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Your Source for Local Business News and Information THE

Issue No. 89, Aug. 5 2014

"I CAN HEAR MUSIC SPILLING OUT OVER MAIN STREET..." Meeks Buy Masonic Building for Upscale Jazz, Events Venue



Longtime local residents Yvonne and Harris Meek are the new owners of Montrose's historic Masonic Lodge. Plans for the building, built in 1911, include an upscale music and events venue in the upstairs hall.

By Caitlin Switzer

MONTROSE--Yvonne Meek recalls vividly the first time she and her husband Harris stepped into the Masonic Building at 509-511 Main Street in Montrose.

"This was when we first came to Montrose, 16 or 17 years ago," Meek recalled. "The place was in such disrepair! It was dirty, and there were mice and rats. I felt such a kinship for this building, I wanted to buy it back then--but Harris was not necessarily on board at that point."

On Tuesday, July 29, however, the Meeks finally closed on the property that Yvonne, a lifelong musician and events professional, fell in love with on that long ago day. The family has acquired a place in local history along with the purchase; the building itself was constructed in 1911 for \$25,000 by Montrose Masonic Lodge #63, according to Authors Marilyn Cox and Cathleen Norman (Montrose Take a Closer Look-A Walking Tour Guide, Preservation Publishing 2006).

"To help finance the building, the Masons rented storefronts to a series of businesses, an arrangement

Continued on page 5

SWINGSETS, SOCCER, BETTER LIVING CONDITIONS AT GREAT HOMES

By Caitlin Switzer

MONTROSE--For Montrose property manager Steve Romero, it's not really about fixing broken windows and cleaning off graffiti--though that is where it all begins.

"When I first started here, we averaged a broken window every day," said Romero, who oversees the rental properties owned by the Great New Homes company, including the Cottonwood, Green Acres, Mountain View and Montrose Estates Trailer Parks in Montrose. "So I told the kids here, I can fix can keep fixing broken windows, or I can build a park. "I have not seen a broken window since."

Romero and his crew of four take care of 399 tenants on more than 10 acres, but for Romero, it is about taking care of the future as well.

"We have trailers, we have apartments, and we have a half-dozen houses," Romero said. "We have five parks--four in Montrose and one in Delta." And now, two of the Montrose Parks feature brand new play areas.

"I am trying to make a difference," Romero said. "We have good tenants, because I have run all of the



Above, kids at Cottonwood and Green Acres trailer parks now have dedicated play areas thanks to park manager Steve Romero.

Continued on Page 12

E	in this Letters – Did Mayor ISSUE Overstep with MOU?		Jay Stooksberry reviews Region's demographics		Local photos, Local stories!	
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LIVEWELL LAUNCHES FARMACY PROGRAM

Special to the Mirror

MONTROSE -LiveWell Montrose Olathe, a program of Valley Food Partnership, has received a two-year, \$161,904 grant from Colorado Health Foundation to launch an innovative program designed to improve the health of low-income families in Montrose and Olathe by making local fruits and vegetables more affordable and accessible. Core partners include: Montrose Memorial Hospital, Montrose County, Montrose Community Foundation, Montrose Farmers Market and local medical providers.

The Local Farmacy Rx program is designed to help families break down barriers and increase their consumption of fruits and vegetables, help strengthen local fruit and vegetable markets and encourage health care practitioners to prescribe fruits and vegetables at their medical office. "The goal of the Farmacy Rx education is to empower participants to develop healthier shopping, cooking, and eating habits. By the conclusion of the program, participants have acquired new knowledge of diet and nutrition, learned new cooking skills, and gained experience in purchasing, storing and preparing healthy foods."-Teresa Tomasi-Maloney, RD, Director of Nutrition and Diabetes Services, Montrose Memorial Hospital

On Aug. 16 a 12-week pilot program will launch with 10 families, and increase to 40 families in 2015. Enrolled Local Farmacy Rx families will receive seven familyfriendly, hands-on cooking and nutrition training sessions, up to \$35 per week in Local Farmacy Bucks to purchase fruits and vegetables at the Montrose Farmers Market as well as bonus items to help cook healthy at home. "The program will not only help the consumers, but help our local Farmers and our Community! Healthy People equals a Healthy Community! It's really a 'win, win for everyone!'" - -Lois Harvie Montrose Farmers Market Manager To participate in the Local Farmacy Rx



Enrolled Local Farmacy Rx families will receive seven family-friendly, hands-on cooking and nutrition training sessions, up to \$35 per week in Local Farmacy Bucks to purchase fruits and vegetables at the Montrose Farmers Market as well as bonus items to help cook healthy at home.

Program you must: Want to learn about healthy meal preparation, Have a child between the ages of six and 12, and qualify for the Supplemental Nutritional Assistance Program (SNAP Benefits).

"We are excited about working with people from the community who are interested in trying out the many wonderful fruits and vegetables available here locally, but who may not have felt they could afford to previously. For participants who find they really like helping others adopt healthier eating habits, we have built in leadership development & modest employment opportunities for the following year." Tera Wick, Coordinator, LiveWell Montrose Olathe. To apply to participate in the Local Farmacy program contact Abbie Brewer, Local Farmacy Coordinator – by e mail abbie@livewellmontroseolathe.org or by phone at 970-249-0705.

About LiveWell Montrose Olathe

LiveWell Montrose Olathe is grounded in the input of the *Growing Healthy Communities Coalition*, a multi-sector group of approximately 50 stakeholders from agriculture, public schools, public health, health care, local recreation districts, faithbased and non-profit groups, federal food assistance programs and state/local government agencies.

The Growing Healthy Communities Coalition met over the course of 2012 to develop a strategic plan for the first three years of LiveWell implementation. LiveWell Montrose Olathe key strategies for 2014 are: Food Access, Active Living, Worksite Wellness, Equity and School Wellness. LiveWell Montrose Olathe is housed within Valley Food Partnership and Montrose Community Foundation serves as its fiscal agent.

MONTROSEM I R R O R

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CITY REQUESTING PUBLIC INPUT FOR ADA TRANSITION PLAN

Special to the Mirror

MONTROSE – The City of Montrose is working to develop an American with Disabilities Act (ADA) Transition Plan to identify obstacles to pedestrians within the public right-of-way and to establish a plan for replacement and achieving ADA compliance and accessibility.

"The ADA requires a public entity with more than fifty employees to 'ensure that continuous, unobstructed sidewalks and curb ramps are maintained in operable working condition," explained Community Development Director Kerwin Jensen. "A transition plan is considered standard practice to inventory the current condition of sidewalks and curb ramps, and to prioritize locations for construction."

Plans typically include the following six components: policy summary, identify the designated ADA Coordinator, implementation, self-evaluation summary, design procedure, and grievance procedure.

The city has developed a draft transition plan to begin addressing these components and understands that input from the public

Karen Maxner - Realtor

is necessary to ensure success. The city will hold a town hall meeting at the Warrior Resource Center (11 South Park Avenue) on Aug. 6 at 6 p.m.

The purpose of the meeting is to discuss the draft transition plan, educate the public about the purpose of a transition plan, and gain a better understanding of where there are accessibility issues within city right-ofways.

For more information, please contact Jensen at <u>970-240-</u>

<u>1478</u> or kjensen@cityofmontrose.org.





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WOODTURNERS SET UP SHOP, TURN OUT TOPS FOR KIDS



The 2014 Fair was a chance for Woodturners (above) to show and share their skills with local kids (right). Courtesy photos.

By Gail Marvel

MONTROSE--The Montrose Area Woodturners garnered rave reviews with wood turning demonstrations at the Montrose County Fair.

The fair, held July 17-27 was an opportunity to expose the community to the local wood turners' handiwork.

The wood turners manned three hour shifts at their booth where they greeted the public; showed off novice and expert



skills; and swept up wood shavings. The hum of the lathe, wood chips flying through the air, and the smell of freshly cut wood were hard to resist.

Club President Dave Kaufmann, an expert wood turner, switched from artist to assembly line worker as he tried to keep up with the demand from children who waited patiently in line for a handcrafted top. Dave laughed, "I really thought I'd be turning something else besides tops all day!" It's likely Dave can turn tops in his sleep, but in real time it takes about three minutes from a blank to the finished product. The tops became a one-of-a-kind toy for children as they selected the chatter tool and colors used on their top.

By the end of the event the turners produced more than 200 personalized tops for local children.

In addition to demonstrations, the members also displayed some of their finished projects. Of particular pride for the club are the Eagle Head walking canes that they, along with wood carvers, craft for local Veterans.

Centrally located, the Montrose Area Woodturners meet once a month and draw members from all over the western slope of Colorado.

This 20 plus member club, established in January 2014, is affiliated with the American Association of Woodturners. Contact information:

Montrose Area Woodturners http://www.montrosewoodturners.com Dave Kaufmann, President Phone number 970-238-0661

> East Main St., Montrose (970) 249-3668

Mon. - Sat. 9:30-6:00

SHOE REPAIR... BEYOND SHOES



Since 2010 Montrose has not had a cobbler. We have convinced a retired master Cobbler from the Montrose area to work with us. He picks up on Saturdays and returns all repaired items the next Saturday. All workmanship on repairs is guaranteed. So bring in those tired and ailing shoes, boots, belts and handbags and give them new life with our cobbler.

Debbie and Ray Blanchard ~ D'Medici

Advertisement

Meeks Buy Masonic Building for Upscale Jazz, Events Venue from page 1



common to many lodges," the authors state, noting that among the Lodge's early tenants were White, Young and Fliniau, Undertakers, who moved into the building in 1920.

"In 1924 the body of Chipeta, wife of Ute Indian Leader Ouray, was returned from the Utah Reservation to Montrose for burial south of town at what is now the Ute Indian Museum," the book notes. "Chipeta's body was brought to the White

"Chipeta's body was brought to the white Mortuary."

The building also served as a home for Montrose Masonic Lodge #63 until the Masons built their present Lodge at 188 Rose Lane in 1982. Part of the building's appeal is the fact that the great hall remains intact, complete with the original stainedglass pergola, Meek said.

"Upstairs the space is about 6,000 square feet," she said. "There is a front room that is about 1,500 square feet, and the main ballroom is about 3,000 square feet. I love it for the age, for the character, for the wood and stained glass, and because it is an old building that has been here for over



From above left, Montrose Musician Yvonne Meek has dreamed of owning the historic Masonic Lodge since moving to Montrose years ago. Last week, Meek and her husband Harris closed on the historic property, which will become an upscale events venue. Above, Meek shows the front room to friend and fellow business owner Kendra Morrow. Below left, Meek looks at plans with Architect Tom Chamberlain.

100 years.

"The hardwood floors are beautiful, the stairs creak, and the space just sings to me," she said.

Soon, the song that Yvonne Meek has been listening to in her heart will waft onto Main Street, as she begins plans for an upscale nightclub in the upstairs space. Though she has no intention of displacing the building's current tenants, the church that has been leasing the upstairs rooms is scheduled to move to a building of its own in September.

"They are renovating their own space, and I am trying to be sensitive to their needs," Meek said. "I would love to be able to open in December, and to have a Christmas party maybe with some jazz, and a New Year's Eve Party too. We will have a full bar in there, and eventually some type of kitchen, though that will take some time."

Meek said that she plans to hire a house band and feature local musicians, but intends to draw talent from across the country as well.

"I am thinking of a martini bar, and bringing in the very best musicians I can bring in," she said. "I want to appeal to an adult crowd; people who want to listen to good music.

"We will renovate as we go--we will do the floors and paint right away," she added. "Tom Chamberlain is the lead architect; he has drawn plans and has been working with the City to make this as feasible as possible. Both he and the City have been phenomenal throughout the process! There are not a lot of major modifications that need to be done, we are mostly looking at aesthetics."

Meek acknowledges that her vision is huge.

"It has to be restrained!" she laughed. "I am trying to be cautious, but not afraid to make it something really cool. The hardwood floors are so beautiful. The space is just gorgeous, and radiates so much character. It will be so awesome to have a music venue here, and space for small weddings and cultural events.

"I can envision it when the floors are refinished, with music spilling out over Main Street, and amazing light from the open windows," she said. "The street, normally quiet, will be full of life, radiant...such a groovy atmosphere!

"I have just kind of been attached to this building all along," she said, "because I knew what it was destined to be."

CITY, COUNTY PUBLIC WORKS DEPARTMENTS FORGE STRONG ALLIANCE



The CMU Quad project is an example of city-county cooperation.

By Caitlin Switzer

MONTROSE--Yes, the pavement is perfect and the new Colorado Mesa University Quad allows students to walk safely back and forth between buildings at CMU's Montrose Campus. However, the project also reveals what can be accomplished when local agencies work together, according to City of Montrose Public Works Director John Harris and Montrose County Public Works Director Ken Winckler.

"The City did the roadwork," Harris said. "But when we took on the project we called the County, and they donated crews and helped us haul off the sub-base. It's a great example of collaboration; Ken Winckler and I are finding that our philosophies are the same, and that we can get a lot done by working together.

"It makes a lot of sense."

A strong relationship between City and County public works departments benefits the public in many ways, Winckler said.

"We like finding ways to work together as a group," Winckler said. "In an emergency, a lot of boundaries need to come down, and we need to work efficiently within financial constraints.

"And if you look at things together, more heads can help solve problems."

The City will also be part of the process as Montrose County begins the process of building a new public works facility, he said.

"We plan on going to different jurisdictions together, to visit communities that have new facilities," Winckler said. "It just makes more sense to look at what other places have done than to start from scratch."

A recent collaboration involved Black Canyon Golf Course, management of which was taken over by the City of Montrose in 2013.

"When the City took on the course, the County sent over a boom truck to help us repair the driving range," Harris said. "Now we are working to draft an MOU (Memorandum of Understanding) so we can share equipment back and forth."

The relationship began when the two

public works professionals, both of whom are relatively new to Montrose, were introduced.

"We clicked right off the bat," Harris said. "We worked on snow removal together last winter, and we share training now as well."

Coming up is one of the biggest, most exciting projects either entity has worked in recent years, Harris said.

"We'll be working on the water park next," he said. "It has been something like herding cats with all of the entities involved, but our City Engineer Scott Murphy just overcame one of the biggest hurdles last week, working out an important change with the U.S. Army Corps of Engineers. Now we are on schedule to construct through the Winter; things will really begin to take shape."

Winckler expressed amazement at the Water Park project.

Both directors have invited one another to attend informal work gatherings to build rapport between staffers as well, Harris said.

"Ken is coming to our crew's August 'birthday day,' and I will be going to their meeting Aug. 7," Harris said. "I don't take on any projects without talking to Ken--we see Montrose as one community, and what we do as a City affects that community." The real heroes in both departments are

the employees, Harris added.

"It's the guys out there sweating and working hard every day who get the work done," he said.

Silke Printz Steps Out After Her Successful Hip Replacement from MMH

Astute and particular, and after looking into surgeons and hospitals, Silke chose to have her hip replacement surgery at Montrose Memorial Hospital.

"The procedure went beautifully. I knew from the beginning that I wanted the surgery done close to home at Montrose Memorial. The Joint Replacement Center has an excellent pre-surgery class that thoroughly explained everything I needed to know and it was very important to me that MMH has a significantly lower infection rate than other western slope hospitals. Also, Mountain View Therapy provides focused, specialized care to get patients back to the highest level of performance in the shortest time possible."

Call Montrose Memorial Hospital today to learn more about the area's most innovative Joint Replacement Program at 970-252-2995.

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OPINION/EDITORIAL-LETTERS MAYOR OVERSTEPS IN DRAFTING MOU

Dear Editor:

After careful review of the televised Montrose City Council Meeting of June 16, several thoughts came to mind regarding the Memorandum of Understanding (MOU) between the City of Montrose and the Town of Olathe (Agenda Item 11) that was discussed. The history of the Memorandum surfaced during the conversation between the Town Mayor of Olathe, Rob Smith, and the Montrose City Council as they negotiated an appointment to the Gunnison Basin Roundtable.

Leaving out the actual discussion of GBR appointees, it was apparent to this observer that our Mayor Bob Nicholson actually wrote the Memorandum himself. At one point the Mayor announced, "So how many attorneys do we have in the room, or

former attorneys? You know I'm gonna tick off everybody, but you know... we met and discussed this and I drafted up the initial MOU... and I really didn't expect it to go through a detailed attorney review."

Not only does our Mayor have no business drafting such a document, I believe he is in violation of the Montrose City Charter in doing so. The role of the City Council is to set policy for the City of Montrose. Specific to the position of Mayor, "He or she shall have all the powers, rights and privileges of a Council member. He or she shall be recognized as the head of the City Government for all ceremonial purposes" (City Charter, Article I, Section 10).

According to City Charter: "... The Council and its members, except for the purpose of inquiry, shall deal with that portion of the administrative service for which the City Manager is responsible, solely through the City Manager, and neither the Council nor any member hereof shall give orders to an employee of the City either publicly or privately." Article VIII, Section 5. It is clear from the present behavior of the Mayor that he is overstepping his role, and relishing the power and authority that he demonstrates in his appointed position. Plainly, however, Mayor Nicholson--who is not an attorney--should not want to carry the responsibility of liability in writing Memorandums of Understanding that bind his constituency, as that is the job of paid--and qualified-staff. J. Morgan Nelson Montrose

WE ARE NOT LIZARDS...HUMAN BEINGS NEED PLANTS

Dear Editor:

We are not lizards. I use that mantra to draw attention to what I see as a devastating attitude in Western Colorado. We are not lizards and would not survive in a desert lizardscape. We are a species originally from the grass plains and boreal forests. There is copious scientific evidence that we respond positively to the color green. Just Google the studies of Professor Roger Ulrich, read the book by Dr. Esther Sternberg, MD "Healing Spaces - The Science of Place and Well-Being." Read "Biophilic Design" by Kellert, Herrwagen and Mador. And read "Your Brain on Nature - The Science of Nature's Influence on Your Health, Happiness, and Vitality" by Drs. Selhub and Logan. Especially focus on their promotion of shinrin-yoku (a Japanese concept that literally translates as "forest air bathing.")

I am currently the only Colorado licensed Landscape Architect in Delta County. That is not an easy achievement. Most people don't even know what a landscape architect is or what we do. I am not a landscaper. As a landscape architect I chose to specialize in understanding why and how we, as humans, benefit from being in a verdant environment. I have attended many seminars and training sessions focusing on the field of therapeutic landscape design. I have been certified in Therapeutic Garden Design from the Chicago Botanical Garden and have attended many hours of training in Horticulture Therapy from the Denver Botanical Gar-

den. I served as chairman of the Therapeutic and Healing Garden Design Professional Practice Network with the American Society of Landscape Architects. I am quoted in the recently published manual "Therapeutic Landscapes - An Evidence-Based Approach to Designing Healing Gardens and Restorative Outdoor Spaces" by Naomi Sachs and Clare Cooper Marcus, both great friends of mine. Naomi is currently pursuing a Doctorate in Environmental Architecture. One major rule in their guide to create "healing gardens to reduce stress" is to have a ratio of 60 percent plants to 40 percent hardscape, with the more the plants the more the benefit.

I have heard more than once that we live in a desert and should make our built environment more compatible with that environment. We do not live in a desert. We survive in a built oasis in the desert. As you approach Whitewater from the South the first thing you observe is Whitewater is an island of trees in a dobie wasteland. When you drive I-70 from Mt Garfield towards Horizon Drive you observe that on vest water for their landscape and are inthe right side is barren dobie land and on the left is a mecca of trees. Without the trees the left side would be just as barren as the right. When you drive the plains of Kansas you can see the urban areas in the distance as islands of trees in a sea of grassland and barren wasteland. Trees are the key. Those pioneers who first settled the West knew the importance of trees and embarked on major tree planting campaigns.

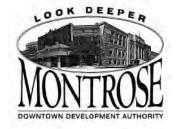
Reading a current article in the DCI I learn that uninformed bureaucrats want to change the city landscape regulations. They are considering reducing the living plants with boulders resulting in a lizard scape. A previous article reported youths torching shrubs screening a bank parking lot. The city's proposed solution, more xeriscaping. I have yet met anyone who really knows what xeriscaping is. I have been told, "you are from the East and don't understand.

Folks, I have been on the lecture circuit explaining what "water-wise" design is. I designed a water-wise garden over twenty years ago for a large municipal park where that garden is used today for weddings. Go to my web site and see that water-wise garden. I visit Phoenix frequently and amazed at how a large urban area, where water is more precious, where the climate is hotter and where an urban heat sink exists and yet they appear more verdant than Western Colorado.

The reason is that they know how to harcorporating the practice of capturing storm water run-off in much more efficient methods.

The City of Delta has yet to catch on. Kudos do go to Paul Suppes and his staff with the Parks Department for their excellent median street plantings. I hope everyone supports them 100 percent plus. Rick Spalenka – Licensed Landscape Architect, ASLA *RgsDesigns*

COMMUNITY NOTICES AND CLASSIFIEDS



Downtown Development Authority Executive Director

The Downtown Development Authority (DDA) is accepting applications for an Executive Director to direct and oversee the programs and day-to-day operations of the DDA. This exciting position helps to formulate and carry out the short-term objectives to advance the DDA's long range plans to develop historical downtown Montrose. Bachelor's degree in public or business administration, economics, urban planning or closely related field preferred; four years of experience in public economic planning, board development, fundraising, grant writing, salesmanship, public administration or related field including two years of management and administrative responsibility or equivalent combination of experience and education desired. Excellent computer skills required. Annual salary is \$42,000 to \$52,000 depending on experience plus potential for additional incentives.

APPLICATION DEADLINE: August 14, 2014 at 4:00 p.m. EOE

More information, including the required application, is available at www.montrosedowntown.com. Submit application and resume to Montrose DDA Executive Director Search, PO Box 790, Montrose, CO 81402 or fax to 970-240-1492. Contact: Terri Wilcox 970-240-1426

Montrose Memorial Hospital, Inc. A Colorado community nonprofit corporation Notice of Director Applications

The Board of Directors of Montrose Memorial Hospital, Inc., a Colorado community nonprofit corporation, is accepting applications from residents of Montrose County, Colorado, for positions as Directors of that Colorado community nonprofit corporation. The Board of Directors consists of nine members. The term of a Director is 3 years. The Board will be electing 3 Directors for full terms and 1 Director to fill a vacancy on the Board which Director's term shall expire in October 2015.

Application packets are available at the Montrose Memorial Hospital Administration Office, 800 South 3rd Street, Montrose, Colorado, from 9:00 a.m. to 5:00 p.m. Monday through Friday, or by request at <u>ljacob-</u><u>sen@montrosehospital.com</u>.

Completed applications must be returned by Applicant to the Montrose Memorial Hospital Administration Office, 800 South 3rd Street, Montrose, Colorado on or before August 15, 2014, at 5:00 p.m.

Interviews will be conducted during the week of August 25, 2014 and elections will be held by the Board of Directors in its annual meeting in October date, time and location to be announced.

Patricia M. Dickinson, Chairperson Nominating Committee Montrose Memorial Hospital, Inc.

Posted: Montrose Memorial Hospital Administration Office July 18, 2014

Advertisement

REGIONAL NEWS BRIEFS MONTROSE CHAMBER OF COMMERCE RIBBON CUTTING GOLDEN RECIPE RESTAURANT



Special to the Mirror MONTROSE-The Montrose Chamber of Commerce Redcoats helped The Golden Recipe Restaurant (formerly The Fire House Restaurant) celebrate their grand reopening with a ribbon cutting. The Golden Recipe is located at 1135 E. Main Street.

20th Annual Partners Bike Challenge

-Sept. 13, 2014 -47.8 miles -Owl Creek Pass -Fully Supported





-Lunch, Live Music and Free Beer. -Bike give-away. -Family Fun Ride.

Call Partners: 249-1116 or 874-4661

Ride and Celebrate 20 great years

Experiencing the (local) Church

WRITER GAIL MARVEL VISITS CEDAR CREEK CHURCH OF MONTROSE



On Sunday, June 29, I worshipped at Cedar Creek Church. I'm acquainted with a few people in this congregation and was welcomed by those who knew me. However, three others with whom I'm not acquainted recognized me as a visitor and made the effort to introduce themselves. I suspect summer vacations are taking a toll on regular attendance and on this day worshippers numbered under 100.

The song service consisted of praise songs led by a praise team. One member of the praise team, Curt Mudgett, does double duty as he is also the lead pastor of the church. I'd never heard any of the song selections before, but the spirit-filled manner in which they were sung was recognizable by people of faith.

Announcements included an upcoming "Believers Baptism" scheduled for July 27th. Congratulations to those hearty souls who make their confession of faith and take their baptismal plunge in the Ridgway Reservoir!

Rather than passing an offering plate, the church has an offering box located at the rear of the sanctuary so that members can practice their giving in private. As with most congregations, the church bulletin lists information on the general-fund budget, giving and shortfall to date.

A portion of the service accommodated a report and slide presentation from Rob, (no last name given) the church missionary to Haiti. Describing his mission Rob said, "Churches [in Haiti] should be more than autonomous, they should be self-sufficient. We don't want to solve their problems, we want to help pastors and leaders to solve the problems."

Prior to the sermon, children ages four to 12 were released to go to "KidZone." There they have music, games and an age appropriate lesson using the same material as the adults. By coordinating the lessons for both adult and children, the biblical teaching goes home with the family for further discussion.

The message, given by pastor Mudgett, was the third lesson in "The Ten Commandments Series." The pastor gave an overview of the first two installments and then proceeded to the third Commandment, "You shall not misuse the name of the LORD your God, for the LORD will not hold anyone guiltless who misuses his name" (Ex 20:7 NIV). The pastor brought to mind how casually the name of God is used today — everything from profanity, to blessing someone when they sneeze. The OMG in a text message reduces God's name to nothing more than an exclamation point. Paraphrasing the pastor, "We need to avoid jeez and gosh, but in the world they have entertainment value. We laugh at it and get conditioned to it."

Mudgett said, "It is reckless to use God's name in vain... [We assume] power in ourselves that we can damn others in God's name... God's name is character identification; God's name is His identity."

After the service concluded the pastor enlisted the congregation in a prayer need; a personal burden he carried for his former church which is in the midst of a crisis. Combining background information, heartbreak and biblical teaching, the membership of Cedar Creek grieved together. Prayer was offered individually, corporately and in small groups. The lengthy prayer time was in itself sermon worthy.

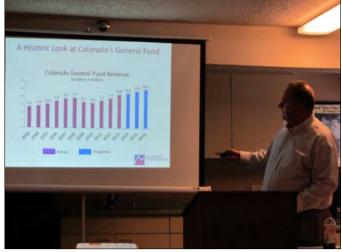
All churches have personalities, including strength and weaknesses; this prayer need showed the compassionate side of Cedar Creek Church. Contact information: Cedar Creek Church

222 South Townsend Ave. Montrose, CO 81401 Church phone: 970-252-1163

Speaking to the disciples of John the Baptist, Jesus said, "Go back and report to John what you hear and see ..." (Matt 11:4 NIV).

To our readers: Though Montrose writer Gail Marvel does belong to a local church, she is interested in the other houses of worship here in town as well. With this column, Gail will share her experiences as she visits local churches and congregations to learn more about them. Gail wrote a church newsletter for years, and has published her work in a number of Christian publications including **The** Lookout, Christian Standard, Discipleship Journal and The Christian Communicator.

COLORADO FISCAL INSTITUTE PRESENTS INFORMATION ON TABOR, STATE'S GROWING INCOME GAP



By Caitlin Switzer

MONTROSE--Here in Colorado we may dislike paying taxes, but those looking for a state with a lower tax rate don't have many choices; in fact only one state in the Union gives its residents a better deal--New Hampshire.

Colorado's ranking as 49th in the nation when it comes to taxing every \$1,000 of income was just one surprising fact shared by the non-profit Colorado Fiscal Institute (CFI) in Montrose last week. The state also ranks 49th in higher education funding, and 43rd nationwide for K-12 education and for highway spending.

CFI Economist Chris Stiffler and Communications Director Tim Hoover brought "The CFI Roadshow: Taxes, TABOR and the Road Ahead," to the Region 10 Enterprise Center July 30. The informative and eye-opening discussion was sponsored by the Montrose County League of Women Voters.

The program began with a snapshot provided by Hoover of the Colorado budget, and the Federal, cash and general sources that total roughly \$22.6 billion.

Five areas consume 90 percent of the budget, Hoover noted; K-12 education, health care, higher education, corrections and human services.

Stiffler then offered an analysis of the state's economy, which has seen an ongoing drop in personal income and economic growth paralleled by increased unemployment.

"Fewer Coloradoans are finding the jobs they want," he said. "Long-term unemployment levels are at historic highs." Under-employment is also an issue, he said, and described a vicious circle in which the Middle Class, feeling squeezed out of existence,

Top left, Tim Hoover of Colorado Fiscal Institute presented a snapshot of Colorado's budget at Region 10 July 30. Top right, Dennis Olmstead and Norman Ball listen to the CFI presentation on the state's economy.

is no longer purchasing the consumer goods that drive the economy. Colorado wages increased with productivity between the years 1947 and 1979, but have not kept pace since.

"The average Colorado household is losing ground," Stiffler said. "The income of a family in the middle class has fallen in real terms--and that means we are adjusting the numbers for inflation--since 1985."

The uneven recovery following the great Recession of 2009 is due to the income gap between Colorado's poorest and wealthiest households, Stiffler said.

"Colorado ranks 24^{th'} in the nation for income inequality," he said, "But that gap is growing quickly; since 2009, 95 percent of income gains have gone to the top earners. And 20 percent of the population has less money than it did 15 years ago."

The gap poses a problem because the nation's economy is built on the spending of the middle class, Stiffler said, noting that 70 percent of all economic activity stems from consumer spending.

"The less economic activity we see, the less tax revenue we take in," he said. "This is not a political issue, but an economic one."

However, the amplified voice that the wealthy enjoy in politics does play a role in perpetuating income disparity, he said, adding that Colorado can reverse the trend



by investing in areas that help the middle

class. Stiffler also discussed the impact of the State's Taxpayer Bill of Rights, or TA-BOR, which was passed in 1992.

"It passed the fifth time it got on the ballot," he said. "TABOR limits the ability of politicians to raise taxes, limits revenue collection and how we tax. It limits the ability to manage where money comes from and who pays."

When the economy is growing, TABOR impacts the state's ability to save for a rainy day, and it removes options for addressing the income gap, he said.

"We need all the tools we can get to adapt to the changing economy," Stiffler said. "We are seeing more Internet purchases, and our population is aging. The skills needed to make a sustaining wage are changing."

The economy should not work only for the wealthy few, however, he said.

Hoover concluded the presentation by reminding listeners that even Wall Street recognizes that income disparity keeps consumers from spending.

"The middle class creates the jobs in this country," Hoover said.

"A long time ago we understood this-that it takes everyone. There is no argument coming from Wall Street--the wealthy only get richer when others have money to spend."



METHODIST CHURCH COLLECTS SCHOOL SUPPLIES FOR AUG. 17 BACKPACK BLESSING

Special to the Mirror

MONTROSE-Montrose United Methodist Church members are collecting school supplies to be handed out to children in the Montrose area. The community is encouraged to come to one of the church services on Sunday, August 17th. We have three services to choose from: 8:15) (traditional and contemporary) - 9:45 (contemporary) and 11:15 (traditional). Children can bring their backpacks and Pastor Steve Reinhard will lead the congregation in a Backpack Blessing. Family and children are welcome to pick up items they need for their backpacks that are needed for their school supplies, such as pencils, notebooks, crayons, loose paper, composition books and scissors. For additional information about this project, please call the church office at 294-3716. Please visit our church website @ www.montroseumc.org for more information on church activities.

ALL ARE INVITED—PICNIC IN THE STREET!

Special to the Mirror

MONTROSEYour friends at Montrose United Methodist Church would like to invite the community to a Free Picnic in the Street, Sunday, Sept. 7 at 12:30. Hamburgers, Hot Dogs, Side Dishes, Drinks and Desserts. The street between Park Ave, 1st and 2nd St will be closed and tables and canopies will be set up for the picnic. The Community is invited to come to any one of 3 services, 8:15 (traditional and contemporary) - 9:45 (contemporary) or 11:15 (traditional). Child care is available for church services and Sunday school starts at 9:45. The Picnic in the Street will begin at 12:30 and everyone is welcome. For more information on Picnic in the Street, please call our church office @ 249-3716. Please visit our website for more information on church activities www.montroseumc.org

SWINGSETS, SOCCER, BETTER LIVING CONDITIONS AT GREAT HOMES from page 1



Children at play on the new swing set at Green Acres Mobile Home Park.

others out; if I didn't like what they were doing and couldn't stop them, I could at least sit there and write down every license plate number of every car that stopped by. "Eventually, those tenants left.

"Last week I poured concrete and put a swingset in (at Green Acres), and we dropped some wood chips and added soccer goals."

Romero had already created a similar play area at the Cottonwood Park, and has started an after-school program in the parks with the help of a youth minister. "In my main park (Cottonwood), we have

In my main park (Cottonwood), we hav set up a unit, and we hold programs for men, programs for women, and Englishspeaking classes," he said. "Last Friday, we had a BBQ for 50 to 75 of our tenants at Green Acres, and I got the tenants involved in helping to set up the playground."

Romero has hand-picked a crew that cares, and hopes to continue to improve the parks where so many young families and older citizens live.

"Last year we put in a crime-free program," he said. "My guys and I have all been through the crime-free drug-free housing classes, and I work tightly with the police. Now, we are one of the finalists for most-improved neighborhood in Colorado."

The improvements have already made a real difference, Commander Gene Lillard of the Montrose Police Department said.

"We are seeing some major cleanup there," Lillard said. "Mobile home parks are like anywhere else; we do see crime in them, but we see it in Cobble Creek too. If a place it looks a little nicer though, you get better renters who take pride in the property.

There is something called the 'broken window' theory, where you clean up broken windows and graffiti as soon as possible to discourage them-- we want our city looking nice." Lillard said now that the City's code officer is part of the police department, citations and enforcement have been stepped up.

"Even at the old Montrose Estates Park behind Big O Tires on South Townsend, where there were so many weeds and abandoned vehicles, they have been getting a lot done," Lillard said. "We are seeing marked improvements there."



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* Certain eligibility requirements apply. Contact SMPA prior to any work being done. Pre-installation site visits are required for most projects.

MONTROSE ECE STAFFER BRICKSON RECOGNIZED FOR 20 YEARS OF SERVICE

Special to the Mirror

MONTROSE--Jodi Brickson was recently recognized by the Early Childhood Center Staff for her 20 years of Educational Service to the program. Jodi began working for the Early Childhood Center while she was a Special Education Student attending school in our District and has been part of the ECC team ever since. According to Cathy Quade-Crane, ECC Director, "ECC is truly fortunate to have Jodi as a staff member. We have benefited from Jodi's dedication to the program, our students and staff. Jodi is a true gem." The Early Childhood Center has been an integral part of Montrose & Olathe School District for over twenty-two years providing preschool programming and promoting lifelong learning to students 3-5 years of age. (Picture L:R: Gale Armendariz, Randy Brickson, Cathy Quade-Crane, Jodi Brickson, Jody Baugh, Roxie Schmalz).



Valley Manor Care Center Receives Bronze National Quality Award

Special to the Mirror

MONTROSE—Valley Manor Care Center & Rehabilitation has been recognized as a 2014 recipient of the Bronze Commitment to Quality Award for its dedication to improving the lives of residents through quality care. The award is the first of three distinctions possible through the National Quality Award program, presented by the American Health Care Association and National Center for Assisted Living (AHCA/NCAL). The program honors centers across the nation that have demonstrated their commitment to improving quality care for seniors and individuals with disabilities.

"I applaud Valley Manor Care Center for its commitment to delivering quality care," said Mark Parkinson, President and CEO of AHCA/NCAL. "This award represents the dedication that each Bronze recipient has given to improve quality in the long term and post-acute care profession."

Implemented by AHCA/NCAL in 1996, the National Quality Award Program is centered on the core values and criteria of the Baldrige Performance Excellence Program. The program assists providers of long term and post-acute care services in achieving their performance excellence goals.

The program has three levels: Bronze, Silver, and Gold. Centers begin the quality improvement process at the Bronze level, where they develop an organizational profile with essential performance elements such as vision and mission statements and an assessment of customers' expectations. Bronze applicants must also demonstrate their ability to implement a performance improvement system. Trained Examiners review each Bronze application to determine if the center has met the demands of the criteria. As a recipient of the Bronze -Commitment to Quality Award, Valley Manor Care Center may now move forward in developing approaches and achieving performance levels that meet the criteria required for the Silver - Achievement in Quality Award.

"This award demonstrates that Valley Manor Care Center is committed to striving for quality improvement," said Ed McMahon, Ph.D., Chair of the AHCA/ NCAL National Quality Award Board of Overseers. "Valley Manor Care Center has laid a strong foundation for continuing on to the Silver and Gold levels." "The interdisciplinary team worked diligently to improve care in an area which really mattered to our residents, families, and state surveyors," said Stasia Allyn, Executive Director of Valley Manor Care Center & Rehabilitation. "With an innovative process to reduce the use of psychotropic medications in nursing homes, the nurses achieved improved care and enhanced residents' lives."

The awards are sponsored by AHCA/ NCAL Associate Business Members My InnerView, by National Research Corporation and PointRight. My InnerView represents the true voice of nursing home and assisted living residents, families, and employees with the most insightful quality measurement solutions and satisfaction surveys in the healthcare continuum. PointRight is the recognized leader in datadriven analytics for health care and insurance.

Valley Manor Care Center was one of 390 centers to receive the Bronze level award. The award will be presented to Valley Manor Care Center during AHCA/ NCAL's 65th Annual Convention and Exposition, October 5-8, 2014, in Washington, D.C.

MIRROR IMAGES...OUT AND ABOUT!



Montrose County Commissioner David White at the Golden Recipe Restaurant Open House July 24. Below, fun at the Olathe Sweet Corn Fest Aug. 2.





Top right, Kipori Woods and friends rocked the Horsefly Brewing Company July 24. Above, Colorado Senator Irene Aguilar Assistant Majority Leader and Senator Lucia Guzman spoke to members of the Montrose County League of Women Voters as part of their listening tour on July 19.

MONTROSE CHAMBER RIBBON CUTTING RED ARROW INN & SUITES

Special to the Mirror

MONTROSE-The Montrose Chamber of Commerce Redcoats helped the Red Arrow Inn & Suites celebrate their new name and brand with a ribbon cutting during July's Business After Hours. Red Arrow Inn & Suites is located at 1702 E. Main Street.



HONOR, SUPPORT MONTROSE POLICE AT "TRUE BLUE AFFAIR"



Commander Gene Lillard, Detective Sergeant Ted Valerio, and Chief Tom Chinn strike a rare pose setting up for the 2011 "Blue Tie Affair." The Blue Tie "True Blue Affair" is all about celebrating and supporting the department. Courtesy image.

Special to the Mirror

MONTROSE – Preparations are underway for the Blue Tie "True Blue Affair," slated for Sept.20, from 5 p.m. to midnight at the Montrose Pavilion.

The event is an appreciation and recognition dinner, dance, and "fun-raiser" celebrating the Montrose Police Department (MPD) as the organization that provides critical resources and vital support to the community.

All Montrose citizens are encouraged to attend—and have a good time. This year's event will include a social hour, dinner, a live auction, music by Ralph Dinosaur with dancing until midnight. Tickets are available for \$50.

A truly unique offering to attendees will make tickets a hot commodity: "Probably for the first time ever at such an event, attendees will be able to participate in a shoot-don't shoot simulator, which will put them in the shoes of an officer in a critical situation," enthused MPD Commander Gene Lillard.

"It's really exciting and gets you pumped up, and in this setting, it should prove to be a lot of fun—especially to see people doing this in formal wear."

For \$5, attendees can "take a shot" at the simulator. A photo will be included, and participants can choose a posed shot hold-

ing an AR-15 or Glock semi-automatic pistol or have an action shot taken during their simulator run.

The use-of-force simulator is a scenariobased, decision-making training tool used by the MPD. "Training saves lives," Lillard explained. "Unlike the Olympic athlete, training prepares police personnel for life-or-death situations, so the reward for winning is not a medal, but to come home safely that night."

The simulator heightens stress levels during decision making by putting the participant in a number of different tense settings, like a hostage crisis, a suspect drawing an object from a pocket, or having a gun aimed at you.

"The idea for offering the simulator at the event is to help people understand situations officers face," Lillard explained. "By experiencing some of our training measures, we hope to generate continued public education and support."

Early in 2010, the idea to establish a charitable fund for the MPD was conceived and has since been administered by the Montrose Community Foundation.

The inaugural "Blue Tie Affair" in July 2010 was a tremendous success. Over 200 members of the community turned out to support the MPD, which raised nearly \$24K through \$100 tickets and more than 200 donated live and silent auction items. The event was also held in 2011.

From essential equipment to state-of-theart technology to specialized training and innovative programs that would otherwise be unfunded, the support generated by this year's Blue Tie "True Blue Affair" will directly improve public safety and impact officer readiness.

For more information about the Blue Tie "True Blue Affair," including tickets and table sales, please contact Lillard at (970) 252-5257.

RE-1J CHILDFIND OFFERS FREE DEVELOPMENTAL SCREENING

Special to the Mirror

MONTROSE – Montrose & Olathe School District Child Find is offering a free developmental screening for children birth to five to assure that children with special needs are identified, evaluated, and appropriately served. Screenings cover: gross and fine motor skills, readiness and social skills, speech and language skills, vision and hearing. Year round screenings are available. Written Parent or guardian permission is required. Call Amber Gallegos, Child Find Coordinator at 249-2405 to schedule an appointment.



Advertisement

EVERYTHING IS CUSTOM AT TIM FRATES LASER ENGRAVING & CUSTOM FRAMING



Opening soon! Check out Tim Frates' new business location, just one block off Main Street on North First Street in Montrose. Photo by Liesl Greathouse.

By Liesl Greathouse

MONTROSE-A new, unique shop will soon be open one block off Main Street in Montrose--Tim Frates Laser Engraving & Custom Framing, 'Where Everything Is Custom.' The shop will feature custom picture framing, personalized gifts, laser engraving for awards and plaques, and promotional products using full-color dye sublimation, the process where plaques, frames and many other items can have full -color pictures put on them.

Owner Tim Frates has been doing custom framing for five years from his garage, slowly expanding into laser engraving and dye sublimation. Now he has decided it is time to move into a professional business setting in order to foster growth. "Now that I have consistent business and a growing customer base, I decided to take a big leap of faith," he said. "I knew that the only way to grow my business was to be in a more visible location."

After a long career in the newspaper business as a photo journalist, Frates decided to turn his love of photography into an entrepreneur-based business doing custom framing. However, he decided to marry framing with something else in order to make a more viable business. He decided to incorporate laser engraving so that he would also be able to offer awards, signage, etched glassware, unique wooden POP displays and personalized gifts. Eventually, adding dye sublimation was a natural fit.

The spot that Frates found for his new

shop was arranged by 'fate'.

"It was something that fell into place," he said. "I was looking for the right fit, and I know the landlord that had this spot available. He has been really gracious in allowing me to upgrade the building. It is a great location with great visibility, being just one block off Main Street, and the parking is fantastic. Customers can be from their car to my front counter in 20 steps." Frates has many tools

Frates has many tools at his disposal to offer to customers, with his

laser engraver being an important part. "There are certain designs that you are not able to get with a computer or by hand," he explained. "The amount of detail that a laser can do is incredible. It adds a whole new dynamic." One example of his use of the laser is with a handwritten poem that was laser-engraved onto a piece of glass and then framed as a keepsake.

Dye sublimation has proven to be an incredible addition to Frates' tool box. From a simple aluminum plate that can have a picture put on it to be placed in a phone case, to full-color pictures adhered to wooden plaques for the Montrose County Fair, this process offers many possibilities and appeals to a variety of customers. Those possibilities are always expanding, so Frates is eager to show customers what dye sublimation can do.

Together, custom picture framing, laser engraving, and dye sublimation combine as a powerful array of tools that can take your framing or award project to a higher level of professionalism.

"They all play off each other," Frates said. "Laser engraving can be incorporated into the frames; dye sublimation incorporated into the awards; and regular framing can be an addition to laser engraved pieces."

While all the areas interest him, custom framing is Frates' favorite part. "All of them are hands on, creative in nature, and all the processes start and finish with me," he explained. "But with framing, there is a real creative side to it, starting with the photograph to the design of the frame, molding and mat boards. All are unique, really nice, and I really like the hands-on element of building them. When they are finished, I can look at them and think 'that is something of mine and I am really proud of it."

With his business, Frates has been involved with many nonprofit organizations, including Volunteers of America (VOA), Rotary Club, VFW and CASA. He also helps with local fundraisers, including one that will be coming up for the Montrose High School Football Team. In partnership with Ross Turner of Turner Automotive, there will be a silent auction, featuring a Bronco jersey signed by Peyton Manning, with Frates doing the custom framing of it.

Frates believes that when approaching any project, that if you are going to do it, do it really cool. One example of that was with the Telluride BBQ Festival awards. "I wanted to do something different, so I decided to go with the logo of the sponsor, Jim Beam, in the shape of a ribbon," he said. "It was 100 percent custom. Before that, they just had a simple plate-shaped design."

Another way he took the next step in creativity was with a Custom cut and laser engraved acrylic award for CASA's Dodgeball tournament, in the shape of a flame-covered ball. "We kept it really cheap, but still really cool," he said. "It was simple and no one had ever seen anything like it."

Frates' shop may be small, but it brings big benefits to the local community. "I'm sure that I will need to hire someone to work here at some point," Frates said. "I'm also just another business providing custom services, giving customers another option."

Frates is still working on the shop, so that when people come in they say, 'this is cool!' He also hopes that the storefront will help with one of the most difficult parts of his work: "It is difficult to explain what I can do with the laser and dye sublimation," he said.

"The different aspects are hard to explain, so I hope to have a chance to really show people what I can do, and how I can make something different, unique and specific to them."

For more information, call 615-7050, visit <u>engraveandframe.com</u>, and, once the doors open, visit the shop at 401 N. 1st St. in Montrose.

ELDERADO FINANCIAL...AWARD-WINNING FINANCIAL FIRM GIVES BACK TO MONTROSE

By Liesl Greathouse

For people looking to better manage their finances with a financial team that truly cares, ElderAdo Financial is the place to go.

ElderAdo Financial, Inc. is a wealth management and financial planning firm. As a trusted fiduciary and fee-only financial planning firm, they work passionately to help families manage and preserve their assets.

"We walk alongside families to help them make wise decisions with their money," said Adam Miller, vice president of ElderAdo Financial. "We help people with managing their assets and look to help them be good stewards of their money across the board. We also help with planning for charitable giving."

Recently ElderAdo was honored with recognition once again by Financial Advisor magazine and selected for the "2014 RIA Ranking." Financial Advisor magazine recognizes both success and company growth when choosing registered investment advisors in their annual RIA Ranking. ElderAdo Financial has been selected for the third year and is the only RIA firm on the Western Slope of Colorado earning this designation.

Miller believes that the award is an external recognition of what's already been going on for quite some time. "The award will not have a huge impact on how we do things; it is the result of our impact already," he explained. "It was due to our great clients, the people who came to us. It is a blessing to be part of the community because the community supports us."

Beyond just helping clients, Miller and the team at ElderAdo love giving back. Some of the various organizations that members of ElderAdo are part of include DMEA, stewardship boards at various churches, Young Life, Rotary Club, and Shoes for Kids.

"It has been fun being part of the community and embracing it," Miller said. "If something tugs at our hearts, we get involved."

While ElderAdo works well with other financial planners, part of what makes the

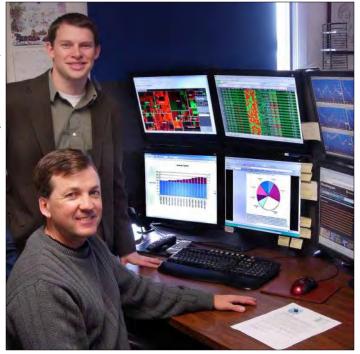
firm unique is the 'feeonly difference'; they work strictly on a feeonly basis and are never paid commissions or kickbacks from sales or recommendations. "We do not sell products, we just focus on advice," Miller explained. "We are legally obligated to do what is in the best interest for our clients. "The test are user t"

"That sets us apart." ElderAdo also works best in collaboration with the community, whether it be with a client's attorney or accountant. "We do not have all the answers, but we know where to get them," Miller said. "It is fun to be the go-to person for financial advice. But it can be challenging to be a center of

influence for clients regarding certain things, so we love collaborating. The best part of the business is knowing which seat we are in, and knowing where others are seated well for our clients."

The main goal of the ElderAdo team is to serve their clients really well. "A lot of businesses have a single bottom line: money," Miller said. "At ElderAdo, we want to have multiple bottom lines, with 'making money' not our top priority. We want to see the community supported because people care. We like to see a positive change and we like to foster that in our clients."

One of the well-known features of the ElderAdo office is the sign out front, which features a new funny saying every week. It comes from when Jim Elder, ElderAdo founder, used to work in Denver and passed a dry cleaner that had a funny saying sign out front. Elder decided that if he ever had his own office that he would



Above, ElderAdo Financial Vice President Adam Miller, standing, and company founder Jim Elder. The company also includes partner Janet Elder and staffer Gina Grundemann. Courtesy photo.

have a sign just like that. "He has been diligent ever since he moved here to change the sign every week," Miller said. "He is always looking for new ideas for it. I like to joke that he has one eye on the business and his other eye on sign ideas." Ideas for the sign are always welcome. People can email their ideas to info@ElderAdoFinancial.com.

Miller's favorite part of what he does is watching clients make wise decisions.

"I love seeing people giving back, and our business is focusing more and more on charitable giving," he explained. "I love to see people enjoying the old saying, 'it is better to give than to receive', to be able to see the joy of giving in our clients. My job is bigger than just that, but that is my favorite part."

For more information, call toll free 877-422-4770, call local 249-9900, or visit ElderAdo Financial at 1100 S. Townsend Ave. in Montrose.



Volunteers of America, Senior CommUnity Meals Resumes Hot Meal Delivery to Area Homebound

Special to the Mirror

ECKERT. - Volunteers of America's Senior CommUnity Meals has announced hot meal delivery to home bound seniors will resume as early as Sept. 8, 2014. The meals will be delivered three times per week to clients residing in areas conducive to hot meal delivery. The newly proposed schedule is as follows...

Community Target Start Date Delivery Days

Norwood Sept 8, 2014 M/T/Th Naturita Sept 8, 2014 M/W/Th Paonia Sept 8, 2014 M/W/F Hotchkiss Sept 8, 2014 M/W/F Cedaredge Sept 16, 2014 T/W/Th Olathe Sept 16, 2014 T/Th/Fr Delta Sept 22, 2014 M/W/Fr

The current home-bound frozen meal delivery will continue until the end of September, so in many cases there will be a period of time in which meal recipients may receive both hot meals and frozen meals. This overlap of services is to ensure the transition is as smooth as possible.

Last October, the homebound meal delivery program made significant changes in order to keep the program operational. At that time, the number of meals delivered weekly was reduced and a frozen meal delivery system was implemented. These changes were necessitated by severe budget cuts, a shortage of volunteer delivery drivers, and price increases in food and transportation.

Senior CommUnity Meals Director, Joe Walker said, "We are relieved to report that those changes worked and have allowed our program to become more sustainable." The new homebound hot meal delivery plan is based on the time needed to acquire adequate resources and volunteers for each area served.

The program's ultimate success will be based on the number of volunteer drivers who can deliver a hot meal. Walker said, "Participants in the program will have more frequent contact with someone from outside the home and this will serve as both a social and general health check," he said. "The personal connections formed by meals drivers and the individuals they deliver to can quickly become an integral part of the homebound person's overall wellbeing. Drivers are often the first and only person to notice if something is out of the ordinary in the home."

Home bound hot meal participants will receive a phone call one week after implementation to ensure the transition has gone smoothly and to answer any questions or address concerns. The suggested donation will remain at \$3.00 per meal and participants will continue to receive a statement of meals received.

The program presently lacks a meal site in Montrose, but is still searching for and considering options to safely and efficiently deliver hot meals to Montrose residents. "Until a sustainable solution can be arranged, we will continue delivering frozen meals in the Montrose area. These meals will meet the same nutrient requirements as all of our prepared meals and will be delivered by our staff and/or volunteers," Walker said. The contract with GA Foods for drop shipped frozen meals will remain in place in the Montrose area until such time that hot home delivered meals can be re-established in that community.

Senior CommUnity Meals is partnering with Region 10 and the Area Agency on Aging to communicate the message to home bound recipients and at community meal sites as well as aiding in recruiting volunteer drivers. They will also partner with RSVP Colorado West Inc. to secure volunteers. Anyone with questions or wishing to volunteer is encouraged to contact the Area Agency on Aging at (970) 249-2436 or Senior CommUnity Meals at (970) 835-8028; toll-free at (866) 416-6942.

About Volunteers of America Founded in 1896, Volunteers of America is a national, nonprofit, faith-based organization dedicated to helping those in need live healthy, safe and productive lives. Through hundreds of human service programs, including housing and health care, Volunteers of America touches the lives of more than 2 million people each year



COLDWELL BANKER BAILEY & CO. • 2023 S. TOWNSEND AVE. • MONTROSE, CO 81401 Click here to catch Valerie's weekly Monday Real Estate Market Report video...from the road!

GET COVERED...Insurance Fair!

When: Oct. 25 from 9am - Noon

Where: Old Montrose City Council Chambers (off the South West side of Centennial Plaza, 422 S. 1st Street) What: Educational Insurance Fair: a one-stop-shop for anyone with health insurance questions. Representatives from the following insurance outlets will be present:

Connect for Health Colorado Watson Insurance Medicaid and Health and Human Services

Medicare - RSVP office

Why: Make sure you are covered for 2015 - whether it be Medicaid, private health insurance, or Medicare. Get your questions answered and know what to expect for Open Enrollment, beginning November 2015.

Thank you to our sponsors: **Montrose Library Colorado Mesa University, Montrose** The League of Women Voters For more information: Call Lynn or Alicia: 970-252-0660

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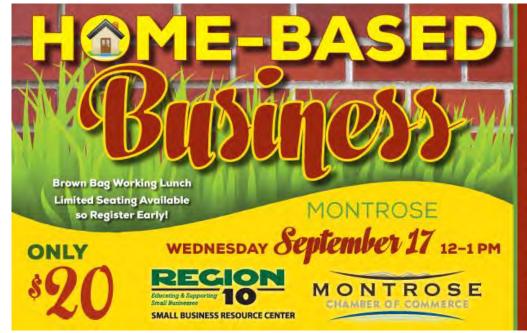


Above, Jean Anne Mosher hard at work; below Alyssa Shipley (left) and Satonya Myers helping out with the rabbit display.





Top right, Kaylee Johnson carries her cake; below, Bailey Engle shows her food art project to Fairgrounds Manager Emily Sanchez.





Presented by Ken Richards of



RichardsConsulting

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- Assess the viability of your homebased business idea
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RSVP 970-249-2436 www.Region10.net

Region 10 Enterprise Center 300 North Cascade • Montrose

RE-IJ ONLINE SCHOOL REGISTRATION OPEN THROUGH AUG. 7

Special to the Mirror

MONTROSE – Montrose & Olathe School District's Online registration for the 14-15 School Year is open and will be available through August 7th for all returning students. New students to the District will need to register at their designated school site during the week of School Registration- August 5th – August 7th.

The link to access online registration will be in the inbox of Parent Portal accounts. The District would like to encourage parents to register students early as this will provide confirmation that students will be attending our District in the new school year. Parents should print their online application and take to their student's school during the week of School Registration – starting August 5th. According to Mindy Baumgardner, District Spokesperson, "This is the third year that the District has offered online registra-

tion. We are optimistic that this year will be our best year yet. While there were some technical issues the last couple of years, we have worked hard to remedy the issues to make the registration process as easy as possible. We appreciate everyone's patience and look forward to serving our students in the upcoming school year."

If parents do not have a Parent Portal account or access to a computer, please call the District Office at 249-7726.

For additional registration information please visit our website at <u>www.mcsd.org</u>.

CORAL SKYE PLAYS MUSIC ON THE GREEN



Special to the Mirror **MONTROSE**--Coral Skye sang and played guitar for a crowd of approximately 80 at Senior CommUnity Care, the Western Colorado's PACE Provider's, Music on the Green last Friday evening. The free concert series is held the last Friday of the month through September on the lawn behind The Homestead at Montrose assisted living. Food concession items are offered for sale with proceeds going to the Legacy Project, where images of the PACE participant's life and activities while in the program are captured and edited into a keepsake DVD video for family members.

Mental Health First Aid People Helping People



Mental Health First Aid can help you learn the skills to identify, understand & respond to signs of mental illnesses and substance abuse disorders.



For more information on times and locations of training opportunities, contact Robin

at (970) 252-3228

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REG10N THE ECONOMICS OF THE DEMOGRAPHICS... By Regional Development Coordinator Jay Stooksberry



Region 10's Jay Stooksberry.

REGIONAL-Region 10 recently hosted the <u>Grow Our Economy summit</u>. This event addressed economic development trends in Delta, Gunnison, Montrose, Ouray, Hinsdale, and San Miguel counties. During the summit, Elizabeth Garner from the State Demography Office presented some very interesting information related to age, migration, job growth, commuting, and population projections.

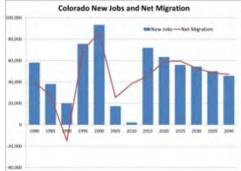
Some of the key takeaways included: Delta and Montrose are shrinking, while San Miguel and Ouray are expanding: Between 2010 and 2013, Delta and Montrose Counties experienced the largest decreases in population in the region - mostly due to outmigration for employment opportunities. During the same time period, Ouray and San Miguel Counties experienced the largest increase in population. It's hard to pinpoint where people are going or where they are coming from, but it is a safe assumption that people "vote with their feet" when it comes to economic development - meaning migration follows jobs. See the chart below.

Young people leave for college, and don't return for nearly two decades: When it comes to young people, Delta and Montrose are similar in the distribution of age. These counties see a steady growth in volume until the age of 18. Then, the volume of people ages 19-34 drops significantly. The bulk of population distribution peaks at age 59 for these counties. This wide chasm in age grouping represents a very apparent deficiency in our workforce, and highlights missed opportunities for these counties. Meanwhile, the inverse is true in Ouray, San Miguel, Gunnison, and Hinsdale: ages 20-45 make up one of the most abundant demographics.

Region 10, as a whole, is not attracting young people: Net migration is the totaling of people moving to and moving from a given territory. In comparison to the rest of Colorado, Region 10 counties have a significant deficiency in net migration between the ages 18-36. As mentioned before, this particular demographic represents a significant cross section of the state's labor force pool. With a rapidly aging demographic in our region, it will be key to figure out avenues that enfranchise younger generations – especially if they are needed to provide support and services for older generations.

Proprietary job share: Proprietary jobs – or self-employment – play a large role in Region 10's economy. Proprietary jobs usually make up less than 20 percent of most counties' jobs. Not so much in Region 10. Delta, Montrose, San Miguel, and Gunnison fall into the 20-30 percent range. Ouray and Hinsdale exceed 30 percent. The primary takeaway from this fact stresses the importance of supporting small businesses in the region. "Ma and Pa" storefronts are a prominent economic unit in our communities, and our growth hinges on how well we support small businesses in our backyard.

Recession recovery: Some economies have fully recovered from the 2008 market crash. Unfortunately, Region 10 isn't one of those economies. Prior to the downturn, peak employment stood at 56,597 jobs in the region. Current employment is 51,310 jobs – roughly 90 percent of the 2008 job count. The drop in jobs was huge (roughly 9 percent between 2008 and 2010), and the recovery has been stagnant at best (less than 1 percent growth between 2010 and 2013). With the excep-



tion of Southeastern Colorado, our region is one of the only parts of Colorado that hasn't returned to or surpassed employment rates of 2008.

People vote with their feet: There is a distinct correlation between migration of people and jobs being created. Click image to enhance.

Job shares: One of the largest employers for the region was the public sector. With job share percentages ranging between 12 and 21 percent in each county, government represented one of the largest employers for the region. The next biggest employers included: agriculture, food/ accommodations, construction, and retail. Health services represented 10 percent of both Delta and Montrose jobs. Art (10 percent) and real estate (9 percent) were large in San Miguel.

Growth in jobs by sectors: Between 2010 and 2013, employment sectors that saw the largest increases in jobs for Region 10 were agriculture, food/ accommodations, and oil/gas mining. The sectors that saw largest decreases were construction, government, and retail.

A wealth of information was presented during this session, and this only scratches the surface of it.

Feel free to download the presentation by following the link below. If you have any questions about the information, you can also visit the State Demography Office's website.



Bank of Colorado and Region 10 Receive \$25,000 JOBS Grant

Special to the Mirror

MONTROSE – Bank of Colorado/ Montrose-Delta has been awarded a \$25,000 economic development grant from the Federal Home Loan Bank – Topeka, to support and expand Region 10's Small Business Resource Center (SBRC). Bank of Colorado/Montrose-Delta, a wholesale financial institution of which Bank of Colorado is a member, was awarded the grant through its Joint Opportunities for Building Success (JOBS) program. JOBS Grants are designed to help financial institutions throughout Colorado, Kansas, Nebraska and Oklahoma promote jobs and economic growth in their communities.

The JOBS grant will provide funding for one-on-one consulting and marketing support for the small business within the 6 (six) counties Region 10 serves. The Counties include Delta, Gunnison, Hinsdale, Montrose, San Miguel and Ouray. In addition, the Small Business Resource Center will host and conduct various workshops to help small businesses with start-up opportunities, expansion plans, marketing analysis and more.

Programs on using QuickBooks, Advanced Marketing Techniques, Better use of Social Media, Protecting your Intellectual Property are some examples of workshops available at the SBRC offices. Visit <u>www.Region10.net</u> for full details and a calendar of upcoming programs. *FHLBank Topeka is one of 12 wholesale* banks nationwide that provide liquidity and various programs that help community financial institutions meet the residential housing finance and economic development needs of their communities. *FHL-*Bank Topeka awarded nearly \$1 million in JOBS funding in 2014 and serves more than 790 members throughout Colorado, Kansas, Nebraska and Oklahoma.

GUNNISON VOLUNTEERS SOUGHT FOR OMBUDSMAN PROGRAM

Special to the Mirror

GUNNISON-It only takes three to six hours a month to make a difference in the world--and all you need are your eyes, ears and of course, your heart.

As a Region 10 volunteer ombudsman in the Gunnison region, you will serve as a watchdog and a powerful advocate for the rights of residents in long-term-care facilities. Ombudsmen routinely visit care facilities as supportive advocates, and watch for trends in resident complaints.

"Patience, compassion and a love for people are essential," Region 10 LTC Ombudsman Sandy Walker said.

"Serving as a volunteer ombudsman can be a good way to get involved with the elder community." "Ideally, we are looking for someone who is a year-round resident," Region 10 Community Living Services Director and Lead Ombudsman Eva Veitch said.

"You must be over 21 and have a clean background check. Some degree of experience with and awareness of the elderly would be excellent, but training can be provided."

Mileage will be reimbursed as well, Veitch said, and preference will be given to those with relevant personal or professional experience. "There is some real meat to this work," Veitch noted. "You can change lives; this is a very, very important volunteer role."

Region 10 ombudsmen visit care facilities, including hospitals, nursing homes and assisted living centers. To learn more, visit <u>http://www.region10.net/long-term-care-ombudsman/</u>.

A non-profit organization, the Region 10 League for Economic Assistance and Planning was formed in 1972 and serves six-counties (Montrose, Delta, Gunnison, Ouray, Hinsdale and San Miguel), operates an Enterprise center (300 North Cascade) administers the Enterprise Zone tax credit and marketing grant programs, oversees the Area Agency on Aging (AAA) and Community Living Services, coordinates regional transportation planning, and offers a loan program for small business. To learn more about Region 10, call 970-249-2436 or visit the web site at www.region10.net.

MV TOWN COUNCIL GREEN LIGHTS NEW MOUNTAIN VILLAGE SCIENCE CENTER

Special to the Mirror

MOUNTAIN VILLAGE-<u>Mountain Village Town Council</u> has entered into an agreement with the <u>Telluride Mountain</u> <u>Village Owners Association</u> (TMVOA) to find a permanent home for the <u>Telluride</u> <u>Science Research Center</u> (TSRC) in Mountain Village. The envisioned campus-style facility would sit on two acres near The Market at Mountain Village and host yearround TSRC scientists. And though the design process has not begun, the new facility could include multiple auditoriums, offices, classrooms, café, game room, modest-sized employee housing, and a roof-top patio.

"The town is delighted to partner with TMVOA and TSRC to find a permanent home for this important institution in our community," said Mountain Village Mayor Dan Jansen. In 2014, 1,500 national and international scientists will take part in TSRC workshops, summer schools and conferences, bringing with them 600-plus family members. All told, it is estimated that TSRC activities generate more than \$9 million in total economic activity for the Telluride Region. The town has created an attractive financial incentive program and will apply for Contribution Project Status for TSRC and its facility through Region 10.

If awarded, those who contribute to the construction of TSRC can receive a 25 percent state income tax credit and a 25 percent federal tax credit up to a maximum credit of \$100,000. In-kind donations also qualify for a state income tax credit of 12.5 percent.

Together, We Can Make A Real Difference.

Are you interested in making a difference in the lives of others while building your network of friends, strengthening your leadership skills and implementing new ideas?

Share your gifts and talents and become part of meaningful change for an older adult.

Volunteering is based on your schedule, so the time you spend is effective and enjoyable.

Contact one of our care centers or programs below to begin your journey.



Horizons Health Care & Retirement Valley Manor Care Center The Homestead at Montrose Home Health of Western Colorado Senior Community Care PACE Montrose Senior Community Care PACE Eckert Senior CommUnity Care Meals (970) 835-3113 (970) 249-9634 (970) 252-9359 (970) 240-0139 (970) 252-0522 (970) 835-8500 (970) 835-8028

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CITY NEGOTIATES TEMPORARY RECYCLING AGREEMENT WITH WASTE MANAGEMENT AFTER FIRE AT BRUIN WASTE FACILITY

Special to the Mirror

MONTROSE--Although a July 22 fire forced the Bruin Waste facility to stop accepting recyclable material for an undetermined length of time, the City of Montrose Curbside Recycling Program continues to successfully divert material from local landfills.

After the fire, city staff quickly negotiated a temporary solution with Waste Management. Under an informal agreement, City Curbside Recycling Program collection trucks are delivering material to a local Waste Management material recovery facility. This agreement allows the Curbside Recycling Program to continue uninterrupted until a viable, permanent solution is identified.

Citizens are encouraged to continue participation in the city's Curbside Recycling Program. Other than the change in material recovery facility service provider, no additional program impacts are anticipated. Recyclers should continue to place acceptable material in City provided collection containers and position these containers in designated locations (curbside or alleys) on scheduled collection days.

In July 2014, the Montrose City Council approved a contract with Bruin Waste to support the City's Curbside Recycling Program with material recovery facility services. Recyclable material collected curbside by city collection trucks was delivered to the Bruin Waste facility for sorting and marketing for reuse.

Recycling benefits the Montrose community in several ways. Diverting material from local landfills improves environmental health by reducing the potential for offgassing or leaching of chemicals into the atmosphere and groundwater sources. It extends the availability of dwindling natural resources and supports an economical solid waste disposal program by reducing landfill disposal fees.

Additional information about the City's Curbside Recycling Program, including acceptable/unacceptable material and collection schedules is available on the City of Montrose website at: CityofMontrose.org/Recycling.

Located at 1221 6450 Road, the Public Works Department develops, maintains, and operates City-owned infrastructure including streets, water, sewer, wastewater, parks, and trails and includes the following divisions: Engineering, Fleet Management, Parks, Sanitation/Recycling, Streets, Utilities, and Wastewater Treatment. For more information, call (970) 240 -1480 or visit<u>www.cityofmontrose.org/</u> <u>publicworks</u>.

HONORABLE MENTION

To the Harold family and everyone who helps bring in the Olathe Sweet sweet corn harvest...the true taste of summer has arrived!

To the Montrose County Fair & Rodeo for another outstanding year of highlighting local people and local agriculture...

To City and County Public Works crews, for making a visible difference!

To OneTrack Communications of Montrose for pioneering better connectivity throughout the Region...

To our region's professional musicians, artists and writers...for believing in this market despite the economic challenges, and for bringing (or keeping) their talents here for the benefit and enjoyment of us all. Show the love for locals, Western Slope!



MONTROSE COUNTY NEWS AND INFORMATION

TULAREMIA CONFIRMED IN MONTROSE COUNTY; WATCH FOR SYMPTOMS

Special to the Mirror

MONTROSE--The suspected diagnosis of Tularemia in wild rabbits in Montrose County, as well as two confirmed cases in domestic cats, has prompted the Montrose County Health and Human Services (HHS) to remind residents to take certain precautions against the bacterial infection.

Tularemia is a bacterial infection most commonly transmitted to humans that have handled infected animals. Residents are advised that tularemia-causing bacteria is present in some local mammals especially rabbits and hares. Infection can also arise from the bite of infected insects (most commonly ticks and deer flies), by exposure to contaminated food, water, or soil by eating, drinking, or direct contact with breaks in the skin, and less commonly, by inhaling aerosolized particles carrying the bacteria (through mowing or blowing vegetation).

Typical signs of infection in humans are fever, chills, headache, muscle aches, chest pain, and coughing. If tularemia is caused by the bite of an infected insect or from bacteria entering a cut or scratch, it usually causes a skin ulcer and swollen glands. Eating or drinking food or water containing the bacteria may produce a throat infection, stomach pain, diarrhea and vomiting. Tularemia can be effectively treated with antibiotics, therefore should you have any of these early signs, seek medical attention as soon as possible.

Residents are encouraged to take precautions such as staying out of the area where wild rabbits or rodents are present if possible and never feeding wildlife. Additionally, HHS urges residents not to handle sick or dead animals (including mammals and birds). Be sure to wear insect repellent effective against tickets, biting flies and mosquitoes. Residents are advised to wear shoes and do not go barefoot in an area where rabbits have died—the bacteria can persist in the environment for a month or two.

If you suspect your pet has contracted Tularemia, please contact your local veterinarian.

If residents come in contact with a dead animal that is suspected to be sick, infectious or has died of unknown causes, please do not touch it. If there is more than one animal (in the same area) that has died or is sick, please call the HHS at 970-252-5000.

For more information on Tularemia, visit www.cdc.gov/Tularemia.



MONTROSE CHAMBER RIBBON CUTTING AT MONTROSE MEDICINE



Special to the Mirror

MONTROSE-The Montrose Chamber of Commerce helped Montrose Medicine (formerly Internal Medicine Specialty Group) celebrate their new name and brand with a ribbon cutting. Montrose Medicine is located at 300 S. Nevada Avenue. Congratulations!

THANKS FOR READING THE MONTROSE MIRROR! CALL 970-275-5791 FOR AD RATES AND INFORMATION!



Caring for people with dementia through Validation communication

Volunteers of America®

What is VALIDATION?

Validation is a way of caring for and communicating with older adults who are often diagnosed as having Alzheimer's-type dementia.

Validation is the foundation of the comprehensive dementia services provided by Volunteers of America. As an Authorized Validation Organization, we offer focused tools and resources that empower caregivers at home as well as those in senior communities. Our passion is to positively impact the quality of life for those with dementia.

Visit **www.voavalidation.org** for more information on Validation and **www.voahealthservices.org** for a list of providers in Western Colorado.



Advertisement

GET TICKETS NOW FOR MULE DEER CHAPTER DINNER AUG. 23

Special to the Mirror

MONTROSE--The National Mule Deer Foundation is pleased to support the second annual Uncompahgre Mule Deer Chapter dinner. Located on the Western Slope of Colorado in Montrose. Chairmen Mark Harmon and Bruce Leben organized the chapter and will host the second annual banquet and auction on the 23rd of August, 2014 at the Montrose Pavilion. Tickets are \$65 and include membership in the Mule Deer Foundation. Corporate tables are available. To purchase tickets call Mark Harman at 970-901-0499 or Bruce Leben 414-254-1007. Tickets will NOT be sold at the door as the event sold out last year. Doors open at 5:30 P.M. Dinner at 6:30 P.M., catered by Daveto's.

The Mule Deer Foundation promotes the conservation of Mule Deer, Blacktail Deer and their habitats. QMDF is dedicated to the following goals:

As urban areas continue to sprawl and more people build homes in rural settings,

mule deer and their habitat will suffer. Support of your local Mule Deer Chapter helps fund the following: Habitat Enhancement Projects Land and Easement Acquisitions Scientific Research Support of Responsible Wildlife Management Conservation Education Support for Our Hunting Heritage Youth Programs and More!

DELTA CHAMBER, REGION 10 PRESENT "FOUR WAYS TO GROW YOUR BUSINESS"

Special to the Mirror

MONTROSE-The Delta Area Chamber of Commerce and Region 10 presents "Four Ways to Grow Your Business," taught by Ken Richards of Richards Consulting & Accounting.

Come learn how to increase your number of customers, increase the frequency they patronize your business, increase the average value of each transaction and increase the effectiveness of each process in your business.

NNThe class will be held Wednesday, Aug. 20, from noon -1 p.m., in the upstairs conference room of the Delta Area Chamber of Commerce. Seating is limited; please register early. Members of any Delta County chamber are \$10; nonmembers are \$15. Call 970-874-8616 for more info or to register.

DELTA COUNTY LIVING

YOUR ONLINE GUIDE FOR ACTIVITIES, ADVENTURE AND LIVING IN DELTA COUNTY, COLORADO Deltacountyliving com

Deltacountyliving@gmail.com

SIGN UP FOR THE THIRD ANNUAL PARTNERS BENEFIT PISTOL SHOOT AUG. 9

Special to the Mirror

your calendar to join us for the 3rd Annual Partners Benefit Pistol Shoot. This year's event will again be hosted by the San Juan individual shooter! Shooting Range and the Montrose Police Firearms must be in a holster, zippered, or Department on August 9th, 2014, from 9 hard cased. a.m. to 3 p.m. at the San Juan Shooting Participants under 18 years require paren-Range (19878 Dave Wood Road).

The cost is \$20 per person, and all money No experience is necessary, as coaching goes to PARTNERS youth mentoring pro- will be provided. gram. Bring your handgun and ammuni- Loaner guns available - ammo and lunch tion (no magnums) and shoot four courses will be available for purchase.

of fire as an individual, and/or sign up a Law enforcement officers will be there to MONTROSE--Set your sites and mark three- person team and compete with local law enforcement and friends.

Awards to the first place team and top

tal supervision.

compete and to assist the public. Be an event sponsor - for \$500 or \$100, get your logo on the kiosk for one year &

team discount. Help PARTNERS to help our kids! To

register, call the Partners office at 970-249 -1116 or visit our website: www.partnerswest.org. For shooting questions, please call Paul Miller at San Juan Shooting Range (970-249-4227), and a map to the Range is available on their Web site: www.sanjuanrange.com.

SMPA OFFERS \$1,000 REBATE FOR WEATHERIZATION PROJECTS

Special to the Mirror

San Miguel Power Association (SMPA) is offering a generous rebate to members who complete qualifying weatherization projects in their home or business. The rebate will pay for 50 percent of the cost of a project up to \$1,000.

"Weatherization improvements often have the biggest impact on a home's energy consumption, more so than appliances and lighting. Unfortunately they are often overlooked and people who change their behavior and replace appliances don't see a significant decrease in their energy use simply because their home's envelope is leaky," said SMPA General Manager Kevin Ritter.

The foundation, floor systems, walls, and roof systems make up a home's envelope. Weatherization is the process of improving the efficiency of a building's envelope by sealing it up through a variety of measures. This saves energy and also improves comfort and safety. Qualifying measures include, but are not limited to:

Air sealing, including around windows, doors, power receptacles, light switches, plumbing and electrical penetrations, ceiling can lights, chimneys, chases, siding, baseboards, trim, and tongue and groove ceilings

attic, perimeter, wall, and pipe insu-

lation

- duct sealing
- vapor barriers
- heat recovery ventilation

"Much of our weatherization fund is still available, but it will likely go quickly as we head into cooler weather. I encourage members who are interested in making energy improvements to their homes to contact us today. We can help them determine energy projects that will give them maximum results and qualify for the rebate," said Ritter.

All weatherization projects must be completed and paperwork submitted by 12/31/2014 in order to be eligible for the rebate. Prior to beginning work, members should review the application terms and conditions available online at http:// www.smpa.com/content/rebateprograms#weatherization or contact Wiley Freeman, Energy Services Technician, at wiley@smpa.com or (970) 626-5549 ext. 31. Pre-installation site visits are required.

Weatherization funding is also available for low-income families in all seven of the counties within SMPA's service territory. SMPA members who are qualified homeowners or renters can apply for free weatherization services by contacting their local weatherization agency (listed below).

Montrose, Ouray, San Miguel & Hinsdale counties: Housing Resources of Western CO in Montrose (also MADA office),(970) 417-3436

San Juan, Dolores counties: Housing Solutions for the Southwest, (970) 259-1086 <u>x11</u>

Mesa County: Housing Resources of Western CO in Grand Junction, (970) 241-2871

More information about the Low Income Weatherization Program can be found online at http://www.smpa.com/content/ rebate-programs#lowincome weatherization.

About SMPA

San Miguel Power Association, Inc. is a member-owned, locally-controlled rural electric cooperative with offices in Nucla and Ridgway, Colo. It is the mission of San Miguel Power Association to demonstrate corporate responsibility and community service while providing our members safe, reliable, cost effective and environmentally responsible electrical service. SMPA serves approximately 9,600 members and 14,000 meters and supports local communities with \$200,000 annually in property taxes and \$400,000 in energy efficiency and renewable energy rebates. San Miguel Power is an equal opportunity provider and employer.

ARTS AND CULTURE

OPEN MIC UNDER THE SUN AT AUG. 9 STREET FAIR



Special to the Mirror

MONTROSE--It's time for another street fair! Come join us Saturday, Aug. 9, from 10 a.m - 2 p.m., on West 3rd Street in beautiful downtown Delta. Stroll along the street and visit over 30 vendors, enjoy some live music and soak up another sunny summer day.

We'll have food, live music and tons of vendors. Come see us for books, handmade items, arts and crafts, jewelry, Christian gifts, pottery, seasonal fruit, handbags and totes and lots more. Bring your dog or cat and get a free nail trim and talk to a local groomer. Please make sure pets are leashed.

The talented Beth Williams, pictured at left, will set the stage for the fair with her live performance. Singer/songwriter Williams, who lives in Cedaredge, performs in many genres, including Americana, folk,

VEGETABLE ART TRIUMPHS, DISPLAYS CREATIVITY AT FAIR

Special to the Mirror

MONTROSE-- This year at the fair was a new competition involving vegetable art. The goal of the contest was to make distinguished creations out of fruits and vegetables. All ages were able to enter and the Grand Champion winners in each category were awarded cash prizes, \$15 for children's entries and \$25 for adults. As this year's Vegetable Art Contest was a success with roughly 15 entries, the Montrose County Fair intends to hold the same open show next year. The Valley Food Partnership helped sponsor this event and provided funds for the cash prizes. A very special entry was submitted in the vegetable art contest, shown at right. Parents and children belonging to the Cottonwood Summer Garden Club collaborated together and created an entry tilled Camping in Colorado. The group used a watermelon rind to represent a tent, lettuce as grass, blueberries for a river.

country, pop, roots, blues and gospel. Williams has her own studio where she records herself and others, gives voice and guitar lessons and serves as a music consultant. She is also a Nashville Session Singer via the Internet, adding harmonies and singing demos for clients all over the world.

Beth's music is fun to listen to and fun to dance to. Feel free to bring a lawn chair and come join us. While you're at it, join Beth for an open mic session. She'll open her set throughout the day to aspiring musicians, so bring your music track and show Delta what you've got! Please keep your selection family-friendly. The street fairs are made possibly by the City of Delta and the Delta Area Chamber of Commerce.

There is still room for vendors. Call 874-8616 to get signed up.



Set Up a Campaign in 4 Steps Please RSVP to 970-874-8616 PLEASE BRING Are you on social media but don't YOUR COMPUTER know how to use it for your business? Would you like to take your social START YOUR media to the next level? ocial Media Tuesday, August 26 • 1-2:30 pm Held at Delta Area Chamber of Commerce • 301 Main Street • Delta PRESENTED BY Delta Chamber Members \$10 NIKOLE JAMES DELTA AREA Non-Members \$15

ARTS AND CULTURE

"TUESDAY GALS GO ABSTRACT" AUGUST SHOW AT THE CREAMERY ARTS CENTER FEATURES DANI TUPPER, STUDENTS



"Blue Heron," by Dani Tupper. Courtesy image.

Special to the Mirror

HOTCHKISS-For several years the Creamery Arts Center has had the honor of displaying the works of local watercolor artist and instructor, Dani Tupper.

The special exhibit in the Peach Gallery in August will also feature several of her students, known as the "Tuesday Gals".

There will be a "Meet the Artists Reception" on Friday, Aug. 8 from 6 to 8pm where the public can browse the new art, enjoy refreshments and perhaps partake of a glass of local wine. The show will be on display through Sept. 8th.

Many of Dani's students move on to become professional artists exhibiting their art in the many local and regional shows. The group of student artists joining Dani Tupper for the August showing are: Mary Bollick, Wanda Brunemeier, Judy Chapman, Ann Knudsen, Sonja Marstad, and Sherry Polcyn.

In Dani's' description of her work she states: "I try to recreate the beauty in the world created by the Master Creator, this is my motto. Life has afforded me the opportunity to live in many different states, Australia and Spain and to travel extensively and now to live in the beautiful state of Colorado.

"I have taught watercolor painting for many years, offering classes and workshops to many followers. Trips are planed to locations all over the world for students. We have painted in Spain, Italy, England, Ireland, Scotland, Mexico and many locations in the states."

Tupper is a signature member and current president of the Colorado Watercolor Society. She founded the Southern Colorado Watercolor Society, serving as their president for six years, and is a member of the Western Colorado Watercolor Society. She is also a lifetime member of The Transparent Watercolor Society of America, belongs to ISEA, the National Watercolor Society, and has been honored with lifetime membership in various art guilds where she has resided.

The Creamery Arts Center is located at 165 W Bridge St. in Hotchkiss CO, 81419. For more information about this show or other events at the Creamery Art Center visit their website at:

www.creamervartscenter.org or follow them on Facebook. 970-872-4848.

TALKING GOURDS FEATURES POETS TONIGHT AT ARROYO

read poems from the monthly theme --

see?" Talking Gourds Poetry Club is a

joint venture of the Telluride Institute, Wilkinson Library, Between the Covers

formed Telluride Literary Arts. Members

pieces of their own or the work of a favor-

ite other. August's theme, chose by Aama

Special to the Mirror

TELLURIDE-The Telluride Institute's Talking Gourds Poetry Club for Tuesday, Aug. 5th features two inspiring Colorado women, deeply influenced by Tibetan Buddhism, who've been writing all their lives.

Tara Edna Miller and her husband Sam Brown have been a one-family Peace Corps, bringing solar oven expertise not only to their Paonia hometown but to the Quechua-speaking community of Taquile in Peru for 30 years. Both are professional potters and home gardeners.

Jane McGarry teaches literature to children and cross-country skiing to kids and adults on Grand Mesa. Together with her husband Chuck, they've too have lived in Paonia for 30 years. Jane has just begun a new startup, West Elk Books - selling collectibles and special editions on line.

August will see our summer hours, with the event starting at 8 p.m. In Sept. the

Club will go back to its normal 6 p.m. time slot with Navajo veterinarian/poet Zoey Benally.

As always, following Club announcements and performances, we'll have a short break and then pass the gourd around members and attendees a chance to



the room to give Club Poets Tara Miller, left, and Jane McGarry are featured tonight at Arroyo. Courtesy photos.

meet monthly, on first Tuesday evenings, at Arroyo Fine Art Gallery & Wine Bar at 220 E. Colorado Ave. (next door to Tellu-Harwood, will be "With what sense do you ride Hardware and the Masonic Hall), beginning at 6 p.m. (8 p.m. June, July and August) in Telluride, Colorado. Call 970-729-0220 for more info. Or visit the Tellu-Bookstore, Arroyo Telluride and the newly ride Literary Arts website, tellurideliterarvarts.weebly.com.

SMPA ADDS EXTRA \$100,000 TO RENEWABLE REBATE FUND

Special to the Mirror

RIDGWAY--San Miguel Power Association's (SMPA) popular renewable rebate fund sold out early for the second year in a row. This year funds were exhausted in June. But like last year, SMPA was able to leverage \$50,000 from the co-op's member -supported renewable energy fund to secure a matching \$50,000 grant from the Clean Energy Collective. The additional \$100,000 is available to both residential and commercial members, with \$50,000 for on-site solar and wind installations and \$50,000 for purchases in the SMPA Community Solar Array.

"Our solar rebates have always been a popular program. Last year the funds lasted until October, but this year we returned more than \$130,000 to our members in just six months," Wiley Freeman, SMPA Energy Services Technician.

SMPA's renewable energy fund is supported through the co-op's Green Cents and Green Blocks programs in which members voluntarily participate by rounding up their bill or purchasing renewable energy offsets. The dollars collected through these programs are deposited directly into the renewable energy fund and are used for SMPA's renewable rebate program and other local energy projects. All this is done without impacting SMPA's electricity rates, because renewable energy program costs are kept separate from the co-op's general operating expenses. 2014 Renewable Energy Rebates:

Solar PV Residential: \$0.75 per watt up to 3kW or \$2,250

Solar PV Commercial: \$0.75 per watt up to 10kW or \$7,500

Small Wind Residential: \$0.75 per watt up to 3kW or \$2,250

Solar Domestic Hot Water - Electric Backup: \$1,500

For more information about SMPA's renewable energy or efficiency rebates visit them online at <u>www.smpa.com</u> or contact the co-op at <u>rebates@smpa.com</u>, (970) 626-5549, (970) 864-7311.

About the Green Cents and Green Blocks Through the Green Cents program SMPA members can choose to round up their bill each month, and the co-op deposits those extra cents – on average less than \$7 per year – into the renewable energy fund. SMPA members can also purchase renewable energy offsets, called Green Blocks, in increments of 100 kilowatt hours for \$1. One hundred percent of the money collected is put into the renewable energy fund.

About SMPA San Miguel Power Association, Inc. is a member-owned, locallycontrolled rural electric cooperative with offices in Nucla and Ridgway, Colo. It is the mission of San Miguel Power Association to demonstrate corporate responsibility and community service while providing our members safe, reliable, cost effective and environmentally responsible electrical service. SMPA serves approximately 9,600 members and 14,000 meters and supports local communities with \$200,000 annually in property taxes and \$400,000 in energy efficiency and renewable energy rebates. San Miguel Power is an equal opportunity provider and employer.

MONTROSE MEMORIAL HOSPITAL Montrose FLOOMES MEMORIAL HOSPIT MontroseHospital.com Zachary W. Barton, M.D. Randal C. Shelton, D.O. Family Medicine Family Medicine **Board Eligible Board Eligible** Medical School Medical School Texas Tech School of Medicine, Lubbock, TX Lincoln Memorial University Debusk College of Osteopathic Medicine, Harrogate, TN Internship/Residency Internship/Residency Waco Family Medicine, Waco, TX Blue Ridge Healthcare Family Medicine Residency Morganton, NC Office 630 East Star Ct riends (amily Montrose, CO 81401 970.240.0378 caring for friends and family Now Accepting New Patients 800 SouthThird Street,Montrose, CO 81401 970-249-2211 MontroseHospital.com Montrose Memorial Hospital

FIDELITY MORTGAGE ANNOUNCES AFFORDABLE HOUSING PROJECT IN MONTROSE

Special to the Mirror

MONTROSE-Montrose lender Fidelity Mortgage, a division of Bay Equity Home Loans, is pleased to announce it is the preferred lender for a new housing project in Montrose. The Cottage Grove development at the intersection of Chipeta Drive and Orchid Court will have nine new homes priced at less than \$200,000, the first of which is currently under construction. Location qualifies for bond and USDA financing, which assists buyers with the down payment. For more information contact John Leu at Fidelity Mortgage, 970.252.7395.

For Montrose Mirror ad rates and information please call 970-275-5791!

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Advertisement

HELICOPTER BASED AT MTJ FOR WILDFIRE SEASON



Special to the Mirror

MONTROSE--With wildfire season upon us, Montrose County and Southwest Colorado can sleep a little easier with Homestead Helicopters now based at the Montrose County Airport for the next few months.

NNN538TD is a Bell 206L4 Long Ranger turbine engine helicopter. The aircraft arrived at Black Canyon Jet Center on July 10th and will be stationed at the Montrose airport for a 90 day contract period. Recently, the helicopter was dispatched out to assist with the Alkali fire near Craig. While in Montrose, they will help cover the entire Western Slope.

Homestead Helicopters Inc (HHI) is based out of Missoula Montana with one of their specialties being mountain forestry and firefighting.

They are staffed with qualified professional mountain pilots who are highly trained, United States Forest Service Carded fire/forestry pilots. Homestead Helicopters run modern well maintained equipment and have an excellent reputation; never an accident, incident, or violation of any kind.

Don Angell, Emergency Manager with the Montrose County Sheriff's Office said "The importance of the helicopter being based in Montrose is very beneficial to the community in a couple ways.

First, the 90 day contract being based out of Montrose adds to the economy of our community as the crew gets motel rooms and eats at the local restaurants, and second, as fire activity heats up in our region, they will be able to respond quickly and help to reduce the potential for small fires going large."

For more information on Homestead Helicopters, please visit their webpage at <u>http://www.homesteadhelicopters.com/</u>.

RIDGWAY ARTS AND CRAFTS RENDEZVOUS CELEBRATES 30 YEARS AUG. 9-10

Special to the Mirror

RIDGWAY--The beautiful town of Ridgway is known for spectacular scenery, railroads, ranching, recreation and of course: the Ridgway Arts and Crafts Rendezvous held every year in August for the past 29 years. In its 30th year, Weehawken Creative Arts will welcome over 140 artists and vendors on August 9th and 10th in the Town of Ridgway's historic park. All types of fine arts and original crafts will be represented at this show. Additionally, there will be a diverse assortment of food concessions offering everything from bar-b-que to Gyros. This year's event will also feature the delicious brews from regional breweries and will also feature signature drinks such as margaritas and bloody marys as well as wine at the event.

This two-day event offers plenty for you to enjoy all day long throughout each day. The entertainment on the Main Stage runs continuously on both days of the show with music ranging from bluegrass to magic shows and rock and roll. Watch art transpire as demonstrations of all types are scheduled by the vendors throughout each day.

On Saturday Aug. 9th, the crowd will be encouraged to migrate north to the 600 block of Clinton Street, where a Street Dance will take place. This event will feature live music and dancing into the night (dancing and fun until 10 pm). Entry to the street dance will be \$8 for Adults / free for kids 10 and under. Fun activities and games, as well as plenty of drinks and snacks will also be part of the event. On Friday the 8th, the public is encouraged to take-part in the Ridgway MoonWalk Art Outing at the Full Moon in downtown Ridgway. This event is co-sponsored by Weehawken and the Ridgway Creative District. The MoonWalk runs from 6-9 pm. Grab your map/brochure at Resource

Art, 540 Sherman St., or from the Ridgway Community Garden (which is also a prime starting point for the walk) at the corner of N. Charles street and Laura Street.

On Saturday and Sunday, children will enjoy riding the Ridgway Fire Department train, a magic show, free balloons, face painting, a free arts and crafts booth, and several kids booths including sand art and more. The show runs on Saturday from 9 am until 5 pm and on Sunday from 10 am until 5 pm. Admission to the Ridgway Rendezvous on Saturday and Sunday is FREE, so make plans to bring your whole family and a car load of friends for a fun weekend in Ridgway Colorado! Saturday's Street Dance runs from 6 pm until 10 pm, with music starting at 7 pm. For more information, contact Weehawken Creative Arts at questions@weehawkenarts.org or call 970-318-0150. Or, contact the Ridgway Chamber of Commerce at 1-800-220-4959.

MONTROSE CHAMBER HOSTS SECOND ANNUAL WESTERN SLOPE CHAMBER EXECUTIVES MEETING

Special to the Mirror MONTROSE-The Montrose Chamber of Commerce hosted the Second Annual Western Slope Chamber Executive Meeting July 29 at the Bridges Golf Course & Country Club. Topics discussed were 2014 ballot initiatives, oil & gas, member dues structure, member retention, industry trends, and events and fundraisers. Pictured L to R -Top row - Stephanie Kobald (Meeker), Frank Ladd (Rifle), Diane Schwenke (Grand Junction), Dena Guttridge (Cortez), Juliann Adams (Palisade), Brad McCloud (Delta), Joni Bates (Glenwood), Tammy Scott (Gunnison). Bottom row - Jack Llewellyn (Durango), Jenni Sopsic (Montrose), Andrea Stewart (Carbondale), and Kristin Steele (Rangely).



How can I lower my power bill?



Advertisement

SAN JUAN HEALTHCARE FOUNDATION DONATES \$3,000 TO MMH SPEECH AND LANGUAGE PROGRAM

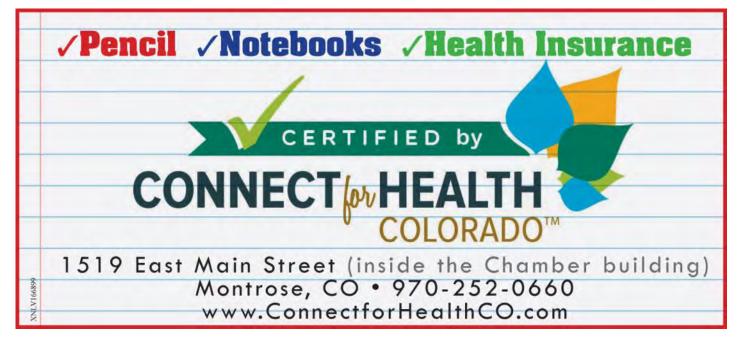


Special to the Mirror

MONTROSE-The San Juan Healthcare Foundation board recently donated \$3,000 to the Speech and Language Department at Montrose Memorial Hospital to purchase two iPad's for use in the clinics. The clinics are open daily to serve children with special needs ages 2 through 21. Over 200 children have been treated in the Montrose and Delta clinics during this summer.

The donated money will purchase technology that provides access to specialized learning tools through the iPad's. The specialized applications are geared towards, and help teach basic communication skills, symbol and text based communication, articulation, social skills and language development.

Pictured left to right: David Reed, Patti Anderson, Mary Snyder, Dr. Gayle Frazzetta, Phoebe Benziger, Jeneine Stevenson, M.S., Tom Barrett, Jim Whitticom.



Hold the Date! Upcoming Business and Cultural Events

ONGOING-

-FIRST FRIDAY STROLLS MONTROSE DOWNTOWN —Monthly from 5:30 p.m.-8p.m. Artist Demonstrations, Free Wine Tastings, and in-store promotional events!

THIRD SUNDAY DULCIMER CLUB WITH HARPS & HAMMERS, 2 to 4 p.m. Please call Robin for information and directions to our new location as our club has grown! 970-275-8996. Guitars and Autoharps welcome too—the more the merrier!

MONTROSE HISTORICAL MUSEUM-The last Saturday of each month will be "Montrose Day" at the Montrose County Historical Museum, 21 N. Rio Grande Street. If you live in the Montrose area, then you will receive a free pass to the Museum. So bring down the family to learn about our unique town and area history. For more information please call 249-2085.

PICKIN' IN THE PARK-Paonia's Seventh Annual Free Summer Concert Series, Paonia Town Park, Paonia, Thursday Evenings in August, 6pm 'til dark.

AARP DRIVER SAFETY COURSE-Save on insurance, keep up on newer traffic laws, and learn defensive driving techniques. For details and schedule for Montro se and Delta, contact John 970-856-6924 or 970-424-1778.

GRIEF SUPPORT GROUP Non-Denominational - Community Welcome-This is a 14-Week Course, starting Thursday August 21st and going through November 20 - 3 to 4:30 pm. Hosted by Montrose United Methodist Church, 19 South Park Ave., Montrose, CO. For more information, please call the church office at 249-3716 or at the website www.montroseumc.org.

Aug. 6--Montrose Botanic Gardens 11 am - 1 pm Susan Carter, Horticultural Agent at the Colorado University Extension Service, is presenting "Using Natives and other drought tolerant plants in your garden". Free. Bring sack lunch and chair. Questions: Linda at 970-765-2237 or <u>www.montrosegardens.org</u>.

Aug. 6-19-33rd Annual Telluride Mushroom Festival!

Aug. 8-Montrose County Democratic Party BBQ, 5:30 to 7:30 p.m. at Friendship Hall.

Aug. 8--The Ridgway Creative District and Weehawken Creative Arts present the Ridgway MoonWalk: "Celebration of the Harvest" from 6-9 pm in downtown Ridgway (follow the balloons).

Aug. 9-10--The 30th Annual Ridgway Rendezvous Arts and Crafts Festival in Ridgway Town Park — the BIGGEST, BEST Rendezvous ever!

Aug. 9-Second Annual Ridgway Street Dance on Clinton Street

Aug. 9-Third Annual Partners Benefit Pistol Shoot, San Juan Shooting Range, 9 a.m. to 3 p.m. To register, call the Partners office at 970-249-1116 or visit our website: <u>www.partners-west.org</u>. For shooting questions, please call Paul Miller at San Juan Shooting Range (970-249-4227), and a map to the Range is available on their Web site: <u>www.sanjuanrange.com</u>.

Aug. 9-Fourth Annual Multicultural Health Fair, Olathe Elementary School gym, 6 a.m. to Noon.

Aug. 9- This week is National Farmers Market Week - support your local farm Market. Eat Fresh, Buy Local.

Aug. 11-The Coalition for a Drug-Free Montrose County, Safe Teens America, Partners, and the Montrose Community Foundation offer a free community workshop on "HOW DRUGS AFFECT DEVELOPING BRAINS: THE ADOLESCENT BRAIN, A WORK IN PROGRESS" on Monday, Aug. 11, in the Montrose Library Community Room from 1-4:30 pm. Reference manual included. This science-based presentation is appropriate for teens and adults AND TEACHERS. Seating is limited. RSVP to<u>www.safeteensamerica.org</u> by 8/6. Aug. 11-The Coalition for a Drug Free Montrose County, Safe Teens America, Partners and the Montrose Community Foundation present "*UNDERSTANDING MARIJUANA PROD-UCTS*" a free community night program on Monday, August 11, in the Montrose Library Community Room from 7-8:30 pm. Seating is limi-

ited. RSVP to www.safeteensamerica.org by 8/6.

Aug. 13-Montrose County Town Hall Meeting, Paradox, Noon.

Aug. 13-Picnic in the Garden, Montrose Botanical Garden. 6:30 p.m. RSVP by Aug. 8 to 765-2237 or 249-5423.

Aug. 14-AARP Driver Safety Class, Montrose. Montrose County Health and Human Services at 1845 S. Townsend Ave., Montrose, will host the AARP SMART DRIVER Program from 8:30AM to 1PM. August 14. Save money on insurance, keep up on newer traffic laws (one half day course). Membership in AARP is not required. Fee: \$15 for AARP members, \$20 for non-members. Pre-registration required. Contact: Amy at (970) 249-2436 ext. 203; 8AM-3PM M-F.

Aug. 16--Come down and play at the Montrose Farmers Market! From 8:30 a.m. to 1pm downtown Montrose. Celebrate youth appreciation day. Fun for the whole family. Carnival, children's games, and crafts Free cooking class and demo for adults from Cooking Matters. Limited space, registration required . Contact info@montrosefarmersmarket.com or 970-209-8463.

Aug. 17-Montrose United Methodist Church members are collecting school supplies to be handed out to children in the Montrose area. The community is encouraged to come to one of the church services on Sunday, Aug.17th. We have three services to choose from: 8:15) (traditional and contemporary) - 9:45 (contemporary) and 11:15 (traditional). Children can bring their backpacks and Pastor Steve Reinhard will lead the congregation in a Backpack Blessing. Family and children are welcome to pick up items they need for their backpacks that are needed for their school supplies, such as pencils, notebooks, crayons, loose paper, composition books and scissors. For additional information about this project, please call the church office at 294-3716. Please visit our church website a www.montroseumc.org for more information on church activities.

Aug. 19-Noon to 1 pm - sponsored by Region 10, presentation by — Beau Ballinger with AARP, "If it looks too good to be true, it probably is." Play it safe with Fraud Prevention. Learn the newest scams, fraud prevention and what to do if you have been scammed, bring your questions. We will promptly start at noon, sign-in at 11:45. Location: Region 10, 300 N. Cascade in the Sneffels room. Registration required: Register online at <u>www.region10.net</u> or call 970-249-2436.

Aug 20--(Senior CommUnity Care PACE Eckert, 11485 Hwy 65, 1-2pm) and 27th (Senior CommUnity Care PACE Montrose, 2377 Robins Way, 10-11am) Phyllis Hoffman: LTC Planning/Insurances .

Aug. 30: Peach Celebration - Montrose Farm Market Peach Pie and Cobbler Baking Contest! Enjoy local peaches, and fresh produce. If you are a baker, be sure and enter this contest before it's too late! contact: info@montrosefarmersmarket.com.

Sept. 7--Montrose United Methodist Church invites the community to a Free Picnic in the Street, at 12:30. Hamburgers, Hot Dogs, Side Dishes, Drinks and Desserts. The street between Park Ave, 1st and 2nd St will be closed and tables and canopies will be set up for the picnic. The Community is invited to come to any one of three services, 8:15 (traditional and contemporary) - 9:45 (contemporary) or 11:15 (traditional). Child care is available for church services and Sunday school starts at 9:45. The Picnic in the Street will begin at 12:30 and everyone is welcome. For more information on Picnic in the Street, please call our church office @ 249-3716. Please visit our website for more information on church activities www.montroseumc.org.

Sept 17-(Senior CommUnity Care PACE Montrose, 2377 Robins Way, Montrose 10-11 am) and 24th (Senior CommUnity Care PACE Eckert, 11485 Hwy 65, 1-2pm) Lynette Gilbert: OT/PT In The Home/Training.

Sept. 20-A True Blue Affair, 5 p.m. to Midnight at the Montrose Pavilion. For information, tickets and table sales, please call (970) 252-5257.

Sept. 24-Montrose County Town Hall Meeting, Nucla, 5:30 p.m.

Sept. 26-27-Fifth Annual Tribute to Western Movies Days, Museum of the Mountain West.

Sept. 27-Montrose Oktoberfest! Ito 6 p.m. Downtown Montrose.

Oct. 25-Insurance Fair, City of Montrose Centennial Room, 9 a.m. to Noon. Call 970-252-0660 for information.





Contact the Montrose Mirror: Post Office Box 3244 Montrose, CO 81402 970-275-5791 Email Us: Editor@montrosemirror.com www.montrosemirror.com Below left and right-Vintage tractors represented the Montrose Historical Museum and the community's agricultural roots in the Montrose County Fair Parade July 19.







Kids and parents across the RE-1J School district are gearing up, getting registered and buying supplies, as students prepare to head back to the classroom later this month.



Alpine Bank offers all the 'big bank' products and services, but we're still a true community bank at heart. Our personal bankers want to help grow your business and enhance your personal finances.

- Business and Personal Banking Services
- Consumer and Business Credit Cards
- Debit Card Rewards
- Online Banking and Cash Management
- Merchant Processing and Payment Processing Services
- Mobile Banking with Mobile Deposit
- Commercial, Consumer and Construction Loans
- Mortgage Loans
- Trust & Asset Management Inst services are not FOIC insured, may lose value and are not guaranteed by the bar



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