



Friend us on Facebook

Visit us online at
montrosemirror.com

Please Support
our Advertisers:



www.montrosecounty.net



www.region10.net



Alpine Bank

www.alpinebank.com



www.smpa.com



www.montrosehospital.com



www.montroseact.com

THE MONTROSE MIRROR

Your Source for Local Business News and Information

Issue No. 76 Jan. 15 2014

The "Cool Cats" Issue

DDA DIRECTOR PLANS TO PROMOTE LOCAL CULTURE

By Caitlin Switzer

MONTROSE—Sometimes, along with a polar vortex comes a breath of fresh air. New Montrose Downtown Development Authority (DDA) Director Wade Nichols has moved into an office at the former City Council annex on Centennial Plaza, bringing with him an extensive skill set, a comprehensive background in community economic development and outreach, and an attitude of adventure.

"My joy comes from heritage development," said Nichols, a Yale graduate and longtime economic development professional from North Carolina who intends to combine "spectacle" events with extensive "nuts and bolts" work as he and his team move forward with Downtown revitalization efforts.

"We have some very good resources to work with, like Region 10 and the Small Business Resource Center—I am very thankful to have them here," Nichols said. "As a leading economic development agency, I see them as an



Local artisans, like Caleb Kullman of Kullman Ironworks, above, add vitality and interest to Downtown, notes DDA Director Wade Nichols, who intends to promote the unique history, art and culture of Montrose.

Continued on page 4

INDEPENDENT ON ICE...CHICKS WITH PICKS TURNS 15!



Special to the Mirror

OURAY—A lifelong outdoorswoman, Kim Reynolds is well aware that men outnumber women at the annual Ouray Ice Climbing Festival. After all, it was Reynolds herself who verified that the popular festival has a standard of 15 men to five women at its events, in response to a 2011 PEMBASERVES.com article that questioned the small number of female competitors at the festival and suggested that the ratio did not reflect the growing number of accomplished and recognized female ice climbers in the sport.

Reynolds, who is also a certified Life Coach, is not one to sit back and whine about inequality however—she simply steps up and becomes the change she wants to see in the world. For 15 years, Reynolds has been holding her own festival in Ouray, following the annual Ice Climbing Fest.

The Chicks with Picks ice climbing clinics were started in 1991 by Reynolds and her friend Kellie Day, an accomplished climber

Continued on page 2

**in this
issue**

*O.D. "Pappy"
Loutsenhizer!*

*Winter Farm
Market photos!*

*Catching up with Cats
about Town!*

*Local people,
Local events!*

*Regional
News Briefs!*

*"Head Chick" Kim Reynolds is amazed that her business, Chicks with Picks, is in its 15th year.
Photo by Rich Durnan.*

INDEPENDENT ON ICE...CHICKS WITH PICKS TURNS 15! From page 1



Chicks with Picks 15 year anniversary includes a live performance by Smokin' Joe and the Gypsies. Courtesy photo.

who soon left the business to start her own successful graphic design company. Reynolds, who has continued to host Chicks with Picks each year since, confesses that she is astonished at the success and growth of her business, which also features "Chicks Rock" rock climbing clinics in various locations throughout the year.

"I never imagined I would be doing this for so long," Reynolds said. "But we are a local business, and we bring visitors to town to fill hotels.

"We support our community, bring money to the Ice Park, and we continue to be the largest donor to the Women's Resource Center—we have raised more than \$175,000 for them so far."

Reynolds hopes that the community will recognize and show up for the 15th Annual Chicks with Picks event, which in addition to a packed month of ice climbing clinics for women of all abilities will include the popular live gear auction benefit for Tri-County Resources (Wright Opera House, 7 p.m. Jan. 17) followed by a 15-Year Anniversary Celebration featuring music by Smokin' Joe and the Gypsies at 9 p.m.

On Jan. 27, Chicks with Picks will host a Live Gear Auction benefit for the Ouray Ice Park (Ouray Community Center, 7 p.m.), followed by a slide show "Women Who Dare," with Author Chris Noble. Sponsors for this year's event include Ouray Brewery, Ouray Mt. Sports, Alpine Band and the Ouray Liquor Store.

For Reynolds, a love for the outdoors has so shaped her own life experiences that she wanted to share that love with others.

"I started ice climbing in 1982, when I was working for Outward Bound," she said.

"A friend took me, and the aesthetic beauty of the environment captivated me. There was something so beautiful about the ice, so hard and cold, and the deep narrow canyon."

Today, "Chicks with Picks has changed the paradigm of women's climbing," Reynolds said. "This is not only about

teaching the skills, but about learning important lessons in life. Women can expect to come here and learn from the best guides; to gain the technique they need to become good climbers. They learn that they can dig deeper than they ever imagined."

In a "self-centered" sport dominated by men, Chicks with Picks stands out for generosity as well, she noted. Along with clinics for all skill levels, there exists a very female atmosphere of support, love and friendship.

"We give back," Reynolds said. "And just seeing the evolution is really wonderful. Our alumni come back and climb on their own. I love standing in the park during the Ouray Ice Festival and watching them—they are good climbers!"

"It's a super fun thing, though truly what you get out of the experience is beyond words. We have our workshops and fundraisers, but it is so much more. This is the chance to hang out with world class climbers and women who work in the industry, a very winning combination that teaches climbing, but also gives our "chicks" a real sense of purpose.

"Yes, there are moments of fear." She acknowledged. "Just push past them, and don't focus on the fear."

To learn more, contact Reynolds at 970-623-2442.

FRIENDS OF THE MONTROSE LIBRARY TO HOLD USED BOOK SALE JAN 23-25!

Special to the Mirror

MONTROSE--It's back again, the Winter Edition of Friends of the Library – Montrose Used Book Sale.

This time the sale will highlight and offer special books which have been researched as to value and priced at 1/3 of what our researchers found.

These books range from rare editions, to art to reference. We are excited to have so many to offer.

As usual this is a three day event THURSDAY, January 23, Friends of the Library

Members only from 7 AM until noon ; yes you can join the Friends of the Library in the morning and shop early. Everyone is welcome on Thursday from noon until 7 PM. Hours on FRIDAY, January 24 are 9 AM until 5 PM. On SATURDAY, January 25 the Library is closed but the Book Sale is OPEN and Hours for the sale are between 10 AM – 4 PM.

The Location of the Book Sale is the Montrose Library Meeting Room, 320 South 2nd street, Montrose.

For information call 970-249-9656.



THE MONTROSE MIRROR

The Montrose Mirror is your source for local business news and information.

No reprints without permission.

Editor: Caitlin Switzer

Publisher: Jon Nelson

Post Office Box 3244

Montrose, CO 81402

970-275-5791

www.montrosemirror.com
editor@montrosemirror.com

Need **cash** for college?

If you're a graduating high school senior and living in a household that receives electricity from San Miguel Power you're in luck. We're giving away \$24,000 in college scholarships this year.

the scholarships

Wes Perrin Memorial Scholarship: one, \$2,500, four-year, renewable scholarship (maximum \$10,000).

San Miguel Power Scholarship: six, \$2,000, one-time scholarships

Tri-State Scholarship: two, \$500, one-time scholarship

Basin Electric Scholarship: one, \$1,000, one-time scholarship

apply

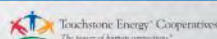
Download the 2014 scholarship applications from www.smpa.com/Youth/scholarships.cfm or pick up an application from your high school guidance counselor.

deadline

All applications are due Monday, February 10, 2014. Late applications will not be considered.

Return your applications to:
San Miguel Power
Attn: Becky Mashburn
PO Box 1150
Ridgway, CO 81432

You can submit your applications electronically to becky@smpa.com.



(970) 626-5549 | (970) 864-7311
www.smpa.com | www.facebook.com/SanMiguelPower

DDA DIRECTOR INTENDS TO PROMOTE LOCAL CULTURE *From page 1*



New Montrose DDA Director Wade Nichols (above) believes that by promoting its history, culture and thriving arts community with both spectacle events and nuts and bolts improvements, Montrose can breathe new life into its Downtown.

amazing catalyst for development and change; I am also hoping to develop strong tie-ins with Colorado Mesa University, and I have joined the board of the Montrose Farmers Market.

"We have begun to get our Downtown committees reactivated," he said, "which is very important to the Main Street Approach to downtown revitalization."

Among those committees is a design task force that will be exploring the needs of various Downtown buildings.

"We have some very good buildings, and we have some that need TLC," Nichols said. "I hope to create an environment where building owners identify that they can renovate and that it makes sense financially for them—there are grant funds out there, and ways that financing can be encouraged."

Working with the Montrose Public Art eXperience (PAX) committee and the Montrose Historical Museum to expand opportunities for arts and cultural experiences up and down Main Street will be a priority in the coming months, said Nichols, who said that he looks forward to an increased residential presence and more foot traffic as the business community grows.

"We're going to make this a place that is fun, and active as a business center," he said. "By building our businesses and helping them make money, we make people want to come here and spend money."

Even issues commonly considered problematic may have silver linings, he noted.

"I've heard a lot about parking," Nichols said. "In all honesty, when I hear we have a parking problem, I am 60 percent overjoyed to hear it! You want enough vitality Downtown that you have to think of parking. And there may well be parking issues,

but we do have 3,000 spaces in our Downtown.

"Obviously, the resources are here," he said. "We just have to work to make them more visible and comfortable to use"

Raising awareness and generating community involvement are also essential to the Main Street Approach, which was developed by the National Trust for Historic Preservation in the 1980's. In addition to his Bachelor of Arts from Yale University Nichols has undergone training through the national Main Street program. He has worked with a number of successful projects, including one of the program's original projects in North Carolina, and knows what can be achieved. He looks forward to helping Montrose coordinate and highlight its own assets to achieve success.

"We will be taking the resources we have and building inventories," he said. "In some cases we will modify things, and we will promote our history while also looking at the latest trends in business. It's about pulling up your socks and getting about it, and in some cases it's about creating new socks.

"I think we are poised to see some good developments," he said. "As a board and staff, we want to communicate with the whole community, and get everybody involved.

"We hope to inspire people and help them out whenever we can," he said.

Valerie Meyers' Weekly Monday



REAL ESTATE MARKET REPORT

from the Road

Valerie Meyers, Realtor, GRI
Coldwell Banker Bailey & Co.

2023 S. Townsend Ave. • Montrose, CO 81401
970-209-1378 Cell • 970-257-6748 Direct

*Click here to catch Valerie's weekly Monday
Real Estate Market Report video...from the road!*

REGIONAL NEWS BRIEFS

Mike Brown named New Regional President of Alpine Banks in the Vail Valley/Steamboat Springs Region

Special to the Mirror

GLENWOOD SPRINGS – Alpine Bank is pleased to announce the promotion of Mike Brown to Regional President of the Vail Valley/Steamboat Springs Region. Mike assumes the leadership role from Glenn Davis who has moved on to a larger organizational role with Alpine Bank. Mike will oversee the Alpine Bank locations in Avon, Eagle, Edwards, Gypsum and Vail, as well as in Steamboat Springs.

"I am excited and thankful for this opportunity," says Mike. "For me, the best part of my new role is that I will continue to serve and be a part of our communities and the Alpine Bank family throughout the Vail Valley and in Steamboat."

Mike's banking career started with Alpine Bank in Aspen in 1991. He has learned just about every job in the bank, from the teller line to lending to management. After moving to the Vail Valley in the mid-1990s, Mike opened Alpine Bank's Avon branch and has enjoyed serving the community ever since.

Community investment is very important to Mike and can be seen through his involvement on the boards of the Literacy Project, Rotary and the Eagle Valley Library District, among others. Currently, Mike is the board chair of the EGE Air Alliance and the vice chair of Hospice and Homecare of the Valley. Above all, Mike feels his most precious accomplishment is his family – his wife, Stacy, and his two daughters, Emma and Ava.

If you'd like to contact Mike for questions, comments, or suggestions, you can reach him direct at 970.748.5702, or via email at mikebrown@alpinebank.com. Alpine Bank is a \$2.4 billion dollar, employee-owned organization chartered in 1973 with headquarters in Glenwood Springs, Colorado. With 36 western and southwestern Colorado banking offices, Alpine Bank employs over 500 local people and serves more than 130,000 customers with retail, business, trust, asset management, mortgage and electronic banking services.



Mike Brown will oversee the Alpine Bank locations in Avon, Eagle, Edwards, Gypsum and Vail, as well as in Steamboat Springs. Courtesy photo.

VENDORS SOUGHT FOR HOME, GARDEN AND REC SHOW



Barbara Breitnauer with Pampered Chef showcases some of her cooking tools at the 2013 Home, Garden & Recreation Show in Delta. She has been a vendor for several years and has had major success in growing her business through the show. Courtesy photo.

Special to the Mirror

DELTA--There is only one show in Delta County that brings together all types of

businesses in one place: the annual Home, Garden & Recreation Show, held this year on Friday and Saturday, March 28-29 at Bill Heddles Recreation Center. In 2013, there were nearly 900 people attending the show, coming from all over Delta County as well as Olathe, Montrose and parts of Mesa County.

As a business, if you aren't there, how many customers are you missing out on? This is your chance to meet new customers or reacquaint your business with current or former customers.

The Delta Area Chamber of Commerce has hosted the Home, Garden & Recreation Show for nearly 20 years, and each year is better and bigger than ever. The 2014 show promises to be even better than last year.

Vendor spots are now open for businesses of all types, as well as non-profits. "Don't

worry about if your business doesn't fit in the box of 'home, garden or recreation,'" said Kami Collins, executive director of the Chamber. "We have all types of businesses, including those selling items for the home, cleaning products, jewelry, art and more."

Other vendors include home and auto glass, tires, cabinets, flooring and all aspects for the home, inside and out.

Rates begin at just \$65 for a non-profit and range to \$300 for an outside space. Late fees apply for booths reserved after March 14, and booths are sold on a first come, first served basis. "We really encourage you to reserve early for the best possible space," Collins said.

Vendor applications are available online at www.DeltaColorado.org or by calling the Delta Area Chamber of Commerce at 970-874-8616.

CATCHING UP WITH CATS ABOUT TOWN!



Mikey is on the job at Chow Down Pet Supplies! Photo by Clay Greathouse.

By Liesl Greathouse

MONTROSE--When shopping around Montrose, you can find some local feline friends to keep you company along the way.

Mike Simpson, owner of Simpson Gallery on Main Street, has a well-known feline named Vinnie, a seven year old male that has gone through a few name changes. "Since this is an art gallery, we called him Mr. van Gogh," Simpson explained. "But he did not respond to that, so we shortened it to Vincent and eventually to Vinnie."

Vinnie started with humble beginnings before finding a home at the gallery. "He was a stray that showed up at our back door, six or seven years ago," Simpson said. "He acted a bit standoffish, but I thought he might be thirsty so I put out some water. I checked it later and both he and water were gone. The next day he was there again so I did the same thing. The third day I put food and water out and left the door open." Vinnie moved in and has lived at the gallery full time ever since.

Vinnie has never caused a problem in the gallery and is good company for Simpson. "We get along pretty good and he does not ask for a lot of attention," Simpson said. "He will cuddle up in my lap and when I am working he will follow me around like a puppy."

Vinnie is a benefit to the art gallery as he

is 'good customer relations,' attracting attention and even drawing customers up to the window to play with him when Simpson is not around. "Customers love him," Simpson explained. "Some will come in just to see him. He will trot out when the door opens. He especially loves kids and will come when he hear kids' voices. He often lounges in the front window and I put a sign up about how he will nudge the display around to his liking."

Another longtime local cat is ten year old female Lilly, owned by Sheree Wanner, who also owns of Camelot Gardens, a garden center, nursery and gift shop.

Wanner had been specifically looking for a cat for the store, as they had always had animals at Camelot. Lilly was found at the Montrose Animal Shelter. She had been run over by car, had a broken pelvis, and had to be in a kennel for eight weeks to heal. "My daughter had wanted a kitten, but instead I brought home a 9 month old cat," Wanner said. "But someone needed to save her." The funny thing about Lilly is that Wanner was told that she was a nine month spayed female, but half way through her recovery period she gave birth to a tiny black kitten that they named Rosie. Rosie eventually went home with one of the 'family' at Camelot. "That story still makes us chuckle," Wanner said.

Customers love Lilly and will often ask

Wanner about her outside of Camelot Gardens. She is a very friendly cat and will let people hold her and carry her around the store. Lilly is especially partial towards women with long hair and will often sleep on their shoulders or neck and cuddle into their hair.

Wanner believes that having a cat at Camelot makes it feel like a home, and her customers also feel like part of the family because of Lilly. "It is lovely to see someone curl up with her in their arms and smile," Wanner said. "That makes me happy."

The new cats on the block are Mikey and Rowdy of Chow Down Pet Supplies on Main Street. The store offers pet supplies for dogs, cats and small animals, making it the perfect pet paradise for two great cats.

Mikey is six year old male and has been with owner Krista Bush and her family since they lived in Grand Junction before they moved to Montrose to open up Chow Down. "He caught my eye at CLAWS in Grand Junction," Bush said. "He was completely shaved and had scabs. He stole my heart with his big beautiful eyes."

Mikey is one of the laziest, most relaxed cats around and is not concerned with the dogs that come into the store.

Rowdy is a boy who is a fairly new addition at just over a year old. "He was dropped off as a kitten on Main Street just after we opened," Bush explained. "How do you say no to giving him a home?"

The two cats live in the store, a good home for them. "They have a cat jungle to sleep on, as well as healthy food and treats," Bush said. "They provide great company and put a smile on our faces no matter how busy or stressful the day has been; they will always want a belly rub."

The two make a goofy pair, taking toys down off the walls and knocking cans off the shelves when the owners are away. "They have parties here when we're gone," Bush joked.

Customers love the cats, always looking for them when they come in and missing them when the cats are not to be found. "They have both been here since we opened, so the store would not feel the same without them," Bush said.

Montrose offers some great stores that provide amazing shopping experiences for customers, who may also find a little feline friend to be their perfect shopping companion.

Simple **savings solutions** for your New Year's Resolutions

Alpine Bank's **Change Matters® ***

Use your Alpine Bank debit card and automatically your purchase is rounded up to the next dollar with the difference transferred into your savings account.



Contact us today to **sign up!**

*To qualify for the **Change Matters®** program, you must have a checking account, debit card, and a money fund/savings account with Alpine Bank. **Change Matters®** program accounts must be enrolled and receive eStatements. The 5% bonus is calculated and automatically credited to account-holders' savings or money fund account quarterly. Bonus is subject to IRS and other tax reporting. Other standard account terms, conditions, and fee schedule still apply.



Alpine Bank
www.alpinebank.com

Member
FDIC



ROUBIDEAU RIM WILDLIFE RESCUE GIVES HURT, WILD CREATURES ANOTHER CHANCE



Above, some of the creatures who have come to Wildlife Rehabilitator Brenda Miller. Courtesy photo.

By Caitlin Switzer

OLATHE—Brenda Miller recalls vividly the moment her life changed.

"I was a little girl," said Miller, who lives today with her husband on a remote ranch near Olathe. "I had an older cousin who was a falconer, and she had a kestrel tied to her dresser. I just sat there and looked at that bird and thought, wow."

Though falconry is an accepted, legal activity, Miller now opposes the concept on principal. "I would never take away another creature's freedom," she said. In fact, Miller is now one of 78 trained wildlife rehabilitators in Colorado, working with both Colorado Parks & Wildlife and the U.S. Division of Fish & Wildlife to save wild creatures that otherwise would be put down. She will discuss her work as founder and director of Roubideau Rim Wildlife Rescue at the upcoming Ouray Women's Club meeting Jan. 21, from 1 to 3 p.m. at the Ouray Community Center. The importance of keeping wild life wild is something Miller stresses.

"There are 78 volunteer rehabilitators in the state, but it is not enough," she said. "Otherwise, these creatures are killed, or they become pets. As pets, wild animals can make people sick, people may do cruel things to them, or they may be raised all by themselves so they have absolutely no chance of surviving in the wild."

Miller, who has a working relationship with Montrose Veterinarian Betty Hool-

ey, does whatever is needed to get her charges back on their feet or flying under their own power—from caring for animals herself to placing those with special needs in other area facilities.

"I am always scrambling for food," she said. "I took in 83 animals in 2013. Two-thirds of them either died or were put down, but some got to go free, which is so cool!"

One creature that Miller expects to be released is a Great Horned Owl that was caught in a fence.

"I am sending him to Ouray, to someone who has a 100-foot flight cage," she said. "He needs to fly and build his strength. I have a 40-foot cage here at the ranch, but it's in a valley and it is cold, and birds do love to sun themselves in winter." Eventually, the owl will be strong enough to be released. "He came from near a dairy, and he will go back and be free to deal with the mice and rats," Miller said. "Owls are really important to our ecosystems." Miller recalls another rescue that caught everyone but her off guard.

"There was a car that had died, and a marmot had hitched a ride down from Silverton," Miller said. "When the mechanic opened the hood, he freaked out, and then he called me. I caught it, and found it a ride right back to Silverton."

Miller does not work alone, but relies on a team of approximately 30 local volunteers. She is also allowed to sponsor up to

three new volunteer rehabilitation specialists each year.

"Every time a critter comes in, it takes a lot of people," she said. "We have 30 volunteers signed up through Fish & Wildlife, and every month they go out to clean up Chipeta Lake. The lake is heavily used because it is stocked, and many families here consider it a source of food. It gets trashed, but our folks go and clean it. Volunteers also clean the bluebird nesting boxes at Ridgway State Park, and I have a volunteer in Telluride who does my Facebook page for me."

Miller is still seeking a volunteer to put a regular newsletter together, and has several Colorado Mesa University students who are assisting with a new web site for the non-profit, she said.

"One of them is a rancher, like me," she said, "so he knows how important this is. My husband and I raise grass fed beef, without antibiotics, hormones or pesticides, because we have seen what those chemicals are doing to wildlife—especially birds."

Every bird who comes through Roubideau Rim Wildlife Rescue is tested for agro-phosphate poisoning, and all show some evidence of it, she said.

In future, Miller hopes to expand her efforts with the help of Black Canyon Regional Land Trust, which will write a conservation easement for her once she is able to land a sought-after donation of acreage for a wildlife refuge. "We are looking for land to start a facility and train the public," Miller said. "We need ten acres or more, and I would love to border public lands so we can let our fawns walk away and our birds fly."

Though her work is not easy and can be heartbreaking—prior to our interview, Miller had just finished butchering a fawn that did not survive—she knows that her efforts are making the world a better place.

"I have my ups and downs, but I am jazzed," she said. "I am very passionate about my work, and want to share it with a lot of other people." Brenda Miller and Roubideau Rim Wildlife Rescue can be reached by phone at 970-209-5946, or via email at rrwildliferehab@gmail.com. Anonymous, tax-deductible donations can be made to: Box 750, Olathe CO 81425, or through Vectra Bank Colorado at 1200 South Townsend Ave. Find them on Facebook at <http://bit.ly/RRWR-Facebook>.

MONTROSE
CHAMBER OF COMMERCE



Maximize Your Membership

Quarterly Seminar

**Thursday,
January 30th-12PM**

Brown Bag Lunch

Montrose Chamber of Commerce welcomes new members and encourages all members to increase their awareness of how the chamber can help businesses grow stronger.

All members- new, established, and future- are strongly encouraged to attend this FREE event!

This seminar encourages networking and focuses on how to put your membership to work for you!

Montrose Chamber of Commerce
Conference Room- 1519 E Main Street

**Please RSVP to 249-5000
or information@MontroseChamber.com**



THE WHOLE WEST WAS HIS HOME...O.D. LOUTSENHIZER



A piece of local history is back on the market...the home of Montrose Pioneer O.D. "Pappy" Loutsenhizer at 947 South Second St. is for sale.

By Caitlin Switzer

MONTROSE—As a young man he struck out from his Midwestern home, in search of rugged adventure in the nation's wild Western Frontier, exploring the rough and ready territory before settling at last in the place that held onto his heart—Montrose.

Though originally named for Pomona, the Roman Goddess of fruit—and later for author Walter Scott's character "The Duchess of Montrose," Montrose probably owes far more to a long ago resident nicknamed "Pappy." Take a quick stroll around town, and evidence of one of the town's first citizens is everywhere—from the small gabled house he once occupied at 947 South Second Street, to the prominent headstone at Cedar Cemetery, to the life-giving irrigation canal that bears his name. Oliver D. "Pappy" Loutsenhizer embodied the free spirit of the American West, piecing together a living as a farmer, prospector and miner. Born in Williams, Ohio in 1839, he headed West as soon as he was able, striking out for Montana and the Northwest and eventually passing through Idaho and California as well.

A *Montrose Press* article dated Feb. 26, 1907, notes that "He came to Colorado in the early days, and made a trip through this country and on to Salt Lake as early as 1860...he was well acquainted with Chief Ouray, and knew all the great Ute chiefs of that time."

Noting that Loutsenhizer—who was one of the Montrose County's first three County Commissioners—was "a great factor in the building up of Western Colorado and particularly of Montrose County," the obituary also touches on one of the frontiersman's many adventures. After serving as Sheriff of Bozeman, Montana in 1867, the

pioneering spirit once again lured Loutsenhizer to head out in search of adventure—this time with one of Colorado's most notorious historical figures.

"He was with Packer the "man eater" in 1872," the account recalls, and when the party divided, before Packer went to Lake City, where he murdered and ate his companions, Loutsenhizer and his party went on over to the Tomichi and to Los Pinos Agency."

That episode was also recounted in the *Montrose Press* obituary in March of that same year.

"In 1871 he joined a party of trappers and prospectors in the territory of Utah and started for Colorado, with Alfred Packer, who claimed to know the route, as guide. The party became lost on the desert and for months they wandered about, finally reaching the Grand river, not far from where Grand Junction now stands, in a half-starved condition. They continued on and finally pitched camp in the Shavano Valley, a few miles south of Montrose. This was the headquarters of the Ute Indians and they were then under leadership of Ouray who received the palefaces in a kindly manner.

"Here the party separated, Loutsenhizer and three others going toward the mining camp of Ouray, Packer and the other three for Los Pinos Agency. The killing of his companions near Lake City and the eating of their flesh by Packer are yet familiar history. Loutsenhizer did not like Packer's actions on the first part of the trip and this was the cause of the separation in this valley." Shortly afterward, the obituary states, Loutsenhizer "settled down for life on the spot now occupied by beautiful Montrose."

Loutsenhizer and Joseph Selig owned the ranches that were later divided into lots for the town.

According to authors Cathleen Norman and Marilyn Cox in *Montrose-Take a Closer Look-A Walking Tour Guide* (Preservation Publishing, 2006), the tiny, gabled home that Loutsenhizer lived in with his family (he was married twice and had two daughters, Mae and Julia) still stands at the corner of South Second and Lot streets (947 South Second)—the latter of which appears to be derived from his own last name. On his gravestone, shared by beloved family members, is carved his nickname, "Papa Lot." A portion of the Loutsenhizer Ranch became the "Loutsenhizer Addition" to the growing town of Montrose.

"His home was there and in that home Loutsenhizer and a good wife welcomed the friend and stranger with the same warm-hearted characteristic of the family. 'Pappy' Loutsenhizer was the familiar term with which he was ever greeted," states his obituary.

When "Pappy" passed away at the age of 78, he was not only one of Montrose's best-known citizens, but one of the best known residents of the Western Slope. He died at the home of daughter Julia, then Mrs. Harry McNeill, and his older daughter Mae traveled from Hot Springs Arkansas to pay her respects. "The funeral was held Wednesday afternoon from the opera house and the old time acquaintances of the dead pioneer turned out in large numbers. The floral tribute was elaborate," noted the *Montrose Press*. "May the soul of this hardy pioneer rest in peace, in the little cemetery in the Western land he loved so well."

REGIONAL NEWS BRIEFS

HOPEWEST OFFERS VOLUNTEER OPPORTUNITIES

Special to the Mirror

REGIONAL--HopeWest is looking for dedicated people to make volunteering their New Year's resolution in 2014.

Volunteer opportunities at HopeWest are as unique as the people giving their time. HopeWest is seeking volunteers to help with: Heirlooms for Hospice upscale resale shop, administrative office support, special events and patient & family support at nursing homes, assisted living facilities or patients' homes.

At Heirlooms for Hospice volunteers help creatively display merchandise, greet and help customers, cashier and clean and repair donated items.

Administrative volunteers can support the

mission by performing general office functions like answering the phone, filing, computer data entry or helping with other important projects.

Special event volunteers can help with set-up or assist at the events.

Patient and family support volunteers can participate in a variety of activities such as: visiting with a patient, sharing hobbies and stories, reading to a patient, running errands, relieving the caregiver for a small amount of time and providing transportation.

Volunteering is such a rewarding experience Joyce Raney explains, "I wanted to give back to the community, what I didn't realize was that I was getting much more

than I could give – if I volunteered seven days a week I couldn't repay HopeWest for all that they've done for me. It gives me peace, joy and hope."

"Our patients need your help," said Clinical Director, Starla Bacon. "HopeWest volunteers make everything possible in this organization.

Each volunteer makes a fundamental impact on the lives of others in our community. We have a need for volunteers to give of their time and talents in a variety of ways."

For more information please visit www.HopeWestCO.org or contact Volunteer Coordinator, Priscilla Cozzens, at 970-252-2642.

MONTROSE CHAMBER OF COMMERCE ANNOUNCES BUSINESS 2 BUSINESS EXPO SET FOR FEB. 15

Special to the Mirror

MONTROSE--The Business 2 Business Expo put on by the Montrose Chamber of Commerce is Saturday, February 15th at the Montrose Pavilion. This is a perfect opportunity to promote your business, product, or service to the community. The event is open to the public from 10 am – 4 pm. If you are interested in being an exhibitor please contact the Montrose Chamber of Commerce at 970-249-5000.


COUNTY ROAD WORK

Special to the Mirror


MONTROSE-- Montrose County Public Works will be closing Falcon Road between 6150 Road and 6400 Road starting January 14, 2014, for culvert replacement. Motorists are asked to use alternate routes. Also, 5700 Road is re-opened following a closure in early December for a culvert replacement. For more information, please call Montrose County Road and Bridge Department at 970-249-5424.

Mental Health First Aid

People Helping People




Mental Health First Aid can help you learn the skills
to identify, understand & respond to signs of
mental illnesses and substance abuse disorders.



Sponsored by The Center for Mental Health

For more information on times and locations
of training opportunities, contact Robin
at (970) 252-3228

Proudly serving
your communities for
the past 50 years.



THE CENTER
FOR MENTAL HEALTH

Providing Help, Hope & Healing
1964 - 2014

REGIONAL NEWS BRIEFS

J. Robert Young Scholarship Taking Applications for Graduating High School Seniors



Robert Young.
Courtesy Photo.

Special to the Mirror
GLENWOOD SPRINGS – Graduating high school seniors can now apply for the J. Robert Young annually renewable scholarships. Students meeting the criteria of the scholarship may receive an application through their high-school counselor,

online at www.wc-cf.org, online at www.alpinebank.com, or by visiting any Alpine Bank location.

The J. Robert Young scholarship is offered to graduates of public high schools in locations served by Alpine Bank. The scholarship will be awarded on the basis of financial need to a student with a grade point average of 2.75 or higher who is

seeking a business-related degree. Students must attend a Colorado college. Two \$1,000 renewable scholarships are awarded each year. Applications must be postmarked or emailed to the Western Colorado Community Foundation on or before March 15, 2014.

The J. Robert Young scholarship was established in 2008 by Alpine Bank employees and an executive committee to honor bank chairman, J. Robert (Bob) Young, on the bank's 35th anniversary. The scholarship is designated for graduates of public high schools in areas served by Alpine Bank who have demonstrated good academic performance and are pursuing a business degree.

The scholarships are administered through Western Colorado Community Foundation, a nonprofit public charity whose mission is to promote charitable giving, build and manage charitable en-

dowment funds for community good, and provide grants, scholarships and other resources to benefit the residents and communities of western Colorado.

Alpine Bank is a \$2.4 billion dollar, employee-owned organization chartered in 1973 with headquarters in Glenwood Springs, Colorado. With 36 western and southwestern Colorado banking offices, Alpine Bank employs over 500 local people and serves more than 130,000 customers with retail, business, trust, asset management, mortgage and electronic banking services. Application Return and Scholarship Contact:

Cindy Rhodes, Program Director
Western Colorado Community Foundation
P.O. Box 4334

Grand Junction, CO 81502

crhodes@wc-cf.org

970-243-3767

Fax: 970-243-9767

The Mirror:

*For coverage that never leaves
our readers out in cold ...*



www.montrosemirror.com

REGIONAL NEWS BRIEFS

WEEHAWKEN PRESENTS WORDPLAY WORKSHOPS WITH BETH PAULSON

Special to the Mirror

RIDGWAY--For centuries poets in all languages have used traditional forms like ladders on which to hang their words. Poet W.H. Auden wrote, When a form and a subject come together, you have a poem. Even contemporary poets, who usually write in a free style, also write occasional formal poems because they enjoy the challenge and discipline of following a time-honored structure to express their thoughts.

Praise a favorite object, write an alphabet of interesting words, repeat yourself on purpose, and make some rhyme and rhythm? Then you can write an ode, an abecedarian, a pantoum, and a sonnet, four poetic forms that have been favorites of writers throughout the centuries from ancient Greece to Renaissance England.

Starting on Jan. 29th, Weehawken will offer a weekly workshop in Ridgway called "Wordplay: Four Favorite Forms of Poems" where students will look at where and when each form originated and read the words of a few poets who have adapted them to writing about and for today's world, such as Pablo Neruda, Carolyn Forché, Harriette Mullen and Tony Barn-

stone. Then for three more weeks, students will explore their own creativity and word craft in poems, serious or humorous. Participants will receive handouts of all model poems and other class materials. And after the class concludes, each person will receive one copy of an anthology of poems created by class members.

This workshop will be led and taught by Beth Paulson, who writes and leads poetry and creativity workshops in Colorado where she has lived since 1999. Before that she taught English at California State University for over twenty years. She has also been a columnist for the Ouray County Plaindealer. Beth currently leads, Poetica, a bimonthly poetry workshop for Ridgway-Ouray area writers and co-directs the monthly Open Bard Poetry Series in Ridgway.

Beth's poems have appeared widely in over a hundred literary magazines, including most recently Red Rock Review, Pinon Review, The Kerf, The Lyric, and Passager. She has been nominated for Pushcart Prizes for poetry in 2007, 2009 and 2011, and was a Best of the Net nominee in 2011. Her poems are also included in several national anthologies, including

Crazy Woman Creek: Women Rewrite the American West (Houghton Mifflin, 2004), What Wildness is This: Women Write About the Southwest (University of Texas Press, 2007), and What's Nature Got to Do With Me?? (Native West Press, 2011). Beth is the author of four poetry collections: Canyon Notes (Mt. Sneffels Press 2012), Wild Raspberries (Plain View Press, 2009), The Company of Trees (2004) and The Truth About Thunder (2001), both by Ponderosa Press.

"Wordplay: Four Favorite Forms for Poems with Beth Paulson" will run for four Wednesdays from Jan. 29th to Feb. 19th at Weehawken Ridgway (the Old Schoolhouse Building) from 12:30 pm until 2:30 pm each week. The price for this workshop is \$75 and students can register in advance with Weehawken Creative Arts at 970.318.0150 or at

www.weehawkenarts.org. A minimum number of students are needed in order to run the workshop, so Weehawken requests advance registration. For more information on this or other workshops with Weehawken, visit www.weehawkenarts.org or facebook.com/weehawkenarts.

PARTNERS TO HOLD 13TH ANNUAL SUPER BOWL IN DELTA!

Special to the Mirror

DELTA--Please join us in **celebrating partnerships** for our 13th annual Super-Bowl at Valley Lanes in Delta on Saturday, Feb. 1, 2014, a fun and unique way to support Partners programs and the children we serve.

Sign up yourself and a young "Partner" to bowl in the morning Youth Tournament, or put together a team of four for the Adult Tournament in the afternoon.

The morning Youth Tournament begins with check in at 9:00 a.m. and is a Scotch Doubles Tournament (two bowl as one, with the youngest bowling first). There will be prizes, pizza, and a drink for the kids. Registration is \$10 for the adult bow-

ler, but the kids bowl free!

The afternoon Adult Tournament is a 9-pin, no-tap, handicap competition that begins with check in at 12:30 p.m. There is a \$500 cash prize, sponsored by Alpine Bank, awarded to the highest scoring team. Registration for the Adult Tournament is only \$25 per person.

Registration forms are available from both Partners offices in Delta and Montrose, Valley Lanes in Delta, Rose Bowl in Montrose, and online at www.partners-west.org.

Your participation in this event supports the Partners mentoring programs, which match youth in Delta, Montrose, and Ouray Counties with a screened and

trained adult volunteer in a structured and supported one-year mentoring relationship.

This is a great family event! Don't miss this chance to support the amazing children in your community and have fun at the same time. Partner up for Partners, and register today! For additional information on this event, please contact:

Partners
315 South 7th Street
Montrose, CO 81401

www.partners-west.org
Registration forms are available from both Partners offices in Delta and Montrose, Valley Lanes in Delta, Rose Bowl in Montrose, and online at www.partners-west.org.

REGIONAL NEWS BRIEFS

2014 EXPECTED TO BE BUSIEST IN HISTORY OF PAVILION

By Caitlin Switzer

MONTROSE—Only longtime locals recall the very first live show at the Montrose Pavilion, a 1990 concert featuring Montrose rockers The Stupid Band. However, just about everybody in town can remember attending a show, meeting or other gathering here—the facility can accommodate everything from weddings, assemblies and school band concerts, to dances, recitals and large scale trade shows and events. Ask Pavilion Manager Kara McKenna about the growing success of the popular events venue, and her enthusiasm is obvious.

“2014 is going to be the busiest year in our history,” McKenna said. “Our weekends are booked straight through until June—we have a strong year ahead of us.” Credit repeat business and encouraging pricing for the Pavilion’s robust bookings.

“We are extremely affordable,” McKenna said.

“There are no hidden fees, and local residents get a 35 percent discount.”

Because the Pavilion includes both the Montrose Senior Center as well as conference room and theater space, events can occur simultaneously.

McKenna, now in her seventh year at the facility, said that there is no “typical” day. “It just depends on the type of event,” she said. “Some days are quiet...but there are also days when we have multiple events taking place.”

According to the City of Montrose web site, the Montrose Pavilion offers 7,000 sf

of meeting and ballroom space, 4,000 sf of gallery space, a 1,000 sf outdoor courtyard, 10,000 sf of outdoor commons space, a 602-seat auditorium, and full-service kitchen facilities. The Pavilion was designed by Montrose Architect Patrik Davis and is located at 1,800 Pavilion Drive, just one mile from Downtown Montrose and five miles south of the Montrose Regional Airport.

Exciting recent developments include the launch of a new web site, as well as a new path from the building to the Botanic Garden area, McKenna said.

“We are doing some painting, adding some things, sprucing some things up,” she said. “We are partnering with the office of Business & Tourism to add a Welcome Kiosk, and renovating a few of our rooms, like the dressing room backstage.”

Perhaps most exciting is the new variable message sign out front, although its activation has been slowed by the tragic death of One Track Communications’ President Jason Cook, who had been working on the sign’s wiring before losing his life in a place crash Nov. 29.

“We had scheduled a ribbon cutting, but it may not happen yet,” McKenna said. “We are still waiting on the final connection; hopefully another company can get it done for us soon.”

“We have been working on this for more than a year so we are just biting at the bit!”

As one of just four staffers at the Pavilion, McKenna is justifiably proud of the facility’s current momentum.



The new variable message sign at the Pavilion is in place, but the wiring is not yet complete due to unforeseen circumstances.

“Our vision has always been to increase usage,” she said. “We would like to see a few more out-of-town events come in—we are trying to get our hotel rooms filled. We have been doing more collaborative events, and we have seen a large increase overall. There are week day dates open in 2014, but everything is going fast—every weekend in January is booked and double-booked.”

Out of town guests tend to be surprised at the quality of the Pavilion spaces, she said.

“We are so fortunate to have this facility in a community this size,” she said, “and we have some really great stuff happening now. For example, this summer we will welcome the Colorado Symphony—there is so much change and growth going on. I love it!”

To learn more about Pavilion events and rates, call McKenna at 970-252-4880.



CHILI FUNDRAISER HELPS ART PARTNERS

Special to the Mirror

MONTROSE—Bob and Pat Brown of Around the Corner Art Gallery present Lissette Riviere, Art Partners Case Manager, with a check for \$2160.00 raised at the 5th Annual Art Partners Chili Bowl Fundraiser. Thomas Brink, of RnR Sports Bar accepts the People’s Choice award for best chili. Chili donations came from Amelia’s Hacienda, Ay Chihuahua, Camp Robber, 2 Sisters Gastro Pub, Pat Brown, Red Barn, RnR Sports Bar and The Firehouse Restaurant.

**THANKS FOR READING THE MONTROSE MIRROR!
YOUR COMMUNITY NEWS ALTERNATIVE!**

970-275-5791

ALZHEIMER'S PROGRAM CONVERSATIONS ABOUT DEMENTIA

Conversations about Dementia Description:

When someone is showing signs of dementia, it's time to talk. The Alzheimer's Association Conversations about Dementia program is designed to help you talk with your family about some challenging and often uncomfortable topics around Alzheimer's and dementia. Some of the most difficult conversations to have are about:

- Going to the doctor to get a diagnosis or medical care,
- Deciding when it is necessary to stop driving, and
- Making plans for managing finances and legal documents to be sure the person's wishes are carried out and the costs of future care are covered.

You may try to wait until the time is "right" to have these conversations, but in reality, that time rarely comes. The sooner these discussions can take place, the better, so you can include the person about whom you have concerns and avoid unexpected situations in the future. Join us and learn some tips for breaking the ice and setting the stage for meaningful and productive conversations about dementia.

Designed to help you talk about challenging and uncomfortable topics around Alzheimer's and dementia.

Senior
CommUnity
Care

 **Volunteers
of America®**

Western Colorado's PACE Provider

Montrose - (970) 252-0522 • Eckert - (970) 835-8500

**TUESDAY
JANUARY 21**

**10 am
2377 Robins Way
Montrose**

OR

**1:30 pm
11485 Hwy 65
Eckert**

**Lead by
Teresa Black
Western Slope
Alzheimer's Assoc.
Director**

**Please
RSVP to**

970-275-1220

eberge@voa.org

HEELER, HEADER, COLLIE, KOOLIE OR KELPIE?



Above Left, Australian Cattle Dogs, as shown on the [American Kennel Club](#) web site; and right, a Blue Heeler. Wikipedia Photo.

Mirror Staff Report

MONTROSE—So you're ready to choose a herding dog—but do you want a heeler, a header, a collie, a Koolie or Kelpie?

The American Kennel Club lists 25 different breeds in its "herding" group.

Ask a cowboy about his favorite cattle dogs, however, and he is just as likely to refer to them as "heelers."

The web site, [Cattle Today](#), explains: Some breeds, such as the Australian Cattle Dog, typically nip at the heels of the animals they are herding, therefore they are "heelers".

Others, like the Border Collie, get in front of the animals and use what is called "eye" to stare down the animals. These dogs are the "headers."

And then of course, there are the Koolies: "The Koolie has been observed to use both these methods and to jump on the backs of their charges.

Koolies are therefore said to head, heel and back," notes *Cattle Today*. The site goes on to note that some breeds work well with all animals, while others have been bred to work with a specific animal type.

"I have cow dogs," said Steven Dahl of Dahl Dairy in Montrose, "blue heelers because they're bred to bite cows, and they love to do it.

"In the mountains, with the brush, a heeler gets the cattle out. They're hard headed and stubborn and they don't like to quit—they just want to chase and chase.

"But if you have sheep you want a border

collie," Dahl said. "They don't bite. Sheep have very thin skin, and biting cuts their skin."

And of course sometimes, it comes down to plain old personal preference.

Josh Sinks of Nucla, who works as a brand inspector, said that he prefers "Kelpies," an Australian sheep dog that Wikipedia notes are successfully used to muster livestock like sheep, cattle or goats with little or no command guidance.

"They're pretty good dogs," Sinks said. "I've had a bunch of 'em. They're smart and they listen good. They're tough and they go all day without getting tired. They're not too big, they're not timid, and they're real obedient.

"But really, I just like 'em."

RENZO DELPICCOLO TO SPEAK AT HEIDI'S FORUM

Special to the Mirror

MONTROSE--This Wednesday, January 15th, The Forum at Heidi's Brooklyn Deli is pleased to host Area Wildlife Division Manager Renzo DelPiccolo of the Colorado Division of Wildlife.

In his role as wildlife biologist and wildlife officer, Renzo has anything but a boring job. From trapping and collaring animals for survival studies... to advising on habitat preservation and restoration... to working with endangered species... to dealing with poaching, trespassing, illegal hunting and the like, DelPiccolo has amassed a wealth of experiences. Come hear what he has to share!

THE MONTROSE MIRROR WELCOMES NEWS RELEASE, PHOTOS AND
EVENT LISTINGS. PLEASE SEND TO: EDITOR@MONTROSEMIRROR.COM

OR CALL 970-275-5791



Food Safety Classes

Offered by Montrose County Environmental Health

This 3-hour class is for food service workers
& covers the basic concepts
For safe food handling.

2014 Montrose Classes

January 14th, 2014
February 11th, 2014
March 11th, 2014
April 8th, 2014
May 13th, 2014
June 10th, 2014
NO July class
August 12th, 2014
September 9th, 2014
October 21st, 2014
November 18th, 2014
NO December class

Pre-registration is required by calling 252.5000.

**Classes are held at a *new location*,
at Friendship Hall at the Montrose County Fairgrounds
at 1001 North 2nd Street
from 2:00 to 5:00 p.m.**

**The cost to attend is \$10 and a photo id is required.
Successful participants will receive a food handler's card.**

*For additional information
Or, to schedule a class at your location,
Call Environmental Health at 970-252-5000.*



REGIONAL NEWS BRIEFS

LOWV RESPONSIBLE JOURNALISM PANEL



Special to the Mirror

MONTROSE—Above, local print journalists took time away from their work on Thursday, Jan. 9 to share insight and answer questions about the role of journalists in a Democratic society and what constitutes responsible coverage. The program, “Telling it Straight in a World that Spins—Responsible Journalism in the Age of PR,” was sponsored by the Montrose and Delta League of Women Voters, and took place in the Montrose Regional Library Community Room. Pictured from left are MHS Chieftain Co-Editors Abby Padilla and Kaylynn Miller; Watch Newspapers Publisher and Managing Editor Marta Tarbell and Gus Jarvis, and Montrose Daily Press Managing Editor Justin Joiner. Courtesy photo.

REACH THE REGION 10 LEAGUE FOR ECONOMIC ASSISTANCE & PLANNING
AT 970-249-2436 OR VISIT US ONLINE AT WWW.REGION10.NET

Silke Printz Steps Out After Her Successful Hip Replacement from MMH

Astute and particular, and after looking into surgeons and hospitals, Silke chose to have her hip replacement surgery at Montrose Memorial Hospital.

“The procedure went beautifully. I knew from the beginning that I wanted the surgery done close to home at Montrose Memorial. The Joint Replacement Center has an excellent pre-surgery class that thoroughly explained everything I needed to know and it was very important to me that MMH has a significantly lower infection rate than other western slope hospitals. Also, Mountain View Therapy provides focused, specialized care to get patients back to the highest level of performance in the shortest time possible.”

Call Montrose Memorial Hospital today to learn more about the area’s most innovative Joint Replacement Program at 970-252-2995.

MONTROSE 
MEMORIAL HOSPITAL
800 South Third Street, Montrose, CO 81401
970-249-2211
MontroseHospital.com



Let's Make 2014 Better By Feeding Local Seniors Together.



The Senior CommUnity Meals program saw significant changes this past year. We still need your continued support to help our Western Slope seniors receive nutritious meals in the coming year. Six million seniors in America faced the threat of hunger, lacked food or feared starvation in 2007. * Donate now at www.voa.org/meals. Your \$100 donation will provide a month's worth of meals or a \$25 donation a week's worth of meals. Let's work together to make the new year a combined effort to support our area seniors with community dining site and home delivered meals.

* According to the Meals on Wheels Association



11417 Hwy 65, Eckert, CO 81418

Call: 970-835-8028

Toll Free: 866-416-6942

www.voa.org/meals

We invite you to join us for our annual event to raise money for special projects items, and events that will improve our residents' overall quality of life.

Give a Little Piece of Your Heart!



**Valley Manor Care Center's
ANNUAL GIVING EVENT**

Save the Date

**Friday, February 7th
6:00 pm to 9:00 pm**



- Wine Toss
- Silent Auction
- Live Entertainment
- Dinner

Contact Linda Carpenter to RSVP
or for more information, 970-249-9634



The Valley Manor mission is to recognize each resident's individual uniqueness and to provide a more homelike environment with resident centered care. We strive to pay close attention to each resident's preference to his or her daily schedule by delivering caregiving flexibility, independence, and personal choice.



Valley Manor Care Center

**Contact Linda Carpenter to RSVP
or for more information, 970-249-9634**

REGIONAL NEWS BRIEFS

WEEHAWKEN TO HOST SOUPER BOWL III FUNDRAISER IN OURAY

Special to the Mirror

OURAY--On Jan. 30th, Weehawken Creative Arts will host its Annual Souper Bowl III Fundraiser in Ouray. This event features bottomless bowls of delicious signature soups from area restaurants that will be served-up in over 100 hand-painted ceramic bowls from community artists (young and old). Following the event, participants get to take their bowl home!

Soups have been generously donated by area restaurants for this event. In addition, area restaurants and caterers will also feature breadsticks and desserts for all to enjoy. Further, delicious beers and wine will be available at the cash bar.

Soup season started back in August for volunteer artists attending the Ridgway Rendezvous Arts and Crafts Festival. At that event, people began in the process of hand-painting bowls in preparation for the winter tradition of the Weehawken Souper Bowl Supper. The Weehawken Souper Bowl Fundraiser takes place on Thursday, January 30th at the Ouray Community Center Massard room. The cost is \$18 for individuals wanting to take home a ceramic bowl and eat endless soup or \$10 for individuals wishing to just come and enjoy the soup (in a bowl they return to the kitchen). Or, for families: \$40 includes dinner for everyone and two ceramic hand painted

bowls to take home. All other family members will enjoy soup out of the returnable bowls under that \$40 fee.

This event will begin at 5:30 pm and will run until 8:30 pm. This year's event will also feature live music as well as a silent auction with items from the Weehawken Clay Center as well as items from the 2013 Ridgway Rendezvous.

Selection of ceramic bowls will be available first-come, first-served/selected. Doors will open at 5:30 pm. Please contact Weehawken Creative Arts for more information at 970.318.0150 or questions@weehawkenarts.org or www.weehawkenarts.org.

2014 Health Fair

Early Blood Draws

Montrose Pavilion
February 5, 6, 7, & 8
6:30-9:30 a.m.

Additional Locations for Early Blood Draws

February 1st
4H Event Center in Ridgway 7:00 - 10:00 a.m.

February 3rd
American Legion Hall in Olathe 6:30 - 9:30 a.m.

Appointments may be made online for all three locations at
www.MontroseHospital.com
January 20 - 29

Phone appointments will be taken January 21-23 from
8:00 a.m. to 1:00 p.m. at 1-888-592-6255

12 hour fast required. Drink lots of water!
We will NOT bill your insurance. Checks and cash only.

Blood Tests Offered

- Chemistry & Lipid Profile ~ \$40
(includes iron binding and TSH)
- Hemoglobin A1C ~ \$35
(additional screening for diabetes)
- PSA for Prostate Health ~ \$30
 - CBC ~ \$20
(complete blood count)
- Vitamin D Screening ~ \$40
- Vitamin B-12 ~ \$35
- Male Testosterone ~ \$40

Health Fair 2014 is
Saturday, March 1

The lines are long, so MMH offers early blood draws to make it more convenient for you.



Co-Sponsors





LEGISLATIVE UPDATE

BY SENATOR ELLEN ROBERTS

LET'S TALK ABOUT COLORADO WATER

The legislative session has started and I'm settled into an apartment in Denver. My husband is a huge help in getting my stuff and me up here and dealing with the logistics of a new place and, when he heads back to Southwest Colorado, it's always a bit hard to see him go. It's never easy to uproot myself from home, but that's part of the job.

My first bill has been introduced and it addresses lawn irrigation in new subdivisions, beginning in 2016, when the water used is transferred from agricultural use. I've received lots of input on the bill. Most people understand the need to address Colorado's water shortage, especially as our state's population grows. It's anticipated that Colorado's population will double by 2050, yet we don't have the water supply needed to support that growth.

It's been suggested that the bill is heavy-handed and I understand that sentiment. The bill's a work in progress and I'm committed to as many meetings as it takes to get the variety of responses, and to consider suggested alternatives, on this proposal. While some view it as being a Western Slope versus Front Range approach, it's

not intended that way. It is true, though, that I'm concerned about where the new water is going to come from to support the growth projected for Colorado.

Given the private property rights nature of Colorado water, the bill clearly allows agricultural water transfers to occur. The focus is on municipal water, half of which goes for lawns and three-quarters of that water is consumed by evaporation. If this bill is passed, Colorado would lose less water to evaporation, a significant consumer, particularly given the dryness of our semi-arid climate.

My constituent, Steve Harris, a water engineer from Durango, proposed the bill idea to me and it was developed to address the widespread concern that our state is rapidly losing land in agricultural production due to municipalities buying the water rights for their growth. Food independence is even more important than energy independence, so this proposal struck a chord for me.

We'll see what the sausage-making process does to the proposal, but I'm working hard to address the concerns raised and I've not encountered any group that hasn't been willing to come to the proverbial table to talk this over. That said, I'm

mindful of the longstanding phrase that "whiskey's for drinking and water's for fighting!"

On another topic, I'm gratified that Sen. Bennet as well as the U.S. Forest Service have responded to a recent column of mine regarding the sorry state of Colorado's forest health and resulting wildfires. I hope to make use of the time in Denver this session to help develop purposeful strategies on how we can all work together to improve the current situation. I'm also working with the governor's budget director about greater funding for emergency radio communications. Talk must lead to action and I'll update you through this column, which I'll now be writing weekly, given the new session's start.

I look forward to my new assignment to the Senate Committee on Agriculture, Natural Resources and Energy and I've been asked by the committee chairwoman to serve as the Senate liaison to the Department of Natural Resources. It's my honor and pleasure to do that.

Ellen S. Roberts, State Senator

Legislative Contact Information:

200 E. Colfax Avenue, Denver CO 80203
Denver Capitol office phone:

[303-866-4884](tel:303-866-4884)

Print media still has its uses...

For advertising that REALLY works, call the Montrose Mirror...
Reaching 7,000 readers on the Western Slope and beyond!

970-275-5791-Caitlin
970-275-2658-Jon



REGIONAL NEWS BRIEFS

REGION 10 LAUNCHES 2014 LUNCH AND LEARN

Special to the Mirror

MONTROSE—Make 2014 the year you “Lunch and Learn” with Region 10 Community Living Services! Beginning in January, we will host a regular program on the third Tuesday of every month at the Region 10 Enterprise Center (300 North Cascade Ave). We will touch on a wide range of topics that highlight supports and services for seniors and for adults who have disabilities.

“It’s Raining Now,” set for noon on Jan. 21, is the first Lunch and Learn program. Bring your lunch and a friend, and gain an overview of the resources available in our area to those faced with difficult decisions related to disabilities and aging. For more information please call Claudette at 970-249-2436 ext. 201. *A non-profit organization, the Region 10 League for Economic Assistance and Planning was formed in 1972 and serves six-counties (Montrose,*

Delta, Gunnison, Ouray, Hinsdale and San Miguel), operates an Enterprise center (300 North Cascade) administers the Enterprise Zone tax credit and marketing grant programs, oversees the Area Agency on Aging (AAA) and Community Living Services, coordinates regional transportation planning, and offers a loan program for small business. To learn more about Region 10, call 970-249-2436 or visit the web site at www.region10.net.

HULA HOOP EXTRAVAGANZA JAN. 14 AT IN MOTION THERAPY

Special to the Mirror

MONTROSE--Susan Walton and Sarah Brewer will be hosting a Hula Hoop Extravaganza Jan. 14 from 7 to 9 p.m. at In Motion Therapy, 611 East Star Court, Suite B, in Montrose. Enjoy refreshments and fun hooping instruction! Hope to see you there!

HONORABLE MENTION

In memory of the late William Overstreet (1921-2013), the FEARLESS U.S. Veteran who was awarded the French Legion of Honor in 2009 for his breathtaking aerial dogfight against a Nazi fighter plane that he followed under the Eiffel Tower, a feat that helped lift the spirits of that nation and turn the tide of World War II...

To Pediatric Associates for outstanding service and for that essential daily walk-in clinic for kids (7 to 9 a.m. every weekday)...

To House of Spirits Liquors for opening at 8:05 a.m. on Sundays and Bottle Barn Liquors for opening at 9 a.m. on Sundays...it’s game day!

To Colorado Mesa University, for investing in Montrose...

To ElderAdo Financial, for sheer brilliance. That messaging sign just gets better and better!



NOW AVAILABLE! K-9 OXX TOY

\$15 per stuffed animal dog

All proceeds go to the
Montrose County Sheriff's Office K-9 Unit
Donations Also Accepted



Help Support Our
Local Hero Dog!



THANK YOU TO DEPUTY K-9 OXX'S SPONSORS



Chow Down
Pet Supplies



REGIONAL NEWS BRIEFS

Montrose & Olathe Re-1J School District Making Tech Improvements

Special to the Mirror

MONTROSE-Montrose & Olathe School District is making progress in bringing 21st century tools into their classrooms. The District, under the guidance of IT Director, Steve McEwin, has made great strides in upgrading the technology infrastructure of their network to improve the Internet connectivity and availability of wireless (Wi-Fi) at all school sites. The District is pleased to report that 75% of their schools have Wi-Fi that can be utilized by anyone working or visiting the buildings. They will have 100% of their schools connected with Wi-Fi by the end of the 2013-2014 School Year.

In addition to the infrastructure, the District is working on upgrading computers for staff and students. With over 2,000 computers throughout the District these upgrades cannot occur instantly, but they are making small steps towards the progress that shall enable their staff to actively engage students with 21st century tools. The current computer upgrades have been made possible through grants, school fundraisers, community and district sup-

port.

Columbine Middle School kicked off the school year with their "Technology as a Tool in the Classroom" pilot project. The project was made possible by forward-thinking community members, Jim and Sharen Branscome, who generously committed \$60,000 and challenged local community members to match this gift. The goal of the initial project was to put an iPad in the hands of ninety 7th grade students at Columbine Middle School in addition to a mobile cart with 30 iPads for teachers not involved in the program to access iPads as a resource in their classrooms. The goal has been met and exceeded. Columbine has also added a set of 30 iPads that travels between the 6th and 7th grade and a set of 30 iPads in the 8th grade building. The District is still seeking funds for this project as the interest and engagement from this initial offering is creating a demand for more needed technology.

Oak Grove Elementary recently purchased a cart of 30 iPad minis. The funding for the iPads minis came from the DMEA Capital Credits that the District

received in September 2013.

According to Dana Burwell, Oak Grove Principal, "Technology such as the iPad offers our teachers a way to enhance teaching and engage students with a 21st century tool."

Finally, this week, Pomona Elementary School teachers each received Apple Laptops. The funds to purchase the laptops came from PES fundraisers and District Support. Teachers are excited to have these new tools in their classroom. A reinvigorated educational environment is transforming learning.

In the near future the District will focus upon enhanced professional development for staff, and introducing mobile learning devices as a tool for educating in their classrooms.

According to Superintendent Mark MacHale, "Technology is coming!

"Within the next 12-15 months, with the help of a Tech Committee that will be forming, we will attempt to fast track our technology to get teachers what they need in the classroom to reach the needs of every student."

SPRING FEVER?

DELTA COUNTY'S ONLY HOME, GARDEN & RECREATION SHOW!

BILL HEDDLES REC CENTER

March 28—9 A.M. TO 5 P.M.

March 29—9 A.M. to 3 P.M.



70+ vendors, giveaways and demonstrations! Vendor applications available at www.DeltaColorado.org or by calling 970-874-8616.



WELCOME HOME MONTROSE WEEKLY NEWS

Special to the Mirror

MONTROSE—Are you passionate about our veterans, their families and the U.S. military? Welcome Home Montrose is presently accepting letters of interest for three open seats on our board of directors; we are a working board with regular monthly meetings, committee assignments, and time commitments. Please send a letter of interest to 1561 Oxbow Drive Montrose, 81401 if you would like to join our efforts to lead the way in welcoming our veterans home and easing their return to civilian life.

Our 2013 Newsletter is now available on our website, from a direct link on our [home page](#).

We are pleased to learn that Welcome Home Montrose has been invited to the Colorado Municipal League state conference in June to talk about what we do to welcome and assist our returning veterans.

PLEASE BE AWARE—The national non-profit Wounded Warrior Project has mailings going out requesting a \$45 monthly donation for "wounded warriors in Montrose"—however, this is NOT Welcome Home Montrose or the Warrior Resource Center.

If you want to ensure your donation works on behalf of veterans right here in our community, please donate to Welcome Home Montrose and the Warrior Resource Center instead.

OUR CARING COMMUNITY

Our community truly took its veterans to heart this holiday season with an astonishing outpouring of generosity! Some highlights:

The **Girls Scouts of Chipeta Council Troop 54** brought in cards for veterans, **Carolers from Keller Williams Real Estate** brightened our day with good cheer and cookies; and **Shepherd's Hand** delivered cards and treats. A number of groups have also contacted us for the names of veterans and their families who would welcome Christmas dinner or gifts or just extra love and support over the Holidays;

The **Gone to Pieces Quilting Club** warmed hearts as well, by donating to Welcome Home Montrose and the Warrior Resource Center to "Help our Hometown Veterans" in lieu of buying gifts for one another this season;

Our regular military spouse luncheons, organized by **WRC Volunteer Deb Ferris**, continue to grow and draw more participation each month; and

A generous donation from **Ray's Jerky** has been sent to military personnel overseas with **Operation Sweet Tooth**.

ONGOING

Sign-up sheets for **Massage Therapist Mary Tittes**, whose gentle massages and reflexology treatments have dramatically improved the quality of life for at least one patient and who draws raves from all, are available in 2014 as well—but will continue to be limited to four slots at a time.

The "We've got your Six" pledge drive continues! The Warrior Resource Center is funded completely with private donations, and does not belong to any branch of the government. Your support is essential as we move forward in our mission to support America's wounded warriors. It is so easy to make a difference, and it can be done simply with a credit card or through automatic payments set up through your financial institution! Below are some facts you may not know about Welcome Home Montrose and the Warrior Resource Center:

With the suicide, divorce and unemployment rates so high in our military population, Montrose means to set the standard for other cities to follow in how to serve those who stepped up to serve all of us. By strengthening our services, identifying and filling our gaps, creating programs and removing the barriers in our infrastructure, we are preparing a place for our wounded warriors to visit and hopefully, to stay. Please contact us to learn how you can contribute! Our corporate office is located in Timberline Bank (1561 Oxbow Dr.), and can be reached at 970-765-2210. Welcome Home Montrose is a 501(c)(3) non-profit organization and runs entirely on donations of all kinds at the Resource Center and on the website, www.WelcomeHomeMontrose.org.

News release: Caitlin Switzer PR.

NEXT RIDGWAY MOONWALK IS JAN. 17

Special to the Mirror

RIDGWAY--Please join the Ridgway Creative District and Weehawken Creative Arts for 2014's first Ridgway MoonWalk: Creatives in River Park, on Friday, January 17, 2014, from 5 – 8 PM.

This art outing at the full moon celebrates creative businesses in Ridgway's River Park Light Industrial area displaying works of artists who live in the River Park neighborhood. Come discover Ridgway's hid-

den secrets!

Start by picking up the MoonWalk map/brochure at Exotic Earth Coffee Roasters (602 N. Cora St.) where Joyce Withrow's rosemary pieces will be shown. (Resource Art at 540 Sherman St. will also have the brochure available in advance on Wednesday, 1/15.) At Bennett Forge-works (669 N. Cora St.), artist Kellie Day will display her artwork. And at the office of the San Juan Hut Systems (770 N. Cora

St.), Diane Rickey's art will be exhibited. Additional artists may be included as well. This is a walkable event and to keep your hands and feet warmer, all locations are quite close to each other.

All ages are welcome. Food and beverages will be served. Look for the moon balloons!

For more information on MoonWalks, go to www.ridgwaycreativedistrict.com or www.facebook.com/RidgwayMoonWalks.

On the Western Slope. Across the Nation.

We succeed when we help change the lives of older adults and families in our communities.



Volunteers of America is a national, nonprofit, faith-based organization who since 1896, has been dedicated to helping those in need live healthy, safe and productive lives. On the Western Slope of Colorado, we offer independent senior and family housing; senior care services, including site-based and home delivery meals programs; a PACE program, including senior day centers, in-home, and clinic care; home health care management; and assisted living, long-term, memory, transitional and respite care.

For more information, visit www.voahealthservices.org



**Volunteers
of America®**

THIS IS WHY WE DO WHAT WE DO.™

- Valley Manor Care Center • The Homestead at Montrose
- Horizons Health Care & Retirement Community • Senior CommUnity Meals
- Senior CommUnity Care PACE • Home Health of Western Colorado

MY FUNNY VALENTINE BENEFIT CONCERT FOR MAGIC CIRCLE THEATRE AT MONTROSE PAVILION FEB. 14

By Caitlin Switzer

MONTROSE—This Valentine's Day, say it with song! Share the love at the Magic Circle Theatre benefit Concert, "My Funny Valentine," at the Montrose Pavilion Events Center on Feb. 14, 2014.

"This is our first benefit concert," Magic Circle board member Sheryl Solow explained. "We are doing this to support our new addition and future projects."

The 54-year-old non-profit community theater is one of Montrose's crown jewels, a facility that has evolved over the years to accommodate a growing population and increasing interest in local entertainment.

"My Funny Valentine," which is being presented with the support of the Montrose Community Foundation and Magic Circle Players, kicks off at 6 p.m. with a V.I.P. reception, complete with champagne, delicious hors d'oeuvres prepared by Pine Cone Catering, and special Valentine's Day surprises. The curtain opens at 7:30

p.m.

"This will be a wonderful, entertaining show," Solow said, "presented by our actors, singers and musicians. And because it is a Valentine's Day event, everything will focus on love."

Attendees can skip dinner, she noted, as the hors d'oeuvres will be satisfying enough to replace a meal, and will be accompanied by cheese trays and desserts as well. Those who would like to have a professional picture taken during this memorable evening will be able to do so.

Tickets for "My Funny Valentine," which can be purchased at the Magic Circle Theater box office (420 South 12th St.) or at the Montrose Pavilion Events Center (1800 Pavilion Drive), are \$50 for V.I.P. passes, which include reserved seating, \$20 for general admission seats, and \$15 for students.

"I do think our prices are very reasonable, and this is going to be an exciting event,"



Candy and flowers are fine, but be sure to head to the Montrose Pavilion for the My Funny Valentine Benefit Concert on Feb. 14.

Solow said. "We have already sold a number of tickets."

MONTROSE COUNTY HISTORICAL SOCIETY TO HOLD THIRD ANNUAL PIONEER SOCIAL

Special to the Mirror

MONTROSE—Mark your calendars for Montrose County Historical Society's Third Annual "Pioneer Social, featuring "DeJulio family," Feb. 22 at the United Methodist Church, 19 South Park, Montrose. On Feb. 22, 2014, The Social program will begin at 2 pm. Donations will be taken at the door, and everyone is invited. Period attire is encouraged. For more information please call Sally at 970-249-2085.

After Knee Replacment Surgery, Karen Fox is Standing Strong

With her kid's families in Texas to visit and a demanding job that she loves, Karen has absolutely no time or patience for any physical infirmity that might slow her down.

Karen knows she made all the right decisions in choosing Montrose Memorial Hospital for her knee surgeries. Her best advice? Don't suffer needlessly and put things off when there is help and excellent care readily available so close to home.

Call Montrose Memorial Hospital today to learn more about the area's most innovative Joint Replacement Program at 970-252-2995.

MONTROSE
MEMORIAL HOSPITAL
800 South Third Street, Montrose, CO 81401
970-249-2211
MontroseHospital.com



BREAKFAST ALL DAY COFFEE ESPRESSO

OPEN

7 - 4
MONDAY THRU
FRIDAY
9 - 2 on
SATURDAY

try our tea

CHAI TEA
GREEN TEA
VANILLA RED TEA
EARL GRAY

MONTROSECOFFEESHOP.COM

The Nodded Haven

GIFT SHOP - VINYL RECORDS

(970) 275-3265

BREAKFAST & LUNCH

SHOP MONTROSE FOR THE NEW YEAR!



2014 SHOPPING GUIDE



AROUND THE CORNER ART GALLERY



Around the Corner Art Gallery is a Downtown destination for art lovers.

MONTROSE--Step into Bob and Pat Brown's Around the Corner Art Gallery, located at 447 East Main Street in Mont-

rose, and you will find yourself swept up into a world of vivid color, with exciting works of art in all mediums. The atmosphere is welcoming, and the Browns and their staff greet all who enter like old friends. This is a place where the spirit of creativity lives and breathes, and where people of all ages feel immediately at home. The emphasis is on local art, created by gifted local artists and artisans. From fine oil paintings and watercolors to inspired photography, to works in bronze and beautiful ceramics and even one-of-a-kind jewelry, there is something here for all price ranges, and all tastes. Those whose works are represented include revered Western Colorado talents, and rising stars. The Browns opened the Gallery five years ago, after the building in which it is located was tastefully remod-

eled by local entrepreneur Ralph Walchle, who still owns the space. Over the years, Around the Corner Art Gallery has become a community gathering place, with exciting shows and events that draw the community Downtown to appreciate the best that the local arts community has to offer. Visit the [web site](#) to browse the catalog of artists, and to find out about upcoming shows and receptions. Challenge yourself to appreciate something new, or cherish old favorites—it's up to you...this is your local gallery! Perhaps you will be inspired to take a class, and discover the artist within. Check out the latest courses [here](#). Around the Corner Gallery can be reached at 970-249-4243. Hours are from 10:30 a.m. to 5:30 p.m. Monday through Saturday, and from 11 to 4 on Sundays throughout the season.

TIFFANY, ETC.

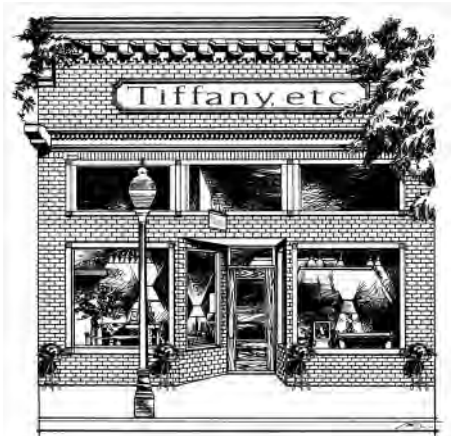
MONTROSE--Go ahead—find a little something for yourself when you stop by Tiffany Etc. in the New Year! Like the perfect bedroom set, or that gorgeous yet comfortable couch you have had your heart set on for months!

Tiffany Store Manager Lorna Santonastaso and Owner Glee Westcott shop throughout the year for the beautiful, useful, and high-quality items that make this Montrose boutique a regional shopping destination. Over the past 30 years, Tiffany owner Glee Westcott has established a reputation for superb customer service and an array of merchandise that evokes a holiday experience year-round. From special treats like the sought-after Poppa's Corn for the holiday season (Tiffany Etc. has been the main retail outlet for this locally-made product for 26 years), to home décor and accessories, candles of all shapes and

sizes, jewelry, unique apparel, artwork and even furniture, the store is a treasure chest packed with colorful, high-quality merchandise that captures the essence of Western Colorado.

"We have gift items for everyone, and we sell custom-design furniture, with fabric chosen by our clients or with interior design help from Lorna or me," Westcott said. "We have many different styles, from contemporary to lodge and Western-style to traditional. We also have accent pieces to complement any style."

Other fun, seasonal items include elk and deer "poop" candies, and a fabulous variety of stocking stuffers for all ages. Our email catalogue keeps our customer up to date on new merchandise and store events. It always pays to stop by Tiffany Etc. on Mix-n-Match Sundays for Glee's weekly special event. Tiffany Etc. is located at 439



Tiffany Etc.. Has been a year-round shopping destination for more than 30 years.

East Main Street in Montrose, and is open seven days a week. They can be reached at 970-249-7877.



SHOP MONTROSE FOR THE NEW YEAR!



2014 SHOPPING GUIDE



A+Y DESIGN GALLERY



MONTROSE--Yes, this is an art gallery, with exciting and vivid pieces by more than 20 local artists. It is also a place where you can relax, refresh and restore your soul over fresh coffee while shopping or just hanging out with friends. From the

new seating area, to the great selection of gifts in all price ranges, Adam and Yesenia Duncan's A+Y Gallery is your Downtown destination—and it's fine to bring the kids along! Sip a delicious affogato during the winter months (hot, fresh coffee infused with gelato), and admire Adam's astonishing custom furniture designs. Check out the Big Colorado Love items if you can—this straight-from-Telluride specialty line flies off the shelves almost as soon as it arrives.

"Everything here is hand-crafted, and we really believe in supporting local artists," Yesenia Duncan said.

"We also welcome small gatherings—just give us a call to schedule your next meeting here. And be sure to order our Gelato

sliders for your next holiday gathering or office party!"

The constantly evolving collection encompasses everything from small, exquisite jewelry items to large, breathtaking sculpture, so it's a breeze to find gifts to fit every taste and budget.

When you shop at A+Y Gallery, you are not only supporting a small family business in Montrose, and A+Y Gallery is also a drop-off point for donations to the American Red Cross typhoon relief effort. "By shopping small, you can make a big difference!" Yesenia Duncan said. A+Y Gallery is located at 513 East Main Street, and can be reached at 970-240-7914.

Hours are Monday through Saturday from 7 a.m. to 8 p.m.



Delta County Living

Your Online Guide for Activities,
Adventure, and Living In
Delta County, Colorado

www.deltacountyliving.com

deltacountyliving@gmail.com



ARTS AND CULTURE

MOLLIE O'BRIEN AND RICH MOORE TO RELEASE *LOVE RUNNER* JAN 21, 2014, PERFORM AT SHERBINO JAN. 23

Special to the Mirror

DENVER. — In *Love Runner*, their second studio recording as a duo, Mollie O'Brien and Rich Moore have mined the American songbook while adding three original tracks of their own. The result is a mix of contemporary folk, powerhouse gospel, funky dance music and everything in between — an amalgam of all the kinds of music that have defined the sounds coming from the American trajectory of music that's blossomed over the last 100 years. Americana in the truest sense.

Love Runner features three songs written by O'Brien and Moore: the rockin' title track, which is an unabashed invitation for some love in the car, the autobiographical swing-like "Went Back Home," and a powerhouse turn at the traditional gospel song "Don't Let The Devil Ride."

The duo has once again unearthed some hidden gems: Tom Paxton's newly written "Central Square" is a remembrance of first love; Robin and Linda Williams and Jerome Clark's "Green Summertime" is a gorgeous paean to a small-town world called home; Hal Cannon's "Just Go" places the listener squarely in the front seat next to a woman leaving a ruinous relationship in the dust. O'Brien and Moore also put their stamp on the inimitable Dave Van Ronk's "Sunday Street" and on Randy Newman's eerie "Suzanne" — both songs normally sung from a male point of view, but when given Mollie's gimlet-eyed take, become even more unique for their devil-may-care breeziness and swagger.

Produced by Lyons, Colorado-based arranger and bassist Eric Thorin, the basic tracks feature keyboardists Eric Moon and John Magnie, drummer Marc Dalio and steel guitarist Glenn Taylor. In short order over their three days in the studio, they recorded all 11 songs, then completed the arrangements with sawist Lesley Kernochan, fiddler Jessie Burns, trumpeter Gabe Mervine and O'Brien and Moore's daughters, Brigid and Lucy, on harmony

vocals.

Nashville songwriter Gretchen Peters says of the album: "It takes serious talent to play and sing this effortlessly; these two are the perfect vehicle for this eclectic set of songs."

Most of the songs have to do with the universal theme of home: leaving it and family behind, missing it, never wanting to go back, finding it in surprising places all over the world, and finally wondering what kind of home awaits us in the life after this one. O'Brien and Moore let us know via their choice of material that they are not afraid to take risks. It's almost as if they're telling us that at this stage in their lives, they are at home with their musical selves — they can do whatever they want and they don't care if the rest of the world agrees with them. It takes guts to make choices like this work, and they've succeeded.

About Mollie O'Brien & Rich Moore Grammy Award winner Mollie O'Brien became known to the rest of the world as a singer's singer when, in 1988, she and her brother Tim released the first of three critically acclaimed albums for Sugar Hill Records (*Take Me Back*, *Remember Me* and *Away Out on the Mountain*). Eventually, Mollie recorded five equally well-received solo albums (*Tell It True*, *Big Red Sun* and *Things I Gave Away* for Sugar Hill Records, and *I Never Move Too Soon* and *Everynight in the Week* for Resounding Records). Additionally, she was a regular on the nationally syndicated radio show *A Prairie Home Companion* from 2001 through 2005. She's long been known as a singer who doesn't recognize musical boundaries, and audiences love her fluid ability to make herself at home in any genre while never sacrificing the essence of the song she tackles. O'Brien has primarily focused her efforts on the fading art of interpretation and the end result is a singer at the very top of her game who is not afraid to take risks both vocally and in



Rich Moore and Mollie O'Brien will perform in Ridgway Jan. 23 at the Sherbino Theater. Courtesy image.

the material she chooses.

Husband Rich Moore has busied himself in the Colorado music scene for many years. While staying home with the kids when Mollie and Tim toured, he held a day job and continued to perform locally with a variety of Colorado favorites, including Pete Wernick and Celeste Krenz. Not only is Moore known to produce some of the funniest onstage running commentary, he's also a powerhouse guitar player who can keep up with O'Brien's twists and turns from blues to traditional folk to jazz to rock and roll. He creates a band with just his guitar and, as a result, theirs is an equal partnership.

The duo will be performing with their band at the Sherbino Theater in Ridgway on Thursday, January 23rd. The show will start at 7:30 pm, with the bar open by 6:30 pm. Seating is limited to 80 people and tickets are available in advance at Cimarron Coffee and Books in Ridgway or by calling the Sherbino at 970.318.0150 for just \$20 each. More information is also available at www.sherbinotheater.com or on facebook at facebook.com/sherbinotheater or by email at info@sherbinotheater.com.

ARTS AND CULTURE

WEEHAWKEN ANNOUNCES 2014 WINTER CLASS LINEUP

Special to the Mirror

OURAY COUNTY--Weehawken Creative Arts has announced their January/Winter 2014 line-up of classes for adults and children and the list is nothing short of diverse and exciting; especially for those who had goals of health and wellness on the agenda for 2014.

Weehawken has launched a series of "Adult Movement Classes" on a punch pass system. Adults can purchase a five or 10 punch card and gain entry into any of the punch-pass movement classes that start this week. Classes include: Pilates & Barre with Michelle Kodis (Mondays and Thursdays), Boot Camp with Mandy (Tuesdays), Barreworks with Emma Rainey (Tuesdays and Fridays), and Vinyassa Flow Yoga with Live Music with Emma Rainey (Saturdays).

In addition, Weehawken's youth dance,

tumbling, afterschool art in Ridgway and afterschool clay programs begin the week of Jan. 13th. Dance classes are available for ages three to adult in ballet, tap and jazz and the semester will end with a performance of "Alice in Wonderland" in April. Tumbling is available for teens and tweens and also for ages 6-9 in Ouray. Afterschool Art with Miss Ann (ages 5-7 & 8-11) and Afterschool Clay (ages 6-13) with Miss Ann are both available in Ridgway as well.

Weehawken is also introducing an all-new Fencing program on Jan. 14th in Ouray with John Kissingford. Classes are for: Young Fencers (ages 8-13), Introductory Fencing (ages 13 - Adult), and Experienced Fencers (ages 13-Adult). Best of all, the first class, on Jan. 14th is FREE!

Weehawken and Beth Paulson will be

offering a workshop: "Wordplay: Four Favorite Forms for Poems" for four weeks on Wednesdays in Ridgway.

This workshop will begin on Wednesday, Jan. 29th and will run through February 19th from 12:30 - 2:30 pm each week at Weehawken Ridgway. This workshop will look at where and when each form of poem originated and read the words of a few poets who have adapted them to writing about and for today's world, such as Pablo Neruda, Carolyn Forché, Harriette Mullen and Tony Barnstone. Then, each week students will explore their own creativity and word craft in poems, serious or humorous.

More information about any of the above options is available through Weehawken Creative Arts at www.weehawkenarts.org or by calling 970-318-0150 or on facebook at facebook.com/weehawkenarts.









Cara Fandel
Inspiration through Imaging

(formerly
Howling Wolf
Photography)

Portraits - Weddings - Special Events
Fine Art - Lifestyle - Marketing

970-234-3212
www.CaraFandel.com
CaraFandel@gmail.com

Over 25 years professional experience



21/40 Young Professionals'

Networking Social

Thursday, January 23rd, 2014
5:30- 7:30 PM

The Stone House- 1415 Hawk Parkway

The Stone House
Steaks • Seafood • Pasta

Please RSVP to 249-5000
or Montrose2140YP@gmail.com

No Cover Charge-Cash Bar & Free Yummy Appetizers

Bring a friend & lots of business cards!

You do not have to be a Montrose Chamber member to attend

MONTROSE
CHAMBER OF COMMERCE

MIRROR IMAGES

MONTROSE WINTER FARMERS MARKET



Above, left: Tony and Candi Amaya visit with Laurie Connor of Connor Orchards.



Above, right: Jan Wagner of Wag's World in Eckert talks to Lucas Zamoyski.

At right, Regina Sowell buys tomatoes from Jaycie Casebolt and Becky Rock of Sonset farms;

Below, some of the merchants from the Montrose Winter Farmers Market, which is located behind the Straw Hat Farm Store.



*PHOTOS BY
CARA FANDEL
PHOTOGRAPHY*



Hold the Date! Upcoming Business and Cultural Events

ONGOING-

First Friday Strolls Montrose Downtown —Monthly from 5:30 p.m.-8p.m. Artist Demonstrations, Free Wine Tastings, and in store promotional events!

Jan. 14—Hula Hoop Extravaganza, from 7 to 9 p.m. at In Motion Therapy, 611 East Star Court, Suite B, in Montrose. Enjoy refreshments and fun hooping instruction!

Jan. 15—Forum at Heidi's Brooklyn Deli, 8 to 9 a.m. Presenter is Renzo DelPiccolo of the Co Division of Wildlife. Coffee is \$1.

Jan. 15—Friends of the Montrose Recreation District Meeting, 6 p.m. at the Montrose Aquatic Center.

Jan. 16—Good Morning Montrose, Montrose Chamber of Commerce, 1519 East Main Street. 7:30 a.m. \$5 includes breakfast.

Jan. 17—Chicks with Picks 15-year Anniversary Celebration, Wright Opera House, Ouray. Benefit Auction 7 p.m. Concert at 9 p.m. \$10 admission. Call 970-623-2442 for information.

Jan. 17—Ridgway Moonwalk, 5 to 8 p.m. For more information on MoonWalks, go to www.ridgwaycreativedistrict.com or www.facebook.com/RidgwayMoonWalks.

Jan. 17—Newcomers Boot Stomp event, Turn of the Century Saloon. \$15. call Terri Leben at 970-901-6761.

Jan. 18—Three Graces Women's Event, Canyon Creek Bed & Breakfast, 820 East Main, "Releasing." 9 a.m. to 1 p.m. Call 970-249-2886 to register or for more information.

Jan. 18—Coat and Food Giveaway, 8:30 a.m. Crossroads Victory at 515 South Hillcrest Drive. Call 970-249-4319.

Jan. 18—[Fallen Miner Fundraiser](#), Cavallo's Restaurant, 630 Main Street, Ouray. Featuring music of Susan Walton, Kevin Humphreys and Mark Berensen. 6 to 9 p.m. Call 970-901-2120 for info.

Jan. 21—Volunteers of America presents, "Conversations about Dementia," led by Theresa Black of the Western Slope Alzheimers' Association, 10 at 2377 Robins Way in Montrose or 1:30 at 11465 Highway 65 Eckert. Call 970-275-1220 for information.

Jan. 21—Womens' Club of Ouray County Monthly Meeting—Ouray Community Center, 1 to 3 p.m. Guest speaker is Brenda Miller of Wildlife Rehab. The public is welcome to attend.

Jan. 21—Lunch and learn series kicks off at Region 10 Community Living Services. "It's Raining Now," from noon to 1 p.m. at the Region 10 Enterprise Center (300 N. Cascade). Bring your lunch and a friend, and gain an overview of the resources available in our area to those faced with difficult decisions related to disabilities and aging. For more information please call Claudette at 970-249-2436 ext. 201.

Jan. 22—Susan Walton to play at Camp Robber Café, 6 to 8 p.m. 1515 Ogden Road.

Jan. 23—Olathe Roots! Celebrate Olathe's community garden. 6 to 8 p.m. Olathe Community Center., 115 Main Street, Olathe. RSVP 970-249-0705.

Jan. 23—Montrose Chamber 21/40 Young Professionals event, 5:30 p.m. Stonehouse Restaurant.

Jan. 23-24—Friends of the Montrose Library Used Book Sale, Montrose Regional Library Meeting Room, 320 South Second Street. Call 970-249-9656 for information.

Jan. 23-24—Fourth Annual Western Slope Soil Health Conference, Bill Heddles Rec Center, 530 Gunnison River Drive in Delta. There is a \$20.00 pre-registration fee to attend the conference which will begin each day at 8:30 a.m., concluding at 4:30 p.m. Registration at the door will be \$30.00. Pre-Registration is required and can be completed by calling DCED at 970-874-4992 or via email to sarah@deltacountyed.org.

Jan. 25—A Night on Bourbon Street. 107th Annual Montrose Chamber Gala. 6 p.m. at the Montrose Pavilion. Call 970-249-5000 for information and reservations.

Jan. 27—Chicks with Picks 15-Year Anniversary Benefit for Ouray Ice Park, 7 p.m. Ouray Community Center. Slide Show "Women Who Dare" at 8:30 p.m. Call 970-623-2442 for information.

Jan. 30—Free Maximize Your Membership brown bag lunch. Montrose Chamber 1519 Main Street, Noon.

Feb. 1-2—Second Annual Black Canyon Hunt & Outdoor Expo, Montrose County Fairgrounds Exhibit Hall at 1001 North 2nd Street. Saturday hours are 9 a.m.-5 p.m., and Sunday hours are 8 a.m.-Noon. Admission is free For more info call 970-249-0787.

Feb. 1—Montrose Winter Farmers Market, inside behind Straw Hat Farm Market Store at 514 South First St., 10 a.m. to 1 p.m.

Feb. 1—Partners Super Bowl! Valley Lanes in Delta. Registration forms are available from both Partners offices in Delta and Montrose, Valley Lanes in Delta, Rose Bowl in Montrose, and online at www.partners-west.org.

Feb. 5—Montrose Historical Society General Meeting. Featured is speaker Keith Lucy of Delta: Western Colorado and the Civil War. Montrose County Fairgrounds, 7 p.m.

Feb. 5-8—Montrose Memorial Hospital Early Blood Draws, 6:30 to 9:30 a.m. at the Montrose Pavilion. For appointments call 1-888-592-6255 from Jan. 21-23.

Feb. 7—Volunteers of America presents Valley Manor Care Center Annual Giving Event, 6 to 9 p.m. RSVP 970-249-9634.

Feb. 9—Susan Walton to play at Powderhorn Ski Resort's Sunset Grill, 3 to 6 p.m. With Kevin Humphreys, Jeff Sauer.

Feb. 14—Magic Circle Players present "My Funny Valentine" benefit concert at Montrose Pavilion Events Center. V.I.P. Reception 6 p.m., curtain opens at 7:30 p.m. Purchase tickets at the Magic Circle Theater box office (420 South 12th St.) or at the Montrose Pavilion Events Center (1800 Pavilion Drive). \$50 for V.I.P. passes, which include reserved seating, \$20 for general admission seats, and \$15 for students.

Together, We Can Make A Real Difference.

Are you interested in making a difference in the lives of others while building your network of friends, strengthening your leadership skills and implementing new ideas?

Share your gifts and talents and become part of meaningful change for an older adult.

Volunteering is based on your schedule, so the time you spend is effective and enjoyable.

Contact one of our care centers or programs below to begin your journey.



Horizons Health Care & Retirement	(970) 835-3113
Valley Manor Care Center	(970) 249-9634
The Homestead at Montrose	(970) 252-9359
Home Health of Western Colorado	(970) 240-0139
Senior Community Care PACE Montrose	(970) 252-0522
Senior Community Care PACE Eckert	(970) 835-8500
Senior Community Care Meals	(970) 835-8028



**Volunteers
of America®**

THIS IS WHY WE DO WHAT WE DO.™

Contact the Montrose Mirror:

Post Office Box 3244

Montrose, CO 81402

970-275-5791

Email Us: Editor@montrosemirror.com

www.montrosemirror.com

At right, the cool cats hang out at Chow Down Pet Supplies...see Liesl's story on page 6! Photo by Clay Greathouse.

below, Grandma Becky Rock, Son Jason Casebolt and daughter Jaycie Casebolt of Sonset Farms show off their locally grown, hydroponic tomatoes at the Montrose Indoor Farmers Market Jan. 4. Photo by Cara Fandel Photography.



**HELPING COLORADANS
AFFORD HEALTH INSURANCE.**

DO YOU NEED INSURANCE?

Guides are available to assist you in finding a plan that fits your needs and your budget.

Contact: Lynn Carretta or Alicia Plantz

1519 E Main Street, Montrose (inside the Chamber building)

970-252-0660

 CERTIFIED by
CONNECT for HEALTH
COLORADO™

ConnectforHealthCO.com

 **Volunteers
of America®**
www.voahealthservices.org