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THE MONTROSE MIRROR

Your Source for Local Business News and Information

Issue No. 79 March 5, 2014

The SPRING FEVER Issue

"LOVE YOUR AUDIENCE, DO YOUR HOMEWORK, BE YOURSELF"

Special to the Mirror

MONTROSE--The mood was relaxed and friendly, like a conversation among old friends—which is exactly what it was. When Montrose Insurance Broker Howard Davidson was asked to facilitate the discussion with keynote speaker Myron "Mike" Ullman at Friday's annual meeting of the Montrose Economic Development Corporation (MEDC) Feb. 21 at the Holiday Inn Express, Davidson wasn't overwhelmed, despite Ullman's stature as a global business leader.

Sure, Ullman has played a leading role in the success of five major global enterprises, and recently returned to restore the economic health of ailing retail giant J.C. Penney, a job he had retired from in 2012 after serving since 2004. A past chair of both the National Retail Federation and Macy's, Ullman's extensive list of accomplishments also includes being named a White House Fellow by President Ronald Reagan in 1981, current service as head of the Federal Reserve Bank of Dallas, and a seat on the board of the Starbucks

Continued on page 6



MEDC President and CEO Sandy Head introduced keynote speaker Myron "Mike" Ullman Feb. 21.

ROAD FOOD RODEO TO RIDE INTO MONTROSE?



The Oscar Meyer Wiener Mobile shines in the sun during a 2011 visit to Delta. A local committee hopes to bring the big hot dog to town in 2015. Mirror file photo.

By Caitlin Switzer

MONTROSE--She never likes to complain. So when Jody Holland of Affordable Inns thought about what it would take to bring thousands of hotel guests to Montrose, she also thought about how to have fun while doing it. As a hotel owner, Holland knows the importance of offering visitors something to do. As a mom of three, she knows the importance of events that include people of all ages and interests. So Holland and an informal group of local business owners have banded together to bring a food truck convention to Montrose in the summer of 2015.

"Food is about comfort, and it can be a very creative thing," Holland said. "Other communities have done this on a smaller scale. The idea will be to have a weekend event, with contests and entertainment. We have the ability to transform Montrose into something unique and wonderful—but first of all, we need everyone to see that this is a project for our whole community."

Committee volunteer Amy Harmsen has agreed to

Continued on page 2

in this issue	What the OBT Spent on ads	MEDC Annual Meeting!	A Few Good Men...with Jared Bolhuis!	Museum of the Mt. West...by Lies!	St. Pat's Dance Party Benefit!
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REGION 10 DRAWS BIG TURNOUT FOR FACEBOOK CLASS



Special to the Mirror
MONTROSE—On Feb. 19, Region 10 had a one-hour Facebook class in the conference room, on how to better use Facebook in your business. Lauren Bell from Networks Unlimited was the presenter. The class was full, with about 30 attendees, and Region 10 has started a waiting list for the next class. Photo by Cara Fandel Photography.

To learn more about opportunities available through Region 10, visit them online at www.region10.net, or call 970-249-2436.

CITY EXTENDS EARLY BIRD DISCOUNT AT THE BLACK CANYON GOLF COURSE

Special to the Mirror
MONTROSE--The Black Canyon Golf Course is under new ownership with the City of Montrose. Save hundreds of dollars by buying annual passes early. "Early Bird" discounts on annual passes have been extended to Thursday, March 13, 2014.

Golfers of any skill level will appreciate the design and challenge of this unique public course. Voted "Best Golf Course in

the Valley" for 2013 by readers of the *Montrose Daily Press*, the Black Canyon Golf Course offers a par 34 front 9 that is a "park style", tree-lined course with a pond water feature, while the back 9 "links style" par 36 course features smaller brush, deeper bunkers, and longer fairways. Pro Shop services, public tee times, and other daily golf opportunities will be available as of March 15th. Annual passes and/or punch passes are available

for purchase at City Hall located at 433 South First Street in downtown Montrose. Early Bird Discounts will only be available until Thursday, March 13th.

For all rates and more information, visit www.CityofMontrose.org/golf.

For information about the City of Montrose, visit www.cityofmontrose.org or call (970) 240-1400. Follow the City of Montrose on Facebook and Twitter ([montrosegov](https://www.facebook.com/montrosegov)).

ROAD FOOD RODEO RIDES INTO MONTROSE FROM PAGE 1

see about bringing the Oscar Meyer Wiener mobile to town once a date has been chosen for the event, and is working to find event sponsors. Musician and event planner Yvonne Meek is looking into possibilities for a stage and entertainment.

Holland believes that with enough community involvement, the Food Truck Convention could become a signature event for Montrose.

"I hope that the group of food truck enthusiasts can create a great momentum for an event featuring some of the most adventurous mobile chefs in the west," said Montrose DDA Director Wade Nichols, who is familiar with events of this nature. "Whether we call it a food truck rodeo or festival, there could be something new for our taste buds, presented in a new format. And that might even inspire some chefs to

make Montrose a regular stop.

"The grass roots are hungry for great food!"

The group will hold regular meetings to iron out details and generate community support.

Volunteers are welcome to attend the next scheduled gathering at Affordable Inns (1480 South Townsend), on March 19 at noon.

THE MONTROSE MIRROR
 MONTROSE

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REGIONAL NEWS BRIEFS

ST. PATRICKS' DAY DANCE PARTY TO BENEFIT SAN JUAN CANCER CENTER CARING FRIENDS FUND



A scene from a recent dance party. The next will be March 14, to benefit the San Juan Cancer Center Caring Friends Fund. Courtesy photo.

Special to the Mirror

MONTROSE—Two-step your troubles away and kick up your boot heels at Turn of the Century Saloon (121 NW Fourth Street) on March 14...and at the same time, help cancer patients and their families across the West Central Region.

The St. Patrick's Day Dance, one in a series of dances created to help Montrose newcomers connect with others in the community, is also a benefit for the San Juan Cancer Center Caring Friends Fund.

Terri Leben, owner of Welcome Montrose and partner in Western Business Alliance of Colorado, has been organizing a series of Honkey Tonk Boot Stomp dances at Turn of the Century.

The Dance scheduled for March 14 will be the last in the series, and Leben hopes for a strong turnout, to benefit a cause that is close to her heart—the Caring Friends

Fund.

"Cancer takes not only an emotional toll on a family, but also a financial one," Leben said.

"Beyond the medical expenses, there is the cost of travel for treatment and if you don't live in Montrose, lodging is also a cost.

"This is where the Caring Friends Fund steps in," she said. "They provide debit cards for gas and lodging and many other needs that patients and their caregivers need help with."

The St. Patrick's Day Dance Party is \$20 per person, and runs from 6:30 to 10 p.m. There will be appetizers and a cash bar, and music by one of Montrose's most popular, longtime acts, the Anders Brothers.

For reservations or to learn more, contact Terri Leben at 970-901-6761, or terri@welcomemontrose.com.

WESTERN COLORADO INTERPRETIVE ASSOCIATION HONORED WITH HART AWARD

Special to the Mirror

REGIONAL--The 2014 Stephen H. Hart Award has been given to Western Colorado Interpretive Association, Anthony & Associates, and the Bureau of Land Management for Preservation and Restoration of the Hanging Flume. Every year History Colorado recognizes and celebrates the archaeology and historic preservation achievements of their partners across the state.

Holding fast to the cliffs high above the San Miguel River, the Hanging Flume is much more than a marvel of engineering. It is a statement driven in stone – a monument to an era of innovation and "can-do" attitude in the 1880s. The Flume, an open water chute, was used to transfer 80 million gallons of water per 24-hour period from the San Miguel River through 10 miles of wooden flume and earthen ditch to the northern most Brancroft Claim for placer mining, located just four miles downriver from the confluence of the San Miguel and the Delores River.

Western Colorado Interpretive Associa-

tion and a team of experts with the support of the BLM Montrose Field Office proceeded with plans to reconstruct 48 feet of the historic Hanging Flume located across from Y11 Road (known as the River Road) on the San Miguel River in Montrose County. The project came about during initial investigation of the Flume in October of 2004 by Ron Anthony of Anthony and Associates and Robert Silman Associates P.C., Engineers with funds from a State Historic Grant.

Teams of experts for over a decade have been trying to find the answer to "how did they do that?" Through the support of private funders, J.M. Kaplan Fund and the John Hendricks Family Foundation, funding was made available. Lead by Ron Anthony, of Anthony and Associates, wood specialist and Vertical Access, an industrial rigging company out of Ithaca, New York, the project got under way in the spring of 2012. The project was completed in five days using local day workers to assist the Team of experts. A short video "Flume Fever" was produced showing the



The Hanging Flume is one of the "100 Most Endangered Sites in the World." Courtesy photo.

entire process. For more information, visit www.HangingFlume.org

Today the Flume is listed on the National Register of Historic Places and is the longest historic structure in the State of Colorado and the most intact flume left in North America to interpret. In 2006 the Montrose Placer Mining Company Hanging Flume was listed by the Worlds Monument Fund as one of the "100 Most Endangered Sites in the World."



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REGIONAL NEWS BRIEFS

RIDGWAY TEAM ATTENDS SONORAN INSTITUTE ECONOMIC PROSPERITY WORKSHOP



Landscape Architect Ned Bosworth and Chamber of Commerce Director Gale Ingram of Ridgway, above, were among those who attended the Sonoran Institute's three-day economic prosperity workshop in Glenwood Springs in January. Courtesy photo.

Special to the Mirror
GLENWOOD SPRINGS— Community

leaders from around Colorado's Western Slope recently returned from Glenwood Springs after an intensive three-day economic prosperity workshop called the Community Builders Leadership Institute, hosted by the Sonoran Institute.

"It's inspiring to see what can happen when you put community leaders together in a room, and just give them time to think and talk," said Jillian Sutherland of the Sonoran Institute, which hosted the event. "Everyone in attendance left with a high level of excitement about going back and sharing what they learned, and putting specific actions to work for the economic development of their community."

Fostering community, planning for a new economy, and creating lasting prosperity were among the key themes of the weekend, which invited leaders from Montrose,

Dillon, Eagle, Gypsum, Delta, Ridgway, and Gunnison County, to the Hotel Denver in Glenwood Springs for intensive sessions of thought, discussion, presentations and collaboration. Each team had a different set of goals coming into the workshop. The town of Eagle, for example, sought to identify its economic role in greater Eagle County, while at the same time preparing its codes and zoning to encourage in-town development. Teams had ample time to engage in long-form discussion in-between presentations from thought-leaders in the fields of urban planning and development. For more information about the CBLI, please visit communitybuilders.net/leadershipinstitute or contact Jillian Sutherland, Project Manager, at 970-384-4364 extension 4002 or at jsutherland@sonoraninstitute.org.

FRIENDS OF REC CENTER HOST INFORMATION MEETINGS

Special to the Mirror

MONTROSE--For community members wanting to learn more about Measure B, the Friends of the Montrose Community Recreation Center are holding informational meetings featuring a quick presentation about the plan, the sales tax, how the \$25 million rec center will be financed, and Q&A session. "We want people to come and ask the questions that they have so they can make an informed decision," said Jason Ullmann of the "Friends of The Montrose Community Recreation Center" group. All meetings are at the Library Meeting Room unless noted.:-

- Wed March 5th 6pm-7 pm
- Thurs March 6 Noon-1 pm
- Mon March 10th Noon-1 pm
- Tues March 11 6 pm-7 pm (Centennial Room off Centennial Plaza)
- Tues 18th Noon-1 pm
- Wed March 19 6 pm-7pm.

REC CENTER AND NEW TAX OPPONENTS HAVE FLYERS TO DISTRIBUTE

Special to the Mirror

MONTROSE--Montrose Citizens concerned about the high sales and mill levy taxes, distribute informational flyers to educate the voting public. Referring to themselves as the "Stop the Wreck" group, these citizens are referring to not only a recreation district sales tax increase, but also overall tax increases in the city of Montrose and Montrose County. Montrose County currently has the highest mill levy

of its surrounding counties. If the Recreation district request to increase sales tax to 7.95% is passed, the city of Montrose will also have one of the highest sales taxes. Add to this that Montrose County tax on food is 4.75%, and the "stop the wreck" group is very concerned about the future of business in Montrose.

"We're not a group of angry citizens with pitchforks" stated Marcia Bailey, we just have grown to love this community and

don't want to continue to see businesses closing. "We know a new aquatic center could be built without raising the sales tax, the community just can't afford the extensive recreation center that the recreation district board wants at this time."

"Vote no to increase Montrose sales tax" flyers are being distributed to private homes and businesses alike. To receive a flyer, call or e-mail Curt Robinson. For information, go to www.stopthewreck.com.

The Sixth Annual Montrose County School District Art show opens Monday, April 21 and continues through Friday, May 2. Thanks to Region 10 League for Economic Assistance for again hosting the show at the Enterprise Center, 300 N. Third in Montrose. The show may be viewed daily from 9 a.m. to 5 p.m. Artwork representing students in grades kindergarten through 12th grade will be featured.

“LOVE YOUR AUDIENCE, DO YOUR HOMEWORK, BE YOURSELF” from page 1

Corporation. His non-profit work includes chairing Mercy Ships International and serving as a director of F.I.R.S.T., an international charity that sponsors high school robotics competitions.

However, Ullman also happens to reside in Montrose, and has known Davidson both here and in international circles since the mid 1980's. He responded to the first question—“with a truly global career, how in the heck do you end up with a house in Montrose?”—with a very direct response.

“There is no better place, in my opinion, to be,” Ullman said.

So committed has Ullman been to this community that he spent nine years commuting back and forth between Dallas and Montrose at one point in his career.

“We have the sunshine, the quality of life, and the people,” he said. “It is our pleasure to be here.”

Davidson's questions ranged from professional to personal, allowing listeners to view Ullman as a human being as well as a business leader.

When asked about his service with the Federal Reserve, Ullman took the opportunity not only to address specifics, but to share insights about the economy as a whole.

“The Federal Reserve was started 100 years ago, to manage the money supply and encourage employment,” Ullman said. “There are nine directors for each district, and we are responsible for 700 banks. We supervise and audit.”

The world economy has become so interconnected that the financial world is increasingly complex, he noted.

“The way to build the economy is with private business,” Ullman said. “You don't do it with government programs.

“I don't speak for the Fed,” he said. “I speak to the Fed. Directors have no authority other than over banks, but we do give our opinion on what is going on in the economy based on our area of expertise.”

And because the economy of Texas is based largely on agriculture and technology, “We created more jobs in the Dallas Fed than in any of the other 11 districts last year.”

The retail sector is not so strong, however, and Ullman addressed the struggles of the middle class, the market that J.C. Penney was created to serve, as he spoke about the challenges that face traditional department stores.

“There are 120 million families in America,” Ullman said, “And J.C. Penney has sold something to half of them. Kohl's,



The room was packed—and attentive—for Penney's CEO Mike Ullman's presentation at the Holiday Inn Express on Feb. 21.

our major competitor, sold something to the other half. The mid-quartile is the most depressed portion of the population; wages have not gone up, and hours of work are down.

“There will be fewer department stores in America in future,” he said. “That's a reality.”

When asked if the currently touted economic recovery is real or false, Ullman also offered a simple answer.

“If the GDP were to increase by 3/10 of one percent, there would be no Federal deficit,” he said. “Growing the economy is a much stronger strategy than trying to hold down debt.

“I am not sure we are in a good place,” he summarized, “but we are not in a bad place.”

One impact of the recession was an increased emphasis on efficiency by business, he noted, which has resulted in the loss of some jobs.

“Retail took a big hit,” he said, citing not only the Internet in general but mega-retailer Amazon.com specifically. “Two-thirds of retail spending in the United States is with Samsung, Apple and Amazon.

“Nobody is running around nude in America,” he said. “They don't need clothes, they don't need more sportswear from Penney's. They do need a cell phone...spending has shifted. Employment has been different for a while now, and our education system is not re-tooling fast enough.”

On the other hand, he observed, Starbucks Corporation responded to the recession by re-inventing itself on the fly.

“Starbucks had a huge problem during the recession,” Ullman said. “People suddenly didn't want to afford an expensive cup of coffee. So the company invested in social media and in the Internet. Today, people can pay with their phones, and never even get their wallets out.”

A video advertisement created by Starbucks for an entirely online audience for just \$150,000 became the most-viewed ad in America several weeks ago, he noted, eclipsing the reach of even the far more expensive Super Bowl advertisements.

Ullman also noted that Montrose has the first Starbucks to be opened West of the Rockies, and spoke of the plans he and his wife of more than 40 years, Cathy, have to eventually build a couples retreat center in Montrose.

And of course, he talked about J.C. Penney—a retailer that had a presence in and an impact on Montrose long before the current store opened in River Landing six years ago. “Wealthy merchant of Salt Lake City” Mr. James Cash Penney himself opened a dry goods store in Montrose in 1912, according to Montrose Historian Dona Freeman in her book “100 Years Montrose Colorado 1882-1982.”

“Mr. Penney had a great idea, and we follow the same principles today,” Ullman said, and noted that the 112-year-old retail giant's recent struggles were the result of “a specific idea that didn't work.” And

MEDC HONORS LOCAL LEADERS, LOOKS TO THE FUTURE



Above left, MEDC Treasurer Colleen Burke addresses membership at the annual luncheon Feb. 21. At right, Richard Harding was in attendance, but no fracas ensued.

By Caitlin Switzer

MONTROSE—2014 marks the 57th year that the Montrose Economic Development Corporation (MEDC) has been working to promote the regional economy, making it the “senior citizen” among local economic development groups. On Friday, Feb. 21, however, the venerable non-profit showed itself to be light on its feet and focused on the future.

Following the annual report of Treasurer Colleen Burke and before the presentation of keynote speaker Myron “Mike” Ullman, MEDC President and Executive Director Sandy Head stepped up to the podium, thanked her tireless assistant Patricia Cummings, and offered a definition of the term “economic development” as presented by her iPhone.

“We rely on our phones for so many

things these days,” she noted, before reading the definition: “Economic development is sustained, concerted action, taken by communities, to sustain a standard of living and economic health.”

Head then launched into an account of the steps MEDC has taken over the past year to achieve exactly that goal, and the importance of primary jobs that can support a worker and a family. She noted that MEDC is now 99 percent privately funded, and has ten active projects in the works. MEDC works with businesses of all sizes, from small retailers and startups to large corporations. Head noted that though this year’s exploration of the feasibility of bringing Blue Star Recyclers VERN project to Montrose did not result in bringing the Vocational Electronic Recycling here, it did highlight existing recy-

cling opportunities and the local companies engaged in such efforts.

Head took time to honor the memory of regional broadband pioneer Jason Cook, who was lost in a plane crash last November at the age of 36. Cook, who launched One track Communications with his wife Lillian in 2004, was a major force in the expansion of infrastructure and service throughout this region and statewide, and in building collaboration among entities. His work on MEDC’s Local Technology Planning Team was one of many reasons MEDC chose to honor his memory—and his wife Lillian—with a special award.

“Whenever there was a need, Jason took care of it,” Head said. “He was a valued member of our team, and very patient. Everyone respected Jason, and he had the gift for bringing private providers to the table.

“He made a huge mark on our community in the short time he was here,” Head said. The 2014 MEDC Economic Development Corporate Investment and Community Partnership Award was presented to Jim Neimann of Neimann Enterprises, Inc., owners and operators of the Montrose Forest Products sawmill.

“Montrose Forest Products has an economic impact of \$15 million per year,” Head said. Neimann Enterprises came in at a time of all high time unemployment, and they are continually investing millions. They are a community partner, and contribute lumber for Habitat homes.”

The sawmill also provides 320 local jobs, she noted.

“LOVE YOUR AUDIENCE, DO YOUR HOMEWORK, BE YOURSELF” from page 4

though Ullman acknowledged enjoying his all-too-brief 15-month retirement experience, he said that he did not hesitate when asked to return.

“In 2008, Penney’s was the most admired retailer in the U.S.,” he said. “By 2012, it had become the most hated corporation in America.

“I am responsible for 116,000 families eating tonight,” said Ullman, who summarized his own philosophy as taking work seriously, but not taking himself too seriously.

“So many people had been fired, Cathy and I just couldn’t stand it,” he said. “I really had no choice; if you had a chance to save something, wouldn’t you try?”

When I left the company, we had \$2.7 billion in cash reserves. When I returned, they had two days’ worth of cash.”

The good news now is that “the 30 things that are wrong can all be fixed,” he said.

“We are 80 percent finished with the fixing,” he said.

“Our associates are charged up—they have been through, basically, hell. Now they can see that going to work is lots of fun.”

Those who attended the MEDC event—held for the first time in recent memory over the lunch hour—found it both entertaining and informative.

“They kept it short and sweet, and made some fantastic points,” noted Region 10

Small Business Resource Center Director Vince Fandel.

“The buzz in the room was so positive. Wouldn’t it be nice if this was the first step toward true community collaboration?”

“I appreciated that they were able to emphasize the positive aspects of Montrose moving forward, while maintaining a real sense of local identity,” Region 10 Executive Director Michelle Haynes said.

Ullman, whose low-key presence kept the audience captivated throughout the conversation, offered succinct advice on public speaking that also serves as a recipe for strong leadership.

“Love your audience, do your homework, be yourself.”

REGIONAL NEWS BRIEFS

WBA PRESENTS GROWING YOUR BUSINESS WITHOUT CHAOS OR MAYHEM

Special to the Mirror


MONTROSE--Are you an owner or manager of a small business that is growing or you want it to grow? If so, you will benefit from **Growing Your Business Without Chaos and Mayhem!**, to be held on Wednesday, March 12, 2014 in Montrose Co. Join the Western Business Alliance of Colorado, its members and guests to learn how to best manage the chaos in your busi-

ness.

The event will feature Sue Hansen of Sue Hansen Speaks as the key presenter. Starting a business may be easier than you think, but running and keeping up with a growing business can be overwhelming. If you want to grow your business without driving yourself crazy, this is a must hear. Sue is a certified Growth Curve Specialist, helping small business understand the

challenges that a business owner will undoubtedly face as they grow their business. The Event will be held at the Bridges Golf Resort from 5:30pm -7:30pm. Cost is \$30 per participant, which includes a light lunch. Cash bar is available. WBA leader level members will be free.

Contact terri@wbacolorado.com for more information. Register online at wbacolorado.com.



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A FEW GOOD MEN, WITH JARED BOLHUIS



Jared Bolhuis, a seven-year Marine Corps Infantry Squad Leader, plays Lance Corporal Dawson in Magic Circle Theatre's production of "A Few Good Men." Photo by Clay Greathouse.

By Liesl Greathouse

MONTROSE--For those interested in a great play with a deep meaning, starting on March 7 the Magic Circle Players will be performing the Broadway hit, *A Few Good Men*, directed by Keith Distel.

According to the Magic Circle Theatre, the play is about 'the trial of two Marines for complicity in the death of a fellow Marine at Guantanamo Bay. The Navy lawyer, a callow young man more interested in softball games than the case, expects a plea bargain and a cover-up of what really happened. Prodded by a female member of his defense team, the lawyer eventually makes a valiant effort to defend his clients and, in so doing, puts the military mentality and the Marine code of honor on trial.

One of the stars of the play is Jared Bolhuis, who plays Lance Corporal Dawson, one of the Marines on trial. "This is my first time in a play," Bolhuis explained. "The play is an incredible telling of the story of two Marines who, by following orders, end up on trial for murder, and how during the course of that trial interesting things develop."

A friend of Bolhuis, who is also an actor in the play, called him when they were looking for someone to play Dawson, the last part they needed to cast. "I came to the audition, had a great time, was cast for the part, and have been having fun ever since," Bolhuis said. "It was a welcome surprise."

While this is his first time on stage, this is

not Bolhuis' first time wearing the Marine uniform. For seven years he was in the Marine Core Infantry, as a squad leader. "It was an easy transition, as it was what I lived and breathed for so long," he said. "Talking about it, I get nostalgic. Wearing the uniform and presenting myself as a Marine renews my sense of pride in being a Marine. I'm thankful to the Theatre for that."

Bolhuis' experience also contributes to how he acts out scenes with the Naval Officer in the play. "As a Marine I worked with Navy Officers, and I never really got along with one in particular, so I go back to those confrontations to help me act out the scenes," he explained.

In the future, Bolhuis would love to do more plays, but is a bit nervous at the prospect. "This role seems to have been cast specifically for me, so it was easy to find the person within me," he said. "But if I am another character, I'm not sure if I can become that character. But I would love to stay on stage and work with the Magic Circle Theatre. We will have to see how it goes."

Aside from acting in the play, Bolhuis has enjoyed making new friends. "It has been a wonderful experience," he said. "I have met people who have been in theater since they were little, and others who came in for their first play like me."

At the end of the play, Bolhuis hopes that there will not be many dry eyes in the audience. "The show is very dramatic," he explained. "While the play is set in the 1980's, the code, discipline, etc. of Marines have not changed to this day. I hope we can convey the heartbreak of a Marine being discharged, and for people to see how much pride is in the uniform and how devastating it is to have it taken away."

Bolhuis suggests that anyone who is interested in the Magic Circle Players contact them and get involved. "Give it a shot," he said.

"I never thought that I would act on stage, but I am having the time of my life." For more information and to get tickets, call 970-249-7838 or visit the Magic Circle Theatre at 420 South 12th Street in Montrose.

**GOT NEWS? SEND YOUR NEWS RELEASES OR PHOTOS TO
[EDITOR@MONTROSEMIRROR.COM!](mailto:EDITOR@MONTROSEMIRROR.COM)**

What's New at the Museum of the Mountain West

By Liesl Greathouse

MONTROSE--One popular destination in Montrose is the Museum of the Mountain West (MMW). There is always something going on at the museum, whether it is buildings being renovated, artifacts being collected or tours being given. But for a full update, you will have to talk with museum director Richard Fike.

Richard Fike founded the MMW in 1997. He is a retired historical archaeologist and began collecting western memorabilia when he was four years old. He had his first museum in his parent's guest room at the age of eight. "The MMW is an inspiration, of what had begun at age eight, coming to fruition," he said.

All museum tours are guided by docents so that your experience is enjoyable and educational, helping visitors experience what it was like to live in western Colorado in the 1880's to the 1940's. "The big main building was built in 1997, with our first exhibit created in 2000," Fike said. "We now have 25 buildings outside, plus outhouses, and over 500,000 original relics, artifacts, and items of historical significance."

In 2011, the Museum received an Honorable Mention as one of *True West Magazine's* Museums of the Year, which has helped draw in more visitors. "We keep growing by leaps and bounds," Fike said. "We have had visitors from 26 countries and 46 states. We earned the Honorable Mention because of two things: authenticity and open exhibits with tour guides."

A big event to look forward to this year is the Museum's main fundraiser, the Fifth Annual Tribute to Western Movies Day, on Sept. 27 at the MMW grounds. This year, it is featuring the 40+ movies filmed in Colorado from 1927-2013. While not all the movies will be shown, posters and movie theater lobby cards will be on display, in addition to the other museum exhibits. Attendees will be able to enjoy live

music, gun fights, kids' activities, crafts, food and much more. Admission is only \$10 for the entire day for adults, \$5 for school age children and \$25 for an immediate family.

In addition to looking for food vendors for the event, Fike is looking for some 'special guests'. "We are looking for people who were somehow involved with the filming of Westerns in Colorado, whether on set, as extras, etc." Fike explained.

As to the day-to-day operations, there have been some recent additions to the Museum that include an original photo of Sitting Bull, swords, a bottle of hail oil found in the room where Doc Holliday died, and a saddle of Butch Cassidy's.

With new artifacts arriving weekly, the Museum is constantly fixing up buildings and featuring new exhibits. "We have three new exhibits near completion," Fike said. "We are working on creating a land office/law office at the back of the hotel, so we are looking for maps, law books and legal documents for display."

People can help the museum grow by donating artifacts to be used in exhibits. Some of the artifacts currently needed include railroad items for an upcoming exhibit, including 'trucks' to be used on actual railroad cars, and a windmill that would be used to enhance the grounds.

The MMW is designated as a non-profit 501(c)(3) by the IRS, so all donations are tax deductible.

People are always welcome to help with building projects and day-to-day operations, whether as a sponsor or as a volunteer. "Sponsorships are available for buildings, where in addition to helping fix it up, people can have their name put on a house, log cabin, etc.," Fike explained. "We are also looking for people with skills and time to volunteer as tour guides, carpenters and many other things."

As for Fike, he will not stop helping with the Museum anytime soon, nor will he



Rich Fike, above, has been obsessed with history and with collecting Western artifacts since age four. Photo by Clay Greathouse.

stop collecting. "It has been in my blood since I was four years old and I can't leave it alone," he said. "I want to make the museum bigger and better, and leave it for the public when I am gone. Every day is a treat and every day is an adventure."

The Museum of the Mountain West is located two miles east of Montrose on U.S. 50 at Miami Road and is open 8:30 a.m.-4:30 p.m., Monday-Saturday. For more information, call 970-240-3400.



Just in thyme for spring ...

The Mirror

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REGIONAL NEWS BRIEFS

IAWC PRESENTS PROGRAM ON NORTH BANCH OF OLD SPANISH TRAIL

Special to the Mirror

DELTA—Jon Horn of Alpine Archaeology Consultants will present new information on the North Branch of the Old Spanish Trail at 6 p.m. on March 20 at Heddles Rec Center (530 Gunnison River Drive) in Delta. Open to the Public, Interpretive Association of Western Colorado presents a Free Lecture Series: “The Old Spanish Trail” in conjunction with their Annual Meeting at Bill Heddles Recreation Center. Alpine conducted research on and searched for evidence of the Old Spanish Trail in Colorado and Utah as part of the Bureau of Land Management’s National Historic Trails Project. As a result of this project, they documented 69 miles of the route in Colorado and 204 miles in Utah. This lecture will focus on the evidence Alpine found in western Colorado and eastern Utah. It will provide information about the focus of their fieldwork efforts, what they identified on the ground, how later travel has altered the original trail or left portions intact, and discoveries they have made since the project was concluded.

Chris Miller of IAWC says, “The North Branch of the Old Spanish Trail runs

through Montrose, Delta and Mesa County and that Colorado is the only State that has two branches and possibly three of trails crossing its boundaries. The North Branch of the Old Spanish Trail is part of the Old Spanish National Historic Trail 1829-1848. The North Branch was basically a trade route: Early explorers, trappers and traders used it to trade and exploit the native Ute tribes of Colorado who saw the area as their hunting grounds.

Originally taken by Spanish and Mexican traders from Santa Fe and Taos (New Mexico) through San Luis Valley, west over the Divide to the Gunnison River, passing by the original Fort Uncompahgre, the first trading post in western Colorado, then north to the Colorado River and on to the Uintah Basin. The Old Spanish Trail Recognition Act was passed unanimously by Congress in 2002, making the trail the 15th to be recognized nationally.

Miller says, “We are excited to work with Jon Horn to bring this updated information on this great local resource to the public as part of our annual Meeting & Educational program”.

Jon Horn is a local historian and archae-

ologist with over 30 years of experience working in all of the western states except Nevada. He is one of the founders of Alpine Archaeological Consultants in Montrose. He says, “I have had a long-term interest in the history and archaeology of Colorado and Utah and have been fortunate to be able to have worked on a large number of overland trails in addition to the Old Spanish Trail.”

Miller says, “The unique historic resources we have in western Colorado are wonderful, and the professional archaeological expertise Jon Horn and Alpine Archaeological Consultants provides is a wonderful opportunity to share with the public.”

IAWC is a non-profit organization located in western Colorado. IAWC has been providing Educational Interpretation and Preservation of Resources on Our Public Lands Since 1988.

IAWC is a not for profit partner with the Forest Service and Bureau of Land Management. Please contact Chris Miller, Executive Director of IAWC at [970-874-6695](tel:970-874-6695) for more information. Doors open @ 5:30 PM

Contact Chris Miller @640-7076.

HOPEWEST TO OFFER WEEKLY SUPPORT GROUPS IN MONTROSE

Special to the Mirror

MONTROSE--HopeWest offers two weekly grief support groups in Montrose. Mending Hearts groups are open to any adult who has experienced the loss of a loved one.

Mending Hearts is a free community service of HopeWest. The groups are ongoing, so participants are welcome to join at any time and pre-registration is not required.

Starting March 10th, Montrose’s Mending Hearts groups will meet:

Every Monday, 1 pm – 2:30 pm
HopeWest (Bosom Buddies Room)
645 S. 5th St.

Every Tuesday, 5:30pm – 7:00pm (10 week group)
HopeWest (Bosom Buddies Room)
645 S. 5th St.

For more information, please contact the HopeWest Office at 240-7734.

ST. PATRICK’S DAY DANCE PARTY AT TURN OF THE CENTURY MARCH 14...COME AND KICK UP YOUR HEELS TO BENEFIT THE SAN JUAN CANCER CENTER, CARING FRIENDS FUND! 6:30 TO 10 P.M., \$20 PER PERSON INCLUDES GREAT MUSIC BY ANDERS BROTHERS, APPETIZERS AND FUN!

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Presented by Sue Hansen of

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Sue Hansen has been professionally speaking and consulting with businesses for 16 years. Besides tackling the ownership of 4 businesses spanning 22 years, with 2 having actually been successful, Sue has spent years in sales, marketing and operations with the health care industry, including pharmaceutical sales, hospital marketing, and business ownership. Sue works with small businesses to understand and anticipate the challenges that will undoubtedly jeopardize their success. As a Certified Growth Curve Specialist-Sue can lead owners and their leadership teams through the common pitfalls that will thwart progress and stunt growth.

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Home Study Copy Writing Course Among OBT Expenditures for 2013

By Caitlin Switzer

MONTROSE—It all happened so fast. The Montrose Office of Business and Tourism (OBT) was formed in 2013, shortly after the City of Montrose chose to seize the Retail Enhancement (\$230,000) and Tourism Promotion funds (\$400,000) formerly administered by Montrose ACT (which was created by combining the Montrose Area Merchants Association, Chamber of Commerce, and VCB through a City initiative in 2010) in January of 2013.

Heading the OBT—and overseeing all tourism promotion and retail enhancement expenditures since that time—is Assistant City Manager Rob Joseph, a former masters level intern from the Department of Local Affairs (DOLA) who, according to his resume, had no prior professional municipal experience and whose resume lists only two paid positions since 2004 (the year he interned for a U.S. Senator in Delaware)—a brief stint as a humanities instructor with Front Range Community College in August of 2011, and as an online instructor with Santa Fe Community College beginning in 2006.

Despite an apparent lack of management or government experience, Joseph, who arrived in Montrose in January of 2012, was reassigned to the position of Assistant to the City Manager in May of that year. In January of 2013, after just seven months on the job, Joseph, whose resume does list a book-in-progress on developing something called “Charismagnetism” and extensive multilevel marketing experience, was promoted over a pool of more than 71 applicants to the position of Assistant City Manager, at a salary of \$80,000 per year.

In our last issue, we reviewed the more than \$100,000 worth of expenditures from the two public funds that were used to remodel space in the Elks Civic Building as a Downtown Visitor Center in 2013.

For this issue, the Montrose Mirror reviewed more than 300 pages of expenditures obtained through Public Information Request as well as information about the process by which Joseph was hired to learn how the City has spent the retail enhancement and tourism promotion funds since that time. Here, we look at how much the OBT, which has yet to create and hold a successful event, spent to advertise Montrose between January of 2013 and January of 2014: for advertising in the Colorado State Visitor Guide and other services offered through Miles Media Group, LLC of Colorado and Florida, the OBT spent \$37,481; With Texas Monthly

publisher Emmis Publishing the OBT spent \$9,503; with a company called Internet Honey the OBT spent \$6,453; with AAA Colorado Inc. the OBT spent \$5,842; with the Montrose Daily Press, the OBT spent \$4,867; with Cherry Creek Radio the OBT spent \$2,502; with MBC Grand Radio of Grand Junction the OBT spent \$2,490; and with The Slope (Watch Newspapers) the OBT spent \$1,665. Tiger Oak Publications (Colorado Meetings & Events Magazine) was paid \$1,755, while Gray Television Group of Atlanta received \$891 and Telluride’s Brown Mountain Broadcast received \$175. Banners and miscellaneous flags from Megapixel Digital Imaging ran to roughly \$4167 while miscellaneous promotional materials from Montrose Embroidery cost \$2,909 and from Marco Meeting cost \$1,474; Ad design by Kane DeZign cost \$2,190; web design by Icon Enterprises cost \$2,500.

Other miscellaneous advertising-related expenses include **\$421 with American Writers & Artists (AWAI), a company that sells home-study courses for professionals hoping to change careers by learning direct response copywriting (including the popular Michael Master-son course “The Accelerated Program for Six-Figure Copywriting”);** \$504 to Black Canyon Jet Center; \$425 to the Western Business Alliance, a local business and membership organization; \$400 to High Noon Productions for a license to use a Black Canyon video; \$400 to David Nunn for an online Visitor Guide; \$350 with the Alliance for Innovation; \$250 with the Colorado Association of Destination Marketers; \$49.90 to something called Fam News.

The Mirror asked for an explanation of the expenditure of community funds on a home-study copywriting course, an expense which had not been discussed in a public forum. The explanation is as follows:

“It looks like we are trying a different way of handling travel writing whereby we train locals to write travel stories about their personal experiences in the Montrose area for publication in state and nationwide magazines and publications,” City Manager Bill Bell said. “This is a new way of handling travel writing, as opposed to the traditional method of wining and dining travel writers when they come to town, although we will still give localized guidance to writers as they come to town in the future.” Assistant City Manager Rob Joseph, who made the purchase, offered this explanation for the expenditure:



Asst. City Manager Rob Joseph presents at the Heidi’s Forum last year. Mirror File Photo by Cara Fandel Photography.

“My thought is that we will run workshops to teach our citizens how to put their passion, excitement, experience and love for the area on paper. The plan is simple - they will write of their recreational and lifestyle experiences and we will use those stories to attract visitors by posting them on the Visit Montrose website, on marketing e-mails we send, in the newly-redesigned visitor guide, etc. Once they have been published by us, they can then reach out to publishers of travel magazines (which we will supply) across the country and sell their articles. Now it gets exciting -- Montrose gets to have this ongoing free advertising exposure in multiple travel publications and our citizens make money.

“The same story can now potentially recirculate dozens of times and if we do it the way I’ve envisioned, this becomes the lion’s share of our advertising!” Joseph said.

“The benefits for us are large,” Joseph claimed. “We get to write (and/or train others to do so) travel articles from our region in highly descriptive and compelling ways using the exact techniques that professional FAM trip writers use except with one difference: we can write in an experiential and passionate way they cannot. We then use those articles to inform our redesigned visitor guide - these are stories that sell and result in higher conversion rates by interested readers - and other marketing collateral.

“I have enrolled OBT in this program because it teaches regular people how to write travel stories,” he said. “I believe that no one can sell anything unless he has personally experienced it. We have many locals who love recreating in Montrose and area, but they don’t know how to put their experiences into words - and especially words that evoke the senses and sell.

“This is my belief,” Joseph said. “No travel writer can ever write a local travel article as well as a trained local can.”

OPINION/EDITORIAL

SOME THOUGHTS ON A ROMAN HOLIDAY...IN MONTROSE!

By J. Morgan Nelson, Montrose Mirror Publisher

In 1953, there was a popular Hollywood movie called *Roman Holiday*—co-written by one of Western Colorado's own authors, Dalton Trumbo, whose relatives once owned a Montrose motel. *Roman Holiday* featured a 24-hour spree that ensued when a princess (Audrey Hepburn) met a reporter (Gregory Peck) and threw caution and her official duties to the winds.

Here in Montrose, I am reminded of that cinematic spree when I consider what has been happening at City Hall for the past year.

It has been thirteen months since the City of Montrose took control of the community's Retail Sales Enhancement and the Tourism Promotion Funds, funds which together amounted to nearly \$700,000. To mollify criticism at the time, city leadership brought interested citizens together through a facilitated meeting in March of 2013—a meeting I attended on behalf of my former business, NowMontrose.

Leadership at that meeting stressed that they were going to move slowly with expenditures for the first year, take into account citizen interest, and then develop a plan to promote Montrose and support the community's retail and lodging establishments.

Ahh, I thought, a plan, perhaps with goals and benchmarks for measurement?

Anyone familiar with public or private companies and institutions understands the

value of strategic planning; as a retired career educator, I certainly support and encourage thoughtful planning before spending large amounts of taxpayer money.

I then looked to see what I could find out about this vision for promoting and supporting Montrose. The starting place was City Council minutes for 2012, where the only substantive mention of a plan that I could find was during a council meeting in the spring.

However, I could find no recorded comments or attachments. It was only when I did a site search that a document surfaced that had been presented in an April 16, 2013 work session. The "Plan" consists of 14 pages, but lacks specific priorities, statements of citizen concern, vision and mission statements, core values, and priorities linked to strategic results and outcomes.

Taking my own thought process a step farther, I searched next on the Montrose City web site. Nothing is posted under strategic planning—what shows up in a search is Montrose County's Strategic Plan. It is interesting that the City went out of its way to hold a public meeting with several hundred citizens in attendance, and form specific sub groups, and yet did not undertake the next logical step to produce a strategic plan. The OBT document that was produced was lacking in quality, and presented as a "draft" at a Council work session in April 2013.



Audrey Hepburn and Gregory Peck throw caution and official duties to the winds. Public domain photo.

One fact has been proven over and over again through the years in local government is that without proper planning and engaged citizen involvement, government will wander and experiment with poor results.

Thus far the results produced from the movement of the Retail Sales Enhancement and the Tourism Promotion Funds from the Montrose ACT into the City coffers have been less than stellar. Moving forward without proper leadership, coupled with accountability, and strong citizen involvement the chances for improvement here in Montrose appear to be grim.

It's a *Roman Holiday*, but Gregory Peck and Audrey Hepburn are nowhere to be seen.

Don't we deserve better?

ARTICLE ON WHAT THE NEW O.B.T. VISITOR CENTER COST IS UNFAIR

Dear Editor:

I congratulate the Mirror on its research of 300 pages of Montrose City expenditures but am concerned about the veiled conclusions. While I respect the current city administration, I am certainly not always in agreement. Zombies prowling Main Street last year without adequate consideration of business owners is just one example of my criticism of the city as well as the DDA since it was a joint venture. The OBT Visitor Center cost article seemed unfair. I hardly consider the costs thus far a "huge spending spree" as the article quoted one beleaguered business owner and comments

from those related to Montrose Act from whom the funding was pulled are hardly unbiased. Besides, 300 pages of disclosure seems like pretty good transparency to me. The OBT team, including a newly hired outstanding event planner, presents a new energy and innovative thinking that just might help our ailing economy. There is no single remedy to solve these distressing economic realities any more than there was a single cause of the current calamity. My crystal ball is still malfunctioning so I cannot foresee the final accounting but I am impressed with the new and exciting possibilities of thinking that goes way be-

yond the physical Visitor Center. I understand that there are many new improvements and innovative efforts in the offing for the future as well. Continued divisiveness is clearly not the answer. I suggest that business owners and concerned citizens meet with OBT leaders and make positive suggestions rather than throwing bricks when our entire economic building appears in jeopardy. You can find fault or find solutions. It is your choice as residents of this great region.

John W. Nelson
Montrose

A SOUTH SIDE SUNRISE...SUNRISE MOUNTAIN COFFEE OPENS AT THE BOARDWALK



In another life, Scott Petty managed a chain of restaurants in Florida. Today, he has his own place—Sunrise Mountain Coffee in Montrose.

By Caitlin Switzer

MONTROSE—Scott Petty knows what hungry folks like to eat, and how to serve delicious comfort food and some of the tastiest coffee West of Fort Lauderdale. Now, he just needs you to know that he is open for business.

A 30-year veteran of the food service industry, Scott and his wife decided last year that it was time to find a new community, and a new life.

“We wanted out of Florida,” said Petty, who owns and operates the fantastic new Sunrise Mountain Coffee Shop (17656 Hwy 550 South) at the Boardwalk Shops. “So we flew out here last March, and we fell in love.”

The couple has four grown children, one of whom will be working in the Coffee Shop, Petty said.

“I have been open for a month,” he said.



“I have a friend who roasts coffee for me, and though I have looked at other brands I can never find one I like quite as much. This coffee is just so great—I had some-one come in just yesterday looking for some more of our Christmas roast, Jingle Beans.

“We went to AppleFest in Cedaredge last year,” he said, “and I sold 35 pots of coffee! It was amazing. I was slammed! It got so crazy, I had to break out my second coffee machine just to keep up.”

Petty said his unique blends also created a stir at the Winter Fest in Thornton last year, and that he hopes to sell at the Farmers Markets in both Delta and Montrose this summer.

It’s not just about the java, however. Sunrise Mountain Coffee also sells books and

movies, and of course there is the food.

“I do a pulled-pork sandwich, and a fresh, slow-beef sandwich every day,” he said. “I also have a mountaintop sub, with ham, salami, lettuce and tomato.

“The big thing is just letting everyone know I am here,” he said.

“I will be doing some catering too, and I love festivals.”

Sunrise Mountain Coffee, open from 6 a.m. to 3 p.m. Tuesday through Saturday, has games for a lazy afternoon and offers proximity to great antique shopping in season.

“Our lunches have been very good, and we are doing lots of orders to go,” Petty said. “People love the unique atmosphere of antiques and coffee, and we love Montrose.”

The League of Women Voters of Montrose County, serving Montrose and Delta counties, will host a City Ballot Issues Forum on Thursday, March 6, from 7-8:30 pm in the new City Council offices (Old Elks Building).

Pros and cons of the three issues will be presented, and a question and answer period will follow.

MIRROR IMAGES...OUT AND ABOUT!



Above, Brad Wood and Bobbie Sheldon take time to look over an All Points Transit map in Downtown Montrose. At right, Brian Taylor casts a long shadow as he serenades the public on the steps of the Montrose Post Office on Friday, Feb. 21.



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REGIONAL NEWS BRIEFS

DMEA Board Applicants for Candidacy to Collect Signatures in April

Special to the Mirror

REGIONAL--As an electric cooperative, Delta-Montrose Electric Association (DMEA) is owned by the members it serves. It is governed by a nine-member board of directors who represent the membership. Each year, there is an election to determine the representative from three of the nine board districts. In 2014, seats are up for election are: District #7 including Cedaredge, Eckert, and Orchard City, District #6, including much of Delta and the surrounding area and the North Region

including all service territory North of the Delta-Montrose county line. Most members residing in these districts (excepting DMEA employees and their families and a few other exceptions) are eligible to become candidates to run for election this year.

There are no filing fees. 15 member signatures supporting candidacy must be received no later than April 28th to qualify a candidate for the ballot.

2014 board candidate key dates:

• Monday, March 31, 2014 Candidate peti-

tion packets available.

• Monday, April 28, 2014 Petition deadline (15 member signatures) & candidate profile information deadline.

• Monday, May 19, 2014 Ballots, candidates' backgrounds, and other materials mailed to DMEA members.

• Thursday, June 11, 2014 Deadline voted ballots to be received by mail.

• Friday, June 12, 2014 DMEA annual meeting. An announcement of the election results comes at the end of the annual meeting.

COALITION FOR A DRUG-FREE MONTROSE PRESENTS DANGERS OF HEROIN

Special to the Mirror

MONTROSE--The Coalition for a Drug Free Montrose, in partnership with Safe Kids America, is proud to present the first quarterly community education night of 2014, "The New Dangers of Heroin," on Thursday, March 6, 7:00 – 8:30 PM in the Centennial Room at Montrose City Hall. The speaker for this community education night is Mesa County Sheriff Deputy Chad Williams. Deputy Williams is a national speaker for Safe Kids America on topic of

emerging drugs and their effects on our community and our young people. Deputy Williams has presented a series of drug awareness classes to several thousand parents and teens across Mesa County and Colorado.

"The New Dangers of Heroin" will be the first of four community education nights presented this year by the Coalition for a Drug Free Montrose County and Safe Kids America, in an effort to inform the public on the emerging trends and dangers of

substance abuse in our community. If you have questions about the content of the presentation, please contact Deputy Williams at [970-986-1187](tel:970-986-1187).

The quarterly community education nights are sponsored in part by the Montrose Community Foundation, as well as Alpine Bank, Montrose Bank, Wells Fargo, Altrusa of Montrose and the Montrose Rotary Club. For additional information about the event please contact the Partners Mentoring Office at [970-249-1116](tel:970-249-1116).

MEDICARE 101 AND MORE SET FOR DELTA MARCH 15

Special to the Mirror

DELTA — A free "Medicare 101 And More" program is scheduled on Saturday, March 15, from 10 a.m. to 12 noon, at the Bill Hedges Recreation Center meeting room, 530 Gunnison River Dr., Delta. Due to road construction, entry to the location is via Palmer Ave., one block west and parallel to Delta's Main St./U.S. Highway 50. Watch for signs in downtown Delta. This program, titled "Are You New To Medicare?" will be hosted by trained Medicare counselors, who will help those attending understand more about Medicare and the available benefits. This program is presented by the Retired Senior Volunteer Program-Colorado West, Inc. (RSVP), and the State Health Insurance Assistance Program (SHIP). For more information, contact RSVP Colorado West at [970-249-9639](tel:970-249-9639).

JOIN MONTROSE RECYCLES!

Special to the Mirror

MONTROSE--Montrose Recycles, a citizen recycling advocacy and education group, will meet Thursday, March 6, at 4:30 p.m. in the Centennial Room in downtown Montrose. People interested in recycling are invited to attend to share their ideas for improving and expanding recycling opportunities in the Montrose area. For more information, call Karen at [\(970\) 596-3909](tel:970-596-3909).



REGIONAL NEWS BRIEFS

LOCAL SCHOLARSHIPS AVAILABLE

Special to the Mirror

Bosom Buddies Scholarships

Applications for the *Bosom Buddies Scholarships* are currently available to upcoming graduates of high schools in Montrose, Ouray and San Miguel Counties. Applicants must meet the following eligibility requirements: have a parent/guardian diagnosed with breast cancer; have a minimum of a 2.0 high school GPA; and be accepted to an institution of higher education: either a 2-year or a 4-year program from a college, university, vocational, community

college or accredited on-line program.

Applications are available at the guidance office of the eligible high schools. Applications must be postmarked by April 15, 2014 and mailed to Bosom Buddies c/o Scholarship Committee, PO Box 1263, Montrose, CO 811402. Questions about the scholarship may be directed to the guidance offices of eligible high schools. **Cindy Watson Foundation Scholarship** Applications are now available for the annual *Cindy Watson Foundation Scholarship*. The intent of the scholarship is to

recognize individuals who demonstrate accountability, contribute to their own goals, and plan to continue their involvement in their community after college graduation. Seniors who will graduate in 2014 from Montrose, Olathe, Ouray, Ridgeway, Norwood, Delta or Central High Schools and who plan to attend a four year accredited college or university in Colorado are eligible to apply for the scholarship.

Applications are available at the guidance offices of the eligible high schools. Deadline date is April 25th or earlier as determined by each individual high school.

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RE-1J Preschool Registration

Special to the Mirror

MONTROSE--The Montrose County RE-1J Early Childhood Centers will have their registration for the 2014-2015 school year on March 10, 11, 17, 18, 20 and 21, 2014 at the Family Service Center, 900 Colorado Avenue, Unit #4, Montrose (north of the Bus Barn). Registration will be by APPOINTMENT ONLY! Please call 970-249-5858 Monday-Friday, 8 am-3:30 pm to schedule your appointment. DO NOT bring your children. Transportation services are not available. All children must be three or four years of age on or before Sept. 15, 2014: March 10 & 11- Spanish speaking families ; March 17, 18, 20 and 21- English speaking families or families with a translator.

Please bring: Birth Certificate or a physician signed hospital record; Child's Up-to-Date Immunization Records; 2013 Income Tax Return or an employer's statement for the Head Start child's parent(s)/ legal guardian(s). Documentation proving TANF, Child Support, Alimony, Military Compensation, Disability or SSI if applicable; Medicaid card/CHP+ or Private insurance card. If you do not have all of the above documents you will not be able to register at this time.



REGIONAL NEWS BRIEFS

New Director of Clinical Health Services Joins The Homestead at Montrose



Lisa Culver-Barrientos. Courtesy photo.

Special to the Mirror

MONTROSE— Volunteers of America, The Homestead at Montrose Assisted Living Community is pleased to announce the appointment of Lisa Culver-Barrientos,

RN as the new Director of Clinical Health Services.

The Homestead is a 50-unit private apartment, senior living community, which provides its residents with as much independence as desired with the knowledge that personal care and support services are available if and when they need them.

A resident of Montrose, Culver-Barrientos is a recent graduate of Colorado Mesa University with a bachelor of science in nursing, Summa Cum Laude and is also a member of Sigma Theta Tau, the nursing honor society. She entered the university program as a licensed nurse practitioner (LPN), which she practiced under for seven years. She was previously employed at The Homestead as the nurse manager.

"I love geriatric nursing," Culver-Barrientos said. "I learn so much from older adults. They have so much knowledge and many experiences to share. I actually feel very confident caring for an older generation."

The Director of Clinical Health Services will supervise approximately twenty certified nursing assistants (CNAs) who work various shifts providing 24-hour personal care services at the community. "All of our

caregivers are CNAs and all are also trained and certified in medication administration. I am truly looking forward to working with such well-trained and qualified team members."

"We are fortunate to have Lisa return to us," said Denise Swanson, Executive Director. "It was very clear that her expertise and background would inspire a strong team. She is very compassionate and has high expectations of her staff. She is a hands on nurse and leads by setting a positive example."

Culver-Barrientos plans on studying for her master's degree in the near future and said she would ultimately like to teach. She is a strong proponent for others advancing their education in the field of nursing.

The Homestead at Montrose is a Volunteers of America community. Founded in 1896, Volunteers of America is a national, nonprofit, faith-based organization dedicated to helping those in need live healthy, safe and productive lives. Through hundreds of human service programs, including housing and health care, Volunteers of America touches the lives of more than 2 million people each year.

Cara Fandel

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ROTARY STUDENTS OF THE WEEK

Special to the Mirror

MONTROSE--Ty Cary was honored as a Rotary Student of the Week. Ty was joined by his parents Janet and Jim Cary. Pictured L to R: Tim Kavanagh (presenting Rotarian), Janet (mother), Ty, and Jim (father).



Special to the Mirror

MONTROSE--Joshua Robertson was honored as a Rotary Student of the Week. Joshua was joined by his parents Jim and Susan Robertson. Pictured L to R: Casey Wareham (presenting Rotarian), Joshua, Susan (mother), and Jim (father).



Images Courtesy Montrose Rotary

Special to the Mirror

MONTROSE--The Montrose Rotary Club honored Lauren Livermore at the Rotary Student of the Week. Joining Lauren were her parents, Karen and Clint. Picture L to R: Colleen Burke (Rotarian), Lauren, Karen (mother), and Clint (father).



REGIONAL NEWS BRIEFS

LOCAL MOUNTAINEER WINS ELLINGWOOD AWARD



PHOTO--Previous Ellingwood Award winner Jean Aschenbrenner (R) presents Charlie Winger (L) with the award for 2013. Winger received a certificate and a gold ice axe pin. Courtesy Image.

Special to the Mirror

MONTROSE--The Colorado Mountain Club announced the 2013 recipient of its prestigious Ellingwood Award for mountaineering excellence, recognizing Montrose resident Charlie Winger for his accomplishments as a climber over the past thirty-eight years as well as his outstanding role as a volunteer instructor.

The award is named for Albert R. Ellingwood, one of the pioneering mountaineers in Colorado and Wyoming of the early 20th century. It is given to the recipient for reflecting the club's climbing ethics, demonstrating and teaching strong climb-

ing skills, and pushing the boundaries of climbing accomplishments in Colorado and around the world.

When informed of the award, Winger said, "I'm truly humbled. I actually had goose bumps when I got the news."

Winger has an impressive resume of climbs under his belt — or in his case, under his climbing boots. Here in Colorado, he not only climbed all the "Fourteeners" (peaks of 14,000 feet elevation and higher), but went on to summit the 200 highest mountains in our state. He is fond of lists of peaks, and has climbed each of the highpoints of the 50 states; the highpoints of every county in Colorado, Utah, Arizona, and Nevada; over 100 peaks in Death Valley; a list of 99 desert peaks identified by the Desert Peak section of the Sierra Club; over 100 peaks in the Sierras of California; and the list goes on.

Outside of the U.S., Winger has climbed in other parts of North America (Canada and Mexico), South America, Europe, Asia, Africa, and Australia. Well-known peaks he has completed include the Matterhorn (Switzerland), Aconcagua (Argentina), Mt. Elbrus (Russia), and Kili-manjaro (Tanzania). In addition to mountain climbing, Winger enjoys rock climbing and ice climbing, especially at the Ouray Ice Park.

Winger is a "Lifetime" member of the

Colorado Mountain Club, joining the organization in 1976. He has served as a volunteer instructor for most of the courses offered by the club, including rock climbing, technical ice climbing, basic mountaineering, winter camping, high-altitude mountaineering, telemark skiing, and first aid.

Hundreds of club members have been taught and inspired by Winger to go beyond their perceived limitations. A number of his former students have gone on to become notable mountaineers themselves, crediting Winger for getting them excited and prepared for their climbing goals.

At age 76, Winger keeps up a level of activity that many would envy. He ice climbs 20 to 30 days during the winter season. In 2013, he climbed fifty-two peaks, went on rock climbing trips for fourteen days, enjoyed a six-day trek along the Pacific Crest Trail in California, cross-country skied, snowshoed, and volunteered with the Ouray Trail Group doing trail work.

Charlie Winger is an author of three outdoor recreational guidebooks (co-authored with his wife, Diane Winger).

He has also written an autobiography, *Two Shadows* - the inspirational story of one man's triumph over adversity, which describes many of his mountaineering adventures.



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MIRROR IMAGES-FIRST FRIDAY STROLL DOWNTOWN!



Babs Schmerler tastes samples from Great Harvest Bread Company co-owner Kelly Hartman's table at Canyon Gallery.



Artist Fran LeBlanc (center) shows her acrylic work to musicians Bill Wilson and Karen Mercer, who were the performers Friday evening at A&Y gallery.



Glee Westcott, owner of Tiffany Etc., makes change for shopper Carol Pyle.



Above, Around the Corner Art Gallery drew a strong turnout as always.

Left, Sisters and Montrose High School students Marina (left) and Jackie Brown sell a \$5 raffle ticket to Bonnie Martindale for the quilt on display at Tiffany Etc.



*First Friday Stroll Photos by
Cara Fandel Photography
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| 2:30-2:45pm | Nutrition and Wound Healing |
| 2:45-3:15pm | Symptom Management |
| 3:15-3:30pm | Allergies (Seasonal) |
| 3:30-3:45pm | Home Care Services |
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MONTROSE COUNTY NEWS AND INFORMATION

MONTROSE COUNTY SHERIFF'S OFFICE PURCHASES ROBOT FOR DEPUTY AND COMMUNITY SAFETY

Special to the Mirror

MONTROSE-- Following last year's deputy shooting incident in Maher, Montrose County Sheriff Rick Dunlap identified a need to prioritize safety. Sheriff Dunlap, Undersheriff Adam Murdie and Sergeant Ben Halsey have upgraded technology at the Sheriff's Office (SO) and purchased a robot.

"This is a tremendous asset to the Sheriff's Office," said Sheriff Dunlap. "Not only does it offer another level of protection for our deputies and the community, but it can be used to communicate with suspects in stand-off or hostage situations, record on-scene incidents with both video and audio and traverse tough areas."

The robot is similar to the one used in

Maher last March that was borrowed from Mesa County. The purpose of the robot is to provide room and building clearing capabilities. In Maher, the robot was sent in to assess the situation inside the residence before deploying the SO Special Response Team and other forces.

The robot is equipped with 360 degrees of camera angles, lights, microphones, infrared cameras and remote operation. Sergeant Halsey, as part of the SO Special Response Team, is the chief operator and has been testing the robot's capabilities over rugged terrain, obstacles and more. The robot system is also equipped with a remote monitor for command post operations.



Robot photo courtesy MCSO.

Montrose Chamber of Commerce Presents: What's Up in Western Colorado- A CLUB 20 Update

Do policies regarding Agriculture, Business Affairs, Energy, Education & Workforce Development, Telecommunications, Transportation, Public Lands and Natural Resources, Water and Healthcare affect your ability to live, work and prosper in Western Colorado? If you answered YES to any of the above- this presentation is for you!

CLUB 20 is a non partisan coalition with individual, business, & local government members from 22 counties on the Western Slope working together to develop policies that positively promote Western Colorado.

At this presentation, learn about:

- * CLUB 20 Advocacy Efforts
- * How you can keep on top of issues critical to the Western Slope
- * How you can add your voice in shaping the future

Join Us For Breakfast!!



MONTROSE
CHAMBER OF COMMERCE

Tuesday, March 11th- 8:00 AM
The Bridges Golf & Country Club
2500 Bridges Drive, Montrose

\$12 Chamber Members / \$15 Non- Members
(Includes Breakfast)

Please RSVP to 249-5000

or information@MontroseChamber.com

REGIONAL NEWS BRIEFS

CASCADE AVENUE CLOSED PERMANENTLY BETWEEN SOUTH THIRD, NORTH ALLEY

Special to the Mirror

MONTROSE--Cascade Avenue between South 3rd Street and the alley to the north will be closed permanently beginning March 3rd as the City of Montrose, Montrose County, and Colorado Mesa University (CMU) construct a campus pedestrian plaza, which will provide pedestrian access between CMU buildings. Construction features include new sidewalks, landscaping, lighting, and CMU signage. The project is anticipated to last four months. The pedestrian plaza will not be accessible

to vehicular traffic. The presence of a university is an economic driver for any local economy. CMU's campus expansion exemplifies its commitment to provide quality education in Montrose for generations.

City officials supported CMU's efforts to expand its presence in Montrose by vacating one-half block of Cascade Avenue rights-of-way for construction of a new campus pedestrian plaza. Improvements will allow pedestrians to safely pass between the primary campus building and administrative offices. While the majority

of project funding comes from CMU, the City of Montrose and Montrose County Public Works Departments have collaborated to provide in-kind labor and materials assistance. Construction will begin on March 3rd and is anticipated to end in mid-July.

While vehicular travel routes through the area may need to be modified, the inconvenience to commuters will be minimal, and the pedestrian plaza creates a unique gathering spot for CMU students and Montrose citizens.

Grand Junction, Colorado Welcomes the 2014 Golf Season

Special to the Mirror

GRAND JUNCTION – The [Grand Junction Visitor & Convention Bureau](#) (GJVCB) announced that the 2014 Grand Junction golf season is officially open as of February 21, 2014. Five public courses are ready to accept tee time reservations.

"It is unique for a city to offer spring skiing, golfing and Colorado Wine Country in the same weekend," said Mistalynn Meyeraan, marketing and public relations coordinator for the Grand Junction Visitor & Convention Bureau. "High on the Grand Mesa, Powderhorn Mountain Resort's ski season runs through March 31, but the golf season is in full swing down in the Grand Valley now through due to the temperate climate in Grand Junction, Colorado."

Playing golf in Grand Junction is a getaway worth seeking. Green fairways are set against the back drop of towering red rock cliffs of the Colorado National Monument. With a variety of courses, there is a something for every skillset.

"The course has come out of the winter in amazing shape," said C.J. Rhyne, general manager for The Golf Club at Redlands Mesa. "The grass is green, the greens are still smooth and the course is ready for play this year. We are expecting an outstanding year and have many value added benefits for our customers." Grand Junction offers golfers access to five stunning public courses.

[Adobe Creek National Golf Course](#) – This course is conveniently located near I-70, between Grand Junction and Fruita. With the Colorado National Monument and McInnis Canyons as its backdrop, Adobe Creek features three beautiful

nines (the Mesa 9, the Desert 9, and the Monument 9). The 27-hole, links-style course is perfect for groups of all sizes and abilities.

[Chipeta Golf Course](#) – This 18-hole executive course features breathtaking views of the Bookcliffs, Grand Mesa and Colorado National Monument and is only five miles from Downtown Grand Junction. From novice to expert Chipeta is a great course for the entire group.

[The Golf Club at Redlands Mesa](#) – Among its numerous national awards, this 18-hole Jim Engh designed course features dramatic elevation changes, 11 elevated tees, 41 bunkers, unique holes shaping and a championship layout, all with stunning views of the Colorado National Monument giving players a pure golf experience.

[Lincoln Park Golf Course](#) – This nine-hole course is located in the center of Grand Junction. Lincoln Park offers easy-to-walk, tree lined fairways, subtle befuddling greens and a 10-acre driving range. It is home to the Rocky Mountain Open, the longest running open golf tournament in Colorado.

[Tiara Rado Golf Course](#) – A municipal course is a scenic, 18-hole course with grandeur vistas that was recently renovated, making it a treasure of the Grand Valley. Located at the base of the Colorado National Monument, this course will challenge golfers to use every club in their bag. Tiara Rado is also certified member of the Audubon Cooperative Sanctuary Program as home to a variety of birds and other wildlife.

"Our courses are fully open; both look to be starting off the season in great shape

this early in 2014," said Michael Mendelson, head golf professional for Tiara Rado Golf Course and Lincoln Park Golf Course. "New in 2014, download our free mobile app to gain access to three-click tee time bookings, free GPS locators, digital scorekeeping and stat tracking, live access to leaderboards and golf game tracking. Look for Golf Grand Junction in the app store or market."

The Grand Junction Visitor & Convention Bureau takes the guess work out of planning a golf getaway, paired with Colorado Wine Country. Golf packages, paired with Colorado Wine Country excursions can be found on <http://www.visitgrandjunction.com/special-packages>.

Grand Junction (www.visitgrandjunction.com)

Nestled near 11,000-foot Grand Mesa and the 7,500-foot Book Cliffs, Grand Junction is the largest city in western Colorado. At an altitude of 4,586 feet, warm summers and moderate spring, fall and winter seasons allow for year-round golfing, hiking and biking. Boasting more than 275 days of sunshine annually, Grand Junction has been named one of the eight sunniest cities in the United States by [TourismReview.com](#). Among Grand Junction's spectacular red cliffs and winding canyons are the Grand Mesa, the world's largest flat-topped mountain, the Colorado National Monument, Bookcliff Wild Horse Area, two national scenic byways and five golf courses. Grand Junction lies in the heart of the Colorado-Utah Dinosaur Diamond. The area is home to Colorado's wine country, with nearly 30 vineyards and wineries.



Food Safety Classes

Offered by Montrose County Environmental Health

This 3-hour class is for food service workers
& covers the basic concepts
For safe food handling.

2014 Montrose Classes

January 14th, 2014
February 11th, 2014
March 11th, 2014
April 8th, 2014
May 13th, 2014
June 10th, 2014
NO July class
August 12th, 2014
September 9th, 2014
October 21st, 2014
November 18th, 2014
NO December class

Pre-registration is required by calling 252.5000.

Classes are held at a **new location,
at Friendship Hall at the Montrose County Fairgrounds
at 1001 North 2nd Street
from 2:00 to 5:00 p.m.**

**The cost to attend is \$10 and a photo id is required.
Successful participants will receive a food handler's card.**

*For additional information
Or, to schedule a class at your location,
Call Environmental Health at 970-252-5000.*

WELCOME HOME MONTROSE WEEKLY NEWS BRIEF



LET FREEDOM RING 2014 continues, and we welcome all volunteers who can lend a hand! We are creating wind chimes from donated shell casings, to be used to honor our veterans.

Record numbers turned out for our most recent Military Spouse's luncheon Feb. 28. Lunch was provided by Dorinda Elder and the team at Vectra Bank. "It was absolutely awesome," Warrior Resource Center Executive Director Emily Smith said.

Our PTSD Support Group, on Thursdays at 10:30 a.m. after the veterans' coffee, has been very successful and continues to grow, and we are very pleased with the ongoing donations of coffee from Coffee Trader and the support of the Montrose Women's Club for our coffee hours;

We are also thrilled to announce the arrival of a new flat screen TV for the Resource Center, courtesy of Alpine Bank!

Please come to our next Eagle Head Cane ceremony at 1300 hours (1 p.m.) March 6—we will be honoring 15 or more veterans with canes—the largest ceremony we have had to date!

Finally, Vietnam veterans wish to invite all veterans and their spouses as they dedicate the Vietnam Battle Cross sculpture at the WRC on March 29 from 11-2. The Battle Cross is a

heartfelt gift to those who served from the Wall that Heals committee, and will be on display for public viewing beginning March 31. Route details below:

UPCOMING

Plans are ongoing for the visit of the U.S.S. Montrose Association in June.

On the morning of Thursday, March 6 we once again welcome Terri Cox from Homes for All Veterans.

Our next Eagle Head Cane Ceremony will be at 1 p.m. next Thursday, March 6.

All veterans and their spouses are invited to the Vietnam Veteran Battlefield Cross dedication on March 29, from 11 a.m. to 2 p.m. The sculpture will leave Timberline bank in a jeep at 11 a.m., proceed down Oak Grove to Rio Grande, and on to the corner of Rio Grande and Main. There it will become a procession, with a black, rider-less horse with boots facing backwards, with other veterans accompanying both on horseback and on a horse-drawn wagon. Upon arrival at the Warrior Resource Center, there will be a program followed by lunch and social time afterwards. At The base of the sculpture will be a hollow with a small slot for notes, letters, prayers, names.

With the suicide, divorce and unemployment rates so high in our military population, Montrose means to set the standard for other cities to follow in how to serve those who stepped up to serve all of us. By strengthening our services, identifying and filling our gaps, creating programs and removing the barriers in our infra-



Gin Lasley and Allison Nadel of Alpine Bank show off the new flat screen TV. Courtesy photo.

structure, we are preparing a place for our wounded warriors to visit and hopefully, to stay. Please contact us to learn how you can contribute! Our corporate office is located in Timberline Bank (1561 Oxbow Dr.), and can be reached at 970-765-2210. Welcome Home Montrose is a 501(c)(3) non-profit organization and runs entirely on donations of all kinds at the Resource Center and on the website, www.WelcomeHomeMontrose.org. News release: Caitlin Switzer PR



Valerie Meyers

Realtor,
GRI

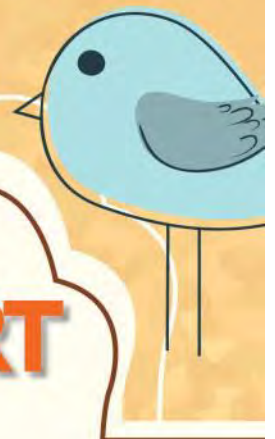
Valerie Meyers'

Cell 970-209-1378
Direct 970-257-6748

Weekly Monday

**REAL ESTATE
MARKET REPORT**

from the Road



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Click here to catch Valerie's weekly Monday Real Estate Market Report video...from the road!

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Volunteers of America is a national, nonprofit, faith-based organization who since 1896, has been dedicated to helping those in need live healthy, safe and productive lives. On the Western Slope of Colorado, we offer independent senior and family housing; senior care services, including site-based and home delivery meals programs; a PACE program, including senior day centers, in-home, and clinic care; home health care management; and assisted living, long-term, memory, transitional and respite care.

For more information, visit www.voahealthservices.org



- Valley Manor Care Center • The Homestead at Montrose
- Horizons Health Care & Retirement Community • Senior CommUnity Meals
- Senior CommUnity Care PACE • Home Health of Western Colorado

REGIONAL NEWS BRIEFS

MONTROSE FARM MARKET ADOPTS VALLEY FOOD PARTNERSHIP AS FISCAL SPONSOR



*Shoppers browse the Market in 2013.
Mirror file photo.*

Special to the Mirror

MONTROSE—The Montrose Farmers Market and the Valley Food Partnership are joining forces in support of local farmers and healthy eating. At the Market's annual meeting on February 27, the Farmers Market members voted to adopt the Valley Food Partnership as their Fiscal Sponsor.

With similar missions that focus on connecting local farms to forks, the Valley Food Partnership hopes to provide avenues for the market to expand their educational programming and to qualify for grants available under the partnership's non-profit status. "We hope to assist the market

with growing their capacity to serve the region and to maintain a vibrant market that contributes to the health of the community and the local economy," says VFP President Carol Parker.

As a 501(c)3 non-profit the Valley Food Partnership, a component fund of the Montrose Community Foundation, seeks to strengthen to regional food system and well being of the community through education and improvements that improve access to healthy, locally grown foods. "The partnership's board of directors voted unanimously to adopt the Montrose Farmers Market at their February 18 meeting. "We are excited to build upon past successful collaborations, such as the Harvest Breakfast held in October this past year", according to VFP President Carol Parker.

The Montrose Farmers Market is a 35-year-old organization that hosts markets weekly in the summer and twice monthly throughout the winter. The market strives to educate the public about the value of eating seasonally and prides itself on helping farmers build their businesses.

Bob Lane, outgoing Market President and owner of DaySpring Farm, sees the partnership as an opportunity to bring more people to the market and provide tax-deductible ways for the community to sup-

port the market.

"Collaboration is important especially in today's economic climate; I am delighted that MFM will be partnering with VFP, this will strengthen both organizations and will allow us to focus on food access collectively, improving our education and outreach programs will benefit small business in the region. "Abbie Brewer, Market Manager. "The Board is excited about the long term potential to grow our local market with the assistance of VFP and the Montrose Community Foundation. . It's a blessing for all three organizations." Katie Harvie, Current President of Montrose Farmers Market.

The Market will continue to operate under the direction of an Advisory Board much the way it has but with additional programming that will make the market an even better way to spend Saturday mornings throughout the summer and place to find seasonal foods in winter.

The Montrose Farmers Market Indoor Market currently operates on the 1st and 3rd Saturdays from 10 am to 1 pm every month in the room behind the Strawhat Farmers Market and Kitchen store at 513 S. 1st Street. The Montrose Farmers Market outdoor season is scheduled to begin Saturday, May 10th 2014 at the South 1st and Uncompahgre Plaza in Downtown

Silke Printz Steps Out After Her Successful Hip Replacement from MMH

Astute and particular, and after looking into surgeons and hospitals, Silke chose to have her hip replacement surgery at Montrose Memorial Hospital.

"The procedure went beautifully. I knew from the beginning that I wanted the surgery done close to home at Montrose Memorial. The Joint Replacement Center has an excellent pre-surgery class that thoroughly explained everything I needed to know and it was very important to me that MMH has a significantly lower infection rate than other western slope hospitals. Also, Mountain View Therapy provides focused, specialized care to get patients back to the highest level of performance in the shortest time possible."

Call Montrose Memorial Hospital today to learn more about the area's most innovative Joint Replacement Program at 970-252-2995.

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MONTROSE MEMORIAL HOSPITAL HEALTH FAIR 2014

The Montrose Memorial Hospital Health Fair drew a strong turnout to the Montrose Pavilion on March 1. Among those participating were the Center for Mental Health, at right, and Colorado Smiles Dental Office, below.



Photos by Mirror Publisher Jon Nelson

After Knee Replacment Surgery, Karen Fox is Standing Strong

With her kid's families in Texas to visit and a demanding job that she loves, Karen has absolutely no time or patience for any physical infirmity that might slow her down.

Karen knows she made all the right decisions in choosing Montrose Memorial Hospital for her knee surgeries. Her best advice? Don't suffer needlessly and put things off when there is help and excellent care readily available so close to home.

Call Montrose Memorial Hospital today to learn more about the area's most innovative Joint Replacement Program at 970-252-2995.

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Let's Make 2014 Better By Feeding Local Seniors Together.



The Senior CommUnity Meals program saw significant changes this past year. We still need your continued support to help our Western Slope seniors receive nutritious meals in the coming year. Six million seniors in America faced the threat of hunger, lacked food or feared starvation in 2007. * Donate now at www.voa.org/meals. Your \$100 donation will provide a month's worth of meals or a \$25 donation a week's worth of meals. Let's work together to make the new year a combined effort to support our area seniors with community dining site and home delivered meals.

* According to the Meals on Wheels Association



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Call: 970-835-8028

Toll Free: 866-416-6942

www.voa.org/meals



LEGISLATIVE UPDATE

BY SENATOR ELLEN ROBERTS

CHANGE IS IN THE AIR

Change is in the air at the Capitol, I can feel it. We're just short of the halfway mark, that is, if we go the full 120 days of the session. We still have the two biggest bills of each session to grapple with and those are the annual budget bill and the school finance bill. Work has been going on behind the scenes on both of these, but only by a small number of legislators. Even with these major pieces of legislation yet to come, legislators' attention spans are beginning to be fragmented. This week marks the official start of the 2014 political season with party caucuses being held statewide, soon to be followed by county, district and state assemblies. One notable fact this election cycle is there are many state legislators, former and currently serving, running as candidates for federal office. With luck, any Colorado state legislator who successfully makes that transition to federal office after next November won't fall victim to the dreaded Potomac Fever and stands strong for the capacity of states to govern most policy issues best. State legislators often commiserate about how former colleagues get to Washington, D.C., only to forget

that the states must balance their budgets and unfunded mandates are an irresponsible way to govern from the federal level. At the end of this year, a large number of Colorado legislators in both the house and senate reach their term limits. Each legislator can serve up to 8 years in a chamber. They can run for a seat in the other chamber for an additional 8 years. While I've not yet hit my term limit in the senate yet, I've served with a number of good people who aren't eligible to run again. One advantage to term limits is they allow newcomers a better chance to get elected in the resulting open seat. However, term limits also leave in its wake a vacuum of legislator knowledge and experience. For example, on the agriculture, energy and natural resources committee that I'm a member of, 4 of 7 committee members are term limited. They include two Republicans and two Democrats, including the committee chairwoman.

I've no doubt there will be others who are eager to take their places. Yet, the loss of their institutional knowledge of committee issues and past legislative efforts will be significant. I've watched the turnover take

place over the past 8 years with the advent of term limits having full effect, meaning no legislator has served in a chamber for more than 6 years.

With this change from the "old days" when some legislators served for decades, there's been a corresponding shift of greater power to bureaucrats and lobbyists who last much longer in their jobs than the legislators. Given the general public distaste and mistrust of politicians, I don't see a move away from term limits, so we'll need to adapt to the loss of knowledge and experience and be vigilant to protect the legislative branch's proper role in state government.

Even with the increased distraction of political campaign season advancing, the legislative process must go on for us to be able to wrap up the session on time. Bills that went through the House, and survived, are now arriving in the Senate for committee hearings and floor debate.

Legislative Contact Information:

200 E. Colfax Avenue, Denver CO 80203

Denver Capitol office phone:

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REGIONAL NEWS BRIEFS

National Merit Scholarship Finalists Include Two from MHS

Special to the Mirror

MONTROSE - Montrose High School is pleased to announce that the National Merit Scholarship Foundation has selected two students, Grace Halbach and Mitchell Neal, to advance to finalist standing in the National Merit Scholarship competition. The students are now in the last stage of the competition to be among some 8,000 Merit Scholarship winners nationwide. According to MHS Counselor Barbara Bernhardt, "Being a finalist is very unusual in our experience. This is a notable achievement." Grace plans to attend the Colorado School of Mines and Mitchell plans to attend the University of Chicago. Grace is the daughter of Joe and Jennifer Halbach, and Mitchell is the son of Lynn and Matt Neal.

The **National Merit® Scholarship Program** is an academic competition for recognition and scholarships that began in

1955. High school students enter the National Merit Program by taking the Preliminary SAT/National Merit Scholarship Qualifying Test (**PSAT/NMSQT®**)—a test which serves as an initial screen of approximately 1.5 million entrants each year—and by meeting published program entry/participation requirements.

All winners of Merit Scholarship® awards (Merit Scholar® designees) are chosen from the Finalist group, based on their abilities, skills, and accomplishments—without regard to gender, race, ethnic origin, or religious preference. A variety of information is available for NMSC selectors to evaluate: the Finalist's academic record, information about the school's curricula and grading system, two sets of test scores, the high school official's written recommendation, information about the student's activities and leadership, and the Finalist's own essay. Visit the National



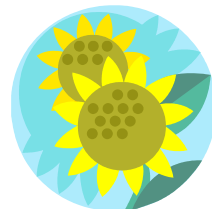
(Pictured L to R: Mitchell Neal, Grace Halbach).

Merit Scholarship Foundation website for more information: <http://www.nationalmerit.org/nmsp.php>.

GARDENERS WANTED AT HILLCREST COMMUNITY GARDEN!

Special to the Mirror

MONTROSE—Hillcrest Community Garden has issued an Open invitation to all gardeners—We are a Community Garden located at the corner of Hillcrest Drive and Miami, behind Hillcrest Congregational Church in Montrose. All plots have irrigation water. Grow your own organic veggies, help our local community, save lots of money on groceries, get outside and exercise and enjoy connecting with others. To learn more call Contact Sandra at 964-8174.



HONORABLE MENTION

To authors and mountaineers Charlie and Diane Winger, for encouraging us all to climb higher in our lives by sharing their stories and love for the mountains...

To local realtor Valerie Meyers, for those real estate reports from the road. Entertainment and information in a video format!

To MEDC's Sandy Head, for Leadership and Vision.

To local hero dog Canine OXX and handler Deputy Keith Sanders, for fighting crime, and visiting little kids at school!



NOW AVAILABLE! K-9 OXX TOY

\$15 per stuffed animal dog

All proceeds go to the
Montrose County Sheriff's Office K-9 Unit
Donations Also Accepted



Help Support Our
Local Hero Dog!



THANK YOU TO DEPUTY K-9 OXX'S SPONSORS

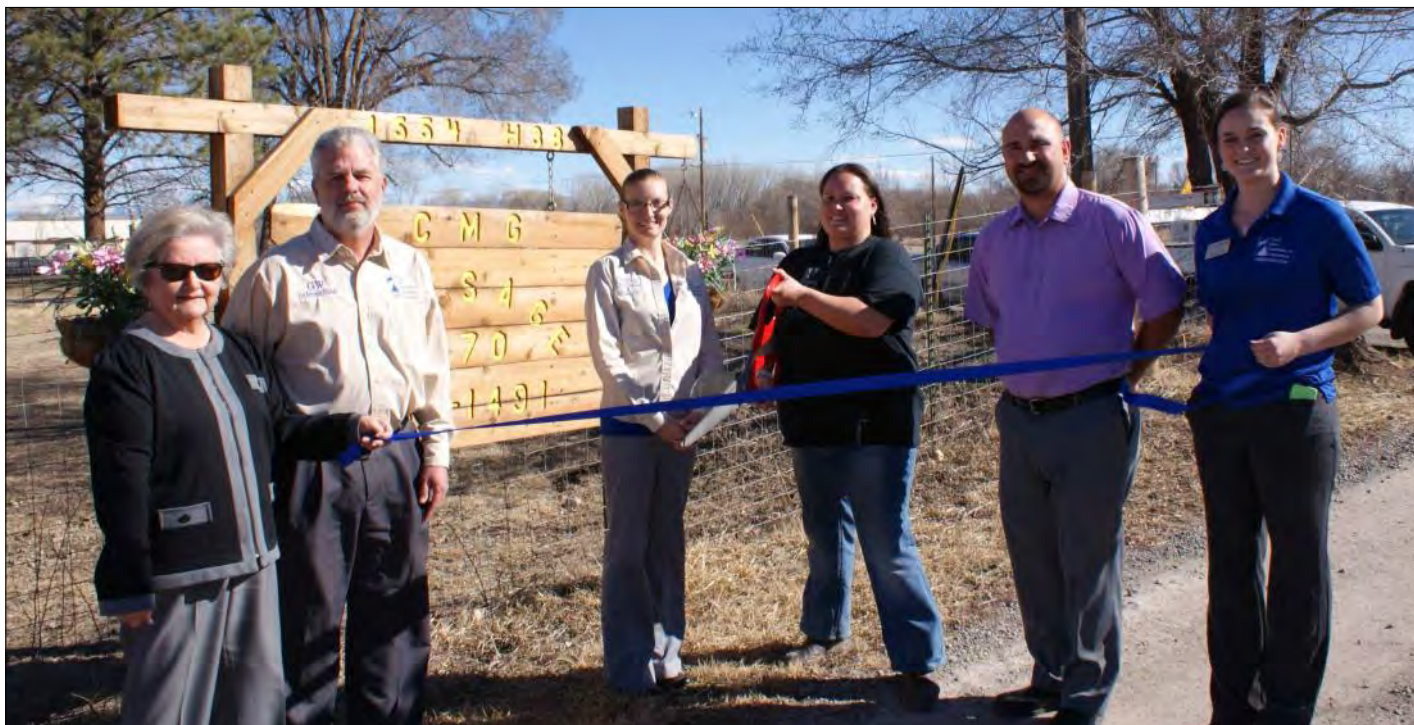


Chow Down
Pet Supplies





DELTA CHAMBER RIBBON CUTTING



Special to the Mirror

DELTA—Delta Area Chamber of Commerce Ambassadors officially welcomed Christina Griffith with CMG Massage as a new Chamber member on Feb. 25. Joining Christina for her ribbon cutting ceremony were Ambassadors Phyllis Hoffman with Western Slope Long Term Care Solutions; GW King with King Retirement Solutions/King College Planning; Christina Busch with Richards Consulting and Accounting, LLC; Josh Applegate with Farmers Insurance Applegate Agency; and Katelynn Wilson with Crossroads Assisted & Independent Living. Welcome to the Chamber, Christina!

SPRING FEVER?

DELTA COUNTY'S ONLY HOME, GARDEN & RECREATION SHOW!

BILL HEDDLES REC CENTER

March 28—9 A.M. TO 5 P.M.

March 29—9 A.M. to 3 P.M.



70+ vendors, giveaways and demonstrations! Vendor applications available at www.DeltaColorado.org or by calling 970-874-8616.

SPRING FEVER...TIME TO SHOP MONTROSE!



2014 SHOPPING GUIDE



AROUND THE CORNER ART GALLERY HOSTS 2014 PASTEL SHOW



Around the Corner Art Gallery is a year-round destination for art lovers.

Special to the Mirror

MONTROSE-- It's almost spring—so March over and visit Around the Corner Art Gallery, 447 East Main Street in Mont-

rose!

This month, Around the Corner Art Gallery is honored to be featuring the 2014 Pastel Society of Colorado member show featuring 65 outstanding works of art. PSC has become a far-reaching organization, uniting artists across the Rocky Mountains and as far away as Hawaii and Romania! The show's judge is Ralph Oberg, an internationally prominent painter who lives on the Western Slope. Ralph is represented by galleries in Scottsdale, AZ, Jackson, and Cody, WY, Beaver Creek CO, Atlanta, GA and Sun Valley, ID. We are very grateful to have such a prestigious artist judging the show. The reception and Awards Presentation will be March 7 5:30 - 8 pm.

From fine oil paintings and watercolors to inspired photography, to works in bronze and beautiful ceramics and even one-of-a-kind jewelry, there is something here for all price ranges, and all tastes.

Those whose works are represented in-

clude revered Western Colorado talents, and rising stars. The Browns opened the Gallery six years ago, after the building in which it is located was tastefully remodeled by local entrepreneur Ralph Walchle, who still owns the space. Over the years, Around the Corner Art Gallery has become a community gathering place, with exciting shows and events that draw the community Downtown to appreciate the best that the local arts community has to offer. Visit the [web site](#) to browse the catalog of artists, and to find out about upcoming shows and receptions. Challenge yourself to appreciate something new, or cherish old favorites—it's up to you...this is your local gallery! Perhaps you will be inspired to take a class, and discover the artist within. Check out the latest courses [here](#). Around the Corner Gallery can be reached at 970-249-4243. Hours are from 10:30 a.m. to 5:30 p.m. Monday through Saturday, until 8 on Thursdays, and from 11 to 4 on Sundays throughout the season.

CABIN FEVER AUCTION AT TIFFANY, ETC. MARCH 14-17

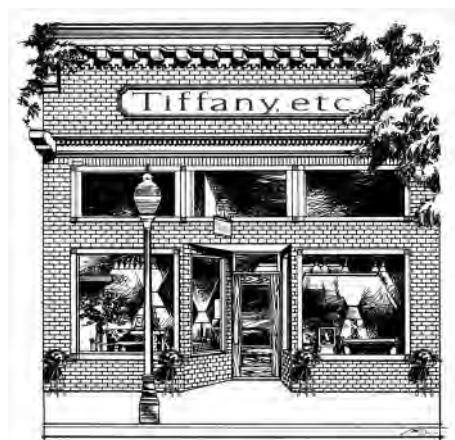
Special to the Mirror

MONTROSE--St. Patrick's Day is always a good reason to have fun, and by St. Patrick's Day we are all suffering from Cabin Fever. Tiffany, etc.'s. 15th annual Cabin Fever Auction Starts March 14th & continues through March 17th. This is one of the most anticipated shopping events that we host all year. Our customers, friends, family, visitors and hard-core shoppers are invited to shop those dates and place their bids on anything of their liking. Their bid will be accepted then and there, or countered until the shopping gavel drops. Nothing is off limits—not even brand-new arrivals like furniture, scarves, jewelry, lotions—everything in the store is up for auction. NO WE'RE NOT GOING OUT OF BUSINESS! WE HAVE CABIN FEVER! Tiffany Store Manager Lorna Santonastaso and Owner Glee Westcott shop throughout the year for the beautiful, useful, and high-quality items that make this Montrose boutique a regional shopping destination. Over the past 30 years,

Westcott has established a reputation for superb customer service and an array of merchandise that evokes a unique shopping experience year-round. You may need an entire new look for your home or that perfect gift for your best friend—just think, Tiffany, etc. for home décor and accessories, candles of all shapes and sizes, jewelry, unique apparel, artwork, and even custom design furniture, with fabric chosen by our clients or with interior design help from Lorna or Glee.

"We have many different styles to choose from, Contemporary to Lodge and Western to Traditional. We also have accent pieces to complement any style."

The store is a treasure chest packed with colorful, high-quality merchandise that captures the essence of Western Colorado. Our email catalogue keeps our customer up to date on new merchandise and upcoming store events. Mix & Match Sunday gives our customers a chance to shop in a leisurely atmosphere from 11 a.m. to 4 p.m.; buy 3 items get #4 FREE! Tiffany



Tiffany Etc.. Has been a year-round shopping destination for more than 30 years.

etc. is truly A Downtown Montrose Shopping Experience! Tiffany Etc. is located at 439 East Main Street in Montrose, and is open seven days a week. They can be reached at 970-249-7877.

MIRROR LIFESTYLES...LINKS TO LOCAL BLOGS WE LOVE!



A WOMAN'S LIFESTYLE BLOG
WWW.AMARMIELIFE.COM

Krista Montalvo is a Southern Peach living the mountain dream with her three little girls and husband. She is a lover of all things domestic, ranging from a great local find to cooking and gardening to thoughts in her heart to fashion for you and your home. Bluebirds are her thing and she is solar powered by the Colorado sunshine. www.amarmielife.com!



Yurts, Tipis, and Tents: Handmade in a World of Mass Production...

<http://www.coloradoyurt.com/blog/>.

Rita Clagett Writes from the North Fork Valley
www.dukkaqueen.com

Delta County Living

Your Online Guide for Activities,
Adventure, and Living In
Delta County, Colorado

www.deltacountyliving.com

deltacountyliving@gmail.com



ARTS AND CULTURE

RIRIE-WOODBURY DANCE COMPANY COMING TO MONTROSE

Special to the Mirror

MONTROSE--The Ririe-Woodbury Dance Company, a prestigious dance ensemble headquartered in Salt Lake City, will be coming to Montrose for the first time ever March 17th through the 19th. Founded in 1964, the company is celebrating their 50th Anniversary Season with an outreach tour sponsored in part by National Endowment for the Arts and locally sponsored by the Montrose Arts Council and Ouray County Performing Arts Guild. Their visit will include a Master Class in modern dance technique taught by the company's artistic director and choreographer, Daniel Charon, on Monday, March 17th at 6:00 at the "Dance Around Studio" 413 N. 1st St. in Montrose. Cost for the class is \$30 and includes a ticket to the Wednesday performance. Interested advanced dance students may enroll by calling Sheryl Solow, 970-249-3231.

On Tuesday, the company of 8 dancers will present a lecture demonstration at both

Ridgway and Ouray Schools, thanks to a grant from the Mt. Sneffels Education Foundation. In 1972, the company was selected as one of only 20 dance companies to participate in two prestigious national initiatives: the Dance Touring Program and the Artists in the Schools Program. This opportunity led to the creation of the company's education program, which became the national model for dance education in schools, a model that still stands today. We are indeed fortunate to have this experience for Ouray County students.

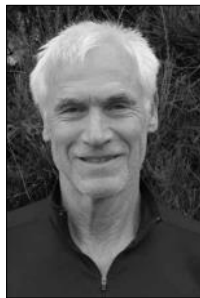
Finally, there will be a public performance at the Montrose Pavilion on Wednesday, March 19th at 7:00, funded in part by the Telluride Foundation. This performance will include 4 dance pieces, highlighting their repertoire over the past 50 years, ending with the premier of "Everything That Changes" composed in 2013 by Daniel Charon for this celebration. Tickets for this unique performance

are \$15 for adults and \$5 for students 12 and under. Tickets are on sale at The Pavilion, at Buckskin Booksellers in Ouray, Cimarron Books and Coffee in Ridgway, Coffee Trad-

er in Montrose, and online at www.ocpag.org. The LA Times says of Ririe-Woodbury, "The superbly trained dancers of the venerable Ririe-Woodbury Dance Company provide lavish displays of muscular control and mastery of detail that kept the movement stratospheric. If the body is fully invested, dance is never shallow."



POETS TO READ AT ARROYO MARCH FOURTH



The Telluride Institute's Talking Gourds Poetry Club welcomes two poets, Haz M. Saïd of Durango and Mark Turpin of Berkeley. Courtesy images.

Special to the Mirror

TELLURIDE--The Telluride Institute's Talking Gourds Poetry Club welcomes two poets, Haz M. Saïd of Durango and Mark Turpin of Berkeley. They'll be featured readers for March's First Tuesday at Arroyo's at 6 p.m.

Haz M. Saïd moved to Durango from San Francisco. He grew up in Toronto and was

born in Cairo. Saïd's poems have appeared in Bombay Gin and Cutthroat. His first chapbook, Town and country, appeared in 2004, and, while out of print, is available on Kindle. He is also the creator of video poems that appear on the website, Cowbird. The Wilkinson Library had hoped to be showing some of Saïd's video poems in the program room Tuesday, but technical difficulties intervened. Go check them out yourselves on line.

A carpenter by trade, Mark Turpin hails from Berkeley (CA) and graduated from Boston University with a Master's degree at age 47. His work has appeared in The Paris Review, The Threepenny Review, Ploughshares and Slate. In 1997 he won the Whiting Writers' Award, and his first book, Hammer (Sarabande Books, 2003) won Ploughshares John C. Zacharis Award.

The New York Times reviewed Hammer, and said, "Turpin's language is refreshingly plain, and his deadeye accuracy gets

to the heart of our conflicted relationship with work."

Both poets will be interviewed on KOTO-Fm's Access program at 4 p.m. on March 4th.

Featured poet for the first Tuesday in April, "Fool's Day", will be none other than the grand old man of Western Slope poetry, the legendary Jack Mueller of Log Hill Village, a performer not to miss. Lithic Press of Grand Junction has just come out with his magnum opus, Amor Fati.

Talking Gourds Poetry Club is a joint venture of the Telluride Institute, Wilkinson Library, Between the Covers Bookstore, and the newly formed Telluride Literary Arts.

Members meet monthly, on first Tuesday evenings, at Arroyo Fine Art Gallery & Wine Bar at 220 E. Colorado Ave. (next door to Telluride Hardware and the Masonic Hall), beginning at 6 p.m. in Telluride, Colorado. Call 970-729-0220 for more info.

3 Part Marketing Series

The Montrose Chamber of Commerce is partnering with Colorado Mesa University to bring a series of 3 Marketing sessions designed specifically for local business.

Series: \$50 Chamber members/\$75 non-members
Individual classes: \$20 chamber members/\$30 non-members

March 11th – The Biggest Marketing Mistakes Made by Businesses & How to Avoid Them

①

Speakers:

CMU Department of Business Faculty

Dr. Emma Fleck, Assistant Professor of Business
Ms. Deb Parman, Instructor of Business
Third Speaker- TBA

April 8th – Low Cost Marketing Ideas for Today's Economy

②

5:30PM – 7:30PM
at Colorado Mesa University
Montrose Campus
234 S. Cascade Avenue

May 13th – Developing Profitable, Long-Term Relationships with Your Customers

③

Reservations are required no later than the day before each class.
Please RSVP to 970-249-5000 or information@MontroseChamber.com

Sponsored By:



Bank of Colorado

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Light Refreshments will be provided

No Shows & Cancellations will be invoiced

ARTS AND CULTURE

FIND YOURSELF DOWNTOWN AT FIRST FRIDAY STROLL MARCH 7!



Artist Krystina Maixner will present her work at A+Y Gallery. Courtesy image.



Around the Corner Art Gallery will feature work by members of the Pastel Society of Colorado. Above, Morning on the West Fork by Paul Gray.

MONTROSE—March 7th, 5:30- 8 pm

1. Mardi Gras Madness at [Art@33](#) - We must be mad as a hatter as we are giving away another fabulous dinner for two at Remington's at the Bridges. A great \$50.00 value. Last month's give away was won by Sharon Lovell of Grand Junction. We are also featuring Larry Sudduth as the Artist of the month. Take the short walk down from Great Harvest Bread Co. to see and purchase some of his great art, you will not be disappointed!!! Also he will be working on a painting during the art walk, so you can see firsthand how it is done. We look forward to seeing you on the 7th!!!

2. Mike at Simpson Gallery will be celebrating Mardi Gras with a fantastic studio sale of original paintings. His wonderfully

framed original watercolors will be starting at only \$100 with unframed watercolors as low as \$25. Now that's a cause to celebrate. Come early for the best selection.

3. Tiffany, etc. is feeling a bit of Mardi Gras Madness coming on this First Friday. While visiting your favorite galleries, stroll into Tiffany, etc. for Mix & Match Madness Night, Mix or Match any 3 items get #4 FREE. We have new merchandise arriving daily, hear all about our annual Cabin Fever Auction coming up soon.

4. Nina Suzanne's will be offering 20 percent off full-priced items from 5:30 to 8 p.m. and goodies to enjoy. Nina's featured artists are Diana Hunter who will be selling and demonstrating how she makes her beautiful beaded bracelets, and Robin Allison Roth who will be selling her pretty handmade cards and ceramics.

5. Around the Corner Art Gallery is honored to be featuring the 2014 Pastel Society of Colorado member show featuring 65 outstanding works of art. PSC has become a far-reaching organization, uniting artists across the Rocky Mountains and as far

away as Hawaii and Romania!

The show's judge is Ralph Oberg, an internationally prominent painter who lives on the Western Slope. Ralph is represented by galleries in Scottsdale, AZ, Jackson, and Cody, WY, Beaver Creek CO, Atlanta, GA and Sun Valley, ID. We are very grateful to have such a prestigious artist judging the show.

-Reception and Awards Presentation - March 7 5:30 - 8 pm

Complimentary wine and hors d'oeuvres will be served. Dixieland Jazz music provided by the Jordan Carls trio.

6. A+Y Design Gallery will be featuring a new artist, Krystina Maixner, who attended Colorado Mountain College to study her passion for Art with an emphasis on ceramic design.

She is interning with two well-known local artists: Bill Wilson and Michael Balas. Krystina hopes that her art will one day change the world.

-A+Y will also have Irish Dancers, Beer from Two Rascals And Delicious Gumbo in celebration of Mardi Gras.

7. The Canyon Gallery is going Irish and celebrating all things beer! Join us for a fun filled evening featuring food, spirits, and art. We will have the following businesses on hand to help celebrate!

The Pour House is mixing it up and showcasing Irish Beers! They will be Pouring: Smithwick's, Harp, Guinness Extra Stout, Guinness Draft and Guinness Black Lager. The Sales Rep from Coors, Dustin, will be on hand to answer any and all of your beer related questions!

Great Harvest Bakery has joined forces with Colorado Boy Brewery to create exceptional beer breads for St. Patrick's Day! They will also have samples of Irish Soda Bread and traditional Irish Breads here to taste with Beer-Cheese Fondue!

NEED HELP TO GET THE WORD OUT? CALL THE MONTROSE MIRROR
ABOUT OUR NEWS RELEASE SERVICE!

970-275-5791

ARTS AND CULTURE

CREAMERY ARTS CENTER TO FEATURE DAVE CARY OF RIDGWAY

Special to the Mirror

HOTCHKISS--The Creamery Arts Center in Hotchkiss is proud to present the exceptional art of Dave Cary in a show titled **"Natural Vision."** The show will be displayed in the Peach Gallery from March 12 through April 7 with an opening reception held on Friday, March 14 from 6 to 8pm. Refreshments are provided and local wines and micro-brews will be available.

Dave creates functional art which reflects the majesty of the mountains that surround his home in Ridgway,. His lamps, mirrors and tables are intricately crafted from delicate, contorted willow, water-worn driftwood, reeds, recycled metal and hand made, water colored rice paper. A dozen new lamps and mirrors will be featured at this exhibition.

Much of Dave's most recent work features lamps made from Japanese rice paper combined with hand-finished driftwood. Complex reed structures in geometric shapes are applied to the driftwood, then Dave slowly applies layer upon layer of rice paper coated with resin paper maché. "You would not think a 6ft. 6in. guy would love delicate, painstaking work," Dave says, "but the results are well worth the effort. My newest mirrors are a virtual textural delight." His latest elliptical mir-

rors feature circles of perfectly finished Cedar, burned Aspen, Maple and Cottonwood arranged around the frame. Other mirrors feature driftwood with hand carvings that reflect symbols found in Nature. "I am constantly inspired by shapes found in Nature, Dave says. After all, Nature is really the artist. I just joyfully go along for the ride. I always respect the form and beauty of the natural materials while crafting a fine art piece that will cast its glow for a lifetime."

Dave has been creating mirrors and lamps made from driftwood, antlers and hand painted rice paper, since 2006. His mirrors are crafted from the driftwood that washes down from the mountains each spring and harvested. Each piece is cleaned, hand sanded many times and securely screwed onto a frame or lamp base. There are hundreds of screws in each mirror - but you will not see or feel them because they are countersunk and then made to look like the surrounding wood. A few naturally shed antlers or a bit of hand carving adds the finishing touch. We hope you'll join us for this unusual show and browse the excellent work of our other dedicated Creamery Arts Center members as well. You can view Dave Cary's full portfolio at:

www.lightshipsart.com His "Blessing



Dave has been creating mirrors and lamps made from driftwood, antlers and hand painted rice paper, since 2006. Courtesy image.

Sticks" – used for hiking, walking, or as art can be seen at: etsy.com/shop/lightshipsart. The Creamery Art Center is located at 165 W. Bridge St. Hotchkiss. For more information you can contact us at 970-872-4848 or www.creameryartscenter.org, or find us on Facebook. Our hours are 11 to 5, Monday through Saturday, closed Sundays.



MONTROSE MILITARY SPOUSE LUNCHEONS CONTINUE TO GROW

Special to the Mirror

MONTROSE--Record numbers turned out for the most recent Military Spouse's luncheon at the Welcome Home Montrose Warrior Resource Center on Feb. 28. The Lunch itself was provided by Dorinda Elder and the team at Vectra Bank.

"It was absolutely awesome," Warrior Resource Center Executive Director Emily Smith said.

Vectra Bank staffers and WRC volunteers at the Spouse luncheon: left to right Darlene Clair (Vectra Bank), Mysti Miller and Debbie Ferris (of WRC), and April Sutherland and Maureen Cross of Vectra bank.

Altrusa International of Montrose Presents

26th Annual Spring Luncheon

Saturday, March 22, 2014 • Montrose Pavilion



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- Shopping Boutique – 9:00 AM – 3:00 PM
- Luncheon Seating – 12:15 PM
- Fashion Show, Live Auction & Door Prizes

Tickets are \$35 per person.

Ticket Sales Contact: Bonnie Eakin (970) 216-0051.

Credit card and checks will be accepted.

Altrusa International of Montrose Foundation is a non-profit 501(c)3 foundation and your support continues to make a difference in our community.

ARTS AND CULTURE

PIONEERING SPIRIT OF ESCALANTE CANYON LIVES ON IN LECTURE



The Captain Smith tombstone carver's Cabin, last Water Wheel on the Gunnison River and Walker Homestead are just some of the exciting historic locations featured in "Pioneer Spirit of Escalante Canyon." Courtesy images.

Special to the Mirror

DELTA--A Free Winter Lecture hosted by Colorado Canyons Assoc. and Interpretive Association Of Western Colorado will be Thursday March 13, 6-7:30 PM, at Bill Heddles Recreation Center located at 530 Gunnison River Drive, Delta. Colorado Canyons Association and Interpretive Association of Western Colorado (IAWC) are please to present a FREE lecture on the "Pioneer Spirit of Escalante Canyon." Hosted by Jim Wetzel of the Delta County Historic Museum, Chris Miller, IAWC, and Bernie Musser, of Delta, CO. The program will cover the historic events and

the people that shaped the Canyons History. Escalante Canyon is a red-walled hole in the geologic uplift (the Uncompaghere Plateau) just outside Delta. "Pioneers surging west fell into this canyon hole the way gold nuggets get caught in the pot-holes of a stream." (Red Hole In Time, Muriel Marshall ,1988). The tale of the canyon is a tale of struggle, change, frontier, and friendship all that is part of the story of the west itself. A slide show and stories will tell about the Robbers' Trail, the McCarty Gang; Cash Sampson and Ben Lowe shootout in the Canyon that was brought to a head by the Cattlemen and

Shepherders war; Captain Smith, tombstone carver's Cabin; the Walker Homestead; the last Water Wheel on the Gunnison River and the Musser Cattle Company 1886-1988. Tour of Escalante Canyon, join us Saturday, March 15th, 8:30-12 PM for a bus tour. RSVP required. Meet at BHRC in Delta at 8:15 am, limited seating. Those folks coming from Grand Junction can meet at the turn-off to Escalante Canyon no later than 8:45 am. Please RSVP to IAWC by calling 874-6695 or email info@interpcolorado.org to reserve a seat no later than Monday March 10.



The next Eagle Head Cane Presentation will take place at 1 p.m., Thursday, March 6, at the Warrior Resource Center, 11 South Park Ave. Please join Welcome Home Montrose in honoring more than 15 veterans with canes.

Hold the Date! Upcoming Business and Cultural Events

ONGOING-

-First Friday Strolls Montrose Downtown —Monthly from 5:30 p.m.-8p.m. Artist Demonstrations, Free Wine Tastings, and in store promotional events!

-On Wednesdays from March 12 through April 16 Lenten Music at Noon will take place at the Montrose United Methodist Church, 19 South Park, from Noon to 12:30 p.m. Bring a sack lunch and come enjoy music that reflects the season, featuring a variety of musicians from the community. Please call the church office for more information, 970-249-3716 or www.montroseumc.org.

March 5--Region 10 Community Living Services group network for Montrose and the surrounding areas, 1-2pm, Region 10, 300 N. Cascade Ave (Sneffles Room). This is an all-inclusive group for caregivers and care recipients with any disability or illness. Call Amy Rowan at 970-249-2436 ext. 207 for more information and to register.

March 5--Volunteers of America Caregiver and Health Care Information Adult Education Series, Horizons Care Center in Eckert (11485 Hwy 65), 1:30 – 4:30 p.m. Free to the public. RSVP to 970-417-1194.

March 6--The League of Women Voters of Montrose County, serving Montrose and Delta counties, is hosting a City Ballot Issues Forum on Thursday, March 6, from 7-8:30 pm in the new City Council offices (Old Elks Building). Pros and cons of the three issues will be presented, and a question and answer period will follow.

March 6--Montrose Recycles, a citizen recycling advocacy and education group, will meet at 4:30 p.m. in the Centennial Room in downtown Montrose. People interested in recycling are invited to attend to share their ideas for improving and expanding recycling opportunities in the Montrose area. For more information, call Karen at (970) 596-3909.

March 6--The Coalition for a Drug Free Montrose County is hosting a Safe Kids America presentation on heroin, prescription drugs and the teen brain on Thursday, March 6, at the old City Council offices on Centennial Plaza from 7-8:30 pm. Doors open at 6:30, and there will be a question and answer period. Mesa County Deputy Sheriff Chad Williams is slated as the guest speaker.

March 7—First Friday Stroll Downtown 5:30 to 7 p.m.

March 12-- Montrose Botanic Gardens - Open to Public, educational session and Botanical Society meeting at 7 pm. City Centennial Room off Centennial Plaza, Montrose. Kathy See, Plant Ecologist, works for the Uncompahgre Restoration Project growing and producing native plant species--grasses and woody plants. The URP is a multi agency partnership working on healing areas that have been damaged by fire, disease, overgrazing, etc. These principals can be applied to improve your home landscape too! A short update of upcoming Garden events will follow. For information, contact Sara at 970-249-1115 or www.montrosegardens.org.

March 13--A Free Winter Lecture hosted by Colorado Canyons Assoc. and Interpretive Association. Pioneer spirit of Escalante Canyon. Of Western Colorado will be from 6-7:30 PM, at Bill Heddles Recreation Center located at 530 Gunnison River Drive, Delta, CO.

March 14-17-Tiffany Etc., Annual Cabin Fever Auction! Come in and place your bids on as many items in the store as you like!

March 15—Montrose Winter Farmers Market, inside behind Straw Hat Farm Market Store at 514 South First St., 10 a.m. to 1 p.m.

March 16-Ridgway Moonwalk! Ridgway Creatives present.

March 18--Region 10 Lunch-n-Learn --“Where did I put that?” We will discuss Alzheimer’s programs, support groups/networks and Care strategies for Dementia and Alzheimer’s, this program is designed to help support our elders and those with disabilities, you will learn more about how you can help others. Tuesday, March 18th 12-1 pm. 300 N. Cascade in the Sneffles room. Register online at www.region10.net or call 970-249-2436 ext. 201.

March 18--Woman's Club of Ouray County meeting - San Juan Room, Ouray Community Center at 1 p.m. Guest Speaker Joanne Fagan, Town of Ridgway Public Works Director, will share information about her job in civil engineering, especially the rehabilitation of Lake Otonowanda, a major water important to Ouray County. Visitors and guests welcome. The presentation is part of WCOC's 2013-2014 program, "Uncommon Women: Uncommon Lives". Info: Vicki Caldwell at 318-6620 or Kathryn Burke at 729-1188. More info: <http://womansclubouraycounty.org/events/>.

March 20-Region 10 Community Living Services support group network for Montrose and the surrounding areas, 4-5pm, Hilltop, 540 S. 1. This is an all-inclusive group for caregivers and care recipients with any disability or illness. Call Amy Rowan at 970-249-2436 ext. 207 for more information and to register.

March 20-Jon Horn of Alpine Archaeology Consultants will present new information on the North Branch of the Old Spanish Trail at 6 p.m. at Heddles Rec Center (530 Gunnison River Drive) in Delta. Open to the Public, Interpretive Association of Western Colorado presents a Free Lecture Series: “The Old Spanish Trail” in conjunction with their Annual Meeting at Bill Heddles Recreation Center.

March 21-Blue Sky Music Presents Eilen Jewell and Emma Cooper at Turn of the Century.Saloon. Call 970-275-4183 for information.

March 28-29-Delta Home, Garden & Recreation Show, Bill Heddles Rec Center, 530 Gunnison River Drive. Friday hours 9 a.m. to 5 p.m., Saturday from 9 a.m. to 3 p.m. 70+ vendors, giveaways and demonstrations. Vendor applications available at www.DeltaColorado.org or by calling 970-874-8616.

March 28-30—Telluride Ski Resort presents Mountain Town Get Down. The event will kick-off with live music at Tomboy Tavern on Friday, March 28th. On Saturday, March 29th a free concert will take place in the Mountain Village core from 2-7pm featuring national touring reggae acts. Then, on Sunday, March 30th, the Mountain Town Get Down will wrap-up with the annual Bikini Slalom and Luau at Gorrone Ranch.

April 5--The Montrose Woman's Club will be sponsoring the annual Flea Market at Friendship Hall , from 8 am to 4 pm. Lots of new and used items. Breakfast & lunch will be available. No admission charge. Proceeds go to local charitable organizations. To rent a table, call 970-964-4721.

April 5—Montrose Winter Farmers Market, inside behind Straw Hat Farm Market Store at 514 South First St., 10 a.m. to 1 p.m.

April 9--Montrose Botanic Gardens - Open to Public, educational session and Botanical Society meeting at 7 pm. City Centennial Room off Centennial Plaza, Montrose. Carol Patterson, Archeologist, PhD, and Glade Hadden, BLM Archeologist, will talk about Ethnobotany - the study of relationships between people and plants. Focus will be on Native Utes and surrounding Native American's use of Yucca. Hands-on demonstrations of stripping yucca leaves for making sandals, mats, rope and soap. Not just for adults--bring the kids!! Questions call Sara 970-249-1115 or www.montrosegardens.org.

April 12-Casa of the Seventh Judicial District Ray of Hope Event, Montrose Pavilion, 6 to 9 p.m. Call 970-249-0337 for more information.

April 17-Ridgway Moon Walk! 5-8 p.m. South Ridgway neighborhood.

April 19—Montrose Winter Farmers Market, inside behind Straw Hat Farm Market Store at 514 South First St., 10 a.m. to 1 p.m.

April 24-26-Pinwheels for Prevention Child Abuse Prevention Event. Colorado Children’s Campaign to visit Montrose April 24. For more information call Partners at 970-249-1116.

April 26—**Stupid band Earth Dance! Turn of the Century Saloon! Benefit for Sharing Ministries! 970-209-1260.**

May 3—Montrose Winter Farmers Market, inside behind Straw Hat Farm Market Store at 514 South First St., 10 a.m. to 1 p.m.

May 9-10-Montrose Wine and Food Festival. www.montrosewineandfood.com.

May 13-Ridgway Moonwalk, 6 to 9 p.m. Solar Ranch Neighborhood.

May 17—Montrose Winter Farmers Market, inside behind Straw Hat Farm Market Store at 514 South First St., 10 a.m. to 1 p.m.

Together, We Can Make A Real Difference.

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Valley Manor Care Center	(970) 249-9634
The Homestead at Montrose	(970) 252-9359
Home Health of Western Colorado	(970) 240-0139
Senior Community Care PACE Montrose	(970) 252-0522
Senior Community Care PACE Eckert	(970) 835-8500
Senior Community Care Meals	(970) 835-8028



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Contact the Montrose Mirror:

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Montrose, CO 81402

970-275-5791

Email Us: Editor@montrosemirror.com

www.montrosemirror.com



Scotty Kenton's iconic images from the the Museum of the Mountain West capture perfectly the mood of this eclectic collection of buildings and historic artifacts. Kenton plans to donate sales of these images to the non-profit Museum. Catch Liesl Greathouse's article on the museum and Founder Rich Fike in this issue! Photos by Scotty Kenton photography.



BUILDING COMMUNITY One Program at a Time!



Look for the
MRD Spring
Activity Guide
March 3!



For a full list of programs or
to REGISTER visit
montroserec.com

