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Issue No. 71 Nov.. 6 2013

The "LOCAL FLAVOR" Issue!

BANK WATER NOW, FEND OFF WATER GRABS, CATLIN URGES



Above, President Taft spoke at the opening of the Gunnison Tunnel, then the world's longest irrigation tunnel, in Montrose in 1909. Photo courtesy Denver Library digital collection.

By Caitlin Switzer

MONTROSE—The vision that shaped today's thriving community began a century ago, with the creation of the Gunnison Tunnel, a project that brought water from the Upper Gunnison to the Uncompangre Valley during summer's hottest months and allowed withering crops to reach harvest. Now, it is time to apply that same innovative thought process to water storage on the Western Slope, Marc Catlin told an interested crowd at the Heidi's Brooklyn Deli Forum

A former manager of the Uncompangre Valley Water Users Association (UVWUA) and member of countless water-related committees, Catlin didn't pull punches.

"The faces have changed, but none of the issues have," he said. "We're still on the point of the spear; we are growing, while Las Vegas and Los Angeles are still demanding more of something they think we have too much of. Denver is on that course too."

Continued on page 4

MARKET CONTINUES AG TRADITION, SPONSORS SOUGHT

By Caitlin Switzer

MONTROSE--Long ago, a farmer named Jacob Schuessler planted one of the very first pioneer gardens in the adobe soil of the Uncompangre Valley. According to "Where Apple Was King, Montrose Colorado," a reprint of a souvenir booklet created in 1905, Schuessler's attempt was less than successful—he spoke of "Spending \$200 for water and getting not one cabbage." According to the U.S. Bureau of Reclamation, fewer than 30,000 acres had been cultivated in the valley by 1890, due to consistent water shortages.

The story changed completely in 1909, when President Taft and a host of dignitaries celebrated the opening of the Gunnison Tunnel, a 5.9 miles tunnel through sheer rock—the longest irrigation tunnel in the world at that time--which brought water to the valley from the Upper Gunnison. Since then, agriculture has become a mainstay of the region, putting more than \$7 million in local pockets every quarter according to statistics compiled by the Montrose



Janet Hartman of Hartman Gardens gives a sample to a customer at the Montrose Farmers Market in July. Mirror file photo by Barton Glasser.

Continued on page 4

Regional news briefs!

MHS Band Photos!

Iron Mike and the Belvedere Bath House! economy, by Lies!!

Chocolate fuels the

Success at Passage Charter School!

REGIONAL NEWS BRIEFS

DOWNTOWN DEVELOPMENT AUTHORITY HIRES NEW DIRECTOR

Special to the Mirror

Mr. Thomas Wade Nichols has accepted over 25 years of experience providing mar-

about November 21, 2013. The MDDA throughout North Carolina. He was most National Main Street Center.

Board is excited about his considerable recently employed with the Uptown Shel-MONTROSE--The Montrose Downtown experience with downtown organizations by Association in Shelby, North Carolina. Development Authority (MDDA) Board of and, particularly, with Main Street pro- He is very familiar with the national Main Directors is very pleased to announce that gams. Wade Nichols - Mr. Nichols has Street program and has extensive experience working with Main Street committees our offer to become the Executive Director keting, technical assistance, and business and partner organizations such as Chamof the MDDA. Mr. Nichols was selected development support to various organiza- bers of Commerce. He has earned a Bachefrom an initial list of 38 applicants for the tions, including seven years as Executive lor of Arts degree from Yale University position. He will begin his duties on or Director for downtown organizations and has received additional training at the

COLORADO BOY TAKES SILVER MEDAL AT GREAT AMERICAN BEER FESTIVAL

Special to the Mirror

DENVER--The coveted Silver medal was awarded for the Irish Red Ale, which has won this award two other times at past festivals. Presented by the Brewers' Association, GABF is the largest national beer competition that recognizes the most outstanding beers produced in the United States. The top three winners in the competition's 84 beer style categories were announced Oct. 13th at the Great American Beer Festival awards ceremony held at the Colorado Convention Center in Denver. Colorado.

Owner and brewer Tom Hennessy said "Elliot Bell, our head brewer and I, have been working on this recipe for five years.

We feel like we have created a great beer." The 2013 GABF competition winners were selected by an international panel of 201 expert judges from the record number of 4,809 entries received from 745 U.S. breweries.

"The Great American Beer Festival brings together the most stellar brewers from around the country," said Chris Swersey, competition director. "Taking home a medal at this premier beer competition is truly a symbol of brewing excellence."

Colorado Boy only serves the Irish Red Ale at its brewery location in Ridgway and the new Colorado Boy Pizzeria in Mont-



Elliot Bell and Tom Hennessey were honored with a Silver Medal for their Irish Red Ale at the Grate American Beer Festival. Courtesy photo.

CCI ANNOUNCES 2014 CREATIVE INDUSTRIES SUMMIT LOGO CONTEST

Special to the Mirror

DENVER -- Colorado Creative Industries (CCI) today launched a logo design contest for the 3rd annual Creative Industries Summit. Beginning Wednesday, Oct. 15, students 18 years-old and older who are currently enrolled in an arts or design course in Colorado have the opportunity to submit their logo designs that explore the

event theme Creative Convergence. The conference will be held May 1-2, 2014 in Salida. Submissions will be accepted via email until Nov. 22. The winning design will be selected by members of the 2014 Summit planning committee, which includes professionals from the design and marketing community. The winner will be notified by Dec. 13, 2013, after judging is

complete. The contest winner will receive a \$250 stipend and complimentary registration (including lodging and travel) to the event. The logo design will be recognized during the event, within the event program, and across all CCI social media networks and website. For official contest rules visit

www.coloradocreativeindustries.org/

MONTROSEM I R R O R

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REGIONAL NEWS BRIEFS

SIMMERS JOINS VOA AS NEW SENIOR COMMUNITY CARE DIRECTOR



Cindy (C.J.) Simmers

Special to the Mirror MONTROSE -Volunteers of America Regional Operations Western Slope of Colorado is pleased to announce the appointment of Cindy (C.J.) Simmers as the new Executive Director of Senior CommUnity Care

Program of All-Inclusive Care for the Elderly (PACE). Ms. Simmers begins her new role on Oct. 7, 2013.

The PACE model is centered on the belief that the well-being of seniors with chronic care needs are better served by providing health care and supportive services that enable them to remain living in their home whenever possible.

A resident of the North Fork Valley for the past twenty years, Ms. Simmers raised cattle and currently enjoys trail riding. She has a degree in social work and sociology from Suffolk University in Boston. She was previously employed by TherEx, Inc. as Director of Clinical Operations for numerous hospitals throughout the country. Her office will initially be located in the PACE day center in Eckert, Colo., 11411 Hwy 65. The PACE Day Center is a physical location where medical and support services are provided to participants in

addition to individual and group social activities. There are currently three day center locations on the Western Slope – Montrose, Eckert and a satellite site in Paonia.

"It is truly an honor to have been offered the position as the Executive Director of PACE. I look forward to working with the organization's interdisciplinary health care team and our medical provider partners," Ms. Simmers said. "The goal for our older adults is to maintain or achieve functional and medical stability in their home environment. I am excited to be a part of an organization that provides such a positive impact, given the current health care challenges and taking into account the future challenges, in a rural community, such as ours."



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MARKET CONTINUES AG TRADITION, SPONSORS SOUGHT Continued From Page 1

Economic Development Corporation (MEDC).

Even in 2013, a strange year for weather and crops, many local farmers saw excellent returns. For the Montrose Farmers Market, now in its 35th season, those who turned out for the Garlic Festival and 35vear Anniversary Celebration on Sept. 7 were a strong indication of the ongoing importance of agriculture to the region. Among those who appreciate the local legacy of agriculture is Market Manager Abbie Brewer. Despite a difficult weather year that damaged fruit crops-2013 began with drought, and ended up awash in precipitation—the Market had one of its best years for participation and community support.

"We had close to a thousand people at our garlic festival," Brewer said. "Skeeter Chamberlain, who has been a vendor at the Market for 35 years, was honored—her son Todd came to the festival, and we acknowledged him for serving as president of board when he was just 14. By selling at the market when he was young, he raised money for college. We also want to honor Jeanne Austin, who put 22 years into the market and served as chair.

"Montrose Mayor Judy Ann Files came down to the festival, and presented, which I was very, very happy about," Brewer said. "The dedication is amazing to me; that piece made it all worthwhile."

To continue its success, four new board members are needed, as well as sponsors for 2014, she said.

"I need three major sponsors, and three media sponsors," Brewer said. "We are a community organization; we cannot sustain ourselves by ourselves. If the community wants a vibrant farm market, we have to help facilitate this. We have a very organized group of farmers who want to grow, come down, and sell-that is their role."

Among the exciting recent developments are the opening of the Straw Hat Farm Market Store at 514 South First Street. Store owners Chet and Karen Byler are longtime market vendors, and the synergy is excellent, Brewer noted.

"The energy is so positive," she said. This year, the Montrose Winter Farmers Market, scheduled for the first and third Saturdays of each month from 10 a.m. to 1 p.m., will be located in a space behind the Straw Hat store, she added.

"Macario Suarez will be roasting green chiles," she said. "Let's keep the momentum going, and ensure the success of the market and the store.

"We want to make it good for us all!"

To learn more, or to order online, visit the Montrose Farmers Market online, or email them at in-

fo@montrosefarmersmarket.com.

BANK WATER NOW, FEND OFF WATER GRABS, CATLIN URGES Continued from page 1

Mentioning the dire possibility of transmountain diversion of Western Slope water, Catlin added, "there are people working all the time to get what we have—but WE are not working all the time to keep it...if the tunnel were to close, we would have enough water for 21 days."

Though the economic downturn has been tough on Montrose, it may have been a blessing in disguise, he noted.

"Before the downturn, we were seeing 20 subdivision applications a month," he said. "That stopped; now, we have the opportunity to decide what kind of community we want to be. Is agriculture a priority? It makes up a third of the economy of our community, and provides a renewable resource—row crops alone are worth \$30 million per year. Every third dollar in this valley came from a farm."

Those who planned the Aspinall (water storage) Unit had the forethought to consider future generations, he noted. "We are the future they were planning for, but WE have not planned for the future we have

coming," Catlin said. "They knew back then that this community was going to grow, and provided 200,000 acre-feet of water for us to grow into. But when the Eastern Slope gets in a jam, they start talking about water as a "statewide" resource.

"The Governor is creating a statewide water plan," Catlin said. "Now is the time for us to decide what we want to put in that plan. And if we are going to call ourselves a right-to-farm community, then let's zone for it.

"Agriculture does other things for us," he added. "Imagine the landscape completely brown—and remember that there is not a lot of tourism in the 'dobies between Grand Junction and Delta. And remember how far out into the country Main Street runs.

"When we give up farm ground for houses, it's a one-time crop."

After citing the example of the <u>Project 7</u> <u>Water Authority</u>, which brought together all seven local water providers in a cooperative organization, Catlin discussed the

possibility of building water storage capacity by fixing the outdated reservoirs on Grand Mesa.

"We are fortunate that here the water is tied to the land," Catlin said. "I would suggest that Fort Collins and Denver come here and take a look, and help us retrofit some of our old facilities. That way, when the Colorado River is called, the reservoirs can release to meet the requirement."

The idea is to bank water during wet years, for use during times of drought.

"If we can fix our older reservoirs, it shows willingness and ability," he said. "There are more than 100 small reservoirs on Grand Mesa, and more than half cannot be used because of dam safety issues.

"Ridgway took the initiative to have their reservoir supply their domestic needs," Catlin said. "I suggest we start banking water in our old reservoirs. This is the kind of thing we need to think of as a community if our kids are going to live here.

"Water's not that important, until you're thirsty," he said, and took a long drink.



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BREWING SUPERB SESSION ALES A PASSION FOR COLORADO BOY'S HENNESSEY

By Caitlin Switzer

RIDGWAY—Third time may be the charm, but for Colorado Boy Brewery's Tom Hennessey, it also means time to go for gold. When the popular Ridgway brewery's Irish Red Ale once again claimed a silver medal at the Great American Beer Festival last month, it was the third time the delicious craft ale had earned the award. And in Colorado, the proudly acclaimed "State of Craft Beer," it's a big, big deal.

Recognizing outstanding beers brewed here in the United States is the mission of the Great American Beer Festival, which is the nation's largest.

An international panel of 201 expert judges chose this year's winners from a record 4,809 entries received from 745 U.S. breweries. Colorado Boy's Irish Red Ale is sold only through Colorado Boy's Ridgway Brewery (602 Clinton Street) and served at Colorado Boy Pizzeria (320 East Main Street) in Montrose.

Being honored at the Great American Beer Festival is as good as it gets, Colorado Boy Owner and brewer Tom Hennessy said

"We like to compete," Hennessey said.
"A silver medal means a really, really good beer. You've gotta be good to survive at the Great American Beer Festival—and we want to be the best. I came back with ideas on how we can improve the Irish Ale—things nobody would notice but me and a beer judge.

"The camaraderie amongst brewers is unbelievable," he said, "but we all want to make better beer."

A self-described food and coffee geek, Hennessey said that brewing great craft beers is just one more form of cooking.

"If you are serious, you want to create the best beer possible," he said.

"I like quality, but what really turns me on is great value. We are not brewing off the wall beers, beers you put on a pedestal and pray to. We are brewing session ales, easy drinking beers for a drinking session."

A native of Santa Fe New Mexico, Hennessey recalls that a restaurant started by his family there in 1989 is still thriving, though no longer owned by the family.

"We were going to sell food that was affordable," he explained. "I still want to do real food, and keep it affordable."

Everything at Colorado Boy is made from scratch, he said.

"We know exactly how the beer starts, and how we make our pizza dough and age it properly," he said.

"Heather has been roasting pumpkins and making cheesecake—we are really getting into the groove with our kitchen."

Don't expect Colorado Boy to sell growlers from its Montrose location anytime soon, however. Hennessey believes in being supportive of the other local breweries, including Horsefly Brewing Company and 2 Rascals.

After launching six breweries of his own and helping with 35 others, Hennessey



Though Colorado Boy opened its Montrose location just months ago, it is already a local favorite for affordable pizza and craft beer.

remains invested in the success of the industry as a whole. In addition to teaching brewing, Hennessey has published three books on the subject, all of which continue to sell briskly. When it comes to beer, his own current favorite is a Cask-conditioned English Pub Ale.

"I love the creaminess of it," he said, noting that his most popular brew continues to be the prize-winning Irish Red Ale, and that Colorado Boy has just added a special Maris Otter malt for greater depth and complexity.

"We need to work," Hennessey said.

"And there is something about making people happy with a craft product...I get to play, all day.

"When it comes to Colorado Boy, I want people to know that we are open, we are not fine dining, we are not a big deal, but we are having fun."

Valerie Meyers' Weekly Monday



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from the Road

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MONTROSE HISTORY AWASH WITH WATERS OF IRON MIKE



Montrose's second Hotel Belvedere, (above) which was connected to a public bath house, was built in 1896 at South First and Uncompandere, after the first Hotel Belvedere (located at Main and Selig from 1889-1894) burned mysteriously as a firemans' ball took place in the dining room. The second Hotel Belvedere lasted until 1976, when it was dismantled. Photo courtesy Denver Public Library Digital Collection.

By Caitlin Switzer

MONTROSE—Today, remnants of the well and drinking fountain known as "Iron Mike" remain in Centennial Plaza, beside a picturesque fountain where children love to splash and play during the summer months. For more than a century however, visitors flocked to Montrose's Downtown to bathe and drink in the mineral-rich waters of this artesian well.

Montrose Historical Museum Director Sally Johnson, who came here as a child in the 1970's, recalls the first time she took a drink from the fountain.

"It was supposed to be healing," Johnson said, "But it tasted awful." Nevertheless, Iron Mike was a Montrose mainstay for more than 100 years. The well itself was drilled in 1888 by Montrose's first blacksmith, and quickly became a center of community life, though the Downtown bathhouse was dismantled in the 1970's and the drinking water was turned off shortly thereafter when testing proved it unfit for human consumption. "As far as I know, we have three artesian wells here," Johnson said, "But the other two are on private property, one at Fruit Park and one on the Hogback. In the old days, when you went to get a drink everyone drank from an old tomato can. A lot of people would drink a gallon every day, to keep their health up, and many used to make lemonade from the water.

"My grandma, Josephine Williams, used to say that if you drink from the waters of Iron Mike once, you will always come back to Montrose." The first pipe was eventually replaced courtesy of the local Methodist minister, who also donated a pump, and was again replaced with lead pipe in 1907 by Joe and Sid Hartman.

"The original fountain was donated to the city by T.B. Townsend in 1910," Johnson said. "It used to be a tall shape with a lot of rock. In 1955, the Lions Club replaced the fountain.

"There also used to be a bathhouse at Centennial Plaza, the Belvedere, from 1896 to 1976," Johnson continued, "You could have as many as 50 people in the building. Unfortunately, the sewer was not good, and it ran everywhere."

According to Montrose Historian Dona Freeman's compilation of local history and news items, 100 Years (1882-1982) Montrose Colorado, the bathhouse and Iron Mike (then known as the Townsend Fountain) were making the local newspapers as early as 1896.

"The electric light at the bathhouse is of very little benefit to people who visit the artesian well during the evening.

"One can find people groping about in the dark at almost any time up to midnight, and ladies seldom escape without soiling their dresses," noted one *Montrose Press* article. "We noticed a stranger a few eve-



A marker in Centennial Plaza and a drinking fountain that has been turned off are all that remain of Montrose's Iron Mike.

nings ago, stretched across the sidewalk, drinking out of the trough which carries off the refuse. He could not see the parson's pump on account of darkness. Now if the town furnishes the electric light solely for the benefit of the bath house, we shall have to insist upon Mr. Rhoades stationing himself at his pump with a lantern during the evenings; but if the light is intended for the convenience of people visiting the well, it should be moved p.d.q. D'ye hear?"

In 1975, the remains of the bath house were dispersed. "The Belvedere auction sold about everything that could be moved, except the 107-year-old piano which was prominently advertised. The piano has historic significance, and Ed Nelson wouldn't part with it for less than \$1,500, which wasn't bid," wrote the *Montrose Press* at the time.

"When it was torn down, they let people come in and take the wood," Johnson said. "I have some of the hardwood in my floors, and I have the fire escapes." In addition to the aforementioned electric lights, the bath house was heated, she said.

According to Wikipedia, "artesian" denotes a confined aquifer containing groundwater under positive pressure, causing the water to rise to a level where hydrostatic equilibrium has been reached. Such wells are named after the former province of Artois in France where many artesian wells were drilled by Carthusian monks beginning in 1126.

OPINION/EDITORIAL

CHIEFTAIN EDITORS TAKE ON RACISM, CONFEDERATE FLAG

By Caitlin Switzer

MONTROSE--In an editorial that has sparked an outcry among some Montrose High School students, the school's award-winning newspaper, the Chieftain, apparently struck a nerve when co-editor in chief Kaylynn Miller published an editorial debunking the Confederate Flag in the newly published October Chieftain.

"All those people who have Southern Flag stickers on their lockers are complaining that it labels them as 'white trash,'" said one former student, who asked not to be identified. "It's blowing up Facebook."

What Miller has tackled was the fact that something called "the Southern Cross" – which closely resembles the flag of the former Confederacy—appears to be a more popular symbol around campus these days than the United States flag.

"The flag so commonly mistaken as the Confederate Flag has been trending at MHS," wrote Miller. "The flag used to represent the Confederate states of America, commonly associated with racism, is not in fact the one seen waving around in

Montrose's crisp fall air. This flag is known as "The Southern Flag" or "The Southern Cross." The cross behind the 13 stars is a deeper shade of blue than the one found on the second adaptation of the Confederate flag. However, since most people do not carry around painted swatches on a daily basis, it is a common misconception that there are no differences between the flags."

Miller goes on to discuss the Confederate Flag's history as a symbol of racism and intolerance, at one point referring to the Ku Klux Klan as a "white trash hate group," --apparently the phrase that has enraged so many. She ends the article by suggesting that Southern states choose a new symbol, and by saying that those states that continue to support racism and hatred won't be missed should they choose to secede. Inflammatory? Like a match to gasoline, in today's volatile political climate. Fearless? Absolutely.

And yet, though we understand that there are many who will be outraged by this young editor's decision to exercise her

own right to free speech, we believe Kaylynn and her co-editor, Abby Padilla have done an excellent job of supporting their arguments—both in the "Debunking the Confederate Flag" piece and in two other articles which appear in the Chieftain, one entitled "First Amendment Protects Hate Speech," by Padilla, and a brief history of the Confederate Flag, by Miller. It is the job of journalists to ask tough questions, and to provide real information to the public. An editorial is an opinion, and Miller is entitled to hers. It is not an anonymous social media post, but a public stand by someone writing under her own name. While any discussion of breaking up the union of states that Lincoln fought to preserve is ill-advised, perhaps those who choose to wrap themselves in a symbol of intolerance and anti-U.S. sentiment should develop a thicker skin-and an understanding of why the Civil War was fought in the first place.

The U.S. flag that they scorn has cost countless lives, and made their own freedoms possible.

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REGIONAL NEWS BRIEFS

Montrose Memorial Hospital Fall Clinics Awards

Special to the Mirror

MONTROSE--The Medical Staff of Montrose Memorial Hospital honored Dr. Paul Wiesner, Ophthalmologist, and the CEO of Montrose Memorial Hospital, David Hample, at this year's 42nd Annual Fall Clinics event.

The "Physician of the Year" is chosen based on their on-going contribution to quality medical care, medical staff and hospital activities, community service activities and years of service. The Community honoree is chosen for their outstanding service to the Hospital and community.

Dr. Wiesner is a past Chief of Staff and member of Medical Executive Committee for 10 years. He has served on the Surgery, Credentials and Bylaws Committee. Paul was a regular volunteer at the Montrose Medical Mission and has done medical mission work in Mexico.

He is a musician, swimmer, skier and biker. Paul and Phyllis raised three children. Their son Eric, is a physician and General Surgery Resident at the University



Dave and Lenore Hample with Dr. Mary Vader. Courtesy photo.

of Utah, his daughter Andrea is in social work and son Steven is doing laboratory work at the University of Wisconsin at Madison

Dave Hample is the Chief Executive Officer of Montrose Memorial Hospital and has been here since 2009. Before joining MMH he was the CEO at Jackson Hospital in Marianna, Florida and was previously the Vice President of Operations at Parkview Medical Center in Pueblo, CO. Dave has over 24 years of hospital admin-



Dr. Paul Wiesner and Phyllis Wiesner. Courtesy photo.

istration experience, received the CEO of the Year award in 2011 and is a Fellow of the American College of Healthcare Executives. He is married to Lenore and they have two grown children and one grandchild. He currently serves as Chairperson of MEDC. Besides his work, Dave's other passion is model trains and spends weekends at his Hobby shop.

DELTA CHAMBER WELCOMES DAYS INN SUNDANCE



Special to the Mirror

DELTA--Delta Area Chamber Ambassadors welcomed as a new member Davs Inn Sundance, located at 903 Main St., Delta. Pictured (from the left) are Ambassadors Christina Asche-Busch from Richards Consulting and Accounting, Lynn Shirk from HopeWest & Hospice, Mindi Heinrich from Crossroads Assisted & Independent Living; Days Inn staff Peggy Carrara, Kassy Kendall, Stefanie Schafer, Nancy Reinhardt, manager Veronica Salazar, Rebeca Lobatos and Frank Cross; Delta Mayor Ed Sisson and City Councilor Robert Jurca; and Ambassador Mike Maigatter from Sherwin-Williams Paint. Stop by and see the friendly staff at Days Inn and enjoy a delicious breakfast, lunch or dinner! The hotel and restaurant are under new management and new owners.

Send news releases to editor@montrosemirror.com

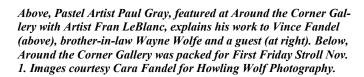
MIRROR IMAGES...FIRST FRIDAY STROLL





Artist Diane Thompson-Quarles pulling glass to create home accessories at A+Y Gallery. Image courtesy Cara Fandel.

Paul Gray





REGIONAL NEWS BRIEFS

WELCOME HOME MONTROSE WEEKLY NEWS BRIEF



Special to the Mirror

MONTROSE— Veterans' Day is fast approaching, and Welcome Home Montrose and The Warrior Resource Center have big plans to honor those who have fought for our nation's freedom. On Nov. 11, volunteers will gather at 6:30 a.m. to begin placing the next round of Let Freedom Ring chimes, hand-created by a dozen volunteers as a gift to the community, in 100 locations around Montrose. Those who find one of the chimes can choose to recognize a local veteran by hanging the Let Freedom Ring chime at

their home or business, or by sharing it as a personal gift. A line is provided on the card for your signature. The cost of the chimes has been generously and anonymously underwritten by several local business owners.

**ment rates so high in our military population, Montrose means to set the standard for other cities to follow in how to serve those who stepped up to serve all of us. By strengthening our services, identifying and filling our gaps, creating programs and

UPCOMING EVENTS

Please Join us Thursday, Nov. 14 from 6 to 9pm at Remington's at The Bridges of Montrose for a sampling of Scotch* along with a selection of Cigars to choose from. A lavish array of appetizers prepared by Chef Roberta will highlight the evening. Tickets are \$49 for the public and \$44 for Bridges members. Please RSVP to 970-252-1119 Ext. 120 by Nov. 13. This event is hosted by Remington's and The Liquor Store.

With the suicide, divorce and unemploy-

tion. Montrose means to set the standard for other cities to follow in how to serve those who stepped up to serve all of us. By strengthening our services, identifying and filling our gaps, creating programs and removing the barriers in our infrastructure, we are preparing a place for our wounded warriors to visit and hopefully, to stay. Please contact us to learn how you can contribute! Our corporate office is located in Timberline Bank (1561 Oxbow Dr.), and can be reached at 970-765-2210. Welcome Home Montrose is a 501(c) (3) non-profit organization and runs entirely on donations of all kinds at the Resource Center and on the website, www.WelcomeHomeMontrose.org. News release: Caitlin Switzer PR

MHS FRESHMAN HONORED AT 3M YOUNG SCIENTIST CHALLENGE

Special to the Mirror

MONTROSE– Daniel Culver, a freshman at Montrose High School, achieved fourth place in the 2013 Discovery Education 3M Young Scientist Challenge, on October 8 at the 3M Innovation Center in St. Paul, MN. In late June, Daniel was named one of 10 national finalists in the competition for the scientific ingenuity and innovation he demonstrated in a project in which he designed and created an indoor biomass cook stove that minimizes harmful carbon monoxide emissions.

From mid-July through late September, Daniel met weekly competition deadlines, and worked with his 3M scientist mentor, Kevin Eberman, to identify a stove prototype that would be most effective and feasible for use in a developing country.

During the process, Daniel built several prototypes.

Over the course of 23 hours, Daniel tested each prototype with a 3M EVM-7 Environmental Monitor Kit.

As a runner up, Daniel received a cash award and a combined recreational-scientific trip to Costa Rica in 2014.

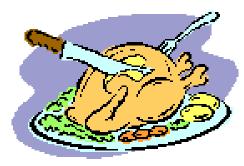


Daniel Culver, a freshman at Montrose High School, and Kevin Eberman, his 3M scientist mentor, celebrate the culmination of the 2013 Discovery Education 3M Young Scientist Challenge at the 3M Innovation Center in St. Paul, MN.

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REGIONAL NEWS BRIEFS

VOLUNTEERS, CONTRIBUTIONS SOUGHT FOR THANKSGIVING MEAL



Special to the Mirror

MONTROSE--It's time to think about sharing a day of thanks with friends and neighbors at the 19th Annual Thanksgiving Day celebration at Friendship Hall at the Montrose Fairgrounds.

The success of this community activity is based on the amazing volunteer spirit in the area...volunteers who begin the Sunday before Thanksgiving cooking and boning 110 turkeys; volunteers who spend

Wednesday creating an atmosphere that will insure the Thanksgiving spirit – decorating with local products and table runners created by local schools; volunteers ready to serve their fellow neighbors a delicious turkey dinner; volunteers who create tasty pies with love as expressed by a note on a cherry pie last year – "baked with gratitude for the blessings in my life"; volunteers with amazing musical talent willing to give this talent to the entertaining of diners throughout the afternoon; volunteers who step up at the end of the day to put Friendship Hall back in order and all cleaned up.

In addition to the numerous volunteers, community businesses contribute money and products to support the day of thanks; JRROTC members begin the day with presenting the colors and assist any children wanting to enjoy the game room; and those 110 turkeys...they are donated by

our Montrose Realtors; all our publicity is donated; amazing door prizes come from local businesses.

Everyone is invited to the festive day – there is no cost to any diner, but, of course, donations are always appreciated.

To make this a total day of smiles and good food, you are invited to volunteer your services by calling 240-4350 between 1 and 6 pm. weekdays. As in any GOOD meal, every part of the meal requires talent – from dish washing to watching doors to greeting to serving – and more. Come serve – come eat.

For the Montrose area home-bound folks, we also have volunteers ready to deliver a meal...we just need to hear from you. Call 249-8298, weekdays, between 9 and 2 pm. until November 26. Do you have a home-bound neighbor with a need...call this number for them — make their Thanksgiving a special celebration, too.

DELTA AREA CHAMBER CELEBRATES RIBBON CUTTINGS





Special to the Mirror

DELTA--Representatives from the Delta Area Chamber of Commerce (DACC) welcomed owners and staff of The Daily Grind Coffeehouse & Café (above left) to the Chamber on Oct. 17 with a ribbon cutting ceremony. Pictured from left is DACC board member Mike Maigatter from Sherwin-Williams Paint; Daily Grind employee Kendall Phillips; DACC board president Gynee Thomassen from Classic Computers; Daily Grind employee Janis Hudson; co-owners Tom Unzueta and Kevin Gracie; DACC board member and Ambassador Mindi Heinrich from Crossroads Assisted & Independent Living; and Delta City Council member Robert Jurca. The Daily Grind is located at 326 Main Street, and has full menu of breakfast, lunch and specialty coffee drinks. The community also celebrated the expansion of the fitness center at Bill Heddles Recreation Center (above right) with a ribbon cutting ceremony on Oct. 16. In the front row, pictured from left is Delta Area Chamber of Commerce (DACC) board member Mike Maigatter from Sherwin-Williams Paint; Delta City Council members Ray Penick and Mary Cooper; Mayor Ed Sisson; council members Robert Jurca and Bill Raley; and DACC Ambassadors Christina Asche-Busch from Richards Consulting and Accounting and Mindi Heinrich from Crossroads Assisted & Independent Living. Pictured in the background is rec center staff, part of the construction crew and community members who frequent the facility.



MONTROSE COUNTY NEWS AND INFORMATION

COUNTY HIRES TERESA WILLIAMS AS NEW ATTORNEY

Special to the Mirror

MONTROSE--Montrose Board of County Commissioners formally approved new County Attorney Teresa Williams' contract yesterday with a unanimous vote. Williams is currently serving as the City Attorney for Lee's Summit, Mo., and will join Montrose County on December 16, 2013, for a three year contract.

"Williams was a clear choice," said Vice

Chairman **David White**. "She has extensive experience in municipal law as inhouse counsel for both cities and counties, with a particular expertise in land use, labor issues, property transactions, economic development, taxes and administrative law. We are pleased to welcome her aboard."

As the former city attorney for Glenwood Springs and Archuleta County Attorney, Williams is familiar with the western slope. "My husband [Rusty] and I have lived on the western slope twice before and we are excited to call Montrose our new home," said Williams. "Some of our very best years have been in western Colorado, we are really looking forward to becoming part of the community." Williams will take over duties from Acting County Attorney Carolyn Clawson, who will resume her role as Assistant County Attorney.

ROAD AND BRIDGE CREWS MOVE TO WINTER HOURS

Special to the Mirror

MONTROSE--Beginning Nov. 4, the Montrose County Road and Bridge Crews will be working winter hours from Monday to Friday 7 a.m., to 3:30 p.m. These hours will be in effect until March 10, 2014.

MONTROSE COUNTY GARDENERS CLICK HERE!



For gardening advice and information that work for your community and your climate!

THANKS FOR READING

THE MONTROSE MIRROR!

We welcome news items and calendar submissions. Please send to:

editor@montrosemirror.com.



MW AVAILABLES K-9 OXXX TOY

\$15 per stuffed animal dog
All proceeds go to the
Montrose County Sheriff's Office K-9 Unit
Donations Also Accepted

Help Support Our Local Hero Dog!



THANK YOU TO DEPUTY K-9 OXX'S SPONSORS



Chow Down Pet Supplies





REGIONAL NEWS BRIEFS

ALTRUSANS LEND HANDS TO HABITAT



Special to the Mirror

MONTROSE--Nancy Morton-Kaiser-top row, second from left, Bobbie Brown-bottom row, second from left, and Bonnie Coffman-bottom row, third from left, provide volunteers hours in our community to make a life better for two Montrose families. As employees of Wells Fargo (Bonnie is a retired employee), they support Wells Fargo's efforts to assist Habitat for Humanity both locally and in other states through the nation-wide Wells Fargo Housing Foundation.

Silke Printz Steps Out After Her Successful Hip Replacement from MMH

Astute and particular, and after looking into surgeons and hospitals, Silke chose to have her hip replacement surgery at Montrose Memorial Hospital.

"The procedure went beautifully. I knew from the beginning that I wanted the surgery done close to home at Montrose Memorial. The Joint Replacement Center has an excellent pre-surgery class that thoroughly explained everything I needed to know and it was very important to me that MMH has a significantly lower infection rate than other western slope hospitals. Also, Mountain View Therapy provides focused, specialized care to get patients back to the highest level of performance in the shortest time possible."

Call Montrose Memorial Hospital today to learn more about the area's most innovative Joint Replacement Program at 970-252-2995.



970-249-2211 MontroseHospital.com



REGIONAL NEWS BRIEFS

NORTHSIDE CELEBRATES LITERACY DAY



Pictured: Guest Reader, Christy Fowler and Northside Elementary School Students. Photo courtesy of Ellen Angeles.

Special to the Mirror

MONTROSE – Halloween marked a wonderful wacky day at Northside Elementary School, where students and parents started their day by being greeted by Harry Potter (a.k.a Principal, Ted Donahue). Northside made a decision to move away from the traditional Halloween celebrations to a literacy day. Students dressed as their favorite book characters with several activities planned throughout the day to support a love of reading. One of the activities scheduled was having "celebrity readers" visit the school to read their favorite story to groups of students. A few of the "celebrity readers" included but were not

limited to Mayor Judy Ann Files, Superintendent Mark MacHale, Montrose Library District Director Paul Paladino and Paul Revere, otherwise known as Paul Zaenger. Spearheading the day's events was Music Teacher, Tracy Reinhard. It was through her efforts and the support of the entire Northside staff that the literacy day was a huge success. According to Principal Ted Donahue, "It was a great day, not only for our students but the adult volunteers that participated in sharing their love for reading."

The event was such a success the Mr. Donahue would like to see this be an annual event for the school.

TAIZE WORSHIP SERVICE PLANNED

Special to the Mirror

MONTROSE--A Taize worship service will be held at the Montrose United Methodist Church at 7 pm on Thursday, Nov. 7. The service originated in Taize, France, in 1940 and is a nondenominational meditative candlelit service combining music, scripture and prayer. It is practiced throughout the world. All are welcome. Child care is available. For further information, call 970-249-3716.



REGIONAL NEWS BRIEFS

SOCIAL MEDIA SEMINAR PLANNED FOR NOV. 12

Special to the Mirror

DELTA--The Delta Area Chamber Commerce and Townsquare Media are teaming up to offer a "Social Media 101" training seminar for area businesses.

If your business hasn't wholly embraced the social media movement — website, mobile, SEO optimization, social media platforms and reputation management — come to this seminar and learn why it's important and how using even a little can help your business. Townsquare Media purchased the Cumulus group of radio stations in August of last year — KEKB 99.9, KOOL 107.9, 95ROCK, MIX 104.3 and KEXO1230AM (which will change to

be an ESPN affiliate station effective 11/1/13.) Townsquare Media has a diversified offering of radio, digital and live events opportunities.

One branch of the company, Townsquare Interactive, offers Website Development with Mobile Optimization, SEO, Social Media and Reputation Management.

"We have used these tools to increase our audiences across the country tremendously and now offer the same tools to our clients," said Mark Tidd, Townsquare digital sales manager in Grand Junction.

"I attended a similar training a few months ago in Montrose and was blown away by the great information offered by Mark and his associate," said Kami Collins, executive director of Delta Area Chamber of Commerce. "So I asked Mark to come and present the information to our businesses." Every business will learn something at this seminar, from how to start from scratch if you're at the point, to making your current site and social media more relevant and noticeable to your customer base. The seminar will be held at the Delta Area Chamber of Commerce at 301 Main Street on Tuesday, Nov. 12 at noon.

The cost is \$10 for non-members of the Chamber and free for members. Lunch will be provided. Please RSVP by calling 970-874-8616.

INDOOR FARM MARKET OPENS FOR THE SEASON IN DOWNTOWN MONTROSE

Special to the Mirror

MONTROSE--November is here and so is the **Indoor Farmers Market** behind the Straw Hat Farm Market & Kitchen store (514 s. 1st Street) in Downtown, Montrose. Vendors open at 10 am. The Indoor Farmers Market will feature fresh baked goods, homemade coco mix, apple sauce, locally produced pork, beef, eggs, locally homemade tie dye, jewelry, hats, soaps and fresh Apples, Carrots, herbs and much more. This year the Indoor Market will operate- November – May at 514 s. 1st

Hours of operation are on the 1st and 3rd Saturdays of each month. 10 am to 1 pm. Visit our website at www.montrosefarmersmarket.com.

HONORABLE MENTION

To all U.S. veterans everywhere. Thank you for the freedoms we enjoy every day...

To Melanie Kline, Emily Smith and all who have worked so hard to build Welcome Home Montrose and The Warrior Resource Center into an organization that works to break down barriers and help returning veterans heal...

To the Walchle family, for donating the space that houses the Warrior Resource Center at 11 South Park Avenue...

...To the Montrose Community Thanksgiving Dinner team, for feeding so many! Every year!

...and to Kathy Gaber and the staff of the Montrose High School Chieftain, for hard work, courage, and dedication to the profession of journalism—another American tradition that helps to safeguard our freedoms.

REGIONAL NEWS BRIEFS

COLD HEADS, WARM HEARTS

Special to the Mirror

MONTROSE--Sarah England and Amanda Howze shaved their heads and raised over \$2,000 in donations for the Caring Friends Fund. With their motto of Cold Heads, Warm Hearts; these ladies have personal friends and family members who have been touched by cancer and they wanted to do something to help.

The *Caring Friends Fund* provides items and services to help patients and their families at Montrose Memorial Hospital and the San Juan Cancer Center. The donated money helps provide services that are beyond the patient's medical needs including; massages, manicures, PlayStation video console for hospitalized children, gas cards, grocery cards, medication assistance, travel and lodging expenses and meals for nutritional support during therapy.

For more information on the Caring Friends Fund, or if you would like to make a donation, call 970-240-7397.



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EMMAUS DINNER PLANNED

MONTROSE--Area residents are invited to attend an Emmaus potluck dinner Thursday, Nov. 7 in Baldridge Hall of the Montrose United Methodist Church, 19 S. Park Ave. The dinner will begin at 5:45 pm. Emmaus is a three-day weekend retreat to develop disciples in the church and community. Those attending the dinner also are invited to attend a 7 pm Taize service. Emmaus dinners are held at the church the first Thursday of each month, except July. For further information, call the church office at 970-249-3716.

Delta County Living

Your Online Guide for Activities, Adventure, and Living In Delta County, Colorado

www.deltacountyliving.com

deltacountyliving@gmail.com





LEGISLATIVE UPDATE

BY SENATOR ELLEN ROBERTS

HOPING FOR A STRONG SNOWPACK

Christmas candy now sits on the store shelves instead of Halloween treats, so that tells me winter is on its way. My hope is that we have snow and plenty of it, not just for a white Christmas, but I'm anxiously wishing for a deep snowpack and spring weather that doesn't melt it too quickly.

I'm not trying to "borrow trouble", but the threat of wildfires in Colorado goes unabated. Our tendency to work hard to move past natural disasters like wildfires and floods is admirable, yet it comes at a cost if we fail to learn from those difficult experiences.

In both the wildfire matters and the water resources interim committees, we spent the fall months assessing what improvements can be made at the state level. We've got some good legislative proposals to put forth in January to the full legislature, but none can control the weather and what Mother Nature has in store for us next year.

I'm most interested in seeing what we can do to improve forest heath in Colorado and that'll take closer and greater collaboration with the federal Forest Service, given the large extent of lands under their control. The exact shape this collaboration will take is still to be determined, but, across the state and forested public lands, local communities and state legislators like me are ready to get to work on this.

We already have some examples of this combination of local, state, and federal efforts, but they must be elevated and expanded if we are going to get ahead of the problem of diseased forests, ripe for fires. Following catastrophic wildfires are dire flood conditions as watersheds are severely impacted by loss of live trees and now severely eroded soils. We must more actively and responsibly manage our forests.

In the meantime, there are steps to take to expand wildfire mitigation and funding to shore up that area of firefighting and its workforce. State funding of a stronger radio communications system for emergency management is needed and that'll be a priority for me to work on next session.

There's a rearrangement of committee assignments in the senate due to the addition of the two new Republican senators elected in the recalls this fall. As a result,

I'll be moving to the senate agriculture, natural resources and energy committee and likely also back to the judiciary committee. The agriculture committee assignment dovetails nicely with my interim committee work on water and wildfires. I look forward to providing the views of my constituents to be considered in the formation of the Colorado state water plan, to be in first draft form by the end of 2014.

This reassignment means that I won't be on the healthcare committee, although I'll continue to work on those issues as well. With so much happening with health insurance reform at the federal level, there's little new to add to that conversation. While the dust settles on the implementation of the federal legislation, I'm focusing on healthcare workforce issues as that has been, and will continue to be, a challenge everywhere.

The Colorado Youth Advisory Council moves into its sixth year at the legislature and I'm excited to continue as their legislator co-chair in 2014. Their enthusiasm in highlighting Colorado youth concerns is refreshing, fun, and inspiring.

MONTROSE RESPUBLICANS PRESENT AUTHOR GREG WALCHER NOV. 15

Special to the Mirror

MONTROSE--The Montrose Republican Party and the Montrose Republican Women are pleased to welcome noted author Greg Walcher to Montrose for a presentation based on his new book: *Smoking Them Out: the Theft of the Environment and How to Take It Back.* This presentation will take place on Thursday, November 15th from 7 pm to 9 pm at the Holiday Inn Express, 1391 S. Townsend Ave. in Montrose. Tickets are \$10 each and can be purchased at the Red Barn, Devinny Jewelers, Laursen's Repairs and Beyond or Around the Corner Art Gallery in Montrose. Doors will open at 6:30pm. Light refreshments

provided.

Prior to his presentation, Mr. Walcher will also be available at Around the Corner Art Gallery 4:00-5:00 to informally meet with the public and sign copies of his new book. Walcher was raised around the peach orchards of Western Colorado and is a nationally recognized and respected leader in natural resources policy. He is president of Natural Resources Group, a firm specializing in energy, water, public lands, forestry, and wildlife policy. He served in the Governor's Cabinet as head of the Colorado Department of Natural Resources. Previously he spent a decade working in the U.S. Senate, and another ten years as

President of Club 20.

Based on his work in Colorado and Washington, D.C. over the past 30 years, Walcher shows how states, local governments, businesses, and private individuals can take control of conservation issues, improve the environment without the help of federal agencies or environmentalists, and smoke out those with another agenda. "Significant shifts in public opinion from previous years illustrate that the time is right for a new approach to environmental issues in general, but no approach can win the hearts and minds of the American public unless it is perceived to be proenvironment."

REGIONAL NEWS BRIEFS

REGION 10 SBRC HOSTS FREE CDOT CONTRACTING WORKSHOP

Special to the Mirror

MONTROSE--Are you a business owner seeking opportunity with statewide transportation contracts? Plan to attend the Region 10 Small Business Resource Center's Introduction to Contracting with CDOT seminar, Nov. 19 from 1 to 3 p.m. at the Region 10 Enterprise Center at 300 North Cascade in Montrose. The workshop will be followed by one-on-one mini consulting sessions from 3 to 5 p.m.

Get an inside look at how the Colorado Department of Transportation (CDOT) operates, what they buy, how to find and pursue contract opportunities, and how to compete in the bidding and proposal processes. "Negotiating the ins and outs of CDOT contracting is much easier with appropriate training," Region 10 SBRC Director Vince Fandel said. "By attending this workshop, you can learn strategies that will give your CDOT submittals a far greater chance of success."

To reserve your space for the free Introduction to Contracting with CDOT seminar, call Claudette at 970-249-2436 ext. 201.

Region 10 is also offering a Constant Contact marketing seminar on Oct. 29, as well as classes like "Starting Your Own Business," "Quickbooks", "Creating a Business Plan" and more. The classes are supported with individual counseling sessions. To learn more about Region 10's programs and services, call Vince Fandel at 970-249-2436 ext. 206.

A non-profit organization, the Region 10 League for Economic Assistance and Planning was formed in 1972 and serves sixcounties (Montrose, Delta, Gunnison, Ouray, Hinsdale and San Miguel), operates an Enterprise center (300 North Cascade) administers the Enterprise Zone Business and Contribution tax credit programs, oversees the Area Agency on Aging (AAA) and Community Living Services, coordinates Regional Transportation planning, and offers a loan program for small business. To learn more call 970-249-2436 or visit the web site at www.region10.net.

HOPEWEST TO PRESENT HONOR FLIGHT, ONE LAST MISSION AT WRC NOV. 9

Special to the Mirror

MONTROSE--In honor of Veterans Day, HopeWest (Hospice & Palliative Care of Western Colorado) is proud to present a very special screening of Honor Flight, One Last Mission, on November 9 at 2 p.m. at the Welcome Home Montrose Event Center (located on Park & Main Street). Doors open at 1:30 p.m. and the event is free of charge. For more information please see the attached press release and flyer or call 970-773-4757.

DELTA AREA CHAMBER OF COMMERCE

MIRACLE ON MAIN STREET!

DOWNTOWN DELTA PARADE OF LIGHTS ALONG MAIN STREET, 6 P.M. DEC. 6



For info or to register a float: Delta Area Chamber of Commerce 970-874-8616; DeltaColorado.org or find us on Facebook!

Poster Art by Amiah Swain



SHOP MONTROSE FOR THE SEASON!



2013-2014 SHOPPING GUIDE



AROUND THE CORNER ART GALLERY



Around the Corner Art Gallery is a Downtown destination for art lovers.

MONTROSE--Step into Bob and Pat Brown's Around the Corner Art Gallery, located at 447 East Main Street in Montrose, and you will find yourself swept up into a world of vivid color, with exciting works of art in all mediums. The atmosphere is welcoming, and the Browns and their staff greet all who enter like old friends. This is a place where the spirit of creativity lives and breathes, and where people of all ages feel immediately at home. The emphasis is on local art, created by gifted local artists and artisans. From fine oil paintings and watercolors to inspired photography, to works in bronze and beautiful ceramics and even one-of-akind jewelry, there is something here for all price ranges, and all tastes. Those whose works are represented include revered Western Colorado talents, and rising stars. The Browns opened the Gallery five years ago, after the building in which it is located was tastefully remod-

eled by local entrepreneur Ralph Walchle, who still owns the space. Over the years, Around the Corner Art Gallery has become a community gathering place, with exciting shows and events that draw the community Downtown to appreciate the best that the local arts community has to offer. Visit the web site to browse the catalog of artists, and to find out about upcoming shows and receptions. Challenge yourself to appreciate something new, or cherish old favorites—it's up to you...this is your local gallery! Perhaps you will be inspired to take a class, and discover the artist within. Check out the latest courses here. Around the Corner Gallery can be reached at 970-249-4243. Hours are from 10:30 a.m. to 5:30 p.m. Monday through Saturday, and from 11 to 4 on Sundays throughout the Fall season.

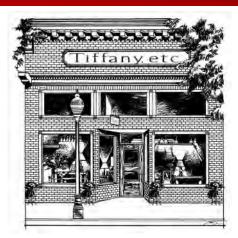
TIFFANY, ETC.

MONTROSE--Go ahead—find a little something for yourself when you do your holiday shopping at Tiffany Etc. this season. Like the perfect bedroom set, or that gorgeous yet comfortable couch you have had your heart set on for months!

Tiffany Store Manager Lorna Santonastaso and Owner Glee Westcott shop throughout the year for the beautiful, useful, and high-quality items that make this Montrose boutique a regional shopping destination. Over the past 30 years, Tiffany owner Glee Westcott has established a reputation for superb customer service and an array of merchandise that evokes a holiday experience year-round. From special treats like the sought-after Poppa's Corn for the holiday season (Tiffany Etc. has been the main retail outlet for this locallymade product for 26 years), to home décor and accessories, candles of all shapes and sizes, jewelry, unique apparel, artwork and even furniture, the store is a treasure chest packed with colorful, high-quality merchandise that captures the essence of Western Colorado.

"We have gift items for everyone, and we sell custom-design furniture, with fabric chosen by our clients or with interior design help from Lorna or me," Westcott said. "We have many different styles, from contemporary to lodge and Western-style to traditional. We also have accent pieces to complement any style."

Other fun, seasonal items include elk and deer "poop" candies, and a fabulous variety of stocking stuffers for all ages. Our email catalogue keeps our customer up to date on new merchandise and store events. It always pays to stop by Tiffany Etc. on Mix-n-Match Sundays for Glee's weekly special event. Tiffany Etc. is located at 439



Tiffany Etc.. Has been a year-round shopping destination for more than 30 years.

East Main Street in Montrose, and is open seven days a week. They can be reached at 970-249-7877.

MIRROR IMAGES...MHS MARCHING BAND!







Band parent Tim Frates snapped these pictures of the 2013 Montrose High School Marching Band at the state marching band competition in Fort Collins Oct. 24-26. From top left, horns; band performing with color guard; Drum Major Desiree Baird, the show; left, Band Director Josiah St. Peter with the band. The band finished eighth in the state finals.



Images Courtesy Tim Frates <u>Tim Frates Laser Engraving</u> <u>and Custom Framing</u>





ARTS AND CULTURE

ART PARTNERS PRESENTS THE 2013 ANNUAL CHILI BOWL FUNDRAISER

Special to the Mirror

MONTROSE--Join Partners at Around the Corner Art Gallery, 447 East Main Street, on Nov. 30 for our annual Art Partners Chili Bowl Fundraiser. Purchase a bottomless bowl of chili from 11 AM to 2 PM and the bowl is yours to keep! Chili bowls are \$15 per person, or \$25 for a couple. Chili is donated by local restaurants and chefs; attendees will vote for their favorite.

You can help today by painting a bowl at Amazing Glaze, 219 East Main Street in Montrose, and donating it to Partners. Paint a bowl by November 24th and you will receive a 15% discount. This is great fun for all ages and an easy way give back to the community.

Art Partners is a program of Partners, a non-profit organization that promotes positive change in youth through supported one-to-one mentoring relationships with adult volunteers. Art Partners matches community professional artists with youth ages 12-17 who have artistic talent and an interest in learning and refining their skills.

For more information on the chili bowl fundraiser or on the Art Partners program visit our website, www.partners-west.org or call our office 970-249-1116 in Montrose, 970-874-4661 in Delta.

RIDGWAY WELCOMES FAMILY ENTERTAINER

Special to the Mirror

RIDGWAY--Award-winning juggler, dancer and physical comedian Peter Davison of Boulder is bringing his one-man family show to Ridgway on Sunday afternoon, Nov. 17 at 2:00 at the Ridgway Secondary School Gym. Sponsored by Ouray County Performing Arts Guild, "Tossed and Found" will show how Davison has combined inspiration from Charlie Chaplin, Fred Astaire, and Gene Kelly to his show working with common objects that audiences can relate to. There will be no admission charge, but donations are requested. It will be a perfect show for the entire family – tots through Grandma. See our website for more information:





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SHERBINO PRESENTS AMERICANA, FINNDERS & YOUNGBERG NOV. 8



Special to the Mirror

RIDGWAY—The Sherbino Theater in Ridgway is proud to present Finnders & Youngberg on Friday, Nov. 8th in a seated performance, starting at 8 pm.

They were a showcasing artist at Folk Alliance International 2010, and this fall they will be one of 13 acts that have been chosen as official showcasing artists at the IBMA's World of Bluegrass conference in Nashville, Tennessee.

The doors and bar will open at 7:30 pm and there will be an intermission between sets.

Tickets are \$15 each and are available at the door the evening of the show or will-call orders will be taken at 970.318.0892. More information at www.sherbinotheater.com or www.sh

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ARTS AND CULTURE

MAN OF LA MANCHA TAKES STAGE AT MAGIC CIRCLE THEATRE



Pictured (back row) Steve Gillis, Ken Chenevert, Nathan Cretti, Jim Hougnon: (front row) Ron Robertson, John Reick, Jessica Kastendieck, Steve Warner, Tony Roberts. Courtesy photo Jeannie Hougnon.

By Nick Hoppner

MONTROSE--Returning to the stage of the Magic Circle Players is one of the most enduring works of musical theatre-Man of La Mancha. The ever-popular musical based on Spanish author Miguel de Cervantes' seventeenth century masterpiece Don Quixote, won five Tony-awards including Best Musical in 1965. The musical's book is by Dale Wasserman, lyrics by Joe Darion and music by Mitch Leigh. The story opens as Miguel de Cervantes

(played by Rob Hunter) is escorted into a crowded jail during the Spanish Inquisition. His fellow prisoners soon begin to harass him and his manservant Sancho Panza (Romeo Icasiano). Two inmates take on the roles of the Governor (Peter Ambrose) and the Duke (Dalyn Pearson) and begin a mock trial. At stake are all of Cervantes' possessions including a treasured manuscript. In his defense, the imprisoned writer tells a tale enchanting enough to save his life's work. He tells of Alonso Quijana, a gentleman so fascinated by legends of knights in armor that he imagines himself to be one—Don Quixote of La Mancha. To humor him, his servant Sancho, goes along with Quijana's fantasy. Enlisting the services of the other prisoners, Cervantes involves all in his captivating play-within-a-play. Quixote's delusional optimism is most obvious when he chooses the hard-bitten wench Aldonza (Jessica Kastendieck), as his inspiration Dulcinea. His madness leads to continued misadventures (including tilting at windmills) that ironically lead to a question: is a realistic life without honor more worthy and sane than one of impractical high ideals? Is it better to see things not as they are, but as they ought to be? Many of the musical numbers of Man of La Mancha have become American standards including the show-stopping "The Impossible Dream." The music and songs support the story memorably. Directed by Tom Chamberlain with Sandy Lundberg, assistant director, Jeannie Hougnon, music director, and Lenore Hample, assistant music director, the ensemble cast of Man of La Mancha features 20 other actors and singers. Evening performances of Man of La Mancha, are on Nov.1, 2, 8, 9, 15, 16, 22 and 23 at 7:30 p.m. with Sunday matinees on November 3, 10 and 17 at 2 p.m. Public ticket sales open on October 29 at the box office of Magic Circle Theatre, 420 South 12th Street, Montrose, or by phone at 970-249-7838. Box office hours are 2-5 p.m. on Tuesday, Wednesday and Thursday.

WEEHAWKEN PRESENTS SPEAKEASY FUNDRAISER AT SHERBINO NOV. 15

Special to the Mirror

RIDGWAY--Whisper the password at the back door of the Sherbino Theater on Friday, Nov. 15th, starting at 7:30 pm and be whisked back in time to a night of fun, dancing, live music, food, photos and good times - knowing that your "secret" dalliances will support a worthy cause. Weehawken's Speakeasy Fundraiser will be held at the Sherbino Theater on the 15th

Age style clothing to enhance the fun. Prizes will be awarded to the most stylishly dressed guests, so dig out your glad rags to recreate your best Jay Gatsby and Daisy Buchanan looks!

Just \$30 in advance or \$35 at the door will grant you entry to this fun filled night, all to benefit Weehawken Creative Arts. Those who have offered their Annu-

and guests are encouraged to dress in Jazz- al Patron support of Weehawken this fall at \$150 or above automatically get two tickets to this event. Executive Director, Ashley King noted, "It's fall, which means it's time to think about annual giving. Weehawken's annual patrons are essential to achieving our goals for success." For information visit www.weehawkenarts.org or at www.facebook.com/weehawkenarts or by calling 970.318.0150.

ARTS AND CULTURE

WEEHAWKEN PRESENTS "NUTCRACKER SWEETS" IN OURAY

Special to the Mirror

OURAY--Weehawken Creative Arts will be presenting an abbreviated version of Tchaikovsky's "The Nutcracker" at the Wright Opera House in Ouray on Nov. 10 at 4 pm, featuring dancers from Weehawken's Company Dance program. Weehawken has produced a full "Nutcracker" since 2008, but because they are offering a new holiday production in December (The Polar Express), they have chosen to produce a smaller version of "The Nutcracker Sweets" with a smaller ensemble for the communities of Silverton (Nov. 3) and Ouray.

Join Artistic Director, Miss Natasha Pyeatte's vision, as you once again have the opportunity to enjoy a treasured holiday tradition. Journey with this adorable cast to the Land of the Snow and the Kingdom of the Sweets to meet the Sugarplum Fairy, Waltzing Flowers, and the Russian, Arabian, Marzipan and Chinese Dancers. Weehawken's "Nutcracker Sweets" will feature a cast of 40, ages three to 16. These students have been rehearsing since September with Miss Natasha and are primed and ready to perform for an enthusiastic audience.

Whether you know a student in the Weehawken Dance program or not, Weehawken assures you of an enjoyable audience experience. Pyeatte's shows are built like a real ballet, so the experience is appropriate for any audience.

"We are thrilled to be able to delight audiences of all ages with our version of this timeless holiday classic," Executive Director, Ashley King said. "Weehawken's 'Nutcracker Sweets' isn't just a ballet performance, it's a special event for all ages and a treasured holiday tradition. It is especially exciting to be presenting this, and we hope you'll join us."

Tickets for Weehawken's "Nutcracker Sweets" are available in Ouray at Khristopher's Culinaire, Buckskin Booksellers and Mouse's Chocolates. They are available in Ridgway at Cimarron Coffee and Books and the Weehawken Office.

Tiffany, Etc will be selling tickets for these performances in Montrose.

Tickets are \$12 each, with discounts available via phone for groups of 10 or more (970-318-0150). Tickets are also available online at

www.weehawkenarts.org.

SAN JUAN WEAVERS GUILD SHOW-SALE NOV. 23

Special to the Mirror

MONTROSE--Fiber by fiber, thread by thread, members of the San Juan Weavers Guild are preparing for their 36th Annual Show and Sale Saturday, November 23, at the Holiday Inn Express, 1391 S. Townsend Ave., in Montrose, Colorado. The one day event starts at 9 a.m. and runs to 4 p.m. this year (an earlier closing time than in past years), and there is no admission charge. The public is cordially invited.

As spinners twist fiber to make yarn and weavers interlace yarn to make fabric, they are practicing and celebrating a long legacy of fiber arts that goes back thousands of years.

At the same time, the products they create are fully appropriate for modern homes and uses, some made with specialty yarns new on the market. Shoppers will find a huge selection of towels for the kitchen, mats and runners, rugs, baskets, clothing, and clothing accessories. Fiber jewelry and felted novelties make special gifts, and beautiful tapestries are offered to brighten your walls. Ornaments and holiday décor

will find use year after year. A vast inventory of hundreds of items assures an ample variety for the later shopper as well as those who've learned by experience to line up early for the best selection when the doors open.

Many of the items are available only during the November 23 sale and are not offered in galleries or other retail outlets. All are made by hand with fine craftsmanship and a hallmark of quality.

Guided hands-on activities will be offered again this year, not just for young children but for anyone who would like to try weaving and other fiber arts. In recent years, this very popular opportunity has provided experience for children as young as three or four, up through the teenage years.

The guild is always eager to recruit young members as well as their parents! A special attraction this year will be a live angora rabbit, source of luxurious fiber.

The dozens of members of The San Juan Weavers Guild come from throughout the Western Slope region, ranging from Telluride to Grand Junction, Paonia, and points in between. Several former residents in other parts of Colorado and in other states continue their membership. The guild meets once a month from September through May, excepting November.

Programs and occasional workshops by members and visiting teachers, along with demonstrations at public events, are part of the educational outreach of the guild. Meetings are free and open to the public, and most are held in Montrose at Meadowlark Court Apartments, 2389 Robins Way, usually the third Saturday of the month. Anyone interested in spinning, weaving, felting, basketry, and other fiber arts is encouraged to attend. Novices will find welcoming mentors within the group. For information, call Deanna Grider, (970) 240 -0453.

For those interested in spinning, an informal gathering and lunch potluck are held the first Friday of each month, year-round, at the Trap Club in Delta. Contact Carolyn Ogden, (970) 874-8500.

For more information about the Nov. 23rd sale, contact Bobbie Irwin, 970- 249-2981.

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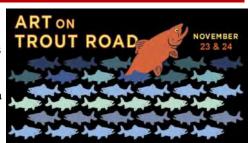
REGIONAL NEWS BRIEFS

22 YEARS OF ART ON TROUT ROAD!

Nov. 23-24, 10 a.m. to 5 p.m. Featuring works by Bill Wilson, Gina Grundemann and Ron Hoeksema

Special to the Mirror

MONTROSE—Join us for art and ceramics in a casual home setting. Refreshments will be served, along with good conversation and a mix of gift items including art, pottery, paintings, prints and cards. Take a scenic drive four miles south of Montrose and one mile east on Trout Road.





PUBLISHER SETS SIGHTS ON MARIJUANA INDUSTRY

By Caitlin Switzer

REGIONAL—He has spent his entire career as a writer and journalist, winning awards for his work before even graduating from high school in Kansas. He has worked for a number of regional newspapers as a reporter and copy editor, and is well known in Western Colorado today for publishing a conservative newspaper, *The* Western Slope Watchdog. Now, publisher Ron Bain is set to launch a new, very different publication—one that he believes will capture the zeitgeist of one of Colorado's emerging—and most controversial-industries. A longtime advocate of medical marijuana, Bain is preparing to kick off a magazine called 420, which will focus on medical and retail marijuana in Colorado.

"I am going to publish 420 quarterly at first," Bain said. "If it makes money, I may do it six times a year. We will have interesting features, and a map for tourists that designates both dispensaries and retail stores. And as one of our standard features, I am going to run a "reverse" police blotter, so citizens who have complaints with police can write in and tell their stories." Being in the right place at the right time appears to come naturally to Bain, who was still a teen when he first came to Colorado in 1976 to ski.

"It was 76 degrees here in January," he recalls. "I became convinced that Colorado was that way all the time! I was fighting

with my parents, so as soon as I turned 18 I nice looking plants," Bain said. "The hopped on a bus and moved here." whole goal is to bring money into TH

After working as a writer in Denver for years, he moved over the mountains, where he quickly found work as a journalist. Stints at the Rifle Telegraph, Delta County Independent and Daily Sentinel (where he won an award from the Associated Press) helped him hone his skills. Though he briefly returned to the Front Range and wrote resumes for a living and worked for a time at the highly conservative Independence Institute, the Western Slope was a powerful draw for Bain, and he eventually returned for good. He launched the Western Slope Watchdog for the first time in 2005, but the finances of publishing a print newspaper were prohibitive for him at the

"A few people remembered though," he said, "and a few years later, a local—a Democrat!—asked me to keep an eye on the Delta County Commissioners." And the *Watchdog* was reborn, debuting with an investigative piece on the City of Delta. Over the years however, the paper's support for the emerging marijuana industry has not always been a good fit for its ultraconservative readership, Bain acknowledged. *420* will now be his main focus, and the *Watchdog* will be published four times a year in print, with a continued, strong online presence, he said.

"420 will have cartoons, and photos of

nice looking plants," Bain said. "The whole goal is to bring money into THIS community from places that have more of it, like Telluride, Durango, and Crested Butte.

"I believe marijuana could become a billion dollar industry in this state. But the law—which I believe to be unconstitutional, states that pot shops cannot advertise in publications with a readership that is 30 percent youth.

"I plan to distribute 420 in dispensaries located in communities with more money," he said. "It will be standard magazine size, with around 24 pages to start. I have already sold the back page."

Expect a sophisticated approach, with stories that focus on the benefits the crop brings to local agriculture, he said.

"My first issue will include a story on the evolution of Paonia Purple," said Bain, who said he has found medical marijuana to be a practical cure for his chronic, lifelong insomnia. "It is the most famous strain on the Western Slope. And I plan to write something on the presence and use of marijuana in religious practices throughout history, and to focus on how much this industry contributes to the economy.

"It's the best idea I have had in a while," he said.

Ads will be reasonably priced, he said, and encouraged those interested to call him at 970-252-8750.

ACHIEVING SUCCESS AT PASSAGE CHARTER SCHOOL



"Book Fairy" and Montrose Library Children's Librarian Lizz Martinson reads to kids and parents at Passage Charter School on Halloween.

By Caitlin Switzer

MONTROSE—It's not always easy to tell students from teachers at Passage Charter School, a 16-year-old facility located at 703 South Ninth Street. I was reminded of this the other day, as I sat and listened, trying not to cry as 17-year-old Hanna read me an essay she had written about her own life and journey to awareness. The alternative school works with teen parents to help them complete their education, and provides child care on site in support of that goal.

Suddenly, I was a student myself—learning about what really matters from someone less than half my age.

The essay, "Alone with Yourself," follows Hanna's transition from cheerleader to teen mother, through drug and alcohol addictions, prescription medication troubles, and heartbreak to sheer, unadulterated triumph. Hanna will graduate ahead of schedule, and has been accepted into the University of Colorado at Denver.

"I was two years behind in school," Hanna had told me just minutes before. "And I had a baby. I took eight months off to work, and then I decided to focus on school. I overcame drugs, and dependence

on 10 different pain medications for my sciatica—I changed my diet, and I started stretching. Today, I have no problems unless I forget to work out or exercise.

"I came here as a junior," she said, "and now I am graduating early—I have worked very hard, and I stayed after school every day last year."

Passage Charter School teaches not only academics, but parenting skills. Both parents are welcome, though few young fathers are now enrolled.

And today, a young woman who once ditched school to play video games and hang out with friends finds herself offering parenting advice to those much older than herself.

"They are really supportive here," she said. "They offer good advice, and help you get what you need. I know a different way to parent now, and how to stay positive. If you approach your kids in a positive way, you get more respect."

Her son is happy, healthy and bright, she

"I read to him a LOT," she said. "He didn't ruin my life at all—this is a benefit.
"He saved me."

Part of her own journey has been discov-

ering the power to choose happiness, and to pursue her dreams. A lifelong, gifted writer, Hanna intends to become a Naturopathic physician, and to use her writing talent to document her own journey and explore the ideas—health, energy, sunshine and the nature of religion itself—that stir her passions. In her confident smile, no trace remains of the depression which once threatened to destroy her.

Confidence also radiates from Carmen, 18, set to graduate in December.

"I am planning to go to college, but I have a scholarship to become a CNA, so I am going work for a semester and make some extra money," noted Carmen, whose goal is to eventually become a Physicians' Assistant. "My baby is eight months old, and standing on the furniture."

Though she and her partner plan to move once he enters the Coast Guard, Carmen will always carry a place in her heart for Passage Charter School, where she has attended her last two semesters.

"Oh my gosh, I love this place," she said. "Along with academics, they teach parenting, and relationship skills. It is a good choice. Everyone here respects you, and treats you with kindness and caring. They work with our schedules—you can work and get an education while you are here."

Passage Charter is a secondary school that serves pregnant and parenting teens (ages 14-21) in an effort to break the cycles of poverty, school failure and teen pregnancy by providing young parents with an alternative educational setting in which they can succeed. The school, which offers on-site, licensed child care for up to 18 infants and toddlers, can accommodate up to 25 students at any given time

Former students frequently express gratitude for the program and the attention they received at Passage Charter School.

"I am proud to say that I am the first person in my immediate family that has graduated from high school and has gone on to college," wrote one former student, Jessica, in a letter to the school. Today, Jessica is a happily married, the mother of an 11-year-old, and employed as a nurse in a local medical practice.

For Passage Charter School teachers and administrative staff, the little school is also

ACHIEVING SUCCESS AT PASSAGE CHARTER SCHOOL Continued from previous page



Hanna (student) and Judy (counselor) at Passage Charter School.

a place lives are transformed—even their own. For retired Re-1J counselor Judy Lokey, the individualized teaching and myriad programs that converge here—everything from Childfind, the Nurse/Family Partnership, local counselor Anna Adams and the Montrose Regional Library Childrens' program--bring a richness to her own life.

"I love the stimulation, and working with kids," Lokey said. "I love being down here, and just being a part of it."
And success here is measured in many different ways. For Childcare Director Alaina Rogers, success means "graduating, not having a second child before you graduate, and going on to either vocational school or college."

"This program helps students be better parents," Lokey said. "They acquire parenting skills, and an understanding of basic child development. They learn how to increase language skills, and how to talk to children—how to provide guidance and discovery without resorting to corporal punishment. You can have a job, and still go to school here—and if you work during our childcare hours, you can bring your baby here. There is a lot of individualized teaching, at many different levels."

For Erin Fields, a 16-year Passage Charter School educator and one the non-profit's individual board members, inspiration is found not only in the work, which

she loves, but in former students who are now contributing adults.

"We have students working at Homestead of Montrose, and at Willow Tree," she said. "I love graduation, and watching the kids finish and knowing they will be able to make a living and provide for their families. I know they have overcome obstacles to get there."

Two of Field's proudest moments have been attending Back-to-School night at a local elementary, and realizing that four out of five parents she encountered had been her own students.

"One of our graduates is a first-year teacher this year," Fields said, "and one graduate, now a police officer, is on our board. It is a wonderful thing—you really can't ask for anything better than to have your former student become your boss." Passage Charter School operates on a budget of just \$350,000 per year, and donations are welcome. Call 970-249-8066 or visit Coloradogives.org to make a contribution.

VOGY RAISES MOST MONEY FOR PARTNERS CHALLENGE RIDE, WINS BIKE



Special to the Mirror

MONTROSE--Tom Vogenthaler (left) was the top pledge earner of the 19th annual Partners Challenge Bike Ride. Martin Valdez Gonzalez of Partners presents our top earner with a Trek Mountain Bike from Cascade Bicycles. Vogenthaler raised more than \$1,300 in pledges to donate to Partners, a mentoring organization serving the children of Delta, Montrose & Ouray counties.

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REGIONAL NEWS BRIEFS

MONTROSE ROTARY HONORS STUDENTS OF THE WEEK





Special to the Mirror

MONTROSE--This week the Montrose Rotary Club celebrated Montrose High School senior Kailee Quinn as the Student of the Week. Kailee was joined by her mother, Kathy, and Rotarian Adam Miller presented the award. At right, Sandra Stangeby was recognized as a Rotary Student of the Week. Sandra is interested in attending the Colorado School of Mines upon graduation from Montrose High School. Pictured left to right: Adam Miller (Rotarian), Jenny Stangeby(mother), Sandra, and Dr. Lars Stangeby (father).



Jordan Cherry, a Montrose High School senior, received the Student of the Week award from the Montrose Rotary Club. The award was presented by Rotarian David Crane and Jordan was joined by Tiff Hayden (grandfather), Kathy Cherry (mother), and Joanne Hayden (grandmother).



Happy Thanksgiving from the Montrose Mirror!

VETERAN'S DAY IS NOV. 11...PLEASE TAKE TIME TO THANK A U.S. VETERAN!

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MIRROR IMAGES...OUT AND ABOUT!



Proud Mama (and Avon Lady—call her at 970-964-8860!) Yadira Castillo shows off her baby at the Montrose Women's Club Craft Show at Friendship Hall Nov. 1.



Puss 'n Boots and her driver arrive for the 27th Annual Stupid Band Halloween Bash Nov. 2. Photo by Clay Greathouse.



DELTA AREA CHAMBER COSTUME CONTEST WINNER (LEFT)

DELTA--During Delta's Trick or Treat Main Street on Halloween, the Delta Area Chamber of Commerce encouraged its members to get in the spirit of the holiday and dress up. "Our members had amazing costumes!" said executive director Kami Collins. "We were impressed by all of them." Selected as the winner was Sharon Kirkman (at left), a member of the Delta Elks Club #1235, who ironically dressed to impress with her dental health on the day that children consume more candy than any other day during the year. She won a \$25 gift certificate, donated by Heirlooms for Hospice. "We appreciate all of our members and businesses who participated this year," Collins said. "This is a nice thing to do for the children of our community." Courtesy photo.





Above, Oak Grove student Lydia Stryker wore her finest feathers for the school's Halloween Parade Oct. 31.

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REGIONAL NEWS BRIEFS

MHS DIVISIONS AWARDS FOR OCTOBER



Special to the Mirror

MONTROSE – Montrose High School held the October Division Awards ceremony on October 2, 2013 honoring eight students for the month of Octo-

ber. Once a month, one teacher from each department gets to choose a student for the award. Students are chosen because they have made great improvement in class, that they are good role models, and have a good work ethic. The teachers get great pleasure out of giving this award because it can make a huge difference to that student who may also need a boost or a little encouragement to continue working hard.

Pictured: Front Row L to R: Reanna Peterson, Mandy Collins and Lauren McCullough;

Back Row L to R; Makenzie Coca, Kyle Hawks, Zachary McKinnon, Josh Lemus and Javier Cruz.

ALTRUSA PRESENTS APPLE AWARD TO AMBER COX

Special to the Mirror

MONTROSE--Amber Cox received the Apple Award From Altrusa International Of Montrose, Inc. for October, 2013. She is a teacher at Cottonwood Elementary. Principal Jeff Johnson, in his second year there, expressed that Amber goes above and beyond, follows through, and is willing to adjust as needed. She has a very good attitude and strives to challenge and meet the needs of her students.

COFFEE WITH SUPERINTENDENT

Special to the Mirror
OLATHE-Please join Montrose &
Olathe School District Re-1J Superintendent, Mark MacHale for coffee at the
Busy Corner White Kitchen (318 Main
Street- Olathe) the first Thursday of the
Month, Nov. 7, 2013, from 7:30 – 8:30
am. This is a great opportunity to meet
with the Superintendent, Board Member
and staff to talk about what is going on
in our schools. We encourage anyone
interested in our students, staff and
schools to attend.





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REGIONAL NEWS BRIEFS

REGION 10 CONTINUES EDUCATIONAL SERIES WITH CONSTANT CONTACT WORKSHOP



Region 10 SBRC Director Vince Fandel listens at the Constant Contact seminar.

Special to the Mirror

MONTROSE--There are many options when it comes to sending an email blast. Because Constant Contact is among the most popular and highly advertised of the available services, it can be an excellent

tool for keeping customers up to date, public relations and advertising specialist Lauren Bell of Networks Unlimited told those who attended the Region 10 Constant Contact seminar at the Enterprise Center on Oct. 29.

"Constant Contact is an inexpensive way to get your message out," Bell said. "It is a cloud-based system that can be accessed from anywhere."

The program is free to chambers of commerce, and offered at a discount to members of chambers that use it, making it an excellent option for startups.

"I like the ability to customize and make the email your own," Bell said. "They offer free support—I love the chat optionand a drag and drop editor so you don't have to know HTML code."

The first step is to create a strong email list, she noted. Constant Contact provides tools to grow lists, such as QR codes, text

messaging options, and forms, she said. It is also important to create content that appeals to readers, she noted.

"You can test your emails before you send them," Bell said, "and you can send them at strategic times." Bell advised trying different formats and times to find what works best for your industry and client base. She also answered individual questions, and touched on hot topics such as email design, spam control, bounces, analytics and account protection.

The well-received seminar included representatives from private businesses and from non-profit organizations. Region 10 will continue its series of classes for small business owners with a Colorado Department of Transportation (CDOT) contracting workshop on Nov. 19. To RSVP or learn more visit the web site at www.region10.net or call Claudette at 970-249-2436 ext. 201.



The League of Women Voters® of Montrose County, serving Montrose and Delta counties invites the community to attend "IMMIGRATION REFORM IN COLORADO - LOCAL EFFECTS OF NEW LAWS"

Thursday, November 7, Noon Montrose Library Community Room

GUEST SPEAKERS:

John Harold, Tuxedo Corn, guest worker program

Rick Taggart, CMU's Executive Director of Marketing and Student Recruitment, impact of SB 33 and its effect on Colorado Mesa University's enrollment process

Karen Sherman Perez, Development Director, Colorado Immigrant Rights Coalition, Hispanic Affairs Project

QUESTION AND ANSWER PERIOD TO FOLLOW.

The League of Women Voters, a nonpartisan political organization, encourages informed and active participation in government, works to increase understanding of major public policy issues and influences public policy through education and advocacy.

For more information about the topic go to www.montrose.co.lwvnet.org and click on *Calendar of Events*.

Chocolate...Partnering Brings Sweet Taste of Success!



Day Spring Farm in Olathe infuses Drost's chocolate with lavender from the farm. Courtesy photo.

By Liesl Greathouse

MONTROSE--Tis the season for yummy treats, and of course chocolate is a favorite. It is also the season of local business cooperation. Four local businesses have joined together to create unusual, delicious chocolate creations for locals to enjoy, from chocolate stout gelato to lavender infused chocolate squares.

Yesenia Duncan at Downtown Gelato at A+Y and the team at 2 Rascals Brewing Company, Brandon Frey and Daniel Leonardi, all work together to create a chocolate stout gelato.

"The stout is a dark, heavy bodied beer, using a lot of roasted coffee beans and chocolate malt, giving it the taste of chocolate and coffee," Brandon explained. "It is more of a dessert beer and people like it in the colder weather."

2 Rascals has nine different beers on tap, including an English Pub Ale, IPA, Wheat Beer, Amber, Porter, and others. They have had the Chocolate Stout for over a year and it is their third best selling beer.

People who want to enjoy the chocolate stout in a gelato form can head on over to Downtown Gelato at A+Y. There you can enjoy the chocolate stout along with many other chocolate favorites, including Coyote Chocolate (made with cayenne pepper), Chocolate Caramel, Chocolate Peanut Butter Marshmallow Swirl, Chocolate Hazelnut, and even Garlic White Chocolate.

"People really enjoy the pronounced flavors," Yesenia said. "We try to challenge their palette with unique flavors."

Affogatos are also served, which is a scoop of gelato with a shot of espresso



A+Y Gallery features a Chocolate Stout Gelato made from 2 Rascals' Brewery's wonderful chocolate stout. Courtesy photo.

poured over it. People can enjoy their chocolate stout gelato or the other flavors in this form.

What makes gelato different from ice cream is that gelato is stored at a warmer temperature, normally 10-15 degrees warmer than ice cream, which helps to enhance the taste. It is also made with less butter fat, and more milk and water.

The Two Rascals Brewing Company is located at 147 N 1st St in Montrose. For more information, call 249- 8689. Downtown Gelato at A+Y is located at 513 E. Main Street. For more information, call 240-7914.

Eric and Maria at Drost's Chocolates in Eckert help Bob Lane at Dayspring Farm in Olathe create lavender infused chocolate bark, made of dark chocolate, that gives a relaxing feeling to customers.

"They are very popular, and Bob sells it at his farm and at the farmer's market," Eric explained.

Drosts's offers a couple hundred dipped chocolates, mainly nut clusters, solid caramel, turtles, truffles and more. Everything is made from scratch, using natural dairy butter cream, and nothing artificial is used. Everything is made in small batches 24-48 hours beforehand, so people know that the

chocolate is fresh.

Eric has a hard time picking the most popular item at his store. "It is a toss up for first place among the truffles, toffee and turtles," he explained. "Everything else is a close second. Everyone has a favorite."

Bob at Dayspring Farm used to have Drost's make the lavender infused chocolate for him, but now he just buys the chocolate from them to melt and make into squares himself using lavender grown on his farm.

The good tasting chocolate, with a hint of lavender, is popular in the area. "People really like it, and will buy a couple packs at a time," Bob said.

Dayspring Farm also offers a lot of different products using lavender, including lotions, pillows and essential oils.

Drost's Chocolates is located at 12991 Highway 65 in Eckert.

For more information, call 835-4100. Dayspring Farm is located at 5184 6000 Rd in Olathe. For more information, call 970-323-0204.

For all your chocolate needs, look no further than local businesses, which work together to give you different ways to enjoy chocolate! The Montrose Mirror | November 5, 2013 Page 37

REGIONAL NEWS BRIEFS

2013 Downtown Holiday Events Schedule

Tree Lighting, Processional

Friday, November 29 –5:30 PM Festive tree lighting in front of the historic courthouse including roasted chestnuts, refreshments and entertainment. Carolers will lead a lantern-lit procession down Main Street to Santa's Cabin in Centennial Plaza.

Small Business Saturday

Saturday, November 30 - All Day A nationwide program to highlight the power of small businesses to invigorate a local economy.

"Between Black Friday and Cyber Monday is a day dedicated to supporting small businesses nationwide. Last year, over one hundred million people came together to Shop Small® in their communities on Small Business Saturday®."

Special events in the downtown district include holiday shopping specials, tractor hay rides, roasted

chestnuts, entertainment, and traditional holiday games. Visit

www.smallbusinesssaturday.com https://www.facebook.com/

downtownmontroseholidays and www.facebook.com/montrosedowntown for more information.

Parade of Lights – 12 Days of Christmas Saturday, December 7 - 5 PM

A true hometown holiday experience! The Parade of Lights brings the community

together in historic

Montrose downtown for a festive parade and celebration. Show up early to get the

12 Days of Christmas Kick Off Campaign-

December 12th – 24th Downtown Shopping Scavenger Hunt, Window Display Voting, great prizes for participants

https://www.facebook.com/ downtownmontroseholidays FOR MORE INFO

Merriment on Main

Saturday, December 14

10a to 6pm - Holiday hayrides, kid's activities, shopping specials, entertainment, cocoa and other refreshments, holiday window decoration contest, lights, and more.

5:30 PM to 9:00 PM - A special holiday night on the town! shopping specials, wine tasting, artists demonstrations, entertainment, cocoa and other refreshments, and holiday decorations.

Silverton School Awarded1st Ever LEED Gold Designation for Historic Schools

Special to the Mirror

SILVERTON -- Silverton School District #1 announced that it has been awarded LEED® Gold for the recently completed Comprehensive Rehabilitation Project of the historic 1911 school and gym. Silverton School is the first historic project in a select group of only 239 K-12 educational facilities in the world that have achieved LEED Gold for schools certification. LEED (Leadership in Energy and Environmental Design) is an internationally recognized rating system for the design, construction, operation, and maintenance of green buildings. The rating recognizes owners and builders for finding and implementing ways to be environmentally responsible and resource efficient. The Silverton School Project, completed in 2012, was designed with sustainable site development, water savings, energy efficiency, materials selection, and indoor environmental quality in mind.

"From the onset, the students, staff, and community mandated that the ... Rehabilitation Project create a healthy environment that is conducive to learning

while saving energy, resources, and money", said Jim Ketter of KPMC, LLC, the sustainability consultant on the project. "LEED Gold certification demonstrates that the Project clearly achieved that goal, which will result in numerous benefits for many years to come." The project achieved 62 out of 110 available points for its certification.

The Silverton School, the only K-12 educational facility in the County, has been in continuous operation since 1875. The current 1911-School building is an historical icon and a contributing structure within the Silverton National Historic Landmark District. The 1937-Gym was a WPA Project. The loss of the coal fired heating system in November 2008 prompted the development of comprehensive Facility Master Plan to address the significant deficiencies in the aging facilities.

"With funding from the Colorado Department of Education BEST program, History Colorado, Department of Local Affairs and the taxpayers of San Juan County, we are able to preserve this remarkable building for another 100 years in an environmental-

ly responsible manner," states Superintendent Kim White.

With added insulation and "Low E" glass throughout the building, for example, the District will enjoy enhanced energy efficiency and reduced utility bills. Water usage in the School building is estimated to be reduced by 34% and by over 51% for landscaping. LEED also recognizes the refurbishing and reuse of historic buildings, which included existing built-in wood cabinets, wood flooring, and antique steam radiators. More than 83% of the construction and demolition debris was recycled. Materials and products used were selected based on recycled content, regional production, renewability, and lowemission. "Silverton School's LEED certification demonstrates tremendous green building leadership," said Rick Fedrizzi, President, CEO & Founding Chair, U.S. Green Building Council. "The urgency of USGBC's mission has challenged the industry to move faster and reach further than ever before, and this historic school project serves as a prime example with just how much we can accomplish."

Hold the Date! Upcoming Business and Cultural Events

ONGOING-

First Friday Strolls Montrose Downtown —Monthly from 5:30 p.m.-8p.m. Artist Demonstrations, Free Wine Tastings, and in store promotional events!

ReneWest Interactive Art Crawls—West Main District, third Thursdays of every month.

Nov. 1-30—"Words" Exhibit on display at Gunnison Arts Center, includes works by Montrose Artist Cheri Isgreen. 102 South Main Street, Gunnison.

Nov. 1-30—Evening performances of Man of La Mancha at Magic Circle Theatre are on Nov.1, 2, 8, 9, 15, 16, 22 and 23 at 7:30 p.m. with Sunday matinees on November 3, 10 and 17 at 2 p.m. Magic Circle Theatre is located at 420 South 12th Street, Montrose, and the phone number is 970-249-7838. Box office hours are 2-5 p.m. on Tuesday, Wednesday and Thursday.

Nov. 7—Delta-Montrose League of Women Voters present "Immigration Reform in Colorado: Local Effects of New Laws," Noon in the Montrose Library Community Room. Speakers include John Harold, of Tuxedo Corn, Karen Sherman Perez of Colorado Immigrant Rights Coalition, Rick Taggart of CMU.

Nov. 7—Montrose Chamber 21/40 Young Professionals Luncheon, Noon, 1519 East Main. RSVP to 970-249-5000.

Nov. 7--Please join Montrose & Olathe School District Re-1J Superintendent, Mark MacHale for coffee at the Busy Corner White Kitchen (318 Main Street- Olathe) from 7:30 – 8:30 am. This is a great opportunity to meet with the Superintendent, Board Member and staff to talk about what is going on in our schools. We encourage anyone interested in our students, staff and schools to attend.

Nov. 7--A Taize worship service will be held at the Montrose United Methodist Church at 7 pm. The service originated in Taize, France, in 1940 and is a nondenominational meditative candlelit service combining music, scripture and prayer. It is practiced throughout the world. All are welcome. Child care is available. For further information, call 970-249-3716.

Nov. 8--Sherbino Theater presents American show with Finnders & Youngberg, a seated performance, starting at 8 pm. The doors and bar will open at 7:30 pm and there will be an intermission between sets. Tickets are \$15 each and are available at the door the evening of the show or will-call orders will be taken at 970.318.0892. More information at www.sherbinotheater.com or at www.facebook.com/sherbinotheater.

Nov. 9—Writing for Love, Writing for Money with Craig Childs and Angus Stocking, Blue Sage Center for the Arts, 7:30 to 5 p.m. Evening reception 7 p.m. Packages available. For more information or to register call Margot at 206 913-3962

Nov. 11-Veterans Day.

Nov. 12—Social Media Seminar with Townsquare Media, noon at the Delta Area Chamber of Commerce, 301 Main Street. The cost is \$10 for non-members of the Chamber and free for members. Lunch will be provided. Please RSVP by calling 970-874-8616.

Nov. 13-Delta Chamber November Women in Business event, from 5:30-7 p.m. in the back room of Daveto's Italian Restaurant at 520 Main Street, Delta.

Nov. 14-Remington's and The Liquor Store present a Benefit for Welcome Home Montrose—from 6 to 9pm at Remington's at The Bridges of Montrose for a sampling of Scotch along with a selection of Cigars to choose from. A lavish array of appetizers prepared by Chef Roberta to highlight the evening. RSVP by Nov. 13. Call 970-252-1119 ext. 120.

Nov. 15--Health Equity Live Stream Series Part IV--Anthony Iton, MD, Senior Vice President, The California Endowment and Winston Wong, MD, Medical Director, Kaiser Permanente, will speak about solutions for tackling social determinants of health. Montrose Library Community Room (320 S. 2nd St.) 11 am- 1:30 pm ~ FREE LUNCH INCLUDED.

Nov. 15-Weehawken Creative Arts Speakeasy Fundraiser, Sherbino Theater, in Ridgway 7:30 p.m. For tickets and info visit www.weehawkenarts.org or at www.facebook.com/weehawkenarts or by calling <a href="https://www.google.org/ground-new-nature-1006/ground-new-nature-10

Nov. 15-Montrose Republicans present Author Greg Walcher from 7 pm to 9 pm at the Holiday Inn Express, 1391 S. Townsend Ave. in Montrose. Tickets are \$10 each and can be purchased at the Red Barn, Devinny Jewelers, Laursen's Repairs and Beyond or Around the Corner Art Gallery in Montrose. Doors will open at 6:30pm. Light refreshments provided.

Nov. 16--Homemade Christmas craft show, 9 am to 4 pm at the Montrose Elk's Lodge, 801 S. Hillcrest Drive. Free Admission and open to the public.

Nov. 16—Montrose Winter Farmers Market, inside behind Straw Hat Farm Market Store at 514 South First St., 10 a.m. to 1 p.m. Fresh baked goods and apples!

Nov. 22-Altrusa's Annual Holiday Festival Fundraiser, Wells Fargo Downtown, 6:30 to 8:30 p.m. Refreshments and more! Tickets \$20.

Nov. 23-24—Pottery studio of Bill Wilson presents Art on Trout Road (68408 Trout Road)! 10 to 5 p.m. both days.

Nov. 29—Montrose Downtown Tree Lighting Processional . Festive tree lighting in front of the historic courthouse including roasted chestnuts, refreshments and entertainment. 5:30 p.m. Carolers will lead a lantern-light procession down Main Street to Santa's Cabin in Centennial Plaza.

Nov. 29-30—Thirty-eighth Annual Basement Boutique craft show, Friday 8 am to 5 pm and Saturday 8 am to 4 pm at the Montrose Pavilion. Free Admission. Help us collect food for Sharing Ministries by bringing non-perishable food items.

Nov. 30—Small Business Saturday! Special events Downtown include holiday shopping specials, tractor hay rides, roasted chestnuts, entertainment, and traditional holiday games.

Dec. 7—Montrose Winter Farmers Market, inside behind Straw Hat Farm Market Store at 514 South First St., 10 a.m. to 1 p.m. Local Handmade gifts.

Dec. 7-Montrose Parade of Lights, 5 p.m. A true hometown holiday experience! The Parade of Lights brings the community together in historic Montrose downtown for a festive parade and celebration. Show up early to get the best seats!

Dec. 12-24—Twelve Days of Christmas! Downtown Shopping Scavenger Hunt, Window Display Voting, great prizes for participants, https://www.facebook.com/downtownmontroseholidays.

Dec. 14—Merriment on Main! 10a to 6pm - Holiday hayrides, kid's activities, shopping specials, entertainment, cocoa and other refreshments, holiday window decoration contest, lights, and more. 5:30 PM to 9:00 PM - A special holiday night on the town! shopping specials, wine tasting, artists demonstrations, entertainment, cocoa and other refreshments, and holiday decorations.

Dec. 21—Montrose Winter Farmers Market, inside behind Straw Hat Farm Market Store at 514 South First St., 10 a.m. to 1 p.m. Local Handmade gifts.

Luis Estrada Memorial Swim Lesson Scholarship Sponsored by the Montrose community and (company name)



On July 22, 2013 Luis Estrada went swimming in the river with several friends. He was 17 years old and never had swimming lessons. He thought his swimming skills were better than they really were. On that beautiful summer day Luis (nicknamed Lalo) drowned.

His family lost a wonderful son and his friends and the community lost a young man with a generous heart and a bright future. In Luis honor, his friends and family would like to create an ongoing memorial scholarship fund through the Montrose Recreational District that would provide swimming lessons for children who cannot afford them. They would like to help prevent this tragedy from happening again.

The Montrose Recreational Foundation will administer the Luis Estrada Memorial Fund in conjunction with the Montrose Recreational District. They will also provide matching dollars to this memorial fund up to \$1,000 so that more people who cannot afford swimming lessons can get them.

We are looking for a company or 2 companies to commit to provide an annual sponsorship for this memorial fund for at least the next 5 years. We need an annual donation of at least \$1,000. Your company name would be included in the memorial fund as a sponsor as indicated above. If a \$1,000 commitment is too much we can include 2 companies as sponsors for \$500 each, annually. Your sponsorship will help over forty (40) children each year to have swimming lessons.

We would like to establish the Luis Estrada Memorial Swim Lesson Fund as soon as possible as the Montrose Recreational District offers swim lessons year round. If you are willing to support this fund please contact Susan Bony at (970) 209-3343 for more information.

MONTROSEM I R R O R

Contact the Montrose Mirror: Post Office Box 3244 Montrose, CO 81402 970-275-5791

Email Us: Editor@montrosemirror.com

www.montrosemirror.com



Above, Adam Duncan (A+Y Gallery), Stacey Ryan (CASA) and Mrs. International 2013 Amy Gregorio at A+Y Gallery during First Friday Stroll Nov. 1 (Image courtesy Cara Fandel for Howling Wolf Photography); left, a pink flamingo and a werewolf chat at Oak Grove Elementary on Halloween.





SHOP LOCAL & WIN!

Get caught shopping downtown by the Secret Shopper for a chance to win Montrose Bucks throughout the holiday season!

TREE LIGHTING & SANTA'S CANDLELIT **PROCESSION**

Courthouse • 5:30 PM

- Music
- Refreshments
- Candlelit Procession

SMALL BUSINESS SATURDAY



Holiday Shopping Event

Grow our economy by shopping local for the holidays!

Special events & sales all day. FREE Hay rides from 10-2pm

PARADE OF LIGHTS · SATURDAY, DEC. 7TH · 5PM Call 240-1435 to sign up.

More info: www.facebook.com/DowntownMontroseHolidays