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THE MONTROSE MIRROR

Your Source for Local Business News and Information

Issue No. 87, July 1 2014

The "Tales from two Cities" Issue!

CITY OF MONTROSE RELEASES REGIONAL TRANSIT STUDY



The City of Montrose has released its regional transit study, which focuses on moving employees to Telluride's Mountain Village. The report will be reviewed at tonight's city council meeting. Photo by Brad Switzer.

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By Caitlin Switzer

MONTROSE--A packed agenda and time considerations on June 17 led the Montrose City Council to postpone a review of the Regional Transit Study prepared by Assistant City Manager Rob Joseph. However, the study itself is already available [online](#) for those who wish to familiarize themselves with it prior to Council's meeting tonight. The completed report also serves as an academic "capstone" for Joseph, who came to the City as a Department of Local Affairs Intern through the University of Colorado at Denver in 2013 and who recently completed his MPA degree.

"We decided not to review the report at our last meeting because we were worn out, and wanted to be fully engaged when we do look at it," Montrose Mayor Bob Nicholson said. "It is a well-done regional study, and should be considered by the organizations involved; we know that there are a number of people who live here and work in Telluride, and that there are tourists in Telluride who would like to come down and spend the day in Montrose."

DELTA'S ALTERNATIVE TRUCK ROUTE TO BE COMPLETE BY YEAR'S END

By Caitlin Switzer

DELTA-It is a project intended to ease congestion and facilitate traffic movement. For Delta's alternate truck route project, however, the going has not been easy. The project kicked off in 2011, and is expected to be complete by the end of 2014, according to Delta City Manager Justin Clifton.

Clifton, who noted that it "has been very challenging to complete negotiations with UPRR (Union Pacific Railroad) in a timely fashion," added that unforeseen circumstances resulting in delays are always possible. However, the end appears to be in sight.

"We have cleared the last couple of hurdles with UPRR," Clifton said, "and they should begin tying in the new tracks and starting a 30-day seasoning period very soon. After the seasoning period, the City and UPRR can close on the exchange of property, allowing the City to pull up the old tracks and complete the truck route in their place."

The cost of the entire project, from the earliest feasibility study through design, property acquisition and construction to the final ribbon cutting, will run

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Above, begun in 2011, Delta's alternative truck route is now expected to be open for traffic by the end of 2014.

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BELL ISSUES ULTIMATUM AFTER CITY, MEDC CLASH AT COUNCIL



Montrose City Manager Bill Bell.
File Photo.

By Caitlin Switzer

MONTROSE--A longstanding relationship between the city and the local economic development corporation was called into question at the most recent meeting of the Montrose City Council on June 17. The encounter resulted in hurt feelings on the part of City Manager Bill Bell, who fired off an ultimatum to attendees via email shortly after the meeting was adjourned.

When representatives of the Montrose Economic Development Corporation (MEDC) appeared before City Council seeking a transfer of land for the expansion of the local Federal Express facility, what was anticipated as a routine matter expanded to a lengthy, as-yet-unresolved discussion. While the meeting's agenda referred to the item as a land transfer of a parcel in the Montrose Airport industrial Park from City ownership to MEDC, additional considerations arose at the meeting itself when MEDC Executive Director Sandy Head asked Council to return multiple MEDC parcels to the organization.

Following an impassioned request by Montrose Attorney Dennis Devor for an executive session to discuss the matter, Council declined.

"This is not executive session material," Mayor Bob Nicholson told Devor.

According to longtime resident Curt Rob-

inson, who offered Council a history of MEDC and the parcels in question at the request of City Council member Rex Swanson, the land was purchased by MEDC for economic development many years ago. The parcels were placed under city ownership for property tax and insurance purposes, and some have been returned to MEDC over the years for the originally intended purpose of economic growth and expansion.

Head noted at the meeting that one of the lots was sold to the Pepsi distributorship in 2005 for an expansion similar to that planned by FedEx, and that past MEDC land transfer requests have not been debated in open council but approved by former city managers and readily finalized at Council meetings. Present City Manager Bill Bell stated at the meeting that past city managers had violated the City's own code by doing so.

FedEx had received six potential sites through a site selection process, and chose the MEDC option in August of 2013 for its \$2.2 million facility, because the site was shovel-ready, Head told Council. She added that MEDC worked with the company to provide the City of Montrose with a 20-foot walking easement.

"This is MEDC land, and your job is to help us make deals happen, and transfer the land," she said, and noted the MEDC had chosen to seek the return of all parcels because, "we are feeling shaky about the partnership."

Mayor Nicholson encouraged Head to provide Council with any documentation proving ownership of the land. Two witnesses who spoke at the meeting, Bill Patterson of TEL Rock Drills and real estate developer Tom Cheney, suggested that the City review its own records to verify ownership before returning the parcels. That is exactly what the city intends to do, Nicholson commented after the meeting.

"The real issue is that there is no written agreement," Nicholson told the Mirror. "It

is hard to comment on something that is currently in discussion--we are still in discovery mode."

In the end, Nicholson said, additional meetings will be needed to resolve the matter. Devor's request for executive session was inappropriate in this case, he said.

"Dennis needs to realize that when you are discussing public assets and public money, you have to allow the public to have the information," he said. "When it comes to public funding, you have to let the sun shine in."

For his part, Bell shared his own feelings with a select group of individuals after the meeting in an email:

"Thank you all for attending tonight's council meeting," Bell wrote. "I would like to voice my disappointment related to the comments made during this council meeting related to my dedication to economic development here in Montrose. Whether you all truly understand it or not, I have been a dedicated supporter of the need for an economic development corporation in our community since I started working here three years ago. This has not always been an easy task, but I still have maintained this position even when unpopular. "I highly respect those of you in attendance at tonight's meeting for your community participation and support, and I have tried hard to develop healthy working relationships with you all. I truly hope that you don't take to heart the comments that were made in an attempt to attack me for doing what is right and ethical. Unfortunately, I will never carry out unethical practices or violate my own City Code even if my predecessors were willing to do so."

"Unfortunately, due to the spiteful, misleading and hurtful nature and intent of Sandy's comments tonight, I will be unable to work with MEDC as long as Sandy is part of this organization, and for that I do apologize," wrote Bell.

City Council is scheduled to meet again July 1, at 6 p.m.

**Have a safe and happy
Fourth of July!**

THE MONTROSE MIRROR
MONTROSE

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DELTA CHAMBER OF COMMERCE RIBBON CUTTING-DELTA FAMILY FUN PARK!



Special to the Mirror

DELTA-Ernie and Cecilia Tafoya with Delta Family Fun Park were welcomed as new members of the Delta Area Chamber of Commerce with a ribbon cutting ceremony on June 24. Joining them were Chamber Ambassadors Nancy Wood, Re/Max Mountain West Real Estate Agent; Josh Applegate with Farmers Insurance Applegate Agency; Jesse Messenger with All Windows and Doors Plus, LLC; GW King with King Retirement Solutions/King College Planning; Lynn Shirk with Heirlooms for Hospice; and Jessica Jenkins with Senior CommUnity Care PACE. Also pictured are Jace and Alexis, Ernie's and Cecilia's grandchildren. Right now is the perfect time for some mini golf at Delta Family Fun Park!

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REGIONAL NEWS BRIEFS

JEFFERS, ROTH FEATURED AT AROUND THE CORNER GALLERY FOR FIRST FRIDAY STROLL



Pottery by Robin Allison Roth, left, and paintings by Pat Jeffers will be on display at Around the Corner Gallery this month. Courtesy photos.

Special to the Mirror

MONTROSE—As a former wicker basket and sculpture weaver, Pat Jeffers now weaves the western landscape in paint, not fiber.

Her paintings do not attempt to render a scene exactly as it exists, but instead seek the essence of the land she views, particularly the feel and flow of it. Adobe hills and the eroded banks of an arroyo reveal the ever-changing currents of wind and

water. Canyon walls hint at a place of enduring sanctuary, a world apart. The mountain heights cascade downward in sloping hillsides.

There is an inner rhythm and harmony on the land around us that she desires to share with those who view her work.

"My paintings, just as was true of my weavings, are always about that connection."

Robin Allison Roth has been creating

beautiful, one of a kind hand-built pottery art works and poetry for over 25 years. This month Robin will share her sweet Beaded Critters made of clay and adorned with semi-precious stones and beaded jewels, as well as unique coiled and slab pieces.

Robin's spiritually uplifting poetry will be displayed on her hand-made flower paper. "Love yourself from within~that's where spirit lies... Robin Allison Roth, Poet.



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DELTA'S ALTERNATIVE TRUCK ROUTE TO BE COMPLETE BY YEAR'S END from page 1

around \$30 million, he said. The cost for construction itself is \$20 million.

"The total cost of the project has been the source of confusions and misinformation," Clifton said. "That is largely because projects like this take place over many phases and many years."

In the end, the alternate truck route will benefit Delta in many ways, he said.

"The project has tremendous potential," Clifton said. "First and most important, the rail crossing will no longer pose a threat to life. If emergency vehicles need to travel north and south of the tracks they might have to wait eight minutes if they catch the train in the wrong spot. Can you imagine waiting eight minutes if your house is on fire or you are having a heart attack?"

"Secondly, completing the truck route gives us a new environment from which we can develop a thriving downtown," he said. "With so many big trucks our downtown is simply not attractive to most people to spend a lot of time. With the vast majority of the trucks removed, we have the opportunity to invest in our downtown and make it a thriving center of our community. Business merchants are already working with the City to potentially form a Business Improvements District, which would be dedicated to enhancing our downtown in anticipation of the truck route's completion."



Businesses located near and impacted by construction of the alternate truck route include Ken's Pit Stop, above.

Delta Chamber of Commerce Executive Director Kami Collins said she has heard both positive comments and concerns from the community concerning the alternative truck route. "I think 'good' is what we make of it," Collins said. "I've heard both negative and positive predictions of what Delta will look like after the completion of the truck route, both from community members and my business members. At

this point, the truck route is a reality, and so it will be whatever we make of it. I think our work in forming a Business Improvement District will help draw people downtown. Ultimately I think this is an opportunity for the business community to pull together and really market downtown Delta as a place to be, and keep visitors driving through our beautiful, friendly town," Collins said.

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COLORADO ARTS SPOTLIGHT WITH MARISSA ISGREEN

THE MUSIC NEVER STOPS... CONCERT AND NATURE PHOTOGRAPHY BY JESSE FILIPPELLI



Sunset from the peak of Green Mountain. Photo by Jesse Filippelli



Above, Filippelli photographing Denver from the top of the Convention Center parking garage. Courtesy photo.

By Marissa Isgreen

Northern Bureau Correspondent

COLORADO-- After five nights of photographing concerts in Colorado last New Year's Eve, Jesse Filippelli knew it was time to leave his Florida home and make the permanent move to the Centennial State.

As a concert and nature photographer, Filippelli felt that Colorado had the most to offer with its impressive wilderness and bustling music scene. In Florida, he'd get work when there was a small town show or a festival at Suwannee Music Park. However, in Colorado, Filippelli is booked almost every weekend. "I've been in Denver for two months, and I've already shot at least 15 shows," Filippelli said.

Living in Glendale, Colorado also provides him with striking landscapes. "I can drive for half an hour and have some of the most pristine sunset shots in the world, I get to see snow capped mountains every time I drive to work, and you guys have animals out here," he explained. "Maybe I'm biased because I grew up in Florida"

The 23-year-old concert photographer grew up in South Florida where he stayed for 19 years before moving to Tallahassee. It was there that his life began to change and morph into what it is today.

Tallahassee provided an outdoor playground that South Florida lacked. He started hiking often and began taking pictures of the places he discovered on his phone. He began to eat healthier and exercise more often so that he could do more challenging hikes with better scenery. Then he got a better camera, not yet top of the line, but more advanced than his smartphone.

"I really began to take pictures more seriously last May when I went to the Wakarusa Music Festival in Arkansas, but on the second night they cancelled the music because of severe weather," Filippelli recalled. A storm cloud had formed over the camping area and threw 10x10 tents across the field. Filippelli and his friends ran for their van to wait out the storm.

While hiding in the van, Filippelli noticed he didn't have his backpack with him and realized it was still out in the storm with his wallet, money, phone and camera. Everything was fine-- except for the camera. It was beyond repair, so he invested in a nice camera, the Canon EOS.

Once he bought a professional grade camera, things began falling into place. The editor-in-chief of DubEra Magazine asked Filippelli to cover a show for the publication. One show led to another, smaller shows led to bigger ones and big-

ger ones led to festivals.

On December 27 of last year, Filippelli and the editor-in-chief of DubEra Magazine traveled to Colorado to photograph shows for five nights straight. Filippelli decided then to make a permanent move to Colorado.

Six months later, Denver is where Filippelli is, and he has already made a name for himself in Colorado's concert industry. He's interviewed Kyle Hollingsworth of String Cheese Incident, photographed numerous shows at Red Rocks including Gramatik and Lettuce and covered the Lo-Hi Music Festival featuring Chrome Drones, Pimps of Joytime and Moe.

Although he is basically doing it for free, Filippelli enjoys the work because he gets to go to shows and festivals with artists he loves for free. Being a huge Phish fan, the abundance of jam music as well as the music culture in Colorado is something Filippelli appreciates.

"Down in Miami it's all about House music and taking uppers. People aren't going out to enjoy the most important part-- the music," Filippelli explained. "People in Colorado are. It's not about how (f*****) up you are listening to the music, but instead the actual music itself."

Knowing that the music is always new and fresh and always available is what keeps him motivated. "The music never

Continued on page 28

REGIONAL NEWS BRIEFS

MEDICARE TO IMPOSE PENALTIES FOR HOSPITAL ACQUIRED CONDITIONS

Special to the Mirror

MONTROSE- Beginning this fall, the Centers for Medicare & Medicaid Services (CMS) will implement Medicare payment reductions under the Hospital-Acquired Condition (HAC) Reduction Program. Under the program, hospitals that rank among the lowest-performing 25 percent will lose one (1) percent of each Medicare payment for fiscal year (FY) 2015. The scoring is based on two domains; Hospital Acquired Infections reported between Jan. 1, 2012 – Dec. 31, 2013 and nine Patient Safety Indicators reported between July 2011 and June 2013.

Domain 1:

1. Central-line associated bloodstream infections (CLASBI) measure
2. Catheter-associated urinary tract infections (CAUTI) measure

Domain 2:

3. Patient safety indicators (PSI) 90 composite measure which includes: pressure ulcer rate, iatrogenic pneumothorax rate, postoperative hip fracture rate, postoperative pulmonary embolism (PE) or deep vein thrombosis (DVT), postoperative sepsis rate, wound dehiscence rate and accidental puncture and laceration rate.

Domain 1 scores; CLASBI and CAUTI rates account for 65 percent of a hospital's overall HAC score and are collected by the Centers for Disease Control and Prevention through the National Healthcare Safety Network. Domain 2 scores; the PSI 90 measures account for the remaining 35 percent.

The preliminary Hospital Acquired Infection data, which was released in April, is based on infections during a 12-month period from July 2012 through June 2013. The final scores, which will be released later this summer, are based on a 24-

month period. The preliminary data and the final scores could differ significantly. In the case of Montrose Memorial Hospital, this difference may be substantial since the MMH Domain 1 scores were excluded from the preliminary report because the shorter time frame did not provide a large enough sample size to include in the calculation. MMH had only one Hospital Acquired Infection during the two year reporting period which is above the national average.

It's important to keep in mind that the HAC Reduction Program in only one in over seventy programs that rate quality indicators in hospitals. Each report uses significantly different methodologies and have different ratings for the same hospitals during the same time period. Steve Hannah, CEO said "Quality and patient safety are top priorities for Montrose Memorial Hospital. We constantly work to improve our quality of care and implement better patient safety systems. Rating and ranking programs offer different information; however we don't recommend you rely on any one of them completely. We encourage people to do their research and ask the appropriate questions."

Here are a few examples of successful quality programs MMH has been recognized for:

MMH participates with the Colorado Hospital Association (CHA) in a clinical excellence program funded by CMS called the Partnership for Patients campaign. The program focuses on 11 focus areas, including four measures (CLASBI, CAUTI, pressure ulcers, and PE and DVT) that are included in the HAC Reduction Program.

In May 2014, MMH was recognized as a CHA HEN hospital who achieved at least

a 20% reduction in readmissions. www.hret-hen.org

Hospitals are making progress reducing avoidable readmissions by employing several effective strategies. While readmissions are the result of a variety of factors, the lack of care coordination and effective transitions of care are important contributors. Addressing complex issues across care settings is difficult and requires new tools, communication channels and care processes.

On June 19, 2014, MMH was informed by CMS that they had satisfactorily met the requirements for the Hospital Inpatient Quality Reporting Program and would receive the full annual market basket update for FY 2015. These requirements are based on information available at www.hospitalcompare.hhs.gov.

Montrose Memorial Hospital received two National Patient Satisfaction Awards from Avatar Solutions who is a leading provider of Patient Surveys. Highlighting its consistent dedication to providing a high-quality patient experience, MMH was awarded the following honors:

Exemplary Service – Overall Best Performer for 2013

Most Improved for Medium Hospitals for Quiet at Night – 2013

The Exemplary Service, Best Performer Award distinguishes the top facilities in Avatar's national database that have the highest overall, combined scores for Inpatient, Outpatient, Emergency Department and Ambulatory Surgery. The award recognizes high performing facilities who demonstrate consistent patient experiences throughout the organization. There are 310 active hospitals in the Avatar database and this award was only given to 13 hospitals nationwide.

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MONTROSE-DELTA LEAGUE OF WOMEN VOTERS WELCOMES NEW MEMBERS FOR 2014



Above, former Montrose-Delta LWV Chair Karen Connor works with a volunteer on voter registration. Image courtesy Nancy Ball.

Special to the Mirror

REGIONAL-Do you still believe that a small, dedicated group of individuals working together can change our nation and our world for the better?

The Montrose-Delta League of Women Voters is gearing up for the 2014 election season, and we hope you will join us! League membership is open to all; to learn more visit our web site at www.montrose-delta.org. This year thus marks the 94th anniversary of our nation becoming a true democracy.

At the time of its passage, this amendment was considered a most radical change--one for which our mothers and grandmothers, marched, wrote, fought, spoke, suffered and endured many hardships, including imprisonment.

Longtime Montrose-Delta League member Nancy Ball, who currently serves as secretary for the local chapter, shared her reasons for being involved today: "Join the League to help make your community a strong, safe and vibrant place to live by helping, through informative programming, to shape the important issues that affect you and your family," Ball said. "Remember, voting is a learned experi-



Women in American did not earn the right to vote until 1920, a right that was fought for and finally won by our courageous mothers and grandmothers. Today, the League of Women Voters encourages non-partisan engagement in the electoral process.

ence and Democracy is not a spectator sport!"

Ball added that a secondary, but very important benefit of League membership is the camaraderie with motivated and most interesting women---and men, too.

The League is by no means limited to female participation, but welcomes involvement from all who believe that a non-partisan information and advocacy organization can help promote the spirit of Democracy as it was intended by our founding fathers-and mothers.

Among the things the local league hopes to accomplish this year are candidate and ballot issues forums, informative programs and the restoration, at least in part, of the local Kids Voting program original-

ly established here by Marge Keechfuss and Allen Belt.

Kids Voting is a nationwide effort that works to teach kids the importance of an informed and active electorate.

The Montrose-Delta League of Women Voters will hold its next board meeting on July 10 at the Westminster Hall Library at Delta Presbyterian Church at 135 East Fourth Street, from Noon to 1 p.m. LWV also welcomes Tim Hoover of the Colorado Fiscal Institute to the Region 10 Conference Room July 30 at Noon. All who are interested are welcome to join us at these times, and to bring a brown bag lunch.

To learn more call League President Caitlin Switzer at 970-275-5791.

MONTROSE GOLDEN CIRCLE SENIORS GROUP RECEIVES GRANT TO FUND HOMEBOUND MEALS

Special to the Mirror

MONTROSE--Golden Circle Seniors, Inc., president Madaline Lake announced today that Golden Circle Seniors Meals received a \$9,900 Daniels Fund grant to support its meals delivered to homebound seniors program.

Golden Circle's main programs involve opportunities for seniors to socialize, exercise both mind and body, and learn about policies and projects that involve them. It also serves as an advocacy group for seniors, a support group for caregivers, and a welcome station for seniors new to the community.

"The Daniels Fund grant will enable Golden Circle to re-establish hot meals for homebound seniors, with those meals prepared once again at the Senior Center kitchen in the Pavilion Event Center," said Lake. "Since March 17 we have been delivering meals prepared in local restaurants. Our volunteers pick up the meals, deliver them to the Pavilion for packing into the totes used by our drivers. We began with two restaurants, one of which prepared meals four days each week. This month, we will deliver meals prepared by 10 restaurants. "Golden Circle is overwhelmed by the support our restaurants

gave our program as we awaited word on the grant."

Bill Daniels, a pioneer in cable television known for his kindness and generosity to those in need, established the Daniels Fund to provide grants and scholarships in Colorado, New Mexico, Utah, and Wyoming. (For more information, please visit www.danielsfund.org.) The grant will support a food service vendor, who will plan menus, purchase and prepare meals at the Senior Center. Qualified vendors may contact Carol McDermott, Logistics Coordinator, at (970) 249-4953, for the RFP packet, or for information on the position.

REGIONAL NEWS BRIEFS

BENNETT RESIGNS FROM HOSPITAL BOARD

Special to the Mirror

MONTROSE- The MMHI Board of Directors accepted William Bennett's resignation at its regularly scheduled board meeting Monday night. Mr. Bennett plans to pursue other community interests. During his five-year tenure on the Board, he has been instrumental in helping lead MMH through the many changes in healthcare at the local, state and federal levels. He was active on the San Juan Healthcare Foundation Board, most recently serving as the President. Mr. Bennett was also active with the SJHCF investment committee which monitors investments and oversees their financial strategies.

Debi Harmon, MMHI Board President thanked Mr. Bennett for his dedicated service to Montrose Memorial Hospital. "We appreciate the time and effort Bill has given to our board and to the hospital."

MOUNTAIN VILLAGE TO HOST ENERGY-SAVING FORUM

Special to the Mirror

MOUNTAIN VILLAGE – There is a vast and varied number of energy-saving programs available to residents, businesses and municipalities in San Miguel County. To gain first-hand knowledge of what options exist, the [Town of Mountain Village](#) is hosting San Juan Energy Talks: Green Living Forum July 10. Sponsored by the local utility companies, [San Miguel Power Association](#) (SMPA) and [SourceGas](#), this informative and educational event provides community members the opportunity to meet with the experts who can help them reduce their energy use and save them

money. The eight talks include a question and answer period and cover the following topics: rebate programs and grants; renewable energy incentives and financing options; immediate benefits of efficient energy usage and renewable generation; Telluride Renewed Challenge; and Colorado Climate Action Plan.

"This is an exciting time for our region as together we are building momentum to reduce our collective energy use and achieve our greenhouse gas reduction goals," said Mountain Village's Environmental Services Director Deanna Drew. "The sooner you start saving energy or

switching to renewables, the sooner you will start saving money and helping the environment, not to mention increasing the value of your home or improving the bottom line of your business."

The five-hour event begins at 1 p.m. at Mountain Village Town Hall with each talk lasting approximately 30 minutes. For those who can't attend a specific talk, all of the speakers will be available throughout the event and from 5 p.m. to 6 p.m. for one-on-one discussions and project consultation. In addition, the event will stream live at townofmountainvillage.com/greenforum.

PRODUCE FOR PANTRIES PICKS UP AT THE MONTROSE FARMERS MARKET

Special to the Mirror

MONTROSE--Gardeners, farmers, producers of all kinds: Too many cucumbers and in a pickle? Consider donating your whole, unprocessed produce to Sharing Ministries Food Bank. There is ever growing demand from the Montrose food bank to supply nourishing food to the most vulnerable in our communities. In 2013, Sharing Ministries Food Bank served 85,000 individuals in Montrose, Delta, Mesa, and Ouray and San Miguel counties, by distributing over 810,000 pounds of food. According to Executive Director Oneda Doyal "the food bank has been without any produce or meat to distribute in the past three weeks. We hope that our gardeners and producers can partner with us

to bring this much needed food to our community."

As of June 21st, the Montrose Farmers Market has come on board to collect surplus produce from the public to benefit Sharing Ministries Food Bank. The Valley Food Partnership and LiveWell Montrose Olathe will coordinate a booth during the Saturday Farmers Market where they will collect produce donations of all sizes to be taken directly to the food bank at the end of the market.

Donations will be weighed and recorded and donors will receive a tax receipt from Sharing Ministries Food Bank. Thanks to the new Colorado Charitable Crop Donation Act, Colorado farmers can claim a 25% tax credit for the wholesale value of

all fruits, vegetables, dairy and meat products donated to food banks. Collections will take place weekly during the Montrose Farmers Market: Saturdays 8:30am-1pm located at S. 1st St. and Uncompahgre, across from Centennial Plaza. Donations are also collected weekdays at the Sharing Ministries food Bank, 121 N. Rio Grande Ave. from 7:30am-12:30pm.

LiveWell Montrose Olathe and the Valley Food Partnership are committed to ensuring that all families have access to healthy foods, regardless of income. Visit their booth to make your donation. Contact Sharing Ministries Food Bank with questions at [970-240-8385](tel:970-240-8385) or LiveWell Montrose Olathe at [970-249-0705](tel:970-249-0705).



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REGIONAL NEWS BRIEFS

CITY ISSUES ANNUAL WATER QUALITY REPORT

Special to the Mirror

MONTROSE - The 2014 City of Montrose Annual Water Quality Report, also known as the 2014 Consumer Confidence Report (CCR), is now available on the city's web site at www.cityofmontrose.org/ccr2014. This report contains important information about the source and quality of local drinking water.

Project 7 Water supplies water to the city

of Montrose and five other area water utilities and prepares a single CCR for all of these utilities. In the past, the city mailed the report to all customers. Now, with the availability of the internet, the EPA allows the city to post the information on their website.

"Being able to direct interested customers and citizens to the report saves the city and tax payers several thousand dollars in

printing and mailing costs," explained Utility Division Superintendent David Bries. If a citizen would prefer a paper copy, one may be requested by calling City Hall at (970) 240-1400 during normal business hours. Similar information was included on the last bill for water services to city water customers.

Questions regarding the project may be directed to Bries at (970) 240-1484.

MONTROSE FOOD TRUCK PLANNING COMMITTEE TO MEET JULY 16 AT AFFORDABLE INNS

Special to the Mirror

MONTROSE-The Montrose Road Food Rodeo team will meet again at Affordable Inns (1480 South Townsend Ave) on July 16, from Noon to 1 p.m.

The committee has been granted a fiscal sponsorship by the Montrose Community

Foundation, and is now beginning to plan the details of a food truck convention and culinary festival scheduled for June 5, 2015.

Please join the committee as we move forward with a plan to host a culinary celebration and food truck festival in beautiful

Cerise Park, with a Friday night cruise Downtown and a full day of exciting culinary options, family entertainment and vendors. Brown bag lunches and your ideas are welcome!

Event sponsors are welcome as well. Please call 970-275-5791 for information.

WHAT TO DO WHEN SOMEONE DIES?

Special to the Mirror

MONTROSE--On July 8-sponsored and presented by Region 10 & Brown and Brown, P.C. Have you lost a loved one recently? Do you have questions on how to administer their estate? This workshop will cover the following topics: Probate vs. Non-Probate, Creditor Claims what taxes may be owed, how and when to distribute assets, what if they didn't have a will and what if they did, what happens when family starts fighting? 4:30-5:30 pm. Location: Region 10, 300 N. Cascade in the Sneffles room.

Registration required: Register online at www.region10.net or call 249-2436.

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REGIONAL NEWS BRIEFS

Montrose Elks Lodge #1053 Awards Scholarships



Some of the recipients and their parents attended the Montrose Elks Lodge Father's Day Brunch and were honored and received certificates. Pictured left to right are Katrina Abts, Paige Ready, Chandler Heaton, & Ryan Nadiak, and Montrose Elks Lodge Exalted Ruler Paul Moore. Courtesy photo.

Special to the Mirror

MONTROSE--Scholarship Chairman Jodie Yates-Simon announced the awarding of 13 Montrose Elks Lodge #1053 and two Colorado Elks Association scholarships. Montrose Elks Lodge #1053 Awards Scholarships:

Katrina Abts received a Montrose Elks Lodge Scholarship and a Colorado Elks Association Scholarship and is attending the University of Northern Colorado to study nursing. Nathan Etchart is the other dual recipient and will study Business Administration at Colorado Mesa University.

The Colorado Elks Association Scholarship is awarded to an applicant that has a family member that is a member of the Montrose Elks Lodge.

The remainder received Montrose Elks Lodge Scholarships, Paige Ready, Fort Lewis College-Biology, Desiree Baird, Culinary Institute of America-Culinary Arts, Ryan Nadiak, CU Boulder or Montana State University- Engineering, Riley Draper, CU Boulder or Colorado State University, Dillon Giles, Colorado State University- Chemical and Biological Engineering, Chandler Heaton, Colorado State

or Arizona State University- Biomedical & Mechanical Engineering, Alisha Neal, Colorado State or Seattle University- Communications, Tanner Asnicar, Colorado Mesa University- Business/ Business Management, Paul Weber, Delta-Montrose Vo Tech- Auto Mechanics, Heidi Weber, Northern Eastern Jr. College or Fort Hays State University- Agronomy, Kalie Hubbard, Colorado Mesa University- Pre-Med Health Program, BS in Radiology Technology, Jason Seymour, West Texas A&M University- Ag-Business, Animal & Equine Science.

CITY RELEASES REGIONAL TRANSIT STUDY from page 1

The study is entitled, "Mountain Village/Telluride to Montrose Transit Feasibility Study," prepared for the Town of Mountain Village, The Town of Telluride and the City of Montrose. Based on a survey of local employers and employees (40 businesses and 228 individuals) in the "client communities," the report recommends establishment of an intergovernmental agreement and an intergovernmental transit agency, and provides a timeline for that process. The report discusses general benefits of transit, with a focus on the employment needs of Mountain Village and Telluride.

"One limitation of the survey was that it did not specifically address commuters and focused more on employees," the study notes. "...Although it could be argued that one premise of this study is that Montrose residents are commuting to Mountain Village/Telluride for employment and therefore only Mountain Village/Telluride-based businesses ought to be considered, results indicated that the survey questions were also relevant to Montrose based businesses."

The study goes on to note that 85 percent of Montrose businesses surveyed noted little or no difficulty retaining employees due to transportation-related issues, but that Montrose companies employing 100 or more people revealed that they may subsidize employee transportation costs.

"As was anticipated, Montrose-based businesses did not generally see the need for a transit system for their employees... however, individual conversations with business owners revealed benefits if employees could ride a shuttle to Mountain Village/Telluride to solicit sales, meet with clients and even perform service calls."

The Regional Transit Study also notes that it was "intended to determine if a transit system would be supported by local businesses and residents."

Sharon Fipps, executive director of Montrose-based non-profit All Points Transit (which provides a Montrose city bus service and regional Dial-A-Ride services), commented that she has read the study and does not believe that the City intends to compete with All Points Transit for essential Colorado Department of Transportation (CDOT) Funding.

tion (CDOT) Funding.

"The City asked us if we want to provide this service, but we have enough on our plate right now," Fipps said. "I don't see us participating."

"I see this (the focus of the study) largely as an economic development project; Mountain Village and Telluride want to bring in workers, and Montrose wants to help," she said.

"This study began with a premise, and ends with that premise--if it's about jobs, jobs are good-but what does Montrose get out of it? I'm not sure."

Joseph declined to answer specific questions for the purposes of this article, stating, "I will be going over the study on Tuesday, July 1 during the council meeting. After my presentation, there will be discussion and council will allow questions."

"Please consider attending the meeting in order to acquire a complete contextual and accurate understanding of what the study says and does not say and so you have an opportunity to convey your questions and thoughts."

PLOTS AVAILABLE IN CITY'S COMMUNITY GARDEN

Special to the Mirror

MONTROSE--The City of Montrose Public Works Department, LiveWell Montrose Olathe, and the Valley Food Partnership collaborated to construct a fenced garden with irrigation and raised beds on East Niagara Road. Public outreach began in mid-April, and garden plot applications began pouring in soon after.

Although the garden was initially at capacity, some plots have become available. After being offered to those on the initial wait list, applications are again being accepted from community members. Gardeners will be selected from the list on a first-come-first-served basis and placed on a wait list thereafter.

City staff worked with the Parks Advisory Board from concept through completion of the first City-constructed community garden. Positive feedback from the community was overwhelming, evidenced by the short amount of time necessary to fill the garden. Contact Valley Food Partnership and LiveWell Montrose Olathe (970-249-0705) to hear about additional gardens in our community and other opportunities to volunteer with gardens.

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REGIONAL NEWS BRIEFS

VOLUNTEERS OF AMERICA CELEBRATES LEADERSHIP UNIVERSITY GRADS

Special to the Mirror

DENVER-Volunteers of America Leadership University graduates accepted their certificates of course completion in Denver on June 7, 2014. The group spent the last year in quarterly, two-day training sessions on how to be exemplary leaders in their respective departments.

Some groups met monthly for additional leadership training. Volunteers of America affiliates across the country will follow the Western Slope's model and will begin leadership trainings in other states this fall.

While in Denver, the graduates also attended the opening weekend of the Volunteers of America national convention.

The graduates are as follows:

Group leaders: Allyn, Stasia – Executive Director Valley Manor Care Center, Ammermann, Craig – Regional Operations Director, Sterling, Sara – Executive Director Horizons Healthcare, Merriman, Christine – Executive Director Home Health of Western Colorado

Bishop, Tracy - HR Manager

Clark, Heather – Horizons Memory Care Program Director

Geering, Robert – PACE Clinic Manager

Johnson, Anne – PACE Recreational Therapist

King, Nazlie – PACE RN Clinic Lead

Lamb, Tammy – Horizons Dietary Manager

Roberts, Sandy – VMCC Director of Social Services

Simmers, Cindy - PACE Executive Director

Arnold, Jody – WS Home Health Director of Clinical Services

Green, Lacy – Eckert PACE In-home Services Supervisor



Ormsbee, Diane – VMCC Dietary Manager

Quinlan, Bryan “Bink” – VMCC Maintenance Supervisor

Swanson, Denise – Homestead Residence Director

Williams, Sadie – Eckert PACE Day Center Manager

Zaporojan, Samantha – VMCC Life Enrichment Director

Haywood, Linni – Horizons Nurse Manager

Hotchkiss, Norine – VMCC Business Office Manager

Mihavetz, Lynda – VMCC Director of Rehabilitation

Shipley, Cindy – Transportation Director

Weaver, Ray – Horizons Maintenance Supervisor

Mathieu, Kelly – Horizons Director of Nursing

O'Connor, Sally – Montrose PACE Center Manager

Pierce, Kira – Horizons Admissions & Marketing Coordinator

Quintana, Janet – Homestead Dietary Supervisor

Skees, Erin – Regional HR Manager

Stephens, Helen – WS Home Health RN Case Manager

Walker, Joe – Meal Program Registered Dietitian Nutritionist

RIDE FESTIVAL KICKS OFF WITH TWO BANDS, FREE EVENING OF ROCK JULY 11

Special to the Mirror

MOUNTAIN VILLAGE-Two bands, The Cold Stares and Tyler Bryant and The Shakedown, will take center stage for an evening of rock and roll in Mountain Village July 11. As part of The Ride Festival, this free show runs from 5 p.m. to 7:30 p.m. in Sunset Plaza, and is made possible by the Town of Mountain Village and The Ride Festival.

THANKS FOR READING THE MONTROSE MIRROR!

CALL US AT 970-275-5791 FOR AD RATES AND INFORMATION!

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Thank you to Alan Vigil for the excellent music, to the golfers who came out to show their support for a great cause, to Eric Feely and the staff at Bridges of Montrose and Remington's Restaurant for outstanding service, to Montrose Ford for the Hole-In-One Sponsorship, and to all who attended our pre-golf BBQ and auction.



THANK YOU TO OUR 2014 SPONSORS!! Abel's Ace Hardware, Advanced Hearing Solutions, Aflac-Rex Swanson, Aqua Tech Lawn Irrigation, Betty Wilson & Family, Collin Huffer, Colorado National Guard, Colorado Radio/KUBC, Cooling's Plumbing and Air Conditioning, DMEA, Dynamic Fire Protection System, Inc., Holiday Inn Express, Hope West, In Memory of Rita Maser, Montrose Daily Press, Montrose Mirror, Montrose Vision, Office Solutions, ROTC, Walgreens, Waste Management, Wells Fargo Bank.

2014 OLATHE CORN FESTIVAL SET FOR AUG 2



The Olathe Sweet Corn Festival 2012, above. Courtesy image Olathe Sweet Corn Festival.

By Liesl Greathouse

OLATHE-For fans of Olathe Sweet sweet corn, the annual celebration of the tasty treat-- the Olathe Sweet Corn Festival-- will be held Aug. 2, from 9 a.m.-7:30 p.m. at Olathe Community Park, 1 Park Place in Olathe.

"The Olathe Sweet Corn Festival is a family-friendly event that focuses on agriculture and community," said Jeff Bachman, the Olathe Sweet Corn Festival board chair/president. "We have a line-up of great local entertainment, games for the kids, food and craft vendors, and all the great Olathe Sweet Corn you can eat."

Held annually during the first weekend in August, the Festival first began in 1992 to

celebrate the Olathe Sweet sweet corn and the tremendous benefit it has been to the local agricultural community. The festival has continued to attract thousands of people over the years, making it one of the highlights for Olathe and the surrounding region.

"The goal of the festival is to bring the community together to celebrate our heritage in agriculture and, of course, to enjoy some of our great Sweet Corn and our local entertainers," Bachman explained. "Our hope is that the local community will benefit financially and will pull together as a community to put on another great event."

One of the best and most famous parts of

the festival is that once people pay for admission, they can indulge in all-you-can-eat hot buttered sweet corn for free. Other food vendors serve classic carnival foods such as corn dogs and ice cream.

The festival is packed with family-friendly events, including carnival rides, kids' games and activities, craft vendors to check out, and great live entertainment to enjoy.

"We have several new bands playing with a wide variety of musical talent," Bachman said. "We are working on some Friday night events as well as a parade and 5K Run."

With so many activities and events over the day to pick from, Bachman chose a couple favorites that he enjoys the most. "I am excited to hear the new bands that will be playing this year," he said. "It's always a great family fun day with all the sweet corn we can eat. Plus, the Sweet Corn Eating Contest is always a blast!"

For people who would like to help out, volunteers are always welcome to help in a variety of capacities. "We can always use additional volunteers to make this event a success," Bachman said. "If you would like to be involved in the Festival you can go to our website for more information on how to get involved."

As a word to the local community, Bachman said, "Thank you for all your help and we look forward seeing a crowd again this year."

For all the latest details on the Festival and to sign up as a volunteer, visit www.olathesweetcornfest.com.



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SPICE UP YOUR SUMMER WITH SOME CULINARY HEAT!



Two Montrose eateries that offer a range of culinary "heat" options include Ah Chihuahua, left, and Menudo's, above. Both focus on affordability as well. Photos by Brad Switzer.

South Townsend, Chang is operated by a group of friends who got their start in Glenwood Springs, and who share a passion for authentic Thai food and culture. The restaurant re-opened to the public on June 23 and has already drawn an appreciative local clientele. Menu items can be ordered in mild, medium or spicy hot, and many can be made vegetarian or gluten free. To reach Chang's call 970-240-4567.

And of course, we have mentioned them before--but we can't get enough of **Menudo's**, at 110 North Townsend.

What sets this place apart are not only mild to hot options, but amazingly fast service for food that is homemade and delicious. Pull up to the outside burrito stand for a speedy and delicious \$2 breakfast that gets your day off to the right start every time.

Menudo's is open six days a week (closed Sundays) until 2 p.m.

Finally, want a quick meal, fresh meal that will feed the whole family, with a variety of fresh salsas and heat options? Stop by **El Pollo Asado** at 633 South Townsend Avenue, where the service is always friendly, and the food is always fresh, delicious and affordable.

Though they specialize in flame-grilled chicken and fresh tortillas, El Pollo Asado has added new menu options in recent years, in keeping with the emphasis on simple but fresh. Call them at 970-249-0616. El Pollo Asado is open for lunch and dinner.

Mirror Staff Report

MONTROSE--Those who like it hot are ready not only for summer's heat, but for the arrival of green chile season, and the irresistible aroma of chiles roasting outdoors at local farm markets. However, while you wait, Montrose also offers other options for those who like adding a little "heat" to their culinary choices.

One of our favorites is **Ah Chihuahua** at 235 North First Street. While Montrose has a host of excellent Mexican eateries, this one stands out for a unique combina-

tion of freshness, affordability and cold seafood cocktails that bring a snap of crunch and freshness to a hot July day. And if nothing cools you like a touch of heat, Ah Chihuahua is sure to please with an extra spicy salsa option. Open seven days a week, Ah Chihuahua can be reached at 970-240-2721.

Another longtime local favorite, Asii Thai, recently closed its doors. Fortunately, the restaurant is now owned by **Chang Thai Cuisine**, and offers new menu options and friendly service that includes former Asii owner Patcharin Lawler. Located at 1015



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MIRROR IMAGES...OUT AND ABOUT!



Clockwise from Top left-a bagpiper named Nicholas, in town for the summer, played Amazing Grace at the end of Main in Motion June 26; Kathryn Carson was among those who took part in the Welcome Home Montrose 5K Run/Walk June 21 at Bridges of Montrose (Courtesy photo by Nancy Ball); at left, Brad Switzer took these photos at the Great Harvest Bread Company on Bike to Work Day June 25.

REGIONAL NEWS BRIEFS

THELMA STARNER NAMED DELTARADO DAYS GRAND MARSHAL



2014 Deltarado Days Grand Marshal Thelma Starner. Courtesy photo.

Special to the Mirror

DELTA-Thelma Starner has been named the 2014 Deltarado Days grand marshal – and there are few people more deserving of the title than she, even though she'll argue about that. That's one of the many things that make her so deserving of this small honor: her humility, and her desire to stay out of the spotlight and simply help her community.

Thelma has lived in Delta for 42 years, and in those years, she's served a lot of community dinners, helped raise a lot of money for worthy organizations and given countless hours of volunteer service.

She, her husband Jack and their two daughters moved to Delta in August of 1972, when Jack and Thelma went into business with her father at Delta Sand & Gravel. They also had a small cattle operation. Prior to that, Jack and Thelma traveled for work, and being in one place for a while was a different experience. "Everyone in Delta was very friendly and receptive of us. I just felt very welcome," she said.

The Starners had not had the chance to really get involved in any of the other communities they lived in before, and with

this new business venture, Thelma decided it was time for her to jump in and get involved.

The first organization she joined was the Chamber of Commerce, and she is still a member today. She has served on the board, and as board president. One of her most memorable experiences in that role is taking a group of businesspeople to Denver to testify before the legislature on the importance of keeping the Delta Correctional Facility in the area. She also worked on the city's first downtown revitalization effort in the early '80s.

Early on, she met Helen Jurca and Edra Robertson, who helped her meet people in the community and who introduced her to the Epsilon Sigma Alpha philanthropic sorority, of which she is still a member today.

"I'm so happy Thelma is being recognized. She's has given so much to the community, has served on so many boards, and has just helped so much," Helen said.

Thelma has been active in her church, the Presbyterian Church of Delta, since she moved here, and has served in several leadership roles there. "She's been a mainstay of the core of our church," said Bob Brown, a church member. "A lot of us have rallied around her. She's been one of our focal points throughout the life of the church. She's really been a source of strength for the congregation through her leadership, and she's worn so many different hats you can't even count them."

The Board of County Commissioners appointed her to serve on the Club 20 board, and in 1985, she chaired that board. Through her work there, she was approached by Club 20 to be one of the founding board members of the Western Colorado Community Foundation, which she served on for many years. "It felt good to help get that organization started," she said.

She served on the board of the Delta County Memorial Hospital for 10 years, and is now a DCMH Foundation board member.

She was one of the founding board members of the Delta Area Development, Inc., which later changed its name to Delta County Economic Development. She is still working on the City of Delta's budget task force.

She served on the board of directors for

United Bank, which became Norwest, which became Wells Fargo. "I've been on that board for I can't even tell you how long," she joked.

She and her daughter Vicki Ripp joined Altrusa International of Delta the same time, and the two have been members for 25 years.

Thinking back, Thelma said, "I guess that's about it."

Jack and Thelma sold Delta Sand & Gravel and built a home on California Mesa. They continued to operate the cattle business, JATS Land & Cattle. Jack died in 2001 after battling cancer.

She hasn't slowed down a day since she's first moved to Delta: she's still just as active, and is still one of the people in town who are known to get things done. "I just feel like my life has been very good here in Delta," she said. "I don't plan on ever leaving until they carry me out. I just love it here. I wasn't sure I would when we first moved here, but I do. I love it. I like being able to be in a small enough place that when you see people on the street and you can say hi. Delta is that kind of place – you say hi to everyone."

"It makes me feel good to do things for Delta, if I can. I think it's important to volunteer and be involved in your community. If you're involved you take ownership, it becomes part of you, and you want it to do good. And if you don't take part, you have nothing to gripe about."

The Delta Area Chamber of Commerce has named Thelma the 2014 Deltarado Days Grand Marshal. "Thelma is so amazing, and has done so much for this community. It was an easy decision to honor her in this way," said Kami Collins, the executive director of the chamber.

Thelma will, of course, spend the weekend volunteering. As an Altrusan, she will be helping prepare and serve the delicious barbecue the Altrusa Club will do on Thursday, July 17, from 5-7 p.m. at Cleland Park. Tickets are \$12 for adults and \$6 for kids, and are available in advance from any Altrusan or at the Chamber office. Proceeds benefit the club's annual scholarship program. The 101st Army Band "Open Range" will play during the dinner. You can also see Thelma in Saturday's parade, on July 19 at 9 a.m., leading the procession. Give her a wave when you see her!

REGIONAL NEWS BRIEFS

HORSEFLY BREWING COMPANY TAKES OVER CITY GOLF COURSE CONCESSION

Special to the Mirror

MONTROSE--The City of Montrose and Horsefly Brewing Company are pleased to announce the opening of the newly renovated restaurant at the Black Canyon Golf Course, Brews and Bogeys.

The City of Montrose began operating the Black Canyon Golf Course (BCGC) in early 2014 and immediately began constructing improvements to the course and BCGC facilities. The refurbished restaurant represents the most dramatic of these improvements.

On June 11, Brews and Bogeys began

serving cool refreshments and tasty treats and is open seven days a week. The menu includes a variety of appetizers, sandwiches, burgers, wings, salads, and a full bar to compliment the great food.

BCGC is a municipal golf course open to all, and Brews and Bogeys has something for everyone.

The restaurant offers both indoor and outdoor patio dining. Views from the patio are spectacular, and indoor diners are entertained by several large screen televisions continuously broadcasting various sporting events. The venue is also availa-

ble for luncheons, meetings, special events, parties, and catering.

Watch for upcoming events including Friday night golf and Sunday brunch.

On Friday June 27th, Brews and Bogeys will partner with BCGC to offer 9 holes of golf and a cheeseburger dinner for only \$20. Live music by Emma Cooper will be provided on the patio. During this special event, Brews and Bogeys will donate \$1 of each beverage sold to the Montrose High School Boys Golf Team.

Contact Steve Poland at 249-0252 to plan your next event.



USING THE CLOUD FOR YOUR SMALL BUSINESS

Special to the Mirror

DELTA-What is the Cloud? How can it help your small business? Area businesses are invited to learn all about the Cloud on Tuesday, July 8, from Noon to 1 p.m.

The class is presented by the Delta Area Chamber of Commerce and Region 10, and will be taught by staff from Networks Unlimited.

Class size is limited. Pre-registration and pre-payment is required by calling 874-8616. The class fee is \$15 per person.

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REGIONAL NEWS BRIEFS

SANDY WALKER JOINS REGION 10 AS LONG TERM CARE OMBUDSMAN



Region 10 Long Term Care Ombudsman Sandy Walker.

Special to the Mirror

MONTROSE—She has met the most interesting people—a nuclear physicist, a chemist, and a mother of 14 are just some of those who come to mind.

For Sandy Walker, who has stepped into the role of Region 10 Long Term Care Ombudsman, people are what the work is

all about.

"I love sitting and hearing the history of a person," Walker said.

"I have met all kinds of people over the years--people who have worked all of their lives. And I have found that there is always someone young inside, though the shell is old."

Walker has spent much of her career with seniors and adults in care facilities, both as a nurse and social worker.

"I have always enjoyed working with the geriatric population," she said. "I spent 12 years with Valley Manor Care Center as a floor nurse and social worker, and have been a home health nurse as well. I have also provided respiratory care and worked in a doctor's office. Between social work and nursing, I have dealt with many issues."

As ombudsman Walker's experience will prove invaluable; her role is to oversee quality of care and advocate for residents of long term care facilities throughout a six-county region. She joins a team of volunteer ombudsmen coordinated through Region 10 Community Living Services.

"I am tickled pink to be back with the senior population, and working with the frail elderly," she said. "I like to think,

what if this was my mom, my grandma or me? It is important to bring a personal touch. The people we represent have worked hard all of their lives, and have the right to respectful care."

Walker said she looks forward to being "the boots on the ground," and to spending time in regional care facilities.

"It is a proven fact that when there is community oversight--somebody watching--that care will improve," she said.

"Sandy is very well-qualified, and will be a great asset here," Region 10 Community Living Services Options Counselor Amy Rowan said.

A non-profit organization, the Region 10 League for Economic Assistance and Planning was formed in 1972 and serves six-counties (Montrose, Delta, Gunnison, Ouray, Hinsdale and San Miguel), operates an Enterprise center (300 North Cascade) administers the Enterprise Zone tax credit and marketing grant programs, oversees the Area Agency on Aging (AAA) and Community Living Services, coordinates regional transportation planning, and offers a loan program for small business. To learn more about Region 10, call 970-249-2436 or visit the web site at www.region10.net.

ALPINE BANK'S SHANNA WOODS EARNS CRVPM CREDENTIAL

Special to the Mirror

GRAND JUNCTION—Alpine Bank would like to congratulate Shanna Woods on earning the Certified Regulatory Vendor Program Manager (CRVPM) credential through the most comprehensive course available of its kind, provided by the Compliance Education Institute. Shanna recently completed the six-hour online course in just two days including a rigorous 65 question final exam to secure the certification.

The CRVPM course from the Compliance Education Institute provides professionals with the tools needed to build, implement, and manage a compliant vendor management program and properly prepare for exams and audits through completion of seven essential sections: Historical Per-

spective, Regulations, Benefits of a Compliant Program and Penalties for Non-Compliance, Program Components, Implementation, Exam and Audit Preparation, and Best Practices.

"I'm extremely happy to see that Alpine Bank has been proactive and had the foresight to build its staff's competency in an area of heavy regulatory focus. This course is challenging and Shanna did exceptionally well," stated Mick Kless, president of the Compliance Education Institute.

"Vendor management will only continue to grow in importance and by completing the CRVPM course, Alpine Bank now has an enhanced level of knowledge to leverage in complying with guidance for 3rd party oversight and staying ahead of the regulatory curve."

A true Colorado native, Shanna was born in Grand Junction and attended Rifle High School.

She joined Alpine Bank in October 2003 at the call center where she helped develop a key program still in use today and later took on the role of training new employees. In 2008, Shanna moved over to the fraud department and quickly excelled – today she oversees the bank's physical security, vendor management, and disaster recovery as the physical security supervisor. Shanna is a volunteer with the bank's Grand Junction Relay for Life Team as well as with her kids' school events every chance she has.

In her spare time, Shanna enjoys spending time with her husband, Kitt, and their four children.



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Offered by Montrose County Environmental Health

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January 14th, 2014
February 11th, 2014
March 11th, 2014
April 8th, 2014
May 13th, 2014
June 10th, 2014
NO July class
August 12th, 2014
September 9th, 2014
October 21st, 2014
November 18th, 2014
NO December class

Pre-registration is required by calling 252.5000.

Classes are held at a **new location,
at Friendship Hall at the Montrose County Fairgrounds
at 1001 North 2nd Street
from 2:00 to 5:00 p.m.**

**The cost to attend is \$10 and a photo id is required.
Successful participants will receive a food handler's card.**

*For additional information
Or, to schedule a class at your location,
Call Environmental Health at 970-252-5000.*

REGIONAL NEWS BRIEFS

LOCAL AUTHORS SUPPORT OURAY PERIMETER TRAIL WITH BOOK SIGNING

Special to the Mirror

OURAY--The most popular trail in the Ouray region is only 75 percent complete, but plans are underway to finish the unique loop route. Local authors Charlie and Diane Winger, volunteers with the Ouray Trail Group, hope to help the fund-raising effort to make the finished trail a reality.

In 2006 the Ouray Trail Group began construction of a new trail that, when complete, will circle Ouray following cliff bands, scree slopes, and forested areas, yet be accessible to hikers of nearly all ages and abilities. The finished trail will access four waterfalls, cross six drainages and offer unmatched perspectives of the surrounding mountains. The partially-completed loop trail attracted some 40,000 hikers last year, making it the most popular trail in the region.

Completing the next section of the trail will require constructing a bridge on the steep Oak Creek Canyon on Ouray's west side and will entail costs well beyond the non-profit group's usual map and book sale receipts. As part of the effort to raise \$50,000 to cover the costs of extending the trail, the Wingers are donating books as incentives for donations to the 501(c)(3)

organization.

On Saturday, July 19, 2014, the Wingers will be on hand at the Ouray Visitor Center from 10 a.m. to 2 p.m. to autograph books. Visitors who donate \$15 or more toward the Perimeter Trail project will receive a gift of one book of their choice by the authors. A donation of \$40 or more qualifies the donor to receive a gift of any three books (mix or match the titles). All proceeds go to the Ouray Trail Group to be applied to this trail project.

The titles available are: *Two Shadows* – the inspirational story of one man's triumph over adversity (memoir by Charlie Winger); *Faces* (novel by Diane Winger); *Rockfall* (novel by Diane Winger); and *Duplicity* (novel by Diane Winger). The novels are suspense/adventure stories set in Colorado and include outdoor activities such as rock climbing, hiking, and back-country skiing; Charlie Winger's memoir features over thirty-five years of his mountaineering adventures and his remarkable early background. The Wingers are also co-authors of several outdoor recreational guidebooks.

"The Perimeter Trail is my personal favorite in the area. I'd love to see it completed and hope we can do our part to help



make that happen," Diane Winger explained. Charlie Winger, who spends countless volunteer hours each summer helping to preserve and maintain over 80 trails within the Ouray Trail Group's area, concurred. "We get so much enjoyment from the trails and our mountain environment. This is a way of giving back."

WESTERN SLOPE VOLUNTEERS OF AMERICA MINISTER CANDIDATES CREDENTIALLED IN DENVER

Special to the Mirror

MONTROSE- Volunteers of America Western Slope of Colorado is pleased to announce the following candidates have been credentialed as Volunteers of America ministers: Pam Shilts, Kelly Mathieu, Sara Sterling, and Michael Moran. In addition to being one of the nation's largest and most comprehensive human services organizations, Volunteers of America is an interdenominational church - a church with a distinctive ministry of service. For more than 118 years, Volunteers of America has provided essential services to heal both the body and soul. We provide healthcare services, human service programs and opportunities for individual and community involvement for people of all faiths. Prospective ministers dedicate several months to their applications. Each candidate was required to complete a survey of Biblical understanding, five essay responses relating to the candidate's spiritual journey and understanding of the role of a Volunteers of America minister, and an individual study of the history of the

organization. Each candidate was guided through the process by a minister mentor. The application process began in September 2013 and final pieces were submitted to the national office in January 2014. After board review, recommended candidates were credentialed at the Volunteers of America national conference with a service held at Trinity United Methodist Church in Denver on Sunday, June 8, 2014.

Pam M. Shilts has been a Volunteers of America employee for 13 years and currently serves as National Services clinical care coordinator for Colorado and Arizona regions. Previously, Shilts worked as director of nursing to Valley Manor Care Center, clinical director to the Homestead at Montrose and was administrator of Home Health of Western Colorado. She plans to use her spiritual gifts to uplift and serve those in need.

Kelly Mathieu has been employed with Volunteers of America for 10 years and has served in a variety of clinical positions. She is currently director of nursing

at Horizons Health Care in Eckert, Colo., a role she has held for the past three years. Mathieu will support and encourage residents and serve as an example of "this is why we do what we do." Sara Sterling has been a Volunteers of America employee for two and a half years. Presently, she serves as executive director to Horizons Health Care. As a new minister, Sterling hopes to deepen Horizons' ministry for residents, staff and families. She believes in serving and uplifting others by demonstrating God's love and compassion. Michael J. Moran has been with Volunteers of America for three years. He serves as a chaplain and member of the end of life team with Senior Community Care PACE. In his role, he facilitates a bereavement program, which includes grief counseling and family support. Moran would like to establish a mentor program for PACE sites. The program would serve to invest in future ministers through daily ministry opportunities and experiences. Volunteers of America ministers have always come from all Christian faith traditions.

Together, We Can Make A Real Difference.

Are you interested in making a difference in the lives of others while building your network of friends, strengthening your leadership skills and implementing new ideas?

Share your gifts and talents and become part of meaningful change for an older adult.

Volunteering is based on your schedule, so the time you spend is effective and enjoyable.

Contact one of our care centers or programs below to begin your journey.



Horizons Health Care & Retirement	(970) 835-3113
Valley Manor Care Center	(970) 249-9634
The Homestead at Montrose	(970) 252-9359
Home Health of Western Colorado	(970) 240-0139
Senior Community Care PACE Montrose	(970) 252-0522
Senior Community Care PACE Eckert	(970) 835-8500
Senior CommUnity Care Meals	(970) 835-8028



THIS IS WHY WE DO WHAT WE DO.™

REGIONAL NEWS BRIEFS

BLACK CANYON BARBERSHOP CHORUS PRESENTS HARMONY AWARD TO MEG NAGEL

Special to the Mirror

MONTROSE--I have a great job," Meg Nagel says. She promotes harmony in our community through many of the programs she organizes at the Montrose Regional Library. "The library is one of the centers of the community, so it only makes sense to use it as a venue for getting people together to share their interests and their stories and to help each other grow in skills and knowledge." Library patrons explore their concerns and share opinions in programs that focus on a wide range of issues, from international affairs, social welfare and science to health and recreation. Meg coordinates volunteers who teach computer skills in classes, collaborates with the school district's Adult Basic Education program to find volunteer conversation partners, and schedules a series that lets travelers and other adventurers share their experiences. Meg also supports local writers, musicians and artists. She



said "We live in a community of active, creative people, and that makes what I do easy and fun." To recommend someone for the Harmony Award, please send their

name to The Black Canyon Barbershop Chorus c/o United Methodist Church, PO Box 148, Olathe, Co. 81425 or call Don Barnett at 249-3241.

HONORABLE MENTION

To Jeff Bush, Suzanne Cheavens and the whole team at Telluride Style—for doing such a fantastic, professional job on the latest issue. The publication has never looked better!

To Chang Thai Cuisine (1015 South Townsend), for coming to Montrose!

To Rhona Keckler, congratulations on your retirement, and thank you for all you have done for our communities through the Region 10 Enterprise Center!

To veterans everywhere, for fighting to keep our nation free...

To all local businesses flying the stars and stripes, and to the young person who has been driving around town with the flag of the United States of America flying proudly from his truck...thank you. We never tire of seeing the red, white and blue.



MONTROSE COUNTY NEWS AND INFORMATION

KEEP TETANUS SHOTS UP TO DATE

Special to the Mirror

MONTROSE COUNTY-Summer is here! Time to kick off your shoes and spend time outdoors. But before you go running through that enticing grass, you should ask yourself: when's the last time I had a tetanus shot?

Tetanus is different from other vaccine-preventable diseases because it does not spread from person to person. Tetanus is an infection caused by bacteria called *Clostridium tetani* and is everywhere in the environment. The bacteria is more likely to enter the body through broken skin, usually through injuries from contaminated objects, soil, dust, manure, or spit. Other more likely breaks in the skin that can get infected with tetanus bacteria are from wounds caused by an object puncturing the skin, like a nail or needle, burns, crush

injuries and injuries with dead tissue. Tetanus has occasionally been linked to clean superficial wounds such as surgical procedures, insect bites, dental infections, compound fracture in the bone, and chronic sores.

Tetanus in the United States is most commonly reported in older persons who are less likely to be adequately vaccinated than young persons. Nearly all cases of tetanus are among people who have never received a tetanus vaccine, or **adults who don't stay up to date on their 10-year booster shots.**

Tetanus prevention means keeping your vaccine history current with a booster every ten years. If an injury occurs with contamination from soil, rust, manure, etc. it should be cleaned and dressed immediately. Let your medical provider know if you

are overdue for a tetanus booster, if you can't remember when you last had a booster, or if it has been over 3 years since your last booster. Wounds should be observed frequently for redness, drainage, infection and seek immediate medical intervention. Symptoms of tetanus include: headache, jaw cramping, sudden involuntary muscle tightening, painful muscle stiffness all over the body, trouble swallowing, jerking or staring seizures trouble swallowing, fever and sweating, and high blood pressure and fast heart rate.

Montrose County HHS offers tetanus boosters as well as immunization consultations with our qualified immunization nurses. If you have questions about tetanus recommendations or the vaccine itself, call 970-252-7079 for an appointment or to speak with staff.

COLORADO ARTS SPOTLIGHT WITH MARISSA ISGREEN

THE MUSIC NEVER STOPS...

CONCERT AND NATURE PHOTOGRAPHY BY JESSE FILIPPELLI



Kyle Hollingsworth of String Cheese Incident playing at Daze on the Green in Denver's Sculpture Park. Photo by Jesse Filippelli.

Continued from page 6

stops," he explained with a Grateful Dead lyric. "I feel like I would be less motivated to get out of bed and grab my camera if I were taking portraits or graduation photos."

For now, Filippelli holds a day job managing an all vegan restaurant in Denver, but he knows at some point he has a decision to make.

"I know in the back of my mind I'm going to have to decide if I want to make this photography thing real."

Filippelli has created his own photography company called Filippelli Photos. He envisions combining photo and video shot from all angles for a complete festival coverage. He wants those who attended to relive amazing moments and those who did not to feel like they were actually there.

"There's a complete saturation with photographers, so you need to be creating a product that's not just pictures," Filippelli said.

On the Western Slope. Across the Nation.

We succeed when we help change the lives of older adults and families in our communities.



Volunteers of America is a national, nonprofit, faith-based organization who since 1896, has been dedicated to helping those in need live healthy, safe and productive lives. On the Western Slope of Colorado, we offer independent senior and family housing; senior care services, including site-based and home delivery meals programs; a PACE program, including senior day centers, in-home, and clinic care; home health care management; and assisted living, long-term, memory, transitional and respite care.

For more information, visit www.voahealthservices.org



**Volunteers
of America®**

THIS IS WHY WE DO WHAT WE DO.™

- Valley Manor Care Center • The Homestead at Montrose
- Horizons Health Care & Retirement Community • Senior CommUnity Meals
- Senior CommUnity Care PACE • Home Health of Western Colorado

REGIONAL NEWS BRIEFS

CANYON CREEK TO HOST COMEDY NIGHT JULY 5

Special to the Mirror

MONTROSE--On Saturday July 5 Canyon Creek Bed & Breakfasts hosts a Laff Inn Comedy Night from with **David Testroet and Mike Sjerven** from 8 to 9:30 p.m..

Sjerven has been a Denver favorite since being a finalist in the prestigious Comedy Works New Talent contest in 2006. Now a Comedy Works regular, Mike has shared the stage with national performers like Bill Burr, Bob Saget, and Kathleen Madigan.

Mike has also performed at Red Rocks Amphitheater as part of the Film on the Rocks series, and is a regular performer with Monkey's Uncle Comedy Improv. He has also covered the lighter side of Denver sports for the sports site SB Nation Denver. Mike's comedy has been described as "likeable, but with an edge."

David Testroet is a true veteran comedian with the Bio to prove it.

Born in Iowa, Testroet has an easy Mid-West delivery. With a quick laugh and a shift of an eyebrow and soon you're in David's world. From Comedy Clubs and Theaters across the United states and Canada to flying across seas for five different



David Testroet, left, and Mike Sjerven, left, will perform at Canyon Creek July 5. Courtesy photo.



tours to entertain the U.S. Military. A fast and funny show anyone can enjoy. Material that twists from Darwin to Grizzly bears and sharp improvisation skills developed with over twenty years of stage experience.

rience.

A well established harmonica player, David has incorporated this into his act, from rock and roll to his original songs like the Big Guy Blues.

DELTA COUNTY LIVING

**YOUR ONLINE GUIDE FOR ACTIVITIES, ADVENTURE AND LIVING
IN DELTA COUNTY, COLORADO**

Deltacountyliving.com
Deltacountyliving@gmail.com

REGIONAL NEWS BRIEFS

ROCKY MOUNTAIN HEALTH PLANS LAUNCHES SUMMER KIDS PROGRAM

Special to the Mirror

GRAND JUNCTION—Just days after the official start of summer, Rocky Mountain Health Plans (RMHP) is pleased to announce the launch of our first Summer Kids Program (SKP, pronounced skip), which will sponsor local Grand Valley organizations who promote the health and well-being of underserved and underprivileged children. The recipients of this year's sponsorship in the amount of \$10,000 will be Ariel Clinical Services and Fruita Community Center.

"Summer is when all children should be enjoying healthy and memorable recreational activities, from simple skipping to swimming to summer camps. Rocky Mountain Health Plans is thrilled to help make this possible for local children and their families, who don't always have the means to participate. Rocky Mountain Health Plans is committed to our communities and we are pleased to launch SKP in the Grand Valley this summer," said Leanne Hart, spokesperson for Rocky Mountain Health Plans.

Ariel Clinical Services, whose mission is to provide safe, nurturing, and supportive environments for their foster children, will receive \$7,000 from RMHP's SKP. Funding will provide admissions for foster children and their families to play at the various complexes in and around the Grand Valley, such as Lincoln Park Pool, Kidzplex Fun Factory, Glacier Ice Arena, throughout the summer. In addition, a select group of children, who have significant and severe social and behavioral issues due to extreme abusive experiences, will be provided the financial opportunity to attend Girls Empowerment Camp and/or Summer Solutions Camp, along with trained therapists. Becky Hobart, Executive Director of Ariel Clinical Services stated, "Many children who are victims of abuse and neglect have not had the opportunity to swim or enjoy our community's recreational activities. We are so grateful that RMHP recognizes the importance of supporting these children and affording them the chance to have a fun, safe summer."

Fruita Parks and Recreation's Community Center will receive \$3,000 in funding to benefit their Youth Scholarship Program. This program is designed to provide financial assistance to local youth so that they may participate in Fruita's recreational sports and activities, including summer and fall swim lessons. Those interested in participating in the Scholarship Program will need to apply through the Fruita Community Center. For more information about the Fruita Youth Scholarship Program, please contact Ture Nycum, City of Fruita Parks and Recreation Director, at 970-858-0360 or stop by the Community Center and fill out a scholarship application. "We are very excited that we can use the SKP sponsorship from Rocky Mountain Health Plans and couple it with our youth scholarship program. This allows us to provide free programs, such as swim lessons, to those kids that aren't typically afforded the opportunity. It is truly a win – win for everyone," said Nycum.

Breakthroughs in Dementia, Specializing in Validation

Imagine connecting with older adults who have dementia in ways that help them experience greater peace, dignity, and happiness...moments of recognition, faces full of joy, growing confidence in their eyes.



Validation is built on an empathetic attitude and a holistic view of individuals; understanding the meaning underlying an individual's behavior, rather than awareness of reality, is the goal in validation.

Valley Manor Care Center is a certified validation community with certified nurses leading one on one and group validation sessions. Contact us today for complete details. Welcome Home to Valley Manor.



Valley Manor Care Center
Montrose Rehabilitation Center

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for Better Results

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- How to set up a blog
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- How to get your blog written for you!

Tuesday, July 22 • Noon – 1pm

RSVP 970-249-2436 • www.Region10.net

Region 10 Enterprise Center • 300 North Cascade • Montrose • Please RSVP by calling Claudette at Region 10

Brown Bag, Working, Lunch • Limited Seating, Available, so Register Early!

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Hold the Date! Upcoming Business and Cultural Events

ONGOING-

-First Friday Strolls Montrose Downtown —Monthly from 5:30 p.m.-8p.m. Artist Demonstrations, Free Wine Tastings, and in store promotional events!

Third Sunday Dulcimer Club with Harps & Hammers, 2 to 4 p.m. Please call Robin for information and directions to our new location as our club has grown! 970-275-8996. Guitars and Autoharps welcome too—the more the merrier!

Every Friday-Conscious Salsa at Ah Chihuahua, 234 North First Street, 9:30 p.m. to close.

The last Saturday of each month will be “Montrose Day” at the Montrose County Historical Museum, 21 N. Rio Grande Street. If you live in the Montrose area, then you will receive a free pass to the Museum. So bring down the family to learn about our unique town and area history. For more information please call 249-2085.

-Coffee with the Cops—Held at 9 a.m. on the fourth Thursday of each month at Great Harvest Bread Company, 324 East Main Street in Downtown Montrose.

Ridgway concert series-7th Annual Free Summer Concert Series Ridgway Town Park, Ridgway, CO, Thursdays in July, 6pm ‘til Dark-July 3, 10, 17, 24, 31.

Pickin’ in the Park—Paonia’s Seventh Annual Free Summer Concert Series, Paonia Town Park, Paonia, Thursday Evenings in August, 6pm ‘til dark.

Mountain Air Music Series in Ouray (Thursdays in June). Visit www.pickinproductions.com for more information on any of the free concerts.

May 20—Region 10, Delta Chamber present Facebook Classes, Delta Chamber of Commerce at 301 Main Street. For times and info call 970-874-8616.

AARP Driver Safety Course—Save on insurance, keep up on newer traffic laws, and learn defensive driving techniques. For details and schedule for Montrose and Delta, contact John 970-856-6924 or 970-424-1778.

July 4—Happy Fourth of July! Special Main in Motion event Downtown.

July 5—Susan Walton performs at Cobble Creek. 5 to 8 p.m.

July 5—Laff Inn Comedy Night at Canyon Creek B&B, 8 to 9:30 p.m.

July 5—Midsummer Night Dance Party with the Stupid Band at Turn of the Century! For info call 970-209-1260.

July 8—Region 10 Community Living Services Lunch-n-Learn sponsored and presented by Region 10 & Brown and Brown, P.C. “What to Do When Someone Dies?” — Have you lost a loved one recently? Do you have questions on how to administer their estate? This workshop will cover the following topics: Probate vs. Non-Probate, Creditor Claims what taxes may be owed, how and when to distribute assets, what if they didn’t have a will and what if they did, what happens when family starts fighting? 4:30 to 5:30 pm. Location: Region 10, 300 N. Cascade in the Sneffles room. **Registration required:** Register online at www.region10.net or call 249-2436.

July 8—COMMUNITY TAP NIGHT 6 - 9 p.m. at the Horesefly Brewing Co. for a fundraiser for the Montrose Botanical Society. The Gardens receive \$1 for every beer, root beer, wine and all sodas. Show your support, ask questions, socialize at 846 E. Main St. and help the Gardens grow. www.montrosegardens.org.

July 9—Montrose Library Teen Summer Reading Program-1 to 3 p.m.—The Science of Survival-Join survival expert Kay Gerke, and learn basic skills for wilderness survival, based on science! Space limited to first 20 registrants.

July 9—Region 10 Economic Gardening Summit, Holiday Inn Express, 9 a.m. to 5 p.m. Free admission, lunch will be served.

July 11-13—Black Canyon Quilt Show, Montrose Pavilion. 9 a.m. to —5 p.m. on July 11 and 12:10 p.m. to 4 p.m. on July 13. Admission: \$4. For info call 417-4842.

July 11—Montrose Regional Library Storytelling Mini-Festival, Community Room 10:30 to Noon.

July 12—Ridgway Creative District Moon Walk!

July 15—Region 10 Community Living Services Lunch-n-Learn: Tai Blair with Senior Community Care PACE, “Get Out of the Fog” - Medicaid Eligibility is designed to help support our elders and those with disabilities understand the Medicaid system. Learn requirements for applying for Long Term Care Medicaid and for Adult Medical Medicaid, what documents are required and eligibility. 12-1 pm. Location: Region 10, 300 N. Cascade in the Sneffles room. **Registration required:** Register online at www.region10.net or call 249-2436.

July 16—9 a.m. - 12 noon at the Montrose Botanic Gardens. Kids ages 5 - 11 meet at the Gardens for fun activities: planting a vegetable garden, a scavenger hunt, weed pulling contest, bug jokes and more. Bring your water bottle, hat, sunscreen and gloves if you have them. No restrooms, so come for an hour or two. An adult should accompany child. Information call Liane 209-4242 or www.montrosegardens.org.

July 16—Montrose Library Teen Summer Reading Program-1:30 pm-4 pm -CSI: Montrose, Part I: Ask a Detective-Join a real forensics expert to learn all about crime scenes and ask questions about how detectives use science to solve crimes.

July 17-20—Deltarado Days!

July 18—Montrose Regional Library presents Big Bubble Circus, all ages shows at 10:30 a.m. and 1 p.m.

July 18-27—128th Montrose County Fair & Rodeo! Montrose County Fairgrounds.

July 18—Montrose Library Teen Summer Reading Program-1:30 to 4 p.m.—CSI: Montrose, Part II: Who Killed Geoffrey?—Apply your new forensics expertise to a crime! Our Mad Scientist, Geoffrey, has been murdered. Collect the clues and solve the crime! **Meet outside the library at the BOOKMOBILE!**

July 19—9 a.m. - 12 noon CREATING KIDS GARDEN MURAL, at the Montrose Botanic Gardens. Kids come join in the fun of learning about plants, flowers and painting a mural. Great fun for all. www.montrosegardens.org

July 29—Montrose Community Band Free Patriotic Concert, 7 p.m. at the Montrose Pavilion.

Aug. 13—Montrose County Town Hall Meeting, Paradox, Noon.

Aug. 6-19—33rd Annual Telluride Mushroom Festival!

Sept. 24—Montrose County Town Hall Meeting, Nucla, 5:30 p.m.

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At right, Jen, Hollis and Lincoln head home from Main in Motion June 26; below left, Nancy Ball captured this iconic image at the Welcome Home Montrose 5K Fund-raiser at Bridges June 21.



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Alpine Bank offers all the 'big bank' products and services, but we're still a true community bank at heart. Our personal bankers want to help grow your business and enhance your personal finances.

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