FIRST AND THIRD TUESDAYS OF EVERY MONTH CALL 970-275-5791 FOR AD RATES AND INFORMATION!

ASK ABOUT OUR NEWS RELEASE SERVICE!

ARTS AND CULTURE

CRAIG CHILDS AND ANGUS STOCKING PRESENT "WRITING FOR LOVE, WRITING FOR MONEY"



Western Colorado's best selling author, Craig Childs. Courtesy photo.

Special to the Mirror

PAONIA--Writing for Love, Writing for Money is a seminar conducted by author Craig Childs and writer Angus Stocking, which examines both sides of the writing life; how to stay inspired, and how to make General registration is \$185, and includes:

a living. Childs is a bestselling author of more than a dozen books, and is so well known for his travels in the American southwest that the New York Times says,

"Childs's feats of asceticism are nothing if not awe inspiring: he's a modern-day desert father." Stocking has been a full time freelance writer since 2002, and has published several hundred feature articles in more than 50 magazines and journals. Both will be sharing the strategies and daily practices that have enabled them to stay passionate about writing for decades, while also paying the bills and making a good living.

This is Craig Childs' only 2013 nonacademic writing seminar.

Seminar attendance is limited to 30.

eight hours of intensive instruction, books and other materials, lunch with award winning science fiction writer Paolo Bacigalupi, and an evening reception that brings together seminar participants and Western Colorado writers & artists.

Premium Packages available, including: two nights lodging and breakfast at Fresh & Wyld Farmhouse Inn, Friday night dinner with the authors, and copies of their books personally inscribed. 7:30 a.m. to 5 p.m. Saturday, Nov. 9, 2013 at the Blue Sage Center for the Arts in Paonia, CO. Evening reception begins at 7 p.m. Please call Margot at 206 913-3962 for more information.

TO REGISTER: www.bluesage.org/ events/writing-for-love-writing-formoney/

Help Get All Fired Up Firing Strong!

Special to the Mirror

RIDGWAY--Did you know that Ouray County has an amazing Ceramic and Clay studio right here in our community? Tucked in a great spot in downtown Ridgway is a little gem known as Weehawken's All Fired Up Clay Center!

In March 2012 Weehawken Creative Arts (WCA) had a unique opportunity to open a Clay and Pottery Center in Ridgway, called "All Fired Up". This opportunity enabled us to bring an entirely new medium to the citizens of Ouray County. Since its inception Weehawken's All Fired Up has been offering classes in Handbuilding, Wheel Throwing and Specialty Techniques to adults and children in the community. We have hosted several successful youth camps, birthday parties, community events and more. We have been quietly growing our program but now a unique opportunity is upon us.

We are presented with a new shift in ownership of the equipment we have been leasing and utilizing. The owners have

moved and we now must purchase the necessary equipment to keep the studio active and flourishing. We have a full proposal of the need for a kiln, wheels, tools and more that will enable to keep the studio available for the potters in our area. If you are interested in the specific budget we will be happy to email you more information, just let us know! Without this purchase this wonderful opportunity WILL CLOSE. Many people have put so much time, energy and resources into the studio, we hate to see this opportunity missed. This is a chance for us to take on the ability to not only continue but grow the offerings in our small but thriving community!!

We have a fundraising campaign in full swing. Check out our plans and how you can help at http://www.razoo.com/story/ Clay-Center-Equipment?

referral code=share. We have exciting news, a wonderful supporter has stepped up to the challenge of helping us meet our goal. There is a current matching grant option of dollar for dollar up to \$1,000.

Contribute now, make your dollars go farther! Note, we are a 501(c)3 and all donations are tax deductible, based upon tax restrictions and regulations.

We'd love to show you our space and what we can offer. Please join us Wednesday, Oct. 23, 6:00-7:30pm for an All Fired Up open house night. We'll be offering snacks, beverages and a great view at the potential the clay center holds, including pottery demonstrations, handbuilding ideas, open studio information and a preview of classes and special events. It's a great night to see all that our community has to offer! Join us at 167 N. Cora Street, entrance on the westside. All Fired Up is a studio that is sponsored by Weehawken Creative Arts. Weehawken Creative Arts is a 501©3 Non-Profit organization dedicated to providing high-quality arts education and personal growth programming for adults and children year-round.

Weehawken is Ouray County's arts education center.

ARTS AND CULTURE

OURAY'S JOHN FIELDER WORKSHOP A SUCCESS!



16 students took park in the 2013 John Fielder Photo Workshop. Courtesy photo.

Special to the Mirror

OURAY--In late September noted Colorado photographer John Fielder led a twoday photo workshop that included classroom instruction, fieldwork and individual photo critiques for each participant.

Sixteen eager students followed John in

the early morning and late afternoon to photograph the brilliant yellow, orange and red hues that blanketed the Red Mountains and the north side of the Sneffels Range. Fielder is a superb teacher and an outstanding photographer who has published more than three dozen books and leads numerous photo workshops every year.

In the comprehensive classroom sessions and during field shoots at John's favorite locations, the workshop participants learned how to spot photo opportunities, experiment with different perspectives, improve compositions and get an insider's look at professional techniques.

John and his assistant Alena Josefiova worked with the participants in the field to improve their techniques and get the most out the their own camera's features.

As one participant said, "I learned more in these two days that I had in ten years of seriously taking photographs."

Sponsors of this event included Jack & Barbara Rairden, Alpine Bank, Patsy Young of Chipeta Solar Springs Resort, Todd Schroedel of United Country Real Estate, Dick and Barbara Engdahl of Horse Traders Collectibles, Linda Wright-Minter, Fr. Nat Foshage and Donna Lee Brown. Special kudos to Denean Colby, Eric Palumbo of Cimarron Books and Coffee House and Sherbino Theater host Mayor John Clark.

Thanks also to Kate's Place and the Ouray Chamber Resort Association in providing discounted coupons for all participants.

Most importantly - John Fielder freely gave of his time wanted it be to known that he donated all of the proceeds from this workshop to support the new OCHS Research and Archive Center at 712 Main Street.

KAFM 88.1 Community Radio Kicks Off On-Air Fall Membership Drive

GRAND JUNCTION--KAFM Community Radio will be focusing on membership during an eight day on-air fund-raising drive that ends on Oct. 25th

"We are proud to be able to continue to offer great community programming that focuses on local public affairs as well as local musicians, public service announcements and alternative music programmed by over 100 volunteer programmers," said Executive Director Tedi Gillespie. "We couldn't do this without the incredible support from our listeners and business supporters...and this year, that support is more important than ever, as we continue to grow our programs and service to the community. KAFM is one of only about 150 locally owned and operated Community Radio stations in the whole country. The station has become one of the major volunteer organizations in the valley and in addition to its music programming, is a **major resource for local non-profit organizations to get their messages out to the community.**

Listener support is KAFM's chief source of funding," explains Gillespie, "So we really like to make the Drives as engaging and creative as possible, and this Fall is no exception". The "Come Together for Community Radio", Drive will feature great Beatles-themed events and prizes. And along with great new music and other thank-you gifts, we'll have a daily "magical, mystery drawing prize" for everyone that pledges, including Loki gear, concert tickets, a Ukulele and more. "It's a great time for folks to come down to the station and see what community radio is all about", said Gillespie. "The goal this Drive is to add one hundred new members, and we would love to see every one of them come in and be a part of their station and help this great community resource grow".

For more information or to donate to KAFM 88.1 Community Radio, call <u>970.241.8801 ext 223</u> or visit <u>www.kafmradio.org.</u>

MIRROR IMAGES... TELLURIDE HORROR SHOW 2013!



Telluride Horror Show 2013! All photos by Barton Glasser



Telluride Horror Show organizer Ted Wilson checks his phone during a film maker meet and greet at the Aspen Street Inn in Telluride Oct. 12.



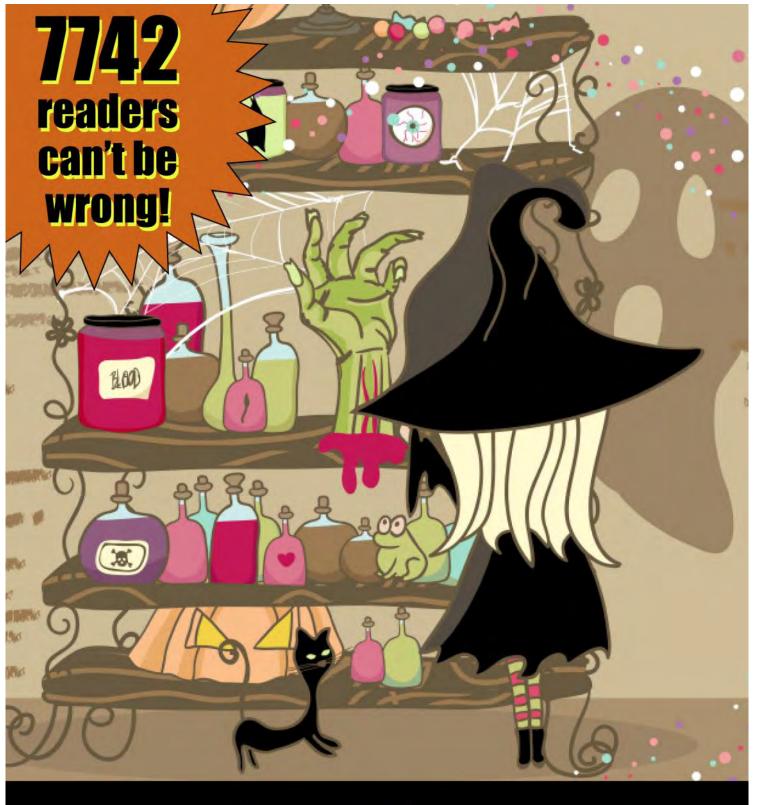
Telluride Horror Show patrons load up on festival merchandise at the Sheridan Opera House.



Above, Director Frank Henenlotter answers audience questions about his 1982 film Basket Case at the Sheridan Opera House Oct. 12.



At left, Kevin Phillips, left, and Chuck Lejeune await the screening of Basket Case at the Sheridan Opera House.



The Mirror: News coverage that won't make you scream!

REGIONAL NEWS BRIEFS DELTA CHAMBER CELEBRATES NEW BUSINESS



Special to the Mirror

DELTA--Lorissa and Myron Kennell, owners of Main Street Mercantile at 532 Main St., in Delta, celebrated their opening and their membership in the Delta Area Chamber of Commerce with a ribbon cutting ceremony on Oct. 4. Joining them were (from left) Chamber Ambassadors Christina Asche-Busch from Richards Accounting & Consulting; Marce Montano from All Glass Station; board president Gynee Thomassen from Classic Computers; and Shellie Sanburg from USBank Delta. Main Street Mercantile is a discount variety store, and is filled with deals galore. They already have Christmas décor out, so stop by soon!

MEET THE IDEA GUY IN DELTA OCT. 15!

Special to the Mirror

DELTA--Area businesses are invited to a fun, interactive and informative ideagenerating session called "Meet the Idea Guy: Solutions for Businesses." If you're a business owner faced with challenges and are looking for the next idea to take your business to the next level, don't miss this seminar. Brad LaRock, general manager of Townsquare Media in Grand Junction, is

the self-proclaimed "idea guy." In an informal setting, he will conduct idea generation sessions that will give you unique positioning and even promotional ideas to get the edge on your competitor or simply increase traffic and sales at the same time. He will answer your questions on how to effectively use any type of media including digital, radio, TV, mobile, print or any other type of media you may be consider-

the self-proclaimed "idea guy." In an informal setting, he will conduct idea generaevent designed to inform and entertain.

> The event takes place Tuesday, Oct. 15 at 6 p.m. in the Delta Public Library's downstairs conference room. All are welcome. The seminar is sponsored by the Delta Area Chamber of Commerce. Chamber members are free; non-members are \$8. Prepayment and registration is required by calling the chamber at 970-874-8616.

READ LOCAL WHEN YOU CARE TO READ THE VERY BEST ... MontroseMirror.com

Definition of Person and Child" Ballot Measure Deemed Sufficient Measure will appear on 2014 ballot as Amendment 67

Special to the Mirror

DENVER – Secretary of State Scott Gessler has announced that the proposed ballot measure concerning the **Definition of Person and Child** was found to be sufficient and will be included on the November 2014 ballot. Proponents submitted petitions to the Secretary of State's office on September 30. The office initiated a review of a computer-generated, random sample of the signatures. The results are as follows: **Random Sample Summary:** Total number of qualified signatures submitted: 140,049; 5% of qualified signatures submitted (random sample): 7,003; Total number of entries accepted (valid) from random sample: 5,481; Total number of entries rejected (invalid) from random sample: 1,522; Number of projected valid signatures from random sample: 109,612 [Total number of accepted entries necessary for placement on ballot: 86,105; Percentage of presumed valid signatures: 127.3%. This initiative will appear on the November 4, 2014 General Election ballot as **Amendment 67** and will ask, "Shall there be an amendment to the Colorado constitution protecting pregnant women and unborn children by defining 'person' and 'child' in the Colorado criminal code and the Colorado wrongful death act to include unborn human beings?"

The Secretary of State's office has notified the proponents the petition was deemed sufficient.

WEEHAWKEN TO LAUNCH TWO NEW EXCITING AFTER SCHOOL PROGRAMS

Special to the Mirror

RIDGWAY--The end of October brings some exciting new programs to youth via Weehawken Creative Arts. First, a set of enticing DJ and Sound classes with DJ Jimmy Dorsey will start-up Tuesday, October 22 at the Sherbino Theater in Ridgway. Second, a triage of high-quality after school arts classes with experienced art instructor, Ann Cheeks will start up on Wednesday, October 30th at Weehawken Ridgway.

The first sampler class is offered on Tuesday, Oct.22nd for FREE. Both classes are a super-unique opportunity, right here in our backyard. "The Music Behind the Mix" is for $3^{rd} - 5^{th}$ graders and is a 6week class (after the free trial class on the 22^{nd}) that will run from 3:45 - 4:45pm. This class explores how to really hear what is happening in electronic dance music and to understand what makes that sound. The objective is to learn to mix songs in time, in tune and in style. It's a whole new way to embrace "learning to play music" for kids. In fact, it's the latest and greatest the music world has to offer. Students with or without musical background will find this class an amazing opportunity and unique. If you are curious but want to know more, the free introduction class is a great opportunity to get more information and try it. Those signing on for the remaining 6-weeks will be charged a fee of \$90.

"DJ Producer Using Ableton Live" is for

 $6^{\text{th}} - 9^{\text{th}}$ graders and is also a 6-week class (after the free trial class on the 22^{nd}) that will run from 5:00 - 6:00 pm weekly. This six week class will teach the parts of a song, talking the language of music, tonality, keys, beat matching and transitions. By the end of the class the student will be able to sequence beats, mix songs and create melodies to compliment his/her mix. This is a brand new way of learning to play music but not from an instrument perspective but in the education of composition. If you are curious but want to know more, the free introduction class is a great opportunity to get more information and try it. Those signing on for the remaining 6-weeks will be charged a fee of \$90.

After School Art Explorers (ages K-2nd) will run weekly at Weehawken Ridgway from 3-4 pm and will focus on Magical Creatures. Students will explore the possibilities and dream up their own creatures. They'll draw, paint and play in 3-dimensions with recycled found objects to create a magical family of your own. Every class will have a different approach and opportunity to get creative. The first class on October 30th is a FREE trial class and then classes will run for 6-weeks following that. The fee for the 6 week session includes all materials and is \$78.

After School Art Adventures (ages 3rd-5th) will run weekly at Weehawken Ridgway from 4-5 pm and will focus on the Secret Life of Plants. In this 6-week series we will focus on drawing from life, making up your own plants, creating situations and places where your plants live, grow, take over and...? (Think monster flowers, vines, prickly plants, bamboo forests, etc.) Students will draw, paint, collage and experiment for a fun class driven by them. Every class will have a different approach and opportunity to get creative! The first class on October 30th is a FREE trial class and then classes will run for 6 weeks following that. The fee for the 6 week session includes all materials and is also \$78.

After School Art Seekers (middle school) will run weekly at Weehawken Ridgway from 5:15 - 6:30 pm and will focus on "The many sides of Me." In this 6 week series, students will explore and explain who they are through art – self portraits: abstract, realistic and experimental. The first class on October 30th is a FREE trial class and then classes will run for 6 weeks following that. The fee for the 6week session includes all materials and is \$90.

Both of these exciting programs offer students an opportunity to "try before they buy" and should surely be taken advantage of!

For more information, please call Weehawken Creative Arts at 970-318-0150 or visit <u>www.weehawkenarts.org</u> or <u>www.facebook.com/weehawkenarts</u>. Preregistration for Weehawken classes are highly recommended, as supplies are limited without advance notice.

CELEBRATING THE SEASON AT COVERED BRIDGE PUMPKIN PATCH



Above, October is not complete without a visit to the pumpkin patch at Covered Bridge Ranch. The Riessen family has owned and operated the popular rural retreat for more than a decade. Photos by Clay Greathouse.

By Liesl Greathouse

MONTROSE--Using pumpkins to carve jack-o'-lanterns originated from Britain and Ireland. The long tradition over there involved carving lanterns from a variety of vegetables, including turnips. When immigrants came to North America, they used the native pumpkin to carve. However, it was not until 1837 that 'jack-o'lantern' was used as a term for a carved vegetable lantern, and it was in 1866 that the tradition became associated with Halloween.

Today it is a fun activity to do to celebrate the holiday, and people in Montrose can pick up their own pumpkins to carve, eat, or simply decorate their home for the fall season at the Covered Bridge Ranch Pumpkin Patch.

The pumpkin patch has been going on at the Covered Bridge Ranch for 11 years. In addition to picking out the perfect pumpkin, families can enjoy hay rides, a treasure hunt (a new activity this year), and farm animals, including a miniature donkey, spring lambs, Texas longhorn calves, and the Clydesdales that have been there since day one. People can then enjoy a campfire marshmallow roast with apple cider and kids can climb the giant haystack. In addition, the covered bridge is a great place for family photos.

Natalie Riessen, daughter of owners Gary and Judy Riessen, helps with the pumpkin patch. "It is relaxing, open and interactive," She explained. "There are so many activities, but people can do them at their own pace. There is no schedule."

Admission is \$5 per person, with children two and under free. The charge covers all activities and refreshments.

People can find a variety of pumpkins, gourds, Indian corn, and autumn wreaths made of foliage to enjoy. People can also pick from a selection of pre-made decorations or ask for a custom-made item. The vegetables and decorations are individually priced.

With four acres of pumpkins, there is a wide variety to choose from. Pumpkins are 50 cents a pound, with the average pumpkin being 12-20 pounds. "Although this year we did have a pumpkin that weighed 58 pounds, but that is unusual for us," Natalie explained.

Comments from customers are generally



Roasting marshmallows around a campfire with friends old and new is just part of the fun. Photo by Clay Greathouse.

positive, reflecting the care that Natalie and her family puts into the pumpkin patch. "People say that it is very well done, detailed, and intimate," Natalie said. "It does not have a commercial feel about it. This is what a farm looks and feels like. We do not have a lot of signage and most of the ranch is open so people can roam freely and enjoy the activities. There is a real feeling of engaging with the land."

Natalie enjoys being able to enjoy a fall day in a beautiful setting with the community. "I see a lot of people I know and I get to people happy and excited while having a nice time," she explained. "I feel rewarded that people enjoy coming to spend their day with us and are able to experience things that they do not normally see."

Natalie has a heart for the land and loves having people enjoy it as well. "Growing on the land is rewarding," she said. "Kids today do not have much exposure to how things grow or animals. I believe that it is important to maintain the land and allow it to continue to be productive, farm-growing land. It is a lot of work, but it is an incredibly rewarding lifestyle and I want to be able to share it with the community."

The Covered Bridge Ranch Pumpkin Patch is located at 17249 6250 (Dave Wood) Rd and is open Thursday and Friday, 3 p.m.-6 p.m., and Saturday and Sunday 11 a.m.-5 p.m. The patch will be open Sept. 28- Oct. 27. For more information call 970-240-0106.

PUMPKIN PATCH TO FUND YOUTH MISSIONS AT MONTROSE UNITED METHODIST CHURCH

Special to the Mirror

MONTROSE--The Montrose United Methodist Church youth group will conduct a "Pumpkin Patch" through the month of October.

Most pumpkins will sell for \$5; the largest ones will sell for \$10.Hours of operation will be from 4 to 6 pm Monday through Friday; 10 am to 2 pm. Saturdays and 9:30 am to 1 pm Sundays. Pumpkins also can be purchased by contacting the church office.

Proceeds from the sale will be used for mission projects in the community, the church's summer Special to the Mirror camp on Grand Mesa and flood recovery in the Front Range. For further information, call the church office at 970-249-3716.



TAKE BACK YOUR HEALTH! EVENT PLANNED



Command Sergeant Major (CSM) Patrick Valdez. Courtesy photo.

Special to the Mirror

MONTROSE--There will be a Take Back Your Health! event at the Warrior Resource Center Canteen at Main and Park, Oct. 23, 1900 or 7 p.m.

Command Sergeant Major (CSM) Patrick Valdez retired from the US Army after 33 years of service at Fort Carson, Colorado. He was injured in Iraq/Kuwait in February 2007, was assigned to the Warrior Transition Battalion at Fort Carson, and after 39 months in the wounded warrior program he was retired from federal ser-



Featured speaker Nephi Wayman. Courtesy photo.

vice. The CSM had major shoulder reconstruction (x2), knee replacement and several lower back surgeries in order to repair his injuries from his service overseas. In 2012 the VA Hospital and Huntsman Cancer Institute diagnosed him with pancreatic cancer.

In choosing dramatic changes to his eat-

ing habits and proper nourishment, essential oils, and faith, "NO" conventional methods were necessary to eradicate his cancer. Proper nutrition allowed his body to heal itself. The CSM is now cancer free. Our featured Speaker will be Nephi Wayman.

He was honored as the top Independent Representative of Youngevity in 2012. He has been one of Doctor Wallach's "90forlife Warriors" for more than 12 years. His wife suffered debilitating issues that kept her indoors through most of the spring and summer months from the time she was a small child.

Nephi worked two jobs, his wife worked, they were having behavioral issues with children, and their family life was suffering. Today things are very different.

Their health issues are gone. They even averted a bone graft from a chainsaw injury and were able to manage the pain after surgery with natural solutions.

Solutions, that is what is being offered-non-surgical, drug free solutions that work and are effective on even the most severe issues.

Now Nephi and his family travel, enjoy life, donate time and resources to causes they are passionate about, all while crusading for Dr. Wallach's mission to restore health, dignity and economic freedom.

Presented by Renegade Wellbeing and is free for all! Call 970-596-2158 for info!

WHERE THE GUYS ARE...AT LEAST AT LUNCHTIME!

Special to the Mirror

MONTROSE--Did you know that while just 58 percent of men check catalogs for ads, 68 percent of male smartphone users are likely to make purchases based on mobile ads, compared to just 58 percent of females? These statistics compiled by freelance writer Brian Honigman for *Esquire* reveal some small but fascinating differences between the spending habits of men and women.

Here in Montrose, those differences can be seen in the clientele that patronize certain establishments.

"We see a fair amount of women, but mostly we see a lot of guys," acknowledged Shanty II (411 North Townsend Ave.) server Kate. "We get a lot of workers—guys who are out on the job come in on their lunch breaks, and for breakfast."

The Shanty II barely registers on <u>Trip</u> <u>Advisor</u>, despite several positive reviews—one or two even written by females. And yet, just try to get a table at noon—the place is generally packed.

"It's the burgers," Kate said. "Guys love a good burger, and we have the very best cheese and jalapeno burger, and burgers with all kinds of things. If you're gonna stop somewhere in Montrose, you better stop here!"

The Shanty II is open from 7 a.m. to 5 p.m. Monday through Saturday and from 7 a.m. to 1 p.m. on Sundays.

Another favorite with Montrose males is Menudo's, the bright and welcoming burrito stand that occupies the corner of North First and Townsend Ave. Happy customers can be seen piling out of work trucks and pulling up to the drive-in every day for an affordable and very portable breakfast.

"First of all our ambience is manly, very biker," said Esther Beltran, who owns the business with her husband and her fatherin-law. "My father-in-law is a Vietnam vet, just a real guys' guy. So it is partly how everything looks—but of course, what guy—or girl--does not like a great, oldfashioned burrito?"

Menudo's is open from 7 a.m. until 2 p.m. Monday through Friday, with drive-through hours from 5:45 a.m. to 10 a.m.

"We open early for police and early birds," Beltran explained, "and we are hoping to expand our hours in the next few months.



The Shanty II is a no frills eatery that specializes in great burgers, real French fries, and a breakfast menu that with plenty of choices. No wonder the place is generally packed with hungry men and the occasional female over the lunch hour...



Hold the Date! Upcoming Business and Cultural Events

ONGOING-

First Friday Strolls Montrose Downtown —Monthly from 5:30 p.m.-8p.m. Artist Demonstrations, Free Wine Tastings, and in store promotional events!

ReneWest Interactive Art Crawls—West Main District, third Thursdays of every month.

Montrose Farmers Market—Open EVERY SATURDAY through October, from 8:30 am to 1 pm- on the corner of Uncompany and S. 1st Downtown Montrose.

Oct. 17—Delta Chamber of Commerce members only Business After Hours at Tara's Boutique, 314 Main St. Delta, 5:30 to 7 p.m.

Oct. 19—Ridgway Moonwalk—Starry Night and Lantern Parade.

Oct. 19---A Spooky Sprint, 5K Run/Walk will be held at Riverbottom Park, starting at 8 a.m. The benefits of the Run/ Walk will go to Montrose Special Olympics. Registration forms can be picked up at the Montrose & Olathe Schools District Office at 930 Colorado Avenue. Registration forms must be received by Oct. 4th to receive a T-Shirt. For information, please call Amy Shelley at 970-249-6636.

Oct. 21--Delta-Montrose Technical College will be hosting a Healthcare Professional Career Fair on from noon to 6 p.m. on their campus at 1765 U.S. Hwy 50 in Delta. Recruiters from area healthcare providers will be on site recruiting for current and future openings in hospitals, long-term care centers, and home health organizations. Admission is free and open to anyone in the healthcare profession. Call 970-874-7671 for more information.

Oct. 23—Weehawken Creative Arts presents the All Fired Up pottery studio open house—167 North Cora Street, Ridgway. 6 to 7:30 p.m.

Oct. 23—Take Back Your Health event, Montrose Warrior Resource Center Canteen at Main and Park Avenue, at 1900 or 7 p.m. for civvies. Featured speaker is Youngevity Rep Nephi Wayman. Sponsored by Renegade Well Being Oct. 24-25—WBA Hospitality Summit, Montrose Pavilion. To register and for more information please visit www.WesternColoradoHospitality.com.

Oct. 24--Living the Good Life Senior Expo," presented by Delta County Senior Resource Council, and sponsored by Bank of the West, is happening from 8 a.m. until 1:30 p.m., at the Bill Heddles Recreation Center, 530 Gunnison River Dr., Delta. The theme of this year's Expo is "Be Aware," with programs and information on scams, financial concerns and health care. For more information and vendor deadlines, please contact Leah Lewis at <u>970-712-2295</u>.

Oct. 25-the Ridgway Chautauqua Society (dba: The Sherbino Theater) will be hosting a fundraiser event with their annual "Sherboo-no Halloween Bash". This year, the featured musicians are area favorites, Funkdafari! Admission will be \$10 at the door and costumes are highly encouraged.

For info: <u>www.facebook.com/sherbinotheater</u> or visit <u>www.sherbinotheater.com</u> or call the Sherbino at 970-318-0892. **Oct. 26**-Olathe Fire Department's 11th Annual Punkin' Chunkin—DeVries Corn Maze and Produce Market, Hwy 50 between mile makers 85 and 86.

Oct. 26- 9:30 am-1:30 p, The Coalition for a Drug Free Montrose County, Safe Kids America, and Partners are cohosting "How Drugs Affect Developing Brains: The Adolescent Brain, A Work in Progress," Montrose County Health & Human Services Board Room.1845 S. Townsend Ave., Montrose. Half Day Workshop presented by Mesa County Deputy Sheriff Chad Williams \$40 Fee covers cost of comprehensive reference materials

Attendees will receive a certificate of training completion for the workshop

Please RSVP to www.safekidsamerica.org by 10/21.

Oct. 29—Region 10 Constant Contact Seminar, \$20, 300 North Cascade, Noon to 1:30 p.m. RSVP 970-249-2436. Oct. 31—Trick or Treat on Main Street, Delta. 3:30 to 5 p.m.

Nov. 2—Casa of the Seventh Judicial District Dodgeball event! Centennial Middle School. Call 970-249-0337.

Nov. 2—Del-Rose Chorus Sweet Adelines International presents Goodtime Barbershop and Variety Show, Delta Christian Church, 2 p.m. and 7 p.m. Kids six and under free.

Nov. 2—Stupid Band Halloween Dance! Turn of the Century Saloon. Doors open at 8 p.m. \$10 and a non-perishable food item.

Nov. 9—Writing for Love, Writing for Money with Craig Childs and Angus Stocking, Blue Sage Center for the Arts, 7:30 to 5 p.m. Evening reception 7 p.m. Packages available. For more information or to register call Margot at 206 913-3962

Nov. 15--Health Equity Live Stream Series Part IV--Anthony Iton, MD, Senior Vice President, The California Endowment and Winston Wong, MD, Medical Director, Kaiser Permanente, will speak about solutions for tackling social determinants of health. Montrose Library Community Room (320 S. 2nd St.) 11 am- 1:30 pm ~ FREE LUNCH INCLUD-ED.

Nov. 23-24—Pottery studio of Bill Wilson presents Art on Trout Road (68408 Trout Road)! 10 to 5 p.m. both days.



Advertisement

MONTROSEMIRROR

Contact the Montrose Mirror: Post Office Box 3244 Montrose, CO 81402 970-275-5791 Email Us: <u>Editor@montrosemirror.com</u> www.montrosemirror.com

Clockwise from right; heading out into the unknown at the DeVries Corn Maze in Olathe; below right, Cedaredge doubled the number of booths for this year's AppleFest, though Downtown streetscape work is not yet complete; photo by Jon Nelson of Delta County Living; below, Alex and CB Ferrari watch the film "Basket Case" at the Sheridan Opera House during the Telluride Horror Show in Telluride Oct. 12. Photo by Barton Glasser. See more of Barton's great photos from Horror Show 2013 inside!







After Knee Replacment Surgery, Karen Fox is Standing Strong

With her kid's families in Texas to visit and a demanding job that she loves, Karen has absolutely no time or patience for any physical infirmity that might slow her down.

Karen knows she made all the right decisions in choosing Montrose Memorial Hospital for her knee surgeries. Her best advice? Don't suffer needlessly and put things off when there is help and excellent care readily available so close to home.

Call Montrose Memorial Hospital today to learn more about the area's most innovative Joint Replacement Program at 970-252-2995.





Advertisement