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THE MONTROSE MIRROR

Your Source for Local Business News and Information

Issue No. 82 April 15 2014

The MAKE EVERY DAY EARTH DAY! Issue

UNCHAIN YOUR INNER DRAGON, PIRATE OR VIKING!



Bringing history to vivid, colorful life is the whole point at Thunder Mountain Living History's Dragon Unchained Renaissance and Pirate Fantasy Faire in Delta. Courtesy photo.

By Caitlin Switzer

DELTA--What's that rumble you hear in the distance? It could just be the sound of Thunder Mountain Living History gearing up for a season of fun, family-style events. Western Colorado loves a festival, and the team at Thunder Mountain wants to make sure everyone has a great time—so come on out to the Third Annual Dragon Unchained Renaissance & Pirate Fantasy Faire in North Delta April 25-27 and May 2-4. The best part? It won't cost a thing.

"What we like to do is bring history to life," said Thunder Mountain's Brenda Soluna. "It's kind of like a Renaissance Fair, but we have expanded on the idea—this is about everything from 1880 on back, and we have also included Fantasy and Steam Punk. You could be a Viking, or a Roman.

"We pretty much want to be as inclusive as we can."

Thunder Mountain Living History is a non-profit 501c3, dedicated to celebrating history in ways that can be fully appreciated by today's festival-goers.

Continued on page 7

RIDGWAY ROCKS 2014 WITH ARTS, HERITAGE EVENTS!

By Caitlin Switzer

RIDGWAY--In Ridgway, where voters recently passed a \$1.9 million bond to finance a streetscape plan that has been in the works for more than a decade, excitement for the 2014 summer season could be not be greater. The town's historic Clinton Street district is especially lively these days, with the Colorado Boy Brewpub, the Sherbino Theater, several popular antique shops, access to Hartwell Park and some of the town's best restaurants within walking distance. Ridgway's regular Moonwalk events (held during full moons) have been highlighting Ridgway's other neighborhoods as well, revealing a surprising diversity of community and cultural opportunities.

From musical and performance events to fine arts like sculpture, painting, poetry and photography, there is plenty to see, touch, taste, feel and simply enjoy here; Ridgway's culinary arts will be showcased next Month when the Ridgway Area Chamber of Commerce hosts the second annual San Juan Shuffle Tasting Event & Fundraiser, which features a tasting tour of local restaurants from 2 to 9 p.m. on



Michael Martin Murphey. Courtesy photo.

Continued on Page 8

**in this
issue**

*Region 10 Hosts
Caregivers Summit!*

*Liesl looks at the
Gardens!*

*Suit filed to remove
trespasser, compound!*

*Regional News
Briefs!*

*Local people,
local places!*

LANDOWNERS FORCED TO FILE SUIT TO REMOVE TRESPASSER, COMPOUND



Above, photos from the Facebook page of trespasser Nicholas J. Hidu reveal a house, a deck, and Hidu himself taking aim over the canyon. Calls to Hidu were not returned as of press time.

Mirror staff report

MONTROSE--The collection of scrappy buildings scattered along the canyon rim are obviously placed to take advantage of the high country view from the top edge of Spring Creek Canyon. However, the structures also reveal a case in which private property rights have tumbled through the cracks.

When an acquaintance viewed an aerial photo from Montrose County GIS last year, two local landowners learned the truth—that someone who appeared to be encroaching on their property line had actually crossed it—and had built himself an entire compound on their land, not his own. Today, the pair—who confirmed the situation with a follow-up survey completed at their own expense—find themselves forced to litigate an obvious property rights violation because of the extensive changes made to their land by the trespasser, who still resides on the plot.

Though Nicholas Hidu, Jr. a part-time resident of Colorado and Florida, had not pulled either building, access or sanitation permits from Montrose County prior to

building, the matter is now tied up in court. A lawsuit, case number, 13-CV-112, was filed in December as the local landowners, Scott Kenton and Brad Switzer (a local attorney) attempt to remove Hidu, a residence, port-a-potties, garages, sheds and carports from their cliffside property in Spring Creek Canyon.

The matter is unfortunate, said Montrose County Commissioner Ron Henderson, who has known both Kenton and Switzer for many years.

“This type of thing has happened before,” Henderson said, “But usually it can be resolved in other ways. However this case involves so many legal issues, which can increase exposure, tension and the length of time needed to resolve it. I am really sorry it has happened, but it is a situation which can come about for any of us. This guy has no certificate of occupancy, and no road permit.

“Eventually this will all be straightened out, and this person will be forced to leave,” Henderson said. “Hopefully he can pay for the damages he has caused—it is really an unfortunate, awful situation.”

Montrose County Planner Steve White noted that in most cases, someone who intends to build a number of buildings will check to make sure he is within the boundaries of his own property and will take the time to obtain the appropriate building and sanitation permits.

“Most people are smarter than this,” White said. “Even in the backwoods of Arkansas there are minimum standards for things like septic systems.”

White said that it is the first time in his 20 years as a planner that he has seen a structure built entirely on someone else’s land.

“This property is in violation,” White said.

Switzer, who filed the lawsuit on behalf of Kenton and himself, said it will take a long time to resolve the matter.

“Because of the nature of the judicial process, it could be months or even next year before this is resolved,” he said. “And that is assuming that nobody files an appeal.”

Calls to Hidu and to his attorney, John J. Mitchel of Montrose, were not returned by press time.

THE MONTROSE MIRROR

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WESTERN COLORADO WELCOMES FULL SLATE OF EVENTS!



Morgan Carls, 2, and her dog try out some yak meat teriyaki sticks from Hawk-N-Yak Ranch at the Montrose Farmer's Market on South First Street in 2013. Mirror file photo by Barton Glasser.

By Caitlin Switzer

REGIONAL—As the mercury rises, Western Colorado also warms up with a number of fun events designed to appeal to just about everyone.

Here in Montrose, the popular Historical Museum Yard Sale takes place April 25-26, the year-round Farmers Market moves outdoors beginning in May, Blue Sky Music Presents continues to host concerts, including the upcoming Tommy Castro show at Turn of the Century Saloon May 20, while the Annual Montrose Wine & Food Festival takes place May 9-10, the [Black Canyon Ascent](#) is scheduled for May 17, and a downsized [Main in Motion](#) series kicks off May 29 Downtown.

In Delta, where the recent Home & Garden show was a strong success, the next big thing is Thunder Mountain Living History's Dragon Unchained Renaissance & Pirate Fantasy Faire in North Delta April



The Montrose County Historical Museum will hold its annual yard sale April 25th to 26th, starting at 8 am to 3 pm. Above, Coonskinners gather at the Museum in 2012. Mirror file photo.

25-27 and May 2-4. Last year, this free-admission event—run by a group of veteran festivities—drew more than 7,000 participants.

"History is not boring!" Delta Area Chamber of Commerce Director Kami Collins said. "They will have archery, and a trebuchet, and they are doing to launch stuff out of it, like candy for the kids!" "I will be there."

The Dragon Unchained Faire will be located off the same exit as the golf course north of town, and will be well-marked, organizer Brenda Soluna said. To learn more, call Soluna at 970-901-4128.

Also in Delta, CB's Tavern has launched a series of Community Tap Nights to benefit downtown Delta development efforts and other local non-profit organizations, Collins said, and the popular Second Saturday Street Fairs begin May 10.

May 9-10 also marks the return of the popular Hotchkiss Sheep Camp Stock Dog Trials. Now in its 11th year, the event allows participants to watch dogs at work and witness sheep shearing demonstrations throughout the day, as well as other demonstrations, events and activities.

On May 31, the Ridgway Area Chamber of Commerce is hosting the second annual San Juan Shuffle Tasting Event & Fund-raiser, which features a tasting tour of local

restaurants from 2 to 9 p.m.

In Cedaredge, big plans are in the works to showcase the town's newly refurbished Main Street.

"We will be hosting the first 'Celebrate Cedaredge' event May 30 and 31," Cedaredge Area Chamber of Commerce Director Linda Palmer said. "We'll be having a wine fest, a plein air event for artists on our new Main Street Saturday, as well as a dedication ceremony at 11 a.m. There will be a business fair on the 31st as well. It should be a busy day!"

Cedaredge will also welcome the annual farmers market beginning May 3, and an e-waste recycling event at its public works facility on April 26 from 9 a.m. to 1 p.m. On July 11-13, the town once again welcomes the longest-running Little Britches Rodeo in the United States to the Cedaredge Rodeo Grounds.

In Ridgway, the Ridgway Ouray Community Council (ROCC) Parking Lot Sale and the annual Love Your Valley Festival—think microbrews, live music and dog contests—are set for May 17.

The Annual Heritage Days and Ranch Rodeo is set for June 13-15 in Hartwell Park, and once again the Ute dancers will perform.

On June 20-21, the Womens' Club of Ouray County will host their annual rummage sale, a benefit for local non-profits and charitable organizations.

And finally, for serious business women throughout the region who are hoping to build networks and renew resources, the Western Business Alliance hosts its annual Women's Retreat at Gateway Canyons Resort April 25-27.

"We are excited to once again host our women-only business retreat at Gateway Canyons Resort where the amenities of the resort and beauty of the location helps to keep us inspired throughout the weekend," Terri Leben co-director of The Western Business Alliance of Colorado, said in a news release.

For more information and costs visit www.wbacolorado.com.

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OPINION/EDITORIAL-LETTERS

MRD THANKS COMMUNITY, CITY VOTERS FOR CRC

Dear Editor:

The staff and Board of the Montrose Recreation District (MRD) would like to extend our gratitude to the community. 'Thank you Montrose' is our mantra. MRD is honored to build and manage the **Community's** Recreation Center.

In the words of Executive Director Ken Sherbenou, "It is our sincere hope all will enjoy and feel welcome at Montrose's Community Recreation Center. The efforts of the citizen's group and all supporters are acknowledged and appreciated. This facility--along with the Field House--belongs to the community, and will be built for all to enjoy."

The CRC is projected to open in late 2016, at which time the current indoor pool at the Aquatic Center will be converted into an indoor turf field. The remaining portions of the current Aquatic Center including the multi-purpose rooms, lobby and outdoor pool, slide and splash pad will remain in operation.

As for next steps in the coming months, MRD will be doing the following, among other things:

Launching the Capital Campaign. We are working to meet the goal of \$1.3 million of the project budget that we promised to achieve in grants and fundraising. MRD, and our partner in capital fundraising, the Montrose Recreation Foundation (MRF), kept in close contact with foundations during the planning process and campaign. These organizations have a history of supporting Recreation Center construction. MRD and MRF will be submitting grant requests to the Gates Family Foundation, the Colorado Health Foundation, the Daniel's Fund, the Boettcher Foundation, El Pomar and the Department of Local Affairs, among others. Locally, we'll continue fundraising from businesses, individuals and approach the Montrose Community Foundation.

Pursuing grants to add in outdoor amenities. Regarding outdoor facilities, we'll attempt to leverage the appraised value of the Woodgate and Ogden land as match in a grant to either Great Outdoors Colorado or Colorado Parks and Wildlife. Although the land was purchased for \$299,888 in 2012, the value is \$390,000, which can be counted as match as long as a grant is awarded by December 2015.

Moving forward with the financing of the project. We will continue work with our municipal finance partner, George K. Baum & Company, to issue the Certificates of Participation (COPs) that will fund the project. This includes receiving a credit rating and then selling the COPs in 4-6 weeks. We'll make an extra effort to target local individuals to purchase MRD COPs, which will be available in denominations of \$5000.

Line up professionals to complete the final design and then build the project. MRD has been working with the architectural firm Barker Rinker Seacat, who supported the creation of the CRC and Woodgate Master Plan. Additionally, other professionals will be selected in the coming months including the general contractor. It will be a priority to engage local firms where possible and cost-effective.

Appoint a Citizen CRC Oversight Committee. The Board will select local experts and citizens to help guide the process of implementing the CRC plan. This group will advise the Board. Invitations will be sent by MRD in the coming weeks and interested individuals should contact Ken Sherbenou at ksherbenou@montroserec.com.

Continued communication and future community meetings. Over the next several months, MRD will hold community engagement meetings to complete the final design. At this point, the conceptual design is finished but we'll need continued public input to share with the Board to help in making decisions related to the final design.

Additionally, MRD will provide updates on the project's progression in our monthly newsletter, seasonal activity guide, at www.montroserec.com and through regular communication via media outlets. Additional information may be found at www.montroserec.com or by calling Executive Director Ken Sherbenou at 249.7705.

The staff and Board of the Montrose Recreation District



Just in thyme for spring ...

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REGIONAL NEWS BRIEFS

Local Nurses Honored – Finalists Selected for State Award

Special to the Mirror

GRAND JUNCTION--Six nurses were honored with a Nightingale Luminary Award on Saturday, March 22, 2014 at a banquet held in Grand Junction.

As part of the state Nightingale Award process, each of 6 regions around the state conduct a nomination process for registered nurses in Colorado whose contributions to the profession of nursing epitomize the philosophy and passion of Florence Nightingale. In the western Colorado region, 25 nurses were nominated and celebrated at the annual awards banquet.

Jane Foster, Clinical Director at Quality Health Network, served as the emcee of the evening assisted by Kristy Reuss, Professor of Nursing at Colorado Mesa University.

The evening was brought to a close with the announcement of which nurses were chosen as Luminaries to represent the western Colorado region at the state event in Denver on May 10. The 6 nurses that

will be considered for one of the state awards are: **Lynda McFarland**, Education Coordinator, Grand River Health Category: Administrator/Educator – Advocacy; **Terri Walter**, Chief Administrative Officer, HopeWest

Category: Administrator/Educator – Leadership; **Heather Gilmartin**, Public Health Nurse, Eagle County Public Health

Category: Administrator/Educator – Innovation; **Cynthia Ellison**, Registered Nurse, St. Mary's Hospital & Regional Medical Center Category: Clinical Practice – Advocacy; **Susan Clark**, Assistant Director of Nurses/QA Nurse, E. Dene Moore Care Center

Category: Clinical Practice – Innovation; **Misty Young**, Clinical Manager – Neuro/Trauma/Stroke Unit, St. Mary's Hospital & Regional Medical Center Category: Clinical Practice – Leadership. The other nominees who were recognized at the event: Jessica Bates, Delta County Memorial Hospital; Amy Campagna, Grand River Health; Wendy

Deister, Family Health West; Amanda Gauthier, Delta County Memorial Hospital; Mary Jo George, Rocky Mountain Health Plans; Tammy Head, St. Mary's Hospital & Regional Medical Center; Laura "Katie" Hebert, Delta County Memorial Hospital; Mary Hinz, Vail Valley Medical Center; Tami Honnen, Community Hospital; Meredith Jones, St. Mary's Hospital & Regional Medical Center; Amy Lavigne, Vail Valley Medical Center; Alicia Moodie, St. Mary's Hospital & Regional Medical Center; Stephany Seuell, Grand Junction VA Medical Center; Lorraine Sharp, St. Mary's Hospital & Regional Medical Center; Susan Shepherd, Rocky Mountain Health Plans; Kelly Thompson, St. Mary's Hospital & Regional Medical Center; Gina Underwood, Mantey Heights Rehabilitation & Care Center; Klover Wells, St. Mary's Hospital & Regional Medical Center; Veronica Zarlingo, St. Mary's Hospital & Regional Medical Center; The Nightingale Western Colorado event is planned by an all-volunteer group of local nurses.

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REGIONAL NEWS BRIEFS

RED ALERT! *The Annual Stupid Band Earth Dance previously set for April 26 has been postponed until Summer due to Bradley's ski injury. We apologize for any inconvenience!*

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REGIONAL NEWS BRIEFS

JAY STOOKSBERRY JOINS REGION 10 AS REGIONAL DEVELOPMENT COORDINATOR



Jay Stooksberry is now working with the Region 10 League for Economic Assistance & Planning.

Special to the Mirror

REGIONAL—As a successful small business co-owner with an extensive professional background in both the non-profit and educational sectors, Jay Stooksberry has a keen interest in maintaining quality communities.

As of April 7, Jay will use those skills on behalf of the West Central Region as he joins Region 10 League for Economic Assistance & Planning as the non-profit's new Regional Development Coordinator.

"We are very excited to have him," Region 10 Executive Director Michelle Haynes said. "His experience in academics, non-profits and small business will be a great addition to our team."

Stooksberry, who just completed a year working with the Black Canyon Boys & Girls Club, also helped start the popular CB's Tavern on Main Street in Delta with his wife Carrie Boyd.

He plans to spend time familiarizing himself with regional development efforts as he moves forward in his new role at Region 10. The position is newly-created and full-time, funded by a grant from the Colorado Department of Local Affairs, allowing Region 10 to strengthen its efforts to serve member communities throughout the six-county West Central Region.

"I am very excited to have the opportunity to be a part of projects that will bring great benefits to the Western Slope," Stooksberry said.

"We have already started working on an effort involving both Delta and Gunnison counties, looking at the impact caused by the loss of coal mining jobs.

"Now that I am here, I will be learning

who the key players are, building rapport, and making progress."

Prior to moving to Delta with his fiancé two years ago, Stooksberry earned both his Bachelors and Masters degrees from Denver's prestigious Regis University.

He also worked for the university for a time, as well as for other, youth-focused non-profit organizations such as the Boys & Girls Club of Metro Denver.

Jay can be reached at 970-249-2436, ext. 211.

A non-profit organization, the Region 10 League for Economic Assistance and Planning was formed in 1972 and serves six-counties (Montrose, Delta, Gunnison, Ouray, Hinsdale and San Miguel), operates an Enterprise center (300 North Cascade) administers the Enterprise Zone tax credit and marketing grant programs, oversees the Area Agency on Aging (AAA) and Community Living Services, coordinates regional transportation planning, and offers a loan program for small business.

To learn more about Region 10, call 970-249-2436 or visit the web site at www.region10.net.

UNCHAIN YOUR INNER DRAGON, PIRATE OR VIKING! From page 1

Events are supported by sponsors and vendor fees, and no alcohol is served.

"People think history is boring, but when you can live it, see it, feel it, hear it and taste it--it comes alive!" Soluna said.

Expect trebuchet demonstrations, Viking raids, archery, pirate talk, and plenty of imagination.

And apparently, the idea appeals to just about everyone—in 2012, the Dragon Unchained Renaissance & Pirate Fantasy Faire drew 3,000 participants. The second year, the festival expanded to two weekends and drew more than 7,000, Soluna said.

"We have a donation box, and we have businesses that contribute," Soluna said, noting that major sponsors include Alpine bank and Safeway.

"We'll have a family fun night, and a cannon show every day at 2 p.m.," she

At right and far right..come as the Queen of England, or come for the cannon show! Courtesy photos.

said.

Over Father's Day weekend in June, Thunder Mountain Living History will once again host the Thunder Mountain Rendezvous, a pre-1840 Mountain Gathering, complete with cannons, archery, black powder shoots, hawks and plenty of knives.

To learn more, visit the web site at <http://thundermountainhistory.org>.



MIRROR IMAGES...ON TOUR AT MUSEUM OF THE MOUNTAIN WEST!



Special to the Mirror
MONTROSE—Scotty Kenton snapped these images of historian and museum founder Rich Fike leading a school group on a tour at Museum of the Mountain West. The museum is located at 68169 East Miami Road, and is open from 8:30 a.m. to 4:30 p.m. Monday through Saturday.



RIDGWAY ROCKS 2014 WITH ARTS, HERITAGE EVENTS! From page 1

May 31.

However, there's more to the Ridgway story—and this year, in addition to showcasing arts and cultural amenities within the creative district, Ridgway is set to honor its ranching history in a big way.

The mountain town may once again enjoy a visit—and performance—from singer and songwriter Michael Martin Murphey. Ridgway's very popular Heritage Days and Ranch Rodeo is set to return again in 2014, from June 13-15, and Joan Chismire, who heads up Colona's Ranch History Museum and who will be overseeing heritage activities (including Ute Indian dancers once again from 2-4 p.m.) at the park during the rodeo, has been in contact with Murphey about a possible performance.

"We are so pumped!" Chismire said of the myriad summer events planned to promote the Ranch History Museum, which is housed in the old Colona School and which opens for the season over Memorial Weekend.

Murphey played a July 4 concert here in 2005, as a fundraiser for the newly-formed museum. Chismire, who worked with former Ouray County Historical Society Director and rancher Ginny Harrington on that concert, expressed great excitement about Murphey's possible return and is now raising funds for the show. Potential sponsors and donors are welcome to call 970-318-1190 to learn how they can help.

The Museum will also celebrate the ar-

ea's ranching history with a brand exhibit during its opening weekend.

Colona history buff, rancher and retired educator Tim Force has been working on the brand display since January, and said that a work day will be held to help set it up in the near future. The display will focus on original, local brands.

"We are just going to be exhibiting as many of the old brands from Ouray County as we can come up with," Force said. "So many people don't know what branding is, or how it works."

Brands have been a part of Colorado's livestock industry since 1865, according to the [Colorado Brand Inspection Division](#), and are intended to protect livestock owners from losses due to theft or straying.

The Ranching History Museum exhibit will include posters detailing the legalities of branding, and a notebook with historic records of those holding the brands over the years, Force said.

"We are building a barn wood fence to enclose all the old brands," he added. "The display will cover all of the old brands created between 1890 and 1930."

The brands themselves will also be framed in barn wood, Force noted.

Much of the research for the project was performed by the state brand office, where staffers looked up hundreds of brands to find details for the display. Records go back to 1888, Force said.

"Our state brand commissioner, Chris Whitney, grew up on the Dallas," Force

said. "Chris has even said that he would come to a ribbon cutting for the exhibit if we have one."

The Brand project will also be displayed at the Ridgway Heritage Days and Ranch Rodeo event June 13-15, Museum board chair Joan Chismire said.

"We may even set up a little area for kids to practice branding a piece of wood," she said, "so they can really see it for themselves."

Big changes are also planned at the Ouray County Fairgrounds in Ridgway, where the Board of County Commissioners recently agreed to accept a \$350K Great Outdoors Colorado grant to demolish and replace the aged grandstands. According to Ridgway Chamber of Commerce Board member Erin Stadelman, the aging events venue is also about to receive funding for a brand-new arena as well.

"I have been working with an anonymous donor to replace and rebuild our arena," Stadelman said. "We have been given the proverbial nod; at this point, we are just waiting for a check."

The new county-funded bleachers will be built by the Southern Bleachers company, while the \$104,000 arena, which is 330 feet long and 150 feet wide, will be purchased from Priefert Manufacturing of Texas and then disassembled and reassembled on site by local volunteers, Stadelman said.

"This will be the largest outdoor arena in Western Colorado," she added.



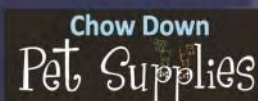
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REGION 10 TO HOST CAREGIVER SUMMIT AT GRACE COMMUNITY CHURCH

By Caitlin Switzer

MONTROSE--On May 13, Region 10 Community Living Services joins forces with private business owners, non-profits and other community organizations to host a Caregiver Summit & Retreat from 9 a.m. to 2 p.m. at Grace Community Church (16731 Woodgate Road).

The event will feature Keynote Speaker Norman Bouchard, as well as a variety of session topics including legal issues, caregiver wellness, long distance caregiving, intergenerational balance, dementia tips and strategies, and setting the stage for successful caregiving. There will be a pamper room on site, offering mini massages, reflexology, and other relaxation activities and techniques.

Region 10 Community Living Services Director Eva Veitch hopes that the Caregiver Summit will be a source of support, resources and relief for both caregivers and those for whom they care.

"We are so excited about the great collaboration that has occurred as we organize this wonderful but complex event," Veitch said. "Professionals and volunteers from across the region have come together to ensure that caregivers are celebrated and educated, while those they care for also enjoy socialization and receive the care they need."

"We want to encourage family and community caregivers to attend," she said. "We want participants to leave the Summit feeling valued, supported and rejuvenated, with many tools that will make care giving more enjoyable."

The Caregivers Summit and Retreat offers caregivers a chance to connect with others while gaining new insight into this rewarding yet challenging role, while the concurrent Client Retreat provides respite for the caregiver and allows the person who is cared for an opportunity to socialize and have some fun. Healthcare professionals have planned a fun day of activities for clients, and will provide assistance and support.

The day includes lunch, skilled staff, music, activities, and an area for relaxation. Over lunch there will be a "Happiness is a Choice" motivational talk and music. Trained staff will also provide In-home respite care, free of charge, for those care recipients who are not able to attend the Retreat.

"We want to provide the resources necessary to support the caregiver in being able to attend the Summit," Region 10's Amy Rowan said.

Admission is \$5.00 per person which includes continental breakfast, six informative Summit breakout sessions, lunch, and Bouchard's keynote address. For more information call 970-249-2436, or visit www.region10.net.



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REGIONAL NEWS BRIEFS

COURSE OFFERED FOR NEW ENTREPRENEURS AND STRUGGLING BUSINESSES

Special to the Mirror

REGIONAL--The Small Business Development Center of Montrose/Delta, Western Colorado State University, Region 10 Small Business Resource Center and the Delta Area Chamber of Commerce have teamed up to offer a series of classes for those considering going into business for themselves. A second class will be held simultaneously for those who are already in business and need help optimizing their operations.

"Business 101: What You Need to Start Your Own Business" and "I'm in Business – Help!" will have a free, two hour introductory class on Thursday, April 17. One session will be offered from 10 a.m. – noon; a second will be held from 2-4 p.m.

The two hour kick off class will help you

determine if this is information you need. If after the introductory class you are ready to continue, there will be an in-depth 9-week course meeting each week on Thursdays from May 1 – June 26.

The series costs \$329 per business, including materials.

At the end of the course, entrepreneurs will have either a new a business plan ready to present to banks and investors, or will have an updated business plan to help you stay in business for years to come. Additionally, at the successful completion of the course, \$100 of the class fee will be rebated and will pay a portion of your membership dues in your local chamber of commerce. A membership in your local chamber is invaluable in helping to grow your business through networking, refer-

als and continuing education.

In addition, after successful completion of either course, the Small Business Development Center of Montrose/Delta will offer businesses 10 hours of free, private consultation.

The classes will be taught by Diana Tourney, MA, a consultant with the Small Business Development Center of Montrose/Delta. Tourney offers accounting, consulting, planning and training services to assist in moving great business ideas from the drawing board to reality.

Classes will be held in the upstairs conference room at the Delta Area Chamber of Commerce, 301 Main St. Classes are limited to 15 people. Call Diana Tourney at 872-5444 to register for the class or for more information.

LEARN HOW TO USE PINTEREST, OTHER SOCIAL MEDIA FOR BUSINESS

Special to the Mirror

DELTA--The Internet has changed the way people buy, and subsequently, your business should be changing how you sell products or services. A successful marketing campaign for your business should include traditional and social media. Your customers are all over the place – your message should be, too.

But when it comes to social media, which format is best for your business? What works for a car dealership may not necessarily work for a computer repair business or a restaurant. It can be tricky navigating the world of social media.

The Delta Area Chamber of Commerce and Relationship Marketing Solutions have teamed up to offer a class that will highlight five of the top social medias currently in use, and which platform is the best for your business. "How to Use Google+, LinkedIn, Pinterest, Facebook & Instagram for Business" will be held at the Chamber office, 301 Main St., at 1:30 p.m., on Tuesday, April 29.

The class fee is only \$10.

Nikole James is the brains behind Relationship Marketing Solutions. She provides helpful step-by-step advice on how to effectively use online media to improve

a business. She specializes in helping small businesses, and understands the challenges small businesses face.

Earlier this year, she attended the Web Copy Intensive conference in Austin, Texas, and has all the latest tips, tricks and techniques being used online today.

If you feel overwhelmed on how to get started using online media, or if you want more information on how to use one of the specific formats – Pinterest versus Instagram, Google+ versus LinkedIn, or Facebook – then this seminar is for you!

Class size is limited. RSVP by calling 970-874-8616.

"IMAGINE NO MALARIA" FUNDRAISER APRIL 26

Special to the Mirror

MONTROSE--The Montrose United Methodist Church is having a fund raiser on April 26 to raise money for "Imagine No Malaria". It is a worldwide plea to buy

mosquito nets for children in Africa, to eradicate malaria. MUMC's goal is \$20,000 and we are 1/2 there. The Rocky Mountain Conference's goal is \$1.2 million and they are 70% there. The global United

Methodist Church's goal is \$75,000,000. UMC is partnering with World Health Organization, United Nations Global Fund and the Bill and Melinda Gates Foundation.

THANKS FOR READING THE MONTROSE MIRROR!

YOUR LOCAL, ALTERNATIVE NEWS SOURCE!

970-275-5791

REGIONAL NEWS BRIEFS

HOME HEALTH OF WESTERN COLORADO DONATES BOOKS TO DELTA SCHOOLS



Special to the Mirror

DELTA--Home Health of Western Colorado's Executive Director, Christine Merriman, presented Delta elementary schools with over 200 fiction and non-fiction Scholastic books for their libraries on April 4, 2014. Merriman presented Garnet Mesa Elementary School librarian Tricia Starr with approximately 100 books and Lincoln Elementary School librarian Nancy Green with 100 books. Michelle Hannegrefs' Kindergarten students also each received a personal copy of "See Me Run" by Paul Meisel to take home.

The Scholastic Book Grants Program is a corporate in-kind giving program that provides high-quality reading materials to the nation's young people. Scholastic's goal is to ensure that each of its book donations has a significant impact on fostering literacy. Volunteers of America has participated in the program since 1999.

Since that time, Scholastic has provided Volunteers of America with over one million books which the organization has provided to children in our programs and communities in 30 states.

**THANKS FOR READING
THE MONTROSE MIRROR!**

**CALL 970-275-5791 OR 275-2658
FOR AD RATES AND INFORMATION!**

CITY RECEIVES CYBER-SECURITY GRANT

Special to the Mirror

MONTROSE--The City of Montrose (City) received a micro-grant for a cyber-security study from the Statewide Internet Portal Authority (SIPA). With this grant, the City Information Systems (IS) Department will grow their understanding of and how to strengthen security. This competitive grant cycle awarded 20 micro-grants to governments throughout Colorado to accelerate the adoption of electronic government services by placing more government services, products, and information online.

The cost of the cyber-security study is covered directly through SIPA and saves the City from funding this needed analysis. SIPA has contracted with Level 3 to provide this service as part of the grant award. This is a micro-grant (estimated to be under \$6,500) and requires no monetary match from the City.

"Cyber warfare is a growing concern for all organizations," said IS Director Jeff Scheetz. "The types of attacks and the frequency are continually changing and can come from anywhere at any time. It is important for the City to understand its current state of information security and how best to manage it." The area of cyber security requires specialized skillsets and enforceable security policies. Security testing is recommended to be done annually by a third party to validate the current policies and state of security within an organization.

"The City of Montrose wants to ensure that our information and that of our citizens are taken seriously and all efforts are in place to protect that," said Scheetz. "We strive to do our best to ensure that we have the finest, most cost-effective solutions in place to protect all involved." The first phase of the cyber-security analy-

sis will be complete by May 12, 2014, with the completed analysis report complete within 90 days of that time. The completed study will provide an assessment of the City's current approach to information security along with associated risks.

Level 3 will also provide suggested actions that will help the City mitigate any security risks. For a list of all micro-grant award winners, visit the SIPA website at www.colorado.gov/sipa.

For information about the City of Montrose, visit www.cityofmontrose.org. Follow the City on Facebook ([facebook.com/cityofmontroseco](https://www.facebook.com/cityofmontroseco)) and Twitter (@montrosegov). City Hall is located at 433 South First Street in downtown Montrose and may be reached at (970) 240-1400. Hours of operation are Monday-Thursday, 7 a.m. – 6 p.m.

REGIONAL NEWS BRIEFS

WESTERN BUSINESS ALLIANCE HOLDS LEADERSHIP RETREAT



Productivity coach Kim Zuroff.
Courtesy photo.

Special to the Mirror

REGIONAL – Western Business Alliance of Colorado (WBA) will host its annual Women's Leadership Retreat on April 25-27 at Gateway Canyons Resort & Spa (www.GatewayCanyons.com) in Gateway, Colorado.

This year's focus will be on productivity and mindfulness.

Kim Zuroff, Productivity Coach for Keller Williams Western Colorado will share tips, techniques and inspirations for getting the most out of the day, and turning to-do lists into done lists.

Miriam Dozier, former combat veteran and nurse, will give a seminar on Reflective Wellness: Energy Work and Essential Oils and renowned inspirational and comedic speaker Sue Hansen will get participants thinking about their habits, and how the smallest change in routine can make a huge impact in one's life.

"Those who have experienced success will tell you that it might be due to their ability to stay out of the fray, not get caught up in the distractions of the moment. They develop and fine-tune their habits.

"This is a simple yet difficult task," said Sue Hansen.

Zuroff, whose three-hour intensive workshop will be held on Saturday, moved to the Western Slope recently from North Dakota, and is not only a successful real estate agent and productivity coach; she is also a member of the Air National Guard.

Kim's passion is to teach what she has learned not only in the real estate business, but also in life, and shares her thoughts on her blog:<http://learngrowinspire.wordpress.com>

"The key thing I learned is that when you run your business and you aren't letting your business run you, you are living a life by design. When you focus on your time block and the priority items that need to be done, your days will operate more smoothly," said Zuroff.

The WBA's mission is to promote, educate and invigorate their members through content rich business events and growth opportunities, and businesses large and small across the Western Slope.

This is the WBA's third weekend retreat hosted specifically for women in business.

"We are excited to once again host our women-only business retreat at Gateway Canyons Resort where the amenities of the resort and beauty of the location helps to keep us inspired throughout the weekend," said Terri Leben co-director of The Western Business Alliance of Colorado.

The WBA Women's Leadership Retreat is \$300 per person and includes all meals, programs, tax and gratuities.

Contact WBA's Terri Leben at (970) 901-6761 or terri@wbacolorado.com.

Lodging is not included and can be booked directly with Gateway Canyons: 970-931-2704, request the "Western Business Alliance" rate of \$209 double occupancy.

More information about this and other programs can be found at www.wbacolorado.com

Mental Health First Aid

People Helping People



Mental Health First Aid can help you learn the skills to identify, understand & respond to signs of mental illnesses and substance abuse disorders.



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For more information on times and locations of training opportunities, contact Robin

at (970) 252-3228

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REGIONAL NEWS BRIEFS

2014 MAYOR'S WATER CHALLENGE APRIL 1-30

Special to the Mirror

MONTROSE--Montrose is once again participating in the "Mayor's Water Challenge," a friendly competition between residents of cities across the U.S. to see who can be the most "water-wise." Mayors nationwide challenge their residents to conserve water energy and other natural resources on behalf of their city through a series of informative, easy-to-use pledges online.

The 3rd Annual Mayor's Challenge for Water Conservation, April 1-30, 2014, provides an opportunity for communities to raise awareness about the importance of conserving and protecting this precious resource.

"Cities with the highest percentage of residents who take the online, no-cost, non-profit challenge win bragging rights and participants become eligible to win prizes," explained Public Works Director John Harris. "We're hoping for great participation for the 2014 Challenge," said Harris.

To help Montrose win in 2014, visit <http://www.mywaterpledge.com/campaign/national-campaign-2014/>.

Last year, citizens from over 1,000 cities in all 50 states made online pledges at www.mywaterpledge.com to save water, use less energy and reduce pollution at home and in their community with potential cost savings of more than \$30.6 million. In addition, challenge participants pledged to reduce their use of single-use plastic water bottles by more than 5.4 million bottles and eliminate 69.9 million pounds of hazardous waste from entering watersheds. By altering daily lifestyle choices, pledges also resulted in potentially 18.3 million fewer pounds in landfills and 2.2 million fewer pounds of fertilizer in the waste stream. Potential savings of 67.8 million gallons of oil and 2.7 billion pounds of carbon dioxide rounded out the final pledge results.

The Challenge dovetails with the City's annual Earth Week celebration. This year's

theme is "Wildlife and Habitat Conservation." For a complete schedule of related events for all ages, visit

www.CityofMontrose.org/EarthWeek.

Located at 1221 6450 Road, the Public Works Department develops, maintains, and operates city owned infrastructure including streets, water, sewer, wastewater, parks, and trails and includes the following divisions: Engineering, Fleet Management, Parks, Sanitation/Recycling, Streets, Utilities, and Wastewater Treatment. For more information, call (970) 240-1480 or visit www.cityofmontrose.org/publicworks.

For information about the City of Montrose, visit www.cityofmontrose.org. Follow the City on Facebook ([facebook.com/cityofmontroseco](https://www.facebook.com/cityofmontroseco)) and Twitter (@montrosegov). City Hall is located at 433 South First Street in downtown Montrose and may be reached at (970) 240-1400. Hours of operation are Monday-Thursday, 7 a.m. – 6 p.m.

Cara Fandel

INSPIRATION THROUGH IMAGING



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MONTROSE COUNTY NEWS AND INFORMATION

FAIR BOARD APPROVES 2014 FAIR THEME AND A NEW LOGO

Special to the Mirror

MONTROSE--The Montrose County Fair Board recently approved the 2014 Fair and Rodeo Theme—"Vintage. New. You." In conjunction with the theme approval, the board also voted to establish a new logo.

The theme was reinterpreted from the submission of 'Pioneer Days to Modern Ways' by Montrose County Fair & Rodeo Princess **Jacey Taylor**.

Taylor took home the \$50 prize for the top logo submission. The theme was chosen as it encompasses a wide variety of potential as well as celebrates the county's rich history.

Additionally, the theme represents movement toward new technology and the fu-

ture while honoring community involvement in the oldest event in Montrose.

Fair Board President **Doug Kimberlin** indicated that the board was pleased by both the new theme and logo. "We are excited to weave the theme into this year's fair," said Kimberlin. "Agricultural programs such as 4-H are an important part of our local community and help develop outstanding young citizens to carry on our traditions and embrace new technologies."

The new logo was designed by local creative talent Rene Bobo of Bobo Logos. For 2014, the new logo is customized with the theme as well as a silhouette of a cow. Both features will be changed annually to accommodate the new theme, as well as



provide representation to different events and animals within the fair.

The Montrose County Fair & Rodeo will be held July 18-27, at the Montrose County Fairgrounds (1001 North 2nd Street). For more information, please call 970-252-4358.

Montrose County Recognizes Child Abuse Prevention Month

Special to the Mirror

MONTROSE--April is National Child Abuse Prevention Month, and Montrose County recently followed suit by proclaiming the month of April Child Abuse Prevention Month on a local level as well. Montrose County is proud to partner with Dolphin House, Partners, Hilltop, Black Canyon Boys & Girls Club and CASA to raise awareness for child abuse prevention with the Pinwheels for Prevention Walk on Saturday, April 26th at 10:00 a.m. Montrose County Health & Human Services (HHS) encourages all citizens to learn more about the negative short and long-term effects of child abuse and neglect on both the child and community. "Child and youth development is the foundation for community and economic de-

velopment," said Deputy HHS Director **Carol Friedrich**. "When children experience abuse and neglect the architecture of their maturing brains is damaged. If left unaddressed this leads to poor outcomes for the child and the community. These effects include academic failure, chronic long-term health issues and increased crime rates and violence."

Montrose's future success relies on the healthy growth and development of all children. Montrose County and its partners encourage our constituents to come together to ensure all children have a safe, stable, nurturing environment they need to thrive. These types of relationships build healthy brain architecture in children, forming a sturdy foundation for future success.

The walk will begin at Centennial Plaza,

located in downtown Montrose. All participants will hold a blue pinwheel while walking one mile to Cerise Park. Free food and beverages will be available for all walkers at the finish area. The walk is free of charge and all are welcome. Please contact Carol Friedrich at 252-7063 or ckfriedrich@montrosecounty.net for more information about the awareness walk.

One of the most effective ways to prevent child abuse and neglect from occurring is to ensure all parents have the knowledge, skills, resources and social support they need to provide safe, stable and nurturing environments for their children. Montrose County and its partners are here to help. Do not hesitate to call if you or someone you know is the victim of child abuse or neglect.

CLICK HERE FOR YOUR MONTROSE COUNTY GARDENING CALENDAR!
<http://www.montrosecounty.net/DocumentCenter/View/6107>



Starting a Business from a Legal Perspective

Only
\$20!

Presented by Melissa J. Alcorn, PhD, JD

The Law Offices of Melissa Alcorn & Associates, LLC

A registered patent attorney with the U.S. Patent and Trademark Office, Melissa brings a diverse set of legal skills related to protecting discoveries and building value into inventions. Melissa specializes in business contracts, intellectual property, and start-up activities for spin-off entities, and is particularly interested in assisting business owners with innovations in the outdoor gear industry.

Wednesday, April 23 • Noon–1pm • Montrose

- **So you want to start a business?**
- **Gather your assets**
 - Is your product protected?
 - If not, is there a simple strategy to do so?
- **Gather your risks/rewards**
 - Choice of business types
 - Choose one that protects you and business partners most effectively
- **Gather your capital**
 - Don't be afraid of the paper trail (licenses, CDAs, agreements...oh my!)
- **Have your story ready and tell it with feeling**

*Limited Seating Available!
Brown Bag Working Lunch*

Hosted by
REGION 10
Economic Assistance
& Planning
SMALL BUSINESS RESOURCE CENTER

RSVP 970-249-2436 • www.Region10.net

Region 10 Enterprise Center • 300 North Cascade • Montrose • Please RSVP by calling Claudette at Region 10



Food Safety Classes

Offered by Montrose County Environmental Health

This 3-hour class is for food service workers
& covers the basic concepts
For safe food handling.

2014 Montrose Classes

January 14th, 2014
February 11th, 2014
March 11th, 2014
April 8th, 2014
May 13th, 2014
June 10th, 2014
NO July class
August 12th, 2014
September 9th, 2014
October 21st, 2014
November 18th, 2014
NO December class

Pre-registration is required by calling 252.5000.

Classes are held at a **new location,
at Friendship Hall at the Montrose County Fairgrounds
at 1001 North 2nd Street
from 2:00 to 5:00 p.m.**

**The cost to attend is \$10 and a photo id is required.
Successful participants will receive a food handler's card.**

*For additional information
Or, to schedule a class at your location,
Call Environmental Health at 970-252-5000.*

REGIONAL NEWS BRIEFS

RE-IJ ANNOUNCES KINDERGARTEN REGISTRATION DATES

Special to the Mirror

MONTROSE- Kindergarten registration for the 2014-2015 school year will be held in your neighborhood elementary school on Thursday, April 17, from 8:00-11:30 am and 12:00-4:00 pm. Your child can attend kindergarten next year if s/he will be five years old by September 15, 2014.

In order to prepare our classrooms for next fall, it is VERY IMPORTANT that you register your child on April 17. If you

are unable to attend on this date, please call your school and set up an appointment to complete the registration materials.

If you will be requesting a transfer to a different school, the form for that purpose will be available at your neighborhood school.

Please note that transportation is not guaranteed and transfers are not approved until mid-August, when class sizes are known and the district can determine if space is

available to honor your request.

IMMUNIZATIONS AND BIRTH RECORDS

For kindergarten registration, parents are required to bring an official record of birth (birth certificate, hospital record, or baptismal record) and immunization records.

The state law requires that children cannot be registered without bringing an immunization record with them at the time of registration.

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Top Floor, Three room South, 690 square feet.

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Will be broker listed next month at \$122,500.

CONTACT: Abbyarts@gmail.com



Free After School Programming during Earth Week

Special to the Mirror

MONTROSE—On April 1, 2014, the Montrose City Council proclaimed Monday, April 21 through Saturday, April 26, 2014, Earth Week. The theme of this second annual Earth Week in Montrose event is “Wildlife and Habitat Conservation.”

The local focus of the event is the good stewardship of our wildlife population. Colorado is rich in wildlife, and it's important to protect our animals and their habitat. A number of free, Earth Week

related offerings at the 21st Century After School Program will allow kids the opportunity to learn about wildlife and habitat conservation from rangers from the Black Canyon National Park and district wildlife managers from Colorado Parks and Wildlife.

“This year’s Earth Week theme encourages activities that help kids understand the importance of protecting the animals of Colorado and their habitat,” explained Erica Jiron, director of the 21st Century Community Learning Centers and After School

Program. “We’re excited that rangers and district wildlife managers will visit our after school programs during Earth Week to share their knowledge and expertise with kids.” Programming related to Earth Week activities is free through the 21st Century After School Program.

The Montrose Botanical Society and the Montrose Regional Library also has programming available during the week.

For a full schedule of activities for all ages, visit www.CityofMontrose.org/EarthWeek.

Sponsorship Levels:

Par: \$100.00

Birdie: \$150.00

Eagle: \$250.00

Double Eagle: \$500.00

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John Abel
249-4924

Or donate a prize for auction,
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All Proceeds will benefit special
projects to enhance and enrich the
lives of our residents.

Examples of past projects include patio
addition with fire pit, awning, bird aviary,
fish aquarium & birthday fund.

Deadline for Entry: June 7th

Green Fee:

ONLY \$70 per Player

**includes: golf, cart, range balls,
lunch & prizes.**

Sign up below to play:

PLAYERS NAMES

1. _____

2. _____



THE HOMESTEAD AT MONTROSE

Fundraiser Golf Tournament Entry Form

Saturday, June 14, 2014

The Bridges Golf Course

2500 Bridges Drive - Montrose, Colorado

8:30 a.m. SHOTGUN

2-Person teams

18 HOLE – SCRAMBLE FORMAT

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Our Major Sponsor is:



Additional entry forms are available at

The Bridges Golf Course 252-1119

Or Contact:

The Homestead at Montrose – 252-9359

Send entry form along with check payable to

The Homestead at Montrose;

1819 Pavilion Drive; Montrose, Co. 81401

PHONE NUMBER

HANDICAP

REGIONAL NEWS BRIEFS

MONTROSE HISTORICAL MUSEUM TO HOLD YARD SALE!

Montrose Historical Museum is accepting donations for our annual yard sale. If you are cleaning out your garage, basement or closets and need a great place to donate the items, we are the place! We do not accept appliances, electronics or clothes, but everything else is welcomed.

Please call Sally at 249-2085 for drop off times and information.
This great yard sale will be April 25th to 26th, from 8 am to 3 pm.

The Sixth Annual Montrose County School District Art show opens Monday, April 21 and continues through Friday, May 2. Thanks to Region 10 League for Economic Assistance for again hosting the show at the Enterprise Center, 300 N. Third in Montrose.

**The show may be viewed daily from 9 a.m. to 5 p.m.
Artwork representing students in grades kindergarten through 12th grade will be featured.**

HONORABLE MENTION

To Gale Ingram of the Ridgway Area Chamber of Commerce, for leadership, hard work, vision, attention to detail and a sense of humor that keeps it all in perspective...

To Colorado State Senator Ellen Roberts, for excellence in communicating with constituents...

To Rex Swanson, for far too many contributions to count, and for stepping up to serve on City Council...

To Timberline Plumbing and Heating of Delta, for outstanding customer service, affordability, and for ALWAYS treating every customer like their business is important.

MONTROSE BOTANIC GARDENS... A PICTURE PERFECT SETTING FOR AN ARRAY OF SUMMER EVENTS!

By Liesl Greathouse

MONTROSE--For those with a green thumb, or those who like to admire the work of those with green thumbs, the Montrose Botanic Gardens will be offering a variety of unique events in coming months that the whole family will enjoy.

Sara Ungrodt, a landscape architect, and event coordinator and more for the Botanic Gardens, took time to talk and explain all about the exciting events coming up.

Sara became involved with the Gardens a little bit initially, back when the Gardens first started in 1992. She got involved again in 2007 when she saw an ad in the paper looking for a design for the next section of the Gardens. Her design was approved, now known as the Valley Garden. Eventually Sara began to assist in rehabilitating the Gardens and in recruiting volunteers to help, a group that became the Weed Warriors. And like the garden itself, "Things just kind of grew," she explained. "I still work for a living, but I am lucky to be able to donate time to the Gardens."

The [Gardens' website](#) and Facebook page will be updated about events as dates draw closer, so people are encouraged to check them out for details.

During Earth Week, the Gardens will be having special events on April 23 and 26. Wednesday the 23 will be a program in the Gardens about butterflies, birds, bees, and other creatures that help pollinate plants. Saturday the 26 will feature the Worm Man, who will be teaching a fun program about having worms in your compost. Tours will be held throughout the events for people interested.

"The programs are designed to co-mingle with other city programs," Sara explained.

On May 10, 9 a.m.-1 p.m., will be the Garden Affair (formerly known as the Plant Sale), a fundraiser for the Gardens. There will be plants, plant art, hanging baskets, and perennials for sale.

Volunteers will be on hand to offer advice, and for a donation, they will plant the newly purchased plants into beautiful pots, with a nice bow tied around them. Members get a 10 percent discount and people can sign up to be a member while there.

"The Garden Affair is a new, unique twist on our fundraiser," Sara said.

June 11, at 7 p.m., will be the continuing lecture series organized by the Botanic Gardens, which will feature a fun program held in the actual Gardens all about laven-

der. "There is lavender in the Gardens, so it will be really cool," Sara said.

Saturday, June 14 will be the Garden Tour, a visit of five local homes, each with a unique garden. People can buy tickets at some local businesses or the Pavilion box office. Tickets are \$10 for members, \$12 for non-members.

"Each garden has a unique story," Sara explained. "Some focus on water saving or growing food, and there is even a healing garden. One is a massive estate with a Japanese flair and another one is a yard park. There will be music, art, and it will be a lovely experience."

"We really want people to look forward to it year after year," she said.

One of the goals of the Gardens is to have more kids and families know about it. So July will feature two children's programs to help draw them in.

July 16 will be 'Kids "Diggin" the Garden', a fun event for children, with details to come.

July 19 will feature a local artist and local kids helping create a mural in the Gardens. Details to come.

In September, there will be a class on 'Putting Your Garden To Bed'. Details to come on the website.

For the Holiday season in December, a fresh idea is for a Garden of Lights event, where the Gardens will be lit up. Details are still being firmed up.

Throughout the year, impromptu events are always welcome. "Educating people is our purpose, so we love to have any opportunity to do so," Sara said.

Some new changes to the Gardens this year will include continuing work on the Valley Garden, which depicts the history of local water, including the Gunnison Tunnel, canals, and more. Turf will be laid down this Summer, with an Eagle Scout Troop doing part of it as a Troop project. "My personal goal is to get started and move on to the next phase of the Valley Garden," Sara said. "I'm also really excited that we have young members of the community as contributors."



The Montrose Botanic Gardens welcomes the whole family to an array of fun events and activities in 2014. Courtesy photo.

The Botanic Gardens is not a city park, so all their funds come from grants and donations. One way that people can help is by becoming a member of the Montrose Botanic Gardens for only \$25 a year. Membership comes with discounts at local businesses, a newsletter and the goal of supporting an educational place like the Botanic Gardens in Montrose.

Volunteering is greatly appreciated, so for people interested, there is the Weed Warriors, a fun group of people with a passion for plants.

They meet Wednesday mornings, 9 a.m.-12 p.m., so anyone is welcome to come and check them out. "Just come and join us," Sara said. "It is not just weeding, people also learn how to fertilize, prune, mulch, you name it. It is an educational session."

A continuing goal for the Gardens is to increase awareness that it is there, ready to help and educate people on gardening. "People think we hide," Sara said. "We want people to know that the gate at the front is not locked, so people can come in and visit the gardens any time during the day."

"When they come in, people will discover a whole new world."

The Montrose Botanic Gardens is located just south of Montrose Pavilion, at 1800 Pavilion Drive. To keep up to date on all the happenings and events, visit their website at <http://www.montrosegardens.org/> or for more information email montrosebotanical@gmail.com.

On the Western Slope. Across the Nation.

We succeed when we help change the lives of older adults and families in our communities.



Volunteers of America is a national, nonprofit, faith-based organization who since 1896, has been dedicated to helping those in need live healthy, safe and productive lives. On the Western Slope of Colorado, we offer independent senior and family housing; senior care services, including site-based and home delivery meals programs; a PACE program, including senior day centers, in-home, and clinic care; home health care management; and assisted living, long-term, memory, transitional and respite care.

For more information, visit www.voahealthservices.org



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- Horizons Health Care & Retirement Community • Senior CommUnity Meals
- Senior CommUnity Care PACE • Home Health of Western Colorado

GIVING BACK IS ON HIS "RADAR"



Like the M.A.S.H. T.V. show character who inspired his nickname, Montrose volunteer Brent "Radar" Carlile likes to help out where he sees a need. Above, the Warrior Resource Center in Montrose is one of several organizations where Radar volunteers on a regular basis.

By Liesl Greathouse

REGIONAL--Montrose local Brent (Radar) Carlile believes in the power of helping others. From Welcome Home Montrose to Serenity House, to the Oak Grove Elementary School and Second Chance Humane Society, Radar gets around and is building up a reputation for having a kind heart and helping hands.

At Oak Grove Elementary School, where his youngest child Karsun attends, Radar has been helping out since last Fall as part of WATCH D.O.G.S., directing traffic, making sure that no one goes in or out of the school that is not supposed to, and trying to put a smile on kid's faces and make them feel wanted at the school. Radar especially tries to help with the traffic. "There have been some accidents in the parking lot," he explained. "Parents get in a rush and I feel obligated to make kids feel safe."

Radar initially heard about the program from a paper that was sent home from the school. "We are dads for a day to kids who don't have one and we help them out," Radar explained. "I love the kids and making them smile. They make me want to do it more."

At Welcome Home Montrose, Radar does anything he can for them. "If they

need help moving stuff to storage, picking up donations or helping a veteran move, I do it," he said. "I also take care of their electronics. Whenever they need help, they call me and I come."

Radar has been helping there ever since the organization started. "I was never able to get in to the service, so I feel that since I could not get in, I'll help my country by helping veterans out," he explained.

Serenity House is a rehabilitation center for alcoholics, helping give them a new start in life. Radar knows the man who started the organization and has been involved since the very beginning, which was about three years ago.

Radar helps by donating things such as TVs, couches, cups, beds, and a recliner, as well as helping them get rid of their unwanted items. If someone is going to move out, but does not have a car, Radar will help them move their stuff from storage. He has also helped one person get work. "It helps him out, gets him out in life and helps him to find that there is more to life than alcohol," Radar said. "The best part is the appreciation you get from a person. They really do value your help."

At the Second Chance Humane Society Thrift Shop in Ridgeway, Radar helps with moving large purchases for customers as

well as taking care of the shop's recycling. He will process the electronics to get them scrapped and then will give 50 percent of the money back to the organization. "It's what I do," he said. "It fills a hole, and not a landfill, so they do not have to worry about it."

Radar enjoys helping there because of how great the people are to work with. "Everyone is so nice and polite and it helps out animals," he explained. "A lot of animals need loving." He also helps out at local ranches, with anything he can do for them. "It's a lot of fun," he said.

In addition to offering labor help, Radar and his family help others by giving away things to anyone they can help: bikes for people to use for work, stoves, couches, a car, and even a wheelchair. If he does not have something a person needs, he will do his very best to help that person find it. "I feel good when I give things away," he explained. "It's leaving a legacy."

Why does Radar do it all? "Because I enjoy it," he said. "It makes me feel good to help someone. They really appreciate it."

Radar has this advice for anyone interested in volunteering: "Just do it and don't think about it. It will make you feel good."

For people interested in getting involved with some of the local organizations above, Radar encourages it. However, WATCH D.O.G.S. are only available for men at the school their child attends. If someone is interested in bringing WATCH D.O.G.S. to their own school, they can visit their website for more information.

For the other organizations, Radar said, "Just go down there and talk with them. Say 'I'll help you with this...'"

Radar never asked to be where he is now, it's just that if he sees someone who needs help, he will help them. "There's that saying that if you have a job you love so much, you never work a day in your life," he said. "I would like to see more people helping other people. I believe that if more people helped each other out, the world would not be the way it is now."

For more information on:

The WATCH D.O.G.S., visit http://www.fathers.com/content/index.php?option=com_content&task=view&id=21&Itemid=60 Welcome Home Montrose, call 970-765-2210; Serenity House, call 970-240-8985 or 970-417-4738 The Second Chance Humane Society Thrift Shop, call 970-626-3233.

LOCAL AUTHOR NAMED A FINALIST IN STATE BOOK AWARDS

By Caitlin Switzer

REGIONAL--Officially, he is retired. However, the second career that Jeff Burch, a 30-year U.S. Forest Service veteran, has launched as an author has taken on a life of its own. After creating and releasing a poster, *View Looking South from Montrose*, in 2001, Burch went on to publish two picture books of local mountains. He co-wrote the popular *Peaks of the Uncompahgre* with Ouray County historian Don Paulson several years ago, and issued his newest book, *The Peaks of Telluride*, in late 2013. Burch was also successful in his effort to see the name of Telluride's Bridal Peak officially restored this year after it had been abandoned over time, though the peak had been clearly labeled as Bridal Peak in the 1962 *U.S. Geological Survey Bulletin*. In the wake of a nine-month campaign by Burch, The U.S. Board on Geographic Names voted in February to restore the name of the 13,510 foot peak that sits north of Columbine Pass, at the head of Bridal Veil Basin.

And now, Burch has been nominated for a very prestigious award. On May 8, Burch will take part in the Colorado Book Award Finalist reading at Denver's Oxford Hotel. *The Peaks of Telluride* has been selected as a finalist for the 2014 Colorado Book Awards pictorial category, according to a letter from the Colorado Humanities & Center for the Book.



*Local author Jeff Burch has been named a finalist for a Colorado Book Award in the pictorial category for his 2013 release, *The Peaks of Telluride*, the cover of which is pictured above. Courtesy Image.*

The letter notes that the award finalists will then be recognized and winners will be announced at the Colorado Book Awards on Friday, June 13, 2014, at the Hotel Jerome in Aspen, Colorado. The celebration is part of the Aspen Summer Words 2014 Literary Festival.

Burch, who never expected the recogni-

tion, said that he is simply honored to be a finalist.

"It's such an honor to be nominated," he said. "To win would be a very great honor—both for me, and for Telluride."

The full list of 2014 Colorado Book Award Finalists is posted at coloradohumanities.org.

COBBLE CREEK TO CELEBRATE FOURTH ANNUAL COMPASSION BASH TICKETS AVAILABLE AT PRO SHOP, SHE SHE BOUTIQUE, ONLINE

Special to the Mirror

MONTROSE--The Fourth Annual Compassion Bash will be held 6 p.m. at Cobble Creek on April 25. This is a benefit for Dr. Mary's Helping Hand Fund, a component fund of the Montrose Community Foundation. The Helping Hand Fund is "a Hand Up....Not a Handout" organization that provides services that are not available through any other assistance program.

The Fund has filled needs such as: Gas cards for families traveling to Children's Hospital, Activities cards for children living in the Haven House Homeless Shelter, Counseling for children, medical supplies, education, car and home repairs.

This Fund makes it possible for people to be self-sufficient and productive in their lives. The Compassion Bash features a fun



Above, some scenes from last year's Compassion Bash at Cobble Creek golf Community.



and interactive Fashion Show with many local clothiers, Music, dancing, cash bar, delectable complimentary hors d'oeuvres and plenty of prizes! Tickets - \$20 each,

available at She She Boutique, D;Medici Footwear, The Cobble Creek Golf Pro-Shop or

www.compassionbash.eventbrite.com

REGIONAL NEWS BRIEFS

ALPINE BANK SUPPORTS BOOK DRIVE, NATIONAL VOLUNTEER WEEK

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GLENWOOD SPRINGS – Throughout the entire month of April, all Alpine Bank locations will accept donations of new and gently used children's books, appropriate for ages from birth through eight years old, in support of the Colorado Business Reads book drive. All donated books will be distributed to local kids in May through doctor's offices, schools, libraries, and childcare centers.

Additionally, Alpine Bank has once again committed itself to participation in National Volunteer week, April 6 - 12, 2014. The bank has long supported and encouraged staff to be involved in their communities and provides each employee with 24 hours of paid volunteer time per year. Alpine's goal for National Volunteer Week 2014 is to achieve 100% employee participation throughout the week via the many volunteer opportunities available in the communities it serves.

"For more than 41 years, one of Alpine Bank's core values has been community," said Tom Kenning, chief operations officer. "It is simply part of who we are to participate in both National Volunteer Week and Colorado Business Reads in order to help improve the quality of the communities we serve."

About Colorado Business Reads book drive
Executives Partnering to Invest in Children (EPIC) joined forces with Lt. Governor Joseph Garcia and a broad coalition of Colorado partners to lead a statewide book drive for children from birth to eight years old. The goal is to create public awareness of and support for the importance of summer reading with an adult. For additional information as well as tips on making the most of reading with a child, visit <http://www.coloradoepic.org/whatwedo/cbr>.

About National Volunteer Week
Established in 1974, National Volunteer Week is about inspiring, recognizing and encouraging people to seek our imaginative ways to engage in their communities. It's about demonstrating to the nation that, by working together, we have the fortitude to meet our challenges and accomplish our goals.

About Alpine Bank
Alpine Bank is a \$2.4 billion dollar, employee-owned organization chartered in 1973 with headquarters in Glenwood Springs, Colorado. With 37 banking offices across Colorado, Alpine Bank employs over 500 local people and serves more than 130,000 customers with retail, business, trust, asset management, mortgage and electronic banking services.

Thanks for reading the
Montrose Mirror!
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A **PAMPER ROOM** will be available for mini massages, reflexology and other relaxing activities.

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REGIONAL NEWS BRIEFS

RIDGWAY ALUMNI TEAMS UP WITH DOCUMENTARY FILMMAKER TO SUPPORT TWO WEST AFRICAN SCHOOLS



Ridgway native Kelsey Fox Bennett (pictured above) and documentary director Ballard Boyd are launching an online campaign to support their efforts to help two West African schools. Click here to donate! <http://igg.me/at/innerartcreations>.

Special to the Mirror

RIDGWAY--Ridgway alum, Kelsey Fox Bennett - founder of Inner Art Creations & licensed Brain Gym® instructor - and Ballard C. Boyd - commercial and documentary director - have been invited to West Africa to empower two wonderful schools through education training that can accelerate learning and healing for the students and by producing two short documentaries to aid in international awareness of the schools. Kelsey and Ballard are donating their time and expertise and are currently raising funds on Indiegogo, an online crowd funding platform, to cover the cost of travel and supplies. As of April 9th, a week from their campaign launch, they have raised over half of their overall goal of \$8500. The online campaign will be available for contributions until May 10, 2014. Campaign website: <http://igg.me/at/innerartcreations>.

The Schools- More Than Me is a non-profit organization that takes young girls off the streets of the poorest slums in Libe-

ria and puts them into a school system. They currently educate over 100 girls between the ages of four & seventeen. Christ Family Academy is an elementary school in Ghana which educates and feeds over 400 students, many of whom can't afford to attend, but who are still taken in, fed, and educated.

The Plan-Kelsey will be helping these two schools by educating the staff and students in Brain Gym & Movement Based Learning (MBL): forms of applied kinesiology that uses simple movements of the body to improve connections in the brain.* Brain Gym activities have been shown to make reading, writing, and other new learning with ease. The more support the students have, the greater immediate and long-term success they can develop.* Brain Gym activities also can reduce stress for both staff and students. This makes a huge difference in sustainable success vs. burnout and exhaustion.* Movement Based Learning (MBL) techniques, especially, empower students to heal and feel

safe in their own bodies. Many of the girls at More Than Me, specifically, have suffered physical and emotional trauma during their time on the streets, and this step is vital to their future health and success.* Teaching the staff, in addition to the students, ensures that these techniques will be carried on past our visit. So students have tools they can use in both the present and the future.

Ballard has directed commercials and documentaries for dozens of international companies (Google, HBO Family, 3M, Dick's Sporting Goods, and more). He will be documenting the trip, by filming two broadcast-quality mini-documentaries, showcasing the schools' work and the story of their students.* These videos will serve as vehicles for MTM and CFA to reach out to funding internationally, helping bring money directly to their current needs.* they raise, and the more children can be in school and off the streets. Contact Kelsey Fox Bennett-kfb@innerartcreations.com // 720-235-9162.

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TELLING TALES TALL AS THE WEST – COWBOY HISTORIAN KEN REYHER



A former schoolteacher, writer, historian and author Reyher once convinced a co-worker at the Delta County Independent that he had spent his life as a horse thief.

Editor's Note: *I wrote this story a decade ago, for the Delta County Independent and for my book in progress, **Tumbleweeds...** It is worth sharing again, though Ken no longer writes or performs. He is my favorite Colorado historian, a former DCI co-worker...and his books have something to teach us all.*

By Caitlin Switzer

DELTA--At first, the figure appeared to be a ghost. Clad in old-fashioned attire, carrying only a simple blanket, it was as though the man with the handlebar mustaches had stepped on to the trail through an opening in the mists of the distant past.

To a modern day backpacker encountering him, a chance meeting in the backcountry with Olathe's Ken Reyher is an experience not soon forgotten. A former school teacher, Reyher decided upon retirement to immerse himself in the world of history, so as to better understand the real lives hidden – and often lost – beneath the dusty pages of books.

"You can't relate to the people back then until you have walked in their shoes," Reyher said. "So I started hiking the old trapper trails. I would go more than 100 miles on foot – I would have (his wife) Jan drop me off, and pick me up someplace else. I dressed for the time period -- some outfits I buy, some Jan makes, some I make myself.

"I turned out to be a pretty good seamstress," he laughed. "I can't use a sewing machine, but I can sew."

For Reyher, the 1830's mark the most fascinating time period in the saga of the American West. The beginning of the industrial revolution, it was a period of tremendous change, he said.

"That was also the last time you could ride across American and not agitate anyone," Reyher said.

Beneath the spirit of adventure that marked the West's early days was a sense of self-reliance difficult to imagine in today's world.

"They carried one blanket to keep warm," Reyher said. "You can keep warm with one blanket, but it's not easy, and it's not real warm!"

"These people loved fatty meat," he continued. "The fatter, the better. When you expend an incredible amount of energy day after day, your body requires it."

"When I get back from hiking, I eat the greasiest cheeseburger and fries I can find. I crave it! Now I understand!"

Understanding the day-to-day lives of cowboys and settlers is the key to making history real, said Reyher, who now shares his love of Western Colorado history through performances that include anecdotes, costumes and his own brand of cowboy poetry. He averages a couple of performances each month, and his gifts as a storyteller ensure that his reputation continues to grow.

Reyher has also published five books through Western Reflections Publishing of Montrose.

"It's fun," he said. "And it's a sneaky way to teach history."

"I was writing and getting published in different Western horse magazines, and it just started growing."

"My favorite aspect of local history is the nuts and bolts of how people lived – that's basically what my books are about," he said. "You can look up dates, times, and facts, but some of the other stuff...you get too far down the line, and it's lost. I could read the old journals, and I understood what they were talking about – but the next generation would not."

At 62, Reyher has already lived a long life by historic standards.

"The hardest aspect of life back then was health," he said. "Up until the Civil War, the average life expectancy for women was 33 to 34 years old. For men, it was 44 to 45. For women, the big problem was complications from childbirth. And for

children, as late as the 1880's, the mortality rate was one of two before the age of five."

Reyher's extensive research has included not only books and journals, but visits to local cemeteries as well – repositories not just of historical information and human remains, but of heartbreak and unimaginable sorrow.

"In the first ten years of the Lake City Cemetery's existence, 70 percent of the graves belonged to children," Reyher said. "It was their diet – scurvy and complications from it broke their immune systems over the winter, and they had no Vitamin C. Children need more Vitamin C than adults. In the spring, people would travel. Somebody would come in with a simple disease, and the children would get it, and they would be gone – often, they would lose an entire family of children."

"It was very common for a woman to bury her first infant in a coffin lined with her wedding dress," he said.

In mining camps, children were frequently buried in macaroni crates, he said.

"The West was incredibly mobile," Reyher said. "People were constantly moving. They would lose one, two, or three children, and they would leave, never to come back."

"So the finest tombstones were those for children," he said. "It was the only way people could express their grief."

Delta County holds a special place in Reyher's heart.

"Delta County has a fascinating past," he said. "It was the heart of the cattle business in Western Colorado. There are so many artists and writers here – and just look at the activity in the historical societies. That makes my job easier."

For Reyher, one of the most fascinating local figures is one who is still lives today. "Gordon Hodgkin is the most interesting person," Reyher said. "I am always learning from him. I will be sitting at the library doing research, and Gordon will come in and start telling me a story. I ended up writing a ballad after hearing one of his stories. I don't remember what I was researching, because Gordon was far more interesting!"

Reyher himself grew up in Southeast Colorado, and learned his love for storytelling at his grandfather's knee. "The Reyher family was into cattle big," he said. "My paternal grandfather rode with the guys who brought cattle up the Colorado Trail from Texas. He used to tell me all these stories – he was a good storyteller."

MONTROSE CHAMBER OF COMMERCE RIBBON CUTTING



Special to the Mirror

MONTROSE—The Montrose Chamber of Commerce and Redcoats celebrated the opening of the retail store for Rocky Mountain Bio-Ag with a ribbon cutting! Rocky Mountain Bio-Ag is a health food store for soil. Located at 3045 Aerotech Parkway, #6, in Montrose, its shelves contain nothing but environmentally friendly products, designed to promote healthy fields, yards, and gardens.

TELLING TALES TALL AS THE WEST – from page 26

My very first piece of cowboy poetry was something he saved from somewhere.

“I was a closet poet myself by the time I was in fifth or sixth grade,” Reyher said. “I just didn’t tell anybody. I took pencil and paper, and I would sneak off and write somewhere.”

Today, Reyher keeps in mind the words of historian David Lavender, from whom he once took a writing course.

“He said that history has to be retold for each generation, in a way that each generation can relate to it,” Reyher said.

The differences between this generation and those who settled the American West are vast, he added.

“Look at where we are now,” he said.

“My generation has the biggest retirement debt load in history – 30 to 40 percent of people my age don’t have their homes paid off. They have not saved for retirement. The attitude is, if you get in trouble, somebody will bail you out. Back then, if you had a problem, you were responsible for solving it.

“The cowboys were visionaries,” he said. “They came from places where life was comfortable, and where they would have done well.

“They came out here, and even under difficult conditions, they persevered, and stuck with it.

“They really weren’t people who lived for the here and now,” he said. “They lived for the future.

“People don’t do that today.”

Books by Ken Reyher (all published by Western Reflections Publishing)
Wilderness Wanderers, the 1776 Expedition of Dominguez and Escalante
Antoine Robidoux and Fort Uncompahgre
Silver & Sawdust, Life in the San Juans
High Country Cowboys, A history of ranching in Western Colorado
Through the Valley of the Shadow of Death: Death & Dying in Early Western Colorado.



LEGISLATIVE UPDATE

BY SENATOR ELLEN ROBERTS

RESIST ELECTION CYCLE, FOCUS ON SERVING CITIZENS

Looking out the window in Denver, watching a snowstorm worthy of a freezing, wintery day, I wonder if Easter is really just around the corner or maybe we're back to Christmas? It's especially hard to square this storm with the 75 degree weather we just had yesterday.

Although the weather seems confusing, the calendar is not, and we have just a few weeks left to this legislative session. As the time winds down, the pace at the Capitol becomes a little more frantic as legislators scurry to get their bills passed before the clock strikes midnight on the last day allowed, according to the Colorado constitution. The 120th day this year falls on May 7th.

Colorado's general assembly meets for four months each year to accomplish one primary task, which is, to pass the state's budget. We must balance the state's books as no deficit spending is allowed. The recession's effects still linger in many areas of the state, but the revenues have sufficiently improved that, thankfully, we are no longer raiding places like the severance taxes.

The annual budget bill is still not through the final phases of legislative approval, but

is in the joint budget committee's hands as the committee members reconcile the House and Senate versions of the 2014-2015 budget. The state's budget year starts on July 1st, rather than on a calendar year cycle.

The Senate has yet to receive the two K-12 education bills, one known as the Student Success Act and the annual school finance bill. At the request of some of my constituents, I've asked Legislative Council staff who works in the area of education to provide me with future year projections based on the formulas used in this year's proposals.

This will be useful information, but only to a point, as it's important to remember that no legislature can bind a future legislature from changing funding approaches. Still, this information will help evaluate the bill proponents' promises and intentions and, if any reader would like to receive the additional data, please send me an email or call my Capitol office and we'll get that to you.

We're also at the time when partisan politics becomes more obvious as the majority party leaders seek to get campaign gotcha votes on vulnerable legislators. I

point to the majority party on this because, by now, the minority party has had those type of bills already killed.

This is not new and both sides of the aisle play this game when they hold the reins of power, but it's always disturbing to me as we veer off into more strident political rhetoric and drama. We should resist caving into the election cycle and instead remain focused on the priorities of Colorado citizens, but I can be accused of being Pollyanna.

I'd like to thank my legislative aide this year, Ezra Riggs, for the fine service he's provided to my constituents and me. Ezra has worked for me for three legislative sessions, having started as a college intern, and is now a veteran legislative aide. He grew up in the San Luis Valley and knows rural Colorado. His job is part-time and doesn't pay much, but he's a great help in answering your calls, helping me find my papers and keeping things in order. Thanks, Ezra!

Legislative Contact Information:
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REGIONAL NEWS BRIEFS

PEG PARMENTER TAPPED AS TRAUMA NURSE COORDINATOR FOR EMERGENCY DEPARTMENT AT DCMH

Special to the Mirror

DELTA--Peg Parmenter, RN is the new Trauma Nurse Coordinator for the Emergency Department at Delta County Memorial Hospital, announced Misty Sakala, Manager of the Emergency Department.

Parmenter has been working in Emergency Medicine since 1985, some 29 years locally in Delta starting with Delta County Ambulance Service as an EMT.

She worked her way from EMT basic, to EMT intermediate, then Paramedic. Later she attended Delta Montrose Technical College for her Licensed Practical Nurse (LPN) and attended Trinidad State College satellite campus to become a Registered Nurse (RN) in 2002.

Parmenter's responsibilities as Trauma Nurse Coordinator include analyzing pa-

tient continuity of care in trauma cases from triage in the ER, through other hospital departments such as the Lab for blood work and Radiology for imaging studies, care by physicians and clinical staff. She will be compiling information and data on the standard of care for trauma patients that is reported at the state level to meet established criteria for a Level IV Trauma Center.

She also will be working closely with the local ambulance service in community outreach projects emphasizing trauma prevention such bicycle helmet donations and talks in area schools.

"I am looking forward to continuing the level of excellence provided by previous Trauma Nurse Coordinators," commented Parmenter.



Peg Parmenter, RN is the new Trauma Nurse Coordinator for the Emergency Department at Delta County Memorial Hospital Courtesy image.

ALPINE BANK OPENS FIRST DENVER BRANCH NEAR UNION STATION

Special to the Mirror

MONTROSE – [Alpine Bank](#) is excited to announce the opening of its first Denver branch, located at 1777 Wynkoop Street in the IMA building in the highly anticipated new Union Station neighborhood. In addition to opening its doors, Friday, April 4, Alpine Bank has announced a contest for local entrepreneurs, the winner of which will receive a \$100,000, two-year, interest-free small business loan.

"We are thrilled to open our first location in Downtown Denver, and expand our services from the mountains to the city," said Norm Franke, Regional President. "It is particularly exciting to be opening our first Denver branch in the new Union Station neighborhood, which will be a hub of activity and the perfect locale to introduce Denver businesses and residents to our services."

The 2,500 square foot Alpine Bank space will be a full service retail location with seven employees – including two longtime bank employees, Matt Teeters, executive vice president, and Franke – and will offer exceptional customer service along with the latest in cutting edge technology available in banking. The décor will incorporate modern finishes with a mountain ambience.

As a celebration of its entrance into the Denver market, Alpine Bank has also announced a small business contest. For the past several weeks, Alpine Bank has been

conducting WhatDoesLoDoNeed surveys with individuals in the LoDo neighborhood as well as through the website www.WhatDoesLoDoNeed.com, asking what they think LoDo needs in terms of services and/or retail. More than 3,000 responses have been collected. Top suggestions include a hardware store, youth center, farmers market, local skate shop and grocery store, just to name a few. While Alpine Bank hopes that entrepreneurs will submit business plans for the contest that fulfill these needs, it encourages business plans of any type to enter the contest.

Entrepreneurs interested in competing for the \$100,000 two-year, interest-free loan for a small business must submit their business plans to www.WhatDoesLoDoNeed.com by June 16, 2014. Business plan submissions will be evaluated by a panel of Alpine Bank employees based on several criteria including probability of the business to positively impact LoDo; quality of content of the business plan; feasibility of financial success; and quality and effectiveness of an in-person presentation by the finalists. Three finalists will be announced on June 27 and the winner of the contest will be announced in August. All submission guidelines and rules, as well as sample business plans, can be found at www.WhatDoesLoDoNeed.com and any questions can be emailed to [in-](mailto:info@whatdoeslodoneed.com)

[fo@whatdoeslodoneed.com](mailto:info@whatdoeslodoneed.com).

"As a locally-owned and operated bank that prides itself on supporting the entrepreneur community in Colorado, we could not be more excited about the small business contest we are announcing," said Franke. "We are eager to review the varied and unique business plans that will submit for the opportunity to receive an interest-free loan and look forward to helping the winner achieve their entrepreneurial dreams."

While it officially opened its doors April 4, the new Alpine Bank branch will host a grand opening celebration on Saturday, April 12, from 9:00 a.m.- 4:00 p.m., featuring a ribbon cutting ceremony, radio event, entertainment, food and giveaways. In line with founder Bob Young's philanthropic focus, Alpine Bank will donate \$10 for every new account opened at the new Denver branch that day to [Colorado Up-Lift](#), a Denver-area nonprofit committed to building long-term, life-changing relationships with urban youth. The bank will also make a corporate donation to the organization to celebrate its entrance into the Denver market.

Actively involved in the banking industry since 1961, Alpine Bank founder Bob Young started his career as an assistant bank examiner and then worked his way up to cashier and then on to management within several bank systems before founding Alpine Banks of Colorado in 1973.

SPRING FEVER...TIME TO SHOP MONTROSE!



2014 SHOPPING GUIDE



FIND ADVENTURE, ART AT AROUND THE CORNER ART GALLERY



Around the Corner Art Gallery is a year-round destination for art lovers.

Special to the Mirror
MONTROSE-- It's almost spring—so

March over and visit Around the Corner Art Gallery, 447 East Main Street in Montrose!

Adventure themed paintings will be displayed in support of the Adventure Film Festival; guest artist, Ramon Reed will show his stunning wildflower photography for the month of April, and music will be provided by Karen Mercer. Complementary wine and hors d'oeuvres.

From fine oil paintings and watercolors to inspired photography, to works in bronze and beautiful ceramics and even one-of-a-kind jewelry, there is something here for all price ranges, and all tastes.

Those whose works are represented include revered Western Colorado talents, and rising stars.

The Browns opened the Gallery six years ago, after the building in which it is located was tastefully remodeled by local entre-

preneur Ralph Walchle, who still owns the space.

Over the years, Around the Corner Art Gallery has become a community gathering place, with exciting shows and events that draw the community Downtown to appreciate the best that the local arts community has to offer.

Visit the [web site](#) to browse the catalog of artists, and to find out about upcoming shows and receptions.

Challenge yourself to appreciate something new, or cherish old favorites—it's up to you...this is your local gallery!

Perhaps you will be inspired to take a class, and discover the artist within. Check out the latest courses [here](#). Around the Corner Gallery can be reached at 970-249-4243. Hours are from 10:30 a.m. to 5:30 p.m. Monday through Saturday, until 8 on Thursdays, and from 11 to 4 on Sundays throughout the season.

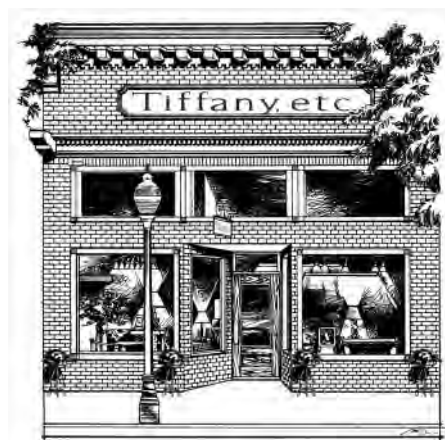
SHOP FOR SPRING, SUMMER AT TIFFANY, ETC. !

Special to the Mirror
MONTROSE--Tiffany Store Manager Lorna Santonastaso and Owner Glee Westcott shop throughout the year for the beautiful, useful, and high-quality items that make this Montrose boutique a regional shopping destination. Over the past 30 years, Westcott has established a reputation for superb customer service and an array of merchandise that evokes a unique shopping experience year-round. You may need an entire new look for your home or that perfect gift for your best friend—just think, Tiffany, etc. for home décor and accessories, candles of all shapes and sizes, jewelry, unique apparel, artwork, and even custom design furniture, with fabric chosen by our clients or with interior design help from Lorna or Glee.

"We have many different styles to choose from, Contemporary to Lodge and Western to Traditional. We also have accent pieces to complement any style."

The store is a treasure chest packed with colorful, high-quality merchandise that captures the essence of Western Colorado. Our email catalogue keeps our customer up to date on new merchandise and upcoming store events. Mix & Match Sunday gives our customers a chance to shop in a leisurely atmosphere from 11 a.m. to 4 p.m.; buy 3 items get #4 FREE! Tiffany etc. is truly A Downtown Montrose Shopping Experience!

Tiffany Etc. is located at 439 East Main Street in Montrose, and is open seven days a week. They can be reached at 970-249-7877.



Tiffany Etc.. Has been a year-round shopping destination for more than 30 years.

**CALL JON AT 275-2658 TO FEATURE YOUR BUSINESS IN
OUR WEB SITE (AND MIRROR) SHOPPING GUIDE!**

MIRROR LIFESTYLES...LINKS TO LOCAL BLOGS WE LOVE!

The logo for 'A Marmie Life' features a stylized bird icon to the left of the text 'A MARMIE LIFE' in a colorful, playful font.

A WOMAN'S LIFESTYLE BLOG
WWW.AMARMIELIFE.COM

Krista Montalvo is a Southern Peach living the mountain dream with her three little girls and husband. She is a lover of all things domestic, ranging from a great local find to cooking and gardening to thoughts in her heart to fashion for you and your home. Bluebirds are her thing and she is solar powered by the Colorado sunshine. www.amarmielife.com!

The logo for 'colorado yurt co.' has 'colorado' in a small, light green font above 'yurt' in a large, bold, dark green font, with 'co.' in a smaller, light green font to the right.

Yurts, Tipis, and Tents: Handmade in a World of
Mass Production...

<http://www.coloradoyurt.com/blog/>.

A vibrant field of wildflowers in shades of purple, yellow, and orange, with green foliage in the background.

Rita Clagett Writes from the North Fork Valley
www.dukkaqueen.com

A close-up photograph of two white goats with black faces and ears, standing in a wooden pen. One goat has a yellow tag on its ear, and the other has a pink tag. They are looking towards the camera.

DELTA COUNTY LIVING
**YOUR ONLINE GUIDE FOR ACTIVITIES, ADVENTURE AND LIVING
IN DELTA COUNTY, COLORADO**
Deltacountyliving.com
Deltacountyliving@gmail.com

REGIONAL NEWS BRIEFS

MONTROSE ROTARY STUDENT OF THE WEEK



Special to the Mirror

MONTROSE—The Montrose Rotary Club recently honored Dillon Giles as the Rotary Student of the Week. Pictured with Dillon, L to R: Steve Reinhard (presenting Rotarian), Thomas (father), Margaret (mother), Dillon, Elizabeth (sister).

CENTENNIAL MIDDLE SCHOOL HOLDS EIGHTH ANNUAL BRAVE RUN/WALK

Special to the Mirror

MONTROSE- Come participate in Centennial Middle School's Eighth annual 5K Run/Walk. The race will take place at Centennial Middle School at 9 a.m. on Saturday, April 19, 2014. Race day sign up/registration is from 7:15 a.m. to 8:30 a.m. Race day registration fees are \$10 race only and \$25 for race and shirt. Register at Centennial Middle School before April 19th and **SAVE!** Race only (no shirt) \$10 and \$20 race and t-shirt. Shirts are limited to the first 250 participants. Come join us for some fun! For more information, contact Al Griffin at 970-249-2576.

**The Sixth Annual Montrose County School District Art show opens
Monday, April 21 and continues through Friday, May 2.
Thanks to Region 10 League for Economic Assistance & Planning
for again hosting the show at the Enterprise Center,
300 N. Third in Montrose. The show may be viewed daily from 9 a.m. to 5 p.m.
Artwork representing students in grades
kindergarten through 12th grade
will be featured.**

REGIONAL NEWS BRIEFS

BARBERSHOP CHORUS NAMES BOB STRONG HARMONIZER OF THE MONTH

Special to the Mirror

MONTROSE--Bob Strong has been chosen as the Harmonizer of the Month for April, by the Black Canyon Barbershop Chorus. He was selected because he spreads good will and good feelings where ever he goes. Besides that, he's a nice guy. We all agree that his letters to the editor always brought a smile to our face. He has been a member of just about every good-will service club in town. He served eight years on the Montrose City council in the 1970's. He believes very much in volunteering and the good things that come from it. One of his first volunteer jobs was when he volunteered for the U S Navy in 1943. He operated aboard a ply-wood landing craft that carried marines and equipment to shore from the big transport ships. He said the landing boat was so rough-riding that those marines would fight the devil himself just to get off that boat. He told me about February and March 1945 and about an island named Iwo Jima. He was there. He helped to haul some of the 60,000 marines into battle. This 19-year old boy from Lamar, Co. was there and saw the 35-day battle. He helped to carry some of the 19,417 wounded marines back to the hospital ships. He told me that it took him a



Thank you Bob Strong for all that you do and all that you have done. Thank you for bringing some nice harmony to our community! Courtesy Photo.

very long time to get over the survivor guilt he had. He's 89 now, it's very hard for him to get around but he helps out where he can. Thank you Bob Strong for all that you do and all that you have done. Thank you for bringing some nice harmo-

ny to our community. To recommend someone for the Harmony Award please send their name to The Black Canyon Barbershop Chorus c/o United Methodist Church, PO Box 148, Olathe, Co. 81425 or call Don Barnett 970-249-3241.

MONTROSE COUNTY REPUBLICAN WOMEN SCHOLARSHIP

Special to the Mirror

MONTROSE -The Montrose County Republican Women are still seeking applicants for their 2014 scholarship. Applicants must be female and graduating seniors of the Class of 2014 who are residents of Montrose County and citizens of the United States.

Applicants must also be students in public, private or home schools in Montrose or Olathe, Colorado and planning to attend an accredited 2 or 4 year college or university or an accredited vocational – technical school the fall after graduation. The preferred majors for collegiate study are in the fields of political science, government, international studies, criminal justice or law enforcement. Other intended majors will be considered by the selection committee on a case by case basis. Applications are available through the Guidance Offices at Montrose, Olathe, Passage, Vista High Schools and Peak Academy beginning January 22 and must be returned by April 24, 2014. Home schooled students should call 970-249-6088 for application information.



Style to boot.
Coverage to last.

The Mirror

Alpine Bank

invites the community to the

7TH ANNUAL

FREE COMMUNITY SHRED DAY

On-site Document Shredding at the
following Alpine Bank locations:

Saturday, April 19, 2014

8 AM - 11AM

2770 Alpine Drive, Montrose
1400 East Main Street, Montrose

Saturday, April 26, 2014

8 AM - 11AM

119 Liddell Drive, Ridgway

*** LIMIT 5 BOXES PER PERSON ***

**Shred any unwanted documents
with personal information**

Look for
additional shred
events in
Telluride and
Delta.

- Tax Documents (7 years and older)
- Old Bank Statements
- Old Medical Records
- Canceled or Blank Checks
- Credit Card Statements / Solicitations
- Personal Bills

* Staples or Paperclips Do Not Need to be Removed



Alpine Bank

alpinebank
.com

Member
FDIC



REGIONAL NEWS BRIEFS

ALTRUSA RAISES MORE THAN 11K AT 26th ANNUAL SPRING LUNCHEON

Special to the Mirror

MONTROSE--An All American Spring-time, the 26th annual luncheon fund raising event, was another very successful event. More than \$11,000 was raised to support the numerous local service club activities that reach from 10 Literacy events this 2013-2014 fiscal year to the Love Hug Bears program of distributing 470 bears to children admitted to the ER or day surgery to the Lifeline Program to the Recycling Field Trips for school children to scholarships for students to International programs to Tender Touch Turbans for chemotherapy individuals to donations of over \$ 6,500 to small non-profit organizations requesting funding such as CASA, DAR, Coalition for a Drug Free Montrose County, Community Thanksgiving Dinner, Lions Club sight program, Vista Charter School, Dolphin House, Fore-Kin Genealogy, Center for Mental Health, Museum of the Mountain West, Welcome Home Montrose, Adult Basic Literacy, and a Girl Scout Troop desiring to teach their peers to save the environment. Courtesy photo.



Altrusa members of the kitchen crew relax for a split second at the recent Spring Luncheon Event. Left to right standing are Erin Berge, Gail Kubik, Elaine Moore, Linda Riba and seated left to right are Eva Veitch, Diane Winger, and Dorothy Causey.

ALPINE BANK ACCEPTING BOOK DRIVE DONATIONS THROUGH APRIL

Special to the Mirror

GLENWOOD SPRINGS – Throughout the entire month of April, all Alpine Bank locations will accept donations of new and gently used children's books, appropriate for ages from birth through eight years old, in support of the Colorado Business Reads book drive. All donated books will be distributed to local kids in May through doctor's offices, schools, libraries, and childcare centers.

Additionally, Alpine Bank once again participated in National Volunteer week, April 6 - 12, 2014. The bank has long supported and encouraged staff to be involved in their communities and provides each employee with 24 hours of paid volunteer time per year. Alpine's goal for National Volunteer Week 2014 was to achieve 100 percent employee participation throughout the week via the many

volunteer opportunities available in the communities it serves.

"For more than 41 years, one of Alpine Bank's core values has been community," said Tom Kenning, chief operations officer. "It is simply part of who we are to participate in both National Volunteer Week and Colorado Business Reads in order to help improve the quality of the communities we serve."

About Colorado Business Reads book drive

Executives Partnering to Invest in Children (EPIC) joined forces with Lt. Governor Joseph Garcia and a broad coalition of Colorado partners to lead a statewide book drive for children from birth to eight years old. The goal is to create public awareness of and support for the importance of summer reading with an adult. For additional information as well as tips on making the

most of reading with a child, visit <http://www.coloradoepic.org/whatwedo/cbr>.

About National Volunteer Week

Established in 1974, National Volunteer Week is about inspiring, recognizing and encouraging people to seek our imaginative ways to engage in their communities. It's about demonstrating to the nation that, by working together, we have the fortitude to meet our challenges and accomplish our goals.

About Alpine Bank

Alpine Bank is a \$2.4 billion dollar, employee-owned organization chartered in 1973 with headquarters in Glenwood Springs, Colorado. With 37 banking offices across Colorado, Alpine Bank employs over 500 local people and serves more than 130,000 customers with retail, business, trust, asset management, mortgage and electronic banking services.

...ever thought about serving on the DMEA Board of Directors?

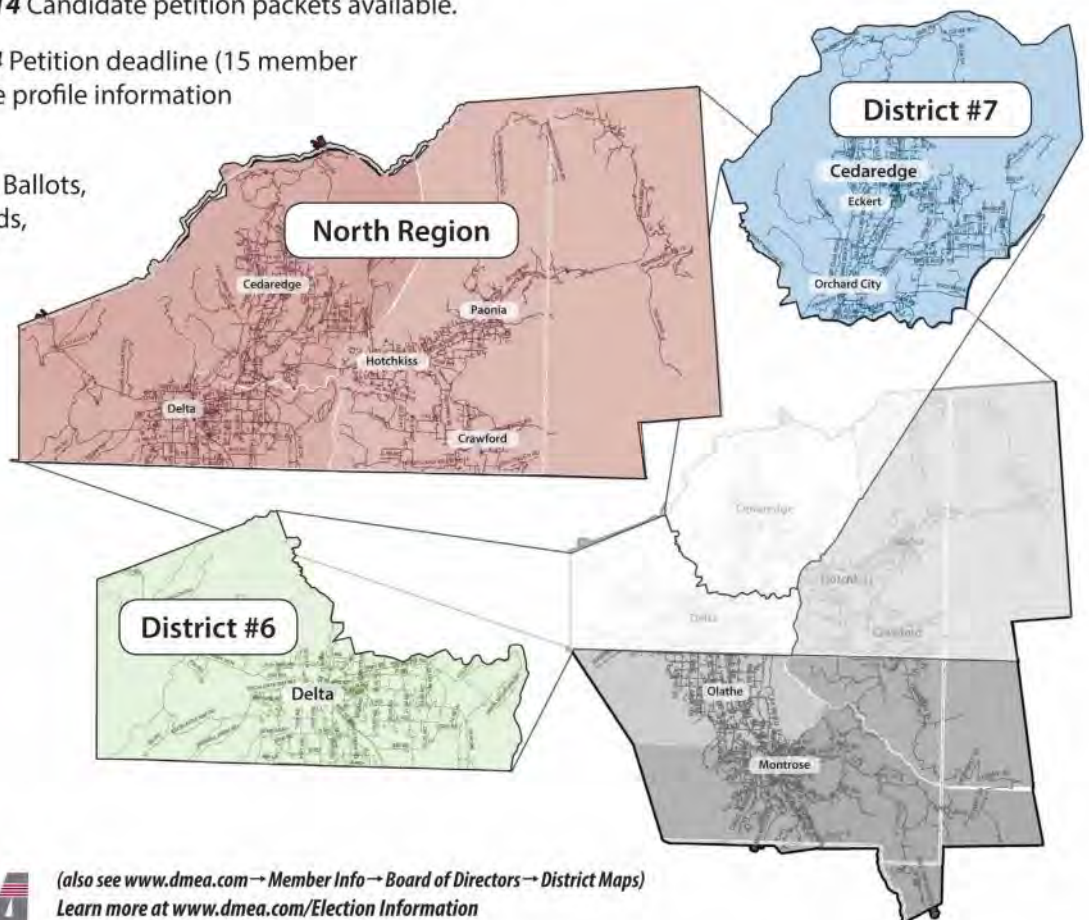
Delta-Montrose Electric Association is an electric cooperative. It belongs to you and your fellow member-owners, but its success depends on just and prudent guidance from its Board of Directors.

Each year there is an election to determine the representative from three of the nine board districts. In 2014, seats are up for election are: **District #7** including Cedaredge, Eckert, and Orchard City, **District #6**, including much of Delta and the surrounding area and the **North Region** including all service territory North of the Delta-Montrose county line. Most members residing in these districts (excepting DMEA employees and their families and a few other exceptions) are eligible to become candidates to run for election this year. There are no filing fees. 15 member signatures supporting candidacy must be received no later than April 28th to qualify a candidate for the ballot.



2014 board candidate key dates:

- **Monday, March 31, 2014** Candidate petition packets available.
- **Monday, April 28, 2014** Petition deadline (15 member signatures) & candidate profile information deadline.
- **Monday, May 19, 2014** Ballots, candidates' backgrounds, and other materials mailed to DMEA members.
- **Thursday, June 11, 2014** Deadline voted ballots to be received by mail.
- **Friday, June 12, 2014** DMEA annual meeting. An announcement of the election results comes at the end of the annual meeting.



(also see www.dmea.com → Member Info → Board of Directors → District Maps)
 Learn more at www.dmea.com/Election Information
 Contact: 1-877-687-3632 extension 207 or email:
communications@dmea.com.

REGIONAL NEWS BRIEFS

Telecommunicators: The Unsung Heroes of Emergency Responders

Special to the Mirror

MONTROSE.--The Montrose Board of County Commissioners invites the public to join in celebrating April 13-19, as National Public Safety Telecommunicators Week.

Telecommunicators are the men and women that provide a vital link to public safety services on the other end of the phone, otherwise known as dispatchers.

"Our telecommunicators are a major component in the success of our organization," said Sheriff **Rick Dunlap**.

"Our dispatch and managers have accomplished great feats in the first few months of 2014—a successful transition to a new

center, Communications Director Susan Byrne named 2014 APCO Director of the Year and more.

"I'm proud to have them as part of our team at the Sheriff's Office."

The Montrose Regional Dispatch Center features Communications Director Susan Byrne, lead supervisors Robert Svacha and Robbi Murdie, as well as 15 dedicated dispatchers (David L., Steve A., Suzanne S., Kari M., Cheryl H., Amber M., Heidi K., Chelsea C., Kim B., Karen S., Brittani K., Troy Z., Jenny F., Bridget C., Shelby J., and Sarah H.).

The center was recently upgraded in February through a grant collaboration with

the Montrose Fire Protection District.

The new facility allows the 911 dispatch center to effectively handle increased call volume, prepare for large scale emergency response and provide overall better service to the 30 agencies that dispatch serves.

"I had the honor of being present for the transition from the old center to the new center and I was amazed by the technology advancements these dispatchers manage on a daily basis," said Commissioner **Ron Henderson**.

"I'm proud to honor these men and women that work 24/7 to ensure communication with our law enforcement agencies."

PARTNERS MENTORING 25TH ANNUAL AUCTION ON APRIL 22

Special to the Mirror

MONTROSE--The 25TH Annual Partners Auction will be broadcast from 7 a.m. to 7 p.m. on Tuesday, April 22, 2014. Radio stations **KUBC 580 AM - The Voice of the Valley**, **94 KIX Colorado Country 94.1 FM** and **SUNNY KBNG 103.7 FM** will be simultaneously broadcasting the auction and streaming audio live on their website, www.coloradoradio.com.

Auction items up for bid can be viewed on the Partners website at www.partners-west.org. Online bids will be accepted until noon on Monday, April 21st. For full details on the 25th annual auction, visit our website or call our office, 970-249-1116, today!

SECOND SATURDAY STREET FAIRS DOWNTOWN DELTA

MAY 10

JUNE 14

AUG. 19

SEPT. 13

OCT. 11

2 P.M.



On West Third Street in beautiful Downtown Delta. Fun for the whole family. Art – crafts – toys – books – food – live music – kids' activities – and tons more! Vendor applications available at www.DeltaColorado.org, or call 970-874-8616 for more info.

Hold the Date! Upcoming Business and Cultural Events

ONGOING-

-First Friday Strolls Montrose Downtown—Monthly from 5:30 p.m.-8p.m. Artist Demonstrations, Free Wine Tastings, and in store promotional events!

-Coffee with the Cops—Held at 9 a.m. on the fourth Thursday of each month at Great Harvest Bread Company, 324 East Main Street in Downtown Montrose.

Seven week Bible Study—Montrose United Methodist Church (19 South Park) presents a seven-week Sunday Bible study, “Hard to Dance with the Devil on Your Back,” by Ray Buckley, beginning at 9:45 a.m. in Room 1, Downstairs. All are welcome! Find endurance and strength with the weight of the world on your shoulders. To learn more call 970-249-3716.

April 17—Ridgway Area Chamber of Commerce-Business After Hours & Ribbon Cutting at Heart & Sleeve Boutique, 525 Clinton St. Ridgway. 5:30 pm - Food, Drinks and Music. Door prizes for the lucky! \$6 per person. Karli welcomes you to her new business!!!

April 17—Passage Charter School, a public high school for pregnant and parenting teens and infants and toddlers, will be holding an Open House from 3-6 pm. The school would like to share with the community, our facility, staff and mission. Please come by 703 S. 9th in Montrose and learn more about PCS. For more information, please call 970-249-8066.

April 17—Ridgway Moon Walk! 5-8 p.m. South Ridgway neighborhood.

April 17--1:30 pm-Free Program: Estate Planning & Advance Directive Overview, Presented by Lincoln Anderson, Elder Law Attorney. Hosted by Senior Community Care PACE (Program of All-Inclusive Care for the Elderly) Location: PACE Day Center, 11485 Hwy 65, Eckert. RSVP to Tai Blair 970-417-1194.

April 18—Susan Walton Music featuring Kevin Humphreys and Chris Tarman performs live at 2 Sisters Gastro Pub on Main St. in Montrose. 6-8pm. for more info call 970 249-1382.

April 19--The Montrose Lions Club Easter Egg Hunt will be Saturday at 9 AM at Baldrige Park. Rain or shine!

April 19—Montrose Winter Farmers Market, inside behind Straw Hat Farm Market Store at 514 South First St., 10 a.m. to 1 p.m.

April 19—8 a.m. to 11 a.m., free community shred day, both Alpine Bank locations.

April 19—Centennial Middle School's Eighth annual 5K Run/Walk. The race will take place at Centennial Middle School at 9 a.m. Race day sign up/registration is from 7:15 a.m. to 8:30 a.m. Race day registration fees are \$10 race only and \$25 for race and shirt. Register at Centennial Middle School before April 19th and **SAVE!** Race only (no shirt) \$10 and \$20 race and t-shirt. Shirts are limited to the first 250 participants. Come join us for some fun! For more information, contact Al Griffin at 970-249-2576.

April 23--Niagara Community Garden Information Meeting: 6:30pm, Centennial Meeting Room. The Niagara Community Garden, located at 2424 E. Niagara Rd. is holding an informational meeting for prospective gardeners on Wednesday, April 23rd at the Centennial Meeting Room (off of Centennial Plaza). Applications are available online and in Montrose City Hall. Sponsored by the City of Montrose with assistance from the Valley Food Partnership and LiveWell Montrose Olathe.

For more information contact the City of Montrose-Website: www.cityofmontrose.org/560/Niagara-Community-Garden-Email: communitygarden@ci.montrose.co.us-Phone: 970-240-1420.

April 24—Hillsdale College Constitutional lecture series, Friendship Hall. Meaning and History of the Constitution. 7 p.m.

April 24-26—Pinwheels for Prevention Child Abuse Prevention Event. Colorado Children's Campaign to visit Montrose April 24. For more information call Partners at 970-249-1116.

April 25-26—Montrose Historical Museum Annual Yard Sale, 8 a.m. to 3 p.m.

April 25—Fourth Annual Compassion Bash at Cobble Creek, to benefit Dr. Mary's Helping Hand Fund. Tickets \$20, 6 p.m.

April 26—Creamery Art Center's "Night in Tuscany" lasagna dinner. This festive event begins at 5:30 pm with appetizers and a cash bar offering local wines and micro brews. At 6pm dinner will be served including: freshly baked homemade breads, a garden salad and your choice of meat or veggie lasagna made with fresh local ingredients. Finishing off the evening will be coffee and a dessert cart that will amaze you. The price for the evening is \$25/person or \$20/person for Creamery members and supporters. Tickets are available at the Creamery Arts Center, 165 W. Bridge St. Hotchkiss, CO 81419, or by calling 970-872-4848. Deadline for reservations is Tuesday, April 22.

April 26—Montrose Democrats Blue Gala Spring Fundraiser at the Bridges of Montrose. VIP Reception 5 to 6 p.m., general reception 6 to 9 p.m. Tickets \$25. Call 970-249-2135, 970-275-1314, 970-249-3779.

April 25 - Fourth Annual Cobble Creek Compassion Bash – Interactive fashion show for guys and gals, complimentary hors d'oeuvres with cash bar, dancing, raffles and grand prizes. All to benefit Dr. Mary Vader's Helping Hand Fund, a component of the Montrose Community Foundation. Cobble Creek Clubhouse, 6 pm. Tickets: \$20, available at She She Boutique and D'Medici Footwear Main St., Montrose, Cobble Creek Pro Shop and online at www.compassionbash.eventbrite.com. For more info call 970-964-4947 or email info@cobblecreek.com.

April 29—Hillsdale College Constitutional lecture series, Friendship Hall. The Declaration of Independence. 7 p.m.

May 1--10 am-Free Program: Estate Planning & Advance Directive Overview, Presented by Lincoln Anderson, Elder Law Attorney. Learn about the latest in planning for future health care needs and how to let your loved ones know how you wish to be cared for in the event of an chronic or long-term illness or health condition. Hosted by Senior Community Care PACE (Program of All-Inclusive Care for the Elderly). Location: 2237 Robins Way, Montrose. RSVP to Tai Blair 417-1194.

May 2-3—Fore-Kin Trails Genealogy Society yard sale. We are a non-profit and need help to raise funds to continue paying the bills at the Center located at 700 E. Main. We really need your help with donations. If you have anything, be it small or large and are thinking of getting rid of it, please let me know. I do have a truck and can pick-up items. No clothing however. I have space to store a good amount. Also, Visit us at the Center, free to the general public. Please call 970-240-1819.

May 3—Montrose Winter Farmers Market, inside behind Straw Hat Farm Market Store at 514 South First St., 10 a.m. to 1 p.m.

May 6—Hillsdale College Constitutional lecture series, Friendship Hall. Problem of Majority Tyranny. 7 p.m.

May 8—AARP Driver Safety Course—Montrose County Health and Human Services at 1845 S. Townsend Ave., Montrose, will host the AARP SMART DRIVER Program from 8:15AM to 1PM. May 8. Save money on insurance, keep up on newer traffic laws (one half day course). Membership in AARP is not required. Fee: \$15 for AARP members, \$20 for non-members, Pre-registration required. Contact: Amy at 970-249-2436 ext. 203, 8AM-3PM M-F.

May 9-10—Montrose Wine and Food Festival. www.montrosewineandfood.com.

May 13—Caregiver Summit and Retreat sponsored by Region10 Community Living Services and many local businesses, 9 AM – 2 PM, Grace Community Church 16371 Woodgate Rd. Montrose, The Caregivers Summit and Retreat seeks to give caregivers the opportunity to connect with others while gaining new insight into this rewarding yet challenging role. Admission is \$5.00 per person which includes continental breakfast, 6 informative Summit breakout sessions, lunch, and keynote addresses from Norman Bouchard. Jane Dupree is also scheduled and will offer messages guaranteed to inspire. A special “Pamper Room” will be available for caregivers with relaxing activities.

May 13-- Passage Charter School, a public high school for pregnant and parenting teens, will be holding registration and enrollment at 5:30pm. Prospective students will get to tour our facility, meet with teachers and childcare staff, and complete enrollment paperwork. The school is located at 703 S. 9th in Montrose. For more information, please call 970-249-8066.

Together, We Can Make A Real Difference.

Are you interested in making a difference in the lives of others while building your network of friends, strengthening your leadership skills and implementing new ideas?

Share your gifts and talents and become part of meaningful change for an older adult.

Volunteering is based on your schedule, so the time you spend is effective and enjoyable.

Contact one of our care centers or programs below to begin your journey.



Horizons Health Care & Retirement	(970) 835-3113
Valley Manor Care Center	(970) 249-9634
The Homestead at Montrose	(970) 252-9359
Home Health of Western Colorado	(970) 240-0139
Senior Community Care PACE Montrose	(970) 252-0522
Senior Community Care PACE Eckert	(970) 835-8500
Senior CommUnity Care Meals	(970) 835-8028



**Volunteers
of America®**

THIS IS WHY WE DO WHAT WE DO.™

Contact the Montrose Mirror:

Post Office Box 3244

Montrose, CO 81402

970-275-5791

Email Us: Editor@montrosemirror.com


www.montrosemirror.com



Above, Pollux staffer Brenna Crossley takes a moment to enjoy the spring weather Downtown.




At left, Johnson Elementary fifth grader Caitlin Ogoe turned in a great solo during the school's performance at the RE-1J fifth grade music festival at the Montrose United Methodist Church April 10.






**"The easiest way to
make a difference."**

Each time you use your Arts Loyalty Card,
Alpine Bank donates ten cents per transaction
to help local, art-related programs.



Stop by any Alpine Bank and ask us about our
Loyalty Debit Card program, or visit us online at
www.alpinebank.com.

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